

CATCH INDIE NIGHT AT THE NEST, SEPT. 25

THE NUGGET

Thursday, September 25, 2008
Volume 46, Issue 5



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YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

SENATE ELECTION DAY!

Vote for your school's reps – story, page 3; candidates, pages 12, 13



Photo by Javier Salazar

LEADING THE LEAGUE

NAIT Ook midfielder Daniel De Sousa heads up field against the Grande Prairie Wolves on Sunday Sept. 21. NAIT won the match 2-0 and the team finds itself first in the ACAC standings. More in Sports, pages 8-11.

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NEWS & FEATURES

StAT cuts service to NAIT



CHRIS CARMICHAEL-POWELL
Senior Issues Editor

NAIT students who take St. Albert Transit may be forced to find an alternate mode of transportation to NAIT following a couple of key changes in the way StAT serves its riders.

Last week, a page ad in the *St. Albert Gazette* informed riders that if they were not parked in specified stalls, an external security company would be towing the offending vehicles.

According to Dawn Fedorovich, co-ordinator of customer service for St. Albert Transit, roughly 10 percent of StAT riders will be able to park at the Village Transit Station.

"StAT has 500 park and ride stalls available at the Village Transit Station. These do fill up very fast and riders are encouraged to take their local bus to the transit station and commute from there."

However, those 4,500 daily riders who drive but don't get a stall have no other options to park-and-ride for their daily commute.

"Transit users are not to use the St. Albert Centre parking lot as this is private property and the owners have not authorized its use for transit riders ... Commuter passes are valid locally and riders can use their local route to connect to the commuter buses; thus StAT will not compensate commuters who have bought bus passes and cannot find park and ride stalls available."

These changes come in the wake of service cuts to NAIT for StAT users.

"We did a ridership survey in February, which is the busiest spring session month, and discovered a noticeably low number of riders getting on or off at NAIT after 7:20 p.m. Based



Photo by Javier Salazar

St. Albert Transit has decided that ridership numbers in the evening have dictated a reduction in service to NAIT.

on this finding, and the fact that the round trip time with the longer route via NAIT created scheduling problems, therefore direct service to NAIT was reduced," stated Fedorovich in an interview.

Fedorovich freely admits that riders will be inconvenienced by the change, but the choice to cut service was made regardless.

"We acknowledge that a few riders will be inconvenienced but the vast majority will benefit from a more reliable and consistent Route 201."

At the time of print, Fedorovich had not supplied the *Nugget* with the requested statistics indicating how many riders were using the evening service formerly available to NAIT.

StAT's advice to the roughly 5,000 daily commuters who no longer benefit from direct NAIT access in the evening is as follows:

"NAIT students needing to get to St. Albert in the evening can walk to Kingsway Avenue and catch the 201 back to St. Albert in front of the AMA, or take ETS to downtown and connect there."

Orlando, the land of awesome



SHANT CHAKMAKIAN

Florida is such an amazing state that one could refer to it as the California of the East Coast. Last week in the quieter moments of a business trip, I got to enjoy the hospitality of Orlando and it was a great experience.

My favourite thing about Orlando is the people – people in the southern states seem to be so friendly, it's just awesome. For example, I sat next to a really sweet couple on my flight. After some wine and a great debate on U.S. politics, my flight just went by.

They were definitely the sweetest people I ever met and even after my flight they were nice enough to give me a ride to my resort.

They even made it clear that if something ever went down while I was there, they had my back. This is a trait most Americans hold dear, which is to protect anything they love

dearly and to help those they love.

Florida is a mostly conservative state. Many people there are god-fearing people of strong religious views and they are very family-orientated and tolerant. Despite the fact that I stayed in a five-star resort in DisneyWorld, attended a great conference, and saw all the great sights, the people just stand out.

For example, when I went to go light up the festivities of Church Street in downtown Orlando I was approached by the friendliest of gangbangers. One would think I got robbed, but actually they ended up giving me a tour of all the best clubs

and hooking up VIPs to everywhere, and we all enjoyed some great drinks.

It was great times with great people. The tourist attractions were great, and I got to have quick business discussions with my boss while we hit Splash Mountain.

Orlando is one of the most happening places I've ever seen. Staying at the Buena Vista, I was only minutes away from Pleasure Island, which gave me access to all the night-clubs Disney has to offer.

But for the older crowd, Universal Studio's City Walk is where it is at. If you like movies, clubs, restaurants and rides, that's your place.

Universal Orlando is practically DisneyWorld for adults. For about \$15 you can get a pass that gets you into all of the clubs and the free movies at the theatre for all of City Walk.

The only complaint I have about Orlando is the heat, I never knew it could be too hot. Nor did I ever think one could sweat to death in the middle of the night, but it's true.

I'm so sold on that place I intend to live there for a few months one day and suggest that anyone who can should check it out. It's absolutely evident that if you haven't been to Orlando you're missing out and they just can't wait to see you come down.



SOUNDS OF A PEOPLE

Photo by Patricia Andrade

Drummers perform on Sept. 17 in the NAITrium during Aboriginal Awareness Week.

Just get out and vote!



GABRIELLE HAY-BYERS
Editor-in-Chief

turnout in Senate elections.

"The elections will impact the school in that those chosen will formally represent their fellow students at the executive level, helping to give a voice to those students that might not have the time or ability to do so for themselves," said Constantin in an interview with the *Nugget*.

"The Senate is basically a body that represents the general student body, asking questions and making suggestions to the executive with the aim to improve the students' association and student life," he said.

"Although the executives are elected as the voice of the students, the Senate offers additional perspectives and ideas unique to their viewpoint as full-time students – the executives are full-time employees of NAITSA that take a minimal course load."

Eighteen NAITSA members make up the Senate, with two representatives from each school at NAIT, of which there are nine. Each senator receives a vote card that corresponds to the number of students in the school that they represent.

NAITSA senators take on many duties during their tenure with the Senate, and are another way that students are advocated for at NAIT. Senators take on the responsibilities of attending biweekly meetings outside of class hours and reviewing NAITSA documents like the NAITSA bylaws, constitution and budget. Senators also vote on expenditures and initiatives, and review the work that elected executives do.

"Students should get involved in the Senate, student government or just generally involved because giving back to the community, or just becoming more aware that there is a community, will make their time at the institution richer and more rewarding," says Constantin, who has also served as a senator himself.

Another NAITSA Senate election is in the air, and the time to practise your voting skills is Sept. 25.

NAITSA President Brent Constantin is encouraging all students to get out and vote for their representatives, following last year's eight percent voter

So get out and vote on the 25th. Polling stations will be available across the main campus and at our external campuses as well.

For pictures and information about the slate of candidates, see pages 12 and 13.



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**The Nugget**

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THE DEADLINE IS ...

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

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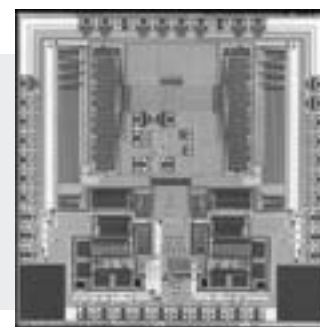
It's all good. Getting something off your chest is downright therapeutic. Write us.

*Tech
Talk*



SHANT CHAKMAKIAN

Outlook's good



E-mail is a powerful tool used in business today and has become essential in today's business world.

Whether it's a memo, request or a formal letter, e-mail is outgrowing phone calls in day to day communication within business spheres.

Microsoft Outlook is the most commonly used e-mail application today.

However, Microsoft Outlook doesn't stop with just e-mail – managing notes, contacts and tasks are all integral parts of how this application makes you more productive.

The newest version, Outlook 2007, was released by Microsoft over a year ago, yet the impact of this innovative product is lasting.

I would say the most innovative feature is the tasks bar. Now when you flag an e-mail, instead of it just being flagged and sitting there waiting to be forgotten, it turns into a task.

As a result, the tasks bar will always contain a list of your tasks, broken down by what is due today, tomorrow, the week and next week, etc.

As you work, you get to manage yourself and your tasks by knocking off some and moving others around. It is profoundly effective.

Managing e-mails as tasks is a great thing, but so is categorizing them. A newer feature called Categories allows you to colour-code categories to anything in Outlook. This makes differentiating and organizing e-mails faster and easier.

Rules may also be used to automatically categorize and sort e-mails, making life a lot easier.

Also, those who use wide screen setups will find that Outlook is formatted to take advantage of the extra space and allow you to read and work with e-mail all in one place.

Instant Search within Outlook gives users the ability to quickly search through items in any given folder. For those of you who use a lot of e-mails, and have a lot of stuff to search through, you can install Windows Desktop Search. Windows Desktop Search will index everything on your computer and allow you to search for it effortlessly.

When going through a lot of e-mails with attachments, no one wants to end up having numerous windows open and digging through attachments. Microsoft heard that call and made the preview pane, which allows users to instantly preview all attachments.

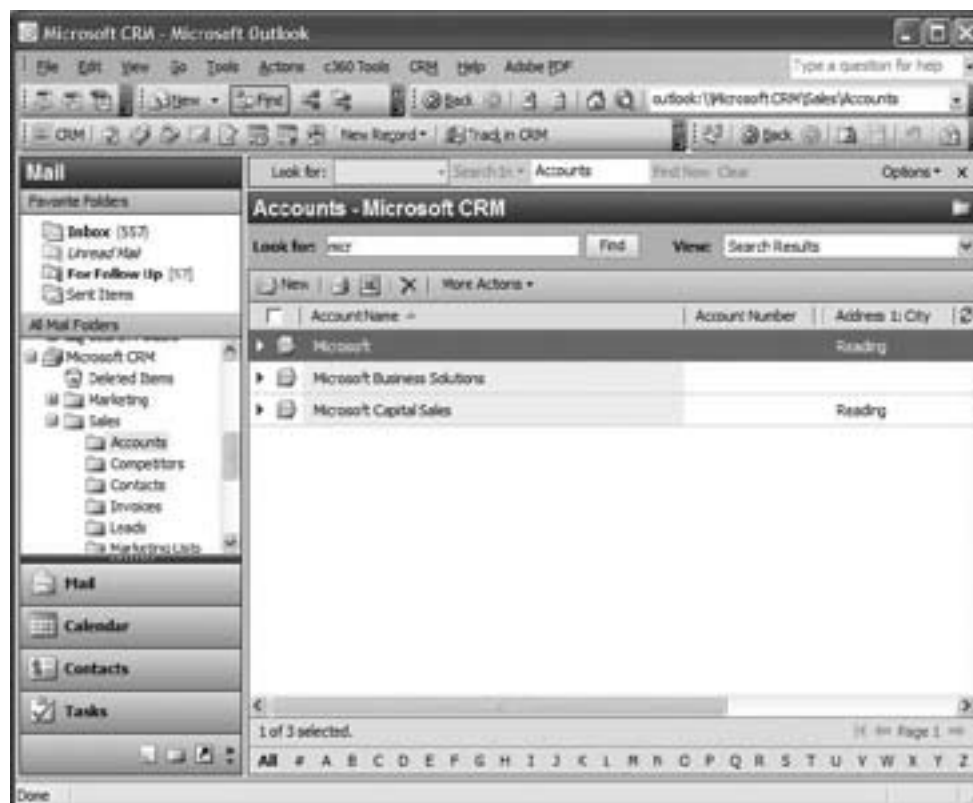
Outlook 2007 is a part of the larger Office, making it a great buy. Although many students are not in dire need of an e-mail, contact and scheduling management system, it is a must in the professional world. It's a must-have if you're constantly networking and communicating on a regular basis.

