

Summer Camp Check List

PRIOR TO RETURNING

Take and record camper's temperature

Self-screen your camper for symptoms (fever of 100.4°F or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.) within the past two weeks.

Determine if your camper has traveled nationally or internationally within the past two weeks

Determine if your camper has been in close contact with a person who has been diagnosed with, tested for, or quarantined because of COVID-19.

Go over camper's rules as it pertains to attending summer camp.

- Proper handwashing – before eating food, after touching surfaces that are frequently touched (doorknobs, railings, bars, etc.), after using the restroom and when coughing, sneezing, or blowing your nose.
- Follow staff instructions, stay in your assigned "group"
- Do not share items with other campers
- Wear facial mask when required
- Use hand sanitizer only when washing is impossible.
- Avoid touching your face

Return the updated Medical Information form and any notes from your health care provider.

ITEMS NEEDED FOR CAMPERS

Personal yoga mat

Water bottle (water cooler has been removed to reduce the risk of cross contamination)

Clean personal face mask and ziplock baggie to store it in when outside.

Daily morning snack

Daily lunch. To reduce amount of contact with lunches, counselors will no longer be permitted to heat up camper's lunches. Please pack food items that do not need to be heated.

- NO FOOD DELIVERIES WILL BE PERMITTED

Personal reading items for quiet time.

Personal electronic devices for quiet time.

Blanket for quiet time. This must be taken home and washed daily.

Personal Writing Items (Pencils, crayons, markers, etc.)