

THE NAIT NUGGET

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YOUR STUDENT NEWSPAPER FOR MORE THAN 50 YEARS, EDMONTON, ALBERTA, CANADA

SINE OF THE TIMES

NAIT students rebuilding old math tool, pg. 4



Ginger and her master, NAIT instructor Elton Hunter, watch over part of Ginger's litter of 13 pups that were born recently. For story, see page 2.

Photo by Tim Potter

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NEWS & FEATURES

Conservatives at crossroads



A.J. SHEWAN
Issues Editor

And then there were three. Word came last week that Alberta Progressive Conservative leadership hopeful, Stephen Khan, was dropping out of the race. With that, Jason Kenney's bid and effort to unite the political right in Alberta became a little easier. Khan's departure left Richard Starke and Byron Nelson as the lone competitors facing Kenney. Starke made a "Hail Mary" play to seek out co-operation with Wildrose members to present to Albertans a unified force to defeat the NDP in 2019, while not officially merging the two parties. The optics and proposed mechanism for this force left Starke

on shaky ground and did very little to improve his political odds.

As this was taking place, the leader of the official Wildrose opposition, Brian Jean, suddenly warmed to the idea of a unified, new right-of-centre party. For his part, Jean feels he alone is best to lead this proposed new entity and appears poised to battle for that title. He insists that he hasn't flip-flopped on his resistance to unification after condemning former Wildrose leader Danielle Smith for crossing the legislative floor back in 2014 to join her PC counterparts. It isn't a stretch to conclude that in the short amount of time since Jean spoke out strongly against any sort of merger to his most recent softening on the idea, there may be a stronger motivating factor behind his changing tone. A high level cabinet post in a new Kenney government may sway Jean to drop his leadership ambitions altogether, paving the way for a Kenney-Notley showdown in 2019.

Fellow PC leadership hopeful, Byron Nelson, feels a merger would undoubtedly lead to another NDP government. Starke and Nelson want to see a rebuilding of the

PC Party, asserting that anything else will lead to its demise.

Unification is complex and the new party may not be well established come time for the election battles in 2019. For example, the PC party would first have to de-register, settle its \$750,000 debt and transfer all of their assets to the chief electoral officer who would hold them in trust for one year. If, after one year, the party doesn't re-register, those assets would be transferred to the government's general revenue fund. Any new party would essentially be starting from scratch. But Kenney supporters insist that these hurdles are not insurmountable and the loss of revenue could be made up within the first four weeks of a new party.

Lost in the political posturing is the possible end of a legacy, a political dynasty that helmed the good ship Alberta for more than 44 years. It hasn't always been an easy road for the PC Party in this province. Voters desperately wanted a third party option when PC scandals and reckless spending left traditional right of centrists with an identity crisis.

Many never found a home under the Wildrose tent, questioning the insistence on fringe social ideas and a focus on policies that became hard for a centre-right voter to defend. While the gravestone for the Alberta PCs hasn't been erected, it seems inevitable that populist thinking will see the folding of the name and traditions into a new party designed to welcome all right-of-centre voters.

Though this new political tent may welcome all those who wish to right a provincial vessel they feel is listing badly, a closer look reveals there may be deeper divisions than appear on the surface. For those in the centre of this new union, the fringe policies that were so appalling have not disappeared. Those voices may be hushed for the time being, muted by a common goal but they linger still. If success comes their way in 2019, they will be given a pulpit where they once again can speak out in favour of their goals. The more progressive in the group may not want to give life to those fringe voices and that could be the real challenge facing a unite-the-right movement.

A baker's dozen – of Labs

By D.S. FUECHTMANN
Editor-in-Chief

"Medicine doesn't always come in a syringe or a pill bottle; sometimes it's the puppy glitter-fur- that you wear on your pants,"

Elton Hunter was in a reflective mood last Friday at NAIT, with his own service dog Ginger, mother of a huge litter of Labs, lying quietly beside him.

Hunter, an instructor in NAIT's Powerline Technician program, raises puppies. This year's litter is an adorable batch of 13 chocolate Labs. "I know what it's like to come into this facility with a cart full of puppies. You go 50 feet and you're mobbed. It's just a swarm," Hunter chuckles.

"I've literally been surrounded by people 10 feet deep and 250 people surrounding us. So I made sure I was here an hour early."

Each litter visits NAIT's veterinary tech students for a six-week checkup before they can be placed with their "forever" homes. It's a neat opportunity for

him to share his passion for dogs, he says, and the bright smiles on the faces of people who bumped into his cart full of puppies show that the furry surprise is a campus delight. While the checkup is standard fare for the puppies, just regular inoculations and shots, it's a unique opportunity for students in the Animal Health program to study the sociology of a group of puppies.

Students are paired up and given a puppy to observe for the day, their goal is to try and determine their temperament and personality. Is the puppy aggressive? Energy-filled? Passive? At the end of the day, Hunter lets each group know if their observations and inferences were correct, he knows each of his dogs inside and out. Understanding each dog is essential.

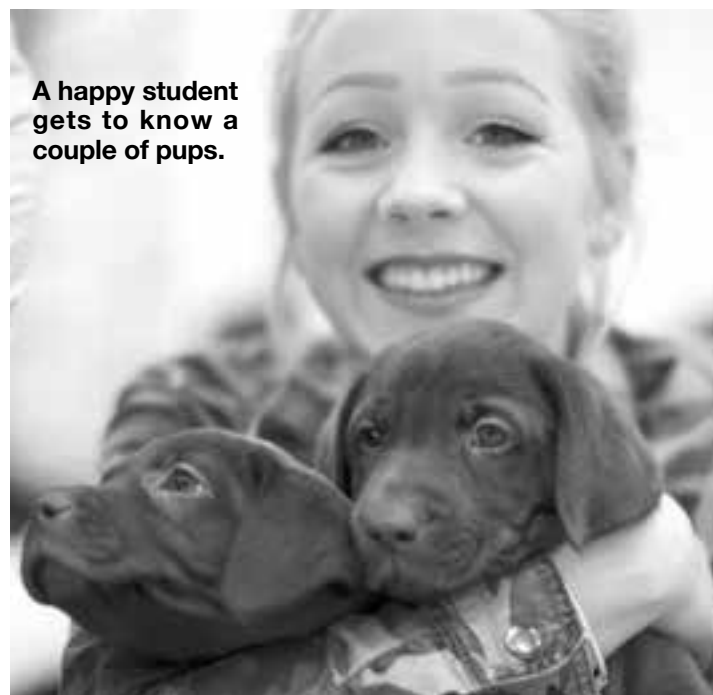
"We recommend certain puppies at certain places," he explains. "Big, aggressive puppies would be more suited to field work. Passive puppies might be more suited to family pets and companion dogs. If we have dogs

that focus on pleasing and are very eager to perform tasks, we earmark them for service dogs."

However, people don't pick their puppy – each puppy picks its family. He requires each of his puppies to be handled by at least 100 people before leaving home. The process of placing a puppy with a family requires multiple visits with the litter. Prospective owners will sit down on the floor with the puppies and they'll watch to see which one comes over consistently to visit.

"One weekend, it might be Tank. If next week you come back and he sits by you, maybe that's a marriage. And on the third weekend you come back ... and he comes and sits with you – he's chosen you. Maybe Tank should go to your home. If he has the personality for your home, then for us it's a match."

"Dogs and pets are a great way for us to interact as a human species with another species and recognize that anger has no place in relationships. Forgiveness is always there," Hunter reflects.



A happy student gets to know a couple of pups.

Photo by Tim Potter

"Unconditional love will always be delivered by a pet when they only see you. Two or three hours a day or 10 minutes a day."

Most dogs, he continues, want nothing more than to be recognized and loved; rain or snow, they're going to get you playing with them, talking to them

or even just enjoying their quiet companionship.

For lucky members of the NAIT community who had a chance to meet the six-week-old pups, their playful and affectionate disposition helped end a dreary January week on a happy note.



Photo by Erin Spiller

NAIT staff member Lynn Ryan has already donated blood half a dozen times.

Are you my type?

By ERIN SPILLER

Blood is essential for survival. So, what happens when someone needs more blood than they have?

On this day, students and staff from across Edmonton came to the mobile blood clinic at NAIT.

While attending NAIT's mobile blood clinic on Thursday, Jan. 26, it was noted that every chair was filled with donors. Upon returning two hours later, when the clinic was supposed to be closing, the room was still full of donors and soon-to-be-donors. In a country where only four per cent of the population donates, it was inspiring to see students, staff and community members selflessly giving to those in need.

Donating to Canadian Blood Services can save many lives and finding out if you're eligible can be as easy as filling out a yes-or-no questionnaire.

"We're coming to NAIT regularly now," said a registered nurse at the event who supervised and ensured that everything was running smoothly with donors and staff.

He encouraged people to make appointments and drink plenty of water the day before and of the donation.

The clinic sets up at NAIT every four

to eight weeks now and accepts walk-in donors as well as those who made appointments. First-time donor eligibility is determined by answering approximately 50 questions at the clinic and the questionnaire is subsequently sent via email to be filled out at home. Not only is this ideal for donors, there is more time at the clinics for those who want to find out if they can give back. Ultimately, this seemingly simple idea allows for more units to be collected.

Donors were waiting, on average, between 60 and 90 minutes before they gave blood, but a nurse explained that "means we're operating at full capacity and it is the most efficient use of taxpayers' money."

Since there were many people wanting to give blood, the chairs were never empty and the nurses were always busy. In other words, they were receiving an optimal number of units. If the clinic had been slow and they had only collected a couple of units, then each individual unit would have been much more expensive. With an optimal wait-time of one hour, Will estimated that around 100 units had been collected that day.

"Half of all Canadians will either need blood or know someone who will need blood at some point in their lives," states

Canadian Blood services on their website.

Considering that a single car crash victim might require 50 units of blood, a lot of donations need to be made to keep up with the demand – 100,000 every year, at least. Laurie Kostiuk from the Department of Advancement has donated an impressive 73 times.

For her, donating blood is "giving back" to the community; it's her way of volunteering. For others, NAIT's clinic was in a convenient location. Most donors had learned about it via NAIT's website while others had heard about it through conversations with friends.

Whether it was their first, sixth or 73rd time, each person there was doing it simply because they wanted to help, it seemed.

"Give it a try," suggested NAIT staff member Lynne Ryan, who has already donated half a dozen times.

Basic information such as the required height and weight can be found on the Canadian Blood Services website.

If you've been thinking about donating or have donated before or know someone who wants to donate, make an appointment for the next mobile blood clinic. There are clinics every day except for Sunday and Monday. Who knows? You could be saving someone's life.



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The opinions expressed by contributors to the Nugget are not necessarily shared by NAIT officials, NAITSA or elected school representatives.

Letters

We want your views

Is something bugging you about NAIT or the world? Do you have some praise for the school or life in general?

