

## V BEGINNING Nugget 2014 – fresh faces and ideas, see inside





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If you're afraid

to do something,

do it anyway

know what could

happen.



**KRYSTA MARTELL Issues Editor** @tweetsbvkrvsta

Change is happening all the time - this year we have experienced everything from electing a brand new mayor to the closure of the Edmonton City Centre Airport, Change is also happening here at the Nugget. As part of a brand new team of amazing editors, I am excited to take on the role as Issues editor. It is a big shoe to fill but I am up for the challenge and will try my best to continue making this

#### paper an even better one.

So you're probably wondering who this person is? Well, let me tell you. I am previously a NAIT grad; I took Digital and Interactive Media Design (now Digital Media

and IT) back in 2006. I learned so much about the world of creative design that I fell in love with it. I graduated in 2008 with because you never a major in video production and a minor in graphic design.

Over the next four

years, I was employed as a graphic designer, web designer, video editor, videographer, administrative assistant, programming co-ordinator and a production assistant on several films. All of these were great opportunities but I found there was something missing from my life. I have always had a passion for the broadcast one day make that a reality.

As I began my research, I decided to bite the bullet and make a life changing decision and apply to the Radio and Tele-

> vision program. After months of waiting, I got my acceptance letter to enroll for the January 2013 term (I bet you can imagine what my reaction was!) I was ecstatic! The whole reason why I didn't apply to the Radio and

Television program sooner was because I thought I wouldn't be accepted due to how competitive the program is. Words of wisdom: If you're afraid to do something, do it anyway because you never know what could happen.

I was chosen out of hundreds of other people who applied and I am grateful

news industry and it became my dream to every day because of it. In my first semester, some of the Nugget staff came into our class looking for writers. I was interested but never went to a meeting because I thought I wasn't a good enough writer. It wasn't until my second semester that I started writing sports articles for the paper. I quite enjoyed it and continued to write them for the entire semester.

> Then two months ago, I heard there was an opening for an Issues editor for this upcoming term. I never thought of myself as an editor but only just a writer. I was interested to take a chance. In a matter of 45 minutes, I became the next Issues editor and now here we are!

> My experience at the Nugget has been nothing but positive and has greatly improved my writing. I look forward to working with my other editors and keeping you all informed about what's happening on campus and in the community.

#### FACES ON CAMPUS

#### **By WHITNEY FOX**

Heather Maynard, 24, is starting her fourth semester in Mechanical Engineering Technology (MET). From Edmonton, she's been attending NAIT since the winter of 2011 However when she started she had no notion of studying MET.

"I originally came back to school to pull wrenches. I wanted to do my automotive pre-employment program," she said

But when she applied, Maynard discovered that she didn't have the math grades from high school, so she enrolled in the Academic Upgrading program.

After coming out of high school with the lowest math possible to graduate, Maynard did a bit of a flip. When she upgraded her Math 10 and achieved 98 per cent, she began to rethink her options.

"I was like, 'I'm kind of having fun with this.' So I decided to just continue on and I upgraded all of my physics and mathematics and I just decided to apply for this program because it was geared towards what I was interested in."

Maynard was interested in MET because it appealed to her interest in mechanical components as well as her background in the arts and design.

"And then it had more math and more physics, which is what I was enjoying," she added.

Even after what Maynard described as the most challenging semester of her program, she's still enjoying not only the math, but also other aspects.

"I think I like the application of designing mechanical components while also learning some of the background in other aspects of science like fluid mechanics," she said.

Since Maynard spoke to the Nugget during final exam season, she was feeling a modicum of stress about the workload but generally, she stayed positive.

"My profs are all amazing people; most of the information that I'm learning is useful.'

There are a wide variety of roles that MET takes on in industry, from technologists to operations management and with only one semester left until she graduates in the spring, Maynard has started thinking about which direction she wants to go. She has surprised herself by developing an interest in drafting.

"The money's not as good - eventually I would like to get into design. But it's a pyramid thing. How many people does it take to design a product versus how many people does it take to manufacture it?

Maynard is also somewhat interested in working in a machine shop, not only for the drafting opportunities but would like to "just get back to getting [her] hands dirty again."

MET is considered a non-traditional program. Out of over 100 students in Maynard's intake, there are currently only three women, providing a unique

element to her experience. "It is very male-dominated with generic stuff: jokes, attitudes, that sort of thing. But it's also good because it keeps some of the guys in line with some of the things that they say."

She's not worried about the men, though

"It's not like there's going to be less of an equal opportunity for us at the end. If not there's going to be more because women need to be around."

Outside of the program, Maynard has a few key interests. She hopes to spend some time snowboarding this winter; she loves cats and still enjoys sketching.

When the slopes thaw and the roads clear, she'll likely get back on her motorcycle. As a final thought before the break, Maynard said she enjoys "reading books that have nothing to do with engineering.'



#### **NEWS & FEATURES**

## STUDENTS'

**By KRYSTA MARTELL Entertainment Editor** @tweetsbvkrvsta

FACES ON CAMPUS

There are so many great things that the NAIT Students' Association does for the students and student government plays a big part in that. As president of NAITSA, Jonathan Bilodeau is a name that students should be aware of. I took some time to sit down with him for an interview so the student body can get to know him.

#### **Ongoing studies**

Bilodeau has been at NAIT since January 2011. He graduated with honours with a diploma from the Accounting program and is now working towards finishing his BBA in finance. Before coming to NAIT, Bilodeau attended the U of A and Grant MacEwan for business studies. He really enjoys the community at NAIT and the connection to the students that the Students' Association offers.

"NAITSA is a bar. restaurant. newspaper, student government, event planning and a club centre all meshed into one," he said

#### **Multiple duties**

Bilodeau's duties range every day from helping move chairs all the way up to negotiating million-dollar contracts with government officials. Before taking on the president's role, he spent a year serving the student body as VP Student Services. This gave him a feel for what NAIT is like and afterwards he decided he wanted a more serious, bigger role and that has put him where he is today. He really enjoys what he does but knows he can't do it forever. He likes mentoring, coaching and managing people and helping them succeed and grow.

Something that Bilodeau is really proud of is last year being part of the team that helped negotiate the U-Pass contract from

# **busy president**

#### Jonathan Bilodeau

"\$170 per student down to \$147.50 per student," saving over \$10 million for students across Edmonton

This year he is also heavily involved with the Alberta Students' Executive Council (ASEC), which is a provincial student lobbying group that influences policy and which is now advocating to the provincial government on NAIT's behalf.

Bilodeau has another year left at NAIT and then plans on doing his Masters degree in Business. Once he completes that, he will be out starting his career, buying a house and starting a family at the same time. In his spare time he likes to spend time with his fiancée, play soccer and study for school.

Photo by Krysta Marte

To all of the new and returning students. he said: "Congratulations on making a decision to better yourselves. Get engaged, work hard, build your network and have fun.

"These should be the most memorable and impactful years of your life. Have a great semester and good luck."

## **FACES ON CAMPUS** e way from England

#### **By BAILLIE SCHEETZ**

Ewan Robinson is an 18-year-old international student who moved from the UK in August 2013 and began studies at NAIT in September. Ewan is from a small town 140 km miles west of London called Carne (a few scenes from the Harry Potter films were shot nearby)

Robinson arrived in Edmonton on Aug. 27 and only a few days later found out that he was accepted into the Chemical Engineering Technology program at NAIT. So far, he said that he is really enjoying Edmonton and NAIT, though he does admit that Edmonton is very different than Carne.

The weather, of course, is something that has stood out as the most drastic change.

"It snows more in a day here than it does in an entire winter back home," he noted.

Robinson struggled a bit with driving in Edmonton at first because it's driving on the opposite side of the road for him but he was excited to report that he has been accident free this winter and hopes to stay that way.

When Robinson isn't "revising" hard for chemical engineering, he enjoys going out with his new Edmonton friends. So far he is impressed with the Edmonton nightlife and likes both Whyte and Jasper avenues.

Something I could not ignore was asking Robinson how people have reacted to his very thick English accent. He and I both agreed that it would definitely be a big advantage with the ladies but he said that at

times people's obsession with hearing him talk can get a little bit overwhelming.

When asked about the popular UK band One Direction, Robinson didn't have great things to say. He referred to One Direction as "The UK's Justin Bieber" and also said that he didn't know any of the band members' names

Robinson likes sports and played a lot of rugby and football (soccer) back in the UK, but has never ice-skated before. Hockey is something he wants to try now that he is in Edmonton

Ewan Robinson is an international student at NAIT with an awesome story. If you see him in the halls, be sure to say "cheers."



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The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

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#### We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more 100 words. Submit than your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.

#### **NEWS & FEATURES**

# When small is big

#### By KRYSTA MARTELL @tweetsbykrysta

The Nugget recently sat down with James Gospodyn, associate chair, Nanotechnology Systems, to find out about him and his duties at NAIT.

**Nugget:** What is Nanotechnology?

**Gospodyn:** "Nanotechnology is the science and engineering of very small things. It's used all over the place and the engineering is done on an atomic scale or just above an atomic scale. People use it in all kinds of applications from health care to computers to consumer products like sports equipment, bicycles and tennis rackets. One of the largest companies in the world that uses nanotechnology is L'Oreal cosmetics."

N: I read that NAIT is the first institution in Canada to offer a diploma in nanotechnology. How was the program implemented?

**G:** "We are the first to offer a two-year diploma program. There are a number of universities that offer streams in either engineering or sciences that offer nanotechnology but we're the first diploma program. We started accepting our first students in September of 2010. I have two sets of grads out there and another set that's soon to finish."

**N:** What kind of jobs can you get when you graduate?

G: "The students that are graduating get jobs in pretty diverse areas. We actually have two graduates working here at NAIT where they are working on applied research projects. At NAIT we have the nanocarts, which is an applied research centre and they help small companies develop prototypes for devices that they want to commercialize. One of the projects they are doing right now is a laser-based system that detects nano parts for pollution monitoring. Some other companies that hire our grads are Quantiam. Jet Lube. NINT: which is the National Institute of Nanotechnology. Weatherford and other grads have gone on to BTech and get their masters or bachelors degrees."

**N:** Where do you see the industry going?

**G:** "Hard to say. In Alberta, we obviously have oil and gas. One company has censors that are used to search for new oil. Companies in Alberta have lab-on-achip censors that can be used to sense illnesses in cattle and provide antibiotics to the cattle that need it. There are tons of health

care applications. There are nano particles to treat cancer or lab-ona-chip to diagnose disease; it is much cheaper, quicker and more efficient."

**N:** How long have you been working at NAIT?

**G:** "I've been here for almost seven years. I started in 2007 in the instrumentation department but my background is in nanotechnology so this program was a natural fit when it first started up."

**N:** What's your educational background?

G: "I have a PhD in nano structure and films from the U of A. My staff have a combination of industry experience and grad school experience. We have a pretty diverse crew of people with backgrounds in chemistry, engineering, physics and electrical engineering."

**N:** What is something you are most proud of?

**G:** "I'm pretty proud of this program and the quality of the students that we produce and of the people I work with."

**N:** What do you enjoy the most about your job?

G: "It always seems like there is something new. When you're dealing with students, there are



#### James Gospodyn

always new things you learn when you're interacting with them. Everyone has different experiences and you learn about what their experiences are."

N: What are your job duties? G: "Partly I teach. I am the associate chair so I do a reduced

teaching load like most leaders in

the institute, coaching staff, doing administration duties, sorting out scheduling and helping out with the budget."

**N:** What do you do in your spare time?

"I play a lot of tennis year round. I curl, play video games and play with my son."

# Women in trades a priority

#### **By WHITNEY FOX**

The Nugget recently sat down with Stephie Fuhrer, head of the Women in Technology Trades Program (WITT) and a student engagement facilitator, to find out about her and her duties at NAIT.

NAIT prides itself on providing students with an education that makes them ready for the workforce. However, no matter how well trained NAIT students are when they head out to find employment, demands aren't always met. With the economy in Alberta booming as it is, although the quality might be there, the quantity continues to be an issue.

One approach is to double the number of people getting the training.

That's where Women in Technology and Trades (WITT) comes in, along with its leader, Stephie Fuhrer.

"We support the women in our school to be successful in their program as well as out in their career," Fuhrer says.

WITT offers support to women in "non-traditional" programs. "That means any program that has less than 30 per cent female enrolment," she said.

This includes most of the trades and the engineering and information technologies.

To provide this support, Fuhrer coordinates a number of activities throughout the year, including monthly lunches for women in WITT programs so they can network and find encouragement from fellow students. There is also a seminar each October to celebrate women's history month, which includes guest speakers, networking functions and, of course, lunch.

"It's been really successful," said Fuhrer. "Last year was the second year, so we're going on planning number three."

Fuhrer also co-ordinates a speaker series through WITT. Over the past few years the series has included astronaut Roberta Bondar and renowned entrepreneur Arlene Dickinson of CBC's *The Dragon's Den*, amongst other prominent women in industry.

