

THE

NAIT NUGGET

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YOUR STUDENT NEWSPAPER FOR MORE THAN 50 YEARS, EDMONTON, ALBERTA, CANADA

MAYOR SAYS NO

NAITSA request for relief over LRT delay denied, page 2



Photo by Ciaran Boyle

Edmonton Mayor Don Iveson, inset left above, has turned down a request made by NAITSA President Hasib Baig, inset right, for U-Pass fee increase relief to compensate students for repeated delays in the LRT line extension to NAIT's campus. The line, originally to be finished last spring, is now scheduled for February.

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NEWS & FEATURES

City hall won't play ball



GABRIELLE HAY-BYERS
Editor-in-Chief
@Gee_H_Bee

While NAIT students continue wait for the LRT they were promised, the City of Edmonton has announced that they are saving \$2.4 million due to the delays only days after refusing NAIT Students' Association President Hasib Baig's request for fee increase relief due to the delays.

"We're definitely disappointed with (the city's) response," said Baig during a conversation with the *Nugget* about the response he received to the letter he sent to Mayor Don Iveson a month ago. Baig wrote the letter to request relief from U-Pass fee increases expected for next year that are based on a model which was approved by students during a referendum in which the LRT was promised.

"(We're especially disappointed) when we see this \$2.4 million (surplus) when what we originally requested was for \$140,000, give or take, for the entire year as a fee relief for students, which the mayor refused to grant."

According to Baig, the mayor's response to his letter said that fee relief would not be possible because the city would be unable to provide the same to stakeholders who use transit but not through a U-Pass.

"I want to be clear, because the

mayor mentioned stakeholders – really, NAIT students are the main stakeholders because they are the ones where it is mandatory for them to pay the U-Pass fee," Baig said.

"Whereas with other stakeholders, the commitment is not really the same for them. It's very disappointing that he didn't grant us our very reasonable request and especially when we can very clearly see in the news that they're going to be saving \$2.4 million."

According to an *Edmonton Journal*

report from Nov. 17, the \$2.4 million in savings is directly related to the City of Edmonton not having to operate the continually delayed NAIT LRT line.

Baig also responded to criticism surrounding the level of service provided by the Ookspress replacement bus line not being to the same level as the LRT will be, yet being touted as a replacement service.

"Unfortunately, when we negotiated with the city (about the Ookspress), that was the maximum (level of service) that we could get."

Edmonton Transit Service saw fee increases in all categories in February, but U-Pass fees, single-ride fares and post-secondary rates for those who do not attend schools with U-Pass agreements saw some of the highest increases, from 4.5-6.5 per cent. NAITSA has the same agreement with the city as Edmonton's universities that currently have LRT service nearby.

"NAIT students deserve the same value in their U-Pass as other post-secondary students ... all levels of government should realize that polytechnics are just as important as universities," he said.



en.wikipedia.org

Unintended consequences

By **TANIA BOYKO**

NAIT students are coming face to face with awkward campaign posters during their trips to the bathroom. The campaign "Thanks Alcohol!" is a new initiative generated by the Alberta Gaming and Liquor Commission (AGLC).

The idea stems from the trend of bad nights that are associated with excessive drinking. They aim to empower their audience by raising awareness of a person's power over the amount of alcohol he or she consumes.

The campaign consists of eight personalities that drinking brings out in a person: the waterworks, the frequent fighter, the lover, the party puker, the big spender, the disappearing act, the blackout drunk and the shining example.

Taking a youthful approach, the campaign's colourful language and character design gives the initiative a more relatable advantage over past clinical campaigns.

The lover personality poster can be found in bathroom stalls across NAIT campus and captures the awkward morning after of a couple in bed.

Posters include the campaign's website thanksalcohol.com where it describes the personalities in more detail, provides tips on how to change and resources people can utilize to receive help with a serious issue.

However, attached with each personality there is a link that states, "I know that person," that allows you to share on Facebook or Twitter to your friends. While it is critical to use social media handles to promote a successful campaign, the move has the potential to be received as a personal attack

and worsen a person's relationship with alcohol.

Some posters are being met with confusion as to what the poster's messages are. Some students are seeing 'the lover' personality posters as being birth control ads and sexual health posters.

"I know people who do that but I can have alcohol and not sleep with strangers. So obviously, it's not alcohol's fault," said NAIT student Reha Lavigne upon seeing the poster.

One thing for sure, health services at post secondary schools will be monitoring the campaign's successes and failures closely to tweak existing and future programs.

The website also offers a quiz to pair you with one of the drinking personalities. A word of caution, while the quiz is entertaining for the average procrastinator, it is neither a reliable nor an accurate form of test.

What can you do to prevent uttering the phrase "Thanks Alcohol!" with contempt over the previous night's shenanigans involving a couple too many drinks? The AGLC suggests eating prior to drinks, slowing down the rate at which you consume your drinks, give yourself a budget and to go out with friends that are reliable. It goes without saying that drinking water throughout the night will help keep your body hydrated.

If you need support with alcohol related issues, NAIT Health Services and the Counselling Centre are two campus resources that are available in addition to the online links that are on the Thanks Alcohol website.

While it is unclear how successful this campaign will be, it is already turning heads on the issue while readers reach for a tissue.



strongalberta.ca

Parking woes

By ELYSSA TESLYK

Over the years, NAIT has made many efforts to address issues related to parking. There have been surveys distributed to collect insight on what methods of transportation are used and what attitudes individuals have towards their main method of transportation. There has also been an increase in the amount of available parking spaces in attempts to accommodate students.

Still, controversy continues between students, surrounding malls and shopping centres, neighbourhood residents and bylaw enforcement. There has been public expression that NAIT students clog up the residential areas, leaving residents to find alternative parking near their home and that students take away from available space to the shopping customers. Bylaw officers have ensured that they will increase the amount of patrols, suggesting that it will create a change in behaviour while making further plans to have a residential meeting in efforts to curb the parking problems.

What to do?

It seems as though the pressure is on NAIT to create a successful solution to the parking game students play with bylaw officers.

"I got eight tickets trying to park at NAIT and there are no parking passes available. What am I supposed to do?" asked one student.

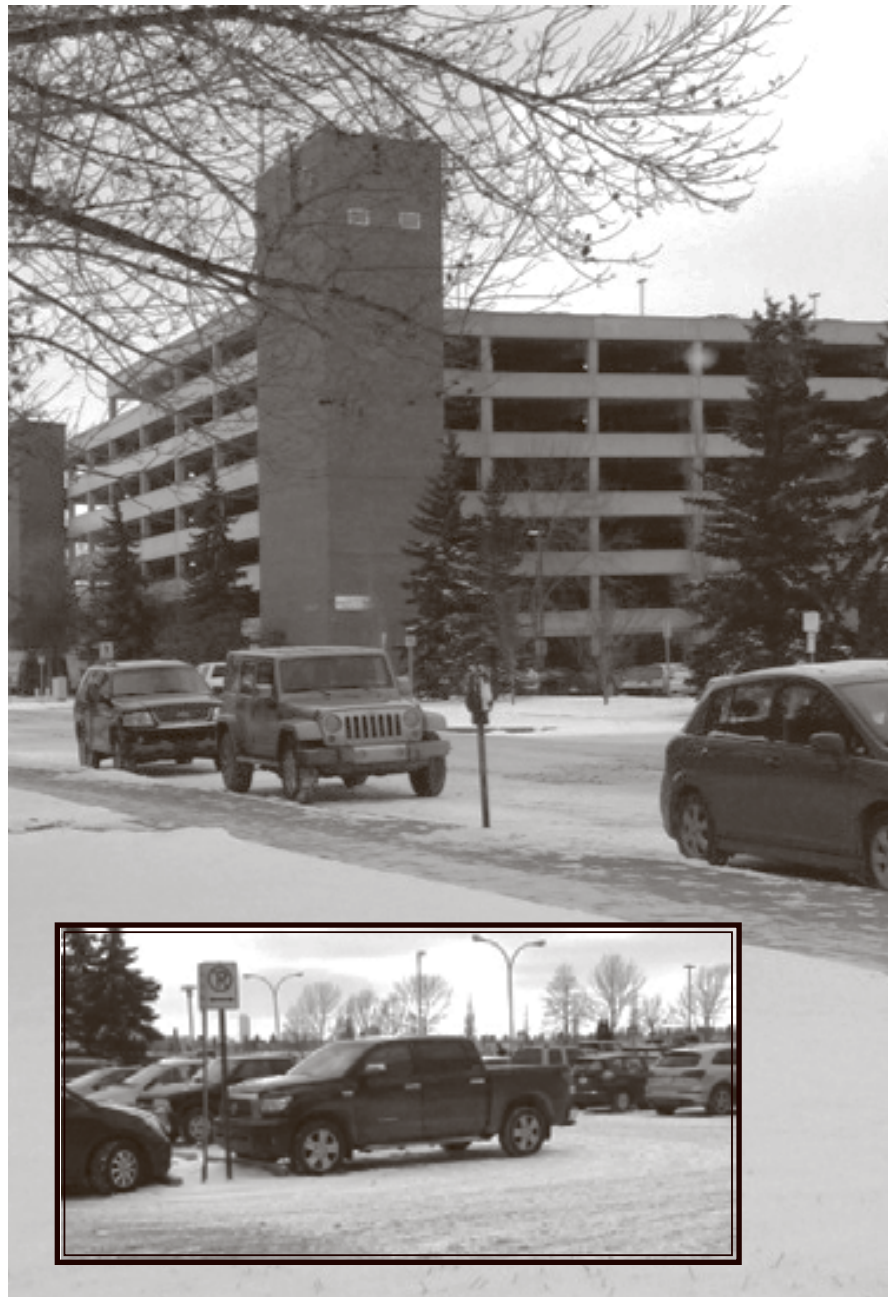
I cannot speak on behalf of every individual student or stakeholder but I can acknowledge that there are a few evident issues.

First, surrounding neighbourhood residents do not have parking spaces available to them at their convenience. I know that I would certainly have an issue with NAIT parking if I were finding that students were taking up my space to the extent that it was deterring my visitors or making me walk an unreasonable distance.

Concerns of residents

Many of the individuals in those neighbourhoods probably have families, are single, older and perhaps have a loss of mobility. So realistically, I can recognize why residents would prefer if there were no parking allowed or one-hour limits. If residents were granted the ability to remove all unauthorized parking in surrounding neighbourhoods or at the very least limit it to one-hour parking, it would not solve the demand for parking. It would only drive the demand to shopping centres and malls, pushing the problem in a new direction.

The third issue is that regardless of NAIT's attempts to expand available



NAIT's lack of parking has been well documented over the years.

Photos by Elyssa Teslyk

parking, there is still an unexplored demand for parking passes, there are pricing strategy issues for parking passes and daily parking and there may not be enough available space for expanded NAIT parking. Creating more space for parking at NAIT is also an expensive investment that may not necessarily be a priority in the bigger picture.

At the end of the day, the parking battle is complex but not unsolvable. All I can say is kudos to the students who strictly carpool, take the bus, walk, board, bike or rollerblade; you are the souls making the footprints that help save our environment. As for those who drive and are having problems with prices and availability, you are not being completely unreasonable.

If anything, shopping centres and malls could look at this as an opportunity. They could easily be taking down licence plates of those who work at the

malls or centres, and keeping track of all individuals who would be classified as shoppers. By doing this, they are able to determine the results of how many are repeat "shoppers" and start researching whether or not they are customers or students. After finding out how many students are avoiding parking costs, they may decide to make a bargain to ensure students make at least one purchase on shopping centre properties to create steady revenue.

Ideally, students would probably be asked to leave a receipt in the dash as a parking pass ticket. That or NAIT is really going to need to reconsider parking meter prices, as well as parking pass prices!

The back and forth parking battle is not one that will make progress unless there is compromise and enforcing tickets and impounding students vehicles is clearly not the answer. Who should budge?



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Letters

We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.

How to plan a portfolio

By **LANGIS DONNELLY**

The Investment Club of NAIT (ICON) brings students together from around the NAIT campus to discuss, analyze and better understand equity markets.

At ICON, one of the goals of our club is to build an investment portfolio that can beat market returns.

We have created the portfolio intended for the use of an individual in their late twenties and early 30s range. The portfolio can be used as our best guideline and recommendation of how to construct a portfolio for a newly minted NAIT graduate in that age range.

Investment strategy must be tailored for each individual. One of the main factors to consider is the individual's stage in the life cycle. A 34-year-old and a 64-year-old will have much different investment strategies. The 34-year-old is just entering their peak years in job earnings and will have the chance to offset any investment losses with their future salary income. A 64-year-old soon to enter retirement will not have

the ability to offset substantial investment losses with future salary earnings. Thus, each individual will have vastly different investment strategies. The article will be focused on the individual in the late 20s and early 30s range with consistent salary earnings.

The most important investment decision that will be made is the balancing of asset categories (stocks, bonds, real estate, cash) during different stages in the life cycle. It has been suggested that more than 90 percent of an investor's return is determined by the asset categories and relative proportions.

