

THE 50-YEAR TIME CAPSULE ISSUE

THE

NAIT **NUGGET**



Thursday, March 28, 2013
Volume 50, Issue 24

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YOUR STUDENT NEWSPAPER FOR 50 YEARS, EDMONTON, ALBERTA, CANADA

TOP MODEL CHOSEN

Business student Julie Levitan wins NAITSA contest, Page 17



FINAL THREE

Julie Levitan, right, NAITSA's Next Top Model, poses with runner-up Chris Figliuzzi and Inae Choi at the Nest.

Photo by Chad Steeves

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NEWS & FEATURES

City pinning its plans on LRT



SARAH STILWELL
Issues Editor
@sarah_stilwell

As part of the Nugget's 50th anniversary-time capsule issue, the editors have written columns addressing readers at NAIT 50 years from now. This is Sarah's:

If you were wondering about what big things happened in the news in the 2012-2013 year, a lot of it has to do with the City of Edmonton and always wanting to build things. Right now, because we're Canadian and because we like hockey, we're trying to build a new arena. We're always building things and advancing our city's infrastructure or something like that. In fact, I don't think I've ever seen downtown Edmonton without some kind of big construction going on. Let me know if that's any different in the future.

Today, for this very special issue, I want to discuss Edmonton's transportation system, the LRT (Light Rail Transit) in particular. I wonder if you guys in 2063 will still find a use for it.

By next year, Edmonton will complete the NAIT LRT line, which I think will make it

a heck of a lot easier to get to school. Again, I don't know if you will use this, but let's hope that somebody, somewhere, at sometime finds it useful. It will be completed around the time that I'll be all finished here. Figures.

Earlier this month, Mayor Stephen Mandel (who will celebrate his 117th birthday by the time this issue comes out) announced a new LRT line that will stretch from Southeast to West Edmonton, covering a total of 27 km with an estimated ride time of 60 minutes. This line will connect with the two other lines at Churchill square.

I'm interested to see how this project turns out. It will be completed, at the earliest, by 2017. The total estimated cost of the project is \$3.2 billion. It will cost the city \$1.8 billion for the Mill Woods to City Centre leg of the LRT.

A few federal and provincial big shots came to the announcement of the new LRT line and they all seemed really excited about "the largest P3 (Public Private Partnership) to date." The feds are forking over up to \$250 million for the project.

What I don't get about the project, however, is the fact that they want to put an LRT in the middle of downtown Edmonton, all of which is supposed to be on street level. I would have less to say about it if it were scheduled to be built underground. My issue is that a street-level train is scheduled to be built in downtown Edmonton.

Currently, there is always building construction and it's hard enough driving downtown during rush hour traffic. I hate it so much that I actually give up my car for the school year. Driv-

ing through all that construction is not worth the headache.

Though public transportation is currently taking over the world (and Edmonton is rather far behind on that), Edmonton is still made up of quite a few regular drivers and commuters. We are a driving community and we have a hard time saying goodbye to our cars.

Another thing that the expansion will do is turn Churchill Square into a major transportation hub. All of the LRT lines will be connecting there. Currently Churchill is a major arts area in Edmonton. The Citadel Theatre, Art Gallery of Alberta (AGA), and the Winspear are all close by, not to mention the Three Bananas Cafe, one of my favourite breakfast spots in Edmonton.

I love Churchill Square for what it is right now, a quiet place where on the average Sunday morning I can walk around before I stop by Three Bananas for a latte or where I can see the sea of pink that Run for The Cure brings in every September to raise awareness for breast cancer.

I know, I know – I'm crazy and get anxiety over things that will undoubtedly change. Whatever. If this LRT does go on the way that it's intended to, I wish it the very best.

Some huge changes are taking place in Edmonton over the next five or so years, but I'm anticipating many, many more projects from now until this issue is reread in 50 years when the capsule is opened. I've stayed away from saying anything about flying cars until right now, so this article is already much less cliché than I thought it was going to be when I started it. Happy five-oh, NAIT, and many more!



erausa.org

LRT train

Nothing but opportunity ahead



JOSH YAWORSKI
Assistant Issues Editor
@actuallyjosh

As part of the Nugget's 50th anniversary-time capsule issue, the editors have all written columns addressing readers at NAIT 50 years from now. This is Josh's:

Hello Issues Editor of the future,
How are you? What's it like out there? Do you have to dodge Morlocks as you run through the night? Is there a DisneyMoon yet and is it awesome? Are the Jetsons still a tease, hinting at technology that should be around by now?

I wonder if your time is less likely to buy into infantile ideas of the end of the earth or perhaps it has already happened, so you all got bored of the idea. I lived through so many supposed raptures and Y2K disasters I almost want one to happen. And when we

look back at the last couple of decades it's almost a surprise it hasn't. Even the very year NAIT opened we were in the midst of the Cold War while France and West Germany finally ended 40 years of aggression. Since then we've seen near constant war in one territory or another, from the Middle East through Vietnam. We've seen acts of terrorism, genocides and so many transgressions against human rights. We are right now watching while millions starve, and thousands reel in millions of dollars profit. The last decade showed us that even the First World isn't safe from the greed of corporations, as banks were bailed out by the people, only to have the banks turn around and foreclose the peoples' mortgages.

All of those things are in our news, so they seem distant and beyond our own scope. But what about here in Alberta? We elected a woman premier (Alison Redford) who guaranteed a priority for education, but didn't tell us that that would be at the expense of our healthcare. This province was once the dream and now we have people dying on our surgical waiting lists. She promised us no PST (provincial sales tax), and then ignored bitumen futures in the creation of her budget, effectively creating a deficit that can only

be rectified with a PST. Has the XL pipeline come through yet, future NAIT *Nugget* editor or are the governments of Eastern provinces still creating flash games against it, while half-baked Californian activists protest a massive stimulus to their own economy?

And how is Edmonton? Do neighbourhoods still have to take back their communities by boycotting stores that sell machetes to 12-year-olds, or is there finally an effort being put into the protection of our citizens and of our city? Are people using all the new transit services or are they mostly ignored in favour of reckless driving? Does one of the richest regions of the country still cut funding for essential services like YESS (Youth Empowerment and Support Services) while discussing a half-billion-dollar arena? Do future Edmontonians still walk past the homeless on Whyte Avenue so they can spend \$10 on a Redbull in a bar?

Do you ever have any privacy, future editor? At the pace that we have gone in the last decade, I imagine that by now you have Google and Facebook implanted in your brain, and you have to pay Warner Bros. if one of their characters show up in your dreams. Is there such a thing as childhood anymore or do you just give the babies

iPads and let them grow up on that. Are kids allowed to play on playgrounds or are they too dangerous? I imagine that you're allergic to everything, seeing as how you probably weren't allowed outside of houses and vehicles until you were 12.

No matter what life is like in your when, I want to apologize for it. If any of the above hasn't changed, that means my generation failed. We should be the ones that stop all this nonsense and I promise you, some tried. So please don't give up. Everything is up in the air, it always has been, so find the priorities and pull them down. Remember that the definition of humanity is in altruism, not greed. Remember the power of a smile in the face of a dark day and see the opportunity in things that are real. There is an honesty in working with one's hands and I imagine that it's been lost by your now. So find an opportunity to stick your hands in the dirt and learn from those roots. You can follow everything down to its roots and if you ever want to create change, that is where it must be done.

If you're sitting where I am right now, that means you have nothing but opportunity in front of you. Wrap your mind around your own potential and then use it. This is only the beginning.



blog.cleveland.com

New VLT regulations will let the government appear to actually be doing something to help prevent gambling addictions.

OPINION

A gov't shell game

By CHRIS FIGLIUZZI

I am a gambler by trade. When someone asks me what I do, I can say that I am a semi pro gambler, which basically means gambling pays for everything I own ... I just don't own very nice things. My personal specialty is blackjack and poker, in fact, my poker ability has taken me to the main event of the World Series of Poker and even earned me minor whale status at a couple of Vegas casinos. In addition to this, I spent over a year working as a mystery shopper for a couple of casinos in both Alberta and B.C.

As you can see, I am quite familiar with casinos and gambling in general, so naturally when I was approached to write about the new changes to slot machines implemented by the province, I declined. Eventually though the editors managed to con-

vince me to write this article, which meant I actually had to look into what changes have been implemented.

Basically the "major" changes boil down to a person only being allowed to put \$100 into a machine at one time and machines are now giving the player the option to set a time limit of between 30 minutes and two hours. I'll admit that after first reading this I was quite happy that the province was stepping in and actually trying to do something to help curb problem gambling. Then I started thinking about it though, and about the fact that they are spending well over \$180 million to implement these changes.

This left me wondering – have they really done anything to help curb problem gamblers or have they simply put lipstick on a pig? By putting the decision as to whether to turn on the timer

solely in the hands of the user, you have virtually guaranteed that the people that need it most won't use it.

As for the \$100 maximum, that just seems like it's there to inconvenience people. When you see people playing the slots you often see them playing two machines at the same time. In addition to this, people that play the slots feed the machine at nauseam and the fact that they have to do it \$100 at a time isn't going to stop them. In reality, these new implementations are nothing more than a desperate attempt by the province to appear to actually be doing something to help prevent gambling addictions. Personally I would have spent the \$180 million elsewhere on roads, schools, or hospitals, or would have, at the very least, implemented changes that would have real lasting effect.

Crystal Kids reaching out

By DARTANION JOHNSON

@Dartanion

Crystal Kids is a non-profit youth centre that helps kids that come from broken homes, violence, poverty and the sex trade to find a safe place to recover and grow. However, a massage parlour is planning to move in next door and that is causing a problem for the centre.

For over the last 20 years, Crystal Kids has been on 118 Avenue trying to change the lifestyles of these at-risk children. The centre offers many programs, including sports, food and reading programs. The children are aged between six and 17. More than 70 per cent of the youth at Crystal Kids are First Nation Status or Non-Status aboriginal, which statically are highly sought for the sex trade in Alberta. Others are immigrants with a language barrier, which leaves them vulnerable to gangs, drug dealers and the sex trade. Having a massage parlour only 10 metres away

from the centre puts all of the kids at risk of being recruited into the sex business or being propositioned by clientele.

Miri Peterson, the executive director of Crystal Kids, doesn't want their work with these youth threatened.

"We intentionally mentor, support and nurture at risk youth. Children that suffer from broken families and parental neglect, they're at high risk for risky lifestyles so we do everything here with the intentional purpose of mentoring them out of high-risk lifestyles and supporting and nurturing them. One of the primary things we do is feed them.

"We support their literacy needs and they get to have a lot of fun while they are here. It looks like a lot of fun but it's actually intentional mentoring at every level of programing here at Crystal Kids," said Peterson.

"(NAIT) students are welcome to become a

volunteer after passing a screening process. You can participate in one-on-one mentoring, playing sports, literacy support and all kinds of different opportunities here," she said.

For years, efforts have been made to rejuvenate 118 Avenue.

"The situation is that there has been a development appeal application made to open a massage parlour just next to us here and of course that's just something we just can't allow to happen. So if students want to get involved they can help us fight that development appeal application," says Bryan LaFleche, Crystal Kids president.

The online petition is at www.change.org/en-CA/petitions/no-body-rub-parlour-next-to-youth-centre. With only a few more signatures needed, Crystal Kids is looking for the support of the community and NAIT students. The hearing at the Edmonton Subdivision and Development Appeal Board will be taking place on April 4.

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The deadline is noon on the last school day of the week. (All submissions must include your name and student ID number.)

The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general?

Get those thoughts into print.

Keep them short and to the point. No more than 100 words. Hell, we're a newspaper not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name.

It's all good. Getting something off your chest is downright therapeutic. Write us.



Photo by Tyler Frith

Chef Chris Cosentino, 2013 Hokanson Chef in Residence, makes a point with Culinary students during a class on March 22.

The art of wasting nothing

By **DARTANION JOHNSON**

@Dartanionj

Celebrity Chef Chris Cosentino was at NAIT for the 2013 Hokanson Chef in Residence program and put on what can only be called a fun and educational experience. Working with the Culinary students, putting on a dinner experience for Ernest's guests, hosting a twitter chat and braving a blizzard was the kind of residency only Edmonton could show him.

Chef Cosentino placed students into teams and taught them how to prepare a head-to-tail dinner, which means using every part of the animal. Cosentino even goes so far as to use as much of the vegetables as possible, saying, "You pay by the pound or kilo, you might as

well get the most out of it."

He kept the chefs on their toes, constantly asking them why they were planning to throw away stems or rinds. He even suggested one should never throw anything away because if it can't be eaten raw or cooked you can usually turn it into garnish or a puree.

Not only were the students taught head-to-tail cooking (offal), they were also lectured on how to slice lemons, pick parsley, not chop it, and how to blend food so the fibres don't wrap around the blades. He told the students to ask, never assume, when they are cooking or about to throw something away. He also had them keep their stations clean and the food fresh, even replacing herbs that were cut too small.

The residency was also NAIT's first foray into Twitter chat.

"The Twitter feed was interesting" Cosentino told the *Nugget*.

"We had a lot of people asking really genuine questions," which ranged from hot topics like horse meat to the intricacies of different cuts of meat, knives and offal philosophies.

Cosentino most enjoyed the opportunity to connect.

