

HAPPY HOLIDAYS – SEE YOU JANUARY 15!

THE NAIT NUGGET

Thursday, December 4, 2014
Volume 52, Issue 14

YOUR STUDENT NEWSPAPER FOR MORE THAN 50 YEARS, EDMONTON, ALBERTA, CANADA

HALF WAY THERE

NAIT launches biggest fundraising campaign ever



NAIT flickr

NAIT President Dr. Glenn Feltham, left, and Brent Hesje, Fountain Tire CEO and chair of NAIT's Board of Governors, stack blocks on Nov. 27 as part of the launch of Essential: The NAIT Campaign. The goal is to raise \$100 million to support students, applied research and the largest capital project in the institution's history, the Centre for Applied Technologies. More than \$50 million has already been pledged.

NEWS & FEATURES



Photo by Ciaran Boyle

TREE LIGHTING

NAIT President Glenn Feltham, right, lends his voice to a Christmas carol at the annual tree lighting ceremony on campus. Those attending were treated to hot chocolate, candy canes and ginger snap cookies.

NAIT receives more than \$1M

By CHARLIE ZHAO

NAIT recently received \$1.1 million in financial support from ConocoPhillips Canada, helping Alberta meet its need for a highly-skilled workforce and developing emerging solutions for sustainable resource development.

"We value our relationship with ConocoPhillips Canada," said NAIT President and CEO Dr. Glenn Feltham.

"As a leading polytechnic in sustainable forest management, our collaboration is helping to advance applied research undertaken by the NAIT Boreal Research Institute and supporting Power Engineering Technology, one of our most in-demand programs."

The announcement pledged the money in support of NAIT's Power Engineering Technology program as well as the NAIT Boreal Research Institute (NBRI) through the creation of the new ConocoPhillips Canada - Surmont Boreal Reclamation Project. This brings the company's overall support of NAIT to \$1.5 million over the past decade.

Based in Peace River, the NBRI is focused on developing innovative technologies to reclaim oil and gas well sites and restore sensitive peatland ecosystems through partnerships with industry. As part of the Surmont Boreal Reclamation Project, new reclamation methods, products and materials will be developed. The applied research will be conducted at ConocoPhillips Canada's Surmont site, located southeast of Fort McMurray.

"Investing in post-secondary education programs is about so much more than writing cheques," said Ken Lueers, president of ConocoPhillips Canada and a NAIT alumnus (Resources Engineering Technology '82).

"It's about providing real opportunities for students to gain practical skills to be successful," Lueers said.

"And if we can assist in facilitating that, while simultaneously investing in research that supports our focus on responsible development, that's the best win-win situation we could ask for."

ConocoPhillips Canada is one of the

top producers of natural gas in the country, and the second largest steam-assisted gravity drainage (SAGD) producer, with a world-class portfolio, including assets in Western Canada, the Canadian Arctic, Atlantic Canada and oil sands near Fort McMurray.

The applied research will be conducted by NAIT Boreal Research Institute (NBRI) researchers at ConocoPhillips Canada's Surmont lease, a multi-decade project that uses steam-assisted gravity drainage (SAGD) to recover bitumen. Surmont is operated by ConocoPhillips Canada under a 50/50 joint venture agreement with Total E&P Canada and is located southeast of Fort McMurray in the Athabasca oil sands.

A priority for ConocoPhillips is the wise management of sensitive peatland eco-systems. NAIT research at Surmont will include the evaluation of road, pipeline and seismic line impacts on peatlands and waterways.

NAIT researchers are committed to mentoring NAIT forestry and biology stu-



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Ken Lueers

dents and interns from other post-secondary institutions who will develop into the technical specialists needed to steward the boreal forest in years to come.



Supplied photo

SMILE!

Students gather for a holiday picture in the South Lobby on Dec. 1 and get a chance to win an Extreme Adventure holiday as part of a promotion by campus radio NR92.



Photo by Nicolas Brown

Dr. Neil Fassina, NAIT's Provost and VP Academic, speaks to the student senate on Nov. 27 about a proposed Academic Plan.

Plan presented

By **NICOLAS BROWN**
(@bruchev)

Even as the fall term comes to an end, there is no rest for our student representatives.

Last week the Senate met again to go over developments arising from the work our NAITSA executives have pursued since the last meeting.

The highlight of that meeting? A presentation by Dr. Neil Fassina, NAIT's provost and VP academic on NAIT's draft Academic Plan.

The Academic Plan represents NAIT's efforts to maintain the institution's leadership in education and the commitment to being essential to Alberta.

In 2012, the institution came out with a strategic document that outlined fundamental promises to stakeholders and the institution's values. That document was titled NAIT 2021. It opened the door to creating a strategic step-by-step plan to achieve the goals outlined within it. This strategic plan is the new draft Academic Plan. Some portions have already been created and implemented – changes to schedules, course structures and student fees. Other portions are still in the works, as NAIT consults with students, staff, alumni and industry about how the institution will achieve the

vision within NAIT 2021. As NAIT continues to move forward into the future, both the Academic Plan and the vision of NAIT 2021 will be crucial not only to the success of NAIT itself but to the success of every NAIT student as well.

Other interesting topics discussed included participating in a "OneCard" smart card system once ETS confirms the launch of their own smart card system.

Although different "OneCard" vendors have expressed interest, there is no word on how fast this project will move forward. NAITSA is also looking at increasing financial literacy for students by advocating to the province to increase awareness of student funding options, including scholarships, bursaries, grants and student loans. This coincides with a potential Emergency Loan Project offered by NAITSA to assist students during extreme circumstances.

The Senate will meet once more before the end of the term to discuss new developments on NAITSA projects and address concerns that are relevant to NAIT students.

There is still one empty seat on Senate for Media and Design and eligible students are encouraged to contact VP Academic Rechelle Ecklund for more information.

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Letters

We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.

Weekend temps near zero

By **BRANDON HESS**
Meteorologist in training
 @edmontonwxab

Daytime high will be in the mid minus single-digits today (Thursday, Dec. 4). The sky will be partly cloudy and the wind will be light out of the west.

This past weekend of Nov. 29 and 30 brought extreme cold. The morning low reported at the Edmonton City Centre on Saturday, Nov. 29 was minus 30. With the wind chill, it felt near minus 40 at times. The low at the Edmonton International Airport (EIA) was minus 35 C! In Peace River, the low temperature was minus 33 C. Grande Prairie broke a temperature record on Sunday, Nov. 30. The morning low was minus 34.8 C, breaking the old record of minus 28.9 C from 1966. The Edmonton International Airport broke a record from 1961 of minus 32.8 C. The temperature on Sunday, Nov. 30 reached a cold of minus 30 C at the Edmonton International.

Daytime highs this weekend of Dec. 6 and 7 will be near 0 C in the high minus single digits. The wind direction late this week will be out of the southeast. This is not the warmest direction for us. Early next week around Dec. 7-8 the wind direction becomes southwest. This is warmer and should help to mix down some warmer air down to the surface. I am forecasting daytime highs above zero for the early part of that week.

Temperatures 1500 m aloft on the GFS Ensemble are near 10 C in the early part of the week of Dec. 7 to 13.

Approximately 1500 m aloft is the 850 mb level in the atmosphere. We need a good west to southwest wind to mix down the 850s.

After a big dump of snow at the end of November, the outlook for snow in the nine day forecast is low. I do not see any major snow event coming our way. At the end of November, Edmonton saw 30-40cm of snow-fall. The Grande Prairie area saw 45 cm of snow and

the Grande Cache area saw 40-45 cm of snow. Western Alberta saw more snow than eastern Alberta just due to the way the system set up. We had an Arctic air mass in the north colliding with the warm, moist air coming up from the south. This gave us the snow. When the snow ended, the sky cleared and temps fell a lot. It is typical to see cold air come down in behind the snowfall activity at this time of year.



Money raised for public schools

By **NICOLAS BROWN**
 (@bruchev)

During the holiday season, many charitable organizations go into overdrive, seeking donations to support the less fortunate. Donations of clothing, food, and money all go towards programs aimed at helping the vulnerable and disadvantaged.

Charities aren't the only ones behind the push for donations, however. Often individuals and organizations organize campaigns to benefit causes. Last week, the South Edmonton Business Association (SEBA) did just that, by hosting a fundraiser for the Edmonton Public School Foundation in conjunction with their monthly business mixer.

The Edmonton Public School Foundation, launched in 2010, serves as a communicator on innovation in public education and supports public schools across Edmonton. It offers learning opportunities to children through financial, in-kind and human resource contributions. It currently operates two major programs – Early Learning, and Full-Day Kindergarten.

Both of these programs focus on helping children develop communication and social skills to better prepare them for school. Since its launch, the foundation's programs have supported seven full-day kindergarten programs across the city. Many of these programs help



Photo by Nicolas Brown

South Edmonton Business Association representatives Julie Geldart, left and Shannon Neighbour, a NAIT alumnus, sell raffle tickets at the event.

disadvantaged children build social skills and ensure they are in a safe environment during the day.

These programs come at a cost, however. Although the provincial government funds half-day kindergarten programs, it costs approximately \$100,000 to subsidize the other half day of program-

ming. That's \$100,000 per classroom, per school, each school year.

Guests at the SEBA mixer raised over \$1,500 by purchasing raffle tickets for a variety of donated items and services. The raffle wasn't the only highlight for the evening, however, as the association brought in some star power for the event.

Former Premier Dave Hancock was serving behind the bar all evening and Gillian Foote from The Paul Brown radio show took the microphone throughout the evening. The organizers hoped to beat their fundraising effort from last year, when they succeeded in raising \$2,600 at a similar event.

There is even a NAIT twist to this story. Business associations' board of directors are often composed of members willing to step forward and promote the organization. Shannon Neighbour, a NAIT Marketing grad from 2000, currently serves on the board at SEBA. A former entertainment contributor for the NAIT *Nugget*, Shannon helps to select and invite guest speakers for the organization's luncheons, mixers and other special events.

Fundraising events often play a crucial role in the success of a cause or program, and are often quite popular. Campaigns like NAIT's own Be an Everyday Hero campaign to raise money for the United Way are popular ways to engage people, raise funds, and spread awareness of the various challenges or issues people face every day.

As we near the Christmas break and some time off, there is an opportunity for students to get involved as well. Pick a cause, give some time and help someone else out. It is the season of giving, after all.

Should you buy a home?

By TRAVIS SCHMIDT

If you are a typical NAIT student, your plans for your future likely involve buying a house shortly after establishing a career. This answer seems relatively simple right? We live in a time of historically low interest rates, not to mention rising real estate values year after year. The desire to capitalize on the rising real estate market seems to be the likely answer. Although buying real estate provides a security blanket for individuals among other benefits, I am here to tell you that buying is not always the answer.

To begin with, the costs of buying a new home for a young first-time buyer are more than you may think.

The largest single expense when buying a home is the land transfer tax – in large Canadian cities this can exceed 3.5 per cent of the purchase price. If you plan to move, throw in five per cent for commissions and even more for moving and legal expenses ... it isn't uncommon for buying and selling costs to exceed 10 per cent of the purchase price.

At this point, in order to even break even when selling a home it must appreciate a fair amount. All of a sudden, appreciation is expected if you want to offset the costs of inflation or the increase in your standard of living when you go to sell your home.

Suppose you are different, however, and you want to keep your home for the long term. You aren't worried about the possibilities of having to move for work or wanting to upgrade to a bigger house to raise a family or simply because your partner says so. Perhaps the biggest expense of all, one that you will encounter when owning a home, is opportunity cost. As we know opportunity cost means the value of something you give up in order to achieve something else. In this case, opportunity cost arises by not being able to invest your down payment in other higher earning investments. Even if the housing market doesn't crash (most analysts predict this growth as unsustainable), an investor wouldn't have to take on much risk in order to outperform the equity appreciation of their home. A simple investment into an Exchange Traded Fund or ETF should outperform appreciation on a property minus the costs listed above as well as property taxes, maintenance and mortgage interest.

At a fairly early stage in your career, I believe that renting is the answer. You are not settled into a career yet, so like I said earlier, it is always easy to relocate if need be. Personally, I have trouble keeping my own room clean, so I'm not too sure how I would deal



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with the maintenance of a whole house. Usually when a problem arises while renting, a simple call to the home owner may fix it. Also, if housing prices decrease, you aren't stuck paying the mortgage on a depreciating asset.

However, this isn't to say that buying is never the answer. Before making a decision one must carefully evaluate the stage that they are at in their life. Owning a home can historically still

build your equity over the long term. Tax breaks also exist for home owners that renters cannot take advantage of to offset their cost of housing. Settling into a community and having the freedom to decorate your own home are amongst the other advantages.

The point of this article was to open the eyes of the average student. If you are anything like I was, you may have thought that

buying a home and living in it while renting it out to others to help make mortgage payments was the best choice. However, everyone's situation is different. You shouldn't jump to conclusions like some first-time buyers and you should carefully evaluate your own situation and do some research. Also, maybe try to shy away from asking your realtor for advice. Remember, they get paid when you buy!

“Ebola Guy” taken from campus

By TANIA BOYKO

Through numerous interruptions and word of mouth on campus, everyone has heard of the “Ebola Guy.” He has been reported shouting variations of the phrase “Ebola is a plague from God” in classrooms, libraries and computer rooms at post-secondary schools across Edmonton this past November.

To get his message out further, he took to public transit to share his views.

According to a post in the Facebook group Overheard at the University of Alberta, a man shouting the same phrase came on a bus and then stepped right off.

While it is unclear whether or not it was the same guy on both campuses, the one walking the halls of NAIT is no longer an issue. NAIT Protective Services apprehended him at approximately 4:30 p.m. on Nov. 18 with the help of students from the paramedic program.

A member of the class, who witnessed these events, describes what led to the

apprehension of the man.

“This was the third time he'd been spotted at the school by us,” the student said. They had previously phoned NPS, but when they arrived he was nowhere to be found.

What prompted the paramedic students to contact Protective Services can be related to what they're exposed to in their field of study.

“Joking aside, I know more than a few of us have dealt with lots of mental health patients,” said the student.

“We were quite worried about the potential for harm this guy represented and were actively interested in seeing him identified and barred from campus.”

Earlier that day prior to crossing paths with the paramedic students, he was found spreading the word of Ebola in the Spartan Centre. Interrupting a landscape architecture class for a brief period of time struck a chord with NAIT student Rhea Lavigne.

“It is scary to think that he could have

had a gun and just gone off on the class,” she said.

With his mental stability in question, it is with great relief that this possible outcome didn't become a reality.