The remaining 10 percent is determined by the specific stocks that the investor has chosen. Proper diversification and allocation based on age range is the key to investment success. The question then becomes how much money to

put into stocks, bonds, or short term cash investments?

For the individual in their late twenties or early thirties, a very aggressive portfolio is recommended. At this stage in the life cycle, there is lots of time to ride the highs and lows of market cycles and there is also a lifetime of future salary earnings. Our recommendation is for the portfolio to consist of 70 percent in stocks, 25 percent in bonds and the remaining five percent in short term cash investments.

The stocks could include some smaller growth companies as well as a portion in international markets.

Generally the smaller growth companies must compensate the investor by offering a higher reward in return for taking on additional risk. The advantage behind investing in international markets is the

ability for the investor to gain exposure in other growth areas in the world outside of North America.

The bonds could include highly graded corporate bonds as well as some Government issued Treasury Bonds in order to receive consistent dividend payments and offset some of the risk from investing in stocks.

Lastly, five percent could be invested in short term cash investments that will mature between one and two years. These short term cash investments allow the investor to invest an amount of money and receive a predetermined guaranteed return at the time of maturity. However since there is virtually no risk involved in short term cash investments, the return is generally very small when compared to the other investments.

However this is only a recommendation and not a guaranteed way to make money. An individual interested in investing their money should seek more information before making any investment decisions.



Muslims reach out

By **NICOLAS BROWN**
@bruchev

With civil war and violent unrest across the Middle East and the tragic attacks on Canadian military personnel in Ontario and Quebec, the nation's attention is focused on a topic that is certainly a cause for concern; the radicalization of Canada's youth.

One group of Canadians is determined to shed some light on the issue of radicalization and to remind Canadians that Islam is, at its foundation, a religion of peace. Across Canada, members of the Ahmadiyya Muslim community and the Ahmadiyya Muslim Youth Association have been organizing a campaign dubbed "Stop the CrISIS" to discuss the issue of radicalization.

The Ahmadiyya Muslim community spans over 70 communities in Canada, making it one of the largest unified Muslim communities in the country. With a motto of "Love for All, Hatred for None," the community has been one of the most active groups in Canada in reaching out to Muslim youth and organizing programs to build youth into strong contributors to the community.

An example of this outreach can be seen in the Ahmadiyya Student Association on campus at NAIT. One of the community's many youth groups, the Ahmadiyya Student Association, works on campus to build relationships and reach out to other students. The group's members are organizing one of the "Stop the CrISIS" events on main campus on Nov. 28.

"Our community has always been involved in inter-faith dialogue, on campuses and off campuses and other places with other religious and non-religious communities," said Taha Anwar Syed, the Edmonton missionary for the Ahmadiyya Muslim community.

"From the beginning, since the founding of our community, we have always tried to pursue the cause of peace and promoting that Islam is a religion of peace."

The event itself will host presenters and multimedia demonstrations that focus on what radicalization is, how it happens and why it happens. Though there will be a focus on how it is occurring across the world, there will be a particular focus on the occurrence of radicalization in Canada.

In a secular country like Canada, it is difficult to understand how, and why radicalization can occur. Yet in the past two years there have been reports of Canadian citizens traveling abroad to fight with extremist organizations. The goal of the "Stop the CrISIS" campaign is to build awareness of the issue of radicalization among Muslim youth and new converts, and shine a light on the causes.

To attend the "Stop the CrISIS" presentation on Nov. 28, you can RSVP on the campaign's website www.stopthecrisis.ca or on the Ahmadiyya Student Association's OrgSync page. The event will run from 4 p.m. to 7:30 p.m. in the Shaw Theatre.



NI_BLE

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B

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Peace officer assaulted

By **GABRIELLE HAY-BYERS**
Editor-in-Chief

NAIT's finest were responding to a disturbance at the Nest Taphouse Grill on the evening of Friday, Nov. 14 when a peace officer was involved in an altercation that resulted in multiple arrests.

"On Friday, there were a couple patrons being aggressively loud, after asking them to quiet down, their behaviour continued," said Nest manager Michelle Dirksen.

"My staff contacted Protective Services to assist. Protective Services (then) arrived at the Nest," she said.

"My staff acted in a proactive way, following AGLC and NAIT rules, ensuring the venue and customer safety and Nest policies were upheld."

Reports from those on campus at the time indicate that up to four people were involved in the disturbance that took place and according to one student, the peace officers on duty actively searched for those involved for some time.

"As I was sitting outside the arena I saw a few peace officers walking around as if something was wrong," explains NAIT student Chantel Nakonechy. "A few minutes later, one of them walked back up the

ramp (to the arena) and it seemed like they were looking for someone and then (they) rushed back down," Nakonechy said.

Protective Services Insp. Craig Skelton with Protective Services said the NAIT peace officers were called to the scene to support Nest staff.

"Our peace officers also have the authority to enforce the provisions of the liquor and gaming act. While our peace officers were dealing with these four people, in response to that call, two of the patrons assaulted one of our peace officers."

The Edmonton Police Service was called and investigated the alleged criminal offence of assaulting a peace officer. NAIT Protective Services is uninvolved in that investigation, although the officer that was the victim of the attack may be called to testify if the matter proceeds to trial.

"I can tell you that nobody was injured, our peace officers weren't injured and nor were any of the patrons involved," Skelton said.

'Our peace officers all receive training in how to diffuse those situations in the most efficient manner without people getting hurt ...'

— Protective Services Insp. Craig Skelton

"Only two (of the four) were detained, they were arrested for assaulting the peace officer ... there were three people of that group of four that were identified by our NAIT Protective Services Peace Officers and they were dealt with under the Gaming and Liquor Act ... one person did leave during the commotion and they never did find out who they were."

Justin Nand, NAITSA VP External, was in the Nest at the time as a patron.

"When the altercation took place at the Nest, I asked one of the bartenders if we should be concerned and he said that we shouldn't," Nand said.

"He had been working at the Nest for many years and other places as well so I trusted his opinion."

Nand believes that trusting this staff member's opinion was the correct course of action.

"After seeing how everything turned out, I understood why he wasn't concerned. The manager contacted Protective Services beforehand who dealt with the issue as

quickly as possible and followed up with Protective Services afterwards," he said.

"I believe that Protective Services did the best they could to deal with the situation and the Nest staff did not interfere and followed their policies correctly, making the evening's issue work out smoothly. At no point during this time did I feel unsafe or worried."

Insp. Skelton says that while rare, assaults on peace officers are sometimes part of the job.

"I can tell you that generally that's an unfortunate reality of the work we do sometimes, that (our peace officers) are exposed to situations where violence is involved and there is an inherent risk anytime we are dealing with people, especially people under the influence of alcohol, that violence may occur."

Skelton credits the quick control of the situation to the training of NAIT's peace officers.

"Our peace officers all receive training in how to diffuse those situations in the most efficient manner without people getting hurt ... the situation was resolved and it was turned over to the police and NAIT remains the safe place that it is."

Warmer weather in forecast

By **BRANDON HESS**
Meteorologist in Training
@edmontonwxab

Remember that cold blast from earlier in the month? That has now pushed out and is being replaced with some warmer air.

Daytime highs will be near or above zero as we close this week of Nov. 16-22. Averages are now around minus 2 C. This warmer air may be accompanied with some flurries, showers or freezing rain Thursday, Nov. 20. Depending on how the atmosphere sets up, all this is possible. Not a high potential, but a chance. I do not see any major dump of snow coming our way any time soon. Instead, there is a chance of a little precipitation here and there. This is common at this time of year due to some warmer air coming in. The high will be near 0 C on Thursday, Nov. 20. Daytime highs will be in the minus single digits next week. The daytime high may be at or above zero on Friday, Nov. 21, subject to change.

A warm southwesterly wind could support some warmer temperatures in the afternoon and overnight next week. Morning lows will be above minus 10 C at times. This is a break from morning lows near minus 20 C earlier in the month.

I am keeping a close eye on the week of Nov. 23-29. Models are projecting daytime highs near the freezing mark. We are also supported by that westerly to southwesterly flow. This may push our highs up above zero. I have seen many times in the past where this flow pattern can give us warmer temperatures

than what the models project for a high. We will see if this actually ends up happening. But for now, I am keeping my forecast highs slightly below the freezing mark.

The good news for you (depending on your perspective) is that no cold snap is coming any time soon. We are almost at the end

of November and the average daytime highs will be near minus 2 C. Any day we see above zero is a treat.

We often get decent temperature gradients across the province at this time of year. This is where we see a steep change in temperature over a specific (particularly

short) distance. For example, we will normally get the warmer temperatures off to the southwest and the cooler temperatures up to the northeast. A temperature gradient is similar to a pressure gradient, except we are talking about the change in temperature and not pressure.



Point Counter Point Great Sequel debate



By **QUINTON BERGER**

@QuintonBerger6

Hollywood has a natural talent of bringing us amazing things ... and then subsequently ruining them. Sequels, remakes, remastering, you name it. If there's a movie that comes out and does really well, you best believe that Hollywood will churn out a terrible sequel and remakes ... ugh. Hollywood executives only care about one thing and that's money. Maybe I'm old fashioned but I think that if you're going to put your time, effort and money into something, it should be something you can be proud of. *Anchorman* is a prime example. The first one is a classic, one of the most quotable movies of our time. A hilarious plot line, amazing cast, hilarious cameos and every scene is quotable. It's a fantastic movie ... and then *Anchorman 2* came out. Man, what was that?! To quote Futurama's Calculon, "that was so bad, I think you gave me cancer!"

Leave well enough alone

As if sequels weren't bad enough, Hollywood also churns out remakes like nobody's business and nine times out of 10, they're terrible. If you have a classic movie, why spoil it by making a shitty rendition of it? Just leave well enough alone. There is currently a remake of *Warriors* in the works and I died a little to hear so. *The Warriors* is a time piece, an absolute classic and Hollywood has to go and shit all over it with a "modernized" remake, why? Just ... just why? The remake will be done without the Baseball Furies, one of the most memorable gangs in the film. This movie will undoubtedly be a vain attempt to appeal to the "thug life" crowd. A modern, generic gang film spun off from a cult classic. *The Warriors* remake, can you dig it? No. No, I cannot!

At what cost?

See, Hollywood execs know how to make money but at what cost? Well, I'll tell you. The cost of artistic integrity. Film used to be an art form and Hollywood used to pay top dollar only to get the best of the best.

But now, like everything, it's fallen victim to greed and the lust for the almighty dollar. Most Hollywood "blockbusters" that come out these day aren't even good. It's all tired, old ideas, recycled junk and it's all a part of the summer's "who gives a rat's ass" lineup. It won't be long now before even the most cherished classics are ruined. I can see it now, *Ferris Bueller's Day Off* ... from work, *The Breakfast Club* Remake, *46 Candles*, ugh. I feel dirty just typing those words. But mark mine, it'll happen. We live in a state of corporate greed and disregard for art. The rights and wrongs of the film world have been tossed out the window. Welcome, my son. Welcome to the machine!



By **NATE BRYANT**

You know what movie was great? *The Matrix*. You know movies that were even better? *The Matrix* sequels. I mean, what is *Grease* without *Grease 2*? *Alien 3*, *Terminator 4*, the *Son of Mask*! You just can't deny that Hollywood knows what it's doing when it comes to movies. Every movie writer or director doesn't want his movie changed but he doesn't know best. Hollywood has only the best of executives deciding what happens and whether a movie gets made. You may complain but you still shell out the cash every time a sequel comes out. While you shake your head, remember that no matter how "bad" it is, you are still going to lay out the cash for the new *Star Wars*. Hollywood is going to ensure that it, like every other sequel, is awesome! Do I need to give more examples? Well, I will. Remember how much you loved *Son of the Mask*? Or *American Psycho 2*? Or even the wonderful *Sharknado 2*? Maybe you're just hearing about these movies now but they are definitely worth the watch! Hollywood has definitely done it right!

They know what they're doing

So let's go back to the executives. Maybe you just don't understand — these executives know what they are doing. They are rich for a reason. They have a formula for making money from movies. They know they need to have a lot of action filled with explosions and some sexy characters and a love aspect, too. They know how to balance it. That's why *Transformers* has done so well! No one likes to have their movie be completely rewritten by executives but it's for the best! We wouldn't have masterpieces like *Indiana Jones and the Kingdom of the Crystal Skull* or every *Star Wars* prequel. As the great Chad Kroeger once said, success is a formula.

Leave success alone

The entire reason we make movies is for the success! So why do we want to stand in the way of that success by complaining about higher ups that know our "vision" better than us.

When I was a little boy, my mother asked me what I wanted to be. I put down my toy train and looked up at her with eyes filled with hope and unblinkingly whispered the words that would lead me to my destiny. "Rich."

