

INDIE NIGHT AT THE NEST – OCT. 15, THE WHEAT POOL!

# THE NUGGET

Thursday, October 15, 2009  
Volume 47, Issue 7



Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

## A FEAST FOR ALL

NAIT students help provide a Thanksgiving meal for 1,500



Photo by Claro Cagulada

### HOME COOKING DRAWS A CROWD

There was no shortage of hungry folk at the annual Thanksgiving dinner at the Boyle Street Co-Op on Monday, Oct. 12, when NAIT's Culinary Arts and Retail Meatcutting students helped provide a feast for those who needed one.

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# NEWS & FEATURES

## Tasty gesture by students



**BRITTANY BLACK**  
Assistant Issues Editor

NAIT's culinary program helped to fill the bellies of over 1,500 of Edmonton's less fortunate. The annual Boyle Street Thanksgiving dinner was this past weekend, and about 40 NAIT students were the reason behind the event. It took several days to prepare, but by Sunday night, both the Retail Meat-cutting program and the Culinary Arts program collaborated to prepare 80 turkeys, 225 kg of potatoes, carrots and broccoli and 120 pies, all donated by Edmonton's Food Bank. It was a chance for students to give to the community, while practising the skills they are acquiring here at NAIT.

Students who served lunch say the line to get into the hall was far down the block. Many families attended who just didn't have enough to afford a turkey meal this year. Instead, they were able to come and enjoy a turkey dinner with hundreds of others.

"We've been helping Boyle Street out for the last six Thanksgivings," says NAIT Culinary Arts instructor Jeff Gordon.

"We have a club, called Club Culinaire, and every culinary student is a member. This year, about 40 students are helping throughout the weekend."

Club Culinaire has been around since the 1960s, when NAIT first introduced the Culinary Arts program.



Photo by Claro Gagulada

Students in NAIT's Culinary Arts program prepare to serve 1,500 people at the annual Boyle Street Co-Op Thanksgiving dinner.

"It's a student based club ... so we do a lot of community activities," Gordon said. "For example, we help with Boyle Street, but we also do Habitat for Humanity, Santas Anonymous, things like that."

Mayor Stephen Mandel was alongside the many volunteers. He shared that he understands the importance of attending meals such as this in order to attain a better understanding of the reality

of problems faced by Edmonton's less fortunate.

Chef Gordon says it is a very rewarding weekend for the students and that "until they actually get to Boyle Street on Sunday, they don't realize the impact that they are making."

"When you see the line down the street of the city's less fortunate: people who don't have access to a good holiday meal, you really feel like your making a difference."

## Souch Campus gets a \$19M refit

By RYAN FLAHERTY

NAIT prides itself on being a top destination for people pursuing careers in the skilled trades. To that end, the institute's Souch Campus is currently undergoing a major expansion to enhance its capacity for training welders.

The project, which broke ground in May of this year, is intended to provide enough training facilities to accommodate an additional 900 welding apprenticeship students per school year.

Calvin Reivonen, NAIT's Capital Projects Manager, is pleased with the progress made thus far.

"The new construction is progressing extremely well. The favourable weather conditions have allowed us to be approximately two weeks ahead of schedule," he states, adding that the project remains on budget as well.

That budget – approximately \$19.5 million – covers a number of brand new

facilities, including three new 30-station welding labs, a pair of grinding shops, a blueprint reading lab, a special welding process area and three new classrooms.

According to Morris Jackson, Associate Dean of the School of Mechanical and Manufacturing Technology, "this will make NAIT by far the largest trainer of welding apprentices in Alberta." Additionally, a new fitness area and change room, an expanded cafeteria and a building resource area will be constructed.

Many renovations to the existing facility are also part of the project. Students and staff can expect to see a relocated student games room, expanded book store, relocated quiet study area and increased staff offices. On top of that, there will be a new Student Services Suite, which will include a campus security office, visiting staff office (for NAITSA executive use as well), and a

relocated first aid/nursing area, counselling services and testing facilities. To accommodate the increased number of students, the parking area will be expanded, adding approximately 200 new student and staff parking spaces, as well as provisions to improve the access to and from Gateway Boulevard and Calgary Trail.

Care was taken to ensure that the students' voices were heard during the planning phase of the project.

Reivonen says "the previous NAITSA president, Brent Constantin, was a member of the project steering committee and was involved in the design development of the student spaces."

This is far from the end of NAIT's plans to continually improve their facilities for staff and students alike.

Reivonen confirms that "NAIT's top campus development prior-

ity (continues) to be the Centre for Applied Technologies," and while construction funding has yet to be approved, "NAIT has been approved to move forward with design development activities."

In addition, the school has received funding through the federal government from the Knowledge Infrastructure Program, or KIP, for two other large projects

– renos to the NAIT Services Building featuring an Alternative Energy Centre, expected to be completed around March 2011, and a window replacement project involving the E, F, G, H and J wings that will begin in spring 2010.

The Souch Campus expansion is slated to be completed by September 2010.

Bring on the welding apprentices!



NAIT's Souch Campus is being renovated to accommodate 900 additional welding apprentices.

# Running for life



By **MacKENZIE MARSHALL**  
Issues Editor

It was a dull, damp and dreary Sunday morning. Many people woke up, looked outside their window and restarted a warm and comfortable sleep. It was almost like something was telling people to stay in bed. But for over 10,000 Edmontonians, a day best suited for ducks wasn't going to keep them from their fight against cancer. By 9 a.m., a sea of pink took over Churchill Square. The diverse crowd showed that Breast

Cancer affects all types of people in Edmonton. With some heavy hearts and a positive outlook for the future, the crowd of punctual people in pink walked or ran one or five kilometres, raising over \$1.3 million for the CIBC Run for the Cure. The disease affects one out of every nine women. In Canada, about 23,000 women are diagnosed each year. Close to 25 per cent of those cases are fatal.

Team NAIT did an amazing job of fundraising, bringing in close to \$10,000. In the process, the team won the CIBC Corporate Spirit Award for their efforts. Michelle Berg, fundrais-

ing leader for the NAIT group, said her team "did an awesome job raising funds," and are "already planning for next year's event."

The run has special meaning for Michelle. After participating in the run for years to help others, her mother was diagnosed with breast cancer in December.

"I ended up with a sinus infection but managed to walk the one kilometre with my family anyway," she said.



Michelle Berg and her family.

The run has a special meaning for Television student Krista Supervich, because of her family's history with breast cancer.

"My mom

and my grandma are survivors, that's who I was walking for," she said.

"It was pretty chilly outside, and I was kind of tired, but once you start walking, you feel great. It's such a positive atmosphere and everyone is so supportive. I'm really glad that I did it and I can't wait to do it again."

Michelle is also looking forward to next year, saying, "We are already planning for next year's event. Our team is open to NAIT staff, students and family-friends, anyone who wants to represent NAIT for such an amazing cause."

One hundred per cent of the money raised from the CIBC Run for the Cure goes to the Canadian Breast Cancer Foundation. The foundation uses the fund for education and awareness programs, early diagnosis and research.

# Greenpeace raises ante

By **KATHARINE HAY**

Love them or hate them, they sure know how to get us talking. While counting down to the Copenhagen Climate Talks, Greenpeace is escalating the pace of its civil disobedience campaign against the Alberta Oil Sands. Protests against Suncor and Shell, as a part of Greenpeace's campaign to draw attention to emissions produced in the Alberta Oil Sands, have resulted in many people being charged with mischief and trespassing. However, their most recent action at a Shell-owned upgrader in Fort Saskatchewan resulted in 16 charges of break and enter, in addition to others.

It was these most recent arrests that prompted Premier Ed Stelmach to claim that protesters have been "coddled" by the jus-

tice system in the past. According to Greenpeace's lawyer, Brian Beresh, this smells of the McCarthy trials, where suspected communists and their sympathizers were rounded up and made to stand trial for being in league with the Russians. "Premier Stelmach's public suggestion that he will use the force of the law to deal with these people confirms his lack of knowledge of the limits of his authority," said Beresh during a press conference at the Alberta Legislature.

According to Beresh, this kind

of interference makes it difficult for the protesters to get a fair trial.



Regardless of what is playing out in the media, Greenpeace Tar Sands campaigner Mike Hudema emphasized the need for more action.

"Tar sands emissions don't stop at Alberta's or Canada's borders," said Hudema. He also said that if

Alberta has an open-door policy to multi-national energy companies, then activists from other parts of the world shouldn't be considered "tourists."

"There are solutions out there," said Hudema, pointing to a document created by Greenpeace, the Alberta Federation of Labour and the Sierra Club. In the document, it points to a new energy economy and "green jobs" that could be created as a shift away from the fossil fuel industry.

"Thousands of jobs could be created," said Hudema, pointing to projects like a high-speed rail line between Edmonton and Calgary, wind farms and home retrofitting as methods to reduce people's reliance on fossil fuels. "It takes political will," said Hudema, and that is just not there at the moment.

Those who have been arrested will be tried in November. Some will be tried in Fort McMurray and some in Edmonton.

# \$15,000+ for Shinerama

By **KATHARINE HAY**

It may have been a bit ugly outside, but students' hearts shone through the gloom during Shinerama. NAIT students who took part in the annual fundraiser for Cystic Fibrosis (CF) raised \$15,000 and counting for the Canadian Cystic Fibrosis Foundation.

"The best part of the day was seeing everyone off on the buses," said Shinerama co-ordinator Joel Chanin, adding that it was really rewarding to see everything come together in the end.

Sixty NAIT students braved the cold and had some fun, with most of the participants being international students.

"It was great seeing them (international students) come out and shine despite language barriers in the way," enthused Chanin, who said the students who participated were very excited about how much was raised for cystic fibrosis.

