

FREE MOVIE - "THE LOVE GURU" - Nov. 4

# THE NUGGET

Thursday, October 30, 2008  
Volume 46, Issue 9



Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA



Photo by Jason Buie

## PICTURES IN THE PARK

Photo Tech students Yesan Ham, left, and Raymond Ip take photos of someone taking their picture during an outing by the NAIT Photo Club at Hawrelak Park on Oct. 26.

# NAIT'S CHEFS DAZZLE ON WORLD STAGE

Story on Page 2

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**THE NEST**

— YOUR CAMPUS RESTAURANT & LOUNGE —

### Daily Specials:

Monday to Friday Happy Hour 4 - 7 pm

Domestic Jugs \$10.50

Domestic bottles \$4.25

# NEWS & FEATURES

## World applauds NAIT chefs



**CHRISTEN LONG**  
Issues Editor

An exhausting 24-hour marathon to finish their culinary creations ended with massive victories at the World Culinary Olympics for NAIT's chefs. The chefs, all recent graduates of the Culinary Arts Program, flew to Germany on Wednesday to compete on Sunday, Oct. 19. They won five medals for their droolicious dishes; gold for Jack Lee, gold for Tang Pham, silver for Norman Brownlee, and bronze for both Jack Pelletier and Norman Brownlee.

Accompanying them were team captain/instructor Vinod Varshney, several other culinary teachers, two students, and a NAIT communications team documenting this year's trip. They left Edmonton overlaid with heavy Styrofoam coolers filled with food and meats pre-prepared at NAIT's kitchens.

Despite this, slicing, dicing and glazing the dishes kept everyone up from dusk till dawn.

"The pace was steady and relentless," said videographer and TV instructor Perry Thomas.

"The culinary team worked without sleep and very little rest ..."

Gold winner Jack Lee agreed. "Everyone was working over 24 hours straight," he added.

"There was no time to look around. We were all focused on our own dishes because time was running out very quickly that morning."

The prestigious competition, considered by many to be the most important event in this field, happens once every four years in Erfurt, Germany. Teams come from over 35 countries for a chance to showcase the best of their countries' cooking talent. Competition is fierce, and only a small number of entries even place. Lee says the stiffest competitors the team faced came from Norway.



Photo by Jason Ness, NAIT

**Culinary Team NAIT members Norman Brownlee (bronze), left, Jake Pelletier (bronze), Chris Tomkee (gold), Jack Lee (gold) and Tang Pham (silver) celebrate their world class achievements at the 2008 Culinary Olympics in Erfurt, Germany.**

While there, Thomas says the chefs stayed at "a nice little 2.5 star hotel in Erfurt," Hotel Sonja.

Thomas added: "There were some very stressful moments and some words were spoken. But, you have to expect that in a situation where people are under an enormous amount of pressure and are sleep-deprived."

Despite the pressures, Lee says everyone at the show was "friendly. Everyone was taking pictures."

The mouth-watering dishes included cured salmon appetizers, scallop mousse and stuffed calamari. The desserts included petits fours decorated as bills and coins.

But Thomas didn't get to taste any of the winning food. "A little known fact about the Culinary Olympics is

that the food is not edible," he lamented. "The plates are coated with several layers of a glazing liquid to preserve their appearance for judging. It's all about presentation."

Lee thinks his college turns out world class chefs because of "the support from coaches and everyone from the kitchen."

This is NAIT's second year in the competition, and plans are already underway for 2012.

To try gourmet dishes without the pesky glaze, book a table at NAIT's resident restaurant, Ernest's, which boasts the delectable expertise of graduating students.

More pictures of the Culinary Olympics can be found at: [www.flickr.com/photos/nait](http://www.flickr.com/photos/nait).

## International students will have centre

**By MARISSA PURA**  
Assistant Issues Editor

Bruce Belbin, associate vice-president of Student Services, has provided some new information regarding the impending closure and relocation of the International Student Centre (ISC).

A story in the Nugget last week indicated that the centre would be closing in the near future and likely would not reopen until next fall.

Belbin wishes to clear up any misunderstandings that may have arisen over the issue.

"The current ISC will tentatively close in early spring, at a time when students will be minimally disrupted," said Belbin in

an interview. "The new centre will open shortly after as per our plan."

He added that it is important to note that the ISC staff will still be available to assist students.

Although we know the new location is to be set up in E-Wing, Belbin states, "no specific location has been identified yet, but it will be accessible and renovated to the standard currently enjoyed."

The ISC hopes that the relocation will move its patrons closer to the core of campus activity. The ISC intends to involve students in planning for the future of the centre.

"It's all about providing the

best resources," Belbin continued, "this is an institutional investment."

Belbin explains that the existing location of the ISC may be transformed into a contact centre for all NAIT students. All correspondence between students and staff will be received and handled there.

"Right now, the current location may be used for a new initiative at NAIT ... the development of a one stop contact centre," he said.

"This is where all inquiries through phone, e-mail and web will be fielded and responded to. It will greatly improve student ser-

vices for everyone and is part of our greater commitment to a full service model for everyone who attends NAIT."

Belbin apologizes for any worry or confusion caused by the signs posted in the ISC regarding its impending closure.

"That was an unfortunate miscommunication of the message and the timing, purely a mistake."

"I hope the simplest reinvestment will be a measured improvement in satisfaction from students who use the ISC and a measure of growth of our International students generally," Belbin says.

"We are here to support and serve them all."



**Bruce Belbin**  
New centre assured





## SNACK TIME

Photo by Javier Salazar

EET student Eric Morin gets some free popcorn from NAITSA Events Co-ordinator Kristine Monteiro at movie night at the Shaw Theatre.

# NAIT students build homes

By **CHRISTEN LONG**  
Issues Editor

Twelve Edmonton families are getting brand new homes just in time for Christmas, thanks to the hard work of Construction Engineering students from NAIT.

With the severe housing crises, and the double whammy of an uncertain economy, the efforts of the students building the homes are needed even more than ever.

Sixty first year students from Construction Engineering Technology, along with Culinary Arts students (who provided lunches for the crew), teamed up once again with Habitat For Humanity from Oct. 20-24.

"The students put in eight hours a day for the five day week," says head instructor James Ayres. "We do the volunteer work as part of the practicum."

The hard-working students provided expertise in framing and finishing and put the

final touches on 12 of the 18 duplexes at the site they were on. Located on the north side of the city, six of the homes were finished and dedicated on Saturday, Oct. 25.

Habitat For Humanity is an organization that builds homes for low-income working families who can't afford high mortgages.

The homeowner puts a large number of "sweat-equity" hours into building the home, and Habitat contributes the rest.

It's a North American charity that's been building homes in Edmonton for the past 17 years.

Ayres adds: "This is Construction Engineering Technologies fourth year at this."

And since the department has made it a part of the practicum, it won't be the last.

There's no doubt that the lucky families who get the new homes will be having one of their best Christmases ever.



IT'S BACK! THE EVENT YOU'VE WAITED  
ALL YEAR FOR!!

**\$2.00 a pop**  
**Every balloon wins a prize!**

Prizes include: **pairs of Oilers hockey tickets, Oilers jerseys, a signed Oilers hockey stick & much more!**

Begins October 30th at 7:30am at the NAIT Bookstore\* & continues until all balloons are sold.

**All proceeds will be donated to the United Way.**  
\* Main, Patricia & Souch campuses



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**Submissions encouraged.**

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**THE DEADLINE IS ...**

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

## Letters

**We want your views**

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

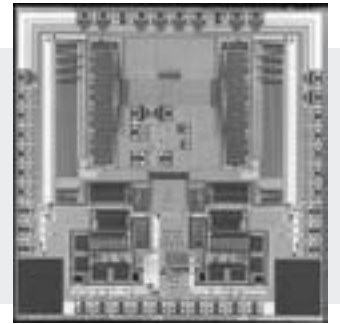


*Tech  
Talk*



SHANT CHAKMAKIAN

# Windows 7 heaven?



Is Windows Vista done? Microsoft has announced at its Professional Developers Conference early this week that it plans to release a full Windows 7 beta early next year.

Microsoft also distributed a pre-beta build to attendees, so that software developers can start getting an idea now of how Windows 7 will shape up.

"We are focused on enabling the creation of the next generation of user experiences that change the way we live, work and play" said Ray Ozzie, chief software architect at Microsoft.

Microsoft promises to deliver innovative new features while focusing on application and device compatibility as a response to some of the failed enhancements in Windows

Vista. Microsoft has also lost market share due to the fact that Vista hogs resources.

Windows 7 promises to offer more choice in how users interact with their PCs, such as through multi-touch gestures. With Device Stage, Windows 7 enables people to get more from the devices they use most often with their PC, such as cameras, phones and printers.

Windows 7 also promises to make it easier to use home audio-video systems and other networked media devices to play music, watch videos and display photos that reside on Windows-based PCs. Windows 7 will also offer more options than ever to customize and personalize Windows-based PCs with styles that match the

user's personality.

With the revolution of high speed internet, Microsoft also plans to offer office applications via the web. This will be offered to businesses through a hosted subscription and existing volume licensing program.

Windows 7 will also be integrated with the Live Service platform. Microsoft emphasized that its Live Services platform is the means by which products such as Windows Live, Office Live and Xbox LIVE deliver experiences that span beyond the level of a single PC, mobile device or the web.

Although all these enhancements and changes may sound like good news in terms of technological enhancement to some, some analysts

see it as a panic.

When Vista was released, it met the market with much resistance, as did Windows XP; but those who resisted Vista had a good argument. It was a hog. Windows Vista meant that most computers had to either have major upgrades or be replaced altogether.

"Vista is bigger than XP. It's going to stay bigger than XP," said Steve Balmer at a Microsoft MVP conference. Vista was engineered to be flashy, with many bells and whistles, allowing the user to be "wowed" by the interface, but it needs a lot of horsepower.

Having a graphics intensive interface and a large kernel does not help business users who are trying to do

serious work. Those of you who are running Vista, the best tip I can give you is to turn off all Visual Effects features located in the performance settings under the advanced tab of system properties. With the flashier graphics turned off you will notice a sizeable performance increase.

As far as Windows 7 goes, stay status quo where you are. You may not be able to buy XP easily, but it doesn't mean you have to get Vista. The best is to stay with what works for you and let the market sort out the rest, or get a Mac.

*Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at [shant\\_c@hotmail.com](mailto:shant_c@hotmail.com). I value and look forward to your input.*

# Open letter for feedback

BRENT CONSTANTIN  
President, NAITSA

I need your feedback on the issue of locker theft problems we've been having on campus. NAIT, like any other public building with easily assessable locker storage, has a theft problem. NAITSA receives numerous reports from students regarding locker break-ins, and we are actively working with NAIT to advocate for increased security measures.

Information I received in mid-September, from NAIT Security, pegs the number of reported thefts on campus at 86 since last January. Mind you, it's now the end of October, and, when I originally requested the numbers there had already been 24 reported break-ins by September 16, so the problem appears to be escalating.

As I've been advised, there are areas that are definitely more of a target than others, such as E,F,G,H,J, and L buildings (you can locate these on any campus map).

