

BALL HOCKEY TOURNEY TONIGHT (SEPT. 6) NEST PARKING LOT

# THE NAIT NUGGET

Thursday, September 6, 2012  
Volume 50, Issue 2



Please recycle this newspaper when you are finished with it.

YOUR STUDENT NEWSPAPER FOR 50 YEARS, EDMONTON, ALBERTA, CANADA

## TEAM FACES HURDLE

B-ball squad has new coach, 3 returning players, Story Page 6



Photo by Chad Steeves

### CHEERS!

Your NAIT Students' Association executives take in the new-look Nest Taphouse Grill Wednesday. Enjoying the surroundings are, left, Miranda Holman, VP External; Teagan Gahler, President; Jackie Albert, VP Academic and Jonathan Bilodeau, VP Student Services. The Nest opened for business on Aug. 27 following the make-over, which took all summer to complete. The Taphouse Grill also features a brand new menu.



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# NEWS & FEATURES

## \$3B deficit?



**DAVID ADOMAKO-ANSAH**  
Assistant Issues Editor

Albertans may have to dig deep into their pockets to cover a possible \$3 billion deficit.

Due to a depressing first quarter of the year, when Alberta's energy revenue didn't make as much as predicted, critics are concerned Albertans will be on the hook to the tune of between \$2.3 billion and \$3 billion.

According to Finance Minister Doug Horner, unstable global marketplaces such as Europe and the United States, as well as a period of low oil revenues, are to blame.

Back in February, the government predicted the deficit would sit at around \$886 million. In the first three months of the fiscal year, revenue dropped by \$400 million partly due to low bitumen and oil royalties.

Right now, the government plans on capping spending as well as re-evaluating some

future building projects. Without making any major cutback or raising taxes, Horner says the government will be able to get out of its financial woes.

Critics and opposition MLAs have been quick to blame the government for its overly optimistic revenue estimates.

Canadian Taxpayers Federation's Scott Hennig has called the situation "ugly," and said that this government has "had a lot of bad news quarters."

Hennig suggests that the government has something to hide, stating that the budget was too optimistic in its predictions. The federation says that the province has broken its own laws by not releasing the numbers showing the government's spending and finances.

The Wildrose Party has also put the blame on the Redford government, saying some of their decisions have put core government programs at risk.

Already, the police college that was supposed to be underway in Fort Macleod has been cancelled. The government says it was cancelled on merit and not due to the province's current financial troubles.

Horner says the government will make sure they meet Premier Alison Redford's promise to have the budget balanced by 2014.



Photo by Tyler Frith

### Books and stuff

Lineups were long at the bookstore Tuesday as students got the materials they'll need for the coming semester.

### WHAT'S GOING ON AROUND CAMPUS

**WHO** Accounting Club at NAIT  
**WHAT** Robert Half Resume Review  
**WHEN** Sept 5; 4:00-5:30pm  
**WHERE** Room X-107 (Main Campus)

**WHO** Anime  
**WHAT** Information Sessions  
**WHEN** September 10  
**WHERE** H-105; 7:00am - 11:00am  
X-107; 4:45pm - 6:00pm

**WHO** Paintball Action Sports  
**WHAT** General Meeting  
**WHEN** Sept 13; 4:30 - 6:30pm  
**WHERE** Room X-213

**WHO** DMS2013  
**WHAT** Bar B Que  
**WHEN** Sept 14; 11:00am - 1:00pm  
**WHERE** Outside Business Tower

**WHO** Business Connex  
**WHAT** General Meeting - Executive Elections  
**WHEN** Sept 18; 4:40 - 6:00pm  
**WHERE** T-103

### CAMPUS CLUBS NEWS

**SEPTEMBER 4-7** Clubs Info Welcome Week  
**SEPTEMBER 13** Clubs Beer Garden Training Part 1 Theory (Pre-register your club)  
**SEPTEMBER 15** Clubs Beer Garden Training Part 2 Venue Assessment (Pre-register your club)  
**SEPTEMBER 28-30** Clubs Training Retreat (Pre-register your club)

### WHAT IS A CLUB?

Clubs are an essential part of the community atmosphere at NAIT. Getting involved with like-minded students allows an outlet for building friendships, having fun, and enhancing your studies.

Participation in clubs also builds leadership and social skills which are highly valued by potential employers.

Club membership is open to full-time and part-time students attending NAIT, as well as NAIT staff and alumni.

Want to join a club? Visit the Campus Clubs Centre and we'll get you connected.

### HOW DO I START A CLUB?

It's easy! Find three people who share your interest and want to meet and participate with other like-minded students. Describe what your club is about and register at the Campus Clubs Centre (Room E-131). Need help getting started? The Clubs Centre provides a variety of services to

help get you going and keep you inspired throughout the school year.

### TYPES OF STUDENT CLUBS

There are two types of clubs on campus that are equally important.

Program clubs represent students in their program. They mainly host events to raise money for graduation celebrations, and work to create a community within the program. Some clubs host industry nights where students can network and interact with future employers.

Interest clubs bring students with similar interests, beliefs, and talents together in a friendly and safe environment. Discover or build on an existing passion, or meet other students who share the same objectives as you. The opportunities are endless.

### VISIT THE CAMPUS CLUBS CENTRE

Room E-131, NAIT Main Campus  
780.471.8457 | 780.471.8871  
campusclubs@nait.ca | nait.ca/clubs

Check out the Clubs Website for other upcoming Important Clubs Dates

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# Memorial for cyclist



**ALLISON KARCH**  
Issues Editor

Hundreds of cyclists took to our city's streets on Friday, Aug. 31, in remembrance of Isaak Kornelsen. Kornelsen, a University of Alberta student and track athlete, was killed on Aug. 27 while cycling on Whyte Avenue.

The riders began at City Hall at about 6 p.m. More and more cyclists joined the group as they wound through downtown, across the High Level Bridge and on to their destination at the white-painted memorial bicycle that marks the site of Kornelsen's fatal accident, on Whyte Avenue near 102 Street.

A few days after his death, Kornelsen's friends decided to plan the memorial ride. They contacted Edmonton Bicycle Commuters (EBC), a non-profit society that promotes and facilitates cycling as transportation, to help publicize the event and organize the logistics.

## No official escort

EBC Executive Director Chris Chan says that when he told the city about their plans, there wasn't enough time to arrange for an official police escort or to close traffic along the route.

"They said that if we ride the same way we would as individual cyclists – as vehicles – we'll be OK," said Chan.

There were, however, police officers on bicycles who followed along with the group and eventually stepped in to stop traffic.

"After a few minutes of watching us following traffic rules and getting split up by red lights because of that, the police decided it would be better to let us go through as a group," says Chan. "By the time we got to Whyte Avenue, there were police cars and vans blocking traffic for us."

Chan says that the purpose of the ride was to pay tribute to the life of a much-loved community member but also to bring awareness to cycling safety.

## 'Shouldn't have happened'

"One of the main ideas – even for Isaak's friends – was that this [ride] was about remembering but it was also about talking about how this death shouldn't have happened," said Chan.

Chan believes that measures such as slowing traffic on residential streets and protected bike lanes on major roads are important for creating a city in which all residents can feel safe riding their bikes. He recently attended Velo-City Global, an international cycling planning conference that brings together cycling advocates, urban planners and politicians.

Chan noticed an emerging theme from all over the world – traditional bike lanes, designated only by a painted line on the pavement, are not good.

"They're only good for those who would



Isaak Kornelsen

ride with or without a bike lane," said Chan, "they don't encourage those who are hesitant."

In contrast, a protected bike lane features barriers of some kind between automotive traffic and bicycles.

"They provide a psychological and physical separation between bikes and cars," says Chan.

This separation not only makes avid cyclists safer, it also works to encourage those who are less confident on a bike to choose cycling as a form of transportation. Chan says that in some areas of Vancouver, cycling has increased 10-fold with the addition of protected bike lanes.

He also notes that it can often be easier to implement protected bike lanes on major arterial roadways, such as Whyte Avenue, because street parking can be maintained on the left side of the barrier.

Looking more deeply into the circumstances surrounding Kornelsen's death could provide an important insight into how we can and should structure our streets. Police said that he struck the side mirror of a parked truck, lost control of his bike and fell under the wheels of a passing cement truck.

"Police called Isaak's death a freak accident, said he lost control," says Chan, "but they didn't take it one step further and ask 'why would a cyclist lose control and run into a parked car?'"

Chan places blame with the conditions surrounding the accident rather than with any individual.

## Looking more deeply into the circumstances surrounding Kornelsen's death could provide an important insight into how we can and should structure our streets.

"If we had appropriate and safe infrastructure for cyclists, this wouldn't have happened," he said.

Chan hopes that the tragedy of Kornelsen's death will spur city planners and policy-makers to do some good for the city's cyclists.

"We would like to see the city take bolder steps – steps that take more political will – than just a painted line," he says. "We all deserve to be able to travel safely around our city no matter what form of transportation we choose."

