

REMEMBER: VOTE!

THE NUGGET

Thursday, February 10, 2011
Volume 48, Issue 19



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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

VOTE FOR NAITSA EXECS!

Candidates' photos and campaign articles on pages 14-17



Photo by Laura Dettling

HOW SWEET IT IS!

NAIT Ooks women's volleyball team members celebrate a point during an exciting, hard-fought match against the Lethbridge Kodiaks on Friday, Feb. 4 in the NAIT gym. The women were down 2-0 in the match and came back with three straight wins to take the contest 3-2.

EXECUTIVE ELECTION 2011

For poll station locations check www.naitsa.ca

VOTE ONLINE

www.naitsa.ca

February 11 - February 17

Poll stations open
February 17 only, 10am - 2pm

Executive Council Elections!

NEWS & FEATURES

Shaw Conference Centre gets greener

By ALI MAGEE

Edmonton's Shaw Conference Centre has received a new level of certification from the Building Owners and Managers Association (BOMA), the "Building Environmental Standards" certification (BEST).

This BEST is the next evolution of the certification the centre received in 2007, BOMA Canada's Go Green Program. Currently, there are four levels of BOMA BEST. To be considered for any of the levels the building must meet all of the Go Green Best Practices. The levels are determined by data entered into a Go Green Plus assessment. Buildings that opt out or receive a score of less than 70 per cent are a BOMA BEST Level 1. Buildings that score between 70-79 per cent receive a Level 2 certification. Level 3 is awarded to those who score between 80-89 per

cent and buildings that score above 90 per cent receive Level 4.

The Shaw Conference Centre is managed by the Edmonton Economic Development Corporation.

The building's greenness is measured using consumption data recorded over 12 months and their green purchasing policy. People who host events can plan to make them "green" by utilizing the Shaw Conference Centre's Simple Steps; this is a program that is eco-friendly and industry leading. Using a simple guide, the centre makes it easy for any meeting or event to be environmentally friendly. Practices such as minimizing photocopying, choosing nearby locations to stay and sending event promotions via e-mail are sugges-



Photo by Ali Magee

Edmonton's Shaw Conference Centre has received a new level of environmental certification.

tions the guide makes for planners to do.

This is not the first time the Shaw Conference Centre has made notable achievements in the environmental arena; the BEST award is one of many that the centre has received. In 2010 the building was awarded the Recycling Council of Alberta's Corporate Leadership Award for its green initiatives. Through the composting and recycling program 40 per cent of the building's waste has been diverted from landfills.

Helping the environment is the major aspect

of these initiatives, but not the only one. Going green also attracts business and promotes economic growth within the city. Creating an estimated \$43.5 million of economic impact for Greater Edmonton in 2009, the Shaw Conference Centre has had over 10 million guests in its 25 years of operation. To see such a massive conference centre be able to react to constantly changing environmental needs, hopefully it will inspire other buildings and managers to create similar changes to their structures.

NAITSA vote next week

By CATHERINE YE

One of the NAIT Students' Association's biggest annual events is quickly approaching, the Executive Council election. NAITSA's executive positions will be selected by your participation in voting. There are four positions up for grabs: president, vice-president Academic, vice-president Campus Life and vice-president External.

Christopher Hennig and Govind Pillai are running for president, Teagan Gahler, Jim Houghton and Melissa Mercer for the VP Academic; Tyler Bernard, Curtis Guile, Tommy Klufas and Rahul Sharma will run for VP Campus Life, and for the VP External, the current president, Timothy Jobs, is the only candidate.

Now it's time for us to vote for our executives! How and where can we go to vote?

There are two choices. From Feb. 11-17, you can go to www.naitsa.ca, where you will see candidates' articles and photos. You can vote for them with a simple click of your mouse.

For those on campus on Feb. 17, voters can go to a polling station in person between 10 a.m. and 2 p.m. There are eight locations on our three campuses open for voting. Six locations are on main campus – in the South Lobby,

the HP Centre, outside the NAITSA office, the Annex, outside the Bookstore and U hallway (near the Fresh Express). You can drop by during your lunchtime and make your choice.

Don't know anybody in the candidates' group? Don't worry, NAITSA also offers voters a chance to get to know the candidates. They can attend a Candidate Forum on Feb. 14 at the Shaw Theatre. All the candidates will make short speeches to introduce themselves to the voters. It will be a chance for the candidates to tell you about where they stand on important topics. It's also an opportunity to get to know them.

If you miss the speeches, there is still another chance for you to check them out. Go to NAITSA's website or check the Executive Council Candidates Open Forum. When you go to the main page of www.naitsa.ca, you will see "Meet your Executive Council Candidates." After you click it, you will see the candidates' introduction letters. Or, on Feb. 17, you can go to Shaw Theatre at lunchtime to meet the candidates, hear what they have to say and ask them questions.

For NAITSA, it's a big event. For you, it's also important since you are a member of NAITSA and NAIT. Let's go to vote!



Photo by Jonathan Liaw

Drumming in the New Year

This young man takes part in Chinese New Year celebrations recently at the Chin Yin Buddhist Society on 127 Street.



Michelle Wiese stands in front of her Urban River concept, which took first place in a recent competition to design a new main Edmonton branch of Canadian Western Bank.

Photo by Anthony Houle

NAIT's divine design

By STEVEN DYER
Assistant Issues Editor

The Canadian Western Bank gave NAIT students a chance to design a new office building for them in Edmonton.

"We are planning to build a branch here to be our main Edmonton Branch," said Curtis Pelletier, Communications Officer at CWB.

"We have always been strong supporters of NAIT. We thought we would be able to give the students there some real world experience"

Ninety students entered the competition and from there, the submissions were narrowed down to 20 semifinalists.

"We judged based on five categories which were innovation, functionality, aesthetics, sustainability and corporate identity," said Pelletier.

The students could not have done this by themselves, though. They had some help from their instructors.

"The students received feedback about their designs on a regular basis," said Don Moar, an instructor in the Architectural Design Program. "The students also analyzed the building site prior to starting and were given feedback on their findings."

The students worked long and hard in order to ready their submissions and to show that they truly wanted to see what the students could do, the CWB gave all the help they could.

"The Canadian Western Bank provided each of the students with a very extensive program from which to do their design," said Moar.

In the end Michelle Wiese emerged as the victor in this competition after many long months of work.

Steven Dyer: Were you nervous about entering the competition?

Michelle Wiese: Well, I didn't have a choice of entering, actually. The competition was an element of our third semester design class, which in the previous semesters required us to work on basically one sole project the entire semester. So all in all, I had to do it regardless – and I treated it just as another project. Actually, I was more nervous presenting in front of the final judges.

SD: When you started did you think you'd be able to win?

MW: No, definitely not. After we had our first briefing over the details of the competition, I remember sitting in the Shaw Theatre and thinking, "Well that's not going to happen! Forget it."

SD: What was your design concept?

MW: Urban River – In simple terms my design was meant to be the North Saskatchewan River (represented by a ribbon of glass) weaving in and out of my building (which was quite square).

SD: How did you come up with the concept? Did you have a sudden inspiration at any point?

MW: I had a weird dream about a ribbon uncoiling and my design instructor kept on saying it was an amazing idea. I was having a lot of trouble trying to decide how to represent my idea, because I was trying to find a unique way to create a design that combined the river and Edmonton. It actually took me until November to really get serious about my idea

and once I came up with the ribbon effect I got down to work.

SD: How many times did you have to change your design?

MW: Once. I edited it over Christmas to give it more visual appeal.

SD: How did your instructors help you prepare for each stage of the competition?

MW: My design instructor at the time was new to the faculty and it was very interesting. He knew just about as much as we did sometimes, but it was quite liberating in a way. Instead of telling our design class every exact thing to do, he'd provide real-life examples of what typically would happen in these situations and what you should have. After I returned for our fourth semester, I did ask him what I should do for my presentation to CWB. He told me that I should have as much as I could about sustainability and my floor plans/layout. Seemed to do the trick – that's what CWB liked best about my design.

SD: How has this impacted your confidence in your skills?

MW: I have always been told that I am the type of person who will be good at anything I try. It's definitely been a confidence boost, but I am not going to go around telling everyone I'm the winner forever. I am a very modest person, but I am excited for myself. Hopefully this helps when I finish and go out to seek a place in the profession.

Michelle received \$2,000 for winning and will also be featured in CWB Group's 2010 Corporate Social Responsibility Report.



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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

Program cuts official

On Feb. 7, the NAIT Board of Governors reviewed a motion by the Academic Council to suspend seven NAIT programs.

The motion passed and Aircraft Skin and Structure Repair, Avionics Engineering Technology, Graphic Sign Arts, Marine Service Technician, Power Engineering –

3rd Class (full-time day program only), Records Management and Business Operations, and Telecommunications Engineering Technology will not be offered at NAIT, beginning with the 2011-12 school year.

More information can be found on the NAIT website.

Funding science is important



FROM SPACE TO SEA

CELESTE DUL
Issues Editor

The last few weeks I've heard a lot of talk about poor economic times. Yes conditions are improving, but they still aren't fantastic. This started me thinking about how economic conditions affect funding for space exploration and technological advancements.

I've come to realize that when it comes to economic hardships, the first area governments look at to cut funding is science and exploration. Sure, you can look at the numbers and it looks like science takes a huge portion of government funding. The truth is, however, in countries such as Canada, the United States and Great Britain, that is less than one per cent of the government budget.

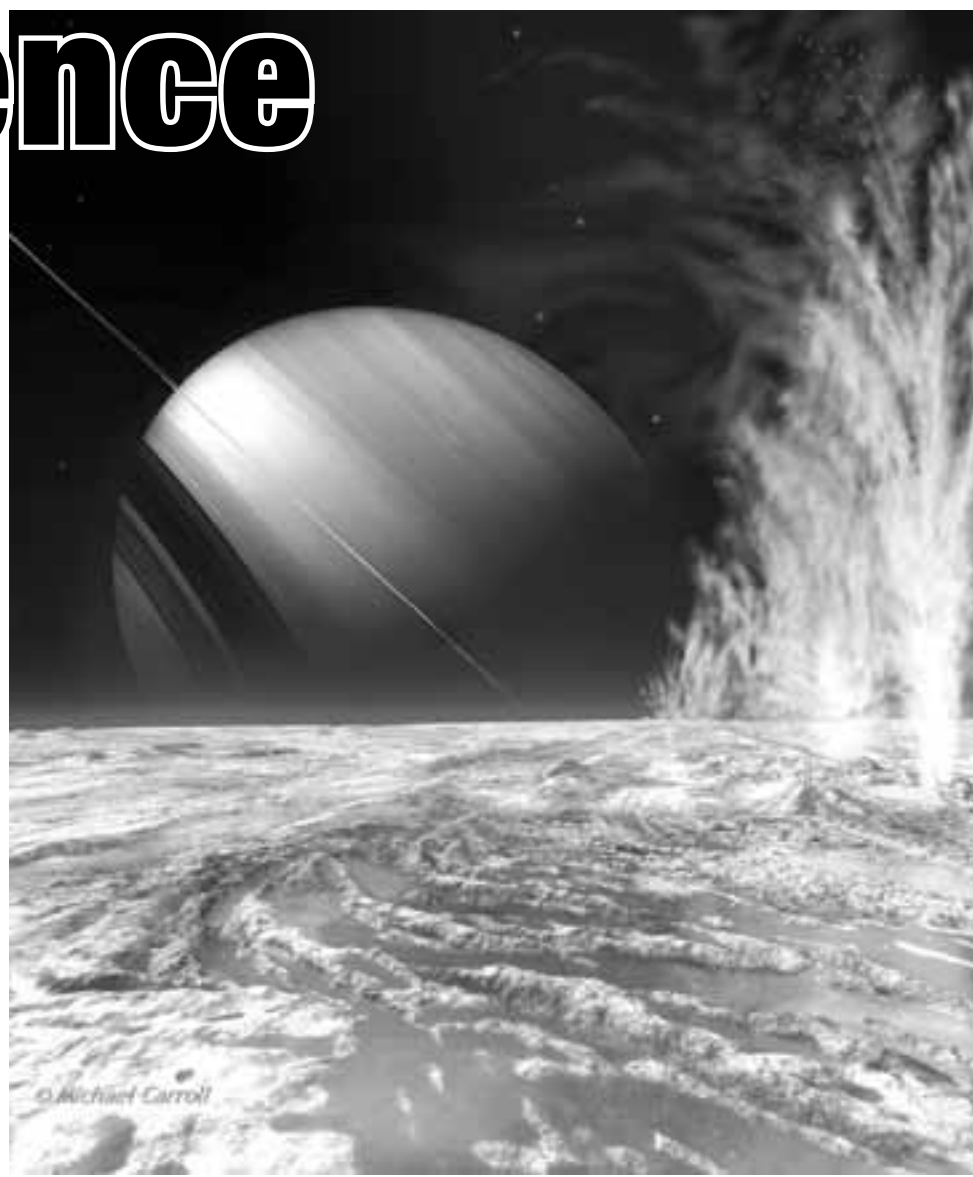
In the past there has been the idea that we know enough about the universe, but we've continued to make huge discoveries that have changed the way we live today. To start with, one of the most common space explorations was the Apollo Program.

For those of you who have been living under a rock, this was the mission in which the United States put the first man on the moon. This cost the government a huge portion of money, but for every dollar spent on Apollo, \$14 went back into American economy. This in itself proves that space exploration and scientific research can create its own profit, and inspire the world through discovery.

Other impacts of science and exploration are often taken for granted. If it weren't for space exploration we would not have discovered helium or silicon. Without these, there would be no chips or transistors, which are the basis of our modern society. Exploration has allowed us to understand the structure of atoms, and the building blocks of life.

More recently, there have been huge discoveries involving the moons of some of our neighbouring planets. I know what you're thinking, yeah great, they're moons. But what once appeared to be lifeless rocks orbiting significant planets now harbour the possibility of life.

Enceladus is one of these moons. It is one of the innermost of Saturn's moons, and is probably one of the most beautiful things I've ever seen ... even if it's only in pictures. Enceladus has, what looks like, wisps of smoke shooting off its surface. But scientists have discovered that these 'smoke-like' wisps are actually fountains of ice shooting off its surface. Can you say awesome?! This means that there is a very good possibility of there being liquid lakes underneath the moon's surface. What's even more important is that everywhere there is water on earth, there has been life. So what we



apod.nasa.gov

Enceladus is a recently discovered moon of Saturn which shoots plumes of ice from its surface.

once thought was a lifeless mass now holds the ability to have life on it. I'd say that's a pretty huge discovery.

The other moon is a small moon orbiting Jupiter, Europa. This moon is really neat because it has a huge mass of salt water on it, and when I say huge I mean it covers the entire surface of Europa. Its smaller than our moon, and is said to hold more water than all of the Earth's oceans. This makes it a prime candidate

for finding life outside of Earth.

There have been huge discoveries and advancements due to science and exploration, and in my opinion more funding should be going into such an important area. It can provide us with information about life, technology and how the universe works. Without the research we've done we would be stuck in a world without all the technologies we've learned to rely on.

City man up for Nobel Peace Prize



EDMONTON NOW

STEVEN DYER
Assistant Issues Editor

One nominee for this year's Nobel Peace Prize is a former Edmonton politician.

Douglas Roche is among the list of nominees for this monumental award.

Roche was the Progressive Conservative Member of Parliament for the Edmonton – Stathcona area from 1972 to 1979 and then for South Edmonton until 1984. In 1984 he was appointed Canada's Ambassador for Disarmament and he held that position until 1989. After he served on the Senate of

Canada until June of 2004 and he currently resides in Edmonton.

According to its creator, Alfred Nobel, the prize is to be awarded to the person who "... shall have done the most or the best work for fraternity between nations, for the abolition or reduction of standing armies and for the holding and promotion of peace congresses."

Each year individuals who are deemed qualified by the Norwegian Nobel Committee submit nominations for the individual or group they think should receive the prize.

The highest number of nominations was 205 in 2009.

Both the committee and advisers from the Nobel Institute consider the nominations. The Nobel Committee makes the final decision.

The prize will be awarded on Dec. 10 in Oslo City Hall and is the only Nobel Prize not awarded in Stockholm.

Roche was also elected chairman of the United Nations Disarmament Committee, which is the main UN body for dealing with political and security issues. He was also appointed Visiting Professor at the University of Alberta and received a SALUTE Award for his contributions

to the university while he was there.

Even though I don't live in the city, it makes me proud to live near the city where a man nominated for the Nobel Peace Prize lives.

This award is one of the most prestigious awards in the world, if not the most, and it is a great honour to even be nominated for it.

I don't know who else has been nominated this year, but it is clear to me that after all his work, this man has a very good shot at winning. He has done so much, it must be heartening for him to know that people have looked at him and seen that he has made a difference in the world.

The winner will be selected sometime in either September or October 2011.



catholicregister.org

Douglas Roche

Former Prime Minister Lester B. Pearson is the only Canadian who has won the Nobel Peace Prize. He did so back in 1957.

Biz students score high

By ANNA ESTANISLAO

On Jan. 28-30, the University of Alberta's School of Business hosted its first EDGE (Energy. Determination. Glory. Excellence.) Business Competition. The competition was a live business simulation for students to test their skills and expand their learning beyond the classroom.

Multidisciplinary

As a multidisciplinary event, EDGE involved several challenges that tested delegates in the areas of accounting, finance, marketing, public relations and operations management.

The participants were as follows: Seven teams from the University of Alberta, and others from MacEwan University, Mount Royal University, McGill, Dalhousie University, University of Calgary and University of Lethbridge as well as NAIT.

NAIT's team from the JR Shaw School of Business won second place out of 17 competitors. This was quite an accomplishment, considering that every other team was from a university.

Source of pride

A member of the NAIT team, Assane Soumare, said: "NAIT students will no longer have the complex to compete at just the university level but to compete against the best universities in the country. The business world and the other universities will no longer look down on NAIT just as a trade school with average academic levels but as a respectful institution with a great business school. That is something NAIT will be proud of and can build on in years to come."

The team prepared a week and a half prior to the competition and they worked together on a practice analysis and coinciding presentation to become more familiar and comfortable with working together as a team. Some instructors



Supplied photo

The NAIT business team is comprised of Assane Soumare, left, Candice Bolton (team captain), Alina Echert, Kala Tinant and Sangyan Joshi. The group competed against 16 other teams from universities, including seven teams from the University of Alberta.

(Michael Leggio, Gordon Hollis, Don Ausman, and Michelle Ivanochko) gave them constructive feedback that enabled them to improve on their presentation skills both on an individual basis and as a united group.

As Bolton, team captain, put it, "Trust was also a big factor, as each of us comes from a different background, we really had to believe in what each brought to the table in terms of new ideas and sometimes opposing opinions."

The team was composed of management, accounting, and marketing majors alike which helped the team in the different tasks they had to overcome. As one of the team members, Joshi said, they were "motivated, focused, and determined to do well."

One of the biggest challenges that they had to face was related to the numerous time constraints throughout the competition and how they handled them through their own time man-

agement abilities. The team dealt with tasks that were very constricted in time but working hard, striving to their best, and having open communication helped them succeed.

No matter what program you are in, if there is an event such as this, it would be very beneficial to participate because as Tinant said, "these opportunities (also) provide an ideal environment for real world learning and self discovery."

NAIT Info Week winds down

By CHELSEA BIRD

If you're reading this article there's a good chance you're currently enrolled in a program at NAIT, and there's a good chance you won't be attending info week. However, for any readers who are prospective students, or anyone who knows someone who is interested in attending NAIT – direct them to the helpful resources available at Info Week.

Starting this past Monday Feb. 7, Info Week runs until Thursday Feb. 10. Info week is dedicated to providing accessible information for those considering one of the many full time programs at NAIT. Seminars on programs ranging from culinary arts, environment management to media and arts.

