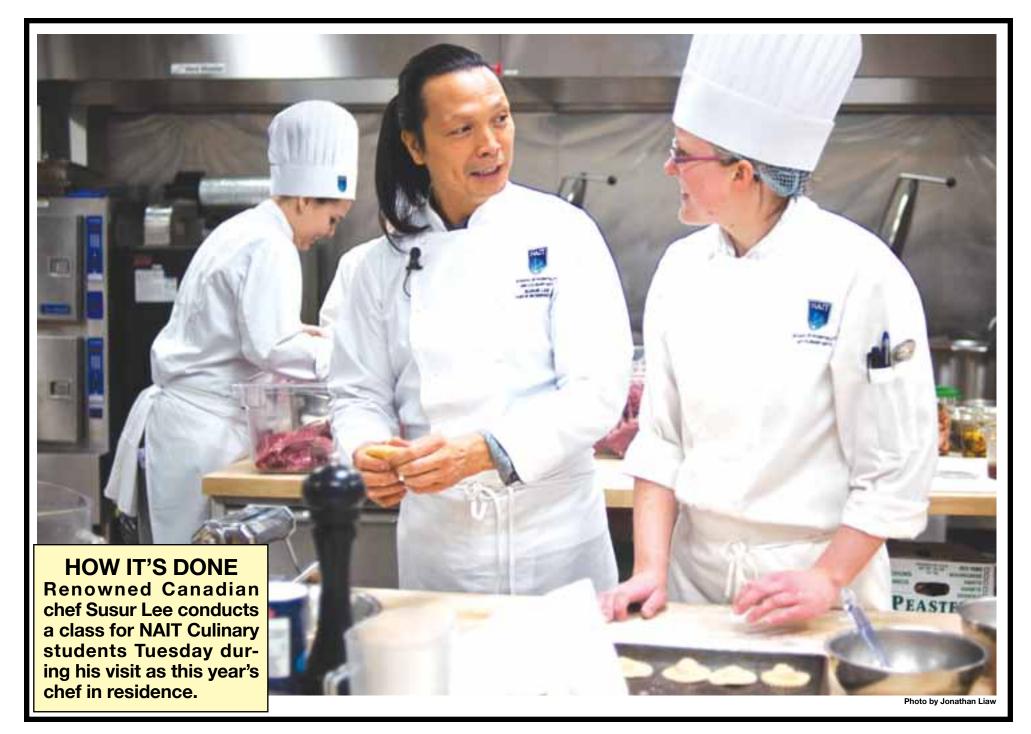
HAPPY ST. PATRICK'S DAY!



NAIT Ooks basketball team off to CCAA championships – story, page 6





NEWS&FEATURES



New NAIT President Dr. Glenn Feltham addresses a meeting of the Student Senate on March 9.

Athletic fee hike contentious

By STEVEN DYER Assistant Issues Editor

Last week the NAITSA Senate meeting had a few special guests and a presentation by the new NAIT president.

In attendance was NAIT President Glenn Feltham, as well as other NAIT executives including Provost and Vice President Academic Paula Burns.

The meeting began with the first item on the agenda, a financial overview presentation by Dr. Feltham. He showed various figures relating to tuition increases and the athletics fee increase and why they have been implemented. He also showed that NAIT's tuition is much lower than the traditional tuition costs.

According to Dr. Feltham, the traditional tuition cost is about 30 per cent of the cost of programs. NAIT charges

about 24 per cent and our tuition costs are much lower than places like SAIT, Mount Royal College and the University of Calgary.

However, tuition increases were not the main topic of discussion. Once again the Athletics and Recreation fee dominated the meeting.

The NAITSA executives, as well as the Senate, are vehemently opposed to the fee.

VP Academic, Tessa Cocchio, had numerous questions regarding the reasoning behind the fee and even after that she was still not convinced that it is necessary.

Other members of the Senate posed many questions; however, all of them seemed to be disappointed with the answers that they got.

Also, it appears that while practicum students are still

going to be charged the fee, apprenticeship students will have the opportunity to opt in if they want access to the facilities at NAIT.

Even though practicum students do not attend classes and often leave the city, it is still mandatory for them. There was debate on the logic behind that decision as well.

NAITSA President Timothy Jobs, however; is not ready to let the issue rest and will continue to fight it.

Another topic of interest was the mandatory U-Pass fee and how it applies to practicum and apprenticeship students. There is a referendum being constructed and it will ask the practicum students if they want the U-Pass or not on an all or nothing basis, meaning that either all the practicum students will have the pass, or no one will get it.

My Home a multicultural experience



VIEWS FROM AN OUTSIDER CATHERINE YE

your midterms going? I hope you survive after national finger foods! the students who come to join in on the festivithe shock to your brain. Good news, NAITSA will hold its international week next week. In this article, let's find out what going to happen during the week dedicated to the international students.

On March 23, NAITSA will present My Home. This is the first time NAITSA has ever held this event. Its aim is to gather international students and local students together to get to know each other better. From 10:30 a.m. to 1:30 p.m. at the South Lobby, you can join the multicultural showcasing. It includes cul-

NAITSA even invited some performing groups from outside campus! Their performances are said to contain a lot of entertainment, for everyone to enjoy. If you miss the traditional Chinese New Year, you can still come to this event to experience a traditional way of Chinese dragon dancing. If you are interested in Indian music and art, you can join the event and watch beautiful belly dancers. Students can join the dancing and even learn how to do the dance.

Since it happens during lunchtime, the Nest

Hello, my international fellows! How are tural dancing, henna tattoos, games and inter- will also make finger foods and free lunch for ties. The food is free and as long as you join in. And why not?! You will have a chance to watch some nice performances while enjoying a free lunch. Sounds great? Yep, just attend!

> As far as I know, there are no performances relating to Italian or Mexican heritage, so if you are coming from those countries, you can always feel free to join the event and bring your performance to the audience. How to do that? Well, you can bring your idea to NAITSA office at E-131 or call 780-471-8855 to register.

NEWS AND FEATURES



PEELING WITH A PRO

Photo by Jonathan Liaw

A NAIT Culinary student gets to prepare food with renowned chef Susur Lee earlier this week as he conducted classes in his capacity as this year's chef in residence.

novaNAIT shows its wares

By BALJOT BHATTI

On Wednesday, March 9, the novaNAIT campus held an open house for prospective clients to visit them, and take advantage of their services.

The St. Albert campus played host to the future entrepreneurs.

novaNAIT is the home of applied research and enterprise development at NAIT. The centre supports and facilitates applied research and development, leading to commerciallyrelevant products and services.

The result is business "incubators" that are designed to help entrepreneurial startups become sustainable high growth companies. At incubator facilities, up and coming business people have access to office space, board-style meeting rooms, and support services. They are offered flexible leasing terms, business guidance and access to NAIT's expertise, facilities and common areas.

The turnout this year was very good, according to Colleen Porter, who works at novaNAIT. Interested incubator clients walked through the facility and had sessions with Randy Thompson – novaNAIT's entrepreneur in residence. Thompson talked with the potential clients and walked them through the steps that would help them reach the next level.

The open house at St. Albert aimed to

bring more awareness and attention to the campus, features and what it has to offer as an incubation centre. Currently novaNAIT St. Albert has two incubation clients that work out of that facility, but hopes to attract more start up businesses in the coming months.

Kamren Farr, novaNAIT's enterprise development officer took visitors on tours of the facility.

The campus also played host to the Mayor of St. Albert, Nolan Crouse, as well as members and representatives from the St. Albert Chamber of Commerce, members of the NAIT faculty and people from the St. Albert community.

Boot Camp with a difference

By MARC MAJEAU

If you attend NAIT, and are looking for a way to improve your own personal business model, novaNAIT has the perfect event for you: They are bringing a new meaning to the term "boot camp".

The St. Albert campus is offering a three-day workshop/boot camp for those who are seeking professional advice from those in the industry, which they are calling "novaNAIT Entrepreneur Boot Camp: Preparing Your Company for Investment".

Randy Thompson, who is the entrepreneurin-residence, will be in attendance throughout the weekend. Thompson is a "serial entrepreneur" and he provides younger clients with guidance and mentoring.

The Entrepreneur Boot Camp will help

improve your business models in more than a few ways. Thompson will be able to help young business people identify and understand their target market, as well as define and defeat their competition. Also, you will be able to develop your pitch and make any alterations that an industry professional can help you with, as well has the financial aspects of the deal, and understanding them. There are so many facets of the business world, but the novaNAIT Entrepreneur Boot Camp will give you an insight into marketing, as well as business development.

Throughout the week, you'll get the chance to have a "practice pitch" in front of peers, and then, at the end of the Boot Camp, participants will have the opportunity to pitch their idea to angel investors from Venture Alberta. All participants will also receive fully catered breakfasts, as well as lunches for the duration of the Boot Camp.

The novaNAIT Entrepreneur Boot Camp runs from Saturday, March 19, through Monday, March 21, from 9 a.m. to 5 p.m. each day, at the novaNAIT Campus in St. Albert (506B St. Albert Rd.). The cost is only \$200.

The boot camp event has been going on since 2009.

The feedback from this event has been very exciting and positive. It is a very popular event and usually has full attendance.

If you'd like to register for the novaNAIT Entrepreneur Boot Camp, contact Colleen Porter at cporter@nait.ca, but hurry. The comprehensive seminars are only open to the first 15 registrants.



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STUDENTS'

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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break! Submit your letters with your

real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

NEWS & FEATURES

Quakes – how, how much?



FROM SPACE **TO SEA CELESTE DUL Issues Editor**

There are a few things on my mind this week that I feel need to be talked about. I'm sure by this point in time everyone has heard about the earthquake and tsunami that struck Japan last week. Everyone hears facts, statistics and numbers explaining what happened. But does everyone completely understand what went on? I'm going to try to explain what the Richter Scale is, why earthquakes happen and why we have such a hard time predicting earthquakes and tsunamis.

The Richter Scale:

The Richter scale is something you often hear about when disaster strikes. For example, the earthquake that hit Japan reached a 9.0 on the Richter Scale. Yes, it sounds intense and we know it's not a good thing. But how many of us actually understand what the Richter Scale is?

The scale was developed in 1935 by Charles F. Richter as a mathematical device to compare the size of earthquakes. It is a measurement of magnitude, which is determined by the logarithm of the amplitude of the waves recorded by seismographs. I've never been good at math or physics, so I

can't explain to you the science of it. However, I can explain that a machine records the highest points of the waves, the distance between them, and the centre of the earthquake to determine the severity

The Richter Scale uses whole numbers and decimal fractions to express the intensity of the earthquake. Each whole number increases the magnitude of the earthquake tenfold. A magnitude of 2 would be considered a minor earthquake, and aren't usually felt by people, while earthquakes with a magnitude of 4.5 or higher are strong enough to be measured by seismographs all over the world.

At first, the Richter Scale could be applied only to the records from instruments of identical manufacture. Now, instruments are carefully calibrated with respect to each other. Thus, magnitude can be computed from the record of any calibrated seismograph. Great earthquakes have a magnitude of 8.0 or higher and usually only occur once every year.

What is an earthquake and how does it cause a tsunami:

In order to fully explain what an earthquake is I need to explain plate tectonics. Think of the Earth as a giant puzzle, each piece composed of cool rock four to 40 miles thick. They vary in shape and size and have definite borders.

An earthquake results when these plates break or shift, causing shock waves to ripple through the planet. When the centre of an earthquake is located offshore, a tsunami results.

Tsunamis are a series of water waves causing a large displacement of water, usually from the ocean.

Although many earthquakes result natu-

10 8.9 Largest Recorded *** (Offshore Chile, 1960) MICRONS OF AMPLIFIED MAXIMUM GROUND MOTION **RICHTER SCALE** Alaska, 1964 Note Rapidly Changing Vertical Scale) New Madrid, MD, 1812 GRAPHIC REPRESENTATION GREAT San Francisco, 1906 (Deplicity V.J. Aubid 10 **Great Devastation** EXMPLE MAJOR and Many SEISNACGRAM FROM \$70 Fatalities Possible * SEISHOGRAPH 100 KM ROM EPICENTER Loma Prieta, CA, 1989 10 STRONG 10 MODERATE Damage Begins \star 10 SMALL **Fatalities Rare** 10 MNOR 10 MAGNITUDE = LOGARITHM (BASE 10) OF MAXIMUM AMPLITUDE MEASURED IN MICRONS **

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rally and cannot be predicted, some earthquakes have been caused by humans through mine blast or nuclear testing.

Why are they so hard to predict:

Because the shifting of Earth's tectonic plates is the main cause of earthquakes, it is hard for scientists to predict when they're coming. Yes, they can judge by the patterns of previous earthquakes the relative time to expect one. However, it isn't yet possible to determine the amount of pressure built up in

the tectonic plates, because of this an earthquake can happen at any time.

sdgs.usd.edu

Seismologists can make long-term predictions about the probability of earthquake occurrence, region, and magnitude.

Every year over 150,000 earthquakes are recorded worldwide, including at least one that causes significant damage.

These horrific events are something we can't control, so we need to help those who are affected by these natural disasters.

Slip, slidin' away – no more!



EDMONTON NOW STEVEN DYER **Assistant Issues Editor**

Ice on roads is one of the biggest concerns for drivers. Even if you are careful, sometimes you can still slip and slide down the road. Now, there's something out there that could solve that problem.

A new \$2.3 million operating system that is designed to prevent ice buildup was installed last week on the Anthony Henday Drive bridge. Traffic officials started the testing for

the Fixed Automated Spray Technology, or FAST for short. FAST is an automated system that pumps a special anti-icing liquid onto roadways. It can be released at any time during the day, or the night, and is based on the real-time pavement conditions. Those conditions are monitored via sensors installed on the bridge deck.