That's not to say that other areas aren't hit, but it appears like that highest risk belongs to those areas that are in the older buildings, on hallways that have little foot-traffic during class time and to program areas that traditionally have more valuable equipment in their lockers (dental, electronics, etc.). Thieves seem to be avoiding areas with more visibility, like the HP Centre and the NCAT building, both of which are designed with more windows and include surveillance systems.

Of course preventative measures are always best and I encourage all students to be careful of what they're putting into their lockers. As

someone who's had two bicycles stolen from NAIT over the past two years I've realized that it's ultimately your responsibility to ensure your investment (books/electronics/clothes/whatever) remains secure.

But, even the best locks can be broken and, sometimes it's just impractical to expect you to carry all of your materials from class to class and then home at night (or maybe not, I see more and more "luggage" style bags around campus).

So, while NAITSA will continue to ask for more and better preventative measures I've been thinking of some ideas that I wanted your feedback on. Keep in mind these are just ideas and completely hypothetical at this point.

I'm considering the implementation of some kind of locker insurance policy that would allow students affected by theft the ability to recoup some of their losses and ease the strain on those that are already in a position barely able to meet their needs financially.

I've inquired at several insurance providers and what I heard was that, for the small claims that I'm looking to cover (less than \$1,000) the deductible would make the process to file claims ridiculously impractical.

So, I've been turned onto the idea of the Students' Association possibly self-insuring and operating the service internally. I won't go into too much detail on what this might look like (because the claims get a little murky for me), but, roughly, if you have your locker broken into you would have a report filed with security, and provide the SA with some sort of proof of what was lost, with certain things unrelated to class not covered.

What I'd like some feedback on is the need for this service:

- Is this something you'd like to see your Students' Association move towards?
- Is this a service that you think will be too easily abused?
- Should your student fees go towards

this provision?

Let me know at [bconstantin@nait.ca](mailto:bconstantin@nait.ca), even a short e-mail is better than nothing.

I look forward to hearing from you.

*From the fishbowl,  
- B*



## Do you know what to do during an emergency?

Join Campus Security Services and Occupational Health and Safety for a presentation on emergency preparedness.

**Date: Nov. 10, 2008**

**Place: Shaw Theatre, Main Campus**

**Time: Two sessions: 11:15 a.m. - 12 p.m. and 12:15 p.m. - 1 p.m.**

Visit [www.nait.ca/security](http://www.nait.ca/security) for the webcast.



# OPINION

— Editorial —

## Up side to down times



**CHRIS CARMICHAEL-POWELL**  
Editor-in-Chief

business owners but things don't look all that bad from a student's perspective, well not mine at least.

According to Canwest News Services in a article published on Oct. 8, the International Monetary Fund projected that Canada next year will have the fastest growing economy of the G7 major industrial countries, at 1.2 per cent, despite virtually no growth of just 0.1 per cent in the U.S., Canada's main export market.

This may not be the best news, but wow, for once Canada is first place in something besides hockey. We are still currently projecting a national surplus this year.

### Cheaper gas

The biggest change I have felt in the past few months is rapidly falling gas prices. If you can find one student that is not happy about the plummeting price of gasoline, then they clearly don't drive, and if they do, let me have a quick chat with them, I'll straighten them out right quick. Yesterday I pulled into the gas station to fill up my tank, and it cost \$35! Are you kidding me? That is a steal compared to the amount I was dishing out a month ago. We can finally start filling up our cars without dipping into our savings or cashing in our student loans.

I felt like that lady in the IKEA commercial. Granted I did get a lot of awkward looks when I ran out of the gas station screaming, "Start the car, start the car!" It was about that time my passenger hid in the backseat, covered herself in a blanket, and ducked out of view.

According to Albertagasprices.com gas prices peaked at an average of 136.8 cents per litre across the province on Sept. 15. Since then the gas prices have been rapidly decreasing. Oct. 27 prices were sitting at a provincial average of 98.86 cents per liter, a 27.74 percent price drop from the price on September and lower than the provincial average, one year ago today, of 99.85.

### Students have time to recover

Reading the *National Post* this week, I discovered Petro-Canada has lost half its market value, Suncor is down 61 per cent and Teck-Cominco has dropped 75 per cent, and this is only since the end of August. If you currently have hundreds of thousands of your retirement money tied up in stocks and bonds and hoping to retire next month, I'm not going to lie to you, you may be in a pickle. On the other hand if you're a student in your 20s, and have a few decades to go before you plan on trading in your name tag for a shiny new putter, then you have plenty of time to invest in the market. Frankly, this would be a great opportunity to do it!

We live in a cyclical economy, people, meaning the market goes up and down like a roller coaster. While the market's down, what wrong with throwing in some money and riding it all the way back to the top?

Most important, don't pull out your investments. Keep your money in the market. Buckle up and hold on, as it's going to be a bumpy ride. However, if you play safe and make some smart investments, in the end it might all be worth the wait.

I'm not an economist nor am I an expert, but I can't shake the feeling that at least thus far, I'm truly OK with the economic downfall of the United States. Yes, we may be heading into an economic recession, and yes this may make things difficult for small and medium sized busi-



Stephen Harper's Nightmare

— Letters —

## Punish illegal parkers

I know parking is a problem here at NAIT, but it shouldn't be for those who have already paid good money for a parking lot. Parking in the Q lot can often be a gigantic pain in

the posterior. As I'm patrolling the lot trying to find a spot that I PAID for, I count about a dozen cars that don't have a Q Lot tag on their mirror. Then some "creative" parking

is required for me to get to class on time. Why doesn't NAIT security do their job and patrol that lot once an hour?

Quentin Coish

## Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to

the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.



# SPORTS

## The road to glory



By **NAHREMAN ISSA**  
Sports Editor

The countdown is on for NAIT's own women's basketball player Dale-Marie Cumberbatch as she chases the ACAC record for top scorer.

Earlier this year, on Jan. 18, Cumberbatch made ACAC history, as she was the fastest athlete to score 1,000 points. This is an unbelievable feat as most top scorers in the ACAC have taken four full years to achieve that mark. It only took Cumberbatch a year and a half.

She continued her ascent in the ACAC record books as she passed Grande Prairie alumnus Jennifer Seemann for second place in ACAC career scoring during a 75-70 Oaks loss to the Grande Prairie Wolves on Friday (Oct. 24). Seemann's mark of 1,316 points in 110 games was surpassed by Cumberbatch in just 53 games as she recorded 31 points.

Cumberbatch added 24 more points the following day as the Oaks lost 83-70 to the Wolves, while also averaging 9.5 rebounds, a 44 per cent field goal percentage, and scoring 25 of 31 free throw attempts through both games.

As of Oct. 30, Cumberbatch is sitting at 1,349 points. Top scorer Lisa Ozcan (Erickson) had 1,407 points before retiring after 80 games (in four seasons). With just 58 points between them, Cumberbatch looks to get the record in the next couple of games as she averages about 25 points a game.

While Cumberbatch has broken many records, this is the one that will last for a while as Cumberbatch has more seasons to go, many more records to smash. The *Nugget* will keep you updated with her record-breaking run.

The women's team plays a home-and-home series against the King's University College this Friday with the home game here on Saturday. Game time is at 6 p.m.

Come on out and cheer on your Oaks and Cumberbatch as she's about to make ACAC history.



Photo by Brendan Abbott  
**Dale-Marie Cumberbatch drives to the basket during a game last weekend against Grande Prairie.**

### Dale-Marie's March To The Record

Ook forward Dale-Marie Cumberbatch is on the brink of breaking the ACAC record of 1,407 total points in a career, which was set by SAIT's Lisa Ozcan (Erickson) in 2001 in her 80th game. Follow her progress on the chart below.



**Upcoming games:**  
King's @ NAIT, Friday, Oct. 31  
NAIT @ King's, Saturday, Nov. 1

## Two victories for men

**NAHREMAN ISSA**  
Sports Editor

It's nice to see the Oaks have worked on their penalty kill in practice. The men definitely used their PK skills this past weekend.

Coming off a 7-3 victory over the Augustana Vikings on Friday, the Saturday game turned out to be a parade, but not of the fun variety. Instead of floats and balloons, there were penalty boxes and two man advantages, but the Oaks still managed a 4-3 win.

The Oaks had 11 penalties during the game compared with five for the Vikings.

The first period saw the Oaks and the Vikings tied at one a piece with the shots heavily favouring the Camrose crew, 14-5. NAIT had four penalties compared to zip for the Vikings.

Heading into the second period, penalties continued to be a problem as the team was hit with another four minors. Goalie Anthony Heuer kept the Oaks in it after he faced a bar-



rage of shots due to the man advantages, including a huge save when he went down and did the snow angel to keep the puck out of the net.

Ooks captain Jeremy McKibbon got a 10-minute misconduct, the first of two misconducts the Oaks would get in the game. The teams alternated goals, with Augustana going ahead and NAIT playing catchup. Shots on net were more respectable for the Oaks as the period total was 17-12 in their favour.

The third period saw the Oaks get back on top, with an amazing give and go tic-tac-toe play that would have made it on the highlight reels around town. Jiri Prochazka (Ales Hemsky's childhood friend) passed the puck to Josh Butt, who played give and go with Shea Wilson. The Augustana goalie was caught off guard with the quick play, and the puck found itself in the wide open net.

A little later in the period, tempers started to flare as Oaks Kevin Reinholt was upended along the boards. The Oaks finished the period

with another three penalties.

In the end, Oaks head coach Terry Ballard and the coaching staff were happy the team escaped with two points.

"We played with a one goal lead and held them off the last 14 minutes. Our goalie played really well," Ballard said.

"We're happy with the result and give credit for weathering the storm of penalties."

Ballard wasn't too pleased with the game officials, and let them know it after the game.

When I asked what he was talking to the referee about, he said it bluntly.

"We were just exchanging addresses for Christmas cards," Ballard said with a smirk. "Our team had 11 penalties, and I only think our team deserved three."

Statistics for the game:  
**Ooks goals:** Jeff Topilko (2), Jeremy McKibbon, Shea Wilson  
**Vikings goals:** Ryan Cornforth, Karrim Krameddine, Ben Starbuck  
**Shots on net:** Oaks - 44 Vikings - 52  
**Ooks Player of the Game:** Jeff Topilko

1,407 pts.  
ACAC Record

Scores 24 points against GPRC Oct. 25	1,349 pts.
Scores 31 points against GPRC Oct. 24	1,325 pts.
Scores 25 points against LC	1,294 pts.
Scores 36 points against CUCA	1,269 pts.
Scores 11 points against CUCA	1,233 pts.
Dale-Marie to start season	1,222 pts.

Dale-Marie Cumberbatch

Record held by Lisa Ozcan (SAIT)





**NAHREMAN ISSA**  
Sports Editor

# 2 Minutes in the Box

So the Edmonton Oilers started off the season 4-0, but have now lost four in a row. Isn't it usually in January when we start to see them slump?

I'm not turning my back on the Oilers. Hell no, the scars on my knees aren't from jumping off the bandwagon ... they're from soccer perverts. Or are they?!

As frustrating as it is to see them falter like this, it's still early on in the season. The boys will just have to

regroup themselves as they head onto the road for a seven game road trip. It's the norm come every November as the Canadian Finals Rodeo hits our town.

