

THE NAIT NUGGET

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YOUR STUDENT NEWSPAPER FOR MORE THAN 50 YEARS, EDMONTON, ALBERTA, CANADA

TURKEY TIME!

Inaugural food contest winner named, story page 2



**NAITSA's
Next
Top Chef**

Photo by Benjamin Sim

After gobbling up Tamara Solon's turkey Wellingtons, inset, judges named her NAITSA's Next Top Chef. NAITSA VP Student Services, Gillian Wilson, right, presents her with a Japanese knife as part of the prize.

NEWS & FEATURES

Some buildings need TLC



MARIA TAGLIENTE
Issues Editor

The planning for the NAIT campus began in 1959, over 50 years ago. So the institute is pretty old and could, naturally, use a little makeover. The Business Tower itself has been though quite a lot, and you can tell. It's almost exactly comparable to a high school. Each floor has discoloured lockers on every wall, the classes are set up in a way where you can almost feel like you're going to be sent to the principal's

office, and the elevators.... oh god, the elevators.

When asked why one past student decided to leave the school he said because "I felt like I never left my high school, everything looked old and broken and I didn't feel like I was having the proper post-secondary experience," so off to MacEwan University he went.

The atmosphere at a college is hugely important to those in their 20s, especially if they have many other options of schools to choose from in the city that offer ultimately the same thing.

Most of you have probably noticed that there's a new building going up east of 106 Street; the Centre for Applied Technologies. Estimated to be completed in 2016, the centre will enable NAIT to increase enrolment by 50 per cent in health, business, engineering technologies, sustainable building and environmental management programs.

It wouldn't make too much sense to put a great deal of resources into fixing the current business building, despite some obvious problems.

"We're aware that the elevators are in need of refurbishment," says Rolly Maelwas, facility asset management program co-ordinator, "but we also know that most of the people will be decanted from that building in 2016.

"So for us to shut the building down for the elevator refurbishment, we would do that afterwards. The essential stuff is still being done there, the ongoing maintenance is still getting done, but the things that need to be updated, we're not worrying about that now," he said.

If you were to walk into the Industrial building, you'll notice right away how old and tarnished it looks. Most would assume that it would be at high priority for renovations but this isn't the case. When asked if

the building will be getting any large refurbishments done, Maelwas said: "Probably not. Not any significant renovations in terms of renovating the space itself. We are going through some significant upgrades of the building systems in the A-Building. We have done some significant upgrading of the lighting and we've also done some upgrading of the building control system."

As for the HP Centre, "We are going to be replacing the carpet over Christmas with rubber flooring. What we like about (it) is that it's premium flooring and it's easy to clean. What we also like is that it's 100 per cent recycled, we're quite excited about it."

Overall, the school does seem to be taking initiative to renovate the campus. Some would argue that other buildings need more care than others, which is true. Let's hope that those in charge know how to balance everything accordingly and not put too much focus in just one specific area.

Next Top Chef crowned

NAITSA's inaugural Next Top Chef competition took place on Monday, Nov. 24. Sponsored by NAITSA and the Nest Taphouse Grill, the contestants had one hour to prep and cook their turkey dishes for a panel of judges. Among the ground turkey offerings were sliders, gyozas, tortillas, samosas and stuffed burgers. The group was then cut down to three top dishes by the panel of judges.

Tamara Solon won first place for her turkey Wellingtons, which will now be featured on the Nest Taphouse Grill's menu from Dec. 1 through Jan. 15 and she received a Japanese knife as a prize. Louie Aquino's turkey chorizo tacos won him second place and \$200 in gift cards to the NAIT bookstore and the Nest, while Miranda Decock's turkey sausage rolls won her third place and \$100 in gift cards to the NAIT bookstore.

"I am so pleased with how this event turned out," said Gillian Wilson, NAITSA VP Student Services. "It was such a fantastic idea to showcase the talents of our culinary students for the whole school to enjoy.

"Our judges had a very difficult time deciding the winner, that's for sure," she said.

"I would like to especially thank the Nest Taphouse Grill, the NAIT Culinary Arts Department and Ernest's for their contributions and support."



Photo by Benjamin Sim

Tamara Solon, left, was chosen first overall in NAITSA's Next Top Chef competition for her turkey Wellingtons. Second place was claimed by Louie Aquino for his turkey chorizo tacos and Miranda Decock, right, came third with her turkey sausage rolls.

NAIT No. 2 in Canada

By MARIA TAGLIENTE
Issues Editor

NAIT has recently acquired the second place title among Canada's Top 50 research colleges. The school gained \$9.7 million in research funding last year and, according to Dr. Neil Fassina, Provost and Vice President Academic, now "students will look at NAIT more closely for a number of reasons.

"When you end up with a second-place ranking in the country as a research institution, not only does it draw attention from students but it also draws attention from other faculties, other institutions and industry as well, viewing NAIT as a very positive contributor to the applied research and innovation space," he said.

Rightfully so, because every student that was told about NAIT's sudden award looked both surprised and full of pride for their school.

Maybe it's because NAIT students didn't expect such attention from the rest of the country or maybe it's because they had no idea that NAIT did research in general, nevertheless, their expressions conveyed delight to be a part of such a community.

"The research and innovation space in Alberta is truly coming together," said Dr. Fassina. "All of the different

partners are starting to congeal and work in collaboration and it creates an incredibly cool environment for students. So when you think of Edmonton as a learning and innovation city, the opportunities for students, not only



www.flickr.com

Dr. Neil Fassina

within the city but beyond the city, to see Edmonton as a research and innovation space and be able to engage in that environment I think is a very cool opportunity.

"It's not necessarily going to have a direct impact tomorrow but students will have the opportunity to engage in that environment down the road," he said.

They will "start building their innovative capacity, start building the way they ask questions, start building the way they bring different ideas together to create innovative ideas. We've got the opportunity to make Edmonton a very cool city to be in for a student."

Last year's \$9.7 million in research funding came primarily from national granting agencies. The primary one being the Tri-Council Agencies that involve the Social Sciences and Humanities Research Council, the Natural Sciences and Engineering Research Council and the Canadian Institutes of Health Research.

Regardless from being second in the country, Dr. Fassina doesn't believe that any potential funding will be assumed to us due to status but because of our desire for research and the innovation and drive that comes with that.

Student Senate talks LRT

By NICOLAS BROWN
@bruchev

Student senators met on Nov. 12 to once again discuss issues important to NAIT students and catch up on what the NAITSA Executives have been working towards this year.

Highlights from that meeting include a report from the Senate's Finance Subcommittee, inquiries regarding international students and most important, the LRT.

The Metro LRT line to NAIT was a selling point when students voted in favour of the U-Pass and the continuous delays in the line's opening has generated frustration and criticism. For those unfamiliar with the details of the U-Pass agreement, the student organizations at major post-secondary institutions in Edmonton negotiated a contract with Edmonton Transit Service for a discounted transit pass for all qualifying students. Under the terms of the contract, students pay their U-Pass fees with their tuition, creating a set revenue source for ETS each term.

It is important to note that, although NAIT students share the U-Pass program with our MacEwan and University of Alberta counterparts, some might say that NAIT students are receiving the short-end of the transit bargain.

MacEwan students currently have

another LRT station close by and University of Alberta students arguably receive the best bang for their buck from the U-Pass program as the main LRT line runs directly through their main campus. The icing on their cake is that the university also partially subsidizes the U-Pass program for its students.

The continued delay of the NAIT line may be too much for students to stomach and, when the U-Pass contract comes up for renewal, they may voice their discontent via referendum.

Perhaps even harder to stomach after the disappointment of the LRT delay, U-Pass fees are set to increase annually for the remainder of the agreement. The fees are set to rise from the current \$155 to \$162.50 next term. Senators wanted to know whether it was possible for NAIT students to receive fee relief from the city, and what that proposal might entail. A request for fee relief by NAITSA President Hasib Baig was denied by the city last week. The Senate's Finance Subcommittee submitted the draft audited financial statements for 2013-2014 for approval. The financial statements were audited by Deloitte LLP and detail NAIT's current financial position. A key takeaway from the statements is that NAITSA has seen increased fee revenues due to the recent

changes in the academic model. Other information included in the subcommittee's report outline a deficit last year for the NEST and the *Nugget*, however both the Campus Clubs Office and Events were under budget last year.

Senators Mikayla Luchkow and Liqing Huang also questioned NAITSA executives about the challenges international students face while attending NAIT. The application process for international students is much more arduous than for the average NAIT student and international students pay more than three times the tuition that a domestic student pays.

"This is something that we are working on advocating for our students. Until we have something concrete, we don't want to get anyone's hopes up about what the potential outcomes could be," said Baig.

The senators also welcomed a new member to their ranks at the meeting; Sanan Khan was selected at a special meeting on Nov. 5 to fill the vacant second seat for Engineering Technologies, Academic Upgrading and Open Studies.

This leaves only one vacant seat in the Senate; the second seat for Media and Design. Students are encouraged to speak with VP Academic Rechelle Ecklund if they are interested in learning more about the opportunity.



The Nugget

Room E-128B
11762-106 Street
Edmonton, Alberta
T5G 2R1
Production Office 471-8866
www.thenuggetonline.com

Editor-in-Chief

Gabrielle Hay-Byers
studenteditor@nait.ca

Issues Editor

Maria Tagliente
issues@nait.ca

Sports Editor

Connor Hood
sports@nait.ca

Entertainment Editors

Richard Lukacs
Quinton Berger
entertain@nait.ca

Photo Editors

Ciaran Boyle
Tegan Dutton
photo@nait.ca

Online Editor

online editor@nait.ca

Special Consultant

Bridgette Tsang

Production Manager

Frank MacKay
fmackay@nait.ca

Submissions encouraged:
studenteditor@nait.ca

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For advertising, call 780-701-1951
or e-mail:
kerry@playhousepublications.ca

Letters

We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.

Beware of mutual funds

By **LOGAN PHILLIPS**

Mutual funds are the products that banks love to sell and make a ton of money doing so. While they certainly beat high interest savings accounts, mutual funds are to be avoided because 99.99 per cent of the time because they underperform low cost index funds.

At its core, a mutual fund is an active investment, since the fund managers attempt to beat the market through active stock selection. I have nothing against active management and for my own investing I do indeed individually pick securities instead of buying index funds. What I am against are active managers underperforming benchmarks and charging retail investors high fees in the process.

Most Canadian mutual funds will be focused around the TSX 60 Canadian benchmark or the S&P 500 American benchmark. These funds will pick stocks from the indices and will inevitably underperform in the long run. These mutual

funds will charge fees of two to three per cent. Over the lifetime of your investing life, that will be thousands of dollars of lost money. I urge you to look at the fees being charged on your mutual fund holdings and consider whether the returns are worth it.

Compare the return of your mutual fund to the TSX 60 benchmark over the past 10 years and see which one comes out ahead. If the benchmark is beating your mutual fund, then why not buy the benchmark! As first time investors, if you're not going to pick individual stocks, you should be looking at low cost index funds instead of mutual funds. These funds track the return of the benchmark index and charge a much lower fee than mutual funds. An example are the iShares line of index funds by Blackrock Investments. The iShares S&P/TSX 60 Index ETF (ticker symbol XIU) has total fees of 0.17 per cent. That's correct, fees of less than 0.5 per cent for a return that gives whatever the market provides! It is a good thing that you bought

mutual funds in the first place because it shows that you realize as young investors we need to avoid low return assets such as bonds and cash.

We should be buying higher risk adjusted return assets such as equity. Very few investors can beat the market but year after year, at the Investment Club of NAIT we believe we can (We still need to prove we can). Legendary investors like Warren Buffet, Carl Icahn and Bill Ackman can but unless you really think you can or your mutual fund manager can beat the market, just buy the index.

Both the iShares Canada index funds and the Vanguard Canada index funds charge very low fees and track the indices exceptionally well. Stop wasting your money on fees and buy the index.

Most people want to live their life without having to worry about their investments. With an investment in an index fund your money is tied to the economy. If the economy continues to perform well, then the major indices will

rise and your index fund will rise. If the economy tanks, then the index fund tanks. At that point, keeping your job will be more important than your investments anyway.

In conclusion, I urge you to look at the fees charged on your mutual funds by going to your banking website under the mutual fund section. You will most likely see around two per cent fees. Want to avoid this? Buy a low cost index fund.

Logan Phillips is the VP External for the Investment Club of NAIT and a NAIT BBA student. The opinions presented in this column are entirely his own and he is not affiliated with any of the mentioned companies or products, nor does he have a monetary incentive to recommend products or an ownership stake in any listed company. His views do not reflect those of his employer, NAIT, the Nugget and should not be taken as professional advice. The Nugget encourages staff and students to secure a reputable financial adviser prior to making any major financial decisions.



A lot of snow, then it's cold

By **BRANDON HESS**
Meteorologist in Training
@edmontonwxab

It has been a WHILE since we have seen a daytime high near -20 C. That could happen in this last weekend of November. Daytime high on Thursday, November 27 will be near minus 10 C. After this, temperatures take a huge fall.

Snow will be a major story on Thursday, Nov. 27. We have a new low that will be developing in the lee of the Rockies. It will push an upper warm front across first. This is where our snow starts. On the northern edge of this low, we get winds coming out of the northeast. This east to northeast wind will force everything into the mountains. This is what we call upsloping or orographic lifting. The wind out of the northeast (coming out of the Arctic high) pushes all that moisture up against the Rockies and

it has nowhere else to go but up. It is common at this time of year and it is usually what enhances the snowfall in our province. In Edmonton, 10-20 cm of snow is possible Thursday and Friday combined. It will start early this morning and will last through to the end of the day on Friday.

There could be higher amounts in some regions northwest of Edmonton. Temperatures on Thursday will fall throughout the day. It will be warmer in the morning than the afternoon! It is common at this time of year to see this happen. As the low moves a little and the high starts to move down,

wind should become more northwesterly by the end of the week.

Another big story will be the drop in temperatures. I mentioned daytime highs could be near minus 20 C this weekend. Morning lows will be near minus 25 C. There will be a wind chill at times, so be sure to bundle up! Usually the coldest temperatures are felt when the core of the high moves down. Thankfully this is where the lightest wind is found. There will be some sun coming out this weekend as the high pressure system eats away the moisture.

Looking to the start of December, we should start to get a warmer flow coming in as daytime highs should get back up closer to 0 C by the end of the first week of December. That is subject to change.

Forecast written and updated as of Monday, Nov. 24, 2014.



A school of dreams for Zubia

By **CHARLIE ZHAO**

Zubia, a second-year student in NAIT's Instrumentation Engineering Technology program, joins us today and would like to share some of her unique experiences with us. Let's take a look at Zubia's way to NAIT and her dreams.

"I was born in India and lived in Saudi Arabia, it's a big oil country where economy depends on oil and gas industry a lot and Alberta is rich in natural resources, too. So they share a bit of similarity. In terms of weather, They both have four distinct seasons but the winter here is severely cold and I hope I could get used to it. Overall, it

is indeed huge decision and a long journey come to Alberta." Zubia said.

Her reason for coming to NAIT is exactly the same as many of the NAIT students.

"I've had an awesome experience here in Canada, she said. "People are always nice to each other. The reason for me coming to NAIT is that the employment rate of NAIT graduates is over 95 per cent and they get good salary after work. I like hands on work very much and I am looking for good employment opportunities. Some people say NAIT has cheap tuition. However, recently I've heard international

tuition has increased. But still, people are trying to come to NAIT because of all the advanced equipment and great instructors that give NAIT students the advantage, making them competitive, even on the world stage."

Students often have various opinions about what impresses them the most at NAIT. For Zubia, she really likes the labs.

"There's lots of equipment available in the lab. We have weekly lab assessments. Though it's a little bit hard to prepare the labs because of the complex calculations that are involved, they are a very valuable experience after we graduate from NAIT. I

think that's the core reason why over 99 per cent of employers are satisfied with NAIT graduates."

It is worth mentioning that Zubia got 4.0 out of 4.0 GPA in all of her first year subjects. In terms of her future, Zubia has planned well ahead.

"Working in the field or an oil and gas related company is the best for me," she said.

"That is the place I feel most valued. In conclusion, I want to use a motto to inspire everybody to work harder, 'Nobody can go back and start a new beginning but anyone can start now and make a new ending.'"

Auto repair by, for students

By **TANIA BOYKO**

For second-year MacEwan University business student Daniel Nguyen, business project Mission Possible has changed his life and the lives of student drivers in Edmonton. The Business 201 project starts with a \$25 loan to create your own business.

From his experience helping friends out with their cars, he saw a need for students to have their own mechanic at a reasonable rate. Starting out with providing oil changes, he quickly ran out of space and Student Automotive was born.

Contacting a friend at Downtown Auto, he was given a bay to rent out at the shop to have space to work on students' vehicles. Since moving into the shop, work has been increasing with a steady customer base.

Currently renovations are underway for Student Automotive to have its own shop entrance. As a full-time student, Nguyen runs the business side while his staff of certified mechanics work on the vehicles.

Student Automotive Services offers oil changes, engine light diagnostics, vehicle inspections, fixes for drivability problems, brake repair, suspension work, and steering and alignment service. However, it is not a body shop, so collision repairs are not covered.

"Our pricing on average is about 25

per cent less than our competitors ... at \$75 an hour," said Nguyen. Typically, independent shops have hourly rates of \$100/hour on average and dealerships run on average \$120-\$140/hour.

"This really helps students out ... and I'd say 70-80 per cent of the students who have come to me so far have started to come back for their oil changes or to check things out," he said.

As a student incentive, they don't charge for a vehicle inspection. With students attending post secondary schools from out of town and out of province, those with vehicles struggle with finding reparative automotive shops with low rates.

"Most students don't have a regular mechanic and I'm trying to fill that gap," says Nguyen. "It's a lot easier because I am a student myself and so I know a lot of these problems that these students have."

Time is a precious commodity to

students and is something Student Automotive recognizes.

"They don't have seven hours a day to leave their car, so I try to book a time when they can come and wait only two hours. Or I provide a shuttle service at

8 a.m. You can leave your car here and then at 4 p.m. anyone can come in the car back to the shop. No hassle, no busing."

One of the biggest mistakes he sees students make is when they believe everything mechanics

have to say and are too intimidated to ask questions.

"I'm not here just to fix their car, I'm here to walk them through the process." Employees show you up close what's wrong with your car and inform you on what needs to be fixed and what needs to be monitored.

"Businesses try to make money and although I am a business, I am also a student, so I want to help students. I believe that the money will come after,

when all the students know that my services are here."

Nguyen's goal is to make Student Automotive the recommended automotive dealer with post secondary schools in Edmonton. What started as a school project has evolved into a registered organization.

Student Automotive is part of an Incubator program that is new to MacEwan, where established organizations receive advice and are given a chance to strengthen and grow.

NAIT offers similar programs and opportunities to business students through their courses and to entrepreneurs through programs such as the Hatch Startup Program which offers a three-day workshop where participants can create a company in a supportive environment.

Similar to MacEwan's incubation program, NAIT runs the novaNAIT Incubation Program. According to the NAIT Researcher Handbook, the "novaNAIT Incubation Program, which includes the DMCI and novaNAIT St. Albert, is a key resource for students, faculty, alumni and industry seeking to start a company or engage in applied research."

With supportive programs like this at post secondary schools, there's no telling what other successful ventures will pop up in the near future.



Elections are their business

By **NICOLAS BROWN**
@bruchev

After a series of articles that examined each provincial political party it is appropriate to conclude with a look at the provincial office that deals with parties, politicians and the Albertan voter every day.

...

The Office of the Chief Electoral Officer (OCEO) opened in 1977, with a mandate to administer fair, open and impartial elections, provide training to election officials and provide voters and candidates alike with the necessary information and means to participate in the democratic process.

Some students may be asking, how is a political party formed? According to the Election Finances and Contributions Disclosure Act, there are a number of different requirements parties must meet in order to be registered and to remain registered. This includes collecting a minimum number of signatures from 0.3 per cent of the electorate to demonstrate popular support for a new political entity.

Alternatively, a party can be registered by endorsing candidates in at least half of the electoral divisions in the province at the next provincial general election.

Parties cannot raise funds or receive

contributions until they are registered with Elections Alberta. That would require running a minimum of 44 campaigns with no fundraising or contributions from the public, which is a feat in itself.

Although the mandate of the office requires the staff of 16 to remain committed to provided unbiased information to Albertans, there is still a drive to reach out to Albertans, especially students, to increase voter turnout and engagement.

According to Sean Rathwell, a Community Outreach Worker with Elections Alberta, this is a challenge.

"With students in particular, one of the hardest things is registration and actually getting them out to vote," he said.

The OCEO's answer to this challenge is to create outreach programs to engage young Albertans to prepare them for when they can vote. These programs include "School at the Leg," which works with junior high students to encourage learning more about civics, co-operating with Student Vote during elections and general forums for Albertans.

What has Elections Alberta done to encourage post-secondary students to vote?

"Last election, we made a form that students are able to have filled out if they live in residence and that provides them with the I.D. they need to prove their residence and identity in order to vote at the polling station on campus," Rathwell said.

"The other thing we've tried to do is put an info booth on campus and direct students to either registering correctly or getting that special ballot, that mail-in ballot, if they're not able to vote where they're living at that moment."

Information booths aren't the only action taken by the OCEO, however, as staff look at different options and work with advocates for legislative changes. One of these changes has allowed students to choose to vote either in their hometown or where they are residing while attending post-secondary. This means students from northern Alberta can choose to vote as a resident of an Edmonton riding rather than travelling home or submit a mail-in ballot, for their hometown.

Some student groups have been pushing for polling stations on campus that would allow students to vote for the candidates in their hometown, rather than in Edmonton. Unfortunately, current legislation requires that

you can only vote in polling stations if you live in the electoral division of that station. A potential work-around could allow student voters to vote at advance polls set up on campus for the express purpose of absentee voting for other electoral divisions. However, such an alternative requires legislative change and, although this may be possible in the future, it is not currently on the agenda in the Legislature.

In the end, post-secondary students need to realize that only by becoming engaged in the political process, can they ensure that their voices heard.

"One thing students need to do on their own initiative is to find out about the party platforms, the candidates and what they stand for – learn enough about them to make an informed decision when they vote," said Drew Westwater, director of election operations and communications for the OCEO.

"Our office cannot get political," he said. "We cannot get involved in the campaigns. We can tell them who the candidates are, give them the links to their website so they can look up the information but the onus is on them to educate themselves."

For those students interested in learning more about the Office of the Chief Electoral Officer, you can look up their website at www.elections.ab.ca.



Point ^{counter} Point Drinking for the ages



By **QUINTON BERGER**

@QuintonBerger6

I'm not going to sit here and act like laws aren't put into place for a reason. Laws are made to protect and punish us. Laws are made with the good of the people in mind but some laws are OK to break. Things like speeding, online piracy, possession of small amounts of marijuana, even underage drinking are pretty much the norm to break, why? Because everybody does. Underage drinking is a standard part of being young. Who doesn't remember trying to find someone to "boot" for them, sneaking off to a party and becoming way too inebriated (because back then the more drunk you were, the cooler). It's the norm nowadays to break small laws like that. It was a part of our transition into adulthood. Underage drinking is a part of being young. Sneaking around to get wasted is as much a teenage tradition as parking down at the river (wink, wink) or prom.

Pivotal part of being young

You know why underage drinking was such a pivotal part of being young? It aided our transitions into adulthood. Drinking underage gave us all the opportunity to learn how to drink properly, how to hold our liquor and conduct ourselves while drunk. This way, when we go out drinking as adults, we know how to not overdo it. Think about it, how many people do you know of who never really drank till they were 18 and then, when their 18th birthday rolled around, they went out and got way too drunk because they didn't know how to handle it? Now, how many people do you know who went out for their 18th birthday, got hammered and knew how to control themselves because they had experienced being drunk before. We all know a few from both groups. Now, wouldn't you much rather be a member of the latter rather than the former? I know I would. Alcohol is a crazy drug (yes, drug) and the only way to get good at using it is to practise. It affects everybody differently, at different speeds and depends entirely on set and setting circumstances like how much you've had to eat or how much sleep you get. With all of these key factors in effect, I'd hate to learn a hard lesson while out in public in front of a bunch of people. I'd rather learn it at a party in front of a bunch of kids who will undoubtedly do stupid things as well, rendering your mistakes tiny on the scale.

Friendship component

Underage drinking is also a key component of building and developing friendships when you're in high school. We've all been at a party and wound up having a huge heart to heart with someone we barely spoke to until then. It may be a small gesture but you now shared that bond with them. A person's opinion of you was altered in a positive way. And, if the conversation went really well, maybe it escalated. Let's talk about that! How many of us got lucky for the first time while being drunk illegally? This may not be so great for girls but for guys virginity is a terrible burden that must be done away with at once and the fact is, the more underage drinking events you took part in, the sooner it probably happened. Thank you underage drinking!

Thank you for everything!



By **NATE BRYANT**

Kids these days just aren't ready for the life of drinking yet. They think it's all fun and games. Well, it's not. Drinking is a responsible activity for responsible adults. The alcohol gets to the kids' brains. They think they're invincible. First it's drinking, then it's smoking the grass and the next thing you know, they're injecting straight heroin into their eye-lids. Your mothers were right when they told you not to drink before you were 18 because it will kill you. Kids these days, I tell you, they're too reckless. They never stop and slow down and listen to us. We try to tell them that that one beer could mean their death but do they listen? No, they go off, listening to that damn Nicki Minaj, with their Beats by Dre and their underage drinking.

Cannot handle drinking

As was said, the kids today simply cannot handle the life of drinking. Not like the kids that were around back in the 1800s. Boy, those were the days. You would go out with your buddies, smoke seven or eight hand rolled cigars, maybe play a game or two of football, then pound back a few brews. I tell you, nine-year-olds could drink back then. Now kids are so weak they have to be 18. But I suppose that's what I'm arguing. You see, kids they go too crazy these days. They get slammed and then post pictures of their genitals on Facebook or they send it to each other. Growing up in a digital world, it becomes a much harder place to be underage and still drink. Everyone is watching you, everyone is taking pictures and sharing them and every employer is looking for those pictures. They aren't hard to find. It will come back to bite you in the butt. They can't handle drinking yet, because they can't handle having the rest of their life screwed up because of a picture that was taken at 15.

What about 16, 17?

I know some people will argue, what about the closer ages, the ages that border on the current legal age now, 16 and 17. As it is, we have a pretty good system set up for drinking age. You can't make that change and let 16 be the new legal drinking age, because then people will say, well why not younger? Similarly with speed limits, if we change the Henday to a 110 km/h, you'll want to go a 120. No underage drinking. It's simple. It comes back to the fact that we live in a digital world and there is proof of everything we do nowadays. The head of the CIA couldn't even get away with an affair, so you won't get away with underage drinking. And also, if you are a minor in Alberta, suck it up. You literally just have to make it to 18. Then you can rub it in every American's face until you're 21.



File photo

OPINION

— Editorial —

Season for giving



GABRIELLE HAY-BYERS

Editor-In-Chief

@Gee_H_Bee

Christmas lights, homemade baking, good tidings, gatherings with friends and family ... it's a beautiful time of year. It seems everyone is looking forward to the end of the semester and actually having time to spend with loved ones. How's that for holiday hope?

Every year around this time I'm struck by the darker side of the holidays as I watch commercials urging me to buy goats for families in third-world countries or sponsor children half a world away – all beautiful messages of helping those in need. But beautiful messages like those don't help our own neighbours, classmates and coworkers who may need help this holiday season.

Not immune

Edmonton is a beautiful, lovely place where we are afforded so many luxuries that people in other areas of the world can only dream of. However, that doesn't mean we're immune to poverty, hunger or simple loneliness. Sometimes simple loneliness is only the tip of the iceberg and people suffering with mental illness can struggle greatly around the finals season, which, coupled with the holidays, can be overwhelming for anyone.

Please, as we're performing acts of pocketbook philanthropy buying goats while simultaneously shaving off our "awareness mustaches" left over from Movember, try to remember to do the small things in life that can bring joy to those around us. Invite a classmate who you know is stressed or far from home to share a holiday coffee, tea or alcoholic beverage (if you're so inclined) with you. If a friend is alone over the holiday, invite them to spend some time with you.

Consider donating

If you have some spare cash, please consider donating to NAITSA's food bank, which has a direct impact on people who live, study and work amongst you. If you've ever wished to make a difference in your own community, that's as close to home as it gets. Consider making a last-minute donation to the United Way campaign here on campus.

If you have little money but some spare time after exams (or grading exams, to our instructional staff friends), consider donating time to an inner city agency or to a holiday related charity and get to work delivering or wrapping presents! If you can't make time to volunteer on a set schedule, offer to be the designated driver for a friend or

family member so that they can experience a safe night out this holiday season. Or, book an appointment and give the gift of life OK, OK, blood ... but life sounds better and less gory.

My point is, there are so many ways that we can make a difference this year in the lives of people around us. I know it's gut wrenching to know that people in our community could be hungry, sad or fall ill over this holiday season. It's a wonderful time to make a difference. Please consider taking some time out during this

holiday season and giving yourself the gift of being involved in our community, which is friendly, welcoming and pretty dang awesome. There are so many people and families who could benefit from you caring about how their holiday is and, unfortunately, none of us ever know when the tables could turn and we might need help in our own lives. Get out there and spread some joy, people!

And then go have some eggnog ... spiked or otherwise. Come on ... we were all thinking it!



www.eternalvision.net

People closer to home also need help for poverty, hunger or loneliness.



Is something bugging you about NAIT or the rest of the world? Do you have some praise to dish out about the school or life in general? Get those thoughts into print.

Keep them short and to the point. No more than 100 words. We're a newspaper, not an encyclopedia. Give us a break!

Submit letters with your real name and phone number to: studenteditor@nait.ca.

SPORTS

Fantasy sports are real!



CONNOR HOOD
Sports Editor
@connorhood27

Your team is winning by 14, having a great game but all you need is 10 more yards. Um, what? That's right, the beauty of fantasy sports, that can take a meaningless Monday night game between the New York Jets and Buffalo Bills and turn it into the most important thing in your week.

Hockey, football, baseball, basketball, soccer and, even for the dedicated few, golf. Fantasy sports come in all shapes and sizes and encompasses everyone from the sports nerds, to the math experts and even the guys who just want to fit in. There

aren't many things in life that can cause so much joy and make you feel like a genius on the one hand and yet make you look like a complete idiot and make you want to smash your computer for the mistakes you made in the same week like fantasy. Why else does the fantasy sports industry rake in over \$3 billion in revenue each year? It's addictive.

But for me, it's not the money that makes me love fantasy so much, it's the satisfaction of winning and knowing that for this week, you are the king of fake sports.

I know what you're thinking. I don't know anything about sports, I'm just wasting my time. Trust me, you're not. More often than not, it's the newcomers that have the greatest success, as luck is by far the biggest factor when it comes to the beloved game. So often it's the rookie, one of the

girlfriends, who picks players based on their looks, as opposed to their actual stats, (and you all know who this person is in your league), who's the one that takes home the trophy at the end of the season. From a diehard sports fan and long time fantasy

owner, this not only makes me irate but also adds to my enjoyment, as sometimes even smartest people have been taken down a peg or two.

How often have you sat on your couch on a Sunday afternoon, multiple games on and yet you just don't care? Fantasy is for you! It

adds excitement to the games that mean nothing, creates an appreciation for the players you've never heard of and the best player on your least favourite team turns into the greatest draft pick you have ever made.

For fantasy owners, there is no such

thing as garbage time, it's actually the time for your picks to shine and pick up those extra few points you needed to win. A lot of people argue that the most important decisions they make are at work or at school. They are wrong. The most important decision, without a doubt, is making your fantasy lineup. Who do I start? Who do I sit? Should I pick up this running back? Should I accept this trade? Is he trying to rip me off? It's clearly more important than anything else.

A tip from a fantasy expert, though, stay far away from your favourite teams, especially if that team starts with Oil. The No. 1 mistake in fantasy is drafting a player much too high because he's the best player on your favourite team. Just stay far away – that type of draft pick has come back to haunt me more than once. So now that you know the secret behind the funniest team names on the Internet, what's stopping you from trying? Grab that mouse and start clicking. Before you know it, you may be a bigger golf fan than you would have ever imagined.



WOMEN'S HOCKEY

Win one, lose one

By **KATHERINE HILL**
@katherinehill57

The NAIT women's hockey team had a tougher weekend than hoped, as the ladies split a two game set with the last place Red Deer College Queens. There weren't many goals to go around when the Queens took on the NAIT Oaks at home on Friday night. The game was scoreless through 60 minutes, heading all the way to the final minute of overtime. Ultimately, the Oaks were victorious, scoring the game winner with just 34 seconds left in the first overtime period, for the 1-0 victory.

For the Oaks, it was a bounce-back from a shootout loss to the Queens the night before. In that game, NAIT had a 2-1 lead heading into the third, however the Queens came from behind and won 3-2.

"It was good to see them rebound from that," said head coach Deanna Iwanicka.

"I don't think it was our strongest game but it was a good rebound point from where we were yesterday."

Friday night's game was punctuated by early penalties, including a double minor to NAIT's Karli Reeve for spearing early in the first. The Queens were held scoreless on the power play, mainly due to the strong play of the Oaks on the penalty kill.

"Our team has a fairly strong PK. If I look at the stats we're usually hovering in that num-

ber one or two (in the league), right around the 95-plus range. So I don't think the four minute penalty really killed our momentum at all," Iwanicka explained.

This was the first of six penalties in the first period, three each to the Oaks and the Queens.

"That definitely affects our line up in terms of players being able to get on the ice. But I think it was a good learning experience for us. It's going to happen and we need to be able to get through that."

Breanna Frasca scored the game winner at 4:26 of the overtime period, with an assist going to Kaitlyn Whaley. Forward Whitney Thorp's play earned her Player of the Game honours for the Oaks. On the Queens' side, goalie Summer Roberts was named player of the game, with 27 saves on 28 shots. On the home side, Tehnille Gard continued her dominant play in net, turning away all 21 shots from the Queens.

The Oaks were shorthanded into overtime but they once again killed off the penalty to secure the win.

"We just talked about playing good defensively for the first couple minutes to get rid of the penalty and build some momentum off that and then go for the goal after that," Iwanicka said of their overtime win.

The Oaks have a season record of 6-1-1, as continue to hold the top spot in the ACAC. The Oaks will be back in action next weekend, as they battle it out with the MacEwan Griffins.



Jesse Kushneryk

NAIT Oak Karli Reeve takes a shot during a game at home against the Red Deer Queens on Friday Nov. 21. The Oaks won 1-0 in OT.

VOLLEYBALL

Weekend split for teams

By JOSH RYAN
@joshryansports

The men and women's volleyball teams came into the weekend against the King's University College Eagles with different statuses and left with different results. NAIT's female V-ballers lost 3-0 and 3-2 to the Eagles, while the men swept their opposition on both nights. The results dropped the women to 4-6, one win behind three teams tied for third in the division. The men improved to 9-1, maintaining the one-win gap behind first place Augustana.

Friday, the ladies struggled on serve-receive, giving ample opportunity for the Eagles to cash-in on easy kills, as the Eagles cruised 25-19, 25-10 and 25-19.

Rallied in the second

Early on the following afternoon, the script looked the same as the Oaks fell 25-16 in the first set. However, the ladies rallied in the second, playing with renewed vigor and enthusiasm to win sets two and three. A couple of poor serve-receive rotations cost the Oaks the fourth set before they roared to a 5-2 lead in the fifth. However, another pair of bad rotations saw the Eagles take the tie breaker 15-9. Isabel Hess led the Oaks with eight kills and 20 digs.

"When we stuck to the game plan and played with good tactics we were successful," said head coach Benj Heinrichs. "We just got away from it a couple of times and those are habits we will have to break."

Men roared

Friday night at King's, the men roared to an early lead, suffocating the Eagles offence in a 25-14 win. While the play from King's improved in the next two sets, timely kills and blocks won consecutive 25-21 NAIT wins. Trevor Zemlak continued his hot start to the season with 10 kills, winning player of the game.

The men repeated the format Saturday, sweeping the Eagles out of the NAIT gym, 25-18, 25-16 and 25-21. Teodor Kostelnik was player of the game with nine kills and three blocks. Defence impacted the result, something head coach Doug Anton says the team is spending significant time on.

"It's not where we feel it needs to be come season's end and if we let it go too long it will be tough to address later. With the upcoming break, we can continue to address it in December and January."

Next up for the two squads is a home-and-home against

the Augustana Vikings. The women's team in Camrose sit a win ahead of the Oaks while the Vikings men are undefeated going into the weekend's matchup. Heinrichs noted being ready for anything against the unorthodox Vikings squad.

"They do some things with their offense that no other team is doing, so we will have to be prepared. They're a smart team, they keep balls in play and they have good experience."

The men's matches will decide the top seed in the North Division heading in the break. This matchup should entertain volleyball fans across the province.

"Augustana is a very good team that plays well in system," said Anton. "We're gonna have to come out and do what we do best by putting pressure on them with our serve and play a good side out game with them. We're also a little more physical than they are, so if we can stay in system and use our physicality I think we can make their lives a little difficult."

Match times for the Friday contests in the NAIT gym will be 6 p.m. for the women with the men following right after. The following night both teams can be seen on SportsCanada TV at the same times.



Photo by Jesse Kushneryk

NAIT OoK Sean Renaud sets the ball against King's last weekend. The men won both matches.

MEN'S HOCKEY

NAIT silences the Thunder

By CONNOR O'DONOVAN

The Oaks continued their winning ways with a two-game sweep of the Concordia Thunder this past weekend. The pair of Oaks victories improved their record to 12-3-1 while the Thunder fell to 3-12-0 on the year. Friday saw a healthy 7-2 NAIT triumph, while Saturday's match was slightly closer with 5-2 final score.

Friday night, on Concordia ice, John Dunbar opened up the scoring 1:15 into the first period on a marker assisted by Jordon Abt and Chris Lijdsman. Nathan Smith of the Thunder tied things up a few minutes later, but Michael Piluso was able to put the Oaks back in front, and they held the

lead for the rest of the game. Dunbar added another tally early in the second and finished the game with two goals and an assist. Michael Piluso and Scott Fellnermayr also had two goal nights. The Thunder fired 25 shots on goalie Ken Cameron, who blocked 23 of them. The Oaks ripped 22 shots on Concordia goaltender Joel Wilson, who was pulled after letting in five goals, and 26 more on Rhys Hadfield. The Oaks converted on two of five power plays while Concordia was scoreless on seven man advantages.

Saturday night's game at NAIT got off to a different start when Nathan Smith leapt



off the face off to score on the Oaks just nine seconds into the first period. Tyler French of the Oaks decided to shift the momentum back in NAIT's favour, answering once on the power play at 6:05 in the first period, and again seven minutes later. Nathan Smith notched his second goal shorthanded, but that was all the offence that the Thunder could muster. Chris

Lijdsman, Luke Vandale and Michael Piluso also scored for the Oaks. Ken Cameron again manned the net for the Oaks, turning away 19 of 21 Concordia shots, while NAIT fired a tumultuous 52 shots on Rhys Hadfield. In the penalty filled affair, the Oaks

converted on just one of eight power play opportunities. The Thunder again failed to capitalize on the man advantage, going zero for six on the night.

John Dunbar, who had two assists on Saturday night and five points on the weekend, is leading the league scoring race with 12 goals and 15 assists for 27 total points. NAIT's Scott Fellnermayr and Kevin Carthy are also in the top five with 20 and 19 points respectively.

Next up for the Oaks are the 3-12-0 Briercrest Clippers. Both games of the two match weekend series are here at NAIT, with Friday night's puck dropping at 7 p.m. and Saturday's at 2 p.m.

BASKETBALL

Ooks sweep Grande Prairie

By JOSH RYAN
@joshryansports

NAIT basketball continued on the path to ACAC glory this weekend against the visiting Grande Prairie Wolves. Both the men and women's squads swept the Wolves out of the NAIT gymnasium, dominating on both sides of the court. The women moved into a tie with Lakeland for first in the conference while the men remained undefeated. With two more wins from the ladies, both squads could enter the Christmas break atop the ACAC North.

Friday night, the ladies only needed a few minutes to jump ahead of the Wolves and led by 11 after the first quarter. From there, the Ooks rode that early lead through the rest of the game, resulting in a 66-50 win. Robyn Gibson was named player of the game, thanks to 12 points, seven rebounds, four assists and great defensive play.

Offence was a little harder to come by the next afternoon for the Ooks, with GP limiting NAIT to just 27 first-half points. However, a 23-2 third quarter put the game out of reach as the women cruised to the 54-39 win. Torey Hill was the NAIT POG, leading all scorers with 16 points and adding nine boards.

Head coach Todd Warnick praised his squad's defence.



Todd Warnick

"We made some adjustments, taking away the high post to force them to take outside shots," he said.

"I'm happy with how hard we made their shots be and how we controlled the defensive glass, as we didn't give them very many second chance shots."

The guys' Friday contest started close, with Grande Prairie knocking down shots and only trailing by one going into the second half. However, the Ooks outscored GP 24-18 in the third and held that lead until the final buzzer in an 87-79 win. Fifth-year player and North Division scoring leader Donny Moss had another big night with 28 points and 10 boards while battling illness, earning POG honours. Moss, along

with fellow senior Alvin Parker, played the entire 40 minutes with several key players sidelined for the game.

On Saturday, the Ooks found themselves in an early deficit, down 13-19 despite the replenished roster. However, a strong second quarter allowed the squad to dictate play through to the fourth, when the team exploded offensively, winning the game 85-57.

Moss was dominant again with 26 points while Chris Mooney chipped in with 13 to win player of the game. Troy Barnes added 10 points and 10 rebounds. Head coach Mike Connolly lauded the performances of the two POG winners.

"Chris can guard anyone in the conference in multiple positions," Connolly said.

"As he gains experience, his role will continue to evolve. For now, he is doing a great job of rebounding and playing solid defence. Donny (Moss) is just a warrior. Despite puking all Friday night, he played all game until he called it himself at the end when he was spent."

The last opponent on the schedule before Christmas is the Augustana Vikings. Their women's program remains among the competitors in the ACAC while the men are coming off a mini winning streak.



Ooks guard Shea-Lynn Noyes takes a pass during last weekend's action against Grande Prairie. The women won both games against the Wolves.

Photo by Colin Northcott

"They are a very aggressive team," said Warnick of the Vikings' women's team. "We're excited to try and show where we think we are in the league against a team with proven playoff experience."

Connolly stressed the importance of establishing the defensive tone on the road against the Augustana mens.

"We've got to defend and deal with their energy. They always play tough and play well at home, so we need to come out and get after them."

After they travel to Camrose Friday, the Ooks defend home court Saturday where the women will start at 6 p.m. and the men tip off at 8 p.m.

An app for your good health

By TANIA BOYKO

With midterms over and both the finals and Christmas season looming ahead of us, MyFitnessPal is a great app to keep your health on point. Co-founded by Mike Lee, MyFitnessPal is the No. 1 lifestyle fitness app with over 40 million users.

Mike Lee initiated the concept when he and his then fiancé wanted to lose weight for their upcoming beach wedding. The tool made it easy for them to track calories consumed and the number burned during workouts.

Whether your goal is to lose, maintain or gain weight, this app is a great way to keep you on track to reach your goals. Even if weight isn't your main concern, the tools can help you track your overall nutrition and lifestyle.

The app acts as an accurate journal that logs weight, food, exercise, water intake and then alerts you to how many calories you have left in a period to reach your goal.

When starting out with the app, you enter your basic information so that the app

can set appropriate settings for how many calories you need and calories you burn during exercise. There is no use of lying to the app about your weight or height, so be honest.

If weight is the focus of your interest, you can set realistic goals over a realistic time frame. The app does not allow for quick and unhealthy goals by not making them an option.

The food portion of the app has a large database of foods that you can add

to if your item does not show up. To save time, you have the option to input recipes and favourite meals to save time from entering each individual ingredient.

If you are trying to stay in a specific range for a certain aspect of your diet, the app gives you a chart outlining your intake of carbs, fat, protein, sodium, and sugar.

The goals you can set vary for each person, but can focus on certain diet restric-

tions or fitness goals. There is even the option of having an open food diary where others in the community can see what you are eating. This can come in handy when looking for meals for runners, weight lifters, and to get new ideas to mix it up.

The fitness tracking portion has a large database of activities to choose from that will give you a moderately accurate read-

ing how many calories you burn during exertion. However, it is limited compared to the food data-

base. When circuit training, some take longer breaks, do improper exercises, and exert less force than others. For accuracy, stick to logging cardio activities that have a higher uniform predictability.

Bryan Wood's blog on the Mind Body Beard website addressed the best workout apps and had MyFitnessPal in the top spot saying he uses the app "pretty much every day to help maintain

[his] sanity while staying fit."

As a member, you have access to blogs and forums that connects you with other users to form a supportive community. There are forums to help you get started, fitness and exercise, food and nutrition, motivation and support, success stories, and forums to help achieve your goals.

Some may look at this app simply as a calorie calculator to lose, gain or maintain weight but community member draco25000 sees it differently.

"Learn about the good types of foods that you enjoy, that are rich in nutrients, and good for your body!" Draco25000 advises. "Otherwise you might return back to your previous ways."

Best of all, the app is free and available for Apple and Android users. Overall, it is quick, easy and smart way to track every lifestyle on the go or at the gym during your rest time.

This app can help alleviate those freshman 15s and sophomore 30s from becoming your future reality.



Athlete Profile



Player: Wyatt Beaver

Sport: Basketball

Position: Guard

Program: Academic Upgrading

By CHARLIE ZHAO

What made you choose basketball? My family is full of athletes, so it was just second nature to be doing some kind of organized sport. At first, like most kids, I played soccer, then I moved to lacrosse and finally to basketball. Basketball became my favourite quickly and I stuck with it.

Who is your childhood idol and why? My childhood idols would have been my brothers Luke and Quinn. Luke was always pushing me to focus on the fundamentals and to become great at the important things like left hand layups at a young age and he made sure I had good footwork. With Quinn being just a couple years older, I was always trying to beat him, never would I really beat him, if I did he was just too tired to actually compete or he just wanted to see how joyful I got when I felt like he was trying to win.

What are your hobbies during your spare time? My hobbies during spare time would be eating a lot, sleep, and play ball, that's basically how my life runs.

What type of music do you enjoy? R&B mostly, rap, some Indie, really depends on the mood.

What is your favourite sport outside of basketball? My second favourite

sport to play would probably be a toss-up between baseball and football. My second favourite sport to watch would have to be either hockey or baseball.

Who inspires you the most? The people who surround me are the ones who inspire me, I've seen some very special people fall under the pressure of the world and I've seen people break free from the harshest of situations.

What are three things you can not live without? I probably wouldn't be able to live without oxygen, food and a basketball in my hand.

Where is your dream oasis? My oasis is probably having a decently sized house back here in Edmonton but forever journeying, travelling the world and never settling down to the restraints of our stupid weather.

What is the best advice you've been given so far? If you're not the one putting in work when everyone has gone home, there's somebody out there that is. Why not you?

What would you like to say to your team? #OoksFlyTogether, we've come together so quickly and it's a family goal to push each other to the national championships, nothing better than being in this family!



Photo by Colin Northcott

Ook Donny Moss in action against the Grande Prairie Wolves during a game last weekend. The Ooks took both games of the series.

Athlete Profile



Player: Emily Moore

Sport: Basketball

Position: Guard

Program: Academic Upgrading

By CHARLIE ZHAO

What made you choose basketball? When I was really young my brother started playing so I kind of just wanted to follow in his footsteps.

Who is your childhood idol and why? I have never really thought about this one but I think my mom is my idol. She is the greatest woman I know and has the biggest and kindest heart. I can only dream of being half the person she is.

What are your hobbies during your spare time? Hanging with friends and family, shopping and Netflix.

What type of music do you enjoy? I mostly listen to alternative stuff. But I'm pretty open to any types.

What is your favourite sport outside of basketball? Well, basketball is the only sport I like to play, but my

favorite sports to watch are definitely baseball and hockey.

Who inspires you the most? My dad is my biggest inspiration. He always knows how to cheer me up and inspire me to push through tough times.

What are three things you can not live without? Family, friends, basketball.

Where is your dream oasis? My dream oasis is probably Australia or Fiji or something like that.

What is the best advice you've been given so far? Best advice I've been given is to stay positive as things could be a lot worse. Also, that nothing worthwhile is ever easy.

What would you like to say to your team? I love my team so much and I have so much confidence in all of them! I am so excited for what's to come and everything we will accomplish together.

Athletes of the week

November 10-16

Jordyn Tibbatts
Hockey



Jordyn started the season in and out of a consistent line up spot. She scored her first ACAC goal this weekend and was a contributor on the other regulation goal by Brea Frasca. Jordyn's penalty killing efforts were a big part NAIT of shutting down the top power play in the league this weekend. The Ooks fell 3-2 to the Red Deer Queens in a shootout Friday before defeating the Queens 1-0 in OT Saturday. "As a staff we are beyond impressed with Tibbatts' recent performance," said head coach Deanna Iwanicka. "She is like a whole different player, carrying the puck, making offensive plays and dominating the back check. She really is 'killing it'." Jordyn is a first year Personal Fitness Training student from Foxwarren, Manitoba.

Sean Renaud
Volleyball



Sean helped lead the now 9-1 NAIT Ooks volleyball team to a weekend sweep over the visiting King's Eagles. In Friday's 3-2 win over the Eagles, Sean distributed 28 assists and six digs and then followed that up Saturday in NAIT's 3-0 victory with another 24 assists and five more digs. "Sean quarterbacked our team to two straight wins," said head coach Doug Anton. "A setter getting eight blocks is always very impressive." Sean is a fourth year Bachelor of Business Administration student from Spruce Grove.

ENTERTAINMENT

Real tickets? That's novel



By **QUINTON BERGER**
Entertainment Editor
@QuintonBerger6

Unless you've been living under a rock for the majority of the 2000s, you've probably heard of The Foo Fighters. And if you keep up to date with music news, you've probably heard about Dave Grohl of the Foo Fighters doing sweet things once or twice. Well, this time, Grohl decided to go old school with the release of advance tickets for the Foo's 2015 North American tour. The band encouraged fans to "beat the bots" by making advance tickets only available at box offices. This meant if you wanted Foo Fighters tickets, you had to go get them!

I must admit, this is a sweet idea. Waiting in line for tickets is an experience that no one in my generation has had. I

mean, this doesn't really apply to me because most of the shows I go to, I can buy tickets at the door or from someone promoting it. Going to lots of underground shows means no need for buying online. That said, I'd hate to have to wait in line for hours every time to see a show if I was a fan of bigger artists. It's a sweet idea, which I imagine is largely related to this being a one-time kind of thing. I imagine the experience would get less and less sweet each time you had to do it.

Nevertheless, a metric shit load of people came out and stood in line for Foo Fighters tickets last Saturday. And I mean a whole metric shit load. All through the east side of the building, fans lined up and endured the cold. The cold didn't bring down anyone's spirits, though. Even Daniel Roy, who'd been in line since 5:30 a.m., was chipper and cheerful.

"Doing it online, you pay for it right away and it's just, whatever. But when you come out and buy it, you get the ticket and you're able to sit with it and really appreciate having it," explains Roy. "Coming out, you feel like you've earned it more and it's more about the devoted fans – the fans who really deserve to get the ticks."

I'm not sure why Daniel woke up so early, though. Maybe he didn't know that at 10 o'clock a random number would be drawn and people behind that ticket number would go to the front of the line. No. 109 was drawn and everybody behind the 109th person went inside to get their tickets. Was Daniel aware of the draw before his arrival? Who knows. The weed



forum.outerspace.terra.com.br

Dave Grohl

leaf on the toques he was wearing might be a potential indicator of his attention to detail ... maybe.

At the end of the morning, everybody got in and even those at the very back got their tickets – floor seats, too! You can get pre-sale tickets for Foo Fighters on Dec. 1 and general public tickets on Dec. 10.

The Fools will be in town in August. I won't be going but I encourage you to!



ARE YOU COMPLETING YOUR PROGRAM BEFORE DEC.31, 2014?



Attend Convocation 2015

If you expect to complete program requirements by Wednesday, December 31, 2014 you are eligible to attend Convocation 2015.

Gown orders will be taken at the following locations starting Monday, December 1, 2014.

- NAIT Bookstore, Room X114 or by contacting 780.471.7717
- Patricia Campus Bookstore, Room P135
- South Campus, Room Z154

DEADLINE for ordering gowns:
Friday, March 27, 2015.



CONVOCATION
FRIDAY, MAY 1, 2015 &
SATURDAY, MAY 2, 2015
Northern Alberta Jubilee Auditorium
11455 - 87 Avenue

For more information regarding Convocation 2015 visit nait.ca/convocation

FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...

By CAROL TAN

Summer Vibes: Let's face it, winter's here and if you're anything like me, you despise it. I'm one of those people who can take plus-30 weather and humidity. I live in my flip flops and I can only hope that one day I move somewhere sunny year long.

There's nothing like listening to a summer playlist to make you feel a teensy bit warmer. For starters, I'm a huge country music fan. Why? Well, the boys are hot, the parties are loud and it's all booze, trucks and real life. The storytelling element is what gets to you if it's not the girls in bikinis. Country has this common theme of summer and that's another reason for my love of country music. It takes me back to the good ol' summer days when we lay our asses down and suntan with a beverage in hand.

Also, summer calls for bonfires, tailgate parties, tunes and lovin'. Oh, and don't forget the country drinking that comes along. Close your eyes for a second here and think about laying on a beach, birds chirping in the distant, the

sunlight casting a red glow in your eyes, the smell of pineapple coconut rum and the heat travelling up your body; doesn't that feel amazing.

So, put on your shades, turn the heat up and get bumpin' with my summer playlist:

1. The Booze Cruise
– Blackjack Billy
2. Sounds of Summer
– Dierks Bentley
3. Springsteen – Eric Church
4. Sun Daze
– Florida Georgia Line
5. Sunshine & Whiskey
– Frankie Ballard
6. Day Drinking – Little Big Town
7. Bringing Back the Sunshine
– Blake Shelton
8. Summer Jam – Jake Owen
9. All Summer Long – Kid Rock
10. Coconut Tree
– Kenny Chesney
ft. Willie Nelson
11. Freestyle – Lady Antebellum
12. Suntan City – Luke Bryan
13. Forever Summer – Paul Brandt
14. Red Solo Cup – Toby Keith
15. Toes – Zac Brown Band



tasteofcountry.com



www.gratefulweb.com



florigeorgiaonline.com



en.wikipedia.org

NAITSA HOLIDAY HOURS

December 19
NAITSA Closes at Noon

Dec. 22-Jan. 2
NAITSA Office Closed

January 5
NAITSA Office resumes regular hours:
Mon-Thurs 8am-6pm | Fri 8am-4pm

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MOVIES – THE KURT LOCKER



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Michael Keaton in Birdman

Birdman is a marvel

By KURT FABISCH

When Birdman was over and I walked outside I had one thought.

“That was perfect.”

I don’t think that too often coming out of a movie.

Birdman (or The Unexpected Virtue of Ignorance) by Alejandro González Iñárritu, who also made *Babel*, *Amores Perros* and *21 Grams*, is about one-time megastar actor Riggan Thomson, who left the superhero franchise known as Birdman over 20 years ago and he’s nearly faded into obscurity, since.

Riggan adapts a Raymond Carver story into a Broadway play as an ill-conceived way to revive his career and the movie details the struggles Riggan has with directing and starring in his own play and dealing with the cast, the financing, the press, the critics, his fame and his family.

And whenever he’s alone, spoken to by the Birdman character he played. The Birdman represents all his anger, bitterness and

ego, taunting Riggan about his failures.

“How did we end up here?”

Michael Keaton plays Riggan and it couldn’t possibly be a better role for him. It’s clearly tailored to him. Keaton, of course, played Batman on the big screen in 1989 and 1992, passed on a third film and then sadly faded away as the years went on.

Keaton is essentially playing himself in the film and there are a number of scenes in which he is called a washed-up failure that are so heartbreaking that it’s impossible not to feel for both Keaton and Riggan.

I especially loved Keaton’s voice performance as Birdman, absolutely echoing his Batman persona.

What I loved about those scenes is as a Batman fan, they were so like the comics. That’s *Dark Knight Returns*, Bruce Wayne talking to his inner demons, talking to Batman like he’s another person.

The rest of the cast actually surprised me by how good they were. I figured this

was just going to be Michael Keaton in the spotlight but the entire cast is exceptional.

Naomi Watts, Amy Ryan, Andrea Riseborough and Zach Galifianakis, who is great playing a normal guy, for once.

Emma Stone, who’s always great, stands out as Riggan’s daughter and personal assistant and has one incredible scene in which she just explodes on Riggan, telling him everything he’s doing wrong in his life. It has to rank as one of the all-time best movie rants.

And Edward Norton, who when he’s good, he’s very good, gives maybe his best performance since *American History X* as Riggan’s co-star in the play who is dead set on stealing the show. Norton is hilarious as a pompous jerk who is a true method actor, getting drunk onstage and getting perhaps too physical during a bedroom scene.

But make no mistake, this is Keaton’s show here. It’s one of those performances that’s sure to get an Oscar nomination if not

a win. And with any luck, it’ll catapult Keaton right back to the top.

The acting and screenplay are terrific but the thing about this movie that truly blew me away was its visual style. I’ve never seen anything like this before.

The film is edited so that the entire film looks like it’s one continuous shot. Scenes seamlessly transition through time and cuts are practically invisible.

It added a sort of “edge of your seat” energy to the film that I was really not expecting. Once or twice I even had to stop and think “How the hell did they do that?”

Birdman is a touching and darkly hilarious drama about showbiz with such great characters and at the same time the film is truly a technical marvel.

And the second it was over, I knew I had to see it again.

Birdman is, quite simply, a masterpiece.

★★★★★

Catalyst Theatre moves to Maclab

By CONNOR O'DONOVAN

After almost 19 years of residence in Old Strathcona, the Catalyst Theatre is getting a downtown address. The move will bring them from their building on Gateway Boulevard, known as C103, to the Maclab Theatre at the Citadel in early 2015.

Catalyst Theatre was formed in 1977 and has been operating in Edmonton ever since. In 1996, the company was taken over by its current artistic director, Jonathan Christenson, and resident designer Bretta Gerecke, who changed its mandate from that of a social action theatre company to one focused on creating new work.

They also moved Catalyst Theatre into C103, which was at the time a derelict CN warehouse. Though Catalyst has not owned the venue, they have always been responsible for the building's maintenance and upkeep and they transformed it into the unique 140-seat venue that it is today.

The company's first production in the new space was *My Perfect Heaven*, which was part of the 1996 Fringe Festival, and which ran even before renovations were complete.

As Christenson told *The Edmonton Journal* earlier this month, "We hadn't even finished drywalling. Whenever actors weren't in a scene, they picked up a roller and kept painting the walls."

Over the years since, Catalyst has enjoyed increasing popularity and success and the magnitude of their projects has grown. They have developed 17 projects out of C103, but recently they have used

the building only for rehearsal and have shown their productions, such as *Hunchback*, in the larger Citadel. The needs and requirements of these larger productions are part of the reason Catalyst made the decision to move.

"About six or seven years ago it became apparent to us that we wouldn't be able to continue to rely on a lease arrangement that would give us a long term future in this space," said Catalyst's managing producer Eva Cairns. "Our productions were also shifting a lot in the scope and scale of production needs and the audiences we were reaching."

Catalyst's current production, *Elephant Wake*, is their first production in years to actually show in the C103 building. The location is also used extensively by other theatrical companies and has showcased hundreds of independent productions. There was no word regarding whether anyone would move into the space, which is used extensively during the Fringe season.

Elephant Wake, written by Christenson and Joey Tremblay, was actually first performed in C103 in 1996. The play, which stars Tremblay and tells the story of the last resident of a dying Saskatchewan town, runs nightly at 8 p.m. until Nov. 29. Student tickets cost \$20 and can be purchased at the Tix on the Square box office in Churchill Square or at tixonthesquare.com.

Catalyst's first production from their Citadel home, *Vigilante*, will run in March.



ymmfma.com

HOT 'N' SINGLE



Photo by Tegan Dutton

Katie Roskewich Chemical Technology

Major turnoff – Shorter than me and a smoker.
Cowboy boots or a suit – Cowboy boots.
Celeb crush – Luke Bryan.
Three turn-ons – Dark hair, tattoos and a little scruff.
Why I'm single – I'm not the best looking when I eat spaghetti.
Ideal first date – Casual dinner.
Country or city boy – Country.
First thing you notice about a man – His eyes.

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All eyes on a new star

By RICHARD LUKACS

Alex Essoe is one of those people who you once see and you will either love or envy her, maybe both at the same time. She is clever, fascinating, gorgeous and dangerously talented. After giving a cathartic performance as the lead in this year's sleeper horror favourite *Starry Eyes*, I had to figure out where this girl was hiding, so I called her up at her L.A. residence.

"I was born in Saudi Arabia," she told me. "My mother was an extremely talented actress, a huge inspiration to me. My dad and his whole family are from Budapest. It's beautiful, especially at Christmas time. We moved to Canada just before my 12th birthday and I lived there until four years ago."

"I went from Toronto to Vancouver to go to an acting school called Lyric and from there a theatre group called The Beaumont Stage, which was a part of The Evolving Arts Collective. I love Canada. It's such a gorgeous country. I love the people, the landscape and the food. I really enjoyed living there."

'Just want to act'

So the promise of fame or artistic expression was her momentum towards Los Angeles?

"I just want to act," she said without hesitation. "I'd go so far as to say I have purely artistic goals. I want to work on projects I care about, work with people I respect and admire and I want to make the best work I possibly can. In order to do that I don't want to toil in obscurity, I want to elevate myself as it's possible. But I'm very private to begin with, I don't wanna be in the *Public Tabloid*, the *Sex Tape*, the *Publicity Stunt* or any of those. If my intention would be to get famous, I'd get into a reality TV show (laughing). I modelled for a while and I've been in magazines. I've seen myself, my image but it doesn't really develop my potential as a human being. I mean 'oh, here I am, selling toothpaste, whoa ...' If I can maintain privacy while I'm achieving the kind of work I want to, that would be ideal."

This is a remarkable year generally in cinema but I'd say it is the year of the women – Rosamund Pike in *Gone Girl*, Essie Davis in *The Babadook*, Emma Stone in *Birdman* and yes, Alex Essoe in *Starry Eyes*. Knowing that it's her debut feature role makes her spellbinding screen presence even more impressive.

"I didn't actually get really anxious until the filming was over and I was feeling that there's no more perfecting, I can't go back and correct anything, it's all out of my hands now," she said. "You work as hard as you can but at the end of the day you have no idea how it's gonna look or sound and I wasn't super familiar with seeing myself on film so that was also a little anxiety causing. Before the first time I saw it I was just thinking, 'I hope I don't suck (laughing), I hope I'm not going to ruin this.' But at the end, I was very relieved. I was happy to see that I'm in a good movie."

Essoe plays Sarah Walker, an aspiring actress who is struggling with her vagueness and feels that the only way to prove to herself and the world that she is important is to be successful and famous. I was wondering about the similarities and differences between actress and character.

"I share Sarah's feelings of being on the outside. We are both devoted to what we do, acting is our No. 1 priority

... I'm hard on myself as well, not in the same way as she is but I definitely know what it is to feel defeated. The differences between us are our personal boundaries, of course. I am not as passive as she is ... Sarah isn't just looking to make art, she's looking to be a complete human being and she feels that she only able to do that by being validated by the entertainment industry."

So we know about Sarah Walker's dreams but what about Alexandra Essoe's?

"I'd love to work with P.T. Anderson, the Coen Brothers, David Lynch on literally anything. Andrea Arnold, who made *Red Road*, the exceptional *Fish Tank*, her inter-

pretation of *Wuthering Heights* was very thoughtful and distinct ... Why not aim high, right? What I love about all of them – besides countless directors I haven't mentioned – is that they really are focused on exploring elements of human condition and character traits that are just so rarely explored by popular cinema."

And that seems to be the key element behind Essoe's blazing devotion to acting.

"The most important thing about a character is to find similarities between myself and them, things that I don't like about myself, that I may not want to admit to people. I have to show that, I have to expose that. One of my teachers said that 'acting should be an act of self-revelation,' you reveal yourself to the audience and you live with the consequences of that."

No obvious villain

One of the strengths of *Starry Eyes* is the lack of schematic characters. Even the most harmless support figures are complex. There are none that are simply good or evil, so it's not exactly obvious who is the real villain of the story.

"As the producer says in the movie 'ambition is the blackest of human desires' and I think the real beast is something that craves upon people's insecurities and their loneliness and the feelings of not being understood or appreciated. The offer Sarah gets is as much about acceptance as it is about fame and fortune, you know; having all her dreams come true. And the problem with anyone who offers you that, is that they are selling you something. So I think the real evil in the movie are the ways we betray each other."

Sarah's friends are obscure actresses and aspiring filmmakers. They seem somehow molded from the main target audience of the movie itself but even they are narrow and crude. Furthermore, they are real.

"It's almost like an epidemic in Los Angeles. People believe that talking about something is the same thing as doing something. You constantly run into people and their first thing to do is to slide their resume to you like 'I'm a musician, I'm writing a book and I'm having a fashion line, I'm an actor' and the list goes on ... But I don't see them doing anything, I don't see them performing, I don't see an album or a book come out ..."

It's a very brave move from a movie as average audiences like to identify with the ones they watch on screen.

"I think that people may not identify with characters in the movie, especially if they see something in themselves they not going to admit. Like 'yeah, I am lazy or I am passive-aggressive,' but I'm sure that they will very easily recognize somebody else that they know before they admit that they see them-

selves. I watch safe and comfortable movies when I want to be entertained but I think it's very important to see movies that may show you something that is worth examining in yourself."

Starry Eyes is a strange, layered, beautiful looking, atmospheric, painfully sheer, disturbing and thought-provoking feel-bad movie that will stay with you long after you leave the theatre with trembling knees and a flustered mind. Alas, and the fools keep on asking why I love horror so much ... Fortunately Essoe is not a fool and she prefers her horror in the intellectual way.

Inner demons

"I really love this book called *The House of Psychotic Women* by Kier-La Janisse. It's basically about women in horror and exploitation films and it encapsulates my favourite horror genre ever. And so when I read the script of *Starry Eyes* I saw that it had a lot of elements of things like *Possession* and *Rosemary's Baby*. It's really more of a study of a person's inner demons. I mean the body horror part is crazy, the violence is cool but what really thrilled me was the scene of one woman's struggle with herself. I mentioned *Possession* as one of my favourites to the director and he said the script was really influenced by it so it kind of gave me an edge on this interview for the role. And when he told me that it was somehow inspired by that film, I was like 'OK, I have to do this.' As *Possession* is a horror movie about divorce, *Starry Eyes* is a horror movie about acting."

See, I told you. She is clever and fascinating. And she has more.

"Acting is my life," she said. "But a significant secondary interest is music. I've been playing music my whole life, been in bands and gone on little tours. There was definitely a time in my life when I was playing more music than acting, but acting is the forefront of my efforts."

What could I say after all that? Keep your eyes (and ears) on Alexandra Essoe because she has a lot more to offer. You will agree after you watch *Starry Eyes* now out On Demand..



starryeyesfilm.com
Alex Essoe in *Starry Eyes*



starryeyesfilm.com

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CONVOCATION
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SATURDAY, MAY 2, 2015
Northern Alberta Jubilee Auditorium
11455 - 87 Avenue

For more information regarding Convocation 2015 visit nait.ca/convocation

CROSSWORD

Across

- 1 - Fall flower
- 6 - Give up
- 10 - Clasp for a door
- 14 - Michelangelo master-piece
- 15 - Pulitzer-winning biographer Leon
- 16 - This, in Tijuana
- 17 - Affectation of sophisticates
- 18 - Look at amorously
- 19 - Retail store
- 20 - Recoil
- 22 - And so forth
- 24 - Bankroll
- 26 - In danger
- 27 - Catch
- 31 - Narrow inlet
- 32 - Bunk
- 33 - Summer camp transport
- 36 - Bodybuilder's pride
- 39 - Human bone, located in the arm
- 40 - Kyoto's country
- 41 - Nastase of tennis
- 42 - Female deer
- 43 - Stratum
- 44 - Peter of Herman's Hermits

- 45 - Personal quirk
- 46 - Put up
- 48 - Adhesive
- 51 - Plant juice
- 52 - Grateful
- 54 - One engraving
- 59 - Take it easy
- 60 - Rapper born Tracy Marrow
- 62 - Component of organic fertilizer
- 63 - Must've been something
- 64 - Operation memento
- 65 - Atari founder Bushnell
- 66 - Raised
- 67 - Fabled loser
- 68 - French school

Across

- 1 - Copycat
- 2 - Cosecant's reciprocal
- 3 - Sawbucks
- 4 - Sewing case
- 5 - Railroad
- 6 - Corp. honcho
- 7 - Advantage
- 8 - 4th letter of the Greek alphabet
- 9 - Elementary particle

- 10 - Greek goddess of the hearth
- 11 - Remains of a fire
- 12 - Baby bird?
- 13 - Hemingway sobriquet
- 21 - Musical gift
- 23 - Buffalo's county
- 25 - Rot
- 27 - Israel's Barak
- 28 - ___ contendere
- 29 - Unit of loudness
- 30 - PBS benefactor
- 34 - Mimic
- 35 - Nostrils
- 36 - Immensely
- 37 - Twining stem
- 38 - Bird feed
- 40 - Sauger
- 41 - Summer Games org.
- 43 - Prepare a stamp
- 44 - Eighth planet
- 45 - Colored
- 47 - ___ Dawn Chong
- 48 - Clip wool
- 49 - Sensation provided by buds on the tongue
- 50 - New Mexico's state flower
- 52 - Chicago paper, for short



- 53 - Goneril's father
- 55 - Gator's cousin
- 56 - Circle of light often seen around the head of saints
- 57 - Catchall abbr.
- 58 - Actress Russo
- 61 - Quattro minus uno

Puzzles provided by BestCrosswords.com (<http://www.bestcrosswords.com>). Used with permission.

SOLUTION
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- 1 | HOW TO PAINT WATERCOLORS
- 2 | HOW TO MAKE SUSHI
- 2 | COOKIES & CIDER IN NAITSA LOBBY
- 2 | NAIT DISABILITY AWARENESS EVENT
- 4 | HOW TO WINE TASTE
- 5 | COOKIES & CIDER IN NAITSA LOBBY
- 9 | COOKIES & CIDER IN NAITSA LOBBY
- TBD | WELLNESS HOUR
- 12 | COOKIES & CIDER IN NAITSA LOBBY
- 15 | FORTUNE COOKIES
- 16 | PET THERAPY
- 16 | COOKIES & CIDER IN NAITSA LOBBY

- 17 | WELLNESS WEDNESDAY
- 17 | COOKIES & CIDER IN NAITSA LOBBY
- 18 | FREE COOKIES
- 19 | NAITSA OFFICE CLOSING AT NOON
- 22-2 | NAITSA CLOSED FOR HOLIDAYS

TO FIND OUT MORE INFORMATION ON ANY OF THESE EVENTS PLEASE VISIT NAITSA.CA



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TANIA BOYKO

If you could choose to be any species, which would it be?



"I'd be a lion. Being brave is a good trait to have and lions are courageous."

Paul Delera
Architecture
Technology



"I would be an eagle because they're a top predator, fly, live near mountains and are free."

Stephanie Pitre
Landscape
Architecture Tech.



"Insects. Phylum arthropod. Subphylum hexapoda. Why? Three pairs of legs. I have an exoskeleton ... I would probably be in the order Blattodea (cockroach) which means I'd be able to survive pretty much anything including a nuclear disaster."

Royston D'souza
Civil Engineering Tech.



"Hippogriff, because being able to fly is cool and I like lions. Killing people with my tail would also be a bonus."

Sarah de Visser
Interior Design



"I'd be a family dog because then you're living the life. Naps, food and you can be as judgmental as you want."

Kestrel Holden
Architectural Tech.

WEEKLY SPECIALS

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- MONDAY**
\$7 Canadian Poutine
- TUESDAY**
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- WEDNESDAY**
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- THURSDAY**
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- FRIDAY**
\$6 Rockfish Potato Cakes

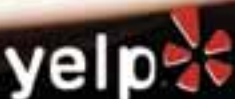
\$4 DRINK SPECIALS

*All liquor served is 1 oz

- MONDAY**
Sno Cone Cocktail
- TUESDAY**
Rye, Rum, Vodka or Gin Hi-ball
- WEDNESDAY**
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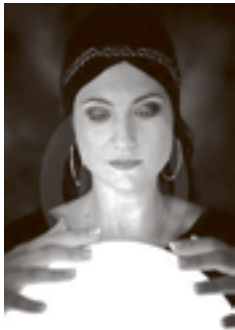
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THE NUGGET PRESENTS:
HOROSCOPES



MADAME O

Nov. 27-Dec. 3
(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

Sagittarius (Nov. 22-Dec. 21)
You and Nicki Minaj have more in common than just both being Sagittarius'. You both know how to shake it up and start the party. Everyone looks to you for fun so don't be a party pooper, show up and show em what you got.

Capricorn (Dec. 22-Jan. 19)
Winter may be giving you the woes. Cheer up, if you're sad about the cold now. You have a

very big uphill battle to come. See the good in the snow; it makes you appreciate the summer that much more.

Aquarius (Jan. 20-Feb. 18)
Remember, nothing is as important as love. Money and things are not worth the drama so relax this Holiday season and don't stress too much over the gifts.

Pisces (Feb. 19-March 20)
Never forget that family comes first. Don't take them for granted. Be kind, reach out and never forget that they were your first best friends in life.

Aries (March 21-April 19)
You may feel like the homework load is getting to be too much. Don't worry though, it is almost over! The students only have less than three weeks of school left and I know anyone can make it through, especially a tough one like Aries.

Taurus (April 20-May 20)
Your smile lights up a room Taurus. Don't forget that when you are sad, there are many people relying on your smile. So show the world that everyday deserves to be amazing and flash those pearly whites.

Gemini (May 21-June 21)
Opening up about your feelings will make you feel so good. If you are bottling things up, never feel like you can't tell your family. They will feel relieved that you trust in them enough to tell them all of your daily struggles.

Cancer (June 22-July 22)
Keep on keepin' on! Bettering your life does not come easy but it is a day by day process that can never be given up on. I know you are trying your best Cancer so keep it up!

Leo (July 23-Aug. 22)
Leo, you care a lot. Sometimes you care too much. It's hard having such a heavy conscience sometimes because it means that things can fall on your shoulders a lot. Shrug it off,

smile, and just keep being you!

Virgo (Aug. 23-Sept. 22)
Winter sucks, so see the positive in everything and go out and get yourself a new pair of boots or a new snowboard. Live in the moment and enjoy it!

Libra (Sept. 23-Oct. 22)
Many improvements in your life are happening. Are you seeing the rise of your general happiness? Keep it up, life is great!

Scorpio (Oct. 23-Nov. 21)
Things may not always turn out the way you had hoped, such as the Timmie's lineup being long in the mornings. But that's life, don't worry, you're going to walk away with a smile and a coffee if you wait it out

Who to call?

Academic and personal concerns – Student Counselling, 780-378-6133, Room W-111PB, HP Centre.

Health insurance coverage – Student Health and Dental Plan, 780-471-7730, Room E-125. You must opt out by Sept. 28 if you have alternate coverage.

Housing – Online housing registry at www.rentingspaces.ca

Injury, minor medical concerns – Health and Safety Services, 780-471-8733, Room O-119.

NAIT Security – 7477.

Part-time campus jobs/volunteering – Go to www.naitsa.ca under “Get involved.”

Program-related concerns – Contact Program Chair or Program Adviser.

Scholarships, bursaries – Student Awards Office, 780-491-3056, Room O-101.

Special needs students – Services to Students with Disabilities, 780-378-6133, Room W-111PB, HP Centre.

Student loans, grants – Financial Aid Office, 780-491-3056, Room O-111.

Tutoring – The Tutor Centre in Room A-133 (main campus) offers free assistance with math, physics and chemistry. Open 8:30 a.m. to 4:30 p.m. Monday to Friday. Also at Patricia Campus (Room P-150/152) and Souch Campus (Room Z-153A). Peer Tutors – Sign up online to get or to be a tutor by e-mailing tutor@nait.ca. Cost is approximately \$15/hour.

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Nov. 6, 13, 20, 27	12:00 PM - 1:00 PM	50/50 Raffle Sales	Purchase tickets in front of Common Market
Nov. 17 - 21	Various	Fitness Classes	E134 (sign up)
Nov. 17 - 21	All Day	Education Challenge Silent Auction	Online
Nov. 18	All Day	Toonie Tuesday	NAIT Cafeterias
Nov. 20	8:30 AM - 11:30 AM	Poverty Simulation	Boyle Street Plaza
Nov. 20	10:30 AM - 1:00 PM	Chili Lunch	Blue Plate - Common Market
Nov. 21	10:30 AM - 1:00 PM	Artisan Bread Sale	South Lobby
Nov. 26	8:00 AM - 2:00 PM	Computer Monitor Sale	South Lobby
Nov. 27	11:00 AM - 1:00 PM	Day of Caring	Operation Friendship Seniors Society

For full event details, please visit nait.ca/unitedway

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VS fashions invade London

By CAROL TAN
@ceeCarolina_

Last year, Victoria's Secret Fashion Show took on the theme of British Invasion and now this year, the bombshells are taking Britain. For the very first time, the lingerie fest is taking place in London. It's almost that time of year again, when the most beautiful models in the world all gather to sashay down the sparkly catwalk, and here is what's in store.

VS Angels

Of course, no Victoria's Secret Fashion Show is complete without the VS Angels, so, ladies and gentlemen, here is your VS Angel lineup: Adriana Lima, Alessandra Ambrosio, Behati Prinsloo, Candice Swanepoel, Doutzen Kroes, Karlie Kloss, Lily Aldridge and Lindsay Ellingson. Between the months of fitness training and the lack of clothing involved on the runway, it's no surprise just how intense the casting for the Victoria's Secret Fashion Show is. However, believe it or not, the process of picking the Angels actually goes far beyond the bodies. Besides the rock-hard abs, great skin and friendly personalities, casting director John Pfeiffer said viewers "just want to be inspired." It's this hard-to-define It factor that we already know and love from Victoria's Secret favourites like Jessica Stam, Hilary Rhoda, and Adriana Lima that sets them apart from the rest.

Victoria's Secret released a video showing the casting call for models. It shows just how much the bosses believe

being able to captivate the audience has to do with their show. The models must be energetic and have charisma. Among the VS Angels are returning models Jourdan Dunn, Devon Winsor and Joan Smalls. According to the *New York Post*, Kendall Jenner and Cara Delevingne will both be absent from the Victoria's Secret runway this year in order to walk the Chanel Métiers d'Art show, which will be held on the same night. Cara, who walked the VS Show last year, will instead stick to her Chanel (and Karl Lagerfeld) roots – after all, you don't say no to the Kaiser of fashion. Kendall, who was rumoured to make her Victoria's Secret debut this year, is reportedly choosing to also walk the Chanel runway instead.

It's a given that all the models chosen will have to fit into the themes for the extravaganza. The 2014 Fashion Show themes are: Gilded Angel, Exotic Traveler, Dream Girl, Fairy Tale and Angel Ball. No VS Fashion Show is complete without the "Fantasy Bra."

For the first time, there are two Fantasy Bras. And the first time that Brazilian bombshells Lima and Ambrosio will share the honour of wearing the 2014 Fantasy Bra designed by Pascal Mouawad on the runway. The bras have diamonds, rubies and sapphires sewn together in an elaborate, belly-grazing design. These pieces are more than just bras – the lingerie sets feature handcrafted armbands, shoulder coverings and a glittering, makeshift garter belt. Both pieces contain 16,000 perfect gems.

As the castings and fittings take place, more and more models are sharing their heavenly news of walking the 2014 VS Fashion Show. To them, walking in the show confirms their place in the modelling and fashion industry. It's a coveted position. Just as models are getting announced, so are the performers.

Swift returns

Fresh off the release of her new album, *1989*, Taylor Swift returns to the runway for an encore performance after last year's show. Joining the headliner is Ariana Grande. The popstar, 21, has been having a great year. She captured No. 1 on the Billboard Top 200 twice and then spawned the triple platinum hit "Problem" with Iggy Azalea. She is the first woman in history to simultaneously have three songs in the Top 6 of the digital songs chart. VS also announced British singer/songwriter,

Ed Sheeran as a performer to join the ladies on the runway in London. His new album debuted at No. 1 in Canada and in 13 other countries, including the UK and US. Rounding out the performers is Hozier, making his first appearance on the VS Fashion Show. The Irish singer/songwriter,

24, made his mark in the music industry this year with his hit "Take Me to Church."

The 2014 Victoria's Secret Fashion Show will take place on Tuesday at Earl's Court in London, and you can catch the sparkly spectacle on Dec. 9 on Global at 8 p.m.



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CROSSWORD SOLUTION

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Eminem drags down album

By **QUINTON BERGER**
Entertainment Editor

It's been a long time since any of us have heard the words "Shaaaady, Aftermath" on a song. But Shady Records has been going strong these past few years. The record label founded by Eminem just recently celebrated its 15th anniversary, which Em is celebrating with a new compilation album called *SHADYXV*.

The album features all the artists currently signed to Eminem's label. Shady's current lineup features Eminem, D12, Slaughterhouse, Yelawolf, Bad Meets Evil and Skylar Grey. Yet, despite Shady's lineup, each artist is only featured a couple times on the album while Eminem has five solo songs and collabs on three. I know, it's Eminem's label but, c'mon!

The unfortunate thing about this album is that all the tracks Eminem isn't on are bangers while his solo ones are easily the weakest tracks on the album. The album starts off with a track called "ShadyXV by Eminem." Upon hearing this song, I started to regret spending \$18. The beat, the flow, none of it is that great. This was immediately turned around by the second track, *Psychopath Killer* by Slaughterhouse, featuring Eminem and Yelawolf. The album keeps up a pretty consistent flow of mediocre track to sick track for the remainder

of the album. The best track in the album easily goes to Slaughterhouse for their track "Y'all Ready Know." The track provides a classic piano heavy beat with some old school cuts and with DJ Premier on the beat, you know it's a banger! Slaughterhouse really needed to get more tracks on these albums.

While only a few of the songs will make you go "oh, shit," the highlight of the album is the beats. With the exception of the first track, every beat on the album is sick and sounds great in some subs. Eminem really shines as a producer on this record and every other producer involved is just icing on the cake.

But the biggest downfall of this album is easily that other artists aren't on more tracks. Eminem should have given the other artists more space on the album because as crazy as this sounds, Eminem is the weakest cat on the record. His lyrics are crazy and he's got great flow but the songs as a whole just aren't that good. Then again, that's been my complaint about him for the past few years. Yelawolf brings it, Slaughterhouse brings it, even D12 comes back for one track on the album.

But that's what I don't get, if you want to show off your brand, shouldn't the artists you signed get the front seat? We all know who Eminem is but Slaughterhouse is slept



on, even on this CD!

The album concludes with a track called "Detroit Vs. Everybody," which features artists from Detroit, whether they're on Shady or not. The appearances from Danny Brown and Trick Trick make the track worth checking out. The album ends on a strong note, when that track is followed up by Yelawolf's latest single "Till It's Gone," a southern sounding track with great flow and catchy chorus. "Till It's Gone" is easily the second-best track on the album.

The album even comes with a bonus disc which contains old songs that Shady Records has put out in the past. Once again I have to look at Eminem and go "really?"

While all of these tracks are good, none of them are by any means the best that Shady has ever put out.

All in all, *SHADYXV* is an album worth checking out. The beats are all sick and the majority of the tracks are good. The only thing holding this album back from being a great album is the lack of other artists while Eminem is on every other track. It's time Shady stepped away from the mic and focussed on the artists on his label, along with signing new ones and making Shady records bigger and better than ever. Upon hearing this album, it's clear that the potential is there.



The image is a promotional graphic for the NAITSA (North American International Teachers' Students' Association). It features a large, stylized logo at the top consisting of three curved lines forming an arch. Below the logo, the text "NAITSA STUDENTS' ASSOCIATION" is written in a bold, sans-serif font, with "ESTABLISHED IN 1964" underneath. At the bottom, there is a row of social media icons: Facebook, Twitter, YouTube, a website icon, a camera icon, and a person icon. Below each icon is a corresponding text label: "naitstudents", "naitsa", "yourNAITSA", "naitsa.ca", "naitstudents", and "rm e-131". The entire graphic is set against a dark, textured background.

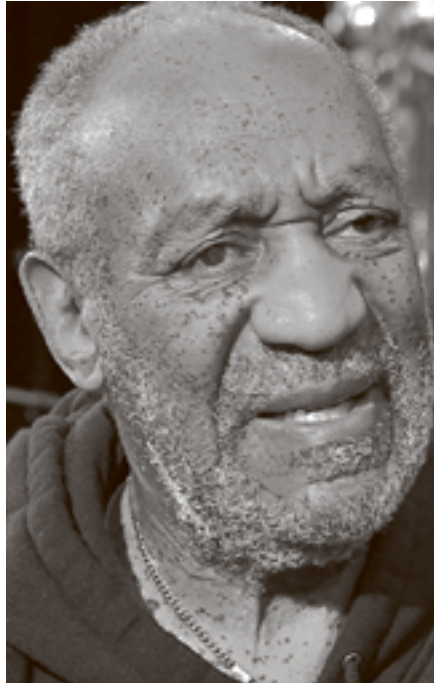
Is there celebrity justice?

By EVAN KIRBY

If you even have a semblance of an Internet connection you've surely heard about the ongoing investigation into the child molestation accusations against *7th Heaven* star Stephen Collins and the sexual assault claims against comedian Bill Cosby.

I was a huge *7th Heaven* fan back in the day, mainly as a way to get my Jessica Biel fix as a preteen boy but nonetheless it was a fixture of my childhood and something I tie intrinsically to growing up.

And then Stephen Collins had to go and mess up that nostalgia. The irony in this of course, is that *7th Heaven* was a show built around Christian values with Collins playing the part of the wholesome Rev. Eric Camden, who juggled his church life with his family life. And now that show is ruined. Reruns have been pulled from multiple stations and probably for good measure, because good luck taking it seriously now when



Bill Cosby

you know all what could have been happening then.

That's the thing about child molestation cases involved with celebrities of any stature, whether you're Stephen Collins or the biggest pop star of all time, Michael Jackson, you can never live it down and rightly so. The general populous is pretty favourable when it comes to celebs doing some shitty things, given enough time. Michael Vick had dogs kill each other but he's regained most of his image. Our modern day culture lives on second chances. We all mess up to some degree but even people in prison know the totem pole – child molesters or assault against women are not easy things to pass by, no matter how much the person's other endeavours draw you to them.

And now Cosby, everybody's favourite TV dad, might just not be as great as you once thought him to be. Women, and I don't mean just a couple, like, up in the double digits, are coming forward with their own stories over the years about how Cosby sexually assaulted

them in various manners. It's been a long rumoured and simmering issue but ever since comedian Hannibal Burrell brought it up in a standup routine of his, it's been snowballing. No charges have been brought against either man but there are a staggering number of claims, accusations and admittance.

Sadly, this isn't a new thing, R&B star R. Kelly has long been accused of having various relations with underage women and more recently Woody Allen was accused by Dylan Farrow, his adopted daughter, of sexually molesting her. Yet, both of these men continue to make their art that is viewed and enjoyed by millions. While we hold these types of acts in higher regard than anything else, we still buy into their products as entertainers but not as humans and, realistically, there shouldn't be a difference in the person with something of this magnitude. But, will that ever change? Celebrity worship culture says no.

Christmas cheer

By CHARLIE ZHAO

It's that time of the year, when everybody is trying hard not to be completely overwhelmed by tests and exams. But don't forget, Christmas is only a few weeks away! While many students are planning either to stay home with their family or hang out with their friends, most of the international students and some Canadian students cannot make it home and unite with their family. Don't worry, the weather is cold but people's hearts are warm. We simply want you to feel like home at NAIT. Here are some exciting things you could get involved in to get in the holiday spirit:

1. Children's Christmas party

NAITSA is planning an event for NAIT students to feel some Christmas spirit, meet old and new friends and have some fun.

Free ticket, available at Room E-134 or 780-471-7713, includes a gift, meal, crafts, cookie decorating, popcorn, carnival, balloon animals, swim, skate and face painting. Come and join us on Dec. 6, from 11 a.m.-4 p.m.

South Lobby

Santa Claus and Mrs. Claus, gift booth, train ride, face painting and balloon animal booth.

NAITrium

Cookie decorating and crafts

North Lobby and gym

Carnival

Pool

Swim Noon-3 p.m.

Ice arena

Skate 1 p.m.-3 p.m.

2. Ice on Whyte Festival Internship Opportunity

The Ice on Whyte Internship opportunity is offered through the Service Communities Internship Program – SciP (<http://joinscip.ca/>) That Volunteer Alberta offers.

If you are interested, please register at <http://joinscip.ca/register/>. Then look for the Ice on Whyte Festival Art and Design position at <http://joinscip.ca/find-internships/>

The Ice on Whyte Festival will conduct interviews and sign up students. Those who commit to 65 hours and, once Ice on Whyte Festival signs off on it, students get a bursary of \$1,000 from the province.

For more information on how to get your bursary, please check <http://joinscip.ca/bursary/>

If you have any questions, contact Kristin Watt (volunteer co-ordinator) at volunteer@iceonwhyte.ca

3. NAIT International Student Centre Christmas Party

"We are planning a Christmas party at the International Student Centre on Friday Dec 12, at 4:30 p.m.," says Catherine, one of the peer mentors for the International Student Centre.

"On that day, we are going to set up a Christmas tree in our centre and decorate it. We will prepare some small gifts and put them under the tree."

The Christmas party is organized with the purpose of bringing students together and providing good spirits for them since some NAIT students can't make it home during the holidays.

"We would also like to create a traditional Western Christmas atmosphere for foreign students," Catherine said.

Christmas Bureau of Edmonton

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christmasbureau.ca/volunteer
 (780) 414-7682

A career and a lifestyle

By **BRETT BOHL**
@djBohLd

Why should you want to be a DJ?

It seems ridiculous to answer this question ... what you should be asking yourself is “why not?”

Of course, there are hundreds of reasons to adopt DJ’ing as a career, but the most beneficial and obvious reasons would be:

1) Being able to share music and connect with people all over around the world.

2) Getting paid to party. You could be doing exactly what you would normally be doing on a Friday, or Saturday night but instead you are returning home with more cash in pocket than you started with – (on a good night anyways) Some say that a job is defined as “getting paid to do something you wouldn’t normally do.” DJing is not a job, it’s a love and getting paid is just a bonus.

3) Perks as a DJ often become subject to many free things, such as free drinks, T-shirts, cover charges and a variety of assorted party favours.

4) There is no dress code as a DJ. At some other jobs, you are forced into wearing a uniform and, at that moment, you give up your individuality. Dressing the part could get you more gigs.

DJs are people who play and introduce personally selected music to be played for an audience of people to hear.

Now, before you become a DJ, you have to decide which type or types of a DJ you want to be.

Radio DJs broadcast music on AM, FM, or Internet radio stations. Club DJs select the music being played in nightclubs, bars, parties, raves or even stadiums.

Mobile DJs travel around with portable hardware and portable sound systems. Some mobile DJs will also perform as the master of ceremonies (MC) by directing the attention of the attendees on what needs to be focused on. The MC’s job is to maintain

a room-wide concentration for the scheduled event’s overall agenda.

There are also many DJs who specialize in competitions. These competitions consist of several DJs all battling it out against one and other. Each of the DJs in the competition performs a pre-planned “set” of songs. The DJs are each judged and given individual scores by other DJ professionals. The competitors specialize in distinctive technical DJ skills. Some of them include mixing, scratching, beat juggling, blending, track selection, creativity, style, stage-presence and originality.

Hip-Hop DJs use multiple turntables to back up one or more MCs/rappers. They

are typically the type of DJ who perform turntable scratching, which creates percussive sounds. They are often songwriters or music producers. Hip-hop DJs are the most likely to use “sampling” to create backing instrumentals or acapellas for new tracks.

Other types of DJs are now pushing the boundaries and are beginning to incorporate musical performance techniques in their sets. These are new techniques, which allow the DJ to be placed into a completely different category of DJing called music producing.

DJing is an art form, it is an expression of passion and love for music, but more so – it’s a way of life.

Ask yourself: Do you think you have

what it takes to get the party bumpin’? Do others enjoy your taste in music? Have you got the timing to match beats at plus-130bpm? Do you have a taste for the nightlife, the passion to spend hours and days of your life downloading new music? Do you like jamming out by yourself in your room, pissing off the neighbors with your killer bass drops? If you do ... then you’re well on your way to thinking you have it takes to become a DJ!

To help yourself better understand if you want to be a DJ, check out www.nr92.com Thursdays 4:30-6:02 p.m. for me, DJ BohLd mixing beats live on air.

Download the “tune-in” app to listen to (NAIT’s campus radio station) NR92 from your smartphone.



whiteraverraffing.com

JUST THE TIP

A quickie can hit the spot

By **JOHNNIE QUICK**

Have you ever had a busy day that you really are not looking forward to? A day where you have so many things that you are just dreading and you just need something to get you through the day. I find these kind of days to be frustrating and I get all wound up and tense about it. This is just a part of life and we all have things that we don’t want to do. You know what makes those days a lot easier though? A quickie.

Sneaking away to have a quickie might seem a little high school. Running home during an hour long spare, ripping each

other’s clothes off, getting down to it and returning in time to have lunch with your friend. I had my fair share and it did the trick. To be fair, we were both horny teenagers so anything would do the trick. I remember once I went back to school with my shirt on inside out. My teacher had to tell me because my friends claimed that they didn’t want to embarrass me by saying anything.

The very first time I had ever had a quickie, I had gone over to my boyfriend’s house with only having 15 minutes to spare. I took him to his bedroom undressed myself and him and told him

that we had five minutes. Well, he got all defensive, saying that he could last so much longer and that I should have given him some warning so he could prepare. After his big “I’m a man and I have needs too” speech, it took maybe 30 seconds for him to get ready. I mean there was a naked girl standing in front of him willing to help so I really don’t think that not giving him warning was unfair.

The entire thing met the five-minute mark, quick and dirty. No foreplay, just straight down to it. I like foreplay as much as the next girl and I’m fine with it going on for an hour or more. Some nights it feels

like the whole night leading up to it is foreplay but, sometimes there just isn’t time. This was a day where there just wasn’t time. That was OK though, it was quick, it was a little rough but we both ended up very happy.

I proceeded to get dressed again, grab a quick snack and I was on my way. I felt great after, I mean I did just get laid. It made it so much easier to get on with my boring and tiring day just having that release. I wasn’t stressed anymore I was just happy. So, the moral of the story is that sometimes you just need to have a quickie.

THROWBACK THURSDAY

DK Country has aged well

By JOSH RYAN

Bongo drums, leafy tree-tops, bananas and a couple of simians. Man, I love *Donkey Kong Country*, one of the most popular games ever released for the Super Nintendo Entertainment System. DKC was ground-breaking for its time and a blast to play. For the first time, there was a side-scroller in the same league as Mario. Taking the character from the 1981 game *Donkey Kong*, the escapades of DK and his sidekick Diddy Kong spawned several sequels, a television series and more.

The idea for DKC came to fruition from work done by the company Rare on the production for a boxing game. After combining with Nintendo, the programming duo of Tim and Chris Stamper worked on an idea for the character Donkey Kong.

The game was one of the first to feature pre-rendered 3D graphics and used new techniques for detail in the animation. Upon the initial viewing of the game, Nintendo had Rare drastically lower the difficulty to appeal to a wider audience. The soundtrack was also new to gamers, featuring high quality audio, varying musical styles and mixing with natural environmental sounds.

Anyone who grew up with a Super Nintendo Entertainment System (SNES) remembers how fun DKC was (and still is). The gameplay is relatively simply – make your way to the right of the screen, avoiding chasms and enemies until you reach the end of the level. Some baddies can be taken out by jumping on their heads, rolling into

them or throwing barrels at them and sometimes you can hop on an animal sidekick to aid you as well. With stuff constantly in your way, it's never boring swinging through the jungle or getting fired out of a barrel cannon, (they don't really explain why barrels can propel objects; you just have to roll with it.) In addition, the music is so catchy and so fun, you enjoy listening to the tunes just as much as you do jumping on crocodiles' heads, (once you start playing the concept becomes less ridiculous, trust me).

One of my favourite aspects of the game is playing as Diddy. Despite being smaller than Donkey, preventing you from getting to certain secrets and knocking out certain bad guys, this monkey is awesome.

As Diddy, you get to move way faster and jump farther thanks to a trick of cart-wheeling off the edge of cliffs before jumping. Even the reaction the little guy has when you fail in a bonus stage is fun; his ball cap takes a beating.

DKC came out in 1994 and became the second highest selling SNES game of all time behind *Super Mario World*. A year later, the world got an equally awesome sequel, featuring Diddy and a female gor-



romhustler.net

illa with a helicopter-like whirling ponytail, (I'm having that Teenage Mutant Ninja Turtles moment where you realize that the creators must have been on drugs when they thought this up.)

One more sequel, not quite as good, followed right before the Nintendo 64 came out in 1996. That system brought us *Donkey Kong 64*, which was the last great adventure game in the franchise until 2010's *Donkey Kong Country Returns* on the Wii. The '90s also featured a Game Boy

series called *Donkey Kong Land* and a Canadian produced animated television series, (which was, shall we say ... less than great).

Even now playing the game is a ball. The graphics are colourful, the music dance-inducing and the gameplay is addictive. Experienced gamers can complete the game in just a few enjoyable hours and "green" gamers can learn quickly. If you're an old-school gamer at heart, you can't go wrong with *Donkey Kong Country*.

TAYLOR'S TAKE

Facing fear, having happiness



TAYLOR BRAAT
@TaylorBBraat

Life is one crazy trip. The struggles we face in everyday life are little pieces of who we are. How we deal with things is huge in the makeup of our true selves. We have triumphs, which measure our successes but no one ever tells us that what really makes us strong is our failures. We all face failure and contempt, glitches and snags but it's not what happens to us or what we have done, it's how we get ourselves out of these sticky situations that is the true teller of how tough we can be.

Rising up after we fall is not an easy

task. Confronting our fears and weaknesses is one of the hardest things to do. Looking in the mirror and admitting fault takes true strength but those who do it will see happiness sooner than they know. I have always said that accepting that there is a problem is not only the first step or the hardest but the most important.

You have to know that there's something wrong in order to make it right. You have to walk toward your fears, instead of in the opposite direction. There are two kinds of people, those who don't know that something needs to change and those who do know but ignore it for fear of actually facing their problems. I believe that these two types of people are very different. People who don't know something needs to change are simply ill-advised.

Maybe they were not told right from wrong and have lived their life not knowing. Then, there are the people who know the path they are going down is not ideal but con-

There are two kinds of people, those who don't know that something needs to change and those who do know but ignore it for fear of actually facing their problems.

tinue because they have decided they would rather keep going than face their faults and decisions that have led them there. Although this can be disguised as optimism, it is actually a very big hindrance in growing to be a stronger human being. As long as they avoid confrontation with not only the problem, but themselves, they will continue to swim upstream into waves of distress.

Solving personal issues in life takes serious soul searching. It forces us to dig deep down into the caves of our very being. It makes us delve into who we really are and sometimes that is a tough task. It is tougher

for people who rarely do it because they may find many hidden memories and problems that have built up. This is normal, life is hard, it's a rough and dusty trail at times, and no one has lived a 100 per cent perfect life. The people who do live happy lives, no matter what has happened, face their problems more often and head on. This is the secret. Finding out what we can do to be better people constantly is what makes a good person. Surfacing everything is not necessary but there are a certain number of things we need to deal with in order to live happy healthy lives.

Sometimes confronting issues can turn out badly. This is why many people avoid it at all costs. But avoiding problems hurts not only the people around you but yourself. Confrontation itself is a very scary thing but smart, happy and healthy people know that it's all a part of life. Once it is over, it is one of the most liberating things we ever do. You can either fight or take flight, either way it shows your true colours.

WHAT'S GOING ON AROUND CAMPUS

WEEKLY CLUB MEETINGS

WHAT

IntoNAITion Toastmasters

Aboriginal Students

WHEN

Every Monday from Sept. 15, 2014 - April 20, 2015

Every 2 weeks on Wednesday's from Oct 1-Dec 24

WHERE

Room X-111

Room H-111

UPCOMING CLUB EVENTS

WHO

Toastmasters Leadership Institute & Club Officer Training

Ahmadiyya

GDD

RT2016

CETSC

WHAT

Stop the Crisis

Movie Day

Take a Breather with VR Meditation

Clothing Drive

WHEN

Dec. 6 | 7:30am-4:30pm

Nov. 28 | 4:30pm-7:30pm

Nov. 29 | 11:15am-8:15am

Nov. 24-Dec. 5 | 12:00pm-1:30pm

Nov. 24-Mar.25 2015 | All Day

WHERE

Shaw Theatre (& additional room tbd)

Shaw Theatre

Shaw Theatre

TBD

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Check out the Clubs Website for other
upcoming Important Clubs Dates