

LAST PARTY, APRIL 20 AT THE NEST

THE NUGGET

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NAIT'S STUDENT NEWSPAPER, EDMONTON, ALBERTA, CANADA



Photo by Laura Dettling

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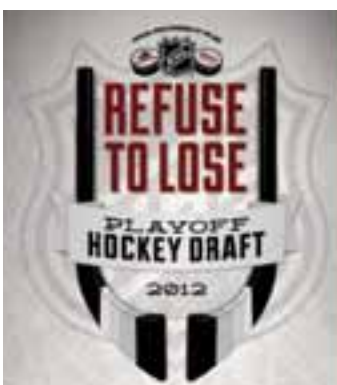
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IN THE GROOVE

Orlando Martinez Kindelan of the Fiesta Cubana Dance School performs Saturday at the annual NAITSA awards banquet. For more photos, see page 10.



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NEWS & FEATURES

Last penny soon to drop



BART PADJASEK
Issues Editor

Penny for your thoughts? That's a phrase that one day soon will be extinct in this country. The Canadian mint has decided to stop producing the copper coated coins, with this fall's bunch being the last produced.

Tory Finance Minister Jim Flaherty can be seen as a penny pincher but his decision is actually sound as a dollar, or make that 11 million dollars saved per year. And that's a pretty penny.

Most of that cost comes from manufacturing and distribution. The currency, celebrating its 104th birthday, was originally made from mostly copper. Today's variation is made from a combination of zinc and small copper plating to save on money.

Due to current economic and resource availability, the penny is ironically the most expensive

coin in our collection, costing a whole 1.6 cents a coin. To opponents of the currency, they wouldn't give a red cent for that.

The poor penny has been under scrutiny by economists for years now. The coins are considered comparatively inconsequential beside its cousins of higher value. Receive them in your change and you're more likely to drop them in the tip jar than to actually keep them in your wallet. In fact, many charities like the United Way rely on the combination of spare change every year to keep their missions running.

Meanwhile, retailers are being asked to round up or down to the nearest nickel on all future charges. Credit and debit card companies will still charge by the denomination, but the take a penny, leave a penny depository at your local corner store may have seen its final days.

What do you do with your current collection of the devalued coins? They are still recognized as currency by the Canadian mint, so there is no fear of actually losing your precious investments. If that doesn't calm your fears, the mint is accepting pennies back at any banks



uncommon to walk away with a few pounds of coins some nights. Pennies, to those of us who lived on tips, were the bane of our existence.

Rarely were we ever asked to break a nickel, bartenders would not take them back into their tills and unfortunately, most guests left their spare change in addition to a tip (In what I imagine to be a misguided attempt at being "generous"). To me, rounding up or down to the next denomination just makes sense (Or is that cents?).

But, that's just my two cents.

where they can be smelted back to their original metals – as long as you are comfortable not having two cents to rub together.

Canada joins Australia, Brazil, Hong Kong, Malaysia, The Netherlands, Sweden, Finland and others in similar legislation. The United States is in current talks to do the same.

As a former server, I've seen my fair share of coinage over the years. It wasn't

NAIT ready to celebrate 50 years

By **STEPHEN SHAW**

NAIT students always remember their graduation year, but for some, this year marks a special year for the institute.

This year is the golden anniversary for NAIT. On May 27, 1963, a new institution was opened in Edmonton as the Northern Alberta Institute of Technology, and 50 years later it continues to strive to educate students in technical training and applied education designed to meet the growing demands of Alberta's industries.

NAIT President Dr. Glenn Feltham is proud of the accomplishments the institute has made and with NAIT's 50th anniversary year, he guarantees that there is much to celebrate.



"It is an incredible time for the school," Feltham says. "Whenever it is the 50th anniversary or the 100th anniversary, it is a time for reflection and celebration of what NAIT has to offer the community of Edmonton and the province of Alberta. You get to go back and see why the school was created and who it was created for."

NAIT will showcase historical memorabilia that has become familiar to students both past and present. "The historic memorabilia that will be displayed throughout the campus will definitely be a highlight," Feltham said. "It is also great for current students to see how NAIT shaped itself and formed to the identity of the school today."

NAIT's own publication, *TechLife* maga-

zine, will also debut a special 50th anniversary alumni edition in the upcoming months, with 50 of NAIT's top alumni reuniting for the special feature.

"The overall feedback we have received from our alumni has been overwhelming," says Feltham. "But it is quite remarkable to see that all of our alumni who have such fond memories of NAIT are coming back for this occasion, it is great. All of our alumni are coming back to their home."

There will also be a video that will be released to showcase the NAIT we know so well – both past and present.

"The video too, is going to be something that will showcase our alumni here at the institution," Feltham said. "It's going to quite literally bring out the celebration of our anniversary."

Feltham also adds that the school will be

keeping the traditions on which it was founded.

"It is going to really stand out from other schools. Even at the 60th anniversary 10 years from now, we will be able to look back and see what NAIT has accomplished in terms of the vision, and the new levels it can achieve," Feltham said.

"It has, and will continue to be, one of Canada's leading post secondary institutes ... We have been able to engage our students and faculty over these wonderful 50 years, and as we continue to expand and bring in new opportunities, we will always adhere by the motto the school was made from."

As for the Ooks mascot that has graced the campus for these 50 years?

"Well, the Ook has definitely changed, for sure!" Feltham said with a chuckle, "I believe the first ever mascot costume the school had looked more like a snowman!"



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Woman sure to win

By ALLISON KARCH

On April 23, Albertans will cast their ballots in what is shaping up to be an election for the history books. According to the polls, our province is poised to elect a woman premier for the first time.

Incumbent Premier Alison Redford was sworn in as Alberta's first-ever woman premier when she won the leadership of the Progressive Conservative party last October. Though a first for our province, a female



Alison Redford

premier is not unprecedented in Canada – Redford became one of four women across Canada who currently hold that position.

Redford's biggest competitor in this election is Danielle Smith of the Wild Rose party. About 40 per cent of eligible voters intend to vote Wild Rose, according to an aggregation of recent polls by www.threehundredeight.com.

The site puts the PC party at almost 32 per cent of the popular vote, so no matter how the chips fall, we will almost certainly end up with a woman at the helm of

our provincial government.

The last time we saw a female party leader in a provincial election was in 2001, when Liberal leader Nancy MacBeth lost her seat.

Though historic, the prominence of women in this election isn't considered game-changing. Canadian voters are accustomed to women in politics and are increasingly willing to elect them to leadership roles but not because of or in spite of their gender.

Redford is confident that Albertans will give their vote to the candidate who can best represent them in the Legislature, whether that person is male or female.

"Albertans will decide whom they want the leader to be based on the set of skills that they have," she said in a phone interview.

New Democrat leader Brian Mason doesn't believe the gender of his opponents has made a difference in this election campaign, though he noted that, "the participation of women is a high priority," for the NDP.

A look at their candidate list bears that out, "Forty-one out of 87 [of

our] candidates are women in this campaign," he said.

Gender may not be an issue in this election, but some issues, such as education, are perennial. Every major party's website includes a commitment to making post-secondary education more accessible, though the parties' approaches vary.

The NDP promises to reduce post-secondary tuition by 10 per cent starting in the fall of this year. This is comparable to the Liberal's plat-



Danielle Smith

form promise to reduce tuition by \$250, the first step in their plan to eliminate tuition entirely by 2025.

Mason commented on the differences in these two parties' strategies, saying that voters are already skeptical about politicians and sometimes long-term promises are not worth the paper they're printed on.

"We think it's important to give a significant decrease immediately," he said, but the NDP has no firm plans to continue reducing tuition in future years.

"Our policy opens the doors to learning opportuni-

ties regardless of [potential students'] financial situation," said Mason, giving all Albertans, "a fair shot and an equal chance."

He also outlined the need for more apprenticeship programs to help enact this policy.

Premier Redford also commented on the primacy of post-secondary education, saying, "our future will be in education."

For their part, the PC party has capped tuition increases at the rate of inflation, and has recently passed a budget that commits \$200 million to post-secondary education. Students will get this money partly in the form of scholarships, bursaries, and grants, and partly through student financial aid reform.

Redford calls the existing student loan system outdated, and the changes will make it more flexible and responsive to students' situations. She too will encourage apprenticeship programs, and notes that the trades are an important foundation for a growing economy.

Many hope that apprenticeship programs will help boost Alberta's post-secondary education participation rate, which is the lowest in the country.

City youth reaching out

By KEVIN ALBUS

Students are looking for jobs to do this summer. Planning for vacations and trips is already in the works, but there is a youth group in Edmonton that's getting ready to provide help in the country of Burundi.

Daring to Reach Orphaned People (D.R.O.P.) is a group formed by Edmonton Youth Unlimited. D.R.O.P. will be visiting Burundi, a tiny country that shares its borders with Rwanda, Democratic Republic of Congo and Tanzania.

Burundi is under-developed, poverty and disease stricken with over 250,000 orphans and 500,000 displaced refugees. With 80 per cent of the country's population in poverty, D.R.O.P. works with other organizations in the country to help those in need.

In 2011, Builders Without Borders and D.R.O.P. partnered to help build a secondary

school in the town of Gitega. This is a start to help combat the country's low literacy rate, where half of Burundi is illiterate and desperately needs education.

While the group helps build a school, they will be staying in Gitega, running day camps and activities for the children who live there.

D.R.O.P. will also visit the Youth Without Borders Vocational School in the capital city of Bujumbura. The vocational school was created in 2003 to help dysfunctional youth within the capital and areas around.

They also help former child soldiers and young prostitutes, who have dealt with unimaginable realities, to learn how to have a good life while providing for themselves and maintaining their future. The school teaches skills so the youth can sew and operate certain machines.

"When we first started the D.R.O.P. pro-

gram, the purpose was to get young people in Edmonton engaged in world issues, specifically in the country of Burundi," said Aaron Brink, from Edmonton Youth Unlimited.

"As more and more youth got involved in D.R.O.P., we began exploring the idea of making trips to Burundi, so in 2010, we made our first trip to the country."

The people of Burundi have all been torn apart because of violent conflicts like the Rwandan Genocide and the effects bled into Burundi. The country has been at peace now for nearly six years and with the help of organizations like Youth Without Borders, Builders Without Borders, D.R.O.P. and other not-for-profit groups, the country can soon find its way back on track, but it still needs help.

If you would like to find out more information or to donate to this group, head to www.youthunlimited.com/DROP



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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

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Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

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It's all good. Getting something off your chest is downright therapeutic. Write us.

Flood hits NAIT photo student

By **STEPHEN SHAW**

Many students at NAIT will be heading home for the summer break once final exams have been taken. But for Emily Lang, a first year photography student, this year will be quite different.

Emily comes to Alberta from the small village of Perth-Andover, New Brunswick. On March 23, the community of 1,700 experienced the worst flood in its history. With an estimated \$25 million in damages, it is the worst flooding the area has seen.

