

WANT TO RUN FOR STUDENT OFFICE? SEE PAGE 24.

THE NUGGET

Thursday, January 14, 2010
Volume 47, Issue 15



Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

ON THE REBOUND

Losses to Concordia are a wake-up call for the former No. 1 ranked Oaks, story Page 8



NAIT forward Chris Neptune, left, and guard Rodel Grenaway show some spirit as the men's basketball team aims to recover from recent setbacks.

Photo by Raymond Ip

LADIES' NIGHT

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NEWS & FEATURES

NAIT's Top 10 stories of 2009



By **RYAN FLAHERTY**
Issues Editor

What better way to begin a new year than with a look back at the big stories of the past 12 months? Here then, in no particular order, are the Top 10 stories from around NAIT in 2009. Where were you when ... ?

NAIT Techlife magazine wins award

The magazine, which debuted in 2007, was the winner of the Best New Magazine award at the Western Magazine Awards in June. It was the culmination of a series of honours and recognition from a number of organizations, including the Canadian Council for the Advancement of Education and the International Association of Business Communicators.

Basketball star sets records

As a member of the NAIT Oaks women's hoops squad, Dale-Marie Cumberbatch set new standards in a number of statistical categories. In the season finale against Grant MacEwan, Cumberbatch netted 36 points to set a new Alberta Collegiate Athletic Conference record for points in a single season, with 651. She also achieved a new high-water mark with 196 free throws in a season, adding to her records for most two-point field goals and most blocked shots in a season.

Spiffy new classroom makes its debut

In September, NAIT and Nexen partnered to open the Nexen Theatre, its newest tricked-out classroom. The theatre features a 19-foot by 7.7-foot screen, a 103-inch plasma screen, a high definition camera with remote capabilities, Dolby sound and five computer stations connected to the screen to allow for group work and it promises to enhance the learning experience for many students.

Chef in Residence program is introduced

Thanks to a \$1 million donation from John and Susan Hokanson, the NAIT school of Hospitality and Culinary Arts was able to implement a Chef in Residence program. Celebrity chef Rob Feenie, a Food Network host and cookbook author was the first chef brought

to the school in February to share his knowledge and wisdom with Culinary Arts students.

NAIT awarded 2010 CCAA Soccer Nationals

The school announced in August that it had been given the opportunity to host the best college soccer teams from across Canada in November 2010. The tournament will take place at a new facility in Spruce Grove. The NAIT Oaks men's and women's teams will be guaranteed a spot in the championships as the host team.

Instructor feedback system overhauled

NAIT made the decision to stop using the I Am Outstanding system which allowed students to provide their instructors with feedback on a number of aspects of teaching. A committee was formed to investigate possible replacement systems, with the intention of recommending a new feedback system in the new year.

Two badminton players chalk up national titles

Dan Kai won a second consecutive men's singles title, defeating Shawn Zhang of B.C.'s Douglas College in two sets at the national championships in Toronto back in March. A second gold medal was earned by the mixed doubles team of Joey Vandervet and Sinead Cheah, who beat Douglas's Andy Cheung and Amy Leung and earned the first such title in the school's history.

Governor General pays us a visit

The Right Honourable Michaëlle Jean, Governor General of Canada, spoke to participants in the Global Youth Assembly, which was held in Edmonton this past summer. The youth dialogue activity, which took place in the NAIT gymnasium, was part of an event which brought together youth from all around the world.

Montreal Canadiens practise at NAIT

Despite Edmonton being home to an NHL franchise of its own, the staff and students at NAIT still couldn't resist the allure of the most decorated team in league history. The squad, in town a couple days ahead of their date with the Oilers, decided to hold a practice at the former home of assistant coach Perry Pearn, who used to coach the men's Oaks hockey team.

Nugget editors strip down

Tongues were wagging all over

campus with the publication of *The Nugget's* final issue of 2009. This special parody issue featured a series of joke articles on a wide variety of subjects ranging from Michael Jackson to Victoria's Secret models to the NAIT Oaks mascot. The highlight of the issue, however, was a story about NAIT's new clothing-optional "undress code," which was promoted on the front page by a whimsical photo of the *Nugget* editorial staff wearing nothing but their birthday suits. The issue and photo were the talk of NAIT.



Photo by Raymond Ip

The Nugget staff bared it all in 2009.

TUITION TRUE AND FALSE

TRUE



FALSE



NAIT is raising tuition by 40%.

TRUE



FALSE



NAIT's tuition for 2010/2011 is increasing by 1.5%

TRUE



FALSE



NAIT's 2010/2011 tuition increase of 1.5% is the maximum allowed under provincial legislation.

TRUE



FALSE



At \$3,990, NAIT continues to offer the lowest average tuition of all urban post-secondary institutions in Alberta.

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Photo by Linda Hoang

Steve Parent-Korbie, a NAIT systems analyst, lived a long-held dream this past week when he got to carry the Olympic torch during its stopover in Edmonton.

300 metres of heaven

By LINDA HOANG
Assistant Issues Editor

When Steve Parent-Korbie was born with cerebral palsy, doctors said he only had a five per cent chance of living past the first 24 hours, and if he did, he'd either become paralyzed or mentally challenged.

Parent-Korbie, now 36 years old and working as a NAIT systems analyst, has not only defied those odds, but bore the Olympic flame for 300 metres this week as it came through the city on Day 76 of the Olympic Torch Relay.

"This is something I've always wanted to

try and do. I get to say for the rest of my life that I actually ran with the Olympic flame," Parent-Korbie said with a bright smile.

Though he normally uses forearm crutches, for safety reasons Parent-Korbie carried the Olympic flame using a wheelchair.

He had been dreaming about being a part of the Olympic Torch Relay ever since the age of 14, when he watched the 1988 relay in Calgary and one particular figure caught his eye.

"There was a torch bearer in a wheelchair," he said with a smile, seated in his own wheelchair. "When I got to see that, it kind of stuck

in my brain."

"What I've had to go through in my life to keep my mobility and independence, I relate that to the dedication that the athletes have within their own sports," Parent-Korbie said, explaining how he views his connection to the Olympics. "The torch bearer from before inspired me and if I inspire others, than that's great."

Parent-Korbie, who says he will keep and treasure his Olympic torch forever, had been counting down the days leading up his turn to carry the flame and continues to countdown now to the start of the 2010 Winter Olympics.

"I love everything about the Olympics," he said. "It doesn't matter who you are, where you come from, or your background, the world comes together during the Olympics."

By Feb. 12, the Olympic flame will complete its journey, and will have travelled a total of 45,000 km over 106 days from coast-to-coast-to-coast of the country.

FOR ALL FULL TIME STUDENTS: Important Health and Dental Information

The opt out deadline for the NEW students starting in the winter 2010 term is Jan. 29, 2010
NO LATER THAN 4 P.M. ... NO EXCEPTIONS AFTER THIS DATE.

For students who started in the fall 2009 term and missed that deadline to opt out:
You cannot opt out until the fall 2010 term.

The family add on deadline is also Jan. 29, 2010, no later than 4 p.m.
Students may add their spouse and/or children to the medical and/or dental plan for an additional fee.
For the family add on price list, visit the Student Benefit Office.

For any questions please contact the Student Benefit Office:
Room E-125 between 9 a.m. and 4 p.m. (unless indicated otherwise on the office door)
Phone: 780-471-7730
Fax: 780-491-3058

(Please make sure you call our office after faxing something to make sure we have received the documents)



The Nugget

Room E-128B
11762-106 Street
Edmonton, Alberta
T5G 2R1
Production Office 471-8866
www.thenuggetonline.com

Editor-in-Chief

Chris Carmichael-Powell
studenteditor@nait.ca

Issues Editor

Ryan Flaherty
issues@nait.ca

Assistant Issues Editor

Linda Hoang
issues@nait.ca

Sports Editor

Taylor Pollmann
sports@nait.ca

Assistant Sports Editor

Garit Byington
sports@nait.ca

Entertainment Editor

Colleen Nuc
entertain@nait.ca

Assist. Entertainment Editor

Kathy Le
entertain@nait.ca

Photo Editor

Raymond Ip
photo@nait.ca

Production Manager

Frank MacKay
fmackay@nait.ca

For advertising, call 471-8866
or e-mail: fmackay@nait.ca

Submissions encouraged: studenteditor@nait.ca

The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

NAIT's got the recipe!

By **LINDA HOANG**
Assistant Issues Editor

Culinary Arts graduate Daniel Labutes has been confidently cooking and baking for years, and his culinary confidence grew even stronger when he won the Alberta Milk recipe contest just before Christmas.

Alberta Milk and NAIT teamed up this winter to launch a milk recipe contest for Culinary Arts students.

"The prize was \$200 and a quick recipe is no problem for \$200," said 28-year-old Labutes, who has just graduated from the program.

"I thought I had a good chance."

Students were asked to submit a simple, affordable, and nutritious recipe that could be put together in a short amount of time and featured certain food groups. Labutes created a Brazilian pie.

"Alberta Milk felt that this [contest] would showcase the talent at NAIT and also provide some real work experience to the students," said Alberta Milk marketing co-ordinator Melinda Falkenberg-Poetz.

Culinary Arts students Alexei Boldireff and Joelle Sparvier were also selected along with Labutes to form the group of top three recipe winners.

About 20,000 recipe cards with the names and recipes of the winners, including Labutes, will be distributed at various Alberta Milk trade shows and events over the next two years.

"It will be good for me to have to my name distributed that much," Labutes said.

Labutes, who has had years of experience working in various restaurants in the city, is now a teaching assistant in the Culinary Arts program.

"Culinary is where I want my career to be," he said. "Someday I'd like to own my own restaurant."

Culinary Arts graduate Daniel Labutes shows off his milk creation that was one of three submissions from the NAIT program to be chosen in an Alberta Milk recipe contest.



NAIT photo

On Friday, January 15, 2010 @ 4:30pm
NAITSA Presents:

THE BACHELOR & BACHELORETTE @ the nest

Sign-up in advance with your picture at the Nest or the NAITSA office (E-131) or online!
Registration deadline is Jan. 8, 2010

During the show there is a Red Light/Green Light game for viewers!

