

BEACH BASH FRIDAY SEPT. 5 AT THE NEST!

# THE NUGGET

Thursday, September 4, 2008  
Volume 46, Issue 2



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YOUR STUDENT NEWSPAPER

EDMONTON, ALBERTA, CANADA

## Web alert on tap

NAIT unveils a new online system for communicating with staff and students during emergencies, page 2

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#### SPOOKED BY OOK

Sara Chapa, 22 months, isn't too sure about Ook during a recent meeting with the affable mascot. Sara is the daughter of Alicia Chapa, a student in Construction and Engineering.

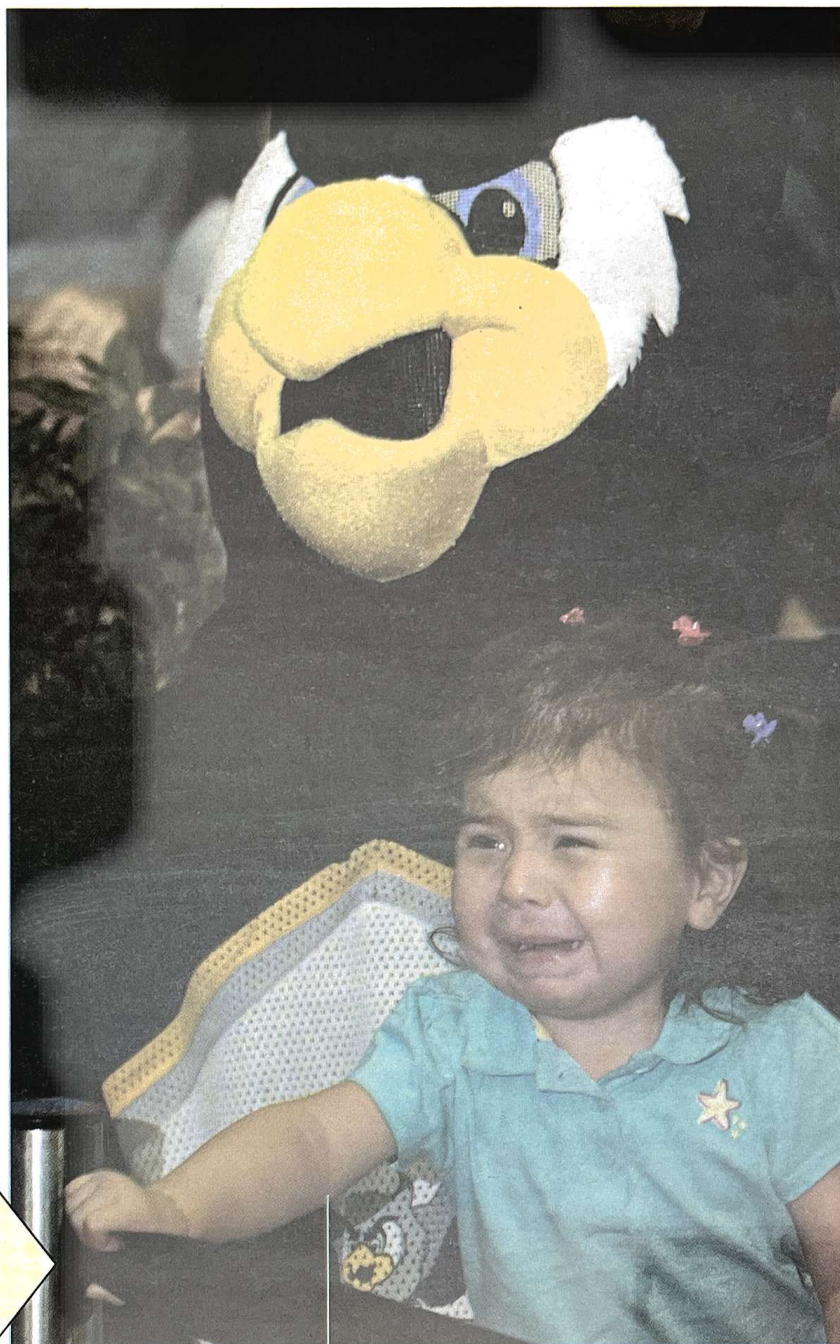


Photo by Carla Pearson



— YOUR CAMPUS RESTAURANT & LOUNGE —

Back-2-School

## BEACH BASH

"A Night of SURF REGGAE ROCK"

Friday, Sept. 5 @ The Nest

Featuring

daniel wesley



& Current Swell





# NEWS & FEATURES

## Security online

*NAIT is turning to the Internet to reach students and staff when necessary*



**CHRIS CARMICHAEL-POWELL**  
Senior Issues Editor

NAIT campuses are getting a small, yet effective, emergency security procedure update during the upcoming school year.

"In today's society, no one can predict the nature of emergencies on campus or when they are going to happen," says Jerry Hove, manager of security and parking services. "Knowing what to do in the event of an emergency can have a huge impact on saving lives and mitigating damage," he said.

As a result, NAIT has made extensive efforts to ensure that all staff and students are quickly updated, especially during severe security threats.

### Personal responsibility

"As members of the NAIT community, all staff and students are responsible for familiarizing themselves with emergency procedures. And schools and administrative departments are responsible for orienting students and staff at the start of a new semester or intake regarding the appropriate response in various emergency situations," he said.

NAIT's doing an impressive job of keeping up with technology, recognizing everyone's walking around with a PDA, Blackberry or a cell-phone, making Facebook updates and e-mails accessible from anywhere you can unearth a mobile signal.

### Join Facebook page

"We encourage all students to join our Facebook page," says Kristen Vernon of corporate communications. NAIT has now made emergency security updates available through the NAIT page on Facebook and Twitter. If there's a severe security threat at any NAIT campus, updates are simply a click away for all NAIT fans, regardless of their location. To become a member of the NAIT page, on either Facebook or Twitter, sign up for a free membership and search "NAIT Security Services."

During this school year, NAIT's main campus public address system

will also be updated with features which allow the administration to broadcast automated messages specific to an emergency situation. If a lockdown procedure is to be initiated, "Lockdown, lockdown, lockdown. There is an emergency on campus. Lockdown, lockdown, lockdown," will be broadcast over the PA system.

A full list of messages is included on the NAIT security website, which can be found at [www.NAIT.ca/security](http://www.NAIT.ca/security).

Other NAIT campuses will not have the ability to broadcast a message, but they will be capable of transmitting distinctive tones, informing both staff and students of live security threats.

Other security features include frequent updates on the NAIT security website during emergency situations, five display screens on the main campus and one each at

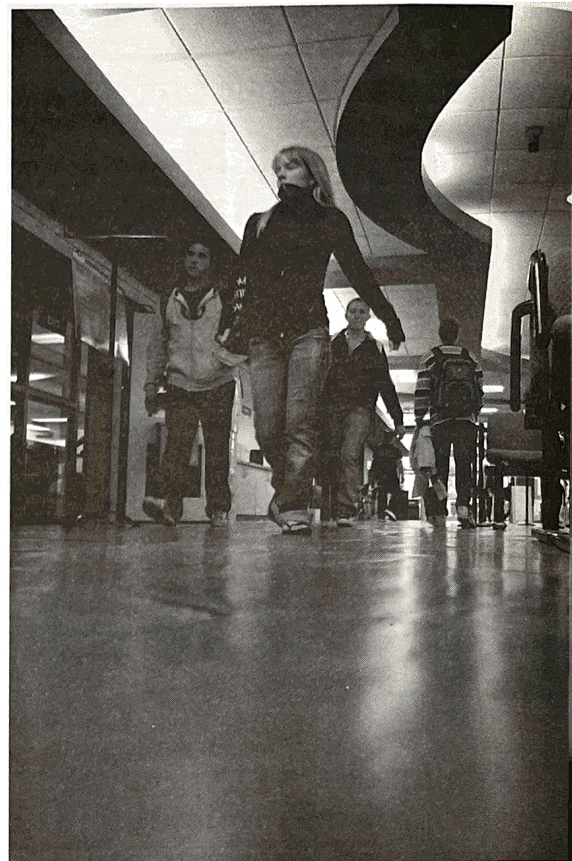
Souch and Patricia campuses. These screens will provide information to both staff and students throughout an emergency.

"During an emergency, our objective is to communicate with our students and staff as quickly as possible," says Dan VanKeeken, director of corporate communications.

**"During an emergency, our objective is to communicate with our students and staff as quickly as possible."**

**— Dan VanKeeken,**  
director of corporate communications

"As an institute of technology, it is important we keep on top of communications trends, evaluate new technologies and find opportunities where these technologies align with our communications objectives."



Photos by Javier Salazar

### FIRST DAY

It was a day of walking and standing in line, above and below, for students on Tuesday as the 16-week Fall Semester programs got underway.







## FOR A GOOD CAUSE

Photo by Javier Salazar

Shinerama volunteers Lindsey Scott, left, and Heather Davis take some time out from selling 50-50 tickets at GearUp to say hello to a Nugget photographer. Shinerama gets underway for real on Sept. 13.

## Texting 1,2,3 ...

**DANIELLE WEBB**  
CUP Atlantic Bureau Chief

ANTIGONISH (CUP) – “This girl raised her hand as if to answer a question that had been posed and she said, ‘There’s a gunman on campus. I just got a text.’”

University of British Columbia student Catherine Bright recounts the story of January’s lockdown at the Vancouver university, and the role text messaging played.

Although police refused to comment on the nature of the incident, word quickly spread that students on campus should lock themselves where they were, and those who weren’t, should avoid campus.