Keep your thoughts short and to the point. No more than 100 words. Submit your letters with your real name and contact info to: studenteditor@nait.ca.

We need to list your real name.

Getting something off your chest is downright therapeutic. Write us.

NAIT goes back to the future

By A.J. SHEWAN
Issues Editor

For anyone who has taken a math course at NAIT, a calculator is one of the most useful tools. Most people think about when complex math was done long form. A group of NAIT students have been working on a multi-year interdisciplinary project aimed at showcasing to the NAIT community what one of those early math devices would have looked like. I sat down with two students from the BTech program who are spearheading it to talk about the harmonic analyzer project.

Sumalee Salahub, who graduated from the nano-technology systems program in 2013, and Carolyn Kincade, who graduated from the dental lab program in 2007, are in their last year of their BTech programs and, like many graduating students, are working hard on their capstones. This year that capstone has taken on a whole new direction.

"The whole aim of the project is to engage as many different programs as we can to build a harmonic analyzer," said Kincade.

Salahub explains that the analyzer is basically "a really old machine that they used back in the 19th century to analyze mathematical functions like sine waves and cosine waves.

"So instead of doing the algebra and calculus and breaking it down, they would just punch in specific numbers. If you had a cosine you could backtrack to a sine wave. If you had a specific answer you could punch it in and it will then give you your other answer," Salahub said.

It was developed by Albert Michelson, a

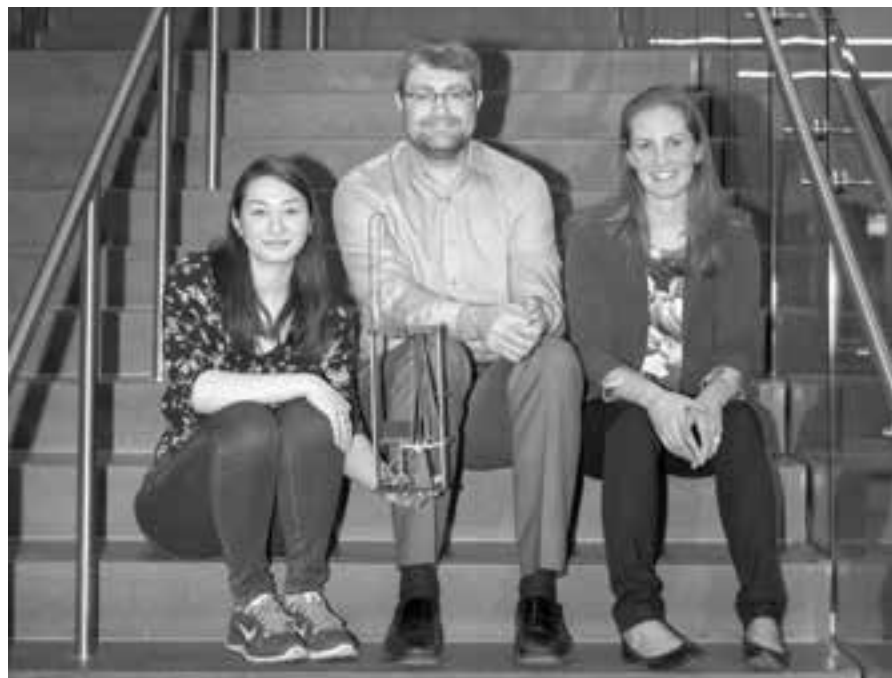


Photo by Maria Belen Tapia

BTech students Sumalee Salahub, left, Travis Hughes and Carolyn Kincade with a scale model of a proposed harmonic analyzer they are working on.

Nobel Prize winning American physicist who was born in 1852.

"It's the oldest old school graphing calculator," says Kincade. "Albert Michelson only made four harmonic analyzers, so a lot of them are not in use or are in disrepair.

"The math department actually came up with Project Harmony and their goal is to show the math students how it used to be. It grew into this whole NAIT polytechnic project."

The importance of the project isn't lost on the team.

"I don't think that there's been a project

of this scope here," says Kincade proudly.

"Our job is to manage the project and set it all up. We're the foundational level to bring in all the different NAIT stakeholders and to see what we need and what they can offer.

"There isn't going to be a lot produced this year, it's going to be the following years as we lay out the plans to have each different group do their portion and pass it on to the next group."

Such a complex project across multiple disciplines was the concept of former NAIT instructor George Hardy.

Such a project is bound to face speed bumps along the way.

"I think the biggest challenge was just communicating with everyone," said Salahub. "Everyone's schedule is so busy especially with different departments at NAIT. So when we try to reach out to them, the biggest challenge is just getting some sort of response."

The response so far has been good.

"We've talked to faculty and they are obviously passionate and all of a sudden the lingo and the jargon is over my head. We have to understand each of the areas enough to convey that to another area," said Kincade.

Bringing everyone together was a major goal in furthering the project and a stakeholders met this past Monday.

With graduation only a few months away and the harmonic analyzer a multi-year project, it can be frustrating to not see a capstone through to completion.

"I would love to see it all done but hopefully they'll invite us all back," said Kincade. "The whole point is to keep all the team members together and that's kind of why we wanted to document the progress and spread the word."

Looking forward to the future completion, Kincade and Salahub envision leaving a large legacy.

"Eventually it is supposed to go on display in the CAT Building," Kincade said. "When we originally heard this I hadn't been in the CAT Building yet. So I figured the machine was around three feet high, we'll build it to scale.

"Now that I've been in the CAT Building, I say let's go five or six times life size, let's make this baby huge."

Pecha Kucha – nights to remember

By JEFF TRAINOR

Ryan Stevens is the optimistic co-chair of Edmonton's self-proclaimed "grown-up, show and tell" event, Pecha Kucha.

The event takes place three times a year. Pecha Kucha named for the Japanese word for chit chat, is a bit similar to TED Talks. The twist is the tight restrictions on presentation time – six minutes and 40 seconds, to be exact. The format is 20 PowerPoint slides cycling every 20 seconds, with a lot of rhythm and many presenters.

When Stevens says, "we want a platform for people to take ideas into some sort of reality," he is serious, with 700-1,000 people attending each event. It's a great way to see a pool of ideas in a short period of time.

From average joes to CEOs, presenters to volunteers, the organizers of Edmonton's NextGen are to be thanked for this extraordinary opportunity. In 2005, the City of Edmonton admitted a failure to connect with the new wave of up and coming ideas of its youthful cit-

izens. So they began with a goal to find these people, fund their ideas, and then give them a stage. The city initiative was tasked with reaching out to the next generation of voices give them representation at a city level. While the target demographic is 18-40-year-olds, NextGen isn't turning away anybody because of age. This event is for anyone who has ideas, to invigorate the future movers and shakers of Edmonton.

Since 2005, the city has found that Edmonton is full of innovative people, which are the strength of a unique population. Dave Moet, CEO of ATB Financial, test pitched a now successfully completed project – Edmonton's High Level Bridge lights. Ideas germinate at Pecha Kucha and the event is a great way to compare ten speakers.

Last year, NextGen started a campaign of its own, offering students the opportunity to purchase two tickets for \$15. With Valentine's Day only two days before

their next Pecha Kucha night, at that price, students may be happy Valentine's Day pilgrims.

This will be the 27th iteration of the presentation night, with past events held at major locations like Churchill Square, the amphitheatre at Hawrelak Park and the Metro cinema.

This event is an excellent way to build public speaking skills.

"If you're willing to get up on stage, we're willing to have you," proclaims Stevens.

If you're not into that, NextGen always needs networkers and planners, discover their volunteer booth at all their events. Stevens is a long time fan of the unorthodox presentation night. In fact, his first time attending a Pecha Kucha Night, he was an audience member at the David Moet test pitch for "light the bridge." Soon after, he started to volunteer with NextGen and has found it transformative

for a lot of speakers.

Stevens has seen Pecha Kucha night evolve and recently presented his own ideas after catching the bug to get involved. When asked about how receptive the audience might be to diverse topics, Stevens gave many great examples of trials and errors.

One positive example that was particularly impactful and could serve to summon courage in students who may be considering presenting at a future Pecha Kucha Night was Marni Panas' presentation.

Panas, an Edmonton trans activist, presented her story of transformation and its effects on her family, friends, and professional life at a recent Pecha Kucha. Marni's story was so compelling that she received the event's first standing ovation. Panas is a trailblazer for those who may have cold feet when it comes to getting involved.

As Stevens explains, "We love ideas, we feel like everyone has something to say."



Ryan Stevens

OPINION

— Editorial —

Media: Help wanted



DANIELLE S. FUECHTMANN
Editor-in-Chief
@ellie_sara

Lately, pursuing a job in journalism and media doesn't always feel like a pleasant choice. I mean, I've long been far past the rosy expectations planted by years of *Gilmore Girl* reruns (although I do have friends at a different campus newspaper who have successfully pulled the "Oh, we already sent it, is it in your spam folder?" tactic with success) and, unlike Rory, have no expectations of landing a gig with *Slate* covering the election campaign right after graduation from Yale. But all jokes aside, between shaky job security and the current disdain for media, I have to remind myself rather frequently why I pursue this industry.

Not all gloom and doom

However, I don't think it's all doom and gloom for media and journalism! In fact, I think that "fake news," current events and the push against media is a perfect opportunity for the news industry to rise from the ashes like a beautiful phoenix and I'm not alone.

Whether you think President Donald Trump is a sentient cheeto and he and his ilk (Kevin O'Leary and Kellie Leitch included) require a strong international press acting as a watchdog or that the news industry has become dominated by liberals in hysterics, we can agree on one thing: the media needs to evolve and this is a perfect opportunity.

The Canadian media industry is in a tough spot right now. Legacy media organizations, namely Postmedia and Torstar, account for nearly half of Canada's remaining daily newspapers and they are foundering. In the last seven years, more than 200 weeklies and 36 dailies have closed. Part of this is due to changes in traditional revenue models. In the past, publications funded their newsrooms with the revenue from ad sales and classifieds, which have slowed to a trickle thanks to services like Craigslist and Kijiji. It's also due in part to these legacy organizations being saddled with incredible debt.

Focus on quality

Rather than novelty solutions like Star Touch or tablet editions, which require deep investment and often fail spectacularly, I believe the essential focus to rebuilding a thriving – and trusted – media landscape is to focus on high-quality journalism, bringing storytelling back to the community and representing diverse perspectives. Now, perhaps more than ever, it's essential that we double down on accurate, fact-based, community-driven journalism.

In a his recent report, *The Shattered Mirror: News, Democracy and Trust in the Digital Age*, Edward Green-son, a former editor-in-chief of *The Globe and Mail*, writes: "The best defence to fake news is a strong offence, widely disseminating real news produced to the highest standards. Sharing [content] in this manner would see significantly more quality journalism coursing through the social media ecosystem."

