

LOOK FOR NAITSA EXECUTIVE CANDIDATES IN NEXT WEEK'S NUGGET

# THE NUGGET

Thursday, January 28, 2010  
Volume 47, Issue 17



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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

## NAIT REACHES OUT

Staff donates \$15,000 to earthquake-devastated Haitians



UN photo

### TENTS FOR THE HOMELESS

Haitians live in makeshift camps erected on Port-au-Prince's golf course in the earthquake's aftermath.

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# NEWS & FEATURES

## David Adjey cookin' at NAIT

By JEFF CUMMINGS

Food Network Canada chef David Adjey will be mixing some of his charismatic charm with a pinch of attitude while he cooks up some valuable lessons for five days come March 15 for NAIT culinary students.

The world-renowned chef, known for his up front and to-the-point opinions in the network's hit reality show *Restaurant Makeover*, says he's looking forward to sharing his expertise with students after being named the school's next chef-in-residence.

"From my end, the gist of it [at NAIT] will be sharing my story and sharing my passion," Adjey said during a phone interview with the *Nugget*.

"I am really proud of being a cook and being a chef. And sometimes students see you as, 'Hey, you're the guy from TV.' It's neat

to connect with them and share with them the story of how I got there," he said.

Adjey is a familiar face in the celebrity-cooking world. The Tonight Show host Jay Leno once invited him onto the show back in 1998 and as a contestant on the hit Food Network program *Iron Chef*, Adjey battled with iron chef Michael Symon for a rare tie.

"I am pretty excited about [coming to NAIT] because I've got to a point where I'm a chef on TV," Adjey said.

"So when I get a chance to be around young chefs, it's like the bee around the beehive. These kids are supercharged, they're excited and they're abstract a bit in their thinking of food. And these are the innovators, it's not about me and my golden years here – it's about those young ones."

This is the second go for

NAIT's Hokanson Chef in Residence Program after the school hosted Food Network celebrity Rob Feenie during the program's inaugural year. And Perry Michetti, NAIT's associate dean of the School of Hospitality and Arts, says there is already "a buzz" among the students in the program about Adjey's arrival. "David [Adjey] is going to bring this real high-level, very motivated approach to the young chefs," Michetti said. "He is committed to culinary students and young people in general."

"He's a big supporter of helping kids and he is what the new chef looks like."

The Chef in Residence program was made possible by a \$1-million donation by John and Susan Hokanson last year. Cash from the donation went into an endowment fund and interest earned each year from the fund is being used to attract some of the world's best chefs to NAIT.



David Adjey

Supplied photo

## The Week That Was Design team chosen

By KATHARINE HAY

This column takes a look at news that was either under reported, or simply deserves another look. For the week of Jan. 18-24, here are a few things that happened in your world.

- It may not sound like a big deal, but the urban design team has finally been chosen for Edmonton's new downtown plan. The focus of the plan is to create a fun, pedestrian-friendly downtown core for Edmonton. The NAIT LRT line will factor heavily into design considerations. The Capital City Downtown Plan should be ready to go to city council by summer.

- Patrick Clayton, the man accused of holding up the Workers' Compensation Board building last fall, has been denied bail. Clayton allegedly took nine hostages last Oct. 21 in a standoff that lasted 10 hours, ultimately ending peacefully. He will be back in court Feb. 3. to enter a plea for each of the charges against him, which include nine counts of unlawful confinement.

- In American political news, the Republicans won a Senate by-election in Massachusetts. This almost surely adds another vote against health care reform in the United States. The Massachusetts seat was held by the late Ted Kennedy, a leading voice for public health care in the United States. Massachusetts has not elected a Republican to this Senate seat since 1972.

- The Olympic torch passed through the Rocky Mountains and into beautiful British Columbia. At the border, former Alberta Premier Peter Lougheed passed the Olympic flame on to Wally Buono, head coach and general manager of the BC Lions football club. With two weeks until

the 2010 Winter Olympics, the torch's record setting journey is almost over, ending with its arrival at the opening ceremonies on Feb. 12 in B.C. Place Stadium.

- Eckville, Alberta native Melissa Hollingsworth won the overall World Cup skeleton title for the second time in her career. Hollingsworth won her first World Cup back in the 2005-06 season, en route to winning bronze at the Turin 2006 Winter Olympics. Hollingsworth is looking forward to improving on this finish in the Vancouver 2010 Games.

- For the first time in their history, the Edmonton Rush lacrosse team has more wins than losses. They beat the Buffalo Bandits 11-7 on Saturday night, leaving them with an early season record of 2-1.

And that's the week that was around Edmonton and the rest of the world. Check back each week for a semi-regular update of news you might have missed.

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28	Thurs	Time Management & Procrastination	11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X215 X215 X105
February-10				
2	Tues	Reading to Remember	11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X213 X107 X105
4	Thurs	Exam Preparation and Writing	11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X215 X215 X105
9	Tues	Managing Exam Stress	11:15am-12:05pm 12:15pm-1:05pm 4:30pm- 5:20pm	X213 X107 X105
11	Thurs	Stress Management	12:15pm-1:05pm	X107
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The lines were long as Haitians waited for help from abroad.

Photo courtesy of UN

#### HAITI RELIEF

# NAIT staff gives \$15,000

## NAITSA also planning fund-raising campaign

By JEFF CUMMINGS

Images of the devastation, destruction and despair in the aftermath of the massive earthquake that rocked Haiti this month are moving students and staff at NAIT to take action by raising money for much needed aid.

Employees at NAIT have given roughly \$15,000 to the Canadian Red Cross for the Haiti relief effort through a one-time optional payroll deduction program. It was a donation that caught the school's payroll supervisor by surprise.

"When we first discussed doing this, we were thinking in terms of a lot of people giving a small amount – we were expecting people

to donate in the \$20 to \$25 range," said Patricia Thiessen, NAIT's payroll and benefits supervisor.

"The average donation has been close to \$150 per person. We are very pleased and impressed by the generosity the employees have shown."

Thiessen says NAIT's payroll department issued a total of 2,820 cheques for the last pay period and staff within the payroll department were onboard with the plan when it was first discussed during a meeting a few days after the earthquake.

"With the massive devastation and the aftershocks in Haiti, it seemed like the donations were coming in all week," said Thiessen.

NAIT staff were asked to donate one or two days of vacation time or one-time payroll deductions from their Jan. 29 paycheques. Employees also had the option to make deductions that spread over the next four pay periods.

NAIT's Students' Association is also discussing plans to help in the Haiti aid effort that could include donating \$500 to the Canadian Red Cross by the end of the week, says Tessa Cocchio, NAITSA's VP External.

Cocchio says she is also urging other college and university student associations across the province to come together to create a fund-raising program that challenges students to raise close to \$5,000 for efforts in Haiti.

"This will save students from donating individually because students are generally poor, even though they want to help out," said Cocchio. "As an organization, we can do that on the behalf of our students."

Haiti's government has pegged the death toll in the capital of Port-au-Prince at 150,000 as of Sunday, and it says thousands more are expected to be found dead and buried in the rubble outside of the city.

Roughly 250,000 people have been injured and close to one million have been displaced because of the earthquake and its massive aftershocks, says Haiti's government.

Canada's Foreign Affairs Minister Lawrence Cannon confirmed Sunday that 19 Canadians have been killed by the massive earthquake and another 213 people are still missing.

The NAIT Ooks' women's basketball team is inviting all students to join them Friday, Jan. 26 at 6 p.m. to honour the Canadian military and their current relief efforts in Haiti. Donations for the Haiti relief effort will be collected at the game.

# 5 for 5 after 5

By SAMANTHA SILVA

NAIT Food Services and the Common Market are bringing something different to the table for students and staff who spend time on campus during the evening.

In addition to the delicious choices already offered on the menu, they have added a new feature in the form of a promotion called "5 for 5 after 5". Simply put, every day after 5 p.m. customers can choose from one of five hot dishes for only \$5.

The promotion was conceived as part of an effort to improve evening services at the Common Market. Kathryn Howden, manager of Food Services, explained that the "promotion would be attractive to the evening [crowd]," and that she hoped it would remind students that Food Services is there for them even after many classes

are done for the day.

The promotion started on Jan. 11, which was the first week of school for many students. In addition to the five featured dishes, there is also popcorn, as well as fresh baked cookies with coffee – perfect homework snacks.

Featuring dishes that are both quick and healthy, the promotion will give students something to munch on while they study until the wee hours. So far the progress looks good. Howden says the promotion is "picking up the evening numbers."

For now, however, the deal is only temporary. It will likely end in about a month, so whoever loves a quick snack can eat while studying for their midterms. The promotion runs at the Common Market, so bring your cash and eat your hearts out.



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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

## Letters

### We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



# Lego robots invade campus



**LINDA HOANG**  
Assistant Issues Editor

Robots overtook the halls of NAIT last weekend as the school played host to an annual robotics tournament.

These robots were small and multi-coloured, and they were also made of Lego.

"These little robots, they are Lego. But they're not the Lego that we used to play with," said Walter Kowalchyk, president of the Alberta FIRST Lego League.

Hundreds of junior high school students from across the province flooded onto campus to compete against each other, seeing whose robots could complete nine unique missions under a certain period of time.

Robots had to successfully manoeuvre around a Lego bridge, beacons, sensor walls, withstand impact tests featuring a "crash-test" Lego dummy, and more.

Ottewell Jr. High School's Red Titans team, decked out in matching red shirts and team bandanas, had put hundreds of hours into building and preparing since September for the tournament.

"I think it's fun to work with the robots and see if they will work," said team member Jeff Weber, 12, after intensely monitoring his robot during a practice session.

FIRST (For Inspiration and Recognition of Science and Technology) Lego League robotics is run in over 90 countries worldwide and



Photo by Diane Herron

**The winning team from Ecole Joseph-Moreau School.**

encourages students to practice teamwork, problem-solving, engineering science and technology.

"It fills a niche. We've got our jocks and we've got our different sports teams, but we have all these kids that really don't fit into that kind of thing," said the Red Titans coach and Ottewell Science teacher Mark Woodward.

"It's a sport for the mind," Kowalchyk said. "The missions sort of lend itself well to the Alberta Science curriculum for students aged nine to 14 as well."

This is the fourth year the regional LEGO robotics competition has taken place at NAIT.

The winning team was the Joseph-Moreau Panthers.

# ETS monthly pass to go up \$7

By **NICOLE de CHAMPLAIN**

Beginning Feb. 1, monthly adult student bus passes will increase by about \$7, from \$67.50 per month up to \$74.25 per month.

The increase is still part of a full-time post-secondary student discount, which means students still save \$7 compared to the \$81.50 cost of a regular monthly adult pass.

Patricia Waisman, director of business development with

the city, says the increase is necessary as Edmonton continues to grow.

"We want to provide services and as the city grows, if we didn't charge more either through taxes or through the user [fees], we wouldn't be able to provide the services that [people] need."

But academic upgrading student Jefferson Carreon, 20, is upset to hear about the price increase.

"It's frustrating that the prices are getting so high. I pay [for] a whole bunch of other stuff every month and I don't like the idea of having \$10 less out of my pocket," Carreon said.

However, NAITSA president Geoff Tate hopes students will appreciate the value of the post-secondary pass they are receiving, saying that although prices may be increasing, the actual price of the student discount is still a subsidized amount.

"It's going to hurt student budgets a little bit more than usual, but the post-secondary pass is still highly subsidized by taxpayers," Tate said. "It's still a really good deal for those students who are getting it."

"The end goal for the City of Edmonton, I know, is to basically eliminate the post-secondary pass altogether and then have all the institutions on the universal pass," Tate said.

"We might have a U-Pass in the new following academic year and hopefully that will alleviate some issues."

According to Waisman, a survey conducted in 2007 comparing transit systems across the country found Edmonton's to be between 11 and 14 per cent lower than average. This was a factor in City Transit's reconsideration of fare prices.

Currently, NAIT officials continue to meet with ETS to discuss the implementation of the U-Pass, which is already being used at the University of Alberta and Grant MacEwan University.

In March, students will have the opportunity to vote for or against the universal bus pass, which, if approved, would see a cheaper, flat rate for semester bus passes.



**Students get off an ETS bus at NAIT.**

Photo by Nicole de Champlain

*Linda's TechTalk*

## Apple's latest



**LINDA HOANG**  
Assistant Issues Editor

First there was the iMac. Then there was the iPod. Then there was the iPhone.

Now, I'd like to introduce you to Apple's latest creation:  
The iPad.

Apple's much-anticipated new touchscreen "tablet" computer was unveiled yesterday after months of rumours.

The 9.7-inch LED-backlit, multi-touch portable computer essentially looks like a giant iPhone.

The iPad comes in 16 Gigabyte, 32 GB, and 64 GB size units with the choice of a WiFi or WiFi and 3G network. The cheapest model starts at \$499 US, while the most expensive is only \$829 US. The iPad also comes up with its own app store, boasting over 140,000 apps literally at your fingertips.

While tablet computers have been around for some time now, it's easy to predict that the iPads, which Apple CEO Steve Jobs is calling a "magical and revolutionary product," are simply going to sell themselves.