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The winner's date includes: a limo ride, dinner at the Cactus Club and a gift certificate to Ed's Rec Room

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Linda's TechTalk

Five game changers



By **LINDA HOANG**
Assistant Issues Editor

The technologies that emerged or were refined during the past decade have had a huge impact on our day-to-day lives. Here are five technologies of the 21st century that have changed our world.

1. iPhone: The most revolutionary phone ever invented, the iPhone has set the standard for smartphones everywhere. The phrase “there’s an app for that” exists because of this multi-functional all-in-one computer, camera and phone that seems to be able to do anything.

2. TiVo (PVR): One of the very first digital video recorders (DVR), TiVo has changed the way we watch television. No longer do we need to be at home at a specific time for a specific show, with a DVR remote, we’re able to pause, rewind and later fast-forward through

any broadcast. Talk about power and control.

3. YouTube (Social Networking): It’s hard to believe YouTube has only been around for five years when it feels like forever. YouTube has made it possible for one person to reach a world-wide audience, turning average Joes into Internet superstars and giving rise to video blogging. It’s easily one of the most important social networks in existence, though many social networks including Facebook, MySpace, and Twitter, all of which launched in the past decade, have also had significant impacts on society.

4. HDTV: Put a standard definition television broadcast up next to a high def. broadcast and you can’t help but wonder how you ever watched TV and movies before. The crisp, clear and bright images are awe-inspiring, no exaggeration. HDTVs have already led to the invention of Blu-Ray discs and in the increasing jour-

ney for better quality, who knows what’s next.

5. High Speed and Wireless Internet: Gone are the days of that god-awful dial tone. High speed Internet means instant access to websites, streaming videos, downloading and well, basically anything done online that I’d otherwise give up on if it took too long to load. Thanks to wireless Internet, take what was just mentioned and add mobility to it. Instantaneous access on the go, wherever you go. The web is always available to us now. Plus, Wi-Fi has certainly made hanging out at coffee shops more fun.

Not only have these technologies revolutionized the way we live, but they have also set the stage for more world-changing tech to come.

I can’t wait to see what’s in store for the rest of this decade.



No. 1: The iPhone

A primer on proroguing



Politically Speaking
By **RYAN FLAHERTY**

With the new semester comes a new feature to the *Nugget*. Each week I will take some time to summarize what has been going on in the political world, with an emphasis on examining the finer points of civic and provincial government. From time to time, however, I will focus my attention on the national level, and that is where I’m starting this week.

Many people have probably by now heard the term ‘prorogue,’ either on the news, in the paper or even on their Facebook page, where groups such as “Canadians Against Proroguing Parliament,” or the appropriately-named opposing collective “Canadians For Proroguing Parliament” have been recruiting members. But there is a lot of confusion over the term, and what exactly it means to the average Canadian. Here then, is a quick summary of the key facts where prorogues are concerned.

First, the most obvious question. What exactly is prorogation? Basically, it is the formal termination of the current legislative session. The prime minister has to ask the Governor General for permission to end the session of Parliament prematurely. There are a number of reasons for a prime minister to request a prorogue. The primary reason is so that the sitting government can re-calibrate its agenda, so to speak. The objective in this case is to ensure that previously approved budgets can be wrapped up alongside the pieces of legislation that required them. In other words, the government wants to create a new budget to accompany new legislative targets.

Though the concept of prorogation seems relatively novel to

most people, the fact is that Canada’s Parliament has been prorogued over 100 times in its history.

Former Prime Minister Jean Chrétien, for example, requested a prorogation of Parliament on four separate occasions during his time as Canada’s head of state. In fact, just one short year ago, Parliament was prorogued by Prime Minister Stephen Harper in an effort to squash a potential no-confidence vote being encouraged by a coalition of the Bloc Québécois, Liberal and New Democratic parties. At the time, opinions were mixed over whether the PM did the right thing for the country or simply used a legislative loophole to save his and his party’s collective bacon. This time around though, there seems to be an even higher volume of criticism directed at Harper for what many feel to be an attempt to subvert the democratic process in order to preserve the Conservative Party’s hold on power. After all, one of the elements of prorogation is that many pieces of legislation, which are still being debated in the House of Commons simply die before they are completed.

Harper’s response to the criticism has had two main points: first, that prorogues are a routine fact of life in the Canadian parliamentary system; and second, that he is actually trying to help the process along by requesting a prorogue, arguing that it is the Liberal-majority Senate that is holding up many bills in its chambers. Harper has said that although he once stated that he would not be a prime minister who would appoint Senators, he has decided that the time has come to re-evaluate that stance and fill the current vacancies with Conservatives who will, according to him, help move key pieces of legislation along.

Whatever your opinion, it is clear

that this “new” term, ‘prorogue,’ is here to stay. How the next couple of months play out in the House of Commons will go a long way to helping people decide whether they are supportive of this parliamentary postponement or not. Stay tuned to this column for updates in the coming weeks.

Next week: The Wild Rose Alliance – Alberta’s got a new party, and everyone wants in.

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OPINION

— Editorial —

Tuition, NAIT and you



CHRIS CARMICHAEL-POWELL
Editor-in-Chief

Paying tuition is never an experience I welcome, even if our tuition is the lowest in Alberta. The good news is, unlike the tuition increase proposed in the four-year 2009/10 business plan approved by the Board of Governors on May 4, 2009, it doesn't look like tuition is going to be raised 40 per cent over the next three-year period. That's welcome news. Being a starving student myself, I appreciate any additional money I have at the end of the semester.

Regardless, I still feel there are some unanswered questions. I find it concerning that NAIT even proposed such a substantial increase in the first place. It's not like they were discussing a mild six per cent, which still exceeds the 1.5 per cent cap imposed by government legislation. There must have been some serious mismanagement of funds somewhere for NAIT to require a 40 per cent tuition increase over three years. What's even more absurd than the increase is the justification, aside from balancing their obviously poorly managed budget, that NAIT states on Page 5 of the approved proposal, and I quote:

What merit?

"NAIT currently has the lowest average tuition fee per full load equivalent in Alberta, and there is merit in having the two technical institutes [NAIT and SAIT] at the same tuition level."

Merit, what merit? The last time I checked I don't see Dell computers raising their prices to match that of a Mac. Instead they evaluate their cost structure, eliminate unwarranted expenses and continue to deliver the value that their customers have come to expect at a reasonable price. I'm curious as to how many luncheons are catered in the executive offices? I have a great way to save some money, brown bag it next time, like the rest of us. It's all the little things that add up to big bucks.

If NAIT were to increase its tuition to match SAIT's, what would keep me here? It is evident the money is not being invested back into the facilities. Yes, I'm aware that we have some nice buildings on campus, but there are few. I might be willing to pay higher tuition if the washrooms didn't look like prison washrooms, and select hallways didn't remind me of an inner-city high school.

Having cake and eating it, too

In this issue of *The Nugget* I even believe there is an ad in which NAIT clearly outlines they have the lowest tuition in Alberta. So let me get this straight, in their business proposal a sizeable increase to tuition has merit, but now the lowest tuition in Alberta is something they want to point out. I believe this is a prime example of having your cake and eating it too. Some may call this a brilliant marketing strategy; I on the other hand, call it propaganda. Unless, of course, they just make up business plans for fun, and have no intention to follow through with them. Sounds like a great use of labour dollars to me.

Furthermore, looking at the projected expenses for 2009/10, I've noticed a decrease in spending with regard to scholarships, bursaries, prizes, utilities, supplies and services. Oh, I get it, charge the student body more and yet give them – less money, less heat and less service. Correct me if I'm wrong, but does that seem out of balance to anyone else?

Guess what did see an increase – salary and benefits! Perfect, it is good to know the administration is pocketing my hard

earned money to the tune of an additional \$8 million. Realistically, I can't imagine that all of the money is going to the administration, but if any of it is, there's a problem. Let me remind you they proposed a 40-per-cent tuition increase to balance their budget. Not only that, last semester I had a class where there were more students than workstations. What genius planned that out? I would have no problem with the additional spending if NAIT continued to deliver the quality educational experience I was promised. Standing in a classroom waiting for another student to finish an exam before I get the chance to start is not quality instruction, nor what I signed up for.

Now what should concern us students is this. Now that NAIT is only imposing a 1.5 per cent tuition increase, how else are they going to make up this capital for balancing their books? My guess is that next year there is going to be a line on our tuition statement disclosing a new

“ One scenario is to propose that over a three-year period, NAIT move toward the same level of tuition fees as SAIT Polytechnic, so that the two technical institutes, as defined by the Roles and Mandates Policy Framework, would have the same tuition fees. NAIT currently has the lowest average tuition fee per full load equivalent in Alberta, and there is merit in having the two technical institutes at the same tuition level. A three-year phased implementation of the tuition fee adjustments as proposed would be a major factor in achieving a balanced budget in each of the 2010/11, 2011/12 and 2012/13 fiscal years. ”

mandatory fee. I don't know what the fee will be called, but I bet they're going to sneak it in somewhere. From what I have heard it is not the first time a bogus fee has been implemented **cough e-learning fee cough**. Either that or they're going to take a page out of the European handbook and start charging us to use the washrooms that they maintain oh so well. Regardless of what avenue they choose to pursue, I encourage students to take a stand against any undue fees they believe they're paying.

Bottom line, it is good to hear that tuition is in check for the upcoming year. I thank the administration for making the right choice, and keeping the wellbeing of their student body in mind.

Perhaps some of them could even enroll in a course or two to help them understand what it means to be a student at this institution. Besides, it could be beneficial; I hear we have a great accounting program.

