# INDIE NIGHT OCT. 23 AT THE NEST

Thursday, October 23, 2008 Volume 46, Issue 8 JEI



YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

# **STUDENTS LOSE CENTRE** International students told their meeting place will be closed, story page 2

HACK ATTACK Concordia Thunder player Andrew Willigan takes a swipe at Nait Ook Chevan Wilson during a game at NAIT arena on Saturday, Oct. 18. Concordia won 5-4 in a shootout. NAIT won the night before 4-2.

Photo by Mandy Kostiuk



# **NEWS&FEATURES** International students out



A surprise announcement of the closing and relocation of their "home away from home" is leaving some students new to Canada feeling confused and upset.

CHRISTEN LONG Issues Editor The news that NAIT's International Student Centre is closing came from

signs posted in the centre, which said the current room on the third floor of the HP Building is "closing in the very near future." But just when, or where the move will be to, remains unclear.

Lorraine Nordstrom, International Student Co-ordinator, Student Services-International, says the closure could be any day.

"It's going to be tough for them through the Christmas season," she added sympathetically.

The students haven't been told why the centre is closing in-term, but it looks like they may be left without one until next fall. The only information available so far is the new centre will most likely be placed near the NAITSA offices by next summer.

The delay is a big problem, according to Javier Salazar, president of the NAIT International Club.

"Most international students don't know anyone when they come to Edmonton," Salazar said.

"It's where they go for lunch, to ask for anything they need about NAIT, the city, their new life in general, make friends, talk to someone about the cultural change they're experiencing or about the problems they may have."

A lot of the newcomer students also use the centre for help with paperwork and more complicated issues such as visas, housing, health care and tuition. It gives them a chance to meet people, share languages and make friends with local students.

And the centre isn't only for international students, as a lot of the regulars are actually Edmontonians who just like meeting people from other countries and practising their own second languages.

The closure will mean that some of those local students will no longer be able to enjoy the centre's comfortable environment or to try new ethnic dishes for lunch.

Though the centre will be closing until a new location is ready, Nordstrom says she will still have an office in the ESL area, and her door will always be open to help the students with any issues they may have.



NAIT international students enjoy their centre while they still can.

Photo by Javier Salazar

NAIT international students enjoy their centre while they still can.

# **Syncrude donates \$1 million to NAIT**



CHRIS CARMICHAEL-POWELL Editor-in-Chief

NAIT received another large donation on Oct. 10, made out to the sum of \$1 million. Syncrude's large contribution will be divided into two portions.

A quarter of a million dollars will go towards program funding at NAIT and the remainder will be allocated to the NAIT Spartan Centre for Instrumentation Technology, where NAIT will be naming a wing of the building in Syncrude's honour.

"This partnership is a good fit," said Sam Shaw, president of NAIT. "We train more apprentices than anyone else in the country and Syncrude is one of the largest private sector employers

in Alberta," he said. "The majority of this investment is earmarked for the NAIT Spartan Centre for Instrumenta-

tion Technology, a world-class training centre which is turning out hundreds of highly skilled workers each year who are ready and eager to contribute to our economy."

Syncrude says investing in NAIT was a smart thing to do, and the right choice for numerous reasons.

"NAIT has long been a cornerstone

of Edmonton and a vital source of highly skilled employees for industry in northern Alberta," said Tom Katinas, Syncrude's president and chief executive officer.

"But in order to keep up with rising labour demands, NAIT needs to grow. So companies such as Syncrude must demonstrate our commitment and support for this valuable

institution."

This donation follows a much larger donation made to Keyano College of \$5 million.

Syncrude is the world's largest producer of light, sweet crude oil from the oilsands. The company produces over 15 per cent of Canada's petroleum requirements. Located north of Fort McMurray, Syncrude has been in operation for 30 years and directly employs over 4,700 people in Alberta.

of executive officer.The NAIT Building on Demand Campaign, which wrapped up this spring, raisedr to keep up with rising<br/>labour demands, NAITmore than \$80 million. This greatly sur-<br/>passed its \$50 million target.

The campaign investments were used to create eight world-class centres for steel technologies, instrumentation, millwrights, manufacturing, machinists, building environment, piping systems and power engineering.

This is the second large donation NAIT has received since the beginning of the school year.

In September, Finning and Caterpillar made a \$3 million donation to NAIT's Heavy Equipment programs.



# **NEWS & FEATURES**



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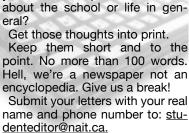
THE DEADLINE IS ...

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

# Letters

We want your views Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out



Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

October www.nait.ca G AHEAD **MORE INFORMA** . A FINE SIGN NAIT's new theatre-sized electronic display sign is up and running and turning heads. Its viviLED display system is reputed to provide the world's brightest outdoor display.

# Mall roof collapses



**By NAHREMAN ISSA Sports Editor** 

Kingsway Garden Mall's food court will be out of commission until this weekend as crews are cleaning up debris from Tuesday's roof collapse. The incident happened

shortly after 1 a.m. Mall officials say part of the building's decorative ceil-

ing gave way while overnight constructions crews were working on it.

Nobody was hurt in the incident and the debris was contained mostly in the common eating area. The food court suffered minimal damages.

Brad Merchant, spokesperson from Oxford Properties Group, said there is nothing to worry about when it comes to safety at the mall.

"We're waiting on some final reports from some structural engineers but we're happy to report there is no structural component to this," Merchant said. "It was a decorative ceiling, so there's no further concern from a safety standpoint."

Merchant wants to assure shoppers it's business as usual at the mall. "There's certainly nothing to be worried about for the rest of the mall. There are no structural issues associated with it so everything is safe and sound."

The mall has been undergoing renovations since last August. The two-year, multi-million dollar facelift is expected to be completed in the fall of 2009. The mall opened in 1977.

United Way Balloon Pop! ब्ब्ब्ब्

Photo by Chris Carmichael-Powel

IT'S BACK! THE EVENT YOU'VE WAITED ALL YEAR FOR !!

# \$2.00 a pop Every balloon wins a prize!

Prizes include: pairs of Oilers hockey tickets, Oilers jerseys, a signed Oilers hockey stick & much more!

Begins October 30th at 7:30am at the NAIT Bookstore\* & continues until all balloons are sold.

All proceeds will be donated to the United Way. \* Main, Patricia & Souch campuses



BOOKSTORE

R R R R R

# **NEWS & FEATURES**





# Surface computing

SHANT CHAKMAKIAN

For decades now, people have been interacting with computers using mostly keyboards, mice and monitors. So after all this time, what's next?

The answer is surface computing.

Imagine the way you interact with an iPhone, but instead having an entire table as the screen. Surface computing, by Microsoft,

promises to turn the coffee table in your room into a computer that you

can interact with by using your two fingers.

You will be able to move photos around on the surface and resize and edit them with just your fingers. This will allow you to go through massive album lists in a comparable fashion to an iPhone, but better.

Transferring music to an MP3 player will take on new meaning. You will simply place the compatible device on the surface and it will recognize the device and you can add content to your portable device by dragging your music to it.

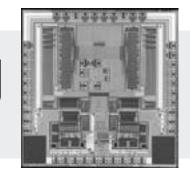
The retail applications are also astounding. Imagine going to a restaurant or bar that uses Microsoft Surface for tables and ordering drinks from your table. Then after the waitress puts the glass on your table, your table tells you what's in the drink.

These tables even promise to be so intelligent that you can put a credit card on a table and use it for payment. The table will be able to recognize your card.

However, there are issues. Although this technology exists, it is being used in large kiosk type areas. This means that it is being developed more for casinos, restaurants and hotel lobbies.

Another major issue is that Apple holds many patents regarding multi-touch and direct manipulation interfaces. Many of the gestures and actions done using one's fingers in Macbook touchpads and iPhones are the intellectual property of Apple.

As a result, either Apple gets royalties or Microsoft can't do it. Similar concepts are used on MSNBC and CNN for U.S. election coverage and for pulling up the satellite images that



are shown during news stories.

This technology promises to shape the way we do computing over the next few decades and although it has its kinks and setbacks, so did the PC when it first came out.

Either way, it's worth checking out. Go to www.microsoft.com/surface for more information and see how the next evolution in computing will change your life.

Please feel free to visit my blog at http://shantc.blogspot.com or to e-mail me any comments or suggestions at shant c@hotmail.com I value and look forward to your input.