## Alert system

Following in the footsteps of schools like UBC, Dalhousie University in Halifax, Nova Scotia is implementing an alert system that will see students receive text messages in the event of an emergency on campus.

“I think Dal’s emergency text messaging service is a great idea,” said Erica Hendry, a master’s student starting at Dalhousie this September.

The system, which only launched last March, quickly enlisted 25 percent of the campus. This year, through an early publicity campaign, the university hopes to gather even more students.

## Good move

John Sherwood, Dalhousie’s executive director of university computing and information services, feels taking advantage of the “almost universal” use of cellphones with text-ready technology was a good move.

Courtney Larkin, president of the Dalhousie Student Union, also sees the value in this new approach.

“Many of our students have cellphones, and many of them carry their cellphones with them throughout the day. Having a system that can reach out to a large number of students in times of emergencies, quickly and effectively, is a positive step towards protecting our students,” she said.

## Welcome to NAIT!

Visit the *NAIT Bookstore* to purchase NAIT branded items!



BOOKSTORE

Discount coupons are available in your Student Handbook.



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## THE DEADLINE IS ...

Noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

## Letters

## We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

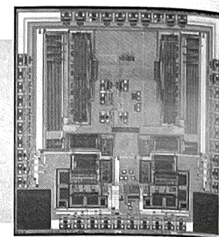


**Tech  
Talk**



SHANT CHAKMAKIAN

# Be less available



In today's times, being available all the time is not only a need in most cases, but an expectation and a burden.

Keeping our BlackBerry(s) close and our MSN and Facebook always logged on, we stand to get interrupted too often and too easily. Whether it's e-mails at work interrupting tasks in process or a bad Facebook addiction; being too available can hamper personal and professional productivity and it even leads to stress.

When people can interrupt you and get your attention at any time, you stand to lose. That's why you must exercise restraint, time management and use an appropriate mode of communication.

Text messages have become the most popular mode of communication simply because they aren't fixed time commitments. Unlike MSN, Facebook IM or a phone call, you generally treat texts like

mini e-mails and respond when available.

Instead of responding to texts on a religious basis, let them pile up if you have nothing urgent and then respond to them all at once every few hours. This is more appreciated by employers when they don't have to worry about you constantly killing productivity.

It also helps keep you focused when you can put your phone on silent and do what you have to do, be it homework, work, reading or really anything.

This definitely applies to Facebook, which can be very fun and entertaining but is the biggest time waster. People generally tend to waste significant amounts of time on Facebook, browsing around, looking at pictures, etc. What most people don't understand is that although it's OK, it's also a bad idea during working hours.

First of all, privacy laws mandate that anything done on a company's network on company time is available to their possibly prying eyes. That means, every message, every post, every e-mail and every website is their business.

Some companies audit or monitor their networks, in order to find out what each user is up to. These audits spit out reports which can contain IM chat logs, usage statistics, web activity, etc., and it can be broken down to the user. This means that what you do and when you do it is all monitored.

Now, as scary as it sounds, most businesses tend to be reasonable and let employees who use Facebook sparingly and responsibly off the hook. However the employees who waste hours a day on Facebook and gigabytes of bandwidth a month on the corporate Internet connection soon find

themselves getting a talking to.

Many workplaces totally block Facebook, making it totally inaccessible at all times, but there are always ways around it. Just ask my old Network Security instructor Brian Nelson, who was clearly very resourceful at blocking Facebook for our entire class. However, we became increasingly determined to get around those roadblocks.

The constant cat and mouse approach to getting around Facebook ended up teaching me significantly more about Network Security than I had bargained for. It was fun, but at the end of the year, Brian won when he asked me for my methods in return for letting me print a critical project ... good times, Brian.

However, unlike some people, moderation with Facebook is the best approach. Check it every few hours for a few minutes. Respond to important messages and go back when you

have lots of free time. Some employers might snarl at Facebook in general knowing that it affects their productivity and bottom line.

But be honest, tell your employer that you will be going on Facebook on your breaks and lunch and don't get caught using it when you should be working. Keep it reasonable.

What many people don't see is that communication tools, whether they be for work or pleasure, are tools when used properly. But when not used properly, they are burdens whether you know it or not. Once you figure out how to properly use those tools, you will find true value and balance.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at [shant\\_c@hotmail.com](mailto:shant_c@hotmail.com) I value and look forward to your input.

## Help for herpes

**ROSE DICKSON**  
The Navigator (Malaspina University-College)

NANAIMO (CUP) — "Jane" still remembers the day, many years ago. She had been feeling a strange, prickly, stinging sensation around her genitals, the source of which seemed to be a strange bump. She visited the doctor, expressing a concern that she might have herpes.

Jane never got a call, so assumed everything was fine. In recent years, she noticed a sharp increase in the frequency of her mysterious outbreaks.

"It was just last year, over 11 years after that first visit, that I finally went to another doctor about this again. 'Looks like herpes to me,' said my doctor. I was stunned."

### Misdiagnosed

Like many people, Jane had been misdiagnosed, or rather, not diagnosed at all, and had been living with herpes, a lifelong viral infection.

It isn't uncommon for swab tests to come back negative for the herpes virus. In fact, the second, more recent, swab from Jane also came back negative, but a blood test confirmed that she had antibodies to the herpes virus.

The herpes simplex virus is passed through contact with an affected area. It dies very quickly once off the body. There are two types of the virus, herpes simplex one and two. Although it is herpes simplex two that is most often associated with genital herpes, either one can infect the mouth or the genital region. In fact, any mucous membrane, such as the eyes, inside the nose and even cuts can be infected with the virus, causing her-

pes sores to show up in those areas at any time after the initial exposure.

It is also possible to get herpes on your genitals from receiving oral sex from someone with herpes on their mouth and vice versa.

Because herpes can remain dormant for many years after the initial exposure, it can be very hard to determine exactly where it came from. Often, though, initial outbreaks show up anywhere between a few days to a couple of weeks after infection.

One of the mysteries about herpes is the way it acts so differently in different cases. There are many reported cases of couples where one has the virus and the other never gets it. Other times, just one sexual encounter can result in transmitting the virus.

### Herbal remedies

Jane now treats her herpes with herbal remedies and tries to maintain a positive attitude.

She takes herbs like St. John's Wort and Lemon Balm, known for easing depression and calming moods and for being anti-viral.

"I know there are some pharmaceutical anti-viral treatments that a lot of people find success with, but I thought I'd try natural remedies first," Jane says. Nothing will ever take away the virus, but Jane has managed to greatly reduce the frequency of outbreaks.

It is important for anyone with herpes, be it on their mouth or genitals, to tell their partners that they are at risk of getting herpes, and to take precautions to lower that risk. Condoms alone don't prevent it, as sores can occur in areas around the genitals, areas a condom doesn't cover. And although it is usually the case, it is a myth that herpes is only contagious when there is an active sore present.

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# OPINION

— Editorial —

## Polevault, swimming and ... activism?



**GABRIELLE HAY-BYERS**  
Editor-in-Chief

The Olympics has added a new sport to its hodge-podge repertoire – political activism.

The games of peace are now a playground for political activists to push their causes. Rather than the Olympics being a non-politically motivated playing ground and a place of peace to draw the world

together, we're caught up in bickering about the age of the gymnasts on the Chinese national team, why some man went on a rampage and killed Americans in a restaurant, and yes – the crisis in Tibet.

Midway through the Olympic games, a Canadian activist with the Canadian chapter of Students for a Free Tibet decided (well, she premeditated with the help of her cohorts from three separate continents – thank you for the Internet) to unfurl a banner reading "Free Tibet" on a highly visible billboard.

### Flavour of the week?

Good for her. As someone who plans on making a career out of non-profit work, I don't have a leg to stand on to criticize her for her choice to do so.

But as a Canadian, I can't help but wonder if freeing Tibet is just the flavour of the week, like advocating for refugees in Darfur was this past summer. Don't get me wrong – all are wonderful causes that deserve to be fought for, but what about the marginalized, subjugated and poor in our own country?

That's right – Canada. The word on your passport that gets you deported from China and not tortured and/or killed. You know ... the country that protects you when you're far away, pulling these sorts of stunts. The country that has its own problems to deal with. Your country. Remember it? Ca-na-da ... we really dig the maple leaf.

### Concerns at home

And we have concerns on our own soil. Poverty sends our kids to school hungry. Crime rates are rising in good ol' Deadmonton and there's a non-tent city building on 97 Street. You only have to look down your own hallways at NAIT to see something at home that needs advocating for – you as a student, and all the ones that walk the halls with you every day while being saddled with student loan debt and no EI.

Joining the "Candle for Tibet" group on Facebook is good (except for the 50 million middle of the night mass messages, which I never fail to think are emergency messages from friends when I see the little '1' on the screen). But throwing your weight behind the organizations that help you is even better (yes, that was a shameless NAITSA plug).

Because aren't we all better equipped to take care of others when we properly take care of ourselves?



## Your views are important

**We want  
to hear  
from you!**

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

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Don't sweat it. We won't publish your phone number, but we do need to list your real name.



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**BEACH BASH**  
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Friday. Sept. 5 @ The Nest  
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**daniel swesley**

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## STEPS TO SUCCESS

# Getting the point of life

SHANT CHAKMAKIAN

Some people spend their entire lives wondering about the point of life, why they're here and what they're supposed to do. For most, it's a perplexing and complicated question that they don't really think about.

But if one makes the effort to consider it, it's all about growth and shared progress. Perfection is an empty feeling. When something is perfect, it feels good at first, but then is empty. It's simply because there's no more room to grow, no more road to travel, nothing further to perfect.

