

# THE NUGGET

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Volume 48, Issue 6



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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

## CHANGES AT THE TOP

David Janzen named NAIT's acting president and CEO;  
James Cumming new chairman of board of governors, story Page 3



Photo by Laura Dettling

### CLOSE BEHIND

NAIT Ook striker Shane Feria, left, chases down a MacEwan Griffin during the Challenge Cup game on Oct. 3 at NAIT. Ooks won the contest 4-1.



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# NEWS & FEATURES

## Glimpse into the future

By JULIE KRAUS

The Shaw Theatre at NAIT was vibrant last Wednesday with Deloitte futurist Duncan Stewart and the rest of his discussion panel.

Finding out “what’s hot and what’s not in Alberta technology” attracted many local business students, entrepreneurs and venture capitalists to NAIT.

Stewart, who is the director of media, technology and telecommunications for Deloitte Canada Research, had plenty good to say about why he and David Burry, novaNAIT’s manager for enterprise development and technology transfer program decided to do the presentation here at NAIT.



Duncan Stewart

“Edmonton is a technology hub. You’ve got the U of A, great technical schools, and great healthcare – those are your best natural resources right now,” said Stewart.

“Truthfully, Edmonton probably won’t come out with something like RIM [Research in Motion], sort of like how you can’t make Hollywood out of a small town, but there is great potential for all sorts of smaller digital media, and you’ve got great minds coming out of your schools.”

Stewart also said he believes that Alberta will have “tremendous success in cancer research, even if it is not happening as quickly as we may have thought.”

Stewart and his panel discussed with the audience some surprising trends, including the fact that of the 15 per cent of the North American population that use smartphones, only three per cent are iPhones, indicating that while smartphones will continue to be huge, they are not as affordable and massively used as one might think.

When asked what he thought one of the biggest trends are right now, Stewart discussed what he called the “death of traditional media.”

“Advertising is going through an erosion. With so much social network advertising, as in five or six cents spent per ad, more marketing money will be available for developing brands and brand equity,” he said. “The demographics on newspapers are hard, no offence to anyone here, but lots of newspapers are wondering when their last subscriber is going to die.”

**“... lots of newspapers are wondering when their last subscriber is going to die.”**

– Futurist Duncan Stewart

But, Stewart said, newspapers wouldn’t likely disappear altogether.

“Not that there will not be any more newspapers, just fewer and with different funding models,” he said. “Technology is like a one-way ratchet. People will not go back to the old ways any more than I would go look for my old typewriter if my laptop broke. I would simply buy a new laptop.”

Also, many positive things were said about Alberta in terms of the environment.

Stewart described our cleaner coal, water treatment systems and carbon capture, stating

“the marriage between cleaner technology and new media is going to be very sensible.”

When asked whether the presentation seemed beneficial to those who attended it, an attendee said “it definitely gave me a lot to think about. He is a great speaker.”

It looks like the Deloitte futurist left a good impression here at NAIT.

## NAIT food prices take a hike

By DARYLANN HUTCHINGS  
Assistant Issues Editor

As many students return to the lineups in Common Market and Fresh Express, some have noticed some price increases.

“These prices are ridiculous,” said Dustin Stashko, a second semester radio student. “Last time I checked, we’re students. I know there’s a monopoly here, but the recession’s over.”

But while many students have been complaining over the increases in prices, Kathryn Howden, Food Services manager, said NAIT’s price increases are in line with normal business practices.

“Commodities are changing in the open market all the time, so our prices change and we need to have prices that will maintain our business as a successful one,” she explained. “One of the things we want to make sure is

that we are not subsidized by NAIT.”

Franchise brands are completely owned by NAIT, Howden explained, leaving little for NAIT to do in terms of pricing.

“Most students and staff both want franchise brands on campus and I think they lend some excitement and consistent products, so they have prices that are market prices and

we are bound by those,” Howden said.

She said while Food Services fully operates Common Market, business in the Fresh Express is a little bit different.

“Food Services operates the front area and back of the house [but] the four station grills are run by students in the school of hospitality,” she said. “We don’t have any control over the prices.”

However, Food Services did do its research and compared market prices before anything was raised this year.

“Our biggest focus is to maintain the

value and the quality of our product,” Howden said. “When we look at the meal you get at any of our outlets, the value is incredible if you compare it to market standards.”

“For \$6.75 at NAIT you are getting a six-ounce ground sirloin, so a top of the line burger with all the fixes and fries, all for \$6.75. At one of the high end places we looked at, they offered a 5.3-ounce beef burger with cheese only and fries and it’s over \$10. That’s already a 32 per cent decrease,” Howden explained.

Howden also added that a very small percentage of NAIT’s food products actually rose this semester.

“Less than 10 per cent of our products over the summer had a price increase. We were able to maintain over 90 per cent of our prices and we were pretty proud of

that,” she said. “The price increases that we did implement were between one and five per cent of that 10 per cent.”

The commodity prices that increased the most over the last year were things like pork, coffee, dairy and commodities. Food Services prices for coffee in particular, jumped 14 per cent. But Howden said Food Services continues to have two coffee providers to keep the competition healthy.



NAIT photo

Kathryn Howden

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Photo by Karen LePage

James Cumming, incoming chairman of NAIT's board of governors, left, gets together this week with David Janzen, newly appointed acting president and CEO. Cumming is replacing Doug Goss as chairman and Janzen, formerly vice-president administration and chief financial officer, is filling in for outgoing president and CEO Sam Shaw, who is leaving after 13 years.

# New faces in place



**LINDA HOANG**  
Issues Editor

NAIT's president and CEO Dr. Sam Shaw has officially stepped down after 13 years in the position.

After announcing his retirement in July, NAIT's Board of Governors launched an international search to find a new president and CEO but the search – which is ongoing – has taken longer than expected.

David Janzen, NAIT's vice president administration and chief financial officer, has stepped up as acting president and CEO for Shaw as of Monday.

"Needing to have more time to complete the selection process for the new president and CEO and really putting an emphasis on making sure enough time is taken to select the right candidate, they [the Board of Governors] asked me if I would be acting president and CEO," Janzen explained. "I'm pleased to be able to fulfill that role."

While board chairman Doug Goss said last

month that Shaw had intended on staying in his position until a replacement had been found, two factors led to his early departure.

"We had hoped to have a person in place sooner but it became evident that it was going to take significantly longer," Goss said. "Secondly, Sam had an offer in the private sector that he didn't want to pass up."

But both Janzen and Goss said students won't likely see any changes during the interim period.

"I don't think NAIT students should experience any impact whatsoever with the [leadership] changes," Goss said.

NAIT has a four-year business plan currently in place and Janzen expects to "stay the course" and help achieve the school's goals set for this current year.

And NAITSA president Timothy Jobs agreed.

"I think he's simply going to keep the ship steady while we search for a new president," Jobs said.

He adds that having worked with Janzen in the past, he expects nothing but good to come from Janzen's interim period as president.

**"We had hoped to have a person in place (as president) sooner but it became evident that it was going to take significantly longer. Secondly, Sam (Shaw) had an offer in the private sector that he didn't want to pass up."**

**– Outgoing board chairman Doug Goss on the interim appointment of David Janzen**

"I expect him to do a wonderful job."

Shaw declined a request for an interview with the Nugget.

Meanwhile, NAIT is expecting another leadership change next week.

On Sunday (Oct. 10), Goss will step down as board chairman.

James Cumming, who has served on the NAIT Board of Governors for six years, will become the new chairman.

Cumming, a past NAIT graduate himself, said he is excited to take on the position of chair and assured that the board's human resources committee is continuing to search for the best, permanent replacement for Shaw.

"We're right in the middle of our search," Cumming said. "We expect over the next couple

months hopefully that we'll have that position filled."

Janzen is expected to remain as acting president and CEO until at least February of the new year, when he is also set to retire from NAIT.

Cumming will serve as board of governors chair for the next three years.



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## Submissions encouraged: studenteditor@nait.ca

The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

# Letters

## We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



**Municipal  
Election  
2010**

# Mayoral hopefuls

**Municipal  
Election  
2010**

**The Nugget is bringing the seven 2010 city mayoral candidates to NAIT students. Why should you vote for them? Today, two more of the group try to win your votes.**



Supplied photo

**Dave Dowling**

## Dave Dowling

**By CATHERINE YE**

**Catherine Ye (CY):** What are the key issues for your platform?

**Dave Dowling (DD):** My main issues are democracy, environment and poverty. Having democracy will make people feel that they have control over government once they are elected in. People always think that democracy is just a concept but in fact, it is affordable, cost effective and the best form of what government should be like.

Democracy scares some people in the government because it takes the power away from them and puts it back in the hands of the citizens. But a good government will think that the democracy will rightfully belong to its people.

Democracy can be implemented, in a cost effective way. I think democracy is not only just what Edmonton needs but also what the world needs. For environment issues, well, it should be treated seriously. Every time I look at the river, I feel thankful but at the same time concerned about the pollution. So the most urgent solution to the problem of pollution I propose is to upgrade the sewage system. In that case, the raw sewage is not flowing into the river.

I also have concerns about our transportation. So I think we should upgrade all city vehicles to less or non-polluting, eco-friendly vehicles by using a variety of technologies. We Edmontonians have some beautiful parks along the river. I still think increasing the amount of green space inside the city, maybe in some communities that are lacking grassland, is important.

Last one, for the poverty, I myself experienced financial poverty due to personal circumstances and know and have talked with many who are and have been in poverty, so I have some thoughts about this issue. Low-cost housing built by the city would be a vast step towards solving poverty. Getting the people, communities and province and federal governments involved in solving this problem is also one way. By using the financial resources, we can make the life of the poor better.

**CY:** Can you talk about your stance on student-related issues?

**DD:** One of my ideas is the free bus passes. Let me explain this idea a little bit. I see this idea as a part of infrastructure. I know that maybe the city should invest more money in the transportation system, but the sake of the citizens is impor-

tant as well. Moreover [for the money issue], we can get help from the federal government.

**CY:** Why should the post-secondary students vote for you? Can you talk a bit about the experience you have that would make you a good mayor?

**DD:** I am 50 years old, so I have more life experiences than most of you. I am doing an enviro-vision campaign, by not asking for monetary donations, nor killing the environment with elections signs that end up in landfills like a leader should. I also know that poverty and core services are always pressing issues and constantly need government attention from all levels of government. The most important thing is I am ready to be the mayor. I know that to lead is to serve.

**CY:** Why do you want to run for mayor?

**DD:** I stand up for election, the other candidates run. I stand up for election for the good positive change we need. More democracy, more done to protect the environment and we need more done on poverty. I am confident that I can be a good mayor.

For more information about Dave Dowling, visit [www.davedowling.wordpress.com](http://www.davedowling.wordpress.com).

## Andrew Lineker

**By RACHEL JACQUES**

**Rachel Jacques (RJ):** Why do you want to run for mayor?

**Andrew Lineker (AL):** I have been taking a long look over the past few years and feel we have been going in a downward spiral. [I] felt it was time for change, a time for the citizens of Edmonton to be heard. I am from a fifth generation pioneer family that settled in Edmonton during the Gold Rush era. My family helped developed Edmonton. I am proud of



[andrewlineker.webs.com](http://andrewlineker.webs.com)

**Andrew Lineker**

my Edmonton heritage and want to keep the city's heritage alive. I have 18 years experience in the political arena and have studied many formats, political parties and platforms over the years. Politics is my passion. You will see some of those results by going onto my website and tak[ing] a look at my studies. I have the background knowledge and experience to perform duties as mayor of the Edmonton. I want to hear issues from Edmontonians and together we can work out solutions for the betterment of our city. I do not make empty promises like most politicians offer during a campaign. I research everything before I put it on my website. We need to manage the city the same as we manage our homes and finances. We need to separate our wants from our needs.

**RJ:** What are the key issues for your platform?

**AL:** My vision [is] fighting for democracy – democracy for all the citizens of Edmonton. I feel we, the citizens, should be allowed to not only vote for current and future issues, but should be informed where the City of Edmonton is going regarding major changes for development, expansion, taxation, pertinent updates, [and more]. The taxpayers should be allowed to know where money [has] been issued, why it's been issued, and when it's issued. Decisions regarding our way of life are being planned and discussed without our knowledge. We aren't given the right to choose what we want anymore as everything is decided without the intervention or consultation of the taxpayers. We should be given the right to vote on new large plebiscites. Not only have we had that right taken away, but

also by not voting in the past, we have endangered the rights we currently have. If we choose not to vote, we may place our right to vote in jeopardy. There was a 27 per cent voter turnout last election. We placed a small minority of citizens in charge and now we have no voice. We need to hold businesses and people accountable for their actions or lack thereof. We need to acknowledge our seniors and their contribution to our city. We need to stimulate our economy by taking a look at taxes for smaller local existing and new businesses. We need to jump start our economy quickly and stimulate growth and leadership in our communities. Looking at urban sprawl in our city needs an incentive for new buyers to buy existing homes in already established areas of the city. My ETS plan with proposed new LRT lines has been thought out with a greener view [and] more efficient routes. We need to protect our citizens and we need to develop an open line with the police force and increase our beat patrols. Our water is [also] very important. It meets the bare standards as set out by the federal government; however, our water doesn't have enough alkaline to kill off cancer, for instance. We need to exercise caution and our health and look at increasing the alkalinity and soften our water. It will save on our health system; replacement of faucets, pipes, soap, razors, etc., and all for the same cost of the funding the city gave to the zoo last year. Why were our utilities sold out to an American company? And why did we only find out about it after it was all said and done? When speaking with many people while door knocking starting last April, these issues were criti-

cal and need to be addressed.

