

# the chi omega rho manual



## INTRODUCTION

This manual was designed for the purpose of educating the Royal Ranger districts as to Chi Omega Rho's function and how it can help in the ministry of Royal Rangers. This manual will not have every small detail in it but will include as much as possible. Everything that is suggested in this manual will work in the different districts. There are some special circumstances that you may run into in certain districts and these problems may be discussed with your District or National Chi Omega Rho Representatives.

Included in this manual is the Chi Omega Rho Officer's Handbook. This book can be copied and used by the Chi Omega Rho Shire officers and Friar. The Chi Omega Rho Quest Manual suggests how to run a Quest for the Shire(s). This manual should only be in the possession of the Friar and Chi Omega Rho Shire officers. This manual can be obtained upon request from the National Chi Omega Rho Representative. A copy of the Chi Omega Rho Handbook is in the packet as well. This handbook can be ordered in quantity from the National Chi Omega Rho Representative for \$5.00 each. A sample constitution is also in the packet. The name of the Shire and college on the constitution can be changed to your college and Shire name. The Swordpoint is the National Chi Omega Rho newsletter. A copy of this newsletter is included. When a squire is made a knight (official member), he is entitled to the National newsletter. Their addresses should be sent in on the New Members Form and they will be added to the National mailing list. It is important that a New Members Form copy is sent to the District

Chi Omega Rho Representative and a copy to the National Chi Omega Rho Representative every time new members are added to the Shire. A copy of the Chapter's Charter is in this packet also. When a chapter forms, a copy of this form needs to go to the District Chi Omega Rho Representative and a copy to the National Chi Omega Rho Representative. If for some reason a Shire dissolves, the District and National Chi Omega Rho Representatives need to be contacted. Copies of this packet can be made and sent to your District Commander, District Training Coordinator, and the Shire's Friar. Additional copies of this packet may be obtained through the National Chi Omega Rho Representative. When inquiring, please state how many and the reasons for the request. May God richly bless you in your endeavors with this special ministry.

"KEEP YOUR HELM HIGH AND SWORD SHARP!"

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## THE PHILOSOPHY AND PURPOSE OF CHI OMEGA RHO

Ever since its conception in 1972, Chi Omega Rho has been used as a ministry among college students who had been in and was interested in Royal Rangers. This unique organization has been designed to offer to the college student what he needs: training for the Royal Ranger ministry, opportunities for ministry in the local outpost, opportunities for service in the district, and that unique fellowship and sense of belonging. Chi Omega Rho also educates the campus and local community as to what Royal Rangers is all about. Chi Omega Rho recruits fellow Christians from the churches to work in Royal Rangers as well. Let's look at each one of these a little closer.

### Training for Royal Rangers

We encourage all members of Chi Omega Rho to obtain as much training as possible. Chi Omega Rho could sponsor Leadership Training Courses right on campus or can send their members to District classes. It should be emphasized that to be effective, training is essential!

### Opportunities for Ministry

The Chi Omega Rho chapter should have a placement service for placing students in outposts that need help in Rangers. Members should be encouraged to work with the outpost that is at the church they attend. There are instances where members are able to work in other outposts if their work and study schedules permit. There are some members that are not able to work in Royal Rangers because of conflicting schedules. These members should not be discouraged but encouraged. Remember, school is top priority. These students are there for schooling not Royal Rangers!



Though these members are not able to be totally active, with the proper Royal Ranger training, they will most likely be active in a outpost after college. Outposts have been started by Chi Omega Rho alumni who were not able to be very active in Rangers while in college.

Chi Omega Rho members are advised to work as Lt. Commanders in local outposts because of the responsibilities connected with being a Commander. This allows Chi Omega Rho members flexibility for leaving during school breaks and summer vacation. Chi Omega Rho can also be involved with starting outposts in churches without outposts.

#### Service in the District

Chi Omega Rho can be used by the district as extra manpower at special events such as Pow-Wows, Sportsaramas, etc.. With proper training, Chi Omega Rho members can be used for teaching LTC.

