

A NEW SCHOOL YEAR BEGINS

THE NAIT NUGGET

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YOUR STUDENT NEWSPAPER FOR OVER 50 YEARS, EDMONTON, ALBERTA, CANADA



Supplied photo

DAVID ADOMAKO-ANSAH, 1989-2013

TOO SOON, TOO YOUNG

NAIT grad and
Nugget editor David
Adomako-Ansah
succumbs to deadly
disease

Story page 6

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NEWS & FEATURES

The Nugget is who we are



JOSH YAWORSKI
Issues Editor
@actuallyjosh

On behalf of the *Nugget* Issues Section, allow me to welcome you back to NAIT for another semester! And allow me to also welcome Stephan Sutcliffe to my former Assistant Editor position, and to wish Sarah Stilwell all the best as Social Media Editor. She's going to ensure that the *Nugget* comes to you on all your social networks and I can't wait to work with her to get the issues that affect NAIT to you in this medium. I hope to come close to filling her shoes this semester.

Like many NAIT students, I spent the summer working in my field. 790 CFCW calls what I did "prize patrolling," but to me it was an opportunity to travel the highways of Alberta to the small towns and villages that make up our rural landscape and attend their rodeos, fairs and pancake breakfasts – so many pancake breakfasts. The people that I met along the way were some of the most interesting I've ever come across and some of the experiences will fol-

low me forever, like beating out a *Bonnyville News* reporter to win a phyrohy eating contest underneath the world's biggest phyrohy. But it's my experiences on the road as the biggest news stores of the summer broke that I think will influence me the most as Issues editor.

When the biggest stories of the summer were first breaking, I was usually driving. Without the computer resources I've accrued and without access to a television, I relied entirely on radio to get my news. And it didn't let me down. Radio quickly, efficiently brought me up to date on the details I wanted and kept me updated with continual coverage. It got me the facts. But I wanted more. I wanted opinion, I wanted background and I wanted personality. Talk Radio presents that, but not at the moment the story breaks. That's why, when I had all the facts and wanted more, I went to print. Because when a story moves from the world to paper, the reporter includes a slice of themselves. Print localizes, personalizes and relates the news to its reader and that's my goal for the Issues section as editor. I want to take the stories that break and bring them home. Take international news and tell you why it affects you and your family. Illustrate just what this all means for NAIT. In an age when news is instantly transmitted on a global scale, the future of print media in any form is to become the source for the unique perspectives and opinions that localize every story. My aim is to leave the *Nugget* in



Photo by Travel Alberta

The world's largest phyrohy in Glendon, Alberta.

exactly that role.

This semester will also see me introduce a new medium for the *Nugget*: Issues on the Air. Together with my co-editors and NAIT's own Radio Television Program, the *Nugget* will be joining the NR92 after hours lineup with a two-hour show devoted to local, national and international issues, plus insight into the week's articles and

interviews with their writers. Stayed tuned for updates on this project.

NAIT is a school unlike any other. And the *Nugget* is our paper. From the sports that inspire us, to the arts and stories that captivate us, to the events and opinions that shape the world we live in, the *Nugget* is who we are. And I cannot wait to be a part of it for another semester.

Forces grow to fight cyber bullying

By **DARTANION JOHNSON**
@Dartanionj

Cyber bullying is a constant issue that is being fought to little avail but new legislation passed by Nova Scotia courts may hold cyber bullies accountable. Victims of cyber bullying now have been granted the ability to sue accused online bullies. The new legislation is a part of the Cyber Safety Act implemented by Justice Minister Ross Landry, which allows for victim protection orders and grants them the ability to sue the parents of a cyber bully who is a minor.

The legislation was introduced just a month after the now infamous case of 17-year-old Rehtaeh Parsons of Cole Harbour. It is alleged that she was sexually assaulted by four boys who later released a picture of the attack. What followed has been described as bullying and torment from numerous classmates, which ultimately led to suicide. Rehtaeh's father expressed happiness in the new bill and was quoted as saying that it probably would have been enough to save his daughter.

Is this new legislation a big enough move in the fight against bullying? The most controversial part of it is putting the blame on the parents. Bullying is usually a silent crime. The bullies and victims usually don't tell their par-

ents. So is it fair to penalize parents? In addition, Canada's multicultural status may see some immigrant parents completely unaware of their children's actions, as many don't speak fluent English while their kids are taught through the school system, quickly out-learning their parents. This part of the bill leads to some concern.



blogs.cornell.edu

Another issue is how can this be monitored? With many crimes including child pornography, sexual exploitation of children, criminal harassment and intimidation stemming from the Internet, this is just one more drop in an ocean of problems. It's a step in the right direction, but it doesn't seem to do any more than other laws that already protect a person's rights. Is suing really the answer to combat the worldwide problem of bullying?

Emphasis is now also being shifted to teaching staff. Previously, bullying that was done online or off school grounds was not the responsibility of teachers or principals but changes to the N.S. Education Act clarify the roles of principals when the issue affects schools. Incidents that occur off of school grounds and even after school hours will now have more responsibility put upon the staff of the school.

Fighting the war on bullying is a responsibility that each person has to take on. The biggest step is for victims to come forward the instant that bullying occurs. With this new legislation, even the tiniest cyber bully can be brought to court. This one step in the right direction that could save lives. Should the rest of Canada adopt this bill?

Who's responsible?

By JARED CARVAHLO

@JaredCarv

I think it's time to start really thinking about corporate social responsibility. It's more than just the section on a website saying how and what a company does to give back to the community. It's even more than the cheesy commercials on TV showing all the great things they do to protect the environment. It's about looking beyond the profits and recognizing a new type of capital, a human capital. The Milton Friedman belief of "the only social responsibility of business is to use its resources in order to increase profits" is starting to fade away. The only problem is the conversation about corporate social responsibility only gets brought up after major disasters.

47 dead

The Quebec town of Lac-Mégantic was rocked in early July with the deadliest train disaster since the St-Hilaire disaster in 1864. Forty seven people were pronounced dead and the explosions caused by the train carrying crude oil destroyed much of the town's centre. The cost for cleanup and reconstruction of the town is estimated to be around \$200 million. The kicker is the company responsible for the disaster, The Montreal, Maine and Atlantic Railway, didn't have enough third party liability insurance to pay for the disaster. While the company was filing for bankruptcy protection the Canadian Transportation Agency (CTA) discovered that the company only had \$25 million of liability insurance. The CTA then pulled the Certificate of Fitness from the MM&A Railway, effectively banning them from operating in Canada. With lawsuits and uproar coming from all directions, no one has effectively stood back and looked at the issue of social responsibility in business. Essentially, corporate social respon-



Lac-Mégantic, Que.

www.vancouversun.com

sibility (CSR) is a self-regulating operation that ensures that the organization functions on a certain level of morality. There requires a high level of introspection to make sure that all processes of that organisation are not harmful to anyone or anything. So basically CSR is a way to make sure disasters like Lac-Mégantic never happen.

Duty to step up

Absolutely, if something terrible happens it is the duty of the organization to step up, take the blame and find a way to pay the bill, which should go without saying. That seems like the right thing to do. What MM&A Railway should have done was when they took on the responsibility of transporting crude oil was to check whether or not their railway was capable of transporting it safely. Good CSR can come from good quality process management.

Since the disaster did happen and MM&A Railway claimed bankruptcy protection, what should be done? The government of Quebec approached Canadian Pacific Railway and

demanding they pay the \$200 million since they subcontracted MM&A and overlooked some of the shortcomings of the company. CP rail has said that it has no financial duty to the disaster and refused to pay. Then World Fuel Services, the "owner" of the oil, has denied all responsibility for the derailment and refuses to pay for the cleanup, even though it says that under the Quebec Environmental Quality Act, the owners of hazardous materials are responsible for any costs associated with a cleanup. And as companies try to turn their backs on the situation, Lac-Mégantic is struggling to find ways to rehabilitate their town.

In a disaster like this, the organisations responsible should be able to come together, stand up, take the blame and find ways to prevent this from happening in the future, instead of using the time to find ways to deny involvement. That's the point of corporate social responsibility, being able to take the blame when needed and finding ways to move the community forward, not skirting responsibility and trying to run away.

What makes us different?

By STEPHAN SUTCLIFFE
Assistant Issues Editor

It would take living under a rock or plain ignorance to not see the plight shaking the world – from Egypt and Syria, where the people are suppressed; to Greece and Italy, where the people suffer through austerity. And don't forget Brazil, where the people demonstrated their displeasure with the building of hundred-million dollar facilities for the World Cup and Olympics. People aren't happy, more specifically the working class, isn't happy.

We, the students, are the working class and as NAIT says we are "essential to Alberta." Let's face it, we're essential to Canada, if not something bigger than that. We the working class in Canada are fuelled by the government as the means to feed the economy. While the governments of Egypt,

Syria, Greece, Italy, and Brazil are digging their working class a pit of sorrow; the Canadian government gives us a pedestal to stand on.

Don't fool yourselves, I know that life in Canada for the working class isn't perfect. We have bones to pick with our government, too. And yes, the elite class or, as it is now more commonly known, the "one percent," makes way too much money and needs to share a bit more; but comparably we have a lot to be thankful for.

What makes us different from our friends in other parts of the world? Maybe it goes back to our humble beginnings. Think about why your family came here. It was for the promise of a new start, but it couldn't have been easy to pack up a family leave everything behind and come here. That took courage and dammit, they worked hard. The

working class was the strength of our country and still is the strength of our country. The same can't be said for other parts of the world.

A Jack and Jill job in Egypt is not what it is in Canada. Workers aren't valued like we are, and now they have to fight for what our ancestors came here seeking, respect. Look at all that we have that they don't. Our infrastructure was built by us, our health care is provided by us and our government was made by us. The working class is essential to Egypt, Syria, Greece, Italy and Brazil, but they are not getting the recognition they deserve; and if you've worked an hour in your life you know nothing feels better than recognition. They will continue to fight and all the power to them.

We need to stop taking for granted the respect we receive.



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The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.

The lessons of summer

By **STEPHAN SUTCLIFFE**
Assistant Issues Editor

The list of what I learned this summer is long but don't think that this is all that I learned; it is simply what I came up with in a late summer brainstorming session held at my dinner table on a day I had off from work. I did my best to organize my thoughts into a flow of ideas that kind of relate. You'll notice some of what I learned feeds off something else I learned.

Without making you read any longer to find out what I learned, the first item is: Find a secure job before school is over. You'll be

under far less stress once classes and exams wrap up; plus who doesn't like consistent money when your priorities are enjoying the weather and not getting burnt.

Sort of continuing on the topic of jobs, working with people can be hard.

What I learned working with and managing people is that sometimes it is better to say nothing and just fix a problem yourself. Nobody likes someone who complains. Sometimes it is better to do a task yourself instead of explaining to someone how to do it. It often takes as much time to explain how to do the job, as it takes to do the job. Other times, explaining how to do a common task to someone once, although it uses valuable time, it relieves you from having to do that task again.

In the midst of working with other beings, conflict can arise and it sucks when that other being is your boss.

What I learned while in conflict with others at work: Sometimes acting confused is better than lying; mainly if you're not a good liar. If something isn't your responsibility and you say it isn't your responsibility, someone cannot say "you aren't taking responsibility."

What I learned about relationships: If William and Kate can break up and then get back together, so can you and the one you love. But only if you're willing to change what caused the breakup and admit you were wrong; because guess what you were or are the problem. People and circumstances change. There is such a thing as a fresh start. An uninformed decision isn't a

decision, it is a regret.

What I learned when I couldn't think of anything I learned: Just because you have athletic things, a bike for example, doesn't mean you'll be athletic. But when you have a coupon to McDonald's, you will use it, and not for a salad or wrap, but for a Big Mac, fries and Coke.

Floods are scary; hello High River. Being of age at Stampede is more expensive than being a kid at Stampede; mostly because your parents don't pay for things anymore. Tabs at bars are the best, debt is the worst; maybe I should carry cash. Not everybody needs a truck; especially a monster truck. Pizza is always better when delivered and you're drunk.

What I learned about dogs and cats, enemies and friends: Dogs are man's best friend and the cat I live with is my worst enemy. Your worst enemy is the person who is really bad at being your enemy, thus they're your friend.

What I learned about gifts: Not all window air conditioners fit in all windows. Window air conditioners that don't fit in windows don't work. Window air conditioners make the worst gifts.

What I learned about winning: Victory at a kid's game will result in a visit to the kid's prize table. Kid's prize tables are full of junk. New sunglasses can be found on a prize table amongst what seems to be junk.

What I learned about sports: The Oilers are still rebuilding. Kevin Lowe is a winner. The Eskimos are as bad as the Oilers. FC Edmonton has some relevance. The Edmonton Prospects have

no relevance. The Blue Jays still suck.

What I learned driving: Patching pot holes doesn't fix pot holes. Don't put a new "New Driver" sign in your car window, put a "Bad Driver" sign. Don't drive downtown in the summer.

Being the Assistant Issues Editor, I should give you a preview of current and upcoming Issues editorials.

