

THE NAIT NUGGET

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YOUR STUDENT NEWSPAPER FOR MORE THAN 50 YEARS, EDMONTON, ALBERTA, CANADA

AMAZING BROTHERS

Edmonton duo beats the odds in TV race, editorial, page 7



Photo by Whitney Fox

AAAAARGH!

These pirates are ready for a good time at NAITSA's annual Pirate Party on the Edmonton Queen on Friday, Sept. 20. The river excursion was sold out. Story and more photos, pages 20, 21.

Nominations open
Online Voting Period
Poll Stations Open

August 19 - September 30 @ 4pm

Oct 10 12am - Oct 15 4pm

October 15 10am-2pm

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NEWS & FEATURES

Khat and mouse game



JOSH YAWORSKI
Issues Editor
@actuallyjosh

When the RCMP reported they had intercepted 160 kg of khat at the Edmonton International Airport, many Edmontonians, including myself, wondered just what this khat is. Described as an amphetamine-esque stimulant, with addictive qualities slightly less significant than alcohol and tobacco, the World Health Organization lists khat as “a drug of abuse, producing mild to moderate psychological dependence.” But khat has a very convoluted history here in Canada and it has many immigrants from the Horn of Africa or Arabian Peninsula at a legal disadvantage.

In these regions, where the small, leafy plant originates, chewing khat and enjoying the stimulant and appetite suppression effects of Cathione, the active ingredient, goes back for thousands of years. In 1856, Charles Dickens observed and wrote about

the consumption and trafficking of khat. He described it as “the chief source of pleasurable excitement in these districts” and went on to equate it to green tea.

“The leaves are chewed and act upon the spirits of those using them much as a dose of strong green tea acts upon us in Europe.”

Despite khat’s history of managed use and place as a cultural tradition, in 1993 the U.S. Drug Enforcement Agency (DEA) classified Cathione as a Schedule I drug, essentially prohibiting its consumption entirely. Canada placed khat in Category IV, equal in control to sleep aids. In July, the British government joined the U.S. and Canada in banning khat. But while the politicians make their decisions on khat, the judicial system is making theirs.

After the Ontario Superior Court Justice Beth Allen issued an absolute discharge of a young woman who brought 34 kg of khat into Canada through a Toronto airport, the Ontario Court of Appeal has held fast to the decision. Toronto defence lawyer Mark Hulyford represented the accused, who pled guilty to possession of a controlled substance.

“This is an important ruling because it recognizes that while khat is illegal in Canada there is no empirical evidence that this drug is harmful to the individual or the community,” Hulyford told the *Toronto Star*.

It was in 2009 that Tina Maria DeSousa was caught transporting the 34 kgs or approximately \$17,000 worth of the leaves. Justice Allen ruled then that she was to be absolutely discharged and then openly questioned the prohibition of the plant, stating it was “difficult to understand why this is against the law” and related an anecdote from a Crown attorney.

“We think this is about as dangerous as coffee,” he said.

“Ontario Court of Appeals Justice David Doherty echoed these sentiments in his 14-page decision, listing the persecution – I mean prosecution’s – failure to provide any evidence of the substance affecting either the community or individual, coupled with the fact there was no evidence that DeSousa “was involved in any kind of commercial enterprise or stood to profit from her actions.”

If our judicial system sees personal use as harmless, why is it still illegal?

Many pro-marijuana supporters trace its prohibition to anti-Mexican sentiments.

The Mexican immigrants were looked down upon and their use of the plant was overdramatized in propaganda financed by the lumber industry. This propaganda included fake news stories, claiming crazed Mexicans were perpetrating crimes due to the uncontrollable effects of marijuana. Through claims that could not be backed by any empirical evidence, marijuana was swiftly made illegal mostly without any rational discourse. And even now these perceptions are only slowly being stripped away. The substances we see as acceptable, from alcohol to coffee through tobacco, all are more dangerous, harmful and generally more addictive than khat. Khat is the single most smuggled substance through Canadian airports, not by criminal organizations but by private citizens for private use. What could possibly be the cause to ban a substance favoured and traditionally used by incoming immigrants from turbulent areas like the Horn of Africa and the Arab Peninsula?



Khat

www.cbsa-asfc.gc.ca

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September 28

CTV two



Photo by Ciaran Boyle

With Verizon's recent decision to stay out of Canada, it looks like high cellphone rates are here to stay.

Keep talking and pay

By **ROBERT MacGILLIVRAY**

You might have been hearing about a rumour that the huge U.S mobile phone company Verizon was planning on making a move into Canada. If, like me, you're tired of your ridiculously high phone bill every month, this would have been good news. The three big players Rogers, Telus, and Bell control about 90 per cent of our wireless market and this lack of competition is hurting Canadians who have to pay out the ... ummm ... nose for our cellphone signal.

Even the Canadian government knows that this is a bad thing! After rumours sprouted that Verizon was going to purchase Wind Mobile (you know those new kiosks that you see in malls all the time now?) Rogers, Telus and Bell all went on the offensive with a very pointed public relations campaign which claimed that the federal government was giving foreign corporations an unfair advantage in the marketplace. The government lashed back with their own PR campaign advocating the need for more foreign competition in the wireless market in order to lower our rates.

The only possible problem I could see with Verizon moving into Canada would be

if it would harm Wind Mobile employees, so I decided to ask one of them what they thought of the rumour.

"It wouldn't have changed anything for us as long as they didn't change our prices," said Yaw Amoah. "I mean, we would have had the same hours and everything. The only thing was that if they changed our prices we would lose some of our customer base."

That didn't seem so bad to me and he continued: "They just would have paid off our debt and started putting up more towers."

This would make it easier for their sales associates to capture more of the market from the three giants, turning this into yet another positive for a Verizon move to our frigid nation.

Alas, it was not meant to be. The CEO of Verizon, Lowell McAdam, announced that they were not planning on moving north and were instead spending \$130 billion US to buy back the 45 per cent of their own shares that Vodafone currently holds.

Now that the dust has settled, have we at least seen a little bit of change in the attitudes of those lords and masters who control our wireless rates? Perhaps they have done something to help keep us, their loyal subjects, faithful 'just in case'? According to Josh Castro, a sales associate at a Telus kiosk in Kingsway Mall, the answer is no.

"It would've," he said, "but they didn't come so nothing happened."

This was pretty much the same response I received from employees who worked for other mobile providers. They haven't noticed any big changes in the rate plans they offer. Perhaps some day there will be a young upstart to challenge the power of those three rulers of wireless Canada, but for now we just have to suck it up and pay the toll.



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The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.

Gun registry still costing

By **ROBERT MacGILLIVRAY**

When Bill C-68 was passed, I wasn't even in pull-ups yet. For those of you who don't know, Bill C-68 mandated that every firearm in Canada be registered whether or not it fell into the restricted class of firearms. The reasoning behind this was that it would allow law enforcement officials to be able to track down the owners of firearms used in crimes more easily, and be able to look up what firearms were in a household when they were responding to a domestic disturbance.

After all of those years using the program, it was scrapped on April 6, 2012. Why? Long time gun owner Mike Nagy says, "In order to purchase guns you already have government approval in the form of the FAC and now the PAL certificate. Both of these required background, criminal record checks, training in firearm safety and reference checks. When you purchase a firearm it is recorded and filed, essentially "registered" with a government agency." It boils down to the same old expensive government redundancy we've become accustomed to, but no one wanted to listen to the opinion of

gun owners on this subject. It would take a third opinion, an opinion from the front lines, to sway the minds of government officials.

Edmonton Police Const. Randy Kuntz decided to survey officers across the country to see just how many of them felt that the gun registry database was a useful tool. Out of the 2,631 officers he surveyed, only 221 thought that they should maintain the registry. That means almost 92 per cent of

the people on the front line, the people who this was supposed to be helping, thought it was utterly useless. Common sense tells us that criminals, the people we would most need to keep track of, would never register their guns and finally we had a voice speaking up against the public figureheads who would tell us otherwise. Bill C-68 didn't last long after that.

Guess how much our gun registry program cost us over all of those years – \$2

billion. No, that's not a typo. It was supposed to cost around \$119 million to implement and generate around \$117 million in fees to take care of that cost. Someone didn't do their estimate properly or maybe they forgot a zero. In the 2010-2011 fiscal year alone, the program cost us taxpayers \$66.4 million. There are roughly 8,400 full time students who go to NAIT every year, so if even the last year of expenses had gone to us instead of a useless program, we would all have a cool \$7,900 sitting in our bank accounts. I don't know about you, but I'm getting sick of eating rice or Mac 'n' Cheese for supper.

The worst thing about this whole fiasco is that it just keeps on taking. When you end a program like this, you have to destroy all of the records. This past week we finally learned that the RCMP estimated it would cost about \$1 million to dispose of the records. Keep in mind that they just released the estimate they created over a year ago, not the actual cost.

Isn't it great when the government spends our money and our parents' money on these programs and the end result is pressing a million-dollar delete key?



outdoorcanada.ca

More than simply beauty

By **CARLY ROBINSON**

Beauty pageants have seen quite a bit of controversy over the past few weeks. With the crowning of the first ever East-Indian Miss America and the strong negative response via Twitter, as well as France's banning of pageants for those under the age of 16, there are people questioning why we still even have these beauty pageants.

Many are probably also wondering if these types of pageants exist here in Alberta, and the simple answer is yes, they do. They differ slightly from the American pageant culture we see on TV, with shows like *Honey Boo-Boo* and *Toddlers in Tiaras*, seeing as they do not have as much hype and popularity. However, you can still start as soon as you are born, with age categories for babies, children and teens. Here in Edmonton there will be four competitions geared for all ages this year, all of which are listed on the All Canadian Pageants web site.

To hear more about Canadian beauty pageants, I went to Chelsea Bird, winner of Miss Earth Alberta 2013 and second runner up at Miss Earth Canada 2013 as well as the Afternoon Drive co-host at CISN, gaining an insider's perspective.

Bird, a former NAIT RTA student, has only been

competing in pageants for two years, starting after she was scouted by the Miss Universe Canada organization in 2012 and ever since has had nothing but positive experiences " ... after checking it out, I was blown away. The other girls from Alberta that I trained with (you train for about nine months in preparation, practising runway walk, interview skills and organizing charity events etc.) were amazing. They were intelligent, accomplished ladies, so I felt good about competing!"

Although the public may see these as purely a superficial beauty contest, Bird reminds us otherwise.

"You have to push yourself physically, and mentally," she said.

"There are extensive interviews that happen behind the scenes to help determine the winner. We spent a full day doing interviews with 16 judges at Miss Universe Canada. The emphasis is on how well rounded, how resourceful and how charitable you are. There's a huge misconception that winning a pageant is all about how you look in a bikini but really that's just a small portion of it."

Bird encourages those contemplating pageants, especially for their young children, to do ample research before jumping in.

"I do think parents need to research the system they're enrolling their daughter in – just like how you would research a sports team before enrolling your child in it."

Although she is not entirely against beauty pageants for young girls, Bird does understand France's way of protecting children from over sexualization in outlawing pageants for those under the age of 16.

"To be honest, I agree with France in a lot of ways with their decision to ban children's pageants. I think the youngest girls should be when they compete is 16. At that age, you're old enough to be taught healthy competition and can take great things away from pageants. At younger ages I think if the parents aren't careful, then young girls can end up feeling negatively towards themselves if they don't do well in a pageant."

When talking about the Miss America pageant, Bird says that comparing Canadian and American pageants is like trying to compare the NFL and CFL, with them being such different versions of the same game.

"Miss America is very conservative, and its basis is that it's a scholarship program. Since there is a lot more focus on pageants in the States, there are a lot more politics involved."

Through the whole televised event, Bird herself was cheering for the now crowned Miss America, Nina Davuluri, saying that she was a refreshing change. She does not believe that anyone in the pageant community objected to her crowning. As for the numerous negative responses, Bird does not think that this should taint how people see beauty pageants.

"It's not pageants that are racist or discriminating. It's a few backwards-thinking people that unfortunately have Twitter accounts!"



Chelsea Bird

Nominations open

August 19 - September 30 @ 4pm

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The NAITSA Senate is comprised of 18 student representatives at NAIT. They meet 10 times throughout the school year (October through April) to discuss and make decisions on issues that concern NAIT students.

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Point counter Point Religious rules OK?



JOSH YAWORSKI
Issues Editor @actuallyjosh

Since Trudeau's installation of multiculturalism, the subject of racial equality and the balance it entails perpetually shows up at the forefront of the cultural milieu. Perceived injustices and actual injustice are constantly being discussed but most recently it is Quebec's Value Charter that has grabbed the attention of citizens nationwide and the rage of many. But unlike most, I'm in support with the charter.