This system is different from other methods of ice removal, as the ice is not given a chance to form when the system activates. The system sprays the road with a biodegradable chemical, which prevents moisture from turning into ice. The liquid, potassium acetate, has been approved to be safe for humans, wildlife and vegetation by Environment Canada.

The bridge where the system is currently installed was chosen because the plumbing required for such a system was installed five years ago when the bridge was being constructed.

The system's first use in Canada

was in Ontario in 2000, now it is in use in ten locations around that province. The system is also being used in parts of Europe, as well as in the northern United States. Recently Quebec has started to install the system.

If the system proves to be successful then it will be installed in other locations around Edmonton, although it will be unable to help with snowfall or snowdrifts caused by the weather

This is a brilliant invention. Many people are killed or injured due to bad road conditions; this could help lower those numbers significantly. Ice is probably the most hazardous road condition in the winter; anything that could safely help combat icy roads is a good thing in my book.

The only downside is the cost of the system, but again, if it helps save lives and makes the roads safer for people to drive on it is worth it completely. Hopefully the city will be

able to discover if the system helps in other party of Edmonton and other or not so they can begin installing it regions of the province.



The FAST system automatically sprays an anti-icing liquid onto problematic stretches of roadway, such as bridge decks.

OPINION

— Editorial —

Animal abuse unthinkable



am of the opinion that dogs are the best animals out there. And of course that would have to mean that puppies are the absolute cutest. I am especially partial to Huskies and Golden Retrievers. I have been seriously looking in all locations to find the right breeder to buy my dog from. I have researched articles on how to find the

right breeder, what not to look

I am sure you are wondering why there is a picture of a half naked girl to go with this editorial. Well, sex sells, and so do animals. Even though a lot of these animal cruelty cases are beyond the average person's control, we still have a voice.

These animals cannot save themselves. The least we can do is be informed about these situations and not keep quiet about it. Nothing is being done about these issues because so many of us are misinformed or not informed at all

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fur.

RACHEL JACQUES Editor-In-Chief

for and what to ask. In my studying of Internet resources, I have come across many articles on how to avoid puppy mills.

I have never wanted to educate myself on the hows and whys of these places. I know only what I have overheard here and there. Animal cruelty makes me sick to my stomach. I am usually pretty good at being able to stomach gross or horrific information (unless it has to do with biology!) but this is something that I cannot. Whenever I see or hear anything about cruelty to animals, I turn my head. I cannot bear to hear how mistreated these animals are.

However, since researching breeders and puppies, I decided it was time that I learned what exactly I need to avoid when it comes to puppy mills and bad breeders. What I found made me sick to my stomach. It horrified me that any human being who professes to have a heart could do anything to hurt an innocent animal.

Right here at home

One of the most cruel of these cases that I came across happened right here in Edmonton. In April 2009, a city woman was given a \$5,000 fine after pleading guilty to her role in a puppy mill. She didn't even get jail time! More than 40 animals were seized from her home in deplorable conditions. A spokesperson for the Edmonton Humane Society said the dogs and cats were living in appalling conditions, in tiny cages for breeding purposes. And in some cases, animals were left without adequate food or water. How does this happen?! We can prevent unwanted pets, strays and puppy mills from continuing by spaying and neutering our own animals. The amount of animals on kijiji and other websites is disgusting. Most of these animals are the result of unwanted litters and misinformed owners.

However, puppy mills are not the only form of animal cruelty out there. In Alberta alone, there have been 79 logged cases of animal cruelty in the past 11 years. That's just over seven cases per year. These other cases involved puppies being dragged behind trucks, animals left for dead on the sides of roads, cats killed in microwaves – the list goes on.

We currently have a case of animal cruelty right here in Edmonton. As much as I love the zoo, our poor elephant Lucy doesn't belong here. Elephants are social beings and need to be in a group of their own kind. They are just like dolphins. Our climate is also not proper for Lucy. Elephants have never been in below freezing weather. It's not natural.

A bear on a bike in the woods?

Another unnatural environment for animals is the circus. Their animals are made to perform ridiculous tasks that they would never do in their own setting; such as bears riding bikes. You would never come across a bear on a bike in the woods. The circus makes a killing from these animals performing tricks and stunts for the entertainment of bored citizens. We need to be aware of these issues and at least inform ourselves of what is going on in the world.

One of the most informative and heart wrenching documentaries on animal cruelty is The Cove. If you have not seen this movie, I implore you to watch it. The whole movie emphasizes how tragic and frequent the trapping and killing of dolphins is in Taiji, Japan. These dolphins are sold to places like Sea World for millions of dollars and they also use the fins and meat for soups and in markets. Most of these meats are falsely labelled as other types and unsuspecting buyers indirectly support the market. Over half of the citizens in Japan and in the rest of world are unaware of this atrocity even happening. This location has been cut off from the rest of the world and this event has been denied and repressed for years.



the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

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Trust us on that. Write us.



MEN'S BASKETBALL

Ooks face national test

By SEAN HARMAN

The NAIT Ooks men's basketball team is on their way to the Canadian Colleges Athletic Association championship tournament at Durham College in Oshawa, Ontario to prove once and for all that they are the best team in the nation.

NAIT, No. 2 seed in the tournament, will face the No. 7 seeded Vanier College Cheetahs in their opening matchup. The Cheetahs went 15-3 this season and are lead by Réseau du sport étudiant du Québec (RSEQ) first team all-star guard Lenny Austin and second team all-star big man Jerome Blake, who netted an incredible 41 points in Vanier's last game.

NAIT head coach Don Phillips isn't too concerned about the Cheetahs.

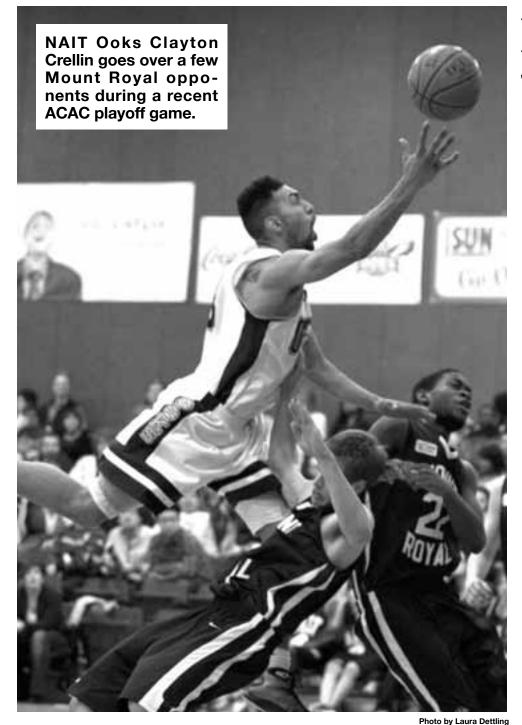
"They're no different then any other team. To prepare, we are just doing the same things (in practice) working on all aspects of defence and trying to stop teams by switching screens and boxing out, which will

prove to be successful."

The Ooks are on a 17-game winning streak, which they will look to push to 20 and win NAIT's first gold medal since they hosted back in 2003, and their third gold medal overall at nationals. For the Ooks to achieve their season-long goal there are a few things that need to be done.

"We just need to continue to focus on us. Defensively one out, one shot and out and then on the offensive end just share the basketball. That's been the recipe for us the whole second semester and it shouldn't change just because now we're going to be on the national stage," says Phillips.

The Ooks will kick off the tournament this Thursday at 1 p.m. EDT. If NAIT is able to advance, they will face either No. 6-seed Mount Saint Vincent University Mystics of the Atlantic Colleges Athletic Association (ACAA) out of Halifax or No. 3 seed Humber College Hawks of the Ontario Colleges



The other teams competing are the No. 1

seed Vancouver Island University Mariners from Nanaimo, B.C. of the British Columbia Colleges Athletic Association (BCCAA); No. 4 seed University of Northern British Columbia Northern Timberwolves from Prince George, B.C., also of the BCCAA;

Athletic Association (OCAA) from Toronto. No. 5 seed Lethbridge College Kodiaks of the ACAC and the host team, No. 8 seed OCAA Durham College Lords of Oshawa, Ont.

> You can catch every game from the championship on Durham College's home website http://www.durhamlords.com/fanzone/cast-live mbb.html

Athlete Profile

<u>Player:</u> Clayton Crellin **Sport: Basketball Hometown: Vancouver Position:** Guard, small forward Number: 13 **Previous team: Greyson County Junior College, Texas**



By PATRICK KNOWLES

Nugget: How old were you when you started playing basketball? Clayton: 14

N: So you started playing basketball only in high school?

C: Yeah, my elementary school didn't have basketball; I played every sport but basketball up to high school.

N: What year is this for you at NAIT?

C: This is my first year at NAIT but my second year of eligibility because I went and played in Texas.

N: What program are you taking here at NAIT?

C: I am in College Prep this year and entering into Meat Cutting, then into the Culinary Arts program next fall.

N: Athlete idol?

C: Dwayne Wade and Sean Taylor.

N: Thoughts on going to Nationals?

C: Very excited. Can't wait!

N: How do you see Nationals going for the team?

C: As long as we come out with a clear head I don't think we can lose any games.

N: Do you see yourself maybe one day making the jump to play CIS basketball? C: Probably not, I really enjoy playing for Don (Phillips) and am enjoying my time here at NAIT.

N: What is your greatest basketball moment?

C: Probably my Grade 11 year. We went and played at a tournament in Kelowna at Kelowna Senior Secondary (KSS). The semifinal game against Bert Church was probably my favourite game to play in, because of all the good friends and close family that was around me at that tournament. We ended up winning the tournament, which was nice

N: Best advice ever given to you by a basketball coach?

C: There are always going to be peaks and valleys in a game.

N: Best advice you have ever received, period?

C: That I can make my own destiny.

N: Favourite part about playing basketball at NAIT?

C: Freedom to always be yourself on and off the court, mainly on the court because if there is a mismatch on the court we can go and attack it and not worry about playing our system and I like being able to play basketball with that type of freedom.

N: Plans for life after basketball is done for you?

C: I want to work in group homes or foster homes. I would like to open my own foster home for misguided children, because I grew up in foster homes and group homes as a kid.



SAY WHAAAAT? MATT DeBEURS Assistant Sports Editor

With the all recent trouble in the NFL, it got me thinking about the 2004-2005 lockout in the NHL. It was terrible to see it happen, but it did happen and most importantly, how did we come out of it? Sure the on-ice product is good for the most part, but what about the most important factor, the almighty dollar? Where are we headed? Are we capable of supporting another team in Canada? How about two? Plenty of questions to be asked.

So I decided to do some homework and see where the league might be headed in my own

State of the NHL union

mini "state of the union" address. Remember, I'm no expert on running a sports franchise, or a league for that matter, just a fan of this game we love so much. So please, take this with a grain of salt, fair people.

The Rundown ...

The impending expiry of the current TV deal is first on the block. The current deal with Versus and NBC, worth around \$75 million all together, is set to expire in June. Many are saying that the

new deal could be worth as much as double that figure. Big props have to go to the NHL for setting up the recent HBO series on the Capitals and the Penguins, and the success of the Winter Classics in the past few years. Those factors, including the Olympics, have popularity of the NHL pretty high. I just hope it translates into a deal with a major network like ESPN or Fox Sports. Even for \$150 million I don't think another deal with Versus is in the best interest of the league, Gary Bettman, and the rest of the NHL brass. All the money is in sponsors these days and signing with

MHL.

a major network could put even more money in the league's pockets other than just a fat TV residual cheque. How about the stability of the league? With

the uncertainty in the air about the economy here and down south, there have been some question marks about what is going to happen to those franchises struggling to stay afloat.

The Phoenix Coyotes, in particular, have been at the front of this discussion. Multiple unsuccessful attempts to buy the team from a number of different groups have the Coyotes' clock ticking at the 11th hour. At the moment, a power struggle between the city of Glendale and the Goldwater Institute has the powers that be saying relocation is inevitable. And I hate to say it, Jets fans, but it's not going to be a good day for the league if the Coyotes move to Winnipeg. Don't get me wrong, I would love another team in Canada, but we have to see the big picture and what best for the NHL. Yes, I think Winnipeg could support the team, as well as Quebec City, but losing a team in a huge market in the States is better than filling a 15,000-seat stadium in Manitoba.

Think about it from a sponsorship point of view. Would Budweiser want to renew a contract with the NHL, after it lost advertising in the fifth biggest city in the States, for the eighth largest in Canada? I don't think so. For all of you questioning Gary Bettman's scratching and clawing to keep the team in Glendale, this is the exact reason why he won't give up. It just makes more business sense. But with that said, something has got to give. There are teams losing money hand over fist, and I think it's inevitable that franchises like Atlanta or Phoenix are going to have to relocate north. Good for Canada and Canadian hockey fans, not so good for the league as a whole.

That's just a couple of the major issues facing the NHL in the near future. Let me know what you think. Drop me a line at sports@nait.ca and give me your thoughts on the current condition of the NHL.

Golden Bears are still golden



WAY OFFSIDE KYLE GALLIVER Sports Editor

This weekend I had an opportunity to watch the University of Alberta Golden Bears crush the University of Calgary Dinos 8-1 in Game 2 of the Canada West Final on Saturday at Clare Drake Arena to win their fourth straight Canada West Banner and 10th in 11 seasons. For as long as I can remember, the Bears have been a powerhouse in CIS hockey and seeing the team get their gold medals once again made me proud to be from the "Heartland of Hockey," especially since it was against Calgary.