Moving on is key, doing something to a high point, getting to the top and then moving on when you're at the top can be a good call. Quitting while you're ahead can be a great strategy for most things and a bad idea for others.

For example, Eminem quit his singing career after he reached his peak. Smart move. But the CEO of a Fortune 500 company may not want to up and go even after doubling the growth of his company.

Taking things to the next level is what life is all about. It's how you grow, make progress and ultimately become more awesome. Complacency is the enemy of progress, being comfortable and trying to stay still will make you lose much more than you gain.

As you grow in life and continuously raise the bar, you will find that being consistently positive, persistent and wise is the fuel of success. But what most people forget is synergy and charity.

As you move your way up to becoming a champion, it's good to understand the point of it all. Once you become very successful, it's time to give back. That can be done in one of two ways – by having synergistic relationships, where you share strengths and victories in an equally positive relationship, or it can be done with charity, where you can go and help other people who want to help themselves and show them the way to success and awesomeness.

You'll find that as you give back to others, what you do is not only help yourself as a person, but you raise the bar for everyone around you. As communities and people grow, everyone benefits more and as a result those people help other people, and so on.

As that continues, a momentum of shared success defines the world around you as you leave your mark.

What we do for ourselves dies with us, but what we do for others remains in us immortal. Together, if we stay awesome and be generous, we can not only raise the bar on our own lives, but the world around us, as we

become collective champions.

Please feel free to visit my blog at <http://shantc.blogspot.com> or to e-mail me any comments or suggestions at [shant\\_c@hotmail.com](mailto:shant_c@hotmail.com). I value and look forward to your input.



"ASK ME"

Photo by Carla Pearson

First year accounting students Candy Yang, left, Linda Wang and Crystal Li work as helpers during GearUp.

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## Want a job? NAITSA's looking for you!

**HELP!! We need some bodies ...**

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### Poll Clerks

- \$12/hour
- Poll Clerks needed for the NAITSA Senate Election polling stations on Sept. 25, 2008 (8:30 a.m. – 4 p.m.)
- Poll clerks must have a strong command of the English language and have a complete and clear understanding of the democratic election process.
- All poll clerks must attend a training session on Wednesday, Sept. 24 at 4:30 p.m. in E129. All clerks will be paid to attend the training.
- Apply in person at the NAITSA office, E131 9 a.m. – 4:30 p.m.

### Front Desk Assistants

- Students needed to work over the lunch hour 11 a.m. to 1 p.m.
- Answering the phone, faxing and the ability to multi-task an asset.

### Street Team

- Students needed to promo up coming NAITSA activities to other students on the NAIT main Campus.
- You need to possess an outgoing and positive attitude, creativity, energetic, and the ability to have fun!

### Volunteer Co-ordinator

- Help co-ordinate the NAITSA Volunteer Program.
- Assist with recruiting volunteers.
- Responsible for scheduling volunteers for campus events, leading volunteers during events.
- Responsible for planning all logistics

associated with regular volunteer recognition nights.

### The Nugget

- Love to write, draw, take pictures or do horoscopes? Come out and apply for a variety of positions for our student newspaper. Apply in person to the Nugget office in E128B.

### Movie Night Co-ordinator

- Responsible for coordinating movies from supplier.
- Filling out monthly forms for supplier.
- Arranging for marketing to be completed for each Movie Night.
- Execute Movie Nights in the Shaw Theatre.

### Event Co-ordinator/ Head of Security

- Assist in planning/setup/cleanup of all NAITSA events.
- Act as the lead contact to schedule and supervise all student security (SUDS).
- Heavy lifting may be required.

### SUDS Security Guards

- Supervise and ensure student events are safe.
- Check IDs and ensure policies and procedures are followed.
- Guards will be expected to complete a training program (provided) before starting any shifts.

### The Nest

- The Nest is now hiring for night-time servers – apply at the Nest.

Application forms available in E131, or submit a cover letter and resume to Shannon Marshall at the NAITSA office. Competitions close on Friday Sept. 12, 2008.





Photo by Carla Pearson

## INTERESTED IN STUDENT GOVERNMENT?

*Here Are Five Reasons to Consider Getting Involved In The Senate or for voting in the Senate Election.*

- 1. EXPERIENCE:** If elected you'd be a voting member of the NAITSA Senate, which is the "governing body" for a multi-million dollar organization. No matter what career path you choose, being a board member is valuable experience. Aside from the first-hand knowledge of how meetings are conducted, participation on the Senate will develop skills such as accountability, decision-making, communication, teamwork, and many more.
- 2. LEADERSHIP:** If elected you'd be a representative for every student in your School. As a member of the Senate you'll have the opportunity to be a leader by listening to the needs students and working with other representatives to address them.
- 3. IMPROVING YOUR SCHOOL:** Every institution has room for improvement. If elected you will be a key person NAIT wants to hear from to get the students' perspective. From parking to lockers to tuition to lab access, NAIT wants to know what students think and they will come to the Senate to find out.
- 4. INVOLVEMENT:** On top of the classroom and lab stuff there is so much going on at NAIT it's hard to keep up. If elected you'll find that you automatically have your ear to the ground and that will help you make the most of your NAIT experience.
- 5. YOUR RESUME:** It's a safe bet that you want a good job when you leave NAIT. Most students don't realize how employers make hiring decisions. Here's a hint: Two NAIT grads... same diploma... same grades... but one was a "Senate Representative" for the School of Business. Guess which one gets the first call for an interview.

### *The Responsibilities of a Senate Representative*

- **MEETINGS** – Attend Senate meetings at 5 p.m. every second Wednesday starting Wednesday, October 8<sup>th</sup>, 2008.
- **TRAINING** – Attend mandatory training sessions on September 27 & 28, 2008.
- **COMMUNICATION** – To help you keep in touch with the students you represent you will have your own section on [www.nait.ca](http://www.nait.ca) which will list your contact information.
- **ACCOUNTABILITY** – Represent the students of your School fairly and honestly.

### *So If I Am Interested, How Do I Get Elected?*

- 1. GET NOMINATED:** You only need ten students from programs in your "School" to nominate you. Use the Nomination Form (next page) to collect the signatures required.
- 2. SUBMIT THE FORM:** The deadline to turn in your nomination is Thursday, September 18<sup>th</sup>, 2008. Take the completed form to the Students' Association office in Room E131 on Main Campus before the deadline.
- 3. START CAMPAIGNING:** It's easier to get votes than you think. A good way to start is by telling your own classmates that you're running for Senate, and remind them to vote on September 25<sup>th</sup>.
- 4. TALK TO STUDENTS:** There are no speeches or debates. Just get out there and talk to other NAIT students about issues that concern them.

### ANYONE HUNGRY?

NEST staff Andrew Thibodeau, left, Daniel Brulotte and Michelle Dirksen work hard to make hamburgers for the crowd that attended the afternoon BBQ at GearUp on Aug. 23.

## NOTICE OF SENATE ELECTION 2008

**Vote Thursday, Sept. 25, 2008  
9 a.m. – 4 p.m.**

### POLL STATION LOCATIONS:

- South Lobby
- Engineering Annex – Main floor by main stairwell
- Outside NAITSA Office – E131
- Outside Fresh Express Cafeteria
- Outside Campus Reads & Needs
- Outside Bytes Cafeteria – HP Centre
  - Tower – 1<sup>st</sup> Floor
  - South Campus – Z130
  - Patricia Campus – P127
  - St. Albert Campus

*Watch for the September 25th issue of the Nugget for candidate pictures and articles and watch for them campaigning around campus between Aug. 19 and Sept. 24.*

**Thank you for voting on  
Sept. 25, 2008!**



# SPORTS



**NAHREMAN ISSA**  
Senior Sports Editor

## 2 minutes in the box

### *Wish I hadn't said that ...*

These are the top nine comments made by NBC sports commentators during the Beijing Summer Olympics they would like to take back:

**1. Weightlifting commentator:** "This is Gregoriava from Bulgaria. I saw her snatch this morning during her warmup and it was amazing."

**2. Dressage commentator:** "This is really a lovely horse and I speak from personal experience since I once mounted her mother."

**3. Paul Hamm, gymnast:** "I owe a lot to my parents, especially my mother and father."

**4. Boxing analyst:** "Sure, there have been injuries, and even some deaths in boxing, but none of them really that serious."

**5. Softball announcer:** "If history repeats itself, I should think we can expect the same thing again."

**6. Basketball analyst:** "He dribbles a lot and the opposition doesn't like it. In fact, you can see it all over their faces."

**7. At the rowing medal ceremony:** "Ah, isn't that nice, the wife of the IOC president is hugging the cox of the British crew."

**8. Soccer commentator:** "Julian Dicks is

everywhere. It's like they've got 11 Dicks on the field."

**9. Tennis commentator:** "One of the reasons Andy is playing so well is that, before the final round, his wife takes out his balls and kisses them ... Oh my God, what have I just said?"

While I would love to take credit for this funny list, I can't. It's been circulating online.

...

What was the LPGA thinking with its "English only" policy? Last Tuesday, the LPGA announced that starting next year, all

international players will be required to speak English. Players who don't pass an oral evaluation will be suspended.

There are currently 121 international players from 26 countries on the LPGA tour. According to an official from the LPGA, the rule "is not targeting any specific player or country."

They justify the new rule by saying tour sponsors have to be able to interact with players.

Next thing you know they're going to have a "No fat chicks allowed" policy!

## New era in women's soccer

**NAHREMAN ISSA**  
Senior Sports Editor

One of the hardest things about being a sports fan is having to see players continuously come and go. If you're an Edmonton Oilers fan, you relive that pain every day — especially on July 1. I personally still remember the day Doug Weight left. \*Wipe tear. \*

But as much as there is change on the player

front, coaches don't seem to stand a chance. So how does this all affect the women's soccer team?