What I learned that I can't wait to share with you: Compared to the other LRT stations, NAIT's LRT station looks like a bus stop. Rob Ford is not a good mayor, Stephen Mandel is a good mayor, Naheed Nenshi is a great mayor.



Stephen Mandel
A good mayor



Naheed Nenshi
A great mayor

New academic model in place

JOSH YAWORSKI
Issues Editor
@actuallyjosh

The new semester sees a brand new academic model for NAIT and some students are really going to feel its affects.

"The biggest changes will be for those who were previously classified as Continuing Education students, but this year are known as credit students," said Jonathan Bilodeau, NAIT Students' Association President.

"Before, they never saw any of the services or programs NAITSA offers, but now they're considered to be just like the rest of the students."

Smaller changes were also noticed during the enrollment period by some students

"Three- or four-year degree students won't really notice any changes, but diploma and certificate students are now going to be able to auto-enroll themselves and pick whatever classes they want."

Other changes won't be noticed until students are leaving NAIT. Former NAIT VP Academic, Dr. Paula Burns, began working to change the academic model a number of years ago. Jonathan told the *Nugget* "her goal was to align us closer to other institutions in the area. We're catching up with the times, making more of our courses more transferable to other schools."

This aspect of the academic models' changes closely reflect those instituted by the Alberta government's "Letters of Expectation," like the adoption of the APAS program. APAS, or Alberta Post-secondary Application System, allows students to

enter their information once to apply to all publicly funded post-secondary institutions and, as part of Campus Alberta, is meant to help new students choose the right institution for them based on a series of questions.

Letters of Expectation were sent by the province to all post-secondary institutions outlining changes to how they organized their affairs.

But the changes won't seem sudden, Jonathan explains, as "NAIT is already well aligned with the 'Letters of Expectation'."

This new academic model will contribute to NAIT's excellent enrollment rate and despite an upcoming generation gap, NAIT will continue

to maintain it.

"We at NAITSA have looked at StatsCan numbers," Jonathan says, "and we do see an oncoming population gap between generations."

"We're kind of in a lull for the next five, six years but we still have an excellent enrollment rate of two and a half to three students applying for each spot on campus and that rate will then stagnate."

"But after that lull, we'll see enrollment really take off."

And by that time NAIT will be fully LRT connected, plus hopefully be benefitting from the addition of the Centre for Applied Technologies and its design, which draws many cues from both the new NAIT academic model and Campus Alberta. The entire building is modelled to promote "flexible pathways, holistic student success, a variety of delivery models and career laddering" (nait.ca).

The CAT building is currently set for completion in about four years.



Jonathan Bilodeau
NAITSA President



Shortchanged on LRT?

By **STEPHAN SUTCLIFFE**
Assistant Issues Editor

Isn't a new LRT line exciting? Forty years after the only other line in Edmonton began construction, the North LRT to NAIT will begin operation in April 2014. The line that now runs from Century Park to Claireview, dubbed the Capital Line, gave Edmonton the honour of being the first city in Western Canada to have an LRT. That's right, Edmonton had an LRT line before Calgary and Vancouver. The Capital Line was under almost constant construction until University Station began operation in 1992. Then the next 14 years became the darkest time in Edmonton's transit history.

It wasn't until 2006 when Health Sciences Station was complete that the city made any major investment in its transit and specifically the LRT system. In the almost decade and a half between the completion of the University and Health Science stations the city's population grew 17.6 percent or 113,631 people. Anyone who lived in Edmonton or even Alberta during that time will tell you that things were tough. Interest rates were high and gas prices rivalled the ridiculousness we see today.

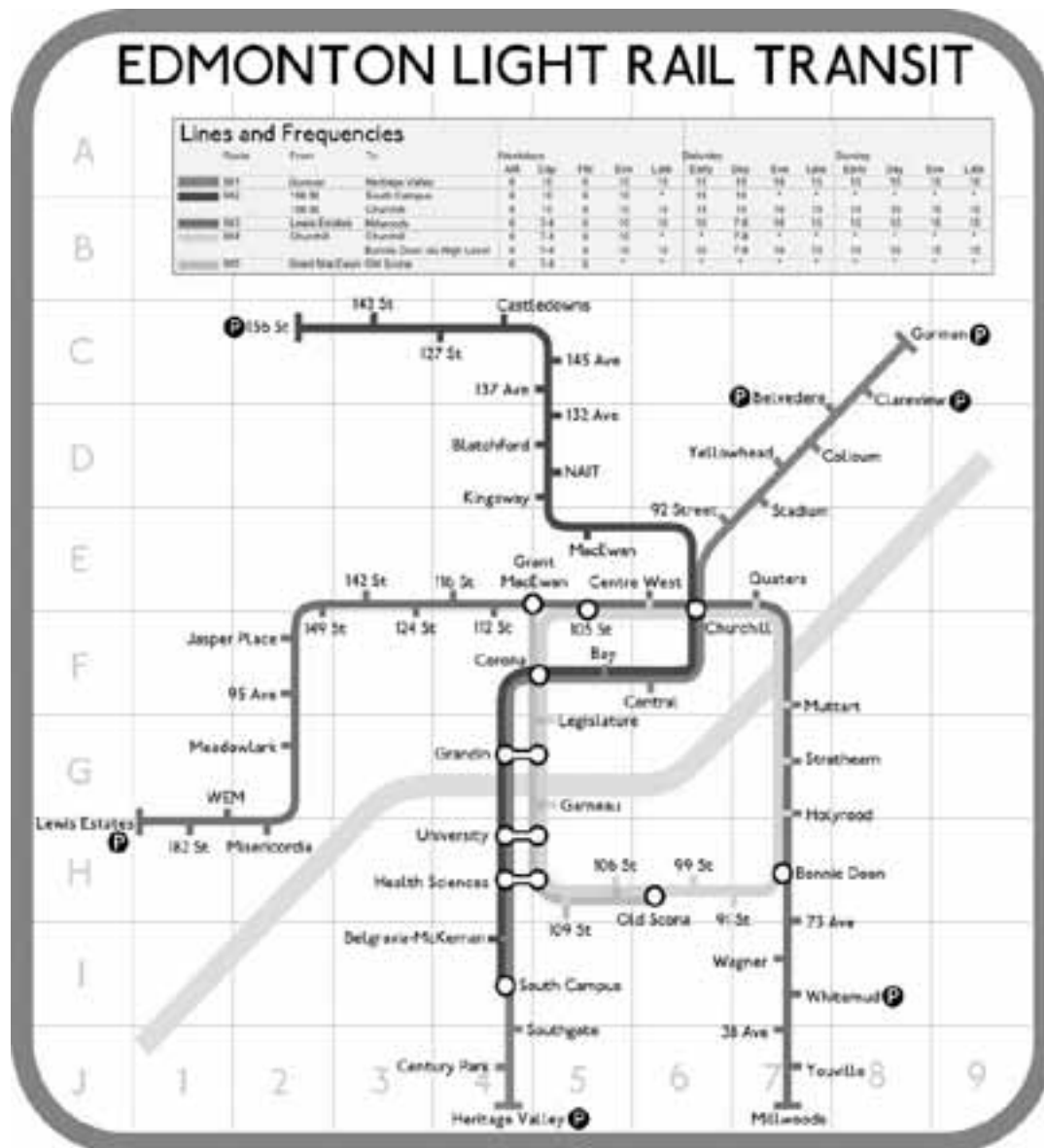
But that is no excuse for the

single LRT line we have today.

The lack of foresight from the city council and mayor that warmed the seats at city hall from 1992 to 2006 have left Edmonton with a massive transit deficit. Today's elected officials are left with the burden of debt and constructing LRT lines through an unforgiving, mature city. Wait, hold back your sentimental tears because they're not off the hook either.

When you've lost precious time, you need to act swiftly and they have. The North LRT will open in the New Year, with one oversight, the NAIT LRT Station. It looks like a bus stop with a little more air in it. Compared to the stations under construction at MacEwan, the Royal Alex and any other stations in the city, NAIT's is a joke. How is a campus that is "essential to Alberta" on the back burner of LRT station design? Surely there is some kind of design program within our walls that could design something more appealing than the tempered glass shack.

I have a lot of pride in NAIT. I truly think it is the perfect place to get a practical education. We've held court as a leading technical school for 50 years and to say we don't get noticed would be false. But looking at our LRT station, I



get the feeling we're the institution the City of Edmonton forgot.

Maybe it's fitting NAIT

finally gets LRT four decades after Edmonton had the first car in Western Canada on an LRT track. Because NAIT and

LRT sure look like we're the caboose now and not the one from our childhood story everyone loved.

NAIT boosts social media presence

By **SARAH STILWELL**
Social Media Editor
@sarah_stilwell

You might think getting to use Pinterest for your job would be awesome, but for Linda Hoang, it's just a typical day in the office. In June this year, Linda, a former *Nugget* editor, became NAIT's Digital Communications Specialist – the first in NAIT's history.

"Marketing and communications are changing," says Hoang. "If you're talking to us, we're listening."

It's not all Pinterest and funny cat memes, though. Daily, Linda has two computer screens open – one with around 10 tabs open, and another with around five tabs – filled with Facebook, e-mail, Twitter, Pinterest, social media tools and analytics (Sysomos and Tweetdeck to name a few), and a couple of tabs for general clicking.

Last year, NAIT's Student Social

Media Survey found that 94 per cent of NAIT students were active on social media, with Facebook and Twitter at the top of that list.

NAIT's online presence is a different pace for Linda, who recently worked at CTV Edmonton and Global Edmonton after graduating from NAIT's Radio and Television program on 2011.

"It's a slower pace, but it's still busy. We're always working towards something," she said.

Right now Linda is working toward making NAIT more personable and getting on a better level with NAIT students. On Instagram, NAIT students are posting pictures of themselves making the Dean's List, getting honours or receiving their diploma

or acceptance.

"We can say 'good job!' or re-gram their posts! We're making NAIT more personal. Winky faces help."

While Facebook, Twitter, Instagram and Pinterest are currently some major tools for NAIT to connect with their students, they're always looking for ways to expand and reach more people – and not just current students at NAIT but also prospective students and alumni.

Linda mentioned that they will start doing Vine how-to videos featuring the skills used in certain programs at NAIT. "How to: Fold a Napkin" (Hospitality) and "How to: Relax a Rabbit" (Animal Health Technology) were some examples given.



If you're looking for more than a seven-second look at NAIT programs, check out their Youtube page (listed below), featuring videos on NAIT facilities, alumni, Digital Media and IT programs, and many, many others.

While connecting with the NAIT demographic is a constant learning experience for Linda, she has learned more than she has expected to.

"I learned that NAIT also means goodnight in Spanish – I've come across pictures on Instagram of people in bed using that hashtag (#NAIT)."

If you're looking to connect more with NAIT, here's how you can:

Facebook: www.facebook.com/nait

Twitter: [@NAIT](http://www.twitter.com/nait)

Instagram: www.instagram.com/nait

Pinterest: www.pinterest.com/nait

Vine: search @NAIT

Youtube: www.youtube.com/techlifemag & www.youtube.com/naitvideos

Dear friend remembered

By NICOLE MUPPHY
Editor-in-Chief

"He was very much a believer of do everything to the best of your ability and not regretting it."

— Sarah Adomako-Ansah on her brother

NAIT graduate and Nugget Issues Editor David Anthony Adomako-Ansah was born June 14, 1989.

After being diagnosed with lupus in high school, a series of health problems followed. Multiple strokes, heart failure, kidney failure and a susceptible immune system were just the tip of the iceberg.

Although he himself was quite sick, he soon became highly involved with the Stollery Children's Hospital, volunteering his time to others who were ill. David had big accomplishments during this time, including starting a charity fundraiser Dunk on Disease, being the longest person to have a Berlin (artificial) heart before a transplant became available and graduating from the NAIT



David having a good time.

Television program just to name a few, but it seems it was the simple selfless every day little things David did that changed lives.

Although the big accomplishments in his life are undeniably monumental stories, I want to share perhaps some of the lesser known stories about David I recently was fortunate to hear about in an interview with his twin sister, Sarah Adomako-Ansah.

Sarah shared a time when they were at a restaurant eating and a kid was screaming because she did not want her pasta.

"David's favourite thing to get at restaurants was chicken fingers and fries. If he could get anything and eat it for the rest of his life it would be chicken fingers and fries," she said.

On that day the server had just delivered his meal of chicken fingers and fries. Without hesitation, David stood up, grabbed the plate of his favourite food, went over to the little girl that was disturbing everyone and offered a trade. After a moment of hesitation the little girl happily accepted her new meal. David took the pasta and went back to the table where Sarah sat, slightly embarrassed, as a good sister would be when her brother walks up to a table of strangers, but they enjoyed the rest of the meal. Oh ya, then David paid for the little girl's meal as well as his own! Looking back, Sarah is in awe of memories such as these. Most people would

just be annoyed with the young whiny girl, but David found a solution to the problem through patients, kindness and tolerance.

Always a support to those around him and willing to share his time, David would use social media to reach out, always offering a simple, gentle support if you needed him.