I hadn't been to a CIS game since my time as a U of A student, which was a few years ago now, and I've got to say the quality of hockey is outstanding. The hockey is much faster than I remember it being and I was a little surprised to find that almost the entire roster is former Western Hockey League players.

The atmosphere at the game was also incredible. There's nothing like 3,000-plus drunk, rowdy university students cheering on the home team on a Saturday night. It was almost electric. Every time the Bears scored a goal I thought the roof was going to explode, and there were eight of them.

Listening to the crowd taunt Calgary netminder Dustin Butler in the third with chants of "Butlerrrrrr, Butlerrrrrrr" and then the whole team with chants of "start the bus" late in the third was probably one of my favourite parts.

The only thing that topped those chants was watching the Bears players just laugh and point at the scoreboard when the Dinos tried to engage them in some after-whistle activity. It was priceless.

Fifth-year forward and last season's Canada West scoring leader and MVP Chad Klassen was playing in his final game at Clare Drake Arena and put on a show for the hometown crowd. Klassen finished the game with a goal and four assists for a five-point night to finish his CIS career with 154 points in 120 regular season games, which ranks him 14th all-time in Bears' history.

This season's co-scoring leader and MVP Derek Ryan also had a good night with a goal and two assists. Both he and Klassen are alternate captains this season and were part of the banner presentation ceremony at the end of the game.

The Bears will now set their sights on the University Cup championship being held in Fredericton and hosted by the University of New Brunswick from March 24-27. The University of Alberta goes into the tournament as the thirdranked seed, behind only the McGill Redmen (second) and the UNB Varsity Reds.

The Bears last won the University Cup in 2008 when they beat the UNB Varsity Reds 3-2. Before that the team won back-to-back titles when they hosted the event in 2005 and 2006. The U of A has won the most championships with 13 wins in 18 appearances.

The Comeback Kid

Sid the Kid is back! Well not really, but for the first time in over two months Penguins captain Sidney Crosby hit the ice in full gear for a 15 minute light skate on his own.

Crosby has been sidelined with a concussion since taking a pair of hits to the head in early January and the hockey world likely took a collective sigh of relief as the best hockey player in the world is making steps, albeit small ones, towards playing hockey again. Crosby said after the skate that he has been symptom free for a few days now and was even able to work out on the stationary bike without getting a headache a few times. Phew!

It was just earlier this week that reports starting flying around that members of the Crosby family had been encouraging Sid to consider retirement because of the health risks and the fact that Sid really has nothing left to prove to the world. I agree with that last part, Sid doesn't really have anything left to prove, but retirement is just ridiculous. At 23, Crosby has won almost everything you can win in the NHL. He's won the Hart Trophy as league MVP, the Art Ross as the league's scoring leader (which he did at just 19!), he is the youngest captain ever to win the Stanley Cup and scored maybe the biggest goal in Canadian history when he scored the OT winner in the Olympic gold medal game and at the same time helped Canada set a record for most gold medals at a Winter Olympics. That's quite the resume for someone that is only in his sixth NHL season.

Here's hoping Sid makes a speedy recovery and can add to his already impressive list of accomplishments.



Not this time for Martin

By ADAM KAMARA

The Brier in London, Ontario, has provided more excitement in curling this year than any other year. With everything up for grabs, the competition was fierce and came down to Draw 16 to decide who made the playoffs. We also saw the toppling of Olympic hero and four-time Brier champion Kevin Martin.

With all of the teams looking to take a shot at knocking off Martin, who had 30 straight wins at the Brier, most rinks pushed Alberta and its skip to the brink. The NAIT grad started to see the walls break down as early as the third draw, only beating the James Grattan rink from New Brunswick by two with a score of 8-6.

However, Martin continued his recordbreaking streak through the round robin, with blowouts of B.C. and P.E.I. before he met his match for the first time in four years at the Brier.

An eighth round draw against Newfoundland and Labrador's Brad Gushue proved to be the straw that broke the camel's back. Martin's streak, 30 straight wins at the tournament, with arguably the best rinks in the world, had to come to an end eventually.

Newfoundland and Labrador found themselves up early on the Alberta rink 4-0 after three ends and never looked back. Newfoundland and Labrador walked away with a 9-4 rout of the defending Olympic champs.

With the record over and done with, Alberta rebounded well, but it was all for naught as they lost one more to Jeff Stoughton's Manitoba rink, giving Newfoundland the top spot.

The play-in matchups pitted Newfoundland and Manitoba in the first playoff round and Alberta, in the third spot, took on Glenn Howard's Ontario rink in the 3-4 matchup. Three out of the four remaining rinks had won a Brier, with the exception of Gushue.

Manitoba took the match against Newfoundland, getting them a bye into the finals, while Newfoundland took on the winner of Ontario and Alberta.

Alberta struggled at the worst time as bad shots were made by every member of the team, including Martin. Alberta went on to lose against Howard, sending Howard to the semi-finals against Gushue.

Alberta getting eliminated from the Brier left the door open for another province to win the Brier for the first time in four years.

The semis pitted the fourth seed Ontario against the top seed Newfoundland and Labrador in a very close match that went to the 10th end, with Howard squeaking out the win with the hammer.

The finals were set. Manitoba versus Ontario. Two Brier winners. Stoughton's rink got off to an early lead, up 2-0 after two ends right before Howard tied it up after four ends. Then Stoughton never looked back, pulling away from the sixth end going up 6-2.

Stoughton became the second Manitoba rink to win three Briers.

Martin, on the other hand, did not play well in the bronze medal match, losing to New-

foundland and Labrador. He was not so happy about playing a bronze medal game at the Brier. "Please make this go away," said Martin. "I don't, for the life of me, understand it."

Jeff Stoughton will represent Canada at the Worlds next month in Regina and will defend his Brier title next year in Saskatoon.



Skip Kevin Martin, third John Morris, second Marc Kennedy and lead Ben Hebert were all smiles going into this year's Brier.

NOTICE FROM THE OFFICE OF THE REGISTRAR ARE YOU GRADUATING IN THE SPRING OF 2011?

CONVOCATION 2011

Friday, May 6, 2011 & Saturday, May 7, 2011 The Northern Alberta Jubilee Auditorium 11455 – 87 Avenue, Edmonton, Alberta

If you expect to complete program requirements by **Thursday**, **June 30**, **2011**, you are eligible to attend Convocation. If you plan on attending the Convocation ceremonies in May, **you must order your gown**.

Deadline for ordering gowns:

FRIDAY, APRIL 1, 2011

Orders will be taken at: NAIT Bookstore, Room X-114 or by contacting 780-471-7717 Patricia Campus Bookstore, Room P-135 or at Souch Campus – Room Z-154

For more information regarding Convocation 2011, visit NAIT's website at www.nait.ca/convocation

MEN'S SOCCER High hopes for next season

By MARC MAJEAU

It's been a long off season for the NAIT Ooks mens soccer team. The Ooks were able to claim the provincial title, but unfortunately, the Ooks finished up the 2010 campaign by losing a heartbreaker to the Vancouver Island University Mariners in penalty kicks for the 2010 CCAA championship last November

Since then, head coach Jeff Paulus has continued to work and scout hard to do everything he can for the Ooks in the 2011 season.

"The off season is going well," says Paulus, who keeps busy as head of the Paul Kane High School soccer academy in St. Albert.

"Recruiting has been amazing. We've got two more Brazilian players that are coming that are top notch players, that are similar to the skill and speed as second year Ook, Thiago Silva."

Paulus said that he believes Silva is one of the best college players in Canada.

With only five or six players slated to return next season, Paulus said he has recruited 14 players for next season who can compete at a high level of ACAC soccer.

"We are losing some pretty good guys, and this was a pretty special team," said Paulus oflast season's squad. "We're going to miss a lot of these guys."

Jordan Stewart will be joining Paulus's coaching staff for the 2011 season. The native of Adrossan has been with the Ooks for multiple seasons and his fifth season with the Ooks was his last. Stewart was named to the ACAC Soccer All-Conference team last season, and the upcoming season will be his first on the sidelines.

Even though the majority of the Ooks' roster all play for club teams during the ACAC off season, Paulus added that for the first time in Ooks soccer history, there will be an off season physical program.

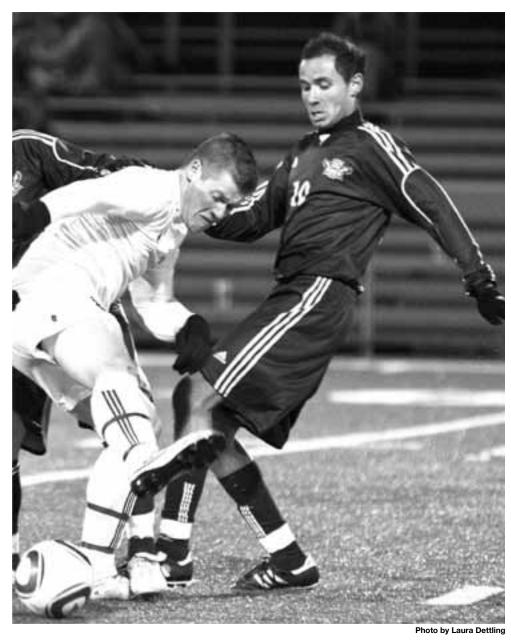
"The players are going to be getting an off season strength and condition program, so the expectation is that they show up to camp fit."

The NAIT Ooks look to improve on their 7-3 record from this season, which was good enough for second place in the ACAC's North Division. The Ooks will be aiming at returning to the CCAA National Championship game when training camp starts on Aug. 15.

It's a tough off season to sit through, as the Ooks were one penalty kick away from being national champions, but coach Paulus is incredibly optimistic for next season.

"We're going to be a really exciting team," said Paulus. "I think we actually could be a stronger team next season than we were this season.

"The potential is there."



Star Ooks soccer player Thiago Silva, right, fights for the ball during a game at the nationals last season.



By PATRICK KNOWLES

Erminia Russo Thorpe, first year head coach of the NAIT women's volleyball team, has had an interesting life in volleyball leading her to her current position as head coach here at NAIT.

Starting off, Russo Thorpe played university volleyball at the University of British Columbia from 1982-1985. After her university playing days were, over she went on to play for Canada's National Team from 1985-1991. In 1991, she went to Europe to play professional volleyball in France. After playing just half a season in France, Thorpe

came home to take the head coaching job of the women's team at the University of Western Ontario, where she was head coach from 1992-1995.

In 1995, with the 1996 Olympics just

around the corner, the national team came calling and Russo Thorpe could not pass up the opportunity for a chance to represent her country. The women's National Team was able to qualify for the Olympics, which was a huge deal in itself, being one of only 12 teams to do so. The team finished ninth, winning the first ever match for a Canadian volleyball team at the Olympics.

She then returned to her old stomping grounds of UBC, taking a job as assistant coach in 1996, then taking over the head coaching job in 1997. She held that position till 2000, when head coach Doug Reimer returned to the team after a stint as National Team head coach.

From 1997-2000, Russo Thorpe moved

from hard-court volleyball to the beach, where she played on the international circuit with the goal of trying to qualify for the 2000 Olympic summer games in Sydney, Australia. Falling short on her Olympic goal, she played one more season on the international beach circuit then retired in 2001 with the idea of starting a new chapter in her life, to become a mom and start a family.

Erminia and her husband Noel moved to Montreal where Noel took a job as defensive backs and special teams coach of the Montreal Alouettes from 2002-2008. During that period the goal of starting a family became a real-

> ity. The couple has two kids, Emma, 8, and son Peyton, 7. The family moved to Edmonton in 2009 when Noel joined the coaching staff of the Edmonton Eskimos.

While in Montreal, Russo Thorpe continued

her connection with volleyball by doing colour commentary for CBC for the 2004 Olympics in Athens and the 2008 Olympics in Beijing. She says if CTV wants her to do the 2012 Olympics she would love the opportunity, but that would probably be it because of the amount of time that she is away from her family while on assignment.

The NAIT Ooks finished this season in eighth place after making the provincials in Russo Thorpe's first year as the coach. It's not the result she was hoping for, but she is happy with how the team played throughout the year.

She is looking forward to next season and being able to recruit players to come to NAIT, and is looking forward to improving on this year's result.



Erminia Russo Thorpe

Intramurals – exercise, socialize

By ALI MAGEE

NAIT intramurals are coming to a close and what a successful year it has been! Starting with dodge ball in September, the Monday night recreational sports have had high turnouts and most students would agree they were a hit.

Each sport is held over a course of four weeks, every Monday at NAIT and every Tuesday at Vanguard College at 12140 103 St. There are two sets of intramurals each year, one during each semester.

"We have schedules posted around campus and on our website; there is a deadline date that you have to sign up for sports, which is usually a week before it starts," says Recreation Programmer Trever Turner.

"Mondays I try to keep dodge ball, volleyball and basketball here," he said. "On Tuesdays at Vanguard we did soccer and ball hockey." Hockey intramurals take place at night. The day of the week varies, depending on when ice is available. Students can either sign up as a team, or as an individual to be placed on a team. Schedules are e-mailed to the captain of the teams, as well as posted outside of the Sports Equipment Room. Teams are encouraged to be formed by members of different programs.

"As a team, you don't have to have the same technology," Turner said.

"We have teams that sign up that are from all different areas; some from Business, some from Instrumentation and other programs."

The only sport that was unable to continue this year was flag-football held indoors, which came as a surprise to Turner.

"I thought that the flag-football would go over well because of the amount of males we have here," says Turner. "Unfortunately we only had one team sign up for it, and there's not much you can do with one team.

"Generally we like to have eight teams come out to play. There is room for more, but with eight the teams, the players get a longer time to have the gym – about 45 minutes."

With volleyball wrapping up, basketball will be the final intramural for this semester, and they will start again in the second week of September.