**RJ:** Can you talk about your stance on student-related issues?

**AL:** After speaking with members of the student executives last week, I empathize with your plight for the need of student residences on NAIT and expansion of the facility. I would like to see this addressed for new and existing students. I would like the city to co-operate and work with NAIT in order to develop new residences or dorms as soon as possible, as they are long overdue. I realize that the traffic flow to and from NAIT is difficult and the LRT won't be available to NAIT for at least four years from now, so we must address this issue immediately by proposing new and innovative ideas.

**RJ:** Why should NAIT students/post-secondary students vote for you?

**AL:** I believe that post-secondary education is extremely important. In fact, NAIT is the key focal point educational facility for trades people, engineers, drafts people and the list goes on. [Also] NAIT is crucial to development in our north. We need to facilitate the students of NAIT to help them further their education. Students are our future and we need listen to their needs and work together now and in the future.

**RJ:** Is there anything else you would like to tell NAIT students?

**AL:** Now is your chance to make a statement about your future and Edmonton's future. You need to get out and vote on Oct. 18. Let your voice be heard. If you have future queries or concerns, please feel free to contact my office or check out my website.

For more information about Andrew Lineker, visit [www.andrewlineker.webs.com](http://www.andrewlineker.webs.com).



# Green roof project



**DARYLANN HUTCHINGS**  
Assistant Issues Editor

Students in the Bachelor of Technology in Technology Management (BTech) Capstone Applied Research Project course are thinking green – green roofs that is.

Green roof projects are all about discovering what different types of vegetation and plant life can sustainably grow on rooftops. Their objective is to provide insulation, help lower urban air temperatures and filter pollutants and carbon dioxide out of the air.

NAIT's green roof project allows students to test many different types of vegetation that can be best suited for Edmonton's harsh climates.

Dr. Leonie Nadeau, senior faculty

researcher for the school of resources and environmental management at NAIT, explained that students are hard at work on the project.

"There are three Capstone students. There are also Wagner high school students involved," Nadeau said. "There are three horticulture courses they offer and a module in one of the courses is a green roof top."

Wagner students have a lab assigned to them, where they are partnered with NAIT Capstone students. NAIT students bring samples of their work for the Wagner students to learn with.

Nadeau explained the two teams have a lot of good corporations partnered with them and that they have started to see the challenges of the project since it began. But the project hasn't been without its bumps.

"The only thing that was unexpected was all the logistics that goes with it," Nadeau said. "It takes months and months and months for everything to be planned and worked out"

Each of the Capstone students put eight hours of work into the project last Saturday when the students viewed the Williams Engineering green rooftop at 10010 100 St.

On average, each student involved in the project spends about eight hours a week working on the project. The entire work for the project not only includes a hands-on portion, but there is paper work and extra tasks that also need to be completed.

As for the success of the project, Nadeau explained that everyone involved is excited.

"Everyone involved is very excited and the B-Tech program people are really interested in keeping this project going," she said.

And the project has continued to get more partners. Nadeau said there is a small project recently started with the Waste Management Resource Centre.

"We started some work there last semester and we are working with containers. The procedure that we are using is the same as the green rooftop but the only difference is we can move the containers," she said.

It takes three years for a green rooftop to be established.

NAIT students are doing the project for one year and expect to be completed by next April.



Photos by Fletcher O'Grady

## HELP!

This student, above, seems to be in a predicament on Sept. 30 during NAIT's annual bridge building contest for the Construction Engineering Technology program. A different student, below, shows what happened to those who couldn't hang on. Students had to construct, test, cross 15 times and then dismantle a rope suspension bridge across Whitemud Creek. The team that did this in the shortest time won.



# NAIT biz students enter contest

By **NICOLE de CHAMPLAIN**

ICBC is an acronym that doesn't mean much to NAIT students, but for three business students, it's been something that has been taking up a lot of their free time.

The Inter-Collegiate Business Competition is an invite-only, international business contest – Canada's premier undergraduate case competition and NAIT students Candice Bolton, Katie Mohr, and Govind Pillai are three students who will be representing NAIT.

"The criteria within our school as to who could be on the NAIT team was basically presentation skills, team work skills, initiative to succeed, drive to win, awesome GPA overall in all classes, a strong understanding of business strategy and excellent analytical skills," said Bolton.

Prior to competing in this contest, Bolton and Mohr participated in the ICBC Dean's Case competition, another highly recognized business contest.

They said their experience and success

has helped them grow and prepare for this competition and their future career and is also helping put NAIT on the map.

"By competing and placing, we are beginning to get recognized as a strong team within the competitive world and are being asked to take part in others," Mohr said.

This will be the 33rd annual ICBC competition and only the most promising business schools are able to enter.

The competition is based in Kingston, Ontario at Queens University and only the top six teams of each section will be competing in the final round on Jan. 6-8.

Until then there will be many different tasks that the teams – including Bolton, Mohr and Pillai's team – will have to complete in order to qualify.

Bolton and Mohr credit their participation in business competitions to one man in particular, who they say has inspired them to take part in these competitions.

"[Don Ausman] is the driving force in getting NAIT students involved in busi-

ness competition," Mohr said of her business instructor who has helped the team throughout their competitions and has taught them here at NAIT.

Thanks to Ausman, Bolton said that they have a great amount of self-confidence.

"His strong belief in our abilities really rubs off and we believe in it too. We are going to win this," she said.

There are eight parts in the competition, but NAIT's team will be competing in the Business Policy Event.

"We integrate all the streams of business – finance, marketing, HR, accounting and do a case that is all-encompassing," Mohr said.

The team said this is a great chance for them to develop business skills, get their resume out there and make some great connections.

"In all these types of competitions the win includes a monetary prize, but furthermore is the school recognition and pride," Mohr said.

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*Linda's Tech Talk*

# The magic of Twitter



**LINDA HOANG**  
Issues Editor

This is my obligatory Twitter column.

Last fall I wrote one of my very first Tech Talk columns on Twitter and its uses, why people should join and how it isn't going anywhere.

One year later, you can see that it hasn't gone anywhere; people should still join if they haven't, and it's proven to be very useful.

I'm a huge advocate for Twitter.

I consider myself one of the early adopters (I joined in 2007 and am listed as a member in the seven million range, whereas now the latest members are listed in the 35 million range), and I'm basically on it all day, every day.

Over the past year, Twitter references have been made in popular movies and television shows. You've probably heard of how Twitter has helped charities, how it has been used to break and track news as it hap-

pens, and how celebrities have all, for the most part, come to embrace this particular social network and use it as a means to both reach out to their fans and also become more egotistical.

But if, despite all the Twitter buzz, you still don't know what it is or how to use it, here's some points to note.

Twitter "tweets" are updates on what you're doing, what you're thinking, and your contribution to particular topics or questions circulating on the network at any given time of the day. Oh and you also only have 140 characters to express these thoughts.

I know a lot of people still don't "get" Twitter and many think it's stupid, but I can't say enough good things about this social network.

It's one of the greatest communication tools of the past year. It's personally put me in touch with countless Edmontonians who are all interesting, involved and so damn helpful. It's connected me to local media outlets and adding to that, it's put me right in the action of breaking news.

You really can't beat the feeling of reading what's happening as it happens. From the second-by-second breakdown on hostage situations to damage done by storms, Twitter has proven it's a great source to monitor and contribute in breaking news.

More recently, Twitter has proven to be



What's happening?

writing about Twitter for this week's Tech Talk column in the Nugget!

71 Tweet

a very important platform for the upcoming municipal elections. Candidates vying for a top spot are smart to tap into the city's Twitter community. It's offering a direct connection between voters and candidates and an instantaneous one at that.

Of course Twitter isn't without its discrepancies. Everyone should approach tweets with caution because you just don't know if things being said are always true, even if it's being tweeted by hundreds or even thousands of people.

Also being on Twitter has really taken what you should or shouldn't say online to a whole new level – you just don't know who can find and who is reading what you're

tweeting. In many cases, people have been fired based on their tweets.

But in Twitter's defence, that "beware of what you put online" holds true for anything posted on the interweb.

Finally, to try and maintain a "what's new about this?" element to this Tech Talk, I'll add that a "New Twitter" is currently being rolled out.

The New Twitter features a slightly new design and is more media-friendly, but still essentially serves as one of the best, most useful social networks ever.

Get on it, and don't forget to...

Follow Linda at <http://twitter.com/lindork>.



## An explosion of jellyfish



### EVERYTHING GREEN

**DARYLANN HUTCHINGS**  
Assistant Issues Editor

Around the globe, a venomous creature is on the rise.

Wondrous and elegant, it has no bones, blood or brains, but the jellyfish has survived in our oceans for more than 500 million years.

Now, its numbers are exploding.

Species of jellyfish around the world are blooming out of control and infesting our oceans.

Australia, Indonesia, Japan and the United States are all feeling the effects.

Scientists warn that the explosive growth of jellyfish populations in oceans and seas around the world is a sign of marine ecosystems being devastated by overfishing, nutrient pollution, global warming and the introduction of non-native species. And the problem is getting worse.

Roughly 500 million jellyfish weighing 450 pounds each are hitting the Sea of Japan on a daily basis and Australian beaches are overrun with them.

Tourist beaches across the planet are being closed on a more frequent basis as more and more jellyfish begin to appear and take over the shorelines.

On top of all this, jellyfish are beginning to clog water intake pipes of nuclear power plants, causing some to have to shut down, including one in the Philippines that resulted in 40 million people sitting in darkness.

Jellyfish are called cockroaches of the sea because they can thrive under many conditions and are now experiencing population booms because of the changes in the oceans, brought on by man-made influences.

The jellyfish is linked to ocean pollution, and in areas called dead zones, where there is little oxygen because of pollution, jellyfish dominate as the only species able to survive there.

As well, the only enemies jellyfish have are sea turtles, and all but seven species of sea turtles are listed as threatened, in decline or endangered.

The warming seas from global warming are also allowing the jellyfish to spread wild and thrive.

One thing to note about the jellyfish is that if it feels harmed or threatened, the female

will expose her eggs, and the male exposes his sperm, meaning all the killing can create a million more. So the upset fisherman hacking the jellyfish up and putting them back in the ocean creates the biggest breeding ground of all.

With most fish stocks expected to be extinct by 2048, all that may be left in the once thriving oceans will be jellyfish, and try as we might, I don't think we will ever see that on the menu at a restaurant.

The jellyfish are an early warning sign of the effects of global warming and man on our oceans.

Unless we do something now, our oceans could become dominated by the jellyfish, ultimately making it one of the most dominant species on the planet.

Anyone with thoughts or topics for Everything Green, e-mail me at [issues@nait.ca](mailto:issues@nait.ca)



ImageShack

Japanese fishermen's nets full of jellyfish.



# OPINION

— Editorial —

## Are we going to the dogs?



**KATHY LE**  
Editor-in-Chief

I was perusing articles on the Internet the other day and I ran across a story about how dogs can now tweet on Twitter. Yes, dogs can also use this popular social media. Crazy, huh? It's called Puppy Tweets and it's an electronic dog tag with a sensor that detects the animal's movements and sounds,

which are sent as a tweet to a Twitter page that you set up. The first thing through my head was, this is ridiculous. I mean, kudos to some tech genius who clearly had way too much time on his/her hands, but are you serious? The next thought was, are we going too far when it comes to owners and their canines?

### What happened to playing fetch?

Whatever happened to the days when playing fetch was enough to entertain your dog? Now, obviously the dogs haven't become high maintenance for their owners. It's not them requesting to have a ridiculous amount of money spent on them. The finger points to the owners. Why has the move to start spoiling pets become so popular? Dogs are animals, not humans. I understand many people would beg to differ and claim their four-legged friend is part of the family but all I can do is shake my head. Your pet can still be part of the family, but that doesn't mean they're human, so don't treat them like that. A former co-worker of mine still takes her dog to get acupuncture and buys all these expensive natural herbs just to keep the pooch healthy. My co-worker isn't single and living on her own either. She has a husband and three little kids. All I can say is that money could be spent somewhere else.

I don't know when the exact time was when people started doing this, but I can say that one little dog in Hollywood probably inspired other dog owners to do the same to their pets. The notorious Paris Hilton started toting her Tinkerbell around in a handbag and now it seems everyone else with a small dog in show biz is doing the same thing. Whatever happened to walking a dog? Dogs are supposed to be walked. That's not the worst part – Hilton has a mini mansion built with a chandelier, air conditioning and staircase for all of her 17 dogs. I checked it out and it's 100 times better than my room. It made me feel so low that the standard of living for a bunch of mutts is better than mine. That picture doesn't look right.

