

CATCH INDIE NIGHT AT THE NEST, OCT. 9

THE NUGGET

Thursday, October 2, 2008
Volume 46, Issue 6



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YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA



SKY-HIGH PROTEST

NAITSA President Brent Constantin protested the punishing cost of living for students by spending 24 hours high above campus. Story, page 3



BRENT MAKES A POINT

NAITSA President Brent Constantin in his 24 hour campsite, above, waves to onlookers. After his ordeal, he is all smiles, far right, and then is interviewed, inset photo.



Photos by Javier Salazar

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NEWS & FEATURES

Your new Senators!

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School of Resource and Environmental Management



Tyler Bernard



Karl Puodziunas

School of Electrical and Electronics Technology



Nathan Nichols



Armin Ataee

Senators ready to get working



GABRIELLE HAY-BYERS

has participated in a mandatory training session with Jason Morris, the Senate's outgoing chairperson.

According to Morris, the training session went well, as the new members focused on setting their objectives for the year.

Turnout for the election was roughly on par with last year's election, according to NAITSA's internal operations

Thanks to the 10 per cent of NAIT students who popped out to vote in the NAITSA Senate elections, 16 new senators are walking NAIT's halls, ready to serve you. Already, the Senate

manager, Rita Cain. Eight per cent of eligible voters came out to vote last year, with 19 candidates running and this year with 22 candidates in the race, 10 per cent chose to vote.

However, not many students are interested in running in the election in the first place.

"We basically had to plead with students to run in the election," Cain said.

"My theory is that NAIT students are swamped and afraid to commit to anything other than their studies for fear of com-

promising their grades – just a theory," she said. "And then there's the apathy factor. No hard and fast cure for that, I'm afraid." However, those who did run have a hefty job awaiting them. "Since the inception of the Senate, they have been primarily a check and balance for the NAITSA organization by reviewing spending habits, bylaws and other NAITSA procedures and practices," Cain said.

School of Business



Timothy Jobs



Rebecca Stafford

School of Applied Media and Information Technology



Leah Klingbeil



Gavin Thomas

SENATE AREAS OF INTEREST THIS YEAR

- U-Pass
- Recycling
- Snow removal
- Student services
- Strategic objectives
- Media Enhanced Student Awareness
- NAITSA fees and bylaws
- Security (Smoking and parking enforcement, etc.)
- Value Card
- NAITSA
- NAIT infrastructure
- Welcome Week

It's a bird, it's a plane, it's ... Brent Constantin!



Photo by Javier Salazar

NAITSA President Brent Constantin is extremely happy to be back on solid ground after his 24-hour protest.



CHRIS CARMICHAEL-POWELL
Senior Issues Editor

NAITSA President Brent Constantin was hoisted 30 feet in the air late last week to bring awareness to Alberta's increasingly high cost of student living.

"I think that we had an important message to put out there," said Constantin on Friday afternoon, after being lowered to the ground for the first time in 24 hours.

"I thank everyone who supported me and believes in an accessible post secondary education system for everyone in Alberta and across the country. I think it is important to let the students to know that there is a voice out there for them," he said.

"Even though the situation is how it is, with rent so high, gas so high and tuition so high, you don't have to accept it, you can fight against high tuition and high rent. You can speak out against it, and that's why we're here today."

Continued Constantin: "I think with events like this, what you are really looking for is public awareness, getting a message out."

And get the message out he did. Constantin was not only welcomed back to the ground by supporters and media, he was also, during the evening, joined by others recognizing and supporting the same cause.

"Cost of living has been increasing substantially over the years in Alberta," said Constantin, a representative of the Alberta College and Technical Institute Student Executive Council (ACTISEC).

Education 'less affordable'

"Our concern is that education is becoming a little less affordable and it's becoming a little too expensive for a lot of students to pursue," he said.

"Post secondary education does have a lot of benefits to our society – it has the ability to address a lot of the issues that we're having regarding the environment, climate change, wait times, the medicare system and school teachers. What we are encouraging is an added investment at the post-secondary level."

The federal government announced changes to the student financial assistance programs in a press release on Aug. 25.

The news release said, in part: "In Budget 2008, the Government of Canada announced a series of changes to ... the Canada Student Loans Program and Canada Student Grants to improve access to university, college and trade school, and to help students and families manage the cost of post-secondary education."

Additional government money

Over the next four years, the government said in its release, \$1.7 billion in student financial assistance measures will be in place, "of which \$1.6 billion will be invested in new Canada Student Grants, \$123 million will be used to streamline and modernize the Canada Student Loans Program and \$31 million will be invested in a new service delivery vision, including expanded on-line services to enable online loan management for students from the time that they submit an application up to the end of their repayment period."

In addition, "\$78 million will be directed to the Repayment Assistance Plan that will base loan payments on a borrower's income and student debt," the release said.



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THE DEADLINE IS ...

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

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NewsWatch

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New name for NTV



GABRIELLE HAY-BYERS

A threat of legal action late in the winter term last year has forced NAIT's radio and television program to rebrand our campus's television broadcasts.

According to Kristen Long, a student in the radio and television program, a news show in Newfoundland copyrighted the "NTV" name and students were served with a cease and desist order immediately before the term's end that they needed to remove anything and everything that identified the show as NTV.

"We'd been using the NTV logo and name for quite a while ... I honestly don't think it ever crossed anyone's mind that we would have needed to copyright the name. We didn't have a copyright, though ... so we had to change our name."

Students and instructors from the program have spent the past several months recreating their program's look,



which has meant redesigning digital graphics, the studio set and the website.

The current third semester students have been taking on the task of co-ordinating and designing the change since April, with the help of all of their instructors.

NTV will now be known as NAIT News Watch, and the rebranding of the station is not the only exciting change for the students this year.

NAIT News Watch is broadcast on the Access Channel, which recently went national. This means that NAIT's student television show is also now nationally broadcast.

NAIT News Watch will begin broadcasting on Sunday, Oct. 5 on the Access Channel.



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NAIT's food fine



CHRIS CARMICHAEL-POWELL
Senior Issues Editor

After a second lunch meat recall, NAIT Food Services is assuring students that NAIT food is as good as gold.

"NAIT Food Services works diligently with local health inspectors to ensure that we meet and exceed industry food safety protocol," said Tracy Waritsky, executive chef of NAIT Food Services.

Waritsky went on to explain that NAIT goes through an extensive training regimen with its staff to make sure proper procedures for handling food are followed. This includes temperature logs, consistent training of staff in the Capital Health Food Safe Program and ensuring that each and every staff member is proficiently trained.

Food Services employees are also educated in proper hand washing techniques, correct glove use and stock rotation.

"Food Services continues to make food safety a priority within our department on a daily basis."

– Tracy Waritsky, executive chef, NAIT Food Services



"Food Services continues to make food safety a priority within our department on a daily basis," continued Waritsky. With these tools, NAIT Food Services has managed to keep all nine food service locations safe and free of food-borne illness.

Late last week, a second food recall was made at Hygaard Fine Foods Ltd., in Sherwood Park. Officials say the listeria monocytogenes bacterium was found during a routine test at the plant.

Though no contaminated food has been found to date, Hygaard Fine Foods has made a voluntary recall of over 15 sandwiches as a precautionary measure.

Hygaard Fine Foods is the most recent in two large recalls that have happened this year. Maple Leaf foods recalled numerous items a short time ago due to food contaminated with listeriosis. Maple Leaf Foods products have been linked to 18 deaths across the country.

Despite the fact that both Hygaard Fine Foods and Maple Leaf Foods had similar contaminants, the two instances are not in any way connected.

NAIT Food Services has discontinued the use of all Maple Leaf and Hygaard foods to ensure the safety of all students and staff.

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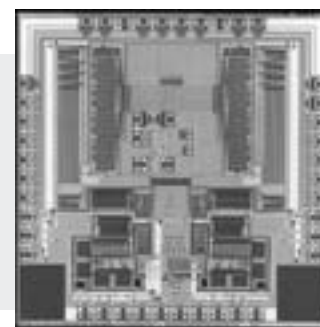


*Tech
Talk*



SHANT CHAKMAKIAN

My pick for pix



Having a good camera can be vital when it comes to capturing all those good memories. However, finding the right one can be gruelling.

Luckily, after copious research among all the major compact cameras on the market, I found the best one in my opinion: the Canon SD870.

Canon is a world leader in manufacturing some of the best cameras.

Whether it's high-end SLRs or the more affordable SD870, Canon sets itself apart from the rest.

The SD870, in a nutshell, is a compact 8 megapixel camera with a three-inch, 230,000-pixel LCD screen, 3.8x optical zoom and a very tough exterior.

This compact weighs only 6.4 ounces and boasts superior power, thanks to Canon's new DigiC III processor.

This features Canon's new Advanced Face Detection technology, which is capable of recognizing up to nine faces in a frame when setting autofocus and exposure.

Canon makes some of the best digital image processors on the market and what that means to you is more photos, faster. When I compared it to Panasonic's DMC-FS20, I found that after taking a photo, saving it took countless seconds with the Panasonic, making it painful for macro shots. However, the Canon was snappy and always ready for more.

Canon's image processing goes a step further by giving its users powerful options when working with photos and videos. Who needs photo or video editing software when one can rotate and resize photos and edit videos, all on the camera!

Despite being a fairly solid camera, you won't find this to be good for any manual exposure controls. This may make it a pain

for certain shots if you want to fine tune the exposure by hand, but for the average photographer, it's a great fit.

Also keep in mind that as you focus on an image, noise reduction and exposure control are taken care of expertly in most situations. This is really a point-and-shoot unit, which takes the guesswork out of trying to get good shots, allowing you to take

more of them.

