

THE ENUGGET



YOUR STUDENT NEWSPAPER FOR 50 YEARS, EDMONTON, ALBERTA, CANADA

CULTURE **TAKES** THE STAGE

International Day celebrates diversity at NAIT, page 11

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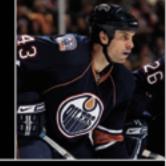


TESL students strike a pose after performing traditional dances at International Day, held on March 27 in the South Lobby.



Want to meet an Oiler? Jason Strudwick Live at O2's

Visit www.O2s.ca and view the list of times & locations under the events tab.





South - 10390-51 Avenue The Nugget Thursday, April 4, 2013

NEWS&FEATURES Goodbye, comfort zone!



SARAH STILWELL Issues Editor @sarah_stilwell

In my career, every day is a gamble as to how far out of my comfort zone I am going to push myself. I haven't been the "shy type" since I was 12 years old but this article isn't about those stories. I am almost always down for a talk and I have met tons and tons of people doing what I do.

First off, in addition to the Nugget, my life revolves around the media. I am a broadcasting student here at NAIT and cameraperson for one of Edmonton's news stations. Every single event that I cover always gives me butterflies beforehand as I never know what each adventure will entail and how people there will feel about me.

With adventure being the key word in this editorial, I am now going to talk about the adventure that being an editor at the Nugget has given me. I started off having some writing experience, some uni-

versity experience and a "throwme-to-the-wolves" attitude.

I started off with a tape recorder, or pen and paper, and really just started talking to people. Soon after, I had several interviews recorded (many of NAIT students too). Many, the NAIT ones in particular, are filled with "umms" and "uhhhs."

And yes, I understand. Interviews are awkward but they're completely necessary and have to be done. Writing credible stories means that you have to attribute who said what and under what circumstances. They make up the buff of a news story. Without attribution in stories you have those fake (and often crazy) news stories that travel across the globe on Twitter and Reddit. We've all seen them. Sometimes they seem so close to reality, and other times so far away that you wonder if anyone actually believes that crap. Hurricane Sandy, anyone?

My point being: comfort zones totally suck. But you won't get anything done if you don't push it a little. Especially as we're nearing the summer job hunt season we need to take that comfort zone, put it in a box and chuck it as far away as freaking possible. See? Comfort zones suck. This is coming from a girl who didn't even know she had a comfort zone until she grabbed her pen and note pad, got on an ETS bus, and started talking to random people for her first article for the Nugget on bus safety.

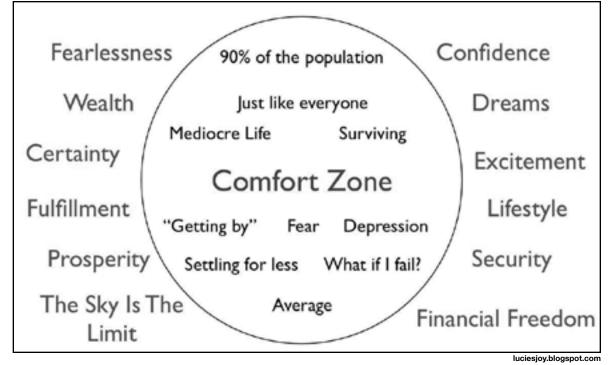
Fast forward a couple of months, and my comfort zone became slim to none around the time that I became the Issues Editor here, and non-existent around the time that we hired on Josh "Big-Dog-conspiracy-theorist-hotdoginthecrust" Yaworski. If you don't know what I'm talking about, you should probably just flip over to Point Counter Point, where he and

Chris Figliuzzi duke it out – from breaking news stories to whether or not having hot dogs in pizza crust is awesome. Which it is.

Putting him on as my assistant was terrifying. I loved his opinionated work and knew he was reliable but I also know that he's a ginger-haired hippie and one of my best friends. The opinionated stuff in here that has been published lately is, in my humble opinion, what this little Nugget needed. **Editing Point Counter Point every** Sunday is easily one of my most favourite chores of the week.

This column will serve as the official farewell to my comfort zone. I am, by nature, terrified of exposing anything too personal in the Nugget. Mostly because I'm so unfunny that it's funny, and that sometimes I literally don't move a muscle for five minutes straight, which makes me look like a robot. But hey, I'm just a weird news editor at the Nug.

I've said goodbye to my comfort zone this spring, will you say



A viral outlet for customers



JOSH YAWORSKI Assistant Issues Editor @actuallyjosh

This is it a tumultuous time for business. Peoples lives are up in the air, with their entire fiscal livelihoods depending on markets and forecasting by people who have no grasp of the real world consequences of their actions.

As our government grapples with major budget shortfalls, our people suffer from massive cutbacks. This transitionary era is complicated even further by our burgeoning mastery of our developing technologies and the ability to instantly transmit our every thought via technology. Some businesses grasp this, ensuring that every customer is given an excellent experience. Because one good experience can lead to many through word of mouth. Apparently AMA is not one of those companies.

I walked in for simple vehicle registration. My first alone. I walked up to the teller bearing my registration, insurance and bill of sale. Smiling from the sunny day, I approached, and as I began my greeting, I was interrupted by an openly hostile "what can I help you with."

Not a question of please use the serviwhat does my job force me to do for you. I presented my papers and said "I'd like to register my vehicle please," hoping friendliness would end the sour demeanor I was faced with. It did not. She then proceeded to angrily stamp my documents, stopping only to accusingly ask for my licence and AMA card, seemingly hoping to turn me away for forgetting one of them.

Then, as rapidly as the miserable miss had begun, she looked up at me and smiled, saying "there you are," in the first human interaction I had seen from her. Needless to say, I was curious as to how we were finished without me even having a new licence plate, so I asked, "don't I need a new plate?" Awestruck, she says "oh, did you need a new registration?" with the miserable attitude back with vigour.

What followed was a sequence of phone calls as she tried to rectify the mistake she made, all the while letting me know that it was my fault, as I had given her the entire registry document, instead of just a bill of sale. As the entire miserable exchange came to a close, ces you pay for annually, but a question of she gave me my papers and proceeded to tell me not to leave because all I need is my new plate. I told her I know, I was the one that told you I needed one in the first place, after all.

> I left infuriated. This woman spoke to me with a combination of disdain and condescension. At first I was humiliated, a six-footthree man reduced to nothing by a cashier for the registries. But it took only a moment for my the humiliation to be replaced by anger. Who was she to treat me this way? I'm a paying customer, I've done much business with AMA. I pick up my smartphone.

When I call AMA's customer service or go on the social networks and resources, I'm not an overweight long haired dude, I'm just a customer. What it seems many customer service companies fail to recognize is their entire industry depends on word of mouth.

All around Edmonton, businesses are being made and broken by word of mouth and services like Yelp. And when three NAIT students all share stories of this sort on Facebook, hundreds could potentially see it. We are not powerless, no matter how we may feel as young adults being treated this way. We know how to use the resources that have come to us in the last couple of years and we can use them to express our discontent. No longer will this sort of treatment be allowed, because we can express our discomfort in a world-wide manner. This is the beginning of an era in which there can be no excuse for treating anyone with anything less than respect, because nobody knows who is going to tell all of their social networks about the conduct - or who might be the editor of a

House with a heart

SARAH STILWELL Issues Editor @sarah_stilwell

On Easter Sunday, Junior Chamber International (JCI) Edmonton filled up the largest of the three kitchens inside Northern Alberta Ronald McDonald House to feed the house guests and their families.

The Ronald McDonald House (RMH) is a place for families to stay with hospitalized children who are receiving treatment. The house can accommodate up to 140 people. Being so close to the Stollery Children's Hospital and with the renowned Mazankowski Alberta

Heart Institute close by, RMH is constantly filled with the families of sick children.

JCI Edmonton has maintained a relationship for three years with the house. About 10 JCI Edmonton volunteers gathered on Easter Sunday to provide a home cooked meal for about 60 people. Dinner consisted of whole roast chicken, ham, roast potatoes and vegetables, salad and homemade pies for dessert. An Easter egg hunt followed shortly after.

INTERNATIONAL STUDENT

"I love it because I get to see immediate impact and how we affect the people living in the house," said Stephan Cherwoniak of JCI Edmonton. "To see the kids smiling and eating their vegetables is really great."

JCI Edmonton cooks a Home for Dinner at the house on the last Sunday of every month. Many

> other groups regularly volunteer for the Home for Dinner program. The house tries to have a Home for Dinner program every day. Between four and 12 volunteers are required to cook the large meals.

With many families coming back from the hospital after the dinner is served, the house then

offers a "help yourself room," where the families can come and grab themselves leftovers.

"They know that they can come in here and help themselves to whatever is here and it's not just the food from the dinners," explains Sayler Reins, a manager on duty at the house. "Sometimes they'll bring extra or make extra, which is a lot better than them having to buy a meal at the

Families can also store their own food in the

kitchens provided, but the Ronald McDonald House aims to relieve the often hard times that face people staying at the house.

"It's just one less thing that they have to worry about as far as what am I going to make for my kids. It relieves a whole lot of pressure there,"

With operating costs upwards of \$1 million, the house is expensive to run, yet a \$12 per night charge is maintained for guests because families never know how long they're going to stay. A two-week trip sometimes turns into a year-long living situation

The Ronald McDonald Foundation donation jars that you see across Canada are divided among the Ronald McDonald Houses across North America and the Northern Alberta house usually gets between \$120 000 and \$160 000. The foundation depends on those donations and also the donations from private organizations.

The house will continue to charge \$12 a night even though the operating costs are heavy on the foundation. They do not charge for parking or any other amenities offered at the house and continue to look to the friends and companies within the community to keep the house running at an affordable rate.



The Nugget

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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Networking overseas

By YINNING XIONG

Do you use Facebook and Twitter every day? I believe that most people would say yes, as they probably would check friends' updated status, share some photos with friends, sometimes even log in several times a day. This makes Facebook the most successful social networking site in North America. But do you know any popular social networking sites and communications software in some other countries? In fact, in order to protect its own software and technology, some countries set limits on the use of Facebook and Twitter. Like in Japan, most Japanese use "Mixi" which is the most popular social networking site

However, in mainland China (excluding Taiwan and Hong Kong), in order to protect the local science and technology development, they have to apply a proxy to make a connection with Facebook and Twitter, so most people prefer using Chinese chat software QQ. QQ's logo is a Penguin. Because it looks so cute and "cute" sounds like "Q", they named this software

QQ. It has video calling, file transfer, QQmail, QQ music, QQ zone and other applications. Young people use it to chat among friends, upload photos and share funny stories between

each other through the QQ website. Families use it to video call and send greetings to relatives who live far away. Companies use it for transferring electronic files and hosting business meetings. It is widely used in China.

In addition to QQ, there is also another software is quite popular in China, known as WeChat. Even many Chinese celebrities use it to chat with their friends. The unique point of this software is that you can send a voice message and if you have lots to say, you don't need to type, which may save some time. This software also has an interesting function alled Drifting Bottle. It supports users recording whatever they want to say in virtual drift bottles and throw them into the sea. If there is anyone who also uses this software then they may just happen to pick up your bottle. they will reply to you and get to communicate with you through the "Drift Bottle". You also may correspond to other picked up bottles. Isn't it a amazing way to make some friends? You have no idea where the bottle you throw away will go, also don't know who will get your bottle, and what he or she is going to reply to you, it is full of mystery. WeChat also launched Englishlanguage version, more and more people from all over the world accept and use this software. Why don't you try to check it out and see whether you can "meet" someone from a place you may never

J of A hosts gay rights speaker

By JEFF HOWARD

year's edition, the university hosted award-winning author of over 60 books and gay rights activist Lesléa Newman as guest speaker. The event also featured live music from Blues icon Kat Danser.