Yay, cowboys ... and not the losers who wear the straw cowboy hats at western bars around the city.

Don't even get me started on the bar stars who show up to those places. The same goes to the girls who show up in the South Lobby here at NAIT from all the various bars in the city.

I don't know what the hell happened on Saturday against the Saskatchewan Roughriders, but wow!!! To give the other team 55 points is disgusting, but to only register nine points? NINE POINTS? The team couldn't even muster double digits? This isn't the NFL. A score of 10-7 is OK for them, but not for the CFL.

But this isn't the worst loss in Eskies history. The team lost 56-8 back in 1964. To top it off, it too was against the Roughriders ... who have

the most annoying fans ever. Have you ever met a Roughrider fan you didn't want to bash their face in?! I can name a few ...

From Cam Hutchinson's hilarious section in the *Edmonton Journal*:

**Blogger Janice Hough:** Congrats to Tampa Bay, who went from the worst record in baseball in 2007 to the World Series in 2008. The team also shortened its name in the off-season from the Devil Rays to the Rays. Might be the most successful exorcism in recent history.

cism in recent history.

Hough doesn't think it would be right to have two teams in Toronto: "Hasn't the city suffered enough?"

**From Cam:** The inaugural Sex Olympia games will be held on the Gold Coast in Queensland, Australia, next August 18-19. According to sexolympia.com, medals will be awarded in various sexual disciplines. I'm thinking at these games, you don't want to be the world's fastest man.

## Tough start for volleyball teams



**AMBER TIENKAMP**  
Assistant Sports Editor

With the volleyball season finally underway, the NAIT Oaks took on city rivals Grant MacEwan Griffins. Playing Friday night in the Grant Mac gym, the ladies took a close first set from the Griffins 27-25. NAIT ended up losing the next three sets to give the Griffins a 3-1 win.

Coming back to home court advantage Saturday night, the Oaks had a great first game. With the set at 20-10 for NAIT, Noelle Kenny stepped up to serve three hard serves with no return from the Griffins to take the game to 23-10. The Oaks ended the set in great fashion with a back-set and kill by the

front row to take the game 25-12.

Here is where history repeated itself. The Oaks fell behind 4-6 and called a time out, which didn't seem to change the way they were playing. So, they called another one with the score 8-12. The Oaks didn't regain the lead for the rest of the set, but battled hard to make the score close and only ended up losing by two points, 25-23.

The third set saw NAIT get off to a shaky start, missing serves and letting the Griffins get an early lead. The Oaks were down 20-13, and showed a bit of hope. In the end, Grant MacEwan was too strong and finished off with a 25-16 victory.

With the fourth set a must win for NAIT, the Oaks were behind early again, 12-5, but with some strong play in the front row by middle Jodie Van Meetelen and left side Katie Seys, they clawed their way back into the game, eventually tying the score at 13. They kept things close all the way to the end, with some hard fought rallies and big plays on both sides.

Just like on Friday night, the Oaks dropped the fourth set with a close 25-21 loss. Seys deservedly received player of the game for the match.

Coming from a 3-2 loss on Friday night, the men's volleyball team came back home with a good chance of getting a win on their home opening night. They had taken two sets off the Grant MacEwan team in their gym, and in the three sets the Griffins won, NAIT was close in two of them. Especially in the fifth and deciding set, which they barely lost 17-15.

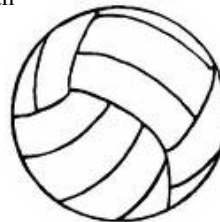
The first set on Saturday night had some nice hits from Scott Lefebvre and Ted Tournear, two of NAIT's returning

players. The Oaks had the game tied, matching the strong Grant MacEwan team at 11 apiece.

The Mac team eventually proved to be too tough for the men to handle. They ended up losing 25-17. The next set really wasn't much of a contest. With the Griffins libero Mark Breakwell digging almost everything the Oaks hit at him, it was a game I'm sure the team would love to have back, as nothing seemed to work for NAIT.

With a 25-13 loss, NAIT went into a must win third set. Whatever was said between sets by NAIT coach Simon Fedun must have worked. The Oaks came back to surprise the Griffins with an extremely tough match, but lost 26-24. Player of the game for NAIT was right side Ted Tournear.

The Oaks next home game is Friday, Nov. 7 against Lakeland. The women play at 6 p.m. and the men at 8 p.m.



Ook Dan Franks returns the ball during a game against Grant MacEwan on Oct. 25.

Photo by Mandy Kostyuk

## Athletes of the week

Oct. 20-26

### Jamey Olson Cross-country running



Jamey Olson, a third-year respiratory therapy student from Grande Prairie is a recent addition to the NAIT Oaks cross country running team. In her first race with the team at the ACAC provincials in her home town, Jamey was the top female finisher from the Oaks as she finished the 5 km race in fifth place with a time of 21:22 and an average of 4:14 per kilometre. She led the race for the first two kilometres before relinquishing the lead. The fifth place finish has qualified Jamey for the CCAA national championship in November in Kingston, ON.

### Chris Rarog Soccer



Chris Rarog, a first-year business student from Ardrossan was instrumental in the success of the men's soccer team at the ACAC provincials last weekend. After backstopping the Oaks to a win over the Lethbridge Rattlers in the opening round, Chris shut out the south division winning SALT Trojans in the semifinal on Saturday. In a penalty shootout, Chris turned away two of the three Trojan shooters for a 3-2 Oaks victory. In the final on Sunday against the Concordia Thunder, Chris allowed just one goal and forced the game into extra time, before losing the match on the Thunder's golden goal.

## SOCCER

# Ooks win silver for third year

Stories by **LANDON MOSKOWEC**  
Dept. of Athletics and Recreation

Needing to win three games in three days, the men's soccer team went into last weekend's ACAC provincials with a tough task ahead of them.

The men defeated the Lethbridge Rattlers 3-2 in extra time on Friday with a goal from midfielder Joel Wickens and a pair of goals from forward Freddy Akok.

The following day the team squared off against the south division champions, the SAIT

Trojans. After 120 scoreless minutes, the game was decided in a penalty shootout with NAIT defeating SAIT 3-2. Forward Freddy Akok and midfielders Joe Asarfo-Adjei and Brent Anderson scored for the Ooks in the shootout. Goalkeeper Chris Rarog earned the shutout in the match.

In Sunday's championship final, the Ooks found themselves up against bitter rivals, the Concordia Thunder. Lead-

ing 1-0 at the half on midfielder Chris Hatala's goal, fatigue began to catch up to the Ooks as Concordia equalized early in the second. As regulation time expired and the Ooks entered extra time for the third consecutive game, playing what was essentially their fourth of the weekend minutes-wise, the Thunder scored the golden goal shortly after the start of the extra frame to win the championship and advance to

nationals.

This is the third straight provincial silver medal for the NAIT Ooks men's soccer team, and their fifth straight appearance in the provincial championship final.

Six of the team's starters were either unable to finish Sunday's match or play in it at all.

"I am extremely proud of these lads and the effort and commitment they all made to our program," said head coach Jeff Paulus following the match.



# Big weekend for men's basketball

The NAIT Ooks men's basketball team posted back to back wins against the Grande Prairie Regional College Wolves this past weekend.

They improved to 4-2 in the North Division of the ACAC standings with an 81-42 victory Friday night, followed by a 74-66 win on Saturday afternoon here at NAIT.

They didn't waste any time in the first tilt, putting together a 12-2 run on their way to a 19-9 lead after the first quarter. Forwards Cory Bell and Jonathan Honey led the way with six points each in the opening frame.

Despite a strong zone defence by the Wolves, which forced the Ooks to low percentage shots, they were unable to narrow the massive possession time advantage held by the home side, and

found themselves 20 behind at halftime.

A high tempo, full court press defence constantly kept the Wolves off balance, and yielded a consistent number of turnovers for the home side to exploit. Bell continued his way to a game high 15 points as NAIT stood well in control entering the fourth quarter.

With six minutes left, first year forward Okan Bostanci added the exclamation point by throwing down a beautiful alley-oop from Ashley Grewal, drawing a technical foul. Although it pumped up the team, and sent the

crowd into a chorus of cheers, it seemed to inspire the Wolves as they went into Saturday's game.

"It was a play we've been working on," said NAIT coach Don Phillips. "It was certainly not intended to show up (the Wolves), but looking back it probably was the foundation for their start on Saturday."

Grande Prairie was a different team the next day, matching the Ooks' intensity from the night before. Led by star guard Khas Tokar, who finished with a game high 19 points, the Wolves held the lead the entire first half on their way to a 41-37 advantage at the break.

If not for a late second quarter run, high-

lighted by some nice lay-ins and big three pointers from guards Jerome Makasiar and Evan Eger respectively, the lead could've been much larger.

"We saw their start as a great learning opportunity for us," Phillips said. "It showed us we can't take anyone for granted."

The Ooks returned to form in the third quarter, riding the strong shooting of Eger, Makasiar and first year guard Cyril Ashworth. With the Wolves pressing late in the fourth, Ashworth nailed a jumper with zero on the shot clock to put the game out of reach.

"We've got a young team, and we can't live on history," Phillips concluded. "We've got to build our own history here."

The team plans to take that mentality into their next game this Friday when they host King's University College at 8 p.m.



**NEED CASH?**  
**Join the OOKS NATION**



**NAIT Athletics is hiring:**

- **Ooks Nation Crew**  
(4 students to market and promote all home games)
- **Minor officials**  
(score keeper, goal judges & ticket takers for basketball, hockey and volleyball)

Contact **Jordan Richey**  
780.471.7579 or e-mail [jrichey@nait.ca](mailto:jrichey@nait.ca)

## NAIT Recreation 3<sup>rd</sup> Annual Halloween Dodge Ball Challenge

**WHEN:** FRIDAY Oct. 31 - Either 11:15 a.m.-12 p.m. or 12:15 p.m.-1 p.m.

**WHERE:** COMPETITION: NAIT GYM

**HOW:** Three easy steps to get involved:

- 1) Get 10 of your friends/classmates together and register a team
  - a. Competitive and Rec Division.
  - b. NEED two FEMALES on your team.
- 2) Register your team at the Sports Equipment Centre E026.
- 3) Come PLAY on Oct. 31.

**WHY:** LOADS OF FUN WITH YOUR CLASSMATES and TONS OF FREE STUFF TO BE GIVEN AWAY!!!

This year's theme is the 80's - (Think BIG HAIR - BOLD PATTERNS)  
Come dressed in your best 80's costume, as we will be giving away prizes for the best-dressed teams and individuals. All teams will be entered for the GRAND PRIZE!!!!

REGISTRATION BEGINS OCT. 14.

Get your team in early, as there are limited spots!!!