While the paramedic students helped get him out of NAIT hallways, there were many earlier chances for others to speak up about his location. It is important for NAIT students

to both recognize and reach out for help from NAIT Protective Services when suspicious activities occur on campus that could jeopardize the safety of students and staff.

The final words of the witness was filled with pride with his fellow classmates.

“NAIT Paramedic Class of 2015, no longer just reactive in your health, but now proactive as well.”



Overheard at the University of Alberta Facebook group post.

Muslim group fights back

By CHARLIE ZHAO

The Ahmadiyya Muslim Jama'at Canada is launching a nationwide campaign to take a stand and fight youth radicalization and the extremist influence that ISIS can have on our youth. Recently, that campaign came to NAIT in the form of an event that took place Nov. 28.

This event, organized by Ahmadiyya Muslim Students' Association is part of a nation-wide campaign, called Stop the CrISIS, with events at universities, colleges and community centres across Canada.

The Ahmadiyya Muslim Students' Association of NAIT organized their Stop the CrISIS event to address youth radicalization, ISIS, Caliphate, de-radicalization and a solution moving forward.

"With the ongoing atrocities committed by a group ... in the name of Islam in Iraq and Syria and the recent attacks on two Canadian soldiers in Quebec and Ottawa, the Ahmadiyya Muslim Students' Association of Canada has started a Canada-wide mission," said Zain Hafiz, president of NAIT Ahmadiyya Muslim Students' Association.

The purpose is "to educate the public on the true message of Islam and in light of the teachings of Islamic beliefs – decry the relation which ISIS has been made to appear with Islam – a misconception to clear," he said.

The campaign includes a number of events across the country.

"The campaign aims to guard against youth radicalization and the extremist influence of ISIS in the wake of the recent murders of two Canadian soldiers. Speakers will discuss how the beliefs of the Muslim faith differ from the ideology espoused by terror organizations and will cover following topics:

"How the Holy Quran and the teachings of Prophet Muhammad promote a pluralistic peaceful society in which everyone is granted freedom of religion and everyone's rights are respected. What is Islam's perspective on

Jihad and myths and facts about Islamic concept of Jihad?

"The actions and statements of ISIS and other extremists, who pretend to represent Islam, all the while spreading hatred and violence, run entirely contrary to the peaceful teachings of Islam," he said.

"We need to restore a better and a superior form of Islam to defeat the extremist mindset that ISIS wants to impose. As part of this effort, Ahmadiyya Muslim Community of Canada is organizing seminars and other programs across Canada," Zain said.

Zain's opinion is clear and firm. "I don't think it is a crisis in Canada yet but it has potential of becoming a crisis. Therefore, we need to act fast. We need to act and work together and stop it from becoming a crisis. I believe this campaign will help us achieve our objectives."

As the president of NAIT AMSA, Zain wants to tell all students that they "should learn from this program that Islam is a religion of peace, not terrorism. They should start reading their scriptures and, if sometime in the future, somebody comes up to them and tells them to carry out such acts in the name of Islam, they can tell them 'Don't tell me this. This has nothing to do with the teaching of Islam, this has nothing to do with what the Quran says about peace and justice.'"

The Ahmadiyya Muslim Jama'at is an international revival movement within Islam. Founded in 1889, the Ahmadiyya Muslim Community spans over 200 countries with membership exceeding tens of millions. The Ahmadiyya Muslim Jama'at is the only Islamic organization to believe that the long-awaited messiah has come in the person of Mirza Ghulam Ahmad (1835-1908) of Qadian, India. The Community believes that God sent Ahmad, like Jesus, to end religious wars, condemn bloodshed and reinstitute morality, justice and peace.



Photo by Nicolas Brown

Edmonton area missionary for the Ahmadiyya Muslim Community, Taha Anwar Syed, addresses an audience at the Shaw Theatre on Nov. 28.

A case for internships

By ELYSSA TESLYK

Student employment opportunities in Alberta can be considered relatively stable in comparison to employment opportunities across Canada for many citizens. NAIT offers numerous positions that can be found on the NAIT website; however, the gap seems to lie in the way wages and experiences are quantified.

"Getting a job when coming out of post-secondary can be tough," says Brittany Zerr, a marketing student in NAIT's BBA Degree program.

"There always seems to be a bunch of jobs but most of them list a requirement of a minimum of one or two years of experience, even though it is an entry-level position," she said.

"Even if you do apply, the position is most likely going to be given to the people that apply that have the experience (it happens a lot). I am sure that all college and university students are faced with the problem that they need a job to get experience but experience is required to get a job."

Internship programs could help, she says.

"I think that more places should have internships and promote them to the student body, which would solve the above problem. Internships would allow for students to get the experience they need to get that job that requires experience. It will also let them see what they do and do not like in a job or possibly help them understand what are they would like to work in."

Many students would probably agree that Zerr has a valid point about the barriers to entering the career world, and it does create a problem for students who face high educational costs, amongst many other fixed expenses.

So how does solving this predicament benefit the economy while encouraging youth to take on post-secondary education and solve their concerns?

"NAIT is hands on," says Rayden Kotyk, who is currently studying to be an electrician. By being hands on, students are able to build their experi-

ence through clubs and jobs promoted through the school, making employment easily attainable for students to secure solid careers.

"Because of school, I am guaranteed a job. Alberta is booming for trades and it's really beneficial to go to school for

two months and continue steadily working, making money for the rest of the year and increasing wages as you complete school," Kotyk said.

"Another upside to trades is there is no large student debt you have to pay off. Apprenticeship and internship programs make it so you are always growing and building off something. The employer needs you to go to school because you need the hands on training alongside educational training."

Some of the problems in the work force relate to applicable student experience, long-term security and stability, wage, conflicts in accommodating hours, and lack of loyalty to

employers due to school prioritization and interpersonal conflicts. This may suggest that internship and apprenticeship programs are they key to alleviating some of the problems presented in the work force.

Internship and apprenticeship allow students to explore their skills, passions, and what they do and do not like in the job without contributing to increasingly low organizational retention rates.

It also diminishes the poor standard of "C's and D's get degrees," where students skim through their post-secondary years only to realize that they didn't pay attention and are paying a price for that. These forms of programming contribute to long-term job security and wage stability, while also limiting conflicts by accommodating hours for students and preventing interpersonal conflicts and workplace stresses.

Students seeking employment may find many opportunities available on the bulletin boards around campus, NAIT Portal or the NAITSA website, where school opportunities and SCIP internships are available.





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Point ^{Counter} Point Gobble, gobble, gobble



By **QUINTON BERGER**

@QuintonBerger6

Turkeys are hands down some of the most god awful creatures to ever walk the Earth. Everything about them is upsetting, yet every year these utter monstrosities get tons of attention around the Holidays. Turkeys are portrayed as this “family time” bird. It’s the quintessential “got the whole family together” for most North American families.

You’d never know it to set eyes on these things, though. Very few animals are as revolting as the domestic turkey. The domestic turkey is what a normal bird looks like after you take a blowtorch to its face and stick a bicycle pump in its ass. Their melted faces are completely disproportionate to their blown up bodies. And then they have those vomit-inducing slaps of skin under their faces. I believe it’s called a wattle, but I call it wat-the-fuckle ... too much of a stretch. Either way, it’s unsettling to watch and makes me uncomfortable. Absolutely appalling, they are. Absolutely appalling.

Tastes terrible

Appearances aside, turkeys don’t even taste that good. I don’t know why they enjoy a seat on the top of this holiday ... food list or whatever. Their taste is as vile as their appearance. The texture is awful as well. Eating turkey is the equivalent to what I imagine eating a roof tile is like. Yet, despite having an absolutely putrid taste, people have somehow tricked themselves into thinking they like turkey and grocery stores sell thousands and thousands every Thanksgiving and Christmas. It’s a classic case of conditioning. You’ve all eaten turkey each and every holiday for all of your lives so your brains think it’s normal. Therefore you aren’t able to process the fact that turkey tastes like shit. It’s time that people wake up and free themselves from the shackles of their minds. Wake up and smell the turkey. I mean, really smell it. How can you want to eat something like that? You’re sick. You’re sick and you don’t even know it. You’re a product of the holiday machine, man. You’re a zombie but you’re hungry for turkey flesh!

Shivers

The worst and, I mean absolute worst, part about the domestic turkey, aside from its terrifying size, melted face and awful taste, is the noise it makes. Turkeys make this weird hissing sound when they’re pissed off and it sends shivers down my spine. I mean this is a giant abortion of the bird family that hisses at you. Am I the only person who finds all of this unsettling? Just think about it. After everything I’ve listed here, turkeys don’t seem so appealing, do they? Just stand next to a turkey when it makes this awful sound. It will make your skin crawl. It will stay with you your entire life and haunt you. You’ll try to sleep and you’ll hear it. You’ll be making love to your significant other and you’ll hear it, thus ruining the sex. You’ll be writing a *Nugget* article about turkeys and out of nowhere, you’ll hear that sound. Lodged in your subconscious, the awful hiss of the domestic turkey will linger and never let you be. Turkeys are simply the most rotten birds of them all. There should be a law against them.



By **NATE BRYANT**

Good old turkey, a Thanksgiving tradition. Whether you are American or Canadian, all over your country we celebrate Thanksgiving with this glorious bird, along with any other holidays you might find worthy. This outstanding avian is the symbol of pride, honour, magic and wonder. It is the most revered bird in the fowl kingdom. All other birds fly when this wondrous beast flocks towards the area, in respect of its tenacity and cunning.

Contrary to popular belief, the turkey was chosen for Thanksgiving meal after a great battle among three parties – the natives, the pilgrims and the turkeys. After a long and unfortunate war, the natives and pilgrims decided the only way to take down the fierce turkey army was to work together. They vanquished the queen of the turkeys and, because of that, we can easily hunt and kill them.

Majestic and delicious

Turkeys are majestic beasts and as delicious as the sun is high in the sky. People who say they don’t like turkeys are insane or have never ingested one with knowledge of its proud history. Continue to read my argument but the next time you eat a turkey after knowing about their history, you will realize how terrific and savory they are. You might have a weird Thanksgiving with ham or tofu or whatever you hippies are eating for Thanksgiving these days but the majority of this nation still relies on the tradition of the scrumptious turkey. You know what I’m thankful for? I’m thankful for getting to devour two entire turkey legs on Thanksgiving. Our Thanksgiving was last month but as the Americans celebrated their Thanksgiving last week, I found myself daydreaming of the taste of turkey in my mouth. That dark meat, drenched in gravy and grease, it dances for me in my head and describes all of the deliciousness it has to offer. Not to mention the bountiful feast it presents. You have leftovers for the next however many weeks! One turkey and you are set for quite a while! If you get sick of turkey, you aren’t adding variety. You’ve got turkey sandwiches,

turkey salad, turkey soup and more, including my personal favourite, a Ziploc baggie filled with turkey that I can eat on the go.

What instead?

Seriously, what are you going to have instead? I know I talked about ham and tofu but I was just kidding. You can’t really want to eat that instead of turkey. We get once or maybe twice a year to eat turkey, you eat ham all year long. I hope you don’t have to eat tofu all year long, especially not tofu turkey. If you really need to spice up your turkey, shove duck in your turkey and then a chicken inside that duck. You should never take away meat by not eating turkey, you should be adding more meat to the turkey. When you don’t eat turkey, the great turkey queen wins and eventually she may return to wreak havoc on us as a nation. Without the super powers of the natives and pilgrims, we surely cannot prevail in another all-out turkey war. Please, eat turkey.



File photo

OPINION

— Editorial —

New year, new look



GABRIELLE HAY-BYERS
Editor-In-Chief
@Gee_H_Bee

With the end of the semester coming soon (amen), I'm hearing a lot about fresh starts and new resolutions. The *Nugget* isn't isolated from this type of mindset, especially with some changes coming to our workplace!

We are so happy to announce that next semester, Nicolas Brown will be joining us as Issues Editor when Maria Tagliente moves over to editing the Entertainment Section and Josh Ryan will be taking over Sports. Of course, this means some people must be leaving, right?

Sad and happy

I'm super sad but also very happy to say that our editors Richard Lukacs and Connor Hood will be leaving the paper as they pursue their industry practicums. Connor will be going a little bit farther, all the way to Saskatchewan, while Richard will be staying closer, where I can continue to nag him. Maybe that's why Connor felt the need to go so far ...

Another exciting change is that our special consultant/continuity officer Bridgette Tsang is returning to post-secondary to augment her education and finish her degree! While I'm sad that my office buddy won't be around as much, the entire team is excited for all of the new opportunities this will afford her. She's still our special consultant, though, so expect to see her around from time to time. Whether you know her as Bridgette, Brigitta, Bridgeter, or Bridgey, you know her infectious sense of humour and killer videography skills will see her going big places doing amazing things. We're lucky to have her.

Stars have aligned

Anybody wondering what's going on with Quinton Berger, who's also working his practicum next semester? The stars aligned and he will be not only be staying in Edmonton but also will be staying with the *Nugget*. I believe this commitment is also partly due to his assertions that I'm "the best boss he's ever had," but I may be biased. He and Maria will be teaming up next semester to co-edit the Entertainment Section, so if you're feeling the need to request any reviews or content, they are the two to contact.

One thing that hasn't changed in nearly a decade is our talented and hard-working production manager Frank, who is the absolute workhorse and backbone of the *Nugget*. Despite having extenuating circumstances that temporarily took him away from the *Nugget* at the beginning of the semester, his hard work and dedication to the paper

ensured that even during that time, the paper always hit the press on time and looked fantastic. He is the original Nuggeteer.

Another change coming is that we will be welcoming a whole new group of student contributors in January, as well as new ways to become a contributor. That's right, we're joining the 2000s and there will be a contributor group on Facebook where story ideas and assignments can be discussed. We were discussing recently how there are

so many students who either attend online classes, night classes or other campuses (plus those who have classes during our meeting!). We want every student to have the opportunity not only to write for us but to take advantage of the fact that our contributors are paid for their efforts.

Please feel free to e-mail me at studenteditor@nait.ca if you are interested in becoming a member of our contributor team! Otherwise, good luck in your final projects and exams and I will see you in January!



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Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit letters with your real name and phone number to: studenteditor@nait.ca.

SPORTS

A year to remember



CONNOR HOOD
Sports Editor
@connorhood27

It's been an entire year as the Sports Editor here at the NAIT *Nugget* and, man, what a year it has been. As sad as it may be, this is indeed my last editorial, as I will be pursuing my broadcasting career in Saskatoon starting in January. It definitely has been a great year with the *Nugget* and am glad to have developed the skills I have over the past 12 months. But it's not over quite yet. Not only is my college newspaper career slowly coming to an end, but so is 2014.