Figure 2: Total Operating Expenses, 2009/10

2009/10 Budget \$299.9 million

(2008/09 Budget \$299.3 million, including Northwest Campuses)

Scholarships, bursaries and prizes 0.4%
(2008/09 – 0.6%)

Loss on disposal of assets 0.0%
(2008/09 – 0.0%)

Facilities rentals 0.8%
(2008/09 – 0.8%)

Utilities 2.4%
(2008/09 – 3.0%)

Salary and benefits 69.7%
(2008/09 – 67.2%)

Supplies and services 20.0%
(2008/09 – 22.2%)

Amortization of capital assets 6.7%
(2008/09 – 6.2%)

Note: Effective July 1, 2009, certain programs and operations of the Northwest campuses will be transferred to Grande Prairie Regional College and Northern Lakes College (see page 10 for details). The 2008/09 budget and percentages in this graph include these operations.

Excerpts from NAIT's Four Year Business Plan, 2009/10-2012/13

Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your

real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.



SPORTS

BADMINTON



Honolulu's heavenly!

By NAIT ATHLETICS

The NAIT Ooks badminton team recently returned from Hawaii this past weekend after competing in the 2010 Honolulu Open.

The tournament provided an opportunity for the No. 2 nationally ranked team to compete in an internationally known tournament and undergo some serious team bonding. The team posted some outstanding results and had a great time in the sun and surf, so both objectives of the trip were met.

The Ooks Sun Yang captured the Women's Singles championship, and then teamed up with partner Sinead Cheah to win the Women's Doubles title. Yang then partnered up with NAIT Assistant coach Shannon Lim and finished second in Mixed-Doubles, narrowly missing out on the elusive Triple-Crown. NAIT's Joey Vandervet and Sinead Cheah also won the Mixed-Doubles Championship while Joey also finished second in Men's Singles. The men's doubles Championship was won by NAIT assistant coaches and former College National Champions Austin Liaw and Shannon Lim. The coaching staff was extremely pleased with the effort, attitude, showing and professionalism of all the players that attended the tournament.

The trip also saw the team gel and come together. Attending a world-class luau, surfing and play-

ing in the ocean, endless shopping excursions, and countless hours sitting on the beach all helped the team come together and will hopefully be an important element in recharging the team and helping them repeat as ACAC Team Champions.

It was another chapter in what has turned into a NAIT badminton team tradition. The past decade has seen the team travel to Hawaii six times; 2000, 2003, 2005, 2007, 2009, and now 2010.

"In years that our team has travelled to Hawaii, it has been evident that the team comes back refreshed and much more cohesive," said Coach Jordan Richey.

"It is a goal of the program to ensure that every player that competes within our team has an opportunity to experience the Hawaii trip."

Next up for the Ooks is ACAC Tournament No. 3 this weekend at Concordia. Singles Nationals qualifying will take place Feb. 6 and 7 at Red Deer College with Mixed-Doubles and Doubles Nationals qualifying as well as the Team Championship

occurring Feb. 13 and 14 at NAIT. The season will culminate with the CCAA National Championships which will also be held at NAIT March 4-6. Aloha!



Supplied photo

NAIT's badminton team poses after a highly successful trip to Hawaii.

Athletes of the week

January 4-10

Kerrie Horricks
Hockey



Kerrie made a total of 53 saves this weekend and helped lead her team to two victories over Red Deer College. She was the game star on Thursday with a shutout and earned a spot among the top five goaltenders in the league. "Kerrie is one of our hardest workers every practice. She competes hard and makes the players better," said head coach Deanna Iwanicka. "This weekend she made some key saves for us and really was the difference in Thursday night's game". Kerrie is a first-year continuing education student from Shellbrook, Saskatchewan. The coaching staff and players enjoy having Kerrie around as her sense of humour is one of a kind.

Bret Pepler
Hockey



Bret had a strong weekend for the NAIT Ooks men's hockey team, helping the Ooks to a win and a tie at Briercrest. The fourth-year Ouk had two goals Friday in the Ooks' 5-1 defeat of the Briercrest Clippers and then the five-foot-10 forward followed that up with a goal and an assist in a 3-3 tie on Saturday. Bret is a fourth-year Business student and is from Rhein, Saskatchewan.



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NAIT vs. MACEWAN
Friday January 15 - 6:00pm



Purchase this prize book for your exclusive opportunity to win thousands in great products and services while supporting the Ooks women's basketball program.

MENS BASKETBALL

Ooks trip over Concordia



Photo by Raymond Ip

Coach Don Phillips sees two recent losses as a wake-up call for the team.

MENS HOCKEY

Playoffs eyed

By **TAYLOR POLLMANN**
Sports Editor

Edmonton has a chance to make the playoffs. No, I'm not talking about the Edmonton Oilers who lost that right weeks ago, but our own men's hockey team. As of now, the Ooks sit in a playoff position in the North Division of the ACAC with a total of 19 points. However, it will not be easy to remain in this position.

Right on the Ooks' tail sits Augustana and Portage at 17 and 10 points respectively. Terry Ballard, head coach of the team, states that he is pleased with the standings, especially after the team started the year with only one win in their first six games.

The road ahead is not getting any easier, however. With their next two games coming against Mount Royal, the second place team, they will have to give all they have to reach their season ending goal.

Mount Royal's goaltender, Jordan McLaughlin sits in third place with a save percentage of .909 and a goals-against average of 2.39. It's not like NAIT doesn't contain any weapons of their own. They have a

couple of players that can change the outcome of a game in a matter of seconds. NAIT's own Chevan Wilson sits fourth in scoring with 33 points. This puts him right behind the deadly three-headed attack of SAIT. The Ooks also contain the Ovie type sniper of Jeff Tolpiko who currently sits second in the league's goal-scoring race with a total of 17 goals.

If the Ooks are able to pick up the pace and continue the season as they left off in the first half, the future looks bright. As the Ooks finished with a bronze medal last year, we can only hope we get to see them in the finals this year. This could come as a relief because Edmonton may be deprived of ever seeing another hockey team (besides the Ooks, that is) in any type of finals, for the next 30 years.

So pack the bleachers and cheer on our own Ooks as they continue their quest for the gold. Think about it, why waste any amount of money on the Oilers, when you can, for free, watch a team that actually wins their games.

Now there is a concept that works.



TAYLOR POLLMANN
Sports Editor

Coach Don Phillips' men in the gold and blue have suddenly met a force to be reckoned with.

After cruising through the season and dominating their opponents, they have met their match in the Concordia Thunder, who handed them two defeats, bringing their national collegiate ranking down to 11th place, from first overall where they stood heading into the Christmas break.

In the first set of games after the holidays, the Ooks lost the first game 72-68 to the Thunder in their home gym, not quite the result coach Phillips was looking for.

"Lack of conditioning and execution allowed the Thunder to gain confidence to perhaps steal the game," Phillips said.

A key part of the lack of conditioning was probably due to the fact that they had two key players arrive from holidays mid week. This made it virtually impossible to execute a full practice with the entire roster present.

The Ooks didn't fare much better in the rematch the following night at the home of the Thunder. The team battled their hardest but again fell short to the cross-town Thunder.

"Our biggest strength has definitely been our biggest weakness. The fact that half our team is from out of province has proven to be a huge distraction," Phillips said.

The loss leaves the Ooks in the No. 1 seed position in the North division of the ACAC, but just barely. The Concordia Thunder sit two points behind after their two victories.

The Grant MacEwan Griffins also sit in second but have played two fewer games than either the Ooks or the Thunder.

While the two consecutive losses have brought the Ooks down from their emotional high, they are still keeping their eyes on the prize ahead.

"We must regroup, refocus and revisit our commitment to conditioning and playing hard-nosed defence," Phillips said.

"I'm disappointed in the losses but I believe the games have been a great wake-up call."

Let's hope the Ooks refocus and put forward the skill and potential we all know they have. The team now faces an intense back-to-back tilt against their cross-town rival Griffins.

These two games are sure to be an intense matchup between two teams that are competing for the division's No. 1 seed. The first game takes place Friday at 8 p.m. at NAIT and the other will be played at the home of the Griffins. Besides the Energy, this is the highest-level basketball you are going to see here in E-town and it won't disappoint.

The only people that are going to be disappointed, in fact, are the Griffins after the Ooks get through with them.

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Best athletes of 2009

Stories by **TAYLOR POLLMANN**
Sports Editor

The year 2009. It had it all with the raising of a Stanley Cup over a young captain's head, the redemption of a Shaq-less star and the insane records of a young man from Jamaica. So sit back and enjoy the Top 10 stars of 2009.

P.S This list is 100 per cent accurate, as tested by myself.

1. Usain Bolt: What can you say about the human "lightning bolt." It's hard to believe that only five years ago, Bolt turned pro and has spun the heads of track experts around the world since. Coming off his three world record gold medals at the Beijing Olympics, you wouldn't think he had any-



Usain Bolt

thing else to prove. Instead, he started 2009 off with a bang at the World Championship of Athletics. He won the 100 metres with another world record time, shattering the previous mark with a time of 9.58. A few days later "lighting" struck again in the same place. Bolt destroyed the 200m record and won the race with the biggest margin of time even though it was the fastest race ever recorded. To reward his remarkable accomplishments, he was named the IIFF athlete of the year for the second year in a row and was bestowed the huge honour of Laureus Athlete of the World for 2009. It is safe to say 2009 was the year of Bolt.

2. Chris Johnson: All you can say is what

a year Chris Johnson had. The pride and joy of Orlando, Florida did it all this season. Johnson broke dozens of rushing records this season and became only the sixth man in the history of the NFL to rush for over 2,000 yards. The others who did it: O.J. Simpson, Eric Dickerson, Barry Sanders, Terrell Davis and Jamal Lewis. Pretty good company. Except maybe one of them.

3. Kobe Bryant: Sure, LeBron James won the MVP and he may have had a better regular season. No player though, had a more complete year than Kobe Bryant. He averaged 26.8 points a game and his team finished with a 65-17 record. You could say that's impressive enough. Combine that with an All-Star Game MVP, Finals MVP and a fourth championship ring, that about sums up who was king of the basketball world. All this occurred while Shaq was sitting at home thinking about his move to Cleveland.