I believe in religious freedom, equality, and tolerance. Whether you believe in a flying spaghetti monster, a former emperor of Ethiopia and his spiritual cannabis use, or a prophet spurned on by the advice of an angel, I believe you have the right to that opinion. And I will fight for that right for any Canadian, as any Canadian should. But I also believe in equality, and I fiercely believe in the separation of church and state. Quebec's value charter aims to accomplish this in a very Quebec way; they want to force any provincial employee to remove any and all conspicuous items of religious conviction, while being paid by the province.

Won't ban places of worship

This will remove hijabs, crucifixes, etc. And I love it. This won't ban mosques, synagogues or churches. It won't prevent any religion from practising its beliefs and it doesn't affect any citizen's private life. It simply requires that any items be removed while working.

Safeway bans brightly coloured or styled hair, as do a great many other employers. Tattoos, piercings, all are ways citizens choose to express themselves, their convictions, and their life choices. All are regularly banned from the workplace. When prospective employees are interviewed, they are told of these conditions and if they don't like them, they can go work somewhere else. Because businesses have the right to choose how their representatives appear while under their employment.

This charter doesn't say hijabs are banned and crucifixes or wwdj bracelets are OK. It doesn't say the pasta strainers worn by pastafarians are banned, but kippahs are not. It commands all those working for the government remove all their articles. And as an employer, Quebec should be allowed to make that decree. The Quebec government is a democratically elected free government, empowered by the implied consent of their populace to make decisions on the part of their voters. That gives them the power to make the tough decisions, and this is one.

Look at the big picture

As tough as the decision is, it is even tougher when dogged by reactionaries who refuse to look at the big picture. This is a Canadian province, with an epic French, English, and indigenous tradition, looking to put forth a true image of equality through its representatives in the private sector. And that goal is being fought tooth and nail by a group that only in the last 40 years has truly joined that history, and has since fought tooth and nail to change the province they chose to emigrate to. And as some of the members of this community fight for equality, choosing to become part of our country, others are now petitioning to instill a secondary court for Muslims practicing sharia law in our country. There is tolerance, and there is acceptance. But there should also be preservation of the Canadian identity, and Canadians should be able to make decisions without a vocal three per cent affecting the remainder of the population.

Quebec aims to create a pure equality, in which all Quebec employees are held to the same standard, and preserve the Quebec identity without religious connotations by imposing a Charter of Values. Since the French Revolution, the separation of church and state has been a pillar of democracy, and Quebec is actively taking steps to make that a reality.



By CHRIS FIGLIUZZI
Assistant Entertainment Editor @chrisfigliuzzi

We as a society value our freedom and understandably so. It is our freedoms that allow us to define ourselves as individuals through our speech, religion, political beliefs and pastimes. Recently however, Quebec introduced the "Quebec Values Charter," a bill that if passed will ban the display of any personal religious paraphernalia, such as necklaces, hijabs, bracelets and anything else that may be worn by public workers. At first look, this policy seems like a fairly straight forward idea, especially since there has always been the separation between the church and state here in Canada.

And yet, as with most things in life, the Quebec Values Charter becomes a little murky and not quite clear cut when examined a little closer. For starters, how big a problem is it for someone to be wearing a necklace with a crucifix or Star of David on it? Most necklaces are worn under the shirt, hidden away from eyesight. There is no reason that a necklace worn in this private manner, as a personal token, should affect the employee's ability to do their job or a person's ability to approach and be comfortable working with the employee. And this also raises the issue of just how this ruling will be enforced. Will there be mandatory searches, X-rays or metal detectors used before each shift? Will the TSA's infamous porno-scanners find a new home in the provincial buildings of Quebec?

Are we afraid of anyone different?

A big push behind the bill is that it will allow for more comfortable interactions between

society and the people holding public office, which suggests that people from opposing religions might be wary of approaching employees wearing crosses or a hijab. And while this may indeed be a justification of the bill, it's certainly a frightening one. Are we really so shallow and afraid of anyone different from us that we must ban the display of all religious items? How are we as a society expected to grow more tolerant, accepting and unified, if we are constantly being forced to hide what makes us different. Besides this though, who is making the call about what constitutes religious affects? Is a wedding ring an item of religious affiliation, seeing how a couple is "joined under the eyes of God"? Are beards religious due to their importance in certain religions?

Slippery slope

When you start to ban the wearing and display of religious symbols and clothing in an effort to avoid offending people, you begin a journey starting down a slippery slope, one that seems to have no end in sight. Sure, it may begin with the banning of public displays of religion by public employees but does it simply end there or will we be soon find ourselves talking about the banning of certain colours or patterns that show support for LGBT communities, charities or sports teams in the future? More important, why is it that we are so quick to ban and hide the differences which offend or scare others? Would it not be better to allow them to use the public displays of these items as a venue through which to educate ourselves and move further towards being the accepting, unified and progressive society we aim to be? I, for one, would much rather live in a free, aware and accepting society, than in one that rushes to hide the differences that make us unique, simply on the outside chance that it may offend or alter the behaviour of someone who doesn't understand it.



Photo by Tyler Frith

OPINION

— Editorial —

Siblings persevere



NICOLE MURPHY
Editor-In-Chief
@NicoleMurphySt

Local Edmontonian and *Amazing Race Canada* runner-up Cory Mitic talked to the *Nugget* about the journey of a lifetime across the beautiful country we call home.

On Sept. 16, 2013 people watched as brothers Cory and Jody Mitic crossed the finish line second in the last leg of the *Amazing Race Canada*. In reality though, months before the contestants knew who had won. The month of May is when the program was actually shot.

"It has honestly been exhausting because people are constantly asking about the show, and you can't tell anyone," Cory said.

But now, after the big reveal, Cory is finally allowed to talk freely about the race.

Jumped at the chance

Originally it was a friend of Jody Mitic that suggested doing the race but when he couldn't get the time off work, Cory jumped at the opportunity to compete with his brother.

The Mitic team was a fan favourite from the beginning. Besides being two hard working, down to earth guys, the duo had to plan and strategize to deal with the fact Jody has prosthetic legs from below both knees because of a military injury.

Having this extra element to consider when deciding who did challenges could be difficult but Cory said "Jody and I got along fine there was a couple bickering moments but overall we were fine."

In fact, they were more than fine, coming first in three check-ins along the race. Although runners up in the final leg did not get prizes, having come in first before paid off.

"We won a trip to the Caribbean, also to South America, and we won super elite status for a year with Air Canada," Cory said.

Future plans

Besides being a fun, adventurous and thrilling race, the most unexpected thing for the brothers did not happen on the show.

"One thing that has been shocking to me is I have gotten messages saying you're an inspiration for Canadians and I guess I have never ever thought of myself that way," Cory said. "And I guess just working with my brother makes me think about what other people are doing in the world, like volunteers and day to day people who are doing good things. It made me think of them in a different light."

When asked if the show has changed the brothers' future,

Cory gave an inside scoop.

"Well, Jody and I are working on a TV show, so I guess you could say yes, it has!" he explains. "It's gonna be a travel show, which is all the details I can give right now."

Cory finally wanted to say, "Thanks to all the fans

that messaged and cheered for Jody and I know we appreciated it and we came up a little bit short but we had a great time. We bonded even closer and it is something we are going to be able to talk about for the rest of our lives maybe even re watch every couple of years, and tell our kids about."



Jody and Cory Mitic

SPORTS

The lengths fans go to



LAUREN FINK
Sports Editor
@LaurenFink_

The other day while perusing the internet, I stumbled upon a story CBC covered on a unique hobby a Red Deer family had for the past year. The hobby? Creating a tribute to the Oilers out of Lego. In the midst of the arena debate, the Cadieux family took to building, out of 15,000 blocks, “Brick Arena,” their take on what the new arena should be. The tiny Lego arena is a full-fledged ode to the team and includes details like the Jumbotron, mini Stanley Cups (including one being hoisted by tiny Lego Oilers), the Gretzky statue and even bathrooms. This family project, which can be seen if you search “Brick Arena” on Google, had me thinking about sports fans and their dedication to their teams.

Fans as we know, don’t usually dedicate themselves through spending a year of their life building Lego arenas but, there are so many ways, large and small, that they do. For example, at any sporting event you are guaranteed to see a sea of jerseys and not just for one of the teams but, more than likely for both, a small dedication of a

fan to their team. Sometimes you’ll even get the random fan who wears a jersey of a team who isn’t even playing, which may I add has always made me chuckle. One time, I even saw someone wear a football jersey to a hockey game. I’m not sure if it was an example of extreme team-sport dedication or if it was just laundry day.

Not only are jerseys a way of showing dedication to sporting teams but, so is team merchandise. There is one team that always comes to mind when I think about fan dedication to their team through merchandise and it’s the Hartford Whalers. When I was in high school, the Whalers, who hadn’t been around since 1997, were incredibly popular amongst my classmates. There were at least two intramural floor hockey teams who used the Whalers’ logo and merchandise as their uniforms. And, not only that, but a group of guys in my class called every Wednesday “Whaler Wednesday.” Similar to the famous line from the movie *Mean Girls*, “On Wednesday’s we wear pink” (yes, I just quoted *Mean Girls* in a sports section,) they only wore Whaler garb on the day. Even the teachers were in on Whaler Wednesday. I also remember reading at the time (in what I’m pretty sure was an issue of *The Hockey News*) that Whalers merchandise was the hottest selling merchandise in the NHL. Since I couldn’t find the specific issue of *The Hockey News* I needed, I found a similar story online that NBC Sports’ *ProHockeyTalk* did on the matter that verified that in 2010, Whalers’ merchandise was ranked one of the highest selling NHL team’s merchandise (in the states,) being “in the top five, no



CBC

Arena model

problem.” That’s insanity, especially for a team that at the time hadn’t been in the NHL for 13 years.

Along with merchandise and jerseys a lot of time you’ll see fans with their own do-it-yourself or personal dedications. Like, construction helmets, watermelon hats, half-green half-white wigs and the ever so popular beer hat. Yes, all those things can be found at Saskatchewan Roughrider games. I really do believe, not only because I’m a Riders fan, that Saskatchewan has one of the strongest bases for fan involvement and devotion. Especially regarding unique head wear (minus the cheese heads commonly seen at Green Bay Packer games.) Plus, not only are Rider fans known to love their wacky headgear but, for their other do-it-yourself game day outfits like, the infamous Pilsner beer

cape or green paint literally covering whatever is exposed.

And, I’m pretty sure the person wearing the football jersey at the hockey game, was a Rider fan. Granted, they may have been out of clean clothes or had one too many Pilsners, their commitment to the team is almost unprecedented.

However, there is one commitment larger than the DIY costumes that sports fans do to show their dedication. It’s the life long (mostly) dedication of getting their favourite team tattooed on them. I’ve seen the good, the bad and the ugly when it comes to fan tattoos but at least we know they aren’t band-wagoners.

Whether or not you’re in a morph suit at a sold out game or turning in at home, just watching is the biggest commitment you can make to your team.

HOCKEY

Getting ready to hit the ice

By **BRIDGETTE TSANG**
@BridgetteTsang

The Ooks men’s and women’s hockey teams are both gearing up for the exciting season ahead.

The women’s team was looking to continue their successful preseason, this time, it was on the road in Ontario for four anticipated matches and some fun team building activities.

Last Wednesday, the girls played against UOIT (University of Ontario Institute of Technology) in an overtime thriller in Oshawa. Although the girls fell short by a score of 1-0, it was a great learning opportunity for many of the new players and a great start to the team’s Ontario non-conference tour.

Next, they played York University in another thrilling match, winning 2-1.

Head coach Deanna Iwanicka believes the team is still developing and is optimistic of the upcoming season.

“As a group, they respond, which is encouraging,” she said.

Currently, the Ooks have seven post-secondary rookies on the roster, plus two transfer players. This means there is room for teaching and development.

As part of their team building activities, the team visited the Hockey Hall of Fame in Toronto, had scavenger hunts, visited Niagara Falls and took in the sights and sounds of Ontario.

The women’s team wrapped up their tour by playing Ryerson University and the University of Toronto.

So far, the girls have also played against

teams such as the Thorsby Thunder, St. Albert Slas, and even the U of A Pandas. Playing against teams like the Pandas provided the team some great experience as they got to skate against one of the top university programs in this country. The team will return to NAIT to face St. Francis Xavier University on Oct. 5 and 6.

Not only are the women back in action but so are the men, as get set to defend their ACAC championship.

Last Wednesday, they defeated the Augustana Vikings 5-0 as they started off their preseason on a strong note.