From meeting George St. Pierre in February, to the Canadian Olympic team's great showing in Sochi and the Oil Kings' magical

run, it's been a year to remember.

So let's take a look back at the Top 5 moments of 2014.

With perhaps the most surprising score in a Super Bowl in recent memory, the Seahawks' complete thrashing of the Broncos deserves to be on this list. In a year when Peyton Manning has arguably the best stat line of any quarterback in history, the favoured Broncos got obliterated by the rabid Seattle defence. Not only is it worth noting the score but also the emergence of one of the game's best young gunslingers. In just three years, Russell Wilson has taken a team from the bottom of the NFC West and placed them firmly at the top of the NFL for the foreseeable future.

In the baseball world, winning is spelled G-I-A-N-T-S. With three titles in five years, they are the closest thing baseball has seen to a dynasty since the Yankees in the late 1990s. What made this team's championships so remarkable is the players they have done it with. They proved that pitching really does win games and it helps having the best catcher in the game. In an earlier editorial, I wondered who will take over as face of the game after Derek Jeter retires and the answer is clearly

Buster Posey. Trout who?

I can't have the top moments of 2014 without mentioning the reason I have a job. The NAIT Ooks once again had a year to remember in 2014. The women's hockey team won their second consecutive ACAC provincial title, once again proving their dominance in the province. The NAIT badminton team also cleaned house, winning three CCAA national championships on their home court. The badminton team is also ranked No. 1 in the country heading into 2015.

Whoever said hockey was a Canadian sport? If the past three years have taught us anything, it's becoming a southern Californian sport. The Los Angeles Kings are once again the Kings. Two Stanley Cups, three years. Without a doubt, the class of the NHL. And who is going to stop them from winning another couple of Cups? Their core remains intact and their star players are still on this side of 30. Is it too early to say they are the first dynasty of the salary cap era? I don't think so.

The No. 1 moment in 2014 – I may be a little biased on this one, as I have covered them for over a year, but for me – the Oil Kings' Memorial Cup is by far at the top of

this list. First title since 1966, second Western Hockey League title in three years, the perfect way to end a fantastic season. Watching the banners being raised to the rafters at Rexall Place gave all 12,000 fans, including myself, goosebumps. It's not very often you can witness that. Edmonton may have one of the best fan bases in hockey but they also have the most patient. Edmonton fans have suffered long and hard from being the home of the Oilers, even being the furthest possible thing from a fan, I still see the passion and enthusiasm in Edmontonians. They deserved to celebrate, and celebrate they did.

Will next year be as good as this one? Only time will tell, but I sure hope so. Who knows, maybe the Jays will make the playoffs or LeBron will bring a title to Cleveland but, whatever happens, it's sure to be great. I expect nothing but the best from the *Nugget* staff in 2015, as well as from the sporting world.

As our production manager, Frank, said so perfectly, it's like the paper is a minor league ball team. As soon as we start doing a good job and start putting together great work, we get called up, and we are gone, off to the big leagues.

VOLLEYBALL

Women winners, men split

By **JOSH RYAN**
@joshryan

The NAIT volleyball squads ended the semester on a high note by winning their final first-half matches. The teams took on the Augustana Vikings, whose women's team is in the thick of the playoff race while their men came into the weekend undefeated. The women swept Augustana 3-0 and 3-2, improving to 6-6, while the guys split 1-3 and 3-0, handing the Vikings their first loss of the season.

Friday evening, the ladies matched the Vikings in the first set before their aggressive serving put them on top 25-22. Augustana then fought off a late deficit to send the second set to extra points where the Ooks squeaked out a 30-28 victory. In the third, NAIT rode an early lead to a 25-22 win. Libero Abby O'Neil was excellent defensively and was player of the match.

Next evening was a stiffer test. After losing 23-25, NAIT took over the match for the next two sets, winning easily 25-18 and 25-20. Augustana forced a fifth set and the Ooks put the match away, winning 15-7. Candice Hughes had a career high 15

kills, along with 16 digs, two blocks and two aces for player of the game.

"We had good contributions from everybody and are learning how to play smart and manage the ups and downs of a match," said head coach Benj Heinrichs.

In the final home match of the fall, the men's team came out firing on all cylinders in a 25-19 first set win. NAIT eased off the gas pedal and allowed Augustana back into the match in a 25-21 loss. The two teams then traded blows until the Ooks lost 26-28 and 23-25. Trevor Zemlak continued his strong play this year with 10 kills and three blocks, good for player of the game.

"We weren't ready to face adversity and made a lot of mistakes after 20," said head coach Doug Anton. "We also didn't execute our game plan very well."

The Ooks came out determined Saturday, defeating Augustana in their barn. Despite a rowdy crowd, NAIT played a steady game, winning 25-23, 26-24 and 25-19. Teador Kostelnik was player of the game with 13 kills, 13 digs and two blocks.

Anton praised the team for rebounding after Friday's loss. "We came together and followed the game plan with more ride-

side attack, better defence and confidence in our side-out game."

By sweeping the Vikings, the women jumped to fourth place in the North Division. The squad is in action Jan. 2-3 for an exhibition tournament hosted by rival King's University College.

"We are really pleased with the progress we've made over the past two weeks and it's nice to see the hard work from practice translate to more consistent play in matches" said Heinrichs.

"We've played better for three consecutive matches and are excited about continuing that path as we head into the second half."

The men are in control of their own destiny, one win back of Augustana. They are in Camrose Jan. 2-3, along with South Division teams SAIT, Lethbridge and defending champion Red Deer.

"We need to still get better and we think we can," said Anton. "There's still more potential left in us and if we continue to improve we'll be a handful for any team in the ACAC at the end of the season."

League play continues against Concordia on Jan. 9 and 10.

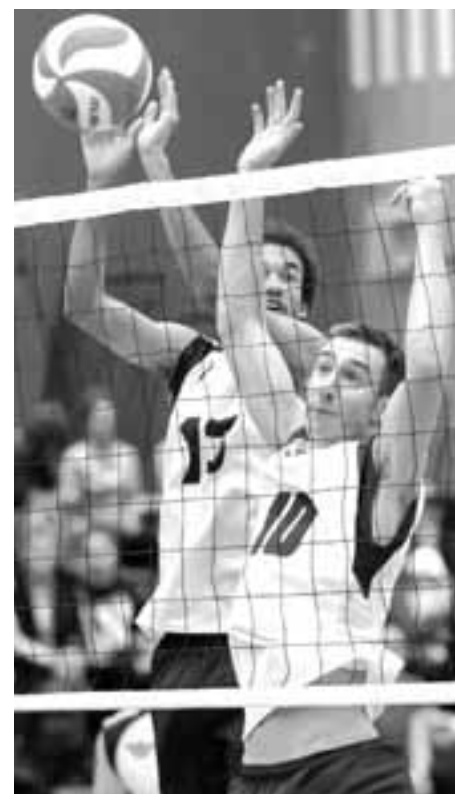


Photo by Jesse Kushneryk

Middle Ethan Redman, left and left side Trevor Zemlak team up against Augustana Nov. 28. NAIT lost 3-1.



Photo by Jesse Kushneryk

NAIT Ooks guard Connor Dolson breaks away in a game against Augustana on Saturday Nov. 29. NAIT won 105-65.



Photo by Jesse Kushneryk

Forward Railene Hooper passes the ball against the Augustana Vikings in NAIT gym on Saturday Nov. 29. The women won 70-54.

BASKETBALL

Double sweep vs Augustana

By JOSH RYAN
@joshryansports

NAIT's basketball squads ended the first semester with wins in the NAIT gym Saturday.

The women played hard in a 70-54 victory over the Augustana Vikings after losing the previous night on the road 65-64 in overtime. This leaves the squad at 10-2 entering the Christmas break.

The men swept the Vikings 91-83 and 105-65 to remain the only undefeated team in the ACAC at 12-0.

Friday evening, the women sparred with the Vikings in Camrose and led by eight after the third quarter. Buoyed by their home crowd, Augustana roared back to tie the game at 59. Facing off in overtime, the Vikings barely edged the visiting Ooks 65-64. Torey Hill won player of the game in the loss, leading all scorers with 16 points.

"Augustana played a very good game and played with more urgency than we did," said head coach Todd Warnick.

"They were deserving of the win in their gym."

Looking to rebound from the tough loss and end the first semester on a high note, the women came to play the following night in snowy Edmonton. Leading by 10 after the first half, the Ooks outscored the Vikings 21-13 in the third before riding out that lead for the 70-54 victory. Torey Hill set career highs with 24 points and 18 rebounds to win player of the game on back-to-back nights for NAIT.

Coach Warnick praised his team's response to the tough loss the night before.

"We showed greater discipline at both ends of the floor, cutting down turnovers and being much more purposeful in our execution. Our defensive shifting between man and zone prevented Augustana from establishing an offensive rhythm."

The men got off to a hot start over the weekend, scoring 31 points in the

opening quarter. The stubborn home team fought back, however, and cut the Ooks' lead down to two after 30 minutes. Fortunately for NAIT fans, the boys asserted their dominance in the finale frame for the 91-83 win. Donny Moss posted a new season high with 36 points while Alvin Parker added 22.

In their final home game, the guys made a statement by blowing up the Vikings in the NAIT gym 105-65. The closest quarter all game was the fourth, when the Ooks outscored Augustana 25-19. Parker topped his teammate Moss by scoring 40 points and adding nine assists for POG honours. Adrian Curtis added 24 points off the bench.

"I thought our defence was much better on Saturday," said head coach Mike Connelly, "We didn't give up as many uncontested shots and we had good focus and energy on the defensive end."

With the split, NAIT's women are behind top seeded Lakeland by one win,

but have essentially clinched a top-two spot in the North Division. The team hosts the annual Blue-Gold basketball tournament Jan. 2-4; a great opportunity to work off the Christmas rust and preview potential playoff matchups for the NAIT hosted Conference Championship. Southern teams include SAIT, Red Deer and league leading Lethbridge.

"We are looking forward to these games as well as the second half trying to build off this solid first term that saw us post the most first semester regular season wins in program history," said Warnick.

The men are the first NAIT basketball squad to go undefeated through the first half since 2003-2004.

Next action for the Ooks is Dec 28-30 at the University of Winnipeg Wesmen Classic Christmas Tourney where they will be the only CCAA school among seven CIS schools. League play continues for both teams Jan. 8 and 10 against the Concordia Thunder.

All about second chances

By **DANIIL ANSELM**

He's a college basketball all-star whose story goes far beyond the court, a story you don't hear every day. He's a player who has battled through numerous challenges in life to become a role model for players and students alike. Meet Alvin Parker.

Parker was a bona fide stud on the court in high school, playing in his hometown of Baltimore, Maryland. His undeniable talent had him recruited by multiple Division 1 colleges in the United States but low grades and troubles off the court made him ineligible for any of the scholarship offers he received.

Regardless, Parker wasn't about to give up his dream. He transferred around various schools for a couple years with stops at Howard Community College, West Virginia State University and Brown Mackie College but even with upgrading and new credits, ineligibility continued to prevent him from playing.

Opportunity

Eventually, while back home at work and attending community college, an ex-coach set Parker up with a friend at Holland College in Charlottetown, P.E.I. At 23-years-old, Parker was finally playing college basketball. Even moving all the way to the Maritimes, where life isn't exactly like it is in Baltimore, couldn't prevent Alvin from playing. He had been working hard for an opportunity like this for so long.

"It wasn't like my first or second chance, it was like my fourth or fifth. It was about time I made something happen because I didn't know if I'd get another one," says Parker.

Parker starred at Holland College where he became one of the top guards in the country, an ACAA and CCAA all-star. Although the team fell just short in the CCAA final in 2012, Parker had proven that he was the real deal. His quickness allowed him to penetrate opponents' defences at will, distributing the ball to an open teammate or knocking down his own shot.

Graduated

Off the court, Parker was doing just as well. He graduated with a diploma in sport and leisure management, a proud achievement for a student who struggled with studies before arriving at Holland College. He found that his teachers in Canada were very dedicated in helping him learn and it made a huge difference.

"The school system and the way that teachers push you here [in Canada], they really want to help you. Especially for someone like me, coming from where I come from, it's changed my whole outlook on school."

Then, last year, with one more year of college eligibility, Parker and best friend Donny Moss, another all-star playing in



Photo by Jesse Kushneryk

Ook star Alvin Parker guards a player as coach Mike Connolly shouts encouragement from the sidelines.

the province, had schools across the country begging them to join their team for one last season.

Moss was playing for the UPEI Panthers but had started with the same Holland Hurricanes. Moss was born in the Bahamas and Parker credits him for opening the door for players from around the world to succeed in that area.

"Because of him the door was open to people like me, international students, to come and stand out. He was an all-star, and after he left they wanted me to be the next guy to step in," says the ever-humble Parker.

He is quick to mention Moss whenever his own successes are mentioned. They have been best friends for a couple of years and they wanted to make sure they were going to be teammates for their last college year. And for anybody who asked, it wasn't going to be a Batman and Robin relationship, either. As Parker told Moss, "I'll be Batman, you be Superman."

The players felt like free agents with all the interest from teams when last season finished. CIS schools wanted them but it was NAIT Ooks coach Mike Connolly who came with the best sales pitch.

"He didn't care about basketball. He knew what he was going to get out of us in terms of basketball," admits Parker. "But he was about taking the next step in life and that's what caught our attention."

Alvin's relationships with his coaches has been instrumental in his success throughout his career, starting with coach Benny all the way back at Howard Community College to coach Mike here at NAIT. Connolly is hard on Alvin, demanding only his best as a player and a leader on the young team.

Under Connolly's guidance, Alvin and Donny have become an unstoppable tandem this year at NAIT, with Parker quarterbacking the offence and Moss leading the team in scoring and rebounding. The team heads into the midseason break undefeated and ranked fifth in the country.

Connolly appreciates the fact that Parker's success comes from just how much he cares.

"I think he's a caring, good, honest guy. I think he leaves his emotions on his sleeve, which can sometimes get him into trouble but can also be his best asset," Connolly said.

What separates Alvin from the average college player is the driving force behind his talent and notorious intensity on the court and that unique motivation comes from everything he's battled in life and for whom he's battling.

Parker is the only man left in his family. His father passed away just months before Alvin was born and his stepfather, who taught him the game, passed when Parker was 20. Alvin had to grow up much quicker than most and, with three kids and a girl-

friend back home, he's out to set the best possible example for his family.