The evening began with participants bringing in flags, each representing the 30 articles of the universal declaration of rights, while Kat Danser played "Blue's Flames." Following the flags being placed, Lesléa's "It Takes a Village to Raise an Activist" lecture began, focusing on how gay rights have changed over the years, and how these changes have affected other interest groups. She

On March 27 the University of Alberta hosted ing the Second World War and how they were how these crimes were committed until bars its yearly Human Rights Movement Week. For this given the same rights as a Jewish citizen. She told fought back, and incited a five-day riot. In true how gays and lesbians had to have a certain type of star on their clothes and how sometimes they were sent to the concentration camps as well.

She then moved forward in time to when gays and lesbians began to be married in secret, and followed through the evolution of gay rights, to when the laws of certain U.S. states allowed for their marriages and then on to when they were finally able to be officially married. In an intimate moment, Lesléa opened her private life to the audience, telling of how she herself was able to marry. She spoke of how police would take people

retold how gays were treated by the Nazis dur- out of gay bars with little or no reason at all and author fashion, she even took the time to share the inspiration for many of her stories and detailed why some of them are so much more strongly worded than others. She ended by detailing the injustices of the United States Army's "Don't ask Don't Tell" policy and spoke on the ongoing talks on gay rights in the American Supreme Court, and her thoughts on the matter. In a bold move, she gave her opinion that President Barack Obama is doing his best to give gays equal rights.

After some closing words, Lesléa offered a selection of her books and hosted a book signing.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.

Seeing through the haze



JOSH YAWORSKI Assistant Issues Editor @actuallyjosh

As I have mentioned before, I am particularly concerned about the coming generation. We have seen, time and time again, that our children are being raised with silken gloves. We continually revoke the powers of those who are expected to raise our children and the consequences of doing so is becoming continually more apparent. In the last number of years, one of the few forces outside of the parental regime has been increasingly vilified: hazing.

Before we continue, I wish to explicitly state that I do not, in any way, speak in defence of any of the more brutish hazing practices that have, of late, come to light. As soon as bodily fluids or any of the other more disgusting practices or any sort of lasting physical injury is inflicted, lines are crossed. It is frightening the depths that we have seen people sink to in the name of this idea of hazing. It has been terrifying and I in no way seek to belittle the victims' suffering. I merely speak about the more innocent hazing of a more innocent age, when one may take a paddling but right after the seniors would take you for a beer and a burger. The brutality that has surfaced in the media in recent weeks is not that innocence.

Have a place

But up until that point, hazings have a place in our schools and sports teams. Even activities like those pictured in the ensemble cast classic *Dazed and Confused* have a place. These activities and habits are not new. In truth, they are established in long standing traditions. Having the most senior members establish a hierarchy in the introduction of the junior instills a pecking order and teaches the youth respect. This humbling experience forces the juniors to bond in a shared experience, while the seniors are pushed into a leadership role that they may carry out of their schooling and into their coming advanced roles. Those who are in between may look upon it from afar, learning both from the juniors and seniors.

These traditions of light paddling or frying like bacon on pavement, suffer the children only a small amount of embarrassment or a small twinge of pain but in the moments to follow there is a togetherness, a unity. If everyone is shamed, then everyone is an equal. This form of baptizing teaches that whatever has come before is over and from this point on all are equal. This separation is particularly important in the transition between junior high and high school. After spending three years of junior high together, the inexplicable forces of popularity can create the ruling class, a group of the population above the others. And when you walk into high school thinking you are the tops and then a senior gives you a quick whack across the back side, it grounds you. Quickly.

No parenting

Checks and balances intended to create grounded, well rounded children are progressively being revoked. Parents cannot spank, teens can't count scores, teachers can't give the zeros and now you want to take away youths' ability to regulate each other? Take a moment and think about your upbringing, because we are the last generation who may, even vaguely, remember being parented. Did the occasional spanking irreparably damaged your psyche? Did taking a zero push you to quit school or try harder? We are creating fragile eggshell children, instead of helping them grow and strengthen. This silk glove treatment isn't protecting them. It's irreparably damaging them.



By CHRIS FIGLIUZZI

With Easter long weekend having just passed, I am sure that most, if not all of you, got to spend some great with family and friends. I am also sure that many of you have some traditions around this time, traditions with family or friends that make this time of year all the more special and fulfilling for everyone involved. That being said though, not all traditions are good, look at me for example. It is quickly becoming a personal tradition of mine to spend my Sunday nights

indulging in a couple of wobbly pops, watching "Myrtle Manor" and "My Big Fat American Gypsy", and writing all of my articles for "The Nugget"...what can I say? Clearly, I'm the picture of responsibility.

Needs to stop

Hazing is one tradition that clearly needs to stop. I know there are those among you that feel hazing is a part of growing up, a part of entering high school, and a major part of organized sports. I'll address this right out of the gate I grew up playing organized sports, I have played hockey, baseball, and basketball throughout my entire life, which is longer than many of you have been alive. I have participated in the hazing process both being the hazer and the hazee, is that a word? I think I just invented a word, and I can honestly say that if the bonds with your teammates are formed and made stronger through hazing, you are on a seriously screwed up team.

The bond between a team should be formed in the heat of battle and during practice. It is here that you can see the person beside you and see them pouring everything they have into training, and to see that they have your back when the going gets tough. The bonds forged in battle are the strongest bonds a team can form, to say that these bonds must be reinforced by some antiquated out of date ritual is completely ridiculous.

Lasting damage

Of course, there are other realms in which people feel that hazing should not only be ignored but embraced, is in high school. This is going to make me sound ridiculously old but back in my day, froshing was a legitimate threat. This was back before it was outlawed by schools and police departments. It was somehow viewed as a rite of passage, a natural thing that signified the passing from childhood to adulthood. To this I call bullshit! When you enter high school you are still a child, you are still forming and searching for who you are. I graduated 10 years ago and still know people that harbour grudges and scars from high school experiences and it's far from shocking.

To say that hazing is OK is to be completely and utterly ignorant of the situation that it places people in. Hazing is not only unnecessary but also dangerous to the development of people. There is literally no need for hazing at any point, for any reason. It does not strengthen the bond between teammates, it does not serve as a ritualistic passing from childhood to adulthood. Plain and simple, all it does is cause harm and lasting damage to people.



Photo by Tyler Frith

Thursday, April 4, 2013 The Nugget

OPINION

– Editorial —

Much needed break



NICOLE MURPHY Editor-In-Chief @NicoleMurphySt

With the end of the school year fast approaching, as a student, I have mixed emotions. I feel so lucky to be in a program that I truly love. I have the privilege of waking up every day and learning about exactly what I am interested in.

The past eight months have brought me closer than I could have imagined with people I have known for such a short time. My classmates feel like friends I have grown up with my whole life, not by any means, people I have known less then a year. My instructors are amazing and continue to inspire the best in their students. It is a beautiful thing when a teacher makes you feel like they really care about your success. In the Radio and Television program all the teachers make you feel this way! Although they could just be really great at pretending, only time will tell.

A great school

NAIT has also been such a great school, full of opportunity for involvement. The fact that I am able to write for the Nugget is such an amazing gift. Being a member of the Nugget team has been both exhilarating and challenging. Cliche? Yes. True? Yes, yes.

On the odd weekend where I did not have an overwhelming amount of homework, I visit my family and talk about how much I love school. They tell me how happy I seem and that I have never seemed better.

There have been lots of amazing, delightful and life changing experiences I have had here at NAIT. Priceless nights spent laughing with friends so hard it hurt. Moments of achievement when you overcame a fear or just showed up to class, which sometimes can be an achievement in itself! Getting the courage to speak your mind when you are truly frustrated and coming out of a disagreement with someone, still friends.

Yearning for summer

All these little experiences add up to one big picture of greatness that is sometimes not realized when you are in the moment. With all that being said, I cannot wait until summer! I have growing pains from all the learning and need a break! Not physical growing pains like the ones you get in your legs as a child but emotional ones. How long can you work so intensely every day with the same people before you yearn for alone time?

On a side note, how long can you not work full time, before you need money?

My summer will be spent working, sleeping, eating, doing yoga and socializing – all the things that I had little time to do while in front of a computer screen. I want to also enjoy walking in nice weather. Sitting in nice weather. Or just looking out the window at nice weather. Yes, sunshine!

I asked your amazing editors what their plans were this summer and this is what they had to say:

Sarah Stilwell: "I will be road tripping across the States to Orlando, Florida to attend Warped Tour and Universal Studios to check out The Wizarding World of Harry Potter and grab

a butterbeer. While in Edmonton, I plan to play with my rabbit, Bruce, in Hawrelak Park and to check out all of the cool festivals that Edmonton has going on."

Meaghan Thea Willis: "I'll be spending my summer doing my internship at CTV in the 'border city', AKA Lloydminster. When I'm not reporting on small town issues I'll be waiting tables at The Brewhouse, which is apparently the 'hot spot' in town. And if I'm not working I'll be at the driving range. Sounds like a great summer, eh? Feel free to visit."

Lauren Fink: "I'll be spending my summer making bank, burning my porcelain skin while vacationing in Saskatchewan (go Riders!) And, running in the Color Me Rad 5k."

Kyle Harris: "I will be working, saving money as well as training for the upcoming hockey season to defend the men's ACAC hockey title. Enjoying the weather and making my way to Edson for the annual slow pitch tournament."

Alison Mullock: "I'm going to the Grand Canyon and white water rafting down it! Amazing. Also going to Squamish Fest. I'm also going to be living in beautiful Vancouver!"

Josh Yaworski: "Hoping for a prize patrol job relax with some friends and wouldn't mind writing, perhaps a road novel."

I wish all of the NAIT students and staff a pleasant summer break. We will see you in the fall, revitalized and fresh.



-Opinion — Panda conundrum

By CHRIS FIGLIUZZI

Recently, Canadians were introduced to a couple of famous new temporary citizens. Five-year-old Er Shun and oneyear-old Da Mao are a pair of giant pandas that recently arrived in Toronto last week on a five-year loan from China.

This marks the first time in 20 years that Canada has had pandas on its soil and people are thrilled. Even Prime Minister Stephen Harper took time out from his busy schedule to go visit the new residents of the Toronto Zoo, instead of meeting with a group of aboriginal youth who had undertaken a 45-day walk to Ottawa from Northern Quebec.

This article isn't about Harper missing the meeting with some admirable young people in favour of a photo op with some pandas. This isn't even about the pandas themselves

or even about the ethics of keeping them in zoos or transporting them from the other side of the world. Truth be told, I don't really care if pandas are kept in zoos and care even less if there kept in zoos within Canada. What really confuses me about pandas is why they are still around at all.

Now. I know everyone loves pandas and that they're ridiculously adorable or whatever, but does the species really deserve to exist? I mean the species has seemingly no interest in reproducing at all. I mean, the best way that researchers have found to aid the panda population is through artificial insemination - that's right, the most popular method of reproduction in pandas involves the pandas never actually touching or even seeing each other, in some cases. In fact, researchers have become so frustrated

in their attempts to help raise the panda population that they have even gone to some extreme measures, like showing the pandas "panda porn" or giving them Viagra.

