

HAPPY APRIL FOOL'S DAY!

THE NUGGET

Thursday, March 31, 2011
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Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

YEAR-END PARTY!

NAITSA ends school year with thriller blowout for students – story, page 18

EXCUSE ME!

A member of the Slice Girls, left, takes a hit from an opponent during a recent roller derby match in Edmonton. Story, page 13.



Photo by Jeff Hilbrecht, Trident Photography

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NEWS & FEATURES



NAIT wins Earth Hour contest

By **BALJOT BHATTI**

On March 26, 2011, at 8:30 p.m., the lights went off around the world for Earth Hour, and the NAIT campus was no different. During Earth Hour, NAIT, Grant MacEwan University, the University of Alberta and NorQuest College participated in a friendly competition.

Thousands of people from campuses across Edmonton competed to help their respective school win. The winner was based on the institution with the most participants – proportionally.

NAIT ended up winning the competition with a total participation of 2.57 per cent and the University of Alberta came in second at 1.46 per cent. In total, nearly 1,600 students, staff and faculty members pledged to participate in Earth Hour 2011 from five Albertan post-secondary institutions! This is another step in the right

direction for Alberta.

Last year, NAIT also won the challenge and Sheryl Hansen, Wellness Consultant at the Department of Athletics and Recreation, said before the event that some ideas of what to do during the hour without power were “playing board games by candlelight, going for a walk, taking a nap or heading to Churchill Square for music, hot chocolate, buskers and more.”

The World Wildlife Fund and *The Sydney Morning Herald* originally conceived Earth Hour in 2007. Approximately 2.2 million residents of Sydney, Australia participated in the first ever Earth Hour by turning off all non-essential lights. Many cities around the world followed suit and co-opted the event the following year.

Earth Hour takes place on the last Saturday of March. This year, millions of people across the world participated.



By Kristiana Parn, petitmorpho.blogspot.com

Earn an MBA on weekends

By **CATHERINE YE**

In partnership with Nova Scotia's Cape Breton University, NAIT has been delivering an MBA in Community Economic Development (CED) since September 2008.

NAIT's Continuing Education department offers Cape Breton University's MBA, which caters to working people who need flexibility to complete an advanced business program in less than two years on a part-time basis.

This program is designed for learners who aspire to play leadership roles in the public sector, in third sector organizations and in community-minded businesses.

The MBA in CED aims to develop a new generation of leaders who have strong business

management capabilities, well developed collaborative and interpersonal skills and deep knowledge of accountability, social responsibility and development issues and practices.

Graduates are equipped with the skills to make a difference in leading organizations in an increasingly global community and economy.

In the course, students must complete the required 15 three-credit courses plus a major research essay/case study to earn 48 credits. The main courses that they will take are Business and Community Development, Principles of Accounting, Principles of Marketing, Organizational Behaviour: Management and Policy-Making, Principles of Finance, Applied Research Methods, Community Organization and Leader-

ship Training Techniques, Comparative Development, Economic Geography and Development, Principles of Venture Analysis, International Business and Strategic Management.

Students are expected to maintain a 3.0 grade point average (GPA) on a 4.0 scale to remain in the program.

When it comes to the requirements for the enrolment, several criteria should be met. First, applicants should fill in an application form with a non-refundable application fee. And they should also offer their official transcripts for all previous university study and a resume detailing employment experience, skills, community involvement and interests. Candidates should prepare a 500-800 word statement on their desire

to enter the program, three references, preferably including one professional and one academic, and satisfactory scores on the GMAT as well as TOEFL (for students whose native language is not English). Last, the candidates should perform well in an interview. After passing all of the requirements, students can be enrolled. Enrolment is limited to 20 students per cohort.

Now at NAIT, this program is delivered in a weekend format. The semester-based format follows the September-June year. The modular-based format includes short, self-directed learning. Since it's a Continuing Education program, the schedule is made for candidates who have a day job but still want to increase their knowledge.

It's a taxing time for everyone



VIEWS FROM AN OUTSIDER

CATHERINE YE

What are your plans for April Fools' Day? Well, I hope you're not the one who gets tricked! Today, I want to talk about something real and I promise you it's not a trick. As international students, even though we are not Canadian, there are still a lot of things we have to do like Canadians, such as paying taxes and getting tax returns.

From March 19 to April 2, NAIT is providing tax shops for students who want their tax returns done for free by qualified NAIT business students. As a volunteer who joined the tax preparation shop provided by NAIT's business students, I think I have the responsibility to remind everyone about this event.

Two tax shops have already been held – on March 19 and March 26. If missed them, try to get your tax done on April 2 from 10 a.m. to 3 p.m., on the last day this service will be available.

Who is required to pay taxes? Well, no matter what your status is (Canadian citizen, permanent resident or international student), as long as you have income in Canada (except for cash pay or some special cases), you may qualify as a tax payer. In this case, no matter how much you earn from your work, you have the responsibility to inform the Canada Revenue Agency about your income. Take me as an example, this is the first year I earned income in

Canada, so I had to send my T1 to CRA, and in return, they will send me back some of my tax return by check.

If you are not a business student, the whole tax return process might confuse you. It's indeed a complex process. At NAIT's tax shops, volunteers can help you with your tax return on the conditions that you don't have capital gains, business income, foreign income or have declared bankruptcy within the last two years; also, if your personal income is higher than \$30,000, if a student is married with an income higher than \$35,000 and \$40,000 for every child they have. For those cases, you may need to find a professional to help you.

What should you bring to the tax shops if you are eligible for the volunteer help?

First, students must bring a piece of ID (Alberta ID, driver's licence or passport), all income receipts and a social insurance number. If you don't have a social insurance number, you

can take your work permit to Canada Place to get your number. Remember you cannot get it if you only have a study permit.

Then, tax returns cannot be completed unless students have all their tax return slips, carry forward amounts and any receipts that they want to claim against their income tax. If student want the tax return deposited directly into their account, they must bring all their banking information, including bank number, transit number and account number and sub number.

This is my way of offering you an easy understanding of tax slips. Every year end, you will receive some T-forms from your employers, and since you are a student, you also pay the tuition and bus pass. Make sure to bring all the T-forms and all the receipts from buying the bus pass to tax shops.

Volunteer tax returns will be completed on a first-come, first-served, basis. So grab the last chance to get your tax return done!

Making a difference

By **LACE SENIO**
Entertainment Editor

You know that moment when you know your life has profoundly changed and there is no way you can go back to the way things were? Well those are special moments, usually for the better. I had one of those moments. My moment came when I was first introduced to Change For Children.

Change For Children Association is an Edmonton based non-governmental organization that contributes to solutions locally and globally. The Change For Children mission statement says: "Change for Children promotes action for systemic change and sustainable development through solidarity and partnership, by nurturing community and by maintaining an integral, vital and stable organization."

Change For Children works with developing communities through partnerships. Partnerships are crucial to the development of confidence and change in these communities. It is not about throwing money at a community and forcing our North American infrastructure on them, it is about teaming up and allowing the people of say, an indigenous community to develop in the best way for them. They do this the way that makes sense to them, and is logical to the people of the area.

Change For Children has been around for 35 years, and in those years they have made a huge impact on lives around the world. Through co-operation and understanding Change For Children help developing countries find long-term solutions and create life long bonds.

"As a young person in this organization it is inspiring to be contributing to new ideas," says Trina Moyles, projects assistant of Change For Children. "It is a huge privilege to learn from these communities."

Moyles has been a vital part of Change For

Children for the past couple of years and has inspired many in the local and global community. She is excited about the grant Change For Children has received from the Canadian International Development Agency (CIDA). This money will fund food security projects in both the Rio Patuca Ecological Reserve, of south-eastern Honduras and the BOSAWAS Biosphere Reserve, of Nicaragua, the second largest rainforest ecosystem in the Americas.

The food security project, "Between Rivers," will allow these communities to develop food security and peace of mind about the changing climate, weather issues, such as drought, and the destruction and development of the land by people that are not local and not

indigenous. The funds will provide different kinds of seeds and livestock, and in a place where rice, beans and corn are abundant; this diversity will help to improve overall health. The funding will also help to educate local farmers on effective agricultural techniques, such as new planting and harvesting advances, and innovative

livestock care. Through these teachings community members will have a wealth of information that can then be passed on from farmer to farmer.

The farmer-to-farmer idea is crucial to the food security project, as one of the main goals of the project is to pass along knowledge of agriculture and sustainable economic development from community to community, thereby creating partnerships and friendships. A big part of the project is the cross-border dialogue that will occur between indigenous communities in Nicaragua and Honduras. These relationships will be valuable for years to come, and will aid in being a long-term solution to agricultural develop-



change4children.org

Trina Moyles

ment in this area.

"It took a long time for us to receive funding for this project. We have been waiting for at least two years," Moyles says. "Canadians need to be lobbying and pressuring the government for international change ..."

Change For Children received a grant from CIDA, but they still must raise one third of the money to fund the \$500,000, three-year project. If you would like more information about Change For Children, check out their website, change4children.org.

Change For Children has changed my life, and it continues to change others as well.

Change For Children has been around for 35 years, and in those years they have made a huge impact on lives around the world.

Art gallery cops award

By **BART PADJASEK**

The Canadian Institute of Steel Construction (CISC) hosted the Alberta Steel and Design Awards of Excellence in Edmonton on March 24. A biennial award show to celebrate both the Alberta steel and architectural engineering industry, the CISC hosted a great event in the Alberta ballroom at the Edmonton EXPO Centre.

Planning committee chair and GM of Supreme Steel, Kevin Guile, spoke highly of both the event and the organizations involved in putting this together. According to Guile, the central point of the event was to "[Celebrate] the excellence they see in the steel, design and fabrication community."

CISC has been organizing these awards for the last 15 years, and there is significant evidence of both a rise in popularity and respect for the awards in Alberta. In 2007, there was a total of 15 submissions, 33 in 2009 and this year there were a remarkable 45 at the gala.

There was a total of five awards featured at the gala, with 10 finalists up for each.

The Architectural Award went to the team that

created the Art Gallery of Alberta in downtown Edmonton. This project has quickly become a proud member of the downtown Edmonton landscape and definably a feat of accomplishment in its creation.

The Engineering Award went to The Bow, an iconic office tower in Calgary. This design features a bow-like curve that not only reduces wind resistance and increases sunlight to the offices, but as well gives occupants a more direct view of the mountains.

The Industrial Award was presented to the companies involved in the Shell Canada energy reactor building modifications. The premise of the project involved converting a large empty pre-engineered building into a fabrication facility.

The Steel Edge Award, given to the project that impresses in either unique feats of design or construction, was presented to the Quesnell Bridge-widening project. The fact that the bridge hosted more than 120,000 vehicles per day and that a detour was not an option presented many challenges to those involved.

Finally, the sustainability award was given to

the Dawson Bridge Rehabilitation project. This bridge has been in existence in Edmonton in one way or another for nearly 100 years and thanks to the developments and reconstruction it should last the city of Edmonton even longer.

These awards were given to companies all over the province, from a variety of groups and industries.

Guile stresses that these awards and the steel industry in Alberta offer a large benefit to students of today.

"[In Alberta] we have fantastic educational institutions. We think there is a great future for students in the design, manufacturing and construction fields," he said.

Guile also added that "steel has a great future and there are a lot of opportunities to develop structures in a very sustainable way in the future."

"We are trying Develop Alberta as a centre of excellence for steel design and construction. And we have fantastic educational institutions in the province. We think there is a great future for students in the design, manufacturing and construction fields," he said.

"We think steel has a great future, and there are a lot of opportunities to develop structures in a very sustainable way in the future."



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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

Virtually Speaking

Nintendo 3DS a real treat



GRAHAM McCANN

The Nintendo 3DS is finally out in North America and it really shows how far handheld gaming has come since the original Gameboy.

The console, as its name suggests, has stereoscopic 3-D capability – without the need for those 3-D glasses!

And for a whopping \$250!

The graphics are certainly far ahead of where the DS was at, but it still won't be on par with Sony's upcoming PSP 2, AKA Next Generation Portable.

That's fine though, because good graphics are meaningless without great games.

For starters, the system is preloaded with mini games to show off the hardware and keep you entertained for a bit longer if the small list of launch games isn't too interesting.

To me, the biggest launch title is *Super Street Fighter 4: 3D*. It's cool that such a great PS3 and 360 game seems to be successfully

ported to a handheld console while still having impressive visuals.

Other launch games of note include Tom Clancy's *Ghost Recon* and *Pilotwings Resort*. Other than that, as usual for most console launches, the library is pretty bare. However, there is a list of promising games to come out such as two *Resident Evil* titles, and of course, *Zelda* and *Super Mario* and also a 3DS port of the PS2 game *Metal Gear Solid 3*.

As a bonus, the 3DS is backwards compatible with DS games, so the pile of games collected for Nintendo's previous handheld won't be forgotten.

A big downside to the 3DS is the reported short three- to five-hour battery life. Being on a long plane ride, for example, you will not have the 3DS as an option to entertain you for very long. Also, using the 3D function will take even more battery power.

But the console itself looks really nice, has a decent size screen, weighs eight ounces and can easily fit in your pocket as a portable hand-held should. At launch, you have a choice to get the 3DS in aqua blue or black colours.

There are also three different cameras on the console (two used together to take 3-D photos) for different functions utilized in some games.

Unless you are fanatical about Nintendo



collider.com

or the 3DS itself, you probably should wait, as with consoles in general at launch.

The price will go down, there may be new editions with extra features and the library to

choose from will be greater.

And, of course, waiting until Sony's PSP 2 comes out will enable you to compare and have a choice between the two.

Blue whales – living large



FROM SPACE TO SEA

CELESTE DUL
Issues Editor

Take a second to think what it would have been like in the prehistoric age. We can only imagine how huge the creatures that once inhabited the Earth were, right?

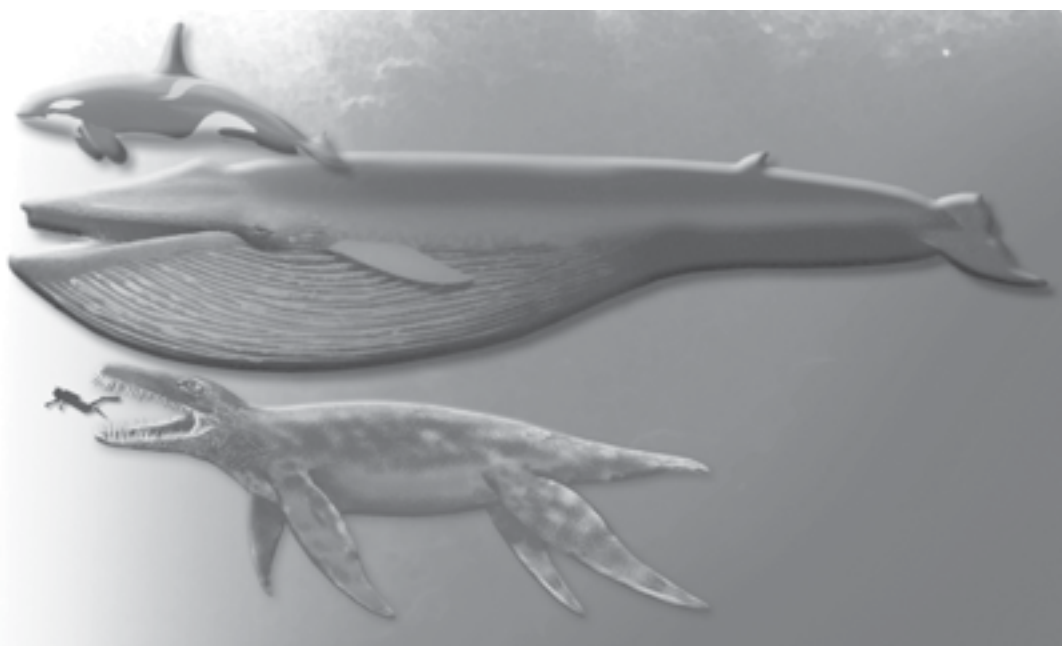
If you can believe it, the biggest creature to ever exist on the planet is still alive. This massive life form averages 23 to 27 metres and can weigh over 100 tons. Of course, I'm talking about the blue whale. The reason I chose to write about it this week is because I don't feel like anyone knows enough about it or takes the time to consider how big it is.

