

SUPPORT SHINERAMA ON SATURDAY, SEPT. 13!

# THE NUGGET

Thursday, September 11, 2008  
Volume 46, Issue 3



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YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

## WILL NAITSA PLAN TAKE OFF?

Student executives tell City Council that City Centre Airport land could help NAIT expand, page 2



Photo by Warren Hrycun

### THREE MILLION REASONS TO CELEBRATE

NAIT President and CEO Dr. Sam Shaw, left, Jon Carman, president of Caterpillar Canada, centre, and Dave Parker, president of Finning Canada, enjoy the moment Tuesday after the two companies gave NAIT \$3 million for its heavy equipment programs. Finning donated \$1 million to NAIT's Heavy Equipment Technician and Industrial Heavy Equipment Technology programs, along with \$1 million in equipment, while Caterpillar stepped up with \$1 million in cash.

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SEPT. 11 @ THE NEST  
4:30PM



# NEWS & FEATURES



NAITSA President Brent Constantin, near right, and VP Apprenticeship and External Geoff Tate spoke to City Council, below, on Sept. 2 on what NAITSA would like to see happen to the City Centre Airport.

Photo by Patricia Andrade

## NAITSA joins airport debate



**GABRIELLE HAY-BYERS**  
Editor-in-Chief

NAITSA stepped up to the plate to advocate for the students' best interests with regard to the proposed closing of the City Centre Airport at a town hall meeting on Sept. 2 with City Council and Mayor Stephen Mandel.

NAITSA's president, Brent Constantin, was joined by VP Apprenticeship and External Geoffrey Tate and Advocacy Director Jason Roth in chambers, and his parting thoughts were:

"It went well. It's definitely a long process. Personally, I hope we can see some progress while I'm in office. The time frame as it stands right now (suggests) there might be another consultation with the public in January, but the time we'll be hearing about the next step won't be until June."

NAITSA's presentation at the town hall style meeting was based on the best interests of students. In media packages released at the meeting to attendees and dignitaries, NAITSA's stance that a consolidated campus at the downtown location where our main campus currently resides would be the best option for students was made clear.

The documents stated:

"With the increasing demand for NAIT graduates, the institute is running over capacity and requires

expansion. Currently NAIT holds a tract of land in south Edmonton that is slated for expansion, but it would be more economically responsible for NAIT to expand at a consolidated location."

### 84,000 students

Continuing from that point, it was highlighted that over 84,000 students will walk the halls of NAIT this year alone – with 17,029 of those considered to be full time.

One of NAITSA's main points was that if the airport closed down, NAIT should be allowed to use the land for further expansion – including a residence.

A residence would provide affordable housing opportunities for students. Currently, NAIT does not have student housing, as we all know.

If the situation arose that NAIT could have a consolidated campus, centralized student housing would then become an option.

A 2005 survey of students showed that roughly a third of new students had to relocate in order to make their education at NAIT a reality, and finding housing in our current market is exceedingly difficult for apprenticeship students who often only need a room for six weeks.

According to Roth, a residence at NAIT is the answer.

"NAIT currently does not have a residence, and expansion of the institute would make that possible. Development of the airport lands would allow for the construction of affordable housing that would benefit not only NAIT students, but the students of other institutions in the vicinity."

However, NAIT students aren't the only segment of the population that could gain from development of the City Centre Airport land. A City of Edmonton report from May 2008 stated that property taxes from the completed airport development could bring in up to \$90 million in revenue for the city.

### Mitigate tax increases

In the words of NAITSA, "(we) support the opportunity to mitigate future tax increases that our students will have to pay."

Constantin sums the situation up most effectively in this statement:

"It's hard to argue from any point of view that NAIT doesn't need expansion, and that it would be best for students to have it in a centralized location," he said.





Nugget photo

Washrooms at the Shell Manufacturing Centre were out of service for a week due to a broken sewage line.

# Sewage problem in B Building

**CHRISTOPHER CARMICHAEL-POWELL**  
Senior Issues Editor

Students were shit out luck if they wanted to use the facilities in the B Building last week. Soil movement caused a break in the sanitary sewage line, making it necessary for students to find other washrooms to do their business in.

Facility operations were notified of the issue when sewage began backing up through the floor drains. The Shell Manufacturing Centre has been with NAIT since 1962. Originally called the Mortar Building, it has stood the test of time.

"(I've been here) two years and no other incidents, well, nothing out of the ordinary," said Steve Reid, (manager, maintenance and operations, Capital Projects and Facilities Operations), in response to a question on the condition of the building, given its age.

The Shell Manufacturing Centre's sanitary sewage line has since been restored. The restoration was associated with relatively small costs due to being originally equipped with ceramic lines, making an easy repair possible. The repairs took place 17 feet below grade, easily accessed.

Reid could not provide information about the exact cost of repairs, but did say the expense would likely be minimal.

Thanks to the quick work of Facility Operations, the Shell Manufacturing Centre is now fully up and running. Students are free to use the facilities of the B Building for all their washroom needs, without having the worry about flushing complications.

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**SEPT. 22-26**

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<b>SEPT. 26</b> 4:15 PM MEET @ THE NEST \$30 ENTRY PER TEAM	<b>THE AMAZING OOKLET RACE</b>	Get your teams of three together to compete in a photo-scavenger hunt race to get your OOKLET to Hudsons!

Tickets and Team Entry Forms available at NAITSA Office:  
Room E-131 • Tel: 780.471.8855

www.naitsa.ca facebook



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**Submissions encouraged.**  
studenteditor@nait.ca

## THE DEADLINE IS ...

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

# Letters

## We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



# Cell phones linked to cancer

**ANNA WOLSKA**  
**Excalibur (York University)**

TORONTO (CUP) – When the new iPhone went on sale in July, thousands of people across the country got their hands on the coveted piece of merchandise – and the cost could be their health.

The same month the iPod launched, a warning was issued by Dr. Ronald B. Herberman, director of the University of Pittsburgh Cancer Institute, cautioning the public about the dangers of cell phone use.

## Limit use

The advisory is based on unpublished studies of the ill effects of the electromagnetic radiation cell phones emit.

Herberman said he needed to advise the public to limit cell phone use because he felt the evidence was too compelling to wait. The Cancer Institute's experts reassessed his precautions.

Following Herberman's warning, Toronto's department of public health released its own advisory notice, stating that children and teens should limit their cell phone use.

These warnings are contradictory to the U.S. Food and Drug Administration and Health Canada's stances on the issue, which state there is no proven link between cell phones and cancer.

## Myth or fact

"For years I've read articles contradicting the cancer issue related to cell phones. One year it's just a myth and the next year it's a fact," said Violet Kimberly, a third-year student at York University in Toronto.

In Canada, there are 20.1 million registered cell phone numbers, though that number is constantly rising.

Despite the warnings that potential ill-effects of prolonged use could become widespread in the future, cell phones are now perceived as a necessity, especially in emergencies.

"I do believe, though, that having a cell phone is worth the possible risk because they can definitely be life savers," said Alexandra Kimber, a third-year history student at York.

"Being a driver, I feel safer having a cell phone because I know that if anything happens while I am on the road, I can just call for assistance."

## SATURDAY, SEPT. 13

### SHINE & CAR WASH LOCATIONS



STUDENTS FIGHTING CYSTIC FIBROSIS

http://shinerama.naitsa.ca

Stallion Boot Company<sup>CW</sup>

The Ranch<sup>CW</sup>

NAIT<sup>CW</sup>

Nameo Sobeys<sup>CW</sup>

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<sup>CW</sup> = Carwash





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# OPINION

— Editorial —

## Electing to care more for Facebook



**GABRIELLE HAY-BYERS**  
Editor-in-a-skirt

Well, I'm ashamed of you if you haven't heard yet that we're heading to the polls on Oct. 14 to decide (again) who we want to be in charge of our country.

After a few months of speculation, we finally have confirmation that we're going to hopefully move beyond this longlasting

minority government into some sort of political quasi-stability.