The growing plague of fake news and "alternative facts" actually offer an excellent opportunity for journalism. While platforms like Google and Facebook have been developing tools that will tackle false and misleading information being posted on their platforms, renewed vigour and accountability from the media is a vital step as well.

It's easy to point out the issues our southern neighbours are facing but it's essential that we also pay attention to what is happening in our own communities! For example, the campaign manager for Conservative candidate Kellie Leitch admitted to posting false information regarding funds the Liberal government supposedly gave to international aid organizations, later admitting to Maclean's magazine that information was false and was posted to inflame left-leaning voters. It is, of course,

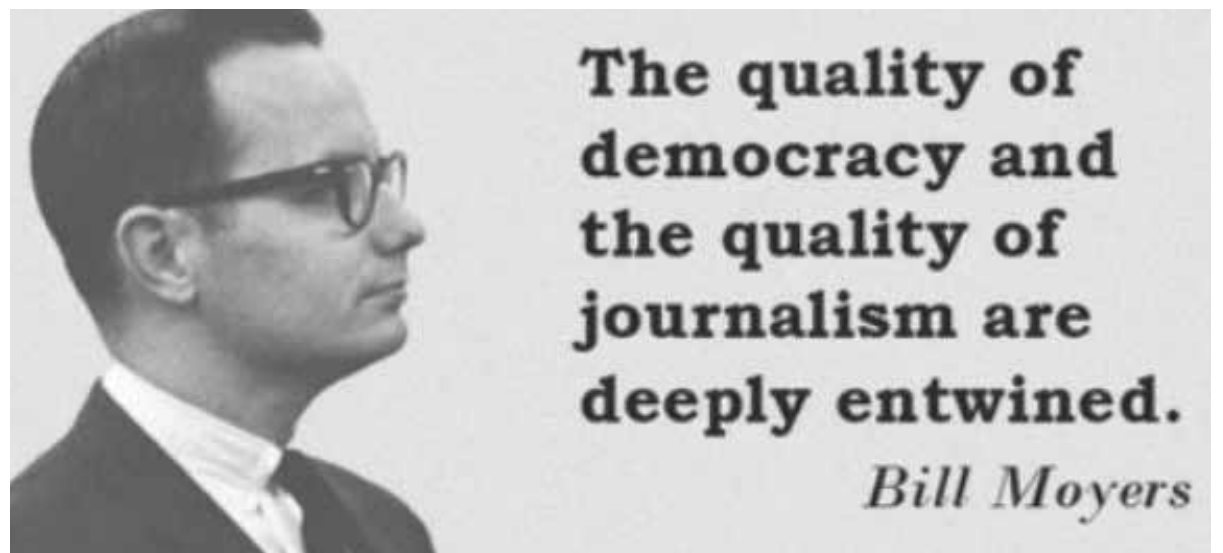
important that we keep an eye on international news but we cannot give up coverage and consideration for issues in our local communities.

So, rather than accusing journalists and media organizations of disseminating fake news and trusting that the information passed out by campaign managers is unbiased (it's not), invest and support journalism. Good journalists spend extensive time in researching and analyzing information to develop accurate, contextually rich stories.

Perhaps the way forward, whether it be through subscriptions or alternative revenue generation, isn't clear yet but it's essential that we find a way to fund journalism.

We need journalism to provide this analysis, to keep track of the promises (and lies) our leaders make and to share the stories important to our community. We no longer need newspapers to be our place of record for engagement announcements or the classifieds to list our garage sales. We will always need thoughtful, accurate information to maintain a society with informed citizens.

Read lots. Ask questions. Think critically. Stop vilifying the media and help them move forward and create the accurate coverage we're all calling for.



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SPORTS

All star games a tired act



By **MICHAEL MENZIES**
Sports Editor

Late January is one of the worst sections of the sports calendar – all-star game season. Let's get the record straight. All-star games suck. I don't enjoy watching an exhibition game with 40 apathetic hockey players in late January. And I especially don't want to watch a bunch of football players, whose season is already over and done with, run around seven days before the most important football game of the year. I don't get too excited about it.

As unilateral commissioner of all sports, one of my first motions would be to abolish every all-star game. Eradicate. Strike. Erase every all-star game from memory and forever pretend they never happened in some 1984-

ish scenario with Winston always manipulating the newspaper. OK, maybe that's taking it a little too far.

The problem with all-star games is there isn't a reason to care. Worse, they're completely unnecessary and have no outside impact on the league anymore. Let's delve into the NHL specifically.

First one in 1934

The first NHL All-Star Game was in 1934. The reason behind the game was to provide a fundraiser for Ace Bailey, a Leafs forward whose career abruptly ended when Hall-of-Famer Eddie Shore checked Bailey from behind. His skull fractured and his playing career was finished. Thousands of dollars were raised, but the game wasn't a mainstay until the late '40s when the players used the event as proceeds for their pension fund.

But as time wore on and television appeared in more and more homes, it was a unique opportunity for fans to see players they'd never seen before in a new and exciting way. This worked extremely well in Major League Baseball, which hosts the most prestigious of all-star games. This was the prime sport myth era where rumours around players were just as real as their skills – sometimes even larger.

In 2017, players play best-on-best tournaments all the time for much bigger stakes and with much more personal pride and motivation on the line. In fact, the NHL season was moved back a few days from the normal start day because of the World Cup of Hockey, an event created specifically as "a two-week, best-on-best international tournament that promises to be one of the best competitions in hockey history," according to NHL Deputy Commissioner Bill Daly.

Say what you want about the legitimacy of that tournament, it's an example of why we don't need all-star games anymore, certainly not in the NHL, at least.

In baseball, the all-star game means something because the league decided it must mean something. The game currently determines the home-field advantage of the World Series. That's right – a team comprised of players of different organizations can decide the fate of their conference's representative in the World Series, which by the way, is still three months away. This isn't a good idea.

Also, the whole all-star selection process is a gong show. Fan voting is popular but routinely there is controversy or even pure shenanigans.

Don't remember what happened at last

year's NHL All-Star Game? The fans showed how ridiculous this system is by making the top vote-getter a goon who wasn't an all-star calibre NHL player but a fourth-line minor-leaguer who had bounced around multiple organizations. At least the fans tried to make the game fun by having all-stars play with a non-star. (Almost like what happens in the regular season, right?) The NHL has kiboshed the potential of another brouhaha like this. They didn't want their all-star game turning into a farce. (The goon, John Scott, ended up as MVP and people had a laugh about it).

Fantasy draft

The NHL has been innovative and created the team fantasy draft, in which captains picked their players, schoolyard style. The NFL Pro Bowl piggybacked it with limited results. Neither league uses it any more.

We're supposed to believe all-star games are fun and exciting and great for the leagues but they really aren't. When the best NHL all-star moment in the last 15 years is Alexander Ovechkin taking a picture of Phil Kessel when he was picked last in the fantasy draft, then I think it's time to hang up the skates on a tired and superfluous contest.

MEN'S BASKETBALL

Lakeland proves tough

By **MICHAEL MENZIES**
Sports Editor

After losing a heartbreaker in Lloydminster last Friday, the Oaks men's basketball team needed a little luck and attention to detail Saturday to close out the weekend pair against potential playoff foe Lakeland Rustlers. The Oaks dug deep with a short roster and survived an intense 74-70 thriller.

After a pedestrian 36-25 Oaks-led first half, the atmosphere erupted in the second, with the Rustlers strangling the Oaks with a full-court press. The Oaks began to make poor choices with the basketball, with wild passes from the backcourt and difficult shot selections. The Rustlers took full advantage, taking the lead through a hard double team press on guard Jackson Jacob. The score was deadlocked at 50 at the end of three-quarters.

"We didn't deal with the pressure. Jackie [Jacob] was tired, we've been playing him a lot and I think it's starting to wear on him. We had to take him out and that hurt us. We just needed some time to regroup," said coach Mike Connolly.

Player-of-the-Game Andrew Rauch only

played 19 minutes but scored huge baskets at the start of the fourth quarter, which sparked new life in the Oaks. He isn't a usual suspect as far as scoring goes, (usually averaging a slice over five a game) so his points fired up the bench and the alumni who cheered their team vigorously.

"I'm really happy; I think we're starting to play with a defensive intensity that we need to play at," said Connolly.

"We hadn't done that in the last few games. Last night was the first start and again tonight. When you defend and play hard you're going to be in any game. We got guys who can score. So we need to do a better job defending and rebounding, which we did."

Jacob wasted no time after taking a quick rest, scoring four quick points and extending the Oaks lead 61-54. The Oaks didn't relinquish that advantage, and, despite Lakeland getting within three, NAIT held on until the final buzzer.

With a short bench and only seven players checking in, coach Connolly leaned on veteran fifth-year Sebastien Cava to calm his teammates when the action got difficult. Not only that, but he's durable enough to play tough for all 40 minutes.

"That's what he's supposed to do and he's

been doing that all year. He's been a leader and he's keeping us under control. He's giving us a coach on the floor and that's really good," said Connolly.

Despite a crucial win on home floor, it isn't all good news for the team. Starting guard Wyatt Beaver did not play and may not for the rest of the season.

"We don't know yet. He has an MRI this week," said Connolly.

"There have been different stories. He might need surgery; he might be able to play this year. If there's surgery that means six to eight months but we don't know. I know he's going to be out next weekend anyway, so we can survive. If we can get him healthy over our bye weekend and get him some breaks before playoffs, then great. But if not, we gotta deal with it."

The men continue to battle, as the calendar turns to February, through flu and injury bugs. And, as always, the road doesn't get any easier.

"I'm really happy with the guys. We got a split. We'll keep it going. But we got another tough one next week against first-place Concordia. But that's what it's about right."

Tipoff at the NAIT gym Saturday is 8 p.m.



Photo by Rai Hooper
Sebastien Cava
Takes a shot

MEN'S HOCKEY

Ooks tied for first place

By **CLAIRE STANHOPE**

The NAIT men's hockey team had a great weekend against Portage College, with two wins to put them at the top of the league (tied with SAIT) at 36 points. It was a high-scoring couple of nights, with Friday's game ending 7-4 and Saturday's a blowout 9-2 victory.

Though the final score may say otherwise, Friday's game had NAIT trailing Portage for the second period and half of the third. The first period ended with 2-2 on the board after NAIT's Dylan Massie tied the game with less than two minutes left. Portage had only 11 skaters on the ice and is currently not in a playoff spot, so the tied score was unexpected, to say the least. Portage's goaltender Olivier Charest played a phenomenal game and didn't seem to let NAIT have any say in the matter.

Within two minutes of the second, Portage's captain Richard Cameron put his team in the lead, despite having had his lip

stitched up only 10 minutes earlier. This did not deter NAIT, however, as Wyatt Noskey tied the game and the team tripled Portage's shots in the second. Despite their hard work, the period ended with 3-3 on the board.

