

THE NUGGET

Thursday, February 9, 2012
Volume 49, Issue 19



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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

IT'S TIME TO CHOOSE

Student executive candidates pitch for your vote, pages 14, 15



Photo by Emily Lang

LRT WORK CONTINUES

Workers lay asphalt at the south side of Main Campus Wednesday as part of construction on the North LRT to NAIT. The 3.3 km extension from Churchill Station is the first segment of a planned LRT expansion to Edmonton city limits near St. Albert. Construction is expected to be complete in December 2013.



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DISCOVER WHAT'S NEW AT



NEWS & FEATURES

Blame romantic comedies



BALJOT BHATTI
Issues Editor

Love is a chore. Love is not letting the other person see your bad side, ever. Love is keeping the other person away from your comic book collection. Love is seriously a lot of hard work. That's why the resurgence of quirky romantic comedies in Hollywood is a grave problem and is really giving women the wrong idea about how love works.

England is to blame, really. Ever since Hugh Grant crossed the pond to North America via movies like *Four Weddings and a Funeral* and *Notting Hill*, women have harboured an unrealistic fantasy that their dream man is a stuttering, gormless man of the realm.

Hugh Grant showed the world that a man could get any woman as long as he could be charming, likable and affable. Women wanted their men to be like Hugh Grant, men wanted to punch Hugh Grant in the face.

Since then, romantic comedies have become as common as muck. It's a great way for an actor to get a wider audience with women, for an actress to add another title to her filmography, and for the producers to see a decent return on the film – most romantic comedies are very successful.

Of course, women flock in droves to see the romantic comedy and those who are currently in relationships drag their unwilling boyfriends/husbands along. We, as men, watch, hoping to get out of there as soon as possible, but they, as women, are staring up at the screen for tips, suggestions, advice.

The romantic comedy is great because it folds up the entire timeline of a complex human relationship into one and a half hours of eclectic licensed music, “hilarious” sup-

porting characters, a bit of slapstick humour/goofy dog sequences, which allows the viewer to fully experience the ins and outs of human emotions and interactions.

Women, of course, get all they need out of this and that is a warped idea about how a normal relationship is supposed to exist. In this fantasy world, men are well-mannered, well-dressed, and eager to please.

In real life, let's face it – we're dirty, simian brutes who fight like dogs over the last bone in the junkyard. If it weren't for the possibility of somehow landing in a sexual relationship, most men wouldn't bother getting up and dressing themselves in the morning.

But this is the state that film culture has put men in – on the one hand, we are looked to be a rock in a sea of turmoil, standing tall and unmoving, someone to rely and lean upon; on the other hand, women want us to be sensitive, caring and the epitome of a good, honest guy.

All I have to say is – why can't you make up your mind?




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Hugh Grant

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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print. Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



Photo by Kevin Albus

Work is continuing on the new NAIT parkade north of L Building.

Parkade slated for 2012

By KEVIN ALBUS

The new parkade north of the L Building is well on its way. The *Nugget* got a chance to sit down with the good people at NAIT Capital Projects and check in to see how the currently under construction parkade is coming along.

The project has approximately a \$24 million budget. The question is, when will students be able to park?

With the good weather we've been having, construction has been going as planned. The project is expected to wrap up in late fall this year as long as the good weather continues to co-operate for the workers.

The director of Capital Projects, Calvin Reivonen said, "there have been no problems."

Capital Projects was aware that there was a

gas station previously built where the new parkade is now. In order for the parkade to be built, the environmental dangers had to be addressed. Safe to say, the previous gas station will not be an environmental factor anymore.

The new parkade is expected to have 985 to 995 stalls, and, while this isn't a final number, it will have five floors. The current in-use parkade near the Industrial Technology building has 12 floors, but the first seven floors are for staff parking.

Jerry Hove, Manager of Protective and Parking Services, says the new parkade is expected to have approximately 500 stalls for students, 300 for staff and 100 for daily parking.

When the time comes and the airport is no longer in use, Capital Projects will work to

strategically improve parking with Campus Development. The expansion of the LRT will also be a factor on where potential parkades will be built.

As long as the good weather continues, the new parkade on 118th Avenue between 103 and 104 streets, will be finished in late fall of 2012. The warm weather is a must for water proofing the floor. If it is too cold, the process could take longer.

"We are all aware that there are current parking challenges at NAIT," said Reivonen. "So NAIT Capital Projects are thrilled to be building a structure that will have significant impact on the campus and the student experience."

It is safe to say that students are waiting eagerly for the new parkade to open.

Contest for students

Climb the wall!

By EMILY FITZPATRICK

As you've probably heard, there is a new addition to the NAIT campus pool. A 24-foot climbing wall has been added so students and staff have the opportunity to test their climbing skills.

This Aquaclimb climbing wall is the largest of its kind in North America and it's proven to be quite a feat for students and staff alike. Only four people have successfully climbed to the top.

Just one person, 50-year-old Jeff Riddle, who is the Recreation Facility supervisor has rung the bell placed at the very top.

Because of this, NAIT has set up a competition wherein the first five students that make it to the top of the wall will win a \$25 gift card to the Nest. The competition started on Feb. 1 and will continue until Feb. 17.

In the first two rounds of the competition, around 20-40 people came out for each session. Not a single person managed to make it to the top, although some came very close.

Lifeguard Matt Carson says the wall was made so difficult in order to "keep people coming back, so it's a challenge for them to overcome. If we made it too easy,

people could just do it once and be bored. This way they have to keep coming back and practising."

There are a few factors you should keep in mind if you want to give this competition try:

1. You climb out of the pool. This means you have no leverage or solid footing at right off the start.

2. Since you emerge from the pool to begin climbing, you are soaking wet. This makes grabbing the knobs slippery and difficult.

3. The wall is tilted and gravity pulls you off the wall. This makes your body want to fall in the water below.

4. Climbing a wall is not in most people's daily activity schedule; therefore you realize how out of shape you are while trying.

With that being said, hopefully you are up for the challenge. It's not every day you get to cannon ball into a pool from a giant wall.

Head over to the pool on Wednesday Feb. 15 from 3:30-4:30 p.m. or Friday Feb. 10 from 11:30 a.m.-1:30 p.m. for your chance to win the \$25 gift card!



Photo by Laura Dettling

EMT student Leighton Daciuk gives the wall a try.

New business dean has plans

By **STEPHEN SHAW**

As the J.R. Shaw School of Business enters a new level of excellence in the post-secondary world, its newly appointed dean, Neil Fassina, is proud of the accomplishments the school has made, but is striving to make the goals of the school recognized nationwide.

Fassina, who was head of the Department of Business Administration at the Asper School of Business at the University of Manitoba, is excited about what the future holds for the School of Business here at NAIT.

"The school holds an exciting place in the city of Edmonton" says Fassina.

"The opportunities before the school are endless and the chance to become a part of the leadership team that will drive the school forward is incredible as well."

One reason in particular drove Fassina farther west to Alberta.

"The people at this institution are the reason we have had this opportunity, not only the faculty, but the students are the reason many love to work here," Fassina said.

For those of us who may not be in the know, the JR Shaw School of Business here at NAIT is the namesake of J.R. Shaw, a prominent figure of the Shaw Media empire, friend of the institute, and of the city, which he moved to from his hometown of Brigid, Ontario, in 1961.

Like Shaw, Fassina sees the school as broad

vision that is still progressing.

"It would be terrific if we could see the school as a centre for applied business education, and reinforce the connection that the school has with the student community but also the community at large in Edmonton.

"It is something [special] that we have learned to recognize the needs of those who attend the school," said an enthusiastic Fassina.

"It's a way to determine the need for various programs in the school."

The future for the school will provide incredible opportunities for those graduating as well.

"It's exciting to think of where the school will be going into the future," Fassina says.

"The school already has fantastic cornerstones to shape on, and really, it would be great if the school becomes Canada's premier business school for applied business communications.

"The commitment we have is to give back to the NAIT community and the city of Edmonton, as well as to find growth in different areas, such as sustainability, and the school needs to remain responsive to providing the hands-on tools for each student to succeed in business."

Fassina, who completed his PhD in organizational behaviour and human resources management at the Rotman School of Business at the University of Toronto, hopes to turn NAIT into one of the premier business schools in Western Canada.



NAIT photo

Dr. Neil Fassina

Time for celebration and reflection

By **AVRY LEWIS-McDOUGALL**

This month, for me, is a time of reflection and great pride. I get to look back on many great people that have contributed to the history of black people, such as Martin Luther King, Willie O'Ree, the very first black NHL player, and Ben Carson, one of the first black neurosurgeons in the world.

Black women have also made many contributions to the world, such as Harriet Tubman, Rosa Parks and Florence Griffith Joyner, an Olympic track and field star.

Without many of these great people, I think that our world would be dramatically different. Racial equality may have taken much longer to develop in our world if Rosa Parks hadn't taken the stand and refused to give up her seat at the front of the bus or if many black people in the southern United States hadn't been as aggressive as they were to want change.

It took a special man to lead the civil rights

movement but Martin Luther King was the man for the job. If he were still alive, the amount of continued good that Dr. King could have brought to the world would be on a level never seen before.

Another person who I look on as having one of the biggest impacts on black history is Jackie Robinson of the Brooklyn Dodgers, who, in 1947, was the first black man to play Major League Baseball.

To play in a sport in where you are being assaulted (intentionally hit by pitches, base runners sliding into his knees on purpose) only because of the colour of his skin shows what an era he played in.

To stand and take the punishment, knowing that he was able to make things truly better, show the character and heart that he had to do something that he loved. This led to him becoming a Hall of Famer and the only man in Major League history to have

his jersey retired league wide.

The book and movie *Roots*, created by Alex Haley, aired on ABC in the 1970s was one of the first looks into the heritage of black people in the prime time spotlight. It also brought into prominence the very young Levar Burton playing the role of Kunta Kinte, a young African male in the 1750s who was kidnapped from

Africa and sold into slavery in the United States.

Black people have even created many of the household items and devices that we use or come across in daily life. The golf tee, the traffic light, the zipper, the super soaker, the home security system and the gas mask were all invented by black people.

The most powerful man in the free world is black, and his name is Barack Hussein Obama. Bearing in mind the amount of criticism he gets, at the end of the day he is in a position that

many black people have been waiting to see for hundreds of years and finally that has become a reality for the world.

These men and women have been able to show to the world that nothing is impossible and have brought about change in their own ways along with many others in the black community. I am proud to call myself a young black man (of Caribbean heritage, my mom being Trinidadian and my dad being Jamaican and raised in Kitchener, Ont.).

Black History Month may be February, but there are many things that you can do to learn more about it if you're unaware as to what it's about. In Edmonton especially, the National Black Collation of Edmonton has many events posted on their website and information about the history of black people in Canada.

To me, this a month of embracing even more who I am. Who am I? My name is Avry and I am black.



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OPINION

— Editorial —

Budget cuts stir students



CLAIRE THEOBALD
Editor-in-Chief

Students at the University of Alberta were up in arms this week, protesting sweeping budget cuts and increases to tuition while university President Indira Samarasekera stands accused of frivolous spending.

The U of A has faced two per cent budget cuts year over year due to a lack of increases in provincial grants. According to the *Gateway*, the two per cent budget cuts from last April have translated into \$1.5 million in deficits for the Faculty of Arts.

The faculty intends to cut a total of 15 support staff positions and has managed to free up funds by eliminating seven tenured professors who have accepted retirement packages to lessen the blow of yet another two per cent budget cut expected this April.

President Samarasekera has stated that she does not believe this two per cent budget cut will cause any harm to the quality of education provided by the faculty, however some arts professors are worried that they are getting the short end of the stick because they can't expect to find outside funding as easily as the science departments, making these cuts far more significant for them.

'We have done what we can'

"People should recognize there is pain everywhere and we have done what we can," said Samarasekera, in an interview with the *Edmonton Journal*.

To add insult to injury, on July 1, 2009, Samarasekera's private residence was purchased through the U of A at a cost of \$930,000 only to be renovated for an undisclosed sum of money, also coming from the university's pockets.

Students, along with members of the Occupy movement, organized a rally last Wednesday to protest having to once again foot the bill and shoulder the burden of cuts to faculty, only to be told they could face trespassing charges.

"The exaggerated response was quite frankly just embarrassing for everybody that's a member of this campus," said Stephan Christianson, a graduate student who attended both rallies in an interview with the *Edmonton Journal*. "They shut down a student-led protest that was peaceful in nature."

Iron-fisted approach

The iron-fisted approach to the otherwise peaceful rally backfired and about 100 people marched on Thursday to demonstrate that they would not suffer that kind of injustice lying down and would exercise their right to be heard.

Samarasekera also faces criticism for her inflated salary where, according to the University of Alberta's fiscal statements for March 31, 2007, the president earned \$591,000 in both salary and benefits. To put this in perspective, according to Wikipedia, Prime Minister Stephen Harper earns \$317,574 in annual salary.

While students at the U of A are preparing for further action, the budget meeting for NAIT's student senate was fairly subdued.

Although NAIT students saw an increase of 0.035 per cent in tuition last year and can expect another increase of 1.45 per cent this September, Dr. Ray Block, vice-president Administration and chief financial officer, expects this year's budget to balance.

That being said, the slowly recovering economy has been

difficult across the board and NAIT is not immune to the provincial cutbacks that have caused trouble at the U of A. However, Block said that for the future, NAIT would be reluctant to turn to further increases in tuition to make ends meet. Instead they would look at turning to alternative methods, such as increasing class sizes.

Although the threat of larger class sizes caused some rumbling on campus, as many count small class sizes as one of NAIT's best features, Block made it clear that these increases would be limited, and implemented as a last resort only where they could be integrated without sacrificing the quality of education.

"A key aspect of a NAIT education is the hands-on experience and accessibility to instructors in smaller classrooms," said Block. "There are no formal plans to increase class sizes."

For now, it appears that NAIT's student body can rest easy

but the drum beats from the University of Alberta can be felt in campuses across Canada.

Let rallies like their's be a reminder that any post-secondary institution is dependent on its student body and their financial decisions should reflect the interests of the students and faculty as a whole, not be used as a tool to benefit a few choice individuals.

The treacherous boom and bust cycle of Alberta's economy can be difficult, but as sure as it falls it will rise again.

Let us use this as a time to make positive changes that will help us carve out a more financially secure future for all of our post-secondary institutions, instead of a constant destructive cycle of excessive spending followed by last minute destructive cuts.

Fight on, students! And know that your calls for change won't always fall on deaf ears.



Photo by Bryan Cooper

A protester at the University of Alberta holds open a door for security officers during a demonstration last Friday, Feb. 2. Students marched on the campus to protest tuition hikes and budget cuts.



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SPORTS

WOMEN'S VOLLEYBALL

Ooks show well in losing



EVAN DEGENHARDT
Assistant Sports Editor

Over the weekend, the NAIT women's volleyball team was in action against the Grant MacEwan Griffins. The Ooks were in for a difficult home and away series against a tough MacEwan team who were winners of their last 10 straight matches.

On Friday night, the visiting Ooks fought hard at MacEwan to take the match to five sets, but unfortunately the squad fell short, losing 3-2.

The Ooks headed back home on Saturday night in hopes of avenging the previous night's loss.

Despite an amazing effort, it was not meant to be and NAIT ended up losing the match 3-1.

MacEwan went into the weekend only a few points up on the Ooks in the ACAC standings and the Friday match started with the Griffins firing on all cylinders.

MacEwan took charge early and ended up taking the first set of the match, 25-15. The second set proved to be much closer for a determined NAIT

team. The Ooks battled hard and took the Griffins the distance for a second set 25-23 win.

MacEwan bounced back and took the third set of the match 25-17, which meant that the Ooks needed to win the next two remaining sets. The fourth set proved to be a nail biter. It was a back and forth defensive and offensive battle, but the Ooks had more grit. The set was pushed the extra distance, with the Ooks winning 27-25.

It all came down to the final fifth set. Both teams desperately wanted the victory, but it was MacEwan that ended up taking the final set in close fashion, 15-13.

Head coach Erminia Russo Thorpe was very impressed with her team's ability to bounce back after a slow start. "We fought back after a slow start to push the match to five sets. Unfortunately, we just fell short in the fifth."

The Ooks were back at home on Friday night and the house was packed. However, NAIT was playing without their starting and only setter, Sara Buchaski. Buchaski injured her left knee in Friday's match, so Sarah Watson, starting right side player, had to step in and set for the first time. This match would be a test of the whole team's tenacity.

NAIT started the match off with a very simple plan of attack. The Ooks tried to respond to their situation as best as they could, but MacEwan came out and won the first two sets of the match, 26-24 and 25-16 respectively.