In addition to advocacy work, Edmonton Bicycle Commuters offers cycling education, sells low-cost refurbished bikes and operates BikeWorks, a volunteer-run community bicycle shop. BikeWorks has a North location at 9305 111 Ave. and a South location at 10047 80 Ave. Visit their website at [edmontonbikes.ca](http://edmontonbikes.ca).

### The Nugget

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### Submissions encouraged: [studenteditor@nait.ca](mailto:studenteditor@nait.ca)

The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

## Letters

### We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

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Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



# Halle needs help

By **DAVID ADOMAKO-ANSAH**  
Assistant Issues Editor

A St. Albert family is asking for a donation.

But not just any donation, this request is for bone marrow. Kurt and Deana Popowich's five-year-old daughter Halle was diagnosed with a rare form of acute myeloid leukemia (AML) earlier this summer.

About one in five cases of leukemia is AML. Most cases in young children end up being acute lympho-

blastic leukemia (ALL).

The main hope she has now is a bone marrow transplant.

A bone marrow transplant is a procedure to replace damaged or destroyed bone marrow with healthy bone marrow and stem cells.

Currently, Halle is staying at the Stollery Children's Hospital here in Edmonton, waiting for a match. Since being admitted, Halle has gone through numerous blood transfusions, platelet transfusions and chemotherapy treatments.

Without a bone marrow transplant, doctors have said Halle's chances for survival sit between five and 20 per cent.

Canadian Blood Services have said that young men between the ages of 17 and 35 provide the best bone marrow and stem cells, but make up less than one out of 10 donors. There is currently a shortage in ethnic donors.

Donating bone marrow is low risk and the procedure takes up to three to four hours.

For those interested in donating, you can go to [blood.ca](http://blood.ca) and click on the OneMatch link to register.



Halle Popowich

stalbertgazette.com



## ATTENTION ALL STUDENTS STUDENT HEALTH & DENTAL BENEFITS

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**SEPTEMBER 28<sup>TH</sup>, 2012**

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Phone 780.471.7730

Email [studentplans@nait.ca](mailto:studentplans@nait.ca) | Information [www.mystudentplan.ca](http://www.mystudentplan.ca)



Emily Moore  
Student Benefit Office  
780.471.7730  
[studentplans@nait.ca](mailto:studentplans@nait.ca)





# OPINION

— Editorial —

## Is it graffiti or is it art?



**CLAIRE THEOBALD**  
Editor-In-Chief

Like a 13-year-old kid, as Edmonton continues to grow and develop it is inevitably going to experience some growing pains.

As Edmonton transitions from a prairie township to a bustling city centre, certain rules that were once black-and-white become more greyed.

One such issue that seems to have stumped out policy-makers is graffiti, and defining where art ends and vandalism begins.

“Graffiti is a major concern for many citizens, organizations and businesses,” reads a statement on the city of Edmonton’s website. “Regardless of the style, size or colour, graffiti is vandalism and a criminal offence when placed on public or private property without the owner’s consent. If not removed, it can lead to more acts of graffiti and create an environment in which crime can thrive.”

### City has a point, but ...

For the most part, when talking about the juvenile and aesthetically offensive scrawling of names and certain symbols, the city does have a point.

But what happens when acts of guerilla art are less about property destruction and more about moments of inspiration displayed in a free and public forum?

Take, for example, a mural celebrating famed Edmonton Eskimo Rollie Miles painted on a garage door on Strathcona High School’s property.

Although it seems the art was put in place to replace another mural that had been defaced on the same property, as a heart-warming and positive tribute to a local legend, as the art was not commissioned and painted without permission, it was still considered graffiti.

This case was fairly straight forward, as the piece was clearly art and not some vandal looking for a cheap thrill. But what happens to street art that isn’t so well received?

Now, Edmonton’s paper-pushers are faced with a dilemma. How do you decide what is art?

### Is about intent?

Is it about the feeling of the piece? The intent? Maybe, but perspective is relative and what is beautiful to one may be repulsive to another.

Take, for example, a new commissioned mural of the Famous Five, celebrating Nellie McClung, Emily Murphy, Irene Parlby, Louise McKinney and Henrietta Muir Edwards for their contributions to advancing the status of women in society.

Through their actions, women became officially defined as persons under the law and therefore became eligible for rights and freedoms they were previously denied. Something worth plastering up on a wall, no?

What the mural does not address is the link between the famous five and a culture of accepted racism and their campaigning to limit non-white immigration and their pushing for eugenics legislation in Canada.

Now we have a mural that all at once celebrates our soci-

ety’s progressive triumphs while also celebrating a culture of racism. Beauty here is truly in the eye of the beholder.

Whatever side you are on, here is a clear example of how trying to define art based on the impact it has on the community and the impression it gives is dangerous and inadequate.

With that being said, how can we define what art is worthy of protection and what should be painted over?

The Edmonton Arts Council takes a more sympathetic stance on street art.

“Graffiti arts are important in encouraging diversity and accessibility for artists into the realm of public artmaking, and to foster connection and communication with communities through the arts,” reads a statement on the Edmonton Arts Council Website.

I believe there is such a thing as graffiti art. Art that is allowed to roam free, and is accessible to all, can have a powerful message. Free from any premeditated expectations, art on the street speaks truths from the people to the people and should be allowed to exist.

But how, then, can we allow art to flourish without opening the flood gates for every jerk on the back of an ETS bus who

feels like scrawling a swastika on the window?

You can’t.

By controlling art, you effectively destroy it. Controlling artistic licence with broad sweeping policy will leave us with nothing but Soviet era-esque propaganda murals and limit the free spirit that can make art powerful.

Policy makers need to learn to accept that not all things can be forced into boxes, and some all-or-nothing rule making is simply insufficient.

No one person is qualified to judge the inherent merit of a work of art, and calling for a referendum every time something interesting pops up on the side of a building or under a bridge is unrealistic.

In law, it is deemed better to have a thousand criminals go free then to wrongly convict an innocent person. So to should it be with street art.

Although I will not jump to the defence of the obvious dribble, I believe street art has a powerful ability to reflect the true culture of a people that otherwise would not exist.

Set whatever rules you will, true art will always be as it is, whatever that is.



A mural celebrating Edmonton Eskimo Rollie Miles appeared on a garage door at Strathcona High School.



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Trust us on that. Write us.

# SPORTS

## Challenging task



**EVAN DEGENHARDT**  
Sports Editor

There's been a lot of talk about the new coaching changes here at NAIT. We can talk about who's coming in and who's heading out all we want, but in doing that, we really can't grasp what men's basketball coach Ben Julius experienced in this process first-hand this summer.

Being hired later in the off-season meant that Julius was directly behind the 8-ball from the start, because the pressure was on to ensure that his new team was good to go come September.

However, in college athletic situations like the one here at NAIT, most players come to play for the coach, not the institution.

### Additional obstacle

For coach Julius, this posed quite the problem, as a lot of the players coming into this new season had been recruited by Mike Hansen, the coach that Julius has replaced.

Starting with a new team in a new place is hard enough, but now Julius was also faced with the obstacle of trying to ensure the survival of all of coach Hansen's hard recruiting work.

Luckily for us here at NAIT, Hansen and Julius had established a great working relationship during the coaching transition.

Coach Julius told the *Nugget* that Hansen was quite thorough in making sure that he was involved with the process the entire way through.

"Mike Hansen has taken the men's basketball program here at NAIT in a great direction, and throughout the summer, he wanted to pass on to me what he was building. Mike didn't just help me get my feet wet with my new role here at NAIT, he was the one pushing me in the pool," Julius said.

### Worked together

With Hansen and Julius working together to ease the transition process, things were easier for the new head coach but the recruitment challenge was still there.

Because Hansen was not returning to NAIT, Julius has had to work incredibly hard to ensure that his team's roster would be full come the start of the season. With only a handful of players returning from last year's team, it shows just how big an overhaul was necessary.

"From last year's team, we have three guys (Brock McMillan, Milos Janjic and Braden Torresan) returning. That makes things tough," said Julius.

"However, I'm also bringing three of my own players here to NAIT from previous teams and both Mike and I have been working very hard at making the transition easier for the players that had been recruited over the summer."

"I have also done a lot of work in head hunting some local talent in the area, so all of this helps," he said. "Unfortunately, some players decided that they would no longer be coming to join our team here at NAIT, but these are circumstances beyond our control."

Aside from the recruitment issues this summer, a new team coming together also brings its own specific challenges. But for coach Julius, there is one challenge that has taken precedence over the others, and that's team chemistry.

"You can work as hard as you can over the summer, but you can't construct team chemistry. Things may look good on paper, but we all have to be a team together. I hope that all of our guys can develop a bond of chemistry with each other this season," Julius said.

"As coaches, we have the major challenge of making sure all of our guys are on the same page and that we are as ready as we possibly can be, come the start of the season."

With a new team and a new start, it's hard to have a lot of expectations. For coach Julius, if his team can come out and compete hard every game, that will be all he can ask for.

"I think that if we come together we can definitely contend as a playoff team this season," said Julius. "If we can do this, we will surely be able to cause problems for the other teams in our conference this season."

