

# THE NAIT NUGGET

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**YOUR STUDENT NEWSPAPER FOR MORE THAN 50 YEARS, EDMONTON, ALBERTA, CANADA**

## YAAARGH, MATEYS!

**Yo ho ho and a photo spread on pages 20, 21**



Students enjoy NAITSA's annual pirate party aboard the Edmonton Queen Riverboat.

Photo by Vicky Lau

Happy Hour is from  
4pm – 7pm daily, and features  
\$3.99 hi balls \$3.99 domestic  
bottled beer and  
½ price appetizers!



in our new location the former BP's on the traffic circle



# NEWS & FEATURES

## Wildrose on the hunt

By **NICOLAS BROWN**  
@bruchev

*This article is the fourth in a series by Nugget contributor Nicolas Brown on the political parties in Alberta. This week he looks at the Wildrose Alliance Party.*

...

*"It's an exciting time in Alberta politics. I think the PC dynasty is coming to an end. Albertans are going to choose a new government, and young people will have a key role. I think the Wildrose is the best choice."*

— Danielle Smith, Wildrose Party Leader

It's time to discuss Alberta's newest heavy-hitter, the Wildrose Party. Officially known as the Wildrose Alliance Party, best known for charging into the 2012 provincial election to become the official opposition, started very recently in relative obscurity.

Founded in 2007, the party we now know as the Wildrose Alliance Party came into existence after the Alberta Alliance Party merged with the original unregistered Wildrose Party of Alberta. After struggling in the 2008 provincial election, the party quickly gained steam after winning an October 2009 by-election

and swelling its caucus with the addition of two Conservative turncoats and an independent MLA.

This surge of popularity carried the party into the 2012 provincial election, which saw a flurry of concern from the party's opponents and what many thought would be a new Wildrose government. Though the party failed to snag the top title, the changing political tides mean the upcoming 2016 provincial election will certainly be an interesting one.

What does this mean for post-secondary students? As always, you need to look at a party's policy books to see where they stand on issues important to Alberta's students. According to the Wildrose party's website, the party has four key post-secondary education policies;

1. Priority admission and funding to Alberta post-secondary institutions for Alberta students.
2. Co-operation with stakeholders to increase funding, training and apprenticeships in trades and technical sectors, starting at the high school level.
3. Strengthen the network between post-secondary institutions across the province.
4. Support research and development

funding for post-secondary institutions.

Of course, four short sentences hardly encompass the party's position regarding post-secondary education in Alberta.

Party leader Danielle Smith listed a few additional points, including a "student loan forgiveness program for graduates of high-demand programs who stay in Alberta after graduation" and instituting the "seamless transfer of courses between institutions." As Smith explains, "Equivalent programs should equal equivalent credits."

Now, policies and promises come part and parcel with politics. But how does the Wildrose Party intend to reach out to post-secondary students?

"A lot of our engagement is grass roots and there is a huge opportunity for students to get involved in the upcoming byelections," says Smith. "Social media is also crucial, due to how fractured traditional media is."

Are there any events specific to students though?

"We also have 'paint the town pink' events for people to get together and network."

Some may doubt the meteoric rise of the Wildrose Party, especially considering Alberta's past political trends. However, with the current turbulent political environment, anything can happen and Wildrose has certainly shown that it is the party to watch.

If you want more information about the party, feel free to check

out the party's website [www.wildrose.ca](http://www.wildrose.ca). The party is also hosting a policy annual general meeting in Red Deer on Nov. 14 and 15 this year.

Don't forget to check back for the fifth installment in the series on Alberta's provincial parties.

**Next week:** The Alberta Social Credit Party.



Danielle Smith

## Liberals address post-secondary

By **NICOLAS BROWN**  
@bruchev

Some of you will recall that we already covered the Alberta Liberal Party as part of the political series on Alberta's provincial parties. However, in light of the party's recent policy convention held at the Chateau Nova Hotel in Edmonton, a brief update on what's going on behind the scenes at the Liberal party is called for. With over 135 different policies on the agenda, there was lively debate in the room as party members voiced concerns or support for the various proposed policies.

Focussing on policies that could have a significant effect on NAIT students, let's start with the Start-up Alberta Fund policy. This policy would see a Liberal government enhance provincial economic potential through the creation of a fund to support entrepreneurs and their small businesses.

"Education, research and front-line delivery are all intertwined," said Party leader Dr. Raj Sherman.

"At the end of the day, investing in technology and R and D are essential."

This new policy could impact NAIT's own applied research division, NovaNAIT, which promotes entrepreneurs and students on campus. A proposed amendment to this policy was to add an additional clause that would allow the fund to promote financial literacy programs for all ages. Unfortunately, that proposed amendment was voted down.

The next new policy, which should be of interest for NAIT's international student body, would see a new Liberal government improve the international qualification assessment process to expedite the recognition of foreign credentials. This would have a significant impact not only on international students and immigrants but also Canadian students who choose to study abroad.

"The goal is to ensure that those who meet our standards, get recognition for their training and if they don't meet our standards, we should be investing in their education so they can use their credentials to their full potential," said Sherman.

Two more policies that would significantly affect NAIT's trades programs include expanding apprenticeship programs

and establishing trade schools across the province. These policies would see trades training expanded at the high school level to increase access to these programs.

"This policy will help link our polytechnics to every high school across Alberta and more Albertans will be able to have a trade ticket that they received here in Alberta."

Finally, party members also passed policies to restore and expand funding for the Summer Temporary Employment Pro-

gram (STEP) and to provide stable predictable funding for post-secondary institutions. These new policies would provide more opportunities for students to find employment part-time and between study periods and decrease an institution's reliance on fees to cover funding gaps.

"We should restore and expand this program, which provides valuable experience to students, to increase the benefit to all students in Alberta; all year, part-time, summer and winter," he said.



Raj Sherman

[rivercityalberta.com](http://rivercityalberta.com)

# Calling all men!

By **TANIA BOYKO**

Actress. United Nations Goodwill Ambassador. Feminist. Separate, these are influential positions but when all three are combined, you get the powerful Emma Watson. On Sept. 21, Watson gave a speech in New York at the United Nations to launch a new campaign called HeforShe.

HeforShe is a solidarity movement that is working toward a partnership between women and men to fight inequalities faced by women and girls.

Watson opened her speech asking for help from both genders to strive for a tangible change in gender equality. More distinctly, she sought out men and boys to start advocating for this change.

As a feminist, Watson often found that the term feminism was too often associated with man hating. She went on to explain that feminism is “the belief that men and women should have equal rights and opportunities. It is the theory of political, economical and social equality of the sexes.”

Watson struck a chord in the audience when she told her story of when she started questioning gender roles. When she turned eight, she was coined bossy when she showed initiative to direct a play but the boys were not. At 14, during the filming of the *Harry Potter* series, Watson was “sexualized by certain elements of the media.” At 15, her female friends began dropping out of sports in fear of appearing muscular. By 18, she began to notice that her male friends were struggling to articulate their feelings.

Watson explained that women are often hesitant to associate with the term feminist for fear of being considered “too strong, aggressive, isolating and anti-men, unattractive, even.”

Explaining that her family loved her no less because she was born a girl and educated no less because one day she may give birth, she acknowledged that she has lived a priv-

ileged life. And although the instructors and people who helped her achieve greatness may not overly classify themselves as feminists, they are inadvertent feminists who are changing the shape of the world.

She paid homage to Hilary Clinton’s 1997 speech in Beijing that discussed women’s rights and was troubled by the male attendance being below 30 per cent. Shocked by the low male attendance for a speech on gender equality that affects both sexes, Watson wanted men to feel welcome and get involved in the conversation.

With HeforShe focusing on increasing male participation in gender equality, things will positively change for women’s rights as consequence, she said.

She asked her audience to look at gender on a spectrum rather than two sides and to focus on who we are rather than what we are not. The hope is to create a more complete version of ourselves.

Closing her speech, Watson relayed shocking statistics of what the future holds. It would be 75 years before women could expect equal pay for equal work in comparison to men. In the next 16 years, 15.5 million girls will be married. Seventy-four years would have to pass before secondary education could be expected for girls in Africa.

Watson views gender equality simply as human rights, and HeforShe is hoped to be the uniting movement that accomplishes that.

A Canada Research Chair in Stress Disorders in Women, Kathleen Hegadoran, agrees with Watson that the word feminism doesn’t



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matter, but rather “it is about getting to the place where each individual has the ability to freely fulfill their potential to participate and contribute to their home, their community, their country and their world.”

NAIT students were asked what feminism mean to them.

Both men and women struggled with finding the words and forming a cohesive thought. A lot of ‘I don’t knows’ and ‘ums’ ensued, with women’s rights becoming the most popular answer, usually accompanied with a shoulder shrug.

When students were asked whether they felt that man hating was synonymous with feminism, all said varying forms of no’s. “I think that’s a personal view,” said NAIT student Victoria Brown.

Hegadoran finds a common thread in relation to gender equality – hope. “I share their hope for a different more equitable future for their daughters and sons.”

HeforShe may be the way to accomplish just that.



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# Want to be a LEADer?

By **NICOLAS BROWN**  
@bruchev

One of the (many) great things about attending NAIT is the number of opportunities on campus for students to engage and build their skills outside of class. Though you could fill an entire issue of the Nugget with articles describing these opportunities, let’s focus on one in particular; the Student Leadership Award of Distinction program. Also known as the LEAD team, this extracurricular program is designed to encourage students to push their boundaries and build their leadership skills, all while interacting with other students and the community.

Originally, the LEAD team program consisted of three levels; Bronze, Sil-

ver, and Gold. Recently revamped to better fit the average program length at NAIT, the program now contains 2 levels; Level I – Aspiring Leader, and Level II – Evolving Leader. The two levels explore different ways that students can pursue the program’s goals. Level I – Aspiring Leader encourages students to volunteer in different roles and organizations, and focus on different causes. Level II – Evolving Leader encourages students to organize and lead teams, both within volunteer organizations and on their own. The program has four goals for students; Learn, Experience, Achieve, Develop. These four goals form the foundation of the program.

When asked why students should participate in the LEAD team, Michele Par-

ker, co-ordinator of student engagement at NAIT’s Student Life Department explains, “For a number of reasons; they would certainly learn a number of leadership qualities that they can apply in their personal lives, and they can recognize that you don’t have to have that leadership role or title to be a leader.”

It is important to note that when students successfully complete a level of the program, they will receive a notation on their transcript. Not only does this prove that you are dedicated to building your leadership skills, it can be put on a resume.

If you are interested, contact Michele Parker in Room O-117 in the South Lobby. Application deadline for the program is Oct. 4.

## Letters

### We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name. Getting something off your chest is downright therapeutic. Write us.





Photo by Gabrielle Hay-Byers


Water works

NAIT peace officers monitor a flooded area on Monday Sept. 29 between the Spartan Centre and L-Building where a water main broke along 103 Street. Aside from some slowed traffic, there were no other problems as repairs were made.


DISCOUNT TICKETS

Cineplex Tickets .....	\$9.50
Landmark Tickets .....	\$9.50
West Edmonton Mall choice pass .....	\$25.00
(The WEM Mall Choice Pass good @ the Waterpark, Galaxyland or other WEM attractions)	
Edmonton Eskimos Tickets .....	\$26.00
Edmonton Rush Tickets .....	TBD
Shinerama Lollipops .....	\$1.00
Marmot Basin Lift Passes (Dec 2014-May 2015)	
Student .....	TBD
Adult .....	TBD
2014 Canada Golf Card (Includes BC Courses) .....	<del>\$40.00</del> \$34.00
2015 Canada Golf Card (Includes BC Courses) .....	\$40.00
Ooklets .....	\$7.00


\*Prices are subject to change. Please note the following tickets are available SEASONALLY: Edmonton Eskimos, Edmonton Rush Lacrosse, Marmot Basin. Tickets can only be bought in person at the NAITSA office (E131) on the main campus.