The Ooks would not go down without a fight



Photo by Chad Steeves

Ooks Jelena Saric, left, and Jillian Irvine block the ball during a game against Grant MacEwan Griffins Saturday at NAIT gym. The women lost the match 3-1.

and the NAIT took the third set 25-23.

Both teams played exceptional volleyball in the fourth set but MacEwan came out on top, winning the set 25-19 and the match 3-2.

Stat leaders for the weekend included Tayler Smith who had 20 kills, three service aces, one stuff block and 43 digs. Smith was also named the player of the game on Saturday.

Rebecca Merasty also had a great weekend, posting a total of 46 digs. As a team, the Ooks also

had 14 stuff blocks on Saturday night.

Although the team was dealt two losses, coach Russo Thorpe was very impressed with her team.

"On Saturday, the whole team responded very well in not having a trained setter running the offence," she said. "Sarah Watson stepped in and filled that role with control and calmness. Each individual player took on the responsibility to do their job and fight for every single point. I was very proud of their performance."

MEN'S VOLLEYBALL

Men sweep Grant MacEwan

By EVAN DEGENHARDT
Assistant Sports Editor

The NAIT men's volleyball team

got two big wins over Grant MacEwan on the weekend.

The Ooks were away on Friday



Photo by Chad Steeves

Ook Cody Cuthill spikes the ball over two Grant MacEwan blockers on Saturday. NAIT won 3-2.

night, facing a gritty Griffin team. NAIT won the match, beating MacEwan three sets to one. On Saturday, the Ooks were at home and feeding off a high-energy crowd. The match went the distance at five sets, with NAIT getting the 3-2 set victory.

With the weekend's wins, the Ooks are now winners of their last 11 straight games and they still remain undefeated at home this season, an impressive feat in itself.

On Friday night, NAIT took the first two sets of the match 25-20 and 25-18. NAIT boasted great ball movement and offensive attack during the first half of the match.

However, the Griffins were quick to respond, winning a marathon of a third set, 31-29.

The Ooks were not disheartened after losing the lengthy set. They stuck with their game plan and finished MacEwan off in the fourth set, 25-18.

Trevor Langvand had a huge game for the Ooks on Friday night. Langvand posted 18 kills, 20 digs and three stuff blocks.

Ook libero Justin Vincent also played well, with 32 digs on the night.

On Saturday night, there was another thrilling match, which went five full sets. NAIT won the first set 25-16 and the Griffins took the second 25-23.

The third and fourth set followed the same pattern. NAIT eventually took a close third set, 25-23 and the Griffins stormed back to take the fourth, 26-24.

It would all come down to the fifth and final set and to the delight of the home crowd, the Ooks took it 15-11 and secured another victory.

Justin Vincent, who led the ACAC last year in digs, had another exceptional night for the Ooks. Vincent picked up another 35 digs, bringing his weekend total to 67.

Eleven out of 12 Ooks players saw action on the weekend. The entire team left everything they had out on the court and head coach Simon Fedun definitely took notice.

"Every single member of this team displayed a ton of effort this

weekend," said Fedun.

With some serious momentum building in the string of wins that the Ooks have put together, coach Fedun believes that the team is really starting to come into its own.

"As a team, we are rounding into form at the right time."

When asked about how the team is going to stay prepared for their final two games of the season, coach Fedun was very precise.

"Life doesn't get much easier for us, he said. "We aren't looking too far ahead right now. Coming up to this weekend, we are just taking it one match at a time."

"If we could get a couple of wins, we can hopefully propel ourselves into a preferable playoff position."

With the wins over the weekend, the Ooks now find themselves in a five-way tie for third place in the ACAC.

For their last two games of the season, the Ooks will face a tough Red Deer squad, arguably one of the best teams in the league.

Super Bowl: Catch and miss



PATRICK KNOWLES
Sports Editor

The 46th edition of the NFL Super Bowl was played this past weekend at Lucas Oil Stadium in Indianapolis, Indiana. This edition of the Super Bowl was a rematch of the 2008

game, where the New York Giants defeated the New England Patriots and in doing so wrecked the Patriots’ chance at a perfect 19-0 season, something that had never been done before in NFL history.

Going into the game on Sunday you knew that the game would essentially come down to one thing; could the Giants’ defence get pressure to the Patriots quarterback Tom Brady and continually hit him in the mouth, forcing him to make mistakes, or would Brady be allowed the time he needed to look down the field and complete passes to his two big tight ends, Rob Gronkowski and Aaron Hernandez.

The answer to that question was a little of column “A” and a little of Column “B.”

In the beginning, the Giants seemed to be able to get to Brady with little or no opposition from the Patriots offensive line and the momentum was all on the Giants sideline.

But, you just knew that Patriots head coach Bill Belichick would make the proper adjustments and sort everything out, which he did, and the Patriots offence looked the like the team that had dominated other teams’ defences all season.

One of the biggest “X” factors of the game had to be the health of Gronkowski, who suffered a high ankle sprain in the AFC champion-

ship game against the Baltimore Ravens. Leading up to the Super Bowl, Gronkowski was receiving treatment on the ankle two or three times a day and with the extra week break between the AFC championship and the Super Bowl, the Patriots were hopefully that the man who set the NFL record for touchdowns by a tight end would be close to 100 per cent as possible.

As it turns out, this was not the case. From the time the game started you could tell that Gronkowski was playing at about 40-50 per cent of what we are used to seeing from him.

The game was very close the whole way through as expected and in my eyes the game came down to two plays, the catch and the catch that was not.

First let’s talk about the catch that was not. The Patriots had control of the ball with the lead and were marching down the field looking to score and put the final nail in the coffin of the Giants’ hopes of winning a fourth Super Bowl in team history.

Brady dropped back in the pocket, had time to look down the field and see a wide open Wes Welker for a first down, but then something that doesn’t happen very often, Brady throws the ball behind Welker, making it a much harder catch than needed and Welker was not able to make the catch, that even if thrown behind him, he still catches eight times out of 10.

The result of that play is the Patriots having to punt the ball away to the Giants, giving them the opportunity to drive down the field and get the game-winning touchdown.

Now let’s talk about the catch that was. Everyone remembers the David Tyree catch

from 2008, where he pinned the ball to his helmet in mid air, came down with a defender all over him and managed to hold the ball to his helmet for a completed pass, one of the greatest catches in Super Bowl history.

If you ask me, the one made by Mario Manningham in this year’s Super Bowl with the game on the line was better!

First the throw from Eli Manning was perfect. He was able to pitch it 30-plus yards down the field and drop it right over the shoulder of Manningham in a place where only he could catch the ball.

Now the catch, with two defending closing in quickly, Manningham had the focus and awareness of where he was on the field to keep his eye on the ball, make the catch and keep both feet inbounds when all of this momentum was taking him out of bounds.

I mean, the Tyree catch was amazing but a lot of luck went into making that catch successful. With the Manningham catch, it took an insane amount of skill and composure by both Manning and Manningham that in my eyes made it the better of the two catches.

After that catch, the Giants drove the ball the rest of the way down the field and scored the game-winning touchdown with just under a minute left in the game.

Brady had one final shot in the last play of the game, with a Hail Mary attempt that was tipped and Gronkowski had a chance at the catch but wasn’t able to react quickly enough, giving the victory to the New York Giants by a final score of 21-17 and giving the Giants their second win over the Patriots in as many Super Bowl appearances.



Manningham catch

siphotos.tumblr.com

Athletes of the week

Jan. 30-Feb. 5

Brittany Whittmore
Curling



Brittany had a very impressive weekend for the Oaks women’s curling team this past weekend, helping her team post a 5-2 record at the ACAC winter regional tournament hosted by MacEwan in Leduc. The second-year skip led her team to a 9-5 overall record, tied for first place as it heads into the ACAC Championships Feb. 24-26 at Augustana. “Brittany is one of the top young curlers in the country. She recently finished second in the Alberta Junior playdowns and competes in the curling Super League,” said head coach Jules Owchar. “It is her experience that has helped Brittany lead her Oaks team to the top of the ACAC standings.” Brittany is in her second year of the Animal Health program. She is from Delburne, Alberta.

Shawn Donnelly
Curling



Shawn continued to lead his NAIT Oaks men’s curling team at the ACAC winter regional this past weekend hosted by MacEwan in Leduc. After posting a 5-1 record at the fall regional in December, Shawn skipped the Oaks to the same 5-1 record at the winter regional, giving his team a 10-2 record and first place in the league heading into the ACAC championships. “Shawn has tremendous confidence and his experience is a calming influence on the rest of the team,” said head coach Jules Owchar. “This year, Shawn has emerged as a well respected leader.” Shawn is in his third year at NAIT and is in the Industrial Heavy Equipment program. He is from Spruce Grove.



NAIT OOKS
HOME GAME SCHEDULE



MEN’S HOCKEY

vs

Fri. Feb. 10 at 7:00pm
Sat. Feb. 11 at 2:00pm



WOMEN’S HOCKEY

vs

Sat. Feb. 11 at 7:00pm



VOLLEYBALL

vs

Sat. Feb. 11
Women at 6:00pm
Men at 8:00pm

Athlete Profile



Player: Blake Hinchey
Sport: Volleyball
Position: Left side
Program: Business Admin.
Age: 18

By MEAGHAN WILLIS

How long have you played volleyball? – About six years.

What's your favourite movie? – Thor.

What's your jersey number and is there any reason? – I'm No. 9, always have been.

Favourite food? – Chicken burgers.



Is it difficult playing on the same team as your older brother? – No, we're very close. He was a big reason I decided to join the team.

What are your strengths and weaknesses as a player? – I think that my weakness would be confidence when I'm playing and my strength would be my height as a left side.

What's your dream job? – Professional athlete.

If you could travel one place where would it be? – I would love to go to Thailand. It would give me a completely different perspective on things.

What is your guilty pleasure? – Playing video games, COD.

Athlete Profile



Player: Sinead Cheah
Sport: Badminton
Position: Captain
Program: Interior Design
Age: 22

By MATT INGLIS

How long have you played badminton? – This is my fourth year playing in college but I've been playing pretty much my whole life.

What made you decide to pursue badminton? – My whole family is really into badminton, so I got into it because of that. It's a big part of my life, there's not really a day when I don't play.

What's your favourite part about playing badminton at the college level? – Travelling is a lot of fun. Every year we play exhibition games. We've been to Hawaii and the Bahamas to play.

What is your favourite part of the game? – It's a really tight-knit sport, and a great community to be a part of. In other sports, there's a lot of player movement but in badminton you pretty much see the same people all the time.

Who is NAIT's biggest competition this year? – On a provincial level, we're pretty high up, but when we get to Nationals, Douglas College out of B.C. is probably the toughest.

What do you plan on doing after your time at NAIT? – I took architecture before interior design, so I really want to own my own home-building business.

MEN'S HOCKEY

Depleted Ooks split vs Griffins

By MATT INGLIS

The NAIT Ooks men's hockey team was in action last weekend, with a home and away series against the Grant MacEwan Griffins. The Ooks and Griffins split the series, each walking away with a home-ice victory.

Friday's game at Grant MacEwan ended with a 3-2 decision in favour of the Griffins. NAIT's female Olympic gold medalist goaltender, Shannon Szabados, was between the pipes for the loss.

Saturday night's game went a little better for NAIT, ending win a final score of 4-2 in favour of the Ooks. Szabados got a rest on Saturday night, giving NAIT's other goalie, Graeme Harrington, a chance to flash the leather and stack the pads.

The Ooks played both games over the weekend with a shortened roster of just nine forwards and four blueliners, contributing to the tough loss against the 5-17-1-1 Grant Mac Griffins.

NAIT's head coach, Serge Lajoie, called the weekend average at best, stating that the Ooks are doing the best they can with the roster they have right now. Coach Lajoie is hoping to see some players return soon, but in the meantime, he thinks the team put in an all-around good team effort on Saturday.

NAIT comes off the weekend with a 14-8-2 record, sitting in fourth place, 13 points behind the league-leading Mount Royal Cougars. The Ooks are holding a comfortable nine-point lead ahead of the Concordia Stingers.

With so many holes in the roster, NAIT will have to keep Saturday's good team effort rolling for their next games, a weekend home stand against the 3-20-1 Briercrest Clippers.



Photo by Chelsey Garand

NAIT goaltender Graeme Harrington is bowled over in front of his net during a wild scramble Saturday against MacEwan at the NAIT arena. The Ooks won the game 4-2.

Badminton team class of tourney

By AVRY LEWIS-McDOUGALL

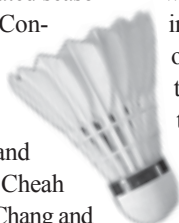
The ACAC regular season went out with a bang for the NAIT Ooks badminton club – one of the best teams in the nation – as they won the final tournament of the regular season at Concordia University College last weekend.

NAIT finished with 168 points overall in the final tournament (Red Deer College finished with 149, Concordia with 135 and Mount Royal College with 100) and won four out of the five events over the weekend (men's singles, men's and women's doubles and mixed doubles) on route to

another impressive weekend of play on the court.

Jessica Yu won the women's doubles and mixed doubles to cap off an undefeated season going into the playoffs and Quinn Conway won the men's singles event, his first singles win of the year. Other winners for the Ooks at Concordia included Johnathan Chang and Jason Chou in the doubles, Sinead Cheah in women's doubles and Johnathan Chang and Jessica Yu in mixed doubles.

The Ooks only failed to win women's singles.



Head coach Jordan Richey had glowing comments about his team after another tournament win for his squad, saying, "I feel the team is peaking at the right time. Our depth gives us several options heading into the ACAC individual and team event championships, Feb. 18 and 19. Our team realizes the tremendous opportunity they have to try and win their fourth consecutive ACAC team championship and that is keeping them focused."

NAIT finishes the regular season on top of the 2011-12 ACAC standings with 744 points on

the year with Concordia in second at 546 points, Red Deer College at 522 points and Mount Royal University at 398 points.

The Ooks will play next at the ACAC individual tournament on Feb. 18 and then will take on the fourth-seeded Mount Royal Cougars on Feb. 19 in the ACAC team tournament before getting ready for the national championships in Kelowna, B.C., from March 1-3.

The Ooks have been one of the most dominant teams in the nation and will look to keep up the stellar play going into the post season.