Portage was the first to score in the final period, taking the lead once again over NAIT but Jordan Abt answered just a minute later to keep the teams tied. With five minutes left in the game, Abt made his mark again to bring NAIT ahead for the first time since the opening period. Tanner Dunkle and Cameron Brezinski scored another two for the Ooks to end the game with seven goals and a win.

Third-line defenceman Isaac Farrah played a fantastic game on Fri-

day; his confident rushes and smart moves in the offensive zone made it clear he would not let Portage off easy and his hard hits in the third showed that. Fans hope to see this passion from Farrah continue as this season winds down.



Trace Elson
Scoring leader

Saturday's game in Lac La Biche saw Portage score the only goal in the first on a power play but Brayden Harris put NAIT on the board within the first minute of the second period. NAIT then scored five more times to end the period 6-1 and didn't let up in the third – the Ooks scored three more times to end the game in a 9-2 rout.

Three Ooks collected six points this past weekend: Tanner Dunkle with four goals and

two assists, Wyatt Noskey with three goals and three assists and Trace Elson with one goal and five assists. Elson has a total of 30 assists and 38 points, making him the league leader in both categories. Dunkle is second in the league in points at 32 and leads the league in goals at 21, eight more than the current second-place player.

The men's hockey team plays the Augustana Vikings (currently fourth in the league) next weekend, with a home game on Friday, Feb. 3 at 7 p.m. NAIT only has two more games at home before the playoffs, so come support your team!

The women's team will be back from their break to play at MacEwan on Friday and then at home on Saturday, Feb. 4 at 6 p.m. The ladies are currently second in the league with two games in hand but MacEwan is right behind them in points. It should be a fantastic game!



NAIT Ooks forward Brayden Harris is prepared for the coming play during a game against Portage College on Friday at NAIT arena. The Ooks won that game 7-4 and one Saturday night away 9-2.

WOMEN'S BASKETBALL

Female Athlete of the Week Malesha Petterson drives against a Lakeland player on Saturday night.



Photo by Rai Hooper

Athletes of the week
January 23-29

Malesha Petterson
Women's Basketball



What a weekend it was for the NAIT Oaks women's basketball team as they swept the Lakeland Rustlers. In Friday's 62-49 win over the Rustlers on the road, Malesha had 12 points, eight rebounds, four assists and two steals. However it was Saturday's 88-51 home win on Alumni Night that Malesha truly shone. On a night when the team set an ACAC record with 17 made three-point shots, Malesha made five of seven for 15 points. "Malesha had a very solid weekend providing key defensive stops while finding ways to score and create for her teammates," said head coach Todd Warnick. Malesha is a fourth year Business Administration student from Nassau, Bahamas.

Men's Curling Team



Trygg Jensen



Jonah Tobinski



John Ritchie



Sam Stephenson

The Oaks men's curling team qualified for the ACAC championships this past weekend after posting a 4-2 record at the Winter Regional hosted by NAIT at the Avonair Curling Club. The team of Trygg Jensen, Jonah Tobinski, John Ritchie, and Sam Stephenson finished the regular season with an 8-4 record. "With the entire men's team curling together for the first time, I was not sure what to expect from them this year," said NAIT head coach Jules Owchar. "They had nothing to lose and went out and had a great year. I am excited to see how they will do at the conference and national championships." Sam is a first-year Open Studies student from Edmonton, John a second-year Academic Upgrading student from Edmonton, Trygg a second-year Business Administration student from Whitehorse and Jonah is a first-year student from St. Albert.

Ooks Waring
out opponents

By MICHAEL MENZIES
Sports Editor

Katie Waring is a sinister left-handed basketball force for opponents to handle. Equipped with a drop-dead marksman stroke and a sharp eye for quick passing plays in transition, she is trouble for opposing defences around the ACAC. Waring earned player of the game with 21 points, eight rebounds and five assists and handled any Lakeland pressure with calmness as the Oaks cruised to an 88-51 home win last Saturday on the first Alumni Appreciation Night.

"She [Waring] has grown tremendously. It's taken some time for her to work her way into our system and the way we play and she's got a sense of the flow now," said coach Todd Warnick. "When she's able to utilize the gifts she has, she makes us so much better and we're really fortunate to have her here."

After a fairly ho-hum start to the game, NAIT exploded for a 29-point second quarter, thanks to constant ball movement and getting to the foul line.

"We've continuously strived to try and play within the scope our playing style, and tonight was probably one of the best team per-

formances I've seen out of us," said Warnick. "We really gelled well, we shared the ball well. I'm really pleased with our overall team performance," said Warnick.

The Rustlers found some early baskets but the Oaks defence began to strangle any life out of the comeback with several turn-

overs, much to the delight of all the alumni in the crowd. At the end of three quarters, the Rustlers were stuck 30 points behind and discombobulated on the floor.

Five Oaks finished the game in double figures as NAIT shared the rock on every possession – finding the open player and wreaking havoc on the offensive glass. Torey Hill continued her top pace and

finished with another double-double (15 points and 12 rebounds). Hill continues to lead the ACAC in rebounds with 176.

"Lakeland is a young team. They never quit. They are going to be tough down the road and they're going to be a tough play-off team, so for us to play to the level they did today, I'm very pleased," said Warnick.

The sweep means NAIT has a six-point edge in the standings on second-place Concordia, who they will face this weekend.

Tipoff at NAIT is Saturday at 6 p.m.



Katie Waring

CURLING

Men, women qualify

The three-day ACAC Curling Winter Regional hosted by NAIT concluded Sunday afternoon at the Avonair Curling Club and the teams have been selected that will compete in the championships Feb. 24-26 at Lakeland College.

On the men's side, two teams (RDC and NAIT) finished the regional with a 4-2 record and will advance to the ACAC championships along with Olds College and Augustana.

The women's event saw the Concordia Thunder post a 4-1 record to advance to the ACAC championships. They will be joined by RDC and Augustana (both with 3-2 records), and NAIT who posted a

2-3 record at the regional to advance.

It was the mixed event that accounted for the majority of the drama as it was the lone event that required a tie-breaker. The regional was won by Concordia with a perfect 7-0 record followed by Lakeland at 5-2 and RDC at 4-3.

The drama occurred when MacEwan posted a 4-3 record to force a sudden-death tie-breaker with Olds College as the two teams had identical records following both regionals for the fourth and final spot at the ACAC championships. The Griffins defeated the Broncos 7-5 in the tie-break to advance to the conference championship.

CURLING
MEN

	Fall	Winter	Final
Red Deer	6-0	4-2	10-2
NAIT	4-2	4-2	8-4
Augustana	3-3	2-4	5-7
Olds	1-5	3-3	4-8
Lakeland	1-5	1-5	2-10

WOMEN

Concordia	4-1	4-1	8-2
Red Deer	3-2	3-2	6-4
Augustana	3-2	3-2	6-4
NAIT	3-2	2-3	5-5
MacEwan	1-4	2-3	3-7
Lakeland	1-4	1-4	2-8

MIXED

Concordia	5-2	7-0	12-2
Lakeland	6-1	5-2	11-3
Red Deer	6-1	4-3	10-4
MacEwan	3-4	4-3	7-7
Olds	4-3	3-4	7-7
NAIT	3-4	2-5	5-9
Portage	1-6	3-4	4-10
Augustana	0-7	0-7	0-14

Top four teams in each category qualify for the playoffs Feb. 24-26 at Lakeland College at the Vermillion Curling Club.

VOLLEYBALL



Photo by Rai Hooper

The women cheer on their Ook teammates last Friday at NAIT gym. The squad won 3-1.

Teams split with Lakeland

By **MICHAEL MENZIES**
Sports Editor

The women's volleyball Oaks started slowly but rallied for a convincing victory against the Lakeland Rustlers last Friday night (19-25, 25-23, 29-27, 25-21).

"In the first set we were a little tentative to start and got behind a bit and were fighting to stay in it," said coach Benj Heinrichs.

The Rustlers found early success on the outside with attackers Ahnika Kuse and Shelby Becker. But as the match continued and the passing for the Rustlers worsened, the Oaks found key blocks down the stretch.

"We were much better for longer stretches as the match wore on," said Heinrichs. "We had more energy and we focused on the things we need to do to win – serving and passing. And we did that better, plus getting a couple of service runs at some key times was big."

One of the big factors was the service runs. After losing the first set, the Oaks found themselves in a tough spot, down 15-19 in the second set. Alexis Anderson's serve gave the Rustlers' passers fits and the Oaks free-ball opportunities to pounce. She reeled off a five-point run and the momentum shifted. The Oaks came back to win the set after a Lakeland attack went out of bounds and the match was all square.

In the third set, down 14-19, Anderson again went on a serving run, which allowed

the ladies to claw back into the pivotal third set.

The third set turned into a marathon, and three different times the Oaks had the serve to win the set and go up 2-1 but the Rustlers did not go away so easily. The serving streaks did, however, put Lakeland's passing out of rhythm and Anderson again came through with her powerful spinner serve, splattering the ball into the stands and giving the Oaks the lead and advantage.

Player-of-the-Game Krystina Wanat was a threat every time she lingered in the front row, especially in the deciding fourth set. With two kills in short succession, the Oaks had a 23-20 lead and the Rustlers felt the pressure against them on the road.

"We're a really young team and we're learning to play aggressively, so I was really excited with what I saw in the fourth set and that we didn't wait for them to make mistakes. We swung hard when the game was on the line," said Heinrichs.

In fact, after registering nine kills in the first two sets, the Oaks doubled their totals in third and reached double digits again in the last set. As a first-year player, it was these characteristics of middle Krystina Wanat that keeps Heinrichs excited for the potential of his squad.

"We've been there before and came out the other end. The five-setter against Grande Prairie, we were leading the whole

way and ended up losing. You gotta take it if you want it and good teams aren't going to back down. And Lakeland is a good team."

Jamie Bain set a terrific match, cleverly playing the defence. She found soft spots to dump over the block and delivered the ball softly for her attackers, Hannah Gorgichuk, Karly Kupka and Joslyn Peters.

The rubber match on Saturday night was another marathon, this time a five-setter but the Oaks couldn't steal the game on the road. Volleyball is a simple game and Heinrichs continues to preach the fundamentals to his team as the grind of the season continues and they battle against top opponents.

"Passing and serving, if you win that battle you win 85 per cent in volleyball. That's just the way it goes."

Men

Devon Klein came to play last Friday for the Oaks and, off the power of his 20 points, painted the court in NAIT colours all night long. Klein's middle swings and back row attacks from position six mixed up the attack and kept the Rustlers guessing en route to a 25-18, 22-25, 25-13, 25-22 win.

The Oaks looked loose on the court to start the game, especially after recently handing the undefeated Keyano Huskies their first loss of the season.

"The message for our guys is to go

out and have some fun before you play a game. You get to play volleyball on a Friday night, that's why you play," said coach Doug Anton.