### Dogs look confused

Turning away from Hollywood, because we common folks can't compete with their wallets anyway, I looked into what "regular" people do for their pets. Maybe it's not a mansion, but the findings are still outrageous. I stumbled on a site that lists the 15 most ridiculous things people buy for their pets. Have you ever heard of doggy? It's a couples yoga for a dog and its owner. I never knew dogs liked or needed to do yoga. By looking at the photos, the dogs looked very confused. I'm not even sure the anatomy of a dog would allow them to do all those bendy moves required in yoga. Anyway, the teachers say that the activity is more for a bonding experience. In my opinion, I just think it's weird. What about a hotel in Paris that offers VIP services for dogs? At \$400 a night, personal trainers and massage therapists will wait on your pets, their meals will be delivered as room service and they'll get to sleep on custom-made designer dog beds. So does that mean the owner gets to sleep on the floor?

For those who think I'm just being critical because I don't have a pet and I don't know what it's like, well, you're wrong. I do have a dog. We shower him with all the love and necessities in the world and I know he's very content with his life. The only thing I have to do for him to get his tail wagging like crazy is to rub his tummy. That's all. If my dog is happy with everything I'm giving him now, I'll save the hundreds and thousands of dollars for something I'll need for myself.



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Trust us on that. Write us.





# SPORTS

## MEN'S HOCKEY

# Ooks ready for puck drop

By KASSIDY KRUEGER

Finishing fifth out of eight teams in the 2009-10 season, with a total of 29 points, the Ooks men's hockey team has a good chance of beating last year's record, with the help of some key players and their new head coach Serge Lajoie.

After playing seven preseason games the Ooks are beginning to get a feel for the atmosphere established by Lajoie. "A very optimistic environment has been created over the past couple of weeks," he says. "The players will need to continue committing to hard work and trusting in the process for us to achieve the success we are capable of. We might not be the most skilled team; however, I strongly believe we have enough character in the locker room to out-will our opponents."

The men played in a tournament at SAIT this past weekend. They beat the Mount Royal University Cougars, 2-1, but fell short against the host SAIT Trojans, 3-2. In the first game, the Ooks outshot the Cougars 26-21, and won the game with a power play goal scored by Andy Willigar. Jiri Prochazka's hard work in this game was a driving force to the win as well. Lajoie says he is "looking for offensive leadership from Prochazka."

At Saturday's game against SAIT, the Trojans led by two within the first forty minutes of play. The Ooks continued to battle and were rewarded by two power play goals from Jeff Topilko and Willigar. Lajoie said he thought the Ooks were successful in both games.

"Our expectations for this season will be to become a team that is disciplined in our system play, tenacious and resilient throughout 60 minutes, a team that is determined to continually



Photo by Laura Dettling

The men's Ooks hockey team plays an exhibition game earlier this season against Mount Royal.

work to achieve optimal results on the ice and in the classroom," says the coach.

The Ooks' first regular season game is this Friday at

Augustana. Lajoie says he expects Augustana to be one of the teams that will set the standard for this season. By all accounts, his team is ready for the test.

## MEN'S HOCKEY

# Man with a plan

By KYLE GALLIVER

"Very rewarding" is how Serge Lajoie describes his experience so far as head coach of the Ooks men's hockey team. Lajoie is in his first year as a head coach after being brought in this off-season. Prior to this year, Lajoie served as an assistant coach with the University of Alberta Golden Bears for half a decade. He was also the director of hockey schools for the university.

Lajoie brings an impressive playing resume with him that includes playing his junior hockey with the Kamloops Blazers of the WHL and the St. Albert Saints of the AJHL. He also patrolled the blueline for the U of A Golden Bears for five years – where he was a member of the 1992 championship team – before crossing the pond to play five years for the Bad Nauheim Red Devils in Germany.

The transition from playing to coaching began shortly after his retirement when he started working at the Vimy Ridge Sports Academy as



NAIT Athletics

Serge Lajoie

an instructor for the hockey program. Although hockey has always been an area of high interest for Lajoie, coaching was something he never really thought about until he began pursuing it.

Being a coach produces a lot of ups and downs and Lajoie enjoys the new challenges it presents.

When asked about his vision for the future of his team Lajoie explained his five-year plan.

"We want the players to have pride in the little things, the team, themselves and the college," he says, adding that he wants to develop a winning culture and create an identity for the team in year one of the plan.

In year three, Lajoie plans on NAIT being the team to beat. He wants the Ooks to be the "flagship program of the ACAC," with the team winning at least one championship by

year five.

Sounds like NAIT should have a plan of its own: making room in the trophy case for Lajoie and his Ooks.



Photo by Laura Dettling

## SEE YA LATER

NAIT Ouk Adilson Moses-Cuteta turns a MacEwan Griffin around during a game at NAIT on Oct. 3. NAIT won 4-1.



BASEBALL POST-SEASON

# Lots to cheer for in MLB



By MATT DEBEURS

It came down to the last game of the season, but we finally know who's going to compete for the World Series this year. And I'm the so-called "expert" who gets the pleasure of predicting who's going to prevail from round to round. So let's get this party started...

**Texas Rangers  
versus  
Tampa Bay Rays**

The one thing that you can usually say

about every round in the playoffs is that home field advantage plays a part in determining who's going to come out the winner. This probably won't be the case here. Tropicana Field in Tampa is a dump. In the heat of the Rays' race for the division, management had to give away 20,000 tickets to put butts in the seats. Imagine how bad things would be if they weren't one of the elite teams in the AL. Anyway, I think the Rangers' bats will struggle against David Price in

the series opener, but help them pull it out in the remaining games in front of the dozens in attendance in Tampa. A healthy Josh Hamilton will be the deciding factor in this one. Rangers in five.

**Minnesota Twins  
versus  
New York Yankees**

It's incredible to think that this year's Twins team has been better without their All-star Canadian slugger, Justin Morneau, than with him. Since he will be out for the entirety of the playoffs, could Morneau's absence be the spark they need to beat the perennial powerhouse Yankees? Probably not. Even though the Twins have home field advantage and there have only been a few bright spots in a Yankees pitching staff that was horrible down the stretch, I still expect the Twins to fall in this one. C.C. Sabathia will win his start, and Andy Pettitte will clutch up like he always does and their powerful line-up will hit a bunch of dingers. Yanks in four.

**Philadelphia Phillies  
versus  
Cincinnati Reds**

After 13 years of shredding hitters to bits, and winning a Cy Young award along the way, Roy Halladay finally gets his chance at the post-season with the Phillies. Because Roy was

a longtime Blue Jay and I'm a Jays fan, I have a real vested interest in this series because it's going to be the closest I might get to watch the "Jays" in the playoffs for a long time. The potent Phillies pitching staff should see some struggles with the Reds lineup, but not enough to de-throne the reigning National League champs. A deep Phillies lineup tees off on a thin Reds starting rotation and takes it in four.

**San Francisco Giants  
versus  
Atlanta Braves**

All baseball fans know that good pitching is the key to winning games, and the Giants have that in spades. With Matt Cain, Jonathan Sanchez and Tim Lincecum they could have the best five game series staff in the NL. The real question will be if their "offense by committee" can put up enough run support for their pitching. And if you're a superstitious person you can't forget about the "Eric Hinkse factor" for the Braves. I don't know if its blind luck, or if this guy is a baseball savant, but Eric Hinske has been to the last three World Series with three different teams. I know. Weird, eh? Anyway, expect the Giants' pitching staff to carry this team through to the next round. Giants in three. But maybe not, if Hinkse has anything to say about it ...



lehighvalleylive.com

Ex-Blue Jay Roy Halladay is going to the post-season with the Phillies.

## Athletes of the week

September 27-October 3

**Laura Kautz  
Soccer**



Laura Kautz was the player of the game for the NAIT Oaks women's soccer team this past weekend in a 1-1 draw versus MacEwan. Despite being injured and sick, Kautz still managed to play 70 tough minutes. She set up the Oaks' lone goal and was always very dangerous. "Laura has been excellent for us all season," said head coach Sergio Teixeira. "She has battled through injuries and even though she is not 100 per cent, she still leaves her mark on every game. She has been the player of the game twice this year, scoring two goals and setting up a whole lot more". Kautz is a first-year Biological Studies student from Edmonton.

**Mitch O'Neil  
Soccer**



Mitch O'Neil followed up his player of the game award last week with a stellar performance on Sunday in a 4-1 win against the MacEwan Griffins. Scoring the Oaks' first goal just two minutes into the match, O'Neil was a constant threat throughout and also set up two other NAIT goals. "Today Mitch gave us a reminder of how technically gifted he is," said NAIT head coach Jeff Paulus. "It was perhaps his best game of the season as he was always a threat with the ball. He has so much talent and can break down opponents' defensive units single handedly." O'Neil is a second-year Business Administration student from Edmonton.

## NAIT notes ...

By NUGGET STAFF

**Women's V-ball team shows promise**

The Oaks spent last weekend at a tournament in Red Deer and just missed bringing home a medal, winding up fourth in the 12-team field. The squad started slowly, dropping its opening game to King's University College, but rebounded with three consecutive victories over Ambrose, Concordia and Lakeland, earning a spot in the bronze medal match. Unfortunately, the Oaks came up just short, losing once again to King's. Left side hitter Tayler Smith was a standout for NAIT, leading the Oaks in scoring while also playing a strong defensive game. Head coach Erminia Russo Thorpe was happy at times with her team's performance, but says there's still a lot of work to be done. "We had inconsistent play throughout the weekend, particularly in our passing game. When we played well it was very good but there were too many strings of points lost in sets," she said. The Oaks are back in action this weekend in another preseason tournament, this time hosted by Grant MacEwan University. Their first game is Friday against the host Griffins.

**Fedun logs extra miles  
while team plays on**

The Oaks men were even farther south last weekend, playing at a tournament in Medicine Hat. The team emerged with a 2-2 record, earning wins over the host Rattlers and the Lethbridge Kodiaks and losing to Mount Royal University and Keyano College. Head coach Simon Fedun had plenty of praise

for the way his squad handled some unique adversity over the weekend. "I received a call on Saturday that [my wife's] water broke. I got halfway to Calgary and was informed that it was a false alarm so I turned around. That evening at 2:30 a.m. I received another call so I drove back to Edmonton, only for us to be sent home from the hospital again – still no baby," he explained. The next action for the Oaks is in Spruce Grove tonight (Thursday) at 7, when they will kick off the Spruce Grove Composite high school tournament with an exhibition match against King's.

**Women's soccer squad  
earns draw with Grant Mac**

NAIT's women of the pitch gritted out a hard-fought 1-1 draw against the Griffins on Saturday. Leanne Kadatz had the goal, bringing her single-season record total to 20. Head coach Sergio Teixeira had high praise for the way his team handled one of their toughest

matches of the season to date. "[We] got off to a great start, we had numerous chances in the first 30 minutes and we could not capitalize. They scored first and we had to come from behind to equalize. [The] girls showed a lot of grit in the last 15 minutes," he said. In addition to Kadatz's contributions, the Oaks got another strong showing from Laura Kautz, who fought through illness and nagging injuries to play a very solid game. The Oaks played King's last night (score unavailable at press time), and have just two regular season games left next weekend, including a crucial battle with Concordia.





# Truth is better than fiction



## OUT OF BOUNDS

RYAN FLAHERTY  
Sports Editor

In today's world of 24-hour entertainment, we are often so inundated with information that we don't take the time to look at things on a detailed level. We live off headlines, sound bytes and four-sentence summaries in order to stay informed, sacrificing a full understanding of most subjects. When it comes to sports, that means condensing all the important stories of the day into a one-hour nightly show like *Sportscentre* or summing up the news in a series of links on a website. The very nature of the sports news cycle means that we don't often spend a lot of time on the last game or play because there is always another right around the corner.

So, when a documentary series like ESPN's *30 For 30* comes along, it's a welcome opportunity for us to relive some memorable moments in sports history at a much more relaxed, dare I say human, pace. The widely acclaimed – not to mention, widely varied – series has given me a new perspective on a number of significant milestone events and opened my eyes to some of which I was never even aware.

The concept of *30 For 30* is simple – ESPN selected 30 of what they call “today's best storytellers” to each create a

film surrounding an important event in the sports world in each year from 1979-2009. The goal is to give sports fans added insight into the modern history of sports, all while celebrating the network's 30th anniversary.

By all accounts, the results of the project have been phenomenal. I've seen maybe half of the 30 docs so far, and I've yet to come across one that hasn't either fascinated or astounded me, or both. There's *Kings Ransom*, which examines the Oilers' infamous trade of Wayne Gretzky in 1988, featuring present-day interviews with Glen Sather, who can still barely contain his disdain for former Oilers owner Peter Pocklington. Or check out *The Two Escobars*, which tracks the rise and fall of Colombian drug kingpin Pablo Escobar and his involvement in the tragic death of national football team captain Andrés Escobar. Did you like the Matt Damon/Morgan Freeman rugby pic *Invictus*? Learn the truth behind the Hollywood script in *The 16th Man*.