Hollywood has made some of the best calls in the business. Some of the most notable are calls they weren't able to make, that would have made the movie so much better. Like, making Harold and Kumar Jewish, having Chewy wear pants, make all of *Lord of the Rings* into one movie or take out the Gremlins from *Gremlins*. We will never know how great those movies could have been if Hollywood execs could have made it the image it was meant to be.

In a world where everyone spends their days complaining about the brave executives that dare to make choices no one else would, I stand and salute you. You have the vision of a true artist and should I have to make a movie, I hope one day, you will change it to make even more money.



File photo

OPINION

— Editorial —

World all a-Kim-bo



GABRIELLE HAY-BYERS
Editor-In-Chief
@Gee_H_Bee

Recently one of our editors posted a comment on Facebook that garnered dozens of responses, all super heated and opinionated. I guess I shouldn't be surprised that it was about Kim Kardashian's nude pictures that recently came out in an effort to "break the Internet" (what?).

Now I really couldn't care about Kim Kardashian's butt or any other part of her. Many apologies to our Online Editor, Baillie, who is a massive fan. Part of me wishes I could say that I am respectful of her ability to build massive franchises upon her personal brand but I'm not privy to the inner workings of her world to know that I'd be giving credit where it's actually due. The girl could be a brilliant genius or dumb as rocks and likely none of us will ever know.

Pictures seen as inappropriate

Now honestly, I don't care that much about what celebrities do but one of the arguments surrounding these pictures was that she shouldn't show her body like that, that it was inappropriate, especially for someone who is a wife and mother.

And that's where my ugly little argumentative head reared itself. Our editor didn't mean for her post to be about Kim Kardashian. She meant for this post to be about slut shaming, about how we live in a world where condemning women for showing whatever amount of skin they're comfortable with showing. But instead of her followers commenting about that, all they could seem to do is judge this woman for showing the amount of skin she felt comfortable with showing. Exactly the opposite of the point of her post. My response?

Unsolicited opinions

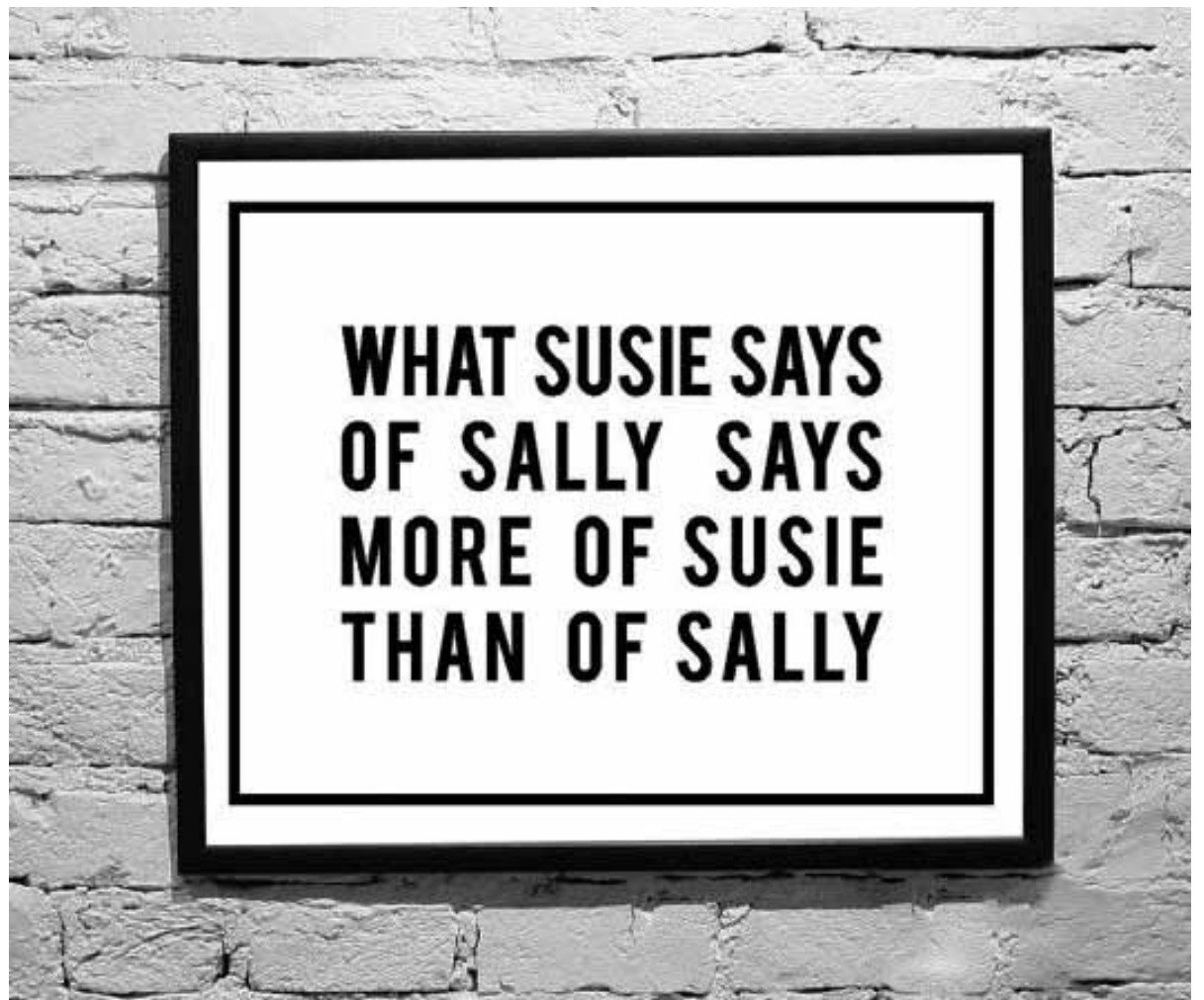
"The day people stop telling women what's appropriate to do with their bodies and condemning them when they don't comply with our unsolicited opinions is the day that women will be equal to men. People need to stop trying to control what women do with their bodies. They don't belong to anyone but the woman involved and if that woman is OK with it, then all is well."

Moderately terribly received, with another poster saying that flaunting your body in that fashion is free licence for people to want you for what you look like, not what you stand for. Apparently, we're responsible for people's responses to us. I didn't realize that if by some terrible cir-

cumstance I'm maimed in my life, I'll be responsible for the disgust people might feel upon looking at me.

We're responsible for our own thoughts, our own responses. Why is it OK to be condemned for thinking a racist thought when seeing someone of colour but if someone judges on the basis of someone's body, it's OK and somehow morally superior so long as it's a woman showing off her body? Our bodies are no more or less part of our human condition than the colour of our skin, yet we're expected to hide them? Or worse yet, be ashamed of them and cloak them in clothing so that no one will ever see them for how they are? But it's OK to be proud of beautiful hair or the colour of our skin, while people condemn the rest of our bodies like it's somehow not attached to us.

To give context, I'm a very conservative dresser. I'm more comfortable in a suit or long-sleeved dress than anything else (if you can manage to drag me out of my sweat pants). I'm not fighting for my right to show off my own body because I have no interest to. But what I do take exception to is people who have no stake in my life attempting to dictate how I should dress or show my body, which is what many commenters are attempting to do when they talk about Kim Kardashian's newest nude photos. It's none of our business. It's not our bodies, it's hers. And just like I'd hope that someone would argue for my right to choose to be covered up, I'll argue for her right to show off her body however she sees fit.



pinterest.com



Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit letters with your real name and phone number to: studenteditor@nait.ca.

SPORTS

Where are the fans?



CONNOR HOOD
Sports Editor
@connorhood27

Having been a NAIT student for over a year, I have somewhat grown into an Oaks fan. It helps being the sports editor for the *Nugget* and a sports reporter for the student-run broadcast, NAIT News-Watch. We cover the Oaks on a week to week basis, see how they are doing and follow the players. From what I have seen so far as a NAIT student – the Oaks are actually pretty good. The Oaks won provincial and national championships last year, most notably in badminton and look poised to have similar accomplishments in 2014-2015. This is something that NAIT has over many schools in Alberta – we are winners.

What I don't understand however, is how bad the NAIT fans are. Take last Wednesday, for example. The Oaks were hosting the Augustana Vikings in a battle at the top of the hockey standings. The crowd? Maybe 25 and that's a generous 25. You could get more people to show up for a novice practice at 6:30 a.m. on a Saturday. How would you feel being a proud NAIT Oak, yet nobody wants to spend any time watching you play for your school? It's demoralizing. It's not only hockey, as

basketball, volleyball and outdoor sports are desperate for NAIT fans. In a school with over 25,000 students, you would think you could fill a hockey arena on any given night. And it's not just the lack of students in attendance, it's also the quality of fans as well. NAIT would end up winning the game 6-3, yet it seemed like the four Viking fans at the game were making more noise than all of the Oaks fans combined. And they lost! Its pathetic. When I travelled to SAIT last year for the ACAC men's hockey championship game, I was

overwhelmed by the support the home Trojans received. Not only was the crowd loud, but they were involved, active and smart. And for those of you who don't believe in home-crowd advantage, you would be completely wrong. The home Trojans fed off their crowd, using them for momentum, and winning the game and the championship. A clear case of a team winning the game for their fans.

It's time for NAIT students to show similar support for their teams as well and I don't mean by just buying an Oak sweater

at the bookstore but actually going and watching a couple of games.

They might be pleasantly surprised by the quality of the games they watch. Students and sports fans should never take for granted a good team, because before you know it, they will be at the bottom of the standings. When the Edmonton Oilers can continually stay rooted in the basement of the NHL standings and still sell out Rexall Place every night, it shouldn't be hard to get a few fans for a team that actually wins.



Ook tries to fire up a group of fans at a recent volleyball game at NAIT gym.

BASKETBALL

Men, women keep winning

By BRIDGETTE TSANG
@BridgetteTsang

The Oaks women's basketball team is coming off a 61-53 win against the Lakeland Rustlers after losing their first game in their Nov. 7-8 weekend series 63-45. The two teams were one and two in the ACAC North Division standings to start this past weekend, with NAIT winning five of their six games so far this season.

The team started the Nov. 14-15 series off against the Keyano Huskies with a huge 60-45 win on the road, scoring 25 points in the third quarter alone. Forward Torey Hill finished with 12 rebounds and 22 points on

the night and Chawncy McClennan with 15 points.

Their second game tightened up significantly and the Oaks found themselves trailing by seven heading into the final quarter. But the final seconds of the fourth were all the Oaks needed to steal the game with a buzzer beater off a rebound to take it 53-51 in thrilling fashion and improve their record to 7-1 on the season.

The women will take on the Grande

Prairie College Wolves on home court on Nov 21 (6 p.m.) and 22 (1 p.m.), as NAIT also hosts Alumni Night the same weekend.

The men also travelled to Fort McMurray to take on the Huskies, winning their first game in tight fashion 79-72, with a team total of

40 rebounds.

The only loss of the night came at the expense of an injury to Oaks' Troy Barnes, who left in the first half with a

dislocated finger. The Oaks came into the weekend series winning all six of their games so far this season and stood atop of the ACAC North Division standings with 12 points.

Looking to keep their streak alive, their second game against the Huskies ended with an 84-71 win. Donny Moss and Alvin Parker scored 23 points apiece and the team had a total of 49 rebounds to remain undefeated and continue to stand atop the ACAC standings with 16 points.

The men's team will also take on the Wolves on Friday Nov. 21 at 8 p.m. and Nov. 22 at 3 p.m.



VOLLEYBALL

Men sweep Keyano at home

By JOSH RYAN
@joshryansports

The NAIT Ooks volleyball squads came away with three of a possible four victories against the visiting Keyano Huskies. Both teams won in nail-biting fashion 3-2 on Friday with students from Pinegrove middle school in Edson cheering on both teams. Saturday was a different story, with the women falling 3-1 and the men victorious by the same score.

Friday evening an attack error saw the ladies drop a tight first set 28-30. NAIT recovered nicely to win two-straight sets before giving up a large lead in the fourth, sending the match to five. In the tiebreaker, NAIT edged the Huskies for the 15-13 victory. Rookie outside hitter Tiffany Evans had a season high 20 kills and rookie setter Alex Blanchette came off the bench to win player of the game with eight digs, five blocks, two aces.

"Allowing Alex to get in and work through four sets for a win is huge for her confidence and helps us down the road knowing we have two good options at the setter position," said head coach Benj Heinrichs.

The next day, a bad serve-receive rotation from the Ooks set the tone for

both teams. No set was particularly close and Keyano prevailed in three of the four, 25-18, 16-25, 25-16 and 25-20. Shaynah Godlien led NAIT with nine kills. Heinrichs pointed to poor tactical play in the loss.

"Skill wise and effort wise we are doing good things but when the effort isn't tactical that's where we are struggling."

After a long wait from the ladies marathon match, the guys opened strong against the Huskies to win the first set 25-20. After a tightly fought 26-24 win in the second NAIT eased off the gas, allowing the Huskies to take the third 19-25 and a close fourth set 29-31. In the fifth, the Ooks again traded blows with the Husk-

Candice Hughes passes the ball against Keyano during week-end action. The women split their matches.