Pandas are, without question, adorable but does that really mean that we have to waste so much time, energy and resources trying to keep them around? I mean, if a species doesn't seem to care about preserving its existence, should we really be bothered? I say we leave the pandas to their own devices and let them figure things out for themselves. This will allow us to see whether they really are meant for this world. Besides, at the very least, it will save some poor scientist somewhere from having to explain how his job involves producing and screening panda 6 The Nugget Thursday, April 4, 2013

SPORTS

When the 'face' leaves ...



LAUREN FINK Sports Editor @laurenfink_

After spending the weekend in Calgary and watching dozens of Flames fans walk the streets with their Jarome Iginla jerseys on, I got to thinking ... How important are "face of franchise players?" And, how does the departure of one not only affect the team but the fans?

Usually, if you're the face of a franchise you're a talented athlete and are an important part of the game your team plays. But trades are a part of the game, actually, of any game and the players who are left in the dust will adapt to a game without you because they have to.

This is no different for the Flames. They'll have to adapt and of course, they expect they can.

"For the most part, we're a pretty mature group and a veteran group," said Michael Cammalleri in an interview with the *Calgary Sun*, on the impact of Iginla's trade to the Pittsburgh Penguins. "For a lot of guys, this is not the first time seeing this type of thing. When you get to the point some of us are in our career, you realize you don't worry about things you can't control."

However, it will be no easy feat (especially since their more recent loss of Edmonton native Jay Bouwmeester to the St. Louis Blues.) Iginla was not only was the face of the Flames, but has been a crucial part of the team since he got his start there 16 seasons ago in 1996. But, this is a part of their "rebuild" game plan so to say. Much like what we've seen with the Oilers rebuild, or the loss of our own face of franchise players like Wayne Gretzky or arguably, Ryan Smyth.

On the other side of the "Iginla trade spectrum" and every loss of the franchise players, are the fans. Flames fans will remain Flames fans, much like the players will adapt to the game without Iginla but, what happens when the team is in the slums, much like right now (they sit 14th in the West, as of Monday,

April, 1) who will the fans look to for hope?

Hopefully, for Calgary fans their current roster, and the silver lining of a rebuild is enough.

Even though I've been talking about the hardships the Flames and Calgary risk as they lose their franchise player, which as an Oiler fan is no fun task, I think we can all agree on the threat Pittsburgh now poses to the league. Not, only do they have a team jam-packed with face of franchise players but, a solid team (they are currently first in the East, as of Monday, April, 1.) It will be intriguing to see how the rest of the season pans out for both Calgary and Pittsburgh.

While the face of a franchise is usually an outstanding athlete and a critical teammate, there are also players who are the face of the franchise because of their notability. A perfect example of this is Phoenix Coyotes' fourth-liner Paul Bissonnette, also known by his twitter handle @BizNasty2Point0. Bissonnette is not of the same calibre as Iginla and certainly not Gretzky but he is probably the most known Coyote.

Quite obviously there are not only hockey players who are the face of the franchise they play for but they exist in every league, team and game. With Major League Baseball starting up this week, I think we can all think of a few.



thescore.tumblr.com

Canadian freshman turning heads

By DEXTER WATTY

@dwattysports

In what was clearly one of, if not the most exciting basketball game of the whole season, the Michigan Wolverines managed to edge the Kansas Jayhawks 87-85 in the first overtime game of the NCAA Men's Division I Basketball Championship tournament, also known as March Madness.

A huge three pointer by star sophomore guard Trey Burke capped a run in which he scored eight of the team's last 10 points in the game's final minute and 16 seconds. Michigan returned to defeat Florida by 20 points en route to its first final four in 20 years. Michigan won this game with great outside shooting, going 10 for 19 from long range, led by Canadian freshman Nik Stauskas's stellar shooting. Stauskas finished six for six from long range and with 22 points. Michigan's rise to the Final Four has not happened since the days of Chris Webber and the Fab Five in 1993. Michigan will be up against a tough Syracuse team led by star

sophomore guard Michael Carter-Williams and junior forward C.J. Fair.

Syracuse Orange has made it look easy steamrolling through teams on their way to the Final Four, beating No. 1 ranked Indiana and No. 3 Mar-

quette to make it to Atlanta. Syracuse handled Indiana, beating them by a margin of 11 points, and beating Marquette by 16. They play a harassing 2-3 zone defence and have held all teams under 30 per cent shooting, two teams under 40 points and Indiana to a lousy 50 points. The key to this game for

them, though, will be keeping Michigan freshman forward Mitch McGary off of the boards.

The Wichita State Shockers have shocked everybody by becoming just the second No. 9 seed in tournament history to advance to the Final Four, and the first (and only) Wichita State team to advance this far since their 1965 squad. This run

seems even less probable when you account for the fact that, not unlike the Kentucky Wildcats, Wichita State lost their five best scorers at the end of last season and yet, unlike Kentucky, managed to make the tournament. Wichita beat a physical Pittsburgh

team by 18 in the first round, won against No. 1 seeded Gonzaga and also pulled out a 14-point victory against La Salle. Right when you thought it couldn't get any crazier, Wichita State outplayed an Ohio State team that had just won a Big 10 championship (the powerhouse conference of the NCAA). Look

for Wichita to crash the glass hard against a tough Louisville team.

If you don't know the name Kevin Ware, you should by now. Ware has been the topic of discussion since the end of March when he suffered what has to be the most gruesome injury since the advent of televised sports. With bona

fide players like junior guard Russ Smith, senior guard Peyton Siva and junior centre Gorgui Dieng on the roster, 20-year-old sophomore guard Ware was far from the best scorer on the roster. Although it appears his team may now benefit in other ways from his absence than they would have from his actual presence. "Basically, the bone popped out of the skin. It broke in two spots," coach Rick Pitino said. "Remember the bone is six inches out of his leg and all he's yelling is 'Win the game, win the game.' I've never seen anything like that."

"I told them, 'Don't worry about me. I'll be fine.' I just had to block the pain out and put my situation on hold" said Ware. "I never back down for a challenge and to me, that's what this is. Just another challenge. I'll get through it. I wanted them to know that."

Hopefully, this injury will be the motivation that can push this Louisville Cardinals team into the echelons of greatness and history.

High hopes for Blue Jays

By KELSEY LYDYNUIK @kelseylydynuik

After recording the biggest loss in franchise history last season against the Oakland Athletics and finishing second last in the American League East, just three wins in front of the Boston Red Sox, there was no doubt that the Toronto Blue Jays needed a bit of

The Jays were plagued with obstacles last season, suffering injuries to key players like outfielder Jose Bautista (three-time MLB All-Star), third baseman Brett Lawrie, pitcher Brandon Morrow and catcher J.P. Arencibia, it was bound to take a bit of a toll on the team. However, hands down the biggest problem the team faced was their pitching. After ranking last in almost every pitching category, GM Alex Anthopoulos had some decisions to make.

The rebuild of the Jays started mid-November with talks of a blockbuster 12-player trade with the Miami Marlins. Toronto acquired shortstop Jose Reyes, right-handed pitcher Josh Johnson and lefty Mark Buehrle, catcher John Buck and centre fielder Emilio Bonifacio. In exchange for these five players, the Jays gave Miami controversial shortstop Yunel Escobar, catcher Jeff Mathis, pitcher Henderson Alvarez, infielder Adeiny Hechavarria and prospects Jake Marisnick, Justin Nicolino and Anthony DeSclafani. Later in November, a day after the Miami trade was made official, John Farrell left the Blue Jays to return to the Boston Red Sox and a familiar face was named manager in his place, John Gibbons, who previously managed the team from 2004-2008.

That was not the end of the facelift the Jays received in the offseason. In another attempt to fix their pitching issues, the Blue Jays locked

> winner, knuckleballer R.A. Dickey in a seven-player trade with the Mets. In addition to Dickey, Toronto acquired catchers Josh Thole and Mike Nickeas. The price the Jays paid was catchers Travis d'Arnaud and Buck

> (acquired in the Marlins trade in

up 2012 National League Cy Young

November), pitcher Noah Syndergaard and outfielder Wuilmer Becerra.

The Blue Jays also went through a flurry of other smaller offseason trades, picking up multiple players off waivers and releasing others.

In spring training this year, Toronto finished 11th in the American League with a win percentage of .485, just above the Houston Astros. However, this is not indicative of what the season holds for the Jays as they were missing players to the World Baseball Classic and testing out minor leaguers.

Toronto kicked off the season at Rogers Centre on April 2 and registered a 4-1 loss against the rebuilding Cleveland Indians. You can catch their games for the rest of the season



Brett Lawrie Injured

Unfortunately, the Jays' injury reserve already has a few fan favourites on it, with Lawrie not playing opening night as he is dayto-day with the strained ribs that tormented him for the latter half of last season.

In addition to Lawrie, pitchers Drew Hutchison, Kyle Drabek and Luis Perez are all on a 60-day DL as they recover from elbow surgeries. An interesting fact to note on opening day this year is that Morrow will be the only

remaining pitcher from the 2012 starters.

Ricky Romero started in 2012 and after his lacklustre performance last season, did not even make the team this year. Instead, Dickey will be the opener this year and Buehrle, Johnson and J.A. Happ will form the remainder of the starters for 2013.

The grass is cut and the boys of summer are back. We will see if playing money ball pays off for the 2013 Blue Jays.

Spruce Grove, Whitecourt in North final

By BRIANNE SAKOWICH @briannesakowich

The Spruce Grove Saints started the AJHL North finals against the Whitecourt Wolverines last Thursday on home ice. As of Monday night, April 1 they had the lead in the series, 2-1.

Game 1 took place at the Grant Fuhr arena in Spruce Grove. The Whitecourt Wolverines struck first, thanks to a goal from Jerome Raymond. The score stayed the same all the way till the third when the Saints went marching in to tie it up with just under five minutes to go as Dylan Richard tucked home an unassisted shorthanded goal. With the late goal, this game needed some

The first 10-minute overtime solved nothing and after both teams shared power play oppor-

tunities in the second frame of overtime, a third overtime period was needed. St. Albert native Connor Hoekstra of the Spruce Grove Saints played hero, getting one past Wolverines goaltender Tanner Kovacs. The Saints won 2-1 and took the lead in the series 1-0.

Game 2 once again was played at the Grant Fuhr in Spruce Grove. The Saints would come out strong to secure a 2-0 lead in the series over the Wolverines.

Spruce Grove trade deadline acquisition

Casey Knight got the ball rolling, staking the Saints to a 1-0 lead going into the second. Spruce Grove came out ready to take charge and benefitted from a beauty of a goal by Kevin Lacroix on a nice passing play from Connor Hoekstra and

Corey Chorneyko, to make the score 2-0.

Cameron Hughes added another one on a great pass from University of Minnesota-Duluth

property Sammy Spurrell. The Wolverines tried to claw their way back into the game with a goal from Raymond but the Saints wouldn't let them keep their power for long and came back to make the score 4-1 by the end of second period. The third period was all Saints as they put the pressure on and eventually Spencer Galbraith scored, making the final 5-1, Saints.

On Monday, at the Scotty Safety Centre Arena in Whitecourt, the Wolverines downed the Saints Spruce Grove Saints 4-3 to make the series 2-1 for Spruce Grove.