The list goes on. Features on Terry Fox (co-directed by none other than Steve Nash), the USFL, and even the relationship between Mike Tyson and Tupac Shakur highlight this impressive collection. My personal favourite is June 17, 1994, which follows the television coverage of the notorious O.J. Simpson car chase and the profound effect it had on how our society views and consumes celebrity and tabloid news.

But honestly, you can't go wrong with any of these films. I've spoken to casual and serious sports fans alike and I've yet to meet someone who hasn't been impressed by the depth and care these filmmakers have taken in putting the docs together. They appeal to sports fans, history buffs, movie lovers and just about anybody else who simply loves a good story, well told.



timesonline.typepad.com

O.J. Simpson

All in all, I'd say this is probably the best sports documentary series I've ever had the pleasure of viewing. Better even than the NFL Network's epic *America's Game* or Ken Burns' *Baseball*. As a bonus? You get to ponder what the next 30 years will look like.



# NAIT NEWS WATCH

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## UNSPORTSMANLIKE CONDUCT

**GARIT BYINGTON**  
Assistant Sports Editor

It's October, and that means it's time for baseball to become relevant. A nine-inning ballgame has become watchable from start to finish. For a game that is allegedly the great American pastime, with 162 games in the regular season, every at-bat and every pitch does not count for much toward the total numbers at the end of the season.

There are such a monumental number of mistakes committed by a team in the regular season that one mistake just gets lost in the shuffle. However, in the playoffs, every pitch has so much more importance. With playoff baseball, one mistake can result in the loss of a game, and possibly a series. The spotlight shines down, like the sun itself, on every single pitcher-batter showdown when the wonderful MLB playoffs commence.

However, as good as the baseball playoffs are, there is still a mind-blowing error in judgment with regards to the playoff format. Shocking, right, with brains like Bud Selig in charge ...

This best-of-five format in the first-round of the MLB playoffs doesn't make much sense. The NBA figured it out and changed their stupid first-round best-of-five format ... they evolved and adapted. How can the ones in charge of the MLB not notice the players adapt over the years, evolving into big-headed mutant delusional jack-off liars who forget how to speak

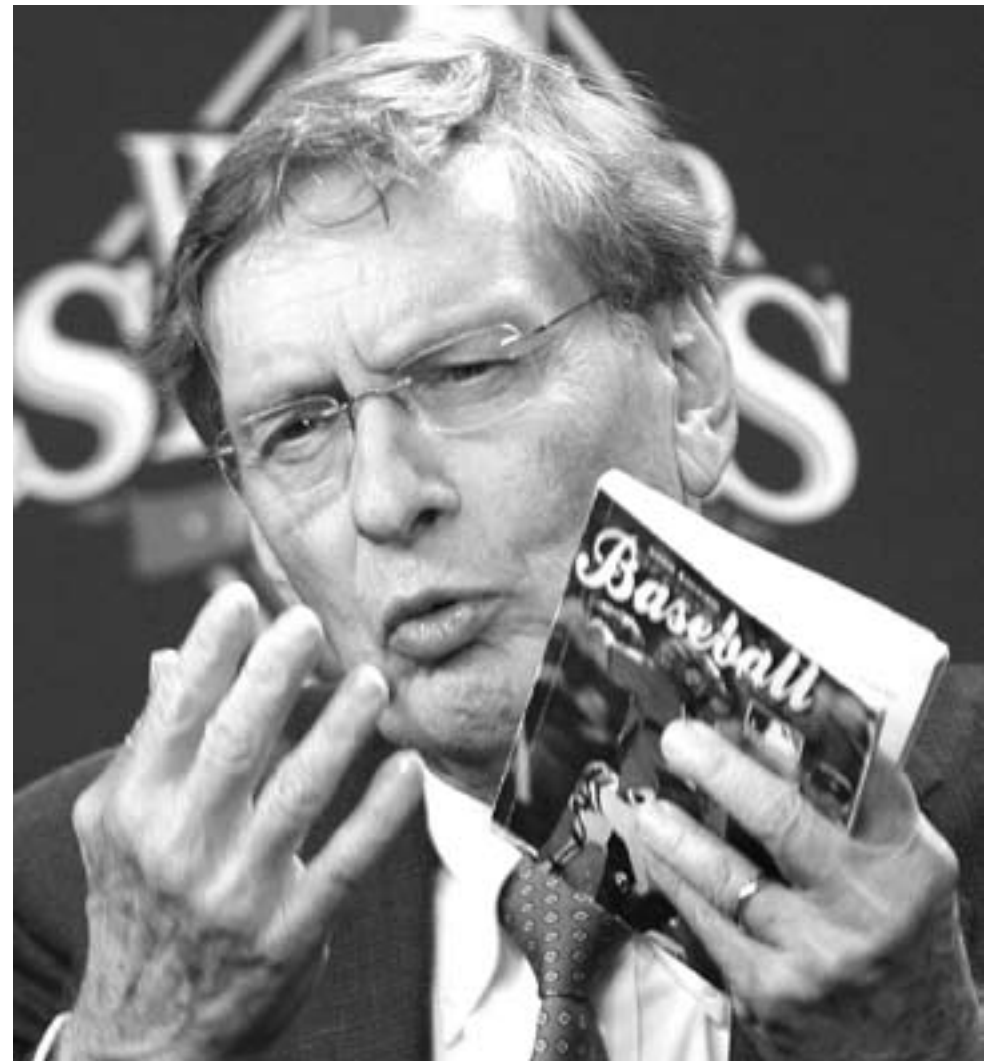
English, and not take it upon themselves to evolve as well?

While Major League Baseball has shown it is open to make moves, or at least discuss rule changes, the best-of-five first-round format seems to never be talked about. I mean, why is baseball even having discussions during the regular season on whether or not to bring in video replay before they talk about changing their first-round playoff format? There have been few missed home-run calls, so why would MLB want to spend tons of coin on video replay? Also, with a best-of-seven format in the first round, the league would make a lot more coin having the extra playoff revenue gates.

How hard would it be to cut out a few regular season games for a playoff format filled with common-sense-making? Well, it is the same country with the college football bowl system.

As an admitted Yankees fan, I am scared to face the Minnesota Twins in a best-of-five. If it was best-of-seven I'd be scouting the Tampa Bay Rays versus Texas Rangers series for the guaranteed matchup against the Bronx Bombers, but if Minnesota can just split in New York in the first two games, they'll have a chance to just have to win two home games in a row to close out the series. So much for home-field advantage. Is the one-time pinstripe debaucher Carl Pavano really playing with the Twins?

You may say the Yankees have that all-important home field advantage in the deciding Game 5. Well, Game 5 has not happened in the Division Series the past 16 series, and Game 5 overall has only been played 22 per cent of the time. Oh ... and when you have home field advantage in those Game 5 gems, home teams are 6-7 in them.



Bud Selig

dailycaller.com



Photo by Laura Dettling

### CLOSE QUARTERS

A NAIT Ook guards a player from B.C.'s Douglas College during a game at the Oktoberfest tournament at NAIT on Oct. 2. NAIT won 103-77.

## Jobs in Athletics

**Soccer Nationals**  
Nov. 10-13, 2010

### Volunteers wanted:

Hosts and hostesses: to travel with the teams and answer questions – may need some who can speak French.

Accreditation – put together

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# ENTERTAINMENT

## K'naan's hissy fit



**ALI YUSUF**  
Entertainment Editor

For someone who doesn't normally attend hip-hop shows, the night was definitely memorable. Whether it was for the sweet beats or the headliner acting out of line, I'm not quite sure, but a very long list of interesting events occurred that night.

K'naan lit up the Empire Ballroom stage Sept. 28 with a little more charisma than expected. His opening act for the evening was a fellow Canadian rapper named Shad.

The show started up promptly and everyone was bouncing around to his tunes. Shad pulled out all the stops during his short-lived 30-minute set. He was thrilling, but as soon as the crowd was really getting into his performance, he had to step aside for K'naan. Or so we all thought.

They ended a great rappers' set early, yet had nothing to replace it with. I assume that the waitresses thought it was a good idea to get people more drinks to get revved up for the show. It didn't seem to work,

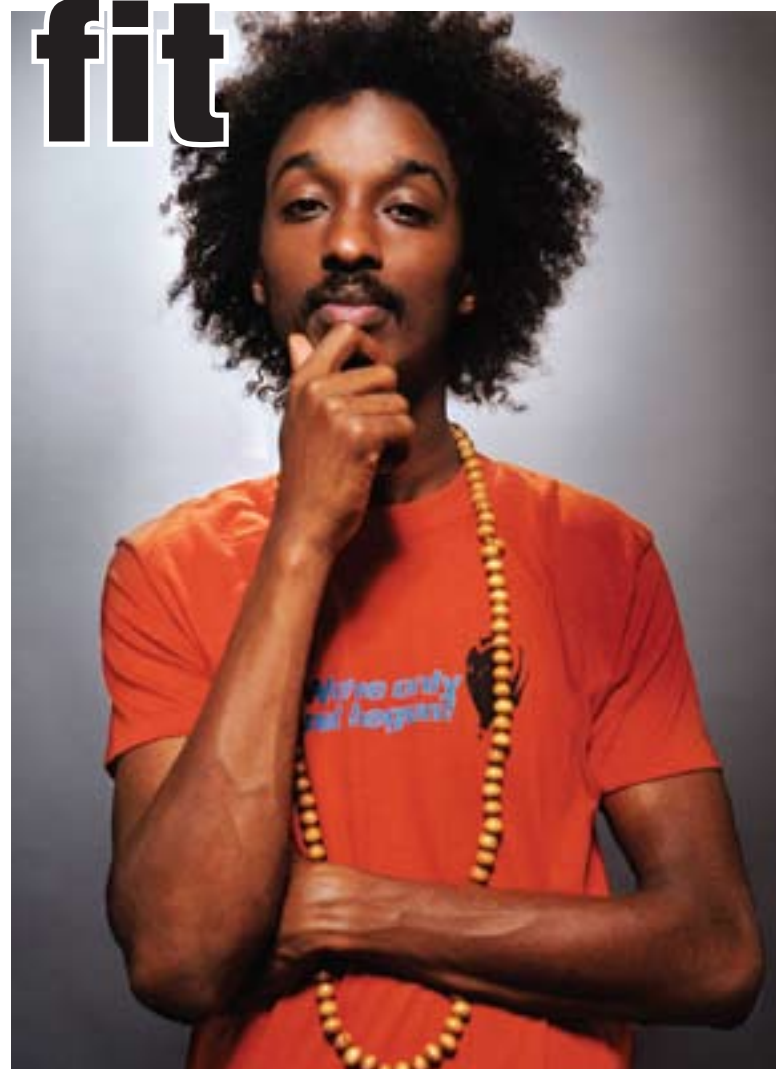
since it took an hour and 15 minutes for K'naan to show up on stage.

Once K'naan graced us with his presence, the crowd immediately shook the cobwebs off and started getting right into it. The set was mainly comprised of his new album *Troubadour*, featuring songs like "Fatima", "I Come Prepared", and his hit single "Take A Minute." K'naan definitely had a lot of presence on stage. He was a very entertaining artist, but I feel the need to tell you that he was kind of a douche.

During his set, he stopped the music and began accusing Edmonton of not selling enough tickets and putting him in the smallest venue on his tour. Douche move, pal. When K'naan was ending the set, everyone knew what was coming – "Waving Flag" – which took about 15 minutes since he wasn't content with how loud people were singing along with him. Coincidentally, the exact same incident happened when he played "Take A Minute," just so we get the idea of how obnoxious K'Naan is.