"They're young and they see what I'm doing. Stuff like this, getting to see their dad doing interviews ... it just shows them that anything is possible," says Parker.

Still, life away from family members is not easy. Parker talks to them every day and will visit them a couple times during the season. His kids have taught him to be selfless but even on the bad days Parker knows he has his coach and best friend to lean on.

On top of juggling school, basketball and family, Alvin also works part time supervising student recreation and cleaning up the bleachers at NAIT. He also takes part in the Ooks volunteer program, where the team helps coach north end junior high basketball teams every week. Working with youth who come from a similar background is a natural fit for Alvin and he sees coaching and working with youth as a definite possibility for life after basketball.

For someone who's been there before, he's out to prove that things can always change.

"I want to use myself as an example, to show that just because you start one way, you can always pick it up."

What's next for Alvin? After what he hopes is a national championship for the Ooks, his options are endless. There is interest from professional teams overseas, he could obtain his Bachelor's degree in business and banking to pursue a career in finance or he could go back home to work with youth in Baltimore ... decisions to make that seemed unattainable just three years ago.

'I think he leaves his emotions on his sleeve, which can sometimes get him into trouble but can also be his best asset.'

— Coach Mike Connolly on Alvin Parker

Athlete Profile



Player: Selma Halilic

Sport: Soccer

Position: Midfield

Program: Business Admin

By CHARLIE ZHAO

1) What inspired you to start playing soccer? When I was little I loved playing it with the other kids at school but my parents put me in dance. When they put my younger brother into soccer I had to sign up, too.

2) Who is your childhood idol and why? Totally not soccer related but my idol was Hilary Duff because who didn't love Hilary Duff when they were little.

3) What are some of your hobbies? I love catching up on my shows on my PVR and eating food.

4) What type of music do you enjoy? I love listening to country and also Bosnian music because that's where I am from.

5) Which sport do you like outside of soccer? I love basketball. I played it during high school and had so much fun!

6) Who inspires you the most? My parents inspire me the most. They are so hardworking and loving and I hope I can be

as amazing as them one day.

7) What are three things you can not live without? I can't live without food, Vampire Diaries and my boyfriend Haris ... haha.

8) Where is your dream oasis? My dream oasis would be somewhere like a beach in Barcelona. I love warm weather and beaches but also travelling too.

9) What is the best advice you've been given? A wise woman named Amanda Weber once told me to watch my attitude during a game. It's gotten me really far.

10) What do you want to say to your team? I want to say to my Ooks that I loved this soccer season and I had so much fun getting to know everyone! I wouldn't have wanted to be a rookie on any other team and I'm so happy I got to experience my first college nationals with you guys! I'm also sending some love to the coaching staff because you guys were the best!

Run with app-titude

By TANIA BOYKO

Running – we all do it but few of us actually enjoy it. Unless you're chasing a ball, going to the gym, training, or playing an intense game of tag, running is at the bottom of our priority lists.

However, sometimes lightning strikes and a pig sprouts wings because an urge to start running takes hold. To feel your muscles stretch on long forceful strides. To feel the wind whip your face as you sprint for those small intervals. While these moments are far and few in between, it happens. For some, running outdoors is the only option that will prevent you from looking and feeling drunk, sounding like a t-rex clomping through the forest and staring at the clock waiting for it to be over. Some benefits of using the treadmill are being able to track your pace, distance and time on a run. Also, gyms are warm and we've just been hit with a blizzard. Fortunately, there are solutions to overcome these obstacles. Indoor tracks take you out of the cold and snow and NAIT has a track that loops the ice rink. As for tracking your run, there's an app for that!

Run Keeper tracks your heart rate, pace, distance, records and updates you as to how you're progressing during your run or walk. It has a GPS tracker imbedded in the platform that will show you the exact route that you took. The app has the

option to add friends and allows you to join challenges that will give your run an added kick.

"Working out with friends is one of the best ways to stay motivated and on track," is one of many Pro Tips that the app offers its users. You can input your goals, training plan and motivational images and quotes to keep you going. There is an added option of using a goal coach that will keep you on track with your goals, even if it's only to run twice a week at a pace slightly quicker than a baby's crawl.

One feature that makes your runs enjoyable is the ability to add routes and music to them. That way, mid-run, you won't run into a slow song or one of U2's annoying tunes that you didn't know you had when your music is set to shuffle. The app is free but has the option to upgrade to Elite that allows you to "go farther and faster." One word of caution, it requires data. If you have an iPod and not an iPhone or an Android, the Wi-Fi will cause inaccurate reads. The GPS tracker will get picked up from wireless towers and congratulate you on an incredibly fast pace for 24 km when you've really only run five kilometres. Overall, the app is a great way to bring the positive aspects of using a treadmill to those of running outdoors or on a track.

Athlete Profile



Player: Robyn Gibson

Sport: Basketball

Position: Forward

Program: Alternative Energy

By CHARLIE ZHAO

1. What inspired you to start playing basketball? My parents played post-secondary basketball and encouraged me to play when I was young. I loved the sport and have continued to play ever since they started coaching me.

2. Who is your childhood idol and why? My older sister. I would always look up to her and her competitive nature allowed me to become a better athlete.

3. What are some of your hobbies? Travelling, skiing and reading.

4. What type of music do you enjoy? I enjoy most music genres except country.

5. Which other sports do you like?

Track and field and downhill skiing.

6. Who inspires you? My parents inspire me because of their support and encouragement. Their athletic achievements was always something I admired.

7. Three things you can not live without? Foam roller, chocolate, my family.

8. Your dream oasis? My dream oasis would be a white sand beach in Greece.

9. What is the best advice you've been given so far? "We Over Me."

10. What do you want to say to your team? I am so grateful to be playing on this team for my last year of eligibility. I am playing with an amazing, talented group of women and I will never forget this year!

Athletes of the week

November 24-30

**Alvin Parker
Basketball**



Alvin once again led the NAIT Ooks men's basketball team to a couple of wins over the Augustana Vikings. In Friday's 91-83 win, Alvin tallied 22 points and five steals. He followed that up Saturday in NAIT's 105-65 victory with 40 points and nine assists. "Alvin was key in our sweep of the Augustana Vikings," said head coach Mike Connolly. "He controlled the tempo of the game and continued to get quality shots for our team." Alvin is a fifth-year Open Studies student from Baltimore, Maryland.

**Torey Hill
Basketball**



Torey refused to let the NAIT women's basketball team drop both games to the Augustana Vikings this past weekend. In Friday's 65-64 OT loss in Camrose, Torey had 16 points and six rebounds. In the Ooks 70-56 victory on Saturday at home, Torey notched 24 points and 18 rebounds. "Torey responded in a big way for our team Saturday," said coach Todd Warnick. "She anchored us to a massive win and the best first half record in program history to date at 10-2." Torey is a third-year Personal Fitness Training student from Viking.

**Candice Hughes
Volleyball**



Candice helped lead the NAIT women's volleyball team to its first sweep since opening weekend as the Ooks won two matches over the Augustana Vikings. Candice had 22 kills and 30 digs and was named Player of the Match Saturday after the Ooks 3-2 victory in Camrose. "Candice has been solid for us all season and she ended the first half playing the best volleyball of her career," said coach Benj Heinrichs. Candice is a third-year Business Administration student from Sherwood Park.

WOMEN'S HOCKEY

Women win, stay on top

By BRIDGETTE TSANG

The women's hockey team finished the first half of their season with a pair of wins against the MacEwan Griffins to

improve their record to 8-1-1 and continue their reign atop the ACAC North.

The Oaks came out strong in the first game of their home-and-home series

at Confederation Arena, outshooting the Griffins 14-4 in the first period. Captain Breanna Frasca dished the puck to Hayley Vanderpoele to break the scoreless tie in the second period. Things got physical in the third with the Griffins pressing hard for the tie, including dual penalties to Ooks Megan Goebel and Griffin Michelle Pochapsky for a hit to the head. But it was the Oaks converting on an early power play in the third that gave them the insurance goal for a 2-0 victory. Oaks goaltender Laura Wagner had 23 saves in her first start this season, shutting out the Griffins to claim player of the game honours.

The Oaks were back in their barn the next night as Tehnille Gard tended the crease for her team. Ooks Cody Rammel, on a hard working shift, got the puck out from the corner and Sherri Bowles fed it in front to Renata Mastna for a one-timer to break the goose-egg – no chance for the Griffins' goalie.

Mastna returned the favour to Bowles in the second period as Bowles scored her third of the season. Rookie Veronika Kuzelova from Czech Republic scored her first in an Oaks uniform to extend her team's lead to 3-0 heading into the final period. The Griffins rallied early in the third, scoring back-to-back goals less than three minutes apart and the Oaks

found themselves scrambling and taking sloppy penalties. The Griffins fired 11 shots on Gard in the third but the Oaks found a way to hold on to their one-goal lead to win 3-2 despite the Griffins' best efforts. Player of the Game Renata Mastna finished the weekend with two goals and a helper.

The Oaks are last in the league on the man-advantage with a 7.7 conversion percentage. Despite their struggles on the power play, the team is in good standing in their penalty killing department, allowing only three power play goals in 10 games.

The Oaks are in good shape heading into the second half. Four of the five top scorers in the league are from NAIT (Frasca, Karlie Reeve, Mastna, Bowles). In addition, three of the four Oaks goaltenders have already started in the first half.

The women hope to bring their winning momentum into 2015 when they face their biggest test against the University of Alberta Pandas in a non-conference game on Jan. 2. They will face off against the MLAC Bantam AAA Boys team the next day in another non-conference game before officially kicking off the second half of the season against the Red Deer College Queens on Jan. 8 and 9.



Photo by Jesse Kushneryk

NAIT Oaks forward Sherri Bowles moves the puck up along the boards on Saturday Nov. 29 in a game at NAIT against MacEwan University. The Oaks won 3-2.

Gym gawking – inevitable?

By GABRIELLE HAY-BYERS

I feel like we've all been there. Sweaty. Possibly smelly. Definitely lobster-faced. Thoroughly wrecked from our workout. Just putting in the final push to finish our WOD or set and something distracts us. Out of the corner of my eye, I see it ... a gawker.

Gawkers are basically the scum of the gym-goers world. I've never understood people who love being watched at the gym and see it as a sign of doing something right. Maybe I'm the only one with a makeupless face, hair smashed into a ponytail, mismatched socks, oly-lifting shoes (AKA ugly shoes, sorry, Reebok), a tattered T-shirt and old man sweatpants (since there's no way I'm wearing booty shorts for full and pinchless range of motion at NAIT's gym). Maybe I'm the only one who is pale as hell and puts in max effort, resulting in some very pink/red skin.

I guess when I put it that way, I understand the curious extended looks I get. But one day as I was deadlifting on the only platform in NAIT's gym, grumbling yet again about the sexism apparent in the lack of female Olympic lifting bars provided at NAIT and the indignity of having to wear gloves to lift solely for the purpose of getting

grip inside the guide lines on a men's bar, I realized there's three main types of gawkers.

Curious Gawkers ...

This section could really have a couple of subsections, outlining the difference between a curious gawker that wants your piece of equipment and is trying to gauge when you might be done by your perceived level of fatigue and a curious gawker that wants to understand just what in the hell you're up to over there. These are the most harmless level of gawkers and I've actually struck up some good conversations with people who are wondering why the hell I'm bear crawling around the NAIT gym to warm up (because it's good for you, is why).

Jealous Gawkers ...

This type of gawker is the most likely to give you the stink-eye for doing whatever you're doing up in there. I've been guilty of being a jealous gawker at people running on treadmills for long periods of time and not breaking a sweat in the past (I'm sorry!). I've been the receiver of this kind of gawking when I lift heavier than the guy next to me (sorry, bro). Try not to do this, it's akin to being a hater. We all got where we are through hard work, so put in the work and you'll be there, too.

Sexual Gawkers ...

Indisputably the worst type of gawkers around are the types that make your skin crawl when you're at the gym. That predatory gaze watching you as you squat ... is a sexual gawker. Now, the men get a bad rep in the gym for this but, ladies, ladies. Don't think the men don't see you watching them bicep curl in the mirror while you glide gently on the elliptical thinking of all

the ways he could use those biceps (coincidentally, none, because he likely overdid it trying to impress you and can probably not even pick up his bookbag now).

Moral of the story is, unless you're just a friendly, curious gawker, keep to yourself at the gym. For so many (including me) it's really hard to be there working out in public to begin with. So let's all play nice and not be jealous or sexual gawkers.



www.youtube.com

Gawkers seem to be a fact of life in the workout room.



NAIT Ooks forward Tyler French eludes a Briercrest Clippers player on Friday Nov. 28 in NAIT arena. The Ooks won 8-1.

Photo by Jesse Kushneryk

MEN'S HOCKEY

Five-game winning streak

By **CONNOR O'DONOVAN**

A two-game sweep of the Briercrest Clippers on the weekend has the men's Ooks on a five-game winning streak heading into the Christmas break. The Ooks outscored the Clippers 17-5 in the series, taking Friday night's game 8-1 and Saturday's 9-4. The pair of victories, both on NAIT ice, improved the Ooks record to 14-3-1 while Briercrest fell to 3-14-1.

Left wing Tanner Dunkle of the Ooks opened up the scoring on Friday night at 1:15 of the first period on a marker set up by Jason Warc and Luc Vandale. Defenceman Jordon Abt added two power play goals, which were followed by a Michael Piluso tally before Briercrest centre Jordaan Braun scored the Clipper's lone goal halfway through the second. The rest

of the action was initiated by the Ooks as they went on to score another goal in the second, and three more in the third. Abt and Piluso both had two-goal nights, while right wing Charles Wells topped the score sheet with a goal and three assists. The Ooks fired 37 shots on Clipper goaltender Connor Dobberthien, and another 11 on Brandyn Garth who came on in relief in the third period. The Clippers mustered just 18 shots on NAIT goaltender Kenny Cameron.

In Saturday's tilt, Briercrest drew first blood when right wing Jacob Baribeau scored at 5:06 of the first period. NAIT left wing Jordan Wood answered shortly after with a pair of power play goals separated by just a minute and 24 seconds. In the second period, the Ooks proved again that

they like to score in bulk when Scott Fellnermayr, Jordan Swenson and John Dunbar each put the puck into the Briercrest net in a span of a minute and 14 seconds. Jordan Wood then completed his hat trick a minute and 34 seconds later. The Clippers managed to put up a little bit more offence in the game but their opportunities were fleeting and few. The Ooks fired 51 shots on a Briercrest net that was again minded by both Dobberthien and Garth, while the Clippers threw 33 attempts on Cameron. The game also had a fight, which is a rare occurrence in the ACAC, between Tyler Yaworski of the Ooks and Manuel Schellenberg of the Clippers. The match was instigated by Schellenberg after an apparent hit to the head by Yaworski that took Briercrest's Stephen Langford out of the game.