Six-foot-eight Trevor Zemplak provides the team now with more versatility and made the Rustlers' libero Matt Peck eat a couple in the mouth thanks to his length.

The Rustlers, despite losing the first set, ground out the second and, with a few key blocks, equalled the match 1-1. That turned out to be an aberration, as the Oaks completed two long runs thanks to serving streaks from power Spencer Fisher and setter Mitch Lewington. Fisher's tricky top-spin and Lewington's fluttering float yo-yoed the Rustlers' passers in the backcourt and didn't allow them any consistency. A dominating 25-13 third set put a big dagger in the hopes of the Rustlers.

Power hitter Brayden Griffiths was the only Rustler to figure out the daunting front row blocking of the Oaks and earned player of the game honours because of it. His 13 points kept Lakeland hanging around.

Despite the energy from the Rustlers, the Oaks proved to be the better team and won the match in four sets, earning two more points. The return match in Lloydminster didn't pan out so well, as the Rustlers returned the favour, winning 3-1 in sets. The volleyball teams have a bye this weekend.

ACAC Standings

MEN'S HOCKEY

Team	GP	W	L	RWOTLT	GF	GA	L10	STRK	Pts
NAIT	22	18	4	17	0	0	108	53	7-1 W 4 36
SAIT	22	17	5	15	2	0	87	53	9-1 W 3 36
MacEwan	22	15	7	12	1	0	93	57	5-3 L 2 31
Augustana	22	14	8	13	1	0	82	54	7-2 W 3 29
Red Deer	20	8	11	8	2	1	57	61	2-5 L 4 19
Concordia	22	7	15	6	0	0	65	90	4-6 L 1 14
Portage	22	4	17	4	1	1	65	1210	-8-1 L 2 10
Briercrest	24	3	19	2	2	2	59	1271	-8-1 L 2 10

Results

January 27

NAIT 7, Portage 4

SAIT 3, Red Deer 2

Augustana 6, Briercrest 0

January 28

NAIT 9, Portage 2

Augustana 4, Briercrest 1

SAIT 4, Red Deer 1

WOMEN'S HOCKEY

Team	GP	W	L	RWOTLT	GF	GA	L10	STRK	Pts
Red Deer	20	12	8	12	3	0	51	39	6-4 W 1 27
NAIT	18	12	6	11	1	0	54	42	5-5 L 1 25
MacEwan	20	12	8	12	0	0	46	33	5-4 L 1 24
SAIT	20	8	12	5	0	0	47	51	7-3 W 2 16
Olds	18	4	14	3	1	0	32	65	2-8 L 5 9

Results

January 26

SAIT 3, Olds 2

MacEwan 6, Red Deer 3

January 28

Red Deer 1, MacEwan 0

SAIT 4, Olds 1

MEN'S BASKETBALL

North Division

Team	GP	W	L	Pts	PF	PA	L10	STRK
x-Concordia	18	16	2	32	1420	1197	6-0	Won 14
x-NAIT	18	14	4	28	1406	1292	5-3	Won 1
Lakeland	18	11	7	22	1290	1217	5-4	Lost 1
Augustana	16	8	8	16	1179	1242	3-5	Won 1
Gr. Prairie	16	5	11	10	1201	1221	3-7	Won 1
Keyano	18	5	13	10	1307	1395	3-5	Lost 1
King's	20	3	17	6	1413	1652	1-9	Lost 5

South Division

Team	GP	W	L	Pts	PF	PA	L10	STRK
Lethbridge	13	10	3	20	1052	881	5-1	Won 2
SAIT	13	10	3	20	1142	1082	5-2	Won 3
Medicine Hat	13	10	3	20	962	798	5-1	Won 2
Red Deer	15	9	6	18	1342	1238	4-6	Lost 2
Briercrest	13	5	8	10	948	1030	3-7	Lost 2
Ambrose	13	5	8	10	1018	1020	4-6	Won 4
Olds	13	3	10	6	972	1150	2-8	Lost 6
St. Mary's	15	2	13	4	1115	1352	2-5	Lost 4

x - clinched playoff spot

Note: Medicine Hat forfeits two games:

Nov. 4 - Briercrest at Medicine Hat

Nov. 5 - Medicine Hat at Lethbridge

Lakeland forfeits one game:

Nov. 18 - Concordia at Lakeland

Results

January 27

Lakeland 75, NAIT 72

MHC 90, Olds 45

Ambrose 74, Briercrest 56

SAIT 81, St. Mary's 76

Keyano 82, Augustana 75

Concordia 80, King's 60

Lethbridge 79, Red Deer 78

January 28

NAIT 74, Lakeland 70

Augustana 74, Keyano 64

Lethbridge 86, Red Deer 77

Ambrose 87, Briercrest 69

Medicine Hat 97, Olds 65

SAIT 108, St. Mary's 105

Concordia 78, King's 56

January 21

Grande Prairie 79, NAIT 71

Concordia 84, Keyano 74

Red Deer 99, Medicine Hat 96

Briercrest 85, St. Mary's 81

Ambrose 90, Olds 79

Augustana 92, King's 82

SAIT 77, Lethbridge 66

WOMEN'S BASKETBALL

North Division

Team	GP	W	L	Pts	PF	PA	L10	STRK
NAIT	18	17	1	34	1339	934	8-0	W 12
Concordia	18	14	4	28	1191	998	6-2	W 4
Keyano	18	10	8	20	1178	1095	2-4	W 2
Lakeland	18	9	9	18	1099	1064	4-6	L 2
Augustana	16	7	9	14	971	1003	4-5	L 2
King's	20	5	15	10	1004	1285	3-7	L 4
Gr. Prairie	16	0	16	0	714	1117	0-10	L 16

South Division

Team	GP	W	L	Pts	PF	PA	L10	STRK
Lethbridge	11	11	0	22	932	540	8-0	Won 11
St. Mary's	13	10	3	20	1074	782	8-2	Won 6
SAIT	11	7	4	14	677	702	5-3	Lost 3
Med. Hat	11	6	5	12	759	718	5-5	Lost 1
Red Deer	13	5	8	10	856	909	3-6	Won 1
Olds	11	3	8	6	733	820	3-5	Won 1
Briercrest	11	2	9	4	613	913	2-8	Lost 6
Ambrose	11	2	9	4	607	867	2-8	Lost 1

Results

January 27

NAIT 62, Lakeland 49

Lethbridge 83, Red Deer 53

Keyano 59, Augustana 55

Medicine Hat 75, Olds 50

Concordia 73, King's 49

St. Mary's 60, SAIT 53

Briercrest 36, Ambrose 27

January 28

NAIT 88, Lakeland 51

Ambrose 69, Briercrest 58

Lethbridge 66, Red Deer 50

Keyano 62, Augustana 47

Medicine Hat 79, Olds 60

Concordia 73, King's 49

St. Mary's 63, SAIT 49

MEN'S VOLLEYBALL

North Division

Team	MP	MW	ML	SW	SL	L10	STK	PTS
Keyano	20	19	1	58	9	7-1	W 2	38
King's	20	14	6	50	27	7-2	W 1	28
NAIT	20	10	10	38	40	4-2	L 1	20
Augustana	18	7	11	29	41	1-4	L 4	14
Lakeland	18	6	12	21	40	3-7	W 1	12
Grande Prairie	18	6	12	28	41	1-5	W 1	12
Concordia	18	4	14	20	46	2-4	L 1	8

South Division

Team	MP	MW	ML	SW	SL	L10	STK	PTS
Medicine Hat	18	15	3	49	15	6-0	W 9	30

Red Deer	18	14	4	48	16	6-2	L 2	28
SAIT	20	14	6	48	32	8-2	W 4	28
Briercrest	18	11	7	36	28	4-3	L 2	22
Lethbridge	18	8	10	36	34	4-6	W 2	16
Ambrose	20	4	16	16	49	2-7	L 2	8
Olds	20	0	20	1	60	0-10	L 20	0

Results

January 27

NAIT 3, Lakeland 1

(25-18, 22-25, 25-13, 25-22)

Lethbridge 3, Olds 0 (25-18, 25-15, 25-22)

SAIT 3, Ambrose 0 (25-20, 25-17, 25-17)

Keyano 3, Augustana 1

(25-18, 25-18, 17-25, 25-17)

Concordia 3, King's 1

(20-25, 26-24, 25-18, 25-17)

Medicine Hat 3, Briercrest 1

(25-19, 23-25, 25-23, 25-14)

January 28

Lakeland 3, NAIT 1

(24-26, 26-24, 25-21, 26-24)

Keyano 3, Augustana 1

(25-19, 25-22, 21-25, 25-20)

Medicine Hat 3, Briercrest 0 (31-29, 25-21, 25-17)

Lethbridge 3, Old 0 (25-19, 25-16, 25-14)

King's 3, Concordia 1

(25-17, 25-27, 25-18, 25-19)

SAIT 3, Ambrose 1

(25-11, 25-22, 18-25, 25-12)

WOMEN'S VOLLEYBALL

North Division

Team	MP	MW	ML	SW	SL	L10	STRK	PTS
King's	20	18	2	54	11	6-0	W 13	36
Gr. Prairie	18	14	4	46	20	7-3	W 2	28
Lakeland	18	13	5	43	22	7-3	W 1	26
NAIT	20	11	9	43	33	6-2	L 1	22
Keyano	20	6	14	24	48	3-7	L 3	12
Augustana	18	4	14	19	45	2-8	W 2	8
Concordia	18	0	18	4	54	0-6	L 18	0

South Division

Team	MP	MW	ML	SW	SL	L10	STRK	PTS
Briercrest	18	17	1	52	12	10-0	W 12	34
Red Deer	18	15	3	50	19	10-0	W 10	30
SAIT	20	15	5	51	24	8-2	W 2	30
Ambrose	20	7	13	30	48	3-7	L 3	14
Lethbridge	18	6	12	27	41	3-7	W 2	12
Olds	20	5	15	20	50	2-8	L 2	10
Medicine Hat	18	1	17	16	52	0-10	L 11	2

Results

January 27

NAIT 3, Lakeland 1

(25-19, 23-25, 27-29, 21-25)

Lethbridge 3, Olds 0 (25-14, 26-24, 25-21)

King's 3, Concordia 0 (25-20, 25-11, 25-22)

Briercrest 3, Medicine Hat 0 (25-23, 25-21, 25-21)

Augustana 3, Keyano 0

SAIT 3, Ambrose 1 (22-25, 15-25, 25-23, 22-25)

January 28

Lakeland 3, NAIT 2

(25-12, 25-21, 17-25, 21-25, 15-8)

Augustana 3, Keyano 1

(25-23, 18-25, 25-18, 25-22)

Lethbridge 3, Olds 1

(25-15, 18-25, 25-17, 25-19)