"Back in 1987, there was only a train bridge that connected the two villages at the time, Perth and Andover and the flood wiped out the bridge," says Lang. "Also, everything was much closer to the river and there were 150 homes destroyed."

The flood, in her words, has caused catastrophic damage to her hometown.

"Thank goodness my house wasn't affected, because our house is on higher ground," she said. "It came super quickly too, within 40 minutes from telling people they could stay in their homes to a full evacuation order, telling residents they needed to seek higher ground."

Thirty eight businesses in Perth-Andover have been lost, with many being condemned from the damage.

"The community, as a whole, is so inter-connected, that it is so hard to realize that things that were there that are a part of my childhood aren't going to be around anymore," says Lang. "What makes it worse for these businesses is that a lot of

them won't receive any compensation or damages for flood insurance coverage."

Dealing with this kind of disaster from a distance is difficult, with information sometimes spotty at best. However, Lang's family is holding on as best they can.

"It's been hard, really hard for the past few days. We have been trying to cope as best we can with the information that we know," Lang said.

The local schools sustained heavy damage, and students have had to relocate to other surrounding schools to finish off their school year.

"My heart goes out to the kids there, too," said Lang. "It's so hard for them to have to go to a completely different school so soon before they head out on break for the summer."

The federal government has compared this flood to another that happened in 1987.

"They said then that nothing could top that flood," Lang said. "Well, this flood topped it."

Despite the extensive damage to property, Lang is thankful that the people from her village are safe and have come together to make the most of a tragic situation.

"I'm really thankful that no body was seriously injured or killed," Lang said. "It's hard to be here to try and do anything to help them but, as long as I can do what I can to help out and make sure everyone there is OK, it's helpful."

Donations can be made through the Canadian Red Cross for Perth-Andover disaster relief.



The New Brunswick village of Perth-Andover was devastated by this year's spring floods.

Healthy cake mix wins award

By **RIANNE McDONALD-ZWICKER**

Mission ImPULSEible challenges culinary students across Canada to make healthier food options with pulses. Pulses include beans, peas and lentils.

Students from the University of Alberta and NAIT came down to Ernest's restaurant to present their food to a panel of judges. They were judged on the taste, health benefits and marketability of the product. The competition was run by Pulse Canada, in hopes it would raise awareness of the benefits of pulses.

NAIT students Mallory Bowes and Elizabeth Dowdell took home first place, which included a \$1,000 cash prize. The winning dish is a cake mix, which you only have to mix with water to complete.

The mix was up against other dishes like cookies, chocolate snack bars, pasta sauces and sliders. All of the dishes had added fibre, protein and other health benefits, but tasted as if the stereotypically unappetizing foods where not part of the ingredients.

For the most part, the food presented was

also gluten and animal product free, opening the spectrum of food for people with celiac and that vegans could eat. The convenience and cheap cost of the cake mix are major factors in why they won the provincial competition. The two students will be heading to Montreal for the finals.

"Nerves might kick in in Montreal," says Bowes, but they believe that their product is worth the recognition it has received.

"But as far as our product, me and Mal are both pretty confident and happy with the qual-

ity. I think it is a great product," adds Dowdell.

They served pre-frozen cakes to display the versatility of their product at the provincial competition.

The NAIT girls dedicated their free time to making the cake mix perfect, staying after their classes and coming in on weekends to perfect the mix.

The feedback that the students have received from friends, family and teachers has all been enthusiastic and positive, adding to their excitement for the upcoming competition.

Accounting Club will help with taxes

By **MIKE JONES**

The Accounting Club of NAIT (ACN) is giving you one last chance to get your taxes done for free next Saturday, April 14.

The ACN, in conjunction with the Institute of Chartered Accountants of Alberta and Deloitte Canada are offering free return preparations for NAIT students as well as a select amount of other eligible persons.

In addition to NAIT students who present their NAIT ID, volunteers will also file for single persons or couples up to \$25,000 or one adult with child up to \$30,000. The volunteers will not prepare returns for self-employed individuals, individuals reporting capital gains or losses or anyone reporting employ-

ment expenses or business or rental income or expenses.

The second annual event, which ran on March 24 and 31, beat last year's total record on the first day.

"Last year, in total, they did 40 and we had 51 [students] on the first day," co-ordinator Pauline Mercado said between filing returns at this past Saturday's event.

"All of our volunteers are accounting students who have completed a third-year tax

course," ACN Vice-President Aaron Ferris said. "Everyone who has completed that course is qualified to help out students."

A total of 23 students volunteered their time.

"For Business students, [doing your taxes] by yourself may not be so bad because we do take tax classes," Mercado said but added,

"there are a lot of international students (at NAIT) who don't know anything about tax law in Canada so they might be missing out on

refunds that they may be entitled to."

Register for the final session, which will take place in the Tower in room T-515 on April 14 between 9:30 a.m. and 2 p.m., by visiting www.surveymonkey.com/s/56WVGWB or look for the QR code on the posters located around campus.

Ferris said that the club will also accept a limited amount of walk-ins. Interested students need to bring their T-2202A, any T4 slips, any medical receipts and anything else that is being claimed.

The 2012 tax filing deadline for personal income tax is April 30. In addition, balance owing for 2011 tax is due to the Canadian Revenue Agency (CRA) on the same date.



Two left feet learn to dance

By BRETT PLAXTON

OK, let me start off this article by saying one thing. I was born with a problem I have suffered with for the past 21 years of my life, I have two left feet.

Seriously though, I have always had a problem with dancing. I couldn't two-step if my life depended on it, which I think is embarrassing because I grew up in the country. The only dance I know off by heart is the Texas Line Dance which you do to the song, "Cadillac Ranch," by the Nitty Gritty Dirt Band.

I've really been trying to learn how to dance. Since I also worked as the Oaks mascot, I've wanted to broaden my dancing horizons and boy, did quite an opportunity pop up recently.

NAITSA held an event called How to Dance, where they teach you four different styles of dance. The four styles were Line Dancing, Zumba, Hip-Hop and Dancehall. I signed up for all four because I'd like to learn all styles of dance. The only class that had slots available was the Dancehall, and I was ready for the experience.

The class was lead by a fellow named Garrett Prince and he had three other friends to help teach. Four other students and I showed up to learn to dance.

We first learned that Dancehall is very popular in Jamaica and the Caribbean. Prince told us how many Dancehall songs instruct the crowd on what to do. By that I mean there are certain cues to do a certain move in songs.

From what I saw, footwork is very important with Dancehall, as with any other dance. Prince showed us some examples from YouTube as well as some in person, which I thought was cool. The one artist that I found that was big in the Dancehall scene was Mr. Vegas.

The two dance moves I learned were two of the more popular dances. The first was called the Raging Bull. The other was the Pon di River, which is said to be the most popular dance in Jamaica. The biggest things you have to master are footwork and confidence. After an attempt, I had to sit those out.

I have to say, I had a lot of fun doing this. Big thanks to Prince and his friends for showing us this style of dancing. I will try not to make an arse out of myself when I try these moves on a dance floor the next time I go out.

If you do Dancehall and aren't sure which clubs have Dancehall, Diesel Lounge and Flow are two of the best places to go, especially on a Saturday night.



Supplied photo

Brett Plaxton

Wanted: Frosh Leaders for September

By RIANNE McDONALD-ZWICKER

As this semester is wrapping up, NAITSA is already looking ahead to the new fall semester. They are on the lookout for 25 new frosh leaders.

Frosh leaders help new students find their place within the school. NAITSA are looking for friendly, outgoing NAIT students to help out from August 30-September 10. Frosh leaders are there to lend a hand to other students, but in the process, they can learn new skills for their future too.

Leadership skills and networking skills are just a few of the things frosh leaders take away from the experience. They are skills you cannot

get from within the classroom, but could put you ahead in an employer's eyes.

NAITSA will even give you free access to some of the events that they throw throughout the year. Frosh Leaders are a group of people who show other students what their experience at NAIT will be, however, a bunch of strangers don't really portray that.

To give the Frosh Leaders a bit of bonding with each other, NAITSA provides a free retreat for the leaders. The weekend retreat is right before Gear Up! and it gives the Frosh Leaders some training for what they are going to do.

If you want a say on how your school is run, being a Frosh Leader is a perfect place to start. It can provide a stepping stone to the student Senate, or even NAITSA's Executive Council because when the time to vote for these positions comes around, the students of NAIT already know your face.

Frosh has been a long tradition at NAIT. NAITSA's Campus Culture Director Jennifer Grundke believes it gives students more than just something for their resume,

"They get opportunities to connect and engage with students to help make new

friends," said Grundke.

NAITSA wants to give students the best experience so they are looking for people who believe in making it that.

"We are looking for passionate, energetic individuals to help create the best campus life students can get," said Grundke.

NAITSA wants the best in order to help provide the best. If you like the idea of meeting new people, want to find a way to get out of your shell a little more or if you believe you have some great ideas about campus life, visit NAITSA's website at naitsa.ca/froshleaders or the NAITSA office and learn more about being a Frosh Leader.



Earth Hour? There's always next year

By CLAIRE THEOBALD
Editor-in-Chief

Colleges and universities across Alberta competed against each other over the weekend to see how many students they could get to pledge to power down for Earth Hour.

Post-secondary institutions participated in One Hour, No Power: Campus 2012, where they competed to see how many students they could get to promise to power down all non-essential electronics for one hour, between 8:30 p.m. and 9:30 p.m. on March 31.



Kings University College took first place, with 1,092 pledges out of 2,688 total pledges across the board.

Grant MacEwan University and the University of Alberta took fifth and sixth places, respectively, leaving NAIT ninth overall out of 10.

This was a drastic shift from previous results, as NAIT held first place in both 2010 and 2011.

Earth Hour is a global movement, organized by the World Wildlife Fund (WWF), that encourages people to power off all non-essential lights for one hour to raise aware-

ness about climate change.

The movement began in 2007 in Sydney, Australia, where according to the official Earth Hour website, 2.2 million individuals turned out their lights. Now, over 35 countries and almost 400 cities and towns participate worldwide.

EPCOR reported that Edmonton used 1,082 megawatts of power during Earth Hour, down 3.4 per cent from the same time the week before.

EPCOR spokesperson Michelle St-Amand told the *Edmonton Journal* that this drop "could have been influenced by conservation efforts," but says any variation of less than 10 per cent is considered normal fluctuation.

She said that although individual efforts to consume less during this hour are noble, unless Edmonton's commercial buildings and businesses,

which consume as much as 75 per cent of the city's power, can be convinced to adopt Earth Hour, significant decreases in consumption are unlikely.

Earth Hour is held annually on the last Saturday of March. If you missed the event this year but still want to do your part, one thing St-Amand suggested was to watch out for "phantom power" wastage.

Even if electronics are turned off, if they are still plugged into an electrical socket, they draw power. An easy solution is to use power bars with a master switch, so you can stop power wastage while you are away with the flick of a switch.

