

LEARN TO RUN! OCT. 7, 15, 21, 28 – SIGN UP AT NAITSA.CA

THE NAIT NUGGET

Thursday, October 3, 2013
Volume 51, Issue 6

YOUR STUDENT NEWSPAPER FOR MORE THAN 50 YEARS, EDMONTON, ALBERTA, CANADA



Photo by Jesse Kushneryk

Let's make-up!

Nugget Sports Editor Lauren Fink and Entertainment Assistant Editor Chris Figliuzzi take a break after Chris, a complete novice, applied her make-up. More pictures, page 20.

CITY GOALIE GETS A CHANCE

**Ty Rimmer impresses
Oilers, story page 8**

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Mouthing Off: Page 17

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**Online Voting Period
Poll Stations Open**

Oct 10 12am - Oct 15 4pm
October 15 10am-2pm

NATSA Office (E-131) | South Lobby Kiosk (Main Campus) | HP Centre | Engineering Technologies Annex Building
North Cafeteria/Fresh Express (Main Campus) | South Learning Centre/X Wing (Main Campus) | South Campus | Patricia Campus

**STUDENT
ELECTIONS**
your voice, your vote

For more detailed information and to hear our stories please visit us online at nait.ca/senate

NEWS & FEATURES

Don't sweat small stuff



STEPHAN SUTCLIFFE
Assistant Issues Editor
@StephanAlexand

If you haven't got to this moment in the semester you'll be there soon. It's the moment during school when you realize either you have taken on too much or maybe you've figured out you have more free time than you thought. All of us would, of course, love to be in the latter situation but very few of us are.

Personally and possibly like many of you, I took on too much. So what to do now – you can't just add another hour to the day. You need to figure out a way to make it work and the best way to do this is by organizing almost everything you do and really enjoying the down time that you have. The little bit of comfort that I can give you is that you're alone, and almost everyone in school feels the way you do. It's just a reality of

our position in life, the difficulty is we're doing more. Where the average adult works a job and has their certain community or family obligations, we can add school to that equation. Endlessly we're told by people that being this busy is only temporary, but unfortunately life after school is becoming more like life in school.

As a society we're working more than we ever have. Even when we leave the office we take our work with us on our phones and tablets. At first it seems like a good idea to have access to your work e-mail and files but then you find yourself answering e-mails on Saturday while out for lunch with your friends.

It is possible that the most detrimental thing to our society is that we're being overworked. Less work is being done when we're actually at work and our social lives are almost nonexistent outside of discussing what show you're trying to catch up on. We always seem to be playing catch up, at work and at home. Frankly,

I've had enough. Unless your job is literally life and death, there should be no reason why it needs to come with you when you leave work. Don't forward your

e-mail to your phone and avoid going in on your days off. Enjoy your down time and demand it. Get away and step away from the hustle and bustle of our lives. If you take that time away you will find yourself working harder at work and actually getting more done that you did before. And when you're at work take breaks and do something you enjoy and when you take breaks get out of your work environment.

We work hard in school and that's OK because that hard work should pay off with work out of school. But

if your life after school begins to feel like it did when you were in school, change that because as much as we're told that life isn't always fun and they call it work for reason, which is for suckers. Have fun, love life and never let the little things get to you.



www.buyrealmarketing.com

Too Much?

Fort Mac battles drug problem

By JARED CARVALHO

For many students at NAIT the chance of working in Fort McMurray are pretty high. Why not, right? There is job security and you get paid really well.

Yeah, you have to put in some long hours but when you get to come home you can live the good life. Fort McMurray is a classic case of a boom town. The sheer number of people who go through the town is absolutely tremendous at any given time. Since the small community has a great many people flowing through it every day, it has the typical boom town problems.

The streets aren't designed to handle the traffic and permanent housing is expensive. And there is another problem that has arisen, one that isn't conventional but makes sense considering the circumstances. Fort McMurray has an issue with substance abuse.

The problem started when the boom in Fort McMurray was in its infancy. Well paid people would pile into work camps with nothing to do. Drugs like cocaine, crack, heroine, meth and marijuana became readily available to pass the time. The problem grew as the town boomed. More people showed up and drug trafficking became a pretty lucrative business. The community found out

that it was hard to control the issue since a vast majority of people that go through Fort McMurray are there for work and then leave at the end of their rotation. Pinpointing an origin for the drugs can be nearly impossible.

The issue was at its worst in the mid-2000s when to many, drugs were as easy to get as pizza. This sparked many employers to start implementing mandatory random drug screenings for employees that work in and around the city. Also, the overall community of Wood Buffalo established a number of rehabilitation and substance abuse centres.

Fort McMurray today eased off in its drug appetite but remains high on the list of communities with substance abuse problems. Efforts from cities like Edmonton and Calgary have also helped stopped the flow of drugs to the community. Calgary police seized \$1 million worth of drugs on Wednesday Sept. 25 with their likely destina-

tion Fort McMurray. Even with the combined efforts of the substance abuse program of the community and efforts from outside municipalities, the issue still remains serious.

Fort McMurray may have this dark shadow of substance abuse but that shouldn't deter you from pursuing a

career there. Companies like Suncor, Syncrude and Cenovus Energy have excellent drug policies and go out of their way to protect their employees.

These programs are some of the steps being taken to make sure Fort McMurray can control its ongoing drug problem.



www.edmontonsun.com

A \$750,000 drug and money seizure in Fort McMurray last December.

Online management



SARAH STILWELL
Online Editor
@sarah_stilwell

Social media is a hobby within itself; it takes a generous amount of time to understand it and to figure out what you're doing. Unfortunately, it doesn't take a lot of time to fall off the social media sphere. When it comes to social media, you get out what you put in.

Many social media savvy professionals agree that in order to have a successful account, accounts must be niched and maintained. Keeping up can be harder than it seems.

"I signed up here a long time ago but haven't really used it because I forgot which e-mail I used and I don't really know what I'm doing," said Sharon, a local Edmontonian and user on About.Me.

About.Me offers users a simple personalized platform. Users can link multiple online identities on external sites and social networking websites such as Facebook,

Flickr, Google+, LinkedIn, Twitter, Tumblr and YouTube. It's an easy way to make your own personal page – and it's an even easier way to network and explore other professionals in your field of interest.

Much like other social media platforms, About.Me enables users to add tags to their own profile, which makes it easier to find similar-interest people. For example, you can tag marketing, advertising, law or pretty much whatever else floats your boat.

Better yet, on About.Me you can even hide them on your page. You will still be "tagged" with those interests and will show up when users search those tags but they won't be visible to anyone looking at your page.

The key to staying on the social media bandwagon is finding people with related interests, even if they're in a different country or live a completely different lifestyle.

I could go for hours on Tumblr to see what Eva Chen, Editor-in-Chief of *Lucky Magazine*, is wearing in Paris or I could see

how the progress is coming along on the new *Spiderman* movie from director Marc Webb's account. Or, I could meet someone in the same city, with the same interests, who I would have otherwise never met. It interests me to hear what these people, among others, are saying.

These people who have become ever-popular online have spent incredible amounts of time perfecting their online skill. Learning a new form of social media takes a while, but creating your own voice ("brand", if you will) is something that takes years to achieve, if ever.

Those who abandon or forget about their accounts are facing an uphill battle. It takes time, effort and a voice to create a well-maintained online social sphere and it can be intimidating to try to get back into it. If you are in a social media slump, I highly recommend searching for other people who share your interest; even though you may have to dig deeper than following Miley Cyrus or Lady Gaga on Twitter.

PCL donates dollars

By **JOSH YAWORSKI**
Issues Editor
@actuallyjosh

As PCL focuses on growing the local pool of trained workers, Alberta Technological institutes NAIT and SAIT are seeing sizable donations to their programs. On Sept. 20, the PCL group of companies matched their records for largest single donations of \$500,000 in two equal donations to NAIT and SAIT.

Paul Douglas, PCL president and CEO was quoted saying, "We are committed to supporting the education and training of skilled workers in all places where we build in Canada, the United States and Australia."

This windfall comes at just the right time for NAIT, as the campus prepares for a flood of new students in the next decade. The funds will be used to grow the school's capacity and increase training space.

For those unfamiliar with PCL, the combined group of independent construction companies operating out of Canada, the United States and Australia is everywhere, if you know where to look. The

green and gold oval logo can be found on hundreds of construction sites every year, and with an annual construction value of \$7 billion, PCL employs nearly 7,000 tradespeople. And a friendship with a company of their stature is a great thing for NAIT to have, says NAIT President and CEO Glenn Feltham.

"This gift reflects the longstanding relationship NAIT has with PCL," Dr. Feltham told reporters.

"We look forward to building that relationship and providing the career-ready graduates PCL requires for its continued success."

The contribution from PCL will make a significant impact in NAIT's future growth. With the incoming CAT building

and campus changes brought about by the Redford driven "Campus Alberta" and its goals of experience based learning, NAIT hopes to expand rapidly in the coming years before the next generation begins moving through the halls.

But this gift is far from the only contribution PCL makes to NAIT. One may remember the first \$500,000 gift given to NAIT in 2006, and many students find themselves competing for the eight PCL Century of Excellence Awards of \$2,000 given out to Boilermakers, Carpenters, Crane and Hoist operators, Electricians, Iron Workers, Millwrights, Steamfitter/Pipefitters and welding students each year.

SAIT also received a \$500,000 gift, which will be utilized to renovate their Thomas Riley Building and to fund the SAIT Opportunities Fund.

SAIT's CEO and President, Dr. David Ross, was quoted saying "(PCL's) commitment to SAIT and the provincial economy is unparalleled ..."

That statement rings true to any who have been assisted by their programs aimed to promote the training of local workers.



Dr. Glenn Feltham
'Longstanding relationship'



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The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.

Taking the temperature

By **ROBERT MacGILLIVRAY**

I'm sure that we've all noticed that last week NAIT went through some temperature fluctuations. Some areas seem to be extremely hot and others downright cold, depending on where you were and when you got there. I'm sorry to break the news to you, but it's perfectly natural and there really isn't anything we can do about it.

Now, before you start throwing figurative rotten tomatoes at me and yelling about how the maintenance guys should be doing something about that, let me explain. According to regulation, the standardized temperature zone NAIT is allowed to be at this time of year is anywhere from 20.5 C to 25.5 C.

Electronic monitor

I had a meeting with Steven Reid, Manager of Maintenance and Operations and got to see first hand through the electronic monitoring system the temperature of almost every room in the building. It's somewhere between about 21°C to 23°C. Yes, there are areas that are cooler and there are areas that are warmer and you're probably thinking to yourself that the standard they go by is outrageous because 25°C is darn hot. You're right, it is hot – but we have to look at what the folks who work over in maintenance have to deal with.

"We have around 7,000 maintenance requests every year and we only have 30 people to take care of them," Reid said.

Not only are these hard working people taking care of managing the temperatures at NAIT, they're busy taking care of doors and anything else they're asked to do.

"As the campus has grown, the maintenance staff hasn't," Reid said.

It isn't just a labour issue, it's a money issue. The same funds that go into upgrading and maintaining our climate control equipment, some of which is from the '60s, also go into maintaining our sidewalks and roads between buildings. It's amazing that they keep it all running as well as it does.

Toured NAIT's underbelly

Speaking of climate control, I had the opportunity to take a tour of NAIT's underbelly just to get an idea of the scale of what Reid was talking about. Imagine you're walking through any generic "maintenance corridor" you've seen on a movie or on TV. There's low hanging ceilings, a maze of pipes and stairs and then, when you feel like you're a long way underground, you enter a room with massive boilers. All of the equipment was really cool but what really struck home for me were the filter rooms. Next time you're at your house, go look for the filter on your furnace. Once you find that wee little filter, imagine that you had to open a regular size door to get to it and then look up 20 feet to see the top. This windy room has a 20-foot filter sitting in it and guess how much of NAIT it services – half of the Business tower.

After seeing the scope of what those 30 people take care of at NAIT, I'm pretty impressed that they can even keep the temperature within 10 C, never mind 2-5 C. So the next time you're thinking about complaining to maintenance about the heat, just remember all of the hard work they already need to do and pull out your thermometer to check if it's below 20.5 C or over 25.5 C before you make a maintenance request.

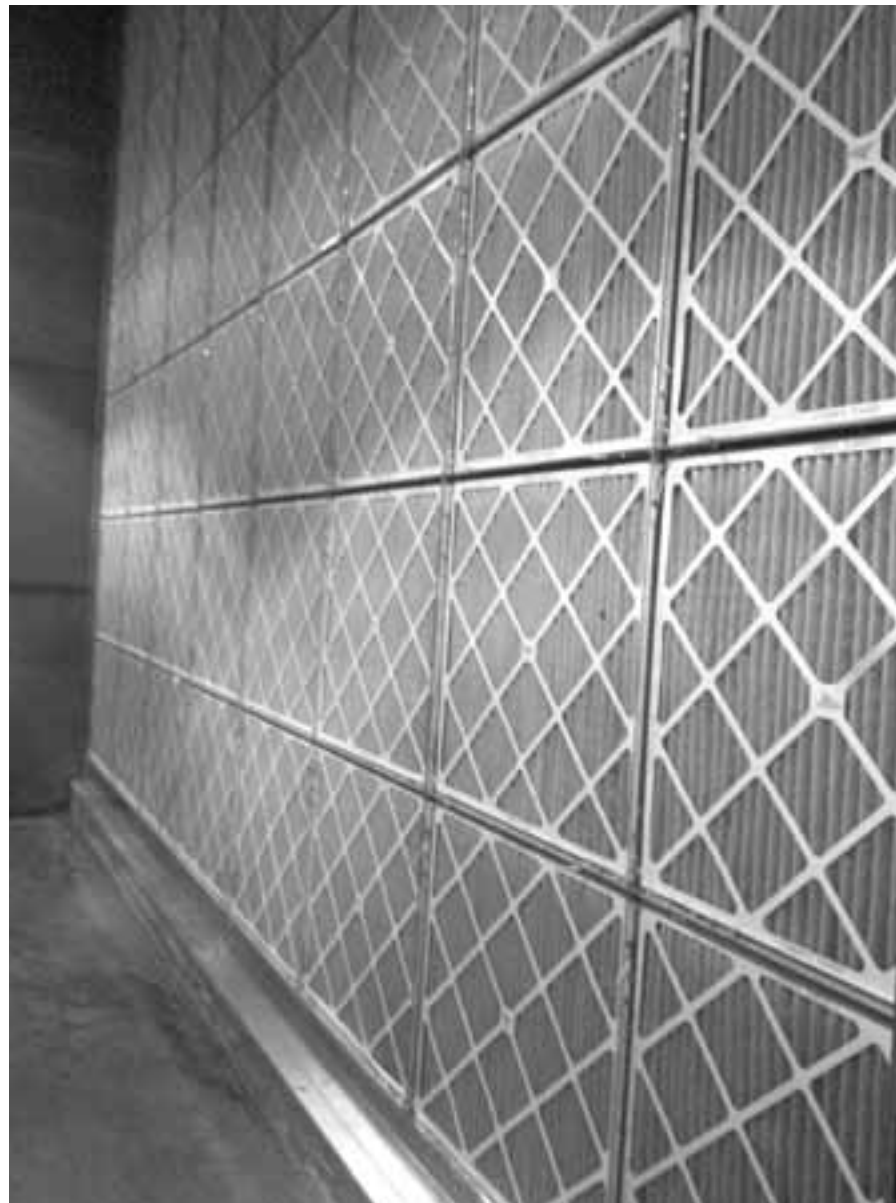


Photo by Robert McGillivray

Huge filters clean the air at NAIT.