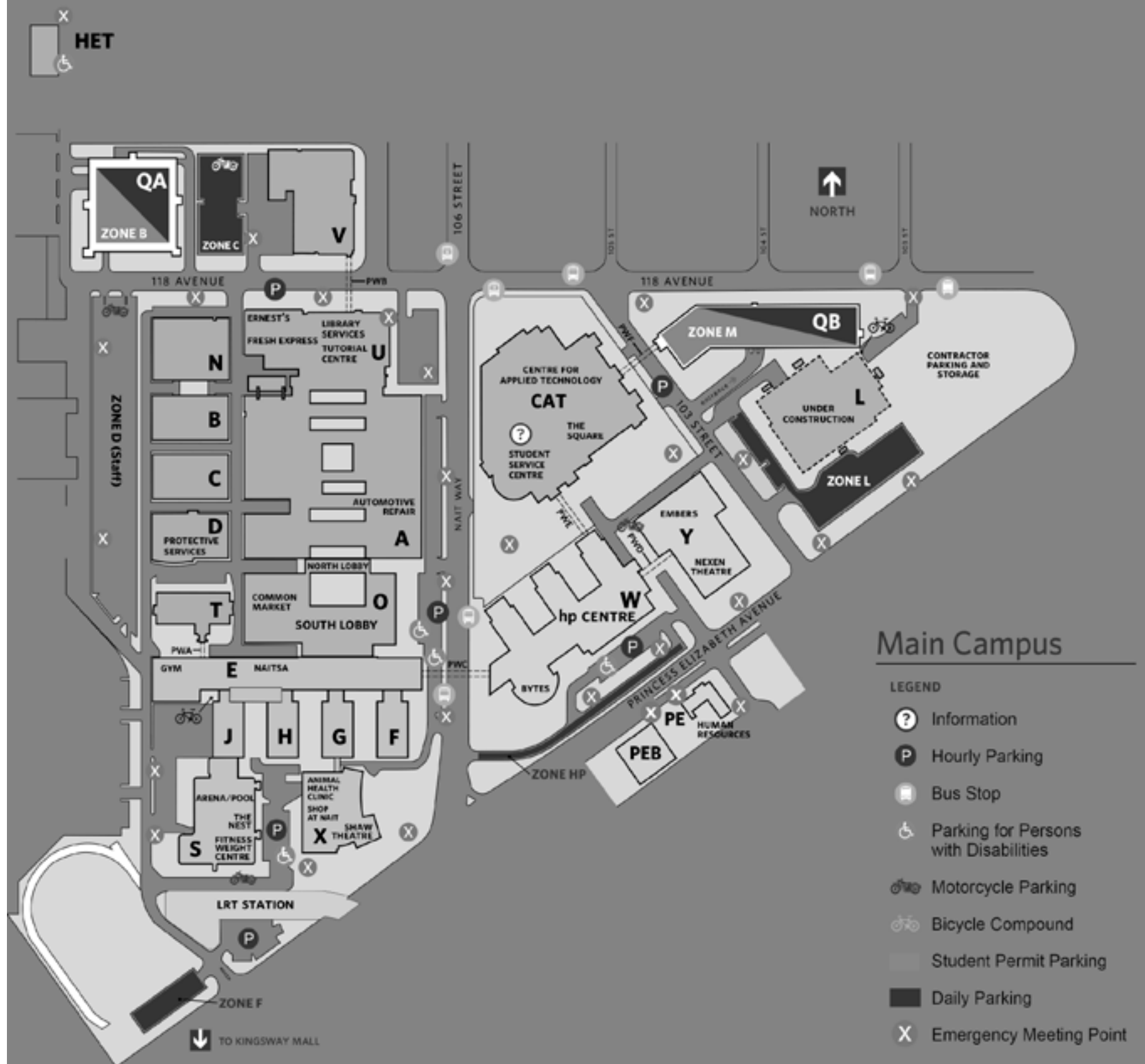
Briercrest 3, Medicine Hat 1

25-19, 24-26, 25-15, 25-22

King's 3, Concordia 0 (25-12, 25-21, 25-19)

SAIT 3, Ambrose 0 (25-23, 25-16, 25-20)

NAIT Main Campus Map



ENTERTAINMENT

Special play on special day



BRENDAN CHALIFOUR
Entertainment Editor

Valentine’s Day is just around the corner yet again ... have any plans? It really is hard to forget about this one because it seems as though stores everywhere began stocking the red heart-shaped boxes of chocolates and decorations just days after Christmas! But even if you do remember to plan a special date night, you might be asking yourself, “What can I do to make this extra special?” I’ve got a few ideas of what the two of you can do on this special day.

Last fall, NAITSA organized a “How to: Cook Italian” cooking class at Sorrentino’s. We headed straight into the kitchen with a chef to lead us in good techniques and to a pantry full of quality ingredients.

Then we got started! Cooking authentic Italian dishes from scratch was fulfilling and delicious! This event was a lot of fun to do with my fellow NAIT students but would also make for a great date! Sorrentino’s hosts regular cooking classes featuring world dishes. Visit sorrentinos.com/cooking-classes for more information.

Ice Castles are back in Edmonton, bigger (almost twice the size), brighter and more fun! If you didn’t get a chance to go last year, you must take up the offer while you still can as they are open, weather permitting. Walking through the ice hallways

and atriums is an indescribable experience. When I was in Europe last summer, a few Australians I met there could not believe we had a real life, full-sized castle made out of ice. I showed them pictures for proof and they said “It’s just like in the movie *Frozen*!” These castles are absolutely amazing and can amaze couples of any age.

Another, very traditional option is the dinner date. Take them to that restaurant they’ve been hinting at or try out a new one that features their favourite cuisine. Valentine’s Day falls on a Tuesday this

year, so make sure to book your reservation ahead of time. Or, if you want to skip the lines, why not eat in? Perhaps nothing is more romantic than a candlelit dinner at your place. Not a great chef? That’s fine, decide on a simple entrée and accompany it with some pre-prepared appetizers. Serve up some cocktails and hit play on your romantic playlist.

These are just a few ideas and, remember, it’s alright to break out of the boundaries of Valentine’s Day tradition. Feel free to get creative, be unique and surprise!



Timescity

February event list

10-16 | EXECUTIVE COUNCIL & U-PASS REFERENDUM VOTING PERIOD

2 | SPEED DATING

6 | ART AFTER DARK @ NEST

7 | FREE FOOD: EVENING STUDENTS

8 | HOW TO: TERRARIUM WORKSHOP

9 | DIRTY BINGO @ NEST

13 | FREE FOOD: PATRICIA

14 | FREE FOOD: SOUCH

15 | WELLNESS WEDNESDAY

16 | COUPLES KARAOKE

NAITSA CLOSURES

20 | FAMILY DAY

FOR MORE INFORMATION ABOUT ANY OF THE EVENTS LISTED, CHECK OUT NAITSA.CA

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FOR YOUR LISTENING PLEASURE ...

\$3.99 mixtape ...By **CARRIE HUMBKE**

Hello everyone! I know it is hard and painful to be back to school again but 2017 should be a better year! Here are 12 songs that come with a month, so enjoy!

- January – Disclosure feat. Jamie Woon
- February Air – LIGHTS
- March to The Sea – Twenty One Pilots
- April Come She Will – Simon and Garfunkel
- Mayday – Cam
- June – Wild Belle
- July Bones – Richard Walters
- August – No Vacation
- Wake Me Up When September Ends – Green Day

- October – George Ogilvie
- November Skies – Carnage, Tomas Barfod, Nina Kinert
- Back to December – Taylor Swift



Genius



twenty one pilots fansite



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GAMING

Lots of games on the way

By GERVASE BRANCH-ALLEN

Early this year, video game players will have many cool-looking games to choose from. At the time of this writing, these games are all slated to release between February and May.

In *Nioh*, players will take control of a samurai named William as he battles supernatural threats in a fictionalized 1600s. This action role-playing game features hack and slash combat, various items and co-operative multiplayer. *Nioh* is planned to release on Feb. 7 for PlayStation 4.

Horizon: Zero Dawn is an open world action role-playing game from *Killzone* developer Guerilla Games. This game features a unique blend of technology, nature and a variety of impressive weapons. *Horizon: Zero Dawn* is planned to release on Feb. 28 for PlayStation 4.

A lot to offer

With the launch of Nintendo's latest console, the Nintendo Switch, *The Legend of Zelda: Breath of the Wild* will finally be available on March 3 for Wii U. Full voice-acting (excluding Link), powerful new items, 100 shrines and an enormous open environment are just the start of the features this game has to offer.

Nier: Automata is set in a dark atmosphere as 2B, a female android, and other characters battle deadly machines in a war for humanity's survival. This action-packed title features melee combat and shooting gameplay. *Nier: Automata* is planned to release on March 7 for PlayStation 4.

10th anniversary

This year is the 10th anniversary of the *Mass Effect* series and the Edmonton-based video game company BioWare definitely has plans to celebrate the milestone. The latest title *Mass Effect: Andromeda* brings an open world environment to the space-based RPG shooter series with new skill options and an all-terrain vehicle. *Mass Effect: Andromeda* is planned to release on March 21 for PlayStation 4, Xbox One and PC.

RESTAURANT REVIEW

First time at 1ST RND ...

By JENNIFER RAE

So, I sat down for a round with Bobby Orr the other day ... wait ... what? Oh sorry, Bobby Orr the drink. This is a lovely little virgin cocktail that is on the menu at the 1ST RND, a sports bar that has locations in West Edmonton Mall and on the east side of Oliver Square at 104 Avenue and 112 Street. Both spots are former Hudson's Taphouse addresses.

I stopped in to the Oliver Square location in the middle of the afternoon on a weekday. The décor is modern and sleek with big windows and lots of squared off corners, which define seating areas of various sizes. You can't forget this is a sports bar because wood and sports-themed decorations are as prevalent as the large screen TVs. I can imagine they have a nook for any get-together from a couple of guys hanging out to watch a game to an after-work party with the "whole gang." I pretty much got the impression that is more the focus than the food.

The menu is pretty standard with wings and chicken fingers, burgers and poutine. Beer and international beer and beer cocktails and ... other beer,



Persona 5 is the highly anticipated next installment in the *Persona* series. Like previous titles, players take control of a high school protagonist as they partake in activities, explore dungeons and battle Shadows (suppressed psyches) with their friends in turn-based battles. *Persona 5* is planned to release on April 4 for PlayStation 3 and PlayStation 4.

Yooka-Laylee is a spiritual successor to the classic 3D platformer series *Banjo-Kazooie*. Collectables, challenges and multiplayer bring back the nostalgia of late '90s/early 2000s platformers. *Yooka-Laylee* is planned to release on April 11 on PlayStation 4, Xbox One, Linux, MacOS and PC, as well as the Nintendo Switch on an unspecified date.