"Every game is going to be a little bit difficult. I don't know if it was bad blood. That's just the way the game's played," Jordan Wood said after the game.

The left wing complemented his hat trick with an assist for four total points on the night.

"My linemates obviously helped out. I got a bunch of good bounces, two right on my stick. It's pretty easy to score when you get gifts like that," he said.

The Ooks return to the ice in Fort McMurray after the Christmas break on Jan. 8 and 9. They will play a two-game series at Keyano College against Keyano's 9-7-2 Huskies. The next men's hockey action on NAIT ice will take place at 7 p.m. on Jan. 23 against Red Deer College.

ENTERTAINMENT

The end of the beginning



By **RICHARD LUKACS**
Entertainment Editor
@DickTorrance

One last stand ...

The day has come. This is my last editorial for *The Nugget*. If I don't ruin everything and fail in the next few days left in the semester, I am pretty much done with my studies. It's time to bring a fresh voice in here, anyway.

I'm very thankful for this paper for so many things. Without my crazy pay-cheques, the benefits and all the royalties I would never be able to buy this yacht I'm writing these words on with my fancy diamond-encrusted pen. I would never be able to buy the humble island I call home with all those beautiful, natur-

ally tanned she-slaves in grass skirts and flower bras. I wouldn't be able to keep up with my gambling addiction and pay the child care after the 17 brats I have from 19 different mothers. Not to mention the sweetness of fame and everlasting love of my fans.

So it was quite a beneficial year I spent here at *The Nugget* as an editor. But I'm very bad at goodbyes, so I would rather focus on myself now like all my good, arrogant fellow assholes would also do.

Listen!

It's so cool to be a vicious music fan, especially these days with billions of records flooding out every day. Of course, most of them are utter garbage but being an extremely open-minded listener (I love everything from death metal to black metal!) makes it very easy to find joy in some new tunes.

I'm not a big country fan, though. Once I accidentally heard about 20 seconds of this famous radio show, *Hawkeye's Country Countdown* or what-not. I am still on medication, need to see

a shrink three times a day and my ear-drums are still healing after I stabbed them through with a kitchen knife.

But there is this Canadian miracle called Kandle. She plays folk music. I wouldn't mortify her with calling it country but folk is pretty close, so here it is – the best album of the year is a folk record. There are no growly vocals from outer hell, no shredding distortion nor any double bass. Being older than your entire class has its weird side effects, I guess.

Also gloomy, sad people with broken hearts are always making me happy so I really enjoyed listening to this year's Mode Moderne album, *Occult Delight*.

Watch!

Films are the peak of entertainment for me. I heard that there are many boring ones about life, love and other stupid emotions but I've never seen any of those. Why would I watch movies without space monsters, redneck mutants and robot hookers if I can watch movies with all of those? Like the forthcoming feature *The Last Video Store* and it's spinoff, the

Straight To Video web series.

Alright. There are a few pictures that can be good without the aforementioned basic elements of quality entertainment. Like this year's *Starry Eyes*. It had no space monsters but at least it had other types of monsters. And it had occult cultists and black magic, those are fun stuff, too.

All of these examples gave me the creeps, the thoughts, the feelings I want to get when I put a record on or sit in a movie theatre. And you know what *The Nugget* gave me besides my fabulous wealth? Free pizza and beautiful work-mates, who I sometimes mix up with my slaves (only cos they both like to wear those grass skirts and flower bras so bad)? It gave me a chance to get in touch with all the gifted artists who created everything I just mentioned. And for somebody so in love with arts as me, it's even more valuable than the gold nuggets and capital stocks in my safe. So thank you paper, thank you editorial crew, thank you readers! See ya all around.

See, I told you I suck at goodbyes.



DECEMBER EVENTS

1 | HOW TO PAINT WATERCOLORS
2 | HOW TO MAKE SUSHI
2 | COOKIES & CIDER IN NAITSA LOBBY
2 | NAIT DISABILITY AWARENESS EVENT
4 | HOW TO WINE TASTE
5 | COOKIES & CIDER IN NAITSA LOBBY
9 | COOKIES & CIDER IN NAITSA LOBBY
TBD | WELLNESS HOUR
12 | COOKIES & CIDER IN NAITSA LOBBY
15 | FORTUNE COOKIES
16 | PET THERAPY
16 | COOKIES & CIDER IN NAITSA LOBBY

17 | WELLNESS WEDNESDAY
17 | COOKIES & CIDER IN NAITSA LOBBY
18 | FREE COOKIES
19 | NAITSA OFFICE CLOSURES AT NOON
22-2 | NAITSA CLOSED FOR HOLIDAYS

TO FIND OUT MORE INFORMATION ON ANY OF THESE EVENTS PLEASE VISIT NAITSA.CA



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FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...



By EVAN KIRBY

When you think about classic hip-hop cities, your mind goes to the familiar places like New York, Los Angeles and Atlanta. It would literally take me a few pages in the paper to list all the influential acts from those cities but an underrated gem of a state with long-standing hip-hop connections is Virginia. From the inimitable Missy Elliott to legendary producers Timbaland and The Neptunes, all the way to newer age artists like Chris Brown. But the crown jewel of Virginia hip-hop is the sometimes underrated but never undervalued Clipse, formed by brothers Terence and Gene Thornton (Pusha T & Malice). It's simultaneously fair and unfair to just label them as "coke rap," a subgenre of hip-

hop music largely consisting of thematic material about drug dealing and everything that goes along with it.

While the genre is relatively one note, Clipse somehow makes each song fresh and always has new and inventive metaphors to describe slinging drugs off the corner. It doesn't hurt that fellow Virginians, The Neptunes, produced the majority of their classic beats and gave the group an unforgettable sound of simplicity mixed the grime of a street banger. Pusha & Mal also had no problem boasting about how many diamonds were on their watch, how much money they blow in a recession with no second guessin', and how your car could never compare to his Mercedes Benz SLS.

Ironically, Malice would leave the group after finding God and converting to Christianity, renouncing his braggadocio ways to leave Pusha on his own. Pusha would do just fine, get adopted into Kanye West's G.O.O.D. music family and feature on a multitude of Yeezy's biggest hits.

Pusha T is a workhorse, having features on a variety of songs by legends and newcomers alike. He's not constrained by hip-hop either,

featuring on EDM tracks and with rock groups such as Linkin Park. He also has a softer side that often sees him rhyming about women and his troubles with relationships and often these verses show up on pop artists such as Kelly Rowland, Kay, Kelis and others. Hell, Pusha is even featured on the new *Hunger Games: Mockingjay* soundtrack with the likes of Lorde and HAIM. After the disbanding of Clipse, Pusha's solo career has been heading on a perfect trajectory. His first solo album *My Name is My Name* drew universal praise from fans and critics alike with Pusha's signature coke word play over more experimental beats. His sophomore album *King Push* is set for sometime in 2015 and the sky is the limit for a kid from humble Virginia Beach beginnings.

This is your career spanning essential Pusha T:

- Pusha T – Numbers on the Board
- Pusha T – My God
- Future – Move that Dope (Feat. Pusha T, Pharrell And Casino)
- Kanye West – Mercy (Feat. Big Sean, Pusha T and 2 Chainz)
- Birdman – What Happened to that

- Boy (Feat. Clipse)
- Pusha T – Millions (Feat. Rick Ross)
- Kanye West – Runaway (Feat. Pusha T)
- Clipse – Trill (Feat. Pharrell)
- Clipse – Grindin'
- Kardinal Offishall – Set it Off (Feat. Clipse)
- Clipse – Mr. Me Too (Feat. Pharrell)
- Clipse – Virginia
- Kanye West – New God Flow (Feat. Pusha T and Ghostface Killah)
- Clipse – Hot Damn (Feat. Ab-Liva and Rosco P. Coldchain)
- Re-Up Gang – Re-Up Intro
- Clipse – Kinda Like a Big Deal (Feat. Kanye West)
- Pusha T – Hold On (Feat. Rick Ross)
- Pusha T – Blocka
- Clipse – Popular Demand (Feat. Cam'ron And Pharrell)
- Kanye West – Good Friday (Feat. Common, Pusha T, Kid Cudi, Big Sean and Charlie Wilson)
- Re-Up Gang – Fast Life
- Omarion – Know You Better (Feat. Fabolous and Pusha T)
- Pusha T – Alone In Vegas

WEEKLY SPECIALS

FOOD SPECIALS

MONDAY

\$7 Canadian Poutine

TUESDAY

\$7 Nest of Wings (1lb.)

WEDNESDAY

\$6 Deep Fried Wontons

THURSDAY

\$7 Vegetable Spring Rolls

FRIDAY

\$6 Rockfish Potato Cakes

\$4 DRINK SPECIALS

*All liquor served is 1 oz

MONDAY

Sno Cone Cocktail

TUESDAY

Rye, Rum, Vodka or Gin Hi-ball

WEDNESDAY

Domestic Pint (20 oz)

THURSDAY

Flavoured Vodka Cocktail

FRIDAY

Domestic Bottle

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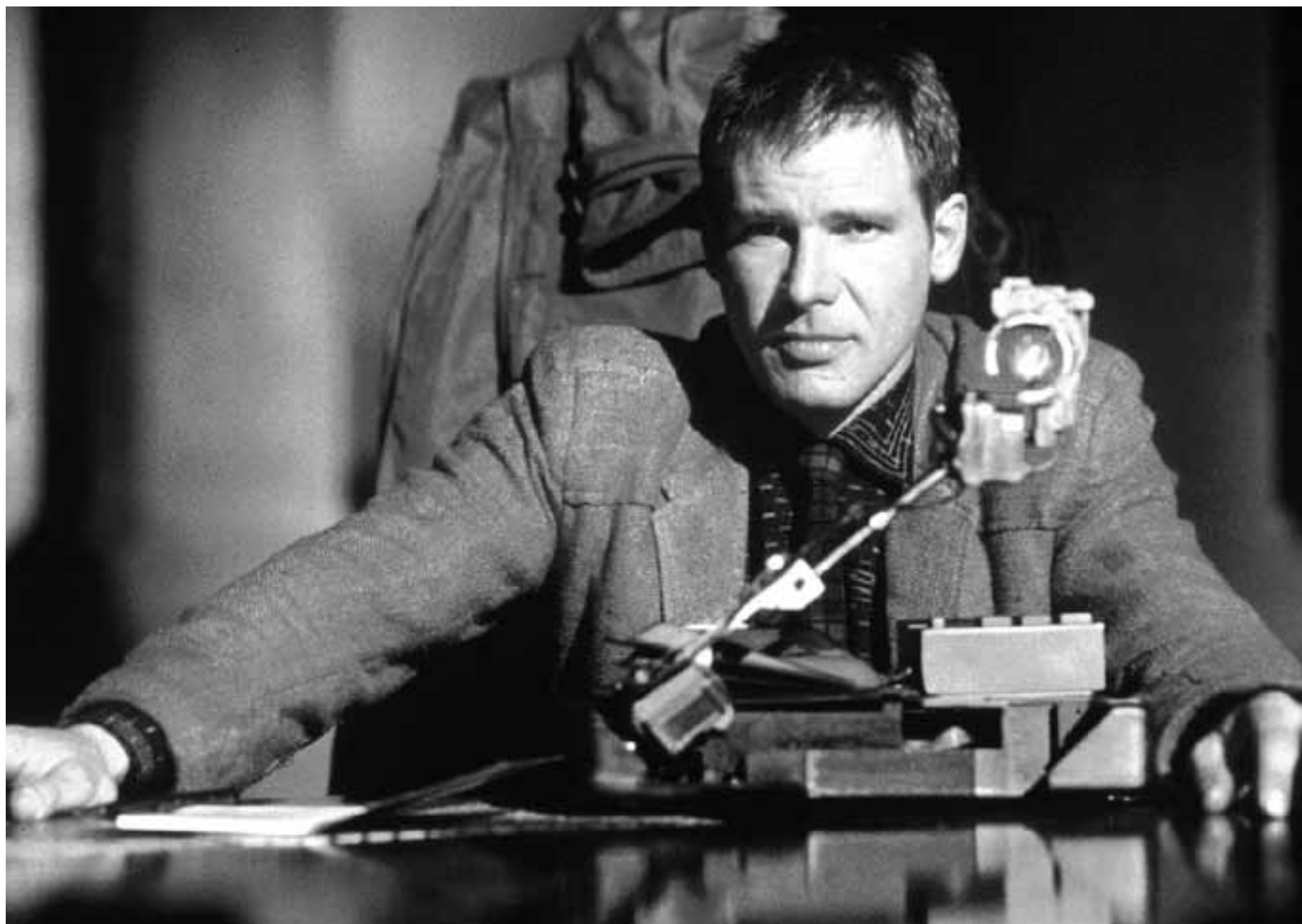
ALL SPECIALS AVAILABLE WHILE QUANTITIES LAST

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MOVIES – THE KURT LOCKER



www.blastr.com

Harrison Ford as Deckard in Blade Runner

Visually spectacular film

By KURT FABISCH

“More human than human, is our motto.”

Every decade or so, a movie comes along that changes how films look. *Star Wars*, 2001, *The Matrix*, etc.

Ridley Scott’s 1982 film, *Blade Runner* is one of those movies.

Los Angeles, 2019.

Little by little, mankind is leaving Earth in favour of other planets, so things have kind of gone to hell at home.

It’s a time when robots, called Replicants, have been developed to the point where they’re identical to humans. They’re used as slaves, essentially, workers and soldiers on off-world colonies and are forbidden to come to Earth. And they’ve been designed with only a four-year lifespan.

Four Replicants have hijacked a ship to Earth and are plotting to break into the company that built them to find out if they

can be allowed to go on living.

Harrison Ford plays Deckard, a detective known as a Blade Runner whose job it is to hunt and kill Replicants on sight and he goes after them.

Blade Runner has a terrific story. It’s a film-noir set in the future.

But the reason to see the movie is how it looks.

Ridley Scott, who made *Alien* before this, really raised the bar for how genre movies are made. The level of craftwork that went into *Blade Runner* is, to this day, staggering.

Science fiction films would never be the same after this.