But let's look at this realistically.

We're going to campaign for five weeks or so, after two years of the American parties doing the same. Barack Obama sets off fireworks when he says he wants to be president, and NDP leader Jack Layton just says, "I want Harper's job."

### Simple?

Simple as that, right? No wonder more people care about the new Facebook than our upcoming election. Look at the lousy turnout for the NAITSA elections last year and you can get a fairly indicative idea of how we take elections oh-so-very seriously.

I'm not your grandmother. I'm not going to harp on you to do your civic duty, even though I want to.

I'm just a realist, and I am going to tell you that if you're not voting, you're pretty much being a useless drain on society, and a massive waste of skin.

Hey, this is an editorial, I'm allowed to state my opinion.

Don't blame low voter turnouts on "not having any options" because clearly there are several candidates. That'd be a problem with you not having a candidate you like.

Pick one that stands for something you believe in. Don't cop out. At least spend the time to research that far.

### Where do you stand?

The news will tell you what issues are hot during this election – the economy, the environment, northern security and the war in Afghanistan will all play in, just to get you started.

Where do you stand?

Where do your candidates stand?

The *Nugget* will be with you along the way, straying from our usual NAIT-centric reporting to make sure that you have no excuse to think that you're stuck in a bubble of studying and campus parties. Maybe we'll even find ways to show you what each candidate can do for you as a student, in our usual quote-infused "I don't want you to think this is my opinion because that'd be awkward" sort of way.

If I can find almost two million people in Facebook groups complaining about the new Facebook, I had better see a bigger voter turnout than that during the upcoming federal election.



— Letters —

## Let's clean up our act!

Dear Editor:

With the new school year in full swing comes the same old, disgusting garbage ... literally!

One only has to pay the Common Market lunchroom a visit to witness the lack of house training being exhibited by some of our new (and old) crop of students. I am talking about the gross mess left behind after their meals. Apparently, some forget that mommy didn't follow them to school. People! Please!

Contrary to popular belief, a cleaning lady (mom or

otherwise) is not anxiously waiting for you to get up so she can clean your table for you, and in fact, it is YOUR responsibility! Wouldn't you like to find a clean table to eat at when the lunchroom is packed and empty tables are scarce? While I'm at it, I should also mention that the main Business building entrance already looks like a big ash tray and is cluttered with smokers who don't respect the "10 metres" bylaw.

Welcome to NAIT! Sigh.

Jackie Urchyshyn

## Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.

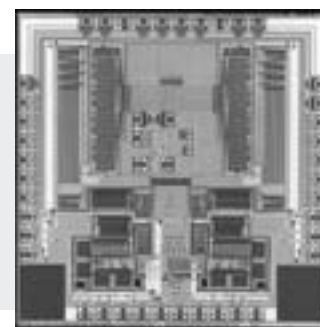


**tech  
talk**



SHANT CHAKMAKIAN

# Facebook's facelift



Those of you who use Facebook regularly probably noticed last week after logging on that it looks different, as did the rest of the world.

Facebook set out to redesign the entire interface by giving it a whole new look and feel and to simply reduce clutter.

One of the new welcome improvements are the tabbed-based profiles, where the Wall, Info, Photos and Boxes sections of your page are now split up. This really helps users who have pages cluttered with apps. Nothing like trying to write the same message on five different walls.

The ability to customize the tabs gives users more control. Now you can give certain applications their own tab in addition to the others (i.e. Notes, Super Wall, iLike, Video, etc.)

You can customize your page in as many ways as before while working with the boxes and it has some added functionality. Things like the friends box can be customized to show a certain number of friends and you can even choose which friends or groups of friends to show.

My personal favourite is how the Wall and Mini-Feed and Posts are completely integrated into the Wall tab on your profile. The new layout really blows up the photos and spreads them out in such a way that you'd wonder how you could tolerate the presentation of the old interface.

In terms of simplicity, Facebook also makes it easier to do most common tasks right from your profile page. Updating your status, sharing

links, adding photos and doing other application-related tasks can now be done from

your profile page quickly and easily.

But it doesn't stop there. The homepage also got a huge facelift.

Furthermore, you can also separate feeds by application such as with Texas HoldEm Poker, Events and Groups.

My second personal favourite is feeds by Friend Lists, so that you can view the feeds of certain groups of friends. Now from far and wide across the nation, or wherever in the city my different crews may be, I know what is going down. It's the best way to stay in touch and catch up with different circles of people that matter to you.

These new changes have made

Facebook a much better tool for managing your own personal social life. Although the new change has received mixed reviews, these changes will take getting used to and eventually will be welcomed by all. But who cares what I think, log on and try it.

*Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at [shant\\_c@hotmail.com](mailto:shant_c@hotmail.com). I value and look forward to your input.*

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# SPORTS

## New women's V-ball coach



By **AMBER TIENKAMP**  
Assistant Sports Editor

"He is super intense and dedicated ..." are the words Olenka Toroshenko, one of only three returning players, uses to describe her new coach, Keith Lundgren.

Lundgren is the new women's volleyball coach at NAIT, joining the program during the first year it will have a full time coaching staff, bringing with him plenty of playing and coaching experience.

Originally from Sudbury, Ont., Lundgren is entering his 13th year of coaching, coming to NAIT from his most recent position as a coach at Lakeland College.

He sees coming to coach the Ooks at this time as a very positive thing and would like to develop consistency within the team and the program as a whole, hopefully taking it up to a national level.

The ladies went on a retreat this last weekend together, and as well as developing new relationships within the team, Lundgren had the team collectively write out team goals, goals that he hopes to help the team meet this year.

With two pre-season tournaments coming up in the next few weeks, Lundgren plans to use the tournaments to allow the players to feel out a few different positions, saying, "every player has a role within this team."

"The tournaments are a time to help us all find out what that role will be."

Lundgren talks excitedly about his new job at NAIT.

"I've wanted to do this since I was 17, (coach full time) and now I get to do what I love," he says.

With the full-time positions, (NAIT is one of only a few colleges with a full-time coaching staff) there is more time for planning and real dedication to the team and its players.

With a fairly new team and a new coach, the women's volleyball team has an exciting year to look forward to.

Make sure to head out for the first game on Oct. 25 at 6 p.m., when the Ooks take on MacEwan.



Photo by Warren Hrycun

**Keith Lundgren**  
'Intense and dedicated'



Photo by Brendan Abbott

Ooks midfielder Brent Anderson, left, fights for the ball against a Griffin player on Sept. 7 during a league game that ended in a scoreless draw.

### HOCKEY

## Pre-season loss for gals

**LANDON MOSKOWEC**  
Athletics and Recreation

The NAIT Ooks women's hockey team kicked off its pre-season Sunday (Sept. 7) with a 2-1 victory over the MacEwan Griffins.

The game was the first for new Ooks head coach, former University of Alberta Pandas star Deanna Iwanicka.

"It was a good game," said Iwanicka, "a bit of

a scrambled start, but both teams played well."

Second-year forward Kendel Jurista opened scoring for the Ooks late in the second period. Griffins' captain Jillian Barber replied 20 seconds later.

Second-year forward Kaylea Salamon broke the tie in the opening minute of the third.

Coach Iwanicka faces tough decisions as she evaluates her roster for the upcoming Alberta Colleges Athletics Conference season.

## Badminton tryouts set

**NAHREMAN ISSA**  
Senior Sports Editor

Calling all badminton players! NAIT's badminton team is looking for a few good men and women to carry on its winning tradition. Tryouts will be taking place next week.

The team is coming off quite a successful year. NAIT struck double gold at last year's CCAA Nationals. The highlight of the year went to Yang Sun. She was named NAIT's female athlete of the year as well as the ACAC female athlete of the year.

So if you're looking to join this successful team, tryouts take place: Monday, Sept. 15, 6-8 p.m.; Tuesday, Sept. 16, 4:30-6 p.m.; Wednesday, Sept. 17, 7:30-10 p.m.; Thursday, Sept. 18, 9-10:30 p.m.