Although NAIT's performance this year left something to be desired, we will have another chance next year to prove that a polytechnic like NAIT can still be eco-friendly.



The work camp population at Fort McMurray is expected to grow by 30 per cent, with almost no space available in quarters such as these.

theoldfortamusingfromtheoilsands.blogspot.com

Where to live?

By MIKE JONES

With another oil boom forthcoming, accommodations in the Fort McMurray area are expected to become even more difficult to acquire. The work camp population is predicted to grow as much as 30 per cent and at this point the bed space just isn't available.

There are currently 53,000 beds available in the northeast region with another 17,000 in queue for provincial permits. NAIT students and temporary workers alike are worried there won't be bed space and with a busy spring season around the corner, many area hotels are expecting to be at capacity.

"Not only are [work camps] packed but a lot of them are starting to get old and new ones need to be built," operating engineer Calvin Mayko said.

"A lot of them are paying LOA (living out allowance) because they can't get the rooms for the manpower they need, which is why every hotel always has No Vacancy signs."

Mayko, who worked at Syncrude for Jacobs Industrial Services last year, said he was moved to four different camps in a one month span to make way for new workers. Mayko also said there are also safety concerns with the amount of driving some workers have to do after working 12 to 14 hour days.

"Some workers stay in camps that are one or two hours away from their site," Mayko said.

Mayko is concerned that with the upcoming work season, spaces will be more limited than ever.

"Spring season is the worst, because it's turnaround season where clients need 1,500-

2,000 guys for temporary positions," Mayko explained. "It's not easy to house that many people."

Experts are worried about companies taking shortcuts. Last year, Fort McMurray municipal officials sent out a planning team to check sites and found 26 various camps without permits for a total bed count of nearly 12,000.

Agreeing with experts, Mayko says new camps are an essential requirement, especially with the oilsands outlook for the next decade.

"It's going to be another oil boom and companies will bring in the manpower, whether it's from B.C, the Maritimes, the States or even temporary foreign workers," Mayko said.

Mayko has since moved back to Edmonton, in part due to frustrations with the housing situation, and says the facilities themselves were as big a problem as the moving around.

"It was definitely frustrating having to stand in line for 45 minutes just to eat dinner or going to the lunchroom and there being no food left," said Mayko.

Another major gripe for Mayko was Albertans being forced out of their jobs by big clients who found flying in workers from Newfoundland or other Atlantic provinces cheaper. Another criticism expressed by people flying in from out of province for weeks at a time, is their tax money isn't paid to Alberta, but to their residing provinces.

In the meantime, Fort McMurray continues to try to promote people moving there permanently and setting up a home in an attempt to stabilize the growing work camp population.



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OPINION

— Editorial —

Be a pet and rescue one



CLAIRE THEOBALD
Editor-In-Chief

A Red Deer man recently posted a \$10,000 reward for the safe return of his beloved French bulldog Leo.

Leo went missing while on a stroll with a dog walker in an off leash park. Meyer Shoeman, the dog's owner, posted the reward in part because of the dog's monetary value as a pure-bred dog from string breeding lines but also because he desperately wants his furry friend home safely.

"I know it's a little crazy," said Shoeman to the *Edmonton Journal*, "but I just want my dog back."

To put this in perspective, as a full-time student and a part time professional writer, I think I barely made \$10,000 in the last year.

Shoeman is not alone in his seemingly excessive love for his dog. Pets seem to have a way of crawling into our hearts and our wallets.

7.9 million pet cats

In a recent study, researchers estimate that there are over 7.9 million pet cats and 5.9 million pet dogs in Canada. Almost 40 per cent of Canadian homes have either a cat or a dog in residence.

Even gorillas have been observed in the wild picking up smaller critters and cradling them like babies.

If cold hard data isn't enough to persuade you, pets have claimed the celebrity spotlight, with more stars trotting out their pets in designer handbags on the red carpet.

Now it seems every time you turn around there are new and ever more extravagant products and services for pets, from designer fashions to boutique bakeries all designed to show your pet how much they mean to you.

While I am not so sure I agree with needing to rush out and buy the next hot designer suit for fluffy, I do understand how it feels to fall helplessly in love with a four-legged friend.

Growing up, I always had pets. I still have the first pet I ever had, she is a tortoise named Shelly and not only is she already older than me, she is likely to outlive me.

Completely deaf

It always felt natural to have pets, most of whom were rescued in one way or another, and stumbled into and out of my life by accident more than anything else.

This is how I came across my last little kitten, Moshi. My mother saw him at the SPCA, the tiniest little orange ball of fur she had ever seen and before you could blink, that little fur ball was toddling around the house getting into trouble.

In his short life, he had faced a lot of trials. The SPCA said he had been found in a snowbank nearly frozen to death and close to starving. He had been infected with ear mites and therefore was completely deaf.

Weighing in at a whopping three pounds, for a few months that kitten roamed my home like he owned the joint. He was fed on command, anything he could get his paws on turned into a toy, every lap was his to sit on as he pleased and he even got tucked in at night.

He repaid our efforts with a seemingly endless supply of kitten affection.

It seemed he had won the kitten lottery, but alas it was not meant to last. As with many rescues, he had medical problems, and finally succumbed on Thursday morning to a virus that vets say he was probably born with.

Adopting a rescued animal like that is always a risk. You rarely know its whole history and most of the time they come in with stories of abuse or neglect, so their health is far from guaranteed. However, for me the heartbreak of losing an animal is lessened by knowing that, even for a short while, I gave it a life it deserved to live.

There is something special in the bond between a person and their pet that you can't find anywhere else. That warmth you feel from a creature that is just happy to see you and responds to your tender care with honest affection is something almost magical.

For me, knowing you can give an animal a second chance at life and the opportunity to know security and love is enough

reward to offset any inevitable heartbreak.

I will always remember that little kitten fondly and though it still hurts me to see him go so soon, I know that for the short while he was with me he lived a happy cat life, a life he otherwise may have never known.

The bond between a pet and their owner is incredible, especially when you find a pet that needs you as much as you need them.

Although I know the risks of adopting, I won't stop. Even now as I write this, my newly adopted next cat (a 20-pound cuddler found abandoned on the street) is settling in to his new life in his forever home.

For those of you brave enough to take a risk, I recommend stopping by your local pet rescue centre to see if you too can change the life of a pet in need.



phoebetherescuepup.wordpress.com



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SPORTS

MEN'S VOLLEYBALL

Coach Fedun is moving on



EVAN DEGENHARDT
Assistant Sports Editor

Another fantastic year for NAIT Ooks Athletics is just about in the books. But for one individual, the end of this season marks the closing chapter as the head coach of the men's volleyball team.

After four years as the head coach of the men's volleyball team, Simon Fedun is resigning his position. Fedun's time at NAIT started in the summer of 2008, as he was one of six full-time coaches brought in to begin a rebuilding process within NAIT Athletics.

Fedun had previously been coaching in B.C. for the previous eight years and making the switch to the ACAC left him dealing with a few unfamiliar circumstances.

"Coming in, I didn't really know the players or the league. I was a little bit out of touch with it all. There wasn't any expectations at the start, I was just very excited and honored to be given the opportunity."

Things didn't start easy for the newly acquired head coach.

Although Fedun started with a solid core group of guys, in his first season as head coach, the Ooks finished with a 2-18 record.

Starting off with a season like that might have been enough to finish any first year head coach off, but Fedun remained positive and confident in the program he was running and NAIT athletics as a whole.

"We worked really hard and we needed to get better. Since [that season] we've been

competitive in the conference championships and we have improved quite a bit, which I'm proud of. The volleyball has gotten much better in the four years I've been here. But, more importantly, the program here at NAIT is really unbelievable. From top to bottom, everyone at NAIT is just phenomenal."

In his next three seasons as head coach, Fedun's record was more than adequate.

Under his tutelage, the men's volleyball team established a record of 33 wins and 17 losses in their last three seasons. Most notable for the squad was their 2010-11 season, when they finished off the season with a record of 16 wins and four losses.

Although the Ooks fell short in the bronze medal game that year, it was safe to say that coach Fedun was doing something right with his team and moving men's volleyball at NAIT in the right direction going forward.

This year, the team had another respectable finish, ending their season at 12-8 and gaining another ACAC playoff berth.

Fedun lives for the game of volleyball and has been a part of the sport for the last 20 years now, either playing or coaching. There is truly nothing that he wouldn't do for his guys at NAIT.

However, while he's coaching the team here at NAIT, he also has another team counting on him at home, his family.

Ultimately, he came to the realization that at this point in his life, his family is where his heart is at right now. Fedun wanted to make his family the No. 1 priority in his life, and that prompted the head coach to make the difficult decision of stepping down from a job that he absolutely loved.

"Not one part of me is looking forward

to leaving NAIT," he said. "There is always stress; time, effort and expectations of winning that come along with job. But it's just been so much fun. So I'm obviously going to miss that aspect of things. The staff here at NAIT is unbelievable and the school has given me everything that I've ever wanted, so when it comes down to it, I'm going to miss pretty much everything about NAIT."

There is a saying that when one door closes, another one opens and this is definitely true for coach Fedun.

When asked about what he most is looking forward to, he spoke only about his family.

"I have three children at home under the age of seven and my wife and I are expecting another, so I'm looking forward to getting to know them and my wife again. Coaching isn't conducive to family life. You're gone while they're at home. As much as I'm going to miss coaching, I don't regret my decision; I'm just looking forward to being a dad and a husband. You only get one shot at that."

Even though coaching at NAIT is not in the foreseeable future right now, if the opportunity were to present itself somewhere down the road, he wouldn't hesitate to come back.

"There's a reason why people at NAIT work here for 20 to 30 years. NAIT really takes care of you here and it's just an amazing institution to work for. I've loved my time here and although I have only been here for four years, I feel like NAIT has become a part of me."

Moving forward, coach Fedun is confident in the direction he has taken the team in the last four years. Now, the team just needs someone to step in that is able to put in every



Simon Fedun

ounce of extra time they have in progressing the team towards the next stage.

"I feel like the foundation is all there for this team. The team just requires some one now, who can come in with the time and the energy to take the guys to their next level."

For coach Fedun, the hardest part of this entire process was saying his goodbyes to all of the guys that make up the men's volleyball team.

"I've been coaching post-secondary for about 15 years and this team was one of the top groups of kids that I've ever had the chance to coach," he said.

"Not just talent wise, but character, personality ... the whole package really. I've thanked them a lot and I just wanted to leave them with the thanks and appreciation for an amazing year. If I had to leave, it was a real great way to go out."

WHL PLAYOFFS

Up next for Oil Kings – Brandon

By **AVRY LEWIS-McDOUGALL**

The Edmonton Oil Kings are off to the second round of the WHL playoffs after defeating the defending WHL champs the Kootenay Ice in a convincing four-game sweep.

