

JUNIOR LEADERSHIP TRAINING CAMP

*INFORMATIONAL
BOOKLET*

THE UNIVERSITY OF CHICAGO

PHYSICS DEPARTMENT

JUNIOR LEADERSHIP TRAINING CAMP

PURPOSE

To give junior leaders professional training in camping and outpost leadership, plus the opportunity of outstanding fellowship and adventure in the out-of-doors. Also, to inspire these boys to see the great value of Royal Rangers and how they can become more involved in the program.

THE PLAN

The camp will be conducted in an appropriate outdoor camp setting and the trainees will be divided into small groups. These groups will camp together as patrols at individual patrol sites. The participants will live in tents, cook their food over campfire, and will share in camp tasks and leadership responsibilities.

Throughout each day, the group will receive training in various campcraft techniques. Various methods will be used to give each boy the opportunity to demonstrate his knowledge of the instructions he will receive in each training class.

One night during the camp, the group will pack all their camping gear and food and go by patrols on an "overnight backpacking campout." This will give each boy the opportunity to put into practical use the instructions he will have received in camping and campcrafts.

The patrol spirit will be cultivated by encouraging each patrol to make patrol bolo ties, a patrol flag, and to develop a patrol song and yell.

This plan is designed to develop trained leaders, lifetime friendships, and a new vision of the opportunities of service.

ORGANIZATION

The camp will function as one large outpost. The director will become the Outpost Commander. Camp instructors will become Lt. Commanders and Jr. Commanders.

One member of the staff will become Senior Guide and another may become Outpost Chaplain. The camp will be divided into eight-man patrols. The position of Guide and Assistant Guide will be rotated from day to day among the members of the patrol.

The camp will be limited to a maximum of eight patrols (64 boys), excluding the staff. A Jr. Commander will be assigned to each patrol as an advisor.

PATROL NAMES

The following are suggested names for patrols: Fox, Eagle, Bear, Owl, Panther, Bobwhite, Beaver, and Antelope.

ASSEMBLIES

There will be a general assembly every morning in which each patrol will line up in formation wearing specified dress uniform. There will be a flag ceremony and inspection at each of these morning assemblies.

Other assemblies will be called from time to time during the camp for the purpose of orientation and instruction. At each assembly, the patrols are expected to line up in formation with the guide at the head and assistant guide at the end. The signal that will call the group to an assembly will be explained at the beginning of the camp. (This will probably be a hunter's horn.)

DUTY PATROLS

Each day, one of the patrols will be chosen as Service Patrol and another one as Program Patrol. These patrols will be given such responsibilities as flag raising and lowering, blowing horn for assemblies, building and extinguishing council fires, and assisting the staff in general, wherever needed. These responsibilities will be rotated from patrol to patrol.

PERSONAL EQUIPMENT

Each boy is responsible to bring to camp with him the items listed on the personal equipment check list.

GROUP EQUIPMENT

Group equipment, such as tents, cooking gear, and first-aid kits will be supplied by the camp.

UNIFORMS

Each trainee must bring and wear uniform and clothing listed on personal equipment check list. To maintain high standards, no substitutions will be allowed. All rank and special awards must be removed from all uniforms. Only the emblem, name tab, district strip, and collar ornament should be worn on the uniform.

Army fatigue trousers, or other types of work trousers may be substituted for periods when dress uniform is not required. However, Royal Ranger T-shirts, sweatshirts, or jackets should be worn with these trousers. The temperature will regulate which item will be worn.

A special beret with the J.L.T.C. patch will be issued for each boy to wear during camp. The cost of the beret will be included in the registration fee.

CAMP LOCATION

The following features have been considered in selecting a site for a Junior Leadership Training Camp.

1. An area large enough to set up eight patrol campsites of eight trainees each, plus a campsite for the staff.
2. A building large enough for evening sessions or space to pitch a large tent to be used for evening sessions.
3. Sufficient water supply available and conveniently located for cooking, washing, and drinking.
4. If possible, showers and restrooms.
5. An area to hike to for overnight pack trip. It should be at least one mile away and have an area sufficient for eight patrol campsites.
6. An area suitable for council fire services.
7. Located in an outdoor setting which is ideal for camping.

STAFF DUTIES

INSTRUCTORS

Each member of the camp staff will be assigned at least one of the training sessions. Class assignment will be made well in advance of the camp. Each instructor will also have a general knowledge of the subjects being taught by all the other instructors.