While the team sees new players every season, the coaching has been the same for many years.

Sue Melnyk and Carleen Beynon had coached the team for the 12 years before announcing last year that they would be leaving

at the end of the season. While they have been an integral part of the team and will be missed, their new replacement will not disappoint.

Sergio Teixeira is the new women's head coach. His resume is as impressive as his soccer playing ability. The experience and skill he brings to the team will surely bring another title to the school.

The new coach joins us from Jasper Place High, where he's a gym teacher. He'll continue doing both while he's here at NAIT. He's also in charge of the soccer academy at the high school.

Other credentials include:

- Head of technical staff for Edmonton Drillers Youth Soccer, 2002-present
- Staff coach for Alberta Soccer, 2001-2007
- Head coach for Alberta U-16 Girls Provincial Team, 2007
- Gold medal Western Canada Summer Games, 2007
- Silver medal All-Star Nationals, 2007

The 2008 season will showcase a team consisting of only three returning players. Teixeira knows there will be challenges having to coach a new team, but he's ready for it.

"I'm really excited to get the team picked and prepared for the first game



**Sergio Teixeira**  
Has what it takes

against Grant MacEwan (on Sept. 7)," he said. As far as what he expects of himself and the team, Teixeira is never one to aim low.

"I've always achieved the highest level. My first year at Jasper Place we were city champs."

Teixeira knows he has big shoes to fill when it comes to following in the footsteps of the previous coaches.

He also knows the pressure is on him after the women's team won bronze last year and gold the year before.

But no matter the challenge, Teixeira has proven that he has what it takes to make a team successful.



File photo

New women's soccer coach Sergio Teixeira takes over a team that placed third last year and first the year before.







# HOT SINGLE OF THE WEEK



**BRENT CONSTANTIN**  
*Owens all his own teeth*

Hi, how are you? Good? That's good.

I'm Brent Constantin, writer of this article, and I hold no other position as far as you know.

If you're new to the school and you've picked up the *Nugget* in hopes of discovering some of the culture on campus, developing a greater understanding of your place at the institute or reading some cutting edge news and commentary, I'm sorry, there's none of that in here.

What you have found, though, is this article, the Hot Single of the Week. Each week, the *Nugget* staff stalks nubile (or, just new) students to be featured here. There's also a vague semblance of a dating service, but, don't let that stop you from participating.

Ah yes, I almost forgot, without your participation there is no article! I need you, the sad, the needy, the exceedingly vain, to appear within

these pages so as to give readers the thing that they crave most – your delicious dreams and ambitions, scrawled across the page, ready to be dissected and studied under a magnifying glass of fear and self-importance.

Now, let's get down to it, shall we? I'll take your silence as consent to proceed. Thank you.

Our first HSW (I use abbreviations to denote my familiarity with words) is Chris, a business student who didn't know the meaning of the word "uncool" (until I explained that it's an adjective meaning "lacking assurance, self-control or sophistication").

Chris describes himself as smarter than he really is, as well as both fun AND exciting. What a package.

**B:** Hi Chris

**C:** Hi.

**B:** Chris, I'd like to start out by saying you have very white teeth, they're almost ... pearl-like in appearance.

**C:** Thanks, I'm very self-conscious about my teeth, I brush around four times a day.

**B:** Interesting, I'm going to put down that you have an oral fixation. Chris, could you tell us when last you were seeing a person?

**C:** I don't ... really see people, ever.

**B:** I'm going to attempt to decipher that, meaning one of three things:

1. You're saying that you're too busy or otherwise unable or unwilling

to date someone.

2. You object to my use of the gender-neutral pronoun "person" and are passive-aggressively telling me that by avoiding the question.

3. You are attracted to animals.

Now, as gorgeous as we all think squirrels are, Chris, mankind has learned to repress these dark urges, and, frankly, if I can't make out with cats I don't think it's fair that you can.

**C:** I was last seeing someone about two years ago, for eight months, then they moved away.

**B:** Why are we tip-toeing around the gender, Chris? "They moved away," man or woman?

**C:** I'm actually Bi.

**B:** By what?

**C:** Bi-sexual.

**B:** Oh ... Equal opportunist, huh?

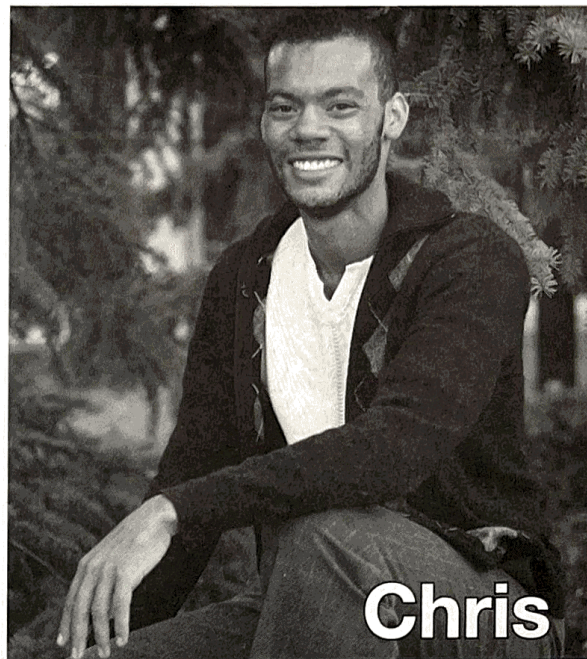
**C:** Yes, I'm just interested in money, so I go to the highest bidder, regardless of sex.

**B:** You're a real entrepreneur. So, since you're not limiting yourself to gender, what are you looking for?

**C:** I'm not looking for anything really, I just want to focus on my education.

**B:** ... shut up, this isn't real. Try again.

**C:** I'm looking for a great time.



**Chris**

Photo by Javier Salazar

**B:** Alright! So, tell readers a little about you and what you're into.

**C:** Well, I like tennis a lot, even though I'm not very good. I like vanilla and blueberry vodka ...

**B:** Competitive sports and alcohol mix well together. If someone sees you in the hallway can they just come up and chat with you? Are you friendly like that?

**C:** For sure, I welcome any conversation! I can come off as kind of mean, but I'm really not.

**B:** It's just a defence mechanism?

**C:** Yes, to hide my fragile heart.

**B:** What? What heart?

**C:** My fragile heart.

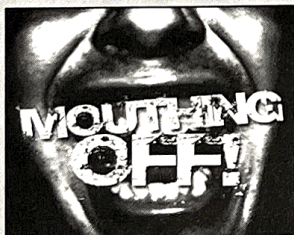
**B:** Oh, I thought you said "Fraggle heart," like it was a foam muppet or something.

And, that's how it goes.

If you've read this and said to yourself "this isn't even worth free," I can't help you. But, if you're saying "I'd like to become the next Hot Single of the Week," I can!

E-mail the *Nugget* at [studenteditor@nait.ca](mailto:studenteditor@nait.ca) to become the next poster child for fluff articles, or to get in contact with this week's HSW, Chris.

And thus we go, into the night,  
-B



**CHRIS CARMICHAEL-POWELL**

## Most memorable summer memory



"Didn't realize the bathroom in a Quebec bar was unisex. I had my goods out on display when a bunch of girls walked in."

**Dylan Ryan**  
Occupational Health and Safety



"I saw a guy get electrocuted and fall off of a roof."

**Marc St. Arnaud**  
Television



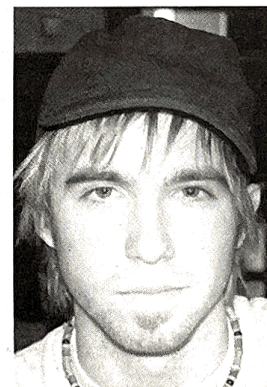
"A bunch of us girls were on our way to the Pemberton festival when our car hit a deer. The deer walked away but our car had blood all over it."

**Krista Supervich**  
Television



"I was dodging a train in my vehicle on purpose, and a cop caught me. My licence has been suspended until May."

**Josh Young**  
Television



"I was at a house party and they had a goat for a pet, so we got the goat drunk."

**Devon Hewitt**  
Finance



# THE BEST OF N



Tokyo Police Club's lead singer Dave Monks, above left, and keyboardist Graham Wright, right, relax before their show, while Ook makes friends with Jacob Guevara, 9, below.

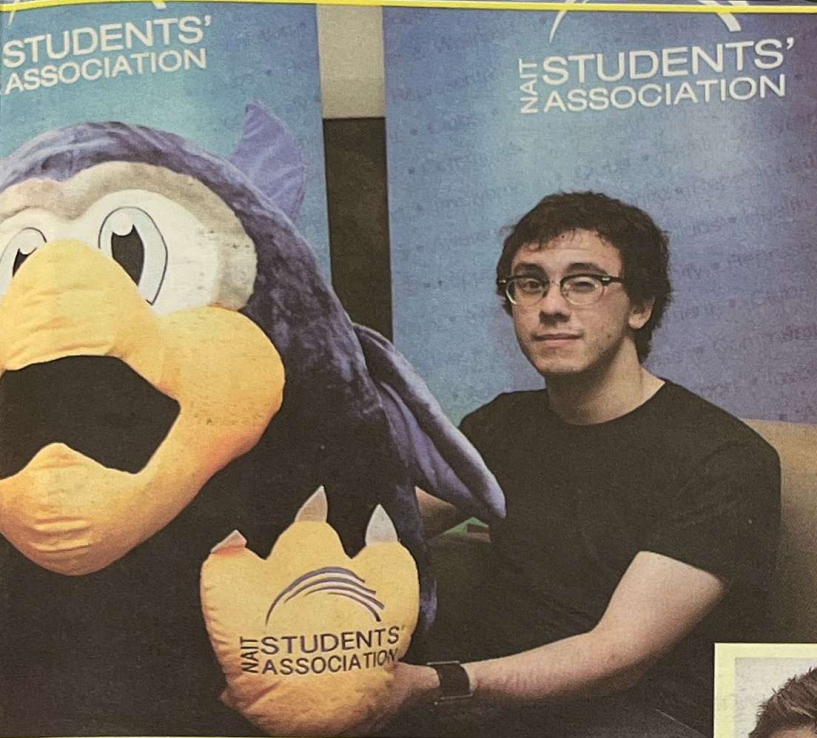


Grant MacEwan College students Julia and Amanda, above, get acquainted, while two Shinerama volunteers, top photo, hand out some suckers to promote their event, scheduled for Sept. 13.