With Apple's remarkable ability to market their products as irresistible and a "must-have," along with their extremely loyal and sometimes rabid fanbase, the iPad is sure to redefine the cur-



rent tablet market and be a hit.

"No consumer products company today even comes close to Apple's ability to generate hype, and then build market dominance on top of that hype," technology analyst Carmy Levy tells Yahoo News.

"Specifically, the company wants to redefine a market where other companies have tried – and largely failed – to succeed."

This couldn't be truer as Hewlett-Packard and Dell launched their own PC-version tablet computers at the International Consumer Electronics show this month and were met with a luke-

warm, underwhelming response.

The iPad's 3G model begins shipping in April, while the WiFi versions won't ship until March.

And here's some great news for Canadians, The *Toronto Star* is reporting that the iPad will also ship to Canada.

As ever, with Apple in the forefront, I think we'll be seeing and hearing a lot more about touchscreen and flat-panel-like computer devices in 2010. But will any match the beauty and performance of the iPad? My guess is no.

Bravo Apple, you've done it again.

# Stelmach shuffles the deck



**Politically Speaking**  
By **RYAN FLAHERTY**  
Issues Editor

To paraphrase an old kids' song, if you go down to the Legislature today, you're in for a big surprise. That's because Alberta Premier Ed Stelmach recently made major changes to his cabinet, resulting in a whole slew of ministers being re-assigned and a few new faces being added at the expense of some other, more experienced ones.

In some ways, cabinet shuffles are kind of like the swingers' parties of the 1970s. There's a diverse mixture of people from different backgrounds, all with varying levels of experience. The first-timers are apprehensive, but eager to prove that they deserve to be there, and even more eager to be invited back next time. The experienced participants fall into a couple of categories. There are some who approach each new challenge with renewed enthusiasm, anxious to impress anyone who is involved or perhaps watching, or simply to feel good about what they've contributed. Then there are those who have become numb to the excitement that comes with trying something new, but can't handle the thought of missing out on any of the action. There's even the recognition that a few familiar faces have been removed from the guest list, either because they're out of energy or because

they have nothing new to offer.

OK, so the analogy is far from perfect. The point is, the first few weeks after a cabinet shuffle are a bit of an awkward, feeling-out process. Ministers have to adjust to a lot of new people and information, and they have to do it quickly. They have a fresh list of special interest groups whose needs must be addressed. These people need to become almost instantly well-versed in the nuts and bolts of their particular area of responsibility. In short, they have to absorb a lot of information in a short amount of time, and they need to use that info and the input of their constituents to create sound public policy.

Given this sharp learning curve, what reason is there for shuffling a cabinet, essentially taking people out of their comfort zones and dropping them into a brand new environment? There are a few reasons. Most of them are, unsurprisingly, politically motivated. The most common of these is when a new premier or prime minister is elected. In the same way that a newly-hired manager of a sports franchise often hires their own new coach, regardless of the predecessor's success level, new political leaders want people with whom they're comfortable, or whom they can trust, to

hold positions of responsibility.

Another reason is to reward or punish members of the ruling party. If a cabinet member makes comments that have a negative effect on public opinion, or becomes involved in a scandal, they are moved aside. Conversely, backbenchers (elected members not filling cabinet positions) whose words or actions reflect positively on the government may be promoted into cabinet posts.

In the case of this particular cabinet shuffle, however, the motive seems to be self-preservation. As described in this space last week, the ruling Progressive Conservative Party is fending off a spirited charge in the polls from the up-and-coming Wild Rose Alliance. Many experts are pointing at this latest shuffle as a desperate attempt by the premier to convince Alberta voters that his party is still the best option for government in this province. By moving so many bodies around he's showing his commitment to getting the right people in the right places to better serve Albertans. Time



**Premier Ed Stelmach**

will tell if it's the right strategy to pursue, but one thing is clear: Ed Stelmach, like someone at a swingers' party, is willing to try just about anything.

**Next week:** Alberta and the environment



# OPINION

— Editorial —

## It's Fair comment



**CHRIS CARMICHAEL-POWELL**  
Editor-in-Chief

A handful of booths were awful. It was not the selection of companies, or the companies themselves that were bad. It was the people the companies chose to represent them. I walked through the fair and saw a large portion of the representatives sitting behind their tables more engaged with co-workers than students. Did they think going to the job fair was a day off? I thought the point of job fairs was to recruit fresh talent right out of school. Silly me, I must have been mistaken again.

### Where's the excitement?

When I think of the ideal career fair, I imagine the human resources reps from different companies standing on the other side of their prospective tables and saying things like, "Hi, have you heard about the opportunities available with company X?" Engaging students is important. I want excitement and intrigue. Why would I want to work for a company when its representatives look like old rag dolls sitting on the dusty shelves of a crazy cat lady's house? As a student who has invested a substantial amount of money in my education, the last thing I want is to end up working for a company that sends out disinterested representatives.

I saw one booth with four people sitting behind their table, talking among themselves. These people were not approachable and displayed closed body language. What companies fail to recognize is their representatives are the faces of their firms for the brief moments students interact with them. You would think organizations would want to create a more positive perception than to sponsor four lazy employees sitting behind a table. I wonder if their performance is indicative of the atmosphere these employees work in on a daily basis? All I could think was how much labour their company must be wasting, considering it's paying four staff members to sit around and chat.

### Online applications overdone

I have another issue with the Career Fair, and it's not just NAIT's Career Fair, but career fairs in general. Since the introduction of the online application, I feel that companies are overly reliant on them. There's a time and a place for an online application, but a career fair is not one of them. How can a company properly assess the talents of potential employees if all it's doing is directing the applicants to the website. Simply put, they can't. In addition, because representatives don't actually screen prospective employees anymore, some companies send out junior staff members as recruiters. As a result, employees end up behind their tables, talking with the other under-qualified employees instead of focusing their energies on the students.

There are always two sides to every story, and the Career Fair was no different. There was a select group of employers that were taking the time to chat with the student body, and explain to them the benefits of working for their organization. I overheard a few recruiters discussing ways students could make themselves more appealing to companies within their industry of choice – kudos to them. That is exactly what a career fair should do – enlighten, stimulate and motivate.

All in all, NAIT did a good job organizing the event, and even though there were a few bad apples in the harvest, many of the organizations that attended the job fair are still hiring NAIT grads, despite the current economic trend. As long as NAIT grads are still being hired, that's what really matters.

All day Tuesday students had an opportunity to walk around the North Lobby and the gym to look at potential post graduation employment. If that sounds like an exciting opportunity to you, don't be fooled. I went to the Career Fair, and it was a joke.

The idea was great, and the event was well organized, but



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## LETTERS

### Bright lights? Not so much

As winter is here and the days are short, I've noticed a lot of people are driving around with their brights on, and blinding everyone else on the road.

Now, I live in a fairly new neighborhood, near the outskirts of town, so I can understand that some people have their brights on when out of town. No big deal, that's common. Turn your brights off when you come into the city! That little blue light on your dashboard means you're killing my eyes! Now, when I'm flashing my brights at you, I'm not telling you that there's a cop ahead, I'm saying turn your brights off!

Another thing, I see a ton of people that have their

fog lights on during beautifully clear nights. What are you thinking? Fog lights are for ... well, if I have to finish this sentence for you, then you're an idiot. FYI, these lights aren't helping you in clear weather. For those idiots that have a burnt out headlight, and think it's OK to drive with your brights on, it isn't!!!

Just because there's only one headlight doesn't mean you can blind me! And just because you have one headlight doesn't mean you only have one high beam! All it means is you need to drive to Canadian Tire and buy a \$5 light bulb!

— Lance G

### Your views are important

We want to hear from you!

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.



# SPORTS

## MEN'S BASKETBALL



**Coach Don Phillips**  
A times, the bench was 'electric'

## NAIT alumnus curling for gold



**TAYLOR POLLMANN**  
Sports Editor

Once again Canada's second pastime on ice will be front and centre on televisions across the country. Team Canada's curling unit, led by the legendary skip Kevin Martin, will try to win the all-important gold medal in front of his home crowd. Martin (a NAIT alumnus) will attempt to avenge the bitter finals loss in Salt Lake City in 2002. Playing alongside him will be John Morris, Marc Kennedy and Ben Hebert, which means Kevin Martin will be the only player returning from the Salt Lake City Olympic squad.

Coaching Martin's rink will be NAIT's curling and golf coach Jules Owchar. Jules has been with Martin since the beginning, dating all the way back to when he coached Martin as a standout on NAIT's curling team in 1983. Since then they have experienced numerous Brier championships, won a sil-

ver medal at the Olympics and now have the chance to curl for gold.

While the Canadian side is the favourite to win the gold, it may not be all roses and daffodils to earn it. Great Britain, Germany and the United States will all be sending strong teams that can very well send the Canadians back to their daily lives, without anything to show for their troubles. China is also on the rise and could be the underdog story that takes everyone by surprise, including the Canadian faithful.

On the women's side, Cheryl Bernard of Grande Prairie will skip. Bernard will compete in her very first Olympic Games ever after peaking at the right time. Until the Olympic Trials in Edmonton, Bernard, while having a very respectable career so far, has actually never won a major title. With her win in Edmonton, she is now in the position that everyone would die for, a chance to win the gold on home soil.

The men's pool will begin round-robin action on Feb. 16 against Norway and conclude on the 23rd against China. The women will start against the Swiss on the 16th and will conclude against Russia on the 23rd. All games can be watched on CTV, TSN and Rogers Sportsnet in HD.

So let's sit back and watch as Canada skips its way to two gold medals, in what is sure to be two weeks of great curling entertainment.

## Ooks power on

By **DOUG YEARWOOD**

To no surprise, the NAIT Ooks prevailed over a struggling Grande Prairie Regional College basketball team this past weekend. The Ooks trudged north for a pair of games that gave Grande Prairie fans a showing of excellence not seen in their gym since the last time the Ooks played in Grande Prairie.

In Friday's tilt, the Ooks got off to a bit of a slow start when Grande Prairie came out hot, shooting from the perimeter, and taking advantage of lacklustre back court presence on the fast break. The first quarter ended with the Ooks down 19-12.

After taking cold showers during the first quarter break, NAIT erupted for an impressive 35 points in the second quarter, taking the lead 47-36. The momentum from the second quarter was carried throughout the rest of the game, with the men showcasing just how highly touted their offence is. They had 68 points in the second half to wind up with a 115-75 win.

Leading the way, as per usual this year for the Ooks, was Shane Cox who had 21 points. Other impressive individual performances came from Rodel Grenaway, who dropped 12 points while adding eight assists.

The Ooks came out fired up and ready to play on Saturday night, after watching

Steve Wilkos all day to add a little fire in the belly. The Ooks shot 40 per cent from the three-point line, thanks in part to Evan Eger going 3-4 in the game, and ended the half leading 68-28. Shane Reece had a break out game, proving tough defensively and offensively with 25 points and 10 rebounds. Chris Neptune and Shane Cox dipped their hand into the scoring box with 19 and 18 points respectively.

The Ooks eventually won the game in a contest that wasn't even close, 125-63.

The win separated the NAIT team from MacEwan (12-4) as they improved to 15-3; and an ACAC Championship dream is becoming

more and more vivid.

The two wins also moved the team up to a sixth place ranking in the nation.

Next up is the Lakeland Rustlers (10-6), who sit in fourth place in the North Division.

The Ooks will have to contain Nebosja Bratic, a talented ball player who posted 40 points in a game against Augustana on January 16.

"There were times where the coaching staff just sat back and watched these guys lead themselves," said Ooks coach Don Phillips, adding that, "at times our bench was electric."

You can catch NAIT play at home this Friday at 8 p.m. It's going to be a doozy.



## Athletes of the week

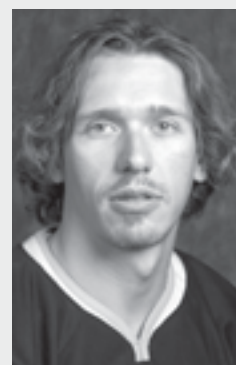
January 18-24

### Sinead Cheah Badminton



Sinead was a true warrior for the Ooks badminton last weekend helping her team to a second place finish at the ACAC Tournament No. 3 held at Concordia. Cheah won the mixed-doubles event with partner Joey Vandervet, finished second in women's doubles with partner Natalie Neumann and finished fifth in women's singles. "Sinead has a tremendous attitude and her love of badminton is evident in her play," said head coach Jordan Richey. "She remains composed in all pressure situations, which allows her to be successful." Sinead is a second-year player from Ontario and is in her first year of the Architecture program.

### Jeff Topilko Hockey



Jeff helped lead the NAIT Ooks to a pair of victories this past weekend against their cross-town rivals from MacEwan. Topilko registered a goal and an assist in the Ooks 4-1 victory at home Friday night, then scored the dramatic tying goal on Saturday with just 32 seconds left, helping the team post a 3-2 overtime victory at MacEwan. "Jeff has the potential to be one of the top players in the league, just like he showed this weekend," said head coach Terry Ballard. "He came up big for us, especially Saturday when we needed him". Jeff is a second-year Personal Fitness Training student from Vegreville.