The second aim of WITT is to recruit younger girls into these non-traditional fields.

To do this, Fuhrer has formed partnerships, including one with the Aboriginal Centre at NAIT and with Don Stewart, NAIT's high school partnership co-ordinator.

"We try to arrange different events to attract younger girls from high school and junior high to get them interested in some of those events."

WITT has also partnered with the School of Information, Communication and Engineering Technologies (SICET).

"Each year they host an engineering night for the Pathfinders, Rangers and Girl Guides and we sponsor that."

At these events, there are demonstrations on everything from gaming in the Digital Media and Information Technologies program to pneumatics in Materials Management.

"So they get exposed to all kinds of different things and it's a good opportunity for them to learn about NAIT," said Fuhrer. "And hopefully they'll come back."

The demand for women in the workplace has taken a more concrete form. For instance,

Shell Canada has a mandate that involves having at least 30 per cent female representation across the board. Fuhrer hopes to utilize these sorts of initiatives in industry to gain assistance.

"The WITT program doesn't have a lot of funding so we're looking for partners in the industry," she said.

If funding can be secured, Fuhrer would like to form a two-way mentorship program for women. Women at NAIT would mentor younger girls and women in industry would mentor NAIT students.

Although supported by an advisory committee, Fuhrer is basically responsible for WITT. Her main role at NAIT is student engagement with apprenticeship students. In this position she organizes study skills workshops, orientations and other related tasks. Although very busy, Fuhrer still looks forward to expanding WITT in the future.

"It's a great program. It's growing a lot in the past three years, it's been doing really well and getting lots more women coming out every time."

# Being an everyday hero

#### By KRYSTA MARTELL Issues Editor @tweetsbykrysta

The Nugget recently sat down with Nicole Rose, alumni relations officer and 2013

Family Campaign chair, to find out about her and her duties at NAIT.

"Be an everyday hero" was the slogan for this year's NAIT Family Campaign. Students would have been aware of it if they



**Nicole Rose** 

Photo by Krysta Martell

saw the eye-catching posters around campus or took part in one of the many events throughout the month of November. With all proceeds benefiting the United Way, the individual who made all of it possible is Nicole Rose. When I was thinking about who I wanted to feature, I knew she had to be one of them.

Rose graduated from the Marketing program in 2003. During her last semester she was called into the dean's office to interview for a job. Of the 10 students who interviewed, two lucky people got the job and she was one of them. She started working at NAIT in 2005 in the institutional research department doing environmental scans. Despite how completely different it was from marketing, it was still a good opportunity. From there she transferred into the Department of Advancement doing research on fundraising for donors and looking into how to get new donors for NAIT. From there she switched into the role she is currently in, which is the alumni relations officer where she oversees all the alumni relations programming at NAIT. Nicole has been at NAIT for 10 years and as you can see she has accomplished a lot in her time here. She enjoys the fact that her job is different all the time

She has been able to do so many different things and gain many more skills.

"It's just what I was prepared for when I came out of school from the Marketing program; the opportunity for growth and learning so many things," Rose says.

She spends a lot of her time coming up with different marketing promotions, plans

for contests and things like convocation for new grads. So watch out for a convocation contest this year!

Nicole has been the chair of the United Way Family Campaign for five years. After falling into her department's responsibilities, the role was just assigned to her. Since taking it on, she has learned a lot about the United Way and it remains very dear to her heart as she believes in the work that they do. Her responsibilities are co-ordinating all the events, finding volunteers, getting all the creative and marketing ready, working with the communications and marketing department for that, setting up volunteer opportunities and training and keeping staff updated on results throughout the campaign.

"What I enjoyed the most about it is knowing that I am helping to raise money for a good cause. I get to work with all sorts of good people on campus that I normally wouldn't," Rose says.

At the end of the campaign, they raised over \$71,000 with a couple more thousand still to come. For her role in the campaign, Nicole has been nominated twice for employee chair of the year through the United Way spirit awards. She appreciates the nomination as United Way recognizes the work she has done for them.

In her spare time Rose teaches hula-hoop classes at NAIT and she invites you to check out her website at rosehiphoopdance.com. She also really loves yoga, learning about new healthy foods and spending time with her husband, puppy and friends.

# Spreading the money around

#### By KRYSTA MARTELL Issues Editor @tweetsbvkrvsta

The Nugget recently sat down with April Grindheim, scholarships and bursaries co-ordinator with the Department of Advancement, to find out about her and her duties at NAIT.

**Nugget:** How long have you been working at NAIT?

**Grindheim:** "I have worked here for just over 10 years."

N: What do you like the most about your job?

**G:** "I enjoy working with the wide variety of students that NAIT has."

**N:** What is the most challenging thing about your job?

**G:** "The most challenging thing is making sure that the students are aware of the scholarships and bursaries opportunities that are available to them."

**N:** What is your educational background? How did you get to where you are today? **G:** "I graduated from the University of Lethbridge and afterwards I travelled for a couple of years. I moved back to Edmonton where I worked with Capital Region Housing Corporation, which does all the funding for low-income housing, affordable housing and subsidies. From there an opportunity opened up at NAIT for this position. It was a really good fit for me as my background is working with people who have financial difficulty."

N: What are your job duties?

**G:** "I'm the co-ordinator for the scholarships and bursaries programs. I work with our donors and help them set up scholarships and bursaries. I also work with the students to make sure they are applying for them."

N: What kind of scholarships can students apply for?

**G**: "We do two types; we do scholarships, which are based on academic marks, and bursaries, where we look more into the students' financial needs and not necessarily their academic achievement. However, most of the bursaries do require satisfactory academic achievement. There are also a good variety of awards that students can apply for and we have them available for those doing their certificates, diplomas, degrees, apprenticeship and academic upgrading."

N: What do the scholarships range from? G: "It's a big range right now. The lower end would be \$250 all the way up to \$5,000."

**N:** How will the donation from Sureway benefit those selected programs?

**G:** "The vice president of Sureway Construction is a NAIT alumnus. He graduated in the 1970s from the Civil Engineering program and he really wanted to give back to NAIT and help out other students. They are offering eight bursaries worth \$2,500 each, so it's going to be a great assistance to those in financial need."

**N:** What has the response been like?

**G:** "Our application numbers in general are up. Since this is the first time we are offering them, we have received a good response from the applicants for the Sureway Construction bursaries. When we did the gift announcement we got really positive feedback from the program, Sureway Construction and the students."

**N:** Who is your role model?

G: "The people that I see as role models are the ones who have struggles in their life and don't see them as obstacles but more as something that will make them a stronger person. People with those types of personalities who work through those obstacles and achieve what they have set out to do I find to be really inspirational."

**N:** What is something you're most proud of?

G: "In the last year one of our goals was to get our application numbers up. From last year we have increased our application numbers by 20 per cent for scholarships and bursaries. That means more students are benefiting from our program."

**N:** What do you do in your spare time?

**G:** "In my spare time I like hanging out with my husband, being outside and walking my dog, reading and doing my old lady crafts of knitting and crocheting."

#### **NEWS & FEATURES**

## <sup>FACES ON CAMPUS</sup> <sup>4</sup>Messing around around with engine designs'

#### **By WHITNEY FOX**

The Nugget recently sat down with Ross Taylor, an instructor in Computer Engineering Technology, to find out about him and his duties at NAIT.

Ross Taylor has been "messing with engine designs since 1973."

Not to give anything away but he was in his early teens at the time. So when many of us were just hanging out with friends, listening to music and staying connected electronically for most of our teens, Taylor was looking at rotary engines and thinking that they were a good idea but that they needed work.

Since then, designing a more efficient internal combustion engine based on a rotary system has been something of a hobby for Taylor's entire life. That is until recently.

#### **Reciprocating concept**

In 2003, Taylor recognized a key issue with rotary engines and decided to take what he'd been working on for 30 years and convert it into a reciprocating concept that would eliminate the issue but maintain the efficiency. This was one of the first turns that led to where he's at now.

Even with this new idea, the project was still on a back burner until 2009, at which time the project took on new life.

"It would sit on a shelf for five or 10 years and then I would go, 'Oh wait a second.' And I'd get going again," he said.

Taylor is a busy guy. Not only is he a full-time Computer Engineering Technology instructor at NAIT (a position that includes writing course packs and online materials) but he is also a farmer and volunteers as a pastor for a small church that he started with his wife. And then there's all of the self-training that he has done in order to make his project come to life.

For instance, his mechanical engineering training has come from a mixture of growing up on a farm where he would "tear everything apart" and picking the brains of his colleagues at NAIT.

"NAIT is a great place to do something like this because you've got everybody with all different backgrounds. Not only are they providing me with the funding but all of the expertise. It's just an amazing place to work in that way."

Of course, Taylor didn't always have these resources available.

"To begin with, I was doing all of this stuff by hand on paper. All of the calculations and stuff I originally did by hand until I started programming in some of the early languages."

But now, funding from novaNAIT grants enables him and a variety of NAIT staff members to assist with anything from thermal and finite element analysis to the actual manufacturing of the components and the project is really progressing.

That said, Taylor has encountered some frustration with the actual manufacturability of the next prototype. Even with the challenges, he wishes to continue to design an engine that is not only 125 per cent more efficient than existing V8 engines but also as easy or easier to build. As Taylor explained, "Let's take a little more time and do it right rather than just make something that proves a point."

#### Work ethic

This work ethic must be one of the leading attributes that drives Taylor's work and it's not just him, as his family is nothing to sneeze at either. He's very proud of his two daughters and their three doctorates between them, as well as his eight-monthold grandson.

Meanwhile, his wife helped to spearhead the charter school movement in the 1990s and is now helping to run the farm and their church while taking on their county over the potential annexation of their land.

Perhaps, if Taylor's design finds investment from a major automotive company or something to that effect, he will let himself relax with his grandson but based on his activities thus far, the odds of him not working any more seem pretty slim.



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# <u>OPINION</u>

#### — Editorial —

# Learning as we g



#### **CARLY ROBINSON Editor-In-Chief**

The constant change over of staff at the *Nugget* has both its benefits and its downfalls. The fact that the student body here at NAIT is typically on campus for less than two years means that chances are the student editorial staff will be changing at a rapid pace.

As was the case with the former editor in chief, Nicole Murphy, I will only be here for one year. One year can either be a lot of time or none at all, depending what you do with it. My goal as editor-in-chief of the *Nugget* is to better the paper as much as I can and to get as much of the student body involved as possible.

So be warned, students of NAIT, the *Nugget* is here to make an impact. You may find yourself a loyal reader by the end of this year. No matter if the written press is on the decline, this student paper is not going down without a fight.

#### Where else?

Where else can the students of NAIT voice their opinions and be heard? Where else can we find out about issues that truly impact us? The issues that we live through every single day here at NAIT, be it the future of the City Centre Airport land, the placement of coffee lids outside of cafeteria lines or the lack of student microwaves, we are going to explore and record as much of what happens at NAIT as we can.

Not only will we continue to function as a fully operative student press but also will engage with students in every way possible. You may find yourself being approached by an editor at lunch or following the Nugget on Twitter. You may even find yourself on one of the pages of the paper or even coming to one of our Tuesday lunch meetings (there is free food)

So this is the positive about constant change. This passion that I have will not die out in the next year. Before I even have the chance to get in a rut I will be finished my program and out in the working world.

#### My first failure

Since finding my editing team, my first task was to decide on a cover picture for our first issue. In an attempt to push the limits and create something fun and eye catching, I ended up having my first failure as an editor.

The theme: Comfort and fun in pajamas. The outcome? Parading the editing team through the Spartan Centre at lunch time in onesies. There were some laughs, some awkward glances and some people deciding to snap cellphone pics of us. The fact that the team was willing to go along with my crazy plan and nervously laugh with me

speaks volumes about their character.

Even though the picture did not turn out quite as planned (see below) and we did manage to organize a classier re-shoot for the cover photo, this picture ended up being a very valuable lesson. It was my

first failure as editor-in-chief, and it taught me a lot. It helped me to realize that no matter how great my ideas may seem, in reality they may not turn out as planned. That is why it's better to do as much as possible in advance and be ready to try again.



The photo that didn't make the cut.

## — Letters — The push that helped me

When I dropped out of my nursing program after only three days, I wondered if my rash decision was worth it. I had disappointed my parents once again, lost my student loan and lost all of my friends who went to the same campus as I.

The stress of this last minute decision was the last straw of personal struggles; so my health declined and I had a seizure. While I was admitted to the hospital, I watched as the paramedics took great care of their patients as they rolled them into the ER. I had always dreamed of becoming a paramedic or a police officer but all my peers in high school told me that I would never make it. They told me I never had the guts or the strength to accomplish my dream so I settled for something that my family would be happy with. I settled. Nursing was fine, but it wasn't "me."