ACAC Standings

MEN'S HOCKEY								
Team	GP	W	RW	L	OTL	Pts	GF	GA
SAIT	6	5	4	0	1	34	12	11
Mount Royal	6	5	5	1	0	26	20	10
Concordia	6	5	4	1	0	28	13	10
NAIT	6	4	4	1	1	30	21	9
Portage	6	2	1	3	2	19	35	4
Briercrest	6	1	1	3	2	19	35	4
Augustana	6	1	0	5	0	14	31	2
MacEwan	6	1	0	5	0	16	27	2

RW - Regulation Wins (tie-breaker used to determine highest ranked tied teams)

RESULTS  
Oct. 24  
NAIT 7, Augustana 3; BC 2 - SAIT 12; CUCA 6, MacEwan 1; MRC 5, PC 4

Oct. 25  
NAIT 4, Augustana 3; MRC 5, PC 2; SAIT 5, BC 0; CUCA 6, MacEwan 1

WOMEN'S HOCKEY								
Team	GP	W	RW	L	OTL	Pts	GF	GA
U of C	4	4	3	0	0	11	3	8
SAIT	4	3	3	1	0	14	10	6
MacEwan	4	2	1	2	0	12	14	4
NAIT	4	1	0	1	2	8	12	4
Red Deer	4	1	1	2	1	7	10	3
Mount Royal	4	1	0	2	1	9	12	3

RW - Regulation Wins (tie-breaker used to determine highest ranked tied teams)

RESULTS  
Oct. 23  
RDC 4, MacEwan 2;  
Oct. 24  
U of C 3, NAIT 0; SAIT 2, MRC 0  
Oct. 25  
U of C 2, NAIT 1 (SO); MacEwan 2, RDC 1 (SO); SAIT 3, MRC 2

MEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
Concordia	6	5	1	10	514	432
Lakeland	3	3	0	6	288	232
MacEwan	4	3	1	6	349	306
NAIT	5	3	2	6	406	357
King's	6	3	3	6	442	464
Grande Prairie	4	0	4	0	255	351
Augustana	6	0	6	0	436	548

South Division						
Team	G	W	L	Pts	PF	PA
Lethbridge	2	2	0	4	164	85
Mount Royal	2	2	0	4	159	95
Red Deer	2	2	0	4	164	121
SAIT	2	0	2	0	121	164
Medicine Hat	2	0	2	0	95	159
Briercrest	2	0	2	0	85	164

RESULTS  
Oct. 24  
NAIT 81, GPRC 42; MacEwan 90, Augustana 78; Lethbridge 73, Briercrest 43; MRC 82, MHC 54; RDC 80, SAIT 69; Concordia 76, King's 61  
Oct. 25  
NAIT 74, GPRC 66; Lethbridge 91, Briercrest 42; Concordia 80, King's 72; MacEwan 98, Augustana 88; MRC 77, MHC 41; RDC 84, SAIT 52

WOMEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
Concordia	6	5	1	10	509	400
King's	6	4	2	8	416	360
Grande Prairie	4	4	0	8	282	253
MacEwan	4	2	2	4	291	272
NAIT	5	1	4	2	358	395
Augustana	6	1	5	2	392	542
Lakeland	3	0	3	0	178	204

South Division						
Team	G	W	L	Pts	PF	PA
Lethbridge	2	2	0	4	173	114

SAIT	2	2	0	4	172	123
Mount Royal	2	2	0	4	141	98
Medicine Hat	2	0	2	0	98	141
Red Deer	2	0	2	0	123	172
Briercrest	2	0	2	0	114	173

RESULTS  
Oct. 24  
GPRC 75, NAIT 70; Augustana 75, MacEwan 70; Lethbridge 91, Briercrest 56; MRC 86, MHC 48; SAIT 99, RDC 71; King's 66, Concordia 63  
Oct. 25  
GPRC 83, NAIT 70; Lethbridge 82, Briercrest 58; Concordia 66, King's 63; MacEwan 99, Augustana 75; MRC 55, MHC 50; SAIT 73, RDC 52

MEN'S VOLLEYBALL						
North Division						
Team	MP	MW	ML	GW	GL	Pts
Keyano	2	2	0	6	2	4
MacEwan	2	2	0	6	2	4
Lakeland	2	1	1	4	4	2
King's	2	1	1	4	4	2
NAIT	2	0	2	2	6	0
Grande Prairie	2	0	2	2	6	0

South Division						
Team	MP	MW	ML	GW	GL	Pts
Red Deer	2	2	0	6	1	4
Lethbridge	2	2	0	6	2	4
Mount Royal	2	1	1	5	4	2
Medicine Hat	2	1	1	4	5	2
Briercrest	2	0	2	2	6	0
SAIT	2	0	2	1	6	0

RESULTS  
Oct. 24  
MacEwan 3, NAIT 2 (22-25, 25-19, 25-16, 22-25, 17-15) Keyano 3, GPRC 2 (23-25, 25-14, 25-16, 13-25, 15-5) Lakeland 3, King's 1 (20-25, 25-20, 25-21, 25-14) Lethbridge 3, Briercrest 2 (17-25, 25-16, 22-25, 26-24, 15-12) MRC 3, MHC 1 (21-25, 25-22, 25-23, 26-24) RDC 3, SAIT 1 (25-19, 22-25, 25-23, 25-16)  
Oct. 25  
MacEwan 3, NAIT 0 (25-17, 25-13, 26-24) Keyano 3, GPRC 0 (25-18, 25-20, 25-17) Lethbridge 3, Briercrest 0 (25-21, 25-19, 25-22) MHC 3, MRC 2 (25-13, 23-25, 25-21, 23-25, 15-9) RDC 3, SAIT 0 (25-20, 25-21, 25-18) King's 3, Lakeland 1 (16-25, 25-18, 25-22, 26-24)

WOMEN'S VOLLEYBALL						
North Division						
Team	MP	MW	ML	GW	GL	Pts
Grande Prairie	2	2	0	6	1	4
MacEwan	2	2	0	6	2	4
King's	2	1	1	5	4	2
Lakeland	2	1	1	4	5	2
NAIT	2	0	2	2	6	0
Keyano	2	0	2	1	6	0

South Division						
Team	MP	MW	ML	GW	GL	Pts
Red Deer	2	2	0	6	0	4
Mount Royal	2	2	0	6	0	4
Lethbridge	2	2	0	6	2	4
Briercrest	2	0	2	2	6	0
Medicine Hat	2	0	2	0	6	0
SAIT	2	0	2	0	6	0

RESULTS  
Oct. 24  
MacEwan 3, NAIT 1 (25-27, 25-12, 25-8, 25-15) GPRC 3, Keyano 1 (22-25, 25-19, 25-19, 25-23) King's 3, LC 1 (22-25, 25-23, 25-14, 25-22) Lethbridge 3, Briercrest 0 (25-17, 25-17, 25-21) MRC 3, MHC 0 (25-11, 25-14, 25-21) RDC 3, SAIT 0 (25-15, 25-12, 25-20)  
Oct. 25  
MacEwan 3, NAIT 1 (11-25, 25-23, 25-16, 25-21) GPRC 3, Keyano 0 (27-25, 25-23, 25-16) Lethbridge 3, Briercrest 2 (25-23, 22-25, 25-16, 11-25, 15-12) MRC 3, MHC 0 (25-15, 25-23, 25-17) RDC 3, SAIT 0 (25-16, 25-23, 25-15) Lakeland 3, TKUC 2 (19-25, 19-25, 25-22, 27-25, 15-11)

MEN'S SOCCER								
North Division								
Team	W	L	T	Pts	GF	GA	+/-	
Concordia	8	1	1	25	25	3	22	
NAIT	7	1	2	23	27	7	20	
MacEwan	6	1	3	21	22	9	13	
Keyano	2	6	2	8	13	22	-9	
King's	0	6	4	4	6	29	-23	
Grande Prairie	0	8	2	2	2	25	-23	

South Division								
Team	W	L	T	Pts	GF	GA	+/-	
SAIT	6	1	3	21	25	5	20	
Mount Royal	6	2	2	20	20	13	7	
Lethbridge	4	1	5	17	20	13	7	
Medicine Hat	3	5	2	11	12	19	-7	
Red Deer	0	10	0	0	2	29	-27	

PLAYOFF RESULTS  
Oct. 24  
NAIT 3, Lethbridge 2 (DOT); MacEwan 2, MRC 1  
Oct. 25  
NAIT 1, SAIT 0 (SO); Concordia 3, MacEwan 1  
Oct. 26  
MacEwan 1, SAIT 0 (MacEwan wins bronze)  
CHAMPIONSHIP  
Oct. 26  
Concordia 2, NAIT 1  
(Concordia wins gold, NAIT wins silver)

WOMEN'S SOCCER								
North Division								
Team	W	L	T	Pts	GF	GA	+/-	
MacEwan	8	2	0	24	32	4	28	
Concordia	6	1	3	21	36	6	30	
Grande Prairie	5	2	3	18	41	10	31	
NAIT	5	3	2	17	21	6	15	
King's	1	8	1	4	3	50	-47	
Keyano	0	9	1	1	1	58	-57	

South Division								
Team	W	L	T	Pts	GF	GA	+/-	
Mount Royal	8	0	2	26	42	2	40	
Red Deer	5	2	3	18	25	5	20	
Medicine Hat	4	4	2	14	17	22	-5	
SAIT	4	5	1	13	12	16	-4	
Lethbridge	0	10	0	0	4	55	-51	

RESULTS  
Oct. 24  
Concordia 7, MHC 0; GPRC 3, RDC 0  
Oct. 25  
Concordia 1, MRC 0; MacEwan 2, GPRC 1 (OT)  
Oct. 26  
MRC 2, GPRC 1 (MRC wins bronze)  
Oct. 26  
CHAMPIONSHIP  
MacEwan 2, CUCA 1 (OT)  
(MacEwan wins gold)



Photo by Meaghan Baxter

HOME-GROWN TALENT

Lindsey Walker, singer with the Edmonton-based band West of Winnipeg entertains at the Nest Oct. 23.

Ook Files

Jonnel Oderson

Program: Business Administration

Sport: Basketball

Number: 10

Favourite memory: When I scored double-digit points in a game.

Worst memory: Last game – no points.

Pre-game meal: Gatorade

Game superstitions: Need to drink Gatorade before the game.

Favourite movie: Glory Road

Favourite artist: Lauryn Hill (The Fugees)

Favourite food: Salmon

Favourite colour: Blue



# CLUBS CORNER

## Upcoming events

### Bio Science

**Event:** Halloween Locker Decorating Contest  
**When:** Oct. 27-31  
**Where:** Enter contest, Bio Science reps will be set up outside Common Market.

### PFT 2009

**Event:** Bake Sale  
**When:** Thursday Oct. 30; 11 a.m. – 1 p.m.

**Where:** NAITSA office (E-131)

### Petroleum Club

**Event:** Beer Garden  
**When:** Thursday Oct. 30;  
 3 p.m. – 11 p.m.  
**Where:** The Dock

### Dental Technology

**Event:** Pig Roast Dinner  
**When:** Tuesday Nov. 4; 7 p.m.

**Where:** B-Street Bar, purchase tickets in room F-212

### Movie Club

**Event:** Movie Club Open House/Meeting/  
 Movie Night  
**When:** Friday Nov. 7; 5 p.m.  
**Where:** The NAITRIUM

### DeFeYe Arts Club

**Event:** "No Business like Show Busi-

ness," featuring Lascivious Burlesque Troop.

