

DON'T MISS EMPTY THE NEST, APRIL 9

THE NUGGET

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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

\$3M ECO-PARTNERS!

NAIT and Ledcor ink deal for oilsands environmental research program – Story Page 2



NAIT photo

Dr. Sam Shaw, NAIT president and CEO, left, Don Breen, president of Ledcor Industrial Group and Dave Lede, chairman and CEO of Ledcor, join hands last week as they announce a new research partnership for oilsands environmental sustainability.



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NEWS & FEATURES

It's a yes to U-Pass!

By NICOLE de CHAMPLAIN

The debate is finally over. With 68 per cent of students on board, the Universal Transit Pass, or U-Pass, will be implemented at NAIT in September.

Starting in the fall, a mandatory fee of \$110 per semester will be added to most students' tuition fees. The fee will increase to \$125 per semester in 2011/2012, and \$140 in 2012/2013. In exchange, students will get transit passes, which normally cost about \$270 per semester, at a discount of over 50 per cent.

Better service?

Even though the plan has been approved, there has been no promise of better service from Edmonton Transit just yet. Jason Roth, advocacy director for the NAIT Students' Association, is hopeful that the school may see some better service in the future.

"What they said to us was that the last time the first contract was just complete, this year between Grant MacEwan, U of A and ETS, they both saw a significant service increase. They wouldn't guarantee for us that we get service increases if we were on U-Pass, [but] we would go up their priority list," says Roth.

Working hard

That said, Roth asserts that he and the other members of NAITSA are working hard to make improved transit service a reality at the school.

"That still leaves the student executives and myself with the job of making sure that better service happens," he explains.

Roth and the rest of the Students' Association are presently working with the Registrar and cash

NAIT has joined the ETS U-Pass program after students voted 68 per cent in favour.

offices to ensure that students will be able to pick up their U-Pass stickers after paying student fees.

He also stated that the U-Pass could potentially help solve the problem of parking at the school – a factor which may have pushed a lot of people to vote.

"What we do know here at NAIT is that

there isn't enough parking for everybody and that was one of the attractive things for a lot of people to want to get us on U-Pass," says Roth.

The fact that over 2,000 students cast their votes in the referendum was an encouraging one for NAITSA, and the turnout was significantly higher than that of recent executive elec-

tions. Roth attributes the increased numbers to the simple fact that students are less apathetic when the issue at hand involves money.

Only time will tell if the school's willingness to get on board with the U-Pass program will lead to the increased service, which students have been requesting for many years.



Photo by Raymond Ip

NAIT, Ledcor in \$3M partnership



NAIT photo

Don Breen, president of Ledcor Industrial Group, signs the agreement between NAIT and Ledcor to set up a \$3-million endowment as NAIT's Dr. Sam Shaw looks on.

NAIT solidified its status as a leading partner of industry last week. The school and the Ledcor Group will invest \$3-million to establish an applied research chair in oilsands environmental sustainability. The goal is to work together to develop systems and technologies that will allow Ledcor to continue doing business while reducing the environmental impact of its numerous operations.

The cost of the chair, NAIT's first in applied research, will be split evenly between the two groups, with a \$1.5-million donation by Ledcor being matched by the school to create an endowment to fund research that can be applied to industry practices in the here and now.

NAIT's president and CEO, Dr. Sam Shaw, is eager to see the school continuing to expand its reputation as a leading source of industry research and innovation.

"It's definitely something we are excited about," he said. "We want to be an important partner with business and help come up with real-world solutions for members of industry."

Now that the partnership has been announced, the next step will be to name a scientist to head things



RYAN FLAHERTY
Issues Editor

up. The person who is selected will be installed in July at a facility in Edmonton Research Park that the school has leased and upgraded. The plan is to eventually build an applied research centre right here on campus, one that would hopefully house a number of related research projects.

To that end, Shaw says that there are a few more partnerships of this type in the works, though he's not prepared to give any details just yet. "We're hoping to make at least three more announcements in the coming months," he said. "Keep your eyes peeled."

Though Shaw wasn't prepared to elaborate, he hinted in an interview last week that at least one of the plans could involve NAIT's Calgary campus and research in water and wastewater.

Don Breen, president of Ledcor, was unavailable for comment at press time, but stressed the importance of oilsands environmental sustainability in a press release about the partnership.

"If we are to truly make practices in the oilsands sustainable, we need to make changes now," he said. "However, these changes need to be based on a reasoned approach and sound science and be conducted in a collaborative manner making use of all research being conducted in this area."

The focus of the research has yet to be determined, but Shaw says several of NAIT's programs will be involved. "Certainly our petroleum, biology and chemistry programs will be involved," he explained.

In addition to providing its share of the endowment, Ledcor will also establish a \$250,000 scholarship fund, which will dole out five \$2,500 scholarships a year to NAIT students involved in oilsands related studies.

A friend remembered

By LAUREN JARMAN

Last week, NAIT student Katharine Hay passed away due to kidney failure.

Many of you may not have known Katharine, but her articles appeared in *The Nugget* regularly. Katharine was in her second year studying radio at NAIT. Also known as K-Hay, Katharine was determined and fiercely passionate about the things she believed in: politics, journalism and her family and friends.

Katharine underwent a kidney transplant in 2007. Unfortunately, last summer she lost function in the new kidney. Over the past two semesters Katharine received frequent dialysis treatments.

Despite enormous obstacles, K-Hay continued her education and her quality of work was superior to most. Struggling with her health, Katharine approached every challenge with passion and dedication, securing herself as one of the top students in her class.

“She was so persistent and very accepting of anything that was brought her way,” says Lamya Asiff, one of Katharine’s instructors.

“Whether it was her medical condition or anything related to school, no matter how challenging it was, she never complained and did it with a smile.”

Never content to sit on the

sidelines, Katharine’s interest in politics led her to represent the NDP as a candidate for the Sherwood Park riding in the 2008 provincial election. Additionally, Katharine found it important to remain involved in the party at both the provincial and federal levels, in a way relating to its underdog status. She regularly jumped at the chance to interview a wide variety of newsmakers, whether through the RTA program, as a writer for *The Nugget* or as a volunteer with CJSR FM radio.

Katharine co-hosted two shows on NR92.com, NAIT’s campus radio station, called *Lemurs and Meerkats* and *The Scene with Shai, Kat and Lauren*.

“The one person in our class who never sat and did radio was K-Hay,” remembers classmate Raeesa Merali. “She danced and moved her hips.”

Katharine had planned to take part in the Give the Gift of Life Fun Run and Walk in support of the Kidney Foundation of Alberta next month. She had already begun to accept donations and to date had been the top fundraiser.

As a tribute to her dedication to this cause, some of her friends and classmates will run and walk in her honour at the event. Donations to Katharine’s Run can be



Supplied photo

Katharine Alexis Hay
June 24, 1985 – March 25, 2010

made at the NR92 booth in the South Lobby on Mondays and Fridays and at the Bookstore on Tuesdays and Thursdays.

They can also be made online by joining the Facebook group “In Memory of Katharine Hay: Give the Gift of Life”.

Earth Hour a beginning

By DARYLANN HUTCHINGS

Although many buildings across Edmonton went dark during Earth Hour this past Saturday evening, some still think the amount of decreased electricity use could have been larger.

Power consumption in the city dropped three per cent between 8:30 and 9:30 p.m. – the hour designated by the World Wildlife Fund for homes and businesses around the world to go dark for climate change awareness. In 2009, power consumption during Earth Hour went down by five per cent.

“I look across the river valley towards downtown from my apartment,” said one Edmonton resident.

“When 8:30 came, there was almost no noticeable difference in the lights on downtown. In the office buildings I actually saw lights go on. I’m not surprised the power decrease was so small.”

The three percent decrease works out to 1,008 megawatt hours of electricity, a 31 megawatt hour reduction when compared to the same time last week.

This was Edmonton’s third year participating in Earth Hour

since the event started in 2008 in Sydney, Australia. A total of over 35 nations participated in the growing movement.

There were some questions about whether or not the power usage would decrease that much with the George St-Pierre-Dan Hardy UFC bout taking place on the same night. Another big sporting event raising the same question was the Vancouver Canucks/San Jose Sharks hockey game. In the end, neither of the events seemed to interfere with the total power usage numbers. Many people had all other devices turned off and classified their television viewing as essential usage.

For those keeping score, Edmonton outdid Calgary, who was shamed in 2008 when it recorded a 2.1 per cent increase in power usage during Earth Hour. This year, Cowtown recorded a half per cent drop.

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15	Thurs	Exam Preparation and Writing	11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X111 X111	
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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we’re a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don’t sweat it. We won’t publish your phone number, but we do need to list your real name.

It’s all good. Getting something off your chest is downright therapeutic. Write us.

New look for charity van



LINDA HOANG
Assistant Issues Editor

Hope Mission is getting a makeover with some help by NAIT.

One of Hope Mission's vans was being re-designed last week by students right here on campus.

NAIT Graphic Sign Arts students spent a day wrapping a van for the organization, which provides shelter and services for the city's homeless.

The van's sleek new look was designed by student Derek Harvey, whose concept was chosen by Hope Mission beating out designs by the rest of his classmates.

"I was happy they chose my design. I had

other designs too, but it was kind of surprising," Harvey said.

Students spent the day putting decal on the sides and back of the van.

Harvey says he's happy he's able to help charity through the vehicle wrap.

"It feels good," he said. "It's nice to be able to help out charity."

Graphic Sign Arts has been doing vehicle wraps for charitable organizations as part of their curriculum for three years, and is an example of how often NAIT programs regularly combine hands-on learning to real world applications.

The program has wrapped vans for the Youth Emergency Shelter and the Mustard Seed.

Instructor Doug Holliday says a vehicle wrap of this size would normally cost up to \$5000, but Hope Mission is getting it for free.

"Vehicle wraps are a big part of the sign industry now, each year it's growing more and more so this gives the students a great opportunity to learn about them, to participate and get



NAIT photo

Participants in a project by the Graphic Sign Arts program to give the city's Hope Mission van a new look apply wrapping recently at NAIT.

the hands on training," Holliday said. "Helping out a charity is great, it makes anybody feel good."

Holliday says the completed van will be

used to help transport the city's homeless.

The Graphic Sign Arts students are delivering the completed van to Hope Mission this week.

Turning trash into treasure

By **DARYLANN HUTCHINGS**

A group of students in NAIT's Landscape Architectural Technology program are all smiles after turning trash into treasure.

The students had to get creative and build an entire kitchen entirely out of recycled materials. The process, dubbed 'up-cycling', involves taking old unwanted trash and 'recycling it up' into something that is once again useful.

The LAT program has been involved with the Edmonton Home and Garden Show for 14 years. The partnership started with the students designing a garden for local landscape contractors to build.

When the contractors determined that it was too costly for them to continue, the students took over the total responsibility for the design and construc-

tion of the show.

"The project now begins with a design competition, with the winning team project managing the project," explained LAT instructor Donna Brown.

"The students are all responsible for contacting industry for donation of all the building materials, arranging for getting the products to Northlands AgriCom, developing a construction schedule, and organizing students into construction teams.