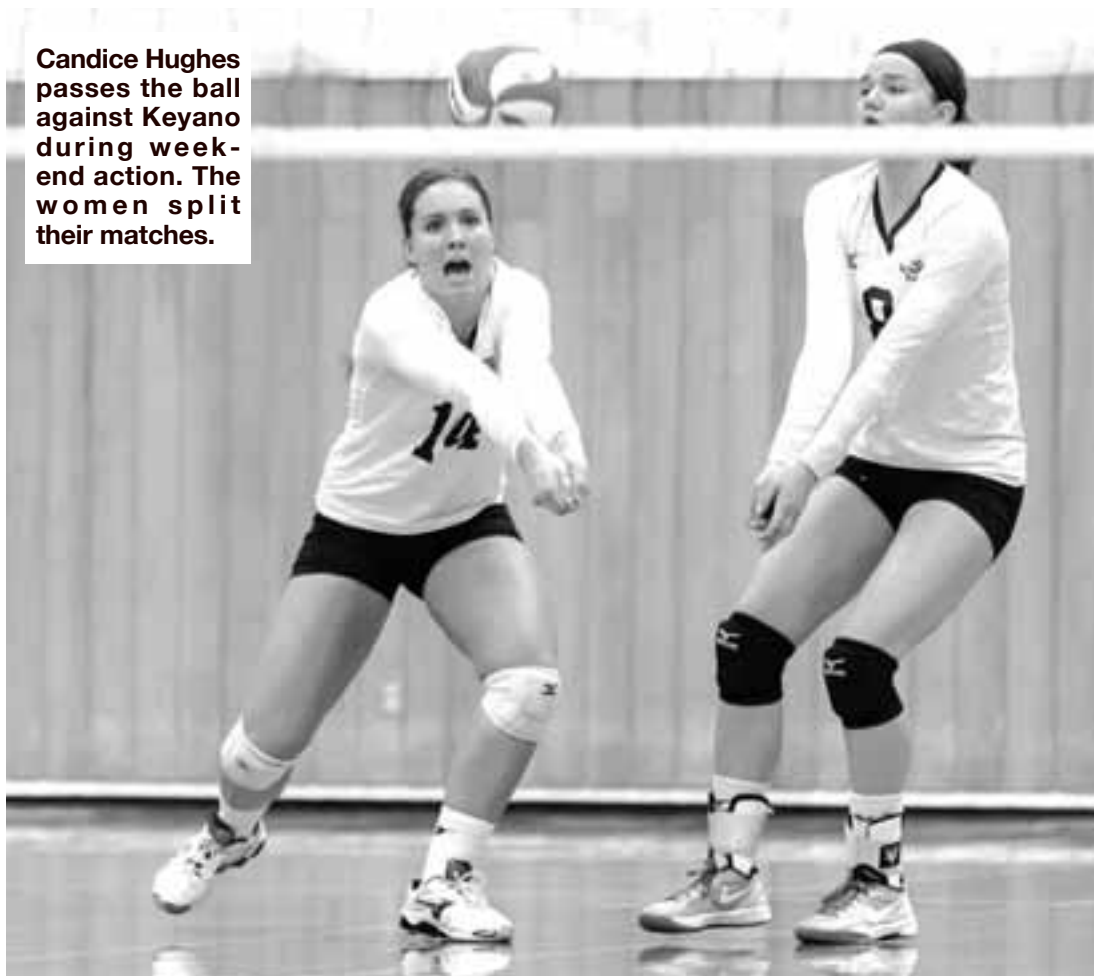


Photo by Jesse Kushneryk



Photo by Jesse Kushneryk

Trevor Zemlak, NAIT's Male Athlete of the Week, in action against the Keyano Huskies. The men swept their two weekend matches.

ies until finally winning 15-13. Trevor Zemlak was player of the match with 19 kills, eight digs, three aces and two blocks.

"A gutsy performance from the guys to pull out the win and make key plays at the end, though the Huskies gave us a bit of help as well," said head coach Doug Anton. "There's some things we can do a lot better tomorrow so now we regroup, get rested, recover and make a couple of adjustments for tomorrow's match."

Saturday afternoon, the Ooks struggled early to find their game with new players in the lineup, losing a tight opening set 24-26. The boys responded by roaring to a six-point lead in the second and rattled off three straight victories, 25-12, 25-11 and 25-19. Jordan Teliske was player of the match with nine kills, two aces and two blocks.

"The opening was a bit of a probing set for

our subs," said Anton. "After that, we were able to run away with it. It's also an outstanding effort from Jordan. He has struggled a little bit the past few weeks,

but as a reigning all-star we know he is capable of big performances."

The Ooks will now take on an inner city rival in the Kings University College Eagles. The King's women's team is 7-1 this year.

"We've seen them a fair bit already, so we know what some of their strengths are," said Heinrichs.

"Now it depends on our ability to work on the things that will help us tactically."

The men face a 4-4 Eagles squad, but aren't taking them lightly.

"They're always really dangerous, especially in their own gym," said Anton.

"We have to play disciplined and control their big middle (Olivier Prophete)."

The squads play at NAIT on Nov. 22. The women start at 6 p.m. with the men following.



Doug Anton



Benj Heinrichs

MEN'S HOCKEY

Ooks split with Augustana

By CAROL TAN
@ceeCarolina_

This past week, the NAIT men's hockey team was back in action on short rest, splitting a set with the Augustana Vikings. The Ooks dominated Wednesday's game with a 6-3 win and, on Thursday night, came up short after an early two-goal lead. Augustana walked away with the two points in that contest, winning 5-2.

The Ooks went into last week's games with an incredible scoring touch, having scored 56 goals in their 12 games this season. The boys were coming off a sweep of the Portage Voyageurs and were aiming at the top spot in the ACAC standings.

"We feel that [playing Augustana] will be a good test for us," said Ooks captain Scott Fellnermayr before the two games. "We need to carry the positives from past [weekends'] games" into the

matches against Augustana.

Despite being one of the top teams in the league, Augustana has yet to take home gold since the 2011-12 season.

NAIT dominated each frame and outshot the Vikings 40-15 in the first

game on Wednesday night. Brad Bourke opened the scoring for Augustana just 12 minutes into the first period but the Ooks' Kevin Carthy answered that goal three minutes later.

To finish off the first period, Jordan Wood then sniped one in to give the Ooks the one-goal lead. From then on, the Ooks took control, firing 18 shots and adding three goals in the second period to lead

5-2. Carthy added his second goal of the night. Early in the third, Jason Wark secured the Ooks' lead with his second goal of the season. Ten players registered a point for NAIT and five players had multipoint games. Tyler French

had a goal and three assists, Fellnermayr a goal and two assists and two helpers came from John Dunbar and Chris Lijdsman.

Thursday evening the battle shifted to Camrose. Penalties were called play after play within the first three minutes of the game. NAIT got off to a quick 2-0 lead, as Dunbar put in his league leading ninth and 10th of the year. However, that would be all the offence for the Ooks on that night.

Both teams racked up quite a penalty list during the second and third periods, which led to a few five-on-three power plays for Augustana. Unfortunately, the Ooks couldn't overcome the penalty troubles, which cost them their lead as the Vikings got up 3-2. They would then add two more to win 5-2.

"Based on [both] games, we demonstrated that we are the better team,

but an unfortunate situation occurred [where] an official seem to want to put an impact on the game" said a fired up coach Serge Lajoie after the game.

"We were caught short handed on numerous occasions on Thursday, which led to the inevitable loss," he said.

"It's unfortunate that an official would feel the need to have a negative impact on what otherwise was a great two-game performance by us."

After a win and a loss, the Ooks are sitting in second place in the ACAC with 21 points, just three points shy of the first-place SAIT Trojans.

This coming weekend, they hope to regain their scoring touch as they take on the Concordia Thunder. The Thunder are currently sitting in seventh place.

The Ooks will battle it out with Concordia at Glengarry Arena at 8:15 Friday night and then head back home on Saturday for a rematch at 6 p.m.



Scott Fellnermayr
'Good test'



Serge Lajoie
'Caught short-handed'

FITNESS

High intensity interval training

By JOSH RYAN
@joshryansports

Everyone flockes to the Internet for the latest diet or fitness fad but are often misled about working out efficiently. Interval training earns favour with many due for its structure and varying intensity. An advanced form of this is high-intensity interval training, or HIIT.

HIIT utilizes the coalition of short, intense anaerobic exercise recovery periods at a lower intensity.

"HIIT training is a great method for training," says NAIT personal fitness graduate Amelia Marcin. "It allows you to keep the workout intensity high while maintaining good form during the intervals and exercises."

One of the first forms of HIIT began with athletics coach Peter Coe and his son Sebastian. Motivated by the principles of European coaches, professors and physiologists, Coe had his son run repetitive sessions of fast 200 metres with 30 seconds of rest between each run.

Another stepping stone came from Japanese professor Izumi Tabata in a 1996 study involving Olympic speed skaters. One group trained in eight cycles of ultra-intense exercise for 20 seconds with 10 seconds of rest while the other group did continuous training and saw fewer benefits than the Tabata group.

Two other developments in HIIT training include one in England and another at McMaster University in Canada. Several studies carried out by the University of Loughborough's Jamie Timmons have shown significant benefits in health.

Finally, a 2009 study done by Professor Martin

Gibala at McMaster revealed significant gains in his subjects in three days that were equal to the gains of other training methods over five days.

HIIT sessions usually feature a brief warm-up period followed by three to 10 reps of high intensity exercise, separations of medium intensity exercise and closing with a cool down exercise. Doing this training briefly pushes you past your aerobic exercise zone and trains both the anaerobic and aerobic systems. Maximum effort makes the workout different than simply training at a steady rate. While the methods can vary, there is usually a two to one ratio of work to recovery. An example would be running a 30-second lap around a track, then jogging for 15 seconds. This training can vary anywhere from four to 30 minutes.

There is a wealth of benefits to HIIT training. First, it's an efficient training method that works well for folks with a busy schedule. You can design a workout to last mere minutes and aren't hampered by location or equipment. More calories get burned and the exertion of the intense workout makes your body work harder to repair itself, resulting in greater fat burning while retaining muscle. Other benefits include a healthier heart, increased metabolism and improved insulin sensitivity. People also seem to forget the importance of pushing themselves and HIIT training pushes you to your max.

All in all, HIIT training is a great method for exercise that allows you to adapt to your surroundings and have a balanced program that pushes your physical boundaries.

7-MINUTE — HIIT — Workout

Do each exercise at high intensity for 30 seconds followed by a 10-second rest if needed. Repeat entire circuit up to three times.

JUMPING JACKS
WALL SIT
PUSH-UPS
CRUNCHES
CHAIR STEP-UPS
SQUATS
TRICEPS DIPS
PLANK
HIGH KNEES/RUNNING IN PLACE
LUNGES
PUSH-UP ROTATIONS
SIDE PLANK

Athlete Profile



Player: Lindsey Brouwer
Sport: Hockey
Position: Defence
Program: Denturist Technology

By CHARLIE ZHAO

1. What made you start playing hockey? I originally started off playing ringette and when I was about 14 I decided to switch just for a change of pace and my dad and brother really wanted me to try hockey, so I did!

2. Who was your childhood idol and why? My childhood idol would probably have been the singer Shakira. That's probably weird but I dressed up as her for Halloween once when I was young and thought it was the coolest thing ever.

3. What are some of your hobbies during your spare time? During my spare time I like to sleep! I enjoy hanging out with my friends mostly in my spare time, though.

4. What type of music do you like? I enjoy all kinds of music, mainly country. I can somewhat sing to that.

5. Which sport do you like except hockey? I really enjoy watching football,

actually ... just watching, though!

6. Who inspires you the most? I would have to say my family inspires me the most. We have been through a lot together and they are a huge support system in my life that I am thankful to have.

7. What are three things you can not live without? Three things I cannot live without ... well, my friends, family and food?

8. Where is your dream oasis? My dream oasis would probably be Sweden.

9. What is the best advice you've been given so far? Best advice I've been given has probably got to be to work hard for what you're given, don't take anything for granted and if you have a good positive attitude you will be successful in life!

10. What do you want to say to your team? There's a lot but probably just that I love them all and their weirdness keeps me laughing.

Athlete Profile



Player: Chris Lijdsman
Sport: Hockey
Position: Defence
Program: Business

By CHARLIE ZHAO

1. What made you start playing hockey? My dad got me in skates when I was two.

2. Who was your childhood idol and why? My dad, he would do anything for anyone. He is the biggest supporter of anything I chose to do.

3. What are some of your hobbies during your spare time? I like to keep active – golf, snowboard, wakeboard and being on the lake.

4. What type of music do you like? Mostly everything.

5. Which sports do you like the most outside of hockey? Golf and lacrosse.

6. Who inspires you the most?

Recently I read about the Bobby Ryan story and he had to battle through some major adversity to get to where he is today.