In classes that require rotation (four sessions), the instructor will be assigned an assistant. A staff member not teaching during this period will be assigned this duty. The assistant should be prepared to relieve the instructor by teaching one of his sessions, if necessary.

ADVISORS

A staff member will be assigned as an advisor to one of the patrols. His duties include checking to see if the patrol is measuring up to standards in camp layout, camp participation, assignments, and duties. He does not become involved in these activities, however, he simply serves as an "advisor" and answers questions the group might have. Sometimes there is a tendency for the trainees to depend too much on the advisor for assistance and decision. We want the boys to work things out for themselves. Also, they sometimes look to the advisor as another patrol leader. This we want to avoid because they have one of their own patrol members serving in this capacity. To prevent these situations from developing, the advisor will avoid spending too much time at the patrol site. Prior to inspection each morning, he will check the patrol to see if it is ready for inspection. He will also encourage the group to complete patrol projects, such as flag, bolo ties, yell and song.

Some advisors may be tempted to feel possessive or protective toward their patrol. It should be made clear that the role of the advisor is that of an unbiased representative of the complete camp staff.

SUPPLY OFFICER

One member of the staff will be assigned the duty of supply officer. He will be responsible for securing camp equipment and food supplies prior to the camp and will be responsible for distribution of equipment and food supplies during the camp. He will work closely with the camp director prior to and during camp regarding the amount of supplies purchased and distributed.

CHAPLAIN

The chaplain will be basically responsible for presenting a thought for the day at each morning assembly (these devotions should be about 5-8 minutes in length); a ten minute campfire devotion at the first night's council fire (the theme of the council fire will be Frontiersmen and Indians); and an outpost devotion at the model outpost meeting on the second night. This devotion should be a typical outpost meeting devotion about ten minutes in length.

SENIOR GUIDE

The Sr. Guide plays a very important role in J.L.T.C. as the liaison between the trainees and the camp commander. He and the commander will be responsible for periodic inspections of the patrol sites and for personal inspection during the morning assembly. He will conduct the reporting of the patrols at the beginning of each morning assembly and each evening session. He is responsible for the proper formation of the patrols at assemblies and will give instruction to the service patrol on the proper procedure for presentation of colors. He will also conduct the changing of the service and program patrols and will make sure they carry out their responsibilities. He will supervise the changing of the gold bars (Guide and Assistant Guide bars) at the morning assembly and will lead the group in appropriate camp-type applauses at the conclusion of each presentation during the evening sessions and after each stunt during the council fire. He will be responsible for checking to see that each patrol and individual is measuring up to the standard of J.L.T.C.

HEALTH AND SAFETY OFFICER

This staff member will be responsible for applying first-aid for any injuries and will supervise transportation for those who need the attention of a doctor. He will be assigned a first-aid area such as a tent or cabin where he may be contacted if needed. He will also be responsible for correcting any violation of health, safety, or sanitation standards.

CRAFTS

When a staff member is assigned as an advisor to a patrol, he should encourage them to make a patrol flag and bolo ties for each member. The Camp will furnish the materials for the flag and paints to decorate it with. However, if the advisors wish to bring some extra fringe for the flags, such as feathers for the Eagle patrol, foxtail for the Fox patrol, etc., this is acceptable. However, the basic designing and decorating of the flag must be done by the patrol.

The camp will also furnish the string for the bolo ties, however the men must make the slides for the ties themselves. All slides within a patrol should be the same.

For example, members of the Beaver patrol may take a small section of a limb and whittle each end so it appears to have been chewed by beavers. They could then drive a fence staple in the back of each piece of wood for the strings to slide through. Presto! The tie slides are finished.

Another idea is to take a small block of soft wood and carve it into desired shape, paint, drive staple into the back and another bolo tie slide is finished. Or take a piece of birch bark (or any flexible bark will do), cut into desired shape, paint a design of patrol bird or animal on it. Then glue a strip of material on the back allowing space for bolo strings and another bolo slide is finished. It would be wise for the advisor to think up several ideas in advance for his patrol to use.

UNIFORMS FOR STAFF

Uniforms for the staff will be basically the same as for the trainees at camp (Long sleeve shirt and trousers only). Because the staff will be at camp two full days longer than the other participants, it will probably be necessary for them to bring an extra uniform and other extra clothing. In order to maintain high standards, it is very important for the staff to maintain uniformity in their dress. In warmer climate, the staff may wear short sleeve khaki shirts for casual wear, at times other than inspection. However, this must be mutually agreed upon by the staff prior to the camp. Each staff member will receive two special J.L.T.C. staff patches to be worn on his uniforms. These patches will be sent well in advance so they may be sewn on the uniforms prior to camp.