"It allows consumers, it allows guests and it allows people who have questions about cooking to get directly to the source."

Check out the full session at storify.com/NAIT/naitchefchat.

Chef Cosentino also had time to sample

Edmonton's restaurant offerings during his stay. "I ate Tres Carnales and I was really impressed. I think I ate everything off the menu at Corso 32 and the first night I tried the Three Boars, which was a great experience."

When asked about the other essential Edmonton experience, the weather, Chris said he was prepared for it.

"I knew it was going to be cold and snowy and it doesn't scare me, I grew up in New England. But I got a sunburn before I left because it was 72 degrees Fahrenheit in San Francisco, so it was definitely a temperature shock."

When asked if he would return, he had three words.

"In the summer."

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Point Counter Point Thumbs – up or down



By JARED CARVALHO

As a devoted reader of Point Counter Point, it is an honour to be asked to contribute, but before I get on my high horse I want to wish my dear friend Josh Yaworski a speedy recovery. As a person who has broken a finger or two, I can relate to the pain and frustration that it causes. I fully believe that an injury like the one Josh sustained warrants a priority list to be made and I'll be damned if Point Counter Point was on it. Heck, I wouldn't put this as a priority if I had a paper cut. In all fairness I'm a pansy and embellish most injuries. Plus, as difficult as it is for me to say, I honestly do support Josh in this debate, even after all the Portuguese jokes he has made at my expense.

Looking back to when I broke my finger and having to type a ton of papers and essays, I was the crankiest person in the city. Mind you, I type like a T. rex using only two fingers and thumb on each hand (sometimes I even let out a dinosaur roar for good measure). I was useless and the pain was much more than just being a nuisance. I can't explain the sheer level of frustration that builds when you try to use that finger and then realize too late that you shouldn't be using it. Now imagine if your job revolves around typing (having a working thumb seems like it would be pretty important for that). So to put into question Josh's work ethic is a little bit of a low blow. He was pretty sad when he asked me if I would be able to write this article.

Lazy – hardly

I know if you look through this week's issue of the *Nugget* you may see an article or two written by him, but let's not jump to conclusions. There are certain obligations that the Assistant Issues Editor has to perform and most people (me included) would bow out of if a broken finger were put into the mix.

Debating whether or not Josh is too lazy to actually write this article is frankly a wonky argument. There is nothing wrong with having to ask for help and I am glad that he has the confidence to do so. I can understand if he would want to take a break from debating the virtues of the *Star Wars* franchise or the merits of hotdog stuffed pizza. These aren't topics that I would necessarily call hot button issues. But I guess Chris needs someone to throw his verbal jabs at to make himself feel bigger than he really is.

Amusement rides debate

Now Josh isn't really a bundle of sunshine either but at least he doesn't debate what amusement park rides Chris would be allowed to go on if he were only two inches taller. Personally for me though, I feel like it would be a solid topic of conversation.

To conclude my not so eloquent diatribe, it's disconcerting to take a shot at someone's work ethic when all they do is work hard ... OK, well most of the time. At least he is reliable. Josh has shown time and time again that he is dedicated to Point Counter Point and only in special circumstances would he not write it. Case in point is me having to try and write something interesting enough for you to read. Josh will be back in the saddle soon enough, giving you the same hard hitting journalistic tidbits that you Point Counter Point readers expect.



By CHRIS FIGLIUZZI

As avid readers of this column know I usually use this space to verbally destroy Josh and his feeble nonsensical arguments. Unfortunately though, Josh broke his thumb last week and as such decided that a break, if you'll pardon the pun, was necessary, the timing is suspicious though and I can't help but think it was broken to avoid having to suffer through another humiliation at my hands... or rather words. Fortunately for you our good friend Jared stepped in and offered to take Josh's place as my verbal punching bag.... but what could we argue about?

It should be obvious that the intention was always to argue about how Josh is really just being lazy and avoiding the verbal beat down I so regularly administer him. Josh claims that the pain he is makes it impossible for him to write anything or to even focus and function. This is hilariously in accurate though, I know for a fact that Josh was well enough to attend, enjoy, and yell through pretty much all of the Oaks hockey game on Friday, congrats on the win and the title boys. I also know that Josh has been attending all his classes and getting all his assignments done, so he clearly is still able to use a computer.

Merely inconvenient

Now, don't get me wrong. I fully acknowledge that Josh broke his thumb and that typing with one hand is a pain in the ass and terribly inconvenient ... inconvenient but not impossible. I mean sure it would have taken him more time but he made a commitment to the paper, to me, and most importantly to you the reader that he would write this column every week. He didn't make a commitment to write the article whenever it's convenient, he signed up to do this column every week. I think that Josh needs to own up to his responsibilities and write the article.

Furthermore, I can almost guarantee you that if you look through The Nugget you will find at least one other article written by none other than Josh Yaworski. So why does that article warrant Josh's effort while this one gets cast off to the side like a used tissue? Do the readers of point counter point, which is in my humble opinion the single greatest piece of literary work ever created, not warrant the extra effort?

Perhaps the best way to highlight Josh's sheer laziness and sheer lack of appreciation for you the reader is the fact that you don't even need to type to write anymore. So far I have used a voice command app to write this whole article. I haven't had to press a single key. That's right, people, we are living in the future, we don't even need to write to be a writer, you can simply start up the old Internet machine and talk to it.

In closing, Josh really could have done the article, he just chose not to. I mean ya, sure he has a broken thumb but that means there are still four good fingers on that hand ... not to mention a second fully functional hand. Besides, I am sure that Josh, like every other male with Internet access, is well versed in typing with one hand. Add to all this the fact that we have technology that allows us to simply talk to the computer and have it type out everything we're saying and there really is no reason why Josh couldn't have done the column. Then again, maybe I am just bitter that he gets a break, pun intended, and I don't.



Photo by Tyler Frith

Birth of alternate economy?

JOSH YAWORSKI
Assistant Issues Editor
@actuallyjosh

Since 2004, the alternative browser TOR has been largely used only by the paranoid, the curious or the evil. Originally created as a way users could avoid Internet restrictions placed by governments, the browser soon adopted the .onion pseudo-domain and began allowing users to access the closest thing to deep-web travelling ever available to the public.

Since then, numerous hidden servers have popped up, devoted to everything from child pornography to banned books, but recent innovations and a wider spread adoption of the anonymous currency Bitcoin has opened up another use for the onion network: an anonymous, near untraceable black market called the Silk Road.

First, some background knowledge. The deep-web is massive. It encompasses everything search engines cannot index, from non-functioning sites through advanced security systems like MILNET, the U.S. military’s own servers. Some of these sites are secure, others are not. This is also the place where is the true talented hackers live, so one must tread lightly. It is also important to note that TOR browser is if not completely untraceable, just close to it.

TOR is a uniquely useful tool as a routing service that can bypass government imposed blocks in regions like China or

during crises like the Arab Spring by forwarding network communication through other computers to mask the originator. But it also uses the .onion domain to create an anonymous hidden service reachable via the TOR network. Websites using this are given complex 16-character alphanumeric hashes generated by a public-key when the hidden service is created. By using these complex addresses on hidden servers, the services created are nearly unreachable without someone communicating the exact complicated address. It is one on one of these pages that the Silk Road is hidden.

Using Bitcoin, an Internet-only currency that is nearly untraceable and without any restrictions, the Silk Road is a black-market eBay complete with reputation ratings and reviews. Holding a moral stance against the sale of anything that can harm someone, such as stolen credit card numbers, weapons, assassination contracts or child pornography, Silk Road deals mostly in drugs, bringing in approximately \$1.2 million in drugs a month.

The establishment of morality on this website proves, in a way, that morality exists naturally in economics. If one has the ability to traffic in anything, in a place without any rules, and yet chooses to traffic only

in that which does not affect others than the intended user, it proves that a free-market can exist. Here, sellers compete to sell product to anonymous buyers at fair price without government restrictions. It’s laissez-faire economics at its finest.

If a purchaser is dissatisfied, then they may lodge complaints and, should others agree, the seller is ignored by consumers. There are no legal systems for the sellers to hide behind, no shady fine print, only buyers and sellers fairly reporting their interactions.

Silk Road is the product of ingenuity, the culmination of multiple different projects designed to ensure anonymity, security and independence. All this ingenuity for a way to find artificial joy reveals the possibility of using similar structures in the search of more noble or important pursuits. This essentially means that from this point on there is nothing that can be kept from us. We can build Net structures to give out and organize medicine, withhold information or simply send money without having outside forces intervene. If people take their money out of banks that are paying out absurdly small interest on savings while skinning their clients alive on credit card

interest rates, then maybe they will understand our dissatisfaction.

Naturally, the governments don’t like this thinking one bit. A marketplace created by the people, monitored by the people, using a currency without their taxes or restrictions is terrifying to them. But to me, I see this as the seed that will begin the creation of a worldwide currency, a currency of the people. If the want for drugs is enough to push us to create something this intricate, that tells me that when the curtains are dropped and the true controllers of our governments are exposed, the people will find a way to fight back. It has been clear for sometime the large corporations are the true controllers of the government, not the people. Lobbying groups and campaign contributions make the real decisions and, as more people realize this, more will seek ways out and services like Bitcoin or markets like the Silk Road can be that out.

The Silk Road, not Facebook, not Twitter, not YouTube is the true expression of the power of the Internet. This is the first time we have used the Internet to even a fraction of its full potential, creating a place of freedom where those with the gall can find exactly what they’re looking for.

This is only the test of the tools of the revolution, and I can’t wait to see what will come of it.



Decision on Keystone XL pending

By AMOR DARDOURI

The Alberta government placed an ad in the *New York Times* last week, presenting their opinion on why the United States should go ahead on the \$7 billion Keystone XL oil pipeline project. The ad stated that “America’s desire to effectively balance strong environmental policy, clean technology development, energy security and plentiful job opportunities for the middle class and returning war veterans mirrors that of the people of Alberta, Canada.”

The ad mentioned that the project will create more than 42,000 jobs for Americans in the construction phase, and 138,000 American spinoff jobs per year for the next 25 years. Entitled *Keystone XL: Choice of Reason*, the half-page ad cost the provincial government \$30,000. The ad came as a response to an editorial published by the *New York Times* on March 10, slamming the project.

The Keystone XL project has been a controversial issue in the last year and Surjit Rai, a marketing expert at NAIT, had much to say on the matter.

“I haven’t seen the ad in the newspaper but I think there has been a lot of opposition in the U.S. regarding the pipeline, so the Alberta government is going

to sweeten the deal and make it seem a benefit for the country,” Rai said.

“I think there are pros and cons. The benefit is they are going to get some people on their side. However, I think Americans are going to see it as being another country, another power brooding on their landscape, creating pollution, making the country a more dangerous place to live in in some ways.”

He added that the project would have economic benefits to the country if approved but also would have some impact if it is rejected.

“If it’s built, there will be a lot of jobs for Canadians, and that will be for the long term, because it is going to take years to build. The cost of not building could affect the Canadian economy in the short term, and could be a hit to Canada’s relationship with the U.S.”

The proposed 1,900 km pipeline aims to transport crude oil from the Alberta oilsands through the heart of the Midwest to the Gulf Coast of Texas. The XL project consists of four phases. Two phases are already in operation, while a third is under construction and the fourth is awaiting the U.S. government’s approval.

Various environmental groups, citizens and politicians have raised concerns about the potential impact of the Keystone XL pipeline, such as the potential for damage to the environment but pro-

ponents defend the project, saying it would have a big benefit for the economy of both countries. U.S. President Barack Obama is expected to reach a decision on the deal in the coming months.



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13	Wed.	Memory, Learning & Concentration	11:15am-12:00pm 12:15pm-1:00pm
18	Mon.	Stress Management	11:15am-12:00pm 12:15pm-1:00pm
20	Wed.	Time Management & Procrastination	11:15am-12:00pm 12:15pm-1:00pm
25	Mon.	Learning Styles	11:15am-12:00pm 12:15pm-1:00pm
27	Wed.	Exam Preparation & Writing	11:15am-12:00pm 12:15pm-1:00pm

APRIL, 2013

1	Mon.	Reading to Remember	11:15am-12:00pm 12:15pm-1:00pm
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OPINION

— Editorial —

The life of a student



NICOLE MURPHY
Editor-in-Chief
@NicoleMurphySt

Dear Current Students,

NAIT is doing a 50th anniversary time capsule to be opened 50 years from now. Your editors were given the task of writing for the future. Writing a letter to the students of 2063 telling them how the world, Canada, Edmonton and/or NAIT are now, in 2013. The letters are all individual opinions, memories or accounts of the world as we know it now. Some even try to make predictions! So here is where my letter to you the current students ends and my letter to the future student begins...

Dear Future Student,

As of now in 2013 there is no residence here at NAIT. No LRT and no hover boards! That being said, there are many changes in the works for not only NAIT but for Edmonton as well. The City Centre Airport land is closing down and a big chunk of land is opening up for rejuvenation and infrastructure. The city, along with its shareholders, are currently going through the logistics of distribution of the land.

Environmental considerations

With the development of the City Centre Airport land, environmental consideration for the future must be taken into account. Edmonton City councillor Kim Krushell explained that "Within the development as we proceed, we think about the future, so there are new technologies that are going to be coming online, we know that. We can't always plan for every new technology, but what we can do is build into the site the opportunity for potential and new technologies."