TAYLOR POLLMANN

# What's hot, what's not

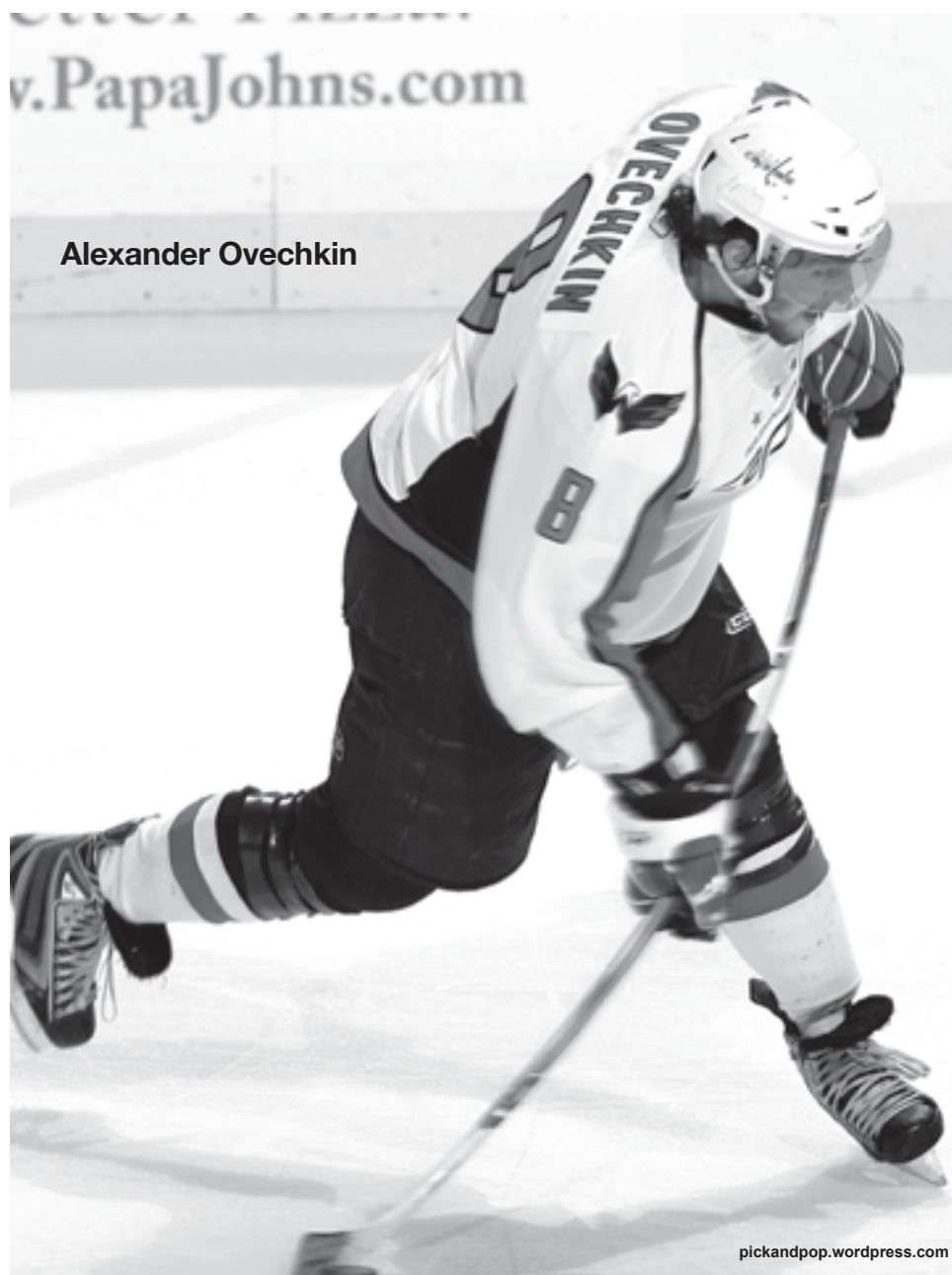
## HOT

**Alexander Ovechkin:** In the last six games, Ovie has scored a staggering six goals and eight helpers. The recent surge in production has skyrocketed the Washington Capitals' captain up the NHL leaderboard in points and goals, putting the Russian second in both categories. While Ovie has lit up the scoreboard, his team has ridden a six-game winning streak that currently positions them in the top spot in the Eastern Conference.

**Cleveland Cavaliers:** The King's (LeBron James') throne keeps on getting mightier and mightier. In the past week, the Cavs have won their last four matches against a steady array of teams. The most impressive of those being the L.A. Lakers. In what was pitched as a potential NBA Finals matchup, the Cavs brought their "A" game and sent the Lakers home with a lot to think about. Shaq was probably smiling away!

**Dale-Marie Cumberbatch:** What can you say about the Harry Ainlay alumnus? After a two-game tilt this weekend against Grande Prairie, Cumberbatch now sits alone with the most points in CCAA basketball history by any player. What's even more impressive is that she has a season and a half of eligibility left. It should come in handy to make her record virtually out of reach for future generations.

**Martin Brodeur:** The leader of the Devils just seems to get better and better with age. The veteran earned his seventh shutout of the year, with five of those coming in the last 14 games. The Devils currently sit second in the East with three games in hand over division rival Pittsburgh. It also doesn't hurt that the Olympics are coming up in February. Brodeur may have all but sealed his place as Canada's starting goaltender.



Alexander Ovechkin

pickandpop.wordpress.com

## Badminton players wanted

NAIT Ooks Badminton is looking for one or two female players.

If you have ever played high school or competitive badminton and are interested in playing again, please contact coach Jordan Richey ASAP at 780-471-7579 or jrichey@nait.ca.

Scholarships are available for all players.

## NOT

**New York Knicks:** What can you say about the New York Stinkabockers? A team that has seemingly never been good just got worse. When I heard the Mavericks slaughtered a team by 50 points, I was stunned. When I found out the team they beat was the Knicks, however, it made sense.

**Brett Favre:**

While I'm sure I'm going to get a lot of hate mail with this selection, it is something I feel needs to be published. While Mr. Favre had a decent passing game in the NFC Championship, his two picks hurt the team's chances at Super Bowl glory. Only the football gods

know why he threw that bone-headed pass when his team was in field-goal range. If he retires this season, then his last pass will truly be ironic. The man with the most interceptions in NFL history has his last throw picked off.

**Alberta Hockey:** Hockey is far from its Alberta glory days during recent months. The Oilers have lost 11 games in a row, and their rivals to the south aren't doing much better with seven straight losses. If you add the Oil Kings to the mix with their own streak of sorrows, I think I may throw up.

**Patrice**

**Cormier:** All you can say is that January has certainly not been Cormier's month. While leading his national junior team to the World Junior Championship finals, the boys came up short against an overpowering American team. Who knows what was

going through his head in the weeks before he threw a dirty elbow that looked like a scene out of *Gladiator*. His penalty: a suspension for the rest of the QMJHL season and playoffs.



Brett Favre

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## MENS HOCKEY



# A weekend sweep!

By DOUG YEARWOOD

It wasn't a must-win pair of games for the Ooks men's hockey team this past weekend, but coming out with four points against MacEwan would put them in a much more comfortable position heading towards the final playoff stretch. That's just what the Ooks did as they notched two victories, improving to 12-9-1 on the season.

Leading the way for the Ooks was Jeff Topilko, who managed to increase his scoring streak to nine points in the last five games, after he added a goal and an assist on Friday night. MacEwan's goaltender Dorin Gay was peppered all night, facing 38 shots as the Ooks came out victorious with a 4-1 win.

Saturday night saw a more tightly contested affair that needed a little extra time to determine a winner. The revitalized MacEwan Griffins were able to get a point from the Ooks after a 3-2 overtime loss. Anytime you are able to sweep an opposing team it has to be considered a huge weekend. When you add the fact that NAIT has clinched the playoffs, some heads in the ACAC have to be turning – despite the fact that MacEwan's record is abysmal this year.

Every coach is confident in his team's ability at the start of the year, and the showing of focus and team play this past weekend is what is important. Every great team has to handle the less successful ones en route to a season that has a championship dream yet unfulfilled. The Ooks take on another strug-

gling team this weekend when they challenge Portage College Voyageurs. This is another

opportunity the Ooks need to seize in order to continue to roll into the playoffs. The game

is at NAIT this Friday at 7. Be there or be square!



Photo by Jamie Anderson-Reid

**Men's Athlete of the Week Jeff Topilko pops a goal against the MacEwan Griffins Friday night en route to a 4-1 win.**



Photo by Jamie Anderson-Reid

**NAIT's Brad Sinclair fends off a MacEwan Griffin Friday night at NAIT aren.**



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# Head-shot dilemma solution



**Check Out My 9-Iron**  
GARIT BYINGTON  
Assistant Sports Editor

The recent topic of discussion around hockey has been the increased aggression amongst players, and as a result more injuries. The people running the various leagues have looked at this increase in headshot injuries and concussions and concluded that it is due to players taking bigger runs, deliberately hitting harder and going for the head when hitting.

Ask anyone who played in previous eras who watches the game now, and they'll tell you hard hits were just as prevalent in their day.

The problem isn't the players purposely delivering headshots, the problem is the gargantuan, hard-plastic equipment the players are wearing on their shoulders and elbows. The current equipment is designed for more than just for protection. Not only is the size unnecessary, but the hard-plastic material used is completely unnecessary. It's the year 2010 – we have the technology to develop a similar, even better material than was used in previous eras. Back in the Bobby Orr era, or even the Wayne Gretzky era, players wore just enough padding to protect themselves; not equipment that could be considered a weapon outside of the ice surface. How are the large plastic elbow and shoulder

pads necessary for the players?

Not only the equipment is to blame, though. The addition of the fighting-instigator penalty has allowed players to play dirtier without having to fear the consequences previously feared during the fighting-instigator-free period. Before, if a player took a run at your teammate, you were able to go and defend him. The policing throughout the league was done by both the referees and the players. Now, only the refs are able to police the game, and are doing the best they can considering all the cheap-shot artists in the league who know they can get away with whatever they want. A penalty, suspension or fine is not going to motivate the individual to think twice when he's about to deliver another dirty shot, but knowing the 260-pound goon on the other team has free reign, without the fear of an instigating penalty, to beat the living hell out of him, he will probably think twice before delivering that cheap hit.

The NHL has already acknowledged the goalies' unnecessary equipment when they made the rule changes to reduce the size of goalie pads. The league reduced the goalie pads to provide just the necessary protection needed, taking away the added size in the pads used to help make the goalie bigger. The same should be done with the equipment of skaters! The solution is staring them right in the face and hitting their players right in the face. While they are at it, removing the instigator penalty would only help player protection from cheap shots, and as a result, accountability on the ice will be experienced again.



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ACAC Standings

MEN'S HOCKEY

Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts
SAIT.....	22	18	18	3	0	1	141	54	37
Mount Royal....	22	17	17	4	0	1	103	56	35
Concordia.....	22	15	15	6	0	1	103	69	31
NAIT.....	22	12	11	9	0	1	99	71	25
Augustana.....	22	11	10	10	0	1	93	101	23
Portage.....	22	6	6	16	0	0	76	101	12
MacEwan.....	22	4	4	17	1	0	60	130	9
Briercrest.....	22	2	2	17	1	1	52	145	6

RESULTS

Jan. 20  
Augustana 2, MRU 1

Jan. 22  
NAIT 4, MacEwan 1; Concordia 6, Portage 4  
SAIT 12, Briercrest 0; MRU 7, Augustana 4

Jan. 23  
NAIT 3, MacEwan 2 (OT); SAIT 7, Briercrest 3;  
Concordia 5, Portage 2

WOMEN'S HOCKEY

Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts
Mount Royal...	16	9	9	5	1	1	43	37	20
SAIT.....	17	9	7	7	1	0	42	46	19
NAIT.....	15	8	7	4	1	2	42	35	19
Red Deer.....	17	6	4	8	1	2	32	30	15
MacEwan.....	17	6	6	9	1	1	29	43	14

RESULTS

Jan. 21  
MacEwan 3, RDC 1

Jan. 22  
MRU 5, SAIT 2

Jan. 23  
MRU 4, SAIT 1; RDC 4, MacEwan 1

MEN'S BASKETBALL

North Division

Team	G	W	L	Pts	PF	PA
NAIT.....	18	15	3	30	1697	1303
MacEwan.....	16	12	4	24	1424	1140
Concordia.....	16	12	4	24	1396	1151
Lakeland.....	16	10	6	20	1374	1250
Augustana.....	18	5	13	10	1433	1595

King's.....	18	5	13	10	1302	1539
Grande Prairie....	18	1	17	2	1160	1808

South Division

Team	G	W	L	Pts	PF	PA
SAIT.....	14	11	3	22	1085	944
Mount Royal.....	13	10	3	20	1125	907
Red Deer.....	14	9	5	18	1184	1096
Lethbridge.....	14	7	7	14	1171	1162
Briercrest.....	14	2	12	4	1095	1358
Medicine Hat.....	13	2	11	4	931	1124

RESULTS

Jan. 22  
MacEwan 92, Augustana 71; SAIT 87, RDC 73  
Lethbridge 96, Briercrest 87;  
MRU 77, Medicine Hat 58;  
Concordia 82, King's 52