4. Roger Federer: As 2008 was the year of Nadal in tennis, 2009 was the year of Federer. After losing three times to Rafael Nadal in major finals in 2008, the world was wondering if Federer's reign of terror was done. But with Nadal's injury that basically lasted all season, Federer was free to once again claim his titles with ease. During the 2009 season he not only claimed the lucky 15th career major (a feat no player has ever accomplished) but he also completed the career grand slam that had evaded him

for years. It will certainly be entertaining to see what will happen with Nadal back in top form.

5. Evgeni Malkin: If 2008 was Malkin's breakout season, 2009 was the year he cemented his name among the top stars in the NHL. Finishing the season with 113 points, he won the Art Ross for the first time, beating out fellow Russian Alexander Ovechkin. He wasn't done there, however. With his team soaring through the playoffs, Malkin stepped up his game in the Stanley Cup finals, silencing the critics after his performance the previous year. Upon winning the Stanley Cup he was awarded the Conn Smythe, making him the second Penguin to win both the Smythe and Art Ross in the same season.

6. Lionel Messi: Messi must have loved 2009. Not only did he light up the stat sheets with a La Liga high 38 goals, his team dominated as well. Barcelona won the Copa del Rey, La Liga and Champions League titles, the first time a Spanish team has won the triple. For his contributions he was named UEFA Club Football Player of the year and FIFA Player of the Year. He truly is Diego Maradona's successor in Argentinean futbol.

7. Sidney Crosby: While Sid the Kid finished third in scoring behind Ovechkin and Malkin in the regular season, he more than made up for it in the playoffs. Putting the team on his back to avenge the previous season's heartbreaking Finals loss to the Red Wings, the Stanley Cup was his goal. In a highly anticipated matchup against Ovechkin's Capitals, he not only won the series but also out scored and

got more points than his rival. When he raised the cup above his head he became the youngest captain to ever win the Stanley Cup. Not bad for the boy out of Cole Harbour, Nova Scotia.

8. Peyton Manning: Move over Marino and Montana. Manning may have just made himself the greatest quarterback of all time. Not only did his team finish the regular season with a record of 14-2, those two losses came when Manning was out of the lineup. His team looks poised to compete and potentially hold the Super Bowl in February. This could go nicely with Manning's new MVP ring, which makes him the only player in NFL history to be awarded four MVPs. There is another scary thing about Manning; he has a lot of years left in the tank.

9. LeBron James: The King himself takes a place in the countdown. He did everything except win a championship in 2009. With the way he can shoot, pass and create plays, you can be sure it will only be a matter of time. Winning the NBA MVP at age 24 puts him on pace to one day be named one of, if not the greatest, basketball player to ever play the game.

10. Jimmie Johnson: NASCAR is one of the most popular sports in North America and so it is a huge honour to be labelled the best in the field. Johnson whole heartedly deserves this honour. By winning his fourth consecutive Sprint Cup title, he has earned the right to be in the conversation of the best ever.

Honorable Mentions: Alexander Ovechkin, Drew Brees, Dwight Howard, Cristiano Ronaldo, Albert Pujols.

The worst of '09

The following sports figures failed to make the top ten this year but they don't have to worry. They have made another type of countdown that is sure to put them on the map. Give a round of applause to the worst sports figures of 2009. To answer your question, no, the entire roster of the Edmonton Oilers is not on the list.

1. Tiger Woods: The name alone should stand for itself as to why he is No. 1 on this year's worst athlete of 2009. The whole world was brought into his private life after a certain incident involving a golf club, his wife and a crashed SUV. With the spotlight now shining on his multiple mistresses, not only is his marriage in trouble but also his financial future. Multiple sponsors have dropped him or suspended him from



Tiger Woods

endorsement campaigns and there is more to come. To add to his banner year he missed the cut for the second time in his career at a major and failed to win one in 2009, only the third time this has happened in his career.

2. Plaxico Burress: Once a favourite target of New York Giants quarterback Eli Manning,

he has become one of the police. After accidentally shooting himself in the leg in a New York Club, he pled guilty to the charges on July 26 and now resides in a nice comfy prison cell for the next few years. Oh yeah, to add insult to injury the Giants have released him and the NFL suspended him indefinitely.

3. Gilbert Arenas: Sure he was doing OK in his current season but his off-court issues have come to light. Storing guns in a team locker – seriously, what is this, a bad episode of *Law and Order*? Even worse, when the news came to light, he pretended to shoot his teammates with his finger during a pre-game warm-up. His sentence: suspended for the rest of the current season and maybe even longer. Ouch!!

4. Eric Tillman: Breaking news!! The face of Roughrider nation has fallen. His crime, sexually assaulting a 16-year-old babysitter in his home. Though he finally admitted to the crime when presented with the evidence, he still deserves a spot on the list. He also will not be making any calls in the future for the Roughriders after he stepped down as the team's GM.



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Christian Labour Association of Canada

NFL countdown to glory



Brett Favre
His year?

answers.com



GARIT BYINGTON
Assistant Sports Editor

Dallas Cowboys
vs.

Minnesota Vikings

The Cowboys have not advanced to the NFC Championship in 15 years, although two of Dallas's five Super Bowls came after they defeated Minnesota in the playoffs, who they take on this weekend. Brett Favre may have had one of his best seasons ever this year, but to help win a championship is why he was brought in.

The Vikings, led by Jared Allen, have this seasons' deadliest pass rush with 48 sacks, while Dallas, led by DeMarcus Ware, had 42 sacks. Tony Romo has never looked so good in the post-season, playing at an extremely high level. He plays a fearless style and has a reliable run game to fall back on; both just like his counterpart Favre. With both teams possessing such dominant pass rushes, the running attack may be most crucial in determining the outcome, whether it be Marion Barber or Felix Jones of the Cowboys, and Adrian Peterson of the Vikings, both teams have strong running games to go with strong passing games.

Arizona Cardinals
vs.

New Orleans Saints

Unlike the Colts, who ruined their perfect season by losing their last two games after pulling Peyton Manning from the game, the Saints lost their three final games with starter Drew Brees in the lineup.

Despite the late season struggles, this is the same Saints team whose dominant defence and all-star performances from Brees got them off to a 13-0 start. The Cardinals are in the midst of another deep playoff run and have Kurt Warner at the top of his often under-appreciated game, and likely the best receiver in the game, Larry Fitzgerald, complemented by stand-out receiver Anquan Boldin. Momentum and energy will be behind everyone on that Cardinals sideline after coming off that epic overtime victory over the Packers, while the Saints have

been sitting on this three-game losing streak. However, the Saints will have the energy from the crowd, and considering these two potent offenses, expect Arizona to be in another shootout.

New York Jets

vs.

San Diego Chargers

Although Peyton Manning was given the nod for league MVP, Philip Rivers has had just as efficient a season, leading his Chargers on their 11-game winning streak. Even more impressive is the fact that Rivers had some of his best games against some of the league's top defences, beating the likes of the Ravens, Bengals and Steelers. The Jets possess the league's No. 1 defence, and like the Baltimore Ravens, rely heavily on their running attack with their strong defence, employing the smash-mouth old-school style. Thomas Jones and Shonn Greene will share the duty, after Greene's breakout performance last weekend. Even with the No. 1 defence in the league, the Jets, with their rookie quarterback, will be hard pressed to defeat the juggernaut of Philip Rivers and the Chargers.

Baltimore Ravens

vs.

Indianapolis Colts

The Baltimore Ravens with the league's best defence, travel to Indianapolis to take on the Colts and the league's best offence. The Colts are led by league MVP Peyton Manning, who is one of, if not the best quarterback ever to take to the grid-



no.wikipedia.org

Philip Rivers
11-game winning streak

iron. The Colts will be well rested due to the bye week, though have been sitting during the bye week riding a 2-game losing streak. With Manning under the helm, the Colts are 0-3 when they have that first round bye; however, the Colts won their only previous playoff matchup with the Ravens. The Ravens' will rely on their run-game, staying as far away from the Dwight Freeney led pass rush of Indianapolis. The Ravens' ground-game chewed up the Patriots' defense all game last weekend, handing it off to Ray Rice 22 times and Willis McGahee 20 times. This ground attack, along with the elite defense of the Ravens will provide the Colts with an extremely tough old-school smash-mouth opponent; but with Manning back behind centre, he'll be looking to add to the legend that is Peyton Manning.

ACAC Standings

MEN'S HOCKEY											
Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts		
SAIT.....	18	15	15	2	0	1	114	44	31		
Mount Royal...	18	15	15	2	0	1	90	45	31		
Concordia.....	18	11	11	6	0	1	75	57	23		
NAIT.....	18	9	9	8	0	1	87	63	19		
Augustana	18	8	8	9	0	1	80	91	17		
Portage.....	18	5	5	13	0	0	63	82	10		
MacEwan.....	18	4	4	14	0	0	51	106	8		
Briercrest.....	18	2	2	14	0	1	47	119	5		
RESULTS											
Jan. 8											
NAIT 5, Briercrest 1; Portage 8, MacEwan 6; SAIT 7, Augustana 2; MRU 5, Concordia 3											
Jan. 9											
NAIT 3, Briercrest 3 (OT); SAIT 4, Augustana 0; MRU 7, Concordia 1											

WOMEN'S HOCKEY											
Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts		
SAIT.....	13	8	6	4	1	0	36	31	17		
Mount Royal...	14	7	7	5	1	1	37	34	16		
NAIT.....	13	6	5	4	1	2	32	32	15		
MacEwan.....	13	5	5	6	1	1	22	28	12		
Red Deer	13	4	2	6	1	2	21	23	11		
RESULTS											
Jan. 7											
NAIT 2, RDC 0											
Jan. 9											
NAIT 3, RDC 2 (OT); MacEwan 2, MRU 1											

MEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
NAIT.....	14	11	3	22	1310	1034
MacEwan.....	12	10	2	20	1093	851

Concordia.....	14	10	4	20	1222	1025
Lakeland.....	14	9	5	18	1191	1075
Augustana	14	4	10	8	1116	1212
King's.....	14	3	11	6	1001	1238
Grande Prairie	14	1	13	2	895	1393
South Division						
Team	G	W	L	Pts	PF	PA
Mount Royal.....	10	8	2	16	893	719
SAIT.....	10	8	2	16	789	639
Red Deer	10	7	3	14	855	778
Lethbridge	10	3	7	6	801	857
Briercrest.....	10	2	8	4	770	986
Medicine Hat	10	2	8	4	741	870