The two teams played again last night (Wed-

Student rodeo comes to Northlands

By BRIANNE SAKOWICH @briannesakowich

The Canadian National College Finals Rodeo is taking over the Edmonton Expo Centre (Northlands) April 4-6

The CNCFR (Canadian National Col-

lege Finals Rodeo) is the last event of the school season for the Canadian Intercollegiate Rodeo Association (CIRA). Students from colleges - NAIT, SAIT,

Lakeland, Olds, Lethbridge, Medicine Hat, Mount Royal, Grande Prairie Regional and the Saskatchewan Insti-

tute of Applied Science and Technology (SIAST) – will join those from the universities of Alberta, Calgary and Saskatchewan plus numerous other educational centres in the competition.

Students from Alberta, Saskatchewan

and B.C. compete throughout the school year to be in the Top 10 that get to advance to compete at the finals and hopefully, make their mark in the rodeo world by becoming the college

finals champion in their event.

The CIRA has both men's and women's

events. The men's events are tie-down roping, bareback riding, saddle bronc riding, bull riding and steer wrestling. The women's events are barrel racing, pole bending, goat losing, so it is key to be a partner with your

tying and breakaway roping. There is also team roping, in which both men and women compete.

There are four NAIT students competing in the final this year. They are:

Jeff Drisner - Team Roping

Scott Lawson – Bull Riding

Tyler Kampjes – Team Roping and Saddle Bronc Riding

Brittany Schuk - Breakaway Roping,

Team Roping and Goat Tying.

"Rodeo is a sport that a split second can make the difference between winning and

horse, to have your timing down and to react instantaneously," Schuk said.

> "Which makes it challenging and it can be frustrating. But, when things go right, it is an adrenaline rush that cannot be

duplicated," she said.

So, if you're in the mood for a good ole country time. The Edmonton Centre Expo will be your place to get your country fix.



Steady improvement for Oil

By BRIANNE SAKOWICH @briannesakowich

After oiling up their engines, the Oilers are on a winning streak and one player has set a record.

The Oilers were able to leave St. Louis singing a much more joyful tune than when they played them the week before. Nikolai Khabibulin recorded a shutout as the Oilers notched a 3-0 win over the Blues. The line of

Oil Kings advance

By KELSEY LYDYNUIK

@kelseylydynuik

After the Edmonton Oil Kings' devastating 2-1 overtime loss against the Kootenay Ice, the Western Hockey League Eastern Conference quarter-final series continued with Game 3 on Tuesday in Cranbrook.

Unlike the game last Sunday, the Oil Kings

took an early lead, as Michael St. Croix scored on Edmonton's first shot. However, Kootenay's Luke Philip quickly tied it up.

Looking more like Game 1 of the series, Curtis Lazar gave the lead back to Edmonton and a

few minutes later, St. Croix notched his second of the night to make it 3-1 Oil Kings. The rest of the first was relatively quiet, as Edmonton kept their two-goal lead.

The second period was quiet until Luke Bertolucci pushed the Oil Kings' lead to three, making it 4-1. Early in the third, Griffin Reinhart buried a rocket on the power play, making the score 5-1. A few minutes later, at the midway mark of the third, Trevor Cheek found the back of Mackenzie Skapski's net, and just before the end of the game, Cole Benson scored as well to make the final 7-1, Oil Kings. Edmonton took the lead in the series 2-1.

The next night, the quarterfinals continued as the two teams were back at it in Cranbrook.

Oil King Henrik Samuelsson set the tone early in the game, making it 1-0 after five minutes. Almost 20 minutes later, Lazar pushed the Oil Kings' lead to two on the power play. Seventeen seconds before the end of the second period, Edgars Kulda scored his first goal of the playoffs, and made the score 3-0, Oil Kings. It was a quiet third, until Reinhart scored with

less than a minute left to make the final score 4-0, Edmonton. The win gave them a 3-1 lead in the series.

On Friday, the Oil Kings brought the series back home and looked to finish it and move

on to the semifinals. Bertolucci put the Oil Kings on the right track at the midway point in the first, notching the first goal of the game. Unfortunately, early in the second, Jakub Prochazka tied it up for Kootenay. At the midway mark, Lazar answered that goal and returned the lead to Edmonton. Late in the third, Stephane Legault scored the insurance goal for the Oil Kings, making it 3-1. With two minutes left, Skapski was pulled and Lazar notched his second of the night on an empty netter, ending the game and the series at 4-1.

The Oil Kings will have home ice advantage as they start the next series against the Medicine Hat Tigers this Friday in the Eastern Conference semifinals. Jordan Eberle, Taylor Hall and Ryan Nugent-Hopkins got all of the points for the night. Eberle scored two of the three goals, while Hall wired the last one home.

The Oilers then headed back home to face the Columbus Blue Jackets. Just 10 seconds into the first period, Cam Atkinson wired one past Khabibulin to give the Blue Jack-

ets a 1-0 lead. Matt Calvert kept the scoring going for the Blue Jackets, making the score 2-0 with just under eight minutes left in the period.

Magnus Paajarvi got the scoring started for the Oilers, cutting the Blue Jackets' lead in half. Eberle and Shawn Horcoff each got a goal in the second period. Blue Jackets' Artem Anisimov scored to tie the game at three apiece. Once again just 27 seconds into the third period, Atkinson gave the Blue Jackets the lead, but it didn't last long as Corey Potter, Ales Hemsky and Sam Gagner all scored on Sergei Bobrovsky. The Oilers shed their jackets with a 6-4 win.

The Vancouver Canucks would then come to town and the Oilers had a record breaking night. Just 16 seconds after the puck dropped, Hall got one past Canucks goaltender Cory Schneider. Less than two minutes later, Ladislav Smid got his first of the year, making the score 2-0 Oilers.

Cory Schneider would then get a nice view from the bench after letting in two goals on

two shots, making his save percentage for the night zero per cent. The rest of the period continued as it started, even with Roberto Luongo in net for the Canucks. Hall finished his hat trick with 13 minutes left in the first frame, setting a new Oilers franchise record for scoring the fastest three goals at the start of a

game, beating Wayne Gretzky's record by over five minutes. While Gretz-

ky's record took 12 minutes and 38 seconds after puck drop, Hall's hat trick was completed just over seven minutes into the period. Devan Dubnyk went on to get the shutout, and the Oilers continued on their winning streak with a 4-0 victory.

The infamous Battle of Alberta was next and this was to be the first game the Calgary Flames played without former captain Jarome Iginla. Just prior to game time, the Flames announced a trade of Jay Bouwmeester to the St. Louis Blues.

Justin Shultz opened up the scoring early on followed by Hall and Ryan Jones. Nail Yakupov helped lift the Oilers over the Flames 4-1. Miikka Kiprusoff let in three goals on six shots, and was replaced by backup goalie Joey MacDonald. Brain McGrattan scored with 1:32 left in the game to ruin Dubnyk's bid for a second consecutive shutout.

The Oilers are riding a four-game winning streak and started a six-day road trip last night against the Flames.

Athlete Profile



<u>Player:</u> Mike Piluso
<u>Sport:</u> Hockey
<u>Position:</u> Wing
Program: HVAC Specialist

By KYLE HARRIS Assistant Sports Editor @TheHarrisShow20

- 1) How did you start playing hockey? My dad signed me up when I was about seven years old and I've been loving and playing the game ever since.
- 2) Who was your favourite player growing up? Pavel Bure
- 3) What did it feel like to win the ACAC championship? It felt amazing to accomplish our goal and win the championship. There is no better feeling than being a champion.
- 4) You had four goals in one game this post season. Was that the best game you've ever played? Yes, I would say the four goal game this playoff run would be the top game I've played. Especially since it was an import-

ant game which makes it that more memorable.

- 5) Has it sunk in that all your hard work and dedication has paid off allowing you to win the championship yet? No, it hasn't really sunk in yet. It's surreal that we won the championship in double overtime.
- 6) Do you find it challenging to be a student-athlete? At first it was hard to adjust to the new lifestyle change from when I played in junior. But, if you stay ahead and on top of your studies, school is not a problem.
- 7) If you could play with two players in the world on a line, who would it be? I would like to play on a line with Sidney Crosby and Claude Giroux.
- 8) Will you be back at NAIT next year to defend your championship? I most likely will be back next year to defend.

Athlete Profile



Player: Tyler French
Sport: Hockey
Position: Wing
Program: Business

By KYLE HARRIS Assistant Sports Editor @TheHarrisShow20

- 1) You were a SAIT Trojan last year, and now you're a NAIT Ook. How did that happen? I was a member of the SAIT Trojans last year but when I returned to camp this season, they told me that they didn't have a spot available for me. So, I got in touch with NAIT's head coach Serge Lajoie and he told me I could come to NAIT for tryouts.
- 2) Was it easy to adapt and fit in the mix with the team here at NAIT? Once I got to NAIT it was an extremely easy transition. The boys welcomed me and I felt right at home with my new team.
- 3) How did it feel not only to win the ACAC championship, but to do it against your old team/school? Just the fact that we won the ACAC championship was an unbelievable feeling but doing it against my old team was more than I could have ever asked for. It was an absolute dream season.
- 4) What are your plans now with the season done, and the semester wrapping up? I

am now going to enjoy my time off and celebrate the championship with my teammates, while trying to catch up on my school work.