Jan. 23  
NAIT 115, GPRC 75  
Lethbridge 97, Briercrest 86;  
Concordia 92, King's 74;  
MacEwan 108, Augustana 71; SAIT 79, RDC 77

Jan. 24  
NAIT 125, GPRC 63

WOMEN'S BASKETBALL

North Division

Team	G	W	L	Pts	PF	PA
King's.....	18	15	3	30	1152	979
Concordia.....	16	14	2	28	1194	803
MacEwan.....	16	12	4	24	1019	897
Grande Prairie....	18	10	8	20	1084	1099
Augustana.....	18	5	13	10	1101	1260
Lakeland.....	16	3	13	6	957	1122
NAIT.....	18	1	17	2	949	1296

South Division

Team	G	W	L	Pts	PF	PA
SAIT.....	14	13	1	26	1155	745
Lethbridge.....	14	13	1	26	1111	889
Mount Royal.....	13	5	8	10	864	899
Medicine Hat.....	13	5	8	10	855	969
Red Deer.....	14	5	9	10	782	959
Briercrest.....	14	0	14	0	734	1040

RESULTS

Jan. 22  
MacEwan 74, Augustana 64;  
Lethbridge 70, Briercrest 58;  
MRU 84, Medicine Hat 73;  
SAIT 70, RDC 43;  
King's 65, Concordia 52

Jan. 23  
GPRC 59, NAIT 51; Concordia 67, King's 56;  
Lethbridge 70, Briercrest 47;  
MacEwan 76, Augustana 40; SAIT 98, RDC 62

Jan. 24  
GPRC 56, NAIT 53

MEN'S VOLLEYBALL

Provincial Division

Team	MP	MW	ML	GW	GL	Pts
Red Deer.....	6	5	1	16	5	10
Mount Royal.....	6	3	3	12	11	6
Grande Prairie.....	6	3	3	11	10	6
MacEwan.....	6	3	3	11	11	6
SAIT.....	6	3	3	9	13	6
King's.....	6	1	5	8	17	2

North/South Division

Team	MP	MW	ML	GW	GL	Pts
Lethbridge.....	4	4	0	12	6	8
Medicine Hat.....	4	4	0	12	4	8
NAIT.....	4	2	2	8	9	4
Briercrest.....	4	1	3	8	10	2
Keyano.....	4	1	3	8	10	2
Lakeland.....	4	0	4	3	12	0

RESULTS

Jan. 22  
NAIT 3, Keyano 2  
(25-22, 28-26, 21-25, 23-25, 15-11)  
SAIT 3, GPRC 1 (25-21, 25-21, 23-25, 25-18)  
Lethbridge 3, Briercrest 2  
(25-20, 14-25, 25-7, 16-25, 15-13)  
King's 3, MacEwan 1 (18-25, 25-15, 25-23, 28-26)  
Medicine Hat 3, Lakeland 1  
(23-25, 25-20, 25-16, 25-21)  
MRU 3, RDC 0 (25-22, 25-19, 26-24)

Jan. 23  
Keyano 3, NAIT 1 (25-23, 21-25, 25-17, 25-21)

GPRC 3, SAIT 0 (28-26, 25-22, 25-23)  
Lethbridge 3, Briercrest 2  
(25-21, 25-15, 26-28, 21-25, 17-15)  
Medicine Hat 3, Lakeland 0 (25-22, 25-22, 25-20)  
RDC 3, MRU 2  
(25-21, 16-25, 25-16, 22-25, 15-12)  
King's 3, MacEwan 0 (25-16, 25-17, 25-23)

WOMEN'S VOLLEYBALL

Provincial Division

Team	MP	MW	ML	GW	GL	Pts
Red Deer.....	6	5	1	16	5	10
Mount Royal.....	6	3	3	12	11	6
Grande Prairie.....	6	3	3	11	10	6
MacEwan.....	6	3	3	11	11	6
SAIT.....	6	3	3	9	13	6
King's.....	6	1	5	8	17	2

North/South Division

Team	MP	MW	ML	GW	GL	Pts
Lakeland.....	4	3	1	9	4	6
NAIT.....	4	3	1	11	8	6
Briercrest.....	4	2	2	9	7	4
Medicine Hat.....	4	2	2	8	7	4
Keyano.....	4	2	2	9	10	4
Lethbridge.....	4	0	4	2	12	0

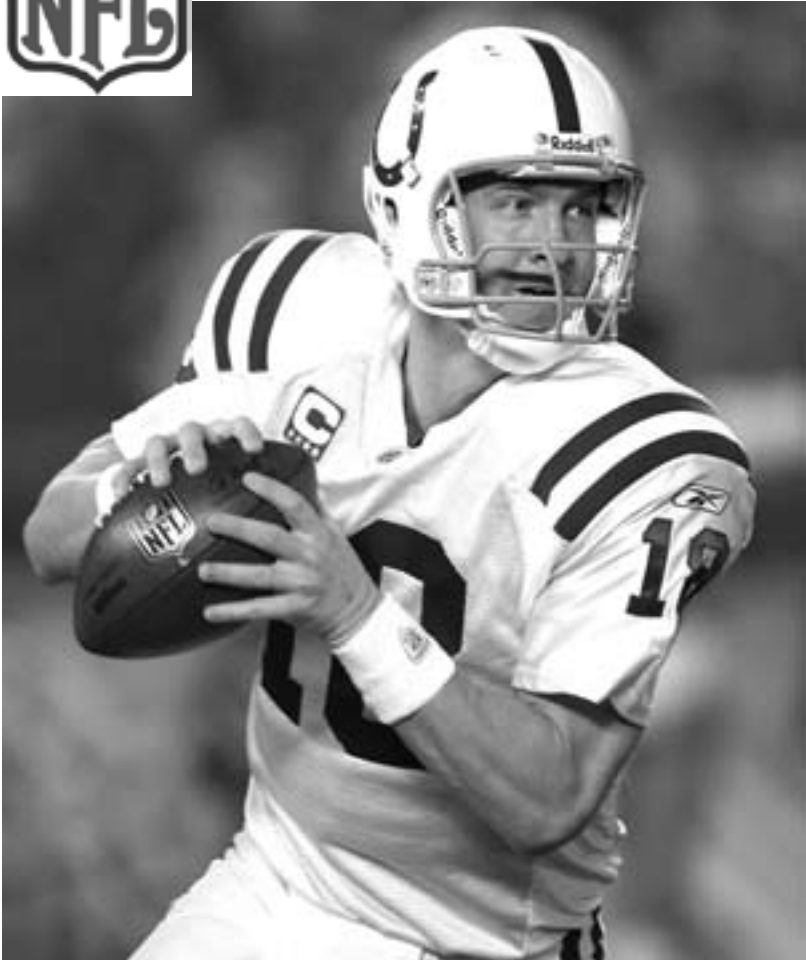
RESULTS

Jan. 22  
NAIT 3, Keyano 2  
(25-15, 25-22, 22-25, 21-25, 15-8)  
GPRC 3, SAIT 0 (25-20, 25-14, 25-20)  
Briercrest 3, Lethbridge 1  
(25-23, 21-25, 25-21, 25-23)  
MacEwan 3, King's 1  
(25-18, 25-18, 23-25, 25-16)  
Medicine Hat 3, Lakeland 0 (25-22, 25-17, 25-21)  
RDC 3, MRU 0 (25-15, 25-23, 25-23)

Jan. 23  
Keyano 3, NAIT 2  
(25-22, 15-25, 19-25, 25-20, 15-11)  
GPRC 3, SAIT 0 (25-18, 25-15, 25-21)  
Briercrest 3, Lethbridge 0 (25-20, 25-18, 25-20)  
Lakeland 3, Medicine Hat 0 (25-16, 25-14, 25-12)  
RDC 3, MRU 2  
(25-27, 25-23, 25-19, 19-25, 15-13)  
MacEwan 3, King's 0 (25-13, 25-18, 27-25)



And then there were two ...



images.townnews.com/morningjournal.com

Peyton Manning

By ADAM KAMARA

The Super Bowl, which takes place Feb. 7, has the top two teams in the National Football League going head to head.

The NFC champion New Orleans Saints clawed out a close 31-28 win in overtime against the "ageless wonder," Brett Favre and the Minnesota Vikings.

The Sunday night game was looking like a shootout between two high powered offences right from the opening drive, when Favre orchestrated a sequence of plays resulting in an Adrian Peterson touchdown. Being down 7-0 didn't stop Saints quarterback Drew Brees from retaliating, finding Pierre Thomas for a touchdown that was a spectacular display of breaking tackles. The see-saw battle continued with both teams exchanging touchdowns before the half.

The second half was the end-game for Minnesota. Costly turnovers by Peterson and Favre crushed all hopes of the Vikings' first return to the Super Bowl since 1977. The Viking offence couldn't hold onto the ball, committing six fumbles, losing possession on three of them and giving up two interceptions. Unfortunately, the Saints could not gain much off of the turnovers but got a late 28-21 lead.

The Vikings then kept Favre's career alive, rushing for a touchdown and tying the game late. When it looked like a sure win for the Vikings near the end of the fourth quarter, Favre threw an interception, ending a drive that might have let them win the game on a field goal, as they were in their kicker's range.

Overtime ensued with the Saints winning the coin toss. Brees marched down the field 39 yards, setting up

the game-winning field goal and propelling the Saints to their first ever Super Bowl appearance.

...

The Indianapolis Colts moved on to their second Super Bowl appearance in four years after defeating the "Cinderella" New York Jets 30-17. The Jets shocked the Colts in the first half, taking an early 7-3 lead over NFL MVP Peyton Manning and the Colts. The No. 1 defence of the Jets stifled Manning for most of the first half, but showed signs of breakdowns late in the half, allowing the Colts to pull within four by half-time.

Manning then proved why he is arguably the best quarterback in the NFL, rallying the Colts to a dominating second-half performance, which saw them put up 17 more points on the Jets, who have the league's best defence, before the game's end.

The Super Bowl will be one for the ages as it will see the top seeds of both conferences facing off for the first time since 1993. New Orleans finished the regular season 13-3 while Indianapolis finished 14-2 as the top team in the NFL.

The city of New Orleans, which suffered the devastation of Hurricane Katrina, has come a long way to finally see its team on the biggest stage in the world. After playing on the road for most of the 2005 season while the Superdome hosted the displaced people of New Orleans, the Saints are no longer the 'Aints.

Peyton Manning has ties to New Orleans as his dad, Archie Manning, played quarterback there during the 1970s and was born there. He was never able to take the Saints to the Super Bowl.



# Women have icy road to gold



**TAYLOR POLLMANN**  
Sports Editor

Since hockey is Canada's pastime, it should come as no surprise that Canada has experienced as much success on the international level as they have.

This is why Canada remains a favourite to take home the gold at the Vancouver Olympics.



However, the road to glory may be a little more difficult than in previous years. The last two World Championships have seen Canada's biggest rival, the United States, win in two consecutive finals.

In fact, the last three out of four championships have seen Canada lose in the final game to the Americans.

The Canadians are aiming for a different result this time around. While the Americans can lay claim to recent World Championship glory, the Canadians are still the gold medallists from the last two Olympic games. The former of those golds came at the expense of the Americans on home ice. The Americans will try all they can to return the favour because this time the games are held on Canadian soil.

While in recent years the Canadians and the Americans have



inside.nike.com

Canada's women's Olympic hockey team posed for this recent picture.

enjoyed all the success, another team is beginning to make themselves known on the radar.

After shocking the United States in the semis in Torino, Team Sweden has gone on to beat the Canadians in the years since the last Olympics. They are beginning to be looked at as a team that could potentially bump one of the two hockey giants from a final berth, which would make the deciding game all the more interesting to watch.

The Canadians are in Pool A of the tournament, which means they will face Sweden, Switzerland and Slovakia in the open-

ing round. Pool B contains the Americans, Finland, Russia and China. The Canadians open up their campaign for gold on Feb. 13 against Slovakia at 6 p.m. At the conclusion of the round robin, the sudden death playoffs will kick off on the 22nd with the finals on the 25th.

In what's sure to be one of the most exciting editions of women's hockey in recent years, time will only tell if Canada will celebrate their third Olympic gold, a gold that will mean a hundred times more when the rest of the stadium will be singing the Canadian anthem along with them.

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**Dale-Marie Cumberbatch**  
**Forward**  
**Ooks Women’s Basketball**



**TAYLOR POLLMANN**  
Sports Editor

In the first Profile of the Week, I interview outstanding NAIT Basketball star Dale-Marie Cumberbatch. This past weekend she broke the CCAA scoring record and became the only basketball player (male or female) in Canadian collegiate history to score 2,000 points in a career. What’s even more amazing is that she was able to break the record in only 81 career games through three and a half years of play. The previous record holder set the record in 91 games over four years.

*What was the best moment in your basketball career?*

My best moment will be our First Annual Breast Cancer Game held at NAIT on Feb. 6. I get to play basketball in honour of my aunt, who passed away from breast cancer as well as several others who are struggling with the disease.

*What did it feel like to become the greatest scorer in CCAA basketball history?*

I think it’s a great honour, but to be honest I felt like crap because we lost the game.