Also, the Blackberry is a crucial device to have handy when on the go, because using either Blackberry Enterprise Services or Blackberry Desktop Redirector, you can stay on top of your game.

No matter what your purpose or your call-

ing, staying on top of your game, whether it's in school, work or your personal life, is crucial. With Outlook 2007, you can now manage it better and run it like a champion.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at shant_c@hotmail.com I value and look forward to your input.



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Week 4	

OPINION

— Editorial —

Don't hire NAIT grads ...



GABRIELLE HAY-BYERS
Editor-No-More

Recently, education minister Dave Hancock suggested that companies refuse to hire potential employees that are without a high school diploma.

Yea ... let's just all pause for silence with that one – before the collective “What!?” is voiced.

Something tells me that Hancock did not look at the entrance guidelines

for NAIT before voicing that lovely little tidbit of brown gold. That's right, friends, you do not necessarily have to have a high school diploma to come to NAIT. Some programs only require a Grade 11 education.

So, let's put this little thought into hypothetical action. If what Hancock suggested became the norm, NAIT graduates could potentially be turned away from jobs that they're 115% qualified for. Why? Because of some stupid scrap of high school paper that becomes redundant once you've graduated from our institution.

I can't graph hyperbolas

Does the fact that I barely passed Math 30 (twice) weigh into how well I can write a business letter? No, not really. Just because I can't graph hyperbolas to save my life doesn't mean that I'm too stupid to hire. (And I would like to point out that I did indeed graduate from high school in spite of that.)

I'm sure that in the past week, Hancock has been served by, waited on and provided for by multiple non-diploma holding citizens of Alberta. I'm sorry, I don't expect the person making my pizza to have a diploma! And why? Because it has nothing to do with pizza, and so long as he's a member of our community in good standing, I really don't care!

Alternatively, I really don't like pineapple on my pizza.

I can't help but wonder what kind of internal superiority complex this indicates in our education minister. Is this why NAIT was left off the 20-Year Plan last year? Were we not fought for because we're not high brow enough?

Clearly, corporations need to stop hiring some of our grads, because it's the piece of paper that's important, not the skills and experience! In that case ... how did former Premier Ralph Klein get his job?! Hancock, why didn't you get on top of that?

Personal decision

As much as I'd love to stick around and find out the answer to that question with all of you, I am regrettably leaving the newspaper due to personal reasons. The picture to the right of this editorial is a tongue-in-cheek reference to the NAITSA executive resignations last year, and will hopefully stand testimony to the fact that I do, indeed, still have a sense of humour.

It's been a swell 13 months working for this newspaper, meeting so many NAIT students and learning so much about the challenges that face us. I hope that at least one person who picks this up and reads it looks at his or her own life and tries to discern whether or not there's any sort of balance to it.

There are lessons to be learned in everything, and life is just a learning curve. Good luck with the rest of your semester, and remember always that you're valuable members of the NAIT family. No one student, just like no one employee, is less or more important than another.

As always, many thanks to the wonderful staff at the *Nugget* for the countless hours they put in.



Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

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SPORTS

Oilers' rookies too much



By **NAHREMAN ISSA**
Senior Sports Editor

Fast. Big. Strong. Three words members of the Oaks hockey team used to describe the Edmonton Oilers rookies. Six players from the men's hockey team were named to the ACAC All-Star team that took on the rookies last Thursday in Camrose.

Representing NAIT were Jeff Topilko, Brad Sinclair, Nick Stermer, Eric Sonnenberg, Chevan Wilson and Anthony Heuer. While our NAIT boys didn't come out on top, losing 7-0, it was an experience many will not forget. Sure it sounds cliché, but getting the chance to go up against guys who might make the NHL is a big deal.

Defenceman Nick Stermer made sure he left his mark on the game. Stermer went head to head with huge rookie Milan Maslonka and has a cut on his forehead to show for it. But what makes this fight stand out is that Stermer is only five-foot-10 ... and Maslonka is six-foot-six.

"It's great to see a teammate have the guts to step up," said Chevan Wilson, who said Stermer's

fight was one of the best memories from the game.

"They're fast, big and strong," said Stermer.

"They always have a step on you. You need to respect their speed."

Forward Jeff Topilko, a second-year player, knows that this experience helps in his play.

"It was a good experience," said Topilko.

"It's nice to know that we could keep their level of pace."

As far as the Oil rookies go, their play is much different than what you would get from an ACAC level.

"The biggest difference from the ACAC is their passing. Crisp passing, they never missed a pass."

Goalie Anthony Heuer was in net for one and a half periods, allowing only three goals.

"It's a nice experience, something to be proud of," said Heuer, a first-year player. "It's different than the ACAC, seeing how they're bigger and stronger."

First-year player Wilson has played with and against top-notch teams before. He was a member of the University of Alberta Golden Bears last year when they won their championship.

"With this experience, I just hope I can bring a bigger role to the team, bring the winning tradition here," said Wilson.

"NAIT was represented really well here at the game."

While this experience is a fun one for the players individually, it will help the team out for the rest of the year. The guys are back and pumped to start the 2008-2009 season. This experience can only help with the play of NAIT's Oaks.

"This makes us a little bit better, going up against them," said Stermer.

"Hopefully we can win the championship this year."

GAME SUMMARY ACAC 0, Edmonton 7

Goals

Period	1	2	3	TOTAL
ACAC	0	0	0	0
Edm	3	1	3	7

FIRST PERIOD

1. Edm: K. Paige (C. Kinley, H. Benson) 3:25
2. Edm: T. LaFrance (G. Hunt, M. Bernier) 4:55
3. Edm: J. Bates (C. Kinley) 18:29

SECOND PERIOD:

4. Edm: D. Rohlf (R. Huddy, J.

Bendfeld) 18:30

THIRD PERIOD

5. Edm: L. Reaney (J. Bendfeld, H. Benson) 1:32
6. Edm: T. LaFrance (16:08)
7. Edm: M. Bernier (G. Hunt, T. LaFrance) 19:07

Shots

Period	1	2	3	TOTAL
ACAC	8	8	3	19
Edm	13	17	14	44

Goalies

Edmonton: Andrew Perugini
ACAC: Anthony Heuer, Justin Cote



THE BIGGER THEY ARE ...

ACAC all-star and NAIT Ooks defenceman Nick Stermer, five-foot-10, is game but a little out-matched by Milan Maslonka, a six-foot-six, 240-pound Oiler prospect, during their game on Sept. 18 in Camrose. The young Oilers won 7-0.

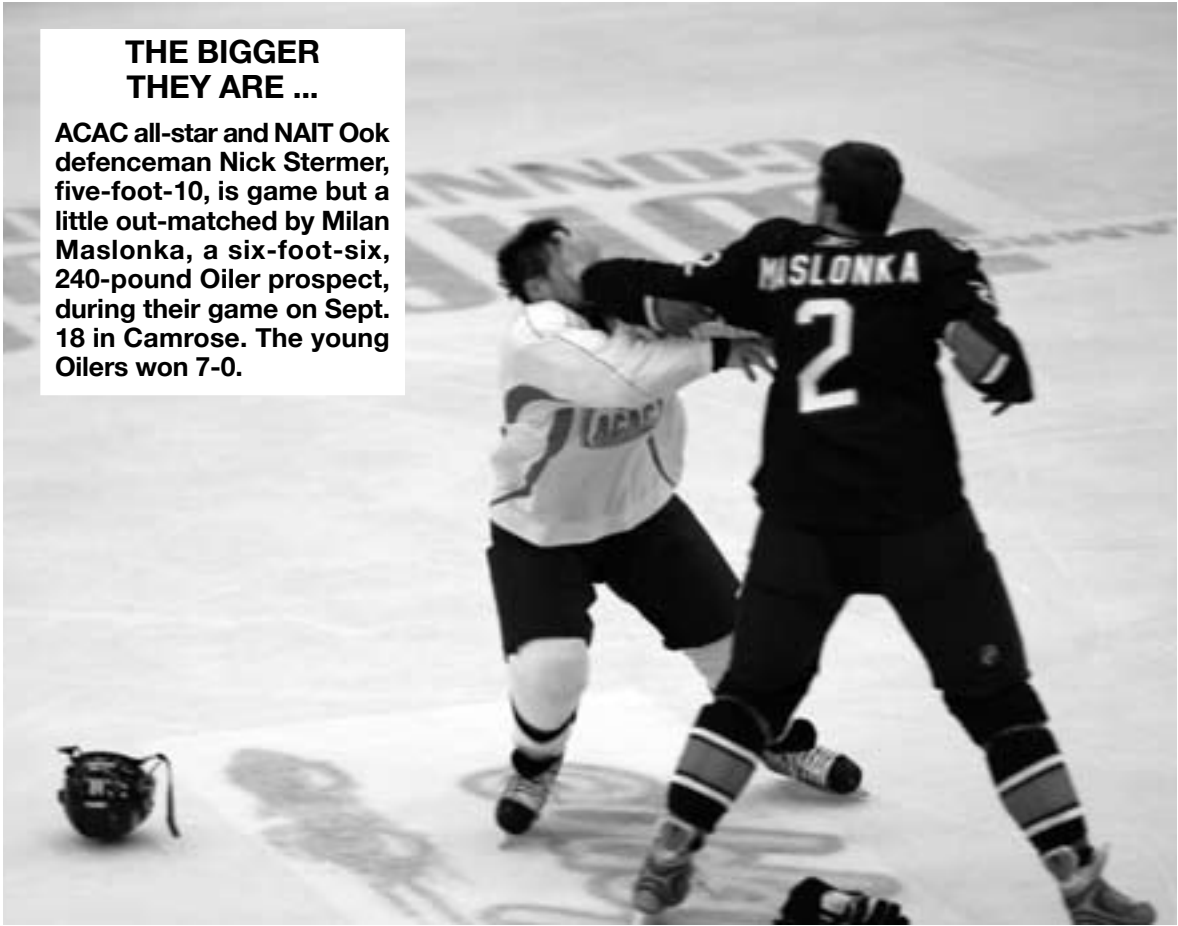


Photo by Brendan Abbott

HOCKEY

Men undefeated at Blue Gold



By **AMBER TIENKAMP**
Assistant Sports Editor

The annual NAIT Blue and Gold Hockey tournament is back, and, with a hands-down amazing performance from the NAIT Oaks on the weekend, proved to be successful. Action started on Friday, with NAIT taking on Augustana, winning convincingly, 4-0, with Bret Peppler netting two goals.