Turner suggests that programs find a leader who is able to relay schedules and organize teams and availability for players. Turner welcomes all student ideas and opinions, including proposals for new sports, and can be reached at trevert@nait.ca.

Available at no cost to students, intramurals are an interactive way to meet fellow classmatess and stay active.



Trever Turner



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ACAC Standings

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Concordia	28			12		-	108			Concord
Portage	28			17	-		85			Keyano
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Provincial Division

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Lakeland	20	14	6	50	30	28	
Red Deer	20	13	7	44	29	26	
King's	20	12	8	42	36	24	
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By KITA MURU

UEFA Champions League Round of 16

March 12

SAIT 5, MRU 4 (OT) (SAIT leads series 2-0)

Not too long ago, the UEFA Champions League just finished half of the matches in the Round of 16 to determine which teams go on to the quarterfinals. This is a little review of what happened during the second leg of the Round of 16. **Arsenal-Barcelona**

(2-1 Arsenal)

The second leg was all Barcelona, but despite that, Arsenal almost escaped the first half scoreless, or they would have, if Cesc Fabregas didn't make a suicide pass that led to

Lionel Messi scoring to tie it up 2-2 on aggregate. In the second half, a Samir Nasri corner kick was headed into Barca's net by Sergio Busquets and the own-goal put Arsenal back up. Arsenal went down a man when Robin Van Persie got a second yellow for shooting the ball after the whistle, which cued the Barca comeback. Xavi was sprung free to score on Almunia and after that Messi converted a penalty following a Laurent Koscielny foul on Pedro in the box. Arsenal

almost stole it at the end, but Nicklas Bendtner flubbed Jack Wilshere's pass. Barcelona won the game 3-1 and the tie 4-3.

A.S. Roma-Shaktar Donetsk (2-3 Shaktar)

Roma had an uphill climb heading away to Donetsk for the second leg and pressed the play early. Shaktar weathered the pressure and it paid off 18 minutes in when Willian's cross went through the Roma defence to give Shaktar

the lead. Roma had a chance to reply when they received a penalty 10 minutes later, but Marco Boriello was denied by Shaktar keeper Andriy Pyatov. Roma's chances were sunk at the end of the first half when Phillipe Mexes received his second yellow for fouling Luiz Adriano. In the second half, Shaktar put the game on ice when a high corner kick landed to Willian who slotted it home, Eduardo would add one more to give Shaktar a 6-2 victory.

A.C. Milan-Tottenham (0-1 Tottenham)

There wasn't much to this game as Milan controlled most of it, but couldn't get the ball past Tottenham keeper

Heurelho Gomes. Milan had their best chance in the 24th when Robinho had a wide open net to shoot at, but was cleared off the line by William Gallas. Robinho had another chance in the second half, but couldn't find the net, as well as Alexander Pato near the end. Tottenham held on for the scoreless draw, and the 1-0 win on aggregate.

Valencia-Schalke (1-1 Schalke)

The second leg between

Schalke and Valencia was up for grabs in Gelsenkirchen, and as the game progressed Valencia took control of it. Seventeen minutes in, a Mehmet Topal cross was headed in by Ricardo Costa to put Valencia up 1-0. After that, Valencia couldn't find the killing blow. It would cost them, as Jefferson Farfan struck a free kick past Vicente Guaita to tie it up at two all. Schalke would take the lead as Guaita mishandled a cross and the ensuing madness led to Mario Gavranović striking the ball off both posts and in. Valencia couldn't reply to it despite having most of the possession, and at the end, Farfan sealed it after latching onto a long-ball and chipping it past Guaita, making the score 4-2 Schalke.



Lionel Messi celebrates his goal against Arsenal.





Upcoming events

CLXT

What: Bake Sale When: March 17; 11:15 a.m.-12:15 p.m. March 18; 12:15 p.m.-1:15 p.m.

Where: Outside NAITSA (Main Campus) **Club MET/Animal Health** Technology

What: Pub Night - Marker Party When: March 18; 9 p.m. Where: Suite 69

Business Connex What: Alberta Accounting Student Conference When: March 19; 8 a.m.-5 p.m.

Where: Delta Hotel, downtown Edmonton RT 2012 What: Bake Sale

When: March 24, 11 a.m.-1 p.m. Where: HP Centre

Business Connex What: Mix and Mingle When: March 28, 3 p.m.-8 p.m. Where: Shaw Theatre

Outdoors Club What: Ski/Snowboard Trip When: April 2 Where: Marmot Basin, Jasper National Park

Clubs Centre News

Presidents' Connection: March 21 (4:30 p.m.)

5,033.5 4,016.25 3,932 1,313

1,130

974.5

387 252 207

75

81 58.5

Regular weekly events

Gamers of Dungeons and Dragons What: Weekly Games When: Fridays; 4:15-10 p.m. Where: Room WC-312

Christian Club What: Weekly Meetings When: Hang Out & Learn Wednesdays 12:15 p.m.-1:10 p.m. Room E-115 Prayer Meeting Wednesdays 7:30 a.m.-8:05 a.m. Room J-207 (Multi-faith prayer room)

Latter Day Saints (LDSSA) What: Weekly meetings When: Thursdays 11:15 a.m.-12:10 p.m. and 12:15 p.m.-1:10 p.m. Where: Room E-221

Karate at NAIT What: Weekly sessions When: Mondays, Wednesdays 7 p.m.-9 p.m. Saturdays 10 a.m.-Noon Where: Room S-112

Clubs Centre Info

Hours: Monday-Friday, 8 a.m.-5 p.m.; Phone: (780) 471-8457 E-mail: campusclubs@nait.ca; Website: www.naitsa.ca Location: Room E-133 – Main Campus

GIV'ER point totals Overall Points

CLUB	Second Semester Points
Club Culinaire	
Full Frame 47	1,399
Bakers	3,877
CETSC	0
Music Is A Weapon.	1,130
Club 5 Star	0
CCR	0
EDDT	0
Bio Sci (First Year).	
Bio Sci (Second Yea	ar)75
Business Connex	0
B-Tech	

Reminder: The cutoff for all documentation for GIV'ER points is March 18. The final tally of second semester points will be announced at our club appreciation social on March 24.

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What's the best advice you've ever been given?

CLAY SMITH



"Never live your life without risk."

Allison DMIT



"Work out every day and twice on Saturdays."

Alisha Personal Fitness Trainer



"Try to keep an open mind in everything you do and get as much as you can from the experience." Christopher

RTA



"Keep smiling and be happy all the time. Don't waste your time being sad."

Jaymee DMIT



"Stay in school!"

Vishal CMT



Cartoon by John Benesch

ENTERTAINMENT Acoustic, times two

By CHRISTINE VU

Every Thursday, various NAIT students gather after a long day of classes for Indie Night at the Nest. Traditionally, at 4:30 sharp, one act, whether a solo artist or band, takes the stage. Last week, students had the pleasure of enjoying not one, but two acoustic sets. Beginning with Joel French and ending with Justin Wisser, Indie Night broke with tradition.

Joel French of Edmonton's very own band, Dear (Your Name Here) was the first to play for the audience. French has been playing music since his high school days 10 years ago. One of the first bands he became a part of was Farsighted, which had an upbeat sound. Wanting to branch out and try something different, he began a solo project in 2006 entitled Dear (Your Name Here). It did not take long before he made his collabora-



Photo by Natasha Nitz **Justin Wisser**

tions permanent, making Dear (Your Name Here) a full band ensemble.

"The stuff I do now is very influenced by what I've listened to over the years," says French

"I would listen to a lot of punk rock bands. Punk rock bands almost always have at least one soft song on the record where they do an acoustic song and those were quite often my favourite songs."

Having never played at the Nest, he bravely tried to engage the crowd. People put down their forks and lifted their glasses and repeated lines from one of his original songs. French and his guitar made a perfect addition to the laidback atmosphere.

The patrons were once again singing along when French began a cover of "Save Your Scissors" by City and Colour. French admits that he does not play covers all that often but decided to play it.

"I'm definitely influenced by people like Dallas Green," says French, explaining why he chose a City and Colour song for one of his rare live covers

"When I'm just sitting around at home I mostly play covers unless I'm trying to write something. I do enjoy playing other people's music but when I'm up on stage entertaining people, I like to share music that they haven't heard before," explains French.

"It's music that I put a lot of work into. It's really all I have to contribute to people. As an artist you just want to communicate something. That's why I started playing music in the first place."

After French's set had ended, it wasn't long before the evening's next performer was on stage. Like French, Justin Wisser was also without his band, Short of Able. Wisser describes Short of Able as an acoustic rock band. With his band, Wisser has become quite familiar with Edmonton's musical venues. He has even played at the Nest before with the guitarist of Short of Able. Last week was his first time back alone.

and since its release in October 2010, it has

received rave reviews. Although his voice is

incredibly unique, he has been compared to The

Vertesi's coming

By CHRISTINE VU

Indie Nights at the Nest usually have a laid back feel to it but today is different. Today is St. Patrick's Day. Another element that

makes this highly anticipated Indie Night extra special is guest, David Vertesi.

David Vertesi is one third of popular Vancouver-based band Hey Ocean! Vertesi is not confined to just one genre. With Hey Ocean!, he holds down a poppier sound but on his own, Vertesi has honed a folk feel for his music. His voice is put on full display and it is a bit of a pleasant surprise. His voice is deep and soulful for such a young lad.

Cardiography is Vertesi's debut solo album



David Vertesi

National's lead singer Matt Berninger, a fellow baritone. Vertesi's single "Mountainside" is an instant favourite among some.

It is evident that David Vertesi is quickly rising and everyone is after his lucky charms. Perhaps it was with the luck of the Irish that NAITSA was able to get this budding folk rock star to play at tonight's Indie Night. David Vertesi will take the stage at 4:30 p.m. The Nest will be serving

Irish stew, green chips, green beer and Guinness, all in the name of St. Patrick.

Wisser took off where French had ended and started his set with a cover of Tom Petty's "Won't Back Down." A little more upbeat than French, he had the crowd tapping their toes and nodding their heads as well as singing along.

The rest of the members of Short of Able was "scattered" as Wisser put it. They were not able to make it for the show but Wisser made up for it by playing the harmonica and guitar at the same time. For that night, Wisser became his own one-man band.

If you want to see Wisser in action with the rest of Short of Able, you can see them at their CD release party on April 2 at Haven. This album has been a long time coming.

"It's a work of what we've done over the past two years," Wisser says as he describes the new album.

"We've been trying to find that sound and we finally found our niche."

Wisser has been playing music for over six years and says his acoustic versions of his songs are "stripped down to the real emotion of it."

His sound can be compared to the likes of fellow Canuck rocker Sam Roberts. Wisser ended the evening on a lighter note than when it began with a more serious side to acoustic with French.



Joel French

Photo by Natasha Nitz



FOR YOUR LISTENING PLEASURE ... **\$3.99 mixtape**



By KITA MURU

VIRAL VIDEO OF THE WEEK

I had an idea, that since the Grammys were not too long ago, that maybe there should be a mixtape based on some of the music that was honoured at the Grammys. Halfway through, I realized that tackling this didn't really work out as well as I planned, or that this was a very bad idea. But then I thought that this idea might just work out, and as I was listening to some of the songs that were nominated and the songs that won, the cold that was plaguing me for the past two weeks was magically cured

through the power of music, or maybe it was Buckley's. So I decided to do this mixtape based on what was at the Grammys, whether it was songs that were nominated (Pt. 1) and winners (Pt. 2)

Pt. 1 Love the Way You Lie - Eminem (Ft.

Rihanna) - Recovery Resistance - Muse - The Resistance 1977 – Ana Tijoux

Billionaire - Travie McCoy (Ft. Bruno

Mars) - Lazarus Airplanes, Part II – B.o.B (Ft.

Eminem, Hayley Williams) - B.o.B Presents: The Adventures of Bobby Ray

Empire State of Mind – Jay-Z (Ft. Alicia Keys) - The Blueprint 3

<u>Pt. 2</u> The Suburbs – Arcade Fire

- Just the Way You Are Bruno Mars -Doo-Wops & Hooligans
- Tighten Up The Black Keys Brothers

Not Afraid – Eminem - Recovery On to the Next One – Jay-Z (Ft. Swizz Beatz) - The Blueprint 3

Happy songs

By KASSIDY KRUEGER

We have all seen the flash mob videos, where a group of people starts dancing in a public place. They are fantastic and so addicting to watch. The Viral Video of this week takes the flash mob to a whole new level. When you watch this video you will be smiling from ear to ear.

The video is set at Heathrow Airport and as passengers meet up with their family they are serenaded by a flash mob. This flash mob is not only singing, but they are

making all the instrumental noises with their voices. They sing a large variety of coming home songs, such as "The Boys are Back in Town" and "At Last."

This video will make you wish that a choir sang to you as you got off the airplane and reunited with your family after a trip. It will send chills up your spine and you will not be able to wipe that smile off your face. Head to You-Tube and look up The T-Mobile Welcome Back. http://www.youtube.com/ watch?v=NB3NPNM4xgo







Join us on April Fool's day for a stunning live performance by Michael Jackson & Lady Gaga...sort of ... it's our BIGGEST, BEST and LAST party of the school year!

> Friday April 1, 2011 @ 8PM City Center Airport Hangar

Tickets \$20.11 @ the NAITSA office www.naitsa.ca/yearendshow







Thursday, March 17, 2011

MARCH 18TH

A different tack

By GRAHAM MOSIMANN

On Friday March 18, make sure to keep your calendar open. Edmonton band audio/rocketry is releasing their third studio album, *Piloting a Vehicle of Audio Expression*, at the Pawnshop.