Coach Serge Lajoie, who is entering his fourth season as head coach of the NAIT Ooks, knows what it takes to coach a successful hockey team. He helped the Ooks capture

an ACAC Championship just last season and is ready to repeat this year.

The men hosted the Blue-Gold Tournament at NAIT this past weekend. The Ooks started the tournament off on a high note by winning against the Portage Voyageurs 2-1.

The tournament, which ran from Sept. 20 to 22, featured teams like the Augustana Vikings, Selkirk Saints, Portage Voyageurs, Concordia Thunder and the MacEwan Griffins.

The Ooks carried their winning momentum into their next game of the tournament by winning in an overtime thriller and defeated the Selkirk Saints 3-2 in overtime.

The team will kick the season off against Concordia in home-in-home games on Sept. 27 and 28.

SOCCER

Men, women victorious

By SARAH STILWELL
@Sarah_Stilwell

NAIT's men and women's soccer teams kept the ball rolling against King's College this past weekend. Each taking away wins, the Oaks were successful at their games, and the teams don't plan on slowing down anytime soon.

"Looking forward, we know the

games will be harder and more competitive as teams chase those playoff positions," said men's head coach Charles O'Toole.

"And, with the league being as tight as it is, each game will be very challenging, and any dropped points can be devastating in the chase for provincials."

The NAIT men's soccer team

defeated a much improved Kings University team 3-0 on Saturday, Sept. 21 on home turf. The Oaks were forced to sit some players due to injuries but the Eagles still came up short. King's was looking to avenge an opening day loss to the Oaks on Sept. 6 but obviously didn't get the hoped for result.

In the first minute of the game, OOK Monty Haines opened the scor-

ing. NAIT was able to maintain constant pressure for much of the first half. This resulted in a second goal and the second of the afternoon for Haines at the 32-minute mark. Haines was able to score his third of the afternoon to make it 3-0 and secure the win for the Oaks.

The men's soccer team has yet to lose a game this season, having won four games and tying one against Keyano. The NAIT men's team will play Keyano again at NAIT on Saturday, Sept. 28 at 4 p.m.

The NAIT women's soccer team took an 11-0 win over the King's College Eagles, a bounce back for the team after falling to MacEwan 3-2 last weekend. Kelly Tataryn opened the scoring 13 minutes into the game for the Oaks. They played especially strong in the first half, having the score 7-0 at the end of 45 minutes.

5 for Kadatz

Leanne Kadatz led the scoring with five goals. Tataryn and Carlie Friesen followed with two goals each, and Jay Hart and Kelsey Langille each followed with one goal each. In the process, Langille kept her five-game scoring streak alive.

"This was a very important game for us – we needed to respond positively today after dropping some points last weekend," said head coach Carole Holt.

"We worked quite hard off the ball for each other today to get into goal scoring positions and the result was a number of very nice goals. Overall, it was a very good team performance for us."

MacEwan next

The NAIT Oaks women's soccer team previously defeated the King's Eagles 7-0 on Sept. 6.

Next up the Oaks will take on the Keyano College Huskies at NAIT this Saturday, Sept. 28 at 2 p.m. The team will have the opportunity to avenge their loss to MacEwan on Oct. 20.

NAIT OOK Tommy Syzsyko battles for the ball against a King's player on Saturday Sept. 21 at NAIT field. NAIT won 3-0 on three goals by Monty Haines.

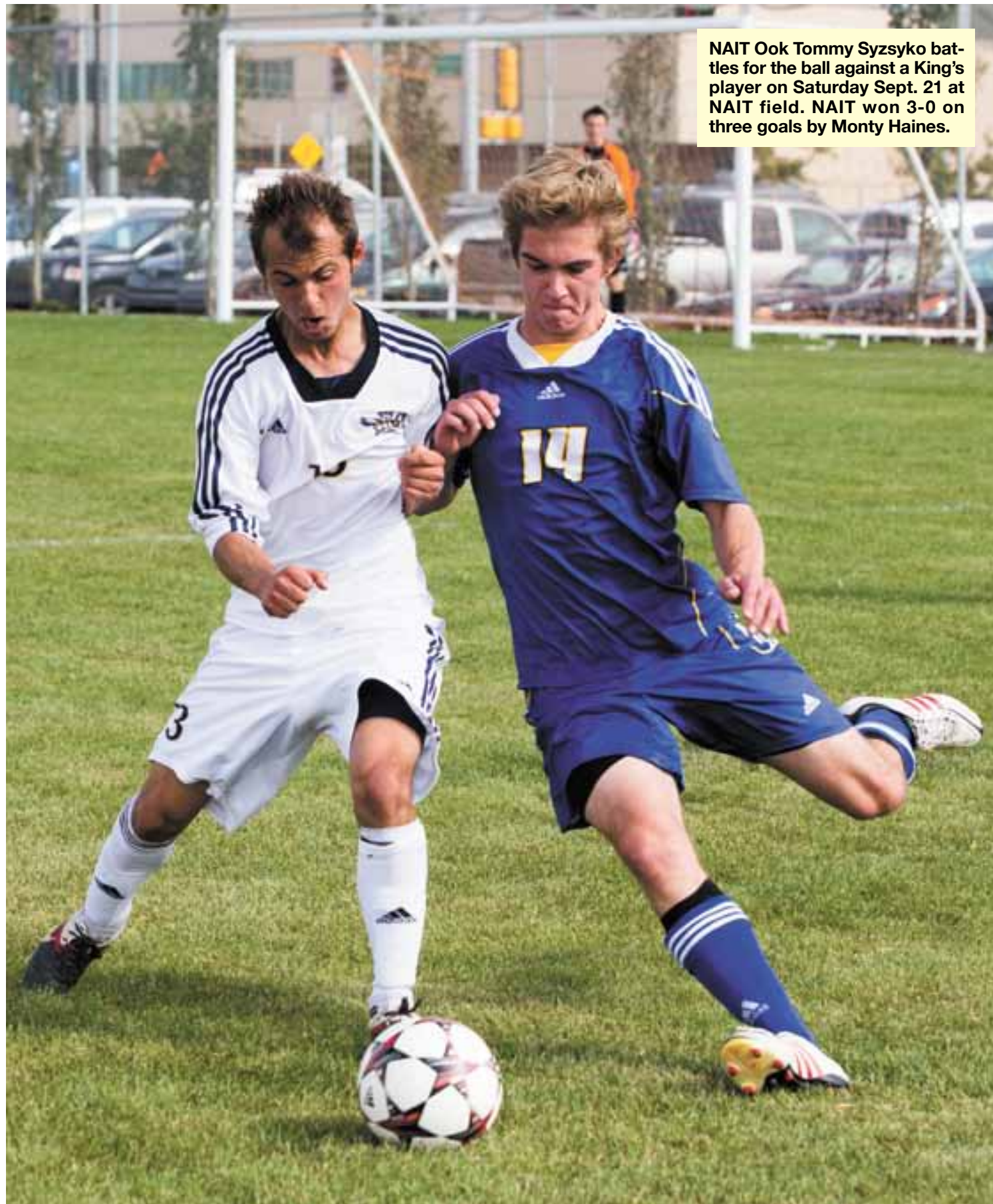


Photo by Ciaran Boyle



Adam Koning

Photo by Jesse Kushneryk



Sarah McMaster

Photo by Jesse Kushneryk

X-country runners in action

By **WHITNEY FOX**
@WhitFoxx

The NAIT cross country running team's season is now well underway. The team has raced twice so far in the Alberta Colleges Athletic Conference (ACAC) Grand Prix series.

On Sept. 14, the top two runners from NAIT were Adam Koning and Sarah McMaster.

Koning placed 20th in the men's eight-kilometre race with a time of 30:06. Patrick Spelling of the Oaks followed Koning a mere second behind, taking 22nd place with a 30:07. The first-place runner in this event was Edwin Kaitany from the Lethbridge College Kodiaks (LCK), with a time of 24:03.

Meanwhile, in the women's five kilometre race, McMaster placed eighth with a time of 21:46. The first in this race was Marriya Jenkins from Concordia University College of Alberta (CUCA) who managed a time of 20:00.

The NAIT Oaks cross country running team was out this past weekend for the second Non-Conference Grand Prix event at SAIT in Calgary on Sept. 21.

Koning once again finished at the top of the NAIT team, coming in 24th in the ACAC eight-kilometre men's race with a time of 32:40. Spelling followed very closely again for a 25th place finish at 32:43. Lethbridge College Kodiak's Kaitany placed first in this event again, with a time of 26:36.

McMaster again finished ahead for the NAIT team, coming in 14th in the ACAC five-kilometre women's race with a time of 21:53. Jenkins of the CUCA team took first again in this race with a time of 19:40.

NAIT cross-country coach, Teagan Gahler, replaced former head coach Wayne Dalman in July this year. Gahler is a graduate of NAIT's Bachelor of Business Administration program and a former runner for the Oaks cross country team.

So far, Gahler is pleased with the team's performance.

"The team ran extremely well in the first ACAC race of the year," Gahler said. "This race is a solid bench mark to see progression for the rest of the season."

Looking ahead, NAIT will compete

in two more non-conference Grand Prix events with the ACAC before the championship. The next will be hosted by CUCA in Edmonton on Oct. 5. The final non-conference Grand Prix will be hosted by the University of Alberta – Augustana College in Camrose on Oct. 12.

The ACAC Championship will wrap this series up on Oct. 26 at Concordia.

Coach Gahler is looking forward to the remainder of the season.

"The season so far has been going extremely well," she said.

"The runners have been improving and working well as a team. The dynamic is positive and I foresee a very successful season for cross-country running at NAIT."

Poll clerks needed for student elections

Duration: Oct. 15, 2013

Compensation: \$15/hour

• Poll clerks are needed on Oct. 15 from 10 a.m.-2 p.m. for the NAITSA student Senate election.

• Poll clerks must have a strong command of English and have a complete and clear understanding of the democratic election process.

• All poll clerks must attend

a paid training session on Friday, Oct. 11 at 4 p.m. in Room E-131.

• Poll clerks must have a complete understanding of the online voting process

and must be comfortable in providing guidance to students.

• Apply in person at the NAITSA office, Room E-131 from 8 a.m.-4 p.m.

Esks make it two straight

By **RACHEL PRAZAK**

@RachelPrazak

This past week, the Eskimos headed to Winnipeg to finish their home and away series with the Blue Bombers in a game which featured an early setback, a thrilling comeback and an improbable win in overtime.

The Eskimos got off to a rough start. Quarterback Mike Reilly and his offence struggled to obtain first-down yardage while the defence got into penalty trouble early on.

Blue Bomber quarterback Max Hall and his offence got to work quickly, adding two touchdowns and two field goals, making the score 20-0 early in the second quarter.

The Eskimos made their way onto the scoreboard with a 22-yard field goal from kicker Hugh O'Neill to break the shutout.

After settling for a single point on a missed 18-yard attempt from O'Neill, the Eskimos finally caught a break on defence. A pass over the middle by Max Hall bounced

directly into the hands of linebacker JC Sherritt, who returned the ball to the Bombers 25-yard line.

With no time to waste, Reilly found running back Calvin McCarty across the middle for a 13-yard gain, before hitting receiver Adarius Bowman in the end zone for the Eskimos' first touchdown of the night. The quick turnaround put the Esks back in the game and they trailed the Blue Bombers 20-11 at the half.

At the beginning of the third quarter, safety Jovon Johnson stripped the ball from Eskimo slotback Fred Stamps and returned it 48 yards for the touchdown.

With the Bombers deep in the Eskimos end, the momentum shifted in the Eskimo's favour with an interception by linebacker Eric Samuels.

After a first down run from running back Hugh Charles, Reilly hit Fred Stamps for a 42-yard gain to take the ball down to the Winnipeg 34-yard line. The Eskimos settled for a 35-yard field goal from O'Neill to cut the deficit to 27-14 late in the third quarter.

The Eskimos added a 46-yard field goal from O'Neill to make it a 10-point game to start the fourth quarter.

Sherritt recovered a fumble, giving the Eskimos a chance to make it a one possession game. The Eskimos moved the ball deep into Bomber territory. On the next play, Charles was stripped of the ball and the Blue Bombers pounced on the fumble for the game's sixth turnover.

The Esks defence quickly put the ball back in Reilly's hands with good field position, starting with completions to Calvin McCarty and Shamawd Chambers.

On third and two, Charles moved the chains with a four-yard run to keep the Esks drive alive. After an 18-yard gain on a catch by Bowman, McCarty moved the ball down to the goal line, leading to a one-yard plunge from veteran quarterback Kerry Joseph to pull the Esks to within three points of the Bombers.