This particular vision of the future is at the same time gorgeous and frightening. Towering buildings blocking out the sky. Dense over-population fills every inch of the street with people. The air is filled with smog. You can smell it when you watch the film. It’s probably not that far off from

where we’re headed.

The art direction and costume design is fantastic. A mix of 1940s and wilder, more ’80s looking fashion helps create a dazzling look for the characters.

The art direction is great but how it’s filmed really makes it shine.

The way Scott and cinematographer Jordan Cronenweth lit the scenes in this movie is remarkable. Just look up any shot from the film to see the use of colour, light and smoke. It’s just beautiful.

Another visual dynamic are the special effects used to take us above the street and into the air with flying cars.

I can’t think of too many films that look better than *Blade Runner*.

However, as mesmerizing as the film is to look at, I feel that the story and characters as good as they are, weren’t given the same amount of attention as say, the art direction.

The screenplay varies in quality

throughout the film. The tone of the film changes from scene to scene.

The acting varies, too. But one performance that I think is sublime is that of Rutger Hauer as Roy Batty, the leader of the criminal Replicants. He’s this crazy, poetic psychopath. His arc, his journey in the film, his striving to live is much more interesting than Deckard.

Batty might be the villain but I was sympathizing more with him than with Ford’s character.

Flawed as elements might be from the writing side of things, this is not a film to see for the screenplay.

Blade Runner is one of the best looking films ever made and needs to be seen for that reason alone.

If you haven’t seen the film, you need to. Even if you don’t like it, it’s tough not to admire the effort.



Top 10 films in 2014



By KURT FABISCH

The year is wrapping up, there's still a small handful of films yet to come out (*Inherent Vice* being the one I'm most excited for) but for now, here are my Top 10 Films of 2014:

10. Nightcrawler

Jake Gyllenhaal gives one of his best performances as a freelance video journalist. Man, does he play a creep in this thing. Outstanding character that you can't decide if you should love him or despise him.

9. John Wick

Keanu Reeves is the deadliest hitman alive ... and they killed his dog. A reminder that you can still make action movies with actual stunts and not just CGI. Exactly as over the top as it needs to be without feeling too silly. Exquisitely filmed and that kind of film violence that just makes you smile.

8. Edge of Tomorrow

Tom Cruise is a futuristic soldier who dies and endlessly relives the same battle. *Groundhog Day* meets *Saving Private Ryan*. Sadly, this movie tanked at the box office, which is a terrible shame because it's one of the best sci-fi films in years.

7. X-Men: Days of Future Past

Bryan Singer finally delivers another installment in the mutant film series he got started. Just about every character (and actor) from the X-Men films is here for a story that plays across two timelines. Quicksilver's stunning slo-mo takedown of the guards in the kitchen to the tune of Jim Croce's "Time in a Bottle" is maybe my favourite scene from any film this year.

6. Cheap Thrills

Two broke men are offered increasing amounts of money to do increasingly disgusting tasks. Gruesome and yet somehow never truly unpleasant. Surprisingly fun.

Standout performance by comedian David Koechner as the mysterious rich man who delights in paying these guys to degrade themselves.

5. The Grand Budapest Hotel

Wes Anderson's delightful murder mystery comedy about a hotel in the mountains of Budapest. Every shot is like a gorgeous photograph. For how colourful and quirky the movie may look, it's shockingly gritty and laugh out loud funny.

"Did he just throw my cat out the window?"

4. Locke

Tom Hardy in a car for an hour and a half. That's the whole movie. A movie set in a car. It's one of the more moving movies of the year. Another incredible performance by Tom Hardy.

3. Birdman

Michael Keaton in his best performance since his glory days playing a washed up actor putting on a play, dealing with his celebrity and talking to himself through the superhero he once played. The entire film is cut to look like one continuous shot and it's just mesmerizing to look at.

2. Gone Girl

When I think of what a great mystery film should be like, I'll think of *Gone Girl*. Ben Affleck is a man whose wife has gone missing and he doesn't seem too upset about it. Utterly miserable and yet incredibly fun to watch as the movie never stops surprising you at every turn.

1. Guardians of the Galaxy

From the moment I heard this movie had a raccoon with a machine gun I knew it was made for me.

Marvel's answer to *Star Wars* is just perfect from beginning to end with its great cast of characters, dazzling effects and killer soundtrack. And it's made "Come and Get



blurppy.com

Your Love" my new favourite song.

And oh my god, is it funny.

"Metaphors are gonna go over his head."

"Nothing goes over my head. My reflexes are too fast, I would catch it."

Seeing *Guardians of the Galaxy* was the most fun I've had watching a movie in years.

NAITSA HOLIDAY HOURS

December 19
NAITSA Closes at Noon

Dec. 22-Jan. 2
NAITSA Office Closed

January 5
NAITSA Office resumes regular hours
Mon-Thurs 8am-6pm | Fri 8am-4pm

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NEST HOLIDAY HOURS

December 15-17, 2014
11:00 am- 4:00 pm

December 18, 2014
Nest closed to public,
Merry Christmas!

January 5, 2015
Nest resumes regular hours:
9:00am - 8:00 pm

**N
NEST
TAPHOUSE GRILL**

Stylish dressing for winter

By GABRIELLE HAY-BYERS

The time has finally come ... a light jacket is no longer hacking it. Your nips could cut diamonds. Your leg hair is standing at attention so strongly you could cut yourself with it. It's officially layering season.

I'm a proud northern Canadian. I can take temperatures that are quite cold with only a minimal amount of whining and a lot of clothing. But, there's a difference between being able to wear my NAIT sweatpants with long johns, a sweater, a thermal and a few other layers and being forced to look presentable and still not freeze to death like a human Popsicle while you're doing it. Most students know how to keep warm in their casual clothes but when it comes to keeping warm when it's minus 850 out and you have an interview that you're taking the bus to, sometimes we need a bit of help.

Here's my top tips for the ladies to keep warm all winter long, while layering and looking professional.

Base layer ...

Put a lot of thought into what your base layer is! When it's really cold out, I'll wear merino wool long johns under my pants and a silk undershirt. Both are super thin and soft but keep you nice and warm. If you're wearing a skirt or dress and can't wear long johns, I recommend either fleece-lined tights or Spanx (solely for their super thermal effect – buy them a size up if you don't want the shape-wear effect).

Consider your materials ...

A wool suit is going to keep you a heck



Pinterest

of a lot warmer and hold up better in terms of wrinkling under your dress jacket than a cotton one. Tweed is a great material for suiting as well and is quite warm. I'd consider switching out light blouses for thin-knit sweaters when the temperatures plummet as well. I recently bought a gorgeous knit and faux-fur formal sweater because I knew that

the fur up around my neck would keep me nice and warm. It's easy to go for what's pretty and not what's warm but when you keep both in mind, you have a chance of not freezing your butt off out there.

Consider the construction ...

If it's minus 30 out, dig out a lined pair of dress pants or a lined dress rather than something made out of thin material that's unlined. Also ladies, now is not the time for a scoop-neck shirt or a flared skirt. Anytime it's super cold out, you want to protect yourself from getting any gusts of cold air in areas you really don't want to be cold. That said, while many people think, "It's cold out, must wear pants" there's nothing colder or grosser than walking around all day with wet and dirty pant hems. With so many great tights and boots available, a slim-fitting dress or skirt will keep drafts away while keeping you warm and dry.

Layer like crazy ...

I've been known to layer an undershirt with a button up and a sweater, while wearing thermal long johns and lined tweed dress pants. Another option for the ladies is to invest in a silk slip, which not only makes your dresses look really nice and smooth on the body but also keeps you nice and warm. You can get a full-body slip or a skirt type, depending on your needs. Layer a shirt under your dress, like a collared shirt or turtleneck to keep you warm.

Accessorize thoughtfully ...

This is the fun part! I'm a big proponent of huge scarves, light, loose toques that

won't wreck your hair and knee-high boots. For the love of all that is holy, I wish girls would just pop their pumps in their giant bags and wear some flat (or low heeled), warm boots to work. Not only will you keep the road gunk and salt off your nice pumps that you'll wear all day (and your skin), you'll have a better chance of making it to your destination without taking a detour into a snowdrift and getting snowy/muddy in the process. Plus you can wear some thermal socks in them on your way to work and be much warmer than everybody else as they try to stomp their feet to make sure their toes have not, in fact, fallen off.



Pinterest

Humble turkey burger elevated

By QUINTON BERGER

On Monday Nov. 24, NAIT Culinary students got a chance to put their skills to the test. NAITSA's Next Top Chef was held at Ernest's Monday evening with 10 participants. Each chef was given an hour to make dish entirely from scratch, the winner of which will be featured on the menu of NAIT's campus bar, The Nest Taphouse Grill.

"We're looking for something that can be held, portioned in large amounts," said Evan Aristotle, kitchen manager and executive chef at The Nest, "something that can be fired off quickly and, of course, with big flavour."

The competition's only rule was that contestants had to use ground turkey in their dish. Everyone got busy at their stations and things just got crazy from there.

On all sides of Ernest's kitchen, the chefs wasted no time prepping, cooking and assembling their dishes. Chopping vegetables, balling up meat, these bad boys ranged from a stuffed turkey burger to turkey sliders, turkey samosas, turkey Wellington, you get the

idea. Once the hour was up, contestants brought their entries into the dining room and the judges began making their rounds. Dishes were judged on presentation as well as taste and the judges could not get them down fast enough. Once the tallies were counted and the judges were full, they brought the contestants back.

Contestants each stood in front of their dishes and gave a brief explanation about the recipe. At the end of it all, the winner was chef Tamara Solon with her turkey Wellington.

"It was a take on a Wellington, a traditional dish" explains Solon.

"So I mixed in some bacon as well as some veg, then I wrapped it all in a precudo (prosciutto?) and baked it in the oven."

Tamara was also given a large kitchen knife as part of her top prize.

I was able to try a few dishes and I wasn't disappointed by any. The turkey sliders had great taste and the sauce was on point. The samosas were delicious as well. The toppings on the flat bread pizza were pretty good but the dough was delicious.

All in all, there wasn't a single dish that was bad. Tamara's turkey Wellington

can be purchased at the Nest from now till mid-January.



Photo by Benjamin Sim

Tamara Solon's prize winning turkey Wellington

AMA AWARDS

Red carpet hits, misses

By **TANIA BOYKO**

This year marked the 42nd American Music Awards at the Nokia Theatre in Los Angeles, California. On Nov. 23, stars gathered on the red carpet to recognize the music artists nominated.

With Pitbull as host and Iggy Azalea atop the nominations list with a total of six, it made for an eventful evening. However,

fashion was the real source of intrigue as celebrities lined the red carpet.

The trends in women's fashion included slicked back hair, sleek dresses and tasteful dresses with see-through elements. As with every red carpet event, fashion statements that fail are just as entertaining as those that shine.

In this case, it was actress Danica McKellar's green lace dress that turned heads. The

elegant placement of the emerald lace dazzled in contrast to the sheer chiffon panelling. Designed by McDougall, this newlywed presented her award in stunning fashion.

On the men's front, it was singer-songwriter Ne-Yo who stood out from the rest, opting out of the traditional black duds for a two-piece Anthony Franco navy suit. What made the outfit were the metallic and

golden yellow accents on the blazer.

Where there are fashion triumphs, there are fashion pitfalls. This year, those outfits belonged to Albanian pop star Bleona and to actor Ansel Elgort. When it comes to their outfits, fashion left the building to go into hiding.

The pop star donned a sheer netted black dress that left nothing to the imagination. Underneath she covered her essentials with black pasties and a silver thong.

Inspired by Miley?

The similarities of her outfit to that of Miley Cyrus's dress from the 2013 Met Gala and her outfit from the iHeartRadio festival this past September are unmistakable. What were once thought of as shocking outfits worn by Miley seem modest in comparison to Bleona's outfit choice.

The men on the red carpet were not exempt from these fashion failures. Ansel Elgort entered onto the scene with an ensemble that looked like it was shrunk in a dryer. *The Fault in Our Stars* actor took tight suit to a whole new level with the Kent & Curwen design.

The tight paisley pants and white dress shirt could have been saved if the single-breasted blazer didn't fit like it came out of the kid's section. This outfit drew eyes to him for all the wrong reasons.

'Sort of colonial'

When asked by Giuliana Rancic how he felt in the outfit, he said, "It's sort of colonial. I feel like I'm in an old colony in America!"

The AMA fashion questionable mention goes to YouTube personality Frankie Grande. The older brother to pop singer Ariana Grande and recent contestant on reality show *Big Brother* went out on a limb with his fashion choice.

This AMA co-host donned a white dress shirt and pink bow tie, not in the traditional sense, but more like a paint fashion. Paired with physical pastel pink pants, his painted shirt left many confused on whether it was a fashion miss or hit.



Jason Merritt/Getty Images

Ansel Elgort

Jeff Kravitz/AMA2014/FilmMagic

Bleona

Getty Images

Danica McKellar

JUST THE TIP

When a car will have to do

By **ANDY BANGDERHARD**

Sexual tension, we've all been there. Where you are around someone and you want to rip their clothes off but, it isn't the right time or place. When every time they touch you it sends a shiver down your spine, in a good way, though.

I had quite the night of constant sexual tension. It was not the ideal place to have this type of episode, like let's say a grandmother's house for a nice Sunday dinner. My boyfriend's hand on my leg turned into a hand on the inner thigh when no one was

looking and a kiss on the cheek turned into a kiss behind the ear. That was what my night consisted of. After hours and hours of this building up it was a little hard to keep my hands to myself when we were alone.

The first time we were alone for the evening was when we got to his car. It started with a little make-out session while his car warmed up and by little I mean pretty big. As his car heated up, so did we. There were hands up shirts and hands down jeans. I was very glad we were the only car left in the condo parking lot and that it was

dark out. The car was very warm by this point, which included the back seat. So that is where we moved the festivities to.

Now, the logical thing to do would have been to keep our pants on and go back to his house but we opted for the back seat of his not so large car. I mean there was a lot of sexual energy built up over the night. Buttons and zippers had come undone in the front seat already so it was easy to wiggle out of our clothes enough so we could get the job done but not enough to moon anyone if they were

to walk by. I won't lie it wasn't the most comfortable space to work with as I'm sure you could imagine but we made it happen. I'd much rather cross car sex off the bucket list while I'm young ... well it was crossed off the list a while ago but who cares about the technicalities. I could only imagine how sore I would be if I were 10 years older and doing that. Although, I do plan to have a much larger and nicer vehicle in 10 years and so does he. So I won't rule out car sex in 10 years just yet.