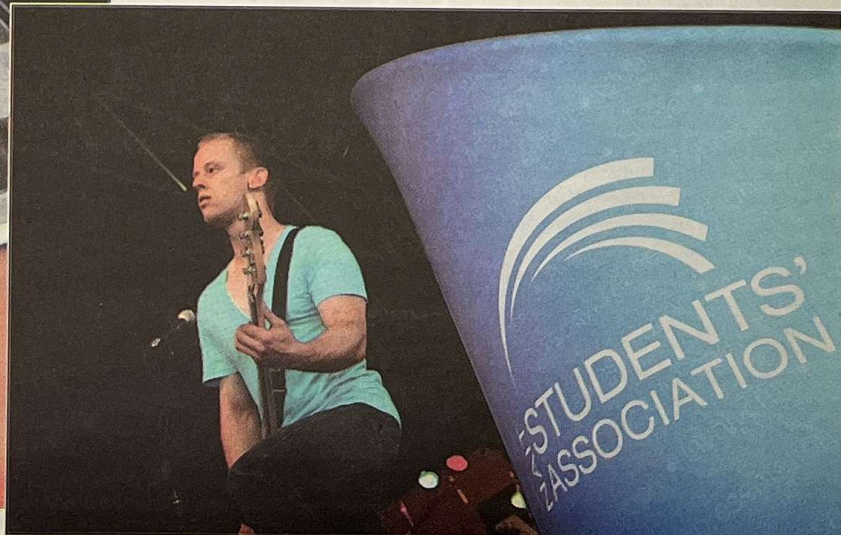
# WESTFEST 2008



Photos by  
Javier Salazar



Dave Monks, above, belts out a song during Tokyo Police Club's performance. Earlier, RADIOFORHELP took the stage, with singer Michael Erickson, left, and bass player Matt Shostak, below, rocking out for their fans.





# ENTERTAINMENT



Photo by Javier Salazar

Tokyo Police Club, just back from the European leg of their world tour, rock for the crowd at NestFest.

## Jet-lagged rockers



**GABRIELLE HAY-BYERS**  
Editor-in-Chief

Saturday night is not exactly the time you'd expect to meet Tokyo Police Club's lead vocalist and keyboardist and have them be so tired they can hardly speak straight.

But for Dave Monks and Graham Wright, you can totally understand why they're tired and looking forward to a rest with their families.

"We just got off a leg of seriously glamorous band touring ... we went from Texas to Japan and Europe ... obviously a few stops in between," said Monks.

"We're technically home now ... we have a week off, now. You have to either do a lot, or do a lot of nothing," says Wright, who will be spending his time off with his family.

For Monks, spending time with family takes a slight twist, as he's heading off to his girlfriend Darcy's cottage to spend some time with her family.

"You kinda have to share the time, split it up. But we'll be going to her cottage, and they're going to do my laundry," said the former McGill student. Finally, I thought - he's excited about something.

Sadly, this was the brightest moment in the entire interview, which is explained later on in our conversation by Wright, who commented: "I feel like jet lag just caught up with me now. Like, right now."

But, you can't really blame the boys for being tired, after the past few years of constant working.

Says Wright, "There was no breaking point for us, no big

moment where we'd "made" it. It's just bits and pieces, always building, we're not done yet."

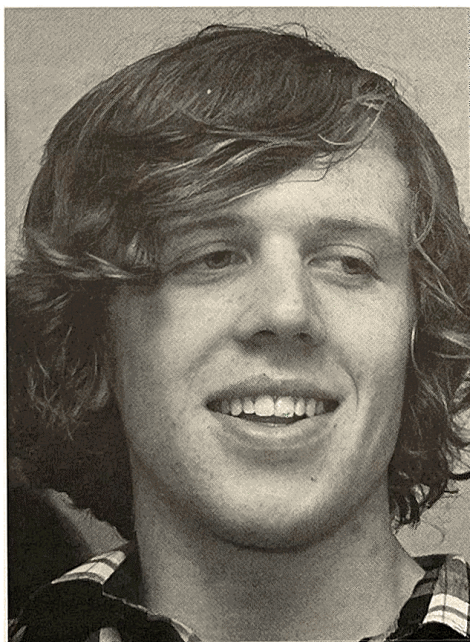
Add in a stressful past few months touring the globe, and Wright and Monks are looking forward to the North American leg of their tour.

"There's something sweet about it (the North American leg)

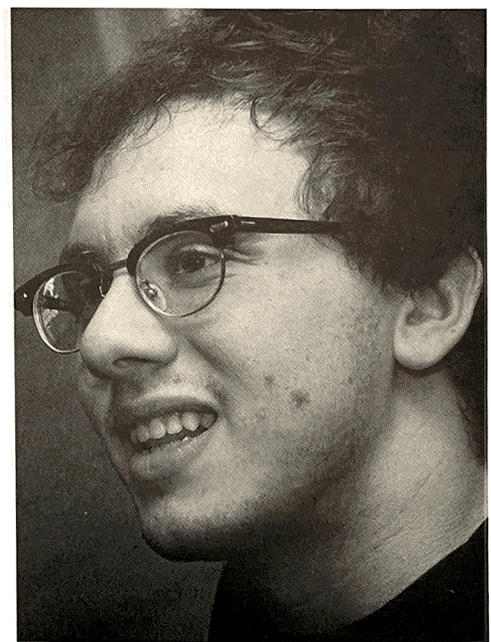
... planes are horrible, and everyone speaks English here," said Monks.

But don't worry too much about the boys in Tokyo Police Club ... they're hanging in alright.

"We only have one mode ... get your phasers ready to rock," Monks said.



**Dave Monks**



**Graham Wright**



# NestFest: A tamer welcome

**The crowds were smaller but the music was still great at this year's NestFest**



**SHANT CHAKMAKIAN**

Hundreds rocked out on Aug. 23 for NestFest, which featured the band Tokyo Police Club.

The event, which was designed to accommodate up to 1,500 people, sadly saw a low turnout of about 300 people.

"It went really well, everybody that was there had a blast," said Michelle Goulet, NAITSA's eager new VP Campus Life and total champion.

"It sucks we didn't get as many people as we could ... we tried to see how it would go with GearUp, but it was hard for students to come because a lot of students weren't even in school yet," Goulet said.

## Free for students

The event was free for existing students and \$20 at the door for non-students, but wasn't exactly a smashing hit. Most students missed out because they hadn't even started school yet, which already shut out a big portion of the school population.

The featured band, Tokyo Police Club, gave the best performance of the night. However, the energy just wasn't there. People barely danced and there was no moshing – leaving it comparable to a decent Monday night at a bar.

But despite the low turnout and lack of energy, the atmosphere was warm, the people friendly and the beer tasted sweet. This may not have been an Ookfest or a Campus Chaos, (which is now cancelled this year) but it was definitely a slimmed down cosy version of each.

## More events

This year, NAITSA isn't really featuring any massive events, but has spread out its events and band nights over many different days and occasions.

This may come as a disappointment to some, but it is also a welcoming convenience for most, as



**Chasing Jones opens the night for NestFest concert goers, led by singer Nick Di Lullo and backed up by drummer Blair Brown.**

Photo by Javier Salazar

there are more campus life events this year, especially for Frosh Week.

Since there is no Campus Chaos this year, the Campus Chaos kick-off party is now the Back to School Beach Bash, on Sept. 5 at the Nest. It's a beach themed reggae party featuring Daniel Wesly, Current Swell and Mobadass.

It's worth a shot and a fitting supplement for most of you who just started the week after NestFest to really get out and meet new people here at NAIT.

## Campus events for September

When	What	Where
Sept. 4	Rock the Dock	Annex Parking Lot
Sept. 5	Campus Chaos Kick Off Party	Nest
Sept. 11	Indie Night	Nest
Sept. 13	Shinerama	Everywhere
Sept. 22-26	Welcome to E-Town Edmonton Awareness Week	
Sept. 23	Movie Tuesday	Shaw Theatre
Sept. 25	Indie Night	Nest
Sept. 27	Club Orientation	Birch Bay
Sept. 30	Movie Tuesday	Shaw Theatre

# Scars make their mark

**NAHREMAN ISSA**  
Senior Sports Editor

Absolutely brilliant ... There, CD review's over.

*Scars on Broadway*, the self-titled album from System of a Down guitarist Daron Malakian and drummer John Dolmayan, took off where SOAD left off.

If you're a fan of System, then this CD is right up your alley. Fans of the band will not be upset as the

CD most resembles System's 2005 release "Mezmerize."

