

THE NUGGET

Thursday, January 26, 2012
Volume 49, Issue 17



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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA



Photos by Laura Dettling

HOW HIGH CAN YOU GO?

EMT student Leighton Daciuk tries out the new AquaClimb wall at the NAIT pool. The seven-metre model (see inset) is the first to be mounted anywhere in North America. Students climb as high as they can and then fall back into the deep end of the pool.

NAIT tuition a good deal

Among lowest in province,
says VP – story page 2

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\$3.99 mixtape: Page 15



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NEWS & FEATURES

Students see the numbers

By ALI MAGEE

Tuition rates for NAIT students are among the lowest for post-secondary students in Alberta, according to information

presented by administrators to a student Senate meeting last week.

President and CEO Dr. Glenn Feltham and Dr. Ray Block,

VP administration and chief financial officer, gave a slide show presenting budget information and afterward answered questions from the student senators.

One slide in particular was of interest for NAIT students. The slide displayed the average tuition cost for students at most of the post-secondary schools in Alberta.

NAIT was at the top of the graph, which showed NAIT had the lowest average cost per student of the schools listed. King's University College rounded the bottom of the graph with tuition costs nearly double those paid at NAIT.

Last year, NAIT saw an increase in tuition of .035 per cent. This September, that number will rise to 1.45 per cent.

Translated into money, this means the average full time day program will see an increase of about \$54. The largest dollar increase will be in the Occupational Health and Safety Program where fees will be raised by \$126.

Balanced budget in 2012-13

Based on these increases, the budget will be balanced for the 2012-2013 year.

If a budget deficit looms for 2013-14, Feltham and Block don't feel that increasing tuition fees will be the optimal way to make the money. Instead, they would look at more creative ways to make money, such as possibly designating bigger class sizes where applicable.

However, they would take into consideration that some classes require small class sizes to be successful; small classes are a big factor in why NAIT grads do so well.

Another topic covered was the non-negotiable athletics fee that NAIT introduced last fall.

Every student paid this fee but many were unhappy because they either didn't use NAIT athletic facilities or did not think the facilities were up to par.

Right now, the fee is still mandatory, but Feltham and Block are looking into modifying the fee for those students doing online course work or for part-time students.

Fielded questions

After the presentation, Feltham and Block took questions from the senators. The two were not put on the spot for long and were able to answer most questions with ease.

"I was expecting a lot of politician-type runaround answers, but Feltham and Block really didn't have much to defend. It's reassuring to know that students won't be paying much higher tuition next year," said Senator Chelsea Bird, who for the most part was pleased with the outcome of the presentation.

"I wish that more could be done about the athletics fee. I know that a lot of students don't take advantage of it," Bird said. "I'm just hoping for the future that NAIT's creative way of making money isn't from surprise charges like that one."

Aside from the presentation, which took up the majority of the meeting, the Senate also created a group of five senators who will sit on an elections committee in case there are appeals or discrepancies in the upcoming executive council elections.

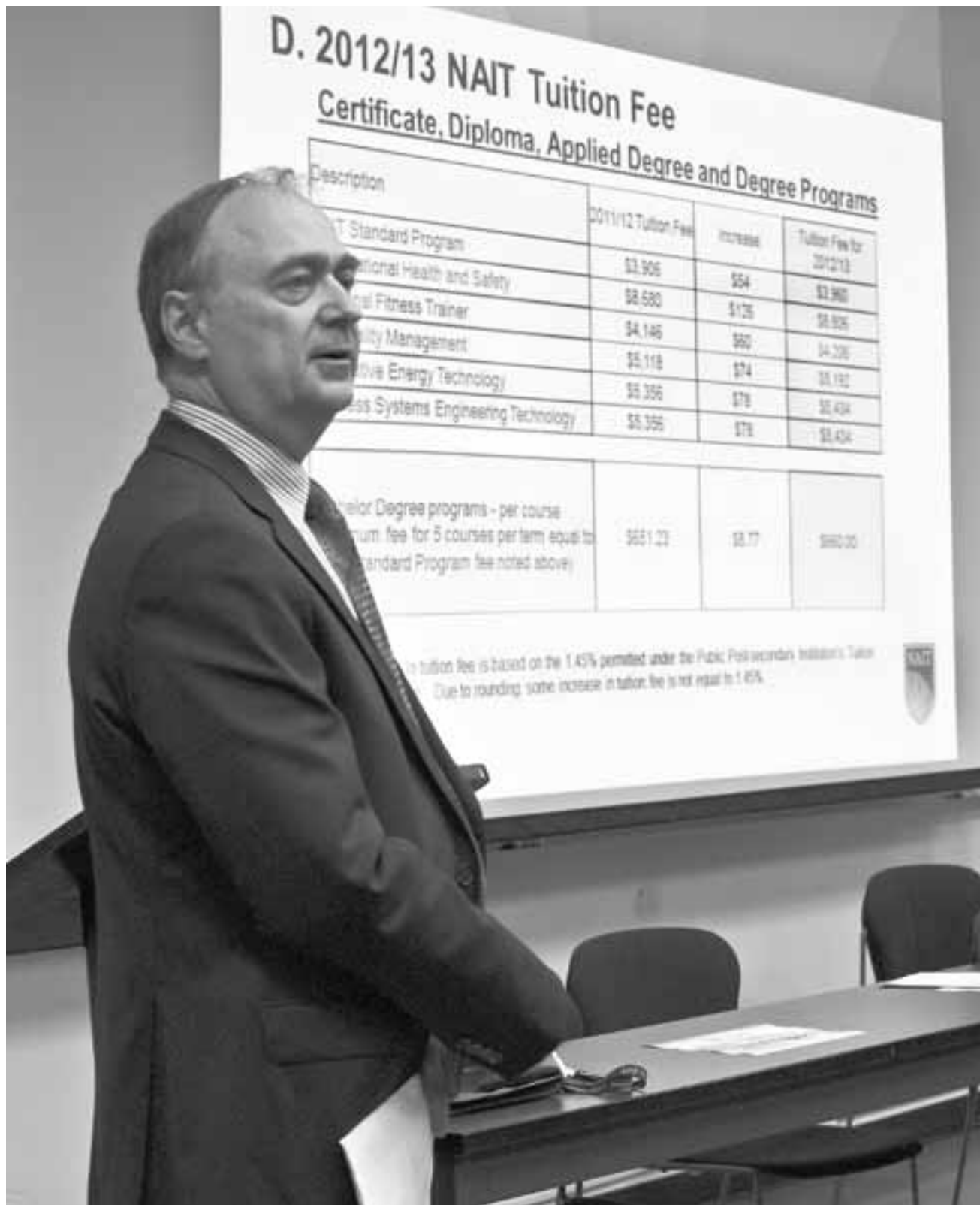


Photo by Jesus Portillo

Dr. Ray Block, NAIT VP administration, speaks to student senators last Wednesday about tuition fees. Dr. Block and NAIT president Dr. Glenn Feltham answered questions following the presentation.



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Money missing at U of A

By APRIL HUDSON
The Gateway
(University of Alberta)

EDMONTON (CUP) – A student embezzled more than \$27,000 from an association at the University of Alberta, according to a statement released Jan. 23 to Faculty of Business students.

In their statement, the Business Students' Association (BSA) revealed that \$27,745 was stolen from a BSA bank account over the course of the summer, a fact which the association became aware of in August 2011.

When asked, the BSA said they could not comment on the investigation or the identity of the student, but BSA president Kimberley Menard said that the association is working with the Students' Union (SU) to ensure that this does not happen to any other clubs in the future.

"Our internal controls are pretty tight already," Menard said. "We're just making sure that if an error is made in the future, we're able to catch it sooner."

The BSA statement said the student in question acted alone, although all transactions are supposed to require two authorized signatures. Menard was unable to elaborate on how the student was able to act on their own, although their statement indicated it was due to a bank error.

Students' Union vice-president academic Emerson Csorba confirmed that the SU and the BSA have been working together with the Office of the Dean of Students to investigate the issue.

"We've been doing a lot of investigating over the last few months, just in terms of looking at the financial procedures of the BSA," Csorba said.

"The BSA has been handling this well over the last few months, and we've been working with the dean of students to make sure something like this doesn't happen again, and at the same time that something like this can't happen to other faculty organizations."

According to Csorba, the SU learned about the embezzlement in early December.

"I wouldn't say that the BSA kept this to them-



Photo illustration by Ryan Bromsgrove/The Gateway

selves," Csorba said. "When something like this happens, it can be a bit startling just because of the magnitude. But we've had a pretty good relationship in terms of working with them – I'd say that [our] relationship is characterized by trust."

Csorba added that the issue has remained confidential until recently because the student had launched an appeal regarding a Code of Student Behaviour charge.

Although she couldn't comment on the specifics of the case, Deborah Eerkes, the university's discipline officer, clarified that in cases of theft or embezzlement, an appeal could be launched once it's determined that the student violated the Code of Student Behaviour. The appeal board would read over the case and come to a final and binding decision.

"There would be all kinds of things to take into account, like how much was stolen, whether the student was already involved in paying it back," Eerkes said.

"The range of sanctions [begins with] restitu-

tion, but also [includes] things like a conduct probation, or various levels of suspension. Expulsion would be the worst that could happen."

Elaine Geddes, associate dean for the School of Business undergraduate program, stressed that the individuals involved in the investigation are obligated not to provide any information about the student in question.

"People are criticizing the BSA for not identifying this person," Geddes said, adding that under the Freedom of Information and Protection of Privacy Act, the Code of Student Behaviour, and other university regulations, the BSA is not permitted to do so.

In their official statement, the BSA wrote that the embezzlement was made possible because of a bank error in setting up ATM privileges when the signing authorities were changed for the 2011-12 year.

Geddes added that the BSA has rules in place that should have prevented this from happening.

More than half the stolen money has been recovered, but Geddes could not provide a precise amount.



Tips for cold weather driving

By CHELSEA BIRD

It took until Jan. 16, but Edmonton was definitely hit with some extreme winter weather last week.

With temperatures far below -30 C and wind chills making it feel like -40, it's laughable that in some places around the world, temperatures just below zero are "cold," and plugging in a vehicle is a foreign concept.

So what can Edmontonians take away from these extreme cold temperatures besides bragging rights of how they endured it? Well, we can all learn how to deal with it better next time it hits (and it certainly will) and make sure we refresh what we already know about dealing with old man winter.

With parking lots packed full all around campus, it would appear that a large portion of the student body drive to school and own a vehicle. It's common knowledge to plug in your vehicle when it's sitting for a little while. If you don't have a block heater in your vehicle – now is the time to get one.

When you plug in your vehicle, you're plugging in the block heater, making sure that your oil doesn't freeze. Without a block heater, if your vehicle freezes and won't start, your option is only to wait

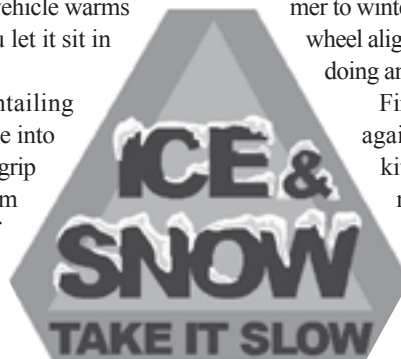
until the weather warms up.

Now, when you let your vehicle warm up, it's tempting to let it run for 20 minutes so it's nice and toasty when you hop in. However, just like your battery charges as you drive, your vehicle warms up better when you put a load on the engine. This means that as you drive, your vehicle warms up better and faster than if you let it sit in the driveway and warm up.

If you aren't a fan of fishtailing down the road, put your vehicle into 4x4 if you can. It will help you grip the road better when starting from a stop and adds a feeling of security when you can't see the road under a thick layer of snow and ice.

Another necessity of winter driving in Edmonton is winter tires. No, they don't tend to run cheap, but neither does an accident that could be prevented by having the right tires.

Winter tires have different tread patterns than summer/normal tires and are made with a different rubber composition that doesn't freeze easily.



All right, sounds good, but what difference do they really make?

Well because they don't freeze easily they won't turn into slippery hockey pucks on the road. Having two sets of tires is a good idea in a city with weather like this. Plus, getting your tires changed from summer to winter is a perfect opportunity to get a wheel alignment – something you should be doing anyway.

Finally when the weather gets bad again, make sure you have a safety kit in the vehicle. You may never need anything in it but if something does happen, you'll wish you were prepared.

Always make sure you have a window scraper, jumper cables, windshield washer fluid, a jack, a small shovel, extra winter clothing and boots (ladies do you really want to try to push your car while wearing heels?).

Finally if you don't have your car fully stocked with supplies, make sure you have your phone charged so you can at least call for help if it's ever needed. Drive safely!



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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

Jobs on display at Career Fair

By MATT INGLIS

Whether you were after free pens and candy, a part-time job or a life-long career, this year's Career Fair had something for everyone.

Spread across the gym, North Lobby and South lobby, there were over 100 businesses, companies and corporations looking to recruit both students and grads into their workforce. Running from 9:30 a.m. until 3 p.m., students and staff at NAIT had plenty of time to check out what all the employers had to offer.

A few newcomers

Many of the booths represented companies that have a long-lasting relationship with NAIT and its student population, but there were a few newcomers this year, including Go Auto, who had a Smart car on display in the South Lobby.

The Go Auto booth was set up to recruit students from a variety of NAIT programs, including mechanics, finance, business and people who were interested in a career in sales.

One of the busiest of all the booths in the gym belonged to Stantec, a diverse multinational company with a big interest in NAIT graduates. Stantec's global reach offers a variety of employment opportunities right out of school, for anything from architects and interior designers to engineers and environmental specialists.

Cenovus popular

Foot traffic in the gym was attracted by another one of NAIT's proud partners, Cenovus energy.

Specializing in Canada's rich oilfield, there is a place with Cenovus for anyone in NAIT's engineering programs. From geomatic to petro-chemical, Cenovus offers graduates full-time jobs with full benefits



Photo by Laura Dettling

A Stantec representative answers students' question at NAIT's annual Career Fair, held last Tuesday.

straight out of the gate.

The Career Fair wasn't all about landing a job for life, either. Spread out among the mass of potential employers were booths for companies such as TELUS, Servus Credit Union and the Bank of Montreal, offering part-time employment for all those students out there who just want a little bit of extra cash.

In the spirit of future employment,

NAIT's Human Resources Department offered a free resume consultation to give job hunters a chance to bring in their current resumes and cover letters to be critiqued, admired and updated.

Event staff and volunteers had their hands full, but Jody Fath, stewardship co-ordinator for the NAIT events committee, was pleased with how the day went and the

amount of participation by both employers and students.

This year's Career Fair saw 117 different booths set up, a big increase from last year's 85.

If you missed the Career Fair this time around, keep your eyes open next winter, as NAIT hosts the event each year towards the end of January.

Moodle set to replace WebCT

By TAYLOR JACKSON

NAIT says goodbye to WebCT as Moodle squirms its way into students' daily computers.

WebCT (Course Tools) or Blackboard Learning system is an online learning network the NAIT adopted some years ago. This program allows students to access assignments, do online quizzes, read class notes and even take their final exam.

Simply by using a NAIT portal username and password, students are introduced to an easy way of staying attached to school via computer. Students are able to manage their own content and save documents or schoolwork on WebCT instead of using the hassle of e-mail or carrying around a flash drive.

