

NEXT NUGGET ISSUE ON Nov. 5

THE NUGGET

Thursday, October 22, 2009
Volume 47, Issue 8



Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

SENATE VOTE AHEAD

Two NAITSA senators needed for
Department of Undergraduate
Studies, story page 2

INSIDE:

Clubs Corner: Page 22

Dr. CONwisDOM: Page 20

Editorial: Page 7

Entertainment: Pages 12-17

Horoscopes: Page 23

Hot Single: Page 21

Mouthing Off: Page 17

News: Pages 2-6

Sports: Pages 8-11

Top of the Week: Page 20



Photo by Claro Cagulada

EVENING THE SCORE

Ook Klaus Figueiredo drives against a MacEwan Griffin last Saturday (Oct. 17) during a game at NAIT. The Ooks avenged a Friday night loss to MacEwan by winning the contest 92-64.

THE nest
Your Campus
Restaurant & Lounge

**Breakfast
of Champions**



**Lunch of
Rockstars!**

Come check out our
fabulous breakfast
features and
lunch specials!

NEWS & FEATURES

Senate seats to be had

By KATHARINE HAY

Students at NAIT will once again be heading to the polls to elect Senate representatives. During the previous Senate elections, students in the School of Applied Building Sciences reached a three-way tie when voting for their second senator. Meanwhile, this will be the first opportunity for NAIT-goers in the Department of Undergraduate Studies to elect their two Senate representatives.

This byelection has the same format as the regular Senate elections. Students in either group will be able to put their name in the hat until Oct. 23 in the NAITSA offices. Nominees will then be able to actively campaign from Oct. 24 to Nov. 3. The campaign period will be followed up by three days where students can vote online, or at polling stations on Nov. 6 in select locations around NAIT.

Timothy Jobs, vice-president Academic at NAITSA, realizes that it will be difficult to bring as much attention to this election as to the regular election.

"We'll have a significant challenge getting students out from the degree program," he said, citing the fact that many of these students are studying

away from the NAIT campuses. Jobs added that he hopes students will come out and vote, despite the tighter leadup NAITSA had to work with promoting these elections.

"There is information on the website" said Jobs, citing the News Updates section of the NAITSA website. (www.naitsa.ca)

After the record turnout for the regular Senate election – which tripled the previous year's voting percentage – Jobs is optimistic about the use of online voting again in this instance.

"We'll definitely be using it (online voting) again" he said, adding that the process of voting will be the same as previously.

During the Senate election, students were encouraged to "vote naked" from home. On Nov. 4, when the online polls open, any student eligible to vote will be e-mailed a secure link where they can choose their candidates. The link is also available on the NAITSA website.

For more information about these elections, drop by the NAITSA office at E-131, or check out www.naitsa.ca.

NAITSA Senate 2009-10

Health Sciences

Jonathan Hart
Karen Lawrence

Hospitality

Crystal Arbeau
Nick Pavelich

Mechanical & Manufacturing

Bill Derksen
Robin Hutchinson

Resources & Environmental

Tyler Bernard
Savannah Enright

Business

Govind Pillai
Jocelyn Turner

Electrical & Electronics

Jackie Albert
Mike Konecny

Arts, Science & Communication

Cherish Gambler
Robert Schaub

Applied Media & Information

Armin Ataee
Kathleen Versteeg

Applied Building Science

Jason Riggan
(Three-way tie for second place – byelection to be held)

Undergraduate Studies

(Two Senators to be elected.)

Ecstasy suspected in death



By LONDON HOMMY
Sports Editor

The event was Frost 2009, a rave party at West Edmonton Mall's Event Centre on Oct. 12. At around four in the morning, 19-year-old Zachary Lamb from Okotoks collapsed after supposedly ingesting two ecstasy pills.

Trevor Binkowski saw the victim and described the scene in detail.

"Paramedics made a circle around the guy, police were there. He was on a stretcher, frothing at the mouth and they even had a strap over his head to hold him down. Some people couldn't care less and just kept dancing while others just stared. I stared for a while then moved on."

Lamb was taken to the hospital, where he died shortly after.

It was the fourth ecstasy-related death in the Edmonton area in less than a year. Last March, two teenage girls from the Paul Band west of the city died after taking the drug. In April, a 14-year-old girl was taken off of life support after ingesting ecstasy at another all-ages event.

Often homemade, the strength of each pill is unpredictable; meaning what could kill one person may not affect another. Medical experts say three potentially fatal complications are high blood pressure, fluid retention and body temperature changes. When high-energy activity like dancing is involved the risk increases.

Police say many young people either don't know or don't care about the dangers of using ecstasy. It's something they hope will change.

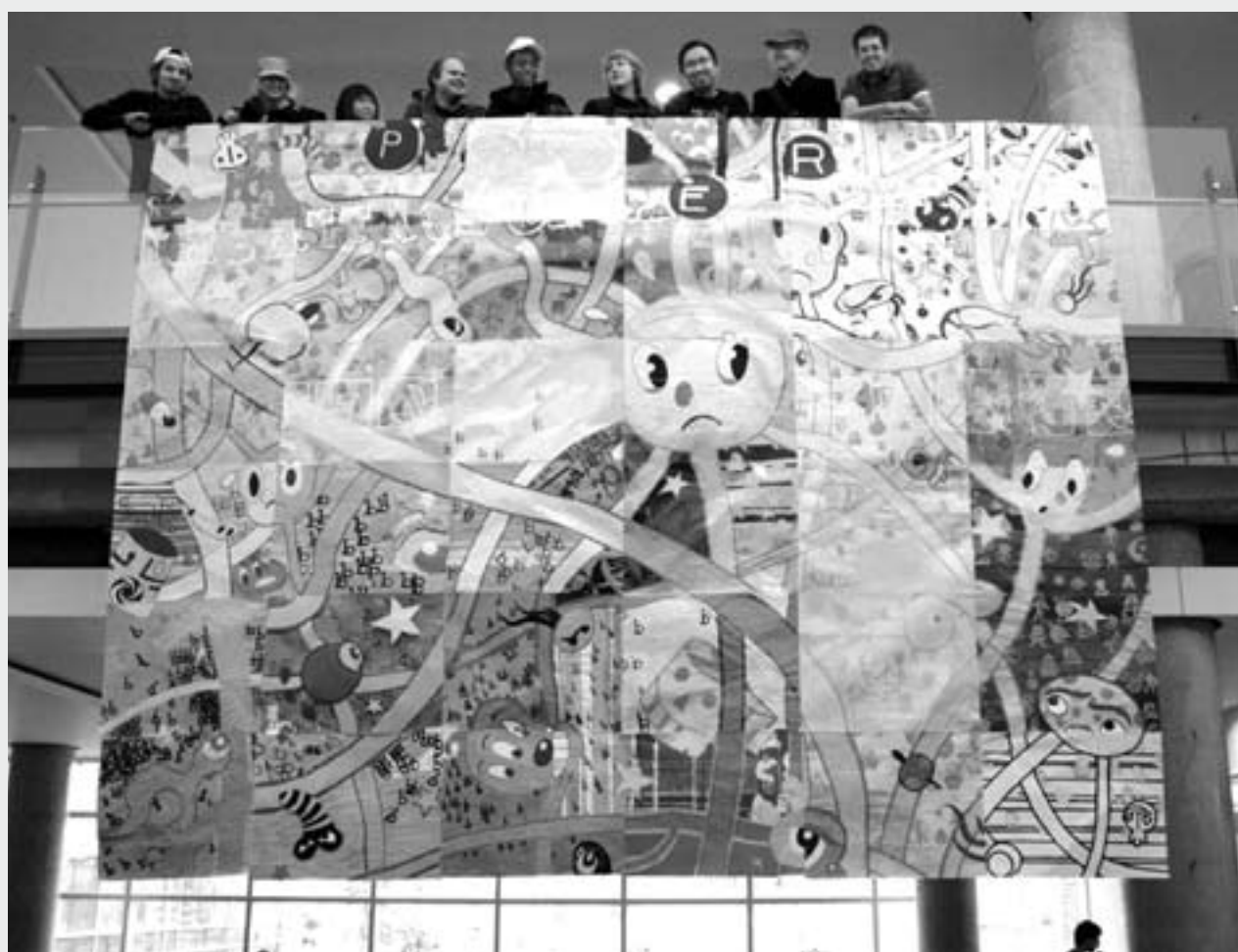
"Hopefully everybody that hears of these (deaths) will think twice before they take ecstasy or any other unknown drugs," says Det. Neil Thompson of the Edmonton Police Service. "It just comes down to making the right decisions."

The "hug drug" has long been popular among rave-goers. Even though Trevor Binkowski hasn't tried the drug, he understands why teens are attracted to it.

"Drugs do give people energy, and that's why they can dance

till six in the morning."

Police arrested two young men for possession and manufacturing the drug, but there is no word on whether they supplied the victim.



GESTALT AT NAIT

Supplied photo

Students in Graphic Design visually depict how design can go from chaos to a whole; impacting how society looks at ideas and design.

Saving Californian cuties



BRITTANY BLACK
Assistant Issues Editor

It all started about a year ago, as an initiative of one kind-hearted volunteer. And because of it, over 160 puppies have been saved from “doggy-death-row.” “It” is The Edmonton Humane Society’s *Operation Californian Canine Cuties*.

A volunteer was vacationing last year in central California near Fresno, and visited the local SPCA. She was shocked to see that over 11,000 dogs were being put down every year at this particular SPCA due to an overpopulation problem. So, she wanted to do everything she could to try and save some lives. She started by bring about five or so dogs back to Edmonton at a time, so that the Edmonton Humane Society could try to adopt them. Eventually this initiative caught wind and one of the Humane Society’s largest donors, Jan Folk, decided she wanted to help. Jan had access to a private jet and it was coming up to Edmonton this past June. She said she would fill the plane with as many dogs as possible and promised that whenever her jet is coming to Edmonton, and there is space, she will fill it with dogs.

So, on Thursday, Oct. 8, 83 small-breed dogs were airlifted to Edmonton and the first puppies were up for adoption by Saturday. Since then, all but four of the dogs have been adopted into lov-

ing homes. Some of the dogs that arrived had been found starving in dumpsters and others left on the streets to fend for themselves.

Shawna Randolph, Humane Society media relations co-ordinator, says that “most of these dogs are the very popular small breed dog, that are very hard to come by here without people having to go to pet stores or answer online adds, where in many cases those dogs are supplied by puppy mills and sold to people without them realizing. People will spend up to \$1,000 or more for a Chihuahua.

“So we want to be the constant supplier of these very popular small breed dogs to try and put some

sort of dent in the puppy mill industry. That was the main reason why this program was launched,” says Randolph.

Hundreds of people were eager to meet the dogs on Saturday and waited in line for the Humane Society to open its doors. watched loving owners come to find their perfect pet: “Once I heard the story, it melted my heart. It was really sweet, and it really motivated me to want to adopt,” says Shawna Sullivan, a prospective adopter. It is expected that the last four puppies will be adopted by the end of the week. To see some of the surviving pups, go to www.edmontonhumanesociety.com.



<http://simplylightphotography.wordpress.com/>

Syncrude wants you!

By RYAN FLAHERTY

The prospect of free pizza and pop may have lured them in, but a number of students who showed up at the Shaw Theatre last Wednesday (Oct. 14) for Syncrude’s information session left with their eyes and ears opened to the numerous career options offered by the company.

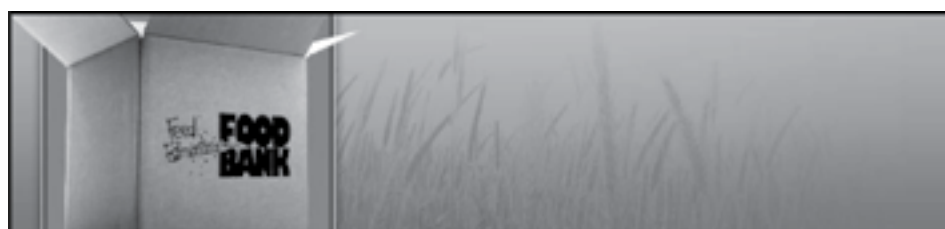
The purpose of the information session, as well as the displays seen in the South Lobby, the Spartan control centre and outside the NAIT bookstore, was to give students a chance to learn about the many opportunities offered by Syncrude, one of the largest producers of crude oil from Canada’s oil sands.

“The intent is to give the audience an understanding of what Syncrude’s all about and what Fort McMurray’s all about – so that they can make an informed decision in the future instead of saying, ‘I’m not applying for a job up there, way up in a frozen camp’,” explained Dominic House, a human resources recruiter with Syncrude.

Jeremy Wong, a Syncrude materials and inspections group leader, added that the information session “provides a forum for the students to be able to have face-to-face contact with us and ask questions that they may have. These are not the kinds of questions you get answered over the phone.”

The group of students Syncrude is trying to reach with sessions such as the one held Wednesday is very diverse. Electrical Engineering Technology, Instrumentation Engineering Technology, Industrial Heavy Equipment Technology and Materials Engineering Technology are just a few of the programs at NAIT from which Syncrude draws employees.

House said many members of Syncrude’s workforce actually begin their careers while still in school. “A lot of our permanent employees initially come in as students,” he said.



The Bookstore is collecting donations for the Food Bank. If you can help out your fellow students & community we would welcome your donation.

With each donation you receive a coupon for \$5 off NAIT imprinted merchandise.

Full details in store.

3rd Annual Balloon Pop! October 29th

Starts at 7:30am & continues until all balloons are sold...they sell out fast!

Two bucks a pop! Every balloon has a prize!!

Prizes range from chocolate bars & soda pop to Oilers hockey tickets & other Oilers merchandise.

All proceeds go to the United Way.