7. What are three things you can not live without? Family, friends, cell phone.

8. Where is your dream oasis? Somewhere plus 30 C and on a beach.

9. What is the best advice you've been given so far? Never look down

on someone unless you're picking them up.

10. What do you want to say to your team? Let's go get a championship!



Athletes of the week

November 10-16

Torey Hill Basketball



Torey helped lead her NAIT women's basketball team to road victories in Fort McMurray over the Keyano Huskies this past weekend. In Friday's 60-45 victory over the Huskies, Torey notched 22 points and 12 rebounds before adding 19 points and 10 rebounds Saturday in the Ooks' 53-51 victory in the rematch. "Torey had a pair of double double games to anchor our performance this weekend," said head coach Todd Warnick. "Her performance in the paint at both ends of the floor was key to our success on the road." Torey is a third-year Personal Fitness Training student from Viking.

Trevor Zemlak Volleyball



Trevor helped lead the now 7-1 NAIT Ooks volleyball team to a weekend sweep over the visiting Keyano Huskies. In Friday's narrow 3-2 win over the Huskies, Trevor tallied 19 kills, three service aces and two digs, earning Player of the Game honours for the Ooks. He followed that up Saturday in NAIT's 3-1 victory with 11 kills and seven digs. "Trevor had an outstanding weekend against Keyano College and his performances continue to improve," said head coach Doug Anton. "He anchored our passing system and has been steadily improving at the net. His intensity, aggressiveness and commitment to minimizing errors set the tone for both of our performances this weekend." Trevor is a third-year Construction Engineering student from Prince George, BC.

DISCOUNT TICKETS

Cineplex Tickets	\$9.50
Landmark Tickets	\$9.50
West Edmonton Mall choice pass	\$25.00
<small>(The WEM Mall Choice Pass good @ the Waterpark, Galaxyland or other WEM attractions)</small>	
Edmonton Eskimos Tickets	\$26.00
Edmonton Rush Tickets	TBD
Shinerama Lollipops	\$1.00
Marmot Basin Lift Passes (Dec 2014-May 2015)	
Student	TBD
Adult	TBD
2014 Canada Golf Card	\$40.00 \$34.00
<small>(Includes BC Courses)</small>	
2015 Canada Golf Card	\$40.00
<small>(Includes BC Courses)</small>	
Ooklets	\$7.00

*Prices are subject to change. Please note the following tickets are available SEASONALLY: Edmonton Eskimos, Edmonton Rush Lacrosse, Marmot Basin. Tickets can only be bought in person at the NAITSA office (E131) on the main campus.

ENTERTAINMENT

Great music on the way



By **RICHARD LUKACS**
Entertainment Editor
@DickTorrance

I am usually a reliable person and always on time with my articles. Now I'm super late with this one. The reason? I tried to get tickets for one of The Smalls reunion shows last week but all of them were sold out in no time. Then Sunday afternoon a friend of mine called me up and said she had two tickets for the last show and wanted me to go with her. I should have been writing this editorial but I have an addiction that leads my life and keeps it in chronic bankruptcy.

There is no rehab for this. I am addicted to live music. I'd rather go to a show than to a bar or a house party or the movies or, as the matter of fact, anywhere. I would rather go to a live show than to heaven.

And Edmonton is hell of a place to fuel this addiction. The Smalls were great. I had the best night in forever. And I never even was one of their biggest fans. But now, after seeing them live, they turned me into one. And the concert schedule for the next few months is mind-blowing. If I hadn't been late with this article I would ask for a pay raise. There is no way to financially keep up with all the goodness coming up. Tonight the creeps of Gwar will cover Union Hall in blood and slime, supported by the legendary Corrosion Of Conform-

ity. This Friday, the crazy industrial metal icon Devin Townsend will shred the same venue alongside the experimental progressive bosses, Animals As Leaders.

Then, next day, He Is Legend and southern-rock pioneer Maylene and the Sons of Disaster will bring the noise to my favourite venue, the Pawn Shop on Whyte.

In December, the southern/doom supergroup Down fronted by Phil Anselmo (ex-Pantera) – one of the most legendary figures in metal history – will be here to deliver heavyweight riffs like no one else. They are bringing UK's finest stoner gang, Orange Goblin, with them. In the meantime, my favourite female singer, the magically talented Kandle, will do a Canadian tour. I will try to catch her at Red Deer and Calgary as well before she casts her spell on Edmon-

ton with folk-rock captain Chuck Ragan.

Spending New Year's Eve at San Francisco to see IAMX would be impeccable.

In the first few weeks of 2015 iconic bands like Black Label Society, Hatebreed, Napalm Death, Voivod, Exhumed, Iron Reagan and Machine Head will pay a visit for us and teach us some lessons in heavy riffing. The arguably best melodic death metal legend At The Gates has reunited, released a great new studio album and is doing a tour with my favourite band of all time, the dangerously brilliant chaos-brigade Converge. They won't play in Edmonton but I have heard that Vancouver is a very nice spot. Hopefully I will catch them there.

Alright. So I'm 14 hours late with this article. Should I still try to ask for that pay raise or should I just start a new career as a criminal? This addiction is stronger than me. And I'm fine with that. Music is life.

There is no rehab for this. I am addicted to live music ... I would rather go to a live show than to heaven.

Converge should be a hot ticket when they play in Vancouver.



FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...

By **DANIIL ANSELM**

In honour of Kendrick Lamar's recent stellar performance on Saturday Night Live, I figured it was appropriate to enlighten the few people out there who might not know who Lamar is.

For only good reasons, Kendrick has been in the hip-hop spotlight for the past couple of years. The kid from Compton has managed the all too rare feat of combining lyricism, talent and mass appeal without falling into the bottomless pit of sellouts.

Lamar started his career as "K.Dot" with his TDE crew and released his *Training Day* mixtape all the way back in 2005. He didn't start gaining attention until a Lil Wayne co-sign for his 2009 *C4* mixtape, which was followed by his *Overly Dedicated* mixtape that got Dr. Dre on the phone.

Two years later, we received *Section.80*, one of the best independent hip-hop albums in the last decade. By then, the rap community was full aware of Kendrick's talent and it was only a matter of time before he became a household name. Fans and critics were salivating for a full-length studio album before Lamar delivered *good kid, m.A.A.d city* over a year later. Kendrick proved all the hype and promise was deserved with five Grammy Award nominations, including Album of The Year and the infamous loss to Macklemore's (!) *The Heist* for Best Rap Album. Accolades aside, if for some

incomprehensible reason you have yet to listen to *GKMC*, you are missing out on a classic. Yes, a rap classic.

Since then, Kendrick has broken the Internet with his verse on Control, rapped or toured with the likes of Drake/J. Cole/Eminem/Game/Busta Rhymes and anybody else important, released a new single for his upcoming third album and appeared in a commercial for Beats with a verse on a song that will inevitably never come out but sounds like an auditory orgasm (watch the Director's Cut).

A large percentage of rappers will hone one specific flow and stick with the proven formula until they decide to retire. Kendrick has the ability of changing up his flow in the middle of verses and it sounds so damn good. He can tell you a story, he can hit you with some crazy metaphors, he can go from thug to intellectual whenever he chooses to do so ... he can do it all.



www.passionweiss.com

Kendrick Lamar

This is why I think he's the best rapper in the game right now.

I present to you, a Top 10 (in no particular order) of the kid from Compton:

1. Ignorance is Bliss
2. Buried Alive (Interlude)
3. Cartoons and Cereal
4. m.A.A.d city
5. HiiiPower
6. The Heart Part 3
7. Keisha's Song
8. Rigamortis
9. The Art of Peer Pressure
10. Collect Calls

ASSASSIN'S CREED

AC: Unity – buggy but fun

By **JORDAN TUTTLE**

Assassin's Creed: Unity (ACU) is fun, buggy, new and only alright.

Upon playing ACU, I noticed a number of bugs, right off the hop. Faces were disappearing, I was falling through the map and in some instances, I couldn't attack or be attacked.

While there are a lot of bugs and graphical issues, this game is still fun, if you can look past the bugs.

I'm not saying this game was horrible, but I'm not saying it was awe-inspiring. It had potential to be the best *Assassin's Creed* yet but wasn't, mainly because of all the bugs.

Assassin's Creed Unity is the newest instalment of the *Assassin's Creed* series, and its only available on the PS4 (PlayStation 4) and XBO (Xbox One), and it boasts a whopping "next gen" feel, with 30 fps (30 frames per second) with an intense 900p ... how next gen of them.

While the game is supposed to be locked with 30 fps at 900p, it has yet to reach those 30 fps. It tends to linger around 22-27 fps. Woohoo.

OK, enough complaining. Let's review this thing.

Assassin's Creed Unity is great. (All problems aside) Ubisoft has stepped their game up and improved on many levels. The city you get in this game is Paris, set in the late 1700s, plopping the player right in the middle of the French revolution. The city is huge. Previous games had a 1:3 scale, while ACU has a beautiful 1:1 scale

of Paris, making it the largest city in the *Assassin's Creed* universe. (It's bigger than all land-masses in black flag combined) And what's even better, is that one in every four buildings is open, yes, that's right, one in every four buildings is free to enter without a loading screen (what a time to be alive). No more pesky loading screen when entering a bar or social hub. You can freely climb through any open window in the game, without passing a single loading screen.

Their "parkour" system is refined, and more specific to what the player wants to do, as opposed to what the game thinks you want to do. Instead of pressing RT (right trigger) +X (or RT+A) to get around, you only need to hold RT to free-run. They have added a new "parkour-up" and "parkour-down" system, where pressing X (A) will assist you while climbing building, and pressing O (B) will assist while climbing down, making it much faster to scale or ascend from building. No more looking for a bale of hay. The climbing is much more fluid looking and animations are well connected to each other.

The combat system has also be

revamped and focuses more on a "fencing" style of fighting, relying more on timing and fluidity, instead of merely having good reflexes. The fighting is much harder in ACU compared to previous games. You can no longer take on 10 people with ease, in that situation, it would be best to run. In fact, even with a fairly high character level, and strong weapons, taking on more

than seven people is nearly impossible without taking damage. Enemies are smarter and no longer take turns attacking, they can also throw stun-grenades that blind you, to make it that much easier for them to kill you. There is little indication of being badly hurt, aside from a low health meter. And the fact that some enemies

have long rifles and can shoot you from almost any distance with a clear line of sight, has made it challenging to go "all out" and kill everyone with brute force. You will need to take your time with conflict and your approach to completing missions.

The mission structure in this game is great, with extra side objectives that will help you complete the main mission. Instead of climbing in through the roof,

perhaps you want to steal the key from someone or you want to eavesdrop on a conversation to figure out who will be meeting who, and where.

These little opportunities are what make the missions so fun to play and not just rush through.

On that note, other mission structures have changed as well.

During "follow/chase" missions, you have more realistic outcomes of the missions themselves. In previous games, if you lost your target, you would have to redo the entire missions or at least the chase sequence. In ACU, if you lose your target, you merely have to find him again in a small area highlighted in green. So don't fret if you lose your target, you can always re-acquire them.

Another great thing that ACU includes (and we've been waiting for a while on this) is a full four-player co-op. That's right, you and your friend get to run around Paris and assassinate people together.

There are lots of co-op missions to do and a bit of variation in them. They're not all assassination missions. You can also do heist missions, where you raid a palace and steal all the paintings. You can also free-roam Paris with a group of friends if you're feeling lonely.

Other mechanics that are included in ACU that weren't there before include: lock-picking, a dedicated crouch button, a cover system, as well as stealth. No more looking for a bush to hide in, you can hide anywhere.



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MOVIES – THE KURT LOCKER



www.ign.com

Noah Wiseman and Essie Davis in *The Babadook*

The Babadook – very scary!

By KURT FABISCH

"If it's in a word or it's in a look, you can't get rid of the Babadook."

First there was the Sydney funnel web spider that was the most frightening thing to me in Australia. Jennifer Kent's film *The Babadook* manages to come up with a creature almost as scary.

Single mom Amelia lost her husband in a car wreck the same night she gave birth to her son, Samuel.

Samuel is a somewhat abnormal seven-year-old child, prone to bringing home-made weapons like crossbows to school.

Amelia reads a new storybook Samuel picks out one night. It's called *Mister Babadook*. It's a simple enough monochrome coloured pop-up book about this Babadook character. And how once he shows up ... he never leaves.

Let me start on how frightening this

movie is by saying that the actual prop, this book they read, that alone is enough to give you nightmares. *The Babadook* very much reminded me of something out of a Tim Burton movie in how it looks. The image of this tall man in a long black coat, top hat, long fingers and a pale white face sent shivers down my spine and that was just a drawing.

After Amelia reads the book, Samuel starts having nightmares and fits about the Babadook, so she tears the book up and throws it away. The next day there's a knock on the door and the book is on the front porch, sewn back together and with new pages and words:

"The more you deny, the stronger I get."