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# Point Counter Point Rap, metal ... pick



By **QUINTON BERGER**

@QuintonBerger6

Nowadays music is so versatile, it's impossible to speak about it in generalities. There's an endless assortment of different genres and subgenres on subgenres within them. But in this endless sea of music, few genres are as brutally honest and heartfelt as hip-hop. Hip-hop gets a lot of flak from critics for questionable subject matter and there'll always be the pretentious argument of "they don't play instruments" but those arguments are stupid. Of course, if you look at Top 40 charts, hip-hop is hollow but that can be said for literally every genre. The thing about hip-hop is there doesn't need to be esoteric symbolism and hidden meaning. Hip-hop tells you how it is. These topics range from complex social issues (Immortal Technique, Dead Prez) to every day trouble felt by the average person who has struggled in life (Snak the Ripper, Evil Ebenezer) and that's what makes hip-hop so relatable. Face melting solos are cool and all but you don't connect with them. Hip-hop tells relatable stories and connects with its listeners on a deeper level than many other genres. Look at Killswitch Engage's "Rose of Sharyn" compared to Ill Bill's "When I Die." Both songs are odes to deceased family members, but because of how much more personal "When I Die" is, you feel so much more when listening to it.

## Storytelling

Aside from being relatable, good rap is also based on the art of storytelling. Music evokes a wide range of emotions and a good rapper can evoke all of them in an album. A good rapper is able to make you feel joy, sadness and anger, all the while making you think. Look at Eminem's *The Marshall Mathers LP*. This album is one of the best of all time because in the hour it takes to listen to it, all emotions are evoked and you also take so many things into consideration. One minute he's making us laugh with "The Real Slim Shady" and his Ken Kaniff skit and then horrifying us with songs like "Amityville" and "Kim." Few artists of any genre have brought their audience in as closely and personally as Eminem has and the powder kegs of raw emotion and energy that are his albums show an incredible amount of storytelling that just can't be found in other genres. Other rappers like Immortal Technique and Merkules have also mastered the art of storytelling with songs that captivate listeners and keep them interested from the first line to the last.

## Cool feeling

The last point I'd like to make about hip-hop is the cool feeling you get while you listen to it. Not to be confused with my last point about evoking emotion but when you're rolling down the street and bumping some '90s West Coast rap, you feel like the man! You let the subs rattle your trunk, hit that L and you think "hell, yeah." Cruise down the street bumpin' Ice Cube's "You Know How We Do It" and you'll look and feel a lot cooler than you would blasting Cannibal Corpse's "Encased In Concrete." Trust me.



By **NATE BRYANT**

Metal has so many subgenres, it caters to all kinds of listeners. There's death metal, power metal, thrash metal, melodic folk metal and so many more I could take up this entire article just naming them. Anyone can get into metal! The complexity of prog metal will blow your mind. The brutality of death metal will fill you with a heavy energy. The pure headbangitude of thrash will make you, well, head bang. There are so many sub genres with so many bands, you can't not find something you like. If you hear metal and imagine dudes with super long hair, screaming, wailing and rockin the double kick, just remember the bands everyone knows. Metallica, Maiden and Black Sabbath are all metal! And there is no way you are telling me you sing along to Iron Man. We have entire bands devoted to writing music about whatever. You want lyrics about war? Done. Vikings? Done. Rainbows. There are metal songs about rainbows. There's metal for literally anything! Metal is a place where powerful minds go to speak in ways that they couldn't otherwise.

## Metal most demanding

Metal is the most skill demanding of any genre of music! When you look at a band like Dream Theatre that puts in eight hours a day, you can see how hard it is to be a metal musician. Mike Portnoy is a god on the drums and whatever your current views on metal are, he will impress you beyond reason. Talent in the art of face melting skill is not a hard find in the world of metal. Synyster Gates, John Petrucci, Dimebag Darrell, we are just loaded with talent. And the singers are no exception. Bruce Dickinson, Tom Araya, M. Shadows. When you look at bands like Avenged Sevenfold, Slayer and Trivium and hear just how much talent they can express in just the instruments that shred you, how could you even think metal as a lesser genre?

Metal heads are awesome! Let me tell you, some of the nicest people you will ever meet are metal heads. Have you ever partied with guys who love thrash? They loved to get wasted and party! They are the funnest people to be around. They know how to party. Loud music and beer! It's all anyone could ask for! And have you been in a mosh pit? When you get knocked down, you can bet someone is going to pull you back up so you can run in again.

## Badass

Plus, they look more badass. You've got your muscled dudes with the long hair, jeans and a sleeveless band shirt and you have your hot metal chicks with leather or just jeans and a band shirt or some weird outfit. And the hair, there's so much hair. The tattoos, the piercings, it's a way cooler scene. Metal will kick you down, pick you up again, and make you better for it. I'd rather be in the middle of a mosh pit or headbanging at a sick show any day.



Photo by Taylor Braat

# OPINION

— Editorial —

# Apology absent



GABRIELLE HAY-BYERS  
Editor-In-Chief  
@Gee\_H\_Bee

This week, I’m in a bit of a funk. I’ve got a sore jaw because of an unruly wisdom tooth and my boyfriend got picked up by the Edmonton Police Service in a case of mistaken identity and then was promptly let go without any type of apology despite the fact that he had been roughly detained without having committed a crime.

More on my jaw later, let’s focus on the non-arrest because despite being subjected to a pat-down and handcuffs, my boyfriend was indeed not arrested. He was then promptly let go, with little explanation.

### A teddy bear

Now, this guy of mine is over six feet tall and built like the linebacker he used to be, so I understand that some people could mistakenly think maybe he could be a threat when he’s dressed slightly slummy in basketball shorts and a hoodie. But the moment he opens his mouth and speaks, you know.

The man is a teddy bear. A 30-year-old teddy bear who spends his time as a church deacon, inner-city charity volunteer and basketball coach. He’s a math teacher in training and a current gym teacher. He’s not the type of guy who reacts poorly to anything regardless of the level of stress. He’s responded to me saying irrational and mean things with a simple, “That sounded like you need to talk ...” in the past. So I find it hard to believe that he talked back or got aggressive with the police, not that anyone says that he did.

### Cuffed and detained

In fact, he said that if they needed to detain him to make sure that the public was safe, he was OK with it. The part of the situation that really grinds my gears is that at 11 p.m. after a long day at school, he was cuffed and detained, only to be let go shortly after when the police realized that the man who had just committed a violent armed robbery actually had hair. My boyfriend? Yeah, he doesn’t. Bald and embraces it. Yet there was no apology for the mistake they had made or the way that they had treated him while they made it.

Maybe I’m just angry and over-reacting a bit. Yep, if you’ve been past the office in the past week or so you’ve likely been privy to my terrible mood brought on by the crazy hunger I have as a result of not being able to open my mouth wide enough to eat properly. Or you might have

seen me around campus shoving food through my teeth in desperation. The other possibility is that you’ve seen me sitting around with a glazed look in my eyes as I jealously watch other people eat. It’s a look not that dissimilar to how I imagine women worldwide gaze upon Channing Tatum. Regardless, I hope that if you’ve had an interesting run-in with the EPS or have any tips and tricks for how to deal with jaw pain, please tweet me @Gee\_H\_Bee.



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## Nugget weather forecast





# SPORTS

## Two of the best – gone



**CONNOR HOOD**  
Sports Editor  
@connorhood27

When the calendar finally flips over to October, one thing comes to the minds of sports junkies like me – postseason baseball. Before we get to the majesty of playoff baseball, however, there are a couple people that we will never see lace up a pair of cleats or enter the batter's box ever again, that would be Derek Jeter and the oft forgotten Paul Konerko. I could have made this article solely on the greatness of Jeter, without much hesitation or trouble but it felt wrong to leave out one of the greatest players in Chicago White Sox history.

### Simple case for Jeter

The case for Jeter is simple, one of the best Yankees, best shortstops, and one of the best pure hitters in baseball history. The numbers speak for themselves. Most hits, stolen bases, games played, doubles and singles for one of the most storied franchises in the game. When you put those stats in perspective with other Yankee greats, it's even more astonishing. More hits than Lou Gehrig, Babe Ruth, Joe Dimaggio, Mickey Mantle, and Roger Maris. It's not even just



**Derek Jeter**

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club records, either. He has the sixth most hits in MLB history with 3,465. To put that in perspective, Jeter averaged 173 hits per season over his career. Having more than 173 hits in one season is great, as only 22 players accomplished the feat in 2014, but doing in consistently over 20? Remarkable.

Not only was Jeter a force at the plate, he was also one of the best defensive infielders during the late 1990s and 2000s, as he won five Gold Glove Awards as the best defensive shortstop in the American League. It's that type of complete player that led the Yankees to win five World Series titles during Jeter's tenure. With all the accolades he piled up during

his playing career, it's not whether he will make the Hall of Fame but whether he will be the first player unanimously inducted.



**Paul Konerko**

Jeter's last season in the MLB was unquestionably memorable. Could you have scripted a better finish to his Yankee stadium career than a walk-off single to right field? But with all the hype surrounding the Yankee captain's farewell tour, one player, also in his last season, was almost completely overshadowed, Paul Konerko. Konerko spent 16 seasons in a White Sox uniform and, while he may not have had the same accomplishments as Jeter,

as very few have, he is still one of the best players the White Sox have ever

seen. In 2005, he led the team to its first championship since 1917. He is either first or second in almost every offensive category in team history, behind Hall of Famer Frank Thomas and served as team captain since 2006. If that isn't enough, Konerko is one of only 10 first basemen to be a member of the 400 home run, 400 double club. Other players in the club include Jimmie Foxx, Lou Gehrig, Albert Pujols and Carlos Delgado. Maybe you've heard of them? Konerko may not be a Hall of Famer, but similar to Jeter, he was not only a great player on the field but off of it as well.

### Who's left?

With two of the game's better players and people leaving, baseball fans are asking who is left to fill their shoes? There are quite a few young stars in baseball today that could fill that void, Andrew McCutchen, Clayton Kershaw or Giancarlo Stanton, but the player who's my pick to take over as ambassador for the game is Mike Trout. The accomplishments Trout has put up in his first three full seasons are more than enough to be the face of the game. Rookie of the Year, twice an All-Star, twice the MVP runner-up, a shoo-in to be MVP in 2014, all at 23 years of age. I think he is more than qualified.

As for the remainder of the 2014 MLB season, all that's left to decide is a champion. Perhaps its McCutchen's Pirates, Kershaw's Dodgers or Trout's Angels. All I know is that the postseason will be missing two of the best players, people and winners. Farewell, captains.

## Tabata, any way you like it

By **COURTNEY BELL**

It's time to learn about a new fitness workout that will change your life!

With the workload we get from school and the life we have outside of NAIT, sometimes it's difficult to find time to workout. Today, I'm going to tell you about a new and easy workout. (If you really push yourself, it won't feel easy at all). This new fitness workout is called Tabata.

What is it, you ask? Well, it's an app you

can download on your Apple product, iPod, iPhone, iPad, etc. Or you can use a regular stopwatch, if that's what you prefer. It's a four-minute workout that you can exercise any part of your body. You can choose any fitness exercise you want, lunges, squats, bicep curls, sit ups or even pushups. You will choose one work and do that a minimum of eight times. The sequence is 20 seconds doing the exercise and 10 seconds rest. You will do that for a total of the four minutes and, if you like it, you can repeat the sequence.