Shinerama was part of a nationwide "Shine Day" that involves shoe shining, car washes and other activities across Canada. Since its start in 1964, Shinerama has raised over \$19.5 million in the fight against CF.

In 2008, 65 college and university campuses were involved in Shinerama, raising close to a million dollars. With luck, 2009 will have even better results.



Photo by Ashley Urban

Shinerama volunteers do their thing.



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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

# Letters

## We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

## TechTalk 2.0

## Why Twitter is awesome



By LINDA HOANG

When you saw the word Twitter in the headline of this article, you either sat up excitedly because you are interested or you groaned and debated flipping the page because you are sick of hearing about what you're sure is just a lame fad.

Twitter is a social networking website where you can post Facebook-status-like updates ("tweets"), sharing facts, news and other interesting tidbits.

Whether you're a lover or a hater, I'm here to tell you that Twitter is awesome.

Some non-believers often say: "What's the point, when we already have Facebook statuses?" Truth is, Twitter tweets give you so much more.

Stan Schroeder, IT journalist and writer for Mashable.com, a social media website, writes that Twitter works more like Wikipedia than Facebook.

"Twitter is not so much about connecting with your friends, it's about broadcasting information," Schroeder said. "Twitter is different than other social networks."

Twitter is fantastic for breaking news and current events.

As a non-Twitter user, you might tune into the six o'clock news and learn about a disastrous but interesting incident that occurred earlier that day. As a Twitter user, I knew about that incident as it was happening, receiving real-time informational tweets.

Twitter has a Trending Topics feature, where it lists the most popular, tweeted-about words of the day. You'll

know what TV show is on tonight, what everyone thinks of the latest movie and even when a celebrity dies.

With Twitter, the gap between fan and celebrity shrinks.

You don't have to wonder if that celebrity gossip magazine got the details right or not about your favourite singer because you can check that celeb's Twitter and get the information straight from them. You can also tweet them and, if you're lucky, get a tweet back.

Edmonton's Twitter community itself is also thriving. The city's even got its own Twitter tag, "#yeg." If you add that tag to your tweets, Edmontonian tweeters are more likely to read, reply and connect with you.

Those are only some of the reasons why I'm in love with Twitter. Sure, people sometimes find it annoying that I'll pause what I'm doing in order to tweet about it. Yes, there is some level of self-obsession that tweeters, myself included, all possess. And yes, it can be irritating that this odd, bird-like word keeps being thrown in everyone's faces, but I think if you really gave Twitter a chance, you'd like it.

Plus, have you noticed Facebook's newest



feature where you type in "@" followed by a friend's name, and this makes your status update appear on their page as well?

Well that @ replying system is Twitter's and Facebook copied it because Twitter is awesome.

You can follow Linda on Twitter at <http://twitter.com/lin-dork>. and NAIT on Twitter at <http://twitter.com/nait>.

<p><b>POP Culture Fair</b> SUNDAY, OCT. 18, 2009 MAYFIELD TRADE CENTRE 16415 - 109TH AVENUE, EDMONTON</p>	<p><b>10 AM - 4:30 PM</b> <b>\$5.00 ADMISSION</b> FREE FOR CHILDREN 12 AND UNDER!</p>
	<p><b>RECORDS, TOYS, COMICS &amp; MORE!</b></p>
	<p>For more info contact Jennifer at 780-932-0221 or visit <a href="http://www.popculturefair.com">www.popculturefair.com</a></p>

## Larry Bureau

## Passing of Larry Bureau

It is with a heavy heart that I must convey the passing of Larry Bureau, former program chair for the NAIT Graphic Communications program. Larry lost his battle with cancer on Monday with his wife and soul mate Louise by his side. In addition to Louise, Larry leaves to mourn his daughter Jackie, sons Duncan, Gordon, and Lawrence and their families. Larry was very passionate about the well being of pets and will be missed by his beloved cats. He had rescued many pets from dire circumstances and upon which he had lovingly bestowed the names of ancient Egyptian deities, perhaps as recompense for their earlier suffering. He was also prone to random acts of anonymous generosity, probably to many more people than we know, but one young lady whom he fondly watched grow from baby to adulthood will always know him as "The White Unicorn."

Larry was born and raised in Glasgow, Scotland. He relocated to South Africa and served with the military police before moving to Canada. Larry spent several years in the graphics \ printing industry across the country before having the opportunity to head up a new training facility offered at Westerra. The program started as Pre-Press, Press and Bindery apprenticeship and under Larry's leadership, the Printing & Graphic Arts program was expanded to offer two full time design-related programs with a complement of over 14 staff members. Larry provided leadership, mentorship and support to many staff members over the years that aided them to grow and develop their career aspirations. Perhaps Larry's most endearing quality was his compassion towards his students whether it was facilitating deadline extensions, lending an ear, or on occasion reaching into his own pocket to help a student in time of need. For a number of years he personally sponsored a scholarship for deserving students in the Graphic Arts, and his passionate dedication to the promotion and enhancement of his program area was legendary. We all learned a great deal from Larry in this regard.

Over the years Larry developed many friends throughout the institute and greeted them with a warm smile. Larry didn't like to adhere to corporate "normalization" as anyone who entered his office will attest. African masks, spears, fish (and who knows what else) adorned the area in which Larry resided. Larry went off on medical leave in late 2003, until his retirement last year. Larry and Louise loved to travel and sit down at the beach with a good book in hand. They especially had a fondness for White Rock and over the years shared many good times there.

Graphic Communications staff kept in contact with Larry after he left NAIT and would often seek his counsel (especially over lunch). Larry's infectious laugh, disarming wit and irreverent, politically incorrect perspectives on life will be missed by all of his staff, former students and other associates. As per Larry's request, there will be no service or memorial.

Norm Peterson and Staff,  
Graphic Communications Program



# NAIT NEWS WATCH

## SATURDAYS

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## The Next Generation of News

# OPINION

— Editorial —

## Obama award deserved?



**CHRIS CARMICHAEL-POWELL**  
Editor-in-Chief

When I think of the Noble Peace Prize, it makes me think of institutions like UNICEF, Amnesty International or the United Nations. It makes me think of people like Mother Teresa, Lester B. Pearson and Martin Luther King

Jr. When I think of these people and organizations, it makes me think peaceful thoughts. (I'm not going to lie, I may have thrown a name in there just because they were Canadian, call me patriotic.)

It has come to my attention that the Noble committee has also awarded the Peace Prize to people I do not think deserved it. An example of this could be Yasser Arafat, former leader of the PLO and in my opinion, the creator of modern day terrorism. Don't agree with me? Search his name on Google and you will soon enough.

### Stirred up debate

Last week, President Barack Obama was honoured with the Noble Peace Prize. This seemed to stir up quite a bit of debate among people. Many argue that he does not yet deserve it. I hate to say it, but I sort of agree with them. I know the world loves Obama, and trust me, so do I (I'm wearing my Obama underoos right now), but there comes a time when you have to sit back and ask yourself if it was truly deserved. What has he really done in his nine months in office, besides being black? Not much. Who can blame him? He has had quite the mess to clean up down there and it has only been nine months.

From what I have seen on the news, Obama has done a lot of talking about ending the wars, fixing health care, making a change to this and changing that, but here's the problem, change takes time. Since when did people start getting the Noble Peace Prize based on their intentions? If that's the case, can someone send the Noble committee a quick e-mail stating that I'm trying really hard to solve world hunger? I figure the Noble Peace Prize will look great on my resume.

### Not a good enough reason

I must admit, Barack Obama has instilled more faith in the United States on a global scale in nine months than the previous president, George Bush, did in eight years. All it means is he has more friends than Bush. As far as I'm concerned, it's still not a good enough reason to give him the Noble Prize, that's a reason to send him a Christmas card. Furthermore, when you consider the fact that Gandhi didn't get a peace prize, it really makes me question why they are giving one to Obama.

Let's put this into perspective. Gandhi was too peaceful to fight, so he starved himself; Obama's country is currently fighting two separate wars. Interesting ... Even Obama himself said he felt like he did not deserve the award. Can you imagine the pressure he must feel now to actually do something "peaceful" during his time in office?

Bottom line, congratulations are in order. Congratulations, Mr. President. Although I might not understand why you were awarded this honourable prize, it sure beats giving it to Al Gore again.



## LETTERS

## Dumb rules? Tell NAIT

Hello students,

I am writing to inform you that NAIT has a really cool committee set up called the Dumb Rules Committee. They do what their name suggests. They take submissions from students and staff regarding dumb rules and look at whether the rule can be changed. This is your opportunity to affect some change on campus. Student submissions

will be taken in the fall of 2009, while staff submissions will be taken in the spring of 2010.

You can visit the Student Portal for more information on the committee. You can e-mail your submissions to Roxanna Stumbur at [roxannas@nait.ca](mailto:roxannas@nait.ca) or you can drop off your submissions in room O-102C. The committee has stated that in order to respond to your con-

cern directly and seek clarification, you must include your name and contact information; however, your submissions will remain confidential. Please take advantage of this unique and progressive committee.

Best of luck with your studies this semester.

Timothy Jobs  
VP Academic  
NAIT Students' Association

## Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that.  
Write us.



# SPORTS

## SOCCER

# Preparing for the playoffs

**NAIT Ook Mike Michelin moves the ball against MacEwan Griffins last Sunday Oct. 11. The Ooks won 3-0.**



Photo by Claro Cagulada

**By CURTIS BINKOWSKI**

The Ooks soccer teams are heading into their final week of the regular season, but stand in different positions as the post-season nears.