This is when the movie kicks into gear. And whenever the sun goes down and we're in this house, I was watching

this movie with my hand half covering my eyes. The setup for this *Babadook* was so menacing I was afraid to even see it.

The look of this film adds to the horror. The house itself is a sort of gray colour, much like the book. And before each *Babadook* scene we get these still shots of the house. Just a shot of the staircase, then the hallway, then we're in Amelia's bedroom. Sounds simple enough but that right there got me nervous.

And when the *Babadook* finally shows up, it's the most scared I've been watching a movie this year.

This is the scariest film I've seen in a long time. This is the kind of horror movie that you will think about if you ever get up in the middle of the night.

The way the film shows us the *Babadook* is always creative and never not terrifying. The film makes the ordinary fright-

ening. One scene has Amelia crawling on the floor to get away while a long black coat appears and falls on the floor next to her. It's just a coat falling to the floor and it's absolutely horrifying.

The performance of Essie Davis as the mother is fantastic. She gets to play a lot of different levels throughout the film. She gets scary herself once the *Babadook* starts toying with her mind.

The Babadook is a horror film not about blood, violence or gore, like so many today.

It's a movie that isn't about disgusting the audience, just creating images to produce nightmares for years to come.

And *The Babadook* is most certainly the stuff of nightmares. I doubt a better horror film will come along in 2014.

★★★★★

The fine art of Schmoozy

By **NICOLAS BROWN**
@bruchev

This past weekend I had the opportunity to attend Latitude 53's annual gala and fundraiser; The Fine Art of Schmoozy. Showcasing artwork from prominent Edmonton area artists and featuring Edmonton-based singer-songwriter Nuela Charles for entertainment, the small gallery was transformed Saturday evening into a lively venue of art and music. Guests could bid on a wide variety of donated artwork, enjoy musical entertainment and engage in enlightened conversation while enjoying food dishes offered by local Edmonton businesses, including Duchess Bake Shop, The Common and The Marc.

What is Latitude 53? Officially called Latitude 53 Contemporary Visual Culture, the gallery was founded in 1973 as a not-for-profit artist-run centre. Their mandate is to support the research and development of new artistic practices and concepts and provide a non-coercive environment for artists and Edmontonians to experience new art forms.

"Latitude 53's role in the art community is to push boundaries in contemporary artwork, as well as creating a space where artists can come and take risks," says the gallery's development co-ordinator, Karen Gill.

With a variety of small exhibits spread out over the year, it would appear the gallery likes to push those boundaries often, to the delight of supporters. Saturday's event saw over 340 attendees, including Mayor Don Iveson, all of whom had a unique connection to the gallery.

"I took an oil painting class with a member of the board," said one guest, explaining how he became a supporter.

"I don't remember how that happened; random chance, I guess."

Latitude 53 has been host to the artwork of many Edmonton area artists in the past, ranging from Brenda Draney to Bob Iveson. NAIT may not traditionally be known as an art-oriented institution but even our own graduates have been represented in events at Latitude 53.

A number of graduates from NAIT's photography program have been featured in a number of past events.

"We try to keep as local as possible, so artists and performers you see at our events, like Schmoozy, have either exhibited at Latitude 53 before or are prominent artists in Edmonton," Gill explains.

Graduates from local institutions like NAIT and MacEwan University aren't the only ones showcased at Latitude 53, though.

One of the ways Latitude 53 reaches out to aspiring artists and the community at large is through volunteerism. An overwhelming majority of the gallery's activities rely heavily on volunteers, whether it is installing new art exhibits, completing renovations or, most important, running events.

Events like Schmoozy offer volunteers and especially students, the opportunity to network and build on their skills.

"If we didn't have volunteers, we wouldn't have Schmoozy," said Gill. "It's such a volunteer-oriented event, the volunteers basically run everything; from front desk, to the kitchen, to the bar. Without volunteers, there would be no Schmoozy."

Volunteer opportunities are one of the easiest ways for students to network and showcase their skills.

I had to ask why the gallery picked the name

"The Fine Art of Schmoozy" for this annual event. The name has been used by Latitude 53 for over 16 years, featuring prominent artists and community leaders every year since its inception.

"We called it Schmoozy because it's a way to connect with artists; it's the who's who event of Edmonton," said Gill.

"For students, it's an opportunity to volunteer, mingle, and meet community leaders."

Certainly Saturday's event showcased those opportunities, as volunteers had the opportunity to mingle with attendees from across the city. If you've never thought about the benefits of volunteering at events like The Fine Art of Schmoozy, maybe it's time you did a little "schmoozing" of your own.



Photo by Nicolas Brown

Mode Models Kendall Graham, left, and Danielle Goudreau with outfits that were to be auctioned off.



Photo by Ciaran Boyle

Jamie Bell, 19 Photographic Technology

Boxers or briefs? – Boxer briefs.

Biggest turn-off? – Smoking

Celebrity crush? – Adam Levine

Why should someone date you? – Outgoing and super level. I'm an open book.

Why are you single? – Too picky!

What type of guy are you looking for? – Country boy.

First thing you notice about someone? – Their eyes.

Describe yourself in three words. – Very, very weird!?

Are you hot and single? E-mail us at entertain@nait.ca

People, not cars, on Whyte?

By CONNOR HOGG

A new project proposed by the City of Edmonton has been dividing citizens ever since an open house earlier this month.

The Car Free Project has been proposed for both Whyte Avenue and Jasper Avenue, but it's the Whyte Avenue proposal that has been causing controversy.

Specific details of the project have not yet been decided but the project will take place along three or four blocks of Whyte Avenue, one of Edmonton's busiest entertainment districts. The traffic removal would take place between midnight and three in the morning, effectively removing all traffic except for transit vehicles and taxis in a single lane. The rest of the street would be available for pedestrian use.

'Worth investigating'

The project was developed by the City and Responsible Hospitality Edmonton, in association with the Old Strathcona Business Association.

"Originally it was presented to us as a stakeholder," says Murray Davison, executive director of the Old Strathcona Business Association.

"We thought it would be worth investigating, to reduce some of the congestion that we have, which results sometimes in some pushing and shoving and broken windows and some violence. So we're just trying to free that space up by closing down Whyte Avenue."

Kevin Martin, a business owner on Whyte Avenue, thinks the closure could be beneficial.

"I think it's a very interesting idea," says Martin. "I hope it works, because a lot of the bigger cities (not Edmonton) already do it. As a guy that has a business ... and works ... on Whyte Avenue, ideally if it goes well, ideally if it works, it's great."

Has concerns

However, Martin has concerns over the timing of the project, as testing it during the winter could lead to difficulties.

"I think it would be a great idea," says Brendan Curley, a concerned citizen who spends time on Whyte Avenue.

"I visited Vancouver and they do it there on some of the major streets ... I think it would also help late at night. There's a lot of drunk people wandering onto the streets, it's kind of a safety issue. But obviously, you've got to wonder where all that traffic is going to go."

"It might help in this particular area," says Sean McConnell, another Whyte Avenue citizen.

"But people will find other places to go. It's really only going to help in this small area, it's not going to change much. Pedestrians, maybe, I don't know if it would help businesses much. If you can't

get here with your car, you might as well go somewhere else where you can park your car right outside the bar."

Due to the mixed reactions from the Open House, the City of Edmonton has recently posted an update on their website: *The ... public consultation completed to date (has) demonstrated that while there is a great number of people who support the idea in principle, there are some very real concerns about the elements that would need to be in place for the project to be successful.*

"A lot of the traffic that happens at that time of night is cruising traffic," says Davison. "People going up and down the avenue to see what's going on. If you close that down it won't be happening and it won't necessarily be pushed out onto other streets."

Work on the project is ongoing and details regarding specific times and locations will be released by the City of Edmonton in the coming months, as data is compiled from online surveys and open houses. As of now, testing for the project is scheduled to begin in early 2015.

"The streets get shut down for various events over the year, so it's not like this hasn't happened before," says Davison.

"It's just for this purpose and duration I think this is something new. If

you look at spreading people out and getting the late night transit there. As our city continues to grow, entertain-

ment and shopping districts continue to grow, we need to be able to get people to and from our area."



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THROWBACK THURSDAY

When streets were friendly

By JOSH RYAN

Back in the day, one of the best things as a kid was gathering after school, throwing sticks in the middle of the street and then getting into a good ol' game of street hockey. Rain, sunshine, snow and all other weather factors were mute points when the desire to grab a stick and a tennis ball kicked in. However, the number of kids playing street hockey has been drastically reduced in Canada due to laws that have made the game illegal on public streets. Occasionally you can find organized games in an enclosed area, like a large parking lot where people have set up barriers for games but these are few and far between. This is unfortunate, as not only is street hockey a part of the great traditional sport so many Canadians hold dear, it's also a great way for kids to be active.

The cul-de-sac I lived in back home in Cochrane was perfect for playing street hockey. The road was freshly paved, had no overt declines and was long enough to be an arena. The best thing about living there, however, was how many kids around my age also lived in the neighbourhood. Most of the kids didn't play organized ice hockey but everyone loved playing the game and we had so many great times together. The cost of playing was low, with street hockey stick prices and goalie equipment vastly more affordable than ice hockey gear and being a terrible skater had a much smaller impact on skill level.



cdn.nhl.com

Road hockey – a disappearing Canadian tradition

There was one dark year where all of the other kids bought rollerblades within a couple weeks. Because of the effectiveness shoes had on defence, I found myself forever stationed between the pipes until I finally got a pair of wheels. Goaltending was simpler back then. Outside of a mask, pads, blocker, stick and glove you didn't need extra equipment. In the winter time, a thick jacket was as good a chest protector as any. Not until around the age of 14 were kids able to shoot hard enough that getting

hit with a ball really hurt.

We all loved every minute. The constant whacking at rebounds, the occasional slash to the shins, the mile-long trek chasing down a slap-shot that cleared the top of the net by 50 feet. Every time we hit the street, fun was in store. The one thing that curtailed it was one neighbour who freaked out about her flowers getting destroyed when we went to retrieve the ball off her lawn. Looking back, she had a point but at the time we didn't care.

Nowadays, it's hard to find kids and street hockey sticks anywhere. Public streets don't allow play due to liability issues regarding injuries and property damage, aka dents-in-cars. Those concerns are certainly legitimate, however, it's sad to see such a wonderful pastime essentially disappear. There are still tournaments put on that allow Canadians to enjoy hockey on the street, albeit in supervised areas that don't have cars drive through, but somehow it's not the same.

CROSSWORD

Across

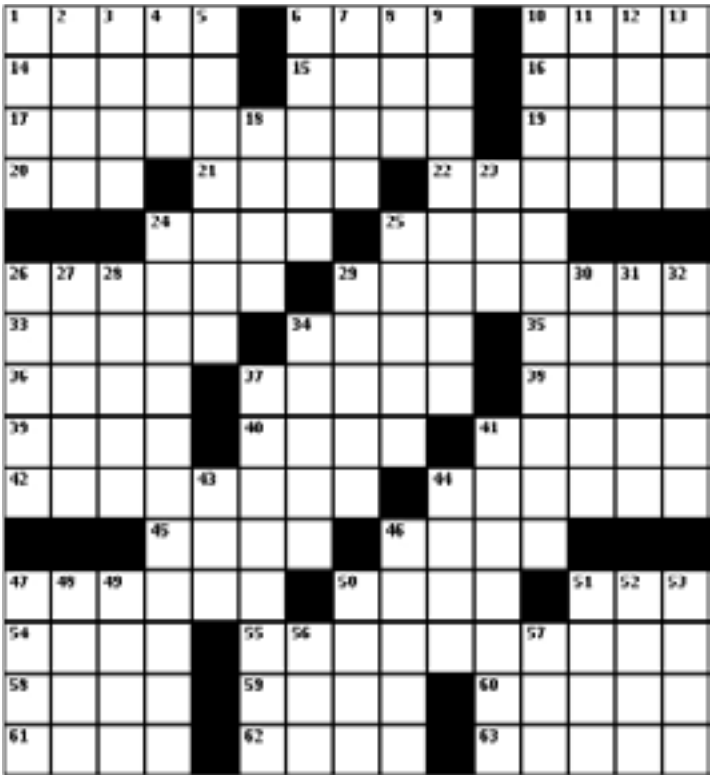
- 1- Singer LaBelle
- 6- Pequod captain
- 10- Greek letters
- 14- Beat it!
- 15- Info
- 16- Infrequent
- 17- Having keen hearing
- 19- Archer of myth
- 20- Pro ____
- 21- Exhort
- 22- Copies
- 24- Winglike parts
- 25- Primo
- 26- Valuate
- 29- Abounding
- 33- Blank look
- 34- Narrow strip of wood
- 35- Like ____ not
- 36- Tramp
- 37- Arrive at
- 38- Beancurd
- 39- Uniform
- 40- Actress Thompson

- 41- Shops want to achieve high ones!
- 42- Harem
- 44- Slice of meat
- 45- Employs, consumes
- 46- Go (over) carefully
- 47- Composer Mahler
- 50- It's over your head
- 51- Mouthpiece of a bridle
- 54- Do followers
- 55- Increase in speed
- 58- A Baldwin brother
- 59- Tidy, without fault
- 60- Way to cook
- 61- Goes out with
- 62- Throw
- 63- Psalms interjection;

Down

- 1- Attention getter
- 2- Dull pain
- 3- Streetcar
- 4- Sailor
- 5- Sudden inclination to act
- 6- Saying
- 7- Fabled loser
- 8- Devoured

- 9- Criticize
- 10- Plan beforehand
- 11- Mata ____
- 12- Camaro model
- 13- Cong. meeting
- 18- Periods
- 23- Roadhouse
- 24- The science of flight
- 25- Fiber obtained from a banana plant
- 26- Remains of a fire
- 27- Range
- 28- Cavalry sword
- 29- San Antonio landmark
- 30- Coral island
- 31- Like some checking accounts
- 32- Confidence
- 34- Big rigs
- 37- Pertinent
- 41- Wave riders
- 43- Govt. property overseer
- 44- Moderately cold
- 46- Writers of verse
- 47- Mardi ____
- 48- River to the Ubangi



- 49- Hook's helper
- 50- Some DVD players
- 51- Ancient Semitic for "Lord"
- 52- ____ boy!
- 53- Ninth letter of the Hebrew alphabet
- 56- Corp. bigwig
- 57- Caviar

Puzzles provided by BestCrosswords.com (<http://www.bestcrosswords.com>). Used with permission.