Taking midterms, tests and getting assignments from the web seems to be the simplest way to incorporate technology in student's everyday studies. However, complaints, issues and money are turning the thought of WebCT from a valid idea into a difficult one.

Supposedly it's to help teachers post accessible assignments for students, but it looks to be a more difficult process as teachers cannot update these assignments or change assessments.

Perry Thomas is an editing instructor in NAIT's Radio and Television Arts program. He shares his own experience of WebCT being frustrating and time consuming.

"WebCT doesn't allow you to update the grade columns, so you have to change the whole thing," said Thomas. "Basically, once you put an assignment in, you can't change it."

We all know that final drafts take time and mistakes are made, and by WebCT not allowing changes to be made in a quick manner on posted assignments, perfection can't be expected.

Students have had their fair share of frustration with the site, as traffic and pop-ups on the site turn the loading of documents and assignments into a way of testing patience.

WebCT's lack of sophistication and upgrades hasn't improved like other software programs such as Moodle. Unlike WebCT, which requires NAIT to pay a licence fee



for the use of their network, Moodle, also known as Learning Management System, is free open-source software with many improvements and organization.

Differences between these two programs also include WebCT being a folder and file-based network, requiring many pages to be open and tough navigation to find past assignments. On the other hand, Moodle is module based having notes and exams together in one easily found click of a button application.

The module is placed in a timeline like order making it easier, accessible and organized with yesterday's, today's and tomorrow's assignments right in front of your eyes.

At the end of this semester in April, NAIT is saying goodbye to paying fees for the use of WebCT and hello to the proven, more organized software of Moodle.

Students should start saving their documents somewhere other than WebCT as their files will be lost in four short months.



CLUBS

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What's Going on Around Campus...

WHO Anime/TCG
WHAT Weekly Meeting
WHEN Thursdays; 4:15pm - 6:10pm
WHERE WC316

WHO Christian Club
WHAT Weekly Meeting
WHEN Wednesdays; 12:15pm - 1:10pm
WHERE E201

WHO Gamers of Dungeons & Dragons
WHAT Weekly Meeting
WHEN Fridays; 4:30pm - 9:00pm
WHERE WC312

WHO Latter-Day Saints Student Association
WHAT Weekly Meeting
WHEN Thursdays; 11:15am - 12:10pm and 12:15pm - 1:10pm
WHERE J006

WHO Muslim Students Association
WHAT Weekly Prayer
WHEN Fridays; 12:15pm - 1:10pm
WHERE J111

WHO Business Connex
WHAT Beer Garden
WHEN Feb 10, 2012; 3:00pm
WHERE Business Tower Lounge (8th floor)

CHECK OUT CLUBS AT NAITSA.CA/CLUBS OR CALL 780-471-8457



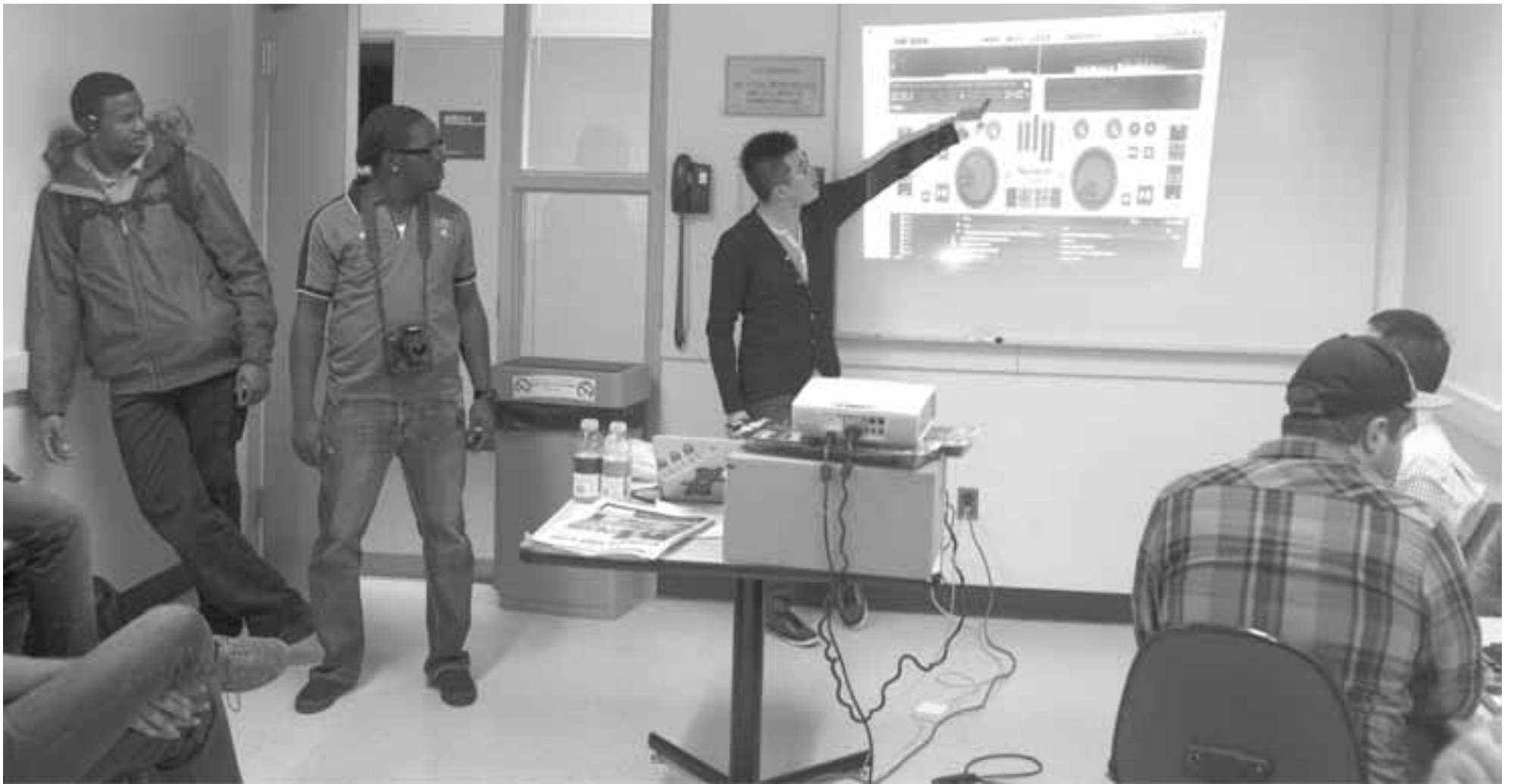


Photo by StephanieTostowaryk

HOW IT'S DONE

DJ Mikey Wong explains the fundamentals of DJing Monday to NAIT students at the NAITSA sponsored "How To ..." series.

Lego competition inspires kids

By ADAM BRILZ

Back in the day, kids were proud of building a little house with their Lego bricks. Well, First Robotics Canada and the Alberta Youth Robotics Society has inspired children to make even more extraordinary inventions with these same bricks.

The First Lego League had its annual competition on Saturday at NAIT, with kids from the ages of nine to 14 making robots to compete in a technical battle. These students use the Mindstorm technology, made by Lego, programming their machines to perform tasks, such as moving forward or backward, turning or lifting something. These robots can have pieces removed or moved, a vital part of the competition.

This program has been set up to encourage young students' interest in robots and the sci-

ences related to robots.

"We brought this competition ... so that kids can have a sports for the mind type of competition," said Walter Kowalchuk, president of Alberta Youth Robotics.

"We see a lot of times there's a lot of avenues for kids to go and compete in dance or hockey or other types of sports, but there's not a lot for your mind."

The overall score is based on four different factors: teamwork and professionalism, whether the project solves a problem, the design of the robot and a course challenge, which is the main focus of the competition.

In the course challenge, the students must use their programming skills to make their robot do remarkable things.



The course is set with levers and objects placed throughout the arena, and in two minutes and 30 seconds, two people must use their imagination to grab as many parts and bring them back to the start line. It was great to see how innovative these kids are with their different attachments they put on their completely autonomous robots.

This event is huge for people participating and those watching. Over 120 people volunteered for the event, from those who helped with signing up and helped reset courses, to judging and hosting.

That doesn't count the hundreds of parents who gave their children support, whether that be knowledge of gadgets, the use of motor vehicles or, as one parent put it, motivation around the supper table.

The energy inside the gymnasium felt amazing. Kids were cheering on their teammates and had great enthusiasm to make these machines work. They were dancing, chanting their team names and one kid even ran across the gymnasium with a cardboard fish!

The winner of the competition was Airdrie Home School, earning the highest overall score throughout the four categories. The school earns a \$1,000 scholarship to improve on their robotic department and the winning group grabs a spot in the World Festival in St. Louis.

They will be joining competitors from over 30 countries around the world, including Japan, China and the United Kingdom.

Enthusiasm was flowing through the gym at NAIT and many people were able to see future robotics students displaying their talent and teamwork.

Student club takes bite out of hunger

By CODY BARON

Coming home from a long day at work or school, a common question is asked around the dinner table, "What's for supper?"

This is such a usual question that the average person doesn't think twice about it.

Unfortunately, while we have to option to complain and be picky about what we want to eat, there are many people out there who can't afford that opportunity. Instead, they are forced to live their lives searching for their next meal.

Hunger is a silent, but growing issue in Alberta. The local food banks can attest to that, as usage in March of 2011 was 75 per cent higher than those numbers of 2008,

with most of those recipients being children.

NAIT's Students in Free Enterprise (SIFE) are tackling the issue and joining corporate sponsor Campbell's Let's Can Hunger campaign, to raise awareness of the issue and offer solutions to help eradicate the problem.

SIFE has teamed up with Avatar Media to create a video campaign highlighting the message and has kicked off its hunger awareness campaign called Hand Over Hunger. The team hopes the message will spread not only around campus but around the province to combat hunger.

Not only is awareness a priority, but SIFE has also created a tangible strategy called The Farm Next Door. This plan is called a sus-

tainable solution and focuses on developing a product that will help low-income earners in the greater Edmonton area.

These participants are helped to grow their own fresh produce to feed their own families, and selling excess product to supplement their income.

SIFE members aren't the only ones in town that are trying to take a bite out of hunger.

Organizations like the Mustard Seed regularly host soup kitchen events for the hungry in the city. As anyone who has taken time to volunteer at any of these events can confirm, resources are always tight and there is no such thing as second helpings.

Simply stated, there are too many in need and not enough supplies to spare. The winter cold in the city only complicates things even more for those who want to help the needy.

To help spread the word and get involved, SIFE has videos and information on its upcoming projects on its Facebook page at facebook.com/handoverhunger

Alternatively, if you are looking for more hands-on opportunities to volunteer and help the cause, the Mustard Seed is always looking for more able bodies to feed the hungry.

To volunteer or donate, visit the Mustard Seed website at www.theseed.ca or call them at (780)-426-5600.

OPINION

— Editorial —

What of Paterno's legacy?



CLAIRE THEOBALD
Editor-in-Chief

At the age of 85, Joe Paterno, who served as head coach of the Penn State Nittany Lions for 46 years, has died.

He leaves behind an impressive legacy, holding the record for the most victories won by an NCAA Division 1 Football Bowl subdivision. Affectionately known as “JoePa,” he was inducted into the College Football Hall of Fame in 2007 for his coaching abilities.

However, during the Penn State scandal where former assistant coach Jerry Sandusky was arrested on charges of sexually abusing children over a 15-year period, Paterno's reputation was forever tarnished. He was fired this past November for not reporting what he knew about Sandusky to police.

How will he be remembered?

Now, the question remains, how will history recall Paterno? Will his legacy be gilded with fame or sullied with infamy?

Paterno was fired from his position as head coach after a grand jury investigation revealed that a former graduate assistant had told Paterno he allegedly saw Sandusky sodomizing a 10-year-old boy in the Penn State football showers.

The report said that Paterno notified the athletic director, as well as the director of business and finance, who oversaw the police force at the university. Paterno said that although he was told about the incident, he did not know the details and it was found that Paterno fulfilled his legal duties after reporting the incident to his superiors.

However, some still believed that these actions were not enough and he was removed from his coaching position because he did not ensure that the police were properly notified.

Paterno said, in an interview with the *Washington Post*, that he did not know one man could rape another man and that he did not know what to do when he got the information.

Although this excuse may seem ludicrous, and almost an insult to any male victim of sexual abuse, in a twisted way I am inclined to believe him.

Born in 1926

At the time he was notified, he was already 75 years old. The man who notified him was nervous about telling the already aging Paterno and admits to leaving out key details because he basically didn't have the heart to tell him.

Paterno was born on Dec. 11, 1926. This is a man who grew up in a time when the ballpoint pen was a new invention.

He was a young man during the '50s, a time when skeletons remained in the closet and housewives locked in their homes found comfort in pharmaceuticals. Even racial segregation was still part of American law until 1954.

Our society has taken huge leaps in educating the public about sexual abuse and has begun to remove the stigma formerly associated with being a victim of assault. However, this is still a relatively new idea and there was a time in our not so distant past when sexual assault occurred and you didn't tell.

Yes, by all means I agree that Paterno, in a position of power as the head coach, should have done more to see that the allegations against Sandusky reached the authorities. Even with the

omitted details, anyone in this day and age should have known that an adult man in a shower with a young boy was not right.

However, I understand how it could have happened.

When he says he didn't know how to handle the situation, I believe him. Although there has been a movement to educate the public about sexual abuse, and a shift away from blaming victims and leaps taken towards making sure those guilty are prosecuted, and punished harshly, that does not mean we as a society have progressed to a point where we can be satisfied.

He did reach out, he did go through channels to make sure that the event was reported. It was resolved that at a legal level he did do enough to report the case.

Paterno, although not nearly at the same level, is another victim of the Sandusky scandal. He lost his career, which for Paterno was everything.

For ages, American college football players were treated as demigods, held in Herculean-esque esteem. College football organizations throughout the United States threw their weight around and were considered almost untouchable. Covering up

criminal activity can be found throughout the game.

Paterno changed the game and treated his college football players as college football players and ensured that his players showed the same dedication to their class work as they did for the game.

He was a good man in a bad situation. He deserves all of the recognition and esteem his long history of dedication and hard work have earned.

If the allegations against Sandusky are proven, he should be the one made to bear the weight of his crimes, not those who got caught up in his depravity along the way.

Victims of sexual abuse deserve to be heard, and instead of remembering this as an example of one man's mistake, we should view this as evidence that we as a society need to push further for the rights of all victims of crime.

Paterno should rest in peace knowing that his legacy will live on through his family, friends, and the players who will remember him for what he was – a good man and a great coach.

Joe Paterno
1926-2012



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Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

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Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.



SPORTS

NAIT, MacEwan tied for 2nd



Photo by Chad Steeves

The action is furious around the NAIT net Saturday as the Ooks take on the Grant MacEwan Griffins. MacEwan won the game 4-2.

MEN'S HOCKEY

Mt. Royal too much

By JACOB McKAY

Our Ooks men's hockey team fell short to the defending gold medallists and ACAC leaders, Mount Royal Cougars, in a home and away series over the weekend.