WE SUPPORT



United Way



BOOKSTORE

The Nugget

Room E-128B
11762-106 Street
Edmonton, Alberta
T5G 2R1
Production Office 471-8866
www.thenuggetonline.com

Editor-in-Chief

Chris Carmichael-Powell
studenteditor@nait.ca

Sports Editor

Landon Hommy
sports@nait.ca

Assistant Sports Editor

Curtis Binkowski
sports@nait.ca

Entertainment Editor

Colleen Nuc
entertain@nait.ca

Assist. Entertainment Editor

Kathy Le
entertain@nait.ca

Issues Editor

MacKenzie Marshall
issues@nait.ca

Assistant Issues Editor

Brittany Black
issues@nait.ca

Photo Editor

Raymond Ip
photo@nait.ca

Production Manager

Frank MacKay
fmackay@nait.ca

For advertising, call 471-8866
or e-mail: fmackay@nait.ca

Submissions encouraged: studenteditor@nait.ca

The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we’re a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don’t sweat it. We won’t publish your phone number, but we do need to list your real name.

It’s all good. Getting something off your chest is downright therapeutic. Write us.

NAIT loses an icon

By SAMANTHA SILVA

Jim Kimball's standards for students were simple. It's best to learn by relying on our teachers and with hard work and determination, we can achieve high end art.

When Jim Kimball passed away Sept. 30 2009, NAIT lost a part of its history. Jim was one of the first teachers to teach in the Photographic Technology program.

Born on Jan. 23, 1924, in Waukesha, Wisconsin, Kimball always had a deep sense of patriotism. Too young to enlist in the war, Jim got a job as a photographer with the American Navy. Once given the freedom he always longed for, Jim had some amazing adventures. He flew off aircraft carriers and photographed the Empire of Japan surrendering to the Allies onboard the USS Missouri, ending the Second World War. He graduated from the California Arts Center of Design post-Navy, became a professional photographer and joined NAIT in 1963.

Former student Randy Zutter, now chair of the Photographic Technology Program, remembers Kimball fondly.

"I learned a lot from Jim Kimball, mainly in areas of professionalism and care for the craft of photography. I have many fond memories of our times together. Photographic field trips to the mountains were a highlight of student times with JR," Zutter said.

Kimball's daughter, Susan Aldrich, says her dad loved his students and wanted to show how to photograph the simple things such as the beauty in nature.

Robb Douglas, another former student, says some of the fondest memories he has of JR Kimball occurred during his "free choice" critique. He'd frequently take mounted prints he considered to be sub-standard and fling them with great gusto across the room,

attempting to sink them into the waste paper basket.

It was unique motivation techniques like "free choice," that kept his students working hard. As more time progressed, his students had less art thrown in the trash.

"It was almost a shame to see how dejected he would be when we robbed him of this great passion. We became better photographers because of it," said Douglas.

Douglas describes Kimball as "tough, but fair." With a smile on his face, Douglas recalled

the time when Kimball dragged him out of the darkroom and sent him home to sleep off a hangover. "Things like that, you never forget," chuckled Douglas.

Douglas added: "Jim Kimball had a big impact on my career, and he taught me that you will never get anywhere by waiting for something good to happen. You have to aggressively pursue your goals to be successful."

Jim Kimball passed away at the age of 88, and is greatly missed by everyone who knew him.



Jim Kimball teaches a photography class, circa 1965.

Supplied photo

Nothing can stop this lady!



By MacKENZIE MARSHALL
Issues Editor

School isn't always easy. It takes a lot of time to get your work finished. I've even skipped some assignments because I can't find time to finish them. Think of all the work that you have to do, and being deaf on top of that. That's life for NAIT student Selene Cruz, but it hasn't slowed her

down at all.

In fact, overcoming challenges is something Selene has done so often, it's second nature to her now. Adding to her challenge of being deaf, Selene has moved a lot throughout her life. If the moves were all within one country, it might not be that big a deal. The challenge for her has been moving to and from diverse international places like the Philippines, United Arab Emirates and Qatar. She's also lived in the United States and most recently, Canada. Each new place has meant a different type of sign language, so she has learned a new language with each move.

Two sign language interpreters accompany Selene to her classes, but

it still can be a challenge to communicate sometimes.

"One of the challenges I face with the staff is when I'm looking at my interpreters and then I try to watch the instructors. I'm using ASL (American Sign Language), so there's a delay because I'm trying to watch three different people," said Selene.

The interpreters can't always be with Selene, so she's found some ways to deal with communication problems.

"With study groups, when we're working together and helping each other, it can be hard because we don't understand each other. We write notes back and forth and that helps us communicate," said Selene.

On top of the communication difficulties, Selene is also one of nine women in her first year civil engineering technology program, compared to 90 men. Being one of the few females doesn't bother her, though. She chose NAIT because she prefers the practical, hands-on learning approach and the support she's received here.

"I've had lots of support from the Services for Students with Disabilities office, and they've been

great. There's been so much support. I'm new so I'm not sure of everything yet, but hopefully as I get to know the services better, I'll get to take advantage of all the opportunities here."

Selene plans on joining Women

in Technology at NAIT. When she's not on campus, you can usually find her playing a variety of sports. Last year in Montreal, she won a silver medal with the Alberta deaf volleyball team.



Selene Cruz does a little surveying as part of her Civil Engineering Technology Program.



Supplied photo

Volunteers, mostly from NAIT, work on building a model of the Canadian-designed Avro Arrow, the most advanced fighter plane of its day.

A dream job

By ALEX TOSTOWARYK

The Avro Arrow is considered one of the greatest advancements in modern aviation. The Arrow has influenced many of today's modern planes, from commercial jets to many of today's fighter planes.

Back in the 1950s when the Arrow was first produced, it was considered the most advanced fighter plane of its time. The Arrow was so fast it was the only plane in existence that could easily catch and spot the American spy planes of the day. But due to many different influences such as Russian moles and the signing of NORAD, it was decided that the Arrow program be scrapped and all evidence be destroyed, including blueprints, and that all the fighter jets be dismantled.

Life-sized model

But it's now 2009, 50 years after the Arrow was cancelled and Dave McIntosh, chair of the Aircraft Skin and Structure Repair Certificate program at NAIT's Patricia Campus, was given the ask of taking the skeleton of the model of the Avro Arrow and creating a life-sized model.

The skeleton was acquired from Byron Reynolds, of the Reynolds-Alberta Museum. He wanted to see if Dave and any volunteers could get the model completed this summer to celebrate 100 years of powered flight in Canada. The skeleton was used in the docudrama *The Arrow*, which was produced by the CBC.

With just a skeleton and a completed nose, work began on the Arrow.

Dave and all his volunteers – instructors, students, former students and others, worked on refurbishing the model from April all the way to July of this year. This consisted of 500 man hours, not including the drive to and from Wetaskiwin, and the work could only be done on holidays, weekends and after school. Although there was not any extra credit handed out, just to be part of such a project was gratitude enough, but the wrapup party barbecue and the free biplane ride were also pretty rewarding.

To say that the work was all easy would be a bit of an exaggeration. There were times of doubt, with all the travel and man hours needed, but they soldiered on to complete their work in July 2009.

Pride and relief

After completion, Dave's last thoughts were of relief, but also of pride for all of the hard work, dedication and general good workmanship that all the instructors and students put into the model of the Arrow.

The greatest part of it all, though, was seeing the Avro Arrow wheeled out on the opening day of the revelation, shining in the sun. When asked if there are more projects in his future, Dave replied that he may have more projects to complete for Reynolds-Alberta Museum but there is nothing concrete, and future projects may even become part of the curriculum.

PICKYON, GACY, BUNDY, MANSON, MIDNIGHT COWBOY

VILLAGE THEATRE AND FRINGE THEATRE ADVENTURES PRESENT:

THE BONE HOUSE

BY MARTY CHAN

"An unforgettable experiment in fear and dread. This is one show that's not for the faint hearted."
- The List, Edinburgh Festival Guide

OCTOBER 22 TO NOVEMBER 7, 2009

PCL STUDIO THEATRE, TRANSALTA ARTS BARN, 10330.84 AVENUE
FRINGETHEATRE.CA 780.409.1910



Linda's TechTalk

7 reasons to buy Windows 7

**By LINDA HOANG**

Microsoft's much anticipated new operating system Windows 7, hits stores today (Oct. 22), and I was lucky enough to spend some time testing out the sexy new software myself.

Popular technology blog Gizmodo.com, writes that Windows 7 is "solid, more nimble and the easiest, prettiest Windows yet."

And boy, is it pretty.

In fact, that's one of the seven reasons why PC users should buy or upgrade to Windows 7.

Here are the other, less superficial, six:

Windows 7 comes with a brand new task bar that is comparable to Mac OS X's Dock. The taskbar contains large, aesthetically pleasing icons, allowing users to open applications with ease. You can right click on an application for a "jump list," giving quick access to standard commands.

Got too much going on on your screen? With Windows 7's "Aero Shake" feature, you can simply use your mouse to shake the window of the application you want to focus

on and all of the other windows that are open will disappear. Make them re-appear by shaking the window again.

Resizing windows has never been easier with Windows 7's "Snap" feature. Have a window fill your entire screen by dragging it to the top of the monitor, or make comparing two windows side-by-side a breeze by snapping them to the left and right sides of the monitor.

Windows 7 also comes with new shortcut hotkeys. Hold the Windows button and the space bar and all open windows will become transparent so your desktop will be visible. Hitting Win+Up or Down arrow keys will maximize and shrink an active window.

Windows 7 is just more advanced than any of its OS predecessors, which, well, isn't saying much given its most recent predecessor was the oh-so-flawed Vista. The OS includes a 64-bit version that can use 4 GB and up of RAM, which means it's able to work faster and handle more information at a time.

If you have a compatible touch-screen



monitor, you can use Windows 7's new touch interface. With more touch screen cell phones, video game consoles, and computer monitors coming out, Microsoft is smart to keep up with this tech touch revolution.

And did I mention that it's really pretty? Yes, that is a superficial reason but the fact is, attractiveness is a sell point and Windows 7 is very sleek and sexy.

To sum up, as a slightly snobby Mac user who wrinkles my nose at most things PC-related, I thoroughly enjoyed my hour and seven minutes tinkering with Windows 7. I think it's a great new OS.

Of course, it won't make me switch back to PC, but I can see it keeping current PC users from switching to Apple.

Mission accomplished, Microsoft.

NOTICE OF SENATE ELECTIONS 2009

**BYELECTION – School of Applied Building Science
ELECTION – Dept. of Undergraduate Studies**

**Nominations open Oct. 16
Nominations close Oct. 23 at 4 p.m.**

**Mandatory meeting for all candidates
Oct. 23 and Oct. 30, at 4 p.m.**

**Online voting starts Nov. 4 at 12:01 a.m.
and closes Nov. 6 at 4 p.m.**

Poll stations are open Nov. 6 only from 9 a.m. to 4 p.m.

POLL STATION LOCATIONS (Nov. 6 only):

- South Lobby
- Engineering Annex – Main floor by main stairwell
- Outside NAITSA Office – E-131
- Tower – 1st Floor
- Distribution

Watch for the Nov. 5 issue of the Nugget for candidate pictures and articles and watch for them campaigning around campus.

**Thank you for voting
Nov. 4-Nov. 6, 2009!**



SUNDAYS

@ 6PM ON

/ACCESS

The Next Generation of News

OPINION

— Editorial —

Midterm madness is here



CHRIS CARMICHAEL-POWELL
Editor-in-Chief

Midterm week is finally here. Generally, I'm sure students are not excited about writing their midterms. I can't help it, there is something about realizing the semester is officially half over that puts a permanent grin on my face.

Though this week will be packed full of study sessions, catching up on readings and last minute cramming for exams, it's nice to have a weekend free of assignments and dare I say writing for the *Nugget*.

Hey, don't get me wrong, I love what we do in E-128, but let's be honest, I always appreciate a break. You heard me right; there will be no *Nugget* next week because our fabulous editors and wonderful contributors have some much needed "self-educating" to take care of.

Who is harmed?

Self-educating, don't you love this term? I do. I can't be the only student that has to teach himself the majority of his course load when midterms approach because I failed (once again) to preserve the perfect attendance I tell myself I will maintain at the beginning of every school year. But honestly, who cares if I'm in class everyday? Who cares if I choose to take a personal day once a week as needed? Everybody wishes their weekends were three days long, and they should, because it's great. If it keeps me sane and my self-education techniques are able to secure the marks I desire, whom does it harm? No one!

It may however, bruise a few egos among the faculty staff. It must be hard for them to know they attended school for x number of years just to be out maneuvered by the textbook. To be fair, I have some great instructors. Now that I think of it, I like all my instructors, but if you are going to teach me from the same slides that come with the text I just spent \$200 on, I'm going to have a serious problem with that. For the most part, the slides are posted on webct or moodle anyway, so instructors, ask yourself this question, what value are you adding to my educational experience here at NAIT? Well not just me, but every student. How are you personally enriching the experiences of the student body? How are setting yourself apart from the other teaching staff here at NAIT? Well, if you don't have an answer yet, it's time you found one.

Leading by example?

Every day we students are supposed to perform to the best of our abilities, think quickly on our feet, and use our deductive reasoning skills. Every day as instructors you ... read from slides. This hardly seems fair. Whatever happened to leading by example? Because the message I'm getting is saying – don't work too hard Christopher, because when you grow up you can be a teacher and read slides for a living. This is the time of year when faculty members should be making review sheets for their students, setting up additional review classes, and taking a keen interest in every student's education. These are the ways to enrich our education. Not by deducting participation marks on my "personal days."

Good luck on your exams, everyone.



newsrelease.uwaterloo.ca

Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that.
Write us.