Grant MacEwan edged Concordia 5-4 in OT, and Portage also won their first game, with a 7-5 victory over Briercrest. Seven different Oaks graced the scoreboard in Saturday's 7-4 victory over Concordia. MacEwan went 2-0 in the tourney with a 3-1 win over Portage.

Augustana and Briercrest met up for a match, with Briercrest losing its second game 4-3.

With no shortage of offence during the weekend, NAIT had two players score twice – Joel Henituk and Jeff Topilko in a dominating 9-3 win over Portage. The Oaks went undefeated in the tournament, and are looking fully prepared for

the upcoming season.

Head coach Terry Ballard welcomed his team's goal-scoring festival.

"I knew we had four lines capable of creating a lot of chances and scoring goals, but did I expect to score 20 goals in three games? No."

The veteran coach was equally pleased with his defensive players for most of the weekend.

"We did a good job of killing penalties and, especially in the first game, kept most of the shooters away from their best angles," Ballard said.

Richard Hankinson, a perennial

all-star with the Junior B Wetaskiwin Ice, made several good saves to earn the shutout on opening night.

Be sure to come and check out the action this weekend as the women's Blue and Gold Tournament begins on Friday (Sept. 26).

– With files from NAIT Athletics

Campus events for September

When

What

Where

Sept. 22-26	Welcome to E-Town Edmonton Awareness Week	-----
Sept. 25	Indie Night	Nest
Sept. 27	Club Orientation	Birch Bay
Sept. 30	Movie Tuesday	Shaw Theatre



NAHREMAN ISSA
Senior Sports Editor

2 minutes in the box

I saw this on the website Cracked.com and loved it. This reminded me of the scene in *Step-brothers*. So if you find yourself in a situation where you need to take on 20 children, I hope this helps.

Note: This is a condensed version of the article:

HOW TO WIN A FIGHT AGAINST 20 CHILDREN

By Chris Bucholz

I'm not going to ask why you're fighting 20 children. That's your own business, although most reasons are as old as time itself:

- 1) They started it.
- 2) You flipped over the table while losing a Magic: The Gathering game, and damaged several rare cards.
- 3) They stole your woman.
- 4) You stole their woman.
- 5) You have had enough of

their bullshit.

Whether you're a good man who was in the wrong place at the wrong time, or a dangerous maniac, we here at Cracked want to help. That's why we've consulted with the experts (who did not wish to be named) on how to maximize your odds of winning a fight against 20 children. Follow these guidelines, and your opponents will wish they were never born six or seven years ago.

Use an appropriate technique. Modern mixed martial arts are geared almost exclusively towards one-on-one combat, and are not designed to take on multiple tiny aggressors.

Be aware of the terrain. By

default, you're going to have a height advantage against 20 children, but be sure you don't cede it.

Avoid fighting around picnic tables, monkey bars or anything with which a particularly daring child could launch an aerial attack.

Stay mobile. Unless you're extremely lucky and find yourself fighting 20 infants, you're going to be at a mobility disadvantage when fighting a large group of children.

Speed. You want this fight to be over fast. Children have boundless amounts of energy, and you'll tire quickly as the fight progresses.

Intimidation. When taunting, remember that children are almost

comically stupid, and won't understand any of your more creative taunts. You won't intimidate anyone if you have to explain three times specifically what you did to their mother last night.

Groin attacks. If you do get struck in the groin, under no circumstances should you place your hand on your genitals to massage away the pain – touching your privates while surrounded by minors is illegal in many states, and frowned upon in the rest.

Go for the leader first. Once the alpha child is lying in a heap, you've got a narrow window of intimidation

open while the children regroup. I'd recommend lifting his body over your head and screaming yourself hoarse. That's the smart veteran move.

Let the last one walk away. In Professional 20-Child-Fighting Leagues this is now tradition, but even during raw, underground 20 child street fights, it serves an important purpose. By letting that child spread word of your great

strength and not-to-be-[messed]-withedness amongst the other children of the area, you can ensure that it will be a long time indeed before someone else mewls at you that you're hogging the swings.



MEN'S SOCCER

Ooks like the view from the top

Now sitting atop the Alberta Colleges Athletic Conference standings, the NAIT Ooks men's soccer team has established itself as the team to beat after a 2-1 win against the Concordia Thunder and a 2-0 victory over the Grande Prairie Wolves on the weekend.

In Saturday's game, the Ooks were off to a shaky start, but after head coach Jeff Paulus and his team made an adjustment at the 15-minute mark, the Ooks carried the play for the rest

of the game as they recorded goals from second-year forward Freddy Akok and last week's ACAC Athlete of the Week, third-year midfielder Shane Faria. Concordia's goal came from fourth-year midfielder Kyle Bartkus.

"This was a huge win," said Paulus. "Not to give any ammunition to Grant MacEwan, but Concordia beat MacEwan and that put them behind us in points already, so Concordia was key for us to beat. They're an extremely tal-

ented team with a wicked midfield, and this match was a midfield battle that I think we won out in the end."

The Ooks followed up with a match against the Wolves on Sunday. Again off to a slow start that coach Paulus attributed to being drained after an emotional match with Concordia the previous day, the Ooks' goals came from second-year striker Nick Shapka and second-year midfielder Chris Knauer.

"We were slow on the ball to start and Grande Prairie really took it to us in the midfield," said Paulus. "In the second half we woke up and realized we were in a game. I think we probably should have had a few more goals, but I give full credit to Grande Prairie. They showed up to play."

The Ooks look to maintain its top spot on Friday as they play the King's University College Eagles at 6 p.m. at NAIT.



Photo by Javier Salazar

HARD-FOUGHT DRAW

Alison Pierce kicks the ball down field for NAIT during a match against the Grande Prairie Wolves on the weekend. The game ended in a 1-1 draw. See standings on next page.

Athletes of the week

Claire McWilliam Soccer



Claire McWilliam, a third-year personal fitness training student from Sherwood Park, has been a key fixture on the soccer team's defence this season. Claire turned in impressive defensive displays in the team's two games on the weekend, a 1-0 loss to the Concordia Thunder on Saturday and a 1-1 tie against the Grande Prairie Wolves on Sunday. She also scored the Ooks' only goal of the weekend. "I'm very impressed with her," said head coach Sergio Teixeira. "She's shut down top players all weekend long and has been just outstanding for us this season."

Freddy Akok Soccer



"Freddy Akok is the most talented player in the league," said head coach Jeff Paulus following the NAIT's 2-0 victory over the Grande Prairie Wolves on Sunday. Freddy, a second-year continuing education student from Vancouver, showcased his skills as he scored in the Ooks' 2-1 victory over Concordia Thunder on Saturday. "He's been magic all week. The stuff he does with the ball is just ridiculous," said Paulus. "He's the key that drives this team."



Photo by Javier Salazar

ACAC Standings

MEN'S SOCCER

North Division								
Team	W	L	T	Pts	GF	GA	+/-	
NAIT	4	0	1	13	15	5	10	
Concordia	3	1	0	9	10	2	8	
MacEwan	2	1	1	7	7	3	4	
King's	0	2	3	3	3	11	-8	
Grande Prairie	0	2	2	2	2	8	-6	
Keyano	0	3	1	1	4	12	-8	
South Division								
Team	W	L	T	Pts	GF	GA	+/-	
Mount Royal	3	0	1	10	6	3	3	
SAIT	3	1	0	9	10	1	9	
Medicine Hat	2	2	0	7	10	12	-2	
Lethbridge	1	1	2	5	10	7	3	
Red Deer	0	5	0	0	1	14	-13	

Note: Sept. 7 Lethbridge @ SAIT game to be replayed Oct. 11.

RESULTS

Sept. 19

MacEwan 3, TKUC 1

Sept. 20

NAIT 2, CUCA 1; MacEwan 4, GPRC 0; LCC 2, MHC 2; MRC 1, SAIT 0

Sept. 21

NAIT 2, GPRC 0; CUCA 1, KC 0; MHC 4, LCC 3; SAIT 1, RDC 0.

WOMEN'S SOCCER

North Division								
Team	W	L	T	Pts	GF	GA	+/-	
Concordia	4	0	0	12	20	0	20	
MacEwan	3	1	0	9	11	2	9	
Grande Prairie	2	1	1	7	20	5	15	
NAIT	2	2	1	7	16	4	12	
Keyano	0	3	1	1	1	37	-36	
King's	0	4	1	1	1	37	-36	
South Division								
Team	W	L	T	Pts	GF	GA	+/-	
Mount Royal	4	0	0	12	22	1	21	
Red Deer	3	1	1	10	16	2	14	
SAIT	2	2	1	7	6	7	-1	
Medicine Hat	2	3	0	6	10	16	-6	
Lethbridge	0	5	0	0	2	30	-28	

RESULTS

Sept. 19

MacEwan 5, TKUC 0

Sept. 20

CUCA 1, NAIT 0; MacEwan 4, GPRC 0; MHC 4, LCC 0; MRC 3, SAIT 0; KC 1, TKUC 1

Sept. 21

NAIT 1, GPRC 1; CUCA 5, KC 0; MHC 3, LCC 2; RDC 3, SAIT 0.