That would be your first set and you would typically do that four or five times, which would take

about 20 minutes out of your day. This fitness training is a good way to stay fit but the key to any training regime is to push yourself as hard as you can to maximize your strength training or weight loss goals. Tabata is also a great way to stay active with a tight schedule.

Japanese scientist Dr. Izumi Tabata and a team of researchers from the National Institute of Fitness and Sports in Tokyo invented Tabata training.

Tabata and his team did research on two groups of people: one group trained at a moderate intensity level while the other group trained at a high intensity level. The first intensity group worked out five days a week for a total of six weeks; each workout lasted one hour.

The high intensity group worked out four days a week for six weeks, with each workout lasting four minutes and 20 seconds (with 10 seconds of rest between each set). The first group had a better aerobic system (cardiovascular) but showed little or no results for their anaerobic system (muscle). The second group showed much more increase in their aerobic system than the first and increased their anaerobic system by 28 per cent. This led the team to conclude that the high intensity interval training has more impact on both the aerobic and anaerobic systems.

This goes to show you that training hard and longer doesn't always mean you're getting the best results. If you're willing to try it, Tabata is a great way to help stay active!



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# Terry's Cause on campus

By BRIDGETTE TSANG  
@BridgetteTsang

Let's do a little throwback here. Remember those days where the entire day of school would be dedicated to the Terry Fox run. You would watch a video about him, the teachers would preach his inspiring stories, and then the best part was running outside with all your friends, all for a good cause. It was like extended recess.

Back here at NAIT, we may not get to watch videos about Terry Fox all day, nor do our teachers talk about him all day either. But the run still continues, and it's an even more worthy cause because now you truly understand the meaning behind it and just how important it is to support it.

Over 50 students and staff members gathered at NAIT Field on Sept. 22 to raise money and awareness for Terry's Cause. NAIT was honoured to have Terry Fox's brother, Darrell, deliver the opening speech to kick off the run.



Terry Fox

The three-kilometre run/walk took participants on a journey around the NAIT campus – first, a circle around NAIT field, then across the street past the South Learning Centre, the bridge, the future CAT building, the Industrial Technology Building, around the corner past the business tower, then gathered at NAIT Field again in a full circle.

This year's run raised more than last year's total of \$2,000. Those who donated \$20 or more received a Terry's Cause T-shirt.

But Terry's Cause on campus wasn't finished just yet. In addition to the lunch-hour run for all students and staff, NAIT Athletics hosted their own Terry's Cause and student athlete welcome night. It started off in the Shaw Theatre, where eager student-athletes, coaches, and support staff were present to kick off a good night.

"When people ask me what my job here at NAIT is," says Dr. Glenn Feltham, "I say I'm cheerleader in-chief. There are so many things to cheer about at this institute and one of the major ones

is athletics." With 50 years of experience already behind them, NAIT Athletics is striving to continue their streak of excellence. Last year alone, 90 of the 180 student athletes at NAIT achieved honours status in their given programs and several were recognized across the country.

Just like Terry Fox, who ran across Canada during his time in university, the balance between sports and academics is crucial for all student athletes, and all students in general. On his run, Terry Fox was faced with a lot of challenges. But it was his way of overcoming adversity with such a positive attitude that still inspires us today.

"You are students first and athletes second," NAIT Athletics Director Linda Henderson told a packed Shaw Theatre. "It's not all about the winning. It's about the process we go through to become better humans."

The student athletes then headed to NAIT Field to participate in Terry's Cause,

but with a fun and unique twist to it. They were split into 14 teams, with each team consisting of members from different sports. The teams were required to run to the other end of the campus to get their clue of where they would be headed off to next. Teams went to the pool, arena, gymnasium, and to the field. There, they were tasked with a challenge which every member had to complete in order to move on to their next clue – kind of like the *Amazing Race*. Some of these challenges included knocking over cup pyramids with a volleyball, balancing an egg on a spoon and flippy cup.

It was a night of fun, bonding and, of course, welcoming for all of our student athletes, while raising money and awareness for Terry's Cause.

*"I just wish people would realize that anything is possible if you try. Dreams are possible if people try."*

–Terry Fox



Glenn Feltham

# Recreation schedule

FALL: September 24-December 31						FREE Classes	
Time	Monday	Tuesday	Wednesday	Thursday	Friday	Activity	Date(s)
6:30-7:30AM	Rise & Shine Bootcamp		Rise & Shine Bootcamp		Rise & Shine Bootcamp	UWalk	Sept 23-Dec9
11:15-12:00PM		Theme Ride ----- TRX Express		Arms & Abs		Zumba	Oct 2
12:15-12:45PM		Aquabox	Beginner Swim Lesson	Deep Water Aquafit	TGIFriday Spin	Yoga	Nov 6
12:15-1:00PM	Yin Yoga ----- AquaHIIT	TurboKick ----- UWalk	Flow Yoga ----- Spin Core Express	Zumba Express	Yin Yoga	Hula Hoop	Dec 4
1:15-2:00PM	Spin Combo		No Butt No Glory			STUDENT - Wellness Session "Creating Healthy Habits"	Oct 16
4:45-5:45PM	Hula Hoop Dance	Hatha Yoga ----- Spin Bootcamp	Elevate Me!	Triple Threat		STUDENT - Wellness Session "Cold or Flu, What Can I do?"	Nov 20
						STAFF - Wellness Session	Sept 17
						STAFF - Wellness Session	Oct 8
						STAFF - Wellness Session	Nov 19
						STAFF - Wellness Session	Dec 10

To register: Online at [www.nait.ca/recreation](http://www.nait.ca/recreation)  
Phone: 780-471-7713 / In person: Room E-134

## MEN'S VOLLEYBALL

# Local tournament a test

By JOSH RYAN

The volleyball exhibition season kicked off this past weekend.

The defending CIS champion University of Alberta Golden Bears hosted the Sofa Land Classic at the Saville Community Sports Centre. Teams from the CIS Canada West conference were present and competing amongst those from the ACAC.

This allowed the NAIT Oaks to gain valuable experience and chemistry.

"The weekend gave a really good opportunity to evaluate our players, begin to integrate everyone into our team systems and get everyone familiar with playing with one another," said head coach Doug Anton.

It also provided a confidence boost as the Oaks posted a 3-1 record, including an impressive win against one of the two U of A squads.

The weekend started with two matches that couldn't have been more different. The first set the Oaks against the A-squad from the University of Saskatchewan. The

Huskies' size and experience gave the Oaks trouble as they ran out of steam, resulting in a 3-1 loss. A few hours later, inconsistency appeared again as the team dropped the opening set against their northern rival, Augustana. However, adjustments were made and the Oaks finished strong and took the match 3-1.

The following day provided intrigue, anxiety and plenty of action for fans of the blue and gold. As underdogs, they did a fine job against the Golden Bears, going point-for-point with the defending champs before eventually winning 15-13 in the fifth set, to take the match 3-2.



Doug Anton

"I think it showed that we are ready to go out and fight to win against anyone," said Anton. "But we have to be realistic about where we are ... early in the season."

The final match was another North Division rival, the Grande Prairie Wolves. While not big or as skilled on paper, Grande Prairie gave the Oaks everything they could handle and, despite being down two sets to none, they were able to rally and send the match to a fifth set.

In that deciding set, the Oaks completed the comeback and finished off the scrappy Wolves 15-12. These tiebreaker wins are another key experience that

should help the squad down the stretch later in the year.

"I was really glad to get into some tough ones this weekend," said Anton. "We need to learn how to perform when the scores are close and believe we can win every night."

While the early success is welcomed, the season is young and there is plenty to work on for this squad.

"I think we have a lot to do on blocking, both technically and implementing our system," said Anton. "We also need to learn to play every point to the best of our ability."

While they continue to learn, the Oaks can be confident in their depth, which proved to be critical on the weekend.

"We can present a lot of different looks," said Anton, "and should be able to rest players when we need to this year."

The ACAC regular season starts on the Oct. 23 for both the men and women's volleyball teams.

## SOCCER

# Women's team sitting pretty

By JOSH RYAN

It is good to be a fan of NAIT Oaks soccer teams right now. Not only have both squads been perennial powerhouses for some time, they both look like contenders for the nationals this year.

One thing the two squads have not shared this week, however, is the No. 1 place in the CCAA rankings. The women, fresh off rising to the top seed in the nation, were looking to defend that spot while the men sought a rebound after being upset the previous weekend by Keyano. The Oaks battled with cross-city rival King's College this past weekend.

Both matches quickly became one-sided. The women set the bar high, winning 10-0 and dominated the ball at both ends of the field. A key to the win was how the Oaks were able to build on their game plan from the previous

week and maintain possession.

"We did a pretty good job moving the ball quickly and good running off the ball to get into position to receive a pass," said coach Carole Holt.

The men weren't able to match the ladies' goal total but still managed a 9-0 win. With the wins, both teams sit atop the North Division. The women have yet to drop a game, essentially clinching the top seed, while the men are two points ahead of Keyano, with a record of 5-1-1. As the playoffs are only a few weeks away, both teams are looking to fine tune their respective team systems.

For the women, it is an understanding of the mistakes they will make along the way.

"We understand that we will never play a perfect game but how we respond to mistakes is very important," said Holt. "Creat-

ing pressure situations to challenge the players is an important part of what we will continue to work on. We have a great group of players that are working hard for each other and leading in a variety of different ways, which is fantastic to see."

This weekend, the squads will play two of the final three matches left in the regular season, starting with the Concordia Thunder at

home and ending with a trip to Augustana for a tilt with the Vikings. Come out and enjoy

some Oaks soccer before Canadian weather rears its ugly head.

## Athletes of the week

September 22-28

### Megan Loyns Soccer



Megan helped lead the No. 1 Canadian Collegiate Athletic Association ranked NAIT Oaks women's soccer team to an overwhelming 10-0 road victory over the King's Eagles Saturday afternoon. Megan had two goals and was selected as the Player of the Game. "Megan has been working very hard for us in the midfield," said head coach Carole Holt. "She is a tough player to beat one on one and she is smart with the ball. She helps us keep possession and that will be very important for us down the road." Megan is a second-year Business student from Saskatoon, SK.

### Sam Waterfield Hockey



Sam was instrumental in leading the NAIT Oaks men's hockey team to a road sweep of the Briercrest Clippers on opening weekend. He had a goal and an assist in Friday's 6-2 victory in Caranport, SK and then followed with another two assists in Saturday's 5-3 win. "Sam provided excellent leadership to our team, both on and off the ice," said head coach Serge Lajoie. "We pride ourselves on playing the game the right way with a high emphasis on details within the game. As could be expected, Sam embodied this attitude and demonstrated the character we will need ..." Sam is a third-year Personal Fitness Training student from Victoria.

### HELP WANTED

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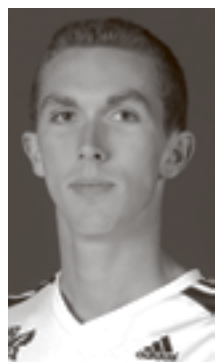
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For information or to drop off a resume, contact:

Terry Baumgartner  
Arena Operations Supervisor  
Room S-218  
PH. 780-471-8699 terrybau@nait.ca



# Athlete Profile



**Player:** Jordan Teliske

**Sport:** Volleyball

**Position:** Left side

**Program:** Carpentry

By KEVIN MAHER  
@kevinmahertv

**What inspired you to play volleyball?** I first saw my sister play when I was a lot younger, so everything she did I wanted to do as well.

**Do you have any pre-game rituals or routines?** I do. I like to keep things the same before the game, gets me focused and game ready.