As of right now I can walk outside of NAIT take an elevator up to the top level of the parkade, look over the edge to the west and see a stretch of bare land. I can't even imagine what you see when you look at the same land 50 years from now. Will you even have a parkade? Will it be 100 levels higher? Or will traditional car transportation be as irrelevant as horses are to us now?

Information for 50 years hence

With all the changes going on at NAIT and in Edmonton, I thought, what would I want to read now about students 50 years ago? Here is what I came up with for the students looking at this article 50 years from now.

The average day of a 20-some-year-old in 2013 at NAIT:

- Wake up at around 7 a.m. to eat cinnamon raisin toast. I really hope that cinnamon raisin toast still exist in 50 years!
- Drive in my 2004 Ford Focus to school from the southwest of Edmonton. In crazy winter conditions, this drive has taken up to two hours! On a normal day it takes 30 minutes.
- Pay \$8 to park on the 12th floor of the parkade.
- Go to class where teachers make verbal presentations using PowerPoint presentations and hands on assignments. (I wonder if in 50 years people will even go to class anymore?)
- At lunch, there are many locations for food on campus including:

Fresh Express, Common Market, The Nest, Pita Pit, Booster Juice, Tim Hortons (which, as a Canadian, you should

still know about!) There are tons of options in surrounding areas as well, such as Kingsway Garden Mall's food court and Boston Pizza. There is also a little pub down the block called The Blind Duck ... this place is where students go to avoid doing school work!

- After school, I work for the school newspaper. The NAIT Nugget. It is printed on paper and available on stands around the school. I have reason to believe that this fact may be the most shocking information 50 years from now.

- After this I go home, between 4 p.m. and midnight (depending on how much homework I have to do)! But chan-

ces are when I get home I throw the television on, grab my computer and sit down to many forms of instant communication and I do very little real communicating! Facebook, Twitter, texting, television and two different e-mail accounts can take up hours of time with very little return on the investment!

- I then go to bed to start the day again.

With all the changes happening, it is hard to even imagine or predict what the future holds for students at NAIT, but it is an honour to be able to be a part of the history.

Sincerely,
Nicole Murphy



Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit your letters with your real name and phone number to: studenteditor@nait.ca.

Don't sweat it. We won't publish your phone number, but we do need to list your real name. It's all good. Getting something off your chest is downright therapeutic. Trust us on that. Write us.

SPORTS

College sports in 50 years?



LAUREN FINK
Sports Editor
@laurenfink_

As part of the Nugget's 50th anniversary-time capsule issue, the editors have written columns addressing readers at NAIT 50 years from now. This is Lauren's:

Dear NAIT Students of the future,

My name is Lauren Fink, I'm currently a second semester Television student here at NAIT, along with being the Sports Editor at the *Nugget*. Writing this article/letter is a little bit awkward since I'm not exactly sure who will be reading this, or what life will be like when you are. For example, is television still a thing or is it Hologram Broadcasting now? Maybe you're shocked that you're reading this on a piece of paper, maybe it's use is long since over. Well, since I can only imagine what the future is like, I'll just tell you what life is like in 2013.

Life in 2013 isn't much different then life in 2012. But of course you don't know what life was like then either ... Well, I guess I'll start with the basics, then move on what sports are like here in 2013.

Well, 2013 seems like a good year to live in. We survived the end of the Mayan calendar. Although, with the way people are acting

because of the weather recently it seems like the world may actually be ending. Of course, it isn't and it's just a little snow.

Technology is a big part of our lives right now, especially social media (read more about that in Alison Mullock's letter) but, I bet technology playing a big part in life isn't anything new to you. By 2063 technology is probably be our entire lives.

People in 2013 spend their free time in a lot of different ways, one of the most predominant ones being playing or watching sports (lucky for me, it means more material for this section of the paper.)

It's hard to imagine how much sports will advance from now until you are reading this, especially since I know how much they have changed in the 50 years previously. Will the same teams, like the Oilers or Oil Kings, maybe even the Ooks, written about in this issue, still exist? Will fan-favourite sports still be fan favourites?

Thinking about how much can change with sports alone is a haunting feeling, especially because anything and everything can change in 50 years. Maybe people won't even know what sports are when you're reading this, which I'm sure is far fetched but who knows, well except for you, because you're in the future. I'm going to assume that the extinction of sports isn't the truth and continue on.

Looking back 50 years from 2013 to 1963, so many things have changed in sports from how we enjoy watching them to their admission prices to the equipment worn. But one thing that has remained within those 50 years, is Canadians' love for hockey. Writing this now, coming off an NHL lockout, I'm confident that even in 50 years, hockey will still be Canada's

game. Even if it's played on Hover Skates (cue everyone in 2013 laughing.) I'm not saying that in Canada right now we only exclusively like hockey, but, if I were to make a list of sports that are most popular, I'd put it at the top. And, that's exactly what I'll do for you, make a list of popular sports at NAIT and in the Edmonton of today.

Hockey

There is no shortage of hockey teams in Edmonton, that's for sure. Currently NAIT has two very successful hockey teams, both men's and women's holding the Alberta Colleges Athletic Conference (ACAC) championship title. Edmonton is also home to the Oilers (National Hockey League) and the Oil Kings (Western Hockey League)

Football

Currently NAIT doesn't have a football team, but Edmontonians cheer loud and proud for the Edmonton Eskimos, unless they're like me and cheer for the Saskatchewan Roughriders.

Curling

Currently NAIT holds one silver and one gold national championship titles after hosting the Canadian Collegiate Athletic Association (CCAA) National Championships this past weekend. You can actually read more about the team's triumph further in the section. Not only is NAIT a fan of curling, Edmonton was just host to the 2013 Tim Hortons Brier.

Lacrosse

NAIT doesn't currently have a lacrosse team but the Edmonton Rush give Edmontonians the opportunity to enjoy Canada's National Summer sport.

Basketball

NAIT currently has both a men's and women's basketball team and Edmonton has no

NBA team. Canada currently only has one – The Raptors (Toronto.)

Volleyball

NAIT is represented by both men's and women's volleyball teams right now. The women currently hold the ACAC championship title.

Baseball

Currently NAIT doesn't have a baseball team and Canada has only one Major League Baseball team, the Toronto Blue Jays. But baseball, along with softball and slow pitch, are enjoyed by many Edmontonians.

Soccer

NAIT currently has both men's and women's soccer teams. The women currently hold the ACAC championship, and a bronze CCAA National championship title and, the men hold silver in the ACAC. Edmonton is also home to FC Edmonton of the North American Soccer League (NASL).

Badminton

Lots of people in Edmonton play badminton for recreation. But here at NAIT, we have an all-business badminton team that currently has two CCAA National championship titles, one in men's singles (thanks to five-time defending champion Dan Kai) and the other in mixed doubles (Jessica Yu and Lei Chen.)

That's just to name a few of the most popular sports of right now. NAIT also has successful golf and cross-country running teams.

To get an understanding of what sports are like and what's happening in the sports world from a NAIT perspective right now, then continue reading the section. Hopefully, it helps paint a better picture of what sports are like in 2013.

Sincerely,
Lauren Fink

Oilers showing signs of life

By **BRIANNE SAKOWICH**
@briannesakowich

The Edmonton Oilers have once again fallen into a losing slump. The team that is known for being consistently inconsistent is once again slowly climbing its way back down to the bottom of the league standings.

Within the past three games, March 20 vs. the San Jose Sharks, March 23 vs. the St. Louis Blues and March 25 in Nashville against the Predators, the Oilers played both goalies. But, neither Devon Dubnyk or Nikolai Khabibulin were able to walk away with wins.

Last Wednesday (March 20) the Oilers faced the San Jose Sharks with Dubnyk in net. Instead of having a replay of opening night, the Oilers were able to hold their own for most of the game. With goals from Sam Gagner, Shawn Horcoff and Ryan Jones, they forced the game to go into overtime and then eventually a shootout, where the Sharks showed they could handle a little oil in their water. The final score was 4-3 and marked the second shootout loss the Oilers have had against the Sharks this season.

Saturday (March 23) the Oilers played the St. Louis Blues and after a 3-0 loss it was the Oilers who were singing the blues. The Oilers as a whole just seemed to not show up to play as a team. It was a very broken up game from them. Blues goaltender Jaroslav Halak was able to stop all 19 shots that the Oilers manage dished out, and he walked away with his third shutout of the season. The Oilers were looking to put their two-game losing streak behind them as they hit the road for a short two-game road trip.

Unfortunately on Monday the Oilers weren't able to regroup and added another loss to their streak, this time to the Nashville Predators, making it three in a row. After starting Khabibulin in net Saturday, the Oilers placed Dubnyk back between the pipes Monday in hopes that the change of goalie would benefit them. The score was a repeat of the last time Nashville and Edmonton would meet (3-2) but, this time in favour of the Predators. Edmonton's goal scorers were Taylor Hall and captain Shawn Horcoff. Hall's goal was originally credited to Corey Potter, but that was overturned. The game ended

with equal shots on net at 26-26 but Nashville claimed this hunt with a 3-2 win.

The Oilers played the Blues on Tuesday and won 3-0 on a spectacular performance by Khabibulin and scoring punch from a reunited line of Hall, Jordan Eberle and Ryan Nugent-Hopkins leaving them singing a more joyful song. They will also face Columbus and Vancouver this week.





Photo by Chad Steeves

The men's and women's curling teams pose after their successful appearance at the Canadian Collegiate Athletic Association National championships at the Avonair Curling Club. Members are back, left to right, Coach Jules Owchar, Kaitlyn Roskewich, lead; Klara Smiley, second; Richelle Baer, third; Karynn Flory, skip and Karl Myziuk, assistant coach. The men's team front, left to right are Steven Stewart, fifth; Travis Jones, lead; Kyle Reynolds, second; Kenton Maschmeyer, third and Matt Brown, skip.

NAIT wins gold, silver at Nats



Photo by Chad Steeves

NAIT second Kyle Reynolds releases a rock as third Kenton Maschmeyer gets ready to sweep at the CCAA Nationals at the Avonair on March 24.

By RACHEL PRAZAK
@rachelprazak

This past weekend, the NAIT Oaks not only hosted the 2013 CCAA Curling National Championship but, the men's curling team walked away champions.

In the men's competition, NAIT finished first after the round robin with a 6-1 record and received a bye into the Gold Medal game. Fanshawe Falcons from London, Ont., the MacEwan Griffins and Confederation College Thunderhawks from Thunder Bay, Ont., all finished tied for second with a 5-2 record.

The Fanshawe finished second and advanced to Saturday's semifinal game based on wins over the other two colleges in the round-robin. MacEwan and Confederation played a hard fought tie-breaker with the Griffins coming out on top with a 6-3 win to advance to the semifinal against Fanshawe on Saturday morning.

MacEwan defeated Fanshawe 9-8 in an extra end in the semifinal to join the Oaks in the championship final. Leaving Fanshawe with the Bronze medal.

After a back and forth battle with the MacEwan Griffins, the Oaks came out on top with the 7-5 victory, making them the 2013 CCAA national champions, a first in the men's team's history.

On the women's side of the competition, two teams tied for first place after the round-robin. NAIT and Fanshawe finished with 6-1 records, but Fanshawe advanced to the gold medal game as they defeated NAIT in the round-robin. The NAIT Oaks went on to play MacEwan (5-2) in the semifinal on Saturday morning with the winner advancing to play Fanshawe for gold.

The Oaks defeated MacEwan, advancing them to the women's final against Fanshawe. After a see-saw battle, NAIT was defeated

by the Falcons (8-5). Fanshawe earned its second consecutive national title and the Oaks walked away with silver.

"It's not even saying they (NAIT women) shot bad, the other team just shot better," said Oaks coach Jules Owchar.

Owchar said the tournament was a good setup for the Oaks.

"It was the perfect scenario. We're hosting (Nationals) and we have the two provincial winners," he said.

"And then we're both in the final. You couldn't ask for much more. Except, if we would have won them both. That would have been like a dream," Owchar said.

"I just feel good for them because they wanted it and they worked for it."

And next year also looks bright for the two teams as all of the women will be returning and four out of the five men will be back.

"A lot of teams that were competitive this year will be losing people, and that's usually what happens to us, but this year it's not, so there is no reason for us not to be very competitive this (coming) year."

Owchar said both teams should be hungry as well.

"The guys will want a repeat, and the women will want to gold, instead of silver, it will be a fun year, everyone will want to improve and everyone will want a go," he said.

Along with their feats at Nationals, NAIT's curling team is also the top academic NAIT athletic team.

Congratulations to both teams after a very successful showing. The team will spend the off season training hard to prepare for next season in hopes of returning to Nationals and becoming gold medallists once again.

2012-13 a very good year



KYLE HARRIS
Assistant Sports Editor
@TheHarrisShow20

As part of the Nugget's 50th anniversary-time capsule issue, the editors have written

columns addressing readers at NAIT 50 years from now. This is Kyle's:

Dear future NAIT student,

I am Kyle Harris, Assistant Sports Editor for the NAIT *Nugget*, a second semester student in Radio Broadcasting, and a member of the NAIT Ooks men's hockey team. NAIT's athletic history is rich in tradition. Since its inception into the CCAA in 1978, NAIT student-athletes have won 22 gold medals, 24 silver medals and nine bronze medals at National Championships. Along with this they have won over 175 ACAC team and individual medals since its inclusion in 1968.