Bar violence vexing problem

By **SAMI SILVER**

Most everyone enjoys going out to a bar every now and again but violence in and around bars in Edmonton may be getting out of hand.

According to bar owners and operators, excessive brawling has become an issue which requires police attention. Responsible Industry Edmonton, a group of 40 Edmonton bars and clubs and represented by Anthony Greening and Chris DeCook, made a request for increased assistance from Edmonton Police last Thursday.

Responsible Industry Edmonton says that people are causing trouble when police are not around, especially on Sunday, Monday and Tuesday nights.

"When the beat patrols are not present, the dangerous people are having their way," Anthony Greening, owner of four clubs, including Ranch Roadhouse and Union Hall, has told police and CBC.

According to the bar owners, this seems to happen because people are consciously aware of the lack of policing. Bar owners and operators say that bar personnel and bouncers are putting themselves at great risk when they have to intervene in these types of situations without police support.

Edmonton Police Chief, Rod Knecht, responded by saying that there simply aren't enough beat officers. Last year the EPD requested an additional \$6.5 million to help run the department, but the request was denied by City Council.

As a result, police are doing as much as they can, and some things are just falling through the cracks.

"We'd like to be all things to all people all the time," Chief Knecht told CBC News on Friday.

"We just don't have the resources to do that." Police and club owners have planned a meeting to discuss possible solutions.

When people go out, they want to have a safe and fun time; but is safety dependent of the amount of police around to break up brawls or is there an easier way to keep patrons safe?

According to some bar managers, rather than police involvement, fight prevention may be the key to taking care of bar violence. In this case, prevention comes in the form of bouncers, the built-in bar security. Bar managers, like Nick (Rocky), say that most bar fights are misunderstandings. People get a little too drunk and then a small incident, like bumping into someone, can escalate into something bigger. These are situations which bouncers can easily take care of. However, when it comes

to more violent fights, where weapons may be involved, bouncers don't have sufficient training to safely handle the situation, which necessitates police intervention.

It has been suggested that if bouncers received more comprehensive training concerning bar violence, then beat cops may not necessarily have to concern themselves with these incidents.

When dealing with any controlled substance, there are going to be safety issues. In

this case, the problem seems to be a general lack of control and the sooner we figure out who should take control, the sooner we can all get back to drinking safely.



Chief Rod Knecht



BRING YOUR ID. BRING YOUR VOTE.

NEW FOR 2013

The identification requirements have changed for the 2013 Edmonton Election. In order to vote, you must present **ONE** piece of authorized identification that establishes **BOTH** your name and current residential address.

Such as:

- Alberta Driver's Licence or Alberta Identification Card
- Vehicle ownership, registration or insurance certificate
- Income/property tax assessment notice
- Bank/credit card statement or personal cheque
- Utility bill (e.g. Public Utilities Commission, telephone, television, hydro, gas or water)
- Statement of government benefits (e.g. employment insurance, old-age security, social assistance, disability support, or child tax benefit)
- Residential lease or mortgage statement
- Correspondence issued by a school, college or university
- Government cheque or cheque stub
- Pension Plan statement of benefits, contributions or participation
- Insurance policy or coverage card
- Letter from a public curator, public guardian or public trustee
- Attestation of Residence issued by the landlord of a Commercial Property Management Company
- Attestation of Residence issued by the responsible authority of a First Nations band or reserve
- Attestation of Residence issued by the responsible authority of a Supportive Living Facility or Treatment Center
- One of the following, issued by the responsible authority of a shelter or soup kitchen: Attestation of Residence, letter of stay, admission form, or statement of benefits

NOTICE OF ADVANCE VOTE AND VOTER IDENTIFICATION REQUIREMENTS

Local Authorities Election Act (Sections 12, 35, 46, 53)

LOCAL JURISDICTION:

The City of Edmonton
Edmonton School District No. 7
Edmonton Catholic Separate School District No. 7
PROVINCE OF ALBERTA

NOTICE is hereby given that an election will be held for the filling of the following offices:

OFFICE(S)	NUMBER OF VACANCIES	WARD
Chief Elected Official (Mayor)	1	City of Edmonton
Councillor, City of Edmonton	12	1,2,3,4,5,6,7,8,9,10,11,12
Trustee, Edmonton Catholic Separate School District No. 7	7	71,72,73,74,75,76,77
Trustee, Edmonton School District No. 7	7	B,C,D,E,F,H,I

The trustee positions for Edmonton School District No. 7 wards A & G have been filled by acclamation.

Identify Your Choices

Advance voting will be available for students on:

DATE: Tuesday, October 15, 2013

TIME: 10:00 a.m. to 5:00 p.m.

LOCATION: Building J, NAITrium
NAIT
11762 - 106 Street

**Persons with special needs will be accommodated at all Advance Voting locations.*

DATED at the City of Edmonton, in the Province of Alberta this 25th day of September, 2013

Alayne Sinclair
Returning Officer

VOTE on Monday, October 21, 2013.

Questions?

Visit edmonton.ca/advancevote
or call **780-442-VOTE** (8683).

Join the conversation on twitter
@EdmElections #yegvote



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Point Counter Point Playboy showdown



By JOE RANGER

October 1 marks the 60th anniversary of the founding of Playboy magazine by one Mr. Hugh Marston Hefner, an iconic magazine that deserves much more respect than it receives.

The magazine marks 60 years of publication this December, when supermodel Kate Moss is set to grace the cover. She'll be just another in a long line of beautiful women who willingly shed their inhibitions (and clothes) for the trail-blazing magazine.

Critics have savaged the magazine as objectifying women; however, that opinion seems to be far from reality. Canadian Pamela Anderson built an entertainment empire based around her appearances, as did Playmate of the Year Jenny McCarthy – newest host of Barbara Walters' all female gabfest, *The View*. And Walters knows a thing or two about sexism, as she fought the old boys' club to become the first female television co-anchor. Walters is a pioneer for women appearing in lead roles on broadcast television.

Famous subjects, famous photographers

Carmen Electra is a household name thanks to *Playboy*, as is Shannon Tweed – a Canadian-born former Playmate of the Year now married to KISS frontman Gene Simmons. A television show, *The Girls Next Door*, was based around Hefner's unorthodox relationship with multiple women. It aired for six seasons and can still be found in syndication.

Entertainers from stage, screen, sport and television regularly grace the cover and inner pages representing a broad spectrum of cultures and ethnicities. World Wrestling Entertainment divas regularly grace the pages, propelling the issues to become top sellers.

Nowadays, *Playboy* doesn't need to seek out sun-drenched talent. Many women aspire to appear in *Playboy* – either for validation or exposure. And with past photographer alumni including Helmut Newton, Annie Leibovitz and Herb Ritts, who could blame them?

Critics cite the airbrushing as an example of wrongdoing. Other, more "respected" magazines have given in to photo manipulation. *National Geographic* ran a photo of the Egyptian pyramids manipulated to appear closer than they were. *Time* magazine darkened the skin of former football star turned defendant O.J. Simpson. *Newsweek* ran a cover photograph of Martha Stewart – with Stewart's head superimposed on a model's body (as Stewart was still residing in jail at the time on charges related to insider trading).

Even Gloria Steinem

Famous feminist Gloria Steinem worked as a Playboy bunny, donning the rabbit ears, cufflinks and cotton tail at New York's Playboy Club in 1963. She later wrote about the sexual harassment she experienced, the basis of which was turned into a television movie starring Kirstie Alley.

Even if *Playboy* didn't have nude models, it would still rank among the greatest magazines in history. The interview section is extensive, with political, sporting and entertainment stars packing each edition. In addition to in-depth profiles, each edition boasts a 20-question interview with select celebrities.

Cultural icons as deep as author Ray Bradbury, actor Jack Nicholson, actress Tina Fey, civil rights pioneers Martin Luther King Jr. and Malcolm X and former Beatle John Lennon have all sat down for the *Playboy* interview, as have hundreds of other newsmakers and entertainers. For decades, *Playboy* has brought insightful interviews to the masses, including early, probing ones conducted by Pulitzer Prize winning author Alex Haley (*Roots*). To honour his contribution to the magazine, *Playboy* bequeaths an annual post-secondary scholarship in his name.

Fiction writers ranging from the likes of Woody Allen, Kurt Vonnegut, John LeCarre, John Updike, Vladimir Nabokov and Stephen King to Chuck Palahniuk and Joyce Carol Oates have entertained generations of readers.

Reviews of college and pro sports teams are annual traditions. It also helps that *Playboy* runs pictorials featuring women representing the Big Ten (NCAA college teams).

All said, *Playboy* has contributed much more to the world than simple titillation. It offered a forum to and for aspiring and established authors, artists, entertainers and policy makers. May it publish another 60 years.



By CARLY ROBINSON

What is the problem with *Playboy*, you may ask? It is a magazine that has run 60 years, and over that time has had a devastating effect on our society. There is no sense in pegging all of the issues that will be brought up in this column on just *Playboy*, seeing as the problem is much larger than this. When starting to look at it as a whole, the extreme sexualization of various media forms is really what the problem is here. And yes, I am saying that *Playboy* is one of the many causes of this, no matter what good has come out of it. I won't bring up the religious and extremist points against, but rather the day to day negative implications.

The main problem with *Playboy*, as well as most other pornography, is the unrealistic portrayal of women. It spotlights a minority of the female population, and yet it broadcasts to the majority of men. This tends to give men impractical expectations not only of women's wants and needs, but also in terms of appearance. The women portrayed tend to be airbrushed to perfection and have bodies that often defy nature in every way possible. When it comes down to it, how are the rest of the female population supposed to live up to these images?

Psychological impact

When it comes to those who view these images, it can have a profound psychological impact, especially for young men. When they see these magazines, they may eventually get around to reading the articles. These articles also have their downfalls. These young men will end up thinking that in order to please a woman they have to bring extremes into the bedroom. This rushes people into behaviour that would not have been necessary. They fantasize about extremes in the bedroom, that the basics will no longer cut it for them.

The sad reality is that many of those who do end up posing for these magazines do so not because they want to be photographed in a (debatable) sexually demeaning manner, but because they know it can give them a financial boost as well as a career boost in terms of exposure. Sex sells and it's not always a good thing.

In the media recently we have seen a prime example of what can be wrong with the glorification of sex in the wrong way, with Miley Cyrus's VMA show and "Wrecking Ball" video. She

has yet to grace the pages of *Playboy*, but let's be honest; it's probably coming. This is an example of our society has become over sexualized. Yeah sure it's OK to have whatever fetish with sledgehammers, but keep it in the bedroom. It was Pierre Trudeau who said the government should stay out of the peoples' bedrooms, but people should also keep some privacy to their sex lives.

Bit of a creep?

When one looks at Hugh Hefner, there tends to be a certain amount of unnecessary awe and idol worshipping that happens. Realistically though, isn't he a bit of a creep? All of his philanthropy aside, he is still the man who dated seven girls at once, made a reality show where most of the women ended up quitting and married a woman who, in terms of age, could be his grandchild.

Now, we can see there is a realistic issue surrounding *Playboy*. A magazine like this should only be for the fringes, yet its wide popularity through celebrity endorsements has made it a (somewhat) household name. This is causing problems for the image perception and sex lives of individuals everywhere.



Photo by Jesse Kushneryk

OPINION

— Editorial —

Game with a purpose



NICOLE MURPHY
Editor-In-Chief
@NicoleMurphySt

The Digital media program here at NAIT is using its high tech skills to help people in need. Teaming up with the Glenrose Rehabilitation Hospital, a game called Smash Up Derby has been created to help patients with head injuries.

The old school method of rehab had patients that suffered a head injury or stroke doing a manual bean bag exercise.

“So imagine you have suffered this head injury,” said Steve Chattargoon, program chair of NAIT’s Digital Media & IT program. “You’re relearning to move your limbs again, so to move a bean bag from here to here takes a lot of energy. We looked at it and thought well that is pretty boring, so how could we encourage them to play or go through these rehabilitation movements a lot faster?”

Making rehab fun

“Is there a way to increase it? So Smash Up Derby came to be,” Chattargoon said. It’s a game where you put your hand on this big 42-inch television and you drag your car around and smash it into things and you collect points.”

The game may be simple but Chattargoon says, “if you are a child or an adult, to actually play an interactive addicting game, without you knowing it, it’s rehabilitation but fun rehabilitation.”

Chattargoon himself has suffered a head injury and thought of these opportunities as a way to give back to the community. He talks about the thought process behind the project.

“Do we know people who have strokes or head injuries and so on and could we utilize our talents in the program to help society? So that is what we are doing.”

Real life experience

It is projects like these that help NAIT students get real life experience that can make a huge difference in people’s lives. Students practise talking to clients and then designing a project that meets their needs.

Smash Up Derby is not the only game NAIT has helped develop. The Digital Media program has also created a training program for the Canadian Army.