On another occasion, Sarah remembers being overwhelmed with prep work she needed to finish for her job, as well hosting a Canada Day event for the YMCA. On the busy day that was sure to be filled with chaotic running around, Sarah rushed to work to start the prep work and to her amazement David was

already there. He woke up an hour earlier, went to her work, asked to be let in to her office and was plugging away at some of the tasks she had planned.

"What are you doing here? she asked.

"Well, you seemed really upset yesterday so I wanted to help you, so go handle your event, come back and we will work on this later when you're done," he said.

"I was shocked, honestly looking

back now, that was incredible he did not have to waste his Sunday like that," she said.

To David, though, I don't think it was a waste of his time at all. If he could help someone, listen to someone or just check in on someone, he would. He understood what was important in a way many never do.

When asked what message Sarah thinks David would want to leave, she answered, "I think if he were to give a message to anyone, it would be to give your all and to not regret a thing, because he did everything without regret.

"Even if he made a mistake, it would be, 'I learned from it and I am going to move on.' He was very much a believer of I don't know when my last breath will be but I don't want to feel like I haven't done everything that I am meant to do before I take that last breath. So he was very much a man of, do everything you can in the time that you have."

Finally, when asked how she wanted her best friend to be remembered she said, "As his sister I want him to be remembered for his generosity, his philanthropy and for his love of people, just how caring and loving he was as a person and how kind and generous he was, and I think we could learn a lot from how he lived his life and how it was just so full of everything.

He was just so full of energy and so full of love for people."

David Anthony Adomako-Ansah left us

physically on June 11, 2013 but his lessons live on. Not the lessons he talked about or told people about, but the lessons learned by being in his presence. Always smiling, doing the best he could at everything. His actions spoke far louder than many words. Below are some of the goodbyes and lessons his former classmates and friends shared.

...

Dear David, Your friendship was invaluable. I'll be carrying your many words of wisdom with me, always.

— Lots of love, Rianne.

...

Dear David, you were an amazing person who cared for others before himself. Thank you for your friendship and teaching me how to be strong.

— Gone but not forgotten, Kevin.

...

Dear David, you taught me to be strong even when it's not easy. You're amazing.

— Love, Rebekah.

...

Dear David, you taught me to appreciate all of life's little things. It's those things that we take the most for granted.

— Evan

...

Dear David, you taught me that every day, good or bad, is an opportunity. Also, KNICKSTAPE!

— Love, Lyndsay.

...

Dear David, you showed me that even in the roughest times a smile can make someone feel better.

— Love, Brianne

...

Dear David, some days we would get stressed out about the smallest things. Even when you were going through immeasurable pain you were always smiling and brightening everyone's day. You inspire me to be a better person — and continue to do so!

— Mike

...

Dear David, you taught me to not sweat the small stuff and be thankful for each day I'm given. And that Boston sucks and I should love the Knicks.

— Emily

...

Dear David, you taught me that pain is only a reminder that you are living. There is never a reason to give up.

— Love, Dartanion.

...

Dear David, you taught me to always find humour in anything and that Kevin Hart is the funniest comedian in our generation.

— Avery

...

Dear David, you taught me that no matter what curve balls life throws your way, you can always find a reason to smile. I miss your smile.

— Love, Jenny.

...

Dear David, it was always all smiles around with you David, you proved positivity truly is contagious.

— Dexter

...

Dear David, you taught me every day is a gift and not a given right, and to live life to is fullest because you just never know, and to love unconditionally.

— Lauren

Dear David, you taught me to give 100 percent all the time even you don't feel like you can.

— Anika

...

Dear David, you taught me to give it everything you've got, even when times are down. Also that there's no shame in embracing your love for ReBoot. Much love, bud! Thank you.

— Brett

...

Dear David, I never got to know you as well as I would have liked but you were always a breath of fresh air, always walking around with a smile on your face taking time to say hi to everyone. The world became a little less bright when it lost you.

— Chris

...

Dear David, you taught me to never give up on my dreams and face the world with a smile!

— Lucas

...

Hey David, You faced every obstacle with a smile and appreciated every moment. I keep your picture in my car to remind me to be a better person, just like you did. I hope you knew what a difference you made in every life you touched.

— Claire

...

David, you were a man of integrity, courage and deep reserves of hope. You deeply inspired those around you and understood on a personal and urgent level both the gift and the opportunity of life. We were lucky to have you with us even for such a brief and bright interval and our lives were better for knowing you.

— Janelle

...

Dear David, you taught me that time is the greatest gift you can give someone. You also showed me that love is simple, thoughtful and patient. Thank you for continuing to show kindness.

— Nicole

...

Dear David, you taught me that no matter what challenges come your way, face them with a smile and determination. I was amazed by how much you focused on the needs of others. You are deeply missed.

— Jeannette



FREE
FROM 10AM UNTIL THEY'RE GONE

PANCAKE SUNDAY BAR

HOW WILL YOU DRESS YOUR PANCAKE??

SEPTEMBER 4 UNDER THE PEDESTAL FROM HP TO SPARTAN
SEPTEMBER 5 OUTSIDE THE TOWER BUILDING



TAILGATE PARTY

FRIDAY SEPTEMBER 6, 2013

FREE PARTY - 2PM
NEST TAPHOUSE GRILL PARKING LOT

6PM-BUS TO ESKIMOS GAME*
*STUDENTS MUST PURCHASE A TICKET TO ATTEND THE GAME

ESKIMOS TICKETS AT NAITSA \$22



PIRATE PARTY
ON THE EDMONTON RIVERBOAT

Friday, September 20

4pm Pre-party @ the Nest
Bus leaves for Riverboat @ 6:30pm*

Early Bird Ticket
\$5 students / \$10 non-students

Adults
\$10 students / \$10 non-students

Prizes for best dressed!



AN EVENING OF
EATS

\$2.50 student
Includes Food, Transportation & Beverages (not alcohol)

Tuesday, September 24
bus leaves from the Nest @ 4:30pm

Purchase tickets at the NAITSA Office, Room E-131
or at nait.ca/eveningofeats

Daawat

Podimandi

U-Pass

Universal Transit Pass

WHAT IS U-PASS?

U-Pass is a mandatory transit program for post-secondary students, granting access to Edmonton Transit, Strathcona County Transit and St. Albert Transit.

U-Pass is mandatory for all credit students at NAIT with the following exceptions:

- Apprentices
- Students who take all of their classes online

All qualified students are automatically charged a U-Pass fee for the Fall & Winter terms.

HOW MUCH DOES U-PASS COST?

For the 2013-14 school year U-Pass will cost \$147.50 per Fall and Winter term. U-Pass offers significant savings for students who take transit, as the cost of a post-secondary bus pass for 2013-14 would total \$324.00 per semester.

HOW DO I GET MY U-PASS STICKER?

In order to collect your U-Pass sticker you will be required to provide your valid NAIT student ID card to the U-Pass booth at the start of each term and contact the NAITSA office thereafter.

South Lobby Kiosk - weekdays August 19 - September 13, 2013 (fall term)
Monday-Thursday 8:30am-6:00pm, Friday 8:30am-4:00pm

WHICH STUDENTS MAY REQUEST A FEE EXEMPTION FROM U-PASS?

Transit Staff / DATS / SCAT / HANDIBUS

- Students with a valid staff card from Edmonton Transit, Strathcona County Transit or St. Albert Transit
- Students who have a valid DATS/SCAT or St. Albert Handibus registration card

Bring your valid NAIT student ID card and valid identification card from one of the above stakeholders to Lennox Mills at the NAITSA office, Room E-131.

Students must be enrolled in the Fall and/or Winter term, prior to the opt out deadline.
Fall Term, September 27, 2013 deadline | Winter term, January 31, 2014 deadline

PRACTICUM STUDENTS & OPTING OUT OF U-PASS

Students on practicum 8 weeks or longer and who are outside the service area of Edmonton, Strathcona County & St. Albert may be eligible to opt out.

Opt out online @ www.nait.ca (see website for a complete list of requirements & process)

Each Fall and Winter term is treated as separate and U-Pass opt out requests must be submitted for each term of eligibility.

Students must be enrolled in the Fall and/or Winter term, prior to the Opt Out deadline.
Fall Term, September 27, 2013 deadline | Winter term, January 31, 2014 deadline

Eligibility is assessed to correspond with the dates that appear on the U-Pass sticker, i.e. Students must be on practicum for 8 weeks or longer between September 1 to December 31 and/or January 1 to April 30.

HOW TO START A CLUB

SESSION ON SEPTEMBER 11, 2013 12PM-1PM, RM X-215

YOU NEED 3 CORE EXECUTIVES:

1. PRESIDENT
2. VICE PRESIDENT
3. TREASURER

BUILD THE TEAM TO SUIT YOUR CLUB NEEDS (THIS INCLUDES YOUR 3 CORE EXECUTIVES) WITH ADDITIONAL COUNCIL MEMBERS SUCH AS:


1. RECORD KEEPER (SECRETARY)
2. EVENT COORDINATOR
3. SPORTS REPS
4. GRAD COMMITTEE






REGISTER YOUR CLUB ONLINE AT WWW.NAITSA.CA/CLUBS

1. TELL US "WHO YOU ARE" AND "ABOUT YOUR CLUB"
2. COMPLETE THE CLUB PROFILE AND SUBMIT TO THE CAMPUS CLUBS CENTRE*

*BY SUBMITTING THE CLUB PROFILE, YOU ARE AGREEING TO FOLLOW THE NAITSA CODE OF CONDUCT.

HAVE MORE QUESTIONS? STOP BY ROOM E-131 TO SEE US.



[naitstudents](#) [naitsa](#) [yourNAITSA](#) [naitsa.ca/clubs](#) [naitstudents](#) [m e 131](#)

The Nugget, your friendly student newspaper,
 needs enthusiastic contributors. Pay for part-time work.
 Contact Nicole Murphy studenteditor@nait.ca

Point counter Point

Spotlight on our privacy



JOSH YAWORSKI
Issues Editor
@actuallyjosh

Editors Note: *Within the following are opinions contrary to the American government's current position on the National Security Agency (NSA). The viewing of the following, particularly via digital, traceable means, may or may not result in your placement upon government watch lists and may result in even greater violations of your privacy. For best results, after viewing this issue of the Nugget either A) Burn your physical copy or B) Eat your hard drive, disconnect your Internet connection and proceed to fold yourself a nice tinfoil hat.*

Quickly following one of the most memorable bombing incidents on American soil in recent years, one man risked everything to expose the biggest blow to individual security since Watergate. Or at least since the introduction of the Pomo-Scanner, or its alternative, the government mandated molestation. When Snowden exposed the NSA's most recent transgressions, he quickly polarized his country into a nation of "What, me worry?"-ers and "Run for the Hills, where's my tinfoil?" reactionaries. Naturally, my colleague and adversary Chris Figliuzzi, has chosen to adopt an Alfred E Neuman stance. And I was always wearing my tinfoil hat.

Internet not safe

We've known for seven years that the Internet wasn't safe from government spying. When Room 641A was exposed in '06, it was immediately recognized as completely and utterly illegal and contrary to any citizen's rights. This was a room in an AT&T office that directly monitored massive amounts of both domestic and international traffic. And the legal system agreed with citizens that this was a grave and illegal transgression, but the U.S. Congress granted immunity to any telecommunications companies that complied with government requests. Essentially, they took full responsibility for these actions, and all of a sudden, with only a quick statement about "terrorists" and "homeland security," the issues disappeared from the public eye. Sure, there's a lawsuit pending and that's all well and good, but there's also that pesky statement from the technician who discovered the now closed room 641A that there are likely similar rooms in buildings across the nation.

But we haven't had to worry about our phones. That Orwellian imagery of the Thought Police driving up and down city streets with a microphone atop a panel van capturing conversations or the idea of a dark smoky room filled with spies intercepting phone calls, were fears only those with something to hide from and the subject of warrants, had. The American, and even more so the Canadian, populace believed themselves free and secure. There's a system, we believed. We have rights. Well, we don't. Even Canadians who made calls to or in the U.S. have had the number they call, the number they call from, how long they speak and even where they call from recorded by the NSA. And we weren't told. We weren't warned. And it certainly wasn't a so called "insecure form of communication" like e-mail, that we can't expect privacy in (Oh yes, they can look at that whenever and however they want) and these weren't party lines, where privacy was the exception rather than the rule. These are modern cellular calls from one private citizen to another. Oh. These also weren't targeted. They weren't profiled in any way. They just stole the info on everyone.

Dangerous servant, fearful master

Someone who may or may not have been George Washington once stated that government is like a fire, a "dangerous servant and fearful master." That is exactly what the Patriot Act, and nearly every action taken since 9/11 in the name of "homeland security," is. A roaring bonfire, consuming its citizens' rights, devouring privacy and freedom as it spreads. This is the future of 1984, realized 20 years late, a future of surveillance and fear. From molecular science to psychology, it is known that that which is observed is altered. Regardless of innocence or guilt, when one is aware of an observer it can result in anything from mild paranoia to hostility and personality disorders.