Retailing for about \$350, this unit is a great buy for those looking to have a solid camera.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at shant_c@hotmail.com. I value and look forward to your input.



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OPINION

— Editorial —

A little of this, a little of that ...



GABRIELLE HAY-BYERS

Life is so funny sometimes. I know, I know! You all thought you were rid of me and my whackadoodle editorials last week. I thought I was rid of the nerve-wracking task of writing the editorials, too!

I suppose, if I were a Tory strategist, I could just resort to plagiarism. Yes ... that was a cheap shot, but I've

got next to nothing in terms of funny, quirky stories to share. Really, the best thing that's happened to me of late is a comment a friend and trusted adviser made to me not too long ago.

As per usual, I was upset about something or another – just maybe, the circumstances leading up to my resignation – and he told me to calm down and ask myself if it would matter a few months down the road. Of course, right now I think it will, but I'm also pretty sure that my critical thinking classmates and instructor would likely call me out on a wee bit of egocentrism if I assumed it would matter as much in six months as it does now. Life moves on and so will I.

Tina Fey's the best

The best thing I've seen of late is those Tina-Fey-as-Sarah-Palin SNL skits. Every time I hear the line "... that goofy evolution museum ..." I am reminded of how funny Tina Fey is, how wacky Sarah Palin appears to be, and how many other things I could be doing that would be better uses of my time – like get cracking on getting my passport, or renewing my drivers licence. Really, now that I have one job instead of two, I should have the time! But, if you like procrastinating and wasting time, just like me, head on over to perezhilton.com and search the archives to see both of the Tina Fey skits.

Another cool, unusual news story of the week is out of Australia, about a woman named Natalie Adler whose eyes won't open three days out of six! No, I'm not kidding, I heard about this and then researched it and she is the only person in the world (that the medical community knows about anyway) with this condition, so they don't have a diagnosis. Overnight her eyes glue shut, and three days later she wakes up in the morning and can see!

Chance to help

Since this editorial really has just been a long string of exceedingly random thoughts and news stories, I'll finish it up with this: Just because we're poor students doesn't mean that we can't do something to help others and enrich our community. Currently, there's an online petition going on to rename part of 97 Street Heroes Boulevard for our troops. We all have access to computers thanks to NAIT and NAITSA, so if you support the troops, mosey on over to a computer and sign the petition online at: <http://www.petitiononline.com/CORUS09/petition.html>.



Building a better world

Dear Editor,

As members of Engineers Without Borders, we have been engaged in public and government advocacy campaigns over the last few years, drawing attention to issues of global poverty. We have been encouraged by recent efforts of all government parties to make Canada's Overseas Development Assistance (ODA) more effective. On Sept. 5, Canada pledged to fully untie its ODA, making every aid dollar go further, by removing the stipulation that it be tied to the purchase of Canadian

goods and services. Parliament also passed Bill C-293 last spring, requiring all ODA to be targeted directly towards poverty reduction and to meet the needs of recipients.

Although these are important steps, there is still much to be done. Canada's level of ODA remains stagnant at 0.28% of GDP, ranking 16th out of the 22 wealthy member states of the OECD. In 1970, Canada committed to increase its level of ODA to 0.7% in a UN General Assembly resolution. In 2002, we reaffirmed this commitment, but have actually

decreased aid spending since this time.

We are watching the election campaign in earnest, but have seen little attention paid by the parties to international development issues. We call on voters to ask candidates how their party will reach the 0.7% commitment, continue to build the effectiveness of our aid, and ultimately bolster Canada's reputation on the global stage.

Anna Hopkins
Engineers Without Borders,
University of Alberta

Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to

the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.

SPORTS

HOCKEY

Lady Ooks in Blue/Gold



By **AMBER TIENKAMP**
Assistant Sports Editor

The NAIT Ooks women's hockey team was the centre of attention as they hosted their Blue/Gold Tournament this weekend. With the NAIT men winning the host tournament last weekend, it was the women's turn to take to the ice.

The Ooks first game was on Friday evening against city rivals Grant MacEwan. With both colleges residing in the same city, the game was sure to be interesting. The Griffins spoiled the opener by doubling up on the Ooks with a 4-2 victory.

Following the Ooks-Griffins game, the AAA midget Saskatchewan Stars played Spruce Grove. The NAIT team had Saturday off to regroup, after only playing one game. Grant Mac fought hard for its second

win, a 4-3 victory against the midget team.

The day off seemed to work for the NAIT women. They came back on Sunday afternoon, showing off their offensive skills. The girls dominated the team from Saskatchewan with a score of 5-2. Chelsea Curzon led the Ooks with four points in the game.

The Griffins also played that day, beating the AAA Red Deer Chiefs 3-2. The Griffins were the team to beat as they went undefeated at the tournament.



Ooks women's head coach Deanna Iwanicka said she liked what she saw in Saturday's practice. "It went really well. Sunday was a great offensive game for

our team.

"Both our goaltenders have been competing hard for the starting spots."

The women's team is urging NAIT students to come out and cheer for them on Friday night as they go international, playing Team China. Game time is at 7 p.m. All NAIT students get in for the unbelievable price of zero dollars!



Photo by Javier Salazar

PRESEASON TILT

NAIT Ooks Rosalina Hicks dribbles around a Calgary Selects player on Saturday Sept. 26 during a preseason game at the NAIT gym. The Ooks lost the contest 81-62. A game the day before against the Mount Royal Cougars was also a loss, by a 78-54 margin.

Athletes of the week

Kathrine Seys
Volleyball



The NAIT Ooks women's volleyball team posted a 4-0 record over the weekend at an exhibition tournament hosted by Keyano College. One of the keys to the Ooks' attack was Kathrine Seys, a pre-technology student from London, Ont. Kathrine, who is also the captain of the team, averaged over 15 kills a match and had the highest average kill efficiency for the Ooks at 28 per cent. "The team's really rallying around her leadership," said head coach Keith Lundgren.

Emmanuel Kansime
Soccer



Emmanuel Kansime, a petroleum engineering technology student from Toronto, has been instrumental this season on the NAIT Ooks men's soccer team's defence. In the team's only match last week, he put a stop to the King's University College Eagle's attack as the Ooks won 3-0. "Perhaps the biggest compliment that can be given to Emmanuel is that he has done an excellent job replacing last year's CCAA All-Canadian Scott McLeod as our shutdown defender," said head coach Jeff Paulus.

Ook Files

Romy Yamsuan



Course: Photographic Technology.
Sport: Badminton.
Number: No number on badminton jerseys.
Favourite team memory: Winning silver last year (ACAC badminton

championships).

Worst team memory: Nothing I can think of.

Funniest team memory: We're very proper, so not too many crazy moments.

Pregame meal: I try not to eat before games.

Game superstitions: I add up numbers. Like if I were to read a clock, I would add the times together.

Favourite movie: Iron Man.

Favourite group/artist: Chick Corea (Jazz artist).

Favourite food: Japanese, Vietnamese and Chinese.

Favourite colour: Black.





NAHREMAN ISSA
Senior Sports Editor

2 minutes in the box

All I want for Christmas is you. Now the “you” can mean a whole bunch of people: My close guy friend, the guy who lives out of town or the married guy at work (or should I say guys). Well, that and the Stanley Cup.

So you’re probably wondering what the hell I am talking about Christmas for. For every Muslim reading this – there are probably like 10 of them in this school, but who’s to say they’re reading this – yesterday marked Eid Ul-Fitr, which some like to joke around is kind of like

our Christmas.

And so for my “Xmas,” I would like to write out my “Xmas” hockey wish list. Here we go:

1. I want the Stanley Cup. We got screwed out of it by the Carolina Hurricanes. The 2006 Cup run was both my favourite yet worst memory of my life. I basically cried myself to sleep that night ... and for the next three nights. I WANT THE STANLEY CUP! I will settle for a time frame of three years for the Oilers to win it.

2. I want to get rid of the Car-

olina Hurricanes (read above). We managed to get rid of Marc-Andre Bergeron, I just need God to get rid of the Hurricanes, if you know what I mean.

3. I want another Marty McSorley/Donald Brashear incident like the one that happened in 2000, which, by the way, was totally justified, as Brashear is an idiot. I say we bring McSorley back to take out certain players. On that list: Minnesota’s Derek Boogaard, Dallas’s *Vogue Magazine* intern Sean Avery, Vancouver’s Sedin Sisters (I don’t know

why them, maybe it’s the red hair?!) and the entire Toronto Maple Leafs team.

4. I would love to actually watch TSN or Sportsnet on a Saturday and not have to wait until the very end of the segment to see any news on the Oilers. It’s like you have to watch Toronto, then Montreal, Ottawa, Calgary, Vancouver, and if they have time, a quick blurb on the Oilers.

5. Stupid ho’s at hockey games who have no idea what is happening at the game, they’re just there because it’s the “place to be.”

6. I want to kick out people who wear jerseys of another team to a hockey game. Let’s just say it’s the Oilers vs. Avalanche, but you’ll have some guy wear a Canucks jersey. No, I’m sorry. If your team isn’t playing, and your jersey isn’t of a former player on those two teams – and that is pushing it – don’t wear it.

Well, that is just a small peek into my list. There is so much more, but we’ll save my rant ... I mean my Xmas list, for another day.

Eid Mubarak and an early Festivus to all you Seinfeld fans!

Southern schools dominate golf finals

Southern golfers maintained their supremacy in provincial men’s college golf last weekend.

Eric Allard fired a two-round total of 146 at the River Bend course in Red Deer to win individual honours and pace the University of Calgary

Dinos to a three-shot victory over Mount Royal and Lethbridge. Calgary finished with a total score of 621.

The NAIT Oaks, led by Coogan Mitchell’s 36-hole total of 158, finished fourth.