This year was a very successful year for NAIT athletics, as both hockey teams won the

league championship, Women's volleyball won provincials and made it to the national tournament. The men's soccer team won silver in the provincial tournament, and the women's team captured gold! Also both men and women's curling teams won gold in ACAC and gold and silver at Nationals.

Being on the men's hockey team, I can personally say that it was an amazing experience. We finished first in the regular season standings with a record of 23-2-1 and 49 points.

We had our rivals the SAIT Trojans behind us in second with 46 points. After receiving a bye in the first round of the playoffs, we took on the Concordia Thunder in a best-of-five series. We swept through them in three games with scores of 6-1, 7-2 and 3-2.

The finals was a tough series against SAIT. It was also a best-of-five series that went to four games. We took Game 1, 3-1 here at NAIT. Game 2 was in SAIT where we dropped a tough one 4-3. We were down 3-0 in the first 10 minutes and almost came back. Game 3 was back

here at NAIT where it was a wild one. Ooks forward Mike Piluso stepped up with one of the best performances I've seen. He went on to score four goals that night in a 7-2 win. Everything he shot went in. With that win, we had SAIT back on their heels. We went into SAIT looking to end the series that night and we did. We went to double overtime, and seven minutes into the extra frame, our captain Andy Willigar, received a pass from Liam Darragh and he went short side upstairs on the SAIT goalie to win the series. It was crazy to be a part of a celebration like that. It was amazing how quick helmets, gloves and sticks covered the ice. It was the first time our hockey team had captured a title since 1996.

Being a part of a championship team and as well as a student here at NAIT is pretty awesome. NAIT's winning tradition is something special and I hope it will continue over the next 50 years when you're reading this article.

I have been really fortunate for getting the chance to be a student athlete and have got to be around some amazing people here at NAIT.



Photo by Kevin Tuong

NAIT Ooks Tyler French gets set to pass during an ACAC playoff game Friday night against the SAIT Trojans. NAIT won 7-2 to set up Saturday's championship win in Calgary.

ACAC champs!

By BRIANNE SAKOWICH
@briannesakowich

The NAIT Ooks men's hockey team brought home the gold in the ACAC Championship Saturday, as they soared over the SAIT Trojans in their best-of-five series.

The Ooks and Trojans played Game 3 at NAIT on Friday night. The Ooks came out strong for all 60 minutes of play, winning the game 7-2.

Michael Piluso had a sharp night, scoring four of the seven NAIT goals. He scored two goals in the first frame and two in the third. Shannon Szabados was also on fire Friday, as she showed off the skills that got her the coveted women's Olympic goal medal, making critical saves for the Ooks.

Josh Lazowski, Riley Marsh and Scott Fellnermayr scored the other three goals that lifted the Ooks to the win. Garrett Watson and Clinton Pettapiece got the two goals to for the Trojans, both in the second period. The Ooks then led the series 2-1.

"I think patience is the operative word," said head coach Serge Lajoie after the 7-2 victory on Friday night against the Trojans.

"There were some times there might have

seemed like we were a little overwhelmed. They had some good zone pressure on us, but the guys stayed patient and stayed true to the system."

Game 4 was played Saturday night in Calgary, and went into double overtime. Lazowski scored for the Ooks in the first period to give them a 1-0 lead. SAIT's only goal was scored in the second period to tie the game at one. Andy Willigar scored his final goal as a NAIT Ooks, and the ACAC Championship game winner. The Ooks claimed the gold medal for the first time since 1996.

With such an impressive record this season the expectations for next season are high. While the Ooks will lose key players like Willigar, who has had an impressive season of seven goals and 21 assists to finish off the season with an impressive 28 points.

Although they are losing some key players, the Ooks will go into next season as defending champions, and will still have a good mix of the same team returning next year.

Congrats to the NAIT Ooks men's hockey on winning the ACAC Championship!

Athletes of the week

March 18-24

Karynn Flory
Curling



Karynn skipped the NAIT Ooks women's curling team to the silver medal at the CCAA National Curling Championships hosted by NAIT at the Avonair Curling Club. After winning the ACAC and the Alberta junior provincials last month, Flory led the NAIT team to a 6-1 round-robin record and a place in the semifinal. Karynn led her team to 10-6 win over the MacEwan Griffins in the semifinal. The Ooks fell 8-5 in the final to a tough defending champion team from Fanshawe College. "Karynn was consistent all season long. She led her team and continued to make all the big shots," said head Jules Owchar. "I am extremely proud of her accomplishments this year and her play in the nationals." Karynn is a first year Personal Fitness Training student from St. Albert.

Mike Piluso and Joshua Lazowski
Hockey



Piluso and Lazowski were major factors in leading the NAIT Ooks to their first ACAC men's hockey championship since 1996. These linemates combined for six of NAIT's nine goals this past weekend. On Friday, Piluso scored four goals and Lazowski contributed one goal and five assists in the Ooks' 7-2 win over SAIT in Game 3 of the ACAC Finals. On Saturday, the two hooked up again as Lazowski scored on a nice pass from Piluso to give NAIT a 1-0 lead in Game 4. The Ooks won the game 2-1 in double OT and the series 3-1. "Piluso and Lazowski were outstanding for our team in the finals," said head coach Serge Lajoie. "They had a special chemistry that was fun to watch." Piluso is a first year HVac student from Maple Ridge, B.C. Lazowski is a first year Academic Upgrading student from Leduc.

Matt Brown
Curling



Matt skipped his NAIT Ooks men's curling team to a gold medal at the CCAA Championships hosted by NAIT at the Avonair Curling Club this past weekend. Brown made some clutch shots in his team's 7-5 victory over the MacEwan Griffins in the final. After dropping the opening game to the Griffins in the round-robin, Matt skipped the Ooks to seven straight victories and the team's first CCAA gold medal in its history. "Matt started becoming a leader at the provincials when he was able to contain his emotions and concentrate on his shots," said head Jules Owchar. "At the Nationals, Matt took control early and demonstrated tremendous patience en route to the gold medal." Matt is a second year Finance student from Edmonton.

Surprising series against Ice

By **KELSEY LYDYNUIK**

@kelseylydynuik

Playoff hockey is at Rexall once again for the Edmonton Oil Kings.

Friday night, the WHL playoffs started and, in the Eastern Conference, the No. 1 seeded Oil Kings took on the eighth-seeded Kootenay Ice at Rexall Place. While the results across the rest of the CHL were mildly shocking, what happened at Rexall was mind blowing.

Eight minutes into the first, Stephane Legault got the ball rolling, scoring for the Oil Kings. Just over a minute later, he notched another one and at the midway mark in the first, the Oil Kings had a 2-0 lead. Less than a minute later, newly signed Oiler Travis Ewanyk was also able to deke out Mackenzie Skapski and scored, giving the Oil Kings a 3-0 lead.

Later in the period, on the power play, Legault once again found his way past

Skapski, marking his third of the night, giving him a hat trick in the first 20 minutes. Eighteen seconds before the end of the first, Trevor Cheek pushed the Oil Kings' lead to 5-0. Skapski was pulled (at the end of the first) and hometown boy Wyatt Hoflin was put in net.

Edmonton continued to dominate in the second, with Michael St. Croix scoring three minutes into the period. Halfway through the game, on the power play, Cody Corbett notched his first of the post season, making the score 7-0 Edmonton. Later on in the period, a power play goal from Keegan Lowe pushed the lead to eight. Five minutes into the third, Cheek notched his second goal, third point, of

the night, and it was 9-0 Oil Kings.

While the Oil Kings didn't make it to double digits, they skated off with a dominating win over Kootenay in Game 1 of the best-of-seven series. Not only did Edmonton skate all over the Ice, Legault tied an all time WHL record with seven points on the night.

Sunday afternoon, the Oil Kings walked into Rexall leading the series 1-0 and looked to push it to 2-0 before heading off to continue the series in Kootenay. The first period was quiet, as Skapski looked to redeem himself from his performance on Friday night. The score was 0-0 at the end of the first, with shots 10-5 Kootenay. The second period wasn't much of a thriller either, as the

score remained tied at zero, with shots 21-20 Edmonton at the end of the second. It wasn't until the midway mark in the third that Brock Montgomery found his way past Laurent Brossoit. A minute and a half later, St. Croix answered that goal and tied up the game, sending it into a period of overtime. Fifteen minutes into overtime, Luke Philip turned the tables on the Oil Kings and pushed the series to a minimum of five games. The two teams headed to Kootenay with the series split.

Head coach Derek Laxdal was not as impressed with the performance Sunday night as compared to Friday night.

"That's typical playoff hockey for you," said Laxdal. "We have to park it and get ready for Tuesday night. Going back into their building, it's a five game series tied at 1-1. They've got home ice advantage."

The Oil Kings will play two games in Kootenay and will be back in Edmonton on Friday, March 29.



Spruce Grove in North final series

By **BRIANNE SAKOWICH**

@briannesakowich

The Sherwood Park Crusaders crumbled under the pressure of the Spruce Grove Saints who claimed a 4-2 victory in Game 5 of their AJHL North Division semifinal best-of-seven series last Friday.

Game five took place at the Grant Fuhr Arena in Spruce Grove. The first period ended scoreless and, it was the Sherwood Park Crusaders who struck first in the second period. Arthur Gordon's shot got past the Saints goalie unassisted.

Into the third, Spruce Grove's Parker Mackay scored for the Saints with help from Cameron Hughes. But the score wouldn't stay tied for long. Garth Wallin gave the Crusaders the lift with assists from Dil-

lon Massie and Stefan Bazar. Wallin's goal proved to be the game winner.

Tim Nottle was awarded the Pro Hockey Life Star of the Game for the Spruce Grove Saints, while Josh Healey received the same award for the Crusaders. With the Game 5 win, the Crusaders narrowed the Saints series lead to 3-2.

Game 6 was played last Friday at the Sherwood Park Arena. The Spruce Grove Saints get the lead with just over a minute left in the period. Thanks

to a pass from Cameron Hughes, Parker Mackay was able to get one past the Crusaders goalie, Matt Tomkins. The second period would be the same as the first as Saints

Jarid Hauptman put the Saints up 2-0 on a power play with assists going to Tim Nolte and Spencer Galbraith.

The third was all Saints. They scored twice, only 14 seconds apart. Sammy Spurrell and Dylan Richard got credit for the goals, while Tim Nolte got his second assist of the night and Richard's goal

was unassisted. With the 4-0 win, the Saints claimed the series 4-2.

The Saints advance to the next the round of playoffs, the 2013 North Division Finals, while the Crusaders have ended their season.

The Saints begin their next series on Thursday March 28, against the Whitecourt Wolverines. The Okotoks Oilers will be playing the Brooks Bandits in the South Division final. The winners will play in the Alberta Junior Hockey League Finals to win the AJHL title and the 2013 Gas Drive Championship. The winner of the AJHL finals will also play in the Crescent Point Energy Western Canada Cup tournament which will take a place April 26-May 5 in Nanaimo, B.C.



Canadian participation impressive

By **DEXTER WATTY**

@dwattysports

This year's NCAA March Madness Tournament has been littered with storylines from the get-go. Everything from Gonzaga's first ever No. 1 seed, to the lack of multiple big name schools making the cut. With teams like Purdue,

UConn and reigning champion Kentucky watching from the sidelines, the floor has been open for any school to make the Final 4.

The 2013 March Madness tournament also features a record breaking number of Canadians playing in the tournament. Among over 25 Canadian players is Gonzaga's Kelly Olynyk, a surefire NBA prospect, hailing from Kamloops, B.C. Although the tournament didn't go well for Olynyk and Canadian teammate Kevin Pangos, who lost to Wichita State in the second round, the Bulldogs can hang their hat on a great season played.

"I don't think the loss is anything above or beyond that," Olynyk said in an interview with the *National Post*. "But, the record, the 32 wins, being ranked No. 1 and a No. 1 seed, those don't get erased just because you lost."

Other notable Canadians include UNLV's Khem Birch and Anthony Bennett from Montreal and Brampton, Ontario, respectively. Going into the Sweet 16, only two Canadian players remain, those include Marquette's, Junior Cadougan, from Toronto

and Michigan's Nik Stauskas, a player of Lithuanian heritage hailing from Mississauga, Ont.

With the emergence of many Canadian faces in both NCAA basketball and more recently, the NBA, the future for Canadian basketball looks bright. And the future for Canadian basketball looks even brighter with emerging Thornhill, Ont. prospect Andrew Wiggins on the watch of just about every basketball scout in North America. The consensus No. 1 overall draft pick in the 2014 NBA draft just recently turned 18 and has been turning the heads of basketball scouts around the nation for the past couple years garnering attention as "The Canadian Michael Jordan." Only time will tell if Wiggins lives up to the high standards that have been set for him.