#### Fellowship

One of the greatest things that Chi Omega Rho can provide is fellowship and a sense of belonging. Many guys who leave their churches and homes to go to college face a whole new environment. In most cases, if the guy had been involved with Rangers before college he will forget all about it when he enters college and most the time will not pursue the Ranger ministry when out of college. Sadly to say, many just lose interest in church altogether. Chi Omega Rho tries to fill the gap. Chi Alpha, the college organization for students sponsored by the Assemblies of God, has been meeting a lot of these needs. It must be explained that Chi Omega Rho is not competing with Chi Alpha but instead is complimenting it. Our purposes are somewhat similar but Chi Omega Rho specializes in Royal Rangers (of course!).

A large percentage of your members may have never been involved with Royal Rangers before. These members may have been attracted through

## HOW TO START A CHI OMEGA RHO CHAPTER

There are two types of Chi Omega Rho chapters, college-based and area-based (multiple colleges).

### College Based

This type of chapter is based at one college. The group may or may not meet on campus. To form the group, approval must be made through the college activities board. This usually requires a formal letter sent to the Board. The letter should state your purposes, goals, why you should exist, and who the sponsor is. Your letter should include a copy of your constitution. If there are any other special consideration, these need to be taken care of now as well. Find out what the rules are for having the group on the campus. If you are going to meet on the campus, make arrangements for a room in one of the buildings. Set up a time and date for weekly meetings. Put up posters around campus. Check to see if the posters need to be approved first. Talk to some of the local churches and find out who is going to school from the churches. From there make a list of the guys and girls who have been in Rangers or have worked in Royal Rangers then proceed to make contacts.

### Area Based

When there are not enough members at one college or the college will not allow the group on campus, you have to form a area-based (multiple college ) chapter. It is possible to base your meetings at one of the local churches (with the permission of the pastor and church board). If there are several colleges in your area, members can come together to form a group. Meetings can be held once a week or once a month or as often as it is convenient. If colleges are widely spread throughout your district, it is possible to form one chapter in your district. Inductions

friends, previous Boy Scout experiences, the medieval theme, Chi Omega Rho activities or simply the need to minister to boys. Whatever the case, all of these need to be welcomed and trained for the ministry of Rangers.

#### Educating the Campus and Community

Chi Omega Rho needs to educate the campus as to its purpose and goals. Through this, acceptance and understanding of Chi Omega Rho is easily made. Recruiting can also be made easier. This means more manpower to the local outposts. Public awareness can be made through special Chi Omega Rho activities and events.

#### Summary

The college campus can be a strange environment. Secular colleges teach humanism and allow campus groups to exist such as Gay Lib., metaphysical and occult, etc.. As Christians, we need to provide that contact that is so special. It is truly a war between what is right and wrong. Chi Omega Rho needs to make that stand for Jesus Christ in the chaos of the campus.

## GROUP ACTIVITIES

Group activities in Chi Omega Rho are covered in three areas. First, activities dealing with training in the Royal Ranger ministry, second, activities dealing with fellowship and the medieval knight theme, third, activities dealing with ministry and service. In some of these activities, it is possible for these areas to overlap.

### Training

To list a few of the group activities that deal with training are the Leadership Training Course and National Training events. LTC can be taught and sponsored by Chi Omega Rho. If no other training can be attended, this course is a must. National Training Camp can be attended as a group if held during the school year. If your members have been properly trained, they can be great assets for helping in other District training events as well.

### Fellowship and Theme

Activities for members that are for their own benefit are very important. These activities develop unity as well as an outlet for school pressures and frustrations. These activities can also be used as a draw for other individuals to join the group. These activities are important to members who are unable to attend regular meetings because of work schedules or other circumstances. It gives them a chance to feel part of the group and that fellowship is important to them. This is one of the reasons Chi Omega Rho exists. To give these men contact with Rangers through those college years. Rangers is something they can relate to and feel comfortable with, especially in an environment which is strange to them.