SPORTS

WOMEN'S BASKETBALL

Team with heart



By **LANDON HOMMY**
Sports Editor

It's tough to beat a great theme, especially around Halloween. The NAIT women's basketball team picked one close to the heart last Saturday.

It was Philippines Community Night, designed to raise funds and awareness for those affected by the typhoon that has devastated the Philippines over the last month. Numerous activities and fundraising events were scheduled, beginning with all admission fees for the women's game being donated to the cause. There was also a silent auction and a food drive.

Filipino food samples were available throughout the game and traditional dancers put on a very entertaining halftime show. They even played the Philippines anthem before tipoff.

Ooks players Rosalina Hicks and Kriska Bodnar, both of Filipino descent, did much of the organizing. The rest of the team was more than happy to join in.

"We're really involved in the community," said Ooks point guard Molly MacMahon. "But it was great to have a big event and help out toward a specific cause."

Crosstown Dodge-Chrysler matched the funds raised, pushing the total to over \$1,000.

DJ Kwake from The Bounce was invited to do his thing during the game, while NAIT radio student Lance Fabiosa volunteered to PA the event.

Fabiosa, also of Filipino descent, was just glad to help out.

"Any help is good help," says Fabiosa, who was impressed by the atmosphere and involvement of the crowd. The beanbag toss in particular had a lot of people join in and lend their support.

There was a great turnout, as one might expect, and although the Ooks lost the game to the MacEwan Griffins, MacMahon felt they were treated to an entertaining evening. "I think it was a success and a lot of fun. It was a really good night."

Next up is boxing. This Saturday when the ladies play the Concordia Thunder at 6 p.m., they will bring in a professional to strap on the Wii controls and take on someone with some fisticuff skills.

In all seriousness, this may be the coolest idea for mid-game entertainment I've seen while attending NAIT.

Either way, if you ever need ideas for a theme party ...



NAIT's Molly MacMahon gets ready to take a shot during a recent game.

Photo by Claro Cagulada

WOMEN'S HOCKEY

A new year ...

By **TAYLOR POLLMANN**

It's that time of year again. Canada's favourite pastime has entered the rink of NAIT again, through the jerseys of the women in blue.

"Last year, we definitely had a season full of adversity and a lot of things out of our control happened," said head coach Deanna Iwanicka of the Ooks.

Cleaning the slate from last year, the team has brought in a total of 12 new players to the roster, including outstanding recruits of Laura Stosky to help strengthen up the defence and the likes of Kila Keith and Tee-gan Hunt on forward.

While coach Iwanicka has been able to lure these players to NAIT, she has also managed to hold onto the key players of the past. This can be especially important in the competitive ACAC division of women's hockey in which there is little learning time available for the newcomers to fit into the mold.

In the pre-season, the Ooks split a two-game series with the Griffins for their grateful coach.

"The pre-season went great. We played in

the U of A tournament and had some challenging games and then hosted a tournament which we thought went well," Iwanicka said when questioned about the last few weeks.

As the team moves forward in their season, so will the goals that they think they can achieve in the upcoming season.

"We are going to play the first six games of the season, and then sit down and discuss what we hope to achieve."

Those first six games will not be easy, however. Starting off with a back-to-back series against Mount Royal on Oct. 23, and 24, the Ooks then march to Calgary for the beginning of the Halloween Thriller against SAIT, which ends on Halloween at 7 p.m. here at NAIT.

So if you were thinking about the best place to set up a rendezvous with your friends to start Halloween night, look no further.

Simply bring your Ooks gear, wear your favourite costume and come and cheer the Ooks as they grind it out against the hated SAIT Trojans.



Laura Stosky
Bolsters defence

DO YOU KNOW
WHERE YOUR HAND
HAS BEEN?

STOP THE SPREAD OF GERMS

Wash your hands

Cover your mouth when
you cough or sneeze

Stay home when you are sick

 Alberta Health
Services



Visit www.nait.ca/h1n1 for the latest on
the NAIT response to the H1N1 pandemic.



Photo by Claro Cagulada

A NAIT player knocks the stick out of the hands of the Briercrest goalie last weekend as he fights for the puck. NAIT and Briercrest each won a game in the two-game series.

Athletes of the week

October 12-18

Sun Yang Badminton



Sun Yang won the women's singles and doubles events this past weekend at the first ACAC tournament of the season at MRU. After battling several injuries last year, Yang served notice that she is once again the woman to beat in ACAC badminton this season. She breezed through the competition without even dropping a set in singles and doubles. Yang, the third-year Business student, also placed fifth in mixed-doubles and finished the tournament with a 10-1 record. "Yang was dominant this weekend and it was a joy to watch her play again when she is healthy," said NAIT coach Jordan Richey. "She is a great ambassador for our sport, our college and the ACAC."

Natalie Neumann Badminton



Natalie, a fourth-year Business student, had a stellar weekend at the first ACAC badminton tournament of the season. She finished fourth in women's singles, second in women's doubles and sixth in mixed-doubles. The highlight of her weekend came in the women's singles event when she defeated a former CCAA Nationals silver medallist. Natalie is the co-captain for the Oaks first-place team and her play this weekend inspired her teammates and coaches. "Natalie continues to surprise me," said NAIT coach Jordan Richey. "She always finds ways to motivate herself. Her play this weekend was amazing and our coaching staff is so proud of what she is accomplishing".

Joey Vandervet Badminton



Joey had an exceptional start to the ACAC badminton season this past weekend. He posted a 3-1 record in men's singles, only losing to the eventual event winner. He then went on to win both the men's doubles and mixed-doubles events with partners Jonathan Chang and Sinead Cheah. The second-year Medical Radiology student was a true leader for the Oaks all weekend, both on and off the court. "Being a defending Nationals champion has put a target on Joey's back, but his play this past weekend shows that he is ready for all challengers and is willing to put the work in to repeat as a National champion", said NAIT coach Jordan Richey. Joey posted an overall match record of 10-1.

BADMINTON

A great start!

The first ACAC Badminton tournament was held this past weekend (Oct. 17 and 18)

at Mount Royal University. The defending ACAC team champion NAIT Oaks got off to a great start and are once again on top of the standings. The point standings after the first tournament are as follows:

1. NAIT Oaks – 214 pts
2. Concordia – 146 pts
3. Mount Royal U. – 115 pts
4. Red Deer College – 60 pts

Although the Oaks were led by their former national champions Sun Yang, Sinead Cheah and Joey Vandervet, the entire team put forth a tremendous effort and posted some impressive results.

Sun Yang won the women's singles event and teamed up with Sinead Cheah to win the women's doubles before finishing fifth in mixed-doubles with partner Jonathan Chang. Joey Vandervet finished fifth in men's singles and then went on to win the men's doubles and mixed doubles events with partners Jonathan Chang and Sinead Cheah.

Other highlights include an exceptional women's singles victory for the Oaks Natalie Neumann over for-

mer national silver medallist Laura Fong of MRU.



Jonathan Chang



Sinead Cheah

Natalie played one of the matches of her life to defeat Fong 21-12, 19-21, 21-19. Not to be out-done, NAIT's defending national silver medallist Ogul Kaltakci put forth a gutsy effort despite being extremely ill. Ogul finished third in women's singles, second in women's doubles with Natalie Neumann, and second in mixed-doubles with first-year teammate Jordy Lee.

"This was a great start to the season," said coach Jordan Richey.

"There were some amazing individual performances, which seemed to inspire others on the team. We can use this weekend to kick-start what hopes to be a monumental year for the Oaks badminton team."

The Oaks will next see exhibition action next weekend when they compete in the Badminton Series tournament at Concordia College.

The next ACAC tournament will be Nov. 21-22, when NAIT will host the first team tournament of the season.

Last 7 days of sports

By CURTIS BINKOWSKI
Assistant Sports Editor

5. AVALANCHE YOUNGSTERS

The Colorado Avalanche have decided not to send their two 18-year-olds back to their junior teams. With a combined 10 points in their first eight games, centres Matt Duchene and Ryan O'Reilly have been cleared by management to stay with the team for the season. Avs captain Adam Foote began his NHL career the same year they were born.

4. BRONCOS 6-0

Denver Bronco's head coach, Jeff McDaniels, became only the third coach in NFL history to start his career 6-0. He was the punching bag for weeks leading up to the season after suggesting he wanted to bring in a new QB. Jay Cutler was angry enough to ask for a trade. His wish was granted and he was traded to Chicago for Kyle Orton. As the youngest coach in the NFL at 33, McDaniels appears to be a mastermind.

3. OVECHKIN

As of Tuesday night, only 23 of the 30 NHL teams have more goals-for than Alex Ovechkin has points.

He may not be the most handsome man on the planet, but he looks like a silky smooth ninja on

the ice. If The Great 8 keeps up this pace, he'll have 164 points. The last time a player had over 140 was 1995-96 when Mario Lemieux had 161 and Jaromir Jagr had a career high 149. The NHL hasn't seen astronomical numbers like these since.

2. SOURAY'S EX LASHES OUT

According to TMZ, Sheldon Souray's ex-wife, former *Baywatch* honey Anjelica Bridges, claims that Souray tricked her into signing divorce papers. She later found out about his \$27-million contract with the Edmonton Oilers, but by then, she had missed her chance to claim a share. She is now seeking \$14 million for "special" damages, along with the \$18,000 a month in child support she is already getting.

1. 59-0!

The New England Patriots wallowed the Tennessee Titans as a scintillating Tom Brady threw a record five TD passes in the second quarter. The Titans' safeties looked hypnotized and disoriented by the snow-covered field. It was the biggest margin of victory since 1976 when the Los Angeles Rams beat the Atlanta Falcons by the same score, but it was an NFL record 45-0 at halftime.



Matt Duchene



Ryan O'Reilly

The not-so-hot of sports

By **LONDON HOMMY**

THE WOMEN: Ask and ye shall receive. Due to the favourable response to our hottest athletes survey a couple weeks ago, we've decided to bring you the other half.

Binkowski and I hit the halls again and asked students who the least attractive athletes were in the Universe. Once again, they were generally famous (if anyone has watched weightlifting or shot put they would throw up their hands and say, "pick one." Of course, most don't watch said sports.)

Roughly 50 guys weighed in on the female part of

the equation, ignoring the shallow nature of the question and giddily proclaiming their choices.

So without further ado, we shine a spotlight on those who shouldn't be under any light whatsoever:

3. Danielle Goyette – National pride be damned. Despite helping the women's national hockey team to numerous gold medals, you honoured her by voting her No. 3 on this list.

2. Caster Semenya – We are still awaiting the gender tests she had to undergo after winning the women's 800 metres at the World Track

and Field Championships. That was in August. Enough said.

1. Serena Williams – No surprise here. It's not that she's hideous; she's just scary and the opposite of effeminate. Her serve is manly, her grunt is burly and during her tirade at the U.S. Open I could swear she was about to yell, "GIVE ME BACK MY SON!"

Honourable mention – Lindsay Davenport, Hayley Wickenheiser, Venus Williams, Marion Jones, Dinara Safina

By **CURTIS BINKOWSKI**

THE MEN: Male athletes, like Portuguese phenom Cristiano Ronaldo, celebrity David Beckham and all-pro NFL quarterback Tom Brady have an excess of good fortune. Their combination

of stunning good looks and infinite skill make them the envy of many sports fans. But despite

the large contracts, perks and glamour that come with being a professional athlete, not all of them "have it all."

From all-you-can-eat-ribs champions in the NFL, to the Dahlsim-like bodies of many basketballers, to the cavemen features of hockey players, athletes are amongst the ugliest people on our lovely planet.

Here are some smiles that will raise eyebrows and keep bottom jaws off the floor:

3. Dennis Rodman/Mike Tyson – Our bronze medal is a split decision. There was a four-way tie in votes for the third spot, but being a true Oilers fan, I decided not to print the other two names.

2. Alex Ovechkin – He's so good that people are willing to overlook his treacherous eyebrows, bird's nest scruff and Crest-whitening deprived piano keys.

1. Mike Ricci – He must know. This man is barbaric. He's so ugly that he is incredibly handsome.

Not so honourable mention: Dan Henderson, Rod Brind-Amour, Pau Gasol, Chris Simon, Kimbo Slice, Franck Ribery, Randy Ferbey.

Now go back to feeling good about yourselves.



Alexander Ovechkin



Serena Williams



Mike Tyson



Caster Semenya



Dennis Rodman



Mike Ricci



Danielle Goyette

Welcome back, rugby

By **REID NYSTUEN**

The Sheaf (University of Saskatchewan)

SASKATOON (CUP) – After endless lobbying and 85 years of exclusion, rugby will finally return to the Olympics.

On Oct. 9, the International Olympic Committee (IOC) ratified the executive board's recommendation to add rugby sevens to the 2016 Olympic program in Rio de Janeiro.

Rugby sevens is not the traditional 15-players-per-side game that some Canadians may have witnessed or played in high school or university. Rather, it has only seven players per side and is played in seven-minute halves. Thus: rugby sevens.

The game is played on a field the same size of normal rugby, provid-

ing a lot more space for the players to create offensive chances.

Rugby sevens breeds the most fit and physical players and tests speed, power, endurance and skill.

Olympic inclusion has been sought for rugby sevens for a number of years. In 2005, when London was awarded the 2012 summer games, baseball and softball were dropped from the Olympic program and in turn opened up two vacancies for new sports. Rugby along with golf, squash, karate and roller sports were all vying to fill these two spots, although in the end no new sport was added. One of the reasons for rugby's exclusion was the

lack of a women's competition.

After the failure in 2005, the International Rugby Board (IRB) took aggressive steps to ensure inclusion for the next summer Olympic Games. The IRB invested money to further develop the women's game, which culminated in a very successful Rugby Sevens World Cup in Dubai last March and featured a coinciding men's and women's tournament.