Although many claim that this year's NBA draft class does not look too strong going into the draft, it is wholly possible for everything to change come draft day. So, here is my list of five current NCAA players (one for each position) who I think will have the largest impact in the NBA:

Shane Larkin, PG (Miami Hurricanes)
Ben McLemore, SG (Kansas Jayhawks)
Shabazz Muhammad, SF (UCLA Bruins)
Mason Plumlee, PF (Duke Blue Devils)
Cody Zeller, C (Indiana Hoosiers)



ENTERTAINMENT

Social media is what we do



ALISON MULLOCK
Entertainment Editor
@Alimullock

As part of the Nugget's 50th anniversary-time capsule issue, the editors have written columns addressing readers at NAIT 50 years from now. This is Alison's:

As the Entertainment Editor of the NAIT Nugget this year, I got the privilege of writing a note for future people to read.

Social media is the biggest part of the entertainment world. We use it to communicate, stay updated and as a daily blog. We are always looking for new ways to communicate and be more social media savvy. Our main source of entertainment is on our phones.

I can only imagine what a phone will be like in 50 years, wow, in 2063. Land lines are not really around at the moment, so I doubt you will even know what that is. Cellphones right

now are full of social media, cameras, games and calorie counters. The main use of a cellphone is to text. Rarely is the cellphone ever used for actually talking on the phone. A cellphone connects people and without one you feel out of the loop. We cover our cellphones in colourful cases to keep them from breaking and fill them with games like *Temple Run* and *4 Pics 1 Word*. Blackberry, iPhone and Android rule the cellphone world.

With texting and the Internet, slang words came about. All of the slang started with MSN messenger about 10 years ago (60 years, for you). It was the coolest way to communicate with your friends. And by cool I mean you had to shorten every word to look like you cared less. Some very common ones are LOL, OMG, WTF, LMAO, LMFAO and ROFL. I won't tell you what all of them mean, but four of the six mean "laughing loudly" (don't worry, it doesn't matter whether you were actually laughing or not).

One of the first popular social media out-

lets was YouTube. If it's not still around, people uploaded and watched videos of themselves, people around them and goats doing stupid and amazing things. Some major YouTube crazes this year have been "The Harlem Shake", "Gangnam Style", and "S*@t your girlfriend says."

Instagram is a social media outlet that lets you take pictures and upload them for the world to see.

The selfie is an extreme sensation right now. This might (will) sound ridiculous but the #selfiesunday trend is huge and addicting. People on their cellphone will snap a picture of their own face in a common selfie pose like: #kiss-

syface, #duckface, #sillyface or everyone's favourite #justmychest. Females and males will upload them with either a colour filter or #nofilter. Another impressive thing that people upload to Instagram is food that looks artsy, but in reality it's a hipster in Starbucks with a tall non-fat macchiato and blueberry scone.

Twitter is the best at connecting people with the use of a #hashtag. You hashtag #pugs and everyone else who also has #pugs will show

up. That way you can connect with pug lovers across the world. Twitter is simple and used by all. It is to share with the world your thoughts (in 140 characters or less) and answer the question "what's happening?" Twitter example, "Got stumped writing my editorial and needed brain food so I got McDonalds #winning #wouldyoulikefrieswiththat."

Facebook is the ruler of them all. It is friends with both Instagram and Twitter but with pictures and statuses, it does both but on one site. Facebook was born before both of these and I wonder which one will be around longest. The movie *The Social Network* is about Facebook and will be a good source of information. You might still be using Facebook, but I'll bet the format has changed.

LinkedIn is continuing to get more popular. Myspace and Nexopia lasted a long time but have died out by now. Internet dating is huge and very common with websites like plentyoffish.com and harmony.ca.

That's about it for social media but I do have some concerns and wishes for the future. I hope that punch buggies are still around, hipsters rule the world, Canada is still an independent country and gay marriage is legal everywhere.

I also hope that you will get in contact with me. Tell 71-year-old me how terrible a writer she was.



Twitter evolution, 2006 to 2013

Will the great music survive?

By SCOTT PEDRICK

As part of the Nugget's 50th anniversary-time capsule issue, some contributors have written items to address readers at NAIT 50 years from now. This is Scott's:

A lot can change the face of culture in 50 years. In fact, with the rate technology is evolving, even a decade can obliterate what seemed like a cultural touchstone. Writing this now, society is already prepared to let go of the CD, the cassette is long gone and even talk of the album as an art form has people scoffing. That being said, vinyl records have seen a major resurgence that shows no signs of slowing down. Is it genuine appreciation, or nostalgia mongers who don't listen to records for the quality factor? In any case, the nature of music as a medium is changing faster than popular culture can adapt to.

That's why this article can't be a review. What lasting value is there in a summation of what's happening this week? What about 2013,

this year? If you're reading this article 50 years from now, you probably never lived on a planet at the same time as a Beatle. It creates this sort of disconnect, one that I know I've suffered from. Elvis Presley, the King of Rock and Roll, the impact of that? I don't think I ever felt it like I should. When Paul McCartney finally goes (Ringo, too, I guess), a part of music globally, will die. Who will stand in his place? Can anyone?

I have a lot of favourite acts right now, and it's alarming to think that almost all of them won't be performing in 2063. Coldplay? They will probably retire around 50, like R.E.M. and Radiohead? They probably go the way of David Bowie, disappear for a while, resurface at an old age

to blow people's minds again and then pass on quietly. Jack White probably dies on stage, either from the sheer skill required to play his trademark solos or from a screeching sonic wall so loud his brain just shatters. I'm saying this all in good fun, but it's hard to imagine that people I consider to be icons of music will probably have been dead for at least 10 years when this issue emerges again.

I guess what I'm saying, the roundabout way, is this: please don't leave the past behind. The future is going to be exciting, and hopefully I'll be around to see it, but I don't know what my musical identity would be if I didn't look 40 years behind me. A life without The Beatles? David Bowie? The Who? U2? Are any of

these ringing any bells? I'd be upset if Arctic Monkeys, The National, The Strokes, Arcade Fire aren't considered among the big names in music history during NAIT's Centennial celebrations, but who knows what the future holds?

Music is the most important thing to me right now, I want it to remain that way as long as I live. In 2063, when the time capsule opens, if none of these band names ring a bell, please seek them out. They're all worth hearing. The music they made reflects a landscape of change, an evolving planet. It was one worried about nuclear arms and global warming, but one that also learned how to connect everyone on the planet to one another and hopefully learned to grow onward and upward. Music, in my mind, remains one thing that is always changing and that is always going to stay the same.

P.S. If The White Stripes ever got back together, I might have died upon hearing that news.



www.vam.ac.uk
David Bowie
Name familiar?

les? David Bowie? The Who? U2? Are any of

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TYLER WARREN

It appears that winter has given us another kick to remind us of where we live

and who we are as Canadians. Most see it as a curse, but I see it as a blessing. It gives me a chance to see what protection and fun winter brings for us. For one, we have two poisonous creatures that can withstand this weather. Compare that to a tropical destination like, say, Brazil, where there are over 80 of 'em, and that's just snakes! I'll take the risk of frostbite than a run-in with a deadly creature. And what about those winter activities? Snowboarding, tobogganing, skiing, all those things, bang, an extra two weeks to enjoy them again!

But I know, I know, it's still depressing,

which is why I made this list for you. These jams are meant to put that warm summer/spring spirit back into you for when those temperatures drop. Yeah, it's cold outside, but so what? It's life! Our ancestors lived through it and they didn't even have central heating systems or indoor plumbing! Back to the point, though, I hope these get you in that warm spring/summertime mood, even if most of these lyrics don't make any summertime sense.

Let them flow through you, and let 'em relax you.

Song For Zula – Phosphorescent
What Goes On



open.spotify.com

– The Velvet Underground
Travelling – Tennis
Fir Coat – Widowspeak
Our Younger Noise
– Letting Up Despite Great Faults
Waiting For Something To Happen
– Veronica Falls
Shadow Stabbing – Cake
Go Away – Seapony
Girl – Beck
De Do Do Do, De Da Da Da
– The Police
Hanging Onto Every Heartbeat
– Cut Copy
Summer Holiday – Wild Nothing

VIRAL VIDEO

Shoot 'em up, blow 'em up

By KODY DAVIDSON

Have I got a YouTube channel for you! FPS Russia is a great channel! The channel features videos where Kyle Myers, an American arms expert, plays the character of Dmitri Potapoff, a heavily accented Russian, who shoots guns! Each video generally has Myers explaining the characteristics of the weapons he will use before he demonstrates their abilities on targets such as fruits, bottles of soda and photos of Justin Bieber. His videos are ridiculous! One time he drove an APC through a McDonald's drive-through. FPS Russia is a massive online hit, so popular it's the third-biggest series on YouTube, clocking in at three billion views.

FPS Russia is equipped to show you what most people can't.

Kyle does a great job picking out some of the coolest weapons in the world and demonstrates them in a fun and exciting way that keeps his audience entertained. His fake Russian accent brings humour to the show, making it both educational and entertaining. In this video he is talking about secret service weaponry. He goes over the MP5, P90 and M4 carbine. And of course blows up a few cars in the process. This is his latest video, which is why I picked it but I would highly recommend you check out the rest of his videos. And, as always, have nice day.

You can watch the video here: <http://www.youtube.com/watch?v=8xDJtZ2VK6k> The APC video, you know you wanted to see it: <http://www.youtube.com/watch?v=XyoAP10uKtk>



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MEAGHAN WILLIS
Assist. Entertainment Editor
@meaghan_willis

As part of the Nugget's 50th anniversary-time capsule issue, the editors have written columns addressing readers at NAIT 50 years from now. This is Meaghan's:

Dear Students of 2063,

As I sit down to write this very special column, I can't help but wonder what you will all think of it. How strange it feels to be sitting here in my one bedroom apartment on Jasper Avenue, about to be graduating school, with my whole future ahead of me, but in reality when you read this I will be reaching the end of my life.

In the time I have spent at the Northern Alberta Institute of Technology I have learned so much, not only about the program I'm tak-

ing, but about the person I am becoming. In the last year and a half I have done a lot of growing up. I started out at the *Nugget* going to the meetings each Wednesday for the free pizza and as a way to make friends at school. (Do you guys still get free pizza for contributing to the paper?) Little did I know that over the course of the year I would reignite my love for writing and then be offered a position as an editor at our newspaper. This semester has been a wonderful way to develop my writing skills and I have had some freedom on the subject I'm writing about.

This semester I wrote a few editorials of which I am fairly proud and started a weekly fashion article that I thought the paper might be lacking. Having the *Nugget* as a creative outlet has been a wonderful opportunity and I am thankful I had the chance to participate and work with such a smart, creative team of students.

As for the year 2013, well, so far so good. This is my last semester here at NAIT and although I am looking forward to graduat-

ing I can't deny how much I will miss it here at school. This is the place I made friends, found writing again and developed my love for the world of television broadcasting. Without NAIT, I wouldn't have such an amazing future set up for myself. This institute of technology is accountable for hundreds of thousands of careers in Alberta, and without it our province wouldn't be close to what it is today.

While here at NAIT I have had the pleasure of interviewing students, support staff, instructors and even our current president of NAIT, Dr. Glenn Feltham, a very smart, kind man. Through my program I have had the opportunity to meet a range of people and

I have taken so much from each experience I have had as a reporter for NAIT NewsWatch. As I head into my final month at NAIT, I feel excited and nervous for the future that awaits me but I also feel prepared for what is to come and I have this school to thank for that.

The year 2013 seems to revolve around the Internet for the most part. My days are taken up

by e-mails, texting, googling, tweeting, Facebooking and watching YouTube videos – did I mention all of that is for my career? In the year 2013, everything you do is documented by photos or social media and privacy is really lacking. The Internet can be a seriously destructive tool and has the power to ruin people's lives but I can't ignore the good that it does at the same time.

Connecting people across the globe, heart warming videos and pictures and the tools to make your life better are all available at the click of a button. I can only imagine how the Internet will play a role in your lives in 2063.

Leaving school to work in television this May I can feel the pressure to succeed weighing upon me but I feel excited and optimistic for my developing career. No matter what happens I will always have the things I love to do in this day and age, which are mostly reading, writing, golfing, playing the guitar and shopping. I don't know how much those things will have changed in 50 years. But the most important things will never change for me and those things are my family and friends. Time will pass but as long as I have them I will always be happy. I hope 2063 is treating you all well and you're as wide eyed and hopeful as I am in 2013.



Dr. Glenn Feltham
Interviewed

Learning anger management



TIMELY TIPS
MARGARET MAREAN
NAIT Student Counselling

In addition to affecting relationships with friends, family and co-workers, angry outbursts also affect your self-esteem and your overall health. While anger is usually a reaction to stress, losing your temper has the overall impact, ironically, of increasing your stress levels.

- Know your triggers and your warning signs. Look back and determine what types of things cause you to explode. Be aware of the physical, mental and emotional signs that let you know that you are getting out of control. Rapid breathing, increased heart rate or muscles tightening in the upper body, neck and jaw are common physical signs.

- Recognize that how you respond to a situation is your choice. There are many alternatives to losing your temper.

- Take a physical and/or mental time out. If possible leave the situation until you can calm down. If this is not possible count to 10 slowly or say the alphabet backwards.