**What are some of your hobbies?** Well, playing any sports, working out, being out in the sun. I don't even mind gaming every now and then!

**Who inspires you the most?** I wouldn't say anyone specific. Anyone that doesn't give up, the ones that keep fighting even though the odds aren't in their favour.

**What has been the best advice you've been given so far?** Enjoy the little things,

and never take life too seriously.

**How would your friends and family describe you in seven words?** Loving, motivational, oddball, entertaining, supportive, down to earth.

**What is your favourite sport to play or watch outside of volleyball?** Soccer and baseball.

**What music can be found on your playlist?** Every kind of music. I

enjoy different types of music for different situations. All upbeat stuff though, no sad songs ... those are just depressing.

**What three things can you not live without?** Well besides the obvious food family and friends. Sports, music and probably athletic therapy ...

**Where is your dream oasis?** On the beautiful warm beach anywhere ... just playing some beach volleyball! I love it.



## MEN'S HOCKEY

# Two wins to start season

By JOSH RYAN

With the NAIT Ooks men's hockey team on a mission to get back to the championship game, the schedule didn't wait long to test the squad's resolve.

For the opening weekend of the 2014-2015 ACAC season, the Ooks journeyed to the Saskatchewan border for a tilt with the Briercrest Clippers. The contest was a tougher opening assignment than it appeared on paper, with the consistently bottom dwelling Clippers looking for a breakout season.

However, the men of NAIT were up to the challenge and made the trek home with the peace of mind knowing they had started the season

with a pair of wins.

"We arrived a day early to reduce travel tightness and have better mental preparation before the game," said coach

Serge Lajoie. "The guys were ready and it paid off."

The opening contest saw the Ooks jump the Clippers 6-2. Rookie left winger Tanner Dunkle had an excellent debut, notching a pair of goals while defence-man Sam Waterfield and Jordan Apt, as well as centre John Dunbar, added multipoint games. Veteran goaltender Kyle Birch picked up the win.

Saturday afternoon proved to be a more difficult test for NAIT but they were able to fend off

the Clippers 5-3.

"We have the makeup of a fast team, but we also stress playing fast both with and without the puck," said Lajoie.

"There were plenty of opportunities we did not capitalize on but we were happy with the opportunities we created."

Fourth year forward Tyler French had a goal and an assist, while Waterfield and fellow D-man Chris Lijdsman each added a pair of assists. First year netminder Kenny Cameron got the start and the win for the Ooks.

The start is a welcome one for the squad. After the heartbreak of their finals loss to SAIT last year, the group has come back very motivated to win a title.

One of keys to getting them to the finals again will be their strength between the pipes.

"Kyle is such a competitor and comes to practice every day wanting to prove himself," said Lajoie.

"With Kenny now around to push Kyle, we will be very strong at the goaltending position."

The Ooks are taking advantage of having a bye this weekend with a trip south of the border. It will be a clash with the National Collegiate Athletic Association (NCAA), as NAIT takes on the University of Minnesota Golden Gophers on Saturday and the University of Nebraska Omaha Mavericks on Sunday.

# Athlete Profile



**Player:** Isabelle Hess

**Sport:** Volleyball

**Position:** Middle/outside hitter

**Program:** Business

**Administration**

By KEVIN MAHER  
@kevinmahertv

**What inspired you to play volleyball?** I started playing in junior high. The team atmosphere and competitive nature made me love the game.

**Do you have any pre-game rituals or routines?** I will usually warm up by foam rolling in the team room, joke around with my teammates and listen to some music.

**What are some of your hobbies?** Other than volleyball, I really like to read. Once I finish a book I'm already on the lookout for something new. I am also addicted to Netflix.

**Who inspires you the most?** My family and my friends inspire me the most. The love they give me encourages me to be my best and they are always in the back of my mind. I am constantly thinking about making them proud of me.

**What has been the best advice you've been given so far?** To not worry about

what others think and do. Only you are responsible for your actions and outcomes.

**How would your friends and family describe you in seven words?** Funny, sarcastic, honest, logical, hardworking, loving, loyal.

**What is your favourite sport to play or watch outside of volleyball?** I love watching highlights from a bunch of different elite level sports, especially hockey and basketball. I also like to wakeboard and tube in the summer.

**What music can be found on your playlist?** I have a bunch of indie rock, some electronic dance and folk. Basically, just a bunch of random stuff. Usually anything that is happy and upbeat. I also have the complete Wicked soundtrack.

**What three things can you not live without?** My family, my friends and my phone.

**Where is your dream oasis?** Anywhere tropical with plenty of beach chairs and drinks.



Serge Lajoie



Kyle Birch

# ENTERTAINMENT

## Time to say good night?



**QUINTON BERGER**  
Entertainment Editor  
@QuintonBerger6

Last Sunday marks one of the most interesting nails to ever be put in a TV franchise’s coffin. The highly anticipated *Simpsons-Family Guy* crossover episode aired, which was better than I’d expected but not as good as I’d hoped.

The episode kicked off on a clever note, which set the tone for the audience’s expectations. Peter begins ranting about the comics in the paper not being funny, to which Brian explains that writing is harder than one would think and after so long anything will become stale (fair enough, no one was expecting gold from two TV shows which have been around for quite a while). After a series of unfortu-

nate events, the Griffins find themselves in Springfield and a few cracks about the people of Springfield’s weird skin tone later, they meet Homer in the Kwik-E-Mart and he takes them home to meet the rest of the family.

The episode goes on to showcase each family member interacting with each other in different scenarios. Stewie follows Bart around and begins emulating him. Stewie begins dressing like Bart, carrying a slingshot and taking a prank phone call too far in the now infamous rape joke which put the episode in the hot seat (sort of). Brian struggles to come to grips with how stupid and subservient Santa’s Little Helper is, Lisa tries to help Meg find something she’s good at and Marge and Lois don’t really do anything (shocker).

The episode really kicks off when Peter gives Homer a Pawtucket Patriot Ale and Moe reveals that it’s a rip-off of Duff. Peter tries to explain that while Pawtucket may have been inspired by Duff, it goes in a different direction (obviously they’re hinting at *Family Guy*’s endless similarities to the *Simpsons*) and Duff sues for copyright infringement. The real beauty of the episode comes from the courthouse scene, which pegs a variety of *Family Guy* char-

acters directly beside *Simpsons* characters, Tom Tucker by Kent Brockman, Lenny and Carl by Quagmire and Cleveland, Shamus next to the Sea Captain, etc. The judge turns out to be Fred Flintstone who exclaims that both beers are rip-offs. Homer and Peter then duke it out in a *Family Guy*-style fight scene which wreaks havoc in the town of Springfield and in the end Peter admits that despite their differences, he’s always respected Homer.

The cool thing about this episode is it’s very obvious that *Family Guy* is here to pay homage to the *Simpsons*, rather than crap on it. The episode not only touches on all the obvious similarities but has fun with the contrast between characters, particularly Stewie and Bart. At the end of the episode, Stewie reveals that he’s kidnapped all of Bart’s enemies and tortured them as a favour. Instead of being glad, Bart is taken aback and says that Stewie is messed up and that he doesn’t want to be his friend. This in particular is what allowed the *Simpsons* to go along with *Family Guy*’s humour. You notice in certain parts like Stewie’s rape joke and Meg carving “Lisa” into her arm that neither *Simpsons* kid is amused, allowing the *Simp-*



screenrant.com

*sons* to maintain their general innocence when compared to *Family Guy*.

So then, why did I lead off the “nail in the coffin” statement? Because, despite clever breakings of the fourth wall and character contrast, the episode just wasn’t that funny. Choice scenes include Homer and Peter’s “sexy” car wash scene and their epic fight but aside from those two scenes, I didn’t really laugh much. The best joke comes at the very end where Stewie claims to not care what Bart thinks and then goes upstairs and writes “I do not miss Bart” on a chalkboard while crying.

All in all, the episode was worth watching but signifies that (as much as it hurts to type this) both shows have run their course. As viewer interest continues to fade, I’d say this episode was the necessary step to putting both shows to bed.

## WHAT'S GOING ON AROUND CAMPUS

### WEEKLY CLUB MEETINGS

WHAT	WHEN	WHERE
IntoNAITion Toastmasters	Every Monday from Sept. 15, 2014 -April 20, 2015	Room H-003
Aboriginal Students	Every 2 weeks on Wednesday's from Oct 1-Dec 24	Room H-111

### CAMPUS CLUBS NEWS

WHAT	WHEN	WHERE
Club Social	October 6, 2014   4:00-5:15pm	Nest Taphouse Grill
Club Connect	October 6, 2014   5:30-6:30pm	Room X-107
Grant Deadline #1	October 7, 2014   5:00pm	----

NAITSA

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VISIT THE  
CAMPUS CLUBS CENTRE  
Room E-125, NAIT Main Campus  
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naitsa.ca/clubs

Check out the Clubs Website for other  
upcoming Important Clubs Dates



FOR YOUR LISTENING PLEASURE ...

# \$3.99 mixtape ...



By **BRETT BOHL**  
DJ BohLd

"Deep house" is a subgenre of house music, which was originated in the 1980s. It fuses elements of Chicago house with jazz funk and touches into soul music.

Typical lengths of tracks are around seven to 10 minutes. The tempo is usually within the ranges of 120 to 130 bpm (beats per minute). The style of house will commonly have an acoustic sensation. According to online music store Beatport, deep house, has now become one its official top selling genres.

Deep house is known for having a complex melody! The genre's roots

stem from soul, ambient or chill lounge vibes. Vocals have become more common in deep house, especially when compared to other subgenres of house music. The uses of vocals are slow and overlap concentrated melodies with smooth and stylish sounds.

Deep house was largely pioneered by Chicago producers. They created the jazzy sound, and they were the people who made it more common to the house scene. The sounds were created using electric pianos such as the Rhodes, the Wurlitzer and the Hammond organ. When deep house was first created it rarely reached a climax. Instead, most of the songs would just linger at a comfortable pace. The music would have effects on the listeners, causing them to become deeply relaxed. Though many of these characteristics can still be found in modern deep house, the genre has become "techier" when compared to its roots.

The genre has expanded so much since the late '80s when it was first started. The music unfortunately cannot be heard on very many of the local Edmonton radio stations. Its popularity has grown immensely in the past year,

yet not many of our stations will step out of their format boundaries and play anything out of the norm. If you like this week's playlist, which was created by myself: (D.J. BohLd) you can always check out more deep house and other electronic dance music on NR92, NAIT's campus radio station (using a computer) @ [www.NR92.com](http://www.NR92.com) /or from the Tune-In app on your smartphone or tablet.

D.J. BohLd presents a radio show that is all about different types of electronic dance music.

What is being played on NR92 is special; because you cannot find it anywhere else! I perform live in the mix – every Thursday afternoon from 4:30-6:32. The show is called: "The 92 Minute NAIT Mix" and can only be found on NR92! Ninety-two minutes long and completely different each and every week!

The equipment I use to mix songs is a sound manipulation controller. Its purpose is to combine or mix from up to four songs at one consecutive time. When mastered, this can be done while staying in-sync with the beat of each song's tempo.