Although Julius has faced a ton of challenges already, there are always going to be things to look forward to.

"It's definitely been a long summer," Julius said. "I'm really just looking forward to finally being able to implement all of my strategy and planning that I have been working on in the off-season. I'm just really excited to get our season going and to be a part of the athletic excellence here at NAIT."



**Ben Julius**

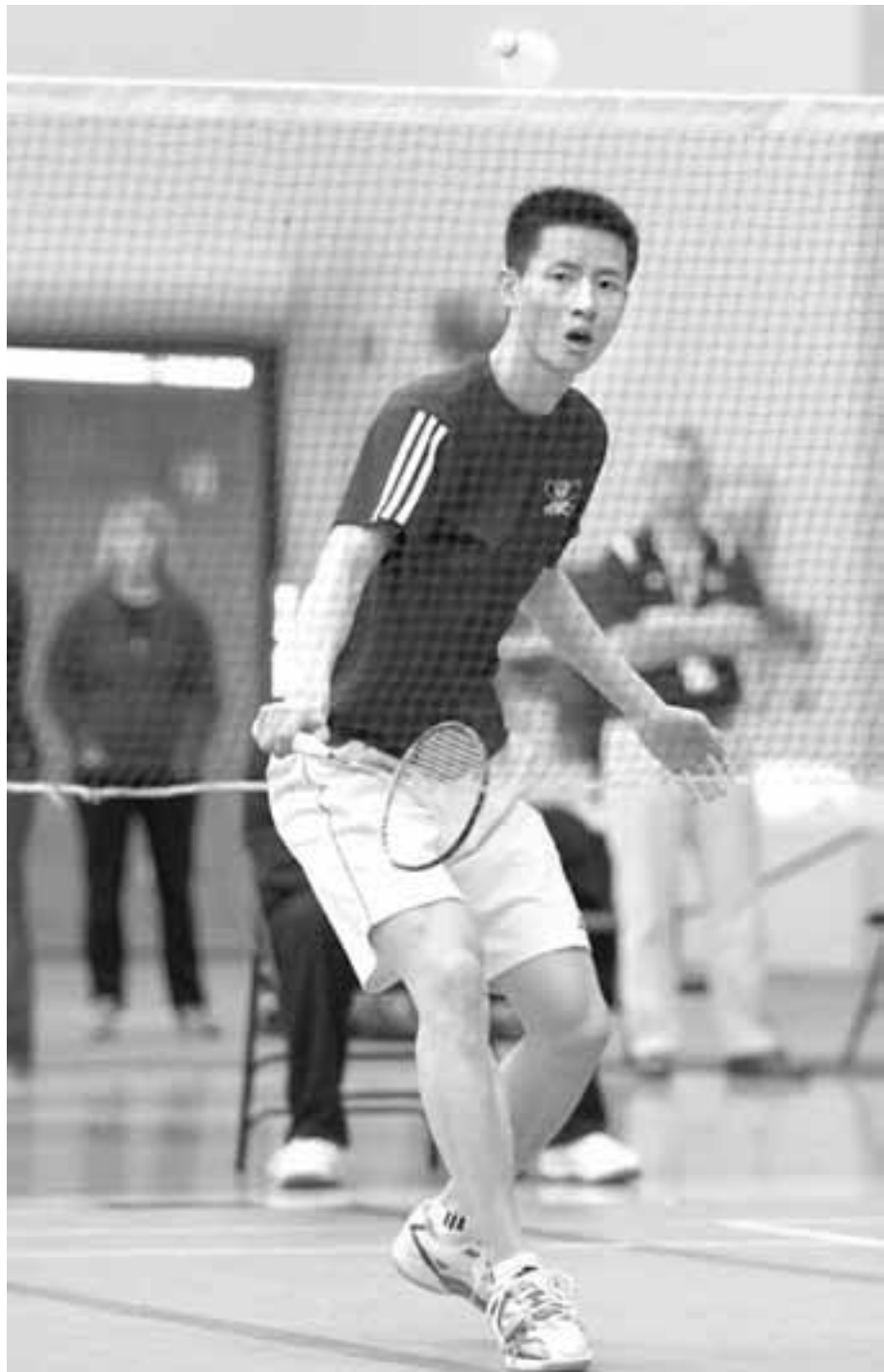


Photo by Chad Steeves

**NAIT Ooks Milos Janjic, shown in a game against MacEwan University last February, is one of just three returning players for new coach Ben Julius.**



# Facing an uncertain future



Supplied photo

Ook Dan Kai won his third national badminton mens singles title last year.

By **EVAN DEGENHARDT**  
Sports Editor

Although all of the other sports at NAIT are getting ready to start their new season, things are a little different for the badminton team.

Before the start of this season, some major changes took place that rocked the college world of badminton and thrust the entire sport into some uncertainty.

This summer, Mount Royal College decided to make the transition into a university. With this shift, Mount Royal also decided to join the CIS university league with all of its athletic teams.

Because the ACAC had only four teams last year, Mount Royal's departure from the ACAC meant that there would only be three teams returning to participate in the conference this season. Those teams were Concordia, Red Deer College and, of course, NAIT.

All is good for the three returning schools, right?

Hold on just one second.

ACAC bylaws state that sports must have a minimum of four institutions enrolled in the sport to have an official regular season. With this ruling, RDC decided to pull out of the ACAC as well, leaving only Concordia and NAIT in the badminton league for this upcoming season.

If you're thinking that things are looking pretty grim right now for the state of badminton here at NAIT, don't fret.

The CCAA has a bylaw in place that will allow the ACAC to compete at the Nationals for one year, in order to get ACAC badminton back on track.

This is a very good thing!

Basically, this means that this season, NAIT's badminton team will operate like it is another normal regular season, with exhibition matches being the

only major difference.

The tryouts for badminton will start on Sept. 30. For those people who make the squad, the team will also compete in two Alberta Badminton provincial open tournaments during the first semester before travelling to Hawaii for the Honolulu Open in early January.

Concordia will also host a tournament for any players in post-secondary institutions on Jan. 6 and NAIT will host a second tournament of the same style on Feb. 2. The entire exhibition season will come down to Feb. 16.

This is the date that NAIT and Concordia will face off head-to-head against one another, with the winners of each event representing the ACAC conference at the CCAA Nationals held from Feb. 28 to March 2.

Nationals this year will be held at Georgian College in Barrie, Ontario.

With all this being said, the future of badminton here at NAIT and in the ACAC as a whole has

yet to be decided. The big date that we all have to watch for is Nov. 15. This is the deadline for when new institutions can apply to be in badminton for the 2013-14 season.

Should four institutions declare themselves before that date, badminton will continue next season.

Badminton head coach Jordan Richey spoke to the *Nugget* about the upcoming season.

"Despite it being an exhibition season this year, we are treating everything like it is a regular season for us," Richey said.

"To have success at nationals, we have to maintain our composure and put the hard

work in to ensure that this season is meaningful to us as a team and as an athletic discipline in the ACAC."



**Jordan Richey**

## Athletics wants a few good people

**Announcers** – Basketball, volleyball - \$75/night, hockey - \$60 / night

This position is the voice of the Oaks. You will introduce teams, announce the score, promote and explain events and thank sponsors. A strong microphone presence is essential and there will be auditions. Candidates must, with exceptions, be willing to work every game of their sport.

**Ticket Takers** – \$60/night

You are the face of Athletics and because the public deals with you first, you have a very important job. You sell tickets and clothing at the ticket booth, set up displays, handle all promotions and draw boxes, fill out summary sheets for attendance and any other duties as required. (basketball/volleyball/hockey)

**Score Sheet** – \$60/night

This person's main responsibility will be to fill out the score sheet, keeping a running tally of the score and tracking fouls and timeouts during the game. You must have the lineups entered on the score sheet 15 minutes before

the game. (Basketball/volleyball/hockey)

**Score clock** – \$60/night

The main role of this position is to run the score clock while keeping the rest of the table organized and up to date with the game. An in depth knowledge of basketball is an asset. (basketball/volleyball/hockey)

**Stat keeping (DakStats)** – \$75/night

The stat keeper will be required to track all the ACAC required stats throughout the game. Strong basketball awareness is essential and you must be able to quickly transfer the information to the DakStats computer program. You must have the program "game ready" 15 minutes before the game. (Basketball)

**3-Ball** – \$40/night

You will be required to hold and collect volleyballs when they are not in play and throw balls to the ready server. You will also help with the setup and take-down of the ticket booth and game entrance areas. (volleyball)

**Goal judge** – \$50/night

Goal judges in hockey are responsible for flicking on the red light when a puck crosses

the goal line. They must also record the shots taken on the net that they are working. (hockey)

**Concession attendants** – \$60 / night

The concession attendant provides food and drinks to customers at the athletic events. Alcoholic beverages are sold, so ProServe is required, along with money handling training. Staff must be friendly. (basketball/volleyball/hockey)

**Setup/Cleanup** – \$60/night

A strong team of two responsible and dependable staff will set up the main gymnasium before home games and clean up afterward. Pulling out bleaches, chairs, floor mats, setting up the inflatable Ook, volleyball nets, etc., are a few of the expectations of the job.