Let me put it in perspective. The blue whale's heart is the size of a small car, its tongue alone can weigh up to three tons, and its entire mass is equivalent to 15 school buses. I think it's crazy that something this

large can be right in front of us but we never understand how significant it really is.

The blue whale is a gentle giant, with a diet consisting mainly of krill (a tiny shrimp that lives in tremendously large schools in almost every ocean of the world), which is a good thing, because blue whales eat over 1,000 krill at one time. It takes about 8,000 pounds of fresh seafood a day to keep them well fed. In addition to their massive size and appetite, they also make a big sound. The low frequency (deep rumbling) sound they make can be heard as far as 848 km away, making it the loudest living creature.

If an animal on land were the size of a blue whale, it would be crushed by its own weight unless it had the support of large, heavy bones. The sea saves them from their mass, but in the past, the water has been their downfall. Before the beginning of the 20th Century, blue whales were abundant in nearly all the oceans, numbering around 239,000. Then, for a century, whalers hunted them almost to extinction. By 2002, blue whales were nearly extinct with only 5,000 to 12,000 worldwide. Protection has since been put in place and their num-



Natural History Museum/University of Oslo

A blue whale compared with a killer whale, top, a large prehistoric creature and man.

bers are starting to rise.

It's easy to acknowledge that something is enormous, but to try and figure out why something is created that way is something else. For years scientists have been trying to figure out why and how this creature is so massive. Although they haven't found a definite answer, their best guess points to the atmosphere that surrounds the blue whale. The Ocean covers around 70 per cent of the

world, which gives the whale more space to roam. As well, water acts to almost counteract gravity, giving the mass a weightless environment to support it, as opposed to relying on skeletal support on land.

Next time you look at the ocean, or ponder life (come on, we all do it) take time to think about the biggest creature that's ever lived, because sometimes it's things like this that can put life into perspective.

OPINION

— Editorial —

Have your say – vote



RACHEL JACQUES
Editor-In-Chief

For the fourth time in seven years, Canada will be host to another federal election. On March 25, 2011, the Harper government was ousted in a vote of non-confidence. The predictions were made back in the fall of 2010 that after the budget was presented, an election would be called. And voila! An election we have.

Personally, I think this is a waste of time and money. An election typically costs \$300 million. That's money that could be put to better use. The last federal election produced two results – a practically unchanged government and the lowest voter turnout in Canadian history. My prediction for this election will be along a similar line. A lot of money will be spent, to no avail, when Canada ends up with another minority conservative government.

In a survey conducted by Abacus Data, most Canadians already know who they are voting for and are very unlikely to change their mind. The Conservatives are sitting at 36 per cent of decided voters, the Liberals at 27 per cent and the NDP at 20 per cent.

Minority governments are a direct result of parties such as the Bloc Quebecois only fielding seats in the province of Quebec. How does a regional party, with selfish interests of separation, help build a great nation? If these seats were required to field candidates nationally, perhaps the seats belonging to the Bloc would be up for grabs for a federal party. Perhaps, there would be a better chance for a majority government.

Coalition whispers

In this election campaign, there have been whisperings of a coalition being discussed among the Liberal, NDP and Bloc Quebecois leaders. Micheal Ignatieff, in my opinion, is not a good candidate for prime minister. The majority of Canadians agree. Even Ignatieff's Liberal supporters do not believe the Liberal leader when he says he will not join a coalition party. In a recent poll conducted by Leger Marketing and published in the *Edmonton Sun*, only 24 per cent of people surveyed think Ignatieff should lead a coalition government, while 27 per cent picked Jack Layton. For me, the amusing factor was reading that Layton had the same number of votes as people stating that none of them should lead. This is exactly where my feelings lie. Ignatieff is the biggest April fool's joke I've ever seen. Is Iggy too afraid to step down from a party he hasn't led? Has he really led them at all? By toppling the government and losing the election, will it give him a reason to step down and to save face? Traditionally, since Canada has been formed, Liberals have led in a majority government. The fact that Iggy is so low in the polls is an indication that he has failed to engage the Canadian public. What about Jack Layton? Is he healthy enough to be the prime minister of Canada? Not to say he doesn't have leadership skills, but his physical health is questionable. Would he be physically able to maintain the type of schedule that is required of such a position in the government of this country?

The only voters that are almost completely unanimous in thinking that a coalition is a bad idea are the conservatives. At 95 per cent against, the Tory supporters seem set in their ways.

Another minority government?

With all the time and money being spent on an election, the real question is: How do we prevent another minority government? Canada has had a record in the recent past of extremely low voter turnouts. Whether this is due to laziness, apathy or some other unknown reason, we cannot guess. Canada has generally been run by majority governments. However, recently it has been run by a minority elected by a minority of Canadians. We are a democracy on paper, but in reality, on average less than half of eligible voters cast their ballots.

It seems us younger voters have disengaged ourselves from the political world of social responsibility. According to Elections Canada, the political knowledge of 18-29-year-olds ranges from 21 to 54 per cent, while citizens from their 50s onward range from 51 to 64 per cent.

The challenge for our age group is becoming re-engaged in our constitutional right and liberty to vote. There are many countries in the world whose citizens are suppressed and would love the opportunity to have a say in who runs their country. We need to take action and exercise this right. Will it take a dictatorship and the removal of this right to wake us up? It seems that those that have the liberty don't use it, and those that don't

have it, want it. A misinformed or not informed voter is worse than one that doesn't vote at all. If we are prepared to have a say in who runs our country and how, we need to know who are electing and why. So research! Listen to the news and pick up a newspaper.

The election on May 2, 2011, is in 32 days. Make the choice to have a say.

Be informed. Vote.

Federal Election: May 2, 2011

Expected cost: \$300 million
Expected turnout: Less than 50 percent of eligible voters
Expected result: Same old, same old

adrianbrijbassi.com

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Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.



SPORTS

VCU vs Butler – wow!

By **PATRICK KNOWLES**

And then there were four. March Madness started just a little over two weeks ago with the first ever first round, eight team, play-in round where the winners of the four games filled in the last four spots of the traditional 64-team bracket. Little did anyone suspect that one of the four teams to win their play-in game would make it all the way to the Final Four, but Virginia Commonwealth University did just that by shocking many powerhouse teams and almost everyone who picked a bracket along the way. Out of the over 5.9 million brackets on ESPN.com only two, yes two, had picked the correct final four teams.

Without a doubt the shocker and Cinderella story of this tournament has to be VCU, a team that most people thought didn't even deserve a chance to be in the tournament. They beat USC

in the play-in game to get the 11th seed in the Southwest Bracket and then went on to beat Georgetown 74-56 in Round 2.

Round 3 saw VCU beat down the No. 3 seed Purdue 94-76. That win saw them advance to the Sweet 16 and a matchup with No. 10 seed Florida state. This game was a barn burner that went into overtime and VCU pulled out the victory in overtime 72-71.

After that big victory Friday night, VCU landed a matchup against the Southwest Bracket's No. 1 seed Kansas. Kansas, a team that many picked to win the entire tournament, came out and was not prepared for the intensity that VCU brought to the court Sunday. VCU got out to a big lead in the first half, and after holding off an early second half run that saw Kansas

pull to within four points, but that was as close as they would get it with VCU winning the game 71-61 and securing their spot in the Final Four as winners of the Southwest Bracket.

BYU out of gas

The Sweet 16 matchups for the Southeast Bracket saw No. 3 BYU face off against No. 2 seed Florida in a game that had it all. Both teams held the lead at some point in the game, which ended up going into overtime. In overtime, BYU simply ran out of gas and Florida pulled out the victory 83-74.

The other matchup in the Southeast Bracket had the fourth seed Wisconsin face off against last year's finalist, and the eighth seed in this year's tournament, Butler. Butler got past Wisconsin 61-54 and this meant that they would face Florida in the Elite Eight game with the winner advancing to the Final Four in Houston.

Barely anyone gave Butler a chance to make it back to the Final Four, but this team just flat out knows how to win in March and they continued to do just that, beating Florida 74-71 in overtime and getting back to the Final Four for a second straight year. Butler is now 9-1 in the last two years. They have the best record out of any team that has played in consecutive years, and are poised to make it back to a second straight championship game.

Great Final Four game

This will not be an easy task as they will have to find a way to get past a VCU team that at times has looked unbeatable and will put up a very good battle. This should be a great Final Four game on Saturday night.

The West Bracket had Duke match up against Arizona in the Sweet 16 round, and in the other game San Diego State faced off against Connecticut. Duke came out and took an early lead that they carried into the half against fifth seeded Arizona. The second half was all Arizona as they went lights out against the West's No. 1 overall seed Duke, putting up 50 plus points in the second half alone, handing Duke a 93-77 loss and putting Arizona through to the Elite Eight where they would match up against the third seed, Connecticut, who got past San Diego State in the round of 16, 74-67. Connecticut, who took the Big East tournament by winning

five games in five days, was now riding an eight game winning streak and pulled out its ninth victory in a row beating Arizona 65-63. This was ultra impressive because they did this coming out of the West Bracket and beating two West Coast teams in San Diego State and Arizona in the process.

The East Bracket had the No. 1 overall seed in the tournament, Ohio State facing off against the No. 4 seed Kentucky in the Sweet 16, which they lost 62-60. The other game in the Sweet 16 saw the No. 2 seed North Carolina take on No. 11 seed Marquette in a game that got away from Marquette early. Marquette was never able to recover after scoring only 15 points in the first half.

North Carolina won the game 81-63, setting up a showdown between powerhouses Kentucky and North Carolina, with the winner getting the East Bracket's berth into the Final Four. Kentucky came out looking like they had a point to prove after getting bounced from last year's tournament, so needless to say they wanted this game badly.

The game was a back and forth battle, with Kentucky going on a run late to seal the victory 76-69 and making it to the Final Four where they will face off against the West Bracket champions, Connecticut.

Both games will be played Saturday night, with the final set to take place on Monday April 4 in Houston, Texas.



hawkshoops.blogs.starnewsonline.com

Virginia Commonwealth University (VCU) junior guard Bradford Burgess, above, along with teammate Jamie Skeen are averaging 16 points per game during the NCAA Tournament. They have led their team in scoring and rebounds all season long.



en.wikipedia.org

In just his fourth year as a collegiate head coach and 11 years after leaving a business position as a marketing associate, Butler University's Brad Stevens sits on top of the list for best basketball coaching starts in NCAA history.

End of a broadcast era



WAY OFFSIDE

KYLE GALLIVER
Sports Editor

A little Oilers this week, with look ahead to the future of the team and a look back at the career of an Oilers' great.

In Rod We Trust

This past week in marked the end of an era for the Edmonton Oilers as the broadcasting career of Rod Phillips came to an end Tuesday night in Edmonton. After 37 years of being the voice of the team, Phillips, who is like royalty here in the City of Champions, called his last game and fit-

tingly it was against the Los Angeles Kings.

Phillips has seen it all in his time up in the broadcast booth and was witness to the greatest dynasty in the NHL's history, and quite possibly the greatest dynasty in sports. He called all of Gretzky's greatest moments and records, the five Stanley Cups, the '06 Cup run, and of course the lean years of the '90s and last year's bottom feeding season. Phillips was inducted into the Hockey Hall of Fame in 2003 after winning the Foster Hewitt Memorial Award, an award presented to members of the media who make significant contributions to their profession.

The Oilers honoured Phillips with a pre-game ceremony

that included having all of the players wear a "PHILLIPS 37" jersey in warm up. The team then had a banner raising ceremony is his honour and raised a Phillips banner, with the number 3542, to signify the amount of games he has called, up to the rafters to hang alongside the other Oilers' greats.

Phillips was also presented with a 1984 Stanley Cup ring from the Oil-

ers first Stanley Cup win. Classy move considering they didn't start awarding rings to the radio guys until 1985. Then it was up to the booth for Phillips to call his last Oilers' game, a 2-0 loss to the Kings. The loss was expected, it's just too bad the team didn't give allow Phillips to give one more of his patented "he scooooooores!" calls.

Little extra 'Hopkins' in his step

The Oilers are going to get a top pick in this year's NHL Entry Draft, a good pick, probably one of the top two picks, and Red Deer Rebels centre Ryan Nugent-Hopkins is making a strong case to be an Oilers draft pick this summer. Nugent-Hopkins finished this season fourth in WHL scoring with 106 points in just 69 games and led the league in assists with 75.

The Oilers brass and scouting staff have been getting the opportunity to get a close look at RNH lately since the Rebels and Edmonton Oil Kings are currently playing in a best-of-seven playoff series, with Game 4 going Thursday night at Rexall. Nugent-Hopkins hasn't been dominant in the series so far, but has put up good numbers, with three goals and seven points in just three games to help his team take a 3-0 stranglehold lead in the WHL playoff series.

I used to discount RNH because of his size, at six feet and about 160 pounds he isn't the biggest guy, but he makes up for it by having great vision of the ice and by being a shifty player. Plus, the kid is only 17-years-old and is likely to put on more size as he matures.

The Oilers already have their high scoring winger in Taylor Hall, last year's first overall pick, and now they can add the playmaking first line centre they have so desperately needed.



communities.canada.com

Rod Phillips

Here's to the great old guys ...



SAY WHAAAAT?

MATT DeBEURS
Assistant Sports Editor

Professional sports is a young man's game now more than ever. Athletes seem to be entering the pro ranks sooner and sooner. Sure, medical advances have been able to keep veteran players around a little longer, but the youth movement is catching fire. Don't get me wrong, I love watching the influx of young talent invading sports, but we need to remember those greats who came before them. Pay our respects, if you will.

In honour of that, I made a list of the greatest old balls athletes of all time.

Brett Favre, NFL Quarterback ...

The fifteen fake retirements aside, Favre might one of the best veteran football players of all time. Favre started his career in 1991, and when on to a Hall of Fame worthy 20 year career. In those twenty years he was selected to 11 pro bowls, was a three time MVP, and a onetime Superbowl winner. But his most impressive feat has to be his consecutive start streak. Between 1992 and 2010 he started 297 games. The previous record was 117, which he went on to crush. In my eyes, it's a record that will never be broken, and might be the most impressive record in all of professional sports.

George Foreman, Boxer ...

George Foreman was one of the greatest boxers of his time. But a true testament to this was his comeback at the age of 45. In 1996, a long since retired Foreman put selling his grills on the back burner, and decided that he wanted to challenge for the Michael Moorer's heavyweight belt, the same one he had held twenty years earlier. Moorer absolutely dominated Foreman for the majority of the fight, making the slower and much older fighter look his age. But in

the 10th round, Foreman hit the 23 year old Moorer right on the button and knocked him out, breaking the record for the longest interval between titles at 20 years. He went on to defend that title two more times before losing the belt.

Randy Couture, MMA Fighter ...

Being an old guy in any sport is hard, but it's twice as hard when your job is to beat the piss out of the other guy. Even at age 47, Couture is still powered by his extreme old man strength. At 47, he is still ranked currently at number ten in the UFC heavy-weight division. He's no stranger to winning either, he has held the UFC Heavyweight belt three times, and the light heavyweight belt twice. And he's not done yet, Couture is slated to fight former light heavyweight champ Lyoto Machida this April in Toronto. If he wins, he could see another title shot in his future.

Nolan Ryan, Pitcher ...

Nolan Ryan might be the greatest pitcher of all time, due in part to his success throughout his entire career, including his later years. Ryan, who was known for his blazing fastball, won over two hundred games, registered over five thousand strikeouts and was a first ballot Hall of Famer. One of his most impressive feats is the amount of no hitters he threw throughout is 27 year career. His last one really showed is dominance even at an old age. In 1991 at age 44, Ryan threw his seventh no hitter of his career, making him the record holder for the oldest pitcher ever to throw a no-no.

Gordie Howe, Hockey Player ...

Gordie Howe not only is one of the best hockey players to lace up skates, he also defied the laws of aging. Mr. Everything, Mr. All-Star, The Great Gordie, The King of Hockey, The Legend, The Man, "Mr. Elbows" and Mr. Hockey are a few of Howe's nicknames throughout his career. He was so badass and ageless that he played through five different decades, once again, that was five decades. I'll be lucky to live that long, let alone play a sport as physical and demanding as hockey. I would mention all his records, but that would take too long so I'll just stick to the ones

that show how incredible his career was. He has the record for most games played (1,767), most NHL seasons (26), and was the oldest player to play in an NHL game at the age of 51. Very impressive.