The Oil Kings were able to dominate Kootenay all series long and had offence from all angles. There were some players to take note of in the series with Michael St. Croix and Mark Pysyk being the two big names on the list.

Sixteen-year-old Curtis Lazar also made his mark. Lazar came up big with timely goals in the series, showing why he is considered one of the best rookies in the league this season.

Edmonton also had outstanding goaltending

in the series from Laurent Brossoit, who is currently third in the WHL when it comes to goals against. Brossoit sits at an average of just 1.75 goals per game, behind only Ty Rimmer of Tri-City and Edmonton Oiler prospect Tyler Bunz of the Medicine Hat Tigers.

With the four-game sweep, the Oil Kings continue an impressive win streak as they have now won 15 games in a row, showing why many people across Canada have this team making it to the Memorial Cup as the representative from the WHL.

Many considered the Oil Kings, even

though they were the No. 1 seed in the Eastern Conference, to be the underdogs versus the defending champs. This might have been because before this series, Edmonton had yet to win a single playoff game.

In their previous two playoff appearances, Edmonton was swept by Calgary in 2008-2009 and Red Deer in 2010-2011.

Derek Laxdal's crew has shocked many, not just in the WHL, but in the CHL as well. The Oil Kings came into the post season ranked fourth in the Master Card CHL ranking system,

sitting behind the Saint John Sea Dogs, the Tri-City Americans and the London Knights.

The Oil Kings will take on the Brandon Wheat Kings in their next playoff series. The Wheat Kings defeated the Calgary Hitmen four games to one in their series. Brandon is a team led by Team Canada World Junior member Mark Stone, who has had an impressive 2011-12 campaign with 41 goals and 82 assists for a 123-point season.

The rest of the Brandon club also knows how to put the puck in the back of the net. The Wheat Kings scored 273 goals this season, which was second in the WHL. Look for the Oil Kings to try and stifle that hot offence early.

Game one of the series kicks off at Rexall Place on April 6.



NCAA BASKETBALL

Kentucky Wildcats take it all

By KEVIN MARTIN

March Madness started out with 67 teams.

After all the upsets, buzzer beaters and disappointment, only four teams remained with a chance to hoist the National Championship.

Sports fanatics focused their attention to New Orleans Saturday night as the semi-finals were decided.

Semifinal

(1) Kentucky Wildcats vs (4) Louisville Cardinals

Anthony Davis and the dominant Kentucky Wildcats have owned this tournament. They were the overwhelming favorites coming into March and their play has continued to destroy opponents. This was Kentucky's tournament to lose.

Enter now, their in-state rivals, Louisville.

The first half was controlled by the Wildcats. Nineteen-year-old Davis only missed one shot the entire game, going seven for eight from the field. Explosive play from their guards meant that Kentucky held a 35-28 lead at halftime.

The Wildcats started the second half with a few quick buckets.

Basketball fans started to consider switching the channel as the game seemed out of reach for the underdog. However, the Louisville Cardinals know a little something about comebacks.

Back-to-back threes ignited a 15-3 run by the Cardinals and, to everyone's shock, the game was tied with nine minutes left.

Davis, who is rumoured to have the wing-

span of a small airplane, knew that it was time to end this game. With some clutch free throws and remarkable rebounding, Kentucky squashed the uprising and closed out the game. The Wildcats had a date in the final.

Final Score: Kentucky 69, Louisville 61

Semifinal

(2) Ohio State Buckeyes vs (2) Kansas Jayhawks

Kansas has been on the edge of elimination this entire tournament. Talk of them not deserving a spot in the Final Four gave additional motivation for the Jayhawks.

On the other hand, the Ohio State Buckeyes had a smooth ride, highlighted by flawless teamwork.

The Buckeyes dominated the early stages of this game and found themselves with a massive 13-point lead. Kansas was able to make a last second layup as they headed into halftime down by nine points.

The game was labelled as the less entertaining of the two semifinals coming into the weekend.

However, it turned out to be the main event as the Jayhawks started a second-half comeback that captivated fans. A 13-4 run evened the score.

After trading baskets, Kansas slowly gained the lead. Ohio's star guard, Aaron Craft, was on the line in the final seconds with his team down by three. He made the first free throw, with the intentions of missing the second, for a chance to tie the game.

With unbelievable accuracy Craft banked



the shot off the front of the rim and got the rebound. The Buckeyes bench collapsed with disappointment as they knew that Craft committed a line violation and the game was over.

Final Score: Kansas 64, Ohio State 62

Final

(1) Kentucky vs (2) Kansas

The final game of the NCAA college basketball season took place on Monday night. The over-achieving Jayhawks looked to shock the basketball world one more time.

The Kentucky Wildcats only had 40 minutes of basketball between them and college history.

Starting the game off, the Jayhawks dug a hole that was a little too deep.

The first half was lopsided in favour of

Kentucky. Not just a little one sided, it was a Godzilla versus Bambi unfair.

The Wildcats could feel the championship as they held a 39-21 at halftime.

It was an uphill battle, but to Kansas's credit, the Jayhawks battled their way back. Three point shots started going down as the basket started looking bigger for the underdogs. A couple of free throws in the final minutes reduced the lead to five points. This was as close as it got.

Kentucky answered with five points and the National Championship was theirs.

Final Score: Kentucky 67, Kansas 59

Just how dominant was Kentucky this year? Legendary coach Larry Brown praised the team as he said, "Kentucky could beat 15 NBA teams."

AJHL PLAYOFFS

Fort McMurray wins a close series

By PATRICK KNOWLES
Sports Editor

The musical chairs that are the AJHL playoffs came down to its final two teams. On Tuesday night in a sold out Grant Fuhr Arena, the Fort McMurray Oil Barons came in and shocked the world, or at least the majority of the 1,500 plus fans at the game.

With the arena packed and the Spruce Grove Saints holding a 2-1 lead with just over 30 seconds left, the Barons took control of the puck in the neutral zone and advanced into Saints territory.

The Barons managed to get the puck in deep and won the battle for it behind the net and with 20 seconds left in the game, threw the puck in front of the net, more of a prayer than anything, but it was answered because the puck found the back of the Saints net, off of Barons forward Markus Gerbrandt's stick, with just 18.7 seconds left in regulation.

It was fitting that the seventh and deciding game of this evenly matched series would come down to sudden death overtime.

During overtime, both teams got great scoring opportunities, but both goalies, Joel Miller for the Saints and Brody Hoffman for the Barons, were on top of their games and outmatched the opposing forwards.

Then with three and a half minutes left in the first overtime period, Saints defenceman Mike Williamson rushed up the wing on the side of the ice that the benches are on. Williamson had one Barons player to beat before he

was in the clear, but Colton Parayko of the Barons wallpapered Williamson into the open gate on the Barons' bench, allowing his team to go in on a three-on-two rush.

Picking up the puck for the Barons was captain Carson Cooper, who played for the Saints last season. He advanced the puck to John Dunbar, who entered the Saints' zone with lots of speed and at the top of the right circle, snapped the puck over the blocker side shoulder of Miller, sending the Barons to the AJHL Championship Series against the winner of the South Division, the well rested Brooks Bandits, who will have had almost a full two weeks off since sweeping the Old Grizzlies in four straight games.

Early on in the series, the Saints jumped out to a 2-0 lead after winning the first two games at home, but knew that they would be in tough going up to MOB country, where the fans pack the 3,500 capacity Casman Centre almost every game.

The Barons answered the call, taking both games despite the Saints leading late in both games. The relentless Barons now had all the momentum going back to Spruce Grove for Game 5.

With both teams unable to win on the road, whoever was able to win on the road first would likely be the team that would win the series.

Last Friday night, the fans were treated to a dandy game at the Grant Fuhr Arena as the Saints found themselves in a huge hole down three goals early in the second period.



The Saints were able to get two back before the end of the second, setting up an exciting third period.

Half way through the third, Dylan Hollman found himself alone with the puck in the slot and made no mistake, sniping one past Hoffman and with no other goals in the period this game would have to be decided in overtime.

A defensive breakdown in the neutral zone for the Saints three and a half minutes into overtime allowed Barons player Harrison Hendrix to pick up the puck and go in to score the winner, giving his team the Game 5 victory and the first series win for an away team.

With the Barons taking three straight games in the series and going back home with a chance to clinch, the odds were heavily stacked against the Saints, who would need to have

their best game of the year if they wanted to force a Game 7 back in Spruce Grove.

The Barons held a 1-0 lead after one period of Game 6 and took a 2-0 lead after scoring just over a minute into the second period.

The Saints answered, scoring two goals just over a minute apart. The teams then traded goals so the game was tied 3-3 going into the third. At 6:21 of the third, Saints forward Hoffman scored what proved to be the game winner off some nice passing by Mitch Wheaton and Charles Wells, setting the stage for Game 7.

After this intense and physical series the Barons have until Friday to rest before travelling to Brooks to play the Bandits, who finished first overall in the AJHL regular season and will be well rested when the MOB crew arrives.

These two teams will battle in the 2012 AJHL Enerflex Cup championships with the winner facing the BCHL winner for the Doyle Cup.

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Photos by
LAURA DETTLING



NAITSA AWARDS NIGHT

NAIT students and guests, top photo, gather at the Common Market on Saturday March 31 for the Students' Association annual awards banquet. Outgoing NAITSA president Govind Pillai, above, speaks after he was presented with the Golden Torch Award for outstanding leadership. Addressing the audience, right photo, is incoming NAITSA president Teagan Gahler.

CLUBS

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What's Going on Around Campus...

WHO Anime/TCG

WHAT Weekly Meeting

WHEN Thursdays; 4:15pm - 6:10pm

WHERE WC316

WHO Christian Club

WHAT Weekly Meeting

WHEN Wednesdays; 12:15pm - 1:10pm

WHERE E201

WHO Gamers of Dungeons & Dragons

WHAT Weekly Meeting

WHEN Fridays; 4:30pm - 9:00pm

WHERE WC312

WHO Latter-Day Saints Student Association

WHAT Weekly Meeting

WHEN Thursdays; 11:15am - 12:10pm and 12:15pm - 1:10pm

WHERE J006


WHO Muslim Students Association

WHAT Weekly Prayer

WHEN Fridays; 12:15pm - 1:10pm

WHERE J111

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ENTERTAINMENT

Fashion in the city



CHRISTINE VU
Entertainment Editor

Edmonton is known for a lot of things. The Oilers, Wayne Gretzky and a giant mall are just



WCFW founder Sandra Sing Fernandes and Lynn Mandel, wife of Mayor Stephen Mandel.

a few things that come to mind when thinking of the “City of Champions.” Most people would agree that fashion is definitely not at the top of that list but that is something that Sandra Sing Fernandes hopes to change with Western Canada Fashion Week (WCFW).

Sing Fernandes calls the event, which transforms the Trans Alta Arts Barns into a fashion hot spot, “an incubator for young designers to find a place in the fashion world.”