David Rosychuk (160), Matt Wood (163), Neal Dary (164) and Jarred Donnelly (168) completed the NAIT roster.

“We could have saved a few shots each day, but we were not going to beat the

three southern teams,” NAIT coach Jules Owchar said.

A week earlier, Mitchell powered NAIT at the ACAC northern regionals at Goose Hummock.

Mitchell shot a 77 to finish second in the tournament, while NAIT’s

other golfers Dary, Donnelly, Rosychuk, and Matt Wood also finished in the top 10.

NAIT’s combined score of 325 beat Red Deer College’s score of 331. Concordia finished third with 355.

VOLLEYBALL

Women win Keyano

By **AMBER TIENKAMP**
Assistant Sports Editor

So it was just a pre-season tourney, but if the Keyano tournament this past weekend is any indication of how the women’s volleyball team will be playing this year, it is a good one. The Oaks went undefeated on the weekend to win the Keyano Tournament.

Facing Augustana in the round robin on Saturday, the women won in four sets. The next two teams, Lakeland and King’s College, proved to be a harder battle for the Oaks, who went on to beat both teams in five sets.

Heading into Sunday’s game first in the standings, the ladies faced off against the second King’s Univer-

sity/College team (the King’s split their team in two for the tournament). The lady Oaks went on to take the game in five sets to win the tournament.

“It was a great way to get everyone comfortable playing on the court together, and to see the different lineups we could have” says Olenka Toroshenko, second-year Ook. The team will be playing in another pre-season tournament this weekend in Red Deer.

The men also attended the tourney and used the opportunity to get the whole team in on the action. Although the men only won one game, the tournament was helpful for the team to play with different teammates on the court and to get back into the flow of things before the season begins.

Sideshow at Rexall Place

By **LONDON HOMMY**

As the start of the 2008-09 NHL season draws near, the Edmonton Oilers aren’t the only ones back in Rexall Place. After witnessing a couple of the preseason tilts which have already come to pass, I can say that the many walks of life that make up Oiler nation have also returned to the home rink.

At Thursday’s much-anticipated B-squad match-up between the Oilers and the Florida Panthers, everyone from the drunk and rowdy to Nahreman’s favourite puck bunnies were already out in full force. A few rows behind me were the double-fisting gems who belted out a stream of awkward and ignorant insults toward both teams, including the classic “you’re cut!” towards the minor leaguers.



In front of them was the older couple who have probably owned their seats for 10 years, cringing quietly in the hope that they would be spared the verbal barrage behind them, and maybe return to

the quiet game experience they thought they paid for. Then there was the one of maybe five Panthers fans in the building who felt the need to make up for a lack of support by popping his jersey logo defiantly after every Oiler goal.

But just as I started to feel sorry for the honest fans out there, the token lower-bowl hottie got up, for apparently no other reason than to draw the eyes, jealous or otherwise, from adjacent sections.

All this and more is available to those who hit up Rexall Place this season. So, if you do, be patient and enjoy the view, because it’s not going to change.

NEED CASH?

Join the OOKS NATION



NAIT Athletics is hiring:

- **Ooks Nation Crew**
(4 students to market and promote all home games)
- **Minor officials**
(score keeper, goal judges & ticket takers for basketball, hockey and volleyball)

Contact **Jordan Richey**
780.471.7579 or e-mail jrichey@nait.ca

SOCCER

Men stay on top

Stories by LONDON MOSKOWEC
Dept. of Athletics and Recreation

With a 3-0 victory over the King’s University College Eagles on Friday (Sept. 26), the NAIT Oaks men’s soccer team extended its winning streak to five games to hold onto its top spot in the ACAC standings.

“Playing against King’s is always a physical challenge and they are very good at applying quick pressure on the ball,” said Oaks head coach Jeff Paulus.

Third-year midfielder Shane Faria was in top form again as he scored the first two goals late in the opening half. Faria leads the Alberta Colleges Ath-

letic Conference in scoring with seven goals in six games. Brent Anderson, also a third-year midfielder with the Oaks, capped off the scoring.

“Shane has been outstanding to date for us,” said Paulus. “With all the goals he has been scoring, it becomes easy to overlook his playmaking ability.”

The Eagles get their opportunity for a rematch when the two teams clash again this Saturday (Oct. 4) on the Eagles’ home turf at 2 p.m. The Oaks follow up with a match against the MacEwan Griffins on Sunday.

Women shut out Eagles

The NAIT Oaks women’s soccer team lacked a bit of finish on Friday (Sept. 26), but was still able to defeat the King’s University Eagles 2-0.

“We didn’t score as often as we’d have liked,” said head coach Sergio Teixeira. “We put tons of shots on goal, had lots of possession, and hit

the crossbar a couple of times. We probably should have had more than two goals.”

Those two goals came from third-year player Mel South and rookie Alison Pierce, the forward duo that has supplied the bulk of the Oaks’ offence this season.

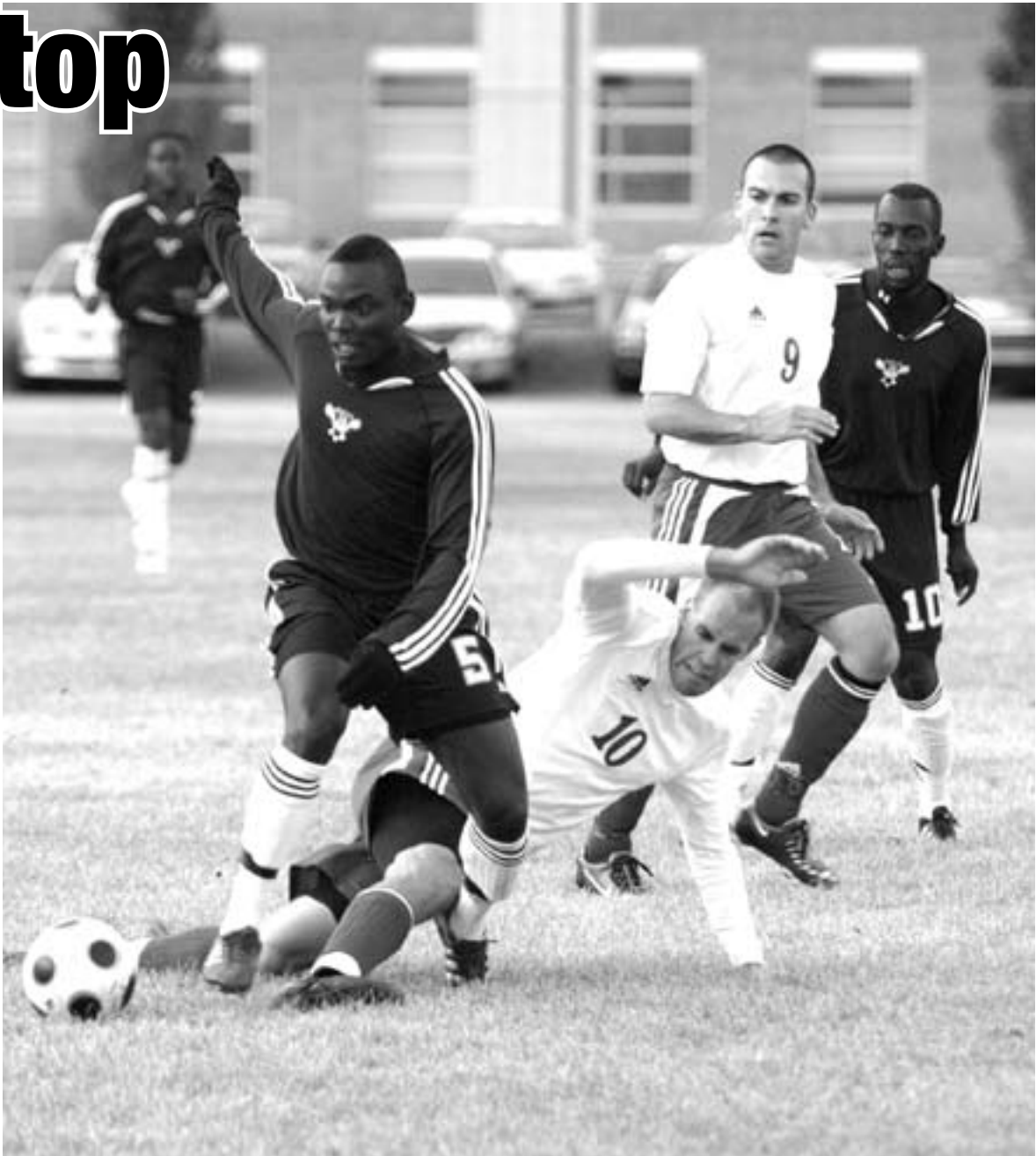


Photo by Brendan Abbott

NAIT midfielder Joe Asarfo-Adjei avoids a hard tackle from a King’s University College Eagle on Friday Sept. 26 during a game that was won by the Oaks 3-0.

ACAC Standings

MEN’S SOCCER

North Division

Team	W	L	T	Pts	GF	GA	+/-
NAIT	5	0	1	16	18	5	13
Concordia	5	1	0	15	18	2	16
MacEwan	4	1	1	13	14	6	8
King’s	0	3	3	3	3	14	-11
Grande Prairie	0	4	2	2	2	16	-14
Keyano	0	5	1	1	7	19	-12

South Division

Team	W	L	T	Pts	GF	GA	+/-
SAIT	4	1	1	13	14	3	11
Mount Royal	4	1	1	13	8	5	3
Lethbridge	2	1	3	9	14	9	5
Medicine Hat	2	3	1	7	10	14	-4
Red Deer	0	6	0	0	1	16	-15

Note: Sept. 7 Lethbridge @ SAIT game to be replayed Oct. 11.

