

INK NIGHT AT THE NEST, MARCH 29

# THE NUGGET

Thursday, March 15, 2012  
Volume 49, Issue 22



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YOUR STUDENT NEWSPAPER EDMONTON, ALBERTA, CANADA

## KILLER COMEBACK!

Men's hockey team saves series after being down 2-0, story page 8

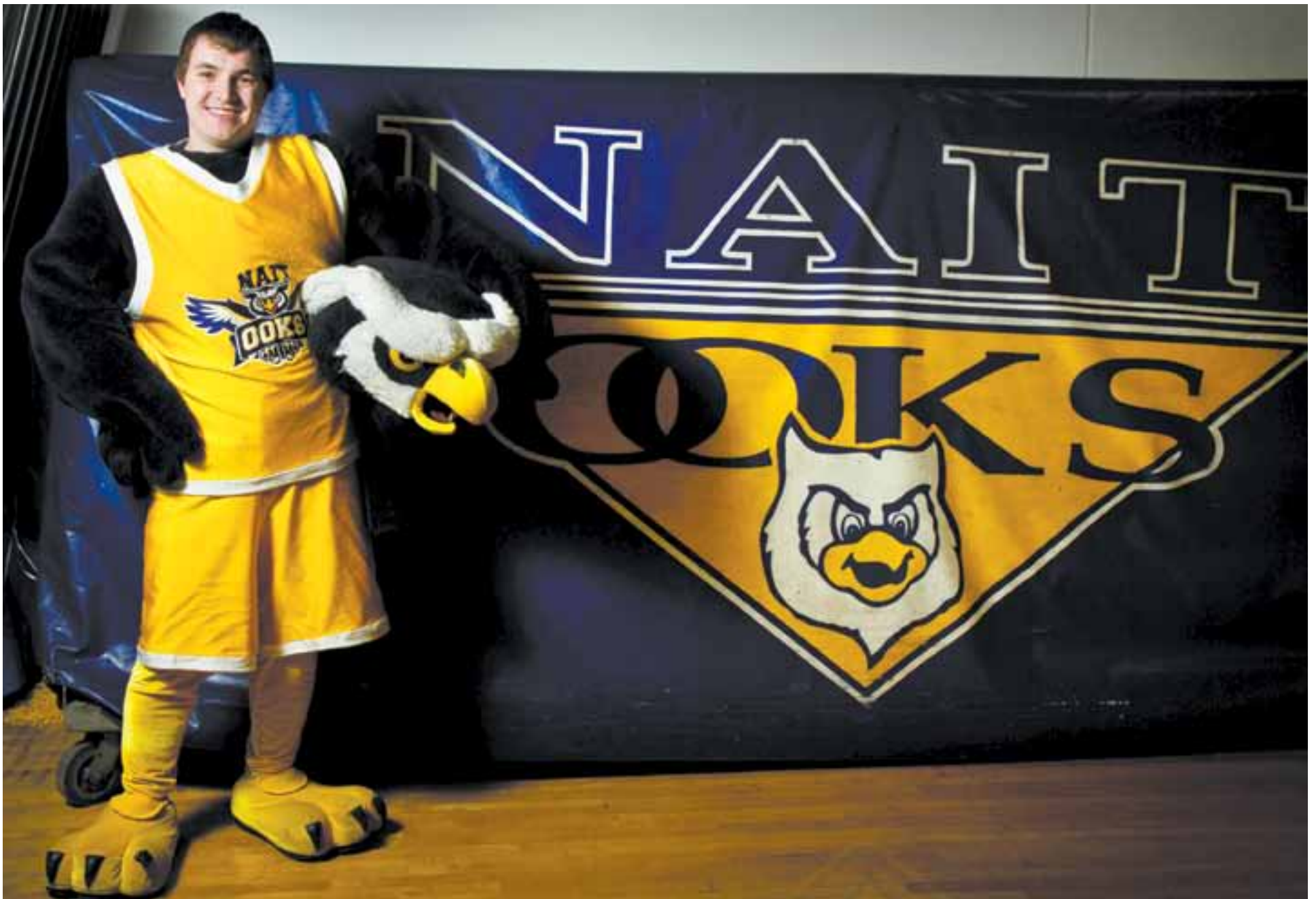


Photo by Laura Dettling

### TIME FOR A NEW OOK

RTA student Brett Plaxton is finishing his on-campus training this semester and so another Ook meister will have to take his place. For a story on Brett's Ook career, see page 7.

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# NEWS & FEATURES

## NAITSA adjusts budget

By ALLISON KARCH

The NAIT Students' Association tabled the first reading of its budget for the 2012-2013 school year, and yes, there will be some cuts.

Finance Director Jon Hoffman led the Senate and NAITSA's

Executive Council through the changes in the proposed budget at the Senate meeting held on March 7. The gist is that most of the notable budget cuts are to NAITSA-run student activities and much of that money will instead be funnelled towards alternate activities

and student clubs.

The argument for the activities funding cuts is that NAITSA is playing to its strengths by continuing and enhancing events that have proven to be successful and reducing or eliminating funding for events that haven't been suc-

cessful. In all, around \$50,000 has been cut from various activities, but other activities see their funding increased to a total of almost \$45,000. Thus, the amount spent on student activities hasn't changed much. What has changed is which activities are getting the money.

Funding for frosh and orientation activities on the Main Campus will drop by just over \$4,000 to \$14,630, while two other NAIT campuses will see an increase in those funds. Patricia Campus and Souch Campus will each receive \$8,000 next year for frosh and orientation activities.

### \$18,000 cut

Funding for Awareness Weeks was cut by almost \$18,000, including the elimination of funding altogether for International Awareness Week and Days of Action. Meanwhile, the exceptionally popular How-To series, which ran a How To DJ event in January, will receive an extra \$4,500 next year.

When it comes to live music events, NAITSA is going big and small bands, it seems, are going home. Indie Nights, which hosted independent bands at the Nest every Thursday, have been cancelled for the upcoming year because they weren't successful enough to stay off the chopping block.

NAITSA deemed an increase in sales at the Nest to be an important indicator of the success of Indie Nights, and unfortunately for indie music lovers, no such increase occurred.

Instead, NAITSA wants to focus on big-name bands that will appeal to a greater number of students and thus draw bigger crowds. Following this line, NestFest will be back next year, and with a substantial price tag for a one-day event.

NestFest of 2008 hosted several bands, including Ontario's Tokyo Police Club, and featured a beer garden in the Nest parking lot for those who like some sunshine

with their suds.

Some events, such as the New Year's trip and Spring Break trip, actually competed with similar events that student clubs organized. These two trips have been cut out of the budget for the upcoming school year, freeing up \$5,000 and eliminating competition between NAITSA-organized trips and club-organized trips.

Club grants in the new budget have more than doubled – from \$41,000 to \$85,000 – in response to a growing demand. This increase will allow for the creation of more clubs, and will empower clubs to organize more and bigger events.

In short, giving clubs more money gives the student body more control over the money that's spent on their activities.

NAITSA Senator Alex Sackiw, a Respiratory Therapy student, supports the club funding increase, "because there's a stronger independence ... if clubs want to put more into an event, now there's more money for that."

### Insurance policy

A total of \$20,000 is budgeted for a Clubs insurance policy, which was made necessary by a recently passed NAITSA bylaw that allows the creation of clubs that focus on higher-risk activities, such as sky-diving or firearms clubs. Club leaders will also receive more support through an increase in spending on Clubs orientation and training.

One notable budget cut that isn't expressly made up for elsewhere in the budget is the elimination of volunteer resources funding. Part of administration expenses rather than activities expenses, volunteer resources received \$16,242 in the 2011-2012 budget.

It is expected that clubs will provide some volunteer opportunities, though this is not mandated – each club has autonomy over its activities.



Photo by Emily Vanee

Jon Hoffman, NAIT Students' Association Finance Director, outlines NAITSA's budget plans at a meeting of the Student Senate on March 7.



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# Celebrity chef keen

By JENNY OATWAY

The Culinary Arts students at NAIT are looking forward to their upcoming visit from celebrity chef Massimo Capra. And those feelings are certainly reciprocated.

Chef Massimo says that when he visited NAIT last November and was asked to participate, he jumped at the opportunity to come back this month for the Hokanson Celebrity Chef in Residence.

"I've done a few classes and courses over at George Brown College here in Toronto," says Massimo, "but I've never really taken the time to do something as wonderful as this with NAIT."

This is not Capra's first time working in Alberta. He has done Christmas in November with *Breakfast Television* in Jasper, as well as demos and odd bits of work with Jasper Park Lodge and the Fairmont Hotel.

"I like coming to Alberta, and quite enjoy it actually," says Massimo.

Massimo started out as a young chef in Italy before moving to Toronto in the late '80s.

"I never had this kind of opportunity given to me," he says of his training. "What I did was a trade school in Italy, a chef school basically, and that was a three-year course, full time. I got to work in good hotels, the chef from the school brought me on board, and we travelled around.

But I've never been exposed to different cuisines in the classroom. That's a great program to have."

As far as chef Massimo's plans for the students during his week long visit, he plans to dive into the Italian philosophy of cooking, exploring what cooking Italian food means and is.

"Just understanding what makes a dish Italian, or non-Italian, or [knowing when] something's Italianized instead of just being a true original," Massimo said.

And that's not all Capra wants to pass on to

NAIT students.

"I'm hoping to inspire a little bit, the future chefs," Massimo said. "I'm always a very happy person. I take everything with a grain of salt. I don't have a great big ego to feed and so I'd like to give a better impression to some of the junior chefs and the future chefs that basically, you have to love what you do, and if you do what you love, you never really have to feel like you're working."

Massimo loves his line of work, simply because it really puts one in touch with a lot of different people, cultures, and styles. You are able to have a great time and do something that is really wonderful and pleasant. Above all else, that is the knowledge that he would like to impart to the students. You must love what you do.

The Celebrity Chef is only one area of the Hokanson Chef in Residence Program, and Massimo Capra fits into this category easily, after his extensive work in television and his two published cookbooks.

Massimo's most frequent appearance is weekly on Cityline *Breakfast Television* but he also has his own show, called *Gourmet Escapes* on the Travel and Escape channel.

He enjoys his own show because it gives him the opportunity to travel to various locations around the world and meet up with local chefs and learn from them what local, traditional food is all about in that area.

"My day starts very early in the morning and ends very late at night," he says.

Between running two restaurants, appearing

regularly on two television shows, and countless other appearances, it would have to be a very full day. He manages to fit in *Gourmet Escapes* by filming one week of every month. That means he spends one week a month in a new locale around the world.

And above all else, getting to be on television and travel around the world every month, Massimo Capra does what he does for a love of food.

"I love food of every kind. Every day you can bring something different to your palette," he said. "Food is life, and there is nothing like going to a market and seeing a beautiful stock of fresh food.

Food is not only a necessity, it also brings a lot of pleasure."

A favourite dish of Capra's is quite simple – a nice big bowl of chicken noodle soup.

"To me, a great bowl of soup is what really gets me going. Nothing is like a great bowl of chicken noodle soup. For some reason, you feel so content after you've eaten it."

This is the truest example of Massimo Capra's character. The man loves life, he loves food, and is pleasant and joyful in every aspect of his life and his work. His work has become his life because of how much he loves it.

Capra will be visiting NAIT the week of March 19-23. NAIT will also be giving away four tickets to the "Mangia with Massimo" luncheon on March 22, along with a copy of Capra's newest cookbook. You can enter to win at [www.nait.ca](http://www.nait.ca).

Tickets can also be purchased for \$50 by calling Ernest's Samantha Well at 780-471-8676.



mississauga.com

Massimo Capra

# Three promises: President

By MIKE JONES

NAIT President and CEO Glenn Feltham has reviewed feedback from student engagement sessions held in the past months and has created three fundamental promises to students as part of his vision for NAIT in 2021.

In addition to creating a positive student experience and preparing students for career success, the promises aim for quality instruction and meeting students' needs for food and transportation.

The promises help set a level for where NAIT wants to be as an institution by 2021 and were created after input from student sessions in the Tower Lounge in January. More than 700 students offered input on everything from parking and fees to post graduation employment concerns.

Feltham says that the feedback fell into a three major categories.

"The first one was a lot of base needs, 'We need a place to park' and 'We want to be able to eat food at a reasonable price,'" Feltham said. "And those came through loud and clear."

The second is 'we really care about the quality of education,' Feltham added.

"The third category, and highest priority, is

meaningful careers: 'We want to ensure (our courses) will make us career ready and that there will be outstanding opportunities waiting for us.'

Dr. Feltham says he was able to synthesize the information to create the promises.

"NAIT is currently in the midst of an institute-wide quality curriculum initiative" Suzan Fitzsimmons, Director of Teaching and Academic Development, said. "The focus is in keeping with what a NAIT education has always stood for, real world education."

Fitzsimmons said that "One of NAIT's greatest strengths is we provide high quality, practical, hands-on learning approaches. (The curriculum initiative) provides a consistent way of talking about this type of education based on what we want students to be able demonstrate in the real world."

Fitzsimmons said the curriculum initiative also helps programs assess student learning.

"One of the exciting things happening right now is the potential to accommodate NAIT's space requirements for expansion and new programs at the main campus," Associate Vice President of Capital Projects and Facilities Operations John Engleder said. "This is happening because the city is redeveloping the airport land

where NAIT anticipates acquiring significant land for its future space requirements."

Engleder said that NAIT is currently updating its campus development plan and said it will include space for student services and health and wellness, as well as academic facilities.

Engleder also said the plan will include student housing, something NAIT currently lacks.

Already under construction is a new 1,000 stall, 12-storey parkade north of the HP Centre, expected to be finished by the end of the year.

These trends will continue as the Continuing Education (K) building will be demolished this summer, with the Engineering Annex (L) scheduled for demolition as soon as facilities can be constructed to accommodate the programs.

Feltham said these promises are by no means a final draft, stating that they will be asking for more feedback but adds "I expect that they will be quite consistent with what they are right now. All the feedback I have received (on the promises) has been extremely positive.

"This is also going to be part of our brand going forward," Feltham said enthusiastically. "We will be making promises to different groups, the province, the faculty, as well as the students. If we can meet these expectations, we're going to be in awfully good shape to attract a lot of good students in the future."

Students with more feedback are welcome to e-mail him at [president@nait.ca](mailto:president@nait.ca).



Dr. Glenn Feltham



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## Submissions encouraged: studenteditor@nait.ca

The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

# Letters

## We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

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Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



# Mac 'n' cheese, redone



By ALLISON KARCH

I'll say it loud and proud, I love mac 'n' cheese. And no, I don't mean KD.

Though it holds a special place in my heart, Kraft Dinner is a horse of a very different (ie. fluorescent orange) colour. What I'm talking about is traditional elbow macaroni in a home-made, gooey cheese sauce, with any kind of add-ins the chef feels inspired to toss. If you share this love, get your eating pants ready for Saturday, March 17.

That's the day that Mount Royal Arts Core School hosts its first annual Culinary Cook Off. The inaugural battle dish will be mac 'n' cheese, a humble classic that the contestants will surely elevate to haute cuisine.

"Mac 'n' cheese is just one of those wonderful comfort foods and it's fun to see how the various chefs involved put their own unique twist on [it]," says Cook Off organizer and local food blogger, Karlynn Johnston. "Also, because the event is for the school, we picked a food that kids love."

A number of notable professional chefs from around Edmonton are competing, including those that head the kitchens of Zinc, The Marc, Hardware Grill and Battista's Calzone Co. In fact, the Cook-Off's website is so packed with pros that I assumed the contest was only open to those with industry experience or a Red Seal – not so, says Johnston.

"It actually isn't limited to professional chefs," Johnston said. "The cards just happened to fall that way and we were lucky to have so many of them jump at the opportunity to compete."

And the Cook Off isn't just a competition, it's a capital-e Event. Besides sampling the edible entries, there will be live music from Albertan singer/songwriter Belinda Sage, a silent auction, a live art auction and a raffle.

It gets better. In this raffle, you could win the "coveted fourth judge position." That's right, some lucky attendee will be a judge in the competition alongside three local foodie luminaries. Here's a quick look at the three known judges:

Liane Faulder writes a weekly food column for the *Edmonton Journal*, and the Canadian Food Bloggers Association named her blog, *Eat My Words*, the Best Regional Blog in 2010.

NAIT's very own Stanley Townsend is the current program chair of Culinary Arts and has scads of culinary education of his own from a number of institutions.

Local food blogger, professional foods educator, advocate, writer and editor, A Canadian Foodie (aka Valerie Lugonja) will also bring her expertise and enthusiasm to the judge's table.

The tasting portion of the Cook Off runs from 11 a.m. until 1 p.m. on Saturday, March 17, at Mount Royal School (11303 55 St.). Remember to get there early for a chance to win the fourth judging spot!

Even if you don't, you can still vote for your favourite in the People's Choice Award.



cookeatshare.com

## Cook Off Organizer Karlynn Johnston

Bowls of each contestant's mac 'n' cheese are available for \$1 and all proceeds go to Mount Royal Arts Core programming.

As for future Culinary Cook-Offs, Johnston says that they're still working on ideas, and I know mac 'n' cheese will be hard to top.

If any of you food-minded readers have a great idea for a competition dish – or want to compete yourself next year – drop the organizers a line on their website, [www.theculinaryartscookoff.com](http://www.theculinaryartscookoff.com), or on Twitter, @culinarycookoff.



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# There's wisdom in skepticism



**BART PADJASEK**  
Issues Editor

I have a confession to make. I'm a cynic.

I'm not writing this editorial as some sort of self-therapy to fight it, quite the opposite. I can't imagine my life without a cynical viewpoint. Like a drug addict and his fix, I will not let it go.

You say you look at life through rose-coloured glasses, I say you're a fool. You call yourself an idealist, I call you a blind optimist.