"The construction involves 50 to 60 students working for two days to set up the



Donna Brown

garden, and another day to take down the garden and return any borrowed elements."

This year the booth also raised money for Habitat for Humanity through appetizer sales from the outdoor kitchen, and sales of up-cycled items from the Habitat for Humanity Re-Store.

Students have the opportunity to improve their problem solving, media relations and public speaking skills while working on the project and they benefit from working together to achieve a unified goal. They also have the chance to contact

people in industry, estimate quantities of product required and to learn how to interact with volunteers and suppliers.

"We've created some really fun up-cycling items that people could create with leftover pieces they've got from their own work projects at home," said student Kerri Buksa.

"We're using leftover duct piping, four-by-four posts and conduit to make planters and most people have that stuff lying around the house."

The 'up-cycled' kitchen was on display during the entire home and garden show from March 25-28.

"We could not have done this without the students, our instructors, the sponsors, and parents," Buksa said. "Really, it's been a community effort."

Accountants compete for \$10K

By **TAYLOR POLLMANN**
Sports Editor

The annual Certified Management Accountants' Alberta Board Governance Competition took place last weekend, with over a dozen post-secondary teams competing against the clock.

The competition consists of squads of business student meeting in the morning and being presented a factual case, with a problem affecting their company's value. The teams are then given seven hours to discuss and solve the problem. The solutions are presented to a board of prominent Alberta business leaders, who then

determine three medal winners.

"The competition helps students gain a solid understanding about board governance, while also helping them work on their teamwork, communication and presentation skills," says David Shaw, president and CEO of CMA Alberta.

"It offers students great exposure to issues facing governance while providing them with the knowledge and practical experience they'll need in their careers."

Grant MacEwan was the big winner at this year's competition, with two University of Alberta teams taking the second and third spots.

"The competition was intense but each team rose to the challenge and presented a professional, well-delivered case analysis to the judges," CMA director Joan Bedard said.

The judges were impressed by the calibre of the presentations and the students gained practical experience. The winning team earned \$10,000, with the second- and third-place teams taking home prizes of \$5,000 and \$2,000 respectively. NAIT failed to reach the final judging round in the competition.

While the competition is a unique way to provide students with a chance to compete against "real life" competitors, it was meant to

provide business students with the chance to learn how a board of governance works and the daily role it plays in major corporations.

The competition was followed by a presentation from Dr. Chris Bart, a leading board governance expert, who focused on the importance of governance relations and the effect that healthy relationships between management and board directors have on company quotas.

CMA is a 47,000-member organization that is responsible for accrediting chartered management accountants throughout the country. There are almost 7,000 members in Alberta.

Hungry – for a good cause

By DARYLANN HUTCHINGS

For most people here at NAIT, hunger isn't really an issue. However, for billions of people around the world, hunger is an ongoing dilemma that affects their everyday living.

NAIT students participated in the 30-hour famine last weekend. For 30 hours, participants experienced what hunger is like by not eating. They could, however, drink water and juices. Activities and games accompanied the event so students could relax and have fun while not eating for a good cause. There was breakfast served in the morning when the 30 hours wrapped up.

Samantha Silva, a participant, tells of her experience: "The overall event went on without a hitch, and Tyler Bernard, who co-ordinated the whole event was really great."

The 30-hour famine is an event held by World Vision to take a stand against world hunger. World Vision has been holding the famine for the last 38 years. It started in 1971 when 14 Calgary teenagers staged an event in a church basement to raise money for World Vision. The small group of friends raised \$600.

From then on, the 30-hour famine has increased in numbers, with more and more people taking a stand against hunger. All have the same goal in mind – showing the world that hunger isn't a forgotten issue.

Since the event's initiation, it has been globally recognized every year, raising money for starving children and their families in over 100 countries.

Some people speculate about how World Vision uses the money that is raised from the event. World Vision reports on their website that in 2009, 82.1 per cent of the money went to programs World Vision has set up, 11.9 per cent of the money went to advertising and the last six per cent went to administration. There are a number of programs including nutritional, health care, and child protection programs.



Participants in last weekend's 30-hour famine gather after the event. They are, left front, Jon Hoffman, Tyler Bernard, Scott Rose, Bryan Hummerstone and back row, left, Govind Pillai, David Liew, Samantha Silva, Melissa Rudanec Kyle Morriss (top), Elisha La, Fe Maquinay and Shawn Greenwall.

If you missed participating in NAIT's 30-hour famine, you can log onto www.famine.ca and register for the

national 30-hour famine, which will be hosted by World Vision on April 23 and 24.

Green reward



KATHY LE
Assist. Entertainment Editor

NAIT student Keith Laboucan is enjoying a free prize he received from a member of the Green Spy Squad for doing an environmentally friendly deed; recycling a pop can. During Environmental Awareness Week, NAITSA launched the Green Spy Squad, providing incentive to students for doing the three R's (recycle, reduce, reuse).

"The reward was fitting since a staple-free stapler came at a proper time. I thought that idea was cool," says Laboucan.

Fe Maquinay, organizer of the event, is thrilled whenever she gets to give away a prize. "NAITSA loves the planet Earth and we care for our environment," says Maquinay.

"We also want the students to continue what they're doing and encourage those that haven't

started yet."

Environmental Awareness Week is the nation's largest annual environmental education event, promoting environmental literacy to students. Proudly, NAIT also promotes eco-friendliness with the many courtyards available all over campus for students and staff to enjoy.

Being environmentally friendly doesn't stop at recycling papers and pop cans. Students are rewarded for using reusable mugs and shopping bags, or car-pooling. Carrying out these other actions also saves money.

For those who failed to notice any posters around the school advertising Green Spy Squad it's not because you missed them, it's because NAITSA withheld from printing them as to do one more thing to preserve the environment. Instead, the information can be

found only on their website. While the Green Spy Squad event will end very soon, students should still recycle even if a prize isn't involved. Let's just say the prize will be a better environment.

The issue about preserving the health of the planet is more precarious in this decade than it has ever been. And although recycling, reusing and reducing here and there may seem insignificant for such a big problem, if everyone plays their part, it still makes a difference.



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Linda's TechTalk

Google phones are better



LINDA HOANG
Assistant Issues Editor

You're probably familiar with the iPhone's operating system interface, even if you don't own an iPhone. And people can't get enough of BlackBerry Messenger, which comes exclusively with BlackBerry RIM OS. But "Google phones" with the Android touch screen OS is vastly better, and here are only some of the reasons why.

The home screen of the Android system is fantastically customizable. You can drag or drop whichever applications or widgets you find most handy to whichever of three different home screens you can access with the swipe of a finger.

The notifications are amazing. Notifications for e-mail, text messages, Twitter, facebook and more all show up in the same handy bar at the top of the phone, with a simple function to clear all notifications at once.

What's especially fantastic is the Android applications market is teeming with free apps and the number is growing

due to the fact that Android is the mobile market's first free, open source, customizable platform.

And it's the shallowest reason but simply put, the aesthetic appeal of the Google phone interface is reason enough. It's sleek. It's smooth. It's oh-so-responsive. It's just pretty slick.

Plus Android's mascot, literally a green android robot, is so cute.

More and more phones have and are continuing to come out with Google's Android system and these models are available from all of the major mobile companies. HTC, Samsung, Motorola – there are even upcoming LG and Sony Ericsson Android-based phones. My advice? Get one.

While there are many phones currently hosting the slick Android, Google's Nexus One, the first mobile phone ever designed and launched by the web giant, is set to launch in Canada this June, exclusively with Rogers.



Technology website TechCrunch.com writes that "the Nexus One is an important milestone in the smartphone market" and is "state of the art in mobile."

Some bloggers are even touting it to be the "iPhone killer."

I think if any phone has a chance to topple the iPhone from its prestigious top spot, it would be the Nexus One.

But in all honesty, so many of the new Android-based cell phones are so incredibly sleek and up to par that I could see all of their owners stating their preference for the Android smartphones over the iPhones, myself included. I bought a Samsung Android phone just under a month ago and am still excitedly boasting about a neat application, quick responsiveness or the fact that I've accidentally dropped the phone multiple times and it's still functioning perfectly fine. Forget the iPhone, Google does it better.

Mandel still has work to do



POLITICALLY SPEAKING
RYAN FLAHERTY
Issues Editor

Last week, Edmonton Mayor Stephen Mandel announced he will seek a third term in the city's top office. Although the election won't take place until October, the move ends months of speculation over Mandel's status as a candidate. Announcing his candidacy now also gives the mayor a leg up on any potential opponents, and it puts those opponents behind the proverbial eight ball if they want to mount a serious challenge.

More importantly, with Mandel's hat already in the ring, the likelihood of someone posing a credible threat to his chances has grown a lot smaller. After all, in the world of civic politics, an incumbent candidate has the odds stacked in their favour.

For starters, they have the automatic advantage of a higher profile. It's uncommon to see a challenger who is more well-known than the person who has had their name in the media virtually every day of their time in office. This is generally the toughest mountain to climb in a municipal election, especially given the notoriously low num-

ber of people who actually vote.

One of the reasons Mandel gave for his decision was that he feels he has unfinished business to take care of. Here's a quick look at some of the key issues which Mandel's campaign, and those of his challengers, will address.

Airport redevelopment – The city is in the midst of exploring a number of possible uses for the land currently dedicated to Edmonton Municipal Airport, which is slated to close in stages over the coming years. A number of proposals are on the table, and Mandel's legacy as mayor could be determined in part by how he and city council handle the issue.

Arena proposal – The latest big-ticket issue to push to the forefront, thanks to Katz Group CEO and Oilers owner Daryl Katz, is that of a proposed downtown complex that would essentially render Rexall Place obsolete. Though public support for the proposal is lukewarm at the moment, the sheer quantities of both money and power involved in the debate makes for a potentially volatile political situation. Mandel will likely make the topic an important part of his campaign platform, and how he deals with it will have a direct impact on the results at the polls.

Homelessness – Since first being elected in 2004, Mayor Mandel has said that finding a solution for Edmonton's homeless problem is one of his top priorities. Although the harsh winters here have meant that the numbers aren't wildly out of control, the mayor is determined to bring them down much lower than they are now. Opinions are mixed on whether he's even made a significant dent since taking office, and this promises to be a persistent subject.

LRT expansion – In a city that seems to keep expanding



www2.canada.com

Mayor Stephen Mandel
Seeking third term

in an outward direction, it seems unlikely that this is an issue that will ever cease to be important in the minds of many Edmonton residents. At the very least the mayor wants to see the near-completion of the NAIT line, and an approved plan for Stony Plain and St. Albert lines as well, before he leaves city hall.

At 65 years old, it appears that, if elected, Stephen Mandel's third term will likely be his last as mayor. However, when it comes to the man who has repeatedly defied public perception while in office, nothing is a sure bet. It's entirely possible this discussion could be repeated in another three years, with some of the same issues, not to mention a whole host of others.

... with Mandel's hat already in the ring, the likelihood of a someone posing a credible threat to his chances has grown a lot smaller.