Microsoft



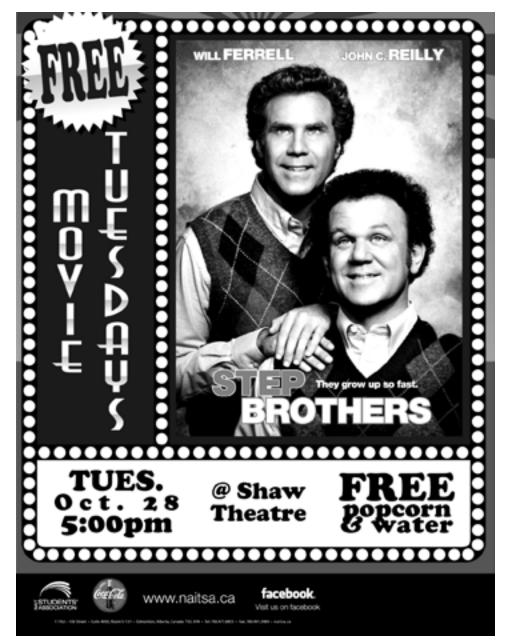
# Do you know what to do during an emergency?

Join Campus Security Services and Occupational Health and Safety for a presentation on emergency preparedness.

Date: Nov. 10, 2008 Place: Shaw Theatre, Main Campus Time: Two sessions: 11:15 a.m. - 12 p.m. and 12:15 p.m. - 1 p.m.

Visit www.nait.ca/security for the webcast.





# OPINION

— Editorial —

# **Deadly weekend**



**By NAHREMAN ISSA** 

**Sports Editor** 

bloody idiot." We've all seen the commercial. We all know what it's about. But

for some people, the message just isn't getting through. Last week, police were kept quite busy attending to seven drinking and driving incidents.

"If you drink and drive, you're a

Yes, that's correct. Seven alcohol related crashes over the Thanksgiving

Day long weekend; ALL IN ONE NIGHT. In one case it turned deadly, as a 19-year-old driver smashed his truck into a pole.

According to Edmonton police Sgt. Gary Lamont, the impact was forceful. "He didn't just knock it down, he absolutely destroyed it," he said.

Another incident police are investigating is the case of a semi-driver hauling a load of alcohol. He's facing impaired driving charges after he blew three times over the legal limit.

So what do police, MADD Canada and any other organization need to do to get this message through to people? The fact of the matter is, if you're going to drink, plan ahead. Have a designated driver. Call someone to pick you up.

# Should know better

If you're able to drink in a bar, that means you are of age to get in. If you're of an age to get in, that means you're an adult. Are you seeing the point here? Adults should know better.

According to MADD, four deaths are recorded every day in Canada due to impaired driving. The sad reality is that all of these deaths are totally preventable.

"How often do we send this message out?" said Sgt. Lamont. "We do it every year and the numbers just don't seem to change."

EPS has implemented a new program to get impaired drivers off the road. "Curb The Danger" started off as a pilot project in 2006 but is now here fulltime. The premise is simple; if you see someone on the road who might be driving drunk, you call police. To date, roughly 32 per cent of drivers were charged with impaired driving.

But an interesting study was released last week that might explain why some people drink and drive.

# **Brain shrinkage**

Some researchers out of Massachusetts discovered that those who drank more showed more brain shrinkage.

The researchers analyzed 1,839 American adults aged 33 to 88 on their alcohol consumption and had magnetic resonance imaging scans to examine brain volume. Participants were divided into five groups: abstainers, former drinkers, and low, moderate and high consumers.

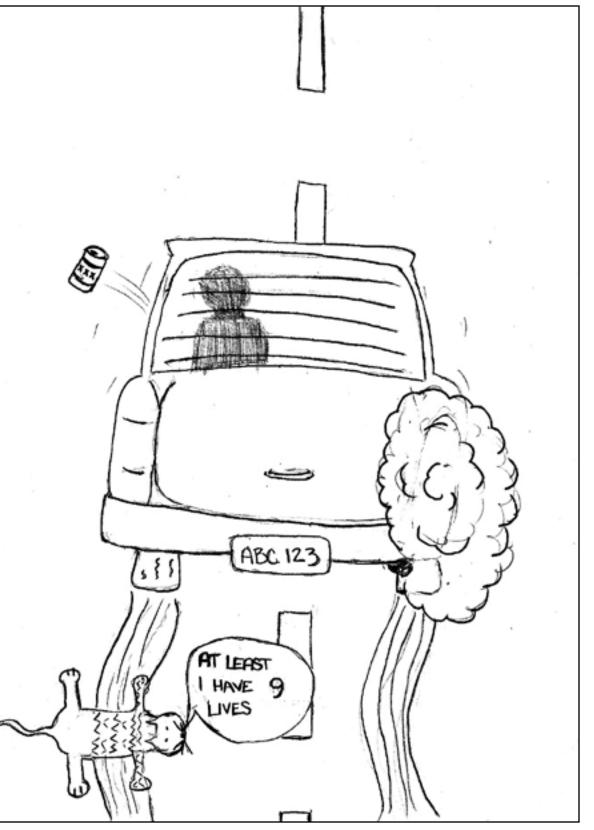
Among those who drank the most (more than 14 drinks a week) the brain was one per cent smaller on average, compared with abstainers.

Researcher Carol Ann Paul of Wellesley College said that the findings show that moderate alcohol consumption was not protective against normal age-related differences in the size of the brain.

"Rather, the more alcohol consumed, the smaller the total brain volume," said Paul.

"The public health effect of this study gives a clear message about the possible dangers of drinking alcohol."

The team is calling for more long-term studies to confirm these findings. So, while this study may not be the exact cause of why people drink and drive, let's just hope this weekend everyone parties responsibly and remembers to not drink and drive, for nobody wants to be a bloody idiot.



# 

Or will we see the same old

We staff members also feel

service for a new and improved

price?

Now that parking fees have increased by 66 per cent, will we see 66 per cent more ice and snow removed from the lots this winter? your student pain.

Chris Klitbo Wildfire Instructor Forest Technology Program

# Your views are important We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to

the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: <u>studenteditor@nait.ca.</u>

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.

# **SPORTS**This guy's a real hotdog!



By NAHREMAN ISSA Sports Editor

There have been some great athletes that have graced the covers of our sports magazines and the highlight reels every night. Wayne Gretzky, Michael Jordan and Tiger woods are just a few that spring to mind.

But for Joey "Jaws" Chestnut, his sport isn't played on the ice or the hard court. It's played in his stomach. Chestnut is making a name for himself as a competitive eater.

I had the chance to talk with him and even managed to go head-to-head with him in a hot dog eating contest (more on that in my 2 Minutes in the Box)

The 25-year old university student from San Jose is currently ranked first in the world by the International Federation of Competitive Eating (yes, that exists!). On July 4, 2007, Chestnut beat the six-time defending hot dog eating contest champion Takeru Kobayashi during the 92nd Annual Nathan's Hotdog Eating Contest.

Chestnut ate 66 hotdogs in 12 minutes, which also

set a world record. At this year's contest, he defended his title by eating 59 hotdogs in 10 minutes.

"Hotdogs are the most important contest of the year." He said. "It was the ultimate goal to beat Kobayashi in the contest and I was able to pull it off."



Joey Chestnut gets ready to do battle, above, and shows his form, below.



I was an unbelievable feat, as Chestnut entered the competitive eating scene only in 2005.

"Competitive eating is something I never grew up thinking of doing," said Chestnut. "My little brother knew I was an enormous eater, so he wound up signing me up to a competitive eating contest."

The next few years saw Chestnut achieve greatness in the competitive eating world. He's currently the record holder in 18 food categories, including Jalapeno poppers, chicken wings and hamburgers.

"My favourite food to eat in competitions is chicken wings. They're just so

easy, you can never fill up on them. Easy to eat and they're good."

As far as which foods he doesn't like eating, that mostly fell into the hot category.

"I'll stay away from most spicy foods. I did a jalapeno poppers contest and I did not enjoy it."

Chestnut does train for upcoming eating contests. It's something he needs to do to make sure he's ready for whatever the food is.

"It was tough trying to figure out how to train my body. There are no books written on competitive eating," he said. "It was all trial and error, so right now my method is I do a practice contest and then for several days after that I'm fasting. No solid food, lots of liquids, keeps my stomach stretched, and then I get ready for the next contest."

"I push my body further after every contest. For a big contest I'm sometimes training two months in advance. For a little contest I'll train for a couple of days."

While competitive eating is his career, at the end of the day, Chestnut knows it's

all about having a good time.

"Competitive eating is for fun. It's not the most serious thing out there. I'm just having fun with it."

Chestnut was in town on Oct. 10, at the

Oil Kings game where he went up against members of the media.