Although the title is Western Canada Fashion Week, the bi-annual affair relies heavily on local talent and gives them an opportunity to showcase their work to a large audience. The week-long event calls on many people to put on a successful show every night. It is also a great opportunity for photographers, models and generally anyone interested in any kind of career in fashion.

“It takes a whole city to put a show on and it’s awesome,” exclaims Sing Fernandes.

WCFW spans all aspects of the fashion world including a night dedicated to costume design and fantasy hair and makeup. It

FASHION WEEK
WESTERN CANADA

even reaches out of its realm to include local singers, who perform on the runway.

Among all the young and new talent is NAIT student and the latest winner of NAITSA’s Next Top Model, Tatianna Lazowski, who modelled in Javeda by Aman Dhaley.

Since winning the contest she has signed on with Sing Fernandes’ modelling agency, PHABRIK Model and Artist Management.

While WCFW isn’t her first runway gig, it was still exciting for the new model.

“The designers are great, the crowds are great, and everyone is friendly,” says Lazowski. “My favourite part about the show was seeing the garments. Our designer put a lot of detailed work into her clothes and they looked very unique.”

The longest running fashion week in Alberta has just wrapped up but the fun isn’t over just yet. WCFW is hosting Fashion Week’s Night Out at the Treasury vodka bar and eatery on Friday to celebrate the hard work of all the designers, photographers, stylists and models. Tickets are \$20 at the door.

On Saturday and Sunday, designs from the runway will be 10 to 90 per cent off at the sample sale, which takes place at PHABRIK art+design (10055-80 Ave.) from noon to 5 p.m.



Photo by Emily Lang

NAITSA’s Top Model, Tatianna Lazowski, in Javeda by Aman Dhaley.

RESTAURANT REVIEW

In search of good teppenyaki ...

By KEVIN TUONG

I’ve stated it before and I’ll state it again, I don’t like chain restaurants. Why? Because most of the time, the chefs aren’t the owners, part owners or even investors in the restaurant, therefore they put less care and less value into their cooking and their food is lacklustre.

Although Japanese Village is a very small chain franchise, they’re “franchised” enough to fall into this circle. However, they are one of two places in Edmonton (that I’m personally aware of) that offers a full-on teppenyaki style dining experience.

Teppenyaki refers to a flat iron griddle, which at a most places is a giant-hot-metal-sheet like the ones they have at ‘Edo Japan’ and e.terra over at the HP Centre.

The only difference between a full-on experience and places like Edo and e.terra is that you get to sit down at a table with the griddle in the middle (heh, that rhymed), and a chef will come out to entertain you with some fancy flipping of cooking utensils and jokes while he cooks your food directly in front of you.

Despite my disapproval of chain restaurants, I was looking forward to teppenyaki because they’re supposed to be fun. However, our chef was rather timid and very quiet and when he did speak, it was barely audible.

Since we had a party of eight, we decided to try different courses on the menu and share them. The orders included a series of different veggies, along

with steak, chicken and shrimp dishes. Each meal also came with a soup, salad and a bowl of rice.

When you can hear the food sizzle and can see the smoke rise and can even smell the aroma directly in front of you, it’s an epically delicious attack on your senses.

Of course, throughout the cooking, our chef did some neat little tricks here and there to keep us entertained but it was far from impressive. I’m not saying that I could do better, just that I could do just as well, which was very depressing, in my mind.

Naturally, when you’re watching the chef plate the food, he will plate it as neatly as possible and he did. By now, after all the entertainment, the lack of talking, and the attack on your

food senses, I was starving.

But as we tried each different food, we found all the meats to be overcooked and lacking flavour. The veggies were ... well, I don’t remember. That’s a bad sign for any restaurant.

One person also tried the sushi here, which was also sub-par.

In the end, we agreed that we were full but far from satisfied. It was mostly our taste buds that weren’t satisfied. After you see the food sizzle and smoke in front of you for so long, you’re expecting it to explode with flavour in your mouth like fireworks, but it didn’t. It never even came close. But the tip of the iceberg was the fact that I paid \$2.50 for a glass of Coke which was smaller

than a can, and filled with half ice without refills.

As a result, I feel that the entertainment of teppenyaki here is not worth the lacklustre food, and definitely not worth your money (\$25-\$35 per plate).

I finish with a request for any culinary students: Please open a good teppenyaki restaurant ... please!

Japanese Village Downtown

10238 104 St.

Japanese Village South

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Photo by Kevin Tuong

FOR YOUR LISTENING PLEASURE ...

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By JENNY OATWAY

"Spring is when you feel like whistling,
even with a shoe full of slush."

— Doug Larson

I love spring and it has definitely arrived. Not only am I a fan of spring but I am a fan of whistling, too and nothing puts me in a better mood than going for a walk in the sunshine and whistling along to a great tune. So here are a few songs you can whistle along to on a bright spring day.

1. Home – Edward Sharpe and the Magnetic Zeros
2. Pumped Up Kicks – Foster the People
3. Young Folks – Peter Bjorn and John
4. New Earth – Zerbin
5. Moves Like Jagger – Maroon 5
6. Good Life – One Republic
7. Tighten Up – The Black Keys
8. Starstruck – 3oh3!
9. Dock of the Bay – Otis Redding

10. Patience – Guns N' Roses



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VIRAL VIDEO

Rhapsody in the back of cruiser

By BRETT PLAXTON

Alberta is really getting a lot of web loving lately. There was the S&@% Edmontonians Say video, then there was the baby from Grande Prairie singing "Someone Like You" by Adele. Now, there is another video from this province that seems to be taking YouTube by storm.

This video is of a man from Edson who got drunk and ended up in a cop car singing a famous tune. Like most drunk people I've seen, he starts using big words to try and sound smart in front of the cops. I actually almost turned the video off, because I think it's very annoying when somebody does that.

The video must have known because it started to redeem itself afterwards. And boy, was it worth it to watch. The video began to reach the masses and already has well over six million views.

Buddy just starts singing the classic "Bohemian Rhapsody" by Queen. He didn't just skip to the main chorus, he sang the entire song. I will admit that I do this all time, well, except for getting drunk and arrested.

Not going to lie, this reminded me of the beginning of my favourite movie, *Wayne's World*, when I first watched it. Like everybody that watched this, I thought it was absolutely hilarious. It reminded me of my friends and I when we go on a road trip and this song comes on.

The other thing that made me laugh was how recently this event occurred. The video says it happened on Nov. 27, 2011, just over four months ago.

My biggest question was how this got online. I did some research and found out that it was given to him as part of the evidence disclosure package when he decided to defend himself against the drunk driving charge. Apparently, the case takes place in November, so let's see what happens from here.

For one last laugh, the cop tells guy to calm down and his response is, "am I going to get cuffed? Physical violence is the least of my priorities."

There is a 10-minute version of the video which includes footage of why he was arrested, but it's boring compared to this.



I think if you didn't find this video funny at all, you have either no sense of humour or no soul.

If you haven't seen it yet, check it out at <http://www.youtube.com/watch?v=fqymcJRSbxI>

Shhhhh – listen

By RIANNE McDONALD-ZWICKER

The University of Alberta presents *Whisper*. Defined as a play but presented as a journey of challenges, the Bachelor of Fine Arts Acting Class of 2012 and Catalyst Theatre's Jonathan Christenson conceived the idea of *Whisper* from life's hardships and achievements.

Cast members bare their hearts and souls through their own life stories. Catalyst Theatre's creative perception is not presented like a typical play. It has more of an abstract approach. Tim Burton's style comes to theatre through Catalyst Theatre's design. They use inspired set design and lighting to create an immediate mood for each production. The play does not follow a typical plot and actor Stuart Fink believes it explores what matters to the young adult generation.

"*Whisper* is a collection of our stories that, I think, encompasses what our generation experiences and cares about," says Fink.

The storyline works from childhood experiences to what they hope for in the future. The play gives a window into a generation's emotion. Christenson worked the stories into an arc, so although it does not have a plot, it gives the audience something to follow.

"While the honesty is incredibly emotional and enlightening it was also very draining, Fink said. "It is very difficult to open your soul. Even though it's in a room of people you trust and love it was a very incredible draining process to open your soul to that extent every day."

Six times a week rehearsals pulled the cast of 11 together to be able to give Christenson something real and raw to work with.

Traditional casts are put together to act, to play the part of someone else. In *Whisper*, the cast is not made up of actors. Instead, they play themselves telling their own and each other's

stories. The collection of life experiences are not acted but rather told to the audience with trust that they will listen.

The production does not aim for entertainment value like most plays would. The cast is hoping for a connection to be made. The storyline is made to be relatable to most, but for those who don't relate, they hope to give you a different perspective on your life and a look into how they

reached theirs. While rehearsals were draining, the cast is excited for the public to see their work.

The production is presented at the Timms Centre for the Arts and is available to the general public until April 7.



Photo by Shaughn Butts, Edmonton Journal

Sereana Malani whispers into Rachel Victoria Steele's ear in *Whisper*.

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Ink night at the Nest

By EMILY FITZPATRICK

Ink night took over the Nest this past Thursday. Varieties of tattoos belonging to NAIT students were displayed and people were asked to vote on the best and worst. The grand prize for the best and worst was a three-hour sitting with sponsors Crimson Empire Tattoo and Kamakazi Ink.

I headed over on Thursday to see what was up. As soon as I walked in, I saw three giant poster boards covered in different tattoos. There were zombies, sunsets, sharks, quotes, initials and a very majestic looking chicken drumstick.

Speaking of chicken, there was a whole buffet of wings, for free! Perfect for a poor starving student like myself.

There was also a station with free airbrushed tattoos if you weren't ready to commit to the real thing. The sponsoring tattoo shops also had photo albums displaying all of the work they've done. I found it extremely interesting to look through them because all of the tattoos were so different.

When I asked organizer and NAITSA Event Co-ordinator Mischel Whyte why he wanted to put on the event, he said: "I think tattoos are kinda played down. Some people think they are bad but I think tattoos are an art and should be celebrated. So I am trying to get the word out."

Whyte went to all of NAIT's campuses and started photographing students.

"It was kind of hard at first because everyone was wearing winter jackets but then I just created a sheet and started taking the pictures," Whyte said. "And when everyone saw the poster



Photo by Thomas O'Hara

Warren Burkholder and Steve Sklepik from Kamakazi Ink.

they started getting excited."

My personal favourite for worst tattoo was the chicken drumstick. However, Chance Unrau won out with his fetching tattoo placed on the small of his back that says the words "pop pu**y."

It was Unrau's first time at the Nest because he was visiting from Souch Campus and he told me he'd be back for sure.

"A lot of people came out and it's been pretty cool. I'm thinking about quitting trades and coming over here. It's a lot more fun," says Unrau.

His tattoo was the result of a few too many drinks one night but he told me it's always good for a laugh.

The winner of the grand prize was Chrissy McNeil, who works at the Nest. Her tattoo was a very colourful gypsy

zombie that she drew a while back and had it modified with an artist. It's on her rib cage, which is a very sensitive area of the body.