I wasn't always like this. In fact, I remember a time when I was very different. Seven years ago, as a baby-faced first year Political Science student, I was the most optimistic kid on campus. I had grand notions of changing the world like never before. I would silently campaign for all of the latest international tragedies that I would hear about by protest groups at the quad. The naivety was almost cute in a way.

Why take a journey into the past now? Because thanks to social media and viral videos, I see weird clones of my past self up in arms with their own silent protests. They fight and claw their way to the top of my Facebook and twitter feeds about a man named Joseph Kony.

The Kony 2012 revolution started with an immaculately produced half hour video by the charity group Invisible Children.

As a broadcast student, I absolutely love this video. It personalizes the story, following a Ugandan boy named Jacob who has seen atrocities our Western society can barely comprehend, let alone experience in our lifetime.

The director's son Gavin is introduced early in the video, partly I think to humanize the director more, but mostly to give the audience an emotional litmus test. As the director regales his son about the atrocities committed in a foreign land (one that most people could not point to on a map of Africa, I might add), his child's real reaction of confusion and fear is more real than most movie stars could imitate. If you don't have a reaction to that, you are hardly human.

The villain is the next addition to this dangerous concoction of movie magic and real life. His name is Joseph Kony and he is a monster. Like a bad George Lucas film, the director portrays him as a larger than life demon of the underworld. Forget AIDS, starvation and disease, Kony is the real boogiemaster of Africa.

Now to tie it all together, we need a hero, one, who with many allies, can vanquish the evil of Africa once and for all and save the planet while they are at it. Conveniently that hero is you, the viewer of the video.

The director feeds your inner desire to be an activist and brings you together with everyone else as like-minded as you on the planet. As videos and sounds go by of people coming together on every corner of the globe, holding hands, chanting and being a general force for change, you start to feel like you're a part of something and the system must be fought. I half expected "We're not gonna take it" by Twisted Sister to come on at that moment.

The video is so well edited and written that I'm not surprised that it became so popular via social media. It's the perfect blend of emotion and action, which in reality is directed at a group of people not fully aware of the real issues at hand. Instead of going into what the real issues are in the region, they have oversimplified everything for their audience.

Invisible Children have shown the situation with Uganda and Kony's LRA (Lord's Resist-

ance Army) as black and white. The solution that the group presents is to have the Ugandan military, with aid from U.S. experts, drive Kony out and stop his army (Neat fact: Joseph Kony fled Uganda in 2006 and is believed to be in Sudan).

What they choose to ignore is that the Ugandan forces have themselves been accused and are under investigation of rape and looting. The New York based Social Science Research Council (SSRC) even brought forth information in December 2011 that some Ugandan soldiers operated a prostitution ring and raped and infected Congolese women in the war-torn Central African Republic (CAR).

Similar reports have soldiers plundering timber, gold and diamonds in both the CAR and the Democratic Republic of Congo (DRC). No action has yet been taken against these soldiers, and they are supposed to be the good guys?

In fairness, Invisible Children did respond online to these allegations, saying the Ugandan Army is "better equipped than that of any of the other affected countries." If that is the case, then that just goes to show how more complicated the issue is.

At the end of the day, I do find it hard to fault Invisible Children. They are trying to educate the world about this conflict, after all. They crafted a piece of work that they knew would get people's attention, and did it ever.

The problem occurred when everybody seemed to become an idealist and a political activist overnight after watching the half hour video. Professors and scholars have been analyzing and debating the issues in the region for decades now, and still there are no real solutions. Changing your Facebook profile picture unfortunately won't do it.

Joseph Kony is a bad man for sure, and the

evidence is stacked against him. But he's joined in using child soldiers by others including:

- Forces Nationales pour la Libération (Rebel group in Burundi)
- Union of Democratic Forces for Unity (Rebel group in The Central African Republic)
- United Front for Democratic Change (Rebel Group in Chad)
- Republic of Congo
- Sudan's People's Liberation



arbiteronline.com

Army

- Robert Mugabe's youth militia in Zimbabwe

All of these have been accused of using children to fight wars.

To all you idealists, there is still hope for you. Become a cynic. Question everything you see. Don't let emotions get the better of you, and take the time to educate yourself instead of reacting.

Who knows? You might actually enjoy it.

## NAIT collects CASE awards

By **MIKE JONES**

NAIT's Marketing and Communications department members took home seven awards at the Council for Advancement and Support of Education (CASE) District VIII Awards in Seattle, Washington this past month. Members competed against entries for outstanding work in writing, photography and design from post-secondary institutes across the Pacific Northwest and Western Canada.

Communications specialist Scott Messenger took home the biggest prize in writing, the Grand Gold for his article "California Dreamin'" – which was published in the fall

2011 issue of *NAIT techlife*.

Messenger was praised by judges for his "well-researched" story that followed NAIT business incubator client Jim Barr as he pitched his online company (Seekers Media) to a mecca of San Francisco investors.

"It's nice to get recognition, even just to be nominated was nice," Messenger said. "It's those little things that keep you engaged and keep inspiring you to get better."

Messenger knew he has a great story right from the get-go. "We knew we had a pretty good opportunity to tell a compelling story. We knew there'd be an opportunity to take our read-

ers into an environment they wouldn't have the chance to otherwise."

Writing the story chronologically was a unique experience for both Messenger and *techlife* to take. "It's not an approach we generally take," Messenger said. "It's a little closer to pure reporting than what we're usually delivering."

Messenger also took home a silver medal for an article on NAIT President and CEO Glenn Feltham when he took over in the spring of 2011. The article was also published in *techlife*.

NAIT's success was particularly special, as nearly 500 entries were submitted in several categories from much larger institutions, including the University of Washington, Oregon State Uni-

versity and the University of Victoria.

"It was a good feeling to see that we are producing quality work in comparison to even larger universities," Messenger said.

Messenger and other members of NAIT's Marketing and Communications department are already hard at work at the Spring issue of *techlife*. In addition, the team also tries to publish a weekly article on its website [www.techlifemag.ca](http://www.techlifemag.ca).

Other big winners included a Gold in Individual Illustrations for Sandy Brown and Derek Lue for their *techlife* article "Innovate – Your House and the Rising Sun." NAIT also picked up a Silver in Photography and Illustrations and three Bronze medals.



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# SIFE NAIT builds on success

By **STEPHEN SHAW**

As spring rapidly approaches, SIFE NAIT is only just preparing for what should be one of their finest years the organization has seen.

Already in its fourth year, SIFE NAIT has quickly become the most recognized business development co-ops within the NAIT campus community and the city of Edmonton. SIFE NAIT is a branch of SIFE (Students In Free Enterprise), a non-profit business organization found in 39 countries around the world that focuses on enterprise, but is one of few non-profits that incorporates sustainability in its practices, to help create a sustainable world with the positive power of business.

"What we want many people to realize is that this is not another business club," says Sandra Spencer, the president of SIFE NAIT.

"We are working to improve free enterprise

but doing it in a sustainable way, which can create future business opportunities we would never think were possible".

The goals of SIFE are quite simple. The organization's branches, which are found nation wide, follow three key elements – entrepreneurship, financial literacy and sustainability.

"With these three elements, SIFE can help with the support of local businesses in the city," Spencer said. "We also give them the essential skills needed for saving money and allow for an environment with constant community support."

Spencer is no stranger to giving back to her community. A recent project called the Social Enterprise Farm Next Door, which aims to provide fresh produce to the less fortunate in the community, but also to develop the business skills needed to establish and run a successful businesses. Her dedication to SIFE NAIT has seen her receive the 2012 HSBC

Women Leader of Tomorrow Award for Western Canada.

Samantha Silva, alumnus and general member of SIFE NAIT, is more than satisfied with the future goals and events that SIFE NAIT has planned.

"SIFE has some great projects that are coming up," said Silva, "and it is remarkable to see that it has gone from eight members to 30 in less than seven months. This truly is a testament to the organization."

Another project that has SIFE NAIT receiving national recognition is their Live Up program, a community based program in the city of Edmonton that helps rebuild and develop the skills of businesses on and around 118 Avenue.

It is also a special anniversary for SIFE's partner organization, ACE (Advancing Canadian Entrepreneurship) that celebrates its 25th anniversary this year. ACE is a national, charitable organization, much like

SIFE, that aims to teach young Canadians to create brighter futures for themselves and their communities.

As Spencer and Silva prepare for their busiest year yet, it was also an opportunity for them to reflect on the work that each member of SIFE NAIT has brought to the organization. The work of the members, including all the research, the volunteer component, the skills and drive determine the success of the organization.

"SIFE NAIT wouldn't be what it is without the work of the members," Spencer said. "Our organization wouldn't have had the same impact it did last year without the patience and work of our members."

Silva agrees.

"The members did so much this year to secure the growth of SIFE NAIT," she said. "It really shows the value and generosity of our members."

If you are interested in SIFE NAIT, go to [www.sifenait.com](http://www.sifenait.com) for more information.



**Samantha Silva**

## PIN protection all that you have

By **CODY MALBEUF**

The days when a debit PIN code wasn't such a big deal are gone. In junior high, the worst that would happen to you if you gave your PIN code to your friend was they'd buy themselves a pop – a price you were willing to pay if it meant you didn't have to go get your own treats at the nearby gas station.

However, at this age you actually have money in the bank (not a lot being a college student, but some) and more people than your friends want your PIN code.

This might sound a lot like your mom nagging you to hide your PIN code or put on a winter coat, but this worry is caused by past events, not paranoia.

This year in Alberta over \$62 million were lost to identity theft frauds.

Some of these victims find themselves embarrassed and don't report the theft to the police because of it. However, if you suspect you have been a victim of fraud, reporting it to the police is the first thing you should do. Getting information about these types of crimes helps the RCMP investigate effectively. If the RCMP don't know the problem exists, how can they help combat it?

However, the RCMP are not the only people who should be contacted. People who suspect they've been a victim of fraud should also contact their credit card companies, banks and other financial institutions to review any transactions made using your name to determine if there were any pur-

chases that weren't made by you.

The first thing Edmonton Mayor Stephen Mandel said when he announced Fraud Prevention Month was that people should change their PIN numbers regularly, and certainly during this month to advocate fraud prevention.

If a PIN code hasn't already been compromised, changing a PIN makes it less likely to happen. If a PIN code has been compromised it becomes useless to whoever took it.

Criminals don't simply peek over a shoulder when they are in line at the local dive bar.

No, criminals have gotten far more sophisticated than that. It takes a team of highly technologically savvy offenders, typically working for organized crime, to crack the PIN of a bank card.

It must be copied onto another card, bombarded with complex algorithms and equations for hours on end and nothing can stop them from stealing your money except ... changing a PIN? Yes it takes criminals

hours of effort to find the PIN of a stolen debit card and it can have a wrench thrown in it by a five-minute stop at your bank to change the PIN.

This won't stop any transactions the identity thief has already made, but suddenly they are sitting at home trying to buy a new stretch Hummer on Ebay with your money, and the card stops working.

Preventing fraud is made simple for the public. Fraud is thought to be as profitable to

organized crime as drug related offences. Don't become part of that statistic.

For daily tips on how to prevent all types of

fraud go on twitter and follow @FraudPrevAB, the group working with the RCMP to make Fraud Prevention month a success.



### CALL FOR NOMINATIONS: SENATOR THELMA CHALIFOUX AWARD

Do you know an individual or organization that has consistently demonstrated a commitment to Aboriginal student success at NAIT?

Recognize these important contributions with a nomination for the Senator Thelma Chalifoux Award. The award will be presented in Fall 2012 during NAIT's Aboriginal Awareness Week.

Submit your nomination by the deadline: April 30, 2012.

A nomination form is available at [www.nait.ca/chalifouxaward](http://www.nait.ca/chalifouxaward).

For more information:  
[www.nait.ca/chalifouxaward](http://www.nait.ca/chalifouxaward)  
Email [advancement@nait.ca](mailto:advancement@nait.ca)  
Phone 780.471.8539



# OPINION

— Editorial —

## Ook man bids farewell



**CLAIRE THEOBALD**  
Editor-in-Chief

In a school famous for its apathy, one man stands as a beacon of campus spirit.

Brett Plaxton is the unsung hero of NAIT's athletics, single handedly bolstering pride and support for the school teams.

While NAIT's sports icons suit up and ready themselves for the game, Plaxton is suiting up as well. The only difference is he performs his routines in a giant owl costume.

"I love it. Everyone is just cheering you on and you're making everyone cheer," Plaxton said. "It's all around goodness."

Radio student by day and mascot by night, Plaxton has worn the Ook since October. Filled with seemingly boundless energy, Plaxton has been able to balance the stresses of student life with his duties as the Ook.

### Brings fresh routines

"I just have a lot of energy to begin with," Plaxton said. "So it's not a problem."

His natural positive energy has helped him achieve success on a campus not known for its enthusiasm. Although he understands that not everyone will be responsive, Plaxton is far from discouraged and brings fresh routines to entertain his audience, regardless of the size.

"It's kind of difficult when you're only dancing to 15 people," Plaxton said. "But I just try to make the best of it."

This will be Plaxton's last semester on campus, as he will complete his practicum at a radio station and graduate from NAIT. Although no official decision has been made, Plaxton hopes to hand his hat to Cody Malbeuf, another Radio student who has shown interest in being the next Ook.

"I'm going to miss it," said Plaxton, "but I think it's going to be in good hands."

Malbeuf is excited at the prospect of becoming the Ook, and hopes to combine what he has learned watching Plaxton with his own brand of enthusiasm and humour.

### Not all glitz and glamour

"I get to run around in a giant owl costume in front of a large crowd," Malbeuf said. "If I can't figure out how to do have fun with that, there is something seriously wrong with me."

Malbeuf is taking a lot from Plaxton's experience mascotting, as Plaxton was a saber-tooth tiger at his high school. Although Plaxton will miss wearing the Ook, he spoke highly of Malbeuf and believes that he will be more than capable of filling the Ook's massive shoes.

"I think he'll do a hell of a job as the mascot," Plaxton said.

It's not all glitz and glamour in the mascotting world. Honestly, dancing around that much in a suit made entirely of polyester and faux fur makes for a very sweaty and smelly experience. However, Malbeuf is prepared for the challenge and looks forward to donning the suit for himself.

"I enjoy doing ridiculous things in front of a large crowd," Malbeuf said. "Getting a costume to do it in just adds to my day."

Plaxton had his last performance as the Ook on March 10, but hopes this performance won't be the end of his mascotting

career. Ideally, he says he would love to be the Critter for CFCW 790, allowing him to combine his passion for radio with his costuming prowess.

Although the crowds may not have been lined up around the block for most Ook games, those who saw Plaxton perform in

the Ook outfit will always remember the fun they had cheering along with him.

As Plaxton prepares to say goodbye to NAIT, he has just one more message he'd like to share.

"Go Ooks!"



Brett Plaxton dons his Ook suit one last time.

Photo by Laura Dettling



Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: [studenteditor@nait.ca](mailto:studenteditor@nait.ca).

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.



# SPORTS

## MEN'S HOCKEY

# Ooks rise from the ashes

By AVRY LEWIS-McDOUGALL

The NAIT men's hockey team have proven the phrase, "it not over until it's over," to be true.

The Ooks were able to battle back from the brink of elimination versus the Mount Royal Cougars after being down 2-0 in the best-of-5 series.

Over the weekend, NAIT won three straight games against a Cougar team that was tops in the ACAC. With the huge comeback wins, the Ooks took the series three games to two and are now moving on to the ACAC finals against the Augustana Vikings.

Head coach Serge Lajoie talked about how he motivated his team to get back in into the series.

"We always knew that we could compete against MRU as a team, we just needed to prove it to ourselves," Lajoie said.

### 'Stay in the moment'

"We just kept reminding our guys to stay in the moment, to not look too far ahead and just get themselves ready for the task at hand."

The comeback for the Ooks started with a 5-3 game three victory in Calgary, thanks to goals from Jordan Draper, Andy Willigar, Steele Boomer and Liam Darragh.

Colton Yaremovich also pitched in with his first goal of the playoffs.

Although the Ooks found themselves in some major penalty trouble, taking 11 on the night, the team was still able to steal a win from Mount Royal on the road.

Graeme Harrington, who has been one of the big stories for the Ooks this season, was able to get the win with a 20-save performance.

The series was now shifting back to the NAIT Arena, with the Ooks still very much alive.

In Game 4, the Ooks were able to get a win, much to the delight of the hometown crowd. It was another do-or-die 2-1 victory with for the Ooks.

### Draper scores both goals

Jordan Draper had a huge game for the Ooks. Draper, who has been one of the hottest scorers in the ACAC this post season, potted both goals for NAIT.

Once again Harrington was able to play exceptionally well in net, stopping 23 out of a possible 24 shots.

In a season in which Mount Royal had not lost to NAIT all year, the playoffs were a much different story.

The series was now on its way back to Mount Royal, with the Cougars wondering where their two-game lead went. It all came down to Game 5.

On Sunday, the Ooks reached their goal by beating the best team in the ACAC, with a 3-1 victory in Calgary.

NAIT got the win on the backs of Josh



NAIT Ouk winger Josh Koper chases down the puck during a playoff game Saturday March 10 against Mount Royal. The Ooks won 2-1.

Photo by Laura Dettling



Lee, Jesse Slobodian and Draper. Both Lee and Slobodian scored their first goals of the playoffs, while Draper continued to fire on all cylinders and was one of the key cogs in the Ooks comeback.

Harrington got another win in the series and was able to help put the final nail in Mount Royal's coffin.

"Hopefully we can keep playing the way we have been, we played some great hockey against Mount Royal," Harrington said this week as the team prepared for the ACAC championship series against Augustana that begins this weekend. The Vikings earned their way into the final by dispatching SAIT in four games.

"With Augustana, you've got to approach things a little differently with the talented players that they have," he said.

Harrington believes the Ooks will have to maintain their solid mindset.

"As far as our attitude, we just have to make sure that we are prepared and that we're ready to give the best effort that we can."

For coach Lajoie, the MRU series was all about the little goals.