Check out my 2 Minutes in the Box (next page) to see how many hot dogs he ate in five minutes.



# MEXICO DENIED

Canada's goaltender Lars Hirschfeld makes a save off Mexican striker Carlos Vela during a match between the two national teams on Oct. 15 at Commonwealth Stadium. Canada managed a 2-2 draw.

# NAIT Recreation 3<sup>rd</sup> Annual Halloween Dodge Ball Challenge

WHEN: FRIDAY Oct. 31 - Either 11:15 a.m.-12 p.m. or 12:15 p.m.-1 p.m.

# WHERE: COMPETITION: NAIT GYM

**HOW:** Three easy steps to get involved:

- 1) Get 10 of your friends/classmates together and register a team
  - a. Competitive and Rec Division.
  - b. NEED two FEMALES on your team.
- 2) Register your team at the Sports Equipment Centre E026.
- 3) Come PLAY on Oct. 31.

WHY: LOADS OF FUN WITH YOUR CLASSMATES and TONS OF FREE STUFF TO BE GIVEN AWAY!!!

This year's theme is the 80's - (Think BIG HAIR - BOLD PATTERNS)

Come dressed in your best 80's costume, as we will be giving away prizes for the best-dressed teams and individuals. All teams will be entered for the GRAND PRIZE!!!!

REGISTRATION BEGINS OCT. 14. Get your team in early, as there are limited spots!!!



**Ook Files** 

# **Travis Ziegler**

Program: Television, First Year Sport: Hockey, Goalie Number: 30

Favourite memory: Thursday night in Fairview Worst memory: Thursday night in Fairview (he wouldn't elaborate but I can only imagine!) Pre-game meal: Cereal

Game superstitions: When a shutout is on the line, I don't look at the score.

Favourite movie: The Godfather

Favourite group: The Doors

- Favourite food: Popcorn
- Favourite colour: Chicago Bulls' red



# **2** Minutes in the Box

## NAHREMAN ISSA **Sports Editor**

"Now this is one wiener you can use teeth."

I'm not going to tell you who said that quote, but her face may be plastered in this section a couple of times!

Anyways, if you read the article about Joey "Jaws" Chestnut, then you'll know that I went head to head with him in a hot dog eating contest.

Chestnut was at the Oil Kings game on Friday, Oct. 10 for a team

# WOMEN'S VOLLEYBALL

promotion, and I got a few pointers from the world champ himself in a pre-game interview.

"Anyone can eat one or two hotdogs really quickly, then they start to think they're full," he said. "The trick is getting into a rhythm so you're not thinking about being full. Just eat the hot dogs the same way every time. Don't forget to breathe because if you do, you'll be short of breath and you'll panic, and you'll feel full."

Now came the moment. The announcer called out my name. The crowd roared. I took my place next to Chestnut. I was the only female competitor for the night. There were two guys from the Team 1260, one from ATB, Chestnut and myself.

We had five minutes to eat as many hot dogs we can. Keep in mind these are the huge jumbo size hotdogs. My goal was to eat two in five minutes, without puking. After two

and a half minutes in, I finished my first one. Chestnut was at like 13 I think! He would do two at a time and then dip his bread in the water and swallow it whole. I tried dipping little portions of my bread in the water and gagged like crazy.

After five minutes of eating, I managed to do two hotdogs; Chestnut ate 23!!! This was much harder than it sounds. I can eat two jumbo hotdogs easy. But when you're forcing them down fast, it's hard. One of the other competitors ate two as well, but he puked right after.

In the end, this was a great experience. I loved Rexall's hotdogs, but when I went to the Oilers home opener two nights later, I opted for a burger instead!

Chestnut competed in a pizza-eating contest two nights later in New York ... he ate 45 slices of pizza in 10 minutes!

# **Ooks show improvement**



## By AMBER TIENKAMP **Assistant Sports Editor**

Heading into their third pre-season tourney this weekend, the women's volleyball team hoped to have a better showing than their last tournament in Red Deer.

Coach Keith Lundgren said after the ninth place finish two weeks ago that preparation for their host tournament this week would be simple. It all goes back to Lundgren's

saying: "You practise how you play." The women's home preseason tournament ran this past weekend, with teams from Medicine Hat, King's College, Keyano and Lakeland. The Ooks had a less than enjoyable first day on Saturday, dropping all four of their matches. This had them sitting in fifth place final against the Lakeland Rustlers. After winning the first set easily 25-11, it looked as though NAIT was going to dominate over Lakeland.

The two teams turned out to be much more evenly matched and the second game certainly showed everyone that. They traded points in the second set with one another until the score was 18-18. Then, small mistakes on both sides would help each team to take the lead, only to miss a pass and lose it again. Eventually, the Rustlers made two costly mistakes when the game was tight at 23-24

in their favour. With a net call and missed serve, the Ooks won the second match 26-24. The third set was much the same, with the two

teams rallying hard for each point. NAIT did pull away with a lead of 12-8 at one point, but some missed passes and lack of communication allowed Lakeland to capitalize on the small mistakes.

Much like how the Rustlers fell apart at the end in the last set, a similar problem happened to NAIT. Two slip-ups, one being yet another net call with the game at 21-20 for Lake-

land gave the Rustlers a victory set over the Ooks. The third set appeared to wear out

Lakeland, and gave NAIT the boost they needed. Even with NAIT missing three consecutive serves early in the fourth match, the Ooks managed to stay ahead of Lakeland for the whole set.

The game was a throwback to the first, with some huge points and hard and Kate Bilodeau. The Ooks coasted past the Rustlers, who looked a little lacklustre. The ladies ended up winning the match convincingly 25-14, which surprisingly seemed to come easy to them, even though the previous two sets had been very close. But in the end, the Rustlers looked as though they were flat on their feet and the Ooks finished in fifth place at the tournament.

## ...

Be sure to come out this weekend as the men's and women's volleyball team takes on city rival Grant Mac-Ewan. It's the home opener for both teams. The action starts at 6 p.m. for the women's team and at 8 p.m. for

hits from Katie Seys, Noelle Kenny the men's team.

**Athletes of the week** Oct. 6-12

## **Dale-Marie Cumberbatch Basketball**



**Chevan Wilson** Hockey



Dale-Marie Cumberbatch, a third year computer network administration student from Bridgetown, Barbados, has been a perennial candidate for the ACAC All-Canadian award. During the Ooks' opening weekend, Dale-Marie averaged 23.5 points during her team's two losses to the Concordia Thunder. "On Friday we asked her to be more defensive, and she had 13 rebounds," said head coach Curtis Nelson "The next night we asked her to be more aggressive offensively and she had 36 points. She is just the consummate team player."

Chevan Wilson, a business student from St. Al-

bert, was the driving force in the Ooks' offence last

weekend as he netted two goals and two assists in

gars and followed up with a two-goal effort against

the Cougars in a 5-4 loss the next night. "Chevan

had a great weekend for us," said head coach

expectations."

Terry Ballard. "We expected him to be a big part of the team this year, and so far he's fulfilled those

his team's 7-2 victory over the Mount Royal Cou-

# **Athletes of the week** Oct. 13-19

Jennifer Garwasiuk Soccer



Jennifer Garwasiuk, a first-year business student from Edmonton, was an integral component to the NAIT Ooks women's soccer team's success over the weekend as they played Concordia to a scoreless draw and defeated Grande Prairie 1-0, garnering the player of the game selection in the second match. Jennifer made huge saves in both matches to earn herself her fifth and sixth shutouts of the season. "She was outstanding," said head coach Sergio Teixeira.

## Dan Kai **Badminton**



Dan Kai, a second-year English as a Second Language student from Xi'an, China, was dominant for the Ooks badminton team in its opening tournament this past weekend at Red Deer College. With a 7-0 record, Dan was the only participant in the tournament to go undefeated en route to a first place finish in both the men's singles and men's doubles (with teammate Romulo Yamsuan) competitions. "He's even better than he was last year," said coach Jordan Richey.