Prey is a first-person shooter which requires players to fend off aliens on a space station. This re-imagining of the 2006 game of the same name borrows elements of the *Dishonored* series with a large sprawling environment to explore instead of a variety of missions. *Prey* is planned to release on May 5 for PlayStation 4, Xbox One and PC.

Injustice 2 is the sequel to *Injustice: Gods Among Us*, featuring a variety of new characters such as Supergirl, Atrocitus and Robin alongside fan-favourites Superman, Wonder Woman and Batman. A new story and gear upgrade system are just part of the experience the game promises to offer. *Injustice 2* is planned to release on May 16 for PlayStation 4, Xbox One, Android and iOS.

Fire Emblem Echoes: Shadows of Valentia is a remake of the Japan exclusive *Fire Emblem* title, *Fire Emblem Gaiden* with expansive dungeons, cut scenes and full voice acting. *Fire Emblem Echoes: Shadows of Valentia* is planned to release on May 19 for Nintendo 3DS.

Of course, there are plenty of other great upcoming games that I haven't mentioned such as *Arms*, *Dragon Quest Heroes II*, *For Honor*, *Night in the Woods*, *Sonic Mania* and *Strafe*. If you're looking for something fun to play, there's surely a great game for you coming out in the next few weeks and months.

well, you get the pitcher ... (get it, pitcher?). What stands out is the little section of the menu called Minor League. I was having a hard time deciding what I wanted besides a place to sit down, have a drink and plan the rest of my



Photo by Jennifer Rae

day. At 3 in the afternoon a bit of nosh was needed and a refreshing beverage, so alcohol and fried food were kinda not worth the calories. The bartender was very gracious and let me have a good look at the menu but was also right at hand when I'd made my choice.

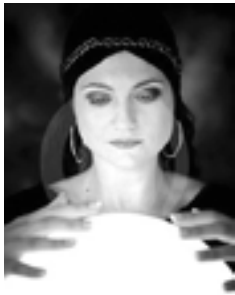
Eureka! The choices in the Minor League are smaller meal selections meant for kids. So there I found a grilled cheese sandwich served with fries for \$8.75, add to that the Bobby Orr – a healthy mix of orange and cranberry juice with a splash of sprite for \$3.25 – and I had myself a little bite to eat for under \$15.

The grilled cheese was indeed white bread with cheese melted between it, fairly generously buttered on the outside and served at the requisite warm gooey stage. The fries were decent, the drink refreshing. Basically, it is what it is and nothing much more.

I can imagine this is a great unpretentious spot for the guys to hang out and do their thing without worrying about impressing the boss or anyone else. The prices aren't overdone, either. Check it out at 1strnd.ca.

THE NUGGET PRESENTS:

HOROSCOPES


MADAME O
February 2-8

(Warning: These Nugget horoscopes are not written by an accredited astrologer.)

Aquarius (Jan. 20-Feb. 18)

Focus on doing your best rather than working to impress. The planets show that the former will get you noticed and the latter will only frustrate you as those in the know will see through your smokescreen.

Pisces (Feb. 19-March 20)

Making decisions based on what

is easy will keep you and your results in an average place. To stand out from the crowd, set your goal based on what will give the best result and find the simplest path to achieve that outcome.

Aries (March 21-April 19)

Have confidence in your plans and be flexible in their application. As long as you know where you are going, the obstacles you encounter will be surmounted if you adjust your plans to suit current circumstances.

Taurus (April 20-May 20)

Mercury's position is suggesting you be wary of anyone who suggests you owe them time, money or energy right now. True friends are as respectful of your schedule as they are of their own.

Gemini (May 21-June 21)

If you're a bit confused, relax and let the universe unfold. The actions going on behind the scenes are currently in your best interest. As long as you keep a positive thought regarding best outcomes, all will be well.

Cancer (June 22-July 22)

Trust is at the forefront of the planetary alignments. Be wary of those who say they have everything well in hand. They may think they are being reassuring when, in fact, they are creating a false sense of security as they do not have all the information.

Leo (July 23-Aug. 22)

Opportunities are neither good nor bad. A little research into any current offers will help identify the ones to take advantage of and the ones you need to reject. If strings are attached, it might be wise to pass.

Virgo (Aug. 23-Sept. 22)

Perseverance is to be admired but it is also important to know when to admit defeat. No matter how much effort has gone into a project or how cherished the idea is behind it, now may be the time to put it on a back burner if not give up on it outright.

Libra (Sept. 23-Oct. 22)

Anger is to be expected when people let you down. You may be angry with yourself for trusting them or you may feel that they have not respected

a commitment to you. The anger is a red flag letting you know that next time a different choice may be necessary. It is never wise to act when angry. Figure out the reason and let it go.

Scorpio (Oct. 23-Nov. 21)

It may be tempting to point out when colleagues or friends are wrong. However, it is good to let them figure it out for themselves. They won't appreciate criticism, no matter how constructive.

Sagittarius (Nov. 22-Dec. 21)

Being adventurous can be fun when Saturn and the moon are positioned for it. Now is a very good time to set a plan and stick to it. Work and school and even social time will benefit from the structure.

Capricorn (Dec. 22-Jan. 19)

It is never easy telling a friend or family member what they need to hear. It is important for your relationships that you stick to speaking what you understand will be for their well-being. While they may not like to hear it and may well avoid you for a bit, they will come to know you for the true friend you are.

WEEKLY SPECIALS

\$7 FOOD SPECIALS		\$4.50 DRINK SPECIALS <small>*All liquor served is 1 oz</small>	
MONDAY Nest of Wings	MONDAY Fireball Shot		
TUESDAY Taco Trio	TUESDAY Crushed Ice Margarita		
WEDNESDAY Classic Poutine	WEDNESDAY Lamb's Rum Hiballs		
THURSDAY Pepperoni Pizza Bites	THURSDAY Flavoured Absolut Vodka		
FRIDAY Daily Soup Cup & Garden Salad	FRIDAY Bottle Pilsner		

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ALL SPECIALS AVAILABLE WHILE QUANTITIES LAST. DINE IN ONLY.

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*Nest Taphouse Grill is here to serve the NAIT community!

FROM THE KITCHEN

Ultimate quinoa crust pizza

By HANA LAVERICK
Instagram: @hanalaverick

Everyone has days where it is just a dorito-eating, chocolate-binging lazy kind of day. I don't know about you but that was my weekend in a nutshell. At the start of the week I was in a bleh mood, thinking why did I eat all of that? Did I regret it at the time? Not really, it was delicious. But there is definitely a thing called balance! I tell myself that every time I find myself getting a little out of control! But this is why I love to cook; everything doesn't have to be smothered in butter and coated in salt to taste good. There is balance in cooking, too, which leads me to introduce to you one of my favourite recipes – quinoa crust pizza! I found this recipe on Pinterest and every time I have made it, it has never let me down! Usually making healthier pizza crust is such a chore. There are so many steps to getting good dough, it can be very time consuming. What I enjoy about this recipe is that it only requires five ingredients and it can be made in your blender. You just blend it up, pour it in your pan and bake. Although my pizza had simple toppings, there are always endless possibilities as to what you can put on your pizza. Now this is what I like to call a healthy balance.

Ingredients

The crust:

- ¾ cup quinoa
- ¼ cup water
- ½ tsp. baking powder

- ½ tsp. salt
- 2 tbsp. olive oil

Optional toppings:

- ½ cup tomato sauce
- ½ cup Daiya mozzarella style shred

and goat cheese

- Fresh herbs
- Red pepper flakes

Instructions

1. Soak the quinoa in one inch of water and soak for six to eight hours (or overnight)
2. Once you're ready to make the crust, preheat oven to 425° F. Line a nine-inch cake pan with parchment paper and drizzle one tablespoon of oil in the centre. Spread around with your hands until evenly coated and set pan aside.
3. Drain quinoa and add to a blender. Add water, baking powder, salt and remaining olive oil and blend on high until smooth and creamy.
4. Pour batter into prepared pan and bake for 15 minutes. Remove, flip and return to oven baking for another 10-15 minutes until browned and edges are crispy.
5. Top with sauce, cheese and any other toppings you'd like and bake for 12-15 minutes until cheese has melted and started to brown.
6. Remove, let cool for a few minutes in the pan, transfer to a cutting board and slice.
7. Garnish with herbs, pepper flakes, grated cheese, etc., and serve immediately.



Photo by Hana Laverick

THROWBACK THURSDAY

Memories of happy times

By GERVAISE BRANCH-ALLEN

This Throwback Thursday is a little bit more serious than usual. I'm throwing back to happiness. Many people are struggling in this day and age with racism, sexism, financial issues, mental illness and ailing health. It's becoming harder to see a bright future ahead for many people.

As children, many of us, including myself, were pretty carefree. We weren't worried about the problems of the world and, for the most part, we didn't have major problems in our life. Those really were the good old days. Running around in the park, playing games, enjoying recess, celebrating birthdays and holidays with gifts or playing with toys. I could go on.

Even during our youth as teens or young adults (depending on your age), there were plenty of good moments many of us can look back at and feel happy. One of my favourite memories as a kid was finding my favorite stuffed animal after it had been lost for many years.

My stuffed animal, named Bunny, has been in my life for as long as I can remember and helps remind me of happier times. When I feel sad or lost in life, I remember my childhood and who I was in the past. Bunny definitely takes me back to my earliest memories and pulls out my character.

Another amazing moment I had as a teenager was my relationship with a wonderful classmate of mine. Both of us enjoyed drawing, though she was much better than me. She was an actual artist (in my opinion) whereas I just draw occasionally for fun.

During a gymnasium presentation, the presenter came to my high school to help students connect with one another and relate to each other. By the end of the day, people were crying happily because people better understood their feelings.

At the same time, one person was also crying sadly because a student apologized to her for bullying her when they were children. That was an especially emotional moment and I truly felt for her as her friends put their arms around her and held her close.

What really surprised me is that my special friend, Emilie, gave me a shout-out during that event, thanking me for our friendship, for drawing pictures for her and being a nice friend. I was so absolutely surprised. I didn't expect anyone to mention me at all. I was so happy words couldn't describe. I haven't seen her in years but she truly made my high school experience, which wasn't really great otherwise.



Photo by Gervaise Branch-Allen

Long lost "Bunny"

While the futures for many of us seem less than ideal, I truly hope everyone who is going through hard times can remember all the happiness they've experienced (whether that is a lot or a little). Reminiscing over better days can definitely cheer you up and there are many other great experiences we can have, from seeing a fantastic movie to

going on an uplifting hiking trip. No matter what your life is like right now, I'm sure you'll want to make more great memories. Mistakes, sorrow and pain from the past doesn't have to be a part of your future. Just enjoy what you do have, work towards being a better you and make sure you enjoy life along the way.

Tips for presentations



TIMELY TIPS

MARGARET MAREAN
NAIT Student Counselling

It isn't easy presenting in front of a classroom of peers, and it is not uncommon to think that public speaking is more difficult for you than for anyone else. In reality, almost no one is a "natural" public speaker. Other students empathize with how you feel and want you to succeed.