Needing only a majority of the vote, rugby received a resounding endorsement from the IOC members with the vote 81-8 in favour of rugby's re-introduction into the Olympics. Golf's bid of inclusion, backed

by Tiger Woods' declaration that he would compete, was also ratified with a vote of 63-27.

Although the next summer Olympics will be hosted by London in 2012, rugby and golf fans will have to wait for the 2016 Olympics to watch their favourite sports performed on the world's greatest stage.

Although rugby games are shorter, rugby sevens is played in a tournament-style format and held over two or three days with each team playing a few games per day. These tournaments are very colourful, festive and often play host to a party atmosphere.

Quirky costumes are also a staple of rugby sevens fanfare. At New Zealand's Wellington's World Sevens Series in 2008 the Borat "mankini"-

style swimsuit had to be banned because too many spectators were wearing it.

Some countries, such as China, only provide funding to Olympic sports. And while others are not as exclusive, some still strongly tie funding to Olympic sports, such as the United States. In Russia only Olympic sports are allowed to be on the curriculum taught in schools.

The inclusion of rugby sevens into the Olympics is a huge boost for the international rugby community. It opens up government funding to the sport that it has never had. This will undoubtedly contribute to the global growth and popularity of the sport and also increase playing numbers and competitiveness.

Olympic inclusion has been sought for rugby sevens for a number of years.

ACAC Standings

| MEN'S HOCKEY | | | | | | | | | |
|--------------|----|---|----|---|-----|----|----|-----|--|
| Team | GP | W | RW | L | OTL | GF | GA | Pts | |
| SAIT | 4 | 3 | 3 | 1 | 0 | 26 | 7 | 6 | |
| Mount Royal | 4 | 3 | 3 | 1 | 0 | 15 | 6 | 6 | |
| Concordia | 4 | 3 | 3 | 1 | 0 | 18 | 10 | 6 | |
| Augustana | 4 | 3 | 3 | 1 | 0 | 18 | 22 | 6 | |
| Portage | 4 | 2 | 2 | 2 | 0 | 9 | 12 | 4 | |
| NAIT | 4 | 1 | 1 | 3 | 0 | 21 | 19 | 2 | |
| Briercrest | 4 | 1 | 1 | 2 | 0 | 8 | 23 | 2 | |
| MacEwan | 4 | 0 | 0 | 4 | 0 | 7 | 23 | 0 | |

RESULTS
Oct. 16
Briercrest 5, NAIT 2; Portage 4, MacEwan 1; Augustana 4, SAIT 2; Concordia 3, MRU 2
Oct. 17
NAIT 8, Briercrest 0; SAIT 9, Augustana 0; MRU 5, Concordia 2; Portage 4, MacEwan 3

| WOMEN'S HOCKEY | | | | | | | | | |
|----------------|----|---|----|---|-----|----|----|-----|--|
| Team | GP | W | RW | L | OTL | GF | GA | Pts | |
| MacEwan | 2 | 2 | 2 | 0 | 0 | 4 | 1 | 4 | |
| SAIT | 2 | 1 | 1 | 1 | 0 | 7 | 6 | 2 | |
| Mount Royal | 2 | 1 | 1 | 1 | 0 | 6 | 7 | 2 | |
| Red Deer | 2 | 0 | 0 | 2 | 0 | 1 | 4 | 0 | |
| NAIT | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | |

RESULTS
Oct. 15
MacEwan 2, RDC 1
Oct. 16
MRU 4, SAIT 3
Oct. 17
MacEwan 2, RDC 0; SAIT 4, MRU 2

| MEN'S BASKETBALL | | | | | | | | | |
|------------------|---|---|---|-----|-----|-----|--|--|--|
| North Division | | | | | | | | | |
| Team | G | W | L | Pts | PF | PA | | | |
| Lakeland | 2 | 2 | 0 | 4 | 190 | 145 | | | |
| NAIT | 2 | 1 | 1 | 2 | 169 | 145 | | | |
| King's | 2 | 1 | 1 | 2 | 162 | 160 | | | |
| Grande Prairie | 2 | 1 | 1 | 2 | 160 | 162 | | | |
| MacEwan | 2 | 1 | 1 | 2 | 145 | 169 | | | |
| Augustana | 2 | 0 | 2 | 0 | 145 | 190 | | | |
| Concordia | 0 | 0 | 0 | 0 | 0 | 0 | | | |

| South Division | | | | | | | | | |
|----------------|---|---|---|-----|----|----|--|--|--|
| Team | G | W | L | Pts | PF | PA | | | |
| Briercrest | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Lethbridge | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Medicine Hat | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Mount Royal | 0 | 0 | 0 | 0 | 0 | 0 | | | |

| | | | | | | |
|----------|---|---|---|---|---|---|
| Red Deer | 0 | 0 | 0 | 0 | 0 | 0 |
| SAIT | 0 | 0 | 0 | 0 | 0 | 0 |

RESULTS
Oct. 14
MacEwan 81, NAIT 77
Oct. 16
Lakeland 112, Augustana 73; King's 72, GPRC 65
Oct. 17
NAIT 92, MacEwan 64; GPRC 95, King's 90; Lakeland 78, Augustana 72

| WOMEN'S BASKETBALL | | | | | | | | | |
|--------------------|---|---|---|-----|-----|-----|--|--|--|
| North Division | | | | | | | | | |
| Team | G | W | L | Pts | PF | PA | | | |
| MacEwan | 2 | 2 | 0 | 4 | 146 | 105 | | | |
| Augustana | 2 | 2 | 0 | 4 | 164 | 130 | | | |
| King's | 2 | 2 | 0 | 4 | 130 | 112 | | | |
| Grande Prairie | 2 | 0 | 2 | 0 | 112 | 130 | | | |
| Lakeland | 2 | 0 | 2 | 0 | 130 | 164 | | | |
| NAIT | 2 | 0 | 2 | 0 | 105 | 146 | | | |
| Concordia | 0 | 0 | 0 | 0 | 0 | 0 | | | |

| South Division | | | | | | | | | |
|----------------|---|---|---|-----|----|----|--|--|--|
| Team | G | W | L | Pts | PF | PA | | | |
| Briercrest | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Lethbridge | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Medicine Hat | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Mount Royal | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Red Deer | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| SAIT | 0 | 0 | 0 | 0 | 0 | 0 | | | |

RESULTS
Oct. 14
MacEwan 71, NAIT 50
Oct. 16
Augustana 85, Lakeland 72; King's 69, GPRC 60
Oct. 17
MacEwan 75, NAIT 55; King's 61, GPRC 52; Augustana 79, Lakeland 58

| MEN'S VOLLEYBALL | | | | | | | | | |
|------------------|----|----|----|----|----|-----|--|--|--|
| North Division | | | | | | | | | |
| Team | MP | MW | ML | GW | GL | Pts | | | |
| King's | 1 | 0 | 1 | 2 | 3 | 0 | | | |
| NAIT | 1 | 1 | 0 | 3 | 2 | 2 | | | |
| Grande Prairie | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Keyano | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| Lakeland | 0 | 0 | 0 | 0 | 0 | 0 | | | |
| MacEwan | 0 | 0 | 0 | 0 | 0 | 0 | | | |

| South Division | | | | | | |
|----------------|----|----|----|----|----|-----|
| Team | MP | MW | ML | GW | GL | Pts |
| SAIT | 2 | 1 | 1 | 5 | 3 | 2 |
| Medicine Hat | 2 | 1 | 1 | 3 | 5 | 2 |
| Briercrest | 0 | 0 | 0 | 0 | 0 | 0 |
| Lethbridge | 0 | 0 | 0 | 0 | 0 | 0 |
| Mount Royal | 0 | 0 | 0 | 0 | 0 | 0 |
| Red Deer | 0 | 0 | 0 | 0 | 0 | 0 |

RESULTS
Oct. 16
NAIT 3, King's 2 (23-25, 25-18, 25-21, 29-31, 15-10)
Medicine Hat 3, SAIT 2 (22-25, 25-21, 15-25, 25-17, 15-13)
Oct. 17
King's 3, NAIT 0 (25-16, 25-20, 25-20)
SAIT 3, Medicine Hat 0 (25-13, 25-23, 25-20)

| WOMEN'S VOLLEYBALL | | | | | | |
|--------------------|----|----|----|----|----|-----|
| North Division | | | | | | |
| Team | MP | MW | ML | GW | GL | Pts |
| NAIT | 2 | 1 | 1 | 4 | 3 | 2 |
| King's | 2 | 1 | 1 | 3 | 4 | 2 |
| Grande Prairie | 0 | 0 | 0 | 0 | 0 | 0 |
| Keyano | 0 | 0 | 0 | 0 | 0 | 0 |
| Lakeland | 0 | 0 | 0 | 0 | 0 | 0 |
| MacEwan | 0 | 0 | 0 | 0 | 0 | 0 |

| South Division | | | | | | |
|----------------|----|----|----|----|----|-----|
| Team | MP | MW | ML | GW | GL | Pts |
| Medicine Hat | 2 | 2 | 0 | 6 | 3 | 4 |
| SAIT | 2 | 0 | 2 | 3 | 6 | 0 |
| Briercrest | 0 | 0 | 0 | 0 | 0 | 0 |
| Lethbridge | 0 | 0 | 0 | 0 | 0 | 0 |
| Mount Royal | 0 | 0 | 0 | 0 | 0 | 0 |
| Red Deer | 0 | 0 | 0 | 0 | 0 | 0 |

RESULTS
Oct. 16
King's 3, NAIT 1 (25-16, 28-30, 25-21, 25-23)
Medicine Hat 3, SAIT 1 (20-25, 26-24, 25-22, 25-19)
Oct. 17
NAIT 3, King's 0 (28-26, 25-21, 25-19)
Medicine Hat 3, SAIT 2 (24-26, 28-26, 25-23, 23-25, 28-26)

| MEN'S SOCCER | | | | | | |
|----------------|---|---|---|-----|----|----|
| North Division | | | | | | |
| Team | W | L | T | Pts | GF | GA |
| NAIT | 8 | 1 | 1 | 25 | 32 | 10 |
| Concordia | 8 | 2 | 0 | 24 | 35 | 10 |

| | | | | | | | |
|----------------|---|---|---|----|----|----|-----|
| MacEwan | 6 | 4 | 0 | 18 | 20 | 11 | 9 |
| King's | 2 | 5 | 3 | 9 | 9 | 23 | -14 |
| Grande Prairie | 1 | 6 | 3 | 6 | 9 | 22 | -13 |
| Keyano | 0 | 7 | 3 | 3 | 7 | 36 | -29 |


| South Division | | | | | | | |
|----------------|---|---|---|-----|----|----|-----|
| Team | W | L | T | Pts | GF | GA | +/- |
| SAIT | 6 | 0 | 3 | 21 | 29 | 9 | 20 |
| Mount Royal | 6 | 2 | 1 | 19 | 31 | 7 | 24 |
| Red Deer | 4 | 5 | 1 | 13 | 18 | 26 | -8 |
| Medicine Hat | 3 | 5 | 2 | 11 | 17 | 17 | 0 |
| Lethbridge | 1 | 8 | 1 | 4 | 10 | 42 | -32 |

RESULTS
Oct. 14
Concordia 3, King's 1
Oct. 16
King's 2, MacEwan 0
Oct. 17
NAIT 3, Concordia 1; SAIT 5, Medicine Hat 1; MacEwan 1, Keyano 0; RDC 4, Lethbridge 0; King's 1, GPRC 0


| WOMEN'S SOCCER | | | | | | | |
|----------------|---|---|---|-----|----|----|-----|
| North Division | | | | | | | |
| Team | W | L | T | Pts | GF | GA | +/- |
| Concordia | 8 | 0 | 2 | 26 | 33 | 3 | 30 |
| Grande Prairie | 6 | 1 | 3 | 21 | 26 | 7 | 19 |
| MacEwan | 6 | 3 | 1 | 19 | 28 | 10 | 18 |
| NAIT | 5 | 5 | 0 | 15 | 27 | 10 | 17 |
| Keyano | 1 | 8 | 1 | 4 | 6 | 37 | -31 |
| King's | 0 | 9 | 1 | 1 | 3 | 56 | -53 |

| South Division | | | | | | | |
|----------------|---|---|---|-----|----|----|-----|
| Team | W | L | T | Pts | GF | GA | +/- |
| Mount Royal | 8 | 1 | 1 | 25 | 31 | 5 | 26 |
| Red Deer | 4 | 4 | 2 | 14 | 17 | 12 | 5 |
| Medicine Hat | 4 | 5 | 1 | 13 | 10 | 18 | -8 |
| SAIT | 4 | 5 | 1 | 13 | 11 | 13 | -2 |
| Lethbridge | 2 | 7 | 1 | 7 | 9 | 30 | -21 |

RESULTS
Oct. 16
MacEwan 8, King's 0
Oct. 17
Concordia 1, NAIT 0; Medicine Hat 1, SAIT 1; MacEwan 4, Keyano 1; Lethbridge 2, RDC 2; GPRC 5, King's 0
Oct. 18
NAIT 5, Keyano 1; GPRC 0, Concordia 0; Medicine Hat 2, SAIT 1; MRU 2, RDC 1



Interested in CURLING ??



STUDENTS CURLING CLUB BEGINS NEW SEASON

WHERE: Avonair Curling club (across street)


WHEN: Every Monday, 4:30-6:30 pm

COST: \$40.00 - for season (approx 20 games)

School Teams will be comprised of individual players selected from the league

REGISTRATION

Interested students should drop by the Avonair Mondays at 4:30 p.m. to sign up.



Inquiries: See Jules at 221.1717 Room S105A


This space is

Reserved

for your ad

Book your ad today and be seen.