Those are just a few of those great players that went on to have long and storied careers. So next time you're sitting around watching some young stud light it up, don't forget who paved the way for him, chances are it was a guy that has been around the block.

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*The Eversley Invitational Basketball Tournament is a 3 on 3 tournament with all proceeds going towards the Stollery Children's Hospital. The tournament is open to ages 18+



American League in 2011



By **MARC MAJEAU (MM)**
and **MATT DeBEURS (MD)**

AL West

Texas Rangers

MM: In the ultra competitive American League, the Rangers have their work cut out for them again. Losing Cliff Lee will no doubt hurt the Rangers' rotation.

MD: Last year's World Series runners up lost Cliff Lee to the Phillies, but managed to grab a pretty good pitcher in Brandon Webb. Still, Lee will be hard to replace. Adrian Beltre will help out in an already strong offensive lineup as well. They will make the post season, but I don't expect them to make the big dance again.

Los Angeles Angels of Anaheim

MM: The window on Mike Scosia and the rest of the Angels is slowly closing. The Angels finished with a very mediocre record of 80-82, which is their first season under .500 since 2003

MD: Sure, they took on Vernon Wells and his ridiculous contract, but people forget that Wells is still an above-average player. They also have the best rotation in the division with Jared Weaver as their No. 1 and Dan Haren slotting in at the two spot. They're my pick to win the division.

Oakland Athletics

MM: The Oakland A's look to improve on a second-place finish in the AL West last season, and they added a bit of punch to their lineup with former World Series MVP Hideki Matsui, but Matsui may be a little too old to still contribute regularly.

MD: Athletics GM Billy Bean has a history of making smart moves. That's why I question picking up Hideki Matsui and Rich Harden. Matsui is only getting older and Harden can't stay healthy at all. However, they do have a

fairly strong pitching staff, unfortunately not good enough to get into the playoffs.

Seattle Mariners

MM: At the top of the order, the Mariners have a lot of speed in Ichiro Suzuki and Chone Figgins. Those two can wreak havoc on the base paths, but the Mariners' main issue is they have no one to bat them home after that. Felix Hernandez is also one of the best pitchers in the MLB.

MD: Seattle has a couple of the best players in the game, Felix Hernandez and Ichiro Suzuki. Too bad that's pretty much all they have. They should settle in near the bottom of the league.

AL Central

Minnesota Twins

MM: Former MVP Justin Morneau should be back for spring training and combined with Joe Mauer, those two provide the best 1-2 punch in the AL Central.

MD: They have two really unfortunate problems; Justin Morneau and Joe Mauer. Both of them can't seem to stay healthy. And the Twins need their big bats to keep being mentioned yearly as the class of the division. It won't be long before the Twins management moves Mauer to somewhere other than catcher to try and stop this.

Chicago White Sox

MM: I want to write something funny about the White Sox, but nothing I write will ever top some of White Sox manager Ozzie Guillen's (@OzzieGuillen) tweets. Here's one of my personal favorites: "Ken Rosenthal thanks a lot for pick me #2 on the hot seat last year a was# one". Thanks Ozzie.

MD: The White Sox picked up Adam Dunn from free agency; he should help generate some big offence. They suck defensively and need help

in the outfield badly. But if Jake Peavy can stay healthy and John Danks steps up, they could make a run at the post season.

Detroit Tigers

MM: Consistency is the name of the game for Magglio Ordonez. Although injury shortened his 2010 campaign, the Tigers slugger has put up all-star numbers his entire career.

MD: It's too bad that Miguel Cabrera is on the sauce, this team needs him clean. Victor Martinez should fill a hole but there is bunch of other "what ifs" offensively. They also lost No. 2 starter Jeremy Bonderman, which isn't going to help their cause at all either. Sorry Tigers fans, they're not going to make the playoffs.

Cleveland Indians

MM: Wouldn't it be funny if they invited Rick "Wild Thing" Vaughn to help out their already weak rotation?

MD: The Indians are a team full of guys that never really lived up to potential, except for Shin-Soo Choo, that guy is a stud. Their bullpen is full of guys who can't get major leaguers out either. If things go badly at the start of this year, look for them to shop Grady Sizemore around.

Kansas City Royals

MM: Former Cy Young winner Zack Greinke is no longer a Royal but Canadian Jeff Francis is. The Royals will no doubt be in the basement of the AL Central, maybe even the entire MLB.

MD: They have the deepest farm system in baseball. Too bad they have the shallowest Major League team in baseball. Last place, here comes the Royals. But for how long?

AL East

Tampa Bay Rays

MM: Manny Ramirez, 38, and Johnny Damon, 37, have set up residence at Del Boca Vista Senior Citizens Home with Frank and Estelle Costanza in Florida.

The Rays got a whole lot older this off-season and I think this will hurt them.

MD: The run of the Rays is over. I don't see any way they can recover from losing their two biggest bats in Carl Crawford and Carlos Pena to free agency, not to mention the loss of Matt Garza from their rotation as well. The Rays could end up last in the division when it's all said and done.

New York Yankees

MM: The New York Yankees had a quiet off season, for the Yankees, that is. They didn't land Cliff Lee in the summer months, but they still have all 290 pounds of CC Sabathia taking to the mound on opening day.

MD: The Yankees have found the future replacement for the aging Jorge Posada in Russell Martin, which was probably their biggest deal of the off-season. Other than that, the usually busy

Yankees stayed fairly quiet. Look for them to push for the pennant but fall short on the lack of pitching depth in the starting rotation.

Boston Red Sox

MM: Carl Crawford, plus Adrian Gonzalez, plus an already great lineup, plus douchey fan base, equals scary. Even though manager Terry Francona has had a lot of his staff poached by other teams, the Red Sox had an amazing winter of 2011, and are no doubt the class of the AL East.

MD: My pick to win the division. Sure, losing Victor Martinez is a big blow to a team that has very little catching, but picking up Carl Crawford and Adrian Gonzalez should cancel out that loss. They also have a pitching staff that can go on stretches of pure domination.

Toronto Blue Jays

MM: The Toronto Blue Jays are the kings of high expectations, and I'm sure 2011 will be no exception. I know Jays fans are excited about a young team with a new manager, but they are still a couple years away.

MD: Got rid of Vernon Wells' massive contract, which is good, but there are still a lot of questions about this team – will Adam Lind and Aaron Hill have good seasons, will their young rotation be able to do it again – can Jose Bautista hit 54 dingers again? They're not there yet, but the future is looking brighter.

Baltimore Orioles

MM: I'm not sure which is worse: manager Buck Showalter's bark or his bite. The new O's manager isn't a stranger to the AL East, as he used to managed the Yankees from 1992-1995. Showalter has been telling anyone who will listen that the O's aren't afraid of the Red Sox and Yankees. Well, you should be, Buck.

MD: The O's added some pop to the line-up in Derek Lee, Mark Reynolds and Vladimir Guerrero; still, I don't think it's enough to compete for a spot in the top AL East. But I do expect them to improve greatly on the 66-win season they had last year.

MAJOR LEAGUE PREDICTIONS

American League Champions

MD: Boston Red Sox

MM: New York Yankees (I'm not a homer ... I just can't pick Boston)

American League Cy Young

MD: Justin Verlander

MM: CC Sabathia

American League MVP

MD: Robinson Cano

MM: Joe Mauer

National League Champions

MD: Philadelphia Phillies

MM: Philadelphia Phillies

National League Cy Young

MD: Roy Halladay

MM: Tim Lincecum

National League MVP

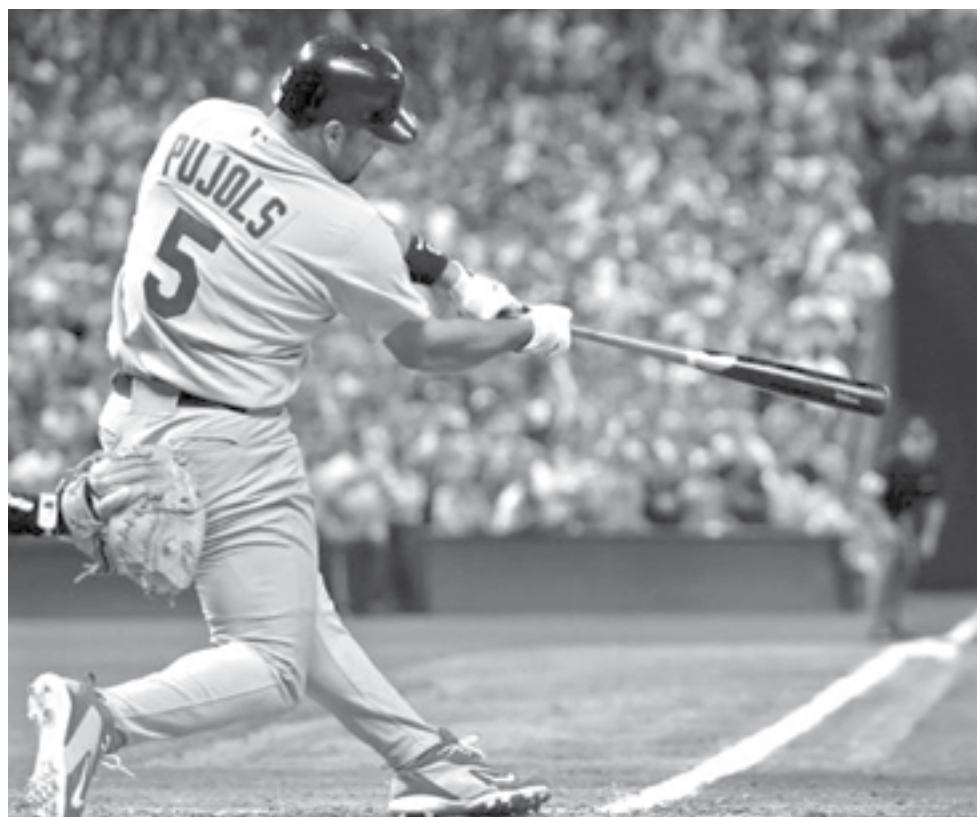
MD: Albert Pujols

MM: Albert Pujols

World Series Champs

MD: Philadelphia Phillies

MM: New York Yankees (OK ... maybe I am a homer)



mlbssluggers.com

Albert Pujols a Nugget consensus National League MVP for 2011.



Supplied photo

The NAIT men's curling team after their silver finish at the recent ACAC championships. The members are Graham Aitken, left, Travis Jones, Rob Kitagawa, Jeffrey Gauthier, Shawn Donnelly and assistant coach Karl Myziuk.



The NAIT women's curling team pose after their silver finish at the recent ACAC championships. The members are Allison Routhier, left, Allison Mack, Brittany Wittemore and Cori Dunbar with assistant coach Karl Myziuk.

Supplied photo

Where does fighting fit in NHL?

By **TRISTAN WOODWORTH-LYNAS**
The Muse
(Memorial University of Newfoundland)

ST. JOHN'S (CUP) — Fighting in the National Hockey League has always been a hot topic for sports analysts. In recent years, the discussion has intensified in the post-lockout era with communication and a new understanding of concussions.

The game of hockey is slowly changing its ways to protect its athletes, with a large emphasis being placed on head injuries. For even longer than the NHL, the junior ranks have been effecting change to prevent trauma to the heads of young athletes.

Only since the NHL lockout during the 2004-05 season have concussions really been accepted as not only a viable injury, but the worst type of injury.

During the '90s, players competing in the playoffs could take a hit that had obviously concussed them, only to return to the game later because it was the manly and courageous thing to do.

When New Jersey Devils defenceman Scott Stevens floored the then Mighty Ducks of Anaheim forward Paul Kariya in the 2003 Stanley Cup finals, for example, he came back to score the winning goal of the game. But perhaps this concussion was the reason his career has been derailed ever since.

Stars like Sidney Crosby miss 20 games in a season, with no timetable for a return, all due to concussions that probably would have

gone unnoticed, or at least unmentioned, by the players.

With this in mind, the issue of fighting in hockey has hit another level of scrutiny amongst fans and analysts alike.

In the wake of the 2009 death of Don Sanderson, a senior hockey player in Ontario, the question has been posed frequently: Does fighting belong in hockey in this day and age?

There are those who enjoy the heart and the energy that fighting brings to the game, as well as the policing that goes behind the scenes of these teams. On the other side of the coin, there are those who see it as a barbaric ritual that has no place in a sporting event, especially not one where there are no safeguards to prevent serious injury.

Since 2005, fighting majors have skyrocketed from 466 to 714. This year, there have already been 497 fights in the NHL after 60 games. That's a pace for about 690 fights over the course of the season.

While fighting has decreased in the last two years — albeit minimally — it has otherwise seen an increase year by year since the lockout.

Due to the instigator rule — a rule that penalizes the player who purposely seeks out a fight — there has also been a giant leap in planned fights that take place right after the whistle.

There are mixed reactions to these fights, as a lot of true-blue hockey fans

see them less as a part of the game and more for the sake of getting it over with.

The NHL has come to a crossroads with regards to where fighting stands in the grand scheme of the game. Is it okay to let junior and minor-league players think fighting is the way to deal with problems on the ice? Does it affect someone's attitude toward

adversity off the ice?

Don't get me wrong; I would be a very sad individual if I couldn't check out hockeyfights.com for the latest tilt. However, I have a feeling that if it's not taken out completely, there will soon be big restrictions on the methods of fighting and their place in the game.



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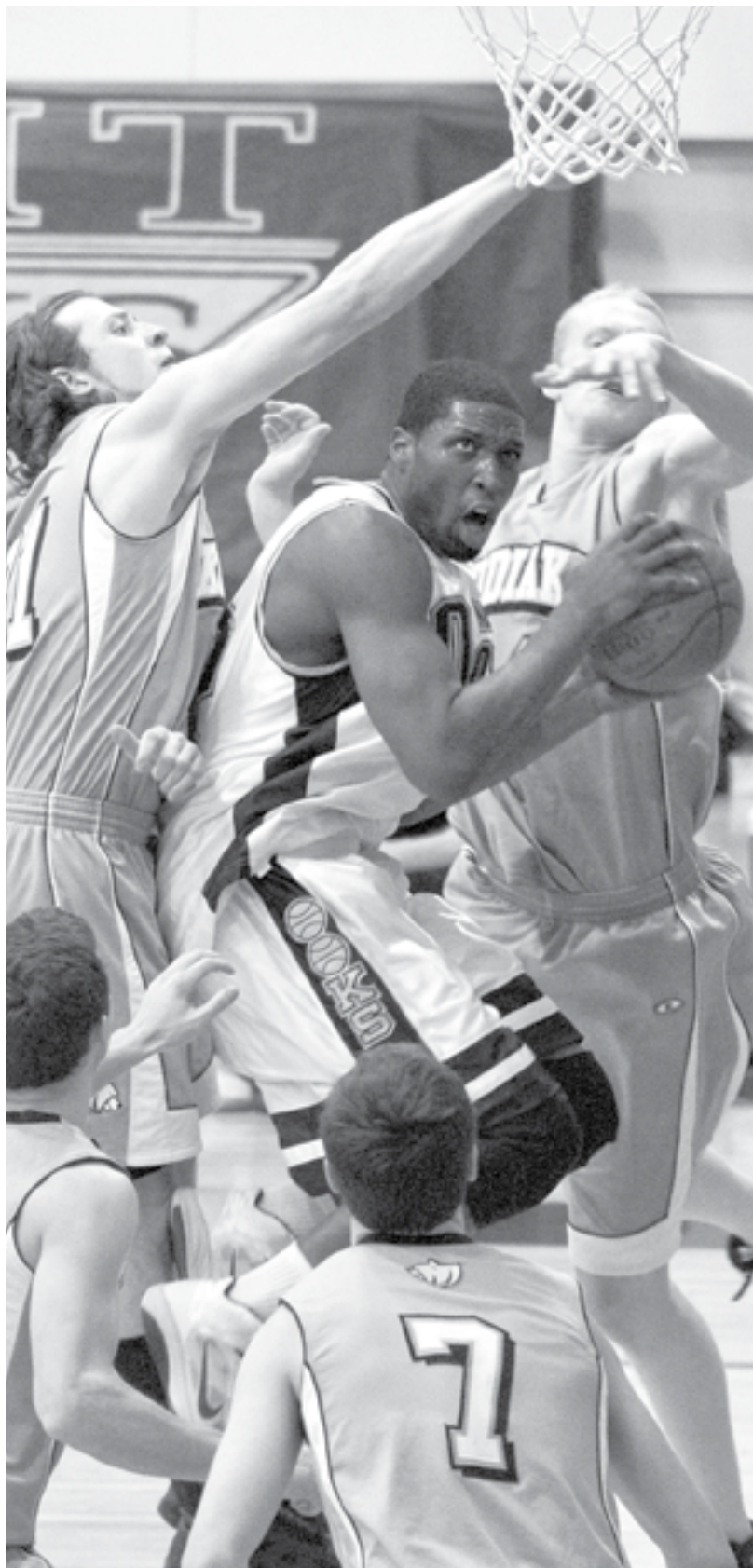


Photo by Laura Dettling

NAIT Oaks Shane Reece goes up with the ball against the Lethbridge Kodiaks during the ACAC playoffs this year.