Their newest work takes on a much different musical atmosphere compared to their previous works *Buskin' Songs* with audio/rocketry and Eastward + Onward, from 2008 and 2009 respectively.

"This album is a lot different from any of the others, put together by five people instead of three. We have really moved on from the busking theme in our first records," says bassist Matt Murphy.

Added a mandolin

Joe Vickers, the front man for audio/rocketry is also their primary song and lyric writer.

"The dynamic (of this album) is different because we have added a mandolin and even drums on this record," says Vickers.

One of the groundbreaking things about this album is the movement from the busking theme to something new. Vickers believes that the old albums have a few recurring themes, but this one is based on friendships and relationships in general. Personal experiences have factored heavily into the writing style of this work as well.

"New relationships, relationships ending and sustaining old relationships," Vickers states of the contents.

Murphy heralds Vickers as the big driving force behind their new album.

"He will bring a skeleton to a jam and we will all write and contribute around it. Joe is the driving force and the heart and soul of audio/rocketry."

He also gives a lot of credit to Blair Drover for giving a new style to the album.

"Blair played in a hardcore group and our other guys

(Paddy Sterling and Kevin Klemp) came from a ska-punk background."

Vickers sees this album as a throwback to the work audio/rocketry wanted to create in their early days.

"Some of these songs have been kicking around for five years. These songs generally reflect who we are as people," he said.

The songs' age doesn't bother Joe at all because "it will starts as a melody in your head or just one or two words you will write down. It can actually take off in new directions."

Vickers has a writing style that may seem rather unorthodox, but it works to keep the songs fresh and relevant, even after sitting for five years or more.

'Whole different meaning'

"I'll get to a certain point in the writing and I will have to stop and let it sit. A week, a month, a year it doesn't matter. In the track "Piloting," I wrote it, I stopped and let it mature. We mature with the music we write, too and when I came back to it the track had a whole different meaning."

It is really easy to see the amount of passion for music that the group has, and it is sure to pass through on the new album.

Vickers also speaks of a hope he has for Edmonton's local music scene.

"It (the new album) talks about wanting to create a community where we had a place to belong. Having a community to call our own is very special."

It is plain to see that audio/rocketry is trying to create an accepting and open culture in Edmonton. Their album release will feature long time friends of the group like Fire Next Time, Desiderata, as well as Edmonton's self anointed "most

pawnshoplive.ca

eligible beer-swilling folk singer" Rusty.

You can check out audio/rocketry on March 19 at the Pawnshop on Whyte.

Tickets are \$10 at the door.



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The Association of Science and Engineering Technology Professionals of Alberta



The alien apocalypse has come

By MATTHYS PISCHKE

Imagine every alien apocalypse movie you have ever seen. You now have the plot of *Battle: L.A.*

Set in modern Los Angeles, the movie follows a squad of US marines during a global alien invasion. Mysterious objects that are thought to be meteors crash into Earth around major population centres all over the world. These meteors turn out to be alien spacecraft that are sent to take over the world. As the U.S. military scrambles to evacuate citizens, Aaron

Eckhart leads his team through the battle zone. Their mission is to retrieve civilians from a police station that has been overrun by the aliens. Of course, nothing goes the way it's planned. I suppose you could say ... poop hits the fan.

Battle: LA was a good movie, not a great movie, but still a good one. It is basically constant fighting throughout the entire movie, which if that's your thing, then you'll enjoy Battle: LA immensely. But the constant action scenes that are all edited together the same

way just don't do it for me. It gets repetitive and makes the movie seem to drag on for far too long. The acting doesn't save the movie in my eyes, either.

The cast puts together a convincing performance, but the actual emotions seemed to be lacking from what they should be during a war. If Battle: LA has one saving grace, it would have to be the computer-generated imagery. The aliens looked outstanding throughout the movie. As well as the explosions and other crazy machines that appear throughout the movie

Overall, Battle: LA is a movie

that I would recommend you rent when it comes out on DVD (or you could find a magical torrent somewhere on the internet) and watch it that way. Thanks Hollywood, for another mediocre, alien apoca-

edgeoftheframe.wordpress.com





By LACE SENIO **Entertainment Editor**

Who doesn't love a good party? You know, letting loose, and getting down. Er, well maybe not getting down, but dancing your ass off at least! That is the kinda party I am talking about, wild, crazy and fun! A chance to really party, and have a great time. This is what NAITSA has

in mind for the last party of the year. NAITSA has planned a party to blow your socks off! It is the last, biggest, and best party of the year. NAITSA strives to provide students

with a lot of fun opportunities. It is important to balance out school work and partying. For students to remain focused, they need to unwind a little bit. That is why for the last party of the school year, NAITSA is going all out.

The party is Hollywood themed. So dress the part, and get glamorous. The party is going down on April 1, at the City Centre Airport hanger. Tickets are \$20 and can be purchased at the NAITSA

office. Drinks are at the low rate of \$3.75! This will allow students to buy a few drinks and not drain their bank accounts.

Not only is the party Hollywood themed, but will feature some very special guests. Back from the dead, Michael Jackson, and the one and only Lady Gaga. Well, more or less. The guests will be tribute artists, who are bound to put on

a stunning performance.

"It is going to be epic, I am really excited about this party," says NAIT STUDENTS' student Steven Dyer. "NAITSA ASSOCIATION knows how to throw a party, I expect this to be a great night."

> Obviously students are looking forward to this event, as well as the NAITSA Student Executive. Tyler Bernard, VP Campus Life, says, "It's \$3.75 drinks all night long, the best DJ in Edmonton, the King of Pop, a hot blond, and a red carpet; what more can I say? I'll be there and so should you. Let's close out the year with a bang!"

Well, what are you waiting for? Head down to

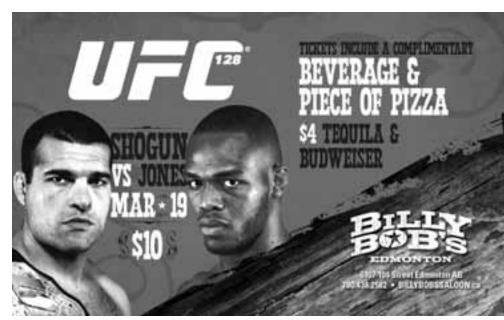
to party like it's 1999. Finals are coming up, and schedule is filled with text books. Cheers!

the NAITSA office, grab your ticket and get ready this is your last chance to celebrate before your

lvpse movie.



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ITERTAINMENT







Bulletstorm takes the cake

By BALJOT BHATTI

Epic Games has always had a reputation out of making violent, crass, juvenile games that appeal to the little kid inside of all of us, but their latest outing, Bulletstorm (developed by People Can Fly studios), takes the cake.

The writers of the game really push the "how many insults can we combine into mega-burns," none of which could be repeated for this review. And while at times this becomes really tiring and overdone, I mean, how many times can "monkey ****" be said in a single video game? It's still not enough to bring down what is basically a very good shooter.

The premise of Bulletstorm is simple enough - you play as Grayson Hunt, a former special forces soldier turned mercenary who's on the run from his former employer, comically evil Gen. Serano. When he and his ragtag crew of pirates come across the general, in a drunken rage, Grayson rams his ship into the general's and they all crash land onto a planet festering with dangers.

Grayson and his friend Ishi, whose body was destroyed in the crash and is now half-human, half-machine, have to battle against the mutants, crazies and mercenaries that cover the planet's surface.

The game's big draw is that it uses a mechanic called "skill-shots" to vary the gameplay. You use a combination of kicks, your weapons and a cool new offensive weapon called "the leash" which lets you rope in enemies and shoot them in slow-mo.

You get more points for "killing with skill", by varying it up and not sticking to the same boring strategy. The points let you buy upgrades for your weapons and for your leash, which lets you focus on weapons you prefer. The game is the very definition of ridiculous - some of the kills border on bizarre, like shooting a guy with a controllable sniper rifle bullet, steering his body into some of his buddies, and then exploding all of them. Insane? Yes. But lots of fun.

There are some multiplayer options as well. There's one mode called "Echoes," where you replay some segments from the single player and compete with your friends on leader-boards for high scores. The other standard multiplayer mode will be familiar if you ever played Horde mode in Gears of War 2. You and three other friends fight waves upon waves of crazies while you try to survive and rack up as high a score as possible.

Looking at it on a superficial level, Bulletstorm seems like a shallow game, another shooter in a market over satu-

rated with them. Once you get past the crass, overly macho dialogue and simplistic story line, there's a surprisingly deep combat system, and a lot of replay value in the multi- Duty's and your Halos. player sections. Bulletstorm might be what you need to take your mind off your Call of



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Student pricing

For just \$29.95, walk in with your taxes, walk out with your refund. Instantly. You'll also get a free SPC Card to save big at your favourite retailers."



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© 2013 H&R Block Canada, Inc. *\$29.95 valid for regular student tax preparation only. Cash back service included. To qualify for student pricing, student must present either (i) a T2202a docume more months of full-time attendance at a college or university during 2010 or (i) a valid high school identification card. Explore December 31, 2011. Valid only at participating H&R Block locations in Canada. SPC Card offers valid from o6/o1/so to 07/31/ss at participating locations in Canada only. For Cardholder only. Offers may vary, restrictions may apply. Usage may be restricted when used in conjunction with any other offer or retailer loyalty card discounts. Cannot be used towards the purchase of gift cards or certificates. "If H&R Block makes any error in the preparation of your tax return that costs you any interest or penalties on additional taxes due, although we do not assume the liability for the additional taxes, we will reimburse you for the interest and penalties.

To Sheen or not to Sheen



SHOOT FOR THE STARS LACE SENIO Entertainment Editor

"He's an alcoholic with a lot of money. There's nothing you can do about people like that. The best you can do is be nice to them so you can inherit their house when they crap out their liver."

- Charlie Harper, of Two and a Half Men, played by Charlie Sheen.
To Sheen, or not to Sheen? That is the question on everyone's minds. Surely it will not hurt to take a stab at a few Charlie Sheen jokes, I mean everyone is doing it. Why should you be left out? Especially when Sheen is seemingly making it so damn easy for the world to make fun of him?

Except, you would not make fun of your friend that just got fired. You would not make fun of your friend that is obviously going through a tough time. You would not make fun of your friend who is going through a problem with addictions. You just wouldn't. You would stand by them, stand by them, when the world turns against them. Honestly, in my opinion, the Sheen jokes are getting out of hand.

Maybe Charlie Sheen does not have a good track record of outstanding kindness and generosity. Maybe Sheen has gotten a little carried away, maybe he took things a step too far. Some would say he deserves this public humiliation. But, it doesn't seem right for someone as apparently disturbed as Sheen to be at the butt of every comedian and class-clown's jokes.

At least one radio station in Edmonton is using Sheen references in promotions. "Winning, duh." Even Ford has jumped on the "winning" streak using it to promote the Ford Focus 2012 Rally America web series. Fankly, to me, it doesn't seem right to exploit Sheen, at least right now.

"Sheen is in a hypomanic state due to a psychiatric condition known as hypomania that can be induced by drugs and alcohol," says Dr. Drew of *Celebrity Rehab*.

"Hypomania means "under mania," and when a patient reaches "mania," they completely lose touch with reality," Dr. Drew explains. According to Dr. Drew, the people closest to Sheen, as well as the rest of the world, should be trying to contain Sheen. All of the media attention that Sheen is getting, good and bad, is allowing him to continue to behave in such an "insane" manner.

"Q: How much coke did Charlie Sheen take in January? A: Enough to kill Two and

a Half Men," is a joke I have heard countless times in the last few months. Comedian Joan Rivers tweeted, "I hear there's so much snow on the ground in New York City that it looks like they're filming *The Charlie Sheen Story*." The coke jokes are getting old. How can we, as a society, expect to take serious matters, like substance abuse, seriously if we allow for it to be a part of the cheap humour that makes us chuckle?

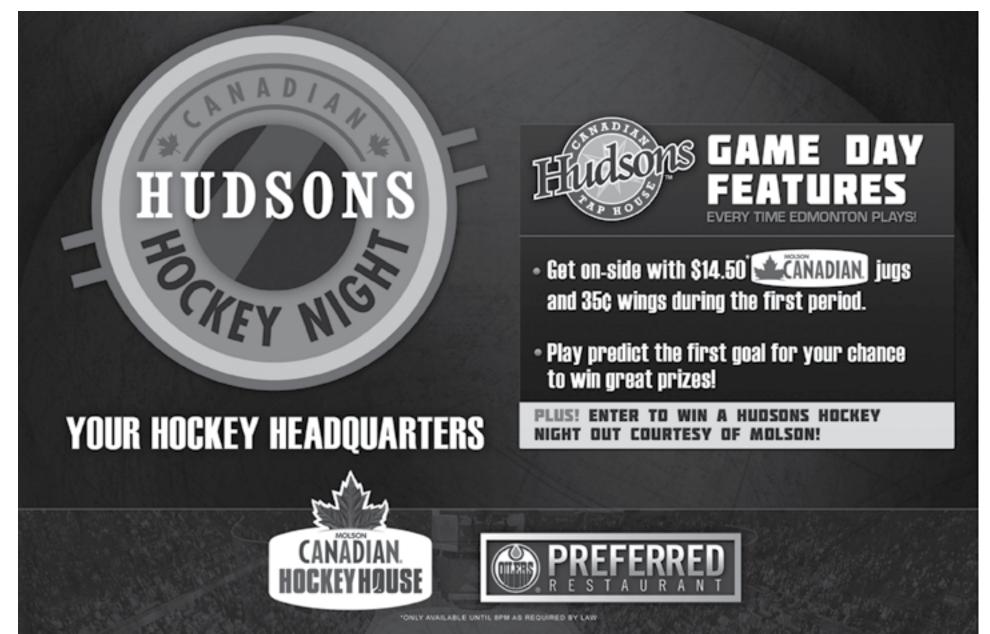
Sheen was recently fired from the hit CBS show *Two and a Half Men* because of his reckless behaviour and declining participation in rehearsals. He has neglected his wife and children. A history of abuse and negligence follow him, as well as substance abuse and out of control partying. Sheen is not a role model in the slightest, but he is a person who needs help and support. The media needs to take a stand.