The Eskimos defence came through with yet another critical fourth quarter stop, and this time Reilly took advantage of the possession.

The biggest play came on third down, with the Blue Bombers appearing to have the game sealed up when Reilly squeezed the ball into tight coverage. Instead of an incompletion, the ball was deflected over the Winnipeg defenders and right into the hands of Stamps, who quickly ran up field for a 51-yard gain.

The drive stalled in the red zone after receiver Shamawd Chambers couldn't hold on to the pigskin, forcing the Eskimos to settle for a field goal that sent the game into overtime for the first time in the 2013 CFL season.

Reilly and the Eskimos offence didn't waste any time cashing in on their momentum. Charles carried the offence into the red zone and then ran 10 yards into the end zone for the touchdown. The Eskimos got the two-point convert, with Chambers making a tricky catch while pushing through a defender, giving the Esks a 35-27 lead.

The Blue Bombers had a chance to respond, but their scoring chances came up short after the Eskimos defence pushed Winnipeg back to mid field.

After a late game comeback, the Eskimos came out on top with an exciting 35-27 OT win.

Charles had 11 rushes for 81 yards but made his biggest contribution in the fourth quarter with a converted third down, then in overtime with the game-winning touchdown. Reilly threw for 418 yards and a touchdown, leading a frantic second half surge to extend their winning streak to two.

The Eskimos will look to keep their winning streak alive this week as they take on the Toronto Argonauts Saturday night at Commonwealth Stadium. Kickoff is at 7 p.m.



blogs.edmontonjournal.com

Mike Reilly

Jays causing some trouble

By **KELSEY LYDYNUIK**

@KelseyLydynuik

Although the Toronto Blue Jays are mathematically eliminated from the 2013 post-season, that is not keeping them from stirring the pot a bit.

On Tuesday, the Yankees came to Toronto looking to improve their record to try and sneak into a wild card berth. However, it seems that the Jays have begun to hit their stride. Through the first two innings the game was scoreless and pitching was a bit rocky. However R.A. Dickey began to get back into the groove of things and pitched his second shut out of the season, through seven innings. Since returning from the road trip, it seems as though Dickey has finally become comfortable in Rogers Centre and is pitching consistently, resembling more the 2012 Cy Young winner instead of the Dickey that the Jays had been seeing this year. Although solid pitching is an asset, scoring runs is the only way to win games, and a home run from Colby Rasmus in the fourth gave the Jays a one-run advantage. Another homer from Rajai Davis in the sev-

enth ended scoring and gave the Jays a 2-0 win, setting the Yankees back.

However, on Wednesday, the rematch had a different outcome. J.A. Happ took the mound for the Jays and was solid through seven innings, putting the Jays in a good position for their second straight shutout. Considering that in the bottom of the fourth, homers from Rasmus and Ryan Goins put the Jays up by three. When Steve DeLebar took the mound in the eighth, he allowed three hits in a row, and the Yankees capitalized, scoring four runs that inning to beat the Jays by one.

On Thursday the rubber match took place, and the Jays looked to take the series. Rookie Todd Redmond started for Toronto and was solid through seven innings, only giving up one run. However, Yankees starter Hiroki Kuroda was not on the same level as Redmond, giving up three runs through seven innings, constantly looking

to his team for help. They obliged, backing him up with double plays. The Jays went on to score three runs in the top of the seventh and the Yankees were able to get one more in the top of the ninth, which was just

not enough and they Jays won the rubber match 6-2.

The Jays hit the road Friday to head down to Fenway Park. Everyone had planned on the Blue Jays making it to the post season this year but, instead they sealed the fate of the Red Sox. Which is ironic, considering current Red Sox manager John Farrell asked to be traded from Toronto in the offseason. However, a 6-3 win for the Red Sox allowed them to clinch the American League East title for the first time since 2007 as they had ensured a playoff spot the day before.

Saturday's game was a rematch and Mark Buehrle was at the helm and, for his 13th consecutive season, he pitched over 200 innings and is set to hold the MLB rec-

ord for starts and innings pitched. Buehrle's solid performance allowed the Jays to go 1-1 on their roadie with a 4-2 win.

Sunday was once again the rubber match, a phrase that the Blue Jays are all too familiar with. Boston started the game off strong and were able to capitalize when things got rocky for Dickey, as he ultimately gave up two home runs, which put him in second place in the MLB for home runs allowed, with 33. Although it was a lacklustre performance in the pitching category for the Jays, Kevin Pillar was quite the opposite, as he played a key role in both of the runs Toronto scored, hitting Mark DeRosa home in the top of the second, and hitting a home run in the top of the fifth. Unfortunately his effort was not enough, as Toronto fell 5-2 to the American League East Champions.

On Monday the Blue Jays head to Chicago for a make up game and then wrap up their final road trip of the year in Baltimore, Tuesday through Thursday. They will return home on Friday to finish their season against Tampa Bay.



Oil Kings win season opener

By **KELSEY LYDYNUIK**
@KelseyLydynuik

Saying that junior hockey had a triumphant return to the City of Champions is a bit of an understatement. The 2013 WHL Eastern Conference champions returned to Rexall Place with a new look, as the Oil Kings unveiled their new lime green and black alternate jerseys with alternate logos.

Not only did the 2013-14 Oil Kings come with new jerseys, they came ready to perform in their season-opening game against the Calgary Hitmen. Aaron Irving, who only played a few games with the Oil Kings last year, put the home team up on the board early in the first. However, halfway through the period, Jake Virtanen tied up the game on the power play for Calgary. Three consecutive power play goals from the Oil Kings (Ashton Sautner, Mitchell Moroz and Cody Corbett) put Edmonton up 4-1 at the end of the first. However that was not the end of the action in the first

period. A fight between Oil Kings' rookie Brandon Ralph and Hitmen veteran fighter Spencer Galbraith however, experience did not come into play as 17-year-old Ralph annihilated 20-year-old Galbraith. Two minutes into the second, quite the tilt broke out between Brandon Baddock and yet another veteran Hitmen fighter, Josh Thrower who, ironically, threw one of his biggest hits of last season on Baddock. Shortly after that, Corbett lit up the goal light for his second goal of the night, and put Edmonton up by four. Brett Pollock tallied on the power play to end scoring for the period. However in the third, it seemed as though Calgary began to make a bit of a comeback as Greg Chase netted two in a row to cut the Oil Kings lead in half. But,

Henrik Samuelsson scored the last goal of the night, as the Oil Kings cruised to a 7-3 victory.

Considering that the Oil Kings were missing key players like their captain, Griffin Reinhart (still with the New York Islanders for preseason) and forward Curtis Lazar, who after being drafted 17th overall in the 2013 NHL Entry Draft, is still with the Ottawa Senators for preseason; they fared extremely well. However, Reinhart and Lazar were not the only two away at NHL camps this summer. Samuelsson attended Phoenix Coyotes camp (he was drafted 27th overall in the 2012 NHL Entry Draft), Moroz was at Edmonton Oilers camp (drafted 32nd overall in the 2012 NHL Entry Draft), along with undrafted Baddock. In addition to that, undrafted Corbett also attended the Minnesota Wild camp and if the stats from the home opener did not speak loudly enough, camp did wonders for his game. As far as Reinhart and Lazar, they should be

heading back to Edmonton soon. However, if the first game of the season was indicative of the rest of the year, the Oil Kings might be alright without them.

The Oil Kings will have taken on the Regina Pats, Wednesday and on Friday they will face off against the Lethbridge Hurricanes, both games at Rexall Place.



blogs.thescore.com

Griffin Reinhart
Not back yet



File photo

WANTED: Ooks Mascot

The Athletics Dept. is looking for a new Ooks mascot. This is a pivotal position that requires a lot of enthusiasm and energy. You will interact with the crowd by maintaining a high level of energy and entertainment. The person chosen must be good with kids. You will be required to work part of every home game and a few special events.

If you are interested, please contact Andy MacIver at 780-471-7606 or by e-mail andym@nait.

ACAC Standings

MEN'S SOCCER

North Division

| Team | W | L | T | Pts | GF | GA | +/- |
|----------------|---|---|---|-----|----|----|-----|
| NAIT | 4 | 0 | 1 | 13 | 15 | 3 | 12 |
| MacEwan | 3 | 1 | 1 | 10 | 19 | 6 | 13 |
| Grande Prairie | 3 | 2 | 1 | 10 | 12 | 7 | 5 |
| Concordia | 3 | 2 | 0 | 9 | 12 | 10 | 2 |
| Keyano | 0 | 3 | 3 | 3 | 7 | 13 | -6 |
| King's | 0 | 5 | 0 | 0 | 2 | 28 | -26 |

South Division

| | | | | | | | |
|--------------|---|---|---|----|----|----|-----|
| Lethbridge | 4 | 0 | 1 | 13 | 15 | 7 | 8 |
| Red Deer | 3 | 2 | 0 | 9 | 9 | 9 | 0 |
| Medicine Hat | 2 | 1 | 2 | 8 | 10 | 5 | 5 |
| Lakeland | 2 | 2 | 1 | 7 | 13 | 6 | 7 |
| SAIT | 2 | 3 | 0 | 6 | 15 | 13 | 2 |
| Olds | 0 | 5 | 0 | 0 | 2 | 24 | -22 |

Results

September 21

NAIT 3, King's 0

Lethbridge 5, SAIT 3

MacEwan 2, Grande Prairie 1

Concordia 3, Keyano 2

Lakeland 3, Red Deer 0

Medicine Hat 5, Olds 0

September 22

MacEwan 3, Grande Prairie 0

Concordia 3, Keyano 0

Lethbridge 4, Olds 1

Medicine Hat 3, SAIT 1

WOMEN'S SOCCER

North Division

| Team | W | L | T | Pts | GF | GA | +/- |
|----------------|---|---|---|-----|----|----|-----|
| MacEwan | 5 | 0 | 0 | 15 | 26 | 2 | 24 |
| NAIT | 4 | 1 | 0 | 12 | 38 | 3 | 35 |
| Grande Prairie | 4 | 2 | 0 | 12 | 19 | 13 | 6 |
| Concordia | 3 | 2 | 0 | 9 | 8 | 14 | -6 |
| King's | 0 | 5 | 0 | 0 | 1 | 29 | -28 |
| Keyano | 0 | 6 | 0 | 0 | 2 | 33 | -31 |

South Division

| | | | | | | | |
|--------------|---|---|---|----|----|---|----|
| Medicine Hat | 4 | 1 | 0 | 12 | 14 | 2 | 12 |
| Red Deer | 2 | 1 | 2 | 8 | 7 | 6 | 1 |

| | | | | | | | |
|------------|---|---|---|---|----|----|-----|
| Lethbridge | 2 | 1 | 2 | 8 | 10 | 9 | 1 |
| Lakeland | 2 | 2 | 1 | 7 | 14 | 12 | 2 |
| SAIT | 1 | 2 | 2 | 5 | 9 | 12 | -3 |
| Olds | 0 | 4 | 1 | 1 | 2 | 15 | -13 |

September 21

NAIT 11, King's 0

SAIT 3, Lethbridge 2

MacEwan 4, Grande Prairie 0

Concordia 5, Keyano 0

Red Deer 3, Lakeland 0

Medicine Hat 4, Olds 0

September 22

MacEwan 7, Grande Prairie 0

Concordia 2, Keyano 1

Lethbridge 1, Olds 0

Medicine Hat 3, SAIT 0

GOLF STANDINGS

Men's Individual

| | | |
|---------------------|------|-----|
| 1 Kyle Morrison | RDC | 143 |
| 2 Mitch Kurtz | MH | 147 |
| 3 Darren Windle | RDC | 149 |
| 4 Jared Donnelly | NAIT | 152 |
| 5 James Charpentier | GMU | 153 |
| 6 Drew Horn | GMU | 156 |
| 7 Devin Kohlhauser | GMU | 158 |
| 8 Barrett Belland | GMU | 158 |
| 9 Cole Feth | UAA | 159 |
| 10 Samuel Kirkness | OC | 159 |

Men's Team

North Region

| | |
|------------------------|-----|
| 1 MacEwan University | 624 |
| 2 Red Deer College | 629 |
| 3 Medicine Hat College | 648 |
| 4 NAIT | 651 |
| 5 Olds College | 663 |
| 6 Drew Horn | 665 |
| 7 Portage College | 751 |

Athlete Profile



Player: Michael Piluso
Sport: Hockey
Position: Right wing
Program: Building Environmental Systems

By BRIDGETTE TSANG
@BridgetteTsang

What inspired you to play hockey?
My dad inspired me to play hockey when I was really young.

