

HAPPY THANKSGIVING!

# THE NUGGET

Thursday, October 8, 2009  
Volume 47, Issue 6



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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

## A LUCKY STUDENT

NAIT business student Steve Ferrero has brush with paralysis, story page 2



Photo by Mandy Kostiuik

### LADIES ARE PIRATES, TOO

Local pirates Lindsay Gough, left, from NAIT, and Sara Ainsworth, U of A, enjoy their beverages at the Nest Oct. 2 before sailing off on the Edmonton Queen riverboat for NAITSA's Pirate Party. A good time was had by all of the swashbucklers who shipped out. Story page 13, photos throughout.

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# NEWS & FEATURES

## Second chance for NAIT student

By RYAN FLAHERTY

The game nearly didn't happen, but the Edmonton Clansmen Rugby Club planned for too long to stay home. It was a normal, January exhibition game in Fort McMurray, and it changed Steve Ferrero's life forever.

"I took the ball into contact and was tackled," said Ferrero. "My momentum, plus the momentum of the tackle took me to the ground, and I landed on my neck, like a pile driver."

Ferrero played for 15 minutes, not knowing he was hurt, before Fort McMurray's trainer, an EMT, insisted he leave the field.

### Team paid costs

The trainer immobilized Ferrero and called an ambulance. As a self-employed contractor with no health insurance, Ferrero didn't want to pay for an ambulance he thought was unnecessary. Ferrero's coach assured him the team would look after the costs.

Ferrero was strapped to a spine board, whisked away to the hospital and sent for X-rays.

"The doctors came in. I saw the look on their faces and I knew something was wrong."

Ferrero's neck was broken. He was prepped and flown to Edmonton for surgery.

"The first thing that you think of is 'oh my god, I'm going to be in a wheelchair for the rest of my life.'"

"I fractured my C3 [vertebrae] – shattered it. When the doctors came in to talk to me they said (that) 'if this shifts at all, there's a definite possibility of paralysis and death,' so that was pretty scary," Ferrero states.

Ferrero was fitted with a halo, an experience he laughingly recommends that no one go through. "They torque-wrench screws into your skull, and you can't be sedated for it. They only give you local anesthetic." The surgery repaired the damage as well as possible.

Ferrero's received incredible support from his family, girlfriend and the rugby community.

"The amount of support that I've gotten, from Rugby Canada down to the club levels, is amazing," he said.

Unable to make a living, Ferrero received donations not only from his own club but also from other clubs around the country. He was able to focus on making a full recovery. Ferrero received a commitment from his club president, Steven Blink, that this year's school costs and living expenses would also be paid for with the funds raised in his name.

"I don't know where I'd be at this point in my life if it hadn't been for their generosity and their support," said Ferrero. Ferrero is very thankful for his girlfriend, Roxanne Spiess, his primary caregiver.

"She's been my nurse and my chauffeur. She basically quit her job and she deserves more credit than anybody. She was there every single day. She's been my rock."

### Girlfriend a rock

Ferrero is grateful for the flexibility from NAIT, which allowed him to synchronize his class schedule with that of Spiess, also a student at the school, so she can continue to assist him with his recovery.

Now recovering and working hard to finish his business diploma at NAIT, Ferrero is eager to make use of the second chance he feels he's been given. He's working with other rugby players who have suffered serious injuries to help create a system of guidelines for Rugby Canada to deal with athletes who suffer traumas.

Ferrero points out that rugby is often unfairly demonized as a barbaric sport. Not a lot of folks outside the rugby world realize the strength of character in the hearts of many of its participants. He recalls a popular saying within rugby circles: "It's more than a game, it's a family."

Judging by the groundswell of support Ferrero has received over the past eight months, it's mighty hard to deny that fact.



Photo by Elyse Fiore

### NICE RIDE

A safety conscious (note helmet) Colin Northcott takes a spin on a Segway at NAIT's open house last week.

## Composting has fertile future

By TAYLOR POLLMANN

Next time you're at the garbage can, you might be throwing away some treasure. Some Biological Students might think so. After inheriting a project that was started up by Lindsay Scott and Joanne Pitches as a way to give back to the NAIT community, three students have flourished with the opportunity.

For the last year, J.P. Lesley Down and Kim Davis have been running an elaborate composting project under the watchful eye of instructor Dave Critchley. While he is very proud of the initiative that his students have shown towards an

extra curricular activity, he insists that more hands to help wouldn't hurt.

"Ideally there is a grapevine to enlarge the process but we need more student volunteers," Critchley says.

### Castings are valuable

The process of composting involves the breakdown of organic materials such as scraps into the by-product of nutrient rich soil. The composting project that occurs at NAIT takes 60 pounds of scraps and turns it into 40 pounds of usable by-product. These castings from the compost boxes are extremely valu-

able, and are sold for as much as \$1,000 for one ton in places like United States.

When asked about the prospect of selling their product, the students once again displayed their selflessness nature.

"If it sells well, we will collect the proceeds and give it back into the Biological Sciences program at NAIT," an excited Kim Davis proclaimed. She also mentioned her wish to work for the Alberta Environment or Golder Associates. Either of those would be a big enough tradeoff for the time put in.

While this program has been very

successful, the students also have not forgotten who helped put them in the position to succeed in the first place. The Culinary Arts program has been a key factor in setting this program in motion. Through a donation of a \$7,000 processor to help collect the scraps of organic material from their classes, they've been there alongside the students from the start.

### NAITSA a factor

NAITSA has also been a key factor with their grants, leading to the start of this project. When it all came down to the fact however; they were quick to point their finger

to the one man who all made this possible.

"I will like to throw a big thanks out to Dave Critchley for spear heading the whole operation," J.P. remarked.

After a walkthrough of the daily routine and a quick breakthrough led by Lesley, the effort by this group of students became evident.

Combined with the knowledge on the subject of Environmental Sciences, the future is indeed bright.

If you would like to get involved with this composting project, you can contact Dave Critchley at 780-471-7760.



Photo by Raymond Ip

## GETTING THE MESSAGE

A crowd gathers at a booth during NAIT's open house last week to hear about opportunities for women.

# One opportunity at a time



By **MacKENZIE MARSHALL**  
Issues Editor

Lance Marty knows life isn't easy for Aboriginal youth in Edmonton, especially after what he's been through.

"I spent some time living on the street, dealing with addiction issues and getting involved with crime," Marty said recently.

When someone gave Lance an opportunity, he turned his life around, and now he's returning the favour. A new program launched late last month called, Pohna: Keepers of the Fire is how he's doing it. A request from the Edmonton Police Service created the project. The plan was to find a way to intervene with groups of youth aged 11 to 17 who are starting to emulate gang activity.

These youngsters are usually found with loose

ties to gangs like the 4Deuce Killers, Blood Set Soldiers, King Pin Blood, Blood Tie Family, 118 Souljas and Bloodz. They usually find themselves in trouble after committing unsophisticated crimes like low-level drug dealing, theft, mugging and swarming. They like to emulate American street gangs, with rituals and wear "colours" to identify themselves.

The project is big. The program was announced in June at the Alberta Gang Summit in Calgary. Key partners in the group include the Edmonton Police Service, Edmonton Public and Catholic schools, the department of the Alberta Solicitor General and Public Security, the City of Edmonton and others. The program costs \$1.5 million dollars, and runs for three years.

This program is different. Instead of putting at-risk youth in the court system, they can now join Pohna and decide their own future. Police refer youth to the program, but participation is voluntary.

"This one is where the youth themselves identify that there is a need for change in their life, so they volunteer. The youth are essentially the drivers of the program, and we're just the passen-

gers," Marty said.

It might involve working with the youth and their school to increase attendance, getting the youth to re-connect with family or getting them involved with a recreational sport. The specific services and support provided by the program will vary on the individual needs of the youth and their family.

The groups involved are excited that the program is off the ground.

"This is music to my ears," said Police Chief Mike Boyd. "It's going to work. I'm so pleased to see something going beyond just enforcement."

"The more we can get into the community and the families, and direct them into a program like this, the better off we all are," added John Finley, superintendent of the downtown division.

As for Lance, he believes the "pay it forward" ideology will work for other as well.

"It took just one man who is still to this day my best friend, my mentor. He gave so much to me, I figured it's only fitting that I give back."

The program currently has six youth enrolled. Police working in the inner city have identified 70 or so additional youth. They could all be referred to the program in the future.



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studenteditor@nait.ca

The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

## Letters

### We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

## Give SIFE a chance

By **SAMANTHA SILVA**

What's SIFE, anyway?

When someone is first introduced to SIFE, the first question that may pop into his or her mind is "What's SIFE?" Well, wait no more! SIFE stands for Students in Free Enterprise. It is a club that is not only at NAIT but at other institutions as well.

Just imagine you could be studying at NAIT for an exam or quiz but still be able manage or create your own micro-business. You work with industrial leaders of today's market, which will give you the skills you need to be a great entrepreneur.

Better yet, you could be competing against other students across the globe for your very own project. It is an opportunity that can't be missed.

Matt Bell, president of SIFE, held the first SIFE meeting on Sept. 17 and explained the various opportunities that students could be involved with. He and his fellow teammates (Sandra Spencer and Hans Kristen Larsen) will be leaving to the SIFE World Cup 2009 in Berlin on Oct. 1. All expenses for the trip were contributed from their previous win of \$5,000. However, it is noted that the SIFE team at NAIT will be representing our school as observers.

This team is extremely excited for the upcoming year and is hoping for you to join them to make this year another success.

For more questions and inquiries, please contact Matt Bell at mbell@sifenait.com

*TechTalk 2.0*

# A Google Wave



By LINDA HOANG

As if coining its own verb wasn't enough, Google has been making waves all week with the launch of its new communications and collaboration platform, Google Wave.