These activities can be for one chapter or several chapters combined. As Chi Omega Rho grows, kingdom and National events will be provided. A Chi Omega Rho tournament can be held for the chapter or between a couple of chapters. The tournament is explained at length in the Tournament Handbook. Events include archery, crossbow shooting, battle ax throw, knife throw, medieval costume judging, personal combat, Quest Run and others. Other activities with the medieval theme can include a medieval feast, a medieval encampment at District Pow-Wows and medieval demonstrations. Other non-theme activities can include camping, hiking, canoeing, etc..

#### Ministry/Service

The best form of ministry for a Chi Omega Rho member is working at a local outpost. Other forms of ministry and service involve working at Pow-Wows, Sportsaramas, National events, training events, etc.. Several other ideas that could be used are sponsoring a Straight Arrow/ Buckaroo Tournament, a Big Brother-type medieval camp-out, special medieval presentations for local outposts. The ideas for ministry could be endless and imaginative.

### THE MEDIEVAL KNIGHT THEME

Chi Omega Rho has chosen the medieval knight as their theme. Chivalry expressed the highest expression of honor, duty, self sacrifice and total service to God. In this respect, it was felt that these qualities are desirable as well as Biblical. After much study and research one would find that High Chivalry was the highest expression of Christianity during the medieval period. Here are some of the traits that knighthood represented:

Love	Pity	Humbleness
Loyalty	Piety	Moderation
Trust	Giving	Chastity
Careing	Justice	Meekness
Compassion	Self-sacrifice	Holiness

The medieval knight was a lover of good and a hater of evil. The parallels between medieval chivalry and Christianity today is tremendous. Women were held in high esteem and God was truly feared and respected. How refreshing compared to today's standards. The theme should be emphasized in Chi Omega Rho, not only for advancement but to also promote unity and self-identification. The theme can be used not only for the group but also for Pow-Wows, devotions and other aspects in Royal Rangers. With a renewed interest in warriors welding swords and shields, boys as well as the college community are fascinated in the theme. More than once has a member wearing a sword and his medieval garb been able to talk to boys about joining Royal Rangers. Special activities such as tournaments can be a big draw of individuals especially if held somewhere that the general public can witness it. Afterwards, preaching would be in order. In one case, a student at Evangel College became interested in Chi Omega Rho because of the medieval theme. He became involved with the group and started working with a local outpost. He hadn't been involved with Royal Rangers for several years but through Chi Omega Rho he became a leader and even strengthened his Christian walk. Praise the Lord! God can

use all different methods to keep His own

can be held once a school semester. General callouts for Chi Omega Rho inductions can be made to the churches and colleges. If only one induction is held during the school year, it is suggested that it be held during the fall semester so members can participate during the rest of the school year.

#### Summary

It is the duty of the District Chi Omega Rho Representative to supervise the organizing of the chapters in his district. Records need to be kept as to who the current executive board members of each chapter are. The District Chi Omega Rho Representative needs to work closely with the sponsors of each chapter. District staff members can be an asset in helping organize.



### THE QUEST

The Quest is the name of the Chi Omega Rho induction. The Quest can be held once a semester or once a school year. To become an official member of Chi Omega Rho, the candidate has to go through the Quest. The Quest is designed to be used with the medieval theme of a Knight's Quest. The Quest consists of a battery of tests that the Squire (Knight-to-be) has to pass. The Quest is designed so that there is a seriousness about it as well as lighthearted humor. Members-to-be should not be humiliated but challenged. This is a time for the member-to-be to learn alot about himself and his abilities.

The Quest is very special because of its revealing nature. It teaches him to deal with his shortcomings. It draws him closer to the other squires and the knights because of the ordeal they all had gone through. The Quest tests the squires over a minimum amount of woodsmanship. Most the squires may not have those skills if they have never been in Rangers before. At the end of the Quest, the squires are knighted and given an appropriate Sir name (one they would be proud of).

For more information about the Quest and the tests, a Chi Omega Rho Induction handbook can be obtained from the National Chi Omega Rho Representative.