Do you have any pre-game ritual or routines? Superstitions?
I like to eat the same pre-game meal like pasta and chicken and get a nice pre-game nap.

Who is your favourite athlete or someone you look up to?
I like Sidney Crosby. I look to him right now; I like to model my game after his.

What is your favourite thing about NAIT so far?
I've been here a couple of years now and everyone just gets along really well.

It's a good environment for learning and playing sports, so I've enjoyed it a lot.

Do you have a quote you live by? Motto?
I think, Gretzky once said "You can't score if you don't shoot." (You miss 100 per cent of the shots that you don't take.)

What is your favourite TV show?
I like *Breaking Bad* right now and *Dexter*.

Favourite movie of all time?
I like the first *Hangover*, (the second one) wasn't as good though.

What is on your playlist right now? / Favourite genre of music?
I pretty much like everything. But, my favourite type would be rap, dance, or like top 40 kind of music.

Athlete Profile



Player: Kaitlyn Whaley
Sport: Hockey
Position: Left defence
Program: Dental Technology

By BRIDGETTE TSANG
@BridgetteTsang

What inspired you to play hockey?
My dad was a fanatic and he kept pushing me to play and then I finally started playing.

Do you have any pre-game rituals?
Not really. I usually have a peanut butter sandwich before the game.

What are some of your hobbies?
I like reading, dirt biking and hunting.

Do you have a favourite athlete or role model?
My role model is my dad.

What's your favourite thing about NAIT?

Mostly the small classes. It's easy to get help with what I need help with. There's a lot of resources to use, not just the teachers but, student services and such, too.

Is there a quote you live by?
I like "go hard or go home."

Favourite TV show?
Heartland.

Favourite movie of all time?
Definitely *Step Brothers*. I know pretty much all of the quotes!

What kind of music is on your playlist right now?
I like country music. So, like Eric Church and Luke Bryan.

Athletes of the week

September 17-22

Kelly Tataryn
Soccer



Kelly turned in an outstanding performance this past weekend, helping the Oaks decisively defeat the King's University/College Eagles 11-0. Not only did Kelly score twice but she also dominated the midfield, thus dictating the tempo of the game. "She is a great example of what can happen when you are willing to work hard for your teammates," said head coach Carole Holt. "Kelly's return to peak form certainly bodes well for the Oaks going forward. With her performing at such a high level, the Oaks will be tough to stop this season." Kelly is a fourth-year Business Marketing student from Morinville.

Anoop Sahota
Soccer



Ooks Defender Anoop Sahota put forth an outstanding defensive effort against a much improved King's University/College Eagles. Anoop's outstanding defensive play enabled the Oaks to play in the Eagles' end for the majority of the match. The final score was 3-0. "Anoop was very solid against MacEwan a week ago, playing a position that was relatively new to him and he followed that performance with another great game against King's," said head coach Charles O'toole. "Anoop's consistent play has made him one of the unheralded leaders of this season's first-place Oaks team." Anoop is a first-year Business student from Edmonton.

HOME GAME SCHEDULE

| MEN'S HOCKEY | | | |
|---------------------|----------------|----|-----------|
| HOME OPENER | | | |
| FRI SEP 27 @ 7:00PM | THUNDER | VS | NAIT OOKS |
| SOCCER | | | |
| SAT SEP 28 | | | |
| WOMEN'S @ 2:00PM | KING'S HUSKIES | VS | NAIT OOKS |
| MEN'S @ 4:00PM | | | |
| SAT OCT 19 | | | |
| WOMEN'S @ 12:00PM | THUNDER | VS | NAIT OOKS |
| MEN'S @ 2:00PM | | | |
| MEN'S HOCKEY | | | |
| FRI OCT 4 @ 7:00PM | ROC ATHLETICS | VS | NAIT OOKS |
| FRI OCT 18 @ 7:00PM | SPARTAN | VS | NAIT OOKS |

ENTERTAINMENT

Bar fatigue setting in



CHRIS FIGLIUZZI
Assist. Entertainment Editor
@chrisfigliuzzi

Have you ever had a moment of sudden realization? Just one moment where everything seems to pause and you're left with one second, one moment of pure clarity? I had a moment like this on Friday.

The night started off normal enough, with me heading out to the bar after a night of poker and beverages with the boys. The realization didn't come right away. No it didn't, it came around midnight or so. You know that time of night when the bar gets harder to walk through, the bartenders seem to go a little more deaf and, of course,

the douche bags are just hitting their peak. Yes, it was at this time that I realized that I F*&%\$#@# hate bars.

Let me clarify. I don't hate all bars. I love a nice pub, where you can sit back relax and actually hear your conversation with friends. Hell, I even enjoy hitting some of the major locations during the week, I love The Druid's "bingotoonz" on Mondays and On The Rocks live music on Sundays. These are bar nights I enjoy. They're tame, enjoyable and, most of all, relaxing. This is going to make me sound old but when the hell did going to the bar get so stressful?

These days it seems like you have to show up early to even stand a chance to get in and what's your reward for getting past the door? A dimly lit place that stinks of desperation and old beer, full of kids 18-20 with no idea how to handle their booze or themselves. You inevitably end up having to push and shove your way through a group of people, who as far as I can tell are allergic to deodorant, just for the privilege of paying about 10 bucks for a drink. You then have to stand in the middle of the

room drinking, while avoiding people coming and going that will inevitably bump you spilling \$2 to \$3 worth of booze.

Am I missing something here? Is this supposed to be fun? To top it all off, there is an increasing amount of bars that are actually attempting to charge cover for the privilege of paying almost twice the normal price of a drink. I mean, come on! This is Edmonton – there is literally no bar worth paying to get into, unless they're playing host to a live performance of some kind. I

can understand it in Vegas or even Mexico, where bars are venues. They are created to impress, with shows and decorations that will leave you impressed and entertained. What do we get here? A giant disco armadillo ... that looks frighteningly insecure.

So why keep going to these over-priced pits of despair? Change it up this weekend, find a pub, have a couple friends over or check out a show – just try something different. Who knows maybe you'll actually like it ... or maybe I'm just getting old.



www.wealthyonmyway.com

Look familiar?

OCTOBER EVENT LIST

naistudents
naitsa
yourNAITSA
naitsa.ca
naistudents
rm.e-131

4
Alexander Keith's Birthday at the Nest

7
Clubs Connection

7, 15, 21, 28
How to Run

15
Oilers vs Penguins at the Nest

22
Oilers vs Canadians at the Nest

31
**NAITSA & the Edmonton Food Bank
Trick or Treat Food Drive**

31
Scary-oke at the Nest

FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...



By RICHÁRD LUKÁCS

My last girlfriend broke up by telling me that I'm great, wise, deep, lovable and, of course, sexy as hell. Still, she can't be with someone who loves his Murder City Devils records more than his girlfriend. I felt shattered and gutted for about two hours, then I realized that she's absolutely right. I do feel irreplaceable, frantic love for those records. I laughed, cried, danced, travelled, partied and slept more with them than with any human being ever. And they are never going to leave. No need to feel low, music stole my life and I can't be thankful enough for that.

I'm more of an "album guy" than a "song person" but I love making mixtapes. However, I'm listening to many genres from hip-hop to grindcore, a mixtape

can't be too hectic so each one of them needs a concept. Since this will be my first Canadian weekend without a house party invitation, I think I should hold one. Here we go, a classic and pleasing concept.

In this case the order of tracks is extremely important, as it has to follow the wind of the party. For example, you can't miss aim with some badass Scandinavian rock 'n' roll for tuning in. If later on you open a beer without realising that you already had one in your other hand, it's a perfect spot for Britain's finest raw pub-punk band (Gallows). When all hell breaks loose, you must fight fire with fire. Crank up the volume to the max with the sickest stone-hick riffs of all-time (Pantera and The Haunted).

Have you ever danced to black metal? If not, you obviously missed the most wicked newcomer of recent years (Kvelertak). Have you ever gone to a party and there was no Motörhead on the playlist? That had to be a very lousy party. Have you ever been at my party? If so, then you know that the only way not to listen to Refused is by being deaf. If you think wasted people can't be beautiful, you've never seen anyone lying in the backyard and singing the heart crunching "Fields Of Fire" (best song ever?!) under a blood red sunrise at 6 a.m. For waking up dead the next afternoon, I recommend Turbonegro, which is flawless Scandinavian rock 'n' roll. Closed circle, you can



www.liquorandpokermusic.com

start the whole again.

So this is my soundtrack for the weekend. If you're a pretty girl with a delightful personality and cute smile (and most important: you're not jealous about vinyl records), consider yourself invited. Don't worry, if you're gonna be the only one who shows up, I might change the track list a bit.

1. The Hellacopters – By The Grace Of God
2. Queens Of The Stone Age – If I Had A Tail
3. Refused – Summerholidays vs. Punkroutine
4. Red Fang – Wires
5. Clutch – Electric Worry
6. Danzig – Mother
7. Motörhead – Stay Clean
8. Gallows – Death Voices
9. Cancer Bats – Lucifer's Rocking Chair
10. Kvelertak – Kvelertak
11. Twitching Tongues – Distance Clause
12. Pantera – Walk
13. The Haunted – 99
14. The Murder City Devils – Fields Of Fire
15. Turbonegro – All My Friends Are Dead

VIRAL VIDEO

Valid question

By KODY DAVIDSON

Another week and more videos have come out but sometimes it's good to watch some of the older ones, which is why this week I have picked a classic. Why doesn't MTV play music videos anymore? Now this video is really funny, especially if you watched music videos back in the '90s. It starts with a girl in her mid 20s asking the head of the network. Why doesn't MTV play music videos anymore and, after her question is done, we cut to the network head. It is clear that she is not getting the answer she wanted and it is hilarious!

Also a tad bit mean, which reminds me: there is a bit of swearing, so be warned. But it is basically three minutes of this guy telling this girl why and how dumb a question it is. It is a well thought out script with a good payoff at the end. My per-

sonal favourite part is the end, actually. You might even recognize the network head from VGHS or Skyhook.

It seems like a silly and stupid video when I talk about it here but I just don't want to spoil any of the dialogue. At three minutes and 43 seconds, what do you have to lose? It's mean, it's funny, it's true and it's smart. Besides, haven't you wondered why MTV doesn't play music videos anymore yourself? The answer that is given is a true answer. Just give it a watch and have a laugh. We all know you're looking for a reason to procrastinate on your homework anyway. And next week we will look a video series that's a bit more long form but that's next time.

Why doesn't MTV Play Music Videos Anymore?: <http://www.youtube.com/watch?v=9ysyZF-DZFY>



www.youtube.com

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HOT SINGLE OF THE WEEK



Photo by Carly Robinson

Jordan Cowan, 21 Instrumentation

Why are you single? – “This is getting pretty deep already ...”

If you were an animal, what animal would you be and why? – “I would be a liger (a hybrid cross between a male lion and a tigress) ... the ultimate hybrid.”

Would you go for a girl who twerks? – “Like Miley Cyrus? Oh yeah.”

Where do you go to meet other singles? – “The grocery store.”

What's the first thing you see in somebody else? – “Well, it depends if I'm behind or in front of them. Behind it would be the ass obviously and in front it would be the face.”

Are you hot and single? E-mail us at entertain@nait.ca

Wedding wear

By ALEX SACKIW

For most of us, marriage is either a long ways away or has already come and gone. But for those of us thinking about tying the knot, the Edmonton Bridal Fantasy Expo was a chance for brides and grooms alike to stretch their legs and look in awe at the beauty and the major expense of this year's bridal fashion.

For the most part, this year seems to be one of retro styles, going back to the days of princess cuts and big blowy gowns. Although, it seemed that the styles on showcase this year were not well received by the crowds. Many offered their disillusion at the prices of some of the more simple dresses, as well as shock and mockery at the outlandish ones.

As for men's fashion, it seemed fairly standard; tux, suits and business formal. Although, for those more inclined to country life, there was a showcase on a

few “Brush Camo” tuxes and suit vests, for all the *Duck Dynasty* enthusiasts out there. Although there was the occasional outlandish green camo or forest patterned attire out there, it seemed that there was a heavier focus was on white, or off-white suits for grooms and best men. Again, this did not sit well with me or the crowds. More of the grooms seemed to be focused on the traditional “black tux” look. The look of an off-white suit is very Victorian. It seemed they were a little too Victorian for some tastes. To quote ZZ-Top “Every girl's crazy 'bout a sharp dressed man.”

For the most part, wedding fashion is a monolithic beast. The time, the effort, and the price make many couples look twice at their wedding. For those who have little in mind, it can be a bit overwhelming but for those who have a plan, it can be very easy to find what you are really looking for.



Photo by Alex Sakiw

A traditional look for men is still popular.