NAIT male Athlete of the Week Freddy Akok tries to beat two Grande Prairie Wolves to the ball during ACAC action Sept. 21. Ooks won 2-0.



Do you secretly wish you could dress up as a Pirate or Wonder Woman more than once a year? Then grab your running or walking shoes, scary Halloween costume (optional) and join the Wildlife Rehabilitation Society of Edmonton (WRSE) at Hawrelak Park for the Ninth Annual "Run Wild for Wildlife" on Oct. 26.

EXCLUSIVE ONLY TO NAIT STUDENT TEAMS: Top NAIT pledge earning team will win \$500 worth of NAIT Gift Certificates ... This means free books next semester!!! Enter a team of six to 10 students and start collecting your pledges for Edmonton's only Wildlife Shelter today!



- WHEN:** Oct. 26, 2008 @ 11 a.m.
WHERE: Hawrelak Park
WHO: Teams, families or individuals welcome
WHAT ELSE?
- Chilling costume contest (optional),
 - Fabulously frightening prizes for our ghoulish runners and walkers,
 - Sinister snacks and drinks for all.

This fun, yet spooky event will attract ghosts, goblins, young and old to collect pledges in support of Edmonton's only wildlife shelter. Sign up on-line today at www.runningroom.com or the WRSE website at www.wildlife-edm.ca.

Vince Young needs help

By EVAN DAUM
The Gateway
(University of Alberta)

EDMONTON (CUP) – The strong chorus of boos that rained down on Tennessee Titans' quarterback Vince Young on Sept. 7 set in motion a bizarre chain of events, even by NFL standards.

In an eventual 17-10 victory over the Jacksonville Jaguars, Young threw two interceptions and left the field after throwing his second pick to the jeers of the Music City faithful. When Young returned to the sidelines, he showed signs he wasn't willing to re-enter the game, appearing visibly flustered by the voicing of displeasure coming from the sea of Titans fans.

Minutes later, he once again left the field, but on a different note. Young sustained what would eventually be diagnosed as a sprained MCL in his left knee. This is where the story gets bizarre.

On Monday, Jeff Fisher, head coach of the Titans, visited Young at his Nashville area home, along with a psychologist and another team official. After meeting with the team psychologist, Young apparently left his home and later told reporters he had simply gone out to "let the cloud go away for a minute."

Now, while this statement isn't exceptionally intriguing, what was fascinating is that Young reportedly expressed that he had felt severe depression to his psychologist and even mentioned suicide several times. As soon as Young left his home, the psychologist notified Fisher of his quarterback's mental state.



Vince Young

Fisher, out of concern, alerted Nashville police. After several hours of searching, Young was found at a friend's house watching football.

After this drama unfolded, the football media jumped all over the story. Analysts tore the Titans' pivot apart for being mentally soft on and off the field.

Now, there's no question Young still has some maturing to do considering his age and the high-level of stress associated with being an NFL quarterback. What really strikes me as odd, though, is that some people used Young's race as an explanation for his situation.

Donovan McNabb made headlines last year after saying that African-American quarterbacks still face more criticism than their white counterparts. While there's no denying that racism persists to this day, in Young's case, it played no part.

In a *New York Times* article, William

Rhoden said all Young needed was "a history lesson." Citing several former African-American quarterbacks' struggles, Rhoden said Young "doesn't need a psychologist." This is too simplistic. It is a huge stretch to cite race as the sole root of Young's issues.

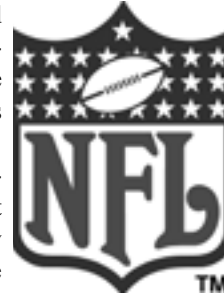
Young said it best himself last year when asked about McNabb's comments: "I really feel like myself, black, or white quarterbacks, we all go through something because that is the life of a quarterback."

It's difficult to support the explanation

that race played a major role in this instance, when, in fact, the quarterback himself dismissed this notion last September. Even when Young faced the media after this saga had unfolded, he didn't mention race.

Maybe we should take this for what it truly is – a professional football player who is very young and is struggling to cope with the stress of his profession.

Vince Young needs more than a history lesson; he needs some time away from the game and, contrary to Rhoden's opinion, a better psychologist to help him with his problems.



UPCOMING EVENTS!

- SEPT. 22-26:** WELCOME TO E-TOWN!
EDMONTON AWARENESS WEEK
COME OUT AND EXPERIENCE EDMONTON WITH US!!
- SEPT. 25:** THE NEST - INDIE NIGHT
ENJOY A FREE LIVE MUSICAL SESSION FROM DYNAMIC NEW BANDS.
- SEPT. 30:** SHAW THEATRE - MOVIE TUESDAY
ENJOY A FREE MOVIE AND POPCORN WITH NAITSA!



Join a Student Employment advisor
for a demonstration of the **PlacePro**
online job posting system

October 8th
12:15 - 1:10
Room X 215

- ✓ PlacePro is the main job posting system at NAIT
- ✓ Over 2500 Employers registered to post positions
- ✓ Search jobs in your field
- ✓ Maintain a portfolio of documents for application

Brought to you by NAIT Student Employment
www.nait.ca/studentemployment
471-8899

Got Green?

NAITSA Presents...
Environmental Awareness Week October 6-10

NAITSA Recycle Collection Program
Computers, laptops, computer accessories & TV recycling.

NAITRIUM

Campus Clean Up Day

Volunteer sign-up at naitsaevents@nait.ca.

Meet at 4:30PM at NAITSA

Enviro Fashion Show

Tower Lounge

Movie Night - The Eleventh Hour

Shaw Theatre - 4:30pm start

Garbage Revolution

Shaw Theatre - 12PM

Used Clothing Drive

South Lobby



Oct. 6-10



Mon. Oct. 6



Tues. Oct. 7



Wed. Oct. 8



Fri. Oct. 10



Oct. 6-10



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STUDENT POLL

Candidates for the Senate

School of Applied Building Science



Ashley Pearson

Let me begin by saying welcome to NAIT, or if you are a returning student; welcome back. My name is Ashley Pearson and I am currently in the final stretch of my time here at NAIT in Architectural Technology. I have decided to run for senate this year for numerous reasons; however, the major motive would have to be the pleasure of being your voice! I have made great friends over the last year and I would like to further my experience by being a major part in your school. I want to be able to represent you, the student body of Applied Building Sciences, and let your voices be heard. Being as "disconnected" as we are from the main campus I wanted a personal hand at making sure your concerns are met. I cannot promise that you will not get 10 parking tickets this year or, that the huge growth dangling from the ceilings in numerous classrooms will not fall on your head during class (perhaps you should stop throwing things at it). I can; however, promise that whatever you put into this school year you will benefit from and I am willing to make that happen for you!



Tim Abbott

Soon at NAIT you actually HAVE a chance to make an impact on how this school is run, what facilities we have & don't have, what works (like of the half micro-waves in ETA) and what doesn't work (the other half). The best way to impact this is by VOTING on Thursday September 25.

I can't promise that if you vote for me that it will all be magically made better, but what I can say is that if elected, I will listen to what you have to say and to speak up on behalf of all Applied Building Science students in the Senate for what makes a difference to us. It could be working microwaves, proper lighting in the dock, and accessible computer labs in ETA, etc.

On September 25 don't miss your chance to be heard, because you can't bitch if you don't vote!

School of Applied Media and Information Technology



Leah Klingbeil

Hello! I'm Leah Klingbeil a 19-year-old first-year NAIT student in the Graphic Communications program. I will be running for one of the two Senate positions for the school of Applied Media & Information Technology.

I recently moved to Edmonton from Vegreville (Home of the worlds largest Pysanka of course!) and hope to become involved in the Edmonton and NAIT community. I was a member of my high school's student counsel and was always actively involved in my community.

I am really looking forward to being part of the NAIT Senate and hope everyone in the school of Applied Media & Information Technology will take the time to vote (preferably for me!) in the election this Thursday.



David Wiens



Gavin Thomas

School of Health Sciences



Lisa Coffin



Kyle Laliberte

School of Arts, Science and Communications



Patrick Warwaruk



Tessa Cocchio

My name is Tess Cocchio and I'm running for the NAIT student senate. I am a student from the Medi-

cal Transcription program and represent the School of Arts, Science, and Communications.

Do you want better parking fees? Is the student housing adequate? What do you think about NAIT's fees and what your money is contributing to? How do you think NAIT ought to be spending your money?

This year there is little interest from our school for the senate positions. There is only myself and my fellow candidate running this year, but in order to give our school a voice within NAIT we still need to be elected. We need you to vote YES for both of us! Without us, NAIT won't know what the students of the School of Arts, Science, and Communications think! Let us represent you effectively and honestly. Vote YES for TESS!



Leslie Halcrow

SENATE ELECTION

**Vote Thursday
9 a.m.**

POLL STATION LOCATIONS

- South Lobby
- Engineering Annex
- Outside NAITSA
- Outside Fresh Exp
- Outside Campus I
- Outside Bytes Ca
- Tower - 1st Floor
- South Campus -
- Patricia Campus -
- St. Albert Campus

Thank you

POLITICS

School of Business



Timothy Jobs

Hello fellow School of Business students. I'd like to start by saying that I am very excited at the opportunity to represent you in the Senate. Although I am a first year Business student, I attended N.A.I.T from 2001-2003 and studied for a Telecommunications diploma. I've seen the campus grow in both student body and the facilities available to them. I plan on helping to continue this growth, especially in the School of Business. I'd like to see more facilities and a larger student body, which would attract more specialized instructors. I will be open, accountable and proactive through correspondence with you in person and e-mail. I've got the experience and the drive to make the right choices for the School of Business. On Thursday September 25 exercise your democratic right and vote for me.