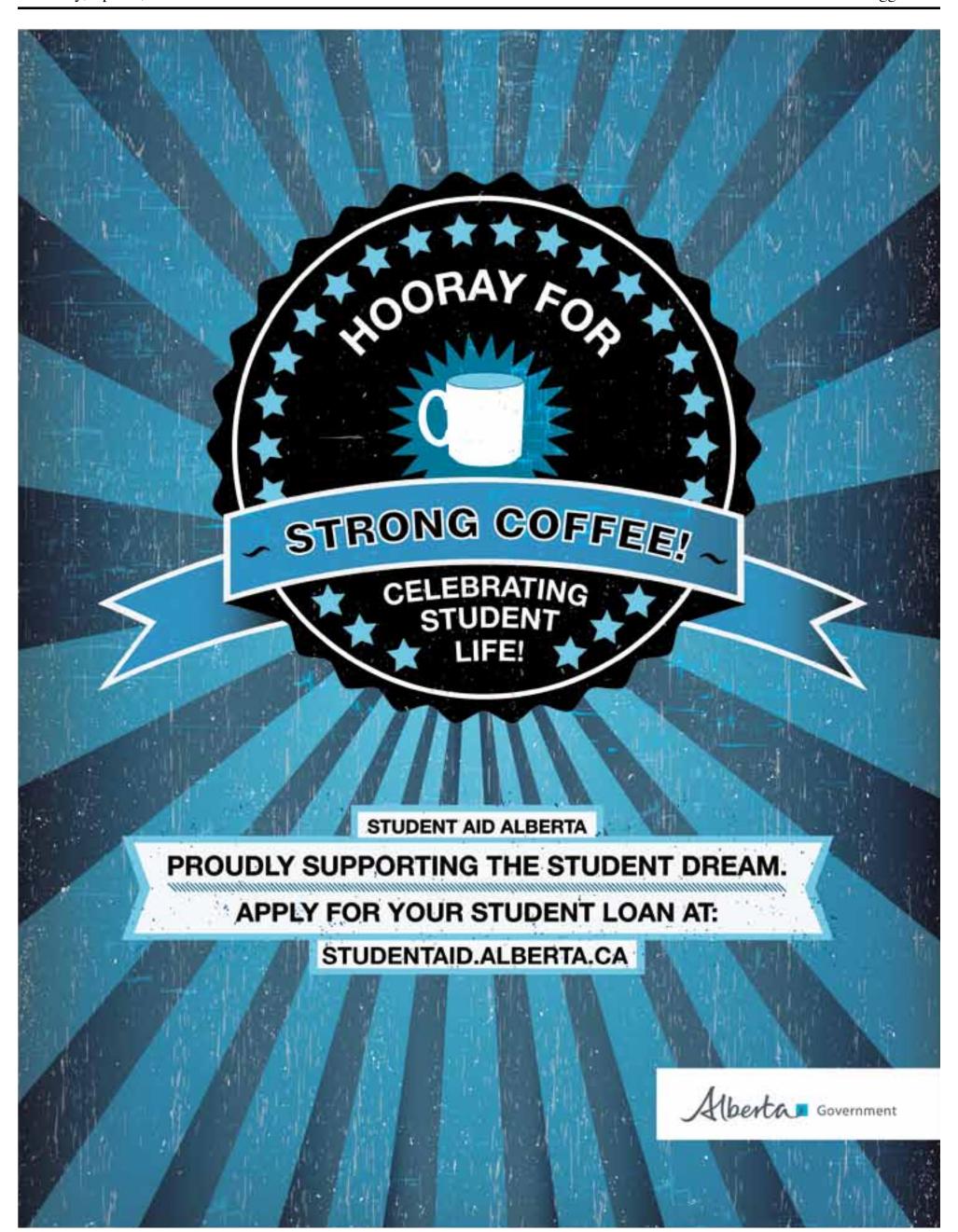
Administration

- 5) Where did you play your junior hockey? I played my junior hockey in the BCHL where I spent time with the Quesnel Millionaires before being traded to my home team the Westside Warriors.
- 6) You're a Kelowna boy, who's your favourite hockey team? Yes, I'm from Kelowna and have always been lived in B.C., so naturally I cheer for the Vancouver Canucks.
- 7) Who do you model your game after?

 As a smaller player, I try to model my game after players like Martin St. Louis and Mike Cammalleri. They are both hard working, gritty forwards that are also able to put the puck in the net
- 8) Do you think the NAIT Ooks can win the league championship again next year? I think that it's the NAIT Ook's championships to lose next season. We have a lot of our key players returning, along with a few top end recruits that will help us get back to the top of the league.

Thursday, April 4, 2013

The Nugget 9



The Nugget Thursday, April 4, 2013

ENTERTAINMENT

Future beckons – in Lloyd



MEAGHAN WILLIS Assist. Entertainment Editor @meaghan_willis

Onward and upward, I hope.

I like to consider myself a big city type of girl, so when I announced my decision to move to Lloydminster, AB/SK my family and friends were surprised, to say the least. Being a Television student, my career demands that I start in a small market before getting an onair job reporting or anchoring in a big city. Starting my first semester I was interested to learn that many of the successful broadcasters I watch on TV all started in places just like Lloydminster.

This April, I will be finishing my final semester and starting my career in broadcasting and moving to the small place they call the "Border City." It's the first step in beginning that career. Right smack in the middle of Alberta and Saskatchewan lays the small city of Lloydminster, with a population of almost 28,000 people, which is almost a third of the population of the city in which I grew up. Just the thought of moving to this small town makes me feel a bit claustrophobic. It's daunting moving to a smaller place where you don't know a

Although I've always been extremely outgoing and I find it easy to make friends, this feels like a whole other ball game. Not only am I starting a new career that's extremely competitive but I have to essentially make a whole new group of friends.

Being a reporter, I might have a chance to meet more people than most would moving to a new city, doing interviews and stories with new people every day. There will be things that I will miss about being in a big city, though. What do you do in a small town for fun, when you have no friends? I guess I could catch a flick all by my lonesome or hit the driving range. In all likelihood those will be the sorts of things that take up most of my spare time but hopefully I will still have a chance to write, whether it's blogging or even doing some freelance journalism for the local newspaper.

Besides actually being in Lloydminster

there is the whole process of moving there in the first place. I hate moving more than anything. Packing up all my things into boxes, wrapping them and moving them out is such a process. Since I will be doing an internship at CTV in Lloydminster from May until the end of August, I will just be renting a room rather than getting a place for such a short period of time. That

means I won't have any of the things that comfort me, such as my own bed, and the majority of my possessions will be going into storage for a undetermined amount of time.

The city of Lloydminster seems to be mainly supported by the oil and gas industry and is rapidly growing. With the majority of residents living on the Alberta side, I have heard rumours that the Alberta side is more developed and newer than the Saskatchewan side. As for things to do in Lloydminster, I have discovered they have a petting zoo, two farmers' markets, a movie theatre and a fitness centre, so those should keep me busy in my free time. Really, as long as there is a driving range free to tweet me @meaghan willis.



close to my place I'll be good to go.

Hopefully it's not going to be as bad as I think it will. Four months will go by quickly and the skills I learn during my internship will help my career significantly. Who knows, maybe I will make a ton of friends and really learn to love the border city. In the end, it all comes down to another life experience to add to my list. I will finally be able to say that I lived in two places at once.

The only thing I really have left to do is find somewhere to live, so if anyone out there knows of anyone living in Lloydminster that can find me somewhere to live for a couple months, feel

What's with Rihanna?

By SCOTT PEDRICK

I need to get something off of my chest: I didn't expect much when I headed to Rexall on March 27 to see Rihanna and what I got was a direct display of everything that's wrong in the decaying state of popular culture.

That felt good.

There are undeniable things that you can't hold against Rihanna. She's a pop music juggernaut, seven albums in seven years and constantly touring. It would probably wear on the average person, but she's kept it coming. It's only in the last year or two that the cracks have started to show but they're starting to ruin whatever reputation she had.

Before the show started on Wednesday night, I knew I was in for a rough ride. In what some may call a sweeping judgment and I can't speak

for everyone there (just the general populous) I didn't know that many classless people could gather at the same place and same time in Edmonton. Rexall smelled like the floor of a trashy nightclub and almost every patron was double fisting drinks. In fact, let me put it in further perspective: when the Harlem Shake (remember that? It's been over for weeks.) was played in full, most of Rexall got up and twerked their way through the entire thing.

It didn't help that Rihanna then decided to go on stage an hour late. It just gave everyone more time to drink. Did being completely wasted lower everyone's expectations? Being sober didn't help mine. When Riri finally took the stage, she couldn't even deliver the hits she's known for. No, instead, she grabbed and fondled her barely clothed frame and lip-synced her way through tracks that no one outside of her devotees have ever heard. Seriously, pop stars: if you're going to lip-sync, at least put the effort into faking it.

Or, better yet, if you're making millions of dollars a year for this kind of entertainment, try to put in any shred of effort at all.

Rihanna will continue her world-wide multi-million dollar tour for the rest of summer. Nobody is sure if she will last the entire tour. Next stop USA, then she continues to Spain, Belgium, France, the UK and Australia. We hope the reviews get better ... although her performances in Calgary and Vancouver weren't any more positive than the one here at Rexall. She has 71 shows to go. We wish her and her audience luck.

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DARTANION JOHNSON @Dartanionj

Last year, I did a radio show with the Nugget Entertainment Editor Alison Mullock

and Jared Carvalho called Extended Weekend on our local campus radio station NR92. It was Thursday nights of celebrity gossip, weird news, dance oldies and remixes. I woke up last Thursday and I almost started making a playlist for the show. I quickly realized that I was crazy because we stopped doing the show in December when I broke off into the Television side of the Radio and Television program. So maybe this is separation anxiety or something but this week's shuffle is dedicated to my old co-hosts and friends. Enjoy this week's Shuffle Extended Weekend Playlist edition!

1. Scream and Shout

- (Cave Dunk Remix) Will.I.Am Ft. Britney Spears & Luciana
- 2. Don't Stop the Party
- Jump Smokers Remix)-Pitbull
- 3. Take Care (Dan Clare Remix)
- Drake Ft. Rihanna
- 4. Invisible (Dirty South Remix)
- Skylar Grey
- 5. Go Crazy
- Mia Martina Ft. Adrian Sina
- 6. Kids (Dagga Remix) MGMT
- 7. Anything Could Happen (Flinch Remix) - Ellie Goulding
- 8. M.A.J.O.R. (Tiesto Remix) Kay



(Sultan & Ned Shepad Remix)

- Tegan and Sara
- 10. Take Me Home Tonight
- Al Cohol Ft. Kay & M.T.L

VIRAL VIDEO

YouTube fools viewers – again

By KODY DAVIDSON

It is finally the day! All the video submissions are in! YouTube is no longer accepting uploads on their website, which has just been a long submission feed for their contest to find the best video of all time. The presenters will be announcing all the nominees for 12 hours every day over the next two years. Tune in for Day 1 of their live ceremony at http://www.youtube.com/watch?v=HGeMGqVKD6A April 1, at 10 a.m. Edmonton time.

Now, I would like to point out this is an April Fool's joke but the two videos are real. The one linked in the first paragraph is a live event and at the time of this writing is not recorded yet. The video that is out, is the video explaining the YouTube contest. It is so funny because of its subtle humour. I am not

going to lie to you. If you do not watch YouTube as your main source of videos, you probably won't get it. As for everyone else, you can watch the video here: http://www.youtube.com/ watch?v=H542nLTTbu0

I don't want to leave the people who won't get it with nothing, so I am going to talk a little about last year's April fool's joke. It's a funny video with many YouTube stars in it but they are only there as "Easter eggs" (no pun intended). You really need to just watch it. Anyone will get the humour in this video. I mean haven't you always wanted to buy every YouTube video on DVD? It only costs \$2,852,938! They'll even deliver it to

You can watch the video here: http://www.youtube.com/ watch?v=Y UmWdcTrrc



Celebration of diversity at NAIT

By MUHAMMAD WAQAS

International Day was a day of memories and of sharing and promoting culture and diversity. Great performances were presented by everyone during the March 27 event with a view to celebrate unity among different cultures.



Photo by Megan Dickie

Dancers entertain a crowd in the South Lobby on March 27 to mark International Day.

A joint project by the "International Student Club, the International Student Centre and NAITSA, the event was boosted tremendously by the crowds that attended.

It was a celebration of the multiculturalism of international students and highlighting the different cultures represented at NAIT.

Students represented their countries with traditional performances. It was truly amazing to see so many people enjoying the day and having a great time. The hour-long event showcased the cultures represented by students at NAIT with group dances, solo dances, singing and martial art performances. The students spent weeks preparing for their performances and their commitment was evident.

Gerard Mudabazi (an International BBA student) emceed the event, which included:

- Tea-picking dance with song
- Solo song: four season with song
- Group singing
- Solo dance with song
- Chinese Kung Fu with song
- Qipao show with song
- Sheryle Xu solo dance
- Amar Punjabi solo song (no music)
- Punjabi group dance

"The International Festival is a great event," said Amanpreet Kaur (Punjabi group dance performer).

"It gives an opportunity for all the cultures to merge the traditional dances from other festivals and other things that they perform in their country. Some of the international students don't even know that there are such kinds of festivals, so it would be better to organize such functions more frequently."

Solo dance performer Sheryle Xu said the event promotes communication.

"I think I believe the whole world is a family and we are family here," she said.

"We need to know more about each other. I really appreciate the International Student Centre because they give me the feeling that I'm at home with new family here so I really appreciate it ... "

Julie Levitan, president of the International Student Club and the event co-ordinator, said she faced hurdles pulling everything together.

"The most difficult part of organizing this event was actually getting students to participate," said Levitan.

"It really hard to deal around their school schedule, their work schedule and also their social lives ...

"I'm really happy with the outcome," she said.