RESULTS						
Jan. 8						
Concordia 82, NAIT 78; King's 92, Augustana 88 Lakeland 83, GPRC 80						
Jan. 9						
Concordia 75, NAIT 64; Lakeland 123, GPRC 66 Augustana 84, King's 74						

WOMEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
Concordia.....	14	13	1	26	1075	682
King's.....	14	12	2	24	913	762
MacEwan.....	12	8	4	16	729	682
Grande Prairie	14	8	6	16	871	877
Augustana	14	3	11	6	845	988
Lakeland.....	14	3	11	6	835	970
NAIT.....	14	1	13	2	734	1041
South Division						
Team	G	W	L	Pts	PF	PA
SAIT.....	10	9	1	18	825	535
Lethbridge	10	9	1	18	788	638
Medicine Hat	10	5	5	10	636	702
Mount Royal	10	4	6	8	675	664

Red Deer	10	3	7	6	571	700
Briercrest	10	0	10	0	538	794
RESULTS						
Jan. 8						
Concordia 82, NAIT 51						
King's 55, Augustana 52; GPRC 71, Lakeland 70						
Jan. 9						
Concordia 76, NAIT 42; GPRC 65, Lakeland 45 King's 85, Augustana 49						

MEN'S VOLLEYBALL						
Provincial Division						
Team	MP	MW	ML	GW	GL	Pts
SAIT.....	2	2	0	6	1	4
Mount Royal.....	2	2	0	6	1	4
Red Deer	2	2	0	6	2	4
Grande Prairie	2	0	2	2	6	0
MacEwan.....	2	0	2	1	6	0
King's.....	2	0	2	1	6	0
North/South Division						
Team	MP	MW	ML	GW	GL	Pts
Medicine Hat	2	2	0	6	3	4
Keyano	2	0	2	3	6	0
Briercrest	0	0	0	0	0	0
Lakeland	0	0	0	0	0	0
Lethbridge	0	0	0	0	0	0
NAIT	0	0	0	0	0	0

RESULTS						
Jan. 8						
RDC 3, GPRC 1 (25-18, 22-25, 25-23, 25-23) Medicine Hat 3, Keyano 2 (21-25, 19-25, 27-25, 26-24, 15-13) MRU 3, MacEwan 0 (25-19, 25-21, 25-14) SAIT 3, King's 2 (25-21, 30-32, 25-14, 25-18)						
Jan. 9						
RDC 3, GPRC 1 (25-21, 18-25, 25-19, 25-18)						

Medicine Hat 3, Keyano 1 (25-22, 23-25, 25-20, 25-18)
MRU 3, MacEwan 1 (23-25, 25-17, 25-18, 25-18)
SAIT 3, King's 0 (25-18, 25-18, 25-19)

WOMEN'S VOLLEYBALL						
Provincial Division						
Team	MP	MW	ML	GW	GL	Pts
Red Deer	2	2	0	6	0	4
Mount Royal.....	2	2	0	6	2	4
SAIT.....	2	2	0	6	3	4
King's.....	2	0	2	3	6	0
MacEwan.....	2	0	2	2	6	0
Grande Prairie	2	0	2	0	6	0
North/South Division						
Team	MP	MW	ML	GW	GL	Pts
Medicine Hat	2	1	1	5	4	2
Keyano	2	1	1	4	5	2
Briercrest	0	0	0	0	0	0
Lakeland	0	0	0	0	0	0
Lethbridge	0	0	0	0	0	0
NAIT	0	0	0	0	0	0

RESULTS						
Jan. 8						
RDC 3, GPRC 0 (25-23, 25-22, 25-20) Keyano 3, Medicine Hat 2 (27-25, 23-25, 29-31, 25-17, 15-11) MRU 3, MacEwan 1 (21-25, 25-17, 25-20, 25-20) SAIT 3, King's 2 (18-25, 21-25, 25-21, 25-20, 15-10)						
Jan. 9						
RDC 3, GPRC 0 (26-24, 25-19, 25-23) Medicine Hat 3, Keyano 1 (25-14, 18-25, 25-18, 25-22) MRU 3, MacEwan 1 (25-22, 22-25, 25-21, 25-19) SAIT 3, King's 1 (25-23, 25-19, 20-25, 25-22)						



ENTERTAINMENT

Adult film of the week

A scene stealer



COLLEEN NUC
Entertainment Editor

Since it's a new year, I thought I would take a more journalistic approach to my film reviews in order to truly represent the many tastes of Edmonton. So I decided to get right down to the source, and by source I mean Source Adult Videos, Edmonton largest erotica chain. With seven locations in the Edmonton Area, this adult products store is the perfect spokesperson on what gets Edmonton off.

One Source Adult Video manager says that "adult stores aren't what they used to be, they're not so secretive anymore."

"Coming to a Source is pretty much the same as going to a Rogers Video these days. We get all sorts of people in here."

So what is one of Edmonton's top selling adult

films? A cute little film called *Award Winning Sex Scenes*. This film is a compilation of the steamiest adult movie scenes by Vivid Video Production, starring household names like Jenna Jameson, Randy Spears and Nikki Tyler. This DVD gives you the biggest bang for your buck, bringing you the cream of the crop of adult films such as *Bad Wives*, *Seven Deadly Sins* and *Fade to Black*.

If you're a fan of story line porn, this may not be one of your top choices, but the film does consist of a plethora of sex scenes with a variety of characters, 23 scenes, to be exact. Some of my personal favourites include scene 3 from *Fade to Black*, which takes place on a porn shoot, so it's a movie within a movie. My only disappointment was that a few of the scenes were cut short for phone sex line advertisements.

I personally get a little bored with straight up love making scenes without the entertaining plot lines, but *Award Winning Sex Scenes* does try to spice it up a bit by adding a satisfying mix of romantic, hardcore and comedic sex scenes. The film is great for someone who doesn't have a lot of cash and wants to get right down to business.

In conclusion, I would give this adult film

three out of five pearl necklaces.



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FOR YOUR LISTENING PLEASURE ...

\$3.99 mix-tape



By LINDA HOANG

While the playlist you are about to skim through would be more suitable for a February/Valentine's Day mix-tape, if you're anything like me, then anytime is a good time for a cute little love song. From subtle to super sappy, these songs are perfect for new cou-

ples, old couples or if you're in that tricky stage where you're not quite a couple, but you're definitely on the right path.

There is also a high chance these songs will anger or annoy or even induce eye-rolling and possible gagging among most. Whatever the case may be for you, whenever any of these songs come on the radio or shuffle randomly onto my iTunes, it's nearly impossible to wipe the goofy smile off my face.

Enjoy!

1. Boys Love Girls ft. Taylor Swift – "Two is Better Than One"
2. Plain White Ts – "1, 2, 3, 4"
3. Taylor Swift – "Untouchable"

4. Jason Mraz ft. Colbie Caillat – "Lucky"
5. The Beatles – "I Want To Hold Your Hand"
6. Beach Boys – "Wouldn't It Be Nice"
7. Usher ft. Alicia Keys – "My Boo"
8. KCi & Jojo – "All My Life"
9. Glen Hansard and Marketa Irglova – "Falling Slowly"
10. Owl City – "Meteor Shower"
11. Parachute – "She Is Love (Acoustic)"
12. Michael Buble – "Just Haven't Met You Yet"
13. Howie Day – "Collide"
14. Lifehouse – "You and Me"
15. Jack Johnson – "Better Together"
16. John Michael Montgomery – "I Swear"
17. Richard Marx – "Right Here Waiting"

VIRAL VIDEOS

If atheists ruled the world

By COLLEEN NUC
Entertainment Editor

Viral Video: a video that becomes popular through the process of Internet sharing, typically through Internet media sharing websites.

Although it's hard to determine how many online views a video needs to hit viral stardom, some experts



say, "Only 2% of YouTube videos go viral."

With that being said, three film students from Emily Carr University of Art and Design proposed that they would create a viral video as a school project. Their goal was to get 10,000 hits for their YouTube video *If*

Atheists Ruled the World. The video has now received almost one million hits.

The video mocks extreme Christianity, and all text was taken directly from Christian fundamentalist forums.

One part of the video states, "some people say that if nobody believed in any kind of religion, there'd be no wars or fighting. I think it would be worse, I think it would be way worse. I know that if I didn't have God's judgment to fear, I would have killed

many, many times."

The video comments alone are worth reading, portraying a vast array of both Atheist and Christian extremists arguing over who's right and whose wrong.

This video is clever, thought provoking and controversial, which is a great combination for a successful viral video.

It's definitely worth checking out if you haven't already seen it:

www.youtube.com/watch?v=qO9IPoAdct8

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MOVIE REVIEW

A real beauty!



KATHY LE
Assistant Entertainment Editor

You know how in any group of people, whether it's a class of 500 students, a conglomeration of 1,000 employees in a company, or a group of athletes, there is a very small percentage (I'm talking a couple of individuals) who have ideas, talents or think at a level beyond what the rest of the group can comprehend or fathom?

Director James Cameron is an example of one of those geniuses. He is well known from the Oscar winning movie *Titanic*, which literally blew everyone out of the water. I was listening to Ryan Seacrest's show back in December and James Cameron was being interviewed for his 3-D movie called *Avatar* and this was the first time I had ever heard of the movie. Cameron explained that he had conceived the idea for the film 15 years ago, but the technology to create his vision had not yet been created and he had to wait.

Then he said he got tired of waiting and started to develop some of the technologies himself. I was intrigued and immediately went to see it. The movie was incredible and beautiful. It was an idea that only could've come from the mind of a genius. I highly recommend the movie to everybody and anybody and guarantee that you won't be disappointed.

The effects are incredible as Cameron combines human and cartoon, life-looking creatures called Na'vi

together making them look real. In a nutshell, the movie is about a human ex-marine who is flown to another world called Pandora. He participates in a project with the goal of getting close to the Na'vi and move them out of their territory in order for a greedy corporation to take over and harvest the precious minerals that lies beneath their home.