Charlie Sheen is suffering from some severe mental issues. Mental illness is no laughing matter. It makes me sick to my stomach to have to be a part of a culture that relies so heavily on the misfortune of others for humour. So maybe I am old-fashioned, or maybe I am cynical, but I firmly refuse to take part in the "Sheen-Oh-Rama." I like to think my parents raised a good, morally conscience child in me, and so when it comes to the question, to Sheen, or not to Sheen, well I just will not partake.

For more information on Sheen, check the web, or any late night comedy show, I guarantee you will hear a few stabs at him.



Charlie Sheen



Marc's magic listening ride

By CHRISTINE VU

Marc Majeau has been around since 1988, and the award winning Marc Majeau Show has been on air on NAIT's very own NR92.com since February of 2010. Find out why you should be listening in every Sunday night from 7 to 8:30 if you aren't already.

Nugget: What is the premise of your show?

Marc: When I first found out I could host my own after hours show I thought it would be just kind of fun to play bands that I love. A lot of people always say "hey you listen to good music," so I thought why not try to do a radio show. It's an hour and a half every week. I play bands I love, new music I discover, some old stuff ,but pretty much bands that I love and keep listening to in my car. I play a lot of indie music, local Edmonton stuff and throw in a bit of rap sometimes.

N: What makes your show different?

M: There are a lot of shows that have week-to-week theme shows. I don't have a theme. It's all up in the air so you might catch me on a day with something surprising. I used to do a lot of gags but now it's more like a late night talk show but it's still just as humorous as before.

N: What do you want people to get out of your show?

M: I want them to hear some music that they haven't really heard before, broaden their musical horizons. People request stuff all the time and that has broadened my musical horizons. I've grown to like a lot

of new music that way. There's a lot more music than what's on the regular radio and TV.

N: What kind of music would people be surprised you listen to?

M: I really like Hall and Oates, "Private Eyes." I clap along to it.

N: Along with indie music, you mentioned you occasionally play rap. What kind?

M: Newer rap, but it isn't mainstream. I'm really into a group called Chiddy Bang. They are two college students from New York. I discovered them through their remix of MGMT's song "Kids." Another rapper I'm into is Hoody Allen. He's also from



Campus

M: I know I've gotten a bit better since first semester but the theme has pretty much been the same. I've had guests on my show, guests that co-host with me, in-studio guests perform right from when I started doing the show. I'm really busy so it changes every week. I just had a band called Rhodes doing an acoustic set on the last show. They are a local band from Edmonton and have been on the show before. They have been compared to Oasis.

N: What gave you the idea to feature

M: I try to put things that I would get excited for if I was flipping through stations. I think hearing a live band in the studio is cool.

N: Who has been your favourite guest so far and why?

M: I have had bands from all across Canada but my favourite guests are a band from Vancouver called The Februarys. They did a phone interview on my show once. They are one of my top five favourite bands, and they are the nicest guys ever, so that makes the interview process a lot easier.

N: What got you interested in pursuing a career in Radio?

M: My mom used to work in radio, not on air but the sales side. I've always thought of doing an interesting program like Radio and Television. All my friends were going to university and I've been out of school for a while so it's my chance to do something

different. You don't hear of a lot of people going into Radio and T.V. So I decided to do something unique and something I thought I would be good at.

N: What was it like winning an award for your radio show from the Radio and Television Arts program in your first semester of running the show?

M: I've never won anything before in my life. It was really cool to win it. It's still sitting beside my T.V. It's a friendly competition, so it's just fun. It does motivate me to do better this semester though.

The Marc Majeau show has listeners from coast to coast that tune in every Sunday from 7 to 8:30 p.m. To find out more about the show go to www.facebook.com/ TheMarcMajeauShow. You can also find him on Twitter @majeau13. He even keeps his fans and new listeners updated with his blog themarcmajeaushow.wordpress.com

New York. It's just really fast beat and he does a lot of sports references and I'm a huge sports fan. I still like Kanye West and all that but I'm mostly

into lesser known stuff. **N:** Has your show evolved since your first

semester?

live bands on your show?

hysical fitness is the wheel thing

By ADAM KAMARA

NAIT will be getting in shape this semester right before spring with NR92. NR92 every semester provides a promo-

tion to spread the word of the campus radio for the newcomers and students still attending. This semester one of the promotion groups is bringing out a big spinning wheel

where students have the ability to win prizes to help with getting fit in time for bikini and shorts weather.

Group members Lisa Vaughn, Madison Audeau, Albert To, Darcy Walker, Logan Walters and Kassidy Kreuger will be all out

over campus from March 21 to April 8 with the Wheel of Fitness. Their strategy was just to get the students involved with fitness, including the NAIT gym.

The Wheel of Fitness group will be getting the word around school with production of commercials, posters and even getting a "Big Red" walking around school

grabbing attention and letting students know where exactly the Wheel will be.

Reasons why the promotion group chose to use a big wheel is because of a previous promotion last semester, Wheel of Destiny, had much success reaching the student body.

on-air with NR92, they'll be giving out Fitness Tip of the day. They will be talking to a fitness trainer on how to get fit and stay healthy, everything from diet, to the proper exercise to stay in shape. As well as the NR92 website will be giving out "How To" tips as well for those who don't necessarily know how to use the equipment in the gym.

Why NR92's Wheel of Fitness decided to use a "Big Red" mascot, the group said it can attract people's attention quickly with the brightness of the suit. Like 'It's Always Sunny in Philadelphia', the red zentai suit catches anybody's eye and the anonymity of who's in the costume will have the school buzzing about the Wheel of Fitness. Big Red

With the production elements getting will be walking around campus with a barcode that will scan your Blackberry straight to the NR92 website.

> Prizes that the promotion group are giving out include fitness trainer passes where students would get free sessions with a personal trainer. Originally, personal training sessions at the NAIT Fitness Weight Centre cost \$60 for memberships.

The NAIT Fitness Weight Centre is open Mondays to Thursdays from 5:45 a.m. to 9:45 a.m., Fridays from 5:45 a.m. to 9 p.m. and Saturdays from 10 a.m. until 4 p.m. All free for students.

For all the details and more information on when, where and what NR92's Wheel of Fitness will be doing, check www.nr92.com.

wrei's Photo by Christine Vu

Marc Majeau loosens up before his show in the NR92 studio.

The Nugget 21

Happy St. Paddy's Day!



WHAT'S "TASH-INING"

NATASCHA BRUHIN Assistant Entertainment Editor

Today (Thursday) is officially St. Patrick's Day, and isn't it grand?

People are encouraged to go out to the pubs and drink green beer, wear green for good luck and St. Patrick is the toast of the town. But do you know who St. Patrick is and why he is celebrated on such an international level?

St. Patrick was the patron Saint of Ireland back in the late fourth century. Originally born in Britain, St. Patrick went to Ireland to abolish old pagan practices and to introduce the people to Christianity.

No snakes in Ireland

One of the many stories about him is that he is the reason why there are no snakes in Ireland. Snakes were often the symbols of pagan religions, and it's said that St. Patrick drove them out of the country as a symbolic way to end the pagan practice. Whether St. Patrick is the reason for a snake free Ireland or not, go anywhere in Ireland and you won't be able to find one single snake!

Many churches all over the world are dedicated to the late St. Patrick, and there are celebrations all over the world on March 17 in honour of the patron St.. March 17 is the day that St. Patrick died and traditionally, the day is meant for spiritual renewal.

However, nowadays, the day has become more of a celebration of Irish culture. In Ireland, it is also a religious holiday and many Irish people go to Mass. Did you know that St. Patrick's Day is not only a national holiday in Ireland, but also a provincial holiday in Canada's own Newfoundland?

In the United States alone, over a 100 cities hold St. Patrick's Day parades, including Chicago. The city goes even a step further, and dyes its river green! Every year on March 12, the Chicago River is dyed a stunning, lime green colour, right before the parade that kicks off at noon.

However, no city tops Dublin, Ireland's which holds a four-day festival. The Dublin St. Patrick's Day festival kicks off on March 17, and doesn't end until March 20. It has a parade that is expected to bring in a crowd of 650,000 people! And that doesn't include the millions that will watch on TV. So yes, the Irish really do know how to party.

So whether you're going out to celebrate tonight, or this weekend, don't be that person who is out celebrating a holiday they know nothing about. Be in the know! Nothing's worse than getting your facts wrong.

Icebreaking material

Here are five, interesting facts about St. Patrick's Day, and the Irish, that you can use as an icebreaker at the pubs this weekend:

1. According to Irish legend, each leaf on a four-leaf clover stands for something. The first leaf stands for hope, the second leaf means faith, the third stands for love and the fourth leaf, naturally, is for luck.

2. The highest number of leaves ever found on a clover is ... (Drum roll please): 14! (The Guinness Book of World Records stands by it!). Can you even mentally picture that image?

3. Originally, the colour of St. Patrick was not green, but blue. The colour green and the shamrock are commonly associated with Ireland, but the harp is actually the official symbol of Ireland.

4. The first St. Patrick's Day parade occurred in New York City way back in 1766. St. Patrick's Day is such a big holiday in the States because there are around 36 million Americans with Irish ancestry. Funny enough, the population of Ireland is just under 4.5 million people.

5. The Irish flag is green, white and orange. The green stands for the native people of Ireland, while the orange represents the people of the south, who were British supporters of William of Orange. The white is meant to represent the peace between these two groups of people.



englishinguiabasico.wordpress.com

Plenty to do to celebrate

By CATHERINE YE

St. Patrick's Day is on March 17, so today. No matter if you are Irish or not, I believe it is a great chance to party and have fun. In Canada, one of the longest-running St. Patrick's Day parades occurs each year in Montreal, the flag of which has a shamrock in one of its corners. The parades have been held in continuity since 1824. In March 2009, the Calgary Tower had changed its top exterior lights to new green coloured bulbs just in time for St. Patrick's Day. So how about Edmonton? Where can we have fun this St. Paddy's Day?

Here are some ideas:

Filthy McNasty's (10511-82 Ave. second floor). St. Patrick's Day at Filthy's is back, the legendary night of drunken debauchery, Irish style! It will open at 10 a.m. with happy hour specials till 4 p.m., then at 4 p.m., the Guinness are \$4.50, Keith's are \$3.75 and there's \$4 Irish stew all night long. To continue to tickle the Irish fancy,

Filthy McNasty's flew to Ireland, had a few Irish car bombs, really, how can they not, captured a leprechaun, smuggled him to Filthy's, where he will be serving shooters all night. Yup, a real leprechaun serving shooters! Filthy's got some Celtic pipes,

drummers and wicked Guinness prizes including a Guinness mini fridge.

Sounds great? Cool! The Druid Irish Pub also has a night planned.

The Irish style party will start with hourly entertainment featuring Owls By Nature, Jesse Peters, ETS Pipers, Knock School dancers, more pipers, more dancers, Dj's and more. Giveaways like crazy will go down when the doors open at 10 a.m. with no cover, all day.

The Druid will for sure be a great time!

O'Byrne's will be just as wild.

O'Byrne's Irish Pub, an Irish man's delight. The bar opens at ten, with music on by Derina Harvey and the Pure. \$3.25 O'Byrne's Irish Draft is served all day, 2-8 p.m. Happy Hour \$5.25 Import Pints. Signa-

ture Maple Tea is a great

choice. No cover charge!! These bars are far away from your home? Need a place to go after a long day of classes? Well, you can also have fun at school. Get your friends together and head over to the Nest, your local student restaurant and bar. Experience the relaxing and laid-back atmo-

sphere of the Nest after your next class. On St. Patricks Day, the Nest presents \$6 Irish Stew, served with a side of Green Chips, for \$2.50. \$4.25 Pint o' Green beer and \$5.25 Guinness!

Have fun everyone this St. Paddy's Day! Let's end with a little funny poetry.

Tis a day we all celebrate, March the 17th of every year. St. Paddy's Day and Ireland, with a pint of Guinness Beer. 'Tis wearin' O' the green, that's playing all around. Seems everyone is Irish, throughout our little town Leprechauns and Shamrocks can be found in every place. It seems people enjoy being amongst our Celtic race. Yes, St. Paddy's Day is big, even rivers will run green. For towns throughout the world, will be serving an Irish cuisine. But on this day of celebration, one must be careful of the drink. If ye celebrate too much, ye may end up in the clink.



Comics, toys and more

By MARC MAJEAU

On Sunday, March 20, the Shaw Conference Centre will be filled with art, collectibles, and pop culture from over 200 vendors, from all around the world, as The Edmonton Collectible Toy and Comic Show sets up shop for a ninth consecutive year.

To the mainstream public, the concept of a Collectible Toy and Comic Show is only for the hardest of hardcore comic fans, and that all those that simply have a "light interest" in the genre will be ridiculed, and insulted. But, I assure you, that is simply not the case.

The show offers up special guests, as well as exhibits and panels, so it has a little something to offer everyone. When the show first started, nine years ago, it was primarily for avid comic book collectors, but now in 2011, the show has grown, and expanded to so much more.

"We get a lot of hardcore collectors, a lot of casual collectors, a lot of people that are just into the 'geek' culture, and we get a lot of families that come through that just want to have an afternoon of fun," says show promoter Shane Turgeon. "You can walk around and see R2D2 and guys in storm trooper costumes."