“We actually created a training game for seamen to pilot a ship.”

NAIT has also designed a game called Simon Says to help people with physical injuries.

“Now you think I have a back injury or a leg injury or something and I have to go through these motions and movements, Chattargoon said. “If I am able to do it as part of a

game, now my rehabilitation is not so tedious, now it is actually fun”

The creation of games that can actually help people who are recovering from injuries is endless and the future holds a lot of opportunities for NAIT students to help change the image of the rehabilita-

tion process for patients.

Currently, the Digital Media program has some math programs in the works that will help children that need to stay in the hospital. These games will help kids get fast answers to math equations so that their learning can progress without waiting for a teacher.



www.techlifemag.ca

A NAIT-developed video game helps patients at the Glenrose Rehabilitation Hospital.



Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We’re a newspaper, not an encyclopedia. Give us a break!

Submit letters with your real name and phone number to: studenteditor@nait.ca.

SPORTS

Hard work pays off for Ty



KYLE HARRIS
Assistant Sports Editor
@Theharrishow20

Ty Rimmer is living his childhood dream. Growing up right here in Edmonton, it was natural for him to be a fan of the Edmonton Oilers. At a young age Rimmer pursued hockey and fell in love with the game. Ty played goaltender for the Knights of Columbus minor hockey association all the way up to Midget AAA where, at 17, he moved on to play junior hockey with the Bonnyville Pontiacs of the Alberta Junior Hockey League.

Rimmer's stay was only one season, whereafter he went to Brandon to find a spot with the Wheat Kings in the Western Hockey League but, then was traded to the Prince George Cougars. Rimmer found himself in a starting role, playing 43 games for the Cougars. During the offseason, Ty was traded to the Tri-City Americans. It was there he really came into his own, putting up career numbers, with five shutouts, a .922 save percentage, as well as Western Conference goaltender of the year and First Team All-star for the West. Rimmer then finished off his 20-year-old season with the Lethbridge Hurricanes where he saw a lot of rubber and minutes, making over 2,100 saves for a save percentage of .912 in 65 games. Rimmer caught the eye of the LA Kings organization, where he made his professional debut for their American Hockey League affiliate Manchester Monarchs.

This past offseason Rimmer worked his butt off to ele-



Ty Rimmer

tpohockey.com



www.flickr.com

Ty Rimmer in goal when he played for the Lethbridge Hurricanes.

vate his game as he looked for an organization to get a contract with. "I spent all summer training off ice with Barry Butts at Premier Strength and Conditioning," he said.

I also did a lot of on ice work with my goalie coaches Lyle Mast and Dustin Schwartz. They really helped me improve my game over the off season."

After getting an invitation from the Edmonton Oilers, he attended their rookie camp in Penticton, BC where he impressed management and coaches enough to get a professional tryout invite to main camp. Ty knew going into camp it wasn't going to be easy to find a spot on the roster, with Devan Dubnyk and Jason Labarbera signed to NHL deals, Richard Bachman on a two way deal and Oiler draft picks Olivier Roy (2009 fifth round, 133rd overall) who spent last year in the AHL and ECHL and Tyler Bunz (2010 fifth round, 121st overall) who was in the ECHL last season.

"I obviously had looked at the Oilers depth chart before camp. But, once it got started I really didn't have time to think about it too much. I just tried to take it day by day and one shot at a time."

Rimmer, undrafted, got his chance to shine on Sept. 21 against the Vancouver Canucks, at Rexall Place on *Hockey Night In Canada*. He came in half way through the second period, filling in for Labarbera.

"It was really an amazing experience," he said. "To play for the NHL team I grew up watching, in front of all

my family and friends. It's something I will never forget."

Ty made 10 saves on 11 shots and looked quite comfortable in the crease for the Oilers as he made some big saves for the Blue and Orange in a 5-2 win. Rimmer's performance was good enough that the Edmonton Oilers offered him a contract for the Oklahoma City Barons, the AHL affiliate for the Oilers.

'... to hear Craig MacTavish say they wanted to sign me, it was a feeling I can't really describe.'

– Ty Rimmer

"It was pretty surreal. It's something I have dreamed about my whole life. I had to work very hard to earn a pro contract and, to hear Craig MacTavish say they wanted to sign me, it was a feeling I can't really describe.

"I feel very blessed to have this opportunity with the Oilers."

Ty is now in Oklahoma City, battling it out at camp for the AHL affiliate.

"I arrived in OKC Sept. 24. I'm competing with a couple of other goalies for a job in the AHL. It's important for me to continue to develop so that I can make the jump to the Oilers in the near future."

Yesterday (Oct. 2) the Quad City Mallards of the Central Hockey League announced that Rimmer has signed a contract with the team.

A humble Rimmer says a lot of his success is because of the ones who stuck by him and supported him from Day 1.

"I want to thank my family and friends who believed in me and stood by me through all the ups and downs. Without them I wouldn't be here."

SOCCER

NAIT Ook forward Kelly Tataryn (10) in action against the Keyano College Huskies Saturday at NAIT field. The Ooks won 2-0.



Photo by Jesse Kushneryk

Win and a loss vs Keyano

By KRYSTA MARTELL

The NAIT women and men's soccer teams were back in action on Saturday as both teams took on the Keyano Huskies.

The woman's team took home another win after another exciting game. The teams remained scoreless up until the last 15 minutes. Ooks player Kelly Tataryn went on to score in the 86th minute, giving the Ooks a 1-0 lead. Shortly after, the Ooks scored another late one making it 2-0 for the final.

Coach Carole Holt had a game plan that seemed to work.

"We have to continue to work hard as a team," Holt said.

"Keyano has a good GK (goal keeper) that is quick to come out and challenge and she is very brave when coming to get the ball," she said.

"We cannot force the play and if we cannot play direct, we will need to have good movement off the ball to provide passing options. I thought we did a good job of this last weekend but that was last weekend. The challenge for us now is to be consistent in back-to-back games and work hard together. Every little thing that we do matters – every pass, every tackle, every attempt at goal. Missed opportunities could mean the difference between winning and losing games."

Leanne Kadatz still holds the top spot with the most points at 16, followed by Kelsey Langille with six. The woman's team is sitting in second place in the North Division of the Alberta Colleges Athletic Conference.

The men's team came up short against the Huskies for their first loss of the season. The Huskies scored the first and only goal of the game in the 28th minute.

"Our strategy going into Saturday's game against Keyano was to be more organized and disciplined in all areas of the field and to look to having a better result from when we last played them," said head coach Charles O'Toole.

The men's team is still at the top of the leader board in first place of the North Division in the Alberta Colleges Athletic Conference. Montgomery Haines remains the team's top scorer at six points, followed by Zachary Kaiser with two points.

Next up, both teams travel to Grande Prairie, where they take on the Wolves in back to back games next weekend.

NAIT Ook Tommy Syzsyko (13) handles the ball Saturday during a home game against Keyano. NAIT lost 1-0.



Photo by Jesse Kushneryk

HOCKEY

Men drop opener in OT

By **BRIDGETTE TSANG**
@BridgetteTsang

The Oaks men's hockey team dropped the puck for another exciting season as they finished off the preseason with a perfect record.

The Blue and Gold Tournament (which took place at NAIT Sept. 20-22) was a huge success for the Oaks! The men won both games in the tournament; playing against Portage (2-1) and Selkirk (3-2 OT) as they capped off their preseason.

Head coach Serge Lajoie was impressed by his team's preseason record and is certain that formations and on-ice responsibilities will change from time to time throughout the season saying, "Our first two lines are intact, just as we had them last year."

Last Friday, the Oaks took on the Concordia Thunder in their first regular season game on home ice. Before the game started, Oaks assistant coach Mike Gabinet took part in a special welcoming of all the NAIT international students to their first hockey game. And, they sure were treated to quite the game!

The puck dropped and the season was officially underway! Three minutes into the first period, the Thunder struck first with a goal by Blake Boaz, making the score 1-0, Thunder. The Oaks quickly responded with a goal on the power play from Sam Waterfield tying the game at 1. The score remained 1-1 going into the first intermission.

The second period didn't see scoring but, both teams were exchanging penalties and power plays. Oaks' goalie, Ty Swabb

was phenomenal in making key game-changing saves but, the Oaks just could not bury their chances.

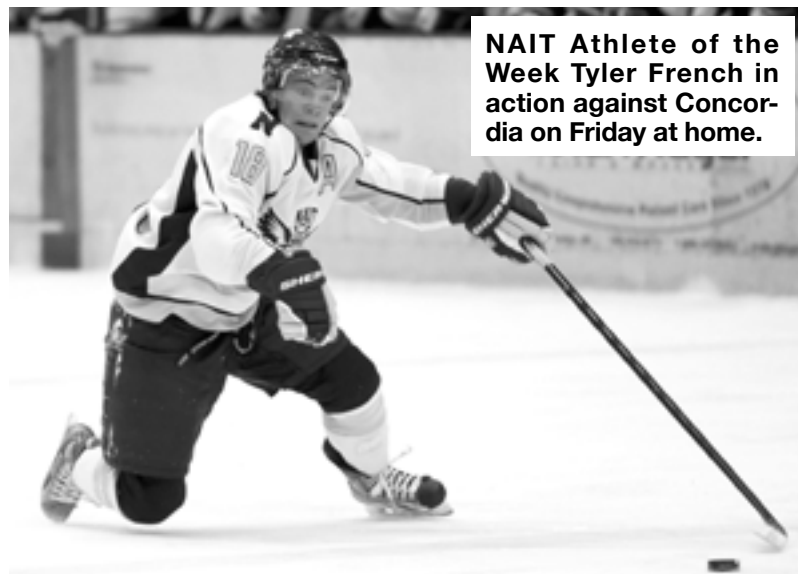
Going into the third period, the Oaks were outshooting the Thunder, 34-18. Both teams were pressing hard for the next goal but, were both caught in the sin bin. The game would head to overtime.

Luckily, no penalties were handed out in overtime. The Oaks outshot the Thunder 46-25 after three periods of play but they fell short in a heartbreaking loss. The Thunder scored in the last minute of overtime, making the final score 2-1 and allowing them to take home two points.

Although the team was unable to put up a win, coach Lajoie was pleased with his team's effort throughout the game and gave extra praise for their second and third period play.

"We outshot Concordia by more than 25 shots. After a slow first period, our team responded after some minor adjustments at the intermission."

The Oaks were supposed to be right back at it the next day against the Thunder in their first road game of this season at the Glengarry Arena, and their second game of their home-and-home series. But, their excitement to get back on the ice would be held back as the game was postponed due to an unsafe play-



NAIT Athlete of the Week Tyler French in action against Concordia on Friday at home.

Photo by Jesse Kushneryk

ing environment.

After Friday's heartbreaking loss, Oaks right winger Michael Piluso believes that if the team works harder at putting shots at the net, eventually it will pay off.

"I think the key to [the] game would be to get more shots to the net and working a bit harder," said Piluso.

The Oaks will play another home-and-home series on Oct. 4 and 5, this time against the Red Deer College Kings. So far, the Kings are on top of the ACAC standings, along with Portage and SAIT. The Oaks will have to bring their top game to take on one of the top teams in the league.

Court teams gearing up

By **BAILLIE SCHEETZ**
@bailliescheetz

Volleyball

This weekend, the men's volleyball team competed in a tournament at the Go Centre in Edmonton to cap off their preseason. The Oaks started off with a close 3-2 loss to SAIT on Friday afternoon and ended the day on a high note with a 3-0 victory against Grande Prairie College. It was a great defensive effort by the team with a standout performance by middle blocker Spencer Voight. The team then suffered a 3-0 loss to the University of Calgary in their second match on Saturday afternoon. Despite the loss, it was cited to be their best performance of the year thus far. The Oaks finished off the weekend at on Saturday night with a loss to King's University College. Coach Douglas Anton stated "over all a good weekend for us even though we didn't win much, we got better

every match. Our level of play improved greatly through the first three matches."

Anton was also impressed with his young players.

"Our young players show a lot of promise and at times have played very well," he said.

Many players had strong performances on the weekend, including setter Sean Renaud, left side Trevor Zemlak and third year Ethan Redman. Anton has confidence in the season ahead and thinks the team must "become more technically disciplined, especially in the late stages of each set" to ensure success.

The Oaks are back in action on Oct. 18 at Lakeland College for the season opener

Basketball

The NAIT women's basketball team kicked off their preseason with an impressive weekend in Medicine Hat. The team opened

the season on Thursday night with a close game against the much-improved Lethbridge College Kodiaks, where the Oaks came out on top with a 50-43 victory. Fourth-year transfer student Robyn Gibson lead the way in scoring with 16 points to keep the Oaks in the game, while second-year transfer Torey Hill hit double digits with 10 points.

The team then competed on Friday against the home team, the Medicine Hat Rattlers and yet again came away with the win. It was a fast paced game in which the Oaks pulled away in the fourth quarter and defeated the Rattlers 73-58. All-conference guard Josephine Peacock tallied 15 points to lead the Oaks in their second game. On Saturday afternoon the Oaks finished off the weekend strong with another close game. The Oaks fought hard for four quarters and finished with another victory on the weekend, a 65-57 win over tough

SAIT Trojans. Second-year guard Shea-Lynn Noyes was awarded player of the game with 15 points and seven steals in the final match, while Torey Hill led all scorers with 18 points. Coach Todd Warnick was pleased with the weekend's outcome.

"We played some good basketball this weekend against three very tough and talented opponents who tested every game," he said.

"While the wins are nice, it is more important to see our growth over the three games as we improved every outing and had the chance to compete against three very high quality teams."

The Oaks return to the court for more exhibition action on Thursday Oct. 3 in the Basketball Alberta West Showcase tournament against the Briercrest College Clippers. This game will be held at the Saville Community Sports Centre on the U of A Campus at 8 p.m.



Poll clerks needed for student elections

Duration: Oct. 15, 2013

Compensation: \$15/hour

• Poll clerks are needed on Oct. 15 from 10 a.m.-2 p.m. for the NAITSA student Senate election.

• Poll clerks must have a strong command of English and have a complete and clear understanding of the democratic election process.

• All poll clerks must attend

a paid training session on Friday, Oct. 11 at 4 p.m. in Room E-131.