SOLUTION
Page 23

TAYLOR'S TAKE

The power of “destiny”



TAYLOR BRAAT
@TaylorBBraat

Destiny – a seven-letter word. What does it mean?

Defined, it is “the predetermined, usually inevitable or irresistible, course of events.”

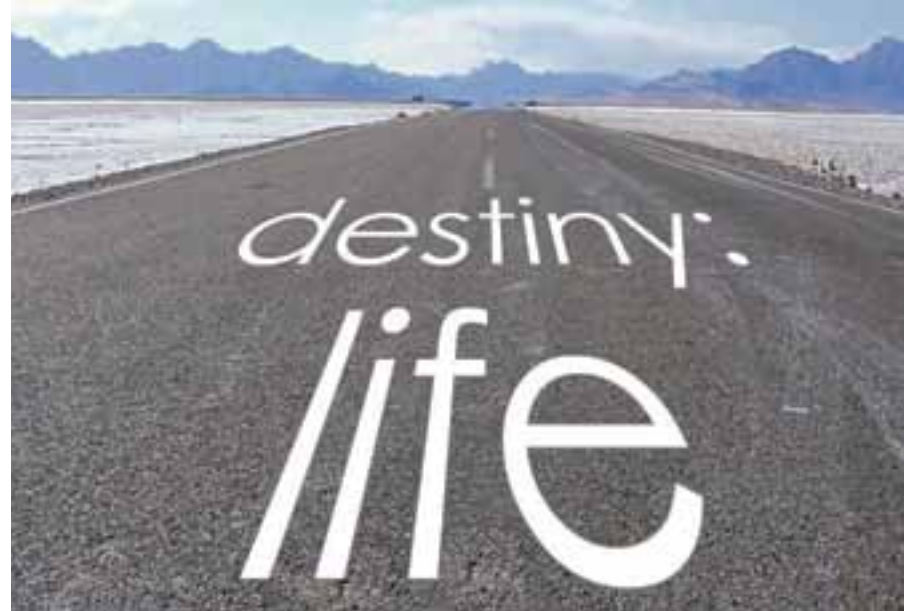
So, what destiny tries to tell us is that everything we do is supposed to happen and was meant to be. This definition could have many interpretations. Does this mean that we can just live freely, without restraint and do what ever we “damn well please,” because no matter what happens, it was meant to be? This, I feel, is where destiny disguises itself as recourse to the easy way out. It’s people that use it as an excuse for a bad life or a bad day, that take some credit away from the true meaning of destiny. Destiny is much more beautiful than simply

a path that our lives were already supposed to be going down.

Destiny, in my opinion, is a work of art painted by you. You are the Picasso of this masterpiece, my friend. Destiny is knowing exactly what you want and getting it and knowing that you will get it. It means never giving up and never settling for less than exactly what you have been seeking. William Shakespeare hit the nail on the head when he said, “It is not in the stars to hold our destiny but in ourselves.”

See, destiny is one of those misleading things in life. When I was young, I literally thought the word meant that I was going to find my true love and live happily ever after. As I have grown up, I have realized that it means jumping over the hurdles of life, falling down, getting back up and never giving up on what your heart is fighting for. Many things may get in the way but it is your soul that must be the ultimate leader of the army in this fight.

I am a firm believer that the only person holding the key to your happiness is you. I don’t care what has happened or what will, destiny is going through that and coming out stronger and reaching the place where you were meant to be. There’s no one else, and



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nothing else in the entire universe that will hold us back from what we want and what we need. There’s no one else living our life or sharing the consequences that we may face.

An excuse is destiny’s arch nemesis. The only thing an excuse is doing is hindering your name and your life. Instead of excusing your way into a fate of failure, strive for a life where you need not excuse yourself but instead be praised.

Find your destiny and no matter what gets in the way, know that it was always yours to take. There is a difference between thinking that destiny is something you are given and something that you have inside of you. It’s living proactively instead of reactively. Que sera, sera ... whatever will be, will be, how it happens will be the determinant of what it is.

NOVEMBER EVENT LIST

- 3 | How To Knit
- 4 | How To Cook Italian
- 5 | Nest Rodeo Party
- 6 | Clubs Showcase
- 12 | Wes Barker (Souch & Main Campus)
- 13 | Wes Barker (Patricia Campus)
- 15 | Kids Party
- 18 | How To Decorate a Cake
- 19 | Wellness Wednesday Massages

- 21 | How To Hip Hop/Dance
- 26 | Santas Anonymous
- 27 | Blood Donor Clinic
- 28 | Clothing Drive

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TIP OF THE WEEK

Examination strategies

By MARGARET MAREAN
NAIT Student Counselling

Be prepared. This, of course, is the most important strategy for exam success.

- While studying, test yourself on an ongoing basis to make sure you really know and understand the material. Just reading and re-reading is the least effective way to learn. *The Techniques To Maximize Learning Potential: Strategies for Success* manual (available free on the Student Counselling website, counselling.ca) outlines many effective study techniques.

- Doing mock tests not only assesses your knowledge, it also helps to decrease exam anxiety.

Use your time effectively.

- Skim the entire exam first to get a feel for the length and weighting of questions.

- Budget your time and check periodically to make sure that you are on track but don't get obsessed with the clock. It is more important to do the questions carefully than to complete the exam by rushing through and making a lot of errors.

- Don't be disturbed about other students finishing before you do. Take the time you need to put in your best effort.

- Use any extra time to review your answers. When you review them more slowly you may eliminate careless errors or find that there is a better answer. When you complete a test you tend to relax a bit and you may find that some material you had forgotten comes back to you. Don't hand your exam in too quickly when you finish.

Don't get hung up on difficult questions.

- If you are unable to work out a question, go on to the next one and come back to it later if time permits.

- When you come back to the question, brainstorm everything you can think of about the subject. Often, by doing this, creative solutions will pop into your head.

- Try to write something down for every question.

Manage your anxiety before and during the test

- If possible, go for a brisk five- to 10-minute walk right before the exam.

- Arrive early enough to be organized and ready instead of in a panic but not so early that you have a lot of time to sit and worry.

- Don't talk about the test with classmates immediately beforehand. This usually raises anxiety levels.

- Find some questions you know well to start with in order to increase your confidence.

- Regard a lapse of memory as perfectly normal; do not let it throw you into a panic. If you block on answering one ques-

tion, leave it for awhile and return to it later.

- Use relaxation techniques such as deep-breathing, visualization or tensing and releasing exercises before and during the exam. Counsellors can help you learn effective use of these and, other, techniques.

Make sure you are answering the question.

- Read each question carefully and completely before marking or writing your answer. Re-read the question if you are not totally clear on the meaning.

- Try not to read more into the question than is there nor to expect trick questions.

- Ask your instructor for help in interpreting a test question that is unclear or ambiguous. S/he will probably want to clear up the misunderstanding for everybody if the question really is confusing or misleading.

For problem/formula questions:

- Write down hard-to-remember formulas, equations and rules before you actually begin working on the test problems.

- Identify the type of problem to be solved.

- Think about the process needed to solve the problem and outline your method.

- Underline key facts and then plug them into the process.

- Cross out facts once you have used them.

- Do your calculations carefully.

- Check to see that you have answered the question that was asked and that you have used the correct units.

- Make sure to show all the steps in your work; you may get partial marks even if your answer is not correct.

- Take the time to write legibly and make your corrections, if any, as neatly as possible. Most instructors react subjectively to the appearance of papers to be graded, so let neatness work for you rather than against you.

For short answer-essay questions:

- Read the question twice to make sure you are clear on what the examiner is asking.

- Underline key words to make sure you interpret the question correctly.

- Outline your answer, considering all points.

- Develop each point as it refers to the answer.

- Keep the weighting of the question in mind so that you can spend more time on the questions worth the most marks.

For multiple choice questions:

- Anticipate answers before you look at the multiple choice selections.

- Read over all of your options and choose the best.

- If you must guess, keep in mind the following tips:

- Eliminate highly implausible answers.

- Quite often lengthy or highly specific answers will be the correct choice.

- Be aware of extreme words like *always, never, only, must, all, none* and *completely*. These are often the wrong answers since there are many exceptions to rules. Answers including the words *seldom, generally, most, tend to, usually* and *probably* are often correct. However, never change an answer based just on these tips.

- Change multiple choice answers – but only if you are sure your original choice was wrong

- The popular belief that “your first hunch is your best hunch” is wrong. Research has shown that changes from wrong answers to right answers are at least equal and probably improve your test scores. However don't change your answer unless you have a convincing rea-

son to do so. And if you know that you have changed a lot of your initial answers to wrong answers in the past, stick with your original answer.

Remember to give yourself a pat on the back for a job well done.

You have likely put in long hours and pushed yourself to the limit. Physically and mentally you will need some time to unwind and recuperate. Plan something to look forward to when finals are over.

And remember, counsellors at Student Counselling are available to help you with any academic or personal concerns that may be interfering with your success at NAIT. To book an appointment, come to Room W-111PB, HP Centre or phone 780-378-6133. We are open Monday to Friday, 8 a.m. to 4:30 p.m.

The staff at Student Counselling wish you all a wonderful, joyous holiday season.



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CONNOR O'DONOVAN

What band were you listening to before anyone else?



"Audio Slave."

Wayne
DMIT



"Kingdom of Giants."

Jesse
DMIT



"Eminem."

Melissa
Business



"Foo Fighters."

Nick
Business



"One Republic, The Fray"

Tanmeet
Business

WEEKLY SPECIALS

FOOD SPECIALS

MONDAY

\$7 Canadian Poutine

TUESDAY

\$7 Nest of Wings (1lb.)

WEDNESDAY

\$6 Deep Fried Wontons

THURSDAY

\$7 Vegetable Spring Rolls

FRIDAY

\$6 Rockfish Potato Cakes

\$4 DRINK SPECIALS

*All liquor served is 1 oz

MONDAY

Sno Cone Cocktail

TUESDAY

Rye, Rum, Vodka or Gin Hi-ball

WEDNESDAY

Domestic Pint (20 oz)

THURSDAY

Flavoured Vodka Cocktail

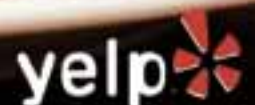
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Horrible Bosses are back

By BAILLIE SCHEETZ

Horrible Bosses 2, the sequel to the 2011 box office smash comedy, hits theatres Nov. 26. The storyline continues to follow everybody's favourite underdogs Dale, Kurt and Nick as they decide to start their own business but things don't go as planned because of a powerful investor, prompting the trio to pull off a wildly misguided kidnapping scheme.

Just as the first *Horrible Bosses*, the movie stars Jason Sudeikis, Jason Bateman and Charlie Day and has a hilarious supporting cast of Jaime Foxx, Kevin Spacey and, of course, Jennifer Aniston. This movie has added Christoph Waltz and Chris Pine to an already star-studded cast. I got a very cool opportunity to sit in on a conference call with Sudeikis, Bateman and Day as they discussed the movie and answered questions.

Jason Bateman believes that fans will be very pleased with the movie.

"I genuinely liked it even more than the first film," he said during the call.

"If people see it the way I see it, they are going to be very happy with this one."

When asked about the reunion of the cast, Day believes that it was good for the



www.huffingtonpost.com

Charlie Day, left, Jason Sudeikis and Jason Bateman star in *Horrible Bosses 2*.

actors but not so good for the characters.