We live through our technology. Our calls, text messages, e-mails, online traffic, are all ours. They are private. There is no reason why our digital self should not be protected as fiercely as our private self. These transgressions could maybe be excused if they were successful in securing the nation. But there is no justification when the Inspector General's own report on the practices states agencies "had difficulty citing instances where (the program) had directly contributed to any counterterrorism success."



By CHRIS FIGLIUZZI
Assistant Entertainment Editor

Over the summer it was discovered that the NSA has been monitoring people through their PCs and phones ... or at least that's what I'm led to believe. Truth be told, I kinda turn off the ole thinking thing in my head during the summer. Anyway Josh, as usual, has gotten all uppity and angry about the invasion of privacy or something again, though this is the guy that thought fluoride in the water was a huge government conspiracy so really anything is possible from him at this point. In all honesty though, I don't think that it's really that big an issue. I mean I left this paper open on my computer for three days, fully expecting the NSA to chip in and add a couple of paragraphs or at the very least a couple of sentences but nothing ... lazy bastards.

As I was saying, I don't see what the big deal is. I mean, if anything we should be thanking the NSA that they went out of their way and devoted their time and energy to ensuring our safety. How many of you out there can make the claim that you have devoted any of your time to making sure your fellow man is safe and not plotting a terrorist attack? I'm willing to bet none of you. They have tirelessly devoted themselves to checking camera after camera, hacking e-mail after e-mail, and doing a bunch of other stuff too, I'm sure ... remember, I tune out during the summer.

No reason to get angry

Besides, you really have no reason to get angry and agitated over this ... that is, unless you have something to hide. Do you, Josh? What are you hiding? The fact that you enjoy the musical stylings of Nickleback, Bieber, Yanni? Now I'm sure Josh isn't trying to hide anything, other than the fact he likes Nickleback. Judge away, but I am sure that some people out there are. It's these people that should be worried since it is these people that the NSA is looking for. They couldn't care less about your weekend, vacation or anything else you are e-mailing your friends and coworkers about.

If you really think about it there really is only one villain in this whole situation. I am, of course, talking about Edward Snowden. This coward decided it was a brilliant idea to let everyone know the methods the NSA was implementing in an effort to ensure our safety and then flee the country. This was probably the single worst thing that could have happened for our safety. Prior to Snowden squealing, the terrorists had no idea how we were ensuring our safety, they had no idea how we knew their plans every step of the way. As soon as Snowden spilt the beans, everybody learned about our methods of protecting our safety and freedom, including the terrorists, who no doubt no take extra precaution when plotting against use so as to avoid the methods they are now aware of. Thanks, Eddy. As for the rest of us, had Snowden not spilt the beans, we would have been blissfully unaware about how our safety was being ensured. Hell, we wouldn't be whining about this at all right now because we wouldn't know. Can we really get upset at something that is being done to protect our safety when we would have had no idea that it was even going on had someone not told us about it? Snowden ruined not only our methods to protect our safety but he has also robbed our innocence from us, how can we trust again when we are being told by every media outlet that we have been so hard done by?

Doing us a favour

I am sure that many of you have girlfriends and boyfriends. At least, that's what I am told is supposed to happen at this age. Now, how many of you have taken the chance to look through Facebook conversations, text messages and even e-mail (people still use e-mail, right?) when you think you have a chance? How many of you would if you thought they were in trouble? Would you tell them about this? I'm willing to bet that most of you would take the chance to look and that most of you wouldn't tell them. That is exactly what this is. The NSA was worried about us and took a chance to check in and make sure that everything was OK, then like a nosey busybody, Snowden had to stick his nose in and ruin a perfectly good situation that may come back to haunt us all in the end.

OPINION

— Editorial —

Chase your dreams



NICOLE MURPHY
Editor-In-Chief
@NicoleMurphySt

I have learned a lot of lessons this summer and, be warned, we are taking a trip to Cliche Town, past Old Habitsville, on the road of life. On this very specific journey I have learned following your dreams is the only way to live!

Let me be clear, don't stress if you aren't completely sure what your "dreams" are yet. It took me many years of working little odd end jobs, partying...a lot, and spending money needlessly...a lot, to find a "dream." I just all of a sudden got bored...if that is the way to put it. Sitting on my couch I started to think and as odd as this may sound, I stopped thinking logically. I stopped thinking what "should" I do or what would be "smart" for my future.

I found often the real dreams that light a passion in a persons soul have nothing to do with how much money they will make (I am not hating on money, I like it...a lot). True dreams don't really care if other people approve of them, and mostly a dream starts to break down "ideas" of can and can't be done. Dreams are catalysts to losing old ways of thinking and acting to create happiness.

Now don't get me wrong, this so called happiness is not as some would imagine, walks on rainbows with unicorns by your side. Happiness has a price, and it is hard work. More and more my fathers words of "you get what you put it" ring in my head. There is no escaping really really really hard work, but when you are working towards a dream or rather living your dream hard work feels different. It feels more like purpose. With purpose happiness come around for visits more often, along with the unicorns and rainbows.

Again it is OK to not have a big "dream" at this moment. But don't be afraid to be honest with yourself about what your dreams truly are. Even if you think it is unachievable or "crazy" let us remember some famous, infamous quotes:

"Everything that can be invented has been invented."

— Charles Howard, 1899.

"There is no reason anyone would want a computer in their home."

— Ken Olson, 1977.

"There is practically no chance communications space satellites will be used to provide better telephone, telegraph, television or radio service inside the United States."

— T. Craven, 1961

I have learned above everything this past year that you can do anything you put your mind to. There is nothing that is impossible. I think sometimes people including myself get caught up comparing themselves to others, thinking they are

more talented, more beautiful, way smarter and have more money, so they are better. I have met many, many people who are "better" than me in a lot of ways. The funny thing is they are looking at someone else thinking that person is "better" than they are ... and so no one takes action. Successful dreamers just go for what they want, despite being afraid of rejection or failure. Those are inevitable side effects to living, sorry to say they happen, but when you make decisions and live life to the fullest, other side effects include joy, happiness, love, achievement and purpose.

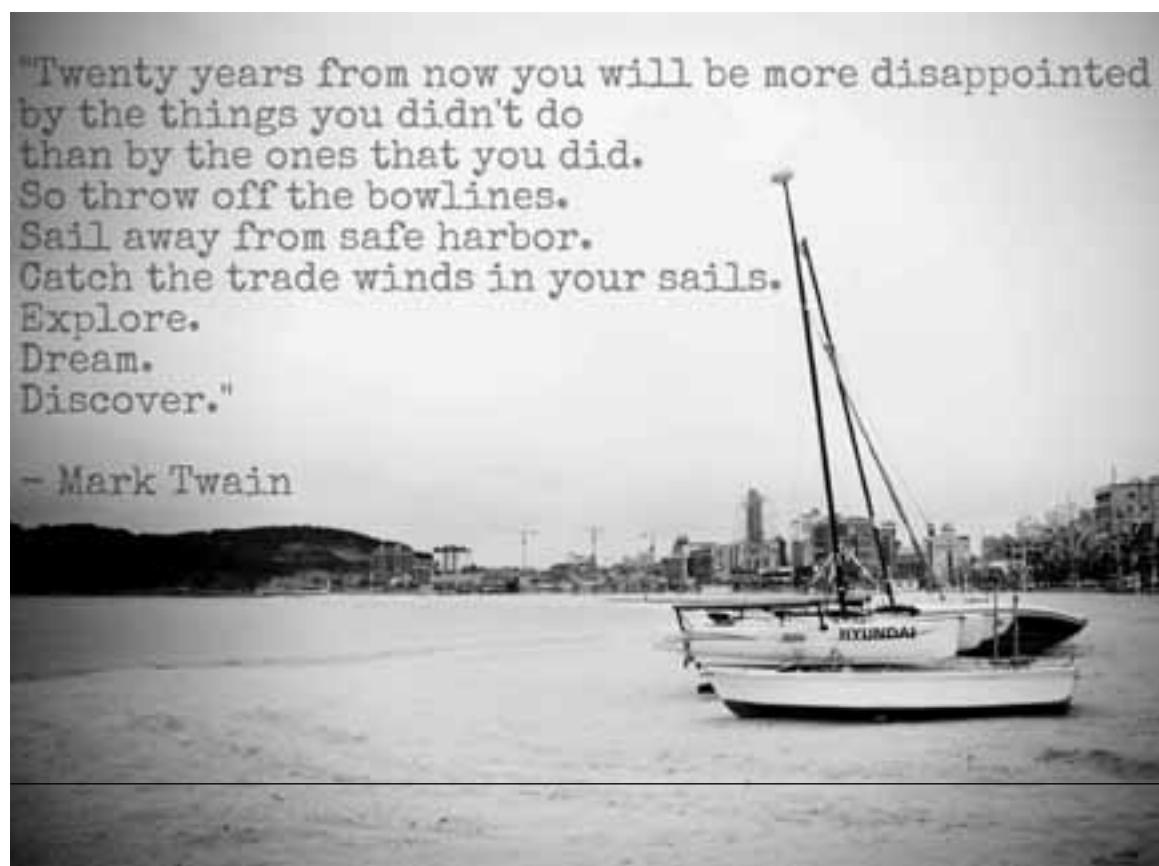
These are just some lessons and thoughts I have

put together over the last few months. They have been a work in progress for my entire life, but they do not need to be true for you. Go out come up with your own perceptions, truth and "life lessons" we are all here to share.

I will end with one of my favourite quotes,

"Twenty years from now you will be more disappointed by the things you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbor. Catch the trade winds in your sails. Explore. Dream. Discover."

— Mark Twain



Is something bugging you about NAIT or the rest of the world? Do you have some

praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to:

studenteditor@nait.ca.

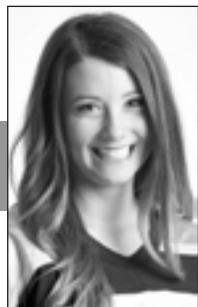
Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic.

Trust us on that. Write us.



SPORTS

S'mores on the beach!



LAUREN FINK
Sports Editor
@laurenfink_

Summer, ever since elementary school has always started the same way for me; thinking I have all the time in the world to do all the things under the sun (literally) I want to do. And, every year I'm surprised by its abrupt end. This summer was no different.

Even though the time seemed to fly by, this summer vacation was my favourite one yet! It could have been the extra two months we are given in post-secondary, or it could have been all the things I did. Either way, it was the time well spent.

Before school was out I signed myself up for a six-week long Bootcamp that started right as summer began. Every Monday, Wednesday and Friday I would work out and run downtown before heading to my summer job. I've always loved running and there is nothing like crushing an 8 K run before work, so after my

six weeks was up, I signed up for the rest of the season. Along with running in the mornings, I also did the Colour Me Rad race in July, which I highly suggest to anyone, it was a (colour) bomb of a time!

Besides running every second morning, one of the first things I did with my summer vacation was take time off from my summer job and go back home to Saskatchewan and do some camping with friends and my family at our cabin. It was an absolute blast to be back out on the water and to be eating s'mores on the beach! Throughout the summer I was lucky enough to go on a few more camping trips both in Saskatchewan and Alberta, which were equally as fun as the first.

My summer had barely begun when in June, I was blindsided by the passing of a good friend of the *Nugget's* and mine. In the time I knew David Adomako-Ansah, he taught me to cherish every moment and live life to it's fullest every day, because "you just don't know."

And, although it was and is a devastating loss, I knew David wouldn't want me to mourn his loss for long, but instead celebrate his life and keep living mine. David, hands down is one of the reasons I had the best summer ever,

his passing reminded me that nothing is guaranteed, every day is a gift and tomorrow is not the day to start living when you're here today. Everything I did this summer, every adventure I took, I carried David's memory and attitude with me, or I tried too anyway. Doing that definitely made every day, no matter what I was doing, even if it was working, an amazing day.

When I wasn't working at my summer job, I had a couple of amazing opportunities to work in industry (I'm currently studying Television Broadcasting.) The first one was in the beginning of July when I was able to go to the Oilers development camp and try to hone my own shooting skills, learning how to capture good hockey footage and interviews. Development camp was an amazing learning experiencing and

after it wrapped up I had a few weeks of working at my summer job before I got to do something in the industry again.

This time, I was working at CTV's "So, You Want to be an Anchor" at K-Days. If you didn't get a chance to check it out, what it was, was the chance to try co-anchoring the news with one of CTV's anchors. It was an amazing 10 days and we had lots of people check it out including a few athletes – Cary Koch, wide

receiver for the Eskimos, Theo Peckham, former Oilers defenceman (Peckham had come to terms with the Blackhawks earlier in the off-season,) and former Oiler defenceman and radio host Jason Strudwick all tried anchoring the news.

After K-Days I headed to Big Valley Jamboree in Camrose where I worked for the weekend. Even though I was working, it was one of the best weekends of the summer. I didn't get to watch all the concerts or participate in all the things BVJ is known for but I did get to see Luke Bryan in what was, hands down the best concert experience of my life. My seats were unlike any I've ever had, as I was sitting in the "Poser Seats," which are on the stage. It was incredible!