SUPER HERO 6 REVIEW

Animation to a new level

By JOSH RYAN

Since Disney purchased Marvel Studios, it was a matter of time before we started getting kid-friendly superhero films. However, there is plenty of material in the world of comics for kid friendly stories that also have entertainment value for adults. Enter *Big Hero 6*, the first comic-book adaptation done in animation and the best family friendly superhero film since *The Incredibles*. As Pixar looks to get back on track after a dip in quality, Disney Animation Studios continues to churn out hits with *Wreck-it Ralph* and *Frozen* the last two years and now this new high energy action film that's sure to enthrall audiences everywhere.

Set in the futuristic city of San Fransokyo, the film follows Hiro, a young robotics prodigy who spends his time competing in illegal bot fights. Despite once yearning to enter university for robotics, Hiro fell back into this rebellious pattern following the tragic loss of his older brother Tadashi. Unbeknownst to him, his brother left behind an invention called Baymax, a robot designed to function as a personal health care companion. With Baymax in tow, Hiro discovers a clue regarding his brother's death and the theft of Hiro's own invention, small robotic pieces that can link together through the use of a headset and the device's possessor. Hiro then assembles a team with an upgraded Baymax and Tadashi's university mates to pursue a mysterious masked man and find answers.

The world of San Fransokyo is a marvel to gaze upon. Objects constantly in motion, bright colours and creative robotic designs populate the screen at every turn. Sharply edited, the film never slows down, running at a breakneck pace; perfect for the action-film atmosphere the filmmakers are going for. If *The Incredibles* showcased the promise of animated superhero action, then *Big Hero 6* takes it to a new level. When each of the heroes uses their abilities against the main villain, the scale and choreography of the fights rivals the work done by Marvel's *The Avengers*.

The star of the film, though, is Baymax. This lovable, yet surprisingly lethal sidekick will join the pantheon of great cinema robots. Several sequences involving Baymax's lack of understanding regarding human interaction and loss of battery power had audiences falling out of their seats laughing. One continuous joke around fist bumping will become steeped in pop culture.



www.comicvine.com

What keeps this film from best-of-the-year quality is the basic story and the time spent on supporting characters. The narrative is serviceable and has a worthwhile message about forgiveness and acceptance, but any seasoned moviegoer will know the beats of the story after the first 15 minutes. The lack of time for the supporting cast is more disappointing. Hiro's team are well designed and have fun personalities, but you don't learn enough about them to really care during the

finale. The same goes for the villain who, while cool looking, doesn't get much to do.

While *Big Hero 6* won't join the pantheon of excellence that Pixar has achieved, it's still a great time at the theatre. The visuals are eye-catching, the voice acting warming, the action is heart-pounding and Baymax is awesome ... something-ing. I give this flick four out of five hilarious fist bumps.

★★★★☆

CROSSWORD

Across

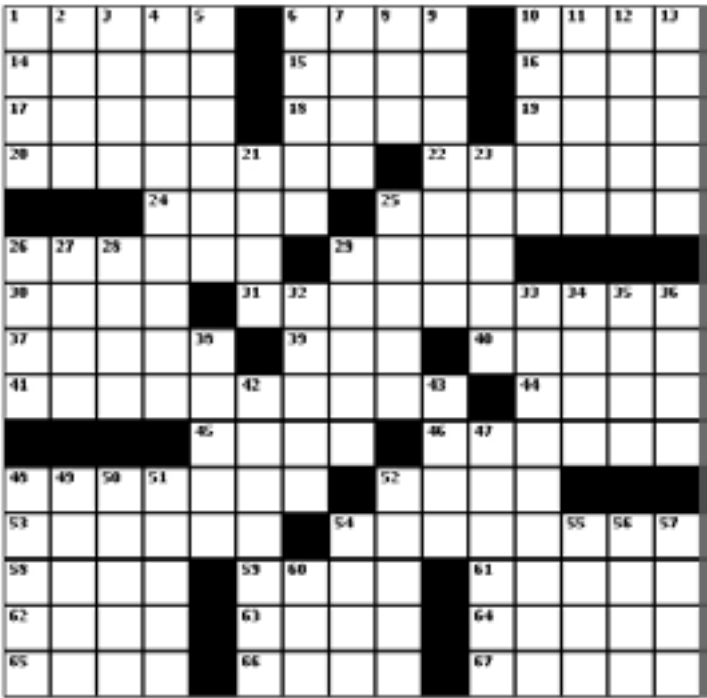
- 1- Had in mind
- 6- Light ____
- 11- Roadie's burden
- 14- Defense covering
- 15- Rich cake
- 16- Cry ____ River
- 17- Concert venue
- 18- One who arrives tardy
- 20- AOL alternative
- 21- Fellow
- 23- Minimal
- 24- Little bits
- 26- Thicket
- 28- Gasoline
- 30- Thick-skinned charger
- 31- One on slopes
- 32- Buy alternative
- 33- Actress Joanne
- 36- Meets with
- 37- Alpaca's cousin
- 38- "Gentlemen Prefer Blondes" author
- 39- NFL scores
- 40- Freedom from war
- 41- Temporary stop
- 42- Person of exceptional

- holiness
- 43- One who belongs to a group
- 44- Dirty rat
- 47- Unit of weight in gemstones
- 48- Syrian president
- 49- Sworn thing
- 50- D-Day craft
- 53- Having long antennae
- 56- Shed ____
- 58- Bar order
- 59- Au contraire!
- 60- Dated
- 61- ____ Rosenkavalier
- 62- Boarded
- 63- Actress Spacek;

Down

- 1- Polite address
- 2- Makes a boo-boo
- 3- Courtesies
- 4- The French word for "no"
- 5- Farm vehicle
- 6- World book
- 7- Work up lather
- 8- This was produced by Van Gogh, for example

- 9- Mineral suffix
- 10- Lean back
- 11- Capital of Jordan
- 12- 1980s attorney general
- 13- Social gathering
- 19- Vintner's prefix
- 22- Actor Linden
- 25- Raw materials
- 26- Disgrace
- 27- Galileo's birthplace
- 28- Attention-getter
- 29- Barely managed, with "out"
- 30- Hit back, perhaps
- 32- Grassy plain
- 33- Certainly
- 34- "Titanic" heroine
- 35- Manipulator
- 37- Hula hoops?
- 38- Buddhist monk
- 40- Something added unnecessarily
- 41- Possibly
- 42- Glitch
- 43- Floor covering
- 44- Cobb, e.g.
- 45- ____ Mio



- 46- Moore's TV boss
- 47- Ecclesiastical rule
- 49- Estimator's phrase
- 51- Impudence
- 52- Deuce topper
- 54- Dove sound
- 55- Baseball's Mel
- 57- Mai ____

Puzzles provided by BestCrosswords.com (http://www.bestcrosswords.com). Used with permission.

SOLUTION
Page 27

THROWBACK THURSDAY

Christmas memories

By JOSH RYAN

The frenzy for Christmas shopping has already hit the streets of Edmonton.

Families, couples and individuals are all rushing around to find the best deal on everything from electronics to cooking gear. Yet, what's awesome about Christmas is not the money we save on video games and clothes but the activities we enjoy with family and friends. Through all the stress and frustrations that often come with preparing for the holidays, certain moments and certain ventures always bring joy. Everyone has their own traditions during the holidays, from opening presents to family reunions, so I thought I would share some of my own to get NAIT in the festive spirit.

Outdoor hockey: At some point during the break, my brother and I make it out to the pond or local rink for some shinny. In Cochrane, the creek at the bottom of the valley was the closest spot but when we moved to Camrose there was a freshly shovelled pond with multiple makeshift rinks. The only negative was anytime you missed going for the crossbar, your puck would vanish into a small forest of weeds. True Canadiana.

Light-show safari: In Cochrane, the family used to drive around town either on the 23rd or Christmas Eve checking out neighbourhood Christmas lights. There was an annual competition for the best display and a couple homes in our suburb competed every year. One house had more lights and decorations than a five-star hotel in New York City.



thehockeywriters.com

Eggnog: My family doesn't much care for eggnog. I, however, make up for their lack of consumption.

Video game marathon: Whenever my brother and I came home from post-secondary, we'd spend a fair chunk of our time playing through the story mode of video games. The usual suspects were *Donkey Kong Country*, *Lord of the Rings* and *Halo*. By year three, we had basically choreographed our way through the *Halo* trilogy.

Movie time with the Muppets: Everyone has certain Christmas classics they watch every year. There's the Rankin/Bass Rudolph cartoon, the Grinch cartoon, *Elf* and many more. One work, however, that

is common in many households is Charles Dickens *A Christmas Carol*. There are many different interpretations but the one my family and I still watch at Christmas time is *The Muppet Christmas Carol*. The most timeless Christmas tales of all time plus the Muppets equals awesome.

Movie time with John McClane: My mom and sisters still argue every year that *Die Hard* is not a Christmas movie. But they're wrong.

Gift opening: Since we were kids, my siblings and I have opened one or two gifts Christmas Eve, then open the rest in the morning. Just a couple of unwrappings to whet our appetites before the main

course in the morning. I figure one reason this started was my parents were sick of us peeking at or inside gifts for days in advance. Another was the resulting decreased rambunctiousness of my brother and me during the night after opening one or two gifts.

Those are just a few of things that my family and I enjoy during the Christmas season. I hope that this made you chuckle and perhaps even brought back some memories.

What are some of your Christmas traditions? Tweet at NAIT NewsWatch with the hashtag #NAITXMAS.

Happy Holidays, everyone.

DIY works for beauty, too

By MARIA TAGLIENTE

One thing that I've been extremely good at is teaching myself how to do things. When you go to a company for a specific service, you are paying for the goods that they used, plus their time.

But we live in a time where you can ultimately learn how to do everything with a couple swishes with your mouse and a couple presses on your keyboard. Google is quite an amazing thing; it literally has everything. Things that in the past you would need to go to school for and spend countless hours learning (and paying tuition) is right there at your fingertips. Of course, I'm not saying don't go to school and get your diploma or degree anymore because we have Google but for some subjects, I feel it's more enjoyable to learn yourself.

I personally come from a family where we find joy and save some money in turning things that have been collecting dust into useful daily items.

I, for example, taught myself how

to do acrylic nails. Normally you would have to take a monthly course at whatever school in the city and learn how the chemicals work and what each tool does but everything, and I mean everything, is on YouTube. For me to be a complete girl who gets excited every time I step foot into a Sephora, most of these examples are going to be beauty/hair/fashion related.

Another example is home made beauty solutions, whether it be a face mask, hair mask, exfoliate etc. There are thousands of websites dedicated to just those topics

alone. Recently I realized that my lips were a tad chapped (thanks, winter) so instead of spending \$10 on a lip scrub at Lush that will last me about three weeks, I got to the Internet and found a recipe.

All it took was brown or white sugar, olive oil, some vanilla extract and a container. Mix them all together and you have your very own lip scrub and an extra \$10 in your pocket to spend on lunch in the Common Market or on an overpriced coffee.

Something else that might come as useful to some is a glove that you can use on any

touch screen. Since normal gloves don't work on smartphones and the only way to send a text while waiting for the bus in minus 30 weather on a Monday morning is to take your mittens off. It's tempting to fork over the \$40 for screen working mittens but, if you're like me and you'd rather use that \$40 on something more useful, do what I do: buy one of those 80 cent gloves you can find at any Wal-Mart or Superstore, put them on and make an indent and slight cut in the fabric where the centre of your index and thumb finger are. This way, you'll be able to slip your finger out of that slit you just made and proceed to scroll (or text) your life away without having to sacrifice the warmth of the rest of your fingers and hand.

Of course there are many, and I mean many, different types of DIYs (do it yourselves) on the world wide web, and you can learn ultimately everything on Google. So for broke students out there, don't take living in the 21st Century for granted.



lovelifiediy.wordpress.com



CONNOR O'DONOVAN

What would you like for Christmas?



"Pokemon Blue."

Adam
Interior Design



"A pony."

Katherine
Radio and Television



"Carton of smokes."

Kyle
Industrial Heavy
Equipment Technology



"An Oilers win."

Meghan
Business



"Oilers victory."

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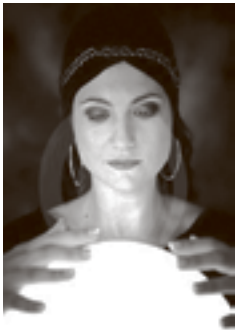
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THE NUGGET PRESENTS:
HOROSCOPES



MADAME O

December 4-10
(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Sagittarius (Nov. 22-Dec. 21)
Christmas shopping makes you busy these days. Treat yourself to a little gift of your own! You're generous to others, so you deserve some shiny and new things!

Capricorn (Dec. 22-Jan. 19)
Money is tight during holiday season. Instead of spending a lot on gifts, try and find things you can make for people. They'll appreciate your kindness and your wallet will

appreciate the savings. It's always safe to help people.

Aquarius (Jan. 20-Feb. 18)
Spend more time with your family and friends. You're a bit lazy lately. Make some calls to your buddies and get off the couch, just talk to people and you'll find there is more opportunities in the world than you think.

Pisces (Feb. 19-March 20)
Are you feeling a little lost? Look for a new hobby or an activity that you can be passionate about this New Year, you'll feel much better knowing that you have something to apply yourself to!

Aries (March 21-April 19)
This week you need to apologize to someone and make things right. Everyone makes mistakes, so face it and move on. Sometimes problem is not solved just because the lack of communication.

Taurus (April 20-May 20)
Feeling romantic? Take your MR/MISS right you've had your eye on for a long time on a date, winter is the perfect time to have a nice talk by the fire and you've got a romantic event happening this week!

Gemini (May 21-June 21)
Holiday food is a little too much for you. Stay away from the chocolates and cupcakes and have some fruit and vegetables instead, otherwise your New Year's resolution is going to be spending a lot more time in the gym.

Cancer (June 22-July 22)
You have had too much stress recently, take some time by yourself to clear your head. Go to the gym, take a long, warm bath or watch a movie or hang out with your close friends will do you good.

Leo (July 23-Aug. 22)
Can't believe you're still missing summer, Leo. Start searching what you want to do this winter and set some dates for things you want to do. Snowboarding with your buddies? Mention it now so no one can back out at the last minute.

Virgo (Aug. 23-Sept. 22)
Stop eating so much fast food. Cooking by yourself is as easy as falling off a log. Look online for easy DIY recipes and try to make at least make one thing this week, you'll be impressed by yourself.