	Monday	Tuesday	Wednesday	Thursday	Friday
Department of Recreation	Outdoor Boot Camp 6:30-7:30am		Outdoor Boot Camp 6:30-7:30am		Outdoor Boot Camp 6:30-7:30am
	Vinyasa Flow Yoga 12:15-1:00pm	Pilates 12:15-1:00pm	Yin Yoga 12:15-1:00pm	Kickin Cardio 12:15-1:00pm	Hatha Yoga 12:15-1:00pm
		Spin 12:15-1:00pm	*Metal Revving (Spin) 12:15-1:00pm	Spin 12:15-1:00pm	
		Shine Aerobics 12:15-12:45pm			
			WOW 3:30-4:30pm		
		Spin 4:45-5:30pm		Spin 4:45-5:30pm	
		Belly Dance 4:45-5:45pm	Hatha Yoga 4:45-5:45pm	Pilates 4:45-5:45pm	Kick Boxing 4:45-5:45pm

\* Metal Revving, please register in person at S-105. Only 11 spots available.



Register today for the Fall Fitness Classes: 1) Online at [www.nait.ca/recreation](http://www.nait.ca/recreation) 2) Visit Recreation Office E-134



SOCCER

Griffins stifles Looks

LONDON MOSKOWEC  
Athletics and Recreation

Solid defensive play from the MacEwan Griffins on Sunday (Sept. 7) frustrated the NAIT Looks men’s soccer team as the sides played to a scoreless draw in their season opener.

First-year goalkeeper Chris Rarog of the Looks and third-year keeper Adam Kerr of the Griffins earned the shutouts for their teams.

“Our possession was good. I feel our build-up play from the back was outstanding,” said Looks head coach Jeff Paulus.

Paulus had praise for several of his players, including first-year forward Freddy Akok.

“He was a threat every time he had the ball,” said Paulus.

First-year midfielder Joe Asarfo-Adjei, who was named the Looks player of the game, was also noted by his coach for his performance.

The match opened the Alberta Colleges Athletics Conference season and was the first chapter of the 2008-09 109th Street Challenge, an annual competition between the two arch-rivals.

Points in the challenge are based on game results and fan attendance in head-to-head matches in soccer, basketball, volleyball and hockey.

The Looks’ season continues on Saturday in Fort McMurray against the Keyano Huskies at 4 p.m.

Women lose to Griffins

LONDON MOSKOWEC  
Athletics and Recreation

The inexperienced NAIT Looks ran into a tough opponent and bowed 2-0 to the MacEwan Griffins in the women’s soccer season opener on Sunday (Sept. 7).

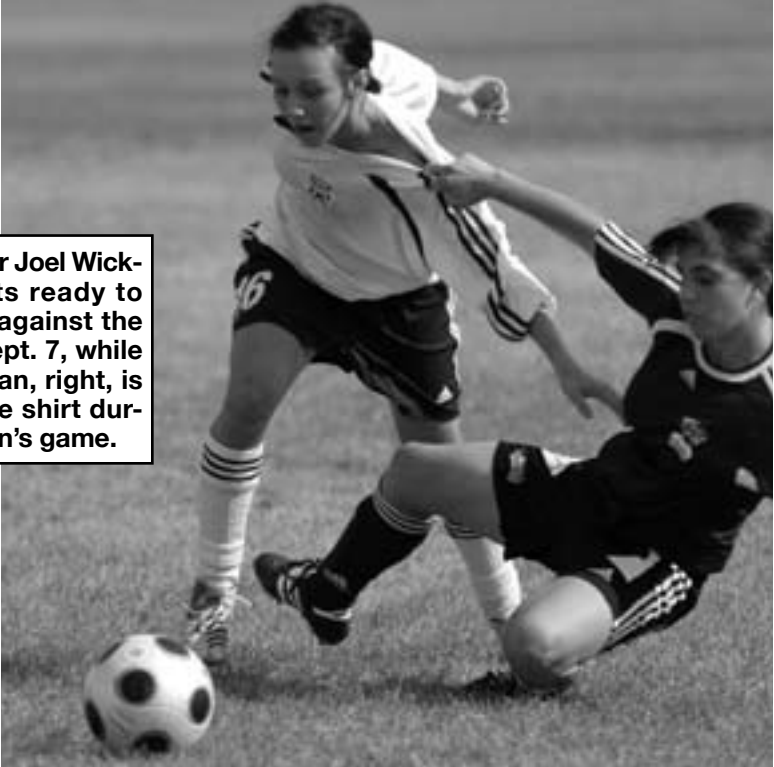
Third-year defender Courtney McKinnon and second-year forward Lauren Kent scored for the Griffins. Second-year goaltender Ardyn Melnyk earned the shutout.

“We worked really hard,” said new Looks head coach Sergio Teixeira, “I felt we were a bit unlucky, but we played well.”

Teixeira noted both third-year midfielder Allison Marshall and first-year defender Kaylee Wowk for their performances. Wowk was named Looks player of the game.



Ooks defender Joel Wickens, left, gets ready to kick the ball against the Griffins on Sept. 7, while Jaymee Sirman, right, is yanked by the shirt during the women’s game.



Photos by Brendan Abbott

NAITfye (First Year Experience) Workshop Schedule – Fall Semester

NAITfye is a new initiative developed to help students transition to life on campus. We have developed workshops on a variety of topics chosen with your specific needs in mind and theme oriented based on the time of year. Please attend as many of the following workshops as you wish. The workshops are free and no registration is required.

	Week	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jul-08	1			1	2	3	4	5
	2	6	7	8	9	10	11	12
	3	13	14	15	16	17	18	19
	4	20	21	Welcome to NAIT	22	23	24	25
	5	27	28	29	30	31	1	2
Aug-08	6	3	Civic Holiday	4	5	6	7	8
	7	10	11	12	13	14	15	16
	8	17	Welcome to NAIT	18	19	20	21	22
	9	24	25	Lost & Losing it?	26	27	28	29
	10	31	Labour Day	1	2	Lost & Losing it?	3	4
Sep-08	11	7	Study Tips for Memory, etc	8	9	Mature Student Orientation	10	What's your Learning Style
	12	14	Services & Life, Manage Time	15	Services & Student Life	16	17	Exam Prep and Writing
	13	21	Reading, Listening & Notes	22	23	Women in Technology	24	Adjust to life in Canada
	14	28	Managing Exam Stress	29	What to do in Edmonton?	30	1	What to do in Edmonton?
	15	5	Citation 101	6	7	8	Citation 101, Manage Stress	9
Oct-08	16	12	Thanksgiving Day	13	14	Women in Technology	15	16
	17	19	20	Off the Bench	21	22	Off the Bench	23
	18	26	Join the NAIT Team	27	28	Join the NAIT Team	29	30
	19	2	3	Maintain your Loan	4	5	6	Maintain your Loan
	20	9	Avoid the Freshman 15	10	Remembrance Day	11	12	Avoid the Freshman 15
Nov-08	21	16	17	18	Women in Technology	19	20	21
	22	23	Stretch your Dollar	24	25	26	27	Stretch your Dollar
	23	30	1	Who's the boss?	2	3	Who's the boss?	4
	24	7	8	9	Women in Technology	10	11	12
	25	14	Exam Week	15	Exam Week	16	Exam Week	17
Dec-08	26	21	Holiday Break	22	Holiday Break	23	Holiday Break	24
	27	28	Holiday Break	29	Holiday Break	30	Holiday Break	31