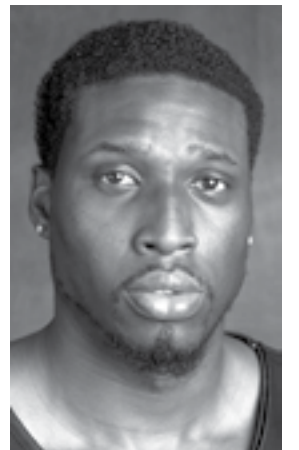
Athlete Profile

Player: Shane Reece

Sport: Basketball

Number: 12

Program: Business



By ALI MAGEE

Shane Reece was a strong contributor to the NAIT Oaks men's basketball program's success this season. Going nearly undefeated in the regular season, the team finished in first place in the ACAC and continued on to CCAA Nationals where they finished fifth. Shane averaged 14.41 points per game and, alongside the rest of the Oaks team, led NAIT through an overall victorious season.

Where are you originally from? My hometown in Mississauga, Ontario.

When did you start playing basketball? I started when I was seven years old.

How many years of eligibility do you have left in the ACAC? One year left.

What has been your greatest accomplishment in basketball so far? My greatest victory so far has been winning my first championship with my former college.

Who is your athlete idol? I don't really have an athlete idol, but I did like Scottie Pippen's game growing up.

What is a saying or quote a coach or mentor has told you that has always stayed with you? "Big players make big plays in big games."

What are your future goals? To graduate from NAIT and have a smooth transition into my new career in human resources.

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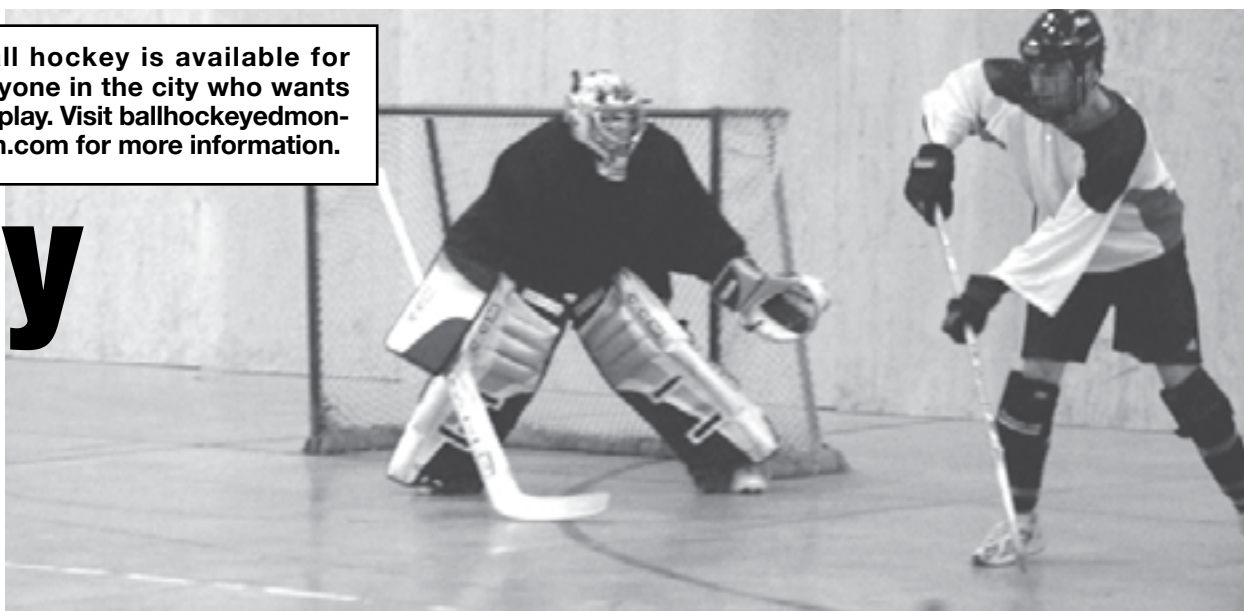
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army.forces.gc.ca

By MARC MAJEAU

The roads are brutal, the sidewalks look like someone dumped slurpee all over them, and you never know what jacket to wear because the weather changes so much. Yes, it's springtime in Edmonton.

With school coming to close for a percentage of NAIT students, a lot of people are looking for ways to bust out of a winter funk, stay in shape, and have some fun. Luckily for those, the city of Edmonton has a lot of great Spring sports for you to try your hand at!

Ball Hockey

The sport of ball hockey is gaining in popularity, with some NHL stars such as Alex Burrows of the Vancouver Canucks playing the sport in the off-season. "Ball Hockey Edmonton" is a locally run league, that operates on the south side of Edmonton. You can join as a single player, or you can gather up eight or nine buddies and start your own team. It's a great way to stay in shape, and it's a lot of fun. Visit www.ballhockeyedmonton.com for more information.

Drop In Basketball

Basketball is a unique sport, because you can play it with any amount of people. You can play a game of 3 on 3, or you can work on your jump shot by yourself. There are many parks in and around the city of Edmonton with hoops, but if you're looking for a hardwood floor, and a glass backboard, the Kinsmen Sports Centre is offering drop-in times all summer so you can make it rain threes. For more information, visit www.Edmonton.ca

Roller Derby

If you'd like to try a new sport, give Roller Derby a try. If you don't know what Roller Derby is, it's a cross-country track meet on steroids. You need a helmet, kneepads, elbow pads, wrist guards, a mouth guard, and straight from 1977, a pair of quad roller skates.

The E-Ville Roller Derby has a beginner's course that takes eight weeks to train you, and ensure you'll be safe on the track. E-Ville is currently the largest roller derby community in Alberta, and it only continues to grow and grow.

And the rest...

If one of those three sports isn't for you, the Edmonton Rec League will definitely have the one for you. The ERL includes slo-pitch (both co-ed and men's league), soccer, flag football, as well as dodge ball. The ERL makes signing up for a league incredibly easy. Visit www.edmontonrecreleague.com if you'd like to sign up for one of them.

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A sport for strong wills only

By NUGGET STAFF

Roller Derby is a dynamic sport that is not well known in the sports world, nor should it be taken lightly. Calling it a sport may not even be the best way to describe this fast paced game. It's more like a sorority for strong willed women.

There are currently 3 Roller Derby leagues in Edmonton. E-ville, Stahr and the Oil City Derby Girls (OCDG). Loni Demaine, an Interior Design instructor at NAIT, is a part of E-ville.



Supplied photo

Petra Phi aka Celeste Thiesen, limbers up.

"I started roller derby after a coworker of mine was talking about it in the lunch room one day. I thought the sport was fantastic and had no idea that it even existed in Edmonton," explains Demaine, a Slice Girl. "I went out to a couple of practices to watch and I was hooked."

Another instructor in the Annex building, Celeste Thiesen, is also a part of this extreme sport. She plays for the St. Albert Heavenly Rollers.

One of the many perks to being a part of this sport is the players can choose their own names and numbers based on whatever whim strikes them. Most of the names and numbers are plays on words, such as Demaine's name, Harmageddon and her number; 2 die 4. Thiesen's name also has some wit involved as she goes by Petra-Phi and the golden number 1.618.

The sport, which is played on a flat oval track, consists of two 30-minute halves that are broken down into jams. Five players play at a time, four of them are blockers and one is a jammer. The blockers are meant to prevent the jammers from making it past and completing laps before the time runs out. A point is scored after every pass the jammer makes. Which is easier said than done.

"I love getting my frustrations out on the track and laying a good clean hit that sends another player to the ground. I think my favourite part of the sport is using your body as a wrecking ball against other players," says Demaine.

Roller derby is a physically demanding activity. The women train together multiple times per week, consisting of weight training, cardiovascular training and skill training. Alongside the physical aspect of the sport is the toll it can have on your body, not only expelling energy, but the bumps and bruises that come with the contact. Many of these women are lawyers, teachers, nurses, and mothers during the day, consisting of all different ages, shapes, sizes and ethnicities. They all have lives outside of the sport, but the passion they share is what makes it much more than just a game.

"Some interesting facts about roller derby are that it has evolved into a legitimate competitive sport. It is no longer staged like it was back in the day. We are all athletes, and respect the sport for this, but we also love being athletes in fishnets!" says Demaine, who encourages anyone who is interested in the sport to come check it out.

If you are interested in looking into roller derby, they have leagues for women 13 and up, consisting of hundreds of members. You can check out the leagues online or go watch the action in person.



Photo by Jeff Hilbrecht, Trident Photography

Harmageddon, aka Loni Demaine, blocks an opponent.

Eskimos retool for 2011 season

By GRAHAM MOSIMANN

Since the firing of fan loathed Danny Maciocia on July 31st 2010, the team that leads the CFL in Grey Cup wins has been in an un-official state of re-build, but don't let the new management hear you say the "r-word." But no matter what you call it, General Manager Eric Tillman has torn this team apart and is re-creating it under the same principals that won the Saskatchewan Roughriders their second Grey Cup in 100 years with Tillman as a GM. There are three mandates of the Tillman era: dump the over-priced Americans, build up a depth of young Canadian talent and pay the premium for Canadian starters. Now we all know about the changes in the coaching staff: Ritchie Hall, Kevin Strasser, Noel Thorpe were replaced by Kavis Reed, Marcus Crandel and Rich Stubler. All of whom have a history in the Eskimo fold. However, it is the player personnel changes that have made the big news this off-season.

OFFENCE

Re-Signed: QB Ricky Ray, QB Matt Nichols, WR Fred Stamps.

Outgoing: QB Kerry Joseph, KR/WR Skyler Green, WR Derrick Armstrong, OL Patrick Afif, OL Kelly Bates, QB Jason Maas (all released). WR Kelly Campbell (Free Agency).

Incoming: OL Antonio Hall, WR Adarius Bowman, WR/KR Ray Fisher, WR Chris Bauman, OL Brian Ramsay, WR Harry Von Kann, (All Free Agents).

The Rundown: Ramsey is a standout on any O-line. His size, strength and non-import starter status make him an extremely valuable asset and he will be expected to anchor a depleted O-line under coach Tim Prinsen. Bowman has proved he can be a dominant force

with his speed and elusive nature. If he can stay healthy, he will be more than worth the cost. You just have to "YouTube" Von Kann to see how this mammoth receiver can be a deep threat over smaller DBs. While unproven, he may be a hidden gem in Green and Gold receiving corps. In the end, the influx of Canadian talent and the outgoing Americans spell nothing but good things for the Eskimos.

DEFENCE

Re-Signed: Chris Thompson DB, Walter Curry DL.

Outgoing: DB Jason Goss, DB Randee Drew, LB Maurice Lloyd, DT Dario Romero (all released) LB/LS Tim St. Pierre (Signed with CGY) and non-import DB Jason Nugent (Free Agency) LB Javier Glatt (Retired).

Incoming: LB Quinton Culberson, DB Joel Lipinski, DB Donovan Alexander, LB Damas Munoz, DL Jermaine Reid (Free Agency) LaDarius Key (Trade with SSK for KR/PR Tristan Jackson) DB DelRoy Clarke (Trade from TOR for Fourth Round pick in 2011 Draft).

The Rundown: Dumping more high priced Americans like Romero and Lloyd, but when you bring in another starting Canadian with the skill set of Donovan Alexander you are only improving a previously Canadian depleted team. Key has a tremendous speed and plays with the physicality of Brandon Browner (SEA of NFL formerly CGY) but with the size and speed of James Patrick (2010 interception leader SSK). Because of SSK's all-star secondary, Key has been left to learn and develop on the practice roster and Tillman believes it's time for him to

break into a starter's role.

SPECIAL TEAMS

Outgoing: KR/PR Tristan Jackson (Trade to SSK for DB LaDarius Key) K/P Justin Medlock (Trade to HAM for Second Round pick in 2011 Draft and negotiating rights to DB Dalin Tollestrup).

Incoming: K/P Chris Bodnar, KR/PR Brandon James, WR/KR Brandon James, K/P Louie Sakoda (free agency)

The Rundown: After two seasons that were plagued by lacklustre performance and injury, Tristan Jackson has been shipped out. After a stellar rookie season that had fans coining him "Trizmo" (Tribute to CFL all-time leader in KR yardage and TDs Henry "Gizmo" Williams EDM) Jackson just never recovered the form that made him a fan favourite. However, replacing him is the record setting Florida Gator Brandon James. James set both school and SEC records in kick return yardage, and punt return yardage. He had a brief stint with the NFL's Indianapolis Colts; but fell behind Pierre Garcon on the depth chart and was released.

NOTES

The Eskimos only have three picks in the April 30 draft: second, 11th, and 13th overall. This being said, draft picks this high have the ability to come in and start and will be expected to make an immediate impact on the team. The Green and Gold open their season in Saskatchewan on July 3.



ENTERTAINMENT

Homegrown hip hop trio hot

By LACE SENIO
Entertainment Editor

There are, of course, many genres of music available for people to listen to these days. You can have your pick of anything, from country and folk, to the heaviest of heavy metal. Today the music industry in all about options. But say you want music with a little more voice to it, a little more thought put into it, music that is revolutionary. Well, where would one go for that? Why no farther than your own dear city, Edmonton.

Edmonton is home to rising hip hop group Locution Revolution. However, Locution Revolution is not your average hip hop group. They have voices and have a lot to say, which they portray through raps that they write on social justice and activism.

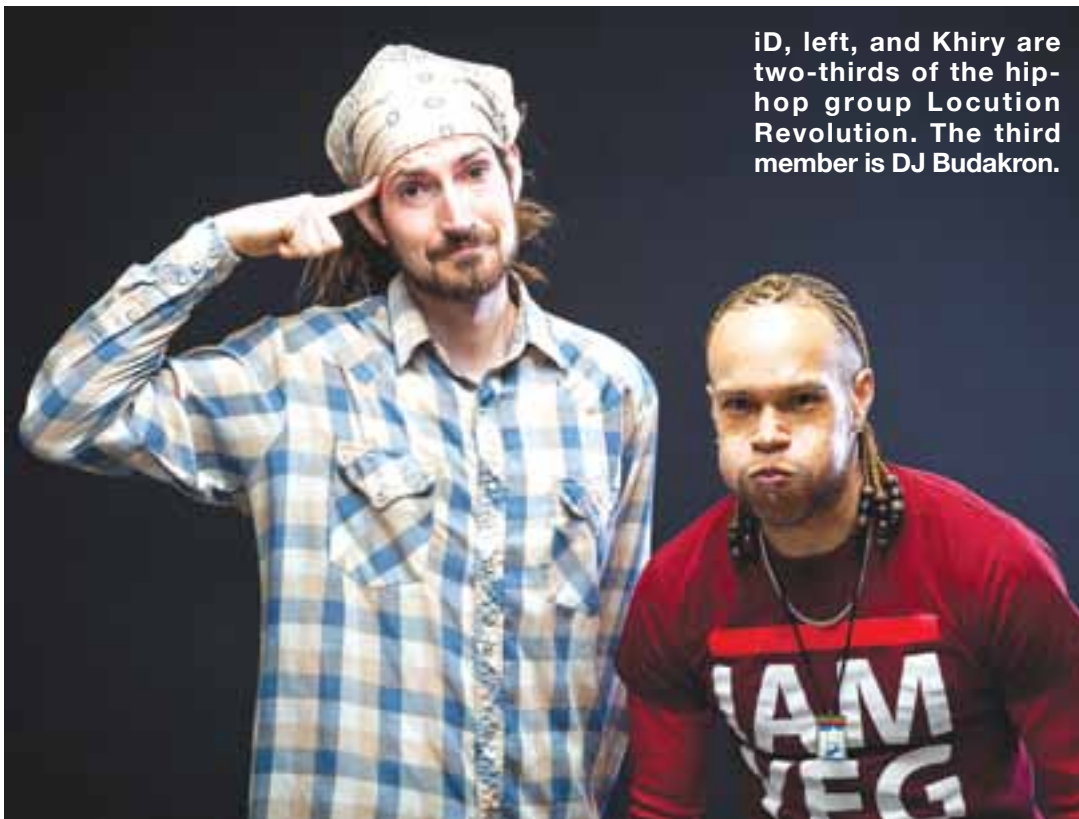
Locution Revolution is made up of three key components; iD, Khiry and DJ Budakron. Together these three influence change and fuel empowerment through the songs that they write and perform.