"Every goal for us was to win our shifts, out-battle and out-compete. The full credit goes to the team," he said.

"They bought in for themselves, for each other. It's fun as a coach to just sit back and watch our guys execute the way we wanted them to execute all year.

"All the credit goes to the boys."

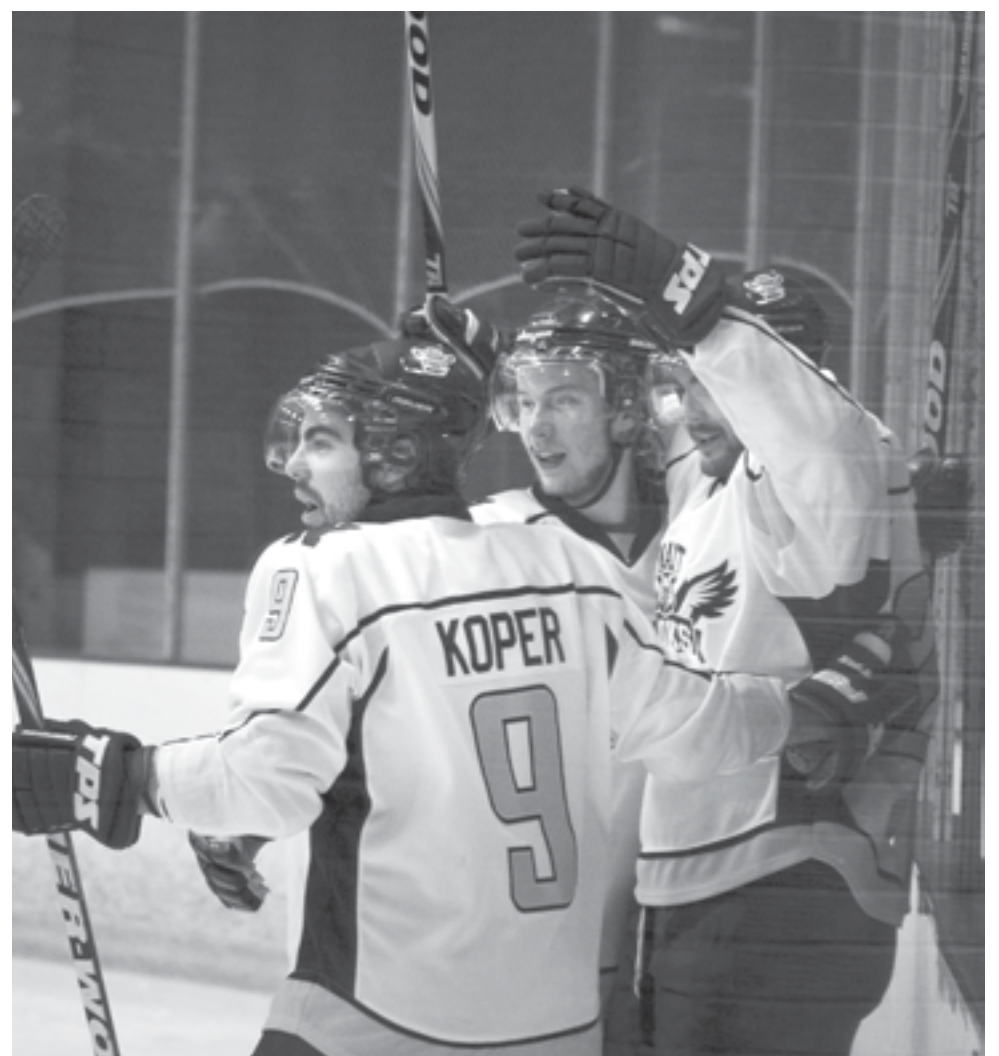


Photo by Laura Dettling

NAIT players celebrate their first goal Saturday night against Mount Royal en route to a 2-1 playoff win to tie their semifinal series at two games each.



## WOMEN'S HOCKEY

# Season to look at with pride

By MATT INGLIS

The NAIT Ooks women's hockey team recently wrapped up a very successful regular season with a disappointing early exit from the playoffs after finishing second overall in the ACAC standings, right behind the Mount Royal Cougars out of Calgary.

NAIT finished its regular season with a record of 14 wins, nine losses and a single tie. In addition to coming in second place, the Ooks were proud to say they were never swept in a regular season series, always coming out of the weekend with at least one win or tie.

NAIT's head coach Deanna Iwanicka said

that overall, the season wasn't a disappointment.

"I have to say it was a great season," Iwanicka said. "We finished in second, which was a great accomplishment, and our season record was the best it has been in many years.

"We were not swept in regular season. We demonstrated a move forward from previous seasons, which is what we are trying to do in the big picture of things."

When asked if the team met expectations, coach Iwanicka was happy with the regular season, but felt the post season had room for improvement.

"I think we felt confident about being in the final, and we all feel we had the right ingredients to be. So in this regard, I would have to say that we didn't meet expectations in terms of outcomes."

As for what improvements could be made, there wasn't much to be said by the coaching staff.

"I would have liked to see us attack the challenge of playoffs more dominantly," Iwanicka said.

"We seemed to take a step back, whether that was due to pressure or fear, I am not completely sure. We lacked speed from time to time and a

tenacious composure."

The season presented a multitude of different challenges and opportunities for not just the team as a whole, but for individual players.

Certain players stood out in different areas as impact players for the Ooks, none more than NAIT's captain Danielle Brown.

Iwanicka had nothing but praise for her team's scoring leader.

"Danielle Brown had an influential impact as captain. She took the role on with pride and did the best job she possibly could. She also moved from defence to forward and achieved team top scorer, which is a great feat!"

One of the team's strong points was its core of returning defencemen, who stepped up to their individual roles and worked as a team to help put NAIT among the top teams in the ACAC.

With many veterans returning again next season, and this year's rookies stepping into bigger roles with a season of college experience now behind them, the 2012-2013 season has the potential to have a different ending.

The team and the coaching staff recognize the team's strengths and weaknesses and expect nothing less than to bring home the banner for NAIT next year.



Photo by Chad Steeves

Ooks captain Danielle Brown, a pivotal player on the team, gets around a Grant MacEwan player during a game March 3.

# Oil Kings wear WHL East crown

By STEPHEN KACZMAR

The Oil Kings locked up the top spot in the WHL's Eastern Conference this past week, ensuring home-ice advantage throughout the playoffs. With a record of 29-5-1 at Rexall Place, this could prove to be a well deserved advantage for the Oil Kings.

They'll wrap up the regular season on

March 17 on the road against the Red Deer Rebels – the same team that swept the Oil Kings last year in the playoffs in the quarter-finals. But it's been a different story this season. This past weekend, with a season high crowd of 16,651 on hand, the Oil Kings defeated the Red Deer Rebels for the third time this season and hope to complete a

sweep of their own on the 17th.

Michael St. Croix reached the 100-point plateau on Saturday versus the Rebels. It's the first time in Oil Kings modern day history that a player has achieved this feat. An improvement of 25 points from last year, he's looking like a real bargain for the New York Rangers who drafted him in the fourth round of the 2011 NHL Entry Draft.

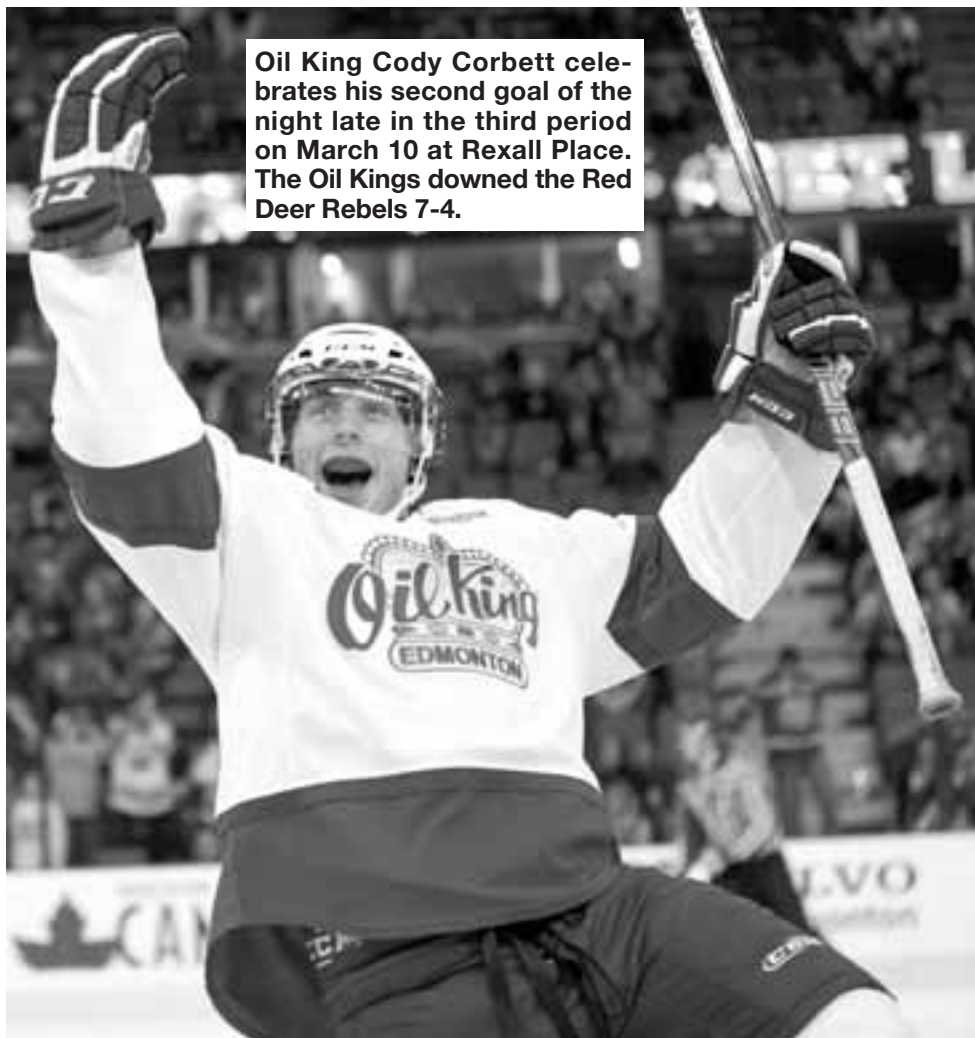
With the win over the Rebels, Laurent Brossoit recorded win No. 40 on the year, also setting a new bar for Oil Kings records. Even though he was drafted by the Calgary Flames last year, it's in Edmonton where he's paying the most dividends – for now.

The playoffs are just around the corner, giving two NHL draft eligible hopefuls, Griffin Reinhart and Henrik Samuelsson, an oppor-

tunity to shine and gain some stock in the NHL Entry Draft. Reinhart is expected to be a Top 15 pick, while Henrik is slated as a late first rounder, or early second rounder – around 30th overall. A strong playoff could boost their chances of being drafted even earlier come June in Pittsburgh.

The Oil Kings have the makings of a Memorial Cup contender but first things first – they gotta take care of business in the Western Hockey League. They're blessed with depth at every position, top-end talent where it matters most and have asserted themselves as perennial WHL Champions. It's not a sprint, it's a marathon.

The Oil Kings have the ability to beat any team in the league in seven games, it's just a matter of going out and doing it.



Oil King Cody Corbett celebrates his second goal of the night late in the third period on March 10 at Rexall Place. The Oil Kings downed the Red Deer Rebels 7-4.

Photo by Chad Steeves

## Athlete of the week

March 5-11

Graeme Harrington  
Hockey



Graeme was sensational for the NAIT Ooks men's hockey team this past weekend, leading his team to three consecutive victories and a semifinals series win over the defending champion Mount Royal Cougars. After being down 2-0 in the ACAC best-of-5 semifinal heading into the weekend, Harrington backstopped the Ooks to a 5-3 win Friday, a 2-1 victory Saturday and a 3-1 victory in the fifth and deciding game Sunday in Calgary. Graeme will now lead the Ooks into the ACAC finals versus the Augustana Vikings beginning Friday evening in Camrose. "Goaltending is a focal point of our team and Graeme seized his opportunity this weekend, giving us an opportunity to claw back into the series," said head coach Serge Lajoie. "He only allowed five goals in the final three games, which gave our team the confidence they needed to complete the comeback." Graeme is a fourth-year Bachelor of Business Administration student from Glendale, Saskatchewan.



# Athlete Profile



**Player:** Danielle Brown  
**Sport:** Hockey  
**Position:** Forward  
**Program:** Personal Fitness  
**Age:** 19

By MATT INGLIS

**What made you choose hockey?** – My whole family is into hockey. Whether they play, or are fans. My brothers played, and my parents gave me the opportunity to play when I was little, and I just stuck with it.

**How long have you been playing?** – I believe since I was about four. As early as I could.



**What is your jersey number, and why?** – 18. My siblings wore 8 and 18, so by wearing 18, I could have part of both their numbers. It made sense to me when I was little, so now I just go with it.

**What did you think about the way this season ended?** – This season didn't end the way we would have liked, but hockey is a sport that requires a winner, and an unsuccessful team in the end. Even though we weren't

successful in our playoff run, our regular season was a success.

**Who was your biggest competition throughout the season?** – Grant MacEwan is always a rival because we're both from Edmonton. From the south, Mount Royal is always the team to beat.

**What would you say is your biggest strength on the ice?** – Passing ability or puck protection.

**What is your favourite pro team?** – The Edmonton Oilers.

**Who is your hockey idol?** – When I was younger, Hayley Wickenheiser, now I guess I like a Crosby style of play. My brothers and parents are my hockey mentors.

# Athlete Profile



**Player:** Lynden Nummi  
**Sport:** Basketball  
**Program:** Personal Fitness Trainer  
**Position:** Guard

By AMANDA SCHULTZ

**1) What's your favourite way to start the game?** – Going to the gym a little early and getting some shots out before the game. Warming up and getting excited.

**2) Do you celebrate after a win usually?** – Yes, but usually after a big win. Not on Fridays though because usually there is a game on Saturday but Saturday night is usually the night we party.

**3) Is there any special traditions you do before a game?** – Make the last shot before a game and get a couple of layups done before the start of the game.

**4) Are you going to keep playing once you are out of NAIT?** – Probably not. Maybe play in a rec league but nothing competitive, because it's time to start the career.

**5) Is playing basketball related to your program at all?** – It does help a little bit in the way that it adds a little bit of an understanding to training. It is also something I can apply right away to my career.

**6) What is your favourite animal?** – The lion, it has been my favourite since I was a kid.

**7) Do you have a pre-game mixtape that you listen to?** – Not at all. I listen to a little bit of everything but it's not music that pumps me up. It's the excitement of the game about to start, and that I am going to play right away.

**8) What's the hardest part of being on the team?** – The lack of time for schoolwork.

**9) Is it tough to balance school and being on the team?** – Not particularly, I have missed a couple of classes but everyone misses some classes.

**10) Where's your favourite place in the world?** – Definitely home, in Picture Butte, Alberta.

# Getting ready for NHL playoffs

By MATT INGLIS

The NHL playoff race is heating up and the window for teams to grab those two eighth and final conference playoff spots is closing. With less than 15 games to go, the top teams are setting up shop for what could be a long playoff drive.

In the Eastern Conference, only 10 points separate the 14th-place New York Islanders from the eighth-place Washington Capitals.

With just five wins separating six different teams from that final playoff berth, no one is down and out quite yet.

The surprising New York Rangers sit on top of the East standings, just ahead of the defending Stanley Cup Champions, the Boston Bruins. Offen-

sive powerhouses like the Pittsburgh Penguins, Philadelphia Flyers and the always-consistent New Jersey Devils round out third through fifth.

While it's a long shot for teams like the Toronto Maple Leafs, Carolina Hurricanes, Islanders and Tampa Bay Lightning to make the playoffs, the only team completely out of the race are the Montreal Canadiens, who dwell in the basement of the East.

The Buffalo Sabres, Washington Capitals and Winnipeg Jets are in contention for eighth.

In the West, things look a little different. The gap between eighth and last is wider, leaving four teams out of playoff contention. That would be the Anaheim Ducks, Minnesota Wild, Colum-

bus Blue Jackets and Edmonton Oilers.

The St. Louis Blues command control of the Western Conference and the NHL as a whole, securing them a playoff spot. The Northwest Division leading Vancouver Canucks have also secured a playoff spot, as well as the always consistent Detroit Red Wings.

The Phoenix Coyotes, San Jose Sharks, Calgary Flames, Colorado Avalanche, and L.A. Kings all sit within four points of one another, and are heading into the remaining games of the season competing for seventh and eighth place in the West.

The Chicago Black Hawks, Nashville Predators and Dallas Stars currently fill the remaining playoff spots and are hoping to make a hard final

run for the post-season.

Despite another disappointing season, The Oilers have something to be excited about.

Rookie sensation Ryan Nugent-Hopkins is competing for the NHL's Calder Trophy for rookie of the year, forward Jordan Eberle is in the top 15 in league scoring and with this season's record, the Oilers look to walk away from the 2012 NHL Entry Draft with another Top-5 pick.

The Western Conference race has some unfamiliar teams, but front-runners for the Conference title and last year's finalists, the Canucks, will make a splash but expect the consistency, experience and depth of the Red Wings to prevail and take the West playoffs by storm.

