THREE CITY MAYORAL CANDIDATES INTERVIEWED - PAGES 4, 5

THE NOTE OF CONTROL OF



YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

SENATE VOTE DELAYED

After problems solved, NAITSA election extended to Monday. Story page 2



NAITSA
SENATE ELECTIONS
POLLS CLOSE AT 4PM ON MONDAY OCTOBER 4TH!
GET YOUR VOTE IN NOW!



NEWS&FEATURES Senate election glitch

By RACHEL JACQUES

This year's NAITSA Senate elections have been extended after an unexpected system malfunction.

More than 200 students' votes initially made last Friday became invalid as a result of a "critical error" in the elections voting list.

NAITSA shut down the elections system for three days over the past weekend because of the error, and have now extended voting to next Monday (Oct. 4).

NAITSA president Timothy Jobs said the mishap occurred because voting data supplied to the Students' Association by NAIT was incorrect

The 222 votes cast by students on Friday were deemed invalid.

A number of online voters were directed

wrong school or even not being able to vote tion and this year that number was changed at all.

"I personally apologize for the inconvenience that this error has caused," Jobs said.

> While NAITSA has said that the error occurred on NAIT's end, Helen Wladyka, director of information services with NAIT, said both sides had made mistakes.

> "There were some mistakes on everyone's part and we ended up with an incorrect student list," Wladyka said. "I think it was due to very short timelines that were given ... part of [NAIT's] restructuring that took place over the summer that caused some errors,

and there were a number of other errors as a result of everyone's involvement."

A contributing factor in the mixup was

Wladyka said the two sides are working closely to ensure the problem doesn't hap-

"We are going to work with them in the future and get this process in place," she said.

Earlier this week, students were sent e-mails addressing the voting system error and asking students to take the time to vote again.

"We would ask that those students who voted on Friday please log in and cast their votes again," said Leeanne Mills, NAITSA's internal operations manager.

Students also are continuing to be reminded about the elections through signs, announcements and articles posted and circulated across campus.

The elections incorporate the online voting system, with polling stations set up around campus for one day only, (today)

NAITSA Senators meet on a bi-weekly basis and act as a system of checks and balances for the four NAITSA executives, to ensure they are doing a good job in the best interests of NAIT students.

> The Senate is made up of three senators from each of the six schools at NAIT.

Executives are required to submit reports on the finances used by NAITSA and any bylaws that need discussion. Senate members then ask questions to hold the executives accountable for their decisions.

Senators are also responsible for making sure that each of their respective

schools' needs are met by speaking to students and bringing forward their ideas and complaints through the form of motions on behalf of their schools.

Vote, and let your voice be heard.

There are a total of 18 seats available and this year's new senators will be announced Monday night. The first Senate meeting takes place Oct. 13.



Timothy Jobs

to the wrong candidates, belonging to the that NAIT had 10 schools in last year's elec-Thursday Sept. 30 from 10 a.m. until 2 p.m. Campus clubs to learn the ropes

By LACE SENIO

Student groups and clubs are an important part of campus life because they improve the quality of life of students and faculty.

There are a variety of clubs at NAIT, and to ensure the survival and success of all student groups, NAITSA is putting on a Clubs Training Day. This crucial day-long workshop takes place on Oct. 3 at a secret location. The whole idea behind training day is to provide club members with the skills and ability to maintain

an active club throughout the year. The day will be spent with all of the clubs together, networking and communicating, getting to know each other and each other's clubs.

The organizers want participants to have as much fun as possible, while still accumulating the critical knowledge of running and belonging to a club. Training day will cover the basics of how to allow your club to have a strong start, club procedures, banking information, fundraising and roles within the clubs. It will supply all the knowledge needed for the clubs to make the most of the year.

"I'm confident this will be the best club

training day to date. It will instill interaction, learning and relationship building between clubs, and it will also provide the basic knowledge on maintaining a successful club," explains Rose Martin Baumgartner, Campus Clubs manager. She is

enthusiastic about the training day because of all the

hard work and planning that has gone into the event.

"It will make them a stronger

unit through out the year."

Basically, this is an incredible opportunity



Helen Wladyka

It will strengthen, and empower them. A club is only as good as its members, and participants at Clubs Training Day will be inspired and stimulated. Training day will challenge the clubs to intertwine and think critically about the importance of the roles they

for the clubs at NAIT.

play regarding campus life. Indeed, each club will affect someone on campus in one way or another.

Greek treat arrives

By ALEXANDER TOSTOWARYK

from NAIT students.

The Greeks are invading NAIT in a very tasty

Many NAIT students have recently seen a change in the line up of places to get food from in the Common Market.

Panago Pizza recently replaced Pizza Hut in Common Market and now Kudos has stepped up to the plate to leave students with a pleasant Greek taste in their mouths.

The word "kudos" comes from the Greek word "kydos" meaning praise or renown, and that is exactly what NAIT is hoping Kudos will receive



Photo by Linda Hoang

This new outlet was brought in to bring a fresh, new exotic taste to NAIT and offer a less greasy food alternative.

The menu includes Greek donair, chicken souvlaki, "spanakopita," which is spinach and feta wrapped in a filo and served with tzatziki and a Greek salad.

Prices range from \$3.35 to \$5.75.

Kudos wants to give students a chance for a taste of the Mediterranean.

So NAIT students, go give Common Market's latest food edition a warm welcome.

Student Leadership Team Award of Distinction Program

Lead the way ...

Do you want to become an inspiring, committed, self-confident, positive and self-reliant leader? Do you want to enhance your resume so that employers will identify you as a leader who will make a difference? Then pick up a brochure on the Student Leadership Team Award of Distinction program. This is an extra-curricular leadership-in-action program open to all students enrolled full-time at NAIT. You must apply to become a member of this program. Don't wait, come to O-117 (located in the South Lobby) to pick up the brochure or information package. For more information, please e-mail distinction@nait. ca Deadline to apply is Thursday Sept. 30, 2010.

Student gets ATB bursary

By RACHEL LEES

A NAIT finance student was one of the first to receive a new bursary tailored specifically for youth who have been in the care of the provincial government.

Finance student Stephanie Kendall received the ATB Financial Youth Education Support (YES) scholarship last week.

YES is meant to help six students in gov-

ernment care by removing obstacles and helping them achieve post-secondary success.

"When I found out I was the bursary winner I was so excited and very grateful," Kendall said. "It's such a great opportunity to have not only a bursary but one that has direct relevance to my area of studies."

With the bursary, Kendall says she's now able to overcome the roadblocks that life had originally given her.

"If it weren't for programs like this, I wouldn't be able to do as well as I am and really focus towards my studies."

Shawn Ohler, director of external and media relations with ATB Financial says the YES bursary is a unique one.

"Its not just about money, not just about cutting these students a cheque so they can put their feet up and we walk away, it's also about giving them mentorship career opportunities," he explains.

"It gives these students a chance to meet with caring and interesting professionals from ATB. We want to not only get them ahead academically, but set them up for their careers."

Ohler says Kendall was a perfect choice for the bursary.

"She's a wonderful young person who fits the spirit of ATB and there is an alignment because she is interested in finance," he said.

While this is the first time YES has been implemented, Ohler expects it to continue helping students in years to come.

"We are here to stay, and these are just the first six students of what we hope to be a great partnership in the future."

The YES program provides mentorship and bursaries to six Albertans each year.

This year's recipients are studying commerce, human resources, finance, accounting and management and will be mentored throughout the school year.

The students also have access to career advice, courses on financial literacy and will be given employment opportunities



Finance student Stephanie Kendall is one of six recipients of a special bursary from ATB Financial.

The Nugget

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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

about NAIT or the rest of the

world? Do vou have some praise

to dish out about the school or life

Get those thoughts into print.

Keep them short and to the

point. No more than 100 words.

Hell, we're a newspaper not an

Submit your letters with your

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It's all good. Getting something

off your chest is downright thera-

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in general?

Is something bugging you

NAIT stores go online By RACHEL ROSE-MARIE **BARTHÉLEMY**

There's a new store on campus. Well, sort of.

NAIT quietly launched its new online store featuring products from the campuses' Bookstore and Tech Store this semester in response to student

"The online bookstore is a growing project, a response to some students' requests," said Brenda Jeffrey, NAIT's Bookstore and Tech Store

"It is an ongoing process and [we] started to work on [it] late last fall."

But despite having launched this year, Jeffrey said the online store is still in its beginning stages.

"It wasn't fully ready and still [isn't]," Jeffrey said. "We need to think still about how to mange it properly in order to respond to the students' needs and the public's needs."

Currently the store only sells textbooks, but in the future. NAIT hopes the store can sell products from the Tech Store as well.

NAIT staff also need to sort out an item pickup corner.

And although the online store isn't as fully functioning as it will be, Jeffrey said the launch this year was a step in the right direction.

"It was worth it to launch it even if it wasn't really ready," she said. "Despite no advertising, we already had 50 orders the first half day after launching."

She predicts the online store will likely be fully functioning by the end of next semester.

"The final launch will be in the next six

months," Jeffrey said.

The store should allow students and staff an alternative option for easier school-related purchases.

"It is easier for everyone to use the online service because it avoids the line up and the waste of waiting time," Jeffrey said.

The NAIT online store can be accessed at www.onlinestore.nait.ca.

Jeffrey said more advertisements and a more public launch will be made when logistics for the online store have been more fully worked out.

"As soon as everything is ready everyone will know," she said.

For more information about the service, please contact bookstore customer service in person, by phone 780-471-7717 or e-mail at bookstore@nait.ca.



Mayoral hopefuls

The Nugget is bringing the seven 2010 city mayoral candidates to NAIT students. Why should you vote for them? Today, three of the group try to win your votes.

Dan Dromarsky

By CATHERINE YE

Catherine Ye (CY): Why do you want to be mayor?

Dan Dromarsky (DD): Well, mayor is an important role of the city. It's important that we have a mayor who is approachable and can communicate with the citizens. In my job that I'm doing right now, I communicate [and] network with people. I'm doing the communication all the time. Moreover, I'm interested in politics. So I think it's important that in my lifetime, I can get involved in politics. And being the municipal politician of the city is the best way for you to stand out for the city as well. Edmonton is my beloved city. I was born here, raised here and had a young family here, too. So, I think the mayor is someone who can influence the council to make proper decisions.

CY: What are the key issues for your platform?

DD: The key issues in my platform are various. First of all: infrastructure and infrastructure safety. So roads and sidewalks, that is No. 1 before anything else. That is something that's a concern for citizens of all ages. We have kids who walk to school, we have senior citizens who commute around the city and drive every day. It is important that we just don't fix our roads 30 days before the election. It is important that we do it year-round and then we maintain it. It has been neglected for too long. My next issue that goes along with the safety is everyone needs to feel safe in our city – every place at all times. So whether you are young or whether you are old or whether you are age in the middle, it is important that you feel safe. I volunteer for the police station and I got a chance to see how they run the Community Watch program. I think it is important that the community get involved in crime prevention. [Also the] snow issue is a big one. It is important that we handle the snow properly. We need to remove it from streets and prevent people from getting into accidents. It is a safety issue and also an infraCY: What is your stance on student-related issues?

DD: It's important that we have concern for our children, our students and mature students as well. We sup-

port them all the ways that we can. One of the good ways to do that is providing students with information, providing them with a good view of the city and accessibility to get the places they need to go to. We need to make sure our students can get to the places that they need to go through our transportation system. Also, too, we need to support our students with accessibility so students need to be encouraged by the profession that they are learning. If you are going to school, learning how to be a teacher or learning how to be a doctor, why not have the city set up different ways that you can even come and you can see how these professions are done in our city. It's important that we keep students in Edmonton and we invest in them. [Also] we can educate [students] on how to properly budget and spend, the same way our government needs to properly spend, properly budget.

CY: Why do you think NAIT students and other post-secondary students should vote for you?

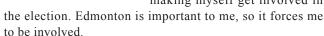
DD: I am 32 years old. I'm not far away from the age

they are. I know how hard it is to start a life financially and to handle the hard schedule of school courses. I am able to communicate with [students]. I am not old enough

to be their dad but at the same time, I have a lot of experiences that hopefully [means] I can encourage them and connect them with the right people. That is part of the reason I use social media a lot. It is part of my job to communicate with people. A mayor is not the person to tell you how to do it, a mayor is elected to serve the city and represent the city. He is the soul of the city. And hopefully, he will have a lot of influences to help students.

CY: Can you tell *Nugget* readers more information about yourself?

DD: I like communicating with people and being a leader. My involvement with the community and sports really push me to the next level of involvement. As a taxpayer, I am frustrated with the city about the way it finances its money. So the only way to change that is making myself get involved in



For more information about Dan Dromarsky, visit www. danformayor2010.com.



Dan Dromarsky

David Dorward

By TAYLOR POLLMANN

Taylor Pollmann (TP): Why do you want to be mayor?

David Dorward (DD): I decided to run for mayor because I decided my knowledge of budget, audit and my business sense, combined with my ability to provide leadership and gather census with people on issues [are right for the city]. I will then manage to achieve great things for this city.

TP: What are the key issues for your platform?

DD: Tax responsibility. There are a bundle of issues I have with higher property taxes, high expenses and increasing debt loads that have occurred. The property taxes have increased 40 per cent in the last six years under Mandel and inflation has only been 10 per cent. [Also] the downtown arena. It should have no public money without public ownership. I am not in favour of using property taxes to support a hockey team. The downtown arena should have no public money without public ownership. If we can sign away to support it through infrastructure then good but we should own some of it then through a return on our investment. [Dorward also lists seniors' issues, legacy projects and democratic rights as part of key issues for his platform].

TP: Why do you think NAIT students and other post-secondary students should vote for you?

DD: Post-secondary students should vote for me because I am a strong supporter of our education system. I graduated from NAIT as well, in the business program in 1973. I am a strong supporter of education and achieving a university degree. I am very much in support of the LRT expansion and I support the north route up to NAIT. I want to make sure we do it in a fiscally responsible way and not bankrupt the city.

TP: Anything else you would like to tell *Nugget* readers about your issues and your platform?

DD: I personally feel the airport should stay open as a gateway to the North as a gem in the city, a health patient transfer centre and a job creator. There are a thousand jobs out there and we can create more jobs for Edmontonians there. I am very disappointed the citizens won't be able to vote on the issue themselves. In a private setting the city council decided they knew better than the citizens and decided you're not going to get the chance to vote on that. I [also] believe there is room for NAIT expansion. NAIT expansion can be facilitated out at the airport land while we still have a general aviation airport there. I am in favour of finding land for NAIT while keeping the airport open.

For more information about David Dorward, visit www.votedorward.ca.



David Dorward

talk to the Nugget

Municipal **Election** 2010

The rest of the candidate interviews will be published over the next two issues. Answers have been shortened for space and edited for grammar.

Daryl Bonar

By LYNDON SUVANTO

Lyndon Suvanto (LS): Why do you want to be mayor?

Daryl Bonar (DB): It's a pivotal time for the city's history. We have a lot of issues right now that, once they are decided, on will have a long lasting, permanent affect on the city and I am opposed to many of the stances the current mayor is taking. I get the question a lot, "why not city councillor first?" but I have to say if being a city councillor is a pre-requisite for mayor, then we should pull out the throne, the sceptre and the crown and coronate Mr. Mandel right now because right now, not one city councillor has stepped up to the plate to challenge the incumbent. So where they say I am lacking in political experience, I am definitely not lacking in courage. I will put my resume proudly against any member, including the mayor. I believe I bring that balanced perspective and I do believe the current mayor is out of touch with the everyday Edmontonian. I'm young enough where I am able to connect with the younger generation and I still have the connections to the business community.

LS: What are the key issues for your platform?

DB: The arena, LRT, Expo 2017 and the [city centre] airport. They are important issues. I have firm stances on all of those issues and I'm going to tackle them head on but I'm also going to address issues that matter to everyday Edmontonians, [issues] that I don't believe are being adequately addressed by council or even on the radar of city council. [These] issues such as tuition debt and diversifying the economy so that our students have a place to work here in Edmonton [and] getting mothers back into the work force. One of the biggest, if not the biggest, priorities of my platform is the issue of social disorder. This encompasses homelessness, urban decay in core neighbourhoods, at risk youth and the overall issue of public safety and crime.

LS: What is your stance on student-related issues?

DB: I want to say with the utmost sincerity, students will have an advocate and an ally in the mayor's chair. One of the things I'm putting forward is all graduates will be eligible for

a \$5,000 tuition rebate, with a couple of requirements. I want them to stay in Edmonton and work for two years or at any point in the life of their student loan, they purchase their first home

in Edmonton. I want to encourage students to stay in Edmonton to work and live. It's not just the dollars though it's being an advocate on issues that concern them - employment, finding jobs and, when it comes to students trying to find affordable living and living in poverty, having to rely on the food bank for their meals. Having an ally who is really in touch with their concerns.

LS: Why do you think NAIT students and other post-secondary students should vote for you?

I believe students should vote for me because I will be their voice, and have the opportunity to speak their concerns. I am adamant that in my first term, if 70 per cent of Edmontonians haven't come across me then I have failed. because I need to be out there instead of sitting on reports and behind a desk. People have told me that I am wasting my time on students because they do not vote.

Well maybe no one has given them a reason to vote. My challenge to myself is to get to campuses and connect with as many students as I can and give you a reason to vote, a reason to care again and a reason to believe. I want to encourage the students to get out and vote.

LS: Can you tell *Nugget* readers more information about

DB: [I have done] 12 years in the Canadian Forces and I'm still

serving [and have done] two tours overseas in Bosnia. I actually work right here next to NAIT over at the Jefferson Armoury. I'm the father of two. My son is four years old and my daughter two. I've been married for five years and have been with my wife for more than 10. I'm a real estate investor on the side, I'm very passionate about real estate but what I'm most passionate about is my work with adverse youth and innercity children. I've helped create a program that has received national acclaim for its measured results, getting at-risk youth back on track. A number of years ago I was a professional martial artist so that's kind of me in a nutshell. Any free time I [have] I like to spend with my kids. My free time is scarce these days and even during everyday life, life can consume people and it's very important to find that balance in life. My priority is my children. They're growing up so fast. I'm [also] a passionate runner; I've run many marathons.



Daryl Bonar

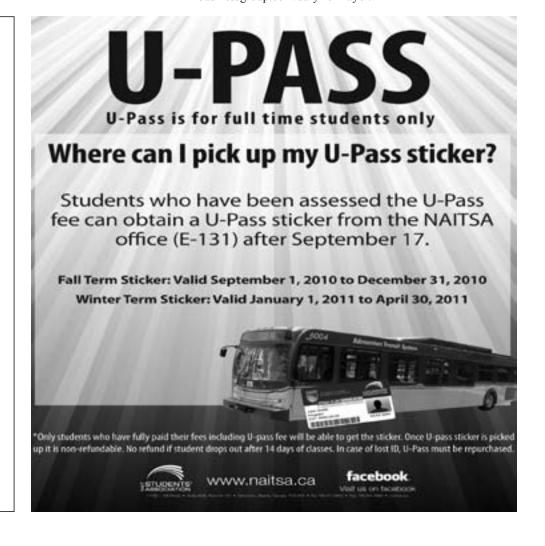
Bonar will be on NAIT's NR92 campus radio show Small Towns, Sex and Sandwiches with Lyndon Suvanto this Saturday from 2:30-4 p.m.

For more information about Daryl Bonar, visit www.vonbusinessgroup.com/darylformayor.



@ 6PM 0N /ACCESS

The Next Generation of News



Cinda's Tech Talk

Gaming by phone





The Nugget

LINDA HOANG Issues Editor

When you hear the term "gamers," there are usually only one or two images that pop into your mind.

You're probably picturing a man sitting on his couch in front of his TV set frantically mashing buttons on a controller.

Or, I bet you were imagining someone bent forward in their computer chair, eyes inches away from a computer monitor, furiously hitting keys and clicking their mouse.

Now that's the stereotype, sure.

And maybe you don't classify yourself as a gamer – or at least, that kind of gamer – but let me ask you this.

Have you ever played a game on your phone?

Have you ever tossed that angry bird across your iPhone screen and toppled over some rocks to kill that smirking green pig?

Be it on a Blackberry, an Android or an

iPhone, and whether it's the simplest game of mindlessly slicing fruit all the way to a fullfledged role-playing fantasy epic with a complicated storyline, consider yourself a gamer.

Sure, maybe a casual gamer at that, but it's now increasingly obvious that phones are becoming a force in the video game market.

The sheer convenience of purchasing a game without even having to leave the comfort of your home, along with the fact that these games are dirt cheap – is enough to turn any phone user into a casual gamer.

With Apple's App store boasting more than 40,000 games for the iPhone alone, game sales on a steady curve skywards and even the Android app store becoming increasingly larger, it's no surprise people are choosing phones as their gaming console of choice.

According to a 2009 NPD Group data analysis on gaming sales, the iPhone OS software (which accounts for gaming on the iPhone, iPod Touch and now the iPad) generated 19 per cent of total U.S. portable gaming software revenue, beating out the Sony PlayStation Portable (PSP)'s share of 11 per cent.

That's remarkable, considering gaming has never been the first and foremost function of an

I myself, who grew up in a family of gamers, found a renewed interest in it just this past year, when I started buying free or extremely cheap games for my phone.



Phone users can now be considered "gamers," at least casual ones at that.

I find it something of a hassle to turn on a bulky console, click the right channel buttons and sit down to play a game, but contrast that with a quick click to start a game on my phone – which is with me anywhere I go – makes the choice to game an easy one.

In the big picture, yes, games for phones still make up a remarkably small percentage of total game revenue when compared to other gaming consoles, but it's clear there's a phone gaming market and it's only continuing to grow.

Major game developers have even started showing interest in tailoring games to Apple

devices so you'll see more of the games that "serious" gamers are into translated onto the phone screen in the near future.

Sidenote: My personal favourite iPhone game, Angry Birds, has had over 6.5 million iPhone and iPod Touch downloads since its debut in December 2009. Haven't played yet? Get it. It's hours and hours of addictive fun for only 99 cents.

Consider yourself a gamer.

Follow Linda on Twitter at http://twitter. com/lindork.



Environmental crusader



westcoastgreen.com



EVERYTHING GREEN

DARYLANN HUTCHINGS Assistant Issues Editor

For the last 40 years, people all around the world have known one man, one fight, and one voice all for the protection of the environment: David Suzuki.

Suzuki is an award-winning scientist, environmentalist and broadcaster.

Born in Vancouver, he earned a BA at Amherst College in 1958, followed by a PhD in genetics at the University of Chicago in 1961.

He was a professor of genetics at the University of British Columbia from 1969 until 1993 when he became an associate at UBC's Sustainable Development Research Institute. All the while, he continued pursuing his international environmental and media work. Suzuki has written 32 books, including 15 children's books.

To add to that list, Suzuki has 22 honorary degrees - not something the average person can say they have.

One thing most widely known about Suzuki is the CBC television program he has hosted since 1979.

The Nature of Things has aired in nearly 50 countries worldwide and Suzuki has celebrated a landmark 30 years with the show.

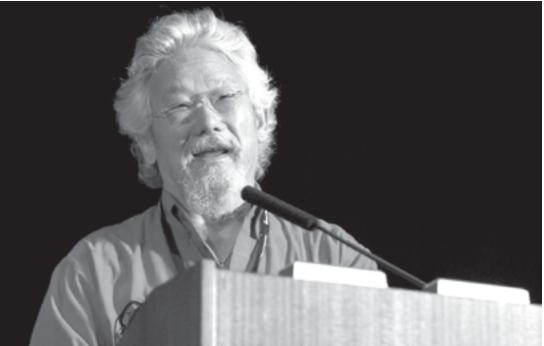
Suzuki's aim with the show is to stimulate interest in the natural world, to point out threats to human well-being and wildlife habitat and to present alternatives for achieving a more sustainable society.

Causing uproar about environmental issues is what Suzuki is best

In February 2008, he urged McGill University students to speak out against politicians who fail to act on climate change, stating "what I

would challenge you to do is put a lot of effort into trying to see whether there's a legal way of throwing our so-called leaders into jail, because what they're doing is a criminal act."

Yes that's extreme, but that's the shock value he wants and there is a good point he's trying to make. I was lucky enough to hear Suzuki speak when he was in town last week



David Suzuki

for his Legacy Tour.

The Legacy Tour started out with some filmmakers [who] approached Suzuki and asked if they could do a movie about his life and his legacy. This quickly turned into a speaking tour, including Suzuki book signings all across

Suzuki is a genius of our time and his words

will live on in history but I think changes in our behaviour and addressing the world's needs depend on us.

Even taking smalls steps in your own everyday life can make a big difference in the long

Anyone with thoughts or topics for Everything Green, e-mail me at issues@nait.ca.

OPINION

— Editorial —

Hollywood comes calling



KATHY LE Editor-In-Chief

It's a sad thing when a high profile, A-lister celebrity finally comes to Edmonton for the first time, but the nature of his visit deals with controversial issues. Why can't James Cameron come to Edmonton for something like visiting friends, taking a vacation or making a movie? Instead he came here to get up close and

personal with the oilsands and tailings ponds of Northern Alberta. This has stirred up mixed opinions with many people. Some opinions are along the lines of individuals saying yes, it's a good thing for Cameron to see the oilsands for himself or no, Cameron doesn't know a thing about oilsands and should mind his own business.

Kind of a big deal

Just to recap, this three-day "business" trip stemmed from when Cameron called Alberta's oilsands a "black eye" on Canada as an environmental leader, which prompted Stelmach to invite him to see it for himself. I was a little cheesed at the fact that this movie director, whose expertise lies in the art of saying "cut" and "action," made such a harsh comment towards something he probably hadn't fully grasped. The topic of the oilsands can't be understood in one sitting and Cameron's focus in the last decade has been making movies; I had no idea he had time to think of anything else. I call this the "opinion with no backup" syndrome. This happens to everyone so I'm not singling him out. Many are quick to judge on a lot of things before really knowing the whole story. This subject just happens to be an issue that involves the Earth we've destroyed and are trying to fix. It's kind of a big deal.

Should examine his own carbon footprint

If Cameron's so concerned about how the oilsands are bad for the environment then perhaps he should make his next movie on a tight budget. I can't imagine how much energy went into making *Titanic* and *Avatar*. And what about the aircraft that brought him here? I don't believe flying is a very efficient way to reduce one's carbon footprint. He should really evaluate how his actions are affecting the environment negatively before he goes off and criticizes Canada.

I heard on the radio the other day that a poll commissioned by CBC on the oilsands development found 51 per cent of Canadians thought the need for energy is more important than the environmental risk, while 49 percent thought the opposite. It seems people in Canada can't agree on the issue of the oilsands period, let alone whether or not they approve of Cameron's visit. Perhaps some of those people don't really know enough about the issue to really make an informed decision, I'm just suggesting ... I don't know ... it seems all too confusing to me and I wish I had cold hard facts about the oilsands issue in my head. Maybe it is a good idea for Cameron to go up there and figure this mess out once and for all, and then tell us about it ... in a documentary or something.

May be a silver lining

So there may be a silver lining in this visit. After all, he is a very influential person and has actually done some pretty good things outside his Hollywood box of a world. This past April, he went to the Amazon rainforest in Brazil to help the Juruna and Arana native bands protest against a planned mega-dam project, called the Belo Monte Dam on the Xingu River. Sound familiar? The scenario sort of resembles that of his highest grossing movie, *Avatar*. The principle is the same. He's also got a long history of environmental activism that includes rain forest preservation, climate change action and ocean conservation. So can something good really come out of his trip to Alberta? Maybe. He did visit Fort Chipewyan, an isolated community downstream from the oilsands whose residents claim the Athabasca River is contaminated. Maybe he could listen to their concerns – which apparently they've been trying to express to the Alberta government for years – and do something for them. And even if he can't directly, his visit is sure to draw attention on a large scale so at least others are aware.

Whether something significant comes out of this visit, we won't know for a while. In the meantime, after flying home from Alberta, Cameron is probably sitting poolside behind his big mansion, planning how big he'll make his next big movie, while Canadian tax payers get the brunt

of Stelmach's \$10,000 flying tab to meet with Cameron. I'm not sure why a videoconference didn't suffice.

My conclusion: Unless you know the whole truth, put your money where your mouth is, and if not, give it away to fundraising for the Chipewyan community.



James Cameron on the set of Avatar.

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

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Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

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avatarplanet.net

SPORTS

WOMEN'S VOLLEYBALL

Consistency key for Ooks

Stories by **TAYLOR POLLMANN**

With just under a month until the first set of the regular season, the NAIT Ooks women's volleyball team took to the courts last weekend in a pre-season tournament hosted by King's College in Edmonton.

While the Ooks managed to win all four matches they played in the tournament, head coach Erminia Russo Thorpe believes the amount of playing time everybody received was what mattered most.

"Everyone got a chance to play, which is good," Russo Thorpe commented. "It gave me a chance to see everybody play, which is what I need to see because you can see things in practice but I really need to see them in a game situation."

In the tournament, the Ooks cruised through their opponents, King's College and Concordia, defeating them 3-1 in match victories. The chance to start the season on a winning note was a welcome addition to Russo Thorpe's tenure at NAIT.

"It was great to come and not play great all the time but still win all four matches," said Russo Thorpe.

While the team managed to put together a respectable performance on the court, Russo Thorpe says they have some areas to work on. One of the most important of those is consistency, something that can make or break a team's season.

"There are moments where we played well but we are really inconsistent. We have time to work those kinks out, however," she said.

Knowing that all of her opponents go through the same early season struggles and practice schedules, Russo Thorpe believes that all of the teams in the ACAC have a way to go before the start of the season.

"They're all in the same situation as we are. There were a lot mistakes over the format and errors on both sides of the court," said Russo Thorpe.

The Ooks will hit the court next in another exhibition tournament, this time hosted by Red Deer College from Oct. 1-3. The quality of the tournament and the variety of the teams involved is

a major reason why her squad is participating in this year's edition.

"There's a lot of mixture in it. A lot of it's ACAC teams but there's a couple of other teams, like an alumni team from the other colleges," said Russo

The Ooks will have to adjust to a major change in scheduling in next week's tournament due to a new format that sees matches take place over three days, compared with a two-day format seen in weekends past.

"I know the players were tired after two days, [and] we have to play over three days now," commented Russo Thorpe. "So we're still not in real great condition yet but that's coming. The girls are working real hard at that."

Though the Ooks participate in three pre-season tournaments this year, Russo Thorpe was also quick to interpret the meaning of the pre-season in relation to regular season play.

"The more we play, the better we will get into game shape. Another reason is we get to look at more teams in our conference."



NAIT Athletics photo

Erminia Russo Thorpe

MEN'S VOLLEYBALL

Taking stock

Simon Fedun

Two pre-season tournaments into their campaign and the NAIT Ooks men's volleyball team are starting to see what they're up against. This past weekend the Ooks participated in the King's/

MacEwan tournament, which saw them post a record of 2-3.

Head coach Simon Fedun believes his players performed exactly how a team in a pre-season tournament should.

"I think we did OK. We accomplished what we wanted at this time of year," said Fedun. "The coaching staff saw where we were and what we need to work on."

One spot the squad needs to improve are on is the defensive side of the court, as the offensive side already boasts an impressive array of hitters, including last season's ACAC kills leader Greg Mann.

"We have some work to do on the control side and defensively control more balls, so that's going to be the next couple of weeks for us," said Fedun.

While most players are already assigned to a specific position on the squad, Fedun is still looking for one of the key positions.

"We're still looking for an everyday backcourt specialist libero position. Other than that, the guys generally played the spots and showed what they can do in the positions," said Fedun.

Besides using the pre-season tournament as a way to develop his team's current skill lev-

> els, Fedun also sees it as way to scout the other squads in the league before regular season play begins.

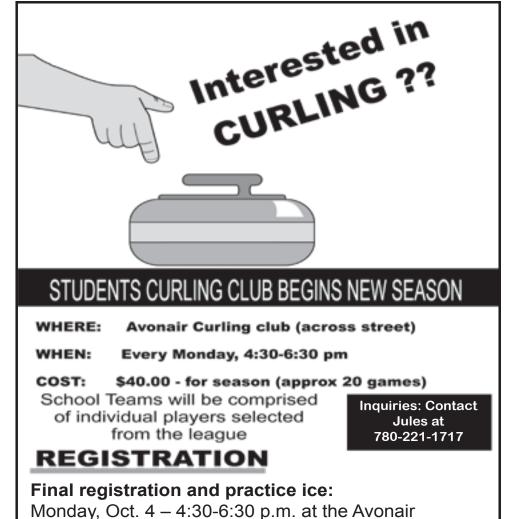
> "This weekend's tournament gave us an opportunity to see the majority of the teams in the ACAC and it confirmed that the talent level is very high and our conference is extremely competitive," said Fedun.

With the season rapidly approaching, Fedun and his staff have some critical decisions to make in regard to the team's final roster, and the players' roles within. However, the coach is taking his time.

"We're still quite a ways from making a decision to secure the rosters and

we have another pre-season [tournament] before the season starts," said Fedun. "We know more about our team right now than individually."

The Ooks will next hit the court this weekend in Medicine Hat in another pre-season tournament. The team begins its quest for a berth in provincials at the start of regular season play Oct. 22 against Grant MacEwan.



First test

By DAVID ADOMAKO-ANSAH

NAIT's women's basketball team will get their first taste of what to expect this year when the Ooks head to King's University College for a pre-season exhibition tournament this weekend.

"I'm just excited to get out and compete," says first year coach Todd Warnick.

"We've been training now for a little over six weeks and the girls are ready to step out on the floor and compete against other teams."

Keyano College has recently joined the Alberta Colleges Athletic Conference (ACAC).

"We see [them] in our second week of conference play in October, so we'll get a little preview of them, the son." says third-year veteran Rosalina Hicks,

new school in the ACAC. They're joining basketball for the first time this year, so we're really looking forward to that," says Warnick.

"Olds College, our second game on Friday, will be good. They're looking to turn into the ACAC in a few years. We finish with King's, who've been to

the Final Four for the last two straight years, so we'll really get a chance to see where we match up against one of the perennial top teams in the ACAC."

Warnick says his squad is eager to see how they match up.

"At this time of year, with the amount of training and practising, they're anxious to play and put their skills to the test. The girls

> are definitely looking for the opportunity to test themselves and to see where we are," he

> The coach isn't putting any pressure on his team for the upcoming tournament. "Pressure is what you make it," he says.

His players have a similar outlook.

"Expectations for the weekend [are] to win all three games of course, but also

establish ourselves as a contender for [the] sea-

a personal fitness training student. "There will be some games against inseason competition, so we want to come out strong and hard, and compete."

competition the tournament will provide.

- Ook Rosalina Hicks under our belt before the season starts would be

great for our confidence and for us as a team,"



Todd Warnick

"Expectations for

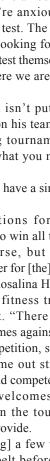
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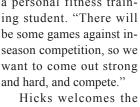
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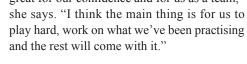
establish ourselves

as a contender ... "





"[Having] a few wins





NAIT notes

By NUGGET STAFF

Mount Royal takes top spot in Blue/ **Gold tournament**

The men's hockey Ooks played the part of gracious host a little too well in last weekend's tourney, winning only one of its three games on the way to finishing third in the four-team field. Despite kicking things off on Thursday with a 9-1 drubbing of the rival Grant MacEwan Griffins, the team could not back the effort up, losing 2-0 to eventual tournament winners Mount Royal University on Friday and falling to Concordia 3-1 on Sunday. Discipline, or lack thereof,

was the story, according to head coach Serge Lajoie. "Undisciplined play seemed to play a big part in all three games. Our flow to the games was often lost due to penalties," said Lajoie.

Much like in the team's previous tournament in Saskatchewan, Lajoie was impressed with the Kadatz's record could stand for quite some time play of goaltender Graeme Harrington, specifitoo, as the Ooks still have four regular season cally in Friday's game. "He gave us a chance to games left for her to pad her lead. More imporwin," Lajoie said.

Mixed results for men's volleyball team

The Ooks played three official matches and two scrimmages in a tournament co-hosted by King's University College and Grant MacEwan University, and had an inconsistent weekend, finishing 1-2 in their official matches and 1-1 in the scrimmages. The squad picked up victories over Concordia and Briercrest, while losing to Mount Royal, Medicine Hat and SAIT. Head coach

Simon Fedun says the team still has much to improve upon before the season starts. "Overall I feel that everyone on our side gave a good effort but we have a lot of work to do defensively if we hope to be one of the top teams in the ACAC," said Fedun.

Record-setting weekend for soccer star

The women's soccer squad continued their strong play this season, following up last Wednesday's 4-1 defeat of Grant MacEwan with a 10-0 steamrolling of the King's University College Eagles on Saturday. The Ooks' standout striker,

Leanne Kadatz, scored a trio of goals in each game. The half-dozen markers give Kadatz 19 in six games and have subsequently landed her in the ACAC record books for the highest single-

season goal total, breaking the old mark of 18. tant, however, is the fact that the team remains in contention for top spot in the ACAC North division. The Ooks currently sit in second place, just one point back of Concordia, with a huge game against the Thunder looming on Oct. 16.

Challenge Cup soccer games vs. MacEwan Sunday, Oct. 3

Women's game 12 p.m., men's game 2 p.m. – Points are awarded for number of fans each college brings to the game! Come support your Ooks and help beat MacEwan!

Athletes of the week

September 20-26

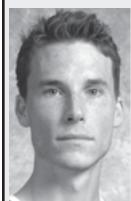
Leanne Kadatz Soccer



Leanne Kadatz scored six goals this week, leading her team to victories over MacEwan and King's College. She scored her 19th goal of the season Saturday versus King's, breaking the old ACAC record of 18 goals. "Leanne has been unbelievable this season for us. Not only did she break the ACAC scoring record, she broke it in only six games and still has four games in which she can add to her total," said NAIT head coach Sergio Teixiera. "Not only is she scoring at an incredible pace, she is also setting up quite a few of her teammates for goals".

Leanne is a second-year Animal Health Technology student from Edmonton.

Jordan Stewart Soccer



Veteran defender and team captain Jordan Stewart was a pillar of strength this week as the Ooks went two games without conceding a goal; 2-0 over MacEwan and 5-0 over King's College. The Ooks centre-back consistently cleared the back line and kept the defensive unit organized so NAIT didn't concede a good scoring chance to either opponent. Jordan also scored his second goal of the season. "Jordan is the captain that every coach hopes to have," said head coach Jeff Paulus.

Jordan is a fifth-year Bachelor of Business Administration student from Ardrossan.

Commonwealth controversy



OUT OF BOUNDS RYAN FLAHERTY Sports Editor

Here's a little-known fact: the 2010 Commonwealth Games are about to kick off in New Delhi, India, this Sunday. Yeah, I know. I was as surprised as you. In fact, I'd still be ignorant of this fact if not for recent controversy which erupted when Canadian team officials announced they would be postponing their arrival in India due to the deplorable living conditions in many parts of the athletes' village.

Rooms not ready

The state of the living quarters has been widely discussed over the past week. The problems came to light when members of the advance team for the Canadian contingent arrived in New Delhi and discovered that many of the rooms designated for our athletes were nowhere near complete. In some cases the residences were finished, but officials deemed them "unfit for human habitation," due to a number of problems, including faulty plumbing, shoddily-constructed balconies, or a lack of furniture. In a fit of ignorance that could be categorized at best as a lack of common design logic and at worst a fundamental lack of common human decency, rooms for disabled athletes had been designated on the eighth floor of some buildings, with no elevator access whatsoever.

The problems with the athletes' village have had a negative effect on perceptions of the host nation in the eyes of many in the international sporting community. The tension has underscored the uncertainty that comes with awarding an event as big as the Commonwealth Games to a country like India with its issues of overpopulation and resulting lack of appropriate infrastructure. The crazy part of this is that as recently as six months ago, Commonwealth officials were more than pleased with the progress of all Games-related construction, including that of the athletes' village.

What happened?

So what has happened since then to slow things down so much that, at times last week, there was a possibility that some members of the Canadian team wouldn't even compete? Nobody is quite sure exactly, but many feel that there are so many different parties involved in the numerous construction phases that some form of slowing down was inevitable. That may in fact be the case, but it is not a satisfactory explanation. It almost seems that Indian officials may have bitten off more than they could chew when they were awarded the Games back in 2003. Even several high-ranking Indian sport officials have been expressing concerns over the lack of a cohesive organizational plan for the past 18 months.

Adding to the Canadians' frustration,



Construction continues on some Commonwealth Games venues.

though they've been careful enough not to mention it much, is the fact that the runner-up to New Delhi in the bid to host the 2010 Games was none other than Hamilton, Ontario. The knowledge that all this drama could have been avoided by the swing of a few votes must stick in their craw something

Now, in the days since Canadian officials first spoke up about the problems, they have said that they are satisfied Indian organizers have done enough to address them. As a result, they will go ahead with the Games as planned, but the true acid test will be when the athletes themselves set foot in New Delhi. Will they be polite guests, or will they speak

out if necessary? One thing is certain, these Commonwealth Games will be much more closely watched than any in recent memory. I know they're definitely on my radar now, and that's more than I could say a week ago. For the sake of the international sports community, let's hope that New Delhi gets it right, despite all the stumbles.





UNSPORTSMANLIKE CONDUCT

GARIT BYINGTON Assistant Sports Editor

Plan ... the ... parade. Following a year when everything that could go wrong did, Oilers fans, especially in my generation, finally see the light at the end of the tunnel. With the emergence of Magnus Paajarvi, Jordan Eberle and Taylor Hall, the city is getting giddy.

Definitely the least-hyped of the three, Paajarvi's credentials and skill set are certainly nothing to scoff at. He's only 19 years old, yet Paajarvi is already a veteran of international hockey and has grown as a pro in the Swedish Elite League.

In 2008, at the age of 16, he became the youngest player to ever play for Sweden at the IIHF World Junior Hockey Championship. He really came into his own in the Swedish Elite League, where he had 17 points in 50 games in 2008-09, and 29 points in 49 games in 2009-10. Trust me, in that league, and playing with

Big 3, big promise

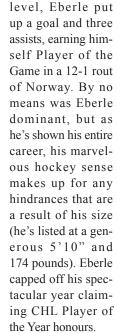
men nearly twice his age, those are very solid numbers. To top off that year, Paajarvi was named to the All-Tournament team at the World

Hockey Championship in Germany. If his pre-season debut is any indication, he appears to be the most NHL-ready of the "Big Three" and is poised to continue his success and evolution as a player.

Throughout his junior career, Eberle has established himself as a clutch go-to guy. In 2009 at the World Junior Championships, Eberle scored a massive late goal in the final game to keep Canada alive. Then last

year, Canada came up just short of gold despite Eberle's best efforts. The 20-year-old left such a positive impression on Hockey Canada with the ice water running through his veins and clutch scoring, that he earned an invitation to join Canada at the World Hockey Championship.

In his international debut at the senior



The 2009-10 campaign was an unforgettable one for Hall. He tied for the OHL lead in scoring, helped the Windsor Spitfires defend their Memorial Cup title (being

named tournament MVP for the second straight year along the way), and even found time to help Canada capture the silver medal at the World Junior Hockey Championship. Looking at the stats, Hall has improved every year. He scored 84 points in 63 games his rookie year in the OHL, then proceeded to put up 90 in 63 games, and 106 in 57 games. Unlike his fellow compadres in the "Big Three," Hall brings the intangible of physicality to the rink. His ability to drive the net and charge head first into any situation served him well in junior, but what happens when he brings that style to the NHL? Well either he plays that style smart, like a Glenn Anderson, or he'll play it dumb, like an Eric Lindros. Hall lives and breathes hockey 24 hours a day, seven days a week; he knows nothing else in life other than playing hockey.

Regardless who the best of the three is, the Oilers have themselves - without using previous Oilers teams as a comparison - a trio akin to Crosby-Malkin-Staal (though the Oilers' ones aren't all centres), or Shanahan-Fedorov-Yzerman. Hey, a No. 14 from Canada, a No. 91 from Europe, and a Canadian leader. Coincidence? You decide.

Steroid issue moves north

Magnus Paajarvi

By DOUG YEARWOOD

Canadian Interuniversity Sport (CIS) was rocked this summer when 13 players on the University of Waterloo football team tested positive for steroids, with four of those individuals openly stating they were on a type of anabolic steroid. The repercussions were huge; UW suspended their football program for the sea-

son, meaning the players lost a year of eligibility, and in some cases a chance at a pro career. Waterloo's reputation has undoubtedly been scarred as well.

But are steroids a huge issue in CIS - namely football? The CIS and CCES (Canadian Centre for Ethics in Sport) tested 60 athletes over May and June, and only three were found to be positive – one of which was for marijuana. These same two organizations also introduced a new system of increased drug tests, including during the offseason, when the use of steroids would be of most benefit. But is the increase in testing necessary? Since 1990 there have been 56 positive tests in the CIS, with 24 being for steroids. That number doesn't just represent football; it

is spread amongst many sports.

It's understandable and logical that after the UW disaster something would have to be done, for precedent's sake. However, the suspension of Waterloo football not only hurts their program, but also hurts the kids who didn't use steroids and have lost a year of their football careers.

If you look down south towards the

NCAA, where steroids (in football anyway) serve more as a driving force towards the millionaire lifestyle that a pro athlete can enjoy, you'd think the use of steroids

would be more prevalent. But after considering the incredible number of teams and players, it's not. Like in the CIS, testing is conducted randomly, 365 days a year. In 2008-2009, 72 athletes tested positive for steroids, with 47 being confirmed. It may seem like a large number, but when you back it up against the 11,000-plus student athletes the NCAA boasts, it's just 0.6 per cent of that population. The new drug-testing methods in both these leagues serve a good purpose in keeping the sport clean. and although things will never be perfect, what more could they possibly do?



viceland.com

By DANICA PACKOLYK

Looking for a fun way to stay active and meet new people? NAIT intramurals are a great way to do just that – whether you're interested in playing hockey, football, basketball, soccer, dodgeball or volleyball.

Some intramurals have already started, such as ice hockey, indoor soccer and dodgeball, but there are many more sports that have yet to get underway.

Within the next few months, there will be four-onfour football, basketball and volleyball. Times for intramurals are Mondays in the NAIT gymnasium from 4:30 p.m. to 6 p.m., and Tuesdays at Vanguard College from 4:30 p.m. to 6 p.m. Hockey times vary, but games are always played at 6:30 p.m., 8 p.m. or

Is the CIS doing enough to stop steroid use?

All intramurals are free, with the exception of ice hockey, which costs \$150 per team for equipment costs. Unlike last year, the waiver forms and signup sheets must be picked up from Trever Turner, the recreation programmer, in his office in the back of the equipment room (E-026) downstairs, or at the Athletics and Recreation office. You can drop them off with either Turner or with Bernece, the administration assistant, in the main recreation office. So if you're looking for a way to stay active, sign up today. For more information, call (780) 491-3010.

Get in shape with intramurals

The Nugget Thursday, September 30, 2010



Hockey anyone?



By KITA MURU

The NHL season is nearly upon us, and we at the Nugget would be remiss if we didn't bring you a breakdown of what to expect in the coming months. Here is a division-bydivision look at some things to watch for this

Western Conference Northwest Division - By Matt DeBeurs

Vancouver Canucks – The offseason acquisitions of Raffi Torres, Manny Malhotra and Keith Ballard make this already strong team even better. They'll win the Northwest and should contend for the Western Conference title.

Colorado Avalanche – This team is full of young talent that is still improving. If they get another strong year from goaltender Craig Anderson, this squad should see another playoff appearance.

Calgary Flames – With the return of the "Great Pumpkin Head" Olli Jokinen and Alex Tanguay, last year's slow offence might get a jumpstart. I still see a serious downswing in the coming years.

Minnesota Wild - The Wild picked up Matt Cullen and John Madden to help boost a two-way game that was severely lacking last year. They should contend for one of the last few playoff spots this season.

Edmonton Oilers - With No. 1 pick Taylor Hall, junior superstar Jordan Eberle and man-child Magnus Paajarvi all set to make the team this year, the future of the Oilers is looking bright. If anything, this year shouldn't be the dumpster fire that last year was.

Pacific Division – By Kita Muru

San Jose Sharks - In short, the Pacific "should" belong to the Sharks, and then everybody else. San Jose (alongside Chicago/Vancouver) "should" win their division in the regular season, and the real test for them "should" be building on last year's playoff success.

The Phoenix Coyotes – The Coyotes have Ilya Bryzgalov, a bunch of decent nobodies defending him, and Shane Doan and Wojtek Wolski to put in goals.

The Los Angeles Kings – The Kings have so much talent (Anze Kopitar, Drew Doughty, Jonathan Quick, etc.) that they're primed for a run beyond the first round alongside Phoenix.

The Dallas Stars and Anaheim Ducks are in that massive scramble in the west (with Colorado, Calgary, Nashville, St. Louis). The issues facing the Ducks are defensive (especially on their penalty kill) and discipline. The Stars are essentially the same as the Ducks minus the discipline issues, and both their seasons will go the way of their goaltending.

Central Division - By Kyle Galliver

Perhaps the strongest division in the Western Conference, the Central Division has produced two of the last three Stanley Cup winners, including last year's champs, the Chicago Blackhawks. The division has a few teams that will contend for the Cup again this upcoming

Despite the departure of nearly half their roster over the summer, the Hawks still have a star-studded lineup that includes playoff MVP Jonathan Toews and Norris Trophy winner Duncan Keith. They will continue to be a powerhouse in the West.

The St. Louis Blues added playoff hero Jaroslav Halak in a trade with the Montreal Cana-

diens in the offseason, solidifying their goaltending behind an exciting young team. The Blues should easily be a playoff team as Eric John-

son continues to grow into an elite NHL defenceman.

Detroit native Mike Modano will be playing his first season as a Red Wing after two decades with the Dallas Stars organization and could be a difference maker in the Motor City.



Can the Chicago Blackhawks repeat as Stanley Cup champs?

The Wings will be looking to make it back to the Cup Finals for the third time in four years.

Eastern Conference Northeast Division – By Danica Packolyk

The Northeast Division of the NHL hasn't really been known for its, how do I put it ... wins, but with training camp under their belts and the pre-season well underway, we may see a lot of improvements this year.

With the Boston Bruins using their second overall pick on forward Tyler Seguin, they've proved it to be a great choice, with Seguin already showing his scoring touch in the preseason. Another possible turnaround point for the Bruins could be the addition of Jordan Carson, who was Boston's first-round draft pick in 2009. Unfortunately, he suffered a cracked collarbone late that summer while training with Team Canada, but he's seemingly back to full

> health and has repeatedly said he is ready to play.

> > Unlike

Boston, the Montreal Canadiens are already looking a little rough. In their first pre-season game against the Senators, Carey Price

suffered a meltdown late

in the second period and was unable to get back on track. In turn, the Ottawa Senators dominated the game, scoring six goals on 30 shots. That's pretty impressive, even for the Senators. Nick Foligno has shone throughout training camp and Daniel Alfredsson even admitted to being a little envious of the young forward. Maybe they have a shot at making it past the first round of the playoffs.

We all know what a disaster the Toronto Maple Leafs have been for the past few years, but after acquiring Kris Versteeg three months ago from the Blackhawks, Brian Burke is already more confident in his team. Versteeg is exactly the kind of player the team has needed, with the kind of energy and jump they've been

The Buffalo Sabres recently acquired Rob Niedermayer, and are pleased with his leadership. That, combined with Ryan Miller as their goalie, will hopefully be the winning key to a Stanley Cup this year, but we'll all have to stay tuned to find out. One thing is for sure, we're in for one exciting season.

Atlantic Division - By Kassidy Krueger

The Atlantic division has everything hockey fans are looking for. Great goaltending with Marc-Andre Fleury (Pittsburgh Penguins) and Martin Brodeur (New Jersey Devils), one of the NHL's greatest players in Pittsburgh's Sidney Crosby, and an unbelievable array of goal scorers in Marian Gaborik (New York Rangers), Evgeni Malkin (Penguins) and Ilya Kovalchuk (Devils).

The Penguins have another great chance this year to be in the Stanley Cup Finals. We all know how offensive and powerful this team is, and with no Olympic break this year they will no doubt exceed last year's record.

The Devils will be another team to keep an eye on in this division. With Kovalchuk playing a full season with the club, things should get interesting. Let's hope he performs the magic that the team expects from him, especially after they paid a \$3 million fine and lost first- and third-round draft picks in order to sign the Russian. Personally, I have never met a man worth that much trouble before.

Let's not forget about the Philadelphia Flyers, who are coming off a Stanley Cup loss. They have the most talented roster from top to bottom in this division, but what separates them from the Devils and Penguins is what lies between the pipes.

There is a lot of potential that we will see an Atlantic team in the Stanley Cup Finals this

Southeast Division – By Ty Hudec

Alexander Ovechkin and company dominated the regular season in 2009-10. Expect much of the same this season from the powerhouse of the Southeast that is the Washington Capitals. There aren't many changes for the Presidents' Trophy winners. With former starting goalie Jose Theodore gone, youngsters Semyon Varlamov and Michal Neuvirth will split the puck-stopping duties. The big question however, will be how the Caps fare in the postseason. Can they actually win a series or two?

After Washington, the division looks pretty thin, but the Tampa Bay Lightning do have some potential. GM Steve Yzerman appears to be making all the right moves since being hired, including bringing in a new coach (Guy Boucher), goaltender (Dan Ellis) and a goal-scorer (Simon Gagne) to complement an already explosive offence.

The Carolina Hurricanes kept a very similar ster despite losing veteran forward Ray Whitney. Meanwhile, the Atlanta Thrashers brought in a bunch of new faces, including goaltender Chris Mason and Chicago playoff hero Dustin Byfuglien. Then there are the Florida Panthers, who have been rebuilding for what seems like a decade. Don't expect them to be any good once again this season.

The Caps should have no problem winning this division and the Bolts are poised to make a push for the playoffs, while the Canes, Thrashers and Cats will all struggle.



Capitals star Alexander Ovechkin wants to go further in the playoffs.



TD Atlantic success on, off field

By TAYLOR POLLMANN

to find the end zone multiple times last weekend against the Toronto Argonauts, the entire Canadian Football League scored off the field as well.

The first regular season game held in Atlantic Canada in CFL history was an event that managed to gather the attention of the entire country. The widespread support of the game and the potential expansion of the CFL to the East coast, has CFL Commissioner Mark Cohon excited at the possibilities.

"It's been an unbelievable experience, the entire week," said week's main event finally gave the team a Cohon. "We're very excited by the potential here and we'd really like to work on getting a multi-year commitment here."



Richie Hall

support shown by its Maritime hosts has While the Edmonton Eskimos managed avid CFL fans eagerly discussing a pos-

sible eastern expansion of the CFL, but Cohon remains grounded on the possibility of expansion at any point in the near future.

"Do I think that dream is becoming a possibility? I think yes, it's becoming a possibility. Is it a probability or reality? The answer is we're not there yet," said Cohon.

While the entire event was filled with lobster fests and youth football camps led by Eskimo players, the

reason to smile. After falling to the Montreal Alouettes last week in their first game under new general manger Eric The excitement of the game and the Tillman, the Eskimos took to the field

with a new game plan.

Head coach Richie Hall believes the 24-6 win can be attributed to the strength of the defensive game displayed by the Eskimos.

"This was a defensive game back and forth. I always believe that defence wins championships and we can get better. We need to be better," said Hall.

Though the offence may have not displayed the best outing of the season on the field, Eskimos quarterback Ricky Ray believes the defence played a major factor in the win.

"That's the thing about our defence, they're playing so well. They didn't let our mistakes hurt," said Ray. "We had couple of turnovers in the score zone that could have hurt is but our defence bailed us out."

The Eskimos, now 3-9 on the season and two points out of the last playoff spot in the Western division, will take on the Hamilton Tiger-Cats at Commonwealth Stadium on Sunday, Oct. 3.

Kickoff is at 2:30 p.m.



Mark Cohon

For photos of our NAIT's women's soccer team in action against King's on the weekend, see page 26.

Jobs in Athletics

Soccer Nationals Nov. 10-13, 2010

Volunteers wanted:

Hosts and hostesses: to travel with the teams and answer questions – may need some who can speak French.

Accreditation – put together packages/giving out accreditation staff info to VIPs, teams, etc.

Hospitality – to sit at lounges/ VIP rooms making sure there are refreshments at each venue.

Contact: Trever Turner Recreation Programmer 780-491-3010 trevert@nait.ca

Fitness and Equipment Centre

Looking for individuals with strong customer service experience for the sports equipment and fitness weight centre:

- Fitness & Weight Centre monitors
- Sports Equipment Centre
- Gymnasium monitors Contact: Nash Klimosko Fitness Weight Centre and Gymnasium

Programmer

(780) 471-7729 nashK@nait.





ENTERTAINMENT

30 Seconds to Mars – wow!



ALI YUSUF Entertainment Editor

30 Seconds To Mars rocked the Edmonton Events Centre (EEC) stage with musical guest Neon Trees last week. The anticipation inside EEC was growing as everyone waited for the show to begin.

"I can't wait for 30 Seconds To Mars to play! They are so amazing," said Jennifer Chase, an audience member. "I hope [they] play lots of songs from their new album."

Before 30 Seconds To Mars took the stage, Neon Trees began warming up the crowd. Neon Trees powered through the crude language from the audience with their rock tunes and high energy. The reason for the profanity was because Tyler Glenn (lead vocals and keyboard) was wearing tight leather pants and it was pretty awful looking. Despite that, Neon Trees definitely

played a solid and entertaining set. Glenn was all over the stage, dancing about and on the speakers. Neon Trees definitely put on a show

As soon as 30 Seconds To Mars came around, the crowd went wild. Whether it was for the band or just Jared Leto (lead vocals and guitar), I don't know. For those of you who don't know, Leto is also famous for acting (*Alexander*, *Requiem for a Dream* and *Chapter 27*). Regardless, 30 Seconds To Mars was unquestionably a huge hit at EEC. The entire crowd sang along with their massive hits "Attack" and "The Kill". One thing that must be mentioned about the show is that Leto really loved engaging the audience in between songs to pump up the fans.

Halfway during the set, Leto played an acoustic set and rendered some of the full band tracks, such as "From Yesterday," into a soft sung melody. Most of the fans were raving about the acoustic set; however, someone screamed in the audience that they didn't pay for a 30 Seconds To Mars concert to watch Dallas Green bitch on a mic. I laughed.

The finale of the show was coming and Leto announced that he wanted members from the audience to come up on stage to rock out to the last long. After the bellowing calls



musiccourt.wordpress.com

30 Seconds to Mars fans weren't disappointed when the band played the Edmonton Events Centre last week.

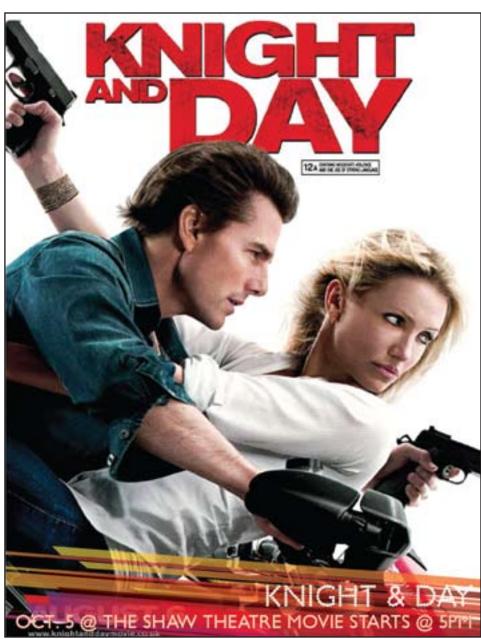
from the audience, Leto got his audience up on stage and performed "Kings and Queens" from their latest album *This Is War*. It was definitely a suiting and rewarding finale.

The show was undeniably amazing and

crowd pleasing. There were lots of interactions in from band to audience, which made the night particularly awesome.

If you missed this show, you missed





FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...



By SAMANATHA SILVA

Business students at NAIT can feel claustrophobic while being jammed inside the elevator going to class. Although riding the elevator doesn't feel long, riding it in silence can make time go by slower.

There's nothing worse than having a headache from all our schoolwork and then not having music to ease the pain. Therefore, I present to you some great elevator music to help pass the time and numb the pain.

Here are the top songs that I would uggest.

- "If you want to be the Teacher's Pet" – Jack Black (School of Rock)
- 2. "In My Head" Jason Derulo
- 3. "Cooler Than Me" Mike Posner
- 4. "Not Afraid" Enimem
- 5. "Another Way To Die"
 - Disturbed

- 6. "You Found Me" The Fray
- 7. "Butterfly" Crazy Town
- 8. "Jeopardy Theme Song"– Greg Kihn Band
- 9. "E.N.D (Energy Never Dies)"– Black Eyed Peas
- 10. "Thank Me Later" Drake
- 11. "Wake Up" Hillary Duff
- 12. "Animal" Ke\$ha
- 13. "Pump Up The Volume" M.A.R.S

VIRAL VIDEO OF THE WEEK

Own goal hilarity

By KITA MURU

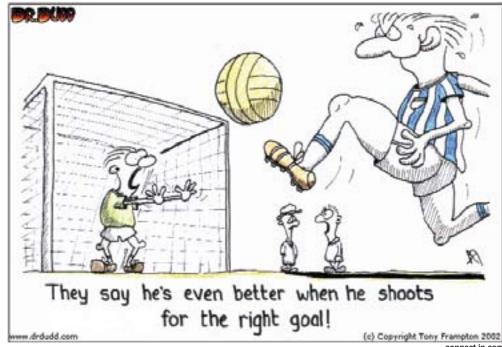
Since I'm a fan of sports, my ideas on viral video lean somewhat towards them. I was planning on just going for the latest epic own goal when I found an even more epic own goal – in fact, here's the first one.

If you know the intricacies of sports enough, you can probably pick apart moments that are amazing, brutal and downright ridiculous. Goals are amazing, own goals are brutal, and then there's Victor Hugo.

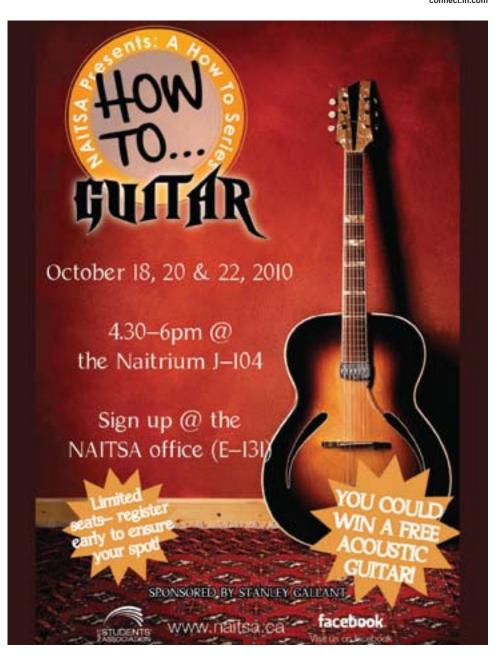
He currently plays for Santo Andre in the Brazilian league and in a recent game against Portuguesa de Desportos, Hugo backtracked to clear a ball but lost his footing just as he was above the ball. He slipped and fell on the ball with his ass, which squirted the ball past his goalkeeper and into the net. Humiliation for Victor Hugo is hilarity for all.

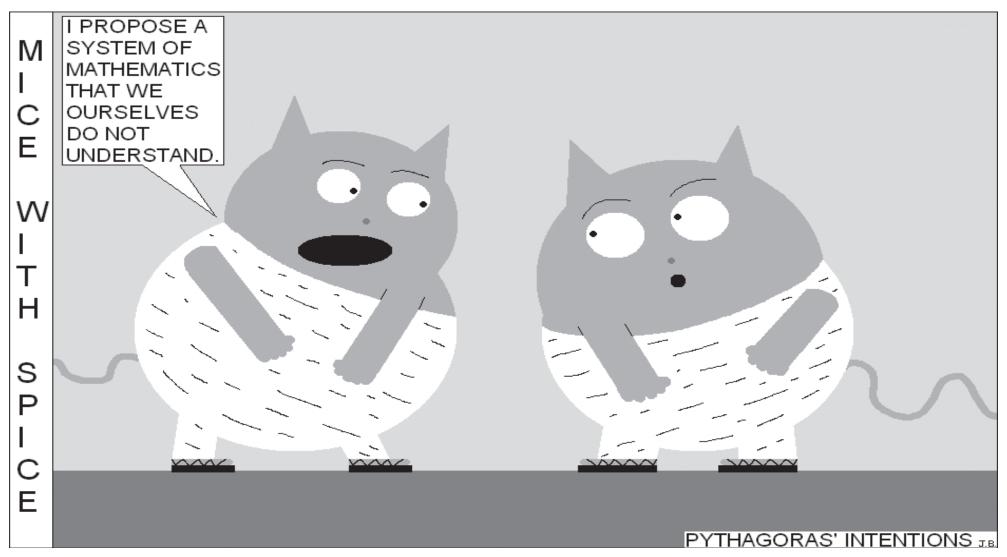
Well, it may be hilarious, but believe it or not an even more ridiculous own goal happened between Waterford United and Mervue United in the Irish League. Mervue midfielder Mike Elwood tracked back to cover an opposing forward when he suddenly got smoked in the face by teammate Kenny Farrell. Sure enough, the ball magically rainbows 25 yards into the Mervue net, just the icing on a 3-0 loss-sized cake.

Just YouTube Kenny Farrell Unluckiest Own Goal Of All Time to check it out for yourself.









Mortal Kombat reborn

By GRAHAM MCCANN

Mortal Kombat is getting new life pumped through its veins next year on PlayStation 3 and Xbox tion. For example, not all the char-360.

There will be The new installment is not a remake 26 characters nor a reboot, but in total when rather an alternate the game is timeline. It starts after the eighth Morreleased in tal Kombat, Armageddon, released in the first half of 8 used a three dimen-2007 for the Play-Station 2 and original Xbox.

The story is about Raiden, who is about to be killed but sends information to himself back in the time of the first game. The narrative will take place in the time of the first game through to the third.

2011.

However, the events will be different from the original three because Raiden has new informa-

> acters will turn out as they did before. Also, the cre-

> ators want the series to revert back to its familiar dark and brutal atmosphere.

> Games 4 through sional ring but this entry is going back to

the classic two dimensional fighting - moving from left to right on the screen - along with keeping up to date 3-D graphics. This is called 2.5-D, which Street Fighter 4

In the spirit of keeping up with trailers.

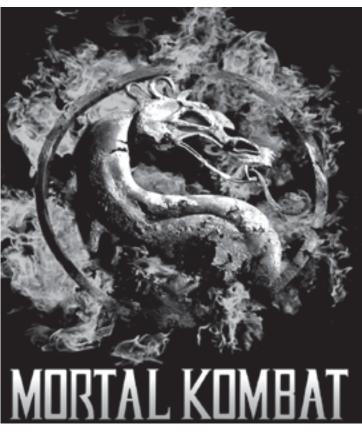
its violence, a new fighting combo is introduced in the new game called an "X-Ray move." The camera will zoom in on a character who is being beaten and show their bones and internal organs being broken and ruptured.

This has also led them to back off from some ideas because they don't want the game receiving and Adults-Only rating, which will lead to a ban in most regions.

Characters announced so far are familiars: Sub-Zero, Scorpion, Reptile, Kitana, Kung Lao and Johnny

There will be 26 characters in total when the game is released in the first half of 2011.

Go to www.themortalkombat. com for updated information and



CAMPUS FOOD REVIEW

Fresh Express Mexi-wraps maxi-good!

By CELESTE DUL

Bring your appetite! The Mexiwrap from Fresh Express tastes even better then it looks.

The side dish of nachos are notably fresh and I was pleased with both the quality and quantity. The salsa has a home made taste with a natural texture while the sour cream is cool and rich.

The wrap itself is made up of ground beef, lettuce, tomatoes, cheddar cheese and salsa. It can also be heated and toasted on a grill to melt all the ingredients together in a flavourful combination.

I was pleasantly surprised with the

amount of meat in the wrap. It's the perfect mixture of spices, not too salty but nowhere near bland.

The ground beef is juicy and tender and kept you wanting more. It wasn't juicy enough to make a mess, but it made your mouth water with every bite.

The lettuce and tomatoes are fresh

and tasty. I had expectations of bland, warm vegetables but was impressed to taste something that could have come from a farmers market.

The actual wrap is a whole-wheat wrap bread. I found it a little dry and bland, but all of the fantastic ingredients inside made it unnoticeable.

With a mix of textures and taco like flavour, every bite kept me satisfied. It keeps you wanting more, as long as your appetite can handle it!

I thoroughly enjoyed this excellent meal. Make sure you're ready to eat lots because with the Mexi-wrap, you definitely get your money's worth!

THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

Sept. 30-Oct. 6

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Libra (Sept. 23-Oct. 22)

Dear Libra, your bright and witty personality will shine this week, leaving you with great opportunities for improvement, both economically and socially.

Scorpio (Oct. 23-Nov. 21)

You are a very lucky person, Scorpio. But you rely on your luck because you have no talent. The only reason you're succeeding is because you have no morals. Jerk.

Sagittarius (Nov. 22-Dec. 21)

You have a very organized and precise attitude, Sagittarius. Others are finding you rather boring. Shake it up this week and see what happens.

Capricorn (Dec. 22-Jan. 19)

You are a very cautious person but so cautious that no one knows you exist. You might want to make some friends before it's too late.

Aquarius (Jan. 20-Feb. 18)

Your finances are doing great this week. It's only because you're a cheap jerk. Pay the bill for once!

Pisces (Feb. 19-March 20)

Your positive outlook on life is very naive, but the stars take pity on you. You will have a good week.

Aries (March 21-April 19)

Appreciate the good luck you've had, because you won't be getting anymore for a while. In fact it might be better for you to stay home this week.

Taurus (April 20-May 20)

You've disturbed the heavens with your bad attitude, prepare for your redemption from Karma. What goes around comes around and you definitely got it coming.

Gemini (May 21-June 20)

Things seem to be going great for you, but the truth is you don't deserve to be where you are. Consider yourself lucky this week.

Cancer (June 21-July 22)

You are a fantastic individual and your great skills will be appreciated in the days ahead. So make a special effort to talk to new people, because you are radiating confidence this week.

Leo (July 23-Aug. 22)

You have a very inventive imagination, which means that you lie a great deal. However, your stories about the CIA following you are getting people concerned. You should be careful or you could wind up in a mental hospital.

Virgo (Aug. 23-Sept. 22)

You consider yourself to be a born leader, but others just think you're a douche. Being a Virgo, you come across to others as a bully. You're fortunate that you still have any friends.



TIP OF THE WEEK - FROM NAIT SECURITY SERVICES

Ensuring vehicle safety



Do you know where your car is? Are you sure? Did you now ...

- Every day more than 45 vehicles are stolen and nine are never seen again.
- Everybody's vehicle is a target for thieves, including family sedans and trucks.
- Vehicles are stolen whenever the opportunity presents itself, but mostly between the hours of 1 a.m. and 5 a.m.
- Statistics Canada reports that no criminal charges are laid in more than 80 per cent of vehicle thefts in Alberta.

How do you keep your vehicle safe?

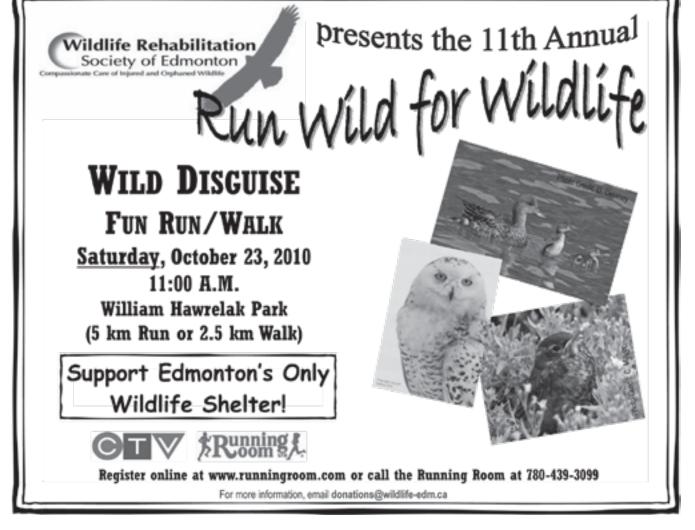
No vehicle or anti-theft device is 100 per cent theftproof and discouraging thieves is not an easy task. A thief's greatest enemy is time. The more difficult your vehicle is to steal, the more time it takes to be stolen. Courtesy of the Edmonton Police Service and AMA, here are some tips to make that thief move to an easier vehicle:

- Always lock your vehicle, even when you are only going to be a "minute."
 - Never leave your vehicle running.
 - Park in a well-lit area unless you have a garage.
 - If you have a garage, use it.
 - Be careful with your keys; put them in your pocket.
- Secure your registration and insurance documents; they have your home address.
- Completely close car windows, including sunroof, when parking.
 - Install a car alarm or steering wheel locking device.
- Turn your stereo off before you get to the parking ot.
- Park with your wheels turned towards the curb.Back into your driveway if you have a rear-wheel
- drive or four-wheel drive vehicle.
- Never leave valuables where they can be seen and remove portable items.
- Engrave expensive accessories join Operation Identification.
 - Join the Stop Thief program sponsored by AMA.

- Drop business cards, address labels or other ID inside vehicle doors.
 - Activate your vehicle's security system.

If you have information about a crime, contact Campus Security Services at 780-471-7477. If you see a crime in progress, call

911, then Campus Security Services. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000. Everybody benefits, except the criminal.



Make it a movie!

By CLARISSE PORCA

It's the time of the year again when students get bombarded with projects, homework and quizzes. But NAITSA has the perfect solution to keep the stress at bay and to give those wallets a rest.

Once again, NAITSA will be hosting Movie Night this year every Tuesday at 4:30 p.m. in the Shaw Theatre on campus. Students

will have the chance to see the most current movies on the market and some of these movies aren't even available for rent to the public yet. With a variety of comedies, drama, action, horror and even some old favourites, viewers are offered an exciting film experience. Everyone is welcome to come to Movie Night and the best part about it is that it's all free.

Jill Peterson, NAITSA events co-ordina-

tor, talks about the benefits of Movie Night.

"It is a great chance to meet other movie lovers or to take a special someone out for an inexpensive date," she says.

Now it may all sound too good to be true, but it doesn't stop there. Free pop/water and popcorn are also offered as well! That just adds to the reasons why NAITSA's Movie Night is so convenient for the typical student.

This past Tuesday marked the start of this year's Movie Night with the showing of the western movie *Jonah Hex* starring Megan Fox and Josh Brolin. Last year, movies such as *The Hangover*, *Avatar*, *Up in the Air* and more were also shown in the Shaw Theatre. Movie night started Sept. 28 and continues until April 12. Go to www.naitsa.ca for more information



Book your ad today and be seen.

Contact Shaun at: 1.866.867.0098 thenugget@cu-ads.org



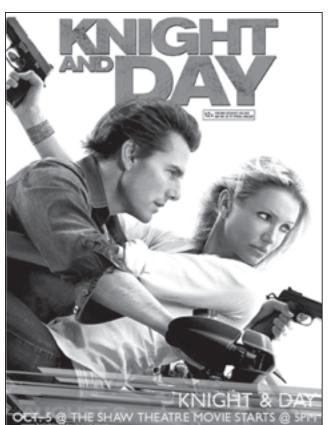














The Nugget

WALL STREET: MONEY NEVER SLEEPS

Plot a problem

By EVE KOESTER

Oliver Stone's drama Wall Street: Money Never Sleeps stars Shia LaBeouf, Carey Mulligan and Oscar winner Michael Douglas. The sequel to the original Wall Street, made 23 years ago, depicts America's recent economic collapse.

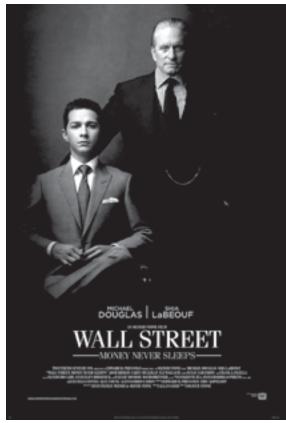
LaBeouf plays Jake Moore, a young and ambitious Wall Street trader, who specializes in funding clean energy projects. Jake's mentor, the company's bigwig (Frank Langella) is driven to suicide due to rumours that caused the firm's stocks to plummet drastically. Jake decides to seek revenge against Bretton James (Josh Brolin), the infinitely greedy rival who started the rumours leading to Jake's mentor's death. Fortunately for him, Jake is engaged to Winnie Gekko (Mulligan), whose estranged father Gordon Gekko (Douglas) has returned after a lengthy prison sentence. Gordon teams with Jake to help take Bretton down and get a chance to reunite with his daughter.

Douglas's return as Gordon Gekko has the same lethal charm and arrogant assurance, but with a new subtle hint of sympathy. Gekko's famous old saying "greed is good" doesn't apply to him in the sequel as he claims jail gave him time to think and become less vindictive.

Even though the story revolves around Jake's personal and financial dilemmas, Gordon seems to steal the spotlight with his intriguing and dominating presence. Mulligan delivers an emotionally charged performance

The only thing keeping the audience hooked was the characters' interactions.

The whole economic/stock market plot of the film was hard to follow and almost incomprehensible. The first hour is a slow setup and we are left waiting for the movie to get really interesting and it never quite does. However, with stellar performances from the actors, we



are invested in the character-driven scenes nevertheless.

Aside from the great acting, there seem to be too many character relationships and too many issues, making it hard to get to the point as we are left meandering through everything. But the thematic element has Gordon Gekko learning that time is more valuable than money and that greed is, in fact, not good. Even so, the overall story should have been told with more fire.



NAIT student raps

By RAVIN VYAS

Justin Elmer, an Edmonton based rapper and a NAIT student in the Water Wastewater Technology program, has a new album out called The 13th Month, which was released last week.

His rap style touches base with old-school roots very similar to those of Notorious B.I.G and 2Pac. Other artists that heavily influence this album are N.W.A., Public Enemy and Ice-T, to name a few. You can tell from the album that he is very passionate about his music since he dedicates it to his girlfriend, Tara and his family, according to his MySpace page.

"Underground Music" is a perfect example of how the rest of the album is



going to play out since it features catchy some of his albums for free tunes with slow beats. This combination actually makes the album an easy

listen, despite the profane lyrics. It features other rappers, Spiff McGriff and Stevie P., who provide a variety of vocals within the track. "Movin' Out" and "Time" gives a faster beat to the album, which gives it a more diverse sound than just the slow beats and fast rhymes. These tracks are very enjoyable. My personal favourite on the CD is "Vansterdam." This song is written about Elmer's hardships during the summer of 2009 in Vancouver.

There are a few songs on the album with some sort of purposeful meaning, but most of them are over-produced fun beats for the world to get hooked on. In terms of a real message and purpose for the album, there was nothing too impressive.

Justin Elmer is definitely talented but maybe his work can use a little more direction and a more modern style that is relatable to our generation. You can check out Justin Elmer's MySpace page at www.myspace.com/justinelmer to listen to a few of his songs and even download









And the moon was full ...

By RAVIN VYAS

The Full Moon Party took place at The Nest with performances featuring MoBadAss, Christian Hansen and the Autistics, and DJ Mikey Wong. It was a frenzied atmosphere with fiery cocktails, rhythms of bass and techno bellowing over the crowd.

"We are introducing Headphone Disco, which is performing for the first time in Edmonton. The great thing about Headphone Disco is you can switch between two channels to listen to," said Jill Peterson, event co-ordinator.

"There are body paints, glow sticks and beach games later on. It's not all the time we throw a beach party at the Nest; I am really excited that everyone came out for the Full Moon Party tonight because it's actually a full moon outside."

There was music to suit everyone from hard-core techno to trance, pop, and reggae. If you are thirsty there's always plenty to drink with cheap beer and drink specials.

As the night went on, I could tell that the audience is totally involved with music and the atmosphere.

"All I could say is wheeeeee! I was looking for cheap beers and hot bikini girls and I found them," say Steve, an audience member. There's no doubt in my mind that the people were enjoying their time at the Full Moon Party.

It seemed like people were still not coming out from their Pirate Party experience by how hard everyone was partying. I spoke with some of the people at the party in between songs; they really loved the party, especially the headphone disco where they could choose between two channels.

If you were at the Full Moon Party and had a blast, then I would suggest you come to other NAITSA events. But if something was preoccupying you from coming last week, then you should feel sorry for yourself.

It was an amazing time with great entertainment and great company.

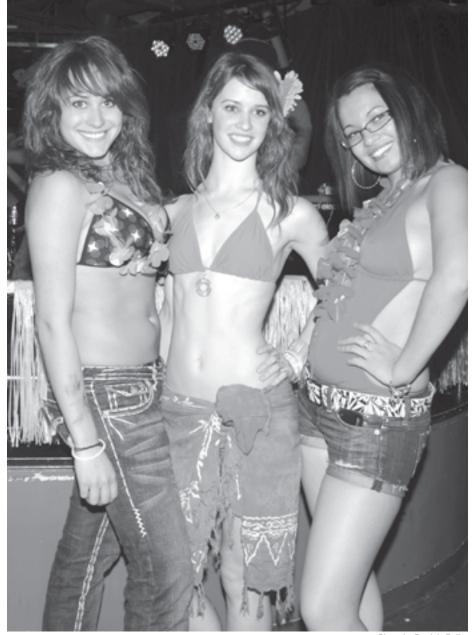


Photo by Patricia Bello

Cydney, Linda and Cassie were obviously enjoying themselves at NAITSA's Full Moon Party last Thursday.

Stay home and play!

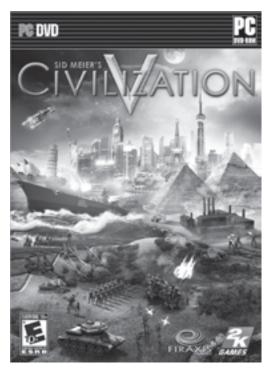
By ALEXANDER TOSTOWARYK

If you hate sleep or need a reason to call in sick to work, then Sid Meier's Civilization V for PC is the solution for you!

The point of civilization is to control your small tribe of nomads to settle down comfortably and survive the trials that civilization has to deal with – barbarians, finding food and surviving the egos of fellow leaders.

Settle more cities, discover new technologies and adopt new social policies – these are all part of the game play in the new installment. As your nation evolves, you will discover new lands and move through the ages from the ancient era of Alexander the Great to present times of flourishing metropolises.

How do you conquer in Civilization? Simple! You could be a bloodthirsty warlord and destroy everyone else or you can work on humanitarian methods such as technology and be the first one to build a space ship and land it on a new planet.



There are many changes to this installment. Instead of square tiles in previous games, there are hexagonal tiles. Also, you can no longer stack units in a single hexagon. Now you have to spread your forces out

which means the player must come up with a new strategy when conquering cities. Also, cities now have a health bar when you attack them.

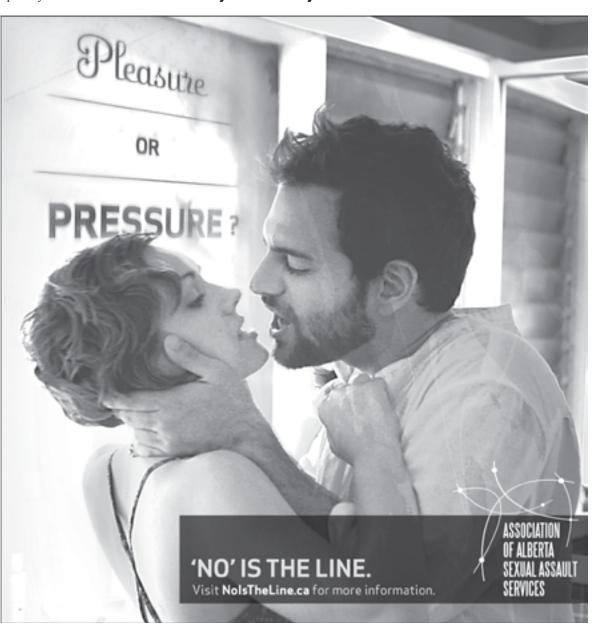
There are so many new changes I can't define them all, but what I do know is that Civilization V has actually tempted me to call into work all weekend and just play instead.

I was content with Civilization IV, but this installment has blown the series into a new proportion, because this one has actually made me do things in the game I never used to do. For example, I never used to attack and go into wars but the changes in this version made me love it.

If you are one of those gamers with no patience for strategy and only want to run and gun, then it's best you just walk away. This game of thinking requires patience; but thankfully, patience is greatly rewarded.

If you are a strategy junkie, then install this on your PC right away!







NR92

Jackie Ouellette, above, doing what she loves best – broadcasting from the NR92 studio.

By STEVEN DYER

NR92 is the NAIT student radio station where students can gain experience by broadcasting live radio to a real audience. Any student can vie for a radio slot on NR92. Jackie Ouellette, a NAIT Radio and Television student, has had a wonderful time on the radio.

Steven: So Jackie, what's the name of your show?

Jackie: It's called *The Morning Show With Jackie-O*.

Steven: What's your show about?

Jackie: It's about anything really, I just play music and talk about anything that's relevant.

Steven: What genre of music do you tend to play?

Jackie: I tend to stick to modern rock and I'll throw in a couple of classics in there as well. I also really like Canadian music and I'm starting to feature local Edmonton bands as well.

Steven: When did you start your show?

Jackie: I started the show back in February of 2010 when I was upgrading here.

Steven: How did you start doing the show when you weren't in the program?

Jackie: When I was at the open house I was talking to [Dave Albright, an RTA

instructor] and he said that since I was a full time student I was welcome to have a show. I spent the first semester shadowing the radio students and learning how to operate the equipment and then when second semester rolled around I felt comfortable enough to come in and produce my own and Dave said that I could.

Steven: Why do you enjoy doing the show so much?

Jackie: Well it's been my dream for as

long as I can remember. When I heard about it for the first time I was so excited, I just had to be a part of it. I take pride in

the work that I do. I know it's a studentrun show but I still take pride in the show and I feel like I'm really dedicated to it and it's something that I absolutely love. When I do the show or prepare for it I feel like I'm doing the right thing.

Jackie has a lot of things in store for listeners in the future and has started bringing in guests to liven up the show. If you're interested, tune in to NR92 on Thursdays from 9 a.m. to 10 a.m. to listen to *The Morning Show With Jackie-O* and if you want to listen to previous episodes, there is a link on the Facebook fan page. Happy listening, everyone.

Mainstream Ignorance

By GRAHAM McCANN

- **1.** There isn't really such a thing as "alternative medicine" If a method of treatment is proven to work; it leaves the realm of "alternative" and just becomes medicine.
- 2. The Russian military uses the AK-74u as the standard issue rifle, rather than the well-known AK-47.
- **3.** Chinese isn't a spoken language. There are two main languages of China: Mandarin and Cantonese.
- **4.** There are more smoking-related deaths in Alberta than alcohol-related deaths annually. One of five deaths was related to tobacco in 2009.
- **5.** The first gaming console was called the Magnavox Odyssey, which was released in 1972.





Photo by Alison Mackechni

Madison Van Brabant, 18 Interior Design Technology Tanner Grusie, 22 Chemical Engineering Technology

- 1. Are there any tattoos or piercings you have that the student body should know about? MVB: Yes ... but I'm not telling. TG: Does a hickie count?
- 2. What grosses you out the most about the opposite sex? MVB: Bad breath. TG: Girls with more body hair than I have.
- 3. Would you rather be walked in on "with" someone else, or "with" just yourself? MVB: Probably someone else. TG: Definitely someone else.
- **4. What was the worst date you ever had? MVB:** The first one. Went for a walk then supper. No one talked. I paid. **TG:** Went to play volleyball and she broke her arm.
- **5. What is the first thing you would do if you won the Lotto? MVB:** Go out to the bar. **TG:** Find a girlfriend.

Are you hot and single? E-mail us at entertain@nait.ca

THE NUGGET PRESENTS:



RAPEVINES

Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca or submit online at www.thenuggetonline.com

To the people who kick in the water fountain in the first floor of the V-Wing, get a life – you are supposed to be adults. - Fed up

It's not short-shorts season, please stop wearing them.

The fashion police

There should be more recycle bins in the hallways. People are too lazy to find them and throw their cans and bottles in the garbage anyway.

- The Recycler

To the slob in Common Market on Thursday – food goes in your mouth, not on your clothes and the floor.

Disgusted

Why is the food so expensive here? Some people can barely afford tuition as

- Starving student

Why do so many people create unnecessary drama for others? Your life is so unimportant it's amusing.

Rumour hater

Kids act retarded when they drink. It's hilarious.

Old guy

The Tech Store kicks ass. Thanks for the cheap flash drives!

Memory hog

Stop getting pissed at me because I choose not to carry a goddam coffee card, gravelly-voiced Fresh Express lady. - Non-coffee drinker

If you have a set of balls hanging from your truck bumper, you might be a redneck. But you're definitely a tool.

- Rednecks are lame

Why would people litter indoors?

Environmentally Conscious

Everyone in my class is sick. It sucks going to school.

Coughing is going to kill me

I finally got to wear a dress this week! Нарру.

- Beautiful fall weather

Why do people have to be so mean? - Just be nice

I don't care what anyone says, I'll continue to wear my bright yellow hoodie because I love it.

Brazil forever

The biggest thing that ticks me off is when more than capable people are too lazy to open a door and instead go through the handicap doors.

- Angered student

Here's to late nights.

- Need Sleep

Wish dirty guys in the carpentry program wouldn't stare and wait for us women in the TV program to get out of class.

- Stop creeping

Macs are the greatest thing ever ...

Mac Whore

Excited for the real election! Finally old enough to vote

No one likes me in this school. Life sucks.

-Sad all the Time

Parking has gone up again? Forced to pay for U-Pass too? This blows.

- Chronic Complainer

THE NUGGET PRESENTS:

SEX SEX 464 SEX Dr.CONwisDO

Dear Dr CONwisDOM

I recently found a boyfriend over the Internet, and I am so excited! He lives in Toronto and says he is excited to come and see me. Because he is coming here, he asked if he could borrow money to pay for the trip and asked for my credit card information. So I gave it to him last week and that was the last time I talked to him. He is probably on his way and will arrive soon, but I never thought the plane ride would be so expensive because he already charged over \$3,000 on my card. So, I just would like to know how much longer the plane ride will be for him to get here?

Waiting Expensively

Dear Waiting Expensively,

You were hosed. I would cancel your credit card right away, because you will never hear from him again. The plane ride would never cost that much and he could have been in Edmonton the same day or the next after buying a ticket. Next time you should look for love in person instead.

Dear CONwisDOM,

the environment. I recently stopped showering in my effort to fused. What gives? save water and not allow harmful chemicals in the environment with soap and shampoo. But now, my girlfriend told me I smell like 'rotten limes' and said she will leave me. How do I convince *her to love the environment?*

Environment Problems

Dear Environment Problems,

I have a great idea about how you could make an effort in saving the environment: wash yourself. Seriously. You are stinking up the place and no one will care to love you if you don't have good hygiene. I side with your girlfriend on this. I would have left flat out if they did what you did.

Dear Dr. CONwisDOM,

I am a man who loves spending time at strip joints. Sure, the drinks may be overpriced, but the scenery is worth it. I just love the intoxicating aroma of perfume, body glitter and desperation. But I'd like some help with something. How can I get one of the dancers to go out with me? I'm a decent-looking guy and I think I have a lot to offer one of these ladies but I'm unsure of how to approach them. Should I buy a lap dance first? Pass them a note taped to a twenty? How do I crack this puzzle?

- Loves Me Some Strippers

Personally, I'd recommend not going down this road at all, but if you absolutely feel you must, my advice to you is to bring a bag of (ahem) "goodies" with you. Strippers go apeshit over that stuff, and they'll do pretty much anything, including play with your wiggle stick, to get their hands on some. So yeah, bribe her.

Dear Dr. CONwisDOM,

Every time I'm on the bus I get a major boner. It doesn't mat-I really love my girlfriend, maybe as much as I love saving ter whether I'm sitting next to a hottie or not, so I'm kinda con-

– Bus Boner

Dear Boner,

Didn't you pay attention in Sex-Ed class? Getting an erection is part psychological, part physiological. Sometimes you can get hard just by thinking certain thoughts and on the flipside, it can happen for physical reasons despite a lack of mental arousal. In your case, I'd wager a guess that the vibrations of the moving bus are what's causing your unpredictable stiffening. Just keep your bag in your lap and then take care of business when you get home. Besides, self-pleasure is the ticket to good prostate

Dear Dr. CONwisDOM,

I have a rash on my vag and my doctor doesn't know what's wrong. Please help, Dr. CONwisDOM!

- Scratchy

Dear Scratchy,

If your doctor doesn't know how to help you get rid of a vaginal rash then you need to get a new doctor. Well, I guess that's where I come in. I think you should buy a big jar of vaseline and start rubbing. It may sound gross and feel slimy, but that rash will be gone in no time. Trust

Dear Dr. Conwisdom

After going to the Justin Bieber concert, I can't get him off my mind! However, I am a mother with two sons, with one almost his age. The problem is now I can't wait for my sons friends to come over - I am so obsessed with finding my own Justin Bieber.

- Confused Mom

Dear Confused Mom,

First of all, you are confused with the law, what you e doing is illegal. Second, since you are a mother, just try to imagine how your children would feel if they knew what you wanted to do with their friends. Do you think you could go on with their lives if they figured out you tried to do something like that? I am just concerned for their well-

Do you have any personal questions that you want to have answered? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

BACLUBS CARNER A

Upcoming events ...

Latter Day Saints

What: Weekly meetings
Where: Room E-221
When: Thursdays,
11:15 a.m.-12:10 p.m.
and 12:15 p.m.-1:10 p.m.

PGC Club

What: Beer garden Where: The Dock (L-Building) When: Sept. 30, 4 p.m.-11p.m. For more information, contact Angelique Schmidt at 780-887-2239.

Gamers of Dungeons and Dragons

What: Weekly games
Where: Room WC-312
When: Fridays, 4:15 p.m.-10 p.m.

Business Connex

What: Beer garden

Where: Business Tower lounge

When: Thursday, Oct, 7 4 p.m. to 10 p.m.



Clubs Centre Info

Hours: Monday-Friday 8 a.m.-5 p.m. Phone: (780) 471-8871
E-mail: campusclubs@nait.ca
Website: www.naitsa.ca
Location: Room E-133 – Main

Campus

Grant #1 Intake: Deadline – Oct. 15 **Clubs Showcase:** Oct. 20, 11 a.m.-1 p.m.





Do you have an *idea* that you would like to 'Hatch' into a business with \$20,000 funding, office space, and mentorship?

Learn more about the *Hatch* competition and other Opportunities:

October 12 @ 5 p.m. Room T105

2010 Hatch Business Plan Competition Details, Eligibility, Workshops, and Rules Available at: www.novaNAIT.ca/Hatch

Competition closes November 5, 2010

For more information or inquiries contact Sandra Spencer at <u>sspencer@sifenait.com</u> or (780) 378-6177



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Managing your time



TIMELY TIPS MARGARET MAREAN NAIT Student Counselling

Good time management is probably the most important factor for success at NAIT and in your future career. Getting into good habits now will help you manage the added stress of midterms and finals.

- Define clear goals. Clear goals help to motivate us and help us concentrate, so it is good to have goals for the semester, the day and the study session. Make sure your expectations are reasonable.
- Make a daily to-do list and prioritize it. Mark your must-do items with an "A," important but not critical items with a "B" and other items with a "C." Always work on the high priority "A" items first. Can you delegate ("D") or eliminate ("E") anything on the list?
- Start by keeping track of how you spend your time now. Then make a realistic schedule based on modifying, not completely changing, your current time usage.

HP Centre.

NAIT Security –7477

Room W111-PB, HP Centre

- Use a weekly planning schedule. Allocate specific periods each day for your study and stick to them. If you can study at the same time each day, your brain will automatically become more prepared for studying at that time, and will therefore be more effective.
- Review within 24 hours take at least 15 minutes per course to highlight main points and jot down any questions about material you don't understand. Review again at the end of the week. This saves time in the long run, because you will retain most of the information rather than having to relearn it.
- Regular sleeping (at least seven hours per night), eating and exercise or relaxation times also help you to concentrate, learn and memorize more effectively.
- Study in small blocks instead of long time periods. Most students accomplish more if they work in 20 to 30 minute blocks and take 10 minute breaks in between rather than studying for two to three hours straight without breaks. You will also find it easier to get started when you are looking at smaller blocks.
- Get organized your binders, your study space, your locker, your living area ... an organized environment reduces stress and also helps your brain organize information more effectively.
- Monitor and control the amount of time you spend watch-

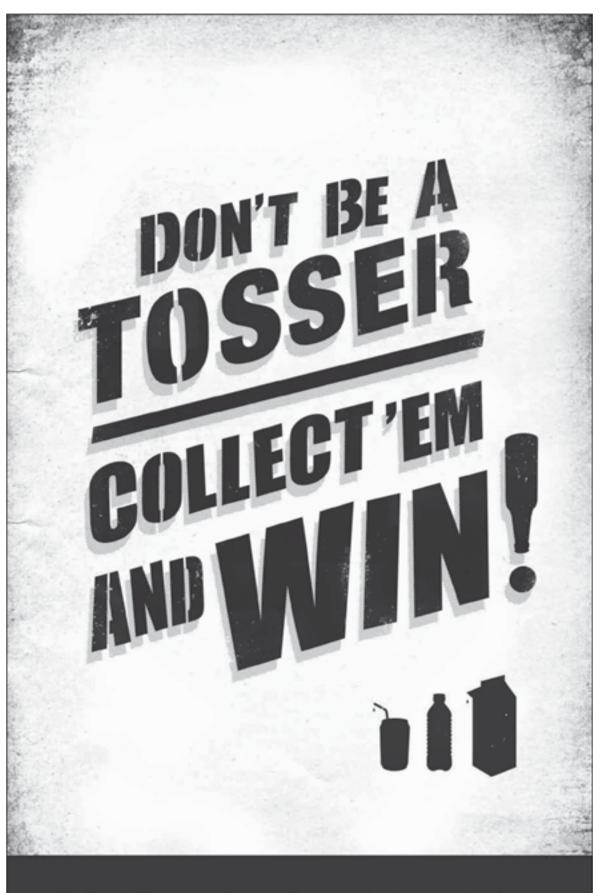
ing TV, on the Internet, phoning or texting ... these activities can use up a lot of time without you realizing it.

• Ask for help – get help from classmates, instructors, the Tutor Centre in Room A-133 (free math,

physics and chemistry tutoring) or hire a peer tutor (Room A-172; \$15/ hour). See a counsellor for any academic, study skills or personal concerns. Appointments can be booked in Student Counselling, Room W111-PB in the HP Centre or by

calling 780-378-6133.

For more tips, go to www. nait.ca/53521.htm and click on the downloadable *Study Skills* and *Techniques* manual which was written specifically for NAIT students.



Tutoring – The Tutor Centre in Room A-133 (main campus) offers free assistance with Math, Physics and Chemistry. Open from 8:30 a.m. to 4:30 p.m. Monday to Friday. Also available at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A)

Peer Tutors – sign up in Room A-172. The cost is approximately \$15/hour

Violence or potentially violent behaviour, or extreme medical emergency – Security (7477)

Who You Gonna Call?

NAIT Services for Students
Academic & Personal Concerns – Student Counselling: 780-378-6133, Room W-111-PB,

Health insurance coverage – Student Health and Dental Plan: 780-471-7730, Room E-125.

Injury or minor medical concerns – Health and Safety Services: 780-471-8733, Room O-119

(Note that you must opt out by Sept. 24 if you have alternate coverage.)

Housing – on-line housing registry at www.rentingspaces.ca/search.htm?ref=3

Part-time campus jobs/ Volunteering – NAITSA: 780-491-3966, Room E-131 Program-related concerns – Contact Program Chair or Program Advisor Scholarships & Awards – Student Awards Office: 780-491-3056, Room O-101 Special Needs Students – Services to Students with Disabilities: 780-378-6133,

Student Loan/Grant Assistance – Financial Aid Office: 780-491-3056; Room O-111

Violence or potentially violent behaviour, or extreme medical emergency – Security (7477, 911, or the Police Complaint Line at 423-4567 if appropriate.

NAIT STUDENT COUNSELLING Room W111-PB, HP Centre, Main Campus Telephone: 378-6133 Website: www.nait.ab.ca/counselling

· facilitating student success

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> Dont Be A TOSSER





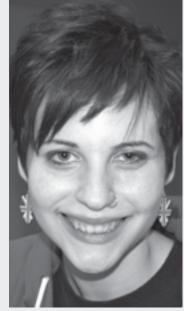
Darylann Hutchings

Will you vote in the **NAITSA Senate elections?** Why/why not?



"No. I have no interest and don't know enough."

Scott Opichal Electrical Engineering Technology



"I might vote, but I need to know more about it. I'm kind of clueless."

Paige Massena Graphic **Communications**



"Yes. It is important that my voice is heard."

Yakoob S. Soumare Bachelor of Applied **Information Systems Tech**



"No. The person who I was going to support had to withdraw from the election."

Patrick Twinn Hospitality Management



"Yes. I vote for change."

Shiv M. Dave **Biomedical Engineering**



Ooks women take on Kings University College on Saturday, Sept. 25



Ook Kelly Tataryn takes a shot on the King's University College Eagles goalie Saturday during a game won by NAIT, 10-0.



Photos by Laura Dettling

Leanne Kadatz (19) moves the ball against a King's player on Saturday. She continued her assault on Alberta's college record book by firing three goals on Wednesday in a 4-1 victory over the Grant MacEwan Griffins, then added three more against the King's Eagles to bring her goal total to 19 in five games, breaking the season record with four games left to play.

october 26, 2010

Learn how to apply make up for work and evening, and make it last with our expert's tips and tricks!

4.30-6.30рм @ Е-225

Sign up at the NAITSA office (E-131) or email naitsaevents@nait.ca







(people in bathing suits, lingerie, or similar attire shall not be permitted). Any images provided to us must be submitted in color, at a minimum size of 5x7°, a resolution

of 300 dpi and a maximum file size of 10MB saved as either a TIFF or a JPG. All entries must be submitted no later than October 28, 2010.

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Visit us: 10:00am-4:00pm in the South Lobby, Engineering Annex, and outside the Tech

Store to speak with company representatives.

Join us: 4:00pm at the Shaw Theatre for an information session on Ledcor, followed by

pizza, pop and prizes.