• Poll clerks must have a complete understanding of the online voting process

and must be comfortable in providing guidance to students.

• Apply in person at the NAITSA office, Room E-131 from 8 a.m.-4 p.m.



Eskis lose game, Reilly

By **RACHEL PRAZAK**
@RachelPrazak

The Edmonton Eskimos fell to the Toronto Argonauts after giving up 33 unanswered points in the second half of Saturday night's game.

The Eskimos also lost the services of quarterback Mike Reilly, who was diagnosed with a concussion after the game and is out of the lineup indefinitely.

The defences set the tone early in the game with the opening two possessions ending in punts for both teams. The Argos defensive back Patrick Watkins made the game's first big play after hauling in a deep ball by Eskimos quarterback Mike Reilly for his fourth interception of the season.

After a personal foul penalty set the Argos back 15 yards, Toronto couldn't cash in on Watkins interception and the battle for field position continued throughout the first quarter.

After a 17-yard gain by receiver Adarius Bowman that got the Eskimos down to the Argos 43-yard line, the Eskis caught a break when a Reilly interception was called back on a 15-yard face masking penalty by defensive back Ricardo Colclough.

The Argos continued to find themselves in penalty trouble as they were hit with yet another 15-yard personal foul after a helmet to helmet hit between Reilly and defen-



Mike Reilly

remained calm and cool, as the 39 year old moved the ball with his arms and his feet. Assisted by a 15-yard personal foul against the Argos defence, Joseph finished off an 85-yard drive with a six-yard touchdown pass to slotback Fred Stamps in the back of the end zone, increasing their lead 15-1.

The Eskimos had a two-touchdown cushion heading into the second half, but were forced to continue without Reilly.

After a solid first half from their defence, Joseph and the Eskis helped with some offensive production to start

the Eskis lead to 22-11.

Kackert struck again with a 19-yard burst on the next play, before Dontrelle Inman finished off the quick scoring drive with a diving catch in the end zone from 10 yards out. The Argos went for two after the score and Collaros hooked up with John Chiles to make it a three-point game.

A 19-yard run for Kackert set up Argonaut receiver Dontrelle Inman for a 10-yard diving catch into the end zone for the major. Collaros and the Argos' offence were successful in a two-point conversion

with receiver John Chiles making the catch in the end zone.

The Eskimos could not regain their first half momentum and were forced to punt after another failed drive.

The ensuing drive by the Argos stalled and they were forced to attempt another field goal. After striking from 50 yards out, Waters missed his third field goal of the night leaving the score 22-20.

The Eskimos offence continued to struggle, as Joseph was hit hard and fumbled with the Argos recovering and returning the ball inside Edmonton's five-yard line. On the next play, Collaros fumbled in the end zone only to have Kackert pounce on the football, giving the Argos a 27-22 lead.

The Eskimos looked to regain the lead, but their comeback fell short with Joseph being intercepted by linebacker Marcus Ball who ran 57 yards into the end zone to seal the deal.

The Toronto Argonauts defeated the Edmonton Eskimos 33-22.

Stamps played in his 100th CFL game and scored his league leading 10th receiving touchdown of the season. He also surpassed the 1,000 yard mark for his fifth straight year.

Stamps and the Eskimos look to rebound against the Montreal Alouettes next weekend in a game with major playoff implications.

Jays in next-year country

By **KELSEY LYDYNUIK**
@KelseyLydyniuk

The Blue Jays wrapped up their sea-

son this week as they took on three different teams.

On Monday, Toronto was in Chicago



R.A. Dickey

to play a make-up game. However two home runs early in the for the White Sox gave them the momentum for the rest of the game and the Jays just could not catch up. Although the Jays were not able to snag a win, JP Arencibia's 21st home run of the season put the Jays back into the game and a single by Ryan Goins in the bottom of the eighth was just not enough as the Blue Jays fell 3-2.

On Tuesday they moved on to Baltimore as the Orioles looked to slip into the Wild Card chase, however the Blue Jays played the spoiler again, this time in extra innings. In the top of the 10th with a single from Mark DeRosa the Blue Jays won 3-2 and slashed any post-season dreams Baltimore had.

On Wednesday the second of three games against the Orioles was played and although the Jays were up in the beginning, they were not able to hold on. Esmil Rogers allowed six runs through six innings, first encountering trouble in the third and continuing right through to the sixth. With this poor pitching performance, the Orioles were able to walk away with a 9-5 win that came a day too late for the young team.

The rubber match was on Thursday and the game was back and forth in the first and second. However in the 3-2 loss for the

Jays, Chad Jenkins was solid relief on the mound. He got the nod in the fourth after Mark Buehrle was hit in the leg with a line drive. Unfortunately it was too little too late for the 2013 Blue Jays.

On Friday, the Jays returned home to wrap up the season against the Rays, who looked like they had their Wild Card spot just about locked up. However that did not mean anything to the Blue Jays as they were able to play a solid game with stellar pitching from R.A. Dickey. The Jays would win the first of their last home series for 2013, 6-3.

Once again the Jays seemed to be hitting their stride, as bats caught fire and pitching was solid in Toronto's second last game of the season. They handed the Rays a 7-2 loss and Tampa Bay's Wild Card hopes seemed to get a bit blurry.

Sunday was a different story, as the Rays got six runs in the first inning and another in the fourth. However the Jays began to make the Rays worry as they caught up but fell just short, as Tampa Bay would fly on to the Wild Card in the American League to take on the Texas Rangers with a 7-6 final victory.

For the 20th consecutive year, the Jays will miss becoming the boys of October and Toronto fans are left saying, "We'll be good next year."

Oil Kings struggle early on

By **KELSEY LYDYNUIK**
@KelseyLydynuik

After blowing out the Calgary Hitmen in their season opener, the Oil Kings looked to go undefeated at home when they took on the Regina Pats last Wednesday. However, the tables were quickly turned on the Oil Kings as the Pats walked away with a 6-0 victory.

However, the second period got exciting as Oil Kings fans saw a fight between Carson Samorindy and Edgars Kulda and four goals from the Pats. The second period also saw an unfortunate end to Mads Eller's game as he slid into the boards and ended up unconscious on the ice, however he was up and moving when he left the

game. The third period saw yet another Pats goal and Marc McCoy and Mitchell Moroz dropped the mitts to end the game on an exciting note.

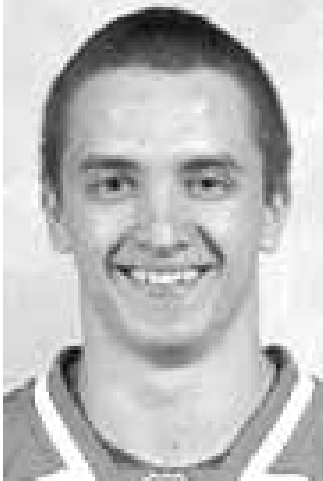
On Friday, Medicine Hat was in town as the Oil Kings honoured the memory of the late Kristians Pelss. He was a Latvian hockey player who played two years with the Oil Kings (his last year was the year they won the Ed Chynoweth Cup) and was an Oilers prospect, playing with the Oklahoma City Barons and Stockton Thunder. He met the unfortunate end to his life this past summer in his home country of Latvia in June.

The Oil Kings paid tribute to their late teammate by wearing his number,

26. In addition, no Oil King will ever again wear 26 in his memory.

The game against Medicine Hat was very back and forth and, after being embarrassed in their own building on Wednesday, the Oil Kings moved on with a 4-3 victory.

Sunday, the Oil Kings wrapped up a four-game homestand to start off the season as the Lethbridge Hurricanes blew into town. The Hurricanes started the game



Kristians Pelss
In memoriam

off strong and then, in the second, Edmonton began to hold their own as they took the lead. Spencer Meyer and Aaron Irving dropped the mitts and went at it, which sparked the 'Canes in the third as they scored four goals, the last one being an empty netter to beat Edmonton 5-3.

The Oil Kings head out on the road and will return to Rexall Place to take on the Everett Silvertips next Wednesday.



File photo

WANTED: Ooks Mascot
The Athletics Dept. is looking for a new Ooks mascot. This is a pivotal position that requires a lot of enthusiasm and energy. You will interact with the crowd by maintaining a high level of energy and entertainment. The person chosen must be good with kids. You will be required to work part of every home game and a few special events.
If you are interested, please contact Andy MacIver at 780-471-7606 or by e-mail andym@nait.

ACAC Standings

MEN'S HOCKEY

Team	GP	W	RW	L	OTL	TIE	GF	GA	Pts
Red Deer	2	2	2	0	0	0	3	1	4
Portage	2	2	2	0	0	0	10	4	4
SAIT	2	2	2	0	0	0	8	5	4
Concordia	1	1	1	0	0	0	2	1	2
NAIT	1	0	0	0	1	0	1	2	1
MacEwan	0	0	0	0	0	0	0	0	0
Keyano	2	0	0	2	0	0	5	8	0
Briercrest	2	0	0	2	0	0	4	10	0
UAA	2	0	0	2	0	0	1	3	0

September 25

Red Deer 2, UAA 1

September 27

Concordia 2, NAIT 1 (OT)

SAIT 4, Keyano 3; Red Deer 1, UAA 0

Portage 7, Briercrest 3

September 28

Portage 3, Briercrest 1

SAIT 4, Keyano 2

MEN'S SOCCER

North Division									
Team	W	L	T	Pts	GF	GA	+/-		
MacEwan	5	1	1	16	26	8	18		
NAIT	4	1	1	13	15	4	11		
Concordia	4	3	0	12	19	17	2		
Grande Prairie	3	2	1	10	12	7	5		
Keyano	1	4	3	6	8	15	-7		
King's	0	6	0	0	4	33	-29		

South Division

Red Deer	5	2	0	15	16	12	4
Lethbridge	4	1	2	14	19	14	5
SAIT	3	3	0	9	20	14	6
Lakeland	2	2	3	9	17	10	7
Medicine Hat	2	2	3	9	13	9	4
Olds	0	6	0	0	3	29	-26

Results

September 27

Concordia 5, King's 2

September 28

Keyano 1, NAIT 0

Grant MacEwan 5, Concordia 2

SAIT 5, Olds 1

Lethbridge 3, Lakeland 3

Red Deer 3, Medicine Hat 2

September 29

Grant MacEwan 2, Keyano 0

Medicine Hat 1, Lakeland 1

Red Deer 4, Lethbridge 1

WOMEN'S SOCCER

North Division

Team	W	L	T	Pts	GF	GA	+/-
MacEwan	7	0	0	21	37	2	35
NAIT	5	1	0	15	40	3	37
Grande Prairie	4	2	0	12	19	13	6
Concordia	4	3	0	12	16	20	-4
King's	0	6	0	0	2	37	-35
Keyano	0	8	0	0	2	41	-39

South Division

Medicine Hat	6	1	0	18	21	4	17
Red Deer	3	2	2	11	9	10	-1
Lethbridge	3	2	2	11	11	11	0
SAIT	2	2	2	8	12	12	0
Lakeland	2	4	1	7	16	16	0
Olds	0	5	1	1	2	18	-16

September 27

Concordia 8, King's 1

September 28

NAIT 2, Keyano 0

Grant MacEwan 5, Concordia 0

SAIT 3, Olds 0

Lethbridge 1, Lakeland 0

Medicine Hat 4, Red Deer 0

September 29

Grant MacEwan 6, Keyano 0

Medicine Hat 3, Lakeland 2

Red Deer 2, Lethbridge 0

GOLF STANDINGS

Men's Individual

1	Kyle Morrison	RDC	143
2	Mitch Kurtz	MH	147
3	Darren Windle	RDC	149
4	Jared Donnelly	NAIT	152
5	James Charpentier	GMU	153
6	Drew Horn	GMU	156
7	Devin Kohlhauser	GMU	158
8	Barrett Belland	GMU	158
9	Cole Feth	UAA	159
10	Samuel Kirkness	OC	159

Men's Team

North Region

1	MacEwan University	624
2	Red Deer College	629
3	Medicine Hat College	648
4	NAIT	651
5	Olds College	663
6	Drew Horn	665
7	Portage College	751

Athlete Profile



Player: Alina Cross
Sport: Soccer
Position: Midfield
Program: Landscape Architectural Technology

By SHEEBA JOHNSON

What inspired you to play soccer?
We all played back in Elementary school.

Who's your favourite athlete?

Soccer player (footballer,) David Luiz because of his hair, haha!

Do you have a pre-game rituals?
I like listening to some fast paced music.

What's your favourite color?

Blue.
If you could be any one else living or dead for a day, who would you be?

Teammate Carlie Friesen.

Do you have pets?
A bird with an attitude, his name is Dexter.

Whats your workout song?

The Wop.

Energy drink: Love them or hate them?

Hate them.



Athlete Profile



Player: Charlotte Lendzion
Sport: Soccer
Position: Goalkeeper
Program: Chemical Technology

By SHEEBA JOHNSON

What inspired you to play soccer? – I sucked at every thing else.

Who's your favourite athlete?

Soccer player Erin McLeod.

Do you have a pre-game rituals?

I have to listen to my gaming podcast.

What's your favourite colour?

I like gold.

If you could be any one else living or

dead for a day, who would you be?
Erin McLeod.

Do you have pets?
A very fat cat named Slash, a cat named Sabrina and two dogs Sky and Sherlock. They're boxers.

What's your work-out song?

"Toxic" by Brittany Spears.

Energy drinks: Love them or hate them?

Hate them.



Athletes of the week

September 24-29

Kelsey Langille
Soccer



This past weekend Kelsey played a strong game, applying pressure on the Keyano Huskies defence that eventually wore them down late in the game en route to a 2-0 Ooks victory. "With six goals this year, Kelsey has been a consistent force for our team this year," said head coach Carole Holt. "She continues to be a threat for us on both the wing or in the midfield. She is a versatile weapon capable of causing problems for our opponents regardless of where she plays." Kelsey transferred from Cumberland University in Tennessee, where she led the U.S. in shots (82) and goals (37). "It's nice to see that Kelsey's success south of the border is translating to success in the ACAC." Kelsey is a second-year upgrading student from Ardrossan.