Contact Shaun at : 1.866.867.0098
thenugget@cu-ads.org



cuadvertising

ENTERTAINMENT

INDIE NIGHT

A drive down a country road

By RYAN FLAHERTY

The gentle strum of acoustic guitars was heard in the Nest last Thursday, as a pair of country-tinged performers took the stage for the weekly Indie Night festivities. The pleasant melodies of Brad Bayley and The Wheat Pool were the ideal soundtrack for the warming temperatures and melting snow outside.

Up first on the bill was Bayley, a well-travelled singer/songwriter whose tunes reveal a strong folk and roots influence. Joined by his friend Ralph, who accompanied him on guitar and mandolin, Bayley played a set that portrayed a wide range of emotions from melancholy to nostalgic to hopeful. Among the highlights was a song called *My Enemy*, which Bayley dedicated to people in war-torn nations around the world. Other memorable pieces were a Celtic-flavoured song called *Take Me Home* and covers of the Tragically Hip's *Wheat Kings* (a personal favourite of this reviewer) and *Hurt*, by Nine Inch Nails, which was also Bayley's set closer.

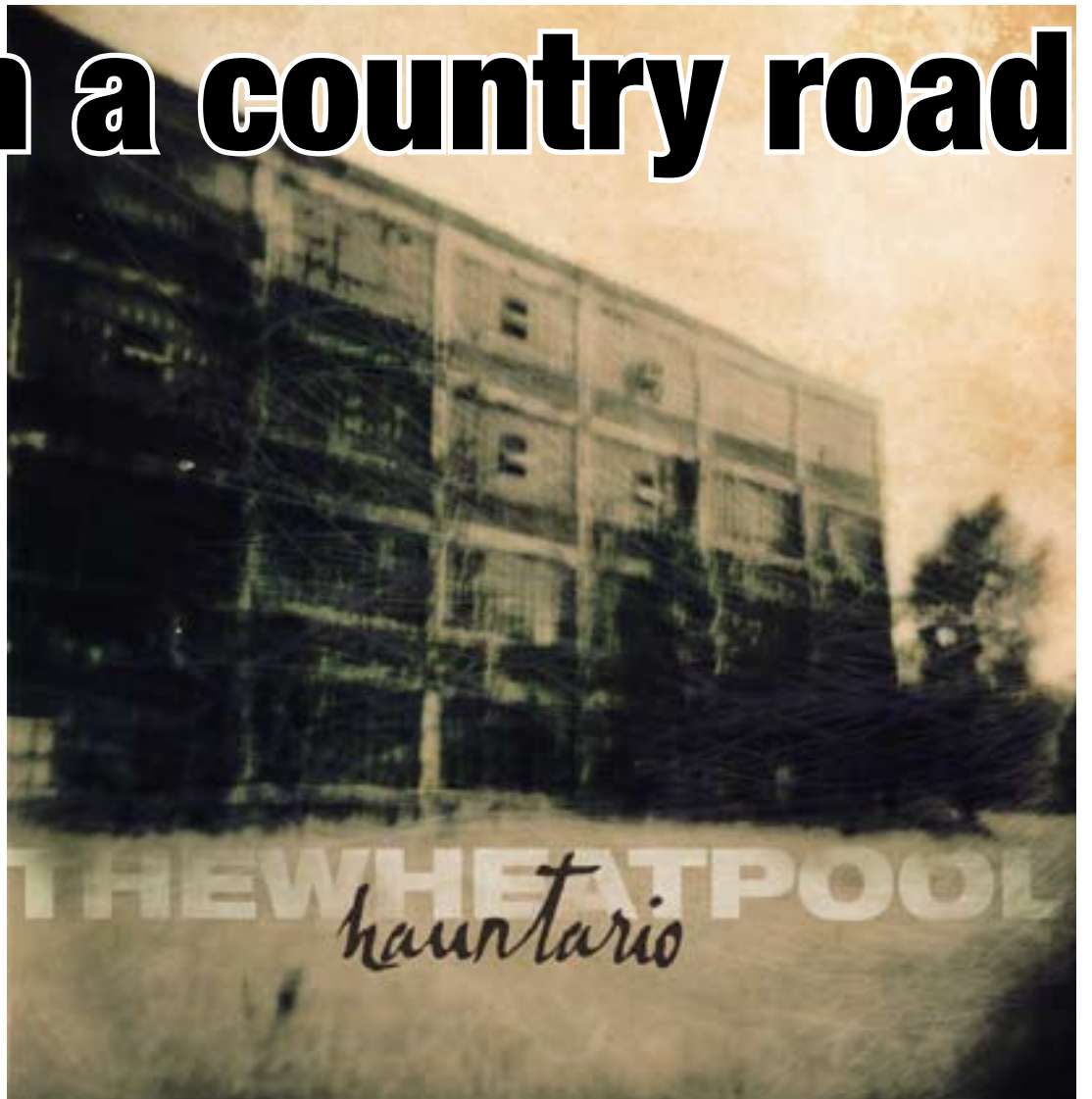
Having warmed up the stage, Bayley made way for local alt-country rockers The Wheat Pool. The four-piece outfit has just

released its sophomore effort, *Hauntario*. Fresh off a trip to Brandon, Manitoba, to attend the Western Canadian Music Awards (they unfortunately left empty-handed), the group displayed a tight live sound, thanks in part to a workmanlike touring schedule.

The set was heavy on *Hauntario* cuts, including *This Is It*, for which a video is in the final stages of production. The Wheat Pool's plaintive tunes brought to mind the catalogue of Canadian icon Neil Young – in fact, the band has a song named after him – without sounding derivative. Brothers Robb and Mike Angus alternated between guitar, bass and vocals, while Glen Erickson and Steph Dagenais ably backed them up on guitar and drums, respectively.

The crowd, though relatively small, was quite vocal in its appreciation, especially for the band's sweet vocal harmonies, which lifted many of the songs from the somewhat decent level to near-sublime.

All in all, it was a satisfying sonic smorgasbord for the ear. Leaving the Nest to discover that the snow had melted was a perfect complement.



A Wild world

By BRITTANY BLACK
Assistant Issues Editor

Not many have captured the reality of children and their thought processes like Maurice Sendak did. *Where the Wild Things Are* represents the culmination of his attempts to portray a childhood in which the young boy, Max is trying to master the uncontrollable, frightening, but in many ways simple, aspects of his life, through the help of fantasy. It encapsulates things like, the first time you ever squashed a frog, or pulled the legs off of a daddy longlegs, and then realized the consequence of your actions: you couldn't take it back. You purposely killed a living thing simply because of curiosity. The good old days, hey? How nice it would be to just think "what would happen if ... I punched this annoying person in the face?" And then do so.

Anyway, who better to represent Sendak's themes in a movie other than Spike Jonze: the unique American director of masterpieces such as *Being Jon Malkovich*, *Synechdoche, New York*, and many alternative music videos.

Many parents were disappointed in the movie, arguing that it was too sad or too scary for a young audience. However, this is why I enjoyed it so much! I think it traipses across many generations of people and it's a fresh idea: a kid's movie that isn't just a constant bombardment of lame jokes, loud music and laser beams.



However, I must admit that most of the jokes in the film are catered towards the 8-12 year-old age group. I am going to totally make up a fact here ... about 38 per cent of the children ages 8-12 are going to LOVE this movie. The reason that this percentage is so incredibly accurate ... is that there was a much more depressing disposition that was given to the Wild Things than I would have expected. I would think that the point was to encourage and explore that realistic, individual thought process of children: one not hindered by any social influence.

The film was also extremely visually interesting, and Jim Henson's Creature Shop did a fantastic job re-creating the imaginary, enchanting Wild Things. The characters, voiced by celebs like Catharine O'Hara, Lauren Ambrose and Forest Whitaker did a great job bringing these characters to life. And Max, played by 12-year-old actor Max Records was absolutely outstanding. (Watch out Dakota Fanning, this kid is going to jump kick you to the face.)

Needless to say, there will be many avant-garde hipsters that are going to be ecstatic about the film, and many I'm-my-child's-best-friend parents who will hate it. Adult to adult here, I think you will enjoy this film, unless you really cherished *American Pie*.



FOR YOUR LISTENING PLEASURE ...

\$3.99 mix-tape



KATHY LE
Assistant Entertainment Editor

This is for my ladies! So, the douche bag broke your heart? Whether it's the first time or 'FML I can't believe this is happening to me again' time, the sick feeling in your stomach is inevitable (well, for some of us any-

way). Have faith beautiful, because he isn't worth your tears. Next Saturday night when you're sprawled out and feeling hopeless on your bed and can no longer open your eyes from hours of crying, overwhelm your mind with empowering songs from other strong, beautiful and independent women like yourself.

I can bet my \$500 purse that you'll shed new light on the situation once you hear how these ladies "survived" through their breakups. An epiphany will come and you'll suddenly realize that "he wasn't man enough" for you anyway. Just remember that everything will get better in time and you may even feel like you don't need a man anymore in a few weeks.

My advice to you is to skip out on the date with Jack Daniels and get your sexy self out on the scene with

your girlfriends immediately.

Don't wait! Turn up the music and get over him already!

1. Pussycat Dolls – I don't need a man
2. Beyonce – Irreplaceable
3. Destiny's Child – I'm a survivor
4. Toni Braxton – He wasn't man enough for me
5. Mary J. Blige – Not Gon' Cry
6. Kelly Clarkson – Since you've been gone
7. Taylor Swift – Picture to burn
8. Leona Lewis – Better in time
9. Rihanna – Take a bow
10. Gloria Gayner – I will survive
11. TLC – No scrubs
12. Keisha Cole – I should have cheated

Movie's free and popcorn, too

By KATHY LE
Assistant Entertainment Editor

It's a Tuesday night, you have no school or work obligations to fulfill, you want to do something entertaining but you are broke as a joke!

Does this scenario sound familiar to you? Two words: Movie Night. This great idea sprang from the mind of a previous event coordinator at NAITSA two years ago.

One night out of the week, every Tuesday, movies are being featured for the viewing pleasure of the NAIT student body. This year, students have the opportunity to choose between two venues on campus to watch the movies; the

Shaw Theatre and The Nest.

Bryce Althouse, NAITSA VP Campus Life, explained that "Movie Tuesdays have traditionally been held at the Shaw Theatre, and still are, but due to booking issues we had to expand the event to occasionally occur down at The Nest."

Each venue presents a different environment for viewing the movies. The design of the Shaw Theatre best represents a real movie theatre and is therefore a more comfortable place for movie-goers to enjoy the show, however, the Nest is a place with a more relaxed atmosphere where people can enjoy a drink and socialize while tuning into the movie.

There are a few drawbacks for each venue, so students can choose the one that best suits their interests that evening.

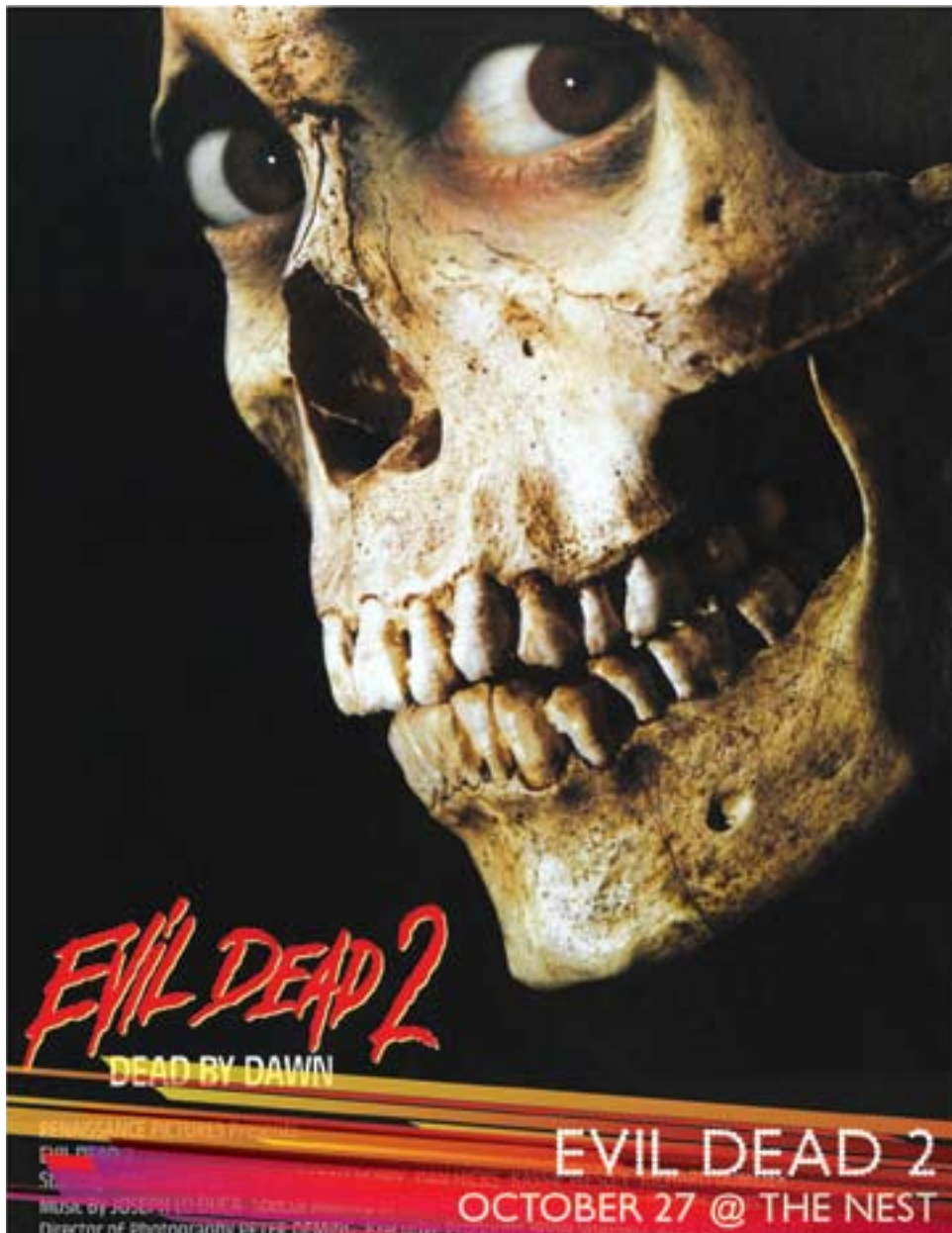
"You are not allowed to bring popcorn or water into the Shaw Theatre, food must stay in the foyer but it is allowed in the Nest. However, movies in The Nest have to compete with the usual function of the bar being a place to come and drink, and as such, many of the student patrons are not interested in watching the movie," said Bryce.