After taking three points away from the Augustana Vikings in a series last weekend, the Ooks changed their focus to the Cougars, which proved to be a tougher team.

It was a very physical game at the NAIT Arena Friday night, with a comeback attempt spoiled by an empty netter late in the third.

The Ooks opened the scoring, but then allowed three unanswered goals in the first period. Eleven minutes into the third, Andy Willigar tied the game at 3-3.

With only three minutes left to play, the Cougars snuck one in and reclaimed the lead. In the last two minutes, NAIT was closing in on tying the game again, but the Cougars sealed the victory with an empty net goal for a 5-3 victory.

With 20 minutes of penalties, not including two game misconducts, the Ooks found themselves short-handed for much of the game.

In saying this, their penalty killers only allowed one goal, leaving the Cougars one for 10 on the power play. The strong penalty kill helped keep them in the game, as did

Shannon Szabados's goaltending.

During the second game, the Ooks suffered a shutout at the hands of a nearly unbeatable team in the Cougars. NAIT was hoping to hand them what would be their second loss of the year, but it wasn't meant to be.

Six of the top 10 players were unable to play Saturday night due to injuries and suspensions.

"We expected to be tired, but we didn't expect to be short staffed," said NAIT coach Serge Lajoie after the game.

"Given the circumstances, I'm proud of how they played."

Lajoie shrugged off the suspensions that the team received Friday night. "Body contact is part of the way we play," he said.

With a 5-0 loss, they will look to bounce back and build towards their next game. Ooks will be in action again on Friday, Jan. 27 and Saturday the 28th with another home and away series with the second place team in the ACAC, SAIT.

"This week we will get ready for two tough games with SAIT," Lajoie said.

The next home game is this Saturday at 7 p.m. The teams split their last home and away series and NAIT will be looking to take all four points and pass SAIT in the ACAC standings.

By ADAM BRILZ

The women's hockey team played Grant MacEwan this weekend, and they came away with a 4-2 loss and a 0-0 tie.

Two victories by the Ooks would have left them only two points away from Mount Royal for first in the league, but two wins from the Griffins would have placed them second in the standings, jumping ahead of NAIT.

Both teams headed into Friday's duel at Millwoods Arena, knowing that a win or loss would impact the positioning of the teams.

The Ooks started the game in their own end, not able to generate much offense, and Grant MacEwan charged. NAIT goaltender Jill Diachuk was dialed in, making 14 saves in the first period.

In the second frame, the Ooks offensive spark pressured the Griffins. Shots were fired early and often at the net, but the Griffins' Katie Sigurdson stayed strong, making saves to shut down NAIT's offense.

The Griffins continued on with their offense, getting in front of the Ooks goalie and trying to put the puck in the net. However, Diachuk stayed strong, stopping the hard-charging Griffins.

In the third period, both teams made some turnovers, but also opened it up, usually transitioning into three-on-two opportunities that ended with

a few saves, and it stayed that way until the end of regulation.

After the third period, the shots on goal were 34-24 for the Griffins, but the score stayed at 0-0.

In overtime, the Griffins had a power play, but still couldn't get the puck past the Ooks goalie. The game ended as a tie with nobody scoring, and it wasn't surprising both goaltenders earned player of the game honours.

NAIT coach Deanna Iwanicka said about her team after the game, "I thought the work ethic was there, but I didn't think the mental focus or the execution was there."

In their second game, a home battle against the Griffins, the Ooks came out with a passion, scoring very quickly and out shooting Grant MacEwan by a large margin.

However, the Ooks got into penalty trouble in the second, and two quick Griffins goals made it a 2-1 game.

After an Oook goal on the power play tied up the game, Grant MacEwan scored once again to make it a 3-2 game.

They would eventually score another goal in the third and make it a 4-2 final. The loss and tie now put the Griffins in a tie with NAIT for second in the ACAC standings.

Next week will be a very tough test, as the Ooks will be battling the first-place Mount Royal Cougars.



Photo by Angela Moberg

Ook Liam Darragh gets ready to make a play Friday night against the Mount Royal Cougars at NAIT arena. NAIT lost the game 5-3.

Remember the good he did



PATRICK KNOWLES
Sports Editor

Over the weekend the sporting world lost a legend. Joe Paterno passed away early Sunday morning in hospital after complications while undergoing treatment for lung cancer.

Now, if you call yourself a sports fan, you know who Joe Paterno is and have known about him for a long time because the man has been around forever.

But, if you are not a sports fan you probably still know who Paterno is and probably not for the reason you should remember him.

Up until three months ago you could find coach "JoePa," as he is known in the sports world, on the sidelines of the Penn State Nittany Lions coaching the school's football team. He was a staple in college football and with Penn State, and I figure that when I look back

I am going to remember all the great things he did and not the scandal that marred the last weeks of his life.

Joseph Vincent Paterno was born on Dec. 21, 1926 in Brooklyn, New York. Paterno attended Brown University, an Ivy League college and played football for the school team. He played on both sides of the ball in college; he was the quarterback on offence and played cornerback on defence.

After his college playing days were over, Paterno, then just 23 year old, joined his head coach from Brown, Rip Engle, as an assistant at Penn State in 1950. This was the beginning of a 62-year relationship between Paterno and Penn State.

From 1950 to 1965 Paterno studied under Engle, perfecting his coaching style and then when Engle retired in 1965, it was an obvious move to have Paterno take over as head coach of Penn State.



Joe Paterno
62-year career

From 1966 to 2011 no other coach has won more college football games and Paterno has done it all with the same team. His record is an impressive 409-136-3. What might be the most impressive stat that Paterno has is that in the 62 years he has coached at Penn State, he has missed a total of three games! I hate using exclamation marks in my articles, but that stat definitely warrants one.

Paterno won National Championships in 1982 and 1986 and led his Nittany Lions to five undefeated seasons (1968, 69, 73, 86 and 94). He also had three Big Ten Championships – in 1994, 2005 and 2008. It should be noted that Penn State only joined the Big Ten conference in 1993.

His record in bowl games is 24-12-1 in 37 appearances. Paterno is the only college football coach to have won each of the four major bowl games, taking home one Rose Bowl, one Sugar Bowl, four Orange Bowls and six Fiesta Bowls.

Paterno is a five-time AFCA (American Football Coaches Association) coach of the year recipient and in 2007 was elected into the College Football Hall of Fame. He also won the *Sports Illustrated* 1986 Sportsman of the Year award, which was sort of a lifetime achievement award and then went on to coach at Penn State for another 25 years. He has also won a number of other awards, too many to list, to be honest.

Paterno has had 350 former players go on to sign NFL contracts and 32 of those players have been first-round draft picks.

Probably a stat that Paterno was most proud of was that he graduated 87 per cent of his players by the NCAA's most recent account. The Penn State football team was behind only Northwestern University for graduation rate in the Big Ten and since 2006 has had 15 academic All-Americans, more than any other college football program.

So as we look back on the life of Joe Paterno, I hope that people will remember all the great things that he did in his 62-year career and not focus on the last three months of this life. Everyone makes mistakes and no one is perfect and Paterno deserves to be remembered for all the good he did and not his mistake.

Rest in peace, JoePa.

Oil Kings a hockey bright spot

By EVAN DEGENHARDT
Assistant Sports Editor

Times are tough these days. Especially if you're an Edmonton Oilers fan.

Now, I'm not writing to rag on the Oil, I've been a fan since the day my dad took me to my first Oilers game when I was seven years old.

The Oilers currently sit 29th in a 30-team league, with an abysmal 17-26 record right now. The Oilers are also 2-7-1 in their last 10 games. For a guy like me, this just seems to be a recurring theme for the Oilers year in and year out.

For a place that calls itself "The City of Champions," I'm sure there are a lot of fans out there that are beginning to wonder when things are going to turn around for our copper and blue.

Fortunately, there is some silver lining to a disappointing hockey season thus far, but to look on the bright side of the puck, we have to focus our attention on a different "Oil" team.

I'm talking about the Edmonton Oil Kings. Here's a team that is playing exceptionally well this season. The Oil Kings currently sit first in the Western Hockey League's Eastern Conference with 69 points and they have a 32-11-1 record this season.

With a 7-2-1 record in their last 10 games played, the Oil Kings are definitely giving Edmonton hockey fans something to feel proud of. Not bad for a team that was only re-established as a WHL team in the 2007 and 2008 season.

This season hasn't just been some "fluke" for the Oil Kings. It's been an entire team effort, with some players having career seasons.

Michael St. Croix, who plays centre and hails from Winnipeg, is third in league scoring with 31 goals and 77 points in 48 games. In 68 games last year, St. Croix had 75 points, so he has already surpassed his impressive showing from last season.

St. Croix is playing his fourth season with the Oil Kings and has truly found his groove this year. With the numbers he is putting up, there is no doubt in my mind that St. Croix will reach the 100-point mark before the end of this season.

Left winger Dylan Wruck is another Oil King who has also cracked the WHL's top scoring list. Wruck currently sits 10th overall with 18 goals and 62 points.

It's fitting that as I'm writing this article, the Oil Kings set a club milestone.

On Saturday, Jan. 21, the Oil Kings absolutely dominated the Prince

Albert Raiders 9-2. With the win, the Oil Kings set a new franchise record for wins in a single season with 32.

This sports team is highly underrated in Edmonton. I've been to a few games myself and it is really great hockey to watch. It's frustrating to see a team performing so well, yet being constantly over-shadowed by an NHL franchise that has yet to show up this season.

So here's my suggestion. Go out and support your Oil Kings! Premium seats are usually under \$20 and the entertainment value of the games is totally worth the price.

Check out the Oil King's schedule online, round up some friends and participate in some great hockey action. There are only 24 games

left in the regular season and the Oil Kings need all the support they can get as they make the final push towards the playoffs, which start March 25.

Athletes of the week

January 16-22

Sinead Cheah
Badminton



Sinead won her third consecutive ACAC women's doubles event this past weekend and then went on to finish second in mixed doubles at ACAC Tournament #3 at Concordia. Cheah teamed up with partner Jessica Yu to capture the women's doubles crown and then partnered with Jonathan Chang in mixed doubles, losing a tough three-set match in the final to finish second. Sinead also finished eighth in women's singles. "Sinead has been a dominating player for our team over the past four years in women's and mixed doubles," said coach Jordan Richey. "Her experience and precision shot-making ability makes her one of the strongest players in the conference." Sinead is in her fourth year at NAIT and is in the Interior Design program. She is from Edmonton.

Jonathan Chang
Badminton



Playing in his first tournament of the year, Jonathan once again served notice that he is among the top male players in the league. Chang had an impressive start to his season by winning the ACAC men's doubles event with partner Jason Chou and finished second in mixed doubles with partner Sinead Cheah at ACAC Tournament #3 hosted at Concordia. Last year's CCAA Nationals Bronze medallist Chang joins an already strong Oaks team that is sitting in first place in the ACAC. "It is a great feeling to have Jonny back on the team," said coach Jordan Richey. "His leadership, ability and experience are essential to the success of our team." Jonathan is a fifth-year player from Edmonton and is in the Personal Fitness Training program at NAIT.



Athlete Profile



Player: Taylor Goulden
Sport: Basketball
Position: Point Guard
Program: Business
Age: 18

By EMILY FITZPATRICK

How long have you played basketball? – I started playing when I was in Grade 7 – so around six or seven years.

Why did you choose to play basketball? – Well my brother played, so I guess I started so I could be like him.

What do you like to do in your off season? – Play more basketball and work.

What has been your best career moment so far? – In Grade 11, my team won the city championship by one point.

What would be your dream job? – I want to be a police officer.

Do you have any pre-game rituals? – I sit there, imagine myself shooting and think about what I'm going to do.

What do you eat before games? – I usually have a big meal four hours before the game than and apple or something before I play.

What's your biggest competition this year? – I would say that MacEwan is the team



to beat this year. So far they're undefeated.

Why did you choose NAIT? – Well, Todd (Warnick) did a lot of recruiting and he was the main reason I chose to come here and I thought he'd be a really great coach.

Favourite movie? – Coach Carter.

Do you listen to anything specific before games? – I really like country music, so I usually listen to that.

If you could fly anywhere right now where would you go? – I would go to Australia it would be cool to travel around there.

Who's your favourite player? – Kobe Bryant

Athlete Profile



Player: Brock McMillan
Sport: Basketball
Position: Power Forward/Centre
Program: Business
Age: 25

By FRED PAPIRNIK

When did you start playing basketball? – I started playing basketball in a community league when I was five years old.

What would you like to get out of that program, job wise after college? – I started an eavestroughing company two years ago and decided to come back and play basketball, so the business program will help me to further understand my business and how to run it to its full potential.

Who is your favourite professional athlete? – My favourite professional athlete is Michael Jordan. His drive, work ethic, will to win and tenacity in everything he did is what made him so successful.

What is your number? Any reason you chose it? – It's 15, and no reason, nope. I've never been superstitious, so I always let other guys choose numbers first and take whatever is left.

What do you feel are the strength and weaknesses of your game on the court? – Strengths are my strength, my ability to finish around the basket and my vocal leadership. My weaknesses are my over-aggression aka foul trouble, rebounding and I sometimes hold onto the ball too long.

Kobe or LeBron? – Kevin Durant.

What level of basketball would you like to reach during your career? – Unfortunately this is likely the highest level I will get to play in my career. When I was younger I had aspirations of playing overseas, but I never ended up working hard enough to make that happen for myself.

Does the idea of going to play in places like Spain, Brazil, or Australia entice you after your done here at NAIT? – I would love to play overseas but it would take a huge commitment to improving as a player, one that would conflict with my business.

What is your favourite basketball memory (both yours personally and one you have watched)? – My personal favourite basketball memory is the first time I realized I was good enough to play at the college level. I was at a tournament in my Grade 12 year in Manitoba (went to high school in Calgary) and after a good game I had some interest from post secondary coaches. My favourite basketball memory I have watched is when I went to MJ's last ever basketball game in Philadelphia. He was playing for the Wizards at the time and everyone knew it was going to be his final game, so the whole arena stood and clapped for 10 minutes before and after the game. Also, Allen Iverson dropped 37 points that game.

Ooks dominate tournament

By AVRY LEWIS-McDOUGALL

The NAIT Ooks badminton team kept rolling along with another tournament win over the weekend at Concordia University College.

NAIT finished first with 186 points, 31 more than the hosts along with winning all but one event as the Ooks took home the men's singles, men's doubles, women's doubles and mixed doubles titles from this past weekend.

ACAC sensation and fourth-year business administration student Dan Kai was on his game again with a dominant 8-0 record which included wins in men's singles (Kai defeated

teammate Quinn Conway) and mixed doubles. Probably the coolest part of the 8-0 stat is that Dan Kai had never played doubles before, showing how he truly is one of the best players in the ACAC, if not the entire country.

Jessica Yu was also spectacular with a glistening 7-0 record in women's doubles and mixed doubles. Yu and Kai are undefeated this season. The only event that the Ooks dropped at Concordia was the women's singles event.

Other wins for the Ooks that almost made it

a perfect weekend of action included Jonathan Chang and Jason Chou winning the men's doubles.

Chang played fantastically, making his season debut with his men's doubles win and coming in second in the mixed doubles where they were defeated by teammates Kai and Sinead Cheah in the all NAIT mixed doubles final.