# **ACAC Standings**

Team GP	w	IEN'S RW	HOC	KEY OTL	Pts	GF	GA	
SAIT4	3	2	0	1	7	17	10	King
Mount Royal4 Concordia4	3 3	3 2	1	0 0	6 6	16 16	14 11	Lakeland OQ NAIT
NAIT4	2	2	1	1	5	19	15	Lakeland 92, NAIT
Portage4	2	1	1	1	5	12	16	
Briercrest4	1	1	1	2	4	17	18	Mad
Augustana4 MacEwan4	1 1	0	3 3	0	2 2	10 12	16 19	
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King's		3	i	ő	30		298	NAIT7
MacEwan		1	1	2	16		140	MacEwan6
NAIT		1	2	2	25	1 :	249	Keyano2
Grande Prairie	2	0	2	0	14	7	196	King's0
Augustana	4	0	4	0	27	0 ;	360	Grande Prairie0
<b>T</b>	~	South				-	DA	
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Red Deer .....0

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RESULTS Oct. 16 King's 66, MacEwan 64 Oct. 17 Lakeland 92, NAIT 85; Augustana 75, Concordia 103; Concordia 88, Augustana 58 Oct. 18 MacEwan 97, King's 74											
WOMEN'S BASKETBALL											
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Do you secretly wish you could dress up as a Pirate or Wonder Woman more than once a year? Then grab your running or walking shoes, scary Halloween costume (optional) and join the Wildlife Rehabilitation Society of Edmonton (WRSE) at Hawrelak Park for the Ninth Annual "Run Wild for Wildlife" on Oct. 26.

EXCLUSIVE ONLY TO NAIT STUDENT TEAMS: Top NAIT pledge earning team will win \$500 worth of NAIT Gift Certificates ... This means free books next semester!!! Enter a team of six to 10 students and start collecting your pledges for Edmonton's only Wildlife Shelter today!



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WHEN: Oct. 26, 2008 @ 11 a.m. WHERE: Hawrelak Park WHO: Teams, families or individuals welcome WHAT ELSE?

- Chilling costume contest (optional),
- Fabulously frightening prizes for our ghoulish runners and walkers,
- Sinister snacks and drinks for all.

This fun, yet spooky event will attract ghosts, goblins, young and old to collect pledges in support of Edmonton's only wildlife shelter. Sign up on-line today at www.runningroom.com or the WRSE website at www.wildlife-edm.ca.



You belong here.

# SPORTS

# **OT drama in women's hockey**

# By LANDON HOMMY

A strong start wasn't enough to earn the NAIT women's hockey team a victory last Friday, as they fell 5-4 in overtime to the visiting Mount Royal Cougars.

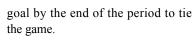
The Ooks opened their 2008-09 season by jumping out to a 2-0 lead

in the first period with goals by Chelsea Curzon and Monika Moskalski.

Curzon scored the Ooks' first goal of the season with a nice shot to the top right hand corner after streaking in on Cougars goalie Chelsea May. Moskalski's rebound marker gave them a comfortable lead until Mount

Royal's Madison Ouellette scored a scramble goal to cut the lead to one.

The second period began with another NAIT rebound goal, this time by Lacey Hollington. But special teams trouble signalled the shift in momentum as Mount Royal put up both a power-play and shorthanded



The Cougars pulled ahead five minutes into the third with their second deflected goal of the game.

From there, NAIT goaltender Lauryn Dzioba stepped up as the pace quickened on both sides of the rink. Key saves off Cougars' standouts Ouellette and Chelsey Morrill held her team within one until May yielded the home side's tying goal by Kendel Jurista, who finished off a pretty effort by Moskalski.

But not long into the extra period Ouellette completed the hat trick off a set play from the face-off in the Ooks zone, giving the Cougars the win.

"We had a mental breakdown in the second period and it seemed that we needed to be down a goal to really give it everything," said NAIT coach Deanna Iwanicka.

"We learned from this and came out hard Saturday night."

"Friday night's game was very exciting. The problem was our team only played two periods."

The team returned the favour in Calgary, posting a 3-2 overtime win. They again opened the scoring only to allow defensive lapses, which forced the game into extra time.

Stephanie Fedoruk, who posted two assists in Friday's tilt, provided the winner in the rematch after killing a 5 on 3. Dzioba again provided a solid performance between the pipes.

"Dzioba really stepped up this weekend and showed she has what it takes to be a consistent starting goalie," said coach Iwanicka.

The team next hosts the early league leaders, the University of Calgary Dinos, Friday at 7 p.m.





Ook Lacey Hollington gets set to check a Mount Royal Cougar during weekend ACAC action. NAIT lost 5-4 in overtime at home Friday night and won a 3-2 overtime decision Saturday in Calgary.

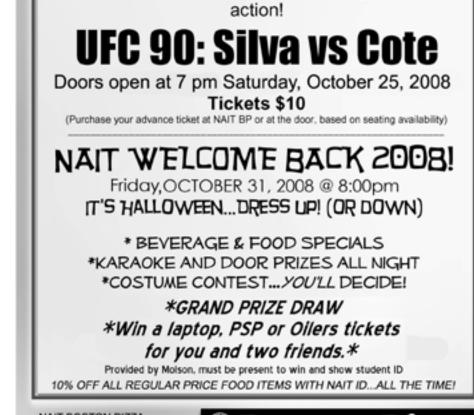


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# ENTERTAINMENT **Body Worlds better 2nd time**



## LEANNE TRUONG Asst. Entertainment Editor

Who thought going to Body Worlds the second time around would be more fascinating than the first?

With much encouragement from my enthusiastic anatomy instructor and Biomedical Associate Chair, my biomedical engineering class and instructors caught the exhibition just days before its final show on Oct. 13.

Through the imagination of genius Dr. Gunther Von Hagen, the inventor of "Plastination," Edmontonians were able to enhance their experiences with real human bodies (and some animals) preserved through the process of plastination, the technology for preserving anatomical specimens with the use of reactive polymers.

The exhibit was a step above the usual displays of human skeletons and cadavers, display-

ing bodies artfully while intriguing us to understand the concepts around it. The donated bodies were intricately positioned in several ways to display the structures and functions of the body. There was a body model named "The reclining pregnant woman" which I found very appealing to see how it would appear beneath my skin if I were expecting.

Although it did bring much sadness for the history of the body, it did bring much attraction to the certhat model as well as several his displays.

fetuses and babies. Much of it would have to be a result of the female that I am, to be intrigued by the subject of conceiving a child.

There was another model called "The Winged Man," where the body



tain room that displayed Dr. Gunther Von Hagen with one of

was created to be viewed with the muscles separated down the medial plane and spread out like wings surrounding his body.

Dr. Von Hagen, who uses his first wife's surname, has quite an historical background. As an infant, he was diagnosed with a rare bleeding disorder and nearly died at age six. It restricted his activities and the disorder cause him to require much hospitalization.

Accordingly, "it fostered ... a sense of alienation and nonconformity," he says on his website.

Dr. Gunther Von Hagen was imprisoned at age 19 for nearly two years by the Warsaw Pact troops after attempting to cross the Czechoslovakian border into Austria for freedom. He escaped his incarceration when a sympathetic guard left a window open. Perhaps his short detainment and rare illness led his inspiration to create a technology that was initially used to help medical students achieve a higher learning in human anatomy. To date, Dr. Gunther Von Hagen has founded BIODUR Products to distribute to medical institutions the special polymers, equipment and technology used for Plastination.

He also opened the Heidelbergbased Institute for Plastination, which offers plastinated specimens for educational use and for Body Worlds. There are currently also Body Worlds 2 and The Brain, Body Worlds 3 and The Story of the Heart and Korperwelten 4 exhibitions being shown across the world.

It was nice to spend the afternoon exploring the exhibit again with my classmates, instructors and with anatomy teacher carefully examining each display and announcing its nature, which gave me a better understanding of my anatomy and physiology course.

I guess this shows Dr. Gunther Von Hagen's great purpose in his Body Worlds. For more information, check out www.Bodyworlds.com.

# **Cross-country virgin excursion**

# **By MARK SEREDA**

As soon as I saw the poster for this film, I knew it was going to be something special.

Seriously, a teenager dressed as a giant doughnut mascot with matching mustache and oversized sombrero screams box-office gold! Sex Drive tells a classic story, along the same lines as Superbad and American Pie, except this quest for sex is a solo mission. Ian, a sexually awkward and

inexperienced high school graduate, finds himself anxious to leave virgin territory before going off to college.

After flirting online with Ms. Tasty, the blond bombshell invites Ian to Nashville to get down to business.

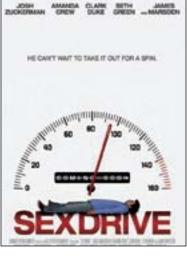
Along with his best friends Lance and Felicia, the trio venture off across America to get Ian laid. Seth Green plays Ezekiel, an overly-sarcastic Amish guy who shows up just in time to help the gang. One of the best scenes in the film finds Ian and his friends inadvertently at a celibacy carnival with an hysterical outcome.