ACAC Standings

MEN'S HOCKEY										
Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts	
Mount Royal	24	20	16	1	1	2	105	55	43	
Augustana	24	17	14	4	1	2	119	60	37	
SAIT	24	17	17	5	1	1	106	58	36	
NAIT	24	14	14	8	0	2	82	64	30	
Concordia	24	8	8	11	2	3	84	113	21	
Portage	24	5	4	15	2	2	69	105	14	
MacEwan	24	5	5	17	1	1	68	100	12	
Briercrest	24	3	3	20	0	1	61	139	7	

RESULTS
February 3
MacEwan 3, NAIT 2; Portage 4, Briercrest 5
Augustana 6, MRU 5 (OT)
SAIT 2, Concordia 2 (OT)
February 4
NAIT 4, MacEwan 2; Briercrest 3, Portage 2
Concordia 3, SAIT 2
MRU 3, Augustana 2 (OT)

WOMEN'S HOCKEY										
Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts	
Mount Royal	22	14	13	6	2	0	69	34	29	
MacEwan	20	9	8	4	2	4	40	37	24	
NAIT	20	11	8	8	0	1	45	49	23	
SAIT	22	6	5	10	2	4	39	59	18	
Red Deer	20	6	5	10	1	3	29	43	16	

RESULTS
February 2
RDC 3, MRU 1
February 3
MacEwan 4, SAIT 2; RDC 2, MRU 1
February 4
SAIT 1, MacEwan 1 (OT)
February 5
MRU 5, NAIT 1

MEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
Lakeland	16	16	0	32	1700	1197
NAIT	16	12	4	24	1359	1169
Keyano	16	12	4	24	1425	1200
Concordia	18	10	8	20	1305	1264

MacEwan	16	5	11	10	1231	1220
Augustana	17	5	12	10	1260	1516
Grande Prairie	16	4	12	8	1157	1539
King's	16	3	13	6	1064	1339

South Division						
Mount Royal	17	14	3	28	1440	1130
Red Deer	16	11	5	22	1319	1273
Medicine Hat	16	9	7	18	1335	1239
SAIT	15	5	10	10	1185	1278
Lethbridge	17	5	12	10	1322	1494
Briercrest	16	3	13	6	1169	1430

RESULTS
February 3
MacEwan 72, NAIT 70, RDC 81, MRU 71;
MHC 71, Briercrest 66;
Keyano 88, Augustana 76;
Concordia 87, Lethbridge 74
February 4
NAIT 83, MacEwan 71;
MHC 94, Briercrest 79;
Keyano 86, Augustana 83;
MRU 95, Concordia 68

WOMEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
MacEwan	16	16	0	32	1157	818
Lakeland	16	10	6	20	1148	1052
Augustana	17	10	7	20	1220	1119
King's	16	8	8	16	1115	1101
NAIT	16	7	9	14	990	942
Concordia	18	7	11	14	1110	1157
Grande Prairie	16	5	11	10	911	1095
Keyano	16	3	13	6	886	1207

South Division						
Mount Royal	17	14	3	28	1268	1004
Lethbridge	17	12	5	24	1033	1021
SAIT	15	10	5	20	1020	870
Medicine Hat	16	9	7	18	1035	1004
Red Deer	16	2	14	4	876	1083
Briercrest	16	1	15	2	749	1024

RESULTS
February 3
MacEwan 79, NAIT 63;

MHC 55, Briercrest 51;
Augustana 82, Keyano 67;
Concordia 67, Lethbridge 58;
MRU 84, RDC 59
February 4
MacEwan 72, NAIT 60;
MHC 60, Briercrest 57;
Augustana 107, Keyano 46;
MRU 85, Concordia 61

MEN'S VOLLEYBALL						
Provincial Division						
DIV	Team	MP	MW	ML	GW	GL Pts
S	Briercrest	20	15	5	48	29 30
S	Red Deer	18	14	4	47	27 28
S	Mount Royal	17	12	5	43	23 24
N	NAIT	18	12	6	42	28 24
S	Lethbridge	18	12	6	44	30 24
N	Keyano	18	12	6	41	29 24
N	MacEwan	20	12	8	47	29 24
S	SAIT	17	9	8	34	35 18
S	Augustana	18	8	10	37	36 16
S	Medicine Hat	18	7	11	33	40 14
N	King's	18	7	11	27	41 14
N	Grande Prairie	18	4	14	27	42 8
N	Lakeland	18	3	15	16	49 6
N	Concordia	18	0	18	6	54 0

RESULTS
February 3
NAIT 3, MacEwan 1
(20-25, 18-25, 31-29, 18-25);
RDC 3, Augustana 2
(22-25, 25-16, 12-25, 25-18, 15-12);
King's 3, Lakeland 2
(19-25, 25-17, 12-25, 25-18, 15-7);
MHC 3, Briercrest 0 (25-21, 25-20, 25-22);
SAIT 3, Lethbridge 2
(17-25, 25-21, 25-19, 17-25, 15-12);
February 4
NAIT 3, MacEwan 2
(25-16, 23-25, 25-23, 24-26, 15-11);
Lethbridge 3, SAIT 1
(27-29, 25-20, 25-19, 25-16);
RDC 3, Augustana 1

(25-22 19-25 25-12 25-20);
King's 3, Lakeland 1
(25-19, 19-25, 25-17, 25-20);
Briercrest 3, MHC 1
(21-25, 25-16, 25-22, 25-14)

WOMEN'S VOLLEYBALL						
Provincial Division						
DIV	Team	MP	MW	ML	GW	GL Pts
S	Medicine Hat	18	16	2	51	15 32
N	MacEwan	20	16	4	51	21 32
S	Mount Royal	17	15	2	47	16 30
N	NAIT	18	12	6	42	24 24
S	Red Deer	18	12	6	40	24 24
N	Grande Prairie	18	10	8	34	31 20
N	King's	18	9	9	36	35 18
S	Lethbridge	18	9	9	35	32 18
S	SAIT	17	7	10	27	35 14
N	Lakeland	18	7	11	28	37 14
S	Briercrest	20	6	14	31	45 12
N	Keyano	18	4	14	19	47 8
N	Concordia	18	4	14	18	46 8
S	Augustana	18	0	18	5	54 0

RESULTS
February 3
MacEwan 3, NAIT 2
(25-15, 23-25, 25-17, 25-27, 15-13);
RDC 3, Augustana 0 (25-21, 25-19, 26-24);
King's 3, Lakeland 2
(17-25, 21-26, 25-22, 25-19, 15-9);
MHC 3, Briercrest 2
(25-12, 23-25, 22-25, 25-19, 15-10);
SAIT 3, Lethbridge 1
(18-25, 25-20, 25-11, 25-20)
February 4
MacEwan 3, NAIT 1
(26-24, 25-16, 23-25, 25-19);
Lethbridge 3, SAIT 1
(25-11, 15-25, 28-26, 25-20);
RDC 3, Augustana 0 (25-8 25-21 25-15);
Lakeland 3, King's 2
(22-25, 25-19, 25-22, 21-25, 15-11);
MHC 3, Briercrest 1
(25-9, 26-28, 25-23, 27-25)

This year's champions honoured

By EVAN DEGENHARDT
Assistant Sports Editor

It was another proud moment for Ooks Athletics over the weekend, as NAIT celebrated the banner raisings of two national titles.

On Saturday night, it was a packed house in the NAIT gym as many people were in attendance to celebrate Ooks athletic success. Both the men's soccer team and badminton men's singles were honoured for their achievements.

The men's soccer team was extremely impressive. The Ooks went 8-0 in the ACAC, good enough to propel them to the CCAA men's soccer national championship in Quebec. The men went 3-0 at Nationals, solidifying the national championship title for NAIT.

NAIT was also celebrating the banner raising of men's singles badminton player Dan Kai, who won the 2011 CCAA badminton men's singles national championship in Sackville, New Brunswick.



Dan Kai

This was Kai's third national championship title, having wins in both 2008 and 2009.

Kai is on the verge of seeking his fourth national championship next month, as he travels to Thompson Rivers University in Kamloops, British Columbia for the 2012 CCAA Badminton Championships.

Although his latest accomplishment is still fresh in his mind, Dan Kai is prepared and focused for the task at hand.

"I'm not sure if I will be able to win this one, but I'm going to try and really work hard and to be a tough opponent for everyone else," says Kai.

When asked to put into the words the feelings that he has about his accomplishments this year, he is at a loss for words.

"I actually cannot fully explain the way that I am feeling right now, about myself and about the banner raisings. I'm just really happy."

There were a number of people in the audience on Saturday night, including NAIT

President Dr. Glenn Feltham, who gave a speech commemorating the success of both the men's soccer team and Dan Kai. Dr. Feltham also expressed heartfelt congratulations to NAIT Athletics and to the accomplishments of NAIT as a whole.

NAIT
NEWS
WATCH

Catch NAIT NewsWatch
Saturday at 6 pm on CTV2

WOMEN'S BASKETBALL

Gritty display in two losses



Photo by Chad Steeves

Taylor Goulden takes the ball up court Friday during a game against Grant MacEwan. The NAIT women lost the contest to the high flying Griffins, 79-63.

By KEVIN MARTIN

The NAIT women's basketball team went into battle against the MacEwan Griffins this past weekend.

The NAIT Ooks are currently sitting with a record 7-7 and were facing the top team in the league. The MacEwan Griffins are currently putting together an undefeated season, sitting at a record of 14-0.

The Ooks were in need of wins against the Griffins as the playoff race is starting to heat up.

The Ooks were playing on their home court as they welcomed MacEwan on Friday night.

The first quarter was the gritty battle that everyone expected it to be. The Ooks were ready to play spoiler and hand the Griffins their first loss of the season.

Fourth year player PJ Wells came out and provided the necessary spark for the Ooks.

The Griffins held a slight lead going into the second quarter.

The Griffins are undefeated for a reason. They showed their dominance by outscoring the Ooks 26-12. The game was all but over with a 21-point lead at halftime.

A true mark of a gritty team is that they do not roll over to superior teams.

The Ooks gave everything they had in the second half, despite the score being lopsided.

The tone was set for the Saturday game hosted by the Griffins and the rematch was taking place in the Griffins' home gym.

The first quarter was competitive, with the Griffins up by only two points heading into the second quarter.

The competitive game turned one-sided in a hurry as the second quarter proved to be NAIT's undoing for the second night in a row.

The Griffins developed a massive lead by outscoring the Ooks 21-6.

First-year Ook Brie Gray had a great game as she hit four three-point throws.

NAIT managed to shorten the lead at times, but the Griffins played well enough to take the game with a score of 72-60.

Many people would look at the two losses and diagnose the weekend a failure for NAIT. However, every young, developing team goes through growing pains as they develop into a championship calibre squad.

The Ooks are developing an identity that is being noticed by other teams. NAIT is known for one thing on the court, and that is playing tough, in-your-face defence for all four quarters.

This young team only has six returning players, meaning that the team is developing nine rookies. While a lack of experience can show at times on the court, the Ooks have made a commitment to playing every game with solid determination. NAIT is posting impressive defensive numbers by holding opponents to only 59 points per game.

NAIT will be facing two away games against Grande Prairie this upcoming weekend.

MEN'S BASKETBALL

Lowly Griffins humble Ooks

By KEVIN MARTIN

The Ooks held an 11-3 record going into a game Friday night against the MacEwan Griffins, who had a 4-10 record with mediocre offensive and defensive statistics.

Consequently NAIT was the overwhelming favourite, but as they found out, that sometimes means you are in for a humbling experience.

Early on, the Ooks looked as if they were going to breeze through the game.

The first quarter was defined by NAIT's defensive intensity and the constant pressure forced multiple Griffin turnovers and bad shots. MacEwan was only able to put 11 points on the board compared to NAIT's 18 points.

The second quarter was more of the same, as the Griffins had no answer for NAIT's suffocating defence.

Brock McMillan had a huge impact on the first half. The six-foot-five Ook, who has a body the size of a football player, was a dominant force under the basket.

NAIT went into the half leading by a score of 37-25.

The home court fans and most of the players thought the game was over as they had a 15-point lead heading into the fourth quarter. This set the

stage for what must be the comeback of the season in the ACAC.

The Griffins came out firing on all cylinders. They were determined not to settle for three-point shots and drove to the basket at every opportunity.

This put pressure on NAIT's defence, resulting in multiple Ook fouls.

The Griffins took advantage of the foul line and hit some timely shots. They held NAIT to only 12 points in the final quarter and left the gym with a 72-70 win.

The loss of a 15-point lead to a rival school left the crowd stunned and the Ooks speechless.

All that was left to do was to mark it down as experience and get prepared for a rematch the next day. Head coach Mike Hansen knew that they had let a victory slip away and he was determined to have a better performance from his team on Saturday.

"We got up on MacEwan and thought we could coast to the end," said Hansen.

"The reality is, they controlled the flow of the game most of the night and played with a lot more energy. We simply didn't follow the game plan tonight and it's disappointing. We need better leadership right now."

Saturday's performance was a confirmation of what this talented team can do. The Ooks played a complete game to follow up the heart-breaking loss.

This time NAIT played four quarters of defence and held onto a lead the entire way to an 83-71 victory. They dominated the Griffins in the turnover battles and they got to the

free throw line 14 more times than the Griffins.

The men now have a record of 12 wins and four losses and are preparing themselves for playoffs.



Photo by Chad Steeves

Ook Gamachu Ibrahim evades a MacEwan defender Friday en route to an unexpected 72-70 loss.

Deadline for deals

By MATT INGLIS

The NHL trade deadline is one of the most anticipated dates of the year for hockey fans all over North America.

Teams that have the potential to go the distance look to bolster their rosters and replace key players who are injured. Teams that are in the hunt for a playoff spot try to secure that offensive force that could make the difference down the stretch. Teams that are out of the playoff race altogether attempt to control the market, dump salary and look to the future.

In the end, it all comes down to buyers and sellers. The NHL breaks down into two conferences, the West and the East.

It's a tight race for that eighth and final playoff spot in the West this season, with only 10 points between the eighth-place Minnesota Wild and the 15th-place Anaheim Ducks.

Sure to be sellers

Trailing the Ducks are the Edmonton Oilers and the basement-dwelling Columbus Blue Jackets, who are sure to be sellers when the deadline rolls around on Feb. 27. On the other end of the standings, the consistently good Detroit Red Wings sit on top of the West, followed closely by the Vancouver Canucks, the San Jose Sharks and the Nashville Predators.

In the East, it's a little more open, with the Boston Bruins and New York Rangers in a tug-of-war for first place, followed by the Philadelphia Flyers, Pittsburgh Penguins and Ottawa Senators. Fighting for a playoff spot are the surprising Florida Panthers, Washington Capitals and Toronto Maple Leafs. Trailing in the conference are some sure sellers that include the New York Islanders, Carolina Hurricanes and Montreal.

With the deadline looming, rumours are starting to fly around the league, featuring a few big names.

Ales Hemsky, of the Oilers, is a name that has been floating around the market in recent years but with the Oilers overflowing with young prospects and trailing in the standings, this looks like it could be Hemsky's last season in Oil city.

Interest in Hemsky?

Hemsky could spark some interest in cup-contending cities like Pittsburgh or Detroit, where he could provide solid secondary scoring as a second- or third-line threat.

Nashville, another team looking to make a strong impact in the post-season, has been lacking on the offensive side of the puck and would benefit from Hemsky's experience and play-making abilities.

Sam Gagner, who had an eight-point night earlier this month, may have silenced some rumours that he would be heading out of Edmonton. But his showcase may have sparked some interest on the market. The Oilers would be looking for a solid, top-three defenceman in return, possibly a blue-line threat like Nashville's Shea Weber.

The Carolina Hurricanes are expected to get the ball rolling in the coming weeks before the deadline.

Depth blueliners Jaroslav Spacek and Bryan Allen are expected to be departing

Carolina before the deadline. Among Carolina's rumoured trade-bait is big-name forward Tuomo Ruutu. Expect Ruutu to come at a steep price, but one that teams such as Vancouver, Los Angeles or San Jose could be willing to pay.

The Blue Jackets have been a huge disappointment to fans so far this season and could be looking to make some big waves in trade pool this month.

Jeff Carter's sub-par play with the Blue Jackets could have him on the block but again, with a hefty price. Carter's season has been well below his average but teams looking to make a run at the Cup could

find this veteran forward quite appealing.

Minnesota is a defensive powerhouse in the Western Conference, but they don't put up the offensive numbers that most Cup-contending clubs do. With the Wild sitting in the eighth and final playoff spot in the West, don't be surprised to see them let a few defensive assets go in pursuit of a point-collecting forward.

Defenceman Marek Zidlicky could be on the block for Minnesota.

As always, there will be no shortage of activity in the coming weeks, as teams look to buy and sell their way to the ultimate hockey goal, the Stanley Cup.



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**Annual Bakers' Club
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February 10th
10 am-1:30 pm
South Lobby
Proceeds to Second Chance
Animal Rescue Society

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**Mardi Gras
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Friday, February 10th, 2012
8th Floor of the Business Tower
Doors open at 3pm

Advance Tickets
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Advance Tickets - \$2
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Available at NAITSA E-131

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BUBBLE OF DOOM
FRIDAY MARCH 2, 2012 3PM
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What's Going on Around Campus...

WHO Anime/TCG

WHAT Weekly Meeting

WHEN Thursdays; 4:15pm - 6:10pm

WHERE WC316

WHO Christian Club

WHAT Weekly Meeting

WHEN Wednesdays; 12:15pm - 1:10pm

WHERE E201

WHO Gamers of Dungeons & Dragons

WHAT Weekly Meeting

WHEN Fridays; 4:30pm - 9:00pm

WHERE WC312

WHO EDDT

WHAT Silent Auction

WHEN February 7, 2012; 9:30am - 2:30pm

WHERE Annex

WHO AHT 2013

WHAT Pubnight

WHEN March 2, 2012; 9:00pm

WHERE The Ranch Roadhouse, Tickets are \$10.00; contact carli_paradis@hotmail.com

WHO Latter-Day Saints Student Association

WHAT Weekly Meeting

WHEN Thursdays; 11:15am - 12:10pm and 12:15pm - 1:10pm

WHERE J006

WHO Muslim Students Association

WHAT Weekly Prayer

WHEN Fridays; 12:15pm - 1:10pm

WHERE J111

WHO Dental Assisting

WHAT Bake Sale

WHEN February 13/14, 2012; 11:15am - 2:00pm

WHERE HP Commons and NAITSA

WHO Bio Sci

WHAT Silent Auction

WHEN February 9, 2012; 9:00am - 4:00pm

WHERE South Lobby (Main Campus)



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Candidate for President

Teagan Gahler

Hello Students!
My name is **Teagan Gahler**. I am currently your Vice President Academic. I am a fourth year business student majoring in Marketing. I obtained my marketing diploma December 2010 and have moved on to the Bachelor of Business Administration program. Welcome back to another great semester at NAIT!