Head coach Jordan Richey was very pleased with his team's performance in their first ACAC tournament.

"I wasn't sure what to expect after the break and our team's exhibition trip down south but the team responded with a fantas-

tic effort." Richey added, "the addition of fifth year returning player Jonathan Chang, gave our team a spark and helped lead us to another first place finish. The players are now beginning their preparations for Nationals and this weekend's results show that they are right on track."

NAIT continues to lead the ACAC in the team point standings now with 576 points ahead of second place Concordia who have 411 points.

The Ooks last tournament of ACAC play before Nationals will be on Feb. 4 and 5 at Concordia University College.



Jeff Paulus
A pro gig

Paulus adds to duties

By FRED PAPIRNIK

After leading the soccer Ooks to an undefeated season last year in which they scored 27 goals while only allowing five, head coach Jeff Paulus will now start working with the city's pro soccer team, FC Edmonton.

He joins the club as an assistant to the assistant coach and will work with the reserve squad and will recruit players from across the country.

Coach Paulus brings a great eye for young talent to the club after being named the ACAC North Division coach of the year and winning the ACAC National Championship with a team of mostly first-year players.

After FC Edmonton's coaching staff watched Jeff coach in the semifinal and final of the ACAC playoffs, they agreed that his coaching style fit their team.

Both teams are committed to playing a possession style game and forming a team of young men who can grow together to form a great passing Canadian squad.

Paulus has coached at every level and is very active in both Alberta and Canadian soccer programs.

Working as a coach for the national training centre's Prairie region further reinforces the notion that his role in player development will be a good fit.

When asked if coaching both teams will give Ooks players a sort of "try out" for the professional

team, Paulus said: "I have my eye on a couple of players, certainly Zack Kaiser. We would like to have him here and give him a look to see what he can do with this calibre of players."

Kaiser, an ACAC all star last season, scored six regular season goals and one in the finals.

FC Edmonton does have a core group of Edmonton players in addition to some from Ontario and P.E.I. who also made the team.

Coaching both teams is an experience that Jeff is looking forward to. He wants his teams to play strong, attractive, attacking soccer for the next few years to come.

ACAC Standings

MEN'S HOCKEY										
Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts	
Mount Royal	20	17	15	1	0	2	90	42	36	
SAIT	20	15	15	4	1	0	95	49	31	
Augustana	20	14	12	4	0	2	97	51	30	
NAIT	20	13	13	5	0	2	72	52	28	
Concordia	20	5	5	11	2	2	68	102	14	
Portage	20	5	4	12	1	2	58	90	13	
MacEwan	20	4	4	14	1	1	56	83	10	
Briercrest	20	1	1	18	0	1	52	119	3	
RESULTS										
January 20										
MRU 5, NAIT 3; Concordia 11, Briercrest 3; SAIT 5, Portage 4; Augustana 8, MacEwan 2										
January 21										
MRU 5, NAIT 0; Concordia 8, Briercrest 5; SAIT 6, Portage 4; Augustana 5, MacEwan 3										

WOMEN'S HOCKEY										
Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts	
Mount Royal	18	13	12	4	1	0	61	26	27	
NAIT	18	10	8	7	0	1	42	43	21	
MacEwan	18	8	7	4	2	3	35	34	21	
SAIT	18	5	4	8	2	3	33	51	15	
Red Deer	16	3	2	9	1	3	21	38	10	
RESULTS										
January 20										
NAIT 0, MacEwan 0 (OT); MRU 3, SAIT 0										
January 21										
MacEwan 4, NAIT 2; MRU 1, SAIT 0 (OT)										

MEN'S BASKETBALL							
North Division							
Team	G	W	L	Pts	PF	PA	
Lakeland	14	14	0	28	1444	1059	
Keyano	14	10	4	20	1251	1041	
NAIT	12	9	3	18	1021	888	
Concordia	14	8	6	16	1016	944	
Augustana	14	5	9	10	1024	1236	
MacEwan	12	3	9	6	937	933	
King's	14	3	11	6	926	1154	
Grande Prairie	14	3	11	6	1019	1283	
South Division							
Mount Royal	13	11	2	22	1090	844	

Red Deer	13	8	5	16	1039	1033
Medicine Hat	14	7	7	14	1172	1124
SAIT	14	6	8	12	1125	1200
Lethbridge	14	5	9	10	1079	1208
Briercrest	14	3	11	6	1024	1265
RESULTS						
January 20						
Lakeland 119, Augustana 65; Keyano 112, GPRC 66; Lethbridge 100, MHC 94; MRU 99, Briercrest 58; RDC 77, SAIT 71; Concordia 76, King's 55						
January 21						
Keyano 104, GPRC 73; MRU 122, Briercrest 64; Concordia 63, King's 54; Lakeland 146, Augustana 77; Lethbridge 94, MHC 93 (OT); RDC 88, SAIT 77						

WOMEN'S BASKETBALL						
North Division						
Team	G	W	L	Pts	PF	PA
MacEwan	12	12	0	24	861	581
Lakeland	14	8	6	16	983	931
King's	14	7	7	14	1002	980
Augustana	14	7	7	14	949	927
NAIT	12	6	6	12	746	678
Concordia	14	6	8	12	868	869
Grande Prairie	14	5	9	10	790	927
Keyano	14	3	11	6	773	1018
South Division						
Mount Royal	13	11	2	22	933	742
Lethbridge	14	10	4	20	833	835
SAIT	14	10	4	20	960	783
Medicine Hat	14	7	7	14	920	896
Red Deer	13	2	11	4	698	857
Briercrest	14	1	13	2	641	909
RESULTS						
January 20						
Augustana 94, Lakeland 73; Keyano 46, GPRC 45; Lethbridge 60, MHC 58; MRU 71, Briercrest 59;						

SAIT 66, RDC 61; Concordia 76, King's 71	
January 21	
GPRC 75, Keyano 58; MRU 68, Briercrest 29; Concordia 73, King's 64; Lakeland 86, Augustana 65; Lethbridge 63, MHC 47; SAIT 78, RDC 47	

MEN'S VOLLEYBALL							
Provincial Division							
DIV	Team	MP	MW	ML	GW	GL	Pts
S	Briercrest	16	12	4	39	23	24
N	Keyano	16	12	4	39	23	24
S	Red Deer	14	10	4	35	23	20
S	Mount Royal	15	10	5	37	23	20
N	MacEwan	16	10	6	38	22	20
S	Lethbridge	14	9	5	33	22	18
N	NAIT	14	8	6	30	21	16
S	Augustana	14	8	6	30	24	16
S	SAIT	15	8	7	30	30	16
S	Medicine Hat	14	6	8	25	31	12
N	King's	14	5	9	21	32	10
N	Grande Prairie	16	4	12	26	36	8
N	Lakeland	16	3	13	13	43	6
N	Concordia	16	0	16	5	48	0

RESULTS	
January 18	
MRU 3, SAIT 1 (26-28, 26-24, 31-29, 25-17)	
January 20	
King's 3, Concordia 0 (25-23, 25-16, 30-28); Keyano 3, GPRC 2 (18-25, 25-17, 24-26, 25-20, 15-13); Lakeland 3, Augustana 2 (23-25, 11-25, 25-17, 25-18, 15-8); MacEwan 3, Briercrest 0 (25-19, 25-21, 25-21); RDC 3, SAIT 2 (20-25, 25-18, 19-25, 25-23, 15-13)	
January 21	
Augustana 3, Lakeland 0 (25-15, 25-21, 25-16); RDC 3, SAIT 0 (25-8, 25-21, 25-22); King's 3, Concordia 0 (25-18, 25-20, 25-22);	

Keyano 3, GPRC 2 (26-24, 25-21, 16-25, 17-25, 15-11); Briercrest 3, MacEwan 2 (25-17, 16-25, 25-16, 15-25, 15-13)	
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WOMEN'S VOLLEYBALL							
Provincial Division							
DIV	Team	MP	MW	ML	GW	GL	Pts
S	Medicine Hat	14	13	1	40	9	26
S	Mount Royal	15	13	2	41	13	26
N	MacEwan	16	12	4	39	18	24
N	NAIT	14	11	3	36	13	22
N	Grande Prairie	16	10	6	34	25	20
S	Red Deer	14	8	6	28	24	16
N	King's	14	8	6	28	24	16
S	Lethbridge	14	6	8	25	27	12
S	SAIT	15	6	9	23	31	12
N	Lakeland	16	6	10	23	32	12
S	Briercrest	16	4	12	22	38	8
N	Concordia	16	4	12	18	40	8
N	Keyano	16	4	12	18	41	8
S	Augustana	14	0	14	4	42	0

RESULTS	
January 18	
MRU 3, SAIT 1 (25-14, 23-25, 25-16, 25-16)	
January 20	
King's 3, Concordia 1 (22-25, 25-20, 25-19, 25-18); GPRC 3, Keyano 0 (25-23, 25-16, 25-16); Lakeland 3, Augustana 0 (25-13, 25-16, 25-17); MacEwan 3, Briercrest 0 (25-19, 25-14, 25-17); RDC 3, SAIT 0 (25-15, 25-8, 25-14)	
January 21	
Lakeland 3, Augustana 0 (25-15, 25-15, 25-17); RDC 3, SAIT 0 (25-20, 25-20, 25-23); King's 3, Concordia 1 (24-26, 25-20, 25-20, 25-12); GPRC 3, Keyano 2 (25-23, 25-18, 26-28, 19-25, 18-16); MacEwan 3, Briercrest 1 (25-22, 23-25, 25-21, 25-20)	

Just one game to play

By ADAM BRILZ

Super Bowl XLVI has been set up and two big games on the weekend determined who would meet in this prestigious championship played in Indianapolis this year. Here are your game recaps for the AFC and NFC Championship games.

AFC CHAMPIONSHIP
New England 23, Ravens 20

In a big matchup between arguably the best offence and defence in the NFL this past year, both teams weren't able to get anything going in the first quarter. But after both teams traded field goals, BenJarvus Green-Ellis ran seven yards to score a touchdown for the Patriots, giving them a 10-3 lead.

In the second quarter, the Ravens fought back, as Dennis Pitta caught a six-yard pass from Joe Flacco in the end zone, tying the game at 10 apiece. Another field goal was kicked by New England and it became a 13-10 game at halftime.

As the third quarter rolled on, and after a 24 yard Patriots field goal, Joe Flacco took the Baltimore offence from their own 22-yard line and led them to the end zone with the high-speed Torrey Smith diving into the cor-

ner, giving Baltimore a 17-16 lead.

A Billy Cundiff field goal gave the Ravens a 20-16 lead going into the final quarter.

The fourth quarter rolled in and Tom Brady took the offence of New England to the Promised Land as he dove over top of the Ravens defensive line and withstood a Ray Lewis hit to score a go-ahead touchdown.

With time running out, Cundiff had a 32-yard field goal attempt to tie the game, but he missed wide right and New England burned out the rest of the clock to win a 23-20 game.

NFC CHAMPIONSHIP
New York Giants 20, San Francisco 17

Two classic teams who have had many great playoff games got one more and Alex Smith wanted to take his team to the Super Bowl like so many other San Francisco quarterbacks.

He threw off the New York defence by utilizing his team's passing game.

Midway through the first quarter, Smith threw up a pass to Vernon Davis, who put on the jets and ran to the end zone for a 76-yard touchdown. The Giants trailed the 49ers 7-0

after the first quarter.

The second quarter began with a strong charge by the Giants that ended with a touchdown by tight end Bear Pascoe. After a field goal by Lawrence Tynes, New York took a 10-7 lead into halftime.

The third quarter was not too eventful, other than a big Davis touchdown that would give the 49ers a 14-10 advantage.

In the fourth quarter, Mario Manningham caught a 17-yard pass from Eli Manning to take the lead back for the Giants.

David Akers saved the 49ers with a big field goal to make it a 17-17 game and that was the score at the end of regulation time.

In the extra quarter, Kyle Williams had a stripped football, which caused a fumble, and the Giants recovered the ball. After a couple of first downs, Tynes sealed it with a 31-yard field goal to send his team to the Super Bowl.

So there you have it. The two teams playing in this year's Super Bowl will be the New England Patriots and the New York Giants.

If you are looking for a preview of that game, pick up next week's *Nugget* to check out who we think might win it all.



sports.nationalpost.com
Baltimore Ravens place kicker Billy Cundiff watches in disbelief as his attempted field goal sails wide, giving the New England Patriots the win and a place in the Super Bowl.



STUDENT ELECTIONS

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- ★ Vice President External
- ★ Vice President Student Services

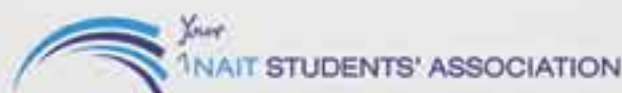
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ENTERTAINMENT

Extremely loud, incredibly let down



CHRISTINE VU
Entertainment Editor

It's been a long time since a trailer has made me think, "Wow, that looks good."

I suppose I have become somewhat jaded after seeing so many disappointing movies in the last few years. I usually wait until I'm that one person who hasn't seen the movie that everyone keeps talking about before I make a trip to the theatre. I am also the only person who didn't like said movie.

Extremely Loud and Incredibly Close was the rare exception, but only as far as the trailer goes. As soon as I saw the trailer I wanted to see it but I was extremely disappointed after seeing the movie.

Based on the 2005 novel of the

same name by Jonathan Safran Foer, *Extremely Loud and Incredibly Close* stars Tom Hanks, Sandra Bullock and the young Thomas Horn as their son.

After his father dies, Horn's character finds a mysterious key in his father's closet and is convinced that there is a message behind it. With the key, he searches all over New York City to find something his father left behind.

What could have been a moving and emotional story had my eyes rolling rather than tearing up.

The plot was believable enough after seeing how close the son and father were, but any sense of reality ended when the boy began his search. The people he encountered on his little journey were just stereotypical and it seemed like it just begged for some kind of emotional reaction from the audience.

The movie does have some highlights, don't get me wrong, but it just wasn't enough to carry the movie.

Horn gives a great performance for

his first role on the big screen but I just honestly didn't like his character. That might sound awful but what I'm sure was supposed to be endearing came off as annoying.

Director Stephen Daldry may have

fewer movies on his resume than most well known directors but he has directed critically acclaimed films such as *Billy Elliot* and *The Hours*, so I was surprised that *Extremely Loud*

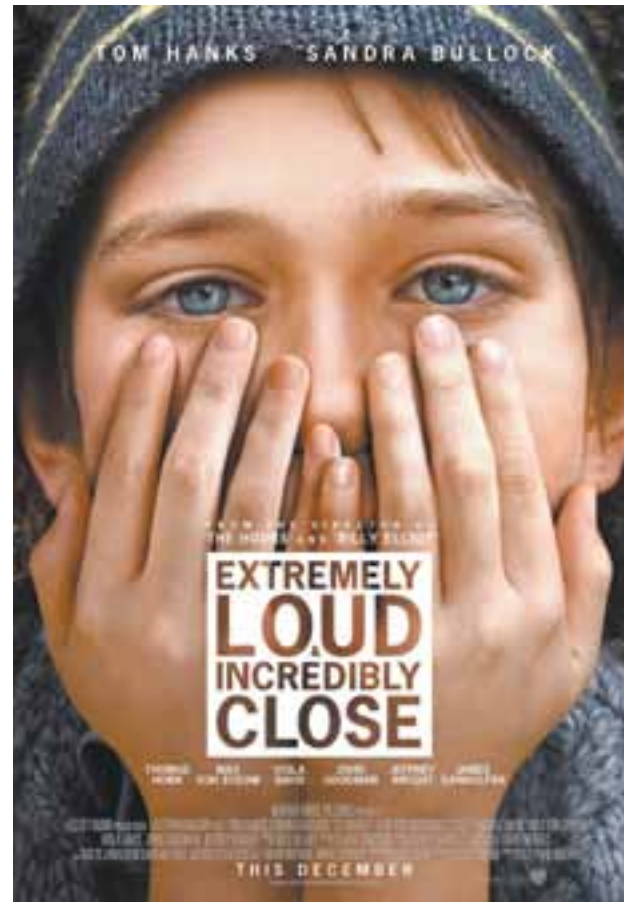
and *Incredibly Close* turned out to be as bad as it was.