My dream was simple; I want to help others so I dropped out of nursing school, gained 20 pounds and enrolled at NAIT in the EMR program. Once I started the program, I was still unsure of my future.

Then I met my main instructors. Mike Gamble and Geoffrey Spence are some of the most encouraging, funny and inspiring teachers I've ever had. They are incredibly professional and I would very much enjoy working with them once my education is complete. Because of them, I didn't simply "pass," I excelled. They encouraged "hands-on-learning" and were always there after class to answer my silly questions.

I have now obtained my EMR certificate, I am moving on to my EMT training and looking forward to an exciting career as a paramedic. You never forget the ones who encouraged you to keep on going, even though you felt like giving up. When I will look back at the ones who helped me at the very beginning, I wish to be working beside them.

# PORTS Let the games begin!



**BRIDGETTE TSANG Sports Editor** 

This is the part where I'm supposed to introduce myself to you and it's supposed to be really interesting. Well, I'm not going to write myself off just yet but I figured you might be bored reading an article about me talking about me. So instead, I'm going to turn the attention to you and ask you questions. Yes, you! And you're probably thinking, "Geez, you're weird." And you would be correct! We're off to a good start here.

Now, let's get right to the hard-hitting questions. First, what's your favourite colour? That's a hard one, isn't it? Whenever someone asks me what my favourite colour is, I always tend to say something different every time, which is weird in itself but it does say a lot about you. Whatever colour you chose this time around, good choice!

pathic or just a scary-good mind reader (I'm really not good at both, seriously), but you're probably also wondering to it. Some people choose their birth "why in the world

is a sports editor asking me these questions?"

Well, I know a lot of people who are so influenced by their sports teams that the colour they choose reflects the colours of their favourite team. For instance. I'm a huge fan of the Pittsburgh Penguins. Therefore, my favourite colours are black and

gold (not quite yellow, like the Wiz song). I would tell you the story of how I met the Penguins team but it would probably be too long to write it all out on this one. But it's a good tease, nonetheless.

Alright, let's get to another question now. Hmm, here's a good one what's your favourite/lucky number?

I don't want to sound like I'm tele- Again, another hard one. I'm not much of a math person but I think the number you chose has a reason or purpose

> year, while others choose a number that best represents them. Some may choose the number that their favourite athlete wears on his jersey every game. And for that, I chose No. 87. No. it's not NFL player Eric Decker. Nor is it MLB player Matt Holliday. You can

probably guess who it is, based on my favourite team. You're right! It's Sid the Kid's (aka Sidney Crosby) iconic number. See, you're pretty good at reading minds. too!

Although I don't play hockey, Crosby inspires me through his leadership skills and resilience on the ice. And honestly,

#### New editors and a new semester of athletics

who could forget that golden goal? I'm sure everyone remembers where they were at that moment! Although I didn't play hockey growing up, I still find lots of things about Crosby's game that inspires and motivates me to do better in life. I think any athlete or anyone in general has someone whom they look up to. It's all part of the circle of life! (Oh. and by that reference. my all-time favourite movie is The Lion King, by the way).

And lastly, what's your name? I like to leave the best and easiest for the last. Some people like to be called by their nickname. while others just like a shorter version of their name and the rest just like their usual name. It's the same with athletes and their nicknames. Unfortunately for this one, I can't really say a different name each time someone asks me this. People would be so confused! Especially if they ask you twice, and each time you say a different name. Awkward ... it's one of those questions that gets me every time.

I feel like I'm forgetting something here ..

Oh, right. Hi, my name is Bridgette. Or you can call me Bridge for short. It's a long name, nine letters, two syllables - quite lengthy!

## Don't sweat the small stuff

[a career] that

didn't have

something to do

with sports.

CRASEY

**Favourite number** 



**CONNOR HOOD** Sports Editor @connorhood27

With the new year comes a new semester, new classes, new faces and a new Nugget editorial staff. As we wish the past editors success in the next step of their lives, we welcome the new crop, including myself as the new Sports editor. Not only is Sports getting a facelift, but so is Issues and Entertainment. We have a new editorin-chief and a new online editor. With the new title of Sports editor comes the standard introduction column, so here goes.

I have been a huge sports fanatic for as long as I can remember. From playing hockey since I was four, to wearing the typical sports themed clothes, I'm as

much a sports fan as they come. Growing up, I played every sport I could fit into my busy schedule - hockey, baseball, soccer, basketball, tennis and golf. Even though I played everything, hockey was by far my favourite. I started playing when I was four, rotating positions before finding that I just couldn't get enough of goalie, so I made the switch to the crease. I'll be honest, I wasn't the greatest but it was my passion for the game that made me stick I couldn't imagine

with it till my junior days were over last year. My second favourite sport was baseball,

which I also played for the majority of my child-

hood. For a kid who loved to travel, baseball was a dream, travelling with the team to tournaments all over the province, playing four games a day and making sure we stayed in the hotel with the best pool was what made playing baseball so great. Winning was also a bonus, which we did but the experience of playing was something I'll never forget and it's this passion for sports that I hope to bring to the Nugget this year.

Growing up in a sports mad family sure fed into my love of it. If you didn't watch the most recent game or didn't know who was traded, you were an outsider. You couldn't be a casual fan in my household. You had to be addicted, always wanting more and still not having enough. And that's what my life revolved around, even into high school when it was time to start thinking about a career. I couldn't imagine

one that didn't have something to do with sports. My dad always told me to chase my dreams, to not let things like money or what people think tell you what you can or can't do

and I took that to heart. It was one of the biggest things swirling in my head when I applied for the Radio and Television Program here at NAIT. The world always needs more doctors and teachers but it's not every day that you get the chance to chase your dreams and hopefully become a sports broadcaster.

When Lauren Fink approached me about the possibility of being an editor for the *Nugget*, it was just something I

couldn't pass up. It's as if working for the Edmonton Public Library all through high school finally paid off, as I can use the skills I learned from EPL and apply them to my work with the Nugget. The experience I will gain from this opportunity is immeasurable. Writing for the Nugget, editing, talking with students, athletes and coaches is an experience I hope to carry with me past school and into my professional career. I also hope to take with me as well the friendships and relationships I will make during this time, as the people I am working with now are going to be future co-workers and bosses and you can never know too many people in the media industry.

My goal is to enjoy my time here at NAIT and with the Nugget, to not worry about the small details and have fun. We are students, after all, and why not try to do our best but also to have a blast. Lastly, I would like to thank all the past editors for the guidance and expertise they gave to us new editors and wish them nothing but success in whatever is next for them, whether it's more schooling or a start into the workforce.







**SOMETHING DISTINCTLY CANADIAN** International students get hands-on experience curling on Monday, Sept. 6 at the Avonair Curling Club during International Student Orientation Day. The event is designed to give the students an authentic Canadian experience while helping build friendships. NAIT staff was on hand to provide the students with curling tips. More than 200 international students are expected to start at NAIT this month.

Photos by Jesse Kushneryk

#### FACES ON CAMPUS

# A career to remember

#### **By BRIDGETTE TSANG**

Leanne Kadatz is a familiar name at NAIT. She was captain of the Ooks women's soccer team for five years and led the Ooks to back-to-back ACAC titles, as well as three consecutive CCAA (Canadian Collegiate Athletic Association) national championship medals. She was also named NAIT's female athlete of the year in 2012-13 and was recently chosen as the CCAA Women's Soccer Player of the Year.

However, it's her personality that shines brighter than her soccer skills on the field.

Her accomplishments on the field are only just one of her many talents. She also plays hockey and she is an Animal Health technologist.

Let's get to know Leanne.

Can you talk about being named CCAA's Women Soccer Player of the Year?

"It was pretty awesome. Just knowing that I accomplished that in my fifth year is exciting. The team was happy and I was happy, so it was good!"

What inspired you to play soccer?

"I grew up playing soccer. I've played since I was four or five and I've just grown to love the sport. And I'm super competitive, so college soccer is just so much fun."

What was your favourite thing about playing for NAIT?

FACES ON CAMPUS

"The team; the coaches and players. It was such a fun time! Soccer is such a short season, so you spend a lot of time with the same girls and really get to know them and get really close with them. It's just fun seeing them pretty much seven days a week."

What are some things you like to do in your spare time?

"I also play other women's soccer. I also play hockey. I work full time. I watch a lot of TV and movies. I'm addicted to Sons of Anarchy right now"

What's on your playlist right now?

"I have the most random music ever! I just downloaded some Imagine Dragons, Christina Aguilera, Taylor Swift. I like country too!"

All-time favourite meal: Fresh pizza! Pizza 73 cheese pizza!

Facebook or Twitter:

"Probably Twitter."

**Celebrity crush:** 

Hmm ... There's always David Beckham. Ryan Reynolds is one of my favourites. Rvan Gosling, also,

A person who would play you in a movie:

"I have no idea! I've never thought about that!"

Funniest person you know:

Everyone's funny! People laugh at my



Although her time at NAIT has come to an end, the legacy she has left behind will be hard to beat. Leanne Kadatz has definitely left her mark on the field and she will always be a proud Ook.

#### **Guard Yonas Berhe** leads the Ooks basketball team in scoring

**By CONNOR HOOD** @connorhood27

The NAIT men's basketball team has had its fair share of changes over the past year. The team currently has five first-year players, two second-year players, as well as a new head coach hired for the start of the season

With all the changes that have taken place, there has been one constant with the team and that has been fifth-year guard Yonas Berhe. Not only has he been an important veteran for the Ooks, he also leads the team in points and assists per game. His strong play has led to the Ooks boasting an 8-2 record at the halfway point of the season, good for second in the Northern Conference. With their strong play, Berhe is quick to praise his teammates for the start he has had to the year.

"Our guys have made it a lot easier for me this year," said Berhe. "My teammates are making my job easier and making it easier for me to make shots."

always easy and comes with its challenges. Learning new plays, creating new chemistry and finding a rhythm has been some-

Shooting for the top

thing the team has been focusing on in the first half. Despite the drastic turnover, Berhe faces the challenges head on and thrives in the leadership role he has been given.

"Sometimes it's tough," he said.

"Some guys don't pick up on things as fast as you want but it's a good challenge. I prepare for every game and I enjoy playing with my teammates."

The Ooks have started the season on a hot streak, largely due to the play of Berhe, forward Chris Nep-

Having such a new look to a team isn't tune and post Daniel Edwards. After losing two of the first three games, the team won seven in a row heading into the mid-season Christmas break. Hav-

Tim Horton's order:

**Dogs or cats:** 

Medium French vanilla; a third coffee.

I love both! I'm more of a dog person,

but I do love cats. I just go mauled by a cat,

iokes!

ing winning streaks of this length in any sport is important but it doesn't always mean there isn't room for improvement Berhe feels that the good first half can be all but forgotten if they don't keep up the same play after the break

"When we come back in January we definitely want to pick up the pace in our practices. We want to be more efficient and play better defence. We want to improve in every aspect of our game."

As well as basketball, Berhe grew up, like most Canadian kids, playing more than one sport but time soon told him that basketball was the game best suited for

him "There was just something about basketball," said Berhe. "Once I got to a certain age I had to choose one thing and this was the one thing that I loved."

Berhe is currently in the Millwork and Carpentry Program and is in his fifth year of studies. His goals are to eventually end up in the carpentry or the real-estate industry but he hasn't ruled out trying his hand at pro basketball.

"A lot of people have been telling me that I should give playing pro basketball a chance," said Berhe. "But I just want to enjoy playing right now."

Berhe and the Ooks basketball team have 10 games left on the schedule after the break, with their first coming on Jan. 11 against their division rivals to the south at SAIT.



**Yonas Berhe** 

Leanne Kadatz actually."

## FACES ON CAMPUS Spreading the word.

#### **By BRIDGETTE TSANG**

NAIT is one of many universities and colleges that broadcast their games on sportscanada.tv a website that provides fans with the opportunity to watch their favourite amateur sports in Canada. Ooks' home games can be streamed online from the website and Ooks' hockey home games are aired on the school's radio station. nr92.com

Andy MacIver is the Athletics and Recreation programmer at NAIT. He is in charge of all the game-day activities and special events that go on for staff and students. He says that broadcasting NAIT games has been a huge success and he looks to continue and expand the broadcasts.

"We've been broadcasting on SportsCanada TV since 2010. We were one of the first colleges to get on board and start broadcasting," he said.

The website was first founded in 2009 in BC to broadcast local amateur sports. Since then, the website has expanded to 16 different sports and over 50 universities and colleges who broadcast their home games throughout the country and beyond, giving Canadian athletes even more exposure.

Lucas Anders is one of the commentators on Ooks broadcasts,

FACES ON CAMPUS

along with his broadcast partner Stephan Sutcliffe. They started to do play-by-play for the Ooks hockey games in September and enjoy every minute of it.

Stephan and I actually approached Andy about this opportunity. We were both really interested and we asked and we were able to get the opportunity because we both have backgrounds in radio and television."