EQUIPMENT

The staff should bring all the recommended equipment listed on the personal check list (except the overnight tent), plus whatever other equipment is needed in teaching their class. (In classes, such as ropecraft and lashing, where large amounts of rope are needed, the rope will be supplied by the camp).

PRECAMP STAFF ORIENTATION

All members of the staff will meet at the campsite two days prior to the camp. This time will be used to achieve the following:

1. To set up a model campsite for patrols to use as an example in setting up their campsites. This campsite will be used by the staff during the camp.
2. To give each instructor an opportunity to present his class session to the members of the staff. This will achieve the following three things:
 - (a) Give the other members of the staff the benefit of the instructions given.
 - (b) Give the instructor an opportunity to "practice" his presentation.
 - (c) Give the staff the opportunity to make helpful comments and suggestions.

3. To review the overall details and schedule of the training camp.
4. To give the staff the opportunity to experience basic camp living and training prior to the main training camp.
5. To make final preparation for Junior Leadership Training Camp.

CLASS SESSIONS

CAMP LAYOUT

This class will be the first class session held after the trainees arrive at camp. This session will be taught by the patrol advisor, at the patrol sites; and it will include the following three subjects:

COOKING (Adventures in Camping, pages 33-36)

He will discuss such subjects as the cookfire, cooking techniques, following menus, serving food, use and care of cooking utensils.

SANITATION (Adventures in Camping, pages 46-55)

The advisor will teach techniques for such things as food storage, dish-washing, and proper garbage disposal during the camp. He will explain the importance of proper sanitation, then explain and demonstrate each technique.

CAMPFIRES (Adventures in Camping, pages 8-15)

The advisor will endeavor to teach recommended fire building and fire safety techniques to be used during the camp. He will cover such subjects as where to build a fire, the best type of fire, types and amount of fuel (wood) to gather, keeping wood dry, fire safety, and how and when to extinguish fires.

PLEASE NOTE: the Camp Layout classes are mainly for the purpose of orientating the boys on the methods and techniques we wish them to use during camp. This class will be taught in early afternoon of the first day.

SOUL WINNING (Leadership Training Course, Section II) (Evening Session)

This class deals with the most important function of a Junior leader, which is the ability to lead another boy to Christ. The class will cover such items as

personal preparation, marking a Bible, scripture verses to memorize, how to open the soul-winning conversation, how to use the Bible to guide the conversation, how to lead a boy to make a decision, and soul-winning follow-up. Each member of the class will have the opportunity to demonstrate these techniques on a fellow member.

JUNIOR LEADERS IN AN OUTPOST (Evening session)

The basic role and duties of a Junior Leader in an outpost will be explained, with emphasis being placed upon the importance of each position and why each Junior Leader should give these positions his very best efforts. Information will also be given on source materials a Junior Leader can use to more efficiently fill these positions.

COUNCIL FIRES (Evening session)

The six ingredients of a successful council fire will be discussed. These are: setting, starting, showmanship, singing, stunts, spiritual thought. The class will go immediately to a special council fire service in which each of these areas will be demonstrated in the process of the service.

TOOLCRAFT (Adventures in Camping, pages 18-30) (First morning session)

How to pass, carry, use, and sharpen a hand ax will be explained and demonstrated. Each boy will then demonstrate his ability to do each of these. How to use and sharpen a pocket knife will also be explained and demonstrated. The instructor will assign a spare time project to each boy of completely sharpening a hand ax.

ROPECRAFT (Adventures in Camping, pages 59-62) (First morning session)

The instructor will explain and demonstrate how to whip the end of a rope. He will then explain the use of various knots and how to tie them. Each boy will then be given a five-foot piece of rope with which he will demonstrate how to whip the end of a rope and will also correctly tie the square knot, the bowline, and the

clove hitch. The instructor will demonstrate how to splice a rope using the short splice and the eye splice. He will then assign, as a spare time project to each boy, the project of splicing a rope together using the eye splice. Mimeographed sheets showing these techniques will be given to each boy.