This movie has everything a great comedy needs: a road trip, street races, gun battles, vulgar language and images, an ending with a twist and even a surprise performance by a popular band.

I enjoyed seeing the director incorporate graphics that placed IM messages on screen with the actors, as well as Ian's Photoshopped head on the body of a football giant.

Ian, played by the incredibly entertaining Josh Zuckerman, embarrasses himself almost entirely throughout the movie but finally grows a pair and holds his own. I do not mean that in literal terms, of course.

**★★★★**☆



# This space case is far from dead

## By MACKENZIE MARSHALL

The gaming industry hasn't been kind to the survival horror genre in the last few years. Game play has become tired and the stories are all too cliché. Redwood Shore took a big risk trying to re-invent the genre with Dead Space and boy, do they deliver. Not since Silent Hill 2 has there been a survival horror game this good

Dead Space puts you 100 years into the future in the shoes of Isaac Clarke, a systems engineer, dispatched to check out the USG Ishimura, a mining ship, that has lost contact with Galactic Command. Earth's natural resources have run out and humans are now forced to destroy planets, strip mine their minerals and return the byproducts to Earth for consumption.

Upon arrival on the Ishimura, all hell breaks loose. The maintenance crew's ship is destroyed, they are separated, and attacked and mostly killed by grotesque creatures called

Necromorphs. Isaac has to repair the Ishimura, find any survivors and fight off the Necromorphs. This can take players anywhere from 12-15 hours to complete.

Isaac is controlled from an over-the-shoulder third person view. It gives a more real feeling than a first person view and it's like the monsters are actually creeping towards you. The camera can be moved around to give you a full view of the area and except for a few times when it becomes locked, it's more helpful than hurtful

Combat in the game has a new twist. It's not all about the headshot. Redwood Shore has introduced something called "strategic dismemberment" where you have to use your weapons to take out your enemy limb by limb before delivering a fatal shot or stomp. In most cases, a headshot will make your enemy even more dangerous. Weapons are new too. Isaac doesn't use a gun per se, he uses mining tools that are

> customizable to your own taste. There is a weapon in there for everyone.

are all very well done. The voice acting is top notch and the score is perfectly suited for the atmosphere of the game. It will keep on the edge of your seat while playing. All of the environments have a horror movie-like design

that will keep your heart pounding. It's best to play this game in the dark. The Necromorphs look beautifully disgusting and there is a perfect amount of gore when they're destroyed. While the story starts out sounding like every

horror movie out there, it does a solid job of keeping the player interested and mixing in the right amount of twists and turns without going over the top. It has a solid ending that ties the story together and leaves your satisfied.

Dead Space breathes new life in the Survival Horror genre. It's a welcome game with Sound, graphics and story fresh ideas that are worth the price. It's a contender for game of the year and will be on most Top 10 lists come December. Whether you're a fan of the genre of new to it, you shouldn't miss out on this game. Rank 90 per cent, a few minor issues with the camera and control, but overall a great experience.

> Played up to: completed game. Game: Dead Space. System: Playstation 3 and XBOX 360. Developed by: Redwood Shore. Published by: Electronic Arts. Price: \$59.99





# ENTERTAINMENT

# FOR YOUR LISTENING PLEASURE ...

# **\$3.99 mix-tape**



**BRYCE ALTHOUSE Entertainment Editor** 

No matter what you say, the mix-tape is not dead. It just ended up switching formats, going from a cassette tape full of tracks selected from your parents' CDs to playlists on your computer that you dump onto a CD or your iPod.

So on that note, I introduce this weekly column, where a collection of tracks will be arranged for your auditory pleasure and specifically selected so that the whole track list fits on one 80 minute CD-R.

Musically, I get my inspiration for the track lists I put together from snowboarding videos. I've always enjoyed that constant shift in musical styles that the flow of a good snowboard video offers (specifically, any of the older Kingpin Productions films). Most movies take a collection of rock, metal, indie,

hip-hop (underground and old-school) and commercial rap and then drop these tracks into a blender and serve. This is not to say that the selection is random either, you have to respect the atmosphere and the flow of that previous track and not upset things too much from track to track. However, there is bit of a satisfaction sometimes if you go from listening to James Brown straight into Swedish lesbian death metal.

Anyhow, the selections are below and grouped for an optimal listening experience:

1. AC/DC - For Those About To Rock (We Salute You)

2. Hilltop Hoods - The Nosebleed Section 3. Ugly Duckling - La Revolucion

4. Public Enemy - Terminator X To The Edge Of Panic

5. Beastie Boys - Looking Down The Barrel Of A Gun

- 6. Motörhead Bomber
- 7. Circle Jerks Wonderful

8. Beastie Boys - Get It Together (feat. A Tribe Called Quest)

9. Black Label Society - Suicide Messiah



- 10. The Misfits Dig Up Her Bones
- 11. NOFX Party Enema
- 12. Hieroglyphics Powers That Be
- 13. Atmosphere Sound Is Vibration 14. Dead Kennedys - Police Truck
- 15. Biz Markie Let Me Turn You On

# NELLY **Brass Knuckles is download worthy**

# **By LANCE FABIOSA**

Nelly recently dropped his fifth studio album "Brass Knuckles." Nelly jam packed his 14-track album with a collaboration of well respected artists on almost every song – artists such as Usher, Fergie, Pharrell and Snoop Dogg, to name a few. I'm not too sure how Nelly does it, but he adopts his previous album-making formula. Regardless if you disliked the stylish Band-Aid on his face

THE CHEMICAL BROTHERS

## before, I can bet \$5 you were mouthing, if not booty shaking, to Hot in Herre at one point. Now I can bet you a Hello Kitty Band-Aid that you will be reciting the lyrics to one of his songs on "Brass Knuckles."

With catchy hooks and junkie-like-addictive beats made from well known producers (Jermaine Dupri, The Neptunes and Polow da Don), "Brass Knuckles" comes off as a well rounded mainstream hip-hop album. Now I'm not here to point fingers at Nelly for being a sellout for creating the hip-hop jingle of his 2002 album "Nellyville" to promote Air Force

first before I did. If I could, I would make a love ballad for my passion for American Apparel V-necks. I give Nelly three more albums before he raps about Hush Puppies and Dockers to get him set for his elder years.

"Brass Knuckles" is A-O-K in my books. I'd probably "legally"

# It's good chemistry

**The Chemical Brothers** 



By AMBER TIENKAMP **Assistant Sports Editor** 

You know those rare albums that you listen to in the

car, and every time the next tune plays you say ... well, this is just fantastic!

The Chemical Brothers Brotherhood is pretty much that in a nutshell, only if you like them, of course. The two British brothers keep to most of their electronic roots, putting together a good mix of older mixes and new songs.

And really, that's what a definitive singles collection album should be. You shouldn't want to

skip past a song. Although I will admit Galvanize has been played way to much, and although it is a great song, it was one of the few tracks I chose not to listen to.

But you know the album is good when you have people get into your car and they say, "Hey, do you think this song is on there? I love that song!" and then they search

almost a week, and it has yet to be replaced by some burnt CD from Grade 11. Each song is worth hearing all the way to the end, and different tracks have different moods. It's not all just jump-

to song 14 and wham! there it is. I have had the album for

ing around slash dancing with one hand in the air pointing like you know what your doing. There are a few lower key songs and is for sure a wellmixed set list. I of course have songs that I just can't stop listening to, such as the songs Believe and Star Guitar, and

not just because their names sound so inspirational. They have some good lyr-

ics, and both have beats that build up and don't disappoint you in the end. Track 9, Keep My Composure, is my new favourite. There is some criticism that the Chemical Brothers are selling out a bit by doing so many songs with guest appearances from other singers. I think that especially with this album which has a mix of both old and new, it shows the bands ability to attract new listeners and keep the old ones

happy. If you enjoy the Chemical Brothers I suggest picking this up. Even more so, due to the bonus that comes with the album Electronic Battle Weapons (look out!), and a free postcard. So, what more could you want?





1's. But, it seems he has carried that habit over to "Brass Knuckles" with his second released single called Stepped on my J'z, preaching his obsession with Nike Air Jordans.



So, just how are the studies going? Courses harder than you expected? Exam results not yet what you promised yourself? Exam anxiety, stressful workload, that part-time job all starting to get to you? As well as the superb student support services NAIT offers, you might also consider a day off, a change of scene, some therapy.

being tied to a desk 100 per cent of the time. The OUTDOORS is what you should think about. All that fresh air for free.

What am I talking about? Well, the NAITSA Outdoors Club offers you a choice of activities and people to go out with to share the fun. Some of them can encourage you, share their own stories, demonstrate their own knowledge (sometimes even certified expertise!) The NAIT Outdoors Club might be exactly what you need.