"I cried the whole time but it was well worth the pain," says McNeil.

I asked McNeil if she has any ideas of what she's going to get done during her free three-hour session but she hasn't made up her mind just yet.

"I have no idea what I'll get, but I am really excited to draw something up," she said.

The event turned out to be a great success and everyone was having fun comparing his or her tattoos. Whyte was happy with the way things worked out and he hopes it leads to more events in the future.



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Wandering man wanders here

By KEVIN ALLES

Many aspiring musicians hope one day to hop in a van, jaunt across the country and perform at pubs, bars or other venues that would pay them in exchange for a set list.

For Edmonton-based singer and song writer Scott Cook, touring across the country and performing is no longer merely an ambition, it's now a way of life.

"This attempt [of touring across Canada in a van] has been five years running now. At first I was getting a lot of bar gigs, playing about half-and-half originals and covers. As I moved along, I got better shows – folk shows, concert series and festivals," Cook said.

When asked how he would describe his music to someone uneducated in his work, the musician who lives out of his Dodge Caravan didn't hesitate to answer.

'I like all styles of music'

"I play story-telling songs," Cook said. "I like all styles of music and I play most styles of music but these days I concentrate on mellow, folk-y, richer stuff."

Despite Cook's tendency to concentrate on folk music, it's far from the only musical genre that the Albertan rambler is versed in. Based on his prior experience, it's hard to argue the fact that Scott Cook is a musical jack-of-all-trades.

"I started out playing in a punk-rock band in high school, I played bass actually. That's pretty much all I was capable of playing," Cook joked, adding, "I gradually moved into different types of music, like more experimental stuff, verging off the punk-rock band. I got into electronic music, which lead to performing at parties. I also became interested in hip-hop and reggae."

Teaching in Taiwan

After completing high school and obtaining a university degree in Edmonton, Cook moved to Taiwan, where he taught kindergarten. Teaching, however, wasn't the only thing that occupied his time while on the east Asian island-nation, as he joined and help established The Anglers, (a folk band that Cook still performs with from time to time), and started performing solo.

In the middle of the last decade, after expanding his musical and geographical horizons, Cook decided to try something new.

"I wanted to come back here [to Canada] playing music full-time," said Cook. "In 2005, I moved into my minivan and toured across the country."

Unfortunately, things didn't go entirely as Cook had



Scott Cook

Supplied photo

envisioned. "I lost all the money I had," Cook said. "I had to go back to Taiwan to work."

After Cook's latest working escapade in Taiwan, fast-forward and you'll discover that his second attempt at living out of his van has been far more successful than his first. He's been on the road for just over half a decade.

He incorporates all of his vast musical experience and knowledge into his songs. You'll hear everything from a warm acoustic guitar, to the merry strum of a ukulele or banjo or the reassuring beat of foot percussion.

His warm, pure and deep voice is a perfect accompaniment to the soothing stories that he serenades listeners with. From reggae to folk, Cook believes that music can be the best way to tell a story or share an experience.

"I think music can lend an emotional weight to stories, just

by the way the song wraps around the story. It's kind of a mystery how all of that works, but melodies associate and can bring up stuff in our minds," Cook explained. "There is something that is to be said for weaving those things together that makes sense."

Scott Cook is performing on April 7 at The Black Dog on Whyte Avenue at 4 p.m., and as per usual at The Black Dog on Saturday afternoons, there is no cover charge. Montreal-based singer-songwriters Gabrielle Papillon and Corinna Rose will be opening for Cook.

Scott Cook's work is available for streaming or purchase on iTunes, and at scottcook.net

Wanted: NAITSA events co-ordinator

The NAIT Students' Association (NAITSA) focuses on services, representation, connections and growth to support students at NAIT while they develop exceptional college careers. We are a non-profit organization supervised by four full time elected student executives, funded through student fees and mandated to exist through government of Alberta legislation.

We're on the hunt for an event co-ordinator who will plan, execute and analyze events and activities of varying sizes and scope while organizing and supervising staff, volunteers, perishable and non-perishable goods and handling inventory, budget, all while providing detailed reporting.

It's a big job but a really cool one, if you're the right person. We need you to be fun, motivated, organized and energetic.

You're going to end up working closely with pretty much everyone at NAITSA due to the needs of the activities and events depart-

ment. This includes people in communications, finance, clubs, customer service, executive council and the Nest, the NAIT campus restaurant and bar.

So, knowledge of the music industry, current trends, marketing and sales, food handling (including Pro Serve and Pro Tect), first aid and previous event planning experience are assets.

You will need to be available on evenings and weekends and if you have a car that will be great (we'll make sure you have parking at NAIT) but it isn't necessary in order for you to get the job.

We offer a great benefits/holiday package, RRSP matching programs (if you're here for awhile) and lots of opportunity to learn things you'll need to learn to be amazing.

This fantastic opportunity shuts down on April 13, 2012. If you think you're the one, submit a cover letter and resume to Jennifer Grundke, jgrundke@nait.ca. No calls, please.



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SON, GET THAT DIRTY CAR WASH BRUSH OUT OF YOUR MOUTH!

BUT MA, IT TASTES SO GOOD!

J.B.

Cartoon by John Benesch

Friendship is like a pie...

Warm, moist, and sharable

No wonder you never get laid.

Cartoon by Dean McLaren

This really is the best place on earth!

Yah, I hope they never change a thing.

OCEAN CITY SEWAGE

Pam Oliver, Nexus (Camosun College)

CD REVIEW

Shinedown shines

By MIKE JONES

Shinedown are back with their fourth studio release, *Amaryllis*, and it may just be the band's best work. The Florida-based band exemplifies two of the top-grossing styles of rock today.

They're like the radio friendly rock ballad that Nickelback dominates, but without the sappy love songs. Shinedown also knows how to rock pretty well, and rock they do, with a hard-rock sound.

There's no potentially alienating screams that many of the other popular bands of the genre (Avenged Sevenfold, Five Finger Death Punch) have. And unlike a lot of bands, where it seems forced to have two styles, Shinedown does it naturally. It's honestly difficult to decide which style they are stronger in.

Shinedown will continue to thrill fans at their concerts with quick tempo tracks like opener "Adrenaline" and "Enemy."

They are destined to crack through to the pop charts again with amazing ballads such as the infectious "Miracle," "Amaryllis" and "I'll Follow You." The latter really showcases the band's southern roots.

Guitarist Zach Myers shines with a Zeppelin-esque riff on "For My Sake."

The band experiments with some new sounds, most notably

on "I'm Not Alright," which uses southern style string arrangement. Strings (along with epic percussion) also dominate the haunting album closer, "Through the Ghost."

Lyricaly, the band seems to be sticking up for the underdog while relaying past memories on tracks like first single "Bully" and the future sing-a-long "Nowhere Kids."

The passionately angry "My Name (Wearing Me Out)" seems to take a stab at celebrities and the slander that occasionally comes along with the status. This is apparent when lead singer Brent Smith screams "My name is Revenge and I'm here to save my name."

Smith longs for a lost lover on "Through the Ghost" and takes aim at critics on "Enemies."

Perhaps the best song on the album, the band really shines on the brilliant inspirational ballad "Unity" which is almost guaranteed to be the second single.

The production quality shows that this is a band that truly cares about the recording process and wants to bring their fans along for the ride with the cutting edge e-book *For Your Sake: Inside the Making of Amaryllis*.

Shinedown are the first major-label band to take advantage of Apple's new iBooks 2 platform for the iPad with *For Your*



Sake. It's an unprecedented journey into the making of the album, which includes interactive features such as video interviews and commentary, as well as liner notes. For a mere \$5.99, fans with an iPad can go even deeper into the album. It's beneficial to both fans of the band and those looking to get a glimpse into life in the studio.

Overall, *Amaryllis* showcases a new maturity for the band and will undoubtedly propel them to new levels. Smith told Noisecreep that the "vision of what Shinedown is and where it's going became completely clear," during the recording. And it's clear to see that the band is heading in the right direction.



GAME REVIEW

Iconic NBA Jam a game changer

By AVRY LEWIS-McDOUGALL

Boomshakalaka! If you're wondering what I'm going to do, I'm going to take you on a trip down nostalgia road.

The phrase comes from the iconic basket-

ball video game, *NBA Jam*, from the mid 1990s. It was made by the game company Midway and included over-the-top dunks, shoves and players catching on fire if they made three baskets in a row.



ign.com

The game was also one of the first to use real images of NBA players and made the game look that much more authentic. As well, it included all 28 teams in the league (the rosters were set in accordance with the 1993-1994 NBA season) in the game along with some secret players including Bill Clinton, Will Smith and DJ Jazzy Jeff but one notable person not in the game? Michael Jordan. Jordan's rights

fees to appear in video games were way too much for Midway to pay, so the Chicago Bulls were led by Scottie Pippen and Horace Grant in the game.

NBA Jam broke barriers in the sense that no one had tried before to make real athletes look uber goofy. That was what made the game so great. Add to that the fact that anyone could play it in the arcades. It lacked complexity with stats and anyone from little kids to adults could have a blast using Patrick Ewing to jump 40 feet above the net to do a front flip dunk.

NBA Jam was also the first game in arcade video game history to generate \$1 billion in quarters – think about that. The game was pretty dang popular.

NBA Jam also had the infamous "rubber band AI" which would be included in other games in the Midway franchises such as *NFL Blitz*.

What is "rubber band AI" you may ask? "Rubber band AI" was when a player got in a lead too big in *Jam*, they would begin to some-

how miss easy shots and get their shots blocked often.

The computer player, AI, seemingly could not be stopped at all, which almost always resulted in blowouts in *Jam* being non-existent.

The *Jam* franchise, unfortunately, headed down hill after the release of *NBA Jam Tournament Edition* in 1994 after Acclaim and Midway had a nasty split. This saw the *Jam* brand become exclusively Acclaim's and they began to release subpar sequels for the next few years (*NBA Jam '99* anyone? Yuck!) until the company folded in 2004.

NBA Jam is back in a new incarnation with EA Sports. To me, the best will always be the original, which marked a new era in sports video gaming. If Midway hadn't taken on this game, the sporting landscape with video games would be a very different place.



BOOK REVIEW

Achieving success, Kelly's way

By STEPHEN SHAW

Walking into the office of PR firm People's Revolution, many would think it is the job "a million people would die for." First, you must get past the woman who has built the firm from the ground up and who may take your soul in the process.

This woman is Kelly Cutrone.

If You Have To Cry, Go Outside and Other Things Your Mother Never Told You is the mantra of Ms. Cutrone, who worked her way up in the world of New York publicity.

With honesty being her key role in any successful career, Cutrone took no prisoners, and has established a fierce reputation as the evil office queen.

Cutrone has been featured in numerous television projects, most noticeably, to any-

one who was a fan of the reality television series *The Hills*. She was the boss to Lauren Conrad at the Los Angeles offices of People's Revolution.