LASHING (Adventures in Camping, pages 62-70)
(First morning session)

The instructor will demonstrate the various types of lashing and will explain their uses. Each boy will be supplied with rope for lashing. Then using small poles that he was instructed to bring to class, each boy will correctly demonstrate square, diagonal, and round lashing. (Please note: Each boy should be instructed in advance to bring two small poles about four feet long to class with him). The instructor will assign each patrol a project of building some type of camp equipment, using the correct lashing.

FIRECRAFT (Adventures in Camping, pages 8-16)
(First morning session)

This session is different from the other "campfire" class. This class will cover such subjects as flint and steel, types of fires, laying a council fire, magic fire starters, types of tinder and fuel, and the best type fire to use under different circumstances. The spare time project will be for each boy to light a fire with a metal match.

FIRST-AID (Trailblazer Handbook, pages 22-23, Air-Sea-Trail Ranger Handbook, pages 120-133) (Second afternoon session)

The purpose of this course is to review and demonstrate camp first-aid. The instructor will give particular attention to mouth-to-mouth resuscitation, splinting, arterial bleeding, and snake bite first-aid. The boys will then pair off and demonstrate artificial respiration and splinting a leg. Each partner will alternate as the "victim."

COMPASS (Adventures in Camping, pages 98-126)
(Second afternoon session)

The instructor will explain the parts of a compass, then demonstrate how to orient a compass and set a compass course. Each boy will then demonstrate each of

these techniques. The instructor will also explain how each boy can determine the length of his step. This is done by each boy walking a 400-foot course, laid out in advance, and dividing the number of steps into the 400 feet.

Each patrol will be assigned a compass course to follow as a spare time project. They must follow the course and report back to the instructor, giving the correct final destination of the course. (The instructor will be supplied with a compass game for this purpose).

SAFETY (Leaders Manual, pages 87, 129-134, Adventures in Camping, pages 43-45, Air-Sea-Trail Ranger Handbook, pages 57-58) (Second afternoon session)

This course deals with proper safety during camp. It deals with water safety, which includes swimming safety and boating safety. The instructor will emphasize the "buddy system," swimming safety rules, lifesaving equipment, and boating safety rules. (A swimming pool or water front is not necessary for this course). If time permits, a section on how to identify and avoid poisonous snakes, insects, and plants will be included. Each trainee will be assigned the spare time project of memorizing and reciting to the instructor the eight points of the eight defenses of safe swimming listed on page 89, Leaders Manual.

NATURE STUDY
(Second afternoon session)

This is a do-it-yourself class. Prior to the class session, the instructor will collect specimens of trees and plants in camp area and display them with proper labels on a display board. The class will study the display then take a nature hike and collect samples of each of the displayed trees or plants and identify them in the presence of the instructor. The instructor will also stress the value of nature study in the Royal Rangers program.

OUTPOST MEETING (Leaders Manual, pages 30-33)
(Second night session)

This session will become a model outpost meeting. The staff will assume leadership, with the entire camp participating. At the conclusion of the session,

time will be allowed for comments, questions, and answers.

TIPS ON LEADERSHIP
(Second night session)

The traits of good leadership will be discussed with emphasis on how to develop and use these traits as a Junior Leader.

THE ADVANCEMENT TRAIL
(Second night session)

This session will stress the importance of advancement in the Royal Rangers program. Tips and techniques for encouraging advancement among other boys will also be discussed.

CAMP RECREATION
(Second morning session)

This session will include ideas for recreation during a campout. It will stress the fact that it's not necessary to have a lot of expensive athletic equipment to have a good recreation program during camp. If possible, a camp-type game will be demonstrated.

BACKPACKING (Adventures in Camping, pages 75-76, Air-Sea-Trail Ranger Handbook, pages 77-97) (Second morning session)

This session is designed to prepare the group for the overnight backpacking trip. They will receive instructions on how to pack a pack, what a pack should contain, and tips and techniques for hiking on the trail.

CAMPOUT
(Second morning session)

This is a brief orientation class to inform the group of what is expected of them during the overnight campout. Basic camping techniques will be reviewed, plus special instruction to each patrol on using dry freeze food, gear, and how to find their campsites. (Each patrol advisor will prepare a map for his patrol to use in locating their overnight campsite).