ANY QUESTIONS?? EMAIL askfye@nait.ca

NAITfye (First Year Experience) Workshop Schedule – Fall Semester

September-08					
15	Mon	Student Services and Student Life at NAIT - Learn what you need to know!	12:15-1:10pm	T105	
16	Tues	Student Services and Student Life at NAIT- Lean what you need to know!	4:30-5:45pm	X203	
24	Wed	Women in Technology Meet and Greet	12:15-1:10pm	X213	
26	Fri	New to Canada? Let us help you to adjust	4:30-5:45pm	W301	
30	Tues	What is there to do in Edmonton? For new Edmontonians	4:30-5:45pm	W301	
October-08					
2	Thurs	What is there to do in Edmonton? For new Edmontonians	12:15-1:10pm	X215	
6	Mon	Citation 101- Avoid plagiarism and learn how to reference before your paper is due	12:15-1:10pm	X215	
9	Thurs	Citation 101- Avoid plagiarism and learn how to reference before your paper is due	12:15-1:10pm	T105	
15	Wed	Women in Technology Meet and Greet	12:15-1:10pm	X213	
21	Tues	Off the Bench and into the Game- Get involved at NAIT	12:15-1:10pm	WA212	
23	Thurs	Off the Bench and into the Game- Get involved at NAIT	4:30-5:45pm	X203	
27	Mon	Join the Team- Learn How to Find a Job on Campus	4:30-5:45pm	W301	
29	Wed	Join the Team- Learn How to Find a Job on Campus	12:15-1:10pm	X215	
November-08					
4	Tues	Maintain your Student Loan- You don't want to lose it!	12:15-1:10pm	X111	
7	Fri	Maintain your Student Loan- You don't want to lose it!	12:15-1:10pm	WA212	
10	Mon	Avoid the Freshman 15- Ask a Personal Trainer and keep the weight off	12:15-1:10pm	X111	
13	Thurs	Avoid the Freshman 15- Ask a Personal Trainer and keep the weight off	4:30-5:45pm	T105	
19	Wed	Women in Technology Meet and Greet	12:15-1:10pm	X213	
24	Mon	Stretch Your Dollar- Tips for the Starving Student	4:30-5:45pm	LO36	
28	Fri	Stretch Your Dollar- Tips for the Starving Student	12:15-1:10pm	X111	
December-08					
2	Tues	Who's the boss?- Have a problem? Want something? Don't know who to talk to?	12:15-1:10pm	X111	
		I will tell you who's who at NAIT and what steps to follow.			
4	Thurs	Who's the boss?- Have a problem? Want something? Don't know who to talk to?	4:30-5:45pm	WA212	
		I will tell you who's who at NAIT and what steps to follow.			
10	Wed	Women in Technology Meet and Greet	12:15-1:10pm	X213	





# ENTERTAINMENT

## Beach Bash big surprise



**BRYCE ALTHOUSE**  
Senior Entertainment Editor

My socks were rocked and someone is to blame. In fact, I thoroughly checked the offending socks and I believe they are indeed still trip-

ping balls from Sept. 6's NAITSA/Nest Beach Bash.

Now, this is quite surprising to me as I was fully prepared to get blindingly drunk (and sleep in my truck) just to deal with some sub-par amateur reggae rock. Instead, I stayed surprisingly sober and took in all that I could of an incredibly tight show that had me air-drumming and singing in my chair between showing off my whiskey and water shot-glass trick.

First of all, I arrived late and managed to walk in while Mobadass was just starting into

their set. Immediately I was hit by a wave of good vibrations. By god! Could they actually be playing proper reggae rock?

People began to fill the dance floor and my question reached fruition. They put on a stellar opening set which had such moments as the excellent cut *Reggae's on Broadway* and a closing song interspersed with bits of Flight of the Conchords's – Business Time and Arnold Schwarzenegger impressions. Could it be any better?

Well, this is where I hit a level spot with the next band, Current Swell. These boys can definitely play, but I wasn't feeling the almost 90s alt-rock sound I felt was creeping through the early songs. But they did redeem it by leading me into a great track that I can only remember as containing the word "Sometimes."

This started with a funky guitar attack on par with early Rage Against the Machine and once the harmonica hit ... goddam, this was like ... Southern Reggae Rock? Whatever it was though, it worked and I was groovin' through this closing song like somebody had just turned on some Molly Hatchet.

Insert a 15-minute break, a couple of shots of whiskey, and people constantly eying a journalist with his notepad and you'll be at the point when the main act, Daniel Wesley, stepped up on stage. Without hesitation, he came out and just took control of the microphone like he owned it.

This was easily the tightest set of the entire night and was kept true with a variety of excellent songs, including the new track *Pilgrimage* (the only one I could hear being introduced over the noise of the crowd) which had a refreshingly disco feel to break up any sense of monotony.

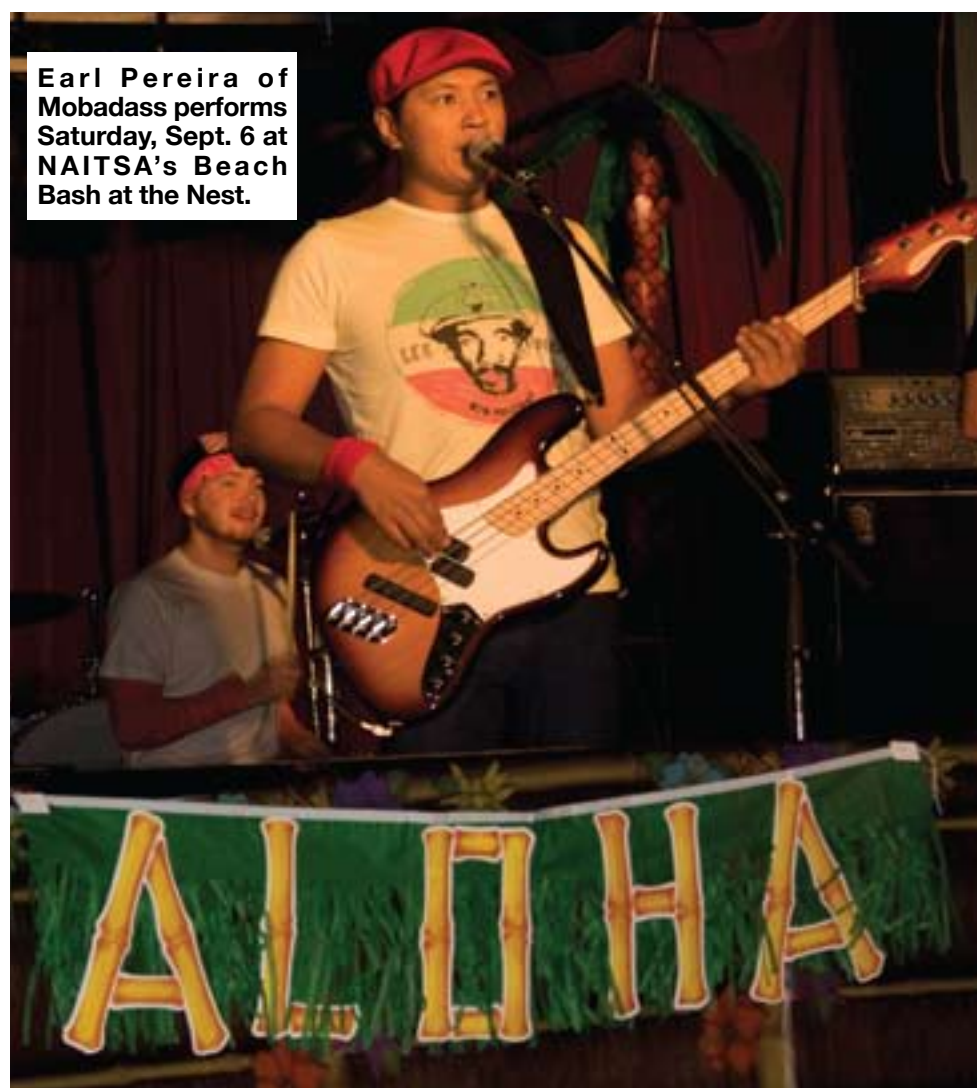
As overheard when someone was trying to explain the general D. Wesley sound, "This sounds like Jack Johnson mixed with Sublime

man!", and really, it is a fairly accurate explanation of the supremely mellow sounds that just flowed out of those speakers.