"We had a really good crowd turnout through lunch time and everybody had fun, especially the participants, who were doing the dances.

"I do believe there should be more – at least one event a month with something to do with diversity and culture, just to keep reminding people that culture is very important. So is diversity, especially here at NAIT and in Canada."

I just like to say thank you to my other club members who helped me out and making this event happened and as well all the TEFL students and to all the Punjabi students," Levitan said.

"Without them, we honestly wouldn't have this event at all. So without their contribution and oh, as well as the audience ... without all those people and factors combined we wouldn't be able to have this event to be so successful."

Steps to prevent date rape



TIMELY TIPS **MARGARET MAREAN NAIT Student Counselling**

Date rape is defined as being forced or pressured into having sex against your will and without your consent by a person who is known to you. It includes new acquaintances or ongoing relationships.

- The best defence against date rape is to become informed and to minimize situations that put you at risk. In new dating situations, go to public places or with other people you know.
- Don't keep your head in the sand. Recognize that date rape could happen to you. Between 10 to 25 per cent of college women report being raped by men they knew. Although less common, men can also be raped.
- Know that it is your right to set limits and to defend them and to tell your partner if and when you do and don't want to have sex.
- Firmly discourage any unwanted contact, even if it is casual.
- Be assertive in setting relationship boundaries. Think about your limits in advance and communicate limits and expectations clearly (e.g. how much touch is OK). If you are clear in your own mind about your limits, it is easier to communicate them.
- Passivity may be interpreted as permission, so say "no" in a tone that relays that you mean it. Don't hint or expect anyone to read your mind.
- Be wary of acquaintances who are excessively jealous or possessive, get hostile when you say no, ignore your wishes or opinions, act

in an intimidating way or attempt to make you feel guilty if you say no to sex.

- If you are uncertain about the person you are with, avoid alcohol or drugs.
- Carry a cellphone and some cash so that you can contact someone or take a cab if you need to get out of an uncomfortable situation.
- If you do get into a situation where you feel uncomfortable or are forced:
- Try to stay calm. Think about your options and how safe it would be to resist.
 - Stay no strongly.
- If you have a safe option to resist, act
- Try to get away. Use self defence tactics. You may be able to hit, bite or kick to gain a chance of escape. However realize that fighting back might cause the offender to become violent. so appraise the situation.
 - Yell for help.
- Buy time with talk. Try to convince or persuade the offender. Flatter him. When he thinks he no longer needs to use force, he may ease up his guard and give you a chance
- Be as non-seductive as possible. Tell him you have a sexually transmitted disease, your period or that you are pregnant. Do physical things to turn him off (e.g. urinate on the floor, pick your nose, pass gas, belch or
- Remember that giving in is not consent. It may be the only survival strategy.

If you are raped, get medical attention as soon as possible. Do not shower or bathe until you have been examined at an emergency department. The Sexual Assault Response Team offers 24-hour service and support through hospital emergency departments. You may also want to talk to a friend or family member who will be supportive and/or inform the police of the attack. Remember rape is not your fault; it is an act

Men have the responsibility to prevent date

1. Listen carefully to what the woman is

- message, clarify what she wants.
- 2. Be sensitive to women who are unsure whether they want to have sex. If you pressure a woman into sex, this is classified as force.
- 3. Do not let your desires control your actions. Think about whether you really want to have sex with someone who doesn't want to have sex with you.
- 4. Remember that date rape is a crime and that it is never acceptable to use force in sexual situations
- 5. Don't make assumptions about a woman's behaviour. Because a woman drinks or dresses sexily, it does not mean that she is inviting you to have sex.
- 6. The fact that you were intoxicated is not legal defence to rape. You are responsible for your actions, whether drunk or sober.
 - 7. Just because a woman has had sex with

saying. If you feel like you are getting a mixed you previously does not mean you have the right to have sex in the future. Date rape is a crime even if there has been past sexual involvement.

- 8. Don't assume that a woman who consents to kissing or other sexual intimacies is willing to have sexual intercourse.
- 9. If you have sex with a woman who is drugged, intoxicated, incapable of saying no or unaware of what is happening, you may be
- 10. Get involved if you believe someone is at risk. Don't be afraid to intervene – you may save a woman from assault and a man from criminal prosecution.

Student Counselling is open from 8 a.m. to 4:30 p.m. Monday to Friday. Make an appointment to discuss any personal or academic concerns by calling 780-378-6133 or booking in person at Room W-111PB, HP Centre.

Mental Health Awareness Committee

Would you like to participate in a committee that will help heighten awareness of mental health issues, decrease the stigma of mental health concerns and create a more positive and accepting atmosphere at NAIT?

We are looking for students with a few hours to spare who are interested in mental health awareness. This is a great opportunity to make a difference at NAIT. Please contact Margaret a mmarean@nait.ca or 780.471.7550 if you are interested.

Exam Stress?

The Library has therapy dogs!

Visit our therapy dogs to relieve some stress - all students and staff are welcome



April 17th, 2013 11:30 - 1:00 pm Lobby of the U building. outside the Library

AND

April 22nd, 2013 11:30 - 1:00 pm In the NAIT Library, on the 3rd floor of the U building







For more information, contact: Jodi Lommer at jodiliznait.ca, or Jen Waugh at Jenniferw@nait.ca



BALANCING ACT

Navigating around campus in the spring can be a little demanding.

The Nugget Thursday, April 4, 2013

Pinterest-ing

MEAGHAN WILLIS Assistant Entertainment Editor @meaghan_willis

I'm sure you've all hear of Pinterest by now. The website that is changing the way we look at fashion, food, home decor and so much more. This website allows users to create and manage theme based collections of images, or boards. Once your Pinterest account is created, users are free to browse through other people's boards and see exactly what they have been pinning. Users then have the choice to 'pin' or 're-pin' as they see fit.

The website is extremely useful for all those brides to be out there. Couples' wedding plans and ideas can all be pinned directly on your wedding board. It's an easy way to keep track of what you want your cake, dress, flowers, colours to be. Now that I've reached the age where my friends and family are starting to get married, you can see all of their wedding ideas at the click of a button. And for a bridesmaid or maid of honour, this website is truly wonderful when you can connect with the bride on exactly what she wants at the click of a button.

For all you do-it-yourselfers out there, Pinterest is a godsend. Just type in DIY and wait for all the boards to pop up. There are thousands of different ideas for you to attempt to make like jewelry, home decor, clothing, accessories and so much

more. I decided to try out my DIY skills and went for something to hang my earrings on. I took an old picture frame, removed the glass and replaced it with a ripped pair of patterned stockings I was going to throw out. Once the stocking is fit into the frame you can hang your earrings through the fabric and it looks fantastic sitting on my dresser. Thanks,

My best friend and avid pinner, Jillian, filled me in on why Pinterest is such a successful tool for those who love fashion and follow fashion blogs.

"Pinterest has become almost an even better tool for blogging because everything that gets blogged on a website is on Pinterest, too," she said.

There's certainly a factor of convenience using the website when everything is all there and it's so

"I like it because its everything in one place from all my favourite bloggers and I've found that a lot of the blogs that I follow also have a Pinterest icon on the page and then it will just link you straight to their boards," Jillian said.

Pinterest is everywhere I look and it shows no signs of slowing down. It's definitely all over my Facebook feed, so I always know exactly what my friends and family are up to. It doesn't matter what you are into, there will be a category and a board for you to follow.



Photo by Barbra Rudosky

FASHION COMES TO EDMONTON

Dancers perform for Western Canada Fashion Week at TransAlta Arts Barns during the event, held March 21-28. Designers from several provinces came to show off their latest work.

LOCAL BAND SCENE

Artery at heart of city's music

By CHRIS FIGLIUZZI

Edmonton is blessed with an amazing diverse music scene full of a unique mix of emerging and established artists. However, a music scene is only as good as the venues that support it. Without the venues there is no-where for bands to hone their sound, perfect their stage presence or even just get their music out there to the fans. Most of us know all about Starlite Room, Pawnshop, Shaw, and even EEC while it was still up and running. Edmonton has so much more to offer then just these venues. We have Avenue Theatre, the Artery and the Brixx. These venues offer so much in terms of charm and personality that it's always a shock when I attend a

show there only to find it half full or, in some staff is friendly, entertaining and genuinely cases, deserted.

Personally my favourite of these places is the Artery. The place just drips with personality even before you open the front door. Located in a wonderful little nook just off Jasper Avenue and 95 Street, the venue has a charm that very few, if any, venues can offer. The place features

interested in music of all genres and styles. Combine this with a warm and intimate performance room and you have the making for an amazingly unique venue.

Probably my favourite part about this venue is the talent that it attracts and recruits. It brings in artists that, while amazing, would often not be

a beer list longer and more extensive than able to hit the stage at a Pawnshop or Star-

of all genres a place go to sit back, relax and take in the music they love by the artists they don't always know. In addition to amazing musical talent, the Artery also hosts art shows for some of Edmonton's best-known artists.

To say the Artery is a hidden gem in the Edmonton art and music scene is giving this city far too much credit. The Artery is forgotten or looked down on by many people and, quite frankly, that is just asinine. The Artery is without a doubt one of the best venues this city has to offer from its character, to its staff, to the talent it brings in. To avoid The Artery and miss out on all it has to offer would be a great disservice to youself.

anything I have ever experienced and the lite Room. The Artery provides music fans Affordable spring look at Value Village

By CHRIS FIGLIUZZI

Well it's that time of year again. The snow has turned to slush and puddles are wreaking havoc on footwear everywhere. The weather has gotten warmer and the sweaters and parkas are being put away until they are needed next year

Of course, being a red blooded heterosexual male this means just one thing ... time for a new wardrobe. Being the cheap bastard I am, I tried to convince the Nugget that my getting a new wardrobe would be a legit business expense and a benefit to the paper and its public image.

After several minutes of laughter, followed by another several minutes of blank stares the editors realized that I wasn't joking. They offered me \$20, but only if the outfit was ridiculous and I wrote an article

about it. I tried to hold out for more money and less article but they drove a hard bargain and I was running dangerously low on

So with the \$20, not in hand, I headed back to good old Value Village. This time it was to the new Value Village in Mayfield Centre. I was armed with the task of making myself look ridiculous, a hard feat considering I was the runner up in NAITSA's Next Top Model ... NBD. I walked in, trying to divert my eyes from the temptation of all the wonderfully kitchy goods they had lining the shelves and headed straight for the men's clothing. In all honesty it seemed too expensive, too regular and too big to fit me so I would look ridiculous. I feel sorry for you "normal" sized people.

Fortunately for me, though, Value Vil-

lage has a kids' section, literally lined with gem after gem. Keeping in mind that we were heading into the warmer months, I was on the lookout for shorts and a nice breezy T-shirt ... I was not prepared for what

From what seemed like mile away. I spotted two of the most amazing button up T-shirts I had ever seen, featuring large, muscular anime characters showing off their nipples and charging forward. I debated between the two and decided that I couldn't decide, so I got a basket and vowed to make my decision later.

This is when things got tricky. I found a truly indescribable pair of shorts featuring some sort of robot cat hybrid. Flustered, I started holding both shirts up to the shorts debating what worked best in the ensemble. My confusion must have been quite noticeable because a lovely little old lady approached me offering some insight.

This was still a problem. The T-shirt and shorts left me well short of my \$20, so I had to find more. I started aimlessly wandering the aisles looking for something, anything to give me a sign. Then I saw it - the most amazing fall jacket I had ever laid my eyes on. A nice cord jacket with some wonderfully crafted plastic buttons. I took a breath and checked the tag.