In 2010 I was the Shinerama Coordinator at NAITSA. Shinerama is a Canada wide fundraiser that 65 post secondary campuses participate in. Shinerama's primary focus is to generate revenue for the Cystic Fibrosis Canada through innovative fundraising ideas. I was nominated in 2011 to be a campaign advisor and I have since been nominated to be the associate regional director of Alberta. I mentor up and coming campaign coordinators to ensure their success. I have also been involved with NAIT athletics as an athlete in 2009 and 2010 on the Cross-Country running team. I received the golden shoe award for outstanding leadership in these years. In 2011 I was the assistant coach of the team.

This past year I have served as your Vice President Academic. I have been working hard to ensure student success and that is why I want to be elected as your President. During my term as the Vice President Academic I have set up a new online service for students to submit their concerns right from the comfort of their home. This allows students easier communication channels with NAITSA. My main focus has been keeping my door open and helping students move forward in their educational careers. I have been involved with NAITSA since 2009, and have a great knowledge of what your students' association does and I want to strive to make student life easier.

As your President I will,



- Keep my door open policy going – Come talk to me anytime for advice, problems, or just to chat.
- Satellite campus involvement – South and Patricia campuses are part of NAIT; I plan to include them.
- Student representation with NAIT – I will be involved with NAIT committees so ensure the student voice is heard.
- Focus on key issues affecting students – I want to bring this issues to light and work on creative and helpful solutions.

I am an upbeat, positive, and a determined person who would be honored to continue representing the student body. I believe honesty is the best policy. I am committed to working with the student body in an effective, collaborative, and constructive manner.

REMEMBER VOTE TEAGAN GAHLER FOR NAITSA PRESIDENT.

VOTE ONLINE AT NAITSA.CA/ELECTIONS FEBRUARY 10 - FEBRUARY 16

**POLL STATIONS OPEN
FEBRUARY 16 ONLY, 10AM - 2PM**

Poll station locations

- South lobby kiosk
- HP Center
- Outside NAITSA Office (E-131)
- Annex (1st floor)
- Outside the bookstore
- U Hallway (near Fresh Express)
- South Campus
- Patricia Campus

Candidate for VP Academic Jackie Albert

Hey NAIT! My name is Jackie Albert, and I am asking for your vote in the 2012/2013 Executive Council Elections, from February 10-16th! Vote Jackie Albert for VP Academic.

For the past three years I have been elected, by you, to the Senate and as a result I have built many strong relationships with a lot of very important and influential people here at NAIT. In my past years working for you, the students, as a part of NAITSA's Student Government, I have learnt the requests and desires from students are just as diverse as they are! That's why what I want, is what YOU want. That's why I do what I do, and why I love doing it!

Everyone knows college can be stressful. That's why I want your vote for VP Academic. I have been in your shoes. I have spoken to so many students in your shoes, and built lasting relations with them. I am very personable and outgoing, and many people on campus know who I am. I know how to get things done. This will make me an asset to the NAITSA Executive, and will help me work with you to solve your challenges and grievances, and give NAIT the best campus culture for students.

Imagine a college, where students, staff, other faculty and your Students' Association all work together to help you achieve your goals. Imagine a faculty full of passionate instructors, whose primary concern was YOU, the student. To make sure YOU got the best possible education, not just in the classroom. All of these things are possible if you vote JACKIE ALBERT FOR VP ACADEMIC.

If you're going to vote for me, I want you to know who I am. I am a second year Instrumentation Engineering student, and I love to volunteer. For the past three years I have worked as a Frosh Leader, enabling



me to meet so many amazing new people, and hopefully help every student make their transition into college a little easier and WAY more fun! I have also been involved with a variety of student clubs, including my program's technical club, of which I am the President, as well as many other groups around campus. When I'm not busy volunteering or doing homework, I love to snowboard, Zumba, and play outside with my puppy, Hemi, who I adopted from the SPCA last December.

Students of NAIT, I want to represent YOU. I want to get to know YOU. If you see me in the halls, please stop and say Hello. I would love to meet you. I promise I will make time to hear you out, and even more so, I promise to fight for what you want to see, to make your time at NAIT as amazing and stress free as possible!

So let's get NAKED and vote ONLINE from February 10th to 16th, simply by visiting www.naitsa.ca and following the election link. Together, WE can make NAIT the best place for students to be!

Candidate for VP Academic Kat Hawn

Throughout my experience at NAIT, I began to "bleed blue." NAIT has come to hold a huge place in my life through my participation in endeavours based on my desire to see our institution succeed and maintain its world-renowned reputation. I am proud to be able to say that I am invested in this school.

My name is Kat Hawn, a current student and alumni. I'm a student representative on NAIT's Academic Council, Faculty Emeritus Committee and Program Excellence Committee. With your support I hope to become your next NAITSA VP Academic. I've been a student at NAIT for the past 3 years - 2 years in Photographic Technology (Graduated 2011) and currently on track to graduate the Graphic Communications program in April. (I'll be returning in 2012/2013 to start the DMIT program.) In that time I've been a Campus Club executive, a Club founder, and volunteer. I've participated in NAIT focus groups, worked polling stations and assisted with NAITSA Senate meetings. I received the Images Alberta Camera Club scholarship for being voted most helpful by my classmates and the Laurence Decore Scholarship for Student Leadership for my many initiatives at NAIT.

As you are likely aware NAIT is undergoing huge changes with the academic model. Throughout the changes in 2013 and as Dr. Feltham looks towards NAIT's 20/21 vision, students will play an extensive role in shaping the institution. Being involved in these changes is a monumental opportunity for us all. When we leave here, NAIT will be a part of your legacy and mine. Our certificates, diplomas, and degrees are badges that will stay with us for life. It's imperative when we apply for our first jobs after graduation, and even 10 and 15 years down the line, that industry, prospective students, and the world continues to see the value in having



NAIT on our resumes.

A strong student voice is needed to help ensure a smooth transition and that the significance of our diplomas, degrees, and certificates is maintained and eventually improved through this unprecedented transition. My message to you is simple: **I am ready to be that voice.**

We expect our leaders to be responsible, accountable, and hold others accountable too. We expect our leaders to uphold the policies and standards that protect and maintain the value of our experiences. This community means a lot to me and I am ready to be that leader.

Voting is done online from February 10th to 16th and I encourage you to use your voice in this important election, no matter who you find will best represent you. It would be an honour to represent your interests in a time of unique change - **vote Kat Hawn for VP Academic!**

Looking for the short version?

- current student, alumni, and returning for 2012/2013
- active member of the NAIT community including Academic Council
- maintaining the value of our degrees, diplomas and certificates is vital - especially throughout the upcoming Academic Model changes
- Vote Kat Hawn for VP Academic!

STUDENT ELECTIONS

candidate biographies

Candidate for VP External Norm Bloomfield

Welcome once again to another NAITSA election! As your elected Senate member for Environmental Management I am currently working towards creating a sustainability club that will complement EcoNAIT's work. I will work with satellite campuses to ensure their sustainability. As your elected VP External I bring years of experience both as a manager and business owner to this momentous position. Moving forward as VP External I will utilize my contacts and skills from the NAIT Leadership Summit to put new ideas forward making them reality. I will work with employers to ensure they continue to see NAIT as the primary source for their future leaders. I will concentrate my efforts on lobbying the government for stronger financial support and better transit service for YOU.

Over this past weekend I was given the opportunity to attend the University of Alberta's Sustainability Summit. Sustainability is about much more than just recycling or having a re-usable coffee mug. Sustainability encompasses all aspects of social, environmental, and economic disciplines and their interaction. The University of Alberta currently has many programs implemented through their Sustain SU Director Ian Moore and his team. They have a community garden, compost bin, recycling program for cell phones and ink cartridges, green grants available for student projects, and of course the summit that I was able to be a part of as well as many more. By implementing similar programs at NAIT we can reduce the costs to us the students, while ensuring NAIT's sustainability for OUR future.

When you made the decision to attend NAIT I am sure that you had more in mind than just an education. I know I did. This is my third year as a NAITSA member and



NAIT student, and I am currently in my second year of the Biological Science program. NAIT is about so much more than just advancing your career or learning a new one. It is about making new friends and contacts, small class sizes, approachable instructors, affordable tuition costs, and having a good time; but most of all it is about embarking on a new adventure that will take you to the places you want to go. These are the things that make NAIT who they are.

The many years I spent volunteering for such organizations as SKILLS Assisted Living Program, St. Michael's Extended Care Service, Vimy Ridge Academy's Individual Support Program, Boys & Girls Clubs, Scouts Canada, Terry Fox Run, Run For Crohn's, and Londonderry Community League make me the right choice for this position.

I would like to thank you for taking time out of your busy schedule to read my campaign article. I cannot stress enough the importance of getting out to the polls to make your vote count. Online voting will begin February 10th on the NAITSA site and can be done from any computer. E-mail me with any questions you may have. A vote for Norm Bloomfield VP External is a vote for YOU the students!!!

Thank you,
Norm Bloomfield nrbloomfield@hotmail.com

Candidate for VP External Miranda Holman

Hello NAIT students!

My name is Miranda Holman and I'm running for the position of Vice President External at NAITSA.

I'm currently serving as your Vice President Student Services and am in my 3rd year of the Bachelor of Business Administration Human Resources degree.

I was the Campaign Director for Shinerama 2011 at NAITSA. This year, I will move on to the role of Campaign Advisor for the Shinerama National Team. I will have the opportunity to mentor the 2012 coordinators and help them achieve campaign success. Shinerama is Canada's largest post-secondary fundraiser that has over 65 post-secondary campuses participating. Its primary focus is to generate revenue for Cystic Fibrosis Canada through various fundraising initiatives.

As Vice President External I plan on working closely with NAIT to continue to provide solutions and results for all students. For example, we as students believe that post secondary education should be reasonably priced and non-academic fees should be regulated. When it comes to these and other important issues, I will advocate on your behalf to ensure your best interests are on the minds of NAIT administration and the provincial government.

NAITSA has come a long way in terms of satellite campus inclusion, but there's still more work to be done. Last year, I made it a priority to visit Souch and Patricia campuses at least once a month to speak with students and offer them an event. In my new role, I will continue to visit our satellite campuses regularly to ensure their voices are heard.

Main campus is of course equally important when it comes to addressing the needs of students. For example, when you



identified that The Nest was in dire need of improvement, NAITSA took action. I'm excited to be part of the team that will make The Nest renovation a reality for September 2012. I look forward to hearing more ideas for campus improvement.

NAITSA is committed to student advocacy and has made significant advancements in the past few years. Help ensure we continue to move in the right direction - vote for Miranda Holman, Vice President External in the upcoming NAITSA election February 10-16!

Candidate for VP Student Services Jonathan Bilodeau

Hey! My name is Jon and I want to be your VP Student Services. If you don't know what that is let me give you a brief summary. The VP represents the student body on campus life issues and collaborates with NAIT Student Life and Athletics. Basically the position is in charge of the events and activities that go on at NAIT. However I think that the position is deeper than that. I believe that the VP holds the culture of NAIT in their hands. It is for this reason that the person who maintains this title be ready and willing to serve both the school and the students to make sure that the culture at NAIT is remarkable. I believe that I can make this school the best that it can be. I also hope that you will come to see this as well.

Let me introduce myself. I have played sports since the age of six, currently I study accounting (fun I know) at NAIT, and I am hoping to attain a MBA in the future. Also I have been a manager at every job that I have worked at since the age of 18. I have operated jewellery stores, cell phone kiosks, even youth groups. Currently I am a bartender/manager/server at BP's, so trust that I know how to deliver a good time.

Now, let's get down to the real stuff. As VP Student Services I would like to focus on a few different areas. The first of these is to support the student population. I would like to help both new first year students, as well as mature students in their transition to NAIT. Also, through the increased use of events, mixers, and parties many different opportunities for networking and building relationships can arise. I want to make sure that when any student comes to NAIT they feel welcomed regardless of the barriers they may face. I also would like to support more initiatives such as the Women in Technology



Program. By finding programs that promote equality and diversity, NAIT's culture will become more dynamic. Additionally I would like to focus on the athletes at NAIT. There is both a long history of excellence, and current NAIT pride surrounding our athletic teams. This being said I would like to increase team promotion and athlete recognition. The next areas in which I hope to focus on is helping the international and transfer students, by providing support and help wherever I can. Finally I would like to help all of those students who wish to participate in NAIT culture, whether it is through volunteering, clubs, or whichever way you are a part of NAIT life.

All of these goals in my opinion will bolster NAIT, but I also want to hear from all of you and make this a school that you can be proud of. So remember to vote from Feb 10-16 and please make sure to put a check beside my name, Jonathan Bilodeau. Cheers.

Candidate for VP Student Services Amelia Nash

Hello fellow students,

My name is Amelia Nash, I am in the one-year Graphic Communications program, and I am running for Vice President Student Services. I started my year at NAIT volunteering as a Frosh Leader to help make new students feel welcome and previous students aware of what NAITSA has to offer. From this volunteering, I went forth to work in NAITSA as an Event Coordinator and then onwards to Student Senate. Working as an Event Coordinator in NAIT Student's Association and being your Media and Design representative on Student Senate gives me a deep understanding of services provided to students, such as campus events and access to micro-waves, and how I can continue to improve and expand on them. This knowledge paired with my never-ending commitment to you, the students, makes me the best choice for Vice President of Student Services.

The students of NAIT deserve an energetic, driven and hard-working individual to better their needs. I am this person. I will strive for excellence and do everything in my power to provide the best services to students and to listen to your needs so I can act on them. One goal I have if elected is to create a stronger foundation of fellowship and inclusion amongst students, especially those students of Patricia and Souch campuses. I want the voice of NAITSA heard throughout the campuses so students can take advantage of all we have to offer; creating a sense of belonging is what makes our Student's Association unique. Our time at NAIT is fast-paced and full of hard work, but it should also be memorable and fun.

For the 2012 Executive Council elections, I ask for your support. Vote Nash for Student Services to create the memorable



year that you deserve. I will let my actions speak louder than my words.

ENTERTAINMENT

Simple Plan coming to town



CHRISTINE VU
Entertainment Editor

Since releasing their first album *No Pads, No Helmets ... Just Balls* in 2002, French-Canadian pop punk band Simple Plan proves they haven't changed with their fourth studio album, *Get Your Heart On!*

This Valentine's Day, the band that made their smashing debut with their hit "I'm Just a Kid" are back to play in Edmonton at Rexall Place and the band's Chuck Comeau couldn't be more excited.

"I can't figure out what it is but there is something different here. It feels comfortable. It feels like we are with people that are cool and mellow and nice," says Comeau of touring in Canada. "Every time we tour in Canada we have a great time. We always make a bunch of friends and the fans always welcome us with open arms."

The band has been together for over 10 years and they still enjoy what they do. *Get Your Heart On!* is a testament to that.

"As a band you evolve and you have new influences and you try new things but overall I'd say that this record is going back to our roots," said Comeau. "It has that fast pop punk influence that we grew up with. It's been a fun record to make."

Through the years the band has experimented with different sounds but they were trying something new when they recorded a French as well as a Mandarin version of their single "Jet Lag".

"The French version was a little more natural than the Mandarin version but it was just cool," says Comeau. "We have a lot of fans in Quebec and in France but we had never done it before so we had a nervous feeling about that but in the end I think it came out great and it's actually one of the biggest hits we've ever had in France and Quebec."

During one of their most recent trips to China they met a singer named Kelly Cha. After hearing their French version of "Jet Lag," she suggested a duet with her singing in Mandarin.

"We said 'you know what? Let's give it a shot,'" says Comeau. "It's our way of showing we're open to different cultures and I think it's something cool that most bands don't get to do, so it was cool to try."

Touring the world has allowed them to learn about different cultures through their fans. The biggest thing Comeau has noticed is how quiet a crowd can be in Japan. As a sign of respect, the crowd stays quiet and takes in every word that the band has to say in between songs. He has experi-

enced the exact opposite from crowds in places like Brazil.

"They are just so crazy and so passionate," says Comeau. "They'll jump on you, they'll scream throughout the whole concert. It's just a different culture but we appreciate all of it."

Of all the experiences that the band has shared, touring the world is one of Comeau's favourite aspects of being in the business.

"It's always exciting to see your music has traveled this far. They all love your songs and they all

want to come to your concerts," Comeau said. "It's hard to explain how amazing that feels and I think it's something that we are all proud of."

As always, Simple Plan has a great show planned for their fans but Comeau exclusively told the *Nugget*, Edmonton fans can have something extra special to look forward to this time around.