**Ooks Mascot** – \$900 per semester

The Oaks mascot is a pivotal position and requires a lot of enthusiasm. You will interact with the crowd with a high level of energy and entertainment. The person chosen must be good with kids and will be required to work part of every home game and a few special

events.

**Cameraman** – \$900 per semester

The camera operator will film every home game, which will be webcast across Canada. Setup and take-down of equipment will be required. (basketball/hockey)

**Photographer** – Pay to be determined

The NAIT Athletics photographer will take action shots at part of every home game and a few special events. The photographer will be exposed to 12 different sports teams and will gain valuable work experience. A handful of pictures will need to be edited and sent to our communications officer the Monday morning following weekend play. Pictures will be used in promotional materials, on the NAIT Athletics website and elsewhere.

If you are interested in any of these positions, please contact:

*Andy MacIver*  
Athletics & Recreation Events

Programmer

E-mail: [andym@nait.ca](mailto:andym@nait.ca)

Phone: 780-471-7606

# Soccer season set to kick off

**EVAN DEGENHARDT**  
Sports Editor

One of the NAIT teams on our radar for this upcoming season is the men's soccer team.

With the Oaks coming off their impressive national championship season, the sporting world here at NAIT has to wonder what the men's soccer team can achieve this season.

The *Nugget* had a chance to catch up with head coach Jeff Paulus, who gave us some insider action as to what we can expect from the team this fall.

Every off-season is full of hard work, with recruitment taking some of the biggest priorities for a team and the men's soccer team is no different.

## Hands full

However, coach Paulus has had his hands full this summer.

"This off-season we undertook the task of another major team overhaul," Paulus said. "Heading into this season, we have acquired 14 new players to our roster."

Looking at this stat, one might think that taking on 14 new players to any roster would be a daunting task.

But coach Paulus is quick to defend.

"Yes, this off-season we have undertaken a good-sized transition, but at the start of last season we were bringing 17 new players to our roster. Even though we had 17 new guys coming in last year, we were able to win a national championship," said Paulus. "I think we have to look at this new season with that same mentality."

There are some perks that come with a new transition of players. Coaches have the ability to address issues that may have been plaguing the

team or they may completely redefine their talent dynamics.

When it comes to the new overhaul in talent, coach Paulus is very confident.

"As a team, we are really impressed with the recruits that we were able to acquire in the off-season," Paulus said. "With these 14 new players, I personally feel like we have made major improvements to our roster this season. We have a very technical and fast team this year."

If those words aren't enough to make NAIT soccer fans salivate, I don't know what is.

On top of the impressiveness of his new recruits, coach Paulus is also bringing three FC Edmonton Academy players to his roster for this season.

"These FC guys will definitely bring an elite level to our team this year," said Paulus. "We are extremely excited at the thought of high calibre players like that on our roster."

Coach Paulus also filled some midfield gaps in the off-season. With a few key centre back positions locked down now, the team will definitely bring a stronger presence to the pitch this season.

Up front, he is more than impressed.

"When it comes to the players that we have up front, the team is the fastest I have seen in my eight years of coaching here at NAIT. Our offence will be scary for other teams in the conference."

Although the team is confident heading into the season, Paulus is aware that there will always be challenges but he is not stressed.

"I have incredible trust in our ability to recruit players in the off-season. We're taking our recruiting strategies very seriously and this helps us acquire players that are readily adaptable to any

situation," Paulus said.

All of that being said, Paulus understands that this year's conference looks tougher than ever. So in that sense, one of the true tests of this season will be the challenge that the Oaks' opponents place upon them.

"As a team we feel good," Paulus said, "but we know our opponents feel good too!"

When asked about the leadership roles on a team surrounded by new recruits, coach Paulus was confident in his guys.

## Good character guys

"Our team has an exceptional amount of good character guys, with many having the ability to step up and assume a leadership role. Our recruiting strategy has always been in place to help us avoid problems like leadership from the start," he said.

For a team looking to repeat at the national championships again this year, things are looking pretty solid. But Paulus knows there is one challenge for this season that will outweigh them all.

"As a team, we cannot get complacent," he said. "We've been to nationals two years in a row now, and this can play a huge part in a team's ability to stay motivated."

"We have to maintain our motivation throughout this season, if we are going to have success. But I know there will be 14 new players on our roster, hungry for a national championship. Those guys will definitely bring the motivation."

It's hard not to expect a national championship calibre team every year when your team has been a contender for the last couple of years. When Paulus was asked about his expectations for this season, his mentality has not changed.



**Jeff Paulus**

"We expect every year that we are going to challenge and contend for a national title," he said. "Coming out of the ACAC conference, we have a great shot at making nationals. This year is not different than last year. We still have that same potential."

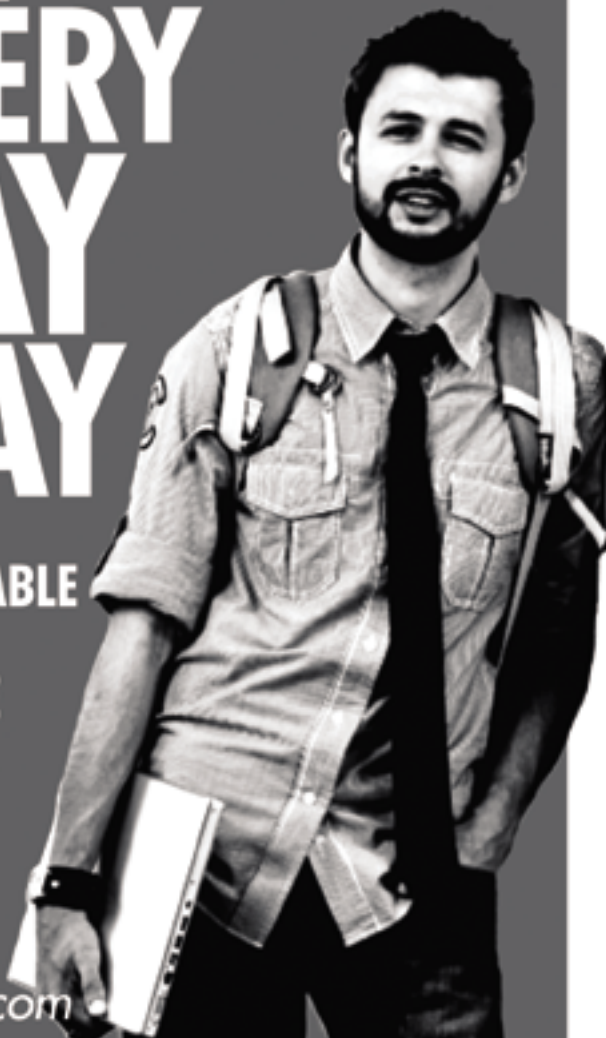
"As a team, we are just really excited to get our season going and to play our first game against MacEwan on Sept. 8," Paulus said. "We are just ready to test ourselves to see if we are really as good as we feel."

Mark Sept. 8 on your calendar, this could be the start of another superb season of men's soccer!

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# NFL fantasy football best



By KEVIN MARTIN

One of my friends was talking about the CFL the other day. His eyes were wide with disbelief when his discussion of the Eskimos, Roughriders and Lions fell on deaf ears.  
“Don’t you like football?” he asked with an astonished tone.  
The answer is simple, I am a diehard football fan.

However, my heart for football lies in only one place, the NFL. The National Football League, in my opinion, is the most entertaining display of sport on the planet. Not to offend our Canadian football fans, but if I have to choose between darts and a CFL game you can expect cheers of “one hundred and eighty” to be heard throughout my home.

Now that all the CFL fans have flipped the page we can talk about the cherry on the cake.  
NFL Fantasy football is the sport lover’s dream. For those of you who already participate in this “chocolate fondue” type of experience, you understand that it is obsession worthy. For those of you who haven’t lived life yet, here is a quick fantasy boot camp.

Fantasy Football “30 second” Boot camp

Before the season starts every participant takes turns drafting football players to their team. Teams are then matched up against each other every week to compete for the all-important “win.”  
Football players get points for certain feats during their weekly games. For example a quarterback gets six points for every touchdown he throws and a running back gets one point for every 10 yards he runs. If your team earns more points than your opponent for that week then you get a win and you’re on your way to water-cooler-super-stardom.

Why Fantasy Football is Saucy Fun

It’s simple, anyone can do it.  
You don’t have to be a super fan to compete. Go ahead and pick a player because he has dreadlocks. While the office football freak is going to be looking at statistics all summer, you still have a shot against him.

Trash talking

The match up process makes the whole experience extra intense. If you beat a coworker by a few slim points you have a whole week to tease them during coffee breaks.  
If you want to make your league extra intense, then punishments for the losers are always fun. Kick the feet up and send your classmate to get coffee because your running back is in beast mode!  
Tears for the summer ending are short lived with these delights in the near future.  
The NFL kicks off next week and with no hockey in the immediate forecast, maybe this is the year you jump into the football madness. I would send you a personal invitation this Sunday, but I’m going to be in my underwear on my couch.