Before this night, I'd actually never even heard of Daniel Wesley, Mobadass or Current Swell and I would have been hard-pressed to go out of my way to see them live. But in all, they put on a solid showing and impressed me enough that I would see them again, given the chance.

In fact, I am even spinning two of D. Wesley's albums in my CD player as we speak. My only gripe with the show? That I had to leave early to get some much needed rest before my Saturday 9 a.m. work shift.

As I was walking to the door, all I could hear was Daniel Wesley singing, "You won't be coming back" to which all I could reply was, "Oh hell yes, I will be ..."



**Earl Pereira of Mobadass performs Saturday, Sept. 6 at NAITSA's Beach Bash at the Nest.**

Photo by Dorothy Carter



Photo by Patricia Andrade

**Scot Stanton of Current Swell plays his lap slide during the band's set at Beach Bash.**

## Club 9 welcome on Whyte

**SHANT CHAKMAKIAN**

For those of you who like Whyte Avenue and are in the dance club scene, you'll be glad to hear that a new club, Club 9, had its grand opening this weekend. This is welcome news to students who will find that there are no activities here at NAIT that cater to the dance club lifestyle.

The new bar, which provides capacity for up to 170 people, isn't like your typical dance lounge.

"We provide an atmosphere

that isn't typically found on Whyte Avenue. I've always challenged everyone's assumption by doing something different," said Wilson Raposo, one of three managing partners from the Carte Blanche group.

After acquiring and renovating the bar in early August, his bold new plan was to re-launch Club 9 catering to a particular niche of upscale dance club enthusiasts. It is Raposo's goal to help change the face of Whyte Avenue.

"Stereotypically, when people think of a bar on Whyte Avenue they think of a pub-type area ... Whyte Avenue is fashion, art and culture – we're trying to bring that back. It's about time someone put together a trendy spot like an upscale lounge," says Raposo.

After dropping down some serious party action, I found that Club 9's atmosphere isn't that of ordinary dance lounges. Given its smaller venue size, it has a warmer atmosphere to it and as a result the people

are friendlier and fun.

Also, if you want to have a 30-person private party with bottle service and still be a part of the rest of the action, Club 9 has a great section for that. It even includes a spacious balcony overlooking Whyte Avenue.

I remember the first time I was in that venue when it was The Backroom. I really enjoyed the atmosphere, the people were cool and I enjoyed the killer house music dropped down by DJ Emagdnim.

Really, it was the best Tuesday ever.

However, given the great location, the venue wasn't in that great shape, nor was it trendy or upscale. But now after a facelift, I think most patrons will find this to be a bar they'd like to frequent.

Club 9 is located on the second level of 10324 82 Ave. right where The Backroom used to be. So this weekend, come down to Whyte Avenue and see for yourself if you're picking up what this club is throwing down.





Headliner Daniel Wesley takes it to the crowd at Beach Bash.

Photo by Dorothy Carter

# Chaos no more

**BRYCE ALTHOUSE**  
Senior Entertainment Editor

For all you lovely readers out there with a question burning hotter than a case of gonorrhea – Yes Virginia, there is a Santa Claus; but there will be no Campus Chaos this year.

Nada. Zip. Finito.  
Now that the five people reading this are done crying, they are probably asking ‘Why?’

Well, for the answer to that question, we can turn to NAITSA’s Campus Culture Director (and all-around awesome person), Jen Grundke, who put it quite simply as, “It never was scheduled for this year – the promoter (Triostar Productions) had other opportunities and decided not to continue it.”

Well, that explains that!  
End of article!

But wait, not all is lost, as the passing of Campus Chaos has laid down a yellow brick road for other events such as Indie Nights at the NEST (starting this Sept. 11 and occurring every second Thursday) and the recent Beach Bash to get their fair share of publicity.

This also freed up Triostar to persuade a certain Kevin Smith (yes, THAT very askew Kevin Smith) to have a little event at the Francis Winspear on Sept. 28 ... and there just might be tickets going on sale this week at the NAITSA office ... so it’s a win-win situation. Just like prostitution.

So finish drying those teary eyes, check the NAITSA website (<http://www.naitsa.ca>) for more upcoming event awesomeness, and if you still feel like curling up to Floyd’s *Comfortably Numb*, then fire me an e-mail at [entertain@nait.ca](mailto:entertain@nait.ca). Especially if you’re female ... cause I need all the help I can get.

NEW GAME+

# Mercenaries 2 misses mark

**SHEA ODLAND**

Welcome to the monthly instalment of New Game+, where I pick up the latest videogame released and tell you whether or not it’s worth your time.

I’m going to do a simple equation that should tell you whether or not you will enjoy Mercenaries 2: Grand Theft Auto, plus jaw-dropping explosions, minus prostitutes, rap, bowling, plus lots and lots of bugs (glitches, not insects), minus fun, equals Mercs 2.

Maybe I’m being a little too harsh with the minus fun bit. If you want to have fun with this game, play it for no more than three hours, put it away, and forget about it. In those first few hours, you really won’t have enough time to get annoyed by the glitches and lazy programming.



For example, when you get into a car and it jumps five feet in the air before you get it going, it’s funny, not annoying. And the first time your helicopter pilot drops your equipment into the ocean (wasting not only equipment but precious fuel) is way less frustrating than the 10th or 20th.

I could go on with the little inconveniences (like when I called for a tank and my chopper

dropped it on the roof of a building I couldn’t get to) but maybe I should touch on some of the positives, since I don’t want to look like a hater.

One of the best things about this game is the explosions. This game should have been called “Blow Shit Up.” No joke. Everything you see in the game can be destroyed provided you have enough firepower, and there is A LOT of firepower at your disposal.

From grenade and rocket launchers to tanks and artillery strikes, you should never have a problem blowing your enemies to kingdom come or wherever (except you will have problems, lots and lots of problems).

Another (potentially) fun aspect to the game is the multiplayer. You and a buddy can go through the whole game co-op (via online network). Or if you have no friends, you can play with a stranger.

I cannot stress how much more fun it is to destroy everything with a buddy. It makes the game almost worth the 10 bucks to rent it. Except when you’re playing online with a stranger, there is about a four in five chance that the

guy (or girl) you are playing with is either a complete moron or just a jerk. In these cases, you’ll be in the middle of a mission and they go running off on their own somewhere destroying whatever they want.

Now this wouldn’t really be a problem if there wasn’t an invisible leash tying you two together, so when he (or she) goes too far, you can’t move forward or progress through the mission. Of course, if this happens, you can just pause the game and boot this person out. It just becomes frustrating how many times you’ll have to do this. When you get a good player though, it’s more than satisfying. Double the explosions equals double the fun!

One more thing that’s fun: A car that has rockets attached to the bottom that allow it to jump! And you get to go off-roading with it and

jump over logs!

The fun unfortunately ends there though. When you strip away the gunpowder, the (potentially fun) multiplayer and the rocket car, this game reveals itself as a broken mess. You will redo missions not because of your lack of skill, but because the game just doesn’t work. The graphics aren’t at all impressive either (the water looks like it came from one of those 1990s computer-animated cartoons, like ReBoot).

All in all, I can’t even recommend this as a rental.

But who cares? NHL 09 came out on Tuesday!!

Shea Odland’s PSN ID is: darthsweetness



## Campus events for September

When	What	Where
Sept. 11 .....	Indie Night .....	Nest
Sept. 13 .....	Shinerama .....	Everywhere
Sept.22-26 .....	Welcome to E-Town Edmonton Awareness Week .....	-----
Sept. 23 .....	Movie Tuesday .....	Shaw Theatre
Sept. 25 .....	Indie Night .....	Nest
Sept. 27 .....	Club Orientation .....	Birch Bay
Sept. 30 .....	Movie Tuesday .....	Shaw Theatre



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**Denise Reid 780-407-2972 or email [denise.reid@ualberta.ca](mailto:denise.reid@ualberta.ca)**

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## TOP 10 TIPS

# Can you concentrate?



**MARGARET MAREAN**  
NAIT Student Counselling

Concentration, or the ability to focus, is a learned habit. This is good news because poor concentration can be improved. However, to improve you must be persistent in developing better concentration habits.