RESULTS

Sept. 26

NAIT 3, King’s 0

Sept. 27

Concordia 2, GPRC 0; MacEwan 4, Keyano 3; SAIT 2, Lethbridge 2; MRC 2, MHC 0.

Sept. 28

Concordia 6, GPRC 0; MacEwan 3, Keyano 0, Lethbridge 2, RDC 0; SAIT 2, MRC 0.

WOMEN’S SOCCER

North Division

Team	W	L	T	Pts	GF	GA	+/-
MacEwan	5	1	0	15	23	2	21
Concordia	4	0	2	14	24	4	20
NAIT	3	2	1	10	18	4	14
Grande Prairie	2	1	3	9	24	9	15
Keyano	0	5	1	1	1	33	-32
King’s	0	5	1	1	1	39	-38

South Division

Team	W	L	T	Pts	GF	GA	+/-
Mount Royal	6	0	0	18	29	2	27
Red Deer	4	1	1	13	20	2	18
SAIT	3	3	1	10	10	11	-1
Medicine Hat	2	4	0	6	10	21	-11
Lethbridge	0	7	0	0	4	37	-33

RESULTS

Sept. 26

NAIT 2, King’s 0

Sept. 27

Concordia 1, GPRC 1; MacEwan 3, Keyano 0; SAIT 3, Lethbridge 2; MRC 5, MHC 0.

Sept. 28

Concordia 3, GPRC 3; MacEwan 9, Keyano 0; RDC 4, Lethbridge 0; MRC 2, SAIT 1.



Do you secretly wish you could dress up as a Pirate or Wonder Woman more than once a year? Then grab your running or walking shoes, scary Halloween costume (optional) and join the Wildlife Rehabilitation Society of Edmonton (WRSE) at Hawrelak Park for the **Ninth Annual “Run Wild for Wildlife” on Oct. 26.**

EXCLUSIVE ONLY TO NAIT STUDENT TEAMS: Top NAIT pledge earning team will win \$500 worth of NAIT Gift Certificates ... This means free books next semester!!! Enter a team of six to 10 students and start collecting your pledges for Edmonton’s only Wildlife Shelter today!



- WHEN:** Oct. 26, 2008 @ 11 a.m.
WHERE: Hawrelak Park
WHO: Teams, families or individuals welcome
WHAT ELSE?
- Chilling costume contest (optional),
 - Fabulously frightening prizes for our ghoulish runners and walkers,
 - Sinister snacks and drinks for all.

This fun, yet spooky event will attract ghosts, goblins, young and old to collect pledges in support of Edmonton’s only wildlife shelter. Sign up on-line today at www.runningroom.com or the WRSE website at www.wildlife-edm.ca.

U of C's special 16-year-old

By KIRSTEN GORUK
CUP Alberta and
Northern Bureau Chief

EDMONTON (CUP) – Carolina Romeo isn't just the new kid on campus – she's also the newest Dino on the University of Calgary's field hockey team. And if that isn't enough excitement, she just celebrated her 16th birthday in September.

Romeo is making history as the youngest athlete to ever play at the U of C, and if her academic record is any indication, she's got experience in facing challenges head on. As an exceptional student growing up, Romeo skipped two years of junior high and found herself in Grade 9 a little earlier than usual.

"At first it was a little challenging, but whenever I thought about it, I didn't think that I was ahead," she said. "It was just the work I supposed to do, so whenever I thought that it was hard, I just thought it was probably the same for my friends in their grade."

When she was only eight years old, her family relocated to Canada from South America. The opportunity provided her with a new learning environment and the chance to excel.

"I was born in Argentina, Buenos Aires. [I have a] family of six – an older brother at U of Victoria, an older sister, and a younger sister. We moved as a family with my parents in December of 2000 straight to Calgary," Romeo said.

Her love of sports – particularly field hockey and ringette – is deeply rooted in her family life.

"My family is very involved in sports; all

three of my siblings play and my Dad used to as well," she said.

It didn't take long for her to make an impression on the athletic community of Calgary. During her years at Centennial High School, Romeo was a star athlete in addition to being a straight-A student. She was named Most Valuable Player of Centennial's field hockey team in 2007, and was also awarded the Carol Erickson Award for high school field hockey in 2008.

Now she's enjoying the perks of the Chancellor's Club Scholarship – a \$10 000-a-year ride – while playing with the Dinos full time. Romeo has also just begun her degree at the Schulich School of Engineering, but balancing school life with her athletic career hasn't proven too hectic for her yet.

"I'm finding that it's taken me the week to settle down from the whole summer holidays and starting to do work. My schedule [includes] practice before school or after. It's been sitting perfectly," she said.

On top of that, living in residence has thrown the 16-year-old into an accelerated adulthood.

"It is different. I really have to get around and do everything by myself. But it's a lot easier to get around campus; I can walk everywhere. I don't have to leave an hour before everything," Romeo said.

As for the Dinos, their first game of the season took place on Sept. 13 against the University of Victoria Vikes. Despite the 2-1 loss, Romeo is looking forward to what lies ahead.



CUP photo

Sixteen-year-old Carolina Romeo, right, stick handles during a recent field hockey game. She is the youngest athlete ever to play at the University of Calgary.



Join a Student Employment advisor
for a demonstration of the **PlacePro**
online job posting system

October 8th
12:15 - 1:10
Room X 215

- ✓ PlacePro is the main job posting system at NAIT
- ✓ Over 2500 Employers registered to post positions
- ✓ Search jobs in your field
- ✓ Maintain a portfolio of documents for application

Brought to you by NAIT Student Employment
www.nait.ca/studentemployment
471-8899



You attend conferences, right?

What if they held that international conference right here in Edmonton?

- Let us know which conferences you attend!
- We can contact the organizers to let them know how Edmonton can meet and beat their expectations.

What conferences do you attend?

Tell us and you could win a **\$100 gift certificate** for cakes and pastries from our award winning Pastry Chef.

Draw date October 31, 2008

www.bring-them-home.ca
or phone: (780) 917-7610



ENTERTAINMENT

Second chance for stars

Now, is it me or does anyone else find the plane crash that befell ex-Blink 182 drummer Travis Barker and DJ AM a bit trippy?

Not often do we see a transportation tragedy that befalls the entertainment industry in which the only survivors who walk away are the two artists. In fact, usually when an accident does occur in the music industry, it seems that a key member of a band dies in the accident, with either his band mates or a random survivor left to explain what happened.

This was true with Ozzy Osbourne guitarist Randy Rhoads, Metallica bassist Cliff Burton and, most famously, the rock group Lynyrd Skynyrd, which lost three members in a 1977 plane crash. Now I'm not saying that people didn't die in this crash (assistant Chris Baker, bodyguard Charles Still, pilot Sarah Lemmon, and co-pilot James Bland were all lost) but Travis Barker and DJ AM walked away from this crash.

Yes, they were severely burned (TB — lower body; DJ AM — upper/face) but DJ AM has already been released from the hospital and Barker is expected to be out in two weeks or so. How lucky is



BRYCE ALTHOUSE
Senior Entertainment Editor

that? Well, maybe not quite so.

If you think about it, the deaths of two of Mr. Barker's personal friends/associates is sure to affect him personally as is the lower body burn (which is rumored to be bad enough that it may affect his ability to drum). DJ AM also will have his own battles to face, as the deaths and injuries will surely affect him as a performer and on a personal level.

Remember, facial scarring isn't exactly considered an attractive trait people look for in the opposite sex; especially when you've been dating A-list Hollywood starlets. But if any good could come, it could be that hopefully these two will learn something from this terrible incident and exact some sort of change in their life as a result.

There was nothing that could have been done by either artist to prevent this crash, but a realization of one's own mortality and a renewed sense of thankfulness for the simple things in life are just a few steps in the right direction.

Now, maybe I should be taken with a grain of salt, but it's not often you see rock stars given a second chance after an event so deadly.

I suppose we'll just have to chalk this one up to the waiting game, for the time being, and see what further events transpire down the road.



DJ AM



Travis Barker



REVIEW

Bypass Exit 13

By **LANCE FABIOSA**

Dropped on Sept. 9, LL Cool J tries in an effort to prove he still has a street credible hustle as a rapper. Exit 13 is his latest and last album under his 20-year contract with Def Jam Records.

Now, I mean this in the nicest way possible, but LL should have exited about three stops ago. If Will Smith can make the transition from music to film, I suggest he follow the trend and doesn't look back.

On Exit 13, LL Cool J scrounged up a track-list of relevant featured artists (The Dream, 50 Cent, Wyclef Jean, etc.) and producers to show that he is well "alive" in the hip-hop industry. Don't get me wrong, a couple of the tracks are pretty catchy, but Exit 13 follows the blueprint of an "only two songs will be remembered" album.

The album is composed of 18 songs: 50 per cent lip-licking woman-seducing swagger, 25 per cent political bandwagon lyrical content and 25 per cent hip-hop-isn't-dead rap. This is LL Cool J's second of only two albums on his 13-album span that has the "parental advisory explicit content" stamp. Is this an effort to show the audience that he is hard? Probably.

I only suggest adding this album to your library solely to complete your LL Cool J collection. But let us not forget LL Cool J's two-decade growth on Def Jam: from an adolescent gold chain, Kangol bucket hat rapper, to the "cool" dad who watches MTV with his kids to feel that he's still in the loop.



LL Cool J



LL Cool J



Photo by Hieu Pham

Assistant Entertainment Editor Leanne Truong gets up close and personal with an oil painting at the Edmonton Small Press Association's 10th anniversary retrospective exhibition celebrating a decade of AgitProp, held at ArtsHab Studio Gallery.

Beyond pretty flowers ...