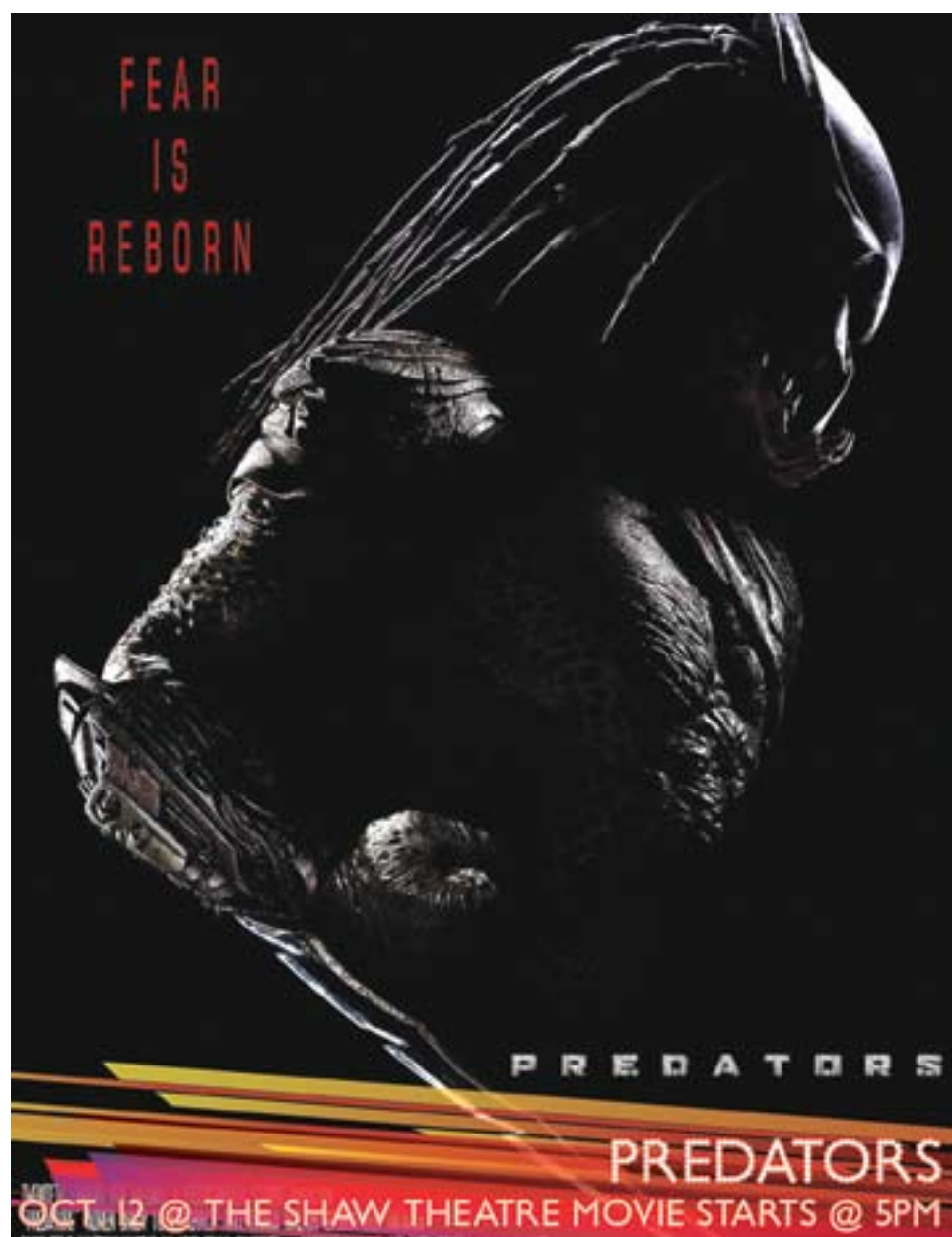
Finally, during his encore, K'naan stopped the music and started talking trash to certain audience members who were talking at the back of the venue. K'naan went on to say, "Don't disrespect me on stage when I am giving you art." The rant went on to a point where K'naan implied that he wouldn't have any problem taking anyone out back and knocking them out. No joke.

Regardless, the night was definitely interesting with some great rap and hip-hop tunes. The aggravated K'naan was definitely the best part of the show.



thecouchsessions.com

**K'naan**





FOR YOUR LISTENING PLEASURE ...

# \$3.99 mixtape ...



By NATASCHA BRUHIN

It's been a month since school started and classes have picked up the pace. Instructors have handed out assignments and upcoming exam dates, and you may be starting to feel the pressure of a busy schedule ... on top of that, you still have a job to maintain outside of school. Naturally, we look for the weekend to bring us relief for two days.

Whether you end up going to work or

are headed to the bar, here are some songs that will definitely put you in a better mood for the weekend:

1. "We No Speak Americano" – Yolanda Be Cool
2. "Stereo Love" – Edward Maya, featuring Vika Jigulina
3. "Telephone" – Lady Gaga, featuring Beyonce
4. "Memories" – Kid Cudi
5. "Only Girl (In the World)"

- Rihanna
6. "I Like That" – Static Revenger, Richard Vission F and Luciana
7. "Hush Hush/I Will Survive Remix" – The Pussycat Dolls
8. "Give It to Me" – Timbaland, Nelly Furtado and Justin Timberlake
9. "Onto the Next One" – Jay-Z, featuring Swiss Beatz
10. "Twist and Shout" – The Beatles

VIRAL VIDEO OF THE WEEK

# Timberlake and Fallon dazzle

By DAVID ADOMAKO-ANSAH

On Sept. 29, 2010 Justin Timberlake appeared on *Late Night with Jimmy Fallon* to promote his new movie, *The Social Network*, which came out last Friday.

This is Timberlake's first big movie since *Shrek The Third*, starring along side Jesse Eisenberg, Rooney Mara, Ryan Barter, Rashida Jones, Brenda Song and a cast of others.

If you watched the interview with Jimmy Fallon, it's what happened after the question period that's probably ingrained into your memory.

With a little help from the legendary Roots crew, Fallon's house band, Timber-

lake did a medley of hip-hop classics from the last three decades.

The two emcees started off with The Sugar Hill Gang's "Rappers Delight," Run DMC's "Peter Piper," Beastie Boys's "Paul Revere," A Tribe Called Quest's "Award Tour," Digital Underground's "The Humpty Dance," Snoop Doggy Dogg & Dr. Dre's "Ain't Nutt'n But A G Thang," 2Pac's "California Love," Notorious B.I.G.'s "Juicy," James Morrison's "The Seed," Eminem's "My Name Is," Missy Elliott's "Work It," Soulja Boy's "Crank That," T.I. and Rihanna's "Live Your Life," Kanye West and Jamie Foxx's "Gold Digger," and finishing off, with some help from the audience, with Jay-Z and Alicia Keys' summer smash hit,

"Empire State of Mind."

The rap duo was able to cover these 15 hip-hop classics in less than four minutes.

To tell you the truth, I thought these two brought the house down.

Maybe we'll see them on tour soon? Or get a record label, perhaps an upcoming LP?

In the meantime, there's always the Internet.

YouTube has been busy removing the videos, due to NBC Universal's copyright grounds, but you'll be able to catch this wonderful medley at [www.hiphopup.com/video](http://www.hiphopup.com/video).

I'd hurry up and check out this video soon though, before NBC catches on. Deuces.


[www.hiphopup.com/video](http://www.hiphopup.com/video)

Jimmy Fallon and Justin Timberlake.

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# NUGGET COMICS



PUNISHMENT IN THE OLD SOUTH J.B.  
Cartoon by John Benesch

## Kate Miller-Heidke refreshing

By CATHERINE YE

One guitar, one keyboard and one singer. As simple as it is, Kate Miller-Heidke managed to sing her heart out at Brixx Bar and Grill last Thursday. Before the performance, I interviewed Kate and she impressed me with both her unique music style and the easygoing personality.

**Catherine Ye (CY):** I heard that you just came back from the Lilith Fair. Can you share some experiences with us?

**Kate Miller-Heidke (KM):** It's a great opportunity for me to be a part of Lilith Fair, which has a long legacy. I did five shows in Canada and the audiences are so cute.

**CY:** Most of the artists in Lilith Fair are women. How do you feel like singing with a

lot of female singers?

**KM:** It's wonderful. People always think that female artists can only create a certain type of music. It is completely wrong and offensive. Lilith Fair makes everyone aware that people actually love the music made by female artists. [It] wasn't just one type of music, it compacts all aspects of music. Female singers can create an amazing diversity of music.

**CY:** Your new album called *Curiouser* was just released recently in Canada. What is the main idea of this album and what do you try to tell your listeners though it?

**KM:** I want to make this album as an innova-

tive, fearless, pop album. I was inspired by some of my favourite artists, such as Queen. I wish my music [gave] listeners a sense of ridiculous and funny. Also there are some serious songs on the album, they kind of complement each other.

**CY:** Can you tell us a little about your next album?

**KM:** I can only tell you that it will be definitely different from any of my work before.

**CY:** You really had great success in Australia. Speaking of your future goals, will you consider going to America?

**KM:** Sure. We have been there several times. I have done three tours and staged

some great festivals. I would like to keep going back to the U.S., at the same time keep writing great works.

**CY:** What are the unique things about you that enable you to compete with the American singers?

**KM:** I think I see myself as an artist and I love playing in beautiful theatres between one or two thousand people. My goal is not becoming someone like Beyoncé, who is a superstar and a cultural icon. I love enjoying playing music and my audiences will be real music lovers. In fact, I don't like setting tangible goals. I just want to make music because I love it.

Check out Kate Miller-Heidke's Myspace page to see some videos, songs and be updated on all of Kate's shows.



## Owls to remember

By RACHEL LEES

*Legend of Guardians: Owls of Ga'hoole* is one of the most inspiring and beautiful movies of 2010. Watching this in IMAX 3-D is incredible, and it is hard to describe how well done the animated cinematography is. This is not your cookie-cutter 3-D movie!

At first I didn't know what to think about going to see an entire movie about talking owls, but the humour and personification developed by each character was outstanding. The main character Soren (Jim Sturgess) was nothing short of inspiring and empowering,

while his sidekicks (played by Anthony LaPaglia and David Wenham) provided encouragement and comic relief.

They also developed the antagonist with a superb evil transformation that made your heart ache for his fellow owls. The movie brought up themes of courage and "believing in something, even if you can't see it," which continued on throughout. It's hard to find a movie that brings up faith or confidence in something that you can't hold in your hands. Smart and enthralling, if you ask me. But besides the tremendous story (based on the novels by Kathryn Lasky) the imagery was

tremendously striking and beautiful.

The detail and precision taken by the animators is absolutely spectacular and, in 3D presentation, the environment and ocean surroundings were breathtaking.

The overall movie had a fantastic story line and message for people of all ages, and I would highly recommend it to anyone with a heart of adventure or fantasy.

Owl City even had a song in the movie. The catchy, uplifting song was an ideal fit for the movie. It was the perfect inspirational touch for the perfect inspirational movie.





THE NUGGET PRESENTS:

# HOROSCOPES



MADAME O

## Oct. 14-20

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

## Libra (Sept. 23-Oct. 22)

It sucks to be you this week. Unfortunately, being a douche bag doesn't get you friends; so maybe you should think about what you did and change your attitude.

## Scorpio (Oct. 23-Nov. 21)

Fall is here and this week is looking good for you. Something that you've been longing for is coming your way. Make sure you don't screw it up.

## Sagittarius (Nov. 22-Dec. 21)

Don't worry, you won't have car troubles this week. The stars have come together to have mercy on you. Only good vibes are coming your way.

## Capricorn (Dec. 22-Jan. 19)

You can be too serious and uptight this week. Take a chill pill and go with the flow. Then people will actually call you instead of ignoring you.

## Aquarius (Jan. 20-Feb. 18)

You've been given a gift and you might not see it now, but it will come in handy this week. Look for the signs that make you stand out from every-

one else and it will put a smile on your face.

## Pisces (Feb. 19-March 20)

Your luck runs out this week. Only someone like you can break something that wasn't broken in the first place. You poor sap.

## Aries (March 21-April 19)

You might think you're a leader, but people just think you're an idiot. Stop being so arrogant, then maybe people will take you more seriously.

## Taurus (April 20-May 20)

You're a curious one this week, but remember curiosity killed the cat. So just make sure you don't get caught, you perv.

## Gemini (May 21-June 20)

You're unadventurous and too shy. Stop being a frigid bitch and take a leap

of faith. You might be surprised what you're capable of.

## Cancer (June 21-July 22)

For you, this week is all about looking good. Unfortunately, your fat ass broke the scale last week so you'll never know if you gained those few extra pounds from all those Timbits you've been eating.

## Leo (July 23-Aug. 22)

You are considerate and understanding. In other words, you are pathetic. Grow some balls. Not everyone loves an ass kisser.

## Virgo (Aug. 23-Sept. 22)

Your week is looking up and you're not as stupid this week. Your friends can enjoy a break from the whiny bitch that you've been now that you're able to finally do something right for once.

### TIP OF THE WEEK – FROM NAIT SECURITY SERVICES



# Addressing locker safety



Locker thefts tend to be in, but not limited to, remote areas of the school and / or in low traffic areas. In many of these thefts, specific items are targeted, leading security personnel to believe that the perpetrators monitor the area before they strike. Once the thief or thieves spot a likely target, they wait until the area is clear, and then, by utilizing a small and easily hidden pair of bolt cutters, quickly cut the lock and remove the valuables. This crime can be committed and the thief or thieves can vacate the premises within a few seconds.

As lockers are used to store valuables while students attend class or perform job duties, it is important that the lockers be well secured. Following are a number of tips to decrease the likelihood that you will become a victim of locker theft.

To reduce the chance of becoming a locker theft victim follow these few tips:

- Purchase a high quality lock. The price of a quality lock is slightly higher, but its value is related to the value of the locker contents.
- Always fully engage the lock. For combination types, spin the dial to ensure it is secured. Tug on the lock before leaving.
- Do not bring any large sums of money or unnecessary valuables to school and store them in your locker. To do so is inviting unneeded risk.

- Do not record your locker combination on, or about, the locker or the lock. For a key lock, keep the extra key with you in a safe place.

- Observe the people around you and know the people that have lockers around your locker area.

