

# Self-Study Year 4

Create a fact file about dentists.  
You could find out:  
What do you need to know to become a dentist?  
What different roles do they have?

Write the top ten most interesting facts that you find out about the digestive system.

Create a week long food diary.  
  
Make note of all of the different foods you eat each day. Which types of foods do you eat the most of? Which do you eat least? Can you think of ways to make your diet better?

Our next term topic is

Burp Bottom and Biles

Instruction:

Complete the tasks and bring it back to school.

Research why exercise is important for your body.  
Record an exercise diary for you and your family.  
What are your findings?  
What other exercise or activities could you make time for in the week?

Use books and/or the internet to research different ways to boost your immune system.  
Make a poster or advert for a doctor's surgery to help people prevent getting ill.

Find a recipe for a dish that is good for your digestion. Now cook or bake it! Record your experience –you could use photographs

Create a quiz!

Create a 'What am I?' quiz by selecting different bones and then describing them in turn with clues

Find out which foods contain the most sugar by studying the packaging and labels. Make a table to record your findings. Which is the healthiest food you investigated and why

Creative Focus

Create a 2D or 3D digestive system, which highlights the key organs used to process our food.

Create a 3D model of a human mouth, including the different types of teeth.

Create a word search or (for an extra challenge!) a crossword puzzle containing some of the key topic vocabulary you have learnt. Ask a friend or family member to solve it