**When:** Thursday Nov. 13;  
 5 p.m.

**Where:** The NEST

### DeFeYe Arts Club

**Event:** Theatre Night at the Roxy  
**When:** Friday Nov. 14  
**Where:** The NEST

WGT Presents...

# FEAR FEST




**FRIDAY OCT 31**  
**HP CENTRE - 3RD FLOOR**  
**10 AM - 6 PM**  
 SHOW OFF YOUR TALENTS WITH THE XBOX 360  
 ON THE BIG SCREENS IN THE COMMON AREAS  
 JOIN US FOR SCARY MOVIES AND FREE POPCORN AT 2 PM.  
 COME IN YOUR FAVOURITE COSTUME AND GET FREE CANDY

## PIG ROAST DINNER

Nov. 4 '08  
 B Street Bar at 7 p.m.  
 Come and join our Dental Technology class at our annual gathering by treating yourself to some roasted meat, fresh buns, salad of choice and as much as you can eat desserts.

Contact: Room F212      Ticket price: \$20



## "G.E.T." RIDIN' IN GOLDEN SKI/RIDE KICKING HORSE

**JAN 16-18, 2009**



Ponderosa Quad \$289.00  
 Price is per person including GST  
 Trip Cancellation Insurance is available

Package Includes: return motorcoach transportation, 2 nights accommodation, 2 days lift tickets, Saturday Night Activities and Professional Tourguide.

To Book Contact  
 Noah 780-278-8358  
 nnichols4@ookmail.nait.ca  
 Brett 780-235-1938  
 Kat 780-812-4467  
 Final Payment Due Dec 5  
 Book Today Limited Seats

**Downhill Rides**  
 the Ski & Snow Club Ltd.

## Join the NAIT Outdoors Club



ENJOY THE OUTDOORS? WANT TO MEET OTHERS WHO SHARE THE SAME PASSION? SIGN UP TO BE A MEMBER AT THE NAITSA OFFICE, E-131 (CHECK MAILBOX 50)

FOR UPDATES JOIN OUR FACEBOOK GROUP:  
**NAIT OUTDOORS CLUB**  
 OR EMAIL HEATHER DAVIS AT <HEATHER.DAVIS@HOTMAIL.COM>



## MRT BAKE SALE

THURSDAY NOVEMBER 6, 2008



**Where:** NAITSA Office

**Time:** 11:15 - 2:15

Horrrify the school and decorate your locker.

Prizes given out for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> most gruesome locker.

Register your locker (or your friend's) and buy your supplies from Biological Sciences.

Only \$5.

To register, visit our table from 12:15 - 1:15 p.m.:

Mon, Oct. 27 - Common Market

Tues, Oct. 28 - Fresh Express

Wed, Oct. 29 - Bytes

Thurs, Oct. 30 - Common Market

Fri, Oct. 31 - Common Market

Judging will be done at 4:30 p.m. on Friday, Oct. 31.

# Screw The Treats





# Grapevines

Why does it take close to 20 minutes to order breakfast? Key in the word "fast." Toast should NOT take forever!

-Hungry Now

• • •

I took mid-terms in the Shaw Theater. Have you seen the space available ... Oh, wait there is none! What the hell is with that?

- Hating mid-terms

Can somebody please explain to me how I get a F@#\*ing ticket when I have a parking pass for the lot. So what if I was double parked, maybe you should not be selling so many parking passes!

- Pissed at Parking

• • •

I almost got mugged the other day by some punks for my iPod. It was sad!!

-Gabby

Why is Amber's photo not up on the nuggetonline website. She's smoking!

- Missing Amber

• • •

Why do people feel the need to wrap their lips around the water fountain. If you want to act like an animal, go to a watering hole!

- Still thirsty

I hate teachers that have projects due right after mid-terms. Why don't we get a break ...

-Tired and overwhelmed

• • •

I hate how the hallways and classrooms in H-Wing are so freakin' cold. I wear a a sweater in the summer.

- Freezing

• • •

I love this school!

Happy-to-be-here

• • •

Parking here is getting ridiculous, what is NAIT going to do to FIX IT!

- Parking at Kingsway

• • •

Thank you to the janitorial here at NAIT. They do an awesome job of keeping our hallways clean!

- Neat and tidy

In Grapevines, you can speak anonymously to other students. Contributions: [grapevines@thenuggetonline.com](mailto:grapevines@thenuggetonline.com)

## EDMONTON RAGA-MALA MUSIC SOCIETY

In honour of its 25th anniversary, the society proudly presents:  
From India: **NIRUPAMA AND RAJENDRA** – A stunning performance in Kathak and Bharathanatyam style dance

**PROGRAM NAME:** "Ojhas" - North meets South

**DATE:** Nov. 1, 2008 (Saturday)

**VENUE:** Myer Horowitz Theatre

**TIME:** 7:30 p.m.

**TICKETS:** \$20 adults, \$15 students and seniors

NAIT Students: \$5 (Subsidized) – Student ID required.

Complimentary refreshments served during intermission.

Please come and enjoy the show. Bring your friends along.

**INFOLINE:** 780-445-7771, 780-436-1223

## Terry Cooke Law Text Bursary



### Could you use Financial Help?

- ➔ Are you a full-time student in Year 1 of Business Administration?
  - ➔ Did you start full-time studies (Day or CED) in January 2008?
- ➔ Are you currently enrolled in Semester 2 (September - December 2008)?
- ➔ Did you have a grade point average of 2.3 or higher in your first semester with no course failures?
- ➔ Did you have at least an 80% course load?
- ➔ Can you prove financial need? (Main Prerequisite)

Apply now for a **\$500**

### Terry Cooke Law Text Bursary!

Pick-up an application form in Room T300

Deadline: Thursday, November 6, 2008

@ 4:00 p.m.

Successful applicants must attend the awards ceremony to receive the bursary

FREE MOVIE TUESDAYS

**MIKE MYERS**  
**THE LOVE GURU**  
JESSICA ALBA JUSTIN TIMBERLAKE  
HIS KARMA IS HUGE

**TUES.**  
**Nov. 4**  
**5:00pm**

**@ Shaw Theatre**

**FREE popcorn & water**

[www.naitsa.ca](http://www.naitsa.ca)

facebook  
Visit us on facebook



# ENTERTAINMENT

## Tales of the manhood



By **NAHREMAN ISSA**  
Sports Editor

It's billed as the male "Vagina Monologues." Instead of women talking about their nether regions, it's five guys talking about their manhood. When I first stumbled upon the press release for this event, I laughed. What a great idea!

I personally would never go to the monologues show because I'm not a feminist (I wonder how many people I offended with that comment) but with Cocktales, I really wanted to check that out. I may not have a penis, but I like to think I'm manlier than some guys out there.

Now, it's time to let the men talk about the relationship they have with their private parts.

Cocktales, based out of Calgary, is a live production featuring 14 monologues about various experiences with their penises. Some of the stories are personal experiences while professional writers wrote the others. But even those experiences are something every guy can relate to.

The cast consists of six guys: Ryan Luhning, Sean Bowie, Joel Cochrane, Doug McKeag, Nate Prochnau and Stan Janz (the musician in the group). I had the chance to sit down with the guys to discuss the concept of the show, and the stereotypes they face.

**Nahreman:** Where did the concept for this show come about?

**Sean B:** In 2000, the Vagina Monologues came out and I was like one of six guys in the audience. I got the idea there to create a show for guys.

**N:** How is this show different than the V.M.?

**Ryan:** We found that the V.M. was humourless. We do a different take on the situation.

**Joel:** It's a much more serious examining of women and their vaginas.

**R:** We found that we wanted to show a different perspective. Vulnerability of the penis you could say.

**N:** Who do you think this show will attract, mostly men or women?



Supplied photo

One of the actors takes refuge behind his hat during a recent performance.



Supplied photo

The cast of Cocktales mug for the camera.

**J:** It tends to be more of a heavily female audience.

**R:** It's about 70-80 per cent women.

**N:** What do you guys say to people who think this show is of a homosexual theme? Is there a gay vibe to the show?

**R:** There are no gay guys performing in the group.

**J:** It doesn't matter (sexual preference) it's all the same. We don't have a gay piece in the show.

**R:** There's a big gay community in Calgary and so we thought, maybe we should have a piece in there. But when we spoke to some of our gay friends, they said that it wasn't necessary. Whether you're gay or straight, it's a universal issue. It's about a man and his dong!

**N:** Has anyone complained about the show in general?

**R:** There was this one older lady who was disgusted by this. It was like the "dirty penis play." But it's not like that. No guy talks about their penises. We were taught from a very young age not to.

**N:** So what do you want people to get out of this? What do you want to get out of this?

**J:** Cougarlicious dates! Just kidding. It's a wildly entertaining show. While it's full of ridiculous humour, it has its vulnerability and sensitive moments. It's a chance to learn a great deal from what guys go through.

The guys are taking the show on the road to our city to see if it can be as suc-

cessful outside of Calgary as it is there.

The show ran last weekend, but they promised to be back next year.

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**BRYCE ALTHOUSE**  
Entertainment Editor

A while ago, I decided that everyone needs at least one track list of songs that they can get busy to. If you didn't catch that veiled reference, this is a set of tracks for when you want to spend some "special" time with your lady/man and need a nice musical progression from drinks on the sofa to business in the bedroom. Personally, I've always wanted Pink Floyd's *Dark*

*Side of the Moon* as a bedroom sound track, but thus far I've been unable to find someone musically inclined to allow me to play classic rock during sex. I think if I installed a couple of black lights though, fortunes may change ... or I may just end up looking like 70s retro trash, who knows?

So this set of tracks starts out very relaxed and nonchalant with some 90s hip hop, then leads into a progression of alt-rock, trip-hop and indie rock that builds in intensity until it peaks with some hard hitting orchestral-like rock tracks from a few of metal's finest. After that climax, you're brought back down with some sobering ... even depressing tracks from the same formula that built you up. However, I feel the last track is especially important to note as it provides finality to this collection and leaves a most chill and excellent way to bring you full circle and back to the start of the list.

1. **Souls of Mischief** – 93 'Til Infinity

2. **Coolio** – I Remember
3. **Al Green** – Let's Stay Together
4. **Felt** – Woman Tonight
5. **Bush** – Glycerine
6. **Incubus** – Stellar (Acoustic)
7. **Portishead** – It Could Be Sweet
8. **Atmosphere** – God's Bathroom Floor
9. **Yeah Yeah Yeahs** – Maps (Acoustic)
10. **In This Moment** – The Legacy of Odio
11. **Walls of Jericho** – No Saving Me
12. **Bright Eyes** – Landlocked Blues
13. **Flogging Molly** – Far Away Boys
14. **Portishead** – Roads
15. **Alice In Chains** – Nutshell
16. **In This Moment** – When the Storm Subsides
17. **Veruca Salt** – Aurora

# We become what we wear



**LEANNE TRUONG**  
Asst. Entertainment Editor

A person always dresses to set their mood, to show how they feel or how they want to present themselves.

We are what we wear, and it shows. What better feeling is there than to throw on a comfy white organic tee or hoodie with etches of a simple design that depicts a significant image.