OK, so we go out in the cold and wet. But what's the point in getting out of the car to sit round a campfire or to drive across some of this awesome countryside and sit in a timber cabin next to a log fire without something to reflect upon? Whatever would you talk about - ah, school!

No, how about this; speeding down a snowy slope, twisting left, right, left again as your skis or snow-

board make your heart race so fast the cold on your face becomes irrelevant.

Perhaps stretching those legs. A hard days walk through some of Canada's finest landscape. "We're going up there!" you cry as

# Upcoming events

# NAITSA Club Fair

When: Oct. 28; 11 a.m. – 1 p.m. Where: The South Lobby Note: Come and visit each booth for a chance to win Oiler tickets!

**PFT 2009** 

Event: Bake Sale When: Thursday Oct. 30 Where: NAITSA office

# **Bumpin House Dance Krew**

**Event:** Practice: Hip Hop, Electro and Pop When: Thursdays 3-4 p.m.; Fridays 6-9 p.m. Where: Studio (S112)

# **Petroleum Club**

Event: Beer Garden When: Thursdays Oct. 30; 3 p.m. Where: Annex Dock

## **NAIT Photo Club**

Event: "A Shot in the Park" photo instruction/shoot When: Sunday Oct. 26; 11 a.m.-2 p.m. Where: Hawrelak Park, Picnic Site 4

NCIT

Event: Movies/Video Games/Candy When: Oct. 31 Where: HP Centre, 3rd floor

you arrive at the National Park parking area. Yep, the Rockies, it's not (quite) Everest, but its there for you to enjoy. Of course, there are always those textbooks back home. You could always find the summit of the next chapter. Alternatively, stay with the other walkers ... best foot forward, one step at a time. The ecstasy of remov-

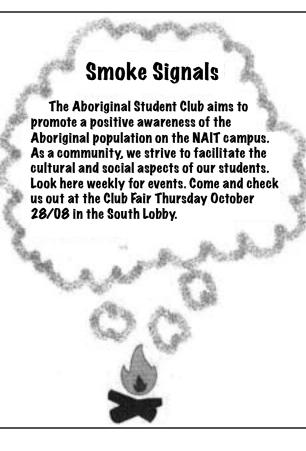
ing those boots at days end can be something beyond words. The nature and beauty of what you absorb can never be experienced in a city.

Or maybe your bum gets numb trying to get comfy in the kayak seat before you get to that waterfall ahead, the one they warned you about. All of a sudden you start to speed up, you dip the paddle left then right to straighten the canoe as the current carries you along. Then the river disappears from below you and you're airborne – just for a moment – that waterfall was closer than you thought ... what numb bum?

Often the thrill of these activities is the risk involved. Water-sports are a good example of this. To be able to confidently traverse a waterfall or other difficulty some instruction will always benefit. Mother Nature can turn against the adventurous or exploring man/woman very quickly. Practice exercises and a few quiet words of instruction will turn a potential disaster into a personal tri-

umph over a minor problem.

Due to the pool and facilities at NAIT, a local kayaking club, the Mistaya Paddling Club, runs indoor sessions throughout the winter starting at the NAIT pool as of Oct. 17. Regular drop-in sessions for members (and non-members) to come out and practise their skills on Friday nights (7-8:30 p.m.) and Sunday afternoons (4-5:30 p.m.) for drop-in fees of \$10 (members) or \$15 (non-members). Also basic courses are offered throughout the fall/winter. Lessons start Oct. 31 and will run each Friday night for four weeks from 7:30-10 p.m. The same course again on Sundays runs for four weeks (3 -5:30 p.m.) starting on Nov. 23. Cost for courses is \$125 and all equipment is provided. Once students have taken the Level 1 course, there is an option to take a Level



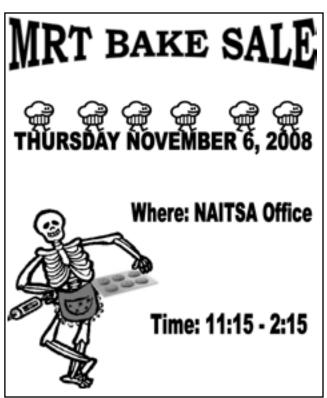
2 course to build further skills (same format/cost) and then in the spring we offer a moving water course on a river for those students who have decided that they want to become recreational whitewater paddlers. Both the October and November courses are about half filled so far, so there is some space remaining.

The Mistaya Paddling Club can be found at (www.mistayapaddlingclub.com) for photos, additional info and e-mail addresses.

Examples of the types of activities that the members of the Outdoors Club have expressed interest in are: archery, bungee jumping, canoeing, caving, camping, cross-country skiing, hiking, horseback riding, kayaking, mountain biking, parachuting/ sky diving, rifle range (target) shooting, rock climbing (inclujding indoor and abseiling), scuba diving, snowboarding, snow mobiling, snowshoeing, water skiing and whitewater rafting.

If you are interested in things going on through the Outdoors Club, please check the web site at http://sites.google.com/site/naitoutdoorsclub/ or contact me.

> Alistair Brown, President, Outdoors Club, alibrown@shaw.ca

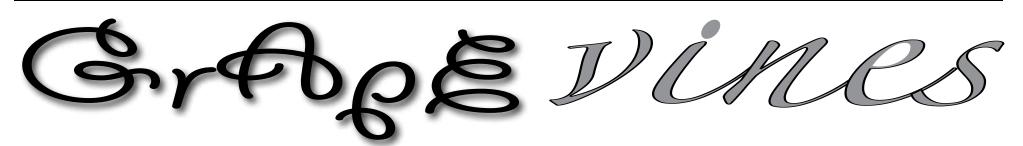








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What's with the chips getting more expensive and getting fewer and fewer chips in the bag? \$1.25 for a small pack and \$1.50 for a bag with five more chips in it!

# – Counting chips

This election was a waste of time and money. Trust me, I've found that out when it had that type of voter turnout, less than Confederation times ... I was really surprised. Let's compare today to back then. What did they drive? Horse and carriage. What do we drive now? Cars, did they usually die from? Dyptheria, flu, infections. How about us? Cancer, heart attack. What type of roads do they have? Nothing. Maybe some gravel ... if they're lucky. What about us in terms of roads? There are actual roads. Do you know what I'm getting at? We have a much greater chance of actually getting to the polls than they did at that point. We have cars and whatnot to get there ... not a horse and carriage! We're not dropping like flies and dying when we're 35. Need I say more? I think it's a disgrace to

buses, planes, etc. ... What diseases this country to have such a low voter not! did they usually die from? Dyptheria, turnout.

We don't die by going to the polls. We don't get shot at. In other countries, that sort of stuff does happen. Maybe we should ship some of the population over there and see how they feel about voting in Canada afterwards. I could go on ... Another thing that really bugs me is the type of representation that exists. I mean, the popular vote model would be a lot more promising. The Greens got a good chunk of a vote, and they get no seats again? How fair is that? It's – Vote or No Vote ●●●

Why is the international student center closing? Where are the international students suppose to go? - Home away from home

••• Hey I am loving the baked pota-

toes in the common market!! I don't know who came up with that idea but GREAT JOB!!! - Carb lover

••

Why are all the respiratory stu-

dents so good-looking? Is it a course requirement?

# - Loving the blue

Bad grammar and spelling mistakes are my two biggest pet peeves! Get it together!