This playlist includes some of the freshest deep house tracks in 2014:

- 1) 0 to 100 (Spaveech House Mix)  
Dirty – Drake
- 2) A Lot Like Love (Oliver Heldens Edit) Clean – The Voyagers  
ft Haris
- 3) MYB (Tchami Remix)  
Clean – Oliver
- 4) Bel-Air (Original Mix) Clean  
– Boogie Vice – Fill the Blanks  
ft Kellis
- 5) Super Friends (Original Mix)  
Clean - ZHU
- 6) Look Right Through (MK III)  
Clean - Storm Queen
- 7) Got Me Thinkin (Original Mix)  
Clean – Don Diablo, Cid
- 8) Show Me Love (DubRocca  
Remix) Clean – Robin S
- 9) I Wanna Feel (Alex Ross Dub)  
Clean – Second City
- 10) OKAY (Original Mix) Clean  
– Shiba San

## WEEKLY SPECIALS

### FOOD SPECIALS

#### MONDAY

\$7 Canadian Poutine

#### TUESDAY

\$7 Nest of Wings (1lb.)

#### WEDNESDAY

\$6 Deep Fried Wontons

#### THURSDAY

\$7 Vegetable Spring Rolls

#### FRIDAY

\$6 Rockfish Potato Cakes

### \$4 DRINK SPECIALS

\*All liquor served is 1 oz

#### MONDAY

Sno Cone Cocktail

#### TUESDAY

Rye, Rum, Vodka or Gin Hi-ball

#### WEDNESDAY

Domestic Pint (20 oz)

#### THURSDAY

Flavoured Vodka Cocktail

#### FRIDAY

Domestic Bottle

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ALL SPECIALS AVAILABLE WHILE QUANTITIES LAST

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## STREET FASHION

# Brighten up before winter

By **SAMANTHA MARCELLIN**

Fall is here in full swing now and so are the lovely warm colours on makeup palettes everywhere. This year we can clearly see four basic looks dominating the halls and magazines. These looks go from beautiful and basic to daring and dark.

With Halloween on the way, some edgier looks must be taken note of as well. For those who like to experiment, this is an exciting time. Those who opt for a more basic look will also have things to look for-

ward to, as well as the chance to try something new.

First, with colour quickly leaving our city, many people compensate for that by using bright pops of colour on the eye. Colours that have been seen on campus and around the city are bright blues, deep purples and rich greens. We can see thick coloured eyeliner being used as a statement paired with a subdued or nude lip. You can achieve a basic lip with a good lip balm or opt for a warm nude shade in a lipstick or gloss. This look is bold without being over the top. People who do not usually use much colour can use this opportunity to try something new and draw focus to one of their best features.

Also for the eyes, we are seeing a rise in shimmery metallic shadows locally and on runways around the world. This is a good trend because metallic shades look good on everyone. From a light gold on darker skin tones to a warm copper on pale tones, it is a flattering look. For a more natural look, a light glitter can give just enough emphasis. For a bolder look or for

an evening out, a darker look can be very alluring.

On the flip side, many people are opting for the chance to bring attention to the lips with rich dark shades. You can see dark plum, cherry and mauve shades on the lips of fashion-forward individuals. These colours intermingle with the fall shades in a gorgeous way. Many of the bigger makeup brands, like MAC, have been featuring these colours and, as a result, many celebrities have been spotted with a dark pout. Work with your comfort level to find a statement shade that suits your needs. The deep plum colours also suit nearly every skin tone and can make your lips look fuller. This look is beautiful matte as well as with a bit of sparkle or shine overtop.

Halloween will soon be upon us and this brings all kinds of daring and edgy options to any makeup bag. Everywhere you look you can find unusual colour palettes, dark and strange lip products and all kinds of accessories that are well above basic. Take it

easy with these products as it is easy to go overboard and start dressing up early!

This fall, make a statement with these looks and you will be turning heads wherever you go. We only get a short time to enjoy fall and these looks will soon be replaced by the more neutral looks that come with winter. For more information, or to try a new look, stop by any Shoppers Drug Mart or makeup store and the staff will be happy to add a beautiful touch of fall to your beautiful face.



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## OCTOBER EVENTS

- 8 | HOW TO SALSA DANCE
- 9-14 | SENATE VOTING PERIOD
- 14 | NEST POOL TOURNAMENT
- 15 | WELLNESS WEDNESDAY
- 15 | BIOMECHATRONICS & THE FUTURE OF HUMAN CAPABILITY
- 17-18 | NAIT OPEN HOUSE
- 21 | HOW TO BE A ROCKSTAR
- 31 | SCARYOKE AT THE NEST

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## EDMONTON COMIC AND ENTERTAINMENT EXPO

# Too much to see in three

By JOEL LECKIE

Beam me up, I think I've gone to geek heaven. Or if not, maybe I just walked through the door of the Edmonton Comic and Entertainment Expo. Perhaps one of the geekiest events of the year, the Edmonton Expo Centre drew an enormous crowd for three days last weekend. The show keeps growing every year, with somewhere in the vicinity of 130 local artists, over 260 exhibitors and 62 guests of art and media at the Edmonton Expo Centre. Everyone and their Dalek were there. Unfortunately, I only had three days to take it all in.

Something could be found for every Darth Vader, Iron Man, Weeping Angel or simple muggle. Myself, I love the costumes that people bring out. It's a rare opportunity to see a horde of every iteration of Spiderman gathered in one place. Though the armoured troll was cool and the Billy Jigsaw on a tricycle was creepy, my personal favourite had to be the grown up Enzo and Andrea pair from *Reboot*.

The first panel I made it to was Garrett Wang's spotlight. Not his first Alberta convention, he hosted his own Q&A. Having grown up a fan of *Star Trek* and other science fiction shows, he really relates to his fans. A seasoned con-guest, he has made common appearances at both the Edmonton Expo and the Calgary Expo, so I really hope to see him again.

For anyone who has seen a little show known as *The Big Bang Theory*, both Simon Helberg and Kunal Nayyar made their appearances. Tightly scheduled as one day guests on Saturday, they managed to squeeze in autographs, photo ops and a fully packed panel. I thought that Howard and Raj were amusing on the show but in real life Simon and Kunal are hilarious. Not afraid to make jokes at each other's expense or at the audiences' expense, their panel was filled with

banter, wit and the occasional lost child.

On the darker side, one of my favourite shows would have to be *Supernatural*. Two years ago we saw Misha Collins come out, but this time Jim Beaver passed on his fatherly insights. Catering well to the fans, he told us of all the times he was teased or taunted on the set. So despite all the "idjits" in the audience, Jim seemed to have a lot of fun. Though dead on set, with a show like *Supernatural*, death does not mean the end.

This was only a small sampling of what I could see during the three days at the Edmonton Expo. I missed the Quid-ditch game. I didn't get a chance to talk to Summer Glau or Alice Cooper. Of the three Supermen I saw, none of them was Dean Cain. Well-loved for everything geeky, I do hope the event continues to grow again next year with even more stars adorning our city for another weekend.



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No shortage of costumes at the Edmonton Expo Centre.

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## MOVIES – THE KURT LOCKER



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Jake Gyllenhaal and Jake Gyllenhaal do a scene together in *Enemy*.

# Two for the price of one

By KURT FABISCH

Canadian director Dennis Villeneuve's 2014 film *Enemy* has one of the more confusing and shocking endings in a movie this year. It's one of those endings that might make you want to rewatch the film again right away.

Jake Gyllenhaal is Adam Bell, a college history professor who's going about his average life with his girlfriend, who's played by Mélanie Laurent, who you'd remember from *Inglourious Basterds*.

One night, Adam watches a movie randomly recommended to him by a co-worker. There's nothing particularly memorable in the film except one thing that is keeping Adam up at night. An actor in the background of one scene appears to be Adam's exact physical double.

He starts to go a little crazy as he tries to track down this actor. When he eventually does, Adam only ends up with more questions and no answers.

The actor, Anthony, also played by Gyllenhaal of course, is a very different sort of person in how he behaves, much more confident and threatening. He's as confounded by the fact that he has a double as Adam is. But when Adam tries to walk away and forget about it, Anthony starts to follow him and eventually winds up seeing Adam's girlfriend and becomes attracted to her.

So, the movie is about doppelgängers and switching places with someone, living their lives and maybe deciding you'd rather live theirs than your own.

That right there is enough for a decent movie.

But there's a whole other side to this movie that makes it so memorable to me. Throughout the film, Adam is having these dreams involving spiders. If you have arachnophobia, this movie is not for you.

There's a dream scene right in the middle of this movie where we see a naked woman walking down a hallway ... on the ceiling, she's out of focus. As she comes towards the camera we see her face revealed. Her body is human, but her face is that of a spider's with eight eyes and giant fangs. That's enough to give anyone pause.

And that's just one standout moment of craziness. There's a few in the movie and one towards the end of the film that left me with my mouth agape. There's no way you'll fully understand what's happening or quite how to react.

It's this perplexing nature of the movie I really like. When a movie can show me something I've never seen before, it gets a lot of points for that.

It's not a perfect film. It's a little slow to get moving, but once the two Gyllenhaals finally meet, it picks up speed a lot.

Gyllenhaal gives one of his best performances ... two of his best performances in this movie, really. Playing two very different characters, they just look the same. And despite looking the same, you can tell which character he is in a given scene. Not the easiest task.

*Enemy* is a tense film, a mysterious film and a downright insane film at times. *Enemy* is available on DVD and Blu-Ray.





# Top 5 mind-blowers

By KURT FABISCH

Sometimes movies come along that seriously open up my imagination. Then there are movies that just leave me scratching my head.

Here are the Top 5 “Films that Blew my Mind”:

## 5. The Matrix

This movie seriously messes with

your head the first time you see it. Keanu Reeves is Thomas Anderson, but also calls himself Neo. He thinks there might be more to life than his boring, ordinary existence.

Turns out, he's right.

He finds out that the world he knows is a giant computer simulation called the Matrix, controlled by robots who have con-

quered the planet and enslaved humanity and turned them into living batteries.

Also, the human resistance enters the Matrix to tear it apart from within and free people one person at a time with a lot of guns and kung-fu.

Whoa.

## 4. Memento

The movie that put Christopher Nolan on the map. Guy Pearce plays a man with no short term memory. Every few minutes, his memory resets. He's trying to find the man who killed his wife. That's strange enough.

However, even stranger is that the movie is happening in reverse. We start at the end of the story and keep moving backwards until we see how it all started.

Not your average movie.

## 3. Being John Malkovich

Spike Jonze's debut film. John Cusack plays an office worker who finds a portal on the 7½ floor of an office building (yes, 7th and a half) that takes him into the mind of character actor John Malkovich and control him.

Things get truly bizarre when Malkovich finds out what people are doing inside his head.

“It's my head ... and I'll see you in court!”

“And who's to say I won't be seeing what you're seeing in court?”

What happens when Malkovich enters his own head at one point is truly mind-boggling.

## 2. 2001: A Space Odyssey

Stanley Kubrick's landmark science fiction film from 1968 changed the way visual effects are done in films and, without it, we probably wouldn't have any of

the visual effects epics we've had from *Star Wars* to *Guardians of the Galaxy*.

It's all about this black alien obelisk that gives pre-historic man the idea to use weapons. Then we jump a few thousand years into the future where the obelisk is in space. There's a spaceship's computer named HAL 9000 that while being just a computer is one of the best villains in movie history.

The reason this movie makes this list is the final act.

A ship is entering Jupiter's atmosphere and for about a half hour it's this psychedelic array of colours and lights ending with the most perplexing ending to any movie.

Good luck trying to figure out this one.

## 1. Looper

Rian Johnson, who directed the best episode of *Breaking Bad* “Ozymandias,” wrote and directed one of the best time travel movies.

Set in the near future, there's a criminal syndicate that uses hit men called Loopers. And what they do is kill people sent from the future, when time travel has been invented, to be killed.

Joseph-Gordon Levitt plays Joe, a Looper and the person sent back through time for him to kill ... is himself 30 years from now. Old Joe is played by Bruce Willis.