Google Wave is designed to change the way we communicate online – to be “what e-mail would look like if it were invented today.”

Someone creates a “wave,” which is an online conversation or a document, then adds people to that wave so they can contribute and edit the wave through text, videos, photos in real time.

Google Wave basically combines everything from e-mail to instant messaging to chatting to Wikipedia-styled content editing and social networking all in one browser window.

“Wave feels like some crazy crossbreed of Docs, Gmail, and IM,” said Stephen Shankland, senior writer for technology website CNET.com.

“It's not just an application, it's an important evolution in the philosophy of written communication,” CNET editor Rafe Needleman writes.

One feature of the Wave that I'm particularly excited about is their drag and drop photo album function. Basically I can create a wave and drop in all of my photos from an event. I then add others who can then drop in their photos from the same event and everyone involved in this photo wave are able to view and download the high

quality images.

As well, the Wave is open source, so any developer can create more services and gadgets for Wave users. The opportunities are endless.

This also means that all of the random and addictive Facebook applications you use each day can eventually appear on the Wave, but with the added ability for users to interact and play collaboratively.

So what does this mean for current e-mail, instant messaging and social networking services?

Google's hope is that the Wave ultimately replaces them. Why go to multiple websites for services that can all be found on the Google Wave page?

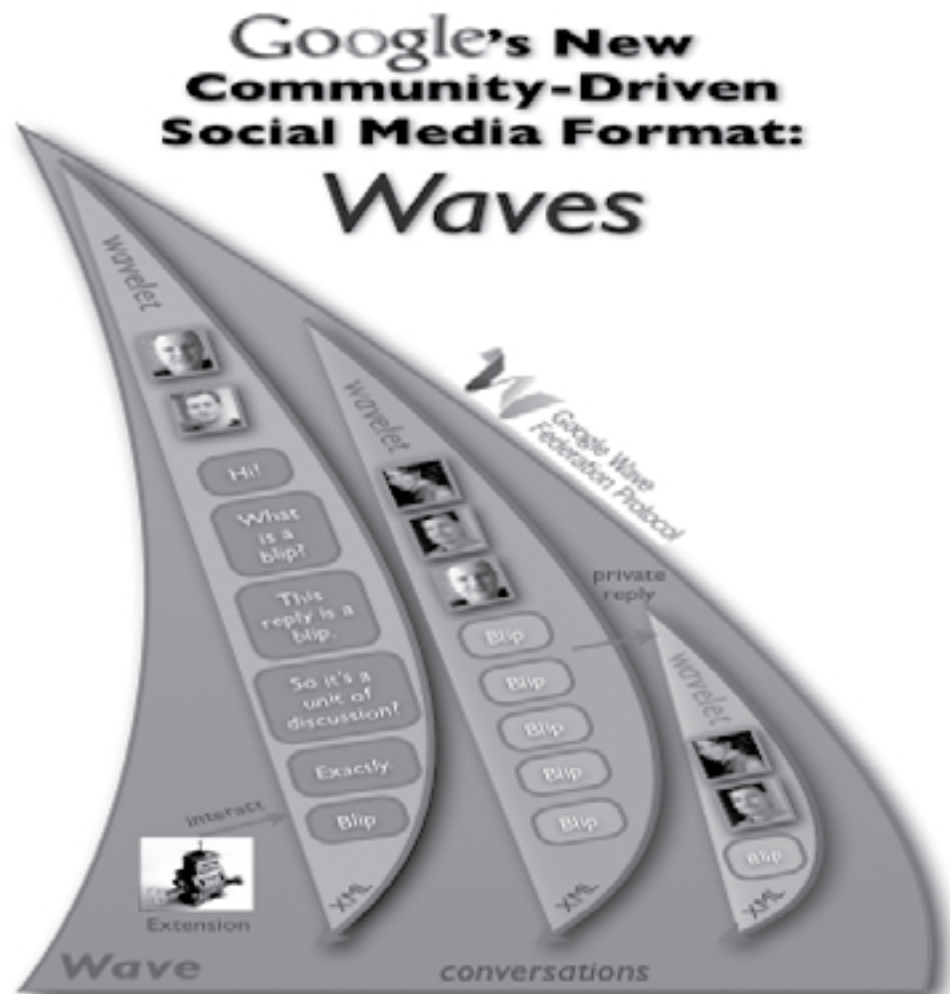
But whether or not the Wave can eliminate the world's need for Facebook remains to be seen. Also, the current features involved in the Wave aren't anything we haven't seen before, so why is this new platform getting so much hype?

For one thing, it's Google putting it out there. Also, it's pretty impressive and interesting that these features are being brought together in one streamlined interface.

Plus, it's free.

Or it will be when it's available to the public later this year.

Currently only 100,000 lucky individuals were invited to use the Wave.



From <http://blogs.zdnet.com/Hinchcliffe>

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**The Next Generation of News**

# OPINION

— Editorial —

## Security - a matter of opinion



**CHRIS CARMICHAEL-POWELL**  
Editor-in-Chief

Sometimes when you feel the most secure, things take a change for the worst. Over the past few weeks there have been a few thefts on campus, a few too many, for my liking. I am not going to blame this on security, because I am sure they do the best job possible. Nevertheless, having both security officers and peace officers seems to do nothing more than provide the students and staff with a false sense of security, and a few more parking tickets.

### Laptops stolen

To my knowledge, last week, six laptops were stolen out of the gymnasium. I don't have specific details about how the thefts occurred, but I do know they happened. I went to the security website to see if there was any information about it, and there wasn't. My question is, why would they not tell people about this information? As a student, I find it important to know if there's someone walking around campus stealing laptops. It's a lot more difficult to protect myself against a threat I'm oblivious to. I'm not a stupid kid, I understand I should not leave my laptop laying around, but, if I knew there was someone stealing them, perhaps I would be a little more attentive when it comes to where I'm leaving my stuff. Not to mention if there are more people aware of the situation, chances are they're going to keep a closer eye out for suspicious behaviour on campus.

To add to last week's thefts, Monday night the Nugget office fell victim to the 'computer bandits.' The weird part about the Nugget theft is that someone had passed through two separate locked doors, both both requiring separate keys. Am I the only one that thinks there may be a lost or copied master key floating around? How does something like this happen? Considering these are master keys, I think it should require a heightened level of security. Once again, is this not information NAIT or security should be telling all staff and students? It basically means you can't leave anything locked in your office anymore. Apparently access is not as limited as we may have hoped.

### Swipe cards

Now I think I have a solution that could help with keys that are lost in limbo – swipe cards. Personally, I find it humorous that we are an institute of technology and we are still cutting keys and re-keying doors. It seems so primitive. Swipe cards would eliminate any problems with staff leaving their jobs and still keeping keys to the building. If a staff member leaves, simply deactivate his or her card. Not only can you limit use of each card, you will also have a log of when someone enters or exits the building or a locked room. Let's think this through for a second. Where do we use keys anymore, aside from locking our houses? Even cars are made keyless these days. Hello NAIT, wake up and fix this problem, currently you're fighting a losing battle and your lack of action is alarming.



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## Your views are important

We want to hear from you!

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Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

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Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that.  
Write us.



# SPORTS

## Championship or bust!

By TAYLOR POLLMANN

Choice words, game defying dunks and sweat hitting the hardwood. Yes, basketball season is upon us again.

After finishing the season last year with a first-round loss to the eventual National Champions, Mount Royal College, the Oaks men's basketball team is ready to put last season behind them and progress forward.

"Our team is on a mission to prove ourselves as a formidable opponent in our conference and as real contenders for the National Championship," says coach Don Phillips.

This should come as no surprise, as coach Phillips is no stranger to being active in the big show. In two years as coach of the Paul Kane High School Blues he led them to two provincial championship games, winning the latter.

If the preseason is any indication, the future is definitely bright. In the Hoopfest Tournament held last weekend at King's College, the Oaks learned a valuable lesson in the opening game against a stacked University of Alberta Golden Bears squad. However, from there, they progressed by thumping the Keyano College Huskies 95-56, and defeated the defending champions Mount Royal College in a closely contested match on their way to winning the tournament. A serious indication of the Oaks roster strength is the special scouting trip by Golden Bear coach Greg Francis. It is a rare feat when the coach of a

CIS team actually takes the time to scout an ACAC team in preparation for a preseason game.

The men's team is made up of a core of returning players such as guards Cyril and Dennis Ashworth, along with four players that followed Phillips on the provincial-winning high school squad.

New faces to the team include a duo of cousins, Shane Cox and Shane Reece, from Sheridan College based out of Toronto.

"Our coaching staff identified two areas of concern for the 2008-09 season," coach Phillips told NAIT Athletics.

"Maturity for one and lack of size in certain positions for the other."

The cousins certainly help address this problem. They are expected to mesh

nicely with the group of players that coach Phillips has already assembled. Some also feel that they might actually be the final piece to the puzzle that the Oaks need to reach their goal of a National Championships, held this year at SAIT in Calgary.

The Oaks regular season begins with a back-to-back matchup against the Grant MacEwan Griffins. It is expected to be a tightly contested battle based on the two school's rivalry and competitive nature. The first game is Oct. 14 at MacEwan, then they head back to NAIT Oct. 17 at 8 p.m. for the grudge match. So come on down to the main gym to help keep NAIT's reputation as the loudest and proudest fans in the ACAC.



File photo

**NAIT's basketball team is ready to put last year's season behind them and push forward. If the preseason is any indication, the future looks bright.**



## Give and Go

LONDON HOMMY

So I watched *Battle of the Blades* the other night. If you missed it think *Dancing With the Stars* on ice, where the stars are ex-hockey players and the dancers are figure skaters. You can always count on the CBC to come up with a stereotypically Canadian version of something famous. I was half expecting the "My Name is Joe" commercial to run continuously, picture-in-picture throughout the program. Still, there's nothing like watch-

ing Tie Domi pull a Warren Sapp and show off his graceful side. Either way, I think we could all use a little more Candiana in this week's Give and Go.