The CD features 15 tracks, including the hit, "They Say," a song that rips apart the current presidential situation. Tracks such as "Exploding/Reloading," "Stoner Hate" and "Cute Machines" are purely energetic with head-pounding beats. In fact, the entire CD is hazardous to your driving as I tend to speed like a mofu whenever I listen to it.



Hands down though, the track to listen to, the one you must crank up when in your vehicle, is "Chemicals." The song is raunchy, the song is crude, but the lyrics are amazingly sung by Malakian.

*Madness, feeling scared  
Looking around and nobody there  
When I say f\*\*\* the world  
Let's get ready to rock  
As I piss on your face  
While you suck on my cock  
C'mon, with lyrics like that how can this CD not kick ass?! And this is coming from a girl!*

While some have complained the

lyrics come off as too repetitive, SOB gets away with it, with their catchy beats and Malakian's unique sense of singing style.

Both System lead singer Serj Tankian and SOB used the same SOAD formula when it came to their debuts. It's a blast as System fans get double the dosage of kick ass rock music. You even find yourself expecting Tankian to pipe up in their songs, and vice versa.

This CD is a must for System of a Down fans, and for rock fans altogether.





## TOP TIPS

# How to succeed at NAIT



MARGARET MAREAN

**1. Attend all classes.** Unless you are ill or have a personal emergency make it your goal to have 100% attendance. There is a direct correlation between marks and attendance.

**2. Ask for help early.** If you don't understand something from class ask an instructor or a classmate. One thing builds on another and if you don't get the basics you will have difficulty understanding the next material. And if you have a personal problem don't ignore it. Problems are much easier to deal with if you catch them early. Counsellors are available to help you with any study skill, personal or career-choice concern.

**3. Analyse and improve your study skills on an ongoing basis.** What could you do better this week than last week? What new study technique could you try out? Attend the Student Success seminars to get the best study tips for success at NAIT. Check out our website at [www.nait.ca/counselling](http://www.nait.ca/counselling). And don't forget to pick up your copy of Strategies for Success: Techniques to Maximize Learning Potential. Free copies are available at Student Counselling, Room 0117.

**4. Get into a good study routine right away.** Block aside daily time where you can make homework and studying your priority. Find a study place where you can concentrate. If you can study at the same time every day that is ideal.

**5. Take charge of your learning.** You may find NAIT different than high school in that you need to take more responsibility for finding things out on your own. Use the NAIT resources – The McNally Learning

Centre, The Project Factory and the Tutorial Centre (Room A133) can offer tremendous support. You can also hire a peer tutor (Room A172) if you think you need extra support.

**6. Manage your time.** Prioritize your most important tasks and schedule realistic amounts of time to complete them. Be realistic about how long tasks take and beware of being a perfectionist. Marking all due dates, exams and appointments in your student handbook and making a schedule will help you keep on top of things.

**7. Control procrastination.** Procrastination is probably the #1 reason students don't do as well as they could at NAIT. Start working on assignments as soon as you get them and commit to sticking to your study schedule. No excuses!

**8. Maintain balance in your life.** You have to keep up with schoolwork to succeed but it is also important to make time for having fun, doing things that you enjoy,

adequate sleep and exercise.

**9. Get involved in NAIT activities.** There are many clubs, volunteer activities, social activities and sports activities available at NAIT. Getting involved not only helps you to meet other students and to enjoy your time at NAIT more; employers love to see extracurricular activities on resumes.

**10. Be positive.** Last but not least, maintain a positive attitude. Chances are that you won't love every course, instructor, assignment and classmate at NAIT – but trying to see the positive not only helps you out mentally – research shows that having a positive attitude assists students with memory and learning!

*Do you have a question for a NAIT counsellor? Contact us at [counselling@nait.ca](mailto:counselling@nait.ca).*

*To book an appointment at Student Counselling, come in person to Room O-117, South Lobby or call 378-6135. We're open 8 – 4:30 Monday to Friday.*

## Student success seminars

### Study Tips to Improve Memory, Learning and Concentration

Date: Monday, Sept. 8

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

### What Is Your Learning Style?

Date: Thursday, Sept. 11

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

### Time Management and Managing Procrastination

Date: Monday, Sept. 15

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

### Exam Preparation and Writing

Date: Thursday, Sept. 18

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

### Reading, Listening and Note Taking

Date: Thursday, Sept. 22

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

### Managing Exam Stress

Date: Monday, Sept. 29

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

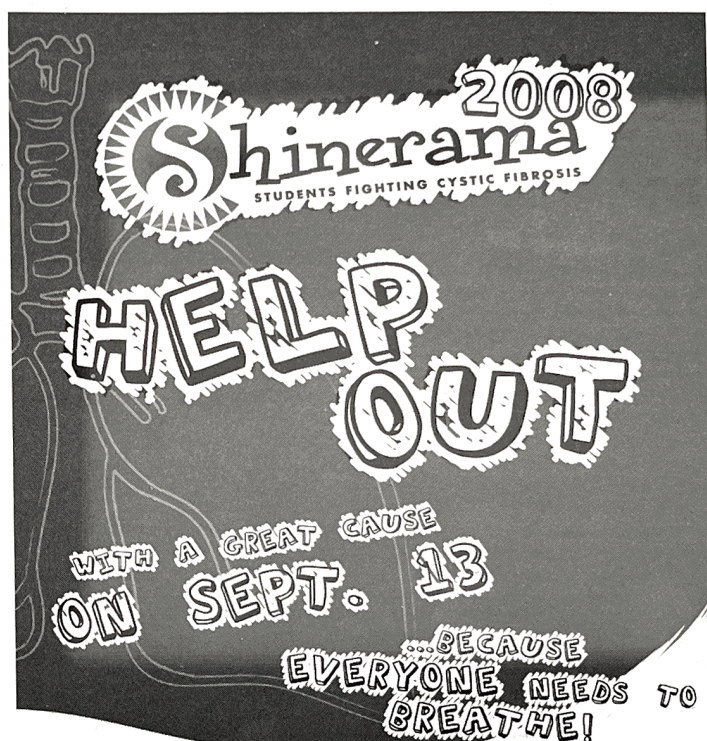
### Stress Management

Date: Thursday, Oct. 9

Time: 11:15 a.m., 12:15 p.m. or 4:30 p.m.

Room: X107

All seminars are free and there is no need to pre-register. If you would like further information, contact Student Counselling, Room 0117, Main South Lobby. Phone: 780-378-6135.

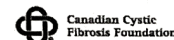


## WHAT YOU GET FOR HELPING OUT:

- ∞ V.I.P Card
- ∞ shinerama t-shirt
- ∞ breakfast & lunch
- ∞ kick-ass after party



Want to step up to the plate and be a group leader?  
Ask us about some extra perks!



## Instructor offers help

N. Pas Paskaran is an instructor in the Physics program with 30 years of teaching experience and has delivered seminars on "Being An Effective Student" for over 20 years. The material he has collected is available for free download as audio material in MP3 from his web page.

The audio material consists of titles such as: "How to write exams, Increase your memory power" and "Effective study skills." Each of this audio material is three hours long.

Students can access this free download material and benefit from the ideas covered by the above topics.



# Mature Students Welcome



**Have you been out of  
school for a few (or  
quite a few) years?**

Join us for cookies, beverages  
and an opportunity to meet other students  
who have been out of school for a few years.  
Share experiences and get tips for success.

## "STRATEGIES FOR SUCCESS"

DATE: WEDNESDAY, SEPT. 10  
TIME: 4:30 TO 5:30 P.M.  
PLACE: ROOM X105

For more information or to pre-register, contact:

**Student Counselling**  
at 780-378-6135 or [counselling@nait.ca](mailto:counselling@nait.ca)

NAIT

TECHNIQUES TO  
MAXIMIZE LEARNING  
POTENTIAL  
STUDENT COUNSELLING

STRATEGIES FOR SUCCESS  
Pick up your free copy at Student Counselling, Room 0-117



## UPCOMING EVENTS!

- SEPT. 4:** ANNEX - ROCK THE DOCK!!  
NAITSA'S OUT TO ROCK THE DOCK WITH MUSIC, FUN  
COMPETITIONS AND SO MANY PRIZES.
- SEPT. 5:** THE NEST - CAMPUS CHAOS KICKOFF PARTY  
GET YOURSELF WARMED UP FOR CAMPUS CHAOS WITH A  
CONCERT, GAMES AND PRIZES.
- SEPT. 11:** THE NEST - INDIE NIGHT  
ENJOY FREE LIVE MUSICAL SESSIONS FROM DYNAMIC NEW  
BANDS. YOU CAN SAY YOU SAW THEM BEFORE THEY WERE STARS!
- SEPT. 13:** ALL OVER CAMPUS & EDMONTON  
WE NEED YOUR HELP, BECAUSE EVERYONE NEEDS TO BREATHE!  
SHINERAMA . NAITSA . CA SHINERAMA  
THIS IS NAIT'S 40TH ANNUAL SHINE DAY! A CAR WASH, SHOE  
SHINE, BREAKFAST AND ALL OUT SHINERAMA PARTY! WATCH FOR  
THE SHINERAMA EVENTS AND GET INVOLVED!  
\*\*SHINERAMA HELPS RAISE MONEY TO SUPPORT THE CYSTIC  
FIBROSIS FOUNDATION\*\*
- SEPT. 22-26:** WELCOME TO E-TOWN! EDMONTON AWARENESS WEEK  
COME OUT AND EXPERIENCE EDMONTON WITH US!!
- SEPT. 23:** SHAW THEATRE - MOVIE TUESDAY  
ENJOY A FREE MOVIE AND POPCORN WITH NAITSA FOR  
THE PRICE OF \$0!
- SEPT. 25:** THE NEST - INDIE NIGHT  
ENJOY A FREE LIVE MUSICAL SESSION FROM DYNAMIC  
NEW BANDS.
- SEPT. 30:** SHAW THEATRE - MOVIE TUESDAY  
ENJOY A FREE MOVIE AND POPCORN WITH NAITSA!