OPINION

— Editorial —

Busy newswavek in U.S.A.



CHRIS CARMICHAEL-POWELL
Editor-in-Chief

Let's start in Wisconsin, where a Catholic priest has recently been accused of molesting 200 deaf boys over a span of 25 years. While reading articles covering this disgusting, unfortunate event, I also learned that the archdiocese admitted to paying out \$28 million in settlements through mid-2009 in cases relating to clergy sexual assault. Is it just me, or is the first problem with this statement the fact that the church is paying out settlements? You would think the Vatican would do everything they could to ensure church officials being charged with these offences were prosecuted to the fullest extent of the law. I'm not a religious man, but I'm pretty sure child molestation is not something encouraged by the church. What really throws me for a loop is that these molesters are not being prosecuted. It's like the American justice system is too afraid to upset organized crime ... I'm sorry, I mean religion. Even in a maximum-security prison occupied by serial killers, terrorists and rapists there is a hierarchy of crimes. The crime that sits right on the top is child molestation. How religious can the Pope really be if he's covering up the crimes of people that murders and thieves won't forgive? Holy or not, the Catholic Church has once again found itself in some hot water.

Good ol' California

Now let's get on a plane and hop over to good ol' California. It's official; the decriminalization of marijuana is going to be on the ballot in November. The current legislation makes possession of less than an ounce a misdemeanor and punishable by a \$100 fine. New legislation, if passed, will make recreational use and possession of less than an ounce as legal as having a pack of cigarettes – for people over the age of 21, of course. In addition, it would also be legal to grow small amounts for personal use. Finally putting the Terminator in office has paid off. Besides, it's about time the government starts getting a portion of the underground business currently monopolized by petty thieves and drug cartels. It blows my mind that the same state that revoked gay marriage could be the first state in America, North America that is, to legalize the use of marijuana. I have nothing against legalizing marijuana. Frankly, I think it should probably have been done a long time ago, but I definitely think decriminalization will affect a larger group of people than allowing gay people to get married would. Lawmakers in British Columbia say if there's a shift in the laws surrounding marijuana in California, change in Canada still remains unlikely, as the Canadian public is far more progressive than our current government. You could say our government is a little conservative these days. Nevertheless, I'm not going to complain. What I will do instead is book my ticket to California the day after legislation gets passed, as it will be a much cheaper trip than going to Amsterdam. Spending less money on a flight leaves more money for ... munchies!

Health care

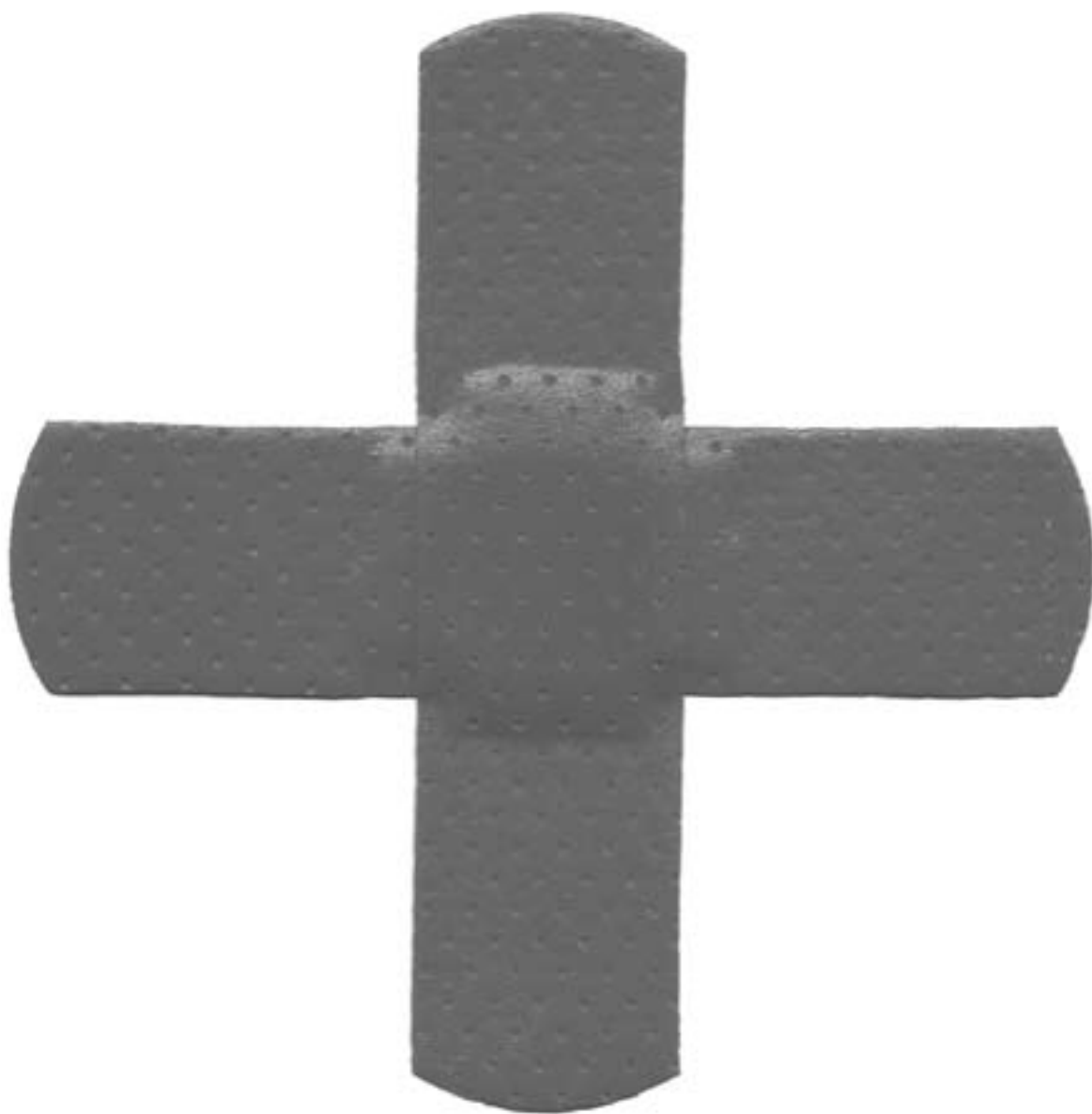
Finally the news that affected the whole American nation, March marked a historical moment in U.S. history with the passing of President Obama's health care bill. The passing of the new bill will provide 32 million additional Americans with health care. YAY Obama administration! Finally you are pushing your ideas through. After the bill passed, John McCain said from this point on there would be no more co-operation among parties. Really McCain? Doesn't being patriotic mean doing what's best for your country? Perhaps patriotism only applies when

you're pro legislation. Furthermore, making a public statement saying you're not going to agree with anything from this point forward simply makes you look like a baby, a big, old, grey-haired baby. Moreover, you can't expect to improve your nation if you refuse to play nice with the democrats.

If I were Obama, seeing McCain whine like a baby

would make me hotter than catching a glimpse of Michelle in the shower. Nothing feels better than succeeding after listening to people tell you that you couldn't.

I hope this motivates Democrats to push through legislation left, right, and centre, and if they can't get Republican support, at least now Democrats know they can now get it passed Bush style.



kathyesobar.com

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SPORTS

A season to be proud of



GARIT BYINGTON
Assistant Sports Editor

This season review of one of NAIT's top teams is long overdue. The Oaks women's hockey team finished runner-up, taking silver, in the ACAC women's hockey finals, nearly completing the perfect season. The Mount Royal Cougars took gold, defeating the Oaks 3-1 in the championship series, with the Oaks taking Game 2. All in all, for a team with so many young faces and often with less experience than their opponents, the Oaks managed to display a fantastic brand of hockey and were a team to reckon with all year long.

'Very successful overall'

"The season was very successful overall," said head coach Deanna Iwanicka. "Always when you're in that final game, or that final championship series, you want to win. So losing at the end was definitely disappointing but I think looking at the season as a whole, we have to call it a successful year."

"Just based on the strides we made, the team we started with, and the fact that for the first time in NAIT women's hockey history the team was in the conference final."

"There were a lot of good things that happened this year," Iwanicka added. "We had players named to the ACAC all-conference teams, I had the honour of receiving Coach of the Year in the league; all of those things considered, we have to call it a successful year."

The team may have shown some inexperience at some points in the playoffs, but they finished the season strong, out-shooting the Mount Royal Cougars in the final game for the first time in the series.

Last 20 minutes the best

After a very evenly matched series, Mount Royal's more seasoned squad seemed to have the advantage. The Oaks' third period was their best, finishing the season out strong, displaying their heart.

"Our last period of the season was definitely one of our best," said Iwanicka.

"That last weekend just came down to a little bit of maybe inexperience. We had 13 rookies on our team, so I think it maybe caught up to us at that point a little bit. In the last period when nothing really mattered [the girls] were able to pull themselves together and put together a good period to finish the season."

"Overall, the playoffs were pretty outstanding," added Iwanicka. "To win three straight versus Red Deer, shutting them out for eight [straight] periods and for us to get goals on their goalie as much as we did was pretty impressive. They had the top defensive team in the league and the top goalie in the



Photo by Jamie Anderson-Reid

NAIT's women's hockey team celebrates after a 4-1 victory over the powerful Mount Royal Cougars in the second game of their best-of-five championship series.

league. So the fact that we were able to out-score them was a pretty good achievement."

Red Deer College took Game 1 in a shooting gallery for the goalies, with shots 51-46 in favour of Red Deer. The Oaks then clamped down defensively, played their game, and shut out Red Deer in games 2 and 3, finishing them off in Game 4.

Their next opponent, the Mount Royal Cougars, was as far from a push-over as you can be, as they dominated the regular season, finishing first. Also, Mount Royal was in the final last year and lost in Game 5, so they didn't want to see another Game 5. Many thought of this as the classic "David against Goliath" matchup. However, the Oaks proved they're going to give the Cougars a run for their money next season. Game 1 was a hard fought, evenly shot one-goal game with the Cougars coming out on the right end. However, Game 2 was a different story with the Oaks putting up four goals, allowing only one.

"We gave [Mount Royal] their first loss since the beginning of January, and that was in playoffs," said Iwanicka. With that win the Oaks had beaten every team in the league.

"The third game was much like Game 1 as well. They started off the game strong. We caught up in the second. Then the third period just came down to battles and unfortunately they got an empty net

goal to finish the game," said Iwanicka.

Game 3 was a much similar story to Game 1 with the score being 3-2 again.

First-year goalie Meghan Witt has continued to improve and played her best in the playoffs.

"I think Meghan's playoff performance really highlights what she can do. She's definitely a [big] game goalie. She's a pressure goalie," said Iwanicka. "We'd like to see her play that way all the time. Coming back in her second year that's definitely what we're going to expect of her."

Then there's the very talented league leader in regular season goals (18 in 24 games), Kendal Jurista, who gained playoff experience to prepare her for next season. "She scored some big goals for us," said Iwanicka. "On the ice she definitely has the skills to outmatch any player in the league."