This past weekend, each team hosted two games with heavy playoff implications. Playing through October every year, the Ooks teams have battled through rain, wind and a minor snowfall in the past. Last weekend, however, had to have been an extra rare event as fat, fluffy flakes fell from the sky like weightless marshmallows.

It didn't seem to faze the men's team all that much as they marched through the weekend with two impressive victories, first shutting out King's College 4-0, then bouncing MacEwan three nil the following afternoon. Skilled Brazilian midfielder Thiago Silva led the offensive attack with two goals in the second game. The men boast a 6-1-1 record heading into the final weekend and are in search of that No. 1 spot for a bye into the second round of the playoffs. The first place team in each division automatically advances to the semifinals and plays the winner of second versus third.



Meanwhile, the women's team sits fourth in their division with a 4-4 record, looking very impressive at times, but they have fallen just short of elevating their game enough to knock off the top teams. They've lost to third-place MacEwan twice this season (2-0 and 1-0), who sit one point ahead of NAIT in the standings, and once to Concordia (3-1), who will clinch first with their next win.

"Since we lost to Grant MacEwan, now we have a really small window to get through to provincials," said Ooks defender Allesandra Bruni.

Only the top three teams will qualify for provincials.

"Even if we win both games, we have to hope MacEwan loses to either Keyano or Kings."

It won't be easy to win both of their final games. They fully expect to beat 1-6-1 Keyano Sunday afternoon but face the stiffest of tests Saturday as they travel to 7-0-1 Concordia.

It would be nice to be in control of their own destiny, but all the women's team can do at this point is win both of their games and hope for the best.

# A V-ball team with a dream

**By TAYLOR POLLMANN**

As the saying goes, "You have to lose before you can learn how to win." Let's hope the adage is true for the NAIT men's volleyball team.

After a trying season last year in which the team went 2-18, they believe they have the keys to the provincial podium.

"Our goal is to really compete at the provincials and have a shot at the medals," stated an earnest coach Simon Fedun.

After taking over the team last year, Fedun believes in the virtue of a healthy locker room and team interaction. These beliefs should be instilled in the team for good after spending the Thanksgiving

long weekend in the freezing cold minus 15 C temperatures as part of a team-building camping trip. The trip may also be a sign

of the endurance and hardships that the team could have to endure to reach their final goal.

Returning to the Ooks are the talents of some core players, which include

Nicholas Pentelechuk, Greg Gulash and Rory Ernewein. Each of these players brings a certain level of leadership and skills to the table. The team also features a slew of new recruits that are important to the rebuilding of a team on its way to

great things.

Probably the most exciting new recruit is a product of Eraterinburg, Russia. Dmitry

Savinov, a first year English student at NAIT, carries with him the skills from the conti-

nent that has produced

some of the world's top players.

However, his season did not start off as planned.

In his second day in Canada he sprained his ankle, resulting in a painful and time-consuming injury.

The Ooks' preseason matches went smoothly as the team prepped for the upcoming season, which includes a big match against the Mount

Royal Griffins, when the southern rivals will raise their banner to the roof.

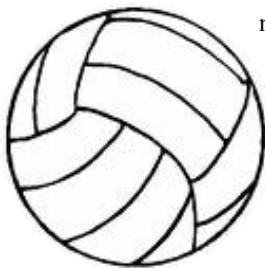
The team's first match of the season

though, is a back-to-back tilt against King's College, a school that put together a strong team last year and has done so once again this season.

The first match is here at NAIT, Friday at 8 p.m. Then the team undergoes a long and difficult journey fighting the traffic of Edmonton into the King's lair on Saturday. So join the experience early, as you don't want to be the one in your group known as the bandwagon fan. Cheer them from the start as they cruise to the provincials and beyond.



**Coach Fedun**



**Demityry Savinov**



LANDON HOMMY

# Give and Go

I have only three pet peeves: the list of Olympic sports, suped-up dualies and Spitz bags with minimal shell-less seeds. The former came to bear once again last week, when rugby and golf were added to the list of Summer Olympic events. The phrase "it's about time" can never be overused in this situation. How race-walking has been an Olympic event for over 50 years while two of the most renowned sports in the world have just been introduced is beyond me. Their absence is like Raisin Bran without raisins or Matthew Broderick without

Ferris Bueller – it doesn't work. In this week's Give and Go, I pay my respects to other glaring omissions in the sports world.

**Hommy** – Herman Maier retired this past week. How big of a blow is this to downhill skiing?

**Pete Rose** – As bad as my absence from the Hall of Fame is to baseball. How much do you want to bet I never get in? 10 grand? So what if I bet on my team, I have the most hits in history. Isn't that enough? Fifty grand says it's enough. Can I double down on my answer? What's the

spread on this question, anyway?

**MacKenzie Marshall** – There were some big upsets in the opening round of the baseball playoffs. Who's next?

**Dino Ciccarelli** – I am. My acceptance into the Hall shouldn't be an upset, seeing as how I scored 608 goals, but for some reason it is. Sure I showed off "Little Dino" in public and sure I was convicted of assault after attacking Luke Richardson with my stick. Who hasn't? At least let me in on the basis of my name. Only "Cal Clutterbuck" has come close to its greatness.

**Binkowski** – Tiger and the U.S. easily won the Presidents Cup last week. Is America back on top of the golf world?

**The Canadian Tire Guy** – If they are, then they could use the new "Stay-on-Top" golf set, available only at Canadian Tire. First of all, how is the Goodyear Tire guy better than me? Second, I may have been the most hated man in the country, but I'm a paragon of consistency. Not even a Jedi hypnotist at a charity garage sale could sell so much useless stuff.

## Last seven days in sports

By CURTIS BINKOWSKI

### 5. CLEVELAND 6, BUFFALO 3

No, the Phoenix Coyotes did not move to Cleveland, this is a football score. Sure the Denver Broncos beat the New England Patriots, and the Cincinnati Bengals are leading their division, but there is just something intriguing about low scoring football.

### 4. MAPLE LEAFS BLOW ... IN THE WIND

The Toronto Maple Leafs gained some respect and credibility with their off-season moves and signings. However, according to some reports, the Leafs have lost their first five games of the season for the first time in fran-

chise history. After their loss to the Avs Tuesday night, they've now been outscored 16-5 in a three-game span.

### 3. MANNING IS THE MAN

For the first time in his illustrious career, Indianapolis Colt's QB Peyton Manning threw for 300 yards in four consecutive games, the first four of the season. In his fifth game, he completed 36 of 44 passes for 309 yards, joining Steve Young and Kurt Warner as the only QBs to throw over 300 yards in the first five games of the season.

### 2. 9TH INNING COMEBACKS

In Game 2 of the St. Louis Cardinals-LA Dodgers series, the Cards carried a 2-1 lead into the bottom of the ninth, when a fly ball that could've ended the game missed left fielder Matt Holliday's glove and hit him in the nuts – yes, missed his glove, and hit him in the nuts.

The Dodgers went on to win 3-2. In less dramatic fashion, the Minnesota Twins blew a 3-2 lead in Game 2 against the Yankees and lost 4-3. Down 2-0 in the series and facing elimination, the Boston Red Sox took a 5-3 lead at home into the

final frame against the LA Angels, but crumbled, and lost 6-5. The next night, the Colorado Rockies followed suit, as the Philadelphia Phillies came back from two down to win 7-6.

### 1. FLAMES BIT BY CRUMBLES AU-RUS REX

After scoring five goals in a span of 5:29 in the first period against the Chicago Blackhawks, Calgary Flames fans must have been jumping for joy. But wait ... the Hawks scored one late in the first and three in the second period, setting the stage for the

incredible. They tied it up 5-5 in the third and then scored in overtime to tie the NHL record for biggest comeback in NHL history. The Flames

blew a five-goal lead. Ahahahahaha! Wait a second, don't laugh too hard. In what's referred to as the Manchester Miracle, the Edmonton Oilers carried a 5-0 lead into the third period in Los Angeles versus the Kings during Game 3 of

the first round of the 1981-82 playoffs, only to lose 6-5 in overtime. It was the biggest comeback in playoff history.



## Athletes of the week

October 5-11

### Alex Mah Soccer



In NAIT's 2-0 victory over King's and in the Ooks 2-0 defeat versus MacEwan, Alex was the team's most effective player. Although her name did not appear on the score sheet, the third year Business student was brilliant on the field.

"She is everything that a captain should be," said head coach MP Duxbury.

"She leads by example, takes charge when needed, provides us with confidence, and just generally makes us better."

### Scott McLeod Soccer



Playing two critical games this past weekend, a healthy Scott McLeod once again displayed his leadership and importance to the NAIT Ooks squad by putting on two dominating performances. Earning game MVP honours in NAIT's 3-0 win over MacEwan, Scott was a defensive force as he anchored a NAIT team that earned two successive shutouts with wins over Kings and MacEwan. Having finally recovered from a Game 1 injury that saw him miss four matches, Scott has stepped right back into the lineup and reaffirmed his status as one of the league's best centre backs.

## Repeat in works?

By TAYLOR POLLMANN

This season's edition of the NBA basketball season may be one of the most exciting and closely contested in recent memory.

At season's end last year, we saw the Lakers hoist the Larry O'Brien Trophy above their heads, led by the charge of a rejuvenated play-off MVP Kobe Bryant (take that all you haters!). It would be hard to discard them when talking about the forerunners in the upcoming 2009/2010 season.

In a league that has seen its fair share of repeat champions, the Lakers have risen to the challenge. With the addition of Ron Artest to a cast that includes Bryant and Pau Gasol, they certainly look like a force to be reckoned with in the near future. The only issue that may rise above the team's head is how Artest and his troubled past will fit in with the team's chemistry.