## Classifieds

### Rugby, anyone?

The Clansmen, your local Rugby Club, at 110 Street and 111 Avenue,  
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Phone Walter at 477-9388 or come to 11721 97 St.

## NAIT aquatic courses - Fall Semester

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maybe you would like to start down the path to becoming a lifeguard.  
Start by taking Bronze Medallion and Bronze Cross here at the NAIT  
pool. Visit [www.nait.ca/recreation](http://www.nait.ca/recreation) for more information.

## Student Leadership Award of Distinction Program

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ers will identify you as a leader who will  
make a difference? Then pick up a bro-  
chure on the Student Leadership Award  
of Distinction program. This is an extra-  
curricular leadership-in-action program  
open to all students enrolled full time  
at NAIT. You must apply to become a  
member of this program. Don't wait,  
come to W111PB (located in the hp  
Centre) to pick up the brochure and the  
information package or e-mail [distinction@nait.ca](mailto:distinction@nait.ca) for more information.

### ATTENTION STUDENTS!

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SUBJECT(S) YOU WOULD LIKE  
TO TUTOR IN?  
**WELL THEN!**  
CALL JOANNE PEETS



# UBC to ban bottled water?

IAN TURNER

The Ubyssay (University of British Columbia)

VICTORIA (CUP) – University of British Columbia biology student Nicole Brown says there should be more water fountains on campus because “bottled water is expensive.”

Brown is not alone. Students and administration at UBC are trying to increase access to free water on campus. The move follows an NDP media campaign launched this June criticizing the lack of free drinking water available at UBC.

Global TV further questioned UBC's environmentally friendly image in a report that highlighted the university's lack of water fountains. The Global report focused on new UBC buildings that have few or no water fountains, and the administration's downplaying the fact.

## 'Surprising'

“It's surprising, considering they put themselves forward as leader of the environment,” said NDP health critic Adrian Dix to the *Vancouver Sun*. “It's really supporting bottled water. If you're a student, that's really difficult. Some students have lots of resources, and other students don't. There are low-income, high-cost years.”

Dix was the member of the legislative assembly that brought UBC's water fountains, or lack thereof, to the forefront. His campaign pushes two points: bottled water is nothing special, and all water should be free, regardless of the cost.

In defence of the university's current situation, Geoff Atkins, UBC's Associate Vice President of Land and Building Services, argues that students display an aversion to tap water.

## Won't apologize

Because fountains need a minimum water flow to remain safe, he cites their limited use as the reason for “bagging many of the fountains.”

While Atkins says the university will not apologize, he stresses a need for change and says he will seek advice from UBC students, UBC's student society, and the various sustainability boards across campus regarding the installation of chilled (and possibly heated for the winter) water centres to refill water bottles.

When asked about future solutions, Dix said water coolers are a short-term remedy. Long-term, he suggests an amendment to the current building codes to mandate easier access to water in public buildings.

UBC's student government, the Alma Mater Society, has taken a preliminary step toward the eradication of bottled water in its own jurisdiction of the campus's Student Union Building.

Alma Mater VP Administration Tristan Markle says Society-owned business in the building will halt sales of

bottled water in the upcoming months.

According to Markle, the Society believes bottled water is not sustainable and all buildings should have an appropriate number of water fountains.



File photo

Bottled water on campus is too expensive, say critics.

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Draw date October 31, 2008

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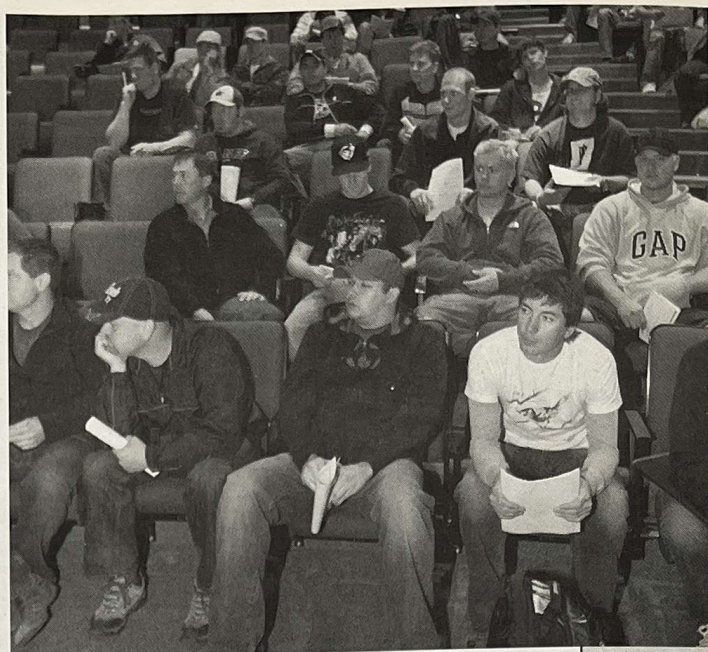


Photo by Javier Salazar

#### WAITING THEIR TURN

These students sit in the Shaw Theatre on Tuesday before being called to register for their program.

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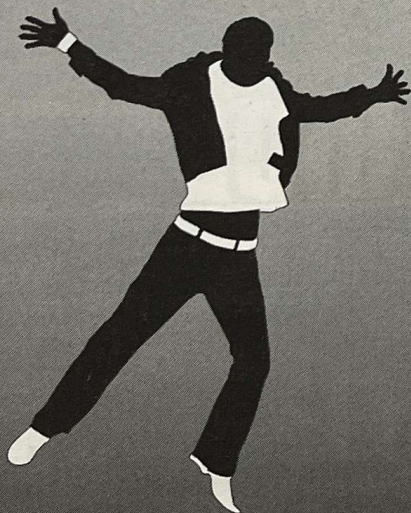
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1-800-232-7284 [www.AUPE.org](http://www.AUPE.org)





# CLUBS CORNER

## Student clubs on campus

### The student experience

Welcome! You have chosen NAIT in launching your future professional path.

Who says you can't have fun? While hitting the books is important, your time on campus should also be equally rewarding for you to enjoy your time at NAIT.

Getting involved with other students with like-minded interests (i.e. clubs) allows an outlet for building friendships, and enhancing your experience at NAIT between studying.

Another reason to get involved is building leadership and social skills highly valued by employers.

### Types of student clubs

There are two types of clubs on campus that are equally important.

Technology based clubs represent students in their program. They primarily host events to raise money for graduation celebrations while providing community within the program, some host industry nights where students can network and interact with future employers.

Special interest clubs are exactly that. If you have interests/talents that you are absolutely crazy about, why not meet others with the same passion. Before you know it, your time at NAIT will fly by, instead of crawl by. Let's say you have a passion for biking; well, join the NAIT Cycling Club!

### Join or start a club!

Have we got you going yet? Check out our club list (both technology and special interest) from last year. Our club centre is new, therefore our club numbers are growing. If you don't see a club on the list, why not start one? We welcome new groups. It's easy to start. You just need a minimum of three people to register. If you need help getting the word out, we're here to help you. Stop by Room E133, which is the NAITSA Campus Clubs Centre.

### Benefits of a student club

Students are connected in a community offering activities

- Meet new people/friends
- Have a great time socializing
- Stress relief from studying
- Club leadership and involvement a highlight for your resume and student awards.

### Services for Student Clubs

- Start up support
- Advertising on campus
- Equipment loans
- Funding opportunities
- Club banking
- Club appreciation and recognition

• Room bookings  
For students involved or wanting to start a club, sign up for Club Training Orientation on Saturday Sept. 27, 2008

Visit the Campus Club Centre!  
Rose Martin Baumgartner, Campus Clubs Manager  
Room E133-Main Campus  
Phone: 780-471-8871  
E-mail: [roseb@nait.ca](mailto:roseb@nait.ca) [www.nait.ca](http://www.nait.ca)

**Model Railroad Club—**  
Model railroading is the world's greatest hobby and is enjoyed by people of all ages. It is a hobby that is fun, relaxing and rewarding. The hobby encompasses many activities and skills, such as: railroad design and planning, scale model building, model scenery construction, woodworking, electronics, railroad operations and running model trains. The club will help newcomers get a start into the hobby and also help current model railroaders advance their skills. Club activities will involve: the design and construction of a club layout, workshops on model railroading, tours of local model railroads layouts and participation in local and regional model train shows.

Please contact Richard Poon, [richardp@nait.ca](mailto:richardp@nait.ca), if you are interested in joining the club.

### Upcoming Events:

#### Aboriginal Student Association Club

**Event:** First meeting to form and move forward with the club

**When:** Friday, Sept. 5, 11:15 a.m.

**Where:** NAIT main campus, Room E121 (Encana Centre)

#### NAIT Christian Association Club

**Event:** Welcome Party (All are welcome. Meet new people, find out about activities, discover service opportunities ... FREE pizza!)