“Why don't you do what old men do ... and die?”

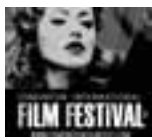
There's also a child with psychic powers who may or may not grow up to become a super villain in Old Joe's time and might need to be killed to save millions of lives.

Rarely is a film this confusing so much fun.



Joseph-Gordon Levitt in *Looper*.

collider.com



# Still time to catch it

By CONNOR O'DONOVAN

Winter is coming! Well, fall really has only just begun. My point is, your fedora wearing, Twisted Tea drinking, patio-lantern-lit lack of summertime productivity has run its course. School is back in session. It's time to stop transforming over-exposed photographs of lakeside barbecue sunsets into impressionistic Instagram “art” and pick up a real live book. Procrastination time is over, Maui Jim.

Yes, it is once again time to crack open that dusty Microsoft Word program, but grouch not, you curmudgeon, for I am here to help you avoid the procrastination plague with these five easy tips ...

Wait a minute. What's that you say? The Edmonton International Film Festival is occurring? It'll be on at Landmark Cinemas at the Edmonton City Centre until Oct. 4? Well, I guess we can put off

studying for a few more minutes.

I mean, realistically, it's a learning experience of its own. You'll have to dust off your globe to locate the 20 different countries the 150-plus films have come from. During the event, which began Sept. 26, you've got comedy from the Israeli desert (*Zero Motivation*), a sports documentary from behind the Iron Curtain (*Red Army*) and a documentary featuring musicians from the streets of Indonesia (*Jalanan*). The festival paints your mind like a globe.

Do you need to catch up on your current events? Director Talya Lavie's *Zero Motivation* questions wartime cultural attitudes in Israel by showcasing the mundanity of office life in a country at war. The hilarious film also comments on such relevant issues as gender inequality and mandatory military service. Observe as a military base's female human resour-

ces staff passes their time by setting new *Minesweeper* records and wielding staple guns like M-16s.

How's your Cold War knowledge? The Russian film *Red Army*, directed by Gabe Polsky, tells the story of the Soviet national hockey team in the 1970s and '80s through the eyes of captain Slava Fetisov. Watch *Red Army* for a look at a time when hockey was more propaganda than sport, as players dealt with political pressures, NHL dreams, and a battle between Eastern and Western ideologies.

Sadly, your summer nights at Sasquatch, Big Valley and Boonstock may be driftin' away but here is one more festival to attend. You can even disrupt your month-long school induced sobriety streak with a pint at Fionn MacCool's, located just a few steps beyond Landmark Cinema doors. Parking is available in the evenings and on weekends in the

City Parkade for just \$3! Where else can you park downtown for \$3?

Tickets can be purchased for \$13 and can be reserved online and picked up at the EIFF Box Office or they can be bought on-site within one hour of show time. If you really want to procrastinate – I mean learn – spring for multiple pass packages such as “the Sixer” for \$65 or the “Reel Deal all-access Pass” for \$129. And if you really want to wow your social media congregation, throw on your snazziest sneakers and hit up the Closing Night Gala on Oct. 4. Tickets for this one will run you \$25 and will get you access to the pet-centric comedy *Gone Doggy Gone* as well as the Gala after-party at the Delta Hotel Ballroom.

So, open up a tab next to Netflix and head to [www.edmontonfilmfest.com](http://www.edmontonfilmfest.com) for more information. Who really does homework anyways?

## LOCAL BAND

# Post Script writes its story

By SAMANTHA MARCELLIN

Indie rock is a genre that has seen exponential growth in recent history and many bands are struggling to stay afloat in the stream. Edmonton is home to many indie bands and its own Post Script wants to be able to make a living off their music.

Post Script is Paul Cournoyer and Steph Blais. Both members are singer songwriters with Paul on bass and Steph playing the acoustic guitar. They have been praised for their crystal clear harmonies and they are both award winning musicians. Their music is perfect for sitting on a porch with a warm mug of tea and a gentle breeze. There is nothing aggressive or forced with Post Script, it is an effortlessly cool sound. The duo met in high school where they had the opportunity to form a band in an after-school program. Paul says it was “a great opportunity to get used to writing songs and performing.”

The band's influences stem from folk, to contemporary, to francophone artists like Louis-Jean Cormier and Marie-Pierre Arthur. These influences combine to create a uniquely lovely sound that is hard to hate. Having been together only two years, Post Script has generated praise from critics on their bilingual EP and the band is hopeful it will continue.

The pair has found Edmonton to be a

“supportive” scene and they feel like “a lot of great things are being done.” Their favourite venue to play in the city is at the Artery. They have had the opportunity to share the stage with several local and touring bands, including Ken Stead, Jesse and the Dandelions, Scenic Route to Alaska and Red Moon Road. It's nice to see a band that doesn't look to its community as competition but rather as an environment that raises each other up.

Post Script has plans “to release a full length album in the next year” as well as to “tour around Western Canada.” These are solid plans if the band expects to make a living off [their] music. Right now, they are in the middle of writing a full length album. Pre-production is starting and the duo is hopeful that they will be in the studio as soon as November.

In the age of pirating music, it is a lot less easy for a fledgling band to be successful. Bands no longer follow the script of finding a record label, getting signed and getting support to tour. Now, bands often foot the whole bill of a tour and this can be quite daunting. Post Script is getting ahead of the curve with the support they have already received. Their music is available for purchase at both Blackbyrd Myoozik and Permanent Records and they have got-

ten air time on Radio Active - CBC Edmonton as well as Radio-Canada.

Being bilingual certainly helps Post Script generate a wider appeal in Canada. Recently, the band went to Toronto and had the chance to record a French episode for the TV show *Balade à Toronto*, which

will be airing Sept. 30. Paul jokes that “it isn't easy to carry an upright bass around Toronto!”

The two are happy to be getting along so well and are excited for the future. You can catch Post Script playing with Patrick Dunn on Nov. 5 at The Artery.



schoolofsong.com

Paul Cournoyer and Steph Blais of Post Script.

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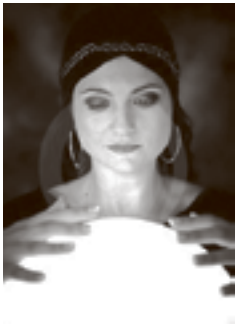
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THE NUGGET PRESENTS:

## HOROSCOPES



## MADAME O

## October 2-8

(Warning: These Nugget horoscopes are not written by an accredited astrologer, however, believe them if you like, as they are absolute and unquestionable.)

## Libra (Sept. 23-Oct. 22)

You used to be the best but now it's kind of sad to see you try to stay relevant in a landscape that has left you behind. Every now and then there's a spark of the old you but never for long.

Time to hang 'em up. You are Eminem.

## Scorpio (Oct. 23-Nov. 21)

Whether you're a man or a woman, you can rock a leather skirt like no other. Your narcissism knows no bounds and you often refer to yourself as a god in all seriousness. You rose up from behind the scenes where nobody knew your face, and now everybody's grandma does. You are Kanye West.

## Sagittarius (Nov. 22-Dec. 21)

Some people think you're the greatest to ever live and others think you are insanely overrated. You don't care, though. You're a mogul whose only weakness is elevators. You are Jay-Z.

## Capricorn (Dec. 22-Jan. 19)

You enjoy Sprite by the case load and have been known to mix it. You like to skateboard and your friends can barely make out what you say, but it's strangely appealing. You are Lil Wayne.

## Aquarius (Jan. 20-Feb. 18)

You are the next big thing. You are our saviour. You will not live up to the

hype but damn if we can dream. You are Kendrick Lamar.

## Pisces (Feb. 19-March 20)

You're probably turned now just reading this, even if it's 9 a.m. You refer to yourself in the third person and it wouldn't be weird to find you in the club on a weeknight. You are Juicy J.

## Aries (March 21-April 19)

You are the big belly man (or woman). Your response to pretty much everything is "Huh." You misunderstand something? Huh. You get really excited about something? Huh. Forget to take out the garbage and your mom gets mad at you? Huh. You are Rick Ross.

## Taurus (April 20-May 20)

Your work ethic is unmatched. Not even something like prison stops you from creating five new projects a month. But sometimes you do stupid things like getting an ice cream cone tattooed on your face. You are Gucci Mane.

## Gemini (May 21-June 21)

You're a knockoff and an amalgam-

ation of things that have come before you, and are the flavour of the moment, but how long will that last? You have a nice butt though, so it's all good. You are Iggy Azalea.

## Cancer (June 22-July 22)

People often hate on you because you're emotional and wear your heart on your sleeve. You're just genuine and coincidentally the hottest thing in the game right now. You are Drake.

## Leo (July 23-Aug. 22)

You actually have skills and could be successful through your craft that way but instead you sell out with the lowest common denominator, the easiest way to make money by selling yourself. You have a nice butt also, so it's all good. You are Nicki Minaj.

## Virgo (Aug. 23-Sept. 22)

You have reinvented yourself like nobody has ever seen before. Sometimes people hate on you because you're hardly serious and all you want to do is have fun but really what's so wrong about that? You are 2 Chainz.



Photo by Tegan Dutton

This First Nations dancer helps celebrate Aboriginal Culture Day on Sept. 22 in the North Lobby.

## A celebration

By CHARLIE ZHAO

On Thursday, Sept. 22, First Nations, Métis and Inuit culture were showcased during NAIT's annual Aboriginal Culture Day.

"It's NAIT's representation of diversity of culture," said Derek Thunder, NAIT Aboriginal liaison co-ordinator.

"We do have the Aboriginal Student Centre to provide Aboriginal culture and awareness but this day is an opportunity for all of NAIT to celebrate the Aboriginal culture."

The theme of this year's celebration is Our Elders' Teachings. The day began at 9 a.m. on the front lawn outside the HP Centre with a traditional Tipi raising ceremony, led by Cree Elder-in-Residence Walter Bonaire. At 11:30 a.m., there was a presentation of the 2014 Sen. Thelma Chalifoux Award to Dr. Herb Belcourt for his ongoing commitment to Aboriginal student success.

The exciting part is yet to come. Traditional drumming and throat singing is performed from 1:30 p.m. to 1:45 p.m. at North lobby in building O, followed by Aboriginal entertainment until the day ends at 3 p.m.

"Since the Aboriginal Student Centre was created, we'd always have the celebration of Aboriginal culture. Last year was the first year of Aboriginal Culture Day.

Prior to that it used to be a whole week of Aboriginal awareness."

Thunder says he appreciates the change.

"By changing a whole week to only a day, it is beneficial for students who have a lot of courses to take. This way there are more participants since less time is required for them to come."

Heidi Houle, a Métis, proudly introduces us to the crafts she has made.

Houle has her own custom design and apparel workshop. She and her co-workers design the crafts and make them by hand. "The process requires inspiration, skill and patience," she said.

Aside from art, music also plays a vital role in any aboriginal group's culture. Traditionally, Aboriginal people use what they have at hand to make musical instruments. First Nations people make animal horns into rattles, which are then painted and carved. Drums and other traditional instruments are made of carved wood and animal hides. Although technology has developed dramatically over recent decades, Aboriginal people still adhere to the principle that manually made crafts have the best quality.

"Special thanks to everybody who attended," said Thunder. "This is the largest amount of people who attended the events, thanks to all who participated."



# Pirate Pre-Party



Photos  
by  
Ciaran  
Boyle



# Pirate Party



Photos  
by  
Vicky  
Lau







NATE BRYANT

## What is your worst first date idea?



"Concerts."

**Connor O'Donovan**  
Radio and Television



"Working out."

**Hannah Bennett**  
Respiratory Therapy



"Sports bar."