Anders and Sutcliffe are both in NAIT's Radio and Television program and, like many NAIT students, they were fans of the Ooks before any of this happened.

"There's just so much excitement and when you're doing playby-play you get to bring the audience into the action. I grew up idolizing people like Rod Phillips (630 Ched). His famous line was 'he shoots, he scores!'

"It's like an adrenaline rush when you get really excited and geared up for goals," Anders said. "It's almost like you get to do the analysis of the game with a friend, essentially. Stephan and I talked about it a number of times – this is a dream come true for us because we grew up idolizing the Ooks. And now, being able to call Ooks games, it's just fantastic!"

And many viewers and listeners are noticing their excitement for the games in their broadcasts.

"We've had a few people roll up to the booth and just say 'we love what you guys do and keep the good work up', "Anders said.

"It's always a really great thing when you're vindicated with your audience saying 'we appreciate what you do and you bring a lot,' because a lot of these people who listen to the broadcast are people who maybe don't have access to the game in terms of distance. Loved ones want to hear how their son or brother is doing. For us to be able to bring that excitement into their homes, it's fantastic!"

Other than NAIT, schools such as Grant MacEwan, SAIT, Red Deer College, Briercrest, Medicine Hat College and Concordia also broadcast hockey games. The website also streams basketball, volleyball, rugby, football, ringette, fast pitch and soccer games from across the nation.

MacIver said it's a win-win situation

"It's a good way for our institute (NAIT) to branch out and a lot of athletes who don't have family that live around here, it's a good chance for them to watch their game online. Also, they get to archive the games, so coaches are able to go online and see all the games and study the game afterwards," he said.

But for those elsewhere in Can-



#### **Andy Maclver**

ada, it is something special.

"I distinctly remember a lady rolling up when she was coming up to compliment us, saying 'our relatives in BC listen, they love it and it's fantastic!

"It's always a good thing to hear that when you're broadcasting," Anders said

New cameras have been

the Saints, being sent back

to Spruce Grove before the

Being sent down

wasn't the only chal-

wrist injuries, limiting his

games with the Saints and

"The injuries I had

installed to bring viewers a better view of Ooks' games. Along with the state of the art camera equipment, new graphics will be implemented in the broadcast to further enhance the viewer's experience and excitement for the games.

Be sure to catch all the games on sportscanada.tv when the Ooks return to play this month.

## eading the scoring charge

#### By CONNOR HOOD @connorhood27

NAIT Emergency Management student Joshua Lazowski isn't a stranger to hockey and he brings his wealth of experience to the Ooks men's team.

Lazowski has played at a high level of hockey throughout his career, making stops all over the province and even in Seattle with the Western Hockey League's Seattle Thunderbirds. Lazowski is now in his second year with the Ooks, leading the team in goals and points through the first 16 games. Not only has he caught fire but so has the rest of the team which has won seven in a row

However, the recent success of the team wasn't without struggles early on.

"Scoring goals early in the season was by far our biggest weakness," said Lazowski.

"I think our defensive systems were pretty good but offensively, we keep having to find ways to score."

The offensive struggles seem to be a thing of the past, as the Ooks have outscored opponrent winning streak, vaulting them into third place in the ACAC standings and one point back of SAIT for first place. Lazowski's play has been significant to the Ooks' success, as his 12 goals and 25 points not only lead the team but are also good for second place in the conference This isn't the first time

ents 39-7 during the cur-

Lazowski has played well during his hockey career. He started his junior career with the Spruce Grove Saints of the AJHL, after

playing with the AAA Oil Kings in his home town of Leduc. Lazowski then made stops in Seattle of the WHL and with the Edmonton Oil Kings. He played a total of 49 games for the Oil Kings during a two-year stretch, tallying 36 points. He split his playing time dur-



Josh Lazowski

really set me back and take a long time to heal," said Lazowski. "Not only physically but also mentally, trying to regroup from them."

Oil Kings.

After his junior days, Lazowski had to think about the future, not only where he wanted to play, but also about school. Ooks head coach Serge Lajoie was the first to contact Lazowski and convinced him NAIT was where he wanted to be.

"I wanted to keep playing hockey," said Lazowski of his decision to join the Ooks.

"I talked with Serge and he had a lot of good things to say and good offers for me."

This is his second season with the team, after helping them win the ACAC championship in his first season.

After having a good start to his collegiate playing career, Lazowski looked to continue that play into his second season.

"Personally, I think I have done pretty well but I still have more that I can bring," said Lazowski of his play.

"I'm hoping that we can get to where we want to go in the second half."

Despite his strong start to the season, he still sees room to improve. As for what's next, he wants to focus on school, where his goal is to eventually get into Fire Services, but as for hockey, winning another championship for the Ooks would be icing on the cake.

## **ACAC Standings**

#### **MEN'S HOCKEY**

Team	GP	W	RW	L	OTL.	TIE	GF	GA	Pts
SAIT	17	12	12	3	0	2	80	42	26
Red Deer	18	13	11	5	0	0	65	39	26
NAIT	16	12	12	3	1	0	70	25	25
Augustana	17	9	9	4	1	3	67	43	22
MacEwan	15	8	8	7	0	0	61	53	16
Concordia	17	7	6	9	1	0	55	68	15
Portage	16	6	6	9	0	1	48	66	13
Keyano	17	3	3	14	1	0	45	68	7
Briercrest	18	3	3	15	0	0	36	120	6
RESULTS									
	I	No	ven	nbe	er 29				
NAIT 9, Concordia 2									
Keyano 2, SAIT 1									
Portage 6, Briercrest 2									
Red Deer 2, Augustana 1 (OT)									
November 30									
NAIT 7, Concordia 2									
SAIT 5, Keyano 1									
Portage 7, Briercrest 5									
Au	igus	sta	na 6	, F	led D	ee	r 3		
۱۸/	WOMEN'S HOCKEY								

WOMEN'S HOCKEY									
Team GP W RW L OTLTIE GF GAPts									
NAIT 9	96	6	1	1	1	22	14	14	
MacEwan 1	06	5	3	0	1	24	20	13	
Red Deer 9	) 4	4	5	0	0	19	14	8	
SAIT 1	02	2	8	0	0	19	36	4	
	I	RES	UL	rs					
November 28									
NAIT 3, Red Deer 1									
November 29									
				Deer					
1				SAIT	1				
		oven							
e e	SAIT	5, N	lacl	Ewan	3				
MEN	-		-						
Team	Div	GP	Div	Inte	rDi	v W	L	Pts	
Red Deer	S	10	3	5	5	8	1	13	
NAIT	Ν	10	5		3	8	2	11	
Briercrest	S	10	4	3	3	7	3	10	
Lethbridge	S	9	3	3	3	6	3	9	
MacEwan	Ν	10	5	2		7	3	9	
Grande Prairi	e N	11	3	3	3	6	5	9	
Medicine Hat	S	10	4	2	2	6	4	8	
Keyano	Ν	11	4	2	2	6	5	8	
Lakeland	Ν	11	2	3	3	5	6	8	
Concordia	Ν	9	3	2	2	5	4	7	
St. Mary's	S	11	3	2	2	5	6	7	
Augustana	Ν	11	2	1	1	3	8	4	
SAIT	S	10	1	1	1	2	8	3	
King's	Ν	10	2	(	)	8	2		
Olds	S	10	0	(	)	0	10	0	
Wins versus	divis	iona	loi	non	ent	s wi	ll re	sult	

Wins versus divisional opponents will result in 1 point. Wins versus interdivisional opponents will result in 2 points in the standings. RESULTS

November 28 Lakeland 89, Concordia 70 November 29 NAIT 101, Olds 64 Briercrest 92, St. Mary's 85 MacEwan 81, King's 68 Keyano 68, Augustana 64 Red Deer 82, Medicine Hat 66 November 30 Briercrest 97, St. Mary's 64 Keyano 83, Augustana 73 (OT) Medicine Hat 120, Red Deer 114 Concordia 91, Lakeland 72 MacEwan 64, King's 53

WOME	N'S	5 B	A	SKETE	3A	L	_
Team	Div	GP	Div	InterDiv	W	L	Pts
MacEwan	Ν	10	5	4	9	1	13
Augustana	Ν	11	7	3	10	1	13
Lethbridge	S	9	4	4	8	1	12
NAIT	Ν	10	4	4	8	2	12
Grande Prairie	Ν	11	5	3	8	3	11
Medicine Hat	S	10	6	2	8	2	10
Lakeland	Ν	11	3	3	6	5	9
Red Deer	S	10	3	2	5	5	7
Keyano	Ν	11	1	3	4	7	7
SAIT	S	10	2	2	4	6	6
Concordia	Ν	9	1	1	2	7	3
Briercrest	S	10	2	0	2	8	2
Olds	S	10	2	0	2	8	2
King's	Ν	11	0	1	1	10	2
St. Mary's	S	11	0	0	0	11	0
Wins versus di	visio	onal	opp	onents v	vill	resi	ılt
in 1 point. Win							

nents will result in 2 points in the standings. RESULTS

November 28 Lakeland 61, Concordia 44 November 29 NAIT 76, Olds 41 Briercrest 67, St. Mary's 27 MacEwan 100, King's 35

Augustana 72, Keyano 45 Medicine Hat 53, Red Deer 41 November 30

Briercrest 67, St. Mary's 44 Keyano 71, Augustana 69 (OT) Medicine Hat 62, Red Deer 55 Concordia 82, Lakeland 76 MacEwan 84, King's 41

#### MEN'S VOLLEYBALL

MEN 5 VOLLET DALL							
Dľ	V Team	MP	MW	ML	GW	GL	%
S	Red Deer	8	8	0	24	0	1.00
Ν	MacEwan	10	9	1	28	7	.900
S	SAIT	7	5	2	16	10	.714
S	Medicine Ha	at 10	7	3	22	15	.700
S	Augustana	8	5	3	18	10	.625
Ν	NAIT	8	5	3	17	12	.625
S	Briercrest	10	5	5	22	21	.500
Ν	Keyano	10	4	6	16	20	.400
Ν	Gr. Prairie	10	4	6	16	22	.400
Ν	Lakeland	10	3	7	13	24	.300
Ν	King's	8	2	6	10	18	.250
Ν	Concordia	10	2	8	8	26	.200
S	Olds	9	0	9	2	27	.000
S	Lethbridge	0	0	0	0	0	.000
No	Note: All games vs Lethbridge do not						ot
со	unt in the st	tandi	ngs				
Ra	Rankings based on winning percentage						age
	RESULTS						
	١	love	mbe	r 29			
	MacEwan 3, Concordia 0						
	(25-	14, 2	5-14,	, 25-	19)		
	Keyano	93, G	arand	e Pr	airie	1	

(25-23, 25-20, 17-25, 25-21) Red Deer 3, Lakeland 0 (25-15, 25-17, 25-20) November 30 MacEwan 3, Concordia 0 (25-15, 25-15, 25-12) Augustana 3, Olds 0 (25-16, 25-17, 25-14) Grande Prairie 3, Keyano 1 (25-23, 25-13, 20-25, 25-23) Red Deer 3, Lakeland 0 (26-24, 25-20, 25-20)

#### WOMEN'S VOLLEYBALL

MP MW ML GW GLPts DIV Team S Red Deer 10 10 0 30 3 20 N Gr. Prairie 27 14 16 10 8 2

S Olds	9	7	2	21	10	14	
N MacEwan	10	7	3	26	10	14	
N NAIT	10	7	3	23	16	14	
S Briercrest	10	7	3	23	17	14	
N Lakeland	10	6	4	22	16	12	
S Augustana	10	6	4	20	18	12	
N King's	10	5	5	16	15	10	
S SAIT	9	3	6	16	20	6	
S Lethbridge	10	3	7	12	24	6	
N Keyano	10	0	10	12	30	0	
N Concordia	10	0	10	4	30	0	
S Medicine Ha	t 10	0	10	1	30	0	
	RES	ULT	S				
1	lover	nbei	r <b>29</b>				
MacEv	wan 3	, Coi	ncor	dia 0			
(25-	13, 25	5-16,	25-2	23)			
Grande	Prair	ie 3,	Keya	ano	1		
(25-16,	25-27	, 25-	-19, 2	25-1	4)		
Red [	Deer 3	3, Lal	kelar	nd 0			
(25-2	20, 25	5-20,	25-2	22)			
1	(25-20, 25-20, 25-22) <b>November 30</b>						
MacEv	MacEwan 3, Concordia 0						
(25-16, 25-11, 25-16)							
Olds 3, Augustana 1							
(21-25, 25-20, 25-20, 25-20)							
Grande Prairie 3, Keyano 0							
(25-21, 25-16, 25-14)							
· ·	Deer 3			'			
	12, 25						
(20-	12,20	, <u>~</u> 20,	20-	0)			

C	URLING
	MEN
Team	Fall Regional
NAIT	4-0
Augustana	3-1
Portage	3-1
MacEwan	3-2
Lakeland	3-2
Grande Prairie	2-2
Olds	2-3
Red Deer	0-4
Concordia	0-5
	WOMEN
NAIT	3-1
Augustana	3-1
Grande Prairie	3-1
MacEwan	3-2
Lakeland	3-2
Red Deer	2-2
Olds	2-3
Concordia	1-5
Portage	0-4
	MIXED
NAIT	3-1
Olds	3-1
Lakeland	2-2
Augustana	2-2
Portage	0-4





February 27 - March 1, 2014

NAIT, Edm

**BHE** 

CCAA CACBC

# Looking for another title

#### By BRIDGETTE TSANG

If you have ever attended a women's hockey game at NAIT Arena, you've probably seen Jill Diachuk make some unbelievable stops in net for the Ooks but aside from those stops, there is nothing that can stop her from having a good laugh or cracking joke after joke with her teammates. Currently entering her fourth year as a proud Ook, Jill is considered a veteran in the locker room but if you ask any of her teammates, she is anything but intimidating.