## THE VIGIL

Knights who have completed the Knight Bachelor level and all other requirements for Knight Baronet are now ready for The Vigil. To begin the Vigil, the Knight must have with him the following items:

Sword	Bible
Helmet	Matches
Shield	Raincoat
Bread (no more than a loaf)	Blanket
Grape juice	Backpack
	Rope (10 ft.)

No other items should be brought. Considerations can be made for special circumstances (medical, etc.). The Knight must wear his medieval outfit only. This is to give flavor to the Vigil. The helmet, shield and sword are to be carried during the Vigil. These are to remind him that he must bear these items spiritually as well as physically. The Bread and Grape juice are for him to eat and drink during his vigil. They are to remind him of the Lord's sacrifice and His communion with us. The matches are to start a fire to keep him warm during the night. The raincoat is in case it rains and the backpack is to hold everything while the Knight moves through the woods. The blanket is to keep him warm while he sleeps. The rope is for him to use anyway he sees fit. The only thing that the Chapter needs to provide for the Knight is a small banner on a pole. This banner is for him to keep during the Vigil. When the Vigil is over, the Knight can keep the banner as a memento to his Vigil.

The Vigil site needs to be someplace where fires can be built and it needs to be private. Instructions should be given to the Knight that he is to go out into the woods and find a quiet, secluded spot for him to have his Vigil. He should have no contact with other Knights who are going through their Vigils. After the Knight has found a spot, he needs to start a fire. He then can settle in for the night. He needs

to be told that during the night, one or more "thieves" (members of the Executive Council) will try and sneak into his campsite and take his banner or any other item that he has. If a "thief" is caught, he will not return but another may try. It is important for the Knight to keep everything close at hand for this reason. The reason for this little game is to illustrate to the Knight what the Bible says about Satan stealing us of our salvation if we are not on guard and alert. The Knight can sleep if he wishes but it might prove to be unwise. Play up to the fact that losing his banner or any other item is not good. It will not mean that he has failed his Vigil but he will not know this till after the Vigil. Explain to the Knight that he is not to get Physical with the "thieves" but should make sure he hangs on to his things or allows the "thieves" to get away with them. Once an item is in the hands of the "thief", the item is considered "stolen". The items that have been taken by the "thieves" should be left (very loosely) guarded near where the Council is staying. It needs to be suggested to the Knight that he can sneak in and get his thing(s) back. If he doesn't get it, it needs to be returned to him after the Vigil is over. These "Raids" could continue through out the night but it is suggested that once or twice is plenty. The only time that the "thieves" will not attack is when the Knight is in Obvious prayer or Bible reading. If the Knight spends the entire night or time reading his Bible or praying, then he should not be bothered! The only times during the night "theft" can take place is when the Knight is sleeping or doing other mundane tasks. This Vigil is a time for the Knight to be spiritually and physically awake and aware. After the Vigil the Knight needs to have it explained to him what and why all the things that happened happened. Give the spiritual reasons why and how the

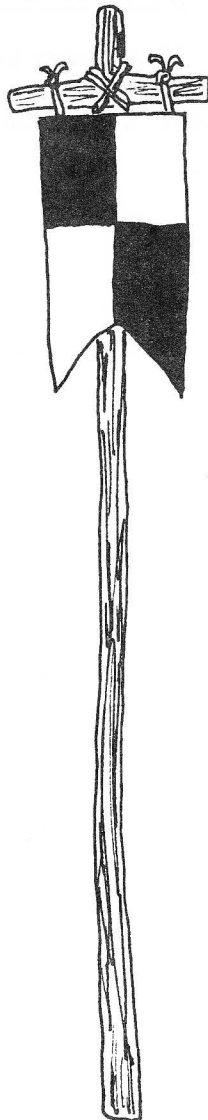
Biblical principals were applied. The Knight needs to have a clear understanding of the Vigil whether implied or direct. End the Vigil with a word of prayer and welcome the Knight as a Knight Baronet.

Special considerations may be made for women. This is due to the safety factor. This step can be totally overlooked for the women or something else can be substituted. The duration of the Vigil can be from dusk to dawn or for a specific amount of time during the night (Example: dusk to 1:00a.m.).