However, a great hockey team is a team, not just a great goalie and scorer. Sometimes it's that fourth liner who gets your team going before games and practices that means the most.

"I think some unsung heroes on our team that definitely need to be mentioned are Chelsea Lande on the back end," said Iwanicka. "She never put up any points on the board all year, but as a defenceman, she was a solid defencemen. And every practice Lande was there with intention. So she's definitely someone I think who deserves

recognition."

Up front, there is Lacie Richard, who played on Jurista's line, and was a key player for the Oaks all season.

"She fed [Jurista] a lot of pucks and gave her a lot of room," remarked Iwanicka. "She and Kendal played the PK together as well. [Richard was] a player who was basically hidden in Kendal's limelight a lot, but did a lot of hard work and helped Kendal get where she was."

Looking forward to next season, there are only three graduating players. Goalie Lauryn Dzioba, who was injured since Christmas with a concussion won't be back next season, along with veteran blueliner Lande. "She's going to be a big loss for us on the back end," remarked Iwanicka. However she explained the upside is that top-end midget AAA recruit Danielle Brown is already set to come in next season. Brown's from Lloydminster and was assistant captain with the Under 18 Team Alberta. "She's a very strong player," said Iwanicka. "I think she can fill that role for sure."

The Oaks also lose Meryl Ditchburn, a key piece to the Oaks' forward contingent. "We're going to miss her maturity and leadership as an assistant captain," said Iwanicka.

Coming home with a silver medal will only motivate the Oaks, as it did the Cougars last season, and no doubt gives the team a hunger for gold next season. "We've seen the prize now, we've seen what we want to be; starting the day that we finish, we're moving forward to that," said Iwanicka.

"Our goal definitely is to be the 2011 ACAC champs. We want that to be us next year and we're set on doing that, so we've already started the process of moving forward to it."



Deanna Iwanicka



TAYLOR POLLMANN
Sports Editor

What's hot, what's not

HOT

Duke Blue Devils: All the Blue Devil haters (Tar Heel Fans) are sure to be cringing after a solid weekend of basketball performed by the squad on the hardwood. After easily handling Purdue in the Sweet Sixteen, the team then went on and battled it out for a victory against a worthy opponent in Baylor. With another appearance in the Final Four, after a six-year absence, the resume of legendary coach Mike Krzyzewski continues to grow larger and larger.

Coach Tom Izzo: The coach of the Michigan State Spartans once again sees his team situated in a familiar place, the NCAA Final Four.

To add a cherry to the icing on his cake, Izzo has reportedly been offered a whopping contract loaded with bonuses, which would make him one of the highest paid college basketball coaches in the entire United States. Instead of running towards the money in Oregon, Izzo stated he is happy with the Spartans and plans to remain with the team in the years ahead. John Calipari could take loyalty lessons from this guy.



slamonline.com

Coach Tom Izzo

NFL: While the league may not have the best bargaining agreement in place, the sporting powerhouse has finally ended a blemish after years of talk. After dozens of overtime playoffs games decided by a coin toss, the league has finally switched the rules to level

out the playing field. Now, if a team scores a field goal off the toss, the other team has the chance to score again. If it's still tied after both teams have had possession, it's sudden death once again. Congratulations Roger Goodell on finally ending one of the true blemishes on the league.

NHL: It's really weird to actually praise the NHL on any of its actions lately but the

league does deserve a pat on the back. While talk about taking action on headshots has been floating around for what seems like years, something may actually be done about it. With the issue passing before the league's governors and the NHL Players Association, the rules were then implemented for the remainder of 09/10 season and playoffs. It's starting to look to like the league actually cares about the health of their players, not just their monetary value.

NOT

New Jersey Nets: With the team's impending move to Brooklyn in the near future, New Jersey may not be losing much. With a horrendous record that you'd think could only be achieved by the New York Knicks, the Nets have reached rock bottom. With a record of 10-65, the team may not match the worst record in NBA history, as previously thought, but it's sure to gain them no respect. It does seem appropriate that the Nets will be joining the Knicks as their main rival in future years. It's sure to be the only games that Knicks and Nets fans will have a reason to cheer. Why, you say? Their teams may actually have a chance to win.

Pittsburgh Steelers: Didn't anyone's mothers teach any of the Steelers to play nice? You wouldn't think so with the recent surge of off-field activities catching the players on the wrong side of the law. First, star quarterback Ben Roethlisberger was accused of sexually assaulting a woman in night club in Georgia, the second claim of this kind the franchise has faced. Now Steelers wide receiver Santonio Holmes is being sued over allegations of assaulting a young woman. Listen up, Steelers, while it's OK to play rough on the turf, off the field is another manner. Maybe Mike Tomlin should sit them down and go over the rules again!

Donovan McNabb: While McNabb and the Philadelphia Eagles seem to go together like pie and ice cream, rumours have once again swirled about a breakup of the dynamic duo of Andy Reid and Donovan. While the quarterback has an outstanding record in the regular season, the prized player has continually failed to win "the big game." This year, the word is the St. Louis Rams and the Oakland Raiders are the main teams looking at acquiring the aging quarterback. In that case, McNabb will definitely not have to worry about winning post-season games, because he will never be in another one if he ends up there.



blog.pennlive.com

Donovan McNabb

Athletes of the week

Nicole Gregoire Hockey



Nicole scored the lone goal in Saturday's ACAC final (March 20). Second top scorer for the team in playoffs, fifth overall in the league, Gregoire was one of our most improved rookies this season. "Gregs was a player who could always be found doing a little extra drill in her spare time," said coach Deanna Iwanicka. "With the best shot from the point on the team, Gregs was an asset to the team's powerplay and provided the team with leadership throughout, ensuring that her teammates were on track and prepared for the upcoming competition." Gregoire, from Lorette, Manitoba, is a first-year player in the Continuing Education program.

Gerard Mozwa Basketball



Gerard Mozwa was integral in all of the Oaks' games throughout the CCAA National Basketball Championships at SAIT. Mozwa had 57 points on the weekend (March 19, 20), and topped his season high of 30 points with a 32-point performance on Saturday afternoon. Mozwa also shot seven of 15 from beyond the arc. "Gerard is a special player. Not only can he dominate the game with his defence but he also can with his offence. I feel privileged to be the coach that's going to be able to watch his mental and physical growth next year as he completes his PFT Diploma," said head coach Don Phillips. "If I could bottle and sell the focus, determination and perseverance that he plays with ... I would be a very rich man." Gerard, who is from Toronto, is a first-year player.

Eversley Invitational 3 on 3 Basketball Tournament

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Location: NAIT Main Campus
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Limited space available so register right away!

The Eversley Invitational Basketball Tournament is a 3 on 3 tournament with all proceeds going towards the Stollery Children's Hospital. The tournament is open to ages 16+

Ben not so big after all?



Check Out My 9-Iron GARIT BYINGTON Assistant Sports Editor

I don't think the moniker Big Ben really fits Ben Roethlisberger. I understand it's because he's tall for a quarterback, or that he plays "big" (I'd say that statement is over-rated as the entire Pittsburgh Steelers roster, mainly their defence, played big during their recent glory years). No, it's more like Millimetre Peter Ben. Would a "Big" Ben Roethlisberger need his entourage to guard the hallway to the washroom at the club where he allegedly sexually assaulted the young girl? The man who has shown from his helmet/motorcycle incidents that he's not the best at learning from mistakes, is in the news for allegedly assaulting a 20-year-old woman. This time, the alleged

incident recently took place early Friday morning at the Capitol City club in Georgia. Oh Tiny Ben. This guy is such a f**king farce. This is the second case of sexual assault by him that has surfaced. The other case, last summer, came to public attention when he was accused of sexually assaulting a Harrah's Casino employee.

To me, nothing makes you less of a man than assaulting a woman, or in Ben's alleged case, a girl. You might tend to think this is just another case of a high-profile person being taken advantage of for the size of his cheque book, but the whole entourage guarding the hallway and door to the washroom thing, and the fact that he's had another recent alleged incident, kind of throws that idea out the window. Though it's still a possibility, as "alleged" is the word of choice right now.



gremlinbaby.wordpress.com

Ben Roethlisberger

He won't even show up to the voluntary part of training camp along with the other veterans. Tiny Ben is probably busy making grilled cheese with his entourage of 10 men, while they share stories that if someone of your IQ hears, will make you question the human condition. Really though, he's likely just doing his best to avoid facing the media – another sheepish move for this cowboy. Roethlisberger better be careful. If he keeps up this act, he'll be seeing Tiny Bens popping up

all over the country.

...

So there have been recent rumours that have predicted the return of the Phoenix Coyotes to Winnipeg. Hmmm ... move a team from a black-hole for money when it comes to professional hockey, back to a Canadian hockey hot-bed. The answer seems obvious to me. However, NHL Deputy Commissioner Bill Daly has said there is no agreement to move the team to Winnipeg or anywhere else if owners cannot be found to keep the team in Arizona. Again this makes me question the leadership of the league.

I hate how the league feels it needs to reach out to markets that could give two shits about hockey and embrace these people to attempt to gain them as fans. Why not embrace the American fans you already have, along with your loyal Canadian fans, by not making them suffer seeing hockey markets succeed on the ice with 50 per cent building usage. Why do we need to gain followers in the Southern States? If they're too dumb to realize what a great game hockey is, screw them, let them remain in the NASCAR stands. Why does the league feel the need to sway them? The NHL should be trying to improve the league and tailor it for the die-hard fan base they already



phoenix.fanster.com

Bill Daly

have. Not to mention if relocation wouldn't work, why not decrease the number of teams in the league to enrich the overall talent pool? Again, not only should this likely improve the game and entertainment side of the sport, but also greatly improve the business side of it.

...

And I'm sorry, I'll be the first to admit I still drink the Oilers' Kool-Aid, but to say this is an awful season if you're an Oilers' fan? The Oilers are poised to draft in the No. 1 or No. 2 draft pick slots, and their archrival the Calgary Flames are poised to miss the playoffs

without having a high draft pick for compensation (something Oilers' fans have experienced too much during their recent years of missing the playoffs). Other than winning the Cup, that seems like a pretty awesome formula for a season if you ask me.

...

Also, the word is that Donovan McNabb is likely headed to the Oakland Raiders (the Buffalo Bills and Minnesota Vikings, if Brett Favre doesn't return, are also interested), as Oakland can offer them what Philadelphia wants just by trading their second-round draft pick. So I ask you, JaMarcus Russell or Ryan Leaf?



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Ooks Profile of the Week

Lacie Richard Forward Women's Hockey



By NICOLE de CHAMPLAIN

Lacie Richard is the assistant captain for the NAIT Ooks' women's hockey team. This was her second year on the team and already she has had many great accomplishments, including winning a silver medal in ACAC championship this year. She is currently enrolled in the Emergency Medical Responder emergency management course here at NAIT; but more importantly, at least for the fans' sake, continues to be a force on the ice in Ooks' threads.

Nicole: Hometown?

Lacie: Ardrossan.

N: Position?

L: Forward – centre or wing.