- If you observe suspected criminal activity, do not challenge those involved. Instead, immediately proceed to the nearest telephone and inform Security.

- When you observe someone other than a NAIT peace officer using bolt cutters to cut a lock from a locker, contact Security immediately.

- If you see someone loitering near lockers or in the area or taking an unusual interest in locker contents, be suspicious.

- Take note of the person's description, height, approximate age and any identifying characteristics or markings.

- Report these to NAIT Campus Security Services.

*If you have information about a crime, contact Campus Security Services at*

*780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477).*

*You will remain anonymous, and, if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000. Visit [www.nait.ca/security](http://www.nait.ca/security) for more security tips.*

Everybody benefits, except the criminal.

# Poster board maintenance

## Two students needed

To maintain and monitor NAITSA poster board on campus, job duties include hanging approved posters and removing expired posters. You must be able to commit to two

three-hour shifts per week, please apply in person at the NAITSA office in Room E-131 with a copy of your timetable and resume by Friday Oct. 15.

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# Clubs team up

By LACE SENIO

Early Sunday morning, students participating in the Campus Clubs Training Day loaded onto a bus and headed out to take part in a day filled with interaction, learning and relationship building. Training day was a Survivor-themed day, complete with tribes, challenges and unique learning experiences. The day was filled with positive energy and was a great time for everyone.

"All the club participants had a memorable and educational experience. Today was all about teamwork and motivation," said Rose Martin Baumgartner, Campus Clubs manager. "It was the best training day to date. It was such a success."

The event was at a secret location, so participants had no idea where they were heading. This made the event even more exciting because of the buildup of anticipation. When delegates finally arrived, everyone was welcomed and separated into tribes. Members of the tribes became fast friends and spent the day learning about bonding and team building techniques.

Tribes competed in challenges in a Survivor-esque manner, which helped to develop motivation and teamwork among the tribes. Relationship building was a big part of this event and the interaction between tribes was impressive. Challenges tested the participants mentally and physically. There were relays, puzzles, paddle boats and challenges that encouraged delegates to think outside the box. Between the challenges, workshops were held on how to run a

club successfully. Topics included were fundraising, club roles, risk management and available funds for clubs. The combination of the challenges and workshops provided clubs with hands-on learning.

"The event was great. It was nice to see all the club students working together and having fun," said tribe leader Lynda Menard about the event.

It was really a great time for both tribe leaders and club delegates. Clubs have benefited from this event in the best ways, through interaction and education. The knowledge and team building strategies that came from the event will help clubs be successful and efficient throughout the year.

"It was a great opportunity to meet with other club leaders and make friends. The event brought together all kinds of people who would have never otherwise met," commented participant Evan Veldhoen.

There was a wide variety of club representatives in attendance, which created balance and diversity. It was a great way to mix special interest clubs, like Dungeons and Dragons, with technology clubs like the Culinary Club.

Taking people out of their comfort zones allows them the opportunity to grow and challenge themselves. The success of all of the clubs will be largely because of training day. All of the delegates that participated in Clubs Training Day came to the event as club members, but left as friends.

• Clubs Corner, Page 21



October 26, 2010

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# DR 2 worth the wait

By **RAYMOND CAMPHU**

There is always a tender spot in my heart for a good old-fashioned zombie kill-a-thon. Good thing Dead Rising 2 is worth the four years wait since the original was released.

The hero this time is Chuck Greene, a widowed ex-motocross champion who is fighting for his young daughter's life. His wife was killed in the Las Vegas outbreak years ago, and his daughter, Katey, was infected. Luckily, there is a drug called Zombrex that has to be administered every 24 hours – but it's very expensive.

So, Chuck works on a sleazy reality game show that pits the living to fight on motorbikes against the walking dead, until he is framed for letting the zombies loose one night.

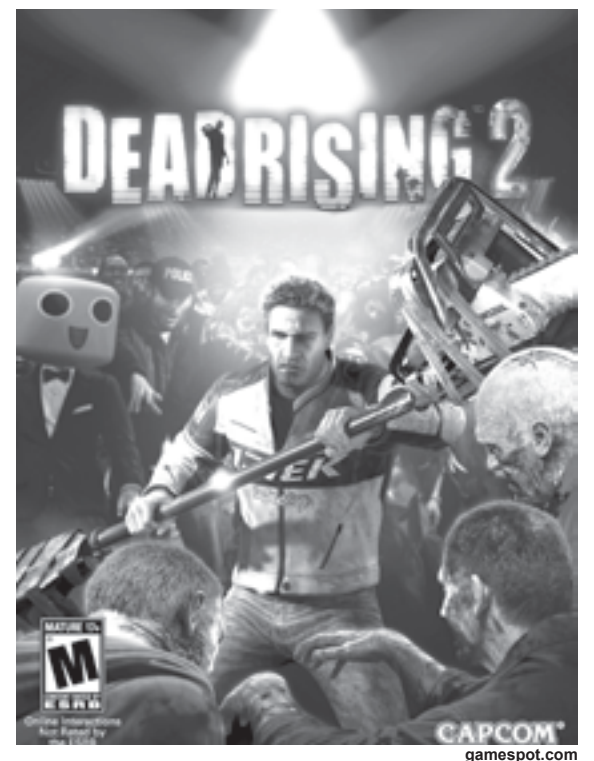
The gameplay is exactly the same as the original, inspired by the 1979 movie *Dawn of the Dead*, but adds online co-op play, where another person can drop into your game and assist on quests. You have 72 hours (elapsed game time) to find survivors, find Katey Zombrex and clear your name until the military arrives. The story doesn't take itself seriously, with cheesy dialogue and over the top enemies.

The zombies are the main enemy, but the boss fights consist of living psychopaths who have been mentally affected by the situation, such as a chef who wants to make a dinner out of you and someone in a mascot uniform too obsessed with his role. Fighting these people is the most difficult aspect of the game, because they are extremely hard to kill.

You find firearms, but rely mostly on melee weapons from swords and knives to chairs and signs. There is also a system where you customize weapons by mixing items with each other at a workbench. For example, you can put together a baseball bat and nails, or put gasoline in a water gun to make a flamethrower or later in the game use a wheelchair and strap assault rifles to it.

Ultimately the game is a bunch of escort quests punctuated by boss battles and gore. What keeps you hooked is the constant fun of hacking up zombies as well as finding and creating new weapons.

Not taken very seriously, this is hours of addictive fun.



gamespot.com

# Toronto band rocks the Nest

By **JORDAN PELLEY**

With a steady flow of drum beats and a collage of instrumentation, a five-piece group called Whale Tooth filled the Nest last Thursday. The indie pop band consists of Norm Machke (guitar/backing vocals), Mike McCreary (bass), Sep Noroozi (drums), Alex Denike (guitar/backing vocals) and Elise LeGrow (lead vocals), who all hail from Toronto.

Whale Tooth lit up the stage with enthusiasm rivalling even the biggest bands. Out of the gate and ready to go, Whale Tooth played many of the songs with an outstanding crowd reaction. The energy filled the air, creating an amazing atmosphere for the average Nest-goer. A show that shouldn't have been missed and for those that got to see it, it was a

musical adventure.

Coming together as a band seemed to be the best thing for these five, as they all love having the opportunity to rock our socks off. The band cranked up the volume for the College Music Journal in 2009 in New York, a festival where selected bands get to play in many different clubs and venues in Brooklyn and Manhattan. With Whale Tooth being fortunate enough to have the opportunity to attend this festival, it put a good segue into their tour.

While reminiscing about their tours, the band all agreed that driving through Victoria and the rest of British Columbia had to be the best time they had on the road because of the mountains and beauty of the landscape. Denike said that Noroozi is the worst driver because of his numerous demerits and went on to say that "He's just not allowed to

drive anymore."

Absolutely loving the welcome they received at the Nest, they hope to return in the future to show Edmonton that they have what it

takes to rock you.

The band hopes to be back soon with their new set of songs from their new CD for all fans of Edmonton to hear.



popculturewilleatitself.com

**Whale Tooth**

## Special indeed

### CAMPUS FOOD REVIEW

By **RYAN FLAHERTY**

This week, I stopped by Fresh Express and was treated to one of the best meals I've had on campus in quite some time. The day's special? BBQ rib sliders, and yes, they're as good as they sound.

The star of this trio of mini sandwiches is definitely the boneless rib patties, which are slathered in just the right amount of barbecue sauce. I'm not sure if the sauce came straight out of the bottle or if it is a house blend, but either way it delivered just the right combination of smoke and sweetness to bring out the flavour of the meat.

The rib patties themselves

were very tender and juicy, cooked to the perfect doneness. The patties were dusted with a garlic aioli-style mayo, which complemented the meat perfectly.

To top off these delicious treats, some crispy onions, which lent a savoury taste to the entire stack of ingredients.

As with many of the best Fresh Express creations, the sliders came with a side of those familiar shoestring french fries, which as always were well-seasoned and a perfect accompaniment to the main attraction. Hopefully, this particular special becomes a regular item on their menu. I know I'd certainly be back for more.

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# Tremendous!

By RACHEL LEES

The new Linkin Park album *A Thousand Suns* is nothing short of tremendous. It breaks all the rules of mainstream music and was a huge risk for the band. They knew after their last album, *Minutes to Midnight*, that they wanted to go in a different direction, something that the audience wouldn't be expecting, and that's exactly what they did. They wanted to de-genre their music, and make a statement. Most of the songs on the album have a political undertone, like their most recent single "The Catalyst."

"The Catalyst" talks about how "we're a broken people living under [a] loaded gun," in reference to Third World countries that are utterly controlled by their government. They backed this song up with a striking and innovative music video, along with some strong political images at their VMA performance.

Most of the album is intense mixing and beats (by band member Joseph Hahn), coinciding with political messages and speeches. We also get to hear Chester Bennington, lead singer, take a new step in his vocals and some harsher and more honest words from Mike Shinoda.

My favourite song on the album is

"Wretches and Kings" which has striking lyrics and a beat that cannot be matched. "Wisdom, Justice and Love" features transformer-like autotune (maybe showing a metaphor for our mentality being robotic). Both songs will give you shivers.

However, their *A Thousand Suns* CD opened at number one, it still doesn't compare to the 600,000 copies that *Minutes to Midnight* sold in its first week, and they have definitely been getting mixed reviews. The band felt that they needed to do more than just sell albums. Even though they knew it wouldn't be a big payoff, their integrity and message came first. I guess that's what you call an artist.

The CD is a masterpiece. They took a risk and it worked. For an already well-known band, they broke down barriers and sent out a message. All of a sudden the fame and fortune isn't what matters at this stage of the game. Instead of giving the audience exactly what they are expecting, they took a leap of faith and tried something completely different. Every song has a purpose and is strategically placed on the album.



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Photo by Erin Bezovie

# Sunday School is in session

By ERIN BEZOVIE

With a fresh batch of Radio and Television Arts students comes a bunch of new radio shows on our campus station NR92. I had the privilege of interviewing the hosts of Sunday School – Madison Audeau, Darcy Walker and Logan Walters.

**Erin:** When is your show?

**Madison:** We take over the airwaves every Sunday afternoon from 3 to 5 p.m.

**Erin:** What is Sunday School about?

**Logan:** Our show is simply a hand full of awesomeness. It's about people that want to make a difference on the airwaves. We play a wide range of rock and roll, with a dash of everything else sprinkled on top.

**Erin:** If you could choose anyone to interview, who would you choose and why?

**Darcy:** USS. If you saw them at Sonic Boom, you would know why.

**Madison:** Ed Robertson of Bare-naked Ladies. He's a phenomenal guitarist and songwriter – as well as a comedian. Their live show is definitely one of the most entertaining shows I've ever been to. I grew up on the Bare-naked Ladies, and they have yet to disappoint.

**Logan:** Hands down Angus Young of AC/DC. AC/DC is my all-time favourite band. Angus is my idol. When

I grow up I want to be Angus. No one can rock out as hard as he does. My life is complete now that I have been in the same area code as AC/DC.

**Erin:** What exciting things do you have planned in the upcoming weeks?

**Madison:** I attend a lot of concerts in and around the city and I'm always writing reviews to be aired on the show... Coheed and Cambria have a show in a couple weeks – so you'll want to tune in for that. We also have an interview lined up in the next few weeks with this year's Sonic Boom opening act, KO! Big thanks to my co-host Darcy for setting that up.

**Erin:** What is the one song you would never play on your show?

**Madison:** Well, I worked at a grocery store for half a decade, in which we had no choice but to tune into the local country station. Let's just say that life improves every time I don't hear Miley Cyrus's "The Climb."

**Logan:** Anything associated with adolescent screaming females, such as Justin Bieber or the Jonas Brothers.

**Darcy:** "The Swear Song" by Blink 182. And I would have to ask them why their songs don't make sense.

Sunday School is in session on Sunday afternoons from 3 p.m. to 5 p.m. Visit NR92.com to listen to Sunday School and all of the other great radio shows that are running this semester. Class dismissed!