- Good grammar girl

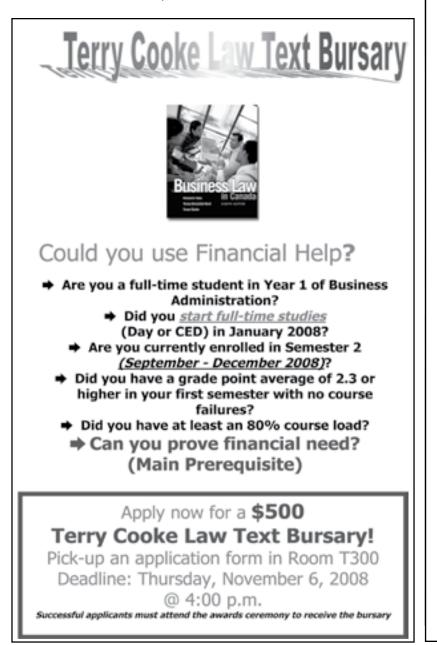
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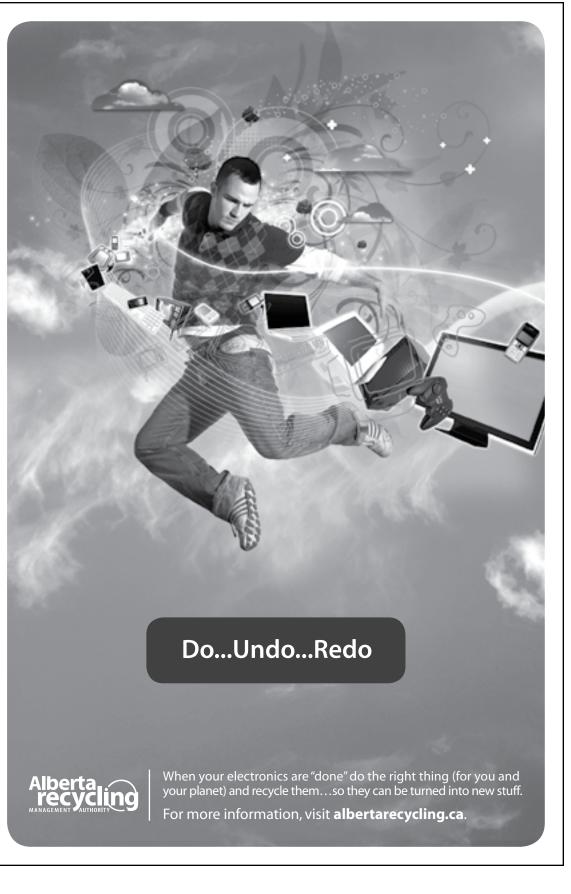
We need more change machines in this school. Taking late night classes means we have to use the vending machines. I've got no change because all the change I had went to parking!! - Starvin Marvin

In Grapevines, you can speak anonymously to other students. Contributions: grapevines@thenuggetonline.com

# EDMONTON RAGA-MALA MUSIC SOCIETY

In honour of its 25th anniversary, the society proudly presents: From India: NIRUPAMA AND RAJENDRA – A stunning performance in Kathak and Bharathanatyam style dance PROGRAM NAME: "Ojhas" - North meets South DATE: Nov. 1, 2008 (Saturday) VENUE: Myer Horowitz Theatre TIME: 7:30 p.m. TICKETS: \$20 adults, \$15 students and seniors NAIT Students: \$5 (Subsidized) – Student ID required. Complimentary refreshments served during intermission. Please come and enjoy the show. Bring your friends along. INFOLINE: 780-445-7771, 780-436-1223









# MARGARET MAREAN NAIT Student Counselling

1) Do as many practice questions as possible. Math is learned mostly by doing problems, not by memorizing.

2) Attend class every day and take **complete step-by-step notes**.

3) New material builds on what you have already learned. Take responsibility for studying and recognizing what you do and don't know. Get help with concepts you don't understand.

4) Study math before your other subjects, especially if it is a weakness for you – you are most alert when you first start to study.

5) Understand, don't just memorize, formulas. Be clear about when and how to use each formula you learn (i.e. What type of problem is it used for? What type of wording should you watch for? What are the steps to solve the formula?).

6) Make sure you understand the

Management

Health care

Office administrati

**problem**. Read through the problem to get an overview. Reread it to identify exactly which quantity the problem is asking you to find a solution for. It sometimes helps to underline key parts. It is always a good idea to guesstimate an answer.

7) **Devise a plan** – Convert word problems into mathematics (i.e., find equations which describe relationships among the variables and describe the goal of the problem). Use one or more of the following:

Think of every formula or definition that might be relevant to the problem
Work backwards; ask "What

do I need to know in order to get the answer?"

• Look for a pattern

• Draw and label a picture, diagram, or table

• Solve a simpler related problem

• Relate the problem to similar examples in your notes or text

• As you progress in your course many problems will require several steps. Break these problems down into smaller pieces and solve each piece.

Always double check your calculations.
8) Use your homework assign-

ments as practice tests. Go through

your notes and then set the timer and work through your homework without referring back to your notes. When you are finished go back and use your notes to complete the questions you didn't get. Mark questions that you didn't get and redo them later. You do not know the material well enough to succeed on an exam if you have to constantly refer to your notes while doing your homework.

9) The best way to learn a topic is to **teach someone else**. If you can explain a concept to a classmate you know that you really understand it.

10) If you're having trouble get help asap:

• Set up an appointment with your instructor.

• Form a study group – brainstorm solutions to difficult ques-

tions together.

• Use the Tutorial Centre on campus (Room A133) or hire a peer tutor (sign up at the Student Counselling Centre, Room A172).

• Counsellors are available to help you with study techniques or to help with personal or career choice problems that may be interfering with your success. Book in person at Room 0117 or call 378-6135.



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MADAME O

# **OCT. 3-OCT. 9**

(Warning: Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

# Libra (Sept. 23-Oct. 22)

Tomorrow's your lucky day! If you have not recently been paid, expect a small sum of riches to find its way into your pockets just in time for the weekend, bay-bee! Feel free to indulge and treat yourself to something fantastic on Saturday. Special note to the ladies: Use that money and go to the spa. It's time to wax that upper lip. I didn't want to say anything,

## but get it together, already. Don't fool yourself into thinking no one can notice it. We all have eyes.

# Scorpio Oct. 23 - Nov. 21

I lied last week. You were NOT having a great hair day. In fact, your hair kept sticking up in the back and was even more puffy than usual. Today, however, you will indeed have a great hair day. People will not be as fed up with you as they usually are, but they still will not want to sit beside you in class due to your rampant B.O.

## Sagittarius Nov. 22 - Dec. 21

A warm smile from a stranger will soften that cold lump of flesh ticking in your chest. I would normally suggest that you return the good energy to the universe this week, and do something nice for a friend. Unfortunately, we both know that your friends are ingrates and will take you for granted as usual.

## Capricorn Dec. 22 - Jan. 19

I foresee tears, deep heartache and disappointment in your immediate future. You should probably start studying for your exams ... just a thought.

## Aquarius Jan. 20 - Feb. 18

Your friends are starting to resent you because they are secretly jealous of your ability to be as lazy as you are, yet still manage to get through school. They also don't like your haircut. Neither do I.

# Pisces Feb. 19 - March 20

Just as you've suspected, the cutie in your class has been keeping an eye on you for quite some time now. In reality, your crush has been puzzled by your inexplicable fashion sense, and is wondering if you ever look in the mirror before you leave your cardboard box.

## Aries March 21 - April 19

You, my friend, are a hothead. That is all.

# Taurus April 20 - May 20

No, you're not the only one who thought the Flo-Rida concert was wiggity-wack. Though you will never get those precious hours back, you can feel satisfied knowing that just like you, Flo-Rida also thought it was wack, and just like you, he would probably do just about anything for a paycheck. Ain't no shame!

## Gemini May 21 - June 20

This week, when people see you coming, and they immediately look away, pretend you didn't notice their attempt to snub you and take it as an invite to start talking to them. They've waited all this time to smell your hot breath. Do not deny them.

## Cancer June 21 - July 22

You know what, Cancer, I have nothing against you this week. You've managed to pull your act together sufficiently. Kudos! Make the best of your positive cosmic aura this week, and do something risky and out of your comfort zone! Nothing will go wrong, as the world is your oyster this week (unless you are allergic or don't like oysters, then you are out of luck).

## Leo July 23 - Aug. 22

Take pride in your incredible fashion sense and astonishingly good looks this week. Deep down, you know everyone else would be doomed were it not for the light shining off your delicate features to give us all hope. Bask in your own glory the rest of this week, as by Saturday morning, a small planet masquerading as a pimple will erupt on your nose.

## Virgo Aug. 23 - Sept. 22

I knew you weren't going to vote this year. You sack of poop. OK, that was harsh. I'm sorry. I just wanted a chance to say poop. Poop. Now, back to business. This week, expect a wave of unusually good luck. You will finally find that half-eaten sandwich that has been plaguing your bedroom in a nail-biting round of naked, solitary Twister.



# **OPINION** Time to pitch the penny! **KELLY TRAGER**

# The Link (Concordia University)

MONTREAL (CUP) - Working as a bank teller, I deal with pennies every day, and the simple truth is that all people want to do is rid themselves of the pesky wallet weights.

Nowadays, nothing can be purchased for one cent. Vending machines, parking

meters, and laundry slots discriminate against pennies. Canada is one of the few industrialized countries still tossing these coins to the ground, or if you're like me, into a jar.

Australia got rid of its onecent coin in 1992, and as of January of this year, both Israel and New Zealand have discontinued their five-cent and one-cent coins. These are only a few of the many countries that have lightened their pockets since the early '70s by discontinuing small change.