The atmosphere in Pandora is poisonous to humans so the only way for contact is to incorporate the minds of the humans into the body of a hybrid of Na'vi/human called an Avatar. Sam Worthington plays the role of Jake Sully, the avatar that embarks on this mission. Of course a story isn't a story without some romance and he falls in love with a female Na'vi named Seytiri while she tries to teach Sully their tribal ways.

You'll see sights never imagined before as your eyes dazzle at the floating mountains, bright colors of the glowing forest at night and the flying banshees that the Na'vi ride. I appreciated the Na'vi's connection and love for life and creatures as a life taken also must be returned in the cycle. The Na'vi and all the creatures on Pandora have braids with sensory-like neurons that they use to connect to one another. Their whole world is connected in that way. Jake Sully's perspective changes as he gets closer to the inhabitants of Pandora and a war eventually breaks out between mankind and the Na'vi.

The underlying theme in the movie closely mirrors significant symbolisms that specific groups of humans on earth have battled and are still battling between one another when it comes to greed and stealing what they want to further their successes.

As much as I want to keep elaborating on this fantastic movie you will just have to watch it yourself to find out what happens at the end.



The special effects in *Avatar* are spectacular.



75,000 Albertans serving
3,000,000 more.

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The Alberta Union of Provincial Employees
Your Working People. www.aupe.org



Top '09 celebrity stories



COLLEEN NUC
Entertainment Editor

2009 was an eventful year in the Entertainment world. With all the sex scandals, back stabbing public divorces and violent celebrities, one only hopes that 2010 can be just as action-packed as last year. Here are the top ten stories of 2009:

#10 – “Bromance” becomes a social phenomenon

A bromance is a “close but non sexual relationship between two or more men, a form of homosocial intimacy.”

Although this isn't a new phenomenon, bromances have been popping up everywhere in the entertainment world. Brody Jenner's MTV show “Bromance” premiered in January 2009, and movies like “I Love You Man” made the term popular among young men. We'll see if this free-lovin' social phenomenon gets a little more “intimate” this year. Maybe I'll even coin a new term, Bro-Homo-mance; where guy friends can watch hockey and sleep together at the same time!

#9 – Kanye West Interrupts Taylor Swift

The Kanye West incident was probably one of the biggest stories of the year. The Egomaniac interrupts poor little wholesome Taylor Swift in the middle of her acceptance speech for Best Pop Vocal. The incident made Kanye West look like the biggest asshole and made Taylor Swift even more popular. The confrontation was so popular, even President Barack Obama spoke about it.

#8 – Chris Brown Attacks Rihanna

On February 8, 2009, Chris Brown and Rihanna got into an argument on their way to the Grammy Awards. The argument quickly escalated and Brown decided it would be best to win the argument by smacking Rihanna around. Rihanna's battered photos quickly spread via the Internet and the story made headlines all year. Although the asshole didn't serve any jail time, his career will most likely

be that of selling cars in 2010.

#7 – Jon and Kate Gosselin's relationship dies along with their reputation

I am so sick of hearing about these two, but the talentless couple's messy divorce made headlines for the entire year. The divorce really brought out the douchebaggery within these two individuals; while Kate continues to pimp out her eight children, Jon gains weight, hooks up with floozies and promotes Ed Hardy. My wish for 2010 is that these two disappear.



Michael Jackson

#6 – The David Letterman Affair

So many sex scandals, so little time. On October 1, 2009, David Letterman announces on his show that he is the victim of an extortion attempt and then confessed

to having affairs with multiple women on his staff. The confession never hurt the late night host; in fact, the show saw some of its best ratings in years.

#5 – The death of Two Stars

2009 was also a sad year. Both Patrick Swayze and Farrah Fawcett lost their battles with cancer and passed away. They will be greatly missed.

#4 – Vampire Mania

Vampires spread like viruses in 2009. With the release of the second Twilight movie and shows like True Blood and Vampire Diaries, young girls now have the fantasy of sleeping with dead men. Unfortunately for them, that kind of behavior is still deemed illegal.

#3 – Jersey Shore

It's hard to believe that people like this actually exist. MTV's Jersey Shore has become an international phenomenon, making Guidos and Guidettes look like the biggest idiots out there. But with all the debauchery, girl punching, fist pumping action, the show is a guaranteed hit. Jersey Shore has become so popular that Snookie makes nightclub appearances for a smooth \$10,000. There are even rumors that Snookie has a sex tape, so expect great things in 2010!

#2 – Tiger Woods' “indiscretions”

For Tiger Woods, 2009 sucked. Fortunately in the smutty world of entertainment, Tiger Woods adulterous ways became one of the years' top stories. Before November, Tiger was known as the worlds best golfer with a squeaky clean image. But in the span of six weeks, the man's image was destroyed and the truth came out that Tiger Woods has scored a hole in not one, but 15 women. I can only guess that 2010 will bring us one hell of a dirty divorce story.



Gretchen Dou Mashkuri, WireImage.com

Tiger Woods in happier times.



Rihanna after the fact.



Kanye West grabs the mic.

#1 – The King of Pop Dies

I think the biggest story of 2009 is the death of Michael Jackson. The Gloved One was definitely one of the greatest entertainers of all time and was even in the process of a serious comeback before his untimely passing. On June 25, Jackson was pronounced dead at the age of 50, but the legacy he has left us will live on forever.



David Letterman 'fesses up.

Grapevines

Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca

Today I discovered how awesome the Common Market salad/fruit bar is! Will be feasting there daily until the end of the year. Yummy.

— Anonymous

...

I just really don't know what to get your mother for her birthday. She doesn't really like anything other than whiskey.

— Abused and Confused

...

"Hey there purple pal, I want you to tie me up with your suspenders"

— Rope 'em Rosie

...

To the women having an intense discussion in the Starbucks lineup while the cashier was staring at them to take their orders. I was in a rush, and behind you in the line. I don't care if you were talking about a cure for cancer, I just wanted to order my friggin' vanilla latte.

— Shut up and drink

...

To the hot guy who sits in front of me in class, I have one request. Please ravage me in the hallways, with my consent of course.

— Lovin' the view

...

Hats off to the NEST's new menu. Not

only do I love it, I can actually afford it!!! Keep the good food coming.

— Beer 'n' pizza

...

Oh where oh where has all the parking gone? Oh where oh where can it be?!?!?

— Thank god for Kingsway

...

The men's volley ball team just jogged by the Nugget office. It's like a buffet out there!

— Anonymous

...

I wish the Nugget would have more naked people in it. For the first time it was actually worth reading.

— Clothing optional

...

Short guy in the wife beater and army dog tag necklace who is walking down the hallway as if you own it, you don't. You really don't.

— Anonymous

...

I think students need to band together and start an electronic textbook revolution. I'm sick of the highway robbery at the bookstore. I go in feeling like a student; I come out feeling like a rape victim.

— Penny pincher

...

Why do students think my Ookmail is their personal message board for textbook sales? NO I don't want your dirty old textbooks, and NO, you can't have mine. If you want to sell your textbooks use the boards around campus, and stop filling up my inbox, how rude.

— Stop being cheap

...

To all the students that haven't noticed the giant blue bins at the Common Market, I just thought I would let you know they are for your garbage. That means you need to physically remove it from the tables. I know, your life must be so hard.

— Not your mother

...

When Tim Hortons f***s up my coffee in the morning it can make me into the biggest bitch all day. I'm just warning all of you.

— Anonymous

...

I like the colour blue. Orange is gross, and so are you.

— Colour Captain

...

The quiet room in the library is for quiet time. If you want to chat about your weekend, have the conversation somewhere

else.

— Trying to study

...

What has NAITSA done to improve my life this year? I'm just curious, considering I pay fees, it would be nice to know where it goes. If your answer is microwaves, that is not good enough.

— Anonymous

...

The ladies at the cash office tend to be so rude. Do you think I like coming to pay my fees? Here's a hint, I don't. You are paid to put a smile on your face and deal with student. I have an idea, if you don't like your job, quit. There are many people out there willing to do the work.

— Tired of grumpy ladies

...

I love this school, everything about it. I thought high school was fun. This is going to be a riot.

— Young and fun

...

Radio and Television Arts seems like a program where there would be a lot of good looking people. It is evident who should television, and who should be radio.

— RTA ROCKS

U of A Students' Union prez quits

By SEAN STEELS
The Gateway

EDMONTON (CUP) — The president of the University of Alberta Students' Union resigned on Monday, citing personal reasons for leaving the post far before his term's end in April.

Kory Mathewson made the announcement on late on Friday, Jan. 8 that he would officially resign on Jan. 11.

"I can't really expand much on that. I put that on the resignation letter, because there's some ongoing stuff I can't talk about, but it's definitely for the best, and done with great regret," he said.

Mathewson is a fifth-year electrical biomedical engineering student at the University of Alberta.

Craig Turner, speaker of the students' union council at the school, said the union has two options going forward — a replacement can be appointed, or a byelection can be called.

In the meantime, Zach Fentiman, vice-president of operations and finance, will be wearing the presidential hat, with two new responsibilities. He will chair the students' union executive committee and direct the SU's general manager, who is responsible for the daily operation and long-term operational planning of the organization.

Remaining presidential responsibilities are being divided as they arise amongst remaining executives.

"Due to the diligence of our predeces-

sors, our organization is structured in such a manner that allows the business of the students' union to continue uninterrupted," Fentiman said.

"We've been aware (of this since) just prior to Christmas holidays, in late December, and have been working with Kory. Ultimately, it was his decision."

No recommendations could be finalized until a decision is reached by the students' council, which will meet for an emergency meeting to finalize its decision.

The council is faced with two distinct options: appointing either an interim or full-fledged replacement, or run a byelection to locate a new president.

While Jennifer Huygen, the union's chief returning officer, admitted that a byelection would be feasible, it may present problems due to its proximity to the school's March general elections.