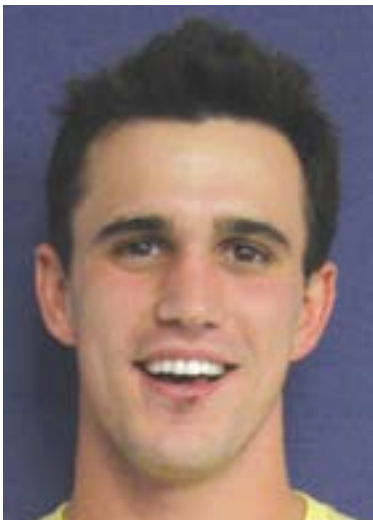
Don't hope for a better School of Business; vote for one.



Joel Chanin



Rebecca Stafford



Tyler Bernard

My name is Tyler Bernard and I would like to address why I think you should vote for me in the upcoming senate election on Thursday September 24th. I feel as though, the overall condition of our annex is obviously a pressing issue; and hoping for a new facility, or a total renovation is probably crazy. But there are things that I have noticed we could change that might help our long days in this building a bit easier. For instance, more microwaves could be added to the bistro upstairs, better lighting in the dock would help so that people can actually see while their studying during the evening. The price to Park your car for the day should also be addressed, but these are just some things that I have been hearing from talking to people about what they think could be done that's usually overlooked. This is why I want this position, to fill this void between the students, what they want, and it actually coming to be. I have experience organizing events such as a thirty hour famine, various sporting tournaments, and many other job related leadership roles while I worked in the oil and gas industry. I feel as though the future of the school of resource and environmental management is safe within my hands.

School of Resource and Environmental Management



Jamil M'sahel



Karl Puodziunas

School of Electrical and Electronics Technology



Ben Selland



Nathan Nichols



Derek Holte



Armin Ataee

School of Hospitality



Tyler Shelswell



Carmen Wasylynuik

ELECTION 2008

Thursday, Sept. 25, 2008

6:00 a.m. – 4 p.m.

LOCATIONS:

- Annex – Main floor by main stairwell
- Office – E131
- Express Cafeteria
- Reads & Needs
- Cafeteria – HP Centre

Z130

P127

for voting!

NOTE

There are two positions available per school. You may vote for one or two of the candidates on each ballot.

ENTERTAINMENT

Fey hits home run on SNL



LEANNE TRUONG
Asst. Entertainment Editor

Come Nov. 4, 2008, will Sarah Palin be elected to become the first female U.S. vice president, with the help of ... Tina Fey?

It's impossible to avoid the news of how "successful" *Saturday Night Live*'s 34th season premiere was, what with the widespread love shown for the opening act, a political parody, in which Tina Fey starred as the governor of Alaska and Amy Poehler as Senator Hillary Clinton.

The skit ran about 5½ minutes and

the episode was also hosted by the overly glamorized Olympic gold medallist Michael Phelps. Fey, who was once one of the show's leading stars and head

writers, returned to give an epic performance beside Poehler, who played her infamous Hillary Clinton character.

Not only was it ever so coincidental to have this skit during the peak of the U.S. election, but to address "sexism" (as if it weren't already drilled into the Republican Party's controversial campaign) was just ... shall we say, a funny coincidence?

Both ladies had their impersonations dead on, but I'm especially impressed with Fey's performance. It was as if I had just tuned into CNN's report on the Republican Convention — she had the "I can't believe

she's a governor" polished look, pit bull attitude, right down to her pagentry charm and Alaskan accent ... plus that, oh so stunning beehive. Fey added the extra flattery probably due to Palin's MILF-y good looks (have you seen this woman? So Hot!), but she plays it off very conservatively at every public appearance.

Palin, who does have a striking resemblance to Fey, responded to the skit by saying that ironically, she once dressed up as Fey for Halloween (come on, who dresses up as Tina Fey?). John McCain must be smiling from ear to ear that his choice of run-

ning mate can stir up all this much needed media exploitation to free him from his underachieving poll numbers against his opponent, Barack Obama. Polls have shown that since Palin was chosen, more voters have considered John McCain (poor Joe Biden, this must really hurt his manhood! Obama should have gone with Hillary!).

While Palin is probably enjoying being the celebrity that she has become, we know that her five minutes is soon to end. Fey's role as the VP candidate has become an overnight success, bringing in 7.4 rating and 18 percent share of audience, the

largest viewership for a "SNL" season debut since 2001, and up 64 percent from last year's opener. This means Fey will return for several skits to reprise her role as Palin and we'll all be watching.

For a woman whose prior jobs include TV sports announcer and mayor, Palin's chances of becoming the future vice president are seeming quite slim to me, but if she miraculously does win, well ... she should thank all of the hockey moms, past Hillary Clinton followers, her fellow Alaskans and, of course, Tina Fey.

God help America!



Tina Fey, left, as Sarah Palin and Amy Poehler, right, as Hillary Clinton do their bit on Saturday Night Live.

ICE CUBE

Latest CD cold off the rack



BRYCE ALTHOUSE
Senior Entertainment Editor

today, but because the album features the "Arbiter" from Halo.

In fact, you only need to insert the CD to get to the first track *What is a Pyroclastic Flow?*, which has Keith David (the voice of the Arbiter) answering the question posed in the title track as "That's what happens when a volcano blow."

Aside from the many violations of the English language that this commits, it sets the tone for the rest of the album. We end up with chorus-heavy, verse-lacking songs such as *I Got My Locs On* and the following track, *It Takes a Nation*. At this point of the album, you will have heard more uses of the "n-word" than a Chris Rock stand-up routine.

This was also the point where I stopped caring about Ice Cube and the problems that he seems to have with the rest of the world. But no one listened to my input and the

album soldiered on with issues such as the apparent fact that gangster rap is blamed for everything that happens in the United States, to Ice Cube complaining how illegal down-



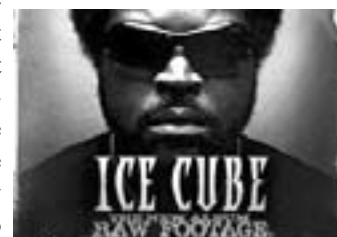
Ice Cube

loading makes artists have to struggle to feed their families (this coming from a guy who could live on the DVD sales of *Barbershop* ... not to mention *Friday*) ... and I let this continue right until the end of the album where I promptly pressed eject on my CD player and filed this CD right where it belongs — in the trash.

Ice Cube may have been a force back in 1992, when N.W.A. still dominated the West-Coast hip-hop scene. But sadly, his work today is not up to that same level of quality. The only way to solve this would be to drop the bass-beat-club-ready catchy ass raps and for Mr. Cube to study his old homework.

If he could bring back some fresh old soul/R&B-based beats with some of that trademark flow from his N.W.A. days, we would have ourselves an album worth talking about. But instead, we get catchy gimmicks like the Arbiter trying to rhyme "hot lava" with "saliva."

My final thoughts after this were akin to having to endure a "rambling, incoherent response" by Billy Madison. And yes, I feel dumber for having listened to it.



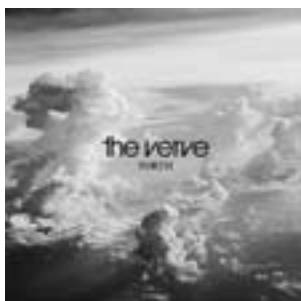
THE VERVE

Was Forth worth the long wait?

By JON MANNING

It's been years since we've heard a new album by 1990's western world conquerors, The Verve. Artists are sometimes very different with their waiting periods between album releases. It took NKOTB 15 years; the same feat only took The Verve 11 years, so clearly, they've matured faster.

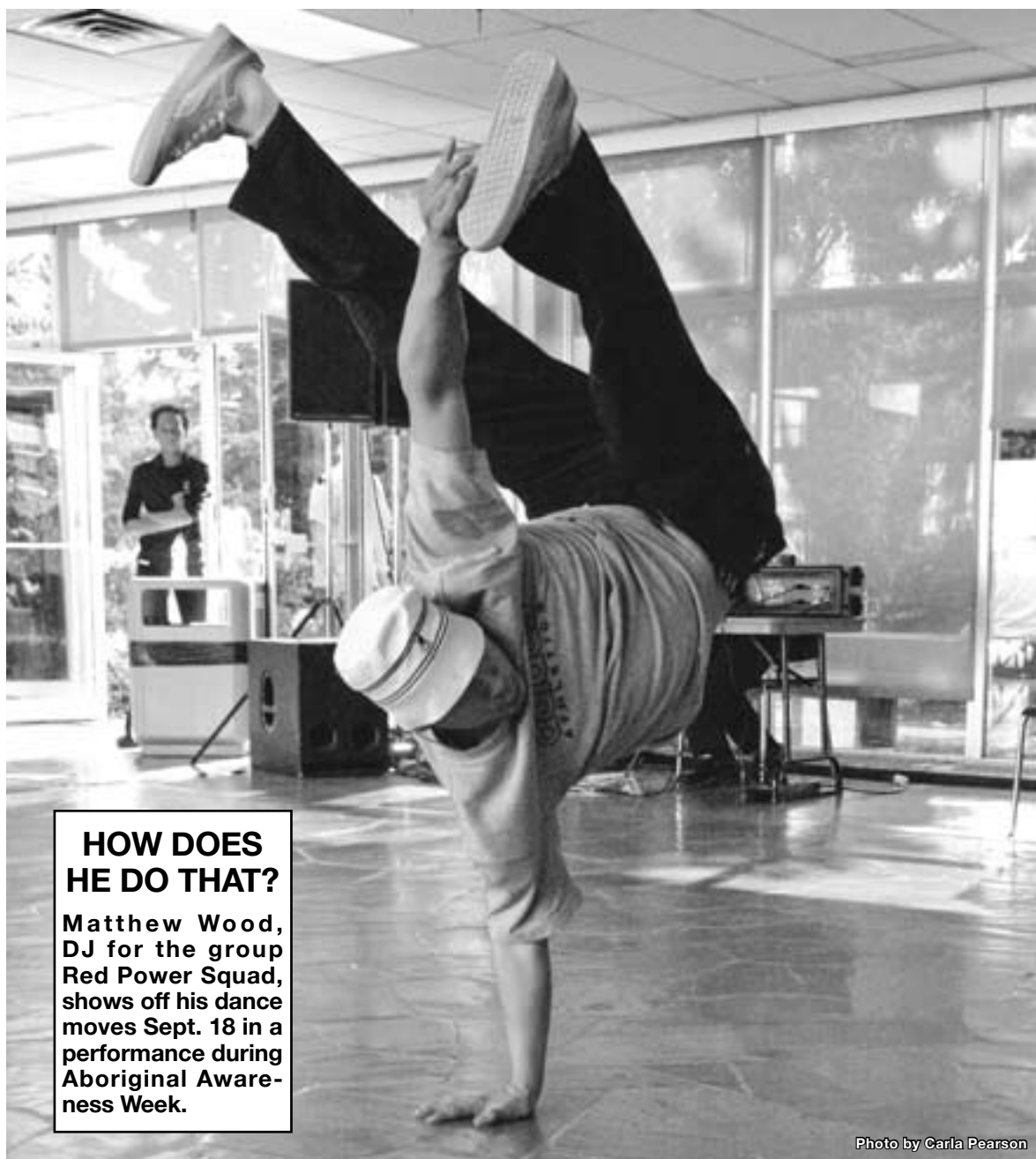
Signature Verve hooks are riddled through Forth and there are moments that will make you remember what actually made you enjoy a Verve song in the first place. Still, there is something lacking. When Urban Hymns (1997) came out, there was a generation willing to attach itself to the comfort in sadness that it offered.