I did a lot of other great things this summer from going to the Calgary Stampede, to attending a family reunion in Saskatchewan (which was an absolute riot,) to hitting the links (very poorly, I may add.) Before the summer officially ends I hope to go back to Saskatchewan once more and hopefully take in a Roughriders game.

Although I'm sad to see summer end, I can't wait for another great semester at NAIT and with the *Nugget!* And, if you want to see what I was listening to this summer, check out my summer take on the \$3.99 mixtape on page 15.



Time for Ooks team tryouts

By BRIANNE SAKOWICH
@BrianneSakowich

With NAIT getting ready for a brand new school year, the Ooks are getting ready to take flight for another great season of athletics. After coming off an incredible year, many of the NAIT Ooks sports teams will be going in as reigning champions. The NAIT men's and women's hockey teams, the women's volleyball team, the men's curling team and the men's singles and mixed doubles badminton teams are going to be looking for repeat seasons as they all came out with Alberta Colleges Athletics Conference or Canadian Collegiate Athletic Association championship titles.

As with any new season, there will be changes in the Ooks rosters, with veteran players leaving and bright new athletes coming in. One of the biggest changes will be for the men's hockey team as they lose their goaltending tandem of Kris Moore and Shannon Szabados. Szabados maxed out her eligibility and is now in Calgary, getting ready to play for Team Canada's women's hockey team in the 2014 Olympics in Sochi, Russia. Head coach

Serge Lajoie has announced that Edmontonian Ty Swabb and Kyle Birch of Winnipeg will be replacing Szabados and Moore.

Along with new faces on the rosters, NAIT can expect to see some new faces on the sidelines. After seven years, the cross country team will see new coaching staff as former coach Wayne Dalman has stepped down. His replacement is former NAIT cross country runner and former cross country apprentice coach, Teagan Gahler. Dalman will remain as supervisor of the Fitness-Weight Centre at NAIT.

With school starting up and the sports season just about ready to get started, tryout time is upon on us. Here is the list of the upcoming tryouts, including their times and locations.

The men's soccer team are holding their tryouts from August 19-22 from 5:30 to 7 p.m. each day at the NAIT field.

The women's soccer tryouts are from August 13-22 at the NAIT field. Times are:

Aug. 13-15, 5:30 to 7 p.m.; Aug. 19, 5 to 6:30 p.m.; Aug. 20, 5 to 6 p.m.; Aug. 21-22, 5 to 6:30 p.m.

There will be an information session on Sept. 3 at 7 p.m. in Room J-111 for women's hockey, with tryouts on Sept. 4 from 4:45 p.m. to 6:15 p.m. in the NAIT arena.

The men's hockey team will be holding an information session at 5 p.m. in Room X-107 on Sept. 3. The tryouts will follow on Sept. 4 from 6:30 p.m. to 9:15 p.m. in the NAIT arena.

NAIT's women's basketball team will be holding tryouts on Sept. 3 from 6:30 p.m. to 7:30 p.m. in the NAIT gym.

The men's basketball team will have tryouts on Sept. 3 from 9 p.m. to 10:30 p.m. in the NAIT gym.

The women's volleyball team will be holding their tryouts on Sept. 3 from 7:30 p.m. to 9 p.m. in the NAIT gym.

The men's volleyball team's tryouts will be

in the NAIT gym on Sept. 3 from 4:30 p.m. to 6 p.m.

Badminton tryouts will be on Sept. 17 in the NAIT gym from 4:30 p.m. to 6 p.m.

The cross country running team will be meeting on Aug. 27-29 at the NAIT field at 5 p.m. and again on Sept. 4 at 6 p.m. in Hawrelak Park. If you would like any other information about the cross country team, contact head coach Teagan Gahler at 780-471-8877.

To join the NAIT golf team, registration will be on Sept. 4 from 12:00 p.m. to 1 p.m. in the NAIT foyer. Tryouts will be on Sept. 7 and 8 at Goose Hammock, with times yet to be determined. For more information on the golf team, you can contact Jules Owchar at 780-221-1717.

Registration for the curling team will be held from Sept. 18-25 from 12 p.m. to 1 p.m. and 5 p.m. to 6 p.m. in the NAIT foyer. Contact Jules Owchar for more information at 780-221-1717.

If you think you have what it takes to help the Ooks stay on top this season, make sure you try out!



Work, slow-pitch and golf



KYLE HARRIS
Assistant Sports Editor
@theharrisshow20

Summer has come and it is almost gone. The summer of 2013 was an amazing one for me personally. I can safely say I took full advantage of the outdoors and great weather we had here in Edmonton. My job had me outside every day, where I tried to fix Edmonton's roads but as we all know there were a lot of pot holes this summer!

Besides work, I was busy with a lot of activities and a lot of those activities

were sports. This year I joined a slow-pitch team, we played every Monday and Wednesday. It was awesome getting together with friends on a nice summer evening to play some ball. Growing up I played baseball every summer until I was 17, so getting to play slow-pitch is my way of reliving old summers. A big highlight of my summer were the two slow-pitch tournaments I participated in.

The first was the famous "Edson Ball Tournament." This was my third straight year going and let me tell you, it doesn't disappoint. Though we didn't fare well, it was a blast being with friends and strangers for three days, playing ball, enjoying the weather and throwing a few cold ones back. The



following weekend I went up to Lloydminster, where I played on a team with some guys I played junior hockey with. It was a red eye tournament, meaning we had games throughout the day and night.

That was tons of fun. Getting to play under the lights is one of my favourite things in baseball. We actually fared pretty well, winning the A-side consolation, where we won \$350 and T-shirts. I wish I could say the same for the team I played for during the season, but unfortunately we lost in the finals in the playoffs!

This summer I really got into following the PGA, which is maybe why I found myself out on the golf course more than I usually do. I can't personally say it was a good year for my golf game

but it's still great to get out there, hit the sticks with some buddies and drive around in golf carts.

I was still able to find time to keep up with my training for the upcoming hockey season for the Oaks! As sad as it is, summer is ending but I can't wait for the hockey season to start up again. There has been a few summer skates already with guys on the team and I can already tell it's going to be a good year. The team won the ACAC championship last season, and are looking to repeat on that again this season.

So, with the last couple of weeks left of summer, I am going to soak it all in and while enjoying this weather, hopefully get a few more rounds of golf in, maybe a weekend getaway camping with some friends, and brace myself for another year of school (Radio-Television Arts), hockey and writing for the *Nugget*! I hope you all had as good of a summer as I did. Cheers!

Eskis come up short – again

By **RACHEL PRAZAK**
@RachelPrazak

After struggling through their first six games of the season and a heart-breaking 30-29 loss to Hamilton before their bye week, the Edmonton Eskimos looked to bounce back against the Toronto Argonauts on Sunday night (Aug. 17).

In the first quarter, former Eskimos quarterback Ricky Ray drove the Argos down the field. Following a failed QB sneak attempt by the Argos backup Zach Collaros, the Argos opted to gamble and keep the offence on the field for third down. The decision paid off for the Argos as Collaros hooked up with fullback Alexander Robinson for a 45-yard catch-and-run for a touchdown.

The Eskimos responded with a solid drive in which pivot Mike Reilly completed all four of his passes, including a 31-yard strike to Marcus Henry.

Reilly, who has been facing some scrutiny for his slow starts this season, was able to march his offence into Toronto's red zone but wasn't able to find the end zone. Kicker Grant Shaw connected on a 16-yard field goal to cut the Argos lead to four.

In the second quarter, Reilly and his offence continued to move the ball down the field but once again the Eskis were unable to find the end zone and were ultimately forced to settle for a duo of field goals by Shaw, giving the Eskis a narrow 9-7 lead.

The Eskimos' lead was short-lived, as two Ray and Jason Barnes connected for an eight-yard touchdown on Toronto's next possession.

Eskimo receiver Fred Stamps had a pair of big catches for a total of 83 yards that set up the Eskimos inside the Argos 10-yard line with a fresh set of downs.

On the next play, Reilly connected with slotback Cary Koch in the back of the end zone for the touchdown, giving the Eskimos a 16-14 lead.



Just before halftime, the Argos re-claimed the lead as kicker Noel Prefontaine split the uprights with a 20-yard field goal, making the score 17-16.

In the first half, Reilly put together his best half of football this season, completing 16 of 19 passes for 236 yards and a touchdown.

In the third quarter, Ray threw two touchdown passes to receivers John Chiles and Chad Owens to extend Toronto's lead to 33-16.

The Eskimos defence struggled in the second half with the absence of middle linebacker J.C. Sherritt, who is out for two to six weeks with a broken thumb. Rookie defensive back Aaron Grymes was also missed in the lineup as he suffered an internal organ injury in practice last week.

Having a very quiet third quarter, Reilly and the Esk's offence woke up with over five minutes remaining in the fourth quarter.

Trailing by 16, Reilly led the Eskis



o.canada.com

Mike Reilly
Strong game

on an eight-play, 69-yard drive that ended with sophomore receiver Shawawd Chambers hauling in a pass for his first touchdown of the season. The Eskimos attempted the two-point conversion but failed, keeping their deficit at 10 points.

Edmonton continued to chip away at Toronto's lead as Shaw connected on a 34-yard field goal with 2:10 remaining in the game.

Ray led the Argos on a late-game drive that resulted in a 26-yard field goal by Prefontaine to restore their 10-point lead.

Like he's done in Edmonton's last two games, Mike Reilly led his offence on one final drive and found Stamps in

the end zone for a 34-yard touchdown strike. For the third straight game, it was too little too late for the Eskimos as the Toronto Argonauts hung on for a 36-33 win. The Eskis now fall to 1-6.

Despite a losing effort, Reilly had an outstanding game as he completed 35 of his 46 passes for a whopping 511 yards and three touchdowns.

The Eskimos will look to bounce back this week as they host the 6-1 Saskatchewan Roughriders on Saturday, Aug. 24. Kickoff is at 2 p.m., as well as on Labour Day against the Calgary Stampeders.

NAIT Students can purchase Eskimo home game tickets for a discounted rate in the NAITSA office!

Blue Jays need a miracle

By **KELSEY LYDYNUIK**

@kelseylydynuik

It was an exciting time for Blue Jays fans this offseason. Every time you turned around there was a new deal or rumblings of a trade being made, which gave disgruntled fans something to look forward to as the 2013 season quickly approached.

It started with the 12-player blockbuster trade with the Miami Marlins. The Jays acquired shortstop Jose Reyes, pitchers Josh Johnson and Mark Buehrle, catcher John Buck (who was traded in August to the Kansas City Royals) and centre fielder Emilio Bonifacio. Jays manager John Farrell announced his resignation and rejoined the Boston Red Sox and John Gibbons was renamed manager after a previous four-year stint in that position from 2004-2008. The Jays also managed to get the 2012 National League Cy Young winner, R.A. Dickey, as well as catchers Josh Thole and Mike Nicketas in a trade with the New York Mets. Taking into account all of the trades, along with the other players already on the team, the Jays were looking pretty stacked as they approached the season opener at Rogers Centre against the Cleveland Indians.

However, the opening month was worse

than 2012, as they lost their home opener to the Cleveland Indians and got off to a disappointing 10-17 start to the season. May was the same story for the Jays, who went 13-15 compared with last year's 15-13.

However, the team picked it up in June and even went on an 11-game win streak. Needless to say, fans were jumping on the Blue Jays bandwagon faster than you can say World Series. But, like previous years, the Jays' inconsistency caught up to them, leaving them in the basement of the AL East Division.

Now, that's not to say that everything about the Blue Jays this season has been entirely bad. With all of the injuries that have once again plagued the team, fans have seen a plethora of players called up from the Jays Triple-A affiliate, the Buffalo Bisons. Munenori Kawasaki, the first Japanese-born player to play in a game for the Jays, became a quick fan favorite. Throughout the season he has been between the two teams to cover and make room for the likes of Reyes, Melky Cabrera, Brett Lawrie and Colby Rasmus. In addition to that, as the Biogenesis doping scandal has been brought to new light in the MLB and numerous players, such as Alex Rodriguez, have been sentenced, the Blue Jays have



www.cbc.ca

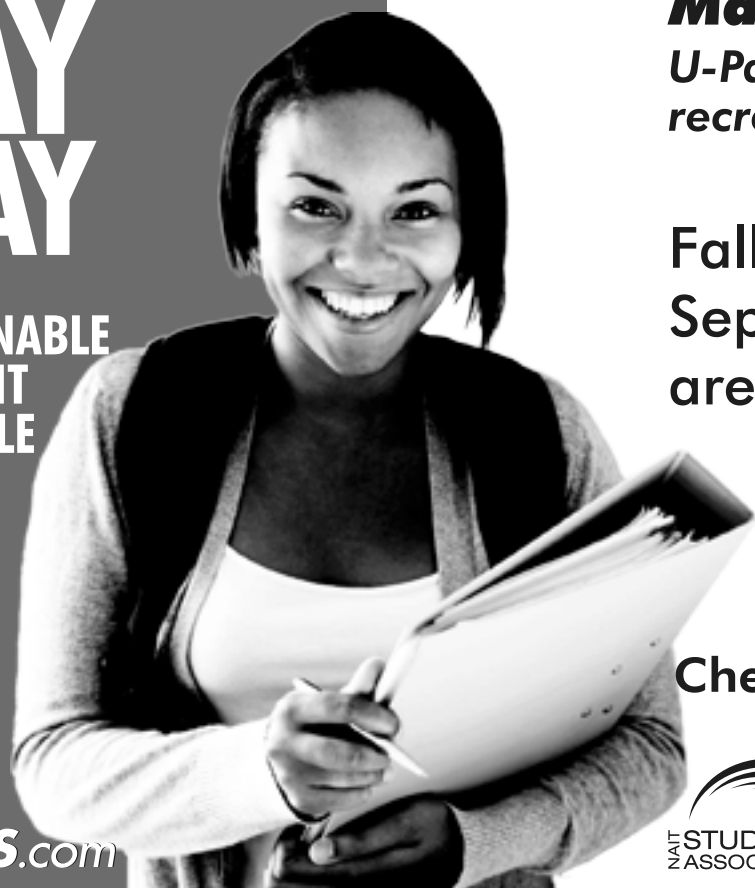
Mark Buehrle

remained relatively unscathed.