Tyler French
Hockey



Tyler played a fantastic game in the Ooks 2-1 overtime loss to Concordia University College of Alberta on Friday night. He had nearly a dozen shots including three clear-cut breakaways and a penalty shot in a valiant effort where he easily could have scored two or three goals. "Tyler played with a lot of speed, drove to the net fearlessly and always attacked the zone with terrific pace," said head coach Serge Lajoie. "If Tyler continues to move his feet and find shooting lanes, like he did on Friday night, the goals will come for him later in the year. As a third-year Ooks, Tyler will be looked towards to provide offence for us throughout the season." Tyler is a third-year Business student from Kelowna, BC.

HOME GAME SCHEDULE

MEN'S HOCKEY HOME OPENER

FRI SEP 27 @ 7:00PM



SOCCER

SAT SEP 28
WOMEN'S @ 2:00PM
MEN'S @ 4:00PM



SAT OCT 19
WOMEN'S @ 12:00PM
MEN'S @ 2:00PM



MEN'S HOCKEY

FRI OCT 4 @ 7:00PM



FRI OCT 18 @ 7:00PM



ENTERTAINMENT

C.K.'s wit and wisdom



ALLISON MULLOCK
Entertainment Editor
@Alimullock_

This past weekend, my dad came to town on work and to visit. He is a huge Louis C.K. fan and we got to talking. He started explaining to me when C.K. was last on Conan and the message he sent out really got him thinking. Later on that day I was curious so I decided to YouTube it. It completely changed how I felt about phones, communication and cyber bullying.

We all think of phones as a necessity, which in reality these days it is. We all think of it as the fastest, most convenient way of communicating with our closest family and friends, which, once again, it really is. But is it the best way of communicating? Do we really get the whole experience of connecting through communication on our phones?

'These things are toxic'

C.K. answered this question flawlessly.

"I think these things are toxic, especially for kids ... they don't look at people when they talk to them and they don't build empathy. You know, kids are mean, and it's 'cause they're trying it out. They look at a kid and they go, 'you're fat,' and then they see the kid's face scrunch up and they go, 'oh, that doesn't feel good to make a person do that.'

"But they got to start with doing the mean thing. But when they write 'you're fat,' then they just go, 'mmm, that was fun, I like that.'

This followed him being concerned that his four-year-old son had wanted a telephone. C.K. did not like this idea. It made him rather concerned that his son was never going to feel any repercussions for things that he says. Being able to watch somebody's reaction to what you say is a huge part of connecting with somebody. Saying something hurtful or nice to somebody will come with a reaction. This reaction helps us base whether what we have said is appropriate or not.

Being able to say whatever you want

over the Internet or the wireless waves gives the sender no sense of how the other is truly feeling. This is how words get so lost in translation or interpreted wrongly. This happens so often in text or over the Internet. You get a message from a friend and all of a sudden you think they are mad at you. I do this daily and I'm sure many of you out there do this as well. We all have some insecurity and self-deprecation that thinks the world is against us.

C.K. went on to talk about how he had a moment that he just felt.

"And sometimes when things clear away, you're not watching anything, you're in your car and you start going, 'oh no, here it comes. That I'm alone.' It starts to visit on you. Just this sadness. Life is tremendously sad, just by being in it ... That's why we text and drive. I look around, pretty much 100 per cent of the people driving are texting. And they're killing, everybody's murdering each other with their cars. But people are willing to risk taking a life and ruining their own because they don't want to be alone for a second because it's so hard."

Just feel

Being able to take that time and just feel, regardless of whether it is happiness or sadness, is amazing. Being able to sit and cry to yourself is good for you. Not having to constantly pick up your phone or laptop to get acknowledgment from the world is powerful. Being comfortably alone is hard to do.

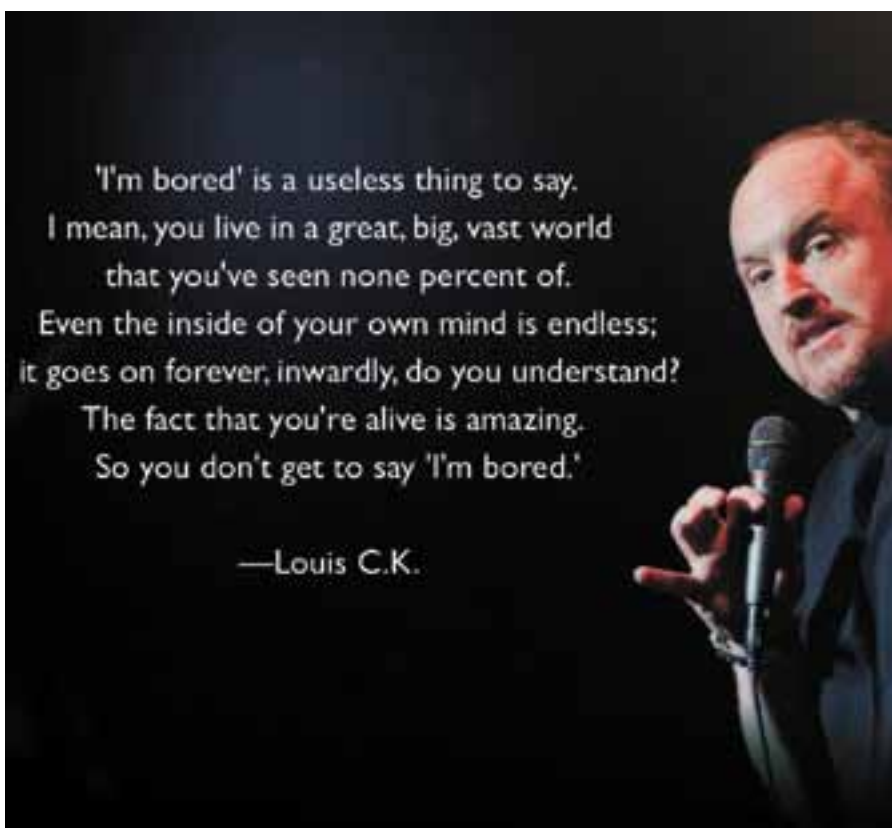
Next time you come across a moment like this and go "Oh, I'm getting sad, gotta get the phone and write 'hi' to like 50 people," take C.K.'s advice.

"You know what, don't," he said. "Just be sad. Just let the sadness in, stand in the way of it and let it hit you like a truck."

C.K. made some extremely great points in this interview. He almost finished off the interview with Conan poetically.

"The thing is, because we don't want that first bit of sad, we push it away with a little phone or a jack-off or the food. You never feel completely sad or completely happy, you just feel kinda satisfied with your product, and then you die. So that's why I don't want to get a phone for my kids."

I recommend checking out the Louis C.K. vid on YouTube. It is worth the watch and the seriousness of the interview is shown in a humorous way.



www.buddhistpeacefellowship.org

WE'RE BACK

NAIT
NEWS
WATCH

Catch us every
Saturday on CTV2
at 6 P.M. starting
September 28

CTV
two

FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...



By KATIE HUDSON

Autumn is upon us and what better to do than curl up with a blanket, a hot beverage with a leaf hand-crafted in the foam and your fluffiest pet. Not even assignments, the impending visit from Jack Frost and parking tickets on NAIT campus can cramp your autumn bliss. While you

cosy up, instead of only listening to the chilly wind blow, here's a playlist to both relax you and keep the warm fuzzies going. Whether it's the soft lull of Patrick Watson's "Great Escape" or Marvin Gaye's smoky voice in "Ain't no Mountain High Enough," you can't help but smile. Now, hold on. Maybe you're thinking that curling up by the fireplace isn't your style and you don't have any fluffy pets. OK, that's fair, but what about your pent up back to school stress? Let the chord progression of a Bahamas song make you feel like you're wading in the ocean while vacationing in Hawaii and as Modest Mouse coons, just Float on. As comforting as your mom's homemade pumpkin pie, give these tunes a listen and melt into a deep, autumn daydream.

1. Lost in the Light – Bahamas
2. I am the Walrus – The Beatles
3. Leading Me Now – The Tallest Man on Earth



vueweekly.com

Bahamas

4. The Great Escape – Patrick Watson
5. Send Me on My Way – Rusted Root
6. Safe and Sound – Hawksley Workman
7. Ain't No Mountain High Enough – Marvin Gaye and Tammi Terrell
8. Old Numbers – Caitlin Rose
9. Float on – Modest Mouse
10. Somewhere Over the Rainbow – Israel Kamakawiwo'ole

VIRAL VIDEO

Twerking for twits

By KODY DAVIDSON

I know last week I said we would look at something more long form but this is just too crazy to pass up. If you have seen or heard anything about Miley Cyrus, then you probably know what twerking is. You might even know someone who is addicted to twerking. If you do, then maybe you should show them this video by Smosh: *My Twerking Addiction*. This is ridiculous and I am not even sure it is ridicu-

lous in a good way. It is kind of funny in good old Smosh style.

The video is a parody of the show *My Strange Addiction*, with Anthony testifying that he is addicted to twerking. Now, if you're still reading this, let me assure you – it gets worse. Anthony won't admit he has a problem and makes a twerking workout video called, twerkout. Anthony wants to be the best twerker in the world (yeah, I told

you it was going to get worse). His friend, Ian, gets Ian's mom and himself to confront Anthony about his problem. Now I don't want to spoil the ending but this video is fairly funny. At the very least it puts twerking into perspective.

All and all, the video is well done and is funny. I like how the narrator's facts are just wrong and a bunch of visual jokes are funny. The whole twerking thing is ridiculous and this



video points that out with Smosh's standard style and cheese. Also, the slow motion scene is well ... interesting. You're just going to have to watch and see for yourself.

Until next week, "Michael Phelps' abs turn me on."

My Twerking Addiction: <http://www.youtube.com/watch?v=rI2YKkrv-ZU>

OCTOBER EVENT LIST

4
Alexander Keith's Birthday at the Nest

7
Clubs Connection

7, 15, 21, 28
How to Run

15
Oilers vs Penguins at the Nest

22
Oilers vs Canadians at the Nest

31
**NAITSA & the Edmonton Food Bank
Trick or Treat Food Drive**

31
Scary-oke at the Nest

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HOT**SINGLE OF
THE WEEK**

Photo by Kyra Muller

Zak Cunningham, 26

Petroleum Engineering

Interests: Motorcycles, snowboarding, travelling.

Favorite television show: Breaking Bad, The Walking Dead.

Ideal women: Fun, easygoing, like to travel, up for anything, small in stature, dark hair, not afraid to get dirty (literally).

Perfect First Date: Somewhere fun and unexpected, random.

If you are a single lady and want to connect with Zak, he encourages you to add him on Facebook at www.facebook.com/zakcunningham

Are you hot and single? E-mail us at entertain@nait.ca

Enchanté!

By **CARLY ROBINSON**

The first of October marks the beginning of the fifth annual Edmonton Chante Festival – five nights of French artists performing right here in Edmonton and most without a cover fee.

Don't worry, you don't need to speak a word of French to appreciate this cultural event.

"We are a festival that has always been open and all music styles are appreciated," said David Letky, community development officer for the Edmonton ACFA, the francophone association organizing the event.

"We've also asked these French artists to have one or two cover songs in English."

The festival kicked off Tuesday night on Whyte Avenue, with an all-local lineup. Paul Cournoyer, who was a semi-finalist at the Festival International de la Chanson de Granby, started off the soirée at 7 p.m. at Kasbar-Yianni's. Then Paul came back with his bilingual duet, Post Script, which just released an EP. Well known local violinist Daniel Gervais finished off the night.

Copa Cabana hosted Wednesday night's show, featuring world music as well as an album launch. Mamselle Ruiz opened the show at 7 p.m., and Luna de Santiago closed the show at 9. In between these artists, Senegalese native and now Calgary based Youssou Seck launched his new album.

Tonight (Oct. 3) will be much more interactive. Rap artist Dupuis and local folk artist Anique Granger will set the scene for Karaoké 3D. This unique karaoke night will have a live band to interpret any song of your choice. This will be at the Pourhouse.

Friday night will be a more pop rock night at the Empress Alehouse. Justin Blais, 2009 Bounce Showdown winner, is scheduled to open the show accompanied by Andréanne A. Mallette. The scene will be then be set for the next

artist, coming from Quebec, Tremblay. Next, also from La Belle Province, Motel 72 will take the stage.

Saturday will host the only shows that require purchased tickets. During the day Edmonton Chante will be bringing children's artist Carmen Campagne to the Cité Francophone on the south side. That night in the same place the festival will come to an end with a lineup designed to make

you want to dance. This show, costing only \$20, will start off with beats artist Kattan.

Next, popular Quebec artist Kodiak will play their music with rock, folk and blues roots. To close the festival, pop artist Gardy Fury, discovered through the

musical *Hairspray* this summer in Montreal, will leave festival goers eager for next year.

"We are very proud (of the lineup)," says Letky.

For the first four nights "we expect people from the francophone community as well as regular bar goers" he said, also stating they expect an intimate environment averaging around 50 people a night.

No need to be French to go out and enjoy some great francophone music, both local and from afar.



www.flickr.com

Gardy Fury



CARLY ROBINSON

How do you feel about Breaking Bad being finished for good?



"I'm disappointed: It should go on forever."

Chris Hipkiss
Medical Lab Assistant



"I hope it was all a dream."

Ivan Vrouue
DMIT Web Design



"I don't know what I'm going to do on Sunday nights anymore. Big fan of the show."

Jonathan Fullerton
Apprentice Electrician



"I don't watch it, but I know a lot of people will be upset."

Jill Vaurek
Business



"I wanted to start (watching it), but I don't watch it yet."

Ty Johansson
Business

TIP OF THE WEEK FROM NAIT PROTECTIVE SERVICES



Identity theft – what to do



Identity theft is the unauthorized acquisition, possession or trafficking of personal information. It is also the unauthorized use of information to create a fictitious identity or to assume an existing identity. This is done to obtain financial gain, goods or services, or to conceal criminal activities.

Identity theft presents a serious threat to public safety. The impact of identity theft is felt by government, business, and the public. The two major credit bureaus, Equifax and Trans Union, indicate that they each receive approximately 1,400 to 1,800 Canadian identity theft complaints every month.

Be vigilant. Protect yourself!