That generation has grown up, leaving a void of new fans to find.

Forth is not without its own charm. Love is Noise is a hook-heavy attempt to stretch out further as a band and reach a larger audience. Valium, situated in the last bits of the album, is more of a return to form and could have fit cosily on Urban Hymns.

Forth is a good album, but it's nothing special. It's only a soft echo of a great collective musicality that disappeared right around the time Richard Ashcroft put out his first solo effort. That being said, if you've ever been a fan of The Verve, this is well worth the listen.



HOW DOES HE DO THAT?

Matthew Wood, DJ for the group Red Power Squad, shows off his dance moves Sept. 18 in a performance during Aboriginal Awareness Week.

Photo by Carla Pearson

NAITSA Presents...

INDIE NIGHTS @ THE NEST



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FREE

TUESDAYS
MOVIE

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5:00pm

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Theatre

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popcorn
& water



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CLUBS CORNER

Upcoming events

CETSC
Event: Bridge Building 2008
When: Saturday Sept. 27;
 8 a.m.–4 p.m.

Where: Whitemud Creek

NAIT International Club
Event: Bowling

When: Sunday Sept. 28
 1 p.m.–3:30 p.m.

Where: Plaza Bowl
 10417 118 Ave.

DeFeYe Arts
Event: Studio Day
When: Saturday Sept. 27
 4:30 p.m.–8 p.m.

Where: Harcourt House
 10215 112 St.

NAIT Model Railroad Club

Event: Meeting
When: Thursday Sept. 25
 4:30 p.m.–6:30 p.m.

Where: Room X-215

DeFeYe Arts
Event: Intro to Acrylics
When: Saturday Oct. 11;
 Saturday Oct. 18
 1 p.m.–4 p.m.

Where: Harcourt House
 10215 112 St.

NASS
Event: Beer Gardens
When: Friday Oct. 3
 4 p.m.–11 p.m.
Where: The Dock (Annex)

For more information on clubs on campus, see:
 Rose Martin Baumgartner
 NAITSA Campus Clubs
 Manager
 11762-106 St., Room E-133
 Edmonton, AB T5G 3H4
 Phone: 780-471-8871
 Fax: 780-491-3989
 E-mail: roseb@nait.ca

Reel Minutes Movie Club Reviews Ghost Town

I thought the movie was a comedic version of “Ghost” meets “The Sixth Sense,” very funny and enjoyable.

– Thin Slice

 This has got to be the date movie of the year. If your looking for a great laugh but still want to show you have a sensitive side, then this is the movie for you. But don't take my word for it, go see for yourself.

– Candy

 Ghost Town is a romance disguised as a great comedy. I pretty much laughed the whole time ... then cried at the end – just kidding but it's a good movie, go see it!

– Pamplémousse

 Ghost Town had some very funny moments and actually had a story line but it tended to lag in some parts. Overall, I'd say it was an enjoyable movie but more of a renter.

– Bre

 Uniquely supernatural! It is a superb romantic comedy!

– Mrs. Lovett



 The movie started out great. It was funny and entertaining with plenty of dry, blunt humour. After the first 20 minutes, I really had high hopes for the rest of the movie. Unfortunately, about half way through, the tone of the film turned and then it was just like every other romantic comedy I've ever seen. I had guessed the ending by two thirds of the way through, which wasn't hard considering it had many of the old time romance cliches. All in all, I think the movie would've been better if they had stayed with the biting humour instead of slowing down to almost a crawl near the end. I give this movie two out of five stars.

– Amber Doll



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**Petroleum & Chemical Engineering
 & Geological Technologies**

3RD ANNUAL SEPTEMBER PIG ROAST



Date: September 26th, 2008
Location: Engineering Annex “the dock” or just follow the smell of delicious bacon on the grill
Time: cocktails – 3:30, Dinner – 5:30
Costs: \$10 (includes delicious BBQ pork on a bun, baked beans, salad, and one complimentary cocktail)
Drinks: beer & Highballs \$3.50 each or 3 for \$10

Please come and join the PGC students as the 2nd year students welcome the 1st year students to NAIT.
 PGC's student club 1st fundraiser and celebration for 2008/09 school year. Come join in on the festivities!

NUGGET COMICS



SENATE ELECTION 2008

Vote Thursday, Sept. 25, 2008
9 a.m. – 4 p.m.

POLL STATION LOCATIONS:

- South Lobby
- Engineering Annex – Main floor by main stairwell
- Outside NAITSA Office – E131
- Outside Fresh Express Cafeteria
- Outside Campus Reads & Needs
- Outside Bytes Cafeteria – HP Centre
- Tower – 1st Floor
- South Campus – Z130
- Patricia Campus – P127
- St. Albert Campus

Thank you for voting!

OPEN HOUSE PARKING

Friday, Oct. 3, 2008

To accommodate our visitors on Friday, Oct. 3, parking will be free to staff, students and visitors. It will not be possible to protect staff and student stalls; therefore, please come early that day to ensure a parking spot. If you vacate your stall during the day, there will be a strong possibility it will not be available upon your return.

Please note that parking meters along 118 Avenue in front of Ernest's are City of Edmonton property and are not included in the above notice. Please be sure to pay the meters if you decide to occupy them. Inquiries should be directed to 471-7477.

EDMONTON CITY CENTRE PERMIT HOLDERS:

THERE WILL BE A BUS SCHEDULED TO TRANSPORT STUDENTS TO AND FROM THE ECCA PARKADE. PLEASE DISREGARD ANY PREVIOUS NOTICES THAT THE BUS WILL NOT RUN.

– Parking Services

"Education for the Real World"

Open House 2008

Be an Ambassador for NAIT

Help us promote NAIT and your program by becoming a member of the **Roving Student Volunteer Team** at our annual Open House. It's your chance to help us showcase all of our programs to guests from across Alberta and surrounding areas.

You will be asked to guide tours, welcome buses and circulate throughout NAIT in order to help the public find program displays or special presentations during your shift. Also, you may be asked to provide information about your program and your positive experience at NAIT.

Open House takes place on **Friday and Saturday, October 3rd and 4th**. Classes are cancelled on the Friday for the event. Open House is one of the largest public relations and public information exercises we stage, and each year it brings in many thousands of potential students along with parents, friends, teachers and counselors.

Training sessions are scheduled for Wednesday, Oct. 1 and Thursday, Oct. 2, 2008. **Attendance at one of these training sessions is compulsory.**

If you are interested, please contact us to confirm your participation and schedule a training session:

Hayley Grandfield, Administrative Assistant

Student Recruitment

South Lobby 0117

Phone: 780.471.8842

Email: hayleyg@nait.ca



Chris Carmichael-Powell
and Nahreman Issa

Who is your favourite Oiler?



Ales Hemsky, because he's a bad ass!

Nick Peiters
Carpentry



The whole team.

Scott Holben
Carpentry



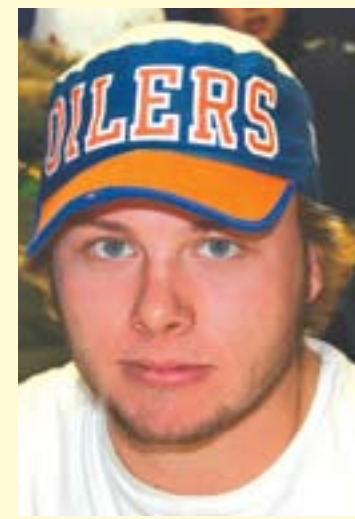
Sam Gagner. He's HOT.

Jillayne Wowk
Dental Technician



Sam Gagner. He's got skills.

Brian Claypool
Mechanical Engineering



Sheldon Souray. He's a beast!

Bryan Bartman
First year Electrician



Your horoscope



MADAME O

SEPTEMBER 18-24

(Warning: Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Virgo (Aug. 23-Sept. 22)

All that B-day cake has finally caught up with you this week and quite frankly, it's time to haul yourself to the gym. OK, so panting and sweating up a storm may be the last thing on your mind right now, but until you drop some weight, I assure you this will be the last form of heavy breathing you'll be hearing for a while. Hop to it, tubs.

Libra (Sept. 23-Oct. 22)

Look, people are bored with you, so feel free to double up on your snooze-worthy topics this Monday, because no one is really listening anyway. In case you haven't caught on yet, when their eyes glaze over and they smile and nod at you, it's code for "go away."

Scorpio (Oct. 23-Nov. 21)

Take time out for yourself this week. Actually, I meant "from" yourself. Cut back on your usual snobby and self-absorbed ways and attempt to reconcile with your friends by kissing their arses. If your name is Kevin, this is especially for you.

Sagittarius (Nov. 22-Dec. 21)

Ah ... the force is strong in you this week! Yeah, things are starting to look up for you, Sag, but let's not get all crazy. I mean, you've already managed to shower twice this week! Take it easy!!

Capricorn (Dec. 22-Jan. 19)

With exams around the corner, having high expectations about your grades may land you in trouble, my darling Capricorn. The only way to succeed is to aim low and expect even less and you shall not be disappointed.