Preserving our earth has become an issue on everyone's mind; there are no conversations, issues, headlines or talk of how not to reduce the harsh effects that are damaging our world. In a way, being environmentally friendly is becoming a trend, from cars to clothes. We are changing ourselves to better our earth. Recently, NAIT hosted a fashion show that included pieces from a local company "Earth's Revolution," designed by Kate Zmurchyk, an Anatomy instructor at NAIT.

The clothing line, which is famous for the use of all organic material such as cotton and

antibacterial bamboo, has no added pesticides or herbicides used in its production. It is breathable and made of lightweight material.

In 2007, Zmurchyk launched Earth's Revolution when she wasn't able to find sustainable fibre in clothing available in Edmonton.

A true entrepreneur, Zmurchyk took courses and taught herself to build her own retail website. Unlike other brands that saturate themselves in vague designs, each of Earth's Revolution pieces has an image with its own background story. Zmurchyk's original concept was a print of a real tree with its GPS co-ordinates, a way to showcase environmental issues and effortless beauty.

Earth's Revolution has hopes of expanding to the U.S. and Europe, as it's only available in Canada at the moment.

The line will soon be available at Zaytoon in Millet and Envi in Calgary. You will also be able to find it at a retail booth located at the Stop and Shop Show from Nov. 13 through to Nov. 15.

It's designers like Zymurchyk who represent their best qualities through their companies, and that right there is a stellar effort with seller results!

For more information, check out [www.earthrevolution.com](http://www.earthrevolution.com) or [www.stopandshop-show.com](http://www.stopandshop-show.com).



Photo by Leanne Truong

**Kate Zmurchyk, a designer and an Anatomy instructor at NAIT, makes clothes that respect both people and the planet. She is shown wearing one of her designs.**

# Designer with a difference

By **MELISA GUY**

Green is the new black at the fashion show that took place a couple of weeks ago. The latest trends in fashion weren't the only statement hitting the runway. Environmentally conscious fashions and hot new looks are coming together instead of against it.

The enviro-fashion show was incorporated into NAIT's environmental week to showcase eco-friendly options for consumers. The two-part show featured both designer Kate Zmurchyk (a

NAIT instructor) and eco-friendly outfitter Andrew Gonzalez.

Trendy fall styles and social movements like "going green" is beginning to unite with the help of like-minded designers and outfitters. Gonzalez is the owner of Lucid Lifestyle, located on Whyte Ave.

"It's all about respecting people," said Gonzalez. "And respecting the planet."

Sustainable fashion incorporates fabrics like bamboo, organic cotton, soy, hemp, and recycled

polyester. Supporters say that using fabrics that limit their effect on the environment are becoming much more mainstream.

Gonzalez says green fashion is a lifestyle and though not every fabric has an alternative, making conscious decisions is our responsibility.

"If you're not being sustainable, if you're not being ethical, then what are you being?"

Others are beginning to pick up on the trend as well. Zmurchyk has her own clothing line that is made with ethical practices and graphics that raise awareness for the environment. Zmurchyk, designer of Earth's Revolution, thinks there's no reason for this trend not to stick around.

"It's less harm for us, less harm for the environment," said Zmurchyk. "So I can't see how this wouldn't stick as a fashion of every day."

And for those that try to make excuses, pricing can't be one of them. Organic fashion is really no different in pricing than any other designer or outfitter, regardless of ethical practices in manufacturing, un-processed or recycled materials, and fabrics that are rarely used in other everyday fashions.

At the moment, the concept of organic fashion is just a trend, and trends come and go as people see fit. For now, only time will tell if this trend will stick around and become a mainstream lifestyle.



# Ranch Roadhouse has it all



**SHANT CHAKMAKIAN**

The Ranch Roadhouse has stolen the spotlight of Edmonton's country scene for about two years, while bringing out the Western in all of us. With its great atmosphere and stellar staff, there's never a dull moment at this bar.

Located at 6107 104 St., just east of Calgary Trail, it adds a whole new flavour to the area and Edmonton's nightlife.

This massive accommodation is centred around a huge dance floor, surrounded by three bars and two beer tubs. This layout makes it ideal for meeting people.

Of all the mainstream bars I've been to in the city, I can confidently say that the Ranch has some of the best patrons. You can really see the spirit of country in this bar, as you meet nice country girls and have laughs with some funny dudes.

"We really feel we put on a great

show ... you can't find a better show in the city," says Sheyanne Autumn, assistant manager of the Ranch.

As a patron, you will really see the difference versus most other bars in terms of size. The Ranch is the biggest country bar in the city, boasting 8,000 square feet of room.

It also has everything you would come to expect from a country bar like pool tables, a mechanical bull and a large supply of Jack Daniels. Whether you rock to country music or not, it's not uncommon to find yourself dancing with some nice lady from Leduc singing along to the latest Keith Urban hit.

For all of you cash strapped students, you'll be glad to hear that the Ranch offers free admission with a valid student ID on Wednesdays.

This is in addition to \$1 draft until 11 p.m. and \$3 highballs all night. It's advisable to make sure you avoid going there on an exam night because it will get wild.

Although Wednesdays are one of their good nights, on Saturdays ladies get in for free before midnight. Calendar aside, you can always tell it's Saturday at the Ranch when you see a sea of ladies dominating the dance floor ... great times.



Our own Shant Chakmakian is working hard on assignment at the Ranch recently.

After some intense research and careful testing, I have to conclude that no matter where you go normally

or what you listen to, you owe it to yourself to see what this hot spot has to offer.

# SOCOM upgraded for Playstation 3

By **MACKENZIE MARSHALL**

For years the SOCOM franchise was the staple of online gaming for the Playstation 2. SOCOM makes its long awaited debut for the Play-

station 3 in the new game SOCOM: Confrontation.

The first thing about the game that you'll notice is there's no campaign. This one is strictly online. While the

game is still good, this is really disappointing. The PS3 has been out for about two years now and SOCOM is one of Sony's strongest exclusives.

While the campaign is gone,

everything about the multiplayer has been stepped up. If you've played any of the other SOCOM games, everything will be very familiar and if you haven't, it's very easy to dive into. You start by customizing your two characters with complexion, features, clothes and weapons. From there, you'll move to the lobby, where you can join a game anywhere in the world.

The game has six maps and several games modes like Elimination, Suppression and Demolition, with each bringing a different experience to the table. SOCOM is all about working with a team, so it gives a different experience than most online shooters. It's best to play this game with a headset, as communication is a very important part of your team's success. At one point, I moved into an alley to advance on an enemy camp when I was attacked from the back. Luckily, I had called for sniper support before I entered the alley and my teammate took out the enemy before any harm was done to me. Trying to play alone will get you killed quickly.

The sound in the game is great. Each weapon has its own unique sound and the voice commands have been rerecorded to a higher quality. The maps look very detailed but you'll occasionally run into small cases of screen tearing and frame rate drops.

All in all, I was satisfied with SOCOM: Confrontation but not completely blown away. It's the same formula

from the Playstation 2 versions of the game but with an audio and visual upgrade. The lack of a campaign was disappointing because I've waited two years for a new SOCOM and it wasn't exactly what I was looking for. It's a fun game that should hold me over until the release of a true SOCOM sequel.

**Rank:** 83 per cent, a fun game but it's more of the same in a prettier package. **Played:** five hours online. **Game:** SOCOM: Confrontation. **System:** Playstation 3. **Developed by:** Slant 6. **Published by:** Sony Computer Entertainment. **Price:** \$39.99 w/o headset, \$59.99 w/ headset.





THE PUSSYCAT DOLLS

# Dolls disappoint

By JOE THE PLUMBER

If elongated “o” sounds made musical prowess, the Pussycat Dolls would be winning some big time awards for their new album.

You’d think, however, that a group that’s become famous because of their marginal good looks would like to shy away from pronouncing “do” like one would in the term “doo doo.” Girls and doodie have only met acclaim once, and that was Two Girls One



Cup, and let’s not repeat that again. Ever.

Doll Domination is the sophomore release for the Pussycat Dolls, and every girl-pop cliché known to mainstream music has been thrown onto one convenient disk for you to “enjoy.” However, the mark is largely missed on all fronts and the catty girls are lucky that their first single *When I Grow Up* got marginal radio play. Who doesn’t love the mundane

irony of lines such as “No, no happily never after”? Pulitzer prizes are coming for the PCD as well. However, with songs focusing on breakups, bad hair days (kidding) and spending altogether too much time and money in clubs, it’s sure to be a hit with the idealistic teenybopper set.

Thank goodness we have such respectable role models to be positive beacons of morality for the next generation.



I really hope I die young so that I don’t have to be sponge bathed by anyone who idolizes these ladies.



# Keen on new Keane CD

By PAT MCKAY

“Ooooooooooh!” I figured I’d start out this review the same way Keane begins its new album. That’s right, the third release from one of the only “rock” bands in the world to be able to sell out arenas and stadiums without the use of a guitar.

The new album kind of sounds like a mix of their first two albums: “Hopes and Fears” and “Under the Iron Sea,” with a little bit of ... how should I say this ... LSD thrown into the mix. Not to say the new CD is cracked out, but it for sure deviates from what Keane fans are used to.

It has a good mix of slower songs, *You Don’t See Me*, *Playing Along* and songs that make you want to get up, dance, maybe run a marathon or maybe even rob a 7-11 such as *Spiralling*, *Better Than This*, *Again and Again*.

It’s definitely

a CD that grows on you, like when you meet someone, and they’re kind of weird and cute, and they sometimes do things that make you think, “Whaaaaaa..?” But at the end of the day you exchange numbers, add each other on Facebook and then you become really good friends. Yeah, that’s what this album is like.

So if you like Keane, then I recommend you pick this one up, folks, you won’t be disappointed.

On a scale of Oogie, I give “Perfect Symmetry” an Oogie Boogie. Real solid ... top drawer, mate.



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# Guitar heroes in every living room

WINNIPEG (CUP) – Instrument in hand, the confident young man stands on stage gazing out at the masses, understanding that his countless hours of practice have all come down to this moment.

His instrument: plastic.

His stage: his parents' living room.

The boy stares into the camera and says: "I'm one of the greatest Guitar Hero players to ever walk this earth."

He proceeds to play the hardest song in the game, a power-metal shred-fest called *Through the Fire and Flames*, without missing a single note.

The performance, posted on YouTube, has over one million views.

Since its introduction on Playstation 2 in November 2005, Guitar Hero has spawned its own culture of fans and fanatics.

Guitar Hero World Tour, the latest installment in the series, hit stores Sunday, Oct. 26.

The Guitar Hero series has been lucrative for Activision, the company behind the games. In April, *Wired* magazine reported that the franchise had sold 14 million units. That's amounted to \$1 billion U.S. in sales, online gaming magazine Edge-Online.com reported at the beginning of the year.

Daniel Koreen, store manager at HMV St. Vital in Winnipeg, expects Guitar Hero World Tour to be on the top of many shoppers' lists this holiday season.

"It was a huge seller for us last year. We're expecting it to do just as well as [Guitar Hero III: Legends of Rock]

did last Christmas."

The extreme popularity of games like Guitar Hero and Rock Band, however, is inspiring kids to play real guitars.

Steve Lagimodiere, an instructor at The Music Cellar, says he sees the game's influence in his classroom daily.