Theft of your identity can occur by Internet, telephone, fax or by mail. Everyone must be vigilant in protecting themselves.

Be proactive.

Learn and use safety measures to minimize the chance of becoming a victim. Be wary of unsolicited emails, telephone calls or mail attempting to extract personal and financial information. Ask yourself if you need all of the identity documents in your wallet. Remove any cards you don't need and store them in a safe place.

Be careful about sharing personal information.

Provide personal information on the phone, mail or Internet only when you have

initiated the contact or know who you are dealing with. Someone with your SIN or birth certificate can pretend they are you and make fraudulent financial transactions.

Payment cards (credit and debit)

- Periodically check your credit report, bank and credit card statements. Report irregularities promptly.
- Don't lose sight of your credit and debit cards during transactions.
- Shield your PIN when using your debit or credit card.
- Memorize all PINs. Do not write them on the cards.
- Change your PIN regularly.

Mail

- Shred personal and financial information before putting it in the garbage.
- Protect your mail. Deposit outgoing mail in post office boxes and remove mail from your mailbox promptly.
- If you are unable to pick up your mail, have someone pick it up for you.

How can I recognize a scam?

- If it sounds too good to be true, it probably is.
- You've won a big prize in a contest that you don't recall entering.
- You're offered a once-in-a-lifetime investment that offers a huge return.
- You're told that you can buy into a lottery ticket pool that cannot lose.

You must pay or you can't play.

- "You're a winner!" but you must agree to send money to the caller in order to pay for delivery, processing, taxes, duties or some other fee in order to receive your prize.

You must give them your private financial information.

- The caller asks for all your confidential banking or credit card information. Honest businesses do not require these details unless you are using that specific method of payment.

Will that be cash ... or cash?

- Often criminal telemarketers ask you to send cash or a money order, rather than a cheque or credit card. Cash is untraceable and can't be cancelled. And, crooks also have difficulty in establishing themselves as merchants with legitimate credit card companies.

The caller is more excited than you are.

- The crooks want to get you excited about this "opportunity" so that you won't be able to think clearly.

It's the manager calling.

- The person calling claims to be a government official, tax officer, banking official, lawyer or some other person in authority.

The stranger calling wants to become your best friend.

- Criminals love finding out if you're lonely and willing to talk. Once they know that, they'll try to convince you that they are

your friend.

It's a limited opportunity and you're going to miss out.

- If you are pressured to make a big purchase decision immediately, it's probably not a legitimate deal. Real businesses or charities will give you a chance to check them out or think about it.

What to do

1. Act immediately. Report the incident.
2. Notify creditors and/or financial institutions immediately.
3. File a report with the Edmonton Police Service or the RCMP.
4. Cancel credit and/or debit cards.
5. Check your credit file with both credit bureaus (Equifax and Trans Union).
6. Report fraudulent activities to the Canadian Anti-Fraud Centre:

a. www.antifraudcentre.ca

b. Toll Free: 1-888-495-8501

Fraud: Recognize It, Report It, Stop It.

If you have information about a crime, contact NAIT Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous, and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal. Visit our website for more tips and information: www.nait.ca/security.

WHAT'S GOING ON AROUND CAMPUS

WHO Gamers of Dungeons & Dragons
WHAT Weekly Meetings
WHEN Wednesdays, 5:15pm – 11:00pm Room WA-114
 Fridays, 5:15pm – 11:00pm Room WC-316, WC-312

WHO Business Connex
WHAT Weekly Meetings
WHEN Tuesdays, 4:45pm – 5:30pm
WHERE Room T-116

WHO Btech
WHAT Weekly Meetings
WHEN Mondays, 5:00pm – 6:00pm Room WA-114
 Fridays, 5:00pm – 9:00pm, Room WB-314

WHO Latter Day Saints Student Association
WHAT Weekly Meetings
WHEN Thursdays, 11:15am – 12:10pm and 12:15pm – 1:10pm
WHERE Room WA-212

WHO Christian Club
WHAT Weekly Meetings
WHEN Fridays 12:15pm – 1:10pm Room E-201
 5:15pm – 8:00pm Room E-216

WHO ANIME
WHAT Weekly Meetings
WHEN Thursdays, 4:15pm – 6:10pm
WHERE Room WB-314

WHO Paramedics 2015
WHAT Weekly Meetings
WHEN Tuesdays, 12:15pm – 1:10pm
WHERE Room X-205

WHO Investment Club
WHAT Weekly Meetings
WHEN Wednesdays 4:40pm – 5:40pm
WHERE Room T-509

WHO Civil Club
WHAT Weekly Meetings
WHEN Wednesdays, 5:00pm – 6:00pm
WHERE Room L-164 (Club Room)

WHO CETSC
WHAT Weekly Meetings
WHEN Wednesdays, 12:00pm – 1:15pm
WHERE Room L-164 (Club Room)

WHO Muslim Students Association
WHAT Dawah Booth (Information)
WHEN Mondays, 12:115 – 1:00pm and Thursdays, 11:15am – 12:00pm
WHERE HP Centre, 2nd floor near pedway

CAMPUS CLUBS NEWS

OCTOBER 7 Clubs Connection Room X107 4:30 – 6:30pm
OCTOBER 8 Grant Application Deadline 5:00pm
OCTOBER 10 Clubs Showcase – Main Campus, South Lobby

LOVE

The Lord your God

With all your heart

and with all your mind

and with all your strength

This is the first and greatest commandment

And the second is like it:

Love your neighbor as yourself

All the Law and the Prophets hang

ON THESE TWO COMMANDMENTS

Matthew 22:37-40

The Christian Student Association (CSA) is a group of students who share a common faith in Jesus Christ. We are a group of students who are committed to living out the Christian faith in a practical way. We are a group of students who are committed to serving the community and the world.

Meetings

Regular meetings 12:15pm to 1:15pm

Open EOI

Everyone is welcome!



BCX ^{silent} Auction

What: Silent Auction to raise money for the World Literacy Foundation
When: Wednesday, October 16th. Doors open @ 6pm!!
Where: At the Nest
Who: Put on by Business Connex of NAIT

Tickets are \$5 at the NAITSA office (E-131)
 Cash only event!!
 GREAT PRIZES!



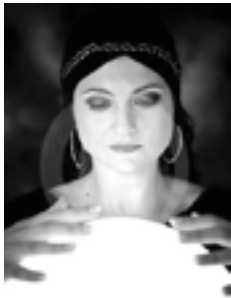
VISIT THE CAMPUS CLUBS CENTRE

Room E-131, NAIT Main Campus
 780.471.8457 | 780.471.8871
campusclubs@nait.ca | naitsa.ca/clubs

Check out the Clubs Website for other upcoming Important Clubs Dates

THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

October 3-9

(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Libra (Sept. 23-Oct. 22)

A truth will be revealed soon, it may disturb you but do maintain your mental balance and remember this shall pass. Have you been ignoring a family member? Make some time for your family.

Scorpio (Oct. 23-Nov. 21)

Your relationship seems to be going nowhere. What's the point in making an effort, you ask? Your cynical side will be stronger this week. Do something together you might see some results

Sagittarius (Nov. 22-Dec. 21)

What a tangled web you weave when you try! But when you don't, you seem to prosper effortlessly. Don't try too hard; things will work out in your favour. Just keep doing what comes naturally to you.

Capricorn (Dec. 22-Jan. 19)

This is the most remarkable time of your life. Cherish all the small moments right now. They will help you smile when things seem hard. You will make some friends that will last a lifetime.

Aquarius (Jan. 20-Feb. 18)

You are going to get busier than you like and preoccupied by routine tasks. Stop and take a deep breath and maybe smell some roses. Hard work is its own reward.

Pisces (Feb. 19-March 20)

Your supportive planets are working to make you feel good and raise your spirits. You will hear some great news and will find it difficult not to smile so much. Eat some ice-cream, you deserve it!

Aries (March 21-April 19)

You will be doing a lot of thinking this week. A recent mistake needs to be fixed before you can relax and go watch TV. Flow charts are pretty handy and can help point

out where the mistake was made.

Taurus (April 20-May 20)

Emotional support is needed. Don't push away close friends and family. You need them more than you realize. Be careful around black cats with white paws. They have sharp claws.

Gemini (May 21-June 21)

You might have to accept that someone was right all along! Take it in stride with some good humour, there is a lesson to be learned. Buy a purple trinket for yourself.

Cancer (June 22-July 22)

You feel comfortable in your rela-

tionship right now, maybe it time for a romantic adventure. You will learn something new about each other. Stay away from cynical people this week.

Leo (July 23-Aug. 22)

Love is in the air for you this week. Keep your eyes wide open. You might run into an old and dear friend. Consumption of caffeine is going to go up this week.

Virgo (Aug. 23-Sept. 22)

A close friend needs you this week. Just be there for them and take them for a night out and spend some quality time together. Treat yourself to a good meal and stay away from spicy food.

Who are ya gonna call?

Academic and personal concerns – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

Health insurance coverage – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 28 if you have alternate coverage.

Housing – Online housing registry at www.rentingspaces.ca

Injury, minor medical concerns – Health and Safety Services, 780-471-8733, Room O-119.

NAIT Security – 7477.

Part-time campus jobs/volunteering – Go to www.naitsa.ca under "Get involved."

Program-related concerns – Contact Program Chair or Program Adviser.

Scholarships, bursaries – Student Awards Office, 780-491-3056, Room O-101.

Special needs students – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.

Student loans, grants – Financial Aid Office, 780-491-3056, Room O-111.

Tutoring – The Tutor Centre in Room A-133 (main campus) offers free assistance with math, physics and chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A). Peer Tutors – Sign up online to get or to be a tutor by e-mailing tutor@nait.ca. Cost is approximately \$15/hour.

The NAIT Nugget is looking for
part-time writers!

Join us Tuesdays in E128
from noon until 1 pm

THE NUGGET

Local and international news,
entertainment, sports and
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Photos by Jesse Kushneryk



Make-up buddies

By LAUREN FINK
@LaurenFink

I'm sure all of us are guilty of wasting time on the Internet. I like, many, waste that time on YouTube. It's so bad that I've basically invested whole days into watching videos of all kinds on the site. Some of the videos I've come across are your standard cat videos, others "epic fails" and some beauty ones.

And, the beauty ones is exactly how I found the popular "tag" called *My Boyfriend Does my Make-up*. I've watched my fair share of these videos, from beauty-guru's to Jenna Marbles (before her account was shut down) and they always do a good job of making me chuckle while wasting my semi-valuable time. For some reason, after watching several boyfriends struggle through, I thought it would be funny to try it out with not my boyfriend but, my NAITSA-famous friend and former NAITSA's Next Top Model runner up, Chris Figliuzzi. So, we did it and now we are going to share our experience with all of you, through photos.



NAITSA + the Edmonton Food Bank
presents

TRICK OR TREAT

FOOD DRIVE

OCTOBER 31, 2013

5PM - MEET AT THE NEST
6PM - WE TAKE YOU OUT
8PM - RETURN TO NAIT

SIGN UP AT NAITSA.CA/TRICKORTREAT



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yourNAITSA

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cm 9-131

MOVIE REVIEW

Follow-up falls short

By KURT FABISCH

In 2009, *District 9* came out of nowhere and blew me away. Its director, Neill Blomkamp, became an instant favourite of mine. In 2013, we have *Elysium*. The much-awaited follow-up to *District 9*.

The year is 2154. Earth has become wildly overpopulated and ravaged with disease. The poor stay on Earth while the wealthy live on a massive space station called Elysium. Elysium is your typical sci-fi utopia. Where there is no disease, crime or

seemingly any problems of any kind.

Matt Damon plays Max, a man who in a work related accident is hit with a lethal dose of radiation and given days to live.

Desperate to survive, he surrenders his body to criminals in exchange for a ride to Elysium where he can get the medical attention he needs to live.

Max is surgically fitted with a badass and yet slightly scary exoskeleton suit that allows him to fight the robotic minions of Elysium, storm the space station and free Earth from its oppres-

sion. So far, it sounds great.

So ... why don't I like it as much as *District 9*?

My main problem with *Elysium* is that it's too tame. There is some grisly stuff in the movie, don't get me wrong. The film earns its R rating. In one gruesome scene, a man's face is obliterated by a grenade in such a frightening way that I had trouble believing it when I saw it. But it's just not enough.

I seriously missed the over the top nature of *District 9*, which had such images as a pig being launched at someone like a cannonball. Or the image of a man's head imbedded with a spike, bulging and then exploding. Good clean fun like that.

Elysium's violence was far too reserved. There was hardly a memorable moment of gleeful gore in the film.

The characters/performances in this film, including Matt Damon's, are largely forgettable.

Except for one – which brings me to my favourite part of *Elysium*. It's Agent Kruger, played by *District 9's* star Sharlto Copley. Kruger is the heavy in the film and is equipped with an exoskeleton of his own, all manner of firepower and a samurai sword. He's a grizzled old dog of a mercenary, with no conscience of any kind. It means nothing to him to launch missiles at spaceships carrying families and it means even less to violently interrogate a woman as she grasps her daughter.

He's a true monster and Copley gives one of the year's best performances as Kruger. With relatively little screen time, Copley gives us a science fiction villain that I would hope will be remembered, even if the rest of the film is not.

While I found the story average, I thought the film was superbly crafted. Blomkamp knows how to make a sci-fi film as good as anybody working today. It's just a shame *Elysium* wasn't nearly as much fun as *District 9*.

So, while I may have issues with the film's story and characters, earning the film three stars out of five, I would recommend that people see it on the big screen if they can. Chances are you'll leave the theatre thinking you saw something cool.



sciencefiction.com

Matt Damon as Max

KIDS BOOK REVIEW

Jack and Jill a dark tale

By CHRIS FIGLIUZZI

Assistant Entertainment Editor
@chrisfigliuzzi

Growing up, every kid is told nursery rhymes. They're fun, nice and simple to remember for the kids. Sure, over time the exact wording may change a bit but chances are the nursery rhymes you tell your kids will be the same or at least pretty close, to the ones that you were told by your parents. But should this be the case?