ALEX SAKIW

How do you feel about rumours Justin Beiber will be Robin in the new Batman vs. Superman movie?



"I don't pay attention to super hero movies, so I couldn't be more indifferent to it."

Josh
Video Program



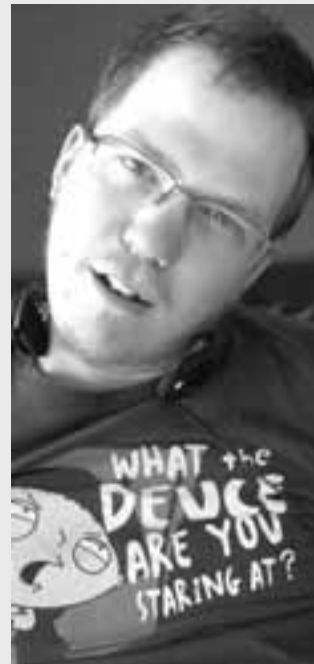
"It's a great idea. He's got that boyish charm that Robin is supposed to have. He could play the teen angst card. I totally get it."

Matt
Video Program



"We thought it was a joke. That's bad. I'm not watching it ... Seriously. Beiber can't act! Beiber can't sing! Beiber can't even dress himself!"

Kim
Digital Media



"No. No. Nooooo. Why? No! Sigh ... Nooooo. Noooooo!"

Allen
Game Programming
and Design



"Embarrassing. That's about it."

Derick
B-Tech

TIP OF THE WEEK FROM NAIT PROTECTIVE SERVICES



Handling harassment



What is harassment?

Harassment is described as conduct or comments, which are intimidating, threatening, demeaning and may be accompanied by direct or implied threats to a person's grades, status or job. The most common form is sexual harassment and can include:

- Sexist or racist jokes.
- Display of offensive material.
- Derogatory name-calling.
- Persistent and unwelcome requests for "dates."
- Unwanted touching, patting or pinching.
- Verbal threats or abuse.

How do you deal with harassment?

Most people involved with this behaviour only want the activity to stop. This requires action and may create some discomfort as most times the people work or have classes together.

Some methods known to work are:

- Tell the harasser what the negative impact of their action is and ask them to stop. This can be done verbally or by a written letter. An example is "When you make suggestive comments, I feel so uncomfortable that I can't concentrate on my work. I don't like these comments. Stop saying these things to me."
- Keep a written, chronological account of all incidents of harassing behaviour. Note what occurred, when and names of any others that may have witnessed the incident. Keep any inappropriate letters, jokes, pictures or objects that the harasser gives you.
- Many people who experience harassment feel uncertain or embarrassed; however, ignoring or minimizing the problem won't make it go away. Ask for help. Talk to someone. Seek the assistance of a counsellor. NAIT students can call Student Counselling at 780-378-6135. NAIT staff members can

call the Employee Assistance provider, Homewood Human Solutions at 1-800-663-1142. In extreme cases call the Sexual Assault Centre at 780-423-4121.

How about abusive or obscene telephone calls? If you should receive an abusive/obscene phone call:

- Don't react. Most often the caller is looking for a reaction to the call.
- Don't ask questions to the caller, (i.e. Who is this?), as this is what they want you to do.
- Hang up promptly and gently.
- Never blow a whistle or yell into the phone. The caller will know you are angry and will probably call back. As well, you may face possible lawsuits.
- Never talk to anyone you don't know or are uncomfortable with.
- Consider subscribing to call display so you can see the number of the caller.
- Notify police of any calls you received. If the calls are regular make a

log of dates, times, and what was said.

If you are being harassed or are receiving abusive or obscene telephone calls, contact Protective Services at 780-471-7477 to file a report. We can also provide assistance by offering a Safe Walk. Visit our website for more information on the Safe Walk program and personal safety tips at www.nait.ca/security.

If you feel your personal safety is threatened, contact the Edmonton Police Service at 780-432-4567 or call 911.

If you have information about a crime, contact NAIT Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous, and if the information you provide leads to a conviction, you could be eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal. Visit our website for more tips and information: www.nait.ca/security.

How to manage stress



TIMELY TIPS

MARGARET MAREAN
NAIT Student Counselling

It is not uncommon to feel stressed before exams or a presentation. Stress is your body's reaction to feeling too stimulated. While a certain amount of stress is normal and necessary, too much stress or feeling stressed for long periods of time can affect your school performance and your health. Here are some tips for managing your stress level.

- Be aware of your internal dialogue. The quickest way to increase stress is to tell

yourself negative message such as "I'm such an idiot" or "Everyone else is smarter than I am." Often, the way we think about a situation increases our stress levels out of proportion to the actual event. Thinking patterns such as "People will think less of me if they know I am not perfect" or "I made a mistake so people will think I'm a total failure," are sure-fire ways to decrease confidence and increase stress. Replace self-defeating, critical thoughts with realistic positive messages such as "I will do my best," "I know my material" or "People will like me for who I am."

- Develop a plan. Prioritize, make a schedule and set boundaries on assignments and projects. Having a plan helps you to feel in control of your life, especially during stressful periods such as final exam time.

- Get organized. Make sure your home, schoolwork, clothing, etc. are in order. Get your books, lunch and clothing ready the night before so there are no added stressors in your day. Physical clutter and disorganization increase mental clutter and disorganization.

- Do a lifestyle cleanup. Can you let go of negative relationships or obligations that are no longer rewarding? Can you avoid situations and people that upset you? Do you need to work on not comparing yourself to others?

- Exercise. In addition to reducing stress, exercise increases blood flow and oxygen to the brain, gives you some down time, increases self-confidence and helps you to sleep better. Any exercise that increases your heart rate for 15 to 20 minutes will help reduce stress.

- Take care of yourself.

- Most people need at least seven hours of sleep per night. Fatigue reduces your ability to cope with stress.

- Good nutrition is important too. A diet high in non-nutritious food puts more physical stress on the body and this further reduces your ability to cope. Stimulants such as caffeine, salt, chocolate, alcohol, sugar and smoking can make you more susceptible to stress.

- Build in time for yourself. Do an activity you enjoy even if it is only for a

few minutes each day. Plan something to look forward to every week.

- Be realistic. Perfectionists always have higher stress levels. Set goals which are challenging but achievable.

- Avoid procrastination. Putting off unpleasant tasks only increases stress.

- Develop some quick stress-reduction strategies. Deep breathing, progressive muscle relaxation and humour are quick ways to become calmer.

- Talk. Being connected to other people and sharing ups and downs helps you recognize that others are going through similar emotions. Sometimes talking with someone objective can help you work through a situation.

See a counsellor if you have concerns that are increasing your stress or if you need to work on stress reduction techniques. Counsellors are available Monday to Friday from 8 a.m.-4:15 p.m. and until 5:15 on Tuesdays. Appointments can be booked in person at Student Counselling, Room W-111PB, HP Centre or by calling 780-378-6133.

THROWBACK THURSDAY

Board games of our youth

By **CARLY ROBINSON**

If your childhood was anything like mine, then you played a lot of board games. I definitely credit my amazing game collection for making me the cool kid on the block.

For most of my friends these were simply a distraction on a cold day when we couldn't go outside but for a few of us, these games were just the beginning of our lifelong love of board games.

For this throwback, here are my top three childhood games.

3. Elefun

I do realize that this is not a board game in the classic sense (seeing as there is no board), but all the same this was my personal gateway game into the more serious dice rolling games – 52 pick-up had nothing on this little thing!

Simplicity was key for this game. A plastic elephant would blow nylon butterflies in the air, and who ever caught the most in their net would get a butterfly token. The first to get three token would win the game. As you got older this game would get more and more competitive, and maybe even a little violent.

Since its initial release in 1994, Toys R Us has been re-releasing this every couple of years as the technology advances. In 2011 they released a spin off called Elefun Busy Ball Popper. I have been unfortunate enough to play with this abomination. It may just be my age that made this re-make so tragic (I will admit my two-year-old niece was still having a good time) but it

just seemed like all the magic was gone. It was the same happy Elefun face; however she was just brutally tossing balls across the room and making a mess. Stay away from this toy to preserve your childhood.

2. Guess Who?

This game could get very competitive. To play this two player game; each player had a board with all the different characters, would each draw a character card, and then using only yes or no questions would try and figure out who you had.

Looking back now, we can easily see how unfair this game could get. The fact that there were barely any female characters, getting a woman would make you want to give up due to the ease of which it would be to find her in the sea of men. I had an early edition where the ratio was five to 19 and later editions where closer to being equal but still far off.

There have even been special editions of Guess Who? including Star Wars, Marvel and Disney! Doesn't that make you want to go out and find one?

1. Harry Potter: Mystery at Hogwarts

Why play regular Clue, when you can play the Hogwarts equivalent? Being all up in the hoopla of the first Harry Potter film, I was the first to have this Clue-like game. You needed to find which faculty member caught who casting what spell on which victim. While looking for this, there were other elements that could change your game play. A ghost would roam the halls (controlled by each

player on their turn if they had extra moves left over), which could bump other players back to the start of the game as well as allow you to look at one of their cards. It was also possible to make short cuts using Hogwarts cards that would make reaching different rooms much easier. You would need to visit the class room of the faculty member you thought caught the culprit in order to guess.

More recently there has been an actual Clue Harry Potter edition of the game released, that more accurately tries to imitate the original clue format (and draws on all of the books, not just the Sorcerer's

Stone). However, there will always be a special place for this first Harry Potter themed board game.



www.walmart.ca

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Application deadline is Monday Sept. 30, 2013.

THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

Sept. 26-Oct. 2

(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Libra (Sept. 23-Oct. 22)

Your body is telling you to slow down! Have you been eating right? Sleeping enough? Playing enough? You need to find some balance right now, otherwise you'll crash hard. You will accomplish more if you take care of yourself. A mentor will notice your accomplishments.

Scorpio (Oct. 23-Nov. 21)

Life isn't happening fast enough for you. You need a challenge at this time. Try something new. Now is the time for you to do something you've always wanted to! You may be pleasantly surprised. Good things will come in threes for you this week.

Sagittarius (Nov. 22-Dec. 21)

Something has changed your perspective recently, and you're not sure how to handle it. Keep in mind, new things aren't bad! You may be questioning some things in your life right now, but don't worry too much, embrace the changes. Enjoy nature before the snow is here.

Capricorn (Dec. 22-Jan. 19)

Love is in the air for you Capricorn! Don't worry about rushing into something scary – sometimes it's good to take a chance. Reach out and take the good things in your life, before they pass you by. Let a loved one know your feelings. Stay away from negative people this week.

Aquarius (Jan. 20-Feb. 18)

People are taking advantage of you! Realize that it's alright to say no! Do the things you have to do, and let others do what they have to do; don't shoulder more than your share of the burden. Someone unexpected will make your life better.

Pisces (Feb. 19-March 20)

Pisces, it's ok. Things are really stressful for you right now, and you're feeling the tension building. Take time for yourself, but remember that you have friends and you don't have to go through it all alone. Watch Animal Planet to take your mind off things.

Aries (March 21-April 19)

You're uncertain as to what will make you happy at this moment.

Take a step back and look at the big decisions you have to make and question whether you're doing what's best for yourself, or for others. Beware of men in trench coats this week.

Taurus (April 20-May 20)

Your strength will be needed by those around you this week. Although you are doing your best, your efforts may not be outwardly recognized by those around you. Hang in there and remember that nothing lasts forever; this too shall pass. The colour red will bring you luck.

Gemini (May 21-June 21)

You need some alone time! Your heart is with those around you at this time, and it's stressing you out! Take some time apart from friends and drama, and do something just for you. You'll know when you feel ready to re-engage with the world. Avoid spiders this week.

Cancer (June 22-July 22)

Something is making you mad. Is it your job? Your classes? Your friends? Figure out what's been making you grumpy and address it to make things better. Remember that sometimes patience works better than force. The grass isn't always greener on the other side

Leo (July 23-Aug. 22)

You have a secret admirer! But you are too busy to notice! You must decide whether your happiness lies in your own accomplishments, or in the company of others. Neither choice is wrong, but weigh the options carefully. Redecorate your room.

Virgo (Aug. 23-Sept. 22)

Something is scaring you this week. It could be a romantic commitment, or a scholastic presentation, but whatever it is, has you completely paralyzed. Find a unique solution to confront your fear. You will get good news from an old friend.

Who to call?

Academic and personal concerns – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

Health insurance coverage – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 28 if you have alternate coverage.

Housing – Online housing registry at www.rentingspaces.ca

Injury, minor medical concerns – Health and Safety Services, 780-471-8733, Room O-119.