My heart leapt for joy at the sight of the price, \$7.99. It fit perfectly into my budget. Triumphantly, I marched up to the cashier, receiving only minor awkward looks and paid. I proceeded to exit the store thrusting my hand victoriously in the air, a la Judd Nelson in Breakfast Club.

ENTERTAINMENT

WHAT'S GOING ON AROUND CAMPUS

WHO Muslim Students Association WHAT Islamic Awareness Booth WHEN April 8 12:00pm-1:00pm; April 11 - 11:00am - 1pm

WHERE Outside NAITSA; HP Centre First Floor

WHO MECSA WHAT Beer Garden WHEN April 5; 3:00pm WHERE 8th Floor Business Tower

WHO Latter Day Saints Student Association

WHAT Weekly Club Meeting

WHEN Thursdays; 11:15am – 12:10pm and 12:15 – 1:10pm WHERE Room J-006

WHO Gamers of Dungeons & Dragons

WHAT Weekly Club Meeting WHEN Fridays; 4:15 – 10:00pm WHERE Room WC-316

WHO intoNAlTion Toastmasters WHAT Weekly Club Meeting

WHEN Mondays; 4:45pm WHERE Room H-003

WHO Investment Club

WHAT Weekly Club Meeting WHEN Mondays 5 - 7pm Rm T-212 and

Thursdays 3:30 - 5:30 Rm T-115

WHO Anime Club WHAT Weekly Club Meeting WHEN Thursdays; 4:30 – 7:00pm WHERE Room WB-314

WHO Business Connex WHAT Weekly Club Meeting

WHEN Tuesdays; 4:30pm

WHERE Room T1-03

WHO Christian Club
WHAT Weekly Club Meeting
WHEN Mondays 12:15 – 1pm Rm H-105;
Wednesdays 11:15am – 12:00pm Rm T-212

WHO Kicks It Soccer WHAT Weekly Club Meeting

WHEN Fridays, 6:00pm - 8:00pm WHERE Vanguard College

WHO Improv Club

WHAT Weekly Club Meeting WHEN Thursdays 5:00pm - 9:00pm

WHERE Room H-007

CAMPUS CLUBS NEWS

NAITSA Awards Banquet April 6

WHO MSA WHAT Prayer Meetings WHEN Mondays 4:00pm – 7:00pm room T-412; Tues - Thurs 4:00pm - 7:00pm Room T-212; Fridays 12:15pm - 1:00pm Room E-020







Present the 3rd Annual CRA Free Tax Prep

Not Eligible

- Individuals who report employment expenses, business, or rental income and expenses.
- Individuals who are filing for bankruptcy
- Individuals who report capital gains or losses
- Returns for deceased persons
- Self-employed individuals
- Corporations

March 23, April 6, And April 13 2013 9:30 AM - 2:00 PM R00M T210

Eligible For Return

- NAIT students only (Student ID required)
- Individual up to \$30,000
- Couple up to \$40,000
- One adult with one child up to \$35,000

Need Help With Your Taxes? Register Online:



VISIT THE CAMPUS CLUBS CENTRE

Room E-131, NAIT Main Campus 780.471.8457 | 780.471.8871 campusclubs@nait.ca | naitsa.ca/clubs

Check out the Clubs Website for other upcoming Important Clubs Dates



THE NUGGET PRESENTS:

NUGGET COMICS



Comic by Rory Fidler

Electronic music festival sells out

By ANDREE DESROCHERS

Some people chose to spend the Easter long weekend relaxing and spending time with family, while others decided to attend one of Western Canada's biggest electronic music festivals.

On March 29 and 30, Shaw Conference Centre was home to Western Canada's largest light show by AllStar film industries. The sold out show had a lineup with a variety of electronic music artists such as the renowned Calvin Harris, Bassnectar, Flux Pavillion, Nicky Romero, Lucky Date, Nari & Milani, Alex Metric, Gladiator and a pre-show starring Alvin Risk, LoudPVCK, Mync and Prok & Fitch. Connected Events, which also successfully

helped promote last year's Elements Music Festival at the Expo Centre, was brainchild to Northern Lights.

Since I didn't have the opportunity to experience Northern Lights myself, Ana Goddard, a NAIT Radio and Television Arts student, got to fill me in on the experience.

"Ever since I heard of the the lineup, I got my tickets right away!" said Goddard. "The shows were completely worth it."

According to Goddard, the favourites of the night were Bro Safari and Calvin Harris. Bro Safari was the first DJ on the first night and Calvin Harris ended the night on Friday.

Some might argue but the reviews agreed

with Goddard.

"I love this style of music, it never seems to disappoint. It is magical and everyone around you is positive. The vibes you get at shows like this are incomparable."

The highlight for many people was Calvin

BASSNECTAR GALVIN HARRIS
FLUX PAVILION REGUELLA NICKY ROMERO - RSHAB
**LIAM PERILIPA REGUELLA NICKY ROMERO - RICKY BATI - RAGIS MILAN
**LIAM PERILIPA REGUELLA NICKY BATI - RAGIS MILAN REGUELLA NICKY BATI - RAGI

Harris. He didn't seem to disappoint.

Goddard, a regular electronic concert goer, said the security was really good and she plans to attend next year.

"Edmonton has a really good music scene for DJs. It is pretty impressive that such mas-

> sive headliners actually come here. It was awesome. I've been to many festivals in my life and this definitely was impressive."

She gives two thumbs up and recommends the festival to anyone who wants to have a good time.

THE NUGGET PRESENTS:

Dr.CONwisDOM

Dear Dr. CONwisDOM,

I have a bad crush on a classmate. I'm pretty inexperienced with relationships, so I never know what to say and usually say something dumb. I don't know if dating a classmate is weird, plus I'm too afraid to put myself out there. How do I proceed?

Sincerely, Another inexperienced lover

Dear Another inexperienced lover,

Writing to me for advice is a big step. Congratulations, you are now a Level 1 Lover. To achieve complete mastery of the Art of Love, one must reach Level 9,999.9. Alas, that goal is all too unattainable for most of us. I myself am only a Level 56. From one Student of Love to another, all I can prescribe is putting yourself out there. Being afraid is not an option. We must all look fear in the face and say, "No Fear, not today. Today I must continue on my quest for love. Though many times you have been an ally to me, whether it was staying hidden in my locker to avoid getting beat on by

bullies or stopping me from making a complete fool of myself by professing my love to a girl I barely knew in front of her family during a funeral. Today I must relinquish my grasp on the firm security blanket you have provided me over these long (your age) years. For today I will find love!" Memorize that mantra and say it aloud before asking this person out. They may not say yes but at the very least they'll respect you for having memorized and adopted such a lengthy mantra.

Dear Dr. CONwisDOM,

My roommates don't respect me and complain that I boss them around too much. They even call me Mom when I ask them to help with dishes or help clean up the house. It's really frustrating and hurts my feelings. What should I do?

Sincerely, I'm not a mom

Dear I'm not a mom, It seems to me like your roommates have given you the perfect solution to your problem. You may not like it but if they call you mom, start acting like their mom. Make a schedule for when chores need to be done around the house and who is doing what each day. If they aren't old enough to pick up after themselves and contribute to the living environment, show them how immature they're being. You'll of course have to earn some respect and authority. They see you now as an equal and won't respect you. If they don't obey your rules take things away from them until they do. Buy yourself a safe and lock their possessions inside until they co-operate. If they're going to call you mom, they're going to respect you, too. Also, you might want to think about buying a deadbolt for your room so they can't steal your stuff in return.

Dear Dr. CONwisDOM,

We've really enjoyed reading about all the advice you've given people over this past semester. We're sad that school is almost over and we're really going to miss your

Sincerely, The entire Nugget staff

Dear The entire *Nugget* staff,

I'm glad you've enjoyed my work over this last semester. I hope you all learned a lot, but don't fret. I'll be back next year and I'm sure you'll all have lots of problems for me to deal with because you're all quite dysfunctional. I'll still be here next week but until then, just ask yourself WWDCWD. What Would Dr. CONwisDOM Do?

•••

Do you have any personal questions that you want answered by the good doctor? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your "prescription" ready for you the following week!

Three CDs ...

By SCOTT PEDRICK

The Strokes - Comedown Machine

Three albums are going to take the stage this week. I enjoy spreading as many great musical vibes as I can and I hope everyone who reads the *Nugget* has enjoyed them. This week though, I've gone back to one album, because try as I might, I can't condense what I want to say about this record, *Comedown Machine*, the fifth album by The Strokes.

For starters, anyone who claims that *Angles* was a phoned in record by the Strokes needs to get off their high horse. If the infamous Pitchfork expose had never been published, journalists worldwide wouldn't have been "brilliant" enough to "discover" that the album "sounds like it was made by five people who can't stand each other." The truth is, the events behind the production process were made way too public, and people seem to get scared (or offended) when the Strokes try new things. It's for that reason that *Comedown Machine* has split critical consensus yet again.

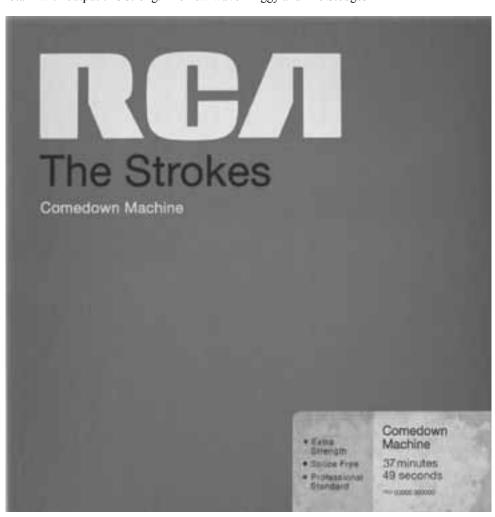
Simply put, this should be a turning point for the band, because they should never be afraid to veer off in directions unknown if they return with output this strong. The new wave of '80s nostalgia perpetuating modern rock is now passé, The Strokes have made an album that evokes every sonic theme and nuance from 30 years ago, and yet it feels completely fresh.

As far as the performances go, every single member takes risks. The Strokes have crafted some material so tightly, it pains me to think they're not planning on touring the record. The songs have to be seen live. Julian Casablancas easily goes as far out to left field as he possibly can, delivering his most introspective and fractured melodies in the band's entire catalogue.

Don't sell The Strokes short. Five albums in, they're still reinventing the wheel in the coolest way possible. I could wax poetic for ages about what this second half of their career has meant, but talk is cheap. Listen to the album and if you have ever taken my music suggestions before ... you know you won't regret it.

Download: Tap Out, One Way Trigger, '80s Comedown Machine, Call It Fate Call It Karma

For Fans Of: Elvis Costello, The Smiths, Iggy and The Stooges



<u>CLASSIFIED</u>

CASH COUNTER (2 positions)

Shifts are in the morning, mostly on the weekend \$60-\$100 a shift

Job description

Reconciling cash revenues
Preparing cash and coin for deposit
Following internal control policies

Skills

Numeracy Attention to detail

Must be able to pass security clearance check Please contact AJ at 780-953-0789 or ai@212social.co

SINGLE OF THE WEEK



Mark B., 26 Heavy Equipment Technician

Turn-ons – Her eyes, the way she looks at me.

Turn-offs – Punks and girls who don't care about their appearance.

My type - Someone good looking and smart. Intelligence is attractive.