**Meghan Reis**  
Respiratory Therapy



"Horseback riding."

**Ryan Dermody**  
Powerline Technician



"SPCA, but only looking at cats."

**Mark Lamirande**  
Powerline Technician

# Crazy night – priceless

By **QUINTON BERGER**

With the amount of time us 20-somethings spend hitting the town, there should be a seemingly endless supply of articles like this. Nights of drunken revelry, sexual conquest and all out brawls fill our minds and story books but my favourite night out features only one of the three. This is the night I did my first show.

The day was Oct. 5, 2012. My friend Kenyon was turning 19 and had a bash at a local Stony Plain bar, The Mainstreet Eatery. The place was packed, the booze was flowing and Kenyon had told me a few days earlier that he wanted his present from me to be a show.

The night started like any other. My homie T-Money and I had rendezvoused at my friend Manda's house and laid out plans for the night. First, we'd go see our friend Jordan's band play a show at the Starlite Room, then head to Kenyon's birthday where my partner in rhyme, C-man and I would attempt our first rap show, all the while consuming irresponsible amounts of alcohol. We scooped up Manda and two of her friends and headed to Starlite for some headbanging, face-melting trash metal. After a few beers and some fraternizing, Jordan's band took the stage and the night was off. After an hour of some headbanging, some moshing and lots of drinking, I was ready to go do my own show.

We arrived at the Eatery around midnight (rap shows always start late) and much to my dismay, I find C-man and he is tanked. He starts going off "well you took forever so I kept drinking. You should've gotten here sooner"... etc. Of course, artistic synergy can't happen if one is more messed up than the other so there was only one option, get on his level. I sat at the bar and began to drink. A lot! After some socializing and pre-gaming in some Asian guy's van, it was time. I got on stage, hooked my iPod to the speakers and then black! I don't remember doing the show, or leaving the van but the videos I saw the next day blew me away! We spat fire and none of it was rehearsed! We got on stage, freestyled and killed it! With every clever bar, the crowd responded. I mean, the room exploded! Lines about encounters with the law, Freemasons and plays on words involving a store in Stony called Liquor Well with the words "mother f\*\*ker" spread all throughout filled the bar and the crowd ate it up.

I've never considered myself a good rapper but the mixture of beer, rum, tequila and adrenaline begged to differ. The best part of the night was close to the end of the show. C-man decided to jump off stage for a brief moment and wound up destroying his ankle in the process. Completely oblivious to my friend lying on the floor, crying in pain, I

continued with my stupor and finished the show. I do have fluttering memories afterwards of C-man lying on his side outside the bar. Everyone was around him making sure he was OK while he shouted "where the f\*\*k is that ambulance?" The dude was a mess and finally, the ambulance came and he was taken via stretcher to the hospital.

T-money's mom picked us up and after we got home, I stood in the garage talking about how great the night was. She kept trying to close the garage door and I kept

stumbling backward, causing the door to go back up. This continued three or four times. I awoke the next day and the high of doing my first show and people actually liking it more than trumped my hangover. I did something I loved for people who loved it and a buddy got injured in the process. What could be better? The night was summed up perfectly by C-man's Facebook status that morning "Ambulance ride \$400, bar tab \$150, being a drunk white rapper and falling off the stage – priceless."

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Submit a completed application to the Student Engagement Office in O-117 to Michele Parker. For more information, please e-mail [distinction@nait.ca](mailto:distinction@nait.ca).

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THE NUGGET PRESENTS:

## NUGGET COMICS

GDD's Adventures ...



Cartoon by Koan Stalwick

## STORYWORLD QUEST

## City man has story to tell

By CONNOR O'DONOVAN

"From my perspective, you can make the argument that storytelling has meaningfully changed exactly five times in the course of human history – stories told around the campfire, with the invention of drama, with the invention of the printing press, with the motion picture camera and now. How lucky am I to be on the ground floor of something that has only happened five times throughout history?"

Xbox Entertainment Studios creative director Sean Stewart posed this thought-provoking question after I asked him how modern technology will change the art of telling a story.

An Edmonton native and University of Alberta grad, Stewart will be speaking at NAIT on Oct. 25 for the StoryWorld Quest conference, which will highlight how an expanding variety of media platforms can be used to weave immersive tales. Storytelling has always been a priority in his life.

"I used to skip school, take the bus down 109 Street and go to the public library downtown and spend the day reading, and catch the 3 o'clock bus home. I was the guy who at the age of nine knew the days of the week in Elvish!"

After graduating from the University of Alberta, Stewart first entered the world of literature as a platform for telling his stories. His first novel, the science-fiction mystery *Passion Play*, won multiple awards. Following this success, he built a name for

himself with multiple science fiction and fantasy novels and in 2001 he was asked to be the lead writer for a storytelling project for Steven Spielberg's film *A.I.* The resulting project, which became known as *The Beast*, was truly ground breaking.

"You're on one of the early Internet film boards and you happen to see the first trailer for the film *A.I.* Because you're an obsessive guy, you stop the trailer during the credits and see the name 'Jeanine Salla - Sentient Machine Therapist'."

Sentient Machine Therapist?

"So on a whim, you type Jeanine Salla into Google (or maybe Alta Vista!) and you found her home page. You found that she was a Sentient Machine Therapist and that she taught at the New York campus of the 'Bangalore World University', and everything on the page seemed to think it was the year 2142!"

Bangalore World University? 2142?

"You look through Jeanine's web page and find her cellphone number listed and

you could call this number and it tells you that Jeanine is at the funeral of a friend and it gives you the number of the friend who has died. You could look up his web page, read through it and realize that his death

was no accident. You begin to think 'there's something fishy about this guy's death' and there you were in the middle of a mystery set in 2142!"

*The Beast* invented what has become known as an Alternate Reality Game, wherein players can simply go about their daily lives and have the fiction come to them.

"You were immersed in this world of 2142. It might e-mail you, it might phone you, and there would be ads in the *New York Times* with clues appearing in them.

Everywhere you looked in the world, you could find pieces of 2142 seeping in."

Stewart and his team endured a few nervous days without much of a response after launching *The Beast* but over the course of 24 hours it was being experienced by tens of thousands of Internet users. The total number of players is now estimated to

be around three million.

In the years since the release of *The Beast*, Stewart has created more Alternate Reality Games, some promoting such high profile launches as the Nine Inch Nails album *Year Zero* and the Xbox game *Halo 2*. He was recently named the new Creative Director for Xbox Entertainment Studios, and looks back in amazement at the journey that brought him there.

"The idea that everybody in North America would know who Legolas is never occurred to me in my wildest dreams. I stayed in the exact same place and the entire planet moved to where I am!"

The field of technology has advanced remarkably since Stewart cut class to delve into fantastic realms and is being reflected in the development of the multi-platform storytelling genre.

"Art follows hardware. Everyone is thinking about mobile all the time, because, 'hey look, it's more computing power than to put a man on the moon and it's in your pocket' so everyone will be building storytelling entertainment around that. There are some very big people looking to get into the space very soon."

Remember when the "Ellen Selfie" broke the Internet? That was hardly an accident. Next week, I profile John Heinsen, who is helping pioneer the merging of digital technologies with broadcast television.



fourthwallstudios.com

Sean Stewart

## Poll clerks needed for student elections

Duration: Oct. 9, 4 p.m.-7 p.m.

Oct. 14, 10 a.m.- 2 p.m.

Compensation: \$15/hour

• Poll clerks are needed on Oct. 9, 4 p.m.-7 p.m. and Oct. 14 from 10 a.m.-2 p.m. for the NAITSA student

Senate election.

• Poll clerks must have a strong command of English and have a complete and clear understanding of the democratic election process.

• Poll clerks must have a com-

plete understanding of the online voting process and must be comfortable in providing guidance to students.

• Apply in person at the NAITSA office, Room E-131 from 8 a.m.-3 p.m.

## #OOKTECH



www.iphonehacks.com

iPhone 6s can be bent, we know that.

# Think small?

By CORY SELLAR

This is hard for me. For anyone who knows me, I am an Apple fanatic. That's why it was so hard to read about the less than favourable issues of the new iPhone 6s. YouTube has a video of an iPhone 6 Plus that can be bent by hand. OK, I know that form fitting accessories like ladies' sweaters are a fashion plus. But an iPhone that conforms to the shape of your thigh is not a plus, in spite of the name. What Apple should do, in my opinion, is to immediately focus on the positive.

With that in mind, here is my new iPhone TV Ad: Close-ups lovingly glide over the shape of a curved iPhone 6 Plus, lights glinting beautifully off the plastic, while the voice over purrs, "The Earth isn't flat. And now the iPhone is here to say it's not flat anymore, either. Meet the new 'iPhone Curve'. It becomes part of who you are by moving with your own curves. The new iPhone Curve. It's now part of you." OK, this is painful for me to make fun of something I love so much. It's like making fun of my Dad when he used to wear his fanny pack. It hurt, but dammit, I had to do it.

Maybe it's time for Apple to think small again. Maybe heading toward something the size of a picture frame in your pants isn't such a good move. We can leave that to Samsung for now. I know nothing lasts very long in my pants. My new wallet always looks like something left in a swamp after two months; wrinkled, bent, the "genuine" leather long since stripped away, revealing some kind of mystery fabric worn through.

I tell myself that maybe this is only one

minor setback for Apple. But then there's the iOS 8 updates on iPhone 6s, which have led to a laundry list of complaints from users. Everything from rapid battery drain to random reboots have plagued those loyal iPhone users. But have faith, my devoted Apple flock.

The bugs have been fixed, the bending problem is getting "straightened out" and soon all of this negativity will be but a memory. Speaking of memory, why does the base model iPhone 6 have the same 16 GB of storage as a two-year-old iPhone 5? But I digress. Soon you'll be right back in your routine happily taking pictures of your plate of wings at BP and sharing it with friends. Come to think of it, that's always struck me as kind of weird, even though I've done it. Wouldn't your friends rather share your actual plate of wings, sticky sauce and all?

Anyway, as I say, once this has all blown over, you will do the same things you've always loved doing, even the wrong things like shooting vertical videos instead of shooting them the right way, horizontally. There is a hilarious mock PSA illustrating this terrible habit at <http://laughingsquid.com/the-dangers-of-vertical-video-syndrome/>

Watch and learn. And next time for God's sake, hold your phone horizontally when shooting videos! And I bet they can't come up with a software update for the whole curved iPhone thing. But then never underestimate the power of technology: Typewriters used to be manual, TVs used to be black and white and our cellphones used to have keys. Keys, for God's sake! What were we thinking??!!

## HOT 'N' SINGLE



Photo by Aaron Bordato

### Brandon Hatch, 19 Petroleum Engineering

Snapchat: *bhatch26* Twitter: *@bhatch26* Instagram: *bhatch26*

**Ideal dream date?** A rave followed by a late night trip to the Ranch Roadhouse, ending with some hatch-cuddles in my bed.

**Biceps or triceps, which one do you work more?** Trick question. Both. You need the ladies to adore you from all sides.

**If you could be any animal, what would it be and why?** A lion, because they're the king of the jungle and so am I.

**If you could be any chest workout, what would it be?** Decline bench.

**What is your best quality?** My eye popping shoulder veins and alcohol tolerance.

**Favourite sport?** Girls' volleyball

**How much do you bench?** 275-305 max.

**Favourite activity/hobby?** Late night pumps followed by Serena Ryder jams on the way home.

**How would you describe yourself in three words?** Respectable, intelligent, wise man.

**What do you look for in a female?** A little bit kind, a lot of crazy and some flexibility.

**Words to live by?** When in doubt, flex it out.

**Are you hot and single?** E-mail us at [entertain@nait.ca](mailto:entertain@nait.ca)



## TAYLOR'S TAKE

# The fine art of friendship

By TAYLOR BRAAT  
@TaylorBBraat

People come in all shapes and sizes and relationships can be made in lots of different places. I have friends from all walks of life. Rich and poor, old and young, I appreciate all of the people in my life. I have friends from lots of different cities. I don't have a large group of friends but I appreciate the ones I have very deeply. Some of my friends, I have known all of my life. Some, I only met four months ago.