With the last quarter of the season left, the Jays sit 13 games back of a Wild Card spot to make the postseason. If the Jays are able to pull it off and snag a Wild Card spot they would end a 19-year playoff drought. Missing the postseason this year will push it to 20 consecutive seasons that winter has

come too soon for Jays fans. The Jays could potentially get hot and get the Wild Card but it's looking more and more clear that they're going just fall farther back in the rankings. A lot of things would have to go right for them and wrong for the other teams in the American League but hey, it's baseball, anything can happen.

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ENTERTAINMENT

Concerts on the coast



ALLISON MULLOCK
Entertainment Editor
@Alimullock_

Ahh! A whole new year at NAIT ahead and all I can think about is heading back to B.C. for Christmas. That sounds super depressing, haha, but it shouldn't! The only reason I feel that way is because my summer has been absolutely amazing here and I don't want it to be over.

My 2013 summer has been incredible. It is the first summer I haven't juggled a kabillion jobs and really decided to enjoy it because it could potentially be my last real summer! I graduate this May and will hopefully get my real life job.

My summer started out with an amaz-

ing birthday trip with my parents! They planned this trip in honour of my 21st birthday and my love for adventure! We flew out to Las Vegas and spent a night full of margaritas before taking a bus to the Grand Canyon and spending the next four days travelling down and camping along the riverside. It was the most eye opening and amazing experience that I have ever had. To be completely part of nature and the canyon was something that I could never fully explain. We escaped the canyon with a five-hour hike at Phantom Ranch. Probably the most challenging hike and experience I have ever faced, but what an accomplishment. The beer that night at New York New York tasted pretty good!

I hammered out some work for my sixth summer at Me n Eds, a local pizza joint, and at The Peak radio station in Vancouver doing promotions! I also did some part time nannying! I had to save money so I could enjoy my plans for August.

On August long weekend I made a spur of the moment decision to head down to the Gorge Amphitheatre in George, Washington for the Watershed Country Music

Festival. The experience at the Gorge was unforgettable. The music was astonishing, the venue was amazing and the weather was gorgeous. I got my tan, drink and sing on every day I was there. Luke Bryan, Toby Keith, Brad Paisley and Lee Brice were all phenomenal performers.

The following weekend I switched gears and headed up to Squamish Valley Music Festival. This festival was a little more hippie like and a lot different being somewhere familiar like Squamish, only two hours from Vancouver. I saw Macklemore, Said The Whale, Childish Gambino, Queens of the Stonewall, and Dan Mangan. It was absolutely incredible and the venue was so perfect. You could fly back and forth between stages and see a familiar face everywhere you went.

The following Wednesday I escaped to Whistler. Excited to not have to camp again and ready to celebrate my friend's birthday, eight of us headed up there and had an amazing trip exploring Whistler Village and

getting involved with some Crankworx activities.

My summer was amazing and I am sad it is over but I am excited for the year ahead and my radio career! ... But ... I am not excited for the winter. Edmonton, be nice!



www.country933.com

Toby Keith

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LAUREN FINK
Sports Editor
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From spontaneous road trips, to watching the sun set from a lakeside

dock, to celebrating weddings, graduations and even just life, every day in the summer is an adventure. It's about great people, great places and of course great music each day when each adventure turns into summertime perfection. Through the course of my own summer I compiled a collection of songs from each road trip, festival and celebration that I took part in to create this list, the soundtrack of "The Best Summer Ever." Even though it's the soundtrack of the summer, I'm sure I'll still be listening to it for weeks to come. Hopefully it helps me get through those late school nights and

doesn't distract me with the memory of summertime sunshine.

1. I Want Crazy – Hunter Hayes
2. Roar – Katy Perry
3. Sweater Weather – The Neighbourhood
4. Let Her Go – Passenger
5. Counting Stars – OneRepublic
6. Patient Love – Passenger
7. Wake Me Up – Avicii (feat. Aloe Blacc)
8. Summertime Sadness – Lana Del Rey
9. Same Love – Macklemore & Ryan Lewis (feat. Mary Lambert)

10. Country Girl – Luke Bryan
11. Royals – Lorde
12. Fast Car – Tracy Chapman
13. Safe and Sound – Capital Cities
14. We Can't Stop – Miley Cyrus
15. Play it Again – Luke Bryan

There are a few songs that deserve honourable mentions on my list. Even though they didn't quite make it onto my "The Best Summer Ever" soundtrack they certainly were well loved and over played by yours truly this summer, they are:

- Superstition – Stevie Wonder
Young and Beautiful – Lana Del Rey
Flaws – Bastille

DIY – the college edition

By **DARTANION JOHNSON**
@Dartanionj

Let's be honest! How many people actually take the time out of their day to build that cracked mirror vase or crochet a toilet lid? I'm sure we could count the amount of people on one hand. So I offer a collection of college do-it-yourselfers. For the poor, the slackers and the uncreative!

1. Phone Speaker – All you have to do

is play music on your phone, then place the phone into a cup for an instant speaker. A bowl can also substitute. For the truly creative, you can take a toilet paper roll and cut a slit to fit the phone in. You then have a two-sided speaker and you can bedazzle or put stickers on to spruce it up.

2. Key Holder – Take your binder and rip out the ring bar. Nail the ring bar to your wall and you now have a key holder, neck-

lace holder, or anything you want the rings to hold. There is only one lord of the ring and that is you.

3. Shower Rings – Want to save a dollar? When you buy your next shower curtain, do not buy the rings. Use your old coat hangers! It may not be pretty but you saved a dollar and every dollar counts when you are in school. You can thank me later.

4. Phone Stand – You are going to buy a

lot of pizza this year, which means a lot of those little pizza tables that keep the pizza from being squished are going to be in your possession. Simply clean the little table and flip it upside down. Place the phone between the legs and voila, dinner and a four-inch movie.

With these simple DIYs you will be saving money, time and most importantly your energy so you can focus on school.



Top web time wasters

By **CHRIS FIGLIUZZI**
Assistant Entertainment Editor
@chrisfigliuzzi

Well it's that time of year again. The freedom and tranquility of summer have come to an end and you've have to trade parties and beer for classes and books. Let me be the first to extend hearty congratulations to



those returning and those that are here for the first time. College is a wonderful time where you are pushed to your intellectual limits, where you make choices that will influence and affect your entire future, and where you learn more about yourself than any other topic. At least that's what it will do but right now it's week one, and as most season veterans know nothing happens in week one. You mindlessly wander from class to class just to hear the instructor read the syllabus to you, explain what the class is about and generally ramble on for longer than your

attention span.

That is where I come in. Most of you will be stuck in classes with computers, the Internet, and an instructor that just sits at the front of the room. With this in mind, I present you my top time wasting websites, I know many of you

are thinking "well that's easy, it's Facebook, Twitter, and the Chive". Those are all OK, minus the

Chive, which basically steals everything from other sites and repackages it to look creative and funny. These are the hidden gems though the ones that aren't your usual go to sites.

Collegehumor.com

That's right, you're in college now and guess what there is an entire website directed towards delivering what you're supposed to think is funny. Not everything hit's the mark, but that's the fun, right? Digging through all the garbage to find the diamond in the rough makes that diamond all so much more special. Usually this sight provides simple illus-

trated lists, sarcastic how to lists, and crudely produced videos that provide some form of entertainment. I will fully admit that the sight has long since passed its golden age but this is a list of sites you can waste time on, not a list of entertaining sites.

BoooTube.com

The Internet was created for three reasons. 1) to share and spread knowledge to anyone and everyone seeking it 2) porn and 3) to see other people fail, hurt themselves or just be plain old stupid. This is what BoooTube offers its visitors. BoooTube brings together all the worst videos on Youtube, allowing you to jump seamlessly from poor performances to people making terrible choices to nut shots. If you like human suffering, the funny kind not the sad depressing kind, this is the site for you.

Didyouknowblog.com

Did you know that "Ancient Roman spies

used urine as invisible ink to write secrets in between the lines of their official documents."

or that "frozen lobsters sometimes come back to life when thawed" or finally that "In a 14 page ruling, a Mich-

igan judged used rap verses to dismiss a defamation suit against Eminem." As you can see, this sight offers interesting, useful and sometimes completely useless information that most normal people don't know or really need. That being said, once you start browsing through them you just can't stop.

These websites off an escape from the otherwise tedious return to classes, and offer a way to maintain your sanity. After all just because your back in school it doesn't mean you have to do anything.

***Editors Note:** The author is 28 years old, single, and living with his parents, following his advice is not something I would advise.



What's going on at NAITSA?

The 2013 Fall semester is already among us and we're all very excited to have the students back! The NAIT Students' Association (NAITSA) has a lot of exciting events coming up over the month of September, so you can bet there will be something for you to enjoy!

Our first events of the year are the Pancake Sundae Bars. Come down on Sept. 4 to the area under the pedway between the HP Centre and Spartan Centre to enjoy some delicious pancakes. Pancakes would be boring without some toppings, wouldn't they? Well aren't you in luck. We've got



NAIT STUDENTS' ASSOCIATION

fixings like ice cream, gummy bears, strawberries, chocolate sauce and more. The same event will be happening on Sept. 5, except this time we'll be outside the Tower building. How will you dress your pancake?

Next up, we have the Eskimos Tailgate Party. Join us on Sept. 6 in the Nest parking lot for an awesome pre-game party filled with a live DJ, face painting supplies to deck your face out in green and gold, and plenty of drinks to be had! Later that night the Eks take on the Calgary Stampeders at Commonwealth Stadium so we'll have buses taking people to the game to further enjoy the festiv-

ities. We hope to see you there!

Finally, our biggest event in September is the Pirate Party. Board the Edmonton Queen Riverboat on Friday, Sept. 20 for an evening of great music, awesome prizes and even better company! We'll start the party in the Nest at 4 p.m., followed by a bus trip over to the Edmonton Queen at 6:30. Tickets are limited so get them while you can. Arrrr

you ready for a good time?

We have plenty more events coming your way throughout the year, so make sure to check out naitsa.ca or follow us on Facebook, Instagram and

Twitter for more details!

Aside from events, NAITSA also offers various services to make the student experience that much better. Two of the biggest features we offer are the U-Pass (Universal Transit Pass) and Health and Dental coverage. To get a full understanding of both services, please visit naitsa.ca.

Lastly, the Clubs Centre is another great initiative for students to get involved in. Clubs allow students to gain real-world experience while continuing with their studies. Clubs of all sorts are available to join, and if there isn't one that piques your interest, you're more

than welcome to form your own. To learn more, visit naitsa.ca/clubs or stop

by the NAITSA office (E-131) to speak to our wonderful clubs people!



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Sour note for music plans



CHRIS FIGLIUZZI
Assistant Entertainment Editor

As some of you may know, and even less of you care, I wrote for the *Nugget* a lot last year covering everything from local music to non-local music and most importantly to getting drunk on St. Patrick's Day. Somehow this afforded me the opportunity to tell you all about my summer, mostly because most others were quicker when dibbsing out ... since when have you had to touch your nose? As you probably don't know, or care, I love music and so much of my summer plans revolved around it. A trip to the Billboard Awards in Vegas, a trip to Keloha, a trip to Osheaga and then finally Sonic Boom. A music lover's fantasy.

My dream city

To make matters even better, I landed an amazing job working at NOW! Radio just before I was supposed to leave for Vegas. Don't worry, I told them about the trip and they scheduled my first shift for after Vegas ... assuming I came back alive. Vegas is my dream city. I spent the better part of a year living as a semi-pro poker player (poker paid for all my stuff

... I just didn't have nice stuff), I have qualified for the World Series of Poker main event twice (cashing out once) and I just have a general love affair with gambling ... and free booze. Now they say "what happens in Vegas stays in Vegas" and I am not about to disrespect that rule, god knows my money definitely abided by it this time, but I will tell you the Billboard Awards were awesome and entertaining as anything I have ever experienced if you get the chance go.