Probably the most interesting aspect of the new season is the movement of Shaq back into the Eastern Conference, playing alongside LeBron James in Cleveland. One can only think of the magical jaw-dropping plays that will be conjured up between "The King" and "The Big Diesel" throughout the course of the season. There is also the drama that has entered the fold with Shaq stating, "This is the best team on paper that

I have ever played with."

He certainly wasn't thinking of the feelings or ego of a certain former teammate. Whether or not this is simply a disillusioned comment by a past-his-prime Shaq or the foreshadowing of future events is yet to be seen.

There are certainly many other teams that have a legit chance of reaching the big show. There is the Boston Celtics with the "Big Three" returning from a disappointing playoff

run without the likes of Kevin (I'm on top of the world) Garnett. The Denver Nuggets also can't be counted out with the leadership of Chauncey Billups and the raw skill of Carmelo Anthony. It would also be extremely naïve to forget about the Spurs, who have had a stranglehold on the Western Conference along with the Lakers for the last 10 years. They have become much better with the addition of the versatile Richard Jefferson.

So, as the NBA season approaches, we need to be reminded once again of some habits needed to survive the season. Whip out those excuses for unfinished assignments in preparation for the TNT game of the week, or for the brushed-off dates that come second to your team's push to the playoffs. Why all this, you may ask? Because the NBA has re-entered your television.



# ACAC Standings

MEN'S HOCKEY									
Team	GP	W	RW	L	OTL	GF	GA	Pts	
SAIT.....	2	2	2	0	0	15	3	4	
Mount Royal..	2	2	2	0	0	8	1	4	
Concordia.....	2	2	2	0	0	13	3	4	
Augustana.....	2	2	2	0	0	14	11	4	
Portage.....	2	0	0	2	0	1	8	0	
NAIT.....	2	0	0	2	0	11	14	0	
MacEwan.....	2	0	0	2	0	3	15	0	
Briercrest.....	2	0	0	2	0	3	13	0	

RESULTS

Oct. 7

Augustana 7, NAIT 5

Oct. 9

Augustana 7, NAIT 6

SAIT 6, MacEwan 0; MRU 3, Portage 0;  
Concordia 7, Briercrest 0

Oct. 10

MRU 5, Portage 1; Concordia 6, Briercrest 3;  
SAIT 9, MacEwan 3

MEN'S SOCCER

North Division

Team	W	L	T	Pts	GF	GA	+/-
NAIT.....	6	1	1	19	26	10	16
Concordia.....	6	1	0	18	30	7	23
MacEwan.....	5	3	0	15	19	9	10
Grande Prairie..	1	4	3	6	8	19	-11
Keyano.....	0	5	3	3	7	30	-23
King's.....	0	4	3	3	5	20	-15

South Division

Team	W	L	T	Pts	GF	GA	+/-
Mount Royal.....	5	2	1	16	26	6	20
SAIT.....	4	0	3	15	23	8	15
Medicine Hat.....	3	3	2	11	16	15	1

Red Deer .....	3	4	1	10	13	21	-8
Lethbridge .....	1	7	1	4	10	38	-28

RESULTS

Oct. 10

NAIT 4, King's 0; MacEwan 2, Concordia 1;  
RDC 1, Medicine Hat 0

Oct. 11

NAIT 3, MacEwan 0; RDC 4, Medicine Hat 2;  
MRU 6, Lethbridge 0

WOMEN'S SOCCER

North Division

Team	W	L	T	Pts	GF	GA	+/-
Concordia .....	7	0	1	22	32	3	29
Grande Prairie .....	5	1	2	17	21	7	14
MacEwan .....	4	3	1	13	16	9	7
NAIT .....	4	4	0	12	22	8	14
Keyano .....	1	6	1	4	4	28	-24
King's .....	0	7	1	1	3	43	-40

South Division

Team	W	L	T	Pts	GF	GA	+/-
Mount Royal .....	7	1	1	22	29	4	25
Red Deer .....	4	3	1	13	14	8	6
SAIT .....	4	4	0	12	9	10	-1
Medicine Hat .....	3	5	0	9	7	16	-9
Lethbridge .....	2	7	0	6	7	28	-21

RESULTS

Oct. 9

Concordia 6, King's 0

Oct. 10

NAIT 2, King's 0; Concordia 2, MacEwan 1;  
SAIT 1, MRU 0; Medicine Hat 1, RDC 0

Oct. 11

MacEwan 2, NAIT 0; RDC 2, Medicine Hat 0;  
MRU 8, Lethbridge 0



Photo by Raymond Ip

**Montreal Canadiens forward Guillaume Latendresse looks on as former NAIT hockey coach Perry Pearn shows off a sign he was given to wear on his back when the Habs practised at NAIT arena on Oct. 9. Story on next page.**

# Lady Oaks showing promise

By TAYLOR POLLMANN

If you've been to the Nest lately you've probably heard the sound of balls hitting hardwood. You're not hearing things – it's probably the sound of the NAIT women's volleyball team practising for the upcoming season.

After a season last year in which they barely missed qualifying for the provincials by a heart-wrenching six points, the ladies of NAIT are ready to enter this season with one goal in mind: to earn a piece of the shiny hardware at this year's edition of the ACAC provincial championships.

### Returning players

The team has several returning players from last year, including Kate Bilodeau, Emma Schlegl and defending Female Athlete of the Year, Katie Seys. These veteran players could come in handy since the team has 10 recruits, although they're no strangers to competitive volleyball.

The majority of the rookie players, however, are believed to be at the level where subbing them in a game would result in beneficial results. "All of the recruits played at provincial and club volleyball levels in the past," said head coach Keith Lundgren.

### Blending nicely

Under the supervision of Lundgren, the team is blending together nicely in time for the upcoming season.

"We are serving well, hitting our targets on the pass and making the smart shots," says the coach.

This comes after the team finished fourth out of 10 at the recent pre-season tournament at Grant MacEwan University. The tournament featured several of the dominant key players in the ACAC battle for gold including the defending

National Champion MacEwan Griffins.

The team's first game is this Friday in the home gym vs. Kings College. Then the Oaks play Saturday in what is sure to be another spirited match based on the previ-

ous night's results.

"Come on out everyone," says an earnest Lundgren.

With the support of a loyal fan base, the Oaks have what it takes to seriously chal-

lenge any team at the Provincial Championships in March. In what's certain to be another greatly contested season, one can hardly wait for it to begin. Instead maybe, NAIT's opponents that is!



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# Habs touch down at NAIT

By MacKENZIE MARSHALL  
Issues Editor

The NAIT arena hosted an extra special hockey practice last week, and fans came in full support. Les Canadiens de Montréal arrived shortly after 11 a.m. and held a full skate on the Ooks' home ice. Le Bleu-Blanc-et-Rouge, were in town to play the Oilers last Saturday, and they were going to practise elsewhere, but a connection with a former NAIT hockey coach brought them here.

"When they said we were skating in Edmonton, they wanted us to go to Clairview. I told Jacques (Martin) it's a lot closer to come to NAIT," Perry Pearn told reporters. Pearn, now an assistant coach with the Canadiens, coached the Ooks for 15 years, winning six national championships.

Fans were roped off, but got extremely close to the action and the players. Life-long fan Larry McCarthy was giddy at seeing his team so close.

"I've been a Montreal fan for at least 60 years. I guess Kirk Muller is probably my favourite player, except for Jean Beliveau, but he's retired now."

Coach Jaques Martin put the Canadiens through different drills, but the team didn't work too hard. The atmosphere was light, with many of the players jokingly pushing and hooking each other on the ice. The coaches got involved, too, by playing keep-away with the players.

Former Oiler and fan favourite Georges Laraque joked with reporters about the description of Edmonton he gave his teammates.

"When we landed in Edmonton, I welcomed everybody to god's country. They've been giving it to me ever since because it was freezing here, and we just came from Vancouver. I'm always happy to be back here."

Also happy to be home was Westlock native Kyle Chipchura.

"It's my first time home at this level, so I'm looking forward to it. I've got a lot of family and friends coming to the game. It will be great."

Chipchura was also excited to be getting a home cooked Thanksgiving feast.

"I have a house here in the city. My mom is coming over and she's going to cook for me and a couple of the guys," he added.

After the players finished on the ice, they stayed around for a few extra minutes to sign autographs and take pictures with those who stuck around for the events. The easy workout didn't translate well for the Habs, because they lost to the Oilers 3-2 the next night.

The current Ooks coach, Terry Ballard, hoped that watching a professional team practice would give his team an extra step for their home opener later that night. It didn't translate well for them either. They lost the game 7-6 to the Augustana Vikings. See photo below.

**Former Oiler Georges Laraque, now a Montreal Canadien, handles the puck under the watchful eye of assistant coach Kirk Muller during a practice on Oct. 9 at NAIT arena.**



Photo by Raymond Ip



Photo by Claro Gagulada

An Augustana Viking player moves in on the NAIT goalie during a game Oct. 9. NAIT lost the contest 7-6.

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the NAIT response to the H1N1 pandemic.

# ENTERTAINMENT

Adult film of the week: **Built for Filth**

## Built For Filth needs a bath



**COLLEEN NUC**  
Entertainment Editor

I have a confession to make; I ran out of films to review. So to solve this minor dilemma, I asked my Italian friend Dave if he had anything worth watching. Here's how the conversation went:

Colleen: Hey Dave, do you have any adult films for me to review?

Dave: Yes, actually. A girl from work gave me one to look at.

(On a side note- Dave works at a bank)

Colleen: Really? A girl lent you this movie?

Dave: Yeah, she got it for free when she purchased a stripper pole. She wanted to get my opinion on the film.