Showing All K						
PWK	ADP	Points	2012 Projections from preseason	Bye	FGM	XPM
92	201.8	124.0	Kaeding, Nate SD (K)	7	25	49
94	199.8	123.0	Hanson, Jason DET (K)	5	25	48
95	207.1	122.0	Suisham, Shaun PIT (K)	4	24	41
105	210.4	119.0	Nugent, Mike CIN (K)	6	26	41
108	171.1	118.0	Bryant, Matt ATL (K)	7	27	46
108	231.8	118.0	Hauschka, Steven SEA (K)	11	27	37
112	236.8	116.0	Carpenter, Dan MIA (K)	7	26	29
114	210.9	115.0	Rackers, Neil WAS (K)	10	26	37
117	---	114.0	Tucker, Justin BAL (K)	8	25	39
118	240.9	113.0	Mare, Olindo CAR (K)	6	24	41
121	204.3	112.0	Prater, Matt DEN (K)	7	23	43
128	207.4	110.0	Vinatieri, Adam MIA (K)	4	25	35

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Parking changes at the Strathcona County Transit Centre on Ordze Road

## New overflow parking lots available - September 4, 2012

Due to construction on Anthony Henday Drive, the overflow parking lot on Fir Street, west of the Sherwood Park Transit Centre, is permanently closed. Parking is available in the Transit Centre parkade and where signs indicate along Fir Street. Please observe the no-parking signs on Fir Street and in Village on the Lake. Parking in commercial lots is for shop customers only. Vehicles parked in unauthorized areas may be ticketed and/or towed.

Using local service is still your best option to avoid parking stress. However, Transit has identified satellite parking lots where commuters who must use their cars can park.

- Here are your options:
- Glen Allan Recreation Complex (GARC) - 25 parking stalls**
    - Lot users will take Route 425 at stop #1018 to arrive at the Transit Centre, adding 15 minutes to their commute.
  - Kinsmen Leisure Centre (KLC) - 50 parking stalls**
    - Lot users will take the Transit Centre shuttle, adding 10 minutes to their commute.
  - Sherwood Park Log Cabin - 60 parking stalls**
    - Lot users will take the Transit Centre shuttle, adding five minutes to their commute.

- Other options:
- Use local Transit service**
    - Included in both your commuter and U-Passes
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#### HAPPY DAY

NAITSA Event Co-ordinators Fe Maquinay Guico, left, and Michelle Goulet, right, show their enthusiasm at a Gear Up booth last Saturday. NAITSA Finance Director Jon Hoffman looks on.

Photo by Katerina Kotsaftis

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- A Muttart Conservatory Annual Pass and a DSLR Camera Basics Class at the City Arts Centre

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# ENTERTAINMENT

## Do not try this at home ...



**ANIKA NOTTVEIT**  
Entertainment Editor

Every year students make their way from home back to university and college in the fall. My parents live in Manitoba, yet I have been attending post secondary institutions in Alberta since I graduated five years ago. This makes for many long travels to and from the West.

I always notice other young people, in small beat up cars packed to the roof.

Travelling to school is an exciting time. Leaving the normalcy of home and heading off to your independent life is fun. With these thoughts in mind we settle behind the wheel and drive to school.

Usually getting in the car, starting the music and pulling out of the driveway is exciting. After the initial exhilaration of

leaving wears off, boredom can become a problem.

If you've ever driven through the Prairies, you'll realize a few things: No. 1, you will go hours without a radio station, No. 2, you will pass very few other cars, No. 3, the scenery is vast and open, which is beautiful. After an hour or so, the scenery also loses its excitement.

We all know texting and driving is illegal. So obviously, we don't do that. Now what do you do?

I have talked to some rural prairie travelers and they have confessed how they entertained themselves when bored behind the wheel. There are some creative examples.

Caution, these are true accounts and very risky. It's best to be safe, so make your mother proud and don't try them at all!

One way to fight boredom in the car is bringing a pet along. One girl told me that having a cat to play with made the trip go a lot faster. There was a litter box in the back and with an extra car freshener, no one knew the difference.

Reading is a good option, especially if there are construction zones and you have no choice but to go slow. This is also a good time to apply makeup, paint nails or pluck

the eyebrows.

Playing a ukulele while driving not only adds some music to the ride but also some needed skill. Working on that skill level can keep you busy for hours. Apparently corners are very difficult. The surprised look of other drivers passing is very rewarding.

Driving naked adds a level of fear and adrenaline to a mundane drive. Though, be prepared to pull on the pants and shirt, swiftly, in case you happen to slide off the road. (Prairie roads are known to get very bad and icy in the winter) You may scare a concerned motorist checking to see if you're OK.

If you are in a hurry and can't find the time to stop and use the washroom, you don't need to worry. Even with a standard stick shift car there is a way the driver can go pee. The only tool needed is a bucket. I will leave the rest up to your imagination. It is possible to do and is has been described as quite the experience (Especially without



thehitman-cthemusic.blogspot.com

cruise control).

When there are multiple people in the car it is possible to switch drivers without stopping. Cruise control is essential for this. Possible time saved? Three minutes.

Keep in mind all these activities were done on the lone, long stretches of prairie highway. This doesn't excuse the danger of it but does give drivers something to mull over as they're eating up the miles.

Of course we're all back at school safely now. Most of our travels will consist of riding a bus through busy Edmonton streets. Probably not the best time to experiment with these driving boredom busters, especially being naked!

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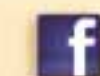
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By **MIKE JONES**  
Assistant Entertainment Editor

NAITSA presents NEST FEST, Edmonton's only country music festival with Aaron Lines and Jason Blaine Sept. 15 in the Annex "L" parking lot. While there will be plenty of time to talk about this exciting festival in the weeks to come, off the top of mind is the excitement about the return of the outdoor concert to NAIT.

Previous NAIT students and NAIT alumnus of the late '90s and early '00s will remember the excellent festivities that were Ookfest. The final Ookfest occurred in 2006 and became the short-lived Cam-

pus Chaos that was held off campus in the following years. Ask someone today why Ookfest doesn't return and you will get a variety of answers: lack of interest from the promoters, NAIT not wanting to brand itself as a party school or the amount of damage done by the festival to the NAIT soccer field. But Nest Fest certainly seems like a step in the right direction. In the meantime ... cue the dreamy flashback music and let's go back to a time when Ookfest lived at the old soccer field and not just our hearts with a play-

list from some of the most notable Ookfest artists.

Let Down – Bif Naked  
Point to Prove – Theory of a Deadman  
Ice Ice Baby – Vanilla Ice  
Lovercall – Danko Jones  
Rough Landing, Holly – Yellowcard  
Monster Hospital – Metric  
It's About Time – Lillix  
Come Again – Thornley  
A Good Start To A Bad Day  
– Drive By Punch  
Deny – Default

## CD REVIEW

# A real cause for celebration

By **CONNOR CORSARO**

A new Canadian sensation is creeping up the charts with their new album *Celebration Rock*, which has already been voted best new album by *Pitchfork* and scored a 9 out of 10 from *Spin Magazine*.

From humble beginnings in Vancouver in 2006, the duo of Brian King and David Prowse got their break signing on with Polyvinyl Record Co.

For their third studio album, the band pumps out garage band style sounds that leave the eight-track album ringing in your mind for weeks to come. From the first track ("The Nights of Wine and Roses") all the way to the dying seconds of the eighth song, the album

will have you struggling to take out your headphones or put down your air guitar.

The album's first single "The House That Heaven Built" works as an introduction to the band's style for new listeners because it quickly establishes an aura of catchy, pick-me-up, feel-good garage rock.

I picked up the album expecting that I had already heard the best of what Japandroids had to offer based on their single. However, after my first listen I couldn't stop hum-

ming along to tunes like "Fire's Highway" and its extremely catchy chorus or "Continuous Thunder" and its "Baba O'Reilly" style outro.

Obviously the single still grabs my attention. The song is hard not to love and the "woah oh oooh" line drives everyone to sing along.

After listening to the album on repeat for hours, lines like "and if they try and slow you down (slow you down), tell 'em all to go to hell," and "we'll cut loose our gold,

cause we need fire and only kindling can buy it," kept repeating themselves in the back of my mind.

Every song has that garage band feel that can't help but remind me of bands like Death From Above 1979 and the early years of The Black Keys.

My only complaint about the entire album was that I wish it was longer. The eight-track album clocks in at just 35 minutes and leaves the audience craving more. In a way that is a good thing, as it builds anticipation for their next piece of work.

Japandroids play the Starlite Room in Edmonton on Dec. 19.

★★★★★



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**Tickets**  
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**For more information & to buy tickets please visit [naitsa.ca/nestfest](http://naitsa.ca/nestfest)**

\*This event will proceed rain or shine so BYO lawn chairs and weather appropriate gear. Beer Gardens 3-11pm, this is a no minors event.