Binkowski – You see that Souray fight on Tuesday night? What a leader. I wonder what his pre-game speeches are like ...

Bryan Adams – I would fight for you, I'd lie for you,

Walk the wire for you, ya I'd die for

yoouuu,

You know it's true,  
Everything I do, I do it for you.

Colleen Nuc – C'est une autre saison d'hockey. Fantastique!! Il faudrait que vous boirez une biere ou deux pendant les jeux, non?

Don Cherry – Was that Russian? I can never tell. All I heard was something about hockey. It's back baby! I haven't been this

excited since my suits cured the blind.

Hommy – Another record for Favre. Is there anything he hasn't done?

Fred Penner – Well I know who can tell us - the Word Bird! Let's see what the Word Bird has for us today ... the word is ... RETIREMENT.

... Unlike Sapp, Domi wasn't very good.

Tune into the Give and Go Show Sundays at 6 p.m. on nr92.com

# Hot men in sports ...

By **LANDON HOMMY**

It's supposed to be this big mystery. Women are from Venus and men are pre-lightning-strike Mel Gibson in *What Women Want*. Sigmund Freud is a genius. Casanova is absurd. Boys don't have a clue.

Binkowski and I set out to challenge that stigma. We set out wondering: what do women want ... in an athlete?

The evidence is all there, the shrieking fans, the "Marry Me \_\_\_\_" signs and the pink jersey sales. The magazine covers, rich contracts and trophy wives. Can it really be so hard, as an avid sports junkie, to guess whom

girls feel are the hottest male athletes on the planet? Not really.

We scoured the planet campus, as part of our

scientific self-conscious study, for girls willing to offer up their vote. Tough gig, I know. Our sampling was about 40 girls. We carried photos of our nominees and asked who stood out



**David Beckham**

the most. It's shallow, sure. I mean I'd rather write about the Oaks but, for better or worse, many college kids would rather read this.



**Fredrik Ljungberg**

We are aware that many girls, much to their chagrin, do not know many of the angelic faces in the sports world (our apologies to those

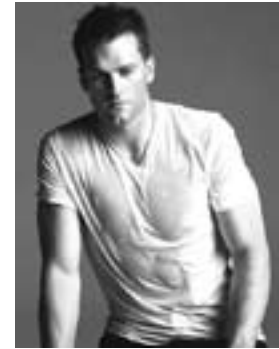
that do, misogyny isn't what we're going for here). We tried to show them. Not surprisingly the most famous names found their way to the top (although there was one relative unknown who cracked the top three).

You'll recognize some names, some you won't. I don't care. But the girls did:

Third place – Tom Brady: Most picked him because of Giselle. Or was it Bridget Moynahan? Football sucks anyway.

Second place – Fredrik Ljungberg: He's

Swedish. He's a Calvin Klein model. Now he just has to get good at soccer. It's unlikely as a member of the MLS Seattle Sounders.



**Tom Brady**

First place – David Beckham: ... Crickets. It's disappointing I know. I was hoping someone who wasn't the most famous athlete on the planet would stand as the hottest male athlete, but then again that's why he is here. Go figure.

Honourable mention – Cristiano

Ronaldo, Vincent Lecavlier, Matt Leinhart, Matthew Lombardi, Andy Roddick, Alex Rodriguez.

# ... and women, too

By **CURTIS BINKOWSKI**

Is there anything sexier than a woman who is fit, commands attention, famous and self-made? I'll answer that for you.

No.

As Landon roamed the halls and talked to all the babes, I roamed and spoke ABOUT the babes ... to the dudes. I was a little jealous, so I began asking some women. For the women who knew a fraction about sports, thank you for your answer, and for those who couldn't name a female athlete or responded with the world's wittiest comment, "Me! giggle, giggle," you are truly lame.

Most of the NAIT dudes answered with passion and brought some interesting candidates to my attention whom I will discuss before we get to the winners:

Natalie Gulbis. I was quite surprised that she was only spoken of twice in a field of over 60. This 26-year-old American beauty is no stranger to a swimsuit.

Tanith Belbin. A very attractive figure skater who was spoken of multiple times. She's basically like Brett Hull, born in Canada but competes for USA.

on was close, but there were miles separating first and second.

**Silver medal** - Anna Kournikova: Hasn't gripped a racket, well,

tennis rack, in over five years but is far from forgotten.

**Gold medal** - Maria Sharapova:

Another Russian tennis star, Sharapova is flat out smoking hot. She's only 22 and a much better tennis player than Kournikova. But beware guys, you better have some muscle cause this

babe is six-foot-two. Now you can sleep at night.



**Allison Stokke**



**Anna Kournikova**

**Bronze medal** - Allison Stokke: I assure you she's the world's best-kept secret other than Roswell, New Mexico. This pole-vaulter makes eights and nines look ugly. Third place and

## Athletes of the week

Sept. 28-Oct. 4

**Leanne Kadatz**  
**Soccer**



Leanne scored four goals this weekend and was the Oaks best player in a 10-0 win versus the Kings College Eagles. "She is a force on the pitch ... very difficult to contend with for other teams. She has a tremendous work ethic and is positive in training", said NAIT head coach MP Duxbury. Leanne is a first year student in Continuing Education.

**Michael McCormick**  
**Soccer**



In NAIT's 4-2 win over Kings College, Michael McCormick was the difference as he opened and closed out the scoring with a two-goal game. Michael's presence in the midfield was the difference maker. His ability to distribute the ball is as good as anyone's in the ACAC, and he shows a vision not usually seen in a first-year player. Still learning what soccer in the ACAC is all about, Michael's growth as a leader on the pitch bodes well for the NAIT program. Michael is a first year Business Administration student.



**Maria Sharapova**

arts-wallpapers.com

# ACAC Standings

MEN'S SOCCER							
North Division							
Team	W	L	T	Pts	GF	GA	+/-
Concordia.....	6	0	0	18	29	5	24
NAIT .....	4	1	1	13	19	10	9
MacEwan.....	4	2	0	12	17	5	12
Grande Prairie ..	1	4	3	6	8	19	-11
Keyano .....	0	5	3	3	7	30	-23
King's.....	0	3	3	3	5	16	-11
South Division							
Team	W	L	T	Pts	GF	GA	+/-
SAIT .....	4	0	3	15	23	8	15
Mount Royal ....	4	2	1	13	20	6	14
Medicine Hat ...	3	1	2	11	14	10	4
Red Deer .....	1	4	1	4	8	19	-11
Lethbridge .....	1	6	1	4	10	32	-22
RESULTS							
Sept. 30							
SAIT 2, MRU 2							
Oct. 3							
NAIT 4, King's 2, MRU 7, Lethbridge 0; SAIT 2, RDC 0; MacEwan 2, GPRC 1, Concordia 9, Keyano 2							
Oct. 4							
MacEwan 4, GPRC 0; Concordia 8, Keyano 1 SAIT 4, Lethbridge 0; Medicine Hat 1, MRU 0							

WOMEN'S SOCCER							
North Division							
Team	W	L	T	Pts	GF	GA	+/-
Grande Prairie .....	5	1	2	17	21	7	14
Concordia.....	5	0	1	16	24	2	22
MacEwan.....	3	2	1	10	13	7	6
NAIT .....	3	3	0	9	20	6	14
Keyano .....	1	6	1	4	4	28	-24
King's.....	0	5	1	1	3	35	-32
South Division							
Team	W	L	T	Pts	GF	GA	+/-
Mount Royal .....	6	0	1	19	21	3	18
Red Deer .....	3	2	1	10	12	7	5
SAIT .....	3	4	0	9	8	10	-2
Medicine Hat .....	2	4	0	6	6	14	-8
Lethbridge .....	2	6	0	6	7	20	-13
RESULTS							
Sept. 30							
MRU 4, SAIT 0							
Oct. 3							
NAIT 10, King's 0; MRU 4, Lethbridge 1, SAIT 1, RDC 0; MacEwan 2, GPRC 2; Concordia 3, Keyano 0							
Oct. 4							
GPRC 2, MacEwan 1; Concordia 7, Keyano 0 Lethbridge 1, SAIT 0; MRU 5, Medicine Hat 1							

## Last 7 days of sports

By CURTIS BINKOWSKI

5. ARSENAL LOSES
- All the teacups and crumpets in Liverpool, England have been crunched and smashed. After only losing twice all of last year, Liverpool suffered their third defeat of the season at the hands of Chelsea.
4. CAMERON WAKE
- Not too many players who succeed in the CFL make an impact in the NFL. Wake was voted the CFL's 2008 most outstanding defensive player of the year, received interest from a reported 17 NFL teams, invites to workouts from eight, then signed with the Miami Dolphins. Last week versus T.O. and the Bills, Wake had himself a whale of a game, recording three sacks and four tackles. He now makes seven times more money than every CFL player combined.
3. NHL SEASON STARTS
- Ooooooooooovechkin! I was thinking about making this about the season but so far it's really been the Alex Show. The season is only a week old and No. 8 is already lighting it up with 9 points in his first three games. Strap up your seat belt and get ready for the 50 goals in 50 games watch. Who said Gretzky's records are unbeatable? This guy scored 52 goals as a rookie. Chandler Byng and Mo Szyrak

- could've potted 50 assists on his line that year. Now's he's four years better and has Semin and Backstrom.
2. BRETT FAVRE
- I'm retiring from the Packers. Tear. I'll be making a comeback with the Jets! I'm glad I did it, but it's now time to walk away from the game. Sniffle. I just couldn't stay away and now I'm in Minnesota! Brett Favre did something no other quarterback has ever done. His 30-23 win over the Packers on Monday night was significant. Along with his records of all time passing TD's (472 and counting), and most retirements, he is now the only QB in history to beat all 32 teams.
1. TWINS WIN!
- The Minnesota Twins won their last four games of the season to tie their division rivals, the Detroit Tigers, with 86 wins, causing a one-game playoff for the AL Central. It was only the ninth one-game playoff in recent MLB history. It's the third consecutive year that it happened, and second in a row for the Twins. Last year, the twins lost their one game playoff 1-0 to the Chicago White Sox. Not this time! Alexi Casilla smacked a walk-off single in the 12th inning to seal the 5-4 win. Their baseball team and football team are fun to watch, but, man, I hate their hockey team so much.