## HOT SINGLES OF THE WEEK

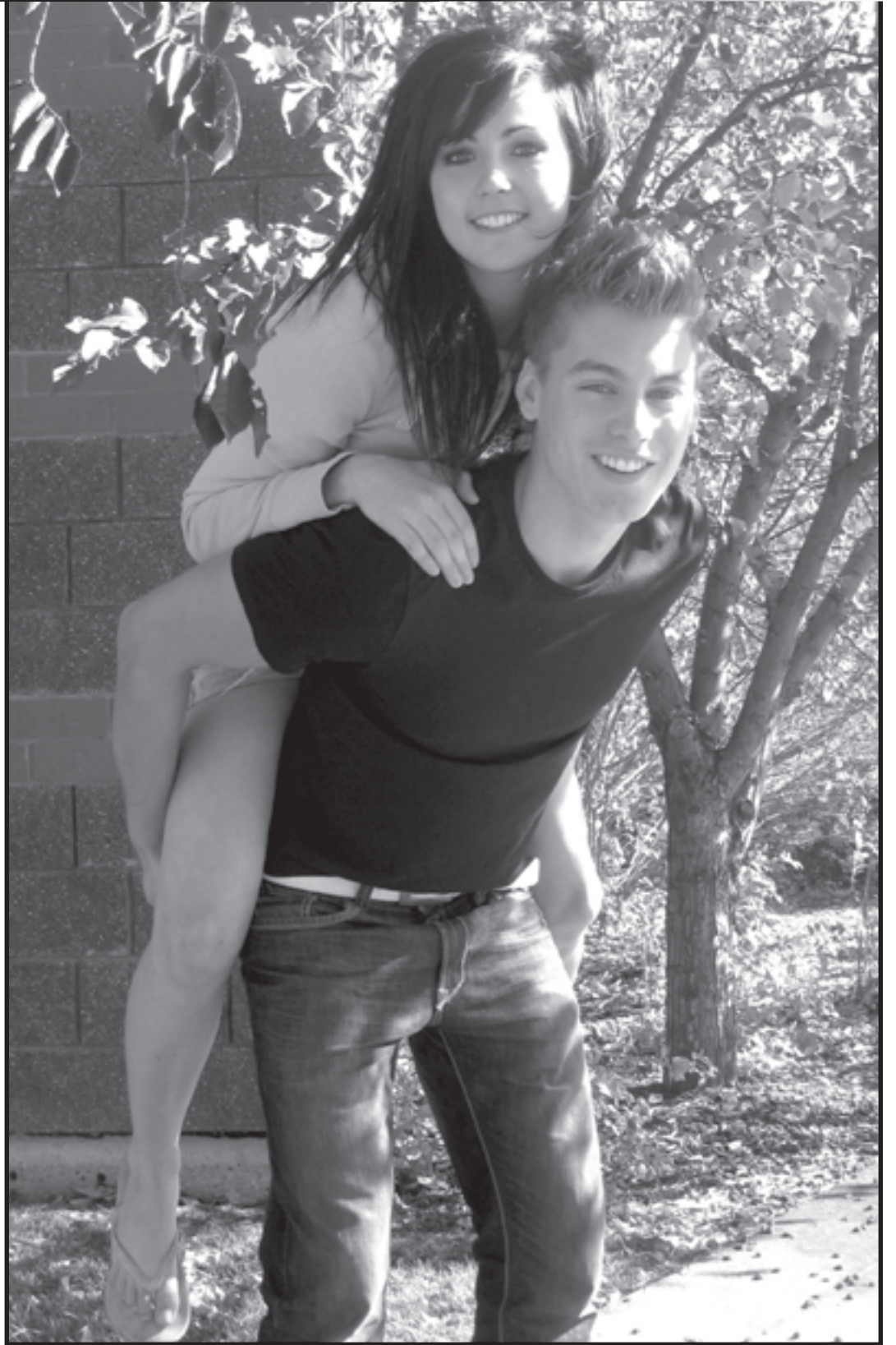


Photo by Rachel Jacques

**Meaghan MacKinnon, 18**  
Interior Design Technology  
**Reid Bornau, 18**  
Power Engineering

- 1. If you had a superpower, what would it be?** – MM: Teleportation. Bussing is brutal! RB: Mind reading, so I could know what girls are thinking.
- 2. What's your biggest turn-on?** – MM: Big feet ... Scratch that. Big everything! I'm a chubby-chaser ;) RB: When the carpet matches the curtains.
- 3) If you could hang out with a celebrity for a day, who would it be?** – MM: Katy Perry! She'd make absolutely everything a blast! RB: Miley Cyrus.
- 4. What's your favourite position?** – MM: The front of the line. RB: Always from behind.
- 5. What do you like the most about your body?** – MM: My eyes. I love blue eyes! RB: My belly button. It's good for body shots?

*Are you hot and single? E-mail us at [entertain@nait.ca](mailto:entertain@nait.ca)*

## Mainstream Ignorance

By GRAHAM McCANN

- 1.** Mario from Super Mario Brothers originated in the game Donkey Kong in 1981.
- 2.** The Bermuda Triangle dangers are myths. When compared to areas in the rest of the world, the disaster statistics in the region are not anything special.
- 3.** The idea that you use only 10 per cent of your brain is a complete myth. Unknown where it originated. It was spread by it being a popular phrase and general ignorance.
- 4.** Fortune cookies at Chinese restaurants actually originated in California.
- 5.** Despite popular belief, Japan does not intrinsically get everything released first. Technologies and products not developed there do not usually get their first release there. Some video games developed in Japan have actually been released in North America first because it's a bigger market.



THE NUGGET PRESENTS:

# GRAPEVINES

Grapevines is a chance to speak your mind. E-mail [grapevines@nait.ca](mailto:grapevines@nait.ca) or submit online at [www.thenuggetonline.com](http://www.thenuggetonline.com)

- Classic Rock Rules!!!  
KISS, Def Leppard, Queen, Rush, AC/DC, Boston, Pink Floyd, The Who, Van Halen, and, of course, LED ZEPPELIN!  
These bands deserve to live on forever.  
– Alex The Drummer
- Who's entering NAIT's Next Top Model? I am!  
– Fierceness
- I like when a person is still decent enough to hold the door for you.  
– Thank you
- Brownies are wonderful, better hit the gym.  
– Guilty
- If you just listened in the first place people wouldn't think you were such a stupid blonde.  
– Pay attention
- I really wish I didn't keep getting hate mail.  
– Leave me alone
- Why do people always have to be so angry in the morning?  
– Lighten up
- Please, put your gum in the trash.  
Why must I touch someone's gross used gum whenever I put my hand under the desk?  
– Sticky mess
- I realize that this is not the most ... convenient place to tell you. But I want to break up.  
– Don't love you anymore
- People who play Tetris while the teacher is talking, please grow up. This is post-secondary.  
– Smarten up
- The radio shows on NR92 are awesome.  
– Listenin' to the radio
- Alec from the Common Market is great!  
– Keep up the good work
- I saw a guy jaywalk in front of a peace officer. He totally got a ticket and I felt kind of bad. But who jaywalks in front of a peace officer?  
– Witness in front of V-Building
- If there was an opportunity to go back in time and fix one thing about my life, I would have gotten a parking pass. I hate paying for parking this often.  
– Out of change
- Every day, in every class, all I hear is whine, whine, whine, bitch, bitch, bitch. Suck it up, people. The world doesn't revolve around you and your needs.  
– Get real
- Hell yeah, rib sliders! Thanks, Fresh!  
– Grateful diner
- Stinky people need to wear deodorant.  
– Spray it away

THE NUGGET PRESENTS:

# Dr. CONwisDOM

- Dear Dr. CONwisDOM,  
I like muppets. I don't know why, I just can't get turned on by girls anymore. I just love those furry little creatures. Elmo, Cookie Monster, Oscar the Grouch. The furrrier the better! What can I do to make this obscene obsession go away?  
– Hot Fur the Fur
- Dear Dr. CONwisDOM,  
I am flat. Like, really flat. Sometimes, in certain outfits and at certain angles, I have no boobs. I just have nothing. I have never had a boyfriend and I think the reason why is because of my terribly paper-like chest. What do I do? Please help me. I can't afford plastic surgery ...  
– Negative AAAA Cup
- Dear Dr. CONwisDOM,  
I don't know what to do about a gay guy wanting to get in on the action with my boyfriend and I and won't stop asking to join us for our weekends together. What do I tell him without being mean?  
– No gay lover
- Dear Dr. CONwisDOM,  
I get extremely hungry after sex. It's become quite a problem as I've gained five pounds in the last week. Whoops, I guess that shows how much I've been getting it on ... Anyway, doctor, I need you to help me. I don't want to get fat but I love dick.  
– Fatty Phalic
- Dear Dr. CONwisDOM,  
I am wondering what is a good position to try on my boyfriend of three years? I don't want him to get bored. Tips?  
– Kama Sutra
- Dear Kama Sutra,  
Have you ever tried the Bending Downward Facing Triple Horse Goat Dog? It's a doozy but well worth it. Be careful! You could literally break your neck, ribs and lower spine if you don't do this correctly but, if done correctly, I assure you the greatest pleasure you will ever realize. You must bend down and backwards, followed by a twisting contortion-like movement followed by a yippee and a neigh, a bleep and a bark and topped off with some gyrating movements before your partner and you switch positions and you repeat. It seems kind of weird but it really works. Plus it's definitely not boring.
- Dear CONwisDOM,  
My boyfriend of two years went to work out of town one weekend when it was my birthday. Our friend decided to take me out. I got really drunk and ended up sleeping with his best friend. When I woke up and realized what we had done I immediately regretted it. Should I tell him?  
– Oops!
- Dear Oops,  
That's not an Oops, that's a holy shit, did I ever screw up! What are you, 15 years old? OK, enough ranting. Yes you had better tell him before his friend does. His solution might be a logical consequence like ending the relationship. It might be difficult for him to ever trust you again. What's done is done. Come clean and keep your legs crossed.
- Do you have any personal questions that you want to have answered? Just send an e-mail with your concerns to [conwisdom@nait.ca](mailto:conwisdom@nait.ca) or submit them online to [www.thenuggetonline.com](http://www.thenuggetonline.com) and your sex doctor will have your "prescription" ready for you the following week!



THE NUGGET PRESENTS:

# CLUBS CORNER

## Upcoming events

### Gamers of Dungeons and Dragons

**What:** Weekly games

**When:** Fridays, 4:15 p.m. to 10 p.m.

**Where:** Room WC-312

### Christian Club

**What:** Weekly meetings

**When:** Mondays, 5:15 p.m. to 6 p.m.

Tuesdays, Thursdays

12:15 p.m.-1:10 p.m.

**Where:** Room E-216

### Latter Day Saints

**What:** Weekly meetings

**When:** Thursdays, 11:15 p.m. to 12:10 p.m. and 12:15 to 1:10

**Where:** Room E-221

### Clubs Centre Info

**Hours:** Monday-Friday 8 a.m.-5 p.m.

**Phone:** (780) 471-8871

**E-mail:** campusclubs@nait.ca

**Website:** www.nait.ca

**Location:** Room E-133 – Main Campus

**Grant #1 Intake:** Deadline – Oct. 15

**Clubs Showcase:** Oct. 20, 2010  
11 a.m.-1 p.m.



## CLUBS SHOWCASE

### OCTOBER 20, 2010

COME CHECK OUT ALL THAT THE CLUBS ON CAMPUS HAVE TO OFFER!

**WHERE** SOUTH LOBBY  
**WHEN** 11AM - 1PM  
**WHAT** VISIT THE BOOTHS OF CURRENT CAMPUS CLUBS

Talk to the Campus Clubs Manager if you are interested in starting a club of your own!  
campusclubs@nait.ca

**MEET NEW PEOPLE SHARE YOUR INTERESTS HAVE FUN**

For more info on registering for this event, or how to start or join a club, email campusclubs@nait.ca, or call 780-471-8871, or visit our website

**WWW.NAITSA.CA** facebook Visit us on facebook

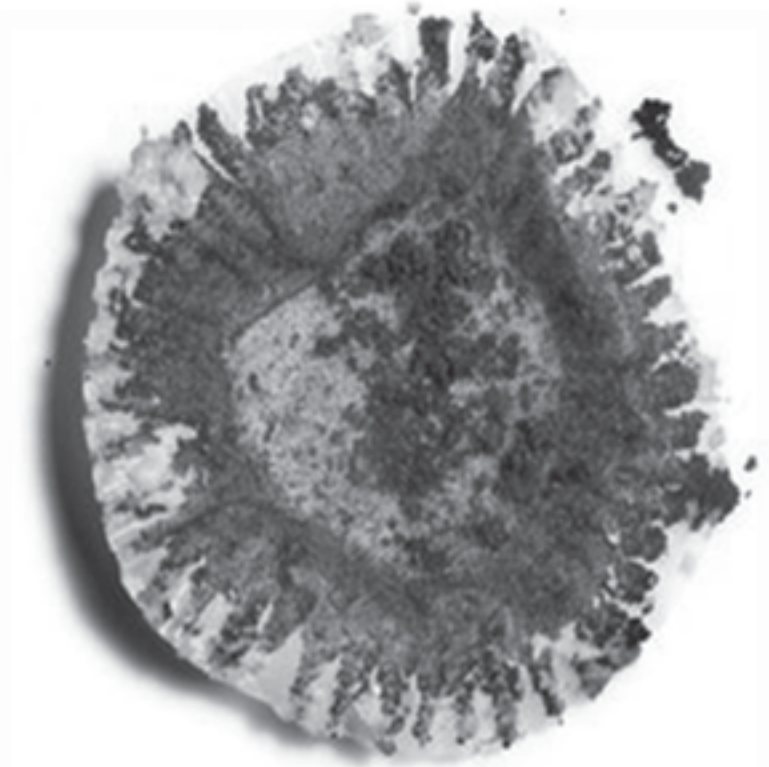
STUDENTS' ASSOCIATION

## We've been busy! Cupcake Sale

Thursday Oct. 7

11:30 a.m. – 2:30 p.m.