The best part about movie night is that popcorn and water are served for free, so the broke student does not have to shell out the \$12.50

for a movie ticket and the ridiculous dollars for snacks. The movie normally starts at 4:45 p.m. but students are asked to come around 4:30 p.m. when the popcorn and water are being served.

Bryce would not reveal any hints about future movies and encourages students "to wait and see" and to check in with the Nugget and posters for more information.

As a response to why he thinks students should come out to movie night, he says, "It's a great value, a good time if you come out and make it one and just one of the many ways we give back to the students as the NAIT Students' Association."



In the mix



By LINDA HOANG

This week's featured NR92 radio show is called *The Mixing Bowl*. The *Nugget's* Linda Hoang sat down with Ryan Busko and Paul Fitzpatrick, hosts of the morning variety show for a Q&A session.

Linda: Why did you decide to call your show The Mixing Bowl?

Ryan: We just went with something that described the show because it is a variety show.

L: So what do you talk about on the show? What kind of music do you play?

Paul: Every week it's different. We've done like female rock vocalists and hair metal, and last week we did all grunge.

R: We had someone come in as a special guest to talk to us all about grunge and we had a full hour of grunge trivia, grunge knowledge and grunge music.

L: Cool. So it's a different theme every week?

R: Right. We always just sort of come up with the next theme during the show actually. We're just like OK, let's do this or this and then it's done.

L: Can people suggest themes?

R: Yeah, they definitely can, and we've also got a Facebook page. Anyone can leave us messages at anytime, request anything, listen to our podcasts and do whatever they want on the fan page.

L: Why do you think it's important to mix it up and have a variety of music and genres?

P: I think it keeps people a little more interested, because if people are looking forward to a theme, then they're more likely to tune in, right?

R: I agree. If you play the same stuff every day, especially when it's only a one-hour segment and it is a smaller show, a smaller market, so you definitely have to keep things fresh; keep people on their toes, if you're going to keep listeners.

L: What sets your show apart from the other shows on NR92?



Photo by Linda Hoang

Paul Fitzpatrick and Ryan Busko, hosts of The Mixing Bowl on NR92.

P: I think we're the only ones that kind of stick to a certain theme. Every week we're going to switch it up with even like rock trios and lead singers who have overdosed.

L: Why are you two in radio?

P: Because I think I have a sexy voice.

R: Ha ha. I just wanted a job where I could sit around and talk and be paid to do it. Plus, who doesn't like to listen to music? That's an added bonus.

L: If you could mix together two words to describe your show, what would it be?

R: Two words to describe our show? I'm trying to combine like exuberant and fantastic. Like, fanxuberant? Or amazing awesome ... except that's kind of like the same thing.

Amawesome.

P: I think it's just super awesome fun. That's three words. But yeah, pretty sweet.

R: You have to combine two words. Sweet and rad? Swad?

L: Any last words as to why people should tune into your fanxuberantly swad Mixing Bowl show?

R: Please tune in, it's a great show. We have a lot of fun on there and hopefully you have fun listening to us.

P: And it's educational.

R: No it actually is, you do learn a lot. I learned so much about grunge and I've never been a grunge fan, but now I actually kind of like it.

The Mixing Bowl airs every Thursday from 9 a.m. to 10 a.m. on campus or online at <http://nr92.com>.

Top 10 big-budget adult films



COLLEEN NUC
Entertainment Editor

I was sitting in class the other day when I thought to myself, "what's the most expensive porn ever made?" So I decided to Google the subject, and I came across the Top 10 big-budget porns of all time. Now, don't be writing an angry letter to the editor bitching about the facts, I found this list on the Internet, so it must be true.

10 – Conquest

Budget: \$150,000 (1997)

This was one of the first big-budget porn movies in the adult industry. Jenna Jameson stars as a daughter of a murdered pirate seeking revenge and a little loving on the side. Directed by Brad Armstrong, this film was well-received and won three adult video awards (AVN for short, which is like the Oscars for porn), including Best Couples Sex Scene.

9 – FlashpointX

Budget: \$220,000 (1998)

This is an adult version of the '90s film *Backdraft*, but this time the firefighters have to put out all kinds of fires. Jenna Jameson also stars in this big budget film as a firefighter working in an extremely sexually charged co-ed fire department. I'll let you imagine the rest.

8 – Manhunters

Budget: \$250,000 (2006)

"Four female bounty hunters on a prowl for bad boys." This movie won seven AVN awards, with a total of 17 nominations. Need I say more?

7 – Operation Desert Stormy

Budget: \$250,000 (2007)

This comedic porn was a big hit, and it was directed by a woman, which makes it extra cool.

6 – Upload

Budget: \$350,000 (2007)

This film was dubbed "the Titanic of the AVN awards," winning eight awards, including movie of the year. The film follows a science fiction plotline (like *The Matrix*), giving nerdy adolescent boys another reason to stay home on Friday nights.

5 – Fashionistas

Budget: \$500,000 (2002)

Extravagant costumes, high quality picture and average acting

made this S&M fetish movie a huge hit, earning a record of 22 nominations at the AVN awards. Staring Belladonna and directed by John Stagliano, *Fashionistas* is about a young fashion designer on the hunt for a "hot new bondage" look. Apparently they never looked in my closet. The bondage look was my "thing" back in 2002.

Now, I don't mean to leave you all high and dry, withholding the remaining Top 5 big budget porns, but sometimes a lady's got to leave a little mystery. So tune in next time for the "climax" of this story. I know, I'm such a tease.



Uncharted territory

By KITA MURU

Uncharted 2: Among Thieves is pretty much almost the same as the previous *Uncharted* (Drake's Fortune) except more tightly put together. It showcases Nathan Drake on a quest for the treasure of Marco Polo. As in every action adventure game, shit hits the fan and that leaves Nate to do some globetrotting, only this time with some new friends along for the ride.

It's no surprise that *Among Thieves* looks amazing, but the striking part lays in the variety. Through run-down city streets, into ancient tombs, up a mountain or, of course, through the jungle, the various backgrounds look amazing. The people you meet are somewhat lifelike and the humour and the voice acting is believable, even though the writing isn't. The sound design is great, not so much in the soundtrack, but in the sound effects. Crumbling buildings, bullets whizzing by, the sound design adds to the way *Among Thieves* plays.

It's still a mix of *Tomb Raider*, and *Gears of War*, with a few snags. One of those snags is the balance between exploration, puzzle solving and combat. There is less emphasis on puzzle solving and exploration, a whole lot more on combat. The controls are tight through maneuvering, fisticuffs and gunplay. The environment also allows for more chances to exercise those options. However



if you just hide behind various amounts of cover and pop out to blast enemies, that will work.

With the emphasis on combat, the other elements are trimmed down. That sucks because the puzzles are nifty and complex, encompass whole rooms and require a few pages out of Nate's journal to accomplish. The exploration spans the places you go, and relies on using various acro-

batics to go through, but they're pretty much linear and sometimes involve trial and error. In short, both are fairly great, but pushed to the side in favour of mowing foes down.

The multiplayer is solid enough. Online play has your usual Deathmatch, Team Deathmatch, Capture the Flag and King of the Hill. You earn new ranks and money to purchase new abilities. With co-op you can pick out a piece of the game to play, instead of having to play it all. Also, if you played through Drake's Fortune, you get rewards in *Among Thieves* like extra money.

Uncharted 2 Among Thieves is practically fan service; it looks great, sounds great, and plays great. It's probably the equivalent of a summer blockbuster. It's a must try if you have a PS3, possibly one of the best games you can get for the PS3 right now.



Black Flowers bloom

By RYAN FLAHERTY

For those unacquainted with the *Art of Time Ensemble*, they are a Toronto-based concert group whose annual concert series is gaining increasing popularity.

A couple years ago, Art of Time's artistic director, Andrew Burashko, approached pop songstress Sarah Slean with an idea. Burashko asked Slean to pick some of her favourite songs, then took those selections and had a variety of people arrange them to be performed with a chamber orchestra.

The result was a two-night concert event called The Toronto Songbook. It was so popular that afterwards Slean and Burashko recorded a studio version of the concert's highlights. And so *Black Flowers* was born.

Nine tracks of lush orchestral arrangements, *Black Flowers* is a slice of baroque Canadiana.



Songwriters such as Ron Sexsmith, Feist and Leonard Cohen (writer of both the opening and closing tracks) are represented, with a distinct jazz flavour thrown in for good measure.

Slean, Canada's 21st Century answer to Kate Bush, has a voice that suits the tunes quite nicely. Though only nine songs in length, the album does tend to drag a bit in places as many of the pieces are quite slow in tempo. That said, *Black Flowers* packs plenty of emotional variety, from the sassy horns of Martin Tielli's *I'll Never*

Tear You Apart to the hopefulness of *Lodestar*, by Slean's namesake Sarah Harmer.

It is clear that Slean is willing to experiment in her pursuit of pop artistry, and this particular experiment can be considered successful.



EZZIE'S NIGHT CLUB

Campus Madness Tuesdays
Urban Fridays
Rock Star Saturdays

Visit our website at
www.ezziesnightclub.com

Check out our Facebook group
Esmeralda's Night Club!

Ezzie's Night Club | 11834 Kingsway
780.453.7320

Runway 29 Pub

Located in the
Best Western City Centre Inn
11310 109 St.
479-2042 ask for Lounge

Lunch Special
11am to 2pm

Happy Hour
2 pm to 6 pm
Everyday
(Food and Drink)
Dom Bottle Beer \$3.50
Highball \$3.50
Pitchers \$10.50

VLT'S & Off-Sales

Edmonton's best Airport View

Thursday Wings
.40¢
a piece

10% off
Regular Priced
Food with NAIT I.D.

Free
Pool & Darts
Weekends

Open 11am: Mon to Fri | Open 9am: Sat & Sun

Call to reserve tables today!

HALLOWEEN DISTRIBUTORS

HOT COSTUMES AT LOW PROVOCATIVE PRICES

HALLOWEEN DISTRIBUTORS

10422 82 Ave
(across from Army & Navy on Whyte Ave)
ph: 780 433 0642

9835 - 63 Ave (Argyll)
ph: 780 435 0937

San Francisco

West Ed
Northgate
Londonderry
Millwoods
Boonie Doon

Jay-Z still has more to give

By KATHY LE
Assistant Entertainment Editor

Glitter and pizzazz kept to a minimum; outdone by pure talent to the core is how I would sum up the Jay-Z concert last Tuesday Oct. 13 at Rexall Place.

There was nothing elaborate about the performance itself as the usual backup dancers and intricate stage settings were absent. The only flashing lights were the changing digital graphics in the background, which still projected a big city, high-roller life kind of vibe.

It was just Jay-Z; simple, but simple with a punch. He delivered a very strong and entertaining performance which was concentrated on what I think is the most important; his unmatched talent as a rapper.

I wouldn't call myself a huge Jay-Z fan, but I have to agree that he is exceptional at what he does. I don't know most of his songs, but there were many times throughout his one-hour performance where I just couldn't believe how good he is lyrically and poetically. Not to mention that he sounds exactly the same as he does on the radio and on his albums.

Nothing annoys me more than an artist who can't deliver to the same calibre live. Unfortunately, I am one of those people who can't decipher rap lyrics because they're spit out so fast that in the end everything sounds like a blur. However, the beats and the music

were so good that it didn't even matter. Everyone, from the thug wannabes in chains and Ed Hardy to the hoochies in mini-skirts (seriously I don't get it ... it was so damn cold outside that night) were two-stepping. I can tell that in the moment all of the males felt just a little more gangsta.