If the trailer intrigued you, I would say that it is still worth checking out. It's one of those movies that people either love or hate and it all depends on personal taste.

If you love inspirational stories and are easily swept into a story without asking "why is this boy allowed to walk around alone in New York?" then it may be just for you.

In all seriousness, I think this book-turned-movie had a lot of potential but unfortunately fell flat.

It's one of those movies that people either love or hate and it all depends on personal taste.



★★★★☆

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- ☒ Get a sticker*
- ☒ Show your Student ID card when using the Edmonton Transit System



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*Only students who are eligible and have fully paid their fees can get a U-Pass. We will be able to get the sticker. Check the U-Pass sticker is placed up in non-eligible areas. For safety if student drops out after 1st day of classes, fee must be refunded. The U-Pass is not valid until the U-Pass sticker is placed on the front of student ID. The U-Pass is non-transferable and may only be used by the student to whom the U-Pass is issued. Edmonton Transit, Southside Transit and St. Albert Transit reserve the right to verify the validity of any student's U-Pass. A student who fails to comply with the rules, regulations, policies and conditions of Edmonton Transit, Southside Transit or St. Albert Transit regarding the use of the U-Pass may have their eligibility to receive the U-Pass for Edmonton Transit, Southside Transit, and St. Albert Transit revoked. The right to revoke the U-Pass is not subject to appeal.

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By JENNY OATWAY

We all know that British Music was huge in the '60s with bands like the Beatles, the Rolling Stones, the Kinks and the Yardbirds. Recently though, a new British invasion has been creeping up on us. With huge amounts of amazing bands coming out of the United Kingdom, how can we ignore the immense talent and sounds they are producing?

1. Semi-Automatic – The Boxer Rebellion
2. Naive – The Kooks
3. To Build a Home

- The Cinematic Orchestra
4. Paradise – Coldplay
5. Lucid Dreams – Franz Ferdinand
6. Golden Skans – Klaxons
7. Dakota – Stereophonics
8. Leave Home – The Chemical Brothers
9. Dance Wiv Me (Jason Nevins Extended Mix) – Dizzee Rascal
10. Decent Days and Nights – The Futureheads
11. Signs – Bloc Party

12. The Angry Mob – Kaiser Mob
13. The Last High – The Dandy Warhols
14. Let's Dance to Joy Division – The Wombats



movies.about.com

The Boxer Rebellion

VIRAL VIDEO

An epic candy taco night

By ALI MAGEE

Every Tuesday a recipe video is released on YouTube that is more horrific and has more calories and more bacon than is imaginable.

With recipe names like Fast Food Lasagna, Brunch of Booze and Bacon Tree, you can be sure every food that Epic Meal Time makes is as creative as it is unhealthy!

This Tuesday's recipe was Candy Taco Night. The cameras followed the hosts into several grocery stores where they picked up more candy than a person could eat in a year.

This included peach rings, licorice, sugar, cotton candy, gummies and cherries. Included in every recipe made by Epic Meal Time is

Bacon ... and lots of it. So the gang made one last stop and filled a shopping cart with their favourite greasy meat.

Now, on to the cooking.

The main host begins by layering bacon on a cooking sheet to start the taco shells, interweaving strips to create a solid mat, and then covering them in brown sugar to candy the meats, they are put in the oven to bake.

Meanwhile, another team member concocts the taco toppings compiled of shredded white chocolate, green licorice and hard candies.

While cooking, the hosts take time to make and drink candied vodka shots (sugar and vodka) as well as drink some whiskey.

Another member starts to make one of the side dishes – candy nachos. The nachos are made of sugar chips, candied guacamole, cherries and whipped cream.

Candy crepes are also in development. As the thin pancakes are removed from the oven they are almost immediately filled with sugar, whipped cream, and chocolate.

Once everything is complete the masterpieces are placed in all their glory for the team to see. Doused in alcohol one final time, the Candy Taco Night is finally ready to begin.

The gang all gathers around the table to devour their creations, an image that is neither pleasant nor disgusting. Although making

one of the Epic Meal Time recipes may not be something your body would thank you for, they do look oddly delicious.


If there is one thing the video makers got right, it's that these foods are seriously epic.



My living room. My classroom. My education.

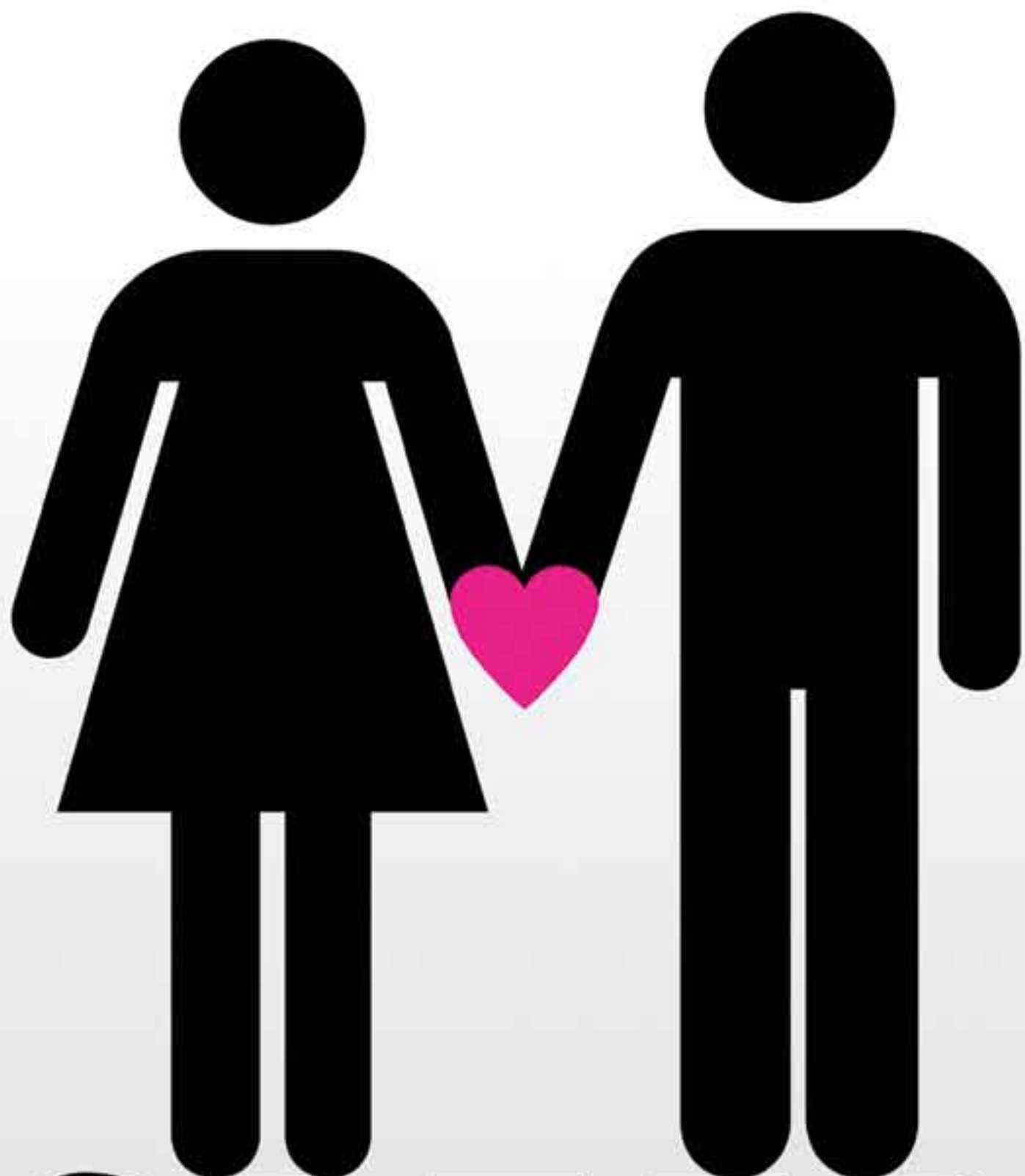
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Nest goes country

By MIKE JONES

Kokanee Live Music Nights at the Nest are back for another year with country sensation Aaron Pritchett ready to rock the house on Friday!

The 2007 CCMA (Canadian Country Music Awards) Independent Male Artist and Songwriter of the Year will be smashing through his hits like “Hold My Beer” and “Let’s Get Rowdy” in a sold out performance.

Born in the Lower Mainland of British Columbia, Pritchett played a lot of hockey and listened to ’80s rock as well as some Motown in addition to country. He started out as a DJ at a country bar and then moved up to singing with a cover band.

Around this time, Pritchett began co-writing his own material and recording a few independent albums. It wasn’t long before his music was being played by local country music stations.

His first two full lengths, *Consider This* and *Something Going On Here* sold well and spawned singles like “You Can’t Say I Didn’t Love You” and “New Frontier.”

Then, in 2006 he released *Big Wheel*, which garnered great attention, fuelled by the power of such songs as the title track and his cover of The Band’s “The Weight,” but it was the release of the barroom staple “Hold My Beer” that exploded Pritchett into a whole other level of success.

The album earned him a nomination at the 2007 Juno Awards and eventually fell into the arms of 604 Records, the record label owned by Nickelback’s Chad Kroeger and music attorney Jonathan Simkin.

604 Records re-released a deluxe edition of *Big Wheel* including a remix and a duet with Tyler Connolly of label mate’s “Theory of a

Dead Man,” creating even more cross-over appeal.

His 2008 release on 604, *Thankful*, spawned another smash single (and drinking staple) in “Let’s Get Rowdy” as well as a slew of other Canadian country radio hits like “How Do I Get There” and “Hell Bent For Buffalo.”

He was also given the opportunity to open for Toby Keith on the Western Canadian leg of his Biggest and Baddest tour.

Though he is no longer with the label, it’s clear that his stadium-ready anthems helped him reach a new audience on a label generally reserved for pop and rock acts.

Pritchett showcased a new found maturity on his most recent album, 2010’s *In the Driver’s Seat*, an appropriate title for someone who finally is in charge of his own destiny. Despite the lack of a major label, the album still spawned hits such as “Drive” and “Light it Up.”

A rarity in country music, Pritchett writes or co-writes a very high percentage of his songs and it’s this honesty that has won him fans the world over.

NAIT student and all around country girl Jenny Oatway told the *Nugget*: “I like Aaron because his lyrics are clever and entertaining. I’m very excited for the show.”

Opening act Jake Ian and the Haymakers bring an alternative-folk approach to the show. Jake Ian, a Warspite, Alberta native, was the lead singer and head writer of popular local punk group PiND for nine years.

In order to put on the best show possible, NAITSA has teamed up with the Alberta Foundation for the Arts for the first time to bring in top notch talent like Pritchett.



music.aol.com

Aaron Pritchett

RESTAURANT REVIEW

Just the place for Japanese food



Photo by Kevin Tuong

Salmon and shrimp sushi

By KEVIN TUONG

Enjoying Japanese food is kind of like enjoying beer. There are some foods that will make you gag and others that you will thoroughly enjoy. But for the most part, you have to develop a taste for it.

Contrary to popular belief, not all Japanese food is sushi. There is such thing as cooked Japanese food. There are a lot of Japanese restaurants out there without the word “Sushi” in their name. These places still serve sushi but tend to also serve a lot of other traditional Japanese fare and Kobe Japanese Bistro is just that.

The restaurant interior is quite small, but cosy and warm. Although it doesn’t scream “Japanese,” it’s not confused with anything else. The staff are friendly and the chefs are actually Japanese, as opposed to Chinese, like most other Japanese restaurants.

Let me just say this outright, the food is good. I’ve been to many Japanese restaurants around town in search of the best sushi, and so far, Kobe Japanese Bistro is my No. 1 choice for both cooked food and sushi.

Sushi is an art; to make perfect sushi, one has to train for many years. To make sushi at all takes time, yet food arrives quickly without losing any quality in taste or presentation.

If you order some of the more colourful rolls, like the rainbow roll, cherry blossom roll or the dragon eye, you may be wowed by their presentation.

They make some of the best nigiri (AKA non-roll sushi) in the city. Although the size is slightly larger than it should be, the taste is wonderful.

Their ingredients are really fresh; the rice is cooked to a perfect fluffiness and has been seasoned just right with the

vinegar, making it delicious but not overpowering. Then comes the hardest part – putting it together.

If the rice is packed properly, it’s firm, doesn’t fall apart and doesn’t lose its texture. There is just enough wasabi inside to give the entire piece of sushi a kick, but not enough to scare away newbies.

As for the cooked food, they offer something that isn’t done in many other restaurants – cooked salmon ... head ...

For \$10 you can stuff yourself silly with a giant head of salmon that’s been cooked in teriyaki sauce. It looks as gross as it sounds but the meat is tender and really moist. The teriyaki sauce is absorbed by the meat, making it freaking delicious.

Just close your eyes and eat it, you’ll love it.

Their rice bowls are great as well. Although the entire thing is larger than the human stomach, the flavour combination keeps you eating until you’re sitting there, patting your belly.

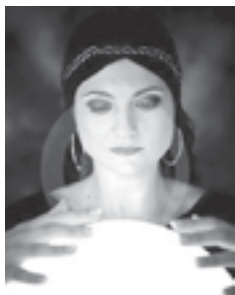
One thing I highly recommend you try is their korokke (croquettes). Simply put, they offer some of the best potato croquettes in the city. The outside is coated with panko (Japanese bread crumbs) and fried to a golden crisp. The inside is soft and fluffy potato that is so flavourful that it’s beyond any words that come to mind.

Japanese restaurants including Kobe Japanese Bistro, offer a menu that is too vast to explore in one sitting, even with a large group of people. But their sushi is good, their cooked food is good and if someone were to ask me where they could find good Japanese food in Edmonton, I would point them to Kobe Japanese Bistro at 6655 178 St.



THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

January 19-25

(Warning: These Nugget horoscopes are not written by an accredited astrologer however, believe them if you like, as they are absolute and unquestionable.)

Aquarius (Jan. 20-Feb. 18)

If you ever want to have all the things you want in life, stop spending money! You need to start leaving your wallet at home, you're wasting your money on stupid things that you don't need. Smarten up.