# Whole hour of pure hilarity

By MIKE JONES

Assistant Entertainment Editor

As someone who has been a long time improv fan, I am ashamed to say that for whatever reason this Fringe would mark my first ever Rapid Fire Theatre performance. The joke is obviously on me as the performance of *Gordon's Big Bald Head: Euripides ... You Pay Fo' Dese* was an hour of pure hilarity.

The premise is simple and requires perhaps the most minimal stage production the Fringe has ever seen. Three talented improvisers (Jacob Banigan, Mark Meer and Chris Craddock), three chairs and a Fringe program. After an audience volunteer picks a random number the Fringe program is consulted and a random play is chosen. For the ninth and final performance Kenneth Brown's *The Titanic* is chosen.

## E.J. Pratt poem

*The Titanic* is a Fringe play performed at La Cite Francophone by four Grant McEwan theatre grads based around the 1935 poem by Canadian E.J. Pratt. However, the Gordon's Big Bald Head version takes the story of the "unsinkable" ship to a whole other level.

The hilarious Craddock portrays a down on his luck E.J. Pratt, behind on rent and forced to take a commissioned job to write a poem on the Titanic's voyage. He meets a man, one John Smith (played superbly by Banigan) who over several on the house drinks at a local pub recalls his time on the fateful journey. Mark Meer portrays the occasionally abusive bartender.

Along the way, with several flashbacks brilliantly interwoven, every actor portrays several characters with varying accents. Craddock also plays Smith's love interest and eventually gets in with the creator of the ship, who in a moment of sheer improvised brilliance is named Jerry Titanic.

## Brilliant improvisation

Mark Meer is at his comedic best and Craddock brilliantly improvises some of the story's best moments but it is Banigan who steals the show. Banigan, who draws comparisons with a young Rowan Atkinson, brings a new level of physical humour to the show, including a brilliantly inspired insertion of himself into a hippopotamus anus. It should be noted this is likely the first time that the



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Jacob Banigan, left, Mark Meer and Chris Craddock improvise their way to big laughs at the Fringe Festival in Gordon's Big Bald Head: Euripides ... You Pay Fo' Dese.

words "brilliantly inspired" and "hippo anus" have been used in the same sentence.

As always with improv, some of the best

moments are the screw-ups. Rather than try to hide the errors, the three improvisers play them up in a self mockery which is essential in improv. Aside from minor mess-ups such as accents that appear and disappear at varying intervals of the play, one of the biggest laughs was a blunder at the end involving the location of the mysterious (and very expensive) fist-shaped diamond.

All in all, the show was brilliant and it's easy to understand its popularity. The show we attended was sold out, as were many other performances, and our trio was very fortunate to get in at the last minute, albeit not sitting together.

The performance was bitter sweet for the comedians as in addition to it being their final performance of the 2012 Fringe, it was also Rapid Fire Theatre's final performance at the Varscona Theatre where the group have been stationed since 1990. The troupe is moving to the Citadel Theatre this month.



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Breakout sessions:  
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# Stunning turnout at comic fair

By JOE RANGER

Set phasers to stunned.

That's how organizers of the 2012 Calgary Comic and Entertainment Expo felt as tens of thousands of sci-fi, comic and genre fans descended on the Calgary BMO Centre this past April.

Nearly 50,000 fans passed through the gates, seemingly at the same time, as there was something for every fan's delight.

"I was surprised beyond belief at the lineups," said Expo marketing director Donna Gray. "I've never seen anything like it in my life. It truly was an incredible experience for people who did attend."

Drawing (no pun intended) the largest crowds of autograph seekers were comic book icons Stan Lee, Batman original Adam West, and the principle cast of *Star Trek*, *the Next Generation* (Sir Patrick Stewart, Jonathan Frakes, LeVar Burton, Denise Crosby, Marina Sirtis, Brent Spiner, Will Wheaton, Michael Dorn and Gates McFadden).

It marked the first collective appearance by the TNG cast (plus a surprise cameo by guest star John deLancie) since the series went off the air following a seven-year run.

Other notable television series represented included *Battlestar Galactica*, *Fringe*, *Chuck*,

*Buffy the Vampire Slayer*, *Buck Rogers in the 25th Century* and *Sanctuary*.

"I always wanted to check it out," said 35-year-old Alvin Goh (SAIT business marketing 95/96). "I wanted to see Stan Lee, Adam West and Will Wheaton – mostly because of *The Big Bang Theory*. I'm not a big *Star Trek* fan, but a huge comic book fan."

"Lineups have been a little crazy, but I was expecting worse," said 34-year-old NAIT grad Mike Boivin (2009-Pipefitting), joined by wife Jackie and sons Reid and Chase.

His goal was to meet horror icon Robert

Englund, who portrayed dream killer Freddy Kruger in the original *Nightmare on Elm Street* movies.

"He owes me a big spa day," laughed Jackie, quickly adding "Who doesn't love comic book heroes?"

Long lineups persisted throughout the event, but helping to entertain the masses was NAIT alumnus Henry Winland (1992-Electrical Engineering). From scratch, he built a working, moving and talking replica of the villain from the SAW movie franchise – pedalling a red Radio Flyer bicycle and interacting with visitors – all via remote control.

"It's the first show I've had it. Usually I have R2D2 and Arlen Loveless (from the



thesnipenews.com



Photo by Joe Ranger

**Both kids and adults found something to see at the Calgary Comic and Entertainment Expo in April.**

Wild Wild West movie). This is actually funny. Kids flock to R2D2, but this lineup bowed out around it (the Saw character). It freaks them out, they don't like it."

It took one month to put together his creation, using air-dry clay for the mask and then

Fiberglas for more features. To operate, he utilized servo motors to run the arms and wheels.

"Half the people want a photo but are too scared," said Winland. "If you don't like horror movies, you don't want a picture with it."

"Some think there is a child in there."

# It's back to stand-up for Butt

By JACQUELIN GREGOIRE

The Gateway  
(University of Alberta)

EDMONTON (CUP) – While most are more familiar with Brent Butt's work on TV series such as *Corner Gas* and *Hiccups*, Butt himself is more accustomed to life as a "struggling nightclub comic." With both shows behind him now, Butt is returning to the familiar art of stand-up, with plans to build on his artistic ability through new projects that present fresh challenges but stay true to his comedic persona.

With years of writing comedy under his belt, Butt has no trouble coming up with funny material. And despite the contrast between the mediums of television and stand-up comedy, his experience as a lone stand-up writer helped strengthen his skills as a collaborative script-writer down the road.

"You develop a sense of what's funny and what people are going to laugh at because you have to rely on that when you're writing the show," Butt says.

"You're writing the jokes and hoping they're funny because there is no audience."

When all else fails, Butt resorts to the strategy that got his career rolling in the first place: simply being himself. Since generating stand-up material is derived largely from inner thoughts and personality quirks, Butt used his own natural timing and sense of humour to come up with material for his *Corner Gas* character, Brent Leroy. In fact, the sole distinguishing characteristic between him and his *Corner Gas* counterpart is the shape of their timepieces.

"The interesting thing about my character from *Corner Gas* is that he's basically identical to me," Butt muses.

"I didn't know how good of an actor I was so I thought I'd better make this character as close to me as possible – that way I'd know how to react to situations. I always said the biggest difference between Brent Butt and Brent Leroy was that he wears the square watch and I wear a round watch."

The fact that he relates so closely to his television character is why Butt doesn't mind being known for the show, even years after its cancellation. But content with its six-year run and the resulting legacy, Butt now prefers to look ahead his future endeavours.

"I had a certain fan base before *Corner Gas* and I have a much bigger fan base now because of the show. I still feel blessed about having the chance to do it; it changed my life completely, so I'm all good with it," Butt says.

With his higher profile to fall back on, Butt plans to take full advantage by tackling his biggest project yet. A fan of detective movies, he's now attempting to merge his passion for comedy and mystery into a feature film.

"It is a comedy but I intentionally wrote it, and we're going to shoot it, in a very realistic way so that if it wasn't funny, it would still work as a mystery and a thriller," Butt explains. "But a movie's a big, visual feast and you really have to know what you're doing, so I thought it was best that I don't direct."

Whether the film is successful or not, Butt's creative side will push him to continue moving forward with his comedy in one form or



entertainment.aol.ca



**Brent Butt**

another. For now, he's just hoping the audience will be willing to come along for the ride.

"I think if you concentrate on making a good product, that's all you can really control,"

Butt says. "So that's all I concern myself with: making sure that I'm happy and that I think it's funny, then cross my fingers and hope people like it."







**MIXOLOGY**

**Monday Sept 24**  
**4:30 pm - 7:00 pm**  
**@ the Nest Taphouse Grill**

Free admission, space is very limited.  
Sign up online at [naitsa.ca/howto](http://naitsa.ca/howto);  
at the NAITSA offices (e-131), or at the Nest.  
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TIP OF THE WEEK FROM NAIT PROTECTION SERVICES



# Steps for locker safety



Locker thefts tend to be in, but not limited to, remote areas of the school and / or in low traffic areas. In many of these thefts, specific items are targeted, leading security personnel to believe that the perpetrators monitor the area before they strike. Once the thief or thieves spot a likely target they wait until the area is clear and then, by utilizing a small and easily hidden pair of bolt cutters, quickly cut the lock and remove the valuables. This crime can be committed and the thief can vacate the premises within a few seconds.