**1) Improve your study environment.** If there are distractions, would it be better to study in another location? For many students home is not the best place to concentrate because of the numerous distracters. Can you improve

the lighting, organize your study space more effectively, make more room to spread out study materials, get rid of clutter or alert others that studying is a priority and you don't want to be disturbed?

**2) Determine how long you can actually concentrate.** For three or four study sessions, set a timer and see how long it takes before your mind starts to wander. Average the time out and determine whether you need to improve your concentration. Most people can concentrate between 20 to 40 minutes. It isn't realistic to concentrate longer than 45 to 50 minutes at a time.

**3) Determine what causes you to lose concentration.** Are you eating regular, healthy meals, drinking plenty of fluids and getting enough sleep? Are you feeling overwhelmed or anxious? Are personal

problems interfering with your concentration? Do you start daydreaming? Or is your mind just out of the habit of focusing for longer periods of time?

**4) Getting into regular routines may be the most important thing you can do to improve your concentration.** If you get into the habit of sleeping, eating and studying at regular times, your mind automatically focuses more easily.

**5) Keep your mind active while you study.** Set goals, visualize what you are reading, read out loud, make flash cards, ask yourself questions, do concept/mind maps, close the book and recite main points – anything that helps prevent your mind from drifting. Vary the way you study to prevent boredom.

**6) Take regular breaks.** Taking a five-minute break every 25 to

30 minutes helps with both learning and concentration. Try doing something physical and/or having a glass of water during your break – both will help you focus.

**7) Alternate subjects.** Do not work for longer than 50 minutes at a time on a subject. Take a break and then switch to another subject.

**8) Deal with personal issues.** If personal problems are interfering with your concentration, take some time to deal with these. Identify the problem, brainstorm solutions, come up with a plan and then get right back to work. Ask for help if you need it from friends, family or counsellors at Student Counselling.

**9) Use "Thought Stopping."** Daydreaming is a problem for most students – every time you find yourself daydreaming yell "Stop" in your head and get right back to studying.

(It works even better to yell stop while you gently snap an elastic band around your wrist). Although this sounds simple it will improve your concentration very quickly. Give yourself some downtime to daydream outside of study sessions.

**10) After you have determined how long you can concentrate, challenge yourself to concentrate for two or three minutes longer.** Set a timer and practise at that length of time for a few sessions. Gradually add additional time.

And remember counsellors are available to help with any academic, personal or career choice concerns. Phone 378-6135 to book an appointment or come in person to Student Counselling, Room O117, South Lobby. Send questions or feedback to [counselling@nait.ca](mailto:counselling@nait.ca).

## STEPS TO SUCCESS

# Overcoming depression



**SHANT CHAKMAKIAN**

You wake up in the morning, thinking to yourself "shit, it's another day." You struggle to get out of bed knowing that today, like yesterday, has nothing more to offer you but disap-

pointment and pain.

Sorrow stirs in your soul and you get ready to leave your house reluctantly with a messy appearance, not caring about what you look like or what others think. You get through your day like a robot, carrying your sorrows close – they fuel you in a way, it's all you know now, you just want to go home.

After each day, you spend it alone, beaten up and looking for any reason to be sad. Unfortunately, pain is the only thing that lets you know you're alive.

You're depressed and you don't know what to do about it or how to deal with it, you only

know what you feel and that your life is pointless, but you're wrong. Depression is a fast growing problem around the world. In fact, depression may be the leading cause of disability on the planet by 2020, according to the World Health Organization.

The Public Health Agency of Canada says about eight percent of adults will experience major depression at some point in their lives. Feeling worthless, helpless or hopeless, bad appetite/sleep, low energy, poor concentration or decision making, guilt and loss of interest in most things all signify symptoms of depression.

It's a terrible feeling, being able-bodied and physically capable, but being so helpless at the same time. It's ironic being locked in a cage that you have the key to, and only you can set yourself free.

You deserve only the finest the world has to offer and nothing less, the only condition is you have to believe that, you have to feel it and you have to earn it.

But to overcome it, you must first admit your problem and acknowledge that this isn't the life you want. It's a hard step but think about

it – if everyone can be happy, even some of the world's most terrible people, why shouldn't you be entitled to the same right?

If you have trouble taking the first two steps or think your depression is serious, see a doctor or a counsellor.

Count your blessings, sit down and think about everything you have and what makes your life awesome, write it down and add it up. Once you do a good positive tally, you'll feel even better. On a daily basis add up what made your day good, not what went wrong.

Force yourself to smile, whether it's for no reason, at the sight of something you like or when you're feeling blue. It's simple. Just smile a big smile and hold it for 10 seconds. Every time you smile, even if you're not happy, your brain thinks you are and suddenly you feel better.

Never say or think you are having a bad day, doing so is admitting defeat. Accept that it is a challenging day and move forward to meet that challenge.

Go outside more. Go for walks and clear your head. Get some exercise and eat a better diet and avoid caffeine and fried foods. Doing those few simple things will help you more rapidly create a better state of mind.

Find someone to talk to. Your problems always seem minor when you talk to someone about it.

You have no control over anything in life but yourself. It's not what happens, but how you deal with it. You can only play the hand that you're dealt, even though you can't always be the dealer.

However, if you learn to be positive and deal with your downfalls you'll find that the deck starts getting stacked in your favour. At the end of the day you are in control and you, like everyone else, deserves to be happy because you too can be a champion, all you have to do is step up to the plate.

## Instructor offers help

N. Pas Paskaran is an instructor in the Physics program with 30 years of teaching experience and has delivered seminars on "Being An Effective Student" for over 20 years. The material he has collected is available for free download as audio material in MP3 from his web page.

The audio material consists of titles such as: "How to write exams, Increase your mem-

ory power" and "Effective study skills." Each of this audio material is three hours long.

Students can access this free download material and benefit from the ideas covered by the above topics.

See web page address:  
<http://humanpotential.cjb.net>  
to access the material.

## Student success seminars

### What Is Your Learning Style?

**Date:** Thursday, Sept. 11  
**Time:** 11:15 a.m., 12:15 p.m. or 4:30 p.m.  
**Room:** X107

### Time Management and Managing Procrastination

**Date:** Monday, Sept. 15  
**Time:** 11:15 a.m., 12:15 p.m. or 4:30 p.m.  
**Room:** X107

### Exam Preparation and Writing

**Date:** Thursday, Sept. 18  
**Time:** 11:15 a.m., 12:15 p.m. or 4:30 p.m.  
**Room:** X107

### Reading, Listening and Note Taking

**Date:** Thursday, Sept. 22  
**Time:** 11:15 a.m., 12:15 p.m. or 4:30 p.m.  
**Room:** X107

### Managing Exam Stress

**Date:** Monday, Sept. 29  
**Time:** 11:15 a.m., 12:15 p.m. or 4:30 p.m.  
**Room:** X107

### Stress Management

**Date:** Thursday, Oct. 9  
**Time:** 11:15 a.m., 12:15 p.m. or 4:30 p.m.  
**Room:** X107

All seminars are free and there is no need to pre-register. If you would like further information, contact Student Counselling, Room O117, Main South Lobby. Phone: 780-378-6135.



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Edmonton City Centre kiosk II  
Kingsway Garden Mall  
Londonderry Mall  
Mill Woods Town Centre  
Northgate Centre  
Sherwood Park Mall  
South Edmonton Common  
Southgate Mall -kiosk  
St. Albert Centre  
St. Albert Trail at 137 Ave.  
West Edmonton Mall  
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# INTERESTED IN STUDENT GOVERNMENT?