Libra (Sept. 23-Oct. 22)
The coffees you buy every day is eating up your wallet. Try to put a coffee maker on your Christmas wish-list and start making coffee at home. You'll save a lot by making those double doubles by yourself.

Scorpio (Oct. 23-Nov. 21)
Do you like being treated badly by the person you're seeing? No? Well then why are you still sticking around? Open your eyes and then you will realize you can do way better, and move on, life is brilliant.

SUPPORT UNITED WAY ATTEND AN EVENT

DATE	TIME	EVENT	LOCATION
Nov. 6, 13, 20, 27	12:00 PM - 1:00 PM	50/50 Raffle Sales	Purchase tickets in front of Common Market
Nov. 17 - 21	Various	Fitness Classes	E134 (sign up)
Nov. 17 - 21	All Day	Education Challenge Silent Auction	Online
Nov. 18	All Day	Toonie Tuesday	NAIT Cafeterias
Nov. 20	8:30 AM - 11:30 AM	Poverty Simulation	Boyle Street Plaza
Nov. 20	10:30 AM - 1:00 PM	Chili Lunch	Blue Plate - Common Market
Nov. 21	10:30 AM - 1:00 PM	Artisan Bread Sale	South Lobby
Nov. 26	8:00 AM - 2:00 PM	Computer Monitor Sale	South Lobby
Nov. 27	11:00 AM - 1:00 PM	Day of Caring	Operation Friendship Seniors Society

For full event details, please visit nait.ca/unitedway

WE SUPPORT

EVERYDAY HEROES

Who to call?

- Academic and personal concerns** – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.
- Health insurance coverage** – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 28 if you have alternate coverage.
- Housing** – Online housing registry at www.rentingspaces.ca
- Injury, minor medical concerns** – Health and Safety Services, 780-471-8733, Room O-119.
- NAIT Security** – 7477.
- Part-time campus jobs/volunteering** – Go to www.naitsa.ca under “Get involved.”
- Program-related concerns** – Contact Program Chair or Program Adviser.
- Scholarships, bursaries** – Student Awards Office, 780-491-3056, Room O-101.
- Special needs students** – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.
- Student loans, grants** – Financial Aid Office, 780-491-3056, Room O-111.
- Tutoring** – The Tutor Centre in Room A-133 (main campus) offers free assistance with math, physics and chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A). Peer Tutors – Sign up online to get or to be a tutor by e-mailing tutor@nait.ca. Cost is approximately \$15/hour.

Three courses

By CHARLIE ZHAO

Twenty four teams of NAIT Culinary students competed in the 16th annual Toque Demagney competition over the weekend (Nov. 15 and 16), which called for the creation of three-course meals to showcase their expertise and creativity.

It's a great experience for the students, who are judged by local culinary experts and also get a chance to win up to \$3,500 in prize money.

Holly-Anne Holt and her team were ranked No. 1 in the contest.

"I chose to study Culinary Arts because I wanted to learn about something I enjoy," Holt said.

She really enjoyed cooking during her spare time and she also practised hard during her Culinary Arts courses in NAIT.

"We practised a lot," she said when asked how her team came to win the competition.

"Most of all, we had a solid plan at the beginning of the contest and kept the menu fairly simple," she said.

"We stuck to classic cooking techniques rather than trying to create food we are not familiar with. I believe that's the spirit of cooking and that's basically the reason why we won the contest: I kept to what I knew I could execute and we stayed calm and stuck to the plan."

Not all of the work was done in the kitchen.



Facebook

Holly-Anne Holt

"The challenge isn't making good food, it's organizing your day so you can execute your dishes," she said.

"Time management is important. It's all about organization and communication."

For Holly, studying culinary arts is all about memories.

"I love when food brings back memories and this is why I have so much interest in culinary arts and my enthusiasm is not

fading."

"I think my teammate and competitors all worked very hard and did great. All the competitors created some amazing dishes. Great job, everyone!"

Christmas Bureau of Edmonton

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christmasbureau.ca/volunteer
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Strathcona County Transit: Call 780-464-7433 or www.strathcona.ca

IMPORTANT:

- Ensure you have your valid U-Pass with you when travelling on transit.
- If you do not have your U-Pass, please pay the regular fare.
- U-Pass is non-transferable.



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Nintendo 3DS is the best

By GERVASE BRANCH-ALLEN

In 2011, the Nintendo 3DS released with a mundane lineup of launch titles. There were a few hits like *Super Street Fighter IV: 3D Edition*, and *Pilotwings Resort* but most of the titles left gamers unimpressed. Following those months, many people felt the 3DS was destined to fail.

Games like *The Legend of Zelda: Ocarina of Time 3D* and *Star Fox 64 3D* released to keep gamers interested but these were remakes of classic titles and, while positively received, they didn't satisfy everyone.

Then *Super Mario 3D Land* and *Mario Kart 7* came out during the holiday season and blew everyone away. *Super Mario 3D Land* featured the classic Mario gameplay in a 3D environment for the first time since *Super Mario 64 3D* on the Nintendo DS (another remake). *Mario Kart 7* brought the popular craziness of the hit racing series with new abilities, items, characters, tracks and online communities. All the doubters had to admit that the 3DS had two popular titles for its owners and the fun didn't stop there.

In 2012, hit titles like *Kid Icarus: Uprising*, *New Super Mario Bros. 2*, and *Paper Mario: Sticker Star* released. The sales of these games proved the 3DS wasn't going anywhere.

In 2013, Nintendo had a slew of best-selling titles such as *Fire Emblem: Awakening*,

ing, *Luigi's Mansion: Dark Moon*, *Lego City Undercover: The Chase Begins*, *Donkey Kong Country Returns 3D*, *Animal Crossing: New Leaf*, *Pokémon: X and Y*, and *The Legend of Zelda: A Link Between Worlds*.

Practically every 3DS owner had a game they wanted to get at that point. The 3DS was on fire!

In 2014, a drought hit the system. While a few anticipated titles released, such as *Kirby: Triple Deluxe*, *Tomodachi Life*, *Mario Golf: World Tour*, and *Pokémon: Alpha Sapphire & Omega Ruby*, this lineup paled in comparison to 2013's releases. Save for one title. The extremely anticipated first handheld instalment of the *Super Smash Bros* series!

Super Smash Bros for Nintendo 3DS saved the system for 2014. With over 40 characters of fan-favourites (Mario, Donkey Kong, Samus, Kirby), newcomers (Villager, *Wii Fit Trainer*, *Lucina*, *Greninja*), and third party characters (*Sonic*, *Mega Man*, *Pac-Man*), this instalment gave gamers hours of entertainment and fun on the go. With the ability to connect to the *Wii U* version, players could use the 3DS as a controller.

The 3DS has had many updates with the new extra-sized 3DS XL, the kid friendly 2DS, and the upcoming more powerful New 3DS. New figurines titled amiibo will have connections to the New

3DS so gamers connect the figures to their games, and receive additional connect. For players with the original 3DS, a peripheral device is in the works for 2015.

Many hit third-party titles have been released for the system, including *Sonic Generations*, *Kingdom Hearts 3D: Dream Drop Distance*, *Project X Zone*, *Professor Layton vs. Phoenix Wright: Ace Attorney*, *Monster Hunter 3 Ultimate*, and *Persona Q: Shadow of the Labyrinth*.

Digital titles have also impressed many 3DS gamers including *Pushmo*, *Mighty Switch Force!*, *Mutant Mudds*, *Dillon's Rolling Western*, *HarmoKnight*, *Colors! 3D*, *Shovel Knight*, *VVVVVV*, and *Steel Diver: Sub Wars*.

All in all, the 3DS has a beautiful future ahead of it. Announced 2015 titles include *Code Name: S.T.E.A.M.*, *Fossil Fighters: Frontier*, and *The Legend of Zelda: Majora's Mask 3D*. While the low number of titles is worrying, the 3DS is bound to have more announced games on its hands and hopefully the *Wii U* will succeed with its expansive lineup of titles next year. Nintendo, release a new *Metroid* and *F-Zero* game, already!



CRAZIEST NIGHT OUT

I got home!

By CONNOR HOOD

Most of the contributors who write about their craziest night out, it was at a club, party, or a bar. For me, it happened right here at NAIT, at the Students' Associations awards banquet.

That's right, the night the editors of the paper were honoured for our hard work over the past year, I got sloshed. What do you expect when there is free wine on each table? You expect me not to drink it all? Not to mention the free drink tickets handed out at the door. It was like they were asking me to get drunk and I happily obliged.

The night started out like most award banquets, with long, dull speeches about the school, the staff and I don't remember what else. I was too busy popping the cork on my first bottle of red wine and plotting to steal the second. The first problem I encountered was a clear lack of drinking buddies as it was an important night, after all. My solution – drink enough for everyone else. After receiving our *Nugget* awards, it was time to let loose. Second problem – our first bottle of wine was done, and so were the drink tickets. So steal wine off of other peoples tables when they weren't looking? You bet!

If you know me, you know that when I drink, I like to dance. I'm not exactly a good dancer, I'm actually pretty awful but with enough creative juices in me, it was time to hit the dance floor. It really didn't help having a Michael Buble cover band at the event, cause that's my jam. Whoever was sitting at our table quickly turned into my dance partner. It didn't matter if it was our current EIC Gabby, my co-sports editor Bridgette or even Issues editor Krysta. It also didn't matter if it was one of Buble's upbeat songs or a slow dance. I was groovin'. And like I said, being well over six feet and having size 13 feet, I'm not exactly graceful on the dance floor, especially with the majority of two bottles of wine in me. But it didn't matter.

After my second bottle of wine vanished, it was time for the third. I'm sure you all know what that means. Lights out. Blackout drunk. Flashes of drinking, dancing and posing in the photo booth with the others editors is the last thing I remember. Do I know how I got home from NAIT? Nope. Do I care? Nope. All that matters is that I got home.

But man, that night was a blast and it sure gave the editors something to talk about at our next meeting.

CROSSWORD SOLUTION

1	M	2	E	3	A	4	N	5	T		6	A	7	S	8	A	9	I	10	R		11	A	12	M	13	P
14	A	R	M	O	R					15	T	O	R	T	E						16	M	E	A			
17	A	R	E	N	A					18	L	A	T	E	C		19	O	M	E	R						
20	M	S	N			21	C	H	A	P						23	L	E	A	S	T						
			24	I	25	O	T	A	S			26	S	27	P	I	N	N	E	Y							
28	P	29	E	T	R	O	L			30	R	H	I	N	O												
31	S	K	I	E	R					32	L	E	A	S	E			33	D	34	R	35	U				
36	S	E	E	S				37	L	L	A	M	A			38	L	O	O	S							
39	T	D	S			40	P	E	A	C	E				41	P	A	U	S	E							
					42	S	A	I	N	T					43	M	E	M	B	E	R						
44	S	45	O	46	A	N	D	S	O			47	C	A	R	A	T										
48	A	S	S	A	D					49	O	A	T	H			50	L	51	S	52	T					
53	L	O	N	G	I	54	C	55	O	R	N				56	A	57	T	E	A	R						
58	A	L	E			59	N	O	T	S	O				60	P	A	S	S	E							
61	D	E	R			62	G	O	T	O	N				63	S	I	S	S	Y							

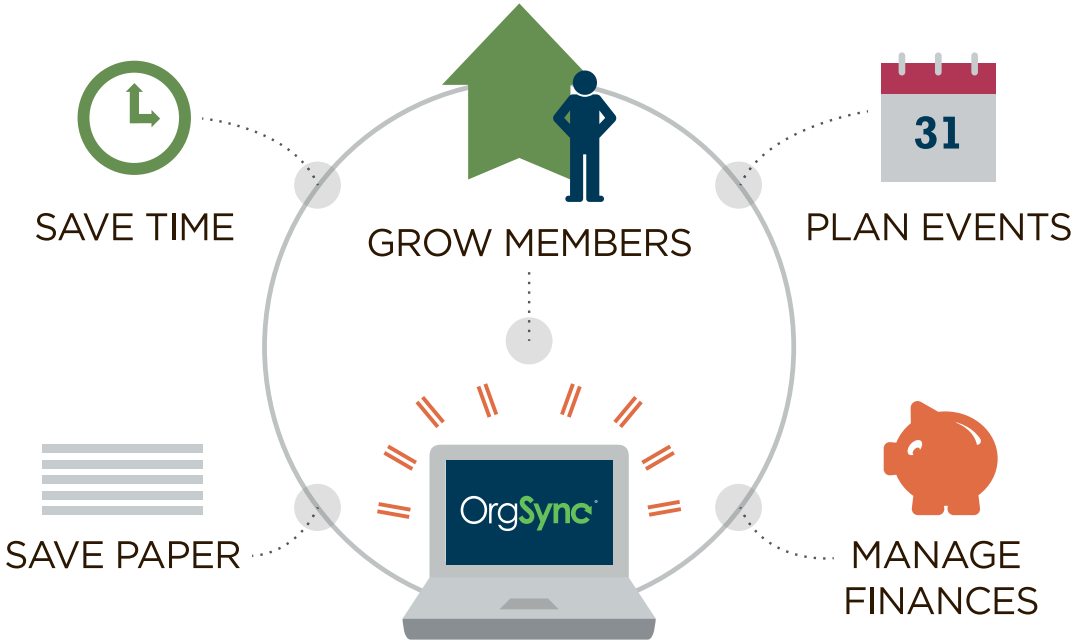
WHAT'S GOING ON AROUND CAMPUS

WEEKLY CLUB MEETINGS

WHAT	WHEN	WHERE
IntoNAITion Toastmasters	Every Monday from Sept. 15, 2014 -April 20, 2015	Room X-111
Aboriginal Students	Every 2 weeks on Wednesday's from Oct 1-Dec 24	Room H-111

UPCOMING CLUB EVENTS

WHO	WHAT	WHEN	WHERE
Toastmasters	Leadership Institute & Club Officer Training	Dec. 6 7:30am-4:30pm	Shaw Theatre (& additional room tbd)
RT2016	Take a Breather with VR Meditation	Nov. 24-Dec. 5 12:00pm-1:30pm	HP Centre Pedway
CETSC	Clothing Drive	Nov. 24-Mar.25 2015 All Day	NAIT Campus Wide Donation Boxes
ASC	Xmas Movie Night	Dec. 7 1:00pm-7:30pm	Shaw Theatre



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Room E-125, NAIT Main Campus
780.471.8457 | 780.471.8871
naitsa.ca/clubs

Check out the Clubs Website for other
upcoming Important Clubs Dates.