The name says it all about the group, locution meaning a style of speech and revolution meaning a dramatic change. Together Locution Revolution would be a revolution of voice or a revolution brought on by voice. Which is, as the guys tell me, why they started, "Because of a lack of voice."

In October 2010, Locution Revolution released their first full length as a group, *Walk Tall. Walk Tall*, received national recognition as it became No. 5 on the charts. The album features 10 tracks that will melt the heart of any true hip hop fan and even the hearts of those who just want some good tunes. This is because of the thought process that went into writing the songs. They are inspiring.

The guys are also the brain wave behind the event, "Hip Hop in the Park," which is part of hip hop appreciation week, May 15-22. "Hip Hop in the Park" is a festival celebrating the culture of hip hop. It will be taking place at Louis Mckinney park, on May 21 and will feature local hip hop groups, a graffiti wall, beat boxing, workshops and much, much more, all to do with hip hop.

See, the thing is Locution Revolution are more than just a hip hop group, they promote social justice and human rights. The group puts on workshops with inner city youth to introduce them to the peaceful culture of hip hop and ways to express themselves musically. Locution Revolution



iD, left, and Khiry are two-thirds of the hip-hop group Locution Revolution. The third member is DJ Budakron.

Photo by Jonathan Liaw

lution is music with a message.

So when you are looking for some really good music to check out, look no farther than your own back yard. I promise you will be

smiling all day when you check Locution Revolution out. They bring some great beats, but also create a wave of awareness about issues that hit close to home.



CALL FOR NOMINATIONS: SENATOR THELMA CHALIFOUX AWARD

Do you know an individual or organization outside of NAIT that has consistently demonstrated a commitment to Aboriginal student success?

Recognize these important contributions with a nomination for the Senator Thelma Chalifoux Award. The award will be presented in Fall 2011 during NAIT's Aboriginal Awareness Week.

Submit your nomination by the deadline: April 29, 2011.

A nomination form is available at www.nait.ca/chalifouxaward.

For more information:
www.nait.ca/chalifouxaward
Email advancement@nait.ca
Phone 780.471.8539



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FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...



By ALI MAGEE

Featuring some classic '80s tunes, this playlist proves that good music is timeless. Whether you're a rock, pop or country fan, the '80s were a great decade for pumping out music. If you find yourself with some extra time and a computer, check out the music videos for these songs; you'll find yourself laughing out loud at some of the outrageous moves and styles these artists pulled off.

1. The Pixies – Wave of Mutilation
2. Jane's Addiction – Mountain Song

3. The Smiths – There is a Light that Never Goes Out

4. The Feelies – What Goes On
5. Tears for Fears – Head Over Heels
6. The Clash – Rock the Casbah
7. The Church – Under the Milky Way
8. The Police – Message in a Bottle
9. David Bowie – Ashes to Ashes
10. Husker Du – Makes No Sense At All
11. Simple Minds – Themes for Great Cities
12. No Trend – Teen Love

13. The Bangles – Eternal Flame
14. Rick Astley – Never Gonna Give You Up
15. Culture Club – Karma Chameleon



The Pixies

soundonsound.com

VIRAL VIDEO OF THE WEEK

Sexy sax man

By BALJOT BHATTI

Sexy Sax Man, like most of the best viral videos, is a really simple concept – a shirtless man with a mullet and leather pants with suspenders plays that famous saxophone riff from George Michael's "Careless Whisper" over and over and over and over again in public places until he's asked to leave by store managers and security officers.

Of course, nothing can contain his saxophone skills, so even as he's being asked to leave a college biol-

ogy course, he just keeps on rockin'. He even plays two saxophones at once.

He jumps on tables and desks, and writhes on the ground like a saxophone superstar. And the best thing about him is he literally plays nothing else.

Search Youtube for Sexy Sax Man (director's cut), and maybe also watch the video for "Careless Whisper" if you don't get why this is so hilarious. <http://www.youtube.com/watch?v=GaoLU6zKaws>



Mikey Wong



Michael Jackson

TRIBUTE ARTIST BISHOP SOUL

Join us on April Fool's day for a stunning live performance by Michael Jackson & Lady Gaga...sort of... it's our BIGGEST, BEST and LAST party of the school year!

Friday April 1, 2011 @ 8PM
City Center Airport Hangar

Tickets \$20.11 @ the NAITSA office
www.naitsa.ca/yearendshow



Lady Gaga

TRIBUTE ARTIST



The Hangar

Signs pointing the way

By GRAHAM MOSIMANN

Graphic Sign Arts – have you ever heard of it? Not many people have, so I followed student Amy Shipalesky to get an insight into what her days shape up to be in this little known one year program.

“Graphic Sign Arts is exactly what it sounds like! We design, create and eventually build signs that will be on cars, banners, stuff like that,” says Shipalesky.

Unfortunately, this is one of the programs that the NAIT Board of Governors has decreed will be cut next semester.

“It’s seriously depressing,” adds Shipalesky. “I’m the last semester of a program that is just wonderful! It’s only a year long but it’s a great way to learn.”

This one-year program is very hands on. “There is never time when we are just being told. We are always doing something or other.”

A standard day

In the final weeks of the program, Shipalesky has noticed a drastic change in her schedule, so the day that she took me through represents a standard day.

“There really isn’t a normal day, what we do can change on a daily basis,” Shipalesky admits. “It really depends on how the instructors feel like working out our projects and timetables.”

The program is very fluid and that is what Shipalesky enjoys most.

“I never know what the plan is in the morning. It’s always something new unless we are working on a big project. Then again, those take only a few days more than usual so we are always back to something new.”

Shipalesky’s day starts fairly early, her first class being at 8:15 in the morning. “We are always in the computer labs first thing, unless we have a project anyway.”

‘A lot of creative control’

They use a program to design the signs and the logos before finally printing them off for real world production. “The program is work at your own pace. That’s what I really like about it,” Shipalesky says.

On any day, Shipalesky will be creating vehicle wraps, signage or just knick-knacks for personal enjoyment.

“I have tons of stuff at home of things I have made here, it can be anything really ... they give us a lot of creative control to do what we want.”

It’s not to say her stuff is all personal work, though. GSA gets orders from NAIT and outside sources to do signs, vehicle wraps and anything that substitutes a sign.

“I just had my first customer project a little while ago,” Shipalesky says to me. “I designed and made some signs for the Athletics Department and that was my first big customer job.”



Photo by Corrie Side

Amy Shipalesky shows off some of her handiwork.

The bulk of the time in the program is spent in the computer lab but that’s not a bad thing.

“Computer lab time is hands on, because eventually we get to handle all of the stuff ourselves.”

Shipalesky’s afternoons take a very different approach than the mornings, even though the two are so interconnected.

“Typically, in the computer class in the a.m., we get a project to finish by the end of the day ... and we get to take what we have created on the computer screen and bring it to life.”

The M Building that houses the program is where GSA students spend their time, especially working in the garage to build their final product. “We are doing a lot of vehicle wraps right now,” she said. “We are wrapping a van for the Edmonton Food Bank with their mascot and colours.”

The work for the vehicle wraps they do starts after they print off the logos on a massive vinyl printer. The sheets have an

adhesive backing so it can be properly sealed to the van.

“We play with stickers, massive arts and crafts all afternoon. We take what we made, and build it into a massive sign,” Shipalesky explains. “And it’s just something I love to do.”

It’s easy to see that Shipalesky has a passion for the program. She has already done her practicum and cannot wait to get a job in the industry. Her days are fluid and evolving so it’s hard to set specific parameters. “I love doing this. I want all my days to be like this,” she said.

With only four weeks left in her program, it’s a bittersweet goodbye. Working in the industry looms ahead but she leaves a program that won’t be there for other students.

At this point, there are only two other schools in Canada that offer it. Shipalesky had a few last words on the subject.

“I get to do arts and crafts for a living. I got taught to play with massive commercial stickers to make people buy things! Don’t you wish you could do this?”

Strokes need to work on it

By BART PADJASEK

The Strokes are finally back together with another album, and what a wait it has been. Frontman Julian Casablancas and guitarist Nick Valensi started writing songs for their album, *Angels*, all the way back in 2009.

For this album, the New York-based alternative band went through a series of ups and downs as they tried to figure out how to present their musical styling and perhaps gain back some of that magic they had back when they recorded and released their best selling album *This Is It*, in 2002.

Originally, the Strokes had a lot of different people publicly commenting on wanting to work with the band on a new project. Even Pharrell Williams, of N.E.R.D. came out and officially declared his interest in producing the work.

In 2010, the group signed up with Joe Chicarelli to produce *Angels*. Chicarelli has

worked with many artists in the past, but most recently known for working on My Morning Jacket’s *Evil Urges* and Minus The Bear’s, *Omni*. Unfortunately due to production disagreements and his reserved creation style, the Strokes dropped Chicarelli. The only song that remained on the album from that period is “Life is Simple in the Moonlight” which is a much more subdued song in contrast to the rest of the work.

After dropping Chicarelli, the group went with various production techniques in creating the new album and this is really reflected in the eclectic nature of the new sound.

Other problems arose within the communication of the group while in the creation process. Casablancas separated himself from the group for the most of it, only sending vague

e-mails about concepts and directions, even going as far as recording his vocal track in a completely different studio. According to Casablancas, he wanted the group to be forced to take the initiative but that didn’t prevent the dissatisfaction of other members in the process.

The first single off *Angels* is “Under Cover of Darkness,” and it gives off a familiar upbeat and lyrical stylings of classic Strokes material. The rest of the album, due to the new produc-

tion approach, is a cluster of different music impressions, to the point that from song to song it feels like a different band all together.

When I listened casually to the song “Metabolism” I had to recheck that my stereo was shuffling my songs because I could have sworn I was listening to Muse.

Overall, we have to realize that the Strokes have been on hiatus since 2007, and the music creation process might be a bit out of synch from earlier works. Musical experimentation is in no means a bad thing, but maybe this album should be a lesson to the Strokes of what they don’t want to do in the future. Since the album’s release, both Casablancas and Valensi have stated that they have begun writing and working on all leftover material from *Angels*. Let’s all hope next time they get it right.





SHOOT FOR THE STARS

LACE SENIO
Entertainment Editor

You know that feeling you get when you receive recognition or an award; how good it feels to know all of your hard work and dedication have paid off? The thing is, award ceremonies recognize just that, hard work and dedication. They are a chance to give “tips” to those who deserve a little pat on the back.

So when I heard of the first ever Edmonton Music Awards, naturally I was stoked. These awards are just the thing Edmonton needs. I know first-hand that there are some very talented musicians in the greater Edmonton area. The Edmonton Music Awards (EMAs) will provide these gifted musicians with the recognition they deserve.

This year’s EMAs took place on Sunday March 27 and March 28 at The Haven Social Club. Edmonton artists came out to collect their awards and to support each other. There were 10 awards presented over the two-day event, which focused on the diversity of the Edmonton music scene. The EMAs were not only a huge success, but also a learning experience, because they were a first for Edmonton.

“For the amount of time and a budget of zero dollars, we were incredibly happy with

EMAs hit right note

the amount of support we received,” says Brian Campbell, the general manager of The Haven Social Club.

“Through all of this support we were able to create an event which will serve as a glimpse of the vision we plan to create for the community.”

Campbell has big plans for the awards. He hopes that the EMAs will become an annual celebration that will not only expose Edmonton artists, but will hopefully unify the very diverse talent that can be found within the sub-scenes in Edmonton.

“It is not about us as individuals, but about us as part of a musical community,” explains Campbell. “We look forward to the rest of the Edmonton music scene jumping on board.”

Edmonton musicians from all genres can appreciate these awards, as some day they could receive a nomination. It will give artists something to strive for. It is almost like a goal. They will definitely strengthen the Edmonton music community by introducing music fans to the different varieties of music available in Edmonton. These awards will stir things up among the local sub-scenes, which I think, will be a truly great thing for our music community.

“The awards spotlight a wide variety of local talent nominated by the fans. I think it’ll only get bigger each year and that it will reach deep into the hidden scenes that are strong in Edmonton, but more underground,” says Pete Nguyen, of The Weekend Kids, which won the EMA single of the year.

A lot of work went into the awards, a lot

of planning and a lot of hard work. Everyone involved deserves a round of applause – the sponsors, the artists, the planners, really, essentially everyone involved. The awards were put on by a group of people who genuinely care about the local Edmonton music scene. They made this happen.

Planning for next year’s EMAs is already in the works, and fans of the awards can look forward to April 28, 2012, at the Myer Horowitz Theatre, where the event will take place. This new venue will allow for more people to attend and, as the EMAs grow, this will surely be a good thing. The EMAs are going to spice things up for the Edmonton music scene and it



will be interesting to watch them become bigger and bigger each year.

Award ceremonies do that though, they spice things up, they encourage people to aim for something. Everyone wants to be recognized for what they do, for their accomplishments. It is a chance to look back and take pride in ourselves. The EMAs are a chance to celebrate our community, and damn, that is something to be proud of.

2011 EMA Award Winners

Best Single: The Weekend Kids, “Twenty Something”
Best Album: Hot Panda, How Come I’m Dead
Best Solo Artist: Jeff Morris
Best Group: Wool On Wolves
Best Female Artist/Group: Colleen Brown
Best Metal/Hard Rock Artist: Jezibelle
Best Country Artist: The Wheat Pool
Best Roots/Folk Artist: Wool on Wolves
Best Pop/Hip Hop or Dance Artists: Fendercase
Best Music Video: Mockteerah, “The Long Kiss Goodnight”
Best Live Performance: Jeff Morris, at Axis Cafe
People’s Choice: The Red Threat
Artist To Watch: Erica Viegas

Twitter’s five and still tweeting

By **BART PADJASEK**

Twitter turned a young five years old last week. Compared to any other preschooler at this age, this social media creation is already surprisingly mature.

The brainchild of Jack Dorsey in 2006, Twitter was originally designed as an internal messaging system using SMS. Eventually when it was launched to the public, this public messaging system began a slow and continuous rise to the popularity it enjoys today.

For those who have been living in a social media bubble, Twitter is a very simple concept. With a 140-character limit, user’s tweets are similar to a public version of a status update. The great part of this idea is that because of the character limit similar to that of SMS you are able to get your ideas or stories across without losing interest easily. Founder Dorsey once tweeted that “one could change the world with 140 characters,” and that has proven to be a very valuable idea.

Realizing this point, a lot of news agencies and blogs have taken the initiative and keep the service as a major role in their plans in order to keep relevancy in their product. Twitter is specifically helpful to news groups who want to get current viable information out to a mass public, such as breaking news, without having to wait till another news cycle where information may feel rather stale and outdated.

Other than news agencies and company PR spokespeople, twitter has also been a big influence in celebrity circles. A recent example of this is Charlie Sheen. After a week of his recent drug fuelled antics and going on the celebrity apology circuit, Sheen also gained notoriety for being the first person to reach one million followers in a 24-hour period.