LEANNE TRUONG
Asst. Entertainment Editor

Part of my job as the Assistant Entertainment Editor is to "voluntarily" attend events when my superiors "cannot make it"... so when I heard I was invited to "Mediation," ESPA's 10th anniversary retrospective exhibition celebrating a decade of "AgitProp," I consumed a triple-triple (three sugars, three creams), grabbed my essentials ... my camera and boyfriend, and headed to the ArtsHab Studio Gallery on a crisp Thursday evening.

The event was hosted by the Edmonton Small Press Association, a group that represents artists who are inspired to create art through media. The majority of their art depicts politics and world issues, such as war, crime and global warming. I thought this little venture would be a great opportunity for the boyfriend and I to have a run-through, to prepare us for our future trip to the Louvre.

However, this was no romantic walk

through a museum. Let's just say it was more suited for the true art junkie. Lynn X, who was the host of the event, displayed her rare collection of mostly underground artists such as Robert Pasternak, who specializes in computer-generated comics.

The gallery was sectioned into two exhibits. The north hall displayed simple and refined oil paintings of mostly scenery and portraits, with a man named Charlie playing a gentle folk tune on his bandura (a Ukrainian plucked string folk instrument), to set the mood. The south hall shone with liberating posters, collages and creative images of war and the downfalls of the economy.

Most of the creations displayed powerful and subliminal messages within simple images, like one showing soldiers holding gramophones instead of weapons and another of a bar code encrypted with nuclear missiles as lines.

One could say the same dedication went into all these art pieces, and they are as intriguing as Van Gogh or Michelangelo. Overall, the event was a great effort in commemorating the ESPA's last 10 years of success and made a lasting impression with artists who see beyond the pretty flowers and clear blue skies.

For more information, see www.edmonton-smallpress.org or call 780-434-9236.



Photo by Alex MacKenzie

LOTS LEFT OVER

Well-fed attendees at NAITSA's Tour and Dine (also known as Grub Crawl) have some take-home with them as they leave a restaurant on Sept. 24. Fifteen participants were bused to three restaurants – Café Select, Tropicka and Acqua Marina – to feast on more food than they could eat in one outing. The next Grub Crawl will be during Multicultural Week, so be sure to get your tickets.

NAITSA Presents...

INDIE NIGHTS

@ THE NEST

FREE OCT. 9 4:30PM @ THE NEST

STUDENTS' ASSOCIATION www.naitsa.ca The Nest facebook

CLUBS CORNER

NAIT PARAMEDICS OF 2010

PRESENTS

ROAD HOCKEY TOURNAMENT

TEAMS OF 6 OR 7 (4 ON 4 WITH SUB(S) AND GOALIE)
 \$60-\$70 PER TEAM (\$10 PER PLAYER)
 1ST, 2ND, 3RD PLACE AWARDS & DOOR PRIZES
 LICENSED AREA (BEER GARDEN)
 INFO AT <http://naitparamedics2010roadhockey.webs.com/>
 CONTACT JESSE AT jchalloner@hotmail.com

NAIT OCTOBER 18 2008

FORTY-EIGHT TEAMS, FOUR ARENAS, ONE CHAMPION

Upcoming events

MRI

Event: Bake Sale

When: Wednesday Oct. 8; 12:15 to 1:10 p.m.

Where: HP Centre,
by A Wing

DeFeYe Arts

Event: Intro to Acrylics

When: Saturday Oct. 11,
18; 1-4 p.m.

Where: Harcourt House
12015 112 St.

DMS 2010

Event: Hot dog lunch sale

When: Thursday Oct. 2;
10:30 a.m.-1:30 p.m.

Where: HP Centre;
outside the west
entrance

MECSA

Event: BBQ

When: Monday Oct. 6;
11 a.m.-1 p.m.

Where: 106 Street
entrance to North
Lobby

For more information on
clubs on campus, see:

Rose Martin Baumgartner
NAITSA Campus Clubs

Manager

11762-106 St.

Room E-133

Edmonton, AB

T5G 3H4

Phone: 780-471-8871

Fax: 780-491-3989

E-mail: roseb@nait.ca

2008 CIVIL ENGINEERING BOWLING EXTRAVAGANZA



FRIDAY OCTOBER 10TH, 3 TO 6 PM @ THE PLAZA
BOWL (ACROSS FROM ETA/ENGINEERING ANNEX)

Tickets are \$8 and include two games and rentals.
Tickets will be available from any Civil class rep, in
the ETA cafeteria on Wed & Fri from 11:15 AM to 12:00
PM, or from reception in the Civil office in L131.

If you're drinking, who's driving?
Please drink responsibly!



WHAT: BEER CONSUMPTION
AND CAR SMASHING!

WHEN: OCT 3, STARTING AT 4:00PM
WHERE: THE DOCK!

Club Culinare

"Let's Get To Know Each Other!"

Free Pizza & Bowling

Plaza Bowl, 10418 - 118 Ave

All Culinary students welcome

*Free Pizza

*Three games of bowling

*shoe rental

*one drink ticket

*door prizes

Come on out and meet other students!

4:00 p.m. (or whenever you arrive)

Tuesday, October 7th

SEE YOU THERE!!!

THE RANCH

**ANIMAL HEALTH TECHNOLOGY
YEAR 2 FUNDRAISER**

YEAR TWOS GO TWICE AS HARD!

SATURDAY OCTOBER 4TH
 PRINT & PRESENT THIS E-TICKET AND \$5 ADMISSION BEFORE 10PM FOR
PRIORITY ENTRANCE AND ONE BEVERAGE
 ALL PROCEEDS GO TOWARDS ANIMAL HEALTH TECHNOLOGY
 FOR INFO CALL 780-292-5397 / 780-284-2781

PLEASE DRINK RESPONSIBLY.

6107-104 STREET THE RANCH ROADHOUSE.COM 438-2582

Grapevines

To the next person that takes the business tower elevator to go up or down one floor, I will punch you in the back of the head. Take the goddamn stairs and walk, I'm sure you could use the exercise.

— Sincerely,
Turd Furgason

• • •

Can somebody please explain to me why our bathrooms look like prison stalls? I believe that I pay thou-

sands of dollars a year in tuition, and they can't even slap on a coat of pain, change a mirror or swap out a urinal cake. I should not be worrying about dropping the soap when I take a piss.

— Soon to be Prison Bitch

• • •

I really want to date one of the editors of the Nugget, but I don't know how to tell her, or what she's going to say.

• • •

Why do international students pay

two times more tuition because of the international student fee, but are not eligible for health or dental care?

• • •

I can't stand stupid drunk girls who feel the need to tell the world that they're drunk. Do us all a favour and just pass out in the middle of an intersection. F*cking drunks.

— Hates Drunk Girls

• • •

What the hell?! Seriously? Pigs

are here at NAIT. See the lounges, see the common market! A mess! Do you need your mommy to come in and clean up after you? Go back to elementary or grow the hell up.

— Frustrated mess

• • •

Handing in assignments by 8 a.m. when you start class at 10:15 a.m.! OR the class in which the assignment is due is at 1:15 p.m.? If you hand it in at 8:03 a.m., you get 15% off!

• • •

Hey Annex – the war's back on, and this time it's personal. You better hide under the nice new couches in the dock because you're going to need the protection.

• • •

Can everyone contemplating an office romance just get a life? I don't care if all you do is engage in sexual activity, it affects productivity! Knock it the hell off.

In Grapevines, you can speak anonymously to other students. Contributions: nuggetgrapevines@hotmail.com

"Education for the Real World"
Open House 2008
Be an Ambassador for NAIT

Help us promote NAIT and your program by becoming a member of the **Roving Student Volunteer Team** at our annual Open House. It's your chance to help us showcase all of our programs to guests from across Alberta and surrounding areas.

You will be asked to guide tours, welcome buses and circulate throughout NAIT in order to help the public find program displays or special presentations during your shift. Also, you may be asked to provide information about your program and your positive experience at NAIT.

Open House takes place on **Friday and Saturday, October 3rd and 4th**. Classes are cancelled on the Friday for the event. Open House is one of the largest public relations and public information exercises we stage, and each year it brings in many thousands of potential students along with parents, friends, teachers and counselors.

Training sessions are scheduled for Wednesday, Oct. 1 and Thursday, Oct. 2, 2008. **Attendance at one of these training sessions is compulsory.**

If you are interested, please contact us to confirm your participation and schedule a training session:

Hayley Grandfield, Administrative Assistant
Student Recruitment
South Lobby 0117
Phone: 780.471.8842
Email: hayleyg@nait.ca

OPEN HOUSE PARKING
Friday, Oct. 3, 2008


To accommodate our visitors on Friday, Oct. 3, parking will be free to staff, students and visitors. It will not be possible to protect staff and student stalls; therefore, please come early that day to ensure a parking spot. If you vacate your stall during the day, there will be a strong possibility it will not be available upon your return.

Please note that parking meters along 118 Avenue in front of Ernest's are City of Edmonton property and are not included in the above notice. Please be sure to pay the meters if you decide to occupy them. Inquiries should be directed to 471-7477.

EDMONTON CITY CENTRE PERMIT HOLDERS:

THERE WILL BE A BUS SCHEDULED TO TRANSPORT STUDENTS TO AND FROM THE ECCA PARKADE. PLEASE DISREGARD ANY PREVIOUS NOTICES THAT THE BUS WILL NOT RUN.

— Parking Services



UPCOMING EVENTS!

OCT. 2:

SOUCH BEER GARDEN – 3 P.M.
BEER GARDEN AT SOUCH CAMPUS

OCT. 3:

PATRICIA BBQ – 11 A.M. TO 1 P.M.
BBQ LUNCH AT THE PATRICIA CAMPUS

OCT. 5-13:

NAITSA E-WASTE COLLECTION PROGRAM
WE WILL BE PROVIDING BINS AT THE NAITRIUM FOR PEOPLE TO DROP OF RECYCLABLE MATERIALS (LAPTOPS, COMPUTERS, TVS, ETC.) NO NAIT PROPERTY ALLOWED.