"Let me tell you, we will definitely come up with something because we're gonna have to do something special about that," Comeau says with a laugh, "Maybe a few girls will get lucky we'll see."



fanpop.com

Simple Plan

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Horace Porridge a perfect fit



ANNIKA NOTTVEIT
Assistant Entertainment Editor

First of all, the Horace Porridge play has nothing to do with porridge, the food. To clear a common misconception up right away, Horace Porridge is the play's main character's name. *Horace Porridge Goes to Work* is an independent theatre production.

Graduates of the University of Alberta's drama program, Jake Prins and Katie Hudson

started Blue Sky Theatre Emporium. The company is putting on their first-ever production called *Horace Porridge Goes to Work*.

Prins wrote the play while Hudson directed it. They both produce. The idea for the play started last August. Rehearsals started in January. Prins and Hudson chose the actors so they could ensure that each fit his or her role.

"Jake had a certain idea of what people he wanted to play the roles. There were no auditions held," Hudson explains. "I didn't know everyone off the start. I would go to shows and approach people after to star in Horace Porridge Play."

A lot of thought went into choosing the actor to play the main character.

"Will Mitchell plays Horace. He's great to work with. We went to school with him," says Hudson.

"Horace is somebody that we might be tempted to hate but we also might want to

like. Will is really good for that part. He might be absurd in his ideas but has such likable qualities."

The play takes place in the early 21st century at a successful insurance firm in a Canadian city. Horace is the charismatic boss and life is good for the employees as they are busy due to a lot of car crashes and home and travel insurance purchases. The play is summed up as "The Office meets Conservative Alberta."

Information about the production is on the Indie Go-Go site. You can run a campaign on the site and it is used to raise money. What is neat about the site are the "perks."

The team is offering personalized perks for those who donated. One of the perks is called "Bellow me!" Horace will call out the donor's name at the end of the show. You can claim this perk by simply clicking it on the website.

Tickets are available online as well. There

are other personalized perks. A hand made card from Hudson is also an option as well as getting banana bread delivered to your house by Prins!

"There's always that financial aspect like with everything. You always want to think it through, but I've been very unstressed about it. Jake and I support each other," says Hudson. "We don't want to worry about it and wreck the experience. We take the calculated risk, stick to it and make the best of it."

The first show is Feb. 16, and there will be an opportunity to see it for three days afterwards.

There are many chances to see it at the Living Room Playhouse (11315 106 Ave.). The play is showing during Reading Break, so it's perfect for students. Taking in a local production sounds like a great idea for unique activity.

Tickets are also available through the website, find out for yourself at <http://www.indiegogo.com/Horace-Porridge-Goes-To-Work>.

VIRAL VIDEO

A celebration of hockey

By **AMANDA SCHULTZ**

As we all know, the Super Bowl just came and went and the commercials are usually a fantastic way to kill the time between plays and quarters.

Watching on a Canadian feed we do not get all the great American commercials, although there was one commercial that was flowing around people's Facebook feeds and Twitter. It's a video that gives goosebumps and almost brings you to tears.

Put on by Budweiser, it starts by saying these hockey players were going to be part of a documentary ... but we lied. As the video goes on you see people painting their faces and getting ready, as they if were about to attend a huge hockey game.

Meanwhile, the players are starting their game and there is one guy sitting in the arena reading the paper. Then all of a sudden the doors open and more and more people come in and sit down and start to cheer and fill the arena. The

Budweiser banners fall from the ceiling.

The players are stunned that the game has stopped. The arena fills and the game starts up again and there are fights and goals and celebrating all over the place.

The game goes into overtime and then the one team wins and they are jumping all over each other.

Then all the players start to remember and just embrace all the fans and the greatness of the game. The video is inspiring and emotional,



all it takes to make a great video.

If you missed it during the Super Bowl or are floating around the Internet, then take this link and check the video out, it will not disappoint. <http://www.youtube.com/watch?v=y0qZYqdsYAg>



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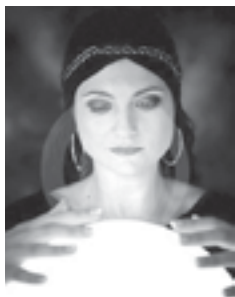
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MADAME O

February 9-15

(Warning: These Nugget horoscopes are not written by an accredited astrologer however, believe them if you like, as they are absolute and unquestionable.)

Aquarius (Jan. 20-Feb. 18)

Someone is irritating you, but you're bigger than this, Aquarius. Bite your tongue and don't be the one to start the feud.

Pisces (Feb. 19-March 20)

This is a week of patience for you, Pisces. You may be feeling lost, but if you wait, things may just start getting back in order.

Aries (March 21-April 19)

Concentrate on the big picture and

nothing else. With your focus and determination you can get whatever is bothering you done.

Taurus (April 20-May 20)

It's time to put that red clown nose on, Taurus! You have been really down lately, so it's time to bring out the comedian and child in you, not only to raise your mood, but those around you as well.

Gemini (May 21-June 21)

When people say 'jump!' You say 'How high?' Try to switch it up and you be the one to give the commands.

Cancer (June 22-July 22)

There is a word that you rarely use, Cancer and the word is "no." Give yourself a break and say no once in a while. The whole world doesn't depend on you taking care of everything.

Leo (July 23-Aug. 22)

The simpler the better. You have been putting lots of time into your appearance lately. Remember Leo, you don't need to.

Virgo (Aug. 23-Sept. 22)

Time to become the centre of attention, Virgo! You have been in the background long enough and if it keeps both-

ering you, then get the courage to stand in the middle.

Libra (Sept. 23-Oct. 22)

Do you have a lot on your mind, Libra? Shake it off by hitting the gym and a lifting some weights. It's a two in one, which helps keep a healthy body and mind.

Scorpio (Oct. 23-Nov. 21)

People know you for your sense of humour, Scorpio. However, there is such a thing called a line. Best not to cross this line because some people don't understand your dry humour and the

last thing you want is to hurt someone's feelings.

Sagittarius (Nov. 22-Dec. 21)

Your inner cheerleader is dying to come out, Sagittarius, and it is time to bring it out. Your friends and family are in need of some support and cheers and it is your duty you cheer them on!

Capricorn (Dec. 22-Jan. 19)

Keep your foot on the gas pedal, Capricorn and don't look back. You are on a high-speed race with time at the moment and if you keep focused, you have the chance to win this race.

Poll clerks needed

Duration: Feb. 16, 2012

Compensation: \$14/hour

- Poll clerks are needed on Feb. 16 from 10 a.m.-2 p.m. for the NAITSA Executive Council election.
- Must have a strong command of English and a complete and clear understanding of the democratic election process.
- All poll clerks must attend a

paid training session on Wednesday, Feb. 15 at 4 p.m. in Room E-129.

- Poll clerks must have a complete understanding of the online voting process and be comfortable providing guidance to students.
- Apply in person at the NAITSA office, E-131 from 9 a.m.-4:30 p.m.

EMA ready for second year

By AMANDA SCHULTZ

For the second year in a row, the Edmonton Music Awards will be acknowledging some of the great talent that Edmonton has to offer.

On April 28, the Edmonton Music Awards (EMA) will be held at the Royal Alberta Museum.

The EMA is a great way for local artists and talent to get exposed, not only at a local level but at the national level as well. Having the awards is great for the Edmonton music scene, because the artists are starting to use them to their advantage.

Artists are saying that they are or have been a nominee of the Edmonton Music Awards, making people turn their heads at the mention. It is unique to Edmonton and is being put on by a local producer by the name of Danny Fournier.

The Edmonton Music Awards was started last year by Fournier and was held at the Haven Social Club.

The EMA began when Fournier and a few other local producers were judging a song writing contest. As they were doing that they were joking around saying that this person could win Edmonton Music Award for best guitar and so on and realized there was a need for the event.

So, as Fournier was driving home, he thought he would go for it, and if all else failed he would make a webpage. A press release was soon sent out and everything snowballed into the event that took place at the Haven social

club last year, and now into its second year.

Fournier has been working as hard as possible to get this year's EMA underway from being interviewed on Breakfast Television to promoting the event through Facebook to trying to get the attention of local radio for promotion.

Fournier is trying to take the Edmonton music scene and make it a big community for all the artists and he feels that the Edmonton Music Awards is helping with that. One of the best things in Fournier's opinion from last year's awards was seeing all the nominees and artists networking and building relationships with each other.

Picked through submission and by the selection committee, Edmonton Association for Recording Selection (E.A.R.S.), the nominees were announced on Feb. 3. Some of the categories up for an award include Album of

the Year, Music Video of the year, Group of the year, Artist to watch and People's Choice award, just to name a few.

Under the Best Album of the Year, the artists that were nominated are Colleen Brown's *Dirt*, Tupelo Honey's *Caught Up In The Excess*, White Lightning's *See It All*, Boogie Patrol's *I Try And I Try And I Don't Know What To Do... The Plan Was Set Some Time Ago*, *And We Must Follow Through*, and Ten Second Epic's *Better Off*.

As well, some of the artists to watch this year are Alice Kos, Livy Jeanne, Shelbi, Dawn In The City, The Burning Streets, The Shake-downs, The Frolics, Van Funk & The LaBarons, One Way Street and The Bridle Party. The nominees are all on the website and there are so many more categories, so go and check them out and see who you would enjoy.

Edmontonmusicawards.com is where you can sign up to become involved and learn more about the awards.

The reason for the awards is really to make the Edmonton Music scene better known and for the artists to become a great big community. Edmonton Music Awards is a great way to find out about new bands and make new friends in Edmonton.

April 28 at the Royal Alberta Museum is the place to check out the Edmonton Music Awards.

With more categories to win in and more artists to get to know about in Edmonton, it is the new event to take the time to check out.

To get tickets, go to yeglive.ca and to get more info go to edmontonmusicawards.com.

It's time for Edmonton to become the newest and biggest Canadian Music culture city.

2012
EDMONTON
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AWARDS



THE NUGGET PRESENTS:

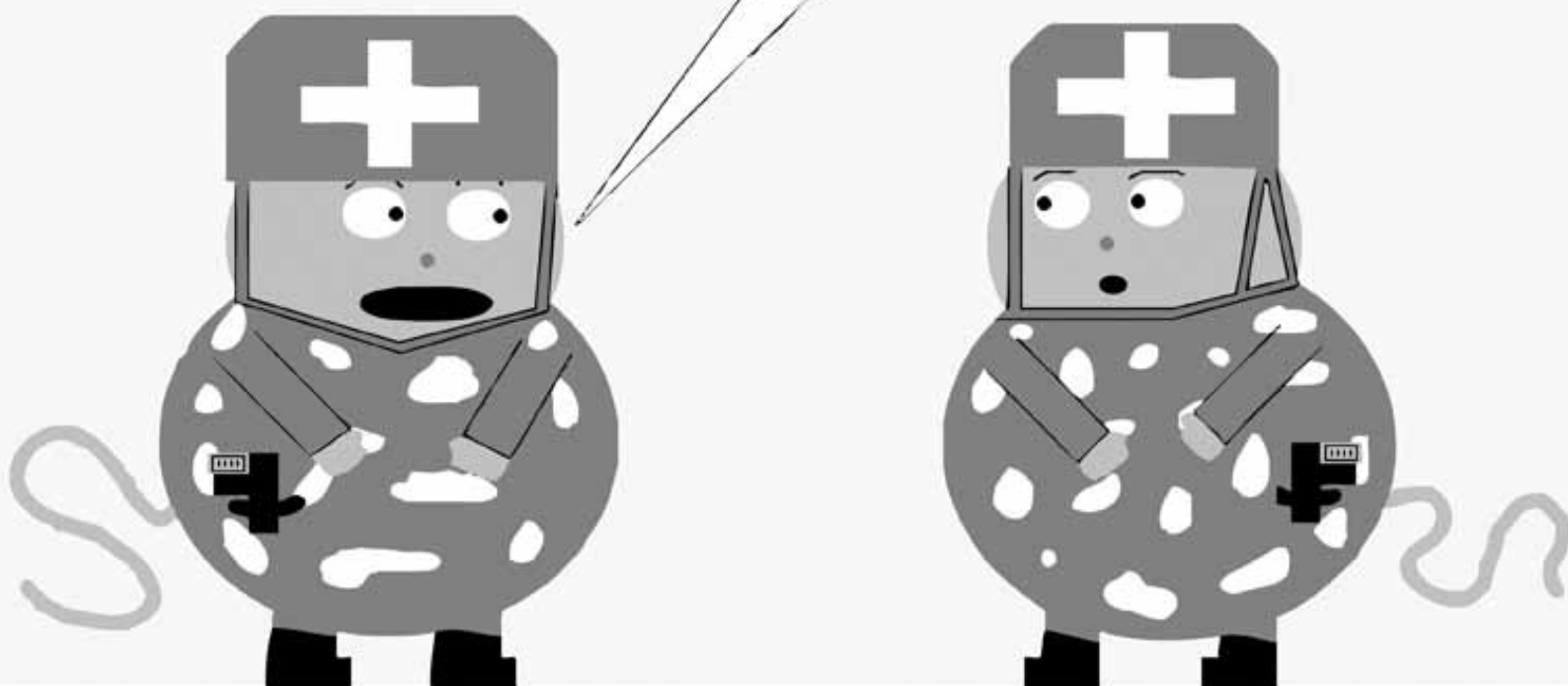
NUGGET COMICS

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I DON'T THINK THE ARMY LIKES US VERY MUCH ESPECIALLY WHEN THEY DRESS US IN FUNNY-LOOKING UNIFORMS AND WEAR HATS WITH CROSSMARKS THAT THE ENEMY CAN AIM FOR!



ARMY DOCTORS J.B.

Cartoon by John Benesch

An unforgettable Blind Date



By LAURA COLLINSON

One of the Citadel's newest shows, *Blind Date*, definitely colours outside the lines of creativity.

After being a part of a production where the storyline revolved around a circus, Rebecca Northan, the star of *Blind Date*, felt that something was missing. That missing piece was what started the successful improv play that has made its way to Edmonton.

"I felt what was missing was a clown, a sexy clown and that's what started it all," Northan explains. "That's how it all started. After thinking about it for a while, we decided to make it into its own production."

The basis of *Blind Date* is a sexy woman named Mimi, who has been stood up on a blind date. Disappointed, but still wanting to have fun, she decides to pull a man out of the crowd up on stage to replace her date. The choice of who she picks is the easiest part.

"Before the play starts we hold a little get together outside of the theatre. We serve drinks and have people mingle. The guy I choose is usually someone who I think 'if I

met them at a party in real life, this would be someone who I'd want to get to know'."

Despite the large crowd showing up every night, not everyone is keen on jumping up on stage.

"I've actually only had one guy who turned it down," she remembers, "and after the play ended he came up to me and said 'I'm going to be kicking myself for not going up there, it looked like a blast.'"

What happens next is nothing short of entertaining. The rest of the entire production is completely up to the actions and desires of the lucky guy who gets pulled up on stage.

"The No. 1 rule I have is whatever he says is right," Northan states, "and we go

along with that."

The production has extras waiting in the sidelines to jump in at any moment for whatever the man says. Along with the extras, a bed, a couch and even a scooter, which has sometimes been used as a pretend police car, are some of the props they have just waiting to be used.

The play has been on the road from Calgary to Toronto and even in New York, but the entire cast is happy to be back in their native country to give the Edmonton audience a show they won't forget. *Blind Date* is playing at the Citadel in the Rice Theatre until Feb. 19.

For tickets to a play you won't forget, visit www.citadeltheatre.com.



Rebecca Northan



Grapevines is a chance to speak your mind. E-mail grapevines@nait.ca or submit online at www.thenuggetonline.com

Hey bowler guy, how can you be all about bowling and have not seen *The Big Lebowski*?!
— Pin head

Hot carpenter in the hallway, I was hoping you and I could set up a special shoot :)
— Video vixen

Dear creepy guy, why are you creepy, dumb, and annoying? One is more than enough.
— Just saying

Starbucks lady, the only thing hotter than your lattes is you!
— Caffeine craving

Walking down the halls, I'm starting to feel more like my grandpa. Seriously, just pull up your pants, already.
— It's called a BELT!

CONwisDOM: I bet I could show you a move or two!!
— Back street wise

Girl in the thigh highs in the RTA building, please wear them again, and every day of my life. HOT! HOT!! HOT!!!
— Shoe fetish

Guy in the toque, your hat would be way more adorable if I weren't so distracted by your 10,000 watt stare.
— Deer in your headlights

Hey Jersey boy! The missing tooth adds to your authenticity.
— Sports Illustrated

Has anyone noticed how there are more Lululemon pants walking through these halls than in the store? Can't complain :P
— Tight and bright

Hey, guy in the line, would it kill you to pull out your change before you hold up the line? If you haven't noticed, there are like 200 people waiting behind you.
— Time to change

Just cooked my clam chowder in chowder alley. I feel a little sick.
— Bagged lunch

RESTAURANT REVIEW

A top Thai dining experience

By KEVIN TUONG

If you're the type of couple who doesn't like to eat at fancy-shmancy fine dining restaurants for Valentine's, but you still want some good cuisine that isn't a crappy steak house (cause really, cooking your own steak for you and your significant other is tastier and more romantic), then you could give Thai food a shot.