N: Which way do you shoot?

L: Left.

N: Parents?

L: Sue and Syl Richard.

N: Siblings?

L: Older sister, Amie. younger brother, Dylan.

N: Jersey number?

L: 11.

N: Why did you choose to play hockey at NAIT?

L: I started playing when I was in Grade 12 because I was too old to play for a midget team. My coach, Deanna, suggested I play for her and I loved it so much I decided to come back.

N: Since you are an assistant captain what kind of responsibilities do you have?

L: I'm someone the ladies can come to to talk or bring up situations that need to be dealt with. And like all the others, I'm there to support and motivate my teammates.

N: How long have you been on the team?

L: This was my second year.

N: When did you start playing hockey?

L: When I was seven.

N: What are the main things you like about the sport?

L: I love everything about hockey, the friends, the competition and how family like the team becomes.



Lacie Richard

N: What's one thing people may be surprised to hear goes on in the ladies dressing room?

L: Haha ... What happens in the dressing room stays in the dressing room.

N: Have you played any other sports?

L: I played volleyball and soccer in junior high and also lacrosse.

N: How many goals have you scored this season? Assists?

L: 7 goals, 14 assists.

N: What are your greatest accomplishments in hockey?

L: Playing at the college level and earning a silver medal in the ACAC championship this year.

N: Do you have any other hobbies?

L: Honestly, I just play hockey. But I do love being outside.

N: What program are you in?

L: Emergency Medical Responder; emergency management

N: Throughout your many years of hockey, who was the coach who inspired you the most?

L: My dad, he taught me everything I needed to know and always believed in me.

N: What is one of your favourite memories on the team?

L: Making NAIT history :)

Men's b-ball team takes stock



TAYLOR POLLMANN
Sports Editor

The Ooks' men's basketball team can certainly say they have learned well from past mistakes.

After a trying season full of adversity in 2008-09, the team had certainly seen better times.

"Last year, we barely made the playoffs and lost in the first round," head coach Don Phillips reflected.

This year's campaign saw the Ooks pick up a half dozen top recruits, which contributed to their surge in production on the court. The team was ranked No. 1 in the country at one point, and entered the national tournament in Calgary ranked No. 3 in the country. While the team lost in the first round versus the Champlain College Cavaliers, the Ooks finished seventh overall in the country to end this year's campaign.

While a gold medal would have been nice,

Phillips believes his team's season was still an enormous success.

"It was an outstanding season. We made tremendous strides from last year. We have nothing to hang our heads down about. No one gave us a chance when we came into the season, and we opened their eyes with our play this year."

The team finished seventh in the eight-team national tournament but, Phillips explained, it's all a matter of inches or centimetres in a tournament of that magnitude.

"Maybe if the ball bounced a different way we could have continued in the tournament and qualified for the national championship game," he said.

The University of Northern B.C. won the Nationals with the host SAIT Trojans finishing as runner-up.

While the season ended only a couple of weeks ago, Phillips and his crew are already working on making improvements on an already solid cast of players.

Phillips believes, however, that there is always room for improvement and that it starts on the bench.

"It's a learning curve for us and hopefully as a coaching staff we can find the positional leaks we identified this year and be back at it next year."

New recruits are expected to be announced over the upcoming months.

Juniors battling for Memorial Cup bid

By KITA MURU

It's been a busy week in the CHL as teams from the three leagues continued to chase towards the Memorial Cup. The Western, Ontario and Quebec Major Junior Hockey Leagues (WHL, OHL and QMJHL, respectively) are in midst of their own playoffs. Winners of each of those playoffs will move on to Brandon alongside the host Brandon Wheat Kings for the Memorial Cup in May.

WHL

Emerson Etem had a goal and two assists, and Linden Vey had four assists for the Medicine Hat Tigers who defeated the Kootenay Ice 4-1 in Game 6 of their series. The Tigers took the best-of-seven series 4-2 and will move on to the Eastern Semifinals.



In the West Quarterfinals, the Tri-City Americans won against the Chilliwack Bruins by the same 4-1 score, and the same 4-2

series. Brooks Macek and Patrick Holland each notched a goal and an assist, while Drew Owsley made 33 saves for the victory.



OHL

In the OHL, Corey Cunwick was the star of the night as he had a four-goal night for the Ottawa 67's, who had a 5-1 victory and 4-1 series win over the Niagara Ice Dogs. Marco Insam scored the lone goal for the Ice Dogs. Tyler Toffoli had the first goal for the 67's, who will face the Mississauga St. Michael's Majors in the next round.

The Kitchener Rangers got on the board early and never looked back in their deciding game against the Saginaw spirit, winning their game and their series by the same score, 4-2. Marty Sartoretto, Jeff Skinner, and Julian Cimadamore gave the Rangers a three-goal lead at the end of the first period. The Spirit rallied back in the third with Ryan O'Connor and Jordan Hill scoring in just over a minute, but they couldn't find the tying goal. Dan Kelly potted an empty-netter for the

Rangers, who face the London Knights.

QMJHL

In the Q, the Rouyn-Noranda Huskies defeated the Val-d'Or Foreurs 5-1 to win the best-of-seven series 4-2. Jordan Caron had a goal and two assists, while Nicolas Champion had an easy night, facing only 17 shots for the Huskies. Maxime Sauvé scored the lone Foreurs goal, while Raffaele D'Orso faced 43 shots.

The Victoriaville Tigres and Shawinigan Cataractes traded goals in the second period. Joël Champagne drew first blood for the Tigres, while Antioine Houde-Caron replied for the Cataractes.

The game went into overtime where Philip-Michaël Devos scored the game winner (2-1) and eventual series winner (4-2) for the Tigres.



ENTERTAINMENT

Freaky night at the Nest

By GRAHAM McCANN

The Nest was recently treated to the freakish antics of two guinea pigs named Ryan Stock and Amber Lynn Walker. Ryan Stock is one of the world's few true sword-swallowers, as well as a former stage magician. Walker is a contortionist and Stock's partner and fiancée. Together they host the show *Guinea Pig* for the Discovery Channel.

Stock is a *Guinness World Record* holder for pulling a four-ton car by chains connected to a sword down his throat.

"Rather than magic, there is no illusion. It's all real," said Stock. "I learned to eat fire when I was 14, as well as become a magician's assistant. [After] I learned to eat fire, I learned to eat glass (light bulbs)."

Two swords

During their live show, Stock put not one sword down his throat, but two. Also, he kept the audience on the edge of their seats when he balanced a chainsaw on his chin. Not content with just suspense, he went on to disgust the audience by swallowing a concoction of beer, Pepto-Bismol and other liquids, then brought them back up through a hose down his nose.

Walker put her body through a coat hanger, a tennis racket and then helped Stock bend a sword in his throat by banging a metal plate over his head. Stock first met Walker in 2001 at the Edmonton Fringe Festival when he needed an assistant.

'More skillful than you think'

"Most of the dangerous stuff I do [is] putting him in danger, which is more skillful than you think," Walker said.

This is not to say she isn't extreme her-

self – unless you consider being suspended by hooks through the flesh to be passé.

Their television show resulted after a failed attempt to take part in an extreme sleep deprivation test – one their insurance company wouldn't cover because of the risk of death. So they paired up with the Discovery Channel to start *Guinea Pig*, a show where Stock puts power tools into his face and performs various other feats with Walker to challenge their minds and bodies. One such example has been stranding themselves for 36 hours in the Utah desert, having no food and very little water, just to see how they deteriorate.

"I do what I do because I don't panic. I am not an adrenalin junkie; I am able to remain calm," said Stock.

Walker added that they enjoy their television appearances, but they like being back where their heart is – the live stage.

"There's a certain instant gratification to perform in front of a stunned, live audience."



Photo by Dwayne Martineau



Photo by Dwayne Martineau

Ryan Stock and Amber Lynn Walker combine to break a cinders block on Ryan's head, top photo and above.

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FOR YOUR LISTENING PLEASURE ...

\$3.99 mix-tape

By KITA MURU

I have no preference towards any specific kind of music – Monday could be hip-hop, alternative metal Tuesday, some rap-core Wednesday, something in a language I don’t understand, hell even J-pop.

But if there’s one thing that’s absolutely essential, it’s anything that gets me through the morning because I hate it. There’s the sunrise, cleaning/sobering up, having to go to school/

work without remembering jack, music is a fast-forward button for me to forget I ever existed, which is until the batteries go out.

This mix-tape consists of two halves; the first half are songs tied to some of my favourite games of last year, while the second half are my top five for right now.

Part One

- 1. Fire it up – Thousand Foot Krutch (NHL 10)

- 2. Nothing to Worry About – Peter Bjorn & John (FIFA 10)
- 3. Paranoid – Kanye West featuring Mr Hudson (Need for Speed Shift)
- 4. Mercury – Bloc Party (Fight Night Round 4)
- 5. Till I Collapse – Eminem (Call of Duty: Modern Warfare 2)
- 6. War – Sick Puppies (Street Fighter 4)
- 7. Love Lockdown – Kanye West (Grand Theft Auto IV: The Lost and

Damned)

Part Two

- 1. Storm To Pass – Atreyu (Congregation of the Damned)
- 2. I Gotta Feeling – Black Eyed Peas (The E.N.D)
- 3. Public Service Announcement – Jay-Z (The Black Album)
- 4. I Will Not Bow – Breaking Benjamin (Dear Agony)
- 5. Feeling Good – Muse (Origin of Symmetry)

VIRAL VIDEO

Sexual humour on web

By COLLEEN NUC
Entertainment Editor

Note: There are quite a few videos that pop up on YouTube once you type in Blowjob Girl. Keep your eyes peeled for the first video on the list. The Blowjob Girl you want is the one with the red hair.

Sexual humour requires a fine balance. It is hardly ever perfected in modern-day Hollywood, and is most likely butchered in any attempted YouTube video.

A truly funny joke about sex seems to be a lost art form; they usually turn out

to be grossly inappropriate, lame, or just plain nasty.

Imagine my surprise when a friend of mine suggested I look up the Blowjob Girl video. This masterpiece starts off with a cute redhead offering a male companion a blowjob. “Oh yeah” he responds, clearly excited about the girls’ enthusiasm. She smiles and begins to run her tongue along her perfectly white teeth.

“How about a few slow chomps? How much teeth do you like?” She keeps biting the air.

The man manages to talk his way

out of a chomping, but this only seems to excite the girl further. “Oh, you are kinky!” she exclaims.

She proceeds to take out a couple of tissues from her pocket, asking seductively “how dry do you want it, huh? I am going to make my mouth like sandpaper, like a desert in my mouth.”

Needless to say, the man seems scared, but still (obviously) really wants a blowjob. There is a third “kinky” instalment here that will not translate well to the printed word.

You definitely should go and check out Blowjob Girl.



– YouTube

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Band making a difference



KATHY LE
Assistant Entertainment Editor

Being role models, setting good examples and making a good impact is what rapper Keith Laboucan describes of REDDNATION. Through their smooth style of beats and lyrics, REDDNATION's goal is to reach out to their audience in a good way.