OCT. 6:

CAMPUS CLEANUP DAY – 4:30 P.M. TO 6 P.M.
HELP SPRUCE UP THE IMAGE OF NAIT BY RECRUITING VOLUNTEERS TO COLLECT WASTE/GARBAGE AROUND CAMPUS AND RECYCLE IT APPROPRIATELY.

OCT. 7:

ENVIRO FASHION SHOW – 11:30 A.M. TO 12:30 P.M.
WE'LL BE SHOWCASING LOCAL DESIGNERS AND OUTFITTERS THAT PRODUCE/DISTRIBUTE ORGANIC AND ECO-FRIENDLY CLOTHING IN THE TOWER LOUNGE.

OCT. 8:

GARBAGE REVOLUTION, SHAW THEATRE – 12 P.M.
GUEST SPEAKER ANDREW NISKER DIRECTED THE DOCUMENTARY "GARBAGE! THE REVOLUTION STARTS AT HOME," ABOUT A FAMILY THAT KEEPS THEIR GARBAGE IN THEIR GARAGE FOR THREE MONTHS. THE FILM HIGHLIGHTS HOW MUCH WE CONSUME AND THE WASTE PRODUCED. THERE WILL ALSO BE A VARIETY OF ECO-FRIENDLY PRODUCTS OUTSIDE THE THEATRE.

OCT. 8:

ENVIRO FILM FEST – 5 P.M.
WE WILL BE SHOWING THE ELEVENTH HOUR AT THE SHAW THEATRE

OCT. 9:

INDIE NIGHT AT THE NEST – 4:30 P.M. START
OUR THIRD INDIE NIGHT WILL FEATURE MIKE ROSTE, FABIAN MARSHALL AND ELYSIUM AWAITS.

OCT. 10:

USED CLOTHING DRIVE – 9 A.M. – 4 P.M.
THROUGHOUT THE WEEK WE WILL HAVE BINS PLACED AROUND THE SCHOOL FOR STUDENTS TO DROP OFF USED CLOTHING. FRIDAY WE WILL DISPLAY THE CLOTHING IN THE SOUTH LOBBY AND IT WILL BE UP FOR GRABS. BOOTHS OF GREEN CLEAN SQUAD AND ALBERTA CONSERVATION TEAM (ACT) WILL BE PRESENT AS WELL.



CAMPUS CRAZE THURSDAYS

\$1 & \$3
DRAFT DRINKS

STUDENT ID GETS IN FREE ALL NIGHT!

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OFFICIAL

TOBY KEITH AFTER ★ PARTY

WEDNESDAY OCT. 8TH

\$3 HI BALLS
ALL NIGHT LONG!



THE RANCH ROADHOUSE.COM
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HOSTED BY
CCMA FEMALE ARTIST OF THE YEAR
JESSIE FARRELL!



SHANT CHAKMAKIAN

Training relentlessly, puking and pushing their physical limits, Olympic athletes strive to raise the bar. The goal is to attain a level of perfection when compared to others around the world.

But what is the price of that perfection? And what attitude does it take to get there?

Perfection can be fun to attain, but if not pursued properly, can have the opposite effect.

Working for and focusing on an objective can be great, but obsessing over something can destroy both you and your goal.

People often pit themselves against an external factor; generally gauging themselves against someone else. But at the end of the day, the race is against you and yourself and making yourself better in whatever you are pursuing as your goal.

Setting goals is great, but if every runner tried breaking the world record and made that a short-term goal, they would quit. But there are still many out there who dream of doing that. As they focus on bettering themselves, that dream soon turns into a goal, which turns into a reality.

Self-evaluation, laced with realism, perseverance and courage, will shape the reality behind your goals. Whenever pursuing anything, look clearly at what you are doing, what you did and what you will do and evaluate them effectively. Be realistic with yourself and focus on gradual improvement, not perfection; and most important, never give up,

Seminars for success

Stress

Management

Date: Thursday, Oct. 9

Time: 11:15 a.m., 12:15 or 4:30 p.m.

Room: X107

All seminars are free.

There is no need to pre-register.

For further information, contact Student Counselling, Room O117, Main South Lobby. Phone: 780-378-6135.

STEPS TO SUCCESS

Compete against yourself

always overcome.

Perfection is like driving into the sunset – you'll never get there, but it's a beautiful journey. If everything

were perfect, we'd have nothing to strive for because there would be no more room for growth. So go forth and give it a shot and maybe one day

you will beat the world record!

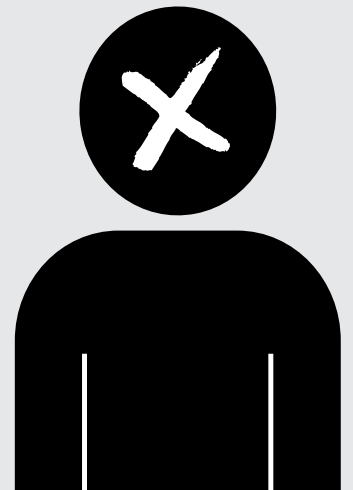
Please feel free to visit my blog at <http://shantc.blogspot.com> or to

email me any comments or suggestions at shant_c@hotmail.com. I value and look forward to your input.

A federal general election is taking place on October 14, 2008.

New identification rules to vote!

WHEN YOU VOTE, YOU MUST PROVE YOUR IDENTITY AND ADDRESS.



YOU HAVE THREE OPTIONS:

Provide **one original piece of identification** issued by a government or government agency containing your photo, name and address.
e.g.: driver's licence

OR

Provide **two original pieces of identification** authorized by the Chief Electoral Officer of Canada. **Both pieces must contain your name and one must also contain your address.**
e.g.: health card and hydro bill

OR

Swear an oath and be vouched for by an elector who is on the list of electors in the same polling division and who has an acceptable piece or pieces of identification.
e.g.: a neighbour, your roommate

PIECES OF IDENTIFICATION AUTHORIZED BY THE CHIEF ELECTORAL OFFICER OF CANADA

IDENTITY CARDS

- Health Card
- Hospital Card
- Social Insurance Number Card
- Birth Certificate
- Driver's Licence
- Provincial/Territorial Identification Card
- Canadian Passport
- Certificate of Indian Status
- Certificate of Canadian Citizenship or Citizenship Card
- Credit/Debit Card with elector name
- Canadian Forces Identity Card
- Veterans Affairs Canada Health Card
- Employee Card issued by employer
- Old Age Security Identification Card
- Public Transportation Card
- Student ID Card
- Library Card
- Liquor Identification Card
- Canadian Blood Services/Héma-Québec Card
- Fishing Licence
- Wildlife Identification Card
- Hunting Licence
- Firearm Acquisition Card/Firearm Possession Card
- Outdoors Card and Licences
- Local Community Service Centre Card (CLSC)

ORIGINAL DOCUMENTS (containing name and address)

- Credit Card Statement
- Bank Statement
- Utility Bill (residential telephone, cable TV, public utilities commission, hydro, gas or water)
- Attestation of Residence issued by the responsible authority of an Indian band or reserve
- Local Property Tax Assessment
- School, College or University Report Card or Transcript
- Residential Lease, Residential Mortgage Statement or Agreement
- Canada Child Tax Benefit Statement
- Income Tax Assessment Notice
- Insurance Policy
- Government Cheque or Government Cheque Stub with elector name
- Statement of Employment Insurance Benefits Paid (T4E)
- Canada Pension Plan Statement of Contributions/Quebec Pension Plan Statement of Participation
- Statement of Old Age Security (T4A) or Statement of Canada Pension Plan Benefits (T4AP)
- Statement of Benefits from provincial workplace safety or insurance board
- Statement of Direct Deposit for provincial works or provincial disability support program
- Vehicle Ownership
- Vehicle Insurance
- Attestation of Residence issued by the responsible authorities (shelters, soup kitchens, student/senior residences, long-term care facilities)
- Letter from public curator

Note: The pieces of identification required under the *Canada Elections Act* are not the same as those for provincial or municipal elections.

The above information is also available in a number of heritage and Aboriginal languages on the Elections Canada Web site at www.elections.ca.

www.elections.ca

1-800-INFO-VOTE
1-800-463-6868

TTY 1-800-361-8935
for people who are deaf or hard of hearing





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Search for "Alberta Pontiac" on Facebook.com or visit albertapontiac.com for more details.

For more information visit us at gm.ca, drop by your local Pontiac Buick GMC Dealer or call us at 1-800-GM-DRIVE. **Offer based on cash purchase price for 2009 G3 Wave (1SM). Freight (\$1,125), license, insurance, registration, PPSA, administration fees and taxes not included. Administration fees may vary between dealers. Dealers are free to set individual prices. Cash purchase price reflects discounts and other incentives which are only available where consumers opt for cash purchase price. By selecting purchase finance offers, consumers will be foregoing such discounts and incentives which will result in higher effective interest rates. Offers apply as indicated to 2009 new or demonstrator models. Offers apply to qualified retail customers in the Alberta Pontiac Buick GMC Dealer Marketing Association area only. Limited time offers which may not be able to be combined with other offers. ▼When equipped with a 5-speed manual transmission, estimated 2009 ratings, based on GM testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. †As shown, MSRP for 2009 G3 Wave with optional equipment is \$15,235. ††Bonus Fun includes complimentary Weekend Fun and Evening Fun. iPod® is a registered trademark of Apple Computer, Inc. All rights reserved. iPod® not included.