The show will have exhibits and panels that cover the massive 'geek' culture, that include anime and science fiction, as well as the horror genre.

If the exhibits and panels aren't

for you, there is certainly more than few names on the guest list that will draw your attention.

LeVar Burton, who is most known for his roles on the mini series Roots, Star Trek: The Next Generation, as well as host of the PBS show Reading Rainbow will be coming to the Shaw Conference Centre to meet fans and sign autographs for the day.

"LeVar is actually the biggest guest we've ever had at the show" added Turgeon, who is a former graduate of the Radio and Television program here at NAIT.

Burton is one of the most active celebrities on "Twitter," with over 1.6 million followers, and he is fresh off appearances on two smash hit sitcoms: The Big Bang Theory, and Community.

Artist Ron Wagner, the man behind the art of many comic books, such as Batman, Daredevil and The Punisher will also be at the show, along with other artists Cary Nord and Robert Bailey.

Also, just announced this week, 24-time World Tag Team Champions, "The Dudley Boyz" from Total Nonstop Action Wrestling will be meeting fans throughout the day.

The show is being held in Hall A of the Shaw Conference Centre and the price of admission is only \$10, kids under 12 free. The doors open at 10 a.m., and the show goes until 5 p.m.

As well, the Edmonton Food Bank will be in attendance and are

asking patrons to please bring a nonperishable item to donate.

tion on the Edmonton Collectible edtoyshow.ca

If you'd like more informa- Toy and Comic Show, visit www.



Good food, good price

By CHRISTINE VU

International Week is fast approaching and one way NAITSA is celebrating other cultures is by kicking off the week with their third annual Dine and Dash Grub Crawl on March 22

Not to be confused with a pub crawl, this grub crawl revolves around food. This year, a bus will be taking ticket holders to three different restaurants that are known for their exquisite international cuisine. Every year, the restaurants are different, but this year, NAIT students and their guests are lucky enough to dine at The King & I, Chianti and Block 1912 all in one evening.

The bus will be leaving NAIT at 4:30 onwards to the south side to The King & I. The King & I is and has been Vue Weekly's Golden Fork award winner for best Thai restaurant six years in a row. The restaurant is beautifully ornate. The décor makes you

feel as if you really are dining like a king (or queen). Each dish is authentic and full of layered flavours. The King & I will be the first stop on the grub crawl along Whyte Avenue.

The second stop of the evening will be at Chianti Café and Restaurant. Chianti has two locations in Edmonton but for this special event, NAITSA is bringing you to where it all began. Located in what used to be a post office, Chianti brings the rustic feel of Italy to Edmonton. Chianti has been chosen "Best Italian restaurant" by an Edmonton Journal poll and has been featured in Air Canada's enRoute magazine as one of Canada's top 100 restaurants. A favourite among the locals as well, you can expect to find that your meal will be made fresh.

Lastly, the Grub Crawl will be ending at Block 1912, a European cafe. Block 1912 is known for its eclectic décor and mix-and-match furniture. They are even more well known for the perfect place to stop on a hot summer's day for gelato. The café has a relaxing atmosphere and it's the perfect place to lounge with your friends. Block 1912 also has an assortment of desserts that are made on site by a former NAIT student.

International Week is a time to celebrate and learn more about other cultures. Every culture is unique but there is one tradition that remains uniform around the globe. A time to celebrate is a time to gather with friends and eat a feast.

Tickets are running out fast for this once a year event. Students will dine for \$20 and non-students for \$30. Tickets include food, transportation (to all restaurants and back to NAIT campus) and non-alcoholic beverages. To purchase tickets, go to the NAITSA office in E-131.



Mad Child releases solo album

By FRED PAPIRNIK

review I choose to pick an new album from an artist many of you can remember, Mad Child of the Canadian rap group Swollen Members.

After Swollen Members arose to fame, lead vocalist Mad Child fell heavily into drug addiction starting with cocaine then moving onto percocet and then oxycon-

tin. After finally beating his addiction, the describes being stuck at the boarder over a

group Swollen Members returned to make piano laced beat. For this weeks version of the album the album titled Armed To The Teeth.

Controversy arose when the group attempted to start their American tour. While attempting to cross the boarder Mad Child's real name, Shane Bunting, was red flagged. The United States government did not allow him to cross the boarder. A lot of the story can be heard on the track "Little Bad Wolf," where he

describes his addiction and relationship with the Hells Angels. For fans of Swollen Members earlier music I would recommend listening to "Rebirth Of The Warlord", and "Black Phantom," where Mad Child goes back to his darker roots, or "Fresh Air" the only song on the album

featuring any one other than Mad Child can be found on Itunes.

himself, Prevail, his counterpart in the On the track "Super Ill Villain" Mad group joins him on the track and you

> can really see the step back they have taken in their career to get back to what really made Swollen fans, Swollen fans.

The Members are back after a five-year hiatus and want what they have been missing. If you were a fan before, get Banned hmvdigital.ca From America, which

MADCHILD

BANNED FROM

De Niro role limited in Limitless

By KATRINA TAYLOR

Limitless is director Neil Burger's fourth attempt at directing and proves to be a little bit less than the action-packed thriller the trailer leads the film to be. Starring Bradley Cooper, Abbie Cornish and a smaller-than-it-should-be role for Robert De Niro, the film Limitless is definitely something new, filled with a few suspenseful moments and some unique styles of filming.

Leslie Dixon, who has also brought us Mrs. Doubtfire, The Thomas Crown Affair and Pay It

Forward, wrote the screenplay. Pretty promising, right? Well, it was - the writing, that is, which in *Limitless* is well done, with narration by the main character keeping the audience connected and some witty banter from Cooper's character as well.

The screenplay was adapted from Alan Glynn's novel, The Dark Fields, and centres around a deadbeat copywriter named Eddie Morra (Cooper), who is trying to write a book without being distracted by the smell of cheap liquor at three o'clock in the afternoon. After being dumped by his girlfriend (Cornish), Eddie runs into his ex-brother-in-law, played by

Johnny Whitworth, who offers him a new drug porting-supporting role, instead of the usual and a whole lot of drug use thrown in, you made to allow its users to access 100 per cent of their brain instead of the normal 20 per cent.

After taking the drug, called NZT in the film, Eddie finds himself with Wall Street at his fingertips and a new hair cut and leather jacket to boot. He even wins the girl back. Heart-warming, right? He strikes the interest of business mogul

Carl Van Loon (De Niro), who sees Eddie as an asset to his moneymaking. However, like any other drug, NZT begins to take its toll on Eddie's health and his sanity.

With a loan shark/ NZT addict (played by Andrew Howard who looks suspiciously like a Jason Statham doppelgänger) on his trail, Eddie begins to be not only running from Howard's character,

but his dependency on NZT as well.

The characters are a little thin, and the story has its "WTF" moments, but the film definitely has its moments of light. The audience was thoroughly entertained and wanted to see more of the drug and poweraddicted Bradley Cooper. Robert De Niro was fabulous as Wall Street shark Van Loon. However, his character was more of a sup-

The 12th Annual The Spring Baby Edition 2.5 km walk or 5 km run William Hawrelak Park 11am, Sunday 3 April 2011 Register at www.runningroom.com or call 780-439-3099 For more info, email holly@wildlife-edm.ca

GHV BRunningL

dynamic character audiences usually hope will enjoy Limitless. to see from De Niro. If you enjoy a decent action movie, with a little bit of a love story,

★★★☆☆

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ARMED TO THE TEETH

2dopeboyz.com

10

16

19

23

12

CROSSWORD

14

17

20

Across

- 1- Member of a great Peruvian people
- 5- Religion of the Muslims 10- Shoppe adjective
- 14- Category
- 15- Fearsome
- 16- South African river
- 17- Asian sea
- 18- Saltpeter
- 19- Goes astrav
- 20- Bear witness 22- Salt of tartaric acid
- 24- Inexpensive
- 25- Interlocks
- 26- Franklin D.'s mother
- 28- Protection
- 32- Mature male European red deer
- 35- Mischievous person
- 37- Circular band of flowers
- 38- Gasteyer of "Saturday Night Live"
- 39- Part of LED
- 41- Barcelona bear
- 42- Unstated
- 45- Bumbler
- 46- Hit with an open hand
- 47- Lukewarm
- 48- Let
- 50- Bog
- 54- Component of organic fertilizer
- 58- Caudal
- 61- Newspaper executive
- 62- Gaelic language of Ireland or Scotland
- 63- Located
- 65- Florence's river
- 66- Exclamation to express sorrow 67- Clear the board
- 68- License plates 69- Playthings
- 70- Old Nick
- 71- " quam videri" (North Carolina's motto) 64- Conductor
- 32- monde 33- Actress Heche 34- Coarse file 36- Rock's Fighters 37- Woven fabric 40- Raised platform 43- Purposeless 44- Billy had a hit song with "White Wedding" 46- Arranged in order 49- Partially opened flower 51-Ascends 52- Director Kurosawa 53- Attack 55- Gillette razors 56- Forceps

-Pekka Salonen

Down

1- Sir Newton, an English mathematician

23- Drop of water expelled by the eye

25- Former French colony of north-west-

2- Compass point

5- " She Lovely?"

7- Starbucks order

8- Neighborhoods

11- Zhivago's love

12- Move suddenly

21- Health haven

27- Comic Foxx

29- London jail

31- Boutique

57- Uneven

58- Milk source

59- He sang about Alice

60- Brit's exclamation

61- Biblical garden

9- Incense gum

10- Supervise

13- Additional

ern Africa

30- boy!

4- In any case

6- Biol., e.g.

3- Jalopy



22

15

18

21

Used with permission.

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Harassment is conduct or comments that are intimidating, threatening, demeaning and that may be accompanied by direct or implied threats to a person's grades, status or job. The most common form is sexual harassment and can include:

- · sexist or racist jokes.
- display of offensive material.
- derogatory name-calling.

• persistent and unwelcome requests for "dates."

- unwanted touching, patting or pinching.
- verbal threats or abuse.
- How do you deal with harassment?

Most people involved with this behaviour only want the activity to stop. This requires action and may create some discomfort, as most times the people work or have classes together. Some methods known to work are:

• Tell the harasser what the negative impact of their action is and ask them to stop. This can be done verbally or by a letter. An example is "When you make suggestive comments, I feel so uncomfortable that I can't concentrate on my work. I don't like these comments. Stop saying these things to me."

• Keep a written, chronological account of all incidents of harassing behaviour. Note what occurred, when and names of any others that may have witnessed the incident. Keep any inappropriate letters, jokes, pictures or objects that the harasser gives you.

• Many people who experience harassment feel uncertain or embarrassed; however, ignoring or minimizing the problem won't make it go away. Ask for help. Talk to someone. Seek the assistance of a counsellor. NAIT students can call Student Counselling at 780-378-6135. NAIT staff members can call the Employee Assistance provider, Wilson Banwell, at 1-800-663-1142. In extreme cases, call the Sexual Assault Centre at 780-423-4121.

How about abusive or obscene telephone calls? If you should receive an abusive/obscene phone call:

• Don't react. Most often the caller is looking for a reaction to the call.

• Don't ask questions to the caller, (i.e. Who is this?), as this is what they want you to do.

• Hang up the receiver promptly and gently. • Never blow a whistle or yell into the phone.

The caller will know you are angry and will probably call back. As well, you could face a lawsuit.

• Never talk to anyone you don't know or are uncomfortable with.

• Consider subscribing to call display so you can see the number of the caller.

ing out 'How can I adjust my lifestyle and my schedule so that I can still do what I want to do, but without [those] negative consequences?""

She listed busy schedules and technology as key reasons for sleep deprivation in post-secondary students. Backlit screens used before bed activate adenosine, a neurotransmitter that signals the body to stay awake. This, in combination with a lack of sun and dim indoor lighting, confuses the body's circadian rhythms.

Brown believes that a distorted societal

· Notify police of any calls you received. If the calls are regular make a log of dates, times, and what was said.

If you are being harassed or get abusive or obscene telephone calls, contact Protective Services at 780-471-7477 to file a report. We can also offer a safe walk. Visit our website for more information on the Safe Walk program and personal safety tips at www.nait.ca/security. If you feel your personal safety is threatened, contact the Edmonton Police Service at 780-432-4567 or call 911.

If you have information about a crime, contact Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could be eligible for up to \$2,000. Everybody benefits, except the criminal.

perception of sleep, highlighted by the ram-

pant advertisement of energy drinks, also con-

our where, if you don't need any sleep, peo-

ple think, 'Wow, that's really cool, and that's

great, and they're really tough because they

actually realize how poorly you are managing."

"But what happens is you start to lack insight after you're sleep deprived. You don't

don't need sleep," she said.

"We have developed this badge of hon-

tributes to increased sleep deprivation rates.

<u>A good</u> <u>sleep's</u> essential

EDMONTON (CUP) - While most students denounce sleep as the least important of their priorities, a University of Alberta professor thinks that widespread attitude should be put to rest. Cary Brown, an associate professor in the

faculty of rehabilitation medicine, recently held a seminar on sleep hygiene at the U of A, where she said small changes can be taken to improve sleep for post-secondary students.