As lockers are used to store valuables while students attend class or perform job duties, it is important that they be well secured. The following provides a number of tips that should be followed to decrease the likelihood that you will become a victim of locker theft.

To reduce the chance of becoming a locker theft victim, follow these few tips:

- Purchase a high quality lock. The price of a quality lock is slightly higher, but its value is related to the value of the locker contents.
- Always fully engage the lock. For combination types spin the dial to ensure it is secured. Tug on the lock before leaving.
- Do not bring any large sums of money or unnecessary valuables to school and store them in your locker. To do so is inviting unneeded risk.
- Do not record your locker combination on, or about, the locker or the lock. For a key lock, keep the extra key with you in a safe place.
- Observe the people around you and know the people that have lockers around your locker area.
- If you observe suspected criminal activity, do not challenge them. But instead immediately proceed to the nearest telephone and inform Security.
- When you observe someone, other than a NAIT peace officer or security guard, using bolt cutters to cut a lock from a locker, contact a peace officer immediately.

If you see someone loitering near lockers or in the area, or taking an unusual interest in locker contents, be suspicious.

- Take note of their description, height, approximate age and any identifying characteristics or markings.
- Report these to NAIT Protective Services.

If you have information about a crime, contact Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous, and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000.

Visit [www.nait.ca/security](http://www.nait.ca/security) for more security tips.

Everybody benefits, except the criminal.

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# CROSSWORD

- Across**  
1- It's a wrap  
6- Snack in a shell  
10- Drinks (as a cat)  
14- HI hi  
15- Poet Pound  
16- Dish with many ingredients  
17- Extra-terrestrial being  
18- It's got you covered  
19- Commendably  
20- Seaport in S Crimea  
22- Be of one mind  
23- Heating fuel  
24- Historic county in E Scotland  
26- Actress Peeples  
29- Switch ending  
31- Genetic material  
32- Aries or Taurus  
33- Depilatory brand  
34- Cash in  
38- Eastern nanny  
40- Become an ex-parrot?  
42- Canadian gas brand  
43- Flowering  
46- Goddess and sister of Ares in Greek mythology  
49- Loss leader?
- 50- CD forerunners  
51- Sled  
52- Charged particle  
53- Small fish  
57- Voting-pattern predictor  
59- Commerce  
60- Gus McRae's occupation in "Lonesome Dove"  
65- Architect Saarinen  
66- Prefix with meter  
67- Angry  
68- Again  
69- Defense grp. since 1949  
70- Taboos  
71- Mend with rows of stitches  
72- Ollie's partner  
73- Huge
- Down**  
1- Swedish auto  
2- \_ breve  
3- Agitate  
4- Lots  
5- Durable yellow fabric  
6- Resembling a monster  
7- Northern arm of the Black Sea  
8- Frog sound  
9- Bumbler  
10- C or D, for example  
11- Olds model  
12- Heaps  
13- Mends a shoe  
21- Zhivago's love  
22- Actress Heche  
25- Discount rack abbr.  
26- Final Four org.  
27- Metrical foot  
28- Asian sea  
30- Bay window  
35- Actor Morales  
36- This, in Tijuana  
37- Complain  
39- Limitation  
41- Outburst  
44- Mayberry moppet  
45- AOL alternative  
47- \_ Rhythm  
48- Marketing  
53- Lieu  
54- Boxing venue  
55- Less common  
56- Acclaim  
58- Vive \_ !  
61- Kofi \_ Annan  
62- "Give that \_ cigar!"

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
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53	54	55				56		57			58			
59						60	61					62	63	64
65						66				67				
68						69				70				
71						72				73				

63- Lots and lots  
64- Hotbed  
66- Ques. response

**SOLUTION**  
**Page 22**

*Puzzles provided by BestCross-words.com (<http://www.bestcross-words.com>). Used with permission.*

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**10<sup>c</sup>** wings **\$4** Mason Jars (16oz) **\$3** Highballs (10z)  






THE NUGGET PRESENTS:

# HOROSCOPES



MADAME O

August 23-September 5

(Warning: These Nugget horoscopes are not written by an accredited astrologer however, believe them if you like, as they are absolute and unquestionable.)

Virgo (Aug. 23-Sept. 22)

Today is a great day to ponder other quandaries. I'll start you off: when you really think about it, there is no such thing as "assless chaps," as all chaps by nature are fundamentally assless.

Libra (Sept. 23-Oct. 22)

New distracted driving laws mean stiff penalties for

all sorts of behind the wheel activities, including eating. When an officer busts you for driving under the influence of a double cheeseburger, tell him "it's not mine."

Scorpio (Oct. 23-Nov. 21)

You feel like nobody understands you, or understands how you feel. Try expressing it through wild and passionate interpretive dance, that'll get their attention.

Sagittarius (Nov. 22-Dec. 21)

I think Arnold from *The Magic School Bus* said it best when he moaned "I wish I stayed home today." Take his advice and take a personal day, on me.

Capricorn (Dec. 22-Jan. 19)

You've been looking for direction lately, looking to try new things. Might I suggest a Mona Lisa paint by number?

Aquarius (Jan. 20-Feb. 18)

You need new friends. Come to the *Nugget* office at noon on Wednesday and prepare to make new and \*cough\* better \*cough\* friends.

Pisces (Feb. 19-March 20)

Things will get really busy for you through the next

few weeks. Remember to make laundry a priority, lest you end up having to choose between either wearing the ugly Christmas sweater your great-aunt made you or telling people you've joined a nudist colony on a trial basis.

Aries (March 21-April 19)

When living in a glass house, remember to wear pants.

Taurus (April 20-May 20)

Drama surrounds you at every turn, do not hesitate to give an "Oh, no you didn't," accompanied with a dramatic triple-finger snap.

Gemini (May 21-June 21)

When that person said you looked fat, they meant it with a P-H.

Cancer (June 22-July 22)

You know that thing you were thinking about? Don't do it. Do the other thing instead.

Leo (July 23-Aug. 22)

No matter how tempted you might be, never get involved in a land war in Asia.

THE NUGGET PRESENTS:

# Dr.CONwisDOM

Dear Dr. CONwisDOM,  
I'm a girl who just got a new roommate who's a guy. All my friends think that we'll hook up. What's the easiest way to tell him that I'm not interested in being anything else but roommates?  
— Sincerely  
Come and knock on our door

Dear Come and knock on our door,  
As a guy, I like to think that girls hook up with their roommates even if they are of the same gender. Hours of my personal fantasies have been proved false by this problem you're having. However, if you really don't want anything to happen between the two of you, I suggest acting like you don't have a roommate. A few weeks of parading around in your track pants, eating raw cooking dough and the corresponding weight gain will stop any chance of a hook-up from happening.  
...  
Dear Dr. CONwisDOM:  
I think we can all agree that it's OK to go out on first dates with several people within, say, a week, right? But the question is, how many times can you go out with someone before you have an ethical obligation not to go out with anyone else?  
— Sincerely,  
We'll be waiting for you

Dear We'll be waiting for you,  
How do you have time to write into an advice column if you have more than one

date in a week? I have to write this entire article and because of it I haven't had a date in months ... at least that's the reason I tell myself.  
...  
Dear Dr. CONwisDOM,  
My boyfriend doesn't like to kiss or snuggle with me anymore. Every time I try to initiate something he turns on the sports channel. I'm worried he's getting his kisses somewhere else. What do I do?  
— Sincerely,  
Where the kisses are hers and hers and his

Dear where the kisses are hers and hers and his,  
You stop worrying about the other girl. Start worrying about how attractive the Edmonton Eskimos are looking this year. If he's more interested in the men wearing tight pants than you, there is a deeper problem at work here.  
...  
Dear Dr. CONwisDOM,  
My girlfriend's mother just moved in with us the other day. Didn't actually tell us, just started to bring in her cats and her porcelain doll collection. I really don't want to have her dolls giving me the stink eye every time I go to the bathroom, so what do I do?  
— Sincerely,  
Three's company, too

Dear Three's company, too,  
If I knew how to get crazy old women

out of my apartment, Aunt Margaret would have moved out and taken her accordion with her long ago. I don't keep her in the house because I love the sound of accordion music at 3 a.m. If you come up with a solution, please let me know.  
...  
Do you have any personal ques-

tions that you want to have answered by the good doctor? Just send an e-mail with your concerns to [conwisdom@nait.ca](mailto:conwisdom@nait.ca) or submit them online to [www.thenuggetonline.com](http://www.thenuggetonline.com) and your sex doctor will have your "prescription" ready for you the following week!