"I ask my students what songs they'd like to learn, and around 75 per cent of them are from Guitar Hero or Rock Band."

Aside from introducing bands to younger audiences, Lagimodiere adds, the game puts deserved attention on the guitar.

"I think it's positive because it keeps guitar alive," he said. "It brings guitar to the forefront. To me, as a teacher, I have more students who want to play."

Joey Landreth, a guitar instructor at Long & McQuade in Winnipeg, isn't as positive.

While he admits that the game is getting people interested in the instrument, he says it can make aspiring virtuosos think learn-

ing the guitar is as easy as mashing a few buttons.

"It gives people a false perspective of what it takes to play the instrument," said Landreth.

What's worse is that students who excel at the game can develop a concept of rhythm that is completely different from playing a real guitar.

In order to score high points in the game, players hit the oncoming notes as they appear on the screen. That is, they are relying on anticipation in order to play the next note correctly, not on an understanding of musical rhythm.

"When they actually

come [to lessons] and try to play something in the pocket with a metronome, they can't do it," Landreth said. "It's worse in people who play the game more, as it becomes a muscle memory issue. It instills a weird time-feel in kids."

With the widespread commercial success of Guitar Hero, bands, record companies and instrument manufacturers are getting on board the marketing juggernaut. Guitar Hero: World Tour features licensed recordings from bands such as Coldplay, Foo Fighters and the Guess Who. As with previous installments of the game, the characters play Gibson guitars.

While HMV's Koreen hasn't seen an increase in CD sales as a result of Guitar Hero, Long & McQuade salesman Mark London says that electric guitar sales have increased "somewhat" thanks to the game.

"Kids aren't buying Gibsons, but they are buying Epiphones," London said. A Gibson guitar sells for about \$2,000, while an Epiphone looks identical and is a fraction of the price.

Hungry for the real thing, guitarists can now learn their favourite songs from the game in official Guitar Hero songbooks. Glen Hartley, the department manager at St. John's Music, has sold several copies of the book to parents.



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## TOP 10 TIPS

# Managing procrastination



**MARGARET MAREAN**  
NAIT Student Counselling

Procrastination is a habit and, like any habit, it can be changed. But you have to be persistent. Make it your goal to get schoolwork and other priorities under control and keep them there.

1. **Recognize self-defeating patterns** such as poor time management, indecisiveness, perfectionism and anxiety.

2. **Break major tasks down** into smaller pieces and take one small step at a time.

3. Either start with the most difficult or boring task (to get it over with) or with a very easy task (to get motivated).

4. Use the **five-minute method**. Commit to do something on the project for 5 minutes; after the 5 minutes decide if you're going to continue for another 5 minutes. (You almost always will!)

5. Avoid saying "I'll start tomorrow."

Do something towards your goal right now.

6. **Get rested.** Fatigue is one of the biggest contributors to procrastination.

7. **Do not reward yourself for procrastinating.** Every time you do another activity such as watching television, visiting with friends, washing your car ... instead of working towards your goal you are rewarding yourself for procrastinating.

8. Incorporate positive **self-motivating statements** into your thinking such as "it is going to feel great to get this done" or "I know I can learn this material".

9. **Reward yourself for accomplishments**, and for completing steps along the way. Often the most effective rewards are your procrastination techniques. For example, if you procrastinate by watching television or phoning a friend use those things as rewards after you have accomplished your goal.

10. **Challenge the faulty reasoning** behind putting things off. Recognize that letting yourself get away with excuses is only fueling further procrastination.


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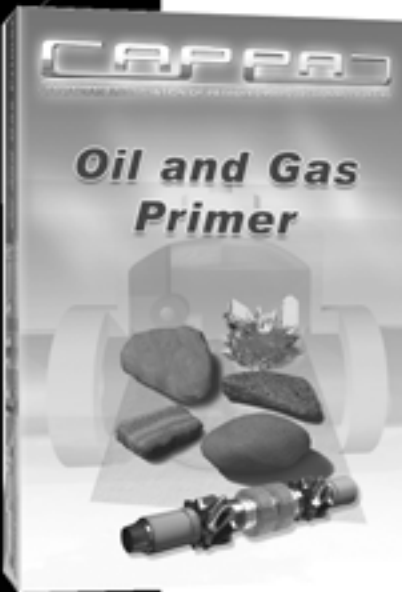
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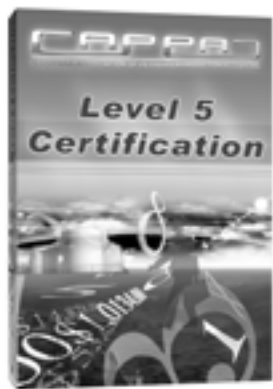
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# Your horoscope



MADAME O

## OCT. 30-NOV. 5

(Warning: Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

## Scorpio (Oct. 23-Nov. 21)

Finally! Happy birthday, Scorpions! I can't say anything bad to you right at the start of your b-day period, so just be a good little Scorpio this week. This is your time to show the nay-sayers that you can be nice. Don't worry, I'll resume talking smack about you next week.

## Sagittarius (Nov. 22-Dec. 21)

The week's not even over yet, and you've already been a jerk to two people this week. Sadly for you, this unpleasant streak (much like the one in your undergarments) will live on into the week-end. As a result: No horoscope for you!

## Capricorn (Dec. 22-Jan. 19)

I'll make this quick: your future week is going to be a snooze. So, instead, I'm going to use this space to discuss the sexiness that is Nico Archambault from *So You Think You Can Dance Canada*. If you've been watching, then you know that his deliciousness is completely out of control, and that he should remain shirtless at all times. All times, I say.

## Aquarius (Jan. 20-Feb. 18)

You need to start taking better care of yourself, Aquarius! Poor eating habits during exam

time has led to your gross-looking skin. Actually, let me not lie. Your skin looks gross all the time. Drink more water, then Oxycute 'em!

## Pisces (Feb. 19-March 20)

Your one pal is finally realizing how fundamentally un-cool you are and would like to see other people. Say "no" when he or she brings up the topic on Sunday.

## Aries (March 21-April 19)

You must balance out your aura this week. Try your darndest to be as delightful as possible this week, no matter how unnatural it may feel. You will feel rewarded when your usual grimace starts turning into a s..s..sm..smile.

## Taurus (April 20-May 20)

On Saturday, when the opportunity to become more active presents itself, do not shy away. Yes, moving your body in stiff and

awkward motions on the dance floor may constitute "dancing" in your book. However, with people dropping it like it's hot all around you, feel free to expand beyond that weird robocop-like movement you love to do.

## Gemini (May 21-June 20)

With Halloween right around the corner, spook your friends out by taking a vow of silence for the day. Though your friends will rejoice like it's Christmas, don't take it personally. You just talk too much, that's all.

## Cancer (June 21-July 22)

You are looking super-cute this week! Keep up the good work. It will all end by nightfall on Sunday.

## Leo (July 23-Aug. 22)

Start saving up your pennies, Leo. You will need them around the 3rd. When that homeless chick asks you for spare change,

this is your moment! Make it rain on that ho...bo.

## Virgo (Aug. 23-Sept. 22)

When people clear away from you in the hallways, it's only to give you room for your awesomeness! Strut down the hallways and give the "wink and the gun" to every hottie you see and flash those dazzling (I use this term loosely), pearly whites (also used loosely). They will flock to you (or not ... it's a bit hazy).

## Libra (Sept. 23-Oct. 22)

Oh, Libra. One of these things is not like the other! You are truly a unique soul. And by unique soul, I mean an oddity. But the world needs untethered spirits like yours. So, keep on keep-keeping on! "Keep." What a weird word. When you say it and read it a bunch of times in a row like that, doesn't it look strange or is it just me??





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Chris Carmichael-Powell  
and Nahreman Issa

# What is your best Halloween memory?



I dressed up like a hooker, slapped my pimp and gave him a bleeding nose.

**Corey Scranton**  
Carpentry



Last year I won \$400 in a costume contest dressed up as a Siamese hooker.

**Emir Isic**  
Automotive apprentice



All of the amazing handmade costumes my mom made for me as a kid!

**Rachel Vilobroka**  
Office and Records



In kindergarten, I was Barney in the Halloween Parade.

**Shanita Hamaluck**  
Office and Records



My friend passed out in a super sperm outfit, then a 350-pound girl tried to ride him!

**Jesse White**  
Automotive

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# GHOULS GONE WILD

FRIDAY, OCTOBER 31ST

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# FRIDAY OCTOBER 31ST HUDSONS HALLOWEEN

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FRIDAY, OCTOBER 31

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## "Dumb Rules" Submission Form

Dumb rules getting to ya??? Just answer the following three questions, cut out this form and submit it to NAITSA VP Academic Lisi Monro (Room E-131) or check out the online submission form on the NAIT student portal at [www.nait.ca](http://www.nait.ca)

1. Description of dumb rule:

2. A specific example of why the policy or practice is dumb:

3. Suggested changes to the dumb rule:

All submissions must include your name and contact information. Your contact information will be kept confidential, and will only be used for clarification and follow-up purposes.

Name:

E-mail:



## Employment Opportunity

### Part-Time Entry Level Accounting Clerk

The Northern Alberta Institute of Technology Students' Association (NAITSA) is a non-profit corporation that provides services, representation and advocacy to approximately 17,000 full and part-time students.

NAITSA is currently seeking a part-time accounting clerk. We require a team player confident in a fast-paced, exciting, flexible environment. The primary purpose of this position is to assist in the bookkeeping of the Association and to ensure all financial matters are properly recorded, reconciled and processed in a timely manner. The focus is on keeping the Association's financial books current and accurate with respect to all postings within the general ledger while working collaboratively with all staff. Salary for this position is \$16/hr.

#### Qualifications:

- Previous experience working with payroll, accounts payable and receivable, deposits, bank reconciliations, journal entries and general ledgers considered an asset but not required.
- Excellent communication skills (oral, written and technological) are required.
- Working computer software knowledge of Windows XP, Microsoft Excel and Microsoft Word is required.
- Students currently in the Accounting Program are welcome and encouraged to apply.

Deadline for submissions is no later than 4 p.m. on Thursday Nov. 6, 2008.

Please submit a resume, along with a cover letter, to:

**Shannon Marshall**  
Human Resources Advisor/Assistant to the E.D.  
11762 – 106 St. NW Suite 4000 Room E-131  
Edmonton AB T5G 3H4

Submissions can be made electronically by fax or e-mailed to:

Fax: (780) 491-3989  
E-mail: [ShannonM@nait.ca](mailto:ShannonM@nait.ca)

*We wish to thank all applicants for their interest; however, only those applicants chosen for interviews will be contacted. No telephone calls, please.*

# Time to trash those dumb rules

By **DONOVAN FRANCIS**

There has never been a shortage of questions at NAIT. The problem was always deciding who to raise them with.

The Dumb Rules Committee, which has been allowing students direct access to the ears of the decision makers at NAIT, is again open to questions. The committee resumed sitting on Oct. 16.

The committee, which was set up to identify and revisit irrelevant rules and inefficient processes, responded to 66 concerns from students and staff last year. Questions from students were many and varied.

One question surrounded the use of Facebook in the Business Tower.