NAIT Security – 7477.

Part-time campus jobs/volunteering – Go to www.naitsa.ca under "Get involved."

Program-related concerns – Contact Program Chair or Program Adviser.

Scholarships, bursaries – Student Awards Office, 780-491-3056, Room O-101.

Special needs students – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.

Student loans, grants – Financial Aid Office, 780-491-3056, Room O-111.

Tutoring – The Tutor Centre in Room A-133 (main campus) offers free assistance with math, physics and chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A). Peer Tutors – Sign up online to get or to be a tutor by e-mailing tutor@nait.ca. Cost is approximately \$15/hour.

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A ruckus on the river

By WHITNEY FOX

Shiver Me Timbers! What a ruckus!

If you decided to take an evening stroll in the river valley last Friday night, you would have experienced a real treat. The weather was beautiful, staying above 20 C well into the night; the sky was clear so you could see the almost full moon rise, massive and orange, on the horizon, with its gleaming radiance being reflected in the river. The downtown skyline was a familiar mass of twinkling lights combined with the beautifully lit Hotel MacDonald to create a postcard skyline and the Edmonton Queen River Boat was out for a paddle.

However, upon observing the 'ship' gliding gracefully past, the wonder you felt would begin to be replaced by an overwhelming desire to be on that boat in order to join the spectacle that was taking place. Indeed, anyone who found themselves within a rather large radius of the EQRB would have been privy to the grandest sounds of merriment one could ever hear: a chorus of 300 revellers howling "YAARRRRRRGH!" as they danced to some incredible tracks while wearing pirate getups of all varieties.

That's right, it was the NAIT Pirate Party and, as John Morgan, a second-year Refrigeration student put it, "This parrrrty was off the anchor!"

To begin the night, the swashbuckling hordes met up with their mates at the Nest where, accompanied by the pulsing of the DJ, Salvadore's, bass beats, they could have dinner and perhaps one or two Calypso shots (known to the true sea dogs as grog) which were on special for \$4. From there, buses shuttled the crew down to the river, where they could board the EQRB for the best bash of the year thus far.

Once on board, the carousers had their choice. They could stay on the upper deck where DJ Mikey Wong was spinning some righteous tunes in the fresh autumn air or they could head down below where J-rock kept a second dance floor bumping. Of course, if they just wanted to take a break and cool off, they could follow the lead of Olivia Liebig, an Academic Upgrading student who, as she gazed out over the railing at our fair city said, "I've never seen [Edmonton] this way before. It's gorgeous!"

It's understandable that someone might need a breather, as the party was at capacity, full of many who had to be on the ball getting their tickets. Emilie Berger, a first-year Dental Technology student, "saw the event online and got [her] ticket as soon as [she] could on orientation day."

To aid this full house in their celebration, the NAIT Students' Association was

out in full force, with cash prizes for the best costumes. Prizes were awarded to Sheri Bownes and Diego Paliz, who went above and beyond with their ship-themed outfits.

After doling out the prizes, NAITSA President Jon Bilodeau had this to say about the party: "I think it's a great success!"

Students everywhere having a good time; a real success!"

(NAITSA also had professional photographers, Benjamin Sim and Vicky Lau, on board to document the debacle. Check out the photos on the NAITSA Facebook page at www.facebook.com/naitstudents.)



Photo by Vivid Visions



Photo by Vivid Visions

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PIRATE PARTY

A good night was had by all ...

Photos by Vivid Visions



MOVIE REVIEW

Flick takes no prisoners

By LAUREN FINK

@LaurenFink_

I'm an avid movie goer. This past summer alone, I probably went to over 10 movies. So, I obviously jumped at the chance to see the advanced screening of the movie *Prisoners*. I had heard so many great things about the star-studded (Hugh Jackman, Jake Gyllenhaal, Viola Davis, Terrence Howard and Paul Dano) thriller. Just from the previews, I could tell I would enjoy it, so I went into the theatre with high hopes. And, let me tell you, I was not disappointed.

I don't want to give too much away but, here is a quick rundown of the plot.

Prisoners is about two families whose six-year-old daughters go missing and the families, primarily the fathers, struggle to find them before it's too late. As with almost every movie, it begins with a brief understanding of the main character, who in this case was one of the girl's fathers, Kellar Dover, played by Hugh Jackman. After getting a feel for what Dover is like, the Dover family (Kellar, his wife, son Ralph, and daughter Anna) head to their friends, the Birches, for Thanksgiving dinner. When the families get together, the girls, Anna and Joy, want to play outside, so, with the company of their older siblings Ralph and Eliza (the other Birch daughter,) they go on a walk. On the walk, the girls discover an RV parked outside of a house down the road. Thinking it would be fun, the girls start playing and climbing on the RV. Quickly their older siblings tell them they shouldn't and the group returns to the Birch's home.

After dinner, the girls want to find Anna's toy so they ask their parents if they can go back to the Dover's place to look for it. They are given permission to do so as long as they take Ralph and Eliza. A while passes before the Dovers decide to see where the girls are so they can return home. In their search for the girls in the Birch's house they discover their son Ralph and Eliza have been downstairs the whole time and the girls



www.youtube.com

Hugh Jackman in *Prisoners*

never came to get them to go to the Dovers. After both families search high and low for the girls, Ralph tells his father about the RV and Kellar calls the police, which prompts the investigation to who has taken them and where they are. Det. Loki, played by Jake Gyllenhaal, is put on the case as the lead detective and for the remainder of the movie he tries to solve the mystery. Not, of course, without meddling from Kellar Dover and a few other characters who are introduced later on. We are introduced to a lot of the other characters in the film through Loki's investigation. Some of them are suspects, family of suspects and various other people who are important in the crime. The rest of the movie is a whirlwind of action, thrills as you try to figure out who took the girls. The amount of twists and turns is just right; complex enough to be enthralling yet not so many as to be confusing. Kellar Dover's med-

dling makes the movie that much more suspenseful and action packed. I'm trying to give away as little as possible about the movie, especially whether or not the girls make it home but the ending was the ultimate cliffhanger and I don't think I could have asked for a better one. It was unique and unlike a lot of movies of this kind.

I highly recommend this movie. It was Canadian director Denis Villeneuve, writer Aaron Guzikowski and executive producer Mark Wahlberg (yes, Marky Mark was involved in this movie, as if I needed more reason to like it) who allowed me to give *Prisoners* 4.5 out of 5 stars. It's no wonder it was second runner-up for the Toronto International Film Festival's People's Choice Award.



BOOK REVIEW

Orange lost in translation

By CHRISTOPHER DEMARCUS
The Cascade
University of the Fraser Valley

ABBOTSFORD (CUP) — *Orange Is the New Black*, a Netflix hit this year, is based on a 2010 memoir of the same name. It's the story of Piper Kerman, who is sent to prison on international drug smuggling charges.

Fans of the show have been hooked on the outrageous events that occur during Piper's 15-month term in a U.S. federal prison, but like most book-to-film adaptations,

a lot gets lost in translation. At the book's core is a brutally honest story of universal love, female solidarity and the absurdity of the prison system.



Huffington Post

Piper Kerman

Between drug running and prison, Kerman spent a decade producing and writing infomercials; she is no stranger to the craft of storytelling. Unlike the show, there are no cheap, wacky punchline plot points. The book's humour is smarter. The characters are more enduring. And the main subject is not the prisoners, but the prison system.

The novel is more complex, less complicated, and moves with a different flow. The Netflix show employs a kind of pop "lipstick lesbian" chic that's not in the book. Piper's direct account takes a more authentic approach to romantic relationships and friendships. Lesbian prison rape is not as predominant as the show would have us believe; rather,

the main threat is rape from the male guards with inflated egos. As Piper's lawyer puts it: "The hardest thing will be chicken-shit rules, enforced by chicken-shit people."

Reading *Orange Is the New Black* is as informative as it is touching. Piper shows us the bureaucratic labyrinth of the criminal justice system, right down to the strip searches she is subjected to every time she requests face-to-face time with visitors. Prison policy is designed to dehumanize each convict in order to control the prison population. All of these policies are applied equally, despite the "real world" social status of each prisoner. A 70-year-old woman is ordered to shovel snow in zero degree weather. A rich suburbanite housewife is required to fix the electrical in a dilapidated pump house.

Ethnicity is a

big social divider but Piper becomes aware of her own irrational judgment of race and class when in prison. Every woman is equalized by the same oppressive restrictions.

The book cuts deeper than the show. It's about women loving women on both a platonic and romantic level. It's about how communal sisterhood can help the individual endure. It's got some big messages, not tampon jokes.

Kerman has a love for literature, too. Novels and letters were tools for her to stay in touch with the outside world. Fun references to a multitude of literary works are carefully placed throughout.

Lean and strong writing with little unnecessary exposition builds a smooth and flowing non-fiction narrative. The words shine with honesty. It's superior to the show. Read it.



DR. NUGGHEAD

Dear Dr. Nugghead,
What is healthier, pizza or ice cream?
Trusting you with the truth
DillonPiazza

Dear DillonPiazza,
Considering that they both bring joy to your life, I'd say it depends on what you enjoy more. That being said, I recommend eating these foods in moderation, no more than eight pies or gallons a week.

Dear Dr. Nugghead
Is it OK for guys to shave their legs?
In a hairy situation
V3nom3101

Dear V3nom3101,
Sure, if the weight of manliness is too much for you to bear (swimmers and cyclists are excused).

Dear Dr. Nugghead
What would happen to the human body if we didn't have hearts?
Waiting for a heartfelt answer
AshNight15692

Dear AshNight15692,
Clearly we would build some, but as cheap as possible, of course. Lack of blood flow will never take precedence over capitalism!

Dear Dr. Nugghead
Can I ask a stranger to buy condoms for me if I'm to embarrassed to ask?
Kinda embarrassed to ask as well
Lazylaz

Dear Lazylaz,
Buddy, if your afraid of trying to prac-

tise safe sex and are afraid of people judging you getting lucky, then maybe you don't deserve the latter. You're a man, act like one. Walk into that store, grab that product and stare that cashier right in the face as you tell them "Can I pay by debit?" Actually, just be casual with the cashier, no sex talk unless they bring it up first. If they do, play it cool and try not to start crying.

Dear Dr. Nugghead
What helps get rid of a headache quickly?

In a bit of pain
StephanieStarlight

Dear StephanieStarlight,
I could tell you morphine, but my medical licence and/or job would be on the line. In this case, I'd say Ibuprofen and sleep, maybe a bit of bacon on the side for good measure.

Dear Dr. Nugghead
How big is a square foot?
Hoping for a clue
Breeandmeg

Dear Breeandmeg,
I can't really answer that question as my foot is a rectangle-like shape. Try asking your friends or Bill Nye the Science Guy. Now that I think about it, where is that guy? We need to hang out again sometime, and make some sweet '90s science videos.

Got questions? Need advice? Thought of something cool but don't know who to share it with? Then send 'em to the good doctor! Starting at rates as low as \$0.00, you can have personalized answers in as little as a week! Tweet them @nuggetonline.

THE NUGGET PRESENTS:

NUGGET COMICS

Outlandish



Natalia Bouajram

A voice in defence of Miley

By ANGELA ESINOZA
(The Other Press)
Douglas College

NEW WESTMINSTER (CUP) — Because we live in a world where the likes of Madonna and Lady Gaga never really existed, Miley Cyrus is apparently the most controversial female musician ever. At least, that seems to be how everyone else is reacting to the "Wrecking Ball" video.

There are a lot of things wrong with the controversy going around right now, but let's back up a little bit. You might recall back in 2010 when Cyrus released a video for "Can't Be Tamed," where then 17-year-old Cyrus was scantily clad in a black leotard, sported awful CGI wings and basically tried to make it clear that her contract with Disney was ending. Although Wikipedia will tell you she was praised for

the song and video, I clearly recall people tearing Cyrus apart. One, because it is a dumb video; two, the song is annoying and three, it was fairly obvious Cyrus was ready to move on, but was still figuring out what that should mean for her career.

No person in their right mind wants to be Hannah Montana for the rest of their life, so it shouldn't have surprised anyone when Cyrus attempted to change things up. Something similar happened in June of this year: "We Can't Stop" was released, and it was kind of weird. More importantly, Cyrus was almost unrecognizable with her Macklemore-like hair, entirely new style and largely different music. Compared to "Can't

Be Tamed," "We Can't Stop" had a significantly more interesting video with a significantly better song. Yet it seems people generally hate it more than "Can't Be Tamed," which confounds me.