The campaign to eliminate the penny in Canada may have been given a boost last week. According to documents from the Bank of Canada obtained by Jack Branswell and Ken Meaney for the CanWest News Service, the penny does not pay for itself.

So we need to ask ourselves, who is winning by continuing penny production? The government is losing up to half a cent with each

penny produced, consumers are weighed down with useless change, and stores must count the low value copper coins.

When New Democrat MP Pat Martin introduced legislation earlier this year to get rid of the penny, he recommended that Canada round down purchases using the system called Swedish rounding, employed in Australia.

With Swedish rounding, the total monetary cost of a purchase is rounded to the closest unit of physical currency; this only applies to purchases done with cash.

Eliminating the penny will have little-to-no effect on the economy as consumers only gain 1/40 of a penny per transaction.

During a financial crisis, why should Canada waste \$130 million a year making useless money?

You may think that when you pick up a penny you will have good luck all day, but the truth is you won't. The phrase, originally referring to a pin, not a penny, has been misquoted for a century.

The penny, a word derived from a pence, seems to be as outdated and miscalculated as this phrase. Maybe if we throw enough pennies into a fountain, close our eyes real tight, and make a wish, they will finally disappear.



What if they held that international conference right here in Edmonton?

- Let us know which conferences you attend!
- We can contact the organizers to let them know how Edmonton can meet and beat their expectations.

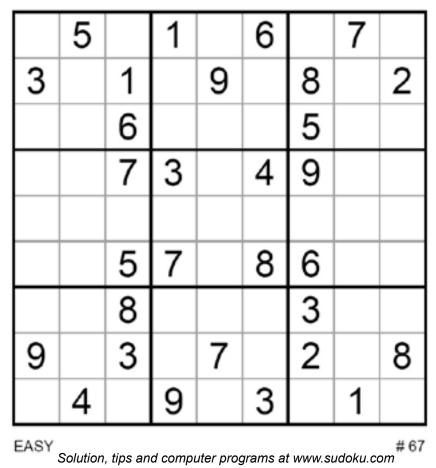
www.bring-them-home.ca or phone: (780) 917-7610

What conferences do you attend? Tell us and you could win a \$100 gift certificate for cakes and pastries from our award winning Pastry Chef. Draw date October 31, 2008



# su|do|ku

C Puzzles by Pappocom



Solution: Page 18



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The Northern Alberta Institute of Technology Students' Association (NAITSA) is a nonprofit corporation that provides services, representation and advocacy to approximately 17,000 full and part-time students.

NAITSA is currently seeking a part-time accounting clerk. We require a team player confident in a fast-paced, exciting, flexible environment. The primary purpose of this position is to assist in the bookkeeping of the Association and to ensure all financial matters are properly recorded, reconciled and processed in a timely manner. The focus is on keeping the Association's financial books current and accurate with respect to all postings within the general ledger while working collaboratively with all staff.

Qualifications:

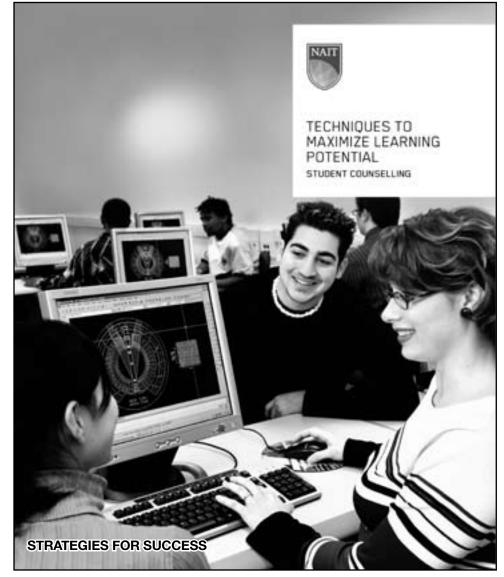
- Previous experience working with payroll, accounts payable and receivable, deposits, bank reconciliations, journal entries and general ledgers considered an asset but not required.
- Excellent communication skills (oral, written and technological) are required.
  Working computer software knowledge of Windows XP, Microsoft Excel and Microsoft
- Working compared contracts knowledge of Windows XL, Microcont Excert and Microcont Word is required.
  Students currently in the Accounting Program are welcome and encouraged to apply.

Deadline for submissions is no later than 4 p.m. on Thursday Nov. 6, 2008.

Please submit a resume, along with a cover letter, to: Shannon Marshall Human Resources Advisor/Assista

Human Resources Advisor/Assistant to the E.D. 11762 – 106 St. NW Suite 4000 Room E-131 Edmonton AB T5G 3H4 Submissions can be made electronically by fax or e-mailed to: Fax: (780) 491-3989 E-mail: ShannonM@nait.ca

We wish to thank all applicants for their interest; however, only those applicants chosen for interviews will be contacted. No telephone calls, please.



Pick up your free copy at Student Counselling, Room O-117

# Gifts ... Prizes ...Gifts ... Prizes ...Gifts ...Prizes ...

\*NAIT Students\* Drop by Student Employment (O117, South Lobby, Main Campus) to pick up a FREE gift which will enter you in a prize draw for a desktop technology gift set. Prize includes wireless optical desk mouse with wireless receiver, USB 4-port hub. Prize draw will be take place on Oct. 31.

# **Classifieds**

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# **STEPS TO SUCCESS** Understanding is the key



# SHANT CHAKMAKIAN

Life is complicated and so are other people. It is a challenge to understand or relate to another person when we are not that person.

It is hard to feel what another person feels and know what they know unless you were them in the exact same situation. However, you can try.

In our limited understanding of the universe and each other, people tend to focus on mostly themselves. And so seeing another's side, seeing where they come from and how they feel in most situations, is difficult.

Gilbert Chesterton once wrote: "If you do not understand a man you cannot crush him. And if you do understand him, very probably you will not."

It's a good saying, considering the fact that whenever anyone gets into an argument, fight or negotiation, they feel their side is right and generally don't consider the counterpoint.

Time and time again people get into arguments and disagreements, not even thinking where the other person is coming from. It's hard to think of the other person's point of view, unless you try.

One of the keys to success in dealing with people is to put a point of view forward in terms that the other person can identify with and wants.

Put your opinion aside and put yourself in the other person's shoes. Ask yourself the following questions: Where are they coming from? What do they want? How can they get it? What will make them happy? What do I want? How can I get it? What am I willing to compromise? How can we all win?

Asking those questions is the root to creating a win-win situation, and win-win situations are the foundation to creating synergistic relationships.

When you feel yourself going into an argument, try not to escalate; stop and listen. See if the other person makes a valid point and try relating first.

Try telling the other person how you feel. If that doesn't work, evaluate your tone, body language and demeanour. By lessening confrontational and threatening behaviour you open up the person to understand your side as well.

Completely understanding someone may not be easy or common, but as long as you try, you build a bridge that will get you across tough waters.

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9	6	3	5	7	1	2	4	8		
5	4	2	9	8	3	7	1	6		
Solution for Sudoku #67										

# Are you an Aboriginal student at NAIT?

If so, there is a centre right on Main Campus designed specifically to meet your needs! The EnCana Aboriginal Student Centre is a great alternative to many of the study and work spaces available on campus. Unique features of the centre include cultural awareness workshops, mentorship programs and many business services such as fax and computer access. Even if you are not self identified through NAIT, you may still make use of all the programs and services offered! The EnCana Aboriginal Student Centre is available Monday to Friday, 8 a.m. - 4:30 p.m., Room E-121. Questions?

Please feel free to contact Stephanie Bean, co-ordinator of Aboriginal Student Services @ (780) 471-7839, or at sbean@nait.ca . Come by the centre and we would be happy to give you a tour!

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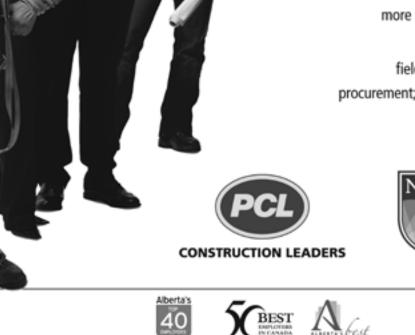
Talk careers in the skilled trades; project management; field management; estimating; safety and loss prevention; procurement; engineering technologies; finance and administration; quality; system and technology; and administrative.

> 3 – 5 p.m. North Lobby NAIT Main Campus (11762 - 106 Street)

Tuesday, November 4 NAIT

Thursday, October 23, 2008





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