Aquarius (Jan. 20-Feb. 18)

I didn't want to be the one to have to tell you this, but your crush is "just not that into you." Spare your beloved, and take out your frustrations on that stranger over there with the backpack. Yes ... that guy right there. Cease the opportunity and give him a wedgie. Yes ... atomic. Do it. It's in the stars.

Pisces (Feb. 19-March 20)

Good ol' Pisces. I foresee both good news and bad news in your near future. The good news is that a small windfall is headed your way today! Money won't be an issue for the rest of the day, so spend that cizzash. Sadly, that money will quite literally be of no issue to you today, as you will have none left by sundown.

Aries (March 21-April 19)

Turn around counter-clockwise and meow at the person right beside

you. Do it! Right now! You didn't do it, did you? See, that's your problem, Aries. You're just too damn stubborn. You come to my horoscope seeking help and then you don't listen to my instruction. I just ... I don't know what to do with you anymore.

Taurus (April 20-May 20)

You may soon be tempted to become a thief as the masses of sleeping students on campus begin to grow. Resist the urge to help yourself to their unattended textbooks and calculators and be rewarded with an unsatisfactory exam mark because you were too cheap to buy your own stuff.

Gemini (May 21-June 20)

You know, it's really not your fault that you talk as much as you do. It's your nature! You just can't help yourself. But why should all those glorious words be kept to just you alone? It would be awfully self-

ish of you to not talk as much as you possibly can this entire week. In fact, start right now by reading this whole paper out loud. Whatever you do, do not stop flapping those gums or you shall face certain doom. Madame O hath spoken.

Cancer (June 21-July 20)

How convenient that your sign is a crab, as this will also be your punishment for loose morals this weekend.

Leo (July 23-Aug. 22)

Danger, suspicion, spy and donkey. These are important and inescapable words that I foresee you coming across once this week. Alas, do not be frightened, dear Leo. You will know when the situation arises, as these words shall present themselves clearly in black and white! Yes, I see it now. Watch for them on Thursday, Sept. 25, 2008 ... possibly in the form of a horoscope.

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Jennifer at 780-932-0221
or visit
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Experts question water as fuel

By **ANDREW MCMONAGLE**
The Uniter
(University of Winnipeg)

WINNIPEG (CUP) – Energy experts are rising against a Japanese company that claims to have invented a water-fuelled car.

Genepax is touting their newly released water-fuel as capable of powering a car and other fuel-reliant devices.

Yet information on the product is only available online and the company has not released any details to the public, aside from a few simple diagrams. These diagrams show technology that enables the use of water as a fuel and as the system’s main emission.

Daniel Dingel, an inventor from the Philippines, claims to have created a water-powered car 30 years ago. He has garnered worldwide press for his invention, but like Genepax, he has never released the details of his design.

Both Dingel and Genepax were unavailable for comment.

Conversion kits

Websites such as www.runyourcarwithwater.com offer conversion kits for private consumers to turn their cars into water-fuelled green machines.

For \$49.97, users can order the kit, which will “use electricity from your car’s battery to separate water into a gas called HHO (two hydrogen + one oxygen),” reads the company’s website. HHO means the same as H₂O, or water.

But experts say these schemes divert attention away from the real problem of fossil fuels.

“The problem is not in with the energy solution, but in the people,” said Eric Bibeau, Natural Sciences and Engineering Research Council of Canada Manitoba Hydro industrial chair in alternative energy at the University of Manitoba.

“In a world where we have important changes to implement in energy, discussion on H₂O [powered vehicles] shows that we’re not serious about the future of our sustainable development.”

Hopefuls

There are hopefuls who would like H₂O technology to persevere.

“I believe we can be driving H₂O cars by now,” said Tyson Weber, a beer vendor employee who ordered a Smacks Booster online. The booster separates H₂O into separate gas components of hydrogen and oxygen, which is then used as a mileage booster in cars.

“You gain a lot of horsepower by adapting this into your car,” said Weber.

While the technology does exist to get energy out of water, it is still considered too inefficient for vehicles.

“What’s appealing is the concept,” said Arne Elias, executive director of the Centre for Sustainable Transportation. “The problem is that is not how it works. The conversion to hydrogen from water is very inefficient.”

“It’s possible to put H₂O in your tank and use a fuel to split it ... but there is no such thing as an H₂O-powered vehicle.”

In addition to H₂O technology, hydrogen fuel cells and electricity are alternate fuel sources currently in use.

The electric car started out similarly but grew to achieve realization and success.

The first electric car was demonstrated at the Paris World’s Fair in 1867 to many critics. It is only within the past 20 years that electric vehicles have been in serious production in North America.

The H₂O-powered car might meet a similar fate in the future.

The concept of an H₂O-powered vehicle is often confused with hydrogen fuel cell technology, where hydrogen gas is converted into energy with a pure H₂O emission.

Hydrogen power and electric plug-in technology are more realistic, says Elias.

“Electric vehicles are two to

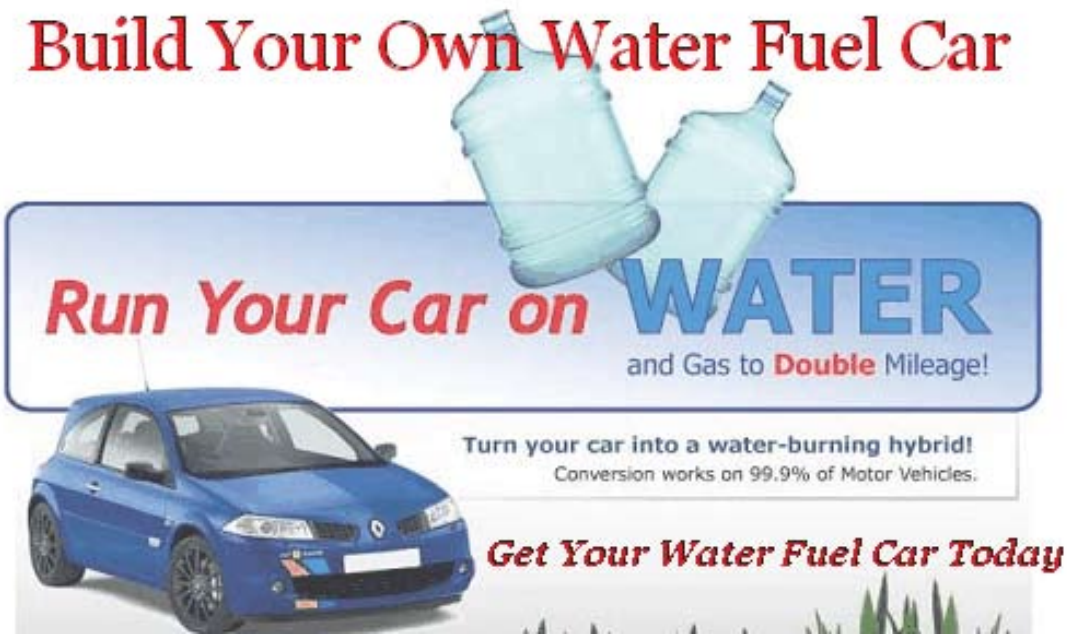
four times more efficient ... at a quarter of the cost.”

In 2005, Elias and Bibeau co-chaired the first Alternative Energy Conference in the world, Elias says. The conference focused on

the possible use of plug-in hybrids (PHEV) as the most feasible method of renewable energy use in transportation.

“Hydrogen has its niche, but H₂O shouldn’t even be considered,” said Elias.

Build Your Own Water Fuel Car



Run Your Car on WATER
and Gas to **Double** Mileage!

Turn your car into a water-burning hybrid!
Conversion works on 99.9% of Motor Vehicles.

Get Your Water Fuel Car Today

This is an ad that promotes conversion kits for turning your vehicle into a water guzzler.

NAITfye (First Year Experience) Workshop Schedule – Fall Semester											
NAITfye is a new initiative developed to help students transition to life on campus. We have developed workshops on a variety of topics chosen with your specific needs in mind and theme oriented based on the time of year. Please attend as many of the following workshops as you wish. The workshops are free and no registration is required.											
	Week	Monday		Tuesday		Wednesday		Thursday		Friday	
Sep-08	11	Tips for Memory, etc 8		9		Mature Student Orientation 10		What's your Learning Style 11		12	
	12	es & Life, Manage Time 15		Services & Student Life 16		17		Exam Prep and Writing 18		19	
	13	ng, Listening & Notes 22		23		Women in Technology 24		25		Adjust to life in Canada 26	
	14	ging Exam Stress 29		What to do in Edmonton? 30		1		What to do in Edmonton? 2		3	
Oct-08	15	on 101 6		7		8		Citation 101, Manage Stress 9		10	
	16	ksgiving Day 13		14		Women in Technology 15		16		17	
	17	20		Off the Bench 21		22		Off the Bench 23		24	
	18	he NAIT Team 27		28		Join the NAIT Team 29		30		31	
Nov-08	19	3		Maintain your Loan 4		5		6		Maintain your Loan 7	
	20	the Freshman 15 10		Remembrance Day 11		12		Avoid the Freshman 15 13		14	
	21	17		18		Women in Technology 19		20		21	
	22	h your Dollar 24		25		26		27		Stretch your Dollar 28	
	23	1		Who's the boss? 2		3		Who's the boss? 4		5	
Dec-08	24	8		9		Women in Technology 10		11		12	
	25	Week 15		Exam Week 16		Exam Week 17		Exam Week 18		Exam Week 19	
	26	ay Break 22		Holiday Break 23		Holiday Break 24		Holiday Break 25		Holiday Break 26	
	27	ay Break 29		Holiday Break 30		Holiday Break 31					
ANY QUESTIONS?? EMAIL askfye@nait.ca											
NAITfye (First Year Experience) Workshop Schedule – Fall Semester											
September-08											
15	Mon	Student Services and Student Life at NAIT - Learn what you need to know!						12:15-1:10pm		T105	
16	Tues	Student Services and Student Life at NAIT- Lean what you need to know!						4:30-5:45pm		X203	
24	Wed	Women in Technology Meet and Greet						12:15-1:10pm		X213	
26	Fri	New to Canada? Let us help you to adjust						4:30-5:45pm		W301	
30	Tues	What is there to do in Edmonton? For new Edmontonians						4:30-5:45pm		W301	
October-08											
2	Thurs	What is there to do in Edmonton? For new Edmontonians						12:15-1:10pm		X215	
6	Mon	Citation 101- Avoid plagiarism and learn how to reference before your paper is due						12:15-1:10pm		X215	
9	Thurs	Citation 101- Avoid plagiarism and learn how to reference before your paper is due						12:15-1:10pm		T105	
15	Wed	Women in Technology Meet and Greet						12:15-1:10pm		X213	
21	Tues	Off the Bench and into the Game- Get involved at NAIT						12:15-1:10pm		WA212	
23	Thurs	Off the Bench and into the Game- Get involved at NAIT						4:30-5:45pm		X203	
27	Mon	Join the Team- Learn How to Find a Job on Campus						4:30-5:45pm		W301	
29	Wed	Join the Team- Learn How to Find a Job on Campus						12:15-1:10pm		X215	
November-08											
4	Tues	Maintain your Student Loan- You don't want to lose it!						12:15-1:10pm		X111	
7	Fri	Maintain your Student Loan- You don't want to lose it!						12:15-1:10pm		WA212	
10	Mon	Avoid the Freshman 15- Ask a Personal Trainer and keep the weight off						12:15-1:10pm		X111	
13	Thurs	Avoid the Freshman 15- Ask a Personal Trainer and keep the weight off						4:30-5:45pm		T105	
19	Wed	Women in Technology Meet and Greet						12:15-1:10pm		X213	

TOP 10 TIPS

Managing your time



MARGARET MAREAN
NAIT Student Counselling

Good time management is probably the most important factor for success at NAIT and in your future career. Getting into good habits now will help you manage the added stress of mid-terms and finals.