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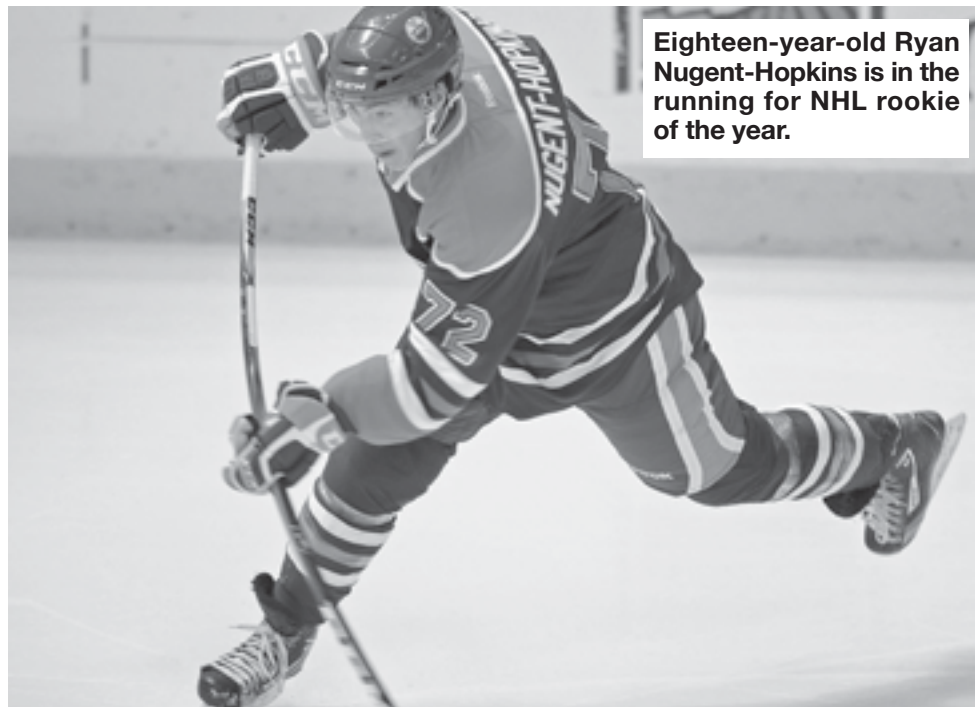
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**Eighteen-year-old Ryan Nugent-Hopkins is in the running for NHL rookie of the year.**



# ACAC Playoffs

## MEN'S HOCKEY PLAYOFFS)

### Semifinals (best of five)

#### Series A

March 2

#### Mount Royal 5, NAIT 2

(Mount Royal leads series 1-0)

March 3

#### Mount Royal 3, NAIT 2 (2 OT)

(Mount Royal leads series 2-0)

March 9

#### NAIT 5, MRU 3

(MRC leads series 2-1)

March 10

#### NAIT 2, MRU 1

(Series tied 2-2)

March 11

#### NAIT 3, MRU 1

(NAIT wins series 3-2)

#### Series B

March 1

SAIT 6, Augustana 5

(SAIT leads series 1-0)

March 3

Augustana 8, SAIT 3

(Series tied 1-1)

March 9

Augustana 4, SAIT 2

(Augustana leads series 2-1)

March 10

Augustana 2, SAIT 1 (OT)

(Augustana wins series 3-1)

Augustana will play NAIT in a best-of-five series for the ACAC Championship.

## WOMEN'S HOCKEY PLAYOFFS

### Semifinals (best-of-five)

#### Series A

February 25

Mount Royal 2, Red Deer 0

(Mount Royal leads series 1-0)

February 26

Mount Royal 5, Red Deer 4 (OT)

(Mount Royal leads series 2-0)

March 2

Mount Royal 3, Red Deer 2

(Mount Royal wins series 3-0)

#### Series B

February 24

NAIT 2, MacEwan 1 (OT)

(NAIT leads series 1-0)

February 25

MacEwan 5, NAIT 2

(Series tied 1-1)

March 2

MacEwan 3, NAIT 2

(GMU leads series 2-1)

March 3

MacEwan 5, NAIT 3

(MacEwan wins series 3-1)

#### Championship Series

March 9

MRU 2, MacEwan 1

(MRU leads series 1-0)

March 10

MRU 3, MacEwan 2

(MRU leads series 2-0)

## MEN'S BASKETBALL

### FINAL FOUR TOURNAMENT

Hosted by Mount Royal University

March 2

MRU 88, NAIT 74

Red Deer 93, MacEwan 77

March 3

Bronze Medal Game

NAIT Ooks 97, MacEwan 67

Gold Medal Game

Mount Royal 101, Red Deer 72

Gold - Mount Royal Cougars

Silver - Red Deer Kings

Bronze - NAIT Ooks

## WOMEN'S BASKETBALL

### FINAL FOUR TOURNAMENT

Hosted by MacEwan University

March 2

MacEwan 68, Lethbridge 59

Mount Royal 72, SAIT 71

Saturday, March 3, 2012

Bronze Medal Game

Lethbridge 68, SAIT 60

Gold Medal Game

MacEwan 89, Mount Royal 57

Gold - MacEwan Griffins

Silver - Mount Royal Cougars

Bronze - Lethbridge College Kodiaks

## MEN'S VOLLEYBALL

### Provincial Division

#### PLAYOFFS

Hosted by Briercrest College

February 23

MRU 3, NAIT 0 (22-25, 18-25, 18-25)

Keyano 3, Lethbridge 2

(25-27, 21-25, 25-15, 25-22, 10-15)

Red Deer 3, SAIT 1

(25-14, 18-25, 14-25, 18-25)

Briercrest 3, MacEwan 1

(16-25, 17-25, 25-23, 20-25)

February 24

MacEwan 3, NAIT 1

(28-26, 17-25, 23-25, 24-26)

Lethbridge 3, SAIT 1

(22-25, 25-21, 28-26, 25-22)

Red Deer 3, Keyano 0

(25-10, 26-24, 25-11)

MRU 3, Briercrest 2

(20-25, 25-14, 20-25, 13-25, 15-12)

February 25

SAIT 3, NAIT 1

Lethbridge 3, MacEwan 0

Bronze Medal game

Briercrest 3, Keyano 0

Gold Medal game

MRU 3, Red Deer 0

Gold: Mount Royal

Silver: Red Deer

Bronze: Briercrest

## WOMEN'S VOLLEYBALL

### Provincial Division

#### PLAYOFFS

Hosted by Medicine Hat College

February 24

Red Deer 3, NAIT 0

(25-23, 25-18, 25-20)

MRU 3, Lakeland 0

(26-24, 25-13, 25-21)

Grande Prairie 3, Grant MacEwan 1

(25-19, 25-20, 20-25, 25-16)

Medicine Hat 3, SAIT 0

(25-22, 25-18, 25-21)

February 25

Lakeland 3, NAIT 2

(18-25, 23-25, 27-25, 25-21, 15-13)

SAIT 3, Grant MacEwan 2

(17-25, 19-25, 25-22, 25-22, 15-11)

MRU 3, Red Deer 2

(25-22, 24-26, 20-25, 25-22, 15-7)

Medicine Hat 3, Grande Prairie 2

(21-25, 20-25, 25-23, 25-21, 15-10)

February 26

Grant MacEwan 3, NAIT 2

(19-25, 19-25, 30-28, 25-19, 15-12)

Lakeland 3, SAIT 0

(25-15, 25-18, 25-19)

Bronze Medal Game

Red Deer 3, Grande Prairie 2

(25-12, 23-25, 25-19, 23-25, 18-16)

Mount Royal 3, Medicine Hat 1

(21-25, 25-13, 25-22, 25-21)

Gold: Mount Royal Cougars

Silver: Medicine Hat Rattlers

Bronze: Red Deer Queens

# Watch the numbers to win

## By KEVIN MARTIN

It's time for March Madness. It's the time of the year where everyone fills out a tournament bracket in the hopes of earning bragging rights among friends. However, some people like to take it another step and put some hefty amounts of cash on the line.

It's unlike any other sporting event on planet earth.

However, the fact is that most of us don't know anything about college basketball! How are we ever supposed to pick the winners between Gonzaga and Georgetown or Marquette and Norfolk State?

These names sound like exotic birds.

You would love to win your office pool but you don't have the sports knowledge. Thankfully, if you follow these simple guidelines when scribbling down your picks, you should do just fine.

### Be cautious of 15 and 16 seeds:

When people think of March Madness they always remember the story of the little college teams that keep winning when they are not supposed to.

With this fresh in their minds, people suddenly have 16 and 15 seeded teams moving onto the second round. This is an instant bracket killer. In the history of the tournament, a 16th seed has never gotten by a first seed.

That's right, they are a mind blowing 0-108.

We all share some sympathy for the underdog teams out there, but it's not a good idea to pick them to win.

### First round is everything:

There are going to be 67 games played in this year's tournament. Thirty two games are completed in the first round. This means that almost half of your bracket is going to be

decided in one day!

You have to make sure you're prepared.

Here's how the seeds have stacked up against each other:

The No. 1 seed is 108-0 against the No. 16 seed (100 per cent).

The No. 2 seed is 104-4 against the No. 15 seed (96.30 per cent).

The No. 3 seed is 92-16 against the No. 14 seed (85.19 per cent).

The No. 4 seed is 85-23

against the No. 13 seed (78.70 per cent).

The No. 5 seed is 72-36 against the No. 12 seed (66.67 per cent).

The No. 6 seed is 72-36 against the No. 11 seed (66.67 per cent).

The No. 7 seed is 65-43 against the No. 10 seed (60.19 per cent).

The No. 8 seed is 51-57 against the No. 9 seed (47.22 per cent).

Notice the last line. The number No. 9 seed has actually won 52.78 per cent of their games. So, while your friends are going to be picking the No. 8 to move on, take a No. 9 to give yourself a slight edge.

### Go online:

The Internet contains a lot of knowledge and it's a very useful place when filling out your tournament bracket. A Google search such as, "March Madness 2012 odds" will produce multiple pages where sports experts have looked in depth on every game.

Why do your own research when you can steal others?

Once the dust has settled, only dreamers think they can go 67-0 with their March Madness picks.

You're not going to have a perfect bracket, but it only has to be better than your competition.





# CLUBS

LEARN THE ROPES. BE A LEADER.

## What's Going on Around Campus...

WHO Anime/TCG

WHAT Weekly Meeting

WHEN Thursdays; 4:15pm - 6:10pm

WHERE WC316

WHO Christian Club

WHAT Weekly Meeting

WHEN Wednesdays; 12:15pm - 1:10pm

WHERE E201

WHO Gamers of Dungeons & Dragons

WHAT Weekly Meeting

WHEN Fridays; 4:30pm - 9:00pm

WHERE WC312

WHO Latter-Day Saints Student Association

WHAT Weekly Meeting

WHEN Thursdays; 11:15am - 12:10pm and 12:15pm - 1:10pm

WHERE J006

WHO Muslim Students Association

WHAT Weekly Prayer

WHEN Fridays; 12:15pm - 1:10pm

WHERE J111

## CLUBS CORNER

GIV'ER DEADLINE  
March 29, 2012; 5:00pm

CLUBS APPRECIATION SOCIAL  
April 11, 2012 (details TBA)

## GIV'ER SUMMARY AS OF MARCH 8

### OVERALL

Club	Overall Points
CETSC	7737.5
Business Connex	4325
Full Frame 47	2394
Second Rodeo	2219.5
Bakers Club	2120
Club Culinaire	1980
MRT 65	1259
EDSS	1217
DMS 2013	1165
Dental Assisting	913
CHEM Tech	405
AHT 2012	297
AHT 2013	0

### SECOND SEMESTER

Club	Second Semester Points
Business Connex	1863
MRT 65	830
Bakers Club	824
Second Rodeo	220.5
CETSC	147
Dental Assisting	72
Full Frame 47	0
Club Culinaire	0
EDSS	0
DMS 2013	0
CHEM Tech	0
AHT 2012	0
AHT 2013	0



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# CLUBS

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The types of returns will be:  
for NAIT students (bring student ID)  
single persons up to \$75,000  
single up to \$100,000  
one adult with child up to \$100,000  
(additional dependent income as)

Volunteers (do not prepare returns for):  
self-employed individuals  
individuals who report capital gains or losses  
individuals who report employment  
income or business or rental income  
and expenses

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## How To Impress Business Connex Presents: Industry Mingle

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**Where:** Shaw Theatre (X Wing)

**What:** Practice your networking skills with industry professionals; learn how to give a good hand shake, balancing finger food while mingling, and start / close a conversation!

5:30 pm  
To  
8:00 pm

Tickets \$10  
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Room: E131

**Come out and mingle with  
various industry  
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Friday, March 16<sup>th</sup>  
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Top 'o' the Tower  
SIDE STEP FATE

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Please join the Transcriptionists' Club for our first annual...  
**St. Patrick's Day RAKE SALE**  
**Thursday, March 15 @ 12-1:30 p.m.**  
**Friday, March 16 @ 12-3 p.m.**  
Outside of NAITSA and at east end of E corridor, by the spirit staircase, near the bus stop!  
Come check out yummy baked goods!  
 50% of all proceeds will be donated to the St. Patrick's Hospital

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# ENTERTAINMENT

## Funny and wise

By BRETT PLAXTON

On Thursday, March 8, the Nest hosted their second annual free comedy night. If you read my article last week, you'll know that the comedian was Ryan Clauson, who dubs himself as "Mr. Attraction."

Ryan started the show off by talking to the crowd about the *Nugget*. He brought up the Hot Single of the week, who happened to be there with his friends. He brought up Dr. CONwisDOM, but pronounced it Dr. Condomwise. He was amazed at the stuff NAIT's resident "doctor" gets asked.

One of the best parts of the show was his ways of getting the crowd excited. The first thing he did was have all of us go around giving each other high fives for 10 seconds. He even pulled someone from the crowd to dance with him.

The song he put on was "Apache" by the Sugarhill Gang. If you are a fan of *The Fresh Prince of Bel-Air*, you'll know that there is an episode where Will and Carlton dance to that song. Well, the comedian and I did that dance without realizing we were doing it. Needless to say, we gave each other kudos afterwards.

Ryan also went into great detail about him being a professional dating coach. He also brought up a book he wrote, called *The Nine Rules of Attraction*.

I look forward to using some of his advice, because he knows what he is talking about. He brought various people up on stage to demonstrate

different people's comfort zones in different social scenarios. One of the people picked was Radio and Television student Allison Karch.

He discussed how we have two seconds of talking to make an impression on someone. He also said the biggest reason people land in the friend zone is because they are too afraid to break the touch barrier.

He also discussed the power of emotional questions. Such as, if you ask someone what they like to do, and not just focus the conversation on yourself, you have a better chance at connecting with them. Before he left, he plugged his websites, [www.ryan-clauson.com](http://www.ryan-clauson.com) and [www.mratraction.com](http://www.mratraction.com).

After the show, I chatted with Ryan for over an hour. He went into greater detail about advice when talking to people and reading their body language.

Turns out he has been doing comedy for seven years and decided to incorporate his advice four years ago. He said he learned about dating in college and wanted to share his methods with people and combine that with comedy.

One of the biggest events he did was recently opening for former SNL star Dana Carvey in Boston.

The reason he wrote the book was because he had so much to say about dating advice, but couldn't fit it all in his routines. After about an hour, I think I had bugged him enough. If you didn't go to this show, you certainly missed out.



Photo by Tyler Frith

Ryan Clauson

GET YOUR GREEN ON  
FRIDAY MARCH 16, 2012  
AT the Nest

Guinness \$5.75

Irish car bombs \$4.75

Shamrock shots \$3.75

Pint green beer \$3.25

Stein green beer \$8.25





FOR YOUR LISTENING PLEASURE ...

# \$3.99 mixtape ...



By MIKE JONES

Boonstock held their lineup announcement this past week, and it sure didn't disappoint! You can expect another weekend of debauchery this Canada Day along with over 30 International Bands and DJs.

The DJ lineup is even more massive this year, with headliners like Kaskadee, Afrojack, Crystal Method, DJ Chuckie and Sweden's Avicii. On the rock side; Billy Talent will headline Canada Day in one of their first shows, since drummer Aaron

Solowoniuk underwent successful open heart surgery this winter. In addition, fresh off their dubstep influenced release, *The Path of Totality*, Korn will headline. Other acts include A Day to Remember, Buckcherry, Age of Days and Toronto's KO. The full lineup is available at [www.boonstock.ca](http://www.boonstock.ca) but before you buy your tickets make sure you check out some of the artists!

1. Avicii – Levels
2. A Day to Remember

- All Signs Point to Lauderdale
3. Korn featuring Kill the Noise  
– Narcissistic Cannibal
4. Gob – For The Moment
5. Crystal Method – Name of the Game
6. Billy Talent  
– Diamond On a Land Mine
7. Volbeat – The Warrior's Call
8. Afrojack – Take Over Control
9. i!Scarlett – N.T.F.
10. Puddle of Mudd – Spaceship

## VIRAL VIDEO

# Accused war criminal goes viral

By MIKE JONES

Here at the *Nugget* we've reviewed a lot of viral videos over the years. Most of these videos have two things in common:

- They are usually mindless, though hilarious, diversions with little substance beyond a good laugh.
- They generally run less than five minutes.

This week's video is neither. It will take up 30 minutes of your time and hopefully more if you decide to research this matter, (and I suggest you should) before making up your mind.

By now you have probably seen the shares on Facebook, the Tweets, the blogs, perhaps even some homemade posters around campus. Love it or hate it, the Invisible Children "Make Kony Famous" campaign has worked.

## 30 million views

Within 48 hours, thanks to 30 million views on YouTube (plus millions more on other websites such as Vimeo), Ugandan warlord Joseph Kony has become a household name. Those numbers nearly tripled in less than a week.

The Lord's Resistance Army (LRA) leader ordered the abduction of children to become child-sex slaves and child soldiers. An estimated 66,000 children became soldiers and two million people have been internally displaced since 1986.

In 2005, Kony was indicted for war crimes by the International Criminal Court in The Hague, Netherlands but has evaded capture.

Invisible Children's three-fold mission promotes awareness by making documentary films and touring them around the world, channeling energy from viewers into large scale advocacy campaigns and operating protection and rehabilitation programs in LRA-affected areas.

The 30-minute video includes a plea to get various celebrities, dubbed the "culture-makers," onboard, including musicians (such as Rihanna, Bono and Justin Bieber), actors (George Clooney and Ben Affleck), talk show hosts (Bill O'Reilly, Stephen Colbert), technological innovators (Bill Gates and Facebook creator Mark Zuckerberg) as well as Denver Broncos quarterback Tim Tebow.