Brown defined sleep hygiene as "knowing what things contribute to bad sleep, and figur-





Photo by Lace Senio

Carly Hedden, 24 Radio Broadcasting

- What is your ideal man?: A guy with a great sense of humour and polite. I want someone who is eccentric. If they're attractive, but they don't have the best personality, I'm not interested.
- What are your hobbies?: I'm a music lover and an avid reader. And I love video games.
- What is your ideal first date?: Well I'm a bit of a foodie, so I'd like to be taken to a five-star restaurant, probably a three-course meal. If not, I love dancing, so maybe we could go to a club or something like that. Maybe even both!
- What's the craziest thing you've ever done?: When I was 10-yearsold, my friends and I put up 'Wanted' posters of our friends all over the neighbourhood and people thought they was actually missing. They were not very happy with us.
- Is there anything you'd like to say to the men at NAIT?: I know some of the men at NAIT say stuff about us Radio and Television girls. I'd like to know more about they have to say. We're actually very good-looking, and great people if you get to know us!

Are you hot and single? E-mail us at entertain@nait.ca

Donair day

By KYLE GALLIVER

As always, lunch rolled around the other day and I made my way to the Common Market to get some food and, as always, I just stood there staring at the same menu I stare at everyday. I stare and stare, but always end up getting one of the three things I always get. Today was no different – it was donair day.

The difference was that my donair general. You we wasn't that good on this particular day. most of the time.

Usually they are very good, and I quite enjoy eating them and I mean what's not to like? There's meat, bread, vegetables, cheese, sauce ... but on this day mine just didn't make the cut.

This is a rarity though, usually they are top notch and I would recommend them to anyone who is looking to expand their lunch options, or any donair fans in general. You won't be disappointed ... most of the time.

By GRAHAM MOSIMANN

Celebrating your inner Irish is easy this St. Patrick's Day! Just whip up this quick drop shot.

Make sure to drink it fast, though, because if you let it sit for too long, it will curdle! And nobody wants that damper on St. Patties Day. Please drink responsibly.

Irish Drop Shot

¹/₂ pint of Guinness

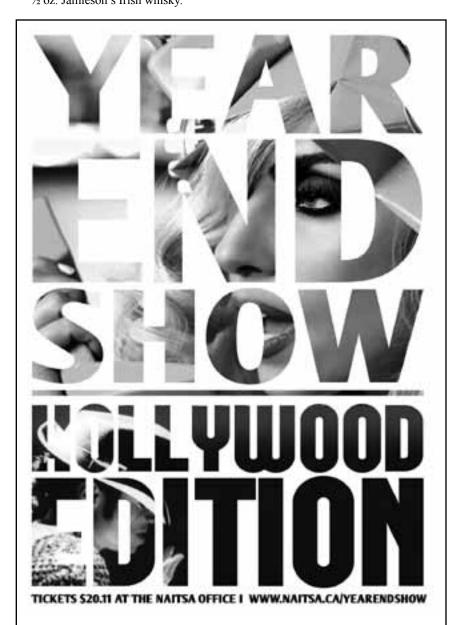
1 oz. Bailey's Irish Cream

Pour your ½ pint and let it settle, then drop a shot into the stout and consume! Optional variation on your shot is an Irish Car Bomb.

Irish Car Bomb

Add to half pint of Guinness:

¹/₂ oz. Bailey's ¹/₂ oz. Jamieson's Irish whisky.



<u>ENTERTAINMENT</u>



Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca or submit online at www.thenuggetonline.com

You say you see me every day. I find confidence sexy. Don't be afraid to talk to me I don't bite ... unless asked. Yellow mustang

Dear lost without you: All us gay boys are up in the business tower. It's basicly a bathhouse ... you're missing out. =P

– NAIT's gay boys

Dear XXX wing girls and Three DMIT: The Grapevine is not your personal dating service. No one wants to hear how afraid you are to approach other people. Also, the Grapevine specifically says it is a chance to speak your MIND, not your genitals. Whatever happened to the old fashioned way of just approaching people?

Annoyed

Today it's Aircraft Structures, tommorrow it's the rest of Patricia Campus. Pretty soon NAIT will just be another backwater university.

– Brain Drain.

Woman pure and fair, I fall captive to your stare.

By the piercing light of your eyes, By your rich and flowing hair.

I am drawn to your beauty, as to life. If space did not separate; if we could be one.

Perhaps in another life, a dream, a hope,

could I bask in the warmth of your sun. - Starstruck

... Hey squidge, why don't you just drop

out or go to a different school if nothing here is good enough for you. Just saying ...

To the Bistro Cafe in the annex: Take the damn oats out of the chicken fingers!!! When you order chicken fingers you are not expecting a healthy option. Please refer back to the deep fried goodness.

- Fatty-mc-fatterson

Concerned citizen

In regards to Jill and her friend ... I agree, those first year PFTs are both hotties!! Rumour has it that beefcake's taken?! It would be too bad that we can't have our beefcake and eat him too ...

...

To the interior design girls ... Thank you for making life in the Annex a little less crappy.

– With lots of love from the petroleum and chemical guys

Dear hotties in the annex, Feel free to say hi sometime so we can stop talking through a newspaper. - Orange backpack, nait backpack and friend

Cartoon ridiculers, get a life and go hump a stump.

Forestry Guys

I have a crush on a lady teacher but she's not my teacher. Only problem is I have a girlfriend, long distance *NOT FUN*!!! I always catch her looking at me and she catches me too. And I know she's gay :D!!! well I don't know, but my GAYDAR is reading GAY. HOW DO I ASK HER OUT, especially if i don't have her as my own teacher??? Is it bad to have a crush on a teacher in COL-LEGE?

NOT.AFTER.GRADES. Just ;)





MADAME O

March 17-23

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Pisces (Feb. 19-March 20) You're not really awake right now. This is all a dream!

Aries (March 21-April 19) Multiple choice test this week? Pick "A" for every single one.

Taurus (April 20-May 20)

When you speak, add a "to the" to everything you say. It makes you seem funnier.

Gemini (May 21-June 20)

Stress balls are your friend during all your midterms!

Cancer (June 21-July 22) Yeah, baby! Watch Austin Powers again!

Leo (July 23-Aug. 22) Look up. That's all I'm sayin'.

Virgo (Aug. 23-Sept. 22) Beware well lit areas. Stick to the

shadows. Try a dark and creepy ally on your commute home.

Libra (Sept. 23-Oct. 22)

Love troubles this week. Sorry about that slap she's going to give you.

Scorpio (Oct. 23-Nov. 21) Bring back the eighties! Wear bell bottom pants and go to a roller disco!

Sagittarius (Nov. 22-Dec. 21) Try a new radio station this week.

Capricorn (Dec. 22-Jan. 19) Apply yourself to learn something this week. Like how to make French Toast, or do a front flip.

Aquarius (Jan. 20-Feb. 18) Your doctor called. You have herpes.

THE NUGGET PRESENTS: CX 464 SCX SCX 5 SEX 464 SEX r.CONwisD SEX SEX 46% SEX SEX SEX del SEX SEX SEX SEX 46 SEX SEX 46% SEX SEX SEX sex sex ox sex Sex

Dear Dr. CONwisDOM,

makes me feel like i am sex in a straight jacket. All of the sensual sensations are unattainable when I wrap up my tool. What can I do? – Freedom Fry

Dear Freedom Fry,

Despite the restrictive, uncomfortableness of condoms, they are a necessary evil. They serve as protection for your "Fry." If you are okay with getting or giving a number of sexually transmitted diseases then you might be okay going condom-less, but I highly, highly

I hate using condoms. I don't like the rain- chlamydia is not cool, and crabs shampoo just about something "Total Eclipse of The Heart" *coat. I know that I should just suck it up, but it* doesn't smell good.

...

Dear Dr. CONwisDOM,

My sex life is pretty much normal except for one thing ... I have to sing before I climax. I don't know how or when it started, but is a reflex that I can't stop. It makes for some pretty awkward moments when I get friendly with the lady folk. What should I do?

– Pavarotti

Dear Pavarotti,

Well if you can't stop, own it. I personally

recommend the usage of condoms. Trust me, would pick a song that fits the moment. How maybe one day you'll meet that special lady that will sing right back to you. You can make beautiful music together.

Dear Dr. CONwisDOM,

I've been seeing this guy for a month or so now, and we still haven't had sex. And every time I try to get in his pants, he pushes me away. I don't know if it's something I did or that he has issues about that stuff. - Lady Blue Balls

Dear Lady Blue Balls,

First thing you should do is sit down and talk to him. If you like this chap, it will be or something sexy like that. Who knows, worth it. And remember, there's plenty of fun you can have without having sex. Find out what his limit is and have fun within the boundaries. Give him time to "warm up" to the idea of intercourse with you.

Do you have any personal questions that you want to have answered? Just send an *e-mail with your concerns to conwisdom*(*a*), nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

Managing panic attacks



TIMELY TIPS **MARGARET MAREAN** NAIT Student Counselling

If you have ever had a panic attack, you know that the feeling can be overwhelming. Common symptoms include a racing or pounding heart, dizziness, feeling light-headed, feeling unable to catch your breath, chest pains, flushes or chills, jumpiness or trembling, terror, fear of losing control, fear of going crazy or fear of doing something embarrassing, The good news is that panic attacks are manageable. Here are some tips:

Focus on breathing slowly and deeply. Breathe in through your nose to the count of five, hold your breath and then exhale through your mouth for at least five counts. As you breathe, focus completely on your breath coming in and going out of your body. Try to draw your breath deep into your body. Do this at least five times. It can also be helpful to carry a balloon or paper bag with you. Focusing on blowing up a balloon or bag can prevent full-blown attacks.

Keep something with you that will immediately help you become grounded. Carry a pebble or other small object that you can hold and rub when you start to feel panicky. If you always have this in your pocket or purse it will be easily accessible.

Move your body. During a panic attack a lot of adrenalin is released. Shaking your hands and arms can provide immediate relief. A regular exercise routine helps reduce overall stress and anxiety.

Never avoid situations out of fear of having a panic attack. Avoiding gives the control to the panic and actually makes it more likely that you will have future panic attacks. Try to schedule regular activities with people you trust.

Have a plan. You shouldn't expect to have a panic attack; however, it is calming to have a plan of what you would do if you did have one. For example, being aware of where the public washroom is in case you need privacy, carrying taxi fare in case you want to leave a situation, or going to events with someone you trust can greatly reduce the probability of a panic attack. Making trusted friends or classmates aware that you experience panic attacks can also be calming.

Have supportive statements you can substitute for anxiety-producing thoughts. When anxious feelings start up it is helpful to have a statement ready such as "My thoughts are not helpful right now. Instead I am going to focus on something supportive and healthy such as my cat playing with his ball." or "It is normal to feel anxious in this situation. When this is over I will be glad that I did it."

Maintain as regular a routine as possible. Regular times and habits for going to bed and getting up, eating, exercising and other activities in your life can decrease overall stress.

Read and talk about panic. From Panic to Power by Lucinda Bassett and Overcoming Anxiety by Reneau Z. Peurifoy are two good resources. There is plenty of information online as well.

Seek help. See a counsellor to discuss other options to deal with stress and panic. Coun-



W111-PB, HP Centre, Main Campus. Appoint- 780-378-6133.

sellors are available at Student Counselling, ments can be booked in person or by calling

— Student jobs Shinerama Co-ordinator

This fun, engaging, outgoing position will co-ordinate all aspects of the Shinerama campaign for the NAIT campus from May, 2011 until the end of September, 2011. Shinerama is a yearly event hosted by the NAIT Students' Association in co-operation with Cystic Fibrosis Canada.

We're looking for someone who can manage Special Event planning and create sponsorship packages but who also has some volunteer management experience, strong leadership skills, is highly organized and can communicate well with the community, students and staff. Don't be afraid to take risks and be ready to think way outside whatever box you're used to thinking in. Shinerama is an important, historical event for NAITSA, and will be a great learning experience.

Frosh Leaders for Welcome Week

NAIT Students' Association is looking for Frosh Leaders for August and September 2011. Frosh Leaders are ambassadors for NAITSA, helping to welcome students and their families to NAIT during the start of the school year. This position is a very important part of a student's experience when he or she arrives at NAIT for the first time. We're looking for leaders who will remain motivated, enthusiastic, co-operative and outgoing while providing a welcoming campus experience.

It'll help that you know about NAIT Students' Association and programs offered at NAIT. It'll also help that you are excited to meet new people, engage in hallway conversation and are energetic about trying new things.

Being a Frosh Leader will help you develop professional and personal skills and we'd look forward to seeing you at our working retreat from August 19 to 21, a part of your training, paid for by NAITSA.

Please apply in person at the NAITSA office in E-131 with a cover letter and resume, or via e-mail to ShannonM@nait.ca

Who You Gonna Call? **NAIT Services for Students**

Academic & Personal Concerns – Student Counselling: 780-378-6133, Room W-111-PB, HP Centre.

Health insurance coverage - Student Health and Dental Plan: 780-471-7730, Room E-125. (Note that you must opt out by Sept. 24 if you have alternate coverage.)

Housing – on-line housing registry at www.rentingspaces.ca/search.htm?ref=3

Injury or minor medical concerns - Health and Safety Services: 780-471-8733, Room O-119 NAIT Security -7477

Part-time campus jobs/ Volunteering - NAITSA: 780-491-3966, Room E-131 Program-related concerns - Contact Program Chair or Program Advisor Scholarships & Awards - Student Awards Office: 780-491-3056, Room O-101 Special Needs Students – Services to Students with Disabilities: 780-378-6133, Room W111-PB, HP Centre

Student Loan/Grant Assistance - Financial Aid Office: 471-6248 (option 2); Room O-111 Tutoring - The Tutor Centre in Room A-133 (main campus) offers free assistance with Math, Physics and Chemistry. Open from 8:30 a.m. to 4:30 p.m. Monday to Friday. Also available at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A) **Peer Tutors** – sign up in Room A-172. The cost is approximately \$15/hour Violence or potentially violent behaviour, or extreme medical emergency – Security (7477, 911, or the Police Complaint Line at 423-4567 if appropriate.





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