CAMP EQUIPMENT AND SUPPLIES

The Training Camp is responsible for supplying the following items:

PATROL EQUIPMENT AND SUPPLIES

1. Tents for campsites
2. A dining fly for each patrol site
3. A table for each patrol site
4. Patrol cooking gear
5. An ax for each patrol
6. A bow-saw for each patrol
7. A plastic covering for wood supply at each patrol site
8. Dishwashing equipment for each patrol
9. Water can
10. Plastic washpan
11. Food supplies
12. Dishwashing detergent
13. A shovel for each patrol site
14. Cardboard boxes for carrying food

PLEASE NOTE: The supply officer will be responsible for checking out these items to each patrol. Food will probably be stored in a central location and picked up daily by the cooks in each patrol. The remaining equipment and supplies will be transported by the patrols to their campsites on the first day.

TRAINING CLASS SUPPLIES AND EQUIPMENT

1. Small notebook for each boy
2. 500 feet small rope (for ropecraft and lashing classes)
3. 500 feet string (for whipping ends of rope)
4. 1 roll binder twine (for patrol lashing projects)

GENERAL CAMP SUPPLIES

1. Felt tip marking pen in each of the following colors: red, brown, yellow, blue, black and green (for crafts -- one set for each patrol).
2. Leather boot string about 3 feet long for each boy (for bolo ties)
3. 5 yds. of light tan or white leatherette material (for patrol flags)
4. J.L.T.C. patch for each boy (50¢)
5. Special beret for each boy (\$2.50)
6. First-aid supplies
7. J.L.T.C. notebook for each boy (50¢)

PLEASE NOTE: The cost of all supplies and equipment should be tabulated well in advance in order to establish the camp fee for each boy. A rough estimate indicates that average food cost (including cost of food for the staff) for each boy is about \$10.00. A rough estimate of the cost for the complete camp (including food) is about \$20.00 per boy. This will vary depending on camp location, camp rental, and equipment rental or cost.

JUNIOR LEADERSHIP TRAINING CAMP PERSONAL EQUIPMENT CHECK LIST

CLOTHING

1 complete official Royal Ranger uniform (long sleeve khaki shirt, khaki trousers, khaki Royal Ranger belt)
Please note: No cap is needed. A special beret will be issued and worn during the camp.

- 1 Royal Ranger jacket
- 1 Royal Ranger sweatshirt (for colder areas only)
- 1 pair Army fatigue trousers or other work-type trousers for casual wear
- 2 Royal Ranger T-shirts
- Extra uniforms or fatigues for fresh change, as desired
- 1 pair heavy shoes or boots for camp activities and hiking
- 2 pair heavy socks (navy or black)
- 1 poncho or raincoat with hood
- Underclothing and handkerchiefs
- Pajamas

PERSONAL ITEMS

- Sleeping bag
- Toilet kit and mirror
- Towels and washcloths
- Mess kit (plate, bowl, and cup)
- Silverware kit (knife, fork, and spoon)
- Canteen
- Pack and lightweight pack frame (for overnight hike)
- Small lightweight tent (for overnight hike)
- Ground cloth (waterproof)
- Air mattress
- Pillow (if desired)
- Flashlight with extra batteries
- Personal first-aid kit
- Pocket knife and whetstone
- Hand ax
- 8" mill file
- Compass (pathfinder style preferred)
- Waterproof match container with matches
- "Adventures in Camping" handbook
- Small Bible
- Pen and pencil

OPTIONAL ITEMS

- Sunburn lotion
- Sunglasses
- Insect repellent
- Folding plastic cup
- Nail clippers with fingernail file
- Camera
- Compact sewing kit
- Survival kit
- Musical instrument
- Small package of facial tissues
- Ditty bag to carry small items

SUGGESTED J.L.T.C. SCHEDULE

THURSDAY

11:00 a.m. ----- Registration
12:15 p.m. ----- Orientation Luncheon
2:00 p.m. ----- Camp Layout Session
3:00 p.m. ----- With Patrol Advisor
6:00 p.m. ----- Set up Patrol Campsite
7:30 p.m. ----- Supper
9:45 p.m. ----- Evening Training Sessions
10:00 p.m. ----- Break
11:00 p.m. ----- Council Fire
----- Taps

FRIDAY

7:00 a.m. ----- Reveille
8:00 a.m. ----- Breakfast
9:00 a.m. ----- Morning Assembly
10:00 a.m. ----- Rotating Class Sessions:
"Toolcraft"
"Ropecraft"
"Lashing"
"Firecraft"
12:00 noon ----- Lunch Break
12:30 p.m. ----- Lunch
2:00 p.m. ----- Rotating Class Sessions:
"First-Aid"
"Compass"
"Safety"
"Nature Study"
5:00 p.m. ----- Supper Break
6:00 p.m. ----- Supper
7:30 p.m. ----- Evening Training Sessions
9:45 p.m. ----- Break
10:00 p.m. ----- Special J.L.T.C. Council
Fire
11:00 p.m. ----- Taps