Cutrone is no stranger to the world of celebrity, having married the protege to Andy Warhol, Ronnie Cutrone.

Kelly was groomed for the fierce, competitive world that is public relations. Having started her own enterprise, Cutrone & Weinberg, she sold her share of the company and moved to the West Coast.

After taking various jobs (see the chapters on her singing career and tarot card reading) she felt the need to put her education to use (graduate of the University of Syracuse) and founded People's Revolution in 1996, which has become one of the

world's most powerful fashion PR companies in the world, with clients ranging from Longchamp, Valentino, Christie's, Thierry Mugler and Bulgari. The list is endless.

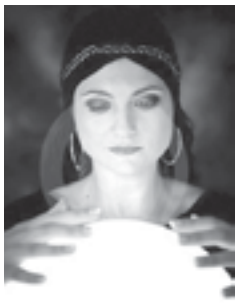
The book is a fantastic personal account of Cutrone's wild life, how she instills sensible business practices and life skills in her daughter and the younger generation, but ultimately gives young up-and-coming professionals the advice they need to succeed in a career where many fall in with the wrong crowd.

Dripping with the wit and charisma of Kelly Cutrone, *If You Have To Cry ...* is a book for anyone interested in their own startup enterprise, and where achieving success truly matters to them.



THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

April 5-11

(Warning: These Nugget horoscopes are not written by an accredited astrologer however, believe them if you like, as they are absolute and unquestionable.)

Aries (March 21-April 19)

You are in a good place right now, but don't get too comfortable. Life can throw curveballs, you just need to know how to catch them.

Taurus (April 20-May 20)

Focusing on only one task is hard for you. However, having too much on your plate will end up causing a stomach ache. Learning to schedule your time appropriately will be a helpful skill. Want to know what else is a helpful skill? Knowing how to say no.

Gemini (May 21-June 21)

You have been neglecting someone in your life, and they are starting to notice. If you don't start appreciating them, they will find someone who will. You need to decide if you want the person in your life.

If not, you need to let them go.

Cancer (June 22-July 22)

You need to take the attitude of a clown. Some people make fun of them, but others take great enjoyment out of them. Not everyone will like you. Just try not to scare the people who don't appreciate you.

Leo (July 23-Aug. 22)

You may be stressed right now but don't let it consume your life. A balance between work and play will reveal better results over all.

Virgo (Aug. 23-Sept. 22)

Your friends may enjoy your sarcastic humour, but outside of your friend group people just see it as rude. Try to broaden your horizons and make some new friends.

Libra (Sept. 23-Oct. 22)

Choose your words carefully. Not everything that you think needs to be said. Words unsaid can be more powerful than the ones you do say. Try not to burn too many bridges with fights that do not matter.

Scorpio (Oct. 23-Nov. 21)

Sex does not please all. You are known for your seductive ways, but some enjoy a simple conversation. Try friendly instead of fierce and you will find more long-term friends and companions.

Sagittarius (Nov. 22-Dec. 21)

Be careful what you do this weekend. Something that you do may come back and haunt you, make sure that the choices you make are ones you can live with.

Capricorn (Dec. 22-Jan. 19)

Love is a curious thing, it can both hurt and help you. Try not to dwell on the hurtful love and focus on the helpful love. Learning to let things go will help take some of the weight off your shoulders.

Aquarius (Jan. 20-Feb. 18)

Your life has its own personal soundtrack, whether the music is happy or sad is up to you. Bringing positivity to every situation you face is a good way to approach the world.

Pisces (Feb. 19-March 20)

Remember wrath is one of the seven deadly sins. It may help you win the argument at the moment, but they are called deadly sins for a reason. Seeing all sides of a situation will help you not only understand people better, but people will appreciate you more.



Catch NAIT NewsWatch
Saturday at 6 pm on CTV2

THE NUGGET PRESENTS:

Dr.CONwisDOM



CODY MALBEUF
AKA Dr. CONwisDOM

Dear Dr. CONwisDOM,
My boyfriend just got a new job as the mascot for a fast food restaurant. He stands outside the store in a cow suit and tries to convince people to buy burgers. When he touches me I picture his hands as cow hooves that smell like French fries. What should I do?

Sincerely,
Not-hungry-for-beef

Dear not hungry for beef
There is nothing quite more terrifying than a mascot trying to get you to eat it's own kind.

It shows a suicidal, cannibalistic part of the human psyche that I really think is too big to get into in a college advice column. Keep in mind, however, that he hasn't actually turned into a suicidal cow trying to sell himself and his brethren as food. Just make sure he spends the extra money on taking you out to places fancier than the one he works at.

Dear Dr. CONwisDOM
Jimmy's girlfriend has dumped him because he speaks in the third person. Jimmy does not think this is fair, but Jimmy's girlfriend won't listen to reason. What should Jimmy do?

Dear Jimmy,
That's just wrong. Sure it's kind of funny for a while to read you writing, but then it gets weird. Who wants to date the person that always refers to themselves as Jimmy? How can you take someone seriously if they're so vain that they like to say their name all day. Dr. CONwisDOM doesn't think this girl should see you anymore, no Dr. CONwisDOM doesn't!

Dear Dr. CONwisDOM,
I love cats. They are just the perfect animal. They clean themselves, are adorable and keep all the rodents away from my building. However they also keep any guys away from my building. I love my kittens but I don't want to become that crazy cat lady. Are my seven cats going to chase guys away forever?

Sincerely,
Mr. Whiskers is starting to look attractive

Dear Mr. Whiskers is starting to look attractive,
I can't stand cats and I find them to be mischievous. No guy wants the first line out of your mouth to be "Hey! Look at my pussy cat!"... well maybe they do, but not in that way. If someone has that many cats I think you should write to me about all the other underlying problems you must have. If I checked your basement I imagine it would be full of tuna and cut up bodies.

Dear Dr. CONwisDOM,
My girlfriend keeps breaking my balls because I sport a fanny pack. It's comfortable

and gives me a spot to put my things. But she won't let up and I think it's starting to hurt our relationship. What should I do?
Sincerely,
Needs a place to put his manhood

Dear Needs a place to put his manhood,
It's convenient that you have a fanny pack. Everyone needs a place to store their tampons. No wait... I just realized that's a joke about women wearing fanny packs but no one wears fanny packs. There is no one to compare you to in order to convey what a sad little man you are. My advice, give me your girlfriends phone number. She can't be that great if you landed her, but I figure she could stand dating a real man. Since none are available I'll step in. I'm at least higher up on the macho scale than fanny pack guy.

Do you have any personal questions that you want to have answered by the good doctor? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

Surviving final exam weeks



TIMELY TIPS

MARGARET MAREAN NAIT Student Counselling

Most students feel pressure mounting towards the end of the semester. Starting to plan for finals now can reduce stress as well as improving your results. Check off the techniques you already use and choose others that you can realistically incorporate.

Have a study plan

☐ Write up a schedule for the weeks before and including exams:

☐ Start early. Schedule your study periods to avoid last-minute cramming. Start studying at least two weeks prior to your final exams.

☐ Make a study guide for yourself. Include lists of key points, terms and ideas, as well as any other important information you find difficult to remember.

☐ Allow enough time to study each subject thoroughly. Schedule large blocks of time so that you have time to understand concepts and basic relationships.

☐ Learn information in the same form that you need to remember it for exams. For example, brainstorming questions from your notes and making up a mock test similar to the one you expect will be given is one of the most effective ways to study. Ask instructors if they have practice tests available.

☐ Vary what you study. Don't study for two similar courses consecutively and don't study any one subject for too long.

☐ Schedule breaks. Taking a short break every 30 to 50 minutes is recommended. Your brain learns more effectively when you take regular breaks.

☐ Use short periods for review. When waiting for the bus or in the shower, recall and review material that you have studied. Remember, the more frequently you review material the more easily you will remember it and the more it will broaden your understanding.

☐ Stick to your normal daily routine as much as possible. Avoid staying up all night or going to bed really late. It is better to get up a couple of hours earlier than to continue studying late at night.

Take care of yourself

☐ Think positively about your abilities. Don't allow yourself to get down on yourself about all the studying you should have done in the past, or to compare yourself to others who you perceive as smarter or more organized than you are.

☐ Be assertive about your needs. Let family and friends know that you need time to study and that you will be putting yourself first

until finals are over.

☐ Eat properly. A well balanced diet, including regular meals and snacks, can keep you feeling alert.

☐ Exercise. A regular exercise program helps with stress. Even if you shorten your routine, try to do something active every day. Running on the spot or dancing during study breaks increases blood flow and oxygen to your brain.

☐ Moderate stimulants. Coffee, tea and cola drinks contain caffeine and may cause jitters or prevent sleep if taken in large quantities. Water is the best way to keep your brain functioning effectively.

☐ Beware of taking drugs. Try not to start any new prescription medications unless absolutely necessary. Over-the-counter stimulants may increase alertness but reduce retention of material. And, of course, alcohol and drugs never help with memory and learning.

Take steps to deal with tension

A certain amount of tension is normal and is to be expected. Tension heightens your awareness, motivates you and can enhance your performance. However it can work against you if it escalates too much.

☐ Take time to relax. Exercise, meditation and relaxation exercises are a few ways to release nervous energy and maintain your stamina.

☐ Avoid students or other people who are highly anxious. Anxiety is contagious and their nervousness may increase your own stress.

☐ Plan rewards. Plan a treat for when finals are over so that you have something to look

forward to, as well as little rewards after each exam.

☐ Book an appointment with a counsellor at Student Counselling if you're feeling highly anxious or overwhelmed.

The night before ...

☐ Spend your last hours calmly reviewing what you've already learned. Try not to tackle new material the night before an exam.

☐ Avoid staying up all night. The shorter you are on sleep the less clearly you will be able to think and write what you know on the exam.

☐ Cram selectively. The night before an exam when you are more anxious than usual is the least effective time to study. Your ability to learn and memorize concepts or synthesize material is greatly reduced. Cramming often only serves to make you more frantic about the exam and less prepared to do your best. If you do come up to exam time unprepared, use your last minute studying as a review of key concepts instead of trying to learn it all.

☐ Don't go to the movies or get involved in any other activities that might either interfere with what you have been learning or make you feel guilty. Review and relax!

— Some of this information has been adapted from University of Texas and Harcourt Brace College Publishers handouts

The NAIT Student Counselling Centre is located in Room W-111PB, HP Centre. To schedule an appointment phone 780.378.6133 or drop by the office. Hours are 8 to 4:30 Monday to Friday.

MOVIE REVIEW

Just not feeling the Wrath

By KARL GARNEAU

The concept of a movie where you need to "turn off your brain and just enjoy the ride" is a very silly concept, in my honest opinion. Let's face it, movies are mental stimulation. If you "turn off your brain" that means you're trying to force yourself to resist mental stimulation.

