Full Moon Party Tonight (Thursday) At The Nest!

THE Nolume 48, Issue 4



YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA



PIRATES WILL BE PIRATES

Pirate lads and lasses Dawn Galbraith, left, Marc Pavan, Layli Wilson and Eric Taylor show their scallywag side last Thursday at NAITSA's Pirate Party on the Edmonton Queen. Story, Page 24.

AIRPORT CLOSING OPENS DOORS

NAITSA eyes expansion on adjacent land. Story, Page 2

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NEWS&FEATURES



With the rejection of a petition to overturn city council's decision to close Edmonton's City Centre Airport, the way is clear to redevelop the area.

Opportunity now knocks



LINDA HOANG Issues Editor

The debate to close the Edmonton City Centre Airport, which has been drawn out for more than a year with attention recently re-surfacing over the summer, finally came to an end last Wednesday.

The decision that the petition a group trying to save the airport circulated over the summer is invalid and the airport will be closed as originally decided back in July 2009, means a number of implications both positive and negative for NAIT students.

The phased airport closure should free up land that the NAIT Students' Association

intends on using as a way to lower student fees, said Tessa Cocchio, NAITSA VP Academic.

"Our students have some of the highest student fees in the province and the reason is we rely solely on our student fees to form our budget," Cocchio said. "NAIT is bursting at the seams, it needs to expand. As NAIT expands, the Students' Association needs to expand as well and we plan on having our own building on the airport lands.

"If we had revenue-generating operations in our own building, then we'd be able to drop our student fees," Cocchio said.

Currently a NAITSA fee of \$137.50 per semester is applied to every full-time student's tuition, a fee that would decrease once NAITSA is able to bring in other sources of revenue on the airport land.

But Envision Edmonton, the group behind the effort to save the airport, said NAIT and its Students' Association can still expand without the ECCA closure.

"NAIT expansion still exists in our City Centre Airport plan," said Johanna McIntosh, media

relations officer with Envision Edmonton.

She said the closure would likely have more negative impacts for students than most would think, at least for NAIT's aviation program.

"If the airport is closed, aviation students will have no way to practise. The people in the aviation industry will have no place to go," McIntosh said. "You'll probably lose your whole avionics program."

But Bill Baker, associate chair of the NAIT avionics engineering program, said while the closure wouldn't likely affect aviation students in the classroom, it could affect them once they graduate.

"With all of this back and forth and everything that has been going on with the airport, [businesses] are just fed up with Edmonton and councillors so they'll move to where they're welcome, which would be Calgary," Baker said. "That could have an impact on our graduating students, that there won't be jobs available around here for them."

Still, the Students' Association, which has been closely involved and supportive of the ECCA closure process, attending consultations and meeting personally with city councillors last year, see only good in the closure.

"There's no spot on campus for us to build and there's really nowhere for NAIT to expand itself because it's land-locked," said Jason Roth, NAITSA's director of advocacy.

"With the airport closing, it presents a pretty much once in a lifetime opportunity for both the institute and the Students' Association," Roth said.

In order for the opening or closing of the airport to be included as a question on the upcoming municipal elections ballot, Envision Edmonton's petition had to have at least 78,244 signatures

After a 20-day review, the city found only 73,567 of the signatures were eligible electors.

On top of that, City Clerk Alayne Sinclair said the petition was filed well after the 60-day repeal or amendment period allowed for changing council decisions under provincial law. That period ended last year.

NAIT executives declined to comment on the airport closure issue.

United Way campaign set to kick off

By JULIE FINKELMAN

NAIT, along with the United Way, is preparing to hold their fourth annual Family Campaign.

The campaign is designed to allow staff and students to help make a difference in the lives of children, youth, families and neighbourhoods in their communities, as well as within NAIT.

"They [United Way] have a formula which is to bring local communities together," said Nicole Rose, NAIT's advancement relations officer and campaign co-ordinator. "NAIT just realizes the importance of helping our community."

There will be many events happening all over campus starting with the campaign kickoff perogy lunch on Tuesday (Sept. 28).

The other on-campus events include book fairs, a 50/50 draw (which has a \$2,500 prize) and a silent auction, along with numerous other activities that will run until the end of October.

Rose said 10 per cent of profits from the book fairs and 100 per cent of profits from the other special events will go towards the Family Campaign.

Last year, \$30,000 was raised from NAIT's special events alone. "Our goal this year is \$110,000," Rose said.

"Last year we surpassed that, so hopefully this year we'll surpass it again."

NAIT Catering Services is also involved by making food and getting donations from their suppliers to help

Rose stressed the importance of students coming out to the events and said that even "supporting the lunch for \$5 makes a big difference because it all adds up."

If students or staff wants to be involved they can volunteer for a Day of Caring, which takes place at Norwood School on Oct. 18.

Rose said the day involves "being partnered with a child and to help them read, do their homework and see what the program is all about."

The United Way is an international not-forprofit organization that is completely volunteerled

The organization has many locations across Canada and each location focuses on supporting its own local community. For more information on NAIT's Family Campaign or to see how the United Way has personally impacted many people, visit www.myunitedway.ca.

Student Leadership Team Award of Distinction Program

Lead the way ...

Do you want to become an inspiring, committed, self-confident, positive and self-reliant leader? Do you want to enhance your resume so that employers will identify you as a leader who will make a difference? Then pick up a brochure on the Student Leadership Team Award of Distinction program. This is an extra-curricular leadership-in-action program open to all students enrolled full-time at NAIT. You must apply to become a member of this program. Don't wait, come to O-117 (located in the South Lobby) to pick up the brochure or information package. For more information, please e-mail distinction@nait. ca Deadline to apply is Thursday Sept. 30, 2010.

Seeing the world

By DARCY WALKER

Since 2008, NAIT students have been going to destinations such as Austria, Italy and the Philippines through the NAIT Culinary Arts International Culinary Exchange program.

This year, six culinary students -Miranda Baxter, Melissa Luan, Jun Abia, Sheldon Polowick, Tanya Lesiuk and Mary Ann Aquino – got to take a trip to the Philippines.

The students got a chance to learn new and exciting ways to prepare Filipino dishes and learn the Philippine culture, while working in the capital city of the Philippines, Manila.

While there, students lived with their exchange counterparts and worked at the Manila Hotel, a 570room, five-star establishment.

But before the students were chosen to take part in the International Culinary Exchange program, they had to prove themselves.

Students had to study the culture and the culture's main food dishes, write a paper based on the information they gathered and get a recommendation from at least one of their teachers.

They also needed to fill certain academic criteria.

"Students should have straight As," said Vinod Varshney, chair of the School of Hospitality and Culinary Arts and head chef of the culinary

apprentice program.

"I looked for leadership qualities and how they work together as a team."

It is very important for the students in this field to work well in a group dynamic, Varshney said.

"I expected them to learn a lot, to be more independent while there, also to take advantage of the chance for networking in the Philippines in case some of them plan to work there in the future," he said.

The Manila Hotel's executive sous chef Christine Zarandin was also impressed with the NAIT students.

"They were very appreciative of the experience and they really absorbed everything well," she told The Daily Tribune, a newspaper in Manila.

The students were also commended on their working abilities.

"I did not see anybody take a break during their work schedule," Zarandin said.

The NAIT students served 1,500 guests while simultaneously working the hotels' three different kitchens.



Six lucky culinary students celebrate their exchange trip to the Philippines with their instructor, Vinod Varshney, front row, second from the left.

The hotel's kitchens included a Chinese restaurant (Mabuhay), fine dining (Champagne Room) and Filipino (Ylang-Ylang) theme.

Overall, NAIT students came back to Canada with a new holster of skills learned from the Filipino chefs and reat new experiences, which will be showcased in their future jobs as

The International Culinary Exchange program is a unique one, which benefits NAIT students involved.

"This was a excellent opportunity for the students," said Varshney.

Biz student 2nd in national contest

By RACHEL LEES

It seems that NAIT is bench-marking themselves high in competitions as Finance student Christiana Huggins came in second place in

the first annual Nelson Business Writing Contest.

The nation-wide competition entailed writing and sending reports that could later potentially be used in a business textbook.

For her report, Huggins wrote about the oil sands in northern Alberta.

"It was a topic that meant a lot to me, when we were given the report; I knew right away what I was going to write on," Huggins said. "It was something I felt passionate about so it was really easy to do a good take on it and submit it."

Although she felt strongly

about her topic, Huggins said she was still uncertain about whether she should enter the competition, which is open to students at all post-secondary institutes across Canada.

"At first I wondered if I would have the time to do it," said Huggins. "I thought there was no way I was going to win, but you don't know if you don't try."

Huggins said she would never have entered the contest if it wasn't for her instructor, Betty-Ann Schlender, who strongly encouraged and supported her throughout the process.

"I would not have done it if she hadn't suggested it to me and made me feel confident enough to do it, so I think this competition reflects well on Betty as well as NAIT," Huggins said.

And Schlender had only praise for Huggins.

"Christiana is a very capable student. When I asked the class to submit their assignments, she didn't really have all that much work to do to fix it because she is such a good writer," Schlender said.

She adds that Huggins' talents reach farther than simply writing.

"The thing that really strikes me about Christiana is that she looks after and really helps the students around her. She spends so much time and energy with other students that she is just a delight to work with," Schlender said.

With NAIT students seemingly setting a benchmark in various competitions, other post-secondary institutions can see how strong and worthy NAIT students can be, Schlender

"I think, by doing so well in this competition, it shows that NAIT is really getting a good caliber of students. We have high quality students doing high quality work."



Christiana Huggins

"Very capable student"

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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



The Nugget

🌎 Plastic bags a plague 🚓





<u>EVERYTHING</u>

DARYLANN HUTCHINGS Assistant Issues Editor

They're ubiquitous. They accompany us home each time we shop. They swirl about our oceans, they cling to our trees, they drift down our city sidewalks, they adorn metal fences and animals consume them.

They are urban tumbleweed, a flag of the consumer era.

Each year across the world some 500 billion plastic bags are used, and only a tiny fraction of them are recycled.

Most of them will have a short lifetime with a consumer - they'll be used for the few minutes it takes to get from the store to home and then they're thrown away.

But what does "away" really mean? Plastic shopping bags can last up to 1,000 years in a landfill.

In the environment, they break down into tiny, toxic particles that become part of the soil and water.

Furthermore, the production of plastic bags consume millions of gallons of oil that could be used for fuel and heating.

The next time the clerk at your favourite grocery store asks whether you prefer "paper or plastic" for your purchases, consider giving the

truly eco-friendly response and saying, "neither."

Saying "neither" in today's society is an easy decision when more retailers have increased the number of re-usable

A solution that continues to phase an everchanging world.

Here are a few facts about plastic bags that help illustrate the value of reusable bags:

- Plastic bags aren't biodegradable. They actually go through a process called photo degradation – breaking down into smaller and smaller toxic particles that contaminate both soil and water and end up entering the food chain when animals accidentally ingest them.
- According to the Environmental Protection Agency, more than 380 billion plastic bags are used in the United States every year. Of those,

approximately 100 billion are plastic shopping bags, which cost retailers about \$4 billion

- According to various estimates, Taiwan consumes 20 billion plastic bags annually (900 per person), Japan consumes 300 billion bags each year (300 per person), and Australia consumes 6.9 billion plastic bags annually (326 per person).
- Hundreds of thousands of whales, dolphins, sea turtles and other marine mammals



Each year approximately 500 billion plastic bags are used world wide and many of them end up littering the landscape and the world's oceans.

die every year after eating discarded plastic bags they mistake for food.

- Discarded plastic bags have become so common in Africa they have spawned a cottage industry. People there collect the bags and use them to weave hats, bags and other goods. According to the BBC, one such group routinely collects 30,000 bags every
 - Plastic bags as litter have even become thing Green, e-mail me at issues@nait.ca.

commonplace in Antarctica and other remote areas. According to David Barnes, a marine scientist with the British Antarctic Survey, plastic bags have gone from being rare in the late 1980s and early 1990s to being almost everywhere in Antarctica.

So next time you go shopping pick up a reuseable bag and help save the environment.

Anyone with thoughts, or topics for Every-

Transportation frustration

By CELESTE DUL

In the past year, NAIT adapted the U-Pass, a universal transit pass for Edmonton, Strathcona County, and St. Albert Transit.

While this would normally be a highly beneficial adaptation for all students, some are finding it hard to justify busing when only few routes outside of Edmonton are offered directly to NAIT.

Some students from Sherwood Park are frustrated with the fact that busing from areas in Strathcona County (which includes Sherwood Park) isn't as accommodating as busing from within Edmonton or St. Albert, which run buses to NAIT at least one or more times each hour.

"The fact that the bus to NAIT only runs a few times a day is very unattractive," said Sean McHargue, a former power-engineering student at NAIT. "It detracts from the

> convenience of busing, I originally attended Grant MacEwan and was able to bus every day. It was awesome."

> But the reason Sherwood Park students are left with few route options is because of low NAIT ridership numbers.

> "NAIT commuters have been historically a small portion of our ridership. Service is determined by demand," explained Matt Carpenter, Strathcona County Transit (SCT) manager.

> "Unfortunately, with a smaller pool of potential riders, at this time NAIT does not warrant the same amount of direct service as other academic institutions."

Carpenter said direct routes from Strathcona County to NAIT could increase if demand increases.

"If the U-Pass helps to increase transit ridership, [direct service] could change," Carpenter said.

And although routes are currently scheduled at inconvenient times for some students, Carpenter said there are ways to make connections more convenient.

"In situations where ridership levels are low, transfers are commonly the most convenient strategy for making connections to additional destinations," Carpenter said.

"Edmonton Transit Service offers a number of routes that can connect the NAIT campus with SCT routes in downtown, including the new No. 15 NAIT express route. The U-PASS is valid for both services."

He said since the U-Pass is now a mandatory fee for fulltime NAIT students, students should try to bus more and prove to SCT that improved service is needed.

"Now is a great time for students to demonstrate the need for improved service," he said. "If more students with U-Pass ride the bus, improved service may be possible."

Currently buses run from the Strathcona station at 7:45 a.m., 8:45 a.m., 10 a.m. and 12 p.m. with returning trips at 12:19 p.m., 4:17 p.m. and 4:40 p.m. If these times are not within your schedule, students can connect to a different bus

Routes from St. Albert and within the Edmonton area take place much more frequently throughout the day.



Parking rates up

By NICOLE DE CHAMPLAIN

There are a few less cars in NAIT's parking lots this semester.

NAIT's parking prices have gone up once again this year but it's not because of the U-Pass.

Jerry Hove, manager of security and parking services, says the lot prices must go up a percentage every year in order for NAIT to be able to maintain their parking lots.

All the profits made from parking goes to NAIT, with a portion of the money going towards maintaining the lots

"All revenues that I bring in go straight to NAIT and they distribute the funds," Hove said.

While the cost increase does not have anything to do with the U-Pass, Hove said the introduction of the "universal transit pass" this year appears to have reduced the number of students making use of NAIT's lots.

"Normally my parking is sold out. Currently, I still have available stalls at the municipal airport," Hove said, adding that having unclaimed stalls at this point in the semester is a somewhat unusual occurrence.

He said that the U-Pass has filtered out the people who don't necessarily have to drive.

But some NAIT students aren't happy with both the U-Pass and the increased parking rates, including pre-

technology student Sheldon Trewin.

"I think that it is absolutely ridiculous," Trewin said.
"This further justifies why I will continue to park in the Zellers parking lot."

However, Hove said for students struggling with the price increase, rather than trying to find a parking spot daily, they could instead apply for a monthly pass at a lesser fee.

A regular parking pass averages at about \$53 per month. That equals about nine days of daily parking at a price of \$6 per day, compared with \$5 last year. Or, Hove suggested, there is a carpool program students could apply for which gives them priority parking.

Still Hove said that NAIT's parking fees are under the post-secondary norm.

"If you compare us to other post-secondary institution we are quite a bit cheaper if you look at our rates," he said. "We don't want it to be seen as a cash grab against staff and students."

Hove said NAIT is hoping not to increase parking lot costs in the future, but to try instead to improve the system.

"Basically it would be like eventually stopping the municipal airport and trying to provide those kinds of stalls on campus so that it's a better service for students."



Photo by Claro Cagulada

The cost of maintaining NAIT parking lots is raised from the prices charged.

No smoking and no butts about it

By DARYLANN HUTCHINGS Assistant Issues Editor

As many students return to school, many are in need of a lesson or a refresher on NAIT's smoking policy.

There is no smoking allowed anywhere on campus.

If students get caught on campus with a cigarette in one hand, expect security guards to hand over a \$287 ticket to go in your other hand.

"Personally I didn't think that it was fair they came up to me after I was off school property, but it happened," said Ali Yusuf, a second-year NAIT television broadcasting student. "\$287? Seriously. I could buy so many more smokes with that but really don't do it, it's a lot of money."

The NAIT Board of Governors approved the new smoke-free campus policy in July of last year.

The decision was made out of the desire for a healthy, safe, clean and respectful learning and work environment for staff, students and visitors together, with the expressed concerns of many NAIT constituents.

The Occupational Health and Safety department continues to offer smoking reduction and educational awareness programs to help faculty and staff who wish to stop smoking or reduce their tobacco consumption. OHS can be con-

tacted at Room O-119.

Tobacco smoking is the leading cause of premature death and disability in Canada.

In addition, second-hand tobacco smoke is a known carcinogen and a cause of lung cancer and heart disease.

NAIT will help staff and students with effective education and smoking reduction programs designed to assist those who currently smoke and wish to quit.

STUDENT HEALTH & DENTAL TO OPTOUT OR TO ADD FAMILY THE DEADLINE IS SEPTEMBER 24, 2010 BY 4PM

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Cinda's Tech Talk

Dear Diary: Online





LINDA HOANG Issues Editor

I haven't had a private diary since I was a little girl.

I remember devotedly pouring my deepest thoughts, good and bad, into these journals - devoted for a short period of time, at least.

For some reason my relationship with these diaries never lasted very long and before I knew it, I had abandoned the hardcover journals completely.

However, I always had an itch to continue writing down my thoughts.

My thoughts throughout the day now go on Twitter. My thoughts around a particular topic can go in a blog post on my website. My thoughts on technology have a spot in this weekly column in the Nugget.

Despite these various outlets, I have never truly been able to write freely, write my most bare and honest opinions, since those childhood diaries.

How can you, really? When things you publicly publish online remain etched in the interweb forever. When your words are being watched by god knows who and when you could offend anyone at anytime.

Enter "OhLife."

OhLife is an online dairy, which, provided you don't get hacked, is the best and easiest online personal journal for your private thoughts.

Reman Child and Shawn Gupta, the creators of OhLife, say the online journal, which I've been using on a daily basis now for over a week, came from a simple idea.

"We wanted something that made it really easy to get in the habit of writing a journal," Child and Gupta wrote on the OhLife website.

Once you sign up for OhLife, you receive one e-mail each night asking, quite simply, "How did your day

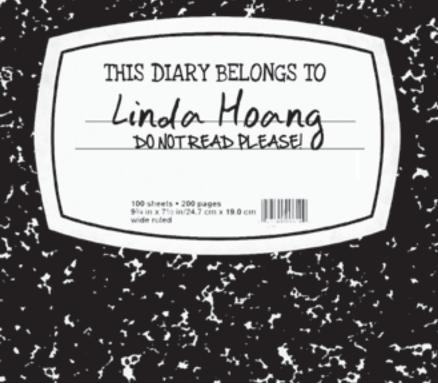
All users have to do is reply to that e-mail and it automatically makes a private journal post to your OhLife account. The entry can be as long or as short as you want and you can even include a photo.

OhLife's website interface is also slick. It's clean. It's simple. And when you sign into your account you can easily view your latest post as well as all past entries. You even have the option to archive and print your entries if you really did want a hardcopy.

But the daily e-mail reminder is truly the best aspect of OhLife. It's the key to ensuring that at least this diary relationship stands a better chance at lasting than your previous

And again, it's private.

So rant all you want about whoever and whatever you want – things you wouldn't be able to truly do without consequence otherwise – and do it knowing OhLife will keep things nice and private for you.



Maybe it won't explode in popularity like Facebook and Twitter did, but my guess is that OhLife will make quite an impression on the niche audience it's targeting, myself included.

Now please excuse me while I go write in my diary.

I'm happy to be able to use that phrase again.

Follow Linda on Twitter at http:// twitter.com/lindork.

Gals talk tech

Michele Parker

By CELESTE DUL

On Sept. 29, the monthly Women in Technology Meet 'n' Greet will kick off here at NAIT.

At these lunches, female students in non-traditional programs will gain information, support and create a network that will help them succeed in their careers.

"The first meeting is to obtain the girls' ideas," said Michele Parker, co-ordinator of student engagement at NAIT.

"We take their ideas and build the luncheons from there."

Students will gain support by meeting other women in non-traditional programs.

Luncheons will also provide information on topics of interest allowing women to gain a more informed idea of what to expect from their future

In the past, female speakers who work in non-traditional fields were brought in for the Meet 'n' Greet. These women explained what being in the industry has been like for them, along with their challenges and success stories.

The speakers are also tailored to the group of students, Parker said.

"Topics with guest speakers are based on

their needs," explained Parker. "For example, if the girls want topics on job preparation skills or how to enhance their resume, we'll bring speakers in for that."

By attending the Women in Technology Meet 'n' Greet, students can also look for-

strategies.

These strategies will help women make connections when attending trade fairs and allow them to further their careers.

ward to gaining networking

The Women in Technology Meet 'n' Greets are a great way for women in non-traditional programs to gain valuable information in their technologies and ultimately learn how to succeed in that field, Parker said.

Students ask the que tions they want answered in a friendly environment.

Sessions are free and run

from 11:15 a.m. to 12:10 p.m. and then again from 12:15 to 1:10 p.m. in Room X-215 on Sept. 29. Subsequent sessions are held at the end

Students wishing to attend are asked to register with Parker at mparker@nait.ca or by calling 780-378-5048.

For a full list of Women in Technology Meet 'n' Greet events, go to www.nait.ca.



OPINION

— Editorial —

Feeling a little Bieberish?



KATHY LE Editor-In-Chief

What has the world come to when a 16-year-old boy with a bad hair-cut has too many people wrapped around his little finger? I bet I don't even have to put his name down and you probably know who I'm talking about. Yeah, that's right, Justin Bieber, aka Biebs. This Stratford, Ontario native, who received rec-

ognition through YouTube postings in 2007, reminds me of an uncontrollable virus that's given every tween, and teen – what are they calling it? – the "Bieber Fever". I'm not joking; this Bieber Fever is a real sickness. It has fans fainting, crying and going into a frenzy. It also has other people (non-fans) getting headaches and becoming irritable at the sound of his name. I didn't even have to try to learn about this teen heartthrob because he's splashed on the front and inside every media outlet out there. Even my own grandmother knows who he is and she doesn't speak English.

Bieber to help get the vote out?

However, the worst symptom I've discovered last week is his fame has influenced an American political group called Campus Progress to suggest Bieber could be the answer to encouraging people to vote during the American mid-term elections. The group submitted a contest video to Vote Again 2010 called "Do it for Bieber," using Bieber as the reason people should vote. When I first heard the news on CBC's *The Current* I thought I heard wrong. Unfortunately, I hadn't. Curious minds can see the video on the Internet and, in between clips of fans bombarding Bieber, hear members of this group saying things like, "it's us, asking you to vote for celebrities who can't – celebrities like Justin Bieber" and "Bieber's 16, he's too young to vote, yet whomever we elect in the 2010 midterm election will impact his future and ours ... tell everyone to vote again in 2010. If they won't do it for you, ask them to do it for Beiber." Do it for Bieber?

Scary idea

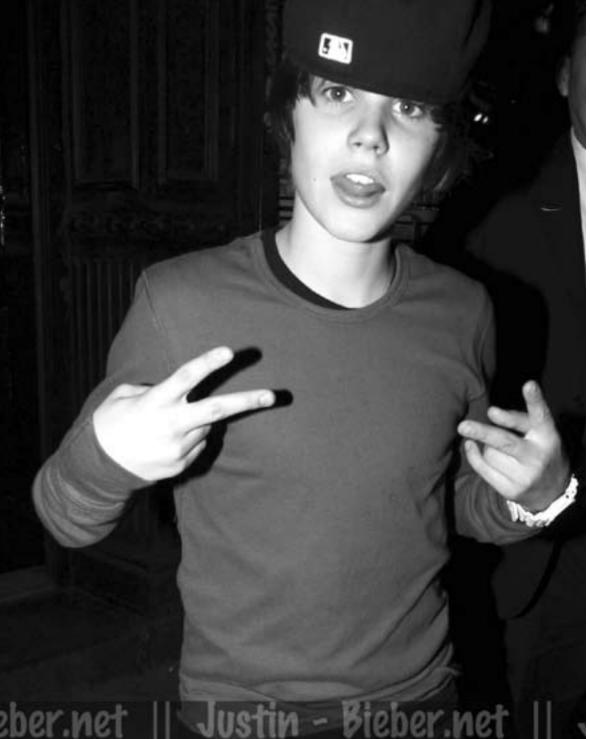
What has our society diminished to? Forget social studies class and school, the only way to get youngsters to learn about politics and to vote is if Bieber is involved. This idea scares me. If this is happening now, what kind of world will my kids be living in 20 years from now? Is it going to be run by some political head honcho who won because his or her political agenda was in the best interest of one little boy and that's why people voted. If anything, this video is teaching the new generation to vote, not based on what their beliefs are, but because they should do it for someone else

One member from the group said, "their hope is to create something that goes viral and gets young people to be aware of the election." I get the idea that Bieber has pull, but does this group really think that those who can vote will suddenly start voting because they're going to do it for a pop star? People are reluctant to vote on their own. Bieber's target demographic is mostly under 18 and once these minors are aware of an election, I highly doubt they will influence their parents to participate because their vote will affect the future of Bieber. I know this approach wouldn't have my parents running to the voting booths.

Vaccinate the fever

I think this whole video is a big joke and this "Bieber Fever" epidemic needs a vaccination, quickly. How can one boy, whose biggest agenda right now is probably girls, have so much influence on the world? Last Sunday, Bieber came to Edmonton for a concert and made a quick appearance in West Edmonton Mall's Hooters restaurant. The assistant general manager of the restaurant described the scenario as fandemonium and stated that even Steven Tyler and Green Day didn't receive attention like Bieber did when they visited. His little Hooters appearance even attracted international media attention, including Access Hollywood. I hope Bieber's

career will die out soon just like every other childhood star. Once he hits puberty – perhaps that'll be the day he can vote – he'll just be another has-been (look at Nick Carter) and the world will be rid of "Bieber Fever" and go back to normal until the next "Bieber" arises and infects everyone again. My final conclusion: Politics and Bieber, or anything of the like, should not be combined.



connect.in.com

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

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SPORTS

MEN'S VOLLEYBALL

Right pieces in place?

By TAYLOR POLLMANN

After an early exit in last year's ACAC playoffs, the men's Ooks volleyball squad is looking for a lengthier season this time around.

Head coach Simon Fedun, now in his third year with the team, believes his group may now have the right pieces to take the next step this year and a dozen more

"We are going to hopefully make a step towards provincials this year and then next to nationals," says Fedun. "I don't see any reason why that's not a possibility. The ultimate goal is to win a national championship."

Nine returning players

This year's roster will feature nine returning players from last year's squad, including team captain Austin Hinchey and the North/South division's season leader in kills, Australian-born Greg Mann.

Although there will be many familiar faces returning this year, Fedun has managed to attract some top level recruits to the school.

"There is a very good setter out of Australia, Austin Mueller, who is very good. There is also a young right side out of Red Deer, Jared Rusten, who is going to be a very exciting player to watch," says Fedun.

Though an ACAC team may lose players every year due to final years of eligibility and graduation, the Ooks have suffered a loss to their team that had Fedun scrambling to fill it.

"Darek Pierzchala informed me in the middle of August that he wasn't returning. That was a tough one because he was going to be a very good player," Fedun explains.

According to the coach, growth in some of the most important aspects of the game is going to be what makes the difference in a very strong conference.

"I think the overall skill level [will have to improve].

We are athletic, really physical and pretty big, so size isn't going to be an issue. We simply have to touch as many volleyballs as we can because the rest of the league has a pretty high skill level," says Fedun.

While the ACAC is typically known as one of the stronger conferences in the country, league brass have decided to make some changes to its organization.

The ACAC power conference that formed at the mid break of the season in years past will be abolished in favour of a more structured schedule that allows for fewer travelling hours for competing teams. The change is welcome in the Ooks locker room.

"It allows you to prepare for the year at the time. You don't have to change after Christmas and it still remains a very competitive schedule," says Fedun.

Two new schools

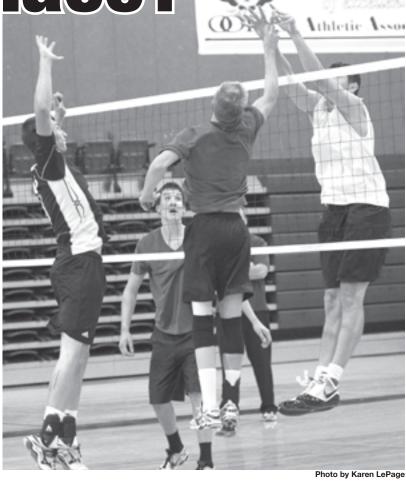
Two schools will also be added to the conference. Augustana, a satellite school of the University of Alberta operating out of Camrose, and King's College, located in Edmonton.

While the schools may be new to post-secondary volleyball, Fedun believes they will present a difficult challenge for seasoned programs.

"They did a very good job of recruiting some very good young players," he says. "I don't anticipate they are going to be weak teams but fairly strong for their first year in the league."

The Ooks begin regular season play on Friday, Oct.

22 against the Grant MacEwan Griffins. The team will then return for a rematch and their first home game of the season on Saturday, Oct. 23. All information regarding the Ooks and their schedule can be found on www. acac.com.



The men practise earlier this month.

WOMEN'S VOLLEYBALL

Back to basics

By TAYLOR POLLMANN

With a fifth place finish in the ACAC last year and the loss of their standout player in Katie Seys, the NAIT Ooks women's volleyball team is looking to rebuild themselves into a powerhouse for the coming seasons.

The combination of the relatively young team mixed with some key veterans was one of the main reasons former CIS coach of the year Erminia Russo Thorpe took on the top job at NAIT

"I wanted to get into a program that was a developing level team. A university level that is developing, but we still have some players that are pretty good athletes and volleyball players already," says Russo Thorpe.

With the coach's hiring coming at the end of June, the transition didn't leave much time for recruiting of players. Most of the players that will make up the team will be a combination of returning players and recruits signed by former coach Keith Lundgren, says Russo Thorpe.

"A couple of players were recruited by the former coach and I had some inquires into that. So basically I had to go with what was returning and convincing last years players to return

and then basically going with whatever showed up for this year," she explains.

Though the team has held fewer than a dozen practices and try-outs to date, Russo Thorpe believes the team has what it takes to qualify for this year's provincial championships.

"In my mind, without having spoken to the players yet, I think we potentially have, if we put it all together, a team that has a chance to get to the provincials," she says. "We will see what happens after that."

In order to reach that goal, the entire squad ill have to develop a number of skills and attributes in a timely fashion.

"Basically what I'm working on is for us to be fundamentally sound. We are going to work on a lot of basics and a lot of repetition in order to be good at those basics. I also want us to be very well conditioned and in shape," Russo Thorpe says.

The final team roster will be announced mid-week, with the regular season starting on Oct. 22 against the Grant MacEwan Griffins. The squad will then return for their first home game on Oct. 23 at 6 p.m. in the NAIT gym.



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MEN'S BASKETBALL

Ready for the next step

By RAVIN VYAS

NAIT Ooks men's basketball coach Don Phillips is a firm believer that forming, storming and performing are all necessary and inevitable tools for a team to grow, develop and ultimately produce good results.

After finishing first in the ACAC last season, Phillips expects his team to contend for a national championship this year.

"I know this may seem cocky but I hold myself to the highest regard. If not, I do not

understand the need to keep the score," he says, adding, "Taking that into consideration, the only thing that can stop us is us."

The Ooks are fortunate to be bringing back several key players, including fifth-year guard Shane Cox (last year's leading scorer), second-year guard Gerard Mozwa (steals leader), and fourth-year forward Shane Reece. To this core group, they must integrate a host of new

recruits in 2010-2011. Among these are sixfoot-six guard/forward Jawauwn States, sixfoot-two guard Corey Saban, and six-foot-eight guard/forward Bol Kong.

"We feel like we've got one of [the most], if not the most, talented teams in the country," says Phillips. "[We] have a solid core of returning student-athletes."

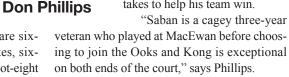
The coach points out that any team is capable of hoisting the championship trophy once they get to the national tournament, citing last year's champions from UNBC. "[UNBC] hosted the 2009 CCAA National Champion-

ships. Through this automatic berth they managed to earn the bronze medal. This experience is what helped them secure the 2010 CCAA gold medal. Considering what we accomplished last year, we are definitely hoping to do the same."

We think we've addressed all the weaknesses from our team last year, which is size at the guard position, size at the power forward position and depth at all positions," Phillips says.

The coach feels that some of the new addi-

tions will go a long way to proving him right. "States is a very versatile guard/forward that can dominate the game in all facets, [guard Clayton] Bennett is an exceptional shooter that also works very hard at playing hardnosed defence, [guard/forward Jahmol] Samuels is a selfless player that I consider a glue-guy, meaning he will do whatever it takes to help his team win.



All eyes are on NAIT and Phillips is excited to get the season underway.

"We strongly feel that the product that we have on the floor is amongst the best at any level in the country," he says. "We sincerely hope our fellow students and staff will come out and support us on our journey".

We have a lot of depth, a lot of experience, we can shoot the ball well, we're very athletic," says Phillips. "I really like this team."



Action in this month's alumni game between former Ooks and current players.

Athletes of the week

September 13-19

Kelly Tataryn Soccer



Kelly scored four goals on Sunday versus the Grande Prairie Wolves, bringing her goal total to eight for the season. Kelly was one of the team's best players in a 2-0 loss to Concordia on Saturday and was the player of the game on Sunday, leading the Ooks to a 6-0 win over the GPRC Wolves. "Kelly's work rate is fantastic every game," said coach Sergio Teixeira. "She is now beginning to be rewarded for her strong work ethic." Kelly is a first-year Continuing Education student from Morinville.

Thiago Silva Soccer



Thiago was a force in both of the Ooks games this past weekend in the team's home-opener games. Silva scored the Ooks' second goal in a 3-1 victory over the Concordia Thunder on Saturday and then followed that up by scoring the team's lone goal in a 2-1 loss against the Grande Prairie Wolves the following day. "Once again, Thiago showed why he is the premier player in the ACAC north division," said NAIT coach Jeff Paulus. "His vision on the pitch, playmaking ability and touch on the ball just seem to come so easily for him and makes everyone else around him a better player." Thiago is a second-year Business Administration student from Brazil.

NAIT notes

By NUGGET STAFF

Women's soccer team splits weekend matches

to defending national champs Concordia on Saturday with a convincing 6-0 defeat of

Grande Prairie. Head coach Sergio Teixeira was especially pleased with the play of Kelly

Tataryn, who scored four goals in Sunday's game, giving her eight on the year. "Her work rate is fantastic every game and she is being rewarded for it," said Teixeira. On Saturday, the Ooks were held off the scoresheet for the first time this season. According to Teixeira, the difference between the two teams was simple. "Two mistakes resulted in goals [for Concordia] and we unfortunately did not make them pay for their mistakes," he said.

Men's soccer team goes 1-1 over weekend

The men's Ooks split their weekend games as well. On Saturday, the squad dispatched Concordia by a 3-1 margin. NAIT dominated the time of possession and was rewarded in the second half when Jeff Hall and Thiago Silva scored a pair of quick goals to give the Ooks control of the match. "The manner in which we controlled today's game was very satisfying and my lads are unlucky to have not put away three or four more," said

head coach Jeff Paulus. The team wasn't quite as fortunate on Sunday, as they were lost their first match of the season, 2-1 to Grande Prai-The Ooks bounced back from a 2-0 loss rie. Silva was the lone goal-getter. Despite

> controlling much of the match, Paulus was very complimentary of the GPRC side. "Those lads defended extremely well and their counter-attack is quite scary. They are worth full marks

today for their result over us," he said.

This week: Both men's and women's squads visited Grant MacEwan on Wednesday (scores not available at press time), and will host King's College on Saturday.

Successful retreat for men's volleyball squad

Cranbrook, BC, was the location for this year's team retreat. Head coach Simon Fedun was pleased with how things went. "This was a great weekend for the team to get away and get to know each other," he said. "At the same time, it allows the coaching staff to evaluate where we are with our skill development and system implementation. We have a lot of work to do, but I like the effort being put forward." While in Cranbrook, the team played three exhibition matches against the College of the Rockies, and came out on top in all of them, by scores of 3-2, 3-0, and 3-1. 3rd year man Bret Cole was a stand-out player, leading the team in kills, blocks and aces.

Thursday, September 23, 2010 The Nugget

Miller's signal crossing



Sports Editor

OUT OF BOUNDS RYAN FLAHERTY

We sports fans experience a wide range of emotions throughout the course of watching a game. Joy, despair, hope, glee, frustration, confusion, even full-blown rage. But there are moments that are so mind-bogglingly insane, that to categorize the emotions they inspire would be an exercise in futility. One such moment occurred near the end of last Friday's CFL game between the Calgary Stampeders and Saskatchewan Roughriders.

Allow me to set the scene. The 9-1 Stamps had invaded hostile Mosaic Stadium in Regina for a critical matchup with the 6-4 Riders. Although Calgary was riding a seven-game

win streak and the Riders were coming off their worst performance of the season (a 31-2 loss to the Winnipeg Blue Bombers), the two clubs battled back and forth all night, eventually finding themselves tied at 37 with just over a minute to play. Saskatchewan, led by quarterback Darian Durant, drove the ball down to the Calgary 28-yard line and positioned themselves for a 35-yard field goal attempt by kicker Luca Congi, who had the wind at his back. The circumstances seemed ideal for a Rider victory.

Then Rider head coach Ken Miller made one of the strangest, most idiotic decisions that this writer has ever seen from a coach in any sport. After the Stamps called time out in an effort to ice Congi, Miller suddenly pulled the kicker off the field, replacing him with punter Eddie Johnson. Miller's plan? To have Johnson boot the ball through the end zone, giving the Riders a one-point victory.

Let's examine this decision for a minute. Miller was trading a kick by a guy (Congi) who was hitting 80 per cent of field goal tries from inside 40 yards for the vain hope of a 58-yard punt from Johnson, who has a season average of 43.4 yards per punt. You can see right away how ludicrous that sounds. Unsurprisingly, Johnson's punt was fielded by the Stamps' Deon Murphy, who ran it out of the end zone, thereby ensuring the game would go to overtime.

The choice to punt was inexplicable, unbelievable, brain-crampingly moronic. What's worse, Miller obstinately defended the call in front of the media afterwards. His jus-

tification was even more ridiculous. According to Miller, he was worried that Congi's field goal attempt might hit the upright. That's right, the prospect of an incredibly rare occurrence was enough to scare a veteran head coach into telling Congi, in so many words, that he had no faith in his kicker.

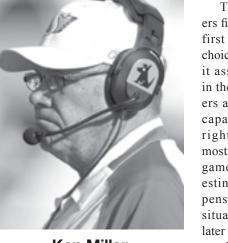
The Riders eventually prevailed in overtime, thereby saving Miller from a place on the alltime bonehead list, but in fact, the stakes may have

had Calgary won, Miller might have lost his job. The call itself was baffling enough, but to sit there and justify it so blithely was nothing less than an open display of a complete lack

of in-game coaching prowess. That truly is what made his decision so ridiculous. It's one thing to chalk up a poor call to the heat of the moment or some other influence, but to stick by it after the fact in the face of overwhelming

evidence to the contrary is just plain idiocy.

The win kept the Riders firmly in the hunt for first place, but Miller's choice to try and punt for it assuredly put doubts in the minds of his players about whether he is capable of making the right decisions in the most critical moments of games. It will be interesting to see what happens if another similar situation presents itself later on this season. Then maybe we'll find out if he really would make the



Ken Miller What was he thinking?

been even greater. In many peoples' opinion, same call again "in a heartbeat," as he put it. Or maybe Ken Miller will discover that the taste of humble pie isn't really all that bad. Rider fans are undoubtedly hoping it's the

MEN'S HOCKEY

Team looking to rebuild

By KYLE GALLIVER

With NHL training camps getting underway this week and CHL leagues well into their preseason it's official: hockey season is finally here.

After playing in a tournament in Saskatchewan over the weekend, the Ooks men's hockey team has started preparing for the upcoming 2010-2011 ACAC season. They will hit the ice again this weekend for their annual Blue/Gold tournament, their second of three exhibition tourneys.

According to head coach Serge Lajoie, the tournament is a perfect opportunity to start working on systems and team chemistry.

"We want to establish a foundation for the offence and the defence" says

The coaching staff wants to focus on developing familiarity with the players and start forming offensive lines and defensive pairings. The bench boss is hoping to have the roster set by early next week – so it's also the last chance players on the bubble have to impress the coaches in their efforts to earn a roster spot.

The coaches are using the tournament to help them figure out what kind of team they have so they can start putting key systems into place.

"We're all on the same page" Lajoie answers when asked if the new coaching staff has had time to talk about what style of play the want he team to adopt. They have had some systems in place since training camp, but Lajoie stresses that a game situation so they can use systems that are best suited for them.

The squad is looking to duplicate the efforts of their female counterparts, who went a perfect 4-0 to win their Blue/Gold tournament.

this Thursday, wraps up on Sunday, and will include teams from Grant MacEwan, Concordia, and Mount Royal. All games will be played at the NAIT arena. Check

The men's Blue/Gold tournament starts the schedule at www.nait.ca/athletics for a list of all game times.

> The Ooks conclude their exhibition season with the SAIT Eye Opener tournament the following weekend in Calgary.



Photo by Claro Cagulada

it's important to get a look at the team in
The Ooks men's hockey team in action last year.



UNSPORTSMANLIKE CONDUCT

GARIT BYINGTON Assistant Sports Editor

For Jose Bautista there is no time like the present. For someone who has never come even close to the number of home runs he's hit this year, it looks like Bautista found the right opportunity, coaching and environment to come into his own.

He's nearing the end of one of the best offensive seasons by a Toronto Blue Jays' player and he is nearing the end of his contract with the club.

The season Bautista is having is raising a tough decision for the Blue Jays as they must decide what to make of this season, and whether or not to "show [him] the money."

By looking at his stats and the history of baseball stats, the season appears to be a fluke. Remember Brady Anderson? Of

Jays hit a home run

had more than 24 in any other of his seasons.

Then again, the Blue Jays may have found a diamond in the rough on the waiver wire, who has just found the right situation.

We haven't heard the steroid comment much with regards to Bautista, but you know that question is looming. Believe it or not, even in this day and age of steroids, someone can figure out the right time to swing his bat to make contact for a

fielder who hit 50 homers in 1996 but never is hitting most of his dingers into the exact

same section of the stands.

In a day and age when it seems you can only get long-ball hitters from juiced-up big guys, Bautista appears as a lean athletic player who has found the proper swing mechanics.

Through the tutelage of hitting coach Dwayne Murphy and manager Cito Gaston, Bautista has one of the most fluid swings, leaving pitchers behind the 8-ball.

"The way I used to hit before, the ball was on

course you don't. The former Orioles out- homer, a steroid-free homer. Also, Bautista top of me so my swing looked out of control and reckless at times, just because I was trying to catch up to the baseball," Bautista said in a May interview.

> "By getting ready earlier, it allows me to have my normal swing, aggressive still, but not out of control. It never was explained to me in the way these guys did it."

> This guy is an intelligent 29-year-old (I for one like many thought he was well in his mid-30s) whose laid back demeanour parallels an intense competitiveness burning

> The fact of the matter is this, one of his favourite shows growing up was Saved By The Bell. This guy is a must-keep, I mean come on, Saved By The Bell!

> Even if he just becomes a player who bats .250 with 25 homers and 90 RBIs, he would still be of tremendous value to the

> Blue Jays fans hope their team and Bautista can make ends meet and he will remain a Jay. The team may very well let Bautista play in 2011, then make their decision. But by then, the price may be way higher with the door open to other



Jose Bautista

UFC 119: A contrast in styles

FITZY'S FIGHT By PAUL FITZPATRICK

Call it the "rematch replacement." Minotauro Nogueira ("Big Nog") was forced to pull out of UFC

the main event against Frank Mir. It was a rematch many MMA fans were looking forward to, but a rib injury has put the fight on hold. After all, at UFC 92 "Big Nog" tried to fight through a nagging knee injury and was stopped in the second round by

119, where he was slated to fight in a Mir TKO. Lesson learned.

Photo by Jack Bratcher/ProMMAnow.com

Frank Mir

So instead, UFC President Dana White has replaced Big Nog with the Croatian sensation Mirko Cro Cop. This is Cro Cop's second stint with the organization and this time he's not messing around. He had a threefight try out back in 2007 that didn't exactly pan out after he dropped two of the decisions.

After getting cut by the UFC, Cro Cop went to Dream. In only his second fight with Dream, the Croatian stepped into the ring with current Strikeforce heavyweight champ Alistair Overeem. The fight was called a no contest after Cro Cop was nailed in the family jewels with a knee. From there, Cro Cop decided to move to K-1. Hong Man Choi, a seven-foot-two, 350-pound Korean, was his first opponent. Just imagine a Korean man the size of Shaq. Incidentally, Shaq called out Hong Man Choi after UFC 118 in Boston, so maybe we'll see a Shaq vs. Hong Man Choi bout in the future. Cro Cop won the fight with a leg kick. Yeah, a leg kick TKO; that's how devastating Cro Cop's left leg can be. Seeing this result, Dana White gave Cro Cop a second chance and he has not disappointed, winning three of his last four fights. 20 of his 27 wins have been by knockout, so Cro Cop obviously looks to finish fights.

Mir has one particular win that sets him apart from anyone else in the world; he is the only man to have defeated Brock Lesnar. It was simply due to Lesnar's inexperience in the octagon, and he has subsequently learned a lot from the loss. In fact, in the rematch a highly motivated Lesnar overwhelmed Mir. After the loss, Mir appeared to be more motivated then ever when he put Cheick Kongo to sleep with a guillotine choke in the first round. Only Shane Carwin stood between Mir and a trilogy bout with his archnemesis Lesnar. Carwin knocked out Mir in the first round though, and sent him right back down the chute and now it's time for him to climb the ladder again. Mir's biggest strength is his submission skills. He has eight submission wins by seven different types of submission. Mir's fights rarely go the distance.

At UFC 119, Cro Cop will look to keep this fight on the feet because his left leg can do some serious damage. Mir will counter by trying to take this fight to the mat for a submission. Both fighters need a win in a big way, so don't expect this one to go the distance.

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WOMEN'S BASKETBALL

New faces, new coach

By TAYLOR POLLMANN

After a season full of disappointment and frustration, the NAIT Ooks women's basketball team will be hitting the court with a new coach at the helm and a half-dozen new faces on the roster.

"We have a significant core of returning athletes but we have managed to add some new incoming ath-

letes that are returning to the program after some time away," says head coach Todd Warnick.

A few of those Ooks will be Dale-Marie Cumberbatch, a perennial conference all-star, and former Grant MacEwan Griffin standout Katrina Papenhuyzen.

With last year's season coming to a disappointing conclusion that resulted in the Ooks missing the ACAC playoffs, Warnick wants to take the first steps with his new team in the regrowth

"We plan to improve on our 5-19 record from last year and hopefully advance to the ACAC post-season this year," he says.

While the long-term plan is to bring the program to a top tier level rivalling those of other teams in the city, Warnick believes in the growth of players over

"Our five-year plan is to be in a position to compete for the ACAC championship," says Warnick. "Our next two years will be focused primarily on recruitment and bringing the quality of athletes up and moving forward."

> Warnick, who coached Concordia from 2006-2009, was an instrumental force in shaping that team into what they are today. As a veteran of the ACAC, Warnick believes a select few teams hold the conference together, but after that the playoff berths are for anyone's taking.

"The top two to three teams with Mount Royal, Concordia, MacEwan and SAIT are going to be extremely strong, but after that it's pretty wide open,"

The Ooks will take the court next in a pre-season exhibition tournament at King's College in Edmonton from Sept. 30-Oct. 2. The regular season begins on NAIT's home court on Friday, Oct. 22. The entire Ooks schedule can be found on www.acac.ab.ca.



Women's basketball action during the annual alumni game

Passion brings coach back

By CATHERINE YE

"Playing basketball is like climbing a mountain. You don't need to worry about the results, the outcome will take care of itself if you focus on the process," says Todd Warnick, the new women's basketball coach for the NAIT Ooks.

The new coach has a striking resume. He played basketball in high school, but a serious injury pushed him away from the court for three years. However, his passion for basketball pushed him back as a coach.

Warnick started coaching in a high school in Calgary and got his first head coach job in 2001 at Malaspina-University College (now Vancouver Island University) in Nanaimo, BC. He took over a 1-17 team, but after three years of hard working and persistent exercises, his squad won a provincial sliver medal in 2004-2005 and qualified for a wild card berth in the national championships.

Coincidentally, that championship was hosted

"Yes, that was my first exposure to NAIT,"

Warnick says with pride, displaying a tournament program featuring a photo of his former team.

Warnick spent the next four years, including three as a head coach, at Concordia University

In 2010, Warnick chose to come to NAIT to pursue another kind of coaching experience. "NAIT provides a really great atmosphere for the student athletes and full time coach. Its support for sports makes it flourish," he says.

Todd Warnick

brilliant individuals on the team, we still have a long way to go to finally compete with tough teams."

Warnick is pleased with his players' work ethic

"They are extremely hard working and commit themselves to the exercises," he says. "I can see their physical level improving tremendously."

In order to achieve this, the coach conducts training in some unique places. For example, in order to prevent knee and ankle injuries, Warnick has his charges run in a pool, taking the stress off their joints.

Warnick's approach is simple,

When it comes to setting goals for the coming he explains. "As a coach, my philosophy is to serve season, Warnick says, "Although we have some as a guide to help my student athletes to achieve

their full potential. Just keep it simple and let the players make their best decision on their own. Coaching is all about respect, not making friends with your players. Sometimes they hate you, but they will thank you as long as they accomplish their dreams. What I value most from an athlete are [that they're] hard working, fearless and commited to

Apart from basketball, Warnick values the chance to spend time with his family.

"The three most important things in life are family, school and basketball, in that order," he

"Basketball is a universal language on the court. Maybe the players come from different cultural backgrounds, they find it hard to keep in touch with you [off the court], but they will understand each other naturally when they play as a team," Warnick says. That is the magic of sports.

Although Tillman has been part of a num-

ber of successful organizations throughout his

Chastened Tillman takes

By TAYLOR POLLMANN

Facing one of the worst regular seasons in their history, the Edmonton Eskimos have announced the appointment of a new general manager in the midst of controversy. Eric Tillman, who most recently was GM of the Saskatchewan Roughriders, was hired by the Esks last Thursday.

The choice to hire Tillman was a difficult one for Eskimos management, as Tillman left the Roughriders under trying circumstances in 2009 after pleading guilty to a summary charge of sexually assaulting his family's 16-year-old babysitter.

While he was granted an absolute discharge and received no criminal record, Tillman believes it is upon him to rebuild his reputation with CFL

"It's not the responsibility of other people to forgive me. They have every right to have

the feeling [of anger]," Tillman said. " It's my responsibility to conduct myself in a way that will re-earn respect and trust. I will start doing

In his career, Tillman has guided three separate CFL teams to Grey Cup championships, which made the decision to hire him rela-

> tively easy in football terms for a rebuilding franchise.

> > "The football decision was easy," said Eskimos president and CEO Rick LeLacheur. "However, as we know, it's not been an easy decision. In terms

of community response, it's been a very tough and difficult call."

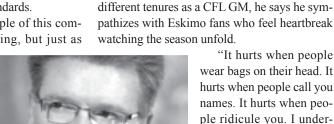
The response by the community to Tillman's hiring has been relatively negative so far. Nearly two-thirds of callers to the Eskimos ticket office have stated that they do not support the move. Tillman said he understands the community response is based upon the organization's proud history of high community standards.

"I understand that the people of this community not only value winning, but just as

much value the good name of the organization," he

On the football side, Tillman believes the club will have to focus on the growth and development of homegrown talent, which has been labelled one of the worst in the CFL as of

"Everything we do moving forward will always be with strong Canadian content being our greatest mandate and our ultimate objective," said Tillman.



wear bags on their head. It hurts when people call you names. It hurts when people ridicule you. I understand that I have been through that at a personal level," he explained.

The Eskimos will play their second game under their new GM this Sun-

day in Moncton, New Brunswick, against the Toronto Argonauts. The game will be the first regular season CFL match that has ever been held in Atlantic Canada.



Eric Tillman

Reggie, Reggie

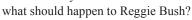
Reggie Bush

By DOUG YEARWOOD

A lot has been said when it comes to Reggie Bush, his alma matter the University of Southern California, the Heisman trophy and the NCAA. Last week, the 2005 Heisman win-

ner and New Orleans Saints running back returned the trophy.

For those unaware, the issue here is that Bush allegedly accepted over \$200,000 worth of free toys and trinkets — which is illegal to do as a college player. USC has already had to pay for its role in allowing players to be compensated, having 30 scholarships taken away over the next five years. But



Let's be clear here. USC is not the first school to be involved in some type of scandal involving compensated players. In fact, many schools are suspected to have done this type of thing, and with the amount of revenue college football generates in the U.S., it's not especially surprising. USC made nearly \$30 million in revenue in 2005, while operating costs and expenses totalled \$16.7 million. The remaining millions count as income to founders, and if you think they don't have a vested interest in their team – well you're just wrong.

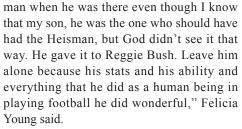
The University of Michigan was investi-

gated and penalized for paying players with laundered gambling money in the '80s and '90s when four players, including former NBA star Chris Webber, admitted to accepting over \$600,000 in "loans." Woah, time-

out ... including Chris Webber? (That one's for all you Ohio State fans).

So, let's get back to Reggie here – what should happen to him? Vince Young's mother thinks Bush should keep his head up, despite Young's distant second-place finish to Bush in 2005 Heisman voting.

"I said they did not give Vincent the Heis-



I can't say I disagree. Say what you will about Reggie Bush, his athletic ability can't be questioned.

The Heisman Trust should consider the amount of added pressure playing and "getting paid" would induce. Besides, a little spending cash never hurt anyone.



SUNDAYS
@ 6PM ON
/ACCESS

The Next Generation of News



The Blind Duck Bar and Grill Welcomes Back NAIT Students and Staff!!

Priday, September 24th Join us for a FREE BBQ 2pm - 5pm Drink Specials and Live DJ! FREE APRIKAT BEER TASTING

Live UFC Saturday, September 25th
Tickets only \$10 & Includes FREE PIZZA During Fight!!
Half Price Wings All Night

Kokanee Draft (16 oz) \$3.95 ALL THE TIME!! Hi-Balls Only \$3.75 5pm to Close

Come Check Out Our New Menu and New Look!!

50% Off All Food
Every Night
(6pm-9pm)
Cone coupon per customer.
Must present MATLD.

20% Off Pick Up Or Take Out Orders (6pm-9pm)

One coupon per customes Must present NAIT LD.

10416 118 Ave, Edmonton, AB, 780 479 7193



Book your ad today and be seen.

Contact Shaun at: 1.866.867.0098 thenugget@cu-ads.org













U-PASS

U-Pass is for full time students only FREQUENTLY ASKED QUESTIONS

What is U-Pass?

- U-Pass stands for "Universal Transit Pass."
- U-Pass is a new program that was voted in by an overwhelming majority of NAIT students for this year. Students at UofA and MacEwan have been using this program successfully for the last three years.
- U-Pass works like a regular student bus pass, but the service area includes Edmonton, St. Albert and Sherwood Park. During the fall and winter terms, you can use your pass throughout the service day to go anywhere in the service areas including on LRT and buses.
- U-Pass offers a savings of 60% over monthly student passes in 2010/11, costing only \$110 per semester instead of \$270 or more for monthly pass rates over the same period.
- All qualified students are automatically charged a mandatory U-Pass fee.

How do I get the U-pass sticker?

 Students who have been assessed the U-Pass fee can obtain a U-Pass sticker from the NAITSA office, E-131, or from the South Lobby or the Naitrium during Orientation week(s).

Fall Term Sticker: Valid September 1, 2010 to December 31, 2010 Winter Term Sticker: Valid January 1, 2011 to April 30, 2011

Who does the U-Pass affect?

- Every full-time NAIT student, with "full-time student" being defined as a certificate or diploma student taking 192 hours or more OR a degree student taking 3 classes or more.
- Apprentices, online, con-ed, and full time students taking their practicum are not included in the program and therefore will not be assessed the fee and will not get a U-Pass sticker.

 Those students with a valid CNIB/DATS registration card, and students working for transit services will be able to get a refund when they show proof of their applicable circumstances.

How do I use my U-Pass?

- Show your full student ID card (with valid picture and validation sticker) to the
 driver when boarding a bus, or when requested to show proof of payment on
 the LRT. You must carry a validated NAIT student ID when entering any proof of
 payment zone in the LRT. Be prepared to show your validated NAIT student ID
 to the transit authority.
- The U-Pass is not valid until the U-Pass sticker is affixed to the proper location on the NAIT Student ID
- The U-Pass is non-transferable and may only be used by the student to whom the U-Pass is issued

*Only students who have fully paid their fees including U-Pass fee will be able to get the sticker. Once the U-Pass sticker is picked up it is non-refundable. No refund if student drops out after 14 days of classes. In case of lost ID, U-Pass must be repurchased.





www.naitsa.ca

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FOUR-PAGE SPECIAL SECTION NAITSA Senate candidates

J.R. Shaw School of Business



Chris Jones

Tey there. Although I am a student of business here at NAIT I Lam also a student in all aspects of my life. I enjoy learning from as many different sources as I can every day as it makes each day more interesting. Taking part in the NAIT Senate will be a great chance to learn from all of you. This is Chris Jones hoping that today brings you great success.

Also running to represent the J.R. Shaw **School of Business:**

- Justin Phillips
- Kimpton Bradford
- Cerise Eugenio
- Scott Rutherford
- Stanley Tsoumpas

Photos and resumes available at the online ballot link at www.naitsa.ca



Melissa Mercer

i, my name is Melissa Mercer and I am currently Lenrolled in the Business Administration – Finance Diploma program. I believe in fair treatment of all students and getting the most out of our education dollar. Through my extensive volunteer and work experience, I have worked with people from all walks of life. I have gained communication skills, insights into how organizations are run, and how to meet the needs of the people I serve and represent. If elected to student senate I will work hard to ensure that your voice is heard. Please visit my Facebook page Elect Melissa for Student Senate and leave me your thoughts.

School of Trades



Andrew Haskin



Cillian Cross

School of Health Sciences



Kerry Salter

y name is Kerry Salter and I am in my first year of the Medical Laboratory Technology program. Before coming to NAIT, I did two years at the U of A, majoring in Political Science, so the idea of being involved in student politics is pretty exciting to me.

The School of Health Sciences should be fairly represented by people who will work hard to keep NAIT the great place it is to be and who will help make it even better. I'd like to be one of those people. I would discuss any concerns or issues that you might have, and voice your opinions to the Senate. We all want a great education experience and I want to be a part of making that happen. So go online Sept. 24-30 and vote!



Robbyn Bailer

ello my fellow Health Science students! I am Jonathon Kettler. I want to be your voice in the Senate. As a mature student I have had the opportunity to hone many skills and I have many years of life experience. Let me put those years of experience to work for you. Topics such as practicum students not being eligible for the UPass (even though you are full-time students), excessive fees, limited payment options in campus retail stores, tuition hikes and program cancellations. Controversial subjects that may take your money and do not benefit you are deeply important to me. You as students have the right to have a say in how your money is being utilized. I want to be there to voice your concerns that are unique to the School of Health Sciences. I am determined to ensure that decisions are made with your best interests in mind! Vote me into



Jonathon Kettler

the Senate so that I can ensure you are being represented responsibly, fairly and ethically!

Tello School of Health Science Students, My name Lis Maya Atallah. I'd like to introduce myself as your NAITSA Senate nominee for this upcoming school year. Although I am a first year student in the MRI program, I have a great deal of experience as a postsecondary student due to my previous degree; therefore I am aware of the needs and concerns of many students. If elected, I will effectively voice the Health Sciences students' perspectives, needs, and concerns. I will be open to any thoughts, comments and suggestions throughout the year, via email and in person. What matters to you will matter to me. So on September 24 go online and vote YES to Maya Atallah as your Senate representative for the School of Health Science. Thank you!



Maya Atallah

Ti! My name is Robbyn you ask? Bailer and I am in my first Lyear or Respiratory Therapy. I am running as a candidate for NAIT's Senate for the school of Health Sciences

Why would you vote for me, turn a vote for you!

Well, I am reliable, easy going, approachable, a total go-getter and want to make NAIT a better place for all Students!

So in short: a vote for me is in

THANKS FOR VOTING IN THE SENATE ELECTIONS SEPT. 24-30!

NAITSA Senate candidates

Faculty of Undergraduate Studies



Erin Arnston

ello Students. My name is Erin Arnston. I am a third year Bachelor of Business Administration student. In my spare time I enjoy playing ringette, snow-boarding and playing (or losing at) poker. I am running for NAITSA Senate. I am interested in representing the students in the Faculty of Undergraduate Studies. I would like to contribute in making decisions that will provide students with opportunities. I will listen to students to understand their needs and fully commit to making change.

Vote for Erin.



Thomas Klufas

heers on surviving what I hope was an excellent summer! My name is Thomas Klufas but please call me Tommy. I have a management diploma and am currently in 3rd year BBA-Marketing

This year, I joined NAIT Student Association's Frosh Leader program, helping to promote events and give students information about the goings-on of all things NAIT. The Frosh Leader



Adèle Wakaruk

ey everyone! My name is Adèle Wakaruk; I am in my 4th year of the BBA program majoring in Accounting. Like many of you, I know what it's like to balance school, a job and maybe a little bit of a social life. That's why I'd love the opportunity to represent you, because I understand some of the challenges that you face every day. During my time here at NAIT I've had some great experiences through my involvement with SIFE (Students In Free Enterprise), by being a Frosh Leader and by volunteering for various events. As a senate member I'd like to continue being a part of something amazing by bringing your concerns, issues and thoughts to the table that could improve your time here at NAIT. The Faculty of Undergraduate Studies is a relatively new school that comes with a unique student body, and you deserve a strong voice. I'd like to be that voice. Bring on the challenge, and I can't wait to represent the Faculty of Undergraduate Studies!

program has been incredible for me. The most fun event so far this year was the recent Pirate Party because I had a large hand in helping promote it and I got to dress like a pirate.

Last year, I won an ACE award for the Youth Emergency Shelter Society. Meeting many of the kids involved with YESS helped me to see life from a much different perspective.

My goal on senate is to use my NAITSA taught leadership skills coupled with the compassion that YESS taught me to continue NAIT's trend of excellence. I am building my platform on listening. Feel free to send questions and concerns to my Facebook group "Vote Thomas Klufas For Senate". I want to help with what you care about and, together, we can drive NAIT's progress to incredible heights.



Alex Wan

ello ladies ... and gentlemen. Look at your school, now back at me, now back at your school, now back at me. You're pur-

Tello CLASSMATES! My

LI believe I can bring the

Undergraduate Students concerns to

ator, I will strive to keep an open

mind and listen to you, the voters!

I will put forth ideas on improv-

ing issues like student space and

the UPass. With the possible clo-

sure of the City Center Airport, we

must start preparing now for the

potential development opportunities

the Students Association will face.

While we will not see the fruits of

our labour within our time at NAIT,

future students will reap the benefits

NAIT here in Edmonton. A life-

long resident, I graduated from

M.E.LaZerte High School in the

north end and I am currently study-

ing in my third year of the BBA -

Accounting Emphasis program while

holding a full time job. I also volun-

teer my time annually with Santas

As a senator, I will keep my "ear

Anonymous toy drive.

I was born down the road from

As my first time running for Sen-

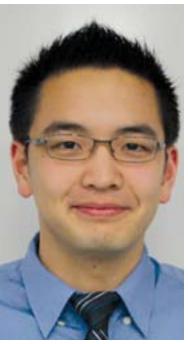
the Senate.

name is Mark Kwan and

suing your undergraduate degree with the man who would feel privileged to represent you. Look down, back up, who am I? Alex, a third year Management student who's willing to listen to all your ideas and concerns. I'll be walking around, wearing a perpetual smile, hoping to meet each and every one of you. What's on this page, back at me. I have it; it's the friendly face of someone who's dedicated and dependable. Look again, it's still the face of someone you can count on.

Now, let me get to know your face because I want to represent you to the best of my ability. Approach me in the halls, and say "Hi Alex, my name is _____. I'm in ____. My face, is the face of someone who _____." Let me start off, "I'm Alex, and my face, is the face of someone who has a quirky sense of humor and likes board games." Your turn. So please, don't forget this face when you vote for Senate, because I won't forget yours.

- Alex Wan



Mark Kwan

to the ground" via email and keep www.facebook.com/VoteMarkKwan updated. I will always fight for you – my classmates!

Remember to vote Mark Kwan and bring a fresh face to NAITSA Senate!



Jordan Ferchoff

ello Students, My name is Jordan Ferchoff, a 4th year BBA student at NAIT, and I would like formally announce my candidacy for Senate of 2010-2011 school term.

As senator for the Faculty of Undergraduate studies, (which includes the BBA and Btech degrees), it will be my responsibility to act as a intermediary between you the students and the NAITSA executive council. And it will be my job to ensure that the problems and issues concerning the academic student body are addressed in a fair and honest manner. And I will do no less than that. In my term as senator:

- I will act due-diligently to insure that the needs and values of you the students are fully met.
- I will ensure that the necessary steps and actions are taken to achieve an academic environment dedicated to the success of its students.
- And I will hold the NAITSA executives accountable for their actions to the full extent that my power allows.

So from September 24-30 vote me, Jordan Ferchoff, to be the eyes, ears and voice of the Faculty of Undergraduate Studies on the senate council. And let your concerns be heard!

> Regards, Jordan Ferchoff

NOTICE OF SENATE ELECTION 2010

Online voting starts Sept. 24 at 12:01 a.m. and closes Sept. 30 at 4 p.m. Polling stations are open Sept. 30 only from 10 a.m. to 2 p.m.

NAITSA Senate candidates

School of Information Communication and Engineering Technologies



Curtis Guile

ello my name is Curtis Guile. I am in my second year of Digital Media and IT and I am working towards becoming a network analyst. My goal is to create a network to branch out to you students and hear your thoughts and ideas about how we can make Nait a more exceptional institution. I would like to represent the School of Information Communication and Engineering Technology in this year's Naitsa senate. Not only do I want to represent my classmates but every student in my school by making myself available to hear any student concerns. I plan to do this through a variety of ways. One way would be to create a social networking page so that you guys and gals may voice your opinion to me. This is going to be a great year at Nait and I will

make sure of that by trying my hardest to get your voices heard at each and every senate meeting. I would like to thank those of you who nominated me for the position and all of my supporters. I look forward to representing you all.



Jackie Albert

Tey NAIT! My name is Jackie, and again this year LI am asking for your vote in the 2010/2011 Senate Elections, from September 24-30! For the past two years I have sat on the Senate, and as a result I have built many strong relationships with a lot of very important and influential people here at NAIT. I have also developed a great understanding of how to get things done!! Most people use this article to express their "platforms" to you. But what I want, what I'm

willing to fight for, is what YOU want. That's why I do what I do. So how 'bout you help me build my campaign platform?! Tell me what you want to see at NAIT, and let me take care of the rest! Join the facebook group "Jackie Albert for Senate 2010/2011" and tell me what you want! All that aside, if you're going to vote for me, I want you to know who I am. I'm a second year Instrumentation Engineering student and I love to volunteer. When I'm not busy with that, I love snowboarding and anything that will get me out of the city to see the stars at night!!



Chris Hyland

ello fellow students! My name is Chris Hyland and LI would like to represent you on senate this year. I am a second year Avionics Engineering Technology student and I was in the Pre-Technology program before that. We have a wide range of programs within the school of ICaET and I know I am the candidate to suit that range. I have experience in multiple programs, as well as time spent on both Main campus and Distribution. This has given me a unique perspective on what it means to be a student at NAIT. With this knowledge, I can improve conditions for all students. This includes making sure your NAITSA fee is spent in a positive way, as well as speaking up for students attending classes at the satellite campuses. When you see me in the halls, make sure to say hi and tell me what you want to see happen.

Thanks for reading and please vote for Chris Hyland when the polls open on September 24th!



Patrick Eberle





Ryan Paranich

n all years at NAIT I've never felt like someone was speaking for feel that way. I want to change the way the student voice is heard.



HEALTH & DENTAL

MILY THE DEADLINE IS **EPTEMBER 24, 2010 BY 4PM**

Poll clerks needed

Duration: Sept. 30, 2010 Compensation: \$14/hour

- Poll clerks needed for NAITSA Senate election polling stations on Sept. 30 (10 a.m.-2 p.m.
- Must have a strong command of the English language and have a complete and clear understanding of the democratic election process.
- All poll clerks must attend a training session Wednesday, Sept. 29 at 4 p.m. in E-129. All will be paid.
- Poll clerks must have a complete understanding of the online voting process and be comfortable in providing guidance to students.
- Apply in person at the NAITSA office, E-131 from 9 a.m.-4:30 p.m.

NAITSA Senate candidates

School of Sustainable Building and Environmental Management



Kristen Richardson

hope everyone in the School of Sustainable Building and Environmental Management

will vote for me! My goals, if elected, will be to try and keep your tuition costs low, try and make everyone happy with regards to the mandatory bus pass and do what I can to improve the Annex building. This is my first year at NAIT and when people asked what program I was in, the first thing they would say was "That's cool, but its too bad you're going to be in the Annex". I know it is possible to improve the Annex and I would love to be the start to that change. As far as the bus passes go, I love it because I take the bus, but I know there are a lot of unhappy people. My goal would be to keep the pass cost low for those who want it and allow those who don't to opt out of it. These are my goals and I will do anything I can to achieve them. I would love to represent all of you, so vote RICHARDSON!



Dominic Carriere

ello! My name is Dominic Carriere, and I am a 2nd year power engineering student. First of all, I would like to welcome newcomers to NAIT; congratulations! To all returning students, welcome back! I hope you all enjoyed your summer.

I have various experience with student body committees. Most recently, last year I was involved with the implementing of the U-pass. I am excited to utilize all my experiences to represent you this year in the senate, should you elect me. My goal is to ensure that the students' interests are represented in academic affairs, thus guaranteeing you an excellent experience at NAIT. After all, you're the ones who should decide where your tuition money is being spent. College should be an enjoyable experience, and I am willing to work towards making it that way for everyone, including those on satellite campuses.

I realize that some of the senate nominees are solely running for the opportunity to improve their resume, and I assure you that this is not my motive. That's why I am providing you with my email; DominicCarriere@hotmail.com. Feel free to contact me with any questions or concerns.

Please take the time to vote, and vote Dominic Carriere!



Kira Hunt

s a member of the NAIT senate, I would promote a people and environmentally friendly campus. I have a degree in the social sciences and am now working towards a Landscape Architectural Technology diploma. I work at the City-Region Studies Centre, an organization that promotes livability and sustainability through research and education. They keep me up to date on current events and issues in Edmonton and elsewhere.

A position on the senate would allow me to apply my diverse skills towards building a safe, fun and friendly NAIT community. Let me know how I can better represent you! kehunt@ualberta.ca



Norm Bloomfield

ello fellow NAITSA members, my name is Norm Bloomfield, and I am running for Senate this year in the School of Sustainable Building and Environmental Management. Let me first thank you for taking the time to read this and taking an interest in making your vote count. This is my second year here at NAIT and although I was not on the Senate committee last year I did have the opportunity to sit in on some of their meetings and become familiar with the proceedings as well as our Senators from last year. I also had the opportunity to get to know our executive council and am happy to say I feel we have a great team in place this year. As your Senator I look forward to making your voices heard. Please feel free to approach me throughout the year with any concerns or questions that you may have, after all we are here for you, the students. Make your vote count for the NAIT Senate elections, vote Norm Bloomfield for

NOTICE OF SENATE ELECTION 2010

Online voting starts Sept. 24 at 12:01 a.m. and closes Sept. 30 at 4 p.m.

Polling stations are open Sept. 30 only from 10 a.m. to 2 p.m.

POLLING STATION LOCATIONS: (Sept. 30 only)

- South Lobby
- Engineering Annex Main floor by main stairwell
 - Outside NAITSA Office E131
 - Outside Fresh Express Cafeteria
 - Outside the Bookstore
 - Outside Bytes Cafeteria HP Centre
 - Souch Campus Cafeteria
 - Patricia Campus Cafeteria

Watch for candidates campaigning around campus until Sept. 30.

Thank you for voting Sept. 24-30, 2010!

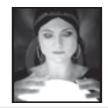
Online voting ...

How to vote in the Senate Elections

- 1 Wait till Sept. 24, between 12:01 a.m. and Sept. 30 at 4 p.m.
- 2 When it's time, take a seat, and get comfortable.
- 3 Log into www.naitsa.ca from anywhere in the world.
- 4 Enter your last name as your LOGIN and Student ID as your PASSWORD as written on your student ID card.
- 5 Place your votes for a maximum of three students from the school you are enrolled in. Pictures and info for each candidate will be available online.
- 6 Other things you can do while voting: make a sandwich, Facebook, flirt, brush hair, order lunch at The Nest, dance at that club on Whyte ...
 Not recommended: Voting online while driving, showering or voting while doing anything

that requires high levels of focus/concentration or might endanger yourself or your iPhone/phone/computer/etc. ...

HOROSCOPES



MADAME O

Sept. 23-Sept. 29

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Libra (Sept. 23-Oct. 22)

Take care of yourself this week. You've been stressing over the trials and hardships of school and you forgot how to relax! Have a drink at the Nest after school one day ... you deserve it!

Scorpio (Oct. 23-Nov. 21)

Do you ever wonder what it would be like to place yourself in someone else's body and pretend to be them for a day?

You'd kill for a chance like that, especially since after summer you've turned straight-up bitch and forgot what a friend feels like.

Sagittarius (Nov. 22-Dec. 21)

There's no need to feel lonely during the week to come. You have friends and family that will help you through whatever is troubling you. Then again, your friends tend to give you atomic wedgies and your siblings don't give two shits about you. Maybe you should talk to a guidance counsellor.

Capricorn (Dec. 22-Jan. 19)

Whatever you do, don't take advantage of others this week. You are not in a good place to be asking others for favours. Instead, you should let others gain trust in you so they can repay you with a favour when the time is right.

Aquarius (Jan. 20-Feb. 18)

I want to tell you something awesome is going to happen to you. I really do, but since you're a self-righteous douche, karma isn't going to be good to you for a while.

Pisces (Feb. 19-March 20)

The government is looking for you! Ditch your cell, they've tapped it. Now, go to the stairwell on your right, run down the hall and wait for further instructions. "Follow the nerdy Asian kid"

Aries (March 21-April 19)

You're an individual who avoids confronting your problems. For the next few days, try facing everything head on, but don't lose your cool either. Someone will be paying attention and you might end up burning a bridge.

Taurus (April 20-May 20)

You need to get out more often. It's plain and simple. You need go out, kick back with a beer, and find some colleagues with similar interests. Now, what place has all of these things in common? A skin bar. Go make friends with some rowdy pervs!

Gemini (May 21-June 20)

Some people might call you a heart-less, fat, disgusting son of a bitch. They might even go on to say you have the

personality of a doorknob. I didn't say this, though, so don't get mad at me. We're good.

Cancer (June 21-July 22)

Dearest Cancer: If you have a question you need to ask but are too afraid to ask your friends, I know someone who can help. Look out for Dr. CONwisDOM (elsewhere in this issue) and expose your deepest darkest concerns about anything. Go to www.thenuggetonline.com and write to Dr. CONwisDOM about what's bugging you!

Leo (July 23-Aug. 22)

When was the last time you baked some deliciousness for your closest friends? Well, by that I mean your class ... Anyway, bake something delicious soon! I like brownies, cookies, pies and cupcakes ... Actually, anything is good.

Virgo (Aug. 23-Sept. 22)

Pay attention this week because happenstance will be following you closely for the next few days ... Maybe they are stalking you. Shit! Call the cops!



TIP OF THE WEEK - FROM NAIT SECURITY SERVICES

How to avoid theft

Most of us work hard to earn the money we use to buy what we need and want. Thieves can take those possessions from us in a split second if we are not diligent. When it happens we feel a sense of outrage and wonder how it happened.

The NAIT Security website is filled with tips on how to better protect yourself, your friends, and your possessions. Visit www.nait. ca/security.

To avoid theft, Campus Security Services suggests the following:

AT HOME

- Lock your doors/windows whenever you leave your room or residence.
- If you live in an apartment, do not allow unescorted strangers inside.
- Be suspicious of unknown persons loitering in the area of your residence.
- Never leave an exterior door propped open.
- Keep a record of your valuables including descriptions and serial numbers.

AT WORK OR SCHOOL

- Do not work alone in an unlocked office or classroom
- Do not bring large sums of cash with you to work or school.
- Do not leave your valuables, such as a laptop, purse or wallet, in your desk or locker.
 Secure your locker with a good quality lock.
 - AT THE LIBRARY
 - Do not leave personal property unat-

tended, even for a minute.

- Keep personal property in view at all times.
- Do not bring valuables with you to the library.

AT THE GYM

- Secure all personal property in a locker. Invest in a good quality lock.
- Avoid carrying large sums of money or valuables with you.
- Lock valuables in the highsecurity lockers provided or leave them at home.
- Keep your locker locked whenever it is unattended

FROM YOUR VEHICLE

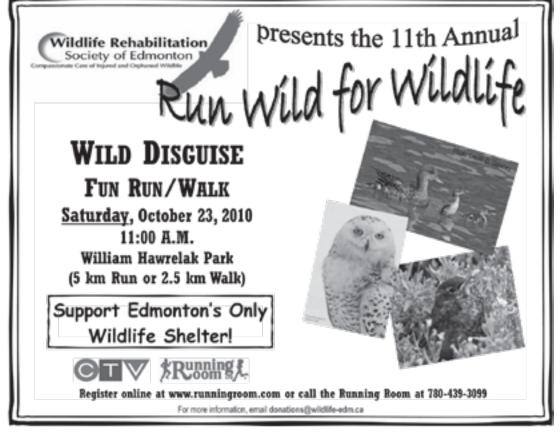
- Lock your vehicle every time you leave it.
- Don't leave your windows rolled down, not even a crack.
- Don't leave vital information in your vehicle. Your home address is listed on the vehicle registration certificate.
 - Park in well-lit areas.
- Don't leave valuables in view for a thief. Store them in the trunk or under the seat
- Affix your parking permit to

 our window.
- Consider investing in a car alarm

If you have information about a crime, contact Campus Security Services at 780-471-7477. If you see a crime in progress, call 911, then Campus Security Services. If you wish to remain anonymous, contact Crime Stoppers at

1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.



ENTERTAINMENT

Against Me! an event at the Centre



ALI YUSUF Entertainment Editor

Against Me!, along with other musical guests The Flatliners and Young Livers, owned the Edmonton Events Centre (EEC) stage last Sunday. Their punk rock style had audience members jamming out and moshing to their heart's delight.

All I could hear besides the ringing in my ears from a good show, were audience members saying how amazing the show

"This was the best show I've ever seen! I f***ing love Against Me!," exclaimed Darrel Ball, an enthusiastic audience member.

"They played a sick show. I've never seen Against Me!

time," said Tanya Seller, another audience phone difficulties. member.

I had very high expectations for the band's performance since hearing their new single "I Was a Teenage Anarchist" on TV. It seemed like the band was trying to take a new direction with their music to make it more mainstream friendly. They showcased the song during their performance and had everyone excited. Other memorable songs they played were "New Wave", as well as their previous singles "Stop!" and "Thrash

One aspect of a concert that I tend to look for is how performers interact with their audience during shows. I can assure you that even though Against Me! did not converse with the audience between songs, they really loved playing for Edmonton. Lead singer and guitarist Tom Gabel was nothing but smiles and good times at the

Although Against Me! owned the night, I feel as though we need to take a second to talk about some honourable mentions. Young Livers and The Flatliners, both bands

All I could hear besides

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show was.

that I was introduced to the night of the concert, were damn good opening acts.

Young Livers delivered some hard rocking riffs similar to Alexisonfire sans the screaming, although it was hard

before but they looked like they had a great to hear the two singers due to some micro-

The Flatliners brought some more punk rock to the table that was enjoyable. These youngsters (I say that like I'm 45 or something) were energetic and talented, but at the same time someone needs to check what's going on with the mics.

I'll say it once and I'll say it again – no one likes to hear feedback from the mics.

Overall, it was a fantastic punk rock show that truly had lots to offer to old and new fans of Against Me!.

Don't miss out when they come back!





ALCOHOL AWARENESS

September 29, 2010 @ 10am - 1:30pm

Come down to the South Lobby and learn about the dangers of alcohol abuse with NAITSA.



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FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...



By LACE SENIO

I was brainstorming all week about the coolest mix tape I was going to

put together for you. Trust me, it was going to have a wicked theme and basically rock your lives. That's when I realized all the themes I was coming up with were really lame and awkward. So I decided to save you all from some crazy, whacked-out theme party. Instead, you are going to get a mix of a bunch of my favourite songs.

I like to think I have good taste in music and I am genuinely stoked to get to share these little jewels with you. These are a selection of songs that make me happy, laugh, and drive really fast. These are songs that put a bounce in my step. So cheers, ladies and gents, I hope you enjoy these tunes I have compiled in random order for your enjoyment.

- 1. "That Song" Bouncing Souls
- 2. "Showdown (G.E.P.)" Propagandhi
- 3. "Charming the Cobra"
 - Cobra Skulls
- 4. "Nick Northern" Snuff
- 5. "Dinner's for Suckers"
 - None More Black

- 6. "How Did You Die?"
 - Feast or Famine
- 7. "Sleep" Lagwagon
- 8. "Super Bitch" Authority Zero
- 9. "Ghost Town Stories"– Audio/Rocketry
- 10. "Downtown" Strung Out
- 11. "The Devil's Taking Names"
 - The Lawrence Arms
- 12. "Okay, I Believe You, But My Tommy Gun Don't" – Brand New
- 13. "Immigrants & Hypocrites"
 - Streetlight Manifesto

VIRAL VIDEO OF THE WEEK



Drums – outta sight!

By ALEX TOSTOWARYK

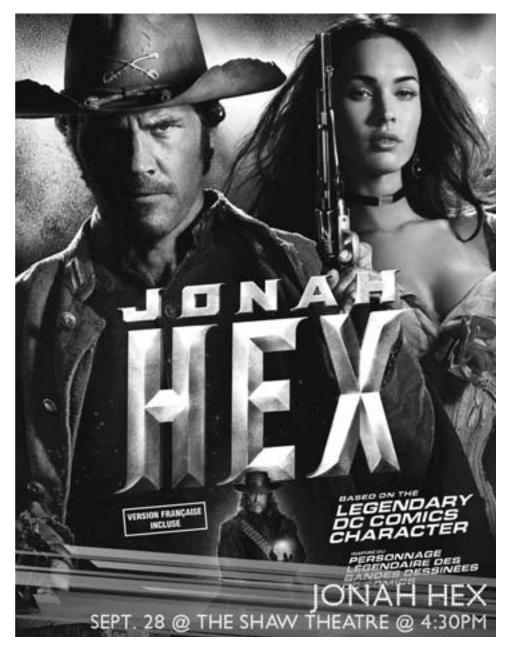
Every week the Nugget brings you a viral video that shakes the ground of the interwebs, much like "Two Girls, One Cup". A video we feel will be double rainbow worthy. Well, I have found you a double rainbow of a video in my search this week!

I present for your consideration "Super Awesome Homeless Dude." When one thinks of this a lot may cross their mind. It's not hard to find an awesome homeless dude, but this guy takes the cake with a performance never before done by anyone of the homeless variety. You see, he plays the drums. Boring as it may sound, bear with me for a sec. The video begins with him tuning up his drums, adjusting his seat and making sure all the drums are in proper position for the piece of art he is about to present. Oh, I forgot to mention – the drums are invisible. The only sound you hear is a song in the background that is supposed to go with this video.

Finally, after all his preparation the homeless drummer begins and his drumming fits perfectly with the song in the background down to every single little beat. He goes all out on this invisible drum, and it is truly amazing to watch his skills.

"Super Awesome Homeless Dude" has been kicking around the Internet for about a month now on YouTube, and has already reached over 100, 000 views. This guy is so good, I wonder if this performance was all staged and planned to work perfectly because it just seems so farfetched to fit with the song. It is time for you to decide. Is this guy truly this good and this crazy? Just go to YouTube and look up "Super Awesome Homeless Dude," and his video is the very first at the top of the page. Make sure you enjoy some of the most amazing talent that you may see any homeless person present.





A chat with Ash

It was very important to us to be very fluid and seamless from first song to back."

By ALI YUSUF **Entertainment Editor**

Ash Koley is an up-and-coming Canadian band whose infectiously catchy single "Don't Let Your Feet Touch the Ground" is hitting radio charts hard. To me, they have a similar sound as Feist, but with something a little more. I had the pleasure of meeting the duo, Ash Koley (vocals) and Phil Deschambault (guitar and keyboard) Yes, I know that you're thinking, the band's name is Ash Koley, but so is the singer. Just keep reading. It will all make

Ali: I'm sure you guys get this a lot. ... Ash Koley is your name, but it's the band's name too. Is there any funny story behind that?

Ash: It's no funny story, I mean, we just have been working together for so long and we never even really thought of what our name would be. For the sake of "what do I name this file on the computer" we just named it Ash Koley. We couldn't think of anything that sounded cool."

Phil: As soon as you label yourself, it just seemed the only way to get a way to be completely ourselves. You can't call it "Phil Deschambault." Nobody would pronounce it right."

Ali: Phil, back in 2004 you were looking for someone who could relate to your sound and relate to your music. Can you tell me more about that day?

P: One day a mutual friend brought [Ash] to the studio to meet me and I kind of started coming down the hall when I saw a beautiful girl and I thought, ugh, she's going to be a diva. When I was in the process of writing a song, she walked in and to kind of put her on a pedestal, I threw a mic on her Oct. 5. Go check it out!

and I said, sing this. She's great, she's got a great way of hook-lining into what you got going on."

Ali: What are Ash Koley's musical influences that contribute to the project?

P: I come from The Beatles and Peter Gabriel among others. Let's put it this way, if Peter Gabriel would never consider doing [music], then this song isn't any good ...

A: I really like ABBA, Scissor Sisters ... we both like Eurythmics. They help out a lot when writ-

Ali: What was one very memorable moment on the road, something that kind of stood out and reminded you of your accomplishments?

A: I would say when we did Lilith Fair, we performed in front of thousands of people and we saw people's mouths singing the lyrics. They knew our song! That was our first tour, the first time performing any of these songs.

P: It's a beautiful feeling. Very rewarding.

Ali: Your album *Inventions* is coming out Oct. 5. How would you describe the feel or vibe the album is going to express for listeners?

P: Well, I think to us, we wrote about 30 songs for the record and we chose eight. It was very important to us to be very fluid and seamless from first song to back. We wanted to make a record, not a single ... What we would like people to get out of it is what they come to it listening, however it makes them feel, to get some good positive energy from the record. We've got the Ying and the Yang, we've got the white and black and those kinds of emotions going on.

Ash Koley's album *Inventions* is set for release

Ash Koley

For Murphy fans only

By EVE KOESTER

Abandoned is a low-budget, straight-to-DVD, paranoia thriller starring the late Brittany Murphy. The

32-year-old died last year in December from pneumonia.

Although Abandoned is her latest film to be released, it is not her last. The thriller Something Wicked is currently in postproduction and is due for release next year.

Abandoned has a similar plot to that of Flightplan, and director Michael Feifer went for the hand-held camera style to bring a realistic feel to the movie.

The tale begins with Mary Walsh (Murphy) taking her boyfriend to the hospital for an operation. She leaves him with the attending nurse and goes

to wait for a couple hours. Upon returning to look for him, Mary asks the receptionist where he is only to find out he didn't have a scheduled appointment and doesn't even exist in the computer system.

As Mary becomes increasingly frantic, the plot develops into a race laced with suspense. Doctors at the hospital suggest her boyfriend isn't real and her relation-

ship was a delusion, which prompts her to desperately search for answers.

The mystery factor will keep you guessing for the

first three-quarters of the movie. However, the anticipated explosive climax fizzles out like a stick of dynamite with a wet fuse.

It has a few relevant themes about human nature, but doesn't go very deep. The story had potential, but was tastelessly

Murphy has displayed her versatility and talent in films such as Don't Say a Word, Just Married and Sin City.

However, in Abandoned she delivers an uninspiring performance. She manages to keep the story afloat, but it is definitely not up to her usual standards. The rest

of the cast, including Mimi Rogers and Dean Cain, offer weak performances as well. Hopefully in Something Wicked, she will go out with a memorable final film.

Recommended as a rental only for Brittany Murphy





Voices worth hearing

By JON CARSON

The Nest was host to Indie Night – an earful of musical justice (and pirates) last Thursday. Arguably the best thing from Regina, Library Voices boasts that they are "drunk kids talking too openly and too honestly." Don't know the Library Voices?

You may be not alone. *Spin* magazine claims them one of "Three Undiscovered Bands You Need to Hear Now!" and after hearing them for the first time, I am going to have to side with *Spin* on this one. If that's not enough, their extended play (EP) Hunting Ghosts was nominated for Independent Album of the Year at the 2009 Western Canadian Music Awards.

Their cocky, yet fine tuned sound gave the night a more punk, less pop vibe – a little different from their studio recordings, which for some, helps the beer go down faster. Sleeman Super Cans on special, buckets of fries for five bucks, and more – this is a good sign of the Thursdays to come.

The Library Voices put on an energetic set, with a great variety of sounds produced by eight band members. It was

a healing experience, of sorts, from the burns I had received via the recent lipsyncing talent of MTV's finest.

Highlights of the show include select members of the band climbing on audio and drum equipment, yelling references to the end of the world. The only downside to the night was the band left early, due to the Pirate Party that followed, but not before I caught them for an interview. Keyboardist Karla Miller explained their hectic tour schedule and gave us the goods on their past robbery experiences. With more than "20 shows a month, [using] a 50-person passenger truck," it's easy to see Library Voices will not be disappearing quietly.

The Nest has once again proven itself, in my eyes, to be a great place to enjoy some drinks (and grub) with friends while having some wicked background music to sing along with.

If you missed them this time, they will be rocking the Avenue Theatre Friday, Oct. 22. You can check the band out online at www.libraryvoices.ca.



Library Voices gained new fans at the Nest last Thursday at Indie Night.

Nothing to fix with Halo: Reach

By CODY MILLARD

It was originally predicted to be a madhouse, and in some cases it was, but the midnight launch of Bungie's highly anticipated *Halo: Reach* seemed a little underwhelming. Of course, I'm not saying it wasn't busy, but I was able to show up just after 11 p.m. and grab spot number 22.

The Future Shop on 103 Avenue and 109 Street held a small raffle of goodie bags and gave free wireless headsets to the first 20 people in line, spaced out evenly enough to guarantee people didn't get antsy. Some of the retail stores in Edmonton had grander plans for the next instalment to one of the most popular Xbox franchises.

"The Southside Best Buy had a life-size replica of a Spartan," said Derek Filiatrault, one of the many midnight gamers waiting in line. "The winner of their raffle was able to take it home. That would have been so awesome."

With the aid of the midnight launch parties held in all the major markets, it was enough to secure \$200 million in day-one sales. That was enough for *Halo: Reach* to beat Halo 3, but not beat the heavy competition of *Call of Duty: Modern Warfare 2*.

The game itself showcases the best and brightest aspects of the franchise to date, allowing Bungie to return to their roots with a strong campaign rivalling that of *Halo: Combat Evolved*, and allowing them to retain their online mul-



f-1.deviantart.com

tiplayer formula that has worked well for them so far. The controls and game play have remained relatively the same while the major differences appear in updated graphics and a new "class" system for online play. This allows players to give their characters certain abilities like creating a hologram of themselves or flying around on a jetpack, each having their own sets of pros and cons.

I've spent the last week racking my brain and playing the game trying to find the negative aspects of Halo: Reach. The only problem was, I couldn't find any new issues with their setup. All of the problems that Halo: Reach has is what it's missing.

The customization of your character is pretty cool, having to level up to unlock certain parts. The only drawback is that there is no separation weapon-wise between those who are level 50 or level one.

The game itself stays true to what has worked in the past. After all, if something isn't broken, why bother fixing it?





Unleash your inner pirate



Photo by Karen LePage

The pirate scoundrels and wenches enjoyed rocking out to the live band, Mourning Wood, last Thursday at the Pirate Party.

Let the TV begin!

By KASSIDY KRUEGER

It's the most wonderful time of the year – the beginning of another television season. With 24 new shows, and all your favourites returning, your PVR is going to be very busy.

One of the most anticipated shows is *The Event*, airing on NBC on Monday nights. This conspiracy thriller is about Sean Walker (Jason Ritter) investigating the mysterious disappearance of his girlfriend and inadvertently unravelling the biggest

coverup in United States history. Critics are saying it could be the next *Lost*.

Another is a remake of the crime drama *Hawaii Five-O* (1968-1980); it will air on CBS Monday night. Like the original, it follows an elite task force set up to fight crime in Hawaii. This just looks like another clichéd crime show.

This fall is sure to have you rolling on the floor with laughter with seven new comedies.

These include the twitter feed turned book, now turned TV show \$#*! My Dad Says Thursday nights on

CBS. Ed (William Shatner), 72, is a threetime divorcée and father of two grown boys, who are used to Ed's unconventional comments and politically incorrect rants. When his son, Henry, is forced to move back in, it creates new conflicts between the father-son relationship.

The creators of *Arrested Development* have a new comedy called *Running Wilde*. The show is about Steven Wilde (the very funny Will Arnett) who is a filthy-rich, immature playboy trying to win over his childhood

sweetheart; an extremely liberal humanitarian.

All our favourites are returning as well. The Emmy winner for best comedy *Modern Family*, the heartbreaking *Grey's Anatomy* and the musically talented cast of *Glee* are all back.

Other new shows include My Generation and Body of Proof on ABC. Also, Raising Hope, Mixed Singles and Bob's Burgers on Fox. Finally, the highly anticipated Walking Dead shuffles toward AMC this October.

Hopefully, This season will live up to its epic proportions.

By KAREN LePAGE

Last Thursday the Pirate Party took place on the Queen Mary River Boat. It was a time where all could speak improper English and dress like wenches and scoundrels. It was an unexpectedly humorous and enjoyable evening!

The evening started off with a bang (so to speak) and right away I could gauge the atmosphere of the night. All the wenches and scoundrels boarded the buses at The Nest and the sexual innuendos about sword fighting, gun fondling and shiver-

ing of timbers ensued.

The pirate captain that I had the fortune of sitting beside, David Haye, said he expected "to plunder and pillage and have one hell of a good pirate time [that night]." The "scallywags" (which is "scoundrels" in pirate lingo) were having almost too

much fun, waving their swords in the air, yelling out of the bus windows at pedestrians, saying "yarrrrrr!" and calling them "wenches"

Upon arriving at the docks where the Queen Mary was moored, it was impossible to count how many pirate men were scattered among the trees, emptying their tanks. Although the wait for the gate to open to allow the throng of pirate lads and lasses onto the boat was considerably long, it was well

worth it. There were many types of drinks to be had and food awaiting consumption. The nacho plate was to die for, being completely loaded with everything, including bacon.

On the upper deck of the boat, there was a live band, decked out in pirate apparel (of course), called Mourning Wood. They played the entire night, with a repertoire of golden oldies and rock songs that everyone could sing along with.

Of course, with the name of the band, more

All the wenches and

scoundrels boarded

the buses at The Nest

and the sexual

innuendos about

sword fighting, gun

fondling and shivering

of timbers ensued.

sexual innuendos were made. I heard one girl scream: "I wanna ride Mourning Wood all day!" They put on an amazing show, despite the fact that their fingers were probably ready to fall off from the cold!

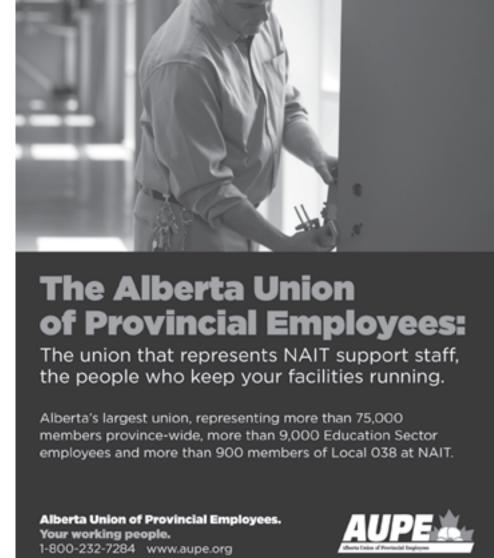
Below deck (and away from the cold), there was a DJ set up and a dance floor with crazy flashing

lights. It was a nice retreat for those who needed to warm up, eat some grub, or fill up on rum.

The Pirate Party was the best party I have been to in a very long time. After the night was over, I asked a guy what his thoughts were.

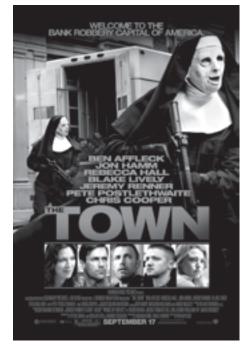
"The Pirate party was f*cking awesome! I want to go next year, even if I am not gonna be a student," said Shawn Gilhespy.

Good times were had by all, especially me. I was surprised that I was able to get up for school the next day!





William Shatner



The Town a must-see flick

By LYNDON SUVANTO

Ben Affleck has returned behind the camera and in front in his followup to the critically acclaimed crime drama Gone Baby Gone (2007), The Town.

The movie takes you on a journey through a vivid and brutal Charlestown as a criminal, Doug MacRay (Ben Affleck), is stuck in the middle of the most difficult dilemma of his

When a successful bank robbery occurs in the opening sequence of the film, Mac-Ray is forced to monitor an emotionally distraught bank manager named Claire Keesey (Rebecca Hall).

eventually finds himself comforting her,

which sparks a loving relationship between the two. And when things are getting serious between them, Doug's best friend Jem Coughlin (Jeremy Renner) tells him that his dreams of getting out of the life of crime the two have always known will not be as easy as MacRay would like.

The rough Boston neighborhood, nicknamed "The Town," is a good gritty backdrop for the story to unravel.

The movie contains spectacular acting performances, such as that of Affleck, as his abilities are showing to have improved.

Other standout performances include last year's Academy Award Best Actor nominee The problem for him comes when he Jeremy Renner, as well as Mad Men's John Hamm as an FBI agent.

However, a surprising star was Blake Lively (Gossip Girl), who manages to hold her ground with the much more seasoned

Though the story is not a brand new one, the style in which this movie is made makes it a must-see movie for any fan of cinema. The film grips you from the opening sequence and rarely lets you go. Affleck's directing abilities have quickly established him as a relevant face in Hollywood once

In a year that brought us Toy Story 3 and Inception, The Town gets my vote as the must-see movie of the year.



By CATHERINE YE

Last Saturday, students gathered on the eighth floor of the Business Tower to celebrate the Mid-Autumn Festival, one of the four traditional Chinese festivals of the year.

A big party was held by NAIT's Chinese Students' Association to mark the event, which occurs on the fifteenth day of the eighth lunar month of each year.

"This party attracts me so much because it is not only a big time for Chinese [people] but also a good chance for me to get to know Chinese culture and the way how they celebrate it," said one student who attended the party with her friend. "It is meaningful."

"I thought the Chinese moon cakes were

pies when they were distributed. It is my first met with cheers from the crowd. time tast[ing] them," she added.

made many of the Chinese stu-

dents miss their motherland.

"The Canadian-made moon cakes taste really different from the ones I took in China, oh, I miss my hometown," said an international student who recently came to Edmonton from China.

Five handsome boys from a dancing group called Crazy Time performed a great hip-

hop dance for partygoers. The performance was

Games, clapping hands and balloons The sweet, pineapple flavoured little cakes brought the party to a climax.

> "The party makes me feel like being at home and it is so nice that [I'm] surrounded by so many good friends from all around the world," said another student.

The most touching moment came during a games round when a student purposely made a mistake so he could get the punishment, which was to sing a song in public. He used that opportunity to

wish his friend a happy birthday and all the students at the party a happy Mid-Autumn Festival.

Normally, the Mid-Autumn Festival is a time for families to gather together and give their best wishes to the ones they love. Since the Zhou Dynasty, Chinese ancestors began to compose poetry to express their love for the season of autumn, also known as the harvest season. People who were forced to separate from their loved ones due to war in the old times, based their hopes of family reunion on the full lunar moon, which is round and symbolizes happiness.

Yes, NAIT's Mid-Autumn Festival party was just fantastic, as was promised.



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Madness in the moonlight!

By ELISE COX

Folklore tells us that full moons are associated with temporary insomnia and insanity. Tonight (Thursday) is set to be a full moon, and let me tell you, it is going to have a strong effect on NAIT students' behaviour.

NAITSA is hosting their first Full Moon Party on Sept. 23 at the Nest. Inspired by Full Moon Parties in Thailand, there will be awesome light shows accompanied by a sweet lineup of music.

Christian Hansen & the Autistics from Edmonton, past Sonic 102.9 Band of the Month, are playing their alternative pop songs to get you dancing. Mobadass, a band from Saskatoon, are set to play their reggae/funk inspired songs. NAITSA is also bringing you the latest and greatest in DJ'ing. A headphone DJ from Toronto is coming, equipped with headphones for everyone. With a set of headphones on, you can choose between two channels of

music and watch as everyone else is dancing to different songs. Local DJ, Mikey Wong, is also playing and is sure to get you fist pumping all night long.

And of course, this party is a lot more than just its amazing music line-up. What's a party without cheap drinks? NAITSA's got you covered with \$4 drinks all night. There's also body paint to coat your friends with and black lights so your works of art can glow for everyone to see. Since the Full Moon Party isn't outside on the soccer field anymore, beach attire is encouraged. And come on, who really wants to get their favorite pair of jeans covered in paint?

It's expected that over 200 people will be in attendance so you wouldn't want to miss this huge party. Tickets aren't sold out yet, but they're going fast, so make your way to the NAITSA office or the South Lobby kiosk to get yours right away. Prices are \$15 for students and \$20 for non-students.

Mainstream Ignorance

By GRAHAM McCANN

- Schizophrenia is characterized as multiple personalities False: The
 disease is characterized by paranoia, delusions, and hallucination. Multiple
 personality disorder is something different and its existence is disputed in the
 science community.
- **2. S.O.S stands for 'Save Our Souls'** False: It doesn't stand for anything, SOS just happens to be the letters that are written out by the Morse Code Call.
- **3. Human beings have evolved from apes or monkeys.** False: We evolved from a common ancestor, which branched off into different beings like monkeys, apes, humans, and extinct human-like beings.
- 4. Halo was the first successful first person shooter on consoles False. In 1997, the game 007 Goldeneye was released on the N64 as the first big console first person shooter, and is still one of the only movie-based video games that has the mark of excellence.
- **5. Fun Fact** Mac computers are great for schoolwork, editing and music software. However, what they don't tell you in the witty commercials is that PCs dominate the gaming market.

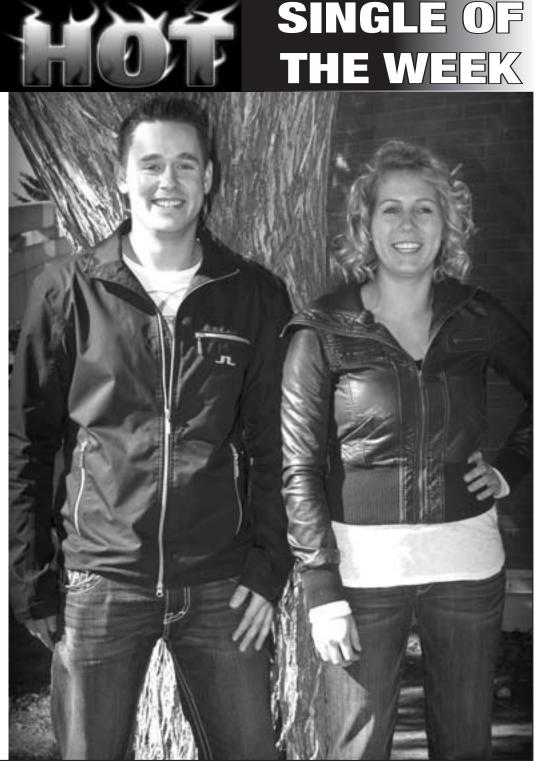


Photo by Karen LePage

Joel Liboiron, 23 Power Engineering Technology Tamara Kielstra, 19 Architectural Technology

What is on your playlist right now? – TK: Rise Against. JL: Dead Moss What is the first thing you notice on the opposite sex? – TK: I like an athletic build, so definitely I notice broad shoulders first. JL: Well, I am an ass-man. I notice a cute ass first and foremost.

- What is your ideal first date? TK: Something crazy and spontaneous; definitely not a restaurant. JL: I like heading to a pub for the first date so we can have some drinks, relax and let the conversation flow. People are a lot more open once they have alcohol in them!
- If you were an animal, which one would you be? TK: Definitely a monkey! JL: I would have to say a gorilla. I look all cute and cuddly but if you piss me off then I can rip you apart!
- What are your favourite things to do in your spare time? TK: I am really big into snowboarding, I love to eat, and biking. But definitely #1 on my list of favourites is sleeping! JL: I enjoy being active, which keeps me in good physical condition. I also enjoy playing baseball, and going partying! Speaking of partying, if you wanna meet me, come out the the Full Moon party at The Nest on Sept. 23! I want to meet you!

Are you hot and single? E-mail us at entertain@nait.ca

THE NUGGET PRESENTS:



RAPEVINES

Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca or submit online at www.thenuggetonline.com

Hey, man who checked out my bum, thank you for raising my self-esteem.

- Uplifted

I really like those new chicken souvlaki wraps in Common Market!

- Nicole

The poutine from Common Market and Fresh Express are different and the one at Fresh Express sucks.

Poutine Lover

If all the Earls are the same across Canada, why can't they make two poutines the same?

- Poutine Lover's Friend

People complain about the weather too much.

- Happy Person

I don't like how reporters shove things in my faces when I don't want to talk to them

Leave me Alone

I'm getting frustrated when I don't get e-mails when people say they will e-mail - Please E-mail Me

I hate that the weather sucks balls.

- Hater

I wish there were flavour shots for the coffee here.

- Coffee Addict

The keyboards on these school computers are so dirty.

Needs Hand Sanitizer

You have to do a project, so you come to school on Sunday and it's raining outside so you park in the loading zone to unload equipment. I come back to my car and get a \$150 parking ticket. That's just

Eff Parking

My socks got wet this morning so I dried them with the hand blow dryer in the bathrooms today.

- Crafty Student

I wish I could still wear dresses. Goodbye summer.

Lovely Floral Prints

I don't think we really had a real sum-

mer, this is sad.

Negative Ninny

All these Grapevines are always really negative but there are good stuff going

- All about the Optimism

Guy in the red hat who opened the door for me the other day, thank you. You are so nice!

- Karma Goes a Long way

NR92 plays good music.

Hallway Passerby

That Simpsons opener where the characters lip-synced and danced to Kesha's "Tik Tok" is awesome! I know it's old but I only just saw it this week.

- Wake Up in the Morning

Panago Pizza on campus is freaking awesome. The chicken club is the best. - Hungry Hungry Hippo

Long days and late nights, back to

school, indeed.

- Cranky Student

My instructors are so helpful! Thanks NAIT.

Overachiever

Hopefully this is the first Grapevine about heavy equipment carrying ... ugh my shoulders are going to be ruined by the end of this semester!

- Hauling and Lugging

Crap, shouldn't have gotten the new iPhone4 update, now I can't jailbreak it. Goodbye free apps.

- Macs4Life

I just can't have a bad day when I wear my purple heels. I am unstoppable! Lovin' My Shoes

I think people who walk slowly should get out of the way. Seriously, learn how to walk.

- Hurry Up

Walking through the hallways of my apartment and it smelling like Chinese food one minute and weed the next is my biggest pet peeve.

- Sensitive Nose

SEX 46# SEX

Dear Dr CONwisDOM

SEX SEX SEX

I recently attended the Pirate Party held by NAITSA and I'm now in a bit of a predicament. After a few too many yo-ho-hos and bottles of rum, I wound up taking a fair maiden home with me and letting her shiver me timbers. Problem is, when dawn broke I quickly realized that what appeared by the light of the moon to be a fair maiden was actually no more than a scullery wench. I'm left with this dilemma – how can I make her walk the plank without seeming like a scurvy dog?

– Schlong John Silver

Dear Schlong John,

Aarrrr, matey! Your problem is not a rare one, though I must say I've never heard it phrased quite so pirate-ly. The issue of rum goggles is one that has plagued men (and, to a much lesser extent, women) for centuries. The obvious answer is to cut back on the liquor intake but since that probably won't happen – you're in college, after all – then you just need to be delicate, but direct. In other words, when you wake to find a sea hag in your bed instead of the fair maiden you brought home, just be polite but make it clear that your knocking of peg legs was only a one-time thing. There's no need to be rude – keep her looks out of it. Just let her know that you're not ready to drop anchor yet and that you plan to continue sailing into the next open harbour, if you catch my drift.

Dear Dr. CONwisDOM,

What is the best way to tell someone that you can smell their box through their clothes? I'm pretty sure she's not wearing 'Eau du Tuna' perfume, and I think she'd probably want to know that people are catching a whiff of her snatch when she walks by.

– The Hole Truth

Well, if it's really bothering you that much, just ask her straight up – "did you know that you have a certain smell? One that you probably only want your significant other to be aware of?" She'll probably get angry, possibly even violent, but eventually she'll likely be grateful to you for clueing her in. However, unless her female odour is truly causing you discomfort, I'd simply recommend keeping this little bit of info to yourself. The awkwardness of that conversation doesn't really seem worthwhile.

Dear Dr CONwisDOM,

Why is it that when I am masturbating and Hilary Swank randomly pops into my head I go limp?

- Only Half-Pleasured

Dear Only Half-Pleasured,

Well, it seems to me that you can't shake the feeling of the lovable and beautiful Hilary Swank. Maybe it's a form of curiosity and that's OK. You know what? That's OK, she is a talented Oscar winning actress. It's completely normal as to why she keeps popping into your head. Now, as for going limp ... I have to inform you that she played a dude in a movie called Boys Don't Cry. That's the most logical reason for why you go limp while pleasuring yourself. Try to think of her in a movie where she played a really good-looking woman! Good luck on that one,

Dear Dr. CONwisDOM,

My girlfriend loves role-playing. Some days I come home from school and she's there in nothing but a few noodles of spaghetti and acts like Snooki from Jersey Shore. One time she dressed up as Demi Moore in Striptease. That was hot. However, last week I came home expecting the unexpected and I saw her dressed as a lumberjack equipped with a rusty axe and thick burly chest hair ... That chest hair was her own. For the past week she's been dressing up like this lumberjack before we have sex and I'm not so sure if I'm cool with it. How do I tell her I don't like her chest hair without getting my balls stepped on?

- Concerned About his Nards

Dear Concerned About his Nards,

There are many ways to go about telling her to get rid of her masculine chest hair. Although there is only one way to do it without getting your Captain Kirk and Picard of the Enterprise squashed in. Here's what you do. Go to your local drug store and get some razors and a load of sleeping aids. Next, make her a delicious and exquisite dinner at home (you wouldn't want to be seen in public with a chest like hers). She will be flattered with your kindness and will go along with it. Now, slip sleeping aids into her glass of wine. When she passes out, get your razors and shave away. Make sure you don't cut her, though. When she wakes up the next morning you convince her that she drank too much wine and she shaved her chest to a clean smooth bosom. If she grows it back, just repeat. She won't be the wiser. Just make sure you hide the evidence.

Do you have any personal questions that you want to have answered? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

BOCLUBS CARNER De

Upcoming ...

Latter Day Saints Club

What: Weekly meetings Where: Room E-221

When: Thursdays, 11:15 a.m. to 12:10 p.m. and 12:15 p.m. to

1:10 p.m.

International Students Club

What: Elections

Where: International Student Centre

Room E-124

When: Thursday, Sept. 23, 4 p.m. There will be free refreshments and fun activities. Exercise your voting power!

PGC Students Club

Beer Garden – Sept. 30, 4 p.m. to 11 p.m. at "The Dock (L building)". For more information, contact Angelique Schmidt at (780 887-2239

Business Connex

What: Beer Garden
Where: Business Tower Lounge
When: Oct. 7; 4 p.m. to 10 p.m.

For more information, contact David Hubben at (780) 267-6160



Clubs Centre Info

Hours: Monday-Friday 8 a.m. – 5 p.m. **Phone:** (780) 471-8871 **E-mail:** campusclubs@nait.ca

Website: www.naitsa.ca **Location:** Room E-133 – NAIT Main

Campus

Grant #1 Intake: Deadline - Oct. 15



Paintball Action Sports: Naitball Paintball Season Opener

Tickets available through NAITSA located on the first floor of E or through executives

Our \$40 student rate includes
Mask, Coveralls, Spyder Semi-Automatic,
Unlimited HPA, 200 paintballs, refreshments, and
snacks. \$20 with your own equipment

Season opener located at Young Guns Paintball on September 26th at 11:30am



For more information please join our facebook group

NAIT Paintball

facebook





Do you have an *idea* that you would like to 'Hatch' into a business with \$20,000 funding, office space, and mentorship?

Learn more about the Hatch competition and other Opportunities:

October 12 @ 5 p.m. Room T105

2010 Hatch Business Plan Competition
Details, Eligibility, Workshops, and Rules
Available at: www.novaNAIT.ca/Hatch

Competition closes November 5, 2010

For more information or inquiries contact

Sandra Spencer at <u>sspencer@sifenait.com</u> or (780) 378-6177













For mature students ...



MARGARET MAREAN NAIT Student Counselling

Adult students who have been out of school for a few years usually do very well when returning to school, however you do have a different set of challenges to face. Here are some pointers:

1. Pace Yourself

- Dedicate regular blocks of time throughout the week to studying. Mark these times on a calendar and stick to them. If you have family or significant others, try to involve them in the scheduling process. Designate regular blocks of time with family too.
- Discuss the changes that could occur as a result of you going to school. Help your children understand what you are doing, why you are doing it and how long the changes will last.
- Prepare family members well in advance when you have exams or major projects.
 - Let significant others in your life know

that you appreciate their support.

• Attend Student Success seminars for tips on how to make your studying more effective and efficient. Try out techniques in the Techniques for Maximizing Learning Potential: Strategies for Success manual available free of charge on line at www.nait.ca/counselling.

2. Create a Study Area

- Ideally you should have a separate space which is dedicated only to studying. Psychologically, this space will signal you to study whenever you are there. Practically, you can have everything you need set up and ready.
- Evaluate your study area to see what you can do to improve it. Does it have space to spread things out? Is it free of distractions? Is the lighting and air quality good?
- Evaluate whether studying at home is reasonable. For some there may be too many distractions.

3. Maintain Balance and Harmony

- When you get too busy you may neglect the most important person in your life – you! Be sure to schedule at least one or two times per week to do something that refreshes or renews you (exercising, meditating, walking, journaling, getting together with friends, watching a movie).
- On a daily basis become aware of low energy/ low morale times and evaluate what you need to change. Do you need to eat more often, eat more healthily, take a break, talk to a friend, laugh, lighten your course load ...
 - Set limits. Learn to say "No." Delegate

responsibilities

• Stay positive. While you may feel you learn more slowly and have to work harder than younger students, you also have many skills the younger student lacks such as direction, organizational skills, a broader perspective, self-knowledge, maturity and less time spent partying!

4. Celebrate Your Successes

• Set small goals and reward yourself when you reach them.

5. Establish Support Systems

- You may be the only mature adult student in your class and you may feel like you just don't connect with the 18-year-old lifestyle. Identify at least one person outside the school environment who can be your cheering squad.
- Try to connect with other adult students who can share your stresses and your successes.
- Get to know and enjoy the younger students.

6. Anticipate Crises and Prepare

• Write down potential crises, especially if you are a parent, and develop a plan for each. What will you do if you're child is sick and can't go to daycare/school? What if you get sick? Discuss options with your spouse, relatives, neighbors and friends. Have emergency

contact numbers prepared

• Get the name and phone number of at least one classmate in each class to contact if you have to unavoidably miss a class, or if you get stuck on an assignment.

7. Be Here Now

• If you are at school focus on understanding the lecture material; if you are spending time with your children focus on them. Work on keeping thoughts off of what else you "should" be doing.

8. Maintain a Positive Attitude

• A positive attitude helps with memory, learning and concentration. If you are feeling overwhelmed and doubting your abilities, ask yourself what needs to change.

9. Be Realistic

• Make sure you are setting challenging but reasonable standards and not striving for perfection.

10. Don't Wait to Get Help

• If you are struggling academically seek out instructors, classmates or a hired tutor. Ask family and friends for help when you need it and don't refuse help when they offer. See a counsellor at Student Counselling, Room W111-PB in the HP Centre if you need support or if you just need to talk. Book in person or by calling 780-378-6133.

Who You Gonna Call? NAIT Services for Students

Academic & Personal Concerns – Student Counselling: 780-378-6133, Room W-111-PB, HP Centre.

Health insurance coverage – Student Health and Dental Plan: 780-471-7730, Room E-125. (Note that you must opt out by Sept. 24 if you have alternate coverage.)

Housing – on-line housing registry at www.rentingspaces.ca/search.htm?ref=3

Injury or minor medical concerns – Health and Safety Services: 780-471-8733, Room O-119 NAIT Security –7477

Part-time campus jobs/ Volunteering – NAITSA: 780-491-3966, Room E-131 Program-related concerns – Contact Program Chair or Program Advisor Scholarships & Awards – Student Awards Office: 780-491-3056, Room O-101 Special Needs Students – Services to Students with Disabilities: 780-378-6133, Room W111-PB. HP Centre

Student Loan/Grant Assistance – Financial Aid Office: 780-491-3056; Room O-111 Tutoring – The Tutor Centre in Room A-133 (main campus) offers free assistance with Math, Physics and Chemistry. Open from 8:30 a.m. to 4:30 p.m. Monday to Friday. Also available at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A)

Peer Tutors – sign up in Room A-172. The cost is approximately \$15/hour

Violence or potentially violent behaviour, or extreme medical emergency – Security (7477, 911, or the Police Complaint Line at 423-4567 if appropriate.

NAIT STUDENT COUNSELLING Room W111-PB, HP Centre, Main Campus Telephone: 378-6133

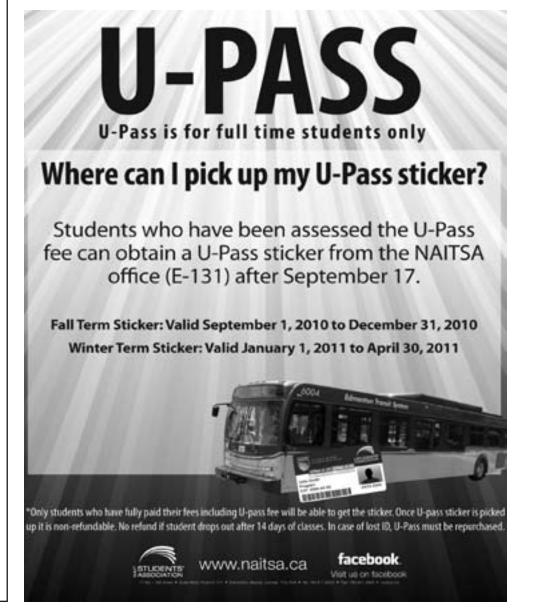
Website: www.nait.ab.ca/counselling

· facilitating student success

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A country chat

Gord Bamford

By TAYLOR POLLMANN

Last week's Canadian Country Music Association (CCMA) awards may have been held on a chilly weekend in Edmonton, but Gord Bamford and his stock on the Canadian country charts has started to become red hot.

This year's annual awards, which featured the greatest and most popular country acts in the

country, saw the Lacombe resident and Australian-born Gord Bamford receive four awards, including Male Artist of the Year, Humanitarian of the Year and Country Music Television Video of the Year.

Having his fourth studio album, Day Job, win the prestigious album of the year award was a dream come true, especially with family and friends in attendance at Rexall Place.

"It was pretty awesome. I've been to Rexall many, many times to watch concerts and hockey games and per-

formed there but the chance to win the award with everybody watching was pretty special," said Bamford in an exclusive interview with the *Nugget*.

While the year's top award may have received the most media attention, Bamford cherishes most being chosen as this year's CCMA Humanitarian of the Year.

"There was a lot of charity work over the last few years that has been pretty close to the heart and to get that recognition was probably the best award a guy could ever ask for," said Bamford.

A major force between the selling power of Bamford and the quality of his work lies in the hands of country music producer Bryan Hall. Over a 20-year span, Hall has produced for some of the biggest acts on the circuit today, including George Strait and Gary Allen

"Bryan's been amazing. It's been an eight-year relationship. He's produced the likes of Gary Allen and he's taken me under his wing all of these years," said Bamford.

A unique feature about Bamford is that he writes the majority of his songs.

"I'm always looking for catchy titles and try to work from there. I try to write songs for other people lives, not necessarily mine but about stuff that other people can relate with," said Bamford.

With his latest album only six months on shelves, Bamford is already looking ahead to the future.

"We are heading to Nashville in the next couple of weeks. We have some interest in the Sates with some meetings," Bamford said. "I'm going to start writing for another project down the road and maintain our status here in Canada and never forget where we came from.

Bamford's latest album, Day Job, can be purchased in music stores across Canada.



Enjoy a plate of perogies and sausage for \$5.00 in support of United Way

> North Lobby Tuesday, September 28, 2010, 11:30am - 1:30pm

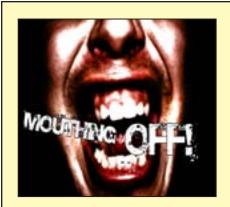


DOOR PRIZES!

For more information visit the Student Portal or www.nait.ca/familycampaign









Darylann Hutchings

What animal would you be and why?



"A black panther. They are the best."

Yasser Elkadr Millwork and Carpentry



"Siberian tiger, because they're my favourite animal."

Luke LaRocque-Walker

Denturist



"Hippopotamus, What do you have to worry about? I always win!"

Josh Anderson **Denturist**



"A dragon – I want to be the biggest badass around!"

Sean McClune Radio & Television -Television



"An owl. They are all wise."

Geoff Kurysh Denturist

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POLL STATION LOCATIONS

- · South Lobby
- Engineering Annex
 Main floor by the stairwell
- Outside NAITSA Office E-131
- Outside Fresh Express

- Outside Campus Read & Needs
- Outside Bytes Cafeteria
 HP Centre
- South Campus
- · Pattricia Campus

LOOK FOR THE CANDIDATES' RESUMES AND PHOTOS IN THIS ISSUE OF THE NUGGET!

Thank You for Voting!

www.naitsa.ca