At least once during the night, one of the staff members should visit with the knight. They should pray together, discuss the Christian walk and have communion. The staff member might ask the knight what the bread and grape juice means to him. The staff member could bring with him a piece of fish and ask the knight what this represents to him. Explain to him that the fish stands for service. The Bible has several references about the fish and how each one of them involved service. Discuss the importance of service to God through his Christian walk and through Royal Rangers.

## THE VIGIL POLE AND BANNER

The pole is 5 ft. tall and has a crosspiece that is 12 inches long lashed to the pole. The banner is 10 inches by 15 inches long. The banner can be made of cloth or felt. It can be any shape or color. It can be decorated or plain. Make a standardized banner for your chapter. After the Vigil, the Knight may keep the banner and use it for his personal gear.



## SUPPLEMENT

### Advancements

#### Knight Bachelor Level

7. The knight is to choose for himself a knight name to add to his title of Sir.

EXAMPLE: "Sir Stalwart, the Oak-Heart Knight"  
"Sir Richard the Lion, the Shield-Wolf Knight"  
"Sir Bulwark, the Stag-hart Knight"

### CHI OMEGA RHO PATCHES

Chi Omega Rho patches for Royal Ranger uniforms can be purchased from the Gospel Publishing House. Check the current Royal Ranger order forms for current prices.

### CHI OMEGA RHO INDUCTION

Guidelines for Chi Omega Rho inductions are available upon request. Only Regents and sponsors from registered chapters may request them.

### COMING SOON....

THE SWORDPOINT -- A national newsletter with articles about Chi Omega Rho and its activities. It will include articles for members about medieval costume, armour, etc.

THE FIGHTING MANUAL -- A manual explaining the techniques and rules for personal combat. Included in it will be specifications for armour building and weapon making. This manual will make it possible for members to participate and enjoy the challenge of one-on-one combat safely.

For more information, call or write:



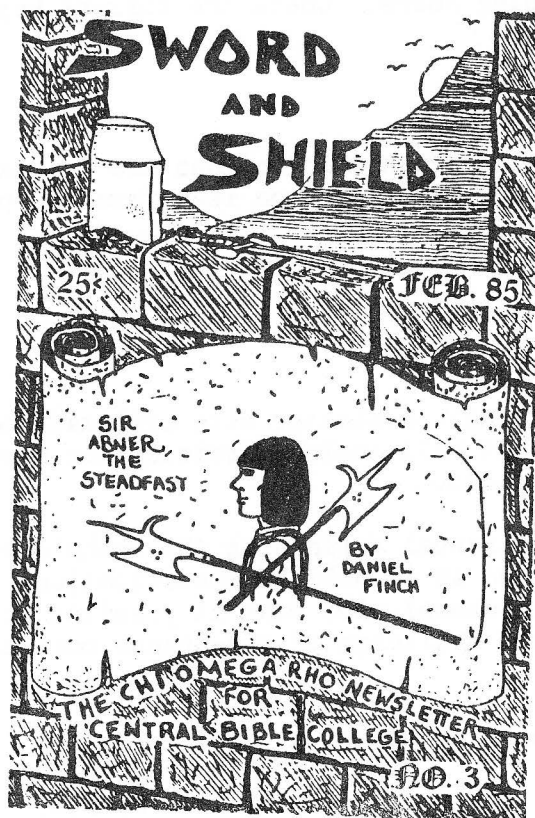
Michael D. Harris  
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**Collegiate Order of Royal Rangers**

## NEWSLETTER

A newsletter can be utilized to unify the Chi Omega Rho group at your college. It can be 1 page long or like the one below, 10 pages long or more. With one page newsletters, all information for the group should be on it. It can be put out once a week easily. With a larger newsletter, important information should be included plus stories, poems, helpful Ranger hints, cartoons, etc. can be included. This type of newsletter might get out once a month. Always include dates and official national, district, and sectional information in either type of newsletter.