"There's a lot of issues that affect our people on reserves and small native communities and we felt that if we give something positive to the youth and something good for them to look up to, then we're going to make an impact," Laboucan said during a recent interview.

Some may not be familiar with the band; however, in the Aboriginal community they're something to really brag about. The group consists of six members; group founder Darren Brule (Ill Logikal), Joey Cappel (Cappo), Will Strongheart (Rayne), Sean Beaver (DJ Hooligan), Keith Laboucan (Madjikal) and newly added member Jordan Johnson (DJ Kracka Jack). The Edmonton/Regina based group has been touring extensively for many years now and is approaching its 10th anniversary in October.

With the success of their second album *Now or Never*, the group has won a staggering five awards, proving them to be very strong artists. They've won the Best Hip-Hop or Rap Album and Best Group or Duo during the Aboriginal People's Choice Music Awards and Best Hip-Hop or Rap Album award at the Canadian Aboriginal Music Awards. When asked about giving his acceptance speech,



Laboucan remembers being slightly nervous.

"The first award we won gave me butterflies and I'm not a guy who gets butterflies or feels the jitters because I've been performing for over 10 years," he said.

"But at the same time it was a feeling of accomplishment and being proud that you're representing your people."

Being a hip-hop group predominantly, Laboucan stresses that even though the group is Aboriginal they don't categorize themselves separately from other hip hop or rap groups. The only way they differ is in the uniqueness formed by the different talents each member of the group brings and in the goals they set for themselves.

"We have our own taste, style and sound. Everything that we do now we're always looking to break the mold, whether it's a new sound or a way of reaching our audience," said Laboucan.

Performing (at big venues such as the recent 2010 Arctic Winter Games) and making music aren't the only things on Laboucan's schedule. He is actually a student at NAIT enrolled in the Radio and Television program. With the other members spread out in Regina, Calgary and Edmonton, Laboucan says planning and time management is a key.

"We all have to find a happy medium. When it comes to our bookings we have to get the majority of them on the weekends so we can all meet up together."

With their popularity steadily growing, REDDNATION is definitely here to stay. They are currently working on a third album called *Grown Folk Muzik* to be released on May 7, along with a music video to be featured on MuchMusic called "It's you."

For the latest details on the band, join their facebook group called REDDNATION.com

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ADULT FILMS

Ready for porn in 3-D?



COLLEEN NUC
Entertainment Editor

What's better than watching two people go at it like a couple of wild animals? Watching two people go at it in 3-D. 3-D porn is coming soon to an adult store near you, and let me tell you, the images you will see will stick right off the screen.

REPO MEN

Sci-fi action with gore galore

By KITA MURU

Repo Men is a sci-fi action movie set in the near future, centralizing around the prospering of human life due to the advancement of mechanical organs, thanks to a company called The Union. Organs are attainable through credit but are very expensive. For instance, a liver will cost around \$700,000 (less expensive than U.S. health care). If you don't pay the bills off, they send "Repo Men" after you to reclaim their lost property, without the slightest concern for your well-being.

This is the job that childhood friends Remy (Jude Law) and Jake (Forest Whitaker) go through. That is until Remy messes up the job. He gets a brand new heart, has a change of heart with some berating from his wife Beth (Alice Braga), starts missing out on payments for the organ and takes former superiors on a wild goose chase for it.

Apparently *Repo Men* was made the same time a movie called *Repo! The Genetic Opera* was, and both mov-

ies are based on a book called *The Repossession Mambo*. And you can probably infer that *Repo Men* is the Hollywood blockbuster antithesis to *Repo!* which is the meaningful and grounded (or anything else you can associate with a low

budget) film. The story is about a fairly predictable man-against-the-world scenario, and it's loosely tied to the book with the whole overlord company, protagonist on the run, and of course, the theme of repossession. But its saving grace is that Remy is blasting, and hacking shit from beginning to end, which almost keeps me from realizing the fact that it is a bit dull in the middle. Also considering this is a movie about the inser-

tion/removal of internal organs, so it's very gory.

is becoming increasingly popular among directors. It would be no surprise to see Jesse Jane star in an upcoming 3-D film by Vivid Entertainment, which should be logically named 3-Double-D, or something like that.

Not everyone, however, shares the same enthusiasm as I do to see certain things rise from their television screens. As one blogger delicately put it, "Some things are better left in 2-D. I imagine the already overinflated boobs looking even bigger and who wants a 'money shot' leaping off the screen at them?"

This blogger raises an important question; is 3-D porn too much of a good thing? Do we need to feel as if we should wash our sheets or our faces every time we pop one of these bad boys on?

3-D porn is obviously not for everyone, but if you like to "take part in the action" or even

want to feel like a peeping Tom without the fear of getting arrested, then this is your kind of porn. Just remember to keep an extra set of sheets handy, because you never know what'll jump off your television screen.

Also Remy's wife is pretty annoying and a bit contradictory throughout the film.

The bottom line is this, you already know if you like *Repo Men* or not, if you value movies with a good plot, solid story and meaning, then this probably isn't for you. If you value a body count or at least a ripped out organ every 10 minutes, then *Repo Men* might be up your alley.

★★★★☆



blog.newfiction.com



photogallery.filmofilia.com

Jude Law and Forest Whitaker in *Repo Men*.

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Andrew brings it with style

By DARYLANN HUTCHINGS

Every radio DJ has their own style. Andrew Ferguson, an outgoing, cheerful personality, lets loose every Saturday during his hour and a half show where he mixes his themes with input from the audience. This upbeat and fun program is definitely worth listening to. I sat down with Andy to figure things out and get the low-down, in the flesh.

Darylann: Why did you choose to host your own radio show?

Andy: I've always been good at making a fool of myself and putting my voice on the radio is the next step in making myself that much more awesome.

D: What do you like about hosting your own radio show?

A: I have complete control of what I want to talk about and play.

D: What is your show about? What do you talk about on your show?

A: My show is up to my listeners. I let them vote for which kind of show they want. For instance, dance songs vs. rock-and-roll super groups. I then talk about anything and everything about the theme of the week and what's on my mind, which is more random than a mule with a spinning wheel.

D: What kind of music do you play?

A: I play whatever the theme is that week!

D: When can your show be heard?

A: My show is on Saturdays from 1-2:30 p.m., so it's a perfect cure for a hangover! And you should probably join my facebook group "The Andy Ferguson Radio Show," for a bunch of random YouTube videos and past playlists!

D: If you could be any tree, what type of tree would you be and why?

A: Lodgepole Pine, without question. [Just] because even in a forest fire, I can spread my seed to other female trees to populate my forest friends.

D: If you could be any childhood cartoon character, who would you be and why?

A: Good Lord, there are too many options! But probably Ned "Diddly-Ed" Flanders, because I have a dead wife and two kids.

D: Anything you'd like to tell people who haven't listened to your show why they should listen?

A: Every time you listen to my show, a baby is born.

Check it out for yourself. Every Saturday from 1-2:30.



Andrew Ferguson takes a break from the proceedings at the NR92 studio.

Photo by Darylann Hutchings

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Make time for this

By ALI YUSUF

What would you do if you had a chance to go back in time and change history? Maybe you would use your knowledge of past events to become a billionaire. Or, you just might change history and make yourself a lead singer in a famous rock band. Maybe you'd take on a new career and make all of the John Hughes' films before he did. *Breakfast Club* directed by (your name here) ... yeah that's got a good ring, whoever you are.

In *Hot Tub Time Machine*, we follow the tale of missed opportunities and droll scenarios through three former best friends and a 20-year old. John Cusack, Craig Robinson, Rob Corddry and Clarke Duke star in this hilarious flick where they accidentally travel back in time in a ... you guessed it, hot tub. After figuring out that they've

stepped backwards in time by 20-some years, they decide to re-create what happened on their most memorable weekend spent together (minus Jacob, played by Duke ... he wasn't born yet) in order to come back to their lives in the present day. Realizing how unhappy they are with their lack of awesomeness back then and how unfulfilling their lives are now, by changing their past they can have a second crack at a new life. The problem is that Adam (played by Cusack) and Jacob (Duke) are uncle and nephew and it is quite possible that Jacob was originally conceived on this fateful weekend via his (for lack of better words) loose mom. If they change the past, Jacob might not exist. So how are they going to fix this dilemma?

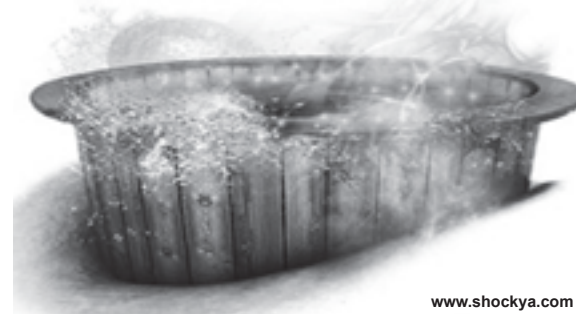
I'm not telling you. I can't ruin the

movie for you! What I can provide, however, is a taste of the movie in my eyes. What did I think about it? I loved it. The humour in this film plays on the things that we've all gone through, such as the misunderstandings between friends or our douche-bag-like raunchy dialogue. Every character in the movie offers laughs to the audience in their own fashion, which keeps the movie quick-paced and enjoyable to watch. There is never a dull moment in *Hot Tub Time Machine*. I may have expected way more out of the movie since I built it up in my mind to be the next *Anchor Man* or *40-Year-Old Virgin*, but the film has a lot of potential to grab audiences. I highly suggest you grab some of your best friends and check it out.



HOT TUB TIME MACHINE

KICK SOME PAST



www.shockya.com

Summer in handbag heaven

By ALESSANDRA BRUNI

We've all heard the term "bag lady", and most of the time this term is NOT associated with brands like Balenciaga, Oscar de la Renta, Hermes and Marc Jacobs. Most girls have many bags piled high in their closets (including myself) that they haven't used for years! This summer it's all going to change. Sell some of those ancient bags and start saving for one amazing bag!

This summer, be prepared for chaos! Designers are all over the place with different textures, styles and colours. The beauty of it is if you don't like one style, there are plenty – and I mean PLENTY – of other designers to choose from. Of course I am aware we are all students here and splurging on a \$1,100 bag may seem extreme ... but you can still check out the collections and get some ideas for a more reasonably priced handbag.

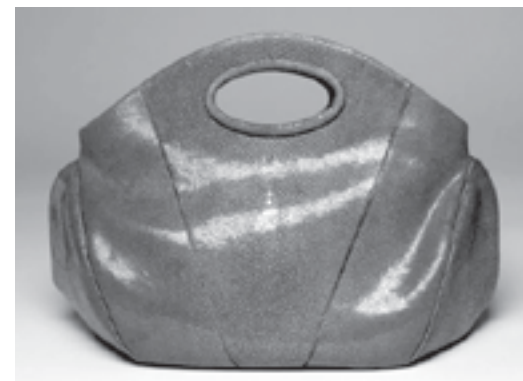
Exotic bags are a great conversation starter and can be the perfect addition to any outfit. Chanel is bringing back exotic by adding beads and sequins to their spring 2010 line. Chanel also embraces big colourful flowers on clutches that brighten up even the tiniest of bags. Balenciaga is taking a different approach with their spring line; they are sticking with the stark, modern style with bright colors and urban futuristic lines. As



far as Burberry is concerned, the sleek American softness style is in. This summer, their bags are simple and classic. You can never go wrong with a Burberry handbag, it will never go out of style. If you're looking for luxury, Oscar de la Renta is the place to look. Filled with luxurious gold trims and exotic ostrich skin, Oscar de la Renta exudes modern glam perfection. With all of these choices, there is no reason to be confused when purchasing a bag!