Colleen: I think this woman wants to sleep with you.

Dave: Naw, she's getting married in a few weeks.

Anyways, Dave's newly acquired adult film, charmingly named *Built For Filth*, starring Jennifer Love of First Strike Movies, pretty much takes the women's rights movement back a few years. It's what you would expect from free pornography: cheap, dirty and to the point. One thing's for sure, there's no "lovemaking" to be seen in this film, it's like watching a bunch of hairless cave-men go at it.

My first clue as to why this movie was free, was the cover. There's no production value or love put into the esthetics of the cover, instead, it takes a "what you see is what you get" approach. And let me tell you, you see it all, and more. I wondered why *Built for Filth* would want to give away the ending on the front cover, but then it hit me. First Strike Movies are like the fast food of porn. They don't care about quality, and neither does the viewer. They want you satisfied in less than five minutes for five bucks.

As for the movie itself, there was absolutely no plot line. *Built For Filth*

includes six completely unrelated scenes that follow the same "lather, rinse, repeat" formula. In other words, if you watch one scene, you've watched them all.

When I looked the film up on the Internet, it was categorized as "gonzo porn." Does anyone actually know what gonzo means, other than a cute blue puppet from the Muppet Show? I looked the term up in the dictionary and it perfectly summed up *Built for Filth* for me in four simple words: go like a bullet. What I found intriguing was that the other possible definitions for gonzo was "go limp." What a hilarious oxymoron!

In conclusion, unless you get *Built for Filth* for free with your next stripper pole purchase, consider Googling the word "dirty porn" before spending any money on this film. It's one of those movies that's like a train wreck: it's awful but you can't look away. I actually said the phrase "Oh no she didn't!!" several times throughout this film. I recommend spending a few more bucks on a quality film, one that won't leave you sick to your stomach.

I rate this film 1 pearl necklace out of 5.



This movie falls under the "Gonzo" category.

## Better than most

By KITA MURU

As you listen to the tracks off of *Life Starts Now*, you'll probably feel that artists Three Days Grace went through a slight change over the past three years. Either that or it's drugs, considering there are some underlying references towards drugs, just like their last album in 2006, *One-X*.

*One-X* was a pretty strong album, especially for a sequel. It was great to relate to anyone having a bad day, and it brought up some insight about how people change – anxiety over life ... or drugs. It had almost an entire album worthy of tracks to download like *Pain*, and *Animal I Have Become*. And it hit home – the messages the songs delivered ... or hit the pipe.

*Life Starts Now* is more of the same from 3DG, except they're a bit more balanced in their delivery. Songs like *Lost In You*, and *Last To Know* highlight relationships and being figuratively left in the dark. *World So Cold* and *Without You* teach us that everyone likes to

kick you when you're down, and that some ladies can be as cold ... as Hawaiian ice.

*The Good Life* is as advertised, and probably the best track is *Break*, which seems more inspirational than any other song they've come out with. The album is full of some solid guitar work, drum work and a lighter tone. The songs lack that kick that was in previous songs (*Riot*), and don't sound great at first, but each song slowly delivers something different from the rest.

In short, *Life Starts Now* (as usual for 3DG) is artfully written, and sounds and feels more upbeat, which is surprising considering their last albums. It will probably appeal to more people now, and for good reason. It's better than most of the albums out now, even though it costs

around \$13, and it's up there with *One-X* in terms of quality of songs. A great buy or download for anyone who likes 3DG, and doesn't mind them changing their style up, or for any fans of alternative metal.



FOR YOUR LISTENING PLEASURE ...

# \$3.99 mix-tape



**BRITTANY BLACK**  
Assistant Issues Editor

A mix-tape for the Minimalist ...

This song list is fertile ground for those who enjoy a glass of wine and good conversations: conversations about how angry it made them when they tried to converse with their well-to-do grandfather who strictly believes that the older you get, the smarter you are – no if, ands or buts. “Sure Grandpa, it’s wrong when foreigners INVADE Canada and become successful.”

Let’s get serious: this music is for loners. Cool loners though; loners who embrace their social awkwardness and wear their knitted sweaters with pride. If this music defines you, chances are you love to nap but hate the feeling when you wake up after. You are addicted to coffee, and when you decide to drink, you choose Pabst Blue Ribbon. If educated, you probably have a liberal arts and/or science degree.

Last but not least, if you regularly listen to these songs, you may find yourself laughing uncomfortably when a bro identifies himself as an “ass-man” or a “tits-man,” not that you don’t like breasts or buttocks, but you prefer not to openly express yourself like the male who has ‘Chongo syndrome’. Enjoy!

(On a very serious side-note, Chongo syndrome is very common amongst big, strong guys who portray a masculine presence and tend to use the term “tap out” frequently. The only cure for this disease is death. However, the side effects

of this syndrome are simply awesome and will get you noticed by women all around. Keep posted for next week’s 3.99 mix-tape. In it, we will discuss the kind of music you should listen to if you are a Chongo.) Now, for this week’s selections:

1. Animal Collective – Summertime Clothes
2. Great Lake Swimmers – Pulling on Line
3. Basia Bulat – Snakes and Ladders
4. Daniel Johnston – True Love will find you in the end
5. Regina Spektor – Folding Chair
6. Beirut – A Sunday Smile
7. Architecture in Helsinki – The owls go
8. Bon Iver – Flume
9. The New Pornographers – Slow Decent into Alcoholism
10. Tom Waits – Chocolate Jesus
11. St. Vincent – Now Now
12. Caribou – Hello Hammerheads

## The Stables come to Indie Night

**By COLLEEN NUC**  
Entertainment Editor

The Stables graced the stage at this past Thursday’s Indie Night at the Nest to a packed crowd. With their modern Blue Rodeo sound and charming onstage presence, The Stables were a huge hit among Nest patrons. An interesting fact is that the band switches instruments amongst each other throughout the entire set, giving each

song a fresh and unique flavour. The instruments themselves are also quite unique. The band uses a wash-tub bass accompanied by a kit with a suitcase kick-drum, combined with the banjo, acoustic guitar and a mouth-harp. The Stables’ sound is described as “black-grass,” combining badass folk to punk to bluegrass, as if you were watching *Oh Brother, Where Art Thou* on acid. The Stables have recently hit a major

milestone when they were asked to open for U.S.S in Ontario. I sat down with the band, Poor Pelly, Blind Billy Blasko, Clarke and Pete the Roadie after their set to discuss their current tour and what’s in store for the future.

**Colleen:** So what made you decide to name your band The Stables?

**Stables:** Our band is unstable so we named ourselves The Stables.

**Colleen:** Describe yourselves in

three words.

**Stables:** Flat. F@#\*ing. Broke.

**C:** So what makes you guys so special?

**S:** Well, we switch instruments throughout the set, so we each get a chance to sing and stuff.

**C:** So are there any artistic arguments or jealousy issues if you guys keep switching instruments?

**S:** Naw, we’re very proud of each

other. We’re comrades.

**C:** What’s your ultimate goal?

**S:** We want to be able to play music as our careers. None of this second job crap, we want to eventually make some money.

**C:** Last question. What do you want to say to NAIT students?

**S:** Support local Canadian music! Visit The Stables online at [www.herecomesthestables.com](http://www.herecomesthestables.com)



# The Manchine tells all

By LINDA HOANG

This week's featured NR92 radio show is called The Manchine. The show's hosts Joel Anderson, Mike Brown and Alexander Tostawaryk got together with The Nugget's Linda Hoang this week for a hilarious Q&A.

L: What is your show about?

J: It's a morning show.

A: Based on talking.

J: We play music.

A: Man music.

J: We talk about the weather.

A: Man weather.

J: It's basically a morning show where we play on a bunch of man puns and we say the word man a lot.

L: The show is called The Manchine, how did you come up with that name?

A: One day in class we were talking about these washing machines and how easy they were to use by a man. So I was thinking you know, a man machine, a Manchine. It was so perfect. Originally people thought that The Manchine was just another word for a guy's junk.

L: But it's not?

J: It could be. It could be a euphemism for a male reproductive organ.

A: It's anything you want it to be.

L: Do you all consider yourselves to be fairly manly?

A: I would hope so.

J: At times.

M: I try to be.

L: How can you gauge if you are manly?

J: Basically, just by how ignorant you can be, how masculine you can make yourself, how over-the-top G.I. Joe you can be.

A: How shitty you can treat women.

M: Basically when you walk down a hallway crowded with girls, and how many of them turn their heads to look at you, that's how manly you are.

L: If you could give a tip to a boy at NAIT, wanting to become a man, what would you tell him?

A: Stop being a [p\*ssy].

J: Learn how to dip an Oreo.

M: Don't wear a jacket in the winter and don't be afraid to suit up.

L: What about girls? Do you not want girls to listen to your show?

J: For the girls it's probably especially hilarious to listen to us because we're being idiots, we're being ourselves.

M: It's like opening up a book to our lives.

A: But we're here to answer questions for men so they know how to be a man properly.

L: So can men call in?

A: Women, men, anyone can call in.

J: Yeah this isn't a clubhouse where it has like a "No Girls" sign, well, I mean, yeah it is but you know.

L: Is it a problem that the show is so early in the morning?

M: No.

J: I think it's a problem that it's only an hour long.

A: I mean on our first day we had a crowd waiting outside the station listening in.



Joel Anderson, Alexander Tostawaryk and Mike Brown in the studio.

Photo by Linda Hoang

M: Sure, they might have been waiting for their class to start but I saw them smiling once in a while.

L: Do you think there's too much testosterone in this show?

J: Absolutely not. We're not yelling in the microphone.

A: I think we've got a good level. We're not being douche bags.