Missed Keloha

Like I said earlier, I got an awesome job working at NOW! Before I left and they graciously allowed me to start after I got back from Vegas. So that is what I did. I worked ... exciting I know, but I had Keloha in sight and I was getting pumped to go and catch some amazing music. This was up until I was promoted. This was very bitter sweet on the one hand "Yay promotion! More money!" while on the other hand "damn it! Now they want me to work during Keloha." Needless to say I missed Keloha ... stupid work having faith in my abilities. On the bright side though – money!

Next up ... more work. I know many of you (read-the one guy reading this instead of braving the line at the book store) are thinking didn't you do anything in between? To which I respond I did not ... and why are you spending so much time thinking about me, it's weird, stop it ... unless you're a female, then carry on? Where was I, oh right, work. I was doing it. Again though, eye on the prize Osheaga was coming up and I was stoked. I already had it cleared. I had time off and was

spending a week in Montreal getting into as much shenanigans as my inability to speak French would allow.

Unfortunately, I was sideswiped. One week before I was scheduled to leave, I suffered a seizure and was hospitalized for four days. It was unpleasant. Osheaga was gone, no longer would I be able to go enjoy the music and get frustrated by the language barrier. The really scary part though during days two to four ... when the doctors couldn't decide what caused it. You know you're in trouble when you hear the doctor audibly go "huh?", worst case scenario though, I figured they'd name it after me and I'd be famous ... chicks love famous guys or so I am told. Obviously

they did figure it out since you still have no idea who the hell I am. As an added fun bonus though it was recommended that I move home with my parents until my body gets used to the new medication, no it didn't get me high just dizzy and confused ... which is kinda the same thing.

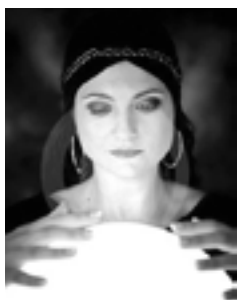
So that is where my summer left me. I managed to enjoy a trip to Vegas (yay), get and keep a job (yay), miss two music festivals (boo!), survive a seizure (yay?), and move back in with my parents at the age of 28 (I can feel the judgment). Of course I am writing this with about two weeks left in the summer so there's still time for that to change. I mean I do still have Sonic Boom.



lastgangentertainment.com

THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

August 22-28

(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Virgo (Aug. 23-Sept. 22)

You need to treat your personality like a glass house. Let people see who you really are. Invite those you want to stay in.

Libra (Sept. 23-Oct. 22)

For the next week you are going to be very busy. It's the start of a new you.

Scorpio (Oct. 23-Nov. 21)

Walk a trail with no end in sight. Take in the surroundings. Let the journey find you something new in yourself.

Sagittarius (Nov. 22-Dec. 21)

Some things you do for money. Some things you do for free. Right now, those things you do for free will push you ahead.

Capricorn (Dec. 22-Jan. 19)

A day is only 24 hours. How you spend those hours does affect what you have to do tomorrow. Get things done before tomorrow has 48 hours of work.

Aquarius (Jan. 20-Feb. 18)

You're scared of the unknown, but nothing ventured is nothing gained. Jump with your eyes open and you will land on your feet.

Pisces (Feb. 19-March 20)

Hold on to your money. You will need it within a few weeks.

Aries (March 21-April 19)

What was once old is new again. Take this chance to reinvent yourself.

Taurus (April 20-May 20)

The time is coming for you to

make a choice. You are going to get many opinions from those around you but trust yourself..

Gemini (May 21-June 21)

Life is moving faster than you want but keep racing. Soon you will catch up and life will seem at pace.

Cancer (June 22-July 22)

Close your eyes and really think about what's important to you. Visualize what you need and let go of what's holding you back. If you can't let go, you won't move forward.

Leo (July 23-Aug. 22)

You have been questioning if your ready for centre stage. You are but you have to let go of your doubts before you can shine.

Nominations open

August 19 - September 30 @ 4pm

Become a **student senator**
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The NAITSA Senate is comprised of 18 student representatives at NAIT. They meet 10 times throughout the school year (October through April) to discuss and make decisions on issues that concern NAIT students.

For **more** detailed **information** and to hear our stories please **visit us online** at naitsa.ca/senate

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WHAT IS U-PASS?

U-Pass is a mandatory transit program for post secondary students, granting access to Edmonton Transit, Strathcona County Transit and St. Albert Transit.

U-Pass is mandatory for all credit students at NAIT with the following exceptions:

- Apprentices
- Students who take all of their classes online

All qualified students are automatically charged a U-Pass fee for the Fall & Winter terms.

HOW MUCH DOES U-PASS COST?

For the 2013-14 school year U-Pass will cost \$147.50 per Fall and Winter term. U-Pass offers significant savings for students who take transit, as the cost of a post secondary bus pass for 2013-14 would total \$324.00 per semester.

HOW DO I GET MY U-PASS STICKER?

In order to collect your U-Pass sticker you will be required to provide your valid NAIT student ID card to the U-Pass booth at the start of each term and contact the NAITSA office thereafter.

South Lobby Kiosk - weekdays August 19 - September 13, 2013 (fall term)
Monday-Thursday 8:30am-6:00pm, Friday 8:30am-4:00pm

WHICH STUDENTS MAY REQUEST A FEE EXEMPTION FROM U-PASS?

Transit Staff / DATS / SCAT / HANDIBUS

- Students with a valid staff card from Edmonton Transit, Strathcona County Transit or St. Albert Transit
- Students who have a valid DATS/SCAT or St. Albert Handibus registration card

Bring your valid NAIT student ID card and valid identification card from one of the above stakeholders to Leanne Mills at the NAITSA office, Room E-131.

Students must be enrolled in the Fall and/or Winter term, prior to the opt out deadline.

Fall Term, September 27, 2013 deadline | Winter term, January 31, 2014 deadline

PRACTICUM STUDENTS & OPTING OUT OF U-PASS

Students on practicum 8 weeks or longer and who are outside the service area of Edmonton, Strathcona County & St. Albert may be eligible to opt out.

Opt out online @ www.naitsa.ca (see website for a complete list of requirements & process)

Each Fall and Winter term is treated as separate and U-Pass opt out requests must be submitted for each term of eligibility.

Students must be enrolled in the Fall and/or Winter term, prior to the Opt Out deadline.

Fall Term, September 27, 2013 deadline | Winter term, January 31, 2014 deadline

Eligibility is assessed to correspond with the dates that appear on the U-Pass sticker, i.e. Students must be on practicum for 8 weeks or longer between September 1 to December 31 and/or January 1 to April 30.

Dark side to kids' books

By CHRIS FIGLIUZZI
Assistant Entertainment Editor
@chrisfigliuzzi

We here at the *Nugget* care, at least that's our story and were sticking to it ... get it, story, and we're a newspaper? Classic! Moving on as a former Grade One teacher I can tell you that kids love to read and being read to. This is great. Reading lays the ground work for a children's creativity, vocabulary and comprehension skills; all of which will help them achieve future success in anything they pursue. With that in mind, it is important that we all make an effort to ensure that the material that kids are reading is age appropriate and not something that would send the wrong message to these young impressionable minds. It is with this concern that the *Nugget* has decided to provide the service of reading and reviewing various children's books to ensure that they are age appropriate and not sending any messages that can be taken in the wrong way by these young impressionable minds.

A classic

To show you just how committed to this cause we are I figured it would be a good idea to start with what is easily the biggest name in the kids books, Dr. Seuss. Specifically Dr. Seuss's *Green Eggs and Ham*. This is seen as a classic in the world of children's literature, literally a standard that other books strive to achieve. At first glance, it simply seems to be a book about a someone stubbornly refusing to try something new despite the efforts of another individual, highlighting the importance of keeping an open mind and being willing to try new and different things. Is that really all that it's about, though?

The first and most obvious problem with this story is Sam. I mean look at the whole story, it's basically Sam following this poor guy around trying to force himself, and for some reason a fox at one point,

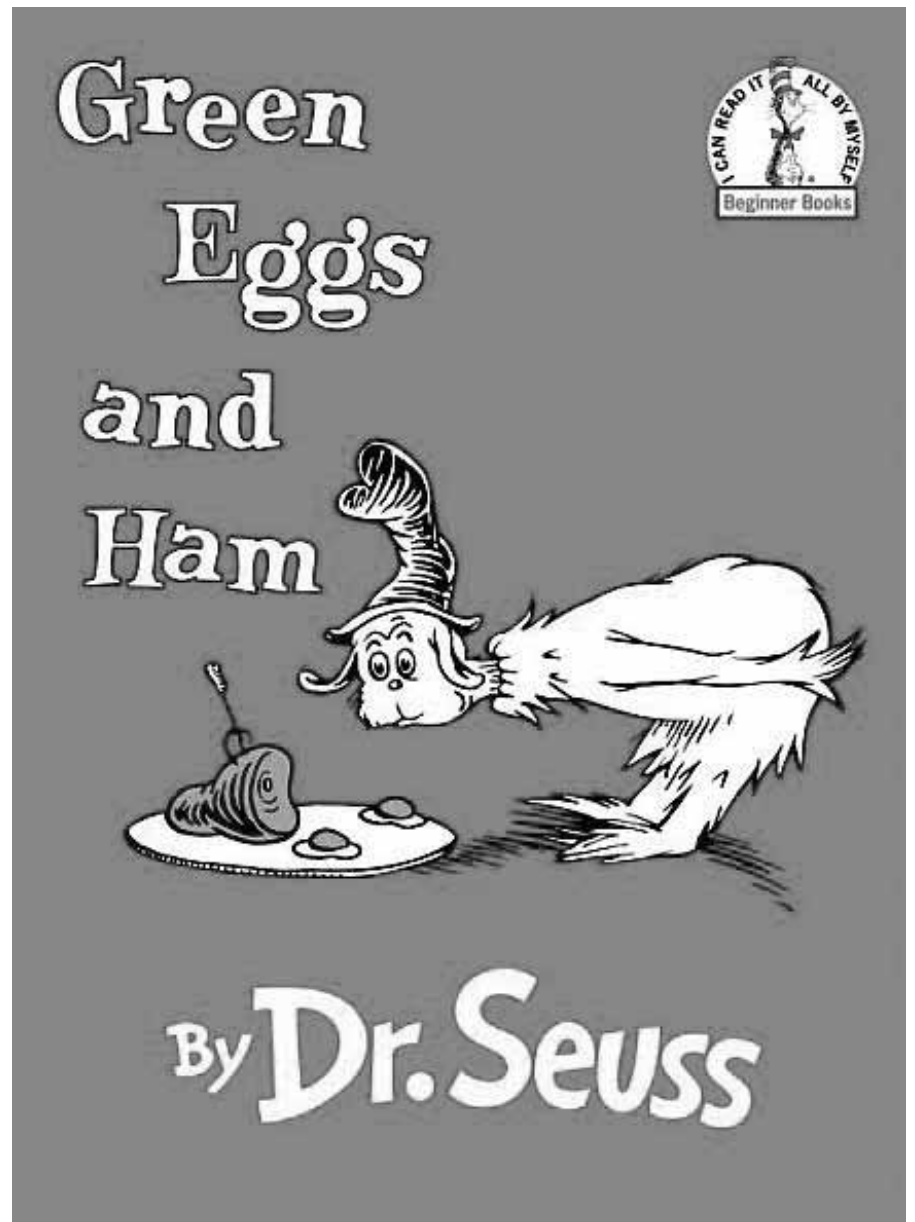
on this poor stranger despite his continued protests. The immediate consequences that I see is that the child will see it as an indication that if you don't get what you want keep pushing until you do, what you want is most important. The second thought though, and of more long term consequence, is that the child is learning to never take no as an answer. This could be good when pursuing a dream but in the bar or dating scene this spells trouble and could lead to more and more men forcing themselves on women, which just isn't right in any situation.

Cartoon logic

Next up the green eggs. Now who among you has ever actually seen green eggs, not on St. Patrick's Day, never mind eaten them? I know I sure as hell haven't, but perhaps I am taking this story too literally. Let's look at this from a different angle – the cartoon logic angle. Now usually in a cartoon green is used to indicate that a food is spoiled or bad no matter what the food is. Following this logic we can assume that Sam is trying to push off his unwanted/bad food on this stranger. Personally I feel like this is a metaphor for how we as a society in the west treat those in developing third world countries. We send them our castoffs, all while convincing them that it's what they need, I mean, sure, we occasionally send a legitimate aid effort, the ham, but for the most part we simply push our castoffs on them, the green eggs, in an attempt to seem charitable and caring.

"But Chris, this is simply two individuals, how can it be a discussion of global politics?"

Well, for starters, the main character's name is Sam, an obvious reference to the USA's Uncle Sam. While the second, and equally important character, is never even given a name, making him almost a second class character. This character



ter centric view is exactly how we in the West often view the world, with our blinders on towards the plight of anyone or anywhere else.