Your horoscope



SEPT. 25-OCT. 2

Libra (Sept. 23-Oct. 22)

Scorpio (Oct. 23-Nov. 21)

enough, and gosh darn it, people like me! Uh ... I mean you. Go get 'em, tiger!

Sagittarius (Nov. 22-Dec. 21)

Capricorn (Dec. 22-Jan. 19)

Aquarius (Jan. 20-Feb. 18)

Pisces (Feb. 19-March 20)

creepy and potentially dangerous." It's nothing personal, though.

Aries (March 21-April 19)

Taurus (April 20-May 20)

Gemini (May 21-June 20)

Cancer (June 21-July 20)

they still won't notice your eye! Ha.

Leo (July 23-Aug. 22)

Surprise! This week's horoscope is written in Morse Code: .. | --- --- .- | .- - - - - .- .- .-
- - | - - - - - .- .- .- | - - - - -
| - - - - - | .- .- | | - - - - - |
. - - - - - | Congratulations!!

Virgo (Aug. 23-Sept. 22)

I know thoughts of loneliness have been bothering you lately. Well, this little tidbit ought to brighten your day: Deep down, we are all just as fundamentally miserable as you are. Now, smile! Madame O loves you!

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TOP 10 TIPS

Technical reading



MARGARET MAREAN
NAIT Student Counselling

Reading scientific or technical material can be frustrating because of the large number of facts and details, and the complex terminology. Be prepared to read materials more than once for a thorough understanding. Here are some suggestions to enhance understanding and retention of scientific readings:

School key to living longer?

By **VALERIA NEKHIM**
The Concordian
(Concordia University)

MONTREAL (CUP) – Staying in school might help you live longer, according to a new Statistics Canada study on mortality rates.

The Canadian census mortality follow-up study shows that between 1991 and 2001, the lowest rates of deaths per 1,000 people, per year, were among the university educated, professionals, managers and individuals with high incomes.

Conversely, people without a high-school diploma, the unemployed, those with unskilled jobs and people in the lowest income brackets had the highest death rates.

When it came to men, only 51 per cent of the poorest one-fifth of Canadians were predicted to survive past the age of 75, compared with 72 per cent of men in the wealthiest one-fifth.

For women, the percentages were 72 per cent and 84 per cent in favour of those in the wealthiest one-fifth.

For both men and women, with the exception of those 85 and older, mortality rates were the highest for the uneducated. As education levels increased, mortality rates decreased proportionally.

According to Mary Lee Maurel, a sociology professor at Concordia University in Montreal, although health care is free in Canada, individuals who aren't as educated and those who have lower incomes tend to not take full advantage of the services available to them.

"They go to the doctor only when they are really sick, instead of going for annual checkups and follow-ups," said Maurel.

1. **Preview the chapter** looking over the **chapter title, introduction, subheadings, figures, diagrams, italicized or boldfaced words, and summaries**. This lets your brain know what to expect so you can organize and store the information more effectively.

2. **Skim the chapter** – quickly read first and last sentences of paragraphs and try to pull out major ideas. The purpose of this is to get a general idea of the material. This should not be very time consuming. (If you can skim textbook or note package material to be covered in a lecture beforehand you will get a lot more out of a lecture).

3. Then **read for detail**, focusing on the material highlighted in your course outline and in class.

4. **Read actively:**

- Formulate **questions** from the subheadings and read to answer them.

- Look ahead to homework questions or questions at the end of the chapter and read for the answers.

- **Translate abstract formulas** into verbal explanations.

- Write down **procedures in step form**.

- Draw your own **diagrams** to illustrate and explain problems and to summarize material.

- **Visualize** what you are reading.

- **Anticipate possible exam questions** and the responses.

- Think about **application to the "real world"** – how will this material be useful in your field or how is it related to something you already know

- Make **flash cards** as you read –

write a question on one side with the answer on the back, a word on one side with the definition on the back, or a formula on one side and when and how to use it on the back.

5. Read dense material in **small blocks**; for example read one section or paragraph in your textbook and then make some notes on it or do some questions related to it.

6. Stop after reading every paragraph or subsection to recall what you have read; tell it to yourself in your own words.

7. Have a **dictionary** nearby. Look up any words you don't understand right away.

8. Leave a **wide margin** on the left hand side of your paper when taking class notes so that you can supplement them with notes from the textbook. Try to create a single study source.

9. If you can **read ahead** by skimming the material for the next lecture, you will understand and retain the lecture information more easily.

10. When learning new material, you should not read for more than **25 to 30 minutes**. Take a five or 10 minute break, and then go on to a different subject.

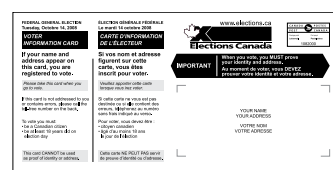
Think you might have a reading problem? A counsellor can help you determine if there is a problem and suggest ways to resolve it. For further information on this or any other academic, personal or career concerns, contact a counsellor at Student Counselling, Room 0117, Main South Lobby. Open Monday to Friday, 8 a.m. to 4:30 p.m. Book in person or by phoning 378-6135.



On Tuesday, October 14, vote.

A federal general election is taking place on October 14, 2008.

Did you receive this card?



Keep the voter information card you received by mail from Elections Canada. It tells you where and when to vote. You'll get through the voting process more quickly if you have it with you.

If you haven't received it, or if you found an error in your name or address, please phone your local Elections Canada office. You'll find the number at www.elections.ca by clicking on "Voter Information Service".

Where and when to vote?

Advance voting

You can vote before election day. Advance voting will be held Friday, October 3, Saturday, October 4 and Monday, October 6, from noon to 8:00 p.m. Locations of advance polling stations appear on the back of the voter information card.

You can vote by mail or at your local Elections Canada office using the special ballot if you make the request by 6:00 p.m. on Tuesday, October 7.

To download the registration form, go to www.elections.ca and click on "I'm Mailing My Vote!", or call Elections Canada to obtain the form and information.

Do you know the new identification rules to vote?

When you vote, you must prove your identity and address.

For the list of acceptable pieces of identification authorized by the Chief Electoral Officer of Canada, please see the pamphlet you received by mail from Elections Canada or visit www.elections.ca and click on "Voter Identification at the Polls".

To vote, you must:

- be a Canadian citizen
- be at least 18 years old on election day
- **prove your identity and address**

Vote. Shape your world.

www.elections.ca

1-800-INFO-VOTE
1-800-463-6868

toll-free in Canada and the United States,
or 001-800-514-6868 toll-free in Mexico

 **TTY 1-800-361-8935**

for people who are deaf or hard of hearing,
toll-free in Canada and the United States, or
613-991-2082 from anywhere in the world



HELP WANTED

For the electoral district of
EDMONTON CENTRE

IS NOW HIRING CANADIAN CITIZENS,
WHO LIVE IN EDMONTON CENTRE TO
WORK ON ELECTION DAY

TUESDAY, OCTOBER 14, 2008.

- FULL, PAID TRAINING PROVIDED
- PAID FOR ELECTION DAY POSITIONS
- STUDENTS (18 OR OLDER), STAY-AT-HOME PARENTS, SENIORS, AND VISIBLE MINORITIES ARE ENCOURAGED TO APPLY.
- KNOWLEDGE OF ANY SECOND LANGUAGE MAY ALSO BE HELPFUL FOR SOME JOBS.

CALL 780-442-7844

Or, apply on-line at www.elections.ca

Gifts ... Prizes ... Gifts ... Prizes ... Gifts ... Prizes ...

NAIT Students Drop by Student Employment (O117, South Lobby, Main Campus) to pick up a FREE gift which will enter you in a prize draw for a desktop technology gift set. Prize includes wireless optical desk mouse with wireless receiver, USB 4-port hub. Prize draw will be take place on Oct. 31.

Classifieds

NAIT aquatic courses – Fall Semester

Want a challenge or help expanding your swimming ability? Or maybe you would like to start down the path to becoming a lifeguard. Start by taking Bronze Medallion and Bronze Cross here at the NAIT pool. Visit www.nait.ca/recreation for more information.

WINTER PART-TIME JOBS

Edmonton Ski Club seeking:

- Ski/snowboard instructors
- Rental shop personnel
- Customer service representatives
- Lift operators

780-465-0852 Send resume to skiclub@telusplanet.net

Lose a ring?

A ring was found in the Common Market last week and has been left at the Nugget. If you lost a ring and can describe it to us, we will be happy to return it to you.

Instructor offers help for students

N. Pas Paskaran is an instructor in the Physics program with 30 years of teaching experience and has delivered seminars on "Being An Effective Student" for over 20 years. The material he has collected is available for free download as audio material in MP3 from his web page.

The audio material consists of titles such as: "How to write exams, Increase your mem-

ory power" and "Effective study skills." Each of this audio material is three hours long.

Students can access this free download material and benefit from the ideas covered by the above topics.

See web page address:

<http://humanpotential.cjb.net>
to access the material.

ATTENTION STUDENTS!

WANT TO EARN GREAT \$\$?

HAVE SOMETHING GREAT TO
PLACE ON YOUR RESUME?

DO YOU HAVE AT LEAST A 75%
OR BETTER MARK IN THE
SUBJECT(S) YOU WOULD LIKE
TO TUTOR IN?

WELL THEN!

CALL JOANNE PEETS



Pick up your free copy at Student Counselling, Room O-117

Students are spenders

By **ANDREW MCMONAGLE**
The Uniter
(University of Winnipeg)

WINNIPEG (CUP) – Today’s student spends money on food, alcohol, and technology, continuously accruing debt in the process, according to a recent study.

Students seem to have more money today than 20 years ago, but even with rising tuition costs, students find many ways to spend their money outside school.

According to a survey conducted by Statistics Canada, the average Canadian student spends an average of \$5,400 during the academic year on miscellaneous non-educational items, like transportation, food and entertainment.