*What would make your college basketball career complete?*

A national championship.

*Favourite movie or TV series?*

This is a hard one, but I’m going to have to say *One Tree Hill*. It’s pretty scandalous.

*What would be your dream job and why?*

Playing basketball professionally in Barcelona. Not only would I get paid to do something that I love but I’d get to do so in a beautiful city.

*What is your favourite off-season activity?*

a) There’s an off season?

*What would you like to say to your coaches, teammates and the students of NAIT?*

a) Coaches: Thanks for all your expertise, which made me the player I am today.

b) Teammates: You girls are not only my teammates, you are my family, my sisters and I love all of you ... In a completely non-awkward and comfortable way.

c) NAIT students: Buy my coupon books, they’re only \$9. Also thanks for your support over the past four years, it’s been EXCELLENT!

*Favourite Celebrity?*

a) Hmmmmm, Snooki from *Jersey Shore* ... pfff just kidding but she’s pretty sweet eh? I would have to say my favourite celebrity would have to be Lisa Leslie; she’s an outstanding role model for everyone.

*Who was the main person behind you deciding to pick up a basketball and try the sport when you were little?*

a) Well it was definitely not my mother; she wanted me to become some kind of ballerina. The main person would have to be my dad. I think just growing up watching him playing encouraged me to try and stick with the sport.

*What is your favorite student newspaper and why?*

*The Nugget*, not only is it the only student newspaper I have ever read but it also reminds me of McDonald’s chicken nuggets, which is always a great thing.

**Profile of the Week**



Supplied photo



Photo by Jamie Anderson-Reid

Dale-Marie Cumberbatch brings the ball up court during a recent game.



# ENTERTAINMENT

## ADULT FILMS

# Just like noses ...



**COLLEEN NUC**  
Entertainment Editor

Adult films are like noses; they come in all shapes and sizes. Some are expensive and look like they come straight from the face of a Hollywood celebrity, while others are crooked and, at times, bizarre. So with over thousands of pornography genres, where does one even start? What causes an individual to be aroused by certain images, story lines and fetishes?

The official definition of sexual fetishism is “the sexual arousal brought on by any object, situation or body part not conventionally viewed as being sexual in nature.”

These fetishes often include sexual acts that “depersonalize and objectify, even

when they involve a partner.”

However, how does someone develop a fetish? Modern psychology believes that fetishism is either a conditioned response or a result of an emotional (and often traumatic) experience. Thus, according to this explanation, if you ever had an incredible sexual experience on, let's say, a leather couch, you may develop a leather fetish. On the other hand, if you ever humiliated yourself by peeing your pants in public, your fetish may involve urine.

Although the two examples listed above are not guaranteed to form any sort of fetish, some psychologists say that fetishism may be genetic. Does this mean that if your dad has a nylon fetish, you will too? Brett, a NAIT carpenter student, could argue this, saying that he and his dad “always had a thing for blonds” and that their past lovers have all been blond. So not only is Brett missing out on all the

hot brunette action, perhaps his preference for blonds are a small part of his genetic makeup.

Even though no one knows how fetishes develop, there are definitely no shortages of individuals who have them. From sim-

ple foot worship to bizarre camel toe and midget fixations, there is a quick fix for anyone. Reviewporn.com lists hundreds of computer safe pay sites that focus on fetishes and sexual fantasies. If you're into smokers, priests, midgets or submission, this site will let you know which website will give you

the biggest bang for your buck.

Just remember, everyone has fantasies, so don't be judging someone who has a subscription to chickspeguys.com, because they may be giving you a job some day.

**Fetishes come in all shapes and sizes.**



www.gamespot.com

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**BRYCE ALTHOUSE**  
VP Campus Life

First name: Greatest. Last name: Ever. Now don't call it a comeback, but rather just a little bit of input into my brainchild from my previous tenure as Entertainment Editor.

So on that note, there's something I have to get off my chest, and it can only be summed up in one statement. Dance Mix 92, 93, 94, 95 and 96 might be one of the greatest series of

albums ever. There, I said it. It's what you all have been thinking about for the past 17 years and now it's out in the open. Simply stated, almost every one of you out there totally and secretly loves '90s dance classics. Now, those of you coping with "denial" may disagree or come to the conclusion that I'm back to writing articles while "on the liquor" again. Well, the latter is probably true, but it's also true there is no denying that your inability to escape the supremely funky beats of "Rhythm of the Night," "Rhythm is a Dancer," or any one-hit wonder synth-dance group that put the word "Rhythm" in their song title. So don't starve yourself of the pleasure of '90s dance any longer. Go forth and break out the neon hats, start up your Super Nintendo, remember the days of pizza at McDonald's, grab some glow sticks, and party like it's 1995. You and your ambiguous sexuality will thank me later.

1. Corona – Rhythm of the Night
2. Utah Saints – Something Good (The 1993 Original, Not the 2008 Remix)

3. Snap! – Rhythm is a Dancer
4. Whigfield – Saturday Night
5. Faithless – Insomnia (Monster Mix)
6. No Mercy – Where Do You Go?
7. La Bouche – Be My Lover
8. Culture Beat – Mr. Vain
9. Real McCoy – Another Night
10. Ace of Base – Beautiful Life
11. Haddaway – What is Love?
12. 2 Unlimited – Tribal Dance
13. The KLF – 3 A.M. Eternal
14. C+C Music Factory – Gonna Make You Sweat
15. Technotronic – Pump Up The Jam
16. Amber – This Is Your Night
17. Scatman John – Scatman
18. Mr. President – Coco Jambo
19. Bizarre Inc. feat. Angie Brown - I'm Gonna Get You
20. Nomad – (I Wanna Give You) Devotion

## VIRAL VIDEOS

# Hilarious Monopoly

By **ALEXANDER TOSTOWARYK**

We all have those friends – you know, the friends who live for playing Dungeons and Dragons or Call of Duty Modern Warfare 1 and 2 online. Some of these people are such hardcore fans that they are constantly talking about it, which drives everyone around them nuts. Every conversation you have with a hardcore gamer is either about their "amazing clan" or how close they are to eliminating ultranationalist Vladimir Makarov.

This week's Viral Video, The Online Gamer is an in-depth look into the mind, soul and body of an

online gamer playing Monopoly with his girlfriend. The general premise of the video is watching this idiot play Monopoly exactly like he would play Call of Duty Modern Warfare. As you can assume, hilarity ensues. The video is obviously set up, but it does poke fun on the 'gamer' lifestyle. The Online Gamer has already received almost 1.5 million viewers on YouTube alone, which is quickly getting recognition on social networks like Facebook and Twitter. You can find the video here at <http://www.youtube.com/watch?v=LCYPGnJdO1U>.



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# Retrofitting rap and hip-hop



**KATHY LE**  
Assistant Entertainment Editor

The face of rap and hip-hop has been given a sore reputation and artists, like Shaun Boothe, a Canadian rapper from Toronto, are motivated to steer it in a new direction.

"It's an art form that I feel hasn't really received the respect it deserves because a lot of people just don't understand it," says the rapper, who performed at the Nest last Friday as part of his Hip-hop in 3-D cross-country tour.

Mostly due to the media's ulterior motives, scandalous issues like sex, drugs and money have been the focus in all areas of art including the music industry and especially in the rap and hip-hop genre.

As a result, this is the direction that music has evolved lyrically. There are artists who still tell stories about important issues in everyday life that impact others, but these stories seldom sell records, make it on the front cover of magazines or headline the six o'clock entertainment news.

Since our world is such a material one, energy is directed to where the money is, which allows less-than-stimulating issues to take the driver's seat. This is one reason why the new generation, and people who aren't familiar with rap and hip-hop, have a naïve impression of it.

Boothe explains that his 3-D Tour symbolically embraces the idea that he is not a one-dimensional artist who only portrays the "super man complex" that so many other rappers do, but also reveals the "Clark Kent" side as well.

"Yes, I still rap about sex and all that other stuff, but I want to travel to uncharted territories creatively and talk about issues that others may not want to talk about and make it into a song that is digestible," he said.

Boothe is referring to his song where he takes on the perspective of a 12-year-old child soldier, giving a voice to a group



The Nugget's own Assistant Entertainment Editor, Kathy Le, hangs out with Mark McKay, left, Shaun Boothe and Daniel Daley after their performance at The Nest on Friday night.

of people who don't have one.

One of Boothe's unique projects that has been capturing international attention is his Unauthorized Biography series. The series depicts the life stories of cultural icons such as Muhammad Ali in a music video format.

"It's like taking a Wikipedia page and putting it in a lyrical rap," says Boothe. The response has been incredible for the artist and thus far, schools are contemplating bringing the videos into their curriculum as a learning tool.

The turnout for Shaun Boothe's performance, supported by Daniel Daley and Mark McKay ("M-c-big K-A-Y 'cause I'm

fly," as he put it), was a full house. The audience, donning 3-D glasses, was prepared for a 3-D show only to end up watching a regular show due to technical difficulties.

Nonetheless, it was a good show with a DJ, keyboard and guitar talent from McKay and additional vocals from both Daley and McKay. The efforts of inspiring artists, like Boothe, whose goal is to wash away the stereotypes that come with rap and hip-hop, is the pull that is needed to reshape the image of this genre. This change may help shed light on the talent that exists, which in turn validates what the artists do as a hip-hop culture.



Shakira

www.blogcu.com

## Sexy she wolf

By RACHEL LEES

Shakira has taken on pop culture by storm, with her strong writing ability, unique singing style and awesome dance moves! Her unique Latin style continues to impress the world, and the CD *Shakira – She Wolf* was so fun to listen to and has countless hits.

Her song "She Wolf" is high on the charts and her new single "Did It Again" has a quite beautiful and artistic video. She also shows her absolutely fantastic dancing on "Give It Up To Me," featuring Lil Wayne, which is one of the bonus tracks on the album. The video is really fun. Shakira even portrays herself as the Statue of Liberty.

"Gypsy" is one of the fun songs on the album that talks about living life to the fullest and not being afraid of taking chances.

"Spy" featuring Wyclef Jean, is a fun one to listen to as well. It looks like Shakira has more to offer the world than "Hips Don't Lie," and isn't planning on slowing down anytime soon. She even attended a class at UCLA on the History of Western Civilization, and went by her middle name, claiming she was visiting from Colombia so as not to reveal her real

identity.

The story is a little like a real life "Hannah Montana" or any typical superhero story. By day she attends class and lives a normal life, but by night she is a tremendous entertainer who has become a Latin-American music prodigy.

Shakira is more than a triple-threat entertainer (with her song writing, singing and dancing). She is a tremendous person at the same time. Shakira works with UNICEF and is one of their global representatives, chosen because of her international interest and compassion for people. Even after the devastating events that took place in Haiti, she has declared that she is going to build a school there as a part of their "longer-term reconstruction."

She claims that Haiti needs immediate attention, but supports a long-term plan as well. It is hard to find a fantastic performer who is amazing for all the right reasons as well.

This album was musically brilliant and enjoyable and Shakira has brought a positive light to this world through more than just her amazing music.





# Single, ready to mingle

By HAILEY MATSON

Love was in the air last Friday at the Nest, and it blossomed at NAIT's first ever Bachelor/Bachelorette game show.

Organized by NAITSA, this event gave single students a chance to be a part of their very own matchmaker game. The show hosted both an available male and female looking for love, each competing for one of three eligible singles. Contestants were narrowed down through a questionnaire given by NAITSA, and selected based on creativity and individuality. Once chosen, participants were ready to gamble at love. The chance of a happily ever after was not the only prize; a limo ride for both couples and a

\$100 dinner at the Cactus Club was also up for grabs.

The event started with a bang, and had students flocking to the nest by 4:00. By the time the bachelor started his search for love, there was hardly any room to stand.

The show started off first with Brett, a sensitive, loyal bachelor in the Respiratory Therapy program, seeking love with three contestants, Heather, Joslene and Jessica. After the three girls bared all, Bachelorette #1, Heather, won his heart.

"It was probably one of the most embarrassing experiences I have had, but it was also more fun than I thought it would be," Heather said

after her spontaneous night at the nest.

In the second round at love, the event showcased Karen, a bubbly, outspoken bachelorette from the Dental Assistant program, who was sick of dating "losers."

After a no-show by the first contestant, Brian, a last minute fill-in, stepped up to the plate. He joined two other outgoing bachelors, Daniel and Darren. In the end, Brian shone through, taking Karen's hand for an evening of romance. Shockingly, the butterflies-in-the-stomach feeling ended soon after the second round. A rumour was spreading that the winning bachelor, Brian, was already in a current relationship. In the end, the story remained just

a rumour, and the couple had their date at the Cactus Club.

Not only was this event a chance for audience members to watch a game of love, the crowd was also given name tags – green if single, red if taken. This allowed the audience an opportunity to participate in a Red Light Green Light game after the event, where they could mingle and meet other singles and couples.

Aside from potential sparks ignited by this romantic evening, fun was no doubt the aim of the game. Whether it had been the \$3 beers or flirtatious atmosphere, there was no question that students stayed for the hilarious entertainment of the show.