J: Well we try not to be.

M: But it happens.

L: Who is your celebrity man crush?

J: If I had to pick a man to idolize, I'd prob-

ably pick Matthew McConaughey.

M: Hugh Jackman.

A: Samuel L. Jackson.

J: Those are three manly men.

L: Any last words?

A: Do you look for guidance as a man? Tune into The Manchine, we'll show you way.

J: I like pie. Probably going to eat one right now.

M: Word.

The Manchine airs every Tuesday from 7 a.m. to 8 a.m. on campus and online at <http://nr92.com>.

## Tea-bagging time

By KITA MURU

Halo is a series that either musters feelings of joy or frustration in many gamers. Halo 3 ODS, which was meant for an expansion pack, but is now a fully fledged piece of the halo story, has arrived. ODS takes place between Halo 2-3 and puts you through the eyes of The Rookie.

You are an Orbital Drop Shock Trooper (ODST) dropped to earth. Your task is to deal with the covenant invading New Mombasa, while Master Chief goes out hunting covenant and flood in outer space. The city is on a day/night setting through a hub-world. Day sections are action packed events set through the eyes of your squad mates before your arrival. You go through the night sections, picking up clues towards what happened in the city before your arrival, and deal with Covenant foes in the night sections.

The hub-world design of New Mombasa looks incredible at both day and night, however the soldiers could have looked sharper. This is due to being on the same engine from Halo 3, but tweaked so that it looks better. The sound design from voice acting, to the soundtrack, to the sounds of the weapons and enemies is classic top-notch Halo.

The gameplay is fine tuned while maintaining a solid pace from action to exploration. There is no dual-wielding, but you get more grenades to



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hold. The game is still easy, accessible on normal, hard on heroic and headache inducing on legendary (solo or co-op). The ODSs have it tougher this time. Falls hurt, bullets hurt more and health packs and those night vision goggles are a necessity. But on your side is the super intendent, an AI program that aids you throughout the city.

The weapons and items are similar from previous Halo games. Now you have a silenced sub-machine gun for when you want to be silent and deadly. You also get the awesome pistol from Halo Combat Evolved, not the crummy Halo 2-3 pistol. The online multiplayer is still great, and it has firefight, which is basically Horde from Gears 2 with four friends, under the Halo scheme. The second disc has all of the Halo 3 maps plus new ones, which is pointless if you already have them. Also there's the key towards the Halo Reach beta.

ODS is an excellent game like the first Halo, but it's probably too small for its price tag for the average gamer. Fans will rightfully grab it, the campaign is exceptional even though short, and the multiplayer is solid save for some matchmaking issues. If price isn't an issue, what is in Halo 3 ODS is absolute brilliance. Rent it first to avoid being disappointed.



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# Take a ride on the GravyTrain

By TYLER DAIGNAULT

"It's kind of like *Starsky and Hutch* meet David Lynch doing *Twin Peaks*, if David Lynch had more of a sense of humour."

Tim Doiron's description of *GravyTrain*, the new feature-length film by him and his creative partner, April Mullen, could not be more spot-on. Chosen as the closing night gala film at the Edmonton International Film Festival this past Saturday, the film is a far cry from the pair's first theatrical foray, the mockumentary *Rock, Paper, Scissors: The Way Of The Tosser*.

Whereas RPS played it pseudo-straight with great effect, *GravyTrain* "is just a real good time. Wacky, even, I guess you could say," says Doiron. "Eccentric, too," declares Mullen.

In *GravyTrain*, Doiron plays Charles "Chuck" Gravytrain, a ne'er-do-well cop bent on putting the serial-kill-villain, Jimmy Fish Eyes, behind bars in the small town of Gypsy Creek. Mullen plays his newly minted partner, big city cop Miss Uma Booma, whose greater competence hides her own sordid past. Also involved are big and small screen veterans like Canadians Colin Mochrie, Jennifer Dale and Peter Keleghan. Even Canadian rock legend Alan Frew, former lead singer of Glass Tiger is on board, and probably most surprisingly, *Saturday Night Live* alum Tim Meadows.

How did Doiron and Mullen secure such talent for a small Canadian film? It helps if you've worked with the actor before. Mullen, whose first film credit is as a teen lover in Meadows' SNL skit-turned-feature, *The Ladies*

*Man*, approached Meadows' manager. As Mullen recounts, "I approached (the manager) and said 'I was 16 when I did *The Ladies Man* and could Tim just read the script?' And he loved it! And it was easy after that, because the role was written for him."

*GravyTrain* is a visually pleasing trip into semi-'70s buddy cop parody, but the discussion of its creation does require a look into its creation pedigree. *Rock, Paper, Scissors* and its subsequent DVD distribution through Alliance Atlantis, one of Canada's biggest distribution companies, allowed Doiron and Mullen entrance into uncharted territory – a larger budget for their next picture. And that larger budget allowed them not only a larger and more identifiable cast, but more time to flex their filmmaking skills, which they developed while creating RPS.

"The training we had with RPS with the seven-day shoot definitely came in handy when dealing with so many vari-

ables, like stars and other people, because it can get hairy at times," relates Doiron. The hardest part, they say, was getting RPS seen.

Doiron and Mullen, costumes and attitudes in tow, did all of the promotion themselves. They toured the country coast-to-coast, showcased at festivals, did every media interview they could get and conducted screenings and tournaments at colleges. As a result, the film became a critical and audience hit and had widespread recognition, almost unheard of for an independent Canadian film, even in its home country.

Though the creative duo achieved great heights with *Rock, Paper, Scissors* all over Canada and even in the U.S. and the U.K., there is one city that they credit with having a major influence on their success: Edmonton.

"It's our second home!" exclaims Mullen, to which Doiron adds, "We love E-Town. Edmonton took a risk on us with our first film and we owe all of our success up to date to Edmonton. We met people who loved the film, and that led to meeting people at Telefilm, then Alliance and that enabled us to get distribution and the ability to make our next film."

It's been a long, arduous, but fruitful journey for the once grad-class president and former Miss Teen Niagara, but the journey won't stop to rest on its laurels.

"We've already started writing our next one and we're really excited," reveals Mullen. Doiron adds, "I think we're just going to stick to movies for a while. I think my days of trying to run a classroom are over, although I think April may give another run for Miss Canada."

## Edmonton International FILM FESTIVAL

# Try a pint or two at The Pint

By MacKENZIE MARSHALL  
Issues Editor

Hockey and beer go together like Colleen Nuc and adult films. Like most people who're not good enough to make the NHL, I live my dreams of professional hockey through a variety of food, High Definition Television and sweet mixtures of fermented starches washing it all down.

Since I don't have season tickets to Edmonton's emotional puppeteers, I get my professional sports buzz elsewhere.

On a Saturday night in Edmonton, you've got your pick of places filled with blue and orange clothing, and depending on 23 individuals, happy or sad drunken patrons.

This Saturday, try checking out a new sports bar in Edmonton, The Pint. I checked it out one weekend, and the first thing you'll notice is

that there are televisions everywhere, 42 in total. It got pretty packed in there, but you can always see the game. It's a nice change from most other places. My friends and I found a booth, and we were quickly greeted by a friendly waitress. She impressed us all when she recited the types of beer available from their impressive list. I don't remember the exact amount, but it



has domestic favourites and an impressive selection of imports.

The first round of drinks went down faster than I thought they would, which I have the Oilers to thank for that. I wanted some food, and there's a great selection. Burgers, wings, nachos, the list goes on. It's not all pub food though. Like most places these days, there's something for every-

one. I went with a spicy blue cheeseburger, and it didn't disappoint. A great feature of the menu is that you can choose to have

your burger with beef, chicken or buffalo meat. It's been done before, but it's great having the choice.

The Oilers picked up their play, and we picked up the drinking. Looking over the menu again, we decided to get some nachos. Like the Calgary win that night, the nachos weren't very good. The chili on them didn't work with everything else. The staff was great about it. They brought us a different plate, and when those weren't enjoyed anymore than the first, they were removed from our bill. All of this probably could have been avoided if we asked for the nachos without chili, but good ideas always come after they're needed.

The Pint doesn't bring anything new to the table, but it does the traditional pub atmosphere well. The food and drinks are impressive and are priced competitively. Check it out. Your cup of tea might be more like a pint.

## PB & J

By KATHY LE

### Shrimp cocktail layered dip

I made this week's recipe as part of the weekend's Thanksgiving meal and it was a hit with everyone. This shrimp cocktail layered dip is so delicious and super easy to put together that the only thing you'll have to worry about is saving some for other people.

#### The Stuff:

- 1 brick of softened cream cheese
- ¼ cup of mayonnaise
- 1 cup chopped green peppers
- ½ cup chopped green onions
- 1 lb. of cooked, peeled, chilled and chopped shrimp
- 1 cup cocktail sauce
- As much mozzarella cheese as you

like.

#### The Magic

1. Mix the cream cheese and mayonnaise together in a bowl and spread on to bottom of serving plate.
2. Layer on the rest of the ingredients however you like. I normally like to leave the cheese for the last topping.
3. You can serve at room temperature or warm it in the microwave for 10 seconds.
4. Serve with Ritz crackers.

If you don't eat seafood, then you can leave it out. Or be creative and add whatever you like. Enjoy!



# DJ Kwake is in da house!



**KATHY LE**  
Assistant Entertainment Editor

It doesn't matter the occasion, location or situation, the presence of this energized and lively man is always felt in every room he enters. "What's up, party people?" is the phrase he always bellows to jump start the mood. When people think DJ Kwake, they always think party and having a good time.