Ideal date – Something casual, like lunch or coffee to see if there is something between us.

Favourite food – Pasta and Italian food. I really like to cook.

Hobbies - Playing hockey and COD. I like to hang out with my friends.

Goals – Completing my program and owning my own house. I want to keep my kids healthy and happy.

Wish - To always be happy in life.

Are you hot and single? E-mail us at entertain@nait.ca

HOROSCOPES



MADAME O

April 4-April 10

(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Aries (March 21-April 19)

You are childlike, once as a youngster and will be for the rest of your life. Not that being a child is a bad thing, you just get a sense of enthusiasm and desire inside of you. Bring that enthusiasm out because by the end of the week you will be onto a new adventure. Keep your head strong and stay fearless.

Taurus (April 20-May 20)

Take a moment. Think of farmers planting their fields. It takes time for the

seeds to sprout and grow. Stick to your ground and be patient. It is going to take the same amount of time whether you force it or let it happen.

Gemini (May 21-June 21)

Like a great conductor, you use your hand gestures and movements to persuade your audience. Allow the flute player or drummer to take a spin on the new sound. By letting others add to great movements, the music will flow beautifully with more than just your great mind.

Cancer (June 22-July 22)

Who knew that a mid-afternoon nap could turn your frown upside down. To give and protect have been attributes of yours, however, after your past week's luck, you will find it would be best to settle down and prepare for next month's plans.

Leo (July 23-Aug. 22)

How warm and powerful the lion can sweep into the morning's dawn. As the late afternoon sets and the feasts are hunted and eaten, you shine in setting dim light. When the night's thunder rolls over, your roar will be heard throughout the land. You may find your mornings more flattering

this week, especially to friends, family and work partners.

Virgo (Aug. 23-Sept. 22)

Let's separate the good from the bad. Your best luck comes when you have things set in order and planned ahead of time. This has always helped you, so let's keep clarity and accomplish as much as possible.

Libra (Sept. 23-Oct. 22)

The planets for you are aligned with the Moon, Venus and Neptune. This basically means that your good ideas are good ideas and you should embrace them! When it comes to love, relationships and partners, your golden scales are weighing on their side and this is not such a bad thing this week.

Scorpio (Oct. 23-Nov. 21)

In history it is said that the scorpion lived before the dinosaurs. A few stories compare the scorpion to the phoenix or eagle due to your power and rebirth. As we know pnow, scorpions will sting an unwanted visitor. Keep cool, you will not need to be on guard this week.

Sagittarius (Nov. 22-Dec. 21)

The moon is in your direct alignment

this week. A great occurrence it is and it will be rewarding. If you have not felt it already, you will soon, for a great invisible fire is burning inside of you, making you walk a little faster, stand a little taller or speak a little louder.

Capricorn (Dec. 22-Jan. 19)

A stiff neck and sour intentions are not your way of rejoicing, are they? Of course not, your meaningful qualities such as being self-disciplined and a hard worker are your dose of medicine. Let's keep the doctor away and keep your qualities at bay.

Aquarius (Jan. 20-Feb. 18)

Allow yourself to try new things and hang out with more Libras, Geminis or of your own kind, Aquariuses. Intellectually let your self be open and soak it all in like an Edmontonian in Mexico. But remember, wear sunscreen. Take care of yourself first.

Pisces (Feb. 19-March 20)

Your compassion and warmth towards others has been noticed and you create great relationships because of this. A notable bump in the road with an Aries will bring out that child hidden inside of you. No need to panic, money always follows friendship.



TIP OF THE WEEK FROM NAIT PROTECTIVE SERVICES



Safety begins with you



Most of us work hard to earn the money we use to buy what we need and want. Thieves can take those possessions from us in a split second if we are not diligent. When it happens we feel a sense of outrage and wonder how it could happen to us. It is important to realize that we are responsible for our own safety and the safety of our possessions. NAIT Protective Services cannot be everywhere and are usually involved only after the crime has been committed.

The Protective Services website is filled tering in the area of your residence.

with tips on how to better protect yourself, your friends, and your possessions. Visit open. www.nait.ca/security.

To avoid theft, Protective Services suggests the following:

AT HOME

- Lock your doors / windows whenever you leave your room or residence.
 Do not
- If you live in an apartment, do not allow unescorted strangers inside.
- Be suspicious of unknown persons loitering in the area of your residence.
- Never leave an exterior door propped open.
- Keep a record of your valuables including descriptions and serial numbers.

AT WORK OR SCHOOL

- Do not work alone in an unlocked office it. or classroom.
- Do not bring large sums of cash with not even a crack.
 you to work or school.
 Don't leave
- Do not leave your valuables, such as a laptop, purse or wallet, in your desk or locker.
- Secure your locker with a good quality lock.

AT THE LIBRARY

- Do not leave personal property unattended, even for a minute.
- Keep personal property in view at all imes.
- Do not bring valuables with you to the library.

AT THE GYM

- Secure all personal property in a locker. Invest in a good quality lock.
- Avoid carrying large sums of money or valuables with you.
 - Lock valuables in the high-security

lockers provided or leave them at home.

• Keep your locker locked whenever it is unattended.

FROM YOUR VEHICLE

- Lock your vehicle every time you leave
- Don't leave your windows rolled down,
- Don't leave vital information in your vehicle. Your home address is listed on the vehicle registration certificate.
 - Park in well-lit areas.
- Don't leave valuables in view for a thief. Store them in the trunk or under the seat.
- Affix your parking permit to your window.
 - Consider investing in a car alarm.

If you have information about a crime, contact Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000. See www.nait.ca/security for more.

Everybody benefits, except the criminal.

Who to call?

Academic and personal concerns – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

Health insurance coverage – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 28 if you have alternate coverage.

Housing – Online housing registry at www.rentingspaces.ca

Injury, minor medical concerns – Health and Safety Services, 780-471-8733, Room O-119.

NAIT Security - 7477.

W-111PB, HP Centre.

Part-time campus jobs/volunteering – Go to www.naitsa.ca under "Get involved."

Program-related concerns – Contact Program Chair or Program Adviser.

Scholarships, bursaries – Student Awards Office, 780-491-3056, Room O-101.

Special needs students – Services to Students with Disabilities, 780-378-6133, Room

Student loans, grants - Financial Aid Office, 780-491-3056, Room O-111.

Tutoring – The Tutor Centre in Room A-133 (main campus) offers free assistance with math, physics and chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A). Peer Tutors – Sign up online to get or to be a tutor by e-mailing tutor@nait.ca. Cost is approximately \$15/hour.

DIY for your lips

By DARTANION JOHNSON @Dartanionj

I'm a self-proclaimed lip balm addict. I constantly have to try new flavours and I'm instantly hooked if they come in oddly shaped containers. From watermelon to Sprite, I love trying lip balms. Cheetos and popcorn flavours are a few mistakes I've made in the past. I recently noticed an uncomfortable sensation after applying a cotton candy flavoured lip balm. I quickly looked at the ingredients and found the leading ingredient to be alcohol. Why would I want that on my lips? So I've decided to try making my own that will better protect my lips from Edmonton's constant changing

weather

Creating lip balm is easy. You need:

- Fat (either an oil or a vegetable-based butter)
 - Wax (beeswax or carnauba wax)
 - Essential oils or fat oils for flavouring.
- Vitamin E oil

You are going to have to use a double boiler and boil about two inches of water. When the second pot is hot on medium heat place in:

- 1 tablespoon of coconut oil
- 2 tablespoons of sunflower oil
- 11/2 tablespoons of beeswax

Stir well until completely melted. Remove from heat and then add essential oils:

• 10 drops of lemon essential oil

• 5 drops of vitamin E oil You can use a dropper or a funnel to transfer liquid balm into an empty container of your choice. Let the mixture cool about 10 hours before using.

Remember you can try making any type of lip balm by changing wax and oils, so experiment. All ingredients can be found in most grocery stores and online. Containers can be found in dollar stores



inhabitat.com







Muhammad Waqas

What three things annoy you the most?



- "• People not listening or paying attention to me.
- Sometimes I have to repeat things because of my accent.
- People who are not friendly."



- Winter (snow in Canada)
- Showy kind of people."



- "• Jerks and bullies.
- People that can't control their limits when it comes to drinking.
- · Losing in a competition."



- "• People not showing up on
- Not being honest, hiding things will only frustrate yourself and others around you.
- When you're texting someone and they stop cold turkey without letting you know they are busy or have to go."

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- ". When people act like they're always right and they have a condescending tone while talking to you.
- · Cigarette smoke.
- Ignorance."

Gerard Mudabazi **Bachelor of Business** Administration

Simer Preet Kaur Dhillon **Bachelor of Technology Technology Management**

Beniam Nigatu Chemical Technology Diploma

Gurinder Boparai Bachelor of Technology Technology Management

THROWBACK THURSDAY

Remembering the kids' flicks

By DARTANION JOHNSON @Dartanionj

Oh the eighties, how I don't remember you! For my brief two years in the eighties I can't

remember any memories but I can recall some of my favorite 80s children movies!

5. Dark Crystal (1982) - The Jim Henson masterpiece that was completely done with puppets and costumes. The story is about the Crystal of Truth, which has broken into two clans the evil Skeksis and the peaceful wizards the Mystics, turning the crystal into the black crystal. Jen who believes he is the last of his species, the Gelflings, sets off on a journey to heal the dark

crystal by reuniting the shards. What made this movie so great was the fact that the story was not dumbed-down for kids. Characters love and die in this film and you really feel for the puppets.

4. Labyrinth (1986) – Another Jim Henson classic! Jennifer Connelly stars as a teenager who wishes goblins would take her baby brother. Well they do and they give the baby to the King

the help of other hor-

ror legends to rule the world, but a group of pre-teens who love horror movies vow to fight the monsters. This movie is every horror kids fantasy. Who wouldn't want to fight a werewolf, gill-man, and Dracula? I get it; most normal kids wouldn't be too excited for this but I know I would have been! Another risky movie that dealt with sexual vampiressess and a discus-

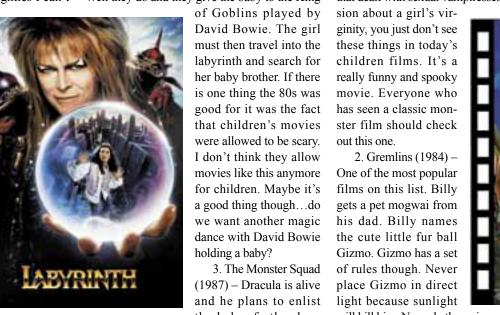
will kill him. Never bath or give water to Gizmo. Lastly never feed him after midnight. Some of these rules are quickly broken and Gizmo reproduces more mogwai's but they become evil reptile creatures. The creatures soon spread through

the town creating destruction and chaos. It's up to Billy and Gizmo to save the day and get the girl? This movie is another classic and being set during Christmas it the perfect holiday movie

for either Christmas or Halloween.

1. Who Framed Roger Rabbit (1988) - What do you get when you mix Mickey Mouse, Bugs Bunny, Bob Hoskins and detective-noir? A great movie about Roger Rabbit who was framed for a murder and it's up to Eddie Valiant to solve the crime while interacting with Disney and Warner Bros. cartoon characters. If you have not seen this movie then there must be an empty

hole in your heart that is yearning to be filled. Cameos include Betty Boop, Porky Pig, Dumbo and Daffy Duck to name a few. As Jessica Rabbit says, "I'm not bad. I'm just drawn that way," and this film isn't bad.





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