Info week is a great way for individuals who are unsure of what they'd like to study to check out a myriad of programs. Tours of the NAIT campus are also running every 5:15 p.m., 6 p.m. and 7:15 p.m. This is a great opportunity for those already enrolled at NAIT and aren't comfortable in finding their way around.

General information regarding academic

upgrading, student recruitment, financial aid and services for students with disabilities are also available every evening during Info Week. As a current full time student, Info Week helped me to solidify my choice of study. Attending one of the information seminars really helped me learn about possible career options, what qualities the program looks for in applicants and how to ensure that my application would be given precedence when submitted.

Attending one of the seminars gives students the extra help that a website can't give you. Info Week will allow individuals to get a feel for the campus, the faculty and where and what they'll actually be studying.

Anyone interested can RSVP on the NAIT website or provide feedback on what they thought of info week, and be entered to win \$500 towards their tuition. It's a great opportunity for anyone who is, or knows someone considering a full time program at NAIT. For more information about programs offered at NAIT, go to www.nait.ca.



Photo by Karen Moniz

Visitors take in a Business Administration booth set up as part of Info Week.

Virtually Speaking

Awaiting NGP's arrival

**GRAHAM McCANN**

With Nintendo's new 3DS portable console coming to stores this March, The Playstation Portable 2, codenamed Next Generation Portable (NGP), has been unveiled.

The original PSP was bold in bringing home console-like power to a handheld system back in 2005, sporting graphical capabilities near to the Playstation 2.

However it's not in stereoscopic 3-D like the 3DS, The NGP sounds like it may be graphically close to the Playstation 3, and is a hotly anticipated release. Rumors about it are abundant on the net, and when it was unveiled for the press, body-guards

were protecting the display case as photographers were crowding onto each other to grab a shot.

The NGP features a rear touch-pad, rear and front cameras, microphone, six-axis motion sensing system (like the PS3's controller), three-axis electric compass, built-in GPS, Wi-Fi, 3G, and Bluetooth connectivity support.

While looking at all these extra features and applications, don't forget that it plays games too. There have been names thrown out such as Metal Gear Solid 4, Little Big Planet, Monster Hunter, Uncharted, and Killzone making an appearance in the NGP library. And, apparently, the *Call of Duty* title for the NGP is supposed to "set the bar" for its capabilities.

For a portable console, it is quite large, sporting a generous screen size of five inches. Some gamers are already complaining. But with it being this powerful, and this jam packed with features, I think they are acting spoiled and asking for too much.

It isn't too much bigger than the original PSP. It may not fit in your pants' pocket, but probably a coat or a bag anyway.

Going through all of this, one of the most



thedailyzombies.blogspot.com

Next Generation Portable (NGP)

important features is, like home console controllers, it has two analog thumb sticks.

The lack of the second stick was definitely the worst part of the original PSP.

Having only one analog stick, games on the original PSP were quite cumbersome to play, especially third person games, because it is very uncomfortable to control a character using one stick accompanied by the triangle, square,

circle and X buttons (usually used for specific actions) for precise movement.

Playing *Call of Duty* or *Metal Gear* will go so much smoother. *Metal Gear Solid: Peace Walker* was good on the first PSP, but would have been much better with that extra stick.

It's expected to be released holiday 2011. The price is not yet listed, but there are absurd guesstimates of up to a grand.

Remember fellow students

**VIEWS FROM AN OUTSIDER****CATHERINE YE**

There is a big event going on in NAITSA now. It is the election of our Students' Association executives. Theoretically, all NAIT students should be concerned about this event simply because we all make contributions to NAITSA (since a part of our tuition goes into the student organization). How-

ever, a large portion of students don't even know this event exists. For those who are aware of it, there doesn't appear to be much interest in who is nominated and who will be elected.

Here comes the problem – why don't you care? Since we are talking about international students in this column, we're going to focus on the international students' opinions. For confidential reasons, I will not use the real names for the students who offer me the points in this article. Instead, I will summarize all the opinions.

In NAIT, we have approximately 2,000 international students. This quantity equals one-third of the students in the JR Shaw Business school and one out of eight schools at NAIT. Compared to Canadian students, international students are a minority.

"It is really hard to win in an election. I ran for the election once and even though

I asked all my friends to vote for me, I still could not compete with Canadian students. They are born here and know people here way better than me. Their networks and friends are here. They are easily accepted by their people. For me, I know that I am qualified for that job. But how can the voters vote for me if they just don't know me?

"I know I should make some Canadian friends, but it's really not that easy," says one former NAIT student who lost a student election.

When it comes to a democratic election, for the minority it's not "democratic."

After I went through all the Executive Council candidates' speeches, I found an interesting truth. They talk about better transportation, satellite campuses engagement and campus expansion, but no one mentions the benefit of the international students.

"Sometimes we lack the sense of belonging. We are here at NAIT, but we are stand-

ing outside when NAIT is growing."

Just as the old saying goes, birds of a feather flock together. Making the international students feel like a part of NAIT is an issue for NAITSA executives, too. When the Executive Council candidates talk about broad issues, as a normal international student, I want to ask them, did you forget your fellows? Did you leave some students behind? I believe our executive candidates can do way better than what they are currently doing.

It's not only the Canadian students' responsibility to get international students involved in Canadian life, but also international students' responsibility to take part in all the activities. I hope all the international students will vote for their ideal NAITSA executives. Remember, there is no one you can blame for if you give up your rights. Come on, participate my international fellows!

Student Senate discusses awards

By BART PADJASEK

It was just another night of business for the NAITSA Senate on Wednesday, Feb. 2. A thankful group of student senators and executives got a break this week and had a short session with no presentations and instead a heavily focused question session to bring back information to their respective departments.

An important subject brought up by VP Academic executive Tessa Cocchio,

was that of the NAITSA student award grants.

NAITSA offers 44 general awards with a value of \$500 each, based on financial need, as well as two \$1,000 awards based on academic excellence. Most of the financial needs grants available are designed for those

students who slipped through the cracks and are not eligible for other scholarly grants due to department or other such instances. The executives stress these grants are for the benefit of the students, and should be applied to at a greater pace than they are currently seeing.

The perennial issue

of microwave availability was brought up for discussion as well, with no resolution. The student executives have studied this issue multiple times in the past, but due to fire regulations only so much can be done on that front.

With NAITSA elections just around the corner, it was as well a final chance for any questions and concerns of the senators who hope to become our very own student executives.



OPINION

— Editorial —

Avoid Valentine excesses



RACHEL JACQUES
Editor-in-Chief

Valentine's Day. The day of love. This is the day that your significant other spends a ridiculous amount of money to purchase gifts for you. The day that Hallmark stores worldwide make a killing off the majority of people in the world. This day, and those leading up to it are usually filled with sappy

love poems, flowers, chocolates, jewellery, and generally a whole lot of love. Children are encouraged to give out cards and candy to their classmates. Men are pressured into buying dozens of roses and diamonds for their "special someone." Husbands must have an entire day laid out for their wife. Candles, dinner, chocolates and the like. Where has the appreciation for the little gestures in life gone? What happened to the day that the one you loved brought home a gift "just because they loved you?" While wearing hearts, being "in love" and giving someone special a teddy bear, flowers or chocolates, may seem perfectly innocent, there is another side to Valentine's Day that most fail to consider.

Guard your wallet

Valentine's Day is a multi-million dollar industry for the owners of Hallmark, Purdy's Chocolates and flower shops around the world. In 2010, an estimated 65 million cards were purchased for Valentine's Day alone, excluding those purchased and exchanged by school children. That is a staggering number. Now multiply that by an average of \$3 per card and you have yourself a ridiculous \$195 million. Now THAT, folks, is a lot of money. Any of you business students should seriously consider opening up a greeting card store chain. Valentine's Day is also the No. 1 holiday for florists, with more than 150 million roses sold each year.

According to the National Retail Survey for 2010, men spend almost double the amount of money women do. "The average man plans to shell out \$135.35 to impress the people in his life, while women only expect to spend \$72.28." So men, those wallets are going to be looking mighty thin next weekend.

So where did this holiday start? And how did we come to associate hearts, roses and Cupid with this day?

The birth of Valentine's Day

One legend states that Valentine was a priest who refused a law made by Roman Emperor Claudius II, which decreed that young men remain single. Claudius believed that married men did not make good soldiers. The Priest Valentine however, performed marriage ceremonies for young men in secret. When Claudius found out about this, he had Valentine arrested and thrown in jail.

February has been attributed to sex and fertility since ancient times. Old Athenians celebrated February as the month to commemorate the marriage of the Greek god Zeus to Hera – goddess of love, women and childbirth.

Another ancient tradition was Lupercalia, a pre-Roman pastoral festival celebrated Feb. 13-15 to repel evil spirits and purify the city, releasing health and fertility. As part of this celebration, on the evening of the 14th, a "love lottery" took place in which the city's bachelors drew a young girl's name from a jar and became partnered with her for the rest of the festival.

During that time, the Catholic Church gained influence throughout Rome and the pagan customs were abolished. Despite this ban, the mid-February holiday in honour of St. Valentine was still used by men to gain the affections of women. The men began to give loved ones handwritten messages bearing Valentine's name. A tradition was born.

Today, this holiday is all about promoting manufactured love. It is filled with trite greeting cards and ever-present heart shaped candies. There are so many social obligations and expectations to buy gifts and send cards to loved ones. According to Durex, condom sales are about 25 per cent higher than usual around Valentine's Day. Nielson Research reports that in the second,

third and fourth weeks of March, spending on at-home pregnancy and infertility tests exceeds \$15 million.

Today, Cupid and his arrow have become accepted symbols of love. This Roman god's name comes from the Latin word cupidus, which means "desire." His name and image are frequently associated with cards, romantic gifts and dating services, as well as the heart, which is said to be the seat of emotion. Some have said that the well-known symbol of the arrow piercing the heart can be representative of a man and a woman.

The harm of this day often runs deeper than ancient pagan sex-rites. People sucked into this "obligated" celebration often grow up with a wrong understanding of love. Love has been mistakenly equated with romantic feelings, physical attraction or sexual desire, and illicit sexual relations. It is inevitably confused with lust. True

love is directed outwardly toward another. It is unselfish. Not focused on getting or receiving but instead is concerned about the welfare of others and is centred on the desire to give.

Valentine's Day has always focused on getting – from getting a sex partner in ancient times to getting affection, getting love, getting sex today. No matter how hard a person tries or how sincere one is, the lust-filled pagan origins of this holiday cannot be ignored.

True love cannot be expressed once a year as part of a superficial holiday. Take the time to look for the small things. The simple gestures of love and affection are the ones that often mean the most. Don't be concerned with what you want or what you're getting, but with what you have.

And guys, don't wait for Valentine's Day to get her roses or teddy bears. Surprise her.



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SPORTS

MEN'S BASKETBALL

Ooks cruise past MacEwan

By SEAN HARMAN

The NAIT men's basketball team took on Grant MacEwan University on Saturday and was looking for a season sweep of the Griffins, having won the previous contest 105-79.

The Ooks started the game without forward Shane Reece, who was sidelined with a knee injury. NAIT jumped out to a quick 25-12 lead in the first quarter. The Griffins tried to mount a comeback throughout the rest of the game, but thanks to the huge play of Clayton Crellin, the Ooks were able to fight off any MacEwan comeback. Crellin dropped in 19 points, 12 boards and six assists. NAIT dominated both ends of the floor and it started with closing off the key.

"The recipe to winning games is protecting the paint," said Ooks head coach Don Phillips. "You not only eliminate any easy baskets, but you also are able to limit the offensive rebounds by the other team which can lead to second chance points."

NAIT did just that and cruised to a 95-73 win over their 109th Street rival with Bol Kong once again leading the team with 23 points. The leading scorer for MacEwan was forward Andrew Bates, who led with 19. With the win, the Ooks are one step closer to securing the No.

1 spot in the North Division.

Coming up on the Ooks' schedule are the Grande Prairie Wolves who are second last in the North Division with a record of two wins and 14 losses. Even though the record suggests a lopsided score in the Ooks' favour, coach Phillips remarked: "We just have to take it one game at a time. Be professional and take care of business."

After Saturday's game, Phillips stressed how well the team has come together after the holiday break.

"We started off the year with one of the toughest schedules in maybe all of Canada," said the coach.

The Ooks began the season with a home-and-home against Lakeland College who they are currently two points behind in the North standings. Then they were on the road for four of their next five games, which included first place Lethbridge College and Mount Royal College, which is currently second in the South Division.

"We came back with a new focus in the second semester," says a proud Phillips.

The Ooks play both their games against Grande Prairie this weekend at home. Game times are 8 p.m. on Friday and 3 p.m. on Saturday. All Ooks' games are free when you present your student ID at the door.



Photo by Laura Dettling

NAIT Ooks Reece Gavin dunks one against the MacEwan Griffins Saturday at the NAIT gym. NAIT won the contest 95-73.

MEN'S HOCKEY

Three-game winning streak

By PATRICK KNOWLES

This past weekend the men's hockey team from NAIT played its annual challenge against its 109 Street rivals from Grant MacEwan.

Friday night the teams played at MacEwan with NAIT getting the victory 3-0. It took almost a period and a half to get a goal against Shannon Szabados, a member of team Canada's Gold Medal winning women's hockey team at the Olympics, and Griffins goaltender.

This game was a good team victory for the boys from NAIT, who battled hard against a much less skilled team from MacEwan. After finally being able to get one past Szabados, who had 46 saves in the loss, the Ooks scored two more in a game that was not as close as the score indicated.

Goal scorers on Friday were Steven Pratt, Clinton Senkow and Dion Darling with assists coming from Cameron Larson, Kyle Johnson and Steven Pratt. In net for the victory and shutout was Graeme Harrington, who collected his second win in a row.

Saturday night was the rematch, this time played at the NAIT Arena. NAIT came out and scored a goal less than a minute into the game, something that coach Serge Lajoie said was "the worst things that could have happened to us, because it just human nature when you are playing a team that is not at the same ability as you, you tend to lay back and play too much of an individual game ... I don't like that kind of hockey."

But by the end of the first period, the Ooks were starting to come together playing a much stronger team game and took control. The final score on Saturday was 6-2 for NAIT, winning the battle of 109 Street handily.

Goal scorers Saturday for NAIT were Vincein Scott with

two, Jiri Prochazka, Dan Hillman, Brad Sinclair and Andy Wiligar. Assists came from Pratt who had three, Kyle Teague with two, Kjell Reid, Darling, Adam Ferrante, Senkow, and Prochazka, who each chipped in with one. In net Saturday for the victory was Dan Pennock, who made 16 saves.

"Every game is an opportunity for us to get stronger in every aspect, in every area of our game leading up to the following weekend," said Lajoie.

"Our ultimate objective is to perform well in the playoffs and that's what we keep working towards every week in practice.

"We played well enough to win Saturday, we did not execute as well as we could have because of our lack of discipline in terms of playing within the structure of the game, something that we will work on leading up to the games this weekend."

Up next for NAIT is a home-and-home series against the Portage Voyageurs. Friday night at home game time is at 7 p.m. and Saturday on the road in Lac La Biche.

NAIT is currently riding a three-game winning streak and looks to carry that momentum into the games this weekend, which are the final regular season games of the year for the Ooks. The team will more than likely finish fourth in regular season action, setting up a matchup against cross town rivals from Concordia in the first round of the playoffs.

Concordia took the season series against NAIT three games to one and the Ooks only win against Concordia came in overtime, the first game in the team's current three-game winning streak.

So needless to say this weekend is very important for the Ooks men's hockey team, wanting to carry as much momentum into the playoffs as possible.

Come out and support the men Friday night. Game time is 7 p.m.



Photo by Laura Dettling

NAIT Ooks Kyle Teague, left, and David Courtney tie up Grant MacEwan captain Tyler (Carl) Hennessey during their game Saturday at NAIT arena. The Ooks prevailed 6-2.



Photo by Laura Dettling

The puck is dangerously close to going in as Oaks goalie Meghan Witt is under severe pressure in her net Friday night against the MacEwan Griffins at NAIT arena. All was well, though, as the Oaks went on to win the game 3-0.

Athlete Profile



Player: Lacie Richard

Sport: Hockey

Hometown: Ardrossan

Position: Centre

Number: 11

By TIFFANY LIZEE

Nickname: Rich/Richie

What are your future plans? I would like to take my EMT and paramedic or at least stay in the emergency field. I have also coached and instructed hockey a bit in my past so I would like to continue doing that.

How old were you when you started playing hockey? I started playing when I was 7.

How many years of eligibility do you have left? I have TWO years left.

What saying has a coach said that stuck in your head? My coach tells us all the time that hard work beats talent when talent doesn't work hard.

Greatest memory in hockey? I would have to say winning a silver medal in the ACAC last year.

What do you do before a game to get you pumped up? I have a playlist that pumps me up!

You clearly love the sport, but what's one thing about it that you love the most? The team. They become your family and closest friends. Achieving our goals together is the greatest feeling.

OK, So your team is close, do you ever pull pranks on one another? If so, DO TELL! Haha, yes we sure do. Taping someone's helmet completely before practice seems to be a common one.

What's a common joke amongst your team? We have a lot of jokes! Our team is pretty comical.

Who's your hockey idol and favourite NHL team? Steve Yzerman and my favourite team has always been the Edmonton Oilers.

In what order would you rank these three movies – Slap Shot, Miracle and The Rocket. Well, with a name like Richard I'll have to go with The Rocket first then Slap Shot and Miracle.

WOMEN'S HOCKEY

Ooks sweep 109 St. rivals

By MARC MAJEAU

Another chapter was added into the athletic rivalry between the NAIT Oaks and the Grant MacEwan Griffins this past weekend, as the Oaks women's hockey team swept the Griffins on Friday and Saturday night.

Friday night, the battle of 109 Street was held at the NAIT arena, and when the Oaks took the lead, they never gave it back. They were able to down the women from MacEwan by a score of 3-0, with goals from Lacie Richard, Nicole Gregoire and Justine Cantley. Oaks netminder Meghan Witt was between the pipes, and was able to turn away all 20 shots on goal by the Griffins for her ACAC leading fourth shutout of the season.

"From a team perspective, it was one of our best games," said head coach Deanna Iwanicka. "The team bought into the systems we were playing and everybody was on the same page."

On Saturday night, the venue changed, but fortunately for the Oaks, the result remained the same. They were once again able to come out on top against the Griffins, this time by a score of 5-3.

Richard got into the scoring action yet again, lighting the lamp twice. First-year Oaks player Meagan Cornelssen got on the score sheet in a big way, netting two goals and two assists for a four-point night.

The pair of wins come a great time for the Oaks, as not only did it extend the team's win-

ning streak to four games, but it gave the team more confidence, as the ACAC playoffs creep closer and closer with each game. The Oaks have already clinched a playoff spot and they hope to ride into the playoffs on a bit of a hot streak.

The Oaks currently sit second in the ACAC standings, with a slim lead over the SAIT Trojans, who dropped two games to the first-place Mount Royal Cougars over the weekend.

After the Oaks enjoy the next weekend off, they are on a collision course with the Trojans, who they will face for two games.

"We've been preparing for playoffs since the beginning of the year," Iwanicka said. "Having the weekend off is going to give us the opportunity to do that. We're going to definitely take advantage of that."

Although the Oaks have a slim lead over the Trojans, the weekend of Feb. 18-19 could decide second place in the ACAC standings, as well as home ice advantage in the first best-of-five playoff series.

I can think of no better way to end the regular season than with a Battle of Alberta with something of significance on the line.

Can you say "drama"?

The women's Oaks take on the women's Trojans on Friday, Feb. 18 at the NAIT arena. This is the last regular season home game of the season. The ACAC playoffs begin on Thursday, Feb. 24.