- Find ways to express your feelings in a calm way. It is important not to hold anger in and stew on it. Stick to the current issues and do not bring up past problems. Keep your focus

on finding a solution rather than placing blame. Practice empathy by trying to see things from the other person's perspective. If you cannot speak to the person that has triggered your anger try talking about it to a friend, family member or counsellor. For some people writing can help. However if you write something you want the person you are angry with to read it is best to wait a day, or at least a few hours, and to re-read it before you give it to them or hit the send button for an e-mail.

- Regular exercise is a great method for defusing overall stress. Physical activity such as a brisk walk, pushups or jumping rope can quickly release pent up frustration.

- Quick relaxation techniques include deep breathing, visualizing a relaxing place or thinking of something humorous. Yoga, meditation, listening to music that relaxes you or doing a relaxing craft or hobby are other stress reducing techniques. And of course having a balance of school, personal time and social time is important too.

- Identify the negative thinking that leads up to angry outbursts. Your inner self talk has a major impact on how you respond to stressful people or situations in your life. It often helps to keep a journal of what triggers your anger and of what self-talk goes on when you are triggered. Examples are self-criticism, over generalizing, all-or-nothing thinking, defensiveness, a need to always be right or building things out of proportion. When you are aware of your usual pattern of inner messages you can work on changing your self talk with the goal of creating positive resolutions.

- Learn to talk yourself down. You can defuse anger with simple questions such as "How much will this matter in five years?" "Is this a reaction to the situation right now or to something from the past?", "Are my expect-

tations realistic?" or "Is this person trying to make me angry on purpose?" (e.g. if a stranger cuts you off while you are driving it is very unlikely that they are trying to annoy you personally). If your anger is justified then it is important to talk yourself down with messages such as "I need to wait until I can think about this rationally" or "I can stay calm and relaxed" before you respond with words or actions that you might regret.

- Keep a 'what to do' list of techniques that work for you when you are angry. Try out deep breathing, brisk walks, humor, visualization, positive self talk, carrying your MP3 player with you and listening to calming music, phoning a supportive friend and/or other things which may be calming for you. Carrying an object such as a smooth stone in your pocket and rubbing it when you feel your stress rising works as a quick calming technique for many people. Different strategies may work best depending on the situation. Once you have figured out which techniques work best for you in most situations make a list that you can refer to

when you feel yourself losing control. Having a list of options will also help you deal with a variety of stressful situations.

- Believe that you can successfully manage anger. While anger is a normal emotion that everyone experiences, it is not normal or healthy to fly off the handle when you are upset. Many people believe that their angry outbursts are out of their control however everyone can learn strategies to manage anger in a more productive way. The more positive experiences you have in dealing with anger successfully the easier anger management becomes.

- Seek help. Talking about stressful situations in your life can help you see them from a different perspective. Relationship counselling can help couples develop more effective communication techniques. Individual counselling is free through Student Counselling while you are a NAIT student so take the opportunity to try it out while you are here.

All appointments are confidential and can be booked at W111-PB (HP Centre) or by calling 780-378-6133.

Mental Health Awareness Committee

Would you like to participate in a committee that will help heighten awareness of mental health issues, decrease the stigma of mental health concerns and create a more positive and accepting atmosphere at NAIT?

We are looking for students with a few hours to spare who are interested in mental health awareness. This is a great opportunity to make a difference at NAIT. Please contact Margaret a mmarean@nait.ca or 780.471.7550 if you are interested.



Photo by Alysa Lybbert

FINDING WAYS TO ENJOY LIFE

Taylor Johnson and Erica Payne mug for the camera on March 21 at the Mental Health Awareness Week display in the South Lobby. Dubbed "The Happiness Project," the event was sponsored by the NAIT Students' Association.

THROWBACK THURSDAY

The passing toy fads of childhood

By DARTANION JOHNSON

@Dartanionj

I was skipping through channels when I saw a commercial for a product called Roxx. You collect these plastic discs and slam, spin and slide them into other similar pieces. This game reminded me of Pogs, one of my favourite childhood toys. Which got me thinking of all the toy fads I used to play with.

Pogs – I used to play with these little circular pieces of cardboard all the time. It wasn't uncommon to see every kid playing with these on the sidewalks of school.



hueysgunsight.blogspot.com

Pogs

The game was simple. You stack up your Pogs face down and then hit them with your plastic or metal slammer. Whatever Pogs came face-up became yours. It was a game of gamble and luck. Now that I think about it, what a cruel game to encourage among children. Many friendships were lost over those cardboard circles.

Sky Dancers –

Dragon Flyz was the male equivalent, but less popular. The toy was basically a hard Barbie with foam wings. You'd pull the string at the base and

the Sky Dancer would propel like a helicopter. This toy would fly in any direction, which was a huge safety issue and the toy was recalled in 2000. What are a few scratched eyeballs and broken light bulbs anyways? The toy was again released in 2005 but was not nearly as popular as it was 10 years before.



kineticunderground.com

Sky Dancers

McDonald Happy Meal Toys – I went crazy for the toys at McDonalds. I didn't want the food, I just wanted the new toy they would release every week and I needed to collect every set. It didn't matter if it was the car series or the Cabbage Patch Kids – I needed to collect these toys.



www.carbonated.tv

McDonalds toys

If one McDonalds didn't have a toy, I would ask my mother to go to a different McDonalds just to find the toy I wanted. I was so bad that I would carry around duplicate toys just so I could convince other kids to trade with me so

I could complete my collections.

Mighty Max – This toy was the equivalent of Polly Pocket. You had Max that was about an inch tall and you moved him around the set. Each container for Mighty Max was either a doom zone or a horror head. My pride and joy was



www.deviantart.com

Mighty Max

the shark head that opened up into a lost treasure laboratory with a killer manta ray and squid. This toy line revolved around horror and the grotesque. What more could a boy ask for?

Tamagotchi – Every '90s kid had one of these digital pocket animal key chains. Mine was a cat. You had to feed, play and clean these animals with a pager size device on a daily basis. I lost mine and found it in the couch about a month later. My cat turned into a cat angel, which was a shocking find! Nothing says fun more than cleaning up digital poop and pressing a button to show your love.

Lots of toys have come and gone. Others have evolved horribly like the new Furbies with digital eyes ... weird. No matter what time period though, toys are a special part of everyone's life and memories.



pop2k.wordpress.com

Tamagotchi

Dreaming of festivals



By CHRIS FIGLIUZZI

Apparently it's spring now which means festival season is just around the corner ... and barring anymore unexpected 30 cm snow-falls there is a lot to look forward to. We are blessed here in Edmonton with a plethora of festivals as diverse and entertaining as you will find anywhere in the world. This should come as no surprise, I mean Edmonton is affectionately referred to as "The Festival City."

Personally, I am most excited for the upcoming music festivals, most notably Folk Fest. I love this festival. It's a great chance to get together with the friends you've known forever and friends you haven't met yet and just sit back, relax and

take in some great tunes. The atmosphere is second to none and you can't help but just let the warmth of the sun and sounds pour over you. This year, I am particularly excited as the festival will feature the amazing Neko Case, whose rough-around-the edges voice leaves you craving more.

Then we have the relatively new Open Sky Music Festival. This festival first hit the scene back in 2011 and boasts a better and better lineup each year. This too is an outdoor festival held in the Hawrelak Park Amphitheatre and features surf rock, reggae and roots music. The lineup has yet to be announced but if it is anything like last year's, which featured The Wailers and the rapidly rising Current Swell, it promises to leave you wowed.

This, of course, leads us to Boonstock, which I must admit I have extremely mixed feelings about. On the one hand, I am super excited about the chance to check out Edmonton rockers Kickap-fuss and I always enjoy watching the Dropkick Murphys take over the stage with their high energy performances. On the other hand, Limp Bizkit, Godsmack and Sublime (with Rome) are going to be there and really, when was the last time Godsmack was relevant? I guess I am somewhat excited for Limp Bizkit. I mean, how often do you get the chance to get a private show from a band?

Festival season is upon us, though it really doesn't look like it with the roads covered in snow. We may not have Coachella but any hip-

ster can tell you how Coachella sucks since it sold out ... how does a music festival sell out anyway? And to whom? So take some time and

explore the festivals our great city has to offer. They may not boast the biggest names but they feature some amazing up and coming talent.



This year Folk Fest is featuring Neko Case.

www.anti.com

RESTAURANT REVIEW

Outward appearances deceiving

By KEVIN TUONG

Edmonton's Chinatown is one of the shadiest places in the city. It's smells bad, looks bad, and has a lot of drunk and twitchy people walking around. Therefore, a lot of the buildings in Chinatown tend to look run down and old. This doesn't make dining in Chinatown very appealing, but there are a few gems under all that dirt.

One of these gems is Boualouang Laos & Thai Cuisine. If you have trouble pronouncing the name, it's alright because so do I. Although it's in a nicer and cleaner strip of Chinatown, it's quite easy to

miss from the outside because the sign is dark and small when compared to the two adjacent buildings, which are rather big and bright. You also can't see what it looks like inside because the blinds are usually closed and therefore it feels shady.

However, once inside you become pleasantly surprised. I definitely was. I never would've guessed that behind the dark-signed-curtain-drawn entrance was a beautifully decorated restaurant that was packed with customers and I do mean packed. The place definitely feels very Thai and all the dishes match

the theme as well. It is a bit small inside, as it is outside but the whole place felt comfortable and homely. It had an atmosphere that made you feel relaxed and want to be there despite the noise. If I had randomly woken up in this restaurant, I would never have guessed that I was in Chinatown with how clean and well done the interior was. I might have even guessed that I was somewhere in Vancouver.

Our waitress was very accommodating in helping us pick out food for six diners. She knew a lot about the menu items, despite it being a rather large menu and she even told us to not go with certain items because people unfamiliar with it tend to not like it. This saved us \$12. With Thai & Laos food, it tends to get spicy pretty quick, but luckily our waitress also kept our water topped off consistently.

We started with a mango salad which was loaded with distinct flavours that hit you at completely different times in one bite. It was spicy yet sweet, like a play in your mouth. We also had some very crispy stuffed chicken wings and some average tasting satay skewers. Then came our Tom Yum soup. Although spicy, it was so good that you would keep drinking it even if your tongue were on fire. It's also one of those dishes that would clear even your worst sinuses. We

also had some Phanaeng curry with coconut rice which was tasty, but it was a little bit too creamy and too sweet for me to call it really good. Last, we finished with some Pad Thai that came in a tiny steel wok that was simply delicious.

A lot of these foods were spicy but each food had a different tasting spiciness to it and although sometimes it felt like it was too hot, it wouldn't stop you from eating more.

Despite a very snowy day, there was a small lineup formed at the entrance by the time we left. Maybe that's why people decided to come to Boualouang on that day; to help them warm up from the cold weather.

Price wise, Boualouang is a bit high (Mango Salad - \$12, Tom Yum Soup - \$16, Phanaeng Curry without rice - \$17) and I recommend you dine here with more than two people to maximize your chances of trying multiple things without hurting your wallet too much. Despite the price, I would definitely come back here again because the food is really good and it's a great atmosphere to be in.

Boualouang Laos & Thai Cuisine
10569 97 St.
780-423-4207



Tom Yum soup

Photo by Kevin Tuong

Man ends up in 2nd place

By **DARTANION JOHNSON**

@Dartanion

It's been a fierce month for the contestants of this year's NAITSA's Next Top Model, but a winner has been chosen! Julie Levitan beat out 12 other girls and one guy during the finale that took place at Nest Taphouse Grill. Eight contestants had to walk



Photo by Benjamin Sim

NAITSA Next Top Model winner Julie Levitan, right, celebrates her victory on March 20, while runner-up Chris Figliuzzi, left, offers his congratulations.

the runway and answer questions from a panel of industry experts and fashionistas. While the judges selected their top four, the Shadow Twins, masters of illusory movement, performed for the crowd.

The top four contestants were Alexandra Ursescu, Julie Levitan, Inae Choi, and *Nugget* writer Chris Figliuzzi. The crowd went wild for these four during all of their walks. The biggest shock for some was when Chris made it into the final two against Julie. Everyone in the audience was on the edge of their seats in anticipation of who was going to win. Both were praised for their style, fun personality and drive. Shawn Gillespy, the photographer for all the models, took special notice of their high spirits and kindness towards the other models during the photo shoots.

It was an overwhelming response when Julie was declared the winner. She won a one-year contract with the Canadian Models Actors Centre, two tickets to Edmonton's Fashion Week and a \$500 shopping spree at Kingsway Mall. Levitan, who is in the Bachelor of Business Administration program, was ecstatic over her win.

"I feel great and somewhat surprised but also very happy. I will probably feel this much later when I'm relaxed at home and more calm."

Julie entered the competition to try something new and represent girls who are five-foot-three, but the weeks leading up to the finale were a test of nerves.

"It was intense but I just managed them (nerves) the best I could and I practised and did my research. I did the best that I could. Who would have thought the five-foot-three-inch girl would get it and I did! Representing!" she said.

Julie said that her clothes and confidence gave her the edge to win but didn't expect it after seeing her competition.

"I thought Alex and Inea, the tall girls 100 per cent. Chris also had a good chance because he was very popular in that regard, other than that I thought I had a chance."

Figliuzzi, the runner-up, had nothing but kind words to say about Julie.

"Julie was great. I loved working with her. She is one of those people who are super energetic and super helpful and friendly. She is super outgoing and easy to get along with. She deserved it."