How big of a reach does Twitter have? According to recent numbers, there are currently about 106 million accounts, with about 24 per cent of those being inactive or not having any followers.

For those that either haven’t started an account yet or don’t know who to follow, this is a quick overview of local and international giants in the Twitter world.

For those local sports junkies, popular members include @dantencer, @DarrenDreger, @JasonGregor, @TSNBobMcKenzie and more.

News agencies include @CNN, @globaledmonton, @ctvedmonton and @edmontonjournal.

These are just quick start suggestions for new members; there are many more interesting and informative people and companies to follow as well. In order to list everyone of interest, it would take much more time than any article could provide. The best personal suggestion I could give, is to follow me @bartpajasek, have some fun and get tweeting.

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 thenugget@cu-ads.org



Best and last party!



By LACE SENIO
Entertainment Editor

April 1 is fast approaching and you know what that means – it will be time for the biggest, best and last NAITSA party of the year. This party is going to be wild. I am sure you already know that it is Hollywood themed, and that it will feature some really cool tribute artists. These tribute artists will be showing up at our party to entertain us with their incredible talent.

I recently received a phone call from “Hollywood,” or rather the agency that the tribute stars work for. It is baffling to see “Hollywood” on your call display. I was a little star struck. The phone conversation I had with the stars was not intimidating, like I had anticipated. The tribute stars were relaxed and easy to talk to. They seemed genuinely excited to be coming to Edmonton.



The first star I talked to was Skyla, or in other words, Lady Gaga. Skyla was very cheerful and she seemed so enthusiastic. We talked a bit about how being a tribute star is kind of like being Hannah Montana, you get to lead a double life. You are yourself by day, but by night you transform into someone amazing.

“Lady Gaga is confident and inspiring,” Skyla tells me over the phone. Playing Lady Gaga has helped Skyla come out of her shell and become more confident.

Which probably has to do with being on stage and singing and dancing, but also perhaps some of the confidence of Lady Gaga is rubbing off on her.

Many of Lady Gaga’s hit singles

will be performed by Skyla at the party. Skyla is excited to perform “Monster,” because of the choreography and it being such a fun song. Skyla’s performance is bound to be full of energy.

The next conversation I had was with Bishop, or should I say, Michael Jackson. This conversation was a little weird, but only because I know Michael Jackson to be dead, so having a conversation with Bishop was a little eerie. Talking with Bishop was cool, though, he seemed relaxed but his voice seemed happy.

“I am so amped, so ready to give it my all,” Bishop told me when I asked him if he was excited to come perform in Edmonton. Bishop is excited to channel the electricity of Michael Jackson when he performs. He loves the energy of it all, the audience, the lights and stage and, of course, the music.

Bishop is glad to be

carrying out the legacy of the King of Pop.

Bishop says that Jackson had a lot of class and a lot of edge. This is true, and I am sure that Bishop will do an amazing job of representing Michael Jackson.

The tribute stars I talked to are looking forward to coming to Edmonton and their performances are going to be great.

The show is going to be full of high energy and positive vibes. The tribute stars are really great and it is a real talent to be a tribute star, because not only so you have to be a great performer, you have to be great at acting as another person, which is really something to be able to do.



**Save a tree.
Down a Lumberjack.**

Hudson's
CANADIAN
TAP HOUSE

ONLY AT CANADA'S PUB

Captivating star is gone



WHAT'S ‘TASH-INING’

NATASCHA BRUHIN
Assistant Entertainment Editor

“My mother says I didn’t open my eyes for eight days after I was born, but when I did, the first thing I saw was an engagement ring. I was hooked.” – Elizabeth Taylor



Richard Burton

The world mourns the death of Hollywood film icon Elizabeth Taylor, who died of congestive heart failure at the age of 79 on March 23.

Taylor captivated the world her entire life, beginning all the way back in 1943, when her first movie, *Lassie Come Home*, was released. Her beauty instantly enthralled Hollywood and it was her stunning looks that would cause her to have a very dramatic and passionate love life all through the decades. While her beauty was definitely a big advantage to her acting career, Taylor undoubtedly had talent. She was nominated for an Oscar four years in a row, and the fourth time she was nominated, Taylor took home the academy award for her 1960 role in *Butterfield 8*.

After her Oscar win, Taylor returned to the big screen three years later with one of the most expensive movies up to that time, *Cleopatra*. Taylor earned a staggering \$1 million for the title role. She was the first actress to earn a million dollars for a movie.

“If someone’s dumb enough to offer me a million dollars to make a picture, I’m certainly not dumb enough to turn it down,” Taylor once famously said.

Taylor had several health problems throughout her life, including pneumonia, basal cell carcinoma (a type of skin cancer), heart surgery, a brain tumor and three hip replacements. However, she had a strength that led her to overcome these illnesses, and it gave her a life worth remembering.

“I believe in mind over matter, and doing anything you set your mind on,” she has said in the past.

In 1966, Taylor won her second Oscar

for her role in *Who’s Afraid of Virginia Woolf?*

Her career slowed down a bit after her triumphant win, but her exciting love life kept the world captive. Taylor was married eight times in her life, starting at the age of 18 to Conrad Hilton Jr., and ending with construction worker Larry Fortensky, whom she divorced in 1996.

Her most famous love affair and seeming love of her life was to actor Richard Burton, whom she was married to twice. She revealed the first words Burton ever spoke to her were: “Has anybody ever told you that you’re a very pretty girl?” Taylor went on to say, “I thought, oy, gevalt, the great lover, the great wit, the great Welsh intellectual and he comes out with a corny line like that! But then I noticed his hands were shaking as if he had Saturday night palsy.

“He had the worst hangover I’d ever seen. And he was obviously terrified of me. I just took pity on him. I realized he really was human. That was the beginning of our affair.”

Taylor led a life that could have been a movie itself. It was never dull, never predictable and always exciting. Her achievements include being named Dame of the British Empire by Queen Elizabeth II, penning a book, launching a very successful fragrance and jewelry line, having a star on the Hollywood Walk of Fame, being one of only four actors to earn four Oscar nominations in a



kenlevine.blogspot.com

Elizabeth Taylor

row (but officially has been nominated five times), and founding the Elizabeth Taylor AIDS Foundation, which that has raised over \$83 million.

She is and always will be the epitome of glamour, beauty and most importantly, generosity. She has left a large amount of her \$600 million estate to AIDS charities, including her \$150 million jewelry collection.

She leaves behind four children and 10 grandchildren. Her talent and beautiful personality will always be remembered.

Rest in peace, Elizabeth Taylor.

Listen up – it’s NAIT’s NR92

By **PATRICK KNOWLES**

Usually for this article we like to interview students who host radio shows on NR92.com and get the lowdown on their radio shows and what they are all about. This week, I wanted to take a different route and talk about the radio station as a whole and what the first year Radio and Television students will be doing this week to promote the radio station.

On Thursday and Friday of this week, all of the students in first semester Radio and Television will be promoting the campus radio station NR92.com as part of their promotions and marketing class.

The students were divided into groups and each group was tasked with coming up with a creative promotion idea to market the radio station. The groups will each have 10 minutes to promote the radio station in their own unique way. The promotions will take place during the day in the HP Centre at NAIT.

The goal of the promotions are to raise awareness about the campus radio station NR92.com and to get you, the students and employees of NAIT, to listen in to the radio station. Even to let the folks out there know that yes, in fact NAIT does have its

own radio station that is run for the students of NAIT, by the students of NAIT. Each group has come up with their own creative

way to raise awareness about the station and the groups all have to come up with some very interesting ways to promote NR92.com.

Without giving away the concepts behind the promotions, I will just quickly tell you what each group’s basic idea is for raising awareness for station.

Group 1 will be the “Wheel ’O’ Fitness”; Group two is “WHOOOO’s LISTENING?” Group 3 is “NR92.com, something for everyone”, Group 4 is “Don’t Stop Till Boonstock”, Group 5 is “NR92’s Spring

Cleanup” and finally the last group, Group 6 is “Spin It To Win It!”

This is an annual event that takes place near the end of each semester and the goal is to get people aware of the campus radio station, and to encourage them to become regular listeners to the programs offered on NR92.com. The campus radio station has been around since 1992 and next year will be 20 years on the air

for the Internet radio station.

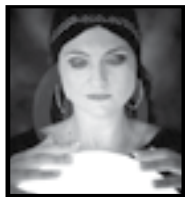
Be sure to come and check out the first semester’s promotions this Thursday and Friday in the HP Centre.

If you want to find out more about the promotions before they happen, go to www.NR92.com and click the contests link and you will be able to get a more detailed description of each promotion.



THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

March 17-23

(Warning: These Nugget horoscopes are not written by an accredited astrologer; however, believe them if you like, as they are absolute and unquestionable.)

Aries (March 21-April 19)

Learn from your parents' mistakes; use birth control.

Taurus (April 20-May 20)

Make it extremely hard for people to find you and nothing will go wrong.

Gemini (May 21-June 20)

This week is going to be a great week for you ... until about Friday and then look out.

Cancer (June 21-July 22)

Your luck is going to save you this week, because you don't have any talent.

Leo (July 23-Aug. 22)

The idea that you are attractive to members of the opposite sex stems from your vivid imagination.

Virgo (Aug. 23-Sept. 22)

Everyone likes to think that they have a sense of humour, but in your case, not so much. Your horrible magnitude of unfunny has cost you many things with more to come.

Libra (Sept. 23-Oct. 22)

You should really drink more.

Scorpio (Oct. 23-Nov. 21)

Buy a ticket to Vegas, go to the first casino you see, bet your life savings on red 24.

Sagittarius (Nov. 22-Dec. 21)

Your dad is going to call this week and inform you that you were a mailman baby.

Capricorn (Dec. 22-Jan. 19)

Spring is just around the corner and this brings about change. But not for you. You are going to remain in the same rut that you have been in for years.

Aquarius (Jan. 20-Feb. 18)

Prove to everyone how smart you really are. Do the opposite of what anyone suggests to you.

Pisces (Feb. 19-March 20)

You should try extremely hard to get excited about something, even if it involves telling a small child that you are from the future.

Yu-Gi-Oh's latest is for the fans

By KITA MURU

Yu-Gi-Oh is the trading card game responsible for the absorption of my time in junior high. It got so crazy I was at the point where the only thing that I remembered or mattered to me back then was going to the nearest shop to buy trading cards. Instead of wasting money on trading cards, I quit during high school and haven't played the card game since. However, I moved onto the video games, so that's how I got to Yu-Gi-Oh 5D's *World Championship 2011: Over the Nexus*.

In case you've never heard of YGO, the game involves using a bunch of monsters, spells and trap cards to defeat your opponents. This is done mainly by reducing their life points to zero, reducing their cards to zero, or activating special cards (Exodia/Destiny Board). 2011 takes place during seasons three and four of 5D's and like in 2009 and 2010, you

create your own duel list to progress through the story while taking on others along the way. Also, there's the World Championship mode in which you can free duel or use the Wi-Fi capabilities on the DS to battle friends online.

As far as what's different in 2011, obviously there are new cards alongside more popular monsters like Dark Magician or Blue Eyes White Dragon. There's a new ban list on which cards are forbidden and limited, while the deck analyzer looks at the strengths and weaknesses of your deck. It's

fairly basic stuff which is good if you're relatively new to the series, to find out the balance of your deck. You can also record and replay duels, create, download and share duel puzzles, and partake

in team turbo duels. There's less emphasis on presentation which has sped up the pace of duelling, and its welcome considering 2010 was slow. Duelling can go by exceptionally fast the more you get

the hang of it, and there are tutorials on how to duel in the game.

There are a few issues with 2011, with the



lw-concepts.com

emphasis on luck (with the whole drawing cards and stuff), the difficulty can be erratic in story mode. At the beginning, you'll be facing fully formed decks, some which can waste you in one or two turns tops. While at the end, your opponents can barely keep up almost to the point where you think they're toying with you. Some monster archetypes, like Blackwing cards are vastly overpowered, and the new additions to the game aren't really significant although they are welcome.

Overall, Yu-Gi-Oh World Championship 2011 is decent at its worst and almost excellent at its best; Although this is coming from a one-time fan of the original YGO. Speaking of fans, this game is more or less for the fans, so if you're not even remotely interested in the series, this review won't change your mind.



Film a feast for the eyes

By KATRINA TAYLOR

Sucker Punch is written, produced, and directed by Zack Snyder, who also brought us the stunning visual experiences that are *Watchmen* and *300*. The film is an original story about a girl pretty much just kicking ass and wearing very large fake eyelashes the entire film. It's exactly what you would expect from Snyder – phenomenal graphics and filming, a fantastic mood-setting soundtrack and some very interesting costuming.

All-in-all, *Sucker Punch* feels empowering (mostly to the female portion of the audience, maybe some of the male portion as well), it takes you on a ride and the visual aspect of the process is sufficiently impressive.

The film centres around Baby Doll, played by Emily Browning, who is checked into an insane asylum by her abusive step-

father, leaving her in the hands of the evil Blue Jones (Oscar Issac) and Madame Gorski (Carla Gugino).

The insane asylum is run by Jones and Baby Doll resorts to her limitless imagination to conjure a plan to escape before her scheduled lobotomy in five days time.

With the help of four fellow female inmates, Baby Doll embarks on a mission to find the necessary items needed to escape the hell that is the asylum ... before it's too late.

With a supporting female cast of Abbie Cornish, Vanessa Hudgens, Jena Malone and Jamie Chung, it's hard not to love this film, even if the eyelashes are a bit much. The writing is fantastic and the visual experience is mesmerizing.

The only flaw I saw in this film is a few holes in the story and Snyder's story-telling running wild in a few scenes. The story goes

from one end of the spectrum to another throughout the film leaving the audience unimpressed at times, but it's hard to pay attention to a few plot holes when the graphics completely make up for any unsatisfactory moments.

Snyder claims the film is "Alice in Wonderland with machine guns" meaning the main character embarks on a journey of imagination and self-discovery, which *Sucker Punch* did have an aspect of.

The beginning of the film was probably one of the best openings I've ever seen, being so dark and captivating.

For anyone who is a fan of Snyder's genius imagery or a just fan of gorgeous girls in fishnet stockings with swords and hand guns, you will certainly enjoy *Sucker Punch*.



NAIT's My Home away from home

By **BALJOT BHATTI**

On Wednesday, March 23, the NAIT Students' Association, in co-operation with the International Students Centre, held an event to familiarize NAIT students with the many countries and regions NAIT's international students call home.

Dubbed "My Home" it also allowed the international students of NAIT to show off the variety of cultures that are present at NAIT.

Of the total enrolment at NAIT, around 2,000 are international students. Many international students come here for the full time tech and industry programs at NAIT, as well as programs offered in English as a Second Language.

NAIT Students' Association held the event in the North Lobby, where a crowd of people watched as students and dance groups performed First Nations, South Indian, Punjabi, Somalia dances, among others. The event was put on as part of Multicultural Awareness Week here at NAIT.

Each group performed five to 10 minute dances. The event took place between 11 a.m. and 1:15 p.m. The crowd was very enthusiastic and was bigger than NAIT Student's Associa-

tion expected. People from the crowd requested more music and stayed long after the event had ended to meet the dancers and find out more information.

The dancers and performers were a mix of NAIT students and outside dance crews. Most NAIT international students were enthusiastic about showing their culture off to other students on campus.

"The aim of the event is to showcase different cultures, and the different backgrounds that NAIT students come from," said Franco Camminatore, an event co-ordinator with NAITSA. "We exceeded

our expectations for the My Home event, and look forward to next year."

"I wasn't part of the event, but I did stop and watch the dances," said a first year Business Administration student from India.

"It was nice to hear the music from back home."

Food from the various regions was also served, and was eaten up very quickly. NAITSA is very pleased by the reception of NAIT to the event, and hopes that next year's event will be even bigger than this year.



Photo by Jonathan Liaw

This First Nations dancer was one of many performers at NAITSA's My Home event that included dancers, singers and food from many of the countries that are represented by NAIT's international students.

Fashion Week looks to 124 Street

By **CHRISTINE VU**

This past Saturday, March 26, marked the first time Western Canada Fashion Week (WCFW) has featured trendy 124 Street. In the past, Whyte Avenue has been the main focus, but as 124 Street grows more and more popular with new boutiques opening, WCFW decided to shine a much deserved light on it.