Born to the name Archie Caraang, Kwake grew up surrounded by music and developed an interest at a young age while following his father around, who was also a DJ. Over the last 18 years, his absolute love of music and DJing fuelled his desire to pursue this career, starting out with small parties and weddings and progressing to a live gig, *The 5 O'clock Traffic Jam*, on 91.7 The Bounce.

## Learned by watching

"I had no schooling for this," he says. "I learned by watching other DJs and mix-tapes."

Those of you who already tune in to The Bounce are probably familiar with the live DJ hits that stream through your car and encompass your auditory senses on the drive home during the rush hour traffic everyday. Impressively, the sick mixes are spun up live and on-the-spot by DJ Kwake.

Last Wednesday, I sat in with DJ Kwake and Adam McKale during *The 5 O'clock Traffic Jam* to watch their camaraderie turn a 30-minute show into a listener's bliss. The whole place was just pumping with awesome tunes that I knew everyone in their car was passionately singing and bopping their heads to, making the person in the next car give them weird looks (that's OK because if they were 'in' with the program they'd be shaking along with you). Kwake tells me "*The 5 O'clock Traffic Jam* is a mix show that we do during the rush hour

traffic just to get everybody home. It's very high energy and we play hits of today's music or yesterdays favourites."

He explains that before the show goes on air he has the gist of what he will be playing with three to four planned songs at the beginning. However, he never does the whole show beforehand as the rest of the remixes are always done on the fly.

## Loves text messages

"I work off the energy I receive from the people who listen. I love getting text messages in when people tell me that they love my show or that I'm doing a good job," said Kwake.

True to his word, I watched his eyes light up when a listener called in that evening to compliment his work. In addition to working with The Bounce, Kwake also co-manages Urban Metropolis, a promotional marketing company, with his partner Harman B. A brotherhood is the term he coined the partnership he has with Harman. They both started out doing their own thing, Harman throwing his own parties and Kwake DJing, when one day they decided to work together. Their symbiotic relationship has shown much success as Urban Metropolis is known for the crazy parties and after parties they host on the weekends and special occasions.

"In the near future we want to do more corporate activities like Christmas parties and school dances. We still keep in tune with the community and the kids because that's the future right there. We want them to know our name, which is why we throw a lot of all-ages parties, so that when they grow up they'll know who we are," said Kwake.

It is rare that one is able to truly love their job and can say that they would do it for free, but this is exactly how Kwake feels about his career. However, there are always cons to the pros of a job and one of the things he hates are



**DJ Kwake**

Supplied photo

the late nights and driving around. The biggest thing he despises is the fakeness.

"Lots of people come along and say, 'oh you're DJ Kwake,' and then after they are talking about you. The industry is a dirty industry."

Evidently, this has not jolted him one bit into changing careers as he aspires to go on a world tour as a DJ; to be the one that everyone requests and to never have to touch another

flyer. Music is life and it can influence your mood, he told me and if the world were to be rid of music then it would be so quiet. His few words of advice to the NAIT students are "Don't kick me out when I'm flyer-ing you! Whad – up!"

"OK, seriously, do what you guys wanna do. Do what you love to do, whatever it is. Either business or being a chef; stick with it."

# The Hip begin again

By TAYLOR POLLMANN

The pride of Kingston, Ontario, The Tragically Hip, enter a new stage in their career. Their latest project *We Are the Same* moves away from the band's routes from edgy rock featured in their former CDs and enters the land of soft, easy listening tunes. While this CD was made under the watchful eye of Bob Rock, who has produced the work of such artists as Motley Crue, Metallica, Bon Jovi, and the Offspring, it fails to live up to expectations.

Instead of staying on the path that the band was most successful with, it desperately tries to act as the best friend of stations like EZ rock. Granted, the CD does have some very catchy songs that even I had trouble not reciting out loud in the car, such as *Coffee Girl*. Those songs, however, do not overcome the CD filler songs like the outrageous nine-minute song



of the *Depression Suite*. Songs such as these sound like they were made in the rush of the moment if only to get a CD published with a certain number of songs. The band would have been better off if they had kept the four or five quality songs that were produced and waited a year or two until more came along.

This is merely meant in the best way possible because as the CD went on, the songs seemed to blend into one generic song. The best suggestion to listeners would be to download the five songs from sites like iTunes, which would enable you to get the best bang for the buck as possible. One would certainly hope in the future that a better effort would be put in by the band that helped put Canada on the Alternative Rock Map.



## 2009 NAIT Family Campaign

# SILENT AUCTION

### in support of United Way

Friday, October 23, South Lobby, 9am – 3pm

**Featured items include**

- 12.0 mp Kodak camera
- Eskimo football tickets
- Marmot ski lift tickets
- Tim Hortons coffee maker

- Delsey Hyperlite two piece luggage set
- Private lunch for two with Dr. Shaw at Ernest's
- Three day car rental certificate

...and many more!

**WE SUPPORT**

For more information:  
Nicole Parker  
Department of Advancement  
780.471.7409 | nicolep@nait.ca  
www.nait.ca/familycampaign

# EDMONTON'S BIGGEST HALLOWEEN PUB CRAWL



## CREEPY CRAWLER 5

OCT. 31

### TICKETS ON SALE NOW!

TICKETS AVAILABLE AT ALL **ticketmaster** OUTLETS  
AND AT [EDMONTONPUBCRAWLS.COM](http://EDMONTONPUBCRAWLS.COM) 451-8000 ticketmaster.ca

PH: 70-CRAWL EDMONTONPUBCRAWLS.COM



# Discover South Common.

Nov. '09



**SOUTH COMMON**



## JOB FAIR

Noon - 3pm This Saturday & Sunday  
at Hudson's Downtown - 11248 104 ave  
Visit [www.hudsonstaphouse.com](http://www.hudsonstaphouse.com) for more information





# Vehicle safety



Do you know where your car is? Are you sure? Did you know ...

- Every day more than 45 vehicles are stolen and nine are never seen again.
- Everybody's vehicle is a target for thieves, including family sedans and trucks.
- Vehicles are stolen whenever the opportunity presents itself, but mostly between the hours of 1 a.m. and 5 a.m.
- Statistics Canada reports NO criminal charges are laid in more than 80 per cent of vehicle thefts in Alberta.

## How do you keep your vehicle safe?

No vehicle or anti-theft device is 100 per cent theft-proof and discouraging thieves is not

an easy task. A thief's greatest enemy is time. The more difficult your vehicle is to steal, the more time it takes to be stolen. Courtesy of Edmonton Police Service and AMA, here are some tips to make that thief move on to an easier vehicle:

- Always lock your vehicle, even when you are only going to be a "minute."
- NEVER leave your vehicle running.
- Park in a well-lit area unless you have a garage.
- If you have a garage, USE IT.
- Be careful with your keys, put them in your pocket.
- Secure your registration and insurance

documents; they have your home address.

- Completely close car windows, including sunroof, when parking.
- Install a car alarm or steering wheel locking device.
- Turn your stereo off before you get to the parking lot.
- Park with your wheels turned towards the curb.
- Back into your driveway if you have a rear-wheel drive or four-wheel drive vehicle.
- Never leave valuables where they can be seen and remove portable items.
- Engrave expensive accessories – join Operation Identification.

• Join the STOP THIEF program sponsored by AMA.

- Drop business cards, address labels or other ID inside vehicle doors.
- Activate your vehicle's security system.

If you have information about a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). Your identity will remain anonymous, and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.

Visit our website for more tips and information: [www.nait.ca/security](http://www.nait.ca/security).

# Dr. CONwisdom

Dear Dr. Conwisdom,  
I've been with my girlfriend for a while now. I feel like my youth is passing me by (you know to see what's out there). Should I indulge and not tell, or stay true forever and ever?

Sincerely,  
Hard Decision

Dear Hard Decision,  
If you're young and you're having these feelings, you're not ready to

settle down. Tell your girl the truth, and see what happens. Be prepared for the worst, though. If you can't bring yourself to tell her, you better not get caught.

...

Dear Dr. Conwisdom,  
My boyfriend and I have a pretty good sex life. However, I want to take it to the next level. What can I do to get his attention?

Sincerely,  
Wild Child

Dear Wild Child,  
Don't be shy. If you want to get crazy and try something new, take charge and tell your man how it's done. Next time you're in bed with him, grab the back of his head and say, #\$\$\* THE @!%& OUT OF ME! That will get his attention, and leave him with a night he'll never forget.

...

Dear Dr. Conwisdom,  
I thought a threesome would

take my relationship to the next level. He and the other girl had a lot of fun, but I ended up on the sideline. It was a twosome with audience of one. Should I look for a new boyfriend?

Sincerely,  
Stuck in the middle

Dear Stuck in the middle,  
If you're at the point where you need threesomes to keep the relationship going, the end was

pretty close anyway. It's probably best to cut your losses and move on. Never let your man taste a different kind of pie unless you're sure that he's going to come back for yours.

Do you have any personal questions you want answered? Send an e-mail with your concerns to [conwisdom@nait.ca](mailto:conwisdom@nait.ca) and your sex doctor will have your "prescription" ready for you the following week!

UNLEASH YOUR INNER  
**Rock Star**

**With Karaoke  
Every Wednesday  
Night at The Nest!**

[www.nait.ca](http://www.nait.ca) **The Nest** **facebook**

## Big Brothers Big Sisters

Kids with great mentors are more likely to attend schools like NAIT immediately after graduating from high school. Volunteer today through one of the flexible mentorship programs with Big Brothers Big Sisters.

You don't have to change your life to change theirs.