If we can actually do that, then we can truly resist the inner ear impairments that come with liberal consumption of alcohol. In other words, it's not possible.

Such is the reason why *Wrath of The Titans* isn't very good. Oh, the camerawork was light years more serviceable than the unnecessarily awful cinematography in *The Hunger Games*, but the difference between *Wrath* and *Hunger Games* is that *Hunger Games* actually has a plot and theme beyond the basic concept through which the film has managed to live long enough to see the light of a theatre in the first place.

The concept of *The Hunger Games* is little more than a biting rant on reality television, (which holds relevance for reasons I don't feel the need to explain) with a plot that rips off elements from almost every sci-fi media between the '70s and '90s. As *Eragon* has shown us: if you have to rip off something, make sure you rip off something that was actually good.

The concept of *Wrath of The Titans* is the same as *Clash of The Titans* – both the original and the one *Wrath* follows – beefy demigod beats, stabs and generally decimates and murders Greek mythological creatures created with excellent, mind-blowing effects. That concept

worked out in Disney's *Hercules*, right?

We manly men love watching beefy fantasized versions of ourselves punching giant bears and wrestling sharks ... and shark-bears, and generally being a Hercules of our own. We want to strangle indestructible lions to death and clean the dung of a thousand cattle – wait ... that doesn't sound right.

Too bad Disney's *Hercules* had more worthwhile action than this flick. I'm dead serious! I can recall only five measly creatures that even appeared

in the movie. Perceus (played by Sam Worthington of *Avatar*) only actually killed two of the five. One surrenders and doesn't get injured aside from a stabbed hand, another gets destroyed in one hit by the non-efforts of our hero and the fifth one wasn't even in on the same battlefield as our hero. He only got curb-stomped by Zeus (played by Liam Neeson – the only awesome thing in this movie.)

I'd make a comment about the quality of the CGI, but what can I say? *Avatar* still has the highest benchmark in that regard. Everything else that's trying to beat *Avatar* (like *Clash*

and *Wrath*) is only going to look lacklustre by comparison. In *Wrath*'s case, it is pretty lacklustre, what with its masses of dust clouds thrown in to try to hide the trite CGI, and Makhai being so darkened that you can barely tell what he is at all.

Even by its most basic concept, *Wrath of The Titans* is a disappointing, rushed-feeling mess that too heavily relies on knowledge of events that happened in the first movie. There were only two rather short fight scenes worth watching and the rest is English-accented people try-

ing to play Greeks. Ironically, Gerard Butler as King Leonidas was a more convincing Greek than the entirety of this cast ... well, except for Liam Neeson and Ralph Fiennes as Zeus and Hades respectively. Those two were awesome.

The sibling deities don't make up for the general blandness of the entire movie. Overall, save your money for *The Avengers* or *Cabin in the Woods*.

★★★☆☆



For calamari lovers

CAMPUS FOOD REVIEW

By **CLAIRE THEOBALD**
Editor-in-Chief

For any who have decided to take full advantage of the Nest's early booze serving hours, you know that ordering food is the catch that comes along with getting a frosty pint at 11 a.m.

I had decided to host the first weekly Tuesday between class "drink-down," so I collected some of my nearest and dearest and headed for a before-noon wobbly pop.

Don't judge. As they say, "it's 5 o'clock somewhere!"

I perused the menu, looking for something new to wash my beer down with. Wings? Poutine? A burger? All delicious options, but I wanted something different.

Then, I saw it. The Calamari Sandwich.

Imagine everything you love about calamari, crammed into a sandwich. To quote the infamous Charlie Sheen, "winning."

When the heart-stopping sandwich was delivered to my table with a smile, I immediately was stunned at the sheer size. It looks as though they literally take a full order of calamari and cram it in a bun.

The calamari was crispy on the outside, without being tough or chewy on the inside. The intense salty flavour was cut with tomato, spinach, and the red onion. Lemon and a garlic mayo spread added a welcome acidity.

I did my best to shove the entire thing down my gullet, but when I found myself absolutely stuffed to capacity, half of the sandwich still stared back at me from my plate.

Not normally one to turn away tomorrow's lunch, I opted to let that half go. I'm not one to waste food, but that much pure fat is a once-in-a-blue-moon kind of treat.

For \$12.95 apiece, the value wasn't bad, but not great. Pretty much what you could expect to pay at any pub in the city.

As pub fare goes, it did its job and had me chug-a-lugging my pitcher faster than I ever would otherwise.

This is the kind of sandwich you write home to your heart specialist about and a dish I would only recommend to those with four fully functioning arteries who are willing to risk a few. But for those who are willing to accept the risk, this sandwich is a worthy prize.

Chicken Parmesan

RECIPE

By **JENNY OATWAY**

This is a fairly easy recipe to make, and feeds many friends, or it will feed you for many days if you're a fan of leftovers like me. Or both!

Assistant Sports Editor Evan Degenhardt says: "I really enjoyed this dish, all the flavours work together really well and the chicken was wonderfully moist."

Ingredients

- 8-12 chicken breasts
- ½ cup bread crumbs or quick oatmeal
- ½ cup Parmesan cheese
- 2 Tbsp dried oregano

- 1- 400 ml can of tomato sauce or less
- ½ cup grated cheddar cheese (or more if you want)

Method

Mix bread crumbs, Parmesan cheese and oregano in a shallow bowl and coat each of the chicken breasts with the mixture. Place the breasts in a casserole dish. Cover them with tomato sauce and then the cheddar cheese. Sprinkle the remainder of the bread crumb mixture over top to create a crust. Bake for one hour at 350 F. Cover while baking. Let it sit and cool for 10-15 minutes when it comes out of the oven or you will lose your toppings.



Supplied Photo

Jon Glover, 22

Graphic Communications

How would your friends describe you? – Laid back, down to earth and respectful. Nice guy. Groovy.

What personality features are most important to you in a girl? – Sensible, easy going, understanding and respectful.

Physical features? – Shorter than me, in shape, fit and a nice bum.

What is your dream first date? – Doesn't matter as long as it's not a movie. I think first dates are for getting to know the person, not to sit in the dark and be silent.

What are your pet peeves? – When you're out for dinner with a girl and you're trying to have a conversation and she's just texting the whole time. Or when a girl is too scared to get a little dirt under her nails.

What's your favourite time of year, and why? – Definitely summer, because I get to skate, go on road trips, cliff jumping, parties and drink. Can't do that stuff in the winter.

Favourite outdoor activity? – Skateboarding.

Anywhere that you'd prefer to live than Edmonton or are you content? – I would love to live in Victoria in a penthouse suite overlooking the ocean, with one side being all windows and a big balcony.

Dream job? – Graphic designer/own my own skateboard company.

Favourite kind of movie to see on a date? – Horror.

How long do you want to date a girl before you meet her parents? – Doesn't matter. I think I'm pretty comfortable meeting parents at any time. I leave it up to her.

If a girl is making you dinner what should she cook? – Maybe a nice pasta? Everybody loves pasta!

Anything else you want to the ladies to know? – I love to travel. I've been all over Canada and some of Europe. My favourite thing to do is just hang out with my friends, so if you're down for that, come find me!

Are you hot and single? E-mail us at entertain@nait.ca

CLASSIFIED ADS

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MEAGHAN WILLIS

What is it like being a woman in the trades?



"Cabinet making isn't so bad, there's lots of women in the trade. I'm the only girl in my class but it's not an issue. I think it's a good trade for women to get into, there's lots of fine detail involved.."

Bronwyn B.
Cabinet Making



"No problems! I love what I do! It's very demanding on your body, but I played hockey for 15 years, so it's no more demanding than that."

Glynis S.
Carpentry



"It's interesting and has its ups and downs. It's challenging because I'm not as physically strong as the men in my trade but it's challenging in a good way, too. I prefer working with men because I find women to be less straight forward than men sometimes."

Brooke W.
Heavy Equipment Tech.



"It's interesting. At times you have to earn your respect. Some people are more accepting than others but I've always hung out around guys so it's not a big deal."

Elyssa M.
Heavy Equipment Tech.



"It's not really different than working anywhere else, I would rather work with men than woman most of the time anyways. I've been in the trades for 15 years and I love it."

Nicole S.
Heavy Equipment Tech.



Safety begins with you



Most of us work hard to earn the money we use to buy what we need and want. Thieves can take those possessions from us in a split second if we are not diligent. When it happens, we feel a sense of outrage and wonder how it could happen to us. It is important to realize that we are responsible for our own safety and the safety of our possessions. NAIT Protective Services cannot be everywhere and is usually involved only after the crime has been committed.

The Protective Services website is filled with tips on how to better protect yourself, your friends and your possessions. Visit www.nait.ca/security.

To avoid theft, Protective Services suggests the following:

At home

- Lock your doors / windows whenever you leave your room or residence.
- If you live in an apartment, do not allow unescorted strangers inside.
- Be suspicious of unknown persons loitering in the area of your residence.
- Never leave an exterior door propped open.
- Keep a record of your valuables including descriptions and serial numbers.

At work or school

- Do not work alone in an unlocked office or classroom.
- Do not bring large sums of cash with you

to work or school.

- Do not leave your valuables, such as a laptop, purse or wallet, in your desk or locker.
- Secure your locker with a good quality lock.

At the library

- Do not leave personal property unattended, even for a minute.
- Keep personal property in view at all times.
- Do not bring valuables with you to the library.

At the gym

- Secure all personal property in a locker. Invest in a good quality lock.
- Avoid carrying large sums of money or valuables with you.
- Lock valuables in the high-security lockers provided or leave them at home.
- Keep your locker locked whenever it is unattended.

From your vehicle

- Lock your vehicle every time you leave it.
- Don't leave your windows rolled down, not even a crack.
- Don't leave vital information in your vehicle. Your home address is listed on the vehicle registration certificate.
- Park in well-lit areas.
- Don't leave valuables in view for a thief. Store them in the trunk or under the seat.

- Affix your parking permit to your window.

• Consider investing in a car alarm.
If you have information regarding a crime, contact Protective Services at 780-471-7477. If you wish to remain anonymous,

contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.

Who ya gonna call?

Academic and personal concerns – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

Health insurance coverage – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 30 if you have alternate coverage.

Housing – Online housing registry at www.rentingspaces.ca

Injury, minor medical concerns – Health and Safety Services, 780-471-8733, Room O-119.

NAIT Security – 7477.

Part-time campus jobs/volunteering – NAITSA, 780-491-3966, Room E-131.

Program-related concerns – Contact Program Chair or Program Adviser.

Scholarships and bursaries – Student Awards Office, 780-491-3056, Room O-101.

Special needs students – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.

Student loan/grant assistance – Financial Aid Office, 780-491-3056, Room O-111.

Tutoring – The Tutor Centre in Room A-133 (main campus) offers free assistance with Math, Physics and Chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A). Peer Tutors – Sign up online to get or to be a tutor by e-mailing tutor@nait.ca. Cost is approximately \$15/hour.

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