Chris had an uphill battle with the stigma of being the only male in the competition but he rose to the challenge.

"I felt it (the stigma) at first but after a while and you get up there and start walking, it didn't feel that bad. You don't really pay attention to anything else going on around you. The worst part was the in-between times of the photo shoots and during the introductions. You look around you and see all the girls around you and your like I'm the only guy ... OK."

This finale was full of surprises and great exposure for all the contestants.

"I didn't expect it at all! I was like are you kidding me? You're pushing me through to the next round! I spent the morning watching YouTube videos on how to walk and legitimately the woman told me to walk like Frankenstein," said Figliuzzi.

"Maybe I will come back next year. It depends on where I'm placed. At this point, I think I might take it easy for a while maybe re-evaluate my options. Send some headshots into Baby Gap see where it goes from there," he said.

CONCERT REVIEW

Billy Talent always delivers

By **MATT DAVIES**

@koolaidmatt_

It's not often an entire full bill of Canadian rock bands play together, so when I heard Billy Talent was coming to town with three support acts, I got really excited. It was a pretty mixed-bag of genres playing for over 4,000 screaming fans at the Shaw Conference Centre.

The night started off with Indian Handcrafts, a psychedelic rock duo from Barrie, Ont. They had stopped in Edmonton earlier this month at the Pawn Shop and were eager to show off their skills to a much larger audience.

Their set list was pretty short, with only a handful of songs but the band is composed of really talented musicians. Their ending track "Bruce Lee" was my favourite and really got the crowd pumped for the acts to come.

As they left, they thanked Jägermeister Canada who was sponsoring them on the tour, which was apparent in the incorporation of the company in the band's logo.

Next on stage was Hollerado, who are no strangers to Edmonton either. Having seen them twice before, I was eager to hear some new tracks from their recently released album *White Paint*.

Starting off with their hit "Americanarama" from their first album, they only got better from there. They too had a significantly shorter set than other times I've seen them play but we did get to hear a couple new ones including their new single "Pick Me Up." They closed with the very catchy "Juliette."

The blend of feel-good rock songs are exactly what makes this band so good and they show no signs of slowing down.

Then came the very well-known group and a band a lot of the fans came to see, Sum 41. It's a band I had idolized as a pre-teen, but have



www.tourismmoosejaw.ca

Billy Talent

felt they've been washed up the last few years. I was not sure what to expect.

They certainly didn't disappoint in some respects. They played nearly all their hits from their first three albums, including the likes of "The Hell Song," "Motivation," "In Too Deep" and "Still Waiting."

There was also a really poorly done Queen cover in an attempt to try and get the crowd moving. I found the stage presence of lead singer Deryck Whibley to be erratic at times, and they wasted about 20 minutes of their 45-minute set on what I found to be mostly peculiar ramblings like introducing the band twice in a span of five minutes as if he forgot the first time.

Nevertheless though, the crowd seemed

to really love it and although they didn't play any material from their new album and only one track from 2007's *Underclass Hero*, their hits from the early 2000s have still to this day been an instant reminder of being a kid and growing up.

Last to hit the stage was the headliner Billy Talent, who was supporting their latest release *Dead Silence*. The crowd was certainly not silent as they started with their first two new tracks "Lonely Road to Absolution" and hit single "Viking Death March."

They had everyone moving with old hits like "The Ex" and "Devil in a Midnight Mass." Having not really listened to their latest much before seeing them, I was really impressed with how they pulled it off live.

It was a change of pace from *Billy Talent III* and I really like the direction they took.

They closed their set with a triad of songs "Fallen Leaves," "Surprise Surprise" and "Red Flag." There were many sweaty, tired rock fans by the end of the night, which is always a good sign of a successful show.

Overall, I had a really good time at the show. I got to hear a new band in Indian Handcrafts from a genre I don't normally listen to and will definitely be checking out more of. I really loved seeing Hollerado again, and although I'd rather have seen Sum 41 10 years ago, it was a refreshing breath of nostalgia to hear those old hits and Billy Talent never disappoint and always put on an amazing show!

WHAT'S GOING ON AROUND CAMPUS

WHO Muslim Students Association
WHAT Islamic Awareness Booth
WHEN April 1 12:00pm-1:00pm;
 March 28 – 11:00am – 1pm
WHERE Outside NAITSA; HP Centre First Floor

WHO Bio Sci
WHAT Pie Throw
WHEN April 1; 2:15pm – 5:00pm
WHERE South Lobby (Main Campus)

WHO MECSA
WHAT Beer Garden
WHEN April 5; 3:00pm
WHERE 8th Floor Business Tower

WHO Latter Day Saints Student Association
WHAT Weekly Club Meeting
WHEN Thursdays; 11:15am – 12:10pm and 12:15 – 1:10pm
WHERE Room J-006

WHO Gamers of Dungeons & Dragons
WHAT Weekly Club Meeting
WHEN Fridays; 4:15 – 10:00pm
WHERE Room WC-316

WHO intoNAITion Toastmasters
WHAT Weekly Club Meeting
WHEN Mondays; 4:45pm
WHERE Room H-003

WHO Investment Club
WHAT Weekly Club Meeting
WHEN Mondays 5 – 7pm Rm T-212 and
 Thursdays 3:30 – 5:30 Rm T-115

WHO Anime Club
WHAT Weekly Club Meeting
WHEN Thursdays; 4:30 – 7:00pm
WHERE Room WB-314

WHO Business Connex
WHAT Weekly Club Meeting
WHEN Tuesdays; 4:30pm
WHERE Room T1-03

WHO Christian Club
WHAT Weekly Club Meeting
WHEN Mondays 12:15 – 1pm Rm H105;
 Wednesdays 11:15am – 12:00pm Rm T212

WHO Kicks It Soccer
WHAT Weekly Club Meeting
WHEN Fridays; 6:00pm – 8:00pm
WHERE Vanguard College

WHO Improv Club
WHAT Weekly Club Meeting
WHEN Thursdays 5:00pm – 9:00pm
WHERE Room H-007

WHO MSA
WHAT Prayer Meetings
WHEN Mondays 4:00pm – 7:00pm room T-412;
 Tues - Thurs 4:00pm – 7:00pm Room T-212;
 Fridays 12:15pm – 1:00pm Room E-020



Present the 3rd Annual CRA Free Tax Prep

Not Eligible

- Individuals who report employment expenses, business, or rental income and expenses.
- Individuals who are filing for bankruptcy
- Individuals who report capital gains or losses
- Returns for deceased persons
- Self-employed individuals
- Corporations

Eligible For Return

- **NAIT students only** (Student ID required)
- Individual up to \$30,000
- Couple up to \$40,000
- One adult with one child up to \$35,000

Need Help With Your Taxes?

**March 23, April 6,
And April 13 2013**
 9:30 AM – 2:00 PM
 ROOM T210



Register Online:
www.surveymonkey.com/t/56WVGWB



CAMPUS CLUBS NEWS

April 6 NAITSA Awards Banquet

NAITSA CLUBS 365

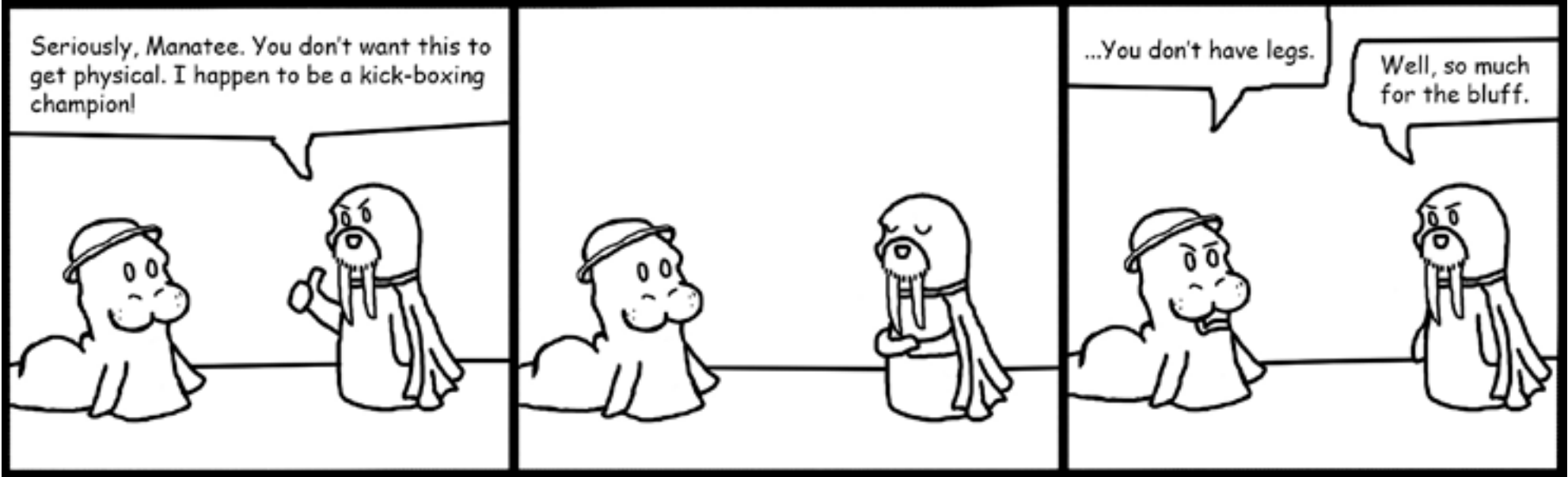
VISIT THE CAMPUS CLUBS CENTRE

Room E-131, NAIT Main Campus
 780.471.8457 | 780.471.8871
campusclubs@nait.ca | naitsa.ca/clubs

*Check out the Clubs Website for other
upcoming Important Clubs Dates*

THE NUGGET-PRESENTS:

NUGGET COMICS



Comic by Rory Fidler

Outlandish



Natalia Bouajram

THE NUGGET-PRESENTS:

Dr.CONwisDOM

Dear Dr. CONwisDOM,
I dropped the “L-Bomb” with my boyfriend and he said it back but he hesitated. We’ve been dating for almost three months now and I really do love him. Should I be worried he isn’t ready to say it back yet?
Sincerely,
I think I just committed love-harakiri

Dear I think I just committed love-harakiri,
It’s perfectly natural for anyone to hesitate when they first hear the words “I love you.” What you need to realize is that he probably wasn’t nervous about saying it back; his mind was just fluttering because he realized your relationship is reaching the next level. He can finally be himself. Being able to say I love you is like a depressurizing valve on a relationship. Men spend the first part of every relationship sucking up and being the best they can be. Now that he has the option to say I love you, he doesn’t need to show you how

much he cares. All he has to do is say those magic three words and he’ll never have to put effort into anything ever again. So, love-harakiri no, giving him the easy way out, yes ...
Dear Dr. CONwisDOM,
My dog hates my girlfriend. Every time she comes over he pees in her shoes. Help?
Sincerely,
Not girlfriend’s best friend

Dear Not girlfriend’s best friend,
There is a simple solution to your dog problem. We hear Bob Barker saying it all the time. Have your pet spayed or neutered. This will eliminate the area where the pee comes from, thus no more pee in your girlfriend’s shoes. (If you’re wondering how I’m so smart when it comes to animals, I’ll let you in on a secret. I actually used to be in veterinary school, but I flunked out! Crazy, huh?)
Dear Dr. CONwisDOM,
I’ve been dropping the ball around the

house lately. I keep forgetting to help my wife. How can I make it up to her?
Sincerely,
She tells me I feel guilty
Dear She tells me I feel guilty,
You could always resort to the classic chocolate and flowers, but I would do something a little different. Try telling her you love her. Chicks go crazy for that stuff!
Dear Dr. CONwisDOM,
My man won’t ever cook for me. I come home after a long day of work and I expect there to be food on the table. Instead he’s off somewhere giving the baby a bath or putting her to sleep. Mama needs some attention, too!
Sincerely,
This is Mama’s house
Dear This is Mama’s house,
Who do you think you are? Your man slaves for you day in and day out catering to your every whim. Taking care of your

baby, while you’re off flirting with the male receptionist at work. Don’t think he doesn’t know it! He’s a smart man and he loves you! That’s why he doesn’t say anything! Get off your ivory high horse and show the man a little more respect. We all know you couldn’t handle spending time with your baby and give it the kind of love he does! That’s why you went back to work! Treat your man to a nice night out. Find a babysitter, tell him to get dressed up and take him for a night out on the town. And tell your mother to quit nagging him. He does the best he can!
Do you have any personal questions that you want answered by the good doctor? Just send an e-mail with your concerns to conwisdom@nait.ca or submit them online to www.thenuggetonline.com and your sex doctor will have your “prescription” ready for you the following week!

LOCAL BAND SCENE

Still evolving

By CHRIS FIGLIUZZI

Having been born in the '80s I got to experience some truly amazing things, like Teddy Ruxpin, slap bracelets and, of course, pogs.

Then the '90s hit and things changed. No longer was I interested in the trivialities of toys and cartoons. I was mature now ... I was into music. I wasn't big into music at first but then I found Blink 182, which was the band that changed everything and created a truly undeniable love of music. While Blink 182 is far from relevant today, their influence is very present in many ways and you don't need to look very far to spot it.