The video also takes aim at politicians, dubbed the "policy-makers," mostly American, apart from Prime Minister Stephen Harper and UN Secretary General Ban Ki-Moon.

Notable U.S. politicians include Democratic senators John Kerry and Harry Reid as well as presidential candidate Mitt Romney. In addition, former presidents Bill Clinton and George W. Bush (along with his former secretary of state, Condoleezza Rice) are included, even though the latter's

administration already tried to go after Kony.

Interestingly enough, neither current President Barack Obama, nor current Secretary of State Hilary Clinton are mentioned, despite Obama deploying 100 U.S. military advisers last October to help pursue Kony and the LRA.

Action kits, which sell at \$30 apiece and contain posters, stickers and other promotional material, have flown off shelves. With nearly 500,000 shipped worldwide, the campaign has potentially already brought in \$15 million.

Some controversies have arisen about the Invisible Children organization, particularly its finances, which are public by law.

Critics suggested only 32 per cent of their earnings in 2011 went to direct services, with much of the rest paying for staff, travel and film production. However, Invisible Children claims that 80 per cent of its spending went to programs supporting its three-fold mission, with only 19 per cent spent on administration and management as well as direct fundraising.

## Advocacy organization

Invisible Children's director of ideology, Jedidiah Jenkins, addressed the concerns via the group website, saying, "we are not an aid organization. People think we're over there delivering shoes or food. But we are an advocacy and awareness organization."

One of the biggest critics has been the tumblr page Visible Children, which has posted almost daily since the KONY 2012 video went viral. The blog has received 2.2 million hits and has criticized the KONY 2012 campaign for its finances or the fact that Invisible Children is supporting the Sudan People's Liberation Army (PLA), which has been riddled with accusations of rape and looting.

Although the Visible Children blog admits that Kony is a "very evil man" and that those involved in the KONY 2012 campaign have great intentions, the writer is uncomfortable supporting the controversial activist group.

Although Visible Children and many other blogs have created backlash, the biggest obstacle that Invisible Children campaign has faced has been online cynicism, such as the fact that Kony has not been seen in Uganda since 2006.

While it is good to raise questions, one must remember that cynicism breeds apathy and we can't afford to be apathetic while atrocities are committed on our fellow human beings.

Prevent apathy and do your research. As the recently popular Internet meme claims watching a 30-minute YouTube video doesn't make you an expert on African politics.

Visit these websites and decide for yourself:  
Invisible Children, [www.kony2012.com](http://www.kony2012.com)

Visible Children, [visiblechildren.tumblr.com](http://visiblechildren.tumblr.com)  
CISV International, [www.cisv.org](http://www.cisv.org)



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# Latest movie a stretch for Ed Helms

By MIKE JONES

"In New Orleans, walking around town in a goatee, you fit in a lot better," says Ed Helms, speaking of the facial hair he grew to play Pat, a middle aged man going through a failing marriage in Paramount Pictures' *Jeff, Who Lives at Home*, which opens this Friday.

"I felt like the needy character of Pat on set, but (off set), walking around New Orleans, I felt like a cool cat," he said in a recent conference call.

*Jeff, Who Lives at Home* tells the story of a middle-aged man (played by Jason Segel) who is dispatched from his mother's basement, where he still lives, by his mom (Susan Sarandon) on an errand. He runs into his brother Pat (Helms) just as Pat discovers his wife (Judy Greer) might be cheating on him.

"Pat is someone who is desperate to portray himself as someone who really has his s\*\*t together, but really doesn't," Helms said of his character.

"I think we all know this guy, and sometimes we are this person at various times in our life. I'm not as dysfunctional as (Pat), at least I hope not, but I do share that kind of struggle to be a better person. We have a very different fashion sense though, to be clear."

*Jeff, Who Lives at Home* is the latest film from Jay and Mark Duplass (*Cyrus*, *Baghead*) and Helms was more than excited to be involved.

"I had become buds with Jason Reitman. He directed a couple of *Office* episodes, and I guess Mark and Jay had written the script and Jason jumped on to produce it. The script got floated my way and I thought I might be a good candidate, so I said, 'sign me up, let's do this!'" said Helms.

With an all-star comedy cast, one would expect an outrageous laugh out loud film, but Helms begs to differ.

"It might not be what you expect from Jason and me," he said. "Obviously we both come from a comedy background and Susan Sarandon obviously has done some great comedy work, but this movie, in keeping with the Duplass brothers' tone, sort of rides the line into drama a little bit."



Photo by Hilary Bronwyn Gayle

Ed Helms plays Pat in *Jeff, Who Lives at Home*.

Fans of Helms' work in *The Hangover* and *The Office* need not fret.

"I wouldn't call this movie drama," Helms said. "I would just call it in a sense that sort of realism but with a really nice comedic touch to it."

Helms said the directors were more than accepting of his improvisational background.

"[Mark and Jay] wrote a fabulous script, [but] they were the first ones to say 'Don't say a word of this.' You find these really authentic moments and it feels real when you're doing it," Helms said.

"I'm stunned by the result. Mark and Jay got something out of me that I didn't necessarily know was in there as a performer."

It was a whole new level of improvisation for Helms.

"We had a really good time improvising but it wasn't always about finding the laughs," Helms said. "It was a new challenge for me because it was about finding realism and authenticity."

"The chemistry was fantastic," Helms says of his co-stars, "Jason (Segel) brought his A-game all over this movie.

I think he is a genius and we had so much fun working on this thing and I hope that it resonates for people. I'm super proud of the product."

Helms is optimistic about how fans will react.

"I can only hope this movie is well received. I'm insanely proud of it."

*Jeff, Who Lives at Home* opens nation-wide this Friday.

**"I can only hope this movie is well received. I'm insanely proud of it."**

**— Ed Helms**

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facebook.com/elementsmusicfestival elementsfest.ca



# Students work on film

By JENNY OATWAY

NAIT Digital Media and IT students are going to be jumping feet first into the post production of their documentary *Crossing the Axis: The Journey of Gentle Wind* from now until the end of April.

The project, which is part of the Capstone program, is the fourth and final semester project that has been in production for about a month already.

The Capstone project is a partnership with an industry production company that approaches the DMIT program and works with and mentors students in the creation of a feature length film. This year's production is with Catharsis Films, with producer/director Steven Ashworth and executive producer Larry Anderson.

During these Capstone projects, the members of the production company will act as the mentors in a few specific areas and the film crew is made up the fourth semester students.

## Mentors

This year, the mentors include a producer/director, a director of photography, the sound recordist and the post-production supervisor. The students will be filling the crew roles of production manager, assistant director, camera operators, boom operators, editors, colourists and so on.

The film this semester is a documentary about foster children in Alberta, and specifically, the life and struggles of the late Ted Dallaire, an aboriginal man who had a rather tumultuous journey through the foster care system as a child.

Cheryl Dalmer, an instructor in the DMIT program, is serving as the supervisor for the co-ordination and organization roles during this production.

"Not all foster children have this experience," says Dalmer, "but there seems to be a large number of aboriginal children who find themselves in not ideal situations because the foster parents don't understand their culture."

## 'Against all odds'

Ted Dallaire did grow to be a young man rather rough around the edges but he worked with social services as a model in the designing of a process for integrating aboriginal children into the foster care system and in helping foster families understand what it is to foster aboriginal children.

"Regardless, [Dallaire] did turn out to be a remarkable, remarkable foster parent model," said Dalmer, "an amazing man, who against all odds, survived."

The students had their last day of principal shooting on Friday at the Ben Calf Robe - St. Clare school, for a gala dinner and fund-

raiser. The Ben Calf Robe - St. Clare school has a hot lunch program that has come under duress recently because of a huge increase in the student population.

The gala used the legacy of Dallaire to raise money and save the hot lunch program, which will now be renamed the "Ted Dallaire Lunch Program."

As well as the gala, students filmed interviews with Dallaire's widow, a former co-worker from social services, a foster child of Dallaire's and footage of aboriginal ceremonies at the Ben Calfrobe - St. Clare school.

"The documentary's main purpose," Dalmer says, "is to create awareness for the value of children, all children – not just aboriginal children, but all children – that they deserve a good life, they deserve good care should they fall into the foster care system."

Dalmer says she expects the film to be finished at the end of April.

The official final day of post-production is April 27 and the film will then be used for educational purposes within social services, as well as doing the festival circuit, before being screened and released.



Cheryl Dalmer

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# The lowdown on iPad 3

By KEVIN MARTIN

Dell, Asus and Samsung, anyone? No. In the race for electronic supremacy, Apple is where consumers are going. Apple has been named the World's Most Admired Company for the fifth consecutive year by *Fortune* magazine. With its recent success in mind and all its momentum, Apple is releasing its newest addition to the tablet market.

The iPad 3 is hitting stores on March 16. Apple technicians are cringing after hearing "iPad 3." For some reason Apple doesn't take a simple approach to naming their products. The new tablet has been given the name, "The New iPad." Regardless of the name, people are going to want to know about this product.

If you are a student carrying around an iPad 2 or the original iPad, what is your motivation for an upgrade? Apple has labelled their new iPad as "Resolutionary." The pun is clever, but combining the words Revolutionary and Resolution is not going to get me running to an Apple store without knowing any details. I need to be convinced by the product.

Luckily for you reading this article, Apple doesn't pay me. Be prepared for accurate criticism and unbiased comparisons instead of an advertisement.

## Resolution

### Highlights

This is where Apple really wants to win over consumers. They deserve recognition, the display on the New iPad is stunning. The 2048x1536 resolution display is impressive for a tablet, consid-

ering that HDTV is regulated at a 1920x1080 display. Apple manages to fit 3.1 million pixels in the 9.7-inch display. The statistic that really caught my attention was the fact that the New iPad has four times the pixels of the iPad 2.

The Apple technician at the NAIT Tech Store, Jon Horner, said, "it's mind blowing, a night and day difference."

### Lowlights

To showcase the amazing display of the New iPad, Apple has set up a side by side comparison with the iPad 2 on their website. The difference is remarkable but it raised the question: Why is Apple promoting their new product by "throwing dirt" on the iPad 2, which was just released a year ago?

## Camera

### Highlights

The New iPad can now shoot video in 1080p. This is an improvement on the iPad 2's 780p. The picture taking ability is also improved. The five megapixel "iSight" camera is a welcome sight after a lacklustre 0.7 megapixel camera featured on the iPad 2.

### Lowlights

You won't be shooting your wedding album on an iPad. If you look at the difference in quality it is only slightly noticeable. If you really stare at side by side pictures ... with a magnifying glass,

yes the bookshelf in the background is a little clearer on the New iPad. These camera improvements warrant a slight two-second cheer and then the electronic community will get back to reality.

## 4G Network

### Highlights

4G is fast! Your New iPad can now get to any website at any time. It's pretty cool that you can check your Facebook while on an outdoor journey. This feature is optional, with the addition costing around \$130.

### Lowlights

It's not a cellphone. No calls or texts, even though you are on a data plan. There are some

apps that do provide these capabilities, but isn't that what an iPhone is for? Taking on another data plan is a big step, especially when Wi-fi is as available as it is these days.

The New iPad will be resting on the shelves with a pretty little tag underneath it stating the digits \$519.99. If you are a big fan of gaming or watching movies, then the New iPad looks like a worthwhile investment. What's better than lying in your bed watching a movie with 3.1 million pixels in your hand?

If the iPad is more of a practical tool, then I wouldn't be dumping my iPad 2 on Kijiji and lining up at an Apple store.

# Kony 2012? Let's talk about it



**CHRISTINE VU**  
Entertainment Editor

Whether it's from Facebook, word of mouth or even flipping through the pages of this issue of the *Nugget*, I'm sure many, if not all, have heard of Joseph Kony by now.

It has been all over the news and even all over our own streets. The leader of the Lord's Resistance Army's face has been plastered on light posts downtown and it all started by plastering a video on the virtual walls of Facebook.

The video in question was made by a non-profit organization called Invisible Children. The non-profit part has started many heated

debates but that is a whole other story; what is made clear is that their mission is to spread the word of Kony's crimes through social media. Let every celebrity and policy maker know the name of Joseph Kony.

The video outlines a strategy to target certain celebrities such as Rihanna and even Tim Tebow. From their website you can send automated tweets to said celebrities and, sure enough, it didn't take long before Rihanna, Justin Bieber and many other celebrities not on the list were including the Kony2012 hashtag in their tweets.

As fast as it became viral, it seemed to take a turn even faster. Many supporters who shared the video without doing their research first quickly realized there was more to the story than what the 30-minute video provided. Articles about how Kony was no longer active nor even a threat to the people of Uganda were spread almost as fast as the initial Invisible Children video.

I will admit that I shared the video after watching it. I don't know about you, but if I hear a cry for help ... I take the most immediate

action. In this case, it was a few clicks.

We are living in an age where we can find information on virtually anything on the internet, but unfortunately, it's hard to tell what is a trusted source. Because of this, many publications have put out headlines that call the campaign, not the man, dangerous. Dangerous is a pretty heavy word. Dangerous because it shows how strong the influence of social media has become? Social media, when you break it down, is just people. People on their phones, people behind their computers, spreading potentially false information like wildfire.

The impact becomes even greater when celebrities get involved but I have to ask; what's new? With over 20 million followers, Lady Gaga is the queen of twitter. That's 20 million people who practically cling to her every word. What's dangerous to me is Lady Gaga and her "monsters."

In all seriousness, many have tacked the dangerous sign onto the campaign due to the consequences it might have. The situation isn't as simple as having Americans or Canadians or

people from any other country step in and say "Hey, we are going to help you catch Kony!" at which point the story ends with the whole world posting smileys on their wall in celebration of a mission accomplished. The campaign focuses so much on capturing Kony that the middle step is overlooked; military intervention, which makes for a lot of complications that I won't pretend I am an expert on.

Although I do agree with those that are wary of Invisible Children, I still support the message. Joseph Kony is someone that people need to learn more about. Take a break from following Snooki's pregnancy timeline and learn more about the world. Not the Real World ...

Social media isn't just for sharing drunk photos from the weekend anymore. It can and should be used to start discussions about things that really matter; like Joseph Kony. If I said something that makes you want to rant at me in 140 characters or less but in all caps of course, get at me bro, @christineuv, because in all this jumble, discussion was the point.

THE NUGGET PRESENTS:

# GRAPEVINES

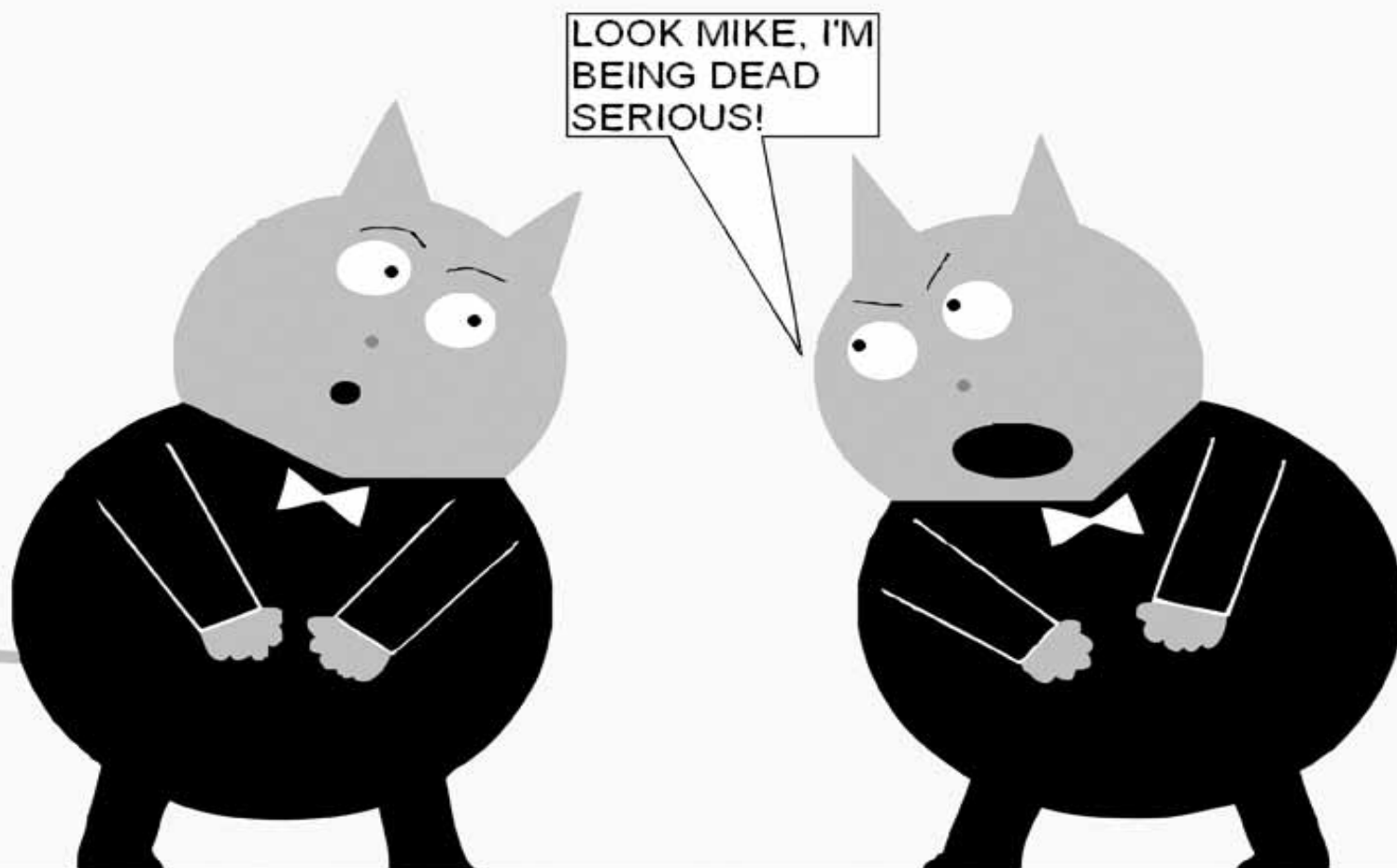
Grapevines is a chance to speak your mind. E-mail [grapevines@nait.ca](mailto:grapevines@nait.ca)

Grapevines will return next week.