Jill's light-hearted and down-to-earth personality isn't hard to get out of her. Especially when it comes to the team's annual skills competition, where she and her divided team dawned minion-looks and were proudly named Team Minion.

But aside from all the laughs, Jill knows that hockey takes a lot of focus and commitment. She has even reached out to former NAIT Ooks goaltender and Olympic gold medallist Shannon Szabados for advice.

Currently in her final year in the Business program, Jill is hoping to backstop her way to another ACAC championship title for the women's team to finish her already decorated college hockey career.

Can you talk about your season so far with the Ooks?

"So far this season has been kind of a wild one. We have a lot of rookies right now and it's just been a big change for a lot of us because we're so used to having so many older players. It's just really good for the program to be rejuvenated with a group of young kids."

Have there been any memorable games or saves for you so far yet?

"I would say, probably our first game against Red Deer when we went back. That's where we won last year and I think it's an experience to go back and actually realize what happened last year and go through the emotions and realize that it's a new season and it's a new year and we have another chance to win another title."

What has been your favourite thing playing for the team?

"Honestly, I just like the team! It's so good to come to the rink every day and have a group of friends like this. Like with many of them, we've played together for three or four years now and we're really close. I just enjoy coming to the rink and being with my friends and hanging out outside the rink, and the schooling is really good as well."

What inspired you to play hockey? Did you always play goalie?

"I don't know. It just kind of happened. I just remember being like "Mom, Dad, I want to play hockey! I want to be a goalie!" and they're like 'OK ... 'I think you're just born with it!"

Who do you look up to in the sport?

"When I first started playing, I really liked Patrick Roy and then as I grew up, it kind of changed. Now, it depends on more of the style of play and relating it back to my game."

Would you say that Shannon Szabados is someone you also look up to as well?

"I usually send [Shannon] a quick tweet or a text here and there. I think it was really good to have her last year and it gave us a good opportunity to learn from her; she's able to balance her lifestyle with hockey, school and Team Canada as well. I think she's a really good role model for not only us but younger kids as well."

All time favourite meal:

- "Chips, salsa and guac!"
- Tim Hortons or Starbucks order:

"Oh geez, I'm a Starbucks kid. I usually



#### **Jill Diachuk**

#### movie:

"I have no idea! You can ask any of my teammates, I'm sure they'll have a better answer than me!"

#### Funniest person on your team:

"I would say, if you get [Lindsey] Brouwer and Emma [Cooley] going, they can really get us laughing in the dressing room. They have a certain touch."

# All star ready for next year

#### By CONNOR HOOD @connorhood27

@connonnooa27

The NAIT men's soccer team had a fantastic season, finishing in second place in the North Division and reaching both the provincial and national championships. The Ooks had a 7-2-1 record after the regular season, earning them the No. 2 seed heading into the playoffs. The men suffered a heart breaking loss, dropping a 3-1 decision to the Grant MacEwan University Griffins in the gold medal game of provincials.

The Ooks were led by third-year forward Monty Haines, who not only topped the team in scoring during the regular season with seven goals in 10 games but also led the team during provincials with four goals in three games.

Despite losing in the final, team morale was still high, as they qualified for the CCAA National Championships in Saint John, N.B.

"We lost in the 90th minute of provincials to Grant MacEwan on a pretty crappy goal," said Haines about the final. "But we were always looking at the positives and that was we made it to Nationals."

After his excellent regular season, Haines continued his strong play into the playoffs, leading the Ooks to the final and earning him a spot on the ACAC Championship All-Star Team, an accomplishment he appreciates.

"It was an honour," said Haines. "It's not every year you get named to the all-star team. It was a pretty cool experience."

Haines grew up playing multiple sports including hockey, basketball and soccer. Along with soccer, Haines also played for his high school basketball team, before deciding soccer was his sport of choice, and tried out for the NAIT team.

get a grande white mocha."

**Celebrity crush:** 

quicker.'

soft spot for him.

Facebook or Twitter:

"I'm on Twitter a lot more than I'm

"Right now, John Mayer. Yeah, I have a

A person who would play you in a

on Facebook now. It's just a lot easier and

"I did play hockey and basketball growing up," said Haines. "I played basketball throughout high school but I always liked soccer more. I guess I stuck with it because I was a little better at it."

Haines is currently in his third year studying for his Millwork and Carpentry certificate. As for his future, school is his No. 1 priority.

"I'm not too sure about my future yet. I have to get through school first. I'm going to play locally in the summer and hopefully play for the Ooks again next fall."

Although having a school-first mentality is always important, one can only hope he returns to the Ooks lineup next season and continues the success he and the team had this past season.



**Monty Haines** 

# RTA This is your paper, to



**KYRA MULLER Entertainment Editor** @muller kyra

Figuring out how to introduce yourself to a bunch of people through an editorial can present itself as a challenge. I already feel like I'm writing a paragraph for an online dating profile.

Writing and reading has always been a huge part of my life. I remember struggling with reading a book about zoo animals being transported by train and the absolute

frustration that engulfed me. Reading was, hands down, one of the hardest things to do in the entire world. I had no idea how individual letters would come together as words and eventually sentences, easily readable and used to convey a message.

Somehow, reading just came to me a short time after and I couldn't stop once I'd begun

I began writing poetry when I was five years old and, typing this now, it sounds disturbingly pretentious. At the time, not a single word had to make sense or necessarily be spelled correctly. The only requirement was that the words rhymed. My famous first lines were: "Halloween advice is better in twice. when I show you won't know."

I began writing short stories throughout elementary school and eventually wrote a long running fictional story segment in my junior high paper. I competed in writing competitions in high school and won second place in the Edmonton Commonwealth Writing Competition when I was in Grade 11. The plan was to do creative writing in university. I realized, however, that getting a career as an author would be hard, if not nearly impossible. Then I found the Radio and Television program at NAIT and I was sold

From what I have seen, NAIT is a brilliant school. There are clubs for every interest and the teachers are knowledgeable, educated and passionate about what they teach. There are stress relief days and free cookies being handed out in the hallways. Food Services staff works hard all day to serve as many of us food as possible, as efficiently as possible. I couldn't possibly ask for more

The Nugget offers a chance for the students and staff of NAIT to be heard and is here to act as a vehicle to bring all of the events, opportunities and stories of NAIT to you. I hope that, when in our hands, the Nugget can serve its purpose as a tool to connect, to engage, inform and, yes, even to entertain. To some it may just be a school paper they never notice and to others it may be an anticipated read but I hope that in my time as one of the Nugget's Entertainment editors that I can bridge the gap between those two categories of students.

Important news is news that affects you and we want to make the Nugget all about NAIT. I'm dealing mainly with entertainment and we hope that we can bring you the most fun, interesting entertainment segments as possible. We are always looking for suggestions and contributions because this paper is as much yours as it is ours. Thanks for reading and nice to meet you.

## ALBUM REVIEW lore hits than misses here

#### **By QUINTON BERGER Entertainment Editor** @QuintonBerger6

Now that I have taken the position as one of the Entertainment editors, I have decided to make a couple changes to our lineup, namely the addition of an album review. I'd reviewed albums in previous issues but only on weeks it could be fitted in.

Well now it's here for good and what better way to kick off the new year than by looking at some of the albums that came out in 2013. There isn't really a specific list or anything. Hell, some of the best albums of 2013 might not even be on this list but here's what I was listening to in 2013.

> ... Demigodz **KILLmatic**



The hip hop super group consisting of six MCs headed by Apathy came out full force last year with their debut album, KILLmatic. The group had previously released some underground demos, all of which were of lesser quality but this album is a massive step up from those days. Apathy leads the helm of production, showing some serious skill and innovation with samples of everyone from Biggie to the Beatles. The album also contains features from Planetary of Outerspace and R.A. The Rugged Man, so you know this album is sick. Every name on it holds weight, every beat is dope and every track has something that'll make you go "Oh sh\*t!"



...

Queens of the Stone Age ... Like Clockwork

Arguably one of the best rock albums to come out this year, Queens of the Stone Age never disappoint and fans had been itching for some new stuff since the group's hiatus and reunion and this album was well worth the wait. ... Like Clockwork features a more laid back tone than a lot of their previous works but still gives off that classic Queens of the Stone Age charm. While most of OOTSA's other albums are kind of all over the place, ... Like Clockwork has a rather consistent flow, a consistency that works in its favour. This is a great album to listen to while you're doing something. It's upbeat are able to get out of the massive shadow sounding but laid back at the same time. Every Queens of the Stone Age album offers a multitude of awesomeness that is QOTSA and ... Like Clockwork is no different.

\*\*\*

Kanye West Yeezus

Every now and then an album comes out that defies boundaries and is so outgoing and creative that it does itself a disservice. Yeezus is that album. While Kanye does take an innovative approach and does think outside the box, the majority of the album sounds like crap. It's too weird, it's too outlandish, it's too creative and just winds up sounding weird and uncomfortable to listen to. I will give credit to some songs on the album, though. "Black Skinhead" is a fantastic song with amazing instrumentals and an insanely catchy hook. "Hold My Liquor" is a nice laid back song with an incredibly clever flow and "New Slaves" features very innovative instrumentals over some very clever rhymes and wordplay. But those three are about it.



**Alice In Chains** The Devil Put Dinosaurs Here While the band will never quite be what they were in the early '90s, Alice In Chains

that is Layne Staley's legacy. The Devil Put Dinosaurs Here provides a different kind of "hard, but not too hard" rock sound that its predecessors have not. The album is a near perfect blend of laid back and head banger songs. Definitely one of the better rock releases of 2013.

\*\*\*\*☆

Classified Classified

Canadian hip hop wouldn't be Canadian hip hop without the upbeat and inspiring MC from the East Coast. A veteran of Canadian rap, Classified returns to show us that even after 18 years in the game, he's still got it. In fact, Classified has been the rapper's most commercially successful album to date, reaching No. 1 in the Canadian charts along with the single "Inner Ninja" going triple platinum in digital downloads. The album also features Kuniva of D12 and veteran Raekwon, along with an appearance by Canadian heavyweights Kardinal Official and Madchild. Like a bottle of scotch, Classified has only gotten better with age and the album reflects not only that but his acceptance of his age and place in the game without trying to stay current with the trends in hip hop as many older artists do.





#### By ALEXANDRE SACKIW

Welcome back for another semester of the \$3.99 Mixtape. I hope everyone has had their fill of Holiday cheer and merrymaking. While other newspapers might bombard you with a rehash of all the popular Christmas music you've been hearing since November, the *Nugget* shuffle is taking



a different spin on the rehashing of old music. This episode of the shuffle is dedicated to the top songs of 2013 that I personally hope everyone has heard at least once. Now, you may not agree with me on the placement of these songs but that's good, because it means you have a different taste in music. We must always remember that the eclecticism of personal taste is what makes us different from others. If you have been following my Nugget articles in the shuffle, you will undoubtedly know what is going to be on this list. If not, welcome to the party. Here is a hat, a glow stick and a set of earplugs because this is gonna get loud!

Some of these may have come



out later in the year, some right at the beginning. Either way, these are some of the best songs of 2013. This means there are no foxes or wrecking balls. From funk to punk, these are some seriously great tunes.

1. "Lose Yourself to Dance" (featuring Pharrell Williams and Nile Rodgers)

- Daft Punk 2. "See Me Now"
- Infected Mushroom
- 3. "Team"
- Lorde
- 4."Dream of the Sky"
- Miracle of Sound
  5. "Power Glove"
- Knife Party
- 6. "Do I Wanna Know"



.....



- Arctic Monkeys
- 7. "Now is Gold"
- Infected Mushroom8. "Thrift Shop"
- Macklemore and Ryan Lewis
- 9. "Safe and Sound"
- Capital Cities
- 10. "Get Lucky" Michael Jackson Edit – Daft Punk
- 11. "Wiggle Sticks Remix"
- Infected Mushroom
- 12. "The Lonely Mountain" – The Hobbit: An Unexpected
- Journey (Sung by Dwarves) 13. "Hard Cash"
- Miracle of Sound
- 14. "Afraid"
  - The Neighbourhood.