The Chapter's Scribe (secretary) should be responsible for getting the newsletter out. A person could be specifically assigned this task. A newsletter will give the group a chance to express themselves and have a lot of fun at the same time. Newsletters can be sold to persons outside of Chi Omega Rho to help keep the public informed about what your group is doing and other activities.



## ADVANCEMENT IN CHI OMEGA RHO

### KNIGHT ESQUIRE

1. Fill out a Chi Omega Rho application for membership.
2. Agree to the responsibilities of membership.
3. Pass requirements of the school that apply to students in extracurricular activities under school policies.
4. Pass through the Page level of Chi Omega Rho.
5. Pass the special tests during the Quest.

The symbol for the Knight Esquire is the Armoured Gauntlet.

### KNIGHT BACHELOR

1. Be an active member in good standings for 2 semesters.
2. Be active in a Royal Ranger outpost.
3. Participate in 1 Quest.
4. Design a coat of arms.\*
5. Make or purchase a medieval sword.
6. Make or purchase a medieval outfit.
7. Recite from memory the Chi Omega Rho pledge.
8. Choose a Knight Name.\* Example: Sir Richard the Lion, THE WOLF-SHIELD KNIGHT

\* Submit a copy of your coat of arms and your Knight name and Sir name to your Regent and to the National Chi Omega Rho Representative.

The symbol for the Knight Bachelor is the Broadsword.

### KNIGHT BARONET

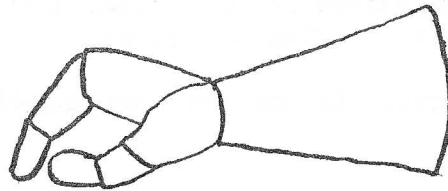
1. Be an active member in good standings for 4 semesters.\*
  2. Participate in 2 Quests.
  3. Be active in a Royal Ranger outpost.
  4. Sponser a Page.
  5. Make or purchase a helmet.
  6. Make or purchase a shield.
  7. Be able to sing from memory the Chi Omega Rho song.
  8. Participate in a special Vigil.
  9. Complete the LTC courses 1 - 5.
- \* Officers on the Executive Board are exempt due to time placement.

The symbol for the Knight Baronet is the Medieval Helmet.

## APPROVAL AND SUPERVISION

Advancement into Knight Bachelor and Knight Baronet must be approved by the Executive Board. The Quest should be done under the supervision of the Executive Board of the Chapter. The Vigil should be held under the supervision of the Executive Board of the Chapter. It is strongly recommended that the Faculty Sponser (Friar) be present for the Quest and Vigil.