**Call 780-424-8181 or apply online at**  
**[www.bbbsedmonton.org](http://www.bbbsedmonton.org)**

**Wildlife Rehabilitation Society of Edmonton**  
Compassionate Care of Injured and Orphaned Wildlife

**Run Wild for Wildlife**

**HALLOWEEN FUN RUN**

5 km Run or 2.5 km Walk  
Sunday, October 25, 2009  
11:00 A.M.  
William Hawrelak Park

**Support Edmonton's Only  
Wildlife Shelter!**

**CTV** **Running Room**

Register online at [www.runningroom.com](http://www.runningroom.com) or call the Running Room at 780-433-6032  
For more information, email [runwildforwildlife@wildlife-edm.ca](mailto:runwildforwildlife@wildlife-edm.ca)

# HOT SINGLE OF THE WEEK



Photo by Raymond Ip

## MacKenzie Marshall

**Three words to describe yourself?** – Passionate, complex and spiritual healer.

**What do you look for in a girl?** – A woman who's confident and intelligent. I'm over girls who like to be walked all over.

**What do you notice first in a girl?** – Eyes and teeth first, then the ass. Always in that order.

**What is your favourite part of your body?** – I like my hands. My feet are pretty legit too.

**What kind of music do you listen to?** – I have everything from CCR to Rachmaninov, to Naughty by Nature, to Bloc Party. If it's good, I listen.

**Boxers, briefs, or commando?** – Boxer-briefs. It's the best of both worlds.

**Hobbies?** – Working out, writing, sports and shopping.

**What do you want to say to the ladies at NAIT?** – Make the most of your time here. There's no better life than the life of a student.

*Are you hot and single? E-mail us at [entertain@nait.ca](mailto:entertain@nait.ca)*

## STUDENT EMPLOYMENT

NAITSA (NAIT Students' Association) is now accepting applications for the following:

### VOLUNTEERS

- Will help carry out events and other NAITSA initiatives. If you need hours for a class, stop by NAITSA and we will find a position that suits your needs and interests.

### EVENT STAFF (Cashiers, coat checkers, etc.)

- Casual shifts are available to help execute events.

### FRONT DESK ASSISTANTS

- Students needed to work over the lunch hour 11 a.m. to 1 p.m.
- Answering the phone, faxing and the ability to multi-task is an asset.

### SUDS SECURITY

- Supervise and ensure student events are safe.
- Check IDs and ensure policies and procedures are followed.
- Guards will be expected to complete a training program (provided) before starting any shifts.

**Application forms available in E-131, or submit a cover letter and resume to Shannon Marshall at the NAITSA office.**

## Need extra cash??

Student workers needed for the Imaginus Poster Show:

- Three students needed on Oct. 26 for setup from 8:30 a.m. to 11 a.m. in the North Lobby. \$12/hour, heavy lifting.
- Two students needed to hand out flyers on Oct. 26 and Oct. 27 from 11 a.m. to 1 p.m. \$10/hour.
- Three students needed for teardown on Oct. 27 from 5 p.m. to 7 p.m. in the North Lobby. \$12/hour, heavy lifting.

**Please see Mary Cumberbatch in E-131 (NAITSA office) to apply or e-mail her at [mcumberb@nait.ca](mailto:mcumberb@nait.ca)**

## Are you an Aboriginal student attending NAIT?

If so, there is a centre right on main campus designed specifically to meet your needs! Unique features of the centre include cultural awareness, mentorship programs, Aboriginal funding options, Aboriginal scholarship and bursary information, community referrals, full use of kitchen facilities, coffee for students and business services such as fax and computer access. The EnCana Aboriginal Student Centre is a great alternative for students to study and work. Even if you are not self identified through NAIT, you are welcome to utilize all available services at the Centre! The EnCana Aboriginal Student Centre is available Monday to Friday, 8 a.m. to 4:30 p.m., in E-Wing, Room E-121.

Questions? Please feel free to contact Victoria Cardinal, Manager of Aboriginal Student Services @ (780) 471-7839, or at [vickiec@nait.ca](mailto:vickiec@nait.ca). We look forward to seeing you at the centre. Drop in any time.

# CLUBS CORNER




## Oktoberfest

**OCTOBER 15 @ 3:30**  
**BEER & BRATWURST**  
**CHEAP BEER @ THE DOCK**




**LEAVE YOUR CLOTHES AT THE PARTY!! STUFF THE BUS CLOTHING DRIVE**

## BAKE SALE



**THURSDAY, OCT 29, 2009**  
**IN FRONT OF THE NAITSA OFFICE**



**9:15-1:15**

## Upcoming...

### Electronics Engineering Tech Society

Event: Speed Cabling Competition  
 When: Thursday, Oct. 30;  
 11:30 a.m.-1:30 p.m.  
 Where: NAITrium

### Biological Sciences

Event: Beer Garden  
 When: Thursday, Oct. 30;  
 3 p.m.- 11 p.m.  
 Where: Business Tower  
 8th Floor Lounge

### NAIT Architecture Students Society

Event: Pancake Breakfast and BBQ  
 When: Thursday, Oct. 30;  
 7:30 a.m.-2 p.m.  
 Where: Annex Dock

### NAIT Architecture Students Society

Event: Eskimo Ticket Sales  
 When: Oct. 1-30  
 Where: NASS Paper Store

### Business Connex

Event: BBQ  
 When: Thursday, Oct. 15;  
 11 a.m.-2 p.m.  
 Where: Outside Business Tower

## Business Connex of NAIT

Coat of Arms Competition

Business Connex is looking for students to come up with an original logo to represent Business Connex of NAIT

Criteria Professional, Must hand in three sizes (S, M, L)

"... Connecting students with students ..."

Due date: Oct. 13, 2009

Questions & Submissions to [gpillai1@ookmail.nait.ca](mailto:gpillai1@ookmail.nait.ca)

Winner will receive ...

**ONE PAIR OF**

## OILER TICKETS!!!

Join us for a BBQ on Oct. 15 outside the business tower where we will announce the winner!

# Halloween Beer Garden



Hosted by: Biological Sciences  
 Location: The Tower (8<sup>th</sup> floor, T-building)  
 When: Friday, Oct. 30

Time: 3:30 p.m. – 12 a.m. (Taps turn off at 11 p.m.)

## ALL WELCOME



# Your horoscope



MADAME O

## Oct. 16-Oct. 22

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

### Aries (March 21-April 19)

You are overworked and underpaid, but hey, at least you have a job!

### Taurus (April 20-May 20)

You will have a long and full life,

even though, if you're not careful, much of it may be spent in jail.

### Gemini (May 21-June 20)

You will make a drunken Much Music VJ search video and make it into the Top 10. You will be so nervous in front of the cameras that you will make a fool of yourself in front of Cardinal Offishall.

### Cancer (June 21-July 22)

You will walk down the hallway today and see a good-looking individual smiling and waving at you. You will enthusiastically wave back only to realize that he or she was waving to someone standing behind you. You will feel awkward for the rest of the day.

### Leo (July 23-Aug. 22)

Today is a day like any other. Try not to expect too much from this segment of 24 hours.

### Virgo (Aug. 23-Sept. 22)

You may try to starve yourself today to lose some unwanted Thanksgiving weight, but will end up binging on a jumbo box of Fruit Loops by mid-afternoon. You will tell yourself that you'll start dieting tomorrow.

### Libra (Sept. 23-Oct. 22)

You will have a sneaking suspicion that someone is watching you. You will be wrong. Nobody is watching you, so stop being so self centred.

### Scorpio (Oct. 23-Nov. 21)

You will find a wallet on the ground this week and come to a moral crossroad. You will then decide to return the wallet to its rightful owner, who happens to be a Red Bull rep, and he will give you a lifetime supply of Red Bull. You will become an insomniac.

### Sagittarius (Nov. 22-Dec. 21)

Any rumours about a special someone you've had an eye on will come true this week, so heads up!

### Capricorn (Dec. 22-Jan. 19)

Temptation is everywhere, especially if you're willing to look everywhere for it. But temptations are not harmful until you get drunk and make a pass at your buddy's girlfriend.

### Aquarius (Jan. 20-Feb. 18)

You'll fall victim to late night commercials and become the proud owner of a Snuggie, which is a blanket with sleeves.

### Pisces (Feb. 19-March 20)

You will watch an old rerun of *The Bugs Bunny and Tweety Show* and attempt to recreate a hilarious "ACME" gag on one of your friends. You will then be charged with manslaughter.

**NAIT Video Gamerz**

**PRESENTS**

**First Meet & Greet**

Calling all gamers! Come join us at our first meet and greet session, we welcome you and your suggestions!

**OCTOBER 20<sup>TH</sup> 2009**

Tuesday @ 4:30pm.

HP Center 1st floor mid-section study space.



Colleen Nuc  
and  
Brittany Black

# What would you rather be doing today?



"Playing NHL10 on Xbox."

Cody Scholze  
Pre-Tech



"Snowboarding."

Dustin Dirks  
Pre-Tech



"Snowboarding."

Tara Ostashek  
Pre-Tech



"Shopping."

Kayla Lamouche  
Pre-Tech



"Go to West Ed."

Heather McNish  
Pre-Tech



# DON'T TOSS YOUR EMPTIES COLLECT 'EM & WIN!

Lake Louise ski weekend  
for you and 20 friends  
or an Apple MacBook.

Enter to win at  
Dont Be A  
**TOSSEr**  
.com



For more details, visit [www.dontbeatosser.com](http://www.dontbeatosser.com). Contest ends October 19, 2009. Must be 18 years of age or older to enter. Prize value varies based on travel, ski lift and hotel costs. Bottle depot receipt must be presented to claim prize. Open only to registered students at post-secondary institutions in Alberta. Offer is subject to change without notice, and may not be combined with any other promotion. Certain restrictions apply.