MEN'S VOLLEYBALL

Ooks sweep weekend series

By **PATRICK KNOWLES**

The NAIT men's volleyball team played a pair of home matches this past weekend against the Lethbridge Kodiaks, coming away with wins both nights.

Friday night they won the match three sets to one (25-15, 17-25, 26-24, 25-21). Player of the game honours on Friday went to Trevor Langvand, who had nine kills, one ace, five digs and two blocks throughout the four games of the match.

The Ooks were able to control the play with good passing on defence, which led to being able to set up the offence and get the right plays running, keeping the Kodiaks scrambling throughout the match.

On Saturday afternoon they played the rematch game at the NAIT gym, winning this time in five sets 3-2 (25-22, 25-15, 23-25, 23-25, 15-8).

Saturday saw everyone getting lots of playing time. Captain Austin Hinchey, who has not had a lot of playing time this semester, played extremely well when called upon, something that did not go unnoticed by head coach

Simon Fedun. Player of the game on Saturday was Greg Mann, who had 15 kills, one ace, six digs and five blocks to lead the Ooks to victory, in what Fedun called a good team victory.

"The difference this weekend was the play of guys coming off the bench and contributing with big plays at important times. We are going to need everyone to be playing at their best level going into provincials and it was very reassuring to see that all of the hard work put in by all 14 of our athletes is starting to pay off," added Fedun.

With the wins this weekend the men's volleyball team has clinched a spot in the ACAC provincials for the first time since 2006.

Up next is a home-and-home series against the Augustana Vikings from Camrose, Friday night in Camrose and Saturday at home. Both nights the games start at 8 p.m.

With a series sweep over the Vikings this weekend, NAIT would finish first in league play and would get the top seed in the Provincial playdowns, which start at the end of the month.



Photo by Laura Dettling

NAIT Ooks volleyball players Justin Vincent, left and Bret Cole celebrate a point against the Lethbridge Kodiaks last Friday in the NAIT gym.

Baseball's offseason moves

By **MARC MAJEAU**

When the final strike was thrown of the 2010 World Series, the San Francisco Giants and their fan base began celebrating the teams first World Series win since 1954. The celebration lasted well into the off season for the Giants, but for the 29 other Major League Baseball teams, the final out of the World Series meant that the off-season had officially begun, and 29 general managers began trying to improve their teams by any means necessary.

Anthopoulos Brings "Eh" Game ...

Alex Anthopoulos is in his second off season as Blue Jays GM, and much like his first off season, he's been busy. Anthopoulos named former Red Sox pitching coach John Farrell the newest Blue Jays manager and he was able to unload outfielder

Vernon Wells and the \$86 million remaining on his contract to the Los Angeles Angels of Anaheim. Wells had fallen out of favour with Jays fans, even though he had a respectable 2010 season.

The Blue Jays still have a few holes to fill, as do most MLB teams, but in the past two off seasons the Jays have made strides in the ever-competitive American League East. They won't compete this year with the New York Yankees and the Boston Red Sox, but if the young talent develops the way Anthopoulos wants it too, Jays fans could be getting flash backs to 1992 and 1993 very soon.

Shippin' Up to Boston ...

The Red Sox are right now the favourite to win the American League East, and we haven't even played an inning yet. The

Red Sox had a tremendous off-season, landing the likes of speedy outfielder Carl Crawford and big offensive threat Adrian Gonzalez. Crawford and Gonzalez were two of the top free agents this winter and they are joining an already talented Boston squad.

The Red Sox have one of the best young pitching rotations, and now have the offence to match it. In my opinion, manager Terry Francona is the best in the game and the 2010 season was proof of that. The Sox had injuries all season, but still finished with an 89-73 record. They missed the playoffs for the first time since 2006, but I guarantee you there are 20 other teams that would have gladly switched seasons with the Red Sox. "Red Sox Bandwago" ... errr, "Red Sox Nation" will for sure be out in full force in 2011.

Quiet Off Season in the Bronx ...

The Yankees were eliminated by the Texas Rangers in the ALCS in October and that did not sit well with New York fans, who expect a World Series championship every fall. Also

unhappy were their GM Brian Cashman and most important, principal owners Hank and Hal Steinbrenner.

But, shockingly, the Yankees had an extremely quiet off-season. They were in hot pursuit of highly touted free agent pitcher Cliff Lee (who dominated the Yanks in the playoffs earlier that season), but in the end, they lost the bidding war to the Philadelphia Phillies. Without Lee, the Yankees still had to try to improve their club after a 95-67 record and a wild card berth.

They did so by adding Canadian catcher Russell Martin, and set up man Rafael Soriano. Obviously, the Yankees didn't add nearly as much as the Red Sox, but they are still the New York Yankees. They still have an infield consisting of Mark Teixeira, Robinson Cano, Derek Jeter (who took a pay cut this off season to remain in pinstripes) and Alex Rodriguez.

Although the Yankees didn't gain a lot, they did lose a big part of their pitching rotation. Pitcher Andy Pettitte announced in early February that he was retiring. Pettitte leaves behind a career steeped in Yankee tradition, as well as 30 or so starts that Cashman now has to fill somehow.

And then, the rest ...

The aforementioned Cliff Lee didn't sign with the Yankees. Instead, he went to the team the Yankees defeated in the 2009 World Series: The Philadelphia Phillies.

The Phillies pitching rotation is not just the best in the National League, it's the best in all of Major League Baseball. Their rotation consists of Cliff Lee, Roy Halladay, Cole Hamels and Roy Oswalt. If you're scoring along at home, those four pitchers have 13 combined All-Star game appearances, three Cy Young awards and a World Series MVP award. Not a bad resume for the class of the National League East.

Canadian slugger Joey Votto had quite the off-season. He was named Most Valuable Player of the National League, winner of the Lou Marsh Award as Canada's Top Athlete in 2010 and he inked a fresh three-year contract extension with the Cincinnati Reds, worth \$38 million.

The mandatory date for pitchers and catchers to report is Feb. 14 and the MLB regular season starts on Thursday, March 31.



Russell Martin now a Yankee.

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WOMEN'S BASKETBALL



Looking to next year

By ALI MAGEE

While the NAIT Ooks women's basketball team continues to make improvements, it wasn't enough to earn a win over the Grant MacEwan Griffins this past Saturday during the second half of the Challenge Cup, as the Ooks lost 68-39.

"It was a challenging weekend as we continue to struggle offensively," said head coach Todd Warnick. "Defensively I was very pleased. We made the adjustments we needed to."

The first quarter of action Saturday night was a struggle for the Ooks, who only scored eight points against the Griffins' aggressive defence. The team continued to lack offensive movement throughout the second and third quarters, scoring nine and eight points respectively.

Fighting hard in the fourth quarter, the Ooks scored 14 points. Unfortunately, this was not a strong enough comeback to pass the Griffins. Top points for the Ooks were scored by Dale-Marie Cumberbatch, who had a respectable 22

points, six rebounds, and Frankie Veenbaas, who tallied seven points, with one rebound. The Griffins star players were Courtney Knox, with 16 points, two rebounds and Emily Sommerville, with nine points, five rebounds.

This weekend the Ooks face the top ranked team in the ACAC North Division, the Grande Prairie Wolves, who are ahead of the Griffins by just two points.

"Grande Prairie is probably the largest team in the ACAC, so we're making some adjustments in terms of our lineup and how we approach things," Warnick said of his plans for the weekend.

"As always, we're going to ground ourselves in our defence and hopefully we'll get ourselves out of this shooting slump and start hitting some shots."

Along with preparing for the upcoming games against the northern teams, Warnick has been busy scouting for next year's lineup.

"It was a challenging weekend as we continue to struggle offensively."

- Coach Todd Warnick

nick has been busy scouting for next year's lineup.

"We have two athletes that committed two weeks ago," says the coach, who doesn't think recruiting can begin too early.

"I like to pursue recruiting commitments now so I can have most of my recruiting done by the middle of March. That way our identification camp in

April is geared towards underclassmen."

For the camp in April, Warnick plans to have 30 per cent Grade 12 students, and 70 per cent students between grades 9 and 11. Currently the coaches have communicated and made direct contact with 174 athletes across Western Canada, some of which will be tracked from ninth grade until they graduate.

Be sure to cheer on the current NAIT Ooks women's basketball team this weekend as they play in their home court on Friday at 6 p.m. and Saturday at 1 p.m. against the Grande Prairie Wolves.



Todd Warnick

Athletes of the week

Jan. 31-Feb. 3

Sun Yang Badminton



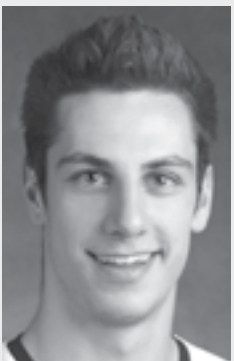
The NAIT badminton team was led by fourth-year player Sun Yang this past weekend at the final regular season tournament at Red Deer College. Yang won the elusive Triple Crown by winning the women's singles, women's doubles and mixed-doubles events. She went a perfect 11-0 and seems poised to take a run at her fourth consecutive ACAC Women's Singles Championship next weekend. "It is no secret that Yang is one of the top players in the country," said head coach Jordan Richey. "She seems determined to hold onto her ACAC Women's Singles title this year and is looking forward to a much anticipated rematch with Lynn Huong, her rival from Douglas College." Yang is in her second year of the Business Administration Diploma program.

Emma Sommerfeld Hockey



Emma Sommerfeld's strong play this weekend helped lead her team to two victories over their cross-town rivals from MacEwan. Even though she had two assists this weekend and was an impressive plus-4 overall, it was her strong defensive play that drew the attention of the coaching staff. "Emma moved the puck up the ice well and took control of it when needed," said head coach Deanna Iwanicka. "Emma has really stepped up her practice intensity this season, becoming a stronger leader on and off the ice." Sommerfeld is a second-year Personal Fitness Training student from Prince Albert, Saskatchewan.

Cole MacDonell Volleyball



Cole MacDonell was a force this past weekend, leading the Ooks volleyball team to two wins at home over the Lethbridge Kodiaks. MacDonell had 13 kills, two digs, one service ace and an impressive eight stuff blocks in the two-game set. MacDonell ranks fifth overall in the league for blocks. "Cole blocked really well for us this weekend," said head coach Simon Fedun. "He played every set for us and served exceptionally." MacDonell is in his second year of the Business Administration program at NAIT and is from Spruce Grove.



Photo by Laura Dettling

Ooks basketball player Ashley McMillan makes a pass around a Grant MacEwan player during game action on Saturday at NAIT.

Oil at mid-season – 2 views



KYLE GALLIVER
Sports Editor

Offence

The offence is the one component of the team that makes the Oilers worth watching this year. We finally have some players who have offensive flare and actually make plays. I can't remember a time when the Oilers were scoring nice goals and getting offensive chances like they have been this season.

The rookies on the team have been outstanding and everything people expected they would be (which is something we aren't used to here). Taylor Hall has been as advertised and plays with speed and skill and all the kid wants to do is win and score goals. Jordan Eberle might be the smartest hockey player in the NHL and is always creating chances and making the right play. After a slow start, Magnus Paajarvi is finally starting to look like the player I thought he could be when I picked him as my Calder Trophy winner as the league's best rookie before the season started. Throw in little Linus Omark who is a whiz with the puck, and we have four rookies sitting in the top 23 in league scoring. Omark would be even higher, but has only played 23 games. Ales Hemsky has been, well, Hemsky. He's starting to show he is injury prone, but still has a ton of skill and has even shown he can be a two-way player. Dustin Penner is having a decent season and is showing he can be a consistent 30-goal man. The biggest surprise has been Ryan Jones, or "the Utility Man" as I like to call him. He can play on any line and brings the same energy and passion every night, not to mention he already has 12 goals!

– Grade: C

Defence

What can you say about the defence of a last place team, that has allowed the most goals in a 30-team league? Before Ryan Whitney went down with a season ending ankle injury the defence looked decent, nothing special, but average. But without Whitney in the lineup... That's a whole different story. Tom Gilbert as your No. 1 defenceman? He's played OK with all of the extra minutes, but just simply doesn't have the long stretch pass, or defensive abilities of a No. 1 guy. Kurtis Foster hasn't been what I expected when we signed him. I thought \$1.8 million for a 40-plus point, six-foot-five defenceman was a steal of a deal, but he has been more of a plug than I could have imagined. Where is this big shot of his been hiding all season? Jason Strudwick is Jason Strudwick and plays the same game every night, I'm just not sure it's an NHL game ...

There have been some bright spots. Theo Peckham is a one-man wrecking crew and plays with an edge this town hasn't seen since the departure of Jason "Gator" Smith. Jeff Petry has looked solid since his callup and Ladislav Smid is a solid No. 4 defenceman, but overall the Oilers have the worst defence in the league. Fail.

– Grade: F

Goaltending

The goaltending situation this year has been a weird one. There's the whole Nikolai Khabibulin DUI situation, the fact the team started the season with three goalies and the signing of Martin Gerber. It's clearer than ever that Devan Dubnyk is the future between the pipes. Prospect Olivier Roy is still a few years away and the 'Bulin Wall is starting to show his age, so right now is Dubnyk's time. He's coming off his first shutout of the season, and career, Monday night and has played extremely well in every game he's started. He gives the Oilers a chance to win every night.

– Grade: C

Crystal Ball

2015 my fellow Oiler fans, 2015. That is when we will finally have a team that the hockey world considers a contender. The team now is promising, but we are still two major pieces and a few minor ones away from having a good team.



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Magnus Paajarvi

The way it's looking right now, we're going to end up with a top-two pick this June and I'm willing to bet a big, strong centre or potential No. 1 defenceman is going to be called up to the podium by the copper and blue. Who knows, maybe Stevie Tamb pulls off some draft day deals and we end up with both. All I know is the future in Edmonton looks bright, but we have just started the race and the finish line is a few seasons away.



MATT DeBEURS
Assistant Sports Editor

Offence

First up, the rookies. Taylor Hall is looking like the player that everyone thought he could be and is a star in the



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Devan Dubnyk

making. Despite having missed 13 games to injury, Jordan Eberle has proved that he has the foot speed to match the pace of the NHL game and could be on the same track as Hall. Magnus Paajarvi has been a little rusty in his transition to the NHL, but has played very well in the last few games.

But the big surprise for me has been Linus Omark. For a smaller player he is tenacious on the puck and has a great set of hands to do with a bucket full of determination. He's a shoo-in to be another one of those building blocks for the Oilers re-build in the future.

But it's never all good on a team that's in last place in the West. The Oil are one of the softest teams in the league to play against, can't win a faceoff to save a life, and they are small up front. Hemsky has shown to be injury prone, their skill is players are young and still learning the game, the fourth line refuses at times to hit someone, and they have little to no depth in the middle.

Expect things to continue down the long road of failure for the remainder of the season.

– Grade: D

Defence

The back end has been the real weak point for the Oilers so far this season. Since the loss of Ryan Whitney to an ankle injury, the Oil's D has not been good. Curtis Foster, who was a free agent pickup in the off-season, hasn't panned out. He was suppose to help the power play with the loss of Sheldon Souray to the minors, but has only three goals on the P.P. so far. And he's another big soft player on a team full of them. Tom Gilbert has been forced into the No. 1 role and in my mind is another guy who is as soft as warm butter. He might move the puck well at times, but he wouldn't hurt a fly. Jim Vandermeer is Jim Vandermeer, and at least brings a little toughness. Jason Strudwick probably would be retired if it weren't for the Oilers signing his cheques. And Ladislav Smid isn't a top two guy, but he does

play with a little grit thankfully.

There have been some surprises though. Theo "Teddy" Peckham has played with the mean streak that this team sorely lacks. Although he probably won't be a first pairing guy in the long run, but he's come in this year and proved himself as an every day NHL'er. Jeff Petry has also played well since his callup, and is could be a big piece moving forward.

If the Oil are busy at the deadline, they'll be trying to get some help on the back end.

– Grade: F

Goaltending

One of the biggest beefs I have with the team right now is the lack of playing time Devan Dubnyk has got. I don't know about you, but from the games he's started he hasn't looked out of place at all. Heck, he's even stole a few close ones. So why does the coaching staff insist on giving the majority of work to an aging Nikolai Khabibulin? But all and all, goaltending hasn't been the problem for this squad.

– Grade: B

Crystal Ball

Oilers are only in Year 2 of the rebuild, and the road to having a contender here in town seem miles away. They have to get tougher and harder to play against throughout the entire lineup.

I expect Tambo will move a major piece like Ales Hemsky or Dustin Penner at the deadline to fill in some gaping roster holes. Could be a veteran D man, or a centremen that can win some faceoffs. They should also get a good pick in the draft at this pace. Look for the scouting staff to go after a big body like Sean Couturier. Getting some veteran help in their bottom six will be a priority too.

Get ready for at least two more years of painstaking hockey rebuilding here in E-town.

ACAC Standings

MEN'S HOCKEY									
Team	GP	W	RW	L	OTLTIE	GF	GA	Pts	
SAIT	26	21	19	2	0	3	132	55	45
Mount Royal	25	18	18	4	0	3	95	47	39
Augustana	26	12	12	7	2	5	116	86	31
NAIT	26	13	12	9	1	3	71	68	30
Concordia	26	8	7	12	2	4	86	110	22
Portage	25	9	8	14	0	2	82	96	20
Briercrest	26	5	5	15	0	6	69	117	16
MacEwan	26	3	3	21	0	2	57	129	8

RESULTS									
Feb. 4									
NAIT 3, MacEwan 0; MRU 4, Augustana 1; Briercrest 3, Portage 2; SAIT 10, Concordia 2									
Feb. 5									
NAIT 6, MacEwan 2; Portage 5, Briercrest 2; SAIT 5, Concordia 4 (OT); MRU 4, Augustana 4 (OT)									

WOMEN'S HOCKEY									
Team	GP	W	RW	L	OTLTIE	GF	GA	Pts	
Mount Royal	22	19	16	1	0	2	86	31	40
NAIT	22	11	11	8	1	2	53	48	25
SAIT	20	9	8	8	2	1	56	53	21
MacEwan	20	4	4	10	0	6	35	56	14
Red Deer	20	3	3	15	1	1	29	66	8

RESULTS									
Feb. 4									
NAIT 3, MacEwan 0; MRU 5, SAIT 2									
Feb. 5									
NAIT 5, MacEwan 3; MRU 4, SAIT 2									

MEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
NAIT	16	14	2	28	1517	1211
Lakeland	16	13	3	26	1433	1175
Concordia	16	9	7	18	1303	1171
MacEwan	16	8	8	16	1224	1200
Keyano	16	7	9	14	1145	1239
Augustana	16	4	12	8	1280	1446
Grande Prairie	16	2	14	4	1218	1580
King's	16	0	16	0	961	1455
South Division						
Team	G	W	L	Pts	PF	PA
Lethbridge	16	15	1	30	1527	1130
Mount Royal	16	13	3	26	1375	1185

SAIT	16	8	8	16	1295	1308
Briercrest	16	8	8	16	1377	1395
Red Deer	16	6	10	12	1288	1324
Medicine Hat	16	5	11	10	1265	1389

RESULTS									
Feb. 4									
Keyano 91, Augustana 90									
Feb. 5									
NAIT 95, MacEwan 73; Keyano 90, Augustana 77									

WOMEN'S BASKETBALL									
North Division									
Team	G	W	L	Pts	PF	PA			
Grande Prairie	16	14	2	28	1157	925			
MacEwan	16	13	3	26	1234	932			
Concordia	16	13	3	26	1238	866			
King's	16	8	8	16	986	999			
Augustana	16	8	8	16	1273	1259			
Lakeland	16	5	11	10	993	1177			
NAIT	16	4	12	8	831	993			
Keyano	16	0	16	0	827	1327			