Among the new boutiques that have opened in the past year is Shades of Grey. Owned and operated by three sisters, Shades of Grey has garnered much attention since it opened in July 2010 and has become known as Edmonton's premiere place to

shop for women's clothing, accessories and shoes.

For a more intimate look at fashion week, the three sisters of Shades of Grey, Marina Shih, Tina Gregorio and Celina Shih take us behind the scenes.

All three sisters have very different career backgrounds but came together to turn their passion for style into a business venture.

By day, Tina, the youngest, is a cytologist. Celina, the eldest, is an optometrist. Marina, the middle child, left her marketing career in publishing to give all her attention and time to Shades of Grey. Together, they all bring something differ-

ent to the table and that has made the boutique successful.

Tina is in charge of marketing and designing the window displays. Celina's main role is merchandising and finding new designer pieces to add to the store's inventory. Marina oversees everything but focuses on sales and bookkeeping.

To prepare for their debut at WCFW, the sisters took a look at what they had in the store and styled outfits according to the model. Shades of Grey carries a variety of brands, including Canadian lines such as Domino Jeans and La Fee Verte of Montreal and Dace of Vancouver.

To display the range of styles, they chose to dress the models in a Mink Pink, Wren and BCB-Generation. The models were also adorned in Chloe jewelry, an exclusive line hand crafted by close friend Sarah Steeden.

"I think fashion can translate appropriately to any age or body type. Shades of Grey is all about classic pieces with a modern twist," Celina explains.

"Our ideal customer is someone with impeccable style who values being different."

About one hour before the 124 Street Retail Showcase was about to take off on the runways of Western Canada Fashion Week, the lobby had begun to fill with people.

The TransAlta Arts Barns off Whyte Avenue had been transformed into a chic venue for this special event. Vendors had set up tables and everyone was dressed to the nines. While they waited for the doors to open to the runway, people were milling around tables, taking a look at jewelry, makeup and other essentials every fashionista needs.

Among all the tall models waiting for their cue, Tina could be seen beside the stage, overlook-

ing rehearsals. With time ticking by, things backstage were hectic whereas on the other side of the doors, people were enjoying cocktails and conversation. Celina and Marina arrived with resident jewelry designer Steeden. Together, all four made sure last minute details were taken care of. Anyone observing them could tell that they had a unique dynamic among them. Even in the midst of a major rush they still found time to joke around with one another.

"My sisters and I all have the same work ethic and drive. We trust each other to do a great job," says Celina about working with her sisters.

Minutes away from show time, everyone took their place. The lights dimmed and local R&B and hip hop singer Esma started the show with a rendition of Alicia Keys' "How Come You Don't Call Me Anymore."

Shortly after, local celebrities strutted down the runway decked out in apparel styled by High Grade Clothing Co. in West Edmonton Mall. CTV's Josh Classen stole the show when he lifted his pant leg to reveal a mustachioed cartoon face on his sock.

After the celebrities showed off on the catwalk, Esma returned to the stage to perform an original song. Then the main event took centre stage. Two by two, models walked down the runway. Clothing and accessories from Floc Boutique, Meese Clothing, Miss Boss and Frog Kisser's Den were present among other 124 Street neighbours.

The 124 Street Showcase ended with the stylists and boutique owners walking out together to give a little wave or bow. The sisters reunited backstage once again with smiles all around. Their first showcase at WCFW was a success. Shades of Grey had a goal of bringing more awareness to the 124 Street shopping district and it was well achieved.



Photo by Christine Vu

Jewelry designer Sarah Steeden, left, joins 124 Street Shades of Grey co-owners Marina Shih and Tina Gregorio, model Celina Shih and Celina Shih of Shades of Grey in the dressing room at Western Canada Fashion Week.

THE NUGGET PRESENTS:

CLUBS CORNER

Upcoming events ...

Outdoors Club

What: Ski/Snowboard Trip

When: April 2

Where: Marmot Basin, Jasper National Park

PFT2012

What: Bake Sale

When: April 5, 11:30 a.m. – 2:30 p.m.

Where: Outside NAITSA (main campus)

CLXT

What: Pub Night

When: April 8, 9 p.m.

Where: Oil City Roadhouse

EDSS

What: Beer Garden

When: April 8, 3 p.m.

Where: Annex Dock

Club Culinaire

What: Wine Dinner

When: April 11, 5:30 p.m.

Where: Ernests Dining Room
Help support the Canadian Cancer Society

Regular weekly events

Gamers of Dungeons and Dragons

What: Weekly Games

When: Fridays; 4:15-10 p.m.

Where: Room WC-312

Christian Club

What: Weekly Meetings

When: Hang Out & Learn Wednesdays

12:15 p.m.-1:10 p.m. Room E-115

Prayer Meeting Wednesdays

7:30 a.m.-8:05 a.m. Room J-207

(Multi-faith prayer room)

Latter Day Saints (LDSSA)

What: Weekly meetings

When: Thursdays

11:15 a.m.-12:10 p.m.

and 12:15 p.m.-1:10 p.m.

Where: Room E-221

Karate at NAIT

What: Weekly sessions

When: Mondays, Wednesdays

7 p.m.-9 p.m.

Saturdays 10 a.m.-Noon

Where: Room S-112

Culinary Class of 2011

Heart and Stroke Foundation and

Mrs. Canada present:

A HEART HEALTHY WINE DINNER

April 2, 2011

Ernest's Dining Room at NAIT

5:30 PM Reception

6:00 PM Dinner

Five Courses paired with Wine



Silent Auction Benefitting
The Heart and Stroke Foundation

AND THE

2011 Culinary Arts Graduating Class



For more information: winedinner@hotmail.ca

Danielle Lehnert 587-989-8860

OR

Shereen at 780-491-3167

TAX PREPARATION

Have your taxes done for free
by qualified NAIT business students!

Some restrictions apply, contact
Business Connex of NAIT or check
the Facebook Event for details

Tax Returns cannot be completed unless students have all their tax return slips, carry forward amounts and any receipts that they want to claim against their income tax.

If student would like the tax return deposited directly into their account, they must bring all their banking information including bank number, transit number, account number and sub number.

When: March 19th, 26th, & April 2nd
10:00am – 3:00pm

Where: Room T516

Are you connected?

How to contact Business Connex of NAIT

Facebook: Business Connex of NAIT
Email: businessconnexna@gmail.com

CA Recruitment Preparation

Want an advantage over everyone
else during the CA recruitment period?

Stop in and listen to what past recruitment
students have to say about the process and
what you need to do to prepare for it.

Hosted by CA Joanne Belliveau

When: April 4th 2011

4:30pm – 5:30pm

Connecting students with students

Where: Room T611

Are you connected?

How to contact Business Connex of NAIT

Facebook: Business Connex of NAIT
Email: businessconnexna@gmail.com

CAPTIONING & COURT REPORTING FUNDRAISER

SATURDAY
APRIL 2ND

HI-BALLS, JAGER AND
TEQUILA SHOTS
ON SPECIAL ALL NIGHT!

TICKETS \$5

INCLUDE PRIORITY ENTRANCE
AND \$5 CASH AT THE DOOR.

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Clubs Centre Info

Hours: Monday-Friday, 8 a.m.-5 p.m.; **Phone:** (780) 471-8457

E-mail: campusclubs@nait.ca; **Website:** www.naitsa.ca

Location: Room E-133 – Main Campus

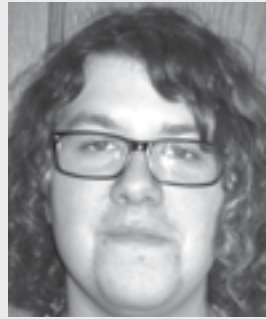
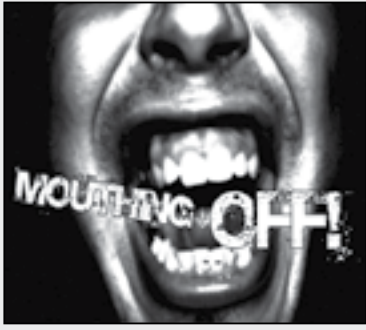
Clubs Centre News

CONGRATULATIONS!

Second semester

GIV'ER Point Winners

1st.....	Bakers Club	\$1,000
2nd	Club Culinaire	\$500
3rd	Full Frame 47	\$250



GRAHAM MOSIMANN

What do you think of the upcoming federal election?



"I don't really think nothing of it."

Aaron Gruey
Carpentry



"The leaders of the parties I don't care for."

Graham Wright
Carpentry



"I don't follow the election. I didn't hear too much about it."

Jordan Hanna
Marketing



"I don't really follow the election. I don't know anything. Love NDP to win!"

Geng Thian
Personal Fitness Trainer



"I think the government wastes too much time. Talk about the big issues not politics."

Scott Smith

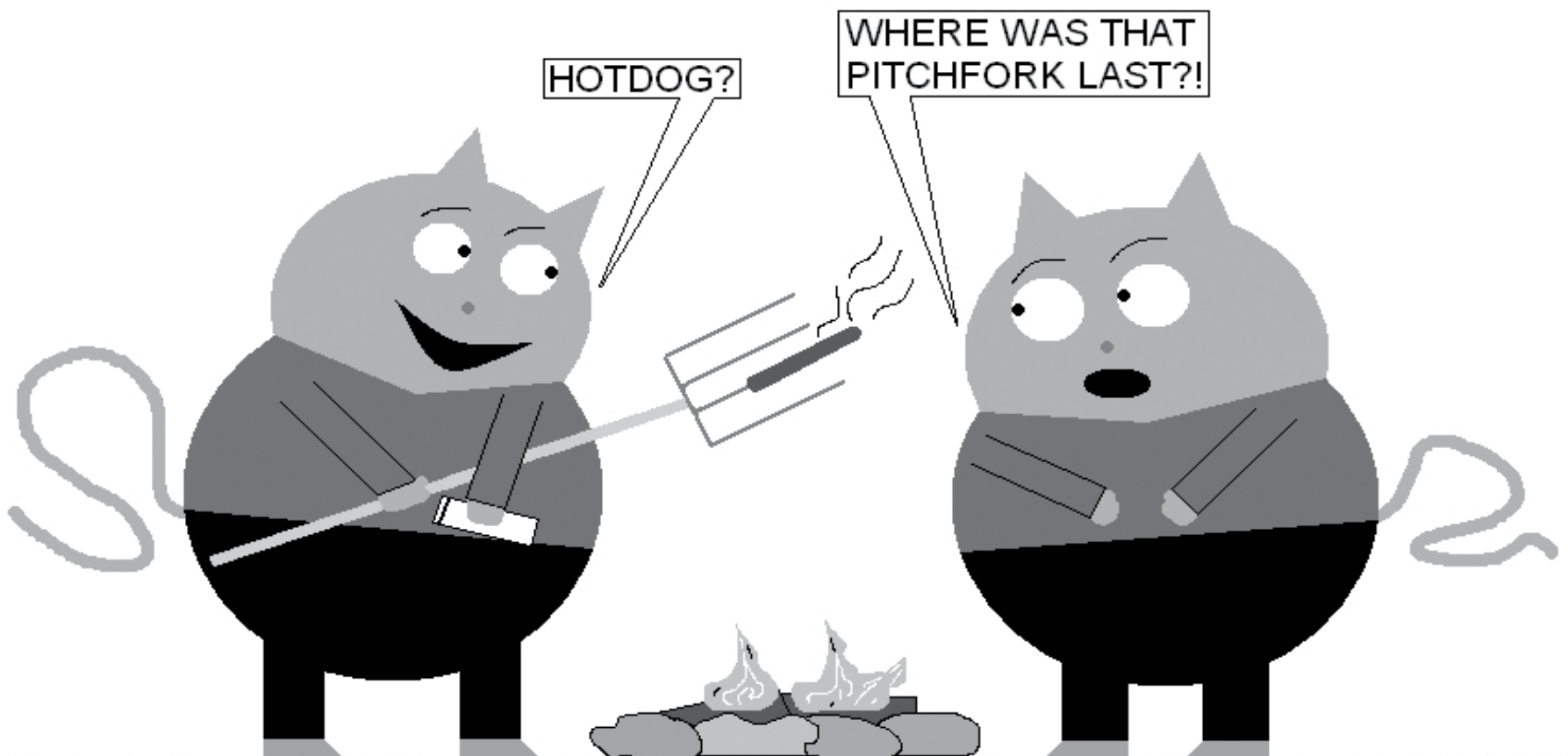
THE NUGGET-PRESENTS:

NUGGET COMICS

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J.B.

Cartoon by John Benesch

CROSSWORD

- Across
- 1- Member of a great Peruvian people

5- Religion of the Muslims

10- Shoppe adjective

14- Category

15- Fearsome

16- South African river

17- Asian sea

18- Saltpeter

19- Goes astray

20- Bear witness

22- Salt of tartaric acid

24- Inexpensive

25- Interlocks

26- Franklin D.'s mother

28- Protection

32- Mature male European red deer

35- Mischievous person

37- Circular band of flowers

38- Gasteyer of "Saturday Night Live"

39- Part of LED

41- Barcelona bear

42- Unstated

45- Bumbler

46- Hit with an open hand

47- Lukewarm

48- Let

50- Bog

54- Component of organic fertilizer

58- Caudal

61- Newspaper executive

62- Gaelic language of Ireland or Scotland

63- Located

65- Florence's river

66- Exclamation to express sorrow

67- Clear the board

68- License plates

69- Playthings

70- Old Nick

71- "quam videri" (North Carolina's motto)

- Down
- 1- Sir Newton – an English mathematician

2- Compass point

3- Jalopy

4- In any case

5- "She Lovely?"

6- Biol., e.g.

7- Starbucks order

8- Neighborhoods

9- Incense gum

10- Supervise

11- Zhivago's love

12- Move suddenly

13- Additional

21- Health haven

23- Drop of water expelled by the eye

25- Ex French colony of north-west Africa

27- Comic Foxx

29- London jail

30- boy!

31- Boutique

32- monde

33- Actress Heche

34- Coarse file

36- Rock's Fighters

37- Woven fabric

40- Raised platform

43- Purposeless

44- Billy had a hit song with "White Wedding"

46- Arranged in order

49- Partially opened flower

51- Ascends

52- Director Kurosawa

53- Attack

55- Gillette razors

56- Forceps

57- Uneven

58- Milk source

59- He sang about Alice

60- Brit's exclamation

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
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20				21			22			23				
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32	33	34			35		36		37					
38					39			40				41		
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			50		51	52	53			54		55	56	57
58	59	60							61					
62					63			64			65			
66					67						68			
69					70						71			

61- Biblical garden

64- Conductor ____-Pekka Salonen;

Puzzles provided by BestCrosswords.

com (<http://www.bestcrosswords.com>).

Used with permission.

SOLUTION

Page 27

Party on, Rebecca Black!

By JESSICA WEI
The Concordian
(Concordia University)

MONTREAL (CUP) — Man, I love Fridays. And by now, thanks to the power of the Internet, I'm sure most of you have seen the music video about that most awaited day of the week – Friday by Rebecca Black.

Now, here's a 13-year-old who feels me on this one. A lot of people have given this little girl a whole lot of grief because of it, which frankly confuses and kind of offends me. Why them haters gotta hate? As a peace-loving

party person, I'm sticking up for my girl. Get excited, because this week I watched "Friday" by Rebecca Black.

Black has been on the YouTube radar since her video jumped from a couple of thousand to about 18 million hits last week after the video was linked on Tosh.0's blog with the title "Songwriting Isn't for Everyone." Since then Black's song has been mocked by millions on YouTube, but has gotten celebrity endorsements from Simon Cowell and Lady Gaga. The video is now just under 40 million views.

But here's the thing about this girl – she tells

it like it is. There's no bullshitting around. She wakes up at 7 a.m., heads downstairs for a bowl of cereal, meets her friends at the bus stop and has a problem deciding where to sit in a car.

This is the first verse of the song, and she's totally keeping it real. It's the daily grind, you know? We all get it. She's really taking a cue from the legendary Ke\$ha, who also tends to sing her actions – like waking up in the morning feeling like P. Diddy and then brushing her teeth with a bottle of Jack.