Thai food is spicy, very rich in flavour and there aren't many items that make you go "what is it ... ?" Although I haven't tried many Thai restaurants in Edmonton, I can confidently say that Numchok Wilai is probably one of the good ones.

The interior is small but very well decorated. It definitely looks and feels Thai.

Some restaurants will serve you a specific cuisine, but the restaurant may not be themed to that style of cuisine. Numchok Wilai is Thai themed to the core. There is soft Thai music playing somewhere, your placemats are bamboo and your waiter is dressed to match as well. Altogether, it creates a wonderful dining atmosphere.

Service is quite good overall. Their English isn't the easiest to understand but at least they keep your iced water topped off in case your mouth lights on fire.

Thai food is meant to be shared, so that's

what I and my plus one did. We each picked out an appetizer and a main, then shared.

For our appetizers, we went with Chicken Catay Skewers and Shrimp Spring Rolls. The Chicken Satay was a bit dry, which was disappointing, considering how good the satay sauce was.

The Shrimp Spring Rolls were interesting. Normally I never order spring rolls at restaurants since they're all generic and boring, but just the name alone intrigued me. It's essentially a piece of shrimp that's been straightened out then wrapped in spring roll paper with the tail still sticking out.

At first, it looked like it would be a letdown, but for reasons that I can't quite explain, the flavour was phenomenal. The shrimp was cooked perfectly, it wasn't dry or overcooked, yet the tail ends were crispy enough to eat with ease.

For our mains, I ordered the Chicken Pad Khing, but was shocked to find that it didn't come with rice. The dish itself was delicious, and as Thai food goes, very flavourful as well. So much flavour, in fact, that it was a bit overwhelming without a bit of starch to tone it down.

The other main was a Shrimp Pad Thai, which was splendid. We ordered low spice but the taste was still quite strong and this time not



Photo by Kevin Tuong

overwhelming. The noodles were tender, and had a bit of a chew to them, which was nice.

So why Thai food? Because spicy food is rumoured to positively increase one's libido. Then why Numchok Wilai? Because it's one of those restaurants where you really go for the experience as a whole, rather than just the food, which is good for Valentine's.

The only downside to Numchok Wilai would be the prices. Personally, they're a

bit high for Thai food, especially the plain white rice ... but Numchok Wilai is definitely worth going to for a wonderful Thai dining experience.

Numchok Wilai
10623 124 St.
780-488-7897
www.numchokwilai.ca

★★★★☆

Want to guitar? Here's how to ...

By MIKE JONES

In a land where auto-tune is king, it can be understandably hard to find the place for the real musician. But fake, over-produced, manufactured bubble gum music has a short shelf life and in the end honesty wins out.

Compare the Foo Fighters or Metallica to Milli Vanilli or Boyz II Men. Sure, the latter had a bunch of hits in their time but are they still selling out arenas and stadiums decades after their first album hit the shelves? Rock and roll is timeless and at the heart of every true rock band is the lead guitarist.

At one point or another, every boy and

girl dreams of busting out a guitar solo in front of 15,000 screaming fans.

Well, your days of air guitar in front of the mirror could be limited, because the NAIT Students' Association, along with local musician and instructor Stan Gallant, want to set you off on the path to rock and roll stardom.

NAITSA presents "How to Guitar," the latest in their How To series, which takes place in the NAITrium Monday, March 19, Wednesday, March 21 and Friday, March 23.

"These sessions are an easy way to jump start your lessons," says Gallant, who per-

forms regularly at pubs across the Capital region as Stan the Man from Newfoundland. "It's perfect for anyone who wants to get their foot in the door."

Although this particular course is beginner-based, Gallant has been teaching music for 10 years and currently runs the school of music at the Westend Rock Shop.

No matter what the skill level of the guitarist, Gallant always starts with the basics.

"We always do an introductory stance," he said.

"The goal is for everyone to be able to play simple tunes by the end of (the three-

day course)," said Gallant, who holds a degree in music from Nova Scotia's St. Francis Xavier University.

The course is free but interested future axe-men must pre-register online at nait.ca. Gallant taught a sold-out class of 35-40 people the last time it was held and it is expected to sell out again this year.

You can bring your own guitar or use one of the ones provided by NAITSA. One lucky student will even walk away with a brand new acoustic guitar!

So stop procrastinating! Do you think Zakk Wylde or Slash would sit this one out? Absolutely not! Sign up today!

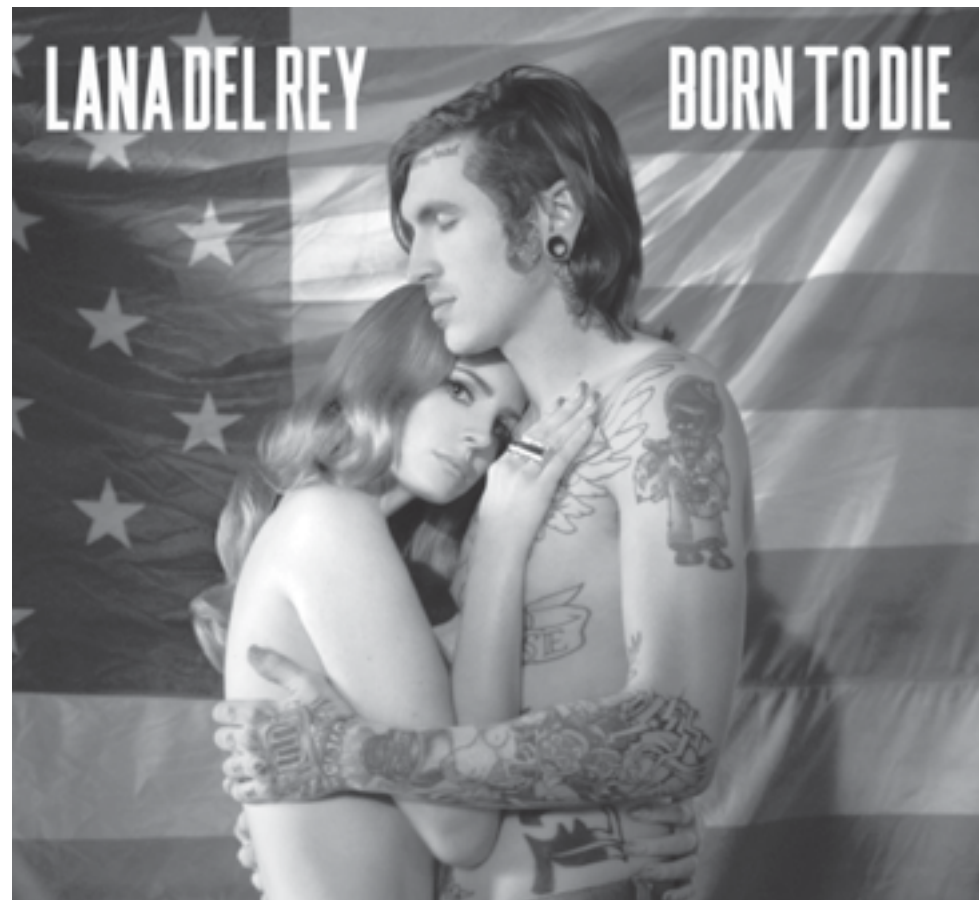
CD REVIEW

Del Rey answers her critics

By STEVEN CRESSWELL

Lana Del Rey is one of the finest, yet most controversial, artists of the century. Hipsters

and bloggers pushed her remarkable song "Video Games" on the Internet, eventually causing the YouTube music video to go viral



with over 25 million views.

Yet, when her overeager fans started to research her, they turned on her viciously. Nothing about their indie sweetheart was as it seemed. Her name had been changed, her back-story was suspicious, her lips weren't all natural, her indie status wasn't exactly true and a botched SNL performance had people questioning if her heavenly voice could even be genuine.

After failing as a singer going by her real name Lizzy Grant, Del Rey completely reinvented herself. She was caught red handed and became the biggest punching bag on the Internet since Rebecca Black.

I question why reinvention is so wrong. Artists like Lady Gaga, Madonna and Rihanna do this for nearly every album they make, without consequence.

Further, I wonder if any of this even matters. What should be important is the album itself, and this album is spectacular. *Born To Die* immediately went No. 1 in 11 countries after being released at the end of January. The hipsters have created a monster and have no power to slow her down now.

Born to Die sounds like nothing on the radio today. It is not a lot of fun and is not trying to be. Del Rey herself describes it as "Hollywood Sadcore." She delivers the classical sounding songs with a smoky and sultry voice. In a modern twist, many of the songs use a rapper in the background. Songs like "Blue

Jeans" and "Million Dollar Man" reach perfection using this style.

In the middle of the album, the music takes a surprisingly pop direction with the catchy "National Anthem," which features a choir, edited vocals, a mechanized beat and crackling fireworks. This detour is enjoyable and keeps things fresh. A few songs later and the sound is back to its original working formula.

The lyrics are a very important element to this album. Del Rey even claims to be a writer first and a singer second. She certainly has a lot to say. Not often will you hear her shouting out random vowel sounds like Katy Perry and Ke\$ha.

The songs are very wordy and often the choruses change halfway through the song like on "Off To The Races." Some songs show surprising depth. "Video Games" for example, appears to be about a man who prefers N64 over her, but under close inspection it is about a woman making sex tapes to impress her man.

What would have been nice was if there was more variety thematically. Half the album is Del Rey singing about being rejected by a man and it becomes humorously (or sadly) obvious she is singing about the same man the whole time.

This music is not for everyone. In fact, I would say it is not for most people. But those who have the patience to enjoy something on the slower side will revel in the timeless beauty *Born To Die* offers.



A Sunday Hangover, anyone?

By MIKE MARSHALL

Ah, Sundays. Perhaps a time of worship and rest for some, for others (and occasionally, yours truly) it is a time of ridiculous guilt and shame and rest from a night of debauchery.

Whatever Sunday might represent to you, to NR92 it represents a time of fine music and the silver-tongued devil that is Sheldon Paul. Yes folks, the maestro of the *Sunday Hangover* is back with the equally quick witted (and much easier on the eyes) Mae Anderson for more Sabbath shenanigans than you can shake a stick at.

The *Nugget* caught up with Sheldon Paul to talk a little bit more about the show.

The Nugget (TN): Well Sheldon, we'll start with the basics. What can somebody

expect from the show if they didn't catch it back in its first season?

Sheldon Paul (SP): Well, we're really focusing on the college students' weekend life, with partying, recovering and going through the classic checklist of "what, or even who did we do last night," and what you're gonna do at the next drink-fest.

TN: What genre of music can we expect?

SP: Fans from the first run remember a lot of classic rock and roll. That will continue, but we'll really open it up to any quartet featuring a good backbone of bass and drums, be it country or reggae or the blues. We're also more than happy to take any requests.



TN: What's new for *Sunday Hangover*?

SP: Obviously the addition of my new co-host Mae Anderson. She'll take over as sort of a duel "Lucky/Chelsea" role from last time. Speaking of Lucky, I hope to have him back for his popular "Letters to Lucky" segment. We may also see a return of "Not So Swell Cinema from Hell".

TN: Who are your broadcasting influences? What makes you the jock that you are?

SP: Well, Steve Zimmerman is up there. Mostly because of his ability to take any story, no matter how in poor taste it may be, and turn it around with a punch-line or limerick at the end. I have to give props to the Wolfman too;

everyone has to clap for the Wolfman, just don't get clap from the Wolfman. I was really influenced by Edmonton area broadcasters.

TN: Any final words for the readers?

SP: Our show is for those with a case of the 26-ounce flu. What we want to get into the minds of the listener is the weekend doesn't end Saturday night, it ends Monday morning. We're the perfect soundtrack to rock out and rejuvenate with.

If you've ever woken up beside a Wookiee from Star Wars, come home from a bender with a tattoo of your ex mother-in-law or even contemplated the necessity of pants, then catch the *Sunday Hangover* every Sunday from 4 to 5 p.m. on NR92.com, the station for the students.

Facebook ready to go public

By JENNY OATWAY

Well it's official. Facebook has taken off and gone public. And no, this doesn't mean that they are going to start selling your pictures and personal information for a profit. Yet.

For the time being, all this means is that Facebook is now a publicly traded company.

What this means for one of your average Facebook users, of which there are 845 million, is not much. Not very many people will actually have the opportunity to purchase stocks. Most of the shares are being reserved for the highest rolling of investors.

Facebook is issuing its IPO, or Initial Public Offering. In other words, it's stock market launch. Investors can now purchase a share

in the company, providing the billion-dollar company with capital to grow in the future. Investors like shares with a well known brand attached to them, so simply because of Facebook's international renown, one could easily presume that shares will sell like hot cakes for that reason alone.

At this point it is unknown whether regular users will ever be given the opportunity to purchase stocks, but it has the potential to be a very smart move on founder Mark Zuckerberg's part. Users will likely be the most enthusiastic about purchasing shares and view ownership of a stock in their favourite website as a badge of

honour.

Facebook's IPO is valued at around \$100 billion dollars at this time, and while there is not an official price for a single stock, estimates are around \$30-\$35. Zuckerberg says the IPO is not about the money, but when his personal shares are estimated around \$28 billion, you have to wonder.

Back in 2004, when Facebook first was first started by Zuckerberg at Harvard University, Internet goliath Google was offering their IPO. At the time, some economists predicted that the company could not grow any larger, and Google's stocks went on to soar 540 per cent, from \$27.6 billion to a

now staggering \$190 billion.

Dr. Anna Beukes, Securities Instructor at NAIT's JR Shaw School of Business, says of Google: "Before they went public, the shares were worth \$80 a share. After the decision to go public, the value of the shares went up to \$400. If Facebook follows the same trend, it would be a smart bet."

Economists are thinking twice about branding Facebook similarly this time around, though. While Facebook also makes most of its money from advertising, growth is slowing due to the fact that one in every seven people in the world now has a Facebook account and many fierce competitors are on the rise, such as Google+, LinkedIn and Twitter.

MOVIE REVIEW

Radcliffe leaves Potter behind

By KEVIN ALLES

February is usually a bad time to go to the movies. Usually all the films vying for an Oscar have already been released at this point. Worse though, is that the movie studios feel the need to release a slew of mediocre romantic comedies to exploit couples' desperate need for a feel-good movie on their obligatory Valentine's Day date.

However, this February seems a little bit different. This month's movie releases read like a list for October rather than February, with movies like *The Inn Keepers*, *Chronicle* and *Ghost Rider: Spirit of Vengeance* all hitting the big screen.

Eerie opening scene

The Woman in Black, Daniel Radcliffe's first post Harry Potter acting role, is the latest film to break the "Rom-Com in February" fad.

After an extremely eerie and equally disturbing opening scene, we're introduced to young lawyer Arthur Kipps, played by Radcliffe. Kipps is tasked with travelling to the northeastern English town of Crythin Gifford, to take care of some paper work for a widower who has recently died.

As Kipps walks into the town for the first time, it's obvious that the townspeople are uneasy about the young lawyer's presence. The villager's anxiousness is later explained, as we discover that the house that Kipps must visit to finish his work is seemingly haunted.

The film's director, James Watkins, has exclusively worked with horror films in the past and his experience shows. The use of environmental effects like shadows and mirrors, to scare the viewer gives the film a very plausible feel.

Watkins succeeded in making the house that Kipps was investigating somewhere that I didn't want to be. Even in the safety of the theatre, I felt the tension and panic that Kipps was

experiencing.

Inevitably, one of the biggest draws of this film is the return of a non-Potter Daniel Radcliffe.

Any concerns that Radcliffe wasn't a dynamic enough actor to pull off anything other than a wizard can be dismissed. His performance is dynamic and believable. Truly emotional and invested moments throughout the film, something that Potter didn't have on the same scale, prove that Radcliffe is the real deal.

At most points throughout the experience, it's impossible to tell that the young ghost-chasing lawyer ever had anything to do with Harry Potter, which is the highest form of praise I can offer Radcliffe.

Despite Radcliffe delivering an entertaining ride, the same can't be said for the pacing of the story.

The middle third of the film features Kipps at the haunted house, trudging through its halls and meticulously checking every room, sometimes multiple times. Unfortunately, this is an aspect of the film that dragged on and was handled poorly. There are numerous times where the tension that Watkins builds up for the viewer simply never pays off.