## Who ya gonna call?

**Academic and personal concerns** – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.  
**Health insurance coverage** – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 28 if you have alternate coverage.  
**Housing** – Online housing registry at [www.rentingspaces.ca](http://www.rentingspaces.ca)  
**Injury, minor medical concerns** – Health and Safety Services, 780-471-8733, Room O-119.  
**NAIT Security** – 7477.  
**Part-time campus jobs/volunteering** – Contact Matt Bell; 780-471-8617; Room E-131; or e-mail [matthew.bell@nait.ca](mailto:matthew.bell@nait.ca)  
**Program-related concerns** – Contact Program Chair or Program Adviser.  
**Scholarships, bursaries** – Student Awards Office, 780-491-3056, Room O-101.  
**Special needs students** – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.  
**Student loans, grants** – Financial Aid Office, 780-491-3056, Room O-111.  
**Tutoring** – The Tutor Centre in Room A-133 (main campus) offers free assistance with math, physics and chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A).  
**Peer Tutors** – Sign up online to get or to be a tutor by e-mailing [tutor@nait.ca](mailto:tutor@nait.ca). Cost is approximately \$15/hour.



# How to manage your time



## TIMELY TIPS

**MARGARET MAREAN**  
NAIT Student Counselling

Good time management is probably the most important factor for success at NAIT and in your future career. Getting into good habits now will help you manage the added stress of exams.

**1. Define clear goals.** Set goals for the week, the day and your study session as well as longer term. Make sure your expectations are reasonable.

**2. Make a daily to-do list and prioritize it.** Can you delegate or eliminate anything on the list? Always work on top priority items first.

**3. Start by keeping track of how you spend your time now.** Keeping track every hour for a couple of days can provide a lot of information about how you tend to waste time or procrastinate. Make a realistic schedule based on modifying, not completely changing, your current time usage.

**4. Use a weekly planning schedule.** Allocate specific periods each day to study and stick to them. If you can study at the same time each day, your brain will automatically become more prepared for studying at that time and your study sessions will be more effective.

**5. Review within 24 hours** – take at least 15 minutes per course to highlight main points and jot down any questions about material you don't understand. Review again at the end of the week. This saves time because you will retain most of the information rather than having to relearn it.

**6. Regular sleep** (at least seven hours a night), nutritious and regular meals and snacks, and regular exercise and relaxation times also help you to concentrate, learn and memorize more effectively.

**7. Study in small blocks instead of long time periods.** You will accomplish more if you

work in 20 to 30 minute blocks and take 10 minute breaks in between rather than studying for two to three hours straight without breaks. You will also find it easier to prevent procrastination when you are studying in smaller blocks.

**8. Get organized** – your binders, your study space, your locker, your living area ... an organized environment reduces stress and also helps your brain to organize information more effectively.

**9. Monitor and control the amount of time you spend watching TV, on the Internet,**

**phoning or texting** ... these activities can use up a lot of time without you realizing it.

**10. Ask for help** – get help from the classmates, instructors, the Tutorial Centre (Room A-133; free math, physics and chemistry tutoring), or hire a peer tutor (log into MyNAIT Student Portal, and click on "NAIT Peer Tutor Registry" under Resources). See a counsellor for any academic or personal concerns. Appointments can be booked in Student Counselling, Room W-111PB or by calling 780-378-6132.



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## NAIT STUDENT COUNSELLING

Room W111-PB, HP Centre, Main Campus

Telephone: 780-378-6133

Website: [www.nait.ab.ca/counselling](http://www.nait.ab.ca/counselling)

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## MOVIE REVIEW

# Prohibition in a little town

By MIKE JONES

Assistant Entertainment Editor

There have been plenty of entertaining 1920s gangster films set in the big city such as *The Untouchables* (Chicago) and *Scarface* (Havana/Miami) but *Lawless* shows us how small town America coped with prohibition.

Set in rural Virginia, the film is an entertaining, although at times slow moving, romp of excessive violence and humour.

Director John Hillcoat's (*The Road*) film sees the Bondurant brothers and the hilarious and adorable Cricket Pete running a successful bootlegging business in Franklin County, VA. After one of the brothers hires a new waitress from Chicago they begin to be hunted down by the brutally violent Special Agent Charlie Rakes.

The film features an all-star cast of Shia LaBeouf, Tom Hardy, Gary Oldman, Mia Wasikowska and Guy Pearce. LaBeouf is his usual awkward teenage self as younger Bondurant brother Jack and, while Jason Clarke puts in a strong performance as Howard, it's obvious from the start of the film this is the Tom Hardy show. His hilarious portrayal of indestructible but not all mentally there Forrest Bondurant draws the film's biggest laughs, all of them at the character's expense. The ridiculous epilogue had the entire theatre in hysterics. Rivaling Hardy for best character in the movie is the always excellent Guy Pearce as the intense and violent Rakes.

Female leads Wasikowska and Jessica Chastain are humorous diversions from all the bloodshed as the love interests of LaBeouf and Hardy respectively.

Both relationships showcase the awkwardness and inadequacies of the two brothers in a humorous manner.

Gary Oldman turns in another adequate if slightly uninspiring performance as mobster Floyd Banner. It is still odd to see him not be the bad guy as he plays somewhat of an anti-hero.

Of course this is not Oldman's first on-screen turn with Hardy this year as the pair starred in the summer blockbuster *The Dark Knight Rises*. Their characters in the two films couldn't be



slate.com

## Shia LaBeouf in Lawless

any more different.

Forrest Bonurant probably has more in common with the portrayal of Bane in 1997's awful *Batman and Robin* than Hardy's turn as a much more intelligent version of the villain in *Dark Knight Rises*.

Both films, while wildly entertaining, suffer from being slow moving and taking a long time to get to the point. What *Lawless* lacks in over the top CGI effects and incomprehensible dialogue, it makes up for with witty banter and surprisingly excessive violence.

The film is an adaption of the 2008 novel *The Wettest Country In the World* by Matt Bondurant about his grandfather and great uncles. The violent novel is adapted for the big screen by musician Nick Cave, who also wrote the soundtrack.

The entertaining *Lawless* is in theatres now and has done well with critics, even competing for the prestigious Palme d'Or at the 2012 Cannes Film Festival.



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Photo by Katerina Kotsaftis

# A faux carbonara

## RECIPE

By **CLAIRE THEOBALD**  
Editor-in-chief

So you finally got up the courage to invite that special someone over for a date. Now what? You wouldn't go through all of that effort to impress them just so you could order in a pizza. You need a fail-safe recipe to blow the pants off of your date. Unless your mother was Julia Child, you need a recipe that is cheap, easy and oh so delicious. This easy faux carbonara recipe will warm their stomach and their heart. For you singles, save the leftovers and heat it up for lunch.

### Ingredients

- 6 strips thick-cut bacon, chopped
- 1 onion, cut in half and sliced
- 6 mid-sized white mushrooms, sliced
- 1 boneless, skinless chicken breast, cubed
- 1 cup cream
- 1/2 cup Parmesan cheese, finely grated
- Handful of walnuts, coarsely chopped

- Pasta of your choice, cooked to your liking

### Method

1. In a large pan over medium heat, fry bacon and set aside
2. In the same pan over low heat, cook and reduce onion until soft, sweet, and golden brown. Set aside.
3. In the same pan on medium heat, saute mushrooms until browned. Set aside.
4. Saute chicken until cooked all the way through (juices from centre will run clear), seasoning with salt and pepper. Set aside.
5. In pan, combine cream and cheese stirring occasionally until reduced.
6. Reduce heat and add bacon, onion, mushrooms, and chicken to sauce. Stir and simmer for a few minutes to allow flavours to combine.
7. Stir in your cooked pasta, top with walnuts, and serve. Garnish with a sprig of parsley for added effect. Bon appetit!

## GET INVOLVED!

Daryn Rainer, a third-year Business student, takes a break from helping at the NAIT Students' Association Clubs booth during Gear-Up on Saturday. The first-year orientation was attended by about 1,000 students, who were served lunch by NAITSA at a Shinerama barbeque. Sponsored by NAIT, the event included appearances by MTV Canada host and eTalk Daily correspondent Jessi Cruickshank, hypnotist Wayne Lee and featured an assertiveness and self-esteem workshop, along with information and study skills sessions.

## CROSSWORD SOLUTION

1	S	A	R	A	N		6	T	A	C	O		10	L	A	P	13
14	A	L	O	H	A		15	E	Z	R	A		16	O	L	I	O
17	A	L	I	E	N		18	R	O	O	F		19	W	E	L	L
20	B	A	L	A	K	21	L	A	V	A		22	A	G	R	E	E
			23	P	E	A	T		24	K	I	N	R	O	S	S	
26	N	I	A		29	E	R	O	O		31	R	N	A			
32	C	A	R		33	N	A	I	R		34	R	E	D	E	E	M
38	A	M	A	H		40	D	I	E		42	E	S	S	O		
43	A	B	L	O	O	M		46	E	R	I	S		49	A	T	A
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59	T	R	A	D	E		60	C	A	T	T	L	E	62	M	A	64
65	E	E	R	O		66	A	L	T	I		67	I	R	A	T	E
68	A	N	E	W		69	N	A	T	O		70	N	O	N	O	S
71	D	A	R	N		72	S	T	A	N		73	G	I	A	N	T

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[naitsa.ca/senate](http://naitsa.ca/senate)



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