“This back-to-school season we sold nearly 200 lap-top computers,” said Lucas Penner, manager of Powerland Computers at the University of Winnipeg.

About 95 per cent of these computers were Apple brand, at the average cost of about \$1,200 each.

About half of the Canadian graduating undergraduate class of 2000 had incurred government debt, Statistics Canada found. The average debt was \$19,500, with 14 per cent accruing a debt of more than \$25,000.

“I spend money on travelling, buying movies and DVDs,” said Lucas Debieen, 20, an international student at the University of Winnipeg. “I spend around \$400 on movies per month, and I like to go to nice restaurants too. My parents support me.”

Amanda Lievana, a second-year arts student, said: “I spend more money on alcohol than on food. I have two jobs and am in debt.

“I have a savings account so I put a lot of money away, about equal to what I spend on food and booze,” she said.

NAITfye (First Year Experience) Workshop Schedule – Fall Semester						
NAITfye is a new initiative developed to help students transition to life on campus. We have developed workshops on a variety of topics chosen with your specific needs in mind and theme oriented based on the time of year. Please attend as many of the following workshops as you wish. The workshops are free and no registration is required.						
	Week	Monday	Tuesday	Wednesday	Thursday	Friday
Oct-08	15	Citation 101 6	7	8	Citation 101, Manage Stress 9	10
	16	Thanksgiving Day 13	14	Women in Technology 15	16	17
	17	20	Off the Bench 21	22	Off the Bench 23	24
	18	Join the NAIT Team 27	28	Join the NAIT Team 29	30	31
Nov-08	19	3	Maintain your Loan 4	5	6	Maintain your Loan 7
	20	Avoid the Freshman 15 10	Remembrance Day 11	12	Avoid the Freshman 15 13	14
	21	17	18	Women in Technology 19	20	21
	22	Stretch your Dollar 24	25	26	27	Stretch your Dollar 28
Dec-08	23	1	Who's the boss? 2	3	Who's the boss? 4	5
	24	8	9	Women in Technology 10	11	12
	25	Exam Week 15	Exam Week 16	Exam Week 17	Exam Week 18	Exam Week 19
	26	Holiday Break 22	Holiday Break 23	Holiday Break 24	Holiday Break 25	Holiday Break 26
Dec-08	27	Holiday Break 29	Holiday Break 30	Holiday Break 31		
ANY QUESTIONS?? EMAIL askfye@nait.ca						

NAITfye (First Year Experience) Workshop Schedule – Fall Semester				
October-08				
2	Thurs	What is there to do in Edmonton? For new Edmontonians	12:15-1:10pm	X215
6	Mon	Citation 101- Avoid plagiarism and learn how to reference before your paper is due	12:15-1:10pm	X215
9	Thurs	Citation 101- Avoid plagiarism and learn how to reference before your paper is due	12:15-1:10pm	T105
15	Wed	Women in Technology Meet and Greet	12:15-1:10pm	X213
21	Tues	Off the Bench and into the Game- Get involved at NAIT	12:15-1:10pm	WA212
23	Thurs	Off the Bench and into the Game- Get involved at NAIT	4:30-5:45pm	X203
27	Mon	Join the Team- Learn How to Find a Job on Campus	4:30-5:45pm	W301
29	Wed	Join the Team- Learn How to Find a Job on Campus	12:15-1:10pm	X215
November-08				
4	Tues	Maintain your Student Loan- You don't want to lose it!	12:15-1:10pm	X111
7	Fri	Maintain your Student Loan- You don't want to lose it!	12:15-1:10pm	WA212
10	Mon	Avoid the Freshman 15- Ask a Personal Trainer and keep the weight off	12:15-1:10pm	X111
13	Thurs	Avoid the Freshman 15- Ask a Personal Trainer and keep the weight off	4:30-5:45pm	T105
19	Wed	Women in Technology Meet and Greet	12:15-1:10pm	X213
24	Mon	Stretch Your Dollar- Tips for the Starving Student	4:30-5:45pm	LO36
28	Fri	Stretch Your Dollar- Tips for the Starving Student	12:15-1:10pm	X111
December-08				
2	Tues	Who's the boss?- Have a problem? Want something? Don't know who to talk to?	12:15-1:10pm	X111
		I will tell you who's who at NAIT and what steps to follow.		
4	Thurs	Who's the boss?- Have a problem? Want something? Don't know who to talk to?	4:30-5:45pm	WA212
		I will tell you who's who at NAIT and what steps to follow.		
10	Wed	Women in Technology Meet and Greet	12:15-1:10pm	X213



The Alberta Union of Provincial Employees.

The union that represents NAIT support staff,
the people who keep your facilities running


Alberta's largest union, representing more than 71,000
members province-wide, more than 7,800 Education
sector employees and more than 900 members of Local
038 at NAIT.

Alberta Union of Provincial Employees. Your working people.
1-800-232-7284 www.AUPE.org




BRIAN THWAITS

Coming to NAIT - October 7, 2008



Brian Thwaits is an engaging and entertaining 'brain trainer', a learning and communication whiz with a wealth of experience in both the public and private sectors. Brian first demonstrated his flair for performance as an award-winning educator and is now an acclaimed professional speaker who engages both the hearts and minds of his listeners – so they leave his presentations with sides splitting from laughter and heads bursting with ideas.

Join the NAIT community for Brian's signature keynote address:



Train Your Brain

Tuesday, October 7
Shaw Theatre (4:30 - 5:30)

Brian cleverly combines the latest information from the disciplines of brain research, learning theory and the communication field to suggest innovative and practical approaches to issues we face in the workplace, in the classroom and in our personal lives.

FOR ALL NAIT STAFF AND STUDENTS



Photo by Mandy Kostiuk

AMAZING OOKLET RACE

Six teams of three players each pose before competing in NAIT’s Amazing Ooklet Race on Friday Sept. 26. Each team received different coloured team T-shirts, a bus pass, an Ooklet and a checklist of locations and then had to race against the other teams, earning points by photographing two team members and the Ooklet. The teams then met at Moxies, where the NAITSA Events team met them, tallied the points and uploaded the photos. The winning team was Team Trick (first year Bio-Sci), which managed to commute to each location and make it to Moxies two minutes before the deadline. Members of the winning team were: Kristan Nagy, Chris Sharp and John Paul Burns.



Chris Carmichael-Powell
and Nahreman Issa

What is your guilty pleasure?



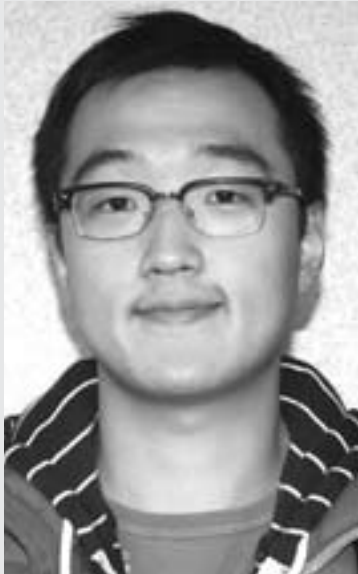
I have a lot of guilty pleasures, but I don’t feel too guilty about them ... maybe two-timing girls?
Tyler Higa
Power Lineman



Starbucks.
Shaik Shameer
Business Administration



Driving my apprentices crazy.
William Ekelund
Business Management



Chocolate cake.
James Lim
Power Engineering



Coke – the beverage.
Joel Benitez
Power Engineering

Got Green?

NAITSA Presents...
Environmental Awareness Week **October 6-10**

ALL WEEK DROP OFF!

NAITSA E-WASTE Collection Program

Bring in your old and broken computers, laptops, computer accessories and TV's for re-cycling.

When: All week – Oct. 6-10 **Where:** NAITRIUM

Clothing Swap Re-Fashion = Green!!!

Drop off your unwanted clean, gently used clothing for the campus wide clothing swap!! Bring in your clothes all week from Oct. 6-10 and drop them in the collection bins throughout campus. Friday come out and grab some great re-fashion finds in the South Lobby!

Collection Bins located throughout campus Oct. 6-10
Clothing Swap: South Lobby, Oct. 10 9am - 4pm

HELP OUT!

Campus Clean-Up Day Help Green up your campus!!

Volunteer sign-up at natisaevents@nait.ca

When: 4:30 pm, Oct. 6

Where: Meet at NAITSA Office – E-131

COME OUT & SEE!

Enviro-Fashion Show

Come see the latest in Enviro-Fashion!! It's local and it's hot!!

When: Tues. Oct. 7

Two Shows: 11:30am & 12:30pm

Where: Business Tower Lounge

Movie Night – The 11th Hour

Produced & Narrated by Leonardo DiCaprio

This film is a startling examination of the impact of our industrial civilization on the planet.

When: 5:00 pm, Oct. 8 **Where:** Shaw Theatre

Garbage Revolution

The eco-revolution starts at home!

Writer/Director Andrew Nisker will be here to present and discuss his ground breaking film, Garbage Revolution, where an average family keeps their garbage for three months to examine how individual homes contribute to over-consumption. A disturbingly funny journey!!

When: 12 Noon, Oct. 8 **Where:** Shaw Theatre



www.naitsa.ca



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How would you like a future as big
as the oil sands itself?

Syncrude Day at NAIT

Thursday, October 9, 2008
9 a.m. to 3 p.m.

Come visit us at the following locations:
South Lobby (O Building)
South Learning Centre (X Building)
Petro-Canada/Spartan Centre (Y Building)

If you dream of a career with huge opportunities, excellent salary and exceptional benefits, look no further than Syncrude. Representatives will be on hand to discuss these great opportunities with you.

Win an iPod touch.
Drop by and enter our free
draw for your chance to win.

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