**Here Are Five Reasons to Consider Getting Involved In The Senate or for voting in the Senate Election:**

- 1. EXPERIENCE:** If elected, you'd be a voting member of the NAITSA Senate, which is the "governing body" for a multi-million dollar organization. No matter what career path you choose, being a board member is a valuable experience. Aside from the first-hand knowledge of how meetings are conducted, participation on the Senate will develop skills such as accountability, decision-making, communication, teamwork and many more.
- 2. LEADERSHIP:** If elected, you'd be a representative for every student in your school. As a member of the Senate, you'll have the opportunity to be a leader by listening to the needs of students and working with other representatives to address them.
- 3. IMPROVING YOUR SCHOOL:** Every institution has room for improvement. If elected, you will be a key person NAIT wants to hear from to get the students' perspective. From parking to lockers to tuition to lab access, NAIT wants to know what students think and they will come to the Senate to find out.
- 4. INVOLVEMENT:** On top of the classroom and lab stuff, there is so much going on at NAIT it's hard to keep up. If elected, you'll find that you automatically have your ear to the ground and that will help you make the most of your NAIT experience.
- 5. YOUR RESUME:** It's a safe bet that you want a good job when you leave NAIT. Most students don't realize how employers make hiring decisions. Here's a hint: Two NAIT grads ... same diploma ... same grades ... but one was a "Senate Representative" for the School of Business. Guess which one gets the first call for an interview.

## The Responsibilities of a Senate Representative

- MEETINGS** – Attend Senate meetings at 5 p.m. every second Wednesday starting Wednesday, Oct. 8, 2008.
- TRAINING** – Attend mandatory training sessions on Sept. 27 and 28, 2008.
- COMMUNICATION** – To help you keep in touch with the students you represent, you will have your own section on [www.nait.ca](http://www.nait.ca) which will list your contact information.
- ACCOUNTABILITY** – Represent the students of your school fairly and honestly.

## So If I Am Interested, How Do I Get Elected?

- 1. GET NOMINATED:** You only need 10 students from programs in your "School" to nominate you. Nomination forms are available at the NAITSA office (E131).
- 2. SUBMIT THE FORM:** The deadline to turn in your nomination is **Thursday, Sept. 18, 2008**. Take the completed form to the Students' Association office in Room E131 on Main Campus before the deadline.
- 3. START CAMPAIGNING:** It's easier to get votes than you might think. A good way to start is by telling your own classmates that you're running for Senate, and remind them to vote on Sept. 25.
- 4. TALK TO STUDENTS:** There are no speeches or debates. Just get out there and talk to other NAIT students about issues that concern them.

**To learn more, please attend an information session on Tuesday Sept. 16 in E131, from 4:30 – 5:30.**



Pick up your free copy at Student Counselling, Room O-117

## NOTICE OF SENATE ELECTION 2008

**Vote Thursday, Sept. 25, 2008  
9 a.m. – 4 p.m.**

### POLL STATION LOCATIONS:

- South Lobby
- Engineering Annex – Main floor by main stairwell
  - Outside NAITSA Office – E131
  - Outside Fresh Express Cafeteria
  - Outside Campus Reads & Needs
- Outside Bytes Cafeteria – HP Centre
  - Tower – 1<sup>st</sup> Floor
  - South Campus – Z130
  - Patricia Campus – P127
  - St. Albert Campus

*Watch for the September 25th issue of the Nugget for candidate pictures and articles and watch for them campaigning around campus between Aug. 19 and Sept. 24.*

**Thank you for voting on  
Sept. 25, 2008!**

## Classifieds

### Rugby, anyone?

**The Clansmen, your local Rugby Club, at 110 Street and 111 Avenue, Airways Park, are always looking for new members, both men and women. No previous rugby experience required. Call 476-0268 or view website at [www.clanrugby.com](http://www.clanrugby.com)**

### Rooms for rent

**Two rooms, furnished with bedding, etc.  
Kitchen to share with other roommate. Dishes, etc., supplied.  
Phone Walter at 477-9388 or come to 11721 97 St.**

### NAIT aquatic courses – Fall Semester

**Want a challenge or help expanding your swimming ability? Or maybe you would like to start down the path to becoming a lifeguard. Start by taking Bronze Medallion and Bronze Cross here at the NAIT pool. Visit [www.nait.ca/recreation](http://www.nait.ca/recreation) for more information.**

### Student Leadership Award of Distinction Program

#### Lead the way ...

Do you want to become an inspiring, committed, self-confident, positive and self-reliant leader? Do you want to enhance your resume so that employers will identify you as a leader who will make a difference? Then pick up a brochure on the Student Leadership Award of Distinction program. This is an extra-curricular leadership-in-action program open to all students enrolled full time at NAIT. You must apply to become a member of this program. Don't wait, come to W111PB (located in the hp Centre) to pick up the brochure and the information package or e-mail [distinction@nait.ca](mailto:distinction@nait.ca) for more information.

#### ATTENTION STUDENTS!

**WANT TO EARN GREAT \$\$?**

**HAVE SOMETHING GREAT TO PLACE ON YOUR RESUME?**

**DO YOU HAVE AT LEAST A 75%**

**OR BETTER MARK IN THE SUBJECT(S) YOU WOULD LIKE TO TUTOR IN?**

**WELL THEN!**

**CALL JOANNE PEETS**



## EDMONTON



### Their cars got towed. Where did you park before class?

Parking illegally around colleges and universities annoys the neighbourhood. Please don't park in clearly marked residential parking zones. Residential streets are not acceptable parking areas for students. Vehicles parked in these zones will be ticketed and towed WITHOUT WARNING at the owner's expense.

Residential streets around post-secondary schools are closely monitored by parking enforcement officers. For information call the City of Edmonton Parking Enforcement Services at 496-3100 or visit [www.edmonton.ca/bylaws](http://www.edmonton.ca/bylaws).



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## do you have the kind of energy we're looking for?



If you're looking for an opportunity to put your energy to work in a progressive, growth-oriented environment, look to BP Canada. Each day, we serve millions of customers – with fuel for transportation, energy for heat and light, solar power, and petrochemicals for plastics. With over 1,500 employees, BP Canada Energy Company is headquartered in Calgary and a part of one of the largest energy companies in the world. We currently have the following position available in Fort Saskatchewan, AB:

### Maintenance Scheduler (Contract)

Ensuring operations and maintenance schedules are adhered to at the Fort Saskatchewan location, you will work with the mechanics, instrument techs, electricians, operations and contractors with the work order process which includes generating, approval, planning, updating during backlog reviews, and ensuring comments entered are accurate. You will promote the highest HSE standards and demonstrate responsibility for the safety of self and others, and support the Operations and Maintenance Teams by scheduling, planning and continually improving downtime through the maintenance system.

With a secondary/high school education in Science or Engineering, you ideally have at least five years' experience working as a Technician in an oil/gas or petrochemical facility. Familiarity with the use of Computerized Maintenance Management Systems and HSE policies is required. You have also preferably served a recognized engineering apprenticeship or have undergone some form of a structured technical training program.

Discover how a rewarding career with BP Canada can create a world of opportunities for you. If interested, please apply online by September 13, 2008 at:  
[www.bp.com/careers/Canada](http://www.bp.com/careers/Canada)

No phone calls please. Only those applicants being considered for interviews will be contacted.



## YOU COULD BE SEEING DOUBLE



IT'S TWO CARDS IN ONE. The NAIT Mosaic® MasterCard® with SPC benefits was made just for you. It has all the advantages of an Affinity Mosaic MasterCard, and all the automatic discounts you expect

from an SPC Card, combined into one rewarding piece of plastic. Plus, every time you use the card to make a purchase, you support the NAIT Scholarship Endowment Fund.



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BMO Bank of Montreal





Chris  
Carmichael-Powell

# Do you have a part-time job?



"I'm a teller at the TD Bank."

Carissa Ouellette  
Electrical Engineering  
Technology



"Manager of tech support at Status Firm."