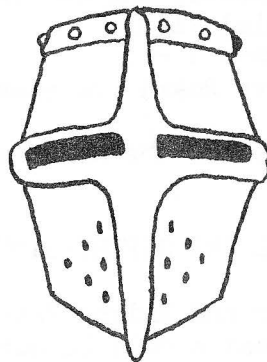
ADVANCEMENT SYMBOLS FOR CHI OMEGA RHO



THE SYMBOL FOR KNIGHT ESQUIRE IS THE ARMoured GAUNTLET

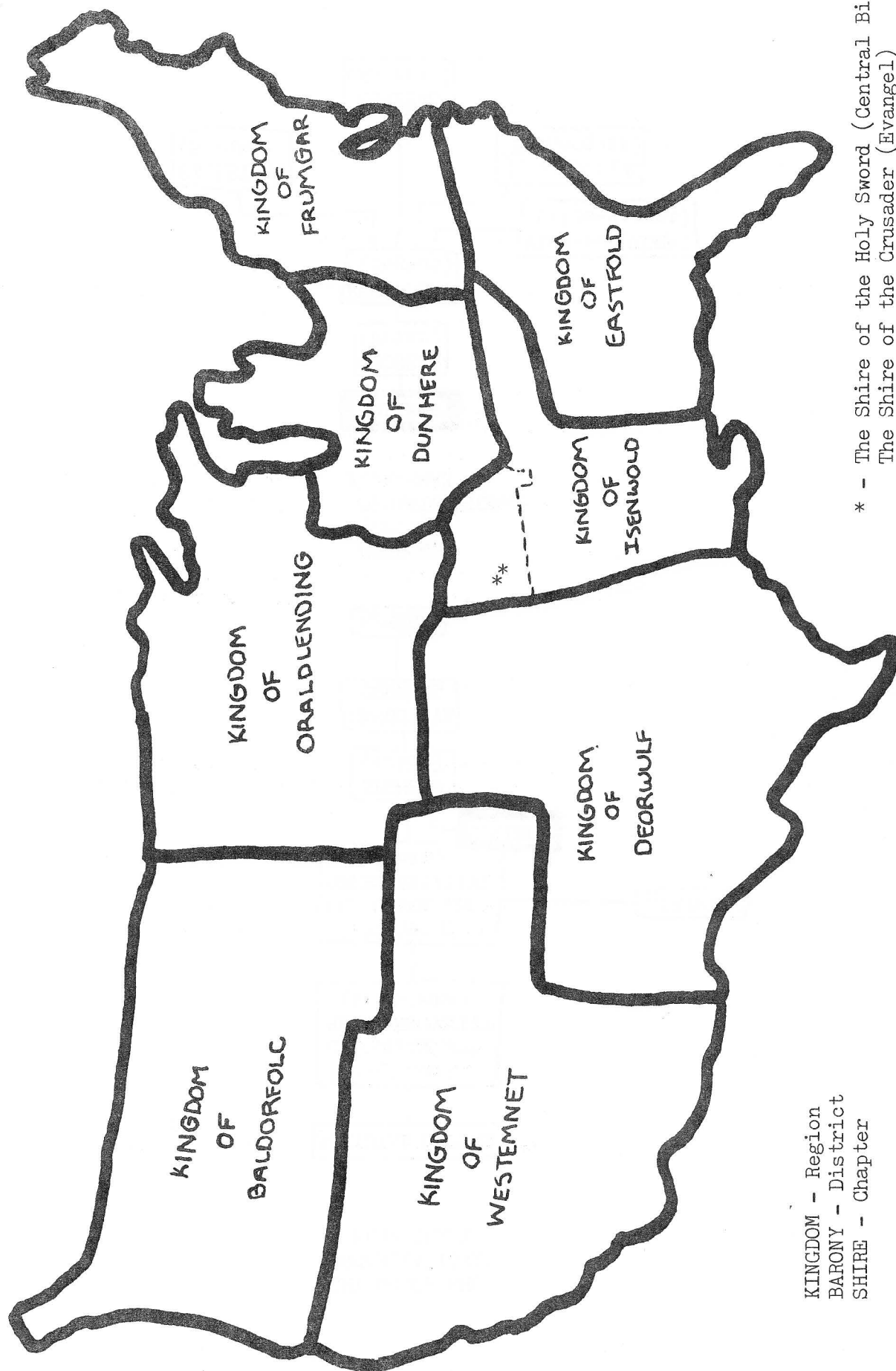


THE SYMBOL FOR KNIGHT BACHELOR IS THE MEDIEVAL BROADSWORD



THE SYMBOL FOR KNIGHT BARONET IS THE CRUSADER'S HELMET

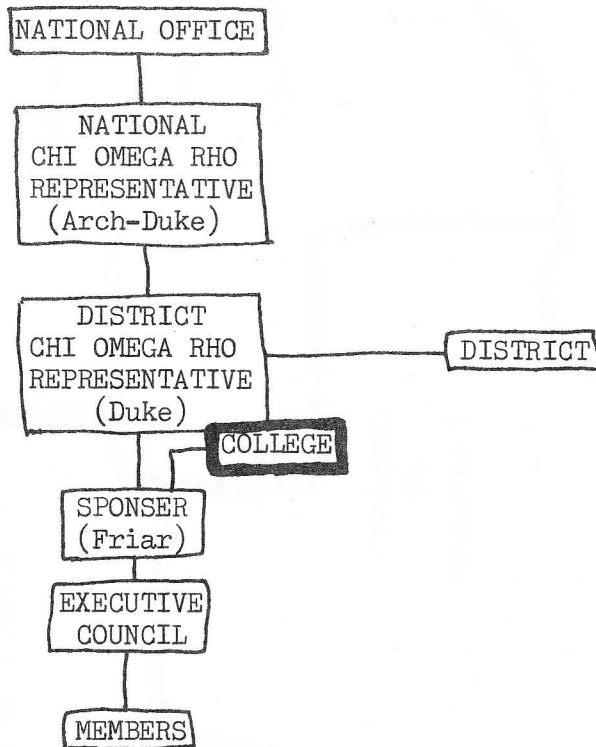
CHI OMEGA RHO  
KINGDOM-BARONY-SHIRE  
MAP