#### Our search for energy starts with you. Come chat with us about working at Cenovus.

At Cenovus, we work collectively to unlock oil resources in a way that makes Canadians proud. And we want you to be a part of that too. We're on the lookout for bright minds that are ready to learn from some of the industry's most innovative people. Visit us on campus to learn more about our exciting opportunities in:

- Health & Safety
- Power Engineering
- Engineering Technology (all disciplines)
- Chemical Technology
- Instrumentation Technology



 Locations:
 NAIT Campus – Engineering Annex / Spartan Centre / South Lobby

 Date:
 Wednesday, January 15, 2014

 Time:
 9 a.m. – 4 p.m.

 Info Session:
 4:30 – 6 p.m. in the Shaw Theatre. Pizza and pop will be provided.

Visit us on campus, and find out more about available positions at cenovus.com. The future looks bright.



# It's 2014 - bring it on!



QUINTON BERGER Entertainment Editor @QuintonBerger6

Along with the new year comes a barrage of new challenges and opportunities. It's that time of year where everybody feels motivated and hopeful for the future. We make our New Year's resolutions (or just reattempt the previous year's as we didn't exactly see them through) and set our goals for the year. Students begin new semesters, bringing them one step closer to whatever they may be here to achieve and giving them the opportunity to maybe do something they hadn't done the previous semester, like become more involved with the school or shed some old work habits in exchange for some new ones ... till they fall back into their old habits once the New Year's excitement has worn off. You know who you are.

I have to say though, 2013 is going to be a hard year to beat. The year was filled with so many amazing adventures and experiences, awesome people and countless concerts. The best part about 2013, however, was getting accepted into NAIT. I was given the opportunity to enroll in the Radio and Television program and have already met so many great people and learned so much. I also began contributing to the *Nugget*, which has already been an awesome experience. I've gotten to interview bands and artists, see shows for free and best of all, get paid for it! And with 2014 here, I'm even more excited to take on this paper as an Entertainment editor.

I'll admit, when I came to my first Nugget meeting in September I wasn't exactly enthralled. I actually didn't write anything or go to the next meeting. I used to love writing and was good at it, so I'm not sure why I put it off. I'd tell myself I "didn't have time" or I'd "do it next semester" but we all know how these things go. We keep telling ourselves we'll do them later and nit-pick for reasons why the present isn't a good time and just like our New Year's resolutions, they soon become forgotten. Then one day I said "to hell with it," went back, took some articles and loved it. So naturally when the chance to take the spot of 2013's staff came, I jumped at it ... well, actually I sat on it for a while, then decided to take it. Nevertheless, I'm extremely happy I made that decision. Not only will I get to be completely involved with the *Nugget* but I also get to take part in crafting this paper and molding it into something it wasn't before (or maybe had been at one point. This is an old ass paper!)

So here I am, ladies and gents! I'm ready, I'm motivated, I'm slightly sober and I can't wait to watch the new year unravel with the amazing team we have here at the *Nugget*. I look forward helping advise you on what to see, what to check out around the city and anything else I can conjure up with my limited imagination – 2014 is here, baby. Let's do this!

## Hopsin dares to be different

#### With hip hop showing its age, Knock Madness stays true to the genre

#### By QUINTON BERGER Entertainment Editor @QuintonBerger6

There's no question that the quality in popular music has declined. Hip hop is no different. The majority of rap music on popular charts all sounds achingly similar. It's mostly high pitched, hollow sounding vocals over generic hollow sounding beats, a lot of which seem more suitably fitted for electronic music. And the quality of lyrics has gone down ... significantly, a prime example being YG's "My N\*\*\*\*" being at No. 7 on Billboard's hip hop charts and having over 27 million views on YouTube, despite practically consisting of only two words. Popular hip hop has become shallow and soft when it used to have a message and ambition. It used to be about the grind and the struggle, now it's only about the after note. In a genre flooded with excess and dumbed down concepts it's hard to find artists with the gonads to think outside the box and be honest in their music. Cue Hopsin, the white eyed assailant who's defying all current trends and is showing us what hip hop's really about with his new album Knock Madness

The album takes off immediately with "The Fiends are Knocking," a catchy flow over a meticulous beat produced by Hopsin, reminding us of why this guy deserves our attention. The first lines in the song "I promised you an album now the day is finally present, I took my time with this s\*\*\*" and boy, does it show. Hopsin leaked the word about his new album two years ago at the end of his claim to fame, the fourth installment of the *Ill Mind of Hopsin* series. About a year later, he released a track called "Hop Madness," which was supposed to be the first single off the album but for whatever reason, wasn't on it when it came out. That said, this album was entirely worth the wait. Hopsin managed to keep fans entertained while waiting for *Knock Madness* with the fifth and sixth installment (on *Knock Madness* as "Old Friend") of the *Ill Mind* series but this album blows both out of the water

The album maintains momentum by leading into the second track and real lead single off the album, "Hop is Back," a catchy track where Hopsin supplies endless amounts of sick word play and disses rappers Kendrick Lamar and Kanye West. The album's other leadoff, "Old Friend," which came

out in July under the title "Ill Mind Of Hopsin 6," touches on an incredibly personal note as Hopsin recites to a childhood friend who became addicted to crystal meth. From there on out it's just awesome track after awesome track. One of Hopsin's biggest criticisms was the "poor me" tone on his previous works. Knock Madness however, features a more positive outlook covering a wider variety of topics. The album has an incredibly fluid sound to it, providing a more laid back tone with more lighthearted subject matter. Songs like "Nollie Tre Flip" and "Lunch Time Cypher," which featur Passionate MC and G-Mo Skee over the sound of someone beat boxing with a very quiet beat in the background provide you with something you can sit in your car and chill to.

The album also has the usual features that one would expect on a Hopsin album.



#### Hopsin

The album has features from his Funk Volume (Hopsin's own record label) with label mates SwizZz, Jarren Benton and Dizzy Wright along with a track featuring underground legend Tech N9ne. Rip Your Heart Out showcases Tech N9ne spitting with the rapid speed and delivery he's known for and Hopsin keeping up word for word. One of the album's most notable tracks is an upbeat, old school sounding song called "Gimme That Money," in which Hospin talks about all those fair weather friends who only gave a damn about him after he started to make money Each verse reflects on a different instance someone Hopsin knew borrowed money from him under the false pretence that they'd pay him back, only to disappear. Despite the negative tone, the song is fun to listen to and provides a satirical portrayal of each individual and a lively chorus.

While Knock Madness provides a lighter tone with more versatile subject matter than RAW, it doesn't quite match its predecessor. While Knock Madness has more listenable tracks, RAW's best songs still manage to beat out Knock Madness's. Even with that being said, Knock Madness is still a triumph, rising to the top of iTunes, hip hop charts, contending with Eminem's Marshall Mathers LP 2 and Drake's Nothing Was the Same and rightfully so. It's a great album but not quite as monumental as Hopsin had hyped it up to be. Overall, Knock Madness is one of the better hip hop albums to come out this year and is worth the \$12 iTunes charges for it. In an industry where success mainly comes to those who contend with modern day trends and patterns, Hopsin dares to be different and shows us what being an MC is all about.

Orange is the New Black a

roller coaster through the American justice system

# Not just on Netflix

#### **By BAILEY BAUGH**

I decided to read *Orange is the New Black* on a recommendation from a friend and after recently finishing the Netflix original series of the same name and concept.

I was interested in issues of criminality, the (American) criminal justice system and, in particular, female offenders. The book gave me all of that and more.

Told through the autobiographical lens of Piper Kerman, we are given entry into a world many of us do not think about.

With a career, a boyfriend and a loving family, Piper Kerman today barely resembles the reckless young woman who delivered a suitcase of drug money 10 years ago. But that past caught up with her. Convicted and sentenced to 15 months at the federal correctional facility in Danbury, Connecticut, the college educated businesswoman tells of her experiences as an inmate.

We follow Kerman through her journey as she learns to navigate this strange world with its strictly enforced codes of behaviour and arbitrary rules. She meets women from all walks of life who surprise her with small tokens of generosity, hard words of wisdom and simple acts of acceptance. Kerman's story offers a rare look into the lives of women in prison.

It is important to keep in mind, through-

out reading the book, that Piper is an anomaly – her unique situation (as a middle-class white woman "out of place" in prison) is what allows her to fantasize about prison as a place to catch up on reading (demonstrated through her Amazon wish list) and enables her to return with employment opportunities and a book deal.

Ultimately, Kerman's story – which may be more about the women she encounters than herself – is an opening into a dialogue that needs to take place. The book includes a very thorough and informative perspective on the American criminal justice system and will open your eyes to a world you could never have imagined.

This book takes you through an emotional roller coaster; you will celebrate in Kerman's simple victories such as acquiring shampoo, to the heartbreak of her realization of the repercussions of her choices from so long ago.

Orange is the New Black challenges simple reductions of good citizens vs bad criminals, reveals the limitations and unfairness of the criminal justice system and brings to light issues of systemic oppression that enable criminality, as opposed to individual choices and character flaws. It is not a perfect book, but it contributes to an important conversation and that, I believe, makes it worth taking a look at.

I would highly recommend picking up this book for a good read.

Event



Your NAIT Students' Association

NAITSA'S Next Top Model (NNTM) Applications Open Learn How to Make Sushi 2 Learn How to Eat Well 2 Clubs Training Retreat 2 Learn How to Ski/Snowboard 3 Nest Beer Fest



ZASSOCIATION CELEBRATING 50 YEAR





#### MADAME O

#### January 9-15

(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

#### Capricorn (Dec. 22-Jan. 19)

Your health has taken a turn for the worst. Try kicking the junk food for the New Year and stick to the healthy snacks. An unexpected acquaintance will soon become a great friend to you and get you back on track to a healthy lifestyle.

#### Aquarius (Jan. 20-Feb. 18)

You have learned some very valuable lessons this past year and it is time to put your new knowledge to use. Start by cleansing the negative people out of your life so you can have a fresh start for the New Year. Your financial status will take a turn for the better this year and you will finally feel that sense of security you've been looking for.

#### Pisces (Feb. 19-March 20)

Although your romantic life has been a flop this past year, great fortune is in the near future. All of your hard work will soon be rewarded with a large sum of spendable cash money. Be aware of who your real friends are when you come into this fortune for your untrue friends may try to take advantage of your new wealth.

#### Aries (March 21-April 19)

Your great sense of humour will have a close friend falling for you. You haven't given much thought to starting a romantic relationship with this person but it would be a wise choice to take some time to think about your feelings before taking your friendship to a new level.

#### Taurus (April 20-May 20)

Try some new foods this year. Your picky ways have led you to miss out on some great opportunities.

#### Gemini (May 21-June 21)

The spark from your long term

romance seems to be dying down. Help ignite it again by taking a vacation for just you and your special someone. Try and look at your significant other's point of view to get a better perspective of what the relationship means to the both of you.

#### Cancer (June 22-July 22)

You've been feeling down lately and you just can't quite figure out to why that is. Adopting a new pet will help fill the missing pieces of your life. Beware of taking on too much responsibility this month because a great opportunity will open itself to you and you need to be able to take it.

#### Leo (July 23-Aug. 22)

A job opportunity will present itself to you in the near future. Jump at the chance to try something new. This will ultimately be beneficial to your career. Your relationship with a close relative has been deteriorating. Make sure to keep in contact with them this month because they will need your great advice.

#### Virgo (Aug. 23-Sept. 22)

A new year is beginning but some old friendships are ending for you this year. A friendship you once held close to your heart will reveal itself to be majorly flawed. Be careful who you share your deepest secrets with this year because they may be revealed to the public. As for your romantic life, things heat up in the near future.

#### Libra (Sept. 23-Oct. 22)

This New Year brings something very special to you. The relationship you have been looking for will finally present itself. Make sure to keep your house nice and tidy because many unexpected visits are in store for you in the near future.

#### Scorpio (Oct. 23-Nov. 21)

It is time to finally treat yourself to that one thing you have been wanting to purchase for a while. Your frugal ways have helped you save a sufficient amount of money and you deserve a break from the not so finer things in life. Ease up on taking care of everyone around you and take care of yourself this New Year.

#### Sagittarius (Nov. 22-Dec. 21)

You've had the same look for too long and it seems to be dragging down your vibrant personality. Try a new look this year like changing your hairstyle or wardrobe to help you feel more like yourself again. Your new look may just inspire a new romance to blossom on the day of the next full moon.

# **Ambition, passion = success**

#### By QUINTON BERGER Entertainment Editor @QuintonBerger6

There's no question that NAIT is an absolutely amazing school. The num-

ber of different programs offered here, combined with the hands-on experience students receive and impeccable guidance from the amazing staff make for an incredible experience. But like every



**Ray Johnston** 

education experience, it's all about how you apply your knowledge outside of school.