Outside NAITSA, E-131



## hatch OPPORTUNITY

Hatch your business with a \$20,000 grant

Do you have an *idea* that you would like to 'Hatch' into a *business* with \$20,000 funding, office space, and mentorship?

Learn more about the *Hatch* competition and other Opportunities:

October 12 @ 5 p.m. Room T105

2010 *Hatch* Business Plan Competition  
Details, Eligibility, Workshops, and Rules  
Available at: [www.novaNAIT.ca/Hatch](http://www.novaNAIT.ca/Hatch)

Competition closes November 5, 2010

For more information or inquiries contact  
Sandra Spencer at [sspencer@sifenait.com](mailto:sspencer@sifenait.com) or (780) 378-6177

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# Maximizing your reading



## TIMELY TIPS

### MARGARET MAREAN NAIT Student Counselling

Reading scientific or technical material can be frustrating because of the large number of facts and details, and the complex terminology. Be prepared to read materials more than once for a thorough understanding. Here are some suggestions to enhance understanding

and retention of scientific readings:

► Preview the chapter looking over the chapter title, introduction, subheadings, figures, diagrams, italicized or boldfaced words, and summaries. This lets your brain know what to expect so you can organize and store the information more effectively.

► Skim the chapter – quickly read first and last sentences of paragraphs and try to pull out major ideas. The purpose of this is to get a general idea of the material. This should not be very time consuming. (If you can skim textbook or note package material to be covered in a lecture beforehand you will get a lot more out of a lecture).

► Then read for detail, focusing on the material highlighted in your course outline and in class.

► Read actively:

- formulate questions from the subheadings and read to answer them
- look ahead to homework questions or questions at the end of the chapter and read for the answers
- translate abstract formulas into verbal explanations
- write down procedures in step form
- draw your own diagrams to illustrate and explain problems and to summarize material
- visualize what you are reading
- anticipate possible exam questions and the responses
- think about application to the “real world” – how will this material be useful in your field or how is it related to something you already know
- make flash cards as you read

– write a question on one side with the answer on the back, a word on one side with the definition on the back, or a formula on one side and when and how to use it on the back.

► Read dense material in small blocks; for example read one section or paragraph in your textbook and then make some notes on it or do some questions related to it.

► Stop after reading every paragraph or subsection to recall what you have read; tell it to yourself in your own words.

► Have a dictionary or program such as [www.dictionary.com](http://www.dictionary.com) nearby. Look up any words you don’t understand right away.

► Leave a wide margin on the left hand side of your paper when taking class notes so that you can supplement

them with notes from the textbook. Try to create a single study source.

► If you can read ahead by skimming the material for the next lecture, you will understand and retain the lecture information more easily.

► When learning new material, you should not read for more than 25 to 30 minutes. Take a 5 or 10 minute break, and then go on to a different subject.

*Think you might have a reading problem? A counsellor can help you determine if there is a problem and suggest ways to resolve it. For further information on this or any other academic, personal or career concerns contact a counsellor at Student Counselling, Room W111-PB, HP Centre, open Monday to Friday, 8 a.m. to 4:30 p.m. Book in person or phone 378-6133.*

# Peer tutors can earn money

## By CELESTE DUL

Courses don’t always come easily to students, admit it, you’ve all been there.

With such a vast variety of programs it isn’t always easy to find someone willing to help with course specific material. This year, it’s been harder than ever.

NAIT’s Academic Success Centre, which co-ordinates tutors for students looking for help in certain subjects, is in “desperate” need of tutors.

“I have many students who come to me from all programs,” explained Kristin Janzen, NAIT’s tutor co-ordinator.

“They ask me for help and there is obviously a huge need for peer tutors.”

The school has been trying to recruit student tutors for all programs and subject areas, Janzen said. Although the

current number of students signed up as potential tutors are on par with last year, she said the numbers need to be higher.

“I wouldn’t say there is less people signed up than any other year. It’s just that we don’t have enough.”

Janzen said she’d like to have at least 100 student tutors available for those who need help.

“It’s so hard to know exactly where I am going to need tutors because it depends on who comes in and asks for one but I am really trying hard to cover all of the programs if I can,” Janzen said.

She is encouraging students who have succeeded in the past to help new students strengthen their skills.

The requirements for students to become a “peer tutor” are that they must have completed at least one semester at

NAIT and maintained an average of 75 per cent or higher. Peer tutors make up to \$15 an hour.

Peer tutoring pairs a student with an appropriate tutoring partner.

After they have been matched, students regulate their own hours, pricing and subject areas.

Another tutoring program offered at

NAIT is the SDD program.

This program pairs approved tutors with students with disabilities.

Janzen said tutors should be empathetic, patient and confident while interacting with other students.

For those who are interested in becoming a peer tutor and haven’t yet completed a semester at NAIT, con-

tinue to focus on your grades and achievements.

By doing so, students can guarantee their own success and eventually provide the opportunity for another student to follow in their footsteps.

If you are interested in becoming a tutor, you can contact Janzen at Room A-172B or e-mail at [kristinj@nait.ca](mailto:kristinj@nait.ca).

## Who You Gonna Call?

### NAIT Services for Students

**Academic & Personal Concerns** – Student Counselling: 780-378-6133, Room W-111-PB, HP Centre.

**Health insurance coverage** – Student Health and Dental Plan: 780-471-7730, Room E-125. (Note that you must opt out by Sept. 24 if you have alternate coverage.)

**Housing** – on-line housing registry at [www.rentingspaces.ca/search.htm?ref=3](http://www.rentingspaces.ca/search.htm?ref=3)

**Injury or minor medical concerns** – Health and Safety Services: 780-471-8733, Room O-119 NAIT Security –7477

**Part-time campus jobs/ Volunteering** – NAITSA: 780-491-3966, Room E-131

**Program-related concerns** – Contact Program Chair or Program Advisor

**Scholarships & Awards** – Student Awards Office: 780-491-3056, Room O-101

**Special Needs Students** – Services to Students with Disabilities: 780-378-6133, Room W111-PB, HP Centre

**Student Loan/Grant Assistance** – Financial Aid Office: 780-491-3056; Room O-111

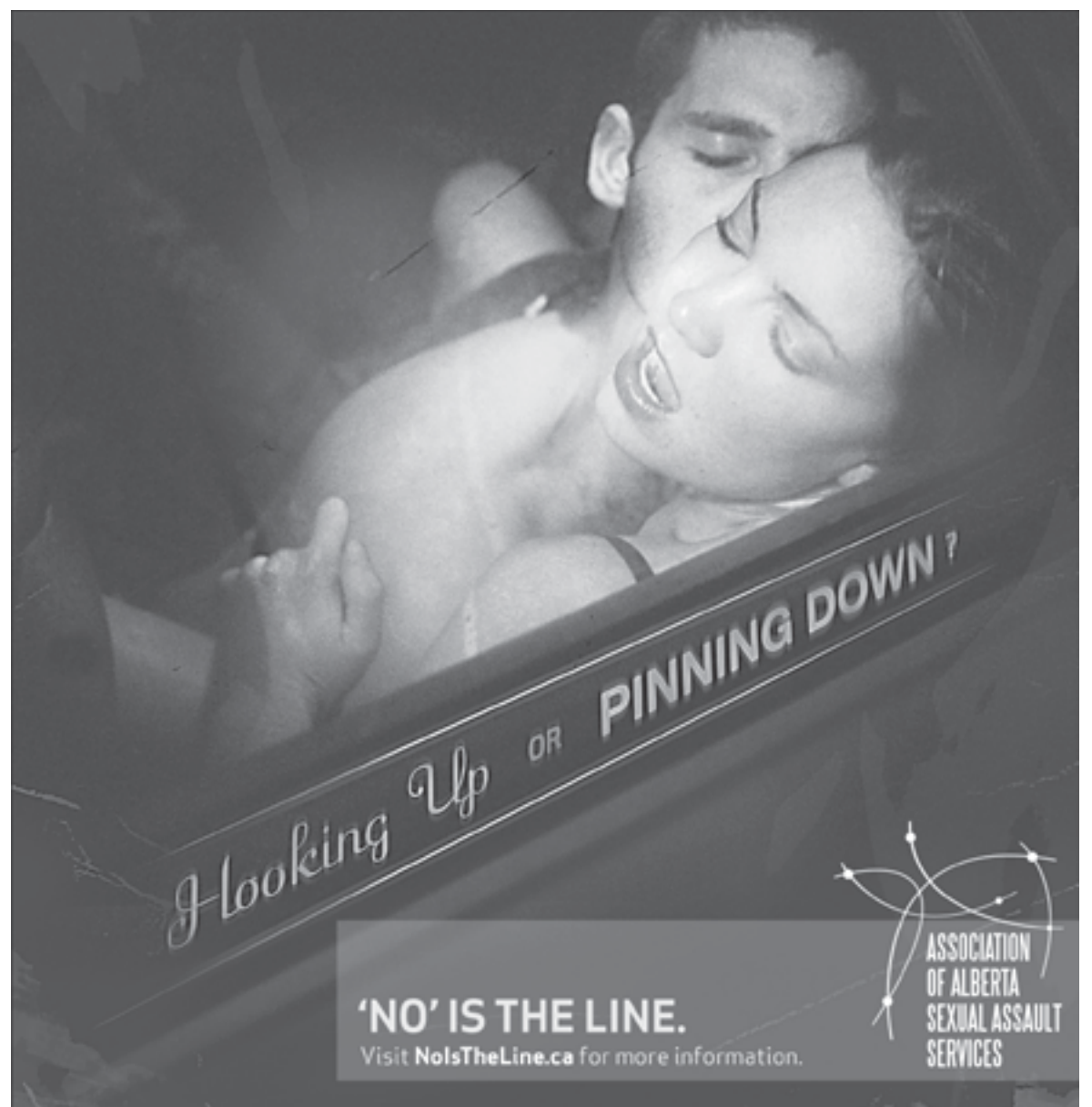
**Tutoring** – The Tutor Centre in Room A-133 (main campus) offers free assistance with Math, Physics and Chemistry. Open from 8:30 a.m. to 4:30 p.m. Monday to Friday. Also available at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A)

**Peer Tutors** – sign up in Room A-172. The cost is approximately \$15/hour

**Violence or potentially violent behaviour, or extreme medical emergency** – Security (7477, 911, or the Police Complaint Line at 423-4567 if appropriate.

NAIT STUDENT COUNSELLING  
Room W111-PB, HP Centre, Main Campus  
Telephone: 378-6133  
Website: [www.nait.ab.ca/counselling](http://www.nait.ab.ca/counselling)

... facilitating student success



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ASSOCIATION  
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SERVICES



SIGN UP BEFORE  
**OCTOBER 28**  
AT WWW.NAITSA.CA

NAIT'S NEXT  
**top model**  
VOTING BEGINS NOVEMBER 1



[www.naitsa.ca](http://www.naitsa.ca)

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Visit us on facebook

11702 100 Street • Suite 400 • Richmond, BC V6V 1H4 • Tel: 780.471.8855 • Fax: 780.491.3989 • [naitsa.ca](http://naitsa.ca)

\*Two images are required for entry, please submit a headshot as well as a full body image. Photos submitted may not contain material that is overly revealing (people in bathing suits, lingerie, or similar attire shall not be permitted). Any images provided to us must be submitted in color, at a minimum size of 5x7", a resolution of 300 dpi and a maximum file size of 10MB saved as either a TIFF or a JPG. All entries must be submitted no later than October 28, 2010.





Darylann Hutchings

# What is your school workload like so far?



"Steady, but manageable."

**Mark Resendes**  
Electrician 4th year



"Challenging, but doable."

**Shane Shoemaker**  
Electrician 4th year



"A lot of work and challenging, but very fun."

**Mark Durocher**  
Telecommunications



"Pretty fair so far."

**Candace Dow**  
Bio Sci-Renewable  
Resources



"It's always been rough, but I like it that way."

**Leanne Kadatz**  
Animal Health Technology

**Student Exclusive, now until Oct 31<sup>st</sup>**  
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