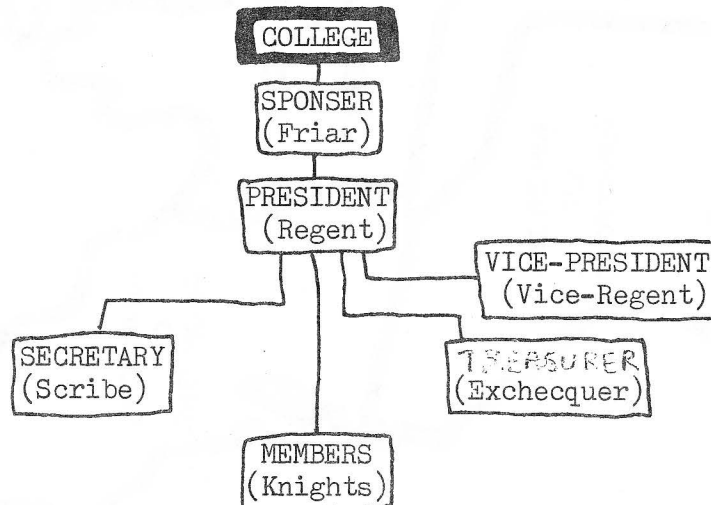
KINGDOM - Region  
BARONY - District  
SHIRE - Chapter

\* - The Shire of the Holy Sword (Central Bible)  
The Shire of the Crusader (Evangel)

CHI OMEGA RHO  
ORGANIZATIONAL  
FLOW-CHART



CHAPTER  
(Shire)  
ORGANIZATIONAL  
FLOW-CHART



## KINGDOM NAMES

These names were derived from the Old English language (really old!).

BALDORFOLC ----- "Bold People"

WESTEMNET ----- "West plains"

ORALDLENDING --- "Very Old Land"

DEORWULF ----- "Brave as a Wild Wolf"

DUNHERE ----- "Hill Warrior"

ISENWOLD ----- "Iron Hills"

FRUMGAR ----- "First Spear"

EASTFOLD ----- "East Earth"

#### DISTRICT CHI OMEGA RHO REPRESENTATIVE

The District Chi Omega Rho Representative shall work with the District and the National Chi Omega Rho Representative. It is suggested that the District Rep. be at least 21 years old and settled in the District. He must have an understanding of the needs of the college student and a desire to work with college students. He must be of sound Christian character and a thorough knowledge of Royal Rangers. He must be in the position to make contact with colleges and individuals in his District. He must increase his knowledge about Chi Omega Rho and educate the men in his District as to what Chi Omega Rho is and its function. He must promote and support the medieval knight theme among Chi Omega Rho chapters. He must help start Chi Omega Rho chapters in his District and know what their activities are. The District Rep. will be their source for information concerning the Chi Omega Rho program.

#### NATIONAL CHI OMEGA RHO REPRESENTATIVE

The National Chi Omega Rho Representative is the District Chi Omega Rho Representative's link with National Office. The National Rep. will be the source of all current information for the District Rep.. Any difficulties or questions that pertain to Chi Omega Rho should be referred to the National Rep.. The National Rep. is responsible for sending out information to the District Rep. as well as sending out the National Newsletter, The Swordpoint. Any new ideas that drastically change the theme, purpose, or goals of the Chi Omega Rho program should be discussed with the National Chi Omega Rho Rep..