South Division									
Team	G	W	L	Pts	PF	PA			
SAIT	16	16	0	32	1284	913			
Mount Royal	16	12	4	24	1098	949			
Medicine Hat	16	8	8	16	1096	1054			
Lethbridge	16	6	10	12	1038	1112			
Red Deer	16	4	12	8	845	1049			
Briercrest	16	1	15	2	813	1158			

RESULTS									
Feb. 4									
Augustana 91, Keyano 54									
Feb. 5									
MacEwan 68, NAIT 39; Keyano 66 - Augustana 113									

MEN'S VOLLEYBALL									
Provincial Division									
DIV	Team	MP	MW	ML	GW	GL	Pts		
S	Briercrest	18	15	3	49	15	30		
N	NAIT	18	14	4	46	23	28		
N	King's	18	13	5	44	25	26		
S	Red Deer	18	13	5	45	23	26		
S	SAIT	18	13	5	43	28	26		
N	MacEwan	18	12	6	44	28	24		
S	Lethbridge	18	9	9	37	35	18		

N	Grande Prairie	18	8	10	31	32	16
S	Medicine Hat	18	8	10	32	36	16
N	Keyano	18	8	10	32	34	16
S	Mount Royal	17	6	11	26	37	12
S	Augustana	17	3	14	13	44	6
N	Lakeland	18	3	15	13	46	6
N	Concordia	18	0	18	5	54	0

RESULTS									
Feb. 3									
Augustana 3, Concordia 1 (25-22, 14-25, 25-21, 25-20)									
Feb. 4									
NAIT 3, Lethbridge 2 (25-22, 25-15, 23-25, 23-25, 15-8); Keyano 3, Lakeland 0 (25-19, 25-12, 25-19); MacEwan 3, GPRC 0 (25-20, 25-17, 25-23); King's 3, Briercrest 1 (19-25, 25-23, 25-19, 32-30); RDC 3, MRU 0 (25-21, 25-18, 25-22)									
Feb. 5									
NAIT 3, Lethbridge 1 (25-15, 17-25, 26-24, 25-21); Augustana 3, Concordia 1 (30-32, 25-17, 25-22, 25-17); Keyano 3, Lakeland 1 (22-25, 25-18, 25-21, 25-20); MacEwan 3, GPRC 0 (25-22, 25-23, 25-21); RDC 3, MRU 2 (25-23, 17-25, 25-22, 23-25, 15-13); Briercrest 3, King's 1 (25-22, 20-25, 25-19, 25-23)									

WOMEN'S VOLLEYBALL									
Provincial Division									
DIV	Team	MP	MW	ML	GW	GL	Pts		
S	Mount Royal	17	17	0	51	5	34		
N	Grande Prairie	18	15	3	49	16	30		
N	Lakeland	18	13	5	45	26	26		
N	MacEwan	18	11	7	36	26	22		
S	Red Deer	18	11	7	38	28	22		
S	Medicine Hat	18	10	8	35	27	20		
N	King's	18	10	8	36	36	20		
N	NAIT	18	9	9	36	35	18		
S	SAIT	18	8	10	32	35	16		
S	Lethbridge	18	7	11	28	39	14		
N	Keyano	18	5	13	24	43	10		
S	Briercrest	18	5	13	24	43	10		
N	Concordia	18	4	14	15	45	8		

S	Augustana	17	0	17	3	51	0
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RESULTS									
Feb. 3									
Concordia 3, Augustana 0 (25-11, 25-18, 25-21)									
Feb. 4									
NAIT 3, Lethbridge 2 (15-25, 14-25, 26-24, 25-20, 15-12); Concordia 3, Augustana 1 (25-21, 21-25, 27-25, 25-18); Lakeland 3, Keyano 0 (28-26, 25-18, 25-14); GPRC 3, MacEwan 0 (25-17, 25-21, 25-17); MRU 3, RDC 0 (25-11, 26-24, 25-23); King's 3, Briercrest 2 (23-25, 25-17, 25-15, 20-25, 16-14)									
Feb. 5									
NAIT 3, Lethbridge 1 (20-25, 25-16, 25-21, 25-12); Lakeland 3, Keyano 1 (25-14, 21-25, 25-23, 25-20); MacEwan 3, GPRC 0 (26-24, 26-24, 25-22); King's 3, Briercrest 0 (25-11, 25-20, 25-23); MRU 3, RDC 1 (25-15, 25-20, 18-25, 25-22)									

CURLING			
MEN			
Team	Fall	Winter	Totals
NAIT	5-1	6-0	11-1
Augustana	5-1	4-2	9-3
Olds College	3-3	4-2	7-5
Red Deer College	2-4	4-2	6-6
SPRC	4-2	1-5	5-7
Grant MacEwan U.	2-4	1-5	3-9
Lakeland College.....	0-6	1-5	1-11
WOMEN			
	Fall	Winter	Totals
NAIT	4-2	5-1	9-3
SPRC	4-2	5-1	9-3
Grant MacEwan U.	5-1	4-2	9-3
Concordia	4-2	4-2	8-4
Red Deer College	4-2	4-2	8-4
Lakeland College.....	5-1	2-5	7-5
Augustana	0-6	2-4	2-10
Portage College.....	1-5	0-6	1-11
Olds College	0-6	1-5	1-11
MIXED			
	Fall	Winter	Totals
NAIT	5-0	5-0	10-0
Grant MacEwan U.	4-1	3-2	7-3
Augustana	3-2	4-1	7-3
Red Deer College	2-3	1-4	3-7
Lakeland College.....	0-5	2-3	2-8
SPRC	1-4	0-5	1-9

NAITSA EXECUTIVE

For President ...

Hello my fellow NAIT students. My name is Christopher Hennig and I am running for President of your Student Association. I have spent the last two years upgrading in the Pre-Technology Accelerated and Telecommunication Engineering Technology programs. For your NAITSA President, you want the best possible representation. You want someone who is outspoken, passionate, energetic and personable. By electing me for President you will soon discover that I make sure that I am always heard and I stand up for what I believe in, which - YOU, the Students of NAIT are. I possess the drive and determination to see that positive changes are made to in order to benefit the students of NAIT. I have the get-up-and-go attitude necessary to ensure that student concerns are addressed in a timely and efficient manner, and I love to connect with people. So, I encourage anyone to approach me at any time, whether it is to discuss an issue, or to have banter over a cup of coffee!

Every good NAITSA President should

possess these qualities when representing the student community, and I know that I will deliver.

Student Costs: I will continue to make your NAITSA fees work for you by redirecting them towards areas that are needed such as: improving study areas, increasing the number of microwaves and revamping common areas that are available to students. Student Housing: This is a very important issue; as most NAIT students are living on grants or student loans! Student grants and loans are just not enough to get by with today's housing costs. Speaking from personal experience, I know that \$380/month is not enough to pay the rent. NAIT does not currently offer affordable housing for students. This is a concern for those students that reside outside of Edmonton. I will make the inclusion of student housing a priority for any future plans that NAIT will be developing.

Apprenticeship Students: Apprentices make up a large percentage of students attending NAIT and therefore should be represented accordingly. I will continue to make sure that

their unique concerns are brought to the attention of the Student Association.

Transit: This remains an ongoing issue with all the campuses of NAIT. NAITSA is currently negotiating with the City of Edmonton to increase funding and improve the transit access at all of NAIT's campuses. Through NAITSA, I will ensure that transit does improve, making NAIT more accessible from all areas of the city, including continued advocacy for the proposed LRT expansion of 2015.

Satellite Campuses: Communicating with the students attending the Satellite Campuses (Patricia and Souch) is as valuable and important as communicating with the Main Campus Students. They all have their own concerns and need someone to speak out for them. I am dedicated to making frequent appearances to these remote campuses. From February 11-17 take the initiative to Vote "Yes" for someone who is going to Empower Students and make NAIT work for you. Vote "Yes" for Chris Hennig as your NAITSA President.



Christopher Hennig



Govind Pillai

My name is **Govind Pillai** and I am currently serving as your Vice President External and in the 4th year of my accounting degree. Over the years, I have had the opportunity to use many of the services offered to students by NAITSA and NAIT. Although there have been many positive aspects to my NAIT education, there is definitely room for improvement.

Our Concerns

I would like to clearly state the issues that we have faced in the past and express my commitment and enthusiasm towards advocating for each one.

- **Yes to Lowering Student Fees-** It is imperative that your leadership takes every opportunity to lower student fees and increase the amount of value for each of your student dollars.

- **Yes to a Reasonable Cost of Education-** I will continue the ongoing battle against unreasonable increases in tuition, costs of books, transportation and any other costs we must face. We cannot afford it, especially those of you who have left your homes to study in Canada.

- **Yes to Better Transportation-** In my 2nd

year I was forced to take a two-hour bus ride to and from NAIT. That is four hours a day spent in transit. There is much to improve around bus services to and from NAIT.

- **Yes to Mandatory Fees Being Voted on by Students!** NAIT must send all mandatory fees to the student body for approval.

- **Yes to Satellite Campus Engagement-** Developing our relationships with students at our satellite campuses is of the utmost importance. As Vice President External, I understand these needs fully and we must continue to close this gap.

- **Yes to Campus Expansion-** Albertan's know that NAIT is next in line for an expansion and the student body must collaborate with NAIT in order to achieve this. Together we will!

Why I'm the right Candidate

My engagement in the NAIT community started with co-founding Business Connex of NAIT, a prominent NAITSA club on campus, alongside James Guthrie, one of our own NAIT instructors. I was then elected as Senator of the JR Shaw School of Business and spent one year overseeing our NAITSA student leaders and directing the students' association. In our current year, I am serving as your Vice President

External and have been advocating on your behalf to all levels of government, NAIT and any other stakeholder that has an influence on your educational experience. This year I was also fortunate enough to be elected the Director of Finance for the Alberta Students' Executive Council who represents over 120,000 students in Alberta.

I am fully prepared to lead your students' association in the 2011/2012 year and I would be honored for the opportunity to serve you for the second consecutive year.

My name is Govind Pillai and as your President I will put students first every step of the way.

Thank you for your time and have a great semester!

For VP Academic ...

Hello again NAIT, my name is Melissa Mercer and I am currently enrolled in the Business Administration – Finance Diploma program. I am looking for your continued support in my campaign for Vice President – Academic for NAITSA Executive Council.

I am currently serving you and our student community as a member of the NAITSA Senate representing the J.R. Shaw School of Business. During my time on

Student Senate, I have faced many challenges and continue to maintain my commitment to my fellow NAIT students and their concerns. I am ready and prepared to take on new challenges, such as program cuts, and the concerns involved in the proposed 15 week module program length.

I will work tirelessly for the students at NAIT and ensure we get the most out of our Education and time here. I will use my excellent communication and organizational

skills to serve you the students of NAIT to the best of my ability. I will work hard to ensure that your voice is heard, and that your point of view is represented. Working together alongside the Executive Council at NAIT is a privilege and voting for the best Student Government is your right. So in the 2011 General Election, exercise your right to vote and give Melissa Mercer the privilege of serving you as VP – Academic for the NAITSA Executive Council.



Melissa Mercer

CANDIDATES 2011

For VP Academic (cont) ...

Hello Students! My name is **Teagan Gahler**. I am a third year business student majoring in Marketing. I obtained my Marketing Diploma December 2010 and have moved on to the Bachelor of Business Administration program. Welcome back to another great semester at NAIT!

I was the 2010 Shinerama Coordinator at NAITSA. Shinerama is a Canada wide fundraiser that 65 post secondary campuses participate in. Shinerama's primary focus is to generate revenue for the Canadian Cystic Fibrosis Foundation through innovative fundraising ideas. I was recently nominated as a campaign advisor on the 2011 National Shinerama Team; I will be mentoring up and coming campaign coordinators to ensure their success. I have also been involved with NAIT athletics for the past two years on the cross-country running team. In 2009 I received the golden shoe award, for outstanding leadership on

the team.

I would like to be the elected representative for Vice President Academic. My focus will be on how we can be providing the highest level of advocacy for students regarding the academic regulations, through identifying needs prior to them becoming issues and dealing collaboratively with issues that currently exist. Tuition and ancillary fees will be a major area of focus; I believe that higher education should be reasonably priced. The second major area of my focus will be dealing with student grievances; these could be with an instructor, NAIT, or possibly another student. I am here to listen and understand problems and in turn find viable proactive solutions. I know what it is like to feel there are no alternatives when dealing with your school or instructors. I will guide students through this process and ensure all parties involved will have

chance to share their side of the story.

As your **Vice President Academic** there are a few key points that are important to me. They are as follows

- Open door policy – Come talk to me anytime for advice, problems, or just to chat.
- Satellite campus involvement – Souch and Patricia campuses are part of NAIT; I plan to include them
- Collaboration with NAIT – In the most effective manner possible to bring the best results for students

I am an upbeat, positive, and a determined person who would be honored to represent the student body. I believe honesty is the best policy and I am committed to working with the student body in an effective, collaborative, and constructive manner.

Remember vote Teagan Gahler Vice President Academic.



Teagan Gahler



Jim Houghton

Hello fellow students. My name is Jim Houghton and I am running for Vice President Academic in the upcoming NAITSA Executive Council election. I won't bore you with a long article, so I'll keep this short and to the point.

Over the past 2 years I have learnt and grown as an individual and I've met a lot of really amazing people, both student and teacher alike. This is my opportunity to give back to the school and to the people who inspired me to get where I am today; I want to give students inspiration to be here. To do this, I will tackle any issues you may have with the school or students alike.

As a student, I have lived through a lot of stresses and concerns that many students experience. To me, addressing students' issues is a top priority. As your Vice President Academic, I will make sure that all students have the opportunity to have their opinions heard.

As VP Academic, I plan on pursuing several initiatives in the coming year. I want to take on challenges such as making grants, scholarship, bursaries as well as other awards more easily accessible for students. By addressing your concerns, I want to make the NAIT experience of every student a quality one. Above all else, I will

approach every situation with subtlety, integrity and finesse.

I have great faith in myself and in the student body, and I believe that we can accomplish our goals if we work together. I will continue to dedicate myself to NAIT, whether it's as your next

elected VP Academic or as student. I want to wish everyone in the election good luck and happy campaigning. To the rest of you, I look forward to meeting you in the coming weeks!

Be inspired. Vote Jim Houghton for VP Academic.



IMAGINUS POSTER SALE

Feb. 10, 11

We are looking for reliable people for:

- **Setup:** Three students Feb. 10, 8:30 a.m.-11 a.m.
Feb. 10, \$12/hour, heavy work.
- **Daily advertising:** Two students Feb. 10 & 11;
11 a.m.-1 p.m., \$10/hour, light work
- **Breakdown:** Three students Feb. 11
5 p.m.-7 p.m. \$12/hour, heavy work

Apply with resume to Mary at NAITSA front desk

NAITSA EXECUTIVE

For VP Campus Life ...

Hello I would like to say Happy Chinese New Year; it is now the year of the rabbit. My name is Curtis Stanley Guile and I am in my second year of Digital Media and IT. I would like to take this opportunity to thank those of you who supported me in the senate elections earlier this year. I now ask for your support in becoming the Vice President: Campus Life of The NAIT Student's Association. I enjoy being a representative of the School of Information Communication and Engineering Technology so much that I want to take it to the next level. I want to benefit all students attending NAIT in a way I cannot possibly do without becoming a member of the NAITSA Executive council. If I am elected VP: Camus Life I want to create structured events that appeal to a wide variety of demographics. My main goal is to look out for your overall enjoyment and exceed your expectations of what student life should be.

I will make sure that all NAIT campuses are informed about upcoming events throughout the year.

During my time in the NAIT Student's Association Senate and Governance Committee, I have learned a lot about the internal works of the organization. Advocacy and representation are some of the things The NAIT Student's Association does for us. The people working at NAITSA work very hard and have the student's best interests in mind. I want to work with NAITSA staff this summer to plan out a string of events that will make the upcoming school year unforgettable. I can't do this entirely by myself, so I will make it my main priority to speak to as many students about their experiences here on campus. I will take their input back to the drawing board this summer. I will start by making myself widely available. During the election campaign period, you will see more of me in the hallways, so please share your

experiences with me! I am a very outgoing individual and would love to engage in a conversation that will potentially shape the events of the future. It's extremely important that I get feedback from you before the summer. I will be handing out business cards with an e-mail address. This is college - sure we are here to learn but let's have a blast while we do it! No more dull moments, we already have enough of those sitting in class ☺.

I will not sit here and tell you what I'm going to do; I want you to tell me how you want it done. I will promise to take your ideas and use them, given they will genuinely improve the student experience for all of us. If you want to voice your ideas to grow and become a reality next year, then vote for Curtis Stanley Guile in the NAITSA Executive Elections from February 11th to the 17th. Thank you for your time, good luck on your midterms!



Curtis Guile



Thomas Klufas

Hello fellow students! My name is Thomas Klufas. You more than likely have seen me around the school because I am heavily involved with NAIT on many levels. I work with the current NAITSA executive and staff from time to time on events trying to learn as much as I can for the best possible result. In fact, quite often you will see me around school promoting one of the events or just getting information out for general student awareness.

I feel I am best qualified for the job because of the time and effort I have already put into myself and learning about how things are done in regards to the student association. I have taken the time this year to find it in myself why I want the position of Vice President - Campus Life; I want to push for greater progress on all fronts.

Attending many of NAITSA's events and promoting them I have made many amazing friends but there are still many of you out there who do not know me. I stand

for honesty and good intentions behind everything I do but if there was one thing that defines me I would say it would have to be honor. I love having a code of honor because I always know that as long as I stick to what is right the outcome will be good. Behind my code of honor is a strong sense of business ethics. It is these virtues that keep me on my path to success.

Through the promotions I have learned one thing above all others. I learned that the students are not clear about everything that is going on and with some of my S.M.A.R.T. goals I know I will be successful in remedying that. It is important to me that the students and NAITSA's culture become more integrated. I want everyone to be aware of what's going on. Imagine it: going to school and having the choice to be plugged in to all that NAITSA has to offer beyond the scholastic endeavors that NAIT provides. My passion to realize this dream for all of NAIT's students has lead me to the doors of the current Vice President - Campus Life multiple times to not

only seek guidance on how the position works but how to best handle the situations that may arise.

Besides working with NAITSA's executive awith the student senate and managed to sit in on board of governors. I strive to keep myself up to date on everything going on within the school to increase my job performance.

The core of my platform is honor, building around that is my idea for a more integrated student body. I am ready for what lies ahead. All I need now is your vote and together we will create some incredible milestones.

Thank you for your time and I hope you enjoy the rest of your school term!

NAIT Students' Association now hiring Street Team members

Your NAIT Students' Association is looking for marketers and promoters to spread the word about upcoming NAITSA activities to other students on the NAIT main campus.

We are looking for students with an outgoing and positive attitude, a strong sense of creativity, a high level of energy, and the ability to have fun while talking to friends and strangers in the halls at NAIT.

Shift times are flexible and can be worked into your class schedule. These are paid positions.

If you are interested please visit NAITSA in E-131 with your resume and ask for Teagan.



Rahul Sharma

CANDIDATES 2011

For VP Campus Life (cont) ■■■

I am here as an incumbent because of one reason. There is only so much you can accomplish in one year. I've laid the foundation and now I have to take things to the next level and see them through. It's as simple as that. I am on a mission to leave this place better than when I came. My goal is to create the biggest impact that I possibly can on this campus before I am gone. I have been able to set the foundation for a lot of positive things on this campus. I've helped create a ten-year building plan in my first of two terms as a senator while in the Petroleum Engineering Technology program. I was a NAITSA Frosh Leader for two years, promoting our events on campus. I also worked part time as the volunteer coordinator in my second year where I brought the first ever 30 Hour Famine to our school, raising \$3400 for children in Africa.