All in all, I think it's easy to see that while entertaining, *Green Eggs and Ham* also possesses some serious and potentially dangerous lessons for our kids. Can it still be read and enjoyed?

Of course, but it should be done so with knowledge of what lessons are really being preached and should be enjoyed while explaining why some of these lessons are not to be condoned or listened to. After all, at the end of the day it is our responsibility, not a book or TV's, to ensure that our kids grow up to be the best that they can be.

Dr. Nugghead has the answers

Dear Dr. Nugghead,
How do you deal with anger and stress?

About to blow up.

– gamingman48

Dear Gamingman48,

First off, I want to say that I have been in your shoes before. There was a dark time in my life where everything came at me at once, more than I could ever handle. This is commonly known to most people as "college." After about a month of putting up with classes, it just broke me because I had no idea how to cope with it. That dark day I ended up pushing a lot of good people away who tried to help me, I gained 18

pounds, and I started to feel that life was pointless. But four hours later I watched a movie called *Hot Rod* (the 2007 version) and saw a scene that forever changed my life. In this scene, Rod (played by Andy Samberg) goes to a forest to relieve his stress. How does he do it? By punch dancing to "Never" (by Moving Pictures) and doing a bunch of flips. It was during this moment that I learned much safer alternatives, such as using your energy to work out, slowly trying to break a jawbreaker with your teeth, hitting a punching bag or even mowing your elderly neighbours lawn (their smile will make you feel better, plus they usually give you a couple of homemade cookies). Now, it's most effective to

do this all at once, but if you can only do it one at a time, I understand. Baby steps.

...

Dear Dr. Nugghead,

A former co-worker called and asked for a favour. When he was with the company, he (ahem!) "borrowed" some old office equipment from storage. He now wants me to return it for him. What should I do? Put it back? Inform my boss?

– Desperate for help
Jake

Dear Jake

My advice would be to kindly deny his request, and here's why: What would happen if your boss found out that you knew about the stolen equipment? Then

your job could be on the line and you could be held criminally responsible for his actions. In this scenario, I'd say the best thing to do is tell him to come clean, pronto. A true friend would never ask you to do this – don't risk getting wrapped up in it.

...

Got questions? Need advice? Thought of something cool but don't know who to share it with? Then send 'em to the good doctor! Starting at rates as low as \$0.00, you can have personalized answers in as little as a week! Just submit them online to www.thenuggetonline.com and then tune in to the next issue of the NAIT Nugget.

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Friday, September 20

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 Bus leaves for Riverboat @ 6.30pm*

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4

MOVIE REVIEW

Horror – Canadian style

By DARTANION JOHNSON

@Dartanionj

American Mary tells the story of Mary Mason (played by Katharine Isabelle) a medical student struggling with bills and demoralized by the field she has chosen. In a money crunch she turns to the world of stripping. Resume in hand she auditions to be a stripper but things take a turn when she's asked to save a criminal dying from flesh wounds. Mary declines the request until loads of hush money is thrown her way. She sews up the man and vows never to do anything like that again.

Next morning Mary is hounded down by Beatrice Johnson (played by Tristan Risk), a plastic surgery addict who has recreated her likeness to Betty Boop, to offer Mary a new "cosmetic" job. Mary quickly rises as the best body modification surgeon, but at what cost?

The film was written, produced and directed by Canadian twins Jen and Sylvia Soska. Their first film, *Dead Hooker in Trunk*, led to some reviewers pointing out these were girls to watch. So how was their second film? It was much like movie popcorn. Some of it was hot, some cold, some parts were salty, others bland and before you know, it's gone or in this case, over.

The movie had a great premise that's not generally explored – the world of extreme, and I mean extreme, body modifications. Sadly though, the camera pulled away from most of the surgeries. This is a little odd seeing that the movie is carried by her clients' wants. For what was shown, the prosthetics were done very well, especially in a Barbie surgery scene and one that involved revenge on a professor.

The movie was really carried by the striking Canadian actress Katharine Isabelle, who starred in the Canadian horror



Katharine Isabelle in *American Mary*

series *Ginger Snaps*. Katharine has this ability to switch from girl-next-door to scary within seconds. You can't take your eyes off her because she plays Mary in this intelligent, quirky way, which could have been played cheesy by a lesser actress. The supporting actors also played their parts without ever crossing that line of mocking the culture behind body modification.

The weakest part of the movie was the writing. Characters were underdeveloped or weren't developed at all. One part has Mary attacking a girl at the strip club with little-to-no reason other than to fill time, I believe. A scene involving a security guard is unexpected and sticks out like a sore thumb. Another character has a huge part in the film's ending but is only seen briefly minutes prior. For how much this character affected the

end we needed more than the occasional mention and the three minutes screen time.

The ending was the biggest disappointment, though. I feel like the Soska sisters didn't know how to end it. The ending seemed short and too convenient. For how strong the beginning was and how well the middle kept you entertained, the ending left you saying, "That's it?" I still feel that even though this movie is flawed, the acting, amazing cinematography and the unique plot are reason enough to check out this Canadian horror. The Soska sister's next film is the WWE sequel *See No Evil 2* slated for next year.



TIP OF THE WEEK FROM NAIT PROTECTIVE SERVICES



On behalf of NAIT Protective Services I would like to extend a warm welcome to all NAIT students, staff and faculty to another academic year.

NAIT Protective Services employs full-time Community Peace Officers to assist with all your security needs and aid in any emergency situation. Our Service assists over 80,000 students and staff over four major sites and various leased spaces within the metro Edmonton area. NAIT Protective Services adheres to a philosophy of community based policing. We value our ability to connect with the community we

serve by practising this philosophy each and every day. In these challenging times we continue to work towards being a leader in our industry.

The management and staff are dedicated to providing quality service to our campuses. Our employees are eager, enthusiastic, and place a high priority on integrity, service and professionalism. The dedicated men and women of this department focus on building partnerships with our community so together we can develop long-term solutions to problems. The men and women of this Service

are the most valuable resource that we have. Without properly trained, sensitive and dedicated people we could not provide the level of service our community has come to expect. We plan to ensure that the members of NAIT Protective Services receive the skills and knowledge needed to maintain high quality service for our community.

The members of the NAIT community have a big role to play in helping our Peace

Officers to be as efficient as possible and to provide more timely and equitable service. Help make our community a safer place for everyone to enjoy by reporting any suspicious or criminal activity you encounter on campus.

I am very proud of our people and their dedication to this great diverse community and look forward to the coming year.

Jerry Hove, Manager,
NAIT Protective and Parking Services



Serving students



Who ya gonna call?

Academic and personal concerns – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

Housing – Online housing registry at www.rentingspaces.ca

Injury, minor medical concerns – Health and Safety Services, 780-471-8733, Room O-119.

NAIT Security – 7477.

Part-time campus jobs/volunteering – Go to www.naitsa.ca under "Get involved."

Scholarships, bursaries – Student Awards Office, 780-491-3056, Room O-101.

Special needs students – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.

Student loans, grants – Financial Aid Office, 780-491-3056, Room O-111.

Great work by local outlet

By **CHRIS FIGLIUZZI**
Assistant Entertainment Editor
@chrisfigliuzzi

As a lot of you know, and even more of you don't, I wrote a column last term that featured many of Edmonton's rising artists, venues, and ... actually that's about all we looked at. This semester I will be reviving the blog and hopefully your interest in some amazing local performers, venues, and everything that they have to offer. This term I'd like to kick off the column by featuring a growing voice in Edmonton that is doing this exact same thing, I know I know your sitting there thinking "but Chris, no one exposes the talent Edmonton has to offer like you do ... and you're so handsome while you do it to if only this was television and not a newspaper."

Sorry, lost myself for a moment there, like I was saying, there is a voice quickly gaining notoriety for bringing Edmonton talent to the forefront, I am of course talking about the Internet radio station guerrillaradio.ca.

This station has taken the initia-

tive to highlight many of the amazing bands that Edmonton has to offer through a combination of air play, interviews, music videos and concerts. The effort that this station has put into bringing talented acts to the forefront is not just admirable, it's downright commendable.

This station, while not traditional terrestrial station, has already put on countless shows at Mercer Tavern, The Tavern on Whyte, and The Brixx Bar and Grill highlighting some of the bands based in and around our city. Of course, guerrillaradio is far from focused on just one genre though, promoting Hip Hop in the Park, Party in the Hood, and the rise of DJ Jordan "Illikon" Robinson. By teaming up with various venues around the city

they are providing some amazing acts the chance to display all that they bring to the table.

This, of course, is far from all that this remarkable station is doing for local artists. If you take a moment, and I highly suggest you do, and log on to their website, www.guerrillaradio.com in case you missed it earlier, you will find a collection of local music videos on display. These are all music video created by local bands, further allowing visitors the chance to check out artists they may not have otherwise heard about.

It doesn't stop there though, no this is a station focused on all forms of Edmonton art, be it musical or a more visual medium. That's right, Guerrilla Radio also offers visitors the chance

to check out their growing collection of both canvas art and street art. The street art section really is incredible with videos showing the artists' processes from start to finish, allowing you to witness them transforming the mundane into something truly spectacular. Their canvas art section is no slouch either, showcasing some of Edmonton best with amazing eye catching, attention holding pieces of work.

It is very evident that despite being relatively new to the scene Guerrilla Radio is here to stay, bringing a long overdue nod to Edmonton's rapidly growing arts scene. For far too long, Edmonton has lacked a station willing not only to embrace local artists, but to go out of its way to ensure that these artists are afforded the opportunities they so desperately deserve. Thanks to Guerrilla Radio, Edmonton will lack this no more. For more information on Guerrilla Radio, check them out on their website www.guerrillaradio.ca, and, as always, if you are in a band, artist, comedy team or venue that demands attention, shoot me an email at chrisfigliuzzi@gmail.com.



The dialogue's a disaster

By **CHRIS FIGLIUZZI**
Assistant Entertainment Editor
@chrisfigliuzzi

Somehow they made me an editor. Those that read my work last year no doubt remember the inane rambling, terrible jokes, and occasional references that no one that sees the sun on a regular basis would understand. My being an editor means you get to enjoy all that again. Meanwhile, I get to write more and have the added bonus of suggesting articles for me or others, hence forth known as minions, to write ... bad choice, *Nugget*. So naturally I decided to test my limits with this new found power right off the bat and suggest some ridiculous articles for the first issue thinking they would never ever accept them ... I was wrong. This means that I have more writing to do, and you have way more of my articles to avoid. If you haven't noticed I am avoiding introducing this article partially because I don't know how to and partially because ... well you'll see. So without further ado, mostly due to the fact that I ran out of stalling techniques and ideas, I present the cinematic analysis of *Capri Cavalli-Sport Coach*. Produced by Naughty America, starring Capri Cavanni and Danny Wylde and available for viewing at fantasti.cc.

Capri Cavalli-Sport is the story of Danny, a recently promoted and stressed out office worker looking for some form of exercise to help alleviate said stress and Capri, a sport coach, (whatever that is) running an executive sports centre that looks a lot like a

house ... with no sports equipment or facilities of any kind. I was expecting some sort of display of athletic prowess, instead what I got was 27 minutes of head scratching and yelling at the monitor.

The acting in this movie appears to be very forced, with no chemistry between Danny and Capri at all. They start out by stumbling over their words, avoiding eye contact and just seemingly overall awkward around each other. It's almost as if they hadn't had time to look at their characters and understand them. I will admit that eventually the chemistry does seem to pick up around half way through the movie and this is where I truly start to feel connected to these characters, and though I would have liked this earlier in the film, it still was nice to see them get into it.

The dialogue, on the other hand, starts out bad and stays there for pretty much the entire film, with lines being repeated, rushed, or just completely un-understandable. Maybe this goes back to the shoddy character development and them trying to find a pace throughout the movie. No matter what, as result, I found it distracting. On another note, I don't know if this was the writers or the producer but at the end of the day someone should really have done some research into what an executive sports centre looks like. I mean, how am I supposed to believe that they are actually in an executive sports centre if the only thing even resembling sports equipment is a yoga mat.

Which actually brings me to my next



michaeldoraus.com

Capri Cavanni

point. What kind of sports coach, again not too sure if that's a real common thing, guy spend five minutes on research, lies down and exercises in front of the client? He was the one there to relieve stress and yet she is the one doing the exercises. Eventually she does get him to do some stretches but then immediately removes his clothing, I don't think he needed the mobility, he was doing fine.

While we're on the subject of wardrobe, what the hell? I mean each character has one outfit, Danny is out of his in the first five minutes or so and Capri is falling out of hers almost from the start. Again I know it takes time away from filming but would it

kill you to measure and make sure you have the right-sized outfits?

Of course, after this some other stuff happened but to tell you the truth I had completely blanked out at this point. I mean between the inaccuracy of the setting, the lack of imagination in the dialogue, the terrible costume choices and, of course, the title "Sport Coach." Twenty bucks to anyone who can tell me what that is. There was just no way that this movie was viewable. Overall I would have to give it zero basketballs out of five ... hopefully this can be a start to building a real executive sport centre.



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