First and foremost, you're going to want to pick a bag that fits your lifestyle. I wouldn't suggest purchasing an intricate Chanel clutch for day-to-day use. Students typically need the comfort and room of a messenger bag. This doesn't mean that you must settle for plain and boring. There are plenty of great messenger bags that are the perfect fit for a student's lifestyle. You just have to go out and find one! If you have champagne tastes but are on a beer budget, check out bluefly.com for sales on designer bags!

Remember, it's not about how many bags you have; it's about the quality, the style and the versatility of the bag.



Oscar de la Renta's handbags, above and below, epitomize luxury.

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STUDENT OPPORTUNITIES

NAITSA (NAIT Students' Association) is now accepting applications for the following:

The Canadian Cancer Society

Various openings

For more information on volunteer opportunities at NAITSA, please e-mail naitsavolunteers@nait.ca

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FOOD DRIVE

The fourth semester NET students are doing a food drive to feed the children of our fine city. If you can afford any spare food (I know this can be hard for us poor students), please help us out. We have donation boxes in the following locations: W-205, W-309, NAITSA office, E-114, the Nest and the Electronics office. We have filled 0 out of the 6-box goal, so please give us a hand.

Thank you all for your help!"
Shawn Foisy
NET Student



Photo by Raymond Ip

Chris MacIntyre Radio and Television

What are three things you look for in a girl? – I like girls who stay up from 9-11 on Wednesday to listen to The Mac Blaze and Thunder show, confident and smart girls.

Three things you like about your body? – My eyes, do eyelashes count and my nose ... why not?

Biggest turnoff about a girl? – I hate the girls who think they're too good for you. I mean, take it easy, ladies. That's all I gotta say.

On a first date, where would you take a girl? – Call me old fashioned, but I'm a dinner and a movie guy.

Would you go dutch or foot the bill? – I'd foot the bill.

What do you want to say to all the ladies at NAIT? – All the hot girls come talk to us. Sometimes we're shy. Just because we're men doesn't mean we don't have feelings too.

Are you a boob or ass guy? – I'm a boob guy ... two boobs are good, too.

Are you hot and single? E-mail us at entertain@nait.ca



TIMELY TIPS

How not to be perfect ...



MARGARET MAREAN
NAIT Student Counselling

Do you set excessively high standards for almost everything you do?

Do your accomplishments rarely meet your expectations?

Do you try to appear faultless to the outside world, even to your friends?

Do you judge yourself based on your accomplishments? ... consider yourself a failure if you get a 'B'? ... put things off because you can't get them perfect? ... avoid giving your opinion for fear of looking dumb?

If so, you may be a perfectionist. Perfectionism is a self-defeating cycle. Perfectionists set unrealistically high standards, fail to live up to these standards, feel bad about themselves and then blame themselves for not being good enough or trying hard enough. To offset this, they feel compelled to set more unrealistic goals in order to try and feel better. Perfectionism is not the healthy pursuit of excellence but rather, as Dr. David Burns states in his bestseller *Feeling Good*, the compulsive striving towards unrealistic goals.

Why not strive to be perfect?

Perfectionism usually interferes with, rather than contributes to, success. Perfectionists never feel satisfied, and even if they get some temporary satisfaction, they usually don't accomplish as much as non-perfectionists because they spend

so much time trying to get things just right.

Perfectionists tend to be all-or-nothing thinkers, believing that if they don't get A+ marks or do a job perfectly they are failures. Becoming so obsessed with achievement often means missing out on the satisfactions and joys of life.

Perfectionists are very self critical and usually value themselves based on the approval of others. Because their self-esteem comes from outside approval, the perfectionist is vulnerable.

Perfectionists often have problems with relationships because they apply their own unrealistic standards to others and can be critical and demanding.

Perfectionism is also a major cause of procrastination. Fear that they cannot do a task perfectly, or anticipation of the effort involved to achieve perfection, often causes perfectionists to avoid tasks. Tasks become arduous rather than rewarding. Perfectionists may think that it is better to put in a half-hearted effort and maintain the belief that they could have done a great job, than to give their full effort and risk getting a mediocre mark.

The constant pressure that perfectionists put on themselves, as well as the lack of joy or sense of satisfaction they get from doing tasks is wearing and makes perfectionists more susceptible to anxiety and/or depression.

Making Changes

All of this isn't to say that you shouldn't strive to do well. Setting realistic goals based on what you want rather than on what you perceive others expect of you is constructive. Healthy achievers take pleasure in pursuing their goals rather than feeling stressed that they might not achieve perfection. Perfectionists can change. If you have tendencies towards perfectionism:

- Look at what you have accomplished in the past, assess whether it is realistic to continue those standards, and set small, achievable goals based on doing well but maintaining some balance in your life.

- Decide on one or two things that are really important to you and put your effort into those goals. Lower your standards on other tasks.

- If you are feeling highly stressed, feel like giving up or find yourself avoiding necessary tasks, use this as a warning signal that you may have unrealistic expectations such as taking on too much or trying to do everything perfectly.

- Remember that people learn by making mistakes. If you're not taking risks because you think you might fail you are probably missing out on a lot of growth and learning.

- Set limits on how much time you will spend on a project – and stick to them!

- Judge yourself by who you are, not by what you accomplish.

- Try not to compare yourself to anyone else.

- Lighten up by scheduling free time for fun and relaxation. (This actually makes you more creative and productive).

- Ask yourself: "What is the worst thing that could happen if I don't do this perfectly?" "Or if I fail?"

- Stop chasing the impossible dream. No one is, or ever will be, perfect.

Perfectionists often fear letting go of their high expectations thinking that they will become total slackers. Don't worry – people almost never move from one end of the continuum to the other.

Letting go of perfectionist tendencies requires time, effort and patience (and the willingness to accept that your efforts at change won't be perfect)! But healthy goal setting is within your reach ... and you will probably find yourself having a lot more fun!

Counsellors at Student Counselling can help you work towards healthy goal setting. We also offer academic, personal and career counselling. To book an appointment, drop by Room W111-PB, HP Centre or book an appointment at 378-6133.

TIP OF THE WEEK – FROM NAIT SECURITY SERVICES

Protecting your home

Your home is the most valuable asset you have and it is worth protecting. Here are some tips to help you keep your home safe.

When at home:

- When in your backyard, lock your front door and vice versa.
- When in the home, it is a good idea to keep your doors locked.
- Consider keeping your blinds/curtains closed at night because people can see in.

When on vacation:

- Arrange to have your mail picked up and consider stopping newspapers.
- Remember to have the grass cut, the leaves raked or the snow removed as necessary.
- Use timers on a few lamps in rooms where the light will be noticed from outside the house.
- Have a neighbour check both inside and outside the house every few days. Ask them to pick up items delivered while you are away.

- If you have a clearly designated outside parking space (as is the case in many townhouse neighborhoods), ask a neighbor to park their car in your space.

In your yard:

- Trim trees and bushes that could hide burglars, especially around windows and doors.

- Keep your yard maintained to give the house a lived-in appearance. Cut grass, rake leaves, remove dead branches and debris.

- Install outside lights to brighten dark areas around doors or windows.

In your community:

- Get to know your neighbours – residents should become familiar with the routine in their neighbourhoods.
- Be aware of strangers and look out for each other.
- Leave keys and emergency phone numbers with a trusted neighbour.
- Keep up appearances – a well-tended neighbourhood is less attractive to criminals and vandals.
- Get involved in crime prevention programs.

Information obtained from the Edmonton Police Service.

If you have information regarding a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). Your identity

will remain anonymous, and if the information you provide leads to a conviction, you

could eligible for a reward of up to \$2,000. Everybody benefits, except the criminal.

PB & J

By KATHY LE

Chicken Soup

Before opening a can of chicken soup, think about how much better a homemade pot would be. This recipe will take a little time but I promise it will be worth the wait.

The Stuff:

- 1 medium onion, chopped
- 1 medium carrot, chopped
- 1 stalk of celery, chopped
- 1 or 2 cloves of garlic, finely chopped
- Salt and pepper to taste
- A dash of olive oil
- A small pat of butter (optional)
- A cup or so of chopped, cooked white chicken meat, skin and fat removed
- Half a cup of chopped, cooked dark chicken meat, skin and fat removed (optional)
- 6 cups of chicken stock or broth

- Half a cup of pre-cooked rice
- Chopped or dried parsley, sage, rosemary and thyme

The Magic:

1. Warm up your olive oil and butter in your soup pot on medium-low.
2. Add the vegetables and a dash of salt. Add the garlic a minute or so later. Cook until the veggies are soft and translucent.
3. A minute or so before the vegetables are done, add the sage, rosemary and thyme.
4. Add the chicken pieces and cook for a minute or two more.
5. Add the chicken stock and the pre-cooked rice.
6. Bring to boil, then reduce heat to low. Simmer for five to 10 minutes.
7. Add the parsley a minute or so before serving.

Grapevines

Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca or submit online at www.thenuggetonline.com

Here's an idea, SHUT UP! You're a student NOT a teacher.

– Know Your Role

...

You're welcome for returning your bag, douche. The least you could do was say thank you.

– Good Samaritan

...

I think the people who work at the Common Market should wear gloves. What if they just finished scratching their ass and then made my food?

– Ass Breath

...

Just because you work in trades doesn't mean you have to speak like a caveman. Use full sentences. You sound retarded.

– Sick of Grunts

...

Hey Common Market. If you're open, I should be able to order anything off the menu. Pay your employees for an extra half hour and keep your damn grill on until 7.

– Hate False Advertising

...

Seriously, who wipes their snot on bathroom stall walls when there's a bunch of TP right next to you? I didn't realize I attended a preschool.

– Disgusted By Snot

...

U-Pass? I'll pass.

– Loves Driving

...

To the person who responded to my

'stressed out' message, I'm going to assume you spend most of your days picking your ass ... I actually want to go places in life and I'm not OK settling for mediocre oh, I'm sorry, I guess mediocrity is good enough for you. You're pathetic, go F*** yourself!

– Above Average

...

Dear incompetent douche-bag who thought writing "420" in blue felt around NAIT would be cool. You were probably always a pathetic pot-head failure, but now you are a vandalizing pathetic pot-head failure. Please do everyone a favour and remove yourself from society. I suggest the high level bridge.

– WHAT EVERYONE IS THINKING

...