As the saying goes, "Write what you know," and Black is totally doing that. Did

you know that Saturday is the day after Friday and then Sunday comes afterwards? She does. Is that the extent of all that she knows? Debatable.

But really, was this video even worth the storm of Internet flaming and web-trollery? Her one mistake was being born to wealthy, deluded parents who bought her a record deal.

And OK, yeah, masking her questionable voice by ramming it up the autotune. But who doesn't do that these days? Everyone needs a little autotune by week's end, so Rebecca Black, party on.

TIP OF THE WEEK – FROM NAIT SECURITY SERVICES



When running, be smart



With Spring close upon us, many people will take their physical activities outdoors. These following tips are recommended to help keep you safe while running, jogging or cycling:

- Carry identification or your name, phone number and blood type on the inside sole or laced to the outside of your running shoe. Be sure to include your medical information.
- Don't wear jewelry.
- Carry enough change for a phone call. If you carry a cell phone, always ensure that it is fully charged.

- Run with a partner.
- Write down or leave word of your route. Inform your friends and family of your favourite routes.
- Run or cycle in familiar areas. Know the locations of telephones and open businesses and stores. Alter your route pattern.
- Always stay alert. The more aware you are, the less vulnerable you will be.
- Avoid unpopulated areas, deserted streets and overgrown trails. Especially avoid unlit areas at night. Run clear of parked cars and bushes.

- Don't wear headphones. Use your hearing to be aware of your surroundings.
- Ignore verbal harassment. Use discretion in acknowledging strangers. Look directly at others and be observant, but keep your distance and keep moving.
- Run against traffic so you can observe approaching vehicles.
- Wear reflective material if you must go out before dawn or after dark.
- Use your intuition about suspicious persons or areas. React on your intuition and avoid any person or area that feels unsafe to you.

- Carry a whistle or noisemaker.
- Call the police immediately if something happens to you or someone else, or if you notice anyone out of the ordinary during your run.

If you have information a crime, contact NAIT Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.



Photo by Laura Dettling

George Karaphillis, of the Shannon School of Business at Cape Breton University, addresses a NAIT audience recently about a part-time MBA program that NAIT is delivering for the East Coast institution.

Recipe

Mom's chili

By KENDAL GUINEY

There were those few recipes that our moms had that would always show up on our table. For me it was stew, possibly some type of casserole, or chili. The fallback recipes that they would always use when they didn't know what else to make. Well, if you are missing some homemade chili right now, here's your chance to try and make it yourself. Enjoy!

Prep Time: 10 minutes

Total Time: Slow cooker cooking time: 3-1/2 to 4 hours on high or 7 to 8 hours on low

Ingredients

- 1-1/2 lbs. Ground beef
- 2 or 3 cans (15 oz. Each) pinto beans drained
- 1 large onion chopped
- 3 large cloves garlic, minced
- 1 can (15 oz) whole tomatoes cut up (I use tomato sauce)
- 1 can (6 oz) tomato paste
- 1/2 cup water
- 2 to 3 Tablespoons chili powder
- 2 teaspoons salt
- 1 teaspoon dried oregano leaves crushed
- 1 teaspoon ground cumin
- 1/4 teaspoon pepper

Instructions

1. Crumble ground beef into a slow cooker. Add beans, onion and garlic
2. In a medium bowl, stir tomatoes, tomato paste, water, chili powder, salt, oregano, cumin and pepper until blended. Stir into meat mixture. Scrape down sides of slow cooker.
3. Cover and cook on high for 3 1/2 to 4 hours or on low for 7 to 8 hours or until onion is tender.
4. Serve with shredded cheddar cheese and saltine crackers.

Recipe courtesy of:

<http://www.squidoo.com/simple-recipes-for-college-students>



Amarreet Bhatti, 22

Medical Laboratory Technician

What do you look for in a guy? Nice shoes, nice buttocks, nice body odour.

When a guy buys you a drink, how do you respond? I walk away.

If your first date is dinner, what do you order? A steak and a beer.

What is your favourite season? Summer ... I can bust out my cute shorts and tank tops.

Would you rather date someone older or younger than you?

Older ... because I like experience and maturity.

List these traits in order of importance: Smile, car, hair, intelligence, humour. To be honest ... Car, hair, smile, humour, intelligence.

How often do you update your Facebook page? Every time I log onto Facebook.

Are you hot and single? E-mail us at entertain@nait.ca



THE NUGGET PRESENTS:

GRAPEVINES

Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca or submit online at www.thenuggetonline.com

dear annex:

who;s down to party with the day drinker. obviously drunk: st. patty's day rules. (aka the only alcoholic interior designer)

•••

Dear people in the Annex:

1. Please keep your Farmville use to a minimum when i am waiting to print shit.
2. Stop looking at Porn while im clearly waiting on a computer ... and iickk!
3. Last but not least, for all you broad shouldered, six packed, hotties ... come say hi to your female counterparts ... aka the first year interiors ;) ;))

– BBGURL

•••

Dear Business gays, you're too far. Environmental Engineering Gay.

•••

To gayboy in 3rd year, stop asking stupid questions, you just look stupid.

– signed, the back row

•••

DEAR NAIT WIRELESS INTERNET:
P!\$\$ OFF ALREADY

– signed lots of people

•••

To the aaroe in my heart,
You are good looking like a tree,
whose branches sway in the breeze,
your roots are deeply planted in my soul. You brighten my grey edmonton winter days and give me a summer to look forward to. I can't let you leave, you must stay with me. You are my

love, my everything.

Signed,

The target you've been aiming at.

•••

I eat my peas with honey.

I have done it all my life.

It makes my peas taste funny.

But it keeps them on my knife.

•••

To the girls in First Year Interior,
Thanks for giving us something to come to school for on Mondays. If it wasn't for you guys we probably wouldn't.
p.s. We don't bite either, unless your into that sort of thing ;) p.s.s Lululemon is always a good wardrobe choice.

– Lots of LOVE Chemical Guys

•••

To the first year Interior Design girls who don't bite ... We do ;)

– The Petroleum and Chemical guys

•••

To Concerned Gentlemen:
Way to hide behind a newspaper.
Watch your mouth or you catch a lickin'.

– Love: The red-head's Cowboys

•••

To the Concerned Gentleman,
Please feel free to grow a pair, and man up. I look forward to our conversation. xo

– The Red head in Architecture

•••

Last week's HOT Single,
The fact that i am pregnant and you're a medical sonographer makes me feel hot and heavy! You can play doctor for

me any day ;)

– hot and heavy

•••

I heard that NR92.com are giving away 2 weekend passes to Boonstock. How do I win?

– At Needlepoint

•••

Whoooo's Listening?! For anyone who hates paying for parking and taking the bus, NAIT's radio station, NR92, is giving away a parking pass! Go to the contest page on NR92.com to find out more.

– The Kooky Ook

•••

To paramedics,
We understand why you would like to see us in lingerie. However you are slightly confused. Us RT girls never called dibs on him, we prefer men that will pick us up in nice cars not glorified taxi cabs. AHT girls they are all yours.

– The REAL RT girls

•••

To "M" in Interior Design,
Sorry about the awkward approach, let's start over.

– Mr.Strong

•••

To the Girls in Interior Design,
The petroleum and chemical engineers meet every weekend for bum darts. Let some real men draft you girls up some fun.

– From the stallions in Engineering Design and Drafting Tech

•••

To the guy in the black zip-up ufcw383 hoodie,

Everytime i look back you are checking me out, let's do lunch(or each other),

– The guy with the earring 2 rows in front of you

•••

Dear Red Head in Annex

You are really good looking, but that's no reason to walk around all snobby like. Maybe toss around a smile once in a while?

– Other concerned gentlemen

•••

To the attractive female that was at the Fitness Centre on Tuesday at 8:30 a.m. If only I was as awesome as you, then maybe I could say hi.

Yours truly,
Mr. Insecure

•••

Dear big Jim in the Annex,
us girls always see you staring at us across the room. come over and say hi.

Interior design chicks

•••

To all the single guys out there,
Please help us and walk your testosterone down the J-wing. Drop us a line or two ... you never know what will happen until you do... ;))

-Gals with spring fever and not a guy around

THE NUGGET PRESENTS:

Dr.CONwisDOM

Dear Dr. CONwisDOM,

I was recently flipping through the pages of The Nugget, when all of a sudden my heart stopped beating. There was the man of my dreams. He was the "Hot Single of the Week," and hot he sure was. I was wondering how I could go about snagging a date with him though. I want this boy's body!

– Hot Flashes

Dear Hot Flashes,

The best way to get a hold of a hot single is to e-mail the entertainment editor, at entertain@nait.ca. She is good and kind will hook you guys up on a date. Or she will laugh at you, either way, this is the best way to get contact information.

•••

Dear Dr. CONwisDOM,

Lately I have been seeing this new guy. The sex is great, beyond great. It lasts so long though that i cant manage to stay "slippery." Lube it up right? Well i'm allergic. Help me out!

– Dry to the Bone

Dear Dry to the Bone,

Hmm sex lasting too long is a problem I'm not entirely familiar with ... ha, ha, ha. Have you tried different positions? Because if you are allergic to lube the only reasonable solution seems to be to speed up the sex. Maybe cutting down the sex time will help you stay "slippery" the whole time. Find out what kind of stuff your man likes and go that extra mile, maybe even get crazy with positions, something new to catch him off guard and speed up the process a little bit, because I'm sure he gets a little sick of his camel ending up in the desert all time.

•••

Hey Dr. CONwisDOM,

I wanna go to Boonstock and get laid. But I'm broke and unable to afford a weekend pass. How can I get my needs satisfied?

– Boonstock but Broke

Dear Boonstock but Broke

It seems to me that you actually have two problems here. 1) you want to go to Boonstock 2) You want to get laid. They both have pretty simple solutions as well. If you are broke and can't afford a Boonstock ticket, there are these

crazy things that some people get called jobs, where you work, they give you money, and you can pay buy things like concert tickets. Crazy, right? As for having trouble getting laid, part of it is likely that you are broke and no girl wants to get with some broke ass guy, so get a job, my friend, then you can buy that Boonstock ticket you so desperately want and once there anything can happen.

•••

Dear Dr. CONwisDOM,

My girlfriend has this weird fetish. She likes to go down on me after she's put ice cream all over my stuff. I wouldn't mind it but then when my junk gets cold it gets smaller and she complains about it. What should I do about it?

– Iced Over

Dear Iced,

Why are you complaining? You're getting action that a lot of guys wish they could get, and if you have a problem with ice cream then get her to use whipped cream. It is the same colour and tastes better. Plus it won't shrivel your assets.

•••

Dear Dr. COMwisDOM,

I have a problem that a lot of girls would love to have. My boyfriend is a total horn dog. I don't mind doing it a lot, but he drags it on for way too long. I am starting to fall asleep in class because of how tired I am. How can I tell him without sounding like I don't want to do it any more?

– Worn Out

Dear Worn Out,

Be assertive with this, tell him to finish up after you have and stand your ground about it. If your school work is suffering because of this then you should just lay off for a bit or at least cut down a bit. Or you could always bring another woman into the picture so that you can sleep every other day.

•••

Do you have any personal questions that you want to have answered? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

Preventing date rape



TIMELY TIPS
MARGARET MAREAN
NAIT Student Counselling

Date rape is defined as being forced or pressured into having sex against your will and without your consent by a person who is known to you. It includes new acquaintances or ongoing relationships. The best defense against date rape is to become informed and to minimize situations that put you at risk. Here are some suggestions:

- Don't keep your head in the sand. Recognize that date rape could happen to you. Between 10 to 25 per cent of college women report being raped by men they knew. Although far less common, men can also be raped.
- Know that it is your right to set limits and to defend them, and to tell your partner if/when you do and don't want to have sex.
- Firmly discourage any unwanted contact, even if it is casual.
- Be assertive in setting relationship boundaries. Think about your limits in advance and communicate limits and expectations clearly (e.g. how much touch is okay). If you are clear in your own mind about your limits it is easier to communicate them.
- Passivity may be interpreted as permission, so say 'No' in a tone that relays that you

mean it. Don't hint or expect anyone to read your mind.

- Be wary of acquaintances who are excessively jealous or possessive, get hostile when you say no, ignore your wishes or opinions, act in an intimidating way, or attempt to make you feel guilty if you say no to sex.
- If you are uncertain about the person you are with, avoid alcohol or drugs

If you do get into a situation where you feel uncomfortable or are forced:

- Try to stay calm. Think about your options and how safe it would be to resist.
- Say no strongly.
- If you have a safe option to resist, act quickly.
- Try to get away. Use self defence tactics. You may be able to hit, bite or kick to gain a chance of escape. However realize that fighting back might cause the offender to become violent so appraise the situation.
- Yell for help.
- Buy time with talk. Try to convince or persuade the offender. Flatter him. When he thinks he no longer needs to use force, he may ease up his guard and give you a chance to break away.
- Be as non-seductive as possible. Tell him you have a sexually transmitted disease, your period, or that you are pregnant. Do physical things to turn him off (e.g. urinate on the floor, pick your nose, pass gas, belch or vomit).
- Remember that giving in is not consent. It may be the only survival strategy.

If you are raped get medical attention as soon as possible. Do not shower or bathe until you have been examined at an emergency department. The Sexual Assault Response Team offers 24-hour service and support through hospital emergency departments. You

may also want to talk to a friend or family member who will be supportive and/or inform the police of the attack. Remember rape is not your fault, it is an act of violence.

Men have the responsibility to prevent date rape too:

- Listen carefully to what the woman is saying. If you feel like you are getting a mixed message, clarify what she wants.
- Be sensitive to women who are unsure whether they want to have sex. If you pressure a woman into sex, this is classified as force.
- Do not let your desires control your actions. Think about whether you really want to have sex with someone who doesn't want to have sex with you.
- Remember that date rape is a crime and that it is never acceptable to use force in sexual situations.
- Don't make assumptions about a woman's behavior. Because a woman drinks or dresses sexily it does not mean that she is inviting you to have sex.
- The fact that you were intoxicated is

not legal defense regarding rape. You are responsible for your actions, whether drunk or sober.

- Just because a woman has had sex with you previously does not mean you have the right to have sex in the future. Date rape is a crime even if there has been past sexual involvement.
- Don't assume that a woman who consents to kissing or other sexual intimacies is willing to have sexual intercourse.
- If you have sex with a woman who is drugged, intoxicated, incapable of saying no, or unaware of what is happening, you may be guilty of rape.
- Get involved if you believe someone is at risk. Don't be afraid to intervene - you may save a woman from assault and a man from criminal prosecution.

Student Counselling is open from 8 a.m. to 4:30 p.m. Make an appointment to discuss any personal, academic or career concerns by calling 780-378-6133 or booking in person at Room W111-PB, HP Centre.

Student jobs

Shinerama Co-ordinator

This fun, engaging, outgoing position will co-ordinate all aspects of the Shinerama campaign for the NAIT campus from May, 2011 until the end of September, 2011. Shinerama is a yearly event hosted by the NAIT Students' Association in co-operation with Cystic Fibrosis Canada.

We're looking for someone who can manage Special Event planning and create sponsorship packages but who also has some volunteer management experience, strong leadership skills, is highly organized and can communicate well with the community, students and staff. Don't be afraid to take risks and be ready to think way outside whatever box you're used to thinking in. Shinerama is an important, historical event for NAITSA, and will be a great learning experience.

Frosh Leaders for Welcome Week

NAIT Students' Association is looking for Frosh Leaders for August and September 2011. Frosh Leaders are ambassadors for NAITSA, helping to welcome students and their families to NAIT during the start of the school year. This position is a very important part of a student's experience when he or she arrives at NAIT for the first time. We're looking for leaders who will remain motivated, enthusiastic, co-operative and outgoing while providing a welcoming campus experience.

It'll help that you know about NAIT Students' Association and programs offered at NAIT. It'll also help that you are excited to meet new people, engage in hallway conversation and are energetic about trying new things.

Being a Frosh Leader will help you develop professional and personal skills and we'd look forward to seeing you at our working retreat from August 19 to 21, a part of your training, paid for by NAITSA.

Please apply in person at the NAITSA office in E-131 with a cover letter and resume, or via e-mail to ShannonM@nait.ca

CROSSWORD SOLUTION

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