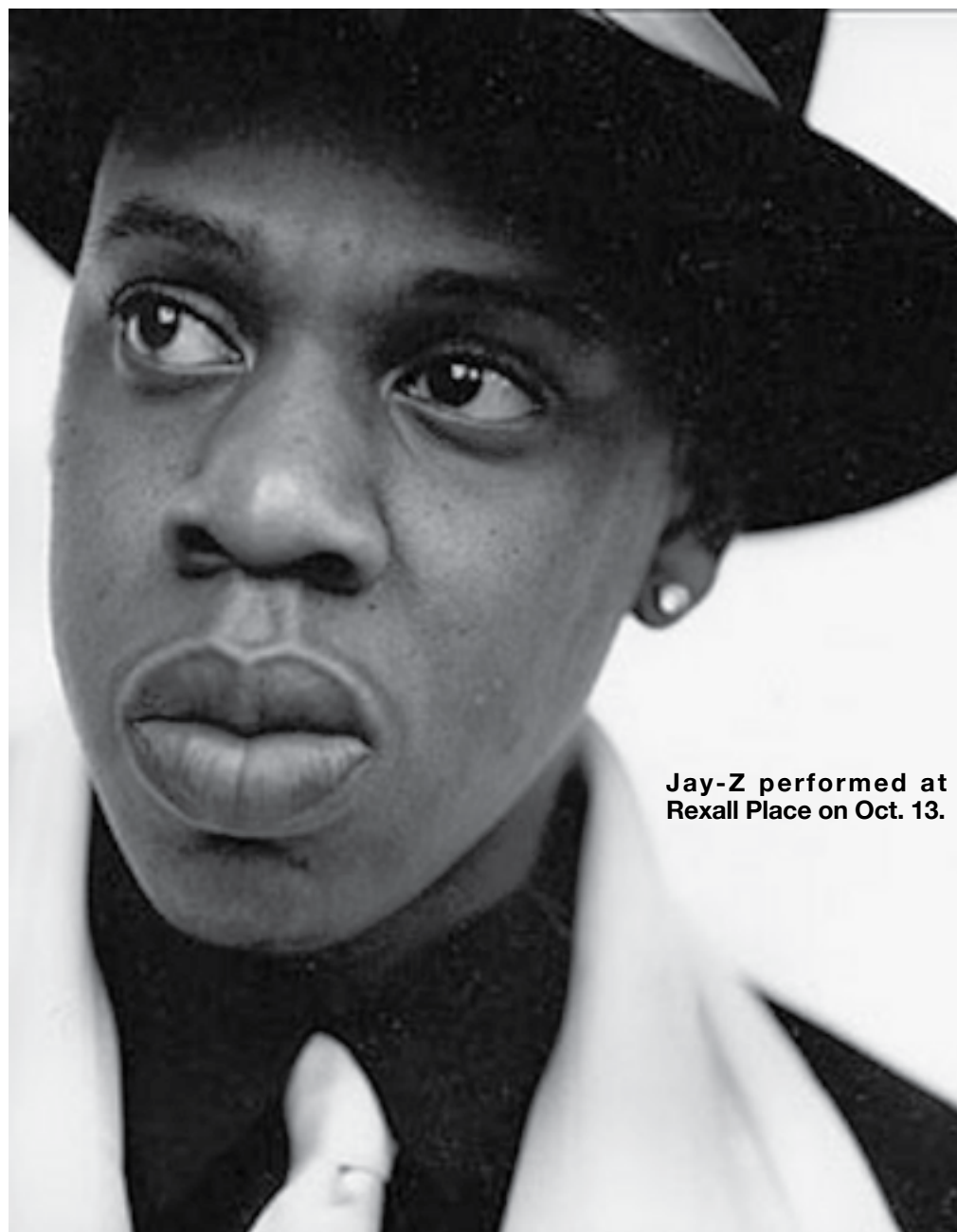
Although my day was long and a yawn leaked out by accident 30 minutes into the show, I quite enjoyed the whole thing from the nosebleed, weed reeking section.

Artists like Pharell Williams and Memphis Bleek took the stage to perform with Jay-Z in songs like *99 Problems*, *Show Me What You Got* and some inspirational song whose name I don't know.

Towards the end of the show, Jay-Z took some time to show appreciation to his fans. He took off his sunglasses and picked out people in the crowd and threw short thank you speeches to them.

One of the best songs of the night, from his new album *Blue Print 3*, is *Empire State of Mind*, which was supposed to feature Alicia Keys, but instead some other girl filled in.

All in all, even though he keeps saying that he will retire, I think there's still some more juice left inside and his fans are still receptive to his work, so maybe he'll release *Blue Print 4* or *5*.



Jay-Z performed at Rexall Place on Oct. 13.

steveleeismean.com.wordpress.com

date
OCT. 26 & 27

place
NORTH LOBBY

hours
9 - 6

last day
9-5

► FINE ART
FANTASY ◀
WILDLIFE ◀

► GIANT-SIZED POSTERS
► MUSIC
FRAMES & HANGERS ◀
► FILM

► PHOTOGRAPHY
► 1000s OF POSTERS

THE IMAGINUS POSTER SALE

2009
NAIT Family Campaign

SILENT AUCTION
in support of United Way

Friday, October 23, South Lobby, 9am - 3pm

Featured items include

- 12.0 mp Kodak camera
- Eskimo football tickets
- Marmot ski lift tickets
- Tim Hortons coffee maker
- Delsey Hyperlite two piece luggage set
- Private lunch for two with Dr. Shaw at Ernest's
- Three day car rental certificate

...and many more!

WE SUPPORT
United Way

For more information:
Nicole Parker
Department of Advancement
780.471.7409 | nicolep@nait.ca
www.nait.ca/familycampaign



Colleen Nuc
and
Brittany Black

If you were given \$2 million, what would your first purchase be?



"A really suped up Audie R8."

Karen Lepage
Photography



"A mirage of strippers."

Jordan Schabel
Business



"A plane ticket out of here. Anywhere but here."

Garret Key
Photography



"A plane ticket to France."

Colleen Fiddler
Photography



"I'd give it to Penner. Maybe that would get him going."

Morgan Hynes
Apprentice electrician

The fashion outside is frightful ...

By BRIANNA MCCUTCHEON

We have come to the conclusion that we pretty much live in sub-arctic conditions here in Edmonton and are forced to suffer through countless days of freezing cold!

This however, is no longer an excuse to leave your house in awful pajama pants or grandma's sweater

she hand knit out of goat hair. On occasion yes, it is acceptable to bundle up in those super comfy sweats and sweaters, but for the rest of winter, here are some great ways to keep warm and look hot!

First and foremost, you will definitely need to purchase a pair of boots. Look for boots lined with fur that will keep your toes nice and warm.

The ever so popular UGG boots are a great investment. They keep your feet warm, look cute, and come in a variety of different styles and colours for your preference. If you aren't too keen on spending \$250-\$300 on UGGs, try similar brands such as EMU, Bearpaw, and Rocket Dog. These boots will keep your feet nice and snuggly, and for Edmonton weather, will never

go out of style.

If you've been keeping up with the fashion column, you'll remember motorcycle boots are hot this season as well. If your motorcycle boots have a warm lining inside, by all means keep rocking them this winter, and if they don't, you might freeze! Do not wear the six-inch stilettos in the sub-arctic weather! Stumbling and falling is anything but fashionable.

In addition to some boots, make sure you have a good warm coat for the cold winter winds! But please, don't go purchasing some faux fur fashion disaster. Instead, look for longer coats that sit a little under your bum. Both girls and guys can pull this look off, and it will help in keeping more of your body warm. Look for fur or wool lining on the inside of your coat, as well as fur on the lining of your hood.

When picking out a coat, stay away from crazy patterns and loud colours. You need this coat all winter and it needs to match the majority of your wardrobe.

The last things to look for are cute scarves and mittens! Scarves will keep your neck warm and will add a casual glow to your face and act as an accessory. If you're looking for a cute, simple day look, try a pair of wool knit mittens that "go" with your scarf. If you want a sexier, edgier look, try a pair of leather gloves with some buckles or studs. If you like the hat look, don't be afraid to play with different styles of hats or earmuffs!

You don't have to look like a woolly mammoth this winter, instead look good all season long ... remember, we're watching.

PB & J

By KATHY LE

Shepherd's Pie

This shepherd's pie is not the traditional kind. I've put a kick and a twist to the recipe. It's the kind where people who try it will ask you 'hmm, what is that?' Since this recipe makes for so many mouths, it's the perfect dish that you can keep munching from throughout the week if you're too lazy to cook. Done as done!

The stuff

1. 500g of ground beef
2. 2 cups mixed frozen carrots and beans
3. 1 cup chopped up crisp bacon
4. 1 tsp garlic powder
5. ½ onion chopped
6. 1 tbsp hot sauce (whatever you like)
7. 1 ½ cup KRAFT Hickory BBQ sauce
8. Pinch of salt and pepper
9. Approximately 7 medium sized potatoes peeled, cooked and mashed
10. ½ cup Ranch dressing
11. 1 tbsp butter

12. ½ cup milk
13. Salt and pepper to taste
14. Lots of Mozza and Cheddar cheese.

The magic

1. Pre-heat oven to 350 F
2. In a large sauce pan brown the ground beef.
3. Throw in the mixed veggies, crisp bacon, onions, garlic powder, hot sauce, BBQ sauce and salt and pepper.
4. Let simmer on medium heat for 5 minutes.
5. Add to the mashed potatoes (while on the heat) the ranch dressing, butter, milk and salt and pepper.
6. Spread the beef onto a 13x9 inch glass casserole dish.
7. Load on as much Mozza and Cheddar cheese as desired.
8. Spread on the potatoes.
9. Load on more Mozza and Cheddar cheese.
10. Bake in oven for 5 minutes or until all the cheese has melted.





EDMONTON'S BIGGEST HALLOWEEN PUB CRAWL

CREEPY CRAWLER 5

OCT. 31

TICKETS ON SALE NOW!

TICKETS AVAILABLE AT ALL **ticketmaster** OUTLETS
AND AT EDMONTONPUBCRAWLS.COM 451-8000 ticketmaster.ca

PH: 70-CRAWL EDMONTONPUBCRAWLS.COM

EDMONTON PUB CRAWLS



Discover South Common.

Nov. '09

Canadian Hudsons

SOUTH COMMON



UFC 104

MACHIDA vs SHOGUN

SATURDAY OCTOBER 24

DOORS AT 7 • SHOW AT 8PM

LIVE ON UNION T.V.

ARGYLL AND 99 ST. 702-2582 • UNIONHALL.CA

NAITSA SENATE NOMINATIONS

are open from
Friday, Oct. 16 - Fri. Oct 23

**Nominations are only open for:
Election – Department of Undergraduate Studies**



Put your hat in the ring if you
are interested in being a part of

**YOUR STUDENT
GOVERNMENT.**

Nomination forms are available at the
NAITSA Office - E131.

Each year, NAIT students elect two Senate representatives from each NAIT school.
From October through to April, these student leaders meet every two weeks at
NAITSA Senate meetings to oversee the direction of the organization.

You will gain valuable experience in:

- Leadership development • Networking with a wide range of other students • Governance and political procedure

AND it looks great on your resume!



www.naitsa.ca



TIP OF THE WEEK – FROM NAIT SECURITY SERVICES

Be safe for Halloween



Halloween is coming up on us once again and little ghouls and witches will head out in costume for some long awaited trick or treating. Here are a few simple tips for you and your youngsters to have a safe and happy Halloween:

For Kids:

1. Trick or treat with a friend or your parents.
2. Do not go to houses where the lights are off.
3. Never go inside a stranger's house.
4. Know where a Block Parent house is in case you need help.
5. Start trick or treating early and do not stay out late.
6. Let your parents know where you will be.
7. Cross the road at the corner or a crosswalk.
8. Look both ways before you cross the road.
9. Wear reflective tape on your costume so drivers will see you better.

10. Carry a flashlight.
11. Never go into alleys, parking areas or vacant lots.
12. Do not go near animals you don't know.
13. Eat a good supper before you go trick or treating and ask your parents for their treats to eat while you are out.
14. Let your parents check your treats before you eat them. Don't eat candy when you get it. Take it home and let your parents check it over.
15. Never eat unwrapped candy.
16. Keep away from open fires and candles. (Costumes can be extremely flammable.)
17. Use face paint rather than masks or things that will cover your eyes.

For Adults

1. Using common sense can make a party a great one and avoid anything that may ruin it.
2. Keep an eye on the drinking; don't let it get out of hand. Take the keys away from any-

one that may be driving. Have one person stay sober and offer to drive those people home who may be too intoxicated to drive.

3. When deciding on a menu, check and see if anyone attending the party has food allergies that might be a problem. Common food allergies to dairy products, peanuts and shell fish can really put a damper on the festivities.

4. Know the route your kids will be taking if you aren't going with them.

5. The best bet is to make sure that an adult is going with them. If you can't take them, see if another parent or a teenaged sibling can go along.

6. Know what other activities a child may be attending, such as parties, school or mall functions.

7. Make sure you set a time that they should be home by. Make sure they know how important it is for them to be home on time.

8. Explain to children the difference between tricks and vandalism. Throwing eggs

at a house may seem like fun but they need to know the other side of the coin as well, cleanup and damages can ruin Halloween. If they are caught vandalizing, make them clean up the mess they've made.

9. Explain to your kids that animal cruelty is not acceptable. Kids may know this on their own but peer pressure can be a bad thing. Make sure that they know that harming animals is not only morally wrong but punishable by law and will not be tolerated.

Happy Halloween!

If you have information about a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). Your identity will remain anonymous and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.

For more tips and information, visit www.nait.ca/security.

Dr. CONwisdom

Dear Dr. Conwisdom,
I really like a guy in my class, but I don't know how to tell him. What should I do? What's the best way to let him know?

Sincerely,
Scared to love

Scared to love,
Don't get drunk and tell him. That's the worst possible thing you can do. Take him for a coffee sometime, and tell him the truth. Tell him

you like spending time with him, and you want to see if there's a spark. Be cool about it, and then see what happens. If he's not into you, then stay friends and move on. There's plenty of people out there.

Dear Dr. Conwisdom,
I really like my girlfriend, but she's a terrible kisser. How do I tell her that without hurting her feelings?

Sincerely,
Tongue Trouble

Dear Tongue Trouble,
Don't tell her she's a bad kisser right away. This is a case where you need to show first, and wait to tell. Kiss her how you liked to be kissed, mention how good it feels and see if she takes the hint. If she doesn't, tell her you read in a magazine about a new hot way of kissing, and get her to try that. If that doesn't work, then be honest with her. Tell her you love kissing her and you want it to be the best that it can be. She'll understand.

Dear Dr. Conwisdom,
I used to have an STI, but it's all gone now. I started seeing a girl recently, and she asked me if I've had one before. I wasn't expecting it, so I freaked out and said no. Should I have told her the truth?