# Lovely Bones to chew on

By GRAHAM McCANN

*The Lovely Bones*, directed by Peter Jackson and based on a novel by Alice Sebold, stars Mark Wahlberg, Stanley Tucci and (then 14-year-old) Saoirse Ronan as the central character and narrator, Suzie Salmon.

Suzie is a normal, happy 14-year-old who pursues photography as a hobby and develops a schoolboy crush on a friend. However, her life comes to a tragic end when a compulsive serial killer (Stanley Tucci), living in her neighbourhood, lures her into his domain and takes her life. Once murdered, Suzie watches her family, and her killer, from the "other world," a place

of precious memories and shattered dreams.

The question of what happens after death is one of the most mysterious and sought after questions of humanity. This film does take a fairy-tale perspective on the nature of the "after world," but does so in a manner which brings forth the true tragedy of death and destroyed dreams of the individual. Another positive in the controversial subject matter is that the film does not try to glorify child murder, and does not bask in brutality and gore.

What allows the film to work in the end is the skill and passion of the actors in it, most notably Ronan and Tucci. Ronan's portrayal of Suzie Salmon is, for the

most part, genuine and heartbreaking. Tucci plays his character perfectly; truly bone-chilling and creepy, like a person who would offer children candy to lure them into a vehicle. Tucci deserves all credit because of his willingness to take on the role of such a despicable and evil character.

Without the strength of these actors, and Ronan's ability to be so sympathetic, the film would be abysmal. In the end, this is a very heartbreaking and touching film about how a family copes with tragedy. It can be hit or miss, and may be hard to watch because of the very real and always present evil that the film portrays.



Saoirse Ronan as Suzie Salmon.

**INTERESTED?**

**STUDENT EXECUTIVE NOMINATIONS OPEN!**

**Yes?**

**Run for the NAITSA 2010 General Elections!**

- Nominations Open: January 4<sup>th</sup>
- Nominations Close: January 29<sup>th</sup>

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- VP External

See the NAITSA Bylaws @ [www.naitsa.ca](http://www.naitsa.ca) for information regarding an overview of the duties for each position.

**Benefits to being a NAITSA Student Executive:**

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- Leadership Development
- Travel Opportunities
- Networking
- Resume enhancement

**?**

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**In fact, the NAITSA GENERAL ELECTION for the 2010-2011 academic year is right around the corner and there are four annual positions up for grabs!**

These positions are:

- President
- Vice President Academic
- VP Campus Life
- Vice President Apprenticeship & External

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NAITSA offers training over the summer which involves travelling to meet other student executives from across Canada at various conferences.

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As a student leader you get to meet and work with business leaders, government officials and sometimes celebrities. This can give you key networking opportunities you wouldn't otherwise get as a student.

**PUSH YOURSELF**  
Still undecided? Just go for it. Come to one of the Candidate Info Sessions (see below) and our current Student Leaders and staff will answer your questions.

**VOTE!**  
It's critical that you get involved either by running in the election or by voting.

The Nomination period runs from January 4 – 29, 2010. Come to the NAITSA office at E131 to pick up your nomination form or to ask for more information. Election Day will be from February 9-11, 2010.

Visit [naitsa.ca](http://naitsa.ca) for full Election details!

**NEED MORE INFORMATION?**  
Come to the NAITSA Office, E131, check out [naitsa.ca](http://naitsa.ca), or drop by one of the Info Sessions.

**Information Sessions:**  
January 11, 19, 27 4:00 – 4:30 p.m. in E129  
Voting: February 9-11



# A beautiful video game

By KITA MURU

FIFA 10 has been out for the past couple of months and, like FIFA 09 before it, most people will probably assume it's just the previous edition with a roster update on top. However, this installment is more than just preaching to the converted.

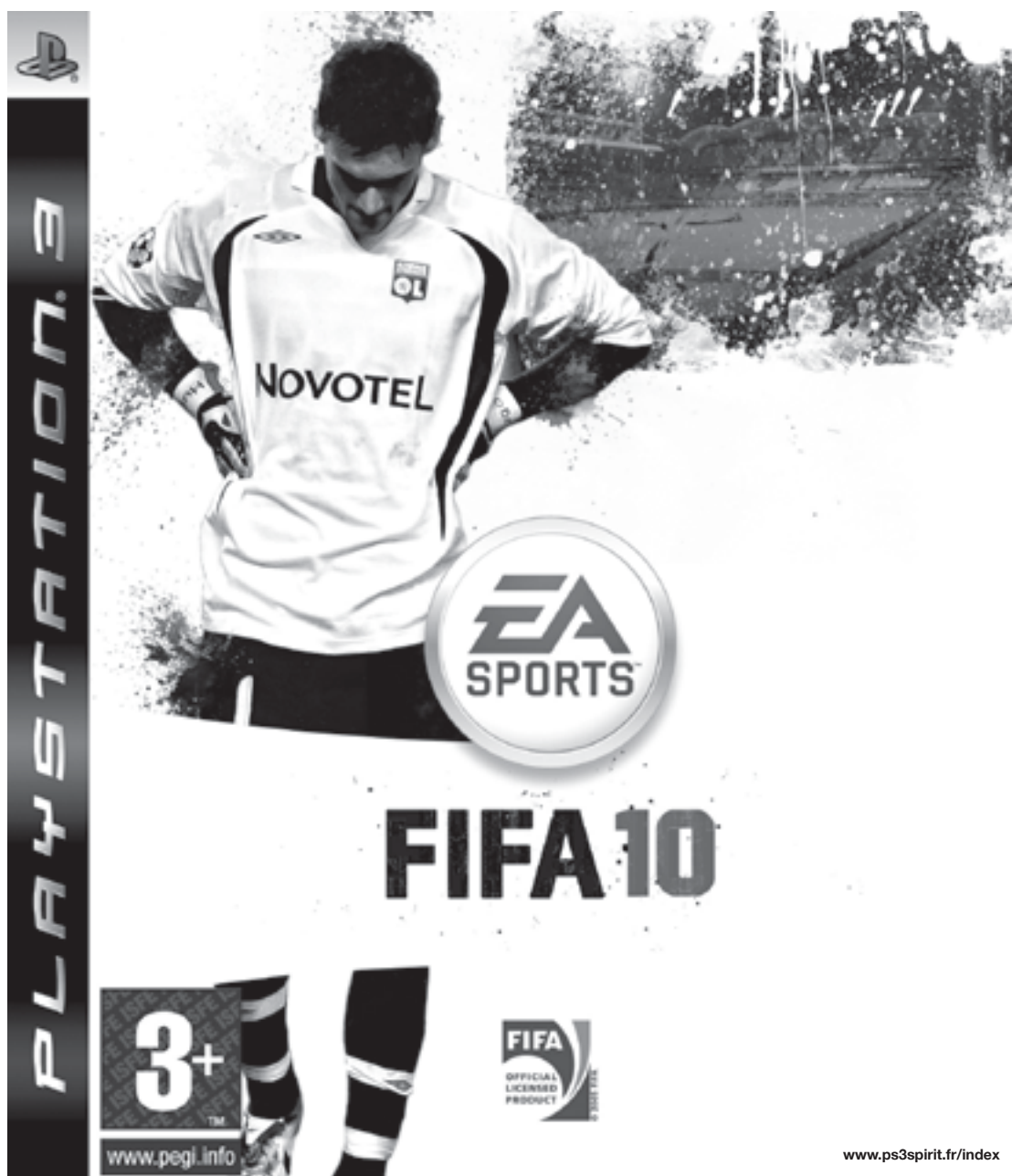
The presentation is amazing and, like every FIFA game before it, there is French and Spanish commentary to add to the English. However, there's no replacement for the work of Martin Tyler and Andy Gray. The players, jerseys, gear and stadiums in the game look authentic and the soundtrack is really good, with hits from Wyclef Jean, Peter Bjorn and John, Metric and new stuff from Afrobots, The Whitest Boy Alive, and Buraka Som Sisteman (Wegue Wegue Wegue).

There are a number of features in FIFA 09 that carry over to FIFA 10. These features include: Be a Pro, where you can create or pick a professional soccer player and guide him through four seasons in any league in the game, 10 vs. 10 online and Live Season, which simulate and replay matches through-

out the season of any league in the game and provide statistic and roster updates to teams and players throughout the season.

The movement of the characters is still realistic and fluid, but slower. However, the shooting engine is leagues better than in FIFA 09. Be a Pro can still be boring, and sometimes frustrating as AI miscues and lag occur, though not as often as last time (this was on the PS3). Two things that stand out in this version are Create a Set Piece, and 360 Degree Movement. Create a Set Piece, as advertised, offers different ways to take free/corner kicks involving movement and trickery while 360 Degree Movement is for anyone who has ever played previous FIFAs and is tired of the eight-plane movement.

Overall, FIFA 10 is the best installment in the series yet. It's different enough from previous FIFAs, and is a blast after a few hours of getting used to it. It's fast and fluid with a great amount of depth and whether or not you have FIFA 09, it's time for an upgrade.



[www.ps3spirit.fr/index](http://www.ps3spirit.fr/index)



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# Grapevines

Grapevines is a chance to speak your mind. E-mail [grapevines@nait.ca](mailto:grapevines@nait.ca)

It takes so long to get from one point to another point on campus, there should be one of those conveyer belt things for people in the school, like the ones at airports.

– Really Lazy.

...

Is Reading Week here yet?

– Sick of School Already

...

To the guys who block the entire width of a hallway sauntering along in groups of four or more: Leave some goddamn room so people with places to go can get by. Try being aware of what's going on around you for a change!

– Tired of squeezing by

...

The lady at Fresh Express gave me a

death glare today because I took a whole five seconds to get my money out of my wallet. Sorry I'm not done as quickly as your husband is in the bedroom. Yeesh.

– Looking for some patience

...

I'm a broke student and now I have no car. I hate relying on others to drive me around, but hell would have to freeze over before I'm caught on that public limo again! Student life sucks.

– Poor student

...

To the two security guards who stopped me the other day. Here's a big hello and thank you for being so nice!

– Lovin' the security

...

Career fair – no parking! Are you kidding me? The worst part about it is NAIT provided parking passes so people could park on campus for free. Awesome, I guess I'll just walk 10 blocks to school then. Clearly paying four grand in tuition doesn't get me much at this place.

– Pissed Parker

...

To the guy who was wearing the blue sweater on Friday that got his coffee before me, you picked up my books when I dropped them, so I think I owe you a favour ... Let's connect.

– Craving your latte

...

If I get one more e-mail in my inbox about textbooks, they might have to put me away for murder.

– Bookworm

...

Who are the people that still write on the stalls in the washroom? As much as I want to tell you to grow up, I find the little messages quite entertaining. But for the record, the joke is NOT between my legs.

– Potty Scribe

...

5 for 5 after 5. I love cheap food. Three cheers for food services!

– Starving student

## When clothes become art

By BRIANNA McCUTCHEON

It takes a vision of what you want, determination and an innate eye for art to get to the level that label Lauren Moshi has achieved. The success of the line is supported by a brother-sister collaboration of Michael and Lauren who envisioned a clothing line made from high quality material and limited in quantity. Now they are seeing a star student following that includes Christina Aguilera, Paris Hilton, Nicky Hilton, Audrina Patridge, Ashley Tisdale, Miley Cyrus, Lauren Conrad, Lo Bosworth, Jessica Alba and many more.

The intricate art on the clothing is hand drawn by Lauren herself and displays a vast range of pictures that include animals, people and words. Though detailed, the clothing still achieves a classy look because of the black and white combination that the designer uses. The unique combination makes it easy to mix and match with other clothing already in your closet. The line was created for a clientele that appreciates the finer things in life, and who are concerned about detail and texture.

Unfortunately, for budget conscious individuals, owning an item from the Lauren Moshi line will leave your wallet bleeding as a simple shirt can cost almost \$100. However, for those who think the idea of splurging a day's work on a shirt is crazy, think of it from the perspective of an art collector. If you're still not convinced, then Lauren Moshi designs can be admired on canvases.

Lauren Moshi exploded onto the scene and is showing no signs of slowing down any time soon. While purchasing items on [laurenmoshi.com](http://laurenmoshi.com) is not available until later this month, other websites do carry the line. These

pieces of artwork are great to add the final touches to any house. So if buying expensive clothing is not up your alley, look for canvases that speak to you. Until next time ... we're watching.

### PB & J

By KATHY LE

#### Tuna Melt Sandwich

The scenario is: You're starving, have no time and need a meal that will satisfy your appetite.

Help yourself to my tuna melt sandwich!

#### The Stuff:

- 1 slice of cheese (any kind you want)
- 1 can of tuna
- 1 tablespoon of mayonnaise
- 1 pickle, sliced lengthwise
- 1 tablespoon of butter
- small frying pan
- 2 slices of bread

#### The Magic:

1. Butter one side of each slice of bread
2. Place buttered side of one slice of bread into the pan, layer on cheese and top with the other piece of buttered bread.
3. Cook in pan until bread is crispy and golden and cheese is melted.
4. In the meantime, mix the tuna with mayo.
5. Take the grilled cheese out of the pan, open it up, spread on the tuna and layer on the pickle slices.
6. Enjoy!