## Ooks ready to step up?

By DOUG YEARWOOD

The NAIT Ooks men's hockey team is looking to build on a year that saw them finish secondnd in the regular season standings.

Following a successful, but not dream fulfilling third place finish in the playoffs, some major acquisitions look to give NAIT the defensive support they lacked this past season.

The defensive core, with the exception of two players, has all changed. Mike Salter, Cam Larson, Ryan Smith, Mark Krupicz, Tanner Hlookoff and Kyle Johnson are all new additions, which two-time ACAC coach of the year Terry Ballard says "are all mobile, but still on the relatively big side."

This may raise eyebrows as to how fast a team can gel, but the coach remains confident in the fact that if his team buys into the crash-the-net, strong fore-checking system, everything else will fall into place nicely.

The team has a different feel to them this year, but isn't walking with a swagger quite yet. "We're trying to find our chemistry, find a role for every player on our team, and create an identity," says Ballard, who is entering his 14th year with the Ooks and ranks fourth all-time in games coached and won.

Ballard feels that all four offensive lines will be able

to crash the net and boards, and have the capability to light the lamp. Undoubtedly the addition of Kris Kasper, who has played in both the ECHL and AHL, will up the ante in leadership and intensity on and off the ice, as well as hopefully contribute on the scoreboard.

However, this is not to say that the Ooks lack leadership, as captain Chevan Wilson and assistants Brett Pепler, Jeff Topilko and Adam Ferrante are all returning to finish the season that "could have been," last year.

With the changes that this team has seen, the departure and addition of players, what are the goals of the team heading into the season you ask? "We still are looking to finish the season as a top four team, and start all over at the end of the year with that crazy season we call playoffs," says coach Ballard, who has already had the last couple of weekends to look at and analyze his team against formidable opponents.

The Ooks split a two-game series against UBC of the CIS University League. They've also played MacEwan, which saw the Ooks jump out to a 5-0 lead half-way through the game and eventually win 6-3. The Ooks begin the regular season Wednesday, Oct. 7 at 7:30 p.m. in Augustana, then return home to the NAIT Arena on the 9th to conclude the home and home series.



Photo by Raymond Ip

### Kathy Le

1. Three words to describe yourself? Fabulous, perfectionist, and kind hearted
2. What do you look for in a guy? If he puts me first. I've dated enough assholes.
3. What do you notice first in a guy? His smile. Gotta have those pearly whites if I'm gonna kiss you.
4. What is your favourite part of your body? My lips \*kisses\*
5. What kind of music do you like? R&B, reggae, hip hop ... anything I can shake my booty too.
6. Panties, thongs, or grannies? Thongs! Who wants panty lines showing through their pants?
7. Hobbies? Dancing, shopping, baking and travelling
8. What do you want to say to the men at NAIT? Don't be shy to come talk to me because I'm actually really nice ... unless you really piss me off – then I suggest you hide.
- Are you hot and single? E-mail us at [entertain@nait.ca](mailto:entertain@nait.ca)

## VOLLEYBALL

# Golden summer for coach Fedun

By MARIA BOYCHUK

Talk about entering the season on a winning note.

This past August, the Oaks men's volleyball coach, Simon Fedun, had the privilege of coaching the Alberta men's team to a national title at the Canada Summer Games.

It was Fedun's second experience as Team Alberta's coach, after taking on the job in 2005 in Regina. Previously finishing the Games in second place, Fedun had his heart set on winning gold this time around in Prince Edward Island, the site of this year's games.

It wasn't easy. After hard work and sacrificing plenty of personal time, he did just that.

They excelled and won their first few games, quickly becoming the new "it" team in the tournament. There were no easy wins, with some games going into extra sets. Alberta went on to beat the Ontario team in the final (26-24) (25-18) (29-27) and took home gold.

"Coming into the tournament, Ontario was considered the team to beat," noted the coach.

It was the first time in Alberta's volleyball

history that both the men and women's squads won their respective titles.

Alberta seemed to come out of nowhere, surprising much of the opposition. The joy of winning was all the more sweet because the team was considered an underdog throughout the competition.

When asked about his favourite aspects of the trip east, the coach was quick to point out that "although winning was the ultimate prize, the atmosphere in the Athletes Village was almost surreal. There were so many amazing athletes from all over the country in one concentrated area ... seeing how all of these athletes with different backgrounds were able to interact and stand up for their province was incredible."

Equally rewarding was the players surrounding him. "Coaching at such a high level of which these athletes were performing was an honour," Fedun concluded.

As for the future, coaching at a higher level is something Fedun aspires to do, although with a young family it's something he'll have to bide his



Simon Fedun



Photo by Tami Paul

NAIT moves against a Keyano player about to kick the ball during a game on Sept. 27. The Oaks won the contest 4-1.

time with. For now he is solely concerned with the Oaks squad, of whom he has high expectations.

Fedun brings back more than just memories with him to NAIT. In order to prepare for the games the Alberta team met several times in Calgary. "If we had any advantage, it was our ability to play as a team."

It's this team building that Coach Fedun is focused on this season. He has already

planned for the Oaks to go on a camping trip this weekend. This will take them out of the gym into a new atmosphere and hopefully bind them closer together by the time they return home.

The team begins its regular season on Oct. 16 at 8 p.m. against King's College in the NAIT gym and then on Oct. 17 at 8 p.m. at King's University College.

# Lidstrom's best

By KITA MURU

For a Top 5, I thought of the top NHL player of the decade as described by the *Sporting News*. It happened to be the most consistent defenceman of the past nine years (due to the 04/05 lockout). That person is Nicklas Lidstrom. So here are five of his greatest accomplishments over the decade, in no particular order:

5. With the 53rd overall pick the Detroit Red Wings selected Nick Lidstrom in 1989. Twenty years (17 seasons) later, Lidstrom has had a career which could signify him as one of if not the greatest European defencemen ever. Over the last nine years, Lidstrom has amassed 127 goals, 447 assists, a plus-232 rating, six Norris Trophies and two Stanley Cups ... nothing special.

4. His playing style is related to his smarts, relying more on positioning and technique instead of physicality. He reads opponents' plays, and defends accordingly. His presence is barely noticeable, almost to where he's ethereal.

He's effective with and without the puck, on offence or defence, which is probably why he was awarded the Norris Trophy six (2001, 02, 03, 06, 07, 08) out of the past nine years.

3. In 2006, He joined a club called The "Triple Gold Club," which is usually reserved for players who have won a gold medal at the World Hockey Championship, a Stanley Cup

ring and Olympic gold medal. To this day, only 17 players are in the club (nine Swedes). In the 2006 Olympics in Turin, guess who scored the gold medal winning goal?

2. His most notable moment involved Dan Cloutier, who was in the midst of breakout year for the Vancouver Canucks in 2002. Cloutier helped the Canucks win 31 games, giving them the eighth-seed in the playoffs against Detroit.

Being the obvious underdog against the Wings, Vancouver took the first two games in Detroit, thanks to Cloutier. In Game 3 with 30 seconds left in the second period, all tied at one, Nick Lidstrom strolls to centre, then drives a 100-foot slap shot off the post and in.

That goal sparked Detroit to win Game 3, the series and eventually the Stanley Cup, almost ruining Cloutier's career in the process.

1. In 2002, Lidstrom became the first European player to win the Conn Smythe trophy for being playoff MVP. However, the 2008 season was probably more significant because that was the year he captained the Red Wings to the Stanley Cup Championship.

He became the first European born player to captain a Stanley cup team – and the first European-trained – shunning the stigma that European players don't care about winning the cup.

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# ENTERTAINMENT

## Sean is Fire Burnin'



**KATHY LE**  
Assistant Entertainment Editor

The teen sensation sent hundreds of screaming fans into a dancing frenzy last Friday when he performed at the Edmonton Event Centre.

Edmonton was just one of the many stops on the itinerary for Sean Kingston's Tomorrow Tour. His performance sky-rocketed with energy and that energy was reciprocated 10-fold by his fans as he pumped out a mix of songs from his self-titled debut album and his new album, *Tomorrow*.

For a moment I almost felt like a teenage girl again as there wasn't a song he performed that didn't make me want to jump up and down. I definitely enjoyed the new sound of his *Tomorrow* album which incorporated reggae, pop, rap and electro-dance. Going with the trend of music there was plenty of auto-tune and synthesizers used as well. He rocked out songs like *Fire Burning*, the lead single on his new album, *Face Drop*, and *Beautiful Girls*, the song that brought him to fame.

Although I thought the concert was super pumped and captured the crowd, the events leading up to my interview with him were nothing to brag about. I was excited and nervous all day for the highly anticipated interview; however my mood was dampened by the time I actually got to speak with Sean Kingston. Is it just me or do journalists just have to suck it up and get used to the "fashionably late" attitude that rides with each of these celebrities? By late I don't mean five minutes, or even 30 minutes. I loitered around West Edmonton Mall for three f-ing hours until Sean was finished whatever he was doing. On the lighter note, the interview itself went really well, so I guess it was sort of worth my time to waste. He was very down-to-earth, we had some good chuckles and he still had the "big kid" twinkle in his eyes.