"The elections office has the capacity to put out a byelection at any time of the year. We have the provisions. We have the resources. But because it's never been done before and because of the timing, it would be an extremely busy month," she said.

"The resources are there, but the timing is very tricky."

But Huygen was also clear that councillors and executives may very well opt for appointment and that neither option is definite.

Council is to begin making a decision at its Tuesday, Jan. 12 meeting.

"The Tuesday meeting will be to mull things over, and then a couple of days after, Council will have to make some very strong decisions on how to move forward," Fenti-

men said.

Turner said that the students' union has not had to deal with a resignation in some time.

PB & J

By KATHY LE

Cheesy Meat Lasagna

The holidays are over and everyone has probably tipped the scale a couple of dig- its higher than what they would've liked to see. Before I bombard you guys with some healthy recipes to counter this inevitable problem, let me sneak in one more recipe that is a far stretch from what Jenny Craig would consider acceptable. It's my cheesy meat lasagna!

The Stuff:

Box of lasagna noodles
Jar of pasta sauce
2 lbs ricotta cheese
2 cups of shredded mozzarella cheese
1 tablespoon of dried basil
¼ cup of shredded Parmesan cheese
1 onion chopped
2 cloves of garlic chopped
1 lb of lean ground beef
2 eggs

The Magic:

1. Cook lasagna noodles as directed

on the package, drain and rinse under cold water.

2. Heat oven to 350 F.

3. Brown ground beef with onion, drain fat and stir in garlic.

4. In a medium bowl, mix ricotta cheese, Parmesan cheese, dried basil and eggs together.

5. Spoon a bit of pasta sauce at the bottom of a 13x9 inch baking dish.

6. Layer noodles, half of cheese mix and half of ground beef, and more pasta sauce (repeat twice).

7. End with final layer of noodles and pasta sauce.

8. Sprinkle on mozzarella cheese on top.

9. Cover with aluminum foil and bake in oven for 45 minutes.

10. Uncover the lasagna and bake for 10 minutes.

11. Let the lasagna sit for 15 minutes to absorb the liquids.

12. Enjoy!!!

Threesome Thursday's



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NAITSA has lots for you to do



KATHY LE
Assistant Entertainment Editor

Let's face it, the life of a post secondary student can be downright stressful and tedious, especially when you're standing at the start line of your first experience of campus life or another semester after multiple ones. It could seem like the light at the end of the tunnel is a lot farther than it really is, and the anticipation of the journey could leave you anxiously biting your nails, wondering how you're ever going to make it through to the end, while maintaining your sanity.

Have no fear fellow NAIT students! While it's true that the exams, classes and assignments can be overwhelming, our school's student association (NAITSA) works hard to make your life a little easier and fun. Throughout the semester, there is never a week where something exciting isn't happening. NAITSA has organized tons of events from Tuesday night movies, rock bands at The Nest, and wild contests like The Bachelor/Bachelorette.

This vast variety of entertainment will leave everyone satisfied as you have so many different options to choose from. To help you plan your social life in advance here is a shortlist of events coming up during the month. Jill Peterson,

Events Co-ordinator for NAITSA, dishes out the 411 about the events and encourages everyone to come out.

JANUARY
Thursday, Jan. 14
Indie Night with Satori Life
(Oilers play tonight)

Every Thursday at 4:30 p.m.-6 p.m. a guest band entertains the ears of listeners at the Nest with their music. Jill elaborates that, "Some of the bands are student bands, however, some are also bands with quite a following. For instance, Maurice opened for Mother Mother." It's a great time to experience live music and enjoy drink and food specials. Their delicious wings are \$4 a pound and pints of Canadian are \$4 and jugs are \$11.

...
Friday, Jan. 15
Bachelor/Bachelorette
Contest

It's exactly like the old game show on TV where three guys compete for one girl and three girls compete for one guy. "The bachelor/bachelorette can't see the contestants, but the contestants can see them," Jill explains. "Questions will be asked and the winner will be chosen by the bachelor/bachelorette based on who they think answered the question the best."

Winners will get a double date with the bach-

elor/bachelorette, which includes a limo ride, \$100 gift certificate to the Cactus Club Café and a \$20 gift certificate to Red's Rec Room. Matt Besanzon from Sonic is hosting the event.

...
Monday, Jan. 18
Extreme fitness challenge

If getting back into shape, being healthy or needing to vent some stress is a must for you, then don't skip out on these opportunities. Until Feb. 11, activities/classes like pilates, rock climbing, boot camp, meditation, hot yoga and many more are offered at extremely cheap prices. "The whole package is \$75 for students and \$120 for staff, however, if the whole challenge is completed then students receive a \$50 refund and prize package, while staff who complete the challenge will receive a prize package," says Jill.

...
Tuesday, Jan. 19
Movie Night: Whip It
starring Ellen Page

Every Tuesday night a new movie is featured at The Shaw Theatre. Admission, popcorn and water are all free. "There is a great turn out", says Jill Peterson, NAITSA Event Co-ordinator. "The movies are new and some aren't even out on DVD yet".

The movie starts at 4:30 p.m. so bring a date,

and don't be late!

...
Wednesday, Jan. 20
Molson Canadian Puck Party

The Oilers game starts at 8 p.m., and there are lots of Molson prizes to be won, and Molson Canadian drink specials (\$4 pints and \$11 jugs).

Thursday, Jan. 21
Indie Night with Short of Able + Maurice

...
Friday, Jan. 22
Freeze Your Beaver with Shaun Boothe
Hip Hop fan? Then come out and enjoy some Shaun Boothe. This is a unique show you should experience as everything is in 3-D. It seems like 3-D is the craze nowadays. The show starts at 4:30 p.m. and there will be prizes and \$3 beers all night long. Jill informs that, "There will be a money tunnel where students can go in and grab as many Nest bucks as possible in the time allowed". Like every other event happening this month, there will be Edmonton Rush and Oiler tickets given away for just being present at the event.


...
Tuesday, Jan. 26
Movie Night: Law Abiding Citizen
starring Gerard Butler

...
Thursday, Jan. 28
Indie Night with West of Winnipeg + Nick Guiton

Well there you have it, a time line of all the wicked things you could do this month. Balance is the key to a successful post secondary life, so make it a good one!



Jill Peterson



CAREER FAIR

JANUARY 26 | 9:30AM - 5:00PM 2010



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SPEAK DIRECTLY TO REPRESENTATIVES OF LEADING ORGANIZATIONS ABOUT EMPLOYMENT OPPORTUNITIES.

ENTER FOR YOUR CHANCE TO WIN ONE OF TWO INTERVIEW WARDROBES WORTH \$400 EACH.
Entry forms available at Career Fair. Contest sponsored by NAIT ALUMNI ASSOCIATION.

MAIN CAMPUS LOCATIONS: GYM | NORTH LOBBY | SOUTH LOBBY

AN INSTITUTE OF TECHNOLOGY COMMITTED TO STUDENT SUCCESS | www.nait.ca/careerfair

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Able Seaman **COREY TYNES**



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« Comme opérateur de sonar, je suis confronté à de nouveaux défis tous les jours. Éviter les obstacles, détecter les dangers, c'est ma responsabilité. J'ai toujours voulu travailler près de l'océan; grâce à ma formation, je peux voir le monde. »

Matelot de 2^e classe **COREY TYNES**

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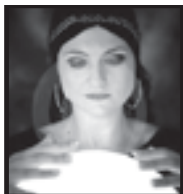


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Your horoscope



January 14-20

Aries (March 21-April 19)

Taurus (April 20-May 20)

Gemini (May 21-June 20)

Cancer (June 21-July 22)

Leo (July 23-Aug. 22)

Virgo (Aug. 23-Sept. 22)

Libra (Sept. 23-Oct. 22)

Scorpio (Oct. 23-Nov. 21)

Sagittarius (Nov. 22-Dec. 21)

Capricorn (Dec. 22-Jan. 19)

Aquarius (Jan. 20-Feb. 18)

Pisces (Feb. 19-March 20)

TIP OF THE WEEK – FROM NAIT SECURITY SERVICES

Handling harassment

What is harassment?

Harassment is described as conduct or comments which are intimidating, threatening, demeaning and may be accompanied by direct or implied threats to a person's grades, status or job. The most common form is sexual harassment and can include:

- Sexist or racist jokes.
- Display of offensive material.
- Derogatory name-calling.
- Persistent and unwelcome requests for “dates.”
- Unwanted touching, patting or pinching.
- Verbal threats or abuse.

How do you deal with harassment?

Most people involved with this behaviour only want the activity to stop. This requires action and may create some discomfort as most times the people work or have classes together. Some methods known to work are:

- Tell the harasser what the negative impact of their action is and ask them to stop. This can be done verbally or by a written letter. An example is “When you make suggestive comments, I feel so uncomfortable that I can’t concentrate on my work. I don’t like these comments. Stop saying these things to me.”

- Keep a written, chronological account of all incidents of harassing behaviour. Note what occurred, when, and names of any others that may have witnessed the incident. Keep any inappropriate letters, jokes, pictures or objects that the harasser gives you.

- Many people who experience harassment feel uncertain or embarrassed; however, ignoring or minimizing the problem won't make it go away. Ask for help. Talk to someone. Seek the assistance of a Counselor. NAIT students can call Counseling Services at 780-471-8921. NAIT staff members can call the Employee Assistance provider, Wilson Banwell at 1-800-663-1142. In extreme cases call the Sexual Assault Centre at 780-423-4121.

How to deal with an abusive/obscene phone call

- **DON'T REACT.** Most often the caller is looking for a reaction to the call.
- Don't ask questions of the caller, (i.e. Who is this?), as this is what they want you to do.
- Hang up the receiver promptly and gently.
- Never blow a whistle or yell into the phone. The caller will know you are angry and will probably call back. As well, you may face possible lawsuits.
- Never talk to anyone you don't know or are uncomfortable with.
- Consider subscribing to call display so you can see the number of the caller.

- Notify police of any calls you receive. If the calls are regular, make a log of dates, times and what was said.