Meet Ray Johnston, an ambitious go getter, starting his second semester here at NAIT. Ray is currently enrolled in the JR School of Business, majoring in Marketing but originally came to NAIT to pursue Graphic Communications.

Ray's ambitions outside of NAIT include making rap music and a home grown project he and his friends have cooked up called Crump Apparel. The idea originally started small but has since transformed and gained a life of its own.

"Crump apparel is a clothing line I dreamed up when I was really young," says Johnston.

"Over the years, it has turned into a Japanese race car brand with heavy roots in skateboarding. And we are actually working on getting our clothing into three stores for the New Year!" Ray's also got another project on the side, rap music under the name Whitey White. Demo tracks can be found on YouTube and his song "Break" has seen air time on NR92, NAIT's campus radio station.

"I started in my car when I was waiting for my turtle friends," Ray explains. "And I found it's a fun way go relax and just a creative outlet in general"

"My friends have gone on to do shows but I am quite shy when it comes to rapping in front of new people!"

Ray has been prepping and putting together a mixtape which he says he will be releasing in early 2014 under the title *Caucasianally*.

Ray's ambition and determination show the keen attitude required to go far in life.

Ambition and passion is what sets people apart from others. It's a reason for success and it's why people come to NAIT.

## FACES ON CAMPUS Playing a real head game

#### **By WHITNEY FOX**

The Nugget recently sat down with Armand Cadieux, an instructor in Digital Media and Information Technology, to find out about him and his duties at NAIT.

Mind-controlled video games may sound like science fiction, but in the NAIT Digital Media and Information Technology program (DMIT), they have become a reality.

Project Vulcan is a game that began to be developed as part of the DMIT Capstone Project last spring.

#### **Neuroscanner headset**

The game takes place on a space station and the objective is to overtake robots in a first-person role. The game controls are a combination of keyboard controls and here's the twist, a neuroscanner headset. The player moves around using standard controls but when an enemy robot is encountered, the player must focus his/her mind on pushing before the robot can be successfully overtaken.

The headsets for the game use EEG neurosensory technology that has existed in the medical industry for years but have only recently become commercially available and affordable.

Armand Cadieux is the game design instructor in the DMIT program. He and programming instructor John Winski, are the staff advisors for Project Vulcan which has been developed by DMIT students.

#### A very new idea

Cadieux explained the root of the idea for the game: "We took the hardware on in terms of a challenge to see what kind of game we could create with it and just sort of discover what the limitations are and how far we can push it," he said.

Cadieux also explained that the project is as a layperson might suspect, a very new idea.

"It's emerging. When we started this last year there was nothing we could find

THROWBACK THURSDAY

on the market." Although there are games now popping up here and there, Cadieux described them as prototypes, "not fully developed, fleshed-out games.'

But Project Vulcan, although a prototype, is successful so far. "The way [the technologies] are interacting, it seems to be working and functioning really well," said Cadieux. "It's really stable."

Cadieux's background is in serious games that are outside of the entertainment realm. Cadieux looks to apply game technology to education and other industries such as equipment simulation, architectural

technology can be brought outside of gaming."

Cadieux is also interested in developing this mind-controlled game technology into a therapeutic tool, "So if you have mobility issues, you're stuck staring at the ceiling in a hospital for four months, this is a way to have an interactive game that's fun and exciting. Having fun is healthy, it's an antidepressant and it promotes healthy, speedy recovery."

Cadieux elaborated on the usefulness and accessibility of gaming technologies for other fields. He explained that with new hardware and interface devices, the applications are becoming endless. Whether using a smart phone with motion sensing devices called accelerometers, Google glass, biorhythmic feedback devices or as with Project Vulcan, neuroscanners, "there are so many ways to interface, digital technology and how we interact with it lends itself to creating games."

As for Project Vulcan, it's now in what Cadieux described as its beta or user-testing phase. "We now need to play it with a lot of different people and really test it." Cadieux specified that the only real prerequisite for trying the game is to be a person with a functioning brain.

The testing and further game development will continue until spring when Project Vulcan will come to a close. Soon after, a new generation of DMIT students under the guidance of Cadieux and his colleague Winski, will develop these technologies amongst others to continue to push the limits of what gaming can do.

#### visualization and marketing. As he put it, "I went back to school, got really excited about virtual reality and how this

## ew Year's Eve a noisy time for all

#### By TIM EVANS

It is a tradition for the people on my block - New Year's Eve rolls around and the block party begins and the whole neighbourhood hates us.

You might be thinking it's because of alcohol or doing doughnuts in the street, but in all reality, it's the kitchen that gets us into trouble. It all started in 2005, when our new neighbours invited us over for a New Year's Eve party. We kids played with Lego and the adults did their thing; chatting, cheering, eating and drinking.

When it was time for the countdown, our host went into her cupboards and

pulled out every pot and pan she had. We all grabbed a spoon or whatever we could bang on the pot or pan, ran outside and by the time it was 2006, the whole neighbourhood was awakened by the cheering and clanging coming from the cookware.

At first, the neighbours around our block didn't particularly warm up to this celebratory racket. We ended that night with a chorus of "Shut up!" from several neighbours.

The next year, we did the same thing, only a bit different. We went to each house in our block that didn't attend the party, went under their bedroom window and banged the pots and cheered as loud as we could for a few seconds, then ran off as fast as we could to the next house.

That year turned out better, although we did get a warning from the RCMP. What a way to ring in 2007. To ring in 2008, the parents decided to let us kids go out and make the racket. What's the worst that could happen? Someone coming out to give us a lecture on why we need to be quiet at night? Oooh, scary! (That was supposed to be sarcastic).

The worst did happen. A guy from down the road walked over, sat us down and lectured us on the reasoning behind why night time is quiet time. Needless to say we went back to our host's home with our tails between our legs.

For the next few years, we didn't continue the tradition. Instead, we hollered at the top of our lungs inside the house. It wasn't as fun, but no one got mad at us. We partied in peace.

In the dying hours of 2013, we decided that it was time. We would spend New Year's Eve planning the biggest racket anywhere. What will we be doing? I guess you'll have to wait until 2015!



NAIT instructor Armand Cadieux plays the Project Vulcan video game.





## WHAT'S GOING ON AROUND CAMPUS

#### WEEKLY CLUB MEETINGS

To get involved please visit www.naitsa.ca/clubs/current-clubs/

<b>WHO</b> Gamers of Dungeons & Dragons	WHEN Wednesdays, 5:15pm – 11:00pm Fridays 5:15pm – 11:00pm Saturdays 8:00am – 8:00pm	WHERE Room WA-114 Rooms WC-316, WC-312, WC-306, WC-320 Room T-015
Business Connex Latter Day Saints Student Association	Tuesdays, 4:45pm - 5:30pm Thursdays, 11:15am – 12:10pm & 12:15pm – 1:10pm	Room T-116 Room WA-212
Christian Club	Fridays 12:15pm – 1:10pm	Room E-201
Investment Club	5:15pm – 8:00pm Wednesdays 4:40pm – 5:40pm	Room E-216 Room T-509
Improv Club Aboriginal Club	Thursdays, 4:15pm – 7:15pm Bi-Monthly beginning Oct. 22; 4:15pm – 5:10pm	Room A-122 Room H-111
intoNAITion Toastmasters	Mondays; 4:40pm – 5:30pm	Room H-003

#### **UPCOMING CLUB EVENTS**

WHO	WHAT	WHEN	WHERE
Veterinary Medical Assistants 2014	Bake Sale/Calendar Sale	January 9; 2:15 – 4:15pm	E Hallway main level near stairs to pedway and busses
ENACTUS	27 Hour Hunger Challenge	January 30/31	LOCATION TBA

#### **CAMPUS CLUBS NEWS**

WHEN
January 16, 2014
January 24 & 25, 2014
February 3, 2014
February 4, 2014
February 13, 2014



CREATING THE ULTIMATE FOUNDATION FOR CLUBS

#### VISIT THE CAMPUS CLUBS CENTRE

Room E-131, NAIT Main Campus 780.471.8457 | 780.471.8871 campusclubs@nait.ca | naitsa.ca/clubs

Check out the Clubs Website for other upcoming Important Clubs Dates

## Nugget adds a photog

#### By KYRA MULLER Entertainment Editor @muller\_kyra

This semester, the *Nugget* will have two photo editors instead of one to bring students the most interesting and captivating pictures possible. Look for our two talented and appreciated photo editors around campus this semester, possibly snapping your picture.

#### Jesse

Jesse Kushneryk is a 19-year-old student just starting his fourth and final semester of Photographic Technology here at NAIT

Jesse grew up in Edmonton and, unlike some, never fully intended to become a photographer.

"It's kinda weird actually," says Jesse. "I just really wanted a camera and I got an entry level one for Christmas one year, and then next thing I knew, come January I was already shooting for the Edmonton Rush! So it kind of happened really quickly."

He chose to go to NAIT because it seemed like the best school for photography in the area. He was particularly interested by the amount of industry professionals who were instructors at NAIT.

He has been NAIT's Athletic and Recreation photographer since September, and will continue to be that during his final semester.

His favourite events to photograph are also

one of the most difficult. Jesse focuses on primarily shooting sporting events.

"When it comes down to it, I just love the team atmosphere and the family values that sports teams centre themselves around."

Jesse stresses that it takes a lot of skill and ability to be a successful sports photographer, as capturing motion and shots from far away can be incredibly difficult. "You really don't think of all the work that goes into it because there's a lot of sports research I have to do, depending on who I'm shooting."

This NAIT Photography student was fortunate enough to join the World Curling Federation in Stavanger, Norway to spend 10 days photographing the European Curling Championships with photo editor Richard Gray. Jesse described it as an awesome experience.

"It wouldn't have been as good if it weren't for the entire team that worked it. For them to be so welcoming towards me being the new guy on the scene was just amazing."

As well, Jesse was involved with the Help Portrait program on Dec. 7, an internationally run annual program in which photographers set up a studio in a public space and bring photography to those in need. People who can't afford to have portraits done can come in and get their hair and makeup done and, at times, even clothing that they get to keep.

"I shot one guy this year, his name was



Nugget Photo Editor Jesse Kushneryk takes a shot at the recent European Curling Championships in Stavanger, Norway.

## A go-to side dish for entertaining

#### **By CARLY ROBINSON**

When reviewing a recipe, one must first follow a recipe and make a new dish. However, if you knew me you would know I don't like to follow cooking instructions. I am much more likely to try new things and fail, than to try out someone else's recipe.

On that note, I thought this week I would share with you my experience when I managed to get one of my recipes published in Student Health 101, an online student produced magazine. All I needed to do was make a quick cooking video and it made the cut for that month's publication. Any student can submit videos and get paid.

The recipe is one of my go-to side dishes when entertaining. Quinoa is always a healthy choice and often pleasantly surprises people. The combination of the sweetness of apricots, tangy lemon juice and a pine nuts and rosemary makes this dish difficult to resist.

Ingredients:

– 1½ cups quinoa

Elvis and he had never had his portrait done. Such a nice guy, and he was going to send it to his mom to let her know that he was OK and doing well," he recalled.

To Jesse, "a picture is worth a thousand words" is an understatement.

"A photo on a day to day basis doesn't really seem like a lot but to see the way that an image created by one of us affects people, especially the people that we shot last week for the Help portrait, is just mind blowing. It's absolutely amazing to see how much your work can affect someone's life."

Jesse can normally be found juggling his own photography business, shooting for the Ooks, editing for the NAIT *Nugget* and in his community helping with events like the Help Portrait program. As for his future, he plans on continuing doing what he's doing. He plans to shoot mainly sports, continue working for NAIT and do a couple of weddings on the side. He also plans to work for the World Curling Federation again and Canada Curling and USA Curling in the future.

#### Josie

Josie Baerg, a 19-year-old photography student, is in her third semester.

Originally from Calgary, Josie considered her options before she headed to NAIT for the two-year Photographic Technology course. When Josie finished high school she knew she wanted to take photography but SAIT, in Calgary, wasn't offering a photography program, forcing her to look farther from home. She wanted to be sure that she would get everything she wanted from her education.

"It was kind of a long process," Josie said about selecting NAIT and then deciding to move to Edmonton. "NAIT was the [school] that could give me exactly what I wanted."

Baerg took an interest in photography from a very young age. It became a hobby for her and she learned most of what she knew from her father, who was a photography enthusiast. She eventually realized that photography may just be the perfect career for her.

"As I got older, I just started wanting to do it professionally," she said.

Baerg is now one of two photographers for the NAIT Nugget. Working alongside Jesse Kushneryk, they will team up to make sure all events happening across the NAIT campus are



New Nugget Photo Editor Josie Baerg on the job.

covered and ensure that the newspaper has a strong visual element.

She first started with the *Nugget* last year working on the occasional project.