**When:** Friday, Sept. 5, 12:15 p.m.

**Where:** NAIT main campus,

Room E115 (For more info, contact Greg at 780-231-1604 or e-mail [gidell@ualberta.ca](mailto:gidell@ualberta.ca))

#### SIFE (Students in Free Enterprise)

**Event:** First Meeting  
**When:** Monday Sept. 8; 4:30 p.m.

**Where:** Room E201

#### Speakers Club

**Event:** First Meeting

**When:** Wednesday Sept. 10; 4:30 p.m.

**Where:** NAIT Main campus Room X205

#### DeFeYe Arts Club

**Event:** Guided Tour of Art Gallery of Alberta and Art Class

**When:** Sunday Sept. 14; 1 p.m.

**NOTE:** Contact Campus Clubs ([roseb@nait.ca](mailto:roseb@nait.ca)) to join this group

#### Curling Club

**Event:** New season registration (\$40 for season, approx. 20 games at the Avonair)

**When:** Wednesday Sept. 17; Noon-2 p.m. in the gym

**Where:** Registration in the gym on days indicated above

**Inquiries:** See Jules at 471-8531 or room S105D (individuals and teams welcome)

## Student Health & Dental Plan

Using the Benefits Plan is the easiest assignment you'll ever have to complete!

### Getting Started:

Stop by Student Benefits Office or visit us on-line at [www.gallivan.ca](http://www.gallivan.ca) to:

- ✓ Obtain Plan details, forms & brochures
- ✓ Pick up your Benefits Care Card

### Using the Plan:

As soon as you pick up your Benefits Care Card you can begin using the plan:

- ✓ Electronically submit claims at the Pharmacy & Dental Office
- ✓ It's easy to submit health care or dental benefits claims to Great-West Life simply complete a Health or Dental Claim Form and attach the original receipts for the product or service for which you are claiming.

### Getting Reimbursed:

- ✓ Drug claims submitted electronically via the care card are paid directly to the pharmacy
- ✓ Great-West Life will reimburse all eligible expenses, subject to the plan deductible, limits, & benefit percentage. Once processed Great West-Life will mail you a cheque and/or remittance statement.
- ✓ For faster claims reimbursement sign up for Direct Deposit through Great-West Life's on-line member service, GroupNet, visit [www.gallivan.ca](http://www.gallivan.ca) for a link to this service.

## Waiving the Benefits, Opting In or Adding Family Coverage:

- ✓ All waivers, enrolment and family add on forms must be received in the Benefits Plan Office by **September 26th, 2008**. There will be no exceptions or extensions for students who fail to submit their completed forms by the specified deadline.



The Benefits Plan Office, Room E125  
Phone: (780) 471-7730 Fax: (780) 491-3058  
Email: [studentplans@nait.ca](mailto:studentplans@nait.ca)

Web: [www.gallivan.ca/studentnetworks/members/NAIT](http://www.gallivan.ca/studentnetworks/members/NAIT)



# Campus radio threatened?

**MORGAN MODJESKI**  
**The Manitoban (U of Manitoba)**

WINNIPEG (CUP) – The Copyright Board of Canada is considering a law that would tax websites for distributing music and other media – a move that could be harmful for smalltime podcasters and campus radio stations.

The tariff was introduced by the Society of Composers, Authors and Music Publishers of Canada (SOCAN), and would only tax sites that distribute or use SOCAN-licensed material.

An earlier version of the tariff, which sought to tax Internet service providers, was rejected in 1995.

"SOCAN restructured the tariff by identifying an extensive list of online uses of music, including on-demand streaming, webcasting, music streaming on gaming sites, and other services that potentially include podcasting," said Michael Giest, a University of Ottawa professor who holds a research chair in Internet and E-commerce law.

The legislation would tax sites 25 percent of their gross revenue, or 25 percent of their gross operating expenses, with a minimum monthly fee of \$200.

However, the proposal aims to tax non-profit stations, such as campus radio, just 1.9 percent, and websites 15 percent.

Jared McKetiak, station manager at University of Manitoba's 101.5 FM, says the tariff is bad for campus radio.

"It's going to get to a point where campus radio stations are going to have to close down because they cannot continue to do business, not because the cost of doing business is expensive, but because it's getting taxed," he said.

The new tariff, if it is passed, will make it mandatory for people who communicate music to the public to have a licence in order to do it.

– With files from Sheena Goodyear.

## 2008 NAIT FAMILY CAMPAIGN

Students, staff & visitors are invited to...

### NAIT Family Campaign Kick-Off Chili Lunch

North Lobby:  
**Wednesday**  
**September 17**  
**11:30 am - 1:30 pm**

Enjoy a hot chili lunch for \$4.00

Vegetarian chili available.

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### Kick-Off Chili Lunch



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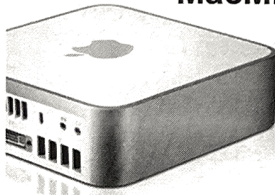
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**Hey you!**  
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**win!**



Each week we will be hiding SuperGeek somewhere on Campus; a new location each week. Check the Nugget for entry forms.

Bring your entry to the **Tech Store** in the HP Centre.

Join the NAIT Tech Store on **Facebook** & get a 2nd entry form!

Official entry forms only—no duplicates. One entry per week.



TECH STORE

NAME \_\_\_\_\_

STUDENT ID# \_\_\_\_\_

PHONE# \_\_\_\_\_

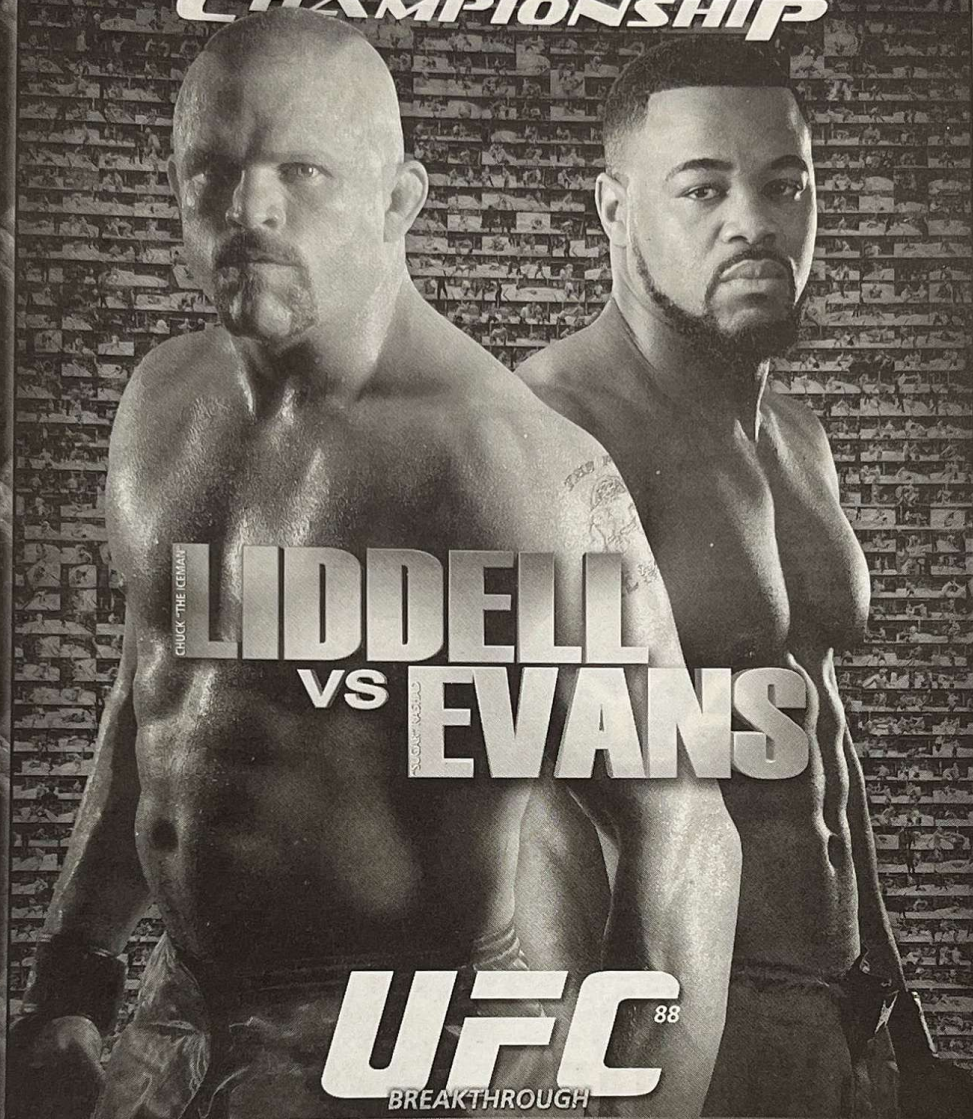
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Week 1



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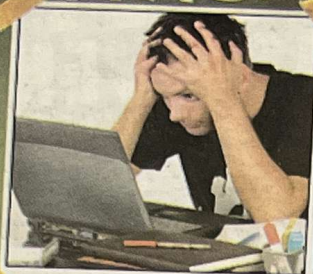
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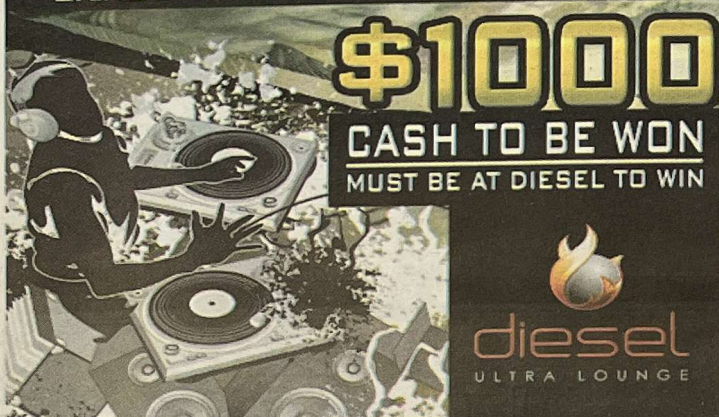
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