Pisces (Feb. 19-March 20)

You'll feel a lot more motivated if you make a plan and stick to it. Why not plan a party, or start volunteering? Yes you're already busy, but accomplishing something will make you feel amazing-and

yes, you can do it.

Aries (March 21-April 19)

You are finding it hard to stick to your new year's resolutions, Aries. Don't be too hard on yourself! Adopting new habits is tricky, be patient and remember what you set out to accomplish in the first place.

Taurus (April 20-May 20)

Stop being such a baby and just ask out that cutie you've had your eye on. Don't wait for Valentine's Day to make your move. Someone is waiting to swoop in before you.

Cancer (June 22-July 22)

Time for a makeover! You look good and all...but there's always room for improvement. Don't let yourself go just because the weather is making you feel lazy lately.

Leo (July 23-Aug. 22)

Hey there sexy! I know that you love being the center of attention, but maybe you could try to tone it down a little? Having all eyes on you feels good...but make sure it's for the right reasons.

Virgo (Aug. 23-Sept. 22)

Next week you're about to have a

major energy boost. Apply yourself a little more to your classes and you'll reap the benefits!

Libra (Sept. 23-Oct. 22)

Feeling stressed and bummed out lately? Carve out a little time for yourself and take some 'you' time. Put your phone on silent and just chill. Even if it's just staying in one weekend, you need it.

Scorpio (Oct. 23-Nov. 21)

It's really time to evaluate your relationship. Is this even what you want anymore? Your partner isn't trying to annoy

you...it's just their personality that is generally annoying. Move on.

Sagittarius (Nov. 22-Dec. 21)

Lucky you! Seriously, go gambling this weekend champ, you're on a hot streak. Buy a lottery ticket. You're lucky numbers are 14, 46, 89, 2, 15 and 9.

Capricorn (Dec. 22-Jan. 19)

Make a to-do list this week and stick to it. You've been feeling a little frazzled lately and organizing yourself will be a huge help.

Poll clerks needed

Duration: Feb. 16, 2012

Compensation: \$14/hour

- Poll clerks are needed on Feb. 16 from 10 a.m.-2 p.m. for the NAITSA Executive Council election.
- Must have a strong command of English and a complete and clear understanding of the democratic election process.
- All poll clerks must attend a

paid training session on Wednesday, Feb. 15 at 4 p.m. in Room E-129.

- Poll clerks must have a complete understanding of the online voting process and be comfortable providing guidance to students.
- Apply in person at the NAITSA office, E-131 from 9 a.m.-4:30 p.m.

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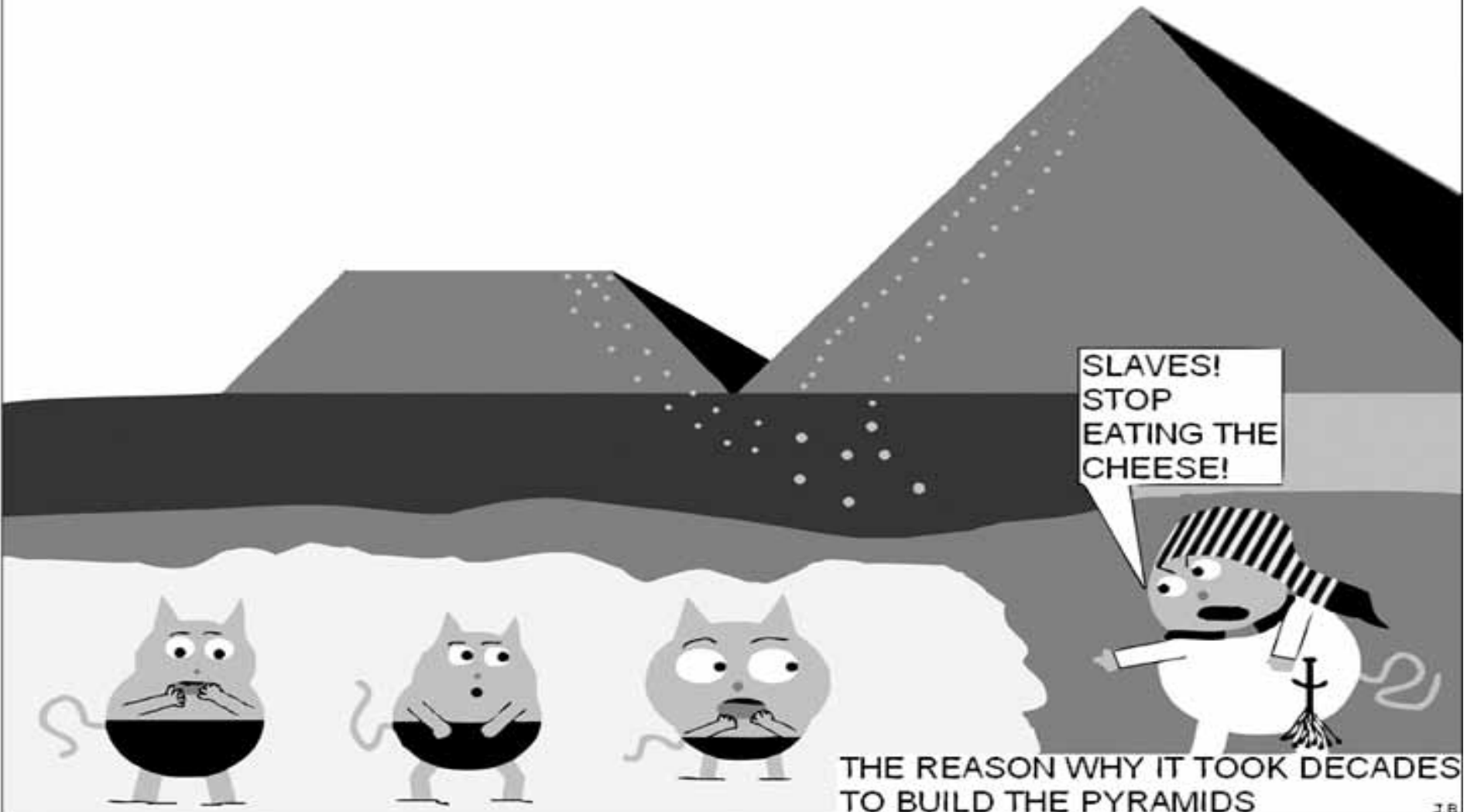
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Cartoon by John Benesch

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Duo to watch

By CRAIG SEPHTON

Taylor Swift will be looking over her shoulder for the next few years, especially if the Command Sisters continue at the rate they have been going.

Charlotte and Sarah Command began singing to backtracks and performing from time to time in front of an audience in 2005 when they were just 10 and seven years old, respectively. They slowly began to get asked to sing at different events around town just performing covers.

The two girls quickly grew to love singing and performing on stage. They started to learn how to play different instruments and writing their own lyrics.

Writing songs way beyond their years, Charlotte and Sarah have been turning heads both locally and internationally.

In Edmonton, the Command Sisters worked with Rhea March, who at the time was artistic director of U22 Productions, now March Music Inc.

The two sisters worked with March to improve their skills instrumentally, lyrically and vocally. They started making noise in Edmonton playing venues such as the Blue Chair, Hulberts and Festival Place in Sherwood Park.

The two young girls, making themselves known, have opened for Gord Bamford at the Shaw Conference Centre. They have also played

Writing songs way beyond their years, Charlotte and Sarah Command have been turning heads both locally and internationally.

along side household names such as Emerson Drive, Johnny Reid and George Canyon at the CBC Concert of Hope Benefit for Slave Lake.

Charlotte and Sarah, have not just been singing and making music, they have also been having experiences many people only dream of.

Last summer was highlighted by a personal invitation from the provincial government to attend a private reception for Prince William and his wife Catherine Middleton. They mention that it was a truly once-in-a-lifetime experience that neither will soon forget.

After securing their debut at the Edmonton Folk Festival in the summer of 2011, the girls have turned their sights internationally and have started making regular trips to Nashville, Tennessee. There, they have been playing venues in front of crowds filled with well-established musicians and producers from all genres of music.

Someone's ears were turned the right way as they signed a publishing and production deal with David Malloy, writer and producer of 41 No. 1 hits. They will be releasing their first full-length album that was recorded and mastered in Nashville.

For news and updates or to interact with the Command Sisters, you can visit their website at thecommandsisters.com.



italstartswithasong.wordpress.com

CD REVIEW

Impressive debut for local band

By EMILY FITZPATRICK

Local band Thoroughbred Racing Pigeon is off to an impressive start with their debut album, *Continue Anyway*.

The five-track album produced in a St. Albert basement is making waves in the Edmonton music community. The band describes themselves as a mix between metal and punk or just plain loud.

Their influences include the bands Mastodon, Baroness, Megadeth, Pantera and Propagandhi. The CD features angst-laden vocals by lead singer Jayme Hagen that can be heard over a flurry of guitars and thumping

percussion.

Thoroughbred is made up of four childhood friends from St. Albert. As mentioned, Jayme Hagen is in charge of the lead vocals and slapping the bass. Evan Jamieson and Corey Salloway make up the guitar portion of the band as well as the backup vocals. Mark Raso rounds out this foursome on the drums.

The band has played several shows in Edmonton venues around the city such as New City and

The Wunderbar. Their next show is on Feb. 18 at DV8 Tavern along with local bands Rebuild and Repair, and Wainwright natives Punktured.

The opening track of the CD is called "I Was Wrong." It begins with a heavy guitar riff and goes in to gnarled spoken word type of singing.

My personal favourite on the album is the final track called "Perfect Soldier." It starts slow with two pretty

all three vocalists singing together. Mark Raso's drum skills also shine nicely in this track accompanied by some stellar guitar solos.

If you want to check out the debut album, head over to their band camp website at www.thoroughbredracingpigeon.bandcamp.com. There you can get a free download.

You can also head to the band's Facebook page where you can check out their bio or keep an eye on future shows.

Thoroughbred Racing Pigeon is an upcoming band that deserves to be kept on your radar.



Harry Potter's magical world on display

By JENNY OATWAY

I entered the John W. Scott Health Sciences Library at the University of Alberta on Saturday, expecting to finally discover exactly what it would take for me to learn to use magic.

While I didn't necessarily learn what it would take for me to become a witch and how to get to Hogwarts, I didn't leave the Harry Potter's World exhibit disappointed. I learned some pretty amazing things about the world J.K. Rowling created that I had never known, even being the gigantic Harry Potter geek that I am.

The exhibit, which has been set up on the third floor of the library since Jan. 15, has banners and display cases telling the reader about the science of many different aspects of the magical world.

In particular, you can read up on the science

behind the fantastic beasts, herbology, monsters (not to be confused with fantastic beasts), alchemy, immortality, astronomy and palmistry.

What you may not know is that Rowling conducted huge amounts of research while writing the best-selling series. For example, Nicholas Flamel, a pivotal part of the plot of the first book, was a real person, and an acclaimed French alchemist.

Many of the famous witches and wizards that are mentioned in passing in the Harry Potter novels are real people from history. If you look deeper into these throwaway names, you see just how sig-

nificant a reference they really are and how much weight Rowling gave to them.

Paracelsus, Harry's first Chocolate Frog card and a sculpture in the novels, was also a real 16th-century physician. Heinrich Cornelius Agrippa, a German magician and occult writer, and a Chocolate Frog card deeply coveted by Ron Weasley, are just a few of Rowling's inconspicuous name drops.

Further research reveals how important these two characters are in history and hypothetically speaking, the history of magic.

"Well, I found out that there was much more [science] than I thought there was," says 12-year

Harry Potter enthusiast, Kendra. "I thought it was just a couple little things but Jo definitely does her research."

When asked her favourite part of the exhibit, Kendra said she really enjoyed the palm reading. With a little help from some university material provided, you can learn the "careful science" of predicting your future via the lines on your hand.

The exhibit will draw lots of young fans and plenty of older self admitted 'Harry Potter geeks' like myself. You still have time to check it out. It will remain in the Health Sciences Library, second floor University Hospital, until Feb. 25.

There will also be a 'Harry Potter Day' on Jan. 28, and you can catch screenings of *The Philosopher's Stone*, *Deathly Hallows Part I*, and *Deathly Hallows Part II* on Feb. 6, 9 and 16 respectively.



Speed dating – worth a try

By KEVIN ALBUS

Normally, every Valentine's Day brings a sour emotion out of me.

Can't say I blame myself after seeing all of the couples getting mushy and announcing how long they have been going out on Facebook while I, and a bunch of single others, plug our ears and throw soap in our eyes to combat the mushiness.

Face it, when you're single and you hear couples boast about their love for each other, you kind of get jealous, but mostly annoyed.

So how am I and other single people going to dippy-doodle around this one again? Well, maybe we can change the date of Valentine's Day to Feb. 3 ... the day doesn't exist, singles will prevail!

Nah. Well, let's be proactive. NAITSA is hosting a speed dating event on Feb. 2 in the Business Tower on the eighth floor.

I've never done speed dating. I've only seen it in movies and it seems interesting. Two people sit at a table and talk and then a bell rings like 30 seconds later then one person gets up and goes to the next table.

That seems pretty intense, but then again it beats all my attempts at talking to girls – like going to a bar and buying a girl a shot just to watch her walk away ... thanks for the false hope, lady!

Well I signed up for the speed dating hoping that things might change and that my Valentine's Day will be a little less angry, but I have so many questions about speed dating.

What happens if I sit at a table by myself? What if someone won't move and causes a traffic jam? Does that mean the speed dating is over?

Well so many questions and really I don't have the answers, but I do have some speed dating tips that should help you make the most of your attempt.

If things go well at speed dating and you get multiple numbers, make sure you don't organize the dates back to back.

For example, I get three numbers and then I line up the dates for Friday night, Saturday night and Sunday night. That could be a really bad idea.

Why? Mainly girls and some guys show up to speed dating with friends, so if you asked the three girls for numbers and unbeknownst to you they are friends, they won't be impressed if you're going through their group, dating each one back to back. Space it out if you get multiple numbers, because you never know.

Next tip, this again goes for both genders. In speed dating, you ask questions. So have questions prepared. Don't make them too long or expect a long answer because when he or she gets halfway done, time's up and you're talking to someone else. Keep them short and sweet, but most of all fun.

"What do you like, what do you not like." That's pretty boring for ladies and it shows that you're not spontaneous, which gets girls bored easily.

Try and ask what their favourite color is. It tells girls that "hey, this guy might be interested."

Guys, don't worry about turning into a psychologist, just keep it simple. You don't have to ask girls what their mood is when they look at this image of a tree ... apparently girls can spot phonies like they're Holden Caulfield.

OK, last tip. Guys, when you leave the table



eslhandouts.com

Speed dating

remember to say goodbye to the girl. Do it well, keep it simple and smile. Apparently the goodbye is the summarizing sentence.

You leave saying "well, that was fun," I guarantee you the awkwardness will be felt by both.

On second thought, I'm going to give my last tip to the ladies because it seems there is an overbearing burden on the men to do things.

Ladies, men ... don't ... think ... like ... women. If you think this guy is wondering about how your answers are, why is he slouching? And you're wondering "well he's asking me questions, but is he genuinely asking me?"

I can probably tell you right now what's going on in this guy's head as you're talking to him. "OK, so this chick is smiling so I must be doing good, now should I bunt and get on base or go for

a home run?"