Sincerely,
Cover Up

Dear Cover Up,
Well if you're sure she's never going to find out, it might be alright that you kept this one to yourself. If other people know, there's always a chance that the story could get back

to her, then she'll be really angry. I would tell her. You're clean now, so it shouldn't matter. Maybe she's had one before too. In my experience though, lying to cover something up, usually comes back to bite you, much like your STI might have.

Do you have any personal questions you want answered? Send an e-mail with your concerns to conwisdom@nait.ca and your sex doctor will have your "prescription" ready for you the following week!

Big Brothers Big Sisters

Kids with great mentors are more likely to attend schools like NAIT immediately after graduating from high school. Volunteer today through one of the flexible mentorship programs with Big Brothers Big Sisters. You don't have to change your life to change theirs.

Call 780-424-8181

or apply online at

www.bbbsedmonton.org.



Wildlife Rehabilitation Society of Edmonton
Compassionate Care of Injured and Orphaned Wildlife

Presents the 10th Annual

Run Wild for Wildlife

HALLOWEEN FUN RUN

5 km Run or 2.5 km Walk
Sunday, October 25, 2009
11:00 A.M.
William Hawrelak Park

Support Edmonton's Only
Wildlife Shelter!




Register online at www.runningroom.com or call the Running Room at 780-433-6032
For more information, email runwildforwildlife@wildlife-edm.ca

HOT SINGLE OF THE WEEK



Photo by Elyse Fiore

Mark Sereda, 21

Three words to describe yourself? – Professional amateur dragon.

What do you look for in a girl? – A heartbeat. I'm no necro!

What's the first thing you notice in a girl? – Exotic eyes.

What is your favourite part of your body? – Hands. Joking! My dragon tongue.

What kind of music do you listen to? – The new classics.

Boxers, briefs or commando? – Call me "Sergeant No Panties."

Hobbies? – Motorboatin' ... and fishing.

What would you like to say to all the ladies at NAIT? – I'm not so much single as I am ALWAYS available.

You can e-mail Mark at msereda1@ookmail.nait.ca
Are you hot and single? E-mail us at entertain@nait.ca

STUDENT EMPLOYMENT

NAITSA (NAIT Students' Association) is now accepting applications for the following:

VOLUNTEERS

- Will help carry out events and other NAITSA initiatives. If you need hours for a class, stop by NAITSA and we will find a position that suits your needs and interests.

FRONT DESK ASSISTANTS

- Students needed to work over the lunch hour 11 a.m. to 1 p.m.
- Answering the phone, faxing and the ability to multi-task is an asset.

Application forms available in E-131, or submit a cover letter and resume to Shannon Marshall at the NAITSA office.

CAMPUS CLUBS CLERK

We're looking for an outstanding individual to join our team of creative, enthusiastic and hard working people, to assist in the delivery of our Campus Clubs services.

Job duties for this part-time position include: special event planning, cash handling, club set up and promotion of clubs on campus.

The successful candidate will be self-motivated, outgoing, have strong attention to detail, be flexible and have strong communication skills and superior cash handling experience.

Closing date is Friday Nov. 13, 2009 at 4:30 p.m.

Submit cover letter and resume to:

Shannon Marshall

Director of Personnel & Administration

NAIT Students' Association

Room E-131

11762-106 St., Edmonton AB T5G 3H4

or e-mail shannonm@nait.ca

MASCOT WANTED

NAIT Athletics is looking for a dynamic, enthusiastic student to be the "OOK" mascot!

Earn up to \$1,000 per semester!!!

For more information, contact Jordan Richey at 780-471-7579 or jrichey@nait.ca

Are you an Aboriginal student attending NAIT?

If so, there is a centre right on main campus designed specifically to meet your needs! Unique features of the centre include cultural awareness, mentorship programs, Aboriginal funding options, Aboriginal scholarship and bursary information, community referrals, full use of kitchen facilities, coffee for students and business services such as fax and computer access. The EnCana Aboriginal Student Centre is a great alternative for students to study and work. Even if you are not self identified through NAIT, you are welcome to utilize all available services at the Centre! The EnCana Aboriginal Student Centre is available Monday to Friday, 8 a.m. to 4:30 p.m., in E-Wing, Room E-121.

Questions? Please feel free to contact Victoria Cardinal, Manager of Aboriginal Student Services @ (780) 471-7839, or at vickiec@nait.ca. We look forward to seeing you at the centre. Drop in any time.

CLUBS CORNER

Halloween Beer Garden



Hosted by: Biological Sciences
Location: The Tower (8th floor, T-building)
When: Friday, Oct. 30
Time: 3:30 p.m. – 12 a.m. (Taps turn off at 11 p.m.)

ALL WELCOME



The CETSC/NASS beer garden obviously raised lots of money.

Upcoming Events ...

Electronics Engineering Tech Society

What: Speed Cabling Competition

When: Friday, Oct. 30
11:30 a.m. to 1:30 p.m.

Where: NAITrium

KVA

What: Beer Garden

When: Friday, Nov. 6,
4 p.m. to 11 p.m.

Where: Annex Dock

NAIT Architectural Students Society

What: Pancake breakfast and lunch BBQ

When: Friday, Oct. 30
7:30 a.m. to 2 p.m.

Where: Annex Dock

NAIT Architectural Students Society

What: Eskimo ticket sales

When: Oct. 1-30

Where: NASS Paper Store

Chemical Technology Student Council

What: Silent Auction

When: Monday, Nov. 9
10:15 a.m. – 2:15 p.m.

Where: South Lobby

MRT 2011

What: Perogy and sausage lunch

When: Wednesday, Nov. 4
11 a.m. to 1 p.m.

Where: Outside NAITSA office

BAKE SALE

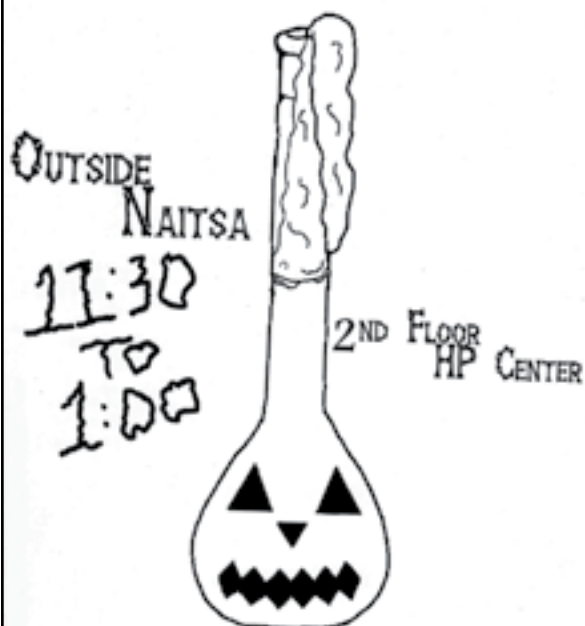


THURSDAY, OCT 29, 2009
IN FRONT OF THE NAITSA
OFFICE



9:15-1:15

CHEM TECH HALLOWEEN TREAT BAGS



OCTOBER 26 - 30 TH



Beer garden volunteers take a break.



Your horoscope



MADAME O

Oct. 22-Oct. 28

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Aries (March 21-April 19)

Love will come your way this week. It won't be the love that you're looking for, so don't get your hopes up. You will do well on your midterms though, so you have something to be happy about.

Taurus (April 20-May 20)

Today you will get three e-mails. One will be telling you that you've won a million dollars, one will tell you you've won a trip to Jamaica and one will be from a secret admirer. They are all true. Give your credit card number to whoever requests it in the e-mails.

Gemini (May 21-June 20)

Have you noticed that whenever you talk to people, they always seem to be in a rush, and they have to get somewhere in a hurry? It's not true. You talk WAY too much, and it's really annoying.

Cancer (June 21-July 22)

Do a good thing for yourself and the world today. Stop buying Ed Hardy clothing, but nicer, cheaper clothes, and donate the money you've saved to a charity. The world will be a much better place because of your choice.

Leo (July 23-Aug. 22)

You're a really nice person, but you need to learn about personal space. Next time you reach out to hug someone, they're going to dodge it. It's time to start keeping your hands to yourself.

Virgo (Aug. 23-Sept. 22)

You're going to meet the person of your dreams today, but when you introduce yourself, they'll turn away and ignore you because you left your garbage on the table after you finished lunch. He/she will never speak to you again. Time to grow up, and pick up after yourself.

Libra (Sept. 23-Oct. 22)

You know what the best reality show out there is? It's called: "Your Life." It's on every day from the time you wake up until the time you go to sleep. Start watching that and you'll find that it's WAY better than, "Stupid Husband, Bitchy Wife and eight loud brats."

Scorpio (Oct. 23-Nov. 21)

You're not having any luck with love right now, but don't worry, you're the Kyle Orton of the love game. A change of scenery is all you need. Then you'll be undefeated.

Sagittarius (Nov. 22-Dec. 21)

Next time you go out, remember, just because there's karaoke at the bar, doesn't mean you have to sing. You and your three friends may enjoy your voice, but no one else does. Pass the mic.

Capricorn (Dec. 22-Jan. 19)

You have a big crush on a girl, but she's not into you. You're thinking about asking her little sister out. Don't do it because you'll look like a jackass. Don't ask her little brother out either.

Aquarius (Jan. 20-Feb. 18)

You're going to a party and there's free booze. Don't go overboard. Just because it doesn't cost anything doesn't mean you have to drink as much as you can, trust me. You and your reputation will thank me.

Pisces (Feb. 19-March 20)

The H1N1 flu is coming for you. Sorry about that. Look on the bright side, at least you'll get a few days off school.

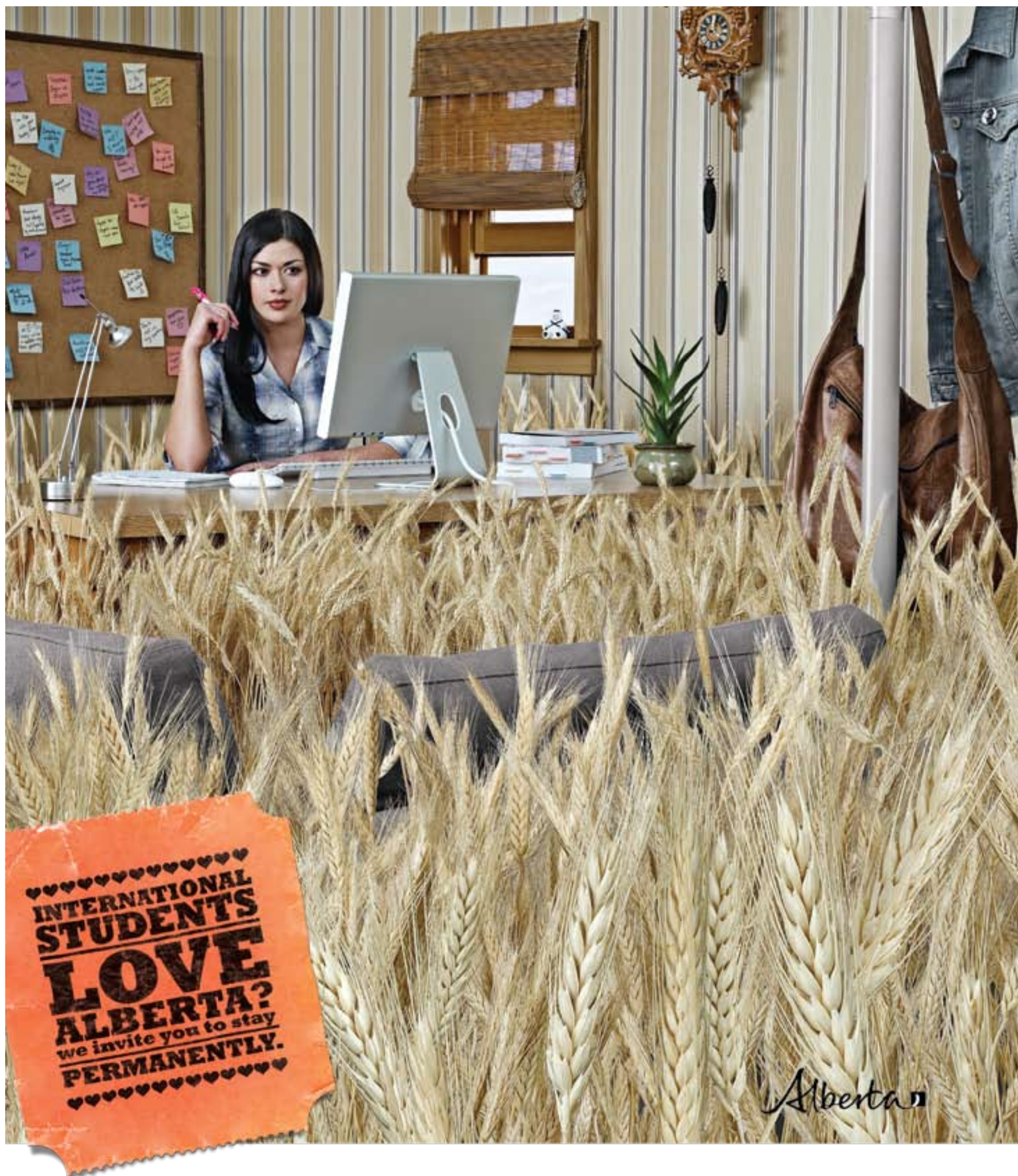


Do...Undo...Redo

Alberta
recycling
MANAGEMENT AUTHORITY

When your electronics are "done" do the right thing (for you and your planet) and recycle them...so they can be turned into new stuff.

For more information, visit albertarecycling.ca.



Free Online Webinar Session:
November 3, 2009 | 6pm MST

If you're an international student, join us for a free online webinar about the Alberta Immigrant Nominee Program—a great way for you to become a permanent resident of the province you've grown to know and love. Register at AlbertaCanada.com/lovealberta