Michel Kakulphimp  
Electrical Engineering  
Technology



"I run karaoke at the Almanac, a bar in Stony Plain."

Jon Stanbridge  
Electrical Engineering  
Technology



"I actually have a full-time job. I'm a legal aid."

Colby Hrynkeiwich

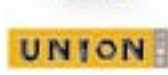


"I'm a sales associate, for Coast Mountain Sports."

Joel Benitez



**Get awesome deals and discounts at:**



Earth's Revolution  
Lotus Soul Gym  
Mornville Paintball

The Nest  
Vertically Inclined Rock Gym  
Company QuarterMaster Services

For complete Shinerama information and terms visit us online at  
<http://shinerama.naitsa.ca>



## Want a job? NAITSA's looking for you!

**HELP!! We need some bodies ...  
Not just any bodies!!**

### Poll Clerks

- \$12/hour
- Poll Clerks needed for the NAITSA Senate Election polling stations on Sept. 25, 2008 (8:30 a.m. – 4 p.m.)
- Poll clerks must have a strong command of the English language and have a complete and clear understanding of the democratic election process.
- All poll clerks must attend a training session on Wednesday, Sept. 24 at 4:30 p.m. in E129. All clerks will be paid to attend the training.
- Apply in person at the NAITSA office, E131 9 a.m. – 4:30 p.m.

### Front Desk Assistants

- Students needed to work over the lunch hour 11 a.m. to 1 p.m.
- Answering the phone, faxing and the ability to multi-task an asset.

### Street Team

- Students needed to promo up coming NAITSA activities to other students on the NAIT main Campus.
- You need to possess an outgoing and positive attitude, creativity, energetic, and the ability to have fun!

### Volunteer Co-ordinator

- Help co-ordinate the NAITSA Volunteer Program.
- Assist with recruiting volunteers.
- Responsible for scheduling volunteers for campus events, leading volunteers during events.
- Responsible for planning all logistics

associated with regular volunteer recognition nights.

### The Nugget

- Love to write, draw, take pictures or do horoscopes? Come out and apply for a variety of positions for our student newspaper. Apply in person to the Nugget office in E128B.

### Movie Night Co-ordinator

- Responsible for coordinating movies from supplier.
- Filling out monthly forms for supplier.
- Arranging for marketing to be completed for each Movie Night.
- Execute Movie Nights in the Shaw Theatre.

### Event Co-ordinator/ Head of Security

- Assist in planning/setup/cleanup of all NAITSA events.
- Act as the lead contact to schedule and supervise all student security (SUDS).
- Heavy lifting may be required.

### SUDS Security Guards

- Supervise and ensure student events are safe.
- Check IDs and ensure policies and procedures are followed.
- Guards will be expected to complete a training program (provided) before starting any shifts.

### The Nest

- The Nest is now hiring for night-time servers – apply at the Nest.

Application forms available in E131, or submit a cover letter and resume to Shannon Marshall at the NAITSA office. Competitions close on Friday Sept. 12, 2008.



# CLUBS CORNER

## Calling all representatives!

Attention Clubs reps or those wanting to start a club!

Club Orientation Training Session is Saturday Sept. 27, 2008

- Training is off campus.
- 8:30 a.m. to 4 p.m.
- Lunch is provided.
- Must have a minimum of one representative attending.
- RSVP names of your representatives attending by Wednesday Sept. 17. E-mail [roseb@nait.ca](mailto:roseb@nait.ca)

**Movie Club** – Join our movie club for an opportunity to preview movies before they are even released!

There will be an average of one to two movies a month where the Movie Club will have access to double guest passes to major movie releases. There are posters for the taking.

Those attending the previews are expected to provide a one-liner comment on the flick which will be published in the *Nugget*.

Where else can you watch movies for free, and get your opinion published! You can use your own name or some clever alias name, who knows, you may gain a following.

If you're interested in joining the club, please stop into the Campus Club Centre, Room E133.

We are also looking for a leader for the Movie Club. This person will be an organized individual who will handle the fair distribution of passes, record disbursement of passes, collect movie one-liner feedback to submit to the *Nugget*, and put up posters for the movie on campus.

If interested in the leader position, please contact the Campus Clubs manager via e-mail at [roseb@nait.ca](mailto:roseb@nait.ca) by 3 p.m. on Friday Sept. 12.

**Model Railroad Club** – Model railroading is the world's greatest hobby and is enjoyed by people of all ages. It is a hobby that is fun, relaxing and rewarding. The hobby encompasses many activities and skills such as: railroad design and planning, scale model building, model scenery construction, woodworking, electronics, railroad operations and running model trains. The club will help newcomers get a start in the hobby and also help current model railroaders advance their skills. Club activities will involve: the design and construction of a club layout, workshops on model railroading, tours of local model railroad layouts and participation in local and regional model train shows.

Please contact Richard Poon, [richardp@nait.ca](mailto:richardp@nait.ca), if you are inter-

ested in joining the club.

### Upcoming Events:

#### NASS

**Event:** BBQ

**When:** Wednesday, Sept. 17, 11 a.m.-1 p.m.

**Where:** Annex Dock

#### NAIT Christian Association Club

**Event:** Meeting, all are welcome. Meet new people, find out about activities, discover service opportunities.  
**When:** Every Friday, 12:15 p.m.

**Where:** NAIT main campus Room E115 (For more information, contact Greg at 780-231-1640 or e-mail [gidell@ualberta.ca](mailto:gidell@ualberta.ca))

**Inquiries:** See Jules at 471-8531 or Room S105D (Individuals and teams welcome)



## Using the Benefits Plan is the easiest assignment you'll ever have to complete!

### Getting Started:

Stop by Student Benefits Office or visit us on-line at [www.gallivan.ca](http://www.gallivan.ca) to:

- ✓ Obtain Plan details, forms & brochures
- ✓ Pick up your Benefits Care Card

### Using the Plan:

As soon as you pick up your Benefits Care Card you can begin using the plan:

- ✓ Electronically submit claims at the Pharmacy & Dental Office
- ✓ It's easy to submit health care or dental benefits claims to Great-West Life simply complete a Health or Dental Claim Form and attach the original receipts for the product or service for which you are claiming.

### Getting Reimbursed:

- ✓ Drug claims submitted electronically via the care card are paid directly to the pharmacy
- ✓ Great-West Life will reimburse all eligible expenses, subject to the plan deductible, limits, & benefit percentage. Once processed Great West-Life will mail you a cheque and/or remittance statement.
- ✓ For faster claims reimbursement sign up for Direct Deposit through Great-West Life's on-line member service, GroupNet, visit [www.gallivan.ca](http://www.gallivan.ca) for a link to this service.

# A+

## Waiving the Benefits, Opting In or Adding Family Coverage:

- ✓ All waivers, enrolment and family add on forms must be received in the Benefits Plan Office by **September 26th, 2008**. There will be no exceptions or extensions for students who fail to submit their completed forms by the specified deadline.



The Benefits Plan Office, Room E125  
Phone: (780) 471-7730 Fax: (780) 491-3058  
Email: [studentplans@nait.ca](mailto:studentplans@nait.ca)  
Web: [www.gallivan.ca/studentnetworks/members/NAIT](http://www.gallivan.ca/studentnetworks/members/NAIT)

E.M.E.R.G.E

**Attention electronic music enthusiasts!**

New members wanted to start up a new NAIT student group called "Emerge".

E.M.E.R.G.E, or "electronic music enthusiasts recreational group on Edmonton campus at NAIT", is a group for electronic music fans of all genres and subgenres. This is an open group and all are welcome to join.

If you like electronic music, like dancing, and would like to meet other electronic music fans, please feel free to email [gripka1@ookmail.nait.ab.ca](mailto:gripka1@ookmail.nait.ab.ca) for more information and/or to express interest in joining. Please include subject title "RE: Emerge" in Email.

Thank you,

Gregg

Group Organizer, E.M.E.R.G.E



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**\$3 DOLLAR DRINKS**

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WITH STUDENT ID

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