So ladies, take this advice everywhere you go. If you're getting mad because this guy isn't answering your thoughts, give him a break, he's trying.

So with all the tips that I have gathered, I wish both sides good luck. I hope it brings awareness because it seems like awareness is non-existent on both sides, in my experience.

These tips will generally apply to speed dating. Asking a million short questions outside of speed dating may or may not help you. Don't ask for my dating advice, I'd ask Dr. Conwisdom.

If you're interested in participating in speed dating, head to naitsa.ca/dating and sign up. There's information for the event time and place so you don't show up late. I'll see you there.

Local musicians take the stage

By MIKE JONES

Edmonton's NextGen and local recording company Old Ugly are teaming up to showcase talented local musicians on Sunday, Jan. 29 at Churchill Square.

The event will be a part of the Metropolis festival which runs through Family Day (Feb. 20).

A dozen local acts are scheduled to perform as a part of the festival. Among them are alternative rapper Mitchmatic and headliners 100 Mile House.

Don't worry about the cold as the performances will take place in a fully heated tent. The show starts at noon and is expected to run until approximately 10 p.m. The event is free and all ages are welcome.

Old Ugly Recording Co. founder Joe Gurba said this festival is for the music buff, but it's also pretty accessible for the fan who "isn't spending tireless hours at late shows trying to figure out what's next and big in Edmonton."

The city approached Old Ugly to put together a festival and Gurba is grateful.

"The city is doing more to make winter in Edmonton special," said Gurba.

"They're putting money into this underground music scene in Edmonton and allowing [it] to have a platform for normal citizens to see."

Gurba says he picked these artists "mostly because a lot of them have records out right now and we're trying to push them. It's only the tip of the iceberg though. There's many, many other bands doing incredible things."

Old Ugly artist and Tip of the Iceberg performer Jessica Jalbert is excited for the event.

"I can't wait to play and to see all the other acts," said Jalbert. "Everyone has a few notches in their belt as a performer. I'm hoping people will come out and have some fun. I think it will be really good."

The event boasts a diverse line-up of up and coming artists, running the gauntlet from folk to hip-hop. In addition to Jessica Jalbert's haunting alternative folk melodies, there's also the garage style rock of Camembert, the upbeat folk rock of Scenic Route to Alaska and the punk-influenced Brazilian Money.

Other artists on the bill include Jom Comyn, Krang, Viking Fell, Field+Stream, Jeff Stuart & The Hearts and Liam Tremble. You can listen to

songs from most of the artists at www.olduglyco.com.

"Old Ugly is a very tight knit family," Gurba said. "There's a lot of artists that we love and appreciate who aren't necessarily on our label."

Gurba is especially excited because "every one of the artists is a headliner who could fill a room on their own and for a decent ticket price."

"To see them all the same day for free is a blessing that the city has generously paid for. I wouldn't miss it!"

While you're checking out the show, Metropolis has plenty of other activities going on as well including the Taste of Winter, children's entertainment and the fully licensed Polar Brewhouse.



intercamp.ca

Joe Gurba
Old Ugly Recording Co. founder

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RAPID FIRE



More concerts announced

By MIKE JONES

Over the past week, a ton of spring shows (and even a few summer ones) have been announced, with lots more to come. Boonstock is expected to unveil its lineup in February, and lineups for festivals such as Capital Ex and Sonic Boom will soon follow.

The Metal Alliance Tour stampedes through Edmonton Friday March 30 with DevilDriver, Job For a Cowboy, 3 Inches of Blood and four other bands.

Fresh off annihilating Boonstock, Five Finger Death Punch are back with a new album (American Capitalist) and a new Edmonton date – April 5 at the Shaw Conference Centre with guest Soulfly.

Electro-rockers Kasabian play the Edmonton Event Centre April 6. This is the UK group's first ever trip to Edmonton. Opening acts have yet to be announced for the all-ages show.

The snow might be melting by April, but that won't stop Trans-Siberian Orchestra from bringing their guitar-fuelled Christmas influenced show to the Jubilee Auditorium on April 9.

Coldplay brings their Mylo Xyloto tour to Rexall April 17. The Brit rockers just released their third single from their newest album.

Country-crooner Johnny Reid will be wooing the ladies on April 19 at Rexall. The Scottish-born singer, who was raised Canadian, will be performing hits as well as tunes from his new album *Fire It Up*, expected to be released in March.

Multi-talented Canadian folk rocker Joel Plaskett plays a special show at the Winspear Centre on April 19 in support of his upcoming release *Scrappy Happiness*. England's Frank Turner will open up the festivities.

"Alice's Restaurant" folkster Arlo Guthrie brings his show to the Arden Theatre in St. Albert for a pair of shows on April 19 and 20.

Fresh off playing Sonic Boom last fall, Social Distortion will bring some "Hard Times

Roger Waters brings The Wall to Rexall Place for back to back shows May 28 and 29.



justwilliam1959.wordpress.com

and Nursery Rhymes" to the Edmonton Events Centre on April 20. Legendary band The Toadies will provide support.

London, Ontario's favourite all-girl metal-core band Kittie bring their 2012 tour to Edmonton on April 21 for an early show at the Pawn Shop. Bonded By Blood are among the opening acts.

The Van Halen reunion is one of the biggest tours of the year and it makes its way to Rexall Place on May 11. Eddie, Alex and Wolfgang Van Halen come to town with original lead singer David Lee Roth.

The Black Keys will be headlining both Friday nights at the already sold out Coachella Festival this year, but they are not forsaking

their Edmonton fans and are visiting Rexall Place on May 12. Make sure you look good on the dance floor for opening act The Arctic Monkeys.

They've got a new album (*Here and Now*) so it should be assumed that Nickelback would pay a visit to their home province, and indeed they are, on May 15 at Rexall Place. The boys from the back will be bringing their pyro-fuelled show and a whole slew of openers to give you more bang for your buck. This time around, it's the legendary Bush sharing the stage as well as perennial Nickelback openers Seether and My Darkest Days.

The Jubilee Auditorium will be stocking up on bourbon, scotch and, of course, beer as

George Thorogood and the Destroyers bring their blues-influenced rock on May 22.

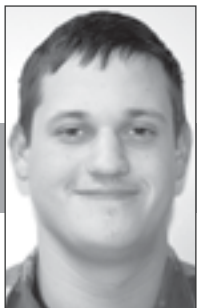
Roger Waters brings The Wall to Rexall Place for back to back shows May 28 and 29. The Pink Floyd frontman will perform the classic 1979 double-album in its entirety both nights. It is said to be one of the most extravagant concerts ever staged.

If that's enough to wet your concert appetite, remember the summer brings Boonstock, Big Valley Jamboree and solo shows from acts like Neil Diamond (July 16 at Rexall) and Il Divo (July 28, also at Rexall)

For up to date concert information visit www.pollstar.com and buy tickets at www.ticketmaster.ca

THE NUGGET PRESENTS:

Dr.CONwisDOM



**MIKE MARSHALL
AKA Dr. CONwisDOM**

Dear Dr. CONwisDOM,
My boyfriend seems to have a small eating disorder, and by small, I mean the bastard can't go more than three minutes without a cheeseburger. He's really starting to put on the pounds. What can I do to help him?

Signed,
"I think I'm dating Shamu"

Dear "I think I'm dating Shamu",
The male body is a strange creature. You

can fill it full of liquor, drugs and a horrifying diet and it's still as ugly as the day it was born. I really wouldn't worry too much about your boyfriend. That is, until he tries to climb on top of you and pushes you through the box spring of your mattress.

Dear Dr.CONwisDOM,
My boyfriend has started tanning at tanning salons around the city. I think it looks great, but I'm worried about the health risks too. What should he do?

Signed,
"I like my men like I like my carrots"

Dear "I like my men like I like my carrots"
I say go with whatever helps your damaged psyche. I myself smoke, not because I'm hopelessly addicted, but because it makes me look pretty damn cool when the ladies walk past me. I mean between the two, what's the worst that could happen?

Dear Dr.CONwisDOM,
My girlfriend is a tomboy. She likes packing up her hunting gear, heading out into the brush and bagging a whitetail. She pays for all the beer and then comes home and ravages me in bed. Is this a normal relationship?

Signed,
"A real bolt action Betty"

Dear "A real bolt action Betty"
There's really nothing wrong with a good old fashioned country girl who can hold her own with an 8 mm Mauser rifle. Just make sure you never piss her off, never cheat on her or do anything to send her over the deep end, or the next time your dick gets mounted it'll be on her trophy wall.

Dear Dr.CONwisDOM,
My girlfriend takes me shopping for hours on end, looking at the same f*****g shirt forever. How can I tell her that I'm really bored with her shopping ways without losing my sex privileges?

Signed,
"Gonna commit marketplace suicide"

Dear "Gonna commit marketplace suicide",
Everyone who's ever been in a relationship wants the answer to this one. I'm not sure if my method is foolproof, but it has worked for me: S**t your pants. Claim that the Taco Time you had before has rendered you unable to continue shopping. Then walk over to the nearest bar and wait for your baby to be done. Sure you have to sit in your own feces, but you're a college student. You smell like that anyways.

Do you have any personal questions that you want to have answered by the good doctor? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!



Think pink – for a cause

By JACOB McKAY

Throughout the months of January and February, you may notice a lot of new pink hairdos throughout the city. There's a good chance that they're taking part in the Hair Massacre.

The Hair Massacre is a charity event with all proceeds going to Stollery Children's Hospital Foundation, the Make-a-Wish Foundation and Ronald McDonald House. All the money raised is split between these organizations to aid children with terminal illnesses.

At the start of every year, participants start dying their hair pink and accepting donations for the cause. This all leads up to a massive "head shave" event held in February.

The participants range in ages and professions, from children to seniors and everyone in between, including students, businessmen, tradesmen, teachers and others.

The inspiration behind this movement was a little girl by the name of Kali MacDonald. In the year 2000, Kali was diagnosed with acute lymphoblastic leukemia, and endured aggressive chemotherapy for three years. The idea

came to Kali's father, Gordon, when his daughter lost her hair for the third time due to chemotherapy treatment.

After a few short years, the family had to devote all of their time to the Hair Massacre as it expanded. Kali in the end beat the cancer, but her parents stayed on board with the campaign, leaving their jobs to commit to it full time.

Last year over 1,700 participants came together to raise the money and this year even more are expected to join.

Since starting in Alberta in 2002, more and more volunteers are dying their hair pink, shaving their heads, having pink mohawks and donating time and money to the cause. Thus far, over \$4,788,200 has been raised.

The Massacre has been growing and expanding every year. The first year, \$37,000 was raised, compared to last year's donations of over \$1 million.

As the event grows and becomes larger, so does the goal. This year is the Hair Massacre's 10th anniversary and it is expected to beat last year's numbers and expand further to help children with terminal illness.



angierodrigues.wordpress.com

The "head shave" is scheduled to be at West Edmonton Mall on Feb. 3 and Feb. 18 in Red Deer at the Parkland Mall.

As a reporter and a "proud victim" I am happy to say this cause is only going to

expand, and maybe one day we will find a cure for some of these illnesses. If you would like to get involved, or make a donation, more information is available online at hairmassacre.com

Do you have an eating disorder?



TIMELY TIPS

MARGARET MAREAN
NAIT Student Counselling

An eating disorder is a set of eating habits, weight management practices and attitudes about weight and body shape that are caused by emotional problems. Eating disorders result in loss of control or over control around food and often lead to obsession, anxiety and guilt, alienation from yourself or others and/or physiological imbalances which are potentially life-threatening.

Eating disorders are experienced by both males and females and include anorexia nervosa, bulimia nervosa and compulsive overeating. All are serious emotional problems that can have life-threatening consequences.

People with anorexia have an intense and irrational fear of body fat and weight gain, an incredibly strong determination to become thinner and thinner and a misperception of body weight and shape. Thoughts about food, calories, weight and weight management dominate the person's life.

Bulimia is characterized by self-perpetuation and self-defeating cycles of binge-eating and vomiting. During a binge, the person consumes a large amount of food in a rapid, automatic and helpless fashion. The food may act like an emotional anesthetic but the effect is temporary and the person makes her or himself vomit or uses a combination of restrictive dieting, excessive exercising, laxatives and/or diuretics in order to prevent weight gain from the overconsumption

of food, as well as for emotional reasons.

Compulsive overeating is characterized by periods of impulsive gorging or continuous eating. Sporadic fasts or repetitive diets are common with compulsive overeaters, and body weight may vary significantly.

What Causes an Eating Disorder?

Eating disorders arise from a combination of long-standing psychological, interpersonal and social conditions. Feelings of inadequacy, depression, anxiety and loneliness, as well as troubled family and personal relationships, may contribute to the development of an eating disorder. Our culture, with its unrelenting idealization of thinness and the "perfect body," is often a contributing factor.

Dieting, bingeing and purging help some people cope with painful emotions and, initially, to feel more in control of their lives. At the same time, these behaviors undermine physical health, self-esteem and a sense of competence and control.

Assessing Your Risk (this is not meant to replace a discussion with a qualified professional)

1. ___ My eating habits are different from those of my family and friends
2. ___ I have become obsessed with food to the point that I cannot go through a day without worrying about what I will or will not eat. A high percentage of my time is spent thinking about food, weight, body fat, hunger and/or exercise.
3. ___ I would panic if I got on the scale tomorrow and found out I had gained two pounds.
4. ___ I find myself going on uncontrollable eating binges during which I consume large amounts of food to the point that I feel sick and make myself vomit or I find myself compulsively eating more than I want to while felling out of control and/or unaware of what I am doing or I have lost weight and am currently below the minimum recommended weight for my height.
5. ___ I have felt more depressed and irritable recently than I used to and/or have been

spending an increasing amount of time alone.

6. ___ The most powerful fear in my life is the fear of gaining weight or becoming fat.

7. ___ I exercise a lot (more than five times per week and/or more than five hours per week) as a means of weight control.

8. ___ I tend to be a perfectionist and am not satisfied with myself unless I do things perfectly.

9. ___ Even though people tell me I look good I think they are being polite and I still believe I need to go on a diet because I am not satisfied with my body.

10. ___ I spend, or have spent, a substantial amount of time reading books, websites or magazines about dieting, exercising and calorie counting.

If you checked two or more of the above questions consider seeing a counsellor or family physician to determine whether you may have an eating disorder or a tendency toward developing an eating disorder. Seeking help early on makes it easier to overcome a disorder.

If you think you might have an eating disorder:

- Get help as soon as possible. It is much easier to recover from an eating disorder if you catch it early on. Counsellors are available at NAIT Student Counselling.
- Learn as much as you can. Books like *When Food Is Love* by Geneen Roth or *It's Not About Food* by Jane Hirschmann and Carol Munter are helpful for many people.
- You may want to contact the Eating Disorder Clinic at the University of Alberta

Hospital.