The other day I was hanging out with my young cousins who decided to tell me their new favorite story about Jack and Jill. Now I remember this story, or at least one verse of it, and really can't say I remember just how terrible an influence it is. For those of you that don't recall the story goes:

Jack and Jill went up the hill/To fetch a pail of water. Jack fell down and broke his crown and Jill came tumbling after.

This is where the story ends for most of us, but there's more.

Up Jack got and home did trot. As fast

as he could caper; And went to bed and bound his head. With vinegar and brown paper.

When Jill came in how she did grin, to see Jack's paper plaster; Mother vexed did whip her next, for causing Jack's disaster.

First off, this is obviously sexist. Not only does Jack break his crown, a symbol of his higher status, but Jill also "comes tumbling after."

The story is insinuating that without Jack there to help her fetch the pail of water, Jill is useless and not even able to stand on her own two feet, never mind fill up a bucket. Furthermore, Jill is portrayed as mean and heartless when she comes in and starts grinning at the sight of Jack lying there injured and badly bandaged. We are also left wondering why Jill was punished for causing the fall? There is nowhere in the story that assigns blame to her and the fact that she came tumbling after Jack would indicate to me that she was ahead of him,

and thus had nothing to do with his fall.

In addition to this, the story clearly advocates violence against children and perhaps women in general. After Jill grins at Jack's misfortune, she is whipped by their mother for grinning and allegedly causing the fall.

This seems like a fairly severe punishment considering the mother has no evidence that she caused the fall other than Jack's word. This punishment seems even harsher when we take into account that the girl has just suffered a fall that literally broke her brother's head. Most normal parents would at least stop whipping their kid long enough to make sure they haven't broken their head

or have any brain damage.

The biggest problem with this story, is the whole premise. I mean if you can fall down and break your head on this hill, it must be pretty dangerous. So why then are the parents sending children to get the

water? Are they not concerned for Jack and Jill's safety? To me, Jack and Jill is nothing but a story about absentee parents and how their ignorance and blind eyes caused two young kids to seriously hurt themselves, while then having the gall to punish the girl for an accident they have no proof she caused.

Clearly this is not the fun, light hearted nursery rhyme we all thought it was.



blogs.swa-jkt.com

DR. NUGGHEAD

Dear Dr. Nugghead,
What can I do to get rid of greasy hair?
In a slippery situation,
Amanena

Dear Amanena
How about take a shower and use shampoo? If you've tried that, I hear they're experimenting with new treatments in the Nuclear Radiation Therapy Laboratories, Sector 5 C.

Dear Dr. Nugghead,
What's a good deodorant to use that smells good?

Smelling for an answer,
ChaCha22

Dear ChaCha22
Well, because so many of them smell good, I'm going to have to go with advertisements to boost the score here and with that I conclude that any of the old spice deodorants smell good. Because Terry Crews, Fabio and, most important of all, Isaiah Mustafa said, so the latter is too handsome to argue with.

Dear Dr. Nugghead
Does tea make you go insane?
Looking for an all natural answer,

hisfriendjane

Dear hisfriendjane,
Only the green varieties. Or was it the red? Or maybe the herbal? Why does tea taste like leaf flavoured water? Or what about the possibility of aliens giving us tea? Or what about the government conspiracy? Why is an orange, orange?! I can't go back to prison man, my unicorn needs me!

Dear Dr. Nugghead
If I'm 17 do my parents have to provide food and shelter for me?

Wanting a homey answer,
whopperjr123

Dear whopperjr123
I believe in this day and age, yes until you are 18. Back in my day I became the man of the house when I was four years old and today I am writing for a college newspaper. Come to think of it, I think I need to get my life back together here. And while I'm thinking about it, are you actually the Whopper Jr. Burger number #123? If so I want to apologize for eating your previous brothers.

Dear Dr. Nugghead
How can I calm down when I'm mad?

Ready to explode,
Artemis17

Dear Artemis17
Get a bouncy castle/bouncy house. After jumping on it for half an hour, you'll be dead tired. And if you're still mad after that, try punching it while you continue jumping on it. Yes it's possible. I'm a doc-

tor, figure it out here.
...
Got questions? Need advice? Thought of something cool but don't know who to share it with? Then send 'em to the good doctor! Starting at rates as low as \$0.00, you can have personalized answers in as little as a week! Tweet them @nuggetonline.



Photo by Fe Maquinay-Guico

Students get ready to hit the water at NAITSA's annual Clubs orientation retreat last weekend at Pioneer Ranch near Rocky Mountain House.

VOTE FOR OUR STUDENT SENATE REPRESENTATIVE

Online Voting Oct 10 12am - Oct 15 4pm

Poll Stations October 15 10am-2pm

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North Cafeteria/Fresh Express (Main Campus) | South Learning Centre/X Wing (Main Campus) | South Campus | Patricia Campus

For more detailed information and to hear our stories please visit us online at naitsa.ca/senate

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FASHION WEEK

West shows style

By **BAILLIE SCHEETZ**
@bailliescheetz

Western Canada Fashion Week took over Edmonton last week from Sept. 19-26 with many events being held throughout the eight-day extravaganza.

Most of the shows took place at the ATB Financial Arts Barn



www.fashionmagazine.com

on 84 Avenue. This semi-annual event showcased and celebrated the best in hair, makeup and fashion from both established popular designers and emerging newcomers in the industry.

The event prides itself in giving exposure to new designers, models and stylists, creating a thriving and ever expanding fashion culture in Western Canada.

The runway saw everything from bridal shows to a popular hair showcase, which featured the talents of hairstylists from MC College, Estelle and Eveline Charles academies.

A highlight for many was the Sept. 21 celebrity fashion showcase where local celebrities strutted their stuff on the catwalk to show off the new fall collection from Simon's.

I had a chance to talk to Jacqueline Greenly, morning show cohost on CISN FM and a fashion week participant.

"The best way to describe it is organized chaos," said Greenly.

"So many people and so many things going on – but everyone's excitement has the backstage literally buzzing."

The celebrity showcase featured models from TV stations like Global and CTV, Radio stations like Fresh FM, The Bounce,

Hot 107 and Sonic, and even the *Edmonton Journal*.

"It was out of our comfort zone for most of us so we were all really giddy. Everyone was super nice," Greenly said when asked about her fellow models in the celebrity showcase.

More than 70 designers, performers and stylists participated in fashion week. The strictly Edmonton based event has grown to become the second largest fashion week in Canada, second to Toronto Fashion Week, and increases in size and popularity every year.

But why Edmonton?

"Edmonton has such an eclectic mix of people and styles," Greenly said.

"People are not afraid to take fashion risks here in Edmonton – just walk down Whyte or Jasper Avenue!

"It puts us on the map for more than just our snow. Edmonton is a proud city and you can tell when you're at any of the shows at WCFW – we're happy to show our style and talent off."

The success of this fall's events will carry into the spring when Western Canada Fashion Week returns to Edmonton March 26-April 4 for its exciting spring edition.



www.fashionmagazine.com

THROWBACK THURSDAY

Tire-swing memories

By **KYRA MULLER**

When I was in elementary school there was very little I looked forward to more than when that bell rang for recess and my school's population spilt from the doors, scattering through the playground.

We would all race to our favourite parts of the playground like the monkey bars, or the long slide or my favourite – the tire swing. I loved the tire swing but I much preferred to push others because I was the "best tire swing pusher" and therefore I was a high commodity on this playground. My best three tire swing moves included the 'round the world, where I would push the swing as high as it could go in long looping circular movements (terrifying to any seven-year-old afraid of heights).

Next best was my 'tick tock' where the tire swing would swing back and forth, high and low at somewhat of a terrifying speed.

Lastly, and definitely not least, I per-

fected my "spinnny." Not just anyone knew how to give a proper one. Once the tire swing was going around in a tight circle at an acceptable speed, one would stick their arm out, latch onto one of the tire swing chains until they had ample opportunity to yank on it and quickly let go, sending the swing and those on it into the fastest and most dizzying spinny of one's life.

Besides mastering my tire swing pushing abilities, I fulfilled some other playground needs with a constant supply of ... well, essentially dry Kool-Aid powder. My mother used the powder in certain projects that involved dyeing and colouring and I discovered her stash. I would weasel away package by package and transfer the powder into small containers and would approach my classmates with said "magic powder." Everyone was into it and would have an eager look on their faces as I shook some into their little hands followed by a sour face

as they got their first taste of my magic powder. Soon enough the word spread and everyone wanted a taste!

If I wasn't pushing tire swings or dealing Kool-Aid I was most certainly playing jump rope or singing Miss Mary had a Tugboat and skipping over the bad words. Although 15 minutes seemed almost as long as an hour to mini-me, I don't think anyone of us could explain the ways our hearts sank when we heard the bell ring urging us back inside. Time would go in slow motion as the last tag, the last swing, the last jump and the last peck on the cheek happened before we had to return to our desks and the learning that would take place there.

However, we were fine, because we knew there would always be another recess. I wish I could say the same now. I think of those times whenever I see a playground filled with excitedly squealing children and their never ending world of imagination and creativity.



denverlibrary.org

Good times

Reading for results



TIMELY TIPS

MARGARET MAREAN
NAIT Student Counselling

Reading scientific or technical material can be frustrating because of the large number of facts and details, and the complex terminology. Be prepared to read materials more than once for a thorough understanding. Here are some suggestions to enhance understanding and retention of scientific readings:

- Preview the chapter looking over the chapter title, introduction, subheadings, figures, diagrams, italicized or bold-

face words, and summaries. This lets your brain know what to expect so you can organize and store the information more effectively.

- Skim the chapter – quickly read first and last sentences of paragraphs and try to pull out major ideas. The purpose of this is to get a general idea of the material. This should not be very time consuming.

- Then read for detail, focusing on the material highlighted in your course outline and in class. Highlighting the main words or phrases can help you stay focused.

- Read actively:
 - formulate questions from the subheadings and read to answer them,
 - look ahead to homework questions or questions at the end of the chapter and read for the answers,
 - translate abstract formulas into verbal explanations,
 - write down procedures in step form,
 - draw your own diagrams to illustrate and explain problems and to summarize

ize material,

- visualize what you are reading,
- anticipate possible exam questions and the responses,

- think about application to the “real world.” How will this material be useful in your field or how is it related to something you already know,

- make flash cards as you read
- write a question on one side with the answer on the back, a word on one side with the definition on the back, or a formula on one side and when and how to use it on the back.

- Read dense material in small blocks; for example read one section or paragraph in your textbook and then make some notes on it or do some questions related to it.

- Stop after reading every paragraph or subsection to recall what you have read; tell it to yourself in your own words.

- Have a dictionary or program such as www.dictionary.com nearby. Look up any words you don’t understand right away.

- Leave a wide margin on the left hand

side of your paper when taking class notes so that you can supplement them with notes from the textbook. Try to create a single study source.

- If you can read ahead by skimming the material for the next lecture, you will understand and retain the lecture information more easily.

- When learning new material you should not read for more than 25 to 30 minutes. Take a five or 10-minute break, and then go on to a different subject.

Think you might have a reading problem? A counsellor can help you determine if there is a problem and suggest ways to resolve it. For further information on this or any other academic, personal or career concerns contact a counsellor at Student Counselling, Room W-111PB, HP Centre, open Monday to Friday, 8 a.m. to 4:30 p.m. and until 5:30 on Tuesday.

Book in person or by phoning 780-378-6133.

DnD improv show magic

By **SAMI SILVER**

Hear Ye! Hear Ye! Dungeons and Dragons Improv is back! On Tuesday, Sept. 22, YEGDND, a Dungeons and Dragons themed improv group here in Edmonton, premiered their second season. The group was started in 2012 by Michael Davidson, and first premiered at the 2013 Edmonton Fringe Festival; Village of the Fringed. Now, a year later, the group is going strong, doing monthly shows which fall on the last Tuesday of each month.

Last Tuesday’s show started off with the four main players and the Dungeon Master, Ritchie Panas, sitting in a basement set, before the show, acting as themselves playing the actual game, as the audience filed in. Then the lights went down and the magic began. The audience watched, enraptured, as the four players, a Wizard, a Pirate, a Druid and a Fighter battled through their perilous journey. On the way, the four characters had to contend with monsters, massive snowfall and a maniacal sorceress. As the four players quested, the other cast took on the roles of their friends and foes, creating a whimsical world of fun and fantastical characters.

Along with the weird and wild characters, every quest needs daring rescues and breath-taking fights, so in the true spirit of the game, the group rolled the dice to decide the fates of the players. The Dungeon Master called for the various fights and checks and then, with the

help of the audience, rolled giant, inflatable 20-sided dice. With baited breath the results were awaited, and then fate had its way, as the players improvised lavish fights and tragic deaths.

The show in and of itself was fun, daring and comedic but the real magic behind YEGDND lies in their audience. From the most devoted fans who return time and again, to the newcomers who are just ready for a fun geeky time, the true spirit of YEGDND comes from the laughter and passion of the crowd. Some diehard fans even come in costume to enhance the fantasy atmosphere and be even more involved in the show. The interactivity of the show, along with the drama of the characters, makes for a wonderful night.

