

## FCF FRONTIER TREK

The Frontiersmen Camping Fellowship Frontier Trek is designed to advance the art of frontier experimental archeology. As an FCF'er participates in each trek, he will learn more about the trials and lifestyle of those who lived on the very edge of the frontier. Below are some suggested preparation guidelines for participating in a frontier trek. After you have completed at least one overnight trek, you can wear the FCF Frontier Trek patch on your dress uniform, utility uniform or vest.

- 1. Read the book "A Pilgrims Journey" Volume 1 by Mark Baker.
- 2. Develop your own period trekking gear to fit your trekking persona.
- 3. Participate in at least 1 overnight trekking event.