If you are being harassed or are receiving abusive or obscene telephone calls, contact Campus Security Services to file a report. We can also provide assistance by offering a Safe Walk. Visit our website for more information on the Safe Walk program and personal safety tips at www.nait.ca/security.

If you have information about a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). Your identity will remain anonymous, and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.

Study Skills Workshops					
Check out these FREE Drop-in					
NAITfye (First Year Experience) Workshops					
January-10				Times	Location
19	Tues	Learning How to Learn		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X213 X107 X105
21	Thurs	Memory, Learning & Concentration		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X107 X107 X105
25	Mon	Student Award Application Process - We will walk you through it!		12:15pm-12:45pm 4:30pm-5:00pm	X107 X105
26	Tues	Effective Classroom Strategies		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X213 X107 X105
28	Thurs	Time Management & Procrastination		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X215 X215 X105
February-10					
2	Tues	Reading to Remember		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X213 X107 X105
4	Thurs	Exam Preparation and Writing		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X215 X215 X105
9	Tues	Managing Exam Stress		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X213 X107 X105
11	Thurs	Stress Management		11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X215 X215 X107

For more information contact:
Sarah Walz at 780-471-8823 or askfye@nait.ca



Photo by Raymond Ip

Girls of the Nugget

Who are we? The Asian Persuasion ... just kidding, we're editors for The Nugget.

What do we want? YOU! We're looking for hot guys and gals to be the next hot single of the week

What does it take? You have to look like Barbie or Ken. Kidding again.

What do you have to do? E-mail us if you want to nominate someone you know or if you want to be Hot Single of the Week yourself.

What else? Answer a few easy questions and we'll book a free steamy photo shoot for you (it's only steamy because you're so hot).

Are you hot and single? E-mail us at entertain@nait.ca

STUDENT OPPORTUNITIES

NAITSA (NAIT Students' Association) is now accepting applications for the following:

NAITSA VOLUNTEERS

If you are interested or would like more information on the current volunteer opportunities, please contact me at directly at tbernard4@ookmail.nait.ca, for I will be away until Jan. 25.

Bachelor/Bachelorette

Jan. 15 – 3:30 p.m.-4:30 p.m.; Help set up

Jan. 15 – 4:30 p.m.-5:30 p.m.; Give out handbills, talk to students, etc.

Jan. 15 – 5:30 p.m.-6:30 p.m.; Tear down

Freeze Your Beaver

Jan. 21 – Times TBA; Set up

Jan. 22 – Times TBA; Set up and Tear Down

Jan. 22, – Times TBA; Runway model for winter clothing

Big Brothers Big Sisters

Magical computer club

Somali homework club

The Canadian Cancer Society

Various opportunities

Communication Co-ordinator

Set up and run group speech practice sessions with students.

For more information on volunteer opportunities at NAITSA, please e-mail naitsavolunteers@nait.ca

Do you want to drive a high performance, flashy vehicle??

The NAIT Arena requires a part-time Zamboni driver

We require you to have the following:

- Zamboni/arena operation experience (We will train suitable candidate)
- First aid/CPR/AED training (or ability to obtain)
- Good customer service and work ethic

We offer the following:

- \$15.61 per hour
- Holiday pay of 11.2 per cent
- Evening & weekend shift differential

For more information, or to drop off your resume, contact:

TERRY BAUMGARTNER

Arena Operations Supervisor

Room S-218

780-471-8699 terrybau@nait.ca

Big Brothers Big Sisters

Kids with great mentors are more likely to attend schools like NAIT immediately after graduating from high school. Volunteer today through one of the flexible mentorship programs with Big Brothers Big Sisters. You don't have to change your life to change theirs.

Call 780-424-8181

or apply online at

www.bbbsedmonton.org

CLUBS CORNER

Upcoming events ...

De Fe Arts

What: Studio Day
When: Jan. 16 Noon-8 p.m.
Where: Harcourt House

De Fe Arts

What: Get Dirty With Art Fundraiser

When: Feb. 24 8 a.m.-4:30 p.m.
Where: NAIT Main Campus South Lobby

KVA

What: Pub Night
When: Jan. 22, 8 p.m.
Where: Hudson's Canadian Tap House

NASS

What: 50/50 Candy Guessing Contest (50 per cent of the profits and all candy go to the winner) \$1 per guess
When: Jan. 11-28/10
Where: L-254 Paper store Engineering Annex

Important club information

- New Club Centre hours: Monday – Friday 8 a.m.-5 p.m.
- Events/Fundraising Workshop: X-215 4:30 p.m. Facilitated by Rose, RSVP via e-mail: campus-clubs@nait.ca
- Grant #3 deadline: Jan. 22, 5 p.m. (Ensure that "paper" and "electronic" copies are submitted.)

EET needs volunteers!

The First Lego League (FLL) Regional Tournament, being held at NAIT Jan. 23, 2010, is looking for volunteers! This is an awesome, action packed day and volunteering is a great way to experience the whole event!

Snacks and lunch are provided for volunteers as well as a tournament T-shirt. In addition, all volunteers will receive a letter of participation.

Your assistance would be GREATLY appreciated. If you know of any other individuals interested in supporting this amazing event, please forward this information.

All opportunities are at NAIT's main campus in Edmonton.

Volunteers are asked to attend an orientation session on Friday evening (Jan. 22).

Thank you, in advance, for your support!

Carol Durnford
 Volunteer Co-ordinator
 First Lego League, Alberta
 Regional FLL Tournament
 Planning Committee

We're looking for volunteers for a variety of positions, and we're requesting that people please sign

up at: <http://sites.google.com/a/flab.info/volunteer/application>

Thank you,
 Peter Sherk

Events, NAIT Electronics Eng. Tech. Society

RAC Presents:
PUB NIGHT
 FUN-D RAISER


PLEASE Drink Responsibly

When: Thursday, January 21st
 Where: Prohibition Pub 11026 Jasper Ave.
 Why: Raising money for the Swimming Facilities at NAIT

Contact: Randomactivitiesclub@gmail.com
 TICKETS AVAILABLE AT NAITSA OFFICE

Christian Club (NAIT)
 Welcomes Both
 New And Returning Students
 To Winter Term 2010.
 Join Us For A Welcome Party On
Thursday, January 14, 2010.
Venue: E102.
Time 12.15 – 1.10p.m.
 There will be drinks and
 refreshments.
Everyone is welcome.

**DeFeYe Arts Club's
 New Year Meet and Greet!**



Come out and meet the whole family

**January 14 2010
 4:30 to 5:30
 in WA110**

STUDENTS IN FREE ENTERPRISE PRESENT

GET LEI'D
AT UNION HALL
SATURDAY JANUARY 23RD
DOORS OPEN AT 9PM
**WARM IT UP WITH YOUR HAWAIIAN
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TICKETS INCLUDE:
PRIORITY ENTRY, NO COVER, AND \$10 CASH BEFORE 11PM
CONTACT: SANDRA 780-722-6663 OR VISIT THE NAITSA OFFICE

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 Weatherford Spice**



Only \$5/Bottle

Fundraiser for PGC Student Club
Available at the PGC Office (room L223)
 or from
 Larry Boisvert or John Hirschmiller

EXTREME FITNESS CHALLENGE

JANUARY 18 to FEBRUARY 11

SIGN UP NOW SPACE IS LIMITED!

Register for all the challenges, or just drop in to individual events!

Students get a swag bag & \$50 refund for completion of program!

Student rate for entire Fitness Challenge \$75

Staff rate for entire Fitness Challenge \$120

Staff get a swag bag for completion of program!

For off campus locations, the bus departs at 4:30pm.

CHECK OUT THE POSTERS AROUND CAMPUS FOR DETAILS ABOUT EACH EVENT!



Interested in student politics?

Yes?

Run for the NAITSA 2010 General Elections!

- Nominations Open: January 4th
- Nominations Close: January 29th

These are paid, full-time positions, with so many opportunities!

Positions available:

- President
- VP Academic
- VP Campus Life
- VP External

See the NAITSA Bylaws @ www.naitsa.ca for information regarding an overview of the duties for each position.

Benefits to being a NAITSA Student Executive:

- Decent salary earned while studying & Tuition Paid!!
- Valuable Experience
- Leadership Development
- Travel Opportunities
- Networking
- Resume enhancement

NAITSA is run by students who are elected by other students in annual elections.

In fact, the **NAITSA GENERAL ELECTION** for the 2010-2011 academic year is right around the corner and there are four annual positions up for grabs!

These positions are:

- President
- Vice President Academic
- VP Campus Life
- Vice President Apprenticeship & External

"LEADERSHIP HAS ITS PRIVILEGES"

SALARY & TUITION
If you get the job, you will get your tuition paid while you serve, and we'll pay you a monthly salary of \$3,000. Need more convincing?

EXPERIENCE
You came to NAIT for an education and to get a great job, right? Well, try putting "President" or "vice President" on your resume. Ask any employer; they'll want to talk to you when you graduate over all the other resumes. Your resume will stand out, guaranteed!

LEADERSHIP DEVELOPMENT
Who can be a student leader? Any student, no experience required. Really. NAITSA has a great support system and training to help you develop your leadership skills.

TRAVEL
NAITSA offers training over the summer which involves travelling to meet other student executives from across Canada at various conferences.

NETWORKING
As a student leader you get to meet and work with business leaders, government officials and sometimes celebrities. This can give you key networking opportunities you wouldn't otherwise get as a student.

PUSH YOURSELF
Still undecided? Just go for it. Come to one of the Candidate Info Sessions (see below) and our current Student Leaders and staff will answer your questions.

VOTE!
It's critical that you get involved either by running in the election or by voting.

The Nomination period runs from January 4 – 29, 2010. Come to the NAITSA office at E131 to pick up your nomination form or to ask for more information. Election Day will be from February 9-11, 2010.

NEED MORE INFORMATION?
Come to the NAITSA Office, E131, check out naitsa.ca, or drop by one of the Info Sessions.

Information Sessions:
January 11, 19, 27 4:00 – 4:30 p.m. in E129
Voting: February 9-11

NAITSA ELECTIONS
Visit naitsa.ca for full Election details!