Now we have "Wrecking Ball," another not-bad song with another interesting video, and both luckily stray far from mediocre. Except this time, Cyrus isn't singing about partying. She's singing about a breakup (or something), although, for about a third of the video, Cyrus is naked, save for her shoes. Because of the fact that this 20-year-old woman is barely baring all, people have decided to condemn her — and it's pathetic. Sure, obviously she wanted

that to happen. After all, any publicity is good publicity. Still, the negative overreaction is enough that it should be embarrassing for anyone jumping on that blame train.

I'm absolutely stunned that people jump at the chance to attack any artist, musician or otherwise, for trying something different. It's one thing if what they were attempting to do is god-awful, regrettable even, but Cyrus, as far as I'm concerned, hasn't made or done anything horrible as an adult (yet). She's in the prime of her life, and as a public persona, she is entitled to do whatever she wants — even if that includes twerking against Robin Thicke's crotch.

I'm glad Cyrus is doing something different, and I like that she's expressing something more about herself besides liking boys and having an alter ego at age 15.



www.billboard.com

Miley Cyrus

PORN REVIEW

What story?

By CHRIS FIGLIUZZI
@chrisfigliuzzi

I have a problem. It's not a serious problem, I just always turn this particular article in super, super late ... so I guess it's not a big problem unless you're my head editor (sorry Ali, love you). It's not that I'm not motivated to get it done, this article is actually really starting to grow on me. It's just that I feel like I should be writing it at night when everyone else is asleep with all the windows and curtains tightly closed. It's like a dirty little secret that only I and whoever actually reads this article knows about ... well, that and it seems to take forever to find a film with a title I can actually publish these days. Tonight's feature is *Daddy Did the Babysitter*, available for viewing at xhamster.com, fantasti.cc. Unfortunately, I don't know who stars in it or produced it ... but they may have intended it that way.

For some reason this movie decides it would be a great idea to open up with a shot of a neighbourhood with a background song more suitable for a clown parade. Don't worry, this movie has quite the extensive soundtrack that will keep you constantly confused and at times a little uncomfortable. In all fairness, this may have been done consciously in an effort to disguise the terrible script, which at one point has a woman complaining about a bomb threat and a dog with diarrhea in the same sentence or the



Bad actors

terrible sound quality ... in which case, I salute their choice of music.

The acting throughout is incredibly dull and stiff, with both of the actors in the scene seeming to lose focus at times. In all honesty, this seems to be a problem fairly prevalent within the industry right now. I don't know if it's the sheer volume of movies these actors are in and, trust me, some of them are in a lot or the shoddy nature of the scripts but something seriously has to be done.

Perhaps the worst part of the movie is the story. It's completely unbelievable. It's the middle of the day when the babysitter from last night comes over to retrieve the text book that she forgot. Now, granted, she has "a big exam in two days and needs the book to study" and we have to commend her on her dedication to studying and bettering her future. But at the same time we have to ask, why would

she leave school in the middle of the day to get it? Could she not borrow one from a friend, the library or a teacher?

At the end of the day *Daddy Did the Babysitter* was just terrible. We were presented with a problem that, while real in nature, was handled in a completely unrealistic way. The story was held back even further by acting and a script that realistically could have been written by a sexually confused seventh grader. Perhaps the most disturbing of it all ... the problem is never solved! The text book is never found, leaving the viewer hanging. Does she find it and pass the exam? Does she fail and repeat? Or does she just give up entirely, drop out and start writing adult movies? I guess I have to rate this thing, so I'll give it one text book out of five and a sign-up sheet for summer school.



WHAT'S GOING ON AROUND CAMPUS

| | | | |
|-------|------------------------------|-------|---|
| WHO | Gamers of Dungeons & Dragons | WHO | Muslim Students Association |
| WHAT | Weekly Meetings | WHAT | Dawah Booth (Information) |
| WHEN | Fridays 4:30 – 10:30 pm | WHEN | Mondays, 12:115 – 1:00pm and Thursdays, 11:15am – 12:00pm |
| WHERE | Room WC-316 | WHERE | HP Centre, 2nd floor near pedway |

| | | | |
|-------|--|-------|--------------------------|
| WHO | Latter Day Saints Student Association | WHO | ANIME club |
| WHAT | Weekly Meetings | WHAT | Weekly Meetings |
| WHEN | Thursdays 11:15am – 12:10pm & 12:15 – 1:10pm | WHEN | Thursdays, 4:15 – 6:10pm |
| WHERE | Room WA-212 | WHERE | Room WB-314 |

CAMPUS CLUBS NEWS

SEPTEMBER 27-29 Clubs Orientation Training Retreat (U.F.C.)
OCTOBER 7 Clubs Connection Room X107 4:30 – 6:30pm
OCTOBER 8 Grant Application Deadline 5:00pm
OCTOBER 10 Clubs Showcase – Main Campus, South Lobby

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780.471.8457 | 780.471.8871
campusclubs@nait.ca | naitsa.ca/clubs

Check out the Clubs Website for other upcoming Important Clubs Dates

Taxing time for foreign bands

OTTAWA (CUP) — The Canadian government has made changes to the Temporary Foreign Worker Program that will make it much more costly for Canadian music promoters and small-venue owners to book international performers.

Previously, international bands would be required to pay a one-time fee of \$150 per band member, maxing out at \$450, for the right to enter and work in Canada. New regulations will now charge each employer, the band promoter or venue owner, an additional \$275 per musician and crew member — with no cap set on the total cost.

Affects small business

The new fees exempt international performers playing at larger venues, like the Canadian Tire Centre in Ottawa, on the grounds that these venues are exclusively concert venues and do not require bands to obtain work permits. The fees will only affect the owners of local restaurants, pubs and bars whose primary source of business is not music.

Jason Kenney, Canada's Minister of Employment, Social Development and Multiculturalism, recently justified the fees on his Twitter account as "part of our effort to ensure [Canadians] get first crack at jobs." Kenney also defended the decision on the basis that, in the past, Canadian taxpayers were responsible for paying the costs of these foreign performers, but now it will fall solely on the business owners who temporarily employ them.

The argument that these new fees will ensure Canadians receive more opportunities for employment completely ignores the impact the fees will have on venue owners. Smaller bars and clubs will no longer be able to

afford the best talent, jeopardizing their owners' ability to attract people to their venues, and in turn stay operational. By instigating fees that punish only small venue owners, the government is also making a statement that the large corporations involved with booking arenas and stadiums across Canada are not equally responsible for the promotion of Canadian musicians. These new fees appear to punish only those involved at the grassroots level of music in this country, while the big companies get off scot-free.

From an economic perspective, the fees are another example of the Conservative government impeding the cultivation of the arts in Canada. Mr. Kenney claims the new fees will shift the financial burden for international musicians away from the Canadian public, and instead to the business owners of the venues hiring them. However, basic micro-economic theory suggests that these higher production costs will be translated into a higher cost for the consumer, i.e. the portion of the Canadian population that enjoys live music.

Could mean closings

Higher production costs for bars and clubs matched with fewer consumers willing to pay higher prices might lead to venues closing down, which will not only mean fewer job opportunities for the employees of these venues, but also for the international and Canadian bands who will have lost potential venues for their performances.

The new fees will transfer some of the cost for the promotion of Canadian music from all taxpayers to only those involved in the process — the venue operators, audiences, and musicians. Essentially, public funding of music is being privatized to those who are actually doing something to support it.

These new fees will not help Canadian bands gain a competitive edge on job opportunities within Canada. They will hurt the entire Canadian music industry because they will shrink the market for grassroots music in the country. The people who will suffer from these new fees are the very same people keeping the Canadian music scene alive — an endeavour our politicians should be supporting, not punishing.



Photo by Sam Brooks/Canadian University Press

Playing a free show in downtown Toronto, the Balconies rocked festival goers on June 13.

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Graffiti welcome here

By **WHITNEY FOX**

"We're supporting artists, not vandals."

That's the idea behind the new open sourced street art zones, according to Sharon Chapman, City of Edmonton's graffiti project manager.

The art zones are walls in the city, newly designated by a collaboration of Capital City Clean Up and the Edmonton Art Council, where anyone can legally create graffiti and street art.

Capital City Clean Up (which originated in 2008 with the aim of beautifying Edmonton in accordance with a new bylaw), already has a number of projects underway that are designed to not only remove and deter graffiti vandalism, but also to promote other methods of making neighbourhoods more pleasant. These include a variety of graffiti removal supplies and services, alongside community mural programs which promote art that

brightens up neighbourhoods with planned projects, while deterring graffiti vandalism in those spaces.

Now, with the introduction of the open source street art zones, the intention is to support burgeoning and existing artists in their craft by giving them a safe and legal environment to work in. It is a pilot program, which means that the city and the Arts Council will be observing these new zones to establish how they are successful and where they could improve. After the initial two years, a discussion regarding the continuation or potential expansion will occur, based on a review of the existing projects.

On Saturday, Sept. 21, The Paint Spot, a local art supply company, held a workshop titled, Urban Art: The Basics. The class, run by Mikey Thibert, a Paint Stop employee and Sean Dosser, a contracted instructor, started with some history and

basic tips for street artists, with the main intention of exposing new, diverse people to the art form. Afterward, it headed out to one of the future open source zones where canvases were hung for the students to begin painting.

Both men have been painting for more than a decade, and both are big supporters of legitimizing graffiti. Dosser says with help from the community, artists will be able to develop their talents in an open and encouraging environment, whereas up until now there was "not a lot of support for [the art form]" due to its illegality.

Regarding the stigma of vandalism with graffiti

"There are two people picking up cans: artists and vandals. I'm not a criminal, and I don't want to market myself as one," said Thibert.

However, he says the art, being larger scale, inherently requires large canvasses to

be created, which in turn pushes painters to committing vandalism in order to create art.

According to Dosser, although it is often agreed within the subculture that there is an element of cutting one's teeth, most painters "are about the actual art." He appreciates that projects such as the art zones generate "respect within the subculture with an end result of art!"

The new open source art zones will be in the following locations:

Back of the Tire Craft Building located at 10021 82 Ave.

CN overpass bridge abutment on 63 Avenue between 99 Street and Gateway

Tweddle Place tennis court building next to Edith Rogers Junior High School

For more information regarding the art zones, check out www.edmonton.ca, and head through the graffiti links. For more on The Paint Spot and their upcoming workshops, go to paintspot.ca.



Photo by Megan Lemoine

A graffiti artist puts the finishing touches on a mural.



Photo by Brianne Sakowich

Zac Brown Band delivers

By BRIANNE SAKOWICH

Zac Brown Band took the stage at Rexall Place Sunday night (Sept. 22) on their first Canadian tour.

I always say you know you got your money's worth at a concert when you can feel your voice leaving you. That may even start early into the concert, depending on how much you sing, how loud you sing and how often you scream. If you tally all those numbers up and wake up without a voice the next day, then you must have a great time.

The opening acts were The Stellas, who won Group of the Year at the CCMAs, and a rising band The Do Da's.

Zac Brown Band opened their concert with my favourite song, "Jump Right In," which got the crowd on their feet singing along almost immediately. The concert only got better from that and yes, I know that doesn't seem possible.

They continued on singing some of their most famous songs, with the crowd almost always on their feet, clapping along.

The guitar player got roughly a five- to seven-minute solo in which he switched songs throughout. At one point, he ended up playing "Amazing Grace." It was completely unexpected but he did an amazing job playing it.

At one point they had a bunch of wooden seats brought onto the stage and invited The Stellas back onto the stage to perform a song with them. They did the same with the lead singer of the Do Da's. After the lead singer of

the Do Da's performed, The Stellas' daughters, Lennon and Maisy, joined the Zac Brown Band on stage and sang "Hey Ho" by The Lumineers. Those two girls got a standing ovation.



www.sheetmusicplus.com

Zac Brown Band played the song "Frozen Man" with only a djembe, bongos and one of the wooden seats on the stage. While the stage got cleaned up, Zac Brown took a T-shirt cannon and started shooting the shirts all over the lower bowl and the floor seats.

I will admit I really enjoyed watching the people start to dance in the middle of the floor


section. They were amazing to watch and many of them were extremely good at two stepping.


When they started to play "Toes," they asked the crowd to help them sing along. Well, the crowd sure did. Everyone was on their feet singing and clapping along.

Zac Brown Band ended their concert with the most well-known song "Chicken Fried." After many thank yous to the crowd, they left the stage. But after ongoing applause and a standing ovation, the band returned wearing glow-in-the-dark skeleton outfits. They sang one of their own songs, then ended the encore with "The Devil Went Down To Georgia."

Zac Brown Band was definitely worth it! They are amazing performers and if they ever come back to Edmonton, I'm totally going to go see them again. They make the lines "Life is good today" so true.

EDMONTON PARTY GUIDE


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