SCHEDULE (continued)

SATURDAY

7:00 a.m.	-----	Reveille
8:00 a.m.	-----	Breakfast
9:00 a.m.	-----	Morning Assembly
10:30 a.m.	-----	Camp Recreation Session
11:00 a.m.	-----	Backpacking Session
11:45 a.m.	-----	Lunch Break
12:30 p.m.	-----	Lunch
2:00 p.m.	-----	Dismantle Patrol Campsite
2:30 p.m.	-----	Pack for Overnight Campout
3:00 p.m.	-----	Leave on Overnight Backpacking Trip

The patrol will follow personal campout schedule until 8:a.m. Sunday morning.

SUNDAY

8:00 a.m.	-----	Continental Breakfast
9:00 a.m.	-----	J.L.T.C. Presentations and Final Service
10:00 a.m.	-----	Adjournment

* PLEASE NOTE: Be sure to bring this informational booklet with you to J.L.T.C. You will need it for reference during the camp.

SUGGESTED JUNIOR LEADERSHIP TRAINING CAMP MENU

SUPPER
(Thursday)

MENU
Hamburgers
Lettuce and tomatoes
Potato chips or Fritos
Milk - Coffee
Fried pies

FOOD LIST

4 lbs. hamburger
2 pkgs. hamburger buns (16)
4 medium tomatoes
1 lrg. pkg. (each) chips & Fritos
 $\frac{1}{2}$ gallon milk
Head of lettuce

BREAKFAST
(Friday)

MENU
Cereal
Bananas
Scrambled Eggs
Bacon
Bread
Butter - jam
Coffee - Milk

FOOD LIST

$1\frac{1}{2}$ doz. eggs
9 individual boxes cereal
1 lb. bacon
 $\frac{1}{2}$ lb. butter
9 bananas
1 loaf of bread
 $\frac{1}{2}$ gallon milk
1 jar of jam

LUNCH
(Friday)

MENU
Cold cut sandwiches
Lettuce and tomatoes
Chicken noodle soup
Canned peaches
Milk - Coffee

FOOD LIST

$\frac{1}{2}$ gallon milk
 $1\frac{1}{2}$ lbs. various cold cuts
4 tomatoes
1 head of lettuce
3 cans chicken noodle soup
2 no. $2\frac{1}{2}$ cans peaches
2 loaves bread

SUPPER
(Friday)

MENU
Broiled steak
Baked potatoes
Bread - Butter
Vanilla or Butterscotch pudding
Coffee - Milk

FOOD LIST

$4\frac{1}{2}$ lbs. steak
4 tomatoes
Small bunch of celery
Lrg. loaf French bread
9 lrg. potatoes
1 head lettuce
1 jar salad dressing
3 boxes vanilla or butterscotch
pudding mix
 $\frac{1}{2}$ gallon milk

MENU (continued)

BRE AKFAST
(Saturday)

MENU

FOOD LIST

Pancakes
Syrup
Link sausage
Cereal
Coffee - milk
Tomato juice

2 no. 2 cans tomato juice
1 lb. link sausage
 $\frac{1}{2}$ gallon milk
1 pint bottle syrup
9 individual boxes of cereal
1 pkg. pancake mix

LUNCH
(Saturday)

MENU

FOOD LIST

Tuna Fish Salad sandwiches
Cream of Tomato soup
Applesauce - cookies
Coffee - Milk

$\frac{1}{2}$ gallon milk
2 cans Tuna Fish
2 loaves bread
2 no. 2 cans applesauce
3 cans tomato soup
4 tomatoes
1 head of lettuce
1 pkg. cookies

SUPPER
(Saturday - campout meal)

Special backpacking foods for backpacking will be used.

The following menu will be used if backpacking food are not available:

Foil dinner
Biscuits
Baked Apples
Coffee

3 lbs. hamburger
8 med. potatoes
4 onions
8 apples
1 box cinnamon
sugar
1 roll foil
8 carrots
1 small pkg. Bisquick
 $\frac{1}{2}$ lb. margarine
1 small jar instant coffee

BREAKFAST
(Sunday - Continental Breakfast)

Coffee, Hot Chocolate, or Milk and Breakfast rolls.