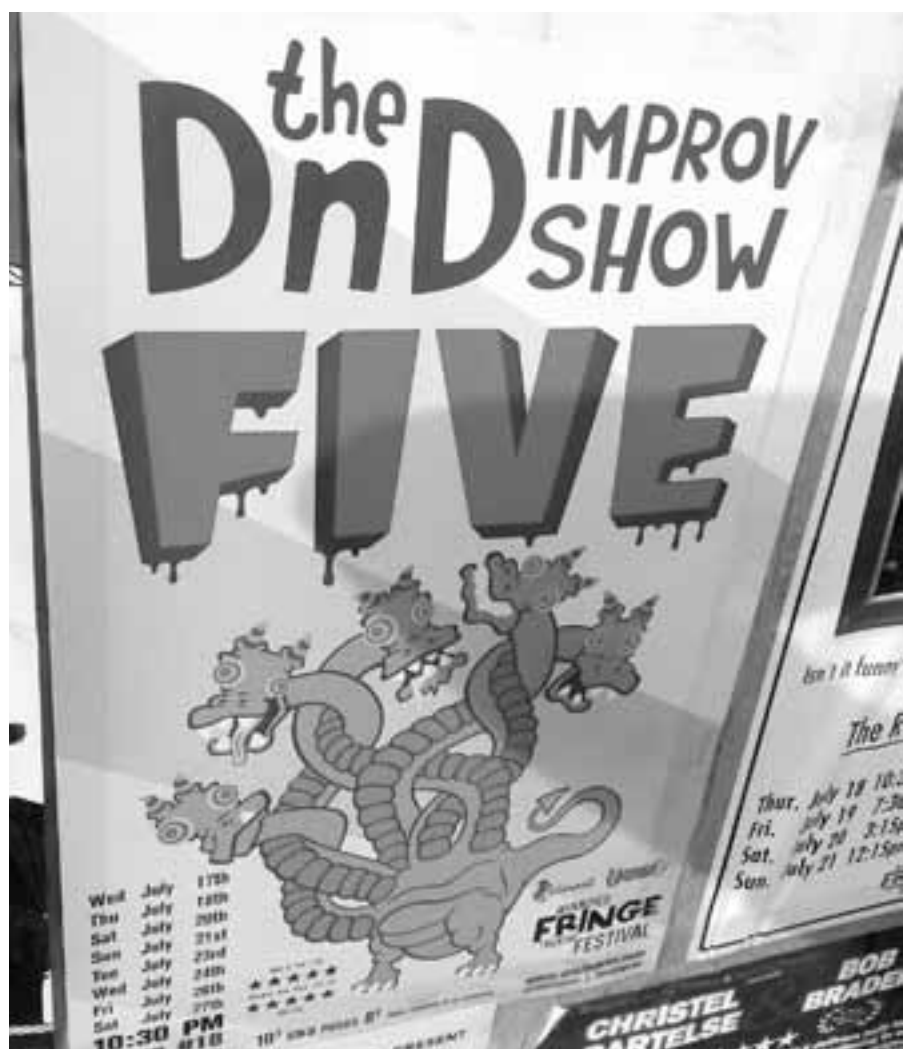
The reaction from audience and cast alike was positive and excited. Nathania Bernabe, of YEGDND was elated by “how fun the show was, [and] how our ensemble keeps finding a rhythm and new ways to explore story telling.” The group has been growing and working together for over two years now and interacting and learning with other improv groups in the city, most recently completing a workshop with Patti Stiles of Die-Nasty.

The most important part of the show, to the cast and the audience, is the community it creates. “We’re a family! I love playing with my family!” says Bernabe.

With incredible characters, daring

fights and great, nerdy jokes, Dungeons and Dragons improv delivers true magic. If the fantasy genre is your favourite,

you’re bound to have fun! You can catch them in their first biweekly show on Oct. 15 at Happy Harbor Comics.



GAME REVIEW

An ode to Grand Theft Auto

By ALEX SACKIOW

I have never been a huge fan of the *Grand Theft Auto* franchise – from its humble beginnings, to the pixelated streets of Vice City, to the gritty and dark alleys of Liberty City. I came, I saw, I conquered. Yet, it never seemed to do it for me. The story never drew me in, the game play always seemed a bit lacklustre and the overall feeling was too serious. That's why I had always considered myself a *Saints Row* kind of guy. Until *GTA5*, that is.

If you haven't picked it up by now, I seriously suggest you invest \$60 and purchase it. It is, in my opinion, one of the best sandbox crime games I have ever played.

"It's so well written, the dialogue and voice acting is amazing," said Harvey Li, a Grant Mac student and avid gamer.

This game pushes the bar as high as it can go, then proceeds to jump over it while taking selfies to put on LifeInvader (If you don't get the reference, I suggest you play the game). *GTA5* explores the fictional city of Los Santos (in *GTA* fashion, a carbon copy of L.A.), allowing you to play as three different characters (Franklin, Michael and Trevor) all drawn into the same story line. This allows for some

very unique and interesting game play. During missions, you are able to switch between team members, allowing you to step in and take control of them. This helps greatly when your ally is screaming in your ear about taking fire.

This is such an intuitive ability that I had trouble with it at first but the learning curve is extremely easy for newcomers to the *GTA* world.

Each time you switch, your new character goes through a small intro scene that sets up each switch very nicely. I found this to be both engaging, as well as entertaining.

Every time I switched, there seemed to be a new quirky part of the character's life I was able to watch. It helped me to connect with the motivations and backstory of the characters far better than anything the previous *GTA* games had. The random environment events reminded me of *Red Dead Redemption* and added a little spice to the open world experience.

At first, the game was a little hard to play. I'm not one for Thug Life or being an OG, so the beginning of the game turned me off at first. But as the story developed, I found myself understanding the charac-

ters better. As I met the new cast members, I found myself enjoying *GTA5* more and more.

This game drew me in, held me beneath its surface of beautiful textured graphics, high quality audio and impressive game-play, to let me drown on my giddiness until I passed out. Honestly, this game is the most fun game I've played all year.

"Why did you give this to us? Now I'll never get anything done!" said U of A student Linnea Peters.

To paraphrase a game character, *GTA5* is "More fun than a crate full of kittens."



fansided.com

PORN REVIEW

This flick a real train wreck

By CHRIS FIGLIUZZI

Assistant Entertainment Editor
@chrisfigliuzzi

I have no qualms admitting that I have quickly grown to love this article. I mean who else can say that they get paid to watch porn?

That being said, having to write and do research for this article really does take a toll on me, both physically and psychologically ... you see some seriously messed up stuff watching as much porn as I have. I mean I basically wake up Sunday morning knowing full well that a large portion of my day must be dedicated to sitting around the house watching porn. I tried doing it at friends houses while watching football ... but for some reason I haven't

been invited back since.

This week I felt I needed a break through. I needed a change. With this in mind, I began my search for this week's movie scouring my usual sources for something, anything, a little classier than what I usually end up reviewing in this article. After not finding anything, I was starting to think that the only porn out there was trash, that is until I came across *Claire's First BBC*. I chose this one based solely on my love of BBC's documentaries and all my suspicions were confirmed. I'll save you the hassle of learning who was in the film or made it since quite frankly, you rarely see any part of them other than the occasional foot or leg. Hell, if I had to give top billing to anything it would

probably be the nightstand since it seems to get the most screen time.

The camera work in this movie is so bad – like, staggeringly bad. At one point the picture is sideways and then the cameraman seems to either forget he's filming or just gives up on the whole thing and walks into the kitchen. I don't know why they didn't edit that part out but truth be told it's probably the most exciting part of the movie.

As far as the script and dialogue goes ... well, there really isn't any. Actually, that's a lie, there is dialogue but it's just the cameraman asking if they can hurry up since he doesn't have a lot of time. I'm pretty sure he actually says he has to catch the bus at one point but I'm not 100 per cent sure.

This train wreck of a movie goes on for 15 minutes, 15 minutes! During which time nothing even resembling acting occurs. The actors are both wooden and stiff, when in reality only one of them should be. The camera work is shaky and incredibly amateurish in nature. Seriously, who walks away mid shoot and goes to the kitchen. About the only thing this movie has going for it is the title that tricks unsuspecting fools like myself into watching it assuming it will have the same level of quality we have all come to expect from BBC. It is because of all of this that I give *Claire's First BBC* a cease and desist order from the real BBC and nothing else.

TAKEN LITERARILY

'Problems' not that serious

By **MORGAN BLACK**
and **LAUREN FINK**

@MorganisBlack @LaurenFink_

Morgan's Review

White Girl Problems originated as a twitter account and then expanded from its 140 characters and became a book. Author Barbra 'Babe' Walker (who may or may not be a real person, I honestly can't figure it out and I have done extensive googling) writes her memoir depicting a charmed life. She is rude, vapid, and demanding but, she is fabulous and incredibly rich. (If you read our previous article: I promise our next book won't be about spoiled rich kids.) Walker charms with quotes such as "If I'm at a party, I'm there to socialize and have people ask me about the amazing jacket/top/dress/necklace/pants/skirt/ shoes/cape/smock/romper/fur I'm wearing. Or I'm there to drink and do coke with famous people." Walker is wonderfully over the top and I laughed out loud throughout the book. She is wonderfully unapologetic and, as long as you don't take her too seriously, you'll love a look into the epitome of a white girl problem.

A sequel to *White Girl Problems* is in the works.

Lauren's Review

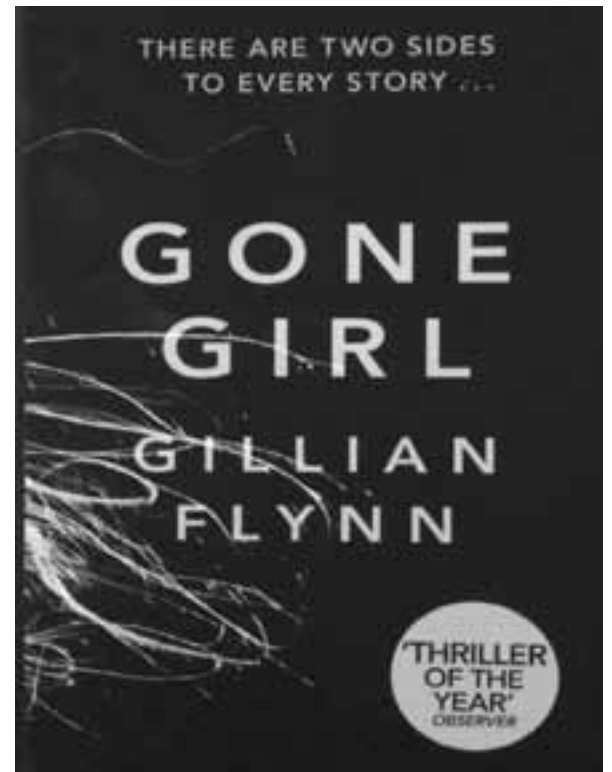
I first heard of the book *White Girl Problems* through the Twitter account, which I followed in high school and quite obviously thought I related to. Which I really didn't ... (OK, occasionally I did/do.) The book however, I do not relate to at all.

Babe Walker is a Louboutin-wearing walking train wreck. Every chapter takes you through a whirlwind of absurd day-to-day events in Walker's fabulously crazy rich life, including the past and present. The book is a great guilty pleasure read and is sure to have you laughing (and questioning your own life and Walkers) from cover to cover. When I first purchased WGP I thought it would be like Tucker Max's *I Hope They Serve Beer in Hell*, just more aimed at women. However, upon reading WGP, I learned that though they have similar-

ities they are completely unlike. Unlike Max's book, WGP seems highly fictional while maintaining an air of non-fiction (which is very confusing and like Morgan, has had me search Google furiously for the truth about Walker.) Written in a diary-storybook way, the book also maintains a storyline, unlike Max's blog style one night debaucheries. Though I'm still unsure the book WGP encompasses every white girl's problems, it is still worth the read.

Next up, we will be reading the book *Gone Girl* by Gillian Flynn. *Gone Girl* is described by Amazon as, "Marriage can be a real killer." One of the most critically acclaimed suspense writers of our time, *New York Times* bestseller Gillian Flynn takes that statement to its darkest place in this unputdownable masterpiece about a marriage gone terribly, terribly wrong. The *Chicago Tribune* proclaimed that her work "draws you in and keeps you reading with the force of a pure but nasty addiction."

Gone Girl's toxic mix of sharp-edged wit and deliciously chilling prose creates a nerve-fraying thriller that confounds you at every turn. On a warm summer morning in North Carthage, Missouri, it is Nick and Amy Dunne's fifth wedding anniversary. Presents are being wrapped and reservations are being made when Nick's clever and beautiful wife disappears from their rented McMansion on the Mississippi River. Husband-of-the-Year Nick isn't doing himself any favours with cringe-worthy daydreams about the slope and shape of his wife's head, but passages from Amy's diary reveal the alpha-girl perfectionist could have put anyone dangerously on edge. Under mounting pressure from the police and the media – as well as Amy's fiercely doting parents – the town golden boy parades an endless series of lies, deceits and inappropriate behaviour. Nick is oddly evasive, and he's definitely bitter – but is he really a killer? As the cops close in, every couple in town is soon wondering how well they know the one that they love. With his twin sister, Margo, at his side, Nick stands by his innocence. Trouble is, if Nick didn't do it, where is that

**Next up**

beautiful wife? And what was in that silvery gift box hidden in the back of her bedroom closet? With her razor-sharp writing and trademark psychological insight, Flynn delivers a fast-paced, devilishly dark and ingeniously plotted thriller that confirms her status as one of the hottest writers around."

If you've ever read *Gone Girl*, we would love to hear your review. You can tweet us (@nuggetonline,) Facebook (The NAIT Nugget,) or e-mail (entertain@nait.ca) us your thoughts on the book by Oct. 13 and they could be published in the next edition of Taken Literarily. Happy reading.

Bat-ten down the hatches!

By **RICHARD LUKACS**

Maple leaf. Moose. Hockey. Public safety. Most foreigners associate Canada with things like these. But not me.

Six years ago I accidentally spent a night in Vienna and some locals dragged me to a gig where almost all the bands were completely unknown to me. Five minutes later, my mind was blown away by some hairy, sweaty, southern rock, hardcore, punk riffs and the raging energy that was swelling towards me from the stage.

The singer spent more time in the air than on stage (I almost made up a "Batman" joke right now but I realized that would be morganatic even for my extremely bad sense of humour), then after 25 minutes of hell-bent mass destruction he said farewell.

"Thanks for watching us. We've been Cancer Bats from Toronto."

Since then, Canada is bat country for me and I associate it with those sweaty, hairy riffs instead of the above mentioned things.

After that I've seen them many times in different spots on Earth and they have never disappointed me. Except for one thing, each time when they finish the show, I wish they

would start again immediately but it has never happened. Guess what? These fine gentlemen listened to my prayers and this time they are coming to town as special guests.

Alongside the main act, they are going to play an exclusive set of Black Sabbath songs under the name BAT SABBATH (with the cover of *Sabotage* from Beastie Boys they have already proven that transforming classical music into their sound works really well).

They are currently working on a new album so probably we will be lucky enough to get a preview but I could easily go on with the old stuff.

Their last album, *Dead Set On Living* was way-out wicked (my personal favourite alongside Hail Destroyer) and until they tear the stage apart with the massive beats of Pneumonia Hawk and Lucifer's Rocking Chair, no one will complain.

And they will.

You can bat on that.

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