THE NUGGET PRESENTS:

## NUGGET COMICS

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FUNERAL DIRECTORS J.E.

Cartoon by John Benesch

## BOOK REVIEW

## Excellent read, not a classic

By ALLISON KARCH

*The Year of the Flood*, published in 2009, is the most recent novel from seminal Canadian writer Margaret Atwood.

It takes place in the same dystopian version of Earth as her 2003 novel *Oryx and Crake*, and even shares a few characters. However, those characters play minor parts in the *The Year of the Flood*. They serve more as backstory and context than primary actors.

Though the two books are natural companions and do explain some things about each other, it would be wrong to call *The Year of the Flood* a sequel, as it stands alone quite capably.

The book follows the lives of two women, Ren and Toby, who are members of a religious-environmental group called God's Gardeners. The Gardeners honour and strive to cultivate nature in a world that has become a wasteland, devastated by corporate rapacity and misguided bioengineering.

The book begins after an epidemic – the waterless flood of the title – all but decimates the human race. Ren and Toby survive the outbreak separately, one by cunning and one by blind luck. They are each left alone to navigate a ruined and dangerous world.

Atwood employs the common literary device of non-chronological storytelling. *The*

*Year of the Flood* begins at Year 25, the year of the plague, and jumps back and forth – sometimes a dozen years at a time – in the narrative timeline. This allows her to effectively pace the suspense and emotional impact of the book.

Atwood hooks you with a shocking and intriguing opening scene, goes back in time to provide context and to flesh out characters, then delivers the climactic event near the end of the book, even though that event takes place a short time after the opening moment.

This book is harrowing and even terrifying at points, which is fitting, given the apocalyptic nature of the story.

Atwood evokes these emotions primarily through the use of genuinely menacing subject matter and through her deft manipulation of language. However, the emotional impact could have been greater if the two primary characters were given more depth. This seems like a harsh criticism, but I level it only because of the precedent Atwood set for herself in previous works.

Many of her novels, such as *Cat's Eye*, *The Blind Assassin* and even *Oryx and Crake* feature characters that I completely empathize with – I feel what they feel. In *The Year of the Flood*, I get enough of Ren's and Toby's backstory to make them interesting characters and to understand what they feel, but I don't always feel it myself.

Though called science fiction by many (as were her earlier books, *Oryx and Crake* and *The Handmaid's Tale*), Atwood prefers to categorize these books as speculative fiction.

The distinction is that speculative fiction could really happen. All of the features of the story that are not true-to-life are based on our current technologies and are just a small step beyond what already exists. That this chilling

world is a possibility makes the story that much more compelling.

In *The Year of the Flood*, Atwood does a characteristically excellent job of crafting a fascinating and eminently readable story. I don't rank it among her masterpieces, but I suppose not everything she writes can be a modern classic.

★★★★☆



btwof-tle.com

Margaret Atwood signing copies of her latest book, *The Year of the Flood*.

## MOVIE REVIEW

# John Carter – action to spare

By KEVIN ALLES

*John Carter* is an interesting beast. In the lead-up to Disney's space epic based on Edgar Rice Burroughs' novel *Princess of Mars* and the subsequent series of books that it spawned, it was unclear what we should expect.

When a trailer for *John Carter* premiered last summer in theatres before *Harry Potter and The Deathly Hallows – Part 2*, audiences were shown a minute and a half montage that showed a handful of visceral and visually-stimulating action scenes, but revealed few story elements or character information.

With a staggering budget of \$250 million and an additional reported marketing allowance of \$115 million, many were sceptical if *John Carter* could live up to its massive expense and make its money back.

*John Carter* follows a 19th century millionaire's adventures through a diary he has left exclusively for his nephew to read. Early on, we learn that John Carter had accidentally discovered a way to travel to Mars (or Barsoom, as the locals call it).

Everything isn't as it should be on the Red Planet, as is showcased by the ongoing civil war that is tearing apart the planet's society and is destroying cities. Naturally, John Carter is whisked into the middle of this conflict.

The film is Andrew Stanton's (the man behind Pixar's *Wall-E*, *Finding Nemo* and *A Bug's Life*) first shot at directing a live-action film and the results, minus a few expositional quirks, are impressive.

*Carter's* special effects are outstanding, especially the work done on the planet's aliens. This isn't all that surprising, considering the film's mon-

ster budget and that the trailers showcased quite a bit of its visual prowess before the film's release. There's one particular battle scene in the film's second act that best sums up the film's style and the fluid nature of its action sequences.

The film looked outstanding in IMAX format but unfortunately the Disney-forced 3D added absolutely nothing to the experience. *John Carter* is the latest in the long string of films that makes the case that 3D, if shoe-horned into films, can detract from experiences.

To truly justify the dimmer screen and the burden of those bulky glasses on your head, the 3D should be outstanding and add something meaningful to the experience. *John Carter* falls completely flat in this justification.

The story in *John Carter* moves along at an even and steady pace and is broken up nicely by entertaining action sequences, impressive-looking wide views of the planet's landscape, and surprisingly well shot and written dialogue scenes. Stanton does a good job of ensuring the movie's potentially more dull moments are kept lively by the use of cool-looking lighting effects and clean-looking CGI.

The thing that *John Carter* struggles to do is to establish its universe early on. Certain characters, and why the planet's conflicts are occurring, are not fully explained. We're not told why what's happening is that way, or why we should care that it's occurring. The opening sequence of the film is especially confusing due to some strange editing choices and originally unexplained changing of characters' names.

Helium, one of Barsoom's cities and focal

points of the film, seems excruciatingly lifeless and gives no reason for the viewer to get invested in its storyline. The city is under constant threats throughout the movie, and not once did I care about the effect the outcome would have on the city. Fortunately, this lack of establishment and exposition doesn't translate to most of the film's characters.

John Carter (played by Kelowna, B.C.'s Taylor Kitsch) and Lynn Collins have a great onscreen chemistry that gets better and better as the film continues. The love story that develops is cliché and predictable, but it gets the job done.

The film's musical score, composed by Michael Giacchino (*Lost*, *Up*) is worth mentioning as well. The music subtly adds a dynamic sense of intensity to the action sequences and even dialogue scenes. Although at times it's very Prince of Persia-y (mostly because of the similar film's landscapes and tone), the music is a definite highlight of the film.

*John Carter* is a great popcorn action flick. If you're looking for a good time at the movies, without having to get too invested into what's going on, this is a good choice.

It would have been nicer if the screenplay was a little clearer for those people that wanted to get more invested in the film, especially the beginning. The bulk of the confusion comes from the fictional names of the cities, planets and characters that seem to jumble together at times in the film.

However, if you're willing to let that all go (and can put up with the lifeless 3D), you're bound to have a solid time at the movies.



digitaltrends.com

Scene from John Carter.

**NOTICE FROM THE OFFICE OF THE REGISTRAR**

**ARE YOU COMPLETING YOUR PROGRAM BEFORE**

**JUNE 30, 2012?**

**IF SO, YOU ARE ELIGIBLE TO ATTEND**

**CONVOCATION 2012**

**Friday, May 4, 2012 & Saturday, May 5, 2012**

**The Northern Alberta Jubilee Auditorium**

Gown orders are currently being taken at the following locations:

**NAIT Bookstore, Room X114 or by contacting 780.471.7717**  
**Patricia Campus Bookstore, Room P135**  
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**Deadline for ordering gowns is FRIDAY, MARCH 30, 2012**

For more information regarding Convocation 2012 visit NAIT's website at [www.nait.ca/convocation](http://www.nait.ca/convocation)



## GAME REVIEW

# Challenging, and price is right

By KEVIN ALLES

Unlike knitting, collecting rocks, creative writing or sandcastle building, gaming can be an expensive hobby. Most of the aforementioned activities just require a few basic and largely inexpensive materials, where buying the latest video games can decimate the bank account quickly.

Gaming on a budget is something that I have quickly learned I must adopt, otherwise I'll soon become an expert on ramen and soap-less showers. You just get dirty again anyways, right?

With my newfound frugality intact, the fact that *Rhythm Heaven Fever* was only \$30 was the primary reason I decided to pick it up. I had heard good things about the *Rhythm Heaven* series and finally decided it was time to try out the latest installment. I guess the box art didn't hurt its cause either. It looked like a unicorn had regurgitated on it.

As the title aptly suggests, *Rhythm Heaven Fever* is a rhythm based mini-game collection. I hate calling Nintendo's latest a "mini-game" collection, as that term is now associated with sub-par Walmart bargain-bin games. Don't be fooled though, despite its simplicity (the game uses two buttons for the game play) *Rhythm Heaven Fever* has more depth than any "Carnival," "Lawn" or "Dress Up Your Horse" game that the Wii has grown excruciatingly accustomed to.

The format of the game is deceptively simple and straightforward. When you first turn *Rhythm Heaven* on, there's just one game unlocked. Once you successfully complete that mini-game up to the game's ridiculously high standards, the next game unlocks.

The game play consists of hitting either the A or B button (sometimes both) in time with the music. The characters or objects on the screen react to the music and whether you successfully timed the button presses, and that – alongside with the sound effects – is the only feedback you receive as to

whether you are doing it right.

There are no meters or numbers to tell you if you're doing OK, just a screen at the end of the game that informs you whether you did good enough or not. This can sometimes be frustrating, as there were games where I wasn't sure if I was even close or not to completing the task, dampening my desire to try that game again.

I'll be frank, *Rhythm Heaven Fever* is weird. The game is distinctly "Japanese." From the clean and crisp anime-style art to the over-the-top sound effects and the awkward phrasing of text, it's easy to tell where this game was developed.

A cat and a dog playing badminton while flying through the clouds in their own separate planes? Four pigs pitching a business idea by spinning circles in their office chairs? Monkeys losing their patience when you can't perfect your golf swing?

Scenarios like these are too many to count in *Rhythm Heaven Fever*. It's like very little else out there. The only other game that I can think of that compares to this one is the WarioWare series. But even that pales in weirdness compared to this game.

The games are snappy and quick, and mostly clear on the end goal. You'll find yourself tapping your foot to keep the beat and some of the music is fantastic. That cat and dog badminton game I alluded to earlier has some of the most addicting music I've listened to in a while.

Ultimately, playing the game is a blast and with an un-lock-



able two-player mode, this game would be fun with a buddy.

My only gripe is this game is hard. It's infuriating at times. I was on the first mini-game for an hour, which featured two primates as my golf instructors. I had to keep the beat to the music so I could sink the golf balls that they threw up and I couldn't get it for the life of me. Funny enough, closing my eyes and completely ignoring the visual cues on the screen ended up being the secret to success.

If you're up for a challenge, can keep a steady beat and love weird stuff, *Rhythm Heaven Fever* is sure to satisfy all those urges. The \$29.99 price tag makes it ultra enticing too. I couldn't imagine how many hours (of frustration) you could spend trying to perfect every game.

If you can't quite afford *Mass Effect 3* this week, dust off your Wii and pick *Rhythm Heaven Fever*. Just don't blame me when you get weird looks.



## CD REVIEW

# Former Idol hits all the right notes

By MIKE JONES

Generally one would think placing fourth on *American Idol* isn't the most common way for an artist to put out a hard rock album. However, two fourth-place contestants have done just that. Chris Daughtry, and most recently James Durbin, both artists who were portrayed as rockers and chose plenty of songs from their roots during their time on *Idol*.

The comparisons are apparent on Durbin's debut album, *Memories of a Beautiful Disaster*. Durbin may rock a little bit harder than Daughtry from time to time, but Durbin is equally capable of breaking things down for a ballad.

Like Daughtry who enlisted Slash and Shinedown's Brent Smith to help out on his debut album, Durbin brings in some friends of his own. Durbin enlists Motley Crue guitarist Mick Mars on the hard-rocking "Outcast."

In addition, session guitarist Phil X (Triumph) and drummer Josh Freese (The Vandals, A Perfect Circle, Weezer and hundreds more) play on over half of Durbin's album. Both men were also heavily involved in Daughtry's live album.

*Memories of a Beautiful Disaster* kicks off fast and heavy with "Higher than Heaven," a title that also might describe some of the notes that Durbin is able to tackle.

Durbin slows it down and enters Daughtry ter-

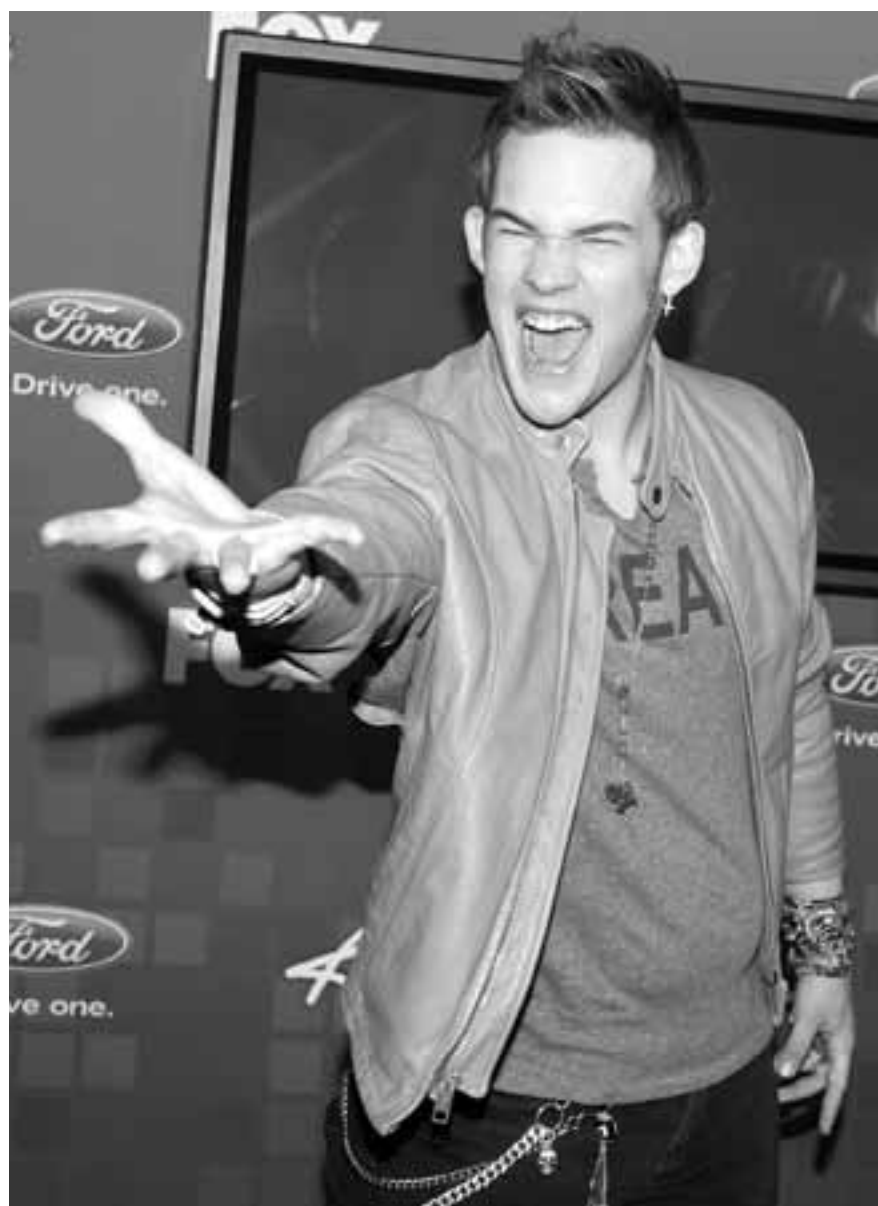
ritory on second track with "All I Want." Unfortunately, this is where the album loses its edge, which it doesn't pick back up until the Shinedown-esque "Deeper."

Durbin shows off his more than ample pipes on crooners like "Love In Ruins" and "Right Behind You" but he's at his best when he turns it up a notch on rockers like first single "Stand Up" and the 30 Seconds to Mars-like "Screaming." Durbin performed the 30 Seconds to Mars hit "Closer to the Edge" during his time on *American Idol*.

The 23-year-old amicably tackles "Everything Burns," which was originally performed by former Evanescence guitarist Ben Moody and pop star Anastacia for the *Fantastic Four* soundtrack. Moody co-wrote Daughtry's smash hit "What About Now."

While *Memories of a Beautiful Disaster* is a solid album front to back, it's unlikely to launch Durbin into the same level of stardom that Daughtry has experienced, but he could certainly establish a following in the hard rock community.

Durbin is ready to hit the road with help from friends, both old (hometown friends Dylan Rose and Tyler Molinaro) and new (former In This Moment members Blake Bunzel and Jeff Fabb).



sarahsmusickitchen.com

James Durbin



THE NUGGET PRESENTS:

## HOROSCOPES



KARL GARNEAU

## March 15-21

(Warning: These Nugget horoscopes are not written by an accredited astrologer however, believe them if you like, as they are absolute and unquestionable.)

## Pisces (Feb. 19-March 20)

I never really acquired a good taste for fish. Yeah, it tastes decent, but it's not my primary choice of meat. Celery! Mmm! Delicious! If the crunchiness isn't good enough for you, it's also got water! Remember water? I mentioned that with Aquarius! Oh yeah, and watch your money ... because honestly, that's just a good strategy when in relatively tough economic times.

## Aries (March 21-April 19)

Do you still have that golden fleece? It's an investment. Gold is on the rise these days ... Or maybe I'm just watching the wrong economics reports. Things rise and fall, but so long as you can at

least walk, you've got things going just fine. Walking is a therapy by itself, you see. It's also free, so you save money.