**Kathy:** What can we expect from this tour?

**Sean:** A lot of fun and high energy. It's a positive vibe.

**K:** How does this new album differ from your first one? What is the general overall feel and sound of this album?

**S:** I feel like I went to another level melodically and with productions. It's a more mature album. I feel like I've learned a lot from travelling the world, going to different places and seeing different heritages and cultures, so I've used my experience towards this album.

**K:** Is there a message that you are trying to

send with this new album? If so, what is it?

**S:** It's about having fun and having a lot of energy. There is so much stuff happening in the world and people want to hear, feel good stuff and they want to dance, relax and have a good time.

**K:** Which artist would you love to work with in the future?

**S:** Kanye West

**K:** Which dead artist would you have liked to work with?

**S:** Biggie man, biggie is dope.

**K:** You opened for Gwen Stefani's The Sweet Escape Tour and select dates for Beyonce's The Beyonce Experience Tour. What was it like to work with two of the biggest female artists in the industry?

**S:** It was amazing to work with them. They were helpful and down-to-earth.

**K:** Where does your reggae influence come from?

**S:** My grandfather.

**K:** What is your reaction to the success that has come your way at such a young age?

**S:** I'm excited. It was a definite shock, but I knew it was going to happen. I didn't think it would happen so early, but now it's all sunken in.

**K:** How do you deal with the publicity? Do you ever feel exhausted from being in the limelight?

**S:** I just keep on moving. If you're in the media, whether good or bad, at least people are talking about you.

**K:** You've achieved so much already. What can we expect from Sean Kingston in the future? Where do you

want to take your music? How would you like to see it evolve?

**S:** I have my own record label right now called Time is Money Entertainment. I want to bring out other artists and give them a shot and take them to another level.

**K:** What was it like to hear your song on the radio for the first time?

**S:** It was exciting. I was like "dude, I made it."

**K:** Does it just stop at music or are you thinking of crossing over to other types of media?

**S:** I definitely want to do acting but right now it's just about music.

We concluded the interview on a good note and I was able to snap some pretty cool pictures. His album is pretty upbeat and is the type that puts you in a good mood after a really crappy day, so I would suggest picking it up!

Let's just hope that not all artists are tardy and that the next one will be on time. However, if I ever have to wait for three hours for another artist at a mall again, I'll make sure to go shopping to pass the time.



Sean Kingston with our own Kathy Le.

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By **LANDON HOMMY**  
Sports Editor

Let me tell you a story. It's easy on the ears, but it may take a while. It'll remind you of better days, when your biggest worry was Bowser's

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Bob Dylan – Hurricane

The Charlie Daniels Band – The Devil Went

Down To Georgia

The Kinks – Lola

Eminem – Stan

Brad Paisley & Alison Krauss – Whiskey Lullaby

The Cavaliers – Last Kiss

John Cougar Mellancamp – Jack & Diane

Tone Loc – Funky Cold Medina

Kanye West – Last Call

Billy Joel – Piano Man

Johnny Cash – A Boy Named Sue

The Animals – House of the Rising Sun

The Headstones – Tweeter & The Monkey Man

David Bowie – Space Oddity

Ice Cube – It Was A Good Day

Paradise By The Dashboard Light – Meatloaf



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Jason Mraz

## Mraz strikes a chord

By **LINDA HOANG**

grat-i-tude: n. The state of being grateful; thankfulness.

I am grateful that Jason Mraz's music exists in this world. Mraz brought his sweet, impassioned sound to Edmonton last Saturday for a sold-out concert at the Jubilee Auditorium as part of his Gratitude Café Tour. In between soulful, swoon-inducing sets, Mraz taught us all a sweet lesson. Wake up. Live. Be grateful. Be gracious. Embrace life.

The 32-year-old utterly calm crooner belted out tunes from his latest album *We Sing. We Dance. We Steal Things*, including *Make it Mine*, *Butterfly*, and *A Beautiful Mess*, songs that are both rhythmically and lyrically differ-

ent, yet promote the same foot-tapping, shoulder-swaying, singing along from everyone at the Jube.

Elise Fisher, manager of the actual Gratitude Café in San Francisco, came out for a sweet Lucky duet with Mraz, a rendition that rendered me a googly-eyed, heart-melting, jealous mess.

Mraz played his older hits as well, including his first Top 20 single from 2002 *The Remedy (I Won't Worry)*. His ever-popular *I'm Yours*, which is arguably his most successful single to date, caused the auditorium to erupt in frantic cheers and squeals.

There was a tranquil aura about Mraz that resonated throughout the entire auditorium. I

certainly felt at peace listening to his remarkably mellow tunes.

My zen state was repeatedly interrupted by numerous obnoxious proclamations of love and requests of marriage throughout the night, from all-too excited, hormonally-high gaggles of teenage girls and middle-aged women.

Opening for Mraz was Billy Galewood who goes by the name Bushwalla. This curly-haired, excited and funny man danced, funkily sang and rapped the audience into an excited stupor. He joined Mraz again at the end of the night for a bouncy encore.

All told, Mraz certainly did sing, dance and steal the hearts of everyone who attended.

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Adult film of the week: Operation Desert Stormy – Wicked Pictures

# Female director entertains



What do you get when you add a James Bond spoof, scandalous yet humorous bedroom scenes and Ron Jeremy together? Wicked Picture's *Operation: Desert Stormy*, and one thing's for certain, this is a mission you should choose to accept.

Stormy Daniels stars and directs this clever little spy-comedy and packages the adult DVD set with enough bonus features to satiate any prepubescent boy's appetite for at least two weeks. With a budget that would make any made-for-cable movie director jealous, *Operation: Desert Stormy* takes you on an erotic mission that includes danger, humour and a whole lot of sexiness.

Stormy Daniels stars as a curvaceous CIA agent in an unhappy marriage to her CIA agent partner, Steven St. Croix (who is, on a side note, my personal favourite adult film actor).

As the unhappy couple fantasizes about different sexual partners in such detail that would make James Bond blush, they are faced with a mission to jet off to the Middle East and save the world from Hussein. The pair teams up with a British



**COLLEEN NUC**  
Entertainment Editor

couple (Marcus Landon and Nicole Sheridan), who take the motto "make love, not war" literally. The team sets out to defeat the evil Ron Jeremy and send the missiles aimed at the United States back where they belong: the Middle East.

Will Stormy and her bow-legged husband complete the mission and save the world from immediate danger? Or will chaos ensue? Will the married CIA agents reconcile their differences and make up the old fashioned way? What will happen to Ron Jeremy? Fear not, NAIT students, these questions can be answered for a low price of \$59.99, excluding taxes.

Aside from the blatant racism towards the Middle East, *Operation: Desert Stormy* is extremely

entertaining, but I've always questioned the whole "comedy porn" genre. I always imagine people watching this genre thinking, "Should I laugh? Should I be turned on? I don't know how to feel!" In the past, if you felt like laughing, you would spend an evening with your pal Jim Carrey, and if it were sexy time, you would get down and dirty with your bud, Jenna Jamison.

Now times have changed, leaving you watching Carrey in a sex scene and Jamison doing stand-up. But in all honesty, who hasn't laughed once or twice in the heat of the moment? Sex is supposed to be fun, right?

*Operation: Desert Stormy* is definitely worth watching. The film will most likely complete your mission, but you will most likely be fast-forwarding to your favourite parts.

In conclusion, it's nice to see a female director for a change. Daniels brings a fresh and humorous approach to the usually predictable skin flicks, and I give this film 4 pearl necklaces out of 5.

## Gotta love those Indie Thursdays

By LANDON HOMMY

Thursdays have long been a collegiate highlight. The weekend is nearly here, and you've made it through enough of the week to start it early. "It's almost Friday," we say. "Nothing a lot of caffeine won't cure tomorrow."

The impetus of such statements is the prospect of a tasty drink, good people and a fine establishment with both. The Nest is one of these places, boasting very entertaining, and now well-known, Thursday night lineups.

It hosted yet another packed house last Indie Night; the 4:30 start time clearly suits students' schedules. The aforementioned amenities were the other likely culprits – that, and a free laptop giveaway.

Angus Wilson and Lesley Pike entered stage left, while patrons entered door rear, spending the next few hours making that sweet musical love that only a live band and audience can perform. You know it's true.

Both performers have been here before but for each it was a different, and dare we say, better, experience this time around.

"I was here with my band, *Stoning Mary*," says Wilson. "The atmosphere is awesome ... it's great that you guys have indie music every week."

His only beef is the trip up from Cal-

gary where his band calls home. He is currently touring with Colin James promoting the release of *Stoning Mary*'s self-titled album, which came out last month.

Wilson had the bigger audience, but Pike, who flew in hours before from Vancouver, was still impressed with her turnout. "There were no pyrotechnics ... but I was here for a noon show last time so this was much better."

She went on to praise the good vibe and the funny nature of the crowd, citing two self-proclaimed virgins who brightened her evening.

"I think they just said that because they wanted you," chimes in Wilson.

The crowd had an added incentive to be in a good mood, with a shiny new laptop up for grabs. A guy named Conrad won but wasn't there to collect. We've all been there – Thursdays can end early.

Pike is touring in between finishing up a new record in Toronto, and as long as her interviewer spells her name right (which I didn't) she plans on coming back to NAIT.

As for the Nest, they've got a stacked sked the next few weeks. Tonight (Oct. 8) they are welcoming *Nobody likes Dwight* and *The Stables*.

All the more reason to love Thursdays.