How to help a friend you think may have an eating disorder:

- Approach your friend in a private place when there is time to talk. Be caring but straightforward and tell your friend what you have observed and what your concerns are. Let him or her know that you are worried and want to help.
- Give the person time to talk and encourage them to verbalize feelings. Ask clarifying questions. Listen carefully and be non-judgmental.
- Try not to get into a power-struggle about whether there is a problem or not. Just let your friend know that you are concerned.
- Offer to help the person make an appointment with a counsellor. If they are resistant encourage them to consider going for one appointment before they make a decision about ongoing treatment.
- If the person denies the problem recognize that this is often part of the illness. Unless the person's life is in immediate danger they have the right to refuse treatment.
- Do not continually bring the subject up or the person will resent you and may start avoiding you. By talking with the person and offering help you have done all that is reasonably expected and have, hopefully, planted a seed that may lead the person to seek help in the future.

If you think you have a problem with eating or body image see a counsellor at NAIT Student Counselling. Book in person at Room W111- PB or call 780.378.6133.

Stress – what to do

Please join Margaret Marean, NAIT counsellor/psychologist, as she explores ways that stress affects us and teaches strategies to manage it more effectively.

What: Stress Management

When: Wednesday, Feb. 1, 2012

Time: 11:15 a.m.-12:05 p.m. or 12:15 p.m.-1:05 p.m.

Where: International Centre (Room E-124)

Open to all students!

HOT SINGLE OF THE WEEK



Photo by Emily Fitzpatrick

Ferris Sandboe, 20 Carpentry

What's your type? – A guy that's athletic, outgoing, smart, taller than me and good-looking. Also, if he likes to travel that's a plus.

What's your ideal date? – Something like going for sushi or a hockey game or maybe the water park.

What's one of your turn ons? – A good smile or a good sense of humour.

What's one of your turn off's? – People who aren't willing to try new foods.

Who are your celebrity crushes? – Channing Tatum, Ryan Gosling and Usain Bolt.

What's one of your guilty pleasures? – Ferrero Rochers.

What's your favorite movie? – The Notebook and Forrest Gump.

What's your favorite food? – Indian food and pizza.

If you could fly anywhere right now, where would you go? – Australia or Thailand.

Are you hot and single? E-mail us at entertain@nait.ca

Two reunions

By THILINA BANDARA
**The Sheaf
(University of Saskatchewan)**

SASKATOON (CUP) – At The Drive-In and Refused are reuniting this year, both restarting their glory at Coachella 2012.

Both bands broke up at the height of their success, shortly after releasing their respective masterpieces: At The Drive-In's *Relationship of Command* (2000) and Refused's *The Shape of Punk to Come* (1998). These are two incredible albums, among my favourites and they set the bar very high for a reunion. Though neither band has confirmed any new material, the return of such quality musicians warrants those unfamiliar with the music to seek out these two albums from the late '90s.

At The Drive-In disbanded in 2001, a year after releasing *Relationship of Command*. Named one of *Spin* magazine's greatest albums from 1985 to 2005, it was the crescendo of everything to which punk and hardcore rock had been building. It only takes a swift clobbering to the face by the opening track "Arcarsenal" to understand the pace at which the crunchy guitars and lyrical trips will tear through your senses.

Their most popular track, "One Armed Scissor," is also their most accessible and was the one that drew me into this band, introducing me to an album that encapsulates everything I love about rock. Considered post-hardcore – whatever that means – At The Drive-In sounds not unlike Rage Against the Machine, while adding a kind of psychedelic aggression that has yet to be replicated.

Relationship of Command has a deft balance of melody and pure cacophony within and between the tracks. It is a loud and relentlessly efficient album, lyrically obtuse

yet deeply satisfying. Watch any video from their last festival performance at Sydney's Big Day Out 2001 on YouTube, and you will see exactly what I mean. If you like loud, acidic punk rock, At The Drive-In is not to be missed.

On paper, Refused set themselves up to fail with their last album. Calling your album *The Shape of Punk to Come* and containing self-referential songs like "Refused Are Fucking Dead" and "The Refused Party Program," while adding electronic elements into punk-rock, all take a special type of confidence. Lucky for them, the album is flawless.

It is a politically charged work of anthemic screams and effect-laden melodies that demand head-banging. Their most recognized track, "New Noise," is

what I would describe as the ultimate hype song. In the same vein as Blur's venerable "Song 2," it builds, drops and builds again and even contains ambient crowd noise to steep you in its tension. It's the perfect song to set to a movie trailer or extreme sport segment, while having that endless replay value few songs can deliver.

Other standout tracks are "Liberation Frequency" and the aforementioned "Refused Are Fucking Dead." This album is often recognized as a seminal piece of modern punk rock and elements of their then-progressive sound can be found in the genre today. Go buy this album, then imagine a world without it, and cry.

Hopefully these bands' reunions will inspire a new generation of musicians to capture the essence of the late '90s post-hardcore scene and make it new. Though there have been a great number of bands since, nobody has seemed to really capture the pure energy these two bands – and specifically these albums – possess.



Happy coffee!

CAMPUS FOOD REVIEW

By CHELSEA BIRD

Alright, so yes, this is a food review. Technically I should write about food on campus. However ... I've made a vow to bring my lunch every day and so far I've been sticking to it quite nicely.

On the other hand, if you know me, you know that I can't go a day without caffeine. I wake myself up with a pot of coffee but sometimes it's just not enough. Crashing in the afternoon is a common occurrence and when it happens to me, I know that I'm going to need a coffee to jolt me back to life.

So yes, I will throw out \$5 for a coffee at Starbucks. So call me a coffee snob if you want, but I want something that has espresso in it (because of the taste and because I can add an extra shot) and something that I can customize (skim milk, whipped cream, no whipped cream).

Maybe not a uniquely NAIT establishment, the Starbucks in Common Market moves at a faster pace than most other locations I've frequented. The line can sometimes look intimidating but it's always worth it.

So what do I get? A grande mocha with an extra shot of espresso and two pumps of coconut syrup.

Essentially a deliciously coffee and chocolate concoction with a hint of sweet, summery coconut. Try it! I promise you will love it. This is my favourite drink of all time at any Starbucks, though not every location has coconut syrup year round.

The coconut balances out the bitter taste of espresso and the chocolate makes the drink smooth and rich. Maybe \$5 is a little much for one cup of joe, but if you aren't splurging every day it's well worth it.

Happy coffee time!

TIP OF THE WEEK – FROM NAIT SECURITY SERVICES



Spousal violence hits many



Spousal violence cuts across every line of geography and income. Abuse is found in every community in our country and hundreds thousands of incidents of domestic violence occur every year. The sad news is, many of these incidents go unreported. Many of the households where spousal violence occurs also have a child present – which means there is usually more than one victim. Taking the enormous step to reach out is the first step towards change, the first step towards safety. No one deserves to be abused. Families no longer need to suffer for years in silence.

Partnership

The collaborative partnership between the Edmonton Police Service and Edmonton Community Services is committed to working together to help families find emotional and physical safety and to work with the community to end the cycle of violence that so often damages and destroys families.

To deal with the more than 5,500 reports of family violence received each year, the EPS and Edmonton Community Services established intervention teams to provide services to individuals involved in spousal violence. The teams are comprised of a detective and a senior social worker and are responsible for completing a threat/risk assessment based on information from police reports, records and other sources.

Intervention

The teams provide intervention in selected cases where victims are assessed as high risk for serious violence or offenders are deemed at high risk to re-offend. Intervention

includes further investigation of complex cases or issues not identified in the original file, developing a comprehensive safety plan with the victim and proactively working with the victim and community agencies to end the violence, help the parties involved make appropriate changes in their lives and work with patrol members in developing appropriate responses to cases of spousal violence.

Research and experience show that violence in a relationship follows a cycle.

The tension builds over a period of time – days, weeks, months or even years. Then comes the assault, which is followed by a period of peacemaking, often referred to as the ‘honeymoon’ phase. Many believe that abused partners do not experience a true ‘honeymoon’ phase once the cycle of abuse has begun. This may more accurately reflect the abuser’s state.

Phase 1 – Tension Buildup

- You can sense your partner’s edginess.
- You are unable to discuss the underlying problem.
- Your partner becomes verbally abusive.
- You may feel the abuse is deserved.
- In order to cope, you deny that violence will occur and believe that it can be controlled.

Phase 2 – Violent Episode

- The tension builds until it becomes unbearable. You may even provoke violence to get it over with. Your partner loses control and acts violently.
- It may begin with a push or shove. With time, it escalates to a slap, kick or punch, then possibly to the use of weapons, resulting in more serious injuries.

• You partner claims not to want to hurt you, just to teach you a lesson.

• Your partner justifies his/her actions and blames you.

• Both you and your partner minimize the seriousness of the injuries.

• You accept the blame.

Phase 3 – Honeymoon

Your partner:

- fears you will leave the relationship;
- is worried and tries to make up;
- becomes charming and manipulative;
- believes anger can be controlled and it will never happen again; and/or
- may shower you with gifts

You:

- want to believe your partner;
- begin to feel responsible for the abuse;
- in advanced stages of abuse, the honeymoon period may be reduced to a day without violence or be totally absent.

Effects on Children

Studies show that the effects on children living in an abusive environment may be harmful and lasting. Some children learn to accept violence as a normal part of family life and will often mimic their parents and become violent themselves.

If a parent remains in an abusive home, children learn there are few consequences for violent behaviour. They become confused in their feelings of love and hurt.

Their feelings toward their parents may also be confused and this may result in loss of respect for them or even directing abuse towards them. Children may grow up to abuse the partners they choose or accept violence in relationships because they think of violence as

a normal part of a relationship.

Your children deserve better. Although removing them from a violent home or having your abusive partner leave will not automatically remove the damage already done, it is a first step in encouraging a positive change in their lives. Counseling is available to help children with the confused emotions or trauma they are experiencing.

If you decide to leave an abusive situation, take your children with you. If the police are involved, they can escort you to a safe place.

If there is not an immediate concern for your safety, i.e. you are at a place of safety unknown to the abuser, report to the regular police line: 780-423-4567.

Distress and Crisis Lines

Police, Ambulance: 911

• Police Complaint Line:
780-423-4567

• Support Network 24-Hour
Distress Line: 780-482-4357

• Edmonton Sexual Assault Centre
24-Hour Crisis Line: 780-423-4121

• Suicide Prevention Line
(Salvation Army): 780-429-0230

• Kids Help Line: 1-800-668-6868

• Child Abuse Hot Line:
1-800-387-5437

• Teens Helping Teens:
780-428-8336

To obtain an Emergency Protection Order or other protection orders, please contact the Edmonton Protection Order Program at 780-422-9222.

– Information obtained from the
Edmonton Police Service

That crazy girl strikes a chord

By ANIKA NOTTVEIT
Assistant Entertainment Editor

“Who’s that girl, who’s that girl ... it’s Jess!”
Who’s Jess? That girl.

To be precise, Jess is New Girl. If you’re confused about what New Girl is, please keep reading and I’ll give you a biased heads up. Let me tell you all about New Girl and why it is currently my favourite show.

The premise of the show goes like this ... Charming and humorous Zooey Deschanel, known as Jess, finds out her live-in boyfriend has cheated on her. As any reasonable person does, she decides to move out and live with her friend.

Cece Meyers, (Hannah Simone) is a model and Jess’s sensible friend. After living with her for a while, Jess decides she needs to find a place to call home. She looks on Craigslist and finds an apartment with three guys.

These guys are the perfect roommate tripod. Nick Miller, (Jake Johnson) is a bartender who has recently gone through a breakup. He’s around 30 years old and plays the role of critic of every-

thing. He’s burly, handsome and is easily the manly man of the three.

Schmidt, (Max Greenfield) is the labelled “douche bag” of the three. There is a jar in the apartment for every time he does something “douche-y.” This jar is always full of cash! He finds any excuse to take off his shirt.

You’d think he’d be the one least concerned about “getting the ladies” as he is the only male worker in his office. He is a successful lawyer. Which reminds me, Nick was just shy of getting his law degree. This creates a little playful animosity between them.

Winston Bishop, (Lamorne Morris) previously a basketball player, is the talented one of the group.

They agreed to let Jess move in, knowing little of how it would change their life. These guys help her get back on her feet after her messy breakup.

Jess, being as open and friendly as she is, lets them change her life as well. She gets out of her self-indulgent breakup pity party pretty fast. She bounces back like the eccentric energy ball she is.

Jess is a weird character. She doesn’t fit into the normal mold of 20-something teachers most of us know.

The thing about Jess is, she is awkward and is constantly creating those moments the majority of us try to avoid. It makes me want to keep watching, because I can’t help but laugh at those embarrassing moments.

The producers sure have an unending plethora of funny situations.

Jess is the new girl, but she exemplifies “every” girl. So many girls appear to have it all together but it makes you wonder, do they really? Jess doesn’t have it all together and she doesn’t try to. She spends her time making life fun for her roommates and friends.

As a quirky side note, she also spontaneously bursts into song, with immediate lyrics pertaining to her present moment.

The first episode, aired in September, was really good and intrigued me to keep watching. I will admit there were a few episodes at the beginning that were a little shaky. They didn’t seem very inspired, lacked plot and humour.

I think this was around the time Zooey Deschanel was breaking up with her husband in real life, so this could have played a role. Anyways, I continued to watch and the show did pick up again.

If you are an avid fan, keep reading to see a

foreshadow. My prediction is that Jess and Nick will live happily ever after.

Nick secretly loves Jess, but constantly makes fun of her. This is necessary because it highlights Jess’s weirdness, making the show and Jess more interesting. Eventually, they will realize how perfect they are for each other. But for now, we have to endure them butting into one another’s separate love lives with criticism.

As a side note, the theme song at the beginning of the show is Zooey Deschanel’s. She has a bit of a singing career on the side. Her band is called She and Him. Zooey and M. Ward play pop style music. She’s on the vocals, ukulele and piano. M. Ward takes care of the guitar and production.

“Who’s that girl?” Now you know it’s Jess!

You never know what shenanigans she’ll be getting into. One week she’ll be hugging a frozen turkey trying to defrost it, the next week she’ll be managing a bell choir. You just never know.

Valuable information can also be learned from the show. Did you know that when a guy points his feet directly at you when he’s talking to you, that means he’s into you? Like I said, very valuable information.

Anyways, I hope I’ve inspired you to experience a new show! If you have 22 minutes to spare, it is definitely worth checking out Tuesday nights at 8 p.m. on Citytv.



Zooey Deschanel



JENNY OATWAY

How do you deal with the cold weather?



"It's cold outside? I'm sorry, I didn't notice through my beard."

Alexander Sackiw
Respiratory Therapy



"I love it. I was born in Canada, after all."

Travis Cook
Cabinet Making



"I'm wearing five layers right now, and that doesn't include my sweater, scarf, mittens and jacket."

Tracy Ritchie
Hospitality Management



"Dressing warm.."

Mark Herscovitch
Carpentry



"Yes, it's colder than a witch's tit, but come on, people, we live in Alberta, it's to be expected. Bundle up, start your car and get on with winter. Bring on the snow!"

Mia Huemmert
Respiratory Therapy



WILD RIDE

Photo by Chad Steeves

NAIT student Morgan Simms, right, and Thomas Loughheed take a tube on a wild ride at Sunridge Ski Hill last Saturday.

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- Outside NAITSA Office (E-131)
- Annex (1st floor)
- Outside the bookstore
- U Hallway (near Fresh Express)
- South Campus
- Patricia Campus

Check the February 9 issue of the Nugget for candidate pictures and articles, and watch for nominees campaigning across campus between February 1 - February 6.



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