## Taurus (April 20-May 20)

You ever notice how in the grand scheme of things, every horoscope entry looks exactly the same? What with the overly generalized statements, not too complex, not too simple words, and they're all recommendations to either be assertive or to stay at home. This all disguises the lack of grey area. Don't be fooled, there's always a grey area. There's a grey area in all things, except mathematics, computers, and money ... especially saved money.

## Gemini (May 21-June 21)

I once heard a story about a pizza that was preserved for all time ... I don't know what this has to do with a horoscope thing, so I'll just pull the "take everything as it comes" card like every Horoscope writer in existence. I guess these horoscope writers get the easiest job imaginable. Write 12 paragraphs describing an average day in the most general way possible and save money.

## Cancer (June 22-July 22)

For you crabby, I suggest you ... uh ... I don't know, how about "take everything as it comes."

## Leo (July 23-Aug. 22)

I've been hearing an argument for why some people act the way they do

on some corners of the Internet, namely the "Dude, this is like the only place where this behaviour is OK!" Dude. If it was in any way OK, why do you think we changed our thoughts regarding it? If it was in any way OK, I can guarantee there would be "more than one place where it's OK." My point is it just pays much better to be a positive, nice guy/gal. We all like getting paid, eh?

## Virgo (Aug. 23-Sept. 22)

Well, hello Virgo ladies. It appears the Hunger Games is coming out in theatres ... unless it already is in theatres. I know I've got two tickets to that thing you probably love – but look again! The tickets are now diamonds! Anything is possible when you don't act like a fool!

## Libra (Sept. 23-Oct. 22)

Sometimes the D20 can't help but botch everything you throw at life. Don't let that discourage you. Luckily you rolled a paladin! How many horoscope writers get to reference board games? None! I just blew my chances with all the Virgo ladies, didn't I? Looks like I'm saving my money.

## Scorpio (Oct. 23-Nov. 21)

What was Scorpio again? Oh yeah, the scorpion ... In *Honey I Shrunk the Kids*, there was a part where a CGI Scorpion utterly murdered a CGI ant. It was pretty awesome. I was rooting for the Lego block, but that's not the point. My point is that you need to get vice-grip pin-cers in order to get what you want in life.

## Sagittarius (Nov. 22-Dec. 21)

Ever hear the story about the sailor who described drowning to Michael Caine? He said it was like going home – wait! That's from *The Prestige*. Want to know the moral of that story? Obsessions are fickle things and you really should save your money when things that appear obvious turn out to be incredibly obvious ... Oh, and it's about stage magicians who are trying to make money. My point is, be a good person and watch that dough.

## Capricorn (Dec. 22-Jan. 19)

Well hello Capricorn ladies – wait, no. I already used that one ... and I already blew my chances. OK, back to professionalism. Ever try drawing? Like, with a pencil and paper? The simplest method of art next to digging dirt out of the ground and packing it together to make something that you think is a castle but looks more like a ghetto toilet? Yeah, go try that. Pencils are a dime a dozen and paper is a renewable resource. Try it!

## Aquarius (Jan. 20-Feb. 18)

Tell me, do you actually carry a container of water? What's that? It's a water bottle now? Wow, technology sure has advanced! Although here's a weight-loss tip for everyone. Switch everything you drink with water. Oh what's that? You already knew that? (OK, you probably didn't, but roll with me here) Well I'm a useless guy, aren't I?

THE NUGGET PRESENTS:

## Dr.CONwisDOM

MIKE MARSHALL  
AKA Dr. CONwisDOM

Dear Dr.CONwisDOM,  
I think my girlfriend might have a problem with coffee. She starts her day off with seven cups, has six more over lunch and then rounds out the evening with another 10 or so. It's starting to affect our sex life. What do I do?

Signed,  
"Gonna be rolling up the rim of her casket"

Dear "Gonna be rolling up the rim of her casket,"

Wow, I'm surprised she hasn't jittered her way right into a coronary by now. I have no reason why this would affect the bedroom (wouldn't somebody with more energy than Martin Scorsese on coke be a fun roll in the hay?) I suggest a gentle approach, perhaps a nice discussion. Be careful, a pissed off girlfriend with a caffeine monkey on her back could castrate you with an olive fork if you say the wrong thing.

Dear Dr.CONwisDOM,  
Have you ever banged at sea? I hear some humping on a cruise is like nothing else on this planet.

Signed,  
"Not my first pleasure cruise"

Dear "Not my first pleasure cruise,"  
Being a Prairie boy, I find that I'm not often out on the ocean as much as I should be. I have yet to actually soil the mattresses of a

cruise ship with a lucky gal. I have, however, taken the sanctity of a lady on a Canadian navy submarine. To make a long story short, the submarine wasn't the only thing long and hard and full of sea-men that day ...

Dear Dr.CONwisDOM,  
My boyfriend is leaving me this summer to play professional baseball in the United States. We said that we would stay true to each other, but I just don't know if he will keep that promise. What should I do?

Signed,  
"Hope he doesn't round second base"

Dear "Hope he doesn't round second base",  
As much as I'd love to tell you everything will be fine and he'll come walking back through your door the angel that he left, I can't. He's going to play his favourite summer pastime for basically beer money in small towns where there are a lot of lonely girls. I suggest you forget about him before you can't.

Dear Dr.CONwisDOM,  
My boyfriend is an atheist, but I'm a die-hard catholic. Sometimes we get into theology arguments in front of friends and loved ones and stop talking to each other for whole days. What can we do to find peace?

Signed,  
"Want him in my Holiest of Holies"

Dear "Want him in my Holiest of Holies,"  
In this, the 21st century, we must learn religious acceptance. Personally, I pray to the prophet George Carlin, and I try not to judge anyone who isn't into Carlinism. I suggest accepting your lover for who he is and celebrating with a little missionary position.

Do you have any personal questions that you want to have answered by the good doctor? Just send an e-mail with your concerns to [conwisdom@nait.ca](mailto:conwisdom@nait.ca) or submit them online to [www.thenuggetonline.com](http://www.thenuggetonline.com) and your sex doctor will have your "prescription" ready for you the following week!



# How to prevent date rape



## TIMELY TIPS

### MARGARET MAREAN NAIT Student Counselling

Date rape is defined as being forced or pressured into having sex against your will and without your consent by a person who is known to you. It includes new acquaintances or ongoing relationships. The best defence against date rape is to become informed and to minimize situations that put you at risk.

#### Here are some suggestions:

- Don't keep your head in the sand. Recognize that date rape could happen to you. Between 10 to 25 per cent of college women report being raped by men they knew. Although far less common, men can also be raped.
- Know that it is your right to set limits and to defend them, and to tell your partner if/when you do and don't want to have sex.
- Firmly discourage any unwanted contact, even if it is casual.

- Be assertive in setting relationship boundaries. Think about your limits in advance and communicate limits and expectations clearly (e.g. how much touch is OK). If you are clear in your own mind about your limits it is easier to communicate them.

- Passivity may be interpreted as permission, so say 'No' in a tone that relays that you mean it. Don't hint or expect anyone to read your mind.

- Be wary of acquaintances who are excessively jealous or possessive, get hostile when you say no, ignore your wishes or opinions, act in an intimidating way, or attempt to make you feel guilty if you say no to sex.

- If you are uncertain about the person you are with avoid or limit alcohol or drug use.

#### If you do get into a situation where you feel uncomfortable or are forced:

- Try to stay calm. Think about your options and how safe it would be to resist.
- Stay no strongly.
- If you have a safe option to resist, act quickly.
- Try to get away. Use self defence tactics. You may be able to hit, bite or kick to gain a chance of escape. However realize that fighting back might cause the offender to become violent so appraise the situation.
- Yell for help.
- Buy time with talk. Try to convince or persuade the offender. Flatter him. When he

thinks he no longer needs to use force, he may ease up his guard and give you a chance to break away.

- Be as non-seductive as possible. Tell him you have a sexually transmitted disease, your period or that you are pregnant. Do physical things to turn him off (e.g. urinate on the floor, pick your nose, pass gas, belch or vomit).

- Remember that giving in is not consent. It may be the only survival strategy.

If you are raped, get medical attention as soon as possible. Do not shower or bathe until you have been examined at an emergency department. The Sexual Assault Response Team offers 24-hour service and support through hospital emergency departments. You may also want to talk to a friend or family member who will be supportive and/or inform the police of the attack. Remember rape is not your fault; it is an act of violence.

#### Men have the responsibility to prevent date rape, too:

- Listen carefully to what the woman is saying. If you feel like you are getting a mixed message, clarify what she wants.
- Be sensitive to women who are unsure whether they want to have sex. If you pressure a woman into sex, this is classified as force.
- Do not let your desires control your actions. Think about whether you really want to have sex with someone who doesn't want

to have sex with you.

- Remember that date rape is a crime and that it is never acceptable to use force in sexual situations.

- Don't make assumptions about a woman's behaviour. Because a woman drinks or dresses sexily it does not mean that she is inviting you to have sex.

- The fact that you were intoxicated is not legal defence regarding rape. You are responsible for your actions, whether drunk or sober.

- Just because a woman has had sex with you previously does not mean you have the right to have sex in the future. Date rape is a crime even if there has been past sexual involvement.

- Don't assume that a woman who consents to kissing or other sexual intimacies is willing to have sexual intercourse.

- If you have sex with a woman who is drugged, intoxicated, incapable of saying no or unaware of what is happening, you may be guilty of rape.

- Get involved if you believe someone is at risk. Don't be afraid to intervene – you may save a woman from assault and a man from criminal prosecution.

Student Counselling is open from 8 a.m. to 4:30 p.m. Make an appointment to discuss any personal, academic or career concerns by calling 780.378.6133 or booking in person at Room W-111PB, HP Centre.

# Shinerama co-ordinator job

NAIT Students' Association (NAITSA) is now hiring for the position of Shinerama Campaign Director, a contract position to run from May 7-Sept. 30, 2012

As Canada's largest fundraising event for post-secondary students, Shinerama now raises over \$1 million annually towards finding a cure or treatment for cystic fibrosis, the most common, fatal, inherited disease affecting young Canadians today. Every year, over 60 NAIT students join thousands of students from across Canada to volunteer with Shinerama: Students Fighting Cystic Fibrosis.

NAITSA is committed to helping NAIT students be exceptional during their college career. We participate in a number of volunteer activities during the school year, including our yearly campaign to raise awareness and funds to fight cystic fibrosis. Since 1968, NAIT students have contributed over \$518,000 to the cystic fibrosis cause. Last year, NAIT students raised just over \$9,000 for Shinerama and this year our goal is to raise \$20,000.

This exciting and fun position is a great opportunity to apply or learn skills in project management, volunteer co-ordination, marketing and communications, sponsor and donor relations, supervision and networking, while working directly with professionals and student executives and volunteers. The successful campaign director will co-ordinate all aspects of the Shinerama campaign for the NAIT Main Campus for 40 hours a week, in co-operation with Cystic Fibrosis Canada, while reporting to the Dir-

ector of Campus Culture at NAITSA.

Responsibilities include:

- attending the National Shinerama Conference from May 18-21, 2012 with an opportunity to meet fellow directors and volunteers while learning about campaign management
- developing the campaign master plan
- developing and implementing fundraising initiatives for both on and off campus along with NAITSA staff and executives
- supervising Shinerama co-ordinators and volunteers
- managing all communication between the Shinerama campaign and NAITSA



- working with NAITSA developing creative and marketing communications tools
- leading the team to success, creating common goals and ensuring that milestones are met

Qualifications:

- 1) must be a NAIT student during 2011/2012 academic year (being a student during 2012/2013 academic year an asset);
- 2) highly organized both in duties and schedule management;
- 3) project management, sponsorship and fundraising experience an asset;
- 4) past supervisory experience with strong leadership skills;
- 5) able to work individually and as part of a team;
- 6) strong communication skills;
- 7) Class 5 drivers licence with reliable transportation and an ability to travel within Canada.

Please apply with a cover letter and resume

via e-mail to Jennifer Grundke, jgrundke@nait.ca. Closing date Friday March 30, 2012. NAITSA thanks you for your interest but will

contact only those applicants required for an interview.

No calls, please.

## Who ya gonna call?

**Academic and personal concerns** – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

**Health insurance coverage** – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 30 if you have alternate coverage.

**Housing** – Online housing registry at [www.rentingspaces.ca](http://www.rentingspaces.ca)

**Injury, minor medical concerns** – Health and Safety Services, 780-471-8733, Room O-119.

**NAIT Security** – 7477.

**Part-time campus jobs/volunteering** – NAITSA, 780-491-3966, Room E-131.

**Program-related concerns** – Contact Program Chair or Program Adviser.

**Scholarships and bursaries** – Student Awards Office, 780-491-3056, Room O-101.

**Special needs students** – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.

**Student loan/grant assistance** – Financial Aid Office, 780-491-3056, Room O-111.

**Tutoring** – The Tutor Centre in Room A-133 (main campus) offers free assistance with Math, Physics and Chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A). Peer Tutors – Sign up online to get or to be a tutor by e-mailing [tutor@nait.ca](mailto:tutor@nait.ca). Cost is approximately \$15/hour.

### NAIT STUDENT COUNSELLING

Room W111-PB, HP Centre, Main Campus

Telephone: 780-378-6133

Website: [www.nait.ab.ca/counselling](http://www.nait.ab.ca/counselling)

# Sandwich supreme

## CAMPUS FOOD REVIEW

By EVAN DEGENHARDT

Sometimes you just feel like the world is taking a big proverbial crap on you. Not to mix food with crap, but I was having one of those mornings. The only thing I could think about was getting away for lunch and blowing off some steam.

So, I proceeded to aimlessly walk down the halls of NAIT. That's when I felt the unmistakable gurgle of my stomach, notifying me that I was a hungry little chap.

Luckily for this guy, I just happened to be walking by the Common Market. Here's the thing. I tend to get a little frustrated with the Common Market because they present you with so many choices.

You spend half your lunch hour deciding what to eat and then it ends up being disappointing.

However, on this magical day in the Common Market, everything was coming up Millhouse.

I immediately spotted the Blue Plate Special menu and slowly sauntered over to the lineup.

And ... there it was. The glazed, pulled-pork sandwich fixed with a southwest mayo sauce and served with a generous helping of coleslaw. The sandwich also came with a side of tex-mex style pasta, which was spicy yet intriguing.

The whole plate was like a lovely dish, passed down to me from the food gods. Needless to say, I quickly grabbed some napkins (pulled-pork and no napkins is a rookie mistake), and bee-lined it to the cashier.

I paid, and within minutes of ordering, was diving into the meal that would surely change my day around for the better.

Everything about this meal fit together perfectly. The flavours all combined and took part in a dance festival on my palate. The best part was, it was less than \$8.

I'm not entirely sure if this illustrious sandwich will be a regular feature on the Blue Plate Special menu in the weeks to come.

All I can say is that I hope this sandwich and I will cross paths again. Especially if I'm having a rough day!

# Creamy alfredo pasta

## RECIPE

By JENNY OATWAY

Super quick and easy pasta for the college student

This recipe is an old standby for me, and to be honest, I don't even have a written recipe for this. But it is super fast to make, and a little goes a long way. I have made this for a lot of friends, and so far, so great. A good friend and classmate, Anika Nottveit, says "It's so creamy and delicious. A dish you know your guest will comment on!"

### Ingredients

- ¼-½ package of cream cheese
- 1 Tbsp Parmesan cheese
- 1 Tbsp milk
- 1 Tbsp butter or margarine

- 1 cup Macaroni or a handful of whatever kind of pasta you want to use. Just guess. You can't really screw this up.

### Method

Boil water, however much you want, and add the pasta once it's boiling. You're in college, I'm sure you know the drill when it comes to cooking pasta. In a sauce pan, combine cream cheese (more or less depending on how cream cheesy you would like your sauce to be), Parmesan cheese, milk and margarine. Stir occasionally, and when it gets nice and melty, whisk it until it is smooth. Set it aside. When your pasta is finished cooking, drain the water, and then add it to the sauce pan. Mix in the sauce and the pasta. Enjoy!

## CLASSIFIED ADS

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The Beer Hunter Bar & Grills, located in St Albert, Edmonton and Spruce Grove, are currently hiring apprentice cooks. All levels of experience will be considered.

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Please e-mail resume to [shannon.mellott@hotmail.ca](mailto:shannon.mellott@hotmail.ca)

### TEMPORARY EMPLOYMENT

Tips Staffing  
Cash paid daily  
Call Danna at 780-474-9675

## HOT SINGLE OF THE WEEK



Photo by Emily Fitzpatrick

### Jasmine Hawryliw, 20 Academic Upgrading

**Ideal date?** – Probably going to a concert.

**Type?** – The odd people, I'd have to say. I also like guys with tattoos.

**Turn-off?** – Arrogance.

**Turn-on?** – A good sense of style.

**Dream guy?** – Tyler Smith, the lead singer of the band The Word Alive.

**Fave food?** – Anything that I cook.

**Fave movie?** – *Pulp Fiction*.

**Hobbies?** – Playing volleyball and going to social events.

**Summer Plans?** – Continuing my upgrading and working.

**Fly anywhere?** – I'd go to Mexico, just so I could be somewhere warm.

**Are you hot and single? E-mail us at [entertain@nait.ca](mailto:entertain@nait.ca)**



## TIP OF THE WEEK – FROM NAIT PROTECTIVE SERVICES



With March being Fraud Awareness Month, here are some helpful tips to avoid becoming a victim of fraud.

What is Fraud? Fraud is a wrongful or criminal deception intended to result in financial or personal gain.

According to the RCMP's Commercial Crime branch, fraud-related offences are now thought to be as profitable as drug-related offences, estimated at between \$10 and \$30 billion annually in Canada. The majority of these crimes aren't committed by kids at their computers, 80 per cent or more of the work is conducted by criminal organizations.