"Why is access to Facebook blocked in the Business Tower?" a student asked. "This is completely counter-productive since Facebook is a communication interface. I communicate with my group members through Facebook and it is needed."

The Dumb Rules Committee consulted with the dean of the school of business and together they agreed with the student.

Students in the Business Tower now have uninterrupted access to Facebook.

Lisi Monro, vice president of NAITSA and a member of the Dumb Rules Committee, believes the committee provides a wonderful opportunity for students to have their voices heard.

"As a student, it can sometimes be really difficult to get answers to questions or see change in the short time that they're in classes here. The

Dumb Rules system is set up to efficiently and effectively deal with issues that are brought to its attention."

While every question raised goes directly to the attention of the committee, questioners do not always get the response they expect.

The student who suggested that it was wrong for latecomers to be locked out of class was told that such a decision was the prerogative of individual instructors.

"Different instructors have different tolerances to late students and utilize various techniques to deal with this situation. The decision to lock students out of class if they arrive late is made at the instructor and program level and is not a NAIT policy," the committee's ruling stated.

The student was advised to discuss this rule with his or her instructor or program chair.

Kevin Shufflebotham, chief of staff to the president and chair of the committee, believes the high student response stems from the frank and objective way in which the committee handles concerns.

"At minimum, even if the policy or practice can't be changed, the committee will provide a rationale for its existence. The positive feedback that we've been receiving confirms this," he says.

To help improve its response time, the committee will be accepting student submissions only in the fall (Oct. 16-Dec. 5). Staff submissions will be accepted in the spring.

All submissions (see form above) will be confidential and the names of questioners will only

be viewed by members of the committee. Submissions must include your name and contact information. This will allow the committee to respond to you directly and seek clarification as required.

Questions may be submitted through the

Dumb Rules Committee website, which is accessible via the student portal.

Concerns may be directed to Shufflebotham via e-mail at [kevins@nait.ca](mailto:kevins@nait.ca) or Monro at [lisim@nait.ca](mailto:lisim@nait.ca)

## Classifieds

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## CALLING STUDENT FILMMAKERS!

**The Alberta Student Film Festival 2009 has opened its call for submissions. To enter your film or for info, visit [asfilmfest.ca](http://asfilmfest.ca) or e-mail [asfilmfest@gmail.com](mailto:asfilmfest@gmail.com).**



## STEPS TO SUCCESS

# Best things are free



SHANT CHAKMAKIAN

Consumerism is everywhere, it drives our economy, it fuels our fashions and furthers our technology. But does it further us as people?

An Austrian philosopher, Ivan Illich once said: "In a consumer society there are inevitably two kinds of slaves: the prisoners of addiction and the prisoners of envy."

People's dreams and illusions of a successful life generally include a long list of particular possessions but seldom include a list of personal qualities and milestones.

Our society has become cultured and defined by what we own and what we buy, bringing a false illusion of status. True wealth lies with contentment and joy, it lies within strength and accomplishment and it lies entirely within us.

"In 2002, four to 12-year-olds in the United States spent \$30

billion alone ... American 12 to 17-year-olds spent \$112.5 billion in 2003," according to The Future of Children.

Large corporations and marketing agencies strive to make huge inroads to create good consumers in the marketplace. Constant credit offers make it easier to get what you want now and pay later.

But how does consumerism make you better? What does it truly have to offer in the end?

I'm not saying that shopping or buying new products is bad, it's not. Necessity fuels the economy, but by creating false necessity marketing agencies provide new revenue streams for their clients. These new revenue streams not only affect your pocket but your life.

If you go shopping because you are bored, sad or depressed, you may have a problem. If you look around your house and see many things you have purchased and have never really used, then you need to re-evaluate your purchasing habits.

Examine why you purchased that product, what you gained from it and how it made you better. Purchasing the right things can be a great tool, like a book for example. But purchasing shoes you've worn only twice in the past two years

isn't such a good idea.

Decide what you want from life and what you need to do internally to get there. Think about giving. If that's not something you normally do, try it. You'll get back more than you expect.

Finally, think about everything you've ever bought and the joy it brought you. But now where is that feeling? Does it make you feel complete now? Does it hold you or comfort you? No, it's an illusion and it consumes your life and finances slowly.

People are made to think they can aimlessly fill their void with money and objects and that something will solve all of their problems, but at the end of the day they're still there.

The only way to feel complete is to let go of greed. Stop letting other people and things influence how you feel and find that strength within. One day you will not just feel complete, you will be complete; and that's why some of the best things in life are free.

*Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at [shant\\_c@hotmail.com](mailto:shant_c@hotmail.com) I value and look forward to your input.*

4	3	9	8	7	5	6	2	1
8	2	5	6	1	3	7	9	4
6	7	1	2	9	4	3	5	8
9	1	7	3	5	8	4	6	2
3	5	6	4	2	7	8	1	9
2	4	8	1	6	9	5	3	7
7	8	2	5	3	1	9	4	6
5	6	4	9	8	2	1	7	3
1	9	3	7	4	6	2	8	5

Solution for Sudoku #61

## Are you an Aboriginal student at NAIT?

If so, there is a centre right on Main Campus designed specifically to meet your needs! The EnCana Aboriginal Student Centre is a great alternative to many of the study and work spaces available on campus. Unique features of the centre include cultural awareness workshops, mentorship programs and many business services such as fax and computer access. Even if you are not self identified through NAIT, you may still make use of all the programs and services offered! The EnCana Aboriginal Student Centre is available Monday to Friday, 8 a.m. - 4:30 p.m., Room E-121.

Questions ?

Please feel free to contact Stephanie Bean, co-ordinator of Aboriginal Student Services @ (780) 471-7839, or at [sbean@nait.ca](mailto:sbean@nait.ca). Come by the centre and we would be happy to give you a tour!



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Talk careers in the skilled trades; project management; field management; estimating; safety and loss prevention; procurement; engineering technologies; finance and administration; quality; system and technology; and administrative.

**Tuesday, November 4**

**3 – 5 p.m.**

**North Lobby**

**NAIT Main Campus**

**(11762 - 106 Street)**



Careers now at **PCL.com**





# Be safe at Halloween!



Halloween is upon us once again and little ghouls and witches will head out in costume for some long awaited trick or treating. Here are a few simple tips for you and your youngsters to have a safe and happy Halloween:

**For Kids**

1. Trick or treat with a friend or your parents.
2. Do not go to houses where the lights are off.
3. Never go inside a stranger’s house.
4. Know where a Block Parent house is in case you need help.
5. Start trick or treating early and do not stay out late.
6. Let your parents know where you will be.
7. Cross the road at the corner or at a crosswalk.
8. Look both ways before you cross the road.
9. Wear reflective tape on your costume so drivers will see you better.
10. Carry a flashlight.
11. Never go into alleys, parking areas or vacant lots.
12. Do not go near animals you don’t know.
13. Eat a good supper before you go trick or treating and ask your parents for a sample of their treats to eat while you are out.
14. Let your parents check your treats before you eat them. Don’t eat candy when you get it. Take it home and let your parents check it over.
15. Never eat unwrapped candy.
16. Keep away from open fires and candles. (Costumes can be extremely flammable.)
17. Use face paint rather than masks or things that will cover your eyes.

**For Adults**

1. Using common sense can make a party a great one and avoid anything that may ruin it.
2. Keep an eye on the drinking; don’t let it get out of hand. Take the keys away from anyone who may be driving. Have one person stay sober and offer to drive those people home who may be too intoxicated to drive.
3. When deciding on a menu, check and see if anyone attending the party has food allergies that might be a problem. Common food allergies to dairy products, peanuts and shell fish can really put a damper on the festivities.
4. Know the route that your kids will be taking if you aren’t going with them.
5. The best bet is to make sure that an adult is going with them. If you can’t take them, see if another parent or a teen-aged sibling can go along.
6. Know what other activities a child may be attending, such as parties, school or mall functions.
7. Make sure you set a time that they should be home by. Make sure they know how important it is for them to be home on time.
8. Explain to children the difference between tricks and vandalism. Throwing eggs at a house may seem like fun but they need to know the other side of the coin as well. Cleanup and damages can ruin Halloween. If they are caught vandalizing, make them clean up the mess they’ve made.
9. Explain to your kids that animal cruelty is not acceptable. Kids may know this on their own but peer pressure can be a bad thing. Make sure that they know that harming animals is not only morally wrong but punishable by law and will not be tolerated.

Happy Halloween!

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*If you have information about a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). Your identity will remain anonymous, and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000. Everybody benefits, except the criminal.*

For more tips and information, visit [www.nait.ca/security](http://www.nait.ca/security).

NAITfye (First Year Experience) Workshop Schedule – Fall Semester											
NAITfye is a new initiative developed to help students transition to life on campus. We have developed workshops on a variety of topics chosen with your specific needs in mind and theme oriented based on the time of year. Please attend as many of the following workshops as you wish. The workshops are free and no registration is required.											
	Week	Monday		Tuesday		Wednesday		Thursday		Friday	
November	19	3		Maintain your Loan 4		5		6		Maintain your Loan 7	
	20	Avoid the Freshman 15 10		Remembrance Day 11		12		Avoid the Freshman 15 13		14	
	21	17		18		Women in Technology 19		20		21	
	22	Stretch your Dollar 24		25		26		27		Stretch your Dollar 28	
December	23	1		Who's the boss? 2		3		Who's the boss? 4		5	
	24	8		9		Women in Technology 10		11		12	
	25	Exam Week 15		Exam Week 16		Exam Week 17		Exam Week 18		Exam Week 19	
	26	Holiday Break 22		Holiday Break 23		Holiday Break 24		Holiday Break 25		Holiday Break 26	
	27	Holiday Break 29		Holiday Break 30		Holiday Break 31					
ANY QUESTIONS?? EMAIL <a href="mailto:askfye@nait.ca">askfye@nait.ca</a>											
NAITfye (First Year Experience) Workshop Schedule – Fall Semester											
Nov. 3	Tues	Maintain your Student Loan – You don't want to lose it!						12:15-1:10 p.m.		X111	
7	Fri	Maintain your Student Loan – You don't want to lose it!						12:15-1:10 p.m.		WA212	
10	Mon	Avoid the Freshman 15 – Ask a Personal Trainer and keep the weight off						12:15-1:10 p.m.		X111	
13	Thurs	Avoid the Freshman 15 – Ask a Personal Trainer and keep the weight off						4:30-5:45 p.m.		T105	
19	Wed	Women in Technology Meet and Greet						12:15-1:10 p.m.		X213	
24	Mon	Stretch Your Dollar – Tips for the Starving Student						4:30-5:45 p.m.		LO36	
28	Fri	Stretch Your Dollar – Tips for the Starving Student						12:15-1:10 p.m.		X111	
Dec. 2	Tues	Who's the boss? – Have a problem? Want something? Don't know who to talk to? I will tell you who's who at NAIT and what steps to follow.						12:15-1:10 p.m.		X111	
4	Thurs	Who's the boss? – Have a problem? Want something? Don't know who to talk to? I will tell you who's who at NAIT and what steps to follow.						4:30-5:45 p.m.		WA212	
10	Wed	Women in Technology Meet and Greet						12:15-1:10 p.m.		X213	





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