Too predictable

At one point, there is a noise that has Arthur Kipps convinced there is a ghost in the haunted house's attic but it ended up just being a bird. Moments like these happen far too frequently and they make the middle portion of the movie a little bit of a slog and slightly too predictable.

However, the overall arch, and particularly the end, isn't set in stone. *The Woman in Black*, based on the 1983 Susan Hill novel of the same name, deals with supernatural elements and, barring a strange illogical conclusion a character makes in the film's final act, it does so in an eloquent manner.

If you like the Paranormal Activity series



dreadcentral.com

Daniel Radcliffe in The Woman in Black.

and are looking for your next big scare, this isn't the movie to go see. *The Woman in Black* isn't so much about the story and the sometimes seemingly cheap scares it serves up, but more about the destination and the conclusion of Arthur Kipps' journey.

If you're a Daniel Radcliffe fan, interested

in a relatively intriguing story and are willing to put up with a tedious middle act, *The Woman in Black* wouldn't be a bad night out at the movies.

It's just too bad about those fake scares.



THE NUGGET PRESENTS:

Dr.CONwisDOM



MIKE MARSHALL
AKA Dr. CONwisDOM

Dear Dr. CONwisDOM,
My boyfriend still sleeps with a teddy bear. I wouldn't really care, except he won't put it down ... even to have sex. What should I do about this childish habit?

Signed,
"Being replaced by Paddington"

Dear "Being replaced by Paddington",
Make sure you don't crush his childhood-

like innocence and instead crush his balls. I mean what is he like six? Just tell him it's the bear or the boob and he can only squeeze one. That should send him back to manhood.

Dear Dr.CONwisDOM,
My girlfriend considers herself somewhat of an amateur photographer. She especially likes to take pics of our wild love making sessions. The only problem is, I'm starting to see these pictures on the Internet. How can I stop her paparazzi ways?

Signed,
"The only shutterbug she doesn't have is the clap"

Dear "The only shutterbug she doesn't have is the clap",
I really don't see what he problem is. Now we all get to enjoy your girlfriend! FYI, I happened to see the *Bohemian Auto Mechanic* set and I don't know if the heater was turned down

or what, but you came up looking a little ... short.

Dear Dr.CONwisDOM,
My boyfriend has a two tin a day dip habit. It's the most disgusting thing I've ever seen, especially when he tries to kiss me. How can I get him to spit out the chew for good?

Signed,
"Skoal-apsing any love I have for him"

Dear "Skoal-apsing any love I have for him",
Unfortunately, when it comes to the horse-shoe of Virginia tobaccer, a true Alberta man just ain't gonna give it up for much. I suggest you French kiss him and steal that dip right out of his mouth and then throw a wink at him. He'll marry you that evening.

Dear Dr.CONwisDOM,
My girlfriend wants me to try Hot Yoga.

I'm a little leery, as it sounds like it may take away what little manhood I have left. What should I do?

Signed,
"I hope this gives her a Yogasm"

Dear "I hope this gives her a Yogasm",
I would suggest you don't try any yoga, and instead try to take the oil filter out your girlfriend's Toyota. Your back and arms will get the same workout and you won't have to wear hot pink Lululemon pants. Or you can wear the pants. I don't judge.

- Xxxxxxxx,

Do you have any personal questions that you want to have answered by the good doctor? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

Rate your relationship here



TIMELY TIPS

MARGARET MAREAN NAIT Student Counselling

Valentine's Day is a time we often get warm, glowing images about love and relationships. It is also a great opportunity to evaluate how happy you are with your relationships, romantic and otherwise. People in healthy relationships are willing to work at the relationship. They give without keeping score, have a strong sense of commitment to their partner,

communicate openly, express affection, can compromise without losing their individuality, and are sensitive to each other's needs. Good relationships don't just happen. They take effort.

Every relationship is different, however the following characteristics are present in most good relationships. How does your relationship rate?

- I feel like I can be myself.
- I feel comfortable sharing my feelings with my partner.
- We respect each other's differences (opinions, feelings).
- We can negotiate and compromise when we don't agree.
- We don't hold grudges.
- We can say "I'm sorry."
- We enjoy each other's company.
- We both have an equal say in the relationship.
- We trust each other.
- We are honest with each other.

- We don't take each other for granted.
- Humour and fun are part of our relationship.

- I look forward to seeing my partner.
- My relationship brings out the best in me.

In most relationships there is a "honeymoon" phase where everything seems wonderful. Getting into a serious relationship too quickly can blind you from potential problems.

If you are staying in a relationship because you think your partner "has potential", will change, or you don't want to be without a boyfriend/girlfriend, re-evaluate. By staying with your partner you are actually reinforcing the negative behaviors. Are any of these warning signs occurring in your relationship?

- I have felt pressured to do things that I find uncomfortable.
- I have been threatened.
- I feel controlled in this relationship.
- My partner is very jealous.
- My partner does not respect me.

- We often shout or yell when we disagree.
- I often feel put down by my partner.
- My partner tries to isolate me.
- I feel like I am losing my identity in this relationship.

- I am dependent on my partner to make me feel good about myself.

- I stay in this relationship just because I don't want to be alone.

No relationship is perfect. Discuss with your partner how your relationship can improve for both of you. And if your partner is abusive, controlling or disrespectful get out now. Relationships should be one of the most rewarding parts of your life – you deserve to be choosy.

Unsure about your relationship? Want to learn more about improving your communication? See a counsellor for this or any other academic or personal concern. Appointments can be made in person at Student Counselling, Room W-111PB, HP Centre; phone 780.378.6133.

Lots of hair to raise lots of dollars

By JACOB McKAY

The Hair Massacre took place Feb. 3 at West Edmonton Mall. Over 2,000 people helped to raise over \$1.1 million in the last month. But the Hair Massacre doesn't just stop there and pick up next year.

They run fundraisers throughout the year to raise money for the Stollery Children's Hospital Foundation, the Make-A-Wish Foundation and Ronald McDonald House.

In recent years, one man has happily and whole-heartedly donated his time to help this cause. Moe Duval has taken pride in 'pink-ing' his hair for four years now, raising over

\$44,000. He has raised \$10,300 this year alone.

With all that money raised, Duval is extremely happy but still wants to do more.

As you may have seen, McDonalds is selling 'Kali Bears' for donations. What you may not have seen are 19 of the smaller businesses throughout Edmonton that are also taking donations for them. Duval approached these locations and asked if they would like to help and they did.

Gordon and Tammy Macdonald (event co-founders) are good friends with Duval, as well as ambassadors for the Massacre. When they

saw what Duval was doing, they made him a "Fundraising Captain," one of the first to be given the role.

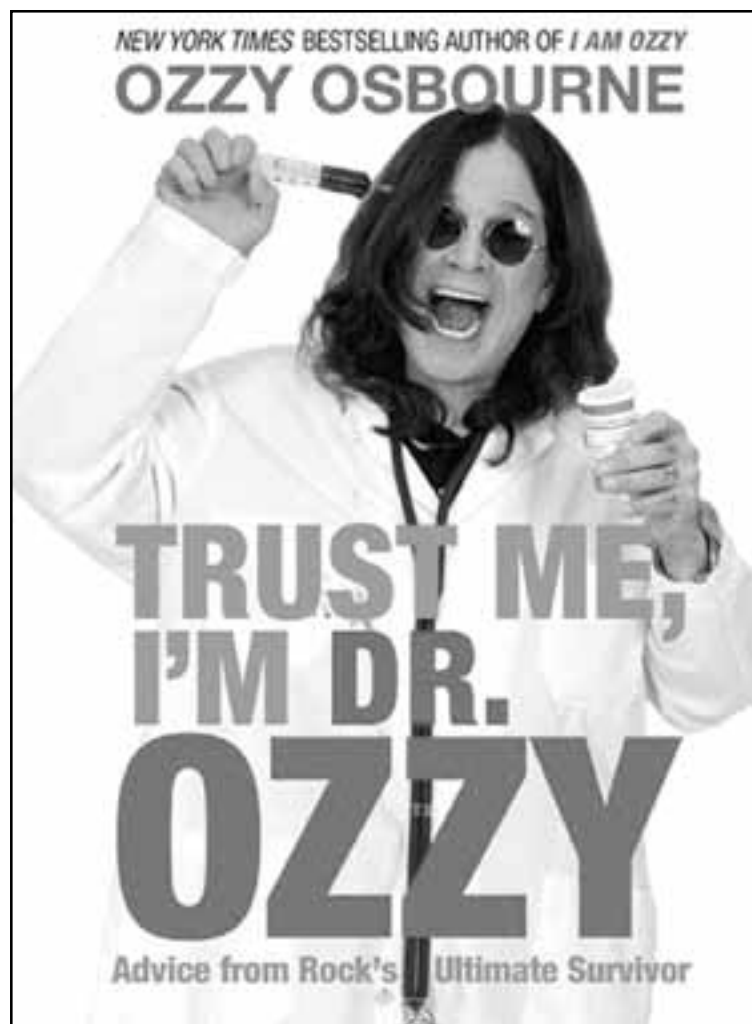
Duval did not take part in the head shave on the 3rd. He is waiting until Feb. 11 to do so at another fundraiser for the Hair Massacre.

Feb. 11 will see a few people trying to help out a good cause in more than a traditional way. Local musicians Tanya Kohlmeyer and Sheldon Smoke have joined him in the cause.

Teaming up with the Good Neighbor Pub and Grill, located at 118 Avenue and 103

Street, the "Pink, Drink or Ink" idea was born. TK and the Honey Badgers will be playing a free show on Saturday where you can temporarily pink your hair (for the night), semi-permanent pink your hair (a month or so), drink pink beer and cocktails, bid on silent auction items, pink your nails and have a great time with great people.

With all the proceeds from this event going to the Hair Massacre, this is a great place to get involved with the charity. Located close to NAIT, it's a good cause, free music, pink drinks and a room full of people looking to aid children with terminal diseases. This will be a fun night of fundraising.



BOOK REVIEW

The doctor is in ...

By BRETT PLAXTON

For Christmas, I got over \$100 to the Chapters book outlet and I had to think of what books I wanted to buy.

I ended up buying nine books and I just finished reading the first of these books, which was called *Trust Me, I'm Dr. Ozzy* by Ozzy Osbourne. This book is a follow-up to his hit selling autobiography, *I Am Ozzy*. You're reading that right, Dr. Ozzy – scary, right?

I first started reading these works when they appeared as a Q and A session in *Rolling Stone* magazine under the title Ask Dr. Ozzy. I later found out he does this column weekly in *The Sunday Times*.

People write to Ozzy asking him different questions, whether they are medical, personal, financial or psychological and Ozzy answers them the best he can. Some of the questions reminded me of something I read right here in the *Nugget*, under the Dr. CONwisDOM section.

The book also includes a bit of

Ozzy's hindsight on the subject before the Q and A is shown. There is even a quiz at the end of each chapter about medical facts and you have to guess which ones happen to be true.

What baffled me was that people were writing to Ozzy Osbourne, the Prince of Darkness, about their troubles.

The guy has taken more drugs and alcohol than is safe or reasonable, survived both a plane crash and a quad accident that could have very easily killed him and has bitten the head off of a real bat.

Even in the book, Ozzy talks about how surprised he was that he was asked to do this weekly article, saying "Are you sure you have the right guy?"

I'm sure you have seen Ozzy before on TV as a mumbling old wreck, but he is sober now and warns people about staying away from drugs and alcohol as they made him such a wreck for over 40 years.

I give Ozzy credit for being able to go

sober and still put on an amazing show. I saw him when he came to Edmonton in December of 2010 and that was one of the greatest shows I have been to.

When people ask him about the best way to grow drugs, he responds by saying "I'm Ozzy Osbourne, not Dr. F%#@#ing Greenthumb," which still makes me laugh every time I read it.

This was another really funny book that I have read lately. Ozzy answers questions very sarcastically and mentions that the person should talk to a real doctor about their problem.

Even on the back of the book, there is a mock medical certificate that states that Ozzy, under no circumstance, should practise medicine or give medical advice and the reader should not follow his advice.

If you're in for a good laugh from either Ozzy or the people that write to him, check it out. There's also a Dr. Ozzy app available for free at the app store!

Nest dazzles with a spaghetti dish

CAMPUS FOOD REVIEW

By KEVIN ALLES

It was seven o'clock on a Thursday night, and after an afternoon of homework, I was starving.

I checked my food stock but I was desperately disappointed to discover I had drained my mac 'n' cheese supply. Once I had finished reeling from this saddening revelation, I came to the conclusion that I had better go and eat somewhere before I collapsed.

I had been to the Nest before, but just for drinks and to hang out, not for a full-fledged meal. With that in mind, I decided to bus my way to NAIT's own restaurant and bar to indulge in a feast. Hopefully something that wasn't tough on the bank account, either.

Going to the Nest all by yourself is almost certainly breaking some sort of unwritten code, but I was prepared to commit treason in pursuit of food. As I staved off the temptation of the \$12 jugs of beer that were on special, I looked at the menu and something caught my eye immediately: spaghetti a la carbonara.

For those of you pasta-challenged, carbonara is an egg-based sauce with a healthy dose of Parmesan cheese mixed in. This dish almost always includes bacon, which made it stand out on the menu right away.

Spaghetti a la carbonara was my favourite dish at home. It was one of mom's specialties. However, I was skeptical to try the Nest's version, as I had been severely let down by this exact same dish at establishments in the past. (I'm looking at you, Boston Pizza.)

I'm getting ahead of myself, though, as I did order an appetizer. I chose the moderately priced vegetable spring rolls to start things off.

For only \$3.50, they were a tasty way to get my taste buds warmed up.

Once I had finished the last spring roll, the main course was put in front of me. It looked delicious and was topped with two small cherry tomatoes. I got the cherry tomatoes out of the way, now it was just me and the delicious-looking mound of pasta.

First things first, the bacon-to-pasta ratio was fantastic. Being a male human, I love bacon. I wasn't disappointed at the quantity of bacon. Every mouthful was a wonderful orchestra of flavours, and the symphony conductor was bacon. The other aspects of the pasta were wonderful as well and I thoroughly enjoyed it.

The one minor gripe I did have with the meal was the garlic toast situation. The menu said "Add Garlic Toast: \$2.95," which was a definite letdown. At \$10.95 for the pasta dish, it should have included garlic toast. I was only charged \$1.50 for the toast on my bill, which lessened the blow but heightened my confusion.

The quality of the garlic toast was also disappointing. It appeared to be regular toast, topped with regular butter and sprinkled with garlic powder. This was the only real disappointing aspect of the evening.

The appetizer spring rolls were fantastic, the root beer was crisp and the pasta was outstanding. My evening's goal had been accomplished, I was satisfied and I didn't spend a whole lot of money, either.

If anyone has the sudden urge for some delicious pasta featuring the delicate flavours of bacon, the Nest's spaghetti carbonara is something that you will enjoy. Just make sure to substitute the Caesar salad for the garlic toast.

n
the nest
restaurant + bar

Rolo cookie heaven

RECIPE

By EMILY FITZPATRICK

Imagine the three best things in junk food combined in to one. Cookies, caramel and chocolate! Put those together and you have the delicious Rolo cookies. For the past three years I have had these made for me on my birthday instead of cake. They are just that good. They are also easy to make and even easier to eat. Give these a try next time you need a sweet treat.

Ingredients:

1 cup butter
1 1/4 cup sugar
1 cup brown sugar
2 eggs
2 teaspoons vanilla extract
3/4 cup cocoa
2 1/4 cup flour
1 teaspoon baking soda
4 packages Rolo's (40)

Directions:

In a large bowl, mix butter, 1 cup of sugar, brown sugar, eggs and vanilla.

In a medium bowl, mix flour, cocoa and

baking soda.

Add to butter mixture.

Roll 1 Tbs cookie dough into a ball; flatten into palm of your hand.

Place 1 Rolo in the centre; bring sides together and roll into ball.

Roll ball in the remaining 1/4 cup white sugar. Bake at 350° for 8-10 minutes.