[www.spoiledbrat.co.uk](http://www.spoiledbrat.co.uk)

## FOR ALL FULL TIME STUDENTS: Important Health and Dental Information

The opt out deadline for the NEW students starting in the winter 2010 term is Jan. 29, 2010  
NO LATER THAN 4 P.M. ... NO EXCEPTIONS AFTER THIS DATE.

For students who started in the fall 2009 term and missed that deadline to opt out:  
You cannot opt out until the fall 2010 term.

The family add on deadline is also Jan. 29, 2010, no later than 4 p.m.  
Students may add their spouse and/or children to the medical and/or dental plan for an additional fee.  
For the family add on price list, visit the Student Benefit Office.

For any questions please contact the Student Benefit Office:  
Room E-125 between 9 a.m. and 4 p.m. (unless indicated otherwise on the office door)  
Phone: 780-471-7730 Fax: 780-491-3058  
(Please make sure you call our office after faxing something to make sure we have received the documents)



# City centre adds a classic

By BRIEANNA McCUTCHEON

Goodbye Edmonton Art Gallery, hello Art Gallery of Alberta. Once inside the interior of the Art Gallery of Alberta, an art piece itself, one is overwhelmed with the uniqueness of its structure. This is the first building of its kind in Edmonton and it is quite the accomplishment.

Randall Stout Architects Inc. won the competition that decided who would build the Art Gallery of Alberta. He designed it in a way that when looking at the sculpture from the outside it draws your eyes inwards and vice versa. He used the same material to build the gallery on both the exterior and interior to achieve a spacious and inviting atmosphere.

Once inside, it is hard to miss the sky-high walls.

"It's a way to look at your city in a new way," says Sarah Hoyles, the AGA tour guide. "The building is also made from 90 per cent recycled steel."

By using recyclable material, the building still keeps a part of the history of the old Edmonton Art Gallery.

The Art Gallery of Alberta is located downtown, making it easily accessible to the general public. The LRT station also connects to the bottom floor where a Starbucks coffee café greets customers before they delve into more than 6,000 permanent works of art. The expansion of the AGA during renovations increased the exhibition space from 16,000 sq. ft. to 30,000 sq. ft.

This fascinating building is a must see and students of NAIT should try to take time out of their busy schedules to pay a visit. The grand opening for the general public will be in early February and people can go to [youraga.com](http://youraga.com) to find out more information. After a fulfilling afternoon of amazing artworks the gallery accommodates a restaurant where visitors can satiate their appetites. In addition, the admission rates are affordable costing \$8 for students and youth and special rates for family passes.



[forum.skyscraperpage.com](http://forum.skyscraperpage.com)

Edmonton's new art gallery is a work of art itself.

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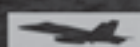




## WANTED: MECHANICS

"As a Canadian Forces Army Mechanic, my weapons are my wrench and training. When I repair a vehicle it's ready for anything, which keeps my team safe, and mission-ready."

Master Corporal **SHAUN MACKENZIE**



## RECHERCHONS : MÉCANICIENS

« En tant que mécanicien des Forces canadiennes, ce sont ma formation et mes outils qui m'arment pour faire face à toutes les situations. Quand je répare un véhicule, mon équipe peut partir en mission en confiance. »

Caporal-chef **SHAUN MACKENZIE**

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Canada





Linda Hoang  
and  
Kathy Le

# What kind and colour of underwear are you wearing right now?



"American Eagle, blue."

**Breanne Eakeatt**  
Court Reporting



"Boxer, black."

**Chris Hyland**  
Avionics



"Boxer, plaid."

**Dylan Ryan**  
Occupational Health  
and Safety



"Briefs, white."

**Jason Reay**  
Refrigeration and  
Air Conditioning



"Full panty, black and white."

**Samantha Loveridge**  
Retail Meat Cutting

# Dr. CONwisDOM

Dear Dr. ConWisdom,

I recently met a guy who is absolutely fantastic. He has all the qualities I've always wanted in a man – with one exception. Whenever we finish having sex, he calls his mother and gives her a full summary of the action. I'm not sure exactly how he developed this habit, but it's pretty awkward when we go for dinner at his parents' house and she asks me, for example, how my anus is feeling. I know family is important to my man, but how can I get him to stop this behaviour without pushing him away?

– TMI

Dear TMI,

So mom wants to know how your butt hole feels after a little anal play, huh? So, how do you find out if she's simply interested in helping you two have a healthy sex life, or if there's a little more of a Norman Bates-in-Psycho thing going on here? Give this a try. The next time you are over at her house and one of those awkward conversations starts up, turn the tables and ask her about her sexual escapades with Gramps. If this doesn't slow her down, invite her to sit on the sidelines during your next romp and give you pointers. Make sure you do this while your guy is within earshot. If he doesn't jump right in and put the brakes on your invitation, that's enough to know that this mother-son relationship is a little too close for comfort, and you should run away very fast without looking back.

...

Dear Dr. ConWisdom:

I can't seem to orgasm anymore when my guy goes down on me. It's been going on for a month now and it's never happened to me before. I'm totally bummed that I'll never be able to again. What's wrong with me?

– Missing the O

Hey missing the O, let's help you find it as soon as possible. Most people don't know that your mental state during

your steamy romp session plays a huge role in how you finish or if you finish. What are you thinking about when his head is between your legs? Best thing to do is to clear it and think of something that turns you on. Stress could be another reason, especially if something drastic has happened in the last month. If your man's performance is lacking, then you should tell him. He'll appreciate it. Lastly, if nothing else works, I like to introduce you to my friend called the rabbit.

...

Dear Dr. Conwisdom,  
I have been having sexual fantasies about my Sociology professor and it's been so bad that I can't concentrate in class. I've been going for after school help, but not for homework at all. Should I just wait it out and move on?

– Hot for my teacher

I like being adventurous, so I wouldn't let this little fantasy pass by. However, I wouldn't go into his office, spread my legs and jump on him tomorrow. Read his body language and manner to see if he's into you. Dress a little provocatively to

lead him on and see if he'll follow your hints. Nothing is hotter than student-teacher sex in the office.

...

Do you have any personal questions you want to have answered? Just send an e-mail with your concerns to [conwisdom@nait.ca](mailto:conwisdom@nait.ca) and your sex doctor will have your "prescription" ready for you the following week!

## Poll clerks needed

Duration: Feb. 11, 2010

Compensation: \$14/hour

- Poll clerks needed for the NAITSA Senate election polling stations on Feb. 11, 2010 (10 a.m. to 2 p.m.).
- Must have a strong command of the English language and have a complete and clear understanding of the democratic election process.
- All poll clerks must attend a training session on Monday, Feb. 8 at 4 p.m. in E-129. All clerks will be paid to attend.
- Poll clerks must have a complete understanding of the online voting process and be comfortable in providing guidance to students.
- Apply in person at the NAITSA office, E-131 from 9 a.m.-4:30 p.m.





# Your horoscope



MADAME O

## January 14-20

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

### Aries (March 21-April 19)

Thinking and doing are two separate things. However, thinking about what

you're doing is always a good idea.

### Taurus (April 20-May 20)

You can ask almost anything of anyone today and won't be refused, so milk it as much as you can.

### Gemini (May 21-June 20)

If you find a penny, pick it up! Luck is on your side this week, so don't be afraid to drop some cash on a scratch card.

### Cancer (June 21-July 22)

You may get some funny looks from peers later on this week ... turns out your karaoke performances were almost too memorable.

### Leo (July 23-Aug. 22)

Is your hangover lingering too long

this week? Try ditching the usual McMuffins and go for some watermelon.

### Virgo (Aug. 23-Sept. 22)

If you're feeling unsure of yourself, chances are you're worrying for no reason – again. Banish those uncertainties and let loose!

### Libra (Sept. 23-Oct. 22)

Don't let other people dent your self confidence. Your mother isn't the only one who thinks you're special.

### Scorpio (Oct. 23-Nov. 21)

Until science figures out what that red lump is on your forehead, stop picking at it.

### Sagittarius (Nov. 22-Dec. 21)

Clumsiness is upon you this

week. Stay alert and save yourself from any potential walking-into-door moments.

### Capricorn (Dec. 22-Jan. 19)

Accomplish more this week by working in a team. You might not always see eye-to-eye with your teammates, but sometimes tension can trigger creativity.

### Aquarius (Jan. 20-Feb. 18)

You may meet the love of your life today! And they might elope with someone else tomorrow.

### Pisces (Feb. 19-March 20)

I have nothing. You're way too sexy for this horoscope. The only thing left to do is sign up for the Hot Single of the Week.



TIP OF THE WEEK – FROM NAIT SECURITY SERVICES

## Protecting your identity



Identity theft is the unauthorized acquisition, possession or trafficking of personal information. It is also the unauthorized use of information to create a fictitious identity or to assume an existing identity. This is done to obtain financial gain, goods or services, or to conceal criminal activities.

Identity theft presents a serious threat to public safety. The impact of identity theft is felt by government, business and the public. The two major credit bureaus, Equifax and Trans Union, indicate that they each receive approximately 1,400 to 1,800 Canadian identity theft complaints every month.

### Be vigilant. Protect yourself!

Theft of your identity can occur by Internet, telephone, fax or through the mail. Everyone must be vigilant in protecting themselves against loss.

### Be proactive in fighting identity theft.

Learn and use safety measures to minimize the chance of becoming a victim. Be wary of unsolicited e-mails, telephone calls or mail attempting to extract personal and financial information. Ask yourself if you need all of the identity documents in

your wallet. Remove any cards you don't need and store them in a safe place.

### Be careful about sharing personal information.

Provide personal information on the phone, mail or Internet only when you have initiated the contact or know who you are dealing with. Someone with your SIN or birth certificate can pretend they are you and make fraudulent financial transactions.

### PAYMENT CARDS (CREDIT AND DEBIT)

- Periodically check your credit report, bank and credit card statements. Report irregularities promptly.
- Don't lose sight of your credit and debit cards during transactions.
- Shield your PIN when using your debit card.
- Memorize all PINs. Do not write them on the cards.
- Change your PIN regularly.

### MAIL

- Shred personal and financial information before putting it in the garbage.
- Protect your mail. Deposit outgoing mail in post office boxes and remove mail from your mailbox promptly.

- If you are unable to pick up your mail, have someone pick it up for you.

### WHAT TO DO

1. Act immediately. Report the incident.
2. Notify creditors and/or financial institutions immediately.
3. File a report with the Edmonton Police Service.
4. Cancel credit and/or debit cards.
5. Check your credit file with both credit bureaus (Equifax and Trans Union).
6. Report fraudulent activities to:
  - a.) Reporting Economic Crime Online: [www.recol.ca](http://www.recol.ca)
  - b.) Phonebusters\*: 1-888-495-8501 [www.phonebusters.com](http://www.phonebusters.com)

*If you have information about a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). Your identity will remain anonymous, and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.*

Everybody benefits, except the criminal.

## Riders in the (winter) storm

By MADELEINE CUMMINGS  
McGill Daily

MONTREAL (CUP)—Braving harsh temperatures, snow and strong winds, some cyclists continue to commute by bike all year round. In the winter, biking remains a sustainable, affordable and effective method of transportation. It's easy, it's exercise and it's not as crazy as you might think.

Before getting ready to ride, make sure both you and your bike are prepared. Start by choosing your tires. Mountain bike tires provide the best grip, but road tires cut through snow more effectively. Look for a narrow tire with knobs so you can benefit from the advantages of both types. Studded tires, which are specifically designed for riding on ice, are also available, but most riders agree they are unnecessary – especially in a city.

Krzysztof Welfeld, a volunteer at the Flat, a bike collective in Montreal, recommends getting a

cheap bike to ride during the winter.

"Unless you are prepared to clean your bike after each ride and overhaul it every month your favourite bike is going to suffer a lot of damage over the winter."

To prevent some of that damage, there are things you can do to maintain your bike. You should lubricate your chain once a week for 10-15 minutes and keep the chain and brake pads clean.

Store your bike inside (unless it's above 0 degrees outside, but who are we kidding?) in order to keep it from rusting or being snowed on. Student Michael Prebil suggests removing the seat post and flipping your bike over in order to drain any water that might have leaked into the frame.

There isn't much equipment you need to buy before riding, but a fender is crucial for keeping you dry. Also, ensure all lights work properly, and

don't forget to turn them on if it's starting to get dark. "Drivers don't expect to deal with cyclists during the winter, so you want to stay visible," Welfeld says.

When dressing to ride in the winter, it's important to layer. Avoid cotton because it will soak up sweat and cool you down. Opt for a wool sweater or fleece, plus a lightweight waterproof jacket to break the wind. Remember that cycling is exercise and it will increase your body temperature, especially around your core. Overdressing will just make you sweat.



Double-layer gloves, wool socks and a toque will help keep your hands, feet and head warm. But don't sacrifice a helmet for a toque.

Prebil advises wearing both: "Keep your head warm with a cap underneath your helmet, as riding with an exposed head in sub-zero temperatures can cause debilitating headaches."

Cam Novak, creator of Montreal's Cycle Bird Courier, says: "Everyone has their own style," but he makes sure to wear a protective face mask, sunglasses and thermal spandex. On his feet are clipless winter mountain-biking shoes with stretchy slipover covers. He suggests tying a bandana around your neck to protect the skin there.