"As actors, it was really fun for the three of us to get back together again because we enjoy each other's company and we had such a great time making the first one. As characters, it's a terrible thing

for the three of these people to get back together again because they keep getting themselves into some serious trouble here."

Though there is a lot of pressure that comes along with the making of a sequel,

Sudeikis didn't feel much of it.

"The pressure gets released the second you start working and, the harder you work the luckier you get, and yeah, we just had a good time making each other laugh and trying to make the thing make sense."

Led Zeppelin and the rumours

By CONNOR O'DONOVAN

"Led Zeppelin was the first show I ever saw," Doug belatedly, dropping what he was doing. "I must have been about 15. It was all downhill from there!"

Doug, who I ran into at an auto body shop on the weekend, is an ex co-worker of mine, and a diehard Zepp fan. I don't know exactly how old Doug is but he must be nearing 60. Still, he's very animated when I tell him of the recent Led Zeppelin reunion tour rumours.

"That would be incredible," he said, flailing the sign of the horns into the air as his eyes glossed over. "I would do anything to be in that building."

I'm referring to a recent report from the English tabloid *The Mirror* that Robert Plant and the surviving Led Zeppelin members had been offered an astounding £500 million by billionaire Richard Branson to re-form and trot the globe for a 40 to 50 city tour. According to the report, guitarist Jimmy Page and bassist John Paul Jones were already on board and deceased drummer John Bonham was to be replaced by his son, Jason. Branson was supposedly going to ferry the band to their various destinations in a recreation of *The Starship*, the famous jet that Led Zeppelin used to tour in the 1970s (featuring a bar, a 30-foot long couch and two bedrooms). However, as *The Mirror* told it, just as the stage was almost set for the greatest musical reprisal of all time, Plant took the offer and tore it to pieces in the punk-rock move of the century. This last bit of information nearly brought my friend Doug to his knees.

"Don't play with my heart like that," he said in muted tones.

Alas, I went on to inform him, the rumours appear to be just that, rumours. As the story sped down the cyber highways of the Internet over the days following *The Mirror*'s report, Plant's publicist was quick to dismiss the story as "rubbish" and stated that Plant had not met or communicated with Bran-

son in 50 years. Branson himself denied the rumours in a blog post, proclaiming that they made him "dazed and confused."

Led Zeppelin, which broke up in 1980 following Bonham's death, did briefly reunite for a show in 2007 but it appears they will not be repeating the event.

I wondered if my heartbroken, 60-year-old acquaintance thinks Plant and the boys could still let the Led out after all of

these years. After all, if Doug was just 15 when he saw Led Zeppelin play, the band members themselves must really be getting old. I asked him if he'd ever watched videos from the 2007 reunion show on YouTube.

"Oh right, YouTube. There's a Led Zeppelin video on the YouTube?" he replied.

Telling answer, Doug, telling answer.



www.socialphy.com

Led Zeppelin in 2007

THE NUGGET PRESENTS:

HOROSCOPES



MADAME O

November 20-16
(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Scorpio (Oct. 23-Nov. 21)
As you are standing in front of a train passing by, telling your friends that you are not going to die because “of this thing,” a piece of metal sitting on the train track will be launched into the air by a passing wheel, decapitating you. See *Final Destination* (2000).

Sagittarius (Nov. 22-Dec. 21)
While standing on the sidewalk, a passing bus will crash into a telephone pole, causing it to fly up into the air, hitting a neon sign. The (surprisingly fragile) neon sign will then fall, crushing you. See *Final Destination* (2000).

Capricorn (Dec. 22-Jan. 19)
After surviving an exploding microwave, a hungry sink drain, a burning stove, your entire apartment blowing up and noodles, you will be impaled in the eye by the escape ladder of the apartment building. See *Final Destination 2* (2003).

Aquarius (Jan. 20-Feb. 18)
Surviving a surprisingly near-fatal dentist trip, you will feel a sense of elation. This is not to be, however, as you will be crushed by falling glass while chasing pigeons (?). See *Final Destination 2* (2003).

Pisces (Feb. 19-March 20)
While using tanning beds with your best friend, your slurpee cups will drip onto the power cable, causing it to malfunction. The temperature of the beds will gradually increase, eventually roasting your friend and yourself alive, in a scene that is genuinely unpleasant to watch. See *Final Destination 3* (2006).

Aries (March 21-April 19)
While at work in a hardware store, a malfunctioning forklift will cause planks of wood to fall, which will then activate a nail gun, which will send multiple nails shooting into your head. See *Final Destination 3* (2006).

Taurus (April 20-May 20)
A compressed air tank will be

set off by an uncontrolled car, catapulting you through a chain-link fence (and through the other side, in pieces). See *The Final Destination* (2009).

Gemini (May 21-June 21)
While at the pool, you will lose your lucky coin (which you keep in your swimsuit?) in the water. Diving in to look for it, you will be trapped by the accidentally activated increasing drainage pressure system, which after trapping you underwater for a few minutes, will suck out your internal organs through your anus. See *The Final Destination* (2009).

Cancer (June 22-July 22)
While at the mall with your boyfriend, the escalator will malfunction, ripping apart and basically acting as a meat grinder, spitting you out all over him as he screams. On

the plus side, you will have a boyfriend! See *The Final Destination* (2009).

Leo (July 23-Aug. 22)
After directly ignoring the cryptic warnings of the guy who played Candyman, your eye will be exploded out of your head by a malfunctioning laser-eye surgery machine. See *Final Destination 5* (2011).

Virgo (Aug. 23-Sept. 22)
You will survive until the next movie, because someone has to warn the next group about what happened to the last one. After that, you'll trip backwards and impale yourself on a spike. Call your agent.

Libra (Sept. 23-Oct. 22)
You will be hit by a bus. Your death will be parodied in *Scary Movie*. See *Final Destination* (2000).

SUPPORT UNITED WAY ATTEND AN EVENT

DATE	TIME	EVENT	LOCATION
Nov. 6, 13, 20, 27	12:00 PM - 1:00 PM	50/50 Raffle Sales	Purchase tickets in front of Common Market
Nov. 17 - 21	Various	Fitness Classes	E134 (sign up)
Nov. 17 - 21	All Day	Education Challenge Silent Auction	Online
Nov. 18	All Day	Toonie Tuesday	NAIT Cafeterias
Nov. 20	8:30 AM - 11:30 AM	Poverty Simulation	Boyle Street Plaza
Nov. 20	10:30 AM - 1:00 PM	Chili Lunch	Blue Plate - Common Market
Nov. 21	10:30 AM - 1:00 PM	Artisan Bread Sale	South Lobby
Nov. 26	8:00 AM - 2:00 PM	Computer Monitor Sale	South Lobby
Nov. 27	11:00 AM - 1:00 PM	Day of Caring	Operation Friendship Seniors Society

For full event details, please visit nait.ca/unitedway

WE SUPPORT

EVERYDAY HEROES

Volunteer meal delivery driver needed ASAP!

Volunteer drivers deliver nutritious meals and groceries to people who cannot prepare adequate meals or shop for themselves. This position is available weekdays between 10 a.m. and 1 p.m.

Qualifications:

- Minimum 18 years of age
- Must have own vehicle, a valid licence with clean driver's abstract
- Must be willing to submit to a criminal records check and carry liability insurance
- Able to climb stairs
- Able to lift up to 20 lbs
- No previous volunteer experience needed

Apply for this opportunity at <http://mealsonwheelsedmonton.org/donate/volunteer/>

To learn about other volunteer opportunities, contact us at (780)429-2020 or online at mealsonwheelsedmonton.org

CRAZIEST NIGHT OUT

And the bands played on ...

By RICHARD LUKACS

Last edition, I finished my drunken memoirs promising that this week I would tell you more about what happened later that night. I'm not going to lie, I'm having a hard time with it now – partly because I don't exactly remember everything and partly because what I do remember will never make it to print. But I will try my best to keep it classy. Which means it might turn out to be a very short story.

So we played a musically flagrant (but, from the rock and roll point of view, impeccable) show at my favourite summer festival and somehow we turned the concert into a house party with an insane amount of drunken festival-goers on stage. By the end, we had a few dozen new friends and some foes (those poor stage managers ... I didn't even try to apologize, it was kind of inexcusable.).

At a festival, already drunk in the afternoon with all these new buddies around in party-mode, there is no chance to stay sober. Not that it was my intention but for a while I was thinking I had it under control. So I went to set up my tent, which I just bought a few days earlier on sale. Let me tell you something, going to a festival with a tent bought on sale is not a clever idea. I left my bag, clothes, toothbrush and bank card



Supplied photo

Richard's band

there and went back to continue the nasty socializing at the pool area. That was the last time I've seen my bag, clothes, toothbrush and bank card for a while. Not because I got robbed but because when I tried to find my tent later that night, I had to realize that about 80 per cent of the attendees got their tents at the same sale, so there were about 400 of them exactly like mine. I woke up

some wasted strangers, interrupted a very intimate moment between a boy and girl and interrupted a little light-drug consumption while trying to find my humble residence. Never happened (the way of finding it was waiting for everybody to leave after the happening was over and the one that stayed was mine – nothing missing).

So I was there, with no cash for the rest of the festival and just starting to feel that a most terrifying thing was happening. My drunkenness slowly morphed into a painful hangover. That's by far the worst thing that can happen in the middle of the night when you can't escape the hordes of drunks and

loud music. You need to keep on going. But with zero cash, it's kind of hard. Just when I was about to panic, redemption arrived in form of a TV show. They were about to film drinking challenges in which the audience could compete with bands and artists who have played at the festival. Of course I was in. Half an hour later I was a champion. Cracked reputation, I know, but I won two racks of beer.

And I really can't go any further here. I'm sorry, that would cost me my job, at least. I should tell another story instead. Nah ... past deadline. Next time, my friends!

JUST THE TIP

Booze and boys

By Ivana Nailu

Drink, drank, drunk, horny. Being a horny drunk is pretty common and I will admit that I am one. Some people feel the need to fight when they are drunk, others get really emotional and some just want to be wanted. I have a lovely, wonderful boyfriend who is kind enough to buy me drinks when we go out ... or he just knows how I get around him when I drink. I'm going to guess it is the second option but he is still lovely and wonderful.

Anyways, I think people tend to let go, lose their filter and care a little less when they drink – all things that can be beneficial in the bedroom. You can do and say all the things you may have been too uncomfortable, shy or embarrassed to do sober. Plus, if it doesn't work out you can always just blame it on being drunk. If it does work though, then you just get to have great sex.

Dirty talk is something I am super awkward about and not confident enough to do. I also think there is a time and a place for dirty talk. A romantic evening after a nice dinner isn't exactly the right time for dirty talk to me but a drunk and maybe slightly sloppy night can be the perfect time. Also, the only time I am confident enough to do it

and not care that very vulgar things are being said about me.

Weird, strange and sometimes uncomfortable positions are also something that is perfect to try drunk. Honestly everything feels good when you're drunk so it is a good time to try things that you might not regularly want to. Just don't be too drunk because someone could get hurt. Not that I know that from experience, it just seems like common sense.

I don't want to think that I am a drunk or only have sex when I'm drunk, though. I'm just saying its good to mix things up. I am a pretty stereotypical girl who likes to be romanced, have passionate evenings and loves to be loved. But there isn't any harm in having a little liquid courage to bring out your freaky side and keep things interesting. It's probably one of the best things for my relationship. It has also brought us a lot closer together.

But, I will stop going on about relationships because I'm sure that's not what people want to be reading. I have had my share of mornings when I woke up sore and walking a little funny. I woke up having a great sleep and feeling very relaxed and satisfied though, so the soreness was worth it.

CROSSWORD SOLUTION

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WHAT'S GOING ON AROUND CAMPUS

WEEKLY CLUB MEETINGS

WHAT

IntoNAITion Toastmasters

Aboriginal Students

WHEN

Every Monday from Sept. 15, 2014 - April 20, 2015

Every 2 weeks on Wednesday's from Oct 1-Dec 24

WHERE

Room X-111

Room H-111

UPCOMING CLUB EVENTS

WHO

Toastmasters Leadership Institute & Club Officer Training

Ahmadiyya

GDD

WHAT

Stop the Crisis

Movie Day

WHEN

Dec. 6 | 7:30am-4:30pm

Nov. 28 | 4:30pm-7:30pm

Nov. 29 | 11:15am-8:15am

WHERE

Shaw Theatre (& additional room tbd)

Shaw Theatre

Shaw Theatre

CAMPUS CLUBS NEWS

WHAT

ORGSYNC CHALLENGE #8

WHEN

NOVEMBER 17-NOVEMBER 23 2014

Start your website through OrgSync!

WHERE

ON ORGSYNC!

8 Weeks of OrgSync

WEBSITE

NOVEMBER 17 - NOVEMBER 23

Start your website through OrgSync!

WEEK
08

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naitsa.ca/clubs

Check out the Clubs Website for other
upcoming Important Clubs Dates