The '90s punk sound is very much alive and strong in the Edmonton based Letters To Elise, who provide listeners with a unique form of '90s pop punk but with an added edge (think Yellowcard meets Jimmy Eat World).

Letters To Elise formed, in its current state, back in 2008 and has undergone some changes in its approach to music.

"A lot of our earlier stuff was more so storytelling, but now we write a lot off of personal experiences or something that relates to one of us and then we try and make it sound like an interesting story from

there," says band member Brando Pomerleau (lead guitar, vocals).

It's easy to see the evolution of the band in their music. Listening to "Let's Party" gives you a fun fast paced trip down memory lane to every high school party you have ever attended. While the more recently recorded "Drama King" (featuring Kayla Patrick) shows off a more dynamic sound. This track offers listeners a much fuller experience, highlighted by some extremely catchy guitar riffs and wonderfully polished vocals.

Currently the band is on a bit of a hiatus, with members getting married, having kids and being in school but have their gaze set firmly on the future as they are currently writing and plotting their next album. If you would like more information on Letters To Elise, the band is extremely easy to track down as they are literally all over the web on Facebook, MySpace, Twitter and yes, even YouTube.

As always, if you are in a band or know of a band that demands attention, let me know via e-mail chrisfigliuzzi@gmail.com, on twitter @chrisfigliuzzi or by yelling at me as I walk down the hall ... on second thought, don't do the last one, I frighten easily.



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Attention to detail

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HOT SINGLE OF THE WEEK



Photo by Denvor Whervin

Dallas Smolski Academic Upgrading

Sooo Dallas, what is your ideal date? – My ideal date is kicking back with a smoke ... just kidding ... It's anything my guy plans for me. It's cute having surprises and showing that they care.

What's your favourite movie? – Top Gun, most definitely.

Do you like to make "the first move"? – No! I hate making the first move!

What qualities do you look for in a guy? – They have to be really chill and not clingy at all. They have to have a good sense of humour and like to joke around! And, of course, they have to know how to treat a lady and be caring not only for me but for everyone.

Aside from studying, what are your other hobbies? – I love playing w/cats. I like quadding and riding my bicycle. Watching UFC and eating KFC.

Are you hot and single? E-mail us at entertain@nait.ca



Muhammad Waqas

What do you think is the best way to propose to someone?



"Just get straight to the point and tell her that you like her."

David Otyeno
Geological Technology



"It should be a surprise event. All friends should be invited and there should be a romantic dance. The guy should bend on his knees."

Rainnie Chen
Business Administration



"Just bend down and give a rose to someone."

Navneet
Computer Network Technology



"Dinner night."

Romeo
Geological Technology



"Put some effort into it! He should plan it out and do it in the summer in a private setting. Take a hike in Maligne Canyon and at the bottom, pop the question."

Allie MacDonell
Biological Science Technology

Advice from professionals

By **LUCAS ANDERS**

It doesn't take long to warm up to the charm of George Stroumbouloupoulos. He does such a great job of making us care about Canada, understanding the world and finding our place in it. George Stroumbouloupoulos visited Radio and Television students here at NAIT a couple weeks ago. For those of you who were unable to meet George, I hope that I can help you gain some insight in Radio and Television student's day with George Stroumbouloupoulos.

George spoke to Radio and Television students on Saturday, March 16, telling them about the importance to finding their own voice, learning to take criticism and that nobody can control their careers except them. It's important to learn by doing everything and taking opportunities to learn. Anyone that has been at a radio station understands that there are a lot of moving parts and plenty of opportunity to develop new skills. George talked about how he used to sleep in the radio station underneath the board, so he would never miss an opportunity early in his career.

George said he sees the younger generation as way too sensitive. The only way you can improve is by taking criticism. He said it takes years to hone a craft of any kind and emphasized that there are no short cuts.

NAIT student Evan Degenhardt had a lot

of good things to say about the workshop, his second, having been to the workshop last year.

"This year was really well done, especially the group of guys they had in there," Degenhardt said.

"Al Ford (program director for Sonic 102.9, Adam Thompson (music director for Sonic 102.9) and George Stroumbouloupoulos, those three seem to have a wealth of knowledge."

Degenhardt also highlighted how personable the media panelists were, moving from table to table over lunch and how he believed Stroumbouloupoulos had a lot to offer. Degenhardt felt there was something for every broadcast student to take away from the day.

Stroumbouloupoulos researches all the stories that he finds from many angles before shares it on his show.

"As upcoming broadcasters, you can't just put one little piece of information out there and hope it catches fire," said Degen-

hardt. "The biggest thing to learn is that you have to understand the entire topic from every point of view then talk about it."

Stroumbouloupoulos had two big moments that helped define his career. He stumbled on radio broadcasting purely by accident when he dropped into an adult learning centre to get his motorcycle licence. He grabbed the wrong course calendar and paid for the course. When he got home he flipped through the book and discovered that he had paid for radio broadcasting. "I didn't know you could do that," he said.

He worked as MuchMusic VJ for a number of years and was then asked to host a program called Fandom. When he arrived on set there was a kiddie pool set up, full of chicken soup, in which two girls were asked to wrestle as part of the show. He was asked to commentate. That was the moment he decided to leave MuchMusic.

At the time he didn't have any clue

where he wanted to go, he just knew he wanted to leave.

CBC wanted him to do a show on News-world with his own staff. He had many phone calls from CBC, but he screened the calls continually, saying no. He did finally agree to meet with CBC though and they gave him free reign on the show. After the meeting, he was headed to Darfur with War-child and Raine Maida of Our Lady Peace. Everyone in Stroumbouloupoulos's life had been telling him not to go to CBC, and he spoke with Raine asking if he should do the show. Raine essentially told him that he had nothing to lose and had a great chance to create something special. This was the start of what became *George Stroumbouloupoulos Tonight*.

While in Edmonton, he was only scheduled to appear for the morning but ended spending the whole day with Radio and Television students from across the province.

Other highlights of the day included live reads, air checks and panels on different areas of the industry that students need to focus on to succeed. Other guests included Ara Andonian, host for 91.7 The Bounce and Bridget Ryan from CityTV's Breakfast Television.

It was a memorable day with a lot of information for future broadcasters.



George Stroumbouloupoulos

THE NUGGET PRESENTS:

HOROSCOPES


MADAME O
March 28-April 3

(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Aries (March 21-April 19)

Life may hit you hard this week.

Remember that it's not about how hard it can hit you, but how hard you can get hit and to keep moving forward.

Taurus (April 20-May 20)

No matter what you want now, wait until that right moment you know of. Patience is strength, something you build over the course of your life.

Gemini (May 21-June 21)

Someone may need your help soon, and you may want to put a desire before it. Remember, item's are temporary, memories of a good deed last forever.

Cancer (June 22-July 22)

Take some time this week to appreciate what you have, you'll be surprised how much it'll make you feel better about your life.

Leo (July 23-Aug. 22)

Help what you know needs help, and don't forget the power of a kind act. Every positive action has a positive reward.

Virgo (Aug. 23-Sept. 22)

Do not be weary of what others think about you. It's your life and strangers opinions shouldn't ever change it.

Libra (Sept. 23-Oct. 22)

Sin is honouring. desire above what you know is right. What choices will you make this week?

Scorpio (Oct. 23-Nov. 21)

Discouraging things can happen to you in this life, but you must remember that not all things are meant to be.

Sagittarius (Nov. 22-Dec. 21)

Take some time to relax this week. Life wasn't meant for work all day and sleeping all night.

Capricorn (Dec. 22-Jan. 19)

If you're ever overwhelmed by life, remember to take it one step at a time. Stop, relax, and then get back to what needs to be done. You can't function properly with panic.

Aquarius (Jan. 20-Feb. 18)

Do not be ashamed if your weaknesses show this week, everyone has their own flaws. Face them, and then build upon them.

Pisces (Feb. 19-March 20)

Do not be afraid to ask for help from others around you. You may have more acquaintances than you know of, always ready to help you out.

A few tricks for April Fool's Day

By DARTANION JOHNSON

@dartanionj

It's the week of April Fools so why not learn some DIY pranks? With so many good pranks and so many gullible people it's hard to figure where to start. Everyone knows classics like swapping the sugar and salt but here are five DIY pranks that you might not

have known about.

1. Fake Candied Apples – Take a raw onion, stab it with a Popsicle stick and then dip it into melted chocolate. Let it sit out to dry and then serve it to your April fools.

2. Bottoms Up Mug – Buy white mugs and paint funny things on the bottom. (Mouths, Pigs nose, Moustaches, etc ...) It

is the perfect gift/prank to give to the coffee drinker in your life.

3. No Lather Soap – Take a bar of soap and paint it completely with clear fingernail polish. When the unfortunate person goes for a shower the soap will get wet, but will not lather.

4. Chocolate Eggs – Hard boil an egg. Peel the shell off. Dip the egg into chocolate. Let the

chocolate harden and then wrap in a colourful foil. Then pass out free chocolate eggs.

5. Live Bees – Get a small box. Place an electric toothbrush inside turned-on. Tape up box and write, "Live Bees" on the top. Place on family or friends doorstep.

Well, enjoy this year's April Fool's Day and try not to be the butt of the joke.

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TIP OF THE WEEK FROM NAIT PROTECTIVE SERVICES



Crimes of hate and bias



The Edmonton Police Service Hate Crime Unit advocates for human rights, safety, security and inclusiveness for all identifiable communities in Edmonton. The Hate Crime Unit is committed to sustainable partnerships with our communities to build trust, prevent hate crimes and incidents from occurring and foster an atmosphere of mutual respect in our City.

What is a hate crime?

A hate crime is an offence committed against a person or property, which is motivated, in whole or in part, by the suspect's hate, bias or prejudice towards an identifiable group based on, real or perceived, race, national or ethnic origin, language, color, religion, sex, age, mental or physical disability, sexual orientation or any other similar factor.

Examples of hate crimes include:

- Violence, threats of violence
- Acts of mischief or vandalism
- Distribution of hate literature, hate mail
- Threatening phone calls, and
- Destruction of religious property or symbols.

If one of these criminal acts occurs, and the investigating officer feels it is motivated by hatred, the file could be classified as a hate crime.

What are hate incidents?

It is important to note that not all incidents of hate are criminal in nature. However, the impact on the individual or community is similar. For a variety of reasons, it is important to report these occurrences to police.

Some examples are:

- Intimidation against identifiable groups or individuals,
- Distribution of prejudicial material

- Use of racial slurs against individuals.

Hate propaganda

Hate propaganda is defined as any communication, poster or graffiti used by a person or group which promotes hatred based on race religion, nationality or ethnic origin.

There are three hate propaganda sections in the Criminal Code. These sections are separate from the Criminal Code occurrences.

1. Section 318, Advocating Genocide
2. Section 319 (1), Public Incitement of Hatred
3. Section 319 (2), Willful Promotion of Hatred

Advocating Genocide – Sec. 318

Is to argue or urge people to kill others because on their colour, race, religion or ethnic origin. Genocide means any of the following acts committed with intent to destroy in whole or in part any identifiable group namely:

- Killing members of the group or deliberately inflicting on the group conditions of calculated to bring about its physical destruction.

Public Incitement of Hatred – Sec. 319 (1)

Everyone who, by communicating statements in any public place, incites hatred against any identifiable group where such incitement is likely to lead to a breach of the peace is guilty of an offence.

Willful Promotion of Hatred – Sec. 319 (2)

Everyone who by communicating statements other than in private conversation, willfully promotes hatred against any identifiable group is guilty of an offence

Are you a victim?

There are a number of indicators that may assist you in your assessment, such as:

- Language of the offender,

- Hate graffiti
- No association between the offender and you
- The victim and offender are from two different groups

- What to do if you are a victim of a crime motivated by hatred?

If it is a crime in progress, call 911. If it is not a crime in progress, contact the Edmonton Police Service complaint line at (780) 423-4567.

Please make sure that the investigating officer understands that you perceive the crime as being motivated by hatred. The investigation will make

its way to the Hate Crimes office for file review and follow-up.

– Information obtained from the
Edmonton Police Service

If you have information about a crime, contact Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000. See www.nait.ca/security for more.

Everybody benefits, except the criminal.

Who ya gonna call?

Academic and personal concerns – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

Housing – Online housing registry at www.rentingspaces.ca

Injury, minor medical concerns – Health and Safety Services, 780-471-8733, Room O-119.

NAIT Security – 7477.

Part-time campus jobs/volunteering – Go to www.nait.ca under “Get involved.”

Scholarships, bursaries – Student Awards Office, 780-491-3056, Room O-101.

Special needs students – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.

Student loans, grants – Financial Aid Office, 780-491-3056, Room O-111.

Cash for books!

Buyback begins **April 1st**
Main campus Bookstore

See the Buyback page on our website or follow our social media for details.

onlinestore.nait.ca



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or contact
Evelyn Gorecki, Tobacco Reduction
Co-ordinator – 780.471.8733 or
egorecki@nait.ca



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Edmonton @ Calgary

Wednesday, April 3

Puck Drop: 8pm

\$4 pints and half price wings!

Check out the game on our high definition TVs with spectacular sound! Featuring an anthem singer, opening videos, official Oilers game DJ, the girls of the Octane Dance team, TV time out and intermission contests! Great specials and prizing from Molson Canadian all game! Plus enjoy our game day features!

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