"Winter biking is a fun learning process, says Welfeld. "You need to relearn your biking technique, how to deal with the types of snow and ice, and how to balance and stop well, but in the end it's a wicked thrill and a good way to stay warm."



# HOT SINGLE OF THE WEEK



Photo by Raymond Ip

## Elisha Berk, 19

**Favourite feature in a man?** I like dark eyes and the smell of his cologne.

**Classic dinner and movie date or something different and adventurous?** Something fun ... like a hockey game.

**Best thing you like about yourself?** I'm social.

**Favourite body part in a guy that turns you on?** Oooh, that's a tough one ... there are so many. Nice arms are good.

**Money, personality or looks?** Personality.

**Three words your friends would use to describe you:** Bubbly, friendly and spontaneous.

*Are you hot and single? E-mail us at [entertain@nait.ca](mailto:entertain@nait.ca)*

## STUDENT OPPORTUNITIES

NAITSA (NAIT Students' Association) is now accepting applications for the following:

### **IMAGINUS POSTER SALE FEB. 1 & 2**

We are looking for reliable people for:

- **Setup:** Three students from 8:30 a.m.-11 a.m.  
\$12/hr, heavy work.
- **Daily advertising:** Two students Feb. 1, 2; 11 a.m.-1 p.m.  
\$10/hr, light work
- **Breakdown:** Three students Feb. 2 5 p.m.-7 p.m.  
\$12/hr, heavy work

### **NAITSA VOLUNTEERS**

If you are interested or would like more information on the current volunteer opportunities, please contact me at directly at [tbernard4@ookmail.nait.ca](mailto:tbernard4@ookmail.nait.ca), for I will be away until Jan. 25.

#### **Big Brothers Big Sisters**

Magical computer club, Somali homework club

#### **The Canadian Cancer Society**

Various opportunities

#### **Communication Co-ordinator**

Set up and run group speech practice sessions with students.

*For more information on volunteer opportunities at NAITSA, please e-mail [naitsavolunteers@nait.ca](mailto:naitsavolunteers@nait.ca)*

## Big Brothers Big Sisters

Kids with great mentors are more likely to attend schools like NAIT immediately after graduating from high school. Volunteer today through one of the flexible mentorship programs with Big Brothers Big Sisters. You don't have to change your life to change theirs.

**Call 780-424-8181**

**or apply online at**

**[www.bbbsedmonton.org](http://www.bbbsedmonton.org)**

## **Do you want to drive a high performance, flashy vehicle??**

The NAIT Arena requires a part-time Zamboni driver

We require you to have the following:

- Zamboni/arena operation experience  
(We will train suitable candidate)
- First aid/CPR/AED training (or ability to obtain)
- Good customer service and work ethic

We offer the following:

- \$15.61 per hour
- Holiday pay of 11.2 per cent
- Evening & weekend shift differential

*For more information, or to drop off your resume, contact:*

**TERRY BAUMGARTNER**

*Arena Operations Supervisor*

*Room S-218*

*780-471-8699 [terrybau@nait.ca](mailto:terrybau@nait.ca)*



# CLUBS CORNER

## Upcoming events ...

### De Fe Arts

**What:** Get dirty With Art Fundraiser

**When:** Feb. 24; 8 a.m.-4:30 p.m.

**Where:** NAIT Main Campus South Lobby

### NASS

**What:** 50/50 Candy Guessing Contest  
(50% of profits and all candy goes to the winner) \$1 per guess

**When:** Jan. 11-28

**Where:** L-254 Paperstore Engineering Annex

### NASS

**What:** Cookie Dough Sales

**When:** Jan. 18 to Feb. 12

**Where:** L-254 Paperstore Engineering Annex

### Muslim Club – NAIT

**What:** Prayer

**When:** Fridays 12:30 p.m. and 1 p.m.

(Please come 10 minutes before prayer)

**Where:** J-112

The Juuma will be in Arabic and English.

### Business Connex

**What:** Weekly Meeting

**When:** Mondays 4:30 p.m. to 6:30 p.m.

**Where:** T-411

### Animal Health Technology 2011

**What:** Guessing Contest

**When:** Jan. 27, 28; 11:30 a.m. to 1 p.m.

**Where:** Outside the Common Market

### MECSA

**What:** Beer Gardens

**When:** Friday, Feb. 5

**Where:** 8th Floor Tower Lounge

## IMPORTANT CLUB NEWS

**New Club Centre Hours:** Monday to Friday 8 a.m. to 5 p.m.

**FORUM:** It's up and running! Join up,

make yourself a name/avatar, and find out the latest club news/events.  
<http://nait.ca/Forum/>

**Clubs Showcase:** Get hyped about clubs on Campus! Join a club or start your own! Feb. 3, 11 a.m.-1 p.m. South Lobby.

NAIT  
Photographic  
Technology  
annual

THESIS NIGHT

Monday, February 1, 2010  
7:00pm - 10:00pm  
NAIT Main Campus - Shaw Theatre  
11762 106 St NW  
FREE ADMISSION

CONSTRUCTION ENGINEERING TECHNOLOGY PROUDLY  
PRESENTS THE FIRST ANNUAL

PONG TOURNAMENT!

BE AT THE  
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FEBRUARY  
11<sup>th</sup> FOR  
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ON PONG  
ACTION

\$3.00 BEER  
\$2.00 PIZZA

TEAMS OF 2!

GRAND PRIZE FOR THE WINNERS!

CLUBS  
SHOWCASE  
FEBRUARY 3, 2010

COME CHECK OUT ALL THAT THE CLUBS ON CAMPUS HAVE TO OFFER!

WHERE SOUTH LOBBY  
WHEN 11AM - 1PM  
WHAT VISIT THE BOOTHS OF  
CURRENT CAMPUS CLUBS

Fast to the Campus Clubs Manager  
if you are interested in starting  
a club or joining one!  
[campusclubs@nait.ca](mailto:campusclubs@nait.ca)

MEET NEW PEOPLE SHARE YOUR INTERESTS HAVE FUN

For more info on registering for this event, or how to start or join a club,  
email [campusclubs@nait.ca](mailto:campusclubs@nait.ca), or call 780-471-5671, or visit our website

[WWW.NAITSA.CA](http://WWW.NAITSA.CA) facebook

## The All Famous Weatherford Spice



Only \$5/Bottle

Fundraiser for PGC Student Club

Available at the PGC Office (room L223)

or from

Larry Boisvert or John Hirschmiller

## MIKE LIN RENDERING WORKSHOP

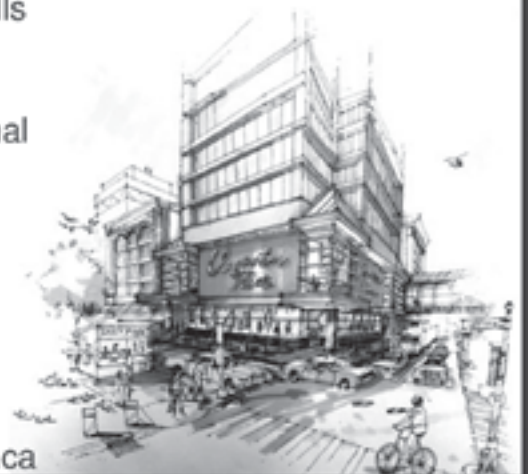
FEBRUARY 17 & 18, 2010 (READING WEEK)  
NAIT MAIN CAMPUS (8:30 -5:30)  
IDT, AT, LAT WELCOME

Improve your drawing & rendering skills  
from one of North America's best

Creat unique graphics for your personal  
portfolios

For workshop examples:  
<http://www.beloose.com>

Tickets \$100. Deadline Jan 29th  
Contact : RM L245 Annex  
Shannon Dore -[sdore2@ookmail.nait.ca](mailto:sdore2@ookmail.nait.ca)





## NOTICE FROM THE OFFICE OF THE REGISTRAR

**ARE YOU GRADUATING IN THE SPRING OF 2010?****CONVOCATION 2010**

Saturday, May 8, 2010

The Northern Alberta Jubilee Auditorium, 11455 – 87 Avenue, Edmonton, Alberta

If you expect to complete program requirements by **Wednesday, June 30, 2010**, you are eligible to attend Convocation. If you plan on attending the Convocation ceremonies in May, you **must order your gown**.

**Deadline for ordering gowns: THURSDAY, APRIL 1, 2010**

Orders will be taken at:

NAIT Bookstore, Room X-114 or by contacting 780-471-7717

Patricia Campus Bookstore, Room P-135

or at Souch Campus – Room Z-154

For more information regarding Convocation 2010,  
visit NAIT's website at [www.nait.ca/convocation](http://www.nait.ca/convocation)

<b>Morning Ceremony</b> <b>Saturday, May 8, 2010 – 8 a.m.</b>	<b>Afternoon Ceremony</b> <b>Saturday, May 8, 2010 – 1:30 p.m.</b>	
<p><b>School of Arts, Science and Communications</b> Captioning and Court Reporting Medical Transcription</p> <p><b>School of Health Sciences</b> Animal Health Tech. Combined Lab and X-Ray Tech. Cytotechnology Dental Assisting Dental Tech. Denturist Tech. Diagnostic Medical Sonography Emergency Management Emergency Medical Tech. – Paramedic Magnetic Resonance Medical Laboratory Assisting Medical Laboratory Tech. Medical Radiologic Tech. Occupational Health and Safety Optical Sciences Contact Lenses Optical Sciences Eyeglasses Personal Fitness Trainer Respiratory Therapy Veterinary Administrative Assistant</p> <p><b>School of Applied Media and Information Tech.</b> Bachelor of Applied Information Systems Technology Computer Systems Tech. Digital Media Design Graphic Communications Photographic Technology Radio and Television (Radio) Radio and Television (Television)</p> <p><b>JR Shaw School of Business</b> Accelerated Accounting Applied Banking and Business Bachelor of Applied Business Administration – Accounting Bachelor of Applied Business Administration – Finance Bachelor of Business Administration Business Administration – Accounting Business Administration – Finance Business Administration – Human Resource Management Business Administration – Management Business Administration – Marketing Records Management and Business Operations</p>	<p><b>School of Hospitality and Culinary Arts</b> Baking Cooking Culinary Arts Hospitality Management Retail Meatcutting Apprenticeship: • Baker • Cook</p> <p><b>School of Mechanical and Manufacturing Technology</b> Auto Body Pre-Employment Automotive Pre-Employment Building Environmental Systems CNC Machinist Technician HVAC Specialist Industrial Heavy Equipment Tech. Marine Service Technician Materials Engineering Tech. Mechanical Engineering Tech. Power Engineering – 4th Class Power Engineering – 3rd Class Power Engineering Technology Apprenticeship: • Auto Body Technician • Automotive Service Technician • Heavy Equipment Technician • Machinist • Millwright • Outdoor Power Equipment Technician • Parts Technician • Rig Technician • Welder</p> <p><b>School of Applied Building Science</b> Aircraft Skin and Structure Repair – July 16/10 grads Architectural Tech. Civil Engineering Tech. Construction Engineering Tech. Engineering Design &amp; Drafting Tech. Geomatics Engineering Tech. Graphic Sign Arts Interior Design Tech. Landscape Architectural Tech. Millwork &amp; Carpentry Apprenticeship: • Boilermaker</p>	<ul style="list-style-type: none"> <li>• Cabinetmaker</li> <li>• Carpenter</li> <li>• Crane and Hoisting Equipment Operator – Boom Truck</li> <li>• Crane and Hoisting Equipment Operator – Mobile Crane</li> <li>• Floorcovering Installer</li> <li>• Gasfitter</li> <li>• Insulator</li> <li>• Ironworker</li> <li>• Lather – Interior Systems Mechanic</li> <li>• Painter and Decorator</li> <li>• Plumber</li> <li>• Roofer</li> <li>• Sheet Metal Worker</li> <li>• Steamfitter-Pipefitter</li> <li>• Structural Steel and Plate Fitter</li> </ul> <p><b>School of Electrical and Electronics Tech.</b> Avionics Engineering Tech. Biomedical Engineering Tech. Computer Engineering Tech. Computer Network Administrator Electrical Engineering Tech. Electronics Engineering Tech. Instrumentation Engineering Tech. Network Engineering Tech. Telecommunications Engineering Tech. Apprenticeship: • Communication Technician • Electrician • Instrument Technician • Power Lineman • Power System Electrician</p> <p><b>School of Resources and Environmental Management</b> Bachelor of Technology in Technology Management Biological Sciences Tech. – Environmental Sciences Biological Sciences Tech. – Laboratory and Research Biological Sciences Tech. – Renewable Resources Chemical Engineering Tech. Chemical Tech. Forest Tech. Geological Tech. Petroleum Engineering Tech. Water and Wastewater Tech.</p>



**Free Online Webinar Sessions:**

February 2, 2010 | 6pm MST

March 2, 2010 | 6pm MST

If you're an international student, join us for a free online webinar about the Alberta Immigrant Nominee Program—a great way for you to become a permanent resident of the province you've grown to know and love. Register at [AlbertaCanada.com/lovealberta](http://AlbertaCanada.com/lovealberta)