Here are a few tips to help protect you and your loved ones:

**Payment cards (credit and debit)**

- Periodically check your credit report, bank and credit card statements. Report irregularities promptly.
- Don't lose sight of your credit and debit cards during transactions.
- Shield your PIN when using your debit or credit card.
- Memorize all PINs. Do not write them on the cards.

• Change your PIN regularly. It's recommended that you change your PIN every month.

**MAIL**

- Shred personal and financial information before putting it in the garbage.
- Protect your mail. Deposit outgoing mail in post office boxes and remove mail from your mailbox promptly.
- If you are unable to pick up your mail, have someone pick it up for you.

**E-mail and online**

- Create strong passwords to protect your accounts and change them often. A weak password could leave your personal information vulnerable.

- Spyware may be sent as an attachment in an e-mail allowing criminals access to your information. Do not open e-mails from people you don't know.

- Check out the privacy and security settings of your social network and use them to control who sees what.

- If someone you don't know tries to "friend" you, ignore it. There's no way to be sure they are who they say they are.

- Before posting pictures, think about whether or not they're appropriate or give away too much information.

- Make sure your computer is loaded up with a firewall, anti-spyware software and virus software.

- Don't give away person information to a stranger during online chatting.

- Be wary of online contests...especially if you're asked for money up front.

**How can I recognize a scam?**

If it sounds too good to be true, it probably is:

- You've won a big prize in a contest that you don't recall entering.
- You're offered a once-in-a-lifetime investment that offers a huge return.
- You're told that you can buy into a lottery ticket pool that cannot lose.

**You must pay or you can't play:**

- "You're a winner!" but you must agree

to send money to the caller in order to pay for delivery, processing, taxes, duties or some other fee in order to receive your prize.

You must give them your private financial information:

- The caller asks for all your confidential banking and/or credit card information. Honest businesses do not require these details unless you are using that specific method of payment.

**Will that be cash ... or cash?:**

- Often criminal telemarketers ask you to send cash or a money order, rather than a cheque or credit card. Cash is untraceable and can't be cancelled. And, crooks also have difficulty in establishing themselves as merchants with legitimate credit card companies.

**The caller is more excited than you are:**

- The crooks want to get you excited about this "opportunity" so that you won't be able to think clearly.

**It's the manager calling:**

- The person calling claims to be a government official, tax officer, banking official, lawyer or some other person in authority.

The stranger calling wants to become your best friend:

- Criminals love finding out if you're lonely and willing to talk. Once they know that, they'll try to convince you that they are your friend.

It's a limited opportunity and you're going to miss out:

- If you are pressured to make a big purchase decision immediately, it's probably not a legitimate deal. Real businesses or charities will give you a chance to check them out or think about it.

Warning – your computer may be infected by a virus. Take preventative action now!:

- The virus scam has grown to epidemic proportions in Canada, now accounting for between 70 and 80 per cent of frauds reported daily to the Canadian Anti Fraud Centre (CAFC). Allowing someone to remotely access your computer is extremely dangerous and can leave you vulnerable to a variety of frauds. If a service provider calls and offers to upgrade your computer's anti-virus software, be extremely cautious. It's most likely a scam.

**What to do**

1. Act immediately. Report the incident.
2. Notify creditors and financial institutions immediately.
3. File a report with the Edmonton Police Service or the RCMP.
4. Cancel credit and debit cards.
5. Check your credit file with both credit bureaus (Equifax and Trans Union).
6. Report fraudulent activities to the Canadian Anti-Fraud Centre:

– [www.antifraudcentre.ca](http://www.antifraudcentre.ca)

– Toll free: 1-888-495-8501

Fraud – Recognize It, Report It, Stop It.

If you have information about a crime, contact Protective Services at 780-471-7477. If you see a crime in progress, call 911, then Protective Services. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and, if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.

# Roots-reggae regales the Nest



Photo by Sarah Priestley

Janaya "Sista J" Ellis

**By KEVIN ALBUS**

It was quite a show at the Nest last Friday. Souljah Fyah took the stage and as promised put on a great show. I'll admit reggae may not be the music I would play on my iPod for an hour, but almost all their songs had me nodding my head to the beat.

Lead singer Janaya "Sista J" Ellis and drummer Dorant "Saint" Ricketts both took turns singing and they both had great voices. "2-Tall" Paul Josse on bass, guitar, vocals and keyboards, and "Stormin' Norm" Frizzell on keyboards kept the harmony going.

The Nest was packed and by the sounds of it, the audience was digg'n the music. At one point in the concert (and I have to emphasize this), Ellis got off stage and got a group to help her move tables to create a dance floor in front of the stage. I've been to a good number of concerts and I have never seen that.

Before you knew it, people were dancing. I'm giving the lead singer props for that. Most lead singers don't come back on if they ever leave the stage.

As far as the play list goes, it was good. Like I said before, I don't listen to reggae for a long duration. But Soul-

jah Fyah were picking great songs to play. I could have listened to them for another hour.

I would recommend seeing this band. I also hope they come back to the Nest because I know people would get a good show twice in a row.

On April 21 they will be playing at the Bragg Creek Performing Arts Centre. After that they are back in Edmonton at the St. Andrews United Church on April 28.

If you head to the band's website, [souljahfyah.com](http://souljahfyah.com) you can find info and listen to some of their songs and get a sense of what roots-reggae is all about.



Catch NAIT NewsWatch  
Saturday at 6 pm on CTV2



KEVIN MARTIN

# What do you think of Kony 2012?



"Watched the video, I'm a big fan. Not sure about the charity. Is the money being put to good use?"

**Shawna**  
Animal Health



"I'm in full support. I bought the action kit. There's never anything wrong with saving a life."

**Allison**  
Culinary Arts



"I like the movement. People are caring, not sure how to get involved, though."

**Morgan**  
Business



"Love that people are paying attention to it. Not sold on the charity behind it."

**Matthys**  
Radio



"I like the idea. However, it's creating conflict between my friends. It seems like we should be united."

**Cody**  
Radio

# Handy lunch break destination

By KEVIN TUONG

Lan's Asian Grill serves up modern Vietnamese and Thai cuisine with a pinch of Chinese.

I've talked about Vietnamese food and I've talked about Thai food, so why am I writing about Lan's Asian Grill? Because they're within 10 minutes walking distance of NAIT and they deserve to be recognized.

Why? Because there's a Subway attached to a Mac's that's only about 6.096 metres closer to NAIT than Lan's, and the people who go there regularly don't realize what they're missing out on.

When you first walk in, the interior isn't necessarily gripping. It's quite simple and basic, but the smiling faces and positive atmosphere tends to pull you in, in place of the interior.

Keep in mind that this is an "order at counter" restaurant. Is this a good thing or a bad thing? Well, that's debatable. Personally, I would say it's a bad thing, however there's one major element in this restaurant that makes the system work and that is the man behind the counter, Tom.

Tom owns half of Lan's Asian Grill with his sister Monica (head chef) and in my opinion, he's a major part of their success. He's a very upbeat person who will actually make you feel welcome, and want to come back for more, but more than that, he'll become your friend on the spot, which is something you will not find in many other restaurants.

The food is not fine-dining, but the presentation is clean and looks delicious, and the taste is very homely, in a good way. The flavours in each dish are well balanced, with each element being present and representing itself, without over-

powering any other parts of the dish. It's almost like one big happy family on a plate ... that you can eat.

A lot of their menu is customizable to your liking, and since I've tried so many different things on their menu before, I won't go into too many individual dishes. But two dishes that I would recommend would be their Pad Thai, which has a good flavour and great texture to it, and a really strong spice as well, if that's your thing (it's optional), but it's not like a raw hot and no taste spice – it's a tasty spice.

My second recommendation, and my personal favourite, is their Savoury Steak on Jasmine Rice. It's a bit pricier than the rest of the menu, but well worth it. The steak is juicy, soft and absolutely delicious. Then, of course, the sauce on it drips onto the rice, making that heavenly as well.

If you're health conscious, then that's great, because Lan's takes care to minimize grease and oils in their food to make it as healthy as possible without compromising flavour. If you're a herbivore, then Lan's has a nice vegetarian menu as well. The best part about their food, though, is their use of daily fresh ingredients.

Their price is on the "fair" scale, but bordering on "slightly overpriced," not that you should care after your first taste, anyway. Ultimately, you go there for the experience.



Tom Lim and his sister Monica, owners of Lan's Asian Grill.

Photo by Kevin Tuong

Along with the deliciously and well balanced food, you're greeted with a great restaurant atmosphere that will keep you coming back each lunch hour.

Also, if you bring a cut-out of this article,

you can get five per cent off your meal!

11826A 103 St.

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# Like sports? Listen to Avry

By EMILY FITZPATRICK

Everton Avry Lewis-McDougall IV is a name to look out for in the future of sports. Better known as just Avry, he is the host of the *Avry Sports Show* on NR92.com, along with his two co-hosts Matt Inglis and Adam Brillz.

The boys talk about everything sports related on Thursday mornings at 8 a.m. We chatted with Avry and got a little taste of what to expect on the show.

**The Nugget (N):** How did the show

get started?

**Avry (A):** I wanted to expand the franchise of Avry's Sports Show which was already on the air on Livestream.com but in a morning format. I started it up in early October not really sure who else to have on, but thankfully Adam and Matt joined me in studio for the show and the rest, as they say, is history!

**N:** What can someone expect when they tune in to the Avry sports show?

**A:** You can expect sports talk for the stu-

dent. We want to bring NR92.com listeners analysis of the Oilers game or Eskimos game last night, as well as keeping it light with some spice thrown into it to make a sports talk that would be outlawed in nine other provinces in Canada.

**N:** What kind of stuff do you guys talk about?

**A:** We span the world of sports, we're all pretty knowledgeable when it comes to the NHL, NFL, CFL, NBA but we do show love to NAIT athletics because, hey, school sports are very important to us so we have to show love to the many Oaks teams.

**N:** What makes each host unique?

**A:** Matt, being a former football player, brings to the show the player's perspective that you love to have. He can truly get deep into topics but can keep it general enough so that all can understand him, as well as the perspective of a blooming sports reporter.

Adam brings a cool newsroom style attitude to the show. He's a guy that, just like Matt, brings to the show a sense of "wow, I'd love to sit down and have a few Sprites with these guys at BP's and talk Oilers or whatever with."

I try to be the glue to connect everything and make it work. Having two other co-hosts is fantastic so we can have great banter. It's a refreshing change from my Livestream show which is just me on air for 60 minutes on Tuesday nights.

**N:** Do you ever have any special guests?

**A:** We have had guests in studio before, two well-known National Lacrosse League writers by the name of Mike Wilson and Josh Bourhis of nblog.com. It was a blast talking to them about the Edmonton Rush and other NLL happenings but both guys are sports buffs so we

chatted extensively about the NHL with them.

In the future, we hope to get more guests. Hopefully Michael Jordan next week, that's doable.

**N:** What has been your most memorable sports moment?

**A:** Watching the Edmonton Oilers reach the Stanley Cup finals in 2006. To finally be able to see the hometown NHL team make it in my lifetime was incredible, but of course it wasn't meant to be, losing Game 7 to Carolina.

**N:** Who's your favourite team to root for?

**A:** Has to be the Oilers but I do show love to the Green Bay Packers, Toronto Raptors, Blue Jays and Edmonton Eskimos.

**N:** Do you talk all sports on the show?

**A:** We try to cover all sports, not just the NBA, NFL, NHL, MLB or the CFL. Once in a while Adam will bring up some Indy Car or NASCAR talk.

I believe as young sports journalists, it's important to be a jack-of-all-trades and not keep yourself in a box when it comes to knowledge and I hope that listeners enjoy that.

**N:** What are your predictions for March Madness?

**A:** I have to go with Kentucky. John Calapari has a team that could make some serious noise, would love to see a North Carolina-Kentucky final.

**N:** What do you guys want to be when you finish school?

**A:** I'd love to be a reporter or an anchor on Sportsnet, TSN or doing commentary on an American network or even still doing Avry's Sports Show in the U.S. If that doesn't work out, then I'll become a fire-eater.

Be sure to tune in to the *Avry Sports Show* at 8 a.m. on Thursday mornings.



Photo by Emily Fitzpatrick

Avry Lewis-McDougall

# Palestinian festival in town

By TAYLOR JACKSON

A cultural breakthrough is back for its annual festival at the TransAlta Arts Barns. The only festival of its kind hits Edmonton on March 17 and is designed to promote and spread the cultural beauty of the Palestinian people.

The bazaar came to life when a non-profit organization HUMANSERVE International, Society for Relief and Development, did lots of development for workers overseas helping Palestinian refugees. They decided they should find a way to engage the public with the intense and unique stories and history that the Palestinian culture brings.

Palestinians are descendants of people who have lived in Palestine for centuries, while more recently, they are culturally and linguistically Arab. The bazaar will not only share the strong history of the Palestinians but celebrate the heritage through Palestinian talent and their offering to society.

Expected at the festival is a variety of entertainment for different ages and personalities. Whether it's art, poetry, film, music or dance, the array of talented artists will embrace all forms of expression.

One style will include a Middle Eastern dance ensemble ready to perform their take on the tradition dabke (Arab folk dance) with a

modern twist to entertain Edmonton's audience.

There is also the much anticipated Palestinian fashion show that is sure to turn audiences' heads.

Art lovers are expected to take a stroll through an exhibit where Palestinian art and photography are being shown off, including pieces from Ranya Aldayeh and Manal Moghrabi.

Sure to please all are traditional Palestinian dishes from Pita Bake and the scrumptious Arabic sweets made by Cedar Sweets. Indulge in the affordable dishes that will include pitas and traditional fatayer which is a meat or spinach pastry.

Two films are set to be shown at the bazaar, *The Time that Remains* plays at 2:30 p.m. and the exciting *Hip Hop Is Bigger Than The Occupation* at 4:30 p.m. *The Time that Remains* paints an intimate portrait of Palestinians living as a minority in their own homeland from 1948 to present day.

Heading in a different direction, *Hip Hop Is Bigger Than The Occupation*, presents a documentary about a 10-day journey of a variety of artists travelling through Palestine, educating and performing non-violent resistance through the arts. This film will be followed by a discussion period with stars of the film, Lowkey and

Shadia Mansour.

Shadia will be back with the "Night of Hip Hop" concert starting at 7:30 p.m. as one of the performers. Joining her will be a variety of musicians including Mazzi, who has opened for artists such as the Black Eyed Peas and Eminem.

One of the presidents of HUMANSERVE doesn't see the bazaar spreading to other cities across Canada for a while. However, as the organization and bazaar gains momentum and

spreads cultural knowledge, an expansion in the future just might be a possibility.

The bazaar will have enough variety of entertainment, local talent and sweets to engage an entire family. It's free throughout the day from noon to 7 p.m. with all art and performances and \$15 per ticket at 7:30 p.m. for the "Night of Hip Hop" concert.

For more information, visit [www.humanserve.org/bazaar](http://www.humanserve.org/bazaar).

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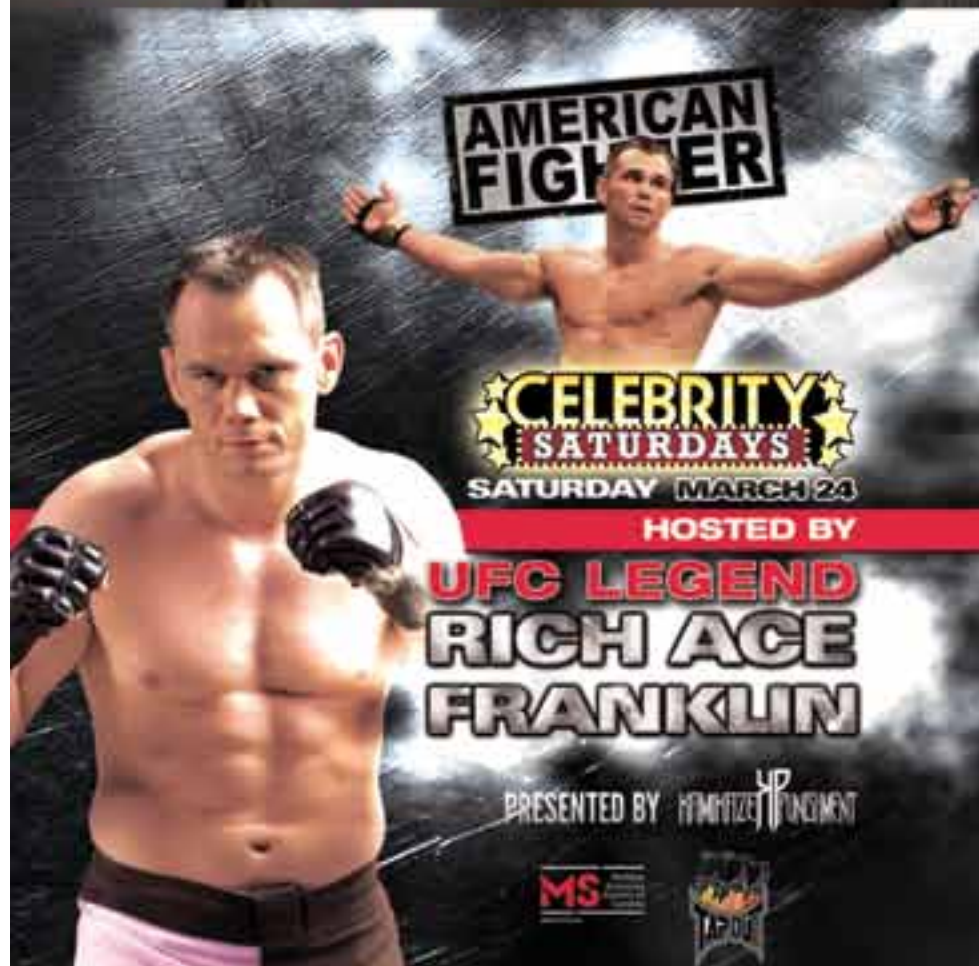


# MARCH MADNESS AT UNION HALL



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