When starting a new job, it is a great opportunity to meet many new people all at once. Some people you hit it off with very fast and stay friends for a long time. Some people you hit off with will be very fast relationships that don't last long and were only a good reminder to appreciate all of the people that do stay in your life for a long time.

In work relationships, there is a fine line that you must walk. People that you instantly connect with are awesome and always cool to meet. Laughing and sharing life experiences while working can make the work day go by so much faster. To a certain degree, work relationships make work what it is. As work friendships begin to bloom, you may take your relationship outside of work. In any friendship or relationship, disagreements can occur. Sometimes these disagreements can define whether a friendship takes any further steps. Whether or not you can work out the disagreement, you will have to continue to see this person, at work.

Seeing someone who you used to be friends with every day at work can eventually work out if both parties are civil. But sometimes, emotions can get in the way of

work encounters with this person. In my own experience, I have always brushed things off if things went south. This does not always happen for everyone, though. Sometimes these hostile conditions can take such a toll that one person ends up finding another job. This is one of the worst case scenarios and sure does solve the problem once and for all but, looking back on how things used to be, it's always beneficial to be cautious with these relationships to begin with. If you are sensing a person is intense or very gossipy, steer clear because if this person can so willingly speak of others this way, don't go thinking that you are so special; this person has most likely spoken critically of you as well.

Staying positive and friendly at work is one thing, while becoming besties with everyone is another. Once again I will say, work friendships and even work relationships present a fine line to walk. Be careful not to slip, because there really isn't anything to help you up besides more drama in the workplace. Once the ties are cut, you will still have to face this person day after day.

In this winding staircase of life that we are all climbing, we

all want to be successful and find careers. We also want to build relationships that will enrich our lives. I believe that every person in this world can teach us something about ourselves and if things go wrong with a work relationship, we can only hope that things will work out in the end. Mixing business with pleasure can make the business side a lot more pleasurable but adding business to pleasure is not the formula for an exciting time.



2012books.lardbucket.org

Becoming besties with everyone at work is not always a good policy.

## THROWBACK THURSDAY

# All you may want to know

By BRETT BOHL  
D.J. BohLd

The definition of "Throwback Thursday" is: "Throwback Thursday is the title of a popular social media theme that users participate in. "Throwback Thursday" is hobby for posting weekly content online. In this case, the "throwback" theme can consist of basically anything that has happened in our past."

On Thursdays, people can take part in the Throwback Thursday trend by posting subject matter (usually a photo) on a social networking outlet. The most popular sites are Instagram, Twitter, Facebook and Tumblr. The content that is posted is to remember a past event. Photos can be from years ago or from just a few days ago. There aren't really any restrictions. (Typically speaking, though, the information shared is usually six or more years or old.) Even though it can be fun to participate in, it really just gives people an excuse for to posting more stuff.

Throwback Thursday is becoming more and more popular on Instagram. People often tag their photos with a mixture of hashtags like #TBT, #ThrowbackThursday or just plainly #Throwback. Adding hashtags to the posts will help the photos gain more exposure. The

exposure will come from a wider audience of people who are searching for these specific hashtags.

Regrettably, some of the users on Instagram will take advantage of the trendy #TBT hashtags by filling them up with spam or irrelevant content. This is done in the hopes of receiving more likes and more followers. If you go and search through some of the content posted in the #TBT or #ThrowbackThursday hashtags on Instagram, you'll be sure to stumble across an abundance of posts that have nothing to do with the throwback theme.

This trend is rapidly catching on to other social networks too – particularly ones that use hashtag functionality – such as: Twitter and Facebook. Brands and businesses have furthermore begun using this as a part of their social media marketing strategies.

## Why Is Throwback Thursday popular?

Social media has used it for sharing our lives – often as it's happening. Society will take any excuse to reminisce about the "good ol' days" and the good feelings that came with them!

## Who can post on Throwback Thursday?

You don't have to be a social media superstar, or have hundreds of thousands of followers, anyone can get in on this trend! All that you need

to do is find something in your past and then post about it. Use the tag #ThrowbackThursday, #Throwback or #TBT.

## What to post.

Old photos of you from your childhood.

This is a big trend and it's something that everyone can do. If you're an adult, you probably have at least a few fond memories of being a kid, so post an old

photo that brings back some good memories and tag it.

## An old song that will take you back in time.

Photos are the most popular content to share for this trend but songs are not far behind. People love to share songs from decades ago that evoke a strong sense of nostalgia. Post a screenshot of what you're listening to or just simply share the link to the song itself.

## Screenshots of old Facebook status updates or screenshots of old Twitter tweets.

Due to social media being around long enough that we all are now able to take a look back in time to some of the crazy things that we posted online ... all those years ago. "Timehop" is an application, which can be used to check out what you posting – from one year ago today.

## Throwback Thursday Continued: Flashback Friday.

Social media users evidently love this trend and they can't get enough of it. Once a week they've decided to extend it onto Friday. Flashback Friday is the equivalent of Throwback Thursday – except it is meant to be posted on with the accompanying #FlashbackFriday (or #FBF) hashtag on Fridays.



DEDfest EDMONTON 2014

# Horror galore in store

By SAMANTHA MARCELLIN

The days are getting shorter and the cold nights are getting longer. Halloween is starting to draw near and it is this time that many horror and suspenseful movies are released. For many horror, cult and sci-fi fans, it's the very best time of the year.

For the past seven years, Edmonton's own DEDfest has been home to Western Canada's best and bloodiest alternative movie festival. Although DEDfest puts on films about once a month, October is the highlight of the year, as many films are screened and many stars are out. Over October 21-26, fans will be able to get their fill at the Metro Theatre just off Whyte Avenue.

DEDfest has hosted the Edmonton premiere of such cult films such as *The ABCs of Death*, *Dead Snow* and *My Name is Bruce*. Along with great films, many horror stars have come to support the festival, including scream-queen Danielle Harris, horror producer Tim Sullivan and horror legend Michael Biehn.

This year, DEDfest's founders, Kevin Martin and Derek Clayton, are bringing you 17 blood curdling flicks over six days. While many of the morbid films have been announced, Martin says that "the full schedule and times should be announced [the] first week of October."

Some of the notable films coming our way include the anticipated sequels *The ABCs of Death Part 2* anthology and Nazi-zombie flick *Dead Snow 2*. Horror fans will also be anticipating such original movies as *The Babadook*,

a nightmarish film about a storybook monster come-to-life in the mind of a child. There is still room for classic movies in the roster as films like 1988's *Maniac Cop*. Films are announced as they are confirmed and you can stay posted on the Facebook group page.

As always, DEDfest is a licensed event and beer will be served at the screenings. Nothing says a good night out quite like mind boggling horror and a cold beer right in time for Halloween.

Although DEDfest definitely caters to the 18-plus crowd, the festival offers something for everyone. Metro Theatre periodically hosts Saturday morning cartoon extravaganzas and this year for DEDfest they will be hosting one with a Halloween theme. The Saturday will feature classic, retro cartoons along with the usual all-you-can-eat cereal. If you are interested in attending, you should definitely buy tickets soon as Saturdays have been getting busier and busier and this one is sure to be packed.

DEDfest brings in films from all over the world and this year Martin says there will be some local talent. There will be a segment consisting of a "collection of homegrown short films."

Local filmmakers have been invited to submit their projects over the last year. Keep an eye peeled for local stars!

With the festival less than a month away, Martin suggests you get tickets as soon as possible as the event often sells out. This is good advice as this is not something to miss. Tickets are available for purchase

at Edmonton's own macabre film store, The Lobby on Whyte, as well as online. The frugal among you will be stoked to hear that buying a six pack of tickets for \$60 gives you one movie free! This deal won't last long, as many people have been ritually going for years. Now is the time to

plan for this crazy, intense and fun week. Don't miss your chance to catch DEDfest in all its glory. For more information, hit up the DEDfest group page or stop by The Lobby, talk to Kevin and maybe buy one of the many films in his crazy collection of horror and strange.



bloody-disgusting.com

Scene from *The Babadook*.

## JUST THE TIP

# When in doubt, just wrap it

By ANITA COCKE

Let's be honest with ourselves. If there is one thing we want in this world that doesn't incorporate food or sleep, that would be sex. C'mon, girls want sex just as much as guys do. You might find yourself thinking about the week and the lustful weekend approaching. There's that beautiful/handsome, seductive guy or doll from class you have the hots for and you happen to be going to the same party tonight. In the back of your mind you know (boys), she's out on a hunt to be satisfied (girls) the thought of being pleased by this dude makes you slightly wet.

There's your chance. It starts with the cute flirting and soon transfers to a small peck on the cheek. After a few dirty whispers are exchanged, what started as fantasy becomes reality, you gotta give a dog a bone. The tickle of her hand is in your pants, guiding you to the broom closet, bathroom, bedroom, tree house, garage, the tree line, back seat of the car ... etc.

[Wherever and whatever suits your innermost fetishes; that's where you go to get it out!]

She's on top of you peeling off the clothes. You're taking off her under garments. It's the moment you've been waiting for all week! But wait; in the back of your mind, you know she isn't on the pill. She really couldn't care if you were about to take her with or without the almighty, anti parasite pill.

Who knows how many diseases this woman is carrying? And you didn't bring that one separating factor to enjoy her explosive thrusts. That's right, buddy, a condom would be in your favour! She grabs you by the waist and starts to slowly move in.

Major to Ground Control; did your mother ever teach you anything, son? Wrap that Willie! She wants it and you can't do a thing about it; you screwed up. DOOOOOD, get your head out of your ass! How easy was it to get this lady to bang you like a \$5 hoe? Not very hard, by the looks of it!

Jiminy Cricket is acting like your conscience and saying stop. What do you do? To the boys of our generation, use a condom or risk having the sharp pains of a million needles stinging you ruthlessly until your mother hears you scream in the bathroom.

Girls, maybe to avoid them dirty germs contracted through bodily fluids, try putting a condom on him. I know I wouldn't want my Johnson touching the inside of your Sarlac pit (*Star Wars VI* reference) ... Back to the sexcapade ...

She's inching closer and has a force grip on your noodle, about to slide you in but all you can think about is what unnecessary illness will come about after the deed is done. You have two new options; break the silence with asking her about her former partners and if she's got that STI or you could text your friend, one handed, to come into the room and break you up. What will it be?

About to root; she catches you ... what

do you do?

You're thinking she will get off and redress her gorgeous body but instead, she asks, "do you have protection?" in reply you answer, "uhhhhhhh, no?"

Getting off, you are thinking, dang it. "I screwed this up" in return she comes back with the condom (cherry flavoured). Was it just as simple as asking if she had some help? Wow, you just got lucky, boy. She could have been a freak, a creature from the black lagoon and ruined the rest of your entire life. As she puts it on everything is good in the hood but wait ...

AAAAAhhhhhhh crap, that door swings open and there he is, the man of the hour! She blasts off like the Apollo space mission.

Maybe if you didn't need saving, don't text your buddy? And maybe next time bring protection; you know what, maybe don't go off with the dirty girl you day-dream about in class. That shit is dangerous. Boys, just wrap it.



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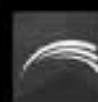
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