HOT SINGLE OF THE WEEK

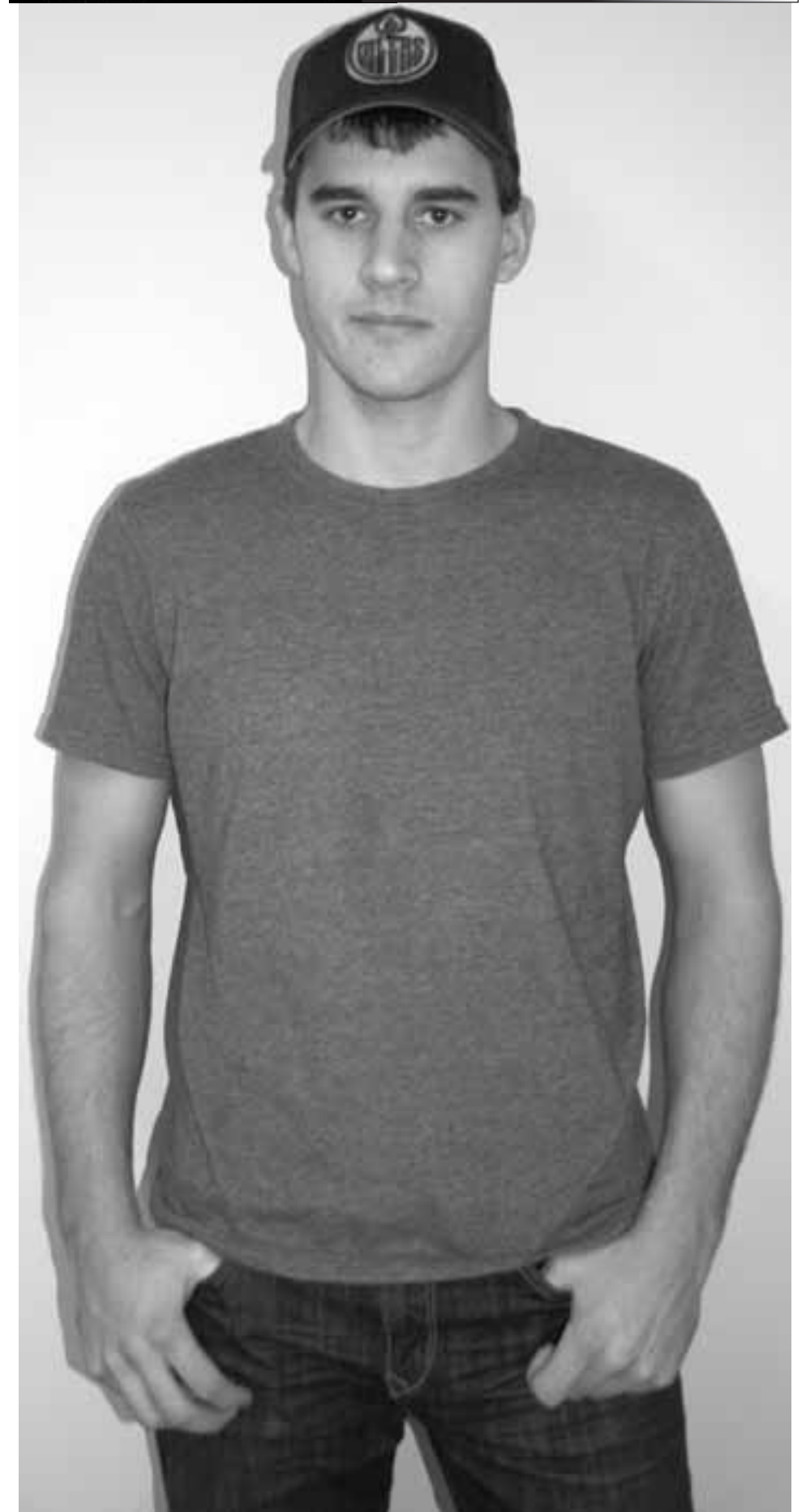


Photo by Meaghan Willis

Andy Kapteyn, 19 Radio

What's your ideal date? – Dinner and a movie. I like to keep it simple, even if it's just at my place.

What's your type? – I'm into very bubbly girls. Blonde, short and cute.

What are your turn-ons? – Jean shorts and yoga pants.

Turn-offs? – Smoking

Favourite place to be? – Driving in my car with my tunes blaring.

What are your hobbies? – Music (listening or playing) and snowboarding.

What is your favourite movie? – Kung-Fu Panda, Sherlock Holmes.

What is your favourite food? – Perogies.

What do you do for fun? – I like to go bowling and play pool with my friends.

Are you hot and single? E-mail us at entertain@nait.ca

TIP OF THE WEEK – FROM NAIT SECURITY SERVICES



Protecting your home

Your home is the most valuable asset you have and it is worth protecting. Here are some tips to help you keep your home safe.

At home

- When in your back yard lock your front door and vice versa.
- When in the home, it is a good idea to keep your doors locked.
- Consider keeping your blinds/curtains closed at night because people can see in.

On vacation

- Arrange to have your mail picked up and consider stopping newspapers.
- Remember to have the grass cut, the leaves raked or the snow removed as

necessary.

- Use timers on a few lamps in rooms where the light will be noticed from outside the house.
- Have a neighbour check both inside and outside the house every few days. Ask them to pick up items delivered while you are away.
- If you have a clearly designated outside parking space (as is the case in many townhouse neighborhoods), ask a neighbor to park their car in your space.

In your yard

- Trim trees and bushes that could conceal burglars, especially around windows

and doors.

- Keep your yard maintained to give the house a lived-in appearance. Cut grass, rake leaves, remove dead branches and debris.
- Install outside lights to brighten dark areas around doors or windows.

In your community

- Get to know your neighbors – residents should become familiar with the routine in their neighborhoods.
- Be aware of strangers and look out for each other.
- Leave keys and emergency phone numbers with a trusted neighbor.
- Keep up appearances – a well-tended

neighborhood is less attractive to criminals and vandals.

- Get involved in crime prevention programs.

– Information obtained from the Edmonton Police Service

If you have information about a crime, contact Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.

Two takes on speed dating

On Feb. 2, NAITSA hosted a speed dating event in the Business Tower. Approximately 50 tables were draped in red cloth. On top sat chocolate, a rose and a candle. Knowing the demographic at NAIT, NAITSA cleverly put up posters at the University of Alberta as well as Grant MacEwan to invite singles to the event. The following are two reflections of the heart – one male and one female.

A guy's perspective

By KEVIN ALBUS

I had a good time talking to a record number of girls. Sam Gagner wasn't the only one breaking records that Thursday night.

You see, me and most other guys that participated in speed dating agree that the hardest part about talking to girls is finding the opportunity to do so. In this case, you knew the next table had a girl that was willing to talk.

I can't speak for the ladies because I'm a male, but I assume it's the same problem with them. They want to talk to a guy but how they're supposed to initiate the conversation is an age old question for both sides.

You only had a time limit of two minutes to ask as many questions as you could and most of us found out how quick or how long those two minutes were. NAITSA had questions prepared in case you showed up with no idea what to ask or if you were all out of questions within a minute, which helped.

My favourite question listed was, "if you had three wishes ...". It's a good question, but I found most girls got halfway through their answers when the time limit was up. I never found out if the third wish was for me to be their Valentine, but I highly doubt they would say it within the first two minutes we've met. I'm sure they wished I wasn't so arrogant.

Like I said before, I had fun and I would recommend this speed dating event to not only people who are looking for someone but for people who want to have a good time talking to someone new. Both people realize why they are there and it's not awkward.

You can learn that you might have something in common with people other than your friends.

Anyways, to all the girls I talked to it was a pleasure and you all are individually interesting. I met some aspiring teachers and girls who wanted to get into health care. Not just because

they wanted to, they told me their reasons why, which enlightened me.

There was one girl who caught my interest within two minutes. I think we were talking about kayaking when the lights got dimmed down and I jokingly said I made it happen on purpose ... Thank you for the linguistic skills that night, Budweiser. I was going to talk to her after, but some faux hawk class A (insert insult) guy was too busy using horrible pickup lines to the point that she left. Well mystery girl, that guy may be without a paddle, because this guy floats on a boat that won't sink ... wow, that was cheesy.

A girl's perspective

By RIANNE McDONALD-ZWICKER

My skeptical opinion of the night got shot down quickly. Everyone I talked to before the night started was friendly and very excited to be at the event, not awkward like I thought.

The ladies participating sat at the tables first. Soon the guys followed. However, with the men more than doubling the number of girls, some gentlemen unfortunately didn't get the chance to partake.

The dates themselves were fun and there was a wide variety of both men and women. I personally got a taste of just about everything, including one guy wearing a cape.

Two minutes was the time allotted to get to know the person and decide if they would make it into your Top 3. The provided questions were redundant, as the Business Tower lounge was booming with all the pairs' conversation.

I found out fast that two minutes was very quick and many seemed to feel the same way. People would just get past the common, "what program are you in?" and "where will that take you?" questions, then were told to switch.

Confusion seemed to set in early on in the night when the guys didn't understand what direction flowed for switching tables. In their defence, the table numbers were quite small.

NAITSA also offered complimentary food and cheap drinks for the evening, which seemed to help everyone relax. The participants all seemed happy with the results of the night and eager to see if they would get an e-mail saying they have a mutual match.

Edmonton Rush tickets were an incentive to



stick around, mingle and maybe work up the courage to talk to that special someone.

A few people stuck around after the Rush draw and proactively pursued the people that piqued their interest. Many were sitting at the tables talking for the rest of the night. Even if not

everyone found someone to spend Valentine's Day with, the night was enjoyable and everyone left smiling.

I myself did not find the love of my life but I did meet some people that made the night that much better.

CLASSIFIED

PUBLIC SERVICE ANNOUNCEMENT

Experience the power of "We"! The Tamaraneh Society for Community Development and Support is hosting their annual dinner fundraiser on Feb. 18 at the Alberta Avenue Community Hall from 6-10 p.m. The fundraiser boasts delicious food by African caterer Weyone Events and recent footage from local projects on site. Entertainment is by Women of Sierra Leone and Melo Divine. Tickets are \$60 each or \$420 for a table of eight.

E-mail info@tamaraneh.org or call Marie at 780 993-1062. All proceeds support clean water and education in Romano Village area, Northern Sierra Leone.



SHELDON HIGGINS

What would be the quickest way to ruin a first date?



"Talking about exes. I went on a first date with this guy one time and that's all he could talk about. I'm still friends with him, but that ruined it dating-wise."

Rachel E. Business



"Going out for really messy food, like chicken wings or ribs. There is no way you can look good eating wings on a first date."

Matt VB
Radio and TV



"Not showing up would be a good start. That would definitely kill it! Or when a guy tries to make a move too soon or if he's just a really sloppy kisser."

Heather V. Business



"Bad hygiene. If the girl has the audacity to show up to a first date with body odour or 'mystery stains' on her, that's a pretty good sign she lacks basic skills to take care of herself and that should be her first priority, not dating."

Steve G. Carpentry



"One time I messed up on a first date. It was Valentine's Day and I wanted to make a good impression so I bought her flowers, chocolates, a teddy bear. Way over the top for a first date. She didn't call back."

Lee B. Wastewater Technician

GAME REVIEW

Rayman: Origins – instant classic

By KEVIN ALLES

The Rayman series is a peculiar beast. Rewind back to 1995 for a second. If you look beneath the pile of monumental gaming landmarks, that year was filled with the release of the Sony Playstation and games like *Chrono Trigger* and *Warcraft II* – you'll find Ubisoft's original *Rayman* somewhere near the bottom.

It didn't stay near the bottom for long though, as the 2D platformer's unique visual style, impressive animation and catchy soundtrack slowly started to make an impact both on gamers and on the distributors, selling a respectable 900,000 copies in two years. Who knew a dude without legs and arms could have such a big impact?

Fast-forward to present day and you'll find that Rayman has fallen into a bit of a funk. The mini-game focused *Raving Rabids* games, direct Rayman spinoffs, have overtaken the popularity of its source material. While I enjoyed the first *Rabids* game, Ubisoft's annualization of the hyperactive and unharmonious rabbits grew mediocre and tedious, fast.

Rayman: Origins is the first proper non-Rabid Rayman game in over eight years. Like the title suggests, Ubisoft was aiming to bring the franchise back to its roots. As a massive fan of platformers, and after seeing the game's hand-painted art style from screen shots before the game's release, I was hoping for the best. Fortunately for me, and anyone who likes fun, Ubisoft did not disappoint.

Rayman's latest outing doesn't do anything

revolutionary when it comes to game formula. It's a 2D platformer that follows traditional fare, with a series of different environmentally-themed worlds (Ice, Fire, Water, Jungle, etc.) with collectables, secrets and bosses.

The controls are as good as a platformer can get and the level design does a fantastic job of pushing you along the path towards your goal. The combination of nanometer-accurate controls and silky smooth level structure result in a flow that Ryan Smyth's hair would be jealous of.

While the format is traditional, the tone of the game is most definitely not. From the art, to the jump animations, to the borderline non-existent plot, everything is over the top and exaggerated.

We're often saturated with realistic and gritty settings with grey colour pallets in games, so a game with a tone and style like Rayman's is more than welcome in my eyes.

The amount of various game play elements that the Ubisoft Montpellier team crammed into *Origins* is what makes it easily playable for hours on end. Just when a level, world or enemy type begins to wear thin, a new one emerges, totally resetting the enjoyability gauge.

To break up the standard left to right running and jumping, a huge emphasis has been

put on collectibles. Herein lies the secret to the game's longevity.

While you can run through the game by just completing the levels, it also encourages you to be diligent in collecting by rewarding you with unlockable characters, bonus levels, achievements and alternative story hooks. Completing levels as fast as you can when you activate a stage's "time trial mode" offers similar incentives as well.



justpushstart.com

The amalgamation of incentivized collecting and the time trial mode is perfect. It encourages the player to retrospectively back-track, but does not force the player to do so.

While the design elements and variety make the game exceptional on their own, *Rayman: Origins'* real achievement is in the way it presents itself.

The first thing that you'll notice when you load up the first level is the gorgeous art style. The backgrounds and characters look like they were ripped straight out of a Saturday morning cartoon and it looks even better when things start moving.

Everything is crisp and clean. No jaggies, no clipping and nothing that will visually bore you. The character designs are original and over the top, with each playable character using different ridiculous animations to jump, crouch, shoot and die.

I'd recommend that you slow down and

take all of the eye-candy in, but you'll be too busy jumping on giant monster's warts and using bratwursts as trampolines to notice it all.

By nature, the game defaults to being a bit challenging. It only increases from there, especially if you choose to snag the collectables and race against the clock in the later levels.

You can essentially make *Rayman* as hard as you want it to be, which makes the game accessible to a large audience. I'm not claiming that my mom will pick this up and breeze through the levels like nothing but anyone who's competent with a controller should do fine.

One of the coolest things about *Rayman* though, is that you can play through the entire game locally with up to three of your buds. Co-operative game modes make anything better, and the hilarity that ensues on-screen when four people are flying across a chasm using a monk's beard as a rope is most definitely worth the hassle to round up your friends.

When everything works how it's supposed to, and game mechanics like camera, controls, bugs or poor level design don't get in the way, it's hard to stop playing. Add an astoundingly unique visual style, a challenge-level that's just right and a drop-in and drop-out co-operative mode that enhances the gameplay even further, and you have an instant classic.

Now excuse me, I must get back to *Rayman*. Those monster warts aren't going to pop themselves.





your voice, your vote

EXECUTIVE COUNCIL ELECTION 2012

**VOTE ONLINE AT NAITSA.CA/ELECTIONS
FEBRUARY 10 - FEBRUARY 16**

POLL STATIONS OPEN FEBRUARY 16 ONLY, 10AM - 2PM

Poll Station Locations

- South lobby kiosk
- HP Center
- Outside NAITSA Office (E-131)
- Annex (1st floor)
- Outside the bookstore
- U Hallway (near Fresh Express)
- South Campus
- Patricia Campus

Check the February 9 issue of the Nugget for candidate pictures and articles, and watch for nominees campaigning across campus between February 1 - February 6.



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experience • **n.** 1 actual observ. acquaintance with facts or even skill resulting from this. **3 a** an affecting one (an unpleasant exper. process of being so affected (learn the events that have taken place edge of an individual, a communi. experience). • **vt** 1 have experience or be affected by (an emotion etc.)

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Paul Campeau, BMgt '04
Partner, Henderson Campeau LLP



Achieve success on your own terms.

Alumnus Paul Campeau represents a new breed of accountant.

After graduating from Red Deer College with a business administration diploma, Paul Campeau applied to the University of Lethbridge to complete his management degree with a focus on accounting.

Campeau graduated from the U of L in 2004 and began working on his Chartered Accountant (CA) designation while articling at Deloitte & Touche LLP in Edmonton.

Two years later, with a CA designation under his belt, Paul travelled to Bermuda and Amsterdam, gaining valuable work experience in his field.

When he returned to Alberta, Campeau and his future business partner Will Henderson began laying the groundwork for an opportunity to control their own destinies; their accounting firm, Henderson Campeau LLP.

Campeau and Henderson are living life and succeeding on their own terms, balancing hard work, reliability, trust and excellent service with a passion for fun and determination to savour every moment.

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