1. Define **clear goals**. Make sure

your expectations are reasonable.

2. Make a **daily to-do list and prioritize** it. Can you delegate or eliminate anything on the list?

3. Start by **keeping track of how you spend your time now**. Then make a realistic schedule based on modifying, not completely changing, your current time usage.

4. Use a **weekly planning schedule**. Allocate **specific periods each day for your study** and stick to them. If you can study at the same time each day, your brain will automatically become more prepared for studying at that

time, and will therefore be more effective.

5. **Review within 24 hours** – take at least 15 minutes per course to highlight main points and jot down any questions about material you don't understand. Review again at the end of the week. This saves time in the long run because you will retain most of the information rather than having to relearn it.

6. **Regular sleeping (at least seven hours per night), eating and exercise or relaxation times** also help you to concentrate, learn and memorize more effectively.

7. **Study in small blocks** instead of long time periods. You will accomplish more if you work in 20 to 30 minute blocks and take 10 minute breaks in between rather than studying for two to three hours straight without breaks. You will also find it easier to get started when you are looking at smaller blocks.

8. **Get organized** – your binders, your study space, your locker, your living area ... an organized environment reduces stress and also helps your brain organize information more effectively.

9. Monitor and **control the**

amount of time you spend watching TV, on the Internet, phoning or texting ... these activities can use up a lot of time without us realizing it.

10. **Ask for help** – get help from classmates, instructors, the **Tutorial Centre (Room A133; free math, physics, chemistry and English tutoring)**, or hire a **peer tutor (Room A172; \$10-\$15/ hour)**. See a counsellor for any study, personal or career choice concern. Appointments can be booked in **Student Counselling, Room 0117**, or by calling 780-378-6135.

STEPS TO SUCCESS

Cherish the people in your life



SHANT CHAKMAKIAN

We are so connected to the world, whether it's Facebook, Blackberrys or our simple infatuation with shopping ... people are more and more connected to everything they own and care about.

Being this connected makes us take things for granted, whether it's a loved one or a worldly possession. It also makes us dependent on these things and people, expecting them to always be there. As a result, we can not only lose them at any time and not be prepared, but we do not enjoy or cherish them.

Would you have regrets?

What if you never saw a loved one again? Would you regret not having enjoyed those things, no matter how big or small?

As most of us can see when we watch the news, life has the potential of being taken away from us at any time. It's a sad and negative thought until you see the upside.

Don't get too superficially attached to anything. By non-attachment I mean don't take it for granted, instead, cherish it.

No one knows when they'll go and no one knows when they'll lose something they cherish. We can't predict the future but we can always prepare for it and it's simple.

Keep in mind that when you die, you can't take anything with you. What we do for ourselves dies with us, what we do for others remains in us immortal.

As a result don't get too attached to things and cherish the people you love. Accept the fact that the world you know and the people you love can be taken from you at any moment. As a result, the only thing you can enjoy is your life and the people you spend it with.

What memories will you leave?

Think about it from another perspective. If you died today, what would people say about you and how you impacted their lives? What would they say about their last interaction with you? How will they carry your memory?

It shouldn't be confused with what people think of you, because that matters to an extent but isn't everything. What's more important is the experience you give others and how you impact their lives.

By building synergistic relationships and cherishing everything, you are creating a solid insurance policy on life. It's simple. You will enjoy life more than most other people and if anything ever happens to you, at least you got the most you could out of the things you love.

So pick your lady up and give her an epic kiss, tell your

parents you love them, spend a little more time with your kids and let your friends know you appreciate them. I guarantee that you won't just get the most out of those you love, but they will get the most out of you and give that back to you.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at shant_c@hotmail.com I value and look forward to your input.

IMPORTANT!

Student Health and Dental Benefits

Opt Out Deadline

Friday Sept. 26, 2008.

NO LATER than 4 p.m.!

Room E125 • Phone: 780-471-7730 • Fax: 780-491-3058

E-mail: studentplans@nait.ca

DO NOT FORGET:

Confirmation of coverage is needed in order to complete the Opt Out Process!!

(Examples: a benefit card, letter from employer or insurance company stating you have coverage, recent statement of claim, web page printout or any type of document saying you (the student) has medical and dental coverage)

Student Leadership Award of Distinction Program

Lead the way ...

Do you want to become an inspiring, committed, self-confident, positive and self-reliant leader?

Do you want to enhance your resume so that employers will identify you as a leader who will make a difference?

Then pick up a brochure on the Student Leadership Award of Distinction pro-

gram. This is an extra-curricular leadership-in-action program open to all students enrolled full time at NAIT.

You must apply to become a member of this program. Don't wait, come to W111PB (located in the HP Centre) to pick up the brochure and the information package or e-mail distinction@nait.ca for more information.

Success seminars

Managing Exam Stress

Date: Monday, Sept. 29

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

Stress Management

Date: Thursday, Oct. 9

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

All seminars are free and there is no need to pre-register. For further information, contact Student Counselling, Room O117, Main South Lobby. Phone: 780-378-6135.

Instructor offers help to students

N. Pas Paskaran is an instructor in the Physics program with 30 years of teaching experience and has delivered seminars on "Being An Effective Student" for over 20 years. The material he has collected is available for free download as audio material in MP3 from his web page.

The audio material consists of titles such as: "How to write exams, Increase your mem-

ory power" and "Effective study skills." Each of this audio material is three hours long.

Students can access this free download material and benefit from the ideas covered by the above topics.

See web page address:

*<http://humanpotential.cjb.net>
to access the material.*



Pick up your free copy at Student Counselling, Room O-117

Classifieds

NAIT aquatic courses – Fall Semester

Want a challenge or help expanding your swimming ability? Or maybe you would like to start down the path to becoming a lifeguard. Start by taking Bronze Medallion and Bronze Cross here at the NAIT pool. Visit www.nait.ca/recreation for more information.

WINTER PART-TIME JOBS

Edmonton Ski Club seeking:

- Ski/snowboard instructors
- Rental shop personnel
- Customer service representatives
- Lift operators

780-465-0852 Send resume to skiclub@telusplanet.net

Rugby, anyone?

The Clansmen, your local Rugby Club, at 110 Street and 111 Avenue, Airways Park, are always looking for new members, both men and women. No previous rugby experience required. Call 476-0268 or view website at www.clanrugby.com

Lose a ring?

A ring was found in the Common Market last week and has been left at the Nugget. If you lost a ring and can describe it to us, we will be happy to return it to you.

Attention students!

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\$16.85 base appt.

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www.workforstudents.com

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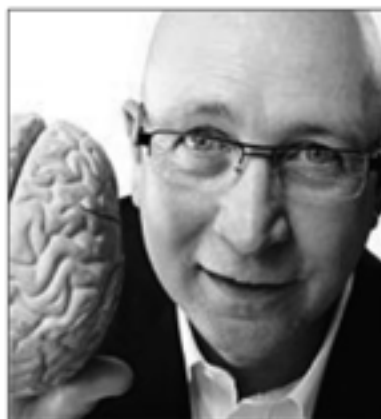
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BRIAN THWAITS

Coming to NAIT - October 7, 2008



Brian Thwaits is an engaging and entertaining 'brain trainer', a learning and communication whiz with a wealth of experience in both the public and private sectors. Brian first demonstrated his flair for performance as an award-winning educator and is now an acclaimed professional speaker who engages both the hearts and minds of his listeners – so they leave his presentations with sides splitting from laughter and heads bursting with ideas.

Join the NAIT community for Brian's signature keynote address:



Train Your Brain

Tuesday, October 7
 Shaw Theatre (4:30 - 5:30)

Brian cleverly combines the latest information from the disciplines of brain research, learning theory and the communication field to suggest innovative and practical approaches to issues we face in the workplace, in the classroom and in our personal lives.

FOR ALL NAIT STAFF AND STUDENTS

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For more information visit us at gm.ca, drop by your local Chevrolet Dealer or call us at 1-800-GM-DRIVE. We'd like you to know more: **Offer based on cash purchase price for 2009 Aveo (1SM). Freight (\$1,125), license, insurance, registration, PPSA, administration fees and taxes not included. Administration fees may vary between dealers. Dealers are free to set individual prices. Cash purchase price reflects discounts and other incentives which are only available where consumers opt for cash purchase price. By selecting purchase finance offers, consumers will be foregoing such discounts and incentives which will result in higher effective interest rates. Offers apply as indicated to 2009 new or demonstrator models. Offers apply to qualified retail customers in the Alberta Chevrolet Dealer Marketing Association area only. Limited time offers which may not be able to be combined with other offers. ▼When equipped with a 5-speed manual transmission estimated 2009 ratings, based on GM testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. ‡ As shown, MSRP for 2009 Aveo with optional equipment is \$14,940. #U.S. Government star ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (NCAP). For more information on safety ratings, go to www.safercar.gov.