I pay tuition, am enrolled as a full time upgrading student, and plan to attend NAIT next year (hence the upgrading), yet am not allowed to vote on the U-Pass. Is this school mad? Or just a dictatorship?

– Wants Democracy

...

To the jacked guy in Mech Tech. Why are you so jacked?

– Brooooo

...

While having sex with my boyfriend the other day, this guy in my class that I have a small crush on popped into my thoughts. Please leave my head. You are unwelcome there and I would rather not have an affair with my thoughts.

– An Unfaithful Mind

Just because a girl is talking to you, doesn't mean she's flirting with you. So stop assuming and broadcasting about every girl you assume is "flirting." FYI, you're not really that attractive, so stop being so full of yourself.

– The Love Doctor

...

Think it's great the U-Pass was adopted. Too bad it doesn't apply to ALL full-time students!! FYI: Pre-Technology is FULL-TIME and just because I'm upgrading, shouldn't exclude me from the U-Pass. Should be an opt-in option!!!!

– Pissed Off Pre-Tech Student

...

Really, the U-Pass got passed ... I hope someone goes Greyhound on the ETS.

– F.U.NAITS

...

To someone in the V building:

I think I'm infatuated with you but I'm happily taken. I never wanted to like you and you're not even my type, so I'm mentally beating myself up. Still, if you were to start dating someone else, I think I would be somewhat jealous.

– Bad Romance

...

You're so tall. I wonder how big your dick is.

– Brokeback Gal

...

Love how everyone seems to think I'm so mellow and innocent. Deep down I'm a wild cat. Rawr

– Good Girl Gone Bad

i would so looove toys R us ... if they had an adult section ;P

– Peter Pan

...

The U-Pass goes through and the poor prevail, figures. Good thing I'm out of here next year!

– Wealthy and Loving It!

...

To the idiot who wrote "I wish my boyfriend was this dirty," in the dirt on my truck: Thanks for scratching the paint, and inviting others to do the same. Must be nice to not worry about money. I wouldn't know, as I have to work my ass off for the few, crappy things I own. Jerk.

– Ranger Girl

When I'm having a bad day, all I want is to talk to him and scream. I hate it when he gives advice. If I didn't ask, then don't give. Why is that so hard to understand?

– Just shut up

...

I'm going to New York. Only 30 more, long, gruelling days.

– I heart NY

...

I can't wait to go riding with you. Motorcycles are definitely sexy!

– Varrooommm!

...

I find my program at NAIT a lot more stressful than my five years of university.

– Stressed at NAIT



Your horoscope



MADAME O

April 1-7

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Aries (March 21-April 19)

A huge personal project you are taking part in will bring you closer to those who respect and love your company. Play your moves right and be assured that good things are on the horizon.

Taurus (April 20-May 20)

Don't speak out of line to others this week. Your foot probably doesn't taste as good as it looks. But who has ever heard of a good-looking foot, anyway?

Gemini (May 21-June 20)

If you think you're the best at what you do, you're probably wrong. Think about it, more than six billion people in the world and you're the best? I'd commemorate you on your accomplishments if you weren't such a D-bag.

Cancer (June 21-July 22)

Think outside of the box ... treat others the way you want to be treated? How about the grass is always greener on the other side of the fence? Shit, I've got nothing for you. Why don't you come back next week, you impatient ingrate.

Leo (July 23-Aug. 22)

Imaginative thinking and productivity will provide you with an excellent opportunity you can't give up. So take a leap of faith and see what your hard work will do for you.

Virgo (Aug. 23-Sept. 22)

Instead of a horoscope this week, I'm going to give you the most hilarious creepier song in existence ... "Get Out Of My Dreams And Into My Car" by Billy Ocean.

Libra (Sept. 23-Oct. 22)

You might want to avoid online interaction this week. FYI, your mother posted some risqué pictures of herself. Not the sight to see after a meal.

Scorpio (Oct. 23-Nov. 21)

Take it easy. And if she's easy, take her twice. That's my way of telling you to go the distance. You know I got your back, pal.

Sagittarius (Nov. 22-Dec. 21)

If you plan on wooing your partner this week, please don't. You'll look more pathetic than the time you thought giving them a bag of your toe nail clippings and shame was a good idea. How is someone dating you?

Capricorn (Dec. 22-Jan. 19)

You are being very generous to those in need. You keep up the good work and your mortal enemies might lay off for a bit.

Aquarius (Jan. 20-Feb. 18)

Did anyone ever tell you that you're a pretty amazing individual? Nope? Yeah, well there's probably a reason for that.

Pisces (Feb. 19-March 20)

It's hard to take other people's advice, let alone your own. Just keep it cool from time to time and see the big picture. You're in it for the long run.



Linda Hoang
and
Kathy Le

If you could change one thing about NAIT, what would it be?



"The U-Pass. I can't use it because I live too far."

Victoria Hedge
Pre-Technology



"More parking. None of this paying at the meter bullshit."

Keith Laboucan
Radio & Television



"The U-Pass. Cause I don't want to pay for it. I'm never going to take the bus."

Richard Lanigan
Electrical



"The U-Pass. I drive to school. We should get a P-Pass if the U-Pass goes through."

Kohl Lloyd
Electrical



"Have prayer in school, because it would make the school better."

Simeon Lev
Electrical

Dr. CONwisDOM

Dear Dr. CONwisDOM,

My penis is itchy all the time. Whenever I scratch it, it feels fantastic but I can't keep scratching it throughout the day and it's kind of starting to chafe. It's like I've got dandruff in my underwear. I shower twice a day, I don't know what to do? Help!

— Dandruff Down There

Dear Dandruff,

Hey dumbass, you've got herpes. Get yourself to a clinic. I honestly can't believe you have to ask why you have an itchy crotch. For the love of all that is sacred, don't screw anyone else until you get checked out. Unless they already have herpes — then you're made in the shade.

...

Dear Dr. CONwisDOM:

I recently went to a giant orgy and it was going pretty good until I saw my teacher there. Not going to lie, but we got it on like Donkey Kong. The sex was great and I would totally do it again, but now I have to face her in class. How should I go about handling this situation?

— Embarrassed but Hard

Dear Embarrassed,

Honestly, you shouldn't stress this one too much. After all, your teacher is probably freaking about this too. But unless any of your classmates were there too, then it's just between the two of you. Who knows, maybe you can parlay this extracurricular lovin' into some A's. Just don't piss her off before the semester ends!

Dear Dr. CONwisDOM,

This may sound kind of weird but I like to jack off when watching the cooking network. Is there something wrong with me?

— Horny Chef

Dear Chef,

There is nothing wrong with your situation at all. Personally I like to shove my junk into a creamy pile of crème brûlée. Food and sex go together like peanut butter and jelly, just ask George Costanza. However, a warm apple pie is no substitute for pussy pudding or some man gravy.

...

Dear Dr. CONwisDOM:

In the last month I've have only been getting off by having anal sex. While my boyfriend loved it at first, he's starting to get annoyed and wants to switch back to vaginal sex. However, we tried it a couple of times and it's not doing anything for me. What should I do?

— Anal over Vaginal

Dear Anal over Vaginal,

That taboo area ... hmmm ... well I won't say it's a bad thing, but then again your vagina is the canal made for a penis to penetrate, so losing the desire to have intercourse that way may not be such a good thing. How about you and your man "reboot"? Stop having anal sex for a month and then start to ease into vaginal sex. If that doesn't work and you're not planning on having a baby, then you can throw away the birth control!

Dear Dr. CONwisDOM,

My parents came into the city a month ago to visit and were staying at my place. Well, I caught them having sex and now whenever my girlfriend and I do it I can't get hard. All I think about is my mom's face. What do I do?

— Thinking about Mama

Dear Thinking about Mama,

You're not the only one, my friend. Lots of kids catch their parents in the sack, but unlike you, not everyone keeps thinking about it after. This is kind of disturbing that you think of your mom while doing your girl. You need to STOP immediately. And that's all the advice I have. It's all in the mind, it's all in the mind.

...

Dear CONwisDOM,

How long am I supposed to go without sex in a relationship? I've been on seven dates with my partner and nothing. And I don't mean everything but sex, I mean I'm lucky if I get the chance sneak a peek at an ass cheek. Am I being too demanding, or is it time for my significant other to drop their drawers?

— Bluballs

Hello Bluballs,

I feel your pain. Waiting sucks, but sometimes you just have to do it, because if you don't some may call it rape. Contrary to popular belief this is the real reason God gave men two thumbs, it allows them to get a firm grip on their dick and rub one out. My suggestion is you go online, search advance masturbation

techniques and get a little crazy. If it looks like you're having enough fun, you never know, your partner may try and joint in! ;),

...

Dear CONwisDOM,

Recently my girlfriend has asked me to shave my pubic hair. No big deal, right? Wrong. Later in the week I was in the fitness centre taking a shower and I overheard a group of guys discussing my lack of man bush. I thought shaving was the in thing these days. Can you please help me figure out how much manscaping is too much.

— Razor Burn

Hey Razor Burn,

First and foremost, you have to be comfortable with your body! You show off your prepubescent pubes with pride. There is a good chance the same people that are laughing at you have tried shaving before, too. As for how much manscaping is too much, I suggest keeping your forest under control, but leave a little hair there so you don't get confused with a five-year-old. The rule of thumb remains the smaller amount of hair, the bigger your man friend looks. One extra thing to keep in mind, always shave your balls.

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Do you have any personal questions that you want to have answered? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

CLUBS CORNER

Upcoming events ...



Business Connex

What: YES! We Can – Charity Fun Tournament
When: April 1; 5 p.m. to 9 p.m.
Where: 8th floor Business Tower Lounge

Occupational Health & Safety

What: Bake Sale
When: April 1
Where: HP Centre Pedway;
 10:30 a.m. to 1 p.m.

Chemical Technology

What: Pub Night
When: April 2 – doors open at 7 p.m.
Where: Canadian Brewhouse South

Business Connex

What: Business Etiquette Dinner
When: April 8; 6 p.m. – 9 p.m.
Where: Fresh Express
 Tickets are \$20 – Please contact
 Govind Pillai at gpillai1@ookmail.nait.ca

CCR

What: Silent Auction
When: April 9; 8 a.m. – 12:30 p.m.
Where: South Lobby

DeFeYe Arts Club

What: Studio Day
When: April 10; Noon – 8 p.m.
Where: Harcourt House, 10215 – 112 Street

Petroleum Club

What: Beer Garden
When: April 15; 3:30 p.m. – 10 p.m.
Where: The Dock (Engineering Annex)

CLUB NEWS

FORUM: It's up and running! Join up, make yourself a name/avatar, and find out the latest club news/events. <http://nait.ca/Forum/>
Grant #5 Deadline: May 3, 2010

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your real name & phone number
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*Articles have a 100 word limit.

THE NUGGET

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Get your tickets at the NAITSA office or the Nest!

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**\$3
 BEER**

featuring:

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 away the JD
 guitar!



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 & THE APRESNOS

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A Night @ A Fancy Hotel	← or →	A New Tent
A Brand New Big Screen TV	← or →	A Used TV
		...and much more!



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