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# NAIT's pirates rock the river

By SAMANTHA SILVA

Why stay indoors, when you could come to NAITSA's Pirate Party on the Edmonton Queen? The Pirate Party is far from being labelled as a mediocre event. You could literally come with no one and still expect to have a lot of fun. OK, well maybe you could bring just one friend, because we know that it would be sad to be alone.

## Live band

The event started at the NEST and made its way on the Edmonton Queen with a live cover band called Mourning Wood. The goal set by NAITSA was for students to come together and experience something different than the regular Indie Nights at the Nest. However, one must wonder how NAITSA could pull off an event like this; since they already entertained us with the biggest campus party of the season.

The inspiration started from Jill Peterson, the Pirate Party co-ordinator, she wanted to bring her origins of Nova Scotia to NAIT students. When asked how she thought of the idea, she says it all started when she used to spend the day on a boat with her friends, listening to live music. She collectively thought that bringing this part of her life to NAIT would potentially bring something new and exciting to the table.

When students started to pile on the buses, it was then and there that they started to get a little more interactive. People were singing "99 bottles of beer on the wall" and girls were screaming "Sexy Pirates!" out of the bus window. It was quite an entertaining sight to see. The majority of students, when asked, agreed that if NAITSA had this event again that they would definitely come out to party.

I also had the opportunity to talk to Red Deer Student's Association VP Academic, Dragen Bird. He jokingly admitted that one of his motivations for coming out to this event was to see the "hot chicks." But in all seriousness, we know he wanted to scope NAIT and figure out why it is the best post secondary institution.

Close to the end, the best pirate costume was named. Darren Palmer from Woodworking walked away winning five hundred dollars in cash. His costume was simple yet different from the rest of the crowd. He constructed a boat made out of cardboard and black duck tape and says that he had "moral support from his girl friend." Like any good student, he plans to spend his money on his next woodworking class.

## Boat was rockin'

Next was the interview with the band, and they seriously rocked the boat. The band members: Greg Williamson, Dan Blais, Royce Rack and Luc Riopel brought their own style and entertained several pirates and maidens on the front side of the Edmonton Queen. People could feel the positive energy that the band gave them and when asked, the band said they enjoyed the moment as well. Greg Williamson, on the drums, mentioned that Mourning Wood won the battle of the cover bands at last year's Rexall Indie and that he is the lead drummer from Tupelo Honey. Besides that, the band can play three nights in a row with three sets of music without repeating one song.

Greg says that "this is why most clubs like us," they bring variety and that is not an easy thing to do. Can you imagine playing nine hours of music?

Overall, this event was a success and should be written down in history books.

# Special cheesecake

By KATHY LE

Thanksgiving is coming up this weekend and that means A LOT of food. Other than the turkey, this holiday isn't complete without something involving pumpkin. My recipe for you is something sweet. It's the super easy pumpkin pie cheesecake! It's so decadent you'll think you've committed a sin. Now for those who are experiencing the 'freshman 15' and need to watch the waistline, I just want to say that you only have Thanksgiving once a year, so don't hesitate to indulge.

For others who can't control themselves during the other 364 days of the year, well that's your problem.

## The stuff:

2 cups crushed ginger crisp snaps  
1/4 cup finely chopped pecans  
1/4 cup butter, melted  
3 pkg (250 g each) Brick Cream Cheese, softened  
3/4 cup sugar, divided  
1 tsp vanilla  
3 eggs  
1 cup canned pumpkin  
1 tsp. ground cinnamon  
1/4 tsp ground nutmeg  
Dash ground cloves

## The Magic:

1. Pre-heat the oven to 350°F.
2. In a bowl combine the cookie crumbs, nuts and butter. Press onto the bottom of a nine-inch spring form pan.
3. In another bowl beat the cream cheese, 1/2 cup of sugar and vanilla with a mixer until blended. Add eggs in one at a time while beating after each blend. Remove one cup of the plain batter and set aside. Stir in the remaining sugar, pumpkin and spices in the remaining batter.
4. Spoon in half the pumpkin batter and spoonfuls of the plain batter. Repeat until all of the batter is in the pan. Swirl the batter with a knife.
5. Bake for 45 minutes. Cool completely and refrigerate for four hours.

## What do you call it?

**1. What is a spring form pan?** A spring form pan is one where the bottom can be taken out. This makes it easier to remove the cake without it breaking it.

**2. How do I know when the cheesecake is ready?** Once the 45 minutes is up pull the rack out from the oven and test to see how 'jiggly' the cake is. It will not be set completely, but should give in a little in the middle.



Did real pirates have this much fun?

Photo by Mandy Kostuk

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# The Backyard is the place!

By KATHY LE

For all of you who don't know, well, now you know! NAIT has an online radio station that is run by NAIT Radio and Television students. You can access the site at anytime if you want to tune into the cool radio shows that are listed.

Each show presents something completely different, so you will never get bored listening to the music. This week I am presenting a new show called *The Backyard* which is hosted by two of the finest guys in the RTA program, Justin Dervin and Tyler Daignault. Once you tune into *The Backyard* you will be completely addicted. Even if their music is not your taste, I'm 100 per cent sure their sultry voices will lure you in for another listen.

**Kathy:** Why is your show called the Backyard?

**Justin:** I don't have a backyard. I always kinda wanted one, so I thought this would be my backyard.

**Tyler:** Right, but its sort of a metaphor backyard. It's all about music in Canada, like the weeds and the grass in our normal back yard. We're talking about the weeds in Canada that tend to get ignored. We're plucking some of the best ones out and making a weed bouquet.

**J:** Your metaphor is spiralling out of control.

**K:** When does the show air?

**J:** Every Saturday evening from 6-7, so it's good and its right after everyone gets off work but right before everyone gets hammered out of their minds.

**T:** Maybe you're having a nice dinner and you need some background music that's just as meaty as the dinner you're eating. The point is that your

meaty dinner and our meaty music are both deliciously good and sometimes salty. They go good together.

**K:** Why should people listen to you guys?

**T:** We're going to be playing Canadian music that is undiscovered or maybe the listeners don't know much about. People should listen to us to expand their musical horizon, specifically in the case of Canadian independent alternative.

**K:** How are you going to draw in more listeners?

**J/T:** Consistently put out and broadcast quality

music. Some people will get sick of the stuff being played on mainstream radio, while with us it's a slice of something new. If you had a ham sandwich everyday wouldn't you want something different? ... a salad would be great with some fruit pieces ... it's like our music ... a musical salad ...

(Tyler clearly went out on a tangent and I couldn't comprehend what he was trying to say anymore ... maybe he was hungry)

**K:** Where do you want to take this?

**J:** As high as it can go ... as far as it can go

**T:** (directed to Justin): ... this is kind of weird because this is the first time you're hearing this ... but we had a feature band this week called 'The Wheat Pool' and the lead singer and guitarist is thinking of coming in with his brother to do a

live set. And they're playing at the Nest.

**K:** Any hate mail yet?

**J/T:** No not yet ... we've had suggestion from friends on what not to say. For instance like absolutely and fantastic.

**J:** Absolutely is the worst... I think I had two in a row in the last show...

**T:** We love interjections!

**J:** We did get an e-mail from a lovely girl from Russia who says she loves listening to *The Backyard* before she goes grocery shopping on Saturday night and if there was ever a day she didn't listen she wished not to exist.

**K:** Do you guys have screaming girls after you?

**J:** More like they're running away.

**T:** They don't know what we look like yet. We're kind of anonymous right now other than our names and voices.

**J:** We did have somebody approach me at the

CD release party. Some girl approached me when I was ordering a drink and asked me if I was Tyler. I told her I wasn't and she looked relieved. There was a sigh of relief all over her face.

**T:** That is very flattering! Was she good looking?

**J:** No she wasn't

**T:** Then that's a sigh of relief ... hey, we'll take any type of fans no matter the size or whatever J: (Justin said a comment here which I am not going to reveal being the ethical journalist I am ... but hey if you want to know what he said following Tyler's comment about fans, go and ask him)

**K:** Any last words?

**J:** Backyard ... Saturday evenings 6-7. PLEASE tune in ... PLEASE

**T:** Check out *The Backyard* on Facebook and we have an e-mail address. We have 80 fans.

**J:** Our e-mail is thebackyardsound@hotmail.com

## Dress to down-size those puppies

By BRIEANNA McCUTCHEON and ALIISANDRA BRUNI

Just because you were born with a bigger than normal chest doesn't mean that you can't be fashionable. With a few simple tips from the experts you will be working with what mamma gave you in no time flat. First off, a good support system, an amazing bra that can lift and separate the ladies is a must. Also, remember good posture will help with your back – the better the posture, the more confident you will look and back problems won't be an issue.

Secondly, remember to wear a v-neck sweater or shirt when looking for a top. This will make your décolletage sexy yet separated. A crew neck (also known as a round neck shirt) will leave the appearance of a uni-boob, which can make the already gifted ladies looking more enlarged than wanted. We are trying to look proportionate here, with the hips not unsymmetrical, so follow this suggestion.

One thing that should be avoided is tops that are too tight. Rule of thumb – even if you're a size Extra Large up top in a shirt, no one is going to know

but you. Don't try to squeeze into that medium because it is not going to fool anyone and you will look chestier than you really are.

Opt for darker hues when looking for tops. This will camouflage the ladies and avoid the whole awkward "my eyes are up here, buddy," conversation.

Another great trick is to leave the patterns – florals, stripes, any design – as a last resort. This will draw the eye to the lower half and give the elusion of a more proportionate shape. Another great trick is to wear a nice headband, earrings or a bracelet, something to draw the eyes up to your face. Just be sure to avoid big necklaces that draw the eyes to your mammary glands, screaming "look at what I've got!"

Lastly, buy a good quality bra, even if it's expensive – it will pay off in the future. Keep those shoulders back, buy sizes that actually fit you and keep the prints and patterns for the lower half. This is fashion, and just because you might be a double-D doesn't mean you can't be trendy. With these little tricks you will be well on your way to becoming your own fashionista. Until next time, remember ... we're watching you.

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MANAGEMENT AUTHORITY

When your electronics are "done" do the right thing (for you and your planet) and recycle them...so they can be turned into new stuff.  
For more information, visit [albertarecycling.ca](http://albertarecycling.ca).



# OLD SCHOOL PARTY

LONG WEEKEND SUNDAY OCTOBER 11

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OCT. 31


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Nov. '09



SOUTH COMMON



### JOB FAIR

Noon - 3pm October 10th, 11th, 17th & 18th  
at Hudsons Downtown - 11248 104 ave  
Visit [www.hudsonstaphouse.com](http://www.hudsonstaphouse.com) for more information



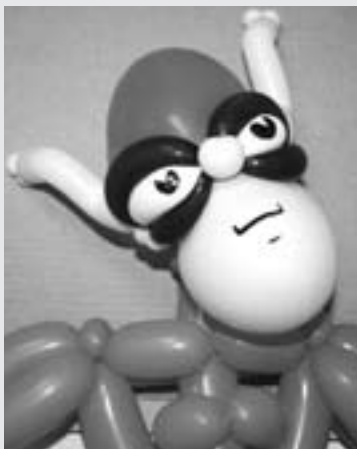
Colleen Nuc  
Brittany Black

## If you could kick anyone's ass, who would it be?



"You!"

Travis Ziegler  
Television



"Evilness."

The Flash



"The entire Conservative Party."

Caitlyn Hemphill  
Television



"The asshole who stole one of our computers from the Nugget office. What a jerk."

Brittany Black  
Television



"Novak Djokovic."

Curtis Dixon  
Television

# Dr. CONwisdom

Dear Dr. Conwisdom,

I'm currently in a long distance relationship with my girlfriend who I love to death. We see each other about four times a year, once every three months. The last time I saw her she put on some weight, and generally looked really unhealthy. I'm really concerned. I don't want to break up with her, but I can't watch her do this. What do I do?

Sincerely,  
Weight of the World

Dear Weight of the World,  
This is a tough situation. What-

ever you do, don't use the word fat. Tell her the truth though. Tell her you're worried about it, and that you want to help. She will have noticed, too. Don't focus on what got her to where she is; focus on what you're going to do together to fix it. You're going to have to do everything with her to make her feel more comfortable. Help her to come up with a meal and exercise program. If you work hard, and make the sacrifices she'll have to, then you'll be able to put your arms around your girl again in no time.

Dear Dr. Conwisdom,

My girlfriend and I broke up before school started because we wanted to experience new things. I haven't been with anyone else, but she's been giving it away like Nikolai Khabibulin. She asked me to get back together, but I don't know if I can do it. What do I do?

Sincerely,  
Love Torn

Dear Love Torn,  
Do what is right for you. If her being with other people bothers you, then move on. Remember though, everyone deals with heartache in his or her own way. If that is the path she

needed to take to know that you're the one, can you really judge her for that? I don't think you should, you have to love her entirely, past, present and future. If you can't do that, she's not the one for you.

...

Dear Dr. Conwisdom,  
I've been with my girlfriend for six months, and she's still not ready to have sex. How do I trick her into sleeping with me?

Sincerely,  
Hard Up

Dear Hard Up,  
You can't trick someone into

having sex with you. You asking that question shows you're not ready to have sex, but I'll answer anyway. Tell her the truth. Tell her you want sex. If she's still not ready, do your best to make her comfortable and respect her wishes. If you can't do that, then it's not meant to be. Either your right hand or feet will need to be moving; you decide which one.

Do you have any personal questions you want answered? Send an e-mail with your concerns to [conwisdom@nait.ca](mailto:conwisdom@nait.ca) and your sex doctor will have your "prescription" ready for you the following week!

# B.C. cuts back student aid

By SCOTT DALY  
and KAT ESCHNER  
The Martlet  
(University of Victoria)

VICTORIA (CUP) – Over the summer, the B.C. government approved a \$17-million cut to its financial aid budget for students this fiscal year. Hardest hit will be programs aimed at debt relief, academic excellence awards and bursaries based on financial need.

"The Liberals campaigned on a promise to protect education," said MLA Dawn Black, the New Democratic Party's (NDP) critic for Advanced Education and Labour. "It's foolish to cut programs that were meant to attract students to

fields where there are significant skills shortages."

Eliminated programs include the \$1.4 million Health Care Bursary and a \$4.7-million program aimed at reducing debt-loads for those filling high-demand positions like residential home aides and home support workers. Also axed was the Premier's Excellence Award of \$17,000 to the top high school student in each of the province's 16 regions.

Though it's not being cut completely, the Debt Reduction in Repayment Program is being scaled back. The Nurses Education Bursary is also being trimmed from \$2.6 million to \$1 million. The B.C. Permanent Disabilities program is being discontin-

ued and replaced by the B.C. Upfront Grant program, which will shell out \$1,000 to 2,000 disabled students.

Overall, the government says only \$5.5 million of the cuts impact financial aid programs, while the rest of the \$17-million cut will come from administrative and non-student support costs.

According to the Canadian Federation of Students (CFS), B.C. ranks last in Canada in the proportion of its \$100-million student aid budget devoted to non-repayable aid.

"We're angry and disappointed that the government has made this decision," said University of Victoria Students' Society (UVSS) Chairperson Veronica Harrison, adding

that students are already put under increasing financial pressure.

"Since 2002, tuition has gone up 46 per cent in B.C. while minimum wage has remained stagnant. During a recession, there should be investment in education but we're just not getting that right now."

The cuts, which were approved over the summer, come despite the expectation of a massive increase in B.C. students receiving aid, from 53,000 last year to almost 75,000 this year. The provincial Ministry of Advanced Education insists that money explicitly for student loans has been unaffected by these cuts.

Advanced Education Minister Moira Stilwell defended the cuts,

saying that government is faced with unprecedented economic times and they must make difficult decisions.

"Our priority is to ensure we protect core education and student financial assistance programs that will benefit students the most – and we've done that," said Stilwell, adding that up to \$200 million is still available in loans from the province. "The province continues to have one of the most generous student aid packages in the country and is committed to helping qualified students get their education – regardless of their personal financial circumstances."

NDP critic Black believes it's shortsighted of the government to make cuts.



ROLLIN' ON THE RIVER

Photo by Mandy Kostiuk

A pirate parties on.

## Big Brothers Big Sisters

Kids with great mentors are more likely to attend schools like NAIT immediately after graduating from high school. Volunteer today through one of the flexible mentorship programs with Big Brothers Big Sisters.

You don't have to change your life to change theirs.

**Call 780-424-8181 or apply online at**  
**[www.bbbsedmonton.org](http://www.bbbsedmonton.org)**

## STUDENT EMPLOYMENT

NAITSA (NAIT Students' Association) is now accepting applications for the following:

### VOLUNTEERS

- Will help carry out events and other NAITSA initiatives. If you need hours for a class, stop by NAITSA and we will find a position that suits your needs and interests.

### EVENT STAFF (Cashiers, coat checkers, etc.)

- Casual shifts are available to help execute events.

### FRONT DESK ASSISTANTS

- Students needed to work over the lunch hour 11 a.m. to 1 p.m.
- Answering the phone, faxing and the ability to multi-task an asset.

### SUDS SECURITY

- Supervise and ensure student events are safe.
- Check IDs and ensure policies and procedures are followed.
- Guards will be expected to complete a training program (provided) before starting any shifts.

***Application forms available in E-131, or submit a cover letter and resume to Shannon Marshall at the NAITSA office.***

## Need extra cash??

Student workers needed for the Imagnus Poster Show:

- Three students needed on Oct. 26 for setup from 8:30 a.m. to 11 a.m. in the North Lobby. \$12/hour, heavy lifting.
- Two students needed to hand out flyers on Oct. 26 and Oct. 27 from 11 a.m. to 1 p.m. \$10/hour.
- Three students needed for teardown on Oct. 27 from 5 p.m. to 7 p.m. in the North Lobby. \$12/hour, heavy lifting.

***Please see Mary Cumberbatch in E-131 (NAITSA office) to apply or e-mail her at [mcumberb@nait.ca](mailto:mcumberb@nait.ca)***



Presents the 10th Annual

# Run Wild for Wildlife

## HALLOWEEN FUN RUN

5 km Run or 2.5 km Walk  
 Sunday, October 25, 2009  
 11:00 A.M.  
 William Hawrelak Park

Support Edmonton's Only  
 Wildlife Shelter!

CTV Running Room

Register online at [www.runningroom.com](http://www.runningroom.com) or call the Running Room at 780-433-6032

For more information, email [runwildforwildlife@wildlife-edm.ca](mailto:runwildforwildlife@wildlife-edm.ca)

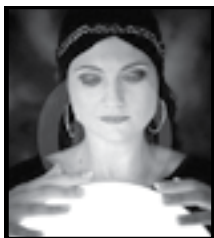
## Are you an Aboriginal student attending NAIT?

If so, there is a centre right on main campus designed specifically to meet your needs! Unique features of the centre include cultural awareness, mentorship programs, Aboriginal funding options, Aboriginal scholarship and bursary information, community referrals, full use of kitchen facilities, coffee for students and business services such as fax and computer access. The EnCana Aboriginal Student Centre is a great alternative for students to study and work. Even if you are not self identified through NAIT, you are welcome to utilize all available services at the Centre! The EnCana Aboriginal Student Centre is available Monday to Friday, 8 a.m. to 4:30 p.m., in E-Wing, Room E-121.

Questions? Please feel free to contact Victoria Cardinal, Manager of Aboriginal Student Services @ (780) 471-7839, or at [vickiec@nait.ca](mailto:vickiec@nait.ca). We look forward to seeing you at the centre. Drop in any time.



# Your horoscope



**MADAME O**

## Oct. 8-Oct. 15

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

## Aries (March 21-April 19)

Give thanks this weekend; you're alright.

## Taurus (April 20-May 20)

If you're thinking about bringing your new significant other home to meet your family this weekend, don't. Your family will embarrass them, and you'll get dumped.

## Gemini (May 21-June 20)

You're going to reach for the last piece of pumpkin pie, and everyone

at the table will whisper under their breath. Listen and put the pie down.

## Cancer (June 21-July 22)

Empty out your cupboards, and give some food to a food bank. It's Thanksgiving. Don't be a jerk.

## Leo (July 23-Aug. 22)

You should hit the gym before you head home for the weekend. You've already got the "freshman 15," and it's not flattering.

## Virgo (Aug. 23-Sept. 22)

Mom's going to give you lots of baked goods to bring back to school, but your roommates will eat them while you're in class. Remember, if you leave them in the living room, they're fair game.

## Libra (Sept. 23-Oct. 22)

When you're visiting your hometown this weekend, don't hook up with your ex. You broke up for a reason.

## Scorpio (Oct. 23-Nov. 21)

I know and you know that it's too cold to wear shorts and sandals now. Stop doing it, because it's not smart, nor is it fashionable.

## Sagittarius (Nov. 22-Dec. 21)

When you show up at home this weekend, your parents are going to be disappointed.

## Capricorn (Dec. 22-Jan. 19)

You've decided not to go home for the weekend. Your parents are thrilled.

## Aquarius (Jan. 20-Feb. 18)

You'll see your long distance

partner for the first time this weekend since you separated at the end of the summer. I wish I could tell you the meeting will go well, but he/she's cheated on you. Sorry.

## Pisces (Feb. 19-March 20)

Your family is going to think you're gay when you bring home a new friend for the weekend. They're right. You're just the last person to figure it out.

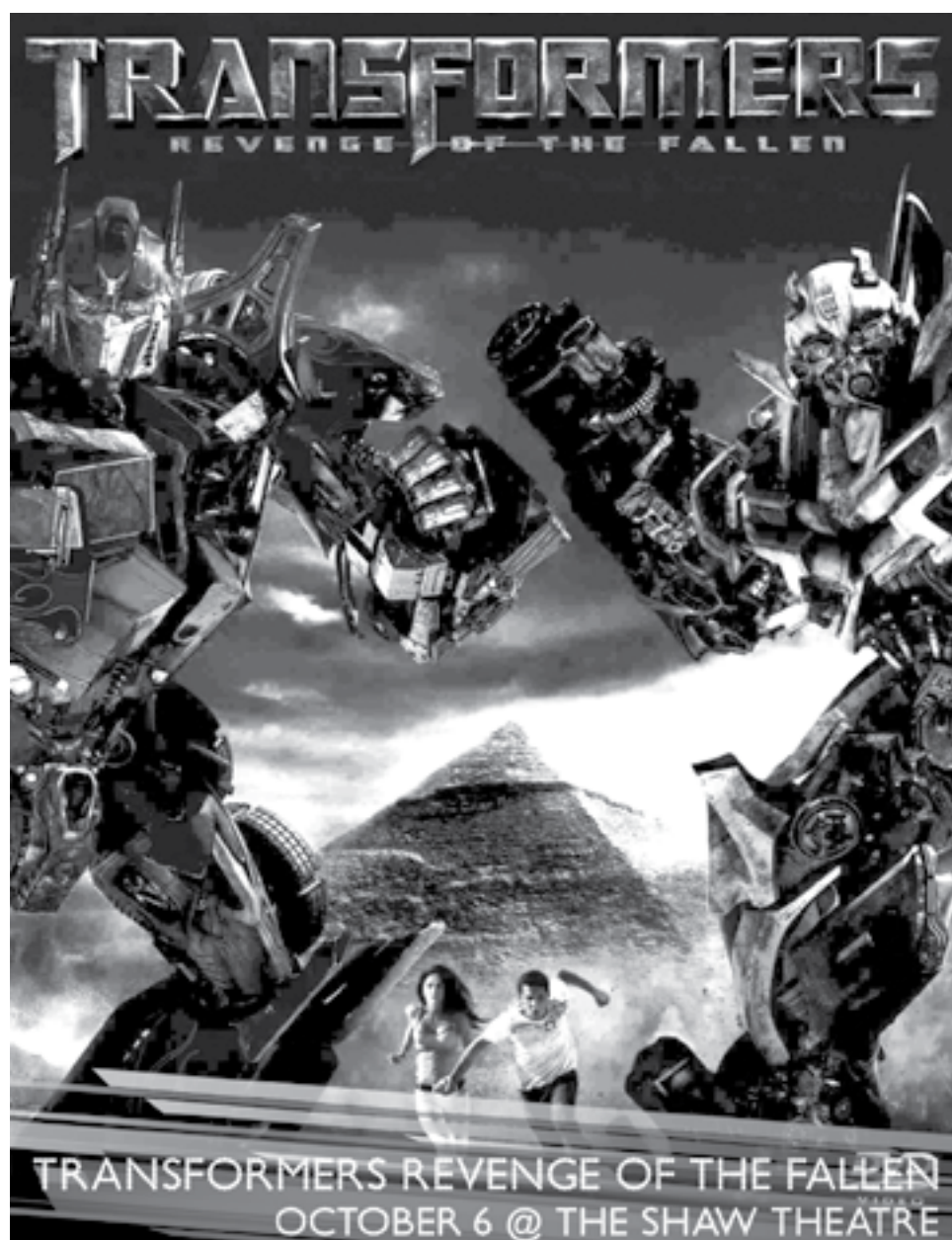
**EZZIE'S NIGHT CLUB**

*Campus Madness Tuesdays  
Urban Fridays  
Rock Star Saturdays*

Visit our website at  
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Check out our Facebook group  
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Ezzie's Night Club | 11834 Kingsway  
780.453.7320



**INDIE nights @ THE NEST**

Featuring: **OCTOBER 8**

**NOBODY LIKES DWIGHT**

**THE STABLES**

# CLUBS CORNER



Have a business idea?  
*hatch* opportunity

1 Year Incubation Space + \$20,000 Seed Money + Access to Business Advisors

*hatch* workshops:

Applicants are recommended to attend these **free** workshops

**Wednesday, September 23**  
5:00 p.m.

**"Introduction & How to Screen an Idea"**

Food provided  
**Location: T607**  
(Business Tower)

**Tuesday, September 29**  
5:00 p.m.

**"Converting Ideas into a Business Plan"**

Food provided  
**Location: T701**  
(Business Tower)

Deadline to Register for Workshops: **Monday, September 21**

Email Sandra to register: [sspencer@sifenait.com](mailto:sspencer@sifenait.com)

COMPETITION DETAILS & APPLICATION AT:

**[novanait.ca/hatch](http://novanait.ca/hatch)**

novaNAIT



Government of Alberta ■  
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## Business Connex of NAIT

Coat of Arms Competition

Business Connex is looking for students to come up with an original logo to represent Business Connex of NAIT

Criteria Professional, Must hand in three sizes (S, M, L)

"... Connecting students with students ..."

Due date: Oct. 13, 2009

Questions & Submissions to [gpillai1@ookmail.nait.ca](mailto:gpillai1@ookmail.nait.ca)

Winner will receive ...

**ONE PAIR OF**

**OILER TICKETS!!!**

Join us for a BBQ on Oct. 15 outside the business tower where we will announce the winner!

## Upcoming events

### Electronics Engineering Tech Society

**Event:** Speed Cabling Competition  
**When:** Oct. 30; 11:30 a.m. to 1 p.m.

**Where:** NAITrium

### NAIT Architecture Students Society

**Event:** Pancake Breakfast and Lunchtime Barbeque

**When:** October 30, 2009 7:30am to 2:00pm

**Where:** Annex Dock

### NAIT Architecture Students Society

**Event:** Eskimo Ticket Sales

**When:** Oct. 1-30

**Where:** NASS Paper Store



The pirates are everywhere.

Photo by Mandy Kostiuk

# TAKE CHARGE.

Stand out with a leader.

Student meet and greet with PCL!

Enjoy free food and refreshments while you investigate future career opportunities with employees from Canada's largest builder. The PCL family of companies employs more than 3,000 full-time professional and administrative salaried staff and more than 5,500 hourly trades people across North America.

Talk careers in the skilled trades; project management; field management; estimating; safety and loss prevention; procurement; engineering technologies; finance and administration; quality; system and technology; and administrative.

**Thursday, October 15**  
**11:30 a.m. – 1:30 p.m.**

**North Lobby**  
**NAIT Main Campus**  
**(11762 - 106 Street)**



CONSTRUCTION LEADERS



Careers now at **PCL.com**

How would you like a future as big  
as the oil sands itself?

**Syncrude Day at NAIT**

**Wednesday, October 14, 2009**

### Info Stations

9 a.m. to 3 p.m.

South Lobby (O Wing)

South Learning Centre (X Wing)

Petro-Canada/Spartan Centre (Y Building)

If you dream of a career with huge opportunities, excellent salary and exceptional benefits, look no further than Syncrude. Representatives will be on hand to discuss these great opportunities with you.

### Info Session

4 p.m.

Shaw Theatre (X123)

Stay for pizza, pop and door prizes. Attend our info session and learn more about dreaming bigger with Syncrude. Grab a free slice, a drink and your chance to win some great door prizes!

**Syncrude**