"The photo editor was a second-year and he would get us first years to do assignments, so that's how I started," she explained.

Josie's career goals mainly consist of running her own company, which would specialize primarily in commercial interior design and architectural photography because they are her favourite things to photograph.

When asked what her favourite experience at NAIT has been, it was hard for her to decide.

"There's been a lot," she said. "It's just been a really cool learning experience being able to work in studios with lots of lights and being able to do work experience was really fun. I think, overall, the whole program has been a really great experience."

Josie recommended that if anyone was interested in the photography program that they should come to NAIT and get informed.

"Come check it out. Talk to the chair, Reg (Westly). He has all the information and I know that you can come to some of our classes and sit in. I just recommend checking it out and seeing what you can do before you apply."

When asked to explain why she thought a picture is said to be worth a 1,000 words, she was quick to respond.

"I think photography can really express what someone's feeling, what's happening in the moment. It can express so many different emotions and feelings and it can really translate into any language. You don't need to speak English to understand a good photo, it's universal."

#### – Vegetable or chicken bouillon

- Dried apricots, half soaked in lemon juice
- -2-4 cloves garlic, to taste
- Oregano, rosemary, pine nuts and olive oil

#### Directions:

Toast the quinoa in a pan for about three minutes until fragrant. Warm two cups of water and the bouillon in a pan over medium heat. Add the quinoa and cook over high heat until it comes to a boil. Meanwhile, toast the pine nuts (in a pan or toaster) until they're golden, then remove from heat. When the quinoa comes to a boil, add the rosemary, lemon juice and lemon-soaked apricots. Lower the heat and simmer for 15 minutes.

When trying something new, it's important to complement flavours you have. This is where having a good base, like quinoa or rice, gives you room to experiment. Maybe you'll be the one sending in new recipes one of these days!





## "What is your New Year's resolution and what do you think about resolutions?"



"Umm, just stay happy. I don't know, I don't really do resolutions; they break pretty quickly for most people."

Emily Bruce Business



"I don't."



Levi Dernederlanden Carpentry



"I don't have New Year's resolutions because most people break them anyways so I would rather not make a plan that I am going to break."

Kristina Thompson Personal Training



"Start swimming every week ... I think a New Year's resolution is something good; it gives you a starting point. You can make some changes and improve." Guillermo Goches

Business Administration



"To focus more on accounting."

Christopher MacKay Hospitality Management

# MOVIES - THE KURT LOCKER

#### By KURT FABISCH

I'm a big fan of revenge films, the bloodier the better. I love seeing the bad guys get theirs and gettin' it good. *Django Unchained* and *Kill Bill*, that's what I call a good time at the movies. American revenge films are about satisfying the audience and making them smile when vengeance is meted out.

But over in South Korea ... it's a dif-

ferent story. Korean revenge films are like a whole separate genre of film, like how Spaghetti Westerns are a different genre of Western than American ones.

See, Korean revenge films can make the audience smile from time to time but more often than not, you're close to tears when one's over.

This film was released in 2010 and is called *I Saw the Devil*.



It opens with a chilling sequence of a woman being kidnapped, tortured and murdered by a serial killer called Kyung-chul. Did I mention this was a dark film?

Well, this woman happens to be married to Kim Soo-hyeon, an agent in the NIS – think of the CIA of South Korea. The killer could not possibly have picked a worse man to anger.

When the police fail to find the killer, Soo-hyeon takes matters into his own hands. He goes after every murder suspect he can and along the way beats several men to a pulp. When he encounters a child molester, he smashes his crotch repeatedly with a steel pipe. Did I mention this was a dark film?

When he finally finds the killer, they have this incredibly tense fight scene in the killer's lair. Soohyeon beats him and is about to kill Kyung-chul but then decides not to ... because he has a better idea.

Without going into specifics and giving the best parts away, I'll just say that he decides to play the long con as far as revenge goes. You've never seen a revenge scheme quite

It opens with a chilling sequence like this, I guarantee. The film delivers a woman being kidnapped, tortured one twist and shocking surprise after another.

The two leads here are outstanding; Choi Min-sik in particular as the killer is unreal. The original 2003 *Oldboy by Chan-wook Park*, just about my all-time favourite film, is the ultimate Korean revenge film. Without spoiling that film, the main character played by Choi Minsik is one of the most sympathetic characters in film history. You want this guy to win so bad that it hurts. You'd do anything to help him. In *I Saw the Devil*, you want him to die slowly and painfully. And did I mention that this was a dark film?

This is a great film, the best take on a serial killer film since David Fincher's Se7en. And if you thought that film was dark, get ready. Let me put it like this, I Saw the Devil shows you what's in the box. Se7en is an episode of Care Bears compared to I Saw the Devil.

If you have a strong stomach, I highly recommend the film. It's fantastic, but just know ... you've been warned.



## FACES ON CAMPUS Man of many talents Moniz juggles school, work and playing in a band

NAIT student Patrick playing in a band

#### **By QUINTON BERGER Entertainment Editor** @QuintonBerger6

While looking for students around campus to talk to and feature in this week's issue, few came to mind sooner than one Patrick Moniz. Patrick is here at NAIT, studying radio in the two-year Radio and Television program offered by the school.

"I've grown up in and around music for most of my life and I always loved producing," Moniz exclaimed in a recent online interview. "So when I heard about radio production it was something I never thought of doing so I did the night class and now I'm almost done the program, going into my last semester in January.'

Moniz has taken a lot away from the program, despite its short duration and plans on getting a jump start on his career

"I plan on hopefully working full time over at Bell Media, which is where I work right now doing production."

There's no question, however, that he has enjoyed his time at NAIT and will look back on it fondly.

"Well, of course, I love the production end of it" he said. "I also love all the new friends I've made in the year I've been here. If I walked out of this program with absolutely nothing, I'd be happy with the people I met and am now friends with."

Moniz has also been making noise on campus musically as one third of the rock band Letters To Elise.

"Letters To Elise is more or less four best friends writing music together,"

Moniz said

"Our jam sessions range from us just playing Call of Duty Zombies to writing a full song in three hours. We've been on hiatus for almost a year now due to just life."

Now that Moniz is almost done with school, however, he intends to get some serious work done with Letters To Elise, namely an album aiming to be released this summer.

"No name has been chosen but we are about four songs in, I believe, so I am pretty happy with our progress so far '

Letters To Elise have been together

#### **Patrick Moniz**

for around eight years while Moniz joined about three years ago.

He fondly recalls seeing the band prior to joining.

"Before I was even in the band I had always gone to shows and thought 'Man would I love to be the drummer in that band' and here I am now, 21 and the drummer of that band and the music we write now is just as great if not better than what is was then.'

Letters to Elise recently participated in NAIT's Battle of the Bands, which took place Nov. 27 at NAIT's campus bar, the Nest. The band can also be found on iTunes.

oto by Quinton Berge

Luckily, Moniz's band also receives a great deal of support as the RTA program is always an incredibly tight knit group.

"Richard Thai used to be in a band when he was younger with his friends and told me he was inspired by Letters To Elise, so that's a big deal to me," Pat jokes

"He's the groupie for LTE now so you could say we are a big deal."

It's safe to say that between an aspiring broadcasting career and Letters To Elise, Moniz has as a ton on his plate. Then again, I guess anything worth doing is worth doing right.



TIMELY TIPS MARGARET MAREAN NAIT Student Counselling

It's a new semester and a great time to evaluate what went right and what went wrong last term. Here are some areas to look at:

• Do I procrastinate? If so, how can I change this habit?

Organization – Do I use a daytimer to write down all assignments, appointments,

exams, etc.?

• Do I make a daily to-do list?

• Are my books, locker and workspace organized?

Distractions - What were the major things that interfered with my studying last term?

• How can I limit or put boundaries on phone calls, television time, computer games, interruptions from family and friends?

Focus - Am I concentrating and learning during classes and study periods or is

Balance – Do I get adequate sleep, exercise and nutritious food?

**Resources** – Could I make better use of the services available such as the library/ Learning Resource Centre, the Tutorial Centre (Room A-133), Student Counselling, peer tutors and instructors?

Finances - Have I budgeted for the semester so I am not stressed about finances toward the end of term when school stress is the highest?

Suggestions to boost your success:

- Give yourself credit for your academic strengths. Evaluate your weaknesses and decide on one or two areas that are realistic to improve. Don't expect perfection.

-Attend Winter Study Skill Workshops.

Details are provided on posters around NAIT.

- Go to www.nait.ca/counselling for NAIT's on-line study skills manual: Techniques to Maximize Learning Potential, which includes information on study skills, time management, procrastination and memory, exam writing and exam anxiety.

- See a counsellor for any academic or personal concerns.

- Be realistic. Most New Year's resolutions are often abandoned because they are too grandiose. Set small, achievable goals for change, monitor these regularly and reward yourself.

Have a great semester!

Student Counselling Room W111-PB, HP Centre Appointments can be booked in person or by calling 780-378-6133

# **Nominations open** January 6 - 27 @ 4pm

# Become an EXECUTIVE COUNCIL MEMBER FOR 2014/15

The NAITSA Executive Council is comprised of 4 student representatives at NAIT. The President, Vice President Academic, Vice President External & Vice President Student Services.

For **more** detailed **information** and to hear our stories please **visit us online** at **naitsa.ca/ec** 

## STUDENT ELECTIONS your voice, your vote





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rm e-131

#### TIPS OF THE WEEK FROM NAIT PROTECTIVE SERVICES

## Who we are, what we do

Many times we are asked by staff and students who we are and what we do. This week we wanted to focus on identifying to the NAIT Community just who Protective Services is.

The main purpose of NAIT Protective Services is to provide the NAIT community with the most effective and efficient service aimed at attaining the departmental goals and fostering good staff and student relations.

#### Who we are

NAIT Protective Services must govern its operations according to institute policy, the wishes of the institute's board, the executive and applicable municipal, provincial, and federal legislative authority.

Our department employs full-time peace officers who share a commitment to maintaining a safe and secure environment. We assist over 80,000 students and staff over four major sites and various leased spaces within the metro Edmonton area.

#### What is a peace officer?

A peace officer is a person who works to uphold and enforce certain laws and regulations in Alberta. Peace officers receive their appointments from Alberta's solicitor general and minister of public security under the Peace Officer Act to enforce specific provincial and federal legislation. The enforcement carried out by NAIT peace officers is recognized as supplemental to, but not a replacement for, the Edmonton Police Service.

A peace officer ensures the public order and personal safety of all persons within the NAIT property by providing a visible presence. Their presence is essential not only for the protection of all who frequent these locations but also to diminish the threat of intimidation inside and outside the NAIT properties. **What we do** 

#### What we do

Peace officers are trained in legal studies, human relations and officer safety. After the legislated training, our officers receive additional training specific to the NAIT environment. NAIT's peace officers have arresting authority under the Criminal Code of Canada. They also enforce legislated acts and bylaws.

NAIT peace officers can be identified by their uniform, which consists of a grey shirt and navy pants with a grey stripe. The shoulder patches on their shirts and jackets all state "Peace Officer."

Our officers actively patrol both inside and outside our campuses and locations. Available on a 24-hour basis, these men and women are ready and willing to assist with all security needs and in any emergency situation.

#### Blended services

Our department also contracts a few security guards from an outside service. While a majority of the duties are completed by peace officers, the contract security guards work in the parkade kiosks as well as perform access requests, locker cuts and extra coverage during special events.

#### Additional services

NAIT Protective Services' management team is committed to providing safety and personal security seminars and information sessions. Our sessions can be tailored to best suit your needs. We also provide information through our website, the student and staff portals and our weekly column in the *Nugget* on a wide variety of topics.

#### **Crime reporting**

Our officers can be reached by calling 780-471-7477. When reporting crimes:

• Stay calm – don't get excited; take a deep breath

• State the problem – "I want to report a crime ...."

- a break and enter
- a theft
- an injury
- a fire
- a suspicious vehicle or person
- State the address and who you are.
- Give the full location, directions from nearest office or building
- Give your name, office number, and

phone number where you are calling from - Let the dispatcher control the conversation.

-Answer all questions

- Give your phone number so an Officer can call back later if necessary

– Do not hang up, stay on the line. Only hang up when told to do so by the dispatcher.

- In the event of an emergency or a crime in progress, immediately dial 911. Contact Protective Services when you are able to do so.

This information is vital to our peace officers. Even though the dispatcher is continuing to gather information from you, officers are already responding to the area to assist you. The dispatcher will also be able to determine if other services are required (police, fire, ambulance, etc.).

For more information, please visit our website www.nait.ca/security.

If you have information regarding a crime, contact Protective Services at 780-471-7477. If you wish to remain anonymous, contact Crime Stoppers at 1-800-222-TIPS (8477). You will remain anonymous and, if the information you provide leads to a conviction, you could eligible for a reward of up to \$2,000.

Everybody benefits, except the criminal.