Preparing your talk:

□ Choose a topic that you are interested in. Usually you will have some choice in the topic, so take the time to choose something you can get passionate about.

□ Think about your audience. Knowing who they are and what they might hope to get out of your presentation will be a key component for choosing effective material.

□ Research the material thoroughly.

□ Create an outline of key points, and then organize these into topics and subtopics.

□ Prepare an interesting introduction. The opening should clarify your topic and why it is important. Using a personal story, humour, or a quote hooks the audience in and makes them more interested in what is coming next.

□ Make cue cards or a PowerPoint presentation. Reading out a speech or having every word written on a PowerPoint is not very effective, but it is important to have cues that will remind you of your main points.

□ Use visuals to move the focus away from you. Posters, PowerPoint, handouts, charts, graphs, pictures or objects focus attention away from you

and give the audience something interesting to look at. Don't overwhelm the audience with too many visuals though.

□ Prepare a dynamic conclusion. This is the time to sum up your points, present your conclusion and end with something that makes your speech memorable.

□ Practise. Going through your speech out loud is really valuable. You can monitor your time, clear up any areas that don't flow well, practice projecting your voice and iron out any areas that you might stumble over. The more you practise the more confident you will become. Speaking too softly and/or too quickly are the main criticisms of new speakers – practising out loud several times, ideally at least once in front of friends or family members, can help with this. Videotaping yourself can be a really valuable way to evaluate changes you might want to make and to watch for distracting phrases such as 'uh', 'kinda', 'like' ...

□ Think ahead about possible questions from the audience and how you will answer them. Remember, though, that you can't prepare for every question and if you don't know the answer you can tell the audience that you will think about the question and let them know later. Another option is to throw the question back to the audience by asking "Good question. What do the rest of you think about that?"

□ Consider booking with a counsellor at Student Counselling to learn some relaxation techniques that will help before and during your presentation.

Before your presentation:

□ Get enough sleep, eat properly, and do something to relax such as deep breathing or going for a brisk walk.

□ Visualize yourself presenting clearly, calmly and confidently.

□ Take along a bottle of water. This helps with the dry mouth that often accompanies anxiety. In addition, taking a moment to sip some water can help you get your thoughts organized if you get flustered.

□ Expect and accept that you will be nervous. Recognize that even seasoned speakers feel anxious before they speak, and that you will be much more aware of your nervousness than the audience is.

As you are speaking:

□ Start with a deep breath and smile at the audience. Make eye contact with some people that you feel comfortable with. (If looking at people makes you uncomfortable speak to the wall just above their heads, or visualize them all as pumpkins or clowns).

□ Speak slowly, changing the pace to add interest. Most new speakers talk much too quickly. Make a conscious effort to speak more slowly than seems normal. It can be helpful to write reminders to slow down on your cue cards or notes.

□ Speak loudly, clearly and confidently. New speakers tend to end statements as questions as if they are unsure of their material. Remember, you are the "expert" on your topic. You have done the research and know more about it than the audience.

□ Show enthusiasm about your topic. Enthusiasm is infectious!

□ Don't be afraid to pause. Pauses seem much longer to the speaker than to the audience. Take a moment to sip some water or take a deep breath if you get flustered.

□ Keep your audience interested by interspersing anecdotes, unusual details or questions for them to think about.

□ Don't focus on changing your movements or gestures. Be you! If you talk with your hands don't try to bury them in your pockets. If you move around in front of the audience or, if you don't, that's OK.

□ After your presentation, evaluate. Assess what went well and what you could improve. Be gentle with yourself but always strive to learn from your experience.

Remember, being over-prepared and practising are your best defences against being too nervous. The more public speaking experience you get, the more confident you will become.

Joining a Toastmasters or similar group that will provide practice in public speaking is a great way to gain skills and practice.

Counsellors at Student Counselling are available to help you with any personal or academic concerns that may be interfering with your success at NAIT. All counselling is free and confidential.

• **Main Campus:** Counsellors are available from 8-4:30 Monday to Friday, with extended hours, 7:15-5:15, on Thursdays. Call 780.378.6133 or come in person to Room W-111PB, HP Centre.

• **Souch Campus:** A counsellor is available on Thursdays. Book by calling 780.378.6133 or in person in Room Z-153.

• **Patricia Campus:** A counsellor is available Tuesdays. Book by calling 780.378.6133.

Poetry Corner

Suspension

Watercolour birds
flying still, as the tide
crashes
against the canvas –
noiseless. Silent
red balloon drifting
towards nothing. Nothing
past the texture of the edge.
The world drops

off where the red wine
drips; the room
left dark, the light
left dim,
a sad reminder
of what once was,
of what stillness is –
a deafening silence.
Watercolour birds flying toward
nothing.
A red balloon drifting
nowhere.
An empty glass,
and a forgotten painting,

and a dark room.

– By Erin Spiller

Are you feeling pressured and stressed?



Mindfulness & Meditation for NAIT Students is a free short course that offers skills to decrease your stress and help you find more satisfaction in your daily life. Hosted by NAIT Counselling Centre.

For details, visit:
mindfulness.atspace.cc

or email:
sandrad@nait.ca

What's on ...

By NAVGEET KAILAY

Evening Student Event

Feb. 7 – 5:30-6:30 p.m.
HP Centre – Computer Commons
Free

Are you taking evening courses and missing out on some of NAIT's campus culture? Pop by this evening event, enjoy some food from the Nest and meet some fellow evening students.

...

How to Make a Piñata!

Feb. 6 – 1:00 p.m. to 4:30 p.m.
Venue: W-101
Free

Join NAIT's International Centre for some festive fun this week and learn how to make a colourful piñata!

...

Ooks On Ice

Rogers Place
Tickets: \$5

Spend an afternoon zipping around on skates! Registration begins at 3 p.m. Students will travel as a group to Rogers Place via the LRT. Participants will get a Skating 101 presentation, be fitted for

helmets and skates, and then hit the ice!

Ice Castles

Until March 15
William Hawrelak Park

Tickets: Available online or standby at the door. Check online for details.

Icecastles.com/edmonton

Back for a second year, the Ice Castles are a wonderful way to experience the magic of winter. Make sure you wear boots, take photos and try to buy your tickets in advance!

...

Ice on Whyte – Ice Carving Festival

Feb. 2-5
End of Steele Park, Gateway Boulevard (103 Street) and Tommy Banks Way.

General Admission \$7.50, children's admission and family passes available. Ticket details at iceonwhyte.ca

Admire the work of professional ice carving artists from around the world. Learn how to create your own ice carving, enjoy a hot beverage or craft beer and live music and take a slide down the giant ice slide. There's lots of winter fun to be had!



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We are the Naitsa Service Hub!

WHAT DO WE OFFER?

The NAITSA Service Hub is here to make your time as a NAIT student easier. Come to us with all your questions about the Health & Dental Plan, U-Pass, Food Centre or Emergency Short Term Loans.



EMERGENCY SHORT TERM LOAN (ESTL) PROGRAM

Eligible credit students facing unforeseen financial emergencies may qualify for a small 30 day loan from the NAIT Students' Association. For more information, come in to the NAITSA Service Hub or email estl@nait.ca

FOOD CENTRE

Hunger should not be a barrier to your education. Come to the NAITSA Service Hub in E131, or fill out your hamper intake form online at naitsa.ca/food-centre. Contact foodcentre@nait.ca for more information.

HEALTH & DENTAL

NAITSA has worked to design a reasonably priced health and dental plan to give students peace of mind. For more information about your coverage please visit mystudentplan.ca/nait or contact studentplans@nait.ca

THE DEADLINE TO OPT OUT OR ADD FAMILY IS SEPTEMBER 30, 2016.

U-PASS

The U-Pass gives eligible students access to City of Edmonton, St. Albert, and Strathcona County Transit while you're at NAIT! For more information please visit naitsa.ca/upass or email upass@nait.ca

U-PASS IS AVAILABLE IN THE SOUTH LOBBY KIOSK AUGUST 22-SEPTEMBER 16

MON-THUR 8:30AM-6:00PM | FRI 8:30AM-4:00PM

WHAT'S GOING ON AROUND CAMPUS

WEEKLY CLUB MEETINGS

To get involved please visit www.naitsa.ca/clubs/current-clubs/

WHO	WHEN	WHERE
International Club Film Series: From Books to Film	Fridays, Sept 8, 2016-April 7, 2017 2:00pm-4:00pm	Stanley A. Milner Library
Crafting Club Weekly Crafting	Thursdays, Dec 8, 2016-April 30, 2017 5:00pm-10:00pm	Room X-105
NSC Super Smash Bros Meetups	Thursdays, Jan 5-April 13, 2017 5:00pm-10:00pm	CAT 191
Civil Club Meeting	Tuesdays, January 3-April 18, 2017 4:00pm-6:00pm	CAT 316
Anime Club SNACTime – Weekly Hangout	Fridays, January 13-April 14, 2017 4:30pm-8:45pm	CAT 276

UPCOMING CLUB EVENTS

WHO	WHAT	WHEN	WHERE
EDSS	James Richards Workshop	Fri, Jan 13, 2017 4:00pm-7:00pm	Room X-111
Crafting Club	Craft-A-Thon	Fri-Sun, Feb 24-26, 2017 All Day	17421 94 Avenue NW
Caribbean Club	Bake Sale	Jan 19-20, 2017 11:00am-1:00pm	HP 2nd Floor
Caribbean Club	Bake Sale	Jan 19-20, 2017 10:00am-1:00pm	CAT Main Street
BTech	Project Management Institute Seminar	Jan 24, 2017 4:30pm-6:00pm	CAT191



NAITSA CAMPUS CLUBS CENTRE

**VISIT THE
CAMPUS CLUBS CENTRE**

Room E-125, NAIT Main Campus
780.471.8457 | 780.471.8871
naitsa.ca/naitsa-clubs

Check out the Clubs Website for other
upcoming Important Clubs Dates

get your **vote** on!

watch
candidate
videos online
@ naitsa.ca

VOTE FOR YOUR EXECUTIVE COUNCIL

representatives

vote online using your NAIT student portal
february 10 - february 16 @ 4pm

info stations

february 15 @ 4pm - 7pm

NAITSA office (E-131) | South Lobby Kiosk (Main Campus)
HP Centre (1st Floor) | CAT Building

info stations

february 16 @ 10am - 2pm

NAITSA office (E-131) | South Lobby Kiosk (Main Campus)
HP Centre | CAT Building
North Cafeteria/Fresh Express (Main Campus)
South Learning Centre/X Wing (Main Campus)
South Campus | Patricia Campus

for more information visit
naitsa.ca/elections

 **STUDENT
ELECTIONS**

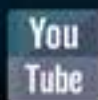
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