My first year in office I feel I've added tremendous value to our students. I have

spear headed our frosh leader recruitment. We revamped the clubs program to offer support and tools for our students to succeed as club leaders throughout the year. We held the first ever leadership summit to be held on NAIT's campus, sponsored exclusively by Servus Credit union. We have changed our volunteer position, focusing more on community initiatives like Hope Mission and the Mustard Seed. I feel community involvement like this is important. It helps put things in perspective, and it helps us grow as individuals.

What is my plan for the future? I would love to see some newly created internal policy through to implementation. I am a part of NAIT's new Holistic Student Success project, and wish to see that through. This is important because the end result will be a more individual approach to student success. There will be involvement-based student awards next year, creating an endowment fund, which will last over

several years, for any student, international or domestic. I want to bring our clubs program to the next level, as well as the summit. I want both to be bigger and better. I will also look at our multi-faith room on campus, as I know it needs some tender love and care.

On a lighter note, we will be definitely doing our great party events again. I think it's all about keeping things balanced. For those of you who were at our pirate party or full moon party in the fall, you know we had a blast. Both places were packed and people were dancing.

Most importantly, I want to add value to our students. I want students to have a great time while their here; while attending a DJ party, learning how to play the guitar, feeding the homeless, or learning about leadership.

Please come talk to me about things on campus that matter to you. I'm in the NAITSA office.



Tyler Bernard

For VP External ■■■



Timothy Jobs

Hello fellow students, My name is Timothy Jobs and I am running for the position of NAITSA Vice President External.

I am currently your NAITSA President as well as a student studying Business Management. I am also the Vice Chair for the Alberta Students' Executive Council (ASEC) representing more than 120,000 Alberta students. In 2008/09, I served as your NAITSA Vice President Academic and ASEC Director of Finance.

Serving as NAITSA President has given me a unique perspective of how post-secondary education functions in Alberta and at NAIT. My experience has shown me where the students' association can step up to help you best. I am committed to using my experience and leadership skills to address important student issues.

Tuition

Tuition is going up \$14 per student per year next year as it is currently regulated; however, you will be faced with a \$140 non-academic mandatory fee NAIT is calling the Athletics and Recreation fee. In

response, NAITSA will be lowering your students' association fees by \$43, resulting in a net increase of \$97 per year. You have my commitment to lobby the provincial government to keep the tuition fee cap in place and regulate non-academic mandatory fees. These fees are nothing more than tuition by another name and are unacceptable.

Satellite Campuses

NAITSA has come a long way when it comes to maintaining a presence on our satellite campuses, but I think we can keep improving. You have my commitment to be at your campus talking to you about the issues that matter to you a minimum of twice a month. The students at NAIT's Souch, Patricia and Distribution campuses make up a large percentage of our student population and although you're not on main campus, you deserve to be heard.

Employment Insurance for Apprentices

NAIT is Canada's largest trainer of apprentices. I am aware of the struggles faced by apprentices when applying and waiting for Employment Insurance (EI).

Some of you are waiting between 3-7 weeks to receive your EI cheque while you still have to pay for transportation, housing and family expenses. You have my commitment to bring this issue to the federal government and lobby to make the EI system faster and easier for apprentices.

Student Funding

I have had the pleasure of being a leader in the provincial lobby efforts under ASEC for the past 2 years. ASEC's proposal, Serving Communities for a Better Alberta, will give students with loans the opportunity to work for non-profits in their spare time and receive compensation toward their student loan. This is an innovative way for students to give back to their community, while receiving needed loan relief. I'm proud to be part of the team who proposed the idea. You have my commitment to keep lobbying for this program to be implemented.

On February 11-17, I am counting on you to vote "Yes" for Experienced Leadership and a Commitment to Standing Up for Students. Vote "Yes" for Timothy Jobs as your NAITSA Vice President External.

EXECUTIVE ELECTION 2011

For poll station locations check www.naitsa.ca

VOTE ONLINE

www.naitsa.ca

February 11 - February 17

Poll stations open

February 17 only, 10am - 2pm

Executive Council Elections!

ENTERTAINMENT

Where's Dave?

By CHRIS THOMPSON

I'll admit it, I was pretty excited to see Cheech and Chong on Saturday, Feb. 5 at River Cree Casino, as many of the groups that I enjoyed in my childhood have long since retired. This being the possibility of their last tour, it was an event that I could not miss.

Cheech and Chong started performing together in the early '70s, they met in Chong's topless nightclub "Blue Balls." There is a common misconception that Cheech was a draft dodger, but if you ask him, he was part of a secret military group that hung out in titty bars just in case the Vietnamese tried to attack Canada through Alaska. Their self-titled first album was a success with "Dave's Not Here" being possibly their most successful track to date. In 1978 the duo released "Up In Smoke" which has stood up to the test of time and is still a favourite in certain circles today.

"The Venue" at River Cree is less of a venue and more of a glorified tent, but fortunately it was heated. I ventured in to the tent and grabbed a beer, it was six bucks for drink tickets. As I approached the stage the smell of something musky and earthy hit my nose, I must be in the right place, I thought to myself. If you don't know already,

Cheech and Chong's comedy is largely formed around the marijuana culture.

I was slightly apprehensive as to whether or not that the guys still had the ability to perform, I mean they are 72 and 64 years old. The set started off with a few stories and they had from their earlier days. It quickly progressed into all the classics, and crowd favourites. One thing to note about the guys is how musically oriented their shows are. Having got their start in strip clubs where dancers need music to perform can be attributed to this. Having their songs rely more on comedy and simple chord progressions, rather than musical talent has helped keep the show entertaining. Even though their voices have deteriorated slightly, the songs were still as enjoyable, if not better as when I heard them off the original '70s LPs.

After all the hits, the finale was a political speech on "legalization" and regardless of one's views it was quite well put together and did have an amusing song to go along with it.

All in all I am glad that I saw them before they are too old to remember their names. I guess Mary Jane doesn't really impact your memory. They are still as sharp

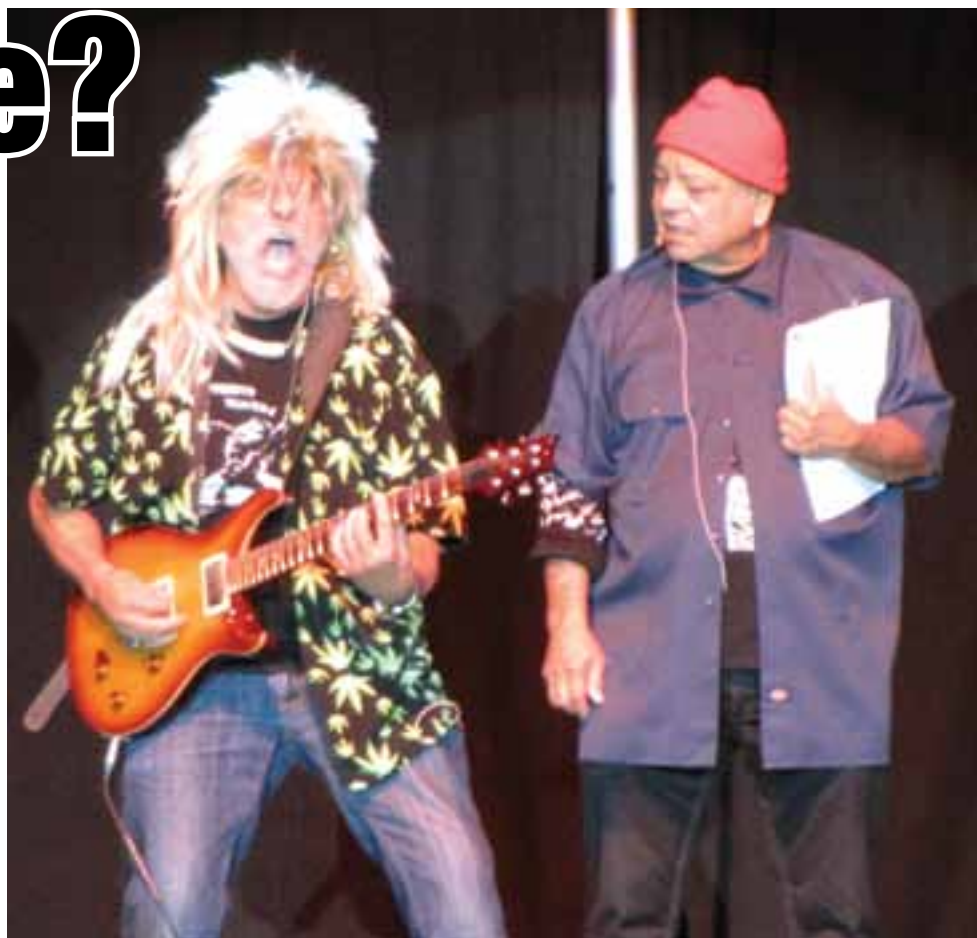


Photo by Chris Thompson

Cheech and Chong

as they were when they were in their 30's. The only advice I would offer these guys is that they should quit while they are ahead and let their audience enjoy the good mem-

ories that come from seeing them perform while they are on their game. Cheech and Chong are and always have been the original stoner comedians.

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By GRAHAM MOSIMANN

For those who miss summer ...
There was a time last week when drivers could roll their windows down, open up

the sunroof and drive down Jasper Avenue blasting music ... then our false sense of security evaporated and winter decided to show up again and back up went the windows. It hurts, eh? If you're missing that warmth, get onto iTunes and download the following track list so you can crank the heater, crank the music and fool yourself into thinking it's summer once more. Parts of this play-list will be featured on NR92 if you need a listen! Just wait for a cue to call and ask for any of these songs to bring back the feelings of summer. All these tracks are meant to be really upbeat and

give you that go-lucky feeling that usually accompanies summer and usually Reading Week! A Celtic vibe is always a good way to put yourself into a good mood, especially if you're planning on enjoying a boozy beverage, this is where 'Drunken Lullabies' comes in. "I Am the Walrus" is meant to loosen you up before the wonderfulness of the summer is able to overcome you! You can find any of these songs on iTunes.

1. I Am the Walrus – The Beatles
2. You Could Have Been a Lady – April Wine
3. Kids Wanna' Rock – Bryan Adams

4. Drunken Lullabies – Flogging Molly
5. I'm Shipping Up to Boston – The Dropkick Murphys
6. Nothing But a Song – Great Big Sea
7. Juliette – Hollerado
8. I'm Yours – Jason Mraz
9. Suddenly I See – KT Tunstall
10. Dashboard – Modest Mouse
11. Dance, Dance, Dance – Steve Miller Band
12. Don't Do Me Like That – Tom Petty & The Heartbreakers
13. Boys in the Bright White Sports Car – Trooper

VIRAL VIDEO OF THE WEEK

This video is a real scream

By MARC MAJEAU

I'm going to start this off by saying that I have seen this video hundreds of times, and yet, every time I watch it, I end up in stitches, laughing harder than the last time.

The video in question this week is "The Who – Best Cry Ever". It's a mash up of two of the most popular shows on TV right now.

Former boxer Rocky Lockridge appeared on the hit A&E

show *Intervention* in April of 2010. When he was finally confronted by his friends and family about his drug issue, Rocky began to cry, and then belted out one of the strangest noises you'll ever hear in your life. Rocky's cry became an instant YouTube hit, spawning multiple spinoffs, including "Best Cry Ever Won't Get Fooled Again".

This video is funny enough on its own, until I stumbled upon this gem. YouTube user "BeefcakeObama" decided to mash up the cry from Rocky, with "Won't Get Fooled Again" by The Who. "Won't Get Fooled Again" is actually the theme song from the hit CBS television show

CSI: Miami and the song itself has actually spawned more than a few remixes.

I like cheese, and I like hamburgers. Put them together, and I love cheeseburgers. I love "Best Cry Ever" and I love "Won't Get Fooled Again." Put them together, and I really love "Best Cry Ever Won't Get Fooled Again". <http://www.youtube.com/watch?v=GINSnOecCt8>

In case you feel bad for laughing at someone going through an intervention, don't worry. Rocky Lockridge has been off drugs ever since that episode aired and has shown an interest in training young boxers.



Folk times 2

By LACE SENIO
Entertainment Editor

Good things come in pairs. It is the truth; a known fact. Two is better than one. Think of all the great things that come in pairs: a pair of eyes, a pair of shoes, a pair of jeans. And two scoops of ice cream, two horses pulling a carriage, two gifts, two, erm, lovers. You know, everything is better when it is doubled. Especially if it is folk music!

That is why NAITSA and the Nest are shaking up tonight's Indie Night. Tonight (Thursday) instead of only one band rocking out at the Nest, there will be two acts. Sarah Burton and Sean Pinchin are both ready to wow everyone who stops by the Nest tonight.

Both Pinchin and Burton are folk singer/songwriters from Toronto who will share their beautiful folk songs with the students of NAIT.

Pinchin started playing the guitar when he was 14. He, like most young things, fooled around with it and taught himself how to play. He played with several different bands until finally going on a solo tangent, which has ended up being a great decision.

Pinchin's music has been described as "one part passion and one part therapy." His folk/blues songs tell a story and ultimately are his way of releasing his inner

demons and coming to terms with life.

"I have been dealing with depression for a long, long time," he has been quoted as saying. "I guess I feel close to the music because there is a sense of optimism and hope. The blues singer to me was a very strong, wise and experienced person. I always looked up to them for clues on how to deal with my own issues."

Burton has also been dabbling in music since a young age. At three-years-old, she was taking piano lessons. Then at 13, much like Pinchin, she picked up a guitar and learned the tricks of the trade. Since picking up that old guitar, Burton has never looked back.

Her songs are folkly and beautiful. She has a light hearted voice that will melt your heart. Especially on her recently released full length album, *Mayflower*, which has been described as "a fresh sound that is sweet but rough around the edges, diverse but cohesive."

Both Pinchin and Burton will be bringing some heavy-duty folk to Indie Night and it will be interesting to see them put their best "folk" forward. Two acts in one night? I don't know if you will be able to handle it, I know I sure am excited to see this array of Canadian talent. See you at the Nest, at 4:30 for some serious folk!



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DRIVE A GOOD BARGAIN.



Photo by Megan Stoneman

Carmen Lucia entertains the crowd at the Nest last Thursday, Feb. 3.

Voice of an angel at the Nest

By LACE SENIO
Entertainment Editor

On Thursday Feb. 3, Carmen Lucia graced the stage at the Nest. It was a pleasant performance filled with passion and amazing music. Every Thursday, Nest-goers gather for a show, but when Carmen Lucia opened her mouth, what happened was not merely a show, but an experience.

With a voice that would take your breath

away, Lucia took the stage with reassurance and confidence. The performance followed suit. The audience was wooed with Lucia's jazzy ballads and by the way she played the keyboard. "Fully Loaded" was a crowd favourite, a cheek-in-tongue tune about an ex lover. Carmen Lucia played a lot of covers, and the crowd was able to sing along.

Members of the audience claimed that "It was an amazing show. She has such

an inspiring voice. I wish I had half of her talent."

Ever since she was a little girl, Carmen Lucia enjoyed music, and basically taught herself everything she knows. She knew that she had a special talent and dedicated her childhood years to training herself vocally and on the piano. In 2008, Lucia was enrolled in Grant MacEwan University, under the music program. Since then, she has been doing everything she can to live the most musical life possible. That includes playing crowds, much like those at the Nest, but also recording and teaching her musical knowledge to others.

Such a beautiful voice and a great show went down at the Nest last week. If you weren't there, then you missed out.

The Nest will host another Indie Night tonight (Thursday) and we will soon see if Sean Pinchin and Sarah Burton can top Lucia's outstanding performance. It will be tough to beat, that is for sure. I suggest you get your butt to the Nest to find out! Music starts at 4:30 p.m.

"We had a lot of fun, and the Nest is incredibly awesome, one of the best places to play gigs. Thank you, the Nest, for having us," said Lucia.

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Your NAIT Students' Association is looking for marketers and promoters to spread the word about upcoming NAITSA activities to other students on the NAIT main campus.

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If you are interested please visit NAITSA in E-131 with your resume and ask for Teagan.

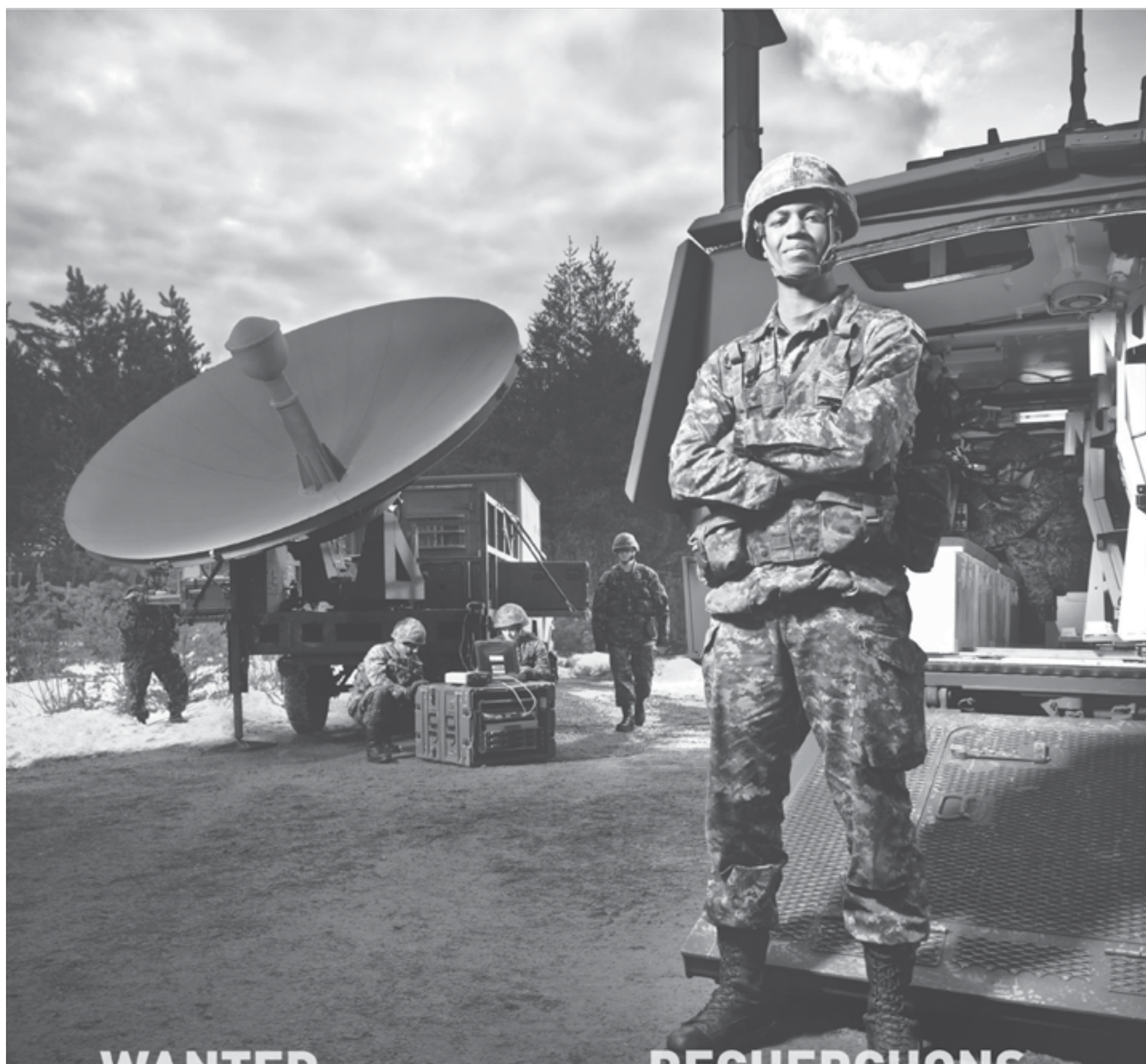
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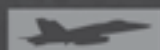
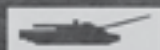
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Weekend Kids up for award

By CHRISTINE VU

Local pop-punk band The Weekend Kids invited me to one of their shows at DV8 to talk about their song, "Twenty-Something", which has been nominated for best single and best music video at the Edmonton Music Awards.

When I walked into DV8, guitarist Pete Nguyen was there to greet me. After I had been stamped, he led me around the bar rounding up the rest of the band. It was nice to see that the guys were not just sitting in a room waiting to go on, an hour away from show time. Instead, they were in different parts of the venue, hanging out with everyone. Philam Nguyen, who plays bass guitar, was sitting at a table closest to the front. The band's lead vocals and guitarist, Andrew Nguyen, was sitting at a small makeshift merch table in the back of the bar. With him was the last band member to be collected, Daminh Nguyen the drummer.

As soon as The Weekend Kids assembled, we looked for a quiet place away from the noisy bar to do the interview. Wanting to escape the cold, we ambled into Pete's nearby car. The first thing I found out was that their last name Nguyen was not a coincidence. They were all related. Daminh, Philam and Pete are brothers, and Andrew is their cousin. Andrew is also a NAIT student who is taking Construction Engineering Technology.

With simple facts out of the way, we were finally able to talk about their EMA nominations,

mainly for best video. The guys found out about the exciting news from a friend who had called to congratulate them.

The video was filmed and produced by their friend, Logan Mackay. They did not plan very much of the video. A keg was bought, friends were invited and the rest is history.

"We told our friends to come and bring whatever they wanted to bring," says Pete, "We filmed, and kind of just let it happen."

In the video, the band is playing for a small crowd in their garage. People are engaging in many activities such as head banging, wrestling, break dancing and singing along into the mics with the band.

Among the many props that were contributed by friends, you can see a guy dressed in a Top Gun uniform, an inflatable shark and a faulty motorcycle that ends the video by blowing out copious amounts of smoke as the crowd cheers on.

"The inspiration for the video is our friends. That's how they are," says Pete in appreciation. "They were just fun friends of ours and most of our nights end up something like that."

After hanging out with The Weekend Kids it was evident that they were in music for the right reason. They do it because they love it. The video was initially something they did for fun and a nomination in recognition of their hard work is the cherry on top.



ourstage.com

The Weekend Kids

LBP2 a real gem

By KITA MURU

Little Big Planet was an absolute gem of a title that came out on the PS3 back in 2008. It exhibited user created content and sack boys getting fried and electrocuted while trying to navigate levels. After its release, it opened up a whole new way for gamers to express their creativity and imaginations, like making an entire level of the '80s side-scrolling shooter Gradius.

The sequel, *Little Big Planet 2* is essentially more of the same experience you get from *Little Big Planet*, only in LBP2 there's a whole lot more to do. In LBP1, you were able to play through, create and share your levels with other players using an incredibly robust creation tool. It was incredible, but mostly confined to a two-dimensional platformer in the vein of the old Super Mario titles. However LBP2 puts in more stuff to increase the number of things you can create.

LBP2 looks solid, it's not "state of the art" like *Killzone 3* or any other game on the PS3 with exceptionally high graphical quality, but it does the job, especially with the amount of stuff in the game. There's a story mode added to LBP2 which can be summed up as sack boy trying to stop a vacuum. The story has over 30 levels to play through and even

though it's fairly non-existent, it's not the primary reason to play this game.

As mentioned before, the main feature of LBP2 is the ability to create play through and share levels, only instead of making only a platformer, you can now make a racing, sports, puzzle and/or role-playing game. You can make cut-scenes to that game, add sound effects to it, link levels together and even have sack-bots as AI partners or enemies. LBP2 also has improved community support, being able to check out your levels as well as others and you can also play levels from LBP1 in LBP2.

If there are any problems to be had with *Little Big Planet 2*, it would lie in the jumping still being floaty, the levels possibly being too difficult or the amount of stuff to create being too vast that you wouldn't know what to do with it. But other than that, it's a marvelous game that's too vast to describe for around 400 letters and has as much lasting appeal as your imagination lets it.

Now if you'll excuse me, I have to figure out how the hell I'm going to make a level based on the stealth bomber mission in *Call Of Duty: Black Ops*

★★★★★



Rags to riches



SHOOT FOR THE STARS

LACEY SENIO
Entertainment Editor

The venue was hot and sweaty. There were millions of people around, and they were shouting and screaming ... my name. Millions of people, out in a crowd came to see me sing. I had waited for this moment all of my life and yet here I was, again, ready to start belting my number one song. Oh, my dream had come true.

This, I am assuming, is something of the sort that goes through Justin Bieber's head, just before each and every one of his concerts. I mean, he is Bieber. He has the world at his finger tips, ready for the taking. And whether you love him or hate him, you have to admit, all of his dreams are coming true.

"I'm looking forward to influencing others in a positive way. My message is you can do anything if you just put your mind to it," Bieber has been quoted as saying.

Justin Bieber is one of the most famous Canadian pop/R&B singers out in the market right now, and he is currently only 16-years-old. His fast fame came because of a YouTube video that showed him singing his little heart out. Scooter Braun, who is now Bieber's manager, was the one who had originally found the video. Since then Bieber has signed a record deal with Island Records. Life took off for Bieber and he has never looked back.

"Young people in the business have grown up and made the wrong decisions or bad decisions and haven't been good role models. To be someone that people look up to is important to me," says Bieber.

Bieber grew up in a Stratford, Ontario. His mother raised him single handedly and tried her hardest to give him the best life possible. The fact is, however, that Bieber's story is your typical rags to riches tale. It warms the heart to know that all of the crazy, yet definitely deserved success, is adding to his quality of life.

I mean, it would add to my quality of life too if my debut single was widely successful in over 10 different countries, much like that of Bieber's. It seems ridiculous for the general public to relate to this story of success, though. It is a dream come true for Bieber, having a platinum album and a selection of No. 1s.

"I grew up below the poverty line. I didn't have as much as other people did. I think it made me stronger as a person, it built my character. Now I have a 4.0 grade point average

and I want to go to college and just become a better person." Bieber is quoted as saying.

And then folks, just when you think Bieber mania could not possibly get any more out of hand, the announcement of the Bieber movie was made. A movie of Bieber's life? *Justin Bieber: Never Say Never*, is to be released on Feb. 11, right in time for Valentine's Day. That makes me want to gag a little bit but there will be a wide variety of "tweens" desperate to get their hands on Bieb's tickets, an overthrow of society for a weekend or so. And Bieber's pockets will surely grow with all of this new exploitation.

"I've got my eye on a few things to spend my money on. I've got my own bank card but I am really good with money. I don't spend too much at all," he says.

Really though, what is the harm in this? Haven't we all got our own ridiculous dreams? Maybe you want to be just like Bieber and be a teen pop sensation or maybe you want to be a filthy rich hockey player. It doesn't really matter, we all have those secret desires for fame and fortune. Bieber got lucky. And now he



justjaredjr.buzznet.com

Justin Bieber

probably has a private jet.

All Bieber quotes were taken from a selection of Bieber fan sites, and all information was taken from Bieber bio's online. Now I better get back to the YouTube video I am making of myself singing. Fame or terrible, terrible ridicule, here I come!

Teenage DJ loving his life

By TIFFANY LIZEE

If there is one thing to say about this young man it would be, where did he come from? Porter Robinson, the 18-year-old hunk from North Carolina, got his claim to fame when "Say My Name" shot to No. 1 on Beatport's Electro-House chart. He not only had them doing just that, but also left everyone wanting more. Before graduating high school, he was the most sought out DJ in the East and earned sup-



Porter Robinson

port from incredible DJs such as Tiesto, Paul Van Dyk, David Guetta, The Crystal Method and Armand Van Helden. His music is catchy, up beat and has landed him shows across the world.

Now he is coming to Edmonton with legends Skrillex, Tommy Lee and DJ Aero on the 16th at Oil City Roadhouse. This is going to be an unreal show, especially if you are into hard-hitting house music. I was lucky enough to land a quick interview with him and I couldn't be happier. As you read on, you'll notice he is a down-to-earth, every day kind of guy.

Nugget: When you first started making a name for yourself, were you nervous? How did it feel?

PR: Oh no, I was definitely more excited that anything. Getting recognition isn't as much of a double-edged sword as people like to make it out to be. So far my experience of it has been pure fun. I absolutely love my life and I wouldn't go back. The really nerve-racking thing is performance, and even that is a blast. I wouldn't change that either – that anxiety, that excitement, it makes it real. If I didn't get butterflies before I performed, then I'd be totally jaded.

Nugget: What do you do to prepare yourself for a show?

PR: I practise and practise and practise. I try to gauge the tastes of the audience. You approach a set in a totally different way, in my opinion, depending on what the guy in front of you played. Following up a banger set, as

opposed to say, a pop-house set or a progressive house set, is a totally different experience. I also make lots and lots of edits to other people's songs. One thing I aspire to is to eventually have my entire DJ set consist of songs that I had at least some influence on. Playing other people's music is a bit unearned. I try to put my music production skills to work and improve other people's tracks.

Nugget: Who did you look up to as a child and who do you look up to now?

PR: I don't know – since I'm 18, some people still consider me a child. I earned the nickname "The Justin Bieber of Electro" for a little while ... (Laughs). The people I really look up to are the artists whose musical priorities really resemble my own. When I make a song, I try to make it as exciting, energetic, powerful and detailed as possible. Wolfgang Gartner, Pendulum, Noisia, Dirtyloud – these are the guys who are really clearly pushing themselves.

Nugget: When you have time for yourself, what do you do for fun?

PR: I used to play videogames, but I've grown a bit tired of them. My life is seriously so fun that when I try to play games, I find myself wanting to produce a track or work on an edit for my DJ set. I absolutely adore the work that I do and it makes leisure time a little bit boring. I make music for fun – and I also do it professionally.

Nugget: You are still so young, what are your future plans?

PR: I think what I've been presented with

has been something of a once in a lifetime opportunity. I plan to continue to pursue music as far as I can take it. I can imagine myself 30 years later just totally kicking myself for not putting everything into music while I had this amazing chance. So I'm going to stick with music.

Nugget: Explain to a girl, who grew up under a rock, what this industry is like?

PR: Don't sweat it – I grew up under a rock too. I'm from Chapel Hill, North Carolina – I still live there – and it's about as remote to the music industry as you can possibly get. There's virtually no electronic music scene there, so when I started getting involved with the international music industry, I had to learn on the job. Honestly, I think the music industry is awesome. Cynics love to bemoan the industry, but I haven't really experienced much of the thievery and underhandedness people talk about. Most people I've encountered in the music industry have been fun, hardworking and honest people. It's a crowd I'll be happy to stick with.

Nugget: Finally, Is there something that you can tell me about yourself that not a lot of people know about?

PR: One quirky thing is that whenever the people responsible for getting me to a gig pick me up before a show, I almost always request some Taco Bell. I'm a huge fan of the crunch-wrap supreme. T9, people. Request it.

I hope you to see you all on Feb. 16 cheering on this young, booming DJ.

Valentine's Day two ways



WHAT'S 'TASH-INING'

NATASCHA BRUHIN
Assistant Entertainment Editor

The week has arrived. The official week of love/hell (of course, this all depends on whether you're single or taken). Boys, you might have noticed your girlfriend ever so casually mention how pretty that Tiffany charm in the store window is and let me tell you something right now: that thought didn't just "casually" pop into her head. She has probably already looked up the price and chain sizes of the charm online and has spilled to her girlfriends in detail about how much she loves and adores that necklace.

My point? It's Valentine's Day week, so you better pay close attention to every single word that comes out of your girlfriend's mouth because nothing she says this week is without purpose. You may laugh at what I'm saying, but I'm only trying to spare you a very lonely

Valentine's Day come Monday, when you show up at her place with the silly, naïve belief that she really, truly meant it when she said she just wanted to "watch the game" with you.

Because here's the thing: Yes, Valentine's Day is only one day, and yes, some people think it's just a holiday made up by Hallmark, blah, blah, blah... But there is history behind it. We have all these other holidays that celebrate things like drinking green beer all day or playing practical jokes on each other, yet we can't accept one day when we celebrate love? Valentine's Day isn't just for couples. It's for celebrating the love you have for your friends, your family, heck, even your pet. I have a friend whose parents get her a little gift every year on Valentine's Day. Why isn't that more universal?

This Valentine's Day, think deeper than just having to buy your significant other flowers like it's a chore. I would really take the time to get creative and plan a memorable night with your friends, family or lovah. Here are my three romantic and three anti-Val-

entine's Day ideas to help you out:

Three Romantic Ideas

1. Reenact your first date. If, for example, you went out to dinner, take him or her there this Valentine's Day. Sit in the same spot, order the same food and try to remember what you two first talked about. If you really want to get sentimental, reenact the first kiss you had at the end of the night!

2. Buy flowers, but with a twist.

Getting your loved one beautiful flowers is one thing, but if you stuck a silk flower in there, that would really up the ante! All the other flowers will die eventually, but the silk one will remain perfect forever. Just like your relationship ☺

3. Perfect blend of Sweet and Horrific!

So, what's better than curling up together watching horror flicks all night? How about with some dessert on the side? Without having to hurt your wallet, pick up some cupcakes on the way home — they're the perfect helping of sweetness and your total money spent will be under 10 bucks.



Avoid it with laser tag.



farm3.static.flickr.com

Say it with sweets.

Three Anti-Valentine's Day Ideas

1. When the going gets tough, the tough gets doughing.

Cookie dough. Enough said.

2. Paintballing or laser tag is the perfect solution if you want to get rid of some Valentine's Day rage, but you don't want to seriously harm anyone. Not only is it great therapy, it's also insanely fun. Go with a group of friends or family and witness the intensity seriously go up in the room.

3. Girls/Boys Night Out.

So you're not tied down at the moment? Who cares?! Go live it up with your friends on a rare Monday night out on the town. St. Valentine who?

Skins raising hackles in U.S.

By **CHRISTINE VU**

Before even airing on Jan. 17, MTV's new scripted racy television series, *Skins*, was causing controversy and it continues to do so. The show is an adaptation of a UK show of the same name. Father and son creators Bryan Elsley and Jamie Brittain thought an American audience was ready for a wild teen drama infused with drugs and alcohol. They were half wrong.

The Parents Television Council (PTC) has waged war on the *Skins*. An investigation of MTV for child pornography was urged. The reason being, in the third episode of the season, actor Jesse Carere can be seen streaking from behind. He was only 17 at the time of filming. MTV has since then edited the scene but that did not do much to settle the nerves of parents and adults.

As a result of the uproar from the public, sponsors have cut their commercials from airing during the show. Such brands include Taco Bell, Foot locker and Kraft. Officials of the companies have stated that the show did not fit their image.

Some advertisers still stand by *Skins*. Clearasil, an acne treatment product continues to air its commercial but has made it clear that they do not endorse the behaviour exhibited on *Skins*. Meanwhile, Doctor's Associates, the company that owns the Subway brand, decided to pull Subway ads after the first episode was broadcast.

During the first episode alone, 42 instances of drug and alcohol use and sex were counted, according to the PTC. All this free publicity from the PTC has spawned even more attention for *Skins*. Recently, an SNL spoof featuring *Social Network* star Jesse Eisenberg made light of the *Skins* situation. Comedic website *Funny or Die* streams an exclusive video called "Teenagers Thank the Parents Television Council." The video points out that the PTC has done nothing but give *Skins* a rebellious reputation, which ends up drawing in young viewers.

That is where the other half of the argument comes in. *Skins* is a show for teens done by teens. The writers and actors are all young and inexperienced in the business. The oldest actor who portrays a teenager is 20 years old. The rest range from 15 to 17-years-old. The producers also consult a board of teen advisers

to ensure authenticity.

MTV's strongest argument for the more than suggestive content is that it is real. Looking past all of the drug and alcohol abuse are dynamic characters that teenagers can relate to. But is that a good thing? On the official MTV *Skins* website, a map displays stories submitted by real teens from all over the globe. These stories involve "Skins parties", which are parties inspired

by both UK and MTV *Skins*.

Despite the PTC's efforts, MTV continues to air new episodes of *Skins*. Parents or anyone concerned about the behaviour on the television program should see it as a cautionary tale and use it as a learning tool to guide teens on the right path. If you can't fight 'em, join 'em.



Image.com

Teen drama about sex and drugs too much for some audiences.



Photo by Caitlin Cronenberg

Elias

Elias taking in the sights

By ALI MAGEE

This past Saturday Edmonton hosted Canadian rock band Finger Eleven and their opening performers Elias for the second last performance on their East to West Coast nation-wide tour. The concert was a huge success for both bands; the most notable performance for the opening band was their recently popular song, "Dropout."

"We've had some good shows in the most random spots" says Rob Tornroos, lead guitarist of Elias. "We played North Bay, Ontario for the first time, which is really far north. It was the first day of the tour, it was really cold – like minus-30!"

The band appreciates the amount of support

they've been receiving in the smaller locations.

"We've been shocked at some of the places where it seems like the whole town has come out to watch us perform."

Formed originally by Tornroos and lead singer Brian Healy, Elias began in Vancouver in 2005 and remained low key until 2010 when they had a breakout year, receiving the opportunity to tour with Finger Eleven. The band name came from Oliver Stone's *Platoon*.

"We're big movie buffs," explains Tornroos. "It was one of those things where we liked the sound of it and the connotations really suited where we were at."

With an original indie-rock sound, Elias has been influenced by a variety of artists.

"Growing up, speaking for Brian and myself, we were both into the British music of the late '90s, early '00s; Radiohead, Coldplay and Muse were the main catalyst for me and Brian getting along musically together."

Tornroos admits that the musical interests have evolved.

"We've been playing together for 10 years, and you can definitely see a broad change over the years. When you start off, you're heavily influenced by the music you listen to. We were constantly compared to Radiohead, but I don't really hear that in our music anymore."

After the tour, Elias plans to go back to Vancouver to write and record. The band wants to continue with the hype of touring with a

band as successful as Finger Eleven.

"I guess the ultimate goal for us coming up is just to survive in this crazy business," Tornroos said.

The guitarist understands the risks of being in the music industry.

"It's tough these days when CDs aren't selling and live shows are difficult to get – especially in Canada, we have the toughest country in the world to be a touring band in because we're so big."

The band hopes to build on the album that they've currently had out for over a year and a half. Elias has music available to download on iTunes, be sure to check them out and support this up and coming West Coast band!

CD uneven effort

By RACHEL JACQUES
Editor-in-Chief

I have been so packed down with homework and projects this week that I needed a good CD to keep me going. David Guetta's *One More Love* happened to be in my computer. Guetta enlisted a lot of well-known performers for this CD. Besides Kelly Rowland and Akon, he brought back Chris Willis, Kid Cudi, Novel, Rihanna and Apl De Ap from the Black Eyed Peas.

The CD started out with the ever-popular "Sexy Bitch." This is such a catchy song because it has a good beat and underlying repeated cords that make you tap your foot to the rhythm.

Most of the other songs on this album, such as "Memories," "Who's That Chick" and "On the Dance Floor" had my foot tapping and my head bobbing. However, "I Gotta Feeling" and "When Love Takes

Over" were just ... bad.

I've never liked "I Gotta Feeling." It was overplayed back when it was released, and the radio just killed it. Guetta decided to revive this song and he didn't do it any good. The mixes are alright but don't really work for the song itself. "When Love takes Over" isn't awful, but it isn't good either. Again, the basis for a good song is there but there is no follow through.

For this album, Guetta had been reaching for the stars and he found them. They are strategically placed throughout his album. However, I think his material needs a little work. Throwing some guest stars on substandard tracks doesn't make you one. I give David Guetta's *One More Love* three stars out of five.



I think his material needs a little work. Throwing some guest stars on substandard tracks doesn't make you one.



Super survival flick

By **GRAHAM MOSIMANN**

James Cameron hasn't had a film with his name in the credits since the plot-less *Avatar*, and *Sanctum* marks his return to the silver screen. Most films only have one or two scenes that make you sit back and go "Wow", but *Sanctum* has moments that are heart wrenching and painfully real.

It's based off of a true survival story about a group of cavers in Papua, New Guinea. The film begins with the young son of a world famous caver returning to a mammoth, unexplored cave system that his father is exploring, only to have the entire plan go down the tubes.

Now, before the opening credits roll, you are greeted with a message about how the film was based off of true events so you know that someone(s) will survive. Survival movies generally have a very standard and predictable plot and while there are a few foreseeable events,

Dinosaurs existed longer?

EDMONTON (CUP) — A new technique to date dinosaur bones developed by a University of Alberta researcher may prove that dinosaurs lived up to 700,000 years past previously recognized extinction dates.

The results challenge the view that dinosaurs died out in a relatively short period, around 65.5 or 66 million years ago. It means the idea of one huge meteorite wiping out the dinosaurs may need a radical revamp.

"It's still possible that a meteorite or a series of meteorite impacts in a one- or two-million-year period around that time did cause enough devastation to really stress animals like dinosaurs. But it wasn't an instantaneous event," explained Larry Heaman, the researcher behind the testing technique.

The researchers took a fossilized femur of a sauropod and, using a new uranium isotope dating method, found that it yields a date of only 63.9–65.7 million years ago, meaning this particular dinosaur was alive up to 700,000 years after the mass extinction event.

Heaman collaborated with U.S. Geological Survey researcher James Fassett, who has been trying for nearly three decades to prove some dinosaurs lived past the Cretaceous-Tertiary Boundary, a worldwide sediment layer enriched in meteorite materials that traditionally marks the demise of the dinosaurs.

Although some dinosaur bones have been found physically above the Cretaceous-Tertiary Boundary, in a period called the Paleocene, most palaeontologists believed that they had simply been washed out from older sediments and re-deposited with younger ones.

they aren't enough to make you notice. *Sanctum* has these flaws, but it makes up for them with amazing and heart wrenching scenes. The characters are interesting, but the female presence in the film can become really quite irritating, and there are some lines from the grizzled old diver that makes you think of an Australian Clint Eastwood.

It is an edgy thriller that does an excellent job as a survival film and is able to take you on an emotional gambit. You feel the characters' claustrophobia in the waterlogged caves. You feel the pain of the survivors, and you have those moments of hope before they

are dashed away in a surge of water.

It must be said though, that the best scenes in this movie are the ones where the characters are killed. They happen so fast, and in a way that is so believable you almost have to turn away when you realize that this was based on a true story. I recommend that you all go see *Sanctum*, so you can sit back and become sucked deep underground into deadly cave networks with these cavers.

In the end, four drowned unicorns out of five.



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CROSSWORD

- Across**
1- Follows orders
6- Wagons
11- Convened
14- Word after Anglo
15- a time
16- -Locka, Florida
17- Thin glutinous mud
18- Dogmatic
20- Capp and Capone
21- Brio
23- Alert
24- Wearies
26- Snappy comebacks
28- Required
30- Started
31- Possessed
32- Assert as a fact
33- Draft org.
36- Tailless rodent
37- Backs of feet
38- Seaweed
39- Chemical ending
40- Woman in charge of a household
41- "Pomp and Circumstance" composer
42- Hired parker
43- Glacial epoch
44- Opportunely
47- More mature
48- Young of the dog
49- Skillfully
50- Comic Margaret
53- Mental strength
56- Capital of South Korea
58- Actress Merkel
59- Taboos
60- Foolish
61- Author Deighton
62- Farm birds
63- voce
- Down**
1- Greek peak
2- Sphere
3- Being
4- Kippur
5- Scoffed
6- Musical endings
7- Auth. unknown
8- VCR button
9- Make lace
10- Layer of material
11- Echolocation
12- "The covers of this book are too far
 " — Bierce
13- Stories
19- Victor's cry
22- Conducted
25- Brain wave
26- Kingdom
27- Sponsorship
28- Uh-uh
29- Actor McGregor
30- Sheep cry
32- Gives up
33- Cover with sugar
34- Heroin, slangily
35- Beget
37- Circle of light often seen around the
 head of saints
38- Hightail it
40- The act of making maps
41- Molting
42- Electrical unit
43- Sick
44- Dreadful
45- Call
46- Aired again
47- Corpulent

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48							49					50	51	52
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58					59						60			
61					62						63			

49- Bustles
51- Search thoroughly
52- Bread spread
54- Digit of the foot
55- Article in Le Monde

57- Brian of Roxy Music
Puzzles provided by BestCrosswords.
com (<http://www.bestcrosswords.com>).
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SOLUTION: Page 28



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Those old familiar songs

By **MATT VAN BOEYEN**

Great music is great music, and NR92 has no shortage of that. The different radio shows hosted by first, second and third semester NAIT students provide such a wide array of musical tastes that anyone can tune in at a specific time and find something they enjoy. Most of the songs on these shows are simply favourite songs of the on-air hosts, but Christine Vu's Sunday evening show, *The Soundtrack*, takes a bit of a different approach. I sat down with Christine to learn about her stylistic new show.

Matt Van Boeyen: Tell me a little bit about your show, *The Soundtrack*.

Christine Vu: *The Soundtrack* is based on of music that I've discovered from watching movies and TV and it's on NR92 every Sunday night from 6 to 7 p.m. Whenever I watch a movie, I always find myself listening for songs I enjoy and then looking them up afterwards. It's actually a really great way to discover new music.

MVB: So your show has a focus on movies and the music that makes them great?

CV: Movies and TV. I think that music can elevate a scene to something really special. Having a musical element really adds to the feel of a scene for me.

MVB: Does *The Soundtrack* follow a specific format?

CV: Not really. Some shows may have a specific theme to them, but not all. I also may have discovered a group through a soundtrack, and found other music by that artist that I enjoy. I'll definitely be playing some of that as well. I'll talk about artists I like who are coming through Edmonton, too. Joshua Radin is coming to town in March, and I'm excited about that for sure.

MVB: What types of soundtracks will you be playing on your show?

CV: I don't want to restrict myself to a specific genre, so I'll play a little bit of everything. Old soundtracks, new soundtracks ... I don't really know! I guess you'll have to tune in to really find out.

MVB: So what are some of your favourite soundtracks that we might hear on your show?

CV: I'm a huge fan of *Almost Famous*, both the soundtrack and the movie itself. I love Zach Braff too, so you can include almost anything he's involved in. *The Last Kiss* one of his that I love. I think he helped pick out lots of the music for *Scrubs* too, so I'm a pretty big fan.

MVB: What kind of audience are you hoping to attract?

CV: I guess anybody who has an appreciation for movie or TV music. I think that's pretty much everyone! Anybody can enjoy *The Soundtrack*.

MVB: If you were going to make a soundtrack of your own life, what would be on it?

CV: That was actually one of my ideas for a themed show! Hmmm, it's tough. Definitely "Tiny Dancer" by Elton John. I guess I would include anything with a lot of sentimental value. It's hard, because there are so many songs I would love to put on there. With my life where it is right now, I'd have to put on "Here Comes the Sun" by The Beatles as well.

MVB: Who would be your dream guest to

have on *The Soundtrack*?

CV: Ray LaMontagne for sure. Nicki Minaj too. Maybe both at the same time!

MVB: Who do you think is going to win Best Picture at the Oscars this year?

CV: I would really like *Toy Story 3* to win, but I think it'll probably end up being *The Social Network*.

MVB: Where can we find *The Soundtrack* online?

CV: Well you can always listen live at www.nr92.com. You can also find *The Soundtrack* on Facebook @The Soundtrack on NR92, and on Twitter @SoundtrackNAIT. Anybody can always request their favourite soundtrack songs through either of our social media profiles.

The Soundtrack runs every Sunday evening from 6 to 7 p.m. on NR92. Be sure to tune in for some great songs with some great movies and television shows behind them.



Photo by Ali Moore

Christine Vu offers up all those favourite tunes from movies and television shows.

CROSSWORD SOLUTION

1	O	B	E	Y	S		6	C	A	R	T	S		11	S	A	T		
14	S	A	X	O	N		15	O	N	E	A	T		16	O	P	A		
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28	N	29	E	E	D	E	D		30	B	E	G	U	N					
31	O	W	N	E	D		32	C	L	A	I	M		33	S	34	S	35	S
36	P	A	C	A		37	H	E	E	L	S		38	F	U	C	I		
39	E	N	E		40	M	A	D	A	M		41	E	L	G	A	R		
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44	A	45	P	46	R	O	P	O	S		47	O	L	D	E	R			
48	W	H	E	L	P			49	A	B	L	Y		50	C	51	H	52	O
53	F	O	R	T	I	54	T	55	U	D	E		56	S	57	E	O	U	L
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61	L	E	N		62	G	E	E	S	E		63	S	O	T	T	O		

Poll clerks needed

- Duration:** Feb. 17, 2011
Compensation: \$14/hour
- Poll clerks needed for the NAITSA Executive Council election polling stations on Feb. 17, 2011 (10 a.m. to 2 p.m.).
 - Must have a strong command of the English language and have a complete and clear understanding of the democratic election process.
 - All poll clerks must attend a training session on Tuesday, Feb. 15 at 4 p.m. in E-129. All clerks will be paid to attend.
 - Poll clerks must have a complete understanding of the online voting process and be comfortable in providing guidance to students.
 - Apply in person at the NAITSA office, E-131 from 9 a.m. to 4:30 p.m.

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Photo by Tiffany Lizée

Alexandra Magee, 20 Radio and Television

Favorite movie: Donnie Darko (or anything directed by Quentin Tarantino).

Nickname: Ali, Halli, Miss Magee, AliBaBa.

How do you feel about chivalry? Open the damn door!

When you go on your first date, who pays? First date – him, second date – me.

Would you meet him somewhere or have him pick you up? I would prefer him to pick me up, I feel it is alot more like a date that way.

Are you a romantic/looking for a romantic? I'm not a romantic and I'm not looking for one. I think sometimes its sweet, but it can become too much and unattractive.

The Office or Friends? The Office, Hands Down.

First date: Heels or Flats? I'm five-foot-three, so most likely heels.

Victoria Secret or La Senza? It's no secret that I would prefer Victoria Secret, I'm punny.

Lace or Silk? Lace... it's sexy, yet sweet.

Black or Red? Tough choice, I'll have to go with Black.

Are you hot and single? E-mail us at entertain@nait.ca

Omelettastic!

CAMPUS FOOD REVIEW

By SHELDON HIGGINS

Cereal or toast ... Cereal or toast ... Cereal or toast ... Why do we drag our you-know-whats out of bed every morning and always end up asking the same question? Well, all it took was an AM trip to the Nest and I was asking a brand new question – “Why didn’t I try this dish sooner?”

The dish I refer to is the Nest’s ham and cheese omelette. I recall the aroma of the fresh eggs and ham (sorry to disappoint you, Dr. Seuss fans – they weren’t green) hitting me harder then the two cups of free coffee I threw back before my meal arrived. But let’s back-track for a second here ...

I dragged my butt into the Nest the other morning (half asleep, mind you) and insisted that I wasn’t hungry – coffee would be quite enough for me to jump start my day. Sure, I saw the ham and cheese omelette on the menu initially ... the less-than-creative description “Black Forest ham and your choice of cheddar or Swiss cheese, served with hash browns and toast” but, as we all know about being a student, \$12 for a

dish seemed way too steep ... I could get two meals out of that at the grocery store! The turning point, however, was when I saw one of the guys sitting at another table with the omelette in front of him. It was then that my stomach decided it was on a mission.

The meal was amazing. They piled the ham and cheese into the folded egg like nobody’s business. They didn’t use cubed ham like most places, the kicker was deli ham (it wasn’t back bacon, so don’t try to correct me!) and so much cheese that I almost asked for a Fiber 1 bar for dessert. The cold hash browns, may I add, were less than spectacular – “hot” is usually the typical way to serve hashies, but by the time I was through with the omelette and toast, I probably wouldn’t have finished the things anyway.

I looked back on my Nest omelette experience and even though it cost \$12 for the one meal, I didn’t end up eating again for another 13 hours. Basically, I had two of the day’s meals on one plate and that’s a ‘shell’ of a way (egg reference BTW) to start your day!

Did I mention the coffee was free?

Recipe

Hemp bread in eight minutes!

Make your own; it’s awesome, cheap and full of hempy goodness.

This bread requires no yeast, no time sitting around to rise and no real effort. My first try and every one since have come out perfect leaving me with healthy, delicious bread that everyone I know is after. The hemp is the secret but you could substitute almost anything in there. Grab a package of hemp hearts from Hemper-Fi on 118 Avenue or another local health foods place to use in many recipes, on cereal or yogurt and just to snack on! Here’s how you get wicked bread with eight minutes of preparation...

Ingredients:

4 cups flour (white, whole wheat, mix, whatever)

1 teaspoon salt

1 tablespoon sugar (white or brown if dry, or honey melted into the water later on)

1 teaspoon baking soda

¼ to ½ cup hemp hearts (depending how dense you want it to come out)

1½ cups of water at room temperature (I melt honey into it instead of dry sugar)

2 tablespoons vinegar

Procedure:

Dump all the dry stuff together and give it a quick mix to blend it all up (just stick a hand in and stir).

Dump the wet stuff in and mix it all up with your hands for five to eight minutes. It will get sticky and hard to work with, then it will get a bit smoother and more elastic. I do everything in one bowl for easy cleanup. Just mix, fold, push, knead, beat the heck out of the dough for that long by hand.

Form into a ball, or a long tube, a loaf shape or whatever you want that’s a nice even shape and put it on a baking stone or a baking sheet. Slice the top all the way across with a sharp knife about one inch deep for best results.

Bake in preheated oven for 15 minutes at 420 degrees F, then turn it down to 390 F for 40 minutes. Leave it in the oven turned off but with the door opened a bit, and let it cool for about 30 to 40 minutes to finish cooking.

It is done when you pick it up and tap on the bottom. It should sound hollow. It will give you a nice solid crust, a soft doughy inside, a lot of healthy protein and Omega fatty acids for brain health and is just awesome with almost anything put on it. This is a take on Irish soda bread and can be experimented with easily, but bringing a loaf of hemp bread to a party for snacks really turns heads and perks up ears.

Note: There is no THC content in hemp raised for food and textile use. This stuff tastes amazing and is very healthy, but will not make you high, trust me, people will ask.



THE NUGGET PRESENTS:

CLUBS CORNER

Upcoming events ...

PFT 2011

What: Valentine's Bake Sale
When: Feb. 10, 11, 14;
Noon to 1 p.m.
Where: Outside NAITSA (Main Campus)

DMS 2012

What: Comedy Night
When: Feb. 10; 8 p.m.
Where: Comic Strip – West Edmonton Mall

CLXT 2012

What: The Love Stop-Valentine's Pub Night
When: Feb. 11; 9 p.m.
Where: DRUID Pub
Watch for details and/or e-mail: lauren_johnson333@hotmail.com

Club Culinaire

What: Valentine's Cupcake Sale
When: Feb. 10; 1 p.m.-2 p.m. HP Centre and 3:30 p.m.-6 p.m. outside NAITSA (main campus)
Feb. 11; 12:30 p.m.-2 p.m. HP Centre and 4:30 p.m.-6:30 p.m. Outside NAITSA (main campus)

BioSci (Year 1)

What: Candy-Gram Sale
When: Feb. 10, 11, 14; 8 a.m.-4 p.m.
Where: Campus-wide

Baker's Club

What: Valentine's Bake Sale
When: Feb. 11; 10:30 a.m.-12:30 p.m.
Where: South Lobby (main campus)

Dental Assisting

What: Pub Night
When: Feb. 11; 10 p.m.
Where: Oil City Roadhouse

PGC

What: Edmonton Rush Game
When: Feb. 11; 6 p.m.
Where: Rexall Place

OHSS

What: Comedy Club
When: Feb. 17; 8 p.m.
Where: West Edmonton Mall

MECSA

What: Beer Garden
When: February 18 3 p.m.
Where: Business Tower Lounge

Club News

Clubs Appreciation Social: Feb. 17 (4:30 p.m.)
Grant #4 Deadline: Feb. 25 (5 p.m.)
Giv'er Point Deadline: March 18 (5 p.m.)
Presidents' Connection #4: March 21 (4:30 p.m.)

Regular weekly events

Gamers of Dungeons and Dragons

What: Weekly Games
When: Fridays; 4:15-10 p.m.
Where: Room WC-312

Christian Club

What: Weekly Meetings
When: Hang Out & Learn Wednesdays 12:15 p.m.-1:10 p.m. Room E-115
Prayer Meeting Wednesdays 7:30 a.m.-8:05 a.m. Room J-207 (Multi-faith prayer room)

Latter Day Saints (LDSSA)

What: Weekly meetings
When: Thursdays 11:15 a.m.-12:10 p.m. and 12:15 p.m.-1:10 p.m.
Where: Room E-221

Karate at NAIT

What: Weekly sessions
When: Mondays, Wednesdays 7 p.m. – 9 p.m.
Saturdays 10 a.m.-Noon
Where: Room S-112

Clubs Centre Info

Hours: Monday-Friday, 8 a.m.-5 p.m.; **Phone:** (780) 471-8871
E-mail: campusclubs@nait.ca; **Website:** www.naitsa.ca
Location: Room E-133 – Main Campus
NOTE: The Clubs Centre will be closed Feb. 21-25

Aboriginal Student Club

Fundraiser

Valentine's Day

Candygram Sale!

LOVE

IS ALL WE NEED.

TO MAKE A DIFFERENCE
Send a candy gram to someone special, a boy friend, a girl friend, your instructor, a librarian, a janitor, or anyone on campus that has made a difference to you. Give us their contact info & we'll take care of the rest. (E-mail is best!)

All proceeds will go to hosting ASC's Year-End Celebration. Come discover NAIT's best kept secret and enjoy the benefits of becoming a member! For more info, check out our Facebook group or visit us at the ENCANA Centre.

WHERE & WHEN
Look for us at the Aboriginal Centre, outside of NAITSA on Tues & Wed, or during lunches. On sale until Feb 11, or while supplies last. (Act fast!)

COST OF CANDY GRAM
It's only \$3 for small or \$5 for large AND your name will go into a draw for a special Valentine Gift Basket. Spreading the LOVE is priceless!

DELIVERY & PICK-UP
On Feb 14, candy grams will be delivered to the Aboriginal Centre & ready for pick-up. (ID Required)

HOW'S YOUR 8 SECOND RIDE

FREE RIDE WEDNESDAYS

WET T-SHIRT CONTEST

\$600 IN PRIZE MONEY UP FOR GRABS

CHECK OUT THE WEBSITE FOR YOUR FREE VOUCHERS!

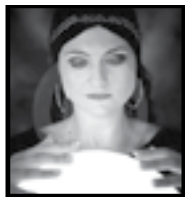
WWW.BILLYBOBSSALOON.CA

BILLY BOB'S

EDMONTON

THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

February 10-16

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Aquarius (Jan. 20-Feb. 18)

Keep a roll of toilet paper with you.

You never know when you're going to have to poop in the bush. Also, don't eat the berries.

Pisces (Feb. 19-March 20)

If a strange man named Morpheus asks you to take a red pill, gracefully decline.

Aries (March 21-April 19)

Ducks are going to be your animal this week. Try quacking.

Taurus (April 20-May 20)

Your phone is going to be the source of your troubles this week. You should probably avoid texting people of the opposite sex.

Gemini (May 21-June 20)

Your lifelong problem is solved. Use pens not pencils.

Cancer (June 21-July 22)

Don't download anything this week. Your computer will get a virus.

Leo (July 23-Aug. 22)

Study up for your next test. It's going to be a doozie.

Virgo (Aug. 23-Sept. 22)

Check the couch cushions on occasion. You never know what you're going to find.

Libra (Sept. 23-Oct. 22)

Above all, don't pick your nose on a

bumpy road.

Scorpio (Oct. 23-Nov. 21)

Massage the moose. The meaning will be clear soon.

Sagittarius (Nov. 22-Dec. 21)

Don't drunk dial. It always ends poorly.

Capricorn (Dec. 22-Jan. 19)

Watch an old TV episode, you'll learn something. The stars are aligned for MASH.

Ophiuchus

If you don't know when you were born, this is your sign.

TIP OF THE WEEK – FROM NAIT SECURITY SERVICES



Preventing identity theft



Identity theft is the unauthorized acquisition, possession or trafficking of personal information. It is also the unauthorized use of information to create a fictitious identity or to assume an existing identity. This is done to obtain financial gain, goods or services, or to conceal criminal activities.

Identity theft presents a serious threat to public safety. The impact of identity theft is felt by government, business and the public. The two major credit bureaus, Equifax and Trans Union, indicate that they each receive approximately 1,400 to 1,800 Canadian identity theft complaints every month.

Be vigilant. Protect yourself!

Theft of your identity can occur by internet, telephone, fax or through the mail. Everyone must be vigilant in protecting themselves against loss.

Be proactive in fighting identity theft.

Learn and use safety measures to minimize the chance of becoming a victim. Be wary of unsolicited e-mails, telephone calls or mail attempting to extract personal and financial information. Ask yourself if you need all of the identity documents in your wallet. Remove any cards you don't need and store them in a safe place.

Be careful about sharing personal information.

Provide personal information on the phone, mail or Internet only when you have initiated the contact or know who you are dealing with. Someone with your SIN or birth certificate can pretend they are you and make fraudulent financial transactions.

PAYMENT CARDS (CREDIT AND DEBIT)

- Periodically check your credit report, bank and credit card statements. Report irregularities promptly.
- Don't lose sight of your credit and debit cards during transactions.
- Shield your PIN when using your debit card.
- Memorize all PINs. Do not write them on the cards.
- Change your PIN regularly.

MAIL

- Shred personal and financial information before putting it in the garbage.
- Protect your mail. Deposit outgoing mail in post office boxes and remove mail from your mailbox promptly.
- If you are unable to pick up your mail, have someone pick it up for you.

HOW CAN I RECOGNIZE A SCAM?

- If it sounds too good to be true, it probably is.
- You've won a big prize in a contest that you don't recall entering.
- You're offered a once-in-a-lifetime investment that offers a huge return.
- You're told that you can buy into a lottery ticket pool that cannot lose.

You must pay or you can't play.

- "You're a winner!" but you must agree to send money to the caller in order to pay for delivery, processing, taxes, duties or some other fee in order to receive your prize.

You must give them your private financial information.

- The caller asks for all your confidential banking and/or credit card

information. Honest businesses do not require these details unless you are using that specific method of payment.

Will that be cash ... or cash?

- Often criminal telemarketers ask you to send cash or a money order, rather than a cheque or credit card. Cash is untraceable and can't be cancelled. And, crooks also have difficulty in establishing themselves as merchants with legitimate credit card companies.

The caller is more excited than you are.

- The crooks want to get you excited about this "opportunity" so that you won't be able to think clearly.

It's the manager calling.

- The person calling claims to be a government official, tax officer, banking official, lawyer or some other person in authority.

The stranger calling wants to become your best friend.

- Criminals love finding out if you're lonely and willing to talk. Once they know that, they'll try to convince you that they are your friend.

It's a limited opportunity and you're going to miss out.

- If you are pressured to make a big purchase decision immediately, it's probably not a legitimate deal. Real businesses or charities will give you a chance to check them out or think about it.

WHAT TO DO

1. Act immediately. Report the incident.
2. Notify creditors and/or financial institutions immediately.
3. File a report with the Edmonton Police Service or the RCMP.

4. Cancel credit and/or debit cards.

5. Check your credit file with both credit bureaus (Equifax and Trans Union).

6. Report fraudulent activities to:
 - a. Reporting Economic Crime Online: www.recol.ca
 - b. Phonebusters: 1-888-495-8501 www.phonebusters.com

Remember, if you don't recognize who sent you the e-mail – delete it!

If you have information about a crime, contact Campus Security Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous, and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000. Please visit www.nait.ca/security for more information.

Everybody benefits, except the criminal.

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thenugget@cu-ads.org



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THE NUGGET PRESENTS:



GRAPEVINES

Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca or submit online at www.thenuggetonline.com

Anyone see "puker" puke on the bus?
– Fellow ets hangover rider

•••

To a few girls walking around the Business Tower with see-through shirts the past week. No one needs to see that at school. Please cover up it's not flattering.
– Fashion Police

•••

Good morning! Beeeyootiful day!
Happy, Haaappy day (:

– 16Love

•••

Just wanted to speak out a little bit on a couple of many problems with this institution. Why is it that it is mandatory for us to pay money for extended health care that covers nothing of any use.

My second gripe is that whenever something needs to be downloaded for your classes, powerpoints etc., the damn computers never work or you cannot access it. For all the money we pay it would be nice to see NAIT perform like a professional institution for once.

– Squidge

•••

Dear Carpenters,

I would just like to apologize on behalf of us TV Radio Girls. (Regarding the last comment you had submitted into the Grapevine). I mean, lots of you guys are really cute too! We hadn't realized it was the Mechanics (Ew, BTW). Besides I think all of us girls would rather have a real man build us a house, than a stupid oil change.

– Sick of creepy Mechanics.

•••

Shout out to the red head and tall friend, thanks for taking the stairs in L. Y'all are some dime pieces.

– From the spot in L

•••

Yo dear XXX Wing girls you got a deal next Thursday 12:30 @ Chai be there. And X-Wing girls you need to step your game up haha we ain't scared of you we just don't know who you are so it's hard for us to talk to you but I guess when you're ready you'll find us cause you seem to know who we are. Oh before I forget Instrument Techs don't hate cause you wann participate, no one said you had to read what we say to our fellow NAIT hotties.

– The Three DMIT

•••

Just a thought: if all the ladies at NAIT are tired of being approached by creepy guys, please refrain from wearing a "whore outfit." Wear turtle necks and patch over the holes in your knees.

– The guy that's not saying, but just saying.

•••

Hey 3 DMIT, stop being such creeps, you're making the rest of us look bad.

– The Rest of DMIT

•••

Mice with spice is not funny, did your parents feed you paint chips as a baby? Rearranged it spells "Mice Itch Spew I" maybe a more appropriate title.

– Nugget Readers

•••

To the person pretending to represent 99.9% of public opinion at NAIT: you're level of immaturity is astounding. If you don't like Mice with Spice, don't read it – problem solved. Here's some free, well-intended advice: find some manners and sensitivity – ever know anyone who impaled himself/herself? It's not pretty. It's not funny. You have no right to joke about it. Your comment makes me sick.

– 0.01% of NAIT

•••

The guy who ridiculed the Nugget cartoon, go eff yourself! The cartoon rocks!

– Defender of Truths

•••

To 99.9% of last week's submission to Grapevines – it is okay to seek professional help. You should try being happy. And don't impale yourself. Tuition is too high, so you have to attend classes, at least till the end of the semester. If you are concerned about professional help costs, some businesses have toll free numbers, so you are already saving some money. Get well soon!

– The Cartoonist

•••

X Wing Gurlz
Lay off. And FYI the term 'XXX wing ©' is now copyrighted. Deal with it.

– The (original) girls in XXX Wing ©

•••

Dear hotties in annex,
DTF?

– Sincerely,

Orange backpack, NAIT backpack and the friend

THE NUGGET PRESENTS:



Dr.CONwisDOM

Dear Dr. CONwisDOM,

My classmates gave me a stripper name this semester and I'm starting to really like it. The problem is now I really just want to get up in class and strip for everyone. Maybe even give my lab partner a lap dance. The thing is ... I'm a guy and my class is all male. Does this mean I'm gay?

– Rooksie Devine

Dear Rooksie Devine

Hmm this does hint at you being gay ... but hey, maybe you just like the attention. Maybe you just really want to be a stripper? I'm not sure what to think here, but giving your lab partner a dance is a good way to "lessen the workload" if you know what I mean. Keep things loose. If you are in a trade, I'm pretty sure they are making fun of you ...

•••

Dear Dr. CONwisDOM,

My boyfriend has a problem. He enjoys bright pink, lacy lingerie. I don't know what to do. I love lingerie. Just not on my boyfriend. Is this an issue? Should I be worried about his sexuality? HELP ME! I love him and I don't want to break up with him, but I just can't get in the mood whenever he puts that on.

– Not so pretty in pink.

Dear Not so pretty in pink,

Wow, yeah that's a little different but you love him, and I'm sure there's something freaky

you like to do that he puts up with. You have to give a little, in order to get a little. Maybe get him to strip before you start doing the deed, you don't have to watch him do it, just humour him. I'm sure he's done the same for you.

•••

Dear CONwisDOM:

I am an older student, "mature" if you will, and I have a certain funny feeling in my stomach every time I talk to one of my teachers. She is a dead sexy fox, and really the only woman I see daily that is even close to the same age as me. Should I do something about it? Is it inappropriate to hit on a teacher? I'm worried I might be a little too old for her? HELP ME!

– Old Balls

Dear Old Balls:

It is a little inappropriate to hit on a teacher ... but that makes it better, does it not? I say go for it; you never know what can happen. Plus she's not going to know you actually have old balls until it's too late for her to back out. Ha, ha, ha. Good luck, my friend. Do us all proud and bag yourself a cougar.

•••

Dr. CONwisDOM,

I have a giant "bump" below the belt. Actually, I have a couple and by a couple I mean my secret chamber looks like it has the chicken pox. What should I do?

– Itchy

Dear itchy,

Uhhh, chlamydia antibiotics. I have some you can borrow. You're welcome.

•••

Dear Dr CONwisDOM,

I think I have a problem. Lately when I have been walking around town I see homeless people and I get extremely hot and horny. I am a woman who is very OCD about having both my home and myself clean, so why am I attracted to dirty and grimy people?

– Not So Clean

Dear Not So Clean,

Everyone likes to change it up once and a while. I'm not sure why someone who smells like

cigarettes and B.O. is what you are changing it up to, but sometimes we just can't control these types of things. Maybe you are so attracted to homeless people because it's an opportunity for you to clean a person! That is my guess. You are so bored with cleaning yourself and house that you want a new challenge, and a dirty, grimy, old hobo is just what you need to make all of your dreams come true.

•••

Do you have any personal questions that you want to have answered? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

Mainstream Ignorance

By GRAHAM McCANN

1. The black bars on the TV with movies aren't covering anything – many movies are filmed wider than televisions. The "fullscreen" DVDs cropped off the sides of the picture.
2. It isn't really true that it can get 'too cold to snow.' However, cold air does hold less moisture, so over long periods of cold weather, there is a lower maximum capacity of water vapour.
3. Eating more calories in the evening doesn't necessarily promote weight gain – simply eating too much at anytime does.
4. Also, fat-free food doesn't really help you lose weight – it still has calories, which is the factor that contributes to weight gain.
5. There isn't really a "dark side of the moon." Every part of the moon's surface is illuminated about half the time.



KENDAL GUINEY

What was your favourite part of the Super Bowl?



"When Pittsburgh got stopped on fourth and ten at the end of the game."

Kevin Snaterse
RTA



"When they ended the half-time show. That was horrible."

Alex Gerrard
AST 3



"I don't really follow football. It was a close game, so that was cool. Half-time show was pretty good."

Jason Pokiak
HET



"The commercials, 'cause the companies pull out all the stops for the viewer. They get crazier and crazier every year."

Glen Meek
PFT



"When Fergie tried to dance on Slash. It was awkward. It reminded me of my grandma trying to dance."

Ryan Poole
Mechanical Engineering

THE NUGGET PRESENTS:

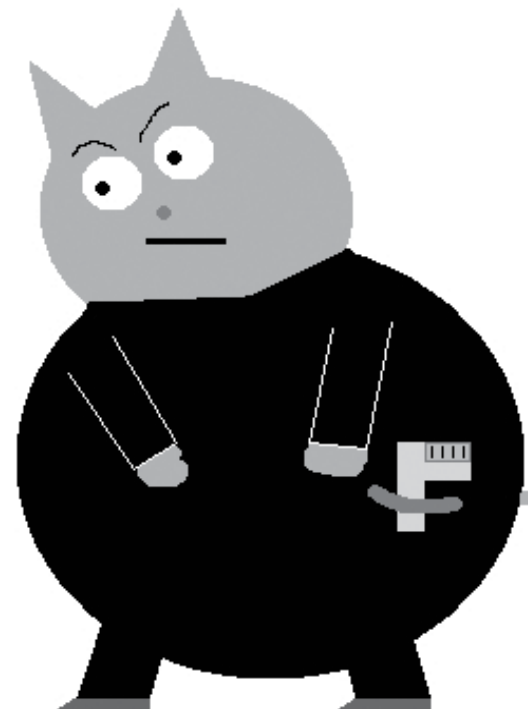
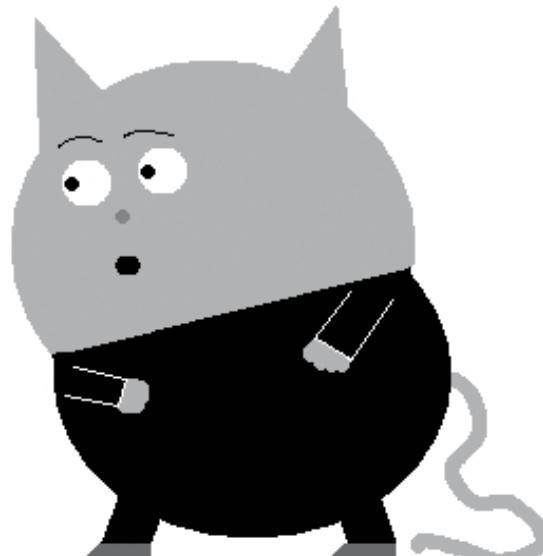
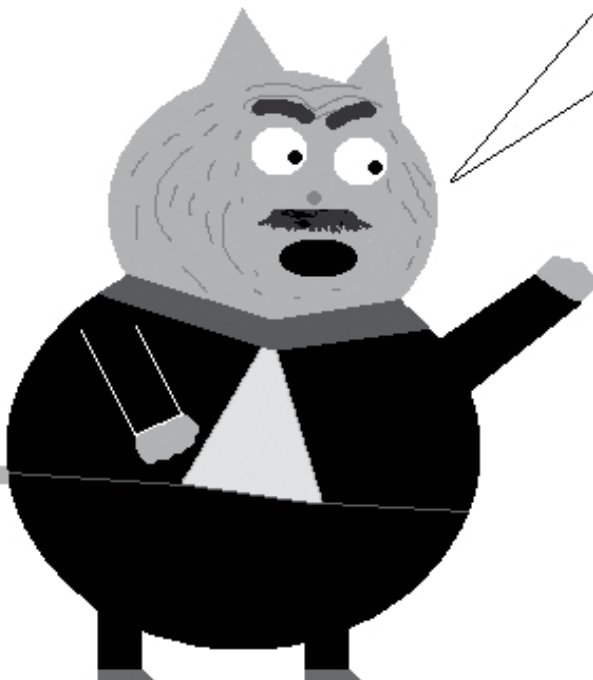
NUGGET COMICS

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YOU DON'T OFFER
FRIENDSHIP, YOU DON'T
EVEN CALL ME
GODFATHER!



MAFIA MICE J.B.
Cartoon by John Benesch

Is your relationship healthy?



TIMELY TIPS

MARGARET MAREAN
NAIT Student Counselling

Valentine's Day is a time we often get warm, glowing images about love and relationships. It is also a great opportunity to evaluate how happy you are with your relationships, romantic and otherwise. Good relationships don't just happen. They take effort.

Every relationship is different. However, some common characteristics occur in most good relationships. If you can honestly answer "yes" to the following, you are probably in a healthy relationship:

- I feel like I can be myself.
- I feel comfortable sharing my feelings with my partner.
- We respect each other's differences (opinions, feelings).
- We can negotiate and compromise when we don't agree.

- We don't hold grudges.
- We can say "I'm sorry."
- We enjoy each other's company.
- We both have an equal say in the relationship.
- We trust each other.
- We are honest with each other.
- We don't take each other for granted.
- Humour and fun are part of our relationship.
- I look forward to seeing my partner.
- My relationship brings out the best in me.

However, if you are staying in a relationship because you think your partner "has potential," will change, or you don't want to be without a boyfriend/girlfriend, re-evaluate. By staying with your partner you are actually reinforcing the negative behaviours. The following are warning signs of unhealthy relationships:

- I have felt pressured to do things that I find uncomfortable.
- I have been threatened.
- I feel controlled in this relationship.
- My partner is very jealous.
- My partner does not respect me.
- We often shout or yell when we disagree.
- I often feel put down by my partner.
- My partner tries to isolate me.
- I feel like I am losing my identity in this relationship.
- I am dependent on my partner to make me feel good about myself.
- I stay in this relationship just because I

don't want to be alone.

In most relationships there is a "honeymoon" phase where everything seems wonderful. Getting into a serious relationship too quickly can blind you from potential problems. People in healthy relationships are willing to work at the relationship. They give without keeping score, have a strong sense of commitment to their partner, communicate openly, express affection, can compromise without losing their individuality and are sensitive to each other's needs.

No relationship is perfect. Discuss with

your partner how your relationship can improve for both of you. If your partner is abusive, controlling or disrespectful, get out now. Relationships should be one of the most rewarding parts of your life – you deserve to be choosy.

Unsure about your relationship? Want to learn more about improving your communication? See a counsellor for this or any other academic or personal concern. Appointments can be made in person at Student Counselling, Room W111-PB, HP Centre; phone 780-378-6133.

Student Statements

Students that have been accepted into a DAY program will receive an e-mail reminder about paying their Winter tuition and fees.

The outstanding charges and their due date can be viewed by logging onto the NAIT Student Portal at www.nait.ca/MyNAIT.

Students should review their e-mail address through their portal to ensure it is current.

Please note: Student statements are no longer mailed out.

NOTICE FROM THE OFFICE OF THE REGISTRAR

ARE YOU GRADUATING IN THE SPRING OF 2011?

CONVOCATION 2011

Friday, May 6, 2011 &

Saturday, May 7, 2011

The Northern Alberta Jubilee Auditorium

11455 – 87 Avenue, Edmonton, Alberta

If you expect to complete program requirements by **Thursday, June 30, 2011**, you are eligible to attend Convocation. If you plan on attending the Convocation ceremonies in May, **you must order your gown.**

Deadline for ordering gowns:

FRIDAY, APRIL 1, 2011

Orders will be taken at:

NAIT Bookstore, Room X114 or by contacting 780.471.7717

Patricia Campus Bookstore, Room P135

or at Souch Campus – Room Z154

For more information regarding Convocation 2011 visit NAIT's website at www.nait.ca/convocation

EXECUTIVE ELECTION 2011



VOTE ONLINE

www.naitsa.ca

February 11 - February 17

**Poll stations open
February 17 only, 10am - 2pm**

Executive Council Elections!

POLL STATION LOCATIONS:

- South Lobby Kiosk
- HP Center
- Outside NAITSA Office
E131
- Annex *1st floor*
- Outside the Bookstore
- U Hallway
Near Fresh Express
- South Campus
- Patricia Campus

Check the February 10 issue of The Nugget for candidate pictures and articles, and watch out for nominees campaigning across campus between February 3 - February 17!

Thank